



Regional TFRI Event Summary



Atlantic

as of 2/26/2024 8:15:13 AM ET

Women's 60 Meters

1	18	Akira HAMILTON	FR	#3 Richard Bland (V	7.68	2/3
2	20	Haniyyah JOHNSON	SO	#3 Richard Bland (V{2}	7.70	2/17
3	27	Leenesa WHITTAKER	SO	#3 Richard Bland (V{3}	7.75	1/7
4	34	Alyssa DYETT	SO	#1 Monroe-New Ro	7.78	1/12
5	55	Makenzey GLASS	FR	#6 Marion Military I	7.93	1/14
6	60	Amia TODMAN		#18 Springfield Tech	7.95	2/10
7	69	Ashia MARTIN	FR	#4 Essex County (N.	7.99	2/10
8	86	Kettia AMBROSE	FR	#1 Monroe-New Ro{2}	8.08	2/3
9	93	Kiana CASIMIR	SO	#4 Essex County (N.{2}	8.10	1/5
10	97	Kimberly BAKER	FR	#4 Essex County (N.{3}	8.12	2/18

Women's 60 Meter Hurdles

1	1	Quaycian DAVIS	FR	#1 Monroe-New Ro	8.56	1/27
2	7	Laura MATHEWS	SR	#10 Thaddeus Steve	8.80	12/9
3	71	Olivia SKYLSTAD	JR	#7 Hudson Valley (N	10.63	2/10
4	72	Breanne MILLSON	FR	#5 Mohawk Valley (I	10.64	2/3
5	75	Kaprice SIGLER	FR	#15 Onondaga (N.Y.)	10.74	2/9
6	90	Myah ADAMS	FR	#8 Spartanburg Me	11.46	2/2
7	91	Sophia OUTHOUS	FR	#8 Spartanburg Me{2}	11.51	2/2
8	93	Dava MARCIL	FR	#7 Hudson Valley (N{2}	11.89	2/10
9	94	Juliette VENTURA	FR	#9 Finger Lakes (N.)	12.18	2/3
10	95	Ange COMPERE	SO	#11 Queensborough	12.69	2/18

Women's 200 Meters

1	51	Leenesa WHITTAKER	SO	#3 Richard Bland (V	25.62	2/17
1	51	Akira HAMILTON	FR	#3 Richard Bland (V	25.62	2/17
3	62	Kettia AMBROSE	FR	#1 Monroe-New Ro	25.86	1/27
4	74	Kimberly BAKER	FR	#4 Essex County (N.	26.17	2/10
5	80	Paula ORUSEDE	FR	#1 Monroe-New Ro{2}	26.32	1/12
6	81	Kiana CASIMIR	SO	#4 Essex County (N.{2}	26.35c (26.76f)	2/18
7	95	Jayla WERTS	FR	#3 Richard Bland (V{3}	26.51	1/19
8		Serena DOUGLAS	FR	#4 Essex County (N.{3}	26.60c (27.01f)	2/18
9		Kahliyah SMITH	SO	#1 Monroe-New Ro{3}	26.67	2/2
10		Ashia MARTIN	FR	#4 Essex County (N.{4}	26.79	2/2

Women's 400 Meters

1	38	Kettia AMBROSE	FR	#1 Monroe-New Ro	58.72	1/27
2	46	Jayla WERTS	FR	#3 Richard Bland (V	59.77	1/7
3	48	Kimberly BAKER	FR	#4 Essex County (N.	1:00.11	2/10
4	61	Paula ORUSEDE	FR	#1 Monroe-New Ro{2}	1:00.91	1/27
5	66	Vegonia JEAN BAPTISTE	SO	#1 Monroe-New Ro{3}	1:01.36	1/27
6	84	Kahliyah SMITH	SO	#1 Monroe-New Ro{4}	1:03.10	2/2
7	99	Kiliyah TAYLOR	FR	#6 Marion Military I	1:04.57cu(1:05.89u)	2/17
8		Sophia OUTHOUS	FR	#8 Spartanburg Me	1:05.08c (1:05.94f)	1/21
9		Nasjai WHITE	FR	#17 Lake-Sumter Sta	1:05.18	1/20
10		Demaris SOTO	FR	#17 Lake-Sumter Sta{2}	1:05.21	1/27

Women's 600 Meters

1	11	Attoya HARVEY	FR	#1 Monroe-New Ro	1:37.73c (1:38.92f)	2/16
2	37	Serena DOUGLAS	FR	#4 Essex County (N.	1:42.78c (1:44.03f)	2/18
3	53	Vegonia JEAN BAPTISTE	SO	#1 Monroe-New Ro{2}	1:45.74	1/12
4	54	Paula ORUSEDE	FR	#1 Monroe-New Ro{3}	1:45.79	1/5
5	58	Morgan JARRELL	FR	#2 Hagerstown (Md	1:46.79	1/20
6	84	Arial CRAWFORD	FR	#2 Hagerstown (Md{2}	1:58.66c (2:00.11f)	2/17
7	85	Julihanna JOHNSON	FR	#1 Monroe-New Ro{4}	1:59.07	1/12
8	90	Janeisy CAMILO	SO	#1 Monroe-New Ro{5}	2:10.21c (2:11.80f)	2/16

Women's 800 Meters

1	5	Attoya HARVEY	FR	#1 Monroe-New Ro	2:12.55	2/10
2	9	Kayla JOHNSON	SO	#1 Monroe-New Ro{2}	2:14.98	2/3
3	10	Shaquka TYRELL	SO	#1 Monroe-New Ro{3}	2:15.13	1/27
4	34	Serena DOUGLAS	FR	#4 Essex County (N.	2:21.10	2/2
5	48	Aaliyah HEADLEY	FR	#1 Monroe-New Ro{4}	2:25.11	2/3
6	76	Morgan JARRELL	FR	#2 Hagerstown (Md	2:29.92c (2:31.64f)	2/17
7		Arial CRAWFORD	FR	#2 Hagerstown (Md{2}	2:41.78c (2:43.64f)	2/17
8		Alondra VELAZQUEZ	SO	#8 Spartanburg Me	2:42.53c (2:44.40f)	2/17
9		Marlee SHAFER	FR	#5 Mohawk Valley (I	2:42.82c (2:44.69f)	2/3
10		Lauren SUPPE	FR	#5 Mohawk Valley ({2}	2:43.44c (2:45.32f)	2/3

Women's 1000 Meters

1	7	Attoya HARVEY	FR	#1 Monroe-New Ro	3:00.63	1/27
2	14	Kayla JOHNSON	SO	#1 Monroe-New Ro{2}	3:03.70	1/27
3	41	Aaliyah HEADLEY	FR	#1 Monroe-New Ro{3}	3:13.17	1/27
4	85	Ja'llian PAIGE	FR	#13 Louisburg (N.C.)	3:52.99c (3:55.53f)	1/27
5	86	Morgan CHENEY	SO	#9 Finger Lakes (N.)	4:00.72c (4:03.34f)	2/3
6	88	Elizabeth KRAYNAK	FR	#15 Onondaga (N.Y.)	4:15.81c (4:18.60f)	2/9

Women's Mile

1	15	Attoya HARVEY	FR	#1 Monroe-New Ro	5:07.38	1/12
2	31	Kayla JOHNSON	SO	#1 Monroe-New Ro{2}	5:17.01	2/10
3	38	Shaquka TYRELL	SO	#1 Monroe-New Ro{3}	5:19.52	1/12
4	64	Sophia OUTHOUS	FR	#8 Spartanburg Me	5:35.63c (5:38.95f)	2/17
5	81	Serena DOUGLAS	FR	#4 Essex County (N.	5:42.25	1/12
6	84	Rebecca TELLEZ	FR	#2 Hagerstown (Md	5:42.82c (5:46.21f)	1/14
7	92	Aaliyah HEADLEY	FR	#1 Monroe-New Ro{4}	5:48.38	1/27
8	98	Lea REIMER	FR	#16 BMCC (N.Y.)	5:55.59	2/18
9		Morgan JARRELL	FR	#2 Hagerstown (Md{2}	5:56.00c (5:59.52f)	1/14
10		Ja'llian PAIGE	FR	#13 Louisburg (N.C.)	6:04.28c (6:07.88f)	2/17

Women's 3000 Meters

1	45	Rebecca TELLEZ	FR	#2 Hagerstown (Md	11:07.78c(11:13.50f)	2/17
2	77	Serena DOUGLAS	FR	#4 Essex County (N.	12:05.72	1/5
3	85	Ja'llian PAIGE	FR	#13 Louisburg (N.C.)	12:25.92c(12:32.31f)	2/10
4	86	Lea REIMER	FR	#16 BMCC (N.Y.)	12:26.51	2/18
5	93	Vivian O'LOUGHLIN	FR	#19 Bergen (N.J.) CC	12:48.77	2/3
6	98	Clare WOODRING	FR	#2 Hagerstown (Md{2}	13:00.06c(13:06.74f)	2/17
7	99	Maggie THOMPSON	SO	#2 Hagerstown (Md{3}	13:07.07	2/10
8	100	Averi VANCE	FR	#8 Spartanburg Me	13:07.29	2/2
9		Manar ELNOOR	FR	#11 Queensborough	14:16.07	1/12



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Atlantic

as of 2/26/2024 8:15:13 AM ET

Women's 5000 Meters

1	31	Rebecca TELLEZ	FR	#2 Hagerstown (Md	19:40.39	2/10
2	62	Maggie THOMPSON	SO	#2 Hagerstown (Md{2}	23:45.01	1/27
3	63	Clare WOODRING	FR	#2 Hagerstown (Md{3}	23:54.53	1/27

Women's 4x400 Relay

1	10	#Type!	#1 Monroe-New Ro	3:53.03	2/11
2	26	Kimberly Baker, Kiana Casimir, Serena Douglas, Ashia Martin	#4 Essex County (N.	4:14.94c (4:18.32f)	1/20
3	29	Jakiyia Sealey, Sipriana Hill, Kristalyn Steadman, Kiliyah Taylor	#6 Marion Military I	4:21.51cu (4:26.87u)	2/17
4	34	Rebecca Tellez, Maggie Thompson, Morgan Jarrell, Arial Crawford	#2 Hagerstown (Md	4:46.02c (4:49.81f)	1/14
5	36	Sophia Outhous, Diamond Croft, Mariela Velazquez, Alondra Velazquez	#8 Spartanburg Mei	4:57.29c (5:01.23f)	2/17
6	37	Julianne Cossin, Kayla Hernandez, Manar Elnoor, Ange Compere	#11 Queensborough	5:11.64	2/2

Women's 4x800 Relay

1	10	Rebecca Tellez, Morgan Jarrell, Maggie Thompson, Arial Crawford	#2 Hagerstown (Md	11:00.59c (11:08.20f)	1/14
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Women's Distance Medley Relay

1	18	Morgan Jarrell, Michaela Carney, Arial Crawford, Rebecca Tellez	#2 Hagerstown (Md	13:42.03	2/3
2	26	#Type!	#11 Queensborough	16:33.42	2/18

Women's High Jump

1	1	Gabrielle COOK	FR	#2 Hagerstown (Md	1.77m 5-9¾	1/20
2	17	Aidan FAITH	FR	#2 Hagerstown (Md{2}	1.60m 5-3	2/10
3	28	Kimmley JOHNSON	FR	#12 Denmark Tech (S	1.55m 5-1	2/17
4	57	Amber PIERSMA	FR	#5 Mohawk Valley (I	1.37m 4-6	2/10
5	58	Laura MATHEWS	SR	#10 Thaddeus Steve	1.36m 4-5½	12/9
6	61	Juliette VENTURA	FR	#9 Finger Lakes (N.)	1.34m 4-4¾	2/3

Women's Pole Vault

1	7	Mikaila EK	SO	#2 Hagerstown (Md	3.37m 11-¾	2/3
2	17	Michaela CARNEY	FR	#2 Hagerstown (Md{2}	3.05m 10-0	1/14
3	18	Kayla VANDERFORD	FR	#2 Hagerstown (Md{3}	2.96m 9-8½	2/17
4	25	Amber PIERSMA	FR	#5 Mohawk Valley (I	2.70m 8-10¼	1/27
5	35	Rylie BLUSH	FR	#5 Mohawk Valley ({2}	2.25m 7-4½	1/27

Women's Long Jump

1	3	Haniyyah JOHNSON	SO	#3 Richard Bland (V	5.96m 19-6¾	12/1
2	12	Akira HAMILTON	FR	#3 Richard Bland (V{2}	5.65m 18-6½	2/17
3	19	Djior DELISSER	SO	#1 Monroe-New Ro	5.54m 18-2¼	1/19
4	38	Laura MATHEWS	SR	#10 Thaddeus Steve	5.20m 17-¾	12/9
5	40	Ciarra MOORE	FR	#3 Richard Bland (V{3}	5.18m 17-0	12/1
6	54	Katelyn GRIFFIN	FR	#3 Richard Bland (V{4}	4.95m 16-3	1/20
7	65	Akayla PICKERSGILL	SO	#1 Monroe-New Ro{2}	4.73m 15-6¼	1/19
8	82	Jennifer ASUEN	FR	#14 Roxbury CC	4.47m 14-8	12/10
9	91	Juliette VENTURA	FR	#9 Finger Lakes (N.)	4.22m 13-10¼	1/20
10	96	Abigale DUNLAVEY	FR	#7 Hudson Valley (N	3.92m 12-10½	2/10

Women's Triple Jump

1	5	Alyssa DYETT	SO	#1 Monroe-New Ro	11.98m 39-3¾	2/10
2	16	Kimmley JOHNSON	FR	#12 Denmark Tech (S	11.33m 37-2¼	2/17
3	19	Ciarra MOORE	FR	#3 Richard Bland (V	11.05m 36-3	1/19
4	25	Erin SMITH	FR	#3 Richard Bland (V{2}	10.65m 34-11¼	1/19
5	27	Aidan FAITH	FR	#2 Hagerstown (Md	10.32m 33-10¼	1/20

Women's Shot Put

1	23	Haniyyah JOHNSON	SO	#3 Richard Bland (V	11.97m 39-3¾	1/20
2	36	Rahmat SHOWA	SO	#1 Monroe-New Ro	11.03m 36-2¼	2/2
3	41	Raina MASSEY	FR	#6 Marion Military I	10.80m 35-5¼	2/10
4	50	Aliyah WILLIAMS	SO	#6 Marion Military I{2}	10.38m 34-¾	2/17
5	75	Iamies HASSAN	FR	#7 Hudson Valley (N	9.17m 30-1	2/10
6	77	Mariella SEBASTIAN	SO	#6 Marion Military I{3}	9.15m 30-¼	1/14
7	79	Laura MATHEWS	SR	#10 Thaddeus Steve	9.06m 29-8¾	12/9
8	85	Phallon RIVERA	FR	#9 Finger Lakes (N.)	8.88m 29-1¾	1/20
9	96	Siri SORENSON	FR	#7 Hudson Valley (N{2}	8.30m 27-2¾	1/27
10		Prayz'ah BRUMFIELD	FR	#5 Mohawk Valley (I	8.09m 26-6½	2/3

Women's Weight Throw

1	51	Rahmat SHOWA	SO	#1 Monroe-New Ro	11.60m 38-¾	2/10
2	55	Agnessa LYSENKO	FR	#14 Roxbury CC	11.29m 37-½	12/10
3	88	Cailynn PATTERSON	FR	#5 Mohawk Valley (I	7.32m 24-¼	2/17
4	89	Cheryl BIELBY	SO	#5 Mohawk Valley ({2}	7.18m 23-6¾	2/3
5	90	Prayz'ah BRUMFIELD	FR	#5 Mohawk Valley ({3}	6.13m 20-1½	2/3
6	91	Shaquinta WHEATLEY	FR	#7 Hudson Valley (N	5.15m 16-10¾	1/27
7	92	Jessica SLINGERLAND	FR	#7 Hudson Valley (N{2}	4.79m 15-8¾	1/27

Women's Pentathlon

1	6	Laura MATHEWS	SR	#10 Thaddeus Steve	2,996	12/9
2	31	Juliette VENTURA	FR	#9 Finger Lakes (N.)	1,675	2/3



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Women's 60 Meters

1	2	Keliza SMITH	FR	#2 Barton (Kan.) CC	7.44	2/10
2	6	Kayveonna JACKSON	FR	#6 Butler (Kan.) CC	7.53	1/13
3	8	Maria UMOIBANG	SO	#2 Barton (Kan.) CC{2}	7.56c (7.54A)	1/13
4	10	Chaniqua TONGE	SO	#4 Fort Scott (Kan.)	7.59	2/18
5	13	Anita AFRIFA	FR	#7 Colby (Kan.) CC	7.61	2/18
6	14	Chloe PERRYMAN	FR	#2 Barton (Kan.) CC{3}	7.63	1/20
7	18	Shanteria WASHINGTON	FR	#12 Highland (Kan.)	7.68	2/18
8	20	Royanah FARMER	FR	#10 Coffeyville (Kan.)	7.70	2/18
9	23	Jalia BUNN	SO	#10 Coffeyville (Kan.){2}	7.72	2/3
10	27	Brandi DRAKE	SO	#4 Fort Scott (Kan.){2}	7.75	2/18

Women's 60 Meter Hurdles

1	3	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC	8.70	2/18
2	10	Chenessa DAVIS	FR	#1 Cloud County (K)	8.83	1/27
3	15	Kaylee JAMES	SO	#3 Hutchinson (Kan)	8.93	2/18
4	18	Linya GEDEON	FR	#10 Coffeyville (Kan.)	8.99	2/18
5	21	Ana COUTO	SO	#2 Barton (Kan.) CC{2}	9.04c (9.04A)	1/13
6	25	DiaMonae THOMAS	FR	#12 Highland (Kan.)	9.13	2/18
7	31	Icey GREEN	SO	#4 Fort Scott (Kan.)	9.23	2/18
8	40	Sequoya MCADOO	SO	#9 Dodge City (Kan.)	9.53	2/18
9	46	Landrea SEARS	SO	#11 Neosho County (	9.65	2/18
10	47	Cordaelia WILLIAMS	FR	#1 Cloud County (K){2}	9.68	2/18

Women's 200 Meters

1	2	Keliza SMITH	FR	#2 Barton (Kan.) CC	23.99 OT	2/18
2	6	Anita AFRIFA	FR	#7 Colby (Kan.) CC	24.18 OT	2/18
3	15	Chaniqua TONGE	SO	#4 Fort Scott (Kan.)	24.61 OT	1/20
4	16	Ivana ODONKOR	FR	#4 Fort Scott (Kan.){2}	24.64 OT	2/18
5	20	Jalia BUNN	SO	#10 Coffeyville (Kan.)	24.68	2/3
5	20	Rafiatu NUHU	FR	#1 Cloud County (K)	24.68 OT	2/18
7	23	Kayveonna JACKSON	FR	#6 Butler (Kan.) CC	24.83	1/13
8	29	Maria UMOIBANG	SO	#2 Barton (Kan.) CC{2}	25.12c (25.05A)	1/13
9	35	Isabella KUPKA	SO	#5 Cowley (Kan.)	25.26 OT	2/18
10	37	Carly STERMER	FR	#2 Barton (Kan.) CC{3}	25.30c (25.23A)	1/13
10	37	Dayjonique CATO	FR	#4 Fort Scott (Kan.){3}	25.30	2/3

Women's 400 Meters

1	4	Ivana ODONKOR	FR	#4 Fort Scott (Kan.)	55.35 OT	2/18
2	5	Rafiatu NUHU	FR	#1 Cloud County (K)	55.59 OT	2/18
3	9	Keliza SMITH	FR	#2 Barton (Kan.) CC	55.98	1/20
4	14	Trishanie WARNER	SO	#6 Butler (Kan.) CC	56.68 OT	1/27
5	21	Isabella KUPKA	SO	#5 Cowley (Kan.)	57.35 OT	2/18
6	26	Bianca GLEIM	FR	#9 Dodge City (Kan.)	57.70	2/10
7	27	Serenity JACKSON	SO	#13 Pratt (Kan.) CC	57.78 OT	2/18
8	28	Nontokozi NCUBE	FR	#1 Cloud County (K){2}	57.81	2/3
9	29	Emmanuella SQUIRE	FR	#4 Fort Scott (Kan.){2}	57.87 OT	2/18
10	31	Chidinma NWACHUKWU	FR	#1 Cloud County (K){3}	58.10	2/3

Women's 600 Meters

1	3	Nontokozi NCUBE	FR	#1 Cloud County (K)	1:35.40 OT	2/18
2	6	Star MPAMA	SO	#6 Butler (Kan.) CC	1:36.28 OT	2/18
3	7	Rafiatu NUHU	FR	#1 Cloud County (K){2}	1:36.34c (1:37.52f)	1/27
4	8	Mercy ANGAAMCHAAB	FR	#1 Cloud County (K){3}	1:36.35	2/3
5	16	Emmanuella SQUIRE	FR	#4 Fort Scott (Kan.)	1:38.56 OT	2/18
6	20	Shone WALTERS	FR	#2 Barton (Kan.) CC	1:39.27 OT	2/18
7	21	Keniya DEXTER	FR	#6 Butler (Kan.) CC {2}	1:39.40 OT	2/18
8	23	Vilorina TUILAWAKI	FR	#11 Neosho County (	1:39.90 OT	2/18
9	24	Isabella KUPKA	SO	#5 Cowley (Kan.)	1:40.07	1/13
10	25	Faith MILLNER	SO	#10 Coffeyville (Kan.)	1:40.32 OT	2/18

Women's 800 Meters

1	4	Sanae HASSNAOUI	FR	#2 Barton (Kan.) CC	2:10.02c (2:10.75A)	1/27
2	11	Nontokozi NCUBE	FR	#1 Cloud County (K)	2:15.14	2/10
3	13	N Vanee ANCHIKE	FR	#1 Cloud County (K){2}	2:15.52	2/10
4	18	Mercy ANGAAMCHAAB	FR	#1 Cloud County (K){3}	2:16.39	2/10
5	19	Star MPAMA	SO	#6 Butler (Kan.) CC	2:16.53	2/10
6	21	Tara BERT	SO	#7 Colby (Kan.) CC	2:18.03	2/3
7	23	Shone WALTERS	FR	#2 Barton (Kan.) CC{2}	2:18.42c (2:19.19A)	1/27
8	25	Ann BADAWI	SO	#7 Colby (Kan.) CC {2}	2:18.76	2/10
9	33	Keniya DEXTER	FR	#6 Butler (Kan.) CC {2}	2:20.60	2/10
10	38	Taylor HOSKINSON	SO	#3 Hutchinson (Kan)	2:22.21 OT	1/27

Women's 1000 Meters

1	1	N Vanee ANCHIKE	FR	#1 Cloud County (K)	2:55.62c (2:57.53f)	1/27
2	2	Sanae HASSNAOUI	FR	#2 Barton (Kan.) CC	2:56.76c (2:56.76A)	1/13
3	6	Ann BADAWI	SO	#7 Colby (Kan.) CC	3:00.34 OT	2/18
4	8	Tara BERT	SO	#7 Colby (Kan.) CC {2}	3:00.80 OT	2/18
5	9	Shone WALTERS	FR	#2 Barton (Kan.) CC{2}	3:02.69 OT	2/18
6	13	Tavarie CAMPBELL	FR	#5 Cowley (Kan.)	3:03.58 OT	2/18
7	16	Taylor HOSKINSON	SO	#3 Hutchinson (Kan)	3:04.83 OT	2/18
8	19	Mercy ANGAAMCHAAB	FR	#1 Cloud County (K){2}	3:07.44c (3:09.48f)	1/27
9	30	Brittannia WILLIS	FR	#5 Cowley (Kan.) {2}	3:10.31 OT	2/18
10	32	Heidi GRIMMETT	SO	#6 Butler (Kan.) CC	3:11.03 OT	2/18

Women's Mile

1	1	Sanae HASSNAOUI	FR	#2 Barton (Kan.) CC	4:47.99	2/10
2	4	N Vanee ANCHIKE	FR	#1 Cloud County (K)	4:52.73 OT	2/18
3	18	Rosemary ARTHUR	FR	#7 Colby (Kan.) CC	5:08.76	2/3
4	20	Tara BERT	SO	#7 Colby (Kan.) CC {2}	5:10.36	2/10
5	24	Khloi BIRD	SO	#6 Butler (Kan.) CC	5:14.99	1/20
6	25	Ozia TRUJILLO	FR	#1 Cloud County (K){2}	5:15.61	2/10
7	33	Ann BADAWI	SO	#7 Colby (Kan.) CC {3}	5:17.17	2/3
7	33	Tavarie CAMPBELL	FR	#5 Cowley (Kan.)	5:17.17 OT	2/10
9	37	Taylor HOSKINSON	SO	#3 Hutchinson (Kan)	5:18.30	2/10
10	45	Ellie VAN ZELFDEN	SO	#3 Hutchinson (Kan){2}	5:25.24 OT	2/18



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Women's 3000 Meters

1	10	Khloi BIRD	SO	#6 Butler (Kan.) CC	10:17.13	1/13
2	13	Rosemary ARTHUR	FR	#7 Colby (Kan.) CC	10:20.47	2/10
3	14	Sanae HASSNAOUI	FR	#2 Barton (Kan.) CC	10:21.79 OT	2/18
4	15	Elizabeth TUXPAN HERNANDEZ	FR	#7 Colby (Kan.) CC {2}	10:22.35	1/20
5	21	N Vanee ANCHIKE	FR	#1 Cloud County (K	10:28.54 OT	2/18
6	28	Dheniffer VAZ	SO	#5 Cowley (Kan.)	10:34.84	1/13
7	31	Ozia TRUJILLO	FR	#1 Cloud County (K{2}	10:42.51 OT	2/18
8	35	Nonhlanhla MABUZA	SO	#7 Colby (Kan.) CC {3}	10:48.80 OT	2/18
9	40	Kayli MYERS	FR	#5 Cowley (Kan.) {2}	10:55.66 OT	2/18
10	44	Ellie VAN ZELFDEN	SO	#3 Hutchinson (Kan	11:07.24 OT	2/18

Women's 5000 Meters

1	4	N Vanee ANCHIKE	FR	#1 Cloud County (K	17:21.61 OT	2/18
2	6	Khloi BIRD	SO	#6 Butler (Kan.) CC	17:45.23 OT	1/27
3	10	Elizabeth TUXPAN HERNANDEZ	FR	#7 Colby (Kan.) CC	18:07.04	2/3
4	18	Serenity LARSON	SO	#3 Hutchinson (Kan	18:41.76 OT	2/18
5	19	Ozia TRUJILLO	FR	#1 Cloud County (K{2}	18:45.90 OT	2/18
6	20	Kayli MYERS	FR	#5 Cowley (Kan.)	18:49.29 OT	2/10
7	26	Norma RODRIGUEZ	SO	#9 Dodge City (Kan.	19:17.25 OT	2/18
8	27	Jordyn PICOLET	FR	#3 Hutchinson (Kan{2}	19:20.84 OT	1/27
9	28	Laura AVILA	FR	#3 Hutchinson (Kan{3}	19:24.71 OT	2/18
10	29	Alison UNRUH	FR	#6 Butler (Kan.) CC {2}	19:29.70 OT	2/18

Women's 4x400 Relay

1	5	Star Mpama, Ala' Jah Brooks, Deslyne Cooper, Trishanie Warner	#6 Butler (Kan.) CC	3:50.17 OT	2/18
2	6	Chidinma Nwachukwu, Nontokozi Ncube, Mercy Angaamchaab, Rafiatu Nuhu	#1 Cloud County (K	3:50.95	2/3
3	7	Emmanuella Squire, Dayjonique Cato, Chaniqua Tonge, Ivana Odonkor	#4 Fort Scott (Kan.)	3:51.47 OT	2/18
4	14	Linya Gedeon, Jalia Bunn, Dhakiya Blake, Royanah Farmer	#10 Coffeyville (Kan.	3:59.39 OT	2/10
5	15	Serenity Jackson, Mikayla Henry, Naomi Vagher, Tasia Bell	#13 Pratt (Kan.) CC	4:00.10 OT	2/18
6	16	Kaylee James, Nhubia Coney, Tanasia Hampton, Kemisha Williams- Dominique	#3 Hutchinson (Kan	4:02.54 OT	2/18
7	17	J'Na Demming, Shanteria Washington, Alyana Wallace, Alexia Lewis	#12 Highland (Kan.)	4:04.37	2/10
8	18	Joana Vakasobuduru, Vilorina Tuilawaki, Landrea Sears, Amy Styles	#11 Neosho County (	4:05.76 OT	2/18
9	20	Isabella Kupka, Genesis Bautista, Mahalee Bilhimer, Esther Vazquez	#5 Cowley (Kan.)	4:06.39 OT	2/18
10	21	Gabriela Elizalde, Bianca Gleim, Sarai Chavez, Sequoya McAdoo	#9 Dodge City (Kan.	4:09.38 OT	2/18



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Central

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Women's 4x800 Relay

1	2	Star Mpama, Khloi Bird, Keniya Dexter, Trishanie Warner	#6 Butler (Kan.) CC	9:58.21 OT	2/18
2	3	Ivy Washington, Norma Rodriguez, Sarai Chavez, Ava Washington	#9 Dodge City (Kan.)	10:01.84 OT	2/18
3	4	Tavarie Campbell, Kayli Myers, Savannah Fischer, Britannia Willis	#5 Cowley (Kan.)	10:08.12 OT	2/18
4	6	Joella Mathilda, Lela Singleton, Nikola Prochazkova, Jaelyn Rumback	#1 Cloud County (Kan.)	10:41.21 OT	2/18
5	7	Serenity Larson, Laura Avila, Chloe Inskip, Daisy Orozco	#3 Hutchinson (Kan.)	10:44.02 OT	2/18
6	9	Jada Cooper, Joscelyn Monarrez, Beverlyne Kiptarus, Maurine Rono	#8 Garden City (Kan.)	10:58.21 OT	2/18
7	11	Roxanna Riojas, Kayla Salter, Marcy Monell, Kennedy Mosley	#4 Fort Scott (Kan.)	11:15.19 OT	2/18
8	12	Vilorina Tuilawaki, Landrea Sears, Mia Cruz, Natalia Guardado	#11 Neosho County (Kan.)	11:44.28 OT	1/20
9	14	Deyunsha (Dede) Westbrook, Faith Millner, Mariah Gooden, Amalinally Pemberton	#10 Coffeyville (Kan.)	12:16.74 OT	2/18

Women's Distance Medley Relay

1	1	Mercy Angaamchaab, Rafiatu Nuhu, Nontokozi Ncube, N Vanee Anchike	#1 Cloud County (Kan.)	12:01.47	2/10
2	5	Tara Bert, Maissane Jouen, Ann Badawi, Rosemary Arthur	#7 Colby (Kan.) CC	12:26.83 OT	2/18
3	6	Heidi Grimmert, Trishanie Warner, Star Mpama, Khloi Bird	#6 Butler (Kan.) CC	12:29.76 OT	2/18
4	7	Ellie Van Zelfden, Tanasia Hampton, Abigail Grantham, Taylor Hoskinson	#3 Hutchinson (Kan.)	12:31.04 OT	2/18
5	9	Ivy Washington, Bianca Gleim, Sarai Chavez, Ava Washington	#9 Dodge City (Kan.)	12:39.42 OT	2/18
6	12	Tavarie Campbell, Savannah Fischer, Kayli Myers, Britannia Willis	#5 Cowley (Kan.)	12:47.09	2/3
7	19	Maurine Rono, Jada Cooper, Maya White Eagle, Beverlyne Kiptarus	#8 Garden City (Kan.)	13:57.30 OT	2/10
8	23	Vilorina Tuilawaki, Amy Styles, Mia Cruz, Natalia Guardado	#11 Neosho County (Kan.)	14:32.36 OT	2/18
9	24	Rio Kirven, Kennedy Mosley, Roxanna Riojas, Jacquelin Angel-ruiz	#4 Fort Scott (Kan.)	14:50.17 OT	2/18

Women's High Jump

1	2	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC	1.75m	5-8¾	2/3
2	4	Shackala HENRY	SO	#1 Cloud County (Kan.)	1.71m	5-7¼	1/27
3	7	Brooke HAWKINS	FR	#3 Hutchinson (Kan.)	1.67m	5-5¾	2/18
4	10	Cordaelia WILLIAMS	FR	#1 Cloud County (Kan.)	1.65m	5-5	2/3
5	20	Mariem SOLTANI	SO	#1 Cloud County (Kan.)	1.59m	5-2½	1/27
6	21	Ana COUTO	SO	#2 Barton (Kan.) CC	1.57m	5-1¾	1/27
7	25	Jazz DILWORTH	FR	#4 Fort Scott (Kan.)	1.56m	5-1¼	1/20
7	25	Kerrishma WILLIAMS	SO	#8 Garden City (Kan.)	1.56m	5-1¼	2/18
9	28	Chenessa DAVIS	FR	#1 Cloud County (Kan.)	1.55m	5-1	2/3
9	28	Alexis HORSCH	FR	#3 Hutchinson (Kan.)	1.55m	5-1	2/3
9	28	Liberty LIMON	SO	#3 Hutchinson (Kan.)	1.55m	5-1	2/10



Regional TFRI Event Summary



Central

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Women's Pole Vault

1	3	Jasmine SAKAGUCHI	SO	#1 Cloud County (K)	3.66m	12-0	2/18
2	5	Kennedy KIZARR	FR	#5 Cowley (Kan.)	3.40m	11-1¾	1/20
3	8	Elizabeth DUNHAM	FR	#1 Cloud County (K){2}	3.26m	10-8¼	2/18
3	8	Dakota DAPPER	FR	#5 Cowley (Kan.) {2}	3.26m	10-8¼	2/18
5	10	Nakaela O'HAIR	FR	#3 Hutchinson (Kan)	3.25m	10-8	2/3
5	10	Bradie MEDINA	FR	#1 Cloud County (K){3}	3.25m	10-8	2/3
7	15	Alivia NOLL	SO	#3 Hutchinson (Kan){2}	3.10m	10-2	2/10
8	23	Kaylen MILLS	SO	#5 Cowley (Kan.) {3}	2.76m	9-½	2/18
9	28	Raylee JOHNSON	SO	#3 Hutchinson (Kan){3}	2.61m	8-6¾	2/18
10	31	Kira PHIPPS	FR	#14 State Fair (Mo.)	2.54m	8-4	2/16

Women's Long Jump

1	1	Chloe PERRYMAN	FR	#2 Barton (Kan.) CC	6.18m	20-3½	2/18
2	4	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC{2}	5.89m	19-4	2/18
3	6	Icey GREEN	SO	#4 Fort Scott (Kan.)	5.81m	19-¾	2/18
4	14	Alexia LEWIS	FR	#12 Highland (Kan.)	5.63m	18-5¾	2/18
5	15	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC{3}	5.62m	18-5¼	2/18
6	18	Kerrishma WILLIAMS	SO	#8 Garden City (Kar)	5.55m	18-2½	1/20
7	22	Genesis BAUTISTA	SO	#5 Cowley (Kan.)	5.53m	18-1¾	1/27
8	23	Chaniqua TONGE	SO	#4 Fort Scott (Kan.){2}	5.51m	18-1	1/27
9	26	Chenessa DAVIS	FR	#1 Cloud County (K)	5.46m	17-11	2/18
10	28	Kamerin CARTER	SO	#4 Fort Scott (Kan.){3}	5.38m	17-8	2/3

Women's Triple Jump

1	4	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC	12.07m	39-7¼	2/18
2	7	Brooke HAWKINS	FR	#3 Hutchinson (Kan)	11.80m	38-8¾	1/20
3	9	Icey GREEN	SO	#4 Fort Scott (Kan.)	11.60m	38-¾	2/18
4	11	Shackala HENRY	SO	#1 Cloud County (K)	11.50m	37-8¾	2/10
5	14	Genesis BAUTISTA	SO	#5 Cowley (Kan.)	11.40m	37-5	2/3
6	15	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC{2}	11.34m	37-2½	2/18
7	22	Braela SARGENT	FR	#4 Fort Scott (Kan.){2}	10.87m	35-8	2/3
8	23	Chloe PERRYMAN	FR	#2 Barton (Kan.) CC{3}	10.74m	35-3	2/18
9	28	Liberty LIMON	SO	#3 Hutchinson (Kan){2}	10.29m	33-9¼	2/10
10	32	Yaya MORENO	FR	#3 Hutchinson (Kan){3}	9.98m	32-9	1/27

Women's Shot Put

1	1	Trenee HAMILTON	SO	#2 Barton (Kan.) CC	16.06m	52-8¼	2/18
2	5	Cierra GRAY	FR	#5 Cowley (Kan.)	13.89m	45-7	2/3
3	7	Ivanilda SEMEDO	FR	#2 Barton (Kan.) CC{2}	13.78m	45-2½	2/10
4	8	Beatriz FERREIRA	SO	#8 Garden City (Kar)	13.76m	45-1¾	2/10
5	9	Adrienne LOCKE-GARCIA	FR	#1 Cloud County (K)	13.20m	43-3¾	2/18
6	10	Tamara THOMPSON	SO	#1 Cloud County (K){2}	13.08m	42-11	2/18
7	11	Cloe KALANICK	SO	#8 Garden City (Kar){2}	12.97m	42-6¾	2/18
8	12	Cedricka WILLIAMS	FR	#2 Barton (Kan.) CC{3}	12.75m	41-10	2/18
9	17	Aiyanna GREEN	FR	#3 Hutchinson (Kan)	12.42m	40-9	2/18
10	20	Emery MAY	FR	#1 Cloud County (K){3}	12.16m	39-10¾	1/11

Women's Weight Throw

1	2	Trenee HAMILTON	SO	#2 Barton (Kan.) CC	17.45m	57-3	2/18
2	3	Beatriz FERREIRA	SO	#8 Garden City (Kar)	16.97m	55-8¼	2/18
3	4	Cedricka WILLIAMS	FR	#2 Barton (Kan.) CC{2}	16.83m	55-2¾	1/20
4	7	Mayce MCDONALD	FR	#5 Cowley (Kan.)	15.90m	52-2	1/27
5	8	Adrienne LOCKE-GARCIA	FR	#1 Cloud County (K)	15.73m	51-7¼	2/10
6	10	Tamara THOMPSON	SO	#1 Cloud County (K){2}	15.36m	50-4¾	2/10
7	11	Cloe KALANICK	SO	#8 Garden City (Kar){2}	15.30m	50-2½	2/18
8	14	Ivanilda SEMEDO	FR	#2 Barton (Kan.) CC{3}	15.08m	49-5¾	2/18
9	15	Ana MANOUSARIDIS	FR	#10 Coffeyville (Kan.)	15.00m	49-2½	2/18
10	19	Bree ROWE	FR	#5 Cowley (Kan.) {2}	14.19m	46-6¾	2/18

Women's Pentathlon

1	7	Icey GREEN	SO	#4 Fort Scott (Kan.)	2,985	2/3
2	9	Cordaelia WILLIAMS	FR	#1 Cloud County (K)	2,957 OT	2/18
3	10	Joana VAKASOBUDURU	SO	#11 Neosho County (	2,938 OT	2/18
4	14	Shackala HENRY	SO	#1 Cloud County (K){2}	2,813	1/27
5	15	Kerrishma WILLIAMS	SO	#8 Garden City (Kar)	2,802 OT	2/18
6	16	Landrea SEARS	SO	#11 Neosho County ({2}	2,756 OT	2/18
7	18	Mariem SOLTANI	SO	#1 Cloud County (K){3}	2,633 OT	2/18
8	22	Jazz DILWORTH	FR	#4 Fort Scott (Kan.){2}	2,419 OT	2/18
9	27	Maya WHITE EAGLE	FR	#8 Garden City (Kar){2}	2,193	2/3
10	28	Braela SARGENT	FR	#4 Fort Scott (Kan.){3}	2,188 OT	2/18



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Midwest

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Women's 60 Meters

1	1	Oarabile TSHOSA	SO	#2	Indian Hills (low: 7.41	12/2
2	5	Judith KOU MEDZINA	FR	#1	Iowa Western CC 7.52	2/17
3	12	Zekira SNOW	FR	#2	Indian Hills (low: {2} 7.60	2/17
4	15	Shanice COX	SO	#2	Indian Hills (low: {3} 7.64	2/17
4	15	Destiny MITCHELL	FR	#2	Indian Hills (low: {3} 7.64	2/17
6	17	Kenyatta GRATE	FR	#2	Indian Hills (low: {5} 7.66	2/3
7	20	Moya MITCHELL	FR	#1	Iowa Western CC {2} 7.70	2/17
8	26	Kourtlyn CANNON	SO	#2	Indian Hills (low: {6} 7.74	1/19
9	27	Patrycja KARPIESIUK	SO	#11	DuPage (Ill.) 7.75	2/16
10	40	Tina SAMSON	FR	#3	Iowa Central CC 7.83	1/27
10	40	Jade ARRINGTON	FR	#17	Bryant & Stratton 7.83	12/1

Women's 60 Meter Hurdles

1	4	Tanique TAYLOR	FR	#1	Iowa Western CC 8.73	2/17
2	6	Dymonde NAVE	FR	#2	Indian Hills (low: 8.76	2/17
3	9	Hailey MARTIN	FR	#1	Iowa Western CC {2} 8.82	2/10
4	12	Calleisha CHANCE	SO	#1	Iowa Western CC {3} 8.85	2/17
5	16	Dayvione BRIGGS	SO	#3	Iowa Central CC 8.95	2/17
6	24	Abigail FREY	SO	#3	Iowa Central CC {2} 9.12	2/17
7	27	Veronica ANDRUSYSHYN	FR	#1	Iowa Western CC {4} 9.15	1/20
8	33	Arriana JOHNSON	FR	#2	Indian Hills (low: {2} 9.32	1/27
9	35	Myasia MATTHEWS	SO	#9	Cuyahoga (Ohio) 9.38	2/3
10	36	Madison STECKLER	FR	#1	Iowa Western CC {5} 9.40	2/17

Women's 200 Meters

1	3	Oarabile TSHOSA	SO	#2	Indian Hills (low: 24.00 OT	12/9
2	4	Kaylia KELLY	FR	#1	Iowa Western CC 24.03c (24.40f)	2/17
3	8	Shanice COX	SO	#2	Indian Hills (low: {2} 24.34c (24.71f)	2/17
4	11	Judith KOU MEDZINA	FR	#1	Iowa Western CC {2} 24.47	2/10
5	17	Nyla NORMAN	FR	#2	Indian Hills (low: {3} 24.65	2/10
6	18	Kenyatta GRATE	FR	#2	Indian Hills (low: {4} 24.66	2/10
6	18	Ethel AMISSAH	SO	#1	Iowa Western CC {3} 24.66c (25.04f)	2/17
8	29	Zaniya KING	SO	#2	Indian Hills (low: {5} 25.12	2/10
9	31	Moya MITCHELL	FR	#1	Iowa Western CC {4} 25.17	1/27
10	32	Laurie LOUIS	FR	#2	Indian Hills (low: {6} 25.21 OT	1/19

Women's 400 Meters

1	2	Ethel AMISSAH	SO	#1	Iowa Western CC 54.86	2/10
2	13	Kaylia KELLY	FR	#1	Iowa Western CC {2} 56.44	1/27
3	14	Glory OKON	FR	#1	Iowa Western CC {3} 56.68c (57.43f)	2/17
4	22	Nyla NORMAN	FR	#2	Indian Hills (low: 57.37	2/10
5	32	Moya MITCHELL	FR	#1	Iowa Western CC {4} 58.17c (58.94f)	2/17
6	33	Laurie LOUIS	FR	#2	Indian Hills (low: {2} 58.23	2/10
7	51	Kenyatta GRATE	FR	#2	Indian Hills (low: {3} 1:00.39 OT	1/19
8	53	Tenisha HERBERT	FR	#8	North Iowa Area 1:00.54 OT	2/10
9	57	Jacarla BLACK	FR	#9	Cuyahoga (Ohio) 1:00.84 OT	2/3
10	72	Shanice COX	SO	#2	Indian Hills (low: {4} 1:02.02 OT	2/3

Women's 600 Meters

1	10	Angeline ESTRADA	FR	#1	Iowa Western CC 1:37.65	1/27
2	17	Selket REID-EL	SO	#2	Indian Hills (low: 1:38.73 OT	1/27
3	22	Amaree HAMILTON	SO	#2	Indian Hills (low: {2} 1:39.42	2/10
4	29	Dayvione BRIGGS	SO	#3	Iowa Central CC 1:40.74c (1:41.97f)	2/17
5	39	Natalie BOGDANOVA KIRILOVA	FR	#3	Iowa Central CC {2} 1:43.02 OT	1/27
6	44	Amber HOMAN	FR	#4	Hawkeye (Iowa) 1:43.91c (1:45.18f)	1/27
7	45	Arianna PEDRIN	FR	#6	Southeastern (Ia) 1:44.13c (1:45.40f)	2/17
8	48	Taja CONLEY	FR	#8	North Iowa Area 1:44.83 OT	2/10
9	49	Cassidy YALEY	SO	#6	Southeastern (Ia) {2} 1:44.85c (1:46.13f)	1/27
10	50	Carissa MACKEY	SO	#6	Southeastern (Ia) {3} 1:45.08c (1:46.36f)	2/17

Women's 800 Meters

1	1	Lilly ALBERTS	SO	#5	Harper (Ill.) 2:07.81 OT	2/10
2	15	Angeline ESTRADA	FR	#1	Iowa Western CC 2:16.30	2/10
3	22	Selket REID-EL	SO	#2	Indian Hills (low: 2:18.27 OT	2/3
4	24	Barbara NEIVA	FR	#1	Iowa Western CC {2} 2:18.70c (2:20.30f)	2/17
5	29	Amaree HAMILTON	SO	#2	Indian Hills (low: {2} 2:20.14	2/10
6	37	Natalie BOGDANOVA KIRILOVA	FR	#3	Iowa Central CC 2:21.74 OT	1/27
7	39	Emily SILVA	FR	#7	Vincennes (Ind.) 2:22.57 OT	2/10
8	45	Amber HOMAN	FR	#4	Hawkeye (Iowa) 2:24.33c (2:25.99f)	2/10
9	51	Cassidy YALEY	SO	#6	Southeastern (Ia) 2:25.78 OT	2/3
10	57	Grace WESSEL	FR	#12	St. Clair County (2:27.08 OT	1/27

Women's 1000 Meters

1	12	Angeline ESTRADA	FR	#1	Iowa Western CC 3:03.56c (3:05.56f)	2/17
2	22	Natalie BOGDANOVA KIRILOVA	FR	#3	Iowa Central CC 3:08.59c (3:10.64f)	2/3
3	24	Emily SILVA	FR	#7	Vincennes (Ind.) 3:08.86c (3:10.92f)	2/3
4	25	Amber HOMAN	FR	#4	Hawkeye (Iowa) 3:08.93c (3:10.99f)	1/26
5	29	Sien VAN VUUREN	FR	#1	Iowa Western CC {2} 3:09.89 OT	1/20
6	34	Aisha RAMONE	SO	#6	Southeastern (Ia) 3:11.62c (3:13.71f)	1/27
7	38	Lauren PIERSON	SO	#1	Iowa Western CC {3} 3:12.80 OT	1/20
8	40	Ayianna OLIVAS	FR	#1	Iowa Western CC {4} 3:12.93 OT	1/20
9	46	Selket REID-EL	SO	#2	Indian Hills (low: 3:14.85 OT	2/3
10	55	Kierra FLEGEL	FR	#13	Muskegon (Mich) 3:22.17c (3:24.37f)	2/2

Women's Mile

1	5	Lilly ALBERTS	SO	#5	Harper (Ill.) 4:56.17c (4:59.10f)	2/16
2	11	Sien VAN VUUREN	FR	#1	Iowa Western CC 5:04.02c (5:07.02f)	2/17
3	19	Nora BRADY		#10	Heartland (Ill.) C 5:09.47c (5:12.53f)	2/16
4	21	Barbara NEIVA	FR	#1	Iowa Western CC {2} 5:10.69 OT	2/3
5	32	Angeline ESTRADA	FR	#1	Iowa Western CC {3} 5:17.08 OT	2/3
6	35	Ayianna OLIVAS	FR	#1	Iowa Western CC {4} 5:17.31	1/27
7	39	Grace WESSEL	FR	#12	St. Clair County (5:19.69 OT	2/16
8	49	Lauren PIERSON	SO	#1	Iowa Western CC {5} 5:26.55	2/10
9	53	Emily SILVA	FR	#7	Vincennes (Ind.) 5:29.14c (5:32.39f)	1/13
10	55	Adi FULLER	FR	#7	Vincennes (Ind.) {2} 5:29.72	1/27



Regional TFRI Event Summary



Midwest

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Women's 3000 Meters

1	6	Barbara NEIVA	FR	#1 Iowa Western CC	10:07.57	2/10
2	7	Nora BRADY		#10 Heartland (Ill.) C	10:11.77c (10:17.01f)	2/10
3	19	Ayianna OLIVAS	FR	#1 Iowa Western CC {2}	10:26.22 OT	2/3
4	29	Addysen CLARK	SO	#10 Heartland (Ill.) C {2}	10:38.21c (10:43.68f)	2/16
5	38	Lauren PIERSON	SO	#1 Iowa Western CC {3}	10:52.39	1/27
6	46	Carmen SOLIS	FR	#11 DuPage (Ill.)	11:07.81c (11:13.53f)	2/16
7	52	Isabela WOJCIEKOWSKI	FR	#5 Harper (Ill.)	11:12.41 OT	2/10
8	57	Claudia WOJCIEKOWSKI	FR	#5 Harper (Ill.) {2}	11:22.13c (11:27.97f)	2/2
9	58	Mary KAMINSKI	SO	#12 St. Clair County (	11:23.22 OT	2/16
10	78	Skyila SHURYN	FR	#8 North Iowa Area	12:11.05c (12:17.31f)	2/3

Women's 5000 Meters

1	9	Barbara NEIVA	FR	#1 Iowa Western CC	18:04.64 OT	2/3
2	49	Lauren PIERSON	SO	#1 Iowa Western CC {2}	21:04.37c (21:14.05f)	2/17
3	51	Ayianna OLIVAS	FR	#1 Iowa Western CC {3}	21:06.19c (21:15.88f)	2/17
4	53	Joan JEPNGETICH	FR	#3 Iowa Central CC	21:22.98c (21:32.80f)	2/17
5	54	Natalie BOGDANOVA KIRILOVA	FR	#3 Iowa Central CC {2}	21:23.02c (21:32.84f)	2/17
6	58	Maurine LIMO	FR	#3 Iowa Central CC {3}	22:12.20c (22:22.40f)	2/17
7	59	Hannah CUNNINGHAM	FR	#9 Cuyahoga (Ohio)	22:27.20 OT	2/3
8	61	Maddie TIESKOTTER	SO	#4 Hawkeye (Iowa)	23:05.54c (23:16.15f)	2/17
9	64	Anna DIETZENBACH	FR	#4 Hawkeye (Iowa) {2}	23:56.83c (24:07.83f)	2/17
10	65	Ella SCHROEDER	FR	#6 Southeastern (Ic	25:13.72c (25:25.31f)	2/17

Women's 4x400 Relay

1	8	Ethel Amissah, Moya Mitchell, Kaylia Kelly, Glory Okon	#1 Iowa Western CC	3:51.77 OT	1/20
2	11	Laurie Louis, Nyla Norman, Shanice Cox, Kenyatta Grate	#2 Indian Hills (Iowa)	3:54.05	1/20
3	13	Nicole Schaefer, Tina Samson, Abigail Frey, Dayvione Briggs	#3 Iowa Central CC	3:58.17 OT	2/10
4	19	Brianna Ruiz, Melanie Kehr, Kasey Ledinsky, Danielle Giovenco	#5 Harper (Ill.)	4:06.04c (4:09.30f)	2/16
5	28	Madelyn Buck, Aisha Ramone, Arianna Pedrin, Cassidy Yaley	#6 Southeastern (Ic	4:19.70c (4:23.14f)	1/27
6	30	Tasha Williams, Amber Homan, Kallie Mincks, Kendall See	#4 Hawkeye (Iowa)	4:22.21c (4:25.69f)	2/17
7	31	Taja Conley, Tenisha Herbert, Emily Usher, Mady Welbes	#8 North Iowa Area	4:22.66c (4:26.14f)	1/26
8	32	Regan Furmankiewicz, Meg Sukley, Adrienne Karpen, Kayla Williams	#16 Joliet (Ill.) JC	4:33.96c (4:37.59f)	2/2
9	33	Carmen Solis, Ellie Logsdon, Molly Morris, Patrycja Karpiesiuk	#11 DuPage (Ill.)	4:35.42c (4:39.07f)	2/2
10	35	Emily Silva, Adi Fuller, Jasmyrn Self, Grayson Haynes	#7 Vincennes (Ind.)	4:51.44c (4:55.30f)	1/20

Women's 4x800 Relay

1	5	Nicole Schaefer, Landry McCoid, Raylene Williams, Joan Jepngetich	#3 Iowa Central CC	10:36.25 OT	2/10
2	13	Madelyn Buck, Gabi Moehlman, Camille Schroeder, Ella Schroeder	#6 Southeastern (Ic	12:04.95c (12:13.31f)	2/17
3	15	Grace Rathe, Kallie Mincks, Victoria McCraney, Brooklynn Halbach	#4 Hawkeye (Iowa)	14:31.60c (14:41.65f)	2/17



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Women's Distance Medley Relay

1	2	Sien Van Vuuren, Moya Mitchell, Angeline Estrada, Ayiana Olivas	#1 Iowa Western CC	12:15.15 OT	2/3
2	14	#Type!	#7 Vincennes (Ind.)	12:56.84 OT	2/10
3	15	Cassidy Yaley, Carissa Mackey, Arianna Pedrin, Aisha Ramone	#6 Southeastern (Iowa)	12:58.14 OT	2/3
4	20	Natalie Bogdanova Kirilova, Maurine Limo, Raylene Williams, Joan Jpngetich	#3 Iowa Central CC	14:02.80c(14:11.83f)	2/17
5	22	Cloey Usher, Taja Conley, Skyila Shuryan, Juliana Droll	#8 North Iowa Area	14:16.23 OT	2/10
6	25	Anna Dietzenbach, Grace Rathe, Amber Homan, Maddie Tieskotter	#4 Hawkeye (Iowa)	14:59.98c(15:09.62f)	2/17

Women's High Jump

1	6	Calleisha CHANCE	SO	#1 Iowa Western CC	1.70m	5-7	1/20
2	17	Destiny MITCHELL	FR	#2 Indian Hills (Iowa)	1.60m	5-3	2/17
2	17	Kamdyn STANLEY	SO	#1 Iowa Western CC{2}	1.60m	5-3	1/6
4	21	Tina SAMSON	FR	#3 Iowa Central CC	1.57m	5-1¾	1/27
4	21	Arriana JOHNSON	FR	#2 Indian Hills (Iowa){2}	1.57m	5-1¾	1/20
6	28	Jillian HULSING	FR	#14 Sauk Valley (Ill.)	1.55m	5-1	1/27
7	43	Steffanie MCGUFFEY	FR	#13 Muskegon (Mich.)	1.46m	4-9½	1/27
7	43	Melanie REID	FR	#6 Southeastern (Iowa)	1.46m	4-9½	12/8
9	46	Landry MCCOID	FR	#3 Iowa Central CC {2}	1.45m	4-9	2/17
9	46	Tasha WILLIAMS	FR	#4 Hawkeye (Iowa)	1.45m	4-9	2/17

Women's Pole Vault

1	1	Sophia DO AMARAL SALVI	FR	#7 Vincennes (Ind.)	4.02m	13-2¼	2/9
2	2	Reis JOHNSON	FR	#9 Cuyahoga (Ohio)	3.70m	12-1½	2/10
3	6	Julia DO AMARAL SALVI	SO	#7 Vincennes (Ind.) {2}	3.38m	11-1	1/27
4	13	Patrycja KARPIESIUKE	SO	#11 DuPage (Ill.)	3.20m	10-6	2/16
5	24	Lily WINTERGERST	SO	#5 Harper (Ill.)	2.75m	9-¼	1/20
6	27	Baylee HORNER	SO	#1 Iowa Western CC	2.65m	8-8¼	2/17
7	29	Lucia SANCHEZ SCRIVEN	FR	#5 Harper (Ill.) {2}	2.60m	8-6¼	2/16
7	29	Chloe WINTERGERST	SO	#5 Harper (Ill.) {2}	2.60m	8-6¼	2/16
9	33	Abigail FREY	SO	#3 Iowa Central CC	2.50m	8-2½	2/17
10	37	Victoria MCCRANEY	SO	#4 Hawkeye (Iowa)	2.20m	7-2½	2/17
10	37	Tina SAMSON	FR	#3 Iowa Central CC {2}	2.20m	7-2½	2/17
10	37	Darcee O'LOUGHLIN	FR	#4 Hawkeye (Iowa)	2.20m	7-2½	2/17

Women's Long Jump

1	2	Tina SAMSON	FR	#3 Iowa Central CC	5.99m	19-8	1/20
2	5	Calleisha CHANCE	SO	#1 Iowa Western CC	5.87m	19-3¾	2/17
3	8	Sakina UMAR	FR	#1 Iowa Western CC{2}	5.68m	18-7¾	1/27
4	13	Zekira SNOW	FR	#2 Indian Hills (Iowa)	5.64m	18-6	12/9
5	16	Jayla BROWN	SO	#1 Iowa Western CC{3}	5.56m	18-3	2/17
6	27	Mercy HONESTY	FR	#1 Iowa Western CC{4}	5.41m	17-9	1/27
7	36	Zakiya PORTER	SO	#2 Indian Hills (Iowa){2}	5.27m	17-3½	2/3
8	39	Arriana JOHNSON	FR	#2 Indian Hills (Iowa){3}	5.19m	17-½	2/17
9	43	Tenisha HERBERT	FR	#8 North Iowa Area	5.15m	16-10¾	2/17
10	46	Julia HEAD	FR	#9 Cuyahoga (Ohio)	5.09m	16-8½	1/27

Women's Triple Jump

1	1	Mercy HONESTY	FR	#1 Iowa Western CC	12.44m	40-9¾	2/10
2	5	Jayla BROWN	SO	#1 Iowa Western CC{2}	11.98m	39-3¾	2/10
3	10	Sakina UMAR	FR	#1 Iowa Western CC{3}	11.56m	37-11¼	2/10
4	17	Tina SAMSON	FR	#3 Iowa Central CC	11.32m	37-1¾	2/10
5	29	Tenisha HERBERT	FR	#8 North Iowa Area	10.17m	33-4½	2/17
6	30	Lily WINTERGERST	SO	#5 Harper (Ill.)	10.02m	32-10½	2/16
7	31	Natalia POCICA	FR	#5 Harper (Ill.) {2}	10.01m	32-10¼	1/20
8	33	Lucia SANCHEZ SCRIVEN	FR	#5 Harper (Ill.) {3}	9.80m	32-2	2/16
9	34	Emilie MIHOV	FR	#5 Harper (Ill.) {4}	9.43m	30-11¼	2/2
10	35	Tessa BLEERS	SO	#11 DuPage (Ill.)	9.37m	30-9	1/26

Women's Shot Put

1	3	Sarai SIMPSON	FR	#1 Iowa Western CC	14.54m	47-8½	2/17
2	6	Chin-Loy RAYMOND	FR	#1 Iowa Western CC{2}	13.85m	45-5¼	2/10
3	13	Abby BARTZ	SO	#4 Hawkeye (Iowa)	12.74m	41-9¾	1/26
4	16	Natalie ALBERT	SO	#1 Iowa Western CC{3}	12.54m	41-1¾	1/20
5	22	Madison DAVIS	SO	#7 Vincennes (Ind.)	12.09m	39-8	2/17
6	31	Rowland KIRTON-BROWNE	FR	#3 Iowa Central CC	11.30m	37-1	2/17
7	37	Zuriya ROBINSON	FR	#3 Iowa Central CC {2}	11.00m	36-1¼	1/27
8	41	Sara DIEW	SO	#3 Iowa Central CC {3}	10.80m	35-5¼	2/17
9	43	Aliyah HENRY	FR	#3 Iowa Central CC {4}	10.77m	35-4	2/3
10	45	Delaney KOPRIVA	SO	#4 Hawkeye (Iowa) {2}	10.71m	35-1¾	2/17

Women's Weight Throw

1	5	Natalie ALBERT	SO	#1 Iowa Western CC	16.27m	53-4½	2/10
2	9	Sara DIEW	SO	#3 Iowa Central CC	15.40m	50-6¼	2/17
3	17	Abby BARTZ	SO	#4 Hawkeye (Iowa)	14.64m	48-½	1/19
4	18	Zuriya ROBINSON	FR	#3 Iowa Central CC {2}	14.35m	47-1	1/27
5	21	Sarai SIMPSON	FR	#1 Iowa Western CC{2}	14.00m	45-11¼	2/17
6	22	Jaylynn KING	FR	#9 Cuyahoga (Ohio)	13.93m	45-8½	2/10
7	23	Kierra SCHMIEDING	SO	#1 Iowa Western CC{3}	13.27m	43-6½	2/17
8	24	Chloe LARSEN	SO	#1 Iowa Western CC{4}	13.21m	43-4¼	2/17
9	33	Rowland KIRTON-BROWNE	FR	#3 Iowa Central CC {3}	12.59m	41-3¾	2/10
10	34	Aliyah HENRY	FR	#3 Iowa Central CC {4}	12.57m	41-3	2/10



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Women's Pentathlon

1	1	Tina SAMSON	FR	#3	Iowa Central CC	3,493	1/27
2	11	Arriana JOHNSON	FR	#2	Indian Hills (Iowa)	2,891	2/17
3	20	Landry MCCOID	FR	#3	Iowa Central CC {2}	2,507	2/17
4	21	Kamdyn STANLEY	SO	#1	Iowa Western CC	2,448	2/17
5	24	Madison STECKLER	FR	#1	Iowa Western CC {2}	2,397	2/17
6	25	Nicole SCHAEFER	FR	#3	Iowa Central CC {3}	2,357	2/17
6	25	Veronica ANDRUSYSHYN	FR	#1	Iowa Western CC {3}	2,357	2/17
8	30	Tasha WILLIAMS	FR	#4	Hawkeye (Iowa)	2,121	2/17



Regional TFRI Event Summary



West

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Women's 60 Meters

1	3	La'Nica LOCKER	FR	#10 Hinds (Miss.) CC	7.46	2/4
2	4	Kamaria KNIGHT	FR	#1 New Mexico JC	7.50c (7.48A)	1/13
3	6	Brandy HALL	SO	#3 South Plains (Te: {2}	7.53cw (7.51A) (4.1)	2/2
4	9	Deshay TURNER	FR	#2 Mesa (Ariz.) CC	7.58c (7.54A)	2/16
5	10	Sofia CARDOZO	SO	#12 Paradise Valley (	7.59	1/27
6	23	Breanna CLARKE	SO	#3 South Plains (Te: {2}	7.72c (7.70A)	1/13
6	23	Taliyah LINDSAY	SO	#13 Meridian (Miss.)	7.72	2/16
8	27	Amari PRATT	FR	#1 New Mexico JC {2}	7.75c (7.73A)	1/13
9	32	Ruth AGADAMA	FR	#3 South Plains (Te: {3}	7.77c (7.75A)	1/13
9	32	Odelia LEMONS	FR	#2 Mesa (Ariz.) CC {2}	7.77c (7.73A)	2/16

Women's 60 Meter Hurdles

1	2	Patience BOAHEMAA	SO	#4 Central Arizona	8.66c (8.66A)	2/16
2	5	Maliah EDWARDS	FR	#1 New Mexico JC	8.74c (8.74A)	1/27
3	8	Mikelia STRONG	SO	#4 Central Arizona {2}	8.81c (8.81A)	2/16
4	11	Lovina EWUSI	FR	#9 Western Texas	8.84c (8.84A)	2/10
5	13	Kalli HUSBAND	SO	#10 Hinds (Miss.) CC	8.87	2/4
6	14	Larissa BLANCHARD	FR	#5 Pima (Ariz.) CC	8.90	2/10
7	17	T'kyla BENNETT	FR	#10 Hinds (Miss.) CC {2}	8.98	2/4
8	19	Brieanna BOYCE	FR	#9 Western Texas {2}	9.00	2/2
9	20	Leila BARMORE	SO	#6 Glendale (Ariz.) C	9.03 (0.1)	1/20
10	22	Shackelia GREEN	SO	#9 Western Texas {3}	9.06	2/2

Women's 200 Meters

1	1	Lacarthea COOPER	SO	#1 New Mexico JC	23.97c (23.90A)	1/20
2	5	Lovina EWUSI	FR	#9 Western Texas	24.11c (24.04A)	2/10
3	7	Kamaria KNIGHT	FR	#1 New Mexico JC {2}	24.19	2/2
4	9	Dejona SIMPSON	SO	#1 New Mexico JC {3}	24.42c (24.35A)	2/10
5	10	Grace OBOUR	SO	#9 Western Texas {2}	24.43c (24.36A)	1/20
6	12	Deshay TURNER	FR	#2 Mesa (Ariz.) CC	24.49c (24.42A)	2/9
7	13	Brieanna BOYCE	FR	#9 Western Texas {3}	24.59c (24.52A)	2/10
7	13	La'Nica LOCKER	FR	#10 Hinds (Miss.) CC	24.59	2/4
9	22	Taliyah LINDSAY	SO	#13 Meridian (Miss.)	24.74	2/4
10	24	Nandy KIHUYU	FR	#1 New Mexico JC {4}	24.87	2/2

Women's 400 Meters

1	1	Lacarthea COOPER	SO	#1 New Mexico JC	54.15c (54.04A)	1/13
2	3	Dejona SIMPSON	SO	#1 New Mexico JC {2}	55.21	2/2
3	6	Nandy KIHUYU	FR	#1 New Mexico JC {3}	55.72c (55.61A)	1/27
4	7	Rushana DWYER	SO	#3 South Plains (Te: {2}	55.75c (55.64A)	2/10
5	8	Grace OBOUR	SO	#9 Western Texas	55.96c (55.85A)	1/13
6	10	Lovina EWUSI	FR	#9 Western Texas {2}	55.99	2/2
7	11	Leticia QUINGOSTAS	SO	#3 South Plains (Te: {2}	56.22	2/16
8	12	T'Anna LIBURD	FR	#4 Central Arizona	56.24c (56.13A)	2/9
9	16	Deshay TURNER	FR	#2 Mesa (Ariz.) CC	56.75	1/27
10	17	Saffia HINDS	SO	#3 South Plains (Te: {3}	56.89c (56.78A)	2/10

Women's 600 Meters

1	1	Rushana DWYER	SO	#3 South Plains (Te: {2}	1:34.30c (1:24.19A)	1/13
2	2	Grace KOMBETTO	FR	#4 Central Arizona	1:35.02c (1:35.02A)	2/9
3	4	Taylor JACOBS	SO	#2 Mesa (Ariz.) CC	1:35.45c (1:35.45A)	2/9
4	5	Jody ANN MITCHELL	FR	#1 New Mexico JC	1:35.57c (1:35.57A)	1/20
5	9	Brianna SAMUELS	SO	#4 Central Arizona {2}	1:37.25	2/3
6	12	Diane ONDOBO	SO	#2 Mesa (Ariz.) CC {2}	1:37.77	1/20
7	13	Lisanne SCHAPENDONK	FR	#1 New Mexico JC {2}	1:37.97c (1:37.97A)	1/27
8	14	T'Anna LIBURD	FR	#4 Central Arizona {3}	1:38.09c (1:38.09A)	2/9
9	15	Reanna CAMPBELL	SO	#2 Mesa (Ariz.) CC {3}	1:38.19	2/3
10	18	Ysanne PEART	FR	#1 New Mexico JC {3}	1:39.20c (1:39.20A)	1/27

Women's 800 Meters

1	2	Privilege CHIKARA	SO	#13 Meridian (Miss.)	2:08.81 OT	2/10
2	3	Rushana DWYER	SO	#3 South Plains (Te: {2}	2:09.46	2/16
3	6	Lilliana GUERRERO	SO	#3 South Plains (Te: {2}	2:13.13	2/16
4	7	Grace KOMBETTO	FR	#4 Central Arizona	2:13.86c (2:14.61A)	2/9
5	8	Jennaveve BINGHAM	FR	#8 Southern Idaho	2:14.94c (2:15.64A)	2/3
6	12	Emerald KEHR	FR	#7 Salt Lake (Utah)	2:15.27c (2:17.59fA)	2/16
7	14	Megan GARRETT	FR	#11 Trinidad State (C	2:16.08	2/10
8	16	Jayne ELVIN	FR	#1 New Mexico JC	2:16.32	2/2
9	17	Jody ANN MITCHELL	FR	#1 New Mexico JC {2}	2:16.36c (2:17.12A)	1/27
10	20	Lisanne SCHAPENDONK	FR	#1 New Mexico JC {3}	2:18.01c (2:18.78A)	1/20

Women's 1000 Meters

1	3	Megan GARRETT	FR	#11 Trinidad State (C	2:57.30c (2:59.23fA)	2/1
2	4	Lisanne SCHAPENDONK	FR	#1 New Mexico JC	2:59.11c (2:59.11A)	2/10
3	5	Lilliana GUERRERO	SO	#3 South Plains (Te: {2}	2:59.86c (2:59.86A)	1/13
4	10	Jayne ELVIN	FR	#1 New Mexico JC {2}	3:03.03c (3:03.03A)	2/10
5	11	Jazmin ESTRADA	SO	#12 Paradise Valley (	3:03.16	1/27
6	15	Vanessa GALLEGOS	SO	#1 New Mexico JC {3}	3:04.01c (3:04.01A)	2/10
7	17	Jody ANN MITCHELL	FR	#1 New Mexico JC {4}	3:05.04c (3:05.04A)	1/13
8	18	Taylor JACOBS	SO	#2 Mesa (Ariz.) CC	3:05.67	1/20
9	20	Jaresa JACKSON	SO	#8 Southern Idaho	3:07.77 OT	1/20
10	21	Mackenzie BETHANCOURT	FR	#12 Paradise Valley ({2}	3:08.25	1/27

Women's Mile

1	2	Elizabeth PHILLIPS	SO	#8 Southern Idaho	4:48.94c (4:58.23fA)	2/16
2	3	Alliyah MOLINA	SO	#11 Trinidad State (C	4:51.01c (5:07.34fA)	2/1
3	6	Privilege CHIKARA	SO	#13 Meridian (Miss.)	4:56.32 OT	2/10
4	7	Emerald KEHR	FR	#7 Salt Lake (Utah)	4:58.55c (4:58.52A)	1/13
5	8	Megan GARRETT	FR	#11 Trinidad State (C{2}	4:59.64	2/10
6	9	Madelyn CHRISTENSEN	FR	#8 Southern Idaho {2}	5:01.45c (5:11.14fA)	2/16
7	10	Lilian MATEO TORREZ	FR	#3 South Plains (Te: {2}	5:01.69	1/27
8	12	Jennaveve BINGHAM	FR	#8 Southern Idaho {3}	5:05.15c (5:11.08A)	2/10
9	13	Jazmin ESTRADA	SO	#12 Paradise Valley (	5:06.70 OT	2/3
10	14	Grace TIPTON	SO	#7 Salt Lake (Utah) {2}	5:07.03 OT	1/27



Regional TFRI Event Summary



West

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Women's 3000 Meters

1	1	Alliyah MOLINA	SO	#11	Trinidad State (C	9:52.37c	(10:19.81fA)	1/20
2	2	Emerald KEHR	FR	#7	Salt Lake (Utah)	9:55.38 OT		1/27
3	3	Lilian MATEO TORREZ	FR	#3	South Plains (Te:	9:57.24		1/27
4	4	Elizabeth PHILLIPS	SO	#8	Southern Idaho	10:00.14c	(10:14.35A)	2/3
5	5	Jazmin ESTRADA	SO	#12	Paradise Valley (	10:04.44		2/16
6	8	Lindsie FAUSETT	FR	#7	Salt Lake (Utah) {2}	10:13.59c	(10:34.31fA)	2/16
7	9	Abigail CASE	SO	#8	Southern Idaho {2}	10:16.50c	(10:37.32fA)	2/16
8	11	Elayna LOVERIDGE	FR	#7	Salt Lake (Utah) {3}	10:19.75c	(10:40.68fA)	2/16
9	12	Jennaveve BINGHAM	FR	#8	Southern Idaho {3}	10:20.03c	(10:33.55A)	1/26
10	16	Madelyn CHRISTENSEN	FR	#8	Southern Idaho {4}	10:23.95c	(10:37.56A)	2/10

Women's 5000 Meters

1	1	Alliyah MOLINA	SO	#11	Trinidad State (C	16:51.48		2/10
2	2	Lilian MATEO TORREZ	FR	#3	South Plains (Te:	16:57.59c	(17:11.16A)	2/10
3	3	Elizabeth PHILLIPS	SO	#8	Southern Idaho	17:03.31c	(17:27.36A)	2/10
4	5	Lindsie FAUSETT	FR	#7	Salt Lake (Utah)	17:32.11c	(17:58.93A)	2/3
5	7	Elayna LOVERIDGE	FR	#7	Salt Lake (Utah) {2}	17:45.91 OT		1/27
6	8	Kennedy SWAIN	SO	#7	Salt Lake (Utah) {3}	17:47.12 OT		1/27
7	11	Molly JENSEN	SO	#7	Salt Lake (Utah) {4}	18:08.42 OT		1/27
8	12	Brielle LEE	FR	#7	Salt Lake (Utah) {5}	18:12.42 OT		1/27
9	13	Abigail CASE	SO	#8	Southern Idaho {2}	18:21.47c	(18:49.55A)	2/3
10	14	Carolyne KIMAIYO	SO	#1	New Mexico JC	18:28.86		2/2

Women's 4x400 Relay

1	1	Nandy Kihuyu, Dejona Simpson, Kamaria Knight, Lacarthea Cooper	#1	New Mexico JC	3:40.05c	(3:39.61A)	2/10
2	2	Leticia Quingostas, Rushana Dwyer, Lilliana Guerrero, Safhia Hinds	#3	South Plains (Te:	3:42.65		2/16
3	3	Brianna Boyce, Asia Foster, Shackelia Green, Lovina Ewusi	#9	Western Texas	3:44.48c	(3:44.04A)	2/10
4	4	Deshay Turner, Diane Ondobo, Reanna Campbell, Taylor Jacobs	#2	Mesa (Ariz.) CC	3:48.57c	(3:48.13A)	2/9
5	9	#Type!	#10	Hinds (Miss.) CC	3:52.08		2/4
6	12	Mikelia Strong, T'Anna Liburd, Grace Kombetto, Shakiah Phillip	#4	Central Arizona	3:56.50		1/27
7	23	Jennaveve Bingham, Jaresa Jackson, Sophia Burnett, Laynee Rowley	#8	Southern Idaho	4:10.77c	(4:10.33A)	1/26
8	24	Rachael Bethancourt, McKinley L. Blanton, Mackenzie Bethancourt, Jazmin Estrada	#12	Paradise Valley (	4:11.03		2/10
9	27	Naiomi Hereim, Tianna Mosley, Maylee Thompson, Tayler Crane	#5	Pima (Ariz.) CC	4:18.91		2/10

Women's 4x800 Relay

1	1	#Type!	#7	Salt Lake (Utah)	9:45.25c	(9:45.25A)	1/13
2	8	Cruzita Avila, Logan Pevehouse, Ingrid Santamaria, Taylor Gutierrez	#14	Jacksonville (Te:	10:51.72 OT		1/20



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West

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Women's Distance Medley Relay

1	3	Vanessa Gallegos, Ysanne Peart, Jody Ann Mitchell, Lisanne Schapendonk	#1 New Mexico JC	12:17.59	2/2
2	4	Lilliana Guerrero, Leticia Quingostas, Rushana Dwyer, Lilian Mateo Torrez	#3 South Plains (Te:	12:20.76	1/27
3	8	Jaresa Jackson, Elizabeth Stanley, Sophia Burnett, Rozzlyn Cazier	#8 Southern Idaho	12:35.23c(12:45.37A)	2/10
4	10	Keira Damron, McKinley Blanton, Mackenzie Bethancourt, Jazmin Estrada	#12 Paradise Valley (	12:42.46	2/10
5	11	Brianna Samuels, Grace Kombetto, T'Anna Liburd, Temyra Bia	#4 Central Arizona	12:42.57	2/3
6	13	Kennedy Swain, Avery Jensen, Molly Jensen, Grace Tipton	#7 Salt Lake (Utah)	12:50.02c(13:09.28fA)	1/20
7	16	Kendra Guest, Diane Ondobo, Taylor Jacobs, Carmella Baldwin	#2 Mesa (Ariz.) CC	12:58.97	1/27
8	17	Linda Rivero, Tayler Crane, Alyssa Perez, Reatta Danoff	#5 Pima (Ariz.) CC	13:04.72	2/10
9	21	Cassilyn Jaecks, Clarisse Yvette, Laila Vasquez, Kimberly Mata	#15 Hill (Texas)	14:10.56	1/27

Women's High Jump

1	3	Achol MAYWIN	SO	#1 New Mexico JC	1.72m	5-7¾	1/20
2	4	Leila BARMORE	SO	#6 Glendale (Ariz.) C	1.71m	5-7¼	2/2
3	7	Kaelyn GIARRUSSO	FR	#6 Glendale (Ariz.) C{2}	1.67m	5-5¾	2/10
3	7	Isabel GREEN	FR	#5 Pima (Ariz.) CC	1.67m	5-5¾	1/20
5	10	Daniel HINDS	SO	#1 New Mexico JC {2}	1.65m	5-5	1/13
6	12	Janiya ROSS	FR	#5 Pima (Ariz.) CC {2}	1.62m	5-3¾	1/27
6	12	Abril OKON	FR	#3 South Plains (Te:	1.62m	5-3¾	2/2
6	12	April NECAISE	FR	#5 Pima (Ariz.) CC {2}	1.62m	5-3¾	1/20
6	12	Hannah HURLEY	FR	#6 Glendale (Ariz.) C{3}	1.62m	5-3¾	2/10
10	16	Mikayla GUMBS	FR	#1 New Mexico JC {3}	1.61m	5-3¼	1/27

Women's Pole Vault

1	4	Sarah NIPPER	FR	#2 Mesa (Ariz.) CC	3.41m	11-2¼	2/3
2	10	Raely PALMER	FR	#2 Mesa (Ariz.) CC {2}	3.25m	10-8	2/16
3	14	Alexandra CAREY	FR	#6 Glendale (Ariz.) C	3.11m	10-2½	1/27
4	15	Lauren ALLARD	FR	#6 Glendale (Ariz.) C{2}	3.10m	10-2	2/16
5	18	Celisa SCARBROUGH	FR	#6 Glendale (Ariz.) C{3}	2.96m	9-8½	1/20
5	18	Giuliana SAPORITO SCHIESARO	FR	#3 South Plains (Te:	2.96m	9-8½	2/2
5	18	Brianne ROBERTS	FR	#5 Pima (Ariz.) CC	2.96m	9-8½	1/20
8	22	Maryn TERRY	FR	#3 South Plains (Te:{2}	2.81m	9-2½	2/2
9	26	Promise BENTLEY- BROWN	FR	#6 Glendale (Ariz.) C{4}	2.66m	8-8¾	1/27
10	32	Maylee THOMPSON	FR	#5 Pima (Ariz.) CC {2}	2.51m	8-2¾	2/10

Women's Long Jump

1	7	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC	5.69m	18-8	2/16
2	8	Marisa HENNIX	FR	#2 Mesa (Ariz.) CC {2}	5.68m	18-7¾	2/16
3	10	Sydney ROQUEBRUN	FR	#3 South Plains (Te:	5.67m	18-7¼	2/10
4	11	Leila BARMORE	SO	#6 Glendale (Ariz.) C	5.66m		2/3
5	16	Kavel RITCHIE	FR	#1 New Mexico JC	5.56m	18-3	2/2
6	19	Maylee THOMPSON	FR	#5 Pima (Ariz.) CC	5.54m		1/20
6	19	Tianna MOSLEY	SO	#5 Pima (Ariz.) CC	5.54m		1/20
8	24	Ruth AGADAMA	FR	#3 South Plains (Te:{2}	5.49m	18-¼	1/27
9	25	Paula Ann CHAMBERS	SO	#3 South Plains (Te:{3}	5.48m	17-11¾ (6.1	2/2
10	29	Patience BOAHEMAA	SO	#4 Central Arizona	5.35m		2/2

Women's Triple Jump

1	2	Leila BARMORE	SO	#6 Glendale (Ariz.) C	12.12m		2/10
2	3	Tianna MOSLEY	SO	#5 Pima (Ariz.) CC	12.10m	39-8½	2/16
3	8	Kavel RITCHIE	FR	#1 New Mexico JC	11.67m	38-3½	2/10
4	12	Marisa HENNIX	FR	#2 Mesa (Ariz.) CC	11.45m	37-6¾	1/12
4	12	Roxy CHRISTENSEN	FR	#5 Pima (Ariz.) CC {2}	11.45m	37-6¾	2/16
6	17	Ashanti PATTON	FR	#13 Meridian (Miss.)	11.32m	37-1¾	2/16
7	20	Bella HOFFMAN	FR	#5 Pima (Ariz.) CC {3}	10.96m		2/10
8	21	Oyindamola ADETUTU	FR	#6 Glendale (Ariz.) C{2}	10.95m	35-11¼ (0.0	1/20
9	24	Alexandra CAREY	FR	#6 Glendale (Ariz.) C{3}	10.71m		2/10
10	26	Zamirah PARKER	SO	#2 Mesa (Ariz.) CC {2}	10.43m	34-2¾ (0.0)	1/20

Women's Shot Put

1	2	Esteisy SALAS	FR	#1 New Mexico JC	15.12m	49-7¼	1/27
2	4	Kasie UGEH	SO	#4 Central Arizona	14.02m	46-0	1/20
3	14	Rejoice AGBEWODIE	FR	#4 Central Arizona {2}	12.70m	41-8	1/27
4	15	Patience BOAHEMAA	SO	#4 Central Arizona {3}	12.59m	41-3¾	2/2
5	17	Yosiris CORDOBA	FR	#1 New Mexico JC {2}	12.42m	40-9	1/20
6	19	Catherine GREEN	SO	#3 South Plains (Te:	12.26m	40-2¾	1/13
7	25	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC	11.80m	38-8¾	2/16
8	26	Jamelia NICHOLAS	FR	#4 Central Arizona {4}	11.72m	38-5½	2/3
9	30	Kapualani MAGNANI	SO	#5 Pima (Ariz.) CC	11.42m	37-5¾	2/16
10	35	Seioriana GLASS	FR	#2 Mesa (Ariz.) CC {2}	11.09m	36-4¾	1/27



Regional TFRI Event Summary



West

as of 2/26/2024 8:15:15 AM ET

Women's Weight Throw

1	1	Tania DA SILVA	FR	#1	New Mexico JC	19.23m	<i>63-1¼</i>	1/20
2	5	Rejoice AGBEWODIE	FR	#4	Central Arizona	16.27m	<i>53-4½</i>	2/10
3	12	Seioriana GLASS	FR	#2	Mesa (Ariz.) CC	15.15m	<i>49-8½</i>	2/16
4	13	Maleah TUCKER	FR	#2	Mesa (Ariz.) CC	{2}15.11m	<i>49-7</i>	1/27
5	16	Annika ARVAYO	SO	#5	Pima (Ariz.) CC	14.99m	<i>49-2¼</i>	2/3
6	20	Kapualani MAGNANI	SO	#5	Pima (Ariz.) CC	{2}14.02m	<i>46-0</i>	2/16
7	29	Kasie UGEH	SO	#4	Central Arizona	{2}12.99m	<i>42-7½</i>	1/20
8	40	Jenyce LOPEZ	SO	#5	Pima (Ariz.) CC	{3}12.23m	<i>40-1½</i>	2/16
9	45	Esteisy SALAS	FR	#1	New Mexico JC	{2}11.90m	<i>39-½</i>	2/2
10	50	Angelina THIEL	SO	#6	Glendale (Ariz.) C	11.61m	<i>38-1¼</i>	2/3

Women's Pentathlon

1	2	Maliyah ROSS	SO	#2	Mesa (Ariz.) CC	3,478	2/2
2	3	Aliyah GIDHARRY	FR	#4	Central Arizona	3,234	2/2
3	4	Leila BARMORE	SO	#6	Glendale (Ariz.) C	3,232	2/2
4	5	Patience BOAHEMAA	SO	#4	Central Arizona	{2}3,173	2/10
5	8	Natalia BRZEZNIAK	SO	#2	Mesa (Ariz.) CC	{2}2,962	2/2
6	12	Maylee THOMPSON	FR	#5	Pima (Ariz.) CC	2,869	1/20
7	13	Amber SIMPSON	SO	#3	South Plains (Te:	2,856	1/27
8	17	Kaelyn GIARRUSSO	FR	#6	Glendale (Ariz.) C	{2}2,649	2/2
9	19	Jacey PERKINS	FR	#4	Central Arizona	{3}2,632	2/2
10	23	Lucille LOVELACE	SO	#2	Mesa (Ariz.) CC	{3}2,411	2/2