



USTFCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



Atlantic

as of 3/25/2024 4:34:43 PM ET

Women's 100 Meters

1	22	Lydia CHAPPLE	JR	#3 Winston-Salem S	11.92w	(3.5)	3/23
2	23	Brianna BENLOSS	FR	#3 Winston-Salem S{2}	11.94w	(3.9)	3/23
3	35	Leah GRAYBILL	SR	#2 Shippensburg	12.07	(-1.1)	3/23
4	49	Layla SPENCER	FR	#5 Claflin	12.15w	(3.1)	3/23
5	77	Markeria KING	FR	#7 Virginia State	12.26w	(3.6)	3/23
6	84	Tramoni MYLES	JR	#4 Fayetteville Stat	12.29w	(3.7)	3/22
7	92	Aleisia ROBINSON	FR	#24 Livingstone	12.34	(1.3)	3/16
7	92	Aliyah SERRANO	JR	#2 Shippensburg {2}	12.34	(-1.1)	3/23
7	92	Jadah RASOOL	FR	#5 Claflin {2}	12.34	(0.1)	3/16
10	95	Regan JOHNSON	JR	#1 Slippery Rock	12.35	(-0.2)	3/23

Women's 100 Meter Hurdles

1	15	Charnessa REID	JR	#3 Winston-Salem S	14.43	(-3.0)	3/16
2	42	Jada STARKS	FR	#7 Virginia State	14.88	(1.9)	3/23
3	44	Ryleigh MARKS	FR	#2 Shippensburg	14.90	(-1.0)	3/23
4	59	Isha SESAY	SR	#22 Wheeling	15.07	(0.8)	3/16
5	61	Kailee BUNYARD	SR	#11 California (Pa.)	15.08	(1.7)	3/16
6	62	Sasha LEE	JR	#2 Shippensburg {2}	15.09	(-1.0)	3/23
7	70	Samantha CASH	JR	#8 West Virginia We	15.20	(0.8)	3/16
8	71	Jaelynn WYNDER-HILL	SO	#7 Virginia State {2}	15.21	(1.8)	3/23
9	75	Diamond SPENCER	FR	#4 Fayetteville Stat	15.24	(1.4)	3/16
10	77	Gabrielle MAYE	FR	Johnson C. Smitl	15.25	(2.0)	3/16

Women's 200 Meters

1	28	Brianna BENLOSS	FR	#3 Winston-Salem S	24.55	(0.5)	3/16
2	53	Janya MOORE	FR	#4 Fayetteville Stat	24.89	(0.9)	3/22
3	55	Lydia CHAPPLE	JR	#3 Winston-Salem S{2}	24.93	(0.5)	3/16
4	83	Tramoni MYLES	JR	#4 Fayetteville Stat{2}	25.18w	(3.3)	3/16
5	91	Aliyah SERRANO	JR	#2 Shippensburg	25.24	(-1.7)	3/23
6	97	Antiya MCALISTER	FR	#20 West Virginia Sta	25.30	(0.0)	3/22
7		Zoe LEDET	FR	#20 West Virginia Sta{2}	25.33	(-0.2)	3/22
8		Aleisia ROBINSON	FR	#24 Livingstone	25.48	(0.4)	3/16
9		Jonnica FULLER	SR	#5 Claflin	25.50	(0.7)	3/16
10		Markeria KING	FR	#7 Virginia State	25.51	(1.8)	3/23

Women's 400 Meters

1	20	Janya MOORE	FR	#4 Fayetteville Stat	56.34		3/22
2	42	Caroline MASTRIA	SR	#2 Shippensburg	57.20		3/23
3	44	Toni MIDDLEBROOKS	FR	#21 Virginia Union	57.29		3/22
4	51	Malika COUTAIN	JR	#5 Claflin	57.51		3/16
5	57	Jonnica FULLER	SR	#5 Claflin {2}	57.66		3/16
6	88	Jazlynn CHURCH	JR	#25 Lincoln (Pa.)	58.47		3/16
7	90	Maya CLARK	FR	#6 Charleston (W.V.	58.50		3/15
8	94	Liberty GEARINGER	FR	#12 Lock Haven	58.57		3/16
9		Jaime PRESTON	FR	#20 West Virginia Sta	58.93		3/22
10		Alyssa WERT	SO	#2 Shippensburg {2}	59.04		3/23

Women's 400 Meter Hurdles

1	26	Natasha BERNETT	SR	#9 Seton Hill	1:03.92		3/23
2	41	Melanie BARGER	SO	#2 Shippensburg	1:04.97		3/23
3	42	Samantha CASH	JR	#8 West Virginia We	1:05.03		3/16
4	51	Aubrey WIETHE	SR	#8 West Virginia We{2}	1:05.78		3/16
5	52	Rachel VENEZIANO	JR	#1 Slippery Rock	1:05.81		3/23
6	59	Madison MALCOLM	FR	#2 Shippensburg {2}	1:06.27		3/23
7	64	Layla SIMPSON	SO	#3 Winston-Salem S	1:06.60		3/16
8	71	Ryleigh MARKS	FR	#2 Shippensburg {3}	1:06.80		3/23
9	74	Tanyiah LAWLER	JR	#10 Kutztown	1:06.85		3/23
10	78	Balie DESTEFANO	SR	#6 Charleston (W.V.	1:07.02		3/15

Women's 800 Meters

1	36	Emily WALLACE	SR	#16 Concord	2:17.15		3/23
2	44	Natalie BARR	FR	#17 Glenville State	2:17.63		3/16
3	61	Aubrey SECHRIST	JR	#12 Lock Haven	2:18.73		3/16
4	63	Viola KORIR	FR	#4 Fayetteville Stat	2:18.77		3/16
5	73	Repline CHEPTOO	SO	#4 Fayetteville Stat{2}	2:19.60		3/16
6	75	Mercy JEPLETING	JR	#6 Charleston (W.V.	2:19.69		3/23
7	97	Dakota JOHNSON	SO	#8 West Virginia We	2:21.02		3/23
8	100	Kelsey HULL	SO	#2 Shippensburg	2:21.11		3/23
9		Gabriella FRALIN	FR	#11 California (Pa.)	2:21.61		3/23
10		Mackenzie CARVER	SR	Clarion	2:21.70		3/23

Women's 1500 Meters

1	24	Anna IGIMS	SR	#1 Slippery Rock	4:37.71		3/23
2	40	Emily WALLACE	SR	#16 Concord	4:41.73		3/16
3	51	Mercy JEPLETING	JR	#6 Charleston (W.V.	4:43.55		3/23
4	57	Madison WOOLWINE	JR	#6 Charleston (W.V.{2}	4:44.52		3/23
5	62	Kelsey HULL	SO	#2 Shippensburg	4:46.14		3/23
6	85	Madeline CURTIS	JR	#11 California (Pa.)	4:49.16		3/23
7		Natalie BARR	FR	#17 Glenville State	4:50.62		3/16
8		Lauren TWYMAN	SO	Davis and Elkins	4:50.70		3/23
9		Maddy MURLAND	SR	#1 Slippery Rock {2}	4:51.51		3/16
10		Jennifer CICHRA	SO	#1 Slippery Rock {3}	4:51.54		3/16

Women's 5000 Meters

1	4	Anna IGIMS	SR	#1 Slippery Rock	16:49.33		3/16
2	52	Leigha HALL	JR	#8 West Virginia We	17:51.39		3/23
3	58	Emily WALLACE	SR	#16 Concord	17:54.63		3/9
4	63	Rose MUTURI	FR	#7 Virginia State	17:56.96		3/23
5		Isabella MYLES	SR	#9 Seton Hill	18:27.69		3/16
6		Katie SLIMON	FR	#13 Edinboro	18:45.88		3/16
7		Maddie GRILLO	SR	#1 Slippery Rock {2}	18:46.77		3/23
8		Morgan LESNANSKY	SO	#14 West Liberty Sta	19:10.14		3/23
9		Megan MUDGER	SR	#12 Lock Haven	19:11.56		3/16
10		Allison FARSON	JR	Clarion	19:34.17		3/23



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Women's 4x100 Relay

1	11	Brianna Benloss, Allysa Fryer, Ronee Tudor, Lydia Chapple	#3 Winston-Salem S	46.37	3/16
2	16	Aliyah Serrano, Sara McKean, Kayla Dalhouse, Leah Graybill	#2 Shippensburg	46.92	3/23
3	20	Samantha Gilbert, Regan Johnson, Layne Miller, Thai-Lin Pierce	#1 Slippery Rock	47.19	3/23
4	31	Tramoni Myles, Janya Moore, Jayla Williams, Mia Thompson	#4 Fayetteville Stat	47.52	3/16
5	34	Candace Morris, Zoe Ledet, Antiya McAlister, Kamauree Randolph	#20 West Virginia Sta	47.63	3/22
6	38	Layla Spencer, Jada Rasool, Jonnica Fuller, Pheijana Burnside	#5 Claflin	47.78	3/16
7	40	Desairey Gray, Jayla Greene, Jada Starks, Markeria King	#7 Virginia State	47.91	3/23
8	43	Kiana Young, Taniyah Lawler, Raechel Bonner, Beth Schearer	#10 Kutztown	48.05	3/23
9	45	Aisha Carrington, Anaaja Ferrell, Ade Conover, Kamani Johns	#25 Lincoln (Pa.)	48.13	3/16
10	53	Anijah Triggs, Daijah Miles, Vanaia Lewis- Diggs, Brijette Basden	#19 Shaw	48.64	3/16

Women's 4x400 Relay

1	21	Toni MiddleBrooks, Jailyn Johnson, Tenae Minor, Nia Randell	#21 Virginia Union	3:58.43	3/22
2	25	Ronee Tudor, Daijion Lee, Lydia Chapple, Hayleigh Bryant	#3 Winston-Salem S	4:00.16	3/16
3	30	Aisha Carrington, Jazlynn Church, Anaaja Ferrell, Aniya Whitfield	#25 Lincoln (Pa.)	4:01.77	3/16
4	33	Jonnica Fuller, Malika Coutain, Jhnyia Knuckles, Jasmine Young	#5 Claflin	4:02.41	3/16
5	46	Janya Moore, Abraonna Williams, Sierrah Matthews, Mia Thompson	#4 Fayetteville Stat	4:04.58	3/16
6	49	Desairey Gray, Jayla Greene, Jada Starks, Emetem Bezezuh	#7 Virginia State	4:05.17	3/23
7	57	Aubrey Wiethe, Marimo Akita, Ayanna Woods, Dakota Johnson	#8 West Virginia We	4:08.73	3/16
8	62	Layla Husbands, Kam'Ryn Fontaine, Mylah Faulk, Zahra Graham	#18 Bowie State	4:10.28	3/16
9	69	Taylor Timmons, Bekah Priano, Gabriella Fralin, Alessandra Peccon	#11 California (Pa.)	4:15.13	3/16
10	73	Annasophia Stauffer, Shannon McCullough, Rachel Veneziano, Lydia Reed	#1 Slippery Rock	4:17.20	3/23

Women's High Jump

1	19	Madeline NEWARK	SO	#13 Edinboro	1.64m	5-4½	3/16
2	23	Cassidy DAVIS	FR	#1 Slippery Rock	1.62m	5-3¾	3/16
3	35	Kennedy ALEXANDER	SR	#3 Winston-Salem S	1.60m	5-3	3/16
3	35	Ally RICHWINE	SO	#2 Shippensburg	1.60m	5-3	3/23
3	35	Ashley LAUKUS	FR	#2 Shippensburg	1.60m	5-3	3/23
3	35	Marlayna MCBRIDE	FR	#5 Claflin	1.60m	5-3	3/2
7	51	Tatum HOFFMAN	JR	#11 California (Pa.)	1.58m	5-2¼	3/16
7	51	Kat HENDERSON	SR	#11 California (Pa.)	1.58m	5-2¼	3/16
7	51	Lydia LATIMER	SR	#1 Slippery Rock	{2} 1.58m	5-2¼	3/16
10	68	Aanya HOWARD	SR	#7 Virginia State	1.56m	5-1¼	3/23



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Women's Pole Vault

1	43	Taylor FUNK	FR	#10 Kutztown	3.50m	11-5¾	3/23
1	43	Carissa BENDER	FR	#2 Shippensburg	3.50m	11-5¾	3/23
3	52	Allison TAYLOR	SO	#1 Slippery Rock	3.45m	11-3¾	3/16
4	66	Hanna ZEILER	JR	#1 Slippery Rock	{2} 3.35m	10-11¾	3/23
4	66	Eva MORRISON	SO	#23 Frostburg State	3.35m	10-11¾	3/23
6	81	Katie MCNESBY	SO	#2 Shippensburg	{2} 3.20m	10-6	3/23
6	81	Marissa MCNAMEE	FR	#10 Kutztown	{2} 3.20m	10-6	3/23
8	92	Jenna SMITH	JR	#22 Wheeling	3.14m	10-3½	3/23
9		Kimberly HALSEY	SR	#17 Glenville State	3.05m	10-0	3/23
10		Abby MCDONOUGH	FR	#8 West Virginia We	3.00m	9-10	3/16

Women's Long Jump

1	9	Sasha LEE	JR	#2 Shippensburg	5.82m	19-1¼ (1.0)	3/23
2	13	M'Smrya SEWARD	SR	#4 Fayetteville Stat	5.78m	18-11¾ (1.5)	3/22
3	20	Aleksandra BROZESKI	JR	#1 Slippery Rock	5.66m	18-7 (0.4)	3/23
3	20	Sara MCKEAN	SR	#2 Shippensburg	{2} 5.66m	18-7 (0.6)	3/23
5	35	Charnessa REID	JR	#3 Winston-Salem S	5.54mw	18-2¼ (3.8)	3/23
6	44	Samantha GILBERT	SR	#1 Slippery Rock	{2} 5.47m	17-11½ (0.0)	3/23
7	47	Jhnyia KNUCKLES	FR	#5 Clafin	5.45m	17-10¾ (1.1)	3/23
8	52	Cassidy DAVIS	FR	#1 Slippery Rock	{3} 5.42m	17-9½ (0.5)	3/16
9	55	Domanique KNOWLES	JR	#4 Fayetteville Stat	{2} 5.40mw	17-8¾ (2.9)	3/16
10	73	Maddison DOREN	JR	#13 Edinboro	5.26m	17-3¼ (-0.2)	3/16
10	73	Ryleigh MARKS	FR	#2 Shippensburg	{3} 5.26m	17-3¼ (0.0)	3/23
10	73	Abigail WILLIAMSON	JR	#1 Slippery Rock	{4} 5.26m	17-3¼ (-0.1)	3/23

Women's Triple Jump

1	15	Laura DELGADO DE TORRES	SO	#6 Charleston (W.V.)	11.65m	38-2¾ (0.6)	3/23
2	18	Delaney BEARD	SR	#10 Kutztown	11.59m	38-¼ (0.8)	3/23
2	18	Marlayna MCBRIDE	FR	#5 Clafin	11.59m	38-¼ (0.4)	3/23
4	24	Tiara WILSON	SO	#4 Fayetteville Stat	11.46mw	37-7¼ (2.2)	3/22
5	26	Jhnyia KNUCKLES	FR	#5 Clafin	{2} 11.45m	37-6¾ (-0.9)	3/16
6	27	Domanique KNOWLES	JR	#4 Fayetteville Stat	{2} 11.43m	37-6 (1.0)	3/22
7	33	Raelyn VADALA	SO	Bluefield State	11.32m	37-1¾ (0.5)	3/23
8	36	Mia THOMPSON	SO	#4 Fayetteville Stat	{3} 11.24m	36-10½ (1.9)	3/22
9	49	Baylee BLAUSER	SO	#1 Slippery Rock	11.02m	36-2 (-0.2)	3/23
10	54	Stefani VASILEVA	SO	#6 Charleston (W.V.)	{2} 11.00m	36-1¼ (0.7)	3/23

Women's Shot Put

1	14	Olivia HECKMAN	SO	#1 Slippery Rock	13.77m	45-2¼	3/23
2	16	Destiny GRIFFIN	JR	#3 Winston-Salem S	13.63m	44-8¾	3/23
3	23	Yassine KAMARA	SO	#18 Bowie State	13.33m	43-8¾	3/16
4	24	Janae SCOTT	SO	#17 Glenville State	13.28m	43-7	3/16
5	25	Rebecca MARTIN	SO	#1 Slippery Rock	{2} 13.27m	43-6½	3/16
6	41	Savannah SCHNECK	FR	#1 Slippery Rock	{3} 12.76m	41-10½	3/23
7	56	Shelly JONES	SR	Clarion	12.45m	40-10¼	3/23
8	66	ShanAnn SIMMONS	JR	#2 Shippensburg	12.24m	40-2	3/23
9	87	Asia LAMPE	SR	#3 Winston-Salem S	{2} 11.99m	39-4	3/23
10	91	Ashanti WRIGHT	SO	#19 Shaw	11.95m	39-2½	3/1

Women's Discus

1	23	Sierra DAVIS	FR	#14 West Liberty Sta	42.69m	140-1	3/16
2	26	Yassine KAMARA	SO	#18 Bowie State	42.51m	139-6	3/16
3	58	Kennedy MARTIN	SR	#14 West Liberty Sta	{2} 40.11m	131-7	3/16
4	60	Gabrielle HENRY	JR	#19 Shaw	40.00m	131-3	3/16
5	63	Adriana FAZZINI	FR	#14 West Liberty Sta	{3} 39.77m	130-6	3/16
6	68	Tiffany JOLAYEMI	SR	#1 Slippery Rock	39.52m	129-8	3/23
7	74	Asia LAMPE	SR	#3 Winston-Salem S	39.20m	128-8	3/23
8	90	Ashley TAYLOR	SR	#4 Fayetteville Stat	38.46m	126-2	3/16
8	90	Mallory ECK	SO	#12 Lock Haven	38.46m	126-2	3/16
8	90	Makalya DECKER	JR	#2 Shippensburg	38.46m	126-2	3/23

Women's Hammer

1	20	Tiffany JOLAYEMI	SR	#1 Slippery Rock	49.43m	162-2	3/23
2	42	Abby MCKINNEY	SO	#6 Charleston (W.V.)	46.95m	154-1	3/23
3	51	Sarah GILLIAM	SR	#9 Seton Hill	46.02m	151-0	3/23
4	67	Jing MCCANN	JR	#11 California (Pa.)	44.40m	145-8	3/16
5	72	Julia BECK	SR	#12 Lock Haven	44.12m	144-9	3/16
6	84	Ella NILSSON	FR	#6 Charleston (W.V.)	{2} 43.40m	142-5	3/23
7	88	Savannah SCHNECK	FR	#1 Slippery Rock	{2} 43.07m	141-4	3/23
8	99	Alyssa VANGORDER	SO	#12 Lock Haven	{2} 42.31m	138-10	3/16
9		Samya TUGGLE	FR	#8 West Virginia We	41.23m	135-3	3/23
10		Autumn STEWART	FR	#1 Slippery Rock	{3} 40.36m	132-5	3/23

Women's Javelin

1	7	Hannah CASSNER	FR	#2 Shippensburg	43.50m	142-9	3/23
2	11	Isabella BARTOLETTI	SO	#1 Slippery Rock	42.57m	139-8	3/23
3	18	Abby REASONER	JR	#2 Shippensburg	{2} 41.82m	137-3	3/23
4	25	Kaylla WILLIAMS	FR	#15 Indiana (Pa.)	40.06m	131-5	3/16
5	38	Eden RUSH	FR	#13 Edinboro	38.42m	126-1	3/16
6	50	Catherine MANCINO	JR	#2 Shippensburg	{3} 36.73m	120-6	3/23
7	54	Madison SIEG	SR	#2 Shippensburg	{4} 36.40m	119-5	3/23
8	56	Brittany NYE	SO	#2 Shippensburg	{5} 36.02m	118-2	3/23
9	58	Joselyn DAWSON	FR	#15 Indiana (Pa.)	{2} 35.90m	117-10	3/16
10	62	Nicola PUGGE	JR	#2 Shippensburg	{6} 35.32m	115-11	3/23

Women's Heptathlon

1	4	Madeline NEWARK	SO	#13 Edinboro	4,311	3/16
2	6	Lydia LATIMER	SR	#1 Slippery Rock	4,284	3/16
3	9	Lorna SPEIGLE	SR	#1 Slippery Rock	{2} 4,132	3/16
4	14	Miriam DREHER	JR	#6 Charleston (W.V.)	3,940	3/16
5	34	Renee SIMMONDS	SO	#15 Indiana (Pa.)	3,218	3/16
6	35	Nadiyah ABDUSSALAAM	FR	#16 Concord	3,167	3/16
7	42	Samantha TRENCH	FR	#12 Lock Haven	2,922	3/15



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Central

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Women's 100 Meters

1	2	Diandrenique GAINES	JR	#1 Pittsburg State	11.51	(1.0)	3/23
2	8	Taniya LOONEY	SO	#1 Pittsburg State {2}	11.66	(1.0)	3/23
3	30	Leila NGAPOUT	FR	#2 Harding	12.01	(-0.5)	3/16
4	40	Kamryn FLOYD	FR	#3 Southern Arkans	12.10	(1.3)	3/16
5	55	Renea TAYLOR	JR	#11 Northern State	12.19	(2.0)	3/16
6	59	Siby YAO	JR	#1 Pittsburg State {3}	12.21	(1.0)	3/23
7	74	Anna WOOLSEY	FR	#6 Ouachita Baptist	12.25w	(2.1)	3/15
8	77	Briana JOHNSON	SR	#2 Harding {2}	12.26	(1.0)	3/23
9	99	Shackera DOUGLAS	JR	#14 Northwestern Ol	12.37	(1.1)	3/23
10		Karissa NIXON	FR	#4 Southeastern Ok	12.38w	(2.4)	3/23
10		Olivia TATE	SO	#5 Oklahoma Bapti	12.38	(0.9)	3/16

Women's 100 Meter Hurdles

1	4	Cella NGUEMA	SO	#2 Harding	14.17	(1.8)	3/23
2	13	Elisabeth JONES	SR	#5 Oklahoma Bapti	14.40	(0.4)	3/16
3	26	Kyndall HICKS	SO	#5 Oklahoma Bapti{2}	14.64	(1.6)	3/16
4	29	Devlin RIVERA	SR	#3 Southern Arkans	14.69w	(3.1)	3/23
5	40	Maggie REMSBERG	SR	#10 Fort Hays State	14.84w	(3.9)	3/22
6	50	Isabel VIKOLER	FR	#9 Emporia State	14.94w	(3.9)	3/22
7	55	Mya FERGUSON	SR	#8 Missouri Southei	14.99w	(2.8)	3/23
8	59	Tiffany WILEY	SO	#3 Southern Arkans{2}	15.07w	(3.1)	3/23
9	65	Jayda WILLIAMS	FR	#4 Southeastern Ok	15.14	(0.8)	3/16
10	72	Jenna AKINS	SR	#2 Harding {2}	15.22w	(2.2)	3/2

Women's 200 Meters

1	3	Diandrenique GAINES	JR	#1 Pittsburg State	23.69w	(3.4)	3/23
2	20	Jordan COLLINS	SO	#3 Southern Arkans	24.42	(2.0)	3/23
3	23	Taniya LOONEY	SO	#1 Pittsburg State {2}	24.44w	(3.4)	3/23
4	38	Kamryn FLOYD	FR	#3 Southern Arkans{2}	24.76	(2.0)	3/23
5	43	Jenna AKINS	SR	#2 Harding	24.80w	(2.5)	3/15
5	43	Jamiya MORGAN	JR	#1 Pittsburg State {3}	24.80w	(3.4)	3/23
7	50	Yasmine JOHNSON	SO	#1 Pittsburg State {4}	24.87	(1.8)	3/23
8	56	Anna WOOLSEY	FR	#6 Ouachita Baptist	24.95	(1.8)	3/15
9	68	Leila NGAPOUT	FR	#2 Harding {2}	25.05	(0.0)	3/16
10	69	Mikah EDWARDS	FR	#1 Pittsburg State {5}	25.07	(1.8)	3/23

Women's 400 Meters

1	8	Mikah EDWARDS	FR	#1 Pittsburg State	55.46		3/23
2	15	Jordan COLLINS	SO	#3 Southern Arkans	55.97		3/16
3	22	Nicole MESSBARGER	SR	#7 Neb.-Kearney	56.48		3/22
4	25	Jamiya MORGAN	JR	#1 Pittsburg State {2}	56.58		3/23
5	30	Kinleigh HALL	SO	#1 Pittsburg State {3}	56.77		3/23
6	38	Yasmine JOHNSON	SO	#1 Pittsburg State {4}	57.01		3/23
7	46	Delaney RIEKERT	SO	#5 Oklahoma Bapti	57.31		3/16
8	61	Anna WOOLSEY	FR	#6 Ouachita Baptist	57.82		3/2
9	64	Kyanna COLLYMORE	SO	#11 Northern State	57.94		3/16
9	64	Jenna AKINS	SR	#2 Harding	57.94		3/23

Women's 400 Meter Hurdles

1	2	Lisa RETAILLEAU	SO	#2 Harding	1:00.39		3/16
2	12	Makenshi GREENWOOD	SO	#4 Southeastern Ok	1:02.64		3/16
3	16	Abigael REID	JR	#9 Emporia State	1:03.19		3/22
4	17	Ashley HEAVNER	SO	#12 Washburn	1:03.21		3/22
5	43	Kyla CARLSON	SR	#7 Neb.-Kearney	1:05.04		3/22
6	46	Belle LINDSEY	FR	#6 Ouachita Baptist	1:05.15		3/15
7	62	Madison ROWE	SO	#4 Southeastern Ok{2}	1:06.52		3/16
8	87	Laynie WHITE	JR	#6 Ouachita Baptist{2}	1:07.47		3/2
9		Elisabet OSK JONSDOTTIR	FR	#11 Northern State	1:09.89		3/16
10		Sydnee PARKER	JR	#2 Harding {2}	1:11.35		3/23

Women's 800 Meters

1	7	Kate DAWSON	SR	#1 Pittsburg State	2:11.30c	(2:12.00A)	3/16
2	16	Lexie FONTAINE	SO	#12 Washburn	2:13.95		3/22
3	23	Makenshi GREENWOOD	SO	#4 Southeastern Ok	2:14.84		3/23
4	28	Alexis ERICKSON	SR	#17 Bemidji State	2:16.04		3/16
5	43	Jillian SKALICKY	JR	#16 Rogers State	2:17.60		3/2
6	47	Jaci MCGREGOR	JR	#6 Ouachita Baptist	2:17.94		3/15
7	53	Cassidy GRAHAM	FR	#2 Harding	2:18.37		3/16
8	60	Josie PARKS	SO	#2 Harding {2}	2:18.69		3/2
9	64	Ellie HOEMANN	FR	#6 Ouachita Baptist{2}	2:18.90		3/15
10	78	Charis ROBINSON	FR	#7 Neb.-Kearney	2:19.76		3/22

Women's 1500 Meters

1	20	Alexis ERICKSON	SR	#17 Bemidji State	4:36.77		3/16
2	30	Izzi BREAUX	JR	#6 Ouachita Baptist	4:39.63		3/2
3	54	Mekenzie CONNELL	FR	#5 Oklahoma Bapti	4:44.03		3/16
4	58	Claire BRUENING	JR	#1 Pittsburg State	4:44.64c	(4:50.76A)	3/16
5	68	Cassidy GRAHAM	FR	#2 Harding	4:46.45		3/23
6	78	Josie PARKS	SO	#2 Harding {2}	4:47.94		3/16
7	79	Bailey WRIDE	FR	#19 Minot State	4:47.99		3/16
8	87	Ashlynn MAYS	SR	#13 Arkansas Tech	4:49.17		3/16
9		Mackenzie DAVIS	JR	#6 Ouachita Baptist{2}	4:50.11		3/2
10		Sidra SADOWSKY	JR	#19 Minot State {2}	4:51.62		3/16

Women's 5000 Meters

1	71	Audrey HILL	SO	#13 Arkansas Tech	18:03.09		3/16
2	86	Felicity WEST	SR	#13 Arkansas Tech {2}	18:10.13		3/16
3		McKayla SCHMITT	FR	#5 Oklahoma Bapti	18:25.49		3/16
4		Olivia LYNCH	SR	#5 Oklahoma Bapti{2}	18:26.96		3/16
5		Mandy SYKORA	SR	#13 Arkansas Tech {3}	18:34.57		3/16
6		Jade ROBINSON	JR	#5 Oklahoma Bapti{3}	18:34.80		3/16
7		Mackenzie EPPERSON	SO	#13 Arkansas Tech {4}	18:42.08		3/16
8		Kylie PHILLIPS	SR	#2 Harding	18:42.59		3/16
9		Taylor KOETH	SR	#6 Ouachita Baptist	18:47.35		3/2
10		Rylee PATTERSON	SO	#6 Ouachita Baptist{2}	18:57.19		3/2



USTFCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



Central

as of 3/25/2024 4:34:44 PM ET

Women's 4x100 Relay

1	6	Jamiya Morgan, Taniya Looney, Siby Yao, Diandrenique Gaines	#1 Pittsburg State	45.95	3/23
2	17	Edriana Hunter, Kamryn Floyd, Wil'Lexis Beaver, Jordan Collins	#3 Southern Arkans	46.93	3/16
3	20	Kelechi Christian, Delaney Riekert, Deja Rose, Olivia Tate	#5 Oklahoma Bapti:	47.19	3/16
4	24	Leila Ngapout, Kytrianna Burrell, Cella Nguema, Briana Johnson	#2 Harding	47.28	3/16
5	39	Jayda Williams, Karissa Nixon, Caylee Conley, Charisma Lacy-Ray	#4 Southeastern Ok	47.82	3/23
6	42	Shackera Douglas, Brianna Brantley, Diamond Hilton, Darianne Thompson	#14 Northwestern Ol	48.03	3/23
7	62	Addrienna Gray, Anna Woolsey, Belle Lindsey, Rachel Dunn	#6 Ouachita Baptist	49.20	3/15
8	80	Reagan Peters, Delaney York, Natalie Freeman, Deuna Miller	#15 Southwestern Ol	50.79	3/23

Women's 4x400 Relay

1	4	Jamiya Morgan, Kinleigh Hall, Yasmine Johnson, Mikah Edwards	#1 Pittsburg State	3:46.31	3/23
2	15	Madison Rowe, Kendal Felleggy, Makenshi Greenwood, Caylee Conley	#4 Southeastern Ok	3:55.84	3/16
3	23	Abby Rose, Maeli Meier, Kyla Carlson, Hannah Harrison	#7 Neb.-Kearney	3:58.97	3/22
4	24	Kamryn Floyd, Jayla Davila, Ashlynn Lane, Jordan Collins	#3 Southern Arkans	3:59.43	3/16
5	26	Belle Lindsey, Jaci McGregor, Anna Woolsey, Laynie White	#6 Ouachita Baptist	4:00.27	3/15
6	48	Hollie Marlow, Makenzie Owings, Isabel Vikoler, Lauren Carlson	#9 Emporia State	4:05.14	3/22
7	64	Jayden Ellerman, Briana Johnson, Leila Ngapout, Cella Nguema	#2 Harding	4:10.87	3/16
8	66	Macey Moore, Sidra Sadowsky, Sydney Wilson, Bailey Wride	#19 Minot State	4:13.11	3/16
9	74	Tavonyia Lacy, Diamond Hilton, Brianna Brantley, Renaja Engermann	#14 Northwestern Ol	4:18.32	3/23
10	85	Ann-Marie Dorsey, Brianna DeAngelis- Stinnett, Faith Tinney, Ashley Riggenbach	#16 Rogers State	4:24.06	3/2

Women's High Jump

1	1	Erica SCHAMEL	SR	#1 Pittsburg State	1.79m	5-10½	3/23
2	5	Haleigh HADLEY	JR	#1 Pittsburg State {2}	1.70m	5-7	3/23
3	9	Brianna RUSSELL	SO	#7 Neb.-Kearney	1.67m	5-5¾	3/22
4	13	Kiera BLANKINSHIP	JR	#2 Harding	1.66m	5-5¼	3/16
5	14	Rachel WILSON	SO	#1 Pittsburg State {3}	1.65m	5-5	3/23
5	14	Allary LIBERATORE	SR	#1 Pittsburg State {3}	1.65m	5-5	3/23
7	23	Sydney DAVIS	FR	#7 Neb.-Kearney {2}	1.62m	5-3¾	3/22
7	23	Abby EVERITT	SR	#7 Neb.-Kearney {2}	1.62m	5-3¾	3/22
7	23	Alexis MATLOCK	SR	#3 Southern Arkans	1.62m	5-3¾	3/16
10	29	Emily PATTERSON	JR	#2 Harding {2}	1.61m	5-3¼	3/16



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Central

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Women's Pole Vault

1	5	Annabeth BAALMANN	SO	#10 Fort Hays State	3.92m	12-10¼	3/22
2	18	Katie CANDRL	JR	#8 Missouri Southern	3.70m	12-1½	3/23
3	20	Reagan HOUSLEY	FR	#12 Washburn	3.67m	12-½	3/22
4	26	Karyna VEHNER	SO	#2 Harding	3.62m	11-10½	3/23
4	26	Cadence SANSOM	SO	#2 Harding	3.62m	11-10½	3/23
6	38	Samantha SCHEMPER	JR	#7 Neb.-Kearney	3.52m	11-6½	3/22
6	38	Savannah BISHOP	SO	#12 Washburn {2}	3.52m	11-6½	3/22
6	38	Courtney THEE	SR	#7 Neb.-Kearney	3.52m	11-6½	3/22
9	43	Bekah WALZ	FR	#11 Northern State	3.50m	11-5¾	3/16
10	49	Taylor HANKINS	FR	#2 Harding {3}	3.46m	11-4¼	3/16

Women's Long Jump

1	7	Jenna AKINS	SR	#2 Harding	5.86mw	19-2¾ (3.7)	3/2
2	9	Makayla WATSON	SO	#1 Pittsburg State	5.82mw	19-1¼ (2.6)	3/23
3	14	Kelsey DRAPEAU	SR	#18 Central Oklahoma	5.77mw	18-11¼	3/16
3	14	Clarice NICHOLS	SR	#9 Emporia State	5.77mw	18-11¼ (3.8)	3/22
5	24	Diamond BRUNN	SO	#3 Southern Arkansas	5.65m	18-6½ (1.9)	3/16
6	31	Makayla PAVELKA	SO	#1 Pittsburg State {2}	5.58m	18-3¾ (1.5)	3/23
7	48	Gracie PETERSON	FR	#1 Pittsburg State {3}	5.44m	17-10¼ (0.7)	3/23
8	57	Rachel DUNN	FR	#6 Ouachita Baptist	5.39m	17-8¼ (0.2)	3/2
9	59	Belle LINDSEY	FR	#6 Ouachita Baptist {2}	5.37m	17-7½ (0.2)	3/2
10	70	Jayda WILLIAMS	FR	#4 Southeastern Oklahoma	5.27m	17-3½ (0.0)	3/16
10	70	Natalie FREEMAN	JR	#15 Southwestern Oklahoma	5.27m	17-3½ (0.0)	3/23
10	70	Deuna MILLER	JR	#15 Southwestern Oklahoma	5.27m	17-3½ (0.0)	3/2

Women's Triple Jump

1	3	Karyna VEHNER	SO	#2 Harding	12.05mw	39-6½ (2.6)	3/16
2	7	Hanna ONOFRIIEVA	FR	#2 Harding {2}	11.95m	39-2¼ (1.0)	3/16
3	9	Mariah MILLER	SR	#2 Harding {3}	11.86m	38-11 (0.0)	3/16
4	17	Jayda WILLIAMS	FR	#4 Southeastern Oklahoma	11.62mw	38-1½ (3.5)	3/23
5	24	Siby YAO	JR	#1 Pittsburg State	11.46m	37-7¼ (1.8)	3/23
6	40	Issah TRAYLOR	SR	#3 Southern Arkansas	11.14m	36-6¾ (0.2)	3/23
7	44	Rachel DUNN	FR	#6 Ouachita Baptist	11.10m	36-5 (1.7)	3/2
8	53	Natalie FREEMAN	JR	#15 Southwestern Oklahoma	11.01m	36-1½ (1.8)	3/2
9	64	Diamond BRUNN	SO	#3 Southern Arkansas {2}	10.82m	35-6 (0.4)	3/16
10	69	Jada JOHNSON	FR	#4 Southeastern Oklahoma {2}	10.78m	35-4½ (-0.4)	3/23

Women's Shot Put

1	2	Mele TAULA	FR	#9 Emporia State	14.62m	47-11¾	3/22
2	3	Macayla NEEDHAM	SR	#4 Southeastern Oklahoma	14.48m	47-6¼	3/23
3	6	Briar GILLUM	FR	#8 Missouri Southern	14.25m	46-9	3/23
4	10	Flora DUPANS	SO	#5 Oklahoma Baptist	13.88m	45-6½	3/23
4	10	Dahsauni LYDAY	SR	#18 Central Oklahoma	13.88m	45-6½	3/16
6	32	Kirsten WOMACK	FR	#8 Missouri Southern {2}	13.04m	42-9½	3/23
7	33	Abby LASITER	SO	#1 Pittsburg State	13.01m	42-8¼	3/22
8	34	Keyonce BROWN	JR	#3 Southern Arkansas	12.99m	42-7½	3/2
9	40	Liberty BOOKER	SO	#10 Fort Hays State	12.84m	42-1½	3/22
10	41	Irieyanna WILSON	JR	#3 Southern Arkansas {2}	12.76m	41-10½	3/2

Women's Discus

1	2	Flora DUPANS	SO	#5 Oklahoma Baptist	48.22m	158-3	3/23
2	6	Jade BYRD	JR	#5 Oklahoma Baptist {2}	46.22m	151-8	3/23
3	7	Kirsten WOMACK	FR	#8 Missouri Southern	45.63m	149-9	3/23
4	14	Madison VERMETTEN	SO	#9 Emporia State	43.87m	143-11	3/22
5	16	Briar GILLUM	FR	#8 Missouri Southern {2}	43.75m	143-7	3/23
6	20	Kailyn THOMAS	JR	#3 Southern Arkansas	43.04m	141-3	3/23
7	21	Kaylee HAUSAM	SR	#2 Harding	42.94m	140-11	3/16
8	22	Addison HINTERWEGER	SO	#1 Pittsburg State	42.80m	140-5	3/22
9	25	Toree SLAVIK	FR	#7 Neb.-Kearney	42.62m	139-10	3/22
10	27	Madison HITESHEW	SR	#2 Harding {2}	42.49m	139-5	3/16

Women's Hammer

1	2	Briar GILLUM	FR	#8 Missouri Southern	56.42m	185-1	3/23
2	3	Paola CASTALDI	JR	#12 Washburn	54.03m	177-3	3/22
3	5	Abby LASITER	SO	#1 Pittsburg State	53.35m	175-1	3/22
4	6	Kailyn THOMAS	JR	#3 Southern Arkansas	52.65m	172-9	3/16
5	7	Mallory HUBER	JR	#8 Missouri Southern {2}	52.62m	172-8	3/23
6	8	Kirsten WOMACK	FR	#8 Missouri Southern {3}	52.52m	172-4	3/23
7	14	Liberty BOOKER	SO	#10 Fort Hays State	50.81m	166-9	3/22
8	19	Addison HINTERWEGER	SO	#1 Pittsburg State {2}	49.70m	163-1	3/22
9	26	Macayla NEEDHAM	SR	#4 Southeastern Oklahoma	48.99m	160-9	3/23
10	28	Jade BYRD	JR	#5 Oklahoma Baptist	48.81m	160-2	3/23

Women's Javelin

1	2	Anna-Kay CLARK	SR	#2 Harding	45.62m	149-8	3/16
2	3	Addie BERENS	SR	#10 Fort Hays State	45.09m	147-11	3/22
3	4	Shelby SOGAARD	SO	#1 Pittsburg State	44.91m	147-4	3/22
4	5	Olivia VANDERWEIDE	FR	#1 Pittsburg State {2}	43.92m	144-1	3/22
5	12	Rylee GARRETT	SR	#1 Pittsburg State {3}	42.50m	139-5	3/22
6	16	Mele TAULA	FR	#9 Emporia State	42.13m	138-3	3/22
7	20	Rhyann BROWN	SR	#10 Fort Hays State {2}	41.69m	136-10	3/22
8	21	Bailey MONROE	JR	#1 Pittsburg State {4}	41.49m	136-2	3/22
9	27	Susan MOMAN	JR	#8 Missouri Southern	39.81m	130-8	3/23
10	30	Adrienne CASEY	FR	#8 Missouri Southern {2}	39.33m	129-1	3/23

Women's Heptathlon

1	1	Jenna AKINS	SR	#2 Harding	4,884	3/15
2	18	Karli KLEIN	FR	#11 Northern State	3,709	3/15
3	22	Tayla DOBRENSKI	FR	#11 Northern State {2}	3,609	3/15
4	31	Jordan WEST	FR	#11 Northern State {3}	3,354	3/15



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East

as of 3/25/2024 4:34:44 PM ET

Women's 100 Meters

1	Iyanna JACKSON	JR	#5UDC	12.38	(0.2)	3/16
2	Savannah SISTRUNK	JR	#1New Haven	12.47	(-0.7)	3/16
3	Ariel SALKEY	SR	#6Holy Family (Pa.)	12.66w	(2.7)	3/23
3	Eliza HILDRETH	FR	#3Wilmington (Del.)	12.66w	(3.5)	3/9
5	Kahdia JONES	JR	#6Holy Family (Pa.)	12.74w	(2.7)	3/23
6	Jazmin ROGERS	FR	#7St. Thomas Aquin	12.78	(1.3)	3/16
6	Temiloluwa MUSTAPHA	JR	#3Wilmington (Del.)	12.78	(0.8)	3/16
8	Kenisha GREENWOOD	SR	#6Holy Family (Pa.)	12.86w	(3.0)	3/23
9	Lydia WARE	SR	#2Roberts Wesleya	12.90	(0.1)	3/14
10	Sydonia TURNER	SO	#6Holy Family (Pa.)	12.96w	(2.6)	3/23

Women's 100 Meter Hurdles

1	17 Jada KAMTHA	FR	#1New Haven	14.46	(1.0)	3/16
2	34 Amari JOHNSON	JR	#4Adelphi	14.72w	(2.2)	3/22
3	Ocelia JONES	FR	#6Holy Family (Pa.)	15.56w	(2.6)	3/23
4	Nicole GYSIN	SR	#7St. Thomas Aquin	17.58	(-0.8)	3/15
5	Angeline CHOMO	FR	#3Wilmington (Del.)	17.65w	(2.9)	3/16
6	Angie CHOMO	FR	#3Wilmington (Del.)	17.70w	(3.2)	3/9
7	A'Janae ONA	FR	#6Holy Family (Pa.)	20.37	(0.5)	3/23
8	Veronica VALENTIK	FR	#7St. Thomas Aquin	20.38	(1.4)	3/15
9	Morgan DODGE	FR	#12Bridgeport	23.68	(-1.0)	3/23

Women's 200 Meters

1	Iyanna JACKSON	JR	#5UDC	25.44w	(2.2)	3/16
2	Ayesha JARRETT	JR	#5UDC	25.99w	(3.3)	3/16
3	Savannah SISTRUNK	JR	#1New Haven	26.27	(-1.0)	3/16
4	Eliza HILDRETH	FR	#3Wilmington (Del.)	26.51	(1.6)	3/16
5	Kalaya FITCH	JR	#1New Haven	26.99	(-1.0)	3/16
6	Valencia BEAUBRUN	SO	#4Adelphi	27.02	(-0.8)	3/22
7	Ariel SALKEY	SR	#6Holy Family (Pa.)	27.07w	(3.1)	3/23
8	Micaela OWEN	JR	#1New Haven	27.13	(-0.5)	3/16
9	Marissa HAYE	FR	#4Adelphi	27.32	(1.0)	3/22
10	Niquelle JOHNSON	JR	#1New Haven	27.35	(-0.5)	3/16

Women's 400 Meters

1	Ayesha JARRETT	JR	#5UDC	59.64		3/16
2	Tukey FRANCIS	SO	#5UDC	1:00.70		3/16
3	Kalaya FITCH	JR	#1New Haven	1:01.15		3/16
4	Niquelle JOHNSON	JR	#1New Haven	1:01.78		3/16
5	Joanna WEBER	SO	#4Adelphi	1:01.86		3/22
6	Brianna COATES	SO	#6Holy Family (Pa.)	1:02.02		3/23
7	Eliza HILDRETH	FR	#3Wilmington (Del.)	1:03.58		3/2
8	Micaela OWEN	JR	#1New Haven	1:03.81		3/16
9	Kathleenjoy GORDON	JR	#10Caldwell	1:04.15		3/22
10	Aaliyah THORPE	SR	#8Georgian Court	1:04.18		3/22

Women's 400 Meter Hurdles

1	55 Hailee LOWE	SR	#2Roberts Wesleya	1:06.17		3/14
2	80 Brianna COATES	SO	#6Holy Family (Pa.)	1:07.11		3/23
3	Deja HARRIS	JR	#1New Haven	1:12.09		3/16
4	Ny'jashia SMITH	JR	#9Goldey-Beacom	1:12.34		3/22
5	Nikki SEARLES	JR	#4Adelphi	1:12.61		3/22
6	Angeline CHOMO	FR	#3Wilmington (Del.)	1:14.78		3/16
7	Kayleigh SHELTON	SO	#5UDC	1:15.85		3/16
8	Chacoia WILKES	SR	#5UDC	1:22.74	{2}	3/16
9	Lorraine LAWYER	FR	#2Roberts Wesleya	1:36.45	{2}	3/14

Women's 800 Meters

1	3 Katherine MARSH	SR	#4Adelphi	2:08.95		3/22
2	15 Isabel MARSH	SR	#4Adelphi	2:13.78	{2}	3/22
3	34 Carly KOPROWSKI	FR	#4Adelphi	2:16.87	{3}	3/22
4	98 Rainn SHEPPARD	FR	#5UDC	2:21.04		3/16
5	Kylee ODELL	SR	#2Roberts Wesleya	2:23.46		3/14
6	Amirah BEASLEY	JR	#8Georgian Court	2:23.53		3/22
7	Samantha MORRISON	SO	#5UDC	2:23.54	{2}	3/16
8	Sumaira MAYAN	SO	#4Adelphi	2:23.66	{4}	3/22
9	Kamillah MONROQUE	SR	#9Goldey-Beacom	2:26.38		3/22
10	Angelina SCHILLING	JR	#1New Haven	2:32.49		3/16

Women's 1500 Meters

1	Rachel HORNER-RICHARDSON	SO	#2Roberts Wesleya	4:56.08		3/14
2	Lydia ROSELUND	SO	#2Roberts Wesleya	5:03.73	{2}	3/14
3	Zoe PERKINS	SR	#2Roberts Wesleya	5:04.30	{3}	3/14
4	Lucia KUTNER	SO	#4Adelphi	5:08.75		3/22
5	Tiffany BANNIING	SO	#3Wilmington (Del.)	5:09.97		3/16
6	Annalee CAPUANO	SO	#11Jefferson (Pa.)	5:12.12		3/23
7	Emma MCNAMEE	JR	#6Holy Family (Pa.)	5:12.40		3/23
8	Gianna TRIBOTTE	SO	#2Roberts Wesleya	5:12.96	{4}	3/14
9	Maya SUAREZ	FR	#4Adelphi	5:16.75	{2}	3/22
10	Alexandra TUCKER	SR	#2Roberts Wesleya	5:25.22	{5}	3/14

Women's 5000 Meters

1	Rachel HORNER-RICHARDSON	SO	#2Roberts Wesleya	18:32.41		3/14
2	Ana ESHRAGHI	JR	#11Jefferson (Pa.)	19:17.29		3/23
3	Juliet FELICE	FR	#4Adelphi	19:19.48		3/22
4	Tiffany BANNIING	SO	#3Wilmington (Del.)	19:42.06		3/9
5	Maddie GERBY	JR	#4Adelphi	20:24.45	{2}	3/22
6	Caleigh HOPKINS	FR	#4Adelphi	20:39.14	{3}	3/22
7	Olivia MONAHON	SR	#11Jefferson (Pa.)	20:48.31	{2}	3/23
8	Cassidy BURR	FR	#3Wilmington (Del.)	21:52.21	{2}	3/9
9	Abigail CHOMO	JR	#3Wilmington (Del.)	22:33.12	{3}	3/2
10	Amber FISGAER	SR	#6Holy Family (Pa.)	22:36.97		3/23



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East

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Women's 4x100 Relay

1	49	Aniya Bush, Jada Kamtha, Kalaya Fitch, Savannah Sistrunk	#1	New Haven	48.45	3/16
2	79	Angeline Chomo, Temiloluwa Mustapha, Deja Curry, Eliza Hildreth	#3	Wilmington (Del.	50.66	3/16
3	84	Ciara Doyle, Jazmin Rogers, Isabella Esposito-Farino, Emma Neil	#7	St. Thomas Aquin	52.27	3/16

Women's 4x400 Relay

1	68	Niquelle Johnson, Micaela Owen, Deja Harris, Kalaya Fitch	#1	New Haven	4:14.60	3/16
2	78	Amirah Beasley, Leela McConnell, Aaliyah Thorpe, Niya Barden	#8	Georgian Court	4:19.52	3/22
3	84	Angeline Chomo, Eliza Hildreth, Deja Curry, Tiffany Banning	#3	Wilmington (Del.	4:23.11	3/16
4	88	Isabella Esposito-Farino, Zoe Merryman, Emma Neil, Ciara Durcan	#7	St. Thomas Aquin	4:24.79	3/16
5	94	Hailee Lowe, Zoe Gordon, Julianna Lewis, Kylee Odell	#2	Roberts Wesleya	4:27.15	3/14
6		Lucia Kutner, Catherine Falcone, Maya Suarez, Maggie Hannan	#4	Adelphi	4:37.10	3/22

Women's High Jump

1	51	Zoe SHAW	SO	#5	UDC	1.58m	5-2¼	3/16
2	97	Sydonia TURNER	SO	#6	Holy Family (Pa.)	1.54m	5-½	3/23
3		Alana RIDER	FR	#7	St. Thomas Aquin	1.48m	4-10¼	3/16
4		Nicole GYSIN	SR	#7	St. Thomas Aquin	1.47m	4-9¾	3/15
4		Savannah BOYCE	JR	#9	Goldey-Beacom	1.47m	4-9¾	3/22
6		Serena PRINCE	JR	#5	UDC	1.43m	4-8¼	3/16
7		Veronica VALENTIK	FR	#7	St. Thomas Aquin	1.32m	4-4	3/15

Women's Pole Vault

1	1	Brynn KING	JR	#2	Roberts Wesleya	4.60m	15-1	3/14
2	11	Melia COUCHMAN	FR	#2	Roberts Wesleya	3.77m	12-4½	3/14
3	74	Taylor HEINEMAN	SR	#2	Roberts Wesleya	3.27m	10-8¾	3/14
4		Cora SEABURG	FR	#2	Roberts Wesleya	2.77m	9-1	3/14
5		Molly CLARK	JR	#1	New Haven	2.70m	8-10¼	3/16

Women's Long Jump

1	18	Kristen WASHINGTON		#1	New Haven	5.70m	18-8½ (0.3)	3/16
2	87	Malama TOURE	SR	#8	Georgian Court	5.18m	17-0 (1.9)	3/22
3		Zoe SHAW	SO	#5	UDC	5.07mw	16-7¾ (2.1)	3/16
4		Leah COMEROSKI	FR	#4	Adelphi	5.03m	16-6 (1.0)	3/22
5		Temiloluwa MUSTAPHA	JR	#3	Wilmington (Del.	4.97m	16-3¾ (-1.0)	3/16
6		Ingrid ZUNIGA RIVERA	JR	#8	Georgian Court	4.95m	16-3 (1.4)	3/22
7		Emily MAZZUCCO	JR	#1	New Haven	4.78m	15-8¼ (-0.3)	3/16
8		Jada KAMTHA	FR	#1	New Haven	4.73m	15-6¼ (-1.5)	3/16
9		Gabrielle TEEL	JR	#1	New Haven	4.70m	15-5 (0.8)	3/16
10		Aniya BUSH	FR	#1	New Haven	4.64m	15-2¾ (0.8)	3/16

Women's Triple Jump

1	15	Gabrielle TEEL	JR	#1	New Haven	11.65m	38-2¾ (-0.4)	3/16
2	21	Kristen WASHINGTON		#1	New Haven	11.52m	37-9½ (-0.7)	3/16
3	42	Serena PRINCE	JR	#5	UDC	11.11m	36-5½ (1.9)	3/16
4	64	Temiloluwa MUSTAPHA	JR	#3	Wilmington (Del.	10.82m	35-6 (0.0)	3/16
5	75	Zoe SHAW	SO	#5	UDC	10.74m	35-3 (1.8)	3/16
6		Lindsey WILSON	FR	#4	Adelphi	10.03m	32-11 (0.2)	3/22
7		Mariama DIAKHATE	SR	#1	New Haven	9.66m	31-8½ (-0.7)	3/16
8		Aniya BUSH	FR	#1	New Haven	9.41m	30-10½ (0.3)	3/16

Women's Shot Put

1	74	Aejana ROBINSON	FR	#6	Holy Family (Pa.)	12.14m	39-10	3/23
2	89	Korryn BRAXTON-YOUNG	SR	#6	Holy Family (Pa.)	11.97m	39-3¼	3/23
3		Jada OBEGI	SO	#3	Wilmington (Del.	11.66m	38-3¼	3/16
4		Emmanuela KOUAMI-KATOU	SO	#5	UDC	11.59m	38-¼	3/16
5		Moriah MILLS	SR	#2	Roberts Wesleya	10.84m	35-6¾	3/14
6		Alanah WEAVER	FR	#1	New Haven	10.72m	35-2	3/16
7		Madison MCGOWAN	SO	#9	Goldey-Beacom	10.33m	33-10¾	3/22
8		Maeve DUGGAN	SO	#4	Adelphi	10.23m	33-6¾	3/22
9		Jalynn MCCOWN	SR	#1	New Haven	10.02m	32-10½	3/16
10		Morgan SPROULL	JR	#2	Roberts Wesleya	9.83m	32-3	3/14

Women's Discus

1	37	Aejana ROBINSON	FR	#6	Holy Family (Pa.)	41.34m	135-8	3/23
2		Chiamaka WOKOCHA	FR	#8	Georgian Court	36.22m	118-10	3/22
3		Jada OBEGI	SO	#3	Wilmington (Del.	33.78m	110-10	3/16
4		Alanah WEAVER	FR	#1	New Haven	32.22m	105-9	3/16
5		Alana RIDER	FR	#7	St. Thomas Aquin	32.21m	105-8	3/16
6		Moriah MILLS	SR	#2	Roberts Wesleya	32.19m	105-8	3/14
7		Ava REARDON	FR	#8	Georgian Court	30.38m	99-8¼	3/22
8		Jalynn MCCOWN	SR	#1	New Haven	29.94m	98-2¾	3/16
9		Paige WATKINS	JR	#2	Roberts Wesleya	29.20m	95-9¾	3/14
10		Maeve DUGGAN	SO	#4	Adelphi	28.98m	95-1	3/22



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East

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Women's Hammer

1	Chiamaka WOKOCHA	FR	#8 Georgian Court	41.20m	135-2	3/22
2	Emmanuela KOUAMI-KATOU	SO	#5 UDC	40.05m	131-5	3/16
3	Viviana CAAMANO	SR	#3 Wilmington (Del.	38.78m	127-3	3/9
4	Jada OBEGI	SO	#3 Wilmington (Del.{2}	37.78m	124-0	3/16
5	Alexis KRAUSE	SR	#7 St. Thomas Aquin	35.49m	116-5	3/16
6	Victoria PARDI	SR	#10 Caldwell	29.03m	95-3	3/22
7	Abigail CHOMO	JR	#3 Wilmington (Del.{3}	28.22m	92-7	3/9
8	Korryn BRAXTON-YOUNG	SR	#6 Holy Family (Pa.)	28.11m	92-2¾	3/23
9	Sabrina HALK	FR	#8 Georgian Court {2}	26.08m	85-6¾	3/22
10	Damia WHITE	SR	#9 Goldey-Beacom	23.94m	78-6½	3/22

Women's Javelin

1	30 Sheridan MARTINEZ	SO	#8 Georgian Court	39.33m	129-1	3/22
2	34 Karla CHARDON	JR	#9 Goldey-Beacom	38.94m	127-9	3/22
3	76 Ava REARDON	FR	#8 Georgian Court {2}	34.30m	112-7	3/22
4	Yojaira ORTIZ	FR	#10 Caldwell	29.25m	95-11¾	3/22
5	Alicia WHYTE	JR	#3 Wilmington (Del.	27.54m	90-4¼	3/16
6	Abigail CHOMO	JR	#3 Wilmington (Del.{2}	27.42m	89-11½	3/16
7	Leeah EISENHOWER	FR	#3 Wilmington (Del.{3}	27.29m	89-6½	3/9
8	Kristen KENNEDY	FR	#7 St. Thomas Aquin	26.91m	88-3½	3/16
9	Anais PEREZ-FABIAN	FR	#10 Caldwell {2}	26.80m	87-11¼	3/22
10	Nicole GYSIN	SR	#7 St. Thomas Aquin{2}	25.69m	84-3½	3/15

Women's Heptathlon

1	41 Nicole GYSIN	SR	#7 St. Thomas Aquin	3,118		3/15
2	45 Veronica VALENTIK	FR	#7 St. Thomas Aquin{2}	2,763		3/15



Regional TFRI Event Summary



Midwest

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Women's 100 Meters

1	17	Alexandra BRIZZI	SR	#2 Cedarville	11.84w	(3.4)	3/23
2	21	Kiersten FRANKLIN	SO	#2 Cedarville	{2} 11.91w	(3.4)	3/23
3	29	Rose OGBULI	SR	#8 Lewis	12.00	(-1.5)	3/23
4	38	Stephanique DEAN	SO	#6 Southwest Bapti	12.09	(-1.5)	3/23
5	61	Melia WILLIAMS	JR	#3 Grand Valley Sta	12.22	(1.2)	3/16
6	66	Alena WILLIAMS	SR	#1 Ashland	12.23	(-1.4)	3/23
7	80	Hailey RIOS	FR	#1 Ashland	{2} 12.28	(-1.4)	3/23
7	80	Sarai BROWN	SO	#7 Maryville (Mo.)	12.28	(-1.5)	3/23
9		Makayla MYERS	FR	#7 Maryville (Mo.)	{2} 12.47	(-1.5)	3/23
10		Alexis STEWARD	FR	#1 Ashland	{3} 12.61	(-1.4)	3/23

Women's 100 Meter Hurdles

1	19	Brooke BARKOCY	JR	#3 Grand Valley Sta	14.49	(1.6)	3/16
2	88	Odessa SMITH	FR	#1 Ashland	15.31	(-3.2)	3/23
3	93	Maya WRIGHT	SO	#9 Missouri S&T	15.36w	(2.8)	3/23
4		Kara FIELDS	FR	#1 Ashland	{2} 15.69	(-3.2)	3/23
5		Lily SIMMONS	JR	#6 Southwest Bapti	15.82w	(2.8)	3/23
6		Paige BRADLEY	SR	#6 Southwest Bapti	{2} 15.86w	(2.8)	3/23
7		Caroline SCHAECKENBACH	SR	#2 Cedarville	16.04	(-2.1)	3/23
8		Lydia TRUMP	FR	#13 McKendree	16.35	(0.1)	3/23
9		Toni DENMARK	SR	#5 Walsh	16.63	(-0.3)	3/23
10		Jordan HAMPTON	JR	#1 Ashland	{3} 16.76	(-1.5)	3/23

Women's 200 Meters

1	17	Alexandra BRIZZI	SR	#2 Cedarville	24.36w	(2.9)	3/23
2	20	Kate ZANG	SO	#3 Grand Valley Sta	24.42w	(2.7)	3/16
3	25	Catherine GUCKENBERGER	FR	#3 Grand Valley Sta	{2} 24.50	(1.5)	3/16
4	35	Isabel ABDOUCH	JR	#3 Grand Valley Sta	{3} 24.72	(1.9)	3/16
5	36	Kiersten FRANKLIN	SO	#2 Cedarville	{2} 24.73w	(2.9)	3/23
6	43	Makayla MYERS	FR	#7 Maryville (Mo.)	24.80	(1.5)	3/23
7	56	Sarai BROWN	SO	#7 Maryville (Mo.)	{2} 24.95	(1.5)	3/23
8	87	Melia WILLIAMS	JR	#3 Grand Valley Sta	{4} 25.20w	(2.2)	3/16
9	93	Hailey RIOS	FR	#1 Ashland	25.27	(0.4)	3/23
10		Mallory GASPER	FR	#2 Cedarville	{3} 25.58w	(2.2)	3/23

Women's 400 Meters

1	49	Jade AVANCE	SO	#1 Ashland	57.48		3/23
2	81	Eliana CULPEPPER	FR	#8 Lewis	58.40		3/23
3	91	Faith WYMAN	SR	#8 Lewis	{2} 58.51		3/23
4		Abby BELOW	JR	#1 Ashland	{2} 58.96		3/23
5		Josee BEHLING	SR	#4 Hillsdale	59.03		3/23
6		Adonya TAYLOR	FR	#13 McKendree	59.22		3/23
7		Abigail WINKLE	SO	#12 Ferris State	59.55		3/23
8		Jordan ROSALES	FR	#1 Ashland	{3} 59.62		3/23
9		Iyanna DEAR	FR	#13 McKendree	{2} 59.78		3/23
10		Jessica FERGUSON	SO	#2 Cedarville	1:00.57		3/23

Women's 400 Meter Hurdles

1	5	Shura ERMAKOV	SR	#4 Hillsdale	1:01.48		3/23
2	34	Odessa SMITH	FR	#1 Ashland	1:04.41		3/23
3	36	Ashtyn GLUCK	SR	#3 Grand Valley Sta	1:04.66		3/16
4	61	Hailey SMITH	FR	#9 Missouri S&T	1:06.33		3/23
5	76	Nyah TYRON	JR	#12 Ferris State	1:06.99		3/23
6	77	Maya WRIGHT	SO	#9 Missouri S&T	{2} 1:07.01		3/23
7	93	Makayla FUERST	JR	#11 Saginaw Valley S	1:07.79		3/23
8		Abby BELOW	JR	#1 Ashland	{2} 1:08.26		3/23
9		Lydia TRUMP	FR	#13 McKendree	1:10.01		3/23
10		Julie WHITE	JR	#5 Walsh	1:10.08		3/23

Women's 800 Meters

1	24	McKenna WOODRUFF	SR	#1 Ashland	2:15.06		3/23
2	48	Lainy WILLIAMS	SR	#6 Southwest Bapti	2:18.06		3/23
3	49	Hope SIEVERT	SR	#1 Ashland	{2} 2:18.17		3/23
4	55	Alexis BARBER	SR	#6 Southwest Bapti	{2} 2:18.45		3/23
5	70	Reese DRAGOVICH	JR	#4 Hillsdale	2:19.46		3/23
6	81	Claire RETHMAN	SO	#5 Walsh	2:19.90		3/23
7	82	Raina BAKER	SO	#15 Truman	2:19.95		3/23
8		Jenna PICARD	SR	#11 Saginaw Valley S	2:21.34		3/23
9		Lily DOWDELL	JR	#1 Ashland	{3} 2:22.54		3/23
9		Sydney DIEDRICH	SO	#2 Cedarville	2:22.54		3/23

Women's 1500 Meters

1	31	Emily WALSH	JR	#2 Cedarville	4:39.89		3/23
2	33	Lainy WILLIAMS	SR	#6 Southwest Bapti	4:40.36		3/23
3	34	Alexis BARBER	SR	#6 Southwest Bapti	{2} 4:40.41		3/23
4	43	Claire RETHMAN	SO	#5 Walsh	4:42.10		3/23
5	97	Lily DOWDELL	JR	#1 Ashland	4:49.85		3/23
6		Samantha ROBERTS	SR	#10 Trevecca Nazare	4:50.42		3/15
7		Audrianna ENNS	SO	#2 Cedarville	{2} 4:51.22		3/23
8		Laura RODGERS	SR	#5 Walsh	{2} 4:51.23		3/23
9		Emma PUETZ	SR	#9 Missouri S&T	4:51.98		3/23
10		Aubrey HARRINGTON	SO	#2 Cedarville	{3} 4:53.60		3/23

Women's 5000 Meters

1	20	Savannah ACKLEY	JR	#2 Cedarville	17:24.74		3/23
2	22	Corinne LYNCH	SO	#2 Cedarville	{2} 17:25.54		3/23
3	37	Naomi HERMAN	SR	#2 Cedarville	{3} 17:40.77		3/23
4	38	Izzy RAMMEL	JR	#5 Walsh	17:42.90		3/23
5	39	Hanna BROCK	SR	#12 Ferris State	17:43.00		3/23
6	47	Camryn BARKER	SO	#5 Walsh	{2} 17:47.29		3/23
7	61	Abby DROSDAK	FR	#2 Cedarville	{4} 17:56.07		3/23
8	65	Whitney FARRELL	SO	#12 Ferris State	{2} 17:58.10		3/23
9	66	Samantha ROBERTS	SR	#10 Trevecca Nazare	17:58.68		3/23
10	78	Christina SHAGINAW	SR	#19 Purdue Northwe	18:06.52		3/23



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Women's 4x100 Relay

1	8	Catherine Guckenberger, Melia Williams, Alaina Diaz, Kate Zang	#3 Grand Valley Sta	46.28	3/16
2	9	Khristel Martindale, Rose Ogbuli, Faith Wyman, Denise Hernandez	#8 Lewis	46.35	3/23
3	14	Odessa Smith, Alena Williams, Greta Barker, Hailey Rios	#1 Ashland	46.88	3/23
4	18	Kiersten Franklin, Alexandra Brizzi, Mallory Gasper, Nora Hagan	#2 Cedarville	47.07	3/23
5	25	Makayla Myers, Lorena Alonso, Chloe Davis, Sarai Brown	#7 Maryville (Mo.)	47.35	3/23
6	72	Mallory Farmer, Taylor Moyer, MaKayla Williams, Alicia Fields	#11 Saginaw Valley S	49.74	3/23
7	76	Amber Cotton, Iyanna Dear, Tori King, Divine Ozomma	#13 McKendree	50.31	3/23
8	77	Hailey Smith, Maya Wright, Lauryn Fenoglio, Elizabeth Saitz	#9 Missouri S&T	50.34	3/23

Women's 4x400 Relay

1	1	Isabel Abdouch, Catherine Guckenberger, Ashtyn Gluck, Kate Zang	#3 Grand Valley Sta	3:45.11	3/16
2	2	Elizabeth Adams, Cassandra Ponzi, Jade Avance, Mia Gardner	#1 Ashland	3:45.57	3/23
3	40	Stephanique Dean, Reagan Thomure, Sierra Wallace, Alexis Barber	#6 Southwest Bapti	4:03.53	3/23
4	52	Hope Carroll, Reghan Mulder, Mallory Gasper, Rachel Tarwater	#2 Cedarville	4:06.15	3/23
5	56	Adonya Taylor, Iyanna Dear, Azia Douglas, Lydia Trump	#13 McKendree	4:08.34	3/23
6	60	Audrey Gilmore, Kendall Dascher, Lyla Rider, Raina Baker	#15 Truman	4:10.15	3/23
7	65	Courtney Talley, Abby Stone, Lyric Ford, Mallorie Metzger	#7 Maryville (Mo.)	4:12.99	3/23
8	96	Paige Pistono, Jillian Vaughn, Alexis O'Mara, Mia Ryan	#18 Rockhurst	4:27.82	3/23
9		Sara McGraw, Alyssa Dunlap, Kyana Maldonado, Kennedy Cox	#19 Purdue Northwe	4:38.86	3/23

Women's High Jump

1	14	Abby WHEELER	SO	#1 Ashland	1.65m	5-5	3/23
1	14	Lily SIMMONS	JR	#6 Southwest Bapti	1.65m	5-5	3/23
3	21	Reagan DAHLQUIST	JR	#4 Hillsdale	1.63m	5-4¼	3/23
4	35	Karmen KUROWICKA	FR	#8 Lewis	1.60m	5-3	3/23
4	35	Toni DENMARK	SR	#5 Walsh	1.60m	5-3	3/23
6	51	Claudia WILKINSON	SR	#12 Ferris State	1.58m	5-2¼	3/23
7	75	Aziah HUBBARD	SO	#7 Maryville (Mo.)	1.55m	5-1	3/23
7	75	Sydney CANGILLA	SR	#3 Grand Valley Sta	1.55m	5-1	3/23
7	75	Abigail HARTZLER	FR	#1 Ashland	{2} 1.55m	5-1	3/23
7	75	Joslyn BENTZ	FR	#3 Grand Valley Sta	1.55m	5-1	3/23
7	75	Emma LIBERATORE	SR	#1 Ashland	{2} 1.55m	5-1	3/23
7	75	Brynlee KEERAN	SO	#8 Lewis	{2} 1.55m	5-1	3/23



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Women's Pole Vault

1	3	Taylor DEHOMMEL	JR	#3 Grand Valley Sta	4.05m	13-3½	3/23
2	8	Tara TOWNSEND	SO	#4 Hillsdale	3.84m	12-7¼	3/23
3	11	Sarah MASUOKA	JR	#1 Ashland	3.77m	12-4½	3/23
4	13	Haleigh ECKERT	SR	#2 Cedarville	3.75m	12-3½	3/23
5	22	Miranda FIRARI	SO	#3 Grand Valley Sta{2}	3.65m	11-11¾	3/23
5	22	Ciera WEBER	SR	#11 Saginaw Valley S	3.65m	11-11¾	3/23
7	34	Brynlee KEERAN	SO	#8 Lewis	3.55m	11-7¾	3/23
8	52	Allie DUNLAP	FR	#1 Ashland {2}	3.45m	11-3¾	3/23
9	55	Rileigh LACY	SO	#3 Grand Valley Sta{3}	3.40m	11-1¾	3/23
9	55	Sophia SCHNEIDER	SO	#2 Cedarville {2}	3.40m	11-1¾	3/23
9	55	Lily RENFREW	SO	#3 Grand Valley Sta{3}	3.40m	11-1¾	3/23

Women's Long Jump

1	37	Alaina DIAZ	SO	#3 Grand Valley Sta	5.53m	18-1¾ (1.3)	3/16
2	76	Emily GERDIN	SR	#4 Hillsdale	5.25m	17-2¾ (-2.9)	3/23
3	83	Claire MARTIN	JR	#5 Walsh	5.21mw	17-1¼ (2.3)	3/23
4		Denise HERNANDEZ	SO	#8 Lewis	5.13m	16-10 (1.0)	3/23
5		Kaylin MARTIN	SR	#1 Ashland	5.05m	16-7 (0.2)	3/23
6		Emma LIBERATORE	SR	#1 Ashland {2}	5.03m	16-6 (0.3)	3/23
7		Morgan AHLE	SO	#7 Maryville (Mo.)	5.00m	16-5 (0.3)	3/23
8		Sidney SHEPPERT	FR	#1 Ashland {3}	4.95m	16-3 (0.0)	3/23
9		Riley THOMAS	SR	#1 Ashland {4}	4.92m	16-1¾ (1.1)	3/23
10		Autumn HAWKINS	FR	#7 Maryville (Mo.) {2}	4.90m	16-1 (2.0)	3/23
10		Anna NEGULIC	SO	#5 Walsh {2}	4.90m	16-1 (1.2)	3/23

Women's Triple Jump

1	39	Claire MARTIN	JR	#5 Walsh	11.17m	36-7¾ (0.9)	3/23
2	46	Sidney SHEPPERT	FR	#1 Ashland	11.09m	36-4¾ (-3.3)	3/23
3	49	Kennedy MOORE	SR	#16 UMSL	11.02m	36-2 (0.0)	3/23
4	83	Makayla BROWN	FR	#16 UMSL {2}	10.65m	34-11¼ (0.0)	3/23
5		Hailey MALOON	JR	#1 Ashland {2}	10.37m	34-¼ (-2.2)	3/23
6		Anna NEGULIC	SO	#5 Walsh {2}	10.23mw	33-6¾ (3.4)	3/23
6		Allison MEIXNER	FR	#1 Ashland {3}	10.23m	33-6¾ (-2.2)	3/23
8		Adonya TAYLOR	FR	#13 McKendree	10.19m	33-5¼ (0.0)	3/23
9		Riley THOMAS	SR	#1 Ashland {4}	9.95m	32-7¾ (-1.9)	3/23

Women's Shot Put

1	4	Kelsey KINSLEY	JR	#1 Ashland	14.44m	47-4½	3/23
2	13	Paige WESTRA	FR	#3 Grand Valley Sta	13.80m	45-3½	3/16
3	21	Nia LYLES	SR	#7 Maryville (Mo.)	13.38m	43-10¾	3/23
4	26	Catherine DIAL	JR	#1 Ashland {2}	13.25m	43-5¾	3/23
5	27	Julia HAHN	SO	#7 Maryville (Mo.) {2}	13.21m	43-4¼	3/23
6	28	Molly WINNER	FR	#1 Ashland {3}	13.20m	43-3¾	3/23
7	31	Amelia LUTZ	FR	#4 Hillsdale	13.07m	42-10¾	3/16
8	43	Margaret STEVENSON	JR	#3 Grand Valley Sta{2}	12.75m	41-10	3/16
9	50	Katie SAYLES	SR	#4 Hillsdale {2}	12.52m	41-1	3/23
10	60	Tatum MILLER	FR	#5 Walsh	12.36m	40-6¾	3/23

Women's Discus

1	1	Margaret STEVENSON	JR	#3 Grand Valley Sta	48.95m	160-7	3/16
2	29	Amelia LUTZ	FR	#4 Hillsdale	42.12m	138-2	3/16
3	30	Aubrey BRINKMAN	SO	#8 Lewis	41.93m	137-7	3/23
4	46	Tatum MILLER	FR	#5 Walsh	40.83m	134-0	3/23
5	47	Mackenzie MORRISON	JR	#4 Hillsdale {2}	40.65m	133-5	3/16
6	56	Erika BEISTLE	JR	#3 Grand Valley Sta{2}	40.22m	132-0	3/16
7	57	Leslie POLLOCK	FR	#1 Ashland	40.17m	131-10	3/23
8	60	Sydney STEPHENS	SR	#9 Missouri S&T	40.00m	131-3	3/23
9	76	Kalie THOMPSON	FR	#7 Maryville (Mo.)	39.15m	128-6	3/23
10	80	Raquel VALDEZ	JR	#6 Southwest Bapti	38.86m	127-6	3/23

Women's Hammer

1	1	Katie WELDY	SR	#4 Hillsdale	57.31m	188-0	3/23
2	9	Katie SAYLES	SR	#4 Hillsdale {2}	51.91m	170-4	3/23
3	12	Kelsey KINSLEY	JR	#1 Ashland	51.58m	169-3	3/23
4	22	Juliet BERNARD	SR	#4 Hillsdale {3}	49.36m	162-0	3/23
5	31	Emily SEMICK	JR	#14 Lake Erie	48.47m	159-0	3/23
6	35	Catherine DIAL	JR	#1 Ashland {2}	47.64m	156-4	3/23
7	37	Mackenzie MORRISON	JR	#4 Hillsdale {4}	47.55m	156-0	3/16
8	47	Molly WINNER	FR	#1 Ashland {3}	46.43m	152-4	3/23
9	52	Richella SPIELVOGEL	SR	#14 Lake Erie {2}	45.97m	150-10	3/23
10	53	Johanna ZILLA	SR	#2 Cedarville	45.95m	150-9	3/23

Women's Javelin

1	7	Savannah MANTHEY	FR	#6 Southwest Bapti	43.50m	142-9	3/23
2	13	Aliza VAN DEN ELZEN	SR	#8 Lewis	42.47m	139-4	3/23
3	19	Haylee WOODALL	SO	#9 Missouri S&T	41.76m	137-0	3/23
4	23	Eden LITTLE	SR	#4 Hillsdale	40.69m	133-6	3/23
5	39	Ericka JACKSON	FR	#11 Saginaw Valley S	38.05m	124-10	3/23
6	57	Campbell JOHNSON	SO	#10 Trevecca Nazare	35.92m	117-10	3/23
7	61	Molly SIMS	JR	#10 Trevecca Nazare{2}	35.42m	116-3	3/15
8	72	Amelia LUTZ	FR	#4 Hillsdale {2}	34.58m	113-6	3/16
9		Hope WOODALL	FR	#6 Southwest Bapti{2}	32.23m	105-9	3/23
10		Emma LIBERATORE	SR	#1 Ashland	32.00m	105-0	3/23

Women's Heptathlon

1	24	Caroline SCHAECKENBACH	SR	#2 Cedarville	3,568		3/23
2	38	Campbell JOHNSON	SO	#10 Trevecca Nazare	3,147		3/23
3	48	Nina WILLOUGHBY	FR	#10 Trevecca Nazare{2}	2,342		3/23



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South

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Women's 100 Meters

1	1	Yakubu BALIKIS	JR	#14 West Alabama	11.50w	(2.4)	3/16
2	41	Alana GREEN	SO	#6 Mississippi Colle	12.11	(1.7)	3/23
2	41	Jordyn DORTCH	FR	#2 Alabama-Huntsv	12.11	(0.9)	3/21
4	45	Cadence CRAY	FR	#5 Albany State (Ga	12.13	(0.4)	3/16
4	45	Xaria BASCOMBE	SO	#10 Benedict	12.13w	(3.1)	3/23
6	49	Anniyah WILLIAMS	SO	#9 Clark Atlanta	12.15	(1.6)	3/23
6	49	Anitria SANGSTER	SR	#12 Tuskegee	12.15	(1.1)	3/21
8	53	Krystalynn OATMAN	SR	#2 Alabama-Huntsv{2}	12.18	(1.0)	3/21
9	61	D'Iyah AUSTELL	SR	#11 Fort Valley State	12.22	(0.1)	3/2
9	61	Camilla NICHOLAS	SO	#7 Tampa	12.22w	(3.0)	3/16

Women's 100 Meter Hurdles

1	4	Santiona FREEMAN	JR	#10 Benedict	14.17w	(2.8)	3/23
2	31	Ivy TEACHEY	FR	#2 Alabama-Huntsv	14.70	(1.4)	3/21
3	38	Allie MURPHY	SO	#7 Tampa	14.80w	(2.2)	3/16
4	39	Katie GATES	FR	#6 Mississippi Colle	14.81	(-0.4)	3/2
5	45	Anndrea CHESTER	SR	#2 Alabama-Huntsv{2}	14.91w	(3.0)	3/21
6	49	Gioia SCOPEL	SO	#15 Christian Brothe	14.93	(1.8)	3/23
7	52	Lindsey KOWNICK	FR	#7 Tampa	{2} 14.95	(1.7)	3/16
8	56	Kaciann COWAN	SR	#10 Benedict	{2} 15.00	(1.7)	3/16
9	57	Brooklyn GOULD	JR	#1 Embry-Riddle (Fl	15.01	(1.4)	3/2
10	65	Jahkaya MCBURNEY	FR	#12 Tuskegee	15.14w	(3.3)	3/21

Women's 200 Meters

1	5	Yakubu BALIKIS	JR	#14 West Alabama	23.80w	(2.2)	3/21
2	12	Jordyn DORTCH	FR	#2 Alabama-Huntsv	24.21	(1.8)	3/16
3	31	Amiah MURRY	FR	#2 Alabama-Huntsv{2}	24.63w	(2.2)	3/21
4	38	Alana GREEN	SO	#6 Mississippi Colle	24.76w	(2.1)	3/2
5	40	Jada BOLHUIS	SO	#7 Tampa	24.77	(1.5)	3/16
6	41	Anitria SANGSTER	SR	#12 Tuskegee	24.78	(1.6)	3/21
7	43	Anniyah WILLIAMS	SO	#9 Clark Atlanta	24.80	(1.7)	3/16
8	48	Camilla NICHOLAS	SO	#7 Tampa	{2} 24.81	(1.8)	3/23
9	60	Hilary UDECHUKWU	JR	#6 Mississippi Colle{2}	24.99w	(2.1)	3/23
10	62	Cadence CRAY	FR	#5 Albany State (Ga	25.00	(1.0)	3/16

Women's 400 Meters

1	15	Jada BOLHUIS	SO	#7 Tampa	55.97		3/23
2	27	Karon WARREN	SO	#9 Clark Atlanta	56.67		3/16
3	35	Nathalia ROWE	JR	#5 Albany State (Ga	56.93		3/16
4	52	D'Iyah AUSTELL	SR	#11 Fort Valley State	57.54		3/9
5	55	Kennedy RAMSHAW	FR	#7 Tampa	{2} 57.65		3/16
6	64	Brynesha BOURRAGE	SO	#14 West Alabama	57.94		3/16
7	75	Anitria SANGSTER	SR	#12 Tuskegee	58.21		3/21
8	82	Ravyn CYSTRUNK	SR	#18 Savannah State	58.41		3/15
9	91	Isabella ZURITA	SO	#15 Christian Brothe	58.51		3/2
10	96	Torriann NOAD	SO	#10 Benedict	58.60		3/23

Women's 400 Meter Hurdles

1	7	Allie MURPHY	SO	#7 Tampa	1:01.91		3/23
2	31	Laura MCBRIDE	SR	#1 Embry-Riddle (Fl	1:04.28		3/16
3	32	Chloe LEBLANC	FR	#3 West Georgia	1:04.32		3/16
4	48	Hannah WRIGHT	JR	#4 Lee (Tenn.)	1:05.33		3/23
5	54	Imani JONES	JR	#5 Albany State (Ga	1:05.87		3/16
6	62	Jaeva RIDLEY	SO	#3 West Georgia	{2} 1:06.52		3/16
7	67	Megan THOMPSON	SR	#10 Benedict	1:06.71		3/16
8	78	Anndrea CHESTER	SR	#2 Alabama-Huntsv	1:07.02		3/21
9	94	Olivia FULFORD	JR	#3 West Georgia	{3} 1:07.88		3/16
10		Myah THOMPSON	FR	#5 Albany State (Ga{2}	1:08.65		3/16

Women's 800 Meters

1	5	Lauren WALLACE	JR	#6 Mississippi Colle	2:10.30		3/2
2	21	Brooklyn GOULD	JR	#1 Embry-Riddle (Fl	2:14.81		3/16
3	25	Taylor ROTH	FR	#1 Embry-Riddle (Fl{2}	2:15.12		3/16
4	27	Laura MCBRIDE	SR	#1 Embry-Riddle (Fl{3}	2:15.42		3/23
5	35	Haley HALL	SO	#6 Mississippi Colle{2}	2:17.05		3/23
6	38	Mackenzie KELLER	SO	#1 Embry-Riddle (Fl{4}	2:17.25		3/23
7	45	Amanda STONE	JR	#17 Nova Southeaste	2:17.83		3/16
8	46	Shaleiya LEE	SR	#21 Lynn	2:17.93		3/23
9	83	Bella BUTLER	FR	#17 Nova Southeaste{2}	2:20.02		3/23
10	86	Bre BELL	JR	#6 Mississippi Colle{3}	2:20.10		3/23

Women's 1500 Meters

1	2	Lauren WALLACE	JR	#6 Mississippi Colle	4:29.46		3/23
2	6	Mackenzie KELLER	SO	#1 Embry-Riddle (Fl	4:31.36		3/23
3	17	Taylor BENOIT	SO	#6 Mississippi Colle{2}	4:36.02		3/23
4	22	Emily KRINEY	SO	#7 Tampa	4:37.29		3/16
5	27	Aspen GORDON	SR	#7 Tampa	{2} 4:38.68		3/16
6	38	Emily BERRY	SR	#6 Mississippi Colle{3}	4:41.56		3/23
7	41	Anna MILLER	SR	#1 Embry-Riddle (Fl{2}	4:41.86		3/16
8	44	Emma SKINNER	SO	#7 Tampa	{3} 4:42.49		3/23
9	45	Lethogonolo MAGORO	JR	#4 Lee (Tenn.)	4:42.51		3/23
10	47	Tabitha SUGGS	JR	#7 Tampa	{4} 4:42.97		3/23

Women's 5000 Meters

1	2	Aria HAWKINS	JR	#4 Lee (Tenn.)	16:47.28		3/23
2	3	Mckenna CAVANAUGH	SR	#4 Lee (Tenn.)	{2} 16:47.54		3/23
3	9	Lily HARE	JR	#4 Lee (Tenn.)	{3} 16:57.65		3/23
4	12	Emily MCMURRY	SR	#2 Alabama-Huntsv	17:12.45		3/23
5	13	Emily KRINEY	SO	#7 Tampa	17:16.34		3/23
6	14	Mackenzie KELLER	SO	#1 Embry-Riddle (Fl	17:19.88		3/16
7	17	Danielle HORTER	SR	#4 Lee (Tenn.)	{4} 17:23.21		3/23
8	18	Emma MUSSANTE	JR	#20 Florida Southerr	17:23.51		3/16
9	27	Tabitha SUGGS	JR	#7 Tampa	{2} 17:31.89		3/16
10	30	Megan ADAMS	SO	#4 Lee (Tenn.)	{5} 17:33.52		3/23



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Women's 4x100 Relay

1	13	Krystalynn Oatman, Zakiria Holifield, Chandler Robinson, Jordyn Dortch	#2 Alabama-Huntsv	46.47	3/16
2	19	Dasia Gilyard, Cadence Cray, Shonkeria Jones, Jeniya Lawrence	#5 Albany State (Ga	47.13	3/23
3	23	Jurni Cummings, Kamora Taylor, Kaylin Robinson, Kiersten Clark	#19 Miles	47.25	3/16
4	26	Olivia Worrell, Shenya Patrice, Cerenity Daise, Ciara Thomas	#1 Embry-Riddle (Fl	47.36	3/23
5	29	Jada Bolhuis, Kennedy Ramshaw, Lindsey Kownick, Camilla Nicholas	#7 Tampa	47.45	3/16
6	30	Nia Harris, Kate Crunkleton, Kameron Noble, Madison Rose	#16 Shorter	47.50	3/15
7	32	Taylor Hampton, Campbell Brown, Dasani Minter, Kira Montefusco	#3 West Georgia	47.59	3/23
8	41	Ty'kira Garrett, Keturah Walker, Amira Belk, Measha Jones	#13 Allen (S.C.)	47.98	3/1
9	46	Santiona Freeman, Kaciann Cowan, Xaria Bascombe, Kanisha Moses	#10 Benedict	48.17	3/16
10	56	Calyanna Cage, Aquila Kerr, Bridgette Clarke, D'liyah Austell	#11 Fort Valley State	48.77	3/23

Women's 4x400 Relay

1	7	Allie Murphy, Kennedy Ramshaw, Lillian Hicks, Jada Bolhuis	#7 Tampa	3:49.81	3/23
2	14	Nathalia Rowe, Zamya Rhaney, Termetrius Stone, Imani Jones	#5 Albany State (Ga	3:55.61	3/16
3	17	Jameah Alston, Jayla Hartley-Scott, Anniyah Williams, Karon Warren	#9 Clark Atlanta	3:56.32	3/16
4	18	Laura McBride, Brooklyn Gould, Nina Richardson, Ciara Thomas	#1 Embry-Riddle (Fl	3:57.65	3/16
5	20	Chandler Robinson, Jordyn Dortch, Keziah Mickler, Aniya Johnson	#2 Alabama-Huntsv	3:58.40	3/16
6	36	Jaeva Ridley, Chloe Leblanc, Olivia Fulford, Shamiya Perry	#3 West Georgia	4:03.01	3/16
7	45	Jurni Cummings, Raven Maxwell, Kiersten Clark, Kaylin Robinson	#19 Miles	4:04.53	3/16
8	58	Taylor Benoit, Haley Hall, Leslie Baxter, Caroline Dooling	#6 Mississippi Colle	4:09.13	3/23
9	61	Lily Koch, Shaleiya Lee, Angelina Howard, Brooke Mullins	#21 Lynn	4:10.18	3/2
10	63	Amira Broussard, Anitria Sangster, Jahkaya McBurney, Akierah Walker	#12 Tuskegee	4:10.32	3/21

Women's High Jump

1	5	Liezl THERON	JR	#4 Lee (Tenn.)	1.70m	5-7	3/23
2	35	Zauren BURTON	SR	#8 Montevallo	1.60m	5-3	3/16
2	35	Gioia SCOPEL	SO	#15 Christian Brothe	1.60m	5-3	3/2
2	35	Brooklyn GOULD	JR	#1 Embry-Riddle (Fl	1.60m	5-3	3/16
2	35	Aniya JOHNSON	FR	#2 Alabama-Huntsv	1.60m	5-3	3/16
6	51	Devon JACKETT	JR	#4 Lee (Tenn.)	{2} 1.58m	5-2¼	3/23
7	59	Julianna KERN	JR	#5 Albany State (Ga	1.57m	5-1¾	3/2
8	68	A'mijya DUDLEY	SO	#18 Savannah State	1.56m	5-1¼	3/9
9	75	Aquila KERR	SR	#11 Fort Valley State	1.55m	5-1	3/2
9	75	Naomi ANDREWS	SR	#9 Clark Atlanta	1.55m	5-1	3/2



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Women's Pole Vault

1	14	Brynn DEPINET	SO	#4 Lee (Tenn.)	3.74m	12-3¼	3/23
2	19	Leah DENDY	SO	#8 Montevallo	3.68m	12-¾	3/16
3	31	Carleigh BYNUM	FR	#3 West Georgia	3.60m	11-9¾	3/16
4	32	Raegan MILLER	SO	#2 Alabama-Huntsv	3.57m	11-8½	3/21
5	71	Emily JONES	FR	#3 West Georgia	{2}3.30m	10-9¾	3/16
6	75	Skylar SUGGITT	JR	#8 Montevallo	{2}3.26m	10-8¼	3/2
7	79	Hallie GRACE WILLIAMSON	JR	#2 Alabama-Huntsv	{2}3.23m	10-7	3/16
8	87	Taylor WALKER	JR	#8 Montevallo	{3}3.15m	10-4	3/23
8	87	Piper KIMES	SR	#1 Embry-Riddle (Fl)	3.15m	10-4	3/16
10	92	Nicole COUNTER	FR	#4 Lee (Tenn.)	{2}3.14m	10-3½	3/23

Women's Long Jump

1	3	Jadlyn DEBARDLABON	FR	#2 Alabama-Huntsv	6.12mw	20-1 (2.9)	3/21
2	5	T'Oni BIRDEN	SO	#3 West Georgia	5.95m	19-6¼ (1.0)	3/23
3	6	Taylor HAMPTON	JR	#3 West Georgia	{2}5.94m	19-6 (0.1)	3/23
4	31	Measha JONES	SO	#13 Allen (S.C.)	5.58mw	18-3¾ (2.2)	3/1
5	53	Carissa HALL	SR	#4 Lee (Tenn.)	5.41m	17-9 (-2.4)	3/23
6	57	Dasani MINTER	JR	#3 West Georgia	{3}5.39m	17-8¼ (-1.9)	3/16
7	63	Aquila KERR	SR	#11 Fort Valley State	5.33m	17-6 (0.0)	3/23
8	79	Liezl THERON	JR	#4 Lee (Tenn.)	{2}5.23m	17-2 (-2.0)	3/23
9	86	Da'Aliyah JOHNSON	SR	#18 Savannah State	5.20m	17-¾ (0.7)	3/9
10		Emma SORENSON	SR	#1 Embry-Riddle (Fl)	5.13m	16-10 (0.0)	3/2
10		Tanija TURNER	SR	#1 Embry-Riddle (Fl)	5.13m	16-10 (-0.1)	3/2

Women's Triple Jump

1	1	Mikaela MILES	SO	#1 Embry-Riddle (Fl)	12.36m	40-6¾ (-0.2)	3/23
2	8	Haley TRAMMELL	JR	#3 West Georgia	11.94m	39-2¼ (-1.9)	3/23
3	29	Jada DAVID	JR	#10 Benedict	11.39m	37-4½ (-0.4)	3/16
4	31	Aquila KERR	SR	#11 Fort Valley State	11.34m	37-2½ (-2.9)	3/23
5	33	Amiah MURRY	FR	#2 Alabama-Huntsv	11.32m	37-1¾ (0.9)	3/21
6	37	Shynique MCGEE	SO	#9 Clark Atlanta	11.19m	36-8½ (0.0)	3/23
7	49	Desiree MCADAMS		#5 Albany State (Ga)	11.02m	36-2 (0.0)	3/2
8	72	Jadlyn DEBARDLABON	FR	#2 Alabama-Huntsv	{2}10.77m	35-4 (0.0)	3/16
9	74	Tiana SMITH	SO	#23 Spring Hill (Ala.)	10.76m	35-3¾ (0.0)	3/23
10	79	Taniyah KELLEY	FR	#5 Albany State (Ga)	{2}10.67m	35-¼ (0.0)	3/2

Women's Shot Put

1	64	Melita-Marie ROACHFORD	SR	#3 West Georgia	12.28m	40-3½	3/23
2	71	Emily WOLF	FR	#8 Montevallo	12.22m	40-1¼	3/16
3	83	Sydney BLACKBURN	SR	#5 Albany State (Ga)	12.00m	39-4½	3/16
3	83	Na'dejah BATTS	JR	#11 Fort Valley State	12.00m	39-4½	3/16
5	90	Rashanna THORNE	SR	#6 Mississippi Colle	11.96m	39-3	3/2
6		Ashley PARRISH	FR	#2 Alabama-Huntsv	11.76m	38-7	3/16
7		Mykhayla CARROLL	SO	#5 Albany State (Ga)	{2}11.71m	38-5	3/16
8		Madison MORRIS	JR	#1 Embry-Riddle (Fl)	11.70m	38-4¾	3/2
9		Sarah TANG	FR	#2 Alabama-Huntsv	{2}11.63m	38-2	3/21
10		Jaycee WOODS	FR	#3 West Georgia	{2}11.39m	37-4½	3/16

Women's Discus

1	3	Sydney BLACKBURN	SR	#5 Albany State (Ga)	47.62m	156-3	3/16
2	31	Emily WOLF	FR	#8 Montevallo	41.86m	137-4	3/16
3	35	Madison MORRIS	JR	#1 Embry-Riddle (Fl)	41.41m	135-11	3/16
4	36	Dru GREEN	FR	#3 West Georgia	41.40m	135-10	3/16
5	40	Taniyah THOMAS	JR	#2 Alabama-Huntsv	41.14m	135-0	3/16
6	80	Sophia GUSTELY	SR	#1 Embry-Riddle (Fl)	{2}38.86m	127-6	3/16
7	84	Miniya MILLER	SR	#11 Fort Valley State	38.69m	126-11	3/16
8	85	Mykhayla CARROLL	SO	#5 Albany State (Ga)	{2}38.65m	126-10	3/16
9	87	Melita-Marie ROACHFORD	SR	#3 West Georgia	{2}38.54m	126-6	3/23
10		Nicole MORRIS	SR	#6 Mississippi Colle	38.22m	125-5	3/23

Women's Hammer

1	13	Melita-Marie ROACHFORD	SR	#3 West Georgia	50.83m	166-9	3/16
2	18	Nyla SHIPMAN	SR	#8 Montevallo	49.90m	163-9	3/16
3	23	Kirsten ROLLE	JR	#1 Embry-Riddle (Fl)	49.35m	161-11	3/2
4	40	Emily WOLF	FR	#8 Montevallo	{2}47.16m	154-9	3/16
5	41	Jovita DAVE	SR	#16 Shorter	47.07m	154-5	3/2
6	58	Nicole MORRIS	SR	#6 Mississippi Colle	45.45m	149-2	3/2
7	59	Hannah GANT	JR	#2 Alabama-Huntsv	45.44m	149-1	3/16
8	61	Dru GREEN	FR	#3 West Georgia	{2}45.06m	147-10	3/16
9	71	Sydney BLACKBURN	SR	#5 Albany State (Ga)	44.14m	144-10	3/2
10	77	Miniya MILLER	SR	#11 Fort Valley State	43.62m	143-2	3/16

Women's Javelin

1	6	Maxime KIRSCHNER	SR	#1 Embry-Riddle (Fl)	43.77m	143-7	3/23
2	24	Elizabeth HAYHURST	SO	#8 Montevallo	40.41m	132-7	3/16
3	26	Hailey BRUCE	FR	#1 Embry-Riddle (Fl)	{2}39.93m	131-0	3/16
4	52	Leah BARTLETT	FR	#1 Embry-Riddle (Fl)	{3}36.46m	119-8	3/2
5	59	Sophia GUSTELY	SR	#1 Embry-Riddle (Fl)	{4}35.68m	117-1	3/2
6	60	Hailey SMITH	SO	#2 Alabama-Huntsv	35.47m	116-5	3/21
7	64	Olivia DAVIDSON	FR	#4 Lee (Tenn.)	35.27m	115-9	3/23
8	68	Katelyn BROTHERS	FR	#8 Montevallo	{2}35.09m	115-2	3/23
9	77	Libby WRIGHT	FR	#8 Montevallo	{3}34.23m	112-4	3/16
10	82	Matealia HARPER	SO	#12 Tuskegee	33.82m	111-0	3/9

Women's Heptathlon

1	17	Sydney WHITE	JR	#4 Lee (Tenn.)	3,724		3/23
2	23	Liezl THERON	JR	#4 Lee (Tenn.)	{2}3,607		3/23
3	36	Lily BROWN	FR	#4 Lee (Tenn.)	{3}3,165		3/23
4	47	Kiara WILSON	FR	#13 Allen (S.C.)	2,530		3/15
5	52	Ayani TAYLOR	JR	#13 Allen (S.C.)	{2}1,964		3/15



USTFCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



South Central

as of 3/25/2024 4:34:45 PM ET

Women's 100 Meters

1	3	Grizell SCARLETT	FR	#7 Eastern New Me	11.52	(0.3)	3/23
2	4	Deborah ACHEAMPONG	FR	#1 West Texas A&M	11.56w	(2.5)	3/23
3	5	Corrssia PERRY	SR	#1 West Texas A&M {2}	11.58w	(2.7)	3/23
4	13	Amari WEATHERFORD	FR	#1 West Texas A&M {3}	11.80w	(3.2)	3/23
5	15	DeOndra GREEN	SR	#1 West Texas A&M {4}	11.82w	(2.5)	3/23
6	36	Corinne THORPE	JR	#9 Midwestern Stat	12.08w	(2.7)	3/23
7	79	Steveanna HEARN	SO	#9 Midwestern Stat{2}	12.27w	(2.1)	3/16
8	85	Alliyah HARRISON	FR	#2 Angelo State	12.30w	(2.3)	3/3
9	88	Anna SALISBURY	JR	#8 Lubbock Christia	12.31c	(12.28A) (0.	3/16
10		Zykia MCDANIEL	SR	#2 Angelo State {2}	12.38w	(2.1)	3/16

Women's 100 Meter Hurdles

1	7	Averie GRIFFITH	SR	#2 Angelo State	14.20	(1.7)	3/16
2	8	Maricia SPENCE	JR	#2 Angelo State {2}	14.22	(1.6)	3/23
3	10	Elliot HARRISON	SR	#1 West Texas A&M	14.37w	(3.7)	3/23
4	14	Anna RICCOMAGNO	SO	#2 Angelo State {3}	14.41w	(3.7)	3/23
5	23	Ariyah SAMUELS	SO	#2 Angelo State {4}	14.56	(1.9)	3/3
6	29	Cierra WHEELER	FR	#3 Dallas Baptist	14.69	(0.2)	3/23
7	33	Abby ZAMZOW	SR	#2 Angelo State {5}	14.71w	(3.7)	3/23
8	36	Kennedi SILMON	JR	#4 Texas A&M-King	14.75	(1.9)	3/3
9	58	Allison VAUGHN	JR	#2 Angelo State {6}	15.04w	(3.7)	3/23
10	67	Isabel JAKOBSEN	FR	#6 UT Tyler	15.15	(1.6)	3/16

Women's 200 Meters

1	8	Corrssia PERRY	SR	#1 West Texas A&M	24.01w	(2.5)	3/23
2	9	Deborah ACHEAMPONG	FR	#1 West Texas A&M {2}	24.06w	(2.2)	3/23
3	11	Amari WEATHERFORD	FR	#1 West Texas A&M {3}	24.18w	(3.4)	3/23
4	13	Grizell SCARLETT	FR	#7 Eastern New Me	24.28	(-0.5)	3/23
5	16	Cynai CHRISTOPHER	JR	#4 Texas A&M-King	24.29	(0.2)	3/23
6	27	Shadae FINDLEY	JR	#2 Angelo State	24.51w	(2.3)	3/23
7	34	Jasmine HAYWOOD	FR	#6 UT Tyler	24.68w	(2.3)	3/23
8	51	Anna SALISBURY	JR	#8 Lubbock Christia	24.88w	(2.2)	3/23
9	64	Helena KLUTSEY-CARBOO	FR	#7 Eastern New Mex{2}	25.02	(-0.5)	3/23
10	65	Zykia MCDANIEL	SR	#2 Angelo State {2}	25.03	(2.0)	3/16

Women's 400 Meters

1	1	Shadae FINDLEY	JR	#2 Angelo State	53.86		3/23
2	3	Cynai CHRISTOPHER	JR	#4 Texas A&M-King	54.65		3/23
3	4	Blessing AKINTOYE	FR	#1 West Texas A&M	54.80		3/23
4	6	Zykia MCDANIEL	SR	#2 Angelo State {2}	55.16		3/23
5	7	Anna SALISBURY	JR	#8 Lubbock Christia	55.19		3/23
6	10	Elizabeth FLOREZ	FR	#8 Lubbock Christia{2}	55.55		3/23
7	12	Kamaria CARR	FR	#6 UT Tyler	55.74		3/23
8	13	Jasmine HAYWOOD	FR	#6 UT Tyler {2}	55.81		3/23
9	29	Aerin THOMPSON	SO	#6 UT Tyler {3}	56.75		3/16
10	31	Helena KLUTSEY-CARBOO	FR	#7 Eastern New Me	56.79		3/23

Women's 400 Meter Hurdles

1	6	Fatoumata KABO	SO	#2 Angelo State	1:01.84		3/23
2	8	Allison COMER	JR	#5 Colo. School of M	1:01.94		3/23
3	11	Krissie SANDERS	FR	#11 UC-Colorado Spr	1:02.54c	(1:02.43A)	3/16
4	14	Temitope ADENUGA	FR	#1 West Texas A&M	1:03.11		3/23
5	19	Anna RICCOMAGNO	SO	#2 Angelo State {2}	1:03.31		3/23
6	20	Averie GRIFFITH	SR	#2 Angelo State {3}	1:03.34		3/3
7	22	Elliot HARRISON	SR	#1 West Texas A&M {2}	1:03.52		3/23
8	23	Allison VAUGHN	JR	#2 Angelo State {4}	1:03.65		3/23
9	24	Ariyah SAMUELS	SO	#2 Angelo State {5}	1:03.80		3/23
10	27	Kylie FRUSH	SO	#2 Angelo State {6}	1:03.96		3/3

Women's 800 Meters

1	1	Aryelle WRIGHT	SR	#5 Colo. School of M	2:07.08		3/23
2	2	Ellie FRYE	SO	#3 Dallas Baptist	2:08.51		3/23
3	8	Raquel CHAVEZ	SR	#1 West Texas A&M	2:11.32		3/23
4	13	Jadyn HERRON	SO	#10 CSU Pueblo	2:13.52c	(2:14.23A)	3/16
5	18	Aerin THOMPSON	SO	#6 UT Tyler	2:14.33		3/23
6	31	Jenna HOWARD	SR	#3 Dallas Baptist {2}	2:16.28		3/23
7	32	Jadyn DANGERFIELD	SO	#9 Midwestern Stat	2:16.37		3/23
8	33	Maya ESPINOSA	JR	#4 Texas A&M-King	2:16.63		3/23
9	39	Nathalia ESCONTRIAS	JR	#9 Midwestern Stat{2}	2:17.45		3/23
10	41	Sarah WILLSON	FR	#13 St. Edward's	2:17.56		3/16

Women's 1500 Meters

1	3	Lesli SALAS	FR	#3 Dallas Baptist	4:30.00		3/23
2	10	Betty BAJIKA	JR	#1 West Texas A&M	4:33.63c	(4:37.51A)	3/16
3	11	Jenna HOWARD	SR	#3 Dallas Baptist {2}	4:33.83		3/9
4	12	Katie HECK	SR	#12 Fort Lewis	4:34.04		3/23
5	15	Kalkidan VINCEDEAU	JR	#1 West Texas A&M {2}	4:34.90c	(4:38.80A)	3/16
6	29	Emme O'DONNELL	JR	#3 Dallas Baptist {3}	4:39.38		3/23
7	34	Margot THOMAS	JR	#10 CSU Pueblo	4:40.41c	(4:46.44A)	3/16
8	37	Megan SMITH	SR	#3 Dallas Baptist {4}	4:41.03		3/23
9	49	Juliana MERLO	SO	#13 St. Edward's	4:43.16		3/3
10	52	Kylie HIMES	FR	#3 Dallas Baptist {5}	4:43.57		3/23

Women's 5000 Meters

1	10	Hannah HARTWELL	JR	#12 Fort Lewis	16:58.09		3/23
2	15	Jenna HOWARD	SR	#3 Dallas Baptist	17:20.68		3/23
3	19	Linda WEIGANG	FR	#12 Fort Lewis {2}	17:23.94		3/23
4	62	Mikenna HOFFMAN	SO	#12 Fort Lewis {3}	17:56.30		3/23
5	87	Giselle LUERA	SR	#3 Dallas Baptist {2}	18:10.48		3/23
6	93	Tessa STADLER	FR	#12 Fort Lewis {4}	18:13.37		3/23
7		Taylor ENGRAM	SR	#17 MSU Denver	18:20.95c	(18:49.77A)	3/16
8		Ella PANDO	SO	#9 Midwestern Stat	18:24.65		3/23
9		Katherine BROWN	SR	#12 Fort Lewis {5}	18:27.22		3/23
10		Manon CADY	FR	#18 Cameron	18:28.14		3/16



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South Central

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Women's 4x100 Relay

1	1	Joy Udo-Gabriel, Deborah Acheampong, Amari Weatherford, DeOndra Green	#1 West Texas A&M	45.06	3/23
2	4	Maricia Spence, Fatoumata Kabo, Alliyah Harrison, Zykia McDaniel	#2 Angelo State	45.67	3/23
3	33	Jodian Stewart, Riley Midgett, Helena Klutsey-Carboo, Ambrosia Francis	#7 Eastern New Me	47.61	3/23
4	36	Kendal Brown, Cierra Wheeler, Madyson Castellion, Whitney Willeford	#3 Dallas Baptist	47.74	3/23
5	61	Zoe Brown, Kyra Nunez, Lori Martinez, Jazmine Miller	#4 Texas A&M-King	49.19	3/3
6	82	Kamille Boyd, Michaelle Sime, Haley George, Jayda Rosales	#8 Lubbock Christia	52.06c (51.94A)	3/16
7	88	Aubrey Berry, Annie Sikes, Sara Winn, Anne de Jong	#18 Cameron	54.00	3/16

Women's 4x400 Relay

1	5	Aani Hardesty, Grace Galvin, Allison Comer, Aryelle Wright	#5 Colo. School of N	3:46.88	3/23
2	9	Ellie Frye, Jesse Swan, Madyson Castellion, Cierra Wheeler	#3 Dallas Baptist	3:52.48	3/23
3	10	Alliyah Harrison, Kylie Frush, Averie Griffith, Allison Vaughn	#2 Angelo State	3:52.52	3/3
4	13	Da'Shrana Sims, Jessie Heath, Trell'Kyrh Watkins, Nidhi Singh	#9 Midwestern Stat	3:55.23	3/23
5	28	Yamila Cartwright, Hailey Rodriguez, Sarah Willson, Amari Singleton	#13 St. Edward's	4:00.64	3/3
6	53	Aubrey Swindle, Josie Coulter, Ember Cervantes, Linda Weigang	#12 Fort Lewis	4:07.15	3/23
7	54	Minerva Cerda-Hernandez, Meghan Rodriguez, Helena Klutsey-Carboo, mariana Marquez	#7 Eastern New Me	4:07.23	3/23
8	59	Gabrielle Dunich, Jadyn Herron, Danaya Kinnard, Janise Everett	#10 CSU Pueblo	4:09.25c (4:08.81A)	3/16
9	93	Melissa May, Abbie Saline, Katie Magni, Laine Mannes	#15 South Dakota Mi	4:26.49c (4:26.05A)	3/16

Women's High Jump

1	9	Kylyie PADEN	SO	#2 Angelo State	1.67m	5-5¾	3/3
2	19	Alyssa SINGLETARY	FR	#8 Lubbock Christia	1.64m	5-4½	3/16
3	35	Abbey BRADSHAW	JR	#3 Dallas Baptist	1.60m	5-3	3/23
3	35	Anna RICCOMAGNO	SO	#2 Angelo State	{2} 1.60m	5-3	3/23
3	35	Naomi KIMBLE	FR	#16 Western New Me	1.60m	5-3	3/23
6	51	Coulter REEL	SO	#8 Lubbock Christia	{2} 1.58m	5-2¼	3/16
7	59	Rojrika CAMBELL	FR	#14 New Mexico Higl	1.57m	5-1¾	3/16
7	59	Dallis ROBINSON	FR	#11 UC-Colorado Spr	1.57m	5-1¾	3/16
7	59	Claire KINTZLEY	JR	#5 Colo. School of N	1.57m	5-1¾	3/16
7	59	Mikayla JONES	SR	#10 CSU Pueblo	1.57m	5-1¾	3/16



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Women's Pole Vault

1	2	Hannah MILLER	SR	#5 Colo. School of M	4.20m	13-9¼	3/23
2	4	Dale THOMPSON	JR	#5 Colo. School of M	3.95m	12-11½	3/23
3	6	Abeni KRATZMEYER	JR	#6 UT Tyler	3.90m	12-9½	3/16
4	7	Avery HERBOLD	SR	#5 Colo. School of M	3.88m	12-8¾	3/16
5	22	Ava KOWALSKI	SR	#5 Colo. School of M	3.65m	11-11¾	3/23
6	28	Adoniyah PEARSON	FR	#6 UT Tyler	{2} 3.61m	11-10	3/23
6	28	Joey ZIMMERMAN	SR	#1 West Texas A&M	3.61m	11-10	3/23
8	43	Katelyn BOHENSKY	JR	#2 Angelo State	3.50m	11-5¾	3/3
9	49	Kylie PADEN	SO	#2 Angelo State	{2} 3.46m	11-4¼	3/23
9	49	Olivia MITCHELL	FR	#6 UT Tyler	{3} 3.46m	11-4¼	3/23

Women's Long Jump

1	4	Abby ZAMZOW	SR	#2 Angelo State	6.02mw	19-9 (2.9)	3/23
2	8	Aerin THOMPSON	SO	#6 UT Tyler	5.85m	19-2½ (1.0)	3/23
3	11	Kailee BENTON	SO	#1 West Texas A&M	5.81m	19-¾ (1.3)	3/16
4	14	Maricia SPENCE	JR	#2 Angelo State	{2} 5.77mw	18-11¼ (3.4)	3/23
5	30	Miriam ZANOVELLO	SR	#1 West Texas A&M	{2} 5.59m	18-4¼ (1.3)	3/16
6	35	Elliot HARRISON	SR	#1 West Texas A&M	{3} 5.54m	18-2¼ (0.0)	3/16
7	37	Daniela PESIC	SR	#1 West Texas A&M	{4} 5.53mw	18-1¾ (2.1)	3/16
8	40	Kyra NUNEZ	FR	#4 Texas A&M-King	5.50m	18-½ (1.1)	3/3
9	41	Lexye WOOD	SR	#5 Colo. School of M	5.49m	18-¼ (0.0)	3/23
10	43	Kylie FRUSH	SO	#2 Angelo State	{3} 5.48mw	17-11¾ (2.8)	3/16

Women's Triple Jump

1	13	Allison VAUGHN	JR	#2 Angelo State	11.78m	38-7¾ (1.3)	3/16
2	14	Maggie MORALES	SO	#2 Angelo State	{2} 11.66m	38-3¼ (1.4)	3/3
3	22	Kailee BENTON	SO	#1 West Texas A&M	11.51mw	37-9¼ (2.9)	3/16
4	28	Cierra WHEELER	FR	#3 Dallas Baptist	11.41m	37-5¼ (-0.6)	3/23
5	32	Audrey UZOUKWU	JR	#1 West Texas A&M	{2} 11.33mw	37-2¼ (2.7)	3/16
6	37	Kylie FRUSH	SO	#2 Angelo State	{3} 11.19m	36-8½ (1.7)	3/16
7	56	Brooklyn LAMPRECHT	SO	#4 Texas A&M-King	10.97m	36-0 (1.0)	3/3
8	59	Janae KELLY	JR	#1 West Texas A&M	{3} 10.87mw	35-8 (3.6)	3/16
9	67	Bryssa GUZMAN	SR	#4 Texas A&M-King	{2} 10.81m	35-5¾ (1.9)	3/3
10	86	Jayda ROSALES	JR	#8 Lubbock Christia	10.61mw	34-9¾ (3.5)	3/16

Women's Shot Put

1	1	Katherine HIGGINS	SR	#10 CSU Pueblo	15.31m	50-2¾	3/16
2	5	Katryna HERNANDEZ	SR	#4 Texas A&M-King	14.36m	47-1½	3/23
3	7	Tamia SMITH	SR	#7 Eastern New Me	14.13m	46-4¼	3/23
4	8	Arrianna ALLEN	FR	#1 West Texas A&M	14.06m	46-1½	3/23
5	9	Jada SEWELL	JR	#1 West Texas A&M	{2} 13.96m	45-9¾	3/23
6	12	Kitt RUPAR	JR	#5 Colo. School of M	13.86m	45-5¾	3/16
7	19	Febe WESSELS	SO	#10 CSU Pueblo	{2} 13.50m	44-3½	3/16
8	29	Jaycie STUBBS	SR	#15 South Dakota Mi	13.12m	43-½	3/16
9	36	Alexandria TICE	SO	#1 West Texas A&M	{3} 12.93m	42-5¼	3/16
10	37	Meadow GALLENTINE	SO	#1 West Texas A&M	{4} 12.91m	42-4¼	3/23

Women's Discus

1	5	Brooklyn HOUSE	SR	#6 UT Tyler	46.62m	153-0	3/16
2	10	Tiamara HILL-JOHNSON	JR	#2 Angelo State	44.81m	147-0	3/16
3	11	Arrianna ALLEN	FR	#1 West Texas A&M	44.64m	146-6	3/23
4	18	Leslie PENA	FR	#4 Texas A&M-King	43.38m	142-4	3/23
5	19	Kamryn WILLIAMS	FR	#2 Angelo State	{2} 43.25m	141-11	3/23
6	28	Victoria MALAKI	SO	#11 UC-Colorado Spr	42.13m	138-3	3/16
7	33	Abigail PROVOST	FR	#1 West Texas A&M	{2} 41.59m	136-6	3/16
8	38	Febe WESSELS	SO	#10 CSU Pueblo	41.30m	135-6	3/16
9	39	Kaylea DEMETRIUS	FR	#4 Texas A&M-King	{2} 41.28m	135-5	3/23
10	43	Alexandria TICE	SO	#1 West Texas A&M	{3} 41.07m	134-9	3/23

Women's Hammer

1	11	Kaitlyn SCOTT	SR	#14 New Mexico Higt	51.72m	169-8	3/23
2	16	Olivia MIKAELIAN	SR	#10 CSU Pueblo	50.25m	164-11	3/16
3	21	Nina HOL	FR	#14 New Mexico Higt	{2} 49.40m	162-1	3/16
4	30	Cassie LYNN BONNER	SR	#11 UC-Colorado Spr	48.61m	159-6	3/16
5	32	Meadow GALLENTINE	SO	#1 West Texas A&M	48.40m	158-10	3/23
6	33	Jada SEWELL	JR	#1 West Texas A&M	{2} 48.36m	158-8	3/16
7	36	Katherine HIGGINS	SR	#10 CSU Pueblo	{2} 47.63m	156-3	3/16
8	38	Abigail JONES	JR	#8 Lubbock Christia	47.47m	155-9	3/23
9	56	Tamia SMITH	SR	#7 Eastern New Me	45.67m	149-10	3/23
10	62	Hope GRAY	SO	#1 West Texas A&M	{3} 45.02m	147-9	3/23

Women's Javelin

1	22	Jaycie STUBBS	SR	#15 South Dakota Mi	41.35m	135-8	3/16
2	29	Kiana ORTIZ	JR	#16 Western New Me	39.50m	129-7	3/23
3	37	Deziree BOSQUEZ		#7 Eastern New Me	38.48m	126-3	3/16
4	40	Caroline WALTERS	SR	#11 UC-Colorado Spr	38.03m	124-9	3/16
5	42	Laiten GREESON	SR	#1 West Texas A&M	37.78m	124-0	3/16
6	43	Kennedy ULMER	SO	#7 Eastern New Me	{2} 37.69m	123-8	3/16
7	44	Zoe BROWN	SO	#4 Texas A&M-King	37.54m	123-2	3/23
8	51	Lilly WOLF	SO	#6 UT Tyler	36.48m	119-8	3/23
9	52	Lucia HARRISON	SR	#14 New Mexico Higt	36.46m	119-8	3/23
10	65	Febe WESSELS	SO	#10 CSU Pueblo	35.22m	115-7	3/16



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Women's 100 Meters

1	6	Alexis BROWN	SO	#1 Lenoir-Rhyne	11.61	(-0.4)	3/23
2	10	Chianel ASOBURUENWU	SO	#2 Mount Olive	11.73w	(3.7)	3/22
3	15	Eseose OKODUWA	JR	#3 Converse	11.82w	(3.6)	3/23
4	31	Aniya HECKSTALL	SO	#20 Barton	12.03w	(2.4)	3/22
5	34	Tiara COX	SO	#8 North Greenville	12.06w	(3.0)	3/9
6	41	Madison GIBSON	FR	#5 UNC Pembroke	12.11w	(3.7)	3/22
7	44	LaSira NICHOLSON	SO	#2 Mount Olive	{2} 12.12w	(3.7)	3/22
8	45	Arianah DAVIS	FR	#5 UNC Pembroke	{2} 12.13w	(3.7)	3/22
9	53	Heaven ROBERTS	FR	#2 Mount Olive	{3} 12.18w	(3.7)	3/22
10	55	Mallory WITHERSPOON	SR	#6 Catawba	12.19w	(2.4)	3/22

Women's 100 Meter Hurdles

1	4	Theresa GREEN-WHITE	SO	#15 Tusculum	14.17	(-1.3)	3/23
2	12	Phoebe MYERS	SR	#3 Converse	14.39	(1.9)	3/23
3	25	Isabelle FLORES	JR	#7 Belmont Abbey	14.63	(0.3)	3/22
4	37	Dounia ROUTBI	SO	#4 Wingate	14.77	(2.0)	3/16
5	45	Melody JONES	JR	#1 Lenoir-Rhyne	14.91	(-1.3)	3/23
6	48	Sharonda PRIESTER	FR	#1 Lenoir-Rhyne	{2} 14.92	(0.8)	3/16
7	50	Zamearea SIMPSON	FR	#6 Catawba	14.94	(1.1)	3/22
8	73	Hoyane ESPER	SO	#4 Wingate	{2} 15.23	(1.1)	3/16
8	73	Zoe LOGUE	SO	#21 Emmanuel (Ga.)	15.23	(2.0)	3/16
10	79	Channie JEFFERSON	SO	#2 Mount Olive	15.26w	(3.3)	3/22

Women's 200 Meters

1	7	Alexis BROWN	SO	#1 Lenoir-Rhyne	23.96	(-0.8)	3/23
2	31	Eseose OKODUWA	JR	#3 Converse	24.63w	(2.4)	3/23
3	49	Mariah MITCHEM	JR	Coker	24.84	(0.5)	3/22
4	53	Keiarra TUTT	SO	#20 Barton	24.89	(-0.5)	3/1
5	56	Tytiana WILSON	JR	#10 Carson-Newman	24.95	(1.3)	3/16
6	62	Isabelle FLORES	JR	#7 Belmont Abbey	25.00	(0.0)	3/22
7	69	Chianel ASOBURUENWU	SO	#2 Mount Olive	25.07	(0.9)	3/22
8	71	Holly KONE	SR	#1 Lenoir-Rhyne	{2} 25.09w	(3.0)	3/16
9	77	Damyja ALEJANDRO-ORTIZ	SO	#1 Lenoir-Rhyne	{3} 25.11	(1.3)	3/16
10	82	Aniya HECKSTALL	SO	#20 Barton	{2} 25.17	(-0.5)	3/1

Women's 400 Meters

1	24	Lacey BOOZER	JR	#11 Anderson (S.C.)	56.54		3/16
2	33	Ariyonna JONES	SR	#13 Clayton State	56.82		3/16
3	41	Damyja ALEJANDRO-ORTIZ	SO	#1 Lenoir-Rhyne	57.11		3/16
4	45	Jermiya BETHEL	FR	#3 Converse	57.30		3/23
5	48	Natalyah WILSON	SR	#2 Mount Olive	57.39		3/22
6	53	Vinesha BRIGGS	JR	#2 Mount Olive	{2} 57.58		3/22
7	55	Tytiana WILSON	JR	#10 Carson-Newman	57.65		3/23
8	58	Brianna QUARTARARO	SR	#11 Anderson (S.C.)	{2} 57.67		3/16
9	60	Katie-Marie SHERLOCK	FR	#5 UNC Pembroke	57.77		3/22
10	69	Chianel ASOBURUENWU	SO	#2 Mount Olive	{3} 58.00		3/22

Women's 400 Meter Hurdles

1	9	Isabelle FLORES	JR	#7 Belmont Abbey	1:02.23		3/16
2	21	Sharonda PRIESTER	FR	#1 Lenoir-Rhyne	1:03.49		3/16
3	24	Jai PIAZZA	FR	#21 Emmanuel (Ga.)	1:03.80		3/16
4	35	Channie JEFFERSON	SO	#2 Mount Olive	1:04.56		3/22
5	49	Olivia WHITE	JR	#7 Belmont Abbey	{2} 1:05.50		3/1
6	81	Kayla LEMA	JR	#14 Southern Wesley	1:07.12		3/2
7	85	Madison RICKETTS	SO	#25 Emory and Henry	1:07.39		3/22
8	86	Latavia BRACEY	SO	#3 Converse	1:07.44		3/23
9	89	Liza VARNUM	FR	#16 Columbus State	1:07.50		3/16
10		Abby HEATH	SR	#4 Wingate	1:08.42		3/16

Women's 800 Meters

1	4	Taylor STONE	JR	#9 Flagler	2:09.60		3/16
2	26	Ella SToudenMIRE	JR	#19 North Georgia	2:15.22		3/16
3	40	Maddi HOOD	JR	#9 Flagler	{2} 2:17.51		3/23
4	51	Ruth SPIJKER	SO	#3 Converse	2:18.26		3/23
5	66	Anne VAN DEN BROEK	SR	#3 Converse	{2} 2:19.27		3/23
6	72	Abigail MISCH	SO	#9 Flagler	{3} 2:19.51		3/16
7	89	Claire MILLS	SR	#19 North Georgia	{2} 2:20.39		3/16
8	91	Olivia OVERHOLT	SO	#1 Lenoir-Rhyne	2:20.61		3/23
9	95	JaBresha PALMER	SO	#13 Clayton State	2:20.83		3/16
10	99	Harper RUSSELL	JR	#12 Lincoln Memoria	2:21.06		3/23

Women's 1500 Meters

1	9	Raina ANDREWS	SR	#6 Catawba	4:33.40		3/16
2	23	Mikayla JONES	JR	#6 Catawba	{2} 4:37.63		3/16
3	26	Abigail MISCH	SO	#9 Flagler	4:38.54		3/23
4	32	Carolyn FUEHREN	JR	#1 Lenoir-Rhyne	4:40.34		3/23
5	38	Clemence TREGUER	SO	#9 Flagler	{2} 4:41.56		3/23
6	55	Ruth SPIJKER	SO	#3 Converse	4:44.04		3/23
7	74	Sabrina FLEIG	SO	#1 Lenoir-Rhyne	{2} 4:47.67		3/16
8	84	Moureen KIMAIYO	FR	#5 UNC Pembroke	4:49.10		3/16
9	88	Paige EWALD	JR	#1 Lenoir-Rhyne	{3} 4:49.18		3/16
10	91	Ella SToudenMIRE	JR	#19 North Georgia	4:49.34		3/9



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Southeast

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Women's 5000 Meters

1	5	Madison CLAY	SO	#6 Catawba	16:49.75	3/16
2	16	Monique WHITEMAN	SR	#9 Flagler	17:23.17	3/16
3	24	Megan CHURCHILL	SR	#9 Flagler {2}	17:29.81	3/16
4	25	Laila ABOUZAID	JR	#4 Wingate	17:30.61	3/16
5	26	Sabrina FLEIG	SO	#1 Lenoir-Rhyne	17:31.50	3/23
6	32	Lauren BEATTY	SO	#3 Converse	17:35.00	3/16
7	35	Hannah CAUDILL	FR	#6 Catawba {2}	17:37.29	3/16
8	40	Ashley SOSA	JR	#3 Converse {2}	17:43.08	3/16
9	43	Paige EWALD	JR	#1 Lenoir-Rhyne {2}	17:44.07	3/23
10	48	Grace ROSE	JR	#12 Lincoln Memoria	17:47.39	3/23

Women's 4x100 Relay

1	9	Chianel Asoburuenwu, Channie Jefferson, Heaven Roberts, LaSira Nicholson	#2 Mount Olive	46.35	3/22
2	22	Kiera Taylor, Alonda Shelton, Theresa Green-White, Jada Martin	#15 Tusculum	47.23	3/23
3	27	Tiara COX, Hannah Hill, Carleigh Vaughn, JoAnn Smiling	#8 North Greenville	47.38	3/23
4	37	Raven Haston, Katie-Marie Sherlock, Madison Gibson, Arianah Davis	#5 UNC Pembroke	47.75	3/16
5	44	Ariyonna Jones, Journie Alexander, Jada Jenkins, Cayla Brown	#13 Clayton State	48.09	3/16
6	47	Onii Bivens, Sanaia Hill, Lea Legros, Mallory Witherspoon	#6 Catawba	48.30	3/16
7	57	Sekyah Chestnut, Isabelle Flores, Olivia White, Priya Murray	#7 Belmont Abbey	48.80	3/16
8	64	Alyse Davis, Makayla Wilson, Cianna Laginestra, Sarah Richardson	#14 Southern Wesley	49.27	3/2
9	78	Zoe Logue, Valasha Carter, Rayven Thurston, Jai Piazza	#21 Emmanuel (Ga.)	50.52	3/16
10	85	Madison Ricketts, Scarlett Eversley, Alyssa Chappell, Ella Knight	#25 Emory and Henry	52.58	3/22

Women's 4x400 Relay

1	26	Jermiya Bethel, Quiana Suber, Latavia Bracey, Nashayla Warren	#3 Converse	4:00.27	3/16
2	38	Kirsten Shuford, Mckylee Mosby, Raven Haston, Katie-Marie Sherlock	#5 UNC Pembroke	4:03.09	3/16
3	43	Hannah Hill, Emma Dennison, Tiara COX, Carleigh Vaughn	#8 North Greenville	4:03.90	3/23
4	44	Kennedy McDonald, JaBresha Palmer, Ahlana Failey, Ariyonna Jones	#13 Clayton State	4:04.14	3/16
5	50	Abbie Zander, Tytiana Wilson, Myke' Lah McMiller, Lauren Tabor	#10 Carson-Newman	4:05.49	3/16
6	67	Sophia Olivarez, Illiana Matos, Makenzi Brannon, Isabelle Flores	#7 Belmont Abbey	4:14.55	3/22
7	75	Ella Stoudenmire, Claire Mills, Anna Chasteen, Nealeigh Broadwell	#19 North Georgia	4:18.58	3/9
8	79	Merritt Smith, Abbey Frock, Ava LaBrant, Evelyn Gordon	#14 Southern Wesley	4:19.92	3/2
9	82	Onii Bivens, Sanaia Hill, Mallory Witherspoon, Alexis Devlin	#6 Catawba	4:22.42	3/16
10	83	Lara Castano, Myah Powell-Utley, Tori Robinson, Kyra Stanley	#4 Wingate	4:23.05	3/16

Women's High Jump

1	29	Kennedy CONNER	SR	#1 Lenoir-Rhyne	1.61m	5-3¼	3/16
1	29	Phoebe MYERS	SR	#3 Converse	1.61m	5-3¼	3/23
1	29	Kamille CUNNINGHAM	FR	#3 Converse	1.61m	5-3¼	3/23
1	29	Georgia PIPER	SO	#11 Anderson (S.C.)	1.61m	5-3¼	3/16
1	29	Patricija NEMANYTE	FR	#1 Lenoir-Rhyne	1.61m	5-3¼	3/16
6	35	Ally HOLMBERG	FR	#4 Wingate	1.60m	5-3	3/16
7	68	Sofia LANINA	SO	#1 Lenoir-Rhyne {3}	1.56m	5-1¼	3/16
8	75	Sterling WEBB	FR	#12 Lincoln Memoria	1.55m	5-1	3/23
8	75	Margaux SHELTON	JR	#4 Wingate {2}	1.55m	5-1	3/16
8	75	Judith VAQUERO	SO	#4 Wingate {2}	1.55m	5-1	3/16



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Women's Pole Vault

1	55	Pearl BALLARD	SR	#1 Lenoir-Rhyne	3.40m	11-1¾	3/23
2	61	Kirsten LEONARD	JR	#11 Anderson (S.C.)	3.38m	11-1	3/16
3	81	Carina FIORUCCI	FR	#5 UNC Pembroke	3.20m	10-6	3/22
4	87	Jenna ROLEN	SO	#16 Columbus State	3.15m	10-4	3/16
5	94	Sarah ARNOLD	FR	#16 Columbus State {2}	3.11m	10-2½	3/2
6	100	Jorja FOX	FR	#11 Anderson (S.C.) {2}	3.08m	10-1¼	3/16
6	100	Stacie JORGENSEN	SO	#1 Lenoir-Rhyne {2}	3.08m	10-1¼	3/16
8		Ava LABRANT	JR	#14 Southern Wesley	3.00m	9-10	3/2
9		Mykayla KING	SO	#22 Mars Hill	2.93m	9-7¼	3/16
9		Haley EDDINGER	SO	#22 Mars Hill	2.93m	9-7¼	3/16

Women's Long Jump

1	19	JoAnn SMILING	SR	#8 North Greenville	5.67mw	18-7¼ (3.9)	3/9
2	20	Sydney MCCARTY	JR	#10 Carson-Newman	5.66m	18-7 (0.0)	3/16
3	24	Brooke TAYLOR	SO	#10 Carson-Newman {2}	5.65m	18-6½ (-0.2)	3/16
4	27	Lora DILLON	SO	#18 Lees-McRae	5.62m	18-5¼ (-0.4)	3/16
4	27	Aniya HECKSTALL	SO	#20 Barton	5.62m	18-5¼ (1.4)	3/1
6	33	Savannah GOODWIN	FR	#10 Carson-Newman {3}	5.56m	18-3 (1.7)	3/16
7	39	Arianah DAVIS	FR	#5 UNC Pembroke	5.51mw	18-1 (2.6)	3/16
8	48	Journie ALEXANDER	JR	#13 Clayton State	5.44m	17-10¼ (-1)	3/16
9	53	Brooke VISSER	JR	#10 Carson-Newman {4}	5.41m	17-9 (-2.8)	3/16
10	61	Karla HORMAZABAL	JR	#2 Mount Olive	5.36mw	17-7 (2.6)	3/22

Women's Triple Jump

1	2	JoAnn SMILING	SR	#8 North Greenville	12.08mw	39-7¾ (3.0)	3/9
2	3	Holly KONE	SR	#1 Lenoir-Rhyne	12.05m	39-6½ (-1.2)	3/16
3	10	Lora DILLON	SO	#18 Lees-McRae	11.85m	38-10½ (-1)	3/16
4	11	Karla HORMAZABAL	JR	#2 Mount Olive	11.82m	38-9½ (1.4)	3/22
5	12	Tyleah MOORER	JR	#23 Limestone	11.79m	38-8¼ (1.1)	3/23
6	23	Ennessey SORRELLS	JR	#4 Wingate	11.47m	37-7¾ (2.0)	3/16
7	30	Deandra DOWNER	SO	#16 Columbus State	11.36m	37-3¼ (-0.8)	3/16
8	35	Brooke TAYLOR	SO	#10 Carson-Newman	11.31m	37-1¼ (-1.6)	3/16
9	41	Keza GREEN	SO	#2 Mount Olive {2}	11.13m	36-6¼ (1.9)	3/22
10	48	Mackenzie WHITESIDE	JR	#3 Converse	11.05mw	36-3 (2.2)	3/23

Women's Shot Put

1	22	Fedra FLORENTIN	JR	#4 Wingate	13.35m	43-9¾	3/16
2	47	Leonie SAMUELS	SO	#17 Newberry	12.61m	41-4½	3/16
3	49	Katlyn PARRISH	JR	#2 Mount Olive	12.60m	41-4¼	3/22
4	50	Taylor SMITH	SR	#23 Limestone	12.52m	41-1	3/23
5	58	Amber LAWLESS	SO	#4 Wingate {2}	12.43m	40-9½	3/16
6	68	Danielle CRAWFORD	JR	#4 Wingate {3}	12.23m	40-1½	3/16
7	76	Olivia JACKSON	SR	#1 Lenoir-Rhyne	12.10m	39-8½	3/16
8		Adrienne CRAWFORD	JR	#2 Mount Olive {2}	11.85m	38-10½	3/22
9		Patricija NEMANYTE	FR	#1 Lenoir-Rhyne {2}	11.84m	38-10¼	3/16
10		Nia ROGERS	JR	#24 UVa-Wise	11.67m	38-3½	3/23

Women's Discus

1	8	Adrienne CRAWFORD	JR	#2 Mount Olive	44.96m	147-6	3/22
2	54	Amber LAWLESS	SO	#4 Wingate	40.42m	132-8	3/16
3	69	Irma WATSON-PEREZ	JR	#17 Newberry	39.39m	129-3	3/16
4	71	Katlyn PARRISH	JR	#2 Mount Olive {2}	39.35m	129-1	3/22
5	73	Fedra FLORENTIN	JR	#4 Wingate {2}	39.22m	128-8	3/16
6	78	Destiny FAISON	FR	#2 Mount Olive {3}	38.97m	127-10	3/22
7		Judith VAQUERO	SO	#4 Wingate {3}	38.21m	125-5	3/16
8		Bella MARTIN	SO	#3 Converse	37.84m	124-2	3/16
9		Alycia ARTMAN	SR	#5 UNC Pembroke	37.63m	123-6	3/16
10		Gracie WILSON	FR	#14 Southern Wesley	37.46m	122-11	3/2

Women's Hammer

1	4	Adrienne CRAWFORD	JR	#2 Mount Olive	53.66m	176-1	3/22
2	10	Kenisha BARNES	SO	#2 Mount Olive {2}	51.86m	170-2	3/1
3	15	Elin RYDQVIST	FR	#2 Mount Olive {3}	50.50m	165-8	3/22
4	25	Andrea PASCUAL RIVERA	JR	#17 Newberry	49.04m	160-11	3/16
5	49	Olivia JACKSON	SR	#1 Lenoir-Rhyne	46.33m	152-0	3/16
6	89	Kaitlin KENAN	SR	#2 Mount Olive {4}	43.04m	141-3	3/1
7	94	Katlyn PARRISH	JR	#2 Mount Olive {5}	42.54m	139-7	3/22
8	98	Nevaeh KERNS	SO	#12 Lincoln Memoria	42.36m	139-0	3/23
9		Ruthie FRIPP	SR	King	42.23m	138-7	3/23
10		Marlesia WALKER	JR	#1 Lenoir-Rhyne {2}	42.11m	138-2	3/23

Women's Javelin

1	10	Caley SOSNOWSKI	FR	#15 Tusculum	42.73m	140-2	3/23
2	28	Danielle TRIMBUR	SR	#2 Mount Olive	39.57m	129-10	3/1
3	36	Carmen BISHOP	SR	#6 Catawba	38.75m	127-2	3/16
4	79	MacKenna GALLON	FR	#2 Mount Olive {2}	34.06m	111-9	3/1
5	80	Joel OWENS	FR	#8 North Greenville	33.95m	111-5	3/23
6	83	Gracie WILSON	FR	#14 Southern Wesley	33.78m	110-10	3/23
7	84	Katlyn PARRISH	JR	#2 Mount Olive {3}	33.77m	110-10	3/22
8	100	Hannah HILL	JR	#8 North Greenville {2}	32.60m	107-0	3/9
9		Miranda MARR	SR	#1 Lenoir-Rhyne	32.45m	106-6	3/16
10		Alina MUELLER	JR	#22 Mars Hill	31.58m	103-8	3/23

Women's Heptathlon

1	7	Sterling WEBB	FR	#12 Lincoln Memoria	4,254		3/23
2	19	Ally MACURDA	FR	#11 Anderson (S.C.)	3,659		3/16
3	20	Haley KELLS	JR	#7 Belmont Abbey	3,644		3/16
4	25	Keagan OSIKA	SO	#18 Lees-McRae	3,539		3/16
5	29	Kieley SMITH	FR	#15 Tusculum	3,431		3/23
6	32	Maggie SANDERSON	SO	#12 Lincoln Memoria {2}	3,332		3/23
7	46	Sara WINEGAR	FR	#12 Lincoln Memoria {3}	2,739		3/23
8	50	Caydence LINDSEY	FR	#7 Belmont Abbey {2}	2,263		3/16



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West

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Women's 100 Meters

1	7	Juvonna CORNETTE	SO	#4 Academy of Art	11.62	(0.9)	3/16
2	8	Hailey HUNT	JR	#7 Cal State San Be	11.66	(0.9)	3/16
3	11	Lauryn JAMES	SR	#4 Academy of Art {2}	11.74	(0.9)	3/16
4	12	E'lexis HOLLIS	SR	#11 Central Washing	11.77	(-0.4)	3/23
5	14	Nydia CHANCE	FR	#8 Fresno Pacific	11.81	(0.4)	3/23
6	17	Alexandra ACKERMAN	JR	#7 Cal State San Be{2}	11.84	(0.4)	3/23
7	19	Ayana FIELDS	SR	#2 Cal Poly Pomona	11.86	(1.1)	3/2
8	20	Toni Ann LINDSAY	FR	#4 Academy of Art {3}	11.87	(-1.9)	3/22
9	24	Rasha BADRANI	SO	#3 Cal State San Ma	11.96	(0.8)	3/9
10	25	Jasmyn CRAWFORD	JR	#5 CUI	11.97	(0.6)	3/9

Women's 100 Meter Hurdles

1	1	Kyndahl CARTER	SR	#7 Cal State San Be	13.90	(1.7)	3/23
2	2	Joy HANO	SR	#12 Cal Poly Humbol	14.08	(2.0)	3/16
3	3	Nicole WARWICK	SR	#1 Azusa Pacific	14.11	(1.5)	2/17
4	9	Liv HEITE	FR	#10 Alaska Anchorage	14.27	(1.2)	3/23
5	10	Hannah CHANG	SO	#21 Seattle Pacific	14.37	(0.0)	3/23
6	15	Ari MILTON	SR	#2 Cal Poly Pomona	14.43	(0.8)	3/9
7	18	Alexis HINOJOSA	JR	#14 Chico State	14.48	(0.9)	3/16
8	19	Lauryn CHANDLER	SR	#11 Central Washing	14.49	(1.2)	3/23
9	21	Ellie DEGROOT	SO	#11 Central Washing{2}	14.52	(0.5)	3/23
10	22	Rasha BADRANI	SO	#3 Cal State San Ma	14.55	(2.0)	3/9

Women's 200 Meters

1	1	Ayana FIELDS	SR	#2 Cal Poly Pomona	23.45w	(2.6)	3/22
2	2	Lauryn JAMES	SR	#4 Academy of Art	23.52w	(2.6)	3/22
3	3	Juvonna CORNETTE	SO	#4 Academy of Art {2}	23.69w	(2.6)	3/22
4	6	Hailey HUNT	JR	#7 Cal State San Be	23.81	(1.0)	3/16
5	10	Toni Ann LINDSAY	FR	#4 Academy of Art {3}	24.16w	(2.6)	3/22
6	13	Jaelyn THOMAS	JR	#2 Cal Poly Pomona{2}	24.28w	(3.1)	3/2
6	13	Alexandra ACKERMAN	JR	#7 Cal State San Be{2}	24.28	(1.9)	3/16
8	18	Nydia CHANCE	FR	#8 Fresno Pacific	24.39	(2.0)	3/16
9	19	Sariyah COPELAND	JR	#8 Fresno Pacific {2}	24.40	(1.4)	3/23
10	22	Jasmyn CRAWFORD	JR	#5 CUI	24.43	(0.5)	3/9

Women's 400 Meters

1	2	Alayna VERNER	JR	#1 Azusa Pacific	54.08		3/23
2	5	Ayana FIELDS	SR	#2 Cal Poly Pomona	54.97		3/23
3	9	Maliyah MEDLEY	SR	#1 Azusa Pacific {2}	55.49		3/22
4	11	Lauryn JAMES	SR	#4 Academy of Art	55.71		3/23
5	14	Toni Ann LINDSAY	FR	#4 Academy of Art {2}	55.83		3/23
6	17	Mercy EHIEMERE	FR	#1 Azusa Pacific {3}	56.04		3/23
7	18	Jenna RODRIGUEZ	SO	Cal State East Ba	56.05		3/23
8	19	Elise HOPPER	SO	#11 Central Washing	56.16		3/23
9	21	Ariana VERA	SR	#8 Fresno Pacific	56.44		3/23
10	23	Kenahdi HASLIP	FR	#8 Fresno Pacific {2}	56.52		3/23

Women's 400 Meter Hurdles

1	1	Isabel PEREZ-ZOGBHI	SO	#12 Cal Poly Humbol	59.66		3/16
2	3	Rasha BADRANI	SO	#3 Cal State San Ma	1:01.13		3/22
3	4	Brianna GREEN	SR	#8 Fresno Pacific	1:01.19		3/16
4	10	Tianna JARDSTROM	JR	#2 Cal Poly Pomona	1:02.46		3/15
5	13	Madeline LAMBING	SR	#19 Western Oregon	1:03.10		3/16
6	15	Mia SALINAS	JR	#3 Cal State San Ma{2}	1:03.18		3/9
7	18	Liv HEITE	FR	#10 Alaska Anchorage	1:03.22		3/23
8	30	Zoe MCDEVITT	SO	#11 Central Washing	1:04.23		3/23
9	37	Karyn BEST	SR	#5 CUI	1:04.79		3/9
10	38	Alejandra GOMEZ	JR	#18 Northwest Nazai	1:04.82		3/23

Women's 800 Meters

1	6	Lina HANICH	SR	#4 Academy of Art	2:10.43		3/22
2	9	Maggie WILLIAMS	SO	#6 Biola (Calif.)	2:12.42		3/22
3	10	Alondra ARIAS	SO	#2 Cal Poly Pomona	2:12.77		3/22
4	11	Jenna RODRIGUEZ	SO	Cal State East Ba	2:12.94		3/16
5	12	Briseida GARCIA MEZA	SR	#1 Azusa Pacific	2:13.38		2/17
6	14	Hazel GROFF	JR	#3 Cal State San Ma	2:13.63		3/22
7	17	Annie WILD	FR	#13 Stanislaus State	2:14.15		2/17
8	19	Michaela ANDREWS	JR	#4 Academy of Art {2}	2:14.39		3/22
9	20	Katharina GOETSCHL	JR	#4 Academy of Art {3}	2:14.51		3/16
10	22	Nicole WARWICK	SR	#1 Azusa Pacific {2}	2:14.82		3/22

Women's 1500 Meters

1	1	Sofia CAMACHO	JR	#1 Azusa Pacific	4:27.88		3/22
2	3	Katharina GOETSCHL	JR	#4 Academy of Art	4:30.00		3/22
3	5	Megan ROXBY	SR	#20 Simon Fraser	4:30.85		3/16
4	7	Aubrie NEX	SR	#9 Point Loma Naz	4:32.24		3/9
5	8	Cassidy WALCHAK-SLOAN	JR	#23 Saint Martin's	4:33.16		3/23
6	13	Najwa CHOUATI	SR	#13 Stanislaus State	4:34.10		3/23
7	14	Bethany MAPES	SO	#6 Biola (Calif.)	4:34.28		3/22
8	16	Susanne BRUENNIG	SO	#6 Biola (Calif.) {2}	4:34.99		3/22
9	18	Della MOLINA	FR	#14 Chico State	4:36.12		3/16
10	19	Nell BAKER	SR	#10 Alaska Anchorage	4:36.47		3/22

Women's 5000 Meters

1	1	Cassidy WALCHAK-SLOAN	JR	#23 Saint Martin's	16:40.76		3/23
2	6	Bethany MAPES	SO	#6 Biola (Calif.)	16:50.87		3/9
3	7	Madeline JAHSHAN	SR	#5 CUI	16:51.87		3/9
4	8	Lynette RUIZ	JR	#6 Biola (Calif.) {2}	16:53.81		3/9
5	11	Alondra ARIAS	SO	#2 Cal Poly Pomona	17:03.45		3/9
6	21	Kaela DISHION	JR	#13 Stanislaus State	17:25.20		3/2
7	23	Morgan ERLER	SO	#18 Northwest Nazai	17:27.52		3/23
8	28	Yahaira ZUNIGA	SR	#13 Stanislaus State {2}	17:32.66		3/2
9	29	Vivian MARTINEZ	FR	#2 Cal Poly Pomona{2}	17:32.76		3/9
10	32	Emma SMITH	JR	#16 Western Washing	17:35.00		3/23



USTFCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



West

as of 3/25/2024 4:34:47 PM ET

Women's 4x100 Relay

1	2	Nydia Chance, Ariana Vera, Sariyah Copeland, Aubrianna Smith	#8 Fresno Pacific	45.31	3/23
2	3	Darria Matthias, Lauryn James, Toni Ann Lindsay, Juvonna Cornette	#4 Academy of Art	45.47	3/16
3	5	Alexandra Ackerman, Kyndahl Carter, Coryssa Hope, Hailey Hunt	#7 Cal State San Be	45.75	3/23
4	7	Ashanti Perkins, Kiayra Holmes, Nevaeh Williams, Trinity Miller	#1 Azusa Pacific	46.25	3/23
5	12	Jaelyn Thomas, Yuna Queniat, Shyanne Carrigan, Ayana Fields	#2 Cal Poly Pomona	46.46	3/23
6	15	Nataleah Yanez, Logan Nelson, Ruby Bishop, Jasmyn Crawford	#5 CUI	46.90	3/9
7	28	Devin Yarbrough, Orchid Concha, Isabel Ortiz, Rasha Badrani	#3 Cal State San Ma	47.41	3/22
8	35	Mina Tsai, Sanaia Woods, Janice Conley, Jaden Nixon	#17 SF State	47.69	3/22
9	48	Mia Roberts, Isabel Perez-Zoghbi, Cadence Peery, Joy Hano	#12 Cal Poly Humbol	48.32	3/16
10	50	Priscilla Jones, Audrey Mousa, Rebecca Gonzalez, Kelaiah Moore	#6 Biola (Calif.)	48.48	3/16

Women's 4x400 Relay

1	3	Toni Ann Lindsay, Lauryn James, Lina Hanich, Juvonna Cornette	#4 Academy of Art	3:45.75	3/16
2	6	Jaelyn Thomas, Yuna Queniat, Tianna Jardstrom, Ayana Fields	#2 Cal Poly Pomona	3:47.38	3/2
3	8	Ginny Brooks, Joy Hano, Grace Kasberger, Isabel Perez-Zoghbi	#12 Cal Poly Humbol	3:52.22	3/16
4	11	Na'kel Pennix-Webb, Coryssa Hope, Hailey Hunt, Alexis White	#7 Cal State San Be	3:54.65	2/24
5	12	Caitlyn Cheney, Annabelle Heiman, Kennedy Cook, Anna Miller	#16 Western Washing	3:55.05	3/23
6	16	Aubree Gentry, Aubrie Nex, Madelynn Worley, Blanca Granados	#9 Point Loma Nazare	3:56.26	3/16
7	19	#Type!	#8 Fresno Pacific	3:58.07	2/17
8	22	Joley Sproul, Audrey Mousa, Ariana Quintana, Jaden Murray	#6 Biola (Calif.)	3:58.81	3/23
9	29	Ruby Bishop, Logan Nelson, Giovana Pelascini, Riley Norris	#5 CUI	4:01.51	3/9
10	31	Bethanie Altamirano, Josie Lavato, Katie Dufner, Jessie Hart	#19 Western Oregon	4:01.86	3/9

Women's High Jump

1	2	Macaria MOORE-BASTIDE	SO	#17 SF State	1.76m	5-9¼	3/22
2	3	Eliana SAUNDERS	SR	#1 Azusa Pacific	1.73m	5-8	3/22
3	4	Naomie LAVRIL	FR	#4 Academy of Art	1.72m	5-7¾	3/16
4	5	Emy NTEKPERE	FR	#11 Central Washing	1.70m	5-7	3/23
4	5	Trinity BARR	SR	#3 Cal State San Ma	1.70m	5-7	3/22
6	9	Kendra PEARSON	JR	#14 Chico State	1.67m	5-5¾	3/16
6	9	Charlotte ALLISON	JR	#3 Cal State San Ma{2}	1.67m	5-5¾	3/22
8	14	Kathryn THOMPSON	SO	#6 Biola (Calif.)	1.65m	5-5	3/23
9	21	Hannah COOPER	FR	#24 Montana St.-Billi	1.63m	5-4¼	3/16
10	23	Nicole WARWICK	SR	#1 Azusa Pacific {2}	1.62m	5-3¾	3/22
10	23	Kora COOK	FR	#16 Western Washing	1.62m	5-3¾	3/8



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WOMEN — 2024 Week #1, March 25



West

as of 3/25/2024 4:34:47 PM ET

Women's Pole Vault

1	9	Isabelle CARREON	JR	#2 Cal Poly Pomona	3.83m	12-6¾	3/9
2	10	Amy CHRISTENSEN	JR	#17 SF State	3.80m	12-5½	3/16
3	15	Lizzy DAUGHERTY	SR	#21 Seattle Pacific	3.72m	12-2½	3/23
3	15	Emily THOMASON	SR	#21 Seattle Pacific	3.72m	12-2½	3/22
3	15	Lilly MCGRAW	SR	#3 Cal State San Ma	3.72m	12-2½	3/22
6	21	Evanthia KOUTELIERIS	SR	#9 Point Loma Nazarene	3.66m	12-0	3/23
7	22	Katherine HEekin	SO	#9 Point Loma Nazarene {2}	3.65m	11-11¾	2/24
8	28	Sydney MOHLMAN	FR	#16 Western Washington	3.61m	11-10	3/2
9	32	Abigail KEANE	JR	#1 Azusa Pacific	3.57m	11-8½	3/22
10	34	Abby RUMOHR	SR	#25 Westmont (Calif.)	3.55m	11-7¾	3/23

Women's Long Jump

1	1	Nicole WARWICK	SR	#1 Azusa Pacific	6.24m	20-5¾ (1.1)	2/17
2	2	Jonon YOUNG	FR	#15 Cal State LA	6.19m	20-3¾ (1.0)	3/2
3	12	Alysa HENRY	SR	#1 Azusa Pacific {2}	5.79m	19-0 (0.7)	3/2
4	17	Devin YARBROUGH	JR	#3 Cal State San Marcos	5.71m	18-8¾ (-1.6)	3/22
5	20	Dymon PREYOR	JR	#3 Cal State San Marcos {2}	5.66m	18-7 (0.0)	3/22
6	26	Vivien LIESSFELD		#10 Alaska Anchorage	5.64m	18-6 (0.0)	3/22
7	29	Emy NTEKPERE	FR	#11 Central Washington	5.61m	18-5 (0.0)	3/23
8	33	Joy HANO	SR	#12 Cal Poly Humboldt	5.56m	18-3 (0.7)	3/16
9	41	Sierra NELSON	FR	#1 Azusa Pacific {3}	5.49m	18-¼ (2.0)	2/17
10	46	Reyna DISMUKES	JR	#13 Stanislaus State	5.46m	17-11	2/17

Women's Triple Jump

1	5	Mattie CECILIO	SR	#17 SF State	11.98m	39-3¾ (-0.1)	3/22
2	6	Olivia BAERNY	SR	#1 Azusa Pacific	11.96m	39-3 (0.0)	3/22
3	18	Nyah PAULDING	SO	#2 Cal Poly Pomona	11.59mw	38-¾ (2.3)	2/24
4	42	Reyna DISMUKES	JR	#13 Stanislaus State	11.11m	36-5½ (1.3)	3/23
5	44	Natalie LIN	JR	#2 Cal Poly Pomona {2}	11.10m	36-5 (1.8)	3/22
6	47	Nina NAVARETTE	FR	#6 Biola (Calif.)	11.06m	36-3½ (1.9)	2/15
7	57	Amelia RIVAS	SO	#1 Azusa Pacific {2}	10.95mw	35-11¼ (2.3)	3/2
8	61	Natalie MUSE	JR	#14 Chico State	10.84m	35-6¾ (1.9)	3/16
9	63	Kathryn THOMPSON	SO	#6 Biola (Calif.) {2}	10.83m	35-6½ (1.4)	3/23
10	67	Emily NGUYEN	JR	#7 Cal State San Bernardino	10.81m	35-5¾ (0.0)	3/23

Women's Shot Put

1	15	Destany HERBERT	SR	#18 Northwest Nazarene	13.67m	44-10¼	3/23
2	17	Hannah RICHARDSON	SO	#1 Azusa Pacific	13.57m	44-6¼	3/22
3	18	Priscilla JONES	JR	#6 Biola (Calif.)	13.51m	44-4	3/9
4	20	Sarah FAJER	SR	#5 CUI	13.49m	44-3¼	3/9
5	30	Molly OLSON	SR	#1 Azusa Pacific {2}	13.10m	42-11¾	3/15
6	35	Shona CHRISTENSEN	SR	#2 Cal Poly Pomona	12.98m	42-7	3/22
7	38	Katie POTTS	SR	#16 Western Washington	12.90m	42-4	3/8
8	39	Hope ERWIN	SR	#8 Fresno Pacific	12.89m	42-3½	3/16
9	43	Tayla CRENSHAW	JR	#5 CUI {2}	12.75m	41-10	2/15
10	46	Jasmyn RIOS	FR	#5 CUI {3}	12.65m	41-6	2/15

Women's Discus

1	4	Anessa CHIRGWIN	SR	#9 Point Loma Nazarene	47.30m	155-2	2/24
2	9	Kailea SATTERWHITE	FR	#15 Cal State LA	44.83m	147-1	3/22
3	12	Katie POTTS	SR	#16 Western Washington	44.51m	146-1	3/8
4	13	Danielle LISTER	JR	#7 Cal State San Bernardino	44.30m	145-4	2/24
5	15	Tayla CRENSHAW	JR	#5 CUI	43.85m	143-11	3/9
6	17	Angelina ESCOBAR	JR	#15 Cal State LA {2}	43.39m	142-4	2/24
7	24	Ariyah FORD	SO	#22 Sonoma State	42.64m	139-11	3/9
8	32	Payton ELENBAAS	SR	#11 Central Washington	41.75m	137-0	3/23
9	41	Destany HERBERT	SR	#18 Northwest Nazarene	41.11m	134-11	3/23
10	42	Halle MCDANIELS	SO	#22 Sonoma State {2}	41.08m	134-10	3/9

Women's Hammer

1	17	Tayla CRENSHAW	JR	#5 CUI	50.09m	164-4	3/9
2	24	Sarah FAJER	SR	#5 CUI {2}	49.05m	160-11	3/9
3	27	Angelina ESCOBAR	JR	#15 Cal State LA	48.92m	160-6	2/24
4	29	Destany HERBERT	SR	#18 Northwest Nazarene	48.78m	160-1	3/23
5	34	Zuzanna LINIEWSKI	JR	#20 Simon Fraser	48.28m	158-5	3/16
6	39	Elizabeth RUSHING	JR	#7 Cal State San Bernardino	47.38m	155-6	3/16
7	43	Emillia CARPENTER	SR	#19 Western Oregon	46.90m	153-11	3/23
8	45	Halle MCDANIELS	SO	#22 Sonoma State	46.69m	153-2	3/9
9	46	Shona CHRISTENSEN	SR	#2 Cal Poly Pomona	46.57m	152-10	2/24
10	48	Grace JONES	SR	#24 Montana St.-Billings	46.34m	152-1	3/16

Women's Javelin

1	1	Alysa HENRY	SR	#1 Azusa Pacific	48.25m	158-4	2/17
2	9	Molly OLSON	SR	#1 Azusa Pacific {2}	42.75m	140-3	3/2
3	14	Leonor BROOKS	SR	#1 Azusa Pacific {3}	42.23m	138-7	3/22
4	15	Maddie GEBERS	FR	#18 Northwest Nazarene	42.15m	138-4	3/23
5	17	Josie PETERSON	JR	#14 Chico State	42.09m	138-1	3/16
6	45	Morgann WILSON	SR	#3 Cal State San Marcos	37.46m	122-11	3/22
7	46	Kaylee WRIGHT	SR	#19 Western Oregon	37.44m	122-10	3/16
8	47	Emily POWERS	SO	#18 Northwest Nazarene {2}	37.42m	122-9	3/23
9	48	Madison PAUGH	JR	#20 Simon Fraser	37.09m	121-8	3/16
10	49	Hannah COOPER	FR	#24 Montana St.-Billings	36.90m	121-1	3/16

Women's Heptathlon

1	2	Giovana PELASCINI	FR	#5 CUI	4,663		3/22
2	3	Vivien LIESSFELD		#10 Alaska Anchorage	4,521		3/22
3	5	Brianna GREEN	SR	#8 Fresno Pacific	4,310		2/23
4	8	Morgann WILSON	SR	#3 Cal State San Marcos	4,165		2/24
5	10	Grace KASBERGER	JR	#12 Cal Poly Humboldt	4,062		2/23
6	11	Riley NORRIS	SO	#5 CUI {2}	4,034		3/22
7	12	Cocome MCKAMEY	SO	#12 Cal Poly Humboldt {2}	3,996		2/23
8	13	Jess CHISAR	FR	#10 Alaska Anchorage {2}	3,942		3/22
9	15	Amelia ADAMSON	JR	#2 Cal Poly Pomona	3,898		3/22
10	16	Kathryn RUST	SO	#22 Sonoma State	3,736		2/24