

Regional TFRI Event Summary





	`				Atla	nt	ic			as of 2/14/2024 8:11:52 AM E	T
		Von	nen's 60 Meters					W	'om	nen's 600 Meters	
1 1	.5 Akira HAMILTON		#3 Richard Bland (V	7.68	2/3	1	43	Vegonia JEAN			/12
2 2	4 Haniyyah JOHNSON	so	#3 Richard Bland (V{2	}7.75	12/1			BAPTISTE			
2 2	4 Leenesa WHITTAKER	SO	#3 Richard Bland (V{2	7.75	1/7	2	44	Paula ORUSEDE	FR		1/5
4 2	9 Alyssa DYETT	SO	#1 Monroe-New Roc	7.78	1/12	3	49	Morgan JARRELL	FR	,	/20
5 5	55 Makenzey GLASS	FR	#7 Marion Military I	7.93	1/14	4		Julihanna JOHNSON	FR	#1 Monroe-New Ro({3}1:59.07 1/	/12
6 6	60 Amia TODMAN		#16 Springfield Tech	7.95	2/10	5	77	Janeisy CAMILO	SO		1/5
7 6	7 Ashia MARTIN	FR	#5 Essex County (N.	7.99	2/10	6	78	Arial CRAWFORD	FR	#2 Hagerstown (Md{2}2:02.13 1/	/20
8 8	4 Kettia AMBROSE	FR	#1 Monroe-New Ro(2	}8.08	2/3			W	'om	nen's 800 Meters	
9 9	2 Kiana CASIMIR	SO	#5 Essex County (N.{2	8.10	1/5	1	4	Attoya HARVEY	FR	#1 Monroe-New Roc 2:12.55 2/	/10
10 9	7 Djior DELISSER	SO	#1 Monroe-New Ro(3	}8.16	1/5	2	7	Kayla JOHNSON	SO	Monroe-New Ro({2}2:14.98	2/3
	Won	nen	's 60 Meter Hurd	les		3	8	Shaquka TYRELL	SO	Monroe-New Ro({3}2:15.13	/27
1	Quaycian DAVIS	FR	#1 Monroe-New Roc	8.56	1/27	4	30	Serena DOUGLAS	FR	#5 Essex County (N. 2:21.10	2/2
2	Laura MATHEWS	SR	#9 Thaddeus Stevei	8.80	12/9	5	43	Aaliyah HEADLEY	FR	#1 Monroe-New Ro({4}2:25.11	2/3
3 6	6 Olivia SKYLSTAD	JR	#6 Hudson Valley (N	10.63	2/10	6	70	Morgan JARRELL	FR	#2 Hagerstown (Md 2:30.42 2/	/10
4 6	7 Breanne MILLSON	FR	#4 Mohawk Valley (10.64	2/3	7		Arial CRAWFORD	FR	#2 Hagerstown (Md{2}2:42.81 2/	/10
5 7	'0 Kaprice SIGLER	FR	#14 Onondaga (N.Y.)	10.74	2/9	8		Marlee SHAFER	FR	#4 Mohawk Valley (2:42.82c (2:44.69f) 2	2/3
6 8	1 Myah ADAMS	FR	#11 Spartanburg Met	11.46	2/2	9		Lauren SUPPE	FR	#4 Mohawk Valley ({2} 2:43.44c <i>(2:45.32f)</i>	2/3
7 8	2 Sophia OUTHOUS	FR	#11 Spartanburg Me{2	}11.51	2/2	10		Sophia OUTHOUS	FR	#11 Spartanburg Mel 2:43.48	2/2
8 8	5 Dava MARCIL	FR	#6 Hudson Valley (N2	}11.89	2/10			Wo	ome	en's 1000 Meters	
9 8	Juliette VENTURA	FR	#8 Finger Lakes (N.)	12.18	2/3	1	5	Attoya HARVEY	FR	#1 Monroe-New Roc 3:00.63 1/	/27
10 8	8 Ange COMPERE	SO	#10 Queensborough	12.99	2/2	2	8	Kayla JOHNSON	SO	#1 Monroe-New Ro({2}3:03.70	/27
	И	/om	en's 200 Meters			3	31	Aaliyah HEADLEY	FR	#1 Monroe-New Ro({3}3:13.17	/27
1 4	7 Akira HAMILTON	_		25.73	2/3	4	65	Ja'llian PAIGE	FR	#12 Louisburg (N.C.) 3:52.99c (3:55.53f) 1/	/27
2 5	3 Kettia AMBROSE	FR	#1 Monroe-New Roc	25.86	1/27	5	66	Morgan CHENEY	SO	#8 Finger Lakes (N.) 4:00.72c (4:03.34f)	2/3
3 5	6 Leenesa WHITTAKER	so	#3 Richard Bland (V{2	}25.88	1/7	6	68	Elizabeth KRAYNAK	FR	#14 Onondaga (N.Y.) 4:15.81c (4:18.60f)	2/9
4 6	5 Kimberly BAKER	FR	#5 Essex County (N.	26.17	2/10				И	Vomen's Mile	
5 7	'4 Paula ORUSEDE	FR	#1 Monroe-New Ro(2	}26.32	1/12	1	12	Attoya HARVEY	FR	Monroe-New Roc 5:07.38 1/	/12
6 8	5 Jayla WERTS	FR	#3 Richard Bland (V{3	}26.51	1/19	2	27	Kayla JOHNSON	so	#1 Monroe-New Ro({2}5:17.01 2/	/10
7 9	8 Kahliyah SMITH	SO	#1 Monroe-New Ro(3	}26.67	2/2	3	35	Shaquka TYRELL	so	Monroe-New Ro({3}5:19.52	/12
8	Ashia MARTIN	FR	#5 Essex County (N.{2	}26.79	2/2	4	72	Serena DOUGLAS	FR	#5 Essex County (N. 5:42.25 1/	/12
9	Kiana CASIMIR	SO	#5 Essex County (N.{3	26.96	2/2	5	74	Rebecca TELLEZ	FR	#2 Hagerstown (Md 5:42.82c (5:46.21f) 1/	/14
10	Amia TODMAN		#16 Springfield Tech	26.97	2/10	6	84	Aaliyah HEADLEY	FR	#1 Monroe-New Ro({4}5:48.38 1/	/27
	И	/om	en's 400 Meters			7	91	Morgan JARRELL	FR	#2 Hagerstown (Md{2} 5:56.00c (5:59.52f) 1/	/14
1 3	4 Kettia AMBROSE	FR		58.72	1/27	8		Olivia SKYLSTAD	JR	#6 Hudson Valley (N 6:04.39c (6:07.99f) 1/	/27
	3 Jayla WERTS		#3 Richard Bland (V	59.77	1/7	9		Alheli RAMOS-GARCIA	so) #17 Patrick & Henry 6:05.04c (6:08.65f) 2/	/10
	5 Kimberly BAKER	FR		_	2/10	10		Ja'llian PAIGE	FR	#12 Louisburg (N.C.) 6:08.80c (6:12.45f) 2/	/10
	6 Paula ORUSEDE	FR			1/27			Wo	ome	en's 3000 Meters	
5 6	3 Vegonia JEAN	SO			1/27	1	55	Rebecca TELLEZ	FR	#2 Hagerstown (Md 11:32.31 1/	/20
	BAPTISTE					2	71	Serena DOUGLAS	FR	#5 Essex County (N. 12:05.72	1/5
6 8	10 Kahliyah SMITH	SO	#1 Monroe-New Ro(4	1:03.10	2/2			Ja'llian PAIGE			/10
7 9	5 Sophia OUTHOUS	FR	#11 Spartanburg Met	1:05.08c (1:05.94f)	1/21	4	84	Vivian O'LOUGHLIN			2/3
8 9	9 Nasjai WHITE	FR	#15 Lake-Sumter Sta	1:05.18	1/20	5	87	Lea REIMER	FR		/19
9 1	00 Demaris SOTO	FR	#15 Lake-Sumter Sta{2	1:05.21	1/27	6	90	Maggie THOMPSON	so		/10
10	Kiliyah TAYLOR	FR	#7 Marion Military I	1:05.86cu/1:07.21u)	1/27			Averi VANCE	FR		2/2
								Clare WOODRING	FR	#2 Hagerstown (Md{3}13:09.04c/13:15.80f) 1/	/14
						9	96	Manar ELNOOR	FR	#10 Queensborough 14:16.07 1/	/12

2 16 Michaela CARNEY

3 24 Amber PIERSMA

4 31 Rylie BLUSH

FR #2 Hagerstown (Md{2}3.05m

FR #4 Mohawk Valley (2.70m

FR #4 Mohawk Valley ({2}2.25m

WOMEN — 2024 Week #4, February 12

Regional TFRI Event Summary



								tlantic as of 2/14/2024 8:11:52						8:11:52 <i>F</i>	AM ET
			ome	n's 5000 Meters						W	om.	en's Long Jump			
1	28	Rebecca TELLEZ		#2 Hagerstown (Md			2/10	1	2			#3 Richard Bland (V	5.96m	<i>19-6¾</i>	12/1
2 4	48	Maggie THOMPSON	so	#2 Hagerstown (Md{2	}23:45.01		1/27	2	11	Akira HAMILTON	FR	#3 Richard Bland (V{2)	}5.60m	18-41/2	1/19
3 4	49	Clare WOODRING	FR	#2 Hagerstown (Md{3	}23:54.53	3	1/27	3	16	Djior DELISSER	SO	#1 Monroe-New Roc	5.54m	18-21/4	1/19
		Wo	ome	en's 4x400 Relay	,			4	38	Laura MATHEWS	SR	#9 Thaddeus Stevei	5.20m	17-3/4	12/9
1	8	#Type!		#1 Monroe-New Roc			2/11	5	39	Ciarra MOORE	FR	#3 Richard Bland (V{3)	}5.18m	17-0	12/1
2 :	25	Kimberly Baker,		#5 Essex County (N.	4:14.940	(4:18.32f)	1/20	6	49	Katelyn GRIFFIN	FR	#3 Richard Bland (V{4)	}4.95m	16-3	1/20
		Kiana Casimir,						7	63	Akayla PICKERSGILL	SO	#1 Monroe-New Ro(2)	4.73m	<i>15-61</i> / ₄	1/19
		Serena Douglas, Ashia Martin						8	79	Jennifer ASUEN	FR	#13 Roxbury CC	4.47m	14-8	12/10
2 .	22	Rebecca Tellez,		#2 Hagerstown (Md	4.46.024	(4:49.81f)	1/14	9	85	Juliette VENTURA	FR	#8 Finger Lakes (N.)	4.22m	13-101/4	1/20
Э.	33	Maggie Thompson,		"" I lager stown (Md	4.40.020	. (1.13.011)	1/14	10	92	Abigale DUNLAVEY	FR	#6 Hudson Valley (N	3.92m	12-101/2	2/10
		Morgan Jarrell, Arial								W	ome	n's Triple Jump			
		Crawford				_		1	3	Alyssa DYETT	SO	#1 Monroe-New Roc	11.98m	<i>39-3¾</i>	2/10
4	35	Jakiyia Sealey, Tiana Jones, Sipriana Hill,		#7 Marion Military I	4:52.10		2/10	2	15	Ciarra MOORE	FR	#3 Richard Bland (V	11.05m	36-3	1/19
		Kiliyah Taylor						3	23	Erin SMITH	FR	#3 Richard Bland (V{2)	10.65m	34-111/4	1/19
5	36	Julianne Cossin,		#10 Queensborough	5:11.64		2/2	4	25	Aidan FAITH	FR	#2 Hagerstown (Md	10.32m	33-101/4	1/20
		Kayla Hernandez,					,				Won	nen's Shot Put			
		Manar Elnoor, Ange						1	21	Haniyyah JOHNSON	SO	#3 Richard Bland (V	11.97m	39-31/4	1/20
		Compere						2	33	Rahmat SHOWA	SO	#1 Monroe-New Roc	11.03m	36-21/4	2/2
			ome	n's 4x800 Relay	_			3	39	Raina MASSEY	FR	#7 Marion Military I	10.80m	35-51/4	2/10
1	5	Rebecca Tellez, Morgan Jarrell,		#2 Hagerstown (Md	11:00.59	c(11:08.20f)	1/14	4	51	. Aliyah WILLIAMS	SO	#7 Marion Military I(2)	10.27m	33-81/2	2/10
		Maggie Thompson,						5	71	. Iamies HASSAN	FR	#6 Hudson Valley (N	9.17m	30-1	2/10
		Arial Crawford						6	73	Mariella SEBASTIAN	SO	#7 Marion Military I (3)	9.15m	30-1/4	1/14
		Women	's D	istance Medley I	Relay			7	75	Laura MATHEWS	SR	#9 Thaddeus Stevei	9.06m	<i>29-8¾</i>	12/9
1	15	Morgan Jarrell,		#2 Hagerstown (Md	13:42.03	3	2/3	8	81	. Phallon RIVERA	FR	#8 Finger Lakes (N.)	8.88m	<i>29-1¾</i>	1/20
		Michaela Carney,						9	91	. Siri SORENSON	FR	#6 Hudson Valley (N(2)	8.30m	<i>27-2¾</i>	1/27
		Arial Crawford, Rebecca Tellez						10	97	Prayz'ah BRUMFIELD	FR	#4 Mohawk Valley (8.09m	<i>26-61</i> / ₂	2/3
2	20	Julianne Cossin, Ange		#10 Queensborough	17:42.00)	1/12			Wo	mei	n's Weight Throw	V		
2		Compere, Kayla		"10 Queensborough	11.42.00		1/12	1	49	Rahmat SHOWA	SO	#1 Monroe-New Roo	11.60m	38-3/4	2/10
		Hernandez, Manar						2	54	Agnessa LYSENKO	FR	#13 Roxbury CC	11.29m	37-1/2	12/10
		Elnoor						3	86	Cheryl BIELBY	SO	# <mark>4</mark> Mohawk Valley (7.18m	<i>23-6¾</i>	2/3
		W	om	en's High Jump				4	88	Cailynn PATTERSON	FR	#4 Mohawk Valley ({2}	6.85m	<i>22-5¾</i>	2/3
1	1	Gabrielle COOK	FR	#2 Hagerstown (Md	1.77m	<i>5-9¾</i>	1/20	5	89	Prayz'ah BRUMFIELD	FR	#4 Mohawk Valley ({3	6.13m	20-11/2	2/3
2	17	Aidan FAITH	FR	#2 Hagerstown (Md{2	}1.60m	5-3	2/10	6	90	Shaquinta WHEATLEY	FR	#6 Hudson Valley (N	5.15m	<i>16-10¾</i>	1/27
		Kimmley JOHNSON		#18 Denmark Tech (§	1.50m	4-11	1/13	7	91	. Jessica SLINGERLAND	FR	#6 Hudson Valley (N{2)	4.79m	<i>15-8¾</i>	1/27
4	54	Amber PIERSMA		# <mark>4</mark> Mohawk Valley (1.37m	4-6	2/10			W	ome	en's Pentathlon			
		Laura MATHEWS		#9 Thaddeus Stevei		4-51/2	12/9	1	6	Laura MATHEWS	_	#9 Thaddeus Stevei	2,996		12/9
6	57	Juliette VENTURA	FR	#8 Finger Lakes (N.)	1.34m	4-43/4	2/3	2	25	Juliette VENTURA	FR	#8 Finger Lakes (N.)	1,675		2/3
		N	/om	en's Pole Vault											
1	7	Mikaila EK	SO	#2 Hagerstown (Md	3.37m	11-3/4	2/3								
_															

1/14

1/27

1/27



9 **28** Serenity JACKSON

10 32 Ala' Jah BROOKS

SO #13 Pratt (Kan.) CC

FR #6 Butler (Kan.) CC {2}58.43

USTFCCCA NJCAA Indoor Track & Field

Regional TFRI Event Summary



						Cen	itra	al			as of 2/14/2024 8:11:52 A	AM ET
	И	on'	nen's 60 Meters						W	'om	en's 600 Meters	
1 2 Ke	eliza SMITH			7.44		2/10	1	5	Rafiatu NUHU	FR		1/27
2 5 Ka	yveonna JACKSON			7.53		1/13	2	6	Mercy ANGAAMCHAAB	FR	#1 Cloud County (K{2}1:36.35	2/3
	aria UMOIBANG	SO	#2 Barton (Kan.) CC{2	}7.56c	(7.54A)	1/13	3	8	Shone WALTERS	FR		2/3
4 11 Ch	loe PERRYMAN	FR	#2 Barton (Kan.) CC{3	}7.63		1/20	4	11	Nontokozo NCUBE	FR	#1 Cloud County (K{3}1:37.79	1/20
5 15 Ch	naniqua TONGE	so	#4 Fort Scott (Kan.)	7.68		1/12	5	19	Keniya DEXTER	FR	#6 Butler (Kan.) CC 1:39.88c (1:41.10f)	1/11
6 17 An	nita AFRIFA	FR	#7 Colby (Kan.) CC	7.69		2/3	6	20	Kialia CLAIBORNE	FR	#2 Barton (Kan.) CC{2}1:39.99	2/3
	anteria ASHINGTON	FR	#11 Highland (Kan.)(7.72		2/3	7		Isabella KUPKA Emmanuella SQUIRE	SO FR	#3 Cowley (Kan.) 1:40.07 #4 Fort Scott (Kan.) 1:40.73 OT	1/13 1/20
7 18 Jal	lia BUNN	SO	#10 Coffeyville (Kan.	7.72		2/3	9		Raynisha NARCISSE	FR		2/3
9 27 Ra	ifiatu NUHU	FR	#1 Cloud County (Ka	7.76		1/27			Aliyaha HERON		#4 Fort Scott (Kan.){2}1:43.11 OT	1/20
10 29 Ro	yanah FARMER	FR	#10 Coffeyville (Kan.{2	7.78		2/10	10				en's 800 Meters	1/20
	Wom	en	s 60 Meter Hurdl	es			1	3	Sanae HASSNAOUI	FR		1/27
1 2 Ka	ny-Lagay CLARKE		#2 Barton (Kan.) CC			2/10	2	9	Nontokozo NCUBE	FR	· · ·	2/10
	nenessa DAVIS	FR				1/27	3	10		FR		2/10
	ylee JAMES	SO	#5 Hutchinson (Kan	8.99		2/3	4		Mercy ANGAAMCHAAB			2/10
	ia COUTO		#2 Barton (Kan.) CC{2		(9.04A)	1/13	5		Star MPAMA	SO	#6 Butler (Kan.) CC 2:16.53	2/10
5 26 Dia	aMonae THOMAS	FR	#11 Highland (Kan.) (9.17		1/27			Tara BERT	so	#7 Colby (Kan.) CC 2:18.03	2/3
6 27 Lin	nya GEDEON	FR	#10 Coffeyville (Kan.	9.19		2/10			Shone WALTERS	FR	#2 Barton (Kan.) CC{2}2:18.42c (2:19.19A	
7 43 Co	ordaelia WILLIAMS	FR	#1 Cloud County (K{2	9.72		2/3			Ann BADAWI	so	#7 Colby (Kan.) CC {2}2:18.76	2/10
8 44 Wi	idlife VERMILUS	FR	#2 Barton (Kan.) CC{3		(9.76A)	1/13	9		Keniya DEXTER	FR	#6 Butler (Kan.) CC {2}2:20.60	2/10
9 45 Ma	adelyn HERNANDEZ	so	#5 Hutchinson (Kan{2	} 9.84		1/20			Taylor HOSKINSON	so		1/27
10 49 Laı	ndrea SEARS	SO	#12 Neosho County (9.96		1/27	10				en's 1000 Meters	1/21
	W	om	en's 200 Meters				1	1	N Vanee ANCHIKE	FR		1/27
1 3 Ke	eliza SMITH		#2 Barton (Kan.) CC	24.05		2/10	2	2	Sanae HASSNAOUI	FR		
2 12 An	nita AFRIFA	FR	#7 Colby (Kan.) CC	24.51		2/3	3		Mercy ANGAAMCHAAB			
3 15 Ch	naniqua TONGE	SO	#4 Fort Scott (Kan.)	24.61 01	г	1/20			Nontokozo NCUBE	FR		
4 19 Jal	lia BUNN	so	#10 Coffeyville (Kan.	24.68		2/3	5		Jaelyn RUMBACK	FR		
5 20 Ra	ifiatu NUHU	FR	#1 Cloud County (Ka	24.69		2/3	6		Samantha PRESAS		#11 Highland (Kan.) (3:25.29c (3:27.53f)	
6 22 Iva	ana ODONKOR	FR	#4 Fort Scott (Kan.){2	}24.80		2/3	7		Annabel REYES		#11 Highland (Kan.) {2} 3:27.76c (3:30.02f)	
7 23 Ka	yveonna JACKSON	FR	#6 Butler (Kan.) CC	24.83		1/13			Joella MATHILDA	FR		
8 27 Ma	aria UMOIBANG	SO	#2 Barton (Kan.) CC{2	}25.12c	(25.05A)	1/13	9		Chloe INSKEEP		#5 Hutchinson (Kan 3:41.51c (3:43.92f)	,
9 34 Ca	irly STERMER	FR	#2 Barton (Kan.) CC{3	}25.30c	(25.23A)	1/13			Natalia GUARDADO		#12 Neosho County (3:49.44c (3:51.94f)	
9 34 Da	nyjoniqe CATO	FR	#4 Fort Scott (Kan.){3	25.30		2/3	10		Tracaria Governo		'omen's Mile	=/=:
	W	om	en's 400 Meters				1	1	Sanae HASSNAOUI	_	#2 Barton (Kan.) CC 4:47.99	2/10
1 6 Ra	ifiatu NUHU		#1 Cloud County (Ka	55.91		2/3	2	4	N Vanee ANCHIKE	FR		2/3
	eliza SMITH		#2 Barton (Kan.) CC	55.98		1/20			Rosemary ARTHUR	FR		2/3
	ishanie WARNER	SO	#6 Butler (Kan.) CC	56.68 O1		1/27			Tara BERT	SO	#7 Colby (Kan.) CC {2}5:10.36	2/10
	ana ODONKOR	FR		56.85 01		1/20			Khloi BIRD	SO	#6 Butler (Kan.) CC 5:14.99	1/20
	anca GLEIM	FR	#9 Dodge City (Kan.	57.70		2/10			Ozia TRUJILLO	FR		2/10
6 25 No	ontokozo NCUBE	FR	#1 Cloud County (K-{2	57.81		2/3	7		Tavarie CAMPBELL		#3 Cowley (Kan.) 5:17.17 OT	2/10
7 26 Isa	abella KUPKA		#3 Cowley (Kan.)	58.04 O		2/10			Ann BADAWI	so	#7 Colby (Kan.) CC {3}5:17.17	2/3
8 27 Ch	nidinma	FR		58.10		2/3			Taylor HOSKINSON	so	#5 Hutchinson (Kan 5:18.30	2/10
NW	WACHUKWU		#12 D . 11 /14	F0.40		2/45			Brittannia WILLIS		#3 Cowley (Kan.) {2}5:26.22 OT	2/10

2/10

2/10



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as of 2/14/2024 8:11:52 AM ET

						Cen	itra	al
		Wo	ome	en's 3000 Meters				
1	7	Khloi BIRD	SO	#6 Butler (Kan.) CC	10:17.13	1/13	1	4
2	9	Rosemary ARTHUR	FR	#7 Colby (Kan.) CC	10:20.47	2/10		
3	10	Elizabeth TUXPAN HERNANDEZ	FR	#7 Colby (Kan.) CC {2]	10:22.35	1/20		
4	18	Dheniffer VAZ	SO	#3 Cowley (Kan.)	10:34.84	1/13	2	5
5	26	Ozia TRUJILLO	FR	#1 Cloud County (Ka	10:46.39	1/20	_	
6	34	Nonhlanhla MABUZA	SO	#7 Colby (Kan.) CC {3}	10:53.36	1/20		
7	38	Kayli MYERS	FR	#3 Cowley (Kan.) {2	11:04.72	2/3		
8	40	Norma RODRIGUEZ	SO	#9 Dodge City (Kan.	11:09.94	2/10	3	12
9	41	Leticia BELO	FR	#3 Cowley (Kan.) {3	11:11.28	1/13		
10	45	Alison UNRUH	FR	#6 Butler (Kan.) CC {2	11:13.83 OT	1/27		
		Wo	ome	n's 5000 Meters			4	14
1	5	N Vanee ANCHIKE	FR	#1 Cloud County (Ka	17:42.37	2/3		
2	6	Khloi BIRD	SO	#6 Butler (Kan.) CC	17:45.23 OT	1/27	5	15
3	10	Elizabeth TUXPAN HERNANDEZ	FR	#7 Colby (Kan.) CC	18:07.04	2/3	J	13
4	18	Kayli MYERS	FR	#3 Cowley (Kan.)	18:49.29 OT	2/10		
5	24	Jordyn PICOLET	FR	#5 Hutchinson (Kan	19:20.84 OT	1/27	6	16
6	25	Ozia TRUJILLO	FR	#1 Cloud County (K{2	19:21.19	2/3		
7	26	Norma RODRIGUEZ	SO	#9 Dodge City (Kan.	19:22.81 OT	1/20		
8	31	Lauren ADEN	SO	#5 Hutchinson (Kan{2	19:54.13 OT	1/27	7	18
9	32	Alison UNRUH	FR	#6 Butler (Kan.) CC {2	19:54.51	2/3	•	

10 33 Celeste SANSEGRAW FR #15 Mineral Area (Mo 20:09.25c/20:18.51f) 2/10

		Wome	en's 4x400 Relay		
1	4	Chidinma Nwachukwu, Nontokozo Ncube, Mercy Angaamchaab, Rafiatu Nuhu	#1 Cloud County (Ki	3:50.95	2/3
2	5	Keniya Dexter, Star Mpama, Ala' Jah Brooks, Trishanie Warner	#6 Butler (Kan.) CC	3:51.43	2/10
3	12	Dayjoniqe Cato, Emmanuella Squire, Jazz Dilworth, Ivana Odonkor	#4 Fort Scott (Kan.)	3:56.52	2/3
4	14	Linya Gedeon, Jalia Bunn, Dhakiya Blake, Royanah Farmer	#10 Coffeyville (Kan.	3:59.39 OT	2/10
5	15	J'Na Demming, Shanteria Washington, Alyana Wallace, Alexia Lewis	#11 Highland (Kan.) (4:04.37	2/10
6	16	Kaylee James, Nhubia Coney, Yaya Moreno, Kemisha Williams-Dominque	#5 Hutchinson (Kan	4:04.70	2/3
7	18	Serenity Jackson, Mikayla Henry, Naomi Vagher, Tasia Bell	#13 Pratt (Kan.) CC	4:07.70c (4:10.98f)	1/27
8	19	Joana Vakasobuduru, Vilorina Tuilawaki, Landrea Sears, Amy Styles	#12 Neosho County (4:09.20	2/10
9	20	Kialia Claiborne, Keliza Smith, Kay- Lagay Clarke, Sanae Hasnaoui	#2 Barton (Kan.) CC	4:10.56c (4:10.12A)	1/13
10	23	Rosemary Arthur, Ann Badawi, Tara Bert, Maissane Jouen	#7 Colby (Kan.) CC	4:11.75	2/3
		Wome	en's 4x800 Relay		
1	2	Nevaeh Carrizal, Ava Washington, Ivy Washington, Sarai Chavez	#9 Dodge City (Kan.	10:19.38 OT	1/20
2	6	Vilorina Tuilawaki, Landrea Sears, Mia Cruz, Natalia Guardado	#12 Neosho County (11:44.28 OT	1/20

USTFCCCA NJCAA Indoor Track & Field Regional TFRI Event Summary



							Cen	tra	al			as of 2/1	L4/2024	8:11:53 <i>F</i>	AM ET
		Women'	s D	istance Medley I	Relav					W	om	en's Long Jump			
1	1	Mercy Angaamchaab, Rafiatu Nuhu, Nontokozo Ncube, N Vanee Anchike		#1 Cloud County (K			2/10	1 2 3	4 5	Chloe PERRYMAN Jazmine WILLIAMSON Icey GREEN	FR SO SO	#2 Barton (Kan.) CC #2 Barton (Kan.) CC{2} #4 Fort Scott (Kan.)	5.77m 5.68m	19-4¾ 18-11¼ 18-7¾	1/13 2/10 1/20
2	8	Tavarie Campbell, Savannah Fischer, Kayli Myers, Brittannia Willis		#3 Cowley (Kan.)	12:47.09)	2/3	4 5 6 7	20	Kerrishma WILLIAMS Genesis BAUTISTA Chaniqua TONGE Kay-Lagay CLARKE	so so so			18-2½ 18-1¾ 18-1	1/20 1/27 1/27 1/27
3	10	Ivy Washington, Bianca Gleim, Sarai Chavez, Ava Washington		#9 Dodge City (Kan.	12:56.50		2/10	8	24 26	Alexia LEWIS Kamerin CARTER Brooke HAWKINS		#11 Highland (Kan.) (#4 Fort Scott (Kan.){3}	5.42m 5.38m	17-9½ 17-8 17-5½	2/10 2/3 1/20
4	16	Maurine Rono, Jada Cooper, Maya White Eagle, Beverlyne Kiptarus		#8 Garden City (Kan	13:57.30	ОТ	2/10	1 2	5 8	Woods Brooke HAWKINS Icey GREEN	FR SO	,	11.80m 11.57m	38-8 ³ / ₄ 37-11 ¹ / ₂	1/20 1/27
5	19	Vilorina Tuilawaki, Amy Styles, Landrea Sears, Natalia Guardado		#12 Neosho County (14:43.27	•	2/3	3 4 5 6	13	Kay-Lagay CLARKE Shackala HENRY Genesis BAUTISTA Jazmine WILLIAMSON	s0 s0 s0	#1 Cloud County (K	11.40m	37-11½ 37-8¾ 37-5 35-9¼	1/20 2/10 2/3 1/20
		Wo	om	en's High Jump				7		Braela SARGENT		#4 Fort Scott (Kan.){2}			2/3
1	2	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC	1.75m	<i>5-8¾</i>	2/3			Liberty LIMON	so	#5 Hutchinson (Kan{2}		33-91/4	2/10
2	4	Shackala HENRY	SO	#1 Cloud County (Ka	1.71m	5-71/4	1/27	9		Yaya MORENO	FR	#5 Hutchinson (Kan{3}		32-9	1/27
3	9		FR	, , ,		5-5	2/3				Vor	nen's Shot Put			
4	11		FR	#5 Hutchinson (Kan		5-41/2	1/27	1	1	Treneese HAMILTON	SO	#2 Barton (Kan.) CC	15.33m	<i>50-31</i> ⁄ ₂	2/10
			SO	Cloud County (K:{3		5-21/2	1/27	2	5	Cierra GRAY	FR	#3 Cowley (Kan.)	13.89m	45-7	2/3
		_	SO	#2 Barton (Kan.) CC{2		5-13/4	1/27	3	7	Ivanilda SEMEDO	FR	#2 Barton (Kan.) CC{2}	13.78m	45-21/2	2/10
			FR			5-11/4	1/20	4	8	Beatriz FERREIRA	SO	#8 Garden City (Kar	13.76m	<i>45-1¾</i>	2/10
8			FR	#5 Hutchinson (Kan{2	-	<i>5-1 5-1</i>	2/3	5	9	Adrienne LOCKE-	FR	#1 Cloud County (Ka	13.13m	43-1	1/20
8			SO SO	#8 Garden City (Kan #5 Hutchinson (Kan{2		5-1 5-1	2/3 2/10			GARCIA		#0 = 1 = t = t==		10.02/	
8			FR	#1 Cloud County (K{4		5-1	1/20	-	10		SO	#8 Garden City (Kar{2}		42-23/4	2/10
	20			en's Pole Vault	J 1.33111	<u> </u>	1/20	7	13	Tamara THOMPSON Cedricka WILLIAMS	SO FR	#1 Cloud County (K{2}		41-5¾	1/20
1	3	_	so		3.60m	11-9¾	2/3	9		Emery MAY	FR	, , ,			1/20 1/11
2	5			#3 Cowley (Kan.)		11-13/4	1/20					#8 Garden City (Kar{3}			2/3
3	8			#5 Hutchinson (Kan		10-8	2/3	10	20			n's Weight Throw		00 074	2/3
3	8		FR			10-8	2/10	1	2	Treneese HAMILTON		#2 Barton (Kan.) CC		5503//	2/10
3	8			#1 Cloud County (K{2		10-8	2/10	2		Cedricka WILLIAMS		#2 Barton (Kan.) CC{2}			1/20
6				#3 Cowley (Kan.) {2	•	10-6	2/10	3	4	Beatriz FERREIRA	so	#8 Garden City (Kar			1/26
7			so	#5 Hutchinson (Kan{2	}3.10m	10-2	2/3	4	7	Mayce MCDONALD	FR		15.90m		1/27
8	22	Kaylen MILLS	SO	#3 Cowley (Kan.) {3	}2.75m	9-1/4	1/27	5	8	Adrienne LOCKE-		#1 Cloud County (Ka			2/10
9	29	Kaydence GIBSON	FR	#15 Mineral Area (Mo	2.40m	7-10½	1/27			GARCIA					,
9	29	Kira PHIPPS	FR	#14 State Fair (Mo.)	2.40m	7-10½	1/27	6	9	Tamara THOMPSON	SO	#1 Cloud County (K-{2}	15.36m	50-43/4	2/10
								7	10	Cloe KALANICK	so	#8 Garden City (Kar{2}	15.16m	49-9	1/26
								8	14	Ivanilda SEMEDO	FR	#2 Barton (Kan.) CC{3}	14.36m	47-11/2	1/13
								9	17	Ana MANOUSARIDIS	FR	#10 Coffeyville (Kan.	14.11m	46-31/2	2/10
								10	20	Bree ROWE	FR	#3 Cowley (Kan.) {2}	13.56m	44-6	1/20



WOMEN — 2024 Week #4, February 12

Regional TFRI Event Summary



Central

as of 2/14/2024 8:11:53 AM ET

		W	om	en's Pentathlon	
1	7	Icey GREEN	SO	#4 Fort Scott (Kan.) 2,985	2/3
2	12	Cordaelia WILLIAMS	FR	#1 Cloud County (Ki 2,819	1/27
3	13	Shackala HENRY	SO	#1 Cloud County (K{2}2,813	1/27
4	16	Mariem SOLTANI	SO	#1 Cloud County (K{3}2,600	1/27
5	17	Kerrishma WILLIAMS	SO	#8 Garden City (Kan 2,468	1/27
6	18	Joana VAKASOBUDURU	SO	#12 Neosho County (2,443	1/27
7	21	Jazz DILWORTH	FR	#4 Fort Scott (Kan.){2}2,351	2/3
8	22	Landrea SEARS	SO	#12 Neosho County ({2}2,335	1/27
9	23	Maya WHITE EAGLE	FR	#8 Garden City (Kar{2}2,193	2/3
10	24	Marcy MONELL	FR	#4 Fort Scott (Kan.){3}2,158	2/3

Regional TFRI Event Summary



						Mid	we	st			as of 2/	14/2024 8:11:53 A	M ET
		V	/om	ien's 60 Meters					И	/om	en's 600 Meters		
1	1	Oarabile TSHOSA		#2 Indian Hills (Iowa	7.41	12/2	1	9	Angeline ESTRADA		#1 lowa Western CC	1:37.65	1/27
2	7	Judith KOUMEDZINA	FR	#1 Iowa Western CC	7.56	1/20	2	15	Selket REID-EL	so	#2 Indian Hills (Iowa	1:38.73 OT	1/27
3	12	Kenyatta GRATE	FR	#2 Indian Hills (Iow{2	2}7.66	2/3	3	18	Amaree HAMILTON	so	#2 Indian Hills (Iow {2	1:39.42	2/10
3	12	Zekira SNOW	FR	#2 Indian Hills (Iow{2	<u>2</u> } 7.66	1/27	4	32	Natalie BOGDANOVA	FR	#3 Iowa Central CC	1:43.02 OT	1/27
3	12	Shanice COX	SO	#2 Indian Hills (Iow{2	2}7.66	1/27			KIRILOVA				
6	18	Moya MITCHELL	FR	#1 lowa Western CC{2	2} 7.72	1/27	5	36	Amber HOMAN	FR	#6 Hawkeye (Iowa)	1:43.91c (1:45.18f)	1/27
7	22	Destiny MITCHELL	FR	#2 Indian Hills (Iow{5	5}7.74	1/19	6	37	Dayvione BRIGGS	SO	#3 Iowa Central CC {2	}1:43.92 OT	2/10
7	22	Kourtlyn CANNON	SO	#2 Indian Hills (Iow{5	5}7.74	2/3	7	39	Taja CONLEY	FR	#9 North Iowa Area	1:44.83 OT	2/10
9	33	Patrycja KARPIESIUK	SO	#10 DuPage (Ill.)	7.80	2/2	8		Arianna PEDRIN	FR	,	1:44.84c (1:46.12f)	1/27
10	36	Jade ARRINGTON		#17 Bryant & Stratto	7.83	12/1	9		Cassidy YALEY	SO	#7 Southeastern (Io{2		1/27
10	36	Tina SAMSON	FR	#3 Iowa Central CC	7.83	1/27	10	48	Carissa MACKEY	SO	#7 Southeastern (Io{3	}1:46.72c (1:48.02f)	12/8
		Wom	en'	s 60 Meter Hurd	les						en's 800 Meters		
1	5	Dymonde NAVE	FR	#2 Indian Hills (Iowa	8.79	1/20	1		Lilly ALBERTS		#4 Harper (Ill.)	2:07.81 OT	2/10
2	7	Hailey MARTIN	FR	#1 lowa Western CC	8.82	2/10			Angeline ESTRADA	FR		2:16.30	2/10
3	9	Tanique TAYLOR	FR	#1 lowa Western CC{2	2}8.84	1/27	3		Selket REID-EL		#2 Indian Hills (Iow		2/3
4	12	Calleisha CHANCE	SO	#1 lowa Western CC{3	_	1/20	4		Amaree HAMILTON	SO	, ,	_	2/10
5		Dayvione BRIGGS	SO	#3 Iowa Central CC		2/10	5	32	Natalie BOGDANOVA KIRILOVA	FR	#3 Iowa Central CC	2:21.74 OT	1/27
6	24	Veronica ANDRUSYSHYN	FR	#1 lowa Western CC{4	1}9.15	1/20	6	35	Emilly SILVA	FR	#5 Vincennes (Ind.)	2:22.57 OT	2/10
7	20	Abigail FREY	SO	#3 Iowa Central CC {2)l o 27	2/3	7		Amber HOMAN	FR		2:24.33c (2:25.99f)	2/10
8		Arriana JOHNSON	FR			1/27			Cassidy YALEY	so	#7 Southeastern (Io	2:25.78 OT	2/3
9		Myasia MATTHEWS	SO	#8 Cuyahoga (Ohio)		2/3			Grace WESSEL	FR	#13 St. Clair County (2:27.08 OT	1/27
		Tina SAMSON		#3 Iowa Central CC {3		1/27	10	57	Arianna PEDRIN	FR	#7 Southeastern (Io{2)	}2:27.36 OT	2/3
				en's 200 Meters	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				W	ome	en's 1000 Meters		
1	2	Oarabile TSHOSA	_	#2 Indian Hills (Iowa	24.00 OT	12/9	1	13	Angeline ESTRADA	FR	#1 lowa Western CC	3:07.68 OT	1/20
2		Kaylia KELLY		#1 lowa Western CC	24.20	2/10	2	16	Natalie BOGDANOVA	FR	#3 Iowa Central CC	3:08.59c (3:10.64f)	2/3
3	9	Shanice COX	SO	#2 Indian Hills (Iow{2	2}24.46	2/10			KIRILOVA		_		
4	10	Judith KOUMEDZINA	FR	#1 Iowa Western CC{2	2}24.47	2/10			Emilly SILVA	FR		3:08.86c (3:10.92f)	2/3
5	16	Nyla NORMAN	FR	#2 Indian Hills (Iow{3	3}24.65	2/10			Amber HOMAN		#6 Hawkeye (Iowa)	3:08.93c (3:10.99f)	1/26
6	17	Kenyatta GRATE	FR	#2 Indian Hills (Iow{4	l} 24.66	2/10			Sien VAN VUUREN	FR		•	1/20
7	18	Ethel AMISSAH	SO	#1 lowa Western CC{3	B} 24.67	1/27			Aisha RAMONE	SO	#7 Southeastern (Io		1/27
8	27	Zaniya KING	SO	#2 Indian Hills (Iow{5	5} 25.12	2/10			Lauren PIERSON	SO	•		1/20
9	29	Moya MITCHELL	FR	#1 Iowa Western CC{4	l} 25.17	1/27			Ayianna OLIVAS		#1 lowa Western CC[4		1/20
10	30	Laurie LOUIS	FR	#2 Indian Hills (Iow{6	5} 25.21 OT	1/19			Selket REID-EL Kierra FLEGEL		#2 Indian Hills (Iowa #11 Muskegon (Mich.	3:14.85 OT 3:22.17c (3:24.37f)	2/3 2/2
		W	om.	en's 400 Meters			10	42	RIGHTAT LEGEL			3.22.110 (3.24.311)	2/2
1	2	Ethel AMISSAH	SO	#1 Iowa Western CC	54.86	2/10			Lilly ALDEDTS		omen's Mile	F-02 04- /F:05 02f	2/2
2	12	Kaylia KELLY	FR	#1 lowa Western CC{2	2} 56.44	1/27	1		Lilly ALBERTS Sien VAN VUUREN	FR	#4 Harper (Ill.) #1 Iowa Western CC	5:02.94c (5:05.93f)	2/2
3	20	Nyla NORMAN	FR	#2 Indian Hills (Iowa	57.37	2/10			Barbara NEIVA		#1 lowa Western CC{2	_	2/10 2/3
4		Laurie LOUIS		#2 Indian Hills (Iow{2		2/10			Angeline ESTRADA	FR			2/3
5		Kenyatta GRATE	FR	#2 Indian Hills (Iow {	B}1:00.39 OT	1/19			Ayianna OLIVAS		#1 lowa Western CC{4		1/27
6		Tenisha HERBERT	FR	#9 North Iowa Area	1:00.54 OT	2/10			Grace WESSEL		#13 St. Clair County (*	1/27
7		Jacarla BLACK	FR	#8 Cuyahoga (Ohio)	1:00.84 OT	2/3			Lauren PIERSON	so		_	2/10
8		Shanice COX	SO			2/3			Emilly SILVA		#5 Vincennes (Ind.)		1/13
9	72	Natalie BOGDANOVA KIRILOVA	FR	#3 Iowa Central CC	1:02.37c (1:03.19f)	2/3			Adi FULLER		#5 Vincennes (Ind.) {2		1/27
10	73	Araxi BOGHOSSIAN	SO	#4 Harper (Ill.)	1:02.60 OT	2/10	10	58	Kayla MCINTYRE	SO	#13 St. Clair County ({2	}5:35.30 OT	1/27



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				Midwest as of 2/14/2024 8:1						8:11:53	AM ET
	We	omen's 3000 Meters	:				Wome	en's 4x800 Relay	,		
	Barbara NEIVA Nora BRADY Ayianna OLIVAS	FR #1 Iowa Western CC #12 Heartland (Ill.) C FR #1 Iowa Western CC{2	10:07.57 10:11.77c <i>(10:17.01f)</i> 2}10:26.22 OT	2/3	1	3 Nicole Schaefer, Landry McCoid, Raylene Williams, Joan Jepngetich		#3 Iowa Central CC	10:36.2	5 ОТ	2/10
5 32 6 43	Addysen CLARK Lauren PIERSON Isabela WOJCIEKOWSKI Claudia	SO #12 Heartland (Ill.) C{2 SO #1 lowa Western CC{3 FR #4 Harper (Ill.)	_	1/27 2/10	1	Sien Van Vuuren, Moya Mitchell, Angeline Estrada,		istance Medley #1 lowa Western CC		5 ОТ	2/3
8 51 9 58	WOJCIEKOWSKI Carmen SOLIS Mary KAMINSKI Skyila SHURYAN	FR #10 DuPage (Ill.) SO #13 St. Clair County (FR #9 North Iowa Area	11:25.92c/11:31.80f) 11:35.32 OT 12:11.05c/12:17.31f)	1/26 1/27	3	Ayianna Olivas 11 #Type! 12 Cassidy Yaley, Ca Mackey, Arianna Pedrin, Aisha Ran		#5 Vincennes (Ind.) #7 Southeastern (Io	12:56.84 12:58.14		2/10 2/3
1 9	-	omen's 5000 Meters FR #1 lowa Western CC FR #8 Cuyahoga (Ohio)		2/3	4	18 Cloey Usher, Taja Conley, Skyila Shuryan, Juliana	Droll	#9 North Iowa Area	14:16.23	з от	2/10
1 6	CUNNINGHAM	omen's 4x400 Relay	,	1/20	1 2	6 Calleisha CHANCI 17 Kamdyn STANLEY	E SO	#1 lowa Western CC{	1.70m 2}1.60m	5-7 5-3	1/20 1/6
	Mitchell, Kaylia Kelly, Glory Okon Laurie Louis, Nyla	#2 Indian Hills (Iowa		1/20	3	20 Destiny MITCHEL20 Arriana JOHNSON20 Tina SAMSON	N FR	#2 Indian Hills (Iowa #2 Indian Hills (Iowa #3 Iowa Central CC	1.57m 1.57m 1.57m	5-1 ³ / ₄ 5-1 ³ / ₄ 5-1 ³ / ₄	1/27 1/20 1/27
	Norman, Shanice Cox, Kenyatta Grate Nicole Schaefer, Tina	#3 lowa Central CC	3:58.17 OT	2/10	7	26 Jillian HULSING41 Melanie REID41 Steffanie MCGUFI	FR	#14 Sauk Valley (Ill.) #7 Southeastern (Io #11 Muskegon (Mich.)	1.55m 1.46m 1.46m	5-1 4-9½ 4-9½	1/27 12/8 1/27
4 17	Samson, Abigail Frey, Dayvione Briggs Araxi Boghossian, Svetlozara Uvakova,	#4 Harper (III.)	4:07.08 OT	2/10	10	48 Brooklyn STUCKE50 Tasha WILLIAMS50 Kasey LEDINSKY	FR FR	#15 Joliet (Ill.) JC #6 Hawkeye (Iowa) #4 Harper (Ill.)	1.41m 1.40m	4-7½ 4-7 4-7	2/10 2/10 2/2
5 28	Perla Vargas, Lilly Alberts Madelyn Buck, Aisha	#7 Southeastern (Io	4:19.70c (4:23.14f)	1/27		50 Madison STECKLI	ER FR	#1 lowa Western CC{ nen's Pole Vault		4-7	2/3
	Ramone, Arianna Pedrin, Cassidy Yaley Kendall See, Kallie	#6 Hawkeye (Iowa)	4:22.21c (4:25.69f)	1/27	2	SALVI	FR	#5 Vincennes (Ind.) #8 Cuyahoga (Ohio)		13-21/4	2/9 2/10
	Mincks, Amber Homan, Tasha Williams			ŕ	3	Julia DO AMARAL SALVIPatrycja KARPIES		#5 Vincennes (Ind.) {	2}3.38m 3.17m	11-1 10-4 ³ / ₄	1/27 2/2
7 30	Taja Conley, Tenisha Herbert, Emily Usher, Mady Welbes	#9 North Iowa Area	4:22.66c (4:26.14f)	1/26		22 Lily WINTERGERS26 Lucia SANCHEZ SCRIVEN		#4 Harper (Ill.) #4 Harper (Ill.) {	2.75m 2}2.57m	9-½ 8-5½	1/20 2/2
8 31	Regan Furmankiewicz, Meg Sukley, Adrienne Karpen, Kayla Williams	#15 Joliet (Ill.) JC	4:33.96c (4:37.59f)	2/2	1	27 Baylee HORNER 1 Tina SAMSON	Wom	#1 lowa Western CC en's Long Jump #3 lowa Central CC #1 lowa Western CC	5.99m	8-3½ 19-8	2/3 1/20
9 32	Carmen Solis, Ellie Logsdon, Molly Morris, Patrycja Karpiesiuk	#10 DuPage (Ill.)	4:35.42c (<i>4:39.07f</i>)	2/2	235	5 Sakina UMAR9 Calleisha CHANCI9 Zekira SNOW25 Mercy HONESTY	FR SO FR FR	#1 Iowa Western CC{: #2 Indian Hills (Iowa	2}5.64m 5.64m	18-7¾ 18-6 18-6 17-9	1/27 1/13 12/9 1/27
10 34	Emilly Silva, Adi Fuller, Jasmyn Self, Grayson Haynes	#5 Vincennes (Ind.)	4:51.44c (4:55.30f)	1/20		31 Jayla BROWN35 Zakiya PORTER44 Julia HEAD	SO SO FR	#2 Indian Hills (Iow:{	2} 5.27m	17-51/4 17-31/2 16-81/2	1/27 2/3 1/27
					9	45 Kamdyn STANLEY52 Kourtlyn CANNON		#1 Iowa Western CC{ #2 Indian Hills (Iow.{		16-8 16-1	2/10 1/19



Regional TFRI Event Summary



Midwest

as of 2/14/2024 8:11:53 AM ET

L							
		W	ome	en's Triple Jum	מ		
1	1	Mercy HONESTY	FR	#1 Iowa Western CC	12.44m	40-9¾	2/10
2	3	Jayla BROWN	SO	#1 Iowa Western CC	[2] 11.98m	<i>39-3¾</i>	2/10
3	9	Sakina UMAR	FR	#1 Iowa Western CC	[3] 11.56m	37-111/4	2/10
4	14	Tina SAMSON	FR	#3 Iowa Central CC	11.32m	<i>37-1¾</i>	2/10
5	27	Natalia POCICA	FR	#4 Harper (Ill.)	10.01m	32-101/4	1/20
6	29	Lily WINTERGERST	SO	#4 Harper (Ill.)	[2} 9.95m	32-73/4	2/10
6	29	Tenisha HERBERT	FR	#9 North Iowa Area	9.95m	32-7¾	1/26
8	31	Emilie MIHOV	FR	#4 Harper (Ill.) {	[3] 9.43m	30-111/4	2/2
9	32	Tessa BLEERS	SO	#10 DuPage (Ill.)	9.37m	30-9	1/26
10	33	Graycee	FR	#14 Sauk Valley (Ill.)	9.06m	<i>29-8¾</i>	1/27
		FUNDERBURG					
			Nor	nen's Shot Put			
1	3	Sarai SIMPSON	FR	#1 Iowa Western CC	14.45m	47-5	2/10
2	6	Chin-Loy RAYMOND	FR	#1 lowa Western CC	[2] 13.85m	45-51/4	2/10
3	11	Abby BARTZ	SO	#6 Hawkeye (Iowa)	12.74m	41-9¾	1/26
4		Natalie ALBERT	SO	#1 lowa Western CC	[3] 12.54m	41-13/4	1/20
5	23	Madison DAVIS	SO	#5 Vincennes (Ind.)	11.80m	38-8¾	2/10
6	30	Rowland KIRTON- BROWNE	FR	#3 Iowa Central CC	11.15m	36-7	2/3
7	35	Zuriya ROBINSON	FR	#3 Iowa Central CC	[2] 11.00m	36-11/4	1/27
8	40	Aliyah HENRY	FR	#3 Iowa Central CC	[3] 10.77m	35-4	2/3
9	43	Sara DIEW	SO	#3 Iowa Central CC	[4] 10.67m	35-1/4	1/27
10	46	Tina SAMSON	FR	#3 Iowa Central CC	[5] 10.57m	34-81/4	1/27
		Wo	me	n's Weight Thro	W		
1	5	Natalie ALBERT	SO	#1 Iowa Western CC	16.27m	53-41/2	2/10
2	13	Abby BARTZ	SO	#6 Hawkeye (Iowa)	14.64m	48-1/2	1/19
3	15	Sara DIEW	SO	#3 Iowa Central CC	14.35m	47-1	2/10
3	15	Zuriya ROBINSON	FR	#3 Iowa Central CC	14.35m	47-1	1/27
5	19	Jaylynn KING	FR	#8 Cuyahoga (Ohio)	13.93m	45-81/2	2/10
6	21	Sarai SIMPSON	FR	#1 lowa Western CC	[2] 13.49m	44-31/4	2/3
7	28	Chloe LARSEN	SO	#1 lowa Western CC	[3] 12.94m	42-51/2	2/3
8	30	Kierra SCHMIEDING	SO	#1 lowa Western CC	[4] 12.74m	41-9¾	1/6
9	31	Rowland KIRTON- BROWNE	FR	#3 lowa Central CC {	[3] 12.59m	41-3¾	2/10
10	32	Aliyah HENRY	FR	#3 Iowa Central CC {	[4] 12.57m	41-3	2/10
		W	om	en's Pentathlor	1		
1	1	Tina SAMSON	FR	#3 Iowa Central CC	3,493		1/27
2	11	Arriana JOHNSON	FR	#2 Indian Hills (Iowa	2,823		1/20
3	20	Madison STECKLER	FR	#1 Iowa Western CC	2,388 OT		2/3





West

as of 2/14/2024 8:11:53 AM ET

			West 43 01 2/14/2024 0.11.33 NM E1						
l l	Women's 60 Meters			Women's 600 Meters					
1 3 La'Nica LOCKER	FR #10 Hinds (Miss.) CC 7.46	2/4	1 1 Rushana DWYER	SO #3 South Plains (Te: 1:34.30c (1:24.19A) 1/13					
2 4 Kamaria KNIGHT	FR #1 New Mexico JC 7.50c	(7.48A) 1/13	2 Grace KOMBETTO	FR #4 Central Arizona 1:35.02c (1:35.02A) 2/9					
3 5 Brandy HALL	SO #3 South Plains (Te: 7.53cw	(7.51A) (4.1) 2/2	3 Taylor JACOBS	SO #2 Mesa (Ariz.) CC 1:35.45c (1:35.45A) 2/9					
4 9 Sofia CARDOZO	SO #11 Paradise Valley (7.59	1/27	4 4 Jody ANN MITCHEL	L FR #1 New Mexico JC 1:35.57c (1:35.57A) 1/20					
5 10 Deshay TURNER	FR #2 Mesa (Ariz.) CC 7.61c	(7.59A) 2/9	5 7 Brianna SAMUELS	SO #4 Central Arizona {2}1:37.25 2/3					
6 18 Breanna CLARKE	SO #3 South Plains (Te:{2}7.72c	(7.70A) 1/13	6 10 Diane ONDOBO	SO #2 Mesa (Ariz.) CC {2}1:37.77 1/20					
7 24 Amari PRATT	FR #1 New Mexico JC {2}7.75c	(7.73A) 1/13	7 12 Lisanne	FR #1 New Mexico JC {2}1:37.97c (1:37.97A) 1/27					
8 28 Ruth AGADAMA	FR #3 South Plains (Te:{3}7.77c	(7.75A) 1/13	SCHAPENDONK						
9 36 Taliyah LINDSAY	SO #12 Meridian (Miss.) 7.83	1/20	8 13 T'Anna LIBURD	FR #4 Central Arizona {3}1:38.09c (1:38.09A) 2/9					
10 39 Odelia LEMONS	FR #2 Mesa (Ariz.) CC {2}7.84	1/27	9 14 Reanna CAMPBELL						
10 39 Sydney ROQUEBRUN	FR #3 South Plains (Te:{4}7.84c	(7.82A) 1/13	10 16 Ysanne PEART	FR #1 New Mexico JC {3}1:39.20c (1:39.20A) 1/27					
10 39 Zamirah PARKER	SO #2 Mesa (Ariz.) CC {2}7.84c	(7.82A) 2/9		Women's 800 Meters					
Won	nen's 60 Meter Hurdles		1 2 Privillege CHIKARA	SO #12 Meridian (Miss.) 2:08.81 OT 2/10					
1 3 Patience BOAHEMAA	SO #4 Central Arizona 8.73	2/3	2 5 Grace KOMBETTO	FR #4 Central Arizona 2:13.86c (2:14.61A) 2/9					
2 4 Maliah EDWARDS	FR #1 New Mexico JC 8.74c	(8.74A) 1/27	3 6 Jennaveve BINGHA	M FR #8 Southern Idaho 2:14.94c (2:15.64A) 2/3					
3 9 Lovina EWUSI	FR #9 Western Texas 8.84c	(8.84A) 2/10	4 11 Megan GARRETT	FR #13 Trinidad State (C 2:16.08 2/10					
4 11 Kalli HUSBAND	SO #10 Hinds (Miss.) CC 8.87	2/4	5 13 Jayne ELVIN	FR #1 New Mexico JC 2:16.32 2/2					
5 13 Larissa BLANCHARD	FR #5 Pima (Ariz.) CC 8.90	2/10	6 14 Jody ANN MITCHEL	L FR #1 New Mexico JC {2}2:16.36c (2:17.12A) 1/27					
6 14 T'kyla BENNETT	FR #10 Hinds (Miss.) CC {2}8.98	2/4	7 17 Rushana DWYER	SO #3 South Plains (Te: 2:17.95c (2:18.34A) 1/13					
7 16 Brieanna BOYCE	FR #9 Western Texas {2}9.00c	(9.00A) 2/10	8 18 Lisanne	FR #1 New Mexico JC {3}2:18.01c (2:18.78A) 1/20					
8 17 Leila BARMORE	SO #6 Glendale (Ariz.) (9.03	(0.1) 1/20	SCHAPENDONK						
9 20 Shackelia GREEN	SO #9 Western Texas {3}9.06	2/2	9 23 Jazmin ESTRADA	SO #11 Paradise Valley (2:19.63 2/10					
9 20 Mikelia STRONG	SO #4 Central Arizona {2}9.06	2/10	10 24 Maliyah ROSS	SO #2 Mesa (Ariz.) CC 2:19.72c (2:20.50A) 2/9					
3 20 1/11/10/10	30 "TCEIILI al Alizolia (2)3.00	2/10							
		2/10		Women's 1000 Meters					
	Vomen's 200 Meters SO #1 New Mexico JC 23.97c		1 3 Lisanne	Women's 1000 Meters FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10					
И	Vomen's 200 Meters	(23.90A) 1/20	1 3 Lisanne SCHAPENDONK	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10					
1 1 Lacarthea COOPER	Vomen's 200 Meters SO #1 New Mexico JC 23.97c	(23.90A) 1/20 (24.04A) 2/10	1 3 Lisanne SCHAPENDONK2 4 Lilliana GUERRERO	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13					
1 1 Lacarthea COOPER 2 4 Lovina EWUSI	Vomen's 200 Meters SO #1 New Mexico JC 23.97c FR #9 Western Texas 24.11c	(23.90A) 1/20	 1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10					
1 1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT	Vomen's 200 Meters SO #1 New Mexico JC 23.97c FR #9 Western Texas 24.11c FR #1 New Mexico JC {2}24.19	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10	 1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27					
1 1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON	Vomen's 200 Meters SO #1 New Mexico JC 23.97c FR #9 Western Texas 24.11c FR #1 New Mexico JC {2}24.19 SO #1 New Mexico JC {3}24.42c	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20	 Lisanne SCHAPENDONK Lilliana GUERRERO Jayne ELVIN Jazmin ESTRADA Vanessa GALLEGOS 	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10					
1 1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR	Vomen's 200 Meters SO #1 New Mexico JC 23.97c FR #9 Western Texas 24.11c FR #1 New Mexico JC {2}24.19 SO #1 New Mexico JC {3}24.42c SO #9 Western Texas {2}24.43c	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9	 Lisanne SCHAPENDONK Lilliana GUERRERO Jayne ELVIN Jazmin ESTRADA Vanessa GALLEGOS Jody ANN MITCHEL 	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 L FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13					
1 Lacarthea COOPER 2 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER	Vomen's 200 Meters SO #1 New Mexico JC 23.97c FR #9 Western Texas 24.11c FR #1 New Mexico JC {2}24.19 SO #1 New Mexico JC {3}24.42c SO #9 Western Texas {2}24.43c FR #2 Mesa (Ariz.) CC 24.49c	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 L FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20					
1 Lacarthea COOPER 2 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER 7 13 Brieanna BOYCE 7 13 La'Nica LOCKER	Vomen's 200 Meters SO #1 New Mexico JC 23.97c FR #9 Western Texas 24.11c FR #1 New Mexico JC {2}24.19 SO #1 New Mexico JC {3}24.42c SO #9 Western Texas {2}24.43c FR #2 Mesa (Ariz.) CC 24.49c FR #9 Western Texas {3}24.59c	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10 2/4	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS 8 14 Jaresa JACKSON	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 L FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20 SO #8 Southern Idaho 3:07.77 OT 1/20					
1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER 7 13 Brieanna BOYCE	Vomen's 200 Meters SO #1 New Mexico JC 23.97c FR #9 Western Texas 24.11c FR #1 New Mexico JC {2}24.19 SO #1 New Mexico JC {3}24.42c SO #9 Western Texas {2}24.43c FR #2 Mesa (Ariz.) CC 24.49c FR #9 Western Texas {3}24.59c FR #10 Hinds (Miss.) CC 24.59	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS 8 14 Jaresa JACKSON 9 15 Mackenzie	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 L FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20					
1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER 7 13 Brieanna BOYCE 7 13 La'Nica LOCKER 9 21 Taliyah LINDSAY 10 24 Nandy KIHUYU	#2 Mesa (Ariz.) CC 24.49c FR #9 Western Texas 22 4.41c FR #2 Mesa (Ariz.) CC 24.49c FR #9 Western Texas 43 24.59c FR #10 Hinds (Miss.) CC 24.74 FR #1 New Mexico JC (44) 24.87	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10 2/4	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS 8 14 Jaresa JACKSON	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 L FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20 SO #8 Southern Idaho 3:07.77 OT 1/20					
1 Lacarthea COOPER 2 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER 7 13 Brieanna BOYCE 7 13 La'Nica LOCKER 9 21 Taliyah LINDSAY 10 24 Nandy KIHUYU	#1 New Mexico JC 23.97c FR #9 Western Texas 24.11c FR #1 New Mexico JC {2}24.19 SO #1 New Mexico JC {3}24.42c SO #9 Western Texas {2}24.43c FR #2 Mesa (Ariz.) CC 24.49c FR #9 Western Texas {3}24.59c FR #10 Hinds (Miss.) CC 24.59 SO #12 Meridian (Miss.) 24.74 FR #1 New Mexico JC {4}24.87 Women's 400 Meters	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10 2/4 2/4 2/2	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS 8 14 Jaresa JACKSON 9 15 Mackenzie BETHANCOURT	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 LL FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20 SO #8 Southern Idaho 3:07.77 OT 1/20 FR #11 Paradise Valley ({2}3:08.25 1/27					
1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER 7 13 Brieanna BOYCE 7 13 La'Nica LOCKER 9 21 Taliyah LINDSAY 10 24 Nandy KIHUYU	#1 New Mexico JC 23.97c FR #9 Western Texas 24.11c FR #1 New Mexico JC {2}24.19 SO #1 New Mexico JC {3}24.42c SO #9 Western Texas {2}24.43c FR #2 Mesa (Ariz.) CC 24.49c FR #9 Western Texas {3}24.59c FR #10 Hinds (Miss.) CC 24.59 SO #12 Meridian (Miss.) 24.74 FR #1 New Mexico JC {4}24.87 Women's 400 Meters	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10 2/4 2/4 2/2 (54.04A) 1/13	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS 8 14 Jaresa JACKSON 9 15 Mackenzie BETHANCOURT 10 17 Daphne KAUSZ	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 L FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20 SO #8 Southern Idaho 3:07.77 OT 1/20 FR #11 Paradise Valley ({2}3:08.25 1/27 FR #1 New Mexico JC {5}3:08.70c (3:08.70A) 2/10 Women's Mile					
1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER 7 13 Brieanna BOYCE 7 13 La'Nica LOCKER 9 21 Taliyah LINDSAY 10 24 Nandy KIHUYU	#1 New Mexico JC 23.97C FR #9 Western Texas 24.11C FR #1 New Mexico JC {2}24.19 SO #1 New Mexico JC {3}24.42C SO #9 Western Texas {2}24.43C FR #2 Mesa (Ariz.) CC 24.49C FR #9 Western Texas {3}24.59C FR #10 Hinds (Miss.) CC 24.59 SO #12 Meridian (Miss.) C 24.74 FR #1 New Mexico JC {4}24.87 **Vomen's 400 Meters SO #1 New Mexico JC 54.15C	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10 2/4 2/4 2/2	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS 8 14 Jaresa JACKSON 9 15 Mackenzie BETHANCOURT 10 17 Daphne KAUSZ	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 L FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20 SO #8 Southern Idaho 3:07.77 OT 1/20 FR #11 Paradise Valley ({2}3:08.25 1/27 FR #1 New Mexico JC {5}3:08.70c (3:08.70A) 2/10 Women's Mile SO #12 Meridian (Miss.) 4:56.32 OT 2/10					
1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER 7 13 Brieanna BOYCE 7 13 La'Nica LOCKER 9 21 Taliyah LINDSAY 10 24 Nandy KIHUYU 1 Lacarthea COOPER 2 3 Dejona SIMPSON	## Western Texas	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10 2/4 2/4 2/2 (54.04A) 1/13 2/2 (55.61A) 1/27	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS 8 14 Jaresa JACKSON 9 15 Mackenzie BETHANCOURT 10 17 Daphne KAUSZ 1 2 Privillege CHIKARA 2 3 Elizabeth PHILLIPS	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 L FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20 SO #8 Southern Idaho 3:07.77 OT 1/20 FR #11 Paradise Valley ({2}3:08.25 1/27 FR #1 New Mexico JC {5}3:08.70c (3:08.70A) 2/10 Women's Mile SO #12 Meridian (Miss.) 4:56.32 OT 2/10 SO #8 Southern Idaho 4:56.45c (5:02.21A) 2/10					
1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER 7 13 Brieanna BOYCE 7 13 La'Nica LOCKER 9 21 Taliyah LINDSAY 10 24 Nandy KIHUYU 1 1 Lacarthea COOPER 2 3 Dejona SIMPSON 3 4 Nandy KIHUYU	#1 New Mexico JC 24.19 #2 Western Texas 24.11c #3 Western Texas 24.11c #4 New Mexico JC {2}24.19 #5 #1 New Mexico JC {3}24.42c #5 #2 Western Texas {2}24.43c #6 #2 Western Texas {3}24.59c #7 #9 Western Texas {3}24.59c #8 #10 Hinds (Miss.) CC 24.59 #8 #10 Hinds (Miss.) 24.74 #8 #1 New Mexico JC {4}24.87 #8 Women's 400 Meters #8 #1 New Mexico JC {2}55.21 #8 #1 New Mexico JC {3}55.72c	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10 2/4 2/4 2/2 (54.04A) 1/13 2/2 (55.61A) 1/27	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS 8 14 Jaresa JACKSON 9 15 Mackenzie BETHANCOURT 10 17 Daphne KAUSZ 1 2 Privillege CHIKARA 2 3 Elizabeth PHILLIPS 3 5 Emerald KEHR	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 LL FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20 SO #8 Southern Idaho 3:07.77 OT 1/20 FR #11 Paradise Valley ({2}3:08.25 1/27 FR #1 New Mexico JC {5}3:08.70c (3:08.70A) 2/10 Women's Mile SO #12 Meridian (Miss.) 4:56.32 OT 2/10 SO #8 Southern Idaho 4:56.45c (5:02.21A) 2/10 FR #7 Salt Lake (Utah) 4:58.55c (47:04.52A) 1/13					
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1 Lacarthea COOPER 2 4 Lovina EWUSI 3 5 Kamaria KNIGHT 4 7 Dejona SIMPSON 5 8 Grace OBOUR 6 11 Deshay TURNER 7 13 Brieanna BOYCE 7 13 La'Nica LOCKER 9 21 Taliyah LINDSAY 10 24 Nandy KIHUYU 1 1 Lacarthea COOPER 2 3 Dejona SIMPSON 3 4 Nandy KIHUYU 4 5 Rushana DWYER 5 7 Grace OBOUR 6 9 Lovina EWUSI 7 10 T'Anna LIBURD 8 11 Leticia QUINGOSTAS 9 14 Deshay TURNER	#2 Western Texas	(23.90A) 1/20 (24.04A) 2/10 2/2 (24.35A) 2/10 (24.36A) 1/20 (24.42A) 2/9 (24.52A) 2/10 2/4 2/4 2/2 (54.04A) 1/13 2/2 (55.61A) 1/27 (55.64A) 2/10 (55.85A) 1/13 2/2 (56.13A) 2/9 (56.28A) 2/10	1 3 Lisanne SCHAPENDONK 2 4 Lilliana GUERRERO 3 6 Jayne ELVIN 4 7 Jazmin ESTRADA 5 9 Vanessa GALLEGOS 6 10 Jody ANN MITCHEL 7 11 Taylor JACOBS 8 14 Jaresa JACKSON 9 15 Mackenzie BETHANCOURT 10 17 Daphne KAUSZ 1 2 Privillege CHIKARA 2 3 Elizabeth PHILLIPS 3 5 Emerald KEHR 4 6 Megan GARRETT 5 7 Lilian MATEO TORR 6 9 Jennaveve BINGHA 7 10 Jazmin ESTRADA	FR #1 New Mexico JC 2:59.11c (2:59.11A) 2/10 SO #3 South Plains (Te: 2:59.86c (2:59.86A) 1/13 FR #1 New Mexico JC {2}3:03.03c (3:03.03A) 2/10 SO #11 Paradise Valley (3:03.16 1/27 SO #1 New Mexico JC {3}3:04.01c (3:04.01A) 2/10 LL FR #1 New Mexico JC {4}3:05.04c (3:05.04A) 1/13 SO #2 Mesa (Ariz.) CC 3:05.67 1/20 FR #11 Paradise Valley ({2}3:08.25 1/27 FR #1 New Mexico JC {5}3:08.70c (3:08.70A) 2/10 Women's Mile SO #12 Meridian (Miss.) 4:56.32 OT 2/10 FR #7 Salt Lake (Utah) 4:58.55c (5:02.21A) 2/10 FR #13 Trinidad State (C 4:59.64 2/10 KEZ FR #3 Southern Idaho {2}5:05.15c (5:11.08A) 2/10 SO #11 Paradise Valley (5:06.70 OT 2/3 SO #7 Salt Lake (Utah) {2}5:07.03 OT 1/27					



10 14 Carolyne KIMAIYO

USTFCCCA NJCAA Indoor Track & Field

Regional TFRI Event Summary





as of 2/14/2024 8:11:53 AM ET

								_
						W	est	:
		Wo	ome	en's 3000 Meters				
1	1	Alliyah MOLINA	SO	#13 Trinidad State (C	9:52.37c (10:19.81fA	1/20	1	
2	2	Emerald KEHR	FR	#7 Salt Lake (Utah)	9:55.38 OT	1/27		
3	3	Lilian MATEO TORREZ	FR	#3 South Plains (Te:	9:57.24	1/27		
4	4	Elizabeth PHILLIPS	SO	#8 Southern Idaho	10:00.14c (10:14.35A)	2/3	2	
5	8	Jennaveve BINGHAM	FR	#8 Southern Idaho {2}:	10:20.03c (10:33.55A)	1/26	_	
6	11	Madelyn	FR	#8 Southern Idaho {3}:	10:23.95c/10:37.56 <mark>A)</mark>	2/10		
		CHRISTENSEN					3	
7	13	Abigail CASE	SO	#8 Southern Idaho {4}:	10:26.94c(10:40.61A)	1/26		
8	14	Keira DAMRON	FR	#11 Paradise Valley (10:29.23 OT	2/3		
9	15	Grace TIPTON	SO	#7 Salt Lake (Utah) {2}:	10:30.00c (<i>10:44.92A</i>)	2/3	4	
10	16	Kennedy SWAIN	SO	#7 Salt Lake (Utah) {3}	10:32.57c/ 07 46.81A)	1/13	5	١,
		Wo	ome	en's 5000 Meters			J	
1	1	Alliyah MOLINA	SO	#13 Trinidad State (C	16:51.48	2/10		
2	2	Lilian MATEO TORREZ	FR	#3 South Plains (Te: :	16:57.59c/17:11.16 <mark>A)</mark>	2/10		
3	3	Elizabeth PHILLIPS	SO	#8 Southern Idaho	17:03.31c/ <i>17:27.36A)</i>	2/10	6	1
4	4	Lindsie FAUSETT	FR	#7 Salt Lake (Utah)	17:32.11c (<i>17:58.93A</i>)	2/3		
5	7	Elayna LOVERIDGE	FR	#7 Salt Lake (Utah) {2}:	17:45.91 OT	1/27		
6	8	Kennedy SWAIN	SO	#7 Salt Lake (Utah) {3}:	17:47.12 OT	1/27	7	2
7	11	Molly JENSEN	so	#7 Salt Lake (Utah) {4}	18:08.42 OT	1/27		
8	12	Brielle LEE	FR	#7 Salt Lake (Utah) {5}:	18:12.42 OT	1/27		
9	13	Abigail CASE	so	#8 Southern Idaho {2}	18:21.47c (18:49.55A)	2/3	Q	-

SO #1 New Mexico JC

18:28.86

2/2

Santamaria, Taylor Gutierrez

		Wome	en's 4x400 Relay		
1	1	Nandy Kihuyu, Dejona Simpson, Kamaria Knight, Lacarthea Cooper	#1 New Mexico JC	3:40.05c (3:39.61A)	2/10
2	2	Brieanna Boyce, Asia Foster, Shackelia Green, Lovina Ewusi	#9 Western Texas	3:44.48c (3:44.04A)	2/10
3	3	Deshay Turner, Diane Ondobo, Reanna Campbell, Taylor Jacobs	#2 Mesa (Ariz.) CC	3:48.57c (3:48.13A)	2/9
4	7	#Type!	#10 Hinds (Miss.) CC	3:52.08	2/4
5	10	Leticia Quingostas, Safhia Hinds, Lilliana Guerrero, Rushana Dwyer	#3 South Plains (Te	3:54.22	1/27
6	11	Mikelia Strong, T'Anna Liburd, Grace Kombetto, Shakiah Phillip	#4 Central Arizona	3:56.50	1/27
7	21	Jennaveve Bingham, Jaresa Jackson, Sophia Burnett, Laynee Rowley	#8 Southern Idaho	4:10.77c (4:10.33A)	1/26
8	22	Rachael Bethancourt, McKinley L. Blanton, Mackenzie Bethancourt, Jazmin Estrada	#11 Paradise Valley (4:11.03	2/10
9	27	Naiomi Hereim, Tianna Mosley, Maylee Thompson, Tayler Crane	#5 Pima (Ariz.) CC	4:18.91	2/10
		Wome	en's 4x800 Relay		
1	1	#Type!	#7 Salt Lake (Utah)	9:45.25c Ø\$:45.25A)	1/13
2	4	Cruzita Avila, Logan Pevehouse, Ingrid	#14 Jacksonville (Te:	10:51.72 OT	1/20



USTFCCCA NJCAA Indoor Track & Field Regional TFRI Event Summary



					V	Vest	t			as of 2	2/14/2024 8	3:11:53 A	AM ET
	Women	ı's D	Distance Medley	Relay				V	Vom	ien's Pole Vault			
1 3	Vanessa Gallegos,		#1 New Mexico JC	12:17.59	2/2	1	4	Sarah NIPPER	FR	#2 Mesa (Ariz.) CC	3.41m	11-21/4	2/3
	Ysanne Peart, Jody Ann Mitchell, Lisanne					2	13	Raely PALMER	FR	#2 Mesa (Ariz.) CC {	2} 3.11m	10-21/2	2/3
	Schapendonk					2	13	Alexandra CAREY	FR	#6 Glendale (Ariz.) (3.11m	10-21/2	1/27
2 4	Lilliana Guerrero,		#3 South Plains (Te:	12:20.76	1/27	, 4	17	Celisa SCARBROUGH	FR	` ' '	2} 2.96m	9-81/2	2/10
	Leticia Quingostas,		_			4		Brianne ROBERTS	FR	• • • •	2.96m	9-81/2	2/3
	Rushana Dwyer, Lilian Mateo Torrez					4		Lauren ALLARD	FR			9-81/2	1/20
3 5			#8 Southern Idaho	12:35.23	c <i>(12:45.37<mark>A)</mark></i> 2/10		17	Giuliana SAPORITO SCHIESARO	FR	#3 South Plains (Te:	2.96MA	9-81/2	2/2
	Elizabeth Stanley,					8	21	Maryn TERRY	FR	#3 South Plains (Te	2} 2.81mA	9-21/2	2/2
	Sophia Burnett, Rozzlyn Cazier					9		Promise BENTLEY-	FR	_		8-83/4	1/27
4 6		#11 Paradise Valley (12:42.46 2/10		_		BROWN					
	McKinley Blanton,	"11 Farauise valley (10			28	Maylee THOMPSON	FR	#5 Pima (Ariz.) CC {	2} 2.51m	8-2¾	2/10	
	Mackenzie								om/	en's Long Jump			
	Bethancourt, Jazmin Estrada					1	7	Sydney ROQUEBRUN	FR	#3 South Plains (Te:	5.67m	18-71/4	2/10
5 7	_		#4 Central Arizona	12:42.57	2/3	2		Leila BARMORE	SO		5.66m		2/3
	Grace Kombetto,	001111111111111111111111111111111111111	12.12.01		3		Marisa HENNIX	FR	` '	5.60m	18-4½ (0.	,	
	T'Anna Liburd, Temyra Bia					4		Kavel RITCHIE	FR		5.56m	18-3	2/2
6 9			#7 Salt Lake (Utah)	12:50 02	c <i>(13:09.28fA</i> 1/20	5		Maliyah ROSS	SO	, ,	•	18-21/2	1/12
	Avery Jensen, Molly		Sate Lake (Stail)	12.30.02	C -010012011 1/20	6		Tianna MOSLEY Maylee THOMPSON	SO FR	· · · · ·	5.54m 5.54m		1/20
	Jensen, Grace Tipton							Ruth AGADAMA		#3 South Plains (Te:		18-1/4	1/20 1/27
7 1	3 Kendra Guest, Diane	#2 Mesa (Ariz.) CC	12:58.97 1/	1/2	9		Paula Ann CHAMBERS		#3 South Plains (Te.				
	Ondobo, Taylor Jacobs, Carmella					10		Patience BOAHEMAA		#4 Central Arizona	5.35m	17 1177	2/2
	Baldwin					10	21			en's Triple Jum			2/2
8 1	4 Linda Rivero, Tayler		#5 Pima (Ariz.) CC	13:04.72	2/10	1	2	Leila BARMORE	SO				2/10
	Crane, Alyssa Perez, Reatta Danoff					2		Tianna MOSLEY	so		11.74m	38-61/4 (0.	
9 1	7 Cassilyn Jaecks,		#15 Hill (Texas)	14:10.56	1/27	_		Kavel RITCHIE	FR		11.67m	38-31/2	2/10
J 1	Clarisse Yvette, Laila		"15TIM (Texas)	14.10.50	1/2	4		Marisa HENNIX	FR	#2 Mesa (Ariz.) CC	11.45mA	<i>37-6¾</i>	1/12
	Vasquez, Kimberly					5	16	Ashanti PATTON	FR	#12 Meridian (Miss.)	11.00m	36-11/4	2/10
	Mata					6	17	Bella HOFFMAN	FR	#5 Pima (Ariz.) CC {	2} 10.96m		2/10
			en's High Jump				18	Oyindamola	FR	#6 Glendale (Ariz.) ({	2} 10.95 m	35-111/4 (0).0 1/20
	Achol MAYWIN		#1 New Mexico JC	1.72mA				ADETUTU		_			
2 4	Leila BARMORE		#6 Glendale (Ariz.) (5-71/4 2/2			Roxy CHRISTENSEN		#5 Pima (Ariz.) CC {		35-8¾ (0.	
3 7		FR		1.67m	5-5 ³ / ₄ 1/20			Alexandra CAREY		#6 Glendale (Ariz.) ({		2.5.27//2	2/10
3 7 5 9	Kaelyn GIARRUSSO Daniel HINDS	FR			5-5% 2/10 5-5 1/13		24	Zamirah PARKER	SO		2} 10.43m	34-2¾ (0.	0) 1/20
	2 Abril OKON	SO FR			<u>'</u>					nen's Shot Put			
	2 Hannah HURLEY	FR			5-3¾ 2/10 5-3¾ 2/10	_		Esteisy SALAS		#1 New Mexico JC	15.12mA		1/27
	2 Janiya ROSS	FR			5-3 ³ / ₄ 1/2 ⁷	, -		Kasie UGEH		#4 Central Arizona	14.02m		1/20
	2 April NECAISE	FR			5-3¾ 1/20	,		Rejoice AGBEWODIE		#4 Central Arizona {			1/27
	6 Mikayla GUMBS	FR		•	,			Patience BOAHEMAA		#4 Central Arizona {			2/2
	. ,			,	-/	J		Yosiris CORDOBA	FR		•		1/20
						6		Catherine GREEN		#3 South Plains (Te: #4 Central Arizona {			1/13
						8		Jamelia NICHOLAS Maleah TUCKER	FR		11.58m		2/3 1/20
								Seioriana GLASS	FR	#2 Mesa (Ariz.) CC			1/20
								Kapualani MAGNANI		#5 Pima (Ariz.) CC	11.02m		2/10
						10	34	Napadiani MAGNAM	30	i iiia (Aiiz.) CC	11.02111	JU -	2/10



Regional TFRI Event Summary





West

as of 2/14/2024 8:11:54 AM ET

		Wo	mei	n's Weight Throw	
1	1	Tania DA SILVA	FR	#1 New Mexico JC 19.23mA 63-11/4	1/20
2	5	Rejoice AGBEWODIE	FR	#4 Central Arizona 16.27m 53-41/2	2/10
3	11	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC 15.11m 49-7	1/27
4	12	Annika ARVAYO	SO	#5 Pima (Ariz.) CC 14.99m 49-21/4	2/3
5	18	Seioriana GLASS	FR	#2 Mesa (Ariz.) CC {2}13.95m 45-91/4	1/20
6	22	Kapualani MAGNANI	SO	#5 Pima (Ariz.) CC {2}13.46m 44-2	2/10
7	26	Kasie UGEH	SO	#4 Central Arizona {2}12.99m 42-71/2	1/20
8	37	Jenyce LOPEZ	SO	#5 Pima (Ariz.) CC {3}12.20m 40-1/2	1/20
9	42	Esteisy SALAS	FR	#1 New Mexico JC {2}11.90m 39-1/2	2/2
10	48	Angelina THIEL	SO	#6 Glendale (Ariz.) (11.61m 38-11/4	2/3
		W	om	en's Pentathlon	
1	2	W Maliyah ROSS	om so	en's Pentathlon #2Mesa (Ariz.) CC 3,478	2/2
1 2	2 3	1			2/2 2/2
		Maliyah ROSS	SO	#2 Mesa (Ariz.) CC 3,478	
2	3	Maliyah ROSS Aliyah GIDHARRY	SO FR	#2 Mesa (Ariz.) CC 3,478 #4 Central Arizona 3,234	2/2
2	3	Maliyah ROSS Aliyah GIDHARRY Leila BARMORE	SO FR SO	#2 Mesa (Ariz.) CC 3,478 #4 Central Arizona 3,234 #6 Glendale (Ariz.) (3,232	2/2 2/2
2 3 4	3 4 5	Maliyah ROSS Aliyah GIDHARRY Leila BARMORE Patience BOAHEMAA	SO FR SO SO	#2 Mesa (Ariz.) CC 3,478 #4 Central Arizona 3,234 #6 Glendale (Ariz.) (3,232 #4 Central Arizona {2}3,173	2/2 2/2 2/10
2 3 4 5	3 4 5 8	Maliyah ROSS Aliyah GIDHARRY Leila BARMORE Patience BOAHEMAA Natalia BRZEZNIAK	SO FR SO SO	#2 Mesa (Ariz.) CC 3,478 #4 Central Arizona 3,234 #6 Glendale (Ariz.) (3,232 #4 Central Arizona {2}3,173 #2 Mesa (Ariz.) CC {2}2,962	2/2 2/2 2/10 2/2
2 3 4 5 6	3 4 5 8 9	Maliyah ROSS Aliyah GIDHARRY Leila BARMORE Patience BOAHEMAA Natalia BRZEZNIAK Maylee THOMPSON	SO FR SO SO FR	#2 Mesa (Ariz.) CC 3,478 #4 Central Arizona 3,234 #6 Glendale (Ariz.) C 3,232 #4 Central Arizona {2}3,173 #2 Mesa (Ariz.) CC {2}2,962 #5 Pima (Ariz.) CC 2,869	2/2 2/2 2/10 2/2 1/20
2 3 4 5 6 7	3 4 5 8 9	Maliyah ROSS Aliyah GIDHARRY Leila BARMORE Patience BOAHEMAA Natalia BRZEZNIAK Maylee THOMPSON Amber SIMPSON	SO FR SO SO FR SO	#2 Mesa (Ariz.) CC 3,478 #4 Central Arizona 3,234 #6 Glendale (Ariz.) C 3,232 #4 Central Arizona {2}3,173 #2 Mesa (Ariz.) CC {2}2,962 #5 Pima (Ariz.) CC 2,869 #3 South Plains (Te: 2,856	2/2 2/2 2/10 2/2 1/20 1/27