



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

1

unch
LW: 1

1

unch
LW: 1

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2 Iowa Western CC Region 11

unch
LW: 2

2 Iowa Western CC **unch**
 Region 11 LW: 2

Event	NQR	Athlete	Yr	Season Qual. Best		Date	Pl. Pts.	Bonus	TOTAL
► TJ	3	Jayla BROWN	SO	11.98m	39-3¾	2/10/24	16	2.03	18.03
► TJ	9	Sakina UMAR	FR	11.56m	37-11¼	2/10/24	7	0.92	7.92
► SP	3	Sarai SIMPSON	FR	14.45m	47-5	2/10/24	16	2.37	18.37
► SP	6	Chin-Loy RAYMOND	FR	13.85m	45-5¼	2/10/24	10	1.38	11.38
► SP	15	Natalie ALBERT	SO	12.54m	41-1¾	1/20/24	1.5	0.19	1.69
► WT	5	Natalie ALBERT	SO	16.27m	53-4½	2/10/24	12	1.51	13.51
► WT	21	Sarai SIMPSON	FR	13.49m	44-3¼	2/3/24	0.6	0.00	0.60
► WT	28	Chloe LARSEN	SO	12.94m	42-5½	2/3/24	0.1	0.00	0.10
► WT	30	Kierra SCHMIEDING	SO	12.74m	41-9¾	1/6/24	0.05	0.00	TM-4
► PENT	20	Madison STECKLER	FR	2,388	OT	2/3/24	0.7	0.00	0.70
IOWA WESTERN CC TFRI Team Total									283.21



USTFCCA NJCAA Indoor Track & Field

National TFRI Team Summary



as of 2/14/24 8:05 AM ET

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WOMEN — 2024 Week #4, February 14

3

Barton (Kan.) CC

Region 6



1

LW: 4

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	2	Keliza SMITH	FR	7.44	2/10/24	18	2.59	20.59
▶ 60m	7	Maria UMOIBANG	SO	7.56c (7.54A)	1/13/24	9	1.15	10.15
▶ 60m	11	Chloe PERRYMAN	FR	7.63	1/20/24	5	0.56	5.56
▶ 60H	2	Kay-Lagay CLARKE	SO	8.72	2/10/24	18	2.03	20.03
▶ 60H	19	Ana COUTO	SO	9.04c (9.04A)	1/13/24	0.8	0.15	0.95
▶ 200m	3	Keliza SMITH	FR	24.05	2/10/24	16	2.13	18.13
▶ 200m	27	Maria UMOIBANG	SO	25.12c (25.05A)	1/13/24	0.125	0.00	0.13
▶ 200m	34	Carly STERMER	FR	25.30c (25.23A)	1/13/24	0.015	0.00	0.02
▶ 400m	8	Keliza SMITH	FR	55.98	1/20/24	D	2	1.07 3.07
▶ 600m	8	Shone WALTERS	FR	1:37.60	2/3/24	8	0.86	8.86
▶ 600m	20	Kialia CLAIBORNE	FR	1:39.99	2/3/24	0.7	0.05	0.75
▶ 600m	31	Raynisha NARCISSE	FR	1:42.60	2/3/24	0.04	0.00	0.04
▶ 800m	3	Sanae HASSNAOUI	FR	2:10.02c (2:10.75A)	1/27/24	D	2	3.03 5.03
▶ 800m	21	Shone WALTERS	FR	2:18.42c (2:19.19A)	1/27/24	0.6	0.00	0.60
▶ 1000m	2	Sanae HASSNAOUI	FR	2:56.76c (2:56.76A)	1/13/24	18	3.08	21.08
▶ Mile	1	Sanae HASSNAOUI	FR	4:47.99	2/10/24	20	4.50	24.50
▶ 4x400	20	Kialia Claiborne, Keliza Smith, Kay-Lagay Clarke, Sanae Hasnaoui		4:10.56c (4:10.12A)	1/13/24	0.2	0.00	0.20
▶ HJ	2	Jazmine WILLIAMSON	SO	1.75m 5-8¾	2/3/24	18	3.20	21.20
▶ HJ	20	Ana COUTO	SO	1.57m 5-1¾	1/27/24	0.7	0.00	0.70
▶ LJ	3	Chloe PERRYMAN	FR	5.91m 19-4¾	1/13/24	16	2.96	18.96
▶ LJ	4	Jazmine WILLIAMSON	SO	5.77m 18-11¼	2/10/24	14	1.70	15.70
▶ LJ	21	Kay-Lagay CLARKE	SO	5.50m 18-½	1/27/24	0.6	0.06	0.66
▶ LJ	31	Ana COUTO	SO	5.31m 17-5¼	1/13/24	0.04	0.00	TM-4
▶ TJ	9	Kay-Lagay CLARKE	SO	11.56m 37-11¼	1/20/24	7	0.92	7.92
▶ TJ	19	Jazmine WILLIAMSON	SO	10.90m 35-9¼	1/20/24	0.8	0.01	0.81
▶ SP	1	Treneese HAMILTON	SO	15.33m 50-3½	2/10/24	20	4.27	24.27
▶ SP	7	Ivanilda SEMEDO	FR	13.78m 45-2½	2/10/24	9	1.27	10.27
▶ SP	17	Cedricka WILLIAMS	FR	12.31m 40-4¾	1/20/24	1	0.01	1.01
▶ SP	22	Ana COUTO	SO	11.92m 39-1¼	1/27/24	0.5	0.00	TM-4
▶ WT	2	Treneese HAMILTON	SO	17.01m 55-9¾	2/10/24	18	2.47	20.47
▶ WT	3	Cedricka WILLIAMS	FR	16.83m 55-2¾	1/20/24	16	2.19	18.19
▶ WT	14	Ivanilda SEMEDO	FR	14.36m 47-1½	1/13/24	2	0.09	2.09
▶ WT	25	Kyndall BLESSING	FR	13.10m 42-11¾	1/20/24	0.2	0.00	TM-4
BARTON (KAN.) CC TFRI Team Total								282.69

4

Cloud County (Kan.) CC

Region 6



1

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	27	Rafiatu NUHU	FR	7.76	1/27/24	0.125	0.00	0.13
▶ 60H	8	Chenessa DAVIS	FR	8.83	1/27/24	8	1.05	9.05
▶ 200m	20	Rafiatu NUHU	FR	24.69	2/3/24	0.7	0.25	0.95
▶ 400m	6	Rafiatu NUHU	FR	55.91	2/3/24	10	1.15	11.15
▶ 400m	25	Nontokozi NCUBE	FR	57.81	2/3/24	0.2	0.00	0.20
▶ 400m	27	Chidinma NWACHUKWU	FR	58.10	2/3/24	0.125	0.00	0.13
▶ 400m	33	Mercy ANGAAMCHAAB	FR	58.63	2/3/24	0.02	0.00	TM-4
▶ 600m	5	Rafiatu NUHU	FR	1:36.34c (1:37.52f)	1/27/24	12	1.49	13.49
▶ 600m	6	Mercy ANGAAMCHAAB	FR	1:36.35	2/3/24	10	1.49	11.49
▶ 600m	11	Nontokozi NCUBE	FR	1:37.79	1/20/24	5	0.76	5.76
▶ 600m	35	Jaelyn RUMBACK	FR	1:43.68c (1:44.95f)	1/27/24	0.01	0.00	TM-4
▶ 800m	9	Nontokozi NCUBE	FR	2:15.14	2/10/24	7	0.77	7.77
▶ 800m	10	N Vanee ANCHIKE	FR	2:15.52	2/10/24	D	2	0.62 2.62
▶ 800m	15	Mercy ANGAAMCHAAB	FR	2:16.39	2/10/24	1.5	0.30	1.80
▶ 1000m	1	N Vanee ANCHIKE	FR	2:55.62c (2:57.53f)	1/27/24	20	3.50	23.50
▶ 1000m	12	Mercy ANGAAMCHAAB	FR	3:07.44c (3:09.48f)	1/27/24	4	0.33	4.33
▶ 1000m	29	Nontokozi NCUBE	FR	3:12.83c (3:14.93f)	1/27/24	0.075	0.00	0.08
▶ 1000m	35	Jaelyn RUMBACK	FR	3:14.68c (3:16.80f)	1/27/24	0.01	0.00	TM-4
▶ Mile	4	N Vanee ANCHIKE	FR	4:58.04	2/3/24	14	1.92	15.92
▶ Mile	23	Ozia TRUJILLO	FR	5:15.61	2/10/24	0.4	0.00	0.40
▶ 3000m	26	Ozia TRUJILLO	FR	10:46.39	1/20/24	0.15	0.00	0.15
▶ 5000m	5	N Vanee ANCHIKE	FR	17:42.37	2/3/24	D	2	1.32 3.32
▶ 5000m	25	Ozia TRUJILLO	FR	19:21.19	2/3/24	0.2	0.00	0.20
▶ 4x400	4	Chidinma Nwachukwu, Nontokozi Ncube, Mercy Angaamchaab, Rafiatu Nuhu		3:50.95	2/3/24	14	1.46	15.46
▶ DMR	1	Mercy Angaamchaab, Rafiatu Nuhu, Nontokozi Ncube, N Vanee Anchike		12:01.47	2/10/24	20	4.67	24.67
▶ HJ	4	Shackala HENRY	SO	1.71m 5-7¼	1/27/24	14	1.94	15.94
▶ HJ	9	Cordaelia WILLIAMS	FR	1.65m 5-5	2/3/24	7	0.61	7.61
▶ HJ	19	Mariam SOLTANI	SO	1.59m 5-2½	1/27/24	0.8	0.00	0.80
▶ HJ	26	Chenessa DAVIS	FR	1.55m 5-1	1/20/24	0.15	0.00	TM-4
▶ PV	3	Jasmine SAKAGUCHI	SO	3.60m 11-9¾	2/3/24	16	2.46	18.46
▶ PV	8	Bradie MEDINA	FR	3.25m 10-8	2/10/24	8	0.66	8.66
▶ PV	8	Elizabeth DUNHAM	FR	3.25m 10-8	2/10/24	8	0.66	8.66
▶ LJ	35	Chenessa DAVIS	FR	5.27m 17-3½	1/27/24	0.01	0.00	0.01
▶ TJ	11	Shackala HENRY	SO	11.50m 37-8¾	2/10/24	5	0.78	5.78
▶ SP	9	Adrienne LOCKE-GARCIA	FR	13.13m 43-1	1/20/24	7	0.65	7.65



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National TFRI Team Summary



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WOMEN — 2024 Week #4, February 14

4

Cloud County (Kan.) CC

Region 6



1

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
▶ SP	13	Tamara THOMPSON	SO	12.64m 41-5¾	1/20/24	3	0.27	3.27
▶ SP	19	Emery MAY	FR	12.16m 39-10¾	1/11/24	0.8	0.00	0.80
▶ SP	35	Emaleigh TOWNER	FR	11.00m 36-1¼	1/20/24	0.01	0.00	TM-4
▶ WT	8	Adrienne LOCKE-GARCIA	FR	15.73m 51-7¼	2/10/24	8	0.93	8.93
▶ WT	9	Tamara THOMPSON	SO	15.36m 50-4¾	2/10/24	7	0.65	7.65
▶ WT	27	Margherita SALA	FR	12.97m 42-6¾	2/10/24	0.125	0.00	0.13
▶ PENT	12	Cordaelia WILLIAMS	FR	2,819	1/27/24	4	0.56	4.56
▶ PENT	13	Shackala HENRY	SO	2,813	1/27/24	D 2	0.54	2.54
▶ PENT	16	Mariem SOLTANI	SO	2,600	1/27/24	1.25	0.06	1.31

CLOUD COUNTY (KAN.) CC TFRI Team Total

255.53

5

South Plains (Texas)

Region 5



2

LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	5	Brandy HALL	SO	7.53cw (7.51A) (4.1)	2/2/24	12	1.42	13.42
▶ 60m	18	Breanna CLARKE	SO	7.72c (7.70A)	1/13/24	0.9	0.15	1.05
▶ 60m	28	Ruth AGADAMA	FR	7.77c (7.75A)	1/13/24	0.1	0.00	0.10
▶ 60H	27	Amber SIMPSON	SO	9.19c (9.19A)	2/10/24	0.125	0.00	0.13
▶ 60H	35	Abril OKON	FR	9.46	1/27/24	0.01	0.00	0.01
▶ 400m	5	Rushana DWYER	SO	55.75c (55.64A)	2/10/24	12	1.33	13.33
▶ 400m	11	Leticia QUINGOSTAS	SO	56.39c (56.28A)	2/10/24	5	0.64	5.64
▶ 400m	16	Safhia HINDS	SO	56.89c (56.78A)	2/10/24	1.25	0.30	1.55
▶ 600m	1	Rushana DWYER	SO	1:34.30c (1:24.19A)	1/13/24	20	3.04	23.04
▶ 800m	17	Rushana DWYER	SO	2:17.95c (2:18.34A)	1/13/24	1	0.00	1.00
▶ 800m	33	Lilliana GUERRERO	SO	2:21.79c (2:22.19A)	1/13/24	0.02	0.00	0.02
▶ 1000m	4	Lilliana GUERRERO	SO	2:59.86c (2:59.86A)	1/13/24	14	1.97	15.97
▶ Mile	7	Lilian MATEO TORREZ	FR	5:01.69	1/27/24	D 2	1.20	3.20
▶ Mile	13	Lilliana GUERRERO	SO	5:07.92c (5:11.54A)	2/10/24	3	0.35	3.35
▶ 3000m	3	Lilian MATEO TORREZ	FR	9:57.24	1/27/24	16	2.60	18.60
▶ 5000m	2	Lilian MATEO TORREZ	FR	16:57.59c(17:11.16A)	2/10/24	18	3.09	21.09
▶ 4x400	10	Leticia Quingostas, Safhia Hinds, Lilliana Guerrero, Rushana Dwyer		3:54.22	1/27/24	4	0.68	4.68
▶ DMR	4	Lilliana Guerrero, Leticia Quingostas, Rushana Dwyer, Lilian Mateo Torrez		12:20.76	1/27/24	14	2.69	16.69
▶ HJ	12	Abril OKON	FR	1.62mA 5-3¾	2/2/24	4	0.28	4.28
▶ HJ	26	Amber SIMPSON	SO	1.55m 5-1	1/13/24	0.15	0.00	0.15
▶ PV	17	Giuliana SAPORITO SCHIESARO	FR	2.96mA 9-8½	2/2/24	1	0.00	1.00
▶ PV	21	Maryn TERRY	FR	2.81mA 9-2½	2/2/24	0.6	0.00	0.60
▶ LJ	7	Sydney ROQUEBRUN	FR	5.67m 18-7¼	2/10/24	9	0.95	9.95
▶ LJ	22	Ruth AGADAMA	FR	5.49m 18-¼	1/27/24	0.5	0.02	0.52
▶ LJ	23	Paula Ann CHAMBERS	SO	5.48mwa17-11¾ (6.1)	2/2/24	0.4	0.00	0.40
▶ LJ	28	Amber SIMPSON	SO	5.32mwa17-5½ (4.0)	2/2/24	0.1	0.00	TM-4
▶ SP	18	Catherine GREEN	SO	12.26m 40-2¾	1/13/24	0.9	0.00	0.90
▶ PENT	10	Amber SIMPSON	SO	2,856	1/27/24	6	0.64	6.64

SOUTH PLAINS (TEXAS) TFRI Team Total

167.43



National TFRI Team Summary



WOMEN — 2024 Week #4, February 14

6

Central Arizona

Region 1



2

LW: 8

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	3	Patience BOAHEMAA	SO	8.73	#Error	2/3/24	16	1.94 17.94
▶ 60H	20	Mikelia STRONG	SO	9.06	#Error	2/10/24	0.7	0.09 0.79
▶ 60H	31	Aliyah GIDHARRY	FR	9.30	#Error	2/2/24	0.04	0.00 0.04
▶ 200m	33	Mikelia STRONG	SO	25.29	#Error	2/10/24	0.02	0.00 0.02
▶ 400m	10	T'Anna LIBURD	FR	56.24c	(56.13A)	2/9/24	6	0.80 6.80
▶ 600m	2	Grace KOMBETTO	FR	1:35.02c	(1:35.02A)	2/9/24	18	2.49 20.49
▶ 600m	7	Brianna SAMUELS	SO	1:37.25		2/3/24	9	1.03 10.03
▶ 600m	13	T'Anna LIBURD	FR	1:38.09c	(1:38.09A)	2/9/24	3	0.62 3.62
▶ 800m	5	Grace KOMBETTO	FR	2:13.86c	(2:14.61A)	2/9/24	12	1.26 13.26
▶ 800m	31	Brianna SAMUELS	SO	2:21.41		1/27/24	0.04	0.00 0.04
▶ 1000m	24	Temyra BIA	FR	3:10.62		2/3/24	0.3	0.00 0.30
▶ 1000m	27	Brianna SAMUELS	SO	3:12.62		1/27/24	0.125	0.00 0.13
▶ 5000m	29	Jessica VIERA	FR	19:44.18		2/10/24	0.075	0.00 0.08
▶ 4x400	11	Mikelia Strong, T'Anna Liburd, Grace Kombetto, Shakiah Phillip		3:56.50		1/27/24	2	0.28 2.28
▶ DMR	7	Brianna Samuels, Grace Kombetto, T'Anna Liburd, Temyra Bia		12:42.57		2/3/24	8	1.12 9.12
▶ HJ	20	Aliyah GIDHARRY	FR	1.57m	5-1¾	2/3/24	0.7	0.00 0.70
▶ LJ	27	Patience BOAHEMAA	SO	5.35m	#Error	2/2/24	0.125	0.00 0.13
▶ SP	4	Kasie UGEH	SO	14.02m	46-0	1/20/24	14	1.63 15.63
▶ SP	12	Rejoice AGBEWODIE	FR	12.70m	41-8	1/27/24	4	0.32 4.32
▶ SP	14	Patience BOAHEMAA	SO	12.59m	41-3¾	2/2/24	2	0.23 2.23
▶ SP	24	Jamelia NICHOLAS	FR	11.72m	38-5½	2/3/24	0.3	0.00 TM-4
▶ WT	5	Rejoice AGBEWODIE	FR	16.27m	53-4½	2/10/24	12	1.51 13.51
▶ WT	26	Kasie UGEH	SO	12.99m	42-7½	1/20/24	0.15	0.00 0.15
▶ PENT	3	Aliyah GIDHARRY	FR	3,234		2/2/24	16	2.17 18.17
▶ PENT	5	Patience BOAHEMAA	SO	3,173		2/10/24	12	1.85 13.85
▶ PENT	15	Jacey PERKINS	FR	2,632		2/2/24	1.5	0.13 1.63
CENTRAL ARIZONA TFRI Team Total								155.52

7

Mesa (Ariz.) CC

Region 1



1

LW: 6

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	10	Deshay TURNER	FR	7.61c	(7.59A)	2/9/24	6	0.72 6.72
▶ 60H	22	Marisa HENNIX	FR	9.08c	(9.08A)	2/9/24	0.5	0.03 0.53
▶ 60H	29	Elizabeth WEAD	FR	9.23	#Error	2/10/24	0.075	0.00 0.08
▶ 60H	33	Maliyah ROSS	SO	9.37c	(9.37A)	2/9/24	0.02	0.00 0.02
▶ 200m	11	Deshay TURNER	FR	24.49c	(24.42A)	2/9/24	5	0.73 5.73
▶ 400m	14	Deshay TURNER	FR	56.75		1/27/24	2	0.37 2.37
▶ 400m	19	Diane ONDOBO	SO	57.33c	(57.22A)	2/9/24	0.8	0.07 0.87
▶ 400m	30	Reanna CAMPBELL	SO	58.29c	(58.18A)	2/9/24	0.05	0.00 0.05
▶ 600m	3	Taylor JACOBS	SO	1:35.45c	(1:35.45A)	2/9/24	16	2.16 18.16
▶ 600m	10	Diane ONDOBO	SO	1:37.77		1/20/24	6	0.77 6.77
▶ 600m	14	Reanna CAMPBELL	SO	1:38.19		2/3/24	2	0.57 2.57
▶ 600m	22	Maliyah ROSS	SO	1:40.40		2/3/24	0.5	0.00 TM-4
▶ 800m	24	Maliyah ROSS	SO	2:19.72c	(2:20.50A)	2/9/24	0.3	0.00 0.30
▶ 1000m	11	Taylor JACOBS	SO	3:05.67		1/20/24	5	0.53 5.53
▶ 1000m	32	Kendra GUEST	FR	3:14.06		2/3/24	0.03	0.00 0.03
▶ 1000m	34	Carmella BALDWIN	FR	3:14.49		1/20/24	0.015	0.00 0.02
▶ Mile	21	Carmella BALDWIN	FR	5:13.78c	(5:20.76A)	2/9/24	0.6	0.00 0.60
▶ 3000m	17	Carmella BALDWIN	FR	10:33.95c	(10:49.96A)	2/9/24	1	0.16 1.16
▶ 5000m	20	Carmella BALDWIN	FR	18:54.84		1/27/24	0.7	0.00 0.70
▶ 4x400	3	Deshay Turner, Diane Ondobo, Reanna Campbell, Taylor Jacobs		3:48.57c	(3:48.13A)	2/9/24	16	2.32 18.32
▶ DMR	13	Kendra Guest, Diane Ondobo, Taylor Jacobs, Carmella Baldwin		12:58.97		1/27/24	0.9	0.22 1.12
▶ HJ	26	Maliyah ROSS	SO	1.55m	5-1	1/20/24	0.15	0.00 0.15
▶ HJ	33	Natalia BRZEZNIAK	SO	1.53m	5-¼	2/2/24	0.02	0.00 0.02
▶ PV	4	Sarah NIPPER	FR	3.41m	11-2¼	2/3/24	14	1.45 15.45
▶ PV	13	Raely PALMER	FR	3.11m	10-2½	2/3/24	3	0.23 3.23
▶ LJ	11	Marisa HENNIX	FR	5.60m	18-4½ (0.0)	1/20/24	5	0.44 5.44
▶ LJ	14	Maliyah ROSS	SO	5.55mA	18-2½	1/12/24	2	0.25 2.25
▶ TJ	12	Marisa HENNIX	FR	11.45mA	37-6¾	1/12/24	4	0.67 4.67
▶ TJ	24	Zamirah PARKER	SO	10.43m	34-2¾ (0.0)	1/20/24	0.3	0.00 0.30
▶ SP	28	Maleah TUCKER	FR	11.58m	38-0	1/20/24	0.1	0.00 0.10
▶ SP	31	Seioriana GLASS	FR	11.09m	36-4¾	1/27/24	0.04	0.00 0.04
▶ WT	11	Maleah TUCKER	FR	15.11m	49-7	1/27/24	5	0.51 5.51
▶ WT	18	Seioriana GLASS	FR	13.95m	45-9¼	1/20/24	0.9	0.00 0.90
▶ PENT	2	Maliyah ROSS	SO	3,478		2/2/24	18	3.66 21.66
▶ PENT	8	Natalia BRZEZNIAK	SO	2,962		2/2/24	8	0.94 8.94



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

7 Mesa (Ariz.) CC
Region 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
PENT	19	Lucille LOVEACE	SO	2,411	2/2/24	0.8	0.00	0.80
MESA (ARIZ.) CC TFRI Team Total								141.59

8 Salt Lake (Utah) CC

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								

SALT LAKE (UTAH) CC TFRI Team Total	122.64
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9 Monroe-New Rochelle (N.Y.) Region 15

Event	<i>NQR</i>	<i>Athlete</i>	<i>Yr</i>	<i>Season Qual. Best</i>	<i>Date</i>	<i>Pl. Pts.</i>	<i>Bonus</i>	<i>TOTAL</i>
Scored bests come from CURRENT qualifying season								

MONROE-NEW ROCHELLE (N.Y.) TFR/ Team Total 109.72



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WOMEN — 2024 Week #4, February 14

10

Indian Hills (Iowa) CC

Region 11

unch

LW: 10

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 60m	1	Oarabile TSHOSA	SO	7.41	12/2/23	20	2.98	22.98	
▶ 60m	12	Shanice COX	SO	7.66	1/27/24	4	0.40	4.40	
▶ 60m	12	Kenyatta GRATE	FR	7.66	2/3/24	4	0.40	4.40	
▶ 60m	12	Zekira SNOW	FR	7.66	1/27/24	4	0.40	TM-2	
▶ 60m	22	Destiny MITCHELL	FR	7.74	1/19/24	0.5	0.07	TM-5	
▶ 60m	22	Kourtlyn CANNON	SO	7.74	2/3/24	0.5	0.07	TM-5	
▶ 60H	5	Dymonde NAVE	FR	8.79	1/20/24	12	1.38	13.38	
▶ 60H	32	Arriana JOHNSON	FR	9.32	1/27/24	0.03	0.00	0.03	
▶ 200m	2	Oarabile TSHOSA	SO	24.00 OT	12/9/23	18	2.33	20.33	
▶ 200m	9	Shanice COX	SO	24.46	2/10/24	7	0.80	7.80	
▶ 200m	16	Nyla NORMAN	FR	24.65	2/10/24	1.25	0.33	1.58	
▶ 200m	17	Kenyatta GRATE	FR	24.66	2/10/24	1	0.31	TM-4	
▶ 200m	27	Zaniya KING	SO	25.12	2/10/24	0.125	0.00	TM-5	
▶ 200m	30	Laurie LOUIS	FR	25.21 OT	1/19/24	0.05	0.00	TM-6	
▶ 200m	32	Zekira SNOW	FR	25.27 OT	2/3/24	0.03	0.00	TM-7	
▶ 400m	20	Nyla NORMAN	FR	57.37	2/10/24	0.7	0.05	0.75	
▶ 400m	29	Laurie LOUIS	FR	58.23	2/10/24	0.075	0.00	0.08	
▶ 600m	15	Selket REID-EL	SO	1:38.73 O	1/27/24	1.5	0.35	1.85	
▶ 600m	18	Amaree HAMILTON	SO	1:39.42	2/10/24	0.9	0.18	1.08	
▶ 800m	20	Selket REID-EL	SO	2:18.27 O	2/3/24	0.7	0.00	0.70	
▶ 800m	25	Amaree HAMILTON	SO	2:20.14	2/10/24	0.2	0.00	0.20	
▶ 4x400	9	Laurie Louis, Nyla Norman, Shanice Cox, Kenyatta Grate		3:54.05	1/20/24	5	0.72	5.72	
▶ HJ	20	Destiny MITCHELL	FR	1.57m	5-1¾	1/27/24	0.7	0.00	0.70
▶ HJ	20	Arriana JOHNSON	FR	1.57m	5-1¾	1/20/24	0.7	0.00	0.70
▶ LJ	9	Zekira SNOW	FR	5.64m	18-6	12/9/23	7	0.73	7.73
▶ LJ	35	Zakiya PORTER	SO	5.27m	17-3½	2/3/24	0.01	0.00	0.01
▶ PENT	11	Arriana JOHNSON	FR	2,823	1/20/24	5	0.57	5.57	

INDIAN HILLS (IOWA) CC TFRI Team Total

107.05

11

Southern Idaho

Region 18

unch

LW: 11

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 600m	30	Jaresa JACKSON	SO	1:42.51c (1:42.51A)	2/3/24	0.05	0.00	0.05
▶ 800m	6	Jennaveve BINGHAM	FR	2:14.94c (2:15.64A)	2/3/24	10	0.84	10.84
▶ 800m	26	Elizabeth PHILLIPS	SO	2:20.46c (2:21.12A)	1/26/24	0.15	0.00	0.15
▶ 1000m	14	Jaresa JACKSON	SO	3:07.77 O	1/20/24	2	0.30	2.30
▶ 1000m	33	Stephania HERNANDEZ	FR	3:14.17 O	1/20/24	0.02	0.00	0.02
▶ Mile	3	Elizabeth PHILLIPS	SO	4:56.45c (5:02.21A)	2/10/24	16	2.31	18.31
▶ Mile	9	Jennaveve BINGHAM	FR	5:05.15c (5:11.08A)	2/10/24	D 2	0.64	2.64
▶ Mile	20	Madelyn CHRISTENSEN	FR	5:13.32c (5:19.41A)	1/26/24	0.7	0.00	0.70
▶ 3000m	4	Elizabeth PHILLIPS	SO	10:00.14c(10:14.35A)	2/3/24	D 2	2.30	4.30
▶ 3000m	8	Jennaveve BINGHAM	FR	10:20.03c(10:33.55A)	1/26/24	8	0.82	8.82
▶ 3000m	11	Madelyn CHRISTENSEN	FR	10:23.95c(10:37.56A)	2/10/24	5	0.56	5.56
▶ 3000m	13	Abigail CASE	SO	10:26.94c(10:40.61A)	1/26/24	3	0.39	TM-4
▶ 3000m	23	Rozzlyn CAZIER	FR	10:43.93c(10:59.18A)	2/3/24	0.4	0.00	TM-5
▶ 3000m	27	Lillian NEFF	FR	10:47.73c(11:01.86A)	1/26/24	0.125	0.00	TM-6
▶ 3000m	29	Marryn POLL	SO	10:50.79c(11:04.99A)	1/26/24	0.075	0.00	TM-7
▶ 3000m	31	Stephania HERNANDEZ	FR	10:50.96c(11:05.16A)	2/10/24	0.04	0.00	TM-8
▶ 5000m	3	Elizabeth PHILLIPS	SO	17:03.31c(17:27.36A)	2/10/24	16	2.80	18.80
▶ 5000m	13	Abigail CASE	SO	18:21.47c(18:49.55A)	2/3/24	3	0.45	3.45
▶ 5000m	15	Rozzlyn CAZIER	FR	18:29.51c(18:55.58A)	2/10/24	1.5	0.33	1.83
▶ 5000m	17	Lillian NEFF	FR	18:40.81c(19:07.15A)	2/10/24	1	0.16	TM-4
▶ 5000m	19	Macie CHUGG	FR	18:54.04c(19:20.69A)	2/10/24	0.8	0.00	TM-5
▶ 5000m	23	Marryn POLL	SO	19:11.73c(19:38.79A)	2/10/24	0.4	0.00	TM-6
▶ 4x400	21	Jennaveve Bingham, Jaresa Jackson, Sophia Burnett, Laynee Rowley		4:10.77c (4:10.33A)	1/26/24	0.1	0.00	0.10
▶ DMR	5	Jaresa Jackson, Elizabeth Stanley, Sophia Burnett, Rozzlyn Cazier		12:35.23c(12:45.37A)	2/10/24	12	1.59	13.59

SOUTHERN IDAHO TFRI Team Total

97.86



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

12 Western Texas Region 5

1
LW: 13

13 **Iowa Central CC**  **5**
 Region 11 LW: 18

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	17	Dayvione BRIGGS	SO	9.03	2/10/24	1	0.18	1.18
▶ 60H	30	Abigail FREY	SO	9.27	2/3/24	0.05	0.00	0.05
▶ 600m	32	Natalie BOGDANOVA KIRILOVA	FR	1:43.02 O	1/27/24	0.03	0.00	0.03
▶ 800m	32	Natalie BOGDANOVA KIRILOVA	FR	2:21.74 O	1/27/24	0.03	0.00	0.03
▶ 1000m	16	Natalie BOGDANOVA KIRILOVA	FR	3:08.59c (3:10.64f)	2/3/24	1.25	0.21	1.46
▶ 4x400	13	Nicole Schaefer, Tina Samson, Abigail Frey, Dayvione Briggs		3:58.17 O	2/10/24	0.9	0.08	0.98
▶ 4x800	3	Nicole Schaefer, Landry McCoid, Raylene Williams, Joan Jepngetchi		10:36.25	2/10/24	16	0.52	16.52
▶ HJ	20	Tina SAMSON	FR	1.57m 5-1¾	1/27/24	0.7	0.00	0.70
▶ LJ	1	Tina SAMSON	FR	5.99m 19-8	1/20/24	20	3.85	23.85
▶ TJ	14	Tina SAMSON	FR	11.32m 37-1¾	2/10/24	2	0.51	2.51
▶ SP	30	Rowland KIRTON-BROWNE	FR	11.15m 36-7	2/3/24	0.05	0.00	0.05
▶ SP	35	Zuriya ROBINSON	FR	11.00m 36-1¼	1/27/24	0.01	0.00	0.01
▶ WT	15	Sara DIEW	SO	14.35m 47-1	2/10/24	1.5	0.08	1.58
▶ WT	15	Zuriya ROBINSON	FR	14.35m 47-1	1/27/24	1.5	0.08	1.58
▶ WT	31	Rowland KIRTON-BROWNE	FR	12.59m 41-3¾	2/10/24	0.04	0.00	0.04
▶ WT	32	Aliyah HENRY	FR	12.57m 41-3	2/10/24	0.03	0.00	TM-4
▶ PENT	1	Tina SAMSON	FR	3,493	1/27/24	20	3.75	23.75
IOWA CENTRAL CC TFRI Team Total								74.35



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14

Glendale (Ariz.) CC

Region 1



3

LW: 17

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	17	Leila BARMORE	SO	9.03 (0.1)	1/20/24	1	0.18	1.18
▶ 60H	24	Kaelyn GIARRUSSO	FR	9.15 #Error	2/10/24	0.3	0.00	0.30
▶ 200m	25	Suraia AMER	SO	24.98 #Error	2/10/24	0.2	0.00	0.20
▶ 1000m	22	Nicole NOVARA	FR	3:09.81	2/3/24	0.5	0.07	0.57
▶ HJ	4	Leila BARMORE	SO	1.71m 5-7¼	2/2/24	D	2	1.94 3.94
▶ HJ	7	Kaelyn GIARRUSSO	FR	1.67m 5-5¾	2/10/24	9	1.01	10.01
▶ HJ	12	Hannah HURLEY	FR	1.62m 5-3¾	2/10/24	4	0.28	4.28
▶ PV	13	Alexandra CAREY	FR	3.11m 10-2½	1/27/24	3	0.23	3.23
▶ PV	17	Celisa SCARBROUGH	FR	2.96m 9-8½	2/10/24	1	0.00	1.00
▶ PV	17	Lauren ALLARD	FR	2.96m 9-8½	1/20/24	1	0.00	1.00
▶ PV	25	Promise BENTLEY-BROWN	FR	2.66m 8-8¾	1/27/24	0.2	0.00	TM-4
▶ LJ	8	Leila BARMORE	SO	5.66m #Error	2/3/24	D	2	0.88 2.88
▶ LJ	33	Kaelyn GIARRUSSO	FR	5.29m #Error	2/3/24	0.02	0.00	0.02
▶ TJ	2	Leila BARMORE	SO	12.12m #Error	2/10/24	18	2.51	20.51
▶ TJ	18	Oyindamola ADETUTU	FR	10.95m 35-11¼ (0.0)	1/20/24	0.9	0.07	0.97
▶ TJ	22	Alexandra CAREY	FR	10.71m #Error	2/10/24	0.5	0.00	0.50
▶ PENT	4	Leila BARMORE	SO	3,232	2/2/24	14	2.15	16.15
▶ PENT	14	Kaelyn GIARRUSSO	FR	2,649	2/2/24	2	0.17	2.17
▶ PENT	26	Angelina THIEL	SO	1,657	2/2/24	0.15	0.00	0.15

GLENDALE (ARIZ.) CC TFRI Team Total

69.26

15

Trinidad State (Colo.)

Region 9



7

LW: 22

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	11	Megan GARRETT	FR	2:16.08	2/10/24	5	0.42	5.42
▶ Mile	6	Megan GARRETT	FR	4:59.64	2/10/24	10	1.54	11.54
▶ 3000m	1	Alliyah MOLINA	SO	9:52.37c (10:19.81fA)	1/20/24	20	3.13	23.13
▶ 5000m	1	Alliyah MOLINA	SO	16:51.48	2/10/24	20	3.41	23.41

TRINIDAD STATE (COLO.) TFRI Team Total

63.49

16

Cowley (Kan.)

Region 6



4

LW: 12

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	26	Isabella KUPKA	SO	58.04 OT	2/10/24	0.15	0.00	0.15
▶ 600m	21	Isabella KUPKA	SO	1:40.07	1/13/24	0.6	0.03	0.63
▶ Mile	29	Tavarie CAMPBELL	FR	5:17.17 O	2/10/24	0.075	0.00	0.08
▶ 3000m	18	Dheniffer VAZ	SO	10:34.84	1/13/24	0.9	0.13	1.03
▶ 5000m	18	Kayli MYERS	FR	18:49.29	2/10/24	0.9	0.03	0.93
▶ 5000m	34	Lakota SCHULTZ	FR	20:11.16	2/10/24	0.015	0.00	0.02
▶ DMR	8	Tavarie Campbell, Savannah Fischer, Kayli Myers, Britannia Willis		12:47.09	2/3/24	6	0.83	6.83
▶ HJ	35	Riannon ST. CLAIR	FR	1.50m 4-11	1/13/24	0.01	0.00	0.01
▶ PV	5	Kennedy KIZARR	FR	3.40m 11-1¾	1/20/24	12	1.40	13.40
▶ PV	11	Dakota DAPPER	FR	3.20m 10-6	2/10/24	5	0.46	5.46
▶ PV	22	Kaylen MILLS	SO	2.75m 9-¼	1/27/24	0.5	0.00	0.50
▶ LJ	19	Genesis BAUTISTA	SO	5.53m 18-1¾	1/27/24	0.8	0.17	0.97
▶ TJ	13	Genesis BAUTISTA	SO	11.40m 37-5	2/3/24	3	0.61	3.61
▶ SP	5	Cierra GRAY	FR	13.89m 45-7	2/3/24	12	1.44	13.44
▶ SP	32	Mayce MCDONALD	FR	11.08m 36-4¼	1/20/24	0.03	0.00	0.03
▶ WT	7	Mayce MCDONALD	FR	15.90m 52-2	1/27/24	9	1.12	10.12
▶ WT	20	Bree ROWE	FR	13.56m 44-6	1/20/24	0.7	0.00	0.70
▶ WT	23	Jamilet BAUTISTA INFANTE	SO	13.20m 43-3¾	1/27/24	0.4	0.00	0.40
▶ WT	29	Kennedy BULGER	SO	12.76m 41-10½	1/27/24	0.075	0.00	TM-4

COWLEY (KAN.) TFRI Team Total

58.37



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17

Butler (Kan.) CC

Region 6



3

LW: 14

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	5	Kayveonna JACKSON	FR	7.53	1/13/24	12	1.42	13.42
▶ 200m	23	Kayveonna JACKSON	FR	24.83	1/13/24	0.4	0.08	0.48
▶ 400m	13	Trishanie WARNER	SO	56.68 OT	1/27/24	3	0.41	3.41
▶ 400m	32	Ala' Jah BROOKS	FR	58.43	2/10/24	0.03	0.00	0.03
▶ 600m	19	Keniya DEXTER	FR	1:39.88c (1:41.10f)	1/11/24	0.8	0.08	0.88
▶ 800m	16	Star MPAMA	SO	2:16.53	2/10/24	1.25	0.25	1.50
▶ 800m	29	Keniya DEXTER	FR	2:20.60	2/10/24	0.075	0.00	0.08
▶ Mile	22	Khloi BIRD	SO	5:14.99	1/20/24	0.5	0.00	0.50
▶ 3000m	7	Khloi BIRD	SO	10:17.13	1/13/24	9	1.02	10.02
▶ 5000m	6	Khloi BIRD	SO	17:45.23	1/27/24	10	1.23	11.23
▶ 5000m	32	Alison UNRUH	FR	19:54.51	2/3/24	0.03	0.00	0.03
▶ 5000m	35	Heidi GRIMMETT	SO	20:12.90	2/3/24	0.01	0.00	0.01
▶ 4x400	5	Keniya Dexter, Star Mpama, Ala' Jah Brooks, Trishanie Warner		3:51.43	2/10/24	12	1.35	13.35

BUTLER (KAN.) CC TFRI Team Total 54.93

18

Pima (Ariz.) CC

Region 1



3

LW: 15

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 60H	13	Larissa BLANCHARD	FR	8.90	#Error	2/10/24	3	0.63	3.63
▶ 400m	31	Trinity BETHEA	SO	58.36		1/20/24	0.04	0.00	0.04
▶ 1000m	26	Reatta DANOFF	FR	3:11.67		2/10/24	0.15	0.00	0.15
▶ 5000m	27	Reatta DANOFF	FR	19:31.87		1/20/24	0.125	0.00	0.13
▶ 5000m	30	Mariah CRUZ	FR	19:52.35		1/20/24	0.05	0.00	0.05
▶ DMR	14	Linda Rivero, Tayler Crane, Alyssa Perez, Reatta Danoff		13:04.72		2/10/24	0.8	0.04	0.84
▶ HJ	7	Isabel GREEN	FR	1.67m	5-5¾	1/20/24	9	1.01	10.01
▶ HJ	12	Janiya ROSS	FR	1.62m	5-3¾	1/27/24	4	0.28	4.28
▶ HJ	12	April NECAISE	FR	1.62m	5-3¾	1/20/24	4	0.28	4.28
▶ PV	17	Brianne ROBERTS	FR	2.96m	9-8½	2/3/24	1	0.00	1.00
▶ PV	28	Maylee THOMPSON	FR	2.51m	8-2¾	2/10/24	0.1	0.00	0.10
▶ LJ	16	Tianna MOSLEY	SO	5.54m	#Error	1/20/24	1.25	0.21	1.46
▶ LJ	16	Maylee THOMPSON	FR	5.54m	#Error	1/20/24	1.25	0.21	1.46
▶ LJ	28	Roxy CHRISTENSEN	FR	5.32m	#Error	2/10/24	0.1	0.00	0.10
▶ TJ	6	Tianna MOSLEY	SO	11.74m	38-6¼ (0.0)	1/20/24	10	1.34	11.34
▶ TJ	17	Bella HOFFMAN	FR	10.96m	#Error	2/10/24	1	0.08	1.08
▶ TJ	20	Roxy CHRISTENSEN	FR	10.89m	35-8¾ (0.0)	1/20/24	0.7	0.00	0.70
▶ SP	34	Kapualani MAGNANI	SO	11.02m	36-2	2/10/24	0.015	0.00	0.02
▶ WT	12	Annika ARVAYO	SO	14.99m	49-2¼	2/3/24	4	0.44	4.44
▶ WT	22	Kapualani MAGNANI	SO	13.46m	44-2	2/10/24	0.5	0.00	0.50
▶ PENT	9	Maylee THOMPSON	FR	2,869		1/20/24	7	0.67	7.67
▶ PENT	27	Morgan PEPE	FR	1,086		1/20/24	0.125	0.00	0.13

PIMA (ARIZ.) CC TFRI Team Total 53.40



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

19 **Hagerstown (Md.) CC** **1**
Region 20 LW: 20

20 **Meridian (Miss.) CC**  **12**
Region 23 LW: 32

21 **Garden City (Kan.) CC**  **3**
Region 6 LW: 24

22 **Hinds (Miss.) CC**  **6**
 Region 23 LW: 16

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	3	La'Nica LOCKER	FR	7.46	2/4/24	16	2.33	18.33
▶ 60H	11	Kalli HUSBAND	SO	8.87	2/4/24	5	0.81	5.81
▶ 60H	14	T'kyla BENNETT	FR	8.98	2/4/24	2	0.33	2.33
▶ 60H	23	Lenasia DRUMMOND	FR	9.14	2/10/24	0.4	0.00	0.40
▶ 200m	13	La'Nica LOCKER	FR	24.59	2/4/24	3	0.48	3.48
▶ 400m	18	Twyshanna HUIE	FR	57.10	2/4/24	0.9	0.19	1.09
▶ 400m	23	Caydence BREWER	FR	57.59	2/4/24	0.4	0.00	0.40
▶ 600m	25	Adriel AUSTIN	FR	1:40.95c (1:42.18f)	1/12/24	0.2	0.00	0.20
▶ 4x400	7	#Type!		3:52.08	2/4/24	8	1.19	9.19
HINDS (MISS.) CC TFRI Team Total								41.22



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

23 **Paradise Valley (Ariz.) CC** **2**
Region 1 LW: 25

PARADISE VALLEY (ARIZ.) CC TFR1 Team Total	41.02
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24 Vincennes (Ind.) **3**
Region 24 LW: 21

VINCENNES (IND.) TFR1 Team Total	40.49
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25 Fort Scott (Kan.) CC **6**
 Region 6 LW: 19

FORT SCOTT (KAN.) CC TFRI Team Total	36.51
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26 **Harper (Ill.)**
Region 4

28 Richard Bland (Va.) Region 10

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 60m	15	Akira HAMILTON	FR	7.68	2/3/24	1.5	0.32	1.82	
▶ 60m	24	Haniyyah JOHNSON	SO	7.75	12/1/23	0.3	0.03	0.33	
▶ 60m	24	Leenesa WHITTAKER	SO	7.75	1/7/24	0.3	0.03	0.33	
▶ LJ	2	Haniyyah JOHNSON	SO	5.96m	19-6¾	12/1/23	18	3.52	21.52
▶ LJ	11	Akira HAMILTON	FR	5.60m	18-4½	1/19/24	5	0.44	5.44
▶ TJ	15	Ciarra MOORE	FR	11.05m	36-3	1/19/24	1.5	0.19	1.69
▶ TJ	23	Erin SMITH	FR	10.65m	34-11¼	1/19/24	0.4	0.00	0.40
▶ SP	21	Haniyyah JOHNSON	SO	11.97m	39-3¼	1/20/24	0.6	0.00	0.60
RICHARD BLAND (VA.) TFRI Team Total								32.13	

▼ **1**
LW: 26

29 **Colby (Kan.) CC**
Region 6

▼ 6
LW: 23

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	15	Kaylee JAMES	SO	8.99	2/3/24	1.5	0.30	1.80
▶ 400m	35	Kemisha WILLIAMS-DOMINQUE	FR	58.99	2/10/24	0.01	0.00	0.01
▶ 800m	34	Taylor HOSKINSON	SO	2:22.21 O	1/27/24	0.015	0.00	0.02
▶ Mile	34	Taylor HOSKINSON	SO	5:18.30	2/10/24	0.015	0.00	0.02
▶ 5000m	24	Jordyn PICOLET	FR	19:20.84	1/27/24	0.3	0.00	0.30
▶ 5000m	31	Lauren ADEN	SO	19:54.13	1/27/24	0.04	0.00	0.04
▶ 4x400	16	Kaylee James, Nhubia Coney, Yaya Moreno, Kemisha Williams-Dominque		4:04.70	2/3/24	0.6	0.00	0.60
▶ HJ	11	Brooke HAWKINS	FR	1.64m 5-4½	1/27/24	5	0.50	5.50
▶ HJ	26	Alexis HORSCH	FR	1.55m 5-1	2/3/24	0.15	0.00	0.15
▶ HJ	26	Liberty LIMON	SO	1.55m 5-1	2/10/24	0.15	0.00	0.15
▶ PV	8	Nakaela O'HAIR	FR	3.25m 10-8	2/3/24	8	0.66	8.66
▶ PV	15	Alivia NOLL	SO	3.10m 10-2	2/3/24	1.5	0.20	1.70
▶ LJ	28	Brooke HAWKINS	FR	5.32m 17-5½	1/20/24	0.1	0.00	0.10
▶ TJ	5	Brooke HAWKINS	FR	11.80m 38-8¾	1/20/24	12	1.48	13.48
▶ TJ	26	Liberty LIMON	SO	10.29m 33-9¼	2/10/24	0.15	0.00	0.15
▶ TJ	28	Yaya MORENO	FR	9.98m 32-9	1/27/24	0.1	0.00	0.10
▶ SP	26	Aiyanna GREEN	FR	11.66m 38-3¼	2/3/24	0.15	0.00	0.15
▶ SP	29	Emilie SCHWEIZER	FR	11.44m 37-6½	1/20/24	0.075	0.00	0.08
HUTCHINSON (KAN.) CC TFRI Team Total								33.00

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	17	Anita AFRIFA	FR	7.69	2/3/24	1	0.28	1.28
► 200m	12	Anita AFRIFA	FR	24.51	2/3/24	4	0.68	4.68
► 800m	19	Tara BERT	SO	2:18.03	2/3/24	0.8	0.00	0.80
► 800m	22	Ann BADAWI	SO	2:18.76	2/10/24	0.5	0.00	0.50
► Mile	15	Rosemary ARTHUR	FR	5:08.76	2/3/24	1.5	0.29	1.79
► Mile	17	Tara BERT	SO	5:10.36	2/10/24	1	0.16	1.16
► Mile	29	Ann BADAWI	SO	5:17.17	2/3/24	0.075	0.00	0.08
► 3000m	9	Rosemary ARTHUR	FR	10:20.47	2/10/24	7	0.79	7.79
► 3000m	10	Elizabeth TUXPAN HERNANDEZ	FR	10:22.35	1/20/24	6	0.67	6.67
► 3000m	34	Nonhlanhla MABUZA	SO	10:53.36	1/20/24	0.015	0.00	0.02
► 5000m	10	Elizabeth TUXPAN HERNANDEZ	FR	18:07.04	2/3/24	6	0.68	6.68
COLBY (KAN.) CC TFRI Team Total								31.43



USTFCCA NJCAA Indoor Track & Field

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WOMEN — 2024 Week #4, February 14

30

Dodge City (Kan.) CC

Region 6



1

LW: 29

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	24	Bianca GLEIM	FR	57.70	2/10/24	0.3	0.00	0.30
▶ 600m	34	Caylee MAY	FR	1:43.25	2/10/24	0.015	0.00	0.02
▶ 5000m	26	Norma RODRIGUEZ	SO	19:22.81	1/20/24	0.15	0.00	0.15
▶ 4x800	2	Nevaeh Carrizal, Ava Washington, Ivy Washington, Sarai Chavez		10:19.38	1/20/24	18	1.93	19.93
▶ DMR	10	Ivy Washington, Bianca Gleim, Sarai Chavez, Ava Washington		12:56.50	2/10/24	4	0.29	4.29

DODGE CITY (KAN.) CC TFRI Team Total 24.69

31

Thaddeus Stevens (Pa.)

Region 19



3

LW: 28

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	6	Laura MATHEWS	SR	8.80	12/9/23	10	1.29	11.29
▶ PENT	6	Laura MATHEWS	SR	2,996	12/9/23	10	1.09	11.09

THADDEUS STEVENS (PA.) TFRI Team Total 22.38

32

Cuyahoga (Ohio) CC

Region 12



1

LW: 33

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 60H	34	Myasia MATTHEWS	SO	9.38	2/3/24	0.015	0.00	0.02	
▶ PV	2	Reis JOHNSON	FR	3.70m	12-1½	2/10/24	18	3.16	21.16
▶ WT	19	Jaylynn KING	FR	13.93m	45-8½	2/10/24	0.8	0.00	0.80

CUYAHOGA (OHIO) CC TFRI Team Total 21.98

33

Jacksonville (Texas)

Region 14



2

LW: 31

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 4x800	4	Cruzita Avila, Logan Pevehouse, Ingrid Santamaria, Taylor Gutierrez		10:51.72	1/20/24	14	0.00	14.00

JACKSONVILLE (TEXAS) TFRI Team Total 14.00

34

Neosho County (Kan.) CC

Region 6

unch

LW: 34

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 4x400	19	Joana Vakasobuduru, Vilorina Tuilawaki, Landrea Sears, Amy Styles		4:09.20	2/10/24	0.3	0.00	0.30
▶ 4x800	6	Vilorina Tuilawaki, Landrea Sears, Mia Cruz, Natalia Guardado		11:44.28	1/20/24	10	0.00	10.00
▶ DMR	19	Vilorina Tuilawaki, Amy Styles, Landrea Sears, Natalia Guardado		14:43.27	2/3/24	0.3	0.00	0.30
▶ PENT	18	Joana VAKASOBUDURU	SO	2,443	1/27/24	0.9	0.00	0.90
▶ PENT	22	Landrea SEARS	SO	2,335	1/27/24	0.5	0.00	0.50

NEOSHO COUNTY (KAN.) CC TFRI Team Total 12.00

35

Heartland (Ill.) CC

Region 24

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 3000m	6	Nora BRADY		10:11.77c(10:17.01f)	2/10/24	10	1.38	11.38
▶ 3000m	25	Addysen CLARK	SO	10:44.14c(10:49.66f)	2/10/24	0.2	0.00	0.20

HEARTLAND (ILL.) CC TFRI Team Total 11.58



Only those who score >0.01 pts are shown

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Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	31	Mikayla HENRY	SO	7.79	1/27/24	0.04	0.00	0.04
▶ 400m	28	Serenity JACKSON	SO	58.18	2/10/24	0.1	0.00	0.10
▶ 4x400	18	Serenity Jackson, Mikayla Henry, Naomi Vagher, Tasia Bell		4:07.70c (4:10.98f)	1/27/24	0.4	0.00	0.40
PRATT (KAN.) CC TFRI Team Total								0.54



Only those who score >0.01 pts are shown

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42 Southeast (Neb.) CC
Region 9

SOUTHEAST (NEB.) CC TFRI Team Total	0.51
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43 Hill (Texas) Region 5

HILL (TEXAS) TFR1 Team Total	0.50
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44 North Iowa Area CC Region 11

NORTH IOWA AREA CC TFRI Team Total	0.48
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45 Mohawk Valley (N.Y.) CC Region 3

MOHAWK VALLEY (N.Y.) CC TFR1 Team Total	0.34
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46 State Fair (Mo.) Region 16

STATE FAIR (MO.) TFR1 Team Total	0.31
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47 **Finger Lakes (N.Y.) CC**
Region 3

FINGER LAKES (N.Y.) CC TFR/ Team Total	0.20
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47 Queensborough (N.Y.) CC

QUEENSBOROUGH (N.Y.) CC TFR1 Team Total	0.20
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49 **Sauk Valley (Ill.) CC**
Region 4

SAUK VALLEY (ILL.) CC TFR1 Team Total	0.17
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WOMEN — 2024 Week #4, February 14

50

Mineral Area (Mo.)

Region 16



2

LW: 48

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 5000m	33	Celeste SANSEGRW	FR	20:09.25c(20:18.51f)	2/10/24	0.02	0.00	0.02
▶ HJ	35	Cassidy HERGET	FR	1.50m 4-11	1/27/24	0.01	0.00	0.01
▶ PV	29	Kaydence GIBSON	FR	2.40m 7-10½	1/27/24	0.075	0.00	0.08

MINERAL AREA (MO.) TFRI Team Total 0.11

51

Ranger (Texas)

Region 5

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

600m	28	Ashlynn BARRETT	SO	1:41.73	2/10/24	0.1	0.00	0.10
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RANGER (TEXAS) TFRI Team Total 0.10

52

Essex County (N.J.)

Region 19



7

LW: 45

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

800m	30	Serena DOUGLAS	FR	2:21.10	2/2/24	0.05	0.00	0.05
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ESSEX COUNTY (N.J.) TFRI Team Total 0.05

53

Southwestern (Iowa) CC

Region 11

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

WT	33	Abbi RICHTER	FR	12.43m	40-9½	2/10/24	0.02	0.00	0.02
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SOUTHWESTERN (IOWA) CC TFRI Team Total 0.02

54

Denmark Tech (S.C.)

Region 10



3

LW: 51

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

HJ	35	Kimmley JOHNSON	FR	1.50m	4-11	1/13/24	0.01	0.00	0.01
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DENMARK TECH (S.C.) TFRI Team Total 0.01