



Regional TFRI Event Summary



Atlantic

as of 1/29/2024 9:45:36 AM ET

Women's 60 Meters

1	14	Akira HAMILTON	FR	#3 Richard Bland (V	7.69	1/20
2	21	Haniyyah JOHNSON	SO	#3 Richard Bland (V{2}	7.75	12/1
2	21	Leenesa WHITTAKER	SO	#3 Richard Bland (V{2}	7.75	1/7
4	26	Alyssa DYETT	SO	#1 Monroe-New Ro	7.78	1/12
5	44	Makenzey GLASS	FR	#7 Marion Military I	7.93	1/14
6	74	Kiana CASIMIR	SO	#4 Essex County (N.	8.10	1/5
7	80	Djior DELISSER	SO	#1 Monroe-New Ro{2}	8.16	1/5
7	80	Ashia MARTIN	FR	#4 Essex County (N.{2}	8.16	1/5
9	82	Jayla WERTS	FR	#3 Richard Bland (V{4}	8.17	1/7
10	87	Kettia AMBROSE	FR	#1 Monroe-New Ro{3}	8.19	1/12

Women's 60 Meter Hurdles

1	1	Quaycian DAVIS	FR	#1 Monroe-New Ro	8.56	1/27
2	5	Laura MATHEWS	SR	#8 Thaddeus Steve	8.80	12/9
3	62	Olivia SKYLSTAD	JR	#6 Hudson Valley (N	10.89	1/27
4	72	Sophia OUTHOUS	FR	#12 Spartanburg Me	11.55	1/21

Women's 200 Meters

1	35	Kettia AMBROSE	FR	#1 Monroe-New Ro	25.86	1/27
2	38	Leenesa WHITTAKER	SO	#3 Richard Bland (V	25.88	1/7
3	50	Akira HAMILTON	FR	#3 Richard Bland (V{2}	26.25	1/20
4	54	Paula ORUSEDE	FR	#1 Monroe-New Ro{2}	26.32	1/12
5	65	Jayla WERTS	FR	#3 Richard Bland (V{3}	26.51	1/19
6	90	Kahliyah SMITH	SO	#1 Monroe-New Ro{3}	27.00	1/5
7	95	Kiana CASIMIR	SO	#4 Essex County (N.	27.16	1/19
8	99	Vegonia JEAN BAPTISTE	SO	#1 Monroe-New Ro{4}	27.25	1/27
9		Kimberly BAKER	FR	#4 Essex County (N.{2}	27.68c (28.11f)	1/20
10		Djior DELISSER	SO	#1 Monroe-New Ro{5}	28.11	1/12

Women's 400 Meters

1	22	Kettia AMBROSE	FR	#1 Monroe-New Ro	58.72	1/27
2	28	Jayla WERTS	FR	#3 Richard Bland (V	59.77	1/7
3	40	Paula ORUSEDE	FR	#1 Monroe-New Ro{2}	1:00.91	1/27
4	45	Vegonia JEAN BAPTISTE	SO	#1 Monroe-New Ro{3}	1:01.36	1/27
5	53	Kimberly BAKER	FR	#4 Essex County (N.	1:02.56	1/12
6	70	Kahliyah SMITH	SO	#1 Monroe-New Ro{4}	1:04.83	1/12
7	72	Sophia OUTHOUS	FR	#12 Spartanburg Me	1:05.08c (1:05.94f)	1/21
8	74	Nasjai WHITE	FR	#13 Lake-Sumter Sta	1:05.18	1/20
9	75	Demaris SOTO	FR	#13 Lake-Sumter Sta{2}	1:05.21	1/27
10	79	Gracie RATCLIFF	FR	#16 Patrick & Henry	1:05.94c (1:06.82f)	12/9

Women's 600 Meters

1	34	Vegonia JEAN BAPTISTE	SO	#1 Monroe-New Ro	1:45.74	1/12
2	35	Paula ORUSEDE	FR	#1 Monroe-New Ro{2}	1:45.79	1/5
3	39	Morgan JARRELL	FR	#2 Hagerstown (Md	1:46.79	1/20
4	63	Julihanna JOHNSON	FR	#1 Monroe-New Ro{3}	1:59.07	1/12
5	65	Janeisy CAMILO	SO	#1 Monroe-New Ro{4}	2:00.69	1/5
6	66	Arial CRAWFORD	FR	#2 Hagerstown (Md{2}	2:02.13	1/20

Women's 800 Meters

1	2	Attoya HARVEY	FR	#1 Monroe-New Ro	2:13.40	1/27
2	3	Shaquka TYRELL	SO	#1 Monroe-New Ro{2}	2:15.13	1/27
3	11	Kayla JOHNSON	SO	#1 Monroe-New Ro{3}	2:18.08	1/27
4	23	Serena DOUGLAS	FR	#4 Essex County (N.	2:23.16	1/19
5	91	Laura MATHEWS	SR	#8 Thaddeus Steve	2:45.41c (2:47.31f)	12/9
6	92	Marlee SHAFER	FR	#5 Mohawk Valley (2:47.07c (2:48.99f)	1/27
7	94	Tessie SHAFER	FR	#5 Mohawk Valley ({2}	2:47.97c (2:49.90f)	1/27
8	97	Ciarra PARRIAG	FR	#18 Nassau (N.Y.) CC	2:49.70	1/19
9	99	Lauren SUPPE	FR	#5 Mohawk Valley ({3}	2:51.02c (2:52.99f)	1/27
10		Janeisy CAMILO	SO	#1 Monroe-New Ro{4}	2:52.27	1/12

Women's 1000 Meters

1	4	Attoya HARVEY	FR	#1 Monroe-New Ro	3:00.63	1/27
2	6	Kayla JOHNSON	SO	#1 Monroe-New Ro{2}	3:03.70	1/27
3	23	Aaliyah HEADLEY	FR	#1 Monroe-New Ro{3}	3:13.17	1/27
4	53	Ja'llian PAIGE		#17 Louisburg (N.C.)	3:52.99c (3:55.53f)	1/27

Women's Mile

1	7	Attoya HARVEY	FR	#1 Monroe-New Ro	5:07.38	1/12
2	20	Shaquka TYRELL	SO	#1 Monroe-New Ro{2}	5:19.52	1/12
3	24	Kayla JOHNSON	SO	#1 Monroe-New Ro{3}	5:21.32	1/5
4	53	Serena DOUGLAS	FR	#4 Essex County (N.	5:42.25	1/12
5	54	Rebecca TELLEZ	FR	#2 Hagerstown (Md	5:42.82c (5:46.21f)	1/14
6	66	Aaliyah HEADLEY	FR	#1 Monroe-New Ro{4}	5:48.38	1/27
7	72	Morgan JARRELL	FR	#2 Hagerstown (Md{2}	5:56.00c (5:59.52f)	1/14
8	82	Olivia SKYLSTAD	JR	#6 Hudson Valley (N	6:04.39c (6:07.99f)	1/27
9	90	Tessie SHAFER	FR	#5 Mohawk Valley (6:15.10c (6:18.81f)	1/27
10	94	Megan CALDER	FR	#10 Finger Lakes (N.)	6:16.72c (6:20.44f)	1/20

Women's 3000 Meters

1	42	Rebecca TELLEZ	FR	#2 Hagerstown (Md	11:32.31	1/20
2	54	Serena DOUGLAS	FR	#4 Essex County (N.	12:05.72	1/5
3	63	Lea REIMER	FR	#15 BMCC (N.Y.)	12:58.06	1/19
4	67	Clare WOODRING	FR	#2 Hagerstown (Md{2}	13:09.04c(13:15.80f)	1/14
5	71	Manar ELNOOR	FR	#9 Queensborough	14:16.07	1/12

Women's 5000 Meters

1	11	Rebecca TELLEZ	FR	#2 Hagerstown (Md	19:43.28	1/27
2	19	Maggie THOMPSON	SO	#2 Hagerstown (Md{2}	23:45.01	1/27
3	20	Clare WOODRING	FR	#2 Hagerstown (Md{3}	23:54.53	1/27

Women's 4x400 Relay

1	16	Kimberly Baker, Kiana Casimir, Serena Douglas, Ashia Martin		#4 Essex County (N.	4:14.94c (4:18.32f)	1/20
2	26	Rebecca Tellez, Maggie Thompson, Morgan Jarrell, Arial Crawford		#2 Hagerstown (Md	4:46.02c (4:49.81f)	1/14

Women's 4x800 Relay

1	4	Rebecca Tellez, Morgan Jarrell, Maggie Thompson, Arial Crawford		#2 Hagerstown (Md	11:00.59c(11:08.20f)	1/14
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as of 1/29/2024 9:45:36 AM ET

Women's Distance Medley Relay

1	7	Julianne Cossin, Ange Compere, Kayla Hernandez, Manar Elnoor	#9 Queensborough	17:42.00	1/12
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Women's Pentathlon

1	3	Laura MATHEWS	SR	#8 Thaddeus Stevei	2,996	12/9
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Women's High Jump

1	1	Gabrielle COOK	FR	#2 Hagerstown (Md	1.77m	5-9¾	1/20
2	14	Aidan FAITH	FR	#2 Hagerstown (Md{2}	1.59m	5-2½	1/14
3	29	Kimmley JOHNSON	FR	#14 Denmark Tech (S	1.50m	4-11	1/13
4	42	Laura MATHEWS	SR	#8 Thaddeus Stevei	1.36m	4-5½	12/9
5	45	Juliette VENTURA	FR	#10 Finger Lakes (N.Y	1.34m	4-4¾	1/20

Women's Pole Vault

1	6	Mikaila EK	SO	#2 Hagerstown (Md	3.26m	10-8¼	1/27
2	13	Michaela CARNEY	FR	#2 Hagerstown (Md{2}	3.05m	10-0	1/14
3	21	Amber PIERSMA	FR	#5 Mohawk Valley (I	2.70m	8-10¼	1/27
4	27	Rylie BLUSH	FR	#5 Mohawk Valley (I{2}	2.25m	7-4½	1/27

Women's Long Jump

1	2	Haniyyah JOHNSON	SO	#3 Richard Bland (V	5.96m	19-6¾	12/1
2	8	Akira HAMILTON	FR	#3 Richard Bland (V{2}	5.60m	18-4½	1/19
3	13	Djior DELISSER	SO	#1 Monroe-New Roch	5.54m	18-2¼	1/19
4	31	Laura MATHEWS	SR	#8 Thaddeus Stevei	5.20m	17-¾	12/9
5	33	Ciarra MOORE	FR	#3 Richard Bland (V{3}	5.18m	17-0	12/1
6	45	Katelyn GRIFFIN	FR	#3 Richard Bland (V{4}	4.95m	16-3	1/20
7	59	Akayla PICKERSGILL	SO	#1 Monroe-New Roch{2}	4.73m	15-6¼	1/19
8	67	Jennifer ASUEN	FR	#11 Roxbury CC	4.47m	14-8	12/10
9	74	Juliette VENTURA	FR	#10 Finger Lakes (N.Y	4.22m	13-10¼	1/20
10	78	Abigale DUNLAVEY		#6 Hudson Valley (N	3.73m	12-3	1/27

Women's Triple Jump

1	1	Alyssa DYETT	SO	#1 Monroe-New Roch	11.85m	38-10½	1/27
2	10	Ciarra MOORE	FR	#3 Richard Bland (V	11.05m	36-3	1/19
3	14	Erin SMITH	FR	#3 Richard Bland (V{2}	10.65m	34-11¼	1/19
4	19	Aidan FAITH	FR	#2 Hagerstown (Md	10.32m	33-10¼	1/20

Women's Shot Put

1	19	Haniyyah JOHNSON	SO	#3 Richard Bland (V	11.97m	39-3¼	1/20
2	38	Rahmat SHOWA	SO	#1 Monroe-New Roch	10.75m	35-3¼	1/19
3	45	Raina MASSEY	FR	#7 Marion Military I	10.40m	34-1½	1/14
4	50	Aliyah WILLIAMS	SO	#7 Marion Military I{2}	10.20m	33-5¾	1/21
5	67	Mariella SEBASTIAN	SO	#7 Marion Military I{3}	9.15m	30-¼	1/14
6	68	Laura MATHEWS	SR	#8 Thaddeus Stevei	9.06m	29-8¾	12/9
7	71	Iamies HASSAN		#6 Hudson Valley (N	8.94m	29-4	1/27
8	74	Phallon RIVERA	FR	#10 Finger Lakes (N.Y	8.88m	29-1¾	1/20
9	83	Siri SORENSON		#6 Hudson Valley (N{2}	8.30m	27-2¾	1/27
10	94	Erin SMITH	FR	#3 Richard Bland (V{2}	7.52m	24-8¼	1/19

Women's Weight Throw

1	48	Agnessa LYSENKO	FR	#11 Roxbury CC	11.29m	37-½	12/10
2	51	Rahmat SHOWA	SO	#1 Monroe-New Roch	10.99m	36-¾	1/5
3	80	Cheryl BIELBY	SO	#5 Mohawk Valley (I	7.00m	22-11¾	1/27
4	81	Shaquinta WHEATLEY		#6 Hudson Valley (N	5.15m	16-10¾	1/27
5	82	Jessica SLINGERLAND		#6 Hudson Valley (N{2}	4.79m	15-8¾	1/27



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Women's 60 Meters

1	3	Kayveonna JACKSON	FR	#6 Butler (Kan.) CC	7.53	1/13
2	4	Keliza SMITH	FR	#2 Barton (Kan.) CC	7.54c (7.52A)	1/27
3	5	Maria UMOIBANG	SO	#2 Barton (Kan.) CC{2}	7.56c (7.54A)	1/13
4	9	Chloe PERRYMAN	FR	#2 Barton (Kan.) CC{3}	7.63	1/20
5	13	Chaniqua TONGE	SO	#4 Fort Scott (Kan.)	7.68	1/12
6	18	Jalia BUNN	SO	#10 Coffeyville (Kan.)	7.74	1/27
7	24	Rafiatu NUHU	FR	#1 Cloud County (K.)	7.76	1/27
8	27	Briana GREEN	SO	#4 Fort Scott (Kan.){2}	7.79	1/27
8	27	Mikayla HENRY	SO	#15 Pratt (Kan.) CC	7.79	1/27
10	29	Brandi DRAKE	SO	#4 Fort Scott (Kan.){3}	7.81	1/12

Women's 60 Meter Hurdles

1	3	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC	8.79c (8.79A)	1/27
2	6	Chenessa DAVIS	FR	#1 Cloud County (K.)	8.83	1/27
3	12	Ana COUTO	SO	#2 Barton (Kan.) CC{2}	9.04c (9.04A)	1/13
4	13	Kaylee JAMES	SO	#3 Hutchinson (Kan.)	9.05	1/27
5	18	DiaMonae THOMAS	FR	#12 Highland (Kan.)	9.17	1/27
6	29	Linya GEDEON	FR	#10 Coffeyville (Kan.)	9.38	1/20
7	41	Cordaelia WILLIAMS	FR	#1 Cloud County (K.){2}	9.76	1/27
7	41	Widlife VERMILUS	FR	#2 Barton (Kan.) CC{3}	9.76c (9.76A)	1/13
9	43	Madelyn HERNANDEZ	SO	#3 Hutchinson (Kan.){2}	9.84	1/20
10	46	Landrea SEARS	SO	#11 Neosho County (9.96	1/27

Women's 200 Meters

1	3	Keliza SMITH	FR	#2 Barton (Kan.) CC	24.27c (24.20A)	1/27
2	6	Chaniqua TONGE	SO	#4 Fort Scott (Kan.)	24.61 OT	1/20
3	10	Rafiatu NUHU	FR	#1 Cloud County (K.)	24.75	1/20
4	11	Kayveonna JACKSON	FR	#6 Butler (Kan.) CC	24.83	1/13
5	14	Maria UMOIBANG	SO	#2 Barton (Kan.) CC{2}	25.12c (25.05A)	1/13
6	15	Ivana ODONKOR	FR	#4 Fort Scott (Kan.){2}	25.17 OT	1/20
7	21	Carly STERMER	FR	#2 Barton (Kan.) CC{3}	25.30c (25.23A)	1/13
8	25	Chidinma NWACHUKWU	FR	#1 Cloud County (K.){2}	25.53c (25.92f)	1/27
9	27	Jalia BUNN	SO	#10 Coffeyville (Kan.)	25.56 OT	1/20
10	29	Brandi DRAKE	SO	#4 Fort Scott (Kan.){3}	25.58 OT	1/20

Women's 400 Meters

1	5	Keliza SMITH	FR	#2 Barton (Kan.) CC	55.98	1/20
2	6	Rafiatu NUHU	FR	#1 Cloud County (K.)	56.20	1/20
3	9	Trishanie WARNER	SO	#6 Butler (Kan.) CC	56.68 OT	1/27
4	11	Ivana ODONKOR	FR	#4 Fort Scott (Kan.)	56.85 OT	1/20
5	16	Isabella KUPKA	SO	#5 Cowley (Kan.)	58.11	1/20
6	21	Chidinma NWACHUKWU	FR	#1 Cloud County (K.){2}	58.62	1/20
7	23	Bianca GLEIM	FR	#7 Dodge City (Kan.)	59.10cu (1:00.31u)	1/26
8	25	Dhakiya BLAKE	FR	#10 Coffeyville (Kan.)	59.45 OT	1/27
9	26	Caylee MAY	FR	#7 Dodge City (Kan.){2}	59.61cu (1:00.83u)	1/26
10	27	Dayjonique CATO	FR	#4 Fort Scott (Kan.){2}	59.67 OT	1/27

Women's 600 Meters

1	3	Rafiatu NUHU	FR	#1 Cloud County (K.)	1:36.34c (1:37.52f)	1/27
2	7	Mercy ANGAAMCHAAB	FR	#1 Cloud County (K.){2}	1:37.67	1/20
3	9	Nontokozi NCUBE	FR	#1 Cloud County (K.){3}	1:37.79	1/20
4	16	Isabella KUPKA	SO	#5 Cowley (Kan.)	1:40.07	1/13
5	18	Emmanuella SQUIRE	FR	#4 Fort Scott (Kan.)	1:40.73 OT	1/20
6	21	Keniya DEXTER	FR	#6 Butler (Kan.) CC	1:41.10	1/11
7	24	Kialia CLAIBORNE	FR	#2 Barton (Kan.) CC	1:42.46c (1:31.48A)	1/13
8	26	Aliyaha HERON	SO	#4 Fort Scott (Kan.){2}	1:43.11 OT	1/20
9	27	Jaelyn RUMBACK	FR	#1 Cloud County (K.){4}	1:43.68c (1:44.95f)	1/27
10	29	Raynisha NARCISSE	FR	#2 Barton (Kan.) CC{2}	1:44.37c (1:33.18A)	1/13

Women's 800 Meters

1	1	Sanae HASSNAOUI	FR	#2 Barton (Kan.) CC	2:10.02c (2:10.75A)	1/27
2	7	N Vanee ANCHIKE	FR	#1 Cloud County (K.)	2:16.25	1/20
3	12	Shone WALTERS	FR	#2 Barton (Kan.) CC{2}	2:18.42c (2:19.19A)	1/27
4	13	Tara BERT	SO	#9 Colby (Kan.) CC	2:19.20	1/20
5	21	Taylor HOSKINSON	SO	#3 Hutchinson (Kan.)	2:22.21 OT	1/27
6	26	Ann BADAWI	SO	#9 Colby (Kan.) CC {2}	2:24.00	1/20
7	28	Ozia TRUJILLO	FR	#1 Cloud County (K.){2}	2:24.25	1/20
8	30	Khloi BIRD	SO	#6 Butler (Kan.) CC	2:24.89	1/20
9	31	Ava WASHINGTON	FR	#7 Dodge City (Kan.)	2:25.79cu (2:28.19u)	1/26
10	46	Sarai CHAVEZ	FR	#7 Dodge City (Kan.){2}	2:29.44cu (2:31.90u)	1/26

Women's 1000 Meters

1	1	N Vanee ANCHIKE	FR	#1 Cloud County (K.)	2:55.62c (2:57.53f)	1/27
2	2	Sanae HASSNAOUI	FR	#2 Barton (Kan.) CC	2:56.76c (2:56.76A)	1/13
3	10	Mercy ANGAAMCHAAB	FR	#1 Cloud County (K.){2}	3:07.44c (3:09.48f)	1/27
4	21	Nontokozi NCUBE	FR	#1 Cloud County (K.){3}	3:12.83c (3:14.93f)	1/27
5	28	Jaelyn RUMBACK	FR	#1 Cloud County (K.){4}	3:14.68c (3:16.80f)	1/27
6	37	Samantha PRESAS	FR	#12 Highland (Kan.)	3:25.29c (3:27.53f)	1/27
7	41	Annabel REYES	FR	#12 Highland (Kan.) {2}	3:27.76c (3:30.02f)	1/27
8	42	Joella MATHILDA	FR	#1 Cloud County (K.){5}	3:31.49c (3:33.79f)	1/27
9	48	Chloe INSKEEP		#3 Hutchinson (Kan.)	3:41.51c (3:43.92f)	1/27
10	51	Natalia GUARDADO	FR	#11 Neosho County (3:49.44c (3:51.94f)	1/27

Women's Mile

1	1	Sanae HASSNAOUI	FR	#2 Barton (Kan.) CC	4:51.25	1/20
2	10	N Vanee ANCHIKE	FR	#1 Cloud County (K.)	5:09.49	1/20
3	11	Tara BERT	SO	#9 Colby (Kan.) CC	5:13.23	1/20
4	14	Khloi BIRD	SO	#6 Butler (Kan.) CC	5:14.99	1/20
5	26	Ozia TRUJILLO	FR	#1 Cloud County (K.){2}	5:21.66c (5:24.84f)	1/27
6	29	Taylor HOSKINSON	SO	#3 Hutchinson (Kan.)	5:22.88 OT	1/27
7	32	Ellie VAN ZELFDEN	SO	#3 Hutchinson (Kan.){2}	5:26.89 OT	1/27
8	40	Tavarie CAMPBELL	FR	#5 Cowley (Kan.)	5:30.02	1/20
9	41	Alison UNRUH	FR	#6 Butler (Kan.) CC {2}	5:31.66 OT	1/27
10	42	Ann BADAWI	SO	#9 Colby (Kan.) CC {2}	5:32.17	1/20



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Women's 3000 Meters

1	3	Khloi BIRD	SO	#6 Butler (Kan.) CC	10:17.13	1/13
2	6	Elizabeth TUXPAN HERNANDEZ	FR	#9 Colby (Kan.) CC	10:22.35	1/20
3	10	Dheniffer VAZ	SO	#5 Cowley (Kan.)	10:34.84	1/13
4	14	Rosemary ARTHUR	FR	#9 Colby (Kan.) CC {2}	10:36.81	1/20
5	18	Ozia TRUJILLO	FR	#1 Cloud County (K)	10:46.39	1/20
6	25	Nonhlanhla MABUZA	SO	#9 Colby (Kan.) CC {3}	10:53.36	1/20
7	28	Kayli MYERS	FR	#5 Cowley (Kan.) {2}	11:10.23	1/13
8	29	Leticia BELO	FR	#5 Cowley (Kan.) {3}	11:11.28	1/13
9	31	Alison UNRUH	FR	#6 Butler (Kan.) CC {2}	11:13.83 OT	1/27
10	34	Norma RODRIGUEZ	SO	#7 Dodge City (Kan.)	11:20.82 OT	1/20

Women's 5000 Meters

1	1	Khloi BIRD	SO	#6 Butler (Kan.) CC	17:45.23 OT	1/27
2	8	Jordyn PICOLET	FR	#3 Hutchinson (Kan)	19:20.84 OT	1/27
3	9	Norma RODRIGUEZ	SO	#7 Dodge City (Kan.)	19:22.81 OT	1/20
4	13	Lauren ADEN	SO	#3 Hutchinson (Kan){2}	19:54.13 OT	1/27
5	14	Celeste SANSEGRAW	FR	#13 Mineral Area (Mc	20:17.92c(20:27.24f)	1/27
6	15	Riley PETSCH	SO	#13 Mineral Area (Mc{2}	20:36.90c(20:46.37f)	1/27
7	17	Abigail DEAN	SO	#13 Mineral Area (Mc{3}	21:34.13c(21:44.04f)	1/27

Women's 4x400 Relay

1	3	Chidinma Nwachukwu, Nontokozi Ncube, Mercy Angamchaab, Rafiatu Nuhu	#1 Cloud County (K)	3:52.78c (3:55.87f)	1/27
2	9	Emmanuella Squire, Ivana Odonkor, Jazz Dilworth, Dayjonique Cato	#4 Fort Scott (Kan.)	4:00.00	1/12
3	10	Ala' Jah Brooks, Keniya Dexter, Deslyne Cooper, Trishanie Warner	#6 Butler (Kan.) CC	4:01.23	1/13
4	12	Amalinally Pemberton, Dhakiya Blake, Linya Gedeon, Deyunsha (Dede) Westbrook	#10 Coffeyville (Kan.)	4:07.28 OT	1/27
5	13	Serenity Jackson, Mikayla Henry, Naomi Vagher, Tasia Bell	#15 Pratt (Kan.) CC	4:07.70c (4:10.98f)	1/27
6	14	Kialia Claiborne, Keliza Smith, Kay-Lagay Clarke, Sanae Hasnaoui	#2 Barton (Kan.) CC	4:10.56c (4:10.12A)	1/13
7	17	Kya Edwards, Bianca Gleim, Gabriela Elizalde, Caylee May	#7 Dodge City (Kan.)	4:15.29 OT	1/20
8	23	Joana Vakasobuduru, Landrea Sears, Amy Styles, Vilorina Tuilawaki	#11 Neosho County (4:22.52 OT	1/20
9	25	Dayanna Brito-Hernandez, Genesis Bautista, Esther Vazquez, Mahalee Bilhimer	#5 Cowley (Kan.)	4:27.53	1/20

Women's 4x800 Relay

1	2	Nevaeh Carrizal, Ava Washington, Ivy Washington, Sarai Chavez	#7 Dodge City (Kan.)	10:19.38 OT	1/20
2	5	Vilorina Tuilawaki, Landrea Sears, Mia Cruz, Natalia Guardado	#11 Neosho County (11:44.28 OT	1/20



Regional TFRI Event Summary



Central

as of 1/29/2024 9:45:36 AM ET

Women's High Jump

1	3	Shackala HENRY	SO	#1 Cloud County (K	1.71m	5-7¼	1/27
2	8	Brooke HAWKINS	FR	#3 Hutchinson (Kan	1.64m	5-4½	1/27
3	14	Mariem SOLTANI	SO	#1 Cloud County (K{2}	1.59m	5-2½	1/27
3	14	Cordaelia WILLIAMS	FR	#1 Cloud County (K{2}	1.59m	5-2½	1/27
5	17	Ana COUTO	SO	#2 Barton (Kan.) CC	1.57m	5-1¾	1/27
6	21	Jazz DILWORTH	FR	#4 Fort Scott (Kan.)	1.56m	5-1¼	1/20
7	22	Chenessa DAVIS	FR	#1 Cloud County (K{4}	1.55m	5-1	1/20
8	29	Riannon ST. CLAIR	FR	#5 Cowley (Kan.)	1.50m	4-11	1/27
8	29	Alyana WALLACE	FR	#12 Highland (Kan.)	1.50m	4-11	1/27
8	29	Liberty LIMON	SO	#3 Hutchinson (Kan){2}	1.50m	4-11	1/27
8	29	Kerrishma WILLIAMS	SO	#8 Garden City (Kar	1.50m	4-11	1/27
8	29	Alexis HORSCH	FR	#3 Hutchinson (Kan){2}	1.50m	4-11	1/20
8	29	Cassidy HERGET	FR	#13 Mineral Area (Mo	1.50m	4-11	1/27

Women's Pole Vault

1	2	Kennedy KIZARR	FR	#5 Cowley (Kan.)	3.40m	11-1¾	1/27
2	5	Jasmine SAKAGUCHI	SO	#1 Cloud County (K	3.30m	10-9¾	1/20
3	7	Elizabeth DUNHAM	FR	#1 Cloud County (K{2}	3.20m	10-6	1/20
4	8	Dakota DAPPER	FR	#5 Cowley (Kan.) {2}	3.15m	10-4	1/27
4	8	Nakaela O'HAIR	FR	#3 Hutchinson (Kan	3.15m	10-4	1/27
4	8	Bradie MEDINA	FR	#1 Cloud County (K{3}	3.15m	10-4	1/20
7	18	Alivia NOLL	SO	#3 Hutchinson (Kan){2}	2.90m	9-6¼	1/20
8	19	Kaylen MILLS	SO	#5 Cowley (Kan.) {3}	2.75m	9-¼	1/20
9	25	Kaydence GIBSON	FR	#13 Mineral Area (Mo	2.40m	7-10½	1/27
9	25	Kira PHIPPS	FR	#14 State Fair (Mo.)	2.40m	7-10½	1/27

Women's Long Jump

1	3	Chloe PERRYMAN	FR	#2 Barton (Kan.) CC	5.91m	19-4¾	1/13
2	4	Icey GREEN	SO	#4 Fort Scott (Kan.)	5.68m	18-7¾	1/20
3	10	Kerrishma WILLIAMS	SO	#8 Garden City (Kar	5.55m	18-2½	1/20
4	17	Genesis BAUTISTA	SO	#5 Cowley (Kan.)	5.53m	18-1¾	1/27
5	19	Chaniqua TONGE	SO	#4 Fort Scott (Kan.){2}	5.51m	18-1	1/27
6	20	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC{2}	5.50m	18-½	1/27
7	23	Alexia LEWIS	FR	#12 Highland (Kan.)	5.33m	17-6	1/20
8	24	Brooke HAWKINS	FR	#3 Hutchinson (Kan	5.32m	17-5½	1/20
9	25	Ana COUTO	SO	#2 Barton (Kan.) CC{3}	5.31m	17-5¼	1/13
10	28	Chenessa DAVIS	FR	#1 Cloud County (K	5.27m	17-3½	1/27

Women's Triple Jump

1	4	Brooke HAWKINS	FR	#3 Hutchinson (Kan	11.80m	38-8¾	1/20
2	6	Icey GREEN	SO	#4 Fort Scott (Kan.)	11.57m	37-11½	1/27
3	7	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC	11.56m	37-11¼	1/20
4	12	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC{2}	10.90m	35-9¼	1/20
5	18	Braela SARGENT	FR	#4 Fort Scott (Kan.){2}	10.34m	33-11¼	1/12
6	20	Liberty LIMON	SO	#3 Hutchinson (Kan){2}	10.19m	33-5¼	1/20
7	22	Yaya MORENO	FR	#3 Hutchinson (Kan){3}	9.98m	32-9	1/27

Women's Shot Put

1	2	Treneese HAMILTON	SO	#2 Barton (Kan.) CC	14.63m	48-0	1/27
2	6	Beatriz FERREIRA	SO	#8 Garden City (Kar	13.55m	44-5½	1/20
3	7	Cierra GRAY	FR	#5 Cowley (Kan.)	13.38m	43-10¾	1/13
4	8	Ivanilda SEMEDO	FR	#2 Barton (Kan.) CC{2}	13.25m	43-5¾	1/20
5	9	Adrienne LOCKE-GARCIA	FR	#1 Cloud County (K	13.13m	43-1	1/20
6	12	Tamara THOMPSON	SO	#1 Cloud County (K{2}	12.64m	41-5¾	1/20
7	15	Cedricka WILLIAMS	FR	#2 Barton (Kan.) CC{3}	12.31m	40-4¾	1/20
8	17	Emery MAY	FR	#1 Cloud County (K{3}	12.16m	39-10¾	1/11
9	20	Ana COUTO	SO	#2 Barton (Kan.) CC{4}	11.92m	39-1¼	1/27
10	21	Molly PRICHARD	FR	#14 State Fair (Mo.)	11.70m	38-4¾	1/13

Women's Weight Throw

1	2	Treneese HAMILTON	SO	#2 Barton (Kan.) CC	16.84m	55-3	1/27
2	3	Cedricka WILLIAMS	FR	#2 Barton (Kan.) CC{2}	16.83m	55-2¾	1/20
3	4	Beatriz FERREIRA	SO	#8 Garden City (Kar	16.48m	54-1	1/26
4	5	Mayce MCDONALD	FR	#5 Cowley (Kan.)	15.90m	52-2	1/27
5	6	Adrienne LOCKE-GARCIA	FR	#1 Cloud County (K	15.56m	51-¾	1/20
6	8	Cloe KALANICK	SO	#8 Garden City (Kar){2}	15.16m	49-9	1/26
7	10	Tamara THOMPSON	SO	#1 Cloud County (K{2}	15.02m	49-3½	1/20
8	13	Ivanilda SEMEDO	FR	#2 Barton (Kan.) CC{3}	14.36m	47-1½	1/13
9	18	Bree ROWE	FR	#5 Cowley (Kan.) {2}	13.56m	44-6	1/20
10	20	Ana MANOUSARIDIS	FR	#10 Coffeyville (Kan.	13.40m	43-11¾	1/12

Women's Pentathlon

1	8	Cordaelia WILLIAMS	FR	#1 Cloud County (K	2,819		1/27
2	9	Shackala HENRY	SO	#1 Cloud County (K{2}	2,813		1/27
3	11	Mariem SOLTANI	SO	#1 Cloud County (K{3}	2,600		1/27
4	12	Kerrishma WILLIAMS	SO	#8 Garden City (Kar	2,468		1/27
5	13	Joana VAKASOBUDURU	SO	#11 Neosho County (2,443		1/27
6	14	Landrea SEARS	SO	#11 Neosho County ({2}	2,335		1/27
7	17	Maya WHITE EAGLE	FR	#8 Garden City (Kar){2}	1,951		1/27



Regional TFRI Event Summary



Midwest

as of 1/29/2024 9:45:37 AM ET

Women's 60 Meters

1	1	Oarabile TSHOSA	SO	#2 Indian Hills (low: 7.41	12/2
2	5	Judith KOU MEDZINA	FR	#1 Iowa Western CC 7.56	1/20
3	10	Shanice COX	SO	#2 Indian Hills (low: {2} 7.66	1/27
3	10	Zekira SNOW	FR	#2 Indian Hills (low: {2} 7.66	1/27
5	15	Kenyatta GRATE	FR	#2 Indian Hills (low: {4} 7.71	12/9
6	16	Moya MITCHELL	FR	#1 Iowa Western CC {2} 7.72	1/27
7	18	Destiny MITCHELL	FR	#2 Indian Hills (low: {5} 7.74	1/27
7	18	Kourtlyn CANNON	SO	#2 Indian Hills (low: {5} 7.74	1/19
9	31	Tina SAMSON	FR	#3 Iowa Central CC 7.83	1/27
9	31	Jade ARRINGTON	#17 Bryant & Stratton	7.83	12/1

Women's 60 Meter Hurdles

1	3	Dymonde NAVE	FR	#2 Indian Hills (low: 8.79	1/20
2	7	Tanique TAYLOR	FR	#1 Iowa Western CC 8.84	1/27
3	8	Calleisha CHANCE	SO	#1 Iowa Western CC {2} 8.88	1/20
4	10	Hailey MARTIN	FR	#1 Iowa Western CC {3} 8.95	1/27
5	15	Dayvione BRIGGS	SO	#3 Iowa Central CC 9.09	1/20
6	17	Veronica ANDRUSYSHYN	FR	#1 Iowa Western CC {4} 9.15	1/20
7	24	Abigail FREY	SO	#3 Iowa Central CC {2} 9.30	1/27
8	28	Arriana JOHNSON	FR	#2 Indian Hills (low: {2} 9.32	1/27
9	30	Myasia MATTHEWS	SO	#8 Cuyahoga (Ohio) 9.45	1/27
10	32	Tina SAMSON	FR	#3 Iowa Central CC {3} 9.47	1/27

Women's 200 Meters

1	2	Oarabile TSHOSA	SO	#2 Indian Hills (low: 24.00 OT	12/9
2	5	Shanice COX	SO	#2 Indian Hills (low: {2} 24.56 OT	1/27
3	8	Ethel AMISSAH	SO	#1 Iowa Western CC 24.67	1/27
4	9	Kaylia KELLY	FR	#1 Iowa Western CC {2} 24.69 OT	1/20
5	12	Kenyatta GRATE	FR	#2 Indian Hills (low: {3} 24.98 OT	12/9
6	13	Judith KOU MEDZINA	FR	#1 Iowa Western CC {3} 25.03 OT	1/20
7	15	Moya MITCHELL	FR	#1 Iowa Western CC {4} 25.17	1/27
8	17	Nyla NORMAN	FR	#2 Indian Hills (low: {4} 25.20 OT	12/9
9	18	Laurie LOUIS	FR	#2 Indian Hills (low: {5} 25.21 OT	1/19
10	24	Glory OKON	FR	#1 Iowa Western CC {5} 25.46	1/27

Women's 400 Meters

1	7	Kaylia KELLY	FR	#1 Iowa Western CC 56.44	1/27
1	7	Ethel AMISSAH	SO	#1 Iowa Western CC 56.44	1/27
3	20	Laurie LOUIS	FR	#2 Indian Hills (low: 58.39 OT	1/27
4	24	Nyla NORMAN	FR	#2 Indian Hills (low: {2} 59.12 OT	12/9
5	34	Kenyatta GRATE	FR	#2 Indian Hills (low: {3} 1:00.39 OT	1/19
6	55	Natalie ERICKSON	SO	#13 Muskegon (Mich. 1:02.78 OT	1/27
7	56	Ellie LOGSDON	FR	#10 DuPage (Ill.) 1:02.90c (1:03.73f)	1/26
8	60	Jacarla BLACK	FR	#8 Cuyahoga (Ohio) 1:03.03c (1:03.86f)	1/27
9	64	Patrycja KARPIESIUK	SO	#10 DuPage (Ill.) {2} 1:03.45c (1:04.29f)	1/26
10	68	Carissa MACKEY	SO	#4 Southeastern (Ic 1:04.53c (1:05.38f)	1/27

Women's 600 Meters

1	6	Angeline ESTRADA	FR	#1 Iowa Western CC 1:37.65	1/27
2	11	Selket REID-EL	SO	#2 Indian Hills (low: 1:38.73 OT	1/27
3	25	Natalie BOGDANOVA KIRILOVA	FR	#3 Iowa Central CC 1:43.02 OT	1/27
4	28	Amber HOMAN	FR	#5 Hawkeye (Iowa) 1:43.91c (1:45.18f)	1/27
5	31	Arianna PEDRIN	FR	#4 Southeastern (Ic 1:44.84c (1:46.12f)	1/27
6	32	Cassidy YALEY	SO	#4 Southeastern (Ic {2} 1:44.85c (1:46.13f)	1/27
7	38	Carissa MACKEY	SO	#4 Southeastern (Ic {3} 1:46.72c (1:48.02f)	12/8
8	42	Taja CONLEY	FR	#11 North Iowa Area 1:48.33c (1:49.65f)	1/26
9	49	Karlie LARSEN	FR	#14 Southwestern (Ic 1:52.47c (1:30.40f)	1/27
10	52	Skyila SHURYAN	FR	#11 North Iowa Area {2} 1:53.48c (1:54.87f)	1/19

Women's 800 Meters

1	6	Lilly ALBERTS	SO	#7 Harper (Ill.) 2:16.20	1/20
2	16	Selket REID-EL	SO	#2 Indian Hills (low: 2:20.57 OT	1/19
3	17	Amaree HAMILTON	SO	#2 Indian Hills (low: {2} 2:21.41 OT	1/19
4	19	Natalie BOGDANOVA KIRILOVA	FR	#3 Iowa Central CC 2:21.74 OT	1/27
5	33	Grace WESSEL	FR	#9 St. Clair County (2:27.08 OT	1/27
6	35	Cassidy YALEY	SO	#4 Southeastern (Ic 2:27.16c (2:28.85f)	1/27
7	37	Sien VAN VUUREN	FR	#1 Iowa Western CC 2:27.43 OT	1/20
8	45	Kayla MCINTYRE	SO	#9 St. Clair County {2} 2:28.76 OT	1/27
9	49	Ayianna OLIVAS	FR	#1 Iowa Western CC {2} 2:30.05 OT	1/20
10	50	Aisha RAMONE	SO	#4 Southeastern (Ic {2} 2:30.13c (2:31.86f)	1/19

Women's 1000 Meters

1	11	Angeline ESTRADA	FR	#1 Iowa Western CC 3:07.68 OT	1/20
2	14	Amber HOMAN	FR	#5 Hawkeye (Iowa) 3:08.93c (3:10.99f)	1/26
3	17	Sien VAN VUUREN	FR	#1 Iowa Western CC {2} 3:09.89 OT	1/20
4	18	Aisha RAMONE	SO	#4 Southeastern (Ic 3:11.62c (3:13.71f)	1/27
5	20	Lauren PIERSON	SO	#1 Iowa Western CC {3} 3:12.80 OT	1/20
6	22	Ayianna OLIVAS	FR	#1 Iowa Western CC {4} 3:12.93 OT	1/20
7	38	Selket REID-EL	SO	#2 Indian Hills (low: 3:25.36 OT	12/9
8	45	Raylene WILLIAMS	SO	#3 Iowa Central CC 3:34.70 OT	1/27
9	47	Amaree HAMILTON	SO	#2 Indian Hills (low: {2} 3:36.79 OT	12/9
10	49	Hannah CUNNINGHAM	FR	#8 Cuyahoga (Ohio) 3:42.61c (3:45.04f)	1/27

Women's Mile

1	17	Ayianna OLIVAS	FR	#1 Iowa Western CC 5:17.31	1/27
2	30	Grace WESSEL	FR	#9 St. Clair County (5:25.74 OT	1/27
3	35	Emilly SILVA	FR	#6 Vincennes (Ind.) 5:29.14c (5:32.39f)	1/13
4	37	Adi FULLER	FR	#6 Vincennes (Ind.) {2} 5:29.72	1/27
5	45	Kayla MCINTYRE	SO	#9 St. Clair County {2} 5:35.30 OT	1/27
6	49	Natalie BOGDANOVA KIRILOVA	FR	#3 Iowa Central CC 5:39.11 OT	1/20
7	59	Isabela WOJCIEKOWSKI	FR	#7 Harper (Ill.) 5:45.29	1/20
8	60	Claudia WOJCIEKOWSKI	FR	#7 Harper (Ill.) {2} 5:45.51	1/20
9	76	Morgan PIECZYNSKI	#12 Southwestern M	5:57.92c (6:01.46f)	1/26
10	86	Jasmyn SELF	FR	#6 Vincennes (Ind.) {3} 6:06.23c (6:09.85f)	1/13



Regional TFRI Event Summary



Midwest

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Women's 3000 Meters

1	8	Barbara NEIVA	FR	#1 Iowa Western CC	10:29.29	1/27
2	23	Lauren PIERSON	SO	#1 Iowa Western CC{2}	10:52.39	1/27
3	38	Carmen SOLIS	FR	#10 DuPage (Ill.)	11:25.92c (11:31.80f)	1/26
4	43	Mary KAMINSKI	SO	#9 St. Clair County (11:35.32 OT	1/27
5	56	Maurine LIMO	FR	#3 Iowa Central CC	12:25.66 OT	1/20
6	57	Morgan PIECZYNSKI		#12 Southwestern M	12:28.03	1/19
7	58	Maddie TIESKOTTER	SO	#5 Hawkeye (Iowa)	12:29.42c (12:35.84f)	1/27
8	61	Hannah CUNNINGHAM	FR	#8 Cuyahoga (Ohio)	12:52.28c (12:58.90f)	1/27
9	62	Anna DIETZENBACH	FR	#5 Hawkeye (Iowa) {2}	12:53.79c (13:00.42f)	1/27
10	66	Juliana DROLL	FR	#11 North Iowa Area	13:04.43c (13:11.15f)	1/26

Women's 4x400 Relay

1	2	Ethel Amissah, Moya Mitchell, Kaylia Kelly, Glory Okon		#1 Iowa Western CC	3:51.77 OT	1/20
2	5	Laurie Louis, Nyla Norman, Shanice Cox, Kenyatta Grate		#2 Indian Hills (Iowa)	3:54.05	1/20
3	11	Abigail Frey, Natalie Bogdanova Kirilova, Tina Samson, Dayvione Briggs		#3 Iowa Central CC	4:02.62 OT	1/20
4	19	Madelyn Buck, Aisha Ramone, Arianna Pedrin, Cassidy Yaley		#4 Southeastern (Iowa)	4:19.70c (4:23.14f)	1/27
5	21	Araxi Boghossian, Kasey Ledinsky, Delaney Gale, Lilly Alberts		#7 Harper (Ill.)	4:21.59	1/20
6	22	Kendall See, Kallie Mincks, Amber Homan, Tasha Williams		#5 Hawkeye (Iowa)	4:22.21c (4:25.69f)	1/27
7	24	Taja Conley, Tenisha Herbert, Emily Usher, Mady Welbes		#11 North Iowa Area	4:22.66c (4:26.14f)	1/26
8	27	#Type!		#16 Joliet (Ill.) JC	4:51.21c (4:55.07f)	1/20
9	28	Emilly Silva, Adi Fuller, Jasmyn Self, Grayson Haynes		#6 Vincennes (Ind.)	4:55.30	1/20
10	29	Allison Lauri, Morgan Pieczynski, Madison Siergiej, Riley Sinkler		#12 Southwestern M	4:59.27c (5:03.24f)	1/26

Women's Distance Medley Relay

1	5	Adi Fuller, Grayson Haynes, Jasmyn Self, Emilly Silva		#6 Vincennes (Ind.)	13:57.17c (14:06.14f)	1/13
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Women's High Jump

1	4	Calleisha CHANCE	SO	#1 Iowa Western CC	1.70m	5-7	1/20
2	13	Kamdyn STANLEY	SO	#1 Iowa Western CC{2}	1.60m	5-3	1/6
3	17	Arriana JOHNSON	FR	#2 Indian Hills (Iowa)	1.57m	5-1¾	1/20
3	17	Tina SAMSON	FR	#3 Iowa Central CC	1.57m	5-1¾	1/27
3	17	Destiny MITCHELL	FR	#2 Indian Hills (Iowa)	1.57m	5-1¾	1/27
6	22	Jillian HULSING	FR	#15 Sauk Valley (Ill.)	1.55m	5-1	1/27
7	37	Steffanie MCGUFFEY	FR	#13 Muskegon (Mich.)	1.46m	4-9½	1/27
7	37	Melanie REID	FR	#4 Southeastern (Iowa)	1.46m	4-9½	12/8
9	43	Brooklyn STUCKEY	FR	#16 Joliet (Ill.) JC	1.35m	4-5	1/20

Women's Pole Vault

1	1	Sophia DO AMARAL SALVI	FR	#6 Vincennes (Ind.)	3.82m	12-6¼	1/20
2	3	Julia DO AMARAL SALVI	SO	#6 Vincennes (Ind.) {2}	3.38m	11-1	1/27
2	3	Reis JOHNSON	FR	#8 Cuyahoga (Ohio)	3.38m	11-1	1/13
4	14	Patrycja KARPIESIUK	SO	#10 DuPage (Ill.)	3.02m	9-10¾	1/26
5	19	Lily WINTERGERST	SO	#7 Harper (Ill.)	2.75m	9-¼	1/20
6	24	Lucia SANCHEZ SCRIVEN	FR	#7 Harper (Ill.) {2}	2.45m	8-½	1/20

Women's Long Jump

1	1	Tina SAMSON	FR	#3 Iowa Central CC	5.99m	19-8	1/20
2	4	Sakina UMAR	FR	#1 Iowa Western CC	5.68m	18-7¾	1/27
3	6	Zekira SNOW	FR	#2 Indian Hills (Iowa)	5.64m	18-6	12/9
3	6	Calleisha CHANCE	SO	#1 Iowa Western CC{2}	5.64m	18-6	1/13
5	22	Mercy HONESTY	FR	#1 Iowa Western CC{3}	5.41m	17-9	1/27
6	25	Jayla BROWN	SO	#1 Iowa Western CC{4}	5.31m	17-5¼	1/27
7	31	Zakiya PORTER	SO	#2 Indian Hills (Iowa){2}	5.20m	17-¾	12/9
8	38	Julia HEAD	FR	#8 Cuyahoga (Ohio)	5.09m	16-8½	1/27
9	49	Kourtlyn CANNON	SO	#2 Indian Hills (Iowa){3}	4.90m	16-1	1/19
10	50	Arriana JOHNSON	FR	#2 Indian Hills (Iowa){4}	4.86m	15-11½	1/20
10	50	Camille SCHROEDER	JR	#4 Southeastern (Iowa)	4.86m	15-11½	1/27
10	50	Kamdyn STANLEY	SO	#1 Iowa Western CC{5}	4.86m	15-11½	1/13

Women's Triple Jump

1	2	Mercy HONESTY	FR	#1 Iowa Western CC	11.81m	38-9	1/20
1	2	Jayla BROWN	SO	#1 Iowa Western CC	11.81m	38-9	1/27
3	8	Sakina UMAR	FR	#1 Iowa Western CC{3}	11.47m	37-7¾	1/20
4	21	Natalia POCICA	FR	#7 Harper (Ill.)	10.01m	32-10¼	1/20
5	23	Tenisha HERBERT	FR	#11 North Iowa Area	9.95m	32-7¾	1/26
6	24	Lily WINTERGERST	SO	#7 Harper (Ill.) {2}	9.57m	31-4¾	1/20
7	25	Tessa BLEERS	SO	#10 DuPage (Ill.)	9.37m	30-9	1/26
8	26	Graycee FUNDERBURG	FR	#15 Sauk Valley (Ill.)	9.06m	29-8¾	1/27



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Midwest

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Women's Shot Put

1	4	Sarai SIMPSON	FR	#1 Iowa Western CC	13.92m	45-8	1/20
2	5	Chin-Loy RAYMOND	FR	#1 Iowa Western CC{2}	13.74m	45-1	1/20
3	10	Abby BARTZ	SO	#5 Hawkeye (Iowa)	12.74m	41-9¾	1/26
4	13	Natalie ALBERT	SO	#1 Iowa Western CC{3}	12.54m	41-1¾	1/20
5	23	Madison DAVIS	SO	#6 Vincennes (Ind.)	11.65m	38-2¾	1/13
6	30	Zuriya ROBINSON	FR	#3 Iowa Central CC	11.00m	36-1¼	1/27
7	39	Sara DIEW	SO	#3 Iowa Central CC {2}	10.67m	35-¼	1/27
8	42	Tina SAMSON	FR	#3 Iowa Central CC {3}	10.57m	34-8¼	1/27
9	45	Delaney KOPRIVA	SO	#5 Hawkeye (Iowa) {2}	10.40m	34-1½	1/26
10	48	Rowland KIRTON-BROWNE	FR	#3 Iowa Central CC {4}	10.35m	33-11½	1/20

Women's Weight Throw

1	11	Natalie ALBERT	SO	#1 Iowa Western CC	14.68m	48-2	1/6
2	12	Abby BARTZ	SO	#5 Hawkeye (Iowa)	14.64m	48-½	1/19
3	14	Zuriya ROBINSON	FR	#3 Iowa Central CC	14.35m	47-1	1/27
4	16	Jaylynn KING	FR	#8 Cuyahoga (Ohio)	13.74m	45-1	1/27
5	26	Kierra SCHMIEDING	SO	#1 Iowa Western CC{2}	12.74m	41-9¾	1/6
6	31	Aliyah HENRY	FR	#3 Iowa Central CC {2}	12.24m	40-2	1/20
6	31	Chloe LARSEN	SO	#1 Iowa Western CC{3}	12.24m	40-2	1/20
8	35	Sarai SIMPSON	FR	#1 Iowa Western CC{4}	12.16m	39-10¾	1/27
9	38	Sara DIEW	SO	#3 Iowa Central CC {3}	11.91m	39-1	1/27
10	44	Abbi RICHTER	FR	#14 Southwestern (Ia)	11.67m	38-3½	1/27

Women's Pentathlon

1	1	Tina SAMSON	FR	#3 Iowa Central CC	3,493		1/27
2	7	Arriana JOHNSON	FR	#2 Indian Hills (Iowa)	2,823		1/20



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Women's 60 Meters

1	2	Kamaria KNIGHT	FR	#1 New Mexico JC	7.50c	(7.48A)	1/13
2	7	Sofia CARDOZO	SO	#10 Paradise Valley (7.59		1/27
2	7	La'Nica LOCKER	FR	#11 Hinds (Miss.) CC	7.59		1/12
4	10	Deshay TURNER	FR	#2 Mesa (Ariz.) CC	7.66c	(7.62A)	1/12
5	16	Breanna CLARKE	SO	#3 South Plains (Te:	7.72c	(7.70A)	1/13
6	21	Amari PRATT	FR	#1 New Mexico JC	{2} 7.75c	(7.73A)	1/13
7	25	Ruth AGADAMA	FR	#3 South Plains (Te:	{2} 7.77c	(7.75A)	1/13
8	31	Taliyah LINDSAY	SO	#12 Meridian (Miss.)	7.83		1/20
9	34	Odelia LEMONS	FR	#2 Mesa (Ariz.) CC	{2} 7.84		1/27
9	34	Sydney ROQUEBRUN	FR	#3 South Plains (Te:	{3} 7.84c	(7.82A)	1/13

Women's 60 Meter Hurdles

1	2	Maliah EDWARDS	FR	#1 New Mexico JC	8.74c	(8.74A)	1/27
2	9	Larissa BLANCHARD	FR	#4 Pima (Ariz.) CC	8.93		1/27
3	11	Leila BARMORE	SO	#7 Glendale (Ariz.)	9.03	(0.1)	1/20
4	14	Brieanna BOYCE	FR	#9 Western Texas	9.07c	(9.07A)	1/27
5	16	Kalli HUSBAND	SO	#11 Hinds (Miss.) CC	9.14		1/12
6	18	Lenasia DRUMMOND	FR	#11 Hinds (Miss.) CC	{2} 9.17		1/12
7	20	Shackelia GREEN	SO	#9 Western Texas	{2} 9.19c	(9.19A)	1/27
8	21	Mikelia STRONG	SO	#6 Central Arizona	9.23	(0.1)	1/20
9	22	Kaelyn GIARRUSSO	FR	#7 Glendale (Ariz.)	{2} 9.28		1/27
9	22	Marisa HENNIX	FR	#2 Mesa (Ariz.) CC	9.28		1/27

Women's 200 Meters

1	1	Lacarthea COOPER	SO	#1 New Mexico JC	23.97c	(23.90A)	1/20
2	4	Grace OBOUR	SO	#9 Western Texas	24.43c	(24.36A)	1/20
3	7	Kamaria KNIGHT	FR	#1 New Mexico JC	{2} 24.63c	(24.56A)	1/27
4	19	Shackelia GREEN	SO	#9 Western Texas	{2} 25.23c	(25.16A)	1/20
5	20	Taliyah LINDSAY	SO	#12 Meridian (Miss.)	25.28		1/13
6	22	Brieanna BOYCE	FR	#9 Western Texas	{3} 25.31c	(25.24A)	1/20
7	23	Suraia AMER	SO	#7 Glendale (Ariz.)	25.36		1/27
8	25	Safhia HINDS	SO	#3 South Plains (Te:	25.53		1/27
9	27	Amari PRATT	FR	#1 New Mexico JC	{3} 25.56c	(25.49A)	1/20
10	31	Ruth AGADAMA	FR	#3 South Plains (Te:	{2} 25.71		1/27

Women's 400 Meters

1	1	Lacarthea COOPER	SO	#1 New Mexico JC	54.15c	(54.04A)	1/13
2	2	Dejona SIMPSON	SO	#1 New Mexico JC	{2} 55.58c	(55.47A)	1/13
3	3	Nandy KIHUYU	FR	#1 New Mexico JC	{3} 55.72c	(55.61A)	1/27
4	4	Grace OBOUR	SO	#9 Western Texas	55.96c	(55.85A)	1/13
5	10	Deshay TURNER	FR	#2 Mesa (Ariz.) CC	56.75		1/27
6	12	Leticia QUINGOSTAS	SO	#3 South Plains (Te:	57.45c	(57.34A)	1/13
7	13	Brieanna BOYCE	FR	#9 Western Texas	{2} 57.55c	(57.44A)	1/13
8	14	Asia FOSTER	SO	#9 Western Texas	{3} 57.92c	(57.81A)	1/27
9	15	T'Anna LIBURD	FR	#6 Central Arizona	58.05		1/20
10	17	Diane ONDOBO	SO	#2 Mesa (Ariz.) CC	{2} 58.14		1/27

Women's 600 Meters

1	1	Rushana DWYER	SO	#3 South Plains (Te:	1:34.30c	(1:24.19A)	1/13
2	2	Jody ANN MITCHELL	FR	#1 New Mexico JC	1:35.57c	(1:35.57A)	1/20
3	4	Grace KOMBETTO	FR	#6 Central Arizona	1:36.89		1/27
4	5	Taylor JACOBS	SO	#2 Mesa (Ariz.) CC	1:37.58		1/20
5	8	Diane ONDOBO	SO	#2 Mesa (Ariz.) CC	{2} 1:37.77		1/20
6	10	Lisanne SCHAPENDONK	FR	#1 New Mexico JC	{2} 1:37.97c	(1:37.97A)	1/27
7	12	Ysanne PEART	FR	#1 New Mexico JC	{3} 1:39.20c	(1:39.20A)	1/27
8	13	Asia FOSTER	SO	#9 Western Texas	1:39.22c	(1:39.22A)	1/20
9	14	T'Anna LIBURD	FR	#6 Central Arizona	{2} 1:39.43		1/27
10	15	Reanna CAMPBELL	SO	#2 Mesa (Ariz.) CC	{3} 1:39.93		1/27

Women's 800 Meters

1	4	Jennaveve BINGHAM	FR	#8 Southern Idaho	2:15.25 OT		1/20
2	5	Privilege CHIKARA	SO	#12 Meridian (Miss.)	2:15.26		1/20
3	8	Jody ANN MITCHELL	FR	#1 New Mexico JC	2:16.36c	(2:17.12A)	1/27
4	9	Rushana DWYER	SO	#3 South Plains (Te:	2:17.95c	(2:18.34A)	1/13
5	10	Lisanne SCHAPENDONK	FR	#1 New Mexico JC	{2} 2:18.01c	(2:18.78A)	1/20
6	14	Elizabeth PHILLIPS	SO	#8 Southern Idaho	{2} 2:20.46c	(2:21.12A)	1/26
7	15	Elayna LOVERIDGE	FR	#5 Salt Lake (Utah)	2:20.47 OT		1/27
8	17	Brianna SAMUELS	SO	#6 Central Arizona	2:21.41		1/27
9	20	Lilliana GUERRERO	SO	#3 South Plains (Te:	{2} 2:21.79c	(2:22.19A)	1/13
10	22	Daphne KAUSZ	FR	#1 New Mexico JC	{3} 2:22.49c	(2:23.29A)	1/27

Women's 1000 Meters

1	3	Lilliana GUERRERO	SO	#3 South Plains (Te:	2:59.86c	(2:59.86A)	1/13
2	5	Jazmin ESTRADA	SO	#10 Paradise Valley (3:03.16		1/27
3	7	Jody ANN MITCHELL	FR	#1 New Mexico JC	3:05.04c	(3:05.04A)	1/13
4	8	Taylor JACOBS	SO	#2 Mesa (Ariz.) CC	3:05.67		1/20
5	9	Lisanne SCHAPENDONK	FR	#1 New Mexico JC	{2} 3:06.84c	(3:06.84A)	1/13
6	12	Jaresa JACKSON	SO	#8 Southern Idaho	3:07.77 OT		1/20
7	13	Mackenzie BETHANCOURT	FR	#10 Paradise Valley ({2} 3:08.25		1/27
8	15	Jayne ELVIN	FR	#1 New Mexico JC	{3} 3:09.11c	(3:09.11A)	1/13
9	16	Keira DAMRON	FR	#10 Paradise Valley ({3} 3:09.23		1/27
10	19	Brianna SAMUELS	SO	#6 Central Arizona	3:12.62		1/27

Women's Mile

1	2	Emerald KEHR	FR	#5 Salt Lake (Utah)	4:58.55c	(4:54.52A)	1/13
2	3	Lilian MATEO TORREZ	FR	#3 South Plains (Te:	5:01.69		1/27
3	4	Megan GARRETT	FR	#13 Trinidad State (C	5:01.72c	(5:04.70f)	1/13
4	5	Elizabeth PHILLIPS	SO	#8 Southern Idaho	5:02.27c	(5:08.14A)	1/26
5	6	Grace TIPTON	SO	#5 Salt Lake (Utah)	{2} 5:07.03 OT		1/27
6	8	Jennaveve BINGHAM	FR	#8 Southern Idaho	{2} 5:07.75 OT		1/20
7	9	Lisanne SCHAPENDONK	FR	#1 New Mexico JC	5:08.56c	(5:15.43A)	1/27
8	12	Madelyn CHRISTENSEN	FR	#8 Southern Idaho	{3} 5:13.32c	(5:19.41A)	1/26
9	13	Elayna LOVERIDGE	FR	#5 Salt Lake (Utah)	{3} 5:14.25c	(5:23.86fA)	1/20
10	15	Kennedy SWAIN	SO	#5 Salt Lake (Utah)	{4} 5:16.36c	(5:26.04fA)	1/20



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Women's 3000 Meters

1	1	Emerald KEHR	FR	#5 Salt Lake (Utah)	9:55.38 OT	1/27
2	2	Lilian MATEO TORREZ	FR	#3 South Plains (Te:)	9:57.24	1/27
3	4	Elizabeth PHILLIPS	SO	#8 Southern Idaho	10:18.75 OT	1/20
4	5	Jennaveve BINGHAM	FR	#8 Southern Idaho {2}	10:20.03c (10:33.55A)	1/26
5	7	Abigail CASE	SO	#8 Southern Idaho {3}	10:26.94c (10:40.61A)	1/26
6	9	Kennedy SWAIN	SO	#5 Salt Lake (Utah) {2}	10:32.57c (10:46.81A)	1/13
7	11	Molly JENSEN	SO	#5 Salt Lake (Utah) {3}	10:34.93c (10:49.23A)	1/13
8	12	Elayna LOVERIDGE	FR	#5 Salt Lake (Utah) {4}	10:35.27c (10:49.57A)	1/13
9	13	Brielle LEE	FR	#5 Salt Lake (Utah) {5}	10:35.57c (10:49.88A)	1/13
10	15	Carmella BALDWIN	FR	#2 Mesa (Ariz.) CC	10:39.74c (10:57.49A)	1/12

Women's 5000 Meters

1	2	Elayna LOVERIDGE	FR	#5 Salt Lake (Utah)	17:45.91 OT	1/27
2	3	Kennedy SWAIN	SO	#5 Salt Lake (Utah) {2}	17:47.12 OT	1/27
3	4	Molly JENSEN	SO	#5 Salt Lake (Utah) {3}	18:08.42 OT	1/27
4	5	Brielle LEE	FR	#5 Salt Lake (Utah) {4}	18:12.42 OT	1/27
5	6	Carmella BALDWIN	FR	#2 Mesa (Ariz.) CC	18:54.84	1/27
6	7	Karen KIRATU	FR	#16 Southeast (Neb.)	19:05.19 OT	1/20
7	10	Reatta DANOFF	FR	#4 Pima (Ariz.) CC	19:31.87	1/20
8	12	Mariah CRUZ	FR	#4 Pima (Ariz.) CC {2}	19:52.35	1/20
9	16	Linda RIVERO	FR	#4 Pima (Ariz.) CC {3}	20:53.84	1/20
10	18	Sara BREDEKAMP	FR	#4 Pima (Ariz.) CC {4}	22:01.97	1/20

Women's 4x400 Relay

1	1	Shackelia Green, Lovina Ewusi, Brianna Boyce, Grace Obour	#9 Western Texas	3:45.48c (3:45.04A)	1/20
2	4	Deshay Turner, Diane Ondobo, Reanna Campbell, Taylor Jacobs	#2 Mesa (Ariz.) CC	3:53.90	1/27
3	6	Leticia Quingostas, Saffia Hinds, Lilliana Guerrero, Rushana Dwyer	#3 South Plains (Te:)	3:54.22	1/27
4	7	Mikelia Strong, T'Anna Liburd, Grace Kombetto, Shakiah Phillip	#6 Central Arizona	3:56.50	1/27
5	8	T'kyla Bennett, Twyshanna Huie, Adriel Austin, Shaneil Johnson	#11 Hinds (Miss.) CC	3:57.13c (4:00.27f)	1/12
6	15	Jennaveve Bingham, Jaresa Jackson, Sophia Burnett, Laynee Rowley	#8 Southern Idaho	4:10.77c (4:10.33A)	1/26
7	18	Rachael Bethancourt, McKinley L. Blanton, Mackenzie Bethancourt, Jazmin Estrada	#10 Paradise Valley (4:16.85	1/27
8	20	Tayler Crane, Naiomi Hereim, Maylee Thompson, Mckailyn Morris	#4 Pima (Ariz.) CC	4:19.96	1/27

Women's 4x800 Relay

1	1	#Type!	#5 Salt Lake (Utah)	9:45.25c (9:45.25A)	1/13
2	3	Cruzita Avila, Logan Pevehouse, Ingrid Santamaria, Taylor Gutierrez	#14 Jacksonville (Te:)	10:51.72 OT	1/20

Women's Distance Medley Relay

1	1	Lilliana Guerrero, Leticia Quingostas, Rushana Dwyer, Lilian Mateo Torrez	#3 South Plains (Te:)	12:20.76	1/27
2	2	Kennedy Swain, Avery Jensen, Molly Jensen, Grace Tipton	#5 Salt Lake (Utah)	12:50.02c (13:09.28fA)	1/20
3	3	Kendra Guest, Diane Ondobo, Taylor Jacobs, Carmella Baldwin	#2 Mesa (Ariz.) CC	12:58.97	1/27
4	4	Stephania Hernandez, Jaresa Jackson, Elizabeth Stanley, Madelyn Christensen	#8 Southern Idaho	13:13.35 OT	1/20
5	6	Cassilyn Jaecks, Clarisse Yvette, Laila Vasquez, Kimberly Mata	#15 Hill (Texas)	14:10.56	1/27

Women's High Jump

1	2	Achol MAYWIN	SO	#1 New Mexico JC	1.72mA	5-7¾	1/20
2	5	Isabel GREEN	FR	#4 Pima (Ariz.) CC	1.67m	5-5¾	1/20
2	5	Leila BARMORE	SO	#7 Glendale (Ariz.) (1.67m	5-5¾	1/20
4	7	Daniel HINDS	SO	#1 New Mexico JC {2}	1.65m	5-5	1/13
5	9	Janiya ROSS	FR	#4 Pima (Ariz.) CC {2}	1.62m	5-3¾	1/27
5	9	April NECAISE	FR	#4 Pima (Ariz.) CC {2}	1.62m	5-3¾	1/27
5	9	Kaelyn GIARRUSSO	FR	#7 Glendale (Ariz.) (2}	1.62m	5-3¾	1/20
8	12	Mikayla GUMBS	FR	#1 New Mexico JC {3}	1.61mA	5-3¾	1/27
9	22	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC	1.55m	5-1	1/20
9	22	Amber SIMPSON	SO	#3 South Plains (Te:)	1.55m	5-1	1/13
9	22	Abril OKON	FR	#3 South Plains (Te:)	1.55m	5-1	1/27

Women's Pole Vault

1	11	Alexandra CAREY	FR	#7 Glendale (Ariz.) (3.11m	10-2½	1/27
2	12	Raely PALMER	FR	#2 Mesa (Ariz.) CC	3.10m	10-2	1/20
3	15	Celisa SCARBROUGH	FR	#7 Glendale (Ariz.) (2}	2.96m	9-8½	1/20
3	15	Brianne ROBERTS	FR	#4 Pima (Ariz.) CC	2.96m	9-8½	1/20
3	15	Lauren ALLARD	FR	#7 Glendale (Ariz.) (2}	2.96m	9-8½	1/20
6	22	Promise BENTLEY-BROWN	FR	#7 Glendale (Ariz.) (4}	2.66m	8-8¾	1/27
7	23	Maylee THOMPSON	FR	#4 Pima (Ariz.) CC {2}	2.50m	8-2½	1/20



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Women's Long Jump

1	8	Marisa HENNIX	FR	#2 Mesa (Ariz.) CC	5.60m	18-4½ (0.0)	1/20
2	10	Leila BARMORE	SO	#7 Glendale (Ariz.) CC	5.55m		1/20
2	10	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC {2}	5.55mA	18-2½	1/12
4	13	Tianna MOSLEY	SO	#4 Pima (Ariz.) CC	5.54m		1/20
4	13	Maylee THOMPSON	FR	#4 Pima (Ariz.) CC	5.54m		1/20
4	13	Kavel RITCHIE	FR	#1 New Mexico JC	5.54mA	18-2¼	1/27
7	17	Sydney ROQUEBRUN	FR	#3 South Plains (Te:)	5.53m	18-1¾	1/27
8	21	Ruth AGADAMA	FR	#3 South Plains (Te:)	5.49m	18-¼	1/27
9	27	Charm RONE	FR	#12 Meridian (Miss.)	5.28m	17-4	1/20
10	29	Zamirah PARKER	SO	#2 Mesa (Ariz.) CC {3}	5.24m		1/27

Women's Triple Jump

1	5	Tianna MOSLEY	SO	#4 Pima (Ariz.) CC	11.74m	38-6¼ (0.0)	1/20
2	9	Marisa HENNIX	FR	#2 Mesa (Ariz.) CC	11.45mA	37-6¾	1/12
3	11	Oyindamola ADETUTU	FR	#7 Glendale (Ariz.) CC	10.95m	35-11¼ (0.0)	1/20
4	13	Roxy CHRISTENSEN	FR	#4 Pima (Ariz.) CC {2}	10.89m	35-8¾ (0.0)	1/20
5	15	Bella HOFFMAN	FR	#4 Pima (Ariz.) CC {3}	10.47m	34-4¼ (0.0)	1/20
6	16	Alexandra CAREY	FR	#7 Glendale (Ariz.) CC {2}	10.44m		1/27
7	17	Zamirah PARKER	SO	#2 Mesa (Ariz.) CC {2}	10.43m	34-2¾ (0.0)	1/20

Women's Shot Put

1	1	Esteisy SALAS	FR	#1 New Mexico JC	15.12mA	49-7¼	1/27
2	3	Kasie UGEH	SO	#6 Central Arizona	14.02m	46-0	1/20
3	11	Rejoice AGBEWODIE	FR	#6 Central Arizona {2}	12.70m	41-8	1/27
4	14	Yosiris CORDOBA	FR	#1 New Mexico JC {2}	12.42mA	40-9	1/20
5	16	Catherine GREEN	SO	#3 South Plains (Te:)	12.26m	40-2¾	1/13
6	18	Patience BOAHEMAA	SO	#6 Central Arizona {3}	12.03m	39-5¾	1/20
7	24	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC	11.58m	38-0	1/20
8	27	Jamelia NICHOLAS	FR	#6 Central Arizona {4}	11.43m	37-6	1/27
9	28	Seioriana GLASS	FR	#2 Mesa (Ariz.) CC {2}	11.09m	36-4¾	1/27
10	36	Kapualani MAGNANI	SO	#4 Pima (Ariz.) CC	10.84m	35-6¾	1/20

Women's Weight Throw

1	1	Tania DA SILVA	FR	#1 New Mexico JC	19.23mA	63-1¼	1/20
2	7	Rejoice AGBEWODIE	FR	#6 Central Arizona	15.26m	50-¾	1/20
3	9	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC	15.11m	49-7	1/27
4	15	Seioriana GLASS	FR	#2 Mesa (Ariz.) CC {2}	13.95m	45-9¼	1/20
5	17	Annika ARVAYO	SO	#4 Pima (Ariz.) CC	13.57m	44-6¼	1/27
6	19	Kapualani MAGNANI	SO	#4 Pima (Ariz.) CC {2}	13.46m	44-2	1/27
7	24	Kasie UGEH	SO	#6 Central Arizona {2}	12.99m	42-7½	1/20
8	33	Jenyce LOPEZ	SO	#4 Pima (Ariz.) CC {3}	12.20m	40-½	1/20
9	49	Catherine GREEN	SO	#3 South Plains (Te:)	11.26m	36-11½	1/27
10	52	Yosiris CORDOBA	FR	#1 New Mexico JC {2}	10.89mA	35-8¾	1/20

Women's Pentathlon

1	2	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC	3,414		1/20
2	4	Maylee THOMPSON	FR	#4 Pima (Ariz.) CC	2,869		1/20
3	5	Amber SIMPSON	SO	#3 South Plains (Te:)	2,856		1/27
4	6	Natalia BRZEZNIAK	SO	#2 Mesa (Ariz.) CC {2}	2,824		1/20
5	10	Aliyah GIDHARY	FR	#6 Central Arizona	2,812		1/20
6	15	Lucille LOVELACE	SO	#2 Mesa (Ariz.) CC {3}	2,277		1/20
7	16	Jacey PERKINS	FR	#6 Central Arizona {2}	2,023		1/20
8	18	Morgan PEPE	FR	#4 Pima (Ariz.) CC {2}	1,086		1/20