



Conference TFRI Event Summary



CACC

as of 4/23/2024 8:32:52 AM ET

Women's 100 Meters

1	Temiloluwa MUSTAPHA	JR	#3	Wilmington (Del.	12.25	(-1.2)	3/29
2	Eliza HILDRETH	FR	#3	Wilmington (Del.)	12.50w	(3.7)	3/29
3	Ariel SALKEY	SR	#2	Holy Family (Pa.)	12.66w	(2.7)	3/23
4	Sophie GARTLAND	FR	#1	Felician	12.73	(1.6)	4/13
5	Kahdia JONES	JR	#2	Holy Family (Pa.)	12.74w	(2.7)	3/23
6	Kenisha GREENWOOD	SR	#2	Holy Family (Pa.)	12.86w	(3.0)	3/23
7	Chennaya TSCHOPP	SO	#9	Caldwell	12.94	(1.4)	4/17
8	Tania ALFARO	FR	#6	Goldey-Beacom	12.96	(-0.2)	4/20
8	Sydonia TURNER	SO	#2	Holy Family (Pa.)	12.96w	(2.6)	3/23
10	Karla CHARDON	JR	#6	Goldey-Beacom	13.02w	(2.1)	4/13

Women's 100 Meter Hurdles

1	Jada CARROLL	SR	#1	Felician	15.10	(-0.7)	4/13
2	Aarysa MOORE	FR	#1	Felician	15.45	(0.5)	4/13
3	Ocelia JONES	FR	#2	Holy Family (Pa.)	15.56w	(2.6)	3/23
4	Talia FERGUSON	SR	#1	Felician	16.19	(-2.2)	4/19
5	Kiana THOMAS	FR	#8	Dominican (N.Y.)	17.01	(-0.4)	4/20
6	Angeline CHOMO	FR	#3	Wilmington (Del.)	17.34	(-0.6)	4/13
7	Angie CHOMO	FR	#3	Wilmington (Del.)	17.70w	(3.2)	3/9
8	Morgan DODGE	FR	#10	Bridgeport	18.82w	(2.9)	4/20
9	Dagnelly SARMIENTO	SR	#9	Caldwell	19.16w	(2.8)	4/17
10	A'Janee ONA	FR	#2	Holy Family (Pa.)	19.64	(1.0)	4/20

Women's 200 Meters

1	Imani FITZPATRICK	SO	#1	Felician	25.00w	(2.8)	3/30
2	Sophie GARTLAND	FR	#1	Felician	25.45w	(2.8)	3/30
3	Darrian LEWIS	SO	#1	Felician	25.47w	(2.8)	3/30
4	Eliza HILDRETH	FR	#3	Wilmington (Del.)	25.75w	(2.5)	4/20
5	Kahdia JONES	JR	#2	Holy Family (Pa.)	26.31	(-0.3)	4/20
6	Ariel SALKEY	SR	#2	Holy Family (Pa.)	26.34	(-2.0)	4/20
7	Chantoya THOMAS	JR	#1	Felician	26.60	(-0.7)	4/19
8	Temiloluwa MUSTAPHA	JR	#3	Wilmington (Del.)	26.84w	(2.3)	4/20
9	Danalee BROCK	JR	#2	Holy Family (Pa.)	26.91	(-1.3)	4/20
10	Tania ALFARO	FR	#6	Goldey-Beacom	26.94	(-0.5)	4/20

Women's 400 Meters

1	Chantoya THOMAS	JR	#1	Felician	58.42		4/13
2	Imani FITZPATRICK	SO	#1	Felician	58.51		4/19
3	Kamillah MONROQUE	SR	#6	Goldey-Beacom	59.40		4/13
4	Darrian LEWIS	SO	#1	Felician	59.68		4/19
5	Kahdia JONES	JR	#2	Holy Family (Pa.)	1:00.32		3/30
6	Danalee BROCK	JR	#2	Holy Family (Pa.)	1:00.35		4/20
7	Eliza HILDRETH	FR	#3	Wilmington (Del.)	1:00.77		4/20
8	Maya HARPER	FR	#2	Holy Family (Pa.)	1:01.16		4/20
9	Colleen CHOJNACKI	FR	#4	Jefferson (Pa.)	1:01.95		4/20
10	Brianna COATES	SO	#2	Holy Family (Pa.)	1:02.02		3/23

Women's 400 Meter Hurdles

1	45 Kenisha GREENWOOD	SR	#2	Holy Family (Pa.)	1:02.87		3/30
2	Brianna COATES	SO	#2	Holy Family (Pa.)	1:07.11		3/23
3	Anne NOONAN	FR	#1	Felician	1:08.70		3/30
4	Zane MCNEIL	JR	#2	Holy Family (Pa.)	1:09.81		4/20
5	Tishanna COHEN	SO	#1	Felician	1:10.16		4/13
6	Kiana THOMAS	FR	#8	Dominican (N.Y.)	1:11.38		4/20
7	Alicja MARUT	JR	#1	Felician	1:11.52		3/30
8	Angeline CHOMO	FR	#3	Wilmington (Del.)	1:11.54		4/13
9	Ny'jashia SMITH	JR	#6	Goldey-Beacom	1:12.34		3/22
10	Nina CECCANNECCHIO	SO	#4	Jefferson (Pa.)	1:13.57		3/30

Women's 800 Meters

1	Annalee CAPUANO	SO	#4	Jefferson (Pa.)	2:19.59		3/30
2	Catherine CATIPAY	SR	#1	Felician	2:20.42		4/13
3	Kamillah MONROQUE	SR	#6	Goldey-Beacom	2:21.33		4/20
4	Amirah BEASLEY	JR	#5	Georgian Court	2:22.04		4/20
5	Lydia SHAW	SR	#4	Jefferson (Pa.)	2:26.47		4/20
6	Sarah BRENNAN	SR	#4	Jefferson (Pa.)	2:26.78		4/20
7	Zane MCNEIL	JR	#2	Holy Family (Pa.)	2:28.70		4/13
8	Oriah DIEBOLD	FR	#4	Jefferson (Pa.)	2:29.80		4/20
9	Paris HAYDEN	JR	#2	Holy Family (Pa.)	2:30.20		3/30
10	Ny'jashia SMITH	JR	#6	Goldey-Beacom	2:31.71		4/13

Women's 1500 Meters

1	Annalee CAPUANO	SO	#4	Jefferson (Pa.)	4:40.08		4/6
2	Kamillah MONROQUE	SR	#6	Goldey-Beacom	4:58.72		4/20
3	Amirah BEASLEY	JR	#5	Georgian Court	4:59.46		3/30
4	Sarah BRENNAN	SR	#4	Jefferson (Pa.)	5:05.65		3/30
5	Lydia SHAW	SR	#4	Jefferson (Pa.)	5:06.40		4/13
6	Ana ESHRAGHI	JR	#4	Jefferson (Pa.)	5:06.57		4/13
7	Rebecca DALTON	SO	#7	Chestnut Hill	5:09.54		4/20
8	Tiffany BANNIING	SO	#3	Wilmington (Del.)	5:09.97		3/16
9	Emma MCNAMEE	JR	#2	Holy Family (Pa.)	5:11.91		4/20
10	Aubrey ELIAS	JR	#7	Chestnut Hill	5:15.59		3/30

Women's Steeplechase

1	Natalie MCFADDEN	FR	#4	Jefferson (Pa.)	12:06.65		3/30
2	Tahasia THOMAS	JR	#1	Felician	13:21.42		3/30
3	Elizabeth HUSSEY	SR	#4	Jefferson (Pa.)	13:23.11		3/30
4	Gabby HASSLER	FR	#7	Chestnut Hill	13:31.76		4/6
5	Abigail CHOMO	JR	#3	Wilmington (Del.)	13:59.95		3/29
6	Anna MURPHY	JR	#8	Dominican (N.Y.)	14:29.15		4/6
7	Ny'jashia SMITH	JR	#6	Goldey-Beacom	14:30.88		4/20
8	Bianca REVENGA	SR	#1	Felician	15:54.24		4/19



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Women's 5000 Meters

1	Sydney WATTS	JR	#7 Chestnut Hill	18:53.02	4/6
2	Tiffany BANNIING	SO	#3 Wilmington (Del.	19:07.65	3/29
3	Ana ESHRAGHI	JR	#4 Jefferson (Pa.)	19:17.29	3/23
4	Lydia SHAW	SR	#4 Jefferson (Pa.) {2}	19:35.47	4/20
5	Gabby HASSLER	FR	#7 Chestnut Hill {2}	19:55.17	4/20
6	Emma MCNAMEE	JR	#2 Holy Family (Pa.)	20:10.08	3/30
7	Olivia MONAHON	SR	#4 Jefferson (Pa.) {3}	20:48.31	3/23
8	Madalyn MINNICK	SO	#6 Goldey-Beacom	20:50.86	4/6
9	Cassidy BURR	FR	#3 Wilmington (Del.) {2}	21:01.85	4/20
10	Marilyn GONZALEZ	SO	#1 Felician	21:08.22	4/19

Women's 10,000 Meters

1	Tiffany BANNIING	SO	#3 Wilmington (Del.	40:37.60	4/6
2	Ana ESHRAGHI	JR	#4 Jefferson (Pa.)	41:18.17	3/30
3	Olivia MONAHON	SR	#4 Jefferson (Pa.) {2}	42:13.38	3/30
4	Madalyn MINNICK	SO	#6 Goldey-Beacom	43:04.29	4/20
5	Cassidy BURR	FR	#3 Wilmington (Del.) {2}	44:26.84	4/6
6	Callie NEGRO	JR	#1 Felician	45:28.04	3/30
7	Cynthia DELAPAZ	JR	#1 Felician {2}	45:45.56	4/20
8	Marilyn GONZALEZ	SO	#1 Felician {3}	45:51.12	3/30
9	Jennifer TRAN	FR	#4 Jefferson (Pa.) {3}	47:14.07	3/30
10	Amber FISGAER	SR	#2 Holy Family (Pa.)	48:14.70	3/30

Women's 4x100 Relay

1	#Type!	#2 Holy Family (Pa.)	48.97	4/20
2	#Type!	#1 Felician	49.52	4/19
3	Deja Curry, Temiloluwa Mustapha, Angeline Chomo, Eliza Hildreth	#3 Wilmington (Del.	49.69	4/20
4	Anaika Bazile, Shamica Carey, Jamie Rankin, Chennaya Tschopp	#9 Caldwell	52.53	4/13
5	Krystal Parris, Jayda Jones, Kiana Thomas, Tiara Cargill	#8 Dominican (N.Y.)	53.23	4/6
6	#Type!	#4 Jefferson (Pa.)	53.89	4/20

Women's 4x400 Relay

1	#Type!	#1 Felician	3:58.23	4/13
2	Amirah Beasley, Molly Burns, Niya Barden, Aaliyah Thorpe	#5 Georgian Court	4:14.61	3/30
3	Angeline Chomo, Eliza Hildreth, Deja Curry, Tiffany Banniing	#3 Wilmington (Del.	4:23.11	3/16
4	Nina Ceccanecchio, Colleen Chojnacki, Jessica Fronda, Sydney Huynh	#4 Jefferson (Pa.)	4:33.11	4/13
5	Skylar Denton, Dayanara Grau, Isabella Pollock, Gianna Wingle	#9 Caldwell	4:33.30	4/5
6	Julia Dunne, Steffy Espejo, Kiana Thomas, Anna Murphy	#8 Dominican (N.Y.)	4:39.73	4/6

Women's High Jump

1	Talia FERGUSON	SR	#1 Felician	1.57m	5-1¾	4/6
2	Sydonia TURNER	SO	#2 Holy Family (Pa.)	1.55m	5-1	4/6
3	Alicja MARUT	JR	#1 Felician {2}	1.52m	4-11¾	4/19
3	Savannah BOYCE	JR	#6 Goldey-Beacom	1.52m	4-11¾	4/20
5	Jada CARROLL	SR	#1 Felician {3}	1.47m	4-9¾	3/30
6	Kate THILL	FR	#10 Bridgeport	1.35m	4-5	4/6
6	Cassidy BURR	FR	#3 Wilmington (Del.	1.35m	4-5	4/13

Women's Long Jump

1	Talia FERGUSON	SR	#1 Felician	5.40mw	17-8¾ (-1.8)	4/13
2	Temiloluwa MUSTAPHA	JR	#3 Wilmington (Del.	5.32m	17-5½ (1.8)	4/13
3	Sydonia TURNER	SO	#2 Holy Family (Pa.)	5.30m	17-4¾ (-1.8)	3/30
4	Jada CARROLL	SR	#1 Felician {2}	5.25m	17-2¾ (-0.4)	3/30
4	Malama TOURE	SR	#5 Georgian Court	5.25m	17-2¾ (0.5)	4/17
6	Mikayla HALL	SO	#2 Holy Family (Pa.) {2}	5.23m	17-2 (0.0)	4/20
7	Aarysa MOORE	FR	#1 Felician {3}	5.09m	16-8½ (1.3)	4/19
8	Ingrid ZUNIGA RIVERA	JR	#5 Georgian Court {2}	4.95m	16-3 (1.4)	3/22
9	Tishanna COHEN	SO	#1 Felician {4}	4.93m	16-2¼ (2.0)	4/13
10	Ghynaia MORGAN	JR	#2 Holy Family (Pa.) {3}	4.58m	15-½ (0.0)	3/30

Women's Triple Jump

1	68 Jada CARROLL	SR	#1 Felician	11.57m	37-11½ (-1.1)	3/30
2	Talia FERGUSON	SR	#1 Felician {2}	11.06m	36-3½ (0.0)	4/19
3	Tishanna COHEN	SO	#1 Felician {3}	10.84m	35-6¾ (-2.2)	3/30
4	Temiloluwa MUSTAPHA	JR	#3 Wilmington (Del.	10.82m	35-6 (0.0)	3/16
5	Mikayla HALL	SO	#2 Holy Family (Pa.)	9.61m	31-6½ (0.0)	4/20



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Women's Shot Put

1	87	Korrbyn BRAXTON-YOUNG	SR	#2 Holy Family (Pa.)	12.89m	42-3½	4/13
2		Destiny ELLERBE	JR	#1 Felician	12.23m	40-1½	4/13
3		Aejana ROBINSON	FR	#2 Holy Family (Pa.)	12.14m	39-10	3/23
4		Destiny FIELDS	SO	#1 Felician	11.72m	38-5½	3/30
5		Jada OBEGI	SO	#3 Wilmington (Del.)	11.66m	38-3¼	3/16
6		Miranda TUCKER	SR	#8 Dominican (N.Y.)	11.01m	36-1½	4/6
7		Madison MCGOWAN	SO	#6 Goldey-Beacom	10.81m	35-5¾	4/13
8		Anastasia WATSON	JR	#7 Chestnut Hill	10.75m	35-3¼	4/20
9		Natajiana WARD	SR	#1 Felician	10.61m	34-9¾	4/13
10		Victoria PARDI	SR	#9 Caldwell	10.53m	34-6¾	4/17

Women's Discus

1		Aejana ROBINSON	FR	#2 Holy Family (Pa.)	41.34m	135-8	3/23
2		Destiny FIELDS	SO	#1 Felician	37.60m	123-5	4/19
3		Chiamaka WOKOCHA	FR	#5 Georgian Court	36.83m	120-10	3/30
4		Anastasia WATSON	JR	#7 Chestnut Hill	35.50m	116-6	3/30
5		Jada OBEGI	SO	#3 Wilmington (Del.)	33.78m	110-10	3/16
6		Destiny ELLERBE	JR	#1 Felician	32.55m	106-10	4/19
7		Damia WHITE	SR	#6 Goldey-Beacom	32.38m	106-3	4/20
8		Natajiana WARD	SR	#1 Felician	31.94m	104-10	4/6
9		Sabrina HALK	FR	#5 Georgian Court	31.73m	104-1	4/17
10		Aniyah BOND	SR	#3 Wilmington (Del.)	31.42m	103-1	3/29

Women's Hammer

1		Chiamaka WOKOCHA	FR	#5 Georgian Court	42.28m	138-9	4/20
2		Korrbyn BRAXTON-YOUNG	SR	#2 Holy Family (Pa.)	40.54m	133-0	4/20
3		Viviana CAAMANO	SR	#3 Wilmington (Del.)	39.98m	131-2	4/13
4		Jada OBEGI	SO	#3 Wilmington (Del.)	38.78m	127-3	4/6
5		Natajiana WARD	SR	#1 Felician	36.22m	118-10	4/19
6		Valerie HARTMAN	JR	#1 Felician	35.23m	115-7	4/13
7		Victoria PARDI	SR	#9 Caldwell	33.95m	111-5	4/17
8		Destiny FIELDS	SO	#1 Felician	33.02m	108-4	4/13
9		Sabrina HALK	FR	#5 Georgian Court	32.70m	107-4	4/20
10		Destiny ELLERBE	JR	#1 Felician	31.39m	103-0	4/13

Women's Javelin

1	68	Sheridan MARTINEZ	SO	#5 Georgian Court	39.33m	129-1	3/22
2	72	Karla CHARDON	JR	#6 Goldey-Beacom	38.94m	127-9	3/22
3	93	Ava REARDON	FR	#5 Georgian Court	37.79m	124-0	4/20
4		Ana LOPEZ	JR	#1 Felician	34.27m	112-5	3/30
5		Trinyce SYMISTER	FR	#1 Felician	34.12m	112-0	4/6
6		Yojaira ORTIZ	FR	#9 Caldwell	32.11m	105-4	4/5
7		Jada CARROLL	SR	#1 Felician	30.62m	100-6	4/6
8		Miranda TUCKER	SR	#8 Dominican (N.Y.)	30.26m	99-3½	4/6
9		Chiamaka WOKOCHA	FR	#5 Georgian Court	29.45m	96-7½	3/30
10		Ingrid ZUNIGA RIVERA	JR	#5 Georgian Court	29.33m	96-2¾	4/6



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CCAA

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Women's 100 Meters

1	23	Hailey HUNT	JR	#4 Cal State San Be	11.66	(0.9)	3/16
2	46	Alexandra ACKERMAN	JR	#4 Cal State San Be{2}	11.81	(1.8)	4/20
3	58	Ayana FIELDS	SR	#1 Cal Poly Pomona	11.86	(1.1)	3/2
4	78	Rasha BADRANI	SO	#3 Cal State San Ma	11.96	(0.8)	3/9
5	80	Devin YARBROUGH	JR	#3 Cal State San Ma{2}	11.97	(0.2)	4/6
6		Kyndahl CARTER	SR	#4 Cal State San Be{3}	12.07	(0.2)	4/6
7		Shyanne CARRIGAN	SR	#1 Cal Poly Pomona{2}	12.08	(1.4)	3/15
8		Katie SHELTON	JR	#7 Sonoma State	12.10w	(2.1)	4/20
9		Jaelyn THOMAS	JR	#1 Cal Poly Pomona{3}	12.13	(-1.0)	2/24
9		Sanaia WOODS	SO	#9 SF State	12.13w	(2.8)	4/11

Women's 100 Meter Hurdles

1	11	Kyndahl CARTER	SR	#4 Cal State San Be	13.90	(1.7)	3/23
2	23	Joy HANO	SR	#5 Cal Poly Humbol	14.08	(2.0)	3/16
3	43	Alexis HINOJOSA	JR	#2 Chico State	14.28	(1.2)	4/6
4	65	Ari MILTON	SR	#1 Cal Poly Pomona	14.43	(0.8)	3/9
5	85	Rasha BADRANI	SO	#3 Cal State San Ma	14.55	(2.0)	3/9
6	93	Susie FOWLER	JR	#1 Cal Poly Pomona{2}	14.61	(1.2)	3/9
7		Shaylee MUTKA	FR	#3 Cal State San Ma{2}	14.69	(-0.1)	3/23
8		Cocome MCKAMEY	SO	#5 Cal Poly Humbol{2}	14.88	(0.2)	4/13
9		Lauren MEREDITH	SO	#3 Cal State San Ma{3}	14.97	(1.2)	4/6
10		Grace KASBERGER	JR	#5 Cal Poly Humbol{3}	15.07	(0.2)	4/13

Women's 200 Meters

1	5	Ayana FIELDS	SR	#1 Cal Poly Pomona	23.45w	(2.6)	3/22
2	19	Hailey HUNT	JR	#4 Cal State San Be	23.81	(1.0)	3/16
3	44	Alexandra ACKERMAN	JR	#4 Cal State San Be{2}	24.28	(1.9)	3/16
3	44	Jaelyn THOMAS	JR	#1 Cal Poly Pomona{2}	24.28w	(3.1)	3/2
5	74	Rasha BADRANI	SO	#3 Cal State San Ma	24.50	(1.3)	3/9
6	83	Yuna QUENIAT	SR	#1 Cal Poly Pomona{3}	24.61w	(2.6)	3/22
7	95	Coryssa HOPE	FR	#4 Cal State San Be{3}	24.70	(0.2)	4/11
8		Alexis WHITE	JR	#4 Cal State San Be{4}	24.73	(-0.6)	4/20
9		Kyndahl CARTER	SR	#4 Cal State San Be{5}	25.03	(0.8)	4/11
10		Shyanne CARRIGAN	SR	#1 Cal Poly Pomona{4}	25.05	(-1.8)	4/20

Women's 400 Meters

1	10	Alexis WHITE	JR	#4 Cal State San Be	54.03		4/20
2	15	Ayana FIELDS	SR	#1 Cal Poly Pomona	54.63		4/20
3	20	Rasha BADRANI	SO	#3 Cal State San Ma	54.75		4/6
4	51	Jenna RODRIGUEZ	SO	#10 Cal State East Ba	56.05		3/23
5	81	Jaelyn THOMAS	JR	#1 Cal Poly Pomona{2}	56.60		3/9
6	91	Na'kel PENNIX-WEBB	SO	#4 Cal State San Be{2}	56.79		3/23
7	93	Isabel PEREZ-ZOGHBI	SO	#5 Cal Poly Humbol	56.81		4/20
8	98	Mila REAL	FR	#6 Stanislaus State	56.90		3/23
9		Coryssa HOPE	FR	#4 Cal State San Be{3}	56.99		4/20
10		Danielle BACON	JR	#2 Chico State	57.08		3/16

Women's 400 Meter Hurdles

1	7	Isabel PEREZ-ZOGHBI	SO	#5 Cal Poly Humbol	59.66		3/16
2	14	Rasha BADRANI	SO	#3 Cal State San Ma	1:01.13		3/22
3	27	Mia SALINAS	JR	#3 Cal State San Ma{2}	1:02.01		4/13
4	35	Tianna JARDSTROM	JR	#1 Cal Poly Pomona	1:02.46		3/15
5	53	Mila REAL	FR	#6 Stanislaus State	1:03.15		4/6
6	90	Kyndahl CARTER	SR	#4 Cal State San Be	1:04.71		4/6
7		Katie SHELTON	JR	#7 Sonoma State	1:05.15		4/6
8		Ari MILTON	SR	#1 Cal Poly Pomona{2}	1:05.32		3/15
9		Taylor YOST	JR	#11 Cal State Monter	1:05.53		3/30
10		Kayesha ALLEYNE-ADAMS	FR	#1 Cal Poly Pomona{3}	1:05.86		3/15

Women's 800 Meters

1	34	Mia SALINAS	JR	#3 Cal State San Ma	2:10.88		4/13
2	36	Annie WILD	FR	#6 Stanislaus State	2:10.99		4/13
3	49	Alondra ARIAS	SO	#1 Cal Poly Pomona	2:12.38		4/13
4	56	Jenna RODRIGUEZ	SO	#10 Cal State East Ba	2:12.94		3/16
5	68	Hazel GROFF	JR	#3 Cal State San Ma{2}	2:13.63		3/22
6	76	Vivian MARTINEZ	FR	#1 Cal Poly Pomona{2}	2:14.11		4/13
7		Katie HAWLEY	SR	#2 Chico State	2:15.56		4/13
8		Najwa CHOUATI	SR	#6 Stanislaus State {2}	2:16.14		2/17
9		Emma MILLS	JR	#3 Cal State San Ma{3}	2:17.21		4/13
10		Sienna BIANCHI	FR	#2 Chico State {2}	2:17.24		3/16

Women's 1500 Meters

1	30	Marissa D'ATRI	SR	#2 Chico State	4:27.65		4/13
2	55	Annie WILD	FR	#6 Stanislaus State	4:31.75		4/13
3	61	Della MOLINA	FR	#2 Chico State {2}	4:32.93		4/13
4	69	Najwa CHOUATI	SR	#6 Stanislaus State {2}	4:34.10		3/23
5	80	Katie HAWLEY	SR	#2 Chico State {3}	4:35.78		4/13
6	99	Alondra ARIAS	SO	#1 Cal Poly Pomona	4:37.73		4/20
7		Iresh MOLINA	FR	#2 Chico State {4}	4:38.34		4/13
8		Vivian MARTINEZ	FR	#1 Cal Poly Pomona{2}	4:38.36		4/13
9		Carly SCHUERGER	SO	#3 Cal State San Ma	4:40.43		4/6
10		Sienna BIANCHI	FR	#2 Chico State {5}	4:41.13		4/13

Women's Steeplechase

1	2	Marissa D'ATRI	SR	#2 Chico State	10:08.68		4/13
2	51	Galilea JIMENEZ	FR	#1 Cal Poly Pomona	11:17.57		4/13
3	74	Mackenzie CAPRINO	JR	#11 Cal State Monter	11:28.82		3/22
4	84	Hannah WIRTH	SO	#2 Chico State {2}	11:34.72		4/13
5	85	Constance ONEAL	SO	#7 Sonoma State	11:35.69		4/6
6	87	Saedy WILLIAMSON	SR	#5 Cal Poly Humbol	11:36.44		4/13
7	88	Lisa IRVINE	JR	#11 Cal State Monter{2}	11:37.19		3/30
8	90	Anika PETTINGER	SO	#9 SF State	11:38.90		4/13
9	99	Jordan DENNERT	FR	#4 Cal State San Be	11:42.34		4/11
10		Cozette WOOD	FR	#11 Cal State Monter{3}	11:46.00		3/30



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Women's 5000 Meters

1	22	Della MOLINA	FR	#2 Chico State	16:31.83	4/13
2	26	Iresh MOLINA	FR	#2 Chico State {2}	16:37.94	4/13
3	32	Najwa CHOUATI	SR	#6 Stanislaus State	16:42.37	3/30
4	54	Alondra ARIAS	SO	#1 Cal Poly Pomona	17:03.45	3/9
5	90	Vivian MARTINEZ	FR	#1 Cal Poly Pomona {2}	17:22.67	3/30
6	98	Jaclyn DENHAM	JR	#2 Chico State {3}	17:24.79	4/13
7		Kaela DISHON	JR	#6 Stanislaus State {2}	17:25.20	3/2
8		Yahaira ZUNIGA	SR	#6 Stanislaus State {3}	17:32.66	3/2
9		Carly SCHUERGER	SO	#3 Cal State San Ma	17:36.30	3/9
10		Kayden LEGAN	JR	#6 Stanislaus State {4}	17:36.75	3/30

Women's 10,000 Meters

1	13	Najwa CHOUATI	SR	#6 Stanislaus State	34:46.35	4/13
2	51	Hannah RYAN	SR	#2 Chico State	36:40.90	4/13
3	54	Kimberly LIMA	JR	#10 Cal State East Ba	36:44.97	4/13
4	66	Sophie PELLETIER	JR	#2 Chico State {2}	37:05.10	3/30
5	74	Alexis WALLACE	SR	#4 Cal State San Be	37:18.86	4/13
6		Jennifer RUIZ	JR	#2 Chico State {3}	38:07.51	3/30

Women's 4x100 Relay

1	11	Jaelyn Thomas, Yuna Queniat, Shyanne Carrigan, Ayana Fields		#1 Cal Poly Pomona	45.62	4/20
2	15	Alexandra Ackerman, Kyndahl Carter, Coryssa Hope, Hailey Hunt		#4 Cal State San Be	45.75	3/23
3	63	Devin Yarbrough, Orchid Concha, Isabel Ortiz, Rasha Badrani		#3 Cal State San Ma	47.41	3/22
4	69	Mina Tsai, Sanaia Woods, Jaden Nixon, Zharia Dixon		#9 SF State	47.54	3/30
5	93	Sativa Younge, Jessica James, Kaitlyn Gonzales, Alexis Hinojosa		#2 Chico State	48.21	4/13
6	97	Mia Roberts, Isabel Perez-Zoghbi, Cadence Peery, Joy Hano		#5 Cal Poly Humbol	48.32	3/16
7		Katie Sheldon, Aniaya Bishop, Makayla Bernadez, Mia Cecilio		#7 Sonoma State	48.43	4/6
8		Eden Hahn, Leondra Amos, Camryn LaVine, Radiance Lindsey		#8 Cal State LA	49.24	3/16
9		Melandy Davis, Leloni Ervin, Teloni Ervin, Alyssa Renwick		#12 Cal State Domin	49.36	3/9
10		Rymiyah Hamilton, Maleah Taylor, Sheelah Carey, Tylar Gallien		#10 Cal State East Ba	49.42	4/13

Women's 4x400 Relay

1	7	Jaelyn Thomas, Ari Milton, Yuna Queniat, Ayana Fields		#1 Cal Poly Pomona	3:41.38	4/20
2	15	Prishencia Nnoham, Coryssa Hope, Na'kel Pennix-Webb, Alexis White		#4 Cal State San Be	3:44.36	4/20
3	42	Ginny Brooks, Joy Hano, Grace Kasberger, Isabel Perez-Zoghbi		#5 Cal Poly Humbol	3:52.22	3/16
4	49	Danielle Bacon, Jessica James, Alexis Hinojosa, Kaitlyn Gonzales		#2 Chico State	3:54.17	4/13
5	69	Kristin Cole, Rasha Badrani, Mia Salinas, Olivia Yackey		#3 Cal State San Ma	3:57.86	4/6
6	82	Mina Tsai, Sanaia Woods, Kathleen O'Brien, Zyah Harris-Bazuaye		#9 SF State	3:59.42	4/13
7		Simryn Parikh, Ashley Trout, Tylar Gallien, Jenna Rodriguez		#10 Cal State East Ba	4:03.01	2/23
8		Ashanti Gaither, Presli Dillon, Radiance Lindsey, Paula Romo		#8 Cal State LA	4:04.88	3/9
9		Makayla Bernadez, Katie Sheldon, Mia Cecilio, Loralye Clements		#7 Sonoma State	4:07.88	3/30
10		#Type!		#6 Stanislaus State	4:16.00	2/17

Women's High Jump

1	4	Macaria MOORE-BASTIDE	SO	#9 SF State	1.76m	5-9¼	3/22
2	21	Trinity BARR	SR	#3 Cal State San Ma	1.70m	5-7	3/22
3	36	Charlotte ALLISON	JR	#3 Cal State San Ma {2}	1.67m	5-5¾	3/22
3	36	Kendra PEARSON	JR	#2 Chico State	1.67m	5-5¾	3/16
5	98	Cocome MCKAMEY	SO	#5 Cal Poly Humbol	1.61m	5-3¼	4/13
6		Sarah LINDENTHAL	JR	#1 Cal Poly Pomona	1.59m	5-2½	4/13
6		Keiana HAMM	SR	#1 Cal Poly Pomona	1.59m	5-2½	4/13
8		Sabrina CARLE-PARRA	SO	#9 SF State {2}	1.55m	5-1	3/9
8		Kathryn RUST	SO	#7 Sonoma State	1.55m	5-1	4/5
10		Mary CASSERLY	SO	#2 Chico State {2}	1.52m	4-11¾	3/2
10		Amelia ADAMSON	JR	#1 Cal Poly Pomona {3}	1.52m	4-11¾	2/24
10		Grace KASBERGER	JR	#5 Cal Poly Humbol {2}	1.52m	4-11¾	4/13
10		Sarena PADILLA	SO	#1 Cal Poly Pomona {3}	1.52m	4-11¾	2/24
10		Taylor CARTWRIGHT	SO	#3 Cal State San Ma {3}	1.52m	4-11¾	3/22
10		Emily NGUYEN	JR	#4 Cal State San Be	1.52m	4-11¾	2/24



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Women's Pole Vault

1	18	Isabelle CARREON	JR	#1 Cal Poly Pomona	3.94m	12-11	4/6
2	29	Amy CHRISTENSEN	JR	#9 SF State	3.80m	12-5½	3/16
3	34	Lilly MCGRAW	SR	#3 Cal State San Ma	3.79m	12-5¼	4/6
4	61	Lauren MEREDITH	SO	#3 Cal State San Ma {2}	3.61m	11-10	4/13
5	85	Rebecca GRAHAM	SR	#2 Chico State	3.50m	11-5¾	3/16
5	85	Elise BARNUM	JR	#2 Chico State	3.50m	11-5¾	3/16
7	96	Janey RUBIO	FR	#2 Chico State {3}	3.45m	11-3¾	4/6
8		Erin BECHTOLD	SO	#5 Cal Poly Humbol	3.35m	10-11¾	4/12
8		Bubblegum KERNOSH	FR	#5 Cal Poly Humbol	3.35m	10-11¾	4/12
10		Samantha BRACKETT	JR	#2 Chico State {4}	3.20m	10-6	3/2

Women's Long Jump

1	3	Jonon YOUNG	FR	#8 Cal State LA	6.19m	20-3¾ (1.0)	3/2
2	60	Devin YARBROUGH	JR	#3 Cal State San Ma	5.71m	18-8¾ (-1.6)	3/22
3	69	Reyna DISMUKES	JR	#6 Stanislaus State	5.68mw	18-7¾ (3.2)	4/6
4	76	Dymon PREYOR	JR	#3 Cal State San Ma {2}	5.66m	18-7 (0.0)	3/22
5		Joy HANO	SR	#5 Cal Poly Humbol	5.56m	18-3 (0.7)	3/16
6		Cocome MCKAMEY	SO	#5 Cal Poly Humbol {2}	5.44m	17-10¼ (1.7)	4/6
7		Emily NGUYEN	JR	#4 Cal State San Be	5.33m	17-6 (0.0)	4/11
8		Jordyn BROOKS	FR	#3 Cal State San Ma {3}	5.31m	17-5¼ (1.1)	2/24
9		Nyah PAULDING	SO	#1 Cal Poly Pomona	5.29m	17-4¼ (0.8)	4/20
10		Annah WRIGHT	FR	#10 Cal State East Ba	5.26mw	17-3¾ (2.1)	4/6

Women's Triple Jump

1	2	Jonon YOUNG	FR	#8 Cal State LA	12.88m	42-3¼ (0.8)	3/27
2	17	Mattie CECILIO	SR	#9 SF State	12.20m	40-½ (0.9)	3/8
3	64	Nyah PAULDING	SO	#1 Cal Poly Pomona	11.59mw	38-¾ (2.3)	2/24
4	100	Reyna DISMUKES	JR	#6 Stanislaus State	11.32mw	37-1¾ (2.2)	4/6
5		Ari MILTON	SR	#1 Cal Poly Pomona {2}	11.17m	36-7¾ (0.5)	4/6
6		Natalie LIN	JR	#1 Cal Poly Pomona {3}	11.10m	36-5 (1.8)	3/22
7		Emily NGUYEN	JR	#4 Cal State San Be	11.03mw	36-2¼ (2.3)	4/11
8		Natalie MUSE	JR	#2 Chico State	10.84m	35-6¾ (1.9)	3/16
9		Kailey FRYE	JR	#3 Cal State San Ma	10.78m	35-4½ (0.4)	4/6
10		Shaylee MUTKA	FR	#3 Cal State San Ma {2}	10.48m	34-4¾ (0.2)	4/6

Women's Shot Put

1	61	Shona CHRISTENSEN	SR	#1 Cal Poly Pomona	13.22m	43-4½	3/30
2		Sinaiah POINTER	FR	#8 Cal State LA	12.63m	41-5¼	4/13
3		Hailey HUNTER	SR	#6 Stanislaus State	12.36m	40-6¾	4/6
4		Ariyah FORD	SO	#7 Sonoma State	12.22m	40-1¼	4/20
5		Kailea SATTERWHITE	FR	#8 Cal State LA {2}	12.09m	39-8	2/24
6		Danielle LISTER	JR	#4 Cal State San Be	12.01m	39-5	3/1
7		Halle MCDANIELS	SO	#7 Sonoma State {2}	11.93m	39-1¾	3/9
8		Ava CAVALLARO	SR	#2 Chico State	11.92m	39-1¼	3/16
9		Alondra CARDONA	JR	#1 Cal Poly Pomona {2}	11.88m	38-11¾	3/22
10		Grace KASBERGER	JR	#5 Cal Poly Humbol	11.57m	37-11½	4/13

Women's Discus

1	18	Angelina ESCOBAR	JR	#8 Cal State LA	46.71m	153-3	4/6
2	35	Kailea SATTERWHITE	FR	#8 Cal State LA {2}	44.83m	147-1	3/22
3	44	Danielle LISTER	JR	#4 Cal State San Be	44.30m	145-4	2/24
4	76	Ariyah FORD	SO	#7 Sonoma State	42.64m	139-11	3/9
5		Gillian DAVIS	SR	#5 Cal Poly Humbol	41.18m	135-1	4/6
6		Halle MCDANIELS	SO	#7 Sonoma State {2}	41.08m	134-10	3/9
7		Lily GARCIA	SO	#7 Sonoma State {3}	41.01m	134-7	4/20
8		Melissa FONGOD	SO	#4 Cal State San Be {2}	40.31m	132-3	3/23
9		Sinaiah POINTER	FR	#8 Cal State LA {3}	39.82m	130-8	4/13
10		Cynthia HURTADO	JR	#1 Cal Poly Pomona	39.36m	129-2	2/24

Women's Hammer

1	75	Shona CHRISTENSEN	SR	#1 Cal Poly Pomona	49.01m	160-10	4/20
2	76	Angelina ESCOBAR	JR	#8 Cal State LA	48.92m	160-6	2/24
3		Elizabeth RUSHING	JR	#4 Cal State San Be	47.38m	155-6	3/16
4		Ava CAVALLARO	SR	#2 Chico State	46.87m	153-9	4/13
5		Ariyah FORD	SO	#7 Sonoma State	46.76m	153-5	4/20
6		Halle MCDANIELS	SO	#7 Sonoma State {2}	46.75m	153-5	4/20
7		Kyra TOGNI	SO	#7 Sonoma State {3}	46.33m	152-0	4/20
8		Emma LOPEZ	JR	#7 Sonoma State {4}	46.25m	151-9	4/20
9		Lily GARCIA	SO	#7 Sonoma State {5}	46.23m	151-8	4/20
10		Kailea SATTERWHITE	FR	#8 Cal State LA {2}	46.06m	151-2	2/24

Women's Javelin

1	31	Josie PETERSON	JR	#2 Chico State	42.67m	140-0	4/6
2	98	Morgann WILSON	SR	#3 Cal State San Ma	37.46m	122-11	3/22
3		Emily NGUYEN	JR	#4 Cal State San Be	36.49m	119-9	4/20
4		Vanessa PORTILLO	JR	#8 Cal State LA	35.53m	116-7	4/6
5		Caitlyn BELL	JR	#6 Stanislaus State	34.29m	112-6	4/6
6		Angelina ESCOBAR	JR	#8 Cal State LA {2}	33.49m	109-11	3/16
7		Jaclyn BROWN	JR	#4 Cal State San Be {2}	33.01m	108-4	4/20
8		Amelia ADAMSON	JR	#1 Cal Poly Pomona	31.85m	104-6	3/22
9		Rebecca HAMPTON	JR	#7 Sonoma State	31.42m	103-1	4/13
10		Cocome MCKAMEY	SO	#5 Cal Poly Humbol	30.79m	101-0	4/6

Women's Heptathlon

1	26	Grace KASBERGER	JR	#5 Cal Poly Humbol	4,755		4/13
2	59	Morgann WILSON	SR	#3 Cal State San Ma	4,165		2/24
3	72	Cocome MCKAMEY	SO	#5 Cal Poly Humbol {2}	3,996		2/23
4	80	Amelia ADAMSON	JR	#1 Cal Poly Pomona	3,898		3/22
5	84	Kathryn RUST	SO	#7 Sonoma State	3,851		4/5
6	98	Natalie MUSE	JR	#2 Chico State	3,695		4/5
7		Kaleigh GIANNONE	SR	#4 Cal State San Be	3,551		4/5
8		Dymon PREYOR	JR	#3 Cal State San Ma {2}	3,525		2/24
9		Annie BELTER	SO	#2 Chico State {2}	3,377		4/5
10		Shaylee MUTKA	FR	#3 Cal State San Ma {3}	3,311		2/24



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Women's 100 Meters

1	35	Brianna BENLOSS	FR	#2 Winston-Salem S	11.75w	(2.1)	4/20
2	40	Malaysia JOHNSON	SO	#3 Saint Augustine'	11.77w	(3.3)	3/30
3	65	Lydia CHAPPLE	JR	#2 Winston-Salem S{2}	11.92w	(3.5)	3/23
4		Jayla GREENE	SO	#4 Virginia State	12.06	(1.1)	4/12
5		Jadah RASOOL	FR	#5 Claflin	12.13	(2.0)	4/6
6		Layla SPENCER	FR	#5 Claflin {2}	12.15w	(3.1)	3/23
7		Timaya RAY	JR	#10 Johnson C. Smitl	12.17	(-0.6)	4/5
8		Eden RAMIREZ	FR	#4 Virginia State {2}	12.19w	(3.5)	4/12
9		Ronee TUDOR	SO	#2 Winston-Salem S{3}	12.25	(1.7)	4/6
9		Markeria KING	FR	#4 Virginia State {3}	12.25	(1.2)	4/20

Women's 100 Meter Hurdles

1	23	Charnessa REID	JR	#2 Winston-Salem S	14.08	(1.1)	4/20
2	54	Gabrielle MAYE	FR	#10 Johnson C. Smitl	14.36	(1.3)	4/5
3	62	Layla SIMPSON	SO	#2 Winston-Salem S{2}	14.40	(0.9)	4/20
4	68	Aisha CARRINGTON	JR	#9 Lincoln (Pa.)	14.45	(-1.2)	3/30
5	82	Christabelle OBI	SO	#3 Saint Augustine'	14.52	(1.3)	4/13
6	90	Jaelynn WYNDER-HILL	SO	#4 Virginia State	14.59w	(2.6)	4/6
7		Jada STARKS	FR	#4 Virginia State {2}	14.76w	(2.6)	4/6
8		Diamond SPENCER	FR	#1 Fayetteville Stat	14.89	(1.3)	4/5
9		Makeshria BROWN	FR	#1 Fayetteville Stat{2}	15.06	(1.3)	4/5
9		Shaunece MILLER	SO	#3 Saint Augustine'{2}	15.06	(1.3)	4/13

Women's 200 Meters

1	22	Hayleigh BRYANT	FR	#2 Winston-Salem S	23.89	(1.2)	3/30
2	25	Malaysia JOHNSON	SO	#3 Saint Augustine'	23.98	(-0.3)	4/20
3	26	Brianna BENLOSS	FR	#2 Winston-Salem S{2}	24.02	(0.0)	4/20
4	44	Janya MOORE	FR	#1 Fayetteville Stat	24.28	(0.1)	4/5
5		Kamani JOHNS	JR	#9 Lincoln (Pa.)	24.88	(-0.6)	4/20
6		Timaya RAY	JR	#10 Johnson C. Smitl	24.89	(0.1)	4/5
7		Lydia CHAPPLE	JR	#2 Winston-Salem S{3}	24.93	(0.5)	3/16
8		Jayla GREENE	SO	#4 Virginia State	24.97	(0.9)	4/12
9		Tramoni MYLES	JR	#1 Fayetteville Stat{2}	25.14	(1.3)	3/30
10		Elisha BARNES	SO	#4 Virginia State {2}	25.17	(0.7)	4/20

Women's 400 Meters

1	19	Malaysia JOHNSON	SO	#3 Saint Augustine'	54.74		3/23
2	32	Kamani JOHNS	JR	#9 Lincoln (Pa.)	55.35		4/20
3	54	Janya MOORE	FR	#1 Fayetteville Stat	56.13		3/30
4	67	Simone KELLY	FR	#3 Saint Augustine'{2}	56.46		4/13
5	91	Asheika SMITH	FR	#3 Saint Augustine'{3}	56.79		3/30
6		Hayleigh BRYANT	FR	#2 Winston-Salem S	56.96		3/30
7		Malika COUTAIN	JR	#5 Claflin	57.04		4/13
8		Toni MIDDLEBROOKS	FR	#11 Virginia Union	57.05		4/20
9		Jonnica FULLER	SR	#5 Claflin {2}	57.66		3/16
10		Thomyka VALCENT	JR	#8 Livingstone	58.04		3/30

Women's 400 Meter Hurdles

1	28	Christabelle OBI	SO	#3 Saint Augustine'	1:02.08		4/20
2	46	Layla SIMPSON	SO	#2 Winston-Salem S	1:02.88		4/20
3	81	Jaynissa CAUTHEN	SO	#2 Winston-Salem S{2}	1:04.37		4/20
4		Pheijana BURNSIDE	SO	#5 Claflin	1:05.47		4/20
5		Khrisalyn KEGLER	SO	#12 Bluefield State	1:05.65		3/30
6		Amani ADAMS	SO	#9 Lincoln (Pa.)	1:05.81		3/30
7		Abigail WICKS	FR	#10 Johnson C. Smitl	1:06.03		3/30
8		Jonnica FULLER	SR	#5 Claflin {2}	1:06.13		4/13
9		Gabrielle MAYE	FR	#10 Johnson C. Smitl{2}	1:06.18		4/5
10		Aisha CARRINGTON	JR	#9 Lincoln (Pa.) {2}	1:07.22		3/30

Women's 800 Meters

1		Trinity BUMBRY	SO	#8 Livingstone	2:17.91		4/20
2		Viola KORIR	FR	#1 Fayetteville Stat	2:18.76		4/20
3		Elicia BRYANT	FR	#2 Winston-Salem S	2:19.60		4/20
3		Repline CHEPTOO	SO	#1 Fayetteville Stat{2}	2:19.60		3/16
5		Kamani JOHNS	JR	#9 Lincoln (Pa.)	2:19.68		3/30
6		Irene JEPTOO	SO	#1 Fayetteville Stat{3}	2:19.70		4/20
7		Nia GIBSON	SO	#1 Fayetteville Stat{4}	2:20.03		4/20
8		Taymar SMITH	SO	#3 Saint Augustine'	2:20.66		4/20
9		Morgan MIDDLETON	FR	#10 Johnson C. Smitl	2:21.64		3/30
10		Emoni COLEMAN	SR	#4 Virginia State	2:21.83		3/23

Women's 1500 Meters

1		Irene JEPTOO	SO	#1 Fayetteville Stat	4:42.33		4/20
2		Nia GIBSON	SO	#1 Fayetteville Stat{2}	4:50.70		4/20
3		Rose MUTURI	FR	#4 Virginia State	4:52.72		4/12
4		Elicia BRYANT	FR	#2 Winston-Salem S	4:53.52		4/20
5		Repline CHEPTOO	SO	#1 Fayetteville Stat{3}	4:56.49		4/20
6		Joan KIPLAGAT	JR	#1 Fayetteville Stat{4}	4:57.74		4/20
7		Taymar SMITH	SO	#3 Saint Augustine'	4:58.86		4/20
8		Daisy JEROP	JR	#1 Fayetteville Stat{5}	4:59.50		3/30
9		Madison MCDONALD	JR	#5 Claflin	5:04.45		4/13
10		Vanessa JONES	SR	#2 Winston-Salem S{2}	5:05.20		4/20

Women's 5000 Meters

1		Rose MUTURI	FR	#4 Virginia State	17:44.62		4/6
2		Sharon NGETICH	FR	#7 Shaw	19:44.78		4/12
3		Manuelene DEIGH	SR	#4 Virginia State {2}	20:21.66		4/6
4		Courtney GREEN	SO	#7 Shaw {2}	22:26.45		4/6
5		Arotte ABBO	FR	#7 Shaw {3}	25:13.35		4/6



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Women's 4x100 Relay

1	14	Lydia Chapple, Brianna Benloss, Ronee Tudor, Hayleigh Bryant	#2 Winston-Salem S	45.71	3/30
2	49	Aleisia Robinson, Saa'naudia Deloatch, Charity Collins, Sydney Allen	#8 Livingstone	47.17	3/30
3	55	Tramoni Myles, Janya Moore, Jayla Williams, Diamond Spencer	#1 Fayetteville Stat	47.29	3/30
4	57	nakitriauna McFadden, Asheika Smith, Simone Kelly, Malaysia Johnson	#3 Saint Augustine'	47.30	4/20
5	59	Layla Spencer, Jadah Rasool, Jonnica Fuller, Jhnyia Knuckles	#5 Claflin	47.34	4/13
6	69	Amaya Jordan, Jayla Greene, Jada Starks, Markeria King	#4 Virginia State	47.54	4/12
7	78	Gabrielle Maye, Timaya Ray, Morgan Middleton, Abigail Wicks	#10 Johnson C. Smitl	47.78	4/5
8	87	Vanaia Lewis-Diggs, Brijette Basden, Abbigayle Mitchell, Daijah Miles	#7 Shaw	48.09	4/6
9	90	Aisha Carrington, Anaaja Ferrell, Ade Conover, Kamani Johns	#9 Lincoln (Pa.)	48.13	3/16
10	92	Kayla Lee, Christiana Rolack, Nia Randell, Naeva Rene	#11 Virginia Union	48.16	4/6

Women's 4x400 Relay

1	12	Simone Kelly, Malaysia Johnson, Cache Miller, Asheika Smith	#3 Saint Augustine'	3:43.92	3/30
2	46	Abigail Wicks, Gabrielle Maye, Morgan Middleton, Timaya Ray	#10 Johnson C. Smitl	3:53.09	4/5
3	53	Janya Moore, Viola Korir, Ashley Bell, Sierrah Matthews	#1 Fayetteville Stat	3:54.82	4/5
4	72	Toni MiddleBrooks, Jailyn Johnson, Tenae Minor, Nia Randell	#11 Virginia Union	3:58.43	3/22
5	85	Jaynissa Cauthen, Hayleigh Bryant, Dajjion Lee, Tinasia Davis	#2 Winston-Salem S	3:59.56	4/13
6	88	Thomyka Valcent, Kharonay Brown, Aleisia Robinson, Trinity Bumbry	#8 Livingstone	3:59.78	3/30
7	93	Desairey Gray, Emoni Coleman, Amaya Jordan, Emetem Bezezuh	#4 Virginia State	4:01.10	4/12
8	97	Aisha Carrington, Jazlynn Church, Anaaja Ferrell, Aniya Whitfield	#9 Lincoln (Pa.)	4:01.77	3/16
9	100	Jonnica Fuller, Malika Coutain, Jhnyia Knuckles, Jasmine Young	#5 Claflin	4:02.41	3/16
10		Layla Husbands, Kam'Ryn Fontaine, Mylah Faulk, Zahra Graham	#6 Bowie State	4:10.28	3/16

Women's High Jump

1	50	M'Smrya SEWARD	SR	#1 Fayetteville Stat	1.65m	5-5	4/20
2		Sheree WRIGHT	SO	#3 Saint Augustine'	1.60m	5-3	3/23
2		Aanya HOWARD	SR	#4 Virginia State	1.60m	5-3	4/12
2		Marlayna MCBRIDE	FR	#5 Claflin	1.60m	5-3	3/2
2		Kennedy ALEXANDER	SR	#2 Winston-Salem S	1.60m	5-3	3/16
6		Domanique KNOWLES	JR	#1 Fayetteville Stat{2}	1.57m	5-1¾	3/30
7		Omeika HOGG	FR	#4 Virginia State	{2} 1.55m	5-1	4/6
7		Desairey GRAY	SO	#4 Virginia State	{2} 1.55m	5-1	4/6
9		Madison ADDERLEY- JULIEN	FR	#6 Bowie State	1.53m	5-¼	3/16
10		Kiara SHEPHERD	SO	#11 Virginia Union	1.52m	4-11¾	3/30



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CIAA

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Women's Long Jump

1	52	M'Smrya SEWARD	SR	#1 Fayetteville Stat	5.78m	18-11¼ (1.5)	3/22
2	76	Charnessa REID	JR	#2 Winston-Salem S	5.66m	18-7 (0.8)	4/20
3	93	Jade LANE	SR	#11 Virginia Union	5.60m	18-4½ (0.0)	4/20
4		Jhnyia KNUCKLES	FR	#5 Claflin	5.45m	17-10¾ (1.1)	3/23
5		Domanique KNOWLES	JR	#1 Fayetteville Stat{2}	5.40mw	17-8¾ (2.9)	3/16
6		Lanyjah GUNTER	FR	#3 Saint Augustine'	5.37m	17-7½ (-0.1)	4/13
7		Allysa FRYER	JR	#2 Winston-Salem S{2}	5.36m	17-7 (-0.7)	4/20
8		Malaysia GABRIEL	FR	#2 Winston-Salem S{3}	5.27m	17-3½ (0.3)	3/30
9		Tania STARKIE	SO	#8 Livingstone	5.26m	17-3¼ (0.4)	4/20
10		Marlayna MCBRIDE	FR	#5 Claflin {2}	5.21m	17-1¼ (1.4)	4/6

Women's Triple Jump

1	64	Marlayna MCBRIDE	FR	#5 Claflin	11.59m	38-¼ (0.4)	3/23
2	67	Tiara WILSON	SO	#1 Fayetteville Stat	11.58m	38-0 (1.0)	3/30
3	72	Kyndall BARROW	JR	#2 Winston-Salem S	11.55m	37-10¾ (0.8)	4/13
4	78	Jhnyia KNUCKLES	FR	#5 Claflin {2}	11.45m	37-6¾ (-0.9)	3/16
5	82	Domanique KNOWLES	JR	#1 Fayetteville Stat{2}	11.43m	37-6 (1.0)	3/22
6	100	Raelyn VADALA	SO	#12 Bluefield State	11.32m	37-1¾ (0.5)	3/23
7		Mia THOMPSON	SO	#1 Fayetteville Stat{3}	11.24m	36-10½ (1.9)	3/22
8		Kiara SHEPHERD	SO	#11 Virginia Union	10.98m	36-¼ (1.3)	3/16
9		Lanyjah GUNTER	FR	#3 Saint Augustine'	10.96m	35-11½ (-1)	4/20
10		Anijah MEDLEY	FR	#6 Bowie State	10.93m	35-10½ (0.2)	3/30

Women's Shot Put

1	34	Destiny GRIFFIN	JR	#2 Winston-Salem S	13.92m	45-8	3/30
2	43	Yassine KAMARA	SO	#6 Bowie State	13.54m	44-5¼	3/30
3	95	Janiya HARMON	SO	#4 Virginia State	12.78m	41-11¼	4/12
4		Asia LAMPE	SR	#2 Winston-Salem S{2}	12.36m	40-6¾	4/13
5		Ashley TAYLOR	SR	#1 Fayetteville Stat	12.19m	40-0	4/20
6		Caely PICKERD	SR	#12 Bluefield State	12.15m	39-10½	3/30
6		Gabrielle HENRY	JR	#7 Shaw	12.15m	39-10½	4/20
8		Ashanti WRIGHT	SO	#7 Shaw {2}	11.95m	39-2½	3/1
9		Kyrasani MITCHELL	SO	#3 Saint Augustine'	11.89m	39-¼	4/13
10		Eden RAMIREZ	FR	#4 Virginia State {2}	11.47m	37-7¾	4/6

Women's Discus

1	26	Yassine KAMARA	SO	#6 Bowie State	46.00m	150-11	3/30
2		Ashley TAYLOR	SR	#1 Fayetteville Stat	40.72m	133-7	4/5
3		Janiya HARMON	SO	#4 Virginia State	40.44m	132-8	4/20
4		Asia LAMPE	SR	#2 Winston-Salem S	40.09m	131-7	4/13
5		Kyrasani MITCHELL	SO	#3 Saint Augustine'	40.07m	131-6	4/20
6		Gabrielle HENRY	JR	#7 Shaw	40.00m	131-3	3/16
7		Ashanti WRIGHT	SO	#7 Shaw {2}	39.70m	130-3	3/30
8		Katrina GAMBLE	SR	#1 Fayetteville Stat{2}	38.52m	126-5	4/5
9		Destiny GRIFFIN	JR	#2 Winston-Salem S{2}	38.27m	125-7	3/23
10		Na'Shae EARLY	JR	#6 Bowie State {2}	37.77m	123-11	3/30

Women's Hammer

1		Na'Shae EARLY	JR	#6 Bowie State	35.90m	117-10	4/20
2		Alaina MOODY	FR	#2 Winston-Salem S	33.39m	109-7	3/16
3		Dasani ROBINSON	JR	#6 Bowie State {2}	31.35m	102-10	4/20
4		Belvia ANN YANGUE	FR	#6 Bowie State {3}	28.04m	92-0	3/30

Women's Javelin

1	81	Diamond EADDY	FR	#9 Lincoln (Pa.)	38.39m	126-0	4/20
2		Zhaire MACK	FR	#5 Claflin	36.64m	120-3	4/20
3		Kamile PATRICK	JR	#7 Shaw	35.05m	115-0	4/20
4		Na'Shae EARLY	JR	#6 Bowie State	34.23m	112-4	4/20
5		Jade LANE	SR	#11 Virginia Union	33.78m	110-10	3/30
6		Alexia BRYANT	JR	#1 Fayetteville Stat	32.69m	107-3	4/5
7		Daina MORRISON	SO	#7 Shaw {2}	32.31m	106-0	3/30
8		Nariah FURR	FR	#8 Livingstone	30.75m	100-11	4/13
9		Courtney BROWN	JR	#3 Saint Augustine'	28.15m	92-4¼	4/20
10		Ariyah WHELESS	JR	#1 Fayetteville Stat{2}	27.71m	90-11	4/20



Conference TFRI Event Summary



Conference Carolinas

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Women's 100 Meters

1	21	Chianel ASOBURUENWU	SO	#1 Mount Olive	11.65w	(2.4)	3/30
2	51	Eseose OKODUWA	JR	#2 Converse	11.82w	(3.6)	3/23
3	61	LaSira NICHOLSON	SO	#1 Mount Olive {2}	11.89w	(3.5)	4/12
4	93	Tiara COX	SO	#4 North Greenville	12.02	(2.0)	4/6
5	98	Aniya HECKSTALL	SO	#10 Barton	12.03w	(2.4)	3/22
6		Keiarra TUTT	SO	#10 Barton {2}	12.05w	(3.5)	4/12
7		Hannah HILL	JR	#4 North Greenville {2}	12.08	(1.9)	4/6
8		Madison GIBSON	FR	#3 UNC Pembroke	12.11w	(3.7)	3/22
9		Kamille CUNNINGHAM	FR	#2 Converse {2}	12.12	(-0.4)	4/6
10		Arianah DAVIS	FR	#3 UNC Pembroke {2}	12.13w	(3.7)	3/22

Women's 100 Meter Hurdles

1	45	Isabelle FLORES	JR	#5 Belmont Abbey	14.30w	(3.2)	4/13
2	61	Phoebe MYERS	SR	#2 Converse	14.39	(1.9)	3/23
3	70	Channie JEFFERSON	SO	#1 Mount Olive	14.46	(1.8)	4/20
4		Kiwanna PEMBERTON	JR	#1 Mount Olive {2}	14.86w	(2.1)	4/6
5		Zoe LOGUE	SO	#8 Emmanuel (Ga.)	14.91w	(2.5)	4/13
6		TraVon LAY	JR	#6 Southern Wesley	14.92	(-0.2)	3/29
7		Mckylee MOSBY	FR	#3 UNC Pembroke	15.14w	(2.5)	4/12
8		Kayla LEMA	JR	#6 Southern Wesley {2}	15.46	(1.0)	3/16
9		D'asia THOMAS	SO	#2 Converse {2}	15.50w	(3.2)	3/23
10		Alexandra THOMAS	FR	#5 Belmont Abbey {2}	15.66w	(3.2)	4/13

Women's 200 Meters

1	32	Chianel ASOBURUENWU	SO	#1 Mount Olive	24.16w	(3.9)	3/30
2	63	Keiarra TUTT	SO	#10 Barton	24.40	(0.9)	4/12
3	75	Eseose OKODUWA	JR	#2 Converse	24.51w	(2.1)	4/13
4	78	Aniya HECKSTALL	SO	#10 Barton {2}	24.55	(0.9)	4/12
5		Hannah HILL	JR	#4 North Greenville	24.84w	(2.1)	4/6
6		Natalyah WILSON	SR	#1 Mount Olive {2}	24.97	(1.8)	4/12
7		Vinesha BRIGGS	JR	#1 Mount Olive {3}	24.99w	(3.9)	3/30
8		Isabelle FLORES	JR	#5 Belmont Abbey	25.00	(0.0)	3/22
9		Heaven ROBERTS	FR	#1 Mount Olive {4}	25.03w	(3.9)	3/30
10		LaSira NICHOLSON	SO	#1 Mount Olive {5}	25.12	(0.9)	4/12

Women's 400 Meters

1	93	Vinesha BRIGGS	JR	#1 Mount Olive	56.81		3/30
2	100	Jermiya BETHEL	FR	#2 Converse	56.93		4/13
3		Natalyah WILSON	SR	#1 Mount Olive {2}	56.95		3/30
4		Hannah HILL	JR	#4 North Greenville	57.57		4/13
5		Katie-Marie SHERLOCK	FR	#3 UNC Pembroke	57.77		3/22
6		Chianel ASOBURUENWU	SO	#1 Mount Olive {3}	58.00		3/22
7		Keiarra TUTT	SO	#10 Barton	58.64		3/30
8		Quiana SUBER	SR	#2 Converse {2}	58.68		4/13
9		Carleigh VAUGHN	JR	#4 North Greenville {2}	59.33		3/23
10		Kirsten SHUFORD	SO	#3 UNC Pembroke {2}	59.76		3/30

Women's 400 Meter Hurdles

1	24	Isabelle FLORES	JR	#5 Belmont Abbey	1:01.88		4/13
2	36	Channie JEFFERSON	SO	#1 Mount Olive	1:02.47		4/12
3	59	Jai PIAZZA	FR	#8 Emmanuel (Ga.)	1:03.43		4/6
4	87	Olivia WHITE	JR	#5 Belmont Abbey {2}	1:04.59		4/6
5		Carleigh VAUGHN	JR	#4 North Greenville	1:05.71		4/13
6		Kayla LEMA	JR	#6 Southern Wesley	1:05.87		4/13
7		Mckylee MOSBY	FR	#3 UNC Pembroke	1:07.20		4/12
8		Latavia BRACEY	SO	#2 Converse	1:07.44		3/23
9		Emma DENNISON	SO	#4 North Greenville {2}	1:07.76		4/13
10		Karolina COLON	JR	#5 Belmont Abbey {3}	1:09.27		3/22

Women's 800 Meters

1		Anne VAN DEN BROEK	SR	#2 Converse	2:17.54		4/6
2		Ruth SPIJKER	SO	#2 Converse {2}	2:18.26		3/23
3		Katherine THOMPSON	SR	#9 Erskine	2:18.75		4/20
4		Celine FLEURILUS	SR	#1 Mount Olive	2:19.80		4/6
5		Riley NICHOLSON	SO	#4 North Greenville	2:19.85		4/6
6		Avery SHOPE	SO	#4 North Greenville {2}	2:21.94		4/6
7		Bayley ROBINSON	SR	#2 Converse {3}	2:23.30		4/13
8		Evelyn GORDON	FR	#6 Southern Wesley	2:23.38		3/23
9		Ermay VAZQUEZ	FR	#11 King	2:23.57		4/13
10		Kamille DIXON	SR	#2 Converse {4}	2:23.75		4/6

Women's 1500 Meters

1		Ruth SPIJKER	SO	#2 Converse	4:44.04		3/23
2		Anne VAN DEN BROEK	SR	#2 Converse {2}	4:46.25		4/6
3		Moureen KIMAIYO	FR	#3 UNC Pembroke	4:49.10		3/16
4		Katherine THOMPSON	SR	#9 Erskine	4:53.61		4/6
5		Riley NICHOLSON	SO	#4 North Greenville	4:54.40		3/23
6		Avery SHOPE	SO	#4 North Greenville {2}	4:54.47		4/13
7		Madison QUINN	SO	#7 Lees-McRae	4:55.11		4/6
8		Celine FLEURILUS	SR	#1 Mount Olive	4:56.41		3/1
9		Lauren BEATTY	SO	#2 Converse {3}	4:56.64		4/13
10		Ashley SOSA	JR	#2 Converse {4}	4:57.14		4/13

Women's Steeplechase

1	37	Froukje MONS	FR	#2 Converse	11:05.19		3/23
2		Kamille DIXON	SR	#2 Converse {2}	11:57.41		3/23
3		Abbey FROCK	SR	#6 Southern Wesley	12:07.72		4/6
4		Riley SHOPE	FR	#4 North Greenville	12:08.67		3/23
5		Kacey MILLER	JR	#4 North Greenville {2}	12:33.54		4/13
6		Paisley STEPP	FR	#2 Converse {3}	12:42.45		4/13
7		Meghan LITTLE	SR	#5 Belmont Abbey	13:06.16		4/13
8		Emma BRIGHT	JR	#4 North Greenville {3}	13:06.62		4/6
9		Zoie JUSTICE	SO	#4 North Greenville {4}	13:35.16		4/6
10		Caydence LINDSEY	FR	#5 Belmont Abbey {2}	15:12.60		4/13



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Women's 5000 Meters

1	Lauren BEATTY	SO	#2 Converse	17:35.00	3/16
2	Ashley SOSA	JR	#2 Converse {2}	17:43.08	3/16
3	Moureen KIMAIYO	FR	#3 UNC Pembroke	17:50.30	3/16
4	Froukje MONS	FR	#2 Converse {3}	18:05.21	3/16
5	Kathryn ANDERSON	SR	#3 UNC Pembroke {2}	18:19.18	4/6
6	Deanna BETZER	SR	#7 Lees-McRae	18:34.35	4/6
7	Anne VAN DEN BROEK	SR	#2 Converse {4}	18:39.00	4/13
8	Ruth SPIJKER	SO	#2 Converse {5}	18:44.81	4/13
9	Cecily ANDERTON	FR	#4 North Greenville	18:46.98	4/13
10	Ermay VAZQUEZ	FR	#11 King	18:48.97	4/13

Women's 10,000 Meters

1	99 Ashley SOSA	JR	#2 Converse	37:51.92	3/23
2	Lauren BEATTY	SO	#2 Converse {2}	37:52.79	3/23
3	Deanna BETZER	SR	#7 Lees-McRae	38:20.44	3/23
4	Kathryn ANDERSON	SR	#3 UNC Pembroke	38:38.84	3/16
5	Campbell DILLE	SO	#7 Lees-McRae {2}	39:33.53	3/23
6	Emily WARD	SO	#11 King	40:01.32	4/13
7	Riley SHOPE	FR	#4 North Greenville	43:05.68	3/9
7	Cecily ANDERTON	FR	#4 North Greenville	43:05.68	3/9
9	Vivian BRYANT	SO	#9 Erskine	44:13.80	3/16
10	Meghan LITTLE	SR	#5 Belmont Abbey	46:09.73	3/16

Women's 4x100 Relay

1	25 Kiara Campbell, Chianel Asoburuenwu, LaSira Nicholson, Channie Jefferson	#1 Mount Olive	46.34	4/13
2	47 #Type!	#4 North Greenville	47.14	4/13
3	51 #Type!	#2 Converse	47.20	4/13
4	75 Raven Haston, Katie-Marie Sherlock, Madison Gibson, Arianah Davis	#3 UNC Pembroke	47.75	3/16
5	#Type!	#8 Emmanuel (Ga.)	48.55	4/13
6	Sekyah Chestnut, Isabelle Flores, Olivia White, Priya Murray	#5 Belmont Abbey	48.80	3/16
7	Alyse Davis, Makayla Wilson, Cianna Laginestra, Sarah Richardson	#6 Southern Wesley	49.27	3/2
8	Eshone Cofield-Jackson, Landri Martinka, Keagan Osika, Symone Taylor	#7 Lees-McRae	49.75	4/5
9	Erica McClary, Keiarra Tutt, Aniya Heckstall, Kaleigh Dalton	#10 Barton	54.05	4/12

Women's 4x400 Relay

1	24 Vinesha Briggs, Natalyah Wilson, Chianel Asoburuenwu, Channie Jefferson	#1 Mount Olive	3:47.12	4/13
2	57 #Type!	#2 Converse	3:55.78	4/13
3	79 #Type!	#4 North Greenville	3:59.15	4/13
4	Kirsten Shuford, Mckylee Mosby, Raven Haston, Katie-Marie Sherlock	#3 UNC Pembroke	4:03.09	3/16
5	Alyse Davis, Lauryn Tate, Evelyn Gordon, TraVon Lay	#6 Southern Wesley	4:05.69	3/29
6	Sekyah Chestnut, Karolina Colon, Olivia White, Sophia Olivarez	#5 Belmont Abbey	4:11.12	4/13
7	Morgan Hall, Zoe Logue, Jayda Spikes, Bailee Stanley	#8 Emmanuel (Ga.)	4:20.40	3/29
8	MacKinley Perry, Mariah Johnson, Taylor Shiver, Jordyn Perry	#12 Francis Marion	4:30.99	3/1
9	Katherine Thompson, Daria James, Chloe Mumaw, Sophie Sedeska	#9 Erskine	4:32.55	4/6

Women's High Jump

1	75 Phoebe MYERS	SR	#2 Converse	1.63m	5-4¼	4/13
1	75 Kamille CUNNINGHAM	FR	#2 Converse	1.63m	5-4¼	4/13
3	Olivia HUSKEY	JR	#4 North Greenville	1.55m	5-1	4/13
3	Natalyah WILSON	SR	#1 Mount Olive	1.55m	5-1	3/30
5	Maren HESTER	FR	#7 Lees-McRae	1.52m	4-11¾	4/5
5	D'asia THOMAS	SO	#2 Converse {3}	1.52m	4-11¾	3/16
7	Jordan BROWN	JR	#2 Converse {4}	1.50m	4-11	4/13
7	Haley KELLS	JR	#5 Belmont Abbey	1.50m	4-11	3/1
7	Fina MOCHI	FR	#5 Belmont Abbey	1.50m	4-11	3/1
7	Chloe LOWDER	FR	#5 Belmont Abbey	1.50m	4-11	3/1
7	Karla HORMAZABAL	JR	#1 Mount Olive {2}	1.50m	4-11	3/30

Women's Pole Vault

1	Carina FIORUCCI	FR	#3 UNC Pembroke	3.34m	10-11½	4/6
2	Ava LABRANT	JR	#6 Southern Wesley	3.00m	9-10	3/2
3	Jocelyn WALKER	SO	#7 Lees-McRae	2.78m	9-1½	3/16
4	Sydney KELLER	JR	#5 Belmont Abbey	2.63m	8-7½	4/13
5	Sara ORMSBY	JR	#3 UNC Pembroke {2}	2.50m	8-2½	4/20
6	Tori THOMPSON	SO	#5 Belmont Abbey {2}	2.48m	8-1½	4/13
7	Fina MOCHI	FR	#5 Belmont Abbey {3}	2.45m	8-½	3/1
8	Taylor REEPING	SO	#5 Belmont Abbey {4}	2.33m	7-7¾	4/13



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Women's Long Jump

1	10	Jai PIAZZA	FR	#8 Emmanuel (Ga.)	6.10m	20-1¼ (0.6)	3/29
2	56	JoAnn SMILING	SR	#4 North Greenville	5.73m	18-9¾ (0.4)	3/29
3	69	Lora DILLON	SO	#7 Lees-McRae	5.68m	18-7¾ (0.6)	4/13
4	83	Arianah DAVIS	FR	#3 UNC Pembroke	5.63m	18-5¾ (0.2)	4/20
4	83	Channie JEFFERSON	SO	#1 Mount Olive	5.63m	18-5¾ (-4.8)	4/12
6	86	Aniya HECKSTALL	SO	#10 Barton	5.62m	18-5¼ (1.4)	3/1
7		Eseose OKODUWA	JR	#2 Converse	5.55m	18-2½ (0.9)	4/13
8		Jade JORDAN	JR	#3 UNC Pembroke {2}	5.54m	18-2¼ (0.0)	4/20
8		Madison GIBSON	FR	#3 UNC Pembroke {2}	5.54m	18-2¼ (-0.5)	4/6
10		Valasha CARTER	FR	#8 Emmanuel (Ga.) {2}	5.51m	18-1 (0.0)	3/29
10		Makayla WILSON	SO	#6 Southern Wesley	5.51mw	18-1 (2.3)	3/29

Women's Triple Jump

1	18	JoAnn SMILING	SR	#4 North Greenville	12.19mw	40-0 (3.9)	4/13
2	40	Lora DILLON	SO	#7 Lees-McRae	11.85m	38-10½ (-1)	3/16
3	44	Karla HORMAZABAL	JR	#1 Mount Olive	11.82m	38-9½ (1.4)	3/22
4		Kiana HATCHETT	JR	#1 Mount Olive {2}	11.31mw	37-1¼ (3.1)	4/20
5		Valasha CARTER	FR	#8 Emmanuel (Ga.)	11.29m	37-½ (1.3)	4/13
6		Keza GREEN	SO	#1 Mount Olive {3}	11.13m	36-6¼ (1.9)	3/22
7		Haley KELLS	JR	#5 Belmont Abbey	11.10mw	36-5 (2.6)	4/13
8		Mackenzie WHITESIDE	JR	#2 Converse	11.05mw	36-3 (2.2)	3/23
9		Zoe LOGUE	SO	#8 Emmanuel (Ga.) {2}	11.00m	36-1¼ (0.7)	4/6
10		Janyia PINCKNEY	JR	#2 Converse {2}	10.91m	35-9½ (1.7)	4/13

Women's Shot Put

1		Katlyn PARRISH	JR	#1 Mount Olive	12.60m	41-4¼	3/22
2		Adrienne CRAWFORD	JR	#1 Mount Olive {2}	11.85m	38-10½	3/22
3		Gloria NUTSIGBE	FR	#3 UNC Pembroke	11.74m	38-6¼	4/12
4		Alycia ARTMAN	SR	#3 UNC Pembroke {2}	11.55m	37-10¾	3/22
4		Destiny FAISON	FR	#1 Mount Olive {3}	11.55m	37-10¾	3/1
6		Bella MARTIN	SO	#2 Converse	11.54m	37-10½	4/13
7		Morgan GRAY	FR	#7 Lees-McRae	10.99m	36-¾	4/13
8		Kaitlin KENAN	SR	#1 Mount Olive {4}	10.91m	35-9½	4/20
9		Amanda SACOTO	FR	#3 UNC Pembroke {3}	10.85m	35-7¼	4/20
10		Annah BLANKENSHIP	JR	#11 King	10.28m	33-8¾	4/13

Women's Discus

1	33	Adrienne CRAWFORD	JR	#1 Mount Olive	44.96m	147-6	3/22
2		Destiny FAISON	FR	#1 Mount Olive {2}	39.97m	131-2	4/20
3		Gracie WILSON	FR	#6 Southern Wesley	39.54m	129-9	3/29
4		Katlyn PARRISH	JR	#1 Mount Olive {3}	39.35m	129-1	3/22
5		Bella MARTIN	SO	#2 Converse	39.16m	128-6	4/13
6		Alycia ARTMAN	SR	#3 UNC Pembroke	38.47m	126-3	4/6
7		Comfort AGWU	FR	#3 UNC Pembroke {2}	36.39m	119-5	3/22
8		Elizabeth WOODRUFF	SO	#5 Belmont Abbey	36.03m	118-3	4/6
9		Gloria NUTSIGBE	FR	#3 UNC Pembroke {3}	36.00m	118-2	4/12
10		Emma ELLISON	JR	#9 Erskine	35.22m	115-7	3/29

Women's Hammer

1	7	Adrienne CRAWFORD	JR	#1 Mount Olive	56.41m	185-1	4/12
2	23	Elin RYDQVIST	FR	#1 Mount Olive {2}	53.23m	174-8	4/12
3	33	Bella MARTIN	SO	#2 Converse	52.20m	171-3	4/13
4	39	Kenisha BARNES	SO	#1 Mount Olive {3}	51.86m	170-2	3/1
5		Rolanda DESIR-MOREAU	SR	#1 Mount Olive {4}	46.57m	152-10	4/12
6		Ruthie FRIPP	SR	#11 King	44.40m	145-8	4/13
7		Comfort AGWU	FR	#3 UNC Pembroke	44.18m	145-0	4/6
8		Kaitlin KENAN	SR	#1 Mount Olive {5}	43.55m	142-11	4/12
9		Katlyn PARRISH	JR	#1 Mount Olive {6}	42.54m	139-7	3/22
10		Alycia ARTMAN	SR	#3 UNC Pembroke {2}	41.44m	136-0	4/6

Women's Javelin

1	47	Danielle TRIMBUR	SR	#1 Mount Olive	40.97m	134-5	3/30
2		MacKenna GALLON	FR	#1 Mount Olive {2}	34.06m	111-9	3/1
3		Joel OWENS	FR	#4 North Greenville	33.95m	111-5	3/23
4		Hannah HILL	JR	#4 North Greenville {2}	33.84m	111-0	4/13
5		Gracie WILSON	FR	#6 Southern Wesley	33.78m	110-10	3/23
6		Katlyn PARRISH	JR	#1 Mount Olive {3}	33.77m	110-10	3/22
7		Miranda ANDERSON	FR	#5 Belmont Abbey	32.85m	107-10	4/13
8		Daria JAMES	FR	#9 Erskine	32.58m	106-11	4/13
9		Annah BLANKENSHIP	JR	#11 King	31.26m	102-7	4/13
10		Alexandria LUTHER	FR	#6 Southern Wesley {2}	30.91m	101-5	3/16

Women's Heptathlon

1		Haley KELLS	JR	#5 Belmont Abbey	3,644		3/16
2		Keagan OSIKA	SO	#7 Lees-McRae	3,539		3/16
3		Caydence LINDSEY	FR	#5 Belmont Abbey {2}	2,263		3/16



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Women's 100 Meters

1	Iyanna JACKSON	JR	#1 UDC	12.15w	(2.2)	4/6
2	Jenna CAPOLUPO	FR	#4 D'Youville	12.48w	(2.7)	3/30
3	Janel BAXTER	SO	#1 UDC	{2} 12.50w	(2.8)	4/20
4	Khareena PRIMUS	JR	#7 Queens (N.Y.)	12.72w	(2.1)	4/12
5	Jazmin ROGERS	FR	#5 St. Thomas Aquin	12.78	(1.3)	3/16
6	Inioluwa OGUNFOWORA	SR	#6 Staten Island	12.87	(-0.4)	4/20
7	Lydia WARE	SR	#3 Roberts Wesleya	12.90	(0.1)	3/14
8	Rebecca SCHULTZ	SO	#2 Daemen	12.98	(1.4)	4/6
9	Skylar SAVAGE	FR	#4 D'Youville	{2} 13.23	(1.9)	4/6
10	Ciara DOYLE	SO	#5 St. Thomas Aquin	{2} 13.28w	(3.1)	4/13

Women's 100 Meter Hurdles

1	Hailee LOWE	SR	#3 Roberts Wesleya	14.96	(1.1)	3/30
2	Rebecca SCHULTZ	SO	#2 Daemen	15.80w	(2.1)	4/20
3	Kayleigh SHELTON	SO	#1 UDC	16.10	(1.7)	4/20
4	Skylar SAVAGE	FR	#4 D'Youville	16.20w	(3.1)	4/6
5	Alexis RODRIGUEZ	SO	#2 Daemen	{2} 16.54	(0.8)	3/30
6	Nicole GYSIN	SR	#5 St. Thomas Aquin	16.78	(1.1)	3/30
7	Meya MCKOWN	FR	#4 D'Youville	{2} 17.28	(0.1)	4/20
8	Sevilla GROEBE	SO	#4 D'Youville	{3} 17.92w	(2.9)	3/30
9	Lydia SMITH	SR	#4 D'Youville	{4} 18.39	(1.9)	4/13
10	Abbie HERMAN	FR	#2 Daemen	{3} 18.59w	(3.1)	4/6

Women's 200 Meters

1	98 Tukey FRANCIS	SO	#1 UDC	24.71w	(2.7)	4/20
2	Iyanna JACKSON	JR	#1 UDC	{2} 25.20w	(3.0)	4/6
3	Ayesha JARRETT	JR	#1 UDC	{3} 25.33w	(2.7)	4/20
4	Khareena PRIMUS	JR	#7 Queens (N.Y.)	25.82	(-1.4)	4/7
5	Jenna CAPOLUPO	FR	#4 D'Youville	25.96w	(2.8)	4/6
6	Lydia WARE	SR	#3 Roberts Wesleya	26.37	(0.4)	4/13
7	Janel BAXTER	SO	#1 UDC	{4} 26.40	(0.7)	4/20
8	Inioluwa OGUNFOWORA	SR	#6 Staten Island	26.52w	(2.3)	4/20
9	Jazmin ROGERS	FR	#5 St. Thomas Aquin	26.93	(1.4)	3/30
10	Aalianne GILBERT	FR	#5 St. Thomas Aquin	{2} 27.23	(0.3)	3/30

Women's 400 Meters

1	Ayesha JARRETT	JR	#1 UDC	58.16		4/6
2	Tukey FRANCIS	SO	#1 UDC	{2} 59.03		4/6
3	Lydia WARE	SR	#3 Roberts Wesleya	1:00.52		4/13
4	Khareena PRIMUS	JR	#7 Queens (N.Y.)	1:01.64		4/7
5	Sevilla GROEBE	SO	#4 D'Youville	1:01.84		4/13
6	Rachel ZIELINSKI	SR	#4 D'Youville	{2} 1:02.28		4/20
7	Hannah THOMAS	SR	#2 Daemen	1:02.63		4/13
8	Fatima MORROBEL	JR	#7 Queens (N.Y.)	{2} 1:02.87		3/24
9	Alexis RODRIGUEZ	SO	#2 Daemen	{2} 1:03.24		4/20
10	Madison MACNEILL	FR	#4 D'Youville	{3} 1:03.66		4/13

Women's 400 Meter Hurdles

1	Hailee LOWE	SR	#3 Roberts Wesleya	1:06.17		3/14
2	Alexis RODRIGUEZ	SO	#2 Daemen	1:06.68		4/13
3	Sevilla GROEBE	SO	#4 D'Youville	1:07.98		4/6
4	Rainn SHEPPARD	FR	#1 UDC	1:08.81		4/20
5	Samantha MORRISON	SO	#1 UDC	{2} 1:10.02		4/20
6	Chacoia WILKES	SR	#1 UDC	{3} 1:11.53		4/20
7	Kayleigh SHELTON	SO	#1 UDC	{4} 1:11.72		4/20
8	Isabella FARINO-ESPOSITO	SR	#5 St. Thomas Aquin	1:12.55		4/19
9	Alaysia COBB-ROUNTREE	SO	#8 Molloy	1:14.16		4/6
10	Mariela HERNANDEZ	FR	#1 UDC	{5} 1:14.20		4/20

Women's 800 Meters

1	Kylee ODELL	SR	#3 Roberts Wesleya	2:17.46		4/20
2	Rachel ZIELINSKI	SR	#4 D'Youville	2:19.94		4/6
3	Hannah THOMAS	SR	#2 Daemen	2:20.89		4/20
4	Rainn SHEPPARD	FR	#1 UDC	2:21.04		3/16
5	Samantha MORRISON	SO	#1 UDC	{2} 2:22.29		4/6
6	Rachel HORNER-RICHARDSON	SO	#3 Roberts Wesleya	{2} 2:23.34		4/20
7	Ayesha JARRETT	JR	#1 UDC	{3} 2:23.66		4/6
8	Fatima MORROBEL	JR	#7 Queens (N.Y.)	2:25.08		4/7
9	Megan SOHL	JR	#8 Molloy	2:25.64		3/30
10	Zoe MERRYMAN	FR	#5 St. Thomas Aquin	2:27.26		4/13

Women's 1500 Meters

1	77 Kylee ODELL	SR	#3 Roberts Wesleya	4:35.36		4/20
2	Rachel ZIELINSKI	SR	#4 D'Youville	4:44.61		4/20
3	Rachel HORNER-RICHARDSON	SO	#3 Roberts Wesleya	{2} 4:45.70		4/20
4	Camryn BAILEY	JR	#2 Daemen	4:56.09		4/20
5	Lydia ROSELUND	SO	#3 Roberts Wesleya	{3} 4:57.30		4/20
6	Hannah THOMAS	SR	#2 Daemen	{2} 4:59.30		3/30
7	Courtney MERRILL	SR	#2 Daemen	{3} 4:59.73		4/20
8	Christa OATES	FR	#2 Daemen	{4} 5:03.01		4/20
9	Julianna LEWIS	SR	#3 Roberts Wesleya	{4} 5:03.92		4/20
10	Zoe PERKINS	SR	#3 Roberts Wesleya	{5} 5:04.30		3/14

Women's Steeplechase

1	81 Lydia SMITH	SR	#4 D'Youville	11:32.65		4/20
2	Courtney MERRILL	SR	#2 Daemen	12:10.09		4/13
3	Alexis NGUYEN	SO	#2 Daemen	{2} 13:42.81		4/13
4	Samantha FRISBEE	SR	#5 St. Thomas Aquin	15:46.29		4/7
5	Andrea RIVERA	JR	#7 Queens (N.Y.)	15:52.94		4/7



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Women's 5000 Meters

1	Rachel HORNER-RICHARDSON	SO	#3 Roberts Wesleya	17:55.17	4/14
2	Lydia ROSELUND	SO	#3 Roberts Wesleya{2}	18:31.17	4/14
3	Lainie SMITH	SO	#4 D'Youville	18:33.47	4/13
4	Zoe PERKINS	SR	#3 Roberts Wesleya{3}	18:37.47	4/20
5	Courtney MERRILL	SR	#2 Daemen	18:43.10	4/6
6	Camryn BAILEY	JR	#2 Daemen {2}	18:44.34	4/13
7	Patsy OBERHOLZER	SO	#2 Daemen {3}	18:50.51	3/30
8	Hannah THOMAS	SR	#2 Daemen {4}	19:09.74	4/13
9	Emma CAIN	JR	#2 Daemen {5}	19:14.36	4/20
10	Alexandra TUCKER	SR	#3 Roberts Wesleya{4}	19:45.19	4/20

Women's 10,000 Meters

1	Emma CAIN	JR	#2 Daemen	39:57.56	4/6
2	Lily SCHULZ	FR	#4 D'Youville	40:22.25	4/13
3	Patsy OBERHOLZER	SO	#2 Daemen {2}	40:37.93	4/6
4	Zoe MERRYMAN	FR	#5 St. Thomas Aquin	41:39.09	3/16
5	Ciara DURCAN	JR	#5 St. Thomas Aquin{2}	44:09.44	3/16

Women's 4x100 Relay

1	#Type!	#5 St. Thomas Aquin	51.93	4/19
2	Alexis Rodriguez, Grace Gominiak, Abbie Herman, Rebecca Schultz	#2 Daemen	52.17	4/13
3	Khareena Primus, Mahallia Spencer, Kierstin Galloway, Hayley Matthews	#7 Queens (N.Y.)	52.74	4/12
4	Inioluwa Ogunfowora, Sofia Dulisova, Zahriyah Kerr, Precious Dillon	#6 Staten Island	54.59	3/29

Women's 4x400 Relay

1	54 Ayesha Jarrett, Tukey Francis, Samantha Morrison, Rainn Sheppard	#1 UDC	3:55.41	4/20
2	Sevilla Groebe, Skylar Savage, Madison Macneill, Raechel Zielinski	#4 D'Youville	4:17.15	4/20
3	Khareena Primus, Mahallia Spencer, Fatima Morrobel, Hayley Matthews	#7 Queens (N.Y.)	4:20.44	4/20
4	Isabella Esposito-Farino, Aalianne Gilbert, Zoe Merryman, Ciara Doyle	#5 St. Thomas Aquin	4:24.21	4/7
5	Alexis Rodriguez, Grace Gominiak, Abbie Herman, Christa Oates	#2 Daemen	4:26.61	4/13
6	Hailee Lowe, Zoe Gordon, Julianna Lewis, Kylee Odell	#3 Roberts Wesleya	4:27.15	3/14

Women's High Jump

1	36 Zoe SHAW	SO	#1 UDC	1.67m	5-5¾	4/6
2	Sofia DULISOVA	FR	#6 Staten Island	1.55m	5-1	3/29
2	Madison MACNEILL	FR	#4 D'Youville	1.55m	5-1	4/20
4	Lydia SMITH	SR	#4 D'Youville {2}	1.52m	4-11¾	3/30
5	Nicole GYSIN	SR	#5 St. Thomas Aquin	1.50m	4-11	4/13
5	Alana RIDER	FR	#5 St. Thomas Aquin	1.50m	4-11	4/7
5	Faith ROUSSEAU	SR	#8 Molloy	1.50m	4-11	4/6
8	Kelly LUCAS	SO	#4 D'Youville {3}	1.48m	4-10¼	4/13
9	Serena PRINCE	JR	#1 UDC {2}	1.47m	4-9¾	4/20
10	Zoe GORDON	FR	#3 Roberts Wesleya	1.42m	4-7¾	4/13

Women's Pole Vault

1	1 Brynn KING	JR	#3 Roberts Wesleya	4.68m	15-4¼	3/30
2	36 Melia COUCHMAN	FR	#3 Roberts Wesleya{2}	3.78m	12-4¾	4/7
3	Taylor HEINEMAN	SR	#3 Roberts Wesleya{3}	3.27m	10-8¾	3/14
4	Isabella FORTALEZA	SO	#8 Molloy	3.10m	10-2	4/13
5	Cora SEABURG	FR	#3 Roberts Wesleya{4}	2.86m	9-4½	4/7
6	Alexis NGUYEN	SO	#2 Daemen	2.30m	7-6½	4/20



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Women's Long Jump

1	60	Jenna CAPOLUPO	FR	#4 D'Youville	5.71mw	18-8¾ (2.2)	4/20
2		Jenna CAPOLUPO	FR	#4 D'Youville	{2} 5.39m	17-8¼ (-1.1)	4/13
3		Serena PRINCE	JR	#1 UDC	5.23m	17-2 (0.0)	4/6
4		Zoe SHAW	SO	#1 UDC	{2} 5.11m	16-9¼ (0.0)	4/6
4		Skylar SAVAGE	FR	#4 D'Youville	{3} 5.11m	16-9¼ (1.1)	4/13
6		MaryGrace COLL	FR	#8 Molloy	4.97m	16-3¾ (0.9)	4/20
7		Alana RIDER	FR	#5 St. Thomas Aquin	4.87m	15-11¾ (1.9)	4/19
8		Alyssa AMIRATO	JR	#2 Daemen	4.83mw	15-10¼ (2.4)	4/20
9		Rebecca SCHULTZ	SO	#2 Daemen	{2} 4.79m	15-8¾ (1.4)	4/20
10		Meya MCKOWN	FR	#4 D'Youville	{4} 4.63m	15-2¼ (0.7)	4/13
10		Kensley BENJAMIN	JR	#1 UDC	{3} 4.63m	15-2¼ (-1.9)	4/20

Women's Triple Jump

1	70	Zoe SHAW	SO	#1 UDC	11.56m	37-11¼ (-1)	4/20
2	76	Serena PRINCE	JR	#1 UDC	{2} 11.47m	37-7¾ (-1.6)	4/20
3		Kensley BENJAMIN	JR	#1 UDC	{3} 10.50mw	34-5½ (2.7)	3/29
4		MaryGrace COLL	FR	#8 Molloy	10.47m	34-4¼ (1.3)	4/20
5		Rebecca SCHULTZ	SO	#2 Daemen	10.40mw	34-1½ (2.2)	4/13
6		Nicole GYSIN	SR	#5 St. Thomas Aquin	10.31m	33-10 (1.1)	4/7
7		Alana RIDER	FR	#5 St. Thomas Aquin	{2} 10.28m	33-8¾ (0.5)	4/7
8		Alyssa AMIRATO	JR	#2 Daemen	{2} 10.22m	33-6½ (1.9)	4/6
9		Tania HILL	JR	#1 UDC	{4} 9.47m	31-1 (-2.2)	4/20
10		Morgan HALL	FR	#2 Daemen	{3} 9.20m	30-2¼ (0.0)	4/13

Women's Shot Put

1	51	Emily STRUNK	JR	#5 St. Thomas Aquin	13.39m	43-11¼	4/7
2		Emmanuela KOUAMI-KATOU	SO	#1 UDC	11.59m	38-¼	3/16
3		Moriah MILLS	SR	#3 Roberts Wesleya	11.21m	36-9½	4/7
4		Faith ROUSSEAU	SR	#8 Molloy	11.17m	36-7¾	4/13
5		Skylar POINTER	JR	#6 Staten Island	11.00m	36-1¼	4/13
6		Aryanna FINKELSTEIN	SO	#6 Staten Island	{2} 10.43m	34-2¾	4/13
7		Kristen OLIVER	FR	#2 Daemen	10.29m	33-9¼	4/20
8		Jessica KOWALSKI	SO	#3 Roberts Wesleya	{2} 10.13m	33-3	3/30
9		Alexis KRAUSE	SR	#5 St. Thomas Aquin	{2} 9.99m	32-9½	3/30
10		Morgan SPROULL	JR	#3 Roberts Wesleya	{3} 9.83m	32-3	3/14

Women's Discus

1	78	Emmanuela KOUAMI-KATOU	SO	#1 UDC	42.42m	139-2	4/20
2		Moriah MILLS	SR	#3 Roberts Wesleya	35.92m	117-10	4/7
3		Emily STRUNK	JR	#5 St. Thomas Aquin	35.71m	117-2	3/30
4		Alana RIDER	FR	#5 St. Thomas Aquin	{2} 32.21m	105-8	3/16
5		Samantha KABEL	SO	#2 Daemen	31.25m	102-7	3/30
6		Ava THOMPSON	JR	#6 Staten Island	31.18m	102-4	4/20
7		Alexis KRAUSE	SR	#5 St. Thomas Aquin	{3} 30.23m	99-2¼	4/13
8		Paige WATKINS	JR	#3 Roberts Wesleya	{2} 29.20m	95-9¾	3/14
9		Ryana GOLDSON	SO	#1 UDC	{2} 26.73m	87-8½	3/29
10		Jessica KOWALSKI	SO	#3 Roberts Wesleya	{3} 26.34m	86-5	3/14

Women's Hammer

1		Emmanuela KOUAMI-KATOU	SO	#1 UDC	44.88m	147-3	4/20
2		Kristen OLIVER	FR	#2 Daemen	43.93m	144-2	4/6
3		Tima ABDELLATIF	SR	#2 Daemen	{2} 43.25m	141-11	3/30
4		Elizabeth BENTLEY	JR	#2 Daemen	{3} 38.88m	127-7	4/6
5		Ava THOMPSON	JR	#6 Staten Island	36.86m	120-11	3/29
6		Alexis KRAUSE	SR	#5 St. Thomas Aquin	35.49m	116-5	3/16
7		Samantha KABEL	SO	#2 Daemen	{4} 35.04m	115-0	4/19
8		Skylar POINTER	JR	#6 Staten Island	{2} 34.79m	114-2	4/20
9		Grace COVEY	FR	#2 Daemen	{5} 34.63m	113-8	4/19
10		Julia PETRY	FR	#2 Daemen	{6} 34.41m	112-11	3/30

Women's Javelin

1		Ryana GOLDSON	SO	#1 UDC	32.62m	107-0	4/20
2		Faith ROUSSEAU	SR	#8 Molloy	32.16m	105-6	3/30
3		Kristen KENNEDY	FR	#5 St. Thomas Aquin	31.21m	102-5	3/30
4		Madelyn MCMATH	SO	#7 Queens (N.Y.)	30.96m	101-7	4/20
5		Angelina GUERRIERO	SO	#6 Staten Island	30.06m	98-7½	3/29
6		Lydia SMITH	SR	#4 D'Youville	29.01m	95-2¼	4/13
7		Isabella FARINO-ESPOSITO	SR	#5 St. Thomas Aquin	{2} 28.71m	94-2½	4/19
8		Kelly LUCAS	SO	#4 D'Youville	{2} 28.09m	92-2	4/13
9		Grace GALGANO	FR	#3 Roberts Wesleya	27.59m	90-6¼	4/7
10		Nicole GYSIN	SR	#5 St. Thomas Aquin	{3} 25.83m	84-9	4/13

Women's Heptathlon

1		Lydia SMITH	SR	#4 D'Youville	3,603		4/13
2		Skylar SAVAGE	FR	#4 D'Youville	{2} 3,489		4/13
3		Nicole GYSIN	SR	#5 St. Thomas Aquin	3,155		4/13
4		Zoe GORDON	FR	#3 Roberts Wesleya	3,005		4/13
5		Meya MCKOWN	FR	#4 D'Youville	{3} 2,816		4/13
6		Veronica VALENTIK	FR	#5 St. Thomas Aquin	{2} 2,763		3/15
7		Morgan SPROULL	JR	#3 Roberts Wesleya	{2} 2,657		4/13



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Women's 100 Meters

1	45	Leila NGAPOUT	FR	#1 Harding	11.80w	(3.0)	3/30
2	46	Briana JOHNSON	SR	#1 Harding	{2} 11.81	(1.7)	4/7
3	54	Olivia TATE	SO	#2 Oklahoma Bapti	11.83w	(3.0)	3/30
4	61	Shackera DOUGLAS	JR	#6 Northwestern Ol	11.89w	(3.7)	4/6
5	69	Kamryn FLOYD	FR	#4 Southern Arkans	11.93w	(3.6)	4/13
6	91	Delaney RIEKERT	SO	#2 Oklahoma Bapti	{2} 12.01w	(2.4)	3/30
7	93	Deuna MILLER	JR	#8 Southwestern Ol	12.02w	(3.0)	3/30
8		Deja ROSE	FR	#2 Oklahoma Bapti	{3} 12.07w	(2.5)	3/30
9		Anna WOOLSEY	FR	#3 Ouachita Baptist	12.10	(1.6)	4/20
10		Cella NGUEMA	SO	#1 Harding	{3} 12.13w	(2.2)	4/6

Women's 100 Meter Hurdles

1	6	Cella NGUEMA	SO	#1 Harding	13.73w	(3.4)	4/6
2	56	Elisabeth JONES	SR	#2 Oklahoma Bapti	14.37w	(2.7)	4/18
3	70	Kyndall HICKS	SO	#2 Oklahoma Bapti	{2} 14.46w	(3.0)	3/30
4	97	Devlin RIVERA	SR	#4 Southern Arkans	14.64w	(2.2)	4/20
5		Belle LINDSEY	FR	#3 Ouachita Baptist	14.79w	(3.4)	4/6
6		Tiffany WILEY	SO	#4 Southern Arkans	{2} 15.07w	(3.1)	3/23
7		Karli PLATTE	FR	#2 Oklahoma Bapti	{3} 15.12w	(2.7)	4/18
8		Abriel THRASH	FR	#9 Southern Nazare	15.20w	(2.7)	4/18
9		Addison SKELTON	FR	#3 Ouachita Baptist	{2} 15.22w	(3.9)	4/20
9		Jenna AKINS	SR	#1 Harding	{2} 15.22w	(2.2)	3/2

Women's 200 Meters

1	32	Omolara OGUNMAKINJU	FR	#1 Harding	24.16	(-1.7)	4/7
2	66	Jordan COLLINS	SO	#4 Southern Arkans	24.42	(2.0)	3/23
3	76	Delaney RIEKERT	SO	#2 Oklahoma Bapti	24.52w	(2.2)	3/30
4		Kamryn FLOYD	FR	#4 Southern Arkans	{2} 24.75w	(2.2)	4/20
5		Jenna AKINS	SR	#1 Harding	{2} 24.80w	(2.5)	3/15
5		Olivia TATE	SO	#2 Oklahoma Bapti	{2} 24.80w	(2.9)	3/30
7		Deja ROSE	FR	#2 Oklahoma Bapti	{3} 24.89w	(2.9)	3/30
8		Anna WOOLSEY	FR	#3 Ouachita Baptist	24.92	(1.2)	4/20
9		Briana JOHNSON	SR	#1 Harding	{3} 24.97	(0.7)	4/6
9		Caylee CONLEY	FR	#5 Southeastern Ok	24.97	(1.2)	4/19

Women's 400 Meters

1	1	Omolara OGUNMAKINJU	FR	#1 Harding	51.90		4/19
2	26	Jordan COLLINS	SO	#4 Southern Arkans	55.11		4/13
3	34	Madison ROWE	SO	#5 Southeastern Ok	55.48		4/19
4	53	Anna WOOLSEY	FR	#3 Ouachita Baptist	56.08		4/13
5	62	Lisa RETAILLEAU	SO	#1 Harding	{2} 56.33		4/7
6		Delaney RIEKERT	SO	#2 Oklahoma Bapti	57.17		4/13
7		Kaitlyn CEDILLO	SR	#5 Southeastern Ok	{2} 57.68		4/19
8		Jenna AKINS	SR	#1 Harding	{3} 57.94		3/23
9		Jayla DAVILA	FR	#4 Southern Arkans	{2} 58.11		4/13
10		Caylee CONLEY	FR	#5 Southeastern Ok	{3} 58.20		4/13

Women's 400 Meter Hurdles

1	8	Lisa RETAILLEAU	SO	#1 Harding	1:00.08		4/19
2	23	Makensie GREENWOOD	SO	#5 Southeastern Ok	1:01.83		4/19
3	68	Belle LINDSEY	FR	#3 Ouachita Baptist	1:03.92		3/30
4	75	Kyndall HICKS	SO	#2 Oklahoma Bapti	1:04.07		4/13
5	86	Elisabeth JONES	SR	#2 Oklahoma Bapti	{2} 1:04.57		4/13
6		Madison ROWE	SO	#5 Southeastern Ok	{2} 1:06.52		3/16
7		Laynie WHITE	JR	#3 Ouachita Baptist	{2} 1:06.92		4/13
8		Kendal FELLEGY	SO	#5 Southeastern Ok	{3} 1:08.60		3/30
9		Ashlynn LANE	SO	#4 Southern Arkans	1:11.04		4/6
10		Alexis LONGORIA	SR	#5 Southeastern Ok	{4} 1:11.17		4/6

Women's 800 Meters

1	57	Makensie GREENWOOD	SO	#5 Southeastern Ok	2:13.05		4/13
2	59	Mckenzie CONNELL	FR	#2 Oklahoma Bapti	2:13.12		4/13
3	92	Izzi BREAUX	JR	#3 Ouachita Baptist	2:14.90		3/30
4	99	Cassidy GRAHAM	FR	#1 Harding	2:15.20		4/6
5		Shayna HENDRIX	FR	#2 Oklahoma Bapti	{2} 2:15.23		4/13
6		Zoe WEAVER	JR	#2 Oklahoma Bapti	{3} 2:16.46		4/13
7		Jaci MCGREGOR	JR	#3 Ouachita Baptist	{2} 2:17.16		4/13
8		Ellie HOEMANN	FR	#3 Ouachita Baptist	{3} 2:17.70		4/20
9		Kaylen KING	JR	#2 Oklahoma Bapti	{4} 2:17.74		3/30
10		Veagen JONES	SR	#1 Harding	{2} 2:17.76		4/20

Women's 1500 Meters

1		Izzi BREAUX	JR	#3 Ouachita Baptist	4:38.70		4/13
2		Mckenzie CONNELL	FR	#2 Oklahoma Bapti	4:40.47		4/13
3		Cassidy GRAHAM	FR	#1 Harding	4:41.53		4/19
4		Kate NACHTIGAL	SO	#3 Ouachita Baptist	{2} 4:41.68		4/20
5		Macie CASH	JR	#3 Ouachita Baptist	{3} 4:41.76		4/20
6		Sophia STRANGE	JR	#2 Oklahoma Bapti	{2} 4:43.75		3/30
7		Audrey HILL	SO	#7 Arkansas Tech	4:45.21		4/13
8		Josie PARKS	SO	#1 Harding	{2} 4:46.25		4/7
9		Lucy HOLDEN	FR	#3 Ouachita Baptist	{4} 4:46.82		4/13
10		Mackenzie DAVIS	JR	#3 Ouachita Baptist	{5} 4:48.87		3/30

Women's Steeplechase

1	30	Kate NACHTIGAL	SO	#3 Ouachita Baptist	10:59.19		4/13
2	35	Macie CASH	JR	#3 Ouachita Baptist	{2} 11:03.52		4/13
3	36	Josie PARKS	SO	#1 Harding	11:04.90		4/19
4	56	Elise KNIGHT	SO	#3 Ouachita Baptist	{3} 11:20.76		4/13
5	61	Avery STANLEY	SO	#7 Arkansas Tech	11:22.49		4/13
6		Mandy SYKORA	SR	#7 Arkansas Tech	{2} 11:47.94		3/28
6		Alexis LONGORIA	SR	#5 Southeastern Ok	11:47.94		4/19
8		McKayla SCHMITT	FR	#2 Oklahoma Bapti	11:56.66		3/30
9		Lucy HOLDEN	FR	#3 Ouachita Baptist	{4} 12:04.22		3/16
10		Logan WARREN	JR	#4 Southern Arkans	12:11.89		3/2



Conference TFRI Event Summary



GAC

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Women's 5000 Meters

1	Mackenzie DAVIS	JR	#3 Ouachita Baptist	17:28.06	4/13
2	Sophia STRANGE	JR	#2 Oklahoma Baptist	17:32.90	3/30
3	Naomy LIMATUKEI	JR	#10 East Central (Okla)	17:33.83	4/6
4	Damaris CHEWON	JR	#10 East Central (Okla)	17:34.87	4/6
5	Aurelia JEPKORIR	JR	#10 East Central (Okla)	17:52.06	4/13
6	Macie CASH	JR	#3 Ouachita Baptist	17:55.44	3/16
7	Audrey HILL	SO	#7 Arkansas Tech	18:03.09	3/16
8	Libby BOOTH	SO	#7 Arkansas Tech	18:08.10	3/28
9	Felicity WEST	SR	#7 Arkansas Tech	18:10.13	3/16
10	Taylor KOETH	SR	#3 Ouachita Baptist	18:10.83	3/16

Women's 10,000 Meters

1	29 Sophia STRANGE	JR	#2 Oklahoma Baptist	35:32.59	4/13
2	68 Allison HYLKEMA	SO	#3 Ouachita Baptist	37:12.54	3/16
3	Taylor KOETH	SR	#3 Ouachita Baptist	38:14.75	4/13
4	Ashlynn MAYS	SR	#7 Arkansas Tech	38:22.57	4/13
5	Libby BOOTH	SO	#7 Arkansas Tech	38:59.73	4/13
6	Emelia ERIKSSON	FR	#3 Ouachita Baptist	40:19.83	3/16
7	Sara HOLMAN	SR	#3 Ouachita Baptist	41:11.00	3/16

Women's 4x100 Relay

1	28 Kelechi Christian, Delaney Riekert, Deja Rose, Olivia Tate	#2 Oklahoma Baptist	46.51	4/13
2	40 Edriana Hunter, Kamryn Floyd, Wil'Lexis Beaver, Jordan Collins	#4 Southern Arkansas	46.93	3/16
3	41 Lisa Retailleau, Omolara Ogunmakinju, Cella Nguema, Briana Johnson	#1 Harding	46.97	4/7
4	67 Jayda Williams, Kendal Fellegly, Karissa Nixon, Caylee Conley	#5 Southeastern Oklahoma	47.50	4/19
5	84 Shackeria Douglas, Brianna Brantley, Diamond Hilton, Darianne Thompson	#6 Northwestern Oklahoma	48.03	3/23
6	Addrienna Gray, Anna Woolsey, Belle Lindsey, Rachel Dunn	#3 Ouachita Baptist	49.20	3/16
7	Reagan Peters, Natalie Freeman, Madisan Workman, Deuna Miller	#8 Southwestern Oklahoma	50.65	3/30
8	Cheyenne Gaymon, Carissa Burns, Katelynn Tizzio, Lauren Davidson	#9 Southern Nazarene	51.44	3/30

Women's 4x400 Relay

1	16 Lisa Retailleau, Cassidy Graham, Jenna Akins, Omolara Ogunmakinju	#1 Harding	3:44.59	4/6
2	25 Makensi Greenwood, Madison Rowe, Kaitlyn Cedillo, Caylee Conley	#5 Southeastern Oklahoma	3:47.18	4/19
3	31 Kelechi Christian, Kimberly McKinney, Olivia Tate, Delaney Riekert	#2 Oklahoma Baptist	3:48.94	4/13
4	75 Anna Woolsey, Laynie White, Jaci McGregor, Belle Lindsey	#3 Ouachita Baptist	3:58.64	3/30
5	83 Kamryn Floyd, Jayla Davila, Ashlynn Lane, Jordan Collins	#4 Southern Arkansas	3:59.43	3/16
6	99 Tavonyia Lacy, Brianna Brantley, Diamond Hilton, Renaja Engermann	#6 Northwestern Oklahoma	4:02.16	3/30
7	Reagan Peters, Madisan Workman, Delaney York, Hailey Holder	#8 Southwestern Oklahoma	4:21.07	3/30
8	Chloe Brumage, Lauren Davidson, Carissa Burns, Noelle Brezillac	#9 Southern Nazarene	4:23.30	3/30
9	Avery Stanley, Ashlynn Mays, Rachel Caldwell, Julia Minton	#7 Arkansas Tech	4:31.51	3/16

Women's High Jump

1	28 Abriel THRASH	FR	#9 Southern Nazarene	1.69m	5-6½	4/13
1	28 Jamora HORACE	SO	#2 Oklahoma Baptist	1.69m	5-6½	3/30
3	46 Kiera BLANKINSHIP	JR	#1 Harding	1.66m	5-5¼	3/16
4	50 Ally CHEEK	FR	#1 Harding	1.65m	5-5	4/7
4	50 Emily PATTERSON	JR	#1 Harding	1.65m	5-5	4/7
6	75 Alexis MATLOCK	SR	#4 Southern Arkansas	1.63m	5-4¼	4/13
7	98 Anaya ERVIN	SO	#4 Southern Arkansas	1.61m	5-3¼	4/13
8	Zoe GROOMS	FR	#10 East Central (Okla)	1.58m	5-2¼	3/23
9	Belle LINDSEY	FR	#3 Ouachita Baptist	1.57m	5-1¾	4/6
9	Diamond BRUNN	SO	#4 Southern Arkansas	1.57m	5-1¾	4/6



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Women's Pole Vault

1	29	Cadence SANSOM	SO	#1 Harding	3.80m	12-5½	4/6
2	50	Karyna VEHNER	SO	#1 Harding	{2} 3.65m	11-11¾	4/6
3	66	Taylor HANKINS	FR	#1 Harding	{3} 3.60m	11-9¾	4/7
4		Olivia SANER	FR	#6 Northwestern Ol	3.32m	10-10¾	4/13
5		Payton HUFFORD	SR	#2 Oklahoma Bapti:	3.10m	10-2	3/30
6		Hailey SUTTON	SO	#4 Southern Arkans	3.05m	10-0	3/2
7		Madison FOX	FR	#4 Southern Arkans{2}	3.00m	9-10	3/23
8		Piper GALLAGHER	FR	#6 Northwestern Ol{2}	2.82m	9-3	3/23
9		Hazel JACKSON	JR	#1 Harding	{4} 2.70m	8-10¼	4/7
10		Alysha COLBURN	SO	#3 Ouachita Baptist	2.65m	8-8¼	3/30

Women's Long Jump

1	14	Anisha HENDERSON	JR	#2 Oklahoma Bapti:	6.04mw	19-9¾ (4.0)	4/18
2	23	Diamond BRUNN	SO	#4 Southern Arkans	5.92m	19-5¼ (0.0)	4/11
3	34	Jenna AKINS	SR	#1 Harding	5.86mw	19-2¾ (3.7)	3/2
4	66	Rachel DUNN	FR	#3 Ouachita Baptist	5.70mw	18-8½ (3.4)	3/30
5	93	Elisabeth JONES	SR	#2 Oklahoma Bapti:{2}	5.60m	18-4½ (1.6)	3/30
6		Deuna MILLER	JR	#8 Southwestern Ol	5.56mw	18-3 (2.4)	4/6
6		Jayda WILLIAMS	FR	#5 Southeastern Ok	5.56mw	18-3 (3.3)	4/13
8		Abriel THRASH	FR	#9 Southern Nazare	5.52mw	18-1½ (2.4)	4/13
9		Natalie FREEMAN	JR	#8 Southwestern Ol{2}	5.42mw	17-9½ (2.7)	3/30
9		Darriane THOMPSON	SO	#6 Northwestern Ol	5.42mw	17-9½ (3.8)	4/18

Women's Triple Jump

1	13	Karyna VEHNER	SO	#1 Harding	12.29m	40-4 (2.0)	3/30
2	23	Mariah MILLER	SR	#1 Harding	{2} 12.10m	39-8½ (1.6)	3/28
3	33	Hanna ONOFRIIEVA	FR	#1 Harding	{3} 11.97m	39-3¼ (0.9)	3/30
4	52	Anisha HENDERSON	JR	#2 Oklahoma Bapti:	11.72mw	38-5½ (3.5)	3/30
5	62	Jayda WILLIAMS	FR	#5 Southeastern Ok	11.62mw	38-1½ (3.5)	3/23
6	68	Diamond BRUNN	SO	#4 Southern Arkans	11.57m	37-11½ (0.4)	4/13
7	78	Jada JOHNSON	FR	#5 Southeastern Ok{2}	11.45m	37-6¾ (1.4)	4/19
8	95	Devlin RIVERA	SR	#4 Southern Arkans{2}	11.33mw	37-2¼ (2.1)	4/20
9		Jamora HORACE	SO	#2 Oklahoma Bapti:{2}	11.29mw	37-½ (3.3)	3/30
10		Rachel DUNN	FR	#3 Ouachita Baptist	11.23m	36-10¼ (1.0)	4/20

Women's Shot Put

1	16	Macayla NEEDHAM	SR	#5 Southeastern Ok	14.73m	48-4	3/30
2	20	Flora DUPANS	SO	#2 Oklahoma Bapti:	14.38m	47-2¼	4/18
3	55	Irieyanna WILSON	JR	#4 Southern Arkans	13.34m	43-9¼	4/20
4	57	Altyn BARTLEY	FR	#2 Oklahoma Bapti:{2}	13.29m	43-7¼	3/28
5	79	Keyonce BROWN	JR	#4 Southern Arkans{2}	12.99m	42-7½	3/2
5	79	Dalice WHITE	SO	#7 Arkansas Tech	12.99m	42-7½	4/6
7		Marleigh WEST	JR	#8 Southwestern Ol	12.60m	41-4¼	4/18
8		Kailyn THOMAS	JR	#4 Southern Arkans{3}	12.59m	41-3¾	4/13
9		Samantha WALLIS	SR	#5 Southeastern Ok{2}	12.49m	40-11¾	4/13
10		Anna-Kay CLARK	SR	#1 Harding	12.41m	40-8¾	4/7

Women's Discus

1	8	Jade BYRD	JR	#2 Oklahoma Bapti:	48.61m	159-6	4/6
2	9	Flora DUPANS	SO	#2 Oklahoma Bapti:{2}	48.33m	158-7	4/13
3	36	Kailyn THOMAS	JR	#4 Southern Arkans	44.80m	147-0	4/13
4	47	Kaylee HAUSAM	SR	#1 Harding	44.20m	145-0	4/20
5	57	Hannah APPLETON	JR	#6 Northwestern Ol	43.57m	143-0	4/13
6	77	Madison HITESHEW	SR	#1 Harding	{2} 42.49m	139-5	3/16
7		Irieyanna WILSON	JR	#4 Southern Arkans{2}	41.27m	135-5	4/13
8		Kylie PUGH	FR	#4 Southern Arkans{3}	40.91m	134-3	4/13
9		Brylee STEWART	FR	#1 Harding	{3} 40.34m	132-4	4/20
10		Marleigh WEST	JR	#8 Southwestern Ol	39.87m	130-10	3/30

Women's Hammer

1	29	Kailyn THOMAS	JR	#4 Southern Arkans	52.65m	172-9	3/16
2	37	Jade BYRD	JR	#2 Oklahoma Bapti:	51.87m	170-2	4/13
3	47	Macayla NEEDHAM	SR	#5 Southeastern Ok	51.24m	168-2	4/13
4		NaTessa FORD	FR	#8 Southwestern Ol	46.71m	153-3	4/6
5		Samantha WALLIS	SR	#5 Southeastern Ok{2}	45.85m	150-5	4/6
6		Hannah APPLETON	JR	#6 Northwestern Ol	45.55m	149-6	4/18
7		Altyn BARTLEY	FR	#2 Oklahoma Bapti:{2}	44.69m	146-8	4/6
8		Madison HITESHEW	SR	#1 Harding	44.07m	144-7	3/16
9		Keyonce BROWN	JR	#4 Southern Arkans{2}	44.04m	144-6	4/6
10		Irieyanna WILSON	JR	#4 Southern Arkans{3}	43.51m	142-9	4/20

Women's Javelin

1	13	Anna-Kay CLARK	SR	#1 Harding	45.62m	149-8	3/16
2		Meghan MCELROY	SR	#1 Harding	{2} 36.30m	119-1	4/6
3		Anaya ERVIN	SO	#4 Southern Arkans	34.85m	114-4	4/6
4		Sydney SOTO	JR	#1 Harding	{3} 34.69m	113-10	4/7
5		Zoe WEAVER	JR	#2 Oklahoma Bapti:	34.59m	113-6	3/30
6		Abriel THRASH	FR	#9 Southern Nazare	33.53m	110-0	4/6
7		Jordyn TUCKER	JR	#6 Northwestern Ol	33.27m	109-2	4/6
8		Samantha WALLIS	SR	#5 Southeastern Ok	32.46m	106-6	4/13
9		Ja'Kaya LEWIS	SO	#4 Southern Arkans{2}	31.97m	104-11	4/6
10		Emily PAYNE	JR	#3 Ouachita Baptist	30.30m	99-5	4/20

Women's Heptathlon

1	18	Abriel THRASH	FR	#9 Southern Nazare	4,933	4/13
2	20	Jenna AKINS	SR	#1 Harding	4,884	3/15
3	33	Anaya ERVIN	SO	#4 Southern Arkans	4,584	4/13
4	70	Laynie WHITE	JR	#3 Ouachita Baptist	4,009	4/13
5		Gina WILSON	SR	#6 Northwestern Ol	3,572	3/30
6		Karli PLATTE	FR	#2 Oklahoma Bapti:	3,363	3/30
7		Ariana MORRIS	SO	#4 Southern Arkans{2}	2,537	4/13



Conference TFRI Event Summary



GLIAC

as of 4/23/2024 8:32:55 AM ET

Women's 100 Meters

1	Taylor KYLE	JR	#1 Grand Valley Sta	12.05w	(2.5)	3/30
2	Julia TUURI	JR	#6 Davenport (Mich	12.06	(1.5)	3/30
3	Alaina DIAZ	SO	#1 Grand Valley Sta{2}	12.10	(1.5)	3/30
4	Hanne BASTIAANSEN	SO	#2 Wayne State (Mi	12.15	(1.8)	3/30
5	Melia WILLIAMS	JR	#1 Grand Valley Sta{3}	12.19	(1.8)	3/30
5	Baux TRUCKEY	FR	#3 Northern Michig	12.19w	(2.6)	4/11
7	Sasha-Gay THOMPSON	FR	#2 Wayne State (Mi{2}	12.22	(1.8)	3/30
8	Sophia THELEN	JR	#4 Saginaw Valley S	12.27w	(3.0)	4/20
9	Catherine GUCKENBERGER	FR	#1 Grand Valley Sta{4}	12.34	(0.2)	3/30
10	Jahtivya WILLIAMS	SO	#3 Northern Michig{2}	12.35	(1.6)	4/11
10	Angelina DELBOSQUE	SR	#4 Saginaw Valley S{2}	12.35	(0.1)	4/11

Women's 100 Meter Hurdles

1	3 Cheyenne NESBITT	SR	#4 Saginaw Valley S	13.49w	(2.5)	4/13
2	19 Ellyse WOLFRATH	JR	#3 Northern Michig	13.99	(1.7)	3/30
3	30 Crystal WALKER	JR	#3 Northern Michig{2}	14.16w	(2.5)	3/30
4	48 Cassie CAMPBELL	SR	#4 Saginaw Valley S{2}	14.33	(1.6)	4/11
5	76 Brooke BARKOCY	JR	#1 Grand Valley Sta	14.49	(1.6)	3/16
6	78 Destini DORKINS	SO	#1 Grand Valley Sta{2}	14.50	(0.9)	3/30
7	Sofi DIOP	FR	#3 Northern Michig{3}	14.71w	(2.1)	4/20
8	Grace COLLETT	JR	#4 Saginaw Valley S{3}	14.84w	(2.1)	4/20
9	Keneisha THOMAS	FR	#2 Wayne State (Mi	14.91	(1.3)	4/11
10	Annabelle SCHAFER	SR	#6 Davenport (Mich	15.00w	(2.6)	4/13

Women's 200 Meters

1	53 Cheyenne NESBITT	SR	#4 Saginaw Valley S	24.35	(1.5)	4/13
2	55 Catherine GUCKENBERGER	FR	#1 Grand Valley Sta	24.36	(0.9)	4/20
3	66 Kate ZANG	SO	#1 Grand Valley Sta{2}	24.42w	(2.7)	3/16
4	100 Isabel ABDOUCH	JR	#1 Grand Valley Sta{3}	24.72	(1.9)	3/16
5	Baux TRUCKEY	FR	#3 Northern Michig	24.84w	(2.3)	4/13
6	Hanne BASTIAANSEN	SO	#2 Wayne State (Mi	24.87	(-1.3)	3/30
7	Melia WILLIAMS	JR	#1 Grand Valley Sta{4}	25.01	(0.9)	4/20
8	Sasha-Gay THOMPSON	FR	#2 Wayne State (Mi{2}	25.04	(0.2)	4/11
9	Jahtivya WILLIAMS	SO	#3 Northern Michig{2}	25.05w	(2.2)	4/13
10	Julia TUURI	JR	#6 Davenport (Mich	25.06	(0.6)	3/30

Women's 400 Meters

1	13 Alona OLSHEVSKA	SR	#4 Saginaw Valley S	54.49		4/13
2	82 Catherine GUCKENBERGER	FR	#1 Grand Valley Sta	56.62		4/13
3	83 Isabel ABDOUCH	JR	#1 Grand Valley Sta{2}	56.63		4/13
4	99 Baux TRUCKEY	FR	#3 Northern Michig	56.92		3/30
5	Avery WILSON	SO	#2 Wayne State (Mi	57.55		4/13
6	Renae KUTCHA	JR	#2 Wayne State (Mi{2}	57.74		4/11
7	Haley ESSER	SO	#6 Davenport (Mich	58.21		4/6
8	Da'Ja JONES	SO	#8 Purdue Northwe	58.40c	(59.17)	4/20
9	Sophia THELEN	JR	#4 Saginaw Valley S{2}	58.86		4/6
10	Sonja MITROVIC	SR	#5 UW-Parkside	58.93		4/5

Women's 400 Meter Hurdles

1	30 Cassie CAMPBELL	SR	#4 Saginaw Valley S	1:02.16		4/13
2	43 Grace MILDICE	JR	#5 UW-Parkside	1:02.84		4/12
3	65 Ashtyn GLUCK	SR	#1 Grand Valley Sta	1:03.71		4/20
4	74 Keneisha THOMAS	FR	#2 Wayne State (Mi	1:04.06		4/11
5	91 Natalie PISOKE	FR	#3 Northern Michig	1:04.74		4/11
6	Ahna LARSON	JR	#3 Northern Michig{2}	1:05.09		3/30
7	Makenzie WELLNER	JR	#2 Wayne State (Mi{2}	1:05.28		4/20
8	Nyah TYRON	JR	#7 Ferris State	1:05.44		4/20
9	Reilly LOVERCHECK	SO	#10 Michigan Tech	1:05.78		4/20
10	Elyse MILLER	SO	#2 Wayne State (Mi{3}	1:05.98		4/11

Women's 800 Meters

1	20 Taryn CHAPKO	SR	#1 Grand Valley Sta	2:09.61		3/30
2	25 Klaudia O'MALLEY	SR	#1 Grand Valley Sta{2}	2:09.99		3/30
3	31 Erin DORN	SR	#6 Davenport (Mich	2:10.56		4/6
4	46 Maria MITCHELL	SO	#1 Grand Valley Sta{3}	2:12.22		3/30
5	51 Emily GORDON	JR	#2 Wayne State (Mi	2:12.45		4/13
6	81 Gianna HOVING	SO	#3 Northern Michig	2:14.38		4/13
7	Cameron CLEVELAND	JR	#1 Grand Valley Sta{4}	2:15.33		4/6
8	Abbi STEINER	FR	#5 UW-Parkside	2:15.61		4/13
9	Sydney NESBITT	JR	#1 Grand Valley Sta{5}	2:16.25		3/30
10	Sonja MITROVIC	SR	#5 UW-Parkside {2}	2:16.62		4/13

Women's 1500 Meters

1	5 Klaudia O'MALLEY	SR	#1 Grand Valley Sta	4:20.84		4/13
2	13 Taryn CHAPKO	SR	#1 Grand Valley Sta{2}	4:25.88		4/13
3	56 Maria MITCHELL	SO	#1 Grand Valley Sta{3}	4:31.78		4/13
4	63 Gianna HOVING	SO	#3 Northern Michig	4:33.27		4/11
5	65 Madi SZYMANSKI	SO	#3 Northern Michig{2}	4:33.50		4/11
6	76 Katja BAUERLE	SR	#5 UW-Parkside	4:35.26		4/20
7	81 Thailiya CHRISTENSEN	SR	#2 Wayne State (Mi	4:36.00		4/13
8	86 Abbi STEINER	FR	#5 UW-Parkside {2}	4:36.50		4/13
9	Maria WIDMANN	SO	#1 Grand Valley Sta{4}	4:38.82		4/6
10	Sarah MAY	JR	#1 Grand Valley Sta{5}	4:38.85		4/20

Women's Steeplechase

1	9 Kayce RYPMA	SR	#1 Grand Valley Sta	10:32.12		4/13
2	10 Landyn HOWELL	JR	#1 Grand Valley Sta{2}	10:33.33		4/13
3	15 Thailiya CHRISTENSEN	SR	#2 Wayne State (Mi	10:37.86		4/13
4	16 Maria MITCHELL	SO	#1 Grand Valley Sta{3}	10:37.98		4/13
5	20 Alexa KEISER	SR	#4 Saginaw Valley S	10:45.52		4/13
6	29 Whitney FARRELL	SO	#7 Ferris State	10:56.84		4/6
7	33 Katherine RAY	SR	#2 Wayne State (Mi{2}	11:01.23		4/13
8	38 Ella BARYO	JR	#6 Davenport (Mich	11:07.50		3/29
9	41 Jordyn HOPGOOD	SO	#1 Grand Valley Sta{4}	11:10.23		3/30
10	62 Melody OCHANA	JR	#5 UW-Parkside	11:22.64		3/29



Conference TFRI Event Summary



GLIAC

as of 4/23/2024 8:32:55 AM ET

Women's 5000 Meters

1	1	Klaudia O'MALLEY	SR	#1 Grand Valley Sta	15:51.30	4/13
2	6	Natalie GRABER	SR	#1 Grand Valley Sta{2}	16:02.45	3/30
3	31	Alexa KEISER	SR	#4 Saginaw Valley S	16:41.97	4/13
4	41	Allie ARNSMAN	FR	#1 Grand Valley Sta{3}	16:52.83	3/30
5	49	Madi SZYMANSKI	SO	#3 Northern Michig	16:58.75	4/13
6	51	Sarah MAY	JR	#1 Grand Valley Sta{4}	17:00.67	3/30
7	71	Maria WIDMANN	SO	#1 Grand Valley Sta{5}	17:12.99	4/13
8	84	Reagan JUSTICE	JR	#2 Wayne State (Mi	17:20.26	4/6
9		Maddie ISOLA	JR	#4 Saginaw Valley S{2}	17:36.38	3/29
10		Ella BARYO	JR	#6 Davenport (Mich	17:37.63	4/6

Women's 10,000 Meters

1	11	Abigail VANDERKOOI	FR	#1 Grand Valley Sta	34:35.35	3/30
2	17	Madison EBRIGHT	SO	#1 Grand Valley Sta{2}	34:53.91	3/30
3	26	Reagan JUSTICE	JR	#2 Wayne State (Mi	35:26.69	4/13
4	53	Maddie ISOLA	JR	#4 Saginaw Valley S	36:43.24	4/13
5	56	Lynsey AMTHOR	SR	#4 Saginaw Valley S{2}	36:46.81	4/13
6	62	Skylar GRUBB	JR	#3 Northern Michig	36:59.48	4/13
7	73	Cedar GORDON	JR	#10 Michigan Tech	37:18.70	4/20
8		Mattie DRENNAN	JR	#2 Wayne State (Mi{2}	39:44.25	3/30
9		Christina SHAGINAW	SR	#8 Purdue Northwe	40:09.44	3/29
10		Claire WALIGORSKI	FR	#3 Northern Michig{2}	41:14.35	4/20

Women's 4x100 Relay

1	24	Catherine Guckenberger, Melia Williams, Alaina Diaz, Kate Zang	#1 Grand Valley Sta	46.28	3/16
2	33	Sophia Thelen, Alona Olshevska, Angelina Delbosque, Chaniya Madison	#4 Saginaw Valley S	46.61	4/13
3	51	Sasha-Gay Thompson, Mikaela Owen, Hanne Bastiaansen, Avery Wilson	#2 Wayne State (Mi	47.20	4/13
4	53	Ahna Larson, Baux Truckey, Beverly Harper, Natalie Piske	#3 Northern Michig	47.21	4/13
5	64	Arrionnna Wallace, Julia Tuuri, Leialani Akalaonu, Haley Esser	#6 Davenport (Mich	47.45	4/6
6		DeAndria Franklin, Da'Ja Jones, Brenna Uppleger, Darnesha Fraley	#8 Purdue Northwe	48.61	4/13
7		Mayda Conrad, Grace Mildice, Miranda Winkler, Rachel Blaskowski	#5 UW-Parkside	48.74	3/30
8		Abigail Winkle, Ana Fortier, Lacey Zimmerman, Angela Kotecki	#7 Ferris State	49.40	3/30
9		Haley Howe, Brooke Brazeau, Keira Lamming, Lindsey Tonello	#9 Lake Superior St	52.13	4/13



Conference TFRI Event Summary



GLIAC

as of 4/23/2024 8:32:55 AM ET

Women's 4x400 Relay

1	19	Isabel Abdouch, Catherine Guckenberger, Ashtyn Gluck, Kate Zang	#1 Grand Valley Sta	3:45.11	3/16
2	32	Elyse Miller, Avery Wilson, Renae Kutcha, Keneisha Thomas	#2 Wayne State (Mi	3:49.91	4/13
3	73	Soleil Moore, Lacy Hess, Erin Dorn, Haley Esser	#6 Davenport (Mich	3:58.50	4/13
4	87	Grace Mildice, Sonja Mitrovic, Abbi Steiner, Alaura Busch	#5 UW-Parkside	3:59.68	4/20
5	94	Emme Burrough, Beverly Harper, Natalie Pisko, Ciara Ostrenga	#3 Northern Michig	4:01.11	4/20
6		Nyah Tyron, Danae Feldpausch, Daisy Englund, Abigail Winkle	#7 Ferris State	4:10.09	4/6
7		Da'Ja Jones, Sara McGraw, Alyssa Dunlap, Kyana Maldonado	#8 Purdue Northwe	4:20.90	4/6
8		Kara Mosher, Lindsey Tonello, Keira Lamming, Haley Howe	#9 Lake Superior St	4:29.97	3/28

Women's High Jump

1	4	Cheyenne NESBITT	SR	#4 Saginaw Valley S	1.76m	5-9¼	4/13
2	69	Jamie HENDRICKSON	SR	#10 Michigan Tech	1.64m	5-4½	4/20
3	85	Sydney CANGILLA	SR	#1 Grand Valley Sta	1.62m	5-3¾	4/11
3	85	Claudia WILKINSON	SR	#7 Ferris State	1.62m	5-3¾	4/20
3	85	Joslyn BENTZ	FR	#1 Grand Valley Sta	1.62m	5-3¾	4/11
6		Nailah TAYLOR	FR	#5 UW-Parkside	1.60m	5-3	3/30
7		Mckenna ARMSTRONG	JR	#5 UW-Parkside	{2}1.57m	5-1¾	4/12
8		Alaura BUSCH	SR	#5 UW-Parkside	{3}1.56m	5-1¼	3/29
9		Julia OTT	FR	#6 Davenport (Mich	1.55m	5-1	3/30
9		Annabelle SCHAFER	SR	#6 Davenport (Mich	1.55m	5-1	3/30
9		Abigail DENOUDEN	FR	#1 Grand Valley Sta{3}	1.55m	5-1	4/13

Women's Pole Vault

1	7	Taylor DEHOMMEL	JR	#1 Grand Valley Sta	4.05m	13-3½	3/23
2	23	Miranda FIRARI	SO	#1 Grand Valley Sta{2}	3.85m	12-7½	4/20
3	45	Lily RENFREW	SO	#1 Grand Valley Sta{3}	3.70m	12-1½	4/20
4	50	Ciera WEBER	SR	#4 Saginaw Valley S	3.65m	11-11¾	3/23
4	50	Sidney HEUGEL	JR	#6 Davenport (Mich	3.65m	11-11¾	3/30
6	76	Kendyl HAHLN	FR	#1 Grand Valley Sta{4}	3.55m	11-7¾	4/20
7		Leah ROOT	JR	#3 Northern Michig	3.40m	11-1¾	4/5
7		Rileigh LACY	SO	#1 Grand Valley Sta{5}	3.40m	11-1¾	3/23
9		Anna SCHUELLER	SO	#10 Michigan Tech	3.36m	11-¼	3/28
10		Kalista BUTKIEWICZ	SO	#5 UW-Parkside	3.35m	10-11¾	4/12

Women's Long Jump

1	12	Rachel BLASKOWSKI	SO	#5 UW-Parkside	6.09m	19-11¾ (-1)	3/29
2	22	Cheyenne NESBITT	SR	#4 Saginaw Valley S	5.93m	19-5½ (1.7)	4/6
3	23	Alaina DIAZ	SO	#1 Grand Valley Sta	5.92m	19-5¼ (1.0)	4/10
4	45	Crystal WALKER	JR	#3 Northern Michig	5.79m	19-0 (1.4)	4/11
5		Annabelle SMITH	SO	#2 Wayne State (Mi	5.50m	18-½ (0.1)	4/13
6		Sofi DIOP	FR	#3 Northern Michig{2}	5.43m	17-9¾ (1.2)	4/11
6		Annabelle SCHAFER	SR	#6 Davenport (Mich	5.43mw	17-9¾ (4.0)	4/20
8		Kiara SPATES	JR	#8 Purdue Northwe	5.32m	17-5½ (0.9)	4/6
9		Mikayla WILLIAMS	SR	#2 Wayne State (Mi{2}	5.31m	17-5¼ (1.3)	4/13
10		Nicole WARREN	FR	#2 Wayne State (Mi{3}	5.27m	17-3½ (0.3)	3/30

Women's Triple Jump

1	86	Mckenna ARMSTRONG	JR	#5 UW-Parkside	11.38m	37-4 (1.4)	4/5
1	86	Kiara SPATES	JR	#8 Purdue Northwe	11.38m	37-4 (1.5)	4/6
3		Mikayla WILLIAMS	SR	#2 Wayne State (Mi	10.95m	35-11¼ (0.8)	4/11
4		Leah ROOT	JR	#3 Northern Michig	10.77m	35-4 (0.0)	4/5
5		Nicole WARREN	FR	#2 Wayne State (Mi{2}	10.69mw	35-1 (2.2)	4/6
6		Autumn MORRIS	SO	#4 Saginaw Valley S	10.57m	34-8¼ (1.4)	4/6
7		Morgan WITZGALL	SR	#2 Wayne State (Mi{3}	10.54mw	34-7 (2.2)	4/6
8		Emily CZEISZPERGER	SO	#3 Northern Michig{2}	10.28m	33-8¾ (0.0)	4/5
9		Brynn MEYER	FR	#5 UW-Parkside	{2}10.19m	33-5¼ (0.5)	4/5
10		Tessa BLANKENSHIP	JR	#6 Davenport (Mich	9.86mw	32-4¼ (3.6)	4/13

Women's Shot Put

1	3	Mackenzie BOHRER	JR	#1 Grand Valley Sta	15.34m	50-4	4/20
2	6	Margaret STEVENSON	JR	#1 Grand Valley Sta{2}	15.25m	50-½	4/20
2	6	Erika BEISTLE	JR	#1 Grand Valley Sta{2}	15.25m	50-½	4/20
4	24	Paige WESTRA	FR	#1 Grand Valley Sta{4}	14.33m	47-¼	4/6
5	27	Reette THORNS	SO	#1 Grand Valley Sta{5}	14.23m	46-8¼	3/30
6	100	Ericka JACKSON	FR	#4 Saginaw Valley S	12.74m	41-9¾	4/11
7		Cheyenne NESBITT	SR	#4 Saginaw Valley S{2}	12.11m	39-8¾	4/13
8		Jayla PROCTER	FR	#6 Davenport (Mich	12.00m	39-4½	4/13
9		Rebecca MARVIN	JR	#7 Ferris State	11.94m	39-2¼	4/13
10		Alizabeth LITTLE	SO	#3 Northern Michig	11.79m	38-8¼	3/30

Women's Discus

1	1	Erika BEISTLE	JR	#1 Grand Valley Sta	56.10m	184-1	4/11
2	2	Margaret STEVENSON	JR	#1 Grand Valley Sta{2}	53.76m	176-5	4/20
3		Michelle BARNVOS	JR	#5 UW-Parkside	39.97m	131-2	4/12
4		Jayla PROCTER	FR	#6 Davenport (Mich	38.77m	127-3	4/20
5		Ericka JACKSON	FR	#4 Saginaw Valley S	38.32m	125-9	4/6
6		Kaleigh FLOWERS	SR	#2 Wayne State (Mi	37.66m	123-7	4/20
7		Paige WESTRA	FR	#1 Grand Valley Sta{3}	37.37m	122-7	4/20
8		Harley BEAR	FR	#7 Ferris State	36.39m	119-5	4/13
9		Rebecca MARVIN	JR	#7 Ferris State	{2}34.67m	113-9	4/13
10		Emily MAYNARD	JR	#5 UW-Parkside	{2}34.16m	112-1	3/30



Conference TFRI Event Summary



GLIAC

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Women's Hammer

1	2	Shelby ULVEN	SO	#1 Grand Valley Sta	58.71m	192-8	4/6
2	4	Alaina OMONODE	JR	#1 Grand Valley Sta{2}	56.90m	186-8	4/6
3	57	Natalia PLUFF	FR	#1 Grand Valley Sta{3}	50.15m	164-7	3/16
4		Madison HERNANDEZ	SO	#6 Davenport (Mich	46.27m	151-10	4/13
5		Kaleigh FLOWERS	SR	#2 Wayne State (Mi	44.29m	145-4	4/6
6		Rebecca MARVIN	JR	#7 Ferris State	41.10m	134-10	4/13
7		Michelle BARNVOS	JR	#5 UW-Parkside	40.85m	134-0	4/20
8		Janelle DOCTER	SO	#9 Lake Superior St	39.94m	131-1	4/20
9		Hannah VLIES	SO	#5 UW-Parkside {2}	39.46m	129-6	4/12
10		Riley BARLAGE	SR	#3 Northern Michig	38.94m	127-9	3/30

Women's Javelin

1	5	Jenna FLEMING	SR	#9 Lake Superior St	47.59m	156-2	4/14
2	89	Ericka JACKSON	FR	#4 Saginaw Valley S	38.05m	124-10	3/23
3		Annabelle SCHAFER	SR	#6 Davenport (Mich	36.20m	118-9	4/6
4		Cheyenne NESBITT	SR	#4 Saginaw Valley S{2}	35.12m	115-3	4/13
5		Teiolla HARVEY	SO	#3 Northern Michig	32.69m	107-3	3/30
6		Peyton HANSEN	JR	#2 Wayne State (Mi	32.00m	105-0	4/6
7		Mckenna ARMSTRONG	JR	#5 UW-Parkside	31.33m	102-10	4/20
8		Mikayla WILLIAMS	SR	#2 Wayne State (Mi{2}	31.15m	102-3	4/6
9		Ava DONMYER	FR	#9 Lake Superior St{2}	29.15m	95-7¾	4/20
10		Allie MOFFIT	JR	#10 Michigan Tech	28.12m	92-3¼	4/13

Women's Heptathlon

1	2	Cheyenne NESBITT	SR	#4 Saginaw Valley S	5,816		4/13
2	32	Annabelle SCHAFER	SR	#6 Davenport (Mich	4,593		4/13
3	74	Alaura BUSCH	SR	#5 UW-Parkside	3,970		3/29
4	82	Julia OTT	FR	#6 Davenport (Mich{2}	3,864		4/13
5		Kelli BLISSETT	FR	#8 Purdue Northwe	2,572		4/13
6		Payton HEER	FR	#6 Davenport (Mich{3}	1,277		4/13



Conference TFRI Event Summary



GLVC

as of 4/23/2024 8:32:56 AM ET

Women's 100 Meters

1	14	Rose OGBULI	SR	#1 Lewis	11.55	(-0.7)	4/11
2	36	Ashley CHILDERS	SR	#9 Drury	11.76	(1.5)	4/20
2	36	Khristel MARTINDALE	SO	#1 Lewis	{2} 11.76	(-0.7)	4/11
4	41	Collinique FARRINGTON	JR	#3 Southwest Bapti	11.78	(0.0)	4/20
5	57	Stephanique DEAN	SO	#3 Southwest Bapti	{2} 11.85	(1.7)	4/20
6	58	Sarai BROWN	SO	#4 Maryville (Mo.)	11.86	(1.6)	3/30
7		Ailliyah REESE	SR	#2 Indianapolis	12.14w	(3.4)	4/13
8		Faith WYMAN	SR	#1 Lewis	{3} 12.18	(-0.7)	4/11
9		Lorena ALONSO	SO	#4 Maryville (Mo.)	{2} 12.21	(1.6)	3/30
10		Hallie MONTGOMERY	JR	#2 Indianapolis	{2} 12.23w	(2.7)	4/13

Women's 100 Meter Hurdles

1	17	Caroline MAYES	SO	#7 William Jewell	13.98w	(3.3)	4/6
2	51	Ailliyah REESE	SR	#2 Indianapolis	14.34w	(2.1)	4/13
3		Lindsey WORMUTH	SR	#2 Indianapolis	{2} 14.74w	(2.6)	4/13
4		Paige BRADLEY	SR	#3 Southwest Bapti	14.95w	(2.1)	4/20
5		Maya WRIGHT	SO	#5 Missouri S&T	15.00	(0.8)	4/12
6		Haylie HUTCHINSON	FR	#11 Upper Iowa	15.33w	(2.4)	4/6
7		Ellie LENERICH	JR	#2 Indianapolis	{3} 15.38	(0.5)	4/13
8		Lily SIMMONS	JR	#3 Southwest Bapti	{2} 15.53w	(2.1)	4/20
9		Grace GRAHAM	SO	#4 Maryville (Mo.)	15.87w	(2.2)	3/30
10		Emma NEARGARDNER	SO	#2 Indianapolis	{4} 16.03w	(2.3)	4/13

Women's 200 Meters

1	11	Collinique FARRINGTON	JR	#3 Southwest Bapti	23.53	(0.6)	3/30
2	22	Stephanique DEAN	SO	#3 Southwest Bapti	{2} 23.89	(0.6)	3/30
2	22	Rose OGBULI	SR	#1 Lewis	23.89	(0.2)	4/11
4	27	Ashley CHILDERS	SR	#9 Drury	24.03w	(3.4)	3/22
5	66	Khristel MARTINDALE	SO	#1 Lewis	{2} 24.42w	(3.4)	3/30
6	86	Rebecca CRAVEDI	JR	#1 Lewis	{3} 24.62	(0.8)	4/11
7	95	Sarai BROWN	SO	#4 Maryville (Mo.)	24.70w	(2.6)	3/30
8		Makayla MYERS	FR	#4 Maryville (Mo.)	{2} 24.80	(1.5)	3/23
9		Hallie MONTGOMERY	JR	#2 Indianapolis	24.94	(1.2)	4/13
10		Faith WYMAN	SR	#1 Lewis	{4} 25.02w	(2.1)	4/20

Women's 400 Meters

1	27	Collinique FARRINGTON	JR	#3 Southwest Bapti	55.19		4/20
2	52	Emily SONDERMAN	JR	#2 Indianapolis	56.07		4/13
3		Brianna LORD	FR	#3 Southwest Bapti	{2} 57.13		4/12
4		Eliana CULPEPPER	FR	#1 Lewis	58.22		4/13
5		Faith WYMAN	SR	#1 Lewis	{2} 58.51		3/23
6		Adonya TAYLOR	FR	#8 McKendree	58.52		4/13
7		Laura DIXON	FR	#3 Southwest Bapti	{3} 58.64		4/19
8		Rebecca CRAVEDI	JR	#1 Lewis	{3} 58.77		4/11
9		Divine OZOMMA	FR	#8 McKendree	{2} 58.83		4/6
10		Raina BAKER	SO	#6 Truman	58.97		4/20

Women's 400 Meter Hurdles

1	26	Ellie LENERICH	JR	#2 Indianapolis	1:01.92		4/13
2		Madison HICKS	SR	#3 Southwest Bapti	1:05.51		4/12
2		Maya WRIGHT	SO	#5 Missouri S&T	1:05.51		4/12
4		Hailey SMITH	FR	#5 Missouri S&T	{2} 1:06.33		3/23
5		Sara BELLOSO	FR	#8 McKendree	1:06.54		4/21
6		Carly THACKER	SR	#7 William Jewell	1:07.63		4/20
7		Haylie HUTCHINSON	FR	#11 Upper Iowa	1:08.60		4/6
8		Cloey SIMON	SO	#2 Indianapolis	{2} 1:08.73		4/13
9		Lydia TRUMP	FR	#8 McKendree	{2} 1:08.93		4/21
10		Audrey GILMORE	SR	#6 Truman	1:09.28		4/13

Women's 800 Meters

1	15	Lainy WILLIAMS	SR	#3 Southwest Bapti	2:09.27		3/30
2	84	Ellie LENERICH	JR	#2 Indianapolis	2:14.54		4/13
3		Alexis BARBER	SR	#3 Southwest Bapti	{2} 2:15.54		4/13
4		Anna KOZAK	SR	#1 Lewis	2:17.14		4/6
5		Maddie MILLER	SO	#10 Illinois-Springfie	2:17.58c	(2:19.16)	4/20
6		Raina BAKER	SO	#6 Truman	2:18.02		4/5
7		Darby ROTH	SR	#1 Lewis	{2} 2:18.26		4/6
8		Lytic FORD	FR	#4 Maryville (Mo.)	2:18.38		3/30
9		Lydia LEHMBECK	JR	#6 Truman	{2} 2:19.11		4/5
10		Mallorie METZGER	FR	#4 Maryville (Mo.)	{2} 2:19.49		4/21

Women's 1500 Meters

1	89	Alexis BARBER	SR	#3 Southwest Bapti	4:36.62		4/13
2	92	Anna KOZAK	SR	#1 Lewis	4:36.90		4/13
3	94	Lainy WILLIAMS	SR	#3 Southwest Bapti	{2} 4:37.38		4/13
4		Kate GUDERJAN	SO	#1 Lewis	{2} 4:38.84		4/13
5		Abbey KOZAK	SR	#1 Lewis	{3} 4:39.01		4/13
6		Rachael MORRISON	SR	#1 Lewis	{4} 4:39.53		3/29
7		Emma PUETZ	SR	#5 Missouri S&T	4:42.14		4/21
8		Zoe VAN DIJK	JR	#9 Drury	4:44.16		4/20
9		Mariah JUDY	SR	#2 Indianapolis	4:48.84		4/5
10		Lydia LEHMBECK	JR	#6 Truman	4:49.64		4/13

Women's Steeplechase

1	25	Juliana STOGSDILL	SR	#1 Lewis	10:52.63		4/13
2	48	Mary EDWARDS	FR	#1 Lewis	{2} 11:15.72		3/29
3	98	Grace GIESLER	SR	#5 Missouri S&T	11:42.23		4/5
4		Kati SCHOENEBOEG	JR	#6 Truman	11:44.06		4/21
5		Carly SHIPMAN	JR	#1 Lewis	{3} 11:50.04		4/6
6		Kate YATES	SO	#6 Truman	{2} 11:51.55		4/21
7		Taylor RENKES	SR	#1 Lewis	{4} 12:01.74		4/6
8		Victoria REGITZ	JR	#5 Missouri S&T	{2} 12:07.98		4/12
9		Lily HUNSUCKER	FR	#3 Southwest Bapti	12:17.25		4/12
10		McKenna LEDGERWOOD	SO	#6 Truman	{3} 12:33.83		4/21



Conference TFRI Event Summary



GLVC

as of 4/23/2024 8:32:56 AM ET

Women's 5000 Meters

1	20	Hannah SMRCKA	SR	#1 Lewis	16:30.80	3/29
2	46	Naylah ALLEN	JR	#1 Lewis	{2} 16:55.90	3/29
3	55	Juliana STOGSDILL	SR	#1 Lewis	{3} 17:03.55	3/29
4	60	Abbey KOZAK	SR	#1 Lewis	{4} 17:07.62	4/13
5	67	Hadley FISHER	SR	#2 Indianapolis	17:11.83	4/5
6	73	Kate GUDERJAN	SO	#1 Lewis	{5} 17:15.33	4/13
7	76	Zoe VAN DIJK	JR	#9 Drury	17:16.86	4/13
8		Josephine BOBER	JR	#1 Lewis	{6} 17:25.31	3/29
9		Emma PUETZ	SR	#5 Missouri S&T	17:27.85	4/21
10		Anna KOZAK	SR	#1 Lewis	{7} 17:31.16	4/13

Women's 10,000 Meters

1	10	Hannah SMRCKA	SR	#1 Lewis	34:35.25	4/13
2	31	Hadley FISHER	SR	#2 Indianapolis	35:52.58	4/13
3	38	Maddie MILLER	SO	#10 Illinois-Springfie	36:14.54	4/13
4	39	Caroline PACER-RYAN	JR	#1 Lewis	{2} 36:14.90	4/13
5	43	Madilyn CALLOWAY	SO	#1 Lewis	{3} 36:20.55	3/29
6	90	Chloe WANNAMAKER	JR	#1 Lewis	{4} 37:38.21	4/6
7		Naylah ALLEN	JR	#1 Lewis	{5} 38:19.02	4/13
8		Cora STIMPSON	JR	#6 Truman	38:38.80	3/29
9		Jordan SERRAHN	JR	#10 Illinois-Springfie	{2} 38:56.92	4/5
10		Jade AUBREY	SR	#10 Illinois-Springfie	{3} 39:23.31	4/5

Women's 4x100 Relay

1	8	Laura Dixon, Stephanique Dean, Brianna Lord, Collinique Farrington	#3 Southwest Bapti	45.50	4/19
2	17	Khristel Martindale, Rose Ogbuli, Denise Hernandez, Faith Wyman	#1 Lewis	45.92	4/13
3	60	Makayla Myers, Lorena Alonso, Chloe Davis, Sarai Brown	#4 Maryville (Mo.)	47.35	3/23
4		Amber Cotton, Iyanna Dear, Tori King, Divine Ozomma	#8 McKendree	49.61	3/30
5		Hailey Smith, Maya Wright, Laurn Fenoglio, Elizabeth Saitz	#5 Missouri S&T	49.86	4/5
6		Jillian Dodds, Jordan Sekafetz, Haylie Hutchinson, Kysta Ramirez	#11 Upper Iowa	51.01	4/6
7		Maddy Hall, Raina Baker, Kendall Dascher, Addison Walker	#6 Truman	51.31	4/5
8		#Type!	#7 William Jewell	54.82	4/20

Women's 4x400 Relay

1	5	Stephanique Dean, Collinique Farrington, Brianna Lord, Madison Hicks	#3 Southwest Bapti	3:40.61	4/19
2	76	Divine Ozomma, Iyanna Dear, Adonya Taylor, Sara Belloso	#8 McKendree	3:58.78	3/30
3	95	Cloey Simon, Ellie Lengerich, Trinity Gleitz, Emily Sonderman	#2 Indianapolis	4:01.25	4/5
4		Makayla Myers, Sarai Brown, Lorena Alonso, Courtney Talley	#4 Maryville (Mo.)	4:04.17	4/21
5		Audrey Gilmore, Kendall Dascher, Lydia Lehmbeck, Raina Baker	#6 Truman	4:06.48	4/5
6		Maya Wright, Grace Johnson, Hailey Smith, Elizabeth Saitz	#5 Missouri S&T	4:09.79	4/5
7		Marissa Roggensack, Kali Gaden, Camille Terre, Lillian Buzani	#10 Illinois-Springfie	4:16.60c (4:20.00)	4/20
8		Jillian Dodds, Mackenzie Rader, Kysta Ramirez, Haylie Hutchinson	#11 Upper Iowa	4:18.21	4/6
9		Dominica Rooks, Kennedy Moore, Melissa White, Makayla Brown	#12 UMSL	4:19.61	4/21
10		#Type!	#7 William Jewell	4:24.56	4/20

Women's High Jump

1	18	Karmen KUROWICKA	FR	#1 Lewis	1.71m	5-7¼	4/20
2	46	Olivia HENKEL	SR	#5 Missouri S&T	1.66m	5-5¼	4/21
3	50	Ellie Lengerich	JR	#2 Indianapolis	1.65m	5-5	3/28
3	50	Lily SIMMONS	JR	#3 Southwest Bapti	1.65m	5-5	3/23
5		Brynlee KEERAN	SO	#1 Lewis	{2} 1.55m	5-1	3/23
5		Aziah HUBBARD	SO	#4 Maryville (Mo.)	1.55m	5-1	3/23
7		Lillian BOGARD	SO	#7 William Jewell	1.54m	5-½	4/6
8		Grace GRAHAM	SO	#4 Maryville (Mo.)	{2} 1.53m	5-¼	4/21
9		Kennedy MOORE	SR	#12 UMSL	1.50m	4-11	4/6
9		Aliza VAN DEN ELZEN	SR	#1 Lewis	{3} 1.50m	4-11	3/29
9		Morgan AHLE	SO	#4 Maryville (Mo.)	{3} 1.50m	4-11	3/23
9		Esme AUBUCHON	FR	#6 Truman	1.50m	4-11	3/28
9		Makayla BROWN	FR	#12 UMSL	1.50m	4-11	4/6



Conference TFRI Event Summary



GLVC

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Women's Pole Vault

1	11	Sabrina ROBISON	SR	#2 Indianapolis	4.00m	13-1½	4/13
2	41	Brynlee KEERAN	SO	#1 Lewis	3.74m	12-3¼	4/20
3	50	Mackenzie VANBIBBER	SO	#2 Indianapolis	{2} 3.65m	11-11¾	3/28
4		Katelyn TURNER	FR	#4 Maryville (Mo.)	3.25m	10-8	4/5
4		Elizabeth ROTHWEILER	SO	#5 Missouri S&T	3.25m	10-8	3/23
6		Jenna MUELLER	FR	#5 Missouri S&T	{2} 2.95m	9-8	4/21
7		Katie MCENERY	SR	#11 Upper Iowa	2.45m	8-½	4/20
7		Cassidy BOORD	SR	#6 Truman	2.45m	8-½	4/5

Women's Long Jump

1	39	Madison HICKS	SR	#3 Southwest Bapti	5.83m	19-1½ (-0.6)	4/19
2	55	Denise HERNANDEZ	SO	#1 Lewis	5.74m	18-10 (2.0)	4/11
3		Ellie LINGERICH	JR	#2 Indianapolis	5.38m	17-8 (-0.2)	4/13
4		Hailey SMITH	FR	#5 Missouri S&T	5.37m	17-7½ (1.7)	4/21
5		Paige BRADLEY	SR	#3 Southwest Bapti	{2} 5.35mw	17-6¾ (3.2)	4/20
6		Bailey WILLIAMS	FR	#8 McKendree	5.28mw	17-4 (2.8)	4/21
7		Maya WRIGHT	SO	#5 Missouri S&T	{2} 5.15m	16-10¾ (1.1)	3/29
7		Lauryn FENOGLIO	FR	#5 Missouri S&T	{2} 5.15m	16-10¾ (0.4)	4/5
9		Rebekah MAPPES	SR	#2 Indianapolis	{2} 5.14mw	16-10½ (2.3)	4/13
10		Vada MOORE	FR	#6 Truman	5.09m	16-8½ (0.0)	4/13
10		Faith CHEPKONDOL	FR	#9 Drury	5.09mw	16-8½ (2.1)	3/22

Women's Triple Jump

1	44	Kennedy MOORE	SR	#12 UMSL	11.82m	38-9½ (0.3)	3/30
2	73	Hailey SMITH	FR	#5 Missouri S&T	11.54mw	37-10½ (3.0)	4/21
3	86	Makayla BROWN	FR	#12 UMSL	{2} 11.38m	37-4 (0.5)	3/30
4		Brynlee KEERAN	SO	#1 Lewis	11.17mw	36-7¾ (2.4)	4/20
5		Adonya TAYLOR	FR	#8 McKendree	11.10mw	36-5 (2.3)	4/13
6		Denise HERNANDEZ	SO	#1 Lewis	{2} 11.06mw	36-3¾ (4.0)	4/20
7		Addison WALKER	JR	#6 Truman	10.85m	35-7¼ (0.7)	4/5
8		Madelyn RETTLER	SR	#11 Upper Iowa	10.71mw	35-1¾ (2.6)	4/13
9		Camryn THOMAS	FR	#7 William Jewell	10.51m	34-5¾ (1.8)	3/28
10		MacKenzie BROWN	SR	#4 Maryville (Mo.)	10.50m	34-5½ (1.6)	4/21

Women's Shot Put

1	13	Cydney BANKS	JR	#7 William Jewell	14.96m	49-1	4/20
2	53	Nia LYLES	SR	#4 Maryville (Mo.)	13.38m	43-10¾	3/23
3	63	Julia HAHN	SO	#4 Maryville (Mo.)	{2} 13.21m	43-4¼	3/23
4		Zoe PENTECOST	SR	#2 Indianapolis	12.62m	41-5	4/13
5		Sydney STEPHENS	SR	#5 Missouri S&T	12.52m	41-1	3/30
6		Emily BONSER	JR	#2 Indianapolis	{2} 12.36m	40-6¾	4/5
7		Liz VERMILLION	SO	#4 Maryville (Mo.)	{3} 12.30m	40-4¼	4/5
8		Paige LAMBRIGHT	SR	#5 Missouri S&T	{2} 12.21m	40-¾	3/30
9		Faith HENSEL	SO	#2 Indianapolis	{3} 12.16m	39-10¾	4/13
10		Ashley BROWN	SO	#7 William Jewell	{2} 12.05m	39-6½	3/28

Women's Discus

1	29	Raquel VALDEZ	JR	#3 Southwest Bapti	45.69m	149-11	3/30
2	39	Zoe PENTECOST	SR	#2 Indianapolis	44.63m	146-5	3/28
3	60	Cydney BANKS	JR	#7 William Jewell	43.39m	142-4	4/20
4	71	Aubrey BRINKMAN	SO	#1 Lewis	42.79m	140-5	4/20
5	79	Sydney STEPHENS	SR	#5 Missouri S&T	42.38m	139-1	4/12
6	86	Emily BONSER	JR	#2 Indianapolis	{2} 41.90m	137-6	4/13
7	100	Audra HOGAN	JR	#2 Indianapolis	{3} 41.36m	135-9	3/28
8		MaKenna MASCHINO	JR	#2 Indianapolis	{4} 40.44m	132-8	3/28
9		Liz VERMILLION	SO	#4 Maryville (Mo.)	40.41m	132-7	4/21
10		Macie SWINEHART	FR	#2 Indianapolis	{5} 39.94m	131-1	4/5

Women's Hammer

1	1	Zoe PENTECOST	SR	#2 Indianapolis	61.94m	203-3	3/28
2	50	Emily BONSER	JR	#2 Indianapolis	{2} 50.59m	166-0	3/28
3	53	Cydney BANKS	JR	#7 William Jewell	50.34m	165-2	4/12
4	68	Bobbie POLLARD	SR	#7 William Jewell	{2} 49.49m	162-5	4/12
5	94	Audra HOGAN	JR	#2 Indianapolis	{3} 48.07m	157-9	4/13
6		MaKenna MASCHINO	JR	#2 Indianapolis	{4} 46.68m	153-2	4/5
7		Sydney STEPHENS	SR	#5 Missouri S&T	46.21m	151-7	4/12
8		Claire TABIT	SR	#2 Indianapolis	{5} 45.29m	148-7	4/13
9		Aubrey BRINKMAN	SO	#1 Lewis	44.94m	147-5	4/20
10		Destiny ZIMDARS	SO	#6 Truman	44.90m	147-4	4/13

Women's Javelin

1	11	Jolie MCCLELLAN	SR	#9 Drury	45.86m	150-6	3/30
2	18	Aliza VAN DEN ELZEN	SR	#1 Lewis	44.32m	145-5	4/6
3	27	Savannah MANTHEY	FR	#3 Southwest Bapti	43.50m	142-9	3/23
4	40	Haylee WOODALL	SO	#5 Missouri S&T	41.76m	137-0	3/23
5	55	Emma FRISBEE	JR	#7 William Jewell	40.23m	132-0	3/28
6	71	Sydney STEPHENS	SR	#5 Missouri S&T	{2} 39.02m	128-0	3/30
7	87	Tayte KOZLOWSKI	SR	#9 Drury	{2} 38.11m	125-1	4/20
8	94	Sabrina LANE	SR	#9 Drury	{3} 37.60m	123-5	4/12
9		Hope WOODALL	FR	#3 Southwest Bapti	{2} 35.55m	116-8	4/6
10		Liz VERMILLION	SO	#4 Maryville (Mo.)	35.20m	115-6	4/21

Women's Heptathlon

1	23	Ellie LINGERICH	JR	#2 Indianapolis	4,861	4/13
2	51	Lily SIMMONS	JR	#3 Southwest Bapti	4,280	4/6
3	56	Maya WRIGHT	SO	#5 Missouri S&T	4,177	3/29
4	61	Paige BRADLEY	SR	#3 Southwest Bapti	{2} 4,141	4/6
5	94	Lauryn FENOGLIO	FR	#5 Missouri S&T	{2} 3,740	3/29
6		Brynlee KEERAN	SO	#1 Lewis	3,531	3/29
7		Aliza VAN DEN ELZEN	SR	#1 Lewis	{2} 3,365	3/29
8		Aine RONAN	FR	#1 Lewis	{3} 2,318	3/29



Conference TFRI Event Summary



G-MAC

as of 4/23/2024 8:32:56 AM ET

Women's 100 Meters

1	21	Jordan TAYLOR	SR	#2 Findlay	11.65w	(2.7)	4/13
2	34	Brooke ARMBRUST	JR	#12 Ohio Dominican	11.74w	(2.7)	4/13
3	41	Alena WILLIAMS	SR	#1 Ashland	11.78w	(2.7)	4/13
3	41	Kiersten FRANKLIN	SO	#5 Cedarville	11.78w	(2.1)	3/30
5	56	Alexandra BRIZZI	SR	#5 Cedarville	{2} 11.84w	(3.4)	3/23
6	63	Leah SMITH	FR	#2 Findlay	{2} 11.91w	(2.7)	4/13
7	69	Alexis STEWARD	FR	#1 Ashland	{2} 11.93w	(2.7)	4/13
8		Hailey RIOS	FR	#1 Ashland	{3} 12.05w	(2.4)	4/6
9		Greta BARKER	JR	#1 Ashland	{4} 12.07	(1.8)	4/13
10		Odessa SMITH	FR	#1 Ashland	{5} 12.14w	(2.6)	3/30

Women's 100 Meter Hurdles

1	20	Odessa SMITH	FR	#1 Ashland	14.00w	(2.3)	4/13
2	34	Shura ERMAKOV	SR	#3 Hillsdale	14.19	(0.2)	4/13
3	48	Louisa KLASERNER	SR	#3 Hillsdale	{2} 14.33	(0.8)	4/13
4	51	Cassidy VOGT	SR	#4 Tiffin	14.34w	(4.0)	4/13
5	73	Kylie RAY	SR	#2 Findlay	14.47w	(2.3)	4/13
6	84	Kara FIELDS	FR	#1 Ashland	{2} 14.54w	(4.0)	4/13
7	98	Avonlea JEFFERSON	FR	#1 Ashland	{3} 14.65	(1.7)	4/13
8		Amelia MIZELLE	SO	#2 Findlay	{2} 14.91w	(2.3)	4/13
9		Jayden PROFITT	SO	#11 Thomas More (K)	15.30	(1.9)	4/19
10		Keiyera JOHNSON	FR	#8 Northwood (Micl	15.44	(1.7)	4/13

Women's 200 Meters

1	15	Jordan TAYLOR	SR	#2 Findlay	23.61w	(3.0)	4/6
2	51	Kiersten FRANKLIN	SO	#5 Cedarville	24.33	(-1.3)	3/30
3	55	Alexandra BRIZZI	SR	#5 Cedarville	{2} 24.36w	(2.9)	3/23
4	60	Hailey RIOS	FR	#1 Ashland	24.38	(1.1)	4/13
5	72	Leah SMITH	FR	#2 Findlay	{2} 24.48	(0.8)	4/20
6	100	Brooke ARMBRUST	JR	#12 Ohio Dominican	24.72	(-1.3)	3/30
7		Alexis STEWARD	FR	#1 Ashland	{2} 24.80	(1.0)	4/13
8		Alena WILLIAMS	SR	#1 Ashland	{3} 24.85w	(3.5)	4/20
9		Greta BARKER	JR	#1 Ashland	{4} 24.89w	(2.3)	4/20
10		Taylor IVORY	JR	#2 Findlay	{3} 24.93	(-0.3)	3/30

Women's 400 Meters

1	29	Elizabeth ADAMS	SR	#1 Ashland	55.31		4/20
2	47	Mia GARDNER	JR	#1 Ashland	{2} 55.89		4/6
3	65	Alaysia BROOKS	SR	#7 Ursuline	56.39		4/13
4	87	Liana RODRIGUEZ	JR	#4 Tiffin	56.70		4/13
5	88	Kiersten FRANKLIN	SO	#5 Cedarville	56.74		4/5
6		Taylor IVORY	JR	#2 Findlay	56.95		4/20
7		Mary ELLIS	FR	#2 Findlay	{2} 57.00		4/13
8		Jade AVANCE	SO	#1 Ashland	{3} 57.35		4/13
9		Caliyah WALLACE	SO	#4 Tiffin	{2} 58.03		4/20
10		Reese DRAGOVICH	JR	#3 Hillsdale	58.06		4/5

Women's 400 Meter Hurdles

1	1	Shura ERMAKOV	SR	#3 Hillsdale	59.01		4/11
2	5	Kylie RAY	SR	#2 Findlay	59.53		4/20
3	44	Odessa SMITH	FR	#1 Ashland	1:02.86		4/20
4	60	Louisa KLASERNER	SR	#3 Hillsdale	{2} 1:03.44		4/20
5	72	Abby BELOW	JR	#1 Ashland	{2} 1:04.00		3/30
6		Samantha HOELSCHER	SO	#4 Tiffin	1:05.11		4/13
7		Gabby JONES	SO	#8 Northwood (Micl	1:05.94		4/13
8		Breanna BANKS	JR	#7 Ursuline	1:06.11		4/20
9		Jenna GAUL	SO	#8 Northwood (Micl	{2} 1:06.23		3/30
10		Peyton HEITMEYER	SO	#2 Findlay	{2} 1:06.27		4/20

Women's 800 Meters

1	5	Alaysia BROOKS	SR	#7 Ursuline	2:07.94		4/20
2	18	Ines MACADAM	SR	#4 Tiffin	2:09.52		3/30
3	27	Reese DRAGOVICH	JR	#3 Hillsdale	2:10.16		4/13
4	94	A'Zaria THOMAS	SR	#7 Ursuline	{2} 2:15.01		4/13
5	97	McKenna WOODRUFF	SR	#1 Ashland	2:15.06		3/23
6		Kylie RAY	SR	#2 Findlay	2:15.48		3/30
7		Hope SIEVERT	SR	#1 Ashland	{2} 2:15.84		3/30
8		Megan ROBERTS	FR	#3 Hillsdale	{2} 2:17.12		4/20
9		Hailey WILSON	JR	#2 Findlay	{2} 2:17.33		4/5
10		Zoe BURKE	FR	#3 Hillsdale	{3} 2:17.53		4/13

Women's 1500 Meters

1	32	Ines MACADAM	SR	#4 Tiffin	4:28.29		4/20
2	60	Claire RETHMAN	SO	#6 Walsh	4:32.75		4/20
3	83	Emily WALSH	JR	#5 Cedarville	4:36.13		4/20
4		Raena WILLETT	SR	#9 Lake Erie	4:37.77		4/13
5		Hailey WILSON	JR	#2 Findlay	4:38.26		4/11
6		A'Zaria THOMAS	SR	#7 Ursuline	4:39.09		4/20
7		McKenna WOODRUFF	SR	#1 Ashland	4:42.16		4/20
8		Lily DOWDELL	JR	#1 Ashland	{2} 4:43.10		4/6
9		Savannah ACKLEY	JR	#5 Cedarville	{2} 4:43.35		4/5
10		Greta MACADAM	JR	#4 Tiffin	{2} 4:44.76		4/13

Women's Steeplechase

1	53	Abigail ATKINS	SO	#5 Cedarville	11:19.90		4/14
2	55	Aubrey HARRINGTON	SO	#5 Cedarville	{2} 11:20.40		4/13
3	75	Sydney SWAN	SO	#2 Findlay	11:30.18		4/13
4	76	Audrey SANZONE	SO	#4 Tiffin	11:31.69		4/13
5		Julia LAUDATO	JR	#9 Lake Erie	11:56.26		4/13
6		Anna ROBERTS	SO	#3 Hillsdale	11:59.33		4/20
7		Eleanor CLARK	FR	#3 Hillsdale	{2} 12:02.69		4/20
8		Sarah REINHART	SO	#2 Findlay	{2} 12:06.25		4/13
9		Aeryn WALTERS	SR	#6 Walsh	12:25.52		4/13
10		Jessica SANDERS	SO	#11 Thomas More (K	12:33.68		3/23



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Women's 5000 Meters

1	77	Charlotte CAMPBELL	SR	#4 Tiffin	17:17.09	4/13
2	97	Savannah ACKLEY	JR	#5 Cedarville	17:24.74	3/23
3	100	Abby DROSDAK	FR	#5 Cedarville	{2} 17:24.98	4/20
4		Corinne LYNCH	SO	#5 Cedarville	{3} 17:25.54	3/23
5		Lily DOWDELL	JR	#1 Ashland	17:31.69	4/13
6		Elizabeth WAMSLEY	JR	#3 Hillsdale	17:31.70	4/13
7		Camryn BARKER	SO	#6 Walsh	17:35.96	4/14
8		Alyssa STONER	FR	#6 Walsh	{2} 17:36.81	4/14
9		Aubrey HARRINGTON	SO	#5 Cedarville	{4} 17:37.21	4/20
10		Sydney YODER	SO	#5 Cedarville	{5} 17:39.66	4/5

Women's 10,000 Meters

1	6	Elizabeth WAMSLEY	JR	#3 Hillsdale	34:14.94	4/13
2	23	Savannah ACKLEY	JR	#5 Cedarville	35:19.48	4/14
3	35	Naomi HERMAN	SR	#5 Cedarville	{2} 35:58.16	4/14
4	50	Corinne LYNCH	SO	#5 Cedarville	{3} 36:33.60	4/14
5	97	Samantha ROBERTS	SR	#10 Trevecca Nazare	37:47.56	4/13
6		Abby DROSDAK	FR	#5 Cedarville	{4} 38:37.21	3/30
7		Savannah FAUGHT	SO	#11 Thomas More (K)	39:16.55	3/30
8		Lauren BERO	FR	#1 Ashland	39:32.00	4/13
9		Molly COLEMAN	FR	#1 Ashland	{2} 41:04.00	4/13
10		Trinitie WOOLACE	JR	#13 Malone	41:16.40	4/13

Women's 4x100 Relay

1	10	Leah Smith, Taylor Ivory, Kylie RAY, Jordan Taylor	#2 Findlay	45.51	4/6
2	20	Odessa Smith, Alena Williams, Greta Barker, Hailey Rios	#1 Ashland	46.18	4/13
3	26	Kiersten Franklin, Alexandra Brizzi, Mallory Gasper, Nora Hagan	#5 Cedarville	46.43	4/13
4	76	Chelsea Janis, Liana Rodriguez, Lily Hollibaugh, Caliyah Wallace	#4 Tiffin	47.76	4/13
5		Francesca Federici, Eleanor Minning, Anna Lamoreaux, Tara Townsend	#3 Hillsdale	48.52	4/20
6		Savahnna Gyasi-Nimako, Karrington Green, Malicca Brown, Dayahana Douglas	#7 Ursuline	49.54	4/13
7		Jayden Profitt, Makayla Abbott, Madison Johns, Nijah Robinson	#11 Thomas More (K)	50.17	3/30
8		Molly Kitson, Jenna Gaul, Vivian Williams, Keiyera Johnson	#8 Northwood (Mic)	50.84	4/6
9		Deja Curry-Brown, Amber Morris, Gabriella Gudger, Macey Hicks	#13 Malone	51.60	4/13



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Women's 4x400 Relay

1	11	Taylor Ivory, Mary Ellis, Jordan Taylor, Kylie RAY	#2 Findlay	3:42.78	4/6
2	18	Elizabeth Adams, Hailey Rios, Jade Avance, Mia Gardner	#1 Ashland	3:45.09	4/20
3	21	Shura Ermakov, Francesca Federici, Reese Dragovich, Josee Behling	#3 Hillsdale	3:46.15	4/13
4	40	Caliyah Wallace, Ines Macadam, Chelsea Janis, Liana Rodriguez	#4 Tiffin	3:51.87	4/6
5	74	Breanna Banks, Alaysia Brooks, Jocelyn Dornbier, A'Zaria Thomas	#7 Ursuline	3:58.61	4/20
6	92	Kiersten Franklin, Jessica Ferguson, Mallory Gasper, Martha Bergley	#5 Cedarville	4:00.77	4/5
7		Keiyera Johnson, Molly Kitson, Jenna Gaul, Kaylee Locke	#8 Northwood (Micl	4:08.01	4/13
8		Grace Thamann, Rylee Hood, Marlee Ross, Nijah Robinson	#11 Thomas More (K	4:16.57	3/30
9		Kassydee Owens, G'nae Morrison, Shyla Pemberton, Grace Pitt	#12 Ohio Dominican	4:19.98	3/22
10		Ryanne Abernathy, Lanie Bower, Talia Mauro, Raena Willett	#9 Lake Erie	4:26.92	4/6

Women's High Jump

1	21	Emma LIBERATORE	SR	#1 Ashland	1.70m	5-7	4/13
2	50	Reagan DAHLQUIST	JR	#3 Hillsdale	1.65m	5-5	4/5
2	50	Abby WHEELER	SO	#1 Ashland	{2} 1.65m	5-5	3/23
4	75	Kara FIELDS	FR	#1 Ashland	{3} 1.63m	5-4¼	4/13
5	98	Hailey MALOON	JR	#1 Ashland	{4} 1.61m	5-3¼	4/13
5	98	Ashley SIGMON	SO	#2 Findlay	1.61m	5-3¼	4/13
7		Toni DENMARK	SR	#6 Walsh	1.60m	5-3	3/23
7		Morgan FOOS	SO	#4 Tiffin	1.60m	5-3	3/30
7		Kassandra STINE	JR	#2 Findlay	{2} 1.60m	5-3	4/5
10		Cassidy VOGT	SR	#4 Tiffin	{2} 1.57m	5-1¾	4/13

Women's Pole Vault

1	12	Lindsey KLUESENER	SR	#2 Findlay	3.98m	13-¾	4/20
2	14	Sarah MASUOKA	JR	#1 Ashland	3.95m	12-11½	4/13
3	19	Victoria HARVEY	FR	#2 Findlay	{2} 3.91m	12-10	4/11
4	23	Tru BUDDENBERG	FR	#2 Findlay	{3} 3.85m	12-7½	4/5
4	23	Katie CLIFFORD	JR	#3 Hillsdale	3.85m	12-7½	4/5
6	26	Tara TOWNSEND	SO	#3 Hillsdale	{2} 3.84m	12-7¼	3/23
7	29	Haleigh ECKERT	SR	#5 Cedarville	3.80m	12-5½	4/13
7	29	Samantha SMITH	JR	#4 Tiffin	3.80m	12-5½	4/13
7	29	Allie DUNLAP	FR	#1 Ashland	{2} 3.80m	12-5½	4/13
10	37	Maci AMES	FR	#2 Findlay	{4} 3.76m	12-4	4/11

Women's Long Jump

1	42	Claire MARTIN	JR	#6 Walsh	5.81m	19-¾ (2.0)	4/6
2	72	Madison MYERS	SR	#2 Findlay	5.67m	18-7¼ (2.0)	3/30
3	93	Emily GERDIN	SR	#3 Hillsdale	5.60m	18-4½ (1.9)	4/20
4		Brittania INGRAM	JR	#4 Tiffin	5.51m	18-1 (1.1)	4/13
5		Savahnna GYASI-NIMAKO	FR	#7 Ursuline	5.49m	18-¼ (0.0)	4/6
6		Ashley SIGMON	SO	#2 Findlay	{2} 5.47m	17-11½ (1.4)	4/13
7		Shura ERMAKOV	SR	#3 Hillsdale	{2} 5.36m	17-7 (0.0)	4/5
7		Hailey RIOS	FR	#1 Ashland	5.36m	17-7 (0.8)	3/30
9		Emily CURTICE	SR	#4 Tiffin	{2} 5.32mw	17-5½ (2.1)	4/7
10		Cassidy VOGT	SR	#4 Tiffin	{3} 5.31mw	17-5¼ (3.6)	4/7
10		Sidney SHEPPERT	FR	#1 Ashland	{2} 5.31m	17-5¼ (0.8)	3/30

Women's Triple Jump

1	36	Emily GERDIN	SR	#3 Hillsdale	11.95m	39-2½ (0.7)	4/13
2	59	Savahnna GYASI-NIMAKO	FR	#7 Ursuline	11.64m	38-2¼ (0.0)	4/6
3	83	Madison MYERS	SR	#2 Findlay	11.42mw	37-5¾ (3.0)	4/13
4	91	Claire MARTIN	JR	#6 Walsh	11.35m	37-3 (1.5)	4/6
5		Brittania INGRAM	JR	#4 Tiffin	11.19m	36-8½ (-1.5)	4/6
6		Katelyn HEATH	SO	#2 Findlay	{2} 11.16m	36-7½ (1.9)	3/30
7		Sidney SHEPPERT	FR	#1 Ashland	11.09m	36-4¾ (-3.3)	3/23
8		Morgan ALLMAN	JR	#2 Findlay	{3} 10.93mw	35-10½ (3.2)	3/30
9		Grace CHEN	JR	#3 Hillsdale	{2} 10.65m	34-11¼ (0.0)	4/5
10		Deona DAVIS	SR	#4 Tiffin	{2} 10.48mw	34-4¾ (2.6)	4/7

Women's Shot Put

1	9	Trista FINTEL	JR	#2 Findlay	15.23m	49-11¾	4/11
2	19	Kelsey KINSLEY	JR	#1 Ashland	14.44m	47-4½	3/23
3	33	Kelsey HANSEN	FR	#8 Northwood (Micl	13.95m	45-9¼	4/6
4	40	Molly WINNER	FR	#1 Ashland	{2} 13.67m	44-10¼	4/13
5	54	Catherine DIAL	JR	#1 Ashland	{3} 13.37m	43-10½	4/6
6	57	Coulter BROOKE	JR	#2 Findlay	{2} 13.29m	43-7¼	4/20
7	72	Amelia LUTZ	FR	#3 Hillsdale	13.07m	42-10¾	3/16
8	89	Emily STINSON	FR	#8 Northwood (Micl	{2} 12.86m	42-2¼	4/20
9	91	Harley WEST	JR	#4 Tiffin	12.84m	42-1½	4/13
10		Kelsey KENNON	JR	#2 Findlay	{3} 12.69m	41-7¾	3/30



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Women's Discus

1	12	Trista FINTEL	JR	#2	Findlay	47.66m	156-5	4/13
2	37	Paige EMNETT	SR	#2	Findlay	{2} 44.75m	146-10	4/13
3	45	Claudia CHIRILA	SO	#4	Tiffin	44.29m	145-4	3/30
4	59	Leslie POLLOCK	FR	#1	Ashland	43.40m	142-5	4/20
5	82	Kelsey HANSEN	FR	#8	Northwood (Micl	42.25m	138-8	3/30
6	84	Amelia LUTZ	FR	#3	Hillsdale	42.12m	138-2	3/16
7		Kaylyn BARNETTE	JR	#1	Ashland	{2} 41.22m	135-3	3/30
8		Tatum MILLER	FR	#6	Walsh	40.83m	134-0	3/23
9		Ava KIEFER	SO	#2	Findlay	{3} 40.66m	133-5	4/5
10		Mackenzie MORRISON	JR	#3	Hillsdale	{2} 40.65m	133-5	3/16

Women's Hammer

1	3	Katie WELDY	SR	#3	Hillsdale	57.31m	188-0	3/23
2	8	Paige EMNETT	SR	#2	Findlay	56.39m	185-0	4/20
3	20	Trista FINTEL	JR	#2	Findlay	{2} 53.52m	175-7	4/13
4	25	Juliet BERNARD	SR	#3	Hillsdale	{2} 52.96m	173-9	4/20
5	27	Leslie POLLOCK	FR	#1	Ashland	52.93m	173-8	4/13
6	31	Brittany DEVAL	JR	#4	Tiffin	52.55m	172-5	4/13
7	32	Emily SEMICK	JR	#9	Lake Erie	52.23m	171-4	4/13
8	34	Kaylyn BARNETTE	JR	#1	Ashland	{2} 51.92m	170-4	4/20
9	35	Katie SAYLES	SR	#3	Hillsdale	{3} 51.91m	170-4	3/23
10	40	Richella SPIELVOGEL	SR	#9	Lake Erie	{2} 51.81m	170-0	3/30

Women's Javelin

1	10	Eden LITTLE	SR	#3	Hillsdale	46.28m	151-10	4/11
2	61	Emily CURTICE	SR	#4	Tiffin	40.08m	131-6	4/19
3		Kassandra STINE	JR	#2	Findlay	37.11m	121-9	3/30
4		Claudia CHIRILA	SO	#4	Tiffin	{2} 36.72m	120-6	4/20
5		Onalee KEYSOR	SO	#4	Tiffin	{3} 36.13m	118-7	4/13
6		Campbell JOHNSON	SO	#10	Trevecca Nazare	35.92m	117-10	3/23
7		Molly SIMS	JR	#10	Trevecca Nazare	{2} 35.42m	116-3	3/16
8		Amelia LUTZ	FR	#3	Hillsdale	{2} 34.58m	113-6	3/16
9		Raegen HOWDYSELL	SO	#5	Cedarville	32.70m	107-4	4/19
10		Emma LIBERATORE	SR	#1	Ashland	32.00m	105-0	3/23

Women's Heptathlon

1	41	Neva POLO	JR	#3	Hillsdale	4,397	4/13
2	50	Kara FIELDS	FR	#1	Ashland	4,294	4/13
3	64	Cassidy VOGT	SR	#4	Tiffin	4,109	4/13
4	90	Toni DENMARK	SR	#6	Walsh	3,788	4/12
5		Caroline SCHAECKENBACH	SR	#5	Cedarville	3,568	3/23
6		Campbell JOHNSON	SO	#10	Trevecca Nazare	3,147	3/23
7		Nina WILLOUGHBY	FR	#10	Trevecca Nazare	{2} 2,342	3/23



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Women's 100 Meters

1	9	E'lexis HOLLIS	SR	#2 Central Washing	11.45w	(2.5)	3/30
2	12	Marie-Eloise LECLAIR	JR	#4 Simon Fraser	11.50w	(2.6)	4/18
3	63	Caitlyn CHENEY	JR	#1 Western Washing	11.91w	(2.9)	4/11
4		Zoe GONZALES	FR	#2 Central Washing{2}	12.18	(0.3)	4/13
5		Annabelle HEIMAN	FR	#1 Western Washing{2}	12.19	(1.9)	4/11
6		Jaeland CUMMINGS	SO	#4 Simon Fraser {2}	12.22	(1.4)	4/13
7		Emma CANNAN	SO	#4 Simon Fraser {3}	12.24	(1.4)	4/6
8		Juliette WILLIAMS	SR	#2 Central Washing{3}	12.30	(2.0)	3/30
9		Maliyah THOMPSON	SR	#3 Western Oregon	12.32	(1.4)	4/20
10		Kerlinda CHATWIN	FR	#4 Simon Fraser {4}	12.36	(-0.1)	3/16

Women's 100 Meter Hurdles

1	16	Laurny CHANDLER	SR	#2 Central Washing	13.95	(0.8)	3/30
2	23	Ellie DEGROOT	SO	#2 Central Washing{2}	14.08	(0.0)	4/20
3	42	Liv HEITE	FR	#6 Alaska Anchorag	14.27	(1.2)	3/23
4	45	Hannah CHANG	SO	#7 Seattle Pacific	14.30	(0.0)	4/20
5	80	Blanca DE ARVIZU SARRIAS	JR	#6 Alaska Anchorag{2}	14.51w	(2.2)	4/11
6	85	Maliyah THOMPSON	SR	#3 Western Oregon	14.55w	(2.3)	4/20
7		Mette VAN DER MEER	JR	#6 Alaska Anchorag{3}	14.73	(1.1)	3/16
8		Candace NYHE	FR	#2 Central Washing{3}	14.94	(0.0)	4/20
9		Lacie SIMMONS	FR	#6 Alaska Anchorag{4}	14.97	(1.2)	3/16
10		Macy CLEMENS	JR	#3 Western Oregon{2}	15.04w	(2.3)	4/20

Women's 200 Meters

1	32	E'lexis HOLLIS	SR	#2 Central Washing	24.16	(-0.3)	4/20
2	83	Juliette WILLIAMS	SR	#2 Central Washing{2}	24.61	(-0.3)	4/20
3		Emma CANNAN	SO	#4 Simon Fraser	24.84	(0.9)	4/13
4		Elise HOPPER	SO	#2 Central Washing{3}	24.88	(0.8)	3/16
4		Caitlyn CHENEY	JR	#1 Western Washing	24.88	(-0.3)	4/20
6		Ellie DEGROOT	SO	#2 Central Washing{4}	25.17	(1.4)	3/30
7		Annabelle HEIMAN	FR	#1 Western Washing{2}	25.36	(-0.3)	4/20
8		Zoe GONZALES	FR	#2 Central Washing{5}	25.40	(-0.3)	4/20
9		Madison VU	SR	#9 Saint Martin's	25.41	(0.8)	3/16
10		Kennedy COOK	FR	#1 Western Washing{3}	25.42	(-0.3)	4/20

Women's 400 Meters

1	57	Elise HOPPER	SO	#2 Central Washing	56.16		3/23
2	78	Emma CANNAN	SO	#4 Simon Fraser	56.58		4/11
3	90	Claire BOSMA	JR	#4 Simon Fraser {2}	56.76		4/13
4		Marissa CRANE	SO	#7 Seattle Pacific	56.95		3/16
5		Caitlyn CHENEY	JR	#1 Western Washing	57.10		3/30
6		Madison VU	SR	#9 Saint Martin's	57.30		4/20
7		Johanna BROWN	JR	#7 Seattle Pacific {2}	57.31		4/20
8		Kennedy COOK	FR	#1 Western Washing{2}	57.50		4/6
9		Laine DEJONG	SR	#5 Northwest Nazai	57.60		4/20
10		Ellie DEGROOT	SO	#2 Central Washing{2}	58.01		4/5

Women's 400 Meter Hurdles

1	13	Ellie DEGROOT	SO	#2 Central Washing	1:00.89		4/20
2	51	Madeline LAMBING	SR	#3 Western Oregon	1:03.10		3/16
3	55	Liv HEITE	FR	#6 Alaska Anchorag	1:03.22		3/23
4	63	Zoe MCDEVITT	SO	#2 Central Washing{2}	1:03.69		3/30
5	66	Blanca DE ARVIZU SARRIAS	JR	#6 Alaska Anchorag{2}	1:03.74		4/11
6	79	Naomi BATES	JR	#1 Western Washing	1:04.29		4/20
7	80	Carley HUBER	SO	#2 Central Washing{3}	1:04.31		4/20
8	92	Ila DAVIS	SR	#1 Western Washing{2}	1:04.75		4/20
9	95	Alejandra GOMEZ	JR	#5 Northwest Nazai	1:04.82		3/23
10		Brooke MANSFIELD	SO	#1 Western Washing{3}	1:05.10		3/8

Women's 800 Meters

1	6	Megan ROXBY	SR	#4 Simon Fraser	2:08.48		4/13
2	13	Marian LEDESMA	SR	#1 Western Washing	2:08.94		4/13
3	50	Sophie WRIGHT	JR	#1 Western Washing{2}	2:12.40		4/13
4	58	Emmy KROONTJE	SO	#1 Western Washing{3}	2:13.10		3/30
5	62	Elizabeth VANDERPUT	JR	#4 Simon Fraser {2}	2:13.24		4/13
6	77	Cassidy WALCHAK-SLOAN	JR	#9 Saint Martin's	2:14.17		4/5
7		Selin TASDEMIR	SO	#4 Simon Fraser {3}	2:15.75		4/11
8		Alisha SAUCEDO	JR	#9 Saint Martin's {2}	2:15.79		4/5
9		Ila DAVIS	SR	#1 Western Washing{4}	2:16.52		3/24
10		Alexandra OTTO	FR	#6 Alaska Anchorag	2:16.60		4/13

Women's 1500 Meters

1	4	Megan ROXBY	SR	#4 Simon Fraser	4:20.02		4/20
2	37	Cassidy WALCHAK-SLOAN	JR	#9 Saint Martin's	4:29.05		4/13
3	53	Ila DAVIS	SR	#1 Western Washing	4:31.47		3/24
4	72	Sophie WRIGHT	JR	#1 Western Washing{2}	4:34.33		3/24
5	78	Annika ESVELT	SR	#7 Seattle Pacific	4:35.50		4/5
6	79	Rachael WATKINS	SO	#4 Simon Fraser {2}	4:35.54		4/13
7	85	Nell BAKER	SR	#6 Alaska Anchorag	4:36.47		3/22
8	90	Emmy KROONTJE	SO	#1 Western Washing{3}	4:36.68		3/30
9	96	Elie BASSETT	SO	#1 Western Washing{4}	4:37.67		4/5
10		Alisha SAUCEDO	JR	#9 Saint Martin's {2}	4:38.09		4/13

Women's Steeplechase

1	3	Ila DAVIS	SR	#1 Western Washing	10:11.97		3/30
2	12	Ashley REECK	SO	#1 Western Washing{2}	10:34.38		3/30
3	44	Evelyn COLLINS-WINN	JR	#1 Western Washing{3}	11:13.34		4/20
4	50	Olivia FLACK	JR	#3 Western Oregon	11:16.96		3/30
5	54	Laura HALSELL	SO	#1 Western Washing{4}	11:20.25		3/24
6	63	Maya EWING	SO	#7 Seattle Pacific	11:23.39		3/22
7	65	Avery WILLIAMSON	SO	#6 Alaska Anchorag	11:25.56		4/13
8	91	Elie BASSETT	SO	#1 Western Washing{5}	11:39.36		3/24
9	96	Katie CHAPMAN	JR	#3 Western Oregon{2}	11:41.91		3/30
10		Sofija SPAIC	SR	#6 Alaska Anchorag{2}	11:51.89		4/13



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Women's 5000 Meters

1	11	Annika ESVELT	SR	#7 Seattle Pacific	16:18.94	3/30
2	28	Cassidy WALCHAK-SLOAN	JR	#9 Saint Martin's	16:40.76	3/23
3	52	Ashley REECK	SO	#1 Western Washing	17:02.41	4/13
4	80	Nell BAKER	SR	#6 Alaska Anchorage	17:18.43	3/30
5		Meaera NYSTROM	SO	#1 Western Washing{2}	17:25.19	3/30
6		Morgan ERLER	SO	#5 Northwest Nazai	17:27.52	3/23
7		Emma SMITH	JR	#1 Western Washing{3}	17:35.00	3/23
8		Caitlin HELDT	SR	#3 Western Oregon	17:39.06	4/5
9		Ella EDENS	FR	#1 Western Washing{4}	17:39.33	3/23
10		Ila DAVIS	SR	#1 Western Washing{5}	17:48.79	4/20

Women's 10,000 Meters

1	3	Annika ESVELT	SR	#7 Seattle Pacific	33:41.59	4/13
2	33	Caitlin HELDT	SR	#3 Western Oregon	35:54.51	4/13
3	42	Meaera NYSTROM	SO	#1 Western Washing	36:18.94	4/13
4	46	Ashley REECK	SO	#1 Western Washing{2}	36:29.29	3/2
5	60	Morgan ERLER	SO	#5 Northwest Nazai	36:53.62	4/5
6	65	Ella EDENS	FR	#1 Western Washing{3}	37:03.92	3/2
7	69	Emma SMITH	JR	#1 Western Washing{4}	37:13.42	4/13
8	72	Sara SABRA	JR	#9 Saint Martin's	37:17.43	4/13
9	79	Danielle MCLAIN	FR	#1 Western Washing{5}	37:24.14	3/2
10	81	Laura HALSELL	SO	#1 Western Washing{6}	37:26.98	3/2

Women's 4x100 Relay

1	22	Donna Marie Harris, E'lexis Hollis, Zoe Gonzales, Juliette Williams	#2 Central Washing	46.23	4/20
2	36	Kerlinda Chatwin, Marie-Eloise Leclair, Emma Cannan, Jaeland Cummings	#4 Simon Fraser	46.77	4/13
3	42	Caitlyn Cheney, Annabelle Heiman, Anna Miller, Hannah Polkinghorn	#1 Western Washing	46.99	4/20
4	98	Mikayla Mader, Vivien Liessfeld, Liv Heite, Portia Binford	#6 Alaska Anchorage	48.35	4/11
5		Josie Lavato, Bethanie Altamirano, Jessy Hart, Madeline Lambing	#3 Western Oregon	48.75	4/20
6		Bella Klein, Mya Richardson, Alyssa Sanchez, Katelyn Hamill	#8 Montana St.-Billi	50.13	3/29

Women's 4x400 Relay

1	29	Caitlyn Cheney, Annabelle Heiman, Kennedy Cook, Marian Ledesma	#1 Western Washing	3:48.67	4/13
2	43	Carley Huber, Donna Marie Harris, Juliette Williams, Ellie DeGroot	#2 Central Washing	3:52.32	4/20
3	56	Elizabeth Vanderput, Claire Bosma, Megan Roxby, Emma Cannan	#4 Simon Fraser	3:55.62	4/6
4	78	Laine DeJong, Makenze Knowles, Gabbie Harms, Shayna Williams	#5 Northwest Nazai	3:58.98	4/20
5	84	Joel Vidad, Sophia Cvacara, Portia Binford, Jess Chisar	#6 Alaska Anchorage	3:59.55	3/30
6	98	Bethanie Altamirano, Josie Lavato, Katie Dufner, Jessy Hart	#3 Western Oregon	4:01.86	3/9
7		Aniya Green, Johanna Brown, Hannah Chang, Charisma Smith	#7 Seattle Pacific	4:03.35	3/2
8		Bella Klein, Mya Richardson, Annelise Clark, Madeline Severson	#8 Montana St.-Billi	4:09.38	4/20

Women's High Jump

1	21	Emy NTEKPERE	FR	#2 Central Washing	1.70m	5-7	3/23
2	32	Hannah COOPER	FR	#8 Montana St.-Billi	1.68m	5-6	4/20
3	36	Miya KOCH	JR	#5 Northwest Nazai	1.67m	5-5¾	4/13
4	85	Kora COOK	FR	#1 Western Washing	1.62m	5-3¾	3/8
4	85	Kalulusno NGAIDA	SR	#3 Western Oregon	1.62m	5-3¾	4/20
4	85	Amity DETERS	SR	#3 Western Oregon	1.62m	5-3¾	3/25
7	98	Mikayla MADER	SR	#6 Alaska Anchorage	1.61m	5-3¾	4/11
8		Macy CLEMENS	JR	#3 Western Oregon{3}	1.59m	5-2½	3/25
8		Julia GORDON	FR	#8 Montana St.-Billi{2}	1.59m	5-2½	3/29
10		Olivia WINDBIEL	SO	#4 Simon Fraser	1.58m	5-2¼	4/6
10		Paige KESSLER	FR	#7 Seattle Pacific	1.58m	5-2¼	4/20

Women's Pole Vault

1	10	Lauryn MCGOUGH	FR	#2 Central Washing	4.01m	13-1¾	4/20
2	27	Lizzy DAUGHERTY	SR	#7 Seattle Pacific	3.82m	12-6¼	3/16
3	43	Emily THOMASON	SR	#7 Seattle Pacific {2}	3.72m	12-2½	3/22
4	61	Sydney MOHLMAN	FR	#1 Western Washing	3.61m	11-10	3/2
5		Annie TRAN	SR	#1 Western Washing{2}	3.40m	11-1¾	4/20
5		Cariann BRYANT	FR	#2 Central Washing{2}	3.40m	11-1¾	4/20
7		Mette VAN DER MEER	JR	#6 Alaska Anchorage	3.35m	10-11¾	3/16
8		Claire SKAGGS	JR	#9 Saint Martin's	3.21m	10-6¼	3/2
9		Kyra THORNHILL	FR	#2 Central Washing{3}	3.18m	10-5¼	4/13
10		Alecia LEMEZA	FR	#3 Western Oregon	3.05m	10-0	3/23



Conference TFRI Event Summary



GNAC

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Women's Long Jump

1	28	Ujunwa NWOKOMA	JR	#3 Western Oregon	5.91m	19-4¾ (-2.2)	4/13
2	81	Vivien LIESSFELD	FR	#6 Alaska Anchorage	5.64m	18-6 (0.0)	3/22
3	89	Emy NTEKPERE	FR	#2 Central Washington	5.61m	18-5 (0.0)	3/23
4		Ellie DEGROOT	SO	#2 Central Washington	5.49mw	18-¼ (3.3)	3/30
5		Sophie MOCK	FR	#7 Seattle Pacific	5.40m	17-8¾ (-0.2)	3/22
6		Hannah POLKINGHORN	SO	#1 Western Washington	5.37m	17-7½ (-1.2)	4/20
7		Macy CLEMENS	JR	#3 Western Oregon	5.36m	17-7 (1.0)	3/16
8		Kyra STEWART	JR	#4 Simon Fraser	5.32m	17-5½ (0.3)	4/6
9		Amity DETERS	SR	#3 Western Oregon	5.30m	17-4¾ (1.3)	4/20
10		Candace NYHE	FR	#2 Central Washington	5.27m	17-3½ (-0.6)	4/20

Women's Triple Jump

1	19	Emy NTEKPERE	FR	#2 Central Washington	12.16m	39-10¾ (1.9)	4/11
2	34	Kalulusno NGAIDA	SR	#3 Western Oregon	11.96m	39-3 (0.0)	4/11
3	78	Ujunwa NWOKOMA	JR	#3 Western Oregon	11.45m	37-6¾ (0.0)	4/5
4		Vai GREEN	FR	#5 Northwest Nazarene	11.31mw	37-1¼ (2.4)	4/13
5		Olivia WINDBIEL	SO	#4 Simon Fraser	11.08m	36-4¼ (0.2)	4/6
6		Tehya MOORE	SO	#2 Central Washington	10.97m	36-0 (0.6)	4/11
7		Macy CLEMENS	JR	#3 Western Oregon	10.69m	35-1 (0.0)	4/5
8		Kennedy PRIMROSE	JR	#4 Simon Fraser	10.47m	34-4¼ (1.2)	3/16
9		Alyssa SANCHEZ	SO	#8 Montana St.-Billings	10.46mw	34-4 (4.0)	4/12
10		Jasmine COFIELD	FR	#8 Montana St.-Billings	10.26m	33-8 (1.9)	4/12

Women's Shot Put

1	23	Destany HERBERT	SR	#5 Northwest Nazarene	14.34m	47-¾	4/13
2	36	Katie POTTS	SR	#1 Western Washington	13.77m	45-2¼	4/5
3	61	Mara PARKS	SO	#1 Western Washington	13.22m	43-4½	4/5
4	65	Marliyn RAMIREZ-CARMONA	FR	#3 Western Oregon	13.15m	43-1¾	4/5
5		Maddy GRANDBOIS	JR	#1 Western Washington	12.47m	40-11	4/20
6		Brenna BOARD	SR	#2 Central Washington	12.26m	40-2¾	4/20
7		Hannah COOPER	FR	#8 Montana St.-Billings	12.16m	39-10¾	3/16
8		Jaida GREEN	SO	#8 Montana St.-Billings	11.69m	38-4¼	3/29
9		Emma KWOK	FR	#5 Northwest Nazarene	11.31m	37-1¼	4/13
10		Ellie PRAZER	FR	#2 Central Washington	11.29m	37-½	3/16

Women's Discus

1	21	Katie POTTS	SR	#1 Western Washington	46.24m	151-9	4/5
2	53	Payton ELENBAAS	SR	#2 Central Washington	43.70m	143-5	4/20
3		Destany HERBERT	SR	#5 Northwest Nazarene	41.11m	134-11	3/23
4		Brenna BOARD	SR	#2 Central Washington	40.11m	131-7	4/20
5		Jordan ELDRIDGE	JR	#5 Northwest Nazarene	39.90m	130-11	4/20
6		Krystal ANDRES	SR	#3 Western Oregon	38.14m	125-2	3/23
7		Emma KWOK	FR	#5 Northwest Nazarene	37.81m	124-1	4/20
8		Adriannah GALVAN	FR	#1 Western Washington	37.63m	123-6	4/5
9		Marliyn RAMIREZ-CARMONA	FR	#3 Western Oregon	37.45m	122-11	4/13
10		Mattea MCCOLLY	FR	#8 Montana St.-Billings	37.43m	122-10	4/12

Women's Hammer

1	14	Zuzanna LINIEWSKI	JR	#4 Simon Fraser	54.27m	178-1	4/11
2	67	Jordan ELDRIDGE	JR	#5 Northwest Nazarene	49.54m	162-7	4/20
3	77	Grace JONES	SR	#8 Montana St.-Billings	48.90m	160-5	3/29
4	78	Destany HERBERT	SR	#5 Northwest Nazarene	48.78m	160-1	3/23
5	89	Payton ELENBAAS	SR	#2 Central Washington	48.37m	158-9	4/13
6	92	Brenna BOARD	SR	#2 Central Washington	48.21m	158-2	4/11
7		Jocelyn SARIBAY	SR	#9 Saint Martin's	47.28m	155-2	4/5
8		Emillia CARPENTER	SR	#3 Western Oregon	47.26m	155-1	4/5
9		Kaitlyn HANGER	JR	#4 Simon Fraser	47.08m	154-6	4/6
10		Jaida GREEN	SO	#8 Montana St.-Billings	46.81m	153-7	3/29

Women's Javelin

1	22	Kaylee WRIGHT	SR	#3 Western Oregon	44.01m	144-5	4/5
2	28	Emily POWERS	SO	#5 Northwest Nazarene	43.03m	141-2	4/13
3	39	Maddie GEBERS	FR	#5 Northwest Nazarene	42.15m	138-4	3/23
4	78	Madison PAUGH	JR	#4 Simon Fraser	38.44m	126-2	4/13
5	100	Emillia CARPENTER	SR	#3 Western Oregon	37.32m	122-5	4/20
6		Lauryn MCGOUGH	FR	#2 Central Washington	36.97m	121-4	3/30
7		Hannah COOPER	FR	#8 Montana St.-Billings	36.90m	121-1	3/16
8		Abigail SANDERS	JR	#3 Western Oregon	36.58m	120-0	4/5
9		Brianna LINDAY	FR	#8 Montana St.-Billings	35.19m	115-6	3/16
10		Jordan COOKMAN	SR	#8 Montana St.-Billings	34.23m	112-4	3/29

Women's Heptathlon

1	21	Ellie DEGROOT	SO	#2 Central Washington	4,881		3/30
2	38	Vivien LIESSFELD	FR	#6 Alaska Anchorage	4,521		3/22
3	45	Hannah CHANG	SO	#7 Seattle Pacific	4,346		4/13
4	62	Macy CLEMENS	JR	#3 Western Oregon	4,134		3/25
5	75	Jess CHISAR	FR	#6 Alaska Anchorage	3,942		3/22
6	81	Amity DETERS	SR	#3 Western Oregon	3,881		3/25
7		Sadie WENDRING	FR	#3 Western Oregon	3,546		3/25
8		Nicole AVERY	SO	#1 Western Washington	3,455		3/24
9		Karma WALKER	FR	#1 Western Washington	3,296		3/24
10		Cassandra SCHULBERG	FR	#1 Western Washington	3,070		3/24



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Women's 100 Meters

1	5	Yakubu BALIKIS	JR	#8 West Alabama	11.35	(1.8)	4/13
2	98	Campbell BROWN	SO	#2 West Georgia	12.03	(1.8)	4/13
3		Kira MONTEFUSCO	SR	#2 West Georgia {2}	12.04	(1.8)	4/13
4		Alana GREEN	SO	#4 Mississippi Colle	12.06	(-0.4)	4/20
5		Janae HILLIARD	FR	#3 Alabama-Huntsv	12.07	(0.2)	4/20
6		Jordyn DORTCH	FR	#3 Alabama-Huntsv{2}	12.11	(0.9)	3/21
7		Taylor HAMPTON	JR	#2 West Georgia {3}	12.14	(1.1)	4/6
8		Krystalynn OATMAN	SR	#3 Alabama-Huntsv{3}	12.18	(1.0)	3/21
9		Madison ROSE	SR	#7 Shorter	12.22w	(2.8)	4/6
10		Nia HARRIS	SR	#7 Shorter {2}	12.24	(1.9)	4/13

Women's 100 Meter Hurdles

1	39	Hannah WRIGHT	JR	#1 Lee (Tenn.)	14.24	(2.0)	4/6
2	63	Ivy TEACHEY	FR	#3 Alabama-Huntsv	14.42	(0.1)	4/6
3		Gioia SCOPEL	SO	#6 Christian Brothe	14.69	(1.5)	4/7
4		Katie GATES	FR	#4 Mississippi Colle	14.81	(-0.4)	3/2
5		Anndrea CHESTER	SR	#3 Alabama-Huntsv{2}	14.91w	(3.0)	3/21
6		Madison FLUGENCE	FR	#4 Mississippi Colle{2}	15.02	(1.5)	4/7
7		Valeyna RENTERIA-SILVA	FR	#2 West Georgia	15.14	(1.3)	4/6
8		Liezl THERON	JR	#1 Lee (Tenn.) {2}	15.17	(-0.7)	3/23
9		Olivia FULFORD	JR	#2 West Georgia {2}	15.25	(1.3)	4/6
10		Lily BROWN	FR	#1 Lee (Tenn.) {3}	15.39	(0.6)	4/6

Women's 200 Meters

1	11	Yakubu BALIKIS	JR	#8 West Alabama	23.53	(0.4)	4/20
2	39	Jordyn DORTCH	FR	#3 Alabama-Huntsv	24.21	(1.8)	3/16
3	87	Amiah MURRY	FR	#3 Alabama-Huntsv{2}	24.63w	(2.2)	3/21
4		Alana GREEN	SO	#4 Mississippi Colle	24.75	(0.6)	4/6
5		Hilary UDECHUKWU	JR	#4 Mississippi Colle{2}	24.99w	(2.1)	3/23
6		Brynesha BOURRAGE	SO	#8 West Alabama {2}	25.06	(0.5)	4/20
7		Nia HARRIS	SR	#7 Shorter	25.15w	(3.0)	4/6
8		Gabriel STEPHENS	SO	#8 West Alabama {3}	25.25	(1.9)	4/13
9		Kira MONTEFUSCO	SR	#2 West Georgia	25.36	(0.2)	4/13
10		Janae HILLIARD	FR	#3 Alabama-Huntsv{3}	25.39	(0.3)	4/20

Women's 400 Meters

1	59	Brynesha BOURRAGE	SO	#8 West Alabama	56.20		4/20
2	70	Amiah MURRY	FR	#3 Alabama-Huntsv	56.51		4/6
2	70	Hilary UDECHUKWU	JR	#4 Mississippi Colle	56.51		4/6
4	72	Aniya JOHNSON	FR	#3 Alabama-Huntsv{2}	56.52		4/6
5		Carissa HALL	SR	#1 Lee (Tenn.)	57.63		4/6
6		Janay RYAN	JR	#1 Lee (Tenn.) {2}	58.27		4/20
7		Talia PFEIFER	SR	#6 Christian Brothe	58.40		4/7
8		Isabella ZURITA	SO	#6 Christian Brothe{2}	58.43		4/6
9		Chandler ROBINSON	SR	#3 Alabama-Huntsv{3}	58.51		4/20
10		Mikeibra MORRIS	SR	#8 West Alabama {2}	58.75		4/13

Women's 400 Meter Hurdles

1	42	Hannah WRIGHT	JR	#1 Lee (Tenn.)	1:02.81		4/6
2	61	Chloe LEBLANC	FR	#2 West Georgia	1:03.46		4/20
3		Lily BROWN	FR	#1 Lee (Tenn.) {2}	1:05.38		4/20
4		Anndrea CHESTER	SR	#3 Alabama-Huntsv	1:05.52		4/20
5		Jaeva RIDLEY	SO	#2 West Georgia {2}	1:05.69		4/6
6		Ivy TEACHEY	FR	#3 Alabama-Huntsv{2}	1:05.90		4/6
7		Olivia FULFORD	JR	#2 West Georgia {3}	1:06.58		4/6
8		Valeyna RENTERIA-SILVA	FR	#2 West Georgia {4}	1:08.12		4/6
9		Ashlyn ILIFF	JR	#1 Lee (Tenn.) {3}	1:08.21		4/20
10		Veleyna RENTERI-SILVA	FR	#2 West Georgia {5}	1:09.92		3/23

Women's 800 Meters

1	28	Lauren WALLACE	JR	#4 Mississippi Colle	2:10.30		3/2
2	42	Lethogonolo MAGORO	JR	#1 Lee (Tenn.)	2:11.48		4/20
3	44	Lily HARE	JR	#1 Lee (Tenn.) {2}	2:11.67		4/20
4	70	Haley HALL	SO	#4 Mississippi Colle{2}	2:13.69		4/20
5	80	Aria HAWKINS	JR	#1 Lee (Tenn.) {3}	2:14.28		4/6
6		Katie BEAM	FR	#1 Lee (Tenn.) {4}	2:16.46		4/20
7		Megan ADAMS	SO	#1 Lee (Tenn.) {5}	2:17.51		4/6
8		Zoe BRICKLEY	SR	#1 Lee (Tenn.) {6}	2:18.32		4/6
9		Bre BELL	JR	#4 Mississippi Colle{3}	2:18.51		4/20
10		Holly SILLLIVANT	SO	#3 Alabama-Huntsv	2:19.38		4/20

Women's 1500 Meters

1	8	Aria HAWKINS	JR	#1 Lee (Tenn.)	4:22.16		4/20
2	21	Lauren WALLACE	JR	#4 Mississippi Colle	4:26.85		4/20
3	52	Mckenna CAVANAUGH	SR	#1 Lee (Tenn.) {2}	4:31.28		4/6
4	59	Lily HARE	JR	#1 Lee (Tenn.) {3}	4:32.51		4/20
5	82	Taylor BENOIT	SO	#4 Mississippi Colle{2}	4:36.02		3/23
6		Lethogonolo MAGORO	JR	#1 Lee (Tenn.) {4}	4:38.38		4/20
7		Haley HALL	SO	#4 Mississippi Colle{3}	4:39.80		4/6
8		Bre BELL	JR	#4 Mississippi Colle{4}	4:41.11		3/30
9		Emily BERRY	SR	#4 Mississippi Colle{5}	4:41.56		3/23
10		Emily MCMURRY	SR	#3 Alabama-Huntsv	4:41.85		4/6

Women's Steeplechase

1	11	Mckenna CAVANAUGH	SR	#1 Lee (Tenn.)	10:34.05		4/6
2	19	Ashlyn ILIFF	JR	#1 Lee (Tenn.) {2}	10:44.27		4/20
3	24	Bre BELL	JR	#4 Mississippi Colle	10:52.46		4/20
4		Abby WEIST	JR	#3 Alabama-Huntsv	11:47.22		4/6
5		Kathrin MAURER	SO	#2 West Georgia	12:25.77		4/20
6		Holly SILLLIVANT	SO	#3 Alabama-Huntsv{2}	12:27.62		4/6
7		Elizabeth CAIN	FR	#3 Alabama-Huntsv{3}	12:41.72		4/6
8		Paige WOHLGEMUTH	SR	#3 Alabama-Huntsv{4}	12:58.10		4/6
9		Laney PIERCE	FR	#2 West Georgia {2}	13:28.62		4/13
10		Jordan JARNOT	FR	#2 West Georgia {3}	14:59.62		4/13



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Women's 5000 Meters

1	24	Mckenna CAVANAUGH	SR	#1 Lee (Tenn.)	16:34.85	4/20
2	33	Aria HAWKINS	JR	#1 Lee (Tenn.)	{2} 16:47.28	3/23
3	47	Lily HARE	JR	#1 Lee (Tenn.)	{3} 16:57.65	3/23
4	64	Megan ADAMS	SO	#1 Lee (Tenn.)	{4} 17:11.09	4/20
5	69	Emily MCMURRY	SR	#3 Alabama-Huntsv	17:12.45	3/23
6	89	Katie KRUEGER	JR	#1 Lee (Tenn.)	{5} 17:22.17	4/6
7	92	Danielle HORTER	SR	#1 Lee (Tenn.)	{6} 17:23.21	3/23
8		Paige PATTERSON	SR	#1 Lee (Tenn.)	{7} 17:34.62	3/23
9		Emily BERRY	SR	#4 Mississippi Colle	17:37.56	4/7
10		Lauren WALLACE	JR	#4 Mississippi Colle	{2} 17:42.52	4/7

Women's 10,000 Meters

1	22	Danielle HORTER	SR	#1 Lee (Tenn.)	35:15.36	4/6
2	34	Emily MCMURRY	SR	#3 Alabama-Huntsv	35:56.08	4/13
3	98	Katie KRUEGER	JR	#1 Lee (Tenn.)	{2} 37:48.69	3/23
4		Aylin VEGA	SO	#3 Alabama-Huntsv	{2} 38:43.05	4/6
5		Julia HALTERMAN	SO	#1 Lee (Tenn.)	{3} 39:03.30	3/23
6		Kathrin MAURER	SO	#2 West Georgia	43:04.75	3/16
7		Brooke RAMSEY	SO	#5 Montevallo	44:27.91	3/16

Women's 4x100 Relay

1	13	#Type!	#3 Alabama-Huntsv	45.67	4/20
2	44	Taylor Hampton, Campbell Brown, Dasani Minter, Kira Montefusco	#2 West Georgia	47.09	4/13
3	58	#Type!	#1 Lee (Tenn.)	47.31	4/20
4	66	Madison Rose, Nia Harris, Treneice Grimes, Kameron Noble	#7 Shorter	47.49	4/6
5	91	Alana Green, Hilary Udechukwu, Katie Gates, Livia Fischer	#4 Mississippi Colle	48.14	3/30
6		Sydney Goode, Leah Dendy, Zauren Burton, Farrah Hawkins	#5 Montevallo	50.14	3/16
7		Amira Doss, Micaiah Halliburton, Jackelin Ruiz, Jodie Shusta	#6 Christian Brothe	51.89	4/7

Women's 4x400 Relay

1	45	Amiah Murry, Aniya Johnson, Chandler Robinson, Keziah Mickler	#3 Alabama-Huntsv	3:52.55	4/13
2	51	Talia Pfeifer, Isabella Zurita, Laura De Llano, Ana Iglesias	#6 Christian Brothe	3:54.60	4/7
3	58	Haley Hall, Leslie Baxter, Hilary Udechukwu, Alana Green	#4 Mississippi Colle	3:55.88	4/7
4	81	Delphine Dah, Letlhogonolo Magoro, Janay Ryan, Jakara Tobler	#1 Lee (Tenn.)	3:59.36	4/6
5	91	Jaeva Ridley, Chloe Leblanc, Veleyna Renteri-Silva, Shamiya Perry	#2 West Georgia	4:00.73	4/6
6		Josalyn Branch, Madison Rose, April Jacobson, Katie Jones	#7 Shorter	4:21.80	3/2
7		Rachel Smith, Sarah Turner, Libby Wright, Natalie Warner	#5 Montevallo	4:25.64	3/16

Women's High Jump

1	21	Liezl THERON	JR	#1 Lee (Tenn.)	1.70m	5-7	3/23
1	21	Haley TRAMMELL	JR	#2 West Georgia	1.70m	5-7	4/6
3	36	Zauren BURTON	SR	#5 Montevallo	1.67m	5-5¾	4/6
4	50	Gioia SCOPEL	SO	#6 Christian Brothe	1.65m	5-5	4/7
5	69	Olivia FULFORD	JR	#2 West Georgia	{2} 1.64m	5-4½	4/6
6		Devon JACKETT	JR	#1 Lee (Tenn.)	{2} 1.60m	5-3	4/20
6		Aniya JOHNSON	FR	#3 Alabama-Huntsv	1.60m	5-3	3/16
8		Alexis DOLL	JR	#2 West Georgia	{3} 1.50m	4-11	3/23
8		Ryleigh BORBASH	SR	#4 Mississippi Colle	1.50m	4-11	4/7
10		Sydney WHITE	JR	#1 Lee (Tenn.)	{3} 1.49m	4-10½	3/23

Women's Pole Vault

1	41	Brynn DEPINET	SO	#1 Lee (Tenn.)	3.74m	12-3¼	3/23
2	46	Leah DENDY	SO	#5 Montevallo	3.68m	12-¾	3/16
3	61	Carleigh BYNUM	FR	#2 West Georgia	3.61m	11-10	4/6
4	71	Raegan MILLER	SO	#3 Alabama-Huntsv	3.57m	11-8½	3/21
5	85	Skylar SUGGITT	JR	#5 Montevallo	{2} 3.50m	11-5¾	4/6
6		Emily JONES	FR	#2 West Georgia	{2} 3.40m	11-1¾	4/6
7		Nicole COUNTER	FR	#1 Lee (Tenn.)	{2} 3.35m	10-11¾	4/6
8		Hallie GRACE WILLIAMSON	JR	#3 Alabama-Huntsv	{2} 3.23m	10-7	3/16
9		Taylor WALKER	JR	#5 Montevallo	{3} 3.20m	10-6	4/6
10		Elizabeth OSBORNE	SO	#2 West Georgia	{3} 2.90m	9-6¼	4/6



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Women's Long Jump

1	7	Jadlyn DEBARDLABON	FR	#3 Alabama-Huntsv	6.12mw	20-1 (2.9)	3/21
2	13	T'Oni BIRDEN	SO	#2 West Georgia	6.07mw	19-11 (2.1)	4/13
3	21	Taylor HAMPTON	JR	#2 West Georgia	{2} 5.94m	19-6 (0.1)	3/23
4	56	Carissa HALL	SR	#1 Lee (Tenn.)	5.73m	18-9¾ (0.0)	4/20
5		Dasani MINTER	JR	#2 West Georgia	{3} 5.44m	17-10¼ (0.0)	4/6
6		Madison ROSE	SR	#7 Shorter	5.35m	17-6¾ (0.0)	4/13
7		Liezl THERON	JR	#1 Lee (Tenn.)	{2} 5.23m	17-2 (-2.0)	3/23
8		Sydney GOODE	SR	#5 Montevallo	5.11m	16-9¼ (0.7)	4/13
9		Hannah JACKSON	FR	#4 Mississippi Colle	5.09m	16-8½ (1.4)	4/7
10		Alexis DOLL	JR	#2 West Georgia	{4} 5.07m	16-7¾ (-0.4)	4/6

Women's Triple Jump

1	7	T'Oni BIRDEN	SO	#2 West Georgia	12.43m	40-9½ (1.9)	4/19
2	37	Haley TRAMMELL	JR	#2 West Georgia	{2} 11.94m	39-2¼ (-1.9)	3/23
3	40	Taylor HAMPTON	JR	#2 West Georgia	{3} 11.85m	38-10½ (-2)	4/6
4	100	Amiah MURRY	FR	#3 Alabama-Huntsv	11.32m	37-1¾ (0.9)	3/21
5		Carissa HALL	SR	#1 Lee (Tenn.)	11.27m	36-11¾ (-0)	4/20
6		Jadlyn DEBARDLABON	FR	#3 Alabama-Huntsv	{2} 10.77m	35-4 (0.0)	3/16
7		Callie COWAN	JR	#8 West Alabama	10.28m	33-8¾ (-0.1)	4/6
8		Kaylee FAULKNER	FR	#3 Alabama-Huntsv	{3} 10.19m	33-5¼ (0.1)	3/16
9		Farrah HAWKINS	FR	#5 Montevallo	10.02m	32-10½ (0.0)	4/13
10		Amaya HAMMEL	FR	#2 West Georgia	{4} 9.87m	32-4¾ (-2.1)	3/16

Women's Shot Put

1	82	Rashanna THORNE	SR	#4 Mississippi Colle	12.96m	42-6¼	4/6
2		Melita-Marie ROACHFORD	SR	#2 West Georgia	12.28m	40-3½	3/23
3		Emily WOLF	FR	#5 Montevallo	12.22m	40-1¼	3/16
4		Kyla FORD	FR	#2 West Georgia	{2} 12.15m	39-10½	4/13
5		Dru GREEN	FR	#2 West Georgia	{3} 12.06m	39-6¾	4/6
6		Samara BRINKS	SO	#1 Lee (Tenn.)	11.94m	39-2¼	4/6
7		Jovita DAVE	SR	#7 Shorter	11.88m	38-11¾	4/13
8		Nicole MORRIS	SR	#4 Mississippi Colle	{2} 11.80m	38-8¾	3/30
9		Ashley PARRISH	FR	#3 Alabama-Huntsv	11.76m	38-7	3/16
10		Sarah TANG	FR	#3 Alabama-Huntsv	{2} 11.63m	38-2	3/21

Women's Discus

1	89	Emily WOLF	FR	#5 Montevallo	41.86m	137-4	3/16
2	98	Dru GREEN	FR	#2 West Georgia	41.40m	135-10	3/16
3		TaNiyah THOMAS	JR	#3 Alabama-Huntsv	41.14m	135-0	3/16
4		Melita-Marie ROACHFORD	SR	#2 West Georgia	{2} 39.36m	129-2	4/6
5		Kennedy THOMPSON	FR	#4 Mississippi Colle	38.93m	127-9	4/7
6		Nicole MORRIS	SR	#4 Mississippi Colle	{2} 38.59m	126-7	3/30
7		Rashanna THORNE	SR	#4 Mississippi Colle	{3} 38.53m	126-5	4/7
8		Nyla SHIPMAN	SR	#5 Montevallo	{2} 38.07m	124-11	3/23
9		Ashley PARRISH	FR	#3 Alabama-Huntsv	{2} 35.88m	117-9	3/16
10		Sarah TANG	FR	#3 Alabama-Huntsv	{3} 35.70m	117-2	3/21

Women's Hammer

1	18	Melita-Marie ROACHFORD	SR	#2 West Georgia	53.62m	175-11	4/6
2	60	Nyla SHIPMAN	SR	#5 Montevallo	49.90m	163-9	3/16
3		Emily WOLF	FR	#5 Montevallo	{2} 47.16m	154-9	3/16
4		Jovita DAVE	SR	#7 Shorter	47.07m	154-5	3/2
5		Hannah GANT	JR	#3 Alabama-Huntsv	46.20m	151-7	3/30
6		Dru GREEN	FR	#2 West Georgia	{2} 45.73m	150-1	4/13
7		Nicole MORRIS	SR	#4 Mississippi Colle	45.45m	149-2	3/2
8		Kennedy THOMPSON	FR	#4 Mississippi Colle	{2} 44.63m	146-5	4/7
9		Rashanna THORNE	SR	#4 Mississippi Colle	{3} 44.33m	145-5	4/7
10		Sarah TANG	FR	#3 Alabama-Huntsv	{2} 43.36m	142-3	4/6

Women's Javelin

1	38	Elizabeth HAYHURST	SO	#5 Montevallo	42.19m	138-5	4/20
2		Katelyn BROTHERS	FR	#5 Montevallo	{2} 35.71m	117-2	4/13
3		Hailey SMITH	SO	#3 Alabama-Huntsv	35.47m	116-5	3/21
4		Olivia DAVIDSON	FR	#1 Lee (Tenn.)	35.27m	115-9	3/23
5		Jaycee WOODS	FR	#2 West Georgia	34.59m	113-6	4/13
6		Libby WRIGHT	FR	#5 Montevallo	{3} 34.23m	112-4	3/16
7		Emily WOLF	FR	#5 Montevallo	{4} 33.25m	109-1	3/16
8		Brooklyn KIERBOW	JR	#2 West Georgia	{2} 31.84m	104-6	4/13
9		Samara BRINKS	SO	#1 Lee (Tenn.)	{2} 30.29m	99-4½	4/6
10		Haley TRAMMELL	JR	#2 West Georgia	{3} 28.78m	94-5¼	3/16

Women's Heptathlon

1	95	Sydney WHITE	JR	#1 Lee (Tenn.)	3,724		3/23
2		Liezl THERON	JR	#1 Lee (Tenn.)	{2} 3,607		3/23
3		Lily BROWN	FR	#1 Lee (Tenn.)	{3} 3,165		3/23
4		Kiffin BRUN	JR	#5 Montevallo	2,797		4/13



Conference TFRI Event Summary



Independents

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Women's 100 Meters

1	54	Camilla NICHOLAS	SO	#1 Tampa	11.83w	(3.9)	4/6
2		Jada BOLHUIS	SO	#1 Tampa	{2} 12.43	(0.0)	4/20
3		Makayla LEWIS	JR	#2 Lynn	12.51	(1.6)	3/30
4		Kennedy RAMSHAW	FR	#1 Tampa	{3} 12.57	(-0.1)	4/20
5		Lillian HICKS	SR	#1 Tampa	{4} 12.78	(-0.3)	4/20
6		Lindsey KOWNICK	FR	#1 Tampa	{5} 12.87	(1.7)	3/23
7		Nayeli COBOS	SO	#3 Western New Me	12.89	(0.4)	4/6
8		Sarah MARTINEZ	FR	#1 Tampa	{6} 13.04w	(2.3)	2/17
9		Essence NOBLES	FR	#9 Barry	13.07	(1.7)	4/19
10		Tawnee MADDEN	SR	#2 Lynn	{2} 13.72	(1.6)	4/19

Women's 100 Meter Hurdles

1		Allie MURPHY	SO	#1 Tampa	14.80w	(2.2)	3/16
2		Lindsey KOWNICK	FR	#1 Tampa	{2} 14.84w	(2.6)	4/6
3		Davyn DREIBELBIS	FR	#2 Lynn	19.96	(0.9)	4/19
4		Brooke BOND	SO	#2 Lynn	{2} 20.19	(0.9)	4/19

Women's 200 Meters

1		Camilla NICHOLAS	SO	#1 Tampa	24.73	(1.2)	4/6
2		Jada BOLHUIS	SO	#1 Tampa	{2} 24.77	(1.5)	3/16
3		Kennedy RAMSHAW	FR	#1 Tampa	{3} 25.34	(1.4)	3/16
4		Lillian HICKS	SR	#1 Tampa	{4} 25.92w	(3.2)	3/16
4		Makayla LEWIS	JR	#2 Lynn	25.92w	(2.1)	3/23
6		Lindsey KOWNICK	FR	#1 Tampa	{5} 26.15w	(2.8)	4/6
7		Nayeli COBOS	SO	#3 Western New Me	26.48	(-0.2)	4/6
8		Sarah MARTINEZ	FR	#1 Tampa	{6} 27.31w	(2.3)	2/17
9		Kate CIESIELSKI	FR	#1 Tampa	{7} 27.45w	(2.7)	4/6
10		Essence NOBLES	FR	#9 Barry	27.56	(1.1)	4/19

Women's 400 Meters

1	37	Jada BOLHUIS	SO	#1 Tampa	55.55		4/20
2		Kennedy RAMSHAW	FR	#1 Tampa	{2} 57.24		4/6
3		Lillian HICKS	SR	#1 Tampa	{3} 58.97		4/20
4		Nayeli COBOS	SO	#3 Western New Me	1:00.55		4/19
5		Shaleiya LEE	SR	#2 Lynn	1:01.81		2/17
6		Olivia PLATON	FR	#1 Tampa	{4} 1:02.54		2/17
7		Kate CIESIELSKI	FR	#1 Tampa	{5} 1:02.61		3/23
8		Angelina HOWARD	FR	#2 Lynn	{2} 1:02.90		3/30
9		Veronika GARCIA	SO	#3 Western New Me	{2} 1:03.39		4/6
10		Lily KOCH	SR	#2 Lynn	{3} 1:03.47		4/19

Women's 400 Meter Hurdles

1	25	Allie MURPHY	SO	#1 Tampa	1:01.91		3/23
2		Brooke MULLINS	JR	#2 Lynn	1:12.56		4/19
3		Brooke BOND	SO	#2 Lynn	{2} 1:13.80		3/30
4		Kayden KRUCHOSKI	JR	#1 Tampa	{2} 1:14.75		2/17
5		Davyn DREIBELBIS	FR	#2 Lynn	{3} 1:15.12		3/30
6		Tanya PACH	FR	#2 Lynn	{4} 1:15.92		4/19

Women's 800 Meters

1	67	Shaleiya LEE	SR	#2 Lynn	2:13.43		3/30
2		Teegan SILVA	SO	#7 Alaska	2:17.79		4/6
3		Brooke MULLINS	JR	#2 Lynn	{2} 2:19.62		3/30
4		Jinia JOHNSON	SR	#4 Florida Southerr	2:21.33		3/23
5		Ella MALONE	SO	#5 Palm Beach Atlai	2:21.51		4/12
6		Lily KOCH	SR	#2 Lynn	{3} 2:22.67		4/12
7		Lindsey BYER	FR	#2 Lynn	{4} 2:22.86		4/19
8		Allie MURPHY	SO	#1 Tampa	2:23.07		3/23
9		Chloe ROOK	SO	#6 West Florida	2:23.27		3/23
10		Skyler GILLET	FR	#2 Lynn	{5} 2:23.59		3/30

Women's 1500 Meters

1	93	Emily KRINEY	SO	#1 Tampa	4:37.29		3/16
2		Aspen GORDON	SR	#1 Tampa	{2} 4:38.68		3/16
3		Tabitha SUGGS	JR	#1 Tampa	{3} 4:40.46		4/6
4		Emma SKINNER	SO	#1 Tampa	{4} 4:42.49		3/23
5		Jinia JOHNSON	SR	#4 Florida Southerr	4:47.93		3/30
6		Chloe ROOK	SO	#6 West Florida	4:48.04		3/23
7		Brooke MULLINS	JR	#2 Lynn	4:49.88		4/12
8		Emma HANSTVEIT	FR	#5 Palm Beach Atlai	4:50.58		3/30
9		Delainey ZOCK	JR	#7 Alaska	4:52.81		4/6
10		Ella MALONE	SO	#5 Palm Beach Atlai	{2} 4:53.80		3/30

Women's Steeplechase

1		Brooke MULLINS	JR	#2 Lynn	11:43.33		3/30
2		Skylar GRANT	JR	#6 West Florida	11:47.22		3/2
3		Carolina TITUS	SR	#4 Florida Southerr	12:23.98		3/16
4		Tanya PACH	FR	#2 Lynn	{2} 13:11.79		3/2
5		Molly MCINTYRE	FR	#11 Mercyhurst	13:46.83		4/20

Women's 5000 Meters

1	65	Aspen GORDON	SR	#1 Tampa	17:11.44		4/13
2	75	Emily KRINEY	SO	#1 Tampa	{2} 17:16.34		3/23
3	94	Emma MUSSANTE	JR	#4 Florida Southerr	17:23.51		3/16
4		Tabitha SUGGS	JR	#1 Tampa	{3} 17:31.89		3/16
5		Emma HANSTVEIT	FR	#5 Palm Beach Atlai	17:43.36		3/16
6		Mya STAM	JR	#4 Florida Southerr	{2} 17:43.67		3/16
7		Emma SKINNER	SO	#1 Tampa	{4} 17:49.03		3/16
8		Alaina WILLIAMS	FR	#1 Tampa	{5} 17:53.05		4/20
9		Cheyenne YOUNG	JR	#4 Florida Southerr	{3} 17:53.67		4/13
10		Ellie FLUMAN	SR	#4 Florida Southerr	{4} 17:56.41		3/30

Women's 10,000 Meters

1	48	Emma HANSTVEIT	FR	#5 Palm Beach Atlai	36:31.80		4/6
2	55	Mya STAM	JR	#4 Florida Southerr	36:45.72		4/13
3	64	Emma MUSSANTE	JR	#4 Florida Southerr	{2} 37:02.89		3/30
4	80	Cheyenne YOUNG	JR	#4 Florida Southerr	{3} 37:25.66		3/30
5	94	Ellie FLUMAN	SR	#4 Florida Southerr	{4} 37:45.46		4/13
6		Emma PFEIFFER	FR	#4 Florida Southerr	{5} 38:16.27		4/6
7		Anna AGI	JR	#12 Georgia College	39:14.70		3/2
8		Karah MCELHONE	JR	#4 Florida Southerr	{6} 39:42.56		4/6
9		Skylar GRANT	JR	#6 West Florida	40:04.08		3/16



Conference TFRI Event Summary



Independents

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Women's 4x100 Relay

1	64	Jada Bolhuis, Kennedy Ramshaw, Lindsey Kownick, Camilla Nicholas	#1 Tampa	47.45	3/16
2		Ava Spampinato, Joni Dice, Faith Kulis, Chloe Smith	#5 Palm Beach Atlai	1:02.63	2/17

Women's 4x400 Relay

1	27	#Type!	#1 Tampa	3:48.13	4/20
2		Brooke Mullins, Lily Koch, Shaleiya Lee, Angelina Howard	#2 Lynn	4:09.89	4/12
3		Veronika Garcia, Aubrey Lozoya, Isabella Medina, Nayeli Cobos	#3 Western New Me	4:11.78	4/19
4		Alyssa Benson, Anya Frey, Julia Kooyer, Nella Petersen	#5 Palm Beach Atlai	4:31.55	4/12

Women's High Jump

1		Naomi KIMBLE	FR #3 Western New Me	1.60m	5-3	3/23
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Women's Shot Put

1		Victoria BACA	FR #3 Western New Me	10.95m	35-11¼	4/19
2		Britney HICKMAN	SO #3 Western New Me{2}	9.04m	29-8	4/19
3		Emilia OLIVIERI RAMOS	SO #2 Lynn	6.51m	21-4¼	3/23

Women's Discus

1		Kiana ORTIZ	JR #3 Western New Me	32.74m	107-5	3/23
2		Victoria BACA	FR #3 Western New Me{2}	32.24m	105-9	3/16
3		Joni DICE	JR #5 Palm Beach Atlai	30.34m	99-6½	4/12
4		Brianne PRESLEY	FR #8 Cheyney	26.69m	87-6¾	3/16
5		Britney HICKMAN	SO #3 Western New Me{3}	25.77m	84-6¾	3/23

Women's Javelin

1	67	Kiana ORTIZ	JR #3 Western New Me	39.57m	129-10	4/19
2		Selma CARRASCO	SO #3 Western New Me{2}	32.51m	106-8	4/19
3		Britney HICKMAN	SO #3 Western New Me{3}	27.51m	90-3¼	4/19
4		Catherine SAN MIGUEL	SO #3 Western New Me{4}	26.23m	86-¾	4/19
5		Nayeli COBOS	SO #3 Western New Me{5}	24.89m	81-8	4/19
6		Gladys DOMINGUEZ	SO #3 Western New Me{6}	18.58m	60-11½	3/23



Conference TFRI Event Summary



Lone Star

as of 4/23/2024 8:32:58 AM ET

Women's 100 Meters

1	3	Deborah ACHEAMPONG	FR	#1 West Texas A&M	11.32c	(11.29A) (1.0)	4/6
2	6	Grizell SCARLETT	FR	#8 Eastern New Me	11.38c	(11.35A) (1.0)	4/6
3	16	Corrssia PERRY	SR	#1 West Texas A&M {2}	11.61cw	(11.58A) (2.0)	3/23
4	18	DeOndra GREEN	SR	#1 West Texas A&M {3}	11.63c	(11.60A) (1.0)	4/6
5	24	Fatoumata KABO	SO	#2 Angelo State	11.68w	(2.5)	4/6
6	30	Joy UDO-GABRIEL	SO	#1 West Texas A&M {4}	11.70c	(11.67A) (1.0)	4/6
7	36	Amari WEATHERFORD	FR	#1 West Texas A&M {5}	11.76c	(11.73A) (0.0)	4/21
8	93	Corinne THORPE	JR	#6 Midwestern Stat	12.02w	(2.5)	4/6
9		Anika BEUKES	FR	#7 Lubbock Christi	12.11cw	(12.08A) (3.0)	4/6
10		Helena KLUTSEY-CARBOO	FR	#8 Eastern New Mex	12.15c	(12.12A) (1.0)	3/30

Women's 100 Meter Hurdles

1	4	Maricia SPENCE	JR	#2 Angelo State	13.62w	(4.0)	4/6
2	17	Laiten GREESON	SR	#1 West Texas A&M	13.98c	(13.94A) (2.0)	4/21
3	36	Averie GRIFFITH	SR	#2 Angelo State {2}	14.20	(1.7)	3/16
4	37	Elliot HARRISON	SR	#1 West Texas A&M {2}	14.22c	(14.18A) (2.0)	4/21
5	44	Anna RICCOMAGNO	SO	#2 Angelo State {3}	14.29w	(4.0)	4/6
6	56	Abby ZAMZOW	SR	#2 Angelo State {4}	14.37w	(4.0)	4/6
6	56	Ariyah SAMUELS	SO	#2 Angelo State {4}	14.37	(0.3)	4/20
8	80	Cierra WHEELER	FR	#3 Dallas Baptist	14.51w	(2.7)	4/13
9	88	Isabel JAKOBSEN	FR	#5 UT Tyler	14.58	(1.2)	4/13
10	98	Kennedi SILMON	JR	#4 Texas A&M-King	14.65w	(3.1)	4/6

Women's 200 Meters

1	2	Corrssia PERRY	SR	#1 West Texas A&M	23.13cw	(23.06A) (2.0)	4/6
2	3	Deborah ACHEAMPONG	FR	#1 West Texas A&M {2}	23.16cw	(23.09A) (2.0)	4/6
3	9	Amari WEATHERFORD	FR	#1 West Texas A&M {3}	23.52c	(23.45A) (1.0)	4/21
4	13	Aerin THOMPSON	SO	#5 UT Tyler	23.54w	(2.5)	4/6
5	20	Blessing AKINTOYE	FR	#1 West Texas A&M {4}	23.85c	(23.78A) (1.0)	4/21
6	31	Cynai CHRISTOPHER	JR	#4 Texas A&M-King	24.14	(1.0)	4/6
7	42	Maricia SPENCE	JR	#2 Angelo State	24.24w	(2.5)	4/6
8	44	Grizell SCARLETT	FR	#8 Eastern New Me	24.28	(-0.5)	3/23
9	48	Anna SALISBURY	JR	#7 Lubbock Christi	24.30c	(24.23A) (1.0)	4/21
10	61	Jasmine HAYWOOD	FR	#5 UT Tyler {2}	24.39	(2.0)	4/6

Women's 400 Meters

1	2	Corrssia PERRY	SR	#1 West Texas A&M	52.36c	(52.25A)	4/6
2	4	Blessing AKINTOYE	FR	#1 West Texas A&M {2}	53.17c	(53.06A)	4/6
3	6	Anna SALISBURY	JR	#7 Lubbock Christi	53.58		3/30
4	9	Shadae FINDLEY	JR	#2 Angelo State	53.97c	(53.86A)	3/23
5	12	Aerin THOMPSON	SO	#5 UT Tyler	54.30		4/20
6	16	Cynai CHRISTOPHER	JR	#4 Texas A&M-King	54.65		3/23
7	21	Melanie ROLAND	SO	#4 Texas A&M-King {2}	54.88		4/6
7	21	Jasmine HAYWOOD	FR	#5 UT Tyler {2}	54.88		4/13
9	24	Zykia MCDANIEL	SR	#2 Angelo State {2}	54.98		4/6
10	40	Elizabeth FLOREZ	FR	#7 Lubbock Christi	55.66c	(55.55A)	3/23

Women's 400 Meter Hurdles

1	11	Fatoumata KABO	SO	#2 Angelo State	1:00.40		4/6
2	15	Temitope ADENUGA	FR	#1 West Texas A&M	1:01.15c	(1:01.04A)	4/6
3	29	Nidhi SINGH	JR	#6 Midwestern Stat	1:02.13		4/6
4	48	Ariyah SAMUELS	SO	#2 Angelo State {2}	1:02.99		4/6
5	50	Elliot HARRISON	SR	#1 West Texas A&M {2}	1:03.07		3/30
6	57	Anna RICCOMAGNO	SO	#2 Angelo State {3}	1:03.33		3/16
7	58	Averie GRIFFITH	SR	#2 Angelo State {4}	1:03.34		3/3
8	62	Isabel JAKOBSEN	FR	#5 UT Tyler	1:03.60		4/13
9	67	Allison VAUGHN	JR	#2 Angelo State {5}	1:03.76c	(1:03.65A)	3/23
10	71	Kylie FRUSH	SO	#2 Angelo State {6}	1:03.96		3/3

Women's 800 Meters

1	7	Ellie FRYE	SO	#3 Dallas Baptist	2:08.51		3/23
2	35	Raquel CHAVEZ	SR	#1 West Texas A&M	2:10.94c	(2:11.32A)	3/23
3	61	Maya ESPINOSA	JR	#4 Texas A&M-King	2:13.22		4/20
4	71	Aerin THOMPSON	SO	#5 UT Tyler	2:13.94c	(2:14.33A)	3/23
4	71	Nidhi SINGH	JR	#6 Midwestern Stat	2:13.94		4/13
6	83	Sarah WILLSON	FR	#9 St. Edward's	2:14.52		4/13
7	100	Juliana MERLO	SO	#9 St. Edward's {2}	2:15.22		4/20
8		Emily KERN	FR	#3 Dallas Baptist {2}	2:15.77		4/20
9		Jadyn DANGERFIELD	SO	#6 Midwestern Stat {2}	2:15.97c	(2:16.37A)	3/23
10		Jenna HOWARD	SR	#3 Dallas Baptist {3}	2:16.28		3/23

Women's 1500 Meters

1	9	Sarah KOOMSON	FR	#1 West Texas A&M	4:23.01c	(4:26.74A)	4/21
2	25	Kalkidan VINCENDEAU	JR	#1 West Texas A&M {2}	4:27.39c	(4:31.19A)	4/21
3	33	Betty BAJIKA	JR	#1 West Texas A&M {3}	4:28.40		4/13
4	44	Lesli SALAS	FR	#3 Dallas Baptist	4:30.00		3/23
5	54	Jenna HOWARD	SR	#3 Dallas Baptist {2}	4:31.53		4/20
6		Emme O'DONNELL	JR	#3 Dallas Baptist {3}	4:39.38		3/23
7		Megan SMITH	SR	#3 Dallas Baptist {4}	4:41.03		3/23
8		Juliana MERLO	SO	#9 St. Edward's	4:41.33		4/13
9		Jaycee LYONS	FR	#6 Midwestern Stat	4:43.27		4/13
10		Kylie HIMES	FR	#3 Dallas Baptist {5}	4:43.57		3/23

Women's Steeplechase

1	59	Kylie HIMES	FR	#3 Dallas Baptist	11:22.39		4/20
2	60	Ellie HOVRE	SR	#9 St. Edward's	11:22.43		4/20
3	77	Mary BROWN	JR	#2 Angelo State	11:31.70		3/16
4	89	Elayna METZGER	SO	#5 UT Tyler	11:38.19		4/13
5	95	Anastasia TRONICEK	FR	#3 Dallas Baptist {2}	11:41.40		4/13
6	97	Olivia WEIDER	SO	#7 Lubbock Christi	11:42.17c	(11:51.03A)	3/23
7		Mariana SANCHEZ	SO	#6 Midwestern Stat	11:44.34		4/6
8		Cailey JOHNSON	SO	#3 Dallas Baptist {3}	11:55.92		4/13
9		Courtney RICHMAN	FR	#3 Dallas Baptist {4}	12:15.17		4/20
10		Megan KIRTLEY	JR	#3 Dallas Baptist {5}	12:18.97		4/20



Conference TFRI Event Summary



Lone Star

as of 4/23/2024 8:32:58 AM ET

Women's 5000 Meters

1	5	Florance UWAJENEZA	SR	#1 West Texas A&M	16:00.14	3/30
2	13	Betty BAJIKA	JR	#1 West Texas A&M {2}	16:23.61	4/13
3	16	Sarah KOOMSON	FR	#1 West Texas A&M {3}	16:25.28	3/30
4	23	Lesli SALAS	FR	#3 Dallas Baptist	16:34.53	4/13
5	81	Elise LEVEEL	JR	#1 West Texas A&M {4}	17:18.73	3/30
6	85	Jenna HOWARD	SR	#3 Dallas Baptist {2}	17:20.68	3/23
7	88	Olivia MCLAIN	JR	#1 West Texas A&M {5}	17:21.98c (17:39.30A)	4/21
8		Megan SMITH	SR	#3 Dallas Baptist {3}	17:26.19	4/13
9		Lexi MAUL	SO	#1 West Texas A&M {6}	17:35.17c (17:52.71A)	4/21
10		Giselle LUERA	SR	#3 Dallas Baptist {4}	17:46.76	4/13

Women's 10,000 Meters

1	1	Florance UWAJENEZA	SR	#1 West Texas A&M	32:52.54	4/13
2	20	Elise LEVEEL	JR	#1 West Texas A&M {2}	35:01.45	4/13
3	28	Jenna HOWARD	SR	#3 Dallas Baptist	35:32.14	4/13
4	44	Olivia MCLAIN	JR	#1 West Texas A&M {3}	36:26.37	4/13
5	49	Lexi MAUL	SO	#1 West Texas A&M {4}	36:32.79	3/30
6	84	Ella PANDO	SO	#6 Midwestern Stat	37:30.51	3/16
7	88	Jetzibe TREVINO	FR	#3 Dallas Baptist {2}	37:37.75	3/23
8		Alex FELLER	SR	#6 Midwestern Stat {2}	38:00.85	3/30
9		Caroline WILDRICK	JR	#9 St. Edward's	38:54.99	4/13
10		Rosalene REYES PEREZ	SO	#6 Midwestern Stat {3}	38:55.01	3/16

Women's 4x100 Relay

1	1	Joy Udo-Gabriel, Deborah Acheampong, Amari Weatherford, DeOndra Green	#1 West Texas A&M	44.60c (44.48A)	4/21
2	6	Maricia Spence, Fatoumata Kabo, Alliyah Harrison, Zykia McDaniel	#2 Angelo State	45.37	4/6
3	31	Jodian Stewart, Riley Midgett, Helena Klutsey-Carboo, Grizell Scarlett	#8 Eastern New Me	46.57	4/13
4	38	Jazmine Miller, Cynai Christopher, Vitiana Robert, Melanie Roland	#4 Texas A&M-King	46.87	4/13
5	50	Corinne Thorpe, Kennedy Smith, Daiza Jones, Steveanna Hearn	#6 Midwestern Stat	47.18	4/6
6	54	Anna Salisbury, Jozlyn Arana, Anika Beukes, Kamille Boyd	#7 Lubbock Christia	47.22c (47.10A)	4/6
7	74	Kendal Brown, Cierra Wheeler, Madyson Castellion, Whitney Willeford	#3 Dallas Baptist	47.74	3/23
8		Aubrey Berry, Annie Sikes, Sara Winn, Anne de Jong	#11 Cameron	54.00	3/16

Women's 4x400 Relay

1	4	Kamaria Carr, Jasmine Haywood, Isabel Jakobsen, Aerin Thompson	#5 UT Tyler	3:40.25	3/30
2	6	Corrsia Perry, Jordan Brown, Sherifatu Sheriff, Blessing Akintoye	#1 West Texas A&M	3:40.64c (3:40.20A)	4/21
3	8	Zykia McDaniel, Fatoumata Kabo, Alliyah Harrison, Shadae Findley	#2 Angelo State	3:41.56	4/6
4	22	Elizabeth Florez, Jozlyn Arana, Anika Beukes, Anna Salisbury	#7 Lubbock Christia	3:46.19c (3:45.75A)	4/21
5	26	Cynai Christopher, Sophie Mossman, Vitiana Robert, Melanie Roland	#4 Texas A&M-King	3:47.50	3/30
6	34	Daiza Jones, Da' Shrana Sims, Trell'Kyrah Watkins, Jessie Heath	#6 Midwestern Stat	3:50.24	3/30
7	44	Ellie Frye, Jesse Swan, Madyson Castellion, Cierra Wheeler	#3 Dallas Baptist	3:52.48	3/23
8	67	Amari Singleton, Hailey Rodriguez, Mia Rivera, Sarah Willson	#9 St. Edward's	3:57.72	3/30
9		Grizell Scarlett, Riley Midgett, Savannah Romero, Meghan Rodriguez	#8 Eastern New Me	4:07.22c (4:06.78A)	3/30
10		Katie Bosley, Mary Loftiss, Brooke Latham, Andrea Garcia Gonzalez	#10 Oklahoma Christ	4:16.42	4/6

Women's High Jump

1	9	Juliane FRUEH	SO	#5 UT Tyler	1.73m 5-8	4/20
2	18	Aerin THOMPSON	SO	#5 UT Tyler {2}	1.71m 5-7¼	4/6
3	28	Laiten GREESON	SR	#1 West Texas A&M	1.69m 5-6½	4/6
4	32	Anna RICCOMAGNO	SO	#2 Angelo State	1.68m 5-6	4/6
5	36	Kylie PADEN	SO	#2 Angelo State {2}	1.67m 5-5¾	3/3
6	46	Alyssa SINGLETARY	FR	#7 Lubbock Christia	1.66m 5-5¼	4/21
7	85	Madison RAMOS	SO	#4 Texas A&M-King	1.62m 5-3¾	4/13
7	85	Maricia SPENCE	JR	#2 Angelo State {3}	1.62m 5-3¾	4/6
9		Abbey BRADSHAW	JR	#3 Dallas Baptist	1.60m 5-3	3/23
9		Ashtyn WARREN	FR	#2 Angelo State {4}	1.60m 5-3	4/6



Conference TFRI Event Summary



Lone Star

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Women's Pole Vault

1	14	Kylie PADEN	SO	#2 Angelo State	3.95m	12-11½	4/13
2	21	Abeni KRATZMEYER	JR	#5 UT Tyler	3.90m	12-9½	3/16
3	50	Joey ZIMMERMAN	SR	#1 West Texas A&M	3.65m	11-11¾	4/21
4	61	Adoniyah PEARSON	FR	#5 UT Tyler	{2} 3.61m	11-10	3/23
5	69	Olivia MITCHELL	FR	#5 UT Tyler	{3} 3.58m	11-9	4/20
6	85	Katelyn BOHENSKY	JR	#2 Angelo State	{2} 3.50m	11-5¾	3/3
7		Delaini HANNA	JR	#6 Midwestern Stat	3.35m	10-11¾	4/13
7		Camryn BARROS	JR	#2 Angelo State	{3} 3.35m	10-11¾	3/3
9		Minerva CERDA-HERNANDEZ	FR	#8 Eastern New Me	3.30m	10-9¾	4/6
9		Jillian HALFMANN	FR	#2 Angelo State	{4} 3.30m	10-9¾	4/13

Women's Long Jump

1	2	Maricia SPENCE	JR	#2 Angelo State	6.22mw	20-5 (3.6)	4/6
2	8	Kailee BENTON	SO	#1 West Texas A&M	6.11mw	20-½ (2.8)	4/4
3	16	Abby ZAMZOW	SR	#2 Angelo State	{2} 6.02mw	19-9 (2.9)	3/22
4	18	Aerin THOMPSON	SO	#5 UT Tyler	5.97mw	19-7 (3.1)	4/6
5	23	Jodian STEWART	FR	#8 Eastern New Me	5.92mw	19-5¼ (3.0)	4/4
6	31	Laiten GREESON	SR	#1 West Texas A&M	{2} 5.89mw	19-4 (3.7)	4/4
7	36	Daniela PESIC	SR	#1 West Texas A&M	{3} 5.84mw	19-2 (2.1)	4/6
7	36	Kylie FRUSH	SO	#2 Angelo State	{3} 5.84mw	19-2 (3.6)	4/6
9	59	Allison VAUGHN	JR	#2 Angelo State	{4} 5.72mw	18-9¼ (2.8)	4/6
10	89	Maryn NOBLE	FR	#1 West Texas A&M	{4} 5.61m	18-5 (1.5)	4/21

Women's Triple Jump

1	5	Miriam ZANOVELLO	SR	#1 West Texas A&M	12.47mw	40-11 (2.4)	4/21
2	16	Allison VAUGHN	JR	#2 Angelo State	12.22mw	40-1¼ (3.5)	4/6
3	31	Kailee BENTON	SO	#1 West Texas A&M	{2} 12.00mw	39-4½ (3.7)	4/4
4	32	Hekla MAGNUSDOTTIR	JR	#1 West Texas A&M	{3} 11.99mw	39-4 (2.4)	4/21
5	51	Peyton LEWIS	SR	#6 Midwestern Stat	11.73mw	38-6 (2.8)	4/13
6	57	Maggie MORALES	SO	#2 Angelo State	{2} 11.66m	38-3¼ (1.4)	3/3
7	84	Cierra WHEELER	FR	#3 Dallas Baptist	11.41m	37-5¼ (-0.6)	3/23
8	95	Audrey UZOUKWU	JR	#1 West Texas A&M	{4} 11.33mw	37-2¼ (2.7)	3/16
9		Nicole CZERWINSKI	FR	#1 West Texas A&M	{5} 11.31mw	37-1¼ (2.9)	4/6
10		Brooklyn LAMPRECHT	SO	#4 Texas A&M-King	11.29mw	37-½ (2.6)	4/13

Women's Shot Put

1	21	Katryna HERNANDEZ	SR	#4 Texas A&M-King	14.36m	47-1½	3/23
1	21	Jada SEWELL	JR	#1 West Texas A&M	14.36m	47-1½	4/6
3	25	Tamia SMITH	SR	#8 Eastern New Me	14.30m	46-11	4/19
4	31	Arrianna ALLEN	FR	#1 West Texas A&M	{2} 14.06m	46-1½	3/23
5	45	Devon WILLIAMS	JR	#4 Texas A&M-King	{2} 13.51m	44-4	4/13
6	67	Meadow GALLENTINE	SO	#1 West Texas A&M	{3} 13.11m	43-¼	4/6
7	76	Kennedy ULMER	SO	#8 Eastern New Me	{2} 13.03m	42-9	4/6
8	83	Alexandria TICE	SO	#1 West Texas A&M	{4} 12.93m	42-5¼	3/16
9	84	Leslie PENA	FR	#4 Texas A&M-King	{3} 12.92m	42-4¾	4/13
10	88	Brooklyn HOUSE	SR	#5 UT Tyler	12.87m	42-2¾	4/13

Women's Discus

1	3	Tiamara HILL-JOHNSON	JR	#2 Angelo State	49.47m	162-4	4/13
2	16	Brooklyn HOUSE	SR	#5 UT Tyler	47.01m	154-3	4/20
3	19	Devon WILLIAMS	JR	#4 Texas A&M-King	46.67m	153-2	4/20
4	38	Arrianna ALLEN	FR	#1 West Texas A&M	44.64m	146-6	3/23
5	46	Nikkita ADDY	SR	#10 Oklahoma Christ	44.22m	145-1	4/6
6	50	Kennedy ULMER	SO	#8 Eastern New Me	43.94m	144-2	4/19
7	61	Leslie PENA	FR	#4 Texas A&M-King	{2} 43.38m	142-4	3/23
8	64	Kamryn WILLIAMS	FR	#2 Angelo State	{2} 43.25m	141-11	3/23
9	70	Kaylea DEMETRIUS	FR	#4 Texas A&M-King	{3} 42.80m	140-5	4/6
10	95	Abigail PROVOST	FR	#1 West Texas A&M	{2} 41.59m	136-6	3/16

Women's Hammer

1	51	Meadow GALLENTINE	SO	#1 West Texas A&M	50.42m	165-5	4/6
2	62	Nikkita ADDY	SR	#10 Oklahoma Christ	49.81m	163-5	3/30
3	64	Katryna HERNANDEZ	SR	#4 Texas A&M-King	49.79m	163-4	3/23
4	70	Jada SEWELL	JR	#1 West Texas A&M	{2} 49.46m	162-3	4/6
5	80	Abigail PROVOST	FR	#1 West Texas A&M	{3} 48.70m	159-10	4/21
6	100	Abigail JONES	JR	#7 Lubbock Christia	47.47m	155-9	3/23
7		Tamia SMITH	SR	#8 Eastern New Me	46.30m	151-11	3/30
8		Jenna LLOYD	SO	#4 Texas A&M-King	{2} 45.57m	149-6	4/6
9		Hope GRAY	SO	#1 West Texas A&M	{4} 45.02m	147-9	3/23
10		Tiamara HILL-JOHNSON	JR	#2 Angelo State	44.68m	146-7	4/6

Women's Javelin

1	19	Kennedy ULMER	SO	#8 Eastern New Me	44.30m	145-4	4/13
2	57	Maricia SPENCE	JR	#2 Angelo State	40.19m	131-10	4/6
3	75	Laiten GREESON	SR	#1 West Texas A&M	38.61m	126-8	4/6
4	76	Deziree BOSQUEZ	FR	#8 Eastern New Me	{2} 38.48m	126-3	3/16
5	92	Juliane FRUEH	SO	#5 UT Tyler	37.81m	124-1	4/13
6	96	Zoe BROWN	SO	#4 Texas A&M-King	37.54m	123-2	3/23
7		Lilly WOLF	SO	#5 UT Tyler	{2} 36.48m	119-8	3/23
8		Maryn NOBLE	FR	#1 West Texas A&M	{2} 35.64m	116-11	4/6
9		Anna RICCOMAGNO	SO	#2 Angelo State	{2} 34.86m	114-5	4/6
10		Skyler DEMPSEY	JR	#7 Lubbock Christia	34.04m	111-8	4/6

Women's Heptathlon

1	3	Maricia SPENCE	JR	#2 Angelo State	5,791		4/6
2	6	Laiten GREESON	SR	#1 West Texas A&M	5,403c	(5403.00A)	4/6
3	8	Aerin THOMPSON	SO	#5 UT Tyler	5,383		4/6
4	12	Anna RICCOMAGNO	SO	#2 Angelo State	{2} 5,212		4/6
5	19	Allison VAUGHN	JR	#2 Angelo State	{3} 4,890		4/6
6	22	Elliot HARRISON	SR	#1 West Texas A&M	{2} 4,868c	(4868.00A)	4/6
7	24	Juliane FRUEH	SO	#5 UT Tyler	{2} 4,791		4/13
8	30	Kylie FRUSH	SO	#2 Angelo State	{4} 4,666		4/6
9	42	Amanda CHACON	SR	#3 Dallas Baptist	4,374		4/6
10	47	Abby ZAMZOW	SR	#2 Angelo State	{5} 4,331		4/6



Conference TFRI Event Summary



MIAA

as of 4/23/2024 8:32:58 AM ET

Women's 100 Meters

1	3	Diandrenique GAINES	JR	#1 Pittsburg State	11.32w	(2.2)	4/6
2	9	Taniya LOONEY	SO	#1 Pittsburg State {2}	11.45w	(3.8)	4/6
3	13	Lexie GILBERT	SR	#2 Northwest Misso	11.54w	(2.9)	4/6
4	16	Shantae GEORGE	JR	#8 Lincoln (Mo.)	11.61	(2.0)	4/6
5	26	Brooklynn HOLTMAN	SO	#6 Central Missouri	11.69	(1.6)	4/6
6	41	Ta'Mijha NICHOLS	FR	#3 Washburn	11.78w	(2.1)	4/20
7	46	Jamiya MORGAN	JR	#1 Pittsburg State {3}	11.81	(1.6)	4/6
8	69	Sai BROOKINS-FLEMING	FR	#10 Central Oklahoma	11.93w	(2.2)	4/13
9	80	Ashley WILDEMAN	SR	#9 Emporia State	11.97w	(2.1)	4/20
10	82	Lauren CARLSON	SR	#9 Emporia State {2}	11.98w	(2.9)	4/6

Women's 100 Meter Hurdles

1	8	Blakelee WINN	JR	#1 Pittsburg State	13.80w	(3.7)	4/6
2	12	Mya FERGUSON	SR	#4 Missouri Southern	13.91w	(3.3)	4/6
3	32	Madelyn MARQUEZ	SR	#1 Pittsburg State {2}	14.17w	(3.3)	4/6
4	68	Mattie FLANAGAN	SR	#1 Pittsburg State {3}	14.45w	(3.7)	4/6
5	78	Taylor SAVOLT	SR	#5 Fort Hays State	14.50	(0.5)	4/13
6	88	Maggie REMSBERG	SR	#5 Fort Hays State {2}	14.58	(0.5)	4/13
7	92	Deriyah LEE	FR	#10 Central Oklahoma	14.60w	(4.0)	4/6
8	93	Kayla GOODWIN	JR	#6 Central Missouri	14.61w	(4.0)	4/6
8	93	Payton PHILLIPS	FR	#1 Pittsburg State {4}	14.61w	(3.7)	4/6
10	98	Naiuri KREIN	SO	#3 Washburn	14.65	(0.6)	4/13

Women's 200 Meters

1	7	Brooklynn HOLTMAN	SO	#6 Central Missouri	23.47	(0.7)	4/6
2	14	Diandrenique GAINES	JR	#1 Pittsburg State	23.55w	(2.3)	4/20
3	17	Tiffany HUGHEY	SR	#2 Northwest Misso	23.66	(0.7)	4/19
4	28	Jamiya MORGAN	JR	#1 Pittsburg State {2}	24.05	(0.7)	4/6
5	29	Lexie GILBERT	SR	#2 Northwest Misso {2}	24.10	(1.6)	4/6
6	43	Taniya LOONEY	SO	#1 Pittsburg State {3}	24.26	(-0.3)	4/13
7	55	Kinleigh HALL	SO	#1 Pittsburg State {4}	24.36	(1.3)	4/6
8	59	Mikah EDWARDS	FR	#1 Pittsburg State {5}	24.37	(1.3)	4/6
9	66	Chloe SAENZ	JR	#2 Northwest Misso {3}	24.42	(-0.4)	4/12
10	81	Lillian HARRIS	FR	#3 Washburn	24.58	(1.9)	4/20

Women's 400 Meters

1	3	Tiffany HUGHEY	SR	#2 Northwest Misso	52.74		4/19
2	8	Luisarys TOLEDO	SO	#2 Northwest Misso {2}	53.79		4/21
3	11	Brooklynn HOLTMAN	SO	#6 Central Missouri	54.15		4/12
4	17	Chloe SAENZ	JR	#2 Northwest Misso {3}	54.69		4/12
5	25	Mikah EDWARDS	FR	#1 Pittsburg State	55.08		4/13
6	28	Kinleigh HALL	SO	#1 Pittsburg State {2}	55.28		4/13
7	33	Shoneal CLARKE-GIDDINGS	FR	#8 Lincoln (Mo.)	55.47		3/30
8	39	Shevanae THOMAS	JR	#8 Lincoln (Mo.) {2}	55.58		4/13
9	43	Kereser AUGUSTIN	SO	#3 Washburn	55.78		4/13
10	47	Treasure VALLERIE	FR	#10 Central Oklahoma	55.89		4/6

Women's 400 Meter Hurdles

1	3	Odeshia NANTON	FR	#8 Lincoln (Mo.)	59.42		4/20
2	6	Taylor SAVOLT	SR	#5 Fort Hays State	59.59		4/20
3	12	Abigael REID	JR	#9 Emporia State	1:00.77		4/20
4	18	Shevanae THOMAS	JR	#8 Lincoln (Mo.) {2}	1:01.42		4/20
5	19	Jaedy COMMINS	JR	#2 Northwest Misso	1:01.47		4/12
6	37	Maria DIAMOND	SR	#8 Lincoln (Mo.) {3}	1:02.59		4/20
7	39	Ashley HEAVNER	SO	#3 Washburn	1:02.61		4/11
8	54	Deriyah LEE	FR	#10 Central Oklahoma	1:03.17		4/13
9	70	Kennedy SMITH	SR	#9 Emporia State {2}	1:03.93		4/12
10	92	Maeli MEIER	SO	#7 Neb.-Kearney	1:04.75		4/19

Women's 800 Meters

1	10	Kate DAWSON	SR	#1 Pittsburg State	2:08.58		4/13
2	16	Lexie FONTAINE	SO	#3 Washburn	2:09.31		4/13
3	23	Lydia MCGLOCKLIN	SO	#2 Northwest Misso	2:09.71		4/13
4	24	Kaylee HARP	SR	#2 Northwest Misso {2}	2:09.79		4/12
5	40	Claire BRUENING	JR	#1 Pittsburg State {2}	2:11.21		4/13
6	52	Bailey BLAKE	SR	#2 Northwest Misso {3}	2:12.61		3/30
7	73	Alyna THIBAUT	SR	#2 Northwest Misso {4}	2:13.95		4/13
8	74	Nicole MESSBARGER	SR	#7 Neb.-Kearney	2:14.06		4/12
9	75	Shoneal CLARKE-GIDDINGS	FR	#8 Lincoln (Mo.)	2:14.09		4/13
10	96	Hannah HARRISON	SR	#7 Neb.-Kearney {2}	2:15.05		3/30

Women's 1500 Meters

1	31	Kate DAWSON	SR	#1 Pittsburg State	4:28.19		4/13
2	46	Alyna THIBAUT	SR	#2 Northwest Misso	4:30.39		4/13
3	57	Claire BRUENING	JR	#1 Pittsburg State {2}	4:31.92		4/13
4	66	Lexie FONTAINE	SO	#3 Washburn	4:33.57		3/29
5	87	Jaycee VATH	JR	#5 Fort Hays State	4:36.52		4/13
6		Madison SUTTERFIELD	FR	#5 Fort Hays State {2}	4:38.82		4/13
7		Jayna GUNTER	FR	#4 Missouri Southern	4:40.53		4/6
8		Charis ROBINSON	FR	#7 Neb.-Kearney	4:41.07		4/13
9		Cadence CORDOVA	FR	#12 Rogers State	4:41.21		4/13
10		Lydia MCGLOCKLIN	SO	#2 Northwest Misso {2}	4:42.32		4/13

Women's Steeplechase

1	27	Whitney POST	SO	#2 Northwest Misso	10:54.30		4/13
2	28	Brynn HIRSCHFELD	SO	#7 Neb.-Kearney	10:54.33		4/13
3	34	Taylor MCCREEDY	JR	#2 Northwest Misso {2}	11:02.76		4/13
4	42	Eve WEBER	JR	#3 Washburn	11:12.43		4/20
5	46	Marissa DICK	SR	#1 Pittsburg State	11:14.99		3/30
6	67	Erin HAMMEKE	JR	#1 Pittsburg State {2}	11:25.93		3/30
7	72	Ella BUHLKE	FR	#7 Neb.-Kearney {2}	11:28.10		4/12
8	78	Kayanna ADAMS	JR	#4 Missouri Southern	11:32.08		4/12
9		Cheyenne HITTLE	FR	#3 Washburn {2}	12:09.74		4/12
10		Stacy BRIGGS	SR	#3 Washburn {3}	12:20.38		3/30



Conference TFRI Event Summary



MIAA

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Women's 5000 Meters

1	40	Jaycee VATH	JR	#5 Fort Hays State	16:52.41	4/13
2	42	Hannah GIBSON	FR	#1 Pittsburg State	16:53.46	4/13
3	66	Brianna DEANGELIS-STINNETT	SR	#12 Rogers State	17:11.60	4/13
4	68	Jayna GUNTER	FR	#4 Missouri Southern	17:11.84	4/13
5	78	Regan HODSDEN	JR	#5 Fort Hays State {2}	17:17.37	3/29
6	87	Riley VICKREY	SR	#4 Missouri Southern {2}	17:21.25	3/29
7	91	Marissa DICK	SR	#1 Pittsburg State {2}	17:22.74	4/13
8	96	Darian HUDGEONS	SO	#5 Fort Hays State {3}	17:24.12	4/13
9		Gloria BUTTS	SR	#12 Rogers State {2}	17:32.23	4/13
10		Cadence CORDOVA	FR	#12 Rogers State {3}	17:35.59	4/13

Women's 10,000 Meters

1	36	Grace BONSALL	SR	#7 Neb.-Kearney	36:00.75	4/13
2		Kaci SINGER	SO	#1 Pittsburg State	38:08.91	4/20
3		Shelby HARRIS	FR	#2 Northwest Missouri	39:13.96	4/20
4		Erika BAKER	SO	#1 Pittsburg State {2}	39:47.69	4/20
5		Avery HOFFPAUIR	SR	#3 Washburn	40:37.32	4/13
6		Korry DAVIS	JR	#6 Central Missouri	46:12.39	4/12

Women's 4x100 Relay

1	2	Blakelee Winn, Taniya Looney, Jamiya Morgan, Diandrenique Gaines		#1 Pittsburg State	44.69	4/6
2	18	Anayla Waters, Brooklynn Holtman, Kylee Terry, Lenetta Lee		#6 Central Missouri	46.05	4/12
3	27	Aaliyannah Anderson, Shevanae Thomas, Monea Carey, Shantae George		#8 Lincoln (Mo.)	46.45	4/13
4	31	Ta'Mijha Nichols, Lillian Harris, Maya Pattison, Alyssa Hutcherson		#3 Washburn	46.57	3/30
5	37	Jadyn Barnes, Chloe Saenz, Peyton Holmes, Lexie Gilbert		#2 Northwest Missouri	46.78	3/30
6	72	Kadaisha Mpwo, Ashley Wildeman, Clarice Nichols, Lauren Carlson		#9 Emporia State	47.64	4/12
7	82	Emma Schwinn, Justyce Cribbs, Haley Sampson, Aneesa Abdul-Hameed		#11 Missouri Western	47.85	4/12
8		#Type!		#10 Central Oklahoma	48.54	3/30

Women's 4x400 Relay

1	2	Chloe Saenz, Luisarys Toledo, Kaylee Harp, Tiffany Hughey		#2 Northwest Missouri	3:37.78	3/30
2	9	Jamiya Morgan, Kinleigh Hall, Yasmine Johnson, Mikah Edwards		#1 Pittsburg State	3:41.91	4/13
3	10	Shevanae Thomas, Shoneal Clarke-Giddings, Abigail Brooks, Odeshia Nanton		#8 Lincoln (Mo.)	3:42.35	3/30
4	28	Kylee Terry, Brooklynn Holtman, Anayla Waters, Lenetta Lee		#6 Central Missouri	3:48.35	3/30
5	36	#Type!		#3 Washburn	3:50.86	4/20
6	38	Hannah Harrison, Nicole Messbarger, Kyla Carlson, Maeli Meier		#7 Neb.-Kearney	3:51.18	4/5
7	39	Hollie Marlow, Abigael Reid, Makenzie Owings, Lauren Carlson		#9 Emporia State	3:51.65	4/12
8	47	Reba Mader, Kinley Brown, Maggie Remsberg, Taylor Savolt		#5 Fort Hays State	3:53.29	4/13
9	70	#Type!		#10 Central Oklahoma	3:58.17	3/30
10		Ann-Marie Dorsey, Brianna DeAngelis-Stinnett, Faith Tinney, Ashley Riggerbach		#12 Rogers State	4:24.06	3/2

Women's High Jump

1	2	Erica SCHAMEL	SR	#1 Pittsburg State	1.79m	5-10½	3/23
2	4	Alexandra HART	SO	#3 Washburn	1.76m	5-9¼	4/11
3	7	Taylor NELLOMS	SR	#1 Pittsburg State {2}	1.74m	5-8½	4/13
4	9	Haleigh HADLEY	JR	#1 Pittsburg State {3}	1.73m	5-8	4/6
4	9	Brianna RUSSELL	SO	#7 Neb.-Kearney	1.73m	5-8	4/12
4	9	Allary LIBERATORE	SR	#1 Pittsburg State {3}	1.73m	5-8	4/6
7	14	Rachel WILSON	SO	#1 Pittsburg State {5}	1.72m	5-7¾	4/20
8	18	Sydney DAVIS	FR	#7 Neb.-Kearney {2}	1.71m	5-7¼	4/5
9	21	Mattie FLANAGAN	SR	#1 Pittsburg State {6}	1.70m	5-7	4/13
10	28	Kyra HEALD	SO	#1 Pittsburg State {7}	1.69m	5-6½	3/30



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MIAA

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Women's Pole Vault

1	2	Kyla DAVIS	JR	#1 Pittsburg State	4.39m	14-4¾	4/20
2	5	Isabelle PETERS	JR	#1 Pittsburg State {2}	4.19m	13-9	4/20
3	14	Annabeth BAALMANN	SO	#5 Fort Hays State	3.95m	12-11½	3/30
4	19	Mackenzie MORING	JR	#4 Missouri Southern	3.91m	12-10	4/12
5	22	Reagan HOUSLEY	FR	#3 Washburn	3.87m	12-8¼	4/13
6	27	Katie CANDRL	JR	#4 Missouri Southern {2}	3.82m	12-6¼	3/30
7	34	Shelbi DAY	SR	#1 Pittsburg State {3}	3.79m	12-5¼	4/20
8	50	Mattison THETFORD	SO	#10 Central Oklahoma	3.65m	11-11¾	4/13
8	50	Samantha SCHEMPER	JR	#7 Neb.-Kearney	3.65m	11-11¾	4/19
10	61	Gabrielle OBORNY	SR	#7 Neb.-Kearney {2}	3.61m	11-10	4/12

Women's Long Jump

1	6	Luisarys TOLEDO	SO	#2 Northwest Missoula	6.13mw	20-1½ (2.5)	4/6
2	10	Siby YAO	JR	#1 Pittsburg State	6.10m	20-¼ (-1.9)	4/11
3	15	Taylor NELLOMS	SR	#1 Pittsburg State {2}	6.03mw	19-9½ (2.1)	4/6
4	19	Kelsey DRAPEAU	SR	#10 Central Oklahoma	5.96mw	19-6¾ (3.4)	4/12
5	23	Auna CHILDRESS	SR	#1 Pittsburg State {3}	5.92m	19-5¼ (1.7)	4/20
6	40	Makayla WATSON	SO	#1 Pittsburg State {4}	5.82mw	19-1¼ (2.6)	3/23
7	43	Blakelee WINN	JR	#1 Pittsburg State {5}	5.80mw	19-½ (3.4)	4/6
8	45	Simone GREEN	SR	#6 Central Missouri	5.79m	19-0 (1.3)	4/12
9	54	Clarice NICHOLS	SR	#9 Emporia State	5.77mw	18-11¼ (3.8)	3/22
10	60	Mattie FLANAGAN	SR	#1 Pittsburg State {6}	5.71m	18-8¾ (0.2)	4/13

Women's Triple Jump

1	1	Taylor NELLOMS	SR	#1 Pittsburg State	13.11m	43-¼ (2.0)	4/20
2	3	Auna CHILDRESS	SR	#1 Pittsburg State {2}	12.69m	41-7¾ (0.4)	4/11
3	8	Annalisa BARCLAY	JR	#8 Lincoln (Mo.)	12.40m	40-8¼ (1.5)	4/20
4	11	Kayla GOODWIN	JR	#6 Central Missouri	12.33mw	40-5½ (2.6)	4/12
5	24	Maggie KLOVER	JR	#6 Central Missouri {2}	12.08m	39-7¾ (-0.6)	4/12
6	27	Alexandra HART	SO	#3 Washburn	12.06m	39-6¾ (1.2)	3/30
7	30	Siby YAO	JR	#1 Pittsburg State {3}	12.01mw	39-5 (2.2)	4/20
8	49	Simone GREEN	SR	#6 Central Missouri {3}	11.77m	38-7½ (0.7)	4/12
9	50	Makayla PAVELKA	SO	#1 Pittsburg State {4}	11.76mw	38-7 (3.3)	4/6
10	53	Makayla WATSON	SO	#1 Pittsburg State {5}	11.71mw	38-5 (2.5)	4/20

Women's Shot Put

1	4	Samariae BONDS	SR	#4 Missouri Southern	15.27m	50-1¼	4/12
2	5	Makenzie GARR	FR	#11 Missouri Western	15.26m	50-¾	4/21
3	8	Shanice HUTSON	SO	#3 Washburn	15.24m	50-0	3/30
4	10	Briar GILLUM	FR	#4 Missouri Southern {2}	15.04m	49-4¼	3/28
5	11	Mele TAULA	FR	#9 Emporia State	15.02m	49-3½	4/20
6	14	Allyssa MAHONE	JR	#11 Missouri Western {2}	14.88m	48-10	4/21
7	15	Dahsauni LYDAY	SR	#10 Central Oklahoma	14.78m	48-6	4/18
8	35	Abby LASITER	SO	#1 Pittsburg State	13.79m	45-3	4/6
9	42	Mona KEITA	FR	#4 Missouri Southern {3}	13.57m	44-6¼	4/12
10	48	Madison MEARS	SO	#6 Central Missouri	13.47m	44-2½	4/6

Women's Discus

1	5	Allyssa MAHONE	JR	#11 Missouri Western	48.79m	160-1	4/21
2	6	Shanice HUTSON	SO	#3 Washburn	48.78m	160-1	4/6
3	7	Briar GILLUM	FR	#4 Missouri Southern	48.64m	159-7	4/6
4	10	Kirsten WOMACK	FR	#4 Missouri Southern {2}	47.80m	156-10	3/30
5	24	Madison VERMETTEN	SO	#9 Emporia State	46.13m	151-4	4/6
6	27	Addison HINTERWEGER	SO	#1 Pittsburg State	45.77m	150-2	4/20
7	28	Laken MANNS	SO	#6 Central Missouri	45.70m	149-11	4/12
8	41	Makenzie GARR	FR	#11 Missouri Western {2}	44.54m	146-2	4/6
9	48	Madison MEARS	SO	#6 Central Missouri {2}	44.15m	144-10	4/12
10	49	Jessica SAUNDERS	JR	#5 Fort Hays State	44.01m	144-5	4/12

Women's Hammer

1	5	Paola CASTALDI	JR	#3 Washburn	56.53m	185-6	4/11
2	6	Briar GILLUM	FR	#4 Missouri Southern	56.42m	185-1	3/23
3	9	Lily NOVACEK	SO	#7 Neb.-Kearney	55.91m	183-5	4/19
4	10	Abby LASITER	SO	#1 Pittsburg State	55.60m	182-5	4/20
5	12	Adriel HOLLOWAY	SO	#3 Washburn {2}	54.44m	178-8	4/20
6	14	Allyssa MAHONE	JR	#11 Missouri Western	54.27m	178-1	4/21
7	22	Kirsten WOMACK	FR	#4 Missouri Southern {2}	53.24m	174-8	4/12
8	30	Mallory HUBER	JR	#4 Missouri Southern {3}	52.62m	172-8	3/23
9	36	Addison HINTERWEGER	SO	#1 Pittsburg State {2}	51.88m	170-3	4/20
10	37	Liberty BOOKER	SO	#5 Fort Hays State	51.87m	170-2	4/19

Women's Javelin

1	3	Adrienne CASEY	FR	#4 Missouri Southern	48.30m	158-6	4/20
2	6	Keilee JOHNSON	SO	#4 Missouri Southern {2}	47.08m	154-6	4/12
3	7	Mele TAULA	FR	#9 Emporia State	46.84m	153-8	4/6
4	9	Luisarys TOLEDO	SO	#2 Northwest Missoula	46.43m	152-4	4/21
5	12	Addie BERENS	SR	#5 Fort Hays State	45.85m	150-5	3/30
6	14	Olivia VANDERWEIDE	FR	#1 Pittsburg State	45.48m	149-3	4/20
7	15	Mackenzie MAYER	SO	#4 Missouri Southern {3}	45.27m	148-6	4/20
8	16	Shelby SOGAARD	SO	#1 Pittsburg State {2}	44.91m	147-4	3/22
9	17	Rhyann BROWN	SR	#5 Fort Hays State {2}	44.56m	146-3	4/19
10	20	Blakelee WINN	JR	#1 Pittsburg State {3}	44.29m	145-4	3/30

Women's Heptathlon

1	7	Blakelee WINN	JR	#1 Pittsburg State	5,400		4/13
2	9	Mattie FLANAGAN	SR	#1 Pittsburg State {2}	5,318		4/13
3	10	Kayla GOODWIN	JR	#6 Central Missouri	5,251		4/6
4	13	Naiuri KREIN	SO	#3 Washburn	5,177		4/13
5	16	Taylor SAVOLT	SR	#5 Fort Hays State	5,092		4/13
6	25	Maggie REMSBERG	SR	#5 Fort Hays State {2}	4,769		4/13
7	34	Anna GLADSTONE	SR	#2 Northwest Missoula	4,580		3/30
8	37	Payton PHILLIPS	FR	#1 Pittsburg State {3}	4,539		4/13
9	57	Shelby BUTTERFIELD	JR	#2 Northwest Missoula {2}	4,168		4/12
10	60	Isabel VIKOLER	FR	#9 Emporia State	4,151		4/12



Conference TFRI Event Summary



Mountain East

as of 4/23/2024 8:32:59 AM ET

Women's 100 Meters

1	Valerie BOARDS	SO	#2 Frostburg State	12.16w	(2.1)	4/20
2	Ka'niya MCGOWAN	SR	#5 Wheeling	12.22	(1.2)	4/19
2	Candace MORRIS	FR	#6 West Virginia Sta	12.22	(1.1)	4/20
4	Antiya MCALISTER	FR	#6 West Virginia Sta{2}	12.31	(0.3)	3/30
5	Zoe LEDET	FR	#6 West Virginia Sta{3}	12.32	(0.3)	3/30
6	Sierra LANHAM	SO	#3 West Liberty Sta	12.34	(-0.7)	4/20
7	Ky'Ara ROSS	FR	#3 West Liberty Sta{2}	12.35	(-0.7)	4/20
8	Isabella MASTRIA	FR	#2 Frostburg State {2}	12.39	(0.6)	4/5
9	Izzy WILLIAMS	FR	#7 Concord	12.43w	(3.6)	3/9
10	Colette PATTI	FR	#1 Charleston (W.V.)	12.44	(1.2)	4/14

Women's 100 Meter Hurdles

1	74 Isha SESAY	SR	#5 Wheeling	14.48	(1.9)	4/19
2	93 Balie DESTEFANO	SR	#1 Charleston (W.V.)	14.61	(-1.9)	4/5
3	Zoe MCDONALD	FR	#6 West Virginia Sta	14.87w	(2.2)	4/20
4	Samantha CASH	JR	#4 West Virginia We	14.96w	(2.6)	4/13
5	Minke ENGELBRECHT	FR	#1 Charleston (W.V.){2}	15.04	(-1.9)	4/5
6	Samantha COMER	FR	#10 Notre Dame (Ohi	15.36	(1.7)	3/16
7	Jenay SOUMAHRO	SR	#5 Wheeling {2}	15.50	(1.9)	4/19
8	Miriam DREHER	JR	#1 Charleston (W.V.){3}	15.61	(-0.7)	3/16
9	Laura DELGADO DE TORRES	SO	#1 Charleston (W.V.){4}	15.68	(0.0)	3/15
10	Aubrey WIETHE	SR	#4 West Virginia We{2}	15.71	(1.7)	4/13

Women's 200 Meters

1	Valerie BOARDS	SO	#2 Frostburg State	25.03w	(2.3)	3/30
2	Zoe LEDET	FR	#6 West Virginia Sta	25.13	(1.0)	3/30
3	Antiya MCALISTER	FR	#6 West Virginia Sta{2}	25.17	(1.3)	3/30
4	Ka'niya MCGOWAN	SR	#5 Wheeling	25.34	(1.0)	4/13
5	Jaime PRESTON	FR	#6 West Virginia Sta{3}	25.45	(1.0)	3/30
6	Janeva GOLDEN	FR	#6 West Virginia Sta{4}	25.46	(1.0)	3/30
6	Kamauree RANDOLPH	FR	#6 West Virginia Sta{4}	25.46	(-0.6)	4/20
8	Ky'Ara ROSS	FR	#3 West Liberty Sta	25.76	(-0.6)	4/5
9	Sierra LANHAM	SO	#3 West Liberty Sta{2}	25.77	(0.4)	4/13
10	Deja RYALS	SR	#5 Wheeling {2}	25.84	(1.8)	4/19

Women's 400 Meters

1	76 Jasmine SCOTT	SO	#2 Frostburg State	56.56		4/20
2	Isabella MASTRIA	FR	#2 Frostburg State {2}	57.26		3/30
3	Maya CLARK	FR	#1 Charleston (W.V.)	57.84		4/14
3	Balie DESTEFANO	SR	#1 Charleston (W.V.)	57.84		4/14
5	Jaime PRESTON	FR	#6 West Virginia Sta	58.76		4/20
6	Dakota JOHNSON	SO	#4 West Virginia We	59.28		3/16
7	Izzy WILLIAMS	FR	#7 Concord	59.69		3/30
8	Camilia HOYA	JR	#1 Charleston (W.V.){3}	59.89		4/14
9	Zoe LEDET	FR	#6 West Virginia Sta{2}	1:00.27		3/22
10	Antiya MCALISTER	FR	#6 West Virginia Sta{3}	1:00.67		3/22

Women's 400 Meter Hurdles

1	88 Balie DESTEFANO	SR	#1 Charleston (W.V.)	1:04.61		3/30
2	89 Maya CLARK	FR	#1 Charleston (W.V.){2}	1:04.67		4/20
3	Samantha CASH	JR	#4 West Virginia We	1:05.03		3/16
4	Aubrey WIETHE	SR	#4 West Virginia We{2}	1:05.37		4/13
5	Jenay SOUMAHRO	SR	#5 Wheeling	1:08.00		4/19
6	Delaney MILLER	SR	#5 Wheeling {2}	1:10.25		4/13
7	Bre'ya CLOPPER	SR	#5 Wheeling {3}	1:11.70		3/30
8	Ayanna WOODS	FR	#4 West Virginia We{3}	1:12.12		4/19
9	Emily KUPFNER	JR	#1 Charleston (W.V.){3}	1:12.45		4/20
10	Hope GESTL	FR	#3 West Liberty Sta	1:12.47		4/13

Women's 800 Meters

1	Emily WALLACE	SR	#7 Concord	2:17.15		3/23
2	Natalie BARR	FR	#8 Glenville State	2:17.31		4/19
3	Lauren TWYMAN	SO	#9 Davis and Elkins	2:18.80		4/13
4	Mercy JEPLTING	JR	#1 Charleston (W.V.)	2:19.69		3/23
5	Dakota JOHNSON	SO	#4 West Virginia We	2:21.02		3/23
6	Lacey DIMIT	FR	#3 West Liberty Sta	2:21.66		4/20
7	Maya CLARK	FR	#1 Charleston (W.V.){2}	2:22.63		4/5
8	Marimo AKITA	SO	#4 West Virginia We{2}	2:23.17		4/19
9	Madison WOOLWINE	JR	#1 Charleston (W.V.){3}	2:23.49		3/23
10	Ella HESSON	JR	#9 Davis and Elkins {2}	2:23.76		4/13

Women's 1500 Meters

1	87 Beth SYKES	SO	#1 Charleston (W.V.)	4:36.52		4/14
2	Emily WALLACE	SR	#7 Concord	4:38.92		3/30
3	Lauren TWYMAN	SO	#9 Davis and Elkins	4:42.95		4/13
4	Mercy JEPLTING	JR	#1 Charleston (W.V.){2}	4:43.55		3/23
5	Madison WOOLWINE	JR	#1 Charleston (W.V.){3}	4:44.52		3/23
6	Natalie BARR	FR	#8 Glenville State	4:49.13		3/30
7	Julie LAFARE	SO	#1 Charleston (W.V.){4}	4:49.93		4/5
8	Ella HESSON	JR	#9 Davis and Elkins {2}	4:51.80		3/23
9	Savanna HARDMAN	SO	#9 Davis and Elkins {3}	4:54.30		3/23
10	Leigha HALL	JR	#4 West Virginia We	4:55.15		4/19

Women's Steeplechase

1	52 Leigha HALL	JR	#4 West Virginia We	11:18.40		3/16
2	Ella HESSON	JR	#9 Davis and Elkins	11:52.10		4/6
3	Hannah SCHAUMAN	FR	#2 Frostburg State	12:13.85		4/5
4	Paige ETNOYER	FR	#2 Frostburg State {2}	12:24.50		4/5
5	Lia MARKERT	JR	#1 Charleston (W.V.)	12:25.06		4/14
6	Sophia TOMANA	JR	#5 Wheeling	12:35.22		4/13
7	Amanda BRENT	SO	#1 Charleston (W.V.){2}	12:37.21		4/5
8	Ally HICKS	SO	#3 West Liberty Sta	12:38.35		3/30
9	Emily WISHART	FR	#2 Frostburg State {3}	12:59.74		4/5
10	Kristina LESH0	SO	#4 West Virginia We{2}	13:17.33		4/13



Conference TFRI Event Summary



Mountain East

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Women's 5000 Meters

1	61	Julie LAFARE	SO	#1 Charleston (W.V.)	17:09.48	4/20
2		Emily WALLACE	SR	#7 Concord	17:35.64	4/6
3		Madison WOOLWINE	JR	#1 Charleston (W.V.)	17:50.76	4/14
4		Leigha HALL	JR	#4 West Virginia We	17:51.39	3/23
5		Savanna HARDMAN	SO	#9 Davis and Elkins	17:55.44	4/6
6		Mercy JEPLETING	JR	#1 Charleston (W.V.)	18:12.32	4/14
7		Zoe BELSHAN	FR	#9 Davis and Elkins	18:44.41	4/13
8		Sydney HAMBEL	SO	#5 Wheeling	18:45.40	4/13
9		Natalie BARR	FR	#8 Glenville State	18:47.82	4/5
10		Morgan LESNANSKY	SO	#3 West Liberty Sta	18:53.65	4/5

Women's 10,000 Meters

1	18	Julie LAFARE	SO	#1 Charleston (W.V.)	34:55.27	3/30
2		Madison CORNETT	JR	#7 Concord	39:22.44	3/9
3		Savanna HARDMAN	SO	#9 Davis and Elkins	39:38.08	4/13
4		Sydney HAMBEL	SO	#5 Wheeling	40:17.47	3/23
5		Hannah MUIR	SR	#2 Frostburg State	40:54.12	4/5
6		Katy WALKUP	SO	#7 Concord	40:56.92	3/9
7		Morgan LESNANSKY	SO	#3 West Liberty Sta	41:12.08	3/16
8		Alyssa KELLEHER	SR	#4 West Virginia We	41:29.00	4/13
9		Leigha HALL	JR	#4 West Virginia We	41:30.00	4/13
10		Lia MARKERT	JR	#1 Charleston (W.V.)	41:34.49	3/15

Women's 4x100 Relay

1	43	Candace Morris, Zoe Ledet, Antiya McAlister, Kamauree Randolph		#6 West Virginia Sta	47.03	3/30
2	84	Ky'Ara Ross, Abbe Stackpole, Madison Cadle, Sierra Lanham		#3 West Liberty Sta	48.03	4/13
3	89	Isabella Mastria, Malaika Habib, Lilly Williams, Valerie Boards		#2 Frostburg State	48.12	4/5
4		Shannon Farrow, Ka'niya McGowan, Isha Sesay, Deja Ryals		#5 Wheeling	48.93	4/5
5		Madalyn Wombles, Samantha Cash, Marimo Akita, Ayanna Woods		#4 West Virginia We	49.55	4/19
6		Dasheya Booker, Erica Davis, Maliah McCann-Coles, Colette Patti		#1 Charleston (W.V.)	49.59	4/20
7		Jayden Cover, Hannah Hill, Savannah Cunningham, Isabella Torres		#8 Glenville State	51.84	4/19

Women's 4x400 Relay

1	86	Valerie Boards, Lilly Williams, Isabella Mastria, Jasmine Scott		#2 Frostburg State	3:59.65	3/30
2		Aubrey Wiethe, Marimo Akita, Ayanna Woods, Dakota Johnson		#4 West Virginia We	4:08.73	3/16
3		Taytum Walls, Suze Gipmans, Cameryn Wheeler, Hannah Scoggin		#9 Davis and Elkins	4:17.56	4/19
4		Bre'ya Clopper, Eva Tolliver, Delaney Miller, Jenay Soumahro		#5 Wheeling	4:22.19	4/13
5		Abbe Stackpole, Hope Gestl, Lacey Dimit, Brookelyn Reynolds		#3 West Liberty Sta	4:22.41	4/13
6		Erica Davis, Balie Destefano, Sage McLaughlin, Maliah McCann-Coles		#1 Charleston (W.V.)	4:24.19	3/15
7		Hannah Hill, Natalie Barr, Samantha Dawson, Isabella Torres		#8 Glenville State	4:29.63	3/30

Women's High Jump

1	98	Tara PERRY	JR	#5 Wheeling	1.61m	5-3¼	4/13
2		Samantha CASH	JR	#4 West Virginia We	1.60m	5-3	4/13
3		Laura DELGADO DE TORRES	SO	#1 Charleston (W.V.)	1.55m	5-1	3/23
4		Bridgette KNAPP	SO	#8 Glenville State	1.52m	4-11¾	4/13
5		Zayne BRAKEALL	SR	#3 West Liberty Sta	1.50m	4-11	4/20
5		Khady NDIAYE	SO	#2 Frostburg State	1.50m	4-11	4/20
5		Samantha COMER	FR	#10 Notre Dame (Ohi	1.50m	4-11	4/6
5		Jessica WILLIAMS	FR	#4 West Virginia We	1.50m	4-11	4/19
9		Miriam DREHER	JR	#1 Charleston (W.V.)	1.46m	4-9½	3/16
10		Kalista MILNE	SO	#1 Charleston (W.V.)	1.45m	4-9	3/23
10		Kimberly HALSEY	SR	#8 Glenville State	1.45m	4-9	4/19

Women's Pole Vault

1	74	Keala MCCURRY	SR	#5 Wheeling	3.56m	11-8	4/19
2		Eva MORRISON	SO	#2 Frostburg State	3.35m	10-11¾	3/23
3		Jenna SMITH	JR	#5 Wheeling	3.21m	10-6¼	3/30
4		Abby MCDONOUGH	FR	#4 West Virginia We	3.10m	10-2	4/19
5		Kimberly HALSEY	SR	#8 Glenville State	3.05m	10-0	3/23
6		Morgan MATHEWS	SR	#2 Frostburg State	2.75m	9-¼	4/5
7		Sara LOWE	SO	#8 Glenville State	2.50m	8-2½	4/19
8		Zayne BRAKEALL	SR	#3 West Liberty Sta	2.45m	8-½	4/20
8		Amara MASON	JR	#1 Charleston (W.V.)	2.45m	8-½	4/5
8		Nadiyah ABDUSSALAAM	FR	#7 Concord	2.45m	8-½	3/23



Conference TFRI Event Summary



Mountain East

as of 4/23/2024 8:32:59 AM ET

Women's Long Jump

1	72	Isabella MASTRIA	FR	#2 Frostburg State	5.67mw	18-7¼ (2.8)	4/20
2		Sierra LANHAM	SO	#3 West Liberty Sta	5.57m	18-3¼ (1.3)	4/20
3		Ky'Ara ROSS	FR	#3 West Liberty Sta {2}	5.55mw	18-2½ (2.9)	4/20
4		Zoe MCDONALD	FR	#6 West Virginia Sta	5.23m	17-2 (-1.5)	4/20
5		Samantha CASH	JR	#4 West Virginia We	5.17mw	16-11½ (2.3)	4/13
6		Miriam DREHER	JR	#1 Charleston (W.V.)	4.97m	16-3¼ (-0.1)	3/16
6		Lucy CROWE	FR	#2 Frostburg State {2}	4.97mw	16-3¼ (2.6)	4/20
8		Jasmine SCOTT	SO	#2 Frostburg State {3}	4.88m	16-¼ (0.5)	4/5
9		Stefani VASILEVA	SO	#1 Charleston (W.V.) {2}	4.80m	15-9 (0.0)	3/23
9		Nadiyah ABDUSSALAAM	FR	#7 Concord	4.80m	15-9 (0.5)	3/30

Women's Triple Jump

1	58	Laura DELGADO DE TORRES	SO	#1 Charleston (W.V.)	11.65m	38-2¾ (0.6)	3/23
2	95	Khady NDIAYE	SO	#2 Frostburg State	11.33m	37-2¼ (-0.4)	4/5
3		Camilia HOYA	JR	#1 Charleston (W.V.) {2}	11.13m	36-6¼ (1.2)	4/20
4		Stefani VASILEVA	SO	#1 Charleston (W.V.) {3}	11.00m	36-1¼ (0.7)	3/23
5		Nadiyah ABDUSSALAAM	FR	#7 Concord	10.39m	34-1¼ (0.4)	3/23
6		Eva MORRISON	SO	#2 Frostburg State {2}	10.23m	33-6¾ (1.3)	4/20
7		Madalyn WOMBLES	FR	#4 West Virginia We	10.18m	33-4¾ (1.3)	4/13
8		Kayla LEMKUS	JR	#1 Charleston (W.V.) {4}	9.95m	32-7¾ (0.0)	3/23
9		Kalista MILNE	SO	#1 Charleston (W.V.) {5}	9.90m	32-5¾ (-2.0)	3/23
10		Sadie EDDINS	JR	#8 Glenville State	9.80m	32-2 (-0.4)	4/5

Women's Shot Put

1	59	Janae SCOTT	SO	#8 Glenville State	13.28m	43-7	3/16
2		Abby MCKINNEY	SO	#1 Charleston (W.V.)	12.20m	40-½	4/14
3		Kennedy MARTIN	SR	#3 West Liberty Sta	12.10m	39-8½	4/20
4		Mallory MCGINNIS	FR	#4 West Virginia We	11.83m	38-9¾	4/19
5		Victoria COLON	FR	#6 West Virginia Sta	11.72m	38-5½	3/30
6		Sierra DAVIS	FR	#3 West Liberty Sta {2}	11.57m	37-11½	4/13
7		Kamille GRAHAM	SR	#5 Wheeling	11.41m	37-5¼	3/23
8		Michelle BAUGHMAN	SO	#4 West Virginia We {2}	10.96m	35-11½	4/13
8		Addy COTTRILL	SO	#2 Frostburg State	10.96m	35-11½	4/5
10		Macy HILVERS	FR	#8 Glenville State {2}	10.94m	35-10¾	4/19

Women's Discus

1	43	Kennedy MARTIN	SR	#3 West Liberty Sta	44.35m	145-6	4/20
2	74	Sierra DAVIS	FR	#3 West Liberty Sta {2}	42.69m	140-1	3/16
3	92	Adriana FAZZINI	FR	#3 West Liberty Sta {3}	41.67m	136-9	4/13
4		Janae SCOTT	SO	#8 Glenville State	41.27m	135-5	4/13
5		Addy COTTRILL	SO	#2 Frostburg State	38.65m	126-10	4/5
6		Mykell BOWEN	FR	#8 Glenville State {2}	37.34m	122-6	4/19
7		Michelle BAUGHMAN	SO	#4 West Virginia We	35.95m	118-0	4/19
8		Kalista MILNE	SO	#1 Charleston (W.V.)	35.49m	116-5	4/20
9		Kamille GRAHAM	SR	#5 Wheeling	35.34m	116-0	4/13
10		Mallory CROWDER	FR	#1 Charleston (W.V.) {2}	34.17m	112-1	4/20

Women's Hammer

1		Abby MCKINNEY	SO	#1 Charleston (W.V.)	46.95m	154-1	3/23
2		Ella NILSSON	FR	#1 Charleston (W.V.) {2}	43.61m	143-1	4/5
3		Janae SCOTT	SO	#8 Glenville State	43.54m	142-10	4/13
4		Haley NORRIS	SO	#3 West Liberty Sta	41.70m	136-10	4/19
5		Samya TUGGLE	FR	#4 West Virginia We	41.23m	135-3	3/23
6		Addy COTTRILL	SO	#2 Frostburg State	40.87m	134-1	3/30
7		Jacquelin LEAMAN	SO	#4 West Virginia We {2}	40.68m	133-6	4/13
8		Kamille GRAHAM	SR	#5 Wheeling	40.44m	132-8	4/13
9		Sierra DAVIS	FR	#3 West Liberty Sta {2}	39.95m	131-1	3/23
10		Mallory CROWDER	FR	#1 Charleston (W.V.) {3}	39.50m	129-7	4/20

Women's Javelin

1		Kalista MILNE	SO	#1 Charleston (W.V.)	33.80m	110-11	4/6
2		Kimberly HALSEY	SR	#8 Glenville State	31.91m	104-8	4/5
3		Alaina MILLS	SR	#7 Concord	31.81m	104-5	4/20
4		Mykell BOWEN	FR	#8 Glenville State {2}	31.67m	103-11	4/13
5		Bailee EINSPAHR	FR	#4 West Virginia We	31.34m	102-10	4/13
6		JayLynn MCCLARREN	SR	#5 Wheeling	31.21m	102-5	4/13
7		Jenna GREEN	SR	#2 Frostburg State	31.09m	102-0	4/20
8		Victoria COLON	FR	#6 West Virginia Sta	30.42m	99-9¾	4/20
9		Kennedy MARTIN	SR	#3 West Liberty Sta	29.69m	97-5	3/30
10		Trinity ORTIZ	JR	#5 Wheeling {2}	29.46m	96-8	4/19

Women's Heptathlon

1	52	Samantha CASH	JR	#4 West Virginia We	4,269	4/13
2	76	Miriam DREHER	JR	#1 Charleston (W.V.)	3,940	3/16
3	93	Zayne BRAKEALL	SR	#3 West Liberty Sta	3,741	3/30
4		Nadiyah ABDUSSALAAM	FR	#7 Concord	3,167	3/16
5		JayLynn MCCLARREN	SR	#5 Wheeling	3,135	3/30
6		Taylor PERRY	SR	#7 Concord {2}	1,885	3/30



Conference TFRI Event Summary



Northeast-10

as of 4/23/2024 8:32:59 AM ET

Women's 100 Meters

1	65	Ella MACLEAN	JR	#1 Southern Conne	11.92w	(2.4)	3/30
2		Kisha FRANCOIS	JR	#1 Southern Conne{2}	12.10	(1.1)	4/13
3		Savannah SISTRUNK	JR	#2 New Haven	12.42	(1.6)	4/6
4		Jada KAMTHA	FR	#2 New Haven {2}	12.44w	(3.5)	4/6
5		Dardielle EXANTUS	JR	#1 Southern Conne{3}	12.49w	(2.1)	4/20
6		Rebecca CADY	FR	#5 Saint Anselm	12.55	(0.0)	4/13
6		Megan SWAN	FR	#1 Southern Conne{4}	12.55w	(2.4)	3/30
8		Hope SINCLAIR	SO	#3 Southern New H.	12.62	(1.8)	4/13
9		Valencia BEAUBRUN	SO	#4 Adelphi	12.63	(0.3)	3/30
10		Amari JOHNSON	JR	#4 Adelphi {2}	12.64	(1.2)	4/14
10		Monique MALCOLM	JR	#8 American Intern:	12.64	(1.2)	4/6
10		Meredith PASQUAROSA	FR	#5 Saint Anselm {2}	12.64	(-0.8)	4/20

Women's 100 Meter Hurdles

1	60	Amari JOHNSON	JR	#4 Adelphi	14.38	(-0.5)	4/20
2	70	Jada KAMTHA	FR	#2 New Haven	14.46	(1.0)	3/16
3		Patrice MANSFIELD	SO	#1 Southern Conne	14.71w	(2.3)	4/13
4		Deborah OFODILE	SR	#8 American Intern:	15.11w	(2.3)	4/6
5		Briahna BOUCHARD	JR	#7 Franklin Pierce	15.25	(-0.3)	4/13
6		Katrina SULLIVAN	FR	#6 Assumption	15.35	(1.3)	4/13
7		Aniya BUSH	FR	#2 New Haven {2}	15.50	(-1.2)	3/16
8		Gillian PENNA	SR	#1 Southern Conne{2}	15.75w	(2.9)	4/20
9		Isabella SORRENTINO	FR	#1 Southern Conne{3}	15.77w	(2.8)	4/13
10		Emma HALLET	SR	#3 Southern New H.	15.78	(1.3)	4/13

Women's 200 Meters

1	64	Hannah CAIOLA	SO	#1 Southern Conne	24.41	(0.4)	4/20
2	95	Ella MACLEAN	JR	#1 Southern Conne{2}	24.70	(0.3)	4/13
3		Kisha FRANCOIS	JR	#1 Southern Conne{3}	24.75	(0.4)	4/20
4		Avery WINTERS	SO	#1 Southern Conne{4}	25.28	(0.4)	4/20
5		Monique MALCOLM	JR	#8 American Intern:	25.41w	(2.8)	4/6
6		Savannah SISTRUNK	JR	#2 New Haven	25.49w	(2.8)	3/30
7		Meredith PASQUAROSA	FR	#5 Saint Anselm	25.56	(1.6)	4/20
8		Rebecca CADY	FR	#5 Saint Anselm {2}	25.78	(-0.4)	4/13
9		Claire O'REGAN	JR	#4 Adelphi	26.00w	(2.4)	4/14
10		Megan SWAN	FR	#1 Southern Conne{5}	26.07w	(3.3)	4/13

Women's 400 Meters

1	7	Hannah CAIOLA	SO	#1 Southern Conne	53.61		4/20
2		Avery WINTERS	SO	#1 Southern Conne{2}	57.28		4/20
3		Ava GRAVELL	SR	#3 Southern New H.	58.17		4/13
4		Jada MCCOWN	FR	#6 Assumption	59.10		4/20
5		Isabel MARSH	SR	#4 Adelphi	59.20		3/30
6		Rebecca CADY	FR	#5 Saint Anselm	59.52		4/20
7		Camille LOPEZ	JR	#6 Assumption {2}	59.82		4/13
8		Carly KOPROWSKI	FR	#4 Adelphi {2}	1:00.22		3/30
9		Monique MALCOLM	JR	#8 American Intern:	1:00.49		4/20
10		Claire O'REGAN	JR	#4 Adelphi {3}	1:00.66		3/30

Women's 400 Meter Hurdles

1		Patrice MANSFIELD	SO	#1 Southern Conne	1:05.59		4/20
2		Briahna BOUCHARD	JR	#7 Franklin Pierce	1:07.72		4/13
3		Maggie MCINERNEY	SO	#3 Southern New H.	1:07.89		4/13
4		Isabella NEWBURY	JR	#1 Southern Conne{2}	1:08.25		4/20
5		Deja HARRIS	JR	#2 New Haven	1:08.90		4/20
6		Alyson SIMPSON	JR	#6 Assumption	1:08.93		4/20
7		Isabella BOSTIC	JR	#2 New Haven {2}	1:10.17		4/6
8		Katrina SULLIVAN	FR	#6 Assumption {2}	1:10.87		4/20
9		Nikki SEARLES	JR	#4 Adelphi	1:11.89		3/30
10		Kalmia CRYAN	FR	#5 Saint Anselm	1:12.06		4/20

Women's 800 Meters

1	8	Isabel MARSH	SR	#4 Adelphi	2:08.52		4/14
2	14	Katherine MARSH	SR	#4 Adelphi {2}	2:08.95		3/22
3	64	Carly KOPROWSKI	FR	#4 Adelphi {3}	2:13.37		4/14
4		Caitlin BURMESTER	JR	#9 Bentley	2:18.37		4/6
5		Anyelina MARTINEZ	SO	#5 Saint Anselm	2:18.74		4/13
6		Julia MANSFIELD	SR	#1 Southern Conne	2:19.66		4/13
7		Sumaira MAYAN	SO	#4 Adelphi {4}	2:19.85		4/14
8		Leticia DONASCIMENTO	FR	#1 Southern Conne{2}	2:22.73		4/13
9		Hannah BRADBURY	SR	#3 Southern New H.	2:23.81		4/20
10		Abigail BAJOREK	FR	#1 Southern Conne{3}	2:25.70		4/11

Women's 1500 Meters

1	49	Katherine MARSH	SR	#4 Adelphi	4:30.80		4/14
2	84	Caitlin BURMESTER	JR	#9 Bentley	4:36.33		4/20
3		Isabel MARSH	SR	#4 Adelphi {2}	4:41.71		3/30
4		Anyelina MARTINEZ	SO	#5 Saint Anselm	4:42.29		4/20
5		Briana GRECCO	JR	#1 Southern Conne	4:43.99		4/11
6		Courtney HENCHCLIFFE	SO	#1 Southern Conne{2}	4:46.89		4/20
7		Sumaira MAYAN	SO	#4 Adelphi {3}	4:49.43		4/20
8		Kelsey SEAMANS	SR	#3 Southern New H.	4:56.93		3/30
9		Anne WIERSMA	SO	#3 Southern New H {2}	4:57.14		4/20
10		Molly CAPECE	FR	#9 Bentley {2}	4:59.66		4/6

Women's Steeplechase

1		Corrina OBERNESSER	SO	#3 Southern New H.	11:54.55		4/13
2		Kaitlyn O'ROURKE	SR	#3 Southern New H {2}	12:01.79		4/13
3		Lucia KUTNER	SO	#4 Adelphi	12:24.11		4/6
4		Riley MCDERMOTT	SR	#3 Southern New H {3}	12:28.13		4/13
5		Sumaira MAYAN	SO	#4 Adelphi {2}	12:46.15		4/6
6		Rose CONNOLLY	SO	#6 Assumption	13:13.24		4/6
7		Maya SUAREZ	FR	#4 Adelphi {3}	13:16.93		4/6
8		Brooke IANNONE	JR	#10 Saint Rose	13:18.60		4/20
9		Lilit KEVORKIAN	SR	#6 Assumption {2}	13:33.55		4/13
10		Meredith MEDINA	JR	#6 Assumption {3}	14:31.66		4/6



Conference TFRI Event Summary



Northeast-10

as of 4/23/2024 8:33:00 AM ET

Women's 5000 Meters

1	Courtney HENCHCLIFFE	SO	#1 Southern Conne	18:12.66	4/13
2	Kelsey SEAMANS	SR	#3 Southern New H.	18:19.53	4/20
3	Deirdre BAILAT	FR	#3 Southern New H.{2}	18:23.01	4/20
4	Emilie NOREIKA	SR	#1 Southern Conne{2}	18:24.88	3/30
5	Marin PROVENCHER	SO	#5 Saint Anselm	18:45.95	4/13
6	Peyton DAUPHINAIS	FR	#1 Southern Conne{3}	18:48.24	3/30
7	Kendyl VERMETTE	JR	#8 American Intern:	19:00.15	3/30
8	Aveline MCCABE	FR	#3 Southern New H.{3}	19:09.37	4/20
9	Lucia KUTNER	SO	#4 Adelphi	19:14.20	3/30
10	Juliet FELICE	FR	#4 Adelphi {2}	19:19.48	3/22

Women's 10,000 Meters

1	Peyton DAUPHINAIS	FR	#1 Southern Conne	38:52.96	4/13
2	Kendyl VERMETTE	JR	#8 American Intern:	38:54.08	4/13
3	Emilie NOREIKA	SR	#1 Southern Conne{2}	39:18.31	4/13
4	Juliet FELICE	FR	#4 Adelphi	41:33.18	3/30
5	Maddie GERBY	JR	#4 Adelphi {2}	44:41.28	3/30
6	Maggie HANNAN	JR	#4 Adelphi {3}	46:26.31	3/30

Women's 4x100 Relay

1	21 Avery Winters, Hannah Caiola, Kisha Francois, Ella Maclean	#1 Southern Conne	46.19	4/13
2	80 Savannah Sistrunk, Jada Kamtha, Aniya Bush, Kalaya Fitch	#2 New Haven	47.82	4/20
3	100 Mia Cruz, Rebecca Cady, Jennifer Baker, Meredith Pasquarosa	#5 Saint Anselm	48.42	4/20
4	Amari Johnson, Claire O'Regan, Valencia Beaubrun, Christina Gayle	#4 Adelphi	48.46	3/30
5	Hope Sinclair, Maggie McInerney, Ava Gravell, Anne Sikkema	#3 Southern New H.	48.98	4/13
6	Yulive Peralta, Jacqueline Owens, Deborah Ofodile, Monique Malcolm	#8 American Intern:	49.79	4/20
7	Alexandra Rippstein, Kate Reagan, Rylie McDonough, Camille Lopez	#6 Assumption	50.42	3/30
8	Briahna Bouchard, Sidney Chapman, Jennifer Kulick, Cora Knight	#7 Franklin Pierce	51.12	3/30
9	HaiLian Rowan, India Haynesworth, Maddie Oh, Hannah Croteau	#9 Bentley	53.82	4/13

Women's 4x400 Relay

1	12 Hannah Caiola, Ella Maclean, Kisha Francois, Avery Winters	#1 Southern Conne	3:43.92	3/30
2	Niquelle Johnson, Deja Harris, Micaela Owen, Kalaya Fitch	#2 New Haven	4:11.35	3/30
3	Joanna Weber, Fiona Maloney, Marissa Haye, Nikki Searles	#4 Adelphi	4:15.28	3/30
4	Alyson Simpson, Michaela Namiotka, Bridget Haley, Jada McCown	#6 Assumption	4:15.95	4/20
5	Tori Allen, Kaitlyn O'Rourke, Riley McDermott, Anne Sikkema	#3 Southern New H.	4:24.90	3/30
6	Caroline Codner, Sarah Korowski, Kathryn Hynes, Kalmia Cryan	#5 Saint Anselm	4:35.27	4/20
7	Brianna Trappett, Meghan Sheline, Tatum Seastrand, Katie Peterson	#7 Franklin Pierce	4:57.95	3/30

Women's High Jump

1	75 Emma HALLET	SR	#3 Southern New H.	1.63m	5-4¼	4/13
2	Gillian PENNA	SR	#1 Southern Conne	1.60m	5-3	4/20
3	Lindsey WILSON	FR	#4 Adelphi	1.55m	5-1	3/30
4	Tori ALLEN	JR	#3 Southern New H.{2}	1.53m	5-¼	4/13
4	Jennifer KULICK	SO	#7 Franklin Pierce	1.53m	5-¼	4/13
6	Gisella KING	FR	#10 Saint Rose	1.47m	4-9¾	4/20
7	Alexandria O'SHEA	JR	#6 Assumption	1.46m	4-9½	3/30
8	Mia CRUZ	FR	#5 Saint Anselm	1.43m	4-8¼	4/20
8	Mackenzie LUTH	SO	#7 Franklin Pierce {2}	1.43m	4-8¼	4/13
10	Ana GARCIA	FR	#8 American Intern:	1.40m	4-7	4/20
10	Emily MAZZUCCO	JR	#2 New Haven	1.40m	4-7	4/6

Women's Pole Vault

1	Maddie HATHORN	SO	#1 Southern Conne	3.20m	10-6	4/20
2	Molly CLARK	JR	#2 New Haven	2.80m	9-2¼	4/13
2	Teresa DEASY	JR	#7 Franklin Pierce	2.80m	9-2¼	4/20
4	Chloe LAWRENCE	FR	#5 Saint Anselm	2.65m	8-8¼	4/13
5	Gabriela DINISOE	FR	#1 Southern Conne{2}	2.60m	8-6¼	4/20
6	Madeleine GREY	FR	#2 New Haven {2}	2.50m	8-2½	4/13
7	Ava BENARD	FR	#6 Assumption	2.35m	7-8½	4/13
7	Grace SILVA	SR	#7 Franklin Pierce {2}	2.35m	7-8½	4/13
7	Isabella BOSTIC	JR	#2 New Haven {3}	2.35m	7-8½	4/13



Conference TFRI Event Summary



Northeast-10

as of 4/23/2024 8:33:00 AM ET

Women's Long Jump

1	23	Kristen WASHINGTON	SR	#2	New Haven	5.92m	19-5¼ (1.8)	4/6
2	33	Kisha FRANCOIS	JR	#1	Southern Conne	5.87m	19-3¼ (1.7)	4/12
3	60	Mackenzie GLENN	JR	#1	Southern Conne	{2} 5.71mw	18-8¾ (3.3)	3/30
4	69	Jada KAMTHA	FR	#2	New Haven	{2} 5.68m	18-7¾ (0.0)	4/20
5		Shayna SMITH	SR	#1	Southern Conne	{3} 5.48m	17-11¾ (0.9)	3/30
6		Rachel FLEISCHER	SR	#1	Southern Conne	{4} 5.42m	17-9½ (-0.7)	4/20
7		Gabrielle TEEL	JR	#2	New Haven	{3} 5.30m	17-4¾ (1.5)	4/13
8		Leah COMEROSKI	FR	#4	Adelphi	5.23m	17-2 (2.0)	3/30
9		Valencia BEAUBRUN	SO	#4	Adelphi	{2} 5.21m	17-1¼ (1.0)	4/14
10		Ava HOULE	FR	#5	Saint Anselm	5.15m	16-10¾ (0.0)	4/20

Women's Triple Jump

1	14	Rachel FLEISCHER	SR	#1	Southern Conne	12.24mw	40-2 (3.1)	3/28
2	15	Kristen WASHINGTON	SR	#2	New Haven	12.23m	40-1½ (0.0)	4/20
3	44	Gabrielle TEEL	JR	#2	New Haven	{2} 11.82m	38-9½ (0.0)	4/20
4	95	Shayna SMITH	SR	#1	Southern Conne	{2} 11.33m	37-2¼ (0.0)	4/20
5		Deborah OFODILE	SR	#8	American Intern	11.16mw	36-7½ (3.7)	3/30
6		Lindsey WILSON	FR	#4	Adelphi	10.82m	35-6 (1.5)	4/6
7		Imani MUDIAY	FR	#4	Adelphi	{2} 10.45mw	34-3½ (3.2)	4/20
8		Ava HOULE	FR	#5	Saint Anselm	10.31m	33-10 (0.6)	4/13
9		Angela MERCALDI	JR	#2	New Haven	{3} 10.26m	33-8 (0.0)	4/20
10		Sara HARRIS	FR	#5	Saint Anselm	{2} 10.12m	33-2½ (0.6)	4/13

Women's Shot Put

1		Isabelle ROBINSON	SR	#2	New Haven	12.05m	39-6½	3/23
2		Tyra FELTON	SR	#7	Franklin Pierce	11.93m	39-1¾	3/30
3		Laila BUNNITT	SR	#3	Southern New H	11.65m	38-2¾	4/13
4		Belle SMITH	FR	#1	Southern Conne	11.54m	37-10½	4/20
5		Brooke BIBBO	SO	#3	Southern New H	{2} 11.32m	37-1¾	4/13
6		Vanessa CONNOLLY	SO	#2	New Haven	{2} 11.20m	36-9	3/23
7		Ashley CRAIG	FR	#2	New Haven	{3} 11.10m	36-5	4/13
8		Brianne RETT	JR	#5	Saint Anselm	10.86m	35-7¾	4/13
9		Emily NHUN	SO	#7	Franklin Pierce	{2} 10.81m	35-5¾	4/13
10		Alanah WEAVER	FR	#2	New Haven	{4} 10.72m	35-2	3/16

Women's Discus

1		Anita HODGE	SO	#2	New Haven	40.68m	133-6	4/20
2		Belle SMITH	FR	#1	Southern Conne	37.54m	123-2	4/20
3		Laila BUNNITT	SR	#3	Southern New H	36.09m	118-5	4/13
4		Alanah WEAVER	FR	#2	New Haven	{2} 35.31m	115-10	4/20
5		Brooke BIBBO	SO	#3	Southern New H	{2} 35.29m	115-10	3/30
6		Dolbier SYDNEY	SO	#1	Southern Conne	{2} 33.21m	109-0	4/6
7		Faith SIRVIO	SO	#6	Assumption	32.86m	107-10	4/13
8		Bennie ALULA	SR	#3	Southern New H	{3} 32.32m	106-1	4/20
9		Emily NHUN	SO	#7	Franklin Pierce	32.09m	105-4	4/6
10		Anastasia HAYES	FR	#6	Assumption	{2} 31.47m	103-3	4/6

Women's Hammer

1		Celine BOZUKLUAN	SO	#1	Southern Conne	46.83m	153-8	4/13
2		Tyra FELTON	SR	#7	Franklin Pierce	44.89m	147-4	4/6
3		Madison LUPINO	SO	#6	Assumption	44.79m	147-0	4/20
4		Bennie ALULA	SR	#3	Southern New H	44.67m	146-7	4/13
5		Jalynn MCCOWN	SR	#2	New Haven	43.99m	144-4	4/6
6		Belle SMITH	FR	#1	Southern Conne	{2} 43.49m	142-8	4/6
6		Isabelle ROBINSON	SR	#2	New Haven	{2} 43.49m	142-8	3/30
8		Laila BUNNITT	SR	#3	Southern New H	{2} 43.14m	141-7	4/13
9		Rosanni GONZALEZ	SO	#1	Southern Conne	{3} 41.72m	136-11	4/20
10		Vanessa CONNOLLY	SO	#2	New Haven	{3} 41.35m	135-8	4/20

Women's Javelin

1	36	Malina BOHLMANN	FR	#6	Assumption	42.40m	139-1	4/13
2	46	Harmony MARQUEZ	FR	#5	Saint Anselm	40.98m	134-6	4/20
3	52	Kayla FRANKS	FR	#3	Southern New H	40.55m	133-1	4/20
4	59	Sophia MORIN	FR	#5	Saint Anselm	{2} 40.13m	131-8	4/13
5	91	Tori LIMONE	SR	#3	Southern New H	{2} 38.00m	124-8	3/30
6		Morgan COOLEGE	JR	#3	Southern New H	{3} 35.87m	117-8	4/20
7		Rachel GIZZONIO	SO	#3	Southern New H	{4} 33.20m	108-11	4/20
8		Hailey DENUCCI	FR	#1	Southern Conne	33.00m	108-3	4/20
9		Tori ALLEN	JR	#3	Southern New H	{5} 32.19m	105-8	3/30
10		Abby CAMELIO	SO	#6	Assumption	{2} 31.88m	104-7	3/30

Women's Heptathlon

1	86	Isabella SORRENTINO	FR	#1	Southern Conne	3,830	4/13
2	87	Gillian PENNA	SR	#1	Southern Conne	{2} 3,817	4/13
3		Gisella KING	FR	#10	Saint Rose	3,079	4/12



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Women's 100 Meters

1	2	Denisha CARTWRIGHT	SR	#1 Minnesota State	11.17w	(2.9)	3/30
2	18	Arianna PASSERI	SR	#4 U-Mary	11.63w	(3.9)	4/6
3	26	Adeyah BREWSTER	JR	#1 Minnesota State {2}	11.69w	(2.3)	3/30
4	32	Shavante ROBERTS	SO	#13 MSU Moorhead	11.71w	(2.8)	4/21
5	36	Tijuanique MORTON	JR	#1 Minnesota State {3}	11.76w	(2.2)	4/11
6	51	Tamia HORTON	SO	#3 Sioux Falls	11.82	(1.5)	4/6
7	65	Laila CLEARE	SO	#4 U-Mary {2}	11.92w	(2.8)	4/21
8	74	Lily JUHNKE	SO	#2 Augustana (S.D.)	11.94w	(3.1)	4/20
9	82	Antianna WALSH	JR	#1 Minnesota State {4}	11.98w	(2.2)	4/11
10	84	Lenehja NORWOOD	FR	#1 Minnesota State {5}	11.99w	(2.7)	4/13
10	84	Norah D'ALMEIDA	SO	#1 Minnesota State {5}	11.99	(1.5)	4/6

Women's 100 Meter Hurdles

1	1	Denisha CARTWRIGHT	SR	#1 Minnesota State	12.81w	(2.7)	3/30
2	5	Roxan FOSTER	SR	#1 Minnesota State {2}	13.69	(1.2)	4/12
3	10	Adeyah BREWSTER	JR	#1 Minnesota State {3}	13.87w	(3.1)	3/30
4	21	Esaba OKWARAOI	FR	#1 Minnesota State {4}	14.01w	(2.3)	4/13
5	26	Emily SWANSON	SR	#3 Sioux Falls	14.12	(1.0)	4/13
6	27	Tia HORNING	SR	#4 U-Mary	14.13w	(3.0)	4/12
7	29	De'Andre CORNWALL	SO	#12 Minot State	14.14w	(3.0)	4/12
8	56	Victoriia ERMOLAEVA	FR	#1 Minnesota State {5}	14.37	(1.8)	4/13
9	76	Arika HARBO	SR	#10 Concordia-St. Pa	14.49	(0.8)	3/30
10	85	Hanna REICHENBERGER	JR	#8 Winona State	14.55	(1.2)	4/20

Women's 200 Meters

1	5	Denisha CARTWRIGHT	SR	#1 Minnesota State	23.45	(-1.6)	4/11
2	83	Rose CRAMER	SR	#1 Minnesota State {2}	24.61	(-1.2)	4/11
3	89	Shavante ROBERTS	SO	#13 MSU Moorhead	24.64w	(2.8)	4/13
4	94	Tijuanique MORTON	JR	#1 Minnesota State {3}	24.69	(-1.6)	4/11
5		Taytum KLINK	SR	#11 Southwest Minn	24.91c	(25.29) (-3.0)	4/17
6		Miranda LAUVSTAD	SO	#1 Minnesota State {4}	24.95w	(2.6)	4/13
7		Antianna WALSH	JR	#1 Minnesota State {5}	25.01w	(3.8)	4/6
8		Victoriia ERMOLAEVA	FR	#1 Minnesota State {6}	25.03	(0.8)	4/13
9		Sakena MASSIAH	JR	#4 U-Mary	25.07	(-2.9)	4/11
10		Sierra CLIFFORD	JR	#11 Southwest Minn {2}	25.09c	(25.48) (-3.0)	4/17

Women's 400 Meters

1	18	Eilika LANE	SR	#1 Minnesota State	54.73		4/11
2	42	Sakena MASSIAH	JR	#4 U-Mary	55.76		4/13
3		Maia PETERSON	JR	#2 Augustana (S.D.)	57.13		4/13
4		Ella HEINITZ	JR	#2 Augustana (S.D.) {2}	57.66		4/11
5		Mara BRUNO	SR	#4 U-Mary {2}	57.80		4/13
6		Sierra CLIFFORD	JR	#11 Southwest Minn	57.91		4/6
7		Kyanna COLLYMORE	SO	#6 Northern State	57.94		3/16
8		Lizzy SCHMIDT	JR	#1 Minnesota State {2}	58.16		4/13
9		Kaia MARTZ	SO	#1 Minnesota State {3}	58.50		4/13
10		Grace HAMBEL	SO	#1 Minnesota State {4}	58.69		4/13

Women's 400 Meter Hurdles

1	10	Eilika LANE	SR	#1 Minnesota State	1:00.37		4/11
2	39	Megan GILLES	SR	#5 Minnesota Dulut	1:02.61		4/13
3	47	Regan FEIT	JR	#8 Winona State	1:02.90		4/20
4	52	Emily SWANSON	SR	#3 Sioux Falls	1:03.13		4/13
5	72	Natalie FULTZ	SR	#7 Bemidji State	1:04.00		4/11
6	81	Noa MARTEAU	JR	#2 Augustana (S.D.)	1:04.37		4/13
7	98	Jaid PERRY	SR	#10 Concordia-St. Pa	1:04.95		4/13
8	100	Tia HORNING	SR	#4 U-Mary	1:04.99		3/29
9		Tierney FAULK	FR	#3 Sioux Falls {2}	1:05.37		4/13
10		Renea TAYLOR	JR	#6 Northern State	1:05.60		4/12

Women's 800 Meters

1	4	Elizabeth ACHESON	SR	#4 U-Mary	2:07.28		4/13
2	17	MaKenna THURSTON	SR	#1 Minnesota State	2:09.34		4/13
3	43	Caroline SUDBECK	SR	#2 Augustana (S.D.)	2:11.53		4/13
4	60	Savannah SCHLEY	JR	#5 Minnesota Dulut	2:13.19		4/20
5	89	Alexis ERICKSON	SR	#7 Bemidji State	2:14.76		4/11
6		Cassidy O'MEARA	SR	#1 Minnesota State {2}	2:15.29		4/13
7		Francine SEIDEL	JR	#5 Minnesota Dulut {2}	2:15.71		4/20
8		Sidra SADOWSKY	JR	#12 Minot State	2:16.59		4/12
9		Grace ACHESON	SR	#4 U-Mary {2}	2:16.73		4/11
10		Addison PEED	FR	#1 Minnesota State {3}	2:16.90		4/20

Women's 1500 Meters

1	3	Kaylee BEYER	SR	#8 Winona State	4:19.12		4/13
2	26	MaKenna THURSTON	SR	#1 Minnesota State	4:27.49		4/13
3	42	Khot JUAC	SR	#3 Sioux Falls	4:29.87		4/13
4	62	Alexis ERICKSON	SR	#7 Bemidji State	4:33.21		4/13
5	68	Caroline SUDBECK	SR	#2 Augustana (S.D.)	4:34.03		4/13
6	73	Elizabeth ACHESON	SR	#4 U-Mary	4:34.53		4/13
7		Rachel ULRICH	FR	#5 Minnesota Dulut	4:40.61		4/13
8		Savannah SCHLEY	JR	#5 Minnesota Dulut {2}	4:40.86		4/6
9		Alyssa BECKER	JR	#4 U-Mary {2}	4:41.64		4/13
10		Francine SEIDEL	JR	#5 Minnesota Dulut {3}	4:42.52		4/6

Women's Steeplechase

1	23	Mary GOODWIN	SR	#7 Bemidji State	10:51.83		4/13
2	47	Eleni LOVGREN	SO	#2 Augustana (S.D.)	11:15.25		4/20
3	58	Madison MATZEK	SO	#1 Minnesota State	11:22.00		4/6
4	67	Nicole REEVES	SO	#12 Minot State	11:25.93		4/6
5	73	Lauryn RENIER	SR	#5 Minnesota Dulut	11:28.37		4/20
6	86	McKenna TAYLOR	SR	#8 Winona State	11:35.74		4/20
7	92	Erika SWANSON	JR	#5 Minnesota Dulut {2}	11:39.95		4/6
8		Madison MARCO	FR	#11 Southwest Minn	11:49.52		4/6
9		Elizabeth VANLOON	SO	#5 Minnesota Dulut {3}	11:53.34		4/20
10		Alexi MACDONALD	SO	#1 Minnesota State {2}	11:53.76		4/13



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Women's 5000 Meters

1	7	Kaylee BEYER	SR	#8 Winona State	16:09.59	3/29
2	58	Alyssa BECKER	JR	#4 U-Mary	17:06.05	4/13
3	62	Ashley OVERGAAUW	FR	#2 Augustana (S.D.)	17:10.26	4/13
4	72	Laura THOMPSON	SO	#2 Augustana (S.D.) {2}	17:13.72	4/13
5	74	Khot JUAC	SR	#3 Sioux Falls	17:16.06	4/13
6	86	Eleni LOVGREN	SO	#2 Augustana (S.D.) {3}	17:21.04	4/13
7		Andrijana FUNDAK	JR	#4 U-Mary {2}	17:46.77	3/29
8		Megan PICKERING	SR	#6 Northern State	17:52.39	4/6
9		Kristine KALTHOFF	JR	#4 U-Mary {3}	17:52.97	4/13
10		Kylie ANDERSON	SO	#8 Winona State {2}	17:53.07	4/6

Women's 10,000 Meters

1	19	Aubrey SURAGE	JR	#2 Augustana (S.D.)	35:00.07	4/13
2	24	Ella BAKKEN	JR	#2 Augustana (S.D.) {2}	35:23.84	4/13
3	27	Andrijana FUNDAK	JR	#4 U-Mary	35:28.06	4/13
4	63	Madeline PALMER	SO	#8 Winona State	37:00.27	4/20
5	87	Alexis ERICKSON	SR	#7 Bemidji State	37:37.58	4/6
6	95	Eve ANDERSON	JR	#5 Minnesota Dulut	37:46.34	4/20
7		Emery SMITH	SO	#12 Minot State	39:05.86	4/6
8		Alison ZIGLER	SR	#1 Minnesota State	39:14.54	4/20
9		Greta FREED	JR	#14 St. Cloud State	39:24.50	3/29
10		Cambrie KOWAL	JR	#14 St. Cloud State {2}	39:48.01	3/29

Women's 4x100 Relay

1	3	Adeyah Brewster, Denisha Cartwright, Rose Cramer, Tijuanique Morton	#1 Minnesota State	44.79	4/11
2	34	Laila Cleare, Sakena Massiah, Mara Bruno, Arianna Passeri	#4 U-Mary	46.73	4/11
3	72	Jennifer Noutsougan, Nyanas Kur, Ella Heinitz, Lily Juhnke	#2 Augustana (S.D.)	47.64	4/20
4	88	Grace Gioffredi, Landree Wilson, Paige Haack, Tamia Horton	#3 Sioux Falls	48.10	4/13
5	95	Elisabet Osk Jonsdottir, Renea Taylor, Vanessa Christiansen, Kyanna Collymore	#6 Northern State	48.30	4/21
6		Megan Gilles, Jacqi Rae, Kate Fitzgerald, Jordan Grell	#5 Minnesota Dulut	48.45	4/6
7		Camryn Adams, De'Andre Cornwall, Summer Krebsbach, Macey Moore	#12 Minot State	48.87	4/12
8		Megan Marr, Danielle Saydee, Courtney Lukas, Kaylee Olson	#8 Winona State	49.11	4/20
9		Lexy Gilbert, Taytum Klink, Ella Doble, Sierra Clifford	#11 Southwest Minn	49.27	4/13
10		Cadence Tanner, Chidera Osuoha, Karlina Zimmerman, Destiny Mattingly	#10 Concordia-St. Pa	49.33	4/6



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Women's 4x400 Relay

1	33	Ella Heinitz, Maia Peterson, Caroline Sudbeck, Nyanas Kur	#2 Augustana (S.D.)	3:50.10	4/13
2	49	Mara Bruno, Laila Cleare, Sakena Massiah, Elizabeth Acheson	#4 U-Mary	3:54.17	4/13
3	65	Destiny Mattingly, Arika Harbo, Karlina Zimmerman, Jaid Perry	#10 Concordia-St. Pa	3:57.30	4/6
4		Grace Hambel, Lizzy Schmidt, Kaia Martz, Brianna Shroyer	#1 Minnesota State	4:03.16	4/13
5		Kyanna Collymore, Vanessa Christiansen, Elisabet Osk Jonsdottir, Renea Taylor	#6 Northern State	4:03.21	4/12
6		Sierra Clifford, Ella Doble, Macie Langstraat, Hannah Koepfinger	#11 Southwest Minn	4:04.13	4/6
7		Kate Fitzgerald, Rachel Boelke, Julia Kuhnke, Rachel Ulrich	#5 Minnesota Dulut	4:04.21	4/13
8		Janice Cole, Alexis Erickson, Josie Aitken, Natalie Fultz	#7 Bemidji State	4:04.25	4/20
9		Lainey Lipschultz, Brittany Beadles, Danielle Saydee, Alyssa Larson	#8 Winona State	4:08.46	4/6
10		Mariana Guerra-Reese, Audrey Rabitz, Makaylin Christenson, Katie Lavato	#14 St. Cloud State	4:09.75	4/6

Women's High Jump

1	3	Arika HARBO	SR	#10 Concordia-St. Pa	1.77m	5-9¾	3/30
2	7	Bryn GREENWALDT	SO	#2 Augustana (S.D.)	1.74m	5-8½	4/13
3	14	Abbi WEBB	JR	#3 Sioux Falls	1.72m	5-7¾	4/13
4	32	Emily SWANSON	SR	#3 Sioux Falls {2}	1.68m	5-6	4/20
5	36	Cadence TANNER	FR	#10 Concordia-St. Pa {2}	1.67m	5-5¾	4/13
5	36	Victoriia ERMOLAEVA	FR	#1 Minnesota State	1.67m	5-5¾	4/13
5	36	Ashley CRIDLEBAUGH	JR	#1 Minnesota State	1.67m	5-5¾	4/13
8	50	Jerrica PACHL	JR	#4 U-Mary	1.65m	5-5	4/6
8	50	Christine SLEETER	FR	#11 Southwest Minn	1.65m	5-5	4/17
10	69	Maria PEDROSO	JR	#2 Augustana (S.D.) {2}	1.64m	5-4½	4/13
10	69	Anna COFFEE	SO	#9 Wayne State (Ne	1.64m	5-4½	4/13

Women's Pole Vault

1	4	Ashley HOKANSON	JR	#13 MSU Moorhead	4.25m	13-11¼	4/6
2	6	Paige HICKSON	SR	#1 Minnesota State	4.15m	13-7¼	4/6
3	39	Hope STANGEL	FR	#1 Minnesota State {2}	3.75m	12-3½	4/6
4	48	McKenna COMSTOCK	SR	#3 Sioux Falls	3.66m	12-0	3/29
5	76	Bekah WALZ	FR	#6 Northern State	3.55m	11-7¾	4/12
6	96	Shealyn TOM	JR	#11 Southwest Minn	3.45m	11-3¾	4/17
6	96	Paige BAUER	JR	#1 Minnesota State {3}	3.45m	11-3¾	4/6
6	96	Peyton HANSON	FR	#3 Sioux Falls {2}	3.45m	11-3¾	4/6
9		Jenna SIKEL	SO	#1 Minnesota State {4}	3.32m	10-10¾	4/13
9		Willow OEHMICHEN	FR	#1 Minnesota State {4}	3.32m	10-10¾	4/13

Women's Long Jump

1	4	Arianna PASSERI	SR	#4 U-Mary	6.17m	20-3 (0.9)	4/11
2	32	Taylor WEIDNER	SR	#4 U-Mary {2}	5.88mw	19-3½ (3.8)	4/12
3	45	Arika HARBO	SR	#10 Concordia-St. Pa	5.79m	19-0 (0.0)	3/30
4	68	Jayda BECKER	JR	#2 Augustana (S.D.)	5.69m	18-8 (0.7)	4/6
5	81	Molly KAHL	JR	#1 Minnesota State	5.64mw	18-6 (4.0)	4/13
6	86	Kylee SALLEE	JR	#2 Augustana (S.D.) {2}	5.62m	18-5¼ (1.1)	4/6
6	86	Cadence TANNER	FR	#10 Concordia-St. Pa {2}	5.62m	18-5¼ (1.7)	3/28
8	99	Emily SWANSON	SR	#3 Sioux Falls	5.58m	18-3¾ (1.5)	4/13
9		Victoriia ERMOLAEVA	FR	#1 Minnesota State {2}	5.52m	18-1½ (0.1)	4/13
10		Kaylee OLSON	SR	#8 Winona State	5.51m	18-1 (-1.1)	4/13

Women's Triple Jump

1	5	Lillian WASHINGTON	SO	#1 Minnesota State	12.47m	40-11 (0.0)	4/11
2	12	Stella NEOPHYTOU	JR	#1 Minnesota State {2}	12.30m	40-4¼ (-1.3)	4/11
3	19	Ghada HAMDANI	FR	#1 Minnesota State {3}	12.16m	39-10¾ (0.1)	4/11
4	22	Arianna PASSERI	SR	#4 U-Mary	12.15mw	39-10½ (2.6)	4/21
5	25	Kaja SALEMONSEN	JR	#2 Augustana (S.D.)	12.07mw	39-7¼ (3.4)	4/13
6	29	Hanna REICHENBERGER	JR	#8 Winona State	12.02m	39-5¼ (1.1)	4/6
7	60	Sammi SUNDBY	SR	#2 Augustana (S.D.) {2}	11.63mw	38-2 (2.7)	4/13
8	74	Ella STEUSSY	FR	#3 Sioux Falls	11.53mw	37-10 (3.2)	4/13
9	85	Lexi OLDERBAK	FR	#2 Augustana (S.D.) {3}	11.39mw	37-4½ (2.6)	4/13
10		Erin STEINMAN	FR	#5 Minnesota Dulut	11.26m	36-11½ (1.4)	4/13

Women's Shot Put

1	30	Madeline FRETAG	SR	#1 Minnesota State	14.12m	46-4	4/13
2	32	Tierra DOSS	SR	#7 Bemidji State	14.03m	46-½	4/13
3	38	Kamry LINDSEY	JR	#3 Sioux Falls	13.75m	45-1½	3/29
4	41	Kami WADSWORTH	FR	#3 Sioux Falls {2}	13.60m	44-7½	4/13
5	47	Jacqi RAE	SR	#5 Minnesota Dulut	13.49m	44-3¼	4/13
6	64	Kayla VANOSDEL	JR	#3 Sioux Falls {3}	13.19m	43-3¼	4/13
7	70	Nicole FLYNN	SR	#3 Sioux Falls {4}	13.09m	42-11½	4/13
8	85	Brooklyn KRUSE	FR	#9 Wayne State (Ne	12.91m	42-4¼	4/19
9	97	Olivia SCHWARZROCK	SO	#9 Wayne State (Ne {2}	12.76m	41-10½	4/5
10		Aubri BROWN	FR	#1 Minnesota State {2}	12.70m	41-8	4/13



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Women's Discus

1	4	Kamry LINDSEY	JR	#3 Sioux Falls	49.20m	161-5	4/20
2	11	Madeline FRETAG	SR	#1 Minnesota State	47.68m	156-5	4/13
3	14	Mack RATH	SR	#1 Minnesota State {2}	47.51m	155-11	4/13
4	17	Reilly YOUNG	JR	#9 Wayne State (Ne	46.93m	154-0	3/29
5	32	Elise JENSEN	FR	#1 Minnesota State {3}	44.97m	147-7	4/13
6	34	Zayda PRIEBE	SO	#7 Bemidji State	44.87m	147-3	4/13
7	40	Aubri BROWN	FR	#1 Minnesota State {4}	44.55m	146-2	4/13
8	54	Brooklyn KRUSE	FR	#9 Wayne State (Ne {2}	43.69m	143-4	4/19
9	66	Kami WADSWORTH	FR	#3 Sioux Falls {2}	43.15m	141-7	4/13
10	67	Delanie VANDRIEL	SO	#3 Sioux Falls {3}	42.93m	140-10	4/13
10	67	Julia ALBERTS	FR	#1 Minnesota State {5}	42.93m	140-10	4/13

Women's Hammer

1	13	Hailey BAKER	JR	#9 Wayne State (Ne	54.33m	178-3	4/19
2	21	Cassidy GOUGH	SR	#6 Northern State	53.30m	174-11	4/6
3	45	Lauren BIRD	FR	#1 Minnesota State	51.33m	168-5	3/29
4	62	Esther MENSAH	SO	#10 Concordia-St. Pa	49.81m	163-5	4/20
5	65	Kamry LINDSEY	JR	#3 Sioux Falls	49.74m	163-2	3/29
6	66	Aubri BROWN	FR	#1 Minnesota State {2}	49.66m	162-11	4/21
7	69	McKenna MARKLE	JR	#9 Wayne State (Ne {2}	49.47m	162-4	3/29
8	73	Emma ERICKSON	JR	#7 Bemidji State	49.07m	161-0	4/20
9	86	Olivia SCHWARZROCK	SO	#9 Wayne State (Ne {3}	48.40m	158-10	4/13
10	95	Olivia BAUMBERGER	JR	#3 Sioux Falls {2}	48.04m	157-8	3/29

Women's Javelin

1	2	Olivia BAUMBERGER	JR	#3 Sioux Falls	48.44m	158-11	4/13
2	50	Kami WADSWORTH	FR	#3 Sioux Falls {2}	40.78m	133-10	4/13
3	69	Maya SHORTER	FR	#1 Minnesota State	39.16m	128-6	3/29
4	80	Mikenna PATTRIN	JR	#7 Bemidji State	38.40m	126-0	4/13
5	83	Anna BENDISH	FR	#4 U-Mary	38.38m	125-11	4/6
6	86	Elise JENSEN	FR	#1 Minnesota State {2}	38.18m	125-3	4/13
7		Anna COFFEE	SO	#9 Wayne State (Ne	36.32m	119-2	4/19
8		Cassidy GOUGH	SR	#6 Northern State	36.25m	118-11	4/21
9		Savannah REINKE	FR	#14 St. Cloud State	36.20m	118-9	4/6
10		Jordan WEST	FR	#6 Northern State {2}	35.43m	116-3	4/21

Women's Heptathlon

1	5	Arika HARBO	SR	#10 Concordia-St. Pa	5,416		3/30
2	11	Emily SWANSON	SR	#3 Sioux Falls	5,216		4/13
3	15	Victoria ERMOLAEVA	FR	#1 Minnesota State	5,108		4/13
4	27	Miranda LAUVSTAD	SO	#1 Minnesota State {2}	4,748		4/13
5	28	Maria PEDROSO	JR	#2 Augustana (S.D.)	4,716		4/13
6	29	Kylee SALLEE	JR	#2 Augustana (S.D.) {2}	4,678		4/13
7	44	Jacqi RAE	SR	#5 Minnesota Dulut	4,371		4/13
8	54	Morgan SHELTON	SO	#6 Northern State	4,239		4/21
9	69	Esther MILLER	JR	#1 Minnesota State {3}	4,016		4/6
10	79	Bryn LONDON	SR	#5 Minnesota Dulut {2}	3,910		4/21



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Women's 100 Meters

1	7	Lauryn JAMES	SR	#5 Academy of Art	11.41	(1.7)	4/20
2	8	Juvonna CORNETTE	SO	#5 Academy of Art {2}	11.43w	(3.5)	3/30
3	26	Jasmyn CRAWFORD	JR	#3 CUI	11.69w	(2.7)	4/11
4	46	Nydia CHANCE	FR	#6 Fresno Pacific	11.81	(0.4)	3/23
4	46	Toni Ann LINDSAY	FR	#5 Academy of Art {3}	11.81w	(2.7)	4/6
6	74	Madelynn WORLEY	SR	#4 Point Loma Nazarene	11.94	(0.2)	4/6
7	84	Nevaeh WILLIAMS	FR	#1 Azusa Pacific	11.99w	(2.4)	3/15
7	84	Trinity MILLER	JR	#1 Azusa Pacific	11.99w	(2.4)	3/15
7	84	Maliyah MEDLEY	SR	#1 Azusa Pacific	11.99w	(2.4)	3/15
10		Darria MATTHIAS	SR	#5 Academy of Art {4}	12.04	(0.9)	3/16
10		Brianna GREEN	SR	#6 Fresno Pacific {2}	12.04w	(2.9)	3/2

Women's 100 Meter Hurdles

1	2	Nicole WARWICK	SR	#1 Azusa Pacific	13.29w	(2.5)	4/13
2	39	Alexis RANGER-DUNBAR	SR	#6 Fresno Pacific	14.24	(1.2)	4/6
3	41	Marie-Jeanne OUREGA	SR	#5 Academy of Art	14.25	(1.6)	4/11
4	63	Karyn BEST	SR	#3 CUI	14.42w	(3.2)	3/23
5	67	Alysa HENRY	SR	#1 Azusa Pacific {2}	14.44w	(2.8)	4/13
6		Hannah HANSON	FR	#2 Biola (Calif.)	14.79	(0.0)	4/20
7		Giovana PELASCINI	FR	#3 CUI {2}	14.88	(2.0)	3/9
8		Priscilla JONES	JR	#2 Biola (Calif.) {2}	14.96	(2.0)	3/9
9		Ryann BEVERIDGE	SR	#3 CUI {3}	15.16	(0.8)	4/13
10		Millie BLEDSOE	FR	#4 Point Loma Nazarene	15.32	(0.0)	3/23

Women's 200 Meters

1	9	Lauryn JAMES	SR	#5 Academy of Art	23.52w	(2.6)	3/22
2	18	Juvonna CORNETTE	SO	#5 Academy of Art {2}	23.69w	(2.6)	3/22
3	21	Nicole WARWICK	SR	#1 Azusa Pacific	23.86	(1.5)	4/13
4	30	Kiayra HOLMES	SR	#1 Azusa Pacific {2}	24.13	(1.5)	4/6
5	32	Toni Ann LINDSAY	FR	#5 Academy of Art {3}	24.16w	(2.6)	3/22
6	38	Alayna VERNER	JR	#1 Azusa Pacific {3}	24.20	(1.5)	4/6
7	51	Sariyah COPELAND	JR	#6 Fresno Pacific	24.33	(0.8)	4/13
8	55	Jasmyn CRAWFORD	JR	#3 CUI	24.36	(-2.9)	4/11
9	61	Nydia CHANCE	FR	#6 Fresno Pacific {2}	24.39	(2.0)	3/16
10	70	Brianna GREEN	SR	#6 Fresno Pacific {3}	24.47	(1.9)	3/16

Women's 400 Meters

1	5	Alayna VERNER	JR	#1 Azusa Pacific	53.47		4/13
2	30	Mercy EHIEMERE	FR	#1 Azusa Pacific {2}	55.32		4/6
3	35	Maliyah MEDLEY	SR	#1 Azusa Pacific {3}	55.49		3/22
4	41	Lauryn JAMES	SR	#5 Academy of Art	55.71		3/23
5	45	Toni Ann LINDSAY	FR	#5 Academy of Art {2}	55.83		3/23
6	49	Brianna GREEN	SR	#6 Fresno Pacific	55.95		4/6
7	54	Madelynn WORLEY	SR	#4 Point Loma Nazarene	56.13		4/13
8	57	Ariana VERA	SR	#6 Fresno Pacific {2}	56.16		4/6
9	72	Kenahdi HASLIP	FR	#6 Fresno Pacific {3}	56.52		3/23
10		Juvonna CORNETTE	SO	#5 Academy of Art {3}	57.25		4/6

Women's 400 Meter Hurdles

1	2	Brianna GREEN	SR	#6 Fresno Pacific	59.04		4/13
2	21	Maria SARTIN	SR	#3 CUI	1:01.71		4/11
3	31	Bethany SCHMIDT	JR	#3 CUI {2}	1:02.18		4/11
4	38	Kiayra HOLMES	SR	#1 Azusa Pacific	1:02.60		4/13
5	94	Karyn BEST	SR	#3 CUI {3}	1:04.79		3/9
6		Madison FEARON	SO	#3 CUI {4}	1:05.01		4/11
7		Makenna SULLIVAN	JR	#4 Point Loma Nazarene	1:06.31		3/16
8		Reagan COLE	SO	#4 Point Loma Nazarene {2}	1:06.84		3/16
9		Mercy EHIEMERE	FR	#1 Azusa Pacific {2}	1:07.32		3/22
10		Hannah HANSON	FR	#2 Biola (Calif.)	1:07.65		4/11

Women's 800 Meters

1	11	Lina HANICH	SR	#5 Academy of Art	2:08.61		4/13
2	20	Sofia CAMACHO	JR	#1 Azusa Pacific	2:09.61		3/30
3	30	Maggie WILLIAMS	SO	#2 Biola (Calif.)	2:10.44		4/13
4	32	Aubrie NEX	SR	#4 Point Loma Nazarene	2:10.68		4/13
5	63	Katharina GOETSCHL	JR	#5 Academy of Art {2}	2:13.28		4/6
6	65	Briseida GARCIA MEZA	SR	#1 Azusa Pacific {2}	2:13.38		2/17
7	82	Michaela ANDREWS	JR	#5 Academy of Art {3}	2:14.39		3/22
8	86	Nicole WARWICK	SR	#1 Azusa Pacific {3}	2:14.62		4/13
9		Hailey WURZBACH	SO	#2 Biola (Calif.) {2}	2:16.32		3/30
10		Porshe EISMANN	SR	#3 CUI	2:16.45		4/13

Women's 1500 Meters

1	15	Sofia CAMACHO	JR	#1 Azusa Pacific	4:26.13		4/13
2	29	Jori PARADIS	SR	#3 CUI	4:27.59		3/30
3	34	Katharina GOETSCHL	JR	#5 Academy of Art	4:28.65		4/13
4	50	Aubrie NEX	SR	#4 Point Loma Nazarene	4:31.19		4/13
5	71	Bethany MAPES	SO	#2 Biola (Calif.)	4:34.28		3/22
6	75	Susanne BRUENNIG	SO	#2 Biola (Calif.) {2}	4:34.99		3/22
7		Lina HANICH	SR	#5 Academy of Art {2}	4:39.20		3/23
8		Taylor WHITFIELD	SO	#3 CUI {2}	4:40.43		4/13
9		Maggie WILLIAMS	SO	#2 Biola (Calif.) {3}	4:40.45		3/30
10		Ella VORIS	FR	#2 Biola (Calif.) {4}	4:40.53		4/13

Women's Steeplechase

1	6	Katharina GOETSCHL	JR	#5 Academy of Art	10:21.42		4/13
2	18	Susanne BRUENNIG	SO	#2 Biola (Calif.)	10:44.02		4/6
3	31	Britta HOLMBERG	SR	#2 Biola (Calif.) {2}	11:00.24		3/22
4	39	Elizabeth SATTERLEE	SO	#4 Point Loma Nazarene	11:09.26		3/31
5	45	Claudia VERA	SO	#3 CUI	11:13.47		3/30
6	100	Alyssa STUMBO	FR	#2 Biola (Calif.) {3}	11:42.46		4/13
7		Janelle SANTOS	SO	#1 Azusa Pacific	11:49.19		3/22
8		Lauren LANDRITH	SO	#2 Biola (Calif.) {4}	11:53.50		3/22
9		Abigail HUNDLEY	JR	#7 Westmont (Calif.)	11:55.08		3/23
10		Miranda ZAKHAR	FR	#2 Biola (Calif.) {5}	12:03.41		3/30



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Women's 5000 Meters

1	18	Katharina GOETSCHL	JR	#5 Academy of Art	16:29.46	4/20
2	30	Bethany MAPES	SO	#2 Biola (Calif.)	16:41.56	4/13
3	37	Susanne BRUENNIG	SO	#2 Biola (Calif.)	{2} 16:51.77	3/30
4	38	Madeline JAHSHAN	SR	#3 CUI	16:51.87	3/9
5	44	Lynette RUIZ	JR	#2 Biola (Calif.)	{3} 16:53.81	3/9
6	50	Sofia CAMACHO	JR	#1 Azusa Pacific	17:00.63	4/13
7	53	Jori PARADIS	SR	#3 CUI	{2} 17:03.40	4/13
8	57	Britta HOLMBERG	SR	#2 Biola (Calif.)	{4} 17:05.61	4/13
9	95	Taylor WHITFIELD	SO	#3 CUI	{3} 17:23.84	4/13
10		Hailey WURZBACH	SO	#2 Biola (Calif.)	{5} 17:45.47	3/9

Women's 10,000 Meters

1	21	Madeline JAHSHAN	SR	#3 CUI	35:12.41	3/30
2	30	Bethany MAPES	SO	#2 Biola (Calif.)	35:37.02	3/30
3	32	Lynette RUIZ	JR	#2 Biola (Calif.)	{2} 35:53.37	3/30
4	59	Karis BROWN	SO	#2 Biola (Calif.)	{3} 36:53.22	3/30
5	67	Haleigh GUERRERO	JR	#1 Azusa Pacific	37:08.76	3/30
6	70	Lauren LANDRITH	SO	#2 Biola (Calif.)	{4} 37:14.22	3/30
7	78	Ellie STETINA	SO	#2 Biola (Calif.)	{5} 37:23.47	3/30
8		Hayley KILLION	JR	#3 CUI	{2} 38:13.52	3/9
9		Anneline BREYTENBACH	SR	#7 Westmont (Calif.)	38:21.84	3/9
10		Audrey BARCENAS	SO	#3 CUI	{3} 38:33.02	3/9

Women's 4x100 Relay

1	4	Nydia Chance, Brianna Green, Sariah Copeland, Ariana Vera	#6 Fresno Pacific	45.16	4/13
2	7	Toni Ann Lindsay, Juvonna Cornette, Alicia Thomas, Lauryn James	#5 Academy of Art	45.43	4/6
3	11	Ashanti Perkins, Kiayra Holmes, Nevaeh Williams, Trinity Miller	#1 Azusa Pacific	45.62	4/13
4	39	Nataleah Yanez, Logan Nelson, Ruby Bishop, Jasmyn Crawford	#3 CUI	46.90	3/9
5		Lilly Gomez, Blanca Granados, Madelynn Worley, Brynn Celani	#4 Point Loma Nazarene	48.47	4/6
6		Priscilla Jones, Audrey Mousa, Rebecca Gonzalez, Kelaiah Moore	#2 Biola (Calif.)	48.48	3/16
7		Makenzie Fauver, Jaiden Rodrigues, Charlotte Williams, Miranda Irwin	#7 Westmont (Calif.)	48.73	3/9
8		Caytlin Capulong, LaNicia Ellis, Shulien Kemmler Lui, Sarah Chavez	#8 Dominican (Calif.)	51.63	2/23

Women's 4x400 Relay

1	1	Mercy Ehiemere, Maliyah Medley, Alayna Verner, Kiayra Holmes	#1 Azusa Pacific	3:37.73	4/20
2	14	Sariah Copeland, Brianna Green, Kenahdi Haslip, Ariana Vera	#6 Fresno Pacific	3:43.97	3/30
3	20	Toni Ann Lindsay, Lauryn James, Lina Hanich, Juvonna Cornette	#5 Academy of Art	3:45.75	3/16
4	41	Ruby Bishop, Giovana Pelascini, Bethany Schmidt, Logan Nelson	#3 CUI	3:51.92	4/13
5	60	Aubree Gentry, Aubrie Nex, Madelynn Worley, Blanca Granados	#4 Point Loma Nazarene	3:56.16	4/6
6	77	Joley Sproul, Audrey Mousa, Ariana Quintana, Jaden Murray	#2 Biola (Calif.)	3:58.81	3/23
7		Makenzie Fauver, Claire Van Horn, Jaiden Rodrigues, Charlotte Williams	#7 Westmont (Calif.)	4:07.26	3/23
8		Gabrielle Wampler, Eryn Tufts, Emma Wuelfing, LaNicia Ellis	#8 Dominican (Calif.)	4:18.63	3/2

Women's High Jump

1	9	Eliana SAUNDERS	SR	#1 Azusa Pacific	1.73m	5-8	3/22
2	14	Naomie LAVRIL	FR	#5 Academy of Art	1.72m	5-7¾	3/16
3	50	Nouhayla ERRAHILI	JR	#1 Azusa Pacific	{2} 1.65m	5-5	4/6
3	50	Kathryn THOMPSON	SO	#2 Biola (Calif.)	1.65m	5-5	3/23
5	69	Nicole WARWICK	SR	#1 Azusa Pacific	{3} 1.64m	5-4½	4/13
5	69	Alysa HENRY	SR	#1 Azusa Pacific	{3} 1.64m	5-4½	4/13
7	98	Joley SPROUL	JR	#2 Biola (Calif.)	{2} 1.61m	5-3¼	4/13
8		Ashley HUME	SR	#1 Azusa Pacific	{5} 1.60m	5-3	4/6
8		Esther CONDE-TURPIN	SO	#1 Azusa Pacific	{5} 1.60m	5-3	4/6
10		Giovana PELASCINI	FR	#3 CUI	1.56m	5-1¼	2/15

Women's Pole Vault

1	43	Peyton YOSHIDA	SR	#4 Point Loma Nazarene	3.72m	12-2½	3/31
2	48	Evanthia KOUTELIERIS	SR	#4 Point Loma Nazarene	{2} 3.66m	12-0	3/23
3	50	Katherine HEEKIN	SO	#4 Point Loma Nazarene	{3} 3.65m	11-11¾	2/24
4	71	Brianne CAMARENA	SR	#4 Point Loma Nazarene	{4} 3.57m	11-8½	3/31
4	71	Abigail KEANE	JR	#1 Azusa Pacific	3.57m	11-8½	3/22
6	76	Abby RUMOHR	SR	#7 Westmont (Calif.)	3.55m	11-7¾	3/23
6	76	Reanna MAROON	JR	#2 Biola (Calif.)	3.55m	11-7¾	4/6
8	90	Danielle GOULD	FR	#4 Point Loma Nazarene	{5} 3.49m	11-5¼	4/6
9		Nina NAVARETTE	FR	#2 Biola (Calif.)	{2} 3.42m	11-2½	3/22
10		Lorraine MANKINS	JR	#6 Fresno Pacific	3.35m	10-11¾	3/16



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Women's Long Jump

1	1	Nicole WARWICK	SR	#1 Azusa Pacific	6.32m	20-9 (0.9)	4/11
2	5	Marie-Jeanne OUREGA	JR	#5 Academy of Art	6.16m	20-2½ (-2.5)	4/6
3	45	Olivia BAERNY	SR	#1 Azusa Pacific	{2} 5.79m	19-0 (0.3)	4/20
3	45	Alysa HENRY	SR	#1 Azusa Pacific	{2} 5.79m	19-0 (0.7)	3/2
5	60	Sierra NELSON	FR	#1 Azusa Pacific	{4} 5.71m	18-8¾ (0.0)	4/20
6		Alysa BETIONG	SO	#1 Azusa Pacific	{5} 5.26m	17-3¼ (0.0)	4/20
7		Alexandra ORTIZ	SO	#3 CUI	5.19m	17-½ (0.2)	3/31
8		Maria VIDAL POY	SO	#2 Biola (Calif.)	5.13m	16-10 (0.0)	4/20
9		Leah POWICK	JR	#3 CUI	{2} 5.10m	16-8¾ (1.8)	3/31
10		Kathryn THOMPSON	SO	#2 Biola (Calif.)	{2} 5.08m	16-8 (1.1)	3/9

Women's Triple Jump

1	25	Marie-Jeanne OUREGA	JR	#5 Academy of Art	12.07m	39-7¼ (0.0)	4/11
2	34	Olivia BAERNY	SR	#1 Azusa Pacific	11.96m	39-3 (0.0)	3/22
3		Nina NAVARETTE	FR	#2 Biola (Calif.)	11.20m	36-9 (0.3)	4/6
4		Amelia RIVAS	SO	#1 Azusa Pacific	{2} 10.95mw	35-11¼ (2.3)	3/2
5		Kathryn THOMPSON	SO	#2 Biola (Calif.)	{2} 10.83m	35-6½ (1.4)	3/23
6		Makenna SULLIVAN	JR	#4 Point Loma Nazarene	10.65m	34-11¼ (1.9)	3/16
7		Maria VIDAL POY	SO	#2 Biola (Calif.)	{3} 10.14m	33-3¼ (2.0)	4/6
8		Gillian DOPEMORE	FR	#2 Biola (Calif.)	{4} 10.07m	33-½ (0.0)	4/20
9		Ella CROSNO	FR	#7 Westmont (Calif.)	9.65m	31-8 (0.1)	3/23
9		Rylee FLANAGAN	FR	#4 Point Loma Nazarene	{2} 9.65m	31-8 (1.1)	3/31

Women's Shot Put

1	12	Hannah RICHARDSON	SO	#1 Azusa Pacific	14.99m	49-2¼	4/13
2	28	Sarah FAJER	SR	#3 CUI	14.19m	46-6¾	4/13
3	44	Hope ERWIN	SR	#6 Fresno Pacific	13.53m	44-4¾	4/13
4	45	Priscilla JONES	JR	#2 Biola (Calif.)	13.51m	44-4	3/9
5	68	Molly OLSON	SR	#1 Azusa Pacific	{2} 13.10m	42-11¾	3/15
5	68	Laura BRENNAN	FR	#2 Biola (Calif.)	{2} 13.10m	42-11¾	4/11
7	76	Esther CONDE-TURPIN	SO	#1 Azusa Pacific	{3} 13.03m	42-9	4/6
8	96	Nicole WARWICK	SR	#1 Azusa Pacific	{4} 12.77m	41-10¾	4/6
9	99	Tayla CRENSHAW	JR	#3 CUI	{2} 12.75m	41-10	2/15
10		Jasmyn RIOS	FR	#3 CUI	{3} 12.65m	41-6	2/15

Women's Discus

1	15	Anessa CHIRGWIN	SR	#4 Point Loma Nazarene	47.30m	155-2	2/24
2	22	Khaiya SIMPSON	SR	#3 CUI	46.23m	151-8	4/13
3	30	Tayla CRENSHAW	JR	#3 CUI	{2} 45.39m	148-11	3/23
4	80	Hannah RICHARDSON	SO	#1 Azusa Pacific	42.35m	139-0	4/13
5		Hope ERWIN	SR	#6 Fresno Pacific	40.51m	132-11	2/3
6		Jasmyn RIOS	FR	#3 CUI	{3} 39.95m	131-1	3/23
7		Sarah FAJER	SR	#3 CUI	{4} 39.85m	130-9	3/23
8		Molly OLSON	SR	#1 Azusa Pacific	{2} 39.11m	128-4	4/6
9		Olivia BELLIG	FR	#2 Biola (Calif.)	37.88m	124-4	4/20
10		Norah DEYOUNG	FR	#2 Biola (Calif.)	{2} 36.42m	119-6	2/15

Women's Hammer

1	59	Tayla CRENSHAW	JR	#3 CUI	50.09m	164-4	3/9
2	74	Sarah FAJER	SR	#3 CUI	{2} 49.05m	160-11	3/9
3		Khaiya SIMPSON	SR	#3 CUI	{3} 44.83m	147-1	4/13
4		Anessa CHIRGWIN	SR	#4 Point Loma Nazarene	44.50m	146-0	2/24
5		Casey DAVIS	JR	#6 Fresno Pacific	43.35m	142-3	2/17
6		Alexa HUME	SO	#1 Azusa Pacific	41.53m	136-3	4/6
7		Hannah RICHARDSON	SO	#1 Azusa Pacific	{2} 41.49m	136-2	4/6
8		Leah GILMORE	FR	#2 Biola (Calif.)	41.39m	135-10	4/20
9		Elizabeth NARANJO	SR	#6 Fresno Pacific	{2} 40.96m	134-5	2/17
10		Hope ERWIN	SR	#6 Fresno Pacific	{3} 40.95m	134-4	3/23

Women's Javelin

1	4	Alysa HENRY	SR	#1 Azusa Pacific	48.25m	158-4	2/17
2	30	Molly OLSON	SR	#1 Azusa Pacific	{2} 42.75m	140-3	3/2
3	37	Leonor BROOKS	SR	#1 Azusa Pacific	{3} 42.23m	138-7	3/22
4	51	Esther CONDE-TURPIN	SO	#1 Azusa Pacific	{4} 40.62m	133-3	4/6
5	81	Nicole WARWICK	SR	#1 Azusa Pacific	{5} 38.39m	126-0	4/13
6		India YOUNG	FR	#2 Biola (Calif.)	35.29m	115-10	3/22
7		Alexa HUME	SO	#1 Azusa Pacific	{6} 34.71m	113-11	4/6
8		Ashley HUME	SR	#1 Azusa Pacific	{7} 34.63m	113-8	2/17
9		Olivia BELLIG	FR	#2 Biola (Calif.)	{2} 33.95m	111-5	4/13
10		Alexis SUMNER	FR	#3 CUI	33.86m	111-1	3/9

Women's Heptathlon

1	1	Nicole WARWICK	SR	#1 Azusa Pacific	5,927		4/13
2	4	Alysa HENRY	SR	#1 Azusa Pacific	{2} 5,533		4/13
3	31	Giovana PELASCINI	FR	#3 CUI	4,663		3/22
4	42	Joley SPROUL	JR	#2 Biola (Calif.)	4,374		4/13
5	49	Brianna GREEN	SR	#6 Fresno Pacific	4,310		2/23
6	67	Riley NORRIS	SO	#3 CUI	{2} 4,034		3/22
7		Leah POWICK	JR	#3 CUI	{3} 3,642		2/15
8		Madalyn HOFMAN	SO	#7 Westmont (Calif.)	3,535		3/22
9		Miranda IRWIN	JR	#7 Westmont (Calif.)	{2} 3,483		3/22
10		Noella BREYTENBACH	FR	#7 Westmont (Calif.)	{3} 3,381		2/15



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Women's 100 Meters

1	76	Shenya PATRICE	JR	#1 Embry-Riddle (F)	11.95w	(3.0)	4/6
2		Nakhia MONTGOMERY	SO	#4 Columbus State	12.16	(1.8)	4/13
3		Olivia WORRELL	FR	#1 Embry-Riddle (F{2})	12.25	(0.8)	3/16
4		Ciara THOMAS	FR	#1 Embry-Riddle (F{3})	12.33	(0.8)	3/16
5		Journie ALEXANDER	JR	#2 Clayton State	12.38	(1.2)	4/6
6		Jada ALSTON		#2 Clayton State {2}	12.49	(1.9)	4/13
7		Cayla BROWN	JR	#2 Clayton State {3}	12.50	(-0.5)	4/6
8		Michala DANIELS	SO	#1 Embry-Riddle (F{4})	12.67w	(4.0)	4/20
9		Cassidy JENKINS	SO	#2 Clayton State {4}	12.69w	(2.7)	4/13
10		Cerenity DAISE	SO	#1 Embry-Riddle (F{5})	12.77w	(2.7)	3/16

Women's 100 Meter Hurdles

1		Brooklyn GOULD	JR	#1 Embry-Riddle (F)	14.82	(0.5)	4/13
2		Dejah SAUNDERS	JR	#1 Embry-Riddle (F{2})	15.43	(-3.0)	3/16
3		LeeAisha FORD	SO	#9 USC Beaufort (S.	15.57w	(3.3)	3/30
4		Michala DANIELS	SO	#1 Embry-Riddle (F{3})	15.98	(1.3)	3/23
5		Liza VARNUM	FR	#4 Columbus State	16.34	(0.3)	4/13
6		Joy MCLEOD	JR	#2 Clayton State	16.48	(0.8)	3/2
7		Laura MCBRIDE	SR	#1 Embry-Riddle (F{4})	16.83	(1.0)	3/2
8		Sydney CASH	SO	#1 Embry-Riddle (F{5})	16.96	(-2.2)	4/20
9		Helena HUYKE	SO	#1 Embry-Riddle (F{6})	17.10	(1.0)	3/2
10		Zoe ZINNIE	FR	#3 Flagler	17.56	(-2.2)	4/20

Women's 200 Meters

1		Ariyonna JONES	SR	#2 Clayton State	24.89w	(2.5)	4/13
2		Ciara THOMAS	FR	#1 Embry-Riddle (F)	25.09	(1.6)	3/23
3		Shenya PATRICE	JR	#1 Embry-Riddle (F{2})	25.21w	(2.1)	4/6
4		Brooklyn GOULD	JR	#1 Embry-Riddle (F{3})	25.33w	(3.0)	4/13
5		Olivia WORRELL	FR	#1 Embry-Riddle (F{4})	25.35	(1.7)	3/16
6		Cayla BROWN	JR	#2 Clayton State {2}	25.48	(-0.1)	3/16
7		Nakhia MONTGOMERY	SO	#4 Columbus State	25.71	(0.6)	4/13
8		Jada ALSTON		#2 Clayton State {3}	25.72w	(2.8)	4/13
9		Journie ALEXANDER	JR	#2 Clayton State {4}	25.73	(0.6)	3/16
10		Kennedy MCDONALD	FR	#2 Clayton State {5}	26.33	(1.0)	3/16

Women's 400 Meters

1	95	Ariyonna JONES	SR	#2 Clayton State	56.82		3/16
2		Kennedy MCDONALD	FR	#2 Clayton State {2}	58.40		4/6
3		Ella SToudenMIRE	JR	#8 North Georgia	59.88		4/6
4		Maria PERSSON	SR	#1 Embry-Riddle (F)	1:00.70		3/16
5		Angellyn HYDE	SO	#6 Lander	1:00.86		4/13
6		Nina RICHARDSON	JR	#1 Embry-Riddle (F{2})	1:01.04		3/16
7		Nithya CHUMMAR	SR	#1 Embry-Riddle (F{3})	1:01.57		4/20
8		Kaylee DOWNING	SR	#8 North Georgia {2}	1:02.22		4/13
9		Kadence LIVINGSTON	FR	#6 Lander {2}	1:02.66		3/2
10		Natalie DEMPSEY	FR	#3 Flagler	1:03.59		4/20

Women's 400 Meter Hurdles

1	78	Laura MCBRIDE	SR	#1 Embry-Riddle (F)	1:04.28		3/16
2		Liza VARNUM	FR	#4 Columbus State	1:07.50		3/16
3		Ivorie SMITH	SO	#2 Clayton State	1:07.59		4/13
4		Joy MCLEOD	JR	#2 Clayton State {2}	1:08.94		4/13
5		Janiya ENGLAND	FR	#5 Augusta	1:09.12		3/29
6		Aaliyah JORDAN	FR	#3 Flagler	1:09.65		4/20
7		Parmelie ANDRIS	JR	#5 Augusta {2}	1:10.82		4/13
8		Kiersten THATCHER	FR	#6 Lander	1:20.18		4/5
9		Syni LACY	FR	#4 Columbus State {2}	1:23.67		4/6

Women's 800 Meters

1	19	Taylor STONE	JR	#3 Flagler	2:09.60		3/16
2	48	Ella SToudenMIRE	JR	#8 North Georgia	2:12.27		4/13
3	53	Abigail MISCH	SO	#3 Flagler {2}	2:12.76		3/30
4	66	Taylor ROTH	FR	#1 Embry-Riddle (F)	2:13.42		4/20
5	88	Caroline HARRIS	SO	#1 Embry-Riddle (F{2})	2:14.69		3/30
6	90	Brooklyn GOULD	JR	#1 Embry-Riddle (F{3})	2:14.81		3/16
7		Laura MCBRIDE	SR	#1 Embry-Riddle (F{4})	2:15.42		3/23
8		Bella BUTLER	FR	#7 Nova Southeast	2:15.60		4/19
9		Mackenzie KELLER	SO	#1 Embry-Riddle (F{5})	2:16.67		3/30
10		Maddi HOOD	JR	#3 Flagler {3}	2:17.51		3/23

Women's 1500 Meters

1	27	Taylor STONE	JR	#3 Flagler	4:27.55		3/30
2	45	Mackenzie KELLER	SO	#1 Embry-Riddle (F)	4:30.28		4/13
3	91	Monique WHITEMAN	SR	#3 Flagler {2}	4:36.87		4/20
4		Abigail MISCH	SO	#3 Flagler {3}	4:38.54		3/23
5		Clemence TREGUER	SO	#3 Flagler {4}	4:41.56		3/23
6		Lea STEINBACH	JR	#3 Flagler {5}	4:41.81		4/20
7		Anna MILLER	SR	#1 Embry-Riddle (F{2})	4:41.86		3/16
8		Megan CHURCHILL	SR	#3 Flagler {6}	4:42.39		4/20
9		Eden TOAL	JR	#7 Nova Southeast	4:46.19		3/23
10		Abby VALLEY	SR	#1 Embry-Riddle (F{3})	4:46.26		3/2

Women's Steeplechase

1	32	Emily MCBRIDE	JR	#5 Augusta	11:00.84		4/20
2	49	Claire MILLS	SR	#8 North Georgia	11:15.79		3/16
3	64	Lea STEINBACH	JR	#3 Flagler	11:23.43		3/30
4	71	Anna CHASTEEN	JR	#8 North Georgia {2}	11:27.89		4/20
5		Kelly STEFFENS	SR	#1 Embry-Riddle (F)	11:46.47		3/2
6		Tanaeya JOHNSON	SR	#2 Clayton State	11:47.88		4/6
7		Story ALEXANDER	JR	#2 Clayton State {2}	12:16.51		4/6
8		Nealeigh BROADWELL	FR	#8 North Georgia {3}	12:44.46		4/6
9		Danielle THAYER	FR	#5 Augusta {2}	13:02.07		4/13
10		Swaye MOHLER	SO	#5 Augusta {3}	13:19.94		4/13



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Women's 5000 Meters

1	63	Monique WHITEMAN	SR	#3 Flagler	17:10.95	3/30
2	83	Mackenzie KELLER	SO	#1 Embry-Riddle (Fl	17:19.88	3/16
3		Megan CHURCHILL	SR	#3 Flagler {2}	17:29.81	3/16
4		Leena SAIDI	JR	#7 Nova Southeaste	17:57.13	4/6
5		Madison KENNEDY	SO	#5 Augusta	18:07.05	4/20
6		Clemence TREGUER	SO	#3 Flagler {3}	18:11.58	3/30
7		Caroline PIERCE	JR	#5 Augusta {2}	18:16.65	4/6
8		Emily MCBRIDE	JR	#5 Augusta {3}	18:17.57	4/6
9		Ally JAKUBIAK	SO	#7 Nova Southeaste	18:20.52	4/6
10		Anna MILLER	SR	#1 Embry-Riddle (Fl	18:24.27	4/6

Women's 10,000 Meters

1	76	Madison KENNEDY	SO	#5 Augusta	37:21.83	4/6
2		Maria BIONDOLLO	FR	#5 Augusta {2}	38:39.39	4/6
3		Kelly STEFFENS	SR	#1 Embry-Riddle (Fl	41:18.47	3/16
4		Kendall MATHIS	SO	#1 Embry-Riddle (Fl	41:51.90	3/30

Women's 4x100 Relay

1	55	Journie Alexander, Jada Alston, Ariyonna Jones, Cayla Brown	#2 Clayton State	47.29	4/13
2	61	Olivia Worrell, Shenya Patrice, Cerenity Daise, Ciara Thomas	#1 Embry-Riddle (Fl	47.36	3/23
3		Nakhia Montgomery, Syni Lacy, Deandra Downer, Liza Varnum	#4 Columbus State	50.01	4/13
4		Diana Barazarte, Melissa Mitjans, Makayla Buenafe, Kayla Wommack	#7 Nova Southeaste	55.61	2/17
5		Kaylee Downing, Ashley Pope, Adi Myers, Grace Opsahl	#8 North Georgia	57.21	4/20

Women's 4x400 Relay

1	66	Laura McBride, Brooklyn Gould, Nina Richardson, Ciara Thomas	#1 Embry-Riddle (Fl	3:57.65	3/16
2		McKinzie Winget, Bella Butler, Eden Toal, Amanda Stone	#7 Nova Southeaste	4:03.36	4/19
3		Kennedy McDonald, JaBresha Palmer, Ahlana Failey, Ariyonna Jones	#2 Clayton State	4:04.14	3/16
4		Nealeigh Broadwell, Claire Mills, Kaylee Downing, Ella Stoudenmire	#8 North Georgia	4:12.53	3/29
5		Haley Gilbert, Riley Triplett, Caroline Pierce, Cheyenne Ryan	#5 Augusta	4:26.06	3/29
6		Nakhia Montgomery, Markayla Moore, Liza Varnum, Royal Delay	#4 Columbus State	4:28.89	4/6
7		#Type!	#6 Lander	4:38.09	4/13
8		LeeAisha Ford, Taylor Atkinson, Hannah Hoffman, Sofia Mejia	#9 USC Beaufort (S.	4:46.64	4/13

Women's High Jump

1		Brooklyn GOULD	JR	#1 Embry-Riddle (Fl	1.60m	5-3	3/16
2		Melissa MITJANS	FR	#7 Nova Southeaste	1.57m	5-1¾	4/19
3		Sariya HENRY		#2 Clayton State	1.55m	5-1	4/6
4		Riley WOLTERS	SO	#6 Lander	1.50m	4-11	3/29
5		Hannah ROBINSON	FR	#1 Embry-Riddle (Fl	1.47m	4-9¾	3/2
5		Megan GRANT	FR	#1 Embry-Riddle (Fl	1.47m	4-9¾	3/30
7		Zoe ZINNIE	FR	#3 Flagler	1.45m	4-9	3/16
7		Courtney NESBITT	FR	#6 Lander {2}	1.45m	4-9	4/13
7		Sarah ARNOLD	FR	#4 Columbus State	1.45m	4-9	3/16
10		Emma SORENSON	SR	#1 Embry-Riddle (Fl	1.42m	4-7¾	3/30
10		Laura MCBRIDE	SR	#1 Embry-Riddle (Fl	1.42m	4-7¾	3/30
10		Kayla WOMMACK	SO	#7 Nova Southeaste	1.42m	4-7¾	4/19
10		Sydney CASH	SO	#1 Embry-Riddle (Fl	1.42m	4-7¾	3/2

Women's Pole Vault

1		Piper KIMES	SR	#1 Embry-Riddle (Fl	3.20m	10-6	4/20
1		Sarah ARNOLD	FR	#4 Columbus State	3.20m	10-6	4/13
3		Jenna ROLEN	SO	#4 Columbus State {2}	3.15m	10-4	3/16
4		Resa AKERS	SO	#1 Embry-Riddle (Fl	2.90m	9-6¾	4/20
5		Maxime KIRSCHNER	SR	#1 Embry-Riddle (Fl	2.60m	8-6¾	4/20
6		Amber JOHNSON	SO	#4 Columbus State {3}	2.45m	8-½	4/6
6		Meghan KOH	SO	#4 Columbus State {3}	2.45m	8-½	4/6
8		Izabell DAVIS	FR	#9 USC Beaufort (S.	2.12m	6-11½	3/23



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Women's Long Jump

1	Brooklyn GOULD	JR	#1 Embry-Riddle (F)	5.57m	18-3¼ (-1.0)	3/30
2	Journie ALEXANDER	JR	#2 Clayton State	5.44m	17-10¼ (-1)	3/16
3	Mikaela MILES	SO	#1 Embry-Riddle (F{2})	5.27m	17-3½ (-0.1)	3/30
4	Tanija TURNER	SR	#1 Embry-Riddle (F{3})	5.19m	17-½ (-0.7)	3/30
5	Madison MILLS	FR	#5 Augusta	5.16m	16-11¼ (0.5)	4/20
6	Emma SORENSON	SR	#1 Embry-Riddle (F{4})	5.13m	16-10 (0.0)	3/2
6	Trinity ACREE	FR	#2 Clayton State {2}	5.13m	16-10 (-1.2)	3/16
8	Ciara THOMAS	FR	#1 Embry-Riddle (F{5})	5.09m	16-8½ (0.8)	3/23
8	Jaazer RIDGES	JR	#2 Clayton State {3}	5.09m	16-8½ (-0.4)	4/13
10	Michala DANIELS	SO	#1 Embry-Riddle (F{6})	5.07m	16-7¾ (-0.7)	3/2

Women's Triple Jump

1	9 Mikaela MILES	SO	#1 Embry-Riddle (F)	12.37m	40-7 (0.0)	4/11
2	90 Deandra DOWNER	SO	#4 Columbus State	11.36m	37-3¼ (-0.8)	3/16
3	Trinity ACREE	FR	#2 Clayton State	10.82m	35-6 (-0.2)	3/16
4	Cerenity DAISE	SO	#1 Embry-Riddle (F{2})	10.70m	35-1¼ (0.0)	4/20
5	Emma SORENSON	SR	#1 Embry-Riddle (F{3})	10.63m	34-10½ (1.5)	4/20
6	Michala DANIELS	SO	#1 Embry-Riddle (F{4})	10.60m	34-9½ (0.0)	3/2
7	Jaazer RIDGES	JR	#2 Clayton State {2}	10.56m	34-7¾ (-1.0)	4/6
8	De'Andra BROWN	SO	#9 USC Beaufort (S)	10.53m	34-6¾ (-1.1)	3/23
9	Dejah SAUNDERS	JR	#1 Embry-Riddle (F{5})	9.81m	32-2¼ (-2.0)	3/30
10	Rebekah KLOSSNER	FR	#5 Augusta	9.34m	30-7¾ (0.1)	4/13

Women's Shot Put

1	Madison MORRIS	JR	#1 Embry-Riddle (F)	11.70m	38-4¾	3/2
2	Jamia CLARK	FR	#6 Lander	11.50m	37-8¾	4/13
3	Jala WILLIAMS	FR	#5 Augusta	11.43m	37-6	4/13
4	Brooklyn GOULD	JR	#1 Embry-Riddle (F{2})	11.31m	37-1¼	3/30
5	Kirsten ROLLE	JR	#1 Embry-Riddle (F{3})	10.89m	35-8¾	3/2
6	Jozelyne WILLIAMS	FR	#5 Augusta {2}	10.66m	34-11¾	4/13
7	Dana MCDANIEL	FR	#4 Columbus State	10.52m	34-6¼	3/16
8	Kayli MILLER	FR	#4 Columbus State {2}	10.34m	33-11¼	3/2
9	Hailey BRUCE	FR	#1 Embry-Riddle (F{4})	10.23m	33-6¾	3/30
10	Makinzie LUHRSEN	FR	#3 Flagler	10.22m	33-6½	3/16

Women's Discus

1	65 Madison MORRIS	JR	#1 Embry-Riddle (F)	43.17m	141-8	4/6
2	Sophia GUSTELY	SR	#1 Embry-Riddle (F{2})	38.86m	127-6	3/16
3	Jozelyne WILLIAMS	FR	#5 Augusta	35.62m	116-11	3/29
4	Sophia STALFORD	SO	#9 USC Beaufort (S)	34.08m	111-10	3/16
5	Kayli MILLER	FR	#4 Columbus State	33.63m	110-4	4/13
6	Kirsten ROLLE	JR	#1 Embry-Riddle (F{3})	33.38m	109-6	3/30
7	Makinzie LUHRSEN	FR	#3 Flagler	32.16m	105-6	4/20
8	Hailey BRUCE	FR	#1 Embry-Riddle (F{4})	31.32m	102-9	4/20
9	Dana MCDANIEL	FR	#4 Columbus State {2}	31.15m	102-3	3/2
10	Jala WILLIAMS	FR	#5 Augusta {2}	30.41m	99-9¼	3/29

Women's Hammer

1	46 Kirsten ROLLE	JR	#1 Embry-Riddle (F)	51.27m	168-3	4/6
2	Madison MORRIS	JR	#1 Embry-Riddle (F{2})	42.61m	139-10	4/20
3	Reta WOODARD		#1 Embry-Riddle (F{3})	42.49m	139-5	3/30
4	Dana MCDANIEL	FR	#4 Columbus State	40.08m	131-6	4/13
5	Hailey BRUCE	FR	#1 Embry-Riddle (F{4})	38.97m	127-10	3/16
6	Kayli MILLER	FR	#4 Columbus State {2}	37.93m	124-6	4/13
7	Sophia STALFORD	SO	#9 USC Beaufort (S)	31.66m	103-11	4/13
8	Jala WILLIAMS	FR	#5 Augusta	28.75m	94-4	3/23
9	Jozelyne WILLIAMS	FR	#5 Augusta {2}	24.98m	81-11½	3/9
10	Addison DAVIS	SO	#6 Lander	22.92m	75-2½	4/5

Women's Javelin

1	23 Maxime KIRSCHNER	SR	#1 Embry-Riddle (F)	43.77m	143-7	3/23
2	53 Hailey BRUCE	FR	#1 Embry-Riddle (F{2})	40.39m	132-6	4/20
3	Leah BARTLETT	FR	#1 Embry-Riddle (F{3})	36.46m	119-8	3/2
4	Sophia GUSTELY	SR	#1 Embry-Riddle (F{4})	36.01m	118-2	3/30
5	Brooklyn GOULD	JR	#1 Embry-Riddle (F{5})	35.38m	116-1	4/13
6	Barrett CUTSHALL	FR	#1 Embry-Riddle (F{6})	33.75m	110-9	3/30
7	Makinzie LUHRSEN	FR	#3 Flagler	28.53m	93-7¼	3/30
8	Kaley EATON	SR	#1 Embry-Riddle (F{7})	28.36m	93-½	3/2
9	Kayli MILLER	FR	#4 Columbus State	28.12m	92-3¼	3/16
10	Ana AYALA COSME	JR	#5 Augusta	27.60m	90-6¾	3/9

Women's Heptathlon

1	14 Brooklyn GOULD	JR	#1 Embry-Riddle (F)	5,157		4/13
2	Leah BARTLETT	FR	#1 Embry-Riddle (F{2})	3,568		3/30
3	Kaley EATON	SR	#1 Embry-Riddle (F{3})	2,049		3/30



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Women's 100 Meters

1	18	Skylar BROWN	SR	#14 Mansfield	11.63w	(2.7)	4/20
2	24	Leah GRAYBILL	SR	#2 Shippensburg	11.68w	(2.2)	4/17
3	69	Samantha GILBERT	SR	#1 Slippery Rock	11.93w	(3.4)	4/6
4	93	Destiny THOMPSON	SR	#7 East Stroudsburg	12.02w	(2.2)	4/17
5		Lily PALACIO-LEWIS	JR	#12 West Chester	12.09	(0.2)	4/20
6		Sara MCKEAN	SR	#2 Shippensburg	{2}12.11w	(2.2)	4/17
7		Aliyah SERRANO	JR	#2 Shippensburg	{3}12.13w	(2.2)	4/17
8		Regan JOHNSON	JR	#1 Slippery Rock	{2}12.20w	(2.2)	4/6
9		Kiana YOUNG	SO	#4 Kutztown	12.26w	(2.2)	4/20
9		Thai-Lin PIERCE	SR	#1 Slippery Rock	{3}12.26	(0.7)	4/13

Women's 100 Meter Hurdles

1	9	Natasha BERNETT	SR	#9 Seton Hill	13.82	(1.6)	4/13
2	47	Sasha LEE	JR	#2 Shippensburg	14.31	(1.6)	4/14
3	51	Ryleigh MARKS	FR	#2 Shippensburg	{2}14.34w	(2.7)	4/17
4		Bryna KELLY	SO	#10 Indiana (Pa.)	14.82	(1.9)	4/14
5		Chaley YOUNKIN	JR	#1 Slippery Rock	14.93	(2.0)	4/6
6		Katelyn MURPHY	FR	#3 Millersville	14.97w	(2.7)	4/17
7		Koschinya JEFFERSON	JR	#9 Seton Hill	{2}14.98w	(2.8)	4/13
8		Kailee BUNYARD	SR	#6 California (Pa.)	15.08	(1.7)	3/16
9		Makayla SMITH	FR	#7 East Stroudsburg	15.14w	(2.7)	4/17
10		Madison MALCOLM	FR	#2 Shippensburg	{3}15.21w	(2.7)	4/17

Women's 200 Meters

1	32	Leah GRAYBILL	SR	#2 Shippensburg	24.16	(-0.5)	4/14
2	41	Skylar BROWN	SR	#14 Mansfield	24.23	(-0.5)	4/14
3		Koschinya JEFFERSON	JR	#9 Seton Hill	24.91	(1.7)	4/13
4		Aliyah SERRANO	JR	#2 Shippensburg	{2}24.95	(-0.5)	4/14
5		Kiana YOUNG	SO	#4 Kutztown	25.05w	(2.3)	4/20
6		Lily PALACIO-LEWIS	JR	#12 West Chester	25.10	(-0.6)	4/20
7		Destiny THOMPSON	SR	#7 East Stroudsburg	25.11w	(2.1)	4/14
8		Beth SCHEARER	FR	#4 Kutztown	{2}25.28	(1.0)	4/6
9		Samantha GILBERT	SR	#1 Slippery Rock	25.33	(1.2)	4/6
10		Cahsia PAGE	SR	#10 Indiana (Pa.)	25.34	(0.0)	4/14

Women's 400 Meters

1	66	Leah GRAYBILL	SR	#2 Shippensburg	56.43		3/27
2	74	Caroline MASTRIA	SR	#2 Shippensburg	{2}56.54		4/14
3	97	Aubrey SYDNOR	JR	#3 Millersville	56.89		4/14
4		Berna ZUKINA	SO	#5 Edinboro	57.36		4/13
5		Cahsia PAGE	SR	#10 Indiana (Pa.)	57.46		4/14
6		Raechel BONNER	SR	#4 Kutztown	57.51		4/6
7		Alyssa WERT	SO	#2 Shippensburg	{3}57.99		4/17
8		Taylor TIMMONS	JR	#6 California (Pa.)	58.17		4/14
9		Mackenzie FLETCHER	SO	#5 Edinboro	{2}58.44		4/19
10		Aaliyah CANCEL	FR	#7 East Stroudsburg	58.48		4/14

Women's 400 Meter Hurdles

1	64	Madison MALCOLM	FR	#2 Shippensburg	1:03.70		4/14
2	68	Natasha BERNETT	SR	#9 Seton Hill	1:03.92		3/23
3	84	Melanie BARGER	SO	#2 Shippensburg	{2}1:04.55		4/6
4	98	Taniyah LAWLER	JR	#4 Kutztown	1:04.95		4/20
5		Cassidy KLINE	SR	#10 Indiana (Pa.)	1:05.12		4/20
6		Natalie GENTZEL	SO	#11 Lock Haven	1:05.65		4/14
7		Rachel VENEZIANO	JR	#1 Slippery Rock	1:05.81		3/23
8		Iyana CAMPBELL	JR	#6 California (Pa.)	1:06.01		4/14
9		Bella BROZESKI	FR	#10 Indiana (Pa.)	{2}1:06.14		4/14
10		Layla ROBERTSON	SO	#9 Seton Hill	{2}1:06.28		4/13

Women's 800 Meters

1	69	Mackenzie CARVER	SR	#13 Clarion	2:13.65		4/14
2		Gabriella FRALIN	FR	#6 California (Pa.)	2:17.19		4/6
3		Aubrey SECHRIST	JR	#11 Lock Haven	2:18.73		3/16
4		Jennifer CICHRA	SO	#1 Slippery Rock	2:19.53		4/14
5		Caroline MASTRIA	SR	#2 Shippensburg	2:20.03		4/17
6		Kelsey HULL	SO	#2 Shippensburg	{2}2:20.10		4/14
7		Megan GAMBOGI	JR	#8 Bloomsburg	2:20.54		4/14
8		Kadi BAUER	FR	#5 Edinboro	2:21.70		4/13
8		Alexandra WALTON	JR	#15 Pitt Johnstown	2:21.70		4/20
10		Carla BAUTISTA	FR	#7 East Stroudsburg	2:21.74		4/14

Women's 1500 Meters

1	74	Kylie ANICIC	SR	#5 Edinboro	4:34.61		4/13
2	98	Anna IGIMS	SR	#1 Slippery Rock	4:37.71		3/23
3		Kelley SELHEIMER	JR	#8 Bloomsburg	4:42.28		4/20
4		Madeline CURTIS	JR	#6 California (Pa.)	4:44.43		4/6
5		Kelsey HULL	SO	#2 Shippensburg	4:46.14		3/23
6		Morgan JANIUK	SR	#3 Millersville	4:47.06		4/14
7		Sydney WERNER	FR	#8 Bloomsburg	{2}4:47.89		4/17
8		Kadi BAUER	FR	#5 Edinboro	{2}4:48.81		4/19
9		Maddy MURLAND	SR	#1 Slippery Rock	{2}4:51.51		3/16
10		Jennifer CICHRA	SO	#1 Slippery Rock	{3}4:51.54		3/16

Women's Steeplechase

1	12	Anna IGIMS	SR	#1 Slippery Rock	10:34.38		4/14
2	70	Sophia KNERR	JR	#4 Kutztown	11:27.65		4/14
3	83	Maddie GRILLO	SR	#1 Slippery Rock	{2}11:34.20		4/14
4		Katie SLIMON	FR	#5 Edinboro	11:46.36		4/13
5		Josey GEORGE	SR	#12 West Chester	12:03.14		3/30
6		Megan ELGRIM	SO	#7 East Stroudsburg	12:03.29		3/30
7		Hannah BURGOON	SO	#1 Slippery Rock	{3}12:12.53		4/6
8		Marie SCARPA	SR	#1 Slippery Rock	{4}12:18.73		3/23
9		Stella KUNTZ	SO	#10 Indiana (Pa.)	12:20.18		4/20
10		Sydney PITCOVICH	FR	#1 Slippery Rock	{5}12:23.38		4/6



Conference TFRI Event Summary



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Women's 5000 Meters

1	8	Kylie ANICIC	SR	#5	Edinboro	16:14.07	4/13
2	34	Anna IGIMS	SR	#1	Slippery Rock	16:49.33	3/16
3		Payton FALKENSTEIN	FR	#7	East Stroudsburg	17:36.93	4/14
4		Ruthie HUGHES	SO	#1	Slippery Rock	{2} 17:45.78	4/14
5		Elaina KLINGER	SR	#11	Lock Haven	17:48.30	4/14
6		Katie PLASSIO	SR	#1	Slippery Rock	{3} 17:50.51	3/30
7		Victoria MATTIOLI	SO	#2	Shippensburg	17:51.29	4/14
8		Amanda KELLY	SO	#8	Bloomsburg	17:53.51	3/27
9		Madeline CURTIS	JR	#6	California (Pa.)	17:58.97	4/14
10		Morgan JANIUK	SR	#3	Millersville	18:05.99	4/20

Women's 10,000 Meters

1	2	Kylie ANICIC	SR	#5	Edinboro	33:25.55	3/30
2	37	Katie PLASSIO	SR	#1	Slippery Rock	36:10.10	4/14
3	82	Amanda KELLY	SO	#8	Bloomsburg	37:27.35	4/14
4		Kate SZEP	JR	#5	Edinboro	{2} 38:20.00	4/13
5		Victoria MATTIOLI	SO	#2	Shippensburg	38:47.97	4/6
6		Ruthie HUGHES	SO	#1	Slippery Rock	{2} 39:02.74	3/16
7		Hannah SWEDA	SR	#3	Millersville	39:14.23	4/6
8		Emily MASSAGE	JR	#3	Millersville	{2} 39:17.09	4/6
9		Jaelyn D'AMELIO	SR	#4	Kutztown	39:22.02	3/23
10		Morgan HESS	SO	#2	Shippensburg	{2} 39:23.16	3/23

Women's 4x100 Relay

1	30	Aliyah Serrano, Sara Mckean, Kayla Dalhouse, Leah Graybill	#2	Shippensburg	46.55	4/14
2	48	Samantha Gilbert, Regan Johnson, Layne Miller, Thai-Lin Pierce	#1	Slippery Rock	47.15	3/30
3	76	#Type!	#3	Millersville	47.76	4/20
4	83	Kiana Young, Taniyah Lawler, Raechel Bonner, Beth Schearer	#4	Kutztown	47.97	4/6
5	94	Aaliyah Cancel, Destiny Thompson, Kamyia Edmonds, Ariel Kyle	#7	East Stroudsburg	48.27	3/30
6		#Type!	#12	West Chester	48.46	4/20
7		Anna Roberts, Ayiana Martin, Natasha Bennett, Koschinya Jefferson	#9	Seton Hill	48.47	4/5
8		Alessandra Peccon, Bailey Popovich, Alice Etienne, Beyonc'e Kelly	#6	California (Pa.)	48.61	4/14
9		Renee Simmonds, Isabella Sadler, Emma Laughlin, Cahsia Page	#10	Indiana (Pa.)	48.64	4/20
10		Emma Kay, Melissa Sicinski, Delaney Porter, Natalya Heard	#8	Bloomsburg	49.66	4/14



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Women's 4x400 Relay

1	30	Alyssa Wert, Aliyah Serrano, Leah Graybill, Caroline Mastria	#2 Shippensburg	3:48.79	4/6
2	59	Beth Schearer, Kiana Young, Taniyah Lawler, Raechel Bonner	#4 Kutztown	3:55.99	4/20
3	64	#Type!	#3 Millersville	3:57.22	4/20
4		Berna Zukina, Madeline Newark, Lauren Jacobs, Mackenzie Fletcher	#5 Edinboro	4:03.54	4/6
5		Liberty Gearinger, Natalie Gentzel, AlexAnne Fite, Hunter Barger	#11 Lock Haven	4:03.72	4/20
6		Carly Yanek, Haley Brenny, Layla Robertson, Maddi Fike	#9 Seton Hill	4:04.03	4/13
7		Cahsia Page, Alyssa Hoover, Bella Brozeski, Cassidy Kline	#10 Indiana (Pa.)	4:04.30	4/20
8		Iyana Campbell, Gabriella Fralin, Taylor Timmons, Bekah Priano	#6 California (Pa.)	4:04.48	4/6
9		Chloe Domurat, Makayla Smith, Anna Roth, Aaliyah Cancel	#7 East Stroudsburg	4:06.60	4/17
10		#Type!	#8 Bloomsburg	4:08.73	3/28

Women's High Jump

1	14	Beyonc'e KELLY	SR	#6 California (Pa.)	1.72m	5-7¾	4/14
2	50	Madeline NEWARK	SO	#5 Edinboro	1.65m	5-5	4/19
2	50	Ally RICHWINE	SO	#2 Shippensburg	1.65m	5-5	4/6
2	50	Ashley LAUKUS	FR	#2 Shippensburg	1.65m	5-5	3/27
5	75	Kat HENDERSON	SR	#6 California (Pa.)	{2} 1.63m	5-4¼	4/12
5	75	Reagan IRONS	FR	#11 Lock Haven	1.63m	5-4¼	4/6
7	85	Cassidy DAVIS	FR	#1 Slippery Rock	1.62m	5-3¾	3/16
8		Kayla DALHOUSE	SR	#2 Shippensburg	{3} 1.60m	5-3	4/17
8		Norah VALLON	SR	#2 Shippensburg	{3} 1.60m	5-3	4/6
8		Lydia LATIMER	SR	#1 Slippery Rock	{2} 1.60m	5-3	4/12
8		Elliot OLIPHANT	FR	#2 Shippensburg	{3} 1.60m	5-3	4/17

Women's Pole Vault

1	8	Darian HAUF	JR	#3 Millersville	4.02m	13-2¼	4/6
2	39	Kendall GROSSMAN	SR	#1 Slippery Rock	3.75m	12-3½	4/6
3	66	Myah DAVIES	SR	#4 Kutztown	3.60m	11-9¾	4/6
3	66	Annika HUMMEL	SO	#12 West Chester	3.60m	11-9¾	3/30
5	76	Nickolina ANNELLI	SR	#7 East Stroudsburg	3.55m	11-7¾	3/30
5	76	Carissa BENDER	FR	#2 Shippensburg	3.55m	11-7¾	4/14
5	76	Megan MALECKI	JR	#3 Millersville	{2} 3.55m	11-7¾	4/14
8	85	Taylor FUNK	FR	#4 Kutztown	{2} 3.50m	11-5¾	3/23
9	91	Allison TAYLOR	SO	#1 Slippery Rock	{2} 3.48m	11-5	4/13
10	96	Heather GAUGHRAN	SR	#7 East Stroudsburg	{2} 3.45m	11-3¾	4/17

Women's Long Jump

1	28	Sara MCKEAN	SR	#2 Shippensburg	5.91m	19-4¾ (0.0)	4/17
2	40	Sasha LEE	JR	#2 Shippensburg	{2} 5.82m	19-1¼ (1.0)	3/23
3	72	Chanel HERCULES	FR	#3 Millersville	5.67m	18-7¼ (1.7)	4/20
4	76	Aleksandra BROZESKI	JR	#1 Slippery Rock	5.66m	18-7 (0.4)	3/23
5	89	Delaney BEARD	SR	#4 Kutztown	5.61m	18-5 (1.1)	4/20
6		Kacie SIENKO	JR	#4 Kutztown	{2} 5.56m	18-3 (-0.3)	4/20
7		Aubrey BITNER	FR	#3 Millersville	{2} 5.53mw	18-1¾ (4.0)	4/20
8		Samantha GILBERT	SR	#1 Slippery Rock	{2} 5.51m	18-1 (0.0)	4/6
9		Ryleigh MARKS	FR	#2 Shippensburg	{3} 5.48m	17-11¾ (0.0)	4/17
10		Kamya EDMONDS	SR	#7 East Stroudsburg	5.42mw	17-9½ (2.7)	4/19
10		Cassidy DAVIS	FR	#1 Slippery Rock	{3} 5.42m	17-9½ (0.5)	3/16

Women's Triple Jump

1	37	Sasha LEE	JR	#2 Shippensburg	11.94m	39-2¼ (1.5)	4/14
2	60	Delaney BEARD	SR	#4 Kutztown	11.63mw	38-2 (3.5)	4/14
3	62	Abigail TAYLOR	JR	#14 Mansfield	11.62m	38-1½ (2.0)	4/14
4		Aleksandra BROZESKI	JR	#1 Slippery Rock	11.30m	37-1 (0.0)	4/13
5		Devin HUBLER	SO	#8 Bloomsburg	11.26mw	36-11½ (2.1)	4/17
5		Alice ETIENNE	SO	#6 California (Pa.)	11.26m	36-11½ (1.5)	4/14
7		Alice BOGIA	SO	#1 Slippery Rock	{2} 11.22m	36-9¾ (1.5)	4/6
8		Skylar RIEDEL	SO	#6 California (Pa.)	{2} 11.12m	36-5¾ (-0.6)	4/20
9		Keelin BECKER	JR	#9 Seton Hill	11.11m	36-5½ (-1.3)	4/5
10		Katie PIESLAK	JR	#12 West Chester	11.09m	36-4¾ (0.1)	3/30

Women's Shot Put

1	26	Sarah CORRIE	SR	#1 Slippery Rock	14.26m	46-9½	4/13
2	36	Olivia HECKMAN	SO	#1 Slippery Rock	{2} 13.77m	45-2¼	3/23
3	56	Rebecca MARTIN	SO	#1 Slippery Rock	{3} 13.32m	43-8½	3/30
4	74	Madison BAUDILLE	SR	#8 Bloomsburg	13.04m	42-9½	4/20
5	97	Savannah SCHNECK	FR	#1 Slippery Rock	{4} 12.76m	41-10½	3/23
6		Sarah HESSLER	SO	#3 Millersville	12.66m	41-6½	4/14
7		Shelly JONES	SR	#13 Clarion	12.59m	41-3¾	4/13
8		ShanAnn SIMMONS	JR	#2 Shippensburg	12.57m	41-3	4/6
9		Clarissa DAVIS	FR	#11 Lock Haven	12.37m	40-7	4/20
10		Kenzie LENDON	SR	#5 Edinboro	12.08m	39-7¾	4/19



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Women's Discus

1	42	Sarah HESSLER	SO	#3 Millersville	44.43m	145-9	3/29
2	55	Maddy DOWNS	JR	#3 Millersville	{2}43.64m	143-2	4/14
3	73	Makalya DECKER	JR	#2 Shippensburg	42.76m	140-4	4/14
4		Seya TRUJILLO	SO	#3 Millersville	{3}41.28m	135-5	4/17
5		ShanAnn SIMMONS	JR	#2 Shippensburg	{2}40.33m	132-4	4/14
6		Lauren BELLOWS	SO	#2 Shippensburg	{3}39.60m	129-11	3/30
7		Tiffany JOLAYEMI	SR	#1 Slippery Rock	39.52m	129-8	3/23
8		Mallory ECK	SO	#11 Lock Haven	38.46m	126-2	3/16
9		Carly BENNETT	FR	#2 Shippensburg	{4}37.13m	121-10	3/30
10		Sarah CORRIE	SR	#1 Slippery Rock	{2}36.85m	120-11	4/13

Women's Hammer

1	16	Samiyah LITTLE	JR	#7 East Stroudsburg	53.72m	176-3	4/6
2	17	Tiffany JOLAYEMI	SR	#1 Slippery Rock	53.63m	176-0	4/6
3	42	Seya TRUJILLO	SO	#3 Millersville	51.62m	169-4	4/6
4	71	Maddy DOWNS	JR	#3 Millersville	{2}49.42m	162-2	4/6
5	85	Sarah HESSLER	SO	#3 Millersville	{3}48.47m	159-0	4/6
6	91	Jing MCCANN	JR	#6 California (Pa.)	48.29m	158-5	3/30
7	97	Chloe ENCK	FR	#3 Millersville	{4}47.97m	157-5	4/6
8		Savannah SCHNECK	FR	#1 Slippery Rock	{2}46.52m	152-8	3/30
9		Kenzie LENDON	SR	#5 Edinboro	46.24m	151-9	4/6
10		Sarah GILLIAM	SR	#9 Seton Hill	46.02m	151-0	3/23

Women's Javelin

1	8	Kaylla WILLIAMS	FR	#10 Indiana (Pa.)	46.62m	153-0	4/14
2	21	Abby REASONER	JR	#2 Shippensburg	44.10m	144-8	4/14
3	24	Abbey` HENGST	FR	#8 Bloomsburg	43.55m	142-11	4/14
4	26	Hannah CASSNER	FR	#2 Shippensburg	{2}43.51m	142-9	4/6
5	35	Isabella BARTOLETTI	SO	#1 Slippery Rock	42.57m	139-8	3/23
6	53	Olivia SFORZA	SR	#7 East Stroudsburg	40.39m	132-6	4/6
7	66	Natasha BERNETT	SR	#9 Seton Hill	39.63m	130-0	4/5
8	79	Eden RUSH	FR	#5 Edinboro	38.42m	126-1	3/16
9	95	Nicola PUGGE	JR	#2 Shippensburg	{3}37.55m	123-3	4/17
10	96	Catherine MANCINO	JR	#2 Shippensburg	{4}37.54m	123-2	4/6

Women's Heptathlon

1	17	Natasha BERNETT	SR	#9 Seton Hill	5,064		4/13
2	35	Kat HENDERSON	SR	#6 California (Pa.)	4,576		4/12
3	36	Lydia LATIMER	SR	#1 Slippery Rock	4,566		4/12
4	39	Nicola PUGGE	JR	#2 Shippensburg	4,475		4/12
5	46	Lorna SPEIGLE	SR	#1 Slippery Rock	{2}4,338		4/12
6	48	Madeline NEWARK	SO	#5 Edinboro	4,311		3/16
7	66	Ellie ZURO	FR	#15 Pitt Johnstown	4,066		3/30
8	68	Tatum HOFFMAN	JR	#6 California (Pa.)	{2}4,021		4/12
9	71	Madelyn MILLER	SO	#1 Slippery Rock	{3}3,999		4/12
10	88	Leah PERRY	JR	#13 Clarion	3,801		4/12



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Women's 100 Meters

1	15	Ashley BARRETT	SO	#6 New Mexico Hight	11.58c	(11.55A) (1. 4/14	
2	32	Gaby HORTON	SO	#4 Colorado Mesa	11.71cw	(11.68A) (2. 3/22	
3	51	Victoria FARINAS	JR	#1 UC-Colorado Spr	11.82cw	(11.79A) (2. 3/22	
4	58	Patreece CLARKE	SO	#6 New Mexico Hight	11.86c	(11.83A) (1. 3/30	
5	69	Myia DANTZLER	JR	#5 Western Colorad	11.93c	(11.90A) (1. 4/14	
6	76	Jordan BURNETT	SO	#4 Colorado Mesa	11.95c	(11.92A) (1. 4/14	
7	93	Kaiya FIROR	SR	#5 Western Colorad	12.02c	(11.99A) (1. 3/22	
8	98	Isila APKUP	SR	#2 Adams State	12.03c	(12.00A) (-0. 3/23	
8	98	Sakara HARRISON	JR	#5 Western Colorad	12.03c	(12.00A) (1. 3/30	
8	98	Onanda LOWE	FR	#6 New Mexico Hight	12.03w	(2.3)	4/19

Women's 100 Meter Hurdles

1	6	Patreece CLARKE	SO	#6 New Mexico Hight	13.73c	(13.69A) (1. 4/6	
2	12	Missy MORENI	SR	#1 UC-Colorado Spr	13.91c	(13.87A) (1. 4/6	
3	22	Maya RIES	JR	#7 MSU Denver	14.03c	(13.99A) (1. 4/6	
4	37	Regan THORNE	FR	#5 Western Colorad	14.22cw	(14.18A) (2. 4/14	
5	48	Alena CHANEY	JR	#2 Adams State	14.33cw	(14.29A) (2. 4/14	
6	83	Krissie SANDERS	FR	#1 UC-Colorado Spr	14.53cw	(14.49A) (2. 3/22	
7		Avery WRIGHT	SO	#3 Colo. School of M	14.80cw	(14.76A) (2. 3/30	
8		Ceegan ATKINS	FR	#9 Black Hills State	14.93	(0.4)	4/12
8		Jordan BROCKMAN	SR	#4 Colorado Mesa	14.93cw	(14.89A) (2. 3/22	
10		Kelia PORTIS	SR	#5 Western Colorad	15.02c	(14.98A) (1. 3/22	

Women's 200 Meters

1	7	Ashley BARRETT	SO	#6 New Mexico Hight	23.47w	(2.5)	4/19
2	16	Gaby HORTON	SO	#4 Colorado Mesa	23.63cw	(23.56A) (3. 4/14	
3	37	Sakara HARRISON	JR	#5 Western Colorad	24.18	(0.2)	4/8
4	49	Kaiya FIROR	SR	#5 Western Colorad	24.32c	(24.25A) (1. 3/22	
4	49	Jordan BURNETT	SO	#4 Colorado Mesa	24.32cw	(24.25A) (3. 4/14	
6	53	Isila APKUP	SR	#2 Adams State	24.35c	(24.28A) (1. 3/23	
7	77	Jada MILLER	FR	#2 Adams State	24.53c	(24.46A) (1. 3/23	
8	79	Keyanda BOLTON	SR	#1 UC-Colorado Spr	24.56c	(24.49A) (1. 3/22	
9	98	Kacian POWELL	FR	#6 New Mexico Hight	24.71w	(2.5)	4/19
10		Naleia SOWELL	JR	#7 MSU Denver	24.97c	(24.90A) (1. 3/22	

Women's 400 Meters

1	23	Alese SARTAIN	SR	#2 Adams State	54.90		4/19
2	31	Isila APKUP	SR	#2 Adams State	55.33		4/19
3	36	Jessica SIMON	SR	#2 Adams State	55.51		4/19
4	38	Naleia SOWELL	JR	#7 MSU Denver	55.56c	(55.45A)	4/6
5	56	Cemore DONALD	SR	#6 New Mexico Hight	56.14c	(56.03A)	4/14
6	61	Sakara HARRISON	JR	#5 Western Colorad	56.32c	(56.21A)	4/14
7	85	Aryelle WRIGHT	SR	#3 Colo. School of M	56.67c	(56.56A)	3/30
8		Allyssa ROMERO	SR	#7 MSU Denver	56.96c	(56.85A)	4/6
9		Kacian POWELL	FR	#6 New Mexico Hight	57.00c	(56.89A)	3/30
10		Grace GALVIN	JR	#3 Colo. School of M	57.28c	(57.17A)	3/30

Women's 400 Meter Hurdles

1	4	Victoria AMIADAMEN	FR	#2 Adams State	59.48		4/19
2	9	Kaiya FIROR	SR	#5 Western Colorad	1:00.18		4/13
3	16	Krissie SANDERS	FR	#1 UC-Colorado Spr	1:01.17		4/11
4	20	Nadine ROSE	SR	#6 New Mexico Hight	1:01.64c	(1:01.53A)	4/14
5	22	Allison COMER	JR	#3 Colo. School of M	1:01.75		4/8
6	32	Kelia PORTIS	SR	#5 Western Colorad	1:02.25		4/13
7	34	Aani HARDESTY	FR	#3 Colo. School of M	1:02.43		4/8
8	81	Kendall TIETJEN	SO	#9 Black Hills State	1:04.37		4/12
9	96	Gigi DOUILLARD	FR	#1 UC-Colorado Spr	1:04.87c	(1:04.76A)	4/19
10		Reece MERCER	SO	#5 Western Colorad	1:05.17c	(1:05.06A)	4/14

Women's 800 Meters

1	1	Gracie HYDE	SR	#2 Adams State	2:04.43c	(2:05.17A)	3/23
2	2	Jessica SIMON	SR	#2 Adams State	2:06.97c	(2:07.65A)	3/30
3	3	Aryelle WRIGHT	SR	#3 Colo. School of M	2:07.08		3/23
4	8	Lieke HOOGSTEEN	SO	#2 Adams State	2:08.52		4/13
5	12	Stephanie COTTER	SR	#2 Adams State	2:08.75		4/13
6	22	Katie HECK	SR	#11 Fort Lewis	2:09.68		4/13
7	25	Nicole LAWRENCE	SR	#2 Adams State	2:09.99		4/19
8	29	Emma KJELLEN	SO	#5 Western Colorad	2:10.32		4/13
9	33	Peyton WEISS	FR	#5 Western Colorad	2:10.86		4/13
10	37	Ava O'CONNOR	JR	#2 Adams State	2:11.02		4/13

Women's 1500 Meters

1	1	Gracie HYDE	SR	#2 Adams State	4:08.95		4/13
2	2	Elena CAREY	JR	#2 Adams State	4:17.97c	(4:23.51A)	3/30
3	6	Brianna ROBLES	JR	#2 Adams State	4:21.38c	(4:27.50A)	3/23
4	7	Vienna LAHNER	FR	#2 Adams State	4:22.12		4/13
5	10	Morgan HYKES	SR	#2 Adams State	4:23.10c	(4:29.26A)	3/23
6	11	Katie HECK	SR	#11 Fort Lewis	4:25.31		4/13
7	12	Kate HEDLUND	SR	#1 UC-Colorado Spr	4:25.79		4/13
8	14	Tristian SPENCE	FR	#2 Adams State	4:26.10		4/13
9	16	Emma KJELLEN	SO	#5 Western Colorad	4:26.18c	(4:31.90A)	3/30
10	17	Riley MCGRATH	SR	#3 Colo. School of M	4:26.31		4/13

Women's Steeplechase

1	1	Gracie HYDE	SR	#2 Adams State	9:28.17		4/13
2	4	Allison BEASLEY	SO	#5 Western Colorad	10:12.21		4/13
3	5	Morgan HYKES	SR	#2 Adams State	10:20.20		4/13
4	7	Emily SCHOELLKOPF	JR	#2 Adams State	10:30.61c	(10:45.95A)	3/30
5	8	Shannon KING	SR	#13 Colorado Christi	10:32.00		4/20
6	14	Margot THOMAS	JR	#8 CSU Pueblo	10:37.26		4/13
7	17	Molly BREUER	SO	#1 UC-Colorado Spr	10:42.36		4/13
8	21	Margaux BASART	SO	#3 Colo. School of M	10:47.48		4/13
9	22	Erin STONEBARGER	SR	#2 Adams State	10:51.51		4/13
10	26	Nadine ALMASRI	SR	#1 UC-Colorado Spr	10:52.69		4/13



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Women's 5000 Meters

1	2	Brianna ROBLES	JR	#2 Adams State	15:53.53	4/13
2	3	Tristian SPENCE	FR	#2 Adams State {2}	15:58.43	4/13
3	4	Zoe BAKER	SR	#3 Colo. School of M	15:58.60	4/13
4	9	Leah TAYLOR	SO	#5 Western Colorad	16:17.53	4/13
5	10	Anna FAUSKE	JR	#1 UC-Colorado Spr	16:18.24	4/13
6	12	Maggie MCCLESKEY	SO	#2 Adams State {3}	16:21.17	4/13
7	14	Jenna RAMSEY-RUTLEDGE	JR	#3 Colo. School of M{2}	16:23.98	4/13
8	15	Riley MCGRATH	SR	#3 Colo. School of M{3}	16:25.19	4/13
9	17	Morgan HYKES	SR	#2 Adams State {4}	16:26.82	4/13
10	19	Emily SCHOELLKOPF	JR	#2 Adams State {5}	16:30.43	4/13

Women's 10,000 Meters

1	4	Precious ROBINSON	SR	#2 Adams State	34:06.05	4/13
2	7	Zoe BAKER	SR	#3 Colo. School of M	34:15.67c (35:40.08A)	4/19
3	8	Jenna RAMSEY-RUTLEDGE	JR	#3 Colo. School of M{2}	34:28.94c (35:53.90A)	4/19
4	12	Grace STRONGMAN	SO	#3 Colo. School of M{3}	34:41.33c (36:06.79A)	4/19
5	14	Molly MAK SIN	SR	#3 Colo. School of M{4}	34:47.56c (36:13.28A)	4/19
6	15	Holly MOSER	SR	#3 Colo. School of M{5}	34:48.29c (36:14.04A)	4/19
7	16	Hannah HARTWELL	JR	#11 Fort Lewis	34:51.62	4/13
8	40	Ashleigh LOE	SO	#3 Colo. School of M{6}	36:14.97	4/13
9	47	Sarah RENBERG	SO	#8 CSU Pueblo	36:31.47	4/13
10	52	Kirstin WILLIAMS	JR	#4 Colorado Mesa	36:41.73	4/8

Women's 4x100 Relay

1	8	Onanda Lowe, Patreece Clarke, Ashley Barrett, Kacian Powell	#6 New Mexico High	45.50	4/19
2	16	Serenity Burnett-Perry, Gaby Horton, Jordan Burnett, Sylvia Johansen	#4 Colorado Mesa	45.89c (45.77A)	4/14
3	19	Jada Hynds, Sakara Harrison, Kaiya Firor, Myia Dantzler	#5 Western Colorad	46.17	4/8
4	23	Audrey Bloomquist, Keyanda Bolton, Zane Bullock, Victoria Farinas	#1 UC-Colorado Spr	46.26	4/13
5	81	Skyler Kimble, Danaya Kinnard, Gabrielle Dunich, Janise Everett	#8 CSU Pueblo	47.83c (47.71A)	3/30
6	84	Claire Hummel, Naleia Sowell, Jessica Hobson, Allyssa Romero	#7 MSU Denver	48.03c (47.91A)	3/30
7		Hannah George, Madeline Schemling, Ashley Vil, Tara Smoker	#13 Colorado Christi	48.75	4/8
8		#Type!	#14 Westminster (Ut)	54.66c (54.54A)	4/5

Women's 4x400 Relay

1	3	Alese Sartain, Isila Apkup, Jessica Simon, Victoria Amiadamen	#2 Adams State	3:40.17	4/19
2	17	Nadine Rose, Cemore Donald, Kacian Powell, Lucia Harrison	#6 New Mexico High	3:45.01	4/19
3	23	Aani Hardesty, Grace Galvin, Allison Comer, Aryelle Wright	#3 Colo. School of M	3:46.88	3/23
4	37	Kaiya Firor, Sakara Harrison, Peyton Weiss, Kelia Portis	#5 Western Colorad	3:51.04c (3:50.60A)	3/30
5	52	Alyssa Lopez, Adelaide Wilson, Amber Davis, Ashten Loeks	#1 UC-Colorado Spr	3:54.81c (3:54.37A)	3/22
6	62	Allyssa Romero, Audrynn Street, Raygen Ivins, Naleia Sowell	#7 MSU Denver	3:56.69c (3:56.25A)	3/30
7	80	Gabrielle Dunich, Jady Herron, Danaya Kinnard, Janise Everett	#8 CSU Pueblo	3:59.26c (3:58.82A)	3/30
8		Jordan Brockman, Sophia Lindauer, Hope Matteson, Katie Thomson	#4 Colorado Mesa	4:06.18c (4:05.74A)	3/22
9		Aubrey Swindle, Josie Coulter, Ember Cervantes, Linda Weigang	#11 Fort Lewis	4:07.15	3/23
10		Caydince Groth, Allison Beard, Shantae Morgan, Eva Nitschke	#10 Chadron State	4:10.67c (4:10.23A)	3/22

Women's High Jump

1	1	Josie COFFEY	SR	#4 Colorado Mesa	1.80m 5-10¾	4/8
2	21	Samantha BRETZ	SR	#5 Western Colorad	1.70m 5-7	3/22
3	36	Hope MATTESON	JR	#4 Colorado Mesa {2}	1.67m 5-5¾	4/8
4	50	Nykole MESHEW	FR	#5 Western Colorad{2}	1.65m 5-5	3/30
4	50	Rojrika CAMPBELL	FR	#6 New Mexico High	1.65m 5-5	3/30
6	85	Lexye WOOD	SR	#3 Colo. School of M	1.62m 5-3¾	4/19
7		Dallis ROBINSON	FR	#1 UC-Colorado Spr	1.60m 5-3	3/30
7		Sarah CERRONE	SR	#9 Black Hills State	1.60m 5-3	3/22
7		Kaelea GIBSON	SO	#4 Colorado Mesa {3}	1.60m 5-3	3/22
7		Mikayla JONES	SR	#8 CSU Pueblo	1.60m 5-3	3/22
7		Destiny PELTON	SR	#10 Chadron State	1.60m 5-3	3/22
7		Preslee MOSER	FR	#4 Colorado Mesa {3}	1.60m 5-3	4/8
7		Jordan BROCKMAN	SR	#4 Colorado Mesa {3}	1.60m 5-3	3/22



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Women's Pole Vault

1	3	Hannah MILLER	SR	#3 Colo. School of M	4.30mA	14-1¼	4/19
2	8	Avery HERBOLD	SR	#3 Colo. School of M	4.02mA	13-2¼	4/19
3	13	Ava KOWALSKI	SR	#3 Colo. School of M	3.97mA	13-¼	4/19
4	14	Dale THOMPSON	JR	#3 Colo. School of M	3.95m	12-11½	3/23
5	37	Laura BRIGNOLI	SR	#5 Western Colorad	3.76m	12-4	4/8
6	47	Phia EDWARDS	FR	#1 UC-Colorado Spr	3.67mA	12-½	4/6
7		Erin WEIBEL	SO	#9 Black Hills State	3.40m	11-1¾	4/12
8		Madeline OBUCHOWSKI	FR	#3 Colo. School of M	3.39mA	11-1½	4/5
9		Kristie HILL	JR	#10 Chadron State	3.35m	10-11¾	4/12
10		Brianna SPENCER	SO	#1 UC-Colorado Spr	3.33mA	10-11	3/30

Women's Long Jump

1	8	Lexye WOOD	SR	#3 Colo. School of M	6.11mWA	20-½ (3.2)	4/14
2	16	Jada MILLER	FR	#2 Adams State	6.02mWA	19-9 (3.0)	3/30
3	19	Christine BAILEY	JR	#1 UC-Colorado Spr	5.96mw	19-6¾ (3.1)	4/4
4	34	Rojrika CABELL	FR	#6 New Mexico Higl	5.86mWA	19-2¾ (2.6)	4/14
5	36	Audrey BLOOMQUIST	SR	#1 UC-Colorado Spr	5.84mA	19-2 (1.8)	3/30
6	43	Hope MATTESON	JR	#4 Colorado Mesa	5.80mWA	19-½ (3.3)	4/14
7	45	Venesa HANDZHIYSKA	FR	#4 Colorado Mesa	5.79m	19-0 (1.8)	4/8
7	45	Eireann DONOHUE	JR	#5 Western Colorad	5.79mWA	19-0 (3.0)	4/14
9	60	Alyssa PEDRAZA	FR	#4 Colorado Mesa	5.71m	18-8¾ (1.0)	4/8
10	72	Alena CHANEY	JR	#2 Adams State	5.67mw	18-7¼ (2.2)	4/19

Women's Triple Jump

1	9	Eireann DONOHUE	JR	#5 Western Colorad	12.37mw	40-7 (2.7)	3/22
2	39	Christine BAILEY	SR	#1 UC-Colorado Spr	11.87mWA	38-11½ (3.6)	3/22
3	42	Audrey BLOOMQUIST	SR	#1 UC-Colorado Spr	11.83m	38-9¾ (1.0)	4/13
3	42	Kylee KIELIAN	FR	#4 Colorado Mesa	11.83m	38-9¾ (-1.3)	4/8
5	48	Venesa HANDZHIYSKA	FR	#4 Colorado Mesa	11.79m	38-8¼ (1.5)	4/8
6	53	Claire KINTZLEY	JR	#3 Colo. School of M	11.71mA	38-5 (1.1)	3/30
7	56	Alena CHANEY	JR	#2 Adams State	11.68mWA	38-4 (2.7)	4/14
8	64	Ashley VIL	JR	#13 Colorado Christi	11.59mWA	38-¼ (2.5)	3/22
9	86	Natalie SMYTHE	SO	#4 Colorado Mesa	11.38mWA	37-4 (3.1)	4/14
10	91	Kathryn CARROLL	SO	#1 UC-Colorado Spr	11.35mWA	37-3 (2.1)	3/22

Women's Shot Put

1	1	Ali ALDRICH	SR	#5 Western Colorad	15.77m	51-9	4/8
2	2	Katherine HIGGINS	SR	#8 CSU Pueblo	15.69m	51-5¾	4/20
3	17	Febe WESSELS	SO	#8 CSU Pueblo	14.68m	48-2	4/13
4	18	Kitt RUPAR	JR	#3 Colo. School of M	14.63mA	48-0	4/14
5	39	Christina PALMER	JR	#4 Colorado Mesa	13.72m	45-¼	4/8
6	60	Hanah SULLIVAN	SO	#9 Black Hills State	13.24mA	43-5¼	3/30
7	66	Jaycie STUBBS	SR	#12 South Dakota Mi	13.12mA	43-½	3/16
8	72	Savannah JORGENSE	SO	#1 UC-Colorado Spr	13.07mA	42-10¾	4/19
9		Katie THOMSON	SO	#4 Colorado Mesa	12.45m	40-10¼	4/8
9		Makayla FRIEDERICH	JR	#9 Black Hills State	12.45mA	40-10¼	3/22

Women's Discus

1	20	Victoria MALAKI	SO	#1 UC-Colorado Spr	46.46m	152-5	4/11
2	23	Kitt RUPAR	JR	#3 Colo. School of M	46.19mA	151-7	4/19
3	25	Christina PALMER	JR	#4 Colorado Mesa	46.10mA	151-3	4/14
4	31	Grace SOLARIN	SO	#7 MSU Denver	45.34mA	148-9	3/30
5	63	Casey MORAN	FR	#1 UC-Colorado Spr	43.28mA	142-0	3/30
6	69	Febe WESSELS	SO	#8 CSU Pueblo	42.91mA	140-10	3/22
7	72	Augustine HANCOCK	SO	#4 Colorado Mesa	42.78m	140-4	4/8
8	75	Jaycie STUBBS	SR	#12 South Dakota Mi	42.67m	140-0	4/13
9	81	Kaitlyn SCOTT	SR	#6 New Mexico Higl	42.29mA	138-9	4/19
10	83	Heather YACKEY	JR	#4 Colorado Mesa	42.19mA	138-5	3/22

Women's Hammer

1	11	Anna HOLLAND	SR	#1 UC-Colorado Spr	55.01mA	180-6	4/6
2	19	Augustine HANCOCK	SO	#4 Colorado Mesa	53.61m	175-11	4/8
3	24	Kaitlyn SCOTT	SR	#6 New Mexico Higl	53.21mA	174-7	4/21
4	28	Kitt RUPAR	JR	#3 Colo. School of M	52.69mA	172-11	4/19
5	41	Ali ALDRICH	SR	#5 Western Colorad	51.73mA	169-9	4/14
6	51	Nina HOL	FR	#6 New Mexico Higl	50.42mA	165-5	4/6
7	55	Olivia MIKALIAN	SR	#8 CSU Pueblo	50.25mA	164-11	3/16
8	79	Katherine HIGGINS	SR	#8 CSU Pueblo	48.75mA	159-11	3/30
9	81	Cassie LYNN BONNER	SR	#1 UC-Colorado Spr	48.61mA	159-6	3/16
10	82	Victoria MALAKI	SO	#1 UC-Colorado Spr	48.59mA	159-5	4/6

Women's Javelin

1	34	Sophia PREITO	SR	#14 Westminster (Ut	42.64mA	139-11	4/19
2	42	Lauren O'CAMPO	FR	#2 Adams State	41.60m	136-6	4/19
3	43	Jaycie STUBBS	SR	#12 South Dakota Mi	41.35mA	135-8	3/16
4	49	Kaiya GRAVES	FR	#4 Colorado Mesa	40.91mA	134-3	3/22
5	55	Febe WESSELS	SO	#8 CSU Pueblo	40.23m	132-0	4/20
6	74	Brooklynn JONES	SO	#7 MSU Denver	38.74mA	127-1	4/6
7	84	Lindsey OSTERFELT	SO	#5 Western Colorad	38.32mA	125-9	3/22
8	90	Caroline WALTERS	SR	#1 UC-Colorado Spr	38.03mA	124-9	3/16
9		Lucia HARRISON	SR	#6 New Mexico Higl	37.06mA	121-7	4/6
10		Kitrie FRANK	JR	#9 Black Hills State	36.28mA	119-1	3/30

Women's Heptathlon

1	40	Faith NOVESS	SR	#1 UC-Colorado Spr	4,419c	(4419.00A)	4/6
2	63	Jocelyn KORBE	SR	#7 MSU Denver	4,121c	(4121.00A)	4/6
3	73	Katie THOMSON	SO	#4 Colorado Mesa	3,977		4/8
4	99	Lilyana DELAGARZA	FR	#1 UC-Colorado Spr	3,669c	(3669.00A)	4/6
5		Alivia WEATHERS	SO	#9 Black Hills State	3,624		4/6
6		Hope MATTESON	JR	#4 Colorado Mesa	3,600		4/8
7		Avery WRIGHT	SO	#3 Colo. School of M	3,383		4/8
8		Lisa SUTHERLAND	FR	#3 Colo. School of M	3,145		4/8
9		Lanette ST. JOHN	FR	#1 UC-Colorado Spr	3,088c	(3088.00A)	4/6
10		Erin WEIBEL	SO	#9 Black Hills State	2,977		4/6



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SAC

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Women's 100 Meters

1	1	Alexis BROWN	SO	#2	Lenoir-Rhyne	11.09	(0.6)	4/13
2	9	Victoria ARANSIOLA	FR	#2	Lenoir-Rhyne {2}	11.45w	(2.3)	4/20
3	26	Sade DE SOUSA	JR	#5	Carson-Newman	11.69	(1.7)	4/6
4	65	Kiera TAYLOR	SO	#8	Tusculum	11.92w	(3.0)	4/13
5	91	Efemena EGBERI	SO	#4	Catawba	12.01	(1.5)	4/20
6		Janaya DAVIS-GAINER	SO	#5	Carson-Newman {2}	12.05w	(2.6)	4/6
7		Margaux SHELTON	JR	#1	Wingate	12.11	(1.1)	3/30
8		Theresa GREEN-WHITE	SO	#8	Tusculum {2}	12.12w	(3.0)	4/13
8		Damyja ALEJANDRO-ORTIZ	SO	#2	Lenoir-Rhyne {3}	12.12	(1.2)	4/13
10		Mallory WITHERSPOON	SR	#4	Catawba {2}	12.13	(1.7)	4/6

Women's 100 Meter Hurdles

1	14	Theresa GREEN-WHITE	SO	#8	Tusculum	13.92w	(2.1)	4/20
2	15	Melody JONES	JR	#2	Lenoir-Rhyne	13.94	(0.9)	4/13
3	30	Zamearea SIMPSON	FR	#4	Catawba	14.16	(1.1)	4/20
4	34	Kadidja SANGARE	SO	#5	Carson-Newman	14.19w	(3.0)	4/13
5	54	Dounia ROUTBI	SO	#1	Wingate	14.36	(0.9)	4/13
6	65	Kalisha HILL	JR	#7	Limestone	14.43	(-0.2)	4/20
7	90	Amari SMITH	SR	#7	Limestone {2}	14.59	(1.6)	4/13
8	98	Sharonda PRIESTER	FR	#2	Lenoir-Rhyne {2}	14.65	(0.9)	4/13
9		Simone GIGGETTS	SO	#11	Mars Hill	14.91w	(3.0)	4/13
10		Hoyane ESPER	SO	#1	Wingate {2}	14.95w	(3.2)	4/13

Women's 200 Meters

1	1	Alexis BROWN	SO	#2	Lenoir-Rhyne	23.11w	(2.3)	3/30
2	4	Victoria ARANSIOLA	FR	#2	Lenoir-Rhyne {2}	23.24w	(2.3)	4/20
3	91	Mariah MITCHEM	JR	#13	Coker	24.66	(1.2)	3/30
4	93	Naiobi WHITE	JR	#1	Wingate	24.68	(1.5)	3/30
5		Kiera TAYLOR	SO	#8	Tusculum	24.79	(0.0)	4/20
6		Efemena EGBERI	SO	#4	Catawba	24.91	(-1.0)	4/20
6		Sade DE SOUSA	JR	#5	Carson-Newman	24.91	(0.3)	4/6
8		Alonda SHELTON	FR	#8	Tusculum {2}	24.93	(0.0)	4/20
9		Tytiana WILSON	JR	#5	Carson-Newman {2}	24.95	(1.3)	3/16
10		Zanetta UDO-OBONG	FR	#2	Lenoir-Rhyne {3}	25.01	(0.9)	4/20

Women's 400 Meters

1	14	Mariah MITCHEM	JR	#13	Coker	54.57		4/20
2	44	Lacey BOOZER	JR	#3	Anderson (S.C.)	55.81		4/13
3	63	Damyja ALEJANDRO-ORTIZ	SO	#2	Lenoir-Rhyne	56.35		4/20
4	96	Brianna QUARTARARO	SR	#3	Anderson (S.C.) {2}	56.84		4/13
5		Tytiana WILSON	JR	#5	Carson-Newman	57.00		4/6
6		Olivia COSBY	FR	#1	Wingate	57.18		3/30
7		Destiny GIBBS	SR	#6	Lincoln Memoria	57.26		4/20
8		Holly KONE	SR	#2	Lenoir-Rhyne {2}	58.31		3/23
9		Natalie PINZAN	SO	#1	Wingate {2}	58.77		3/16
10		Onii BIVENS	SO	#4	Catawba	58.79		3/22

Women's 400 Meter Hurdles

1	33	Sharonda PRIESTER	FR	#2	Lenoir-Rhyne	1:02.30		3/30
2	41	Dounia ROUTBI	SO	#1	Wingate	1:02.75		4/13
3	49	Hoyane ESPER	SO	#1	Wingate {2}	1:03.01		3/30
4		Lidija DJOKIC	JR	#6	Lincoln Memoria	1:05.82		4/20
5		Nia OVERBY	FR	#7	Limestone	1:06.08		4/13
6		Mathilde ETIENNE	JR	#2	Lenoir-Rhyne {2}	1:06.68		4/20
7		Madison RICKETTS	SO	#12	Emory and Henry	1:07.39		3/22
8		Brittany MONTGOMERY	FR	#9	Newberry	1:07.87		4/20
9		T'Asya JAY	FR	#1	Wingate {3}	1:08.14		4/6
10		Lauren TABOR	SR	#5	Carson-Newman	1:08.31		4/13

Women's 800 Meters

1	38	Carolyn FUEHREN	JR	#2	Lenoir-Rhyne	2:11.06		3/30
2	86	Emma WHITAKER	SO	#3	Anderson (S.C.)	2:14.62		4/13
3	93	Raina ANDREWS	SR	#4	Catawba	2:14.93		4/6
4	98	Evie BROOKS	FR	#1	Wingate	2:15.12		4/13
5		Harper RUSSELL	JR	#6	Lincoln Memoria	2:15.89		4/6
6		Meg RAPLEY	JR	#1	Wingate {2}	2:16.11		3/30
7		Sydney COCKERHAM	JR	#4	Catawba {2}	2:17.59		4/6
8		Brianna QUARTARARO	SR	#3	Anderson (S.C.) {2}	2:18.00		4/6
9		Olivia OVERHOLT	SO	#2	Lenoir-Rhyne {2}	2:18.10		4/13
10		Charity DAVIES	SO	#4	Catawba {3}	2:18.27		4/20

Women's 1500 Meters

1	64	Raina ANDREWS	SR	#4	Catawba	4:33.40		3/16
2	95	Mikayla JONES	JR	#4	Catawba {2}	4:37.63		3/16
3		Carolyn FUEHREN	JR	#2	Lenoir-Rhyne	4:40.34		3/23
4		Sira BO	SO	#1	Wingate	4:41.36		3/30
5		Evie BROOKS	FR	#1	Wingate {2}	4:41.37		3/30
6		Meg RAPLEY	JR	#1	Wingate {3}	4:42.74		3/30
7		Brooklyn PIERCE	SR	#1	Wingate {4}	4:43.47		3/30
8		Sydney COCKERHAM	JR	#4	Catawba {3}	4:44.36		4/20
9		Reaghan CURDE	SO	#6	Lincoln Memoria	4:45.04		4/20
10		Kennedy ROUSH	FR	#3	Anderson (S.C.)	4:45.78		4/13

Women's Steeplechase

1	57	Enora TOUPIN	JR	#1	Wingate	11:21.05		4/13
2		Elizabeth KESSLER	SR	#2	Lenoir-Rhyne	11:47.01		4/13
3		Maria CHACHA	FR	#1	Wingate {2}	12:01.08		4/13
4		Claudia TERAN-ROMAGOSA	SO	#2	Lenoir-Rhyne {2}	12:17.90		4/13
5		Elise MCKINNEY	SO	#12	Emory and Henry	12:35.91		4/20
6		Madison CRUMLEY	SR	#3	Anderson (S.C.)	12:38.81		4/6
7		McKenna SPAULDING	FR	#5	Carson-Newman	12:41.53		4/20
8		Paula SCHONBUCHER	FR	#1	Wingate {3}	12:53.00		4/13
9		Josie LANGTRY	FR	#9	Newberry	13:09.44		4/13



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Women's 5000 Meters

1	29	Mikayla JONES	JR	#4 Catawba	16:41.11	3/30
2	35	Madison CLAY	SO	#4 Catawba {2}	16:49.75	3/16
3	93	Sira BO	SO	#1 Wingate	17:23.34	4/13
4		Kennedy ROUSH	FR	#3 Anderson (S.C.)	17:26.24	4/20
5		Laila ABOUZAIID	JR	#1 Wingate {2}	17:30.61	3/16
6		Sabrina FLEIG	SO	#2 Lenoir-Rhyne	17:31.50	3/23
7		Grace ROSE	JR	#6 Lincoln Memoria	17:35.12	4/6
8		Hannah CAUDILL	FR	#4 Catawba {3}	17:37.29	3/16
9		Emily GOLDEN	SR	#3 Anderson (S.C.) {2}	17:39.26	4/6
10		Paige EWALD	JR	#2 Lenoir-Rhyne {2}	17:44.07	3/23

Women's 10,000 Meters

1	5	Madison CLAY	SO	#4 Catawba	34:07.09	3/30
2	9	Mikayla JONES	JR	#4 Catawba {2}	34:32.17	4/6
3	25	Laila ABOUZAIID	JR	#1 Wingate	35:26.22	4/13
4	41	Tatjana MENSE	SR	#1 Wingate {2}	36:16.65	4/13
5	45	Kennedy ROUSH	FR	#3 Anderson (S.C.)	36:27.94	3/16
6	57	Katie SMOCK	SR	#5 Carson-Newman	36:48.21	4/6
7	58	Emily GOLDEN	SR	#3 Anderson (S.C.) {2}	36:53.02	3/16
8	61	Sabrina FLEIG	SO	#2 Lenoir-Rhyne	36:57.77	4/13
9	85	Hannah CAUDILL	FR	#4 Catawba {3}	37:32.73	4/6
10		Paige EWALD	JR	#2 Lenoir-Rhyne {2}	37:58.69	4/13

Women's 4x100 Relay

1	5	Melody Jones, Victoria Aransiola, Holly Kone, Alexis Brown	#2 Lenoir-Rhyne	45.23	4/13
2	34	Kiera Taylor, Alonda Shelton, Theresa Green-White, Kieleys Smith	#8 Tusculum	46.73	3/30
3	45	Margaux Shelton, Naiobi White, Kennedy Rivers, Chelsey Thomas	#1 Wingate	47.10	3/30
4	68	Janaya Davis-gainer, Tytiana Wilson, Kadidja Sangare, Sade De sousa	#5 Carson-Newman	47.51	4/13
5	95	Onii Bivens, Sanaia Hill, Lea Legros, Mallory Witherspoon	#4 Catawba	48.30	3/16
6		Daryn McDonald, Leah Dotson, Kalisha Hill, Tyleah Moorer	#7 Limestone	48.74	4/20
7		#Type!	#3 Anderson (S.C.)	50.25	4/13
8		Madison Outland, Destiny Ansley- Cureton, Nicole Poston, Alyssa Barker	#10 UVa-Wise	52.48	3/30
9		Madison Ricketts, Scarlett Eversley, Alyssa Chappell, Ella Knight	#12 Emory and Henr	52.58	3/22

Women's 4x400 Relay

1	35	Olivia Cosby, Hoyane Esper, Natalie Pinzan, Kennedy Rivers	#1 Wingate	3:50.29	3/30
2	48	Lacey Boozer, Emma Deadwyler, Ally Macurda, Brianna Quartararo	#3 Anderson (S.C.)	3:53.36	4/6
3	68	Sharonda Priester, Carolyn Fuehren, Damyja Alejandro- ortiz, Holly Kone	#2 Lenoir-Rhyne	3:57.82	4/13
4	89	Destiny Gibbs, Sterling Webb, Lidija Djokic, Trinity Hine	#6 Lincoln Memoria	4:00.34	4/20
5		Kiera Taylor, Alonda Shelton, McKenzie Morton, Jada Martin	#8 Tusculum	4:04.20	4/20
6		Abbie Zander, Tytiana Wilson, Myke'Lah McMiller, Lauren Tabor	#5 Carson-Newman	4:05.49	3/16
7		Nia Overby, Amari Smith, Bianca Belfon, Kaitlyn Reese-Yom	#7 Limestone	4:10.58	4/20
8		Michelle Diaz, Madison Ricketts, Maya Turner, McKenzie Tate	#12 Emory and Henr	4:15.34	4/20
9		Onii Bivens, Sanaia Hill, Mallory Witherspoon, Alexis Devlin	#4 Catawba	4:22.42	3/16
10		Shaunajah Davis, Brittany Montgomery, Sarah Abumere, Mia Dianiso	#9 Newberry	4:26.43	4/6

Women's High Jump

1	50	Assiya ELHAFYAN	FR	#1 Wingate	1.65m	5-5	3/30
2	85	Patricija NEMANYTE	FR	#2 Lenoir-Rhyne	1.62m	5-3¾	4/13
3	98	Georgia PIPER	SO	#3 Anderson (S.C.)	1.61m	5-3¾	3/16
3	98	Kennedy CONNER	SR	#2 Lenoir-Rhyne {2}	1.61m	5-3¾	3/16
5		Sofia LANINA	SO	#2 Lenoir-Rhyne {3}	1.60m	5-3	4/13
5		Ally HOLMBERG	FR	#1 Wingate {2}	1.60m	5-3	3/16
5		Kyarra NEWTON	JR	#1 Wingate {2}	1.60m	5-3	4/13
8		Judith VAQUERO	SO	#1 Wingate {4}	1.59m	5-2½	4/6
8		Miranda MARR	SR	#2 Lenoir-Rhyne {4}	1.59m	5-2½	4/13
10		Emily MCPHERSON	FR	#6 Lincoln Memoria	1.56m	5-1¼	4/20



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Women's Pole Vault

1	92	Rylie JENKINS	FR	#3 Anderson (S.C.)	3.47m	11-4½	4/13
2		Pearl BALLARD	SR	#2 Lenoir-Rhyne	3.40m	11-1¾	3/23
3		Kirsten LEONARD	JR	#3 Anderson (S.C.) {2}	3.38m	11-1	3/16
4		Haley EDDINGER	SO	#11 Mars Hill	3.20m	10-6	4/13
4		Jorja FOX	FR	#3 Anderson (S.C.) {3}	3.20m	10-6	3/29
6		Stacie JORGENSEN	SO	#2 Lenoir-Rhyne {2}	3.08m	10-1¼	3/16
7		Mykayla KING	SO	#11 Mars Hill {2}	2.93m	9-7¼	3/16
8		Madison CRUMLEY	SR	#3 Anderson (S.C.) {4}	2.67m	8-9	4/13
9		Adair DUPREE	SO	#2 Lenoir-Rhyne {3}	2.50m	8-2½	4/20
9		Mady BUCHANAN	SO	#10 UVa-Wise	2.50m	8-2½	4/20

Women's Long Jump

1	30	Kadidja SANGARE	SO	#5 Carson-Newman	5.90m	19-4¼ (1.8)	4/12
2	52	Sydney MCCARTY	JR	#5 Carson-Newman {2}	5.78mw	18-11¾ (2.4)	4/13
3	56	Brooke TAYLOR	SO	#5 Carson-Newman {3}	5.73mw	18-9¾ (2.4)	4/13
4	93	Daryn MCDONALD	SR	#7 Limestone	5.60m	18-4¼ (0.4)	3/29
5		Melody JONES	JR	#2 Lenoir-Rhyne	5.56m	18-3 (2.0)	4/13
5		Savannah GOODWIN	FR	#5 Carson-Newman {4}	5.56m	18-3 (1.7)	3/16
7		Holly KONE	SR	#2 Lenoir-Rhyne {2}	5.48mw	17-11¾ (3.4)	4/13
8		Destiny ANSLEY-CURETON	SO	#10 UVa-Wise	5.45m	17-10¾ (0.6)	4/13
9		Mathilde ETIENNE	JR	#2 Lenoir-Rhyne {3}	5.43mw	17-9¾ (2.8)	4/13
10		Janiya SWINTON	FR	#1 Wingate	5.42mw	17-9½ (2.8)	4/13

Women's Triple Jump

1	3	Holly KONE	JR	#2 Lenoir-Rhyne	12.69m	41-7¾ (1.2)	4/20
2	19	Tyleah MOORER	JR	#7 Limestone	12.16m	39-10¾ (0.7)	4/12
3	44	Leah DOTSON	JR	#7 Limestone {2}	11.82m	38-9½ (1.8)	3/29
4	70	Daryn MCDONALD	SR	#7 Limestone {3}	11.56m	37-11¼ (0.4)	3/29
5	76	Ennessey SORRELLS	JR	#1 Wingate	11.47m	37-7¾ (2.0)	3/16
6	93	Bianca BELFON	JR	#7 Limestone {4}	11.34m	37-2½ (0.8)	3/29
7		Brooke TAYLOR	SO	#5 Carson-Newman	11.31m	37-1¼ (-1.6)	3/16
8		Amy JONATHAN	FR	#1 Wingate {2}	11.20m	36-9 (1.5)	4/13
9		Kendall WHITEHEAD	FR	#5 Carson-Newman {2}	11.07m	36-4 (1.4)	4/13
10		Sharonda PRIESTER	FR	#2 Lenoir-Rhyne {2}	10.91mw	35-9½ (2.8)	4/13

Women's Shot Put

1	29	Fedra FLORENTIN	JR	#1 Wingate	14.15m	46-5¼	4/13
2	49	Taylor SMITH	SR	#7 Limestone	13.45m	44-1½	4/13
3	76	Leonie SAMUELS	SO	#9 Newberry	13.03m	42-9	4/20
4	81	Trinity HOLDER	SR	#1 Wingate {2}	12.97m	42-6¾	4/6
5	89	Danielle CRAWFORD	JR	#1 Wingate {3}	12.86m	42-2¼	4/13
6		Amber LAWLESS	SO	#1 Wingate {4}	12.43m	40-9½	3/16
7		Olivia JACKSON	SR	#2 Lenoir-Rhyne	12.10m	39-8½	3/16
8		Nia ROGERS	JR	#10 UVa-Wise	11.97m	39-3¼	4/13
9		Patricija NEMANYTE	FR	#2 Lenoir-Rhyne {2}	11.84m	38-10¼	3/16
10		ShaNadia MARSHALL	JR	#9 Newberry {2}	11.68m	38-4	4/20

Women's Discus

1	90	Fedra FLORENTIN	JR	#1 Wingate	41.76m	137-0	4/6
2		Judith VAQUERO	SO	#1 Wingate {2}	41.07m	134-9	4/6
3		Amber LAWLESS	SO	#1 Wingate {3}	40.42m	132-8	3/16
4		Irma WATSON-PEREZ	JR	#9 Newberry	39.39m	129-3	3/16
5		Sarah WIMPEE	SO	#3 Anderson (S.C.)	38.10m	125-0	4/13
6		Kennedy MYERS	JR	#9 Newberry {2}	36.68m	120-4	4/13
7		Leonie SAMUELS	SO	#9 Newberry {3}	36.60m	120-1	4/20
8		Taylor SMITH	SR	#7 Limestone	36.19m	118-9	3/29
9		Olivia JACKSON	SR	#2 Lenoir-Rhyne	36.08m	118-5	3/16
10		Kylee ALVIS	SO	#6 Lincoln Memoria	35.64m	116-11	3/30

Women's Hammer

1	26	Esmá PAJT	SO	#1 Wingate	52.95m	173-9	3/16
2	48	Andrea PASCUAL RIVERA	JR	#9 Newberry	51.09m	167-8	3/29
3		Olivia JACKSON	SR	#2 Lenoir-Rhyne	46.33m	152-0	3/16
4		Nevaeh KERNS	SO	#6 Lincoln Memoria	42.36m	139-0	3/23
5		Marlesia WALKER	JR	#2 Lenoir-Rhyne {2}	42.11m	138-2	3/23
6		Irma WATSON-PEREZ	JR	#9 Newberry {2}	41.90m	137-6	3/16
7		Amber HOGAN	JR	#8 Tusculum	41.79m	137-1	4/13
8		Sarah WIMPEE	SO	#3 Anderson (S.C.)	41.33m	135-7	4/13
9		Kylee ALVIS	SO	#6 Lincoln Memoria {2}	40.81m	133-11	4/13
10		Savannah NIPPA	SR	#2 Lenoir-Rhyne {3}	40.33m	132-4	4/20

Women's Javelin

1	1	Caley SOSNOWSKI	FR	#8 Tusculum	48.55m	159-4	4/13
2	73	Carmen BISHOP	SR	#4 Catawba	38.75m	127-2	3/16
3		Mady BUCHANAN	SO	#10 UVa-Wise	33.26m	109-2	4/20
4		Kadidja SANGARE	SO	#5 Carson-Newman	32.72m	107-4	4/6
5		Miranda MARR	SR	#2 Lenoir-Rhyne	32.45m	106-6	3/16
6		Kiori BUTLER	FR	#9 Newberry	32.25m	105-10	4/20
7		Kylee ALVIS	SO	#6 Lincoln Memoria	32.02m	105-1	3/30
8		Alina MUELLER	JR	#11 Mars Hill	31.58m	103-8	3/23
9		Lexie MAY	JR	#1 Wingate	31.31m	102-9	3/16
10		Fedra FLORENTIN	JR	#1 Wingate {2}	30.41m	99-9¼	3/16

Women's Heptathlon

1	53	Sterling WEBB	FR	#6 Lincoln Memoria	4,254		3/23
2	65	Patricija NEMANYTE	FR	#2 Lenoir-Rhyne	4,093		4/13
3	100	Ally MACURDA	FR	#3 Anderson (S.C.)	3,659		3/16
4		Kieley SMITH	FR	#8 Tusculum	3,431		3/23
5		Miranda MARR	SR	#2 Lenoir-Rhyne {2}	3,403		4/13
6		Maggie SANDERSON	SO	#6 Lincoln Memoria {2}	3,332		3/23
7		Sara WINEGAR	FR	#6 Lincoln Memoria {3}	2,739		3/23



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Women's 100 Meters

1	30	Kiersten CLARK	JR	#9 Miles	11.70w	(2.5)	3/30
2	78	D'Iyah AUSTELL	SR	#5 Fort Valley State	11.96	(-0.2)	4/6
3	84	Emmanuella KONE	SO	#8 Edward Waters (	11.99	(1.8)	4/13
4		Anitria SANGSTER	SR	#4 Tuskegee	12.04	(0.8)	4/13
5		Xaria BASCOMBE	SO	#3 Benedict	12.09w	(3.0)	4/13
6		Cadence CRAY	FR	#1 Albany State (Ga	12.13	(0.4)	3/16
7		Anniyah WILLIAMS	SO	#2 Clark Atlanta	12.15	(1.6)	3/23
8		Kamora TAYLOR	FR	#9 Miles	{2}12.19w	(2.5)	3/30
9		Dasia GILYARD	JR	#1 Albany State (Ga{2}	12.22	(1.4)	4/13
10		Jeniya LAWRENCE	SO	#1 Albany State (Ga{3}	12.25	(0.1)	3/30

Women's 100 Meter Hurdles

1	27	Amarianna LOFTON	SO	#6 Central State	14.13w	(2.5)	4/12
2	32	Santiona FREEMAN	JR	#3 Benedict	14.17w	(2.8)	3/23
3	74	Jaylynne WILLIAMS	SR	#11 Kentucky State	14.48	(1.4)	3/30
4		DeAna ALBERT	FR	#1 Albany State (Ga	14.77	(0.9)	4/13
5		Myah THOMPSON	FR	#1 Albany State (Ga{2}	14.80	(0.9)	4/13
6		Jahkaya MCBURNEY	FR	#4 Tuskegee	14.94	(1.7)	3/30
7		Kaciann COWAN	SR	#3 Benedict	{2}15.00	(1.7)	3/16
8		Kennedy WALKER	FR	#1 Albany State (Ga{3}	15.12	(1.4)	3/30
9		Shaniah MCDANIEL	FR	#10 Savannah State	15.24	(1.6)	3/30
10		Briana MADISON	JR	#5 Fort Valley State	15.37	(0.9)	4/13

Women's 200 Meters

1	40	Kiersten CLARK	JR	#9 Miles	24.22	(1.3)	3/30
2	64	D'Iyah AUSTELL	SR	#5 Fort Valley State	24.41	(0.2)	4/13
3		Anitria SANGSTER	SR	#4 Tuskegee	24.78	(1.6)	3/21
4		Anniyah WILLIAMS	SO	#2 Clark Atlanta	24.80	(1.7)	3/16
5		Dasia GILYARD	JR	#1 Albany State (Ga	24.95	(0.2)	4/13
6		Cadence CRAY	FR	#1 Albany State (Ga{2}	25.00	(1.0)	3/16
7		Emmanuella KONE	SO	#8 Edward Waters (	25.04w	(2.5)	3/23
8		Kapri DAWKINS	JR	#6 Central State	25.08	(0.9)	4/12
9		Kanesha MOSES	SR	#3 Benedict	25.12	(-0.7)	3/23
10		Xaria BASCOMBE	SO	#3 Benedict	{2}25.39	(1.2)	4/6

Women's 400 Meters

1	75	D'Iyah AUSTELL	SR	#5 Fort Valley State	56.55		4/13
2	76	Anitria SANGSTER	SR	#4 Tuskegee	56.56		4/20
3	85	Karon WARREN	SO	#2 Clark Atlanta	56.67		3/16
4	100	Nathalia ROWE	JR	#1 Albany State (Ga	56.93		3/16
5		Kapri DAWKINS	JR	#6 Central State	57.00		3/30
6		Kanesha MOSES	SR	#3 Benedict	57.42		3/29
7		Ravyn CYSTRUNK	SR	#10 Savannah State	57.57		4/13
8		Jurnie HEMSLEY	SR	#6 Central State	{2}57.82		3/30
9		Torriann NOAD	SO	#3 Benedict	{2}58.08		4/13
10		Jaylin BRADSHAW	JR	#6 Central State	{3}58.68		3/30

Women's 400 Meter Hurdles

1	17	Nathalia ROWE	JR	#1 Albany State (Ga	1:01.31		4/6
2	56	Megan THOMPSON	SR	#3 Benedict	1:03.30		4/20
3		Imani JONES	JR	#1 Albany State (Ga{2}	1:05.87		3/16
4		Jaylynne WILLIAMS	SR	#11 Kentucky State	1:06.18		4/20
5		Keianna MIMS	FR	#6 Central State	1:06.33		4/12
6		Kennedy WALKER	FR	#1 Albany State (Ga{3}	1:07.74		4/6
7		Myah THOMPSON	FR	#1 Albany State (Ga{4}	1:07.77		3/30
8		Paige TURNER	SO	#6 Central State	{2}1:08.64		4/5
9		Amira BROUSSARD	FR	#4 Tuskegee	1:09.10		3/21
10		Caseyona HIGHT	FR	#7 Allen (S.C.)	1:09.23		3/1

Women's 800 Meters

1		Zenay RHANEY	JR	#1 Albany State (Ga	2:18.79		4/13
2		Megan THOMPSON	SR	#3 Benedict	2:20.57		4/6
3		Lailah SELLERS	FR	#2 Clark Atlanta	2:23.92		3/30
4		Anaya MARTIN	FR	#4 Tuskegee	2:27.51		4/20
5		Autumn CLIFTON	FR	#7 Allen (S.C.)	2:28.26		4/13
6		Akierah WALKER	SO	#4 Tuskegee	{2}2:28.55		4/20
7		Sierra BEASLEY	SR	#1 Albany State (Ga{2}	2:29.29		3/23
8		Aliyah JACKSON	SO	#2 Clark Atlanta	{2}2:29.42		4/6
9		Torriann NOAD	SO	#3 Benedict	{2}2:30.63		3/16
10		Jahkaya MCBURNEY	FR	#4 Tuskegee	{3}2:32.04		4/13

Women's 1500 Meters

1		Evelyn HERERRA	FR	#12 Spring Hill (Ala.)	5:11.80		3/2
2		Zenay RHANEY	JR	#1 Albany State (Ga	5:12.40		4/13
3		Megan THOMPSON	SR	#3 Benedict	5:13.75		4/13
4		Lailah SELLERS	FR	#2 Clark Atlanta	5:15.66		3/30
5		Zamya RHANEY	JR	#1 Albany State (Ga{2}	5:16.16		3/30
6		Aliyah JACKSON	SO	#2 Clark Atlanta	{2}5:21.84		3/23
7		Angela BITOK	SO	#8 Edward Waters (	5:22.54		4/6
8		Anaya MARTIN	FR	#4 Tuskegee	5:22.84		4/13
9		Akierah WALKER	SO	#4 Tuskegee	{2}5:24.62		4/20
10		Autumn CLIFTON	FR	#7 Allen (S.C.)	5:28.30		3/29

Women's Steeplechase

1		Angela BITOK	SO	#8 Edward Waters (	12:52.06		4/13
2		Anaya MARTIN	FR	#4 Tuskegee	12:57.25		4/20
3		Zamya RHANEY	JR	#1 Albany State (Ga	13:25.87		4/6
4		Miracle SMITH	SR	#2 Clark Atlanta	16:18.47		4/6

Women's 5000 Meters

1		Aliyah JACKSON	SO	#2 Clark Atlanta	19:47.36		3/9
2		Angela BITOK	SO	#8 Edward Waters (	19:50.78		3/16
3		Zamya RHANEY	JR	#1 Albany State (Ga	20:06.74		3/9
4		Mariah HUSTON	SO	#6 Central State	21:21.58		4/20
5		Miracle SMITH	SR	#2 Clark Atlanta	{2}21:30.19		3/9
6		Anaya MARTIN	FR	#4 Tuskegee	21:52.89		3/30
7		Sierra BEASLEY	SR	#1 Albany State (Ga{2}	22:27.74		4/6
8		Montana WILLIAMS	SR	#5 Fort Valley State	22:37.06		4/6
9		Shakeria FREEMAN	JR	#2 Clark Atlanta	{3}24:49.02		3/2
10		Siata OUATTARA	FR	#7 Allen (S.C.)	24:58.35		3/29



Conference TFRI Event Summary



SIAC

as of 4/23/2024 8:33:03 AM ET

Women's 10,000 Meters

1	Angela BITOK	SO	#8 Edward Waters (	43:06.54	3/30
2	Aliyah JACKSON	SO	#2 Clark Atlanta	45:45.32	3/30
3	Jane KIBORUS	SR	#3 Benedict	46:46.65	4/13
4	Montana WILLIAMS	SR	#5 Fort Valley State	51:17.65	3/16
5	Siata OUATTARA	FR	#7 Allen (S.C.)	54:47.31	4/13
6	Lydia KOSGEI	JR	#3 Benedict {2}	55:10.45	4/13

Women's 4x100 Relay

1	29	Jurni Cummings, Kamora Taylor, Kaylin Robinson, Kiersten Clark	#9 Miles	46.52	3/30
2	46	Dasia Gilyard, Cadence Cray, Shonkeria Jones, Jeniya Lawrence	#1 Albany State (Ga	47.13	3/23
3	62	Ty'kira Garrett, Keturah Walker, Caseyona Hight, Measha Jones	#7 Allen (S.C.)	47.39	3/29
4	71	Santiona Freeman, Kiara Scott, Xaria Bascombe, Kanesha Moses	#3 Benedict	47.58	3/29
5	78	Bridgette Clarke, Calyanna Cage, Aquila Kerr, D'Iiyah Austell	#5 Fort Valley State	47.78	4/13
6	99	#Type!	#4 Tuskegee	48.40	4/20
7		Kaylin Strahan, Anniyah Williams, Mariah Young, Jayla Hartley-Scott	#2 Clark Atlanta	48.82	3/16
8		Ravyn Cystrunk, Jeainna Bryant, Da'Aliyah Johnson, Teauna Thomas	#10 Savannah State	48.99	3/15
9		Jaylynne Williams, Zaria Robinson, Hailey Tucker, Natalia Davis	#11 Kentucky State	49.91	4/20
10		Sanya Joseph, Tranasia Missick, Emmanuella Kone, Destiny Byrd	#8 Edward Waters (	50.04	3/16

Women's 4x400 Relay

1	55	Nathalia Rowe, Zamyia Rhaney, Termetrius Stone, Imani Jones	#1 Albany State (Ga	3:55.61	3/16
2	61	Jameah Alston, Jayla Hartley-Scott, Anniyah Williams, Karon Warren	#2 Clark Atlanta	3:56.32	3/16
3	63	Kapri Dawkins, Jaylin Bradshaw, Keianna Mims, Jurnie Hemsley	#6 Central State	3:57.05	4/12
4	90	Jurni Cummings, Kaylin Robinson, Kiersten Clark, Raven Maxwell	#9 Miles	4:00.64	4/13
5	96	Torriann Noad, Cavel Barnett, Megan Thompson, Kanesha Moses	#3 Benedict	4:01.28	3/29
6		Kayla Kinney, Shanta Saddler, Jade Salters, Diamond Howell	#13 LeMoyne-Owen	4:07.25	3/30
7		Amira Broussard, Anitria Sangster, Jahkaya McBurney, Akierah Walker	#4 Tuskegee	4:10.32	3/21
8		Autumn Clifton, Measha Jones, Keturah Walker, Ty'kira Garrett	#7 Allen (S.C.)	4:20.14	4/5
9		Hailey Tucker, Jaylynne Williams, Jaysha Bell, Zaria Robinson	#11 Kentucky State	4:22.27	3/30
10		Ravyn Cystrunk, Maddison Green, Da'Aliyah Johnson, Sadrea Mabry	#10 Savannah State	4:24.67	3/15

Women's High Jump

1	32	Amarianna LOFTON	SO	#6 Central State	1.68m	5-6	4/20
2	46	Julianna KERN	JR	#1 Albany State (Ga	1.66m	5-5¼	4/13
3		A'mijya DUDLEY	SO	#10 Savannah State	1.56m	5-1¼	3/9
4		Naomi ANDREWS	SR	#2 Clark Atlanta	1.55m	5-1	3/2
4		Aquila KERR	SR	#5 Fort Valley State	1.55m	5-1	3/2
4		Jazmine WALKER	FR	#1 Albany State (Ga{2}	1.55m	5-1	3/30
7		Shynique MCGEE	SO	#2 Clark Atlanta {2}	1.51m	4-11½	3/30
7		Raven JOHNSON	SO	#3 Benedict	1.51m	4-11½	4/20
7		Maliyah WHITE	SR	#2 Clark Atlanta {2}	1.51m	4-11½	3/30
7		Desire' YOUNG	FR	#3 Benedict	1.51m	4-11½	4/20

Women's Pole Vault

1		Veronnica DUNN		#13 LeMoyne-Owen	2.60m	8-6¼	4/20
2		Abigail REMICK	JR	#12 Spring Hill (Ala.)	2.50m	8-2½	3/2
3		Naomi ANDREWS	SR	#2 Clark Atlanta	2.30m	7-6½	4/6
4		Mariah YOUNG	SO	#2 Clark Atlanta {2}	1.25m	4-1¼	3/30



Conference TFRI Event Summary



SIAC

as of 4/23/2024 8:33:03 AM ET

Women's Long Jump

1	99	Measha JONES	SO	#7 Allen (S.C.)	5.58mw	18-3¼ (2.2)	3/1
2		Aquila KERR	SR	#5 Fort Valley State	5.48m	17-11¾ (0.0)	4/13
3		De'Shell CARR	SO	#4 Tuskegee	5.41m	17-9 (1.9)	4/13
4		Da'Aliyah JOHNSON	SR	#10 Savannah State	5.28m	17-4 (0.0)	3/30
5		Isis LEWIS	SO	#2 Clark Atlanta	5.27m	17-3½ (-1.3)	3/30
6		Amira BROUSSARD	FR	#4 Tuskegee	{2} 5.17m	16-11½ (0.3)	3/30
7		Mikayln CHAMBERS	SO	#14 Lane	5.16m	16-11¼ (-3)	3/30
8		Shynique MCGEE	SO	#2 Clark Atlanta	{2} 5.08m	16-8 (-0.1)	3/30
9		Jada DAVID	JR	#3 Benedict	5.06m	16-7¼ (1.3)	3/29
10		Valerie BROWN	FR	#8 Edward Waters (	5.05mw	16-7 (2.4)	4/13

Women's Triple Jump

1	27	Jada DAVID	JR	#3 Benedict	12.06m	39-6¾ (1.2)	4/6
2	55	Shynique MCGEE	SO	#2 Clark Atlanta	11.69m	38-4¼ (-0.1)	4/20
3	74	Elaine ROBINSON	JR	#3 Benedict	{2} 11.53m	37-10 (0.2)	4/13
4	93	Aquila KERR	SR	#5 Fort Valley State	11.34m	37-2½ (-2.9)	3/23
5		Tiana SMITH	SO	#12 Spring Hill (Ala.)	11.09mw	36-4¾ (2.1)	3/30
6		Da'Aliyah JOHNSON	SR	#10 Savannah State	11.07m	36-4 (0.0)	3/30
7		Desiree MCADAMS		#1 Albany State (Ga	11.02m	36-2 (0.0)	3/2
8		Ty'kira GARRETT	FR	#7 Allen (S.C.)	10.97m	36-0 (0.4)	3/29
9		Sadrea MABRY	SR	#10 Savannah State	{2} 10.92m	35-10 (0.0)	3/30
10		Tanyah KELLEY	FR	#1 Albany State (Ga	{2} 10.86m	35-7¾ (0.0)	4/6

Women's Shot Put

1		Darcey DORRIS	SO	#6 Central State	12.51m	41-½	4/12
2		Desire' POOLE	SO	#11 Kentucky State	12.10m	39-8½	4/6
3		Yassmine CHAMBERS	SO	#3 Benedict	12.06m	39-6¾	4/20
4		Sydney BLACKBURN	SR	#1 Albany State (Ga	12.00m	39-4½	3/16
4		Na'dejah BATTS	JR	#5 Fort Valley State	12.00m	39-4½	3/16
6		Jamiyah DONALD	SR	#11 Kentucky State	{2} 11.80m	38-8¾	3/30
7		Mykhayla CARROLL	SO	#1 Albany State (Ga	{2} 11.71m	38-5	3/16
8		Victoria BRACY	SO	#4 Tuskegee	11.44m	37-6½	4/13
9		Aleah OTABOR	SO	#6 Central State	{2} 11.32m	37-1¾	4/12
10		Jayne REDMOND	FR	#2 Clark Atlanta	11.29m	37-½	3/16

Women's Discus

1	13	Sydney BLACKBURN	SR	#1 Albany State (Ga	47.62m	156-3	3/16
2	56	Mykhayla CARROLL	SO	#1 Albany State (Ga	{2} 43.62m	143-2	4/13
3		Darcey DORRIS	SO	#6 Central State	41.14m	135-0	4/20
4		Miniya MILLER	SR	#5 Fort Valley State	38.69m	126-11	3/16
5		Desire' POOLE	SO	#11 Kentucky State	38.61m	126-8	4/6
6		Levita WILLIAMS	FR	#1 Albany State (Ga	{3} 37.83m	124-2	3/30
7		Danielle WILSON	SO	#4 Tuskegee	36.20m	118-9	3/21
8		Daneika WILLIAMSON	SO	#3 Benedict	36.16m	118-8	4/20
9		Mya CROWDER	FR	#1 Albany State (Ga	{4} 35.53m	116-7	3/30
10		Yassmine CHAMBERS	SO	#3 Benedict	{2} 33.61m	110-3	3/16

Women's Hammer

1	93	Mykhayla CARROLL	SO	#1 Albany State (Ga	48.18m	158-1	4/13
2		Sydney BLACKBURN	SR	#1 Albany State (Ga	{2} 44.14m	144-10	3/2
3		Miniya MILLER	SR	#5 Fort Valley State	43.62m	143-2	3/16
4		Na'dejah BATTS	JR	#5 Fort Valley State	{2} 40.21m	131-11	3/2
5		Paris STANTON	JR	#3 Benedict	39.92m	131-0	4/6
6		Danielle WILSON	SO	#4 Tuskegee	39.69m	130-3	3/21
7		Yassmine CHAMBERS	SO	#3 Benedict	{2} 38.19m	125-4	3/29
8		Jamiyah DONALD	SR	#11 Kentucky State	37.45m	122-11	4/6
9		Jayne REDMOND	FR	#2 Clark Atlanta	35.61m	116-10	3/30
10		Daneika WILLIAMSON	SO	#3 Benedict	{3} 34.43m	113-0	4/6

Women's Javelin

1		Matealia HARPER	SO	#4 Tuskegee	33.82m	111-0	3/9
2		Shynique MCGEE	SO	#2 Clark Atlanta	32.02m	105-1	3/16
3		Danielle WILSON	SO	#4 Tuskegee	{2} 31.91m	104-8	4/13
4		Measha JONES	SO	#7 Allen (S.C.)	31.29m	102-8	4/13
5		Aliyah JACKSON	SO	#2 Clark Atlanta	{2} 29.87m	98-0	3/23
6		Sanai STRINGER	FR	#12 Spring Hill (Ala.)	29.06m	95-4¼	3/30
7		Kiara WILSON	FR	#7 Allen (S.C.)	{2} 28.31m	92-10¾	3/15
8		Fatima CAMARA-RAMIREZ	FR	#8 Edward Waters (	28.30m	92-10¼	4/13
9		Jai GAINES	JR	#9 Miles	28.18m	92-5½	4/13
10		Tania HALL	JR	#5 Fort Valley State	27.68m	90-9¾	3/30

Women's Heptathlon

1	96	Shynique MCGEE	SO	#2 Clark Atlanta	3,715		3/30
2		Jahkaya MCBURNEY	FR	#4 Tuskegee	3,578		4/13
3		Kaleah KLECKLEY	JR	#1 Albany State (Ga	3,452		3/30
4		Maliyah WHITE	SR	#2 Clark Atlanta	{2} 3,048		3/30
5		Tyloni BAILEY	SO	#1 Albany State (Ga	{2} 2,851		3/30
6		Sanya JOSEPH	SO	#8 Edward Waters (	2,555		3/30
7		Kiara WILSON	FR	#7 Allen (S.C.)	2,530		3/15
8		Valerie BROWN	FR	#8 Edward Waters (	{2} 2,418		3/30
9		Ayani TAYLOR	JR	#7 Allen (S.C.)	{2} 1,964		3/15
10		Abnelle JEAN LOUIS	JR	#8 Edward Waters (	{3} 1,685		3/30