



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



East

as of 3/25/2024 4:34:24 PM ET

Women's 100 Meters

1	18	Dorinda OKORJI	JR	#7 UMass Boston	12.35w	(3.0)	3/16
2	26	Wendy WOODEN	SO	#2 Wheaton (Mass.)	12.41w	(2.5)	3/16
2	26	Michaina LORISTON	SO	#2 Wheaton (Mass.)	12.41w	(2.3)	3/16
4	39	Savanna VARGAS	FR	#2 Wheaton (Mass.)	{3}12.51	(1.3)	3/16
5	44	Simone WAHEED	FR	#3 Colby	12.54	(-0.2)	3/23
6	71	Emma BURR	FR	#4 Thomas (Maine)	12.73	(0.7)	3/1
7	73	Robyn WILKES	SO	#8 Babson	12.74	(1.6)	3/16
8	94	Merete OGAH	JR	#5 Wellesley	12.85w	(2.3)	3/16
9		Sarah PILLONE	SR	#1 Tufts	12.92	(1.4)	3/16
10		Kate WICKENHEISSER	SO	#2 Wheaton (Mass.)	{4}12.94	(1.4)	3/16
10		Emily ZIELINSKI	JR	#2 Wheaton (Mass.)	{4}12.94w	(3.0)	3/16

Women's 100 Meter Hurdles

1	3	Erin DAUGHERTY	JR	#3 Colby	14.41	(-0.9)	3/23
2	10	Aryianna GARCEAU	SO	#7 UMass Boston	14.78w	(2.3)	3/16
3	17	Sarah PILLONE	SR	#1 Tufts	15.05w	(2.3)	3/16
4	32	Emma BURR	FR	#4 Thomas (Maine)	15.31	(1.5)	3/1
5	60	Julia PIKE	SO	#8 Babson	16.15	(1.7)	3/16
6	70	Madelyn SILVEIRA	SR	#1 Tufts	{2}16.37	(0.4)	3/15
7		Taima RONISH	SR	#2 Wheaton (Mass.)	17.14	(1.8)	3/16
8		Angelina COTONI	SO	#6 Husson	17.30	(-0.2)	3/9
9		Tessa PLAYER	FR	#1 Tufts	{3}17.64	(0.4)	3/15
10		Niamiah PERRY	SO	#6 Husson	{2}17.87	(-0.2)	3/9

Women's 200 Meters

1	15	Schylar WYSE	SR	#2 Wheaton (Mass.)	25.35w	(3.3)	3/16
2	42	Aryianna GARCEAU	SO	#7 UMass Boston	25.92w	(3.5)	3/16
2	42	Savanna VARGAS	FR	#2 Wheaton (Mass.)	{2}25.92	(1.6)	3/16
4	53	Robyn WILKES	SO	#8 Babson	26.04w	(2.7)	3/16
5	57	Michaina LORISTON	SO	#2 Wheaton (Mass.)	{3}26.09	(1.6)	3/16
6	88	Kaitlyn EWALD	FR	#3 Colby	26.47	(-0.3)	3/23
7		Sara MAEVE KLINGENSMITH	SO	#5 Wellesley	26.85	(0.6)	3/16
8		Annika KRAL	JR	#1 Tufts	26.87w	(2.3)	3/16
9		Camille CONNORS	FR	#2 Wheaton (Mass.)	{4}27.43	(1.9)	3/16
10		Merete OGAH	JR	#5 Wellesley	{2}27.48	(-0.5)	3/16

Women's 400 Meters

1	11	Kristina PIZZI	JR	#3 Colby	58.06		3/23
2	32	Annika KRAL	JR	#1 Tufts	59.82		3/16
3	50	Harper MEEK	SR	#1 Tufts	{2}1:00.48		3/16
4	77	Jessica DICKSON	FR	#2 Wheaton (Mass.)	1:01.20		3/16
5		Charlie BARRON	SO	#5 Wellesley	1:02.49		3/16
6		Maya THOMAS	FR	#2 Wheaton (Mass.)	{2}1:03.30		3/16
7		Miranda DUNTON	JR	#6 Husson	1:03.33		3/9
8		Kristen DIBELLA	SO	#2 Wheaton (Mass.)	{3}1:03.37		3/16
9		harleen BASSAN	SO	#7 UMass Boston	1:07.98		3/16
10		Maddy REDDING	JR	#4 Thomas (Maine)	1:10.10		3/8

Women's 400 Meter Hurdles

1	5	Fiona MEJICO	JR	#3 Colby	1:03.81		3/23
2	6	Emma SMITH	JR	#1 Tufts	1:03.97		3/16
3	10	Angela HAGSTROM	JR	#8 Babson	1:05.19		3/16
4	19	Antonia KNOTH	SR	#1 Tufts	{2}1:06.37		3/16
5	21	Haley WIMS	SR	#3 Colby	{2}1:06.65		3/23
6	39	Emily SVERAK	SR	#1 Tufts	{3}1:08.17		3/16
7	53	Emma BURR	FR	#4 Thomas (Maine)	1:09.12		3/8
8	56	Kristen DIBELLA	SO	#2 Wheaton (Mass.)	1:09.59		3/16
9	75	Michelle BARNES	FR	#3 Colby	{3}1:10.63		3/23
10	83	Colleen CORMAN	FR	#8 Babson	{2}1:11.25		3/16

Women's 800 Meters

1	32	Olivia DOHERTY	SO	#3 Colby	2:20.30		3/23
2	36	Marielle GOGANIAN	FR	#3 Colby	{2}2:20.76		3/23
3	38	Chloe CLIFFORD	SO	#8 Babson	2:20.88		3/16
4	39	Anna MACKEY	SO	#3 Colby	{3}2:20.95		3/23
5	63	Jacqueline EARNER	SO	#7 UMass Boston	2:23.10		3/16
6	90	Kaya WEST	FR	#1 Tufts	2:24.83		3/16
7	92	Eugenie HORISBERGER	FR	#1 Tufts	{2}2:24.91		3/16
8		Claire PENG	SO	#5 Wellesley	2:28.96		3/16
9		Margo KENYON	JR	#3 Colby	{4}2:31.19		3/23
10		Miranda DUNTON	JR	#6 Husson	2:31.71		3/2

Women's 1500 Meters

1	19	Ella WHINNEY	SO	#5 Wellesley	4:44.00		3/16
2	32	Alexandra DEAN	SO	#1 Tufts	4:47.92		3/16
3	88	Rose KITZ	SR	#1 Tufts	{2}4:54.85		3/16
4		Sonia OLSON	FR	#1 Tufts	{3}5:04.51		3/16
5		Miranda DUNTON	JR	#6 Husson	5:06.06		3/2
6		Claire PENG	SO	#5 Wellesley	{2}5:08.01		3/16
7		Margo KENYON	JR	#3 Colby	5:11.40		3/23
8		Megan CUNNINGHAM	SO	#5 Wellesley	{3}5:12.84		3/16
9		Ava DOWLING	JR	#6 Husson	{2}5:25.54		3/2
10		Grace BEDORE	SO	#6 Husson	{3}5:31.95		3/2

Women's 5000 Meters

1	30	Jaz VANDERHOOF	SO	#2 Wheaton (Mass.)	18:09.54		3/16
2	31	Grace OGDEN	SO	#1 Tufts	18:09.84		3/16
3	47	Elizabeth DONAHUE	SO	#1 Tufts	{2}18:22.36		3/16
4	65	Katya HENISZ	FR	#1 Tufts	{3}18:29.53		3/16
5	82	Sophia CARPENTER	FR	#1 Tufts	{4}18:40.82		3/16
6	94	Emily BRYDGES	SO	#5 Wellesley	18:51.10		3/16
7		Taylor NELDNER	FR	#1 Tufts	{5}19:06.92		3/16
8		Abbey WOLFE	FR	#3 Colby	19:09.94		3/23
9		Grace COLON	JR	#7 UMass Boston	19:10.22		3/16
10		Alexandra KIRKPATRICK	SO	#8 Babson	19:29.58		3/16



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Women's 4x100 Relay

1	2	Savanna Vargas, Schyler Wyse, Amanda Castaldi, Michaina Loriston	#2 Wheaton (Mass.)	47.49	3/16
2	9	Erin Daugherty, Fiona Mejico, Kristina Pizzi, Tally Zeller	#3 Colby	48.11	3/23
3	41	Sara Maeve Klingensmith, Merete Ogah, Taylor Quayee, Ria Goveas	#5 Wellesley	50.47	3/16
4	58	Maddy Redding, Lexy Shannon, Emma Burr, Julia Reny	#4 Thomas (Maine)	51.89	3/8

Women's 4x400 Relay

1	15	Antonia Knoth, Annika Kral, Anne-Sophie Janssen, Emma Smith	#1 Tufts	4:04.14	3/16
2	18	Michelle Barnes, Anna Mackey, Olivia Doherty, Marielle Goganian	#3 Colby	4:06.49	3/23
3	29	Colleen Corman, Chloe Clifford, Brooke Jankowski, Angela Hagstrom	#8 Babson	4:10.41	3/16
4	74	Aryianna Garceau, Grace Colon, harleen Bassan, Sarah Cambell	#7 UMass Boston	4:38.54	3/16
5	84	Maddy Redding, Julia Reny, Amanda Winslow, Rebekah Ireland	#4 Thomas (Maine)	4:52.27	3/8

Women's High Jump

1	39	Hialeah FOSTER	FR #7 UMass Boston	1.53m	5-¼	3/16
2	53	Nina GREGORY	SO #6 Husson	1.51m	4-11½	3/9
3		Sydney SPIVY	SR #1 Tufts	1.41m	4-7½	3/15
3		Madelyn SILVEIRA	SR #1 Tufts	1.41m	4-7½	3/15
5		Sierra GUTE	SR #3 Colby	1.40m	4-7	3/23
6		Tessa PLAYER	FR #1 Tufts	{3} 1.29m	4-2¾	3/15

Women's Pole Vault

1	3	Sarah FIRTH	JR #1 Tufts	3.80m	12-5½	3/16
2	19	Lena TANG	FR #1 Tufts	{2} 3.35m	10-11¾	3/16
3	50	Amelie WICKHAM	SO #1 Tufts	{3} 3.05m	10-0	3/16
3	50	Nyla THOMPSON	JR #1 Tufts	{3} 3.05m	10-0	3/16

Women's Long Jump

1	26	Emma BURR	FR #4 Thomas (Maine)	5.13m	16-10 (0.0)	3/1
2	35	Ashna KIRSHNAMURTHY	SO #8 Babson	5.08m	16-8 (0.1)	3/16
3	44	Hialeah FOSTER	FR #7 UMass Boston	5.04mw	16-6½ (2.1)	3/16
4	73	Lexy SHANNON	SO #4 Thomas (Maine) {2}	4.94m	16-2½ (-2.0)	3/1
5	76	Sara MAEVE KLINGENSMITH	SO #5 Wellesley	4.93m	16-2¼ (0.1)	3/16
6	83	Kaitlyn EWALD	FR #3 Colby	4.91mw	16-1½ (2.7)	3/23
7	91	Madelyn SILVEIRA	SR #1 Tufts	4.88mw	16-¼ (2.6)	3/15
8		Trista SICARD	SO #8 Babson {2}	4.78m	15-8¾ (1.3)	3/16
9		Erin DICKINSON	JR #5 Wellesley {2}	4.71m	15-5½ (-0.3)	3/16
10		Tessa PLAYER	FR #1 Tufts {2}	4.66m	15-3½ (0.0)	3/15

Women's Triple Jump

1	11	Sarah PILLONE	SR #1 Tufts	10.94m	35-10¾ (0.2)	3/16
2	16	Jordan ANDREW	JR #1 Tufts {2}	10.84m	35-6¾ (0.3)	3/16
3	19	Trista SICARD	SO #8 Babson	10.76m	35-3¾ (0.0)	3/16
4	22	Tamia DUBIDAD	SO #1 Tufts {3}	10.72m	35-2 (1.9)	3/16
5	33	Lauren HINCKLEY	FR #2 Wheaton (Mass.)	10.60mw	34-9½ (2.2)	3/16
6	44	Ashna KIRSHNAMURTHY	SO #8 Babson {2}	10.38m	34-¾ (1.8)	3/16
7	59	Erin DICKINSON	JR #5 Wellesley	10.18m	33-4¾ (0.0)	3/16
8	62	Taima RONISH	SR #2 Wheaton (Mass.) {2}	10.14m	33-3¼ (0.6)	3/16
9		Quinn YOUNG	JR #6 Husson	9.30m	30-6¼ (0.0)	3/9
10		Nina GREGORY	SO #6 Husson {2}	8.53m	28-0 (1.0)	3/9

Women's Shot Put

1	73	Tianna ROGERS	JR #2 Wheaton (Mass.)	11.12m	36-5¾	3/16
2	78	Mary DISANTO	SR #4 Thomas (Maine)	11.06m	36-3½	3/1
3	95	Anika WAGNER	SO #2 Wheaton (Mass.) {2}	10.87m	35-8	3/16
4		Sydney SPIVY	SR #1 Tufts	10.55m	34-7½	3/15
5		Kenya FRANCIS	SO #5 Wellesley	10.25m	33-7½	3/16
5		Chelsey COTE	SO #4 Thomas (Maine) {2}	10.25m	33-7½	3/1
7		Elizabeth GRAHAM	JR #1 Tufts {2}	9.98m	32-9	3/16
8		Liz BOWMAN	SO #4 Thomas (Maine) {3}	9.47m	31-1	3/8
9		Sierra GUTE	SR #3 Colby	9.42m	30-11	3/23
10		Katharine ELLIOTT	FR #4 Thomas (Maine) {4}	9.09m	29-10	3/8

Women's Discus

1	65	Mary DISANTO	SR #4 Thomas (Maine)	34.89m	114-6	3/8
2		Lily MCDOWELL	SR #2 Wheaton (Mass.)	31.58m	103-8	3/16
3		Emily DOYLE	SR #5 Wellesley	30.09m	98-8¾	3/16
4		Chelsey COTE	SO #4 Thomas (Maine) {2}	28.52m	93-7	3/8
5		Megan FLETCHER	SO #6 Husson	28.39m	93-1¾	3/2
6		Aaralyn SCROGGINS	JR #6 Husson {2}	26.45m	86-9½	3/9
7		Anika WAGNER	SO #2 Wheaton (Mass.) {2}	25.17m	82-7	3/16
8		Liz BOWMAN	SO #4 Thomas (Maine) {3}	24.53m	80-5¾	3/8
9		Megan BLASIUUS	FR #4 Thomas (Maine) {4}	24.09m	79-½	3/8
10		Kenya FRANCIS	SO #5 Wellesley {2}	23.98m	78-8¼	3/16



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East

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Women's Hammer

1	13	Anika WAGNER	SO	#2 Wheaton (Mass.)	47.35m	155-4	3/16
2	49	Lily MCDOWELL	SR	#2 Wheaton (Mass.){2}	41.69m	136-10	3/16
3	50	Elizabeth GRAHAM	JR	#1 Tufts	41.57m	136-5	3/16
4	75	Maja NIELSEN	JR	#1 Tufts	{2} 39.41m	129-4	3/16
5	89	Kenya FRANCIS	SO	#5 Wellesley	38.14m	125-2	3/16
6	99	Tianna ROGERS	JR	#2 Wheaton (Mass.){3}	37.79m	124-0	3/16
7		Cecilia LABARGE	FR	#1 Tufts	{3} 36.39m	119-5	3/16
8		Megan FLETCHER	SO	#6 Husson	35.35m	116-0	3/2
9		Aaralyn SCROGGINS	JR	#6 Husson	{2} 33.65m	110-5	3/9
10		Emily DOYLE	SR	#5 Wellesley	{2} 30.39m	99-8½	3/16

Women's Javelin

1	28	Julia RENY	JR	#4 Thomas (Maine)	35.50m	116-6	3/8
2	47	Madelyn SILVEIRA	SR	#1 Tufts	33.65m	110-5	3/15
3	48	Emily DOYLE	SR	#5 Wellesley	33.24m	109-1	3/16
4	71	Tessa PLAYER	FR	#1 Tufts	{2} 31.37m	102-11	3/15
5	86	Emma BURR	FR	#4 Thomas (Maine) {2}	30.54m	100-3	3/8
6		Megan FLETCHER	SO	#6 Husson	25.28m	82-11¼	3/9
7		Sydney SPIVY	SR	#1 Tufts	{3} 24.31m	79-9¼	3/15
8		Sierra GUTE	SR	#3 Colby	21.18m	69-6	3/23
9		Aaralyn SCROGGINS	JR	#6 Husson	{2} 20.47m	67-2	3/9
10		Maddy REDDING	JR	#4 Thomas (Maine) {3}	19.28m	63-3¼	3/8

Women's Heptathlon

1	7	Madelyn SILVEIRA	SR	#1 Tufts	3,983		3/15
2	12	Tessa PLAYER	FR	#1 Tufts	{2} 3,477		3/15
3	13	Sydney SPIVY	SR	#1 Tufts	{3} 3,363		3/15



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Great Lakes

as of 3/25/2024 4:34:24 PM ET

Women's 100 Meters

1	22	Bri HAY	FR	#8 Baldwin Wallace	12.38w	(3.1)	3/23
2	30	Abby COLLIER	JR	#8 Baldwin Wallace{2}	12.44w	(2.1)	3/23
3	44	Lisa-Maria MARKAU	SR	#24 Defiance	12.54	(0.9)	3/9
4	48	Genevieve ARNOLD	JR	#14 John Carroll	12.55w	(2.1)	3/23
4	48	Sara SCHERMERHORN	SO	#1 Hope	12.55	(-1.3)	3/16
6	100	Anaya JOLIVETTE	JR	#7 Denison	12.89	(-1.1)	3/23
7		Mia SCOTT	JR	#14 John Carroll {2}	12.91w	(2.1)	3/23
8		Drew PATTERSON	SR	#11 Wooster	12.96w	(3.0)	3/16
9		Zoe ROMANOWSKI	SR	#12 Allegheny (Pa.)	12.99	(0.4)	3/23
9		Rosie MURRAY	SO	#14 John Carroll {3}	12.99	(-0.5)	3/23

Women's 100 Meter Hurdles

1	4	Daysia HARGRAVE	JR	#11 Wooster	14.59w	(2.3)	3/16
2	12	Katie MOORE	JR	#2 DePauw	14.83w	(2.4)	3/16
3	15	Nayaisha EDMOND	SR	Albion	14.99	(2.0)	3/9
4	26	Narindwa SEMAKULA	SO	#6 Rose-Hulman	15.26w	(2.4)	3/16
5	44	Liberty SCOTT	FR	#2 DePauw {2}	15.77w	(2.4)	3/16
6	51	Genevieve ARNOLD	JR	#14 John Carroll	15.87	(-0.3)	3/23
7	54	Emma GRAY	FR	#2 DePauw {3}	15.89w	(2.4)	3/16
8	60	Maria DA CUNHA	SO	#15 Capital	16.15w	(2.8)	3/23
9	72	Kaelyn KING	FR	#16 Hanover	16.38w	(2.5)	3/16
10	76	Katie MCKINLEY	JR	#2 DePauw {4}	16.42w	(2.4)	3/16

Women's 200 Meters

1	2	Sara SCHERMERHORN	SO	#1 Hope	24.75	(-0.1)	3/16
2	6	Madjo DOUMBIA	JR	#5 Centre	25.10	(1.8)	3/15
3	18	Shelby STALL	FR	#2 DePauw	25.46	(1.3)	3/16
4	36	Bri HAY	FR	#8 Baldwin Wallace	25.84	(0.0)	3/23
5	56	Catherine LEAHY	SO	#1 Hope {2}	26.07	(1.0)	3/16
6	79	Lisa-Maria MARKAU	SR	#24 Defiance	26.39	(-0.9)	3/9
7		Emma FEHRMAN	JR	#22 Marietta	26.59w	(2.3)	3/16
8		Elizabeth RABORN	FR	#2 DePauw {2}	26.63	(1.3)	3/16
9		Rosie MURRAY	SO	#14 John Carroll	26.82	(-1.6)	3/23
10		Jasmine ZIMMERMAN	SO	#1 Hope {3}	26.84	(-0.9)	3/9

Women's 400 Meters

1	5	Sophia ELLERKMANN	SR	#7 Denison	57.31		3/23
2	24	Lisa-Maria MARKAU	SR	#24 Defiance	59.03		3/2
3	26	Catherine LEAHY	SO	#1 Hope	59.07		3/16
4	56	Erin MORAN	SR	#1 Hope {2}	1:00.66		3/16
5	65	Katelyn STAPLETON	SO	#4 Ohio Wesleyan	1:01.02		3/23
6	71	Alanna BARNETT	FR	#8 Baldwin Wallace	1:01.16		3/23
7	73	Jasmine ZIMMERMAN	SO	#1 Hope {3}	1:01.18		3/9
8	78	Michaela HIERONYMUS	SO	#22 Marietta	1:01.21		3/16
9	80	Addystin LYKINS	JR	#4 Ohio Wesleyan {2}	1:01.29		3/23
10		Ignacia MENDEZ	JR	#11 Wooster	1:01.96		3/16

Women's 400 Meter Hurdles

1	2	Katie MOORE	JR	#2 DePauw	1:03.44		3/16
2	17	Aliisa JAMES	JR	#4 Ohio Wesleyan	1:06.30		3/23
3	25	Maria DA CUNHA	SO	#15 Capital	1:06.95		3/16
4	28	Janea BOTTINELLI	JR	#5 Centre	1:07.04		3/15
5	47	Ava SINEX	FR	#7 Denison	1:08.84		3/23
6	55	Liberty SCOTT	FR	#2 DePauw {2}	1:09.28		3/16
7	68	Alliyah THOMAS	FR	Spalding	1:10.30		3/23
8	73	Eliana JOHNSON	SO	#1 Hope	1:10.48		3/16
9	77	Jessica KWASNY	JR	#3 Case Western Re	1:10.79		3/23
10	78	Jada HUNTER-HAYS	JR	#6 Rose-Hulman	1:10.83		3/16

Women's 800 Meters

1	35	Emma JACOBS	JR	#2 DePauw	2:20.52		3/16
2	40	Amanda MARKHAM	FR	#1 Hope	2:21.17		3/16
3	55	Anna BROWN	SO	#17 Kenyon	2:22.51		3/16
4	61	Annalise GRAMMEL	SR	#2 DePauw {2}	2:22.94		3/16
5	66	Jessica CAMPBELL	JR	#20 Franciscan	2:23.33		3/23
6	69	Stella FARMER	FR	#1 Hope {2}	2:23.79		3/16
7	71	Muhorakeye JOYEUSE	FR	#13 Berea (Ky.)	2:23.80		3/23
8	75	Grace JACKSON	JR	#3 Case Western Re	2:24.15		3/23
9	82	Kennedy SCHLESSMAN	FR	#10 Mount Union	2:24.60		3/23
9	82	Sophie PORTER	JR	#2 DePauw {3}	2:24.60		3/16

Women's 1500 Meters

1	15	Olivia QUILLAN	SR	#1 Hope	4:42.62		3/16
2	38	Lauren IAGNEMMA	SO	#3 Case Western Re	4:49.01		3/23
3	41	Amberleigh SORENSEN	SR	#16 Hanover	4:49.40		3/16
4	50	Sophie PORTER	JR	#2 DePauw	4:50.38		3/16
5	56	Bailey PUCKETT	SO	#21 Trine	4:51.46		3/23
6	80	Gianini VENUTO	JR	#10 Mount Union	4:53.99		3/23
7	85	Madison STONESTREET	SO	#13 Berea (Ky.)	4:54.42		3/23
8	90	Anna BROWN	SO	#17 Kenyon	4:55.02		3/16
9	92	Lauren DOSCH	FR	#20 Franciscan	4:55.22		3/23
10	98	Cara BODARY	SR	#7 Denison	4:56.00		3/23

Women's 5000 Meters

1	6	Rebecca MARKHAM	SR	#1 Hope	17:39.76		3/16
2	15	Zoe WARD	FR	#4 Ohio Wesleyan	17:53.52		3/23
3	48	Brynn URBAN	JR	#2 DePauw	18:23.17		3/16
4	49	McKenna DOWNING	SO	#4 Ohio Wesleyan {2}	18:23.47		3/23
5	52	Grace FLORES	FR	#2 DePauw {2}	18:24.68		3/16
6	55	Sidney SWICK	SO	#21 Trine	18:25.33		3/23
7	60	Mary ENGLAND	FR	#1 Hope {2}	18:28.36		3/16
8	63	Grace THOMAS	FR	#2 DePauw {3}	18:29.06		3/16
9	73	Athena THARENOS	SR	#11 Wooster	18:35.99		3/16
10	74	Nelly STAFFORD	JR	#12 Allegheny (Pa.)	18:37.83		3/23



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WOMEN — 2024 Week #1, March 25



Great Lakes

as of 3/25/2024 4:34:24 PM ET

Women's 4x100 Relay

1	26	Ava Schmidt, Catherine Leahy, Frances Cozzens, Sara Schermerhorn	#1 Hope	49.46	3/16
2	28	Elizabeth Raborn, Lillian Boston, Emma Gray, Shelby Stall	#2 DePauw	49.84	3/16
3	37	Piper Lee, Sophia Ellerkmann, Libby Hornick, Anaya Jolivet	#7 Denison	50.30	3/23
4	47	Jessica Klonowski, Morgan Aloï, Ilana Tucker, Abby Collier	#8 Baldwin Wallace	51.11	3/23
5	56	Maria Da Cunha, Hanna Bauer, Claire Larger, Allie Mongold	#15 Capital	51.86	3/23
6	57	Narindwa Semakula, Rofiat Adeyemi, Alex Adams, Emma Johns	#6 Rose-Hulman	51.88	3/16
7	62	#Type!	#23 Olivet	52.46	3/23

Women's 4x400 Relay

1	6	Catherine Leahy, Erin Moran, Amanda Markham, Sara Schermerhorn	#1 Hope	3:56.99	3/16
2	37	Libby Hornick, Ava Sinex, Anaya Jolivet, Piper Lee	#7 Denison	4:14.07	3/23
3	38	Liberty Bunting, Abigail Derry, Kilikina Schultz, Averi Wallace	#18 Muskingum	4:14.70	3/16
4	39	Melanie Taylor, Jessica Kwasny, Ayla Grabenbauer, Grace Misiunas	#3 Case Western Re	4:15.20	3/23
5	45	Rachel Bollo, Olivia Finke, Tashe Lee, Genevieve Legawiec	#9 Otterbein	4:16.88	3/23
6	46	Daysia Hargrave, Ignacia Mendez, Emily Munson, Athena Tharenos	#11 Wooster	4:17.18	3/16
7	48	Katurah Plecko, Alanna Barnett, Rylee Barno, Erica Bowers	#8 Baldwin Wallace	4:17.52	3/23
8	54	Annalise Grammel, Shelby Stall, Liberty Scott, Katie McKinley	#2 DePauw	4:21.27	3/16
9	55	Hanna Bauer, Allie Mongold, Ernieha Guerrier, Maria Da Cunha	#15 Capital	4:21.88	3/23
10	61	#Type!	#23 Olivet	4:26.13	3/23

Women's High Jump

1	1	Alexis WEBER	FR	#9 Otterbein	1.65m	5-5	3/16
2	18	Drew PATTERSON	SR	#11 Wooster	1.58m	5-2¼	3/16
3	39	Abigail KIRBY	FR	#25 Earlham	1.53m	5-¼	3/16
4	53	Rylee GORRELL	FR	#8 Baldwin Wallace	1.51m	4-11½	3/23
5	58	Sara GENNUSO	FR	#14 John Carroll	1.50m	4-11	3/23
5	58	Marissa HILL	FR	#18 Muskingum	1.50m	4-11	3/23
5	58	Natalie CHRISTNAGEL	SO	#1 Hope	1.50m	4-11	3/16
8	76	Amanda RADKE	JR	#9 Otterbein	{2} 1.49m	4-10½	3/16
8	76	Charlie DOLLIVER	SO	#9 Otterbein	{2} 1.49m	4-10½	3/16
10	78	Anna LERVICK	FR	#2 DePauw	1.48m	4-10¼	3/16
10	78	Abby HARTMAN	JR	#2 DePauw	1.48m	4-10¼	3/16
10	78	Audrey EDWARDS	FR	#6 Rose-Hulman	1.48m	4-10¼	3/16

Women's Pole Vault

1	1	Peyton PROFFITT	SO	#9 Otterbein	4.00m	13-1½	3/23
2	11	Jessica MASON	FR	#10 Mount Union	3.51m	11-6¼	3/23
3	17	Kayla MCADAMS	JR	#10 Mount Union	{2} 3.41m	11-2¼	3/23
4	19	Katie SEINEN	SO	Calvin	3.35m	10-11¾	3/23
4	19	Claire COLEMAN	SO	#4 Ohio Wesleyan	3.35m	10-11¾	3/23
6	27	Annie WANK	FR	#3 Case Western Re	3.26m	10-8¼	3/23
7	34	Corinne INKLEY	FR	#12 Allegheny (Pa.)	3.20m	10-6	3/23
7	34	Emma STEMEN	SR	#2 DePauw	3.20m	10-6	3/16
9	45	Annalyse AMES	FR	#10 Mount Union	{3} 3.11m	10-2½	3/23
10	50	Addie BECK	FR	#4 Ohio Wesleyan	{2} 3.05m	10-0	3/23

Women's Long Jump

1	7	Jasmine CLAUNCH	SR	#5 Centre	5.36m	17-7 (0.0)	3/15
2	16	Lexi WACHTMAN	JR	#19 Heidelberg	5.20mw	17-¾ (2.6)	3/23
3	19	Jerneisha LEWIS	JR	#13 Berea (Ky.)	5.16m	16-11¼ (1.6)	3/23
4	26	Rofiat ADEYEMI	SR	#6 Rose-Hulman	5.13m	16-10 (1.4)	3/16
5	36	Serena MCNEILLY	FR	#5 Centre	{2} 5.07m	16-7¾ (1.0)	3/15
6	37	Callie GORMLEY	JR	#5 Centre	{3} 5.06m	16-7¼ (0.5)	3/15
7	66	Ashyia MADDICKES	FR	#13 Berea (Ky.)	{2} 4.96m	16-3¼ (1.5)	3/23
8	73	Anaya JOLIVETTE	JR	#7 Denison	4.94m	16-2½ (-2.0)	3/23
9		Shelby SMITH	SR	#5 Centre	{4} 4.83m	15-10¼ (0.0)	3/15
9		Daysia HARGRAVE	JR	#11 Wooster	4.83m	15-10¼ (1.9)	3/16
9		Jakeisha LEWIS	JR	#13 Berea (Ky.)	{3} 4.83m	15-10¼ (0.5)	3/23

Women's Triple Jump

1	5	Paula SORIC	JR	#17 Kenyon	11.40m	37-5 (1.0)	3/16
2	7	Emma FEHRMAN	JR	#22 Marietta	11.16m	36-7½ (0.0)	3/16
3	9	Rofiat ADEYEMI	SR	#6 Rose-Hulman	11.05mw	36-3 (2.8)	3/16
4	15	Kyra HICKS	SR	#6 Rose-Hulman	{2} 10.85mw	35-7¼ (2.5)	3/16
5	27	Sarah OZEKI	JR	#3 Case Western Re	10.69m	35-1 (1.1)	3/23
6	32	Tessa KOCHERT	SO	#2 DePauw	10.62mw	34-10¼ (2.9)	3/16
7	36	Emily HOPKINS	JR	#3 Case Western Re	{2} 10.54mw	34-7 (2.4)	3/23
8	50	Anna LERVICK	FR	#2 DePauw	{2} 10.28mw	33-8¾ (2.2)	3/16
9	51	Drew PATTERSON	SR	#11 Wooster	10.27m	33-8½ (1.1)	3/16
10	57	Charlie DOLLIVER	SO	#9 Otterbein	10.19mw	33-5¼ (3.2)	3/23



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Women's Shot Put

1	5	Jessie STENGER	JR	#16 Hanover	12.96m	42-6¼	3/16
2	7	Greta ROBRAHN	JR	#1 Hope	12.77m	41-10¾	3/16
3	10	Amyah CHOSA	FR	#8 Baldwin Wallace	12.73m	41-9¼	3/23
4	12	Makenna RUDY	FR	#10 Mount Union	12.59m	41-3¾	3/23
5	19	Lauren FOUTCH	SR	#5 Centre	12.35m	40-6¼	3/15
6	28	Kamryn BICE	SO	#1 Hope	{2}11.98m	39-3¾	3/16
7	38	Makayla SITZLAR	SO	#10 Mount Union	{2}11.72m	38-5½	3/23
8	41	Kylee SILVERMAN	SR	#7 Denison	11.69m	38-4¼	3/23
9	53	Emma MILLER	JR	#12 Allegheny (Pa.)	11.37m	37-3¾	3/23
10	61	Mila NOEL	FR	#4 Ohio Wesleyan	11.23m	36-10¼	3/23

Women's Discus

1	5	Lauren FOUTCH	SR	#5 Centre	41.28m	135-5	3/15
2	31	Brigid MACK	JR	#20 Franciscan	37.56m	123-3	3/16
3	36	Adrienne WACHTMAN	JR	#3 Case Western Re	37.38m	122-8	3/16
4	38	Carolina SNYDER-PEREZ	SO	#6 Rose-Hulman	37.22m	122-2	3/16
5	39	Lindsay JESSIE	FR	#5 Centre	{2}37.19m	122-0	3/15
6	40	Emily DAVIS	SO	#4 Ohio Wesleyan	37.18m	122-0	3/23
7	48	Makayla SITZLAR	SO	#10 Mount Union	36.54m	119-11	3/23
8	49	Sidney RAMBO	JR	#10 Mount Union	{2}36.48m	119-8	3/23
9	51	Lilly JOHNS	JR	#8 Baldwin Wallace	36.15m	118-7	3/23
10	53	Jessie STENGER	JR	#16 Hanover	36.08m	118-5	3/16

Women's Hammer

1	5	Lauren ROSKUSZKA	JR	#3 Case Western Re	48.93m	160-7	3/16
2	8	Ainsley WIESNER	SR	#11 Wooster	48.29m	158-5	3/16
3	12	Lauren FOUTCH	SR	#5 Centre	47.53m	155-11	3/15
4	20	Ailean DUFFIE	JR	#3 Case Western Re	{2}45.97m	150-10	3/23
5	24	Michelle LEE	SO	#3 Case Western Re	{3}44.78m	146-11	3/16
6	26	Kylee SILVERMAN	SR	#7 Denison	44.48m	145-11	3/23
7	27	Sarah HART	SO	#14 John Carroll	44.40m	145-8	3/23
8	29	Laila DAVIS	JR	#12 Allegheny (Pa.)	44.22m	145-1	3/23
9	30	Rachel GINN	JR	#3 Case Western Re	{4}44.11m	144-9	3/23
10	31	Amy POLLACK	SR	#7 Denison	{2}44.10m	144-8	3/23

Women's Javelin

1	17	Elizabeth LUBOLD	SO	#12 Allegheny (Pa.)	37.15m	121-11	3/9
2	24	Aaliyah JONES	SR	#6 Rose-Hulman	36.17m	118-8	3/16
3	30	Amanda TIMONEN	JR	#1 Hope	35.17m	115-5	3/16
4	35	Angie BAWEK	FR	#12 Allegheny (Pa.)	{2}34.99m	114-10	3/9
5	53	Phoebe DRESCHER	FR	#4 Ohio Wesleyan	32.98m	108-3	3/23
6	59	Lauren ROSKUSZKA	JR	#3 Case Western Re	32.15m	105-6	3/23
7	61	Elisabeth STOTMAN	SR	#1 Hope	{2}31.95m	104-10	3/9
8	89	Karly ROELOFS	SO	#1 Hope	{3}30.47m	99-11¾	3/9
9	97	Reese RECKER	JR	#19 Heidelberg	29.90m	98-1¼	3/23
10	99	Molly STEVENER	FR	#2 DePauw	29.79m	97-9	3/16

Women's Heptathlon

1	14	Charlie DOLLIVER	SO	#9 Otterbein	3,335		3/16
2	16	Amanda RADKE	JR	#9 Otterbein	{2}2,962		3/16



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Metro

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Women's 100 Meters

1	57	Mya WALKER	FR	#1 Rowan	12.60w	(2.2)	3/16
2	68	Brianna DESANTO	FR	#1 Rowan	{2}12.71	(1.7)	3/16
3		Brooke DRIVER	SO	#1 Rowan	{3}13.20	(1.7)	3/16
4		Paige BONCZEK	FR	#3 Stockton	13.44w	(2.1)	3/22
5		Breyanna ROPER	JR	#6 DeSales	13.48	(-0.2)	3/23
6		Alexis GROFF	SR	#4 Moravian	13.69	(-1.3)	3/23
7		McKenna PONTARI	FR	#3 Stockton	{2}13.72w	(2.1)	3/22
8		Melissa PELLER	JR	#6 DeSales	{2}13.86	(-2.1)	3/23
9		Ali HAEFELE	SO	#4 Moravian	{2}14.20	(-1.3)	3/23
10		Ashley RODRIGUES	JR	#4 Moravian	{3}14.34	(-0.9)	3/23

Women's 100 Meter Hurdles

1	47	Gloria HUGHES	JR	#1 Rowan	15.81	(-1.4)	3/16
2	54	Carmelle ALEXIS	JR	#7 Rutgers-Newark	15.89	(-0.3)	3/16
3	62	Hannah SWALE	SO	#5 Swarthmore	16.16	(-1.5)	3/15
4	72	Brya BYRD	SR	#7 Rutgers-Newark	{2}16.38	(-0.3)	3/16
5	77	Abigail GALLACHER	FR	#3 Stockton	16.43	(1.5)	3/22
6	89	Sarah SCEPKOWSKI	SO	#2 TCNJ	16.66	(1.5)	3/22
7	94	Cristen MOLIWOLO	SO	#3 Stockton	{2}16.72	(1.5)	3/22
8		Natalie KRONCKE	FR	#3 Stockton	{3}16.86	(1.5)	3/22
9		Isabella DEMASSA	JR	#4 Moravian	17.79	(-1.9)	3/23
10		Erin MCGAULEY	SO	#2 TCNJ	{2}18.34	(1.5)	3/22

Women's 200 Meters

1	25	Kathleen PEDERSEN	SR	#1 Rowan	25.61	(0.1)	3/16
2	41	Abigail GIAMONI	JR	#4 Moravian	25.90	(-1.7)	3/23
3	91	Mya WALKER	FR	#1 Rowan	{2}26.50	(1.7)	3/16
4		Ashanae MORRISON	JR	#3 Stockton	26.58	(0.2)	3/22
5		Kelsey THOMAS	FR	#2 TCNJ	26.87	(0.2)	3/22
6		Brooke DRIVER	SO	#1 Rowan	{3}27.05	(1.6)	3/16
7		Lindsay BEDNAREK	SO	#6 DeSales	27.10	(0.2)	3/23
8		Samantha MAGIN	FR	#2 TCNJ	{2}27.20	(0.2)	3/22
9		Nadya COLEMAN	FR	#7 Rutgers-Newark	27.57w	(2.2)	3/16
10		Emma CONROY	SO	#3 Stockton	{2}27.61	(0.3)	3/22

Women's 400 Meters

1	23	Abigail GIAMONI	JR	#4 Moravian	59.02		3/23
2	52	Rukiyat DARANIJO	FR	#2 TCNJ	1:00.56		3/22
3	85	Avery PELUSZAK	FR	#6 DeSales	1:01.47		3/23
4	94	Kelsey THOMAS	FR	#2 TCNJ	{2}1:01.77		3/22
5	98	Miranda KASHYNSKI	SR	#5 Swarthmore	1:01.88		3/16
6		Rachele GRIGOLI	FR	#4 Moravian	{2}1:02.52		3/23
7		Samantha MAGIN	FR	#2 TCNJ	{3}1:02.57		3/22
8		Cameron RUFFINI	SO	#2 TCNJ	{4}1:02.70		3/22
9		Lindsay HAND	FR	#3 Stockton	1:03.56		3/22
10		Shai KNIGHT	SO	#4 Moravian	{3}1:03.70		3/23

Women's 400 Meter Hurdles

1	8	Molly LODGE	JR	#1 Rowan	1:04.07		3/16
2	16	Emma PETROLIA	SO	#3 Stockton	1:05.71		3/22
3	22	Mackenzie BURKE	FR	#2 TCNJ	1:06.70		3/22
4	23	Brianna DESANTO	FR	#1 Rowan	{2}1:06.82		3/16
5	59	Abigail PETROLIA	FR	#3 Stockton	{2}1:09.75		3/22
6	60	Brya BYRD	SR	#7 Rutgers-Newark	1:09.78		3/16
7	65	Carmelle ALEXIS	JR	#7 Rutgers-Newark	{2}1:10.07		3/16
8	69	Erin HANLON	JR	#2 TCNJ	{2}1:10.33		3/22
9	99	Ellie HALLMAN	SO	#3 Stockton	{3}1:12.54		3/22
10		Natalie KRONCKE	FR	#3 Stockton	{4}1:13.67		3/22

Women's 800 Meters

1	31	Amanda MCNALLY	SR	#1 Rowan	2:20.28		3/16
2	49	Kelly O'GRADY	SO	#2 TCNJ	2:21.90		3/22
3	54	Anna SASSE	JR	#1 Rowan	{2}2:22.48		3/16
4	67	Gianna BURGIO	SO	#1 Rowan	{3}2:23.51		3/16
5	79	Ally WERNIK	FR	#1 Rowan	{4}2:24.55		3/16
6	96	Olivia MONTINI	SO	#5 Swarthmore	2:25.12		3/16
7	98	Rizzo AVA	FR	#1 Rowan	{5}2:25.33		3/16
8		Alexis RUSHATZ	JR	#4 Moravian	2:27.88		3/23
9		Rylie MURPHY	JR	#4 Moravian	{2}2:28.82		3/23
10		Emily ZANNI	FR	#1 Rowan	{6}2:29.25		3/16

Women's 1500 Meters

1	27	Anna SASSE	JR	#1 Rowan	4:46.55		3/16
2	39	Ally WERNIK	FR	#1 Rowan	{2}4:49.07		3/16
3	71	Amanda MCNALLY	SR	#1 Rowan	{3}4:53.32		3/16
4	96	Cameron WRIGHT	SR	#1 Rowan	{4}4:55.44		3/16
5		Emily ZANNI	FR	#1 Rowan	{5}4:57.03		3/16
6		Haley ESTUS	JR	#6 DeSales	5:01.71		3/23
7		Gianna BURGIO	SO	#1 Rowan	{6}5:03.55		3/16
8		Mia GUERRA	SR	#1 Rowan	{7}5:05.72		3/16
9		Lauren BARKER	FR	#2 TCNJ	5:06.72		3/22
10		Elena BOCCHETTI	SO	#4 Moravian	5:11.84		3/23

Women's 5000 Meters

1	17	Tara SMURLA	SO	#4 Moravian	17:55.98		3/23
2	54	Haley ESTUS	JR	#6 DeSales	18:24.84		3/23
3		Meghan MYERS	SO	#4 Moravian	{2}18:53.68		3/23
4		Shae ZEITLER	JR	#6 DeSales	{2}19:20.08		3/23
5		Kayla O'NEIL	FR	#4 Moravian	{3}19:28.17		3/23
6		Caitlyn SACCARY	SR	#6 DeSales	{3}19:30.96		3/23
7		Ally MEEKS	JR	#4 Moravian	{4}20:24.15		3/23
8		Alyssa HOCKENBERRY	FR	#4 Moravian	{5}20:26.58		3/23
9		Alexis HOCKENBERRY	FR	#4 Moravian	{6}20:27.39		3/23
10		Tori CHAMPAGNE	SO	#4 Moravian	{7}20:31.59		3/23

Women's 4x100 Relay

1	35	Emma Conroy, Ashanae Morrison, Cameron Radcliffe, Khristina Washington	#3 Stockton	50.20		3/22
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Women's 4x400 Relay

1	19	Kelly O'Grady, Mackenzie Burke, Kelsey Thomas, Rukiyat Daranijo	#2 TCNJ	4:06.59	3/22
2	26	Emma Conroy, Abigail Petrolia, Emma Petrolia, Kayla Sullivan	#3 Stockton	4:09.43	3/22
3	40	Carmelle Alexis, Brya Byrd, Chidimma Igwe, Zrreyah Moore	#7 Rutgers-Newark	4:15.67	3/16
4	53	Morgan Mouer, Sophia Goodwin, Lucy Valencia, Olivia Montini	#5 Swarthmore	4:20.18	3/16

Women's High Jump

1	18	Trelstad T	JR	#5 Swarthmore	1.58m	5-2¼	3/16
2	22	Kayley HARNETT	JR	#2 TCNJ	1.57m	5-1¾	3/22
3	45	Sarah SCEPKOWSKI	SO	#2 TCNJ	{2} 1.52m	4-11¾	3/22
3	45	Kaitlyn VERVER	JR	#3 Stockton	1.52m	4-11¾	3/22
5	58	Alexis GROFF	SR	#4 Moravian	1.50m	4-11	3/23
6	85	Abigail PFAFF	JR	#2 TCNJ	{3} 1.47m	4-9¾	3/22
6	85	Hannah SWALE	SO	#5 Swarthmore	{2} 1.47m	4-9¾	3/15
8		Caroline HILL	FR	#5 Swarthmore	{3} 1.41m	4-7½	3/15
9		Lindsay HAND	FR	#3 Stockton	{2} 1.37m	4-6	3/22
9		Maya ROSADO	SO	#3 Stockton	{2} 1.37m	4-6	3/22

Women's Pole Vault

1	34	Emma MELE	JR	#6 DeSales	3.20m	10-6	3/23
2	61	Julia DAKWAR	SR	#2 TCNJ	3.00m	9-10	3/22
3	80	Madison FEY	JR	#3 Stockton	2.85m	9-4¼	3/22
4		Isabella MRAZ	SO	#2 TCNJ	{2} 2.55m	8-4¼	3/22

Women's Long Jump

1	11	Lia MALAVE	FR	#2 TCNJ	5.28m	17-4 (2.0)	3/22
2	23	Kathleen GSELL	FR	#2 TCNJ	{2} 5.14mw	16-10½ (2.4)	3/22
3	29	Emma PETROLIA	SO	#3 Stockton	5.11m	16-9¼ (1.1)	3/22
4	32	Sidney WHETSTONE	JR	#1 Rowan	5.09m	16-8½ (0.8)	3/23
5	40	Ali HAEFELE	SO	#4 Moravian	5.05m	16-7 (-0.4)	3/23
6	73	Lydia MORRIS- KLIMENT	FR	#5 Swarthmore	4.94m	16-2½ (1.9)	3/16
7	83	Erin MCGAULEY	SO	#2 TCNJ	{3} 4.91mw	16-1½ (2.4)	3/22
8	91	McKenna PONTARI	FR	#3 Stockton	{2} 4.88m	16-¼ (1.7)	3/22
9	100	Mikailia DONMOYER	SO	#6 DeSales	4.84m	15-10½ (-1)	3/23
10		Janitza HERNANDEZ- ALBINO	FR	#9 Eastern (Pa.)	4.82m	15-9¾ (1.0)	3/23

Women's Triple Jump

1	8	Sophia GOODWIN	FR	#5 Swarthmore	11.06mw	36-3½ (2.1)	3/16
2	13	Ali HAEFELE	SO	#4 Moravian	10.89m	35-8¾ (0.3)	3/23
3	29	Alyssa ZHANG	SR	#5 Swarthmore	{2} 10.64m	34-11 (1.8)	3/16
4	35	Ashanae MORRISON	JR	#3 Stockton	10.55m	34-7½ (1.3)	3/22
5	46	Khristina WASHINGTON	SR	#3 Stockton	{2} 10.37m	34-¼ (1.4)	3/22
6	53	Catherine CRAMPTON	FR	#6 DeSales	10.24m	33-7¼ (-3.1)	3/23
7	65	Brooke VALAN	SO	#3 Stockton	{3} 10.12m	33-2½ (0.9)	3/22
8	68	Kaitlyn VERVER	JR	#3 Stockton	{4} 10.08m	33-1 (1.8)	3/22
9	72	Emily TURSCHMANN	FR	#2 TCNJ	10.00m	32-9¾ (1.0)	3/22
10	80	Mikailia DONMOYER	SO	#6 DeSales	{2} 9.88m	32-5 (-1.7)	3/23

Women's Shot Put

1	3	Isabelle DEAL	SR	#1 Rowan	13.22m	43-4½	3/16
2	14	Tate GARCIA	SO	#5 Swarthmore	12.49m	40-11¾	3/16
3	35	Kerri MCCARTHY	JR	#2 TCNJ	11.75m	38-6¾	3/22
4	52	Edith GONZALEZ	SR	#2 TCNJ	{2} 11.39m	37-4½	3/22
5	67	grace VIT	JR	#1 Rowan	{2} 11.19m	36-8½	3/16
6	86	Jess BENTLEY	FR	#3 Stockton	10.98m	36-¼	3/22
7	90	Kaydence FISCHER	FR	#2 TCNJ	{3} 10.96m	35-11½	3/22
8		Mikayla WOODRING	JR	#4 Moravian	10.67m	35-¼	3/23
9		Hannah SWALE	SO	#5 Swarthmore	{2} 10.66m	34-11¾	3/15
10		Arin PEYKAR	JR	#4 Moravian	{2} 10.52m	34-6¼	3/23

Women's Discus

1	4	Lydia MORRIS- KLIMENT	FR	#5 Swarthmore	41.49m	136-2	3/16
2	21	Margie RAYNE	SO	#4 Moravian	38.74m	127-1	3/23
3	27	Michaela POMATTO	SO	#3 Stockton	38.03m	124-9	3/22
4	56	Kaydence FISCHER	FR	#2 TCNJ	35.97m	118-0	3/22
5	72	Shanil AUGUSTE	SR	#7 Rutgers-Newark	34.51m	113-3	3/16
6		Emily DISZLER	SR	#2 TCNJ	{2} 31.32m	102-9	3/22
7		Randi WOOD	FR	#10 Ursinus	31.18m	102-4	3/23
8		Heather ADAMS	SO	#4 Moravian	{2} 29.91m	98-1¾	3/23
9		Rita SALZMANN	JR	#6 DeSales	28.14m	92-4	3/23
10		Amelia LANDRY	SO	#5 Swarthmore	{2} 28.12m	92-3¼	3/16

Women's Hammer

1	23	Kerri MCCARTHY	JR	#2 TCNJ	45.17m	148-3	3/22
2	41	Isabella FRED A	JR	#3 Stockton	42.50m	139-5	3/22
3	46	Alexia BEY	SO	#1 Rowan	41.86m	137-4	3/16
4	54	Caillie FISH	JR	#4 Moravian	41.29m	135-6	3/23
5	61	Quamora PROCTOR	JR	#3 Stockton	{2} 40.68m	133-6	3/22
6	62	Isabelle DEAL	SR	#1 Rowan	{2} 40.56m	133-1	3/16
7	80	Elizabeth AGYEI	JR	#5 Swarthmore	38.92m	127-8	3/16
8	85	Shanil AUGUSTE	SR	#7 Rutgers-Newark	38.51m	126-4	3/16
9		Morgan FARRELL	SO	#3 Stockton	{3} 37.00m	121-5	3/22
10		Emily DISZLER	SR	#2 TCNJ	{2} 36.23m	118-11	3/22



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Metro

as of 3/25/2024 4:34:25 PM ET

Women's Javelin

1	5	Isabelle DEAL	SR	#1 Rowan	40.42m	132-8	3/9
2	11	Megan CAMPANILE	FR	#3 Stockton	38.33m	125-9	3/22
3	45	Maya LATERZA		#8 FDU Florham	34.00m	111-7	3/23
4	55	Victoria DONOVAN	SR	#4 Moravian	32.80m	107-8	3/23
5	56	Annalise STEPHENS	JR	#2 TCNJ	32.77m	107-6	3/22
6	67	Allison LAVIN	FR	#2 TCNJ	{2}31.46m	103-3	3/22
7	81	Trelstad T	JR	#5 Swarthmore	30.88m	101-4	3/16
8	91	Sabrina BAER		#1 Rowan	{2}30.43m	99-10	3/9
9	93	Jess RODGERS	SR	#1 Rowan	{3}30.26m	99-3½	3/9
10		Amanda ANTICO	JR	#11 Stevens	29.70m	97-5¼	3/23

Women's Heptathlon

1	20	Caroline HILL	FR	#5 Swarthmore	2,649		3/15
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USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



Mid-Atlantic

as of 3/25/2024 4:34:25 PM ET

Women's 100 Meters

1	41	Sara PENUELA	SR	#1 Dickinson	12.52	(-0.2)	3/23
2	64	Jessica FATIGATI	SR	#2 Westminster (Pa	12.65	(0.7)	3/16
3	79	Karia FORVIL	SO	#3 Salisbury	12.76	(1.4)	3/16
4	86	Emma RUDOLPH	SR	#2 Westminster (Pa{2}	12.79	(-0.9)	3/16
5	92	Elizabeth SCHWARZ	JR	#13 Alvernia	12.81	(-0.2)	3/23
6		Chay'La RIVERS	SO	#11 St. Mary's (Md.)	12.95	(1.9)	3/16
7		Mariana PENUELA	SR	#1 Dickinson {2}	12.97	(-0.2)	3/23
8		Madison CONLEY	SR	#2 Westminster (Pa{3}	13.09	(-1.4)	3/16
9		Jenna ZENDRON	FR	#2 Westminster (Pa{4}	13.14w	(3.5)	3/9
10		Hope PETRALIA	SR	#8 Franklin & Marsh	13.17	(-0.2)	3/23

Women's 100 Meter Hurdles

1	8	Elizabeth BARRE	SR	#9 Carnegie Mellon	14.75w	(2.4)	3/23
2	29	Hannah ALDERFER	JR	#5 Susquehanna	15.29w	(2.6)	3/23
3	34	Sarah SCHNEIDER	SO	#14 Washington & Je	15.37w	(2.4)	3/23
4	41	Breannnda DAVIS	SR	#2 Westminster (Pa	15.67	(1.0)	3/9
5	47	Lauren DUNNIGAN	FR	#8 Franklin & Marsh	15.81	(0.0)	3/23
6	50	Darya MIKUSOVA	SR	#1 Dickinson	15.83	(0.0)	3/23
7	85	Caroline KOZERA	FR	#12 Saint Vincent	16.61	(0.9)	3/23
8	87	Sophia KOVATIS	SR	#1 Dickinson {2}	16.63	(0.0)	3/23
9	94	Julia ACEVEDO	SR	#5 Susquehanna {2}	16.72	(0.3)	3/23
10	100	Sarah KROEDEL	SO	#15 Stevenson	16.84	(0.5)	3/23

Women's 200 Meters

1	44	Jessica FATIGATI	SR	#2 Westminster (Pa	25.94	(0.3)	3/16
2	52	Sara PENUELA	SR	#1 Dickinson	26.03c	(26.43) (-0.3)	3/23
3	57	Emma RUDOLPH	SR	#2 Westminster (Pa{2}	26.09	(0.3)	3/16
4	80	Marlyse HAACK	SO	#3 Salisbury	26.41	(1.6)	3/16
5	83	Karia FORVIL	SO	#3 Salisbury {2}	26.46w	(3.5)	3/16
6	93	Mia HILL	SO	#3 Salisbury {3}	26.51w	(2.2)	3/16
7		Elizabeth SCHWARZ	JR	#13 Alvernia	26.68	(1.0)	3/23
8		Mariana PENUELA	SR	#1 Dickinson {2}	26.95c	(27.36) (-0.6)	3/23
9		Chay'La RIVERS	SO	#11 St. Mary's (Md.)	27.00w	(3.5)	3/16
10		Julie THOMAS	FR	#3 Salisbury {4}	27.11	(0.5)	3/16

Women's 400 Meters

1	90	Elizabeth BARRE	SR	#9 Carnegie Mellon	1:01.62		3/23
2		Emerlee SIMONS	SR	#1 Dickinson	1:02.50c	(1:03.33)	3/23
3		Avery ARRIZI	FR	#11 St. Mary's (Md.)	1:02.75		3/16
4		Chloe YODER	SR	#5 Susquehanna	1:02.80		3/23
5		Cayla LAWRENCE	FR	#4 Grove City	1:03.05		3/23
6		Caitlyn GOODRICH	SR	#2 Westminster (Pa	1:03.10		3/16
7		Annie HERMANN	FR	#4 Grove City {2}	1:03.42		3/16
8		Ashley NEWMAN	SO	#5 Susquehanna {2}	1:03.45		3/23
9		Zoe KING	SO	#9 Carnegie Mellon {2}	1:03.47		3/23
10		Lydia BENNETT	JR	#4 Grove City {3}	1:03.55		3/23
10		Abigail PAINTER	SO	#2 Westminster (Pa{2}	1:03.55		3/16

Women's 400 Meter Hurdles

1	40	Lillian BOUDREAU	SO	#7 Gettysburg	1:08.18		3/23
2	41	Darya MIKUSOVA	SR	#1 Dickinson	1:08.25		3/23
3	43	Jadyn HARTNER	SR	#14 Washington & Je	1:08.45		3/23
4	49	Breannnda DAVIS	SR	#2 Westminster (Pa	1:08.94		3/16
5	64	Julia ACEVEDO	SR	#5 Susquehanna	1:10.05		3/23
6	88	Madison LAMB	FR	#3 Salisbury	1:11.77		3/16
7		Sarah SCHNEIDER	SO	#14 Washington & Je{2}	1:13.01		3/23
8		Lauren DUNNIGAN	FR	#8 Franklin & Marsh	1:13.20		3/23
9		Caitlin STERNBERG	SR	#13 Alvernia	1:13.45		3/23
10		Abby BACHMAN	SO	#8 Franklin & Marsh{2}	1:14.12		3/23

Women's 800 Meters

1	13	Hailey CARROLL	SO	#6 Geneva	2:16.91		3/16
2	72	Grace SMITH	JR	#4 Grove City	2:24.02		3/23
3		Peri NELSON	FR	#3 Salisbury	2:26.27		3/16
4		Brittney DOUGLAS	JR	#11 St. Mary's (Md.)	2:27.04		3/16
5		Amiyah PRIEBE	JR	#1 Dickinson	2:28.48c	(2:30.19)	3/23
6		Maria GILLES	SO	#14 Washington & Je	2:29.32		3/23
7		Cayla LAWRENCE	FR	#4 Grove City {2}	2:29.74		3/16
8		Erin CONNELLY	SR	#3 Salisbury {2}	2:30.29		3/16
9		Lily RUPP	FR	#3 Salisbury {3}	2:31.06		3/16
10		Kayla BRADY	FR	#15 Stevenson	2:31.32		3/23

Women's 1500 Meters

1	35	Miranda CINCOTTA	SO	#12 Saint Vincent	4:48.49		3/16
2	63	Lydia BENNETT	JR	#4 Grove City	4:52.26		3/23
3	78	Grace SMITH	JR	#4 Grove City {2}	4:53.78		3/23
4	94	Madison KAMMER	SO	#19 Misericordia	4:55.30		3/16
5		Anna BODMER	FR	#3 Salisbury	4:59.34		3/2
6		Cayla LAWRENCE	FR	#4 Grove City {3}	5:01.98		3/16
7		Madison CASTRO	JR	#6 Geneva	5:03.81		3/16
8		Myra NAQVI	JR	#1 Dickinson	5:06.10		3/23
9		Kaylynn JOHNSON	JR	#4 Grove City {4}	5:06.62		3/23
10		Lily MURPHY	SO	#12 Saint Vincent {2}	5:09.46		3/16

Women's 5000 Meters

1	10	Claire ANDERSON	SO	#14 Washington & Je	17:47.05		3/23
2	13	Cera GASTON	SR	#13 Alvernia	17:51.67		3/23
3	16	Grace GALLAGHER	SO	#19 Misericordia	17:54.57		3/16
4	38	Carmen MEDVIT	SO	#6 Geneva	18:14.12		3/16
5	58	Kathryn HOPKINS	JR	#7 Gettysburg	18:26.79c	(18:35.26)	3/23
6	62	Sammy jo BARNES	SR	#1 Dickinson	18:28.84c	(18:37.33)	3/23
7		Katie SCOTT	FR	#8 Franklin & Marsh	18:56.53		3/16
8		Lydia BENNETT	JR	#4 Grove City	18:57.24		3/16
9		Grace SMITH	JR	#4 Grove City {2}	18:57.82		3/16
10		Brianna WAGNER	JR	#19 Misericordia {2}	19:00.89		3/16



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Women's 4x100 Relay

1	19	Jessica Fatigati, Emma Rudolph, Madison Conley, Breannnda Davis	#2 Westminster (Pa)	48.92	3/16
2	23	Hannah Alderfer, Chloe Yoder, Addison Yaukey, Alexa Rine	#5 Susquehanna	49.23	3/23
3	53	#Type!	#7 Gettysburg	51.57	3/23
4	59	#Type!	#8 Franklin & Marsh	52.09	3/23
5	60	#Type!	#1 Dickinson	52.17	3/23
6	63	Chay'La Rivers, Ariat Ojulu, Tray Mobray, Avery Arrizi	#11 St. Mary's (Md.)	52.75	3/16
7	68	Emily Garvin, Rowan Dennis, Isabella Matsook, Favour Oladapo	#6 Geneva	53.42	3/23
8	71	Susannah Lehr, Skylia Day, Kaitlyn Hess, Hannah Kepler	#15 Stevenson	54.04	3/23
9	73	Lucia Johnson, Caroline Kozera, Lauren Kozera, Miranda Guthrie	#12 Saint Vincent	54.29	3/23

Women's 4x400 Relay

1	35	Miranda Guthrie, Lily Murphy, Caroline Kozera, Miranda Cincotta	#12 Saint Vincent	4:12.22	3/16
2	42	Caitlyn Goodrich, Abigail Painter, Jenna Zendron, Breannnda Davis	#2 Westminster (Pa)	4:16.27	3/9
3	43	#Type!	#1 Dickinson	4:16.82c (4:20.23)	3/23
4	44	Abby Bachman, Annalise Kauffman, Tatum Evans, Lauren Dunnigan	#8 Franklin & Marsh	4:16.84	3/16
5	49	Avery Arrizi, Savannah Owens, Ariat Ojulu, Brittney Douglas	#11 St. Mary's (Md.)	4:18.02	3/16
6	51	#Type!	#7 Gettysburg	4:19.49c (4:22.93)	3/23
7	60	Elizabeth Schwarz, Elizabeth Kavulak, Paige Jerrahian, Jessie Torres	#13 Alvernia	4:26.06	3/23
8	63	Ashley Newman, Liza Levin, Caitlyn Kuhn, Katie Wojton	#5 Susquehanna	4:27.29	3/23
9	72	Erin Connelly, Gabriella Daskalova, Kristen Riddell, Lily Rupp	#3 Salisbury	4:37.12	3/2
10	82	Ella Boothe, Samantha Kelly, Ella Rishell, Lilly Ryer	#18 Waynesburg	4:47.79	3/16

Women's High Jump

1	18	Breannnda DAVIS	SR	#2 Westminster (Pa)	1.58m	5-2¼	3/9
2	22	Madison LAMB	FR	#3 Salisbury	1.57m	5-1¾	3/2
3	29	Emily ORIEL	SO	#10 Lebanon Valley	1.56m	5-1¼	3/23
4	39	Daphne ALEXANDER	FR	#6 Geneva	1.53m	5-¼	3/9
5	53	Carolina WEGMAN	SO	#10 Lebanon Valley {2}	1.51m	4-11½	3/23
5	53	Melena KOUTCH	JR	#10 Lebanon Valley {2}	1.51m	4-11½	3/23
7	78	Kendall CODDINGTON	FR	#4 Grove City	1.48m	4-10¼	3/16
7	78	Elly BRUNER	FR	#4 Grove City	1.48m	4-10¼	3/16
7	78	Katie BALLER	SR	#4 Grove City	1.48m	4-10¼	3/23
10	90	Morgan MOORADIAN	JR	#1 Dickinson	1.45m	4-9	3/23
10	90	Allison HUELBIG	SO	#8 Franklin & Marsh	1.45m	4-9	3/23

Women's Pole Vault

1	18	Missy TREHARN	SO	#2 Westminster (Pa)	3.40m	11-1¾	3/16
2	19	Jo-Michelle HUCZKO	SR	#9 Carnegie Mellon	3.35m	10-11¾	3/23
3	77	Alexa SCHAUDER	SR	#7 Gettysburg	2.88m	9-5¼	3/23
4	85	Kara YAUKEY	FR	#18 Waynesburg	2.80m	9-2¼	3/16
5	87	Jessica ROSS	FR	#20 Chatham	2.75m	9-¼	3/23
6	94	Olivia TAYLOR	JR	#7 Gettysburg {2}	2.73m	8-11½	3/23
7		Aliyah HILLMAN	JR	#6 Geneva	2.60m	8-6¼	3/23
7		Emily DEAGUSTINE	SR	#9 Carnegie Mellon {2}	2.60m	8-6¼	3/23
9		Stephani FRANKS	SR	#8 Franklin & Marsh	2.58m	8-5½	3/23
9		Sylvie MCMAKEN-MARSH	SO	#1 Dickinson	2.58m	8-5½	3/23

Women's Long Jump

1	26	Annie LEDER	JR	#1 Dickinson	5.13m	16-10 (0.0)	3/23
2	54	Marlyse HAACK	SO	#3 Salisbury	5.00mw	16-5 (2.3)	3/16
3	55	Lauren DUNNIGAN	FR	#8 Franklin & Marsh	4.99m	16-4½ (0.0)	3/23
4	76	Kaitlyn HESS	SO	#15 Stevenson	4.93m	16-2¼ (-0.7)	3/16
5	89	Sha'nia STIERS-ROYAL	SR	#17 Thiel	4.89m	16-½ (0.7)	3/23
6	91	Emma CHRISTMAN	SO	#3 Salisbury {2}	4.88m	16-¼ (1.9)	3/16
7		Leah BIWOTT	JR	#1 Dickinson {2}	4.82m	15-9¾ (0.0)	3/23
8		Sarah SCHNEIDER	SO	#14 Washington & Je	4.81m	15-9½ (-0.3)	3/23
9		Alexis MCFADDEN	JR	#17 Thiel {2}	4.79m	15-8¾ (2.0)	3/23
10		Taleah WILLIAMS	FR	#3 Salisbury {3}	4.75m	15-7 (-1.9)	3/2

Women's Triple Jump

1	24	Emma PARNELL	SO	#6 Geneva	10.71mw	35-1¾ (2.3)	3/9
2	40	Emma CHRISTMAN	SO	#3 Salisbury	10.49m	34-5 (0.8)	3/16
3	60	Lauren DUNNIGAN	FR	#8 Franklin & Marsh	10.16m	33-4 (0.0)	3/23
4	62	Kaitlyn HESS	SO	#15 Stevenson	10.14m	33-3¼ (0.0)	3/16
5	73	Annie LEDER	JR	#1 Dickinson	9.99m	32-9½ (0.0)	3/23
6	75	Olivia TAYLOR	JR	#7 Gettysburg	9.97m	32-8½ (0.0)	3/23
7	76	Allison HUELBIG	SO	#8 Franklin & Marsh {2}	9.96m	32-8¼ (0.0)	3/23
8	100	Aaliyah BRIDDELL	FR	#21 Goucher	9.41m	30-10½ (0.0)	3/16
9		Lena BELL	JR	#8 Franklin & Marsh {3}	8.87m	29-1¼ (0.0)	3/23



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Mid-Atlantic

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Women's Shot Put

1	7	Lexi SHIDERLY	JR	#2 Westminster (Pa	12.77m	41-10¾	3/16
2	22	Jillian ZUKLEY	FR	#11 St. Mary's (Md.)	12.27m	40-3¼	3/16
3	58	Megan WISE	SO	#4 Grove City	11.27m	36-11¾	3/16
3	58	Taylor SYMONETTE	JR	#9 Carnegie Mellon	11.27m	36-11¾	3/23
5	74	Anna Rose SAYLES	SR	#4 Grove City {2}	11.09m	36-4¾	3/23
6	76	Shelby RAMBO	SO	#2 Westminster (Pa){2}	11.07m	36-4	3/16
7		Tessa WEAVER	SR	#17 Thiel	10.69m	35-1	3/23
8		Maggie BOYER	SR	#5 Susquehanna	10.63m	34-10½	3/23
9		Paige COTTON	SR	#4 Grove City {3}	10.47m	34-4¼	3/23
10		Claire SHEARER	SR	#1 Dickinson	10.46m	34-4	3/23

Women's Discus

1	6	Shelby RAMBO	SO	#2 Westminster (Pa	41.17m	135-1	3/16
2	54	Alexis MAHAFFEY	JR	#16 Bethany (W.Va.)	36.04m	118-3	3/16
3	92	Makenna PHILSON	SO	#16 Bethany (W.Va.) {2}	33.30m	109-3	3/16
4		Alyssa BETZ	JR	#10 Lebanon Valley	32.16m	105-6	3/23
5		Damien LABRADA	FR	#1 Dickinson	32.04m	105-2	3/23
6		Kailey JARBOE	SO	#3 Salisbury	31.75m	104-2	3/16
7		Lauryn GUILD	FR	#6 Geneva	31.72m	104-1	3/23
8		Teagan PIERCE	SO	#17 Thiel	31.58m	103-8	3/16
9		Abby EVERETT	SR	#1 Dickinson {2}	31.54m	103-6	3/23
10		Danika SUDAR	JR	#4 Grove City	31.36m	102-11	3/23

Women's Hammer

1	15	Maggie BOYER	SR	#5 Susquehanna	46.69m	153-2	3/23
2	25	Abby EVERETT	SR	#1 Dickinson	44.50m	146-0	3/23
3	37	Alexis MAHAFFEY	JR	#16 Bethany (W.Va.)	43.00m	141-1	3/23
4	38	Allison STANDISH	SO	#6 Geneva	42.93m	140-10	3/9
5	59	Gabby BELLOMO	SR	#19 Misericordia	40.96m	134-5	3/16
6	69	Jenna DEEP	SO	#1 Dickinson {2}	40.07m	131-6	3/23
7	82	Kayla ROUNTREE	JR	#9 Carnegie Mellon	38.71m	127-0	3/23
8		Lauren ASSANTE	JR	#10 Lebanon Valley	37.63m	123-6	3/23
9		Caroline GENSINGER	SO	#7 Gettysburg	36.15m	118-7	3/23
10		Paulina BIAGIONI	SO	#5 Susquehanna {2}	34.97m	114-9	3/23

Women's Javelin

1	6	Holly FERRARA	SR	#7 Gettysburg	40.36m	132-5	3/23
2	19	Isabelle ILIEV	SR	#17 Thiel	37.03m	121-6	3/23
3	34	Emily GARVIN	FR	#6 Geneva	35.01m	114-11	3/23
4	38	Megan BARRY	JR	#18 Waynesburg	34.89m	114-6	3/16
5	42	Grace TICE	SR	#16 Bethany (W.Va.)	34.23m	112-4	3/16
6	44	Delaynee MCLEOD	SR	#5 Susquehanna	34.09m	111-10	3/23
7	58	Kaitlyn SNYDER	SO	#10 Lebanon Valley	32.33m	106-1	3/23
8	70	Bella DAUBERMAN	FR	#5 Susquehanna {2}	31.39m	103-0	3/23
9	73	Rachel BRADY	SO	#2 Westminster (Pa	31.27m	102-7	3/9
10	77	Isabella LESKO	SO	#13 Alvernia	31.18m	102-4	3/23



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



Mideast

as of 3/25/2024 4:34:26 PM ET

Women's 100 Meters

1	21	Rachel ARTHUR	JR	#2 Williams	12.37	(-2.1)	3/16
2	26	Michelle LOUIE	SR	#1 Middlebury	12.41	(1.6)	3/16
3	38	Mackenzie DAGGITT	JR	#1 Middlebury	{2}12.49	(1.6)	3/16
4	54	Katie BRUNO	SO	#1 Middlebury	{3}12.58	(1.9)	3/16
5	59	Melissa WHITE	SO	#1 Middlebury	{4}12.61	(1.4)	3/16
6	65	Ella SUKUP	SO	#2 Williams	{2}12.66w	(2.3)	3/16
7	87	Annabel CLONEY	SO	#1 Middlebury	{5}12.80	(1.9)	3/16
8		Megan CHESTER	FR	#2 Williams	{3}12.92w	(3.2)	3/23
9		Emmanuelle CHRISTOPHER	FR	#1 Middlebury	{6}13.06w	(2.6)	3/16
10		Traci FRANCIS	JR	#3 Vassar	13.13	(0.2)	3/16
10		Olivia CARDEN	FR	#1 Middlebury	{7}13.13w	(2.6)	3/16

Women's 100 Meter Hurdles

1	27	Ziann FACEY	SO	#2 Williams	15.27w	(3.9)	3/23
2	44	Emma MILLS	FR	#1 Middlebury	15.77	(0.0)	3/23
3		Maggie ALLEN	SR	#1 Middlebury	{2}17.92	(0.0)	3/23
4		Eloise CHRISTY	FR	#1 Middlebury	{3}18.75	(1.3)	3/16

Women's 200 Meters

1	12	Michelle LOUIE	SR	#1 Middlebury	25.27	(2.0)	3/16
2	17	Claire JENSEN	FR	#2 Williams	25.44	(0.0)	3/23
3	20	Cate DONALDSON	FR	#2 Williams	{2}25.49	(0.0)	3/23
4	24	Melissa WHITE	SO	#1 Middlebury	{2}25.60	(2.0)	3/16
5	26	Bella KING-HARVEY	FR	#2 Williams	{3}25.63	(0.0)	3/23
6	28	Rachel ARTHUR	JR	#2 Williams	{4}25.64	(0.0)	3/23
7	54	Katie BRUNO	SO	#1 Middlebury	{3}26.06	(2.0)	3/16
8	66	Anna KROUSE	JR	#1 Middlebury	{4}26.20	(2.0)	3/16
9	83	Mackenzie DAGGITT	JR	#1 Middlebury	{5}26.46w	(2.6)	3/16
9	83	Annabel CLONEY	SO	#1 Middlebury	{5}26.46w	(2.7)	3/16

Women's 400 Meters

1	2	Bella KING-HARVEY	FR	#2 Williams	57.18		3/16
2	6	Cate DONALDSON	FR	#2 Williams	{2}57.42		3/23
3	18	Anna KROUSE	JR	#1 Middlebury	58.49		3/16
4	27	Claire JENSEN	FR	#2 Williams	{3}59.10		3/16
5	29	Lily BULCZYNSKI	SO	#1 Middlebury	{2}59.45		3/23
6	37	Kelsey TARBY	FR	#2 Williams	{4}59.95		3/16
7	43	Annabel CLONEY	SO	#1 Middlebury	{3}1:00.25		3/23
8	60	Addie MORRISON	JR	#1 Middlebury	{4}1:00.84		3/16
9	86	Elle THOMPSON	JR	#1 Middlebury	{5}1:01.48		3/16
10	97	Michelle LOUIE	SR	#1 Middlebury	{6}1:01.82		3/23

Women's 400 Meter Hurdles

1	4	Ciara DALE	SR	#1 Middlebury	1:03.53		3/16
2	14	Camryn TAYLOR	SR	#2 Williams	1:05.41		3/23
3	33	Cate KREUTZEN	SO	#1 Middlebury	{2}1:07.65		3/16
4	50	Anna MAZUR	FR	#1 Middlebury	{3}1:08.96		3/16
5	52	Olivia CARDEN	FR	#1 Middlebury	{4}1:08.99		3/16
6	61	Meaghan MCENROE	JR	#1 Middlebury	{5}1:09.86		3/23
7	73	Brooke DOLAN	SO	#1 Middlebury	{6}1:10.48		3/16
8	92	Janie MORGANROTH	SO	#1 Middlebury	{7}1:11.92		3/23
9		Freja NIKLASSON	SO	#3 Vassar	1:14.83		3/16
10		Laura WONG	SR	#3 Vassar	{2}1:17.64		3/16

Women's 800 Meters

1	5	Lucy GAGNON	SR	#2 Williams	2:13.78		3/16
2	15	Lily BULCZYNSKI	SO	#1 Middlebury	2:17.90		3/16
3	29	Tatum PESKIN	SR	#1 Middlebury	{2}2:20.05		3/23
4	42	Caroline VANSCHAICK	FR	#1 Middlebury	{3}2:21.59		3/16
5	52	Winnie WANG	SR	#1 Middlebury	{4}2:22.23		3/16
6	56	Ashley RAYNOR	SR	#1 Middlebury	{5}2:22.58		3/16
7	57	Caroline GREEN	JR	#2 Williams	{2}2:22.72		3/23
8	99	Tamar BYL-BRANN	FR	#2 Williams	{3}2:25.54		3/23
9		Eloise CHRISTY	FR	#1 Middlebury	{6}2:26.87		3/23
10		Grace KAERCHER	JR	#2 Williams	{4}2:27.77		3/23

Women's 1500 Meters

1	9	Lucy GAGNON	SR	#2 Williams	4:36.11		3/23
2	14	Molly FITZGIBBONS	SR	#2 Williams	{2}4:41.71		3/16
3	34	Tatum PESKIN	SR	#1 Middlebury	4:48.25		3/16
4	61	Victoria FAWCETT	SO	#1 Middlebury	{2}4:52.01		3/16
5		Sheldyn FISHER	FR	#1 Middlebury	{3}4:56.27		3/16
6		Grace KAERCHER	JR	#2 Williams	{3}4:58.35		3/23
7		Tamar BYL-BRANN	FR	#2 Williams	{4}4:58.49		3/23
8		Norah READE	FR	#3 Vassar	4:59.18		3/16
9		Caroline VANSCHAICK	FR	#1 Middlebury	{4}5:00.19		3/23
10		Ava WHITNEY	FR	#3 Vassar	{2}5:02.38		3/16

Women's 5000 Meters

1	1	Audrey MACLEAN	FR	#1 Middlebury	17:17.26		3/16
2	8	Fiona PICONE	SO	#2 Williams	17:41.70		3/23
3	12	Helen HURDEN	FR	#2 Williams	{2}17:50.45		3/16
4	21	Victoria FAWCETT	SO	#1 Middlebury	{2}17:58.65		3/22
5	27	Morgan EIGEL	FR	#2 Williams	{3}18:05.54		3/23
6	39	Violet ROSS	JR	#1 Middlebury	{3}18:14.38		3/22
7	50	Kate SWANN	SO	#2 Williams	{4}18:23.86		3/16
8	59	Charlene PENG	FR	#2 Williams	{5}18:27.12		3/16
9	67	Anika MUELLER-HICKLER	SO	#3 Vassar	18:31.90		3/16
10	84	Lucca FRANZ	SO	#1 Middlebury	{4}18:43.32		3/22



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



Midwest

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Women's 4x100 Relay

1	3	Bella King-Harvey, Cate Donaldson, Camryn Taylor, Rachel Arthur	#2 Williams	47.74	3/23
2	13	Katie Bruno, Melissa White, Michelle Louie, Mackenzie Daggitt	#1 Middlebury	48.36	3/23

Women's 4x400 Relay

1	2	Cate Donaldson, Camryn Taylor, Claire Jensen, Bella King- Harvey	#2 Williams	3:51.17	3/23
2	5	Michelle Louie, Ciara Dale, Annabel Cloney, Anna Krouse	#1 Middlebury	3:56.93	3/16

Women's High Jump

1	9	Amelie JAMANKA	SO	#2 Williams	1.60m	5-3	3/23
2	30	Livi MAZEROLLE	SO	#2 Williams	{2} 1.55m	5-1	3/23
3	58	Brooke DOLAN	SO	#1 Middlebury	1.50m	4-11	3/16
3	58	Gabriella GERIG	FR	#1 Middlebury	1.50m	4-11	3/16
5	90	Katie BRUNO	SO	#1 Middlebury	{3} 1.45m	4-9	3/23
5	90	Eloise CHRISTY	FR	#1 Middlebury	{3} 1.45m	4-9	3/23

Women's Pole Vault

1	13	Jae YU	JR	#2 Williams	3.45m	11-3¾	3/16
2	25	Poppy MILLER	JR	#2 Williams	{2} 3.30m	10-9¾	3/16
3	78	Anna KESTER	SO	#1 Middlebury	2.86m	9-4½	3/16
3	78	Claire MILLER	SO	#1 Middlebury	2.86m	9-4½	3/16

Women's Long Jump

1	5	Mackenzie DAGGITT	JR	#1 Middlebury	5.46m	17-11 (1.6)	3/16
2		Cearah EGWUONWU	SO	#1 Middlebury	{2} 4.55m	14-11¼ (0.1)	3/16
3		Maggie ALLEN	SR	#1 Middlebury	{3} 4.34m	14-3 (1.4)	3/16
4		Eloise CHRISTY	FR	#1 Middlebury	{4} 4.30m	14-1¼ (1.9)	3/23

Women's Triple Jump

1	49	Kelsey TARBAY	FR	#2 Williams	10.29m	33-9¼ (0.0)	3/23
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Women's Shot Put

1	78	Mary Scott ROBINSON	SR	#1 Middlebury	11.06m	36-3½	3/16
2		Alanna SAUNDERS	FR	#1 Middlebury	{2} 10.48m	34-4¾	3/16
3		Livi MAZEROLLE	SO	#2 Williams	9.83m	32-3	3/16
4		Julia TULIMIERI	SO	#1 Middlebury	{3} 9.75m	32-0	3/23
5		Madeline SAUDERS	JR	#1 Middlebury	{4} 9.46m	31-½	3/16
6		Chloe SCHNEEBERG	JR	#2 Williams	{2} 8.43m	27-8	3/23

Women's Discus

1	34	Madeline SAUDERS	JR	#1 Middlebury	37.46m	122-11	3/16
2		Mary Scott ROBINSON	SR	#1 Middlebury	{2} 29.27m	96-½	3/16
3		Lillian WURTZ	SO	#1 Middlebury	{3} 28.82m	94-6¾	3/23
4		Cassie PFITZENMAYER	SO	#1 Middlebury	{4} 28.18m	92-5½	3/23
5		Alanna SAUNDERS	FR	#1 Middlebury	{5} 26.99m	88-6¾	3/16

Women's Hammer

1	36	Jaxon PALMER	JR	#1 Middlebury	43.02m	141-2	3/22
2	52	Lillian WURTZ	SO	#1 Middlebury	{2} 41.41m	135-11	3/22
3		Reilly ISLER	JR	#1 Middlebury	{3} 36.76m	120-7	3/22
4		Julia TULIMIERI	SO	#1 Middlebury	{4} 35.25m	115-8	3/22
5		Mary Scott ROBINSON	SR	#1 Middlebury	{5} 33.72m	110-8	3/16
6		Cassie PFITZENMAYER	SO	#1 Middlebury	{6} 28.70m	94-2	3/16
7		Chloe SCHNEEBERG	JR	#2 Williams	27.50m	90-2¾	3/23

Women's Javelin

1	23	Reilly ISLER	JR	#1 Middlebury	36.65m	120-3	3/16
2	25	Jaxon PALMER	JR	#1 Middlebury	{2} 36.04m	118-3	3/16
3		Livi MAZEROLLE	SO	#2 Williams	28.78m	94-5¼	3/23
4		Maggie WINTERS	SR	#1 Middlebury	{3} 26.96m	88-5½	3/16
5		Eloise CHRISTY	FR	#1 Middlebury	{4} 16.35m	53-7¾	3/16



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Midwest

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Women's 100 Meters

1	4	Marcedes JACKSON	SR	#12 North Central (Ill	12.01w	(2.2)	3/23
2	9	Eva CARCHIDI	SR	#3 Grinnell	12.27	(0.9)	3/23
3	26	Deja ANDERSON	FR	#4 Illinois College	12.41w	(2.2)	3/23
4	41	Kalie STRAYHORN		#11 Westminster (Mc	12.52	(2.0)	3/16
5	57	Mattie BROWN	FR	#4 Illinois College {2}	12.60w	(2.2)	3/23
6	68	Lauren BLIEFERNICHT	JR	#6 Aurora	12.71	(0.4)	3/23
7	87	Jocelyn FRITZ	JR	#2 Greenville	12.80w	(2.2)	3/23
8		Gemma PLEAS	SR	#1 Washington (Mo.	12.98w	(2.2)	3/23
9		Brianna KRANTZ	FR	#9 Lyon (Ark.)	13.05	(1.9)	3/2
10		Madysan SALISBURY	FR	#4 Illinois College {3}	13.07w	(2.2)	3/23

Women's 100 Meter Hurdles

1	7	JoJo TYNISMMA	SO	#5 Wartburg	14.72	(1.5)	3/23
2	36	Grace BRADEN	FR	#5 Wartburg {2}	15.51	(-0.4)	3/23
3	39	Skylar GIBBS	JR	#6 Aurora	15.53w	(2.4)	3/23
4	58	Holland KANTAR	FR	#1 Washington (Mo.	16.01	(2.0)	3/23
5	67	Aleese TRIMINGHAM	FR	#4 Illinois College	16.33	(2.0)	3/23
6	74	Mary DIETZ	SO	#6 Aurora {2}	16.39w	(2.4)	3/23
7	97	Jessie GOODMAN	SO	#3 Grinnell	16.76	(0.0)	3/23
8		Kenzie KURDYS	FR	#2 Greenville	17.15	(2.0)	3/23
9		Sadie STAKER	SR	#3 Grinnell {2}	17.87	(0.0)	3/23
10		Patricia RIVERA	JR	#4 Illinois College {2}	18.54	(2.0)	3/23

Women's 200 Meters

1	11	Kalie STRAYHORN		#11 Westminster (Mc	25.24w	(3.3)	3/16
2	18	Lauren BLIEFERNICHT	JR	#6 Aurora	25.46w	(3.0)	3/23
3	34	Jordynn GRIFFIN	SO	#10 Illinois Wesleyan	25.82w	(2.2)	3/16
4	37	Eva CARCHIDI	SR	#3 Grinnell	25.86	(1.1)	3/23
5	93	Haley GARRETT	FR	#4 Illinois College	26.51	(0.6)	3/23
6		Jocelyn FRITZ	JR	#2 Greenville	26.63	(0.6)	3/23
7		Cecille FIGUEROA	SO	#1 Washington (Mo.	26.69w	(2.7)	3/23
8		Mattie BROWN	FR	#4 Illinois College {2}	26.85	(0.6)	3/23
9		Brianna KRANTZ	FR	#9 Lyon (Ark.)	26.99	(0.0)	3/16
10		Jazmyn HARMON	FR	#2 Greenville {2}	27.03	(0.6)	3/23

Women's 400 Meters

1	32	Elizabeth WAGNER	SO	#1 Washington (Mo.	59.82		3/23
2	39	Brianna KRANTZ	FR	#9 Lyon (Ark.)	1:00.04		3/2
3	40	Jordynn GRIFFIN	SO	#10 Illinois Wesleyan	1:00.07		3/16
4	45	Alexa LOFGREN	JR	#8 Fontbonne	1:00.37		3/23
5	47	Rachel NAGEL	SR	#5 Wartburg	1:00.41		3/23
6	54	Taylor TUCKER	SR	#2 Greenville	1:00.65		3/23
7	58	Olivia TOLLARI	SO	#5 Wartburg {2}	1:00.72		3/23
8		Kathryn LEIGHTY	SR	#1 Washington (Mo.)	1:01.93		3/23
9		Maile CROWE	JR	#3 Grinnell	1:02.25		3/23
10		Eva SCHWAAB	JR	#2 Greenville {2}	1:02.40		3/23

Women's 400 Meter Hurdles

1	1	JoJo TYNISMMA	SO	#5 Wartburg	1:02.18		3/23
2	9	Ruby KAPLAN	JR	#1 Washington (Mo.	1:05.05		3/23
3	54	Sophia STAHLE	FR	#5 Wartburg {2}	1:09.27		3/23
4	58	Skylar GIBBS	JR	#6 Aurora	1:09.66		3/23
5	80	Holland KANTAR	FR	#1 Washington (Mo.)	1:10.96		3/23
6	86	Sadie STAKER	SR	#3 Grinnell	1:11.70		3/23
7		Alexis ROBERTS	JR	#2 Greenville	1:13.03		3/23
8		Grace BRADEN	FR	#5 Wartburg {3}	1:13.87		3/23
9		Jessie GOODMAN	SO	#3 Grinnell {2}	1:14.01		3/23
10		Aleese TRIMINGHAM	FR	#4 Illinois College	1:16.76		3/23

Women's 800 Meters

1	7	Haley MEYER	SO	#5 Wartburg	2:14.56		3/23
2	8	Izzy GORTON	JR	#1 Washington (Mo.	2:14.64		3/23
3	11	Caroline ECHOLS	FR	#1 Washington (Mo.)	2:15.84		3/23
4	12	Virginia PRIDGEN	JR	#1 Washington (Mo.)	2:16.75		3/23
5	17	Lily DIPPLE	FR	#1 Washington (Mo.)	2:18.24		3/23
6	22	Morgan FOWLER	JR	#1 Washington (Mo.)	2:19.05		3/23
7	30	Sophie BEKINS	JR	#1 Washington (Mo.)	2:20.21		3/23
8	37	Madison ETHERIDGE	JR	#6 Aurora	2:20.87		3/23
9	44	Cate STEVENS	SO	#1 Washington (Mo.)	2:21.63		3/23
10	76	Anna CANTRELL	FR	#7 Hendrix	2:24.16		3/2

Women's 1500 Meters

1	5	Deyanneira COLON MALDONADO	JR	#6 Aurora	4:34.13		3/23
2	57	Macy IYER	SO	#1 Washington (Mo.	4:51.49		3/23
3	60	Madison ETHERIDGE	JR	#6 Aurora {2}	4:51.81		3/23
4	66	Kristin LOFTUS	SO	#1 Washington (Mo.)	4:52.41		3/23
5	89	Hannah ROARK	SO	#3 Grinnell	4:54.96		3/23
6	91	Izzy ERDMANN	FR	#1 Washington (Mo.)	4:55.06		3/23
7		Avery NASON	FR	#1 Washington (Mo.)	4:57.19		3/23
8		Morgan KAROW	SO	#3 Grinnell {2}	4:57.81		3/23
9		Ella CERNY	SO	#1 Washington (Mo.)	5:00.17		3/23
10		N'Dya FIELDS	SO	#6 Aurora {3}	5:00.64		3/23

Women's 5000 Meters

1	24	Morgan KAROW	SO	#3 Grinnell	18:02.55		3/22
2	34	Keely MIYAMOTO	SO	#3 Grinnell {2}	18:12.78		3/22
3	46	Annalese CHUDY	JR	#10 Illinois Wesleyan	18:21.35		3/16
4	57	Hannah ROARK	SO	#3 Grinnell {3}	18:26.22		3/22
5		Talia HARRISON	FR	#3 Grinnell {4}	18:56.25		3/22
6		Sophia FORD	JR	#3 Grinnell {5}	19:58.81		3/22
7		Chloe WEATHERS	SO	#13 Ozarks (Ark.)	20:08.36		3/16
8		Ella WILLIAMS	FR	#7 Hendrix	20:10.93		3/2
9		Caitlyn SMITH	FR	#8 Fontbonne	22:03.88		3/9
10		Katie LEEKER	SO	#8 Fontbonne {2}	23:04.15		3/9



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Midwest

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Women's 4x100 Relay

1	8	Julia Coric, Lauren Gay, Nicole Stewart, Maya Davis	#1 Washington (Mo.)	48.04	3/23
2	15	Taylor Tucker, Jazmyn Harmon, Laila Graham, Jocelyn Fritz	#2 Greenville	48.70	3/23
3	16	Mattie Brown, Brooke Oakley, Haley Garrett, Deja Anderson	#4 Illinois College	48.79	3/23
4	17	Sophia Stahle, JoJo Tynnismaa, Olivia Tollari, Grace Braden	#5 Wartburg	48.84	3/23
5	30	Jessie Goodman, Ava Taylor, Maile Crowe, Eva Carchidi	#3 Grinnell	49.97	3/23
6	74	Brianna Krantz, Cynthia Snyder, Trinity Davis, Kodi Hatfield	#9 Lyon (Ark.)	54.73	3/16

Women's 4x400 Relay

1	1	Caroline Echols, Danielle Schultz, Alessia Sarussi, Emma Kelley	#1 Washington (Mo.)	3:49.97	3/23
2	4	Rachel Nagel, Sophia Stahle, JoJo Tynnismaa, Olivia Tollari	#5 Wartburg	3:56.33	3/23
3	66	Morgan Beyers, Eva Schwaab, Brooklyn McKee, Vanessa Compton	#2 Greenville	4:31.28	3/23
4	67	Sadie Staker, Allison Rabbani, Brooke Kreeger, Caitlin Ong	#3 Grinnell	4:31.38	3/23

Women's High Jump

1	9	Laila GRAHAM	SR	#2 Greenville	1.60m	5-3	3/23
2	30	Anna Beth VANCIL	JR	#2 Greenville	{2} 1.55m	5-1	3/23
3	58	Ember HUGHES	SO	#7 Hendrix	1.50m	4-11	3/2
3	58	Hannah MYERS	SO	#8 Fontbonne	1.50m	4-11	3/23
5	90	Madelyn MOENICKHEIM	SR	#1 Washington (Mo.)	1.45m	4-9	3/23

Women's Pole Vault

1	2	Yasmin RUFF	JR	#1 Washington (Mo.)	3.85m	12-7½	3/23
2	13	Mackenzie WALKER	SO	#1 Washington (Mo.)	{2} 3.45m	11-3¾	3/23
3	25	Makenzie STOCK	JR	#1 Washington (Mo.)	{3} 3.30m	10-9¾	3/23
4	43	Meredyth BARR	FR	#1 Washington (Mo.)	{4} 3.15m	10-4	3/23
4	43	Anna CURTIS	SR	#1 Washington (Mo.)	{4} 3.15m	10-4	3/23
6	61	Madeline BENSON	JR	#4 Illinois College	3.00m	9-10	3/23
6	61	Kenzie KURDYS	FR	#2 Greenville	3.00m	9-10	3/23
8	80	Paige NOWAK	SR	#4 Illinois College	{2} 2.85m	9-4¼	3/23
9		Trinity DAVIS	FR	#9 Lyon (Ark.)	2.26m	7-5	3/16

Women's Long Jump

1	1	Ebunoluwa OPATA	JR	#1 Washington (Mo.)	5.65m	18-6½ (0.9)	3/23
2	14	Lainey HICKS	SO	#2 Greenville	5.24m	17-2¼ (1.4)	3/23
3	19	Laila GRAHAM	SR	#2 Greenville	{2} 5.16m	16-11¼ (-0.)	3/23
4	29	Jazmyn HARMON	FR	#2 Greenville	{3} 5.11m	16-9¼ (0.5)	3/23
5	52	Fynesse JONES	SO	#4 Illinois College	5.01m	16-5¼ (0.2)	3/23
6	55	Maya DAVIS	FR	#1 Washington (Mo.)	{2} 4.99m	16-4½ (0.7)	3/23
7	94	Lacie SCHULTZ	FR	#4 Illinois College	{2} 4.87m	15-11¾ (-0.)	3/23
8		Hannah MYERS	SO	#8 Fontbonne	4.68m	15-4¼ (0.0)	3/23

Women's Triple Jump

1	25	Jazmyn HARMON	FR	#2 Greenville	10.70m	35-1¼ (0.3)	3/23
2	42	Hannah MYERS	SO	#8 Fontbonne	10.41m	34-2 (0.2)	3/23
3	82	Haley GARRETT	FR	#4 Illinois College	9.84m	32-3½ (-0.2)	3/23
4		Mira VOLLMAYR-LEE	SO	#3 Grinnell	8.96mw	29-4¾ (2.3)	3/23

Women's Shot Put

1	6	Talahiva TALANOA	JR	#2 Greenville	12.94m	42-5½	3/23
2	16	Silja ERICKSON	SR	#6 Aurora	12.43m	40-9½	3/23
3	19	Alivia ALLEN	SR	#7 Hendrix	12.35m	40-6¼	3/16
4	35	Taylor SIMPSON	JR	#1 Washington (Mo.)	11.75m	38-6¾	3/23
5	82	Ashley SMITH	JR	#2 Greenville	{2} 11.02m	36-2	3/23
6		Kylie GALOWITZ	SO	#3 Grinnell	10.44m	34-3	3/23
7		Lindsey RUFF	JR	#4 Illinois College	10.04m	32-11¼	3/23
8		Ella RAY	JR	#2 Greenville	{3} 10.00m	32-9¾	3/23
9		Emma BRABY		#11 Westminster (Mc)	9.66m	31-8½	3/16
10		Ava VOLLMER	SO	#2 Greenville	{4} 9.57m	31-4¾	3/23

Women's Discus

1	7	Alivia ALLEN	SR	#7 Hendrix	40.33m	132-4	3/16
2	12	Jenae BOTHE	SO	#1 Washington (Mo.)	39.78m	130-6	3/23
3	19	Talahiva TALANOA	JR	#2 Greenville	39.11m	128-4	3/23
4	30	Sydney KUPER	SR	#4 Illinois College	37.70m	123-8	3/23
5	37	Karyssa MACK	SO	#1 Washington (Mo.)	{2} 37.25m	122-3	3/23
6	46	Alexandra DRAVES	SR	#12 North Central (Ill)	36.73m	120-6	3/23
7	64	Mikayla WISE	SR	#1 Washington (Mo.)	{3} 35.20m	115-6	3/23
8	83	Aiyana ROCKWELL	JR	#3 Grinnell	33.77m	110-10	3/23
9	99	Ashley SMITH	JR	#2 Greenville	{2} 33.01m	108-4	3/23
10		Kylie GALOWITZ	SO	#3 Grinnell	{2} 32.51m	106-8	3/23

Women's Hammer

1	1	Alexandra DRAVES	SR	#12 North Central (Ill)	50.31m	165-1	3/23
2	14	Talahiva TALANOA	JR	#2 Greenville	47.28m	155-2	3/23
3	16	Sydney KUPER	SR	#4 Illinois College	46.40m	152-3	3/23
4	42	Ava VOLLMER	SO	#2 Greenville	{2} 42.46m	139-4	3/23
5	56	Taylor SIMPSON	JR	#1 Washington (Mo.)	41.07m	134-9	3/23
6	67	Mikayla WISE	SR	#1 Washington (Mo.)	{2} 40.29m	132-2	3/23
7	73	Karyssa MACK	SO	#1 Washington (Mo.)	{3} 39.62m	130-0	3/23
8	92	Ashley SMITH	JR	#2 Greenville	{3} 38.07m	124-11	3/23
9	97	Kylie GALOWITZ	SO	#3 Grinnell	37.87m	124-3	3/23
10		Ella RAY	JR	#2 Greenville	{4} 35.35m	116-0	3/23



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Regional TFRI Event Summary

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Midwest

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Women's Javelin

1	12	Emma BROWN	JR	#2 Greenville	38.14m	125-2	3/23
2	20	Abbi THOMASON	JR	#2 Greenville	{2} 36.94m	121-3	3/23
3	50	Natalie STEWART	SO	#11 Westminster (Mc	33.14m	108-9	3/16
4	54	Ember HUGHES	SO	#7 Hendrix	32.86m	107-10	3/16
5	64	Caitlin MCCANE	JR	#10 Illinois Wesleyan	31.50m	103-4	3/16
6	90	Keyleigh THOMAS	SO	#4 Illinois College	30.44m	99-10½	3/23
7	92	Alivia ALLEN	SR	#7 Hendrix	{2} 30.41m	99-9¼	3/2
8	95	Aziza TAKHI	SO	#9 Lyon (Ark.)	30.06m	98-7½	3/16
9	98	Emma BRABY		#11 Westminster (Mc	{2} 29.80m	97-9¼	3/16
10		Alexis ROBERTS	JR	#2 Greenville	{3} 25.62m	84-¾	3/23
10		Madelyn MOENICKHEIM	SR	#1 Washington (Mo.	25.62m	84-¾	3/23



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



Niagara

as of 3/25/2024 4:34:27 PM ET

Women's 100 Meters

1	48	Seneca GUNERATNE	FR	#4 NYU	12.55	(1.6)	3/23
2	54	Victoria BREWSTER	SO	#3 Houghton	12.58	(0.1)	3/14
3	73	Ejim NNATE	JR	#2 SUNY Oneonta	12.74w	(2.3)	3/16
4		Nicolette DUBOSE	FR	#2 SUNY Oneonta	{2} 12.94w	(2.5)	3/16
5		Margaret PETTY	SO	#2 SUNY Oneonta	{3} 13.09w	(2.5)	3/16
6		Tayla HUMMEL	FR	#1 Ithaca	13.15w	(2.6)	3/23
7		Devan ADEGBILE	JR	#1 Ithaca	{2} 13.23w	(2.7)	3/23
8		Sarah CODDINGTON	SO	#3 Houghton	{2} 13.59	(0.1)	3/14
9		Carolina CEDRASCHI	SO	#1 Ithaca	{3} 13.60w	(2.7)	3/23
10		Nikhita BOLINENI	FR	#4 NYU	{2} 13.78w	(3.2)	3/23

Women's 100 Meter Hurdles

1	5	Ejim NNATE	JR	#2 SUNY Oneonta	14.64	(-1.8)	3/16
2	13	Laura SUPPA	SO	#1 Ithaca	14.88	(1.5)	3/23
3	33	Rachel LARSON	SO	#1 Ithaca	{2} 15.32w	(2.6)	3/23
4	89	Cecelia LABONTE	SO	#1 Ithaca	{3} 16.66	(0.3)	3/23
5		Eko DODD-BROWN	FR	#2 SUNY Oneonta	{2} 17.41	(0.6)	3/16
6		Madeleine WRIGHT	FR	#1 Ithaca	{4} 17.92	(0.3)	3/23
7		Alexis BROWN	FR	#1 Ithaca	{5} 18.05	(0.0)	3/23
8		Ashlee SPHABMIXAY	SO	#2 SUNY Oneonta	{3} 18.35w	(2.7)	3/16
9		Celia RYAN	FR	#1 Ithaca	{6} 19.44	(0.0)	3/23

Women's 200 Meters

1		Danielle JACKSON	JR	#2 SUNY Oneonta	26.61	(1.6)	3/16
2		Nicolette DUBOSE	FR	#2 SUNY Oneonta	{2} 26.63w	(3.5)	3/16
3		Cecelia LABONTE	SO	#1 Ithaca	27.33w	(3.5)	3/23
4		Cindy LEONARD	FR	#4 NYU	27.56	(0.5)	3/23
5		Carolina CEDRASCHI	SO	#1 Ithaca	{2} 27.73w	(3.5)	3/23
6		Margaret PETTY	SO	#2 SUNY Oneonta	{3} 27.76	(1.1)	3/16
7		Beverly OKYERE	SO	#4 NYU	{2} 27.82	(-0.8)	3/23
8		Tayla HUMMEL	FR	#1 Ithaca	{3} 27.90w	(2.6)	3/23
9		Laila GOODMAN	SO	#4 NYU	{3} 28.12	(-0.8)	3/23
10		Taylor JOHNSON	JR	#2 SUNY Oneonta	{4} 28.18	(1.1)	3/16

Women's 400 Meters

1	49	Danielle JACKSON	JR	#2 SUNY Oneonta	1:00.45		3/16
2	53	Natalie MACARTHUR	JR	#1 Ithaca	1:00.61		3/23
3		Ava BUTLER	FR	#1 Ithaca	{2} 1:03.65		3/23
4		Laila GOODMAN	SO	#4 NYU	1:03.83		3/23
5		Taylor JOHNSON	JR	#2 SUNY Oneonta	{2} 1:03.98		3/16
6		Mackenzie RICHARD	SO	#4 NYU	{2} 1:05.45		3/23

Women's 400 Meter Hurdles

1	44	Mackenzie RICHARD	SO	#4 NYU	1:08.56		3/23
2	66	Elli CLOUTIER	FR	#1 Ithaca	1:10.14		3/23
3	72	Areyanna MCCARTHY	SO	#4 NYU	{2} 1:10.47		3/23
4		Rachel LARSON	SO	#1 Ithaca	{2} 1:12.86		3/23
5		Katie WIDMER	SR	#3 Houghton	1:13.52		3/14

Women's 800 Meters

1		Jessica GOODE	SO	#1 Ithaca	2:27.90		3/23
2		Giana HAUBRICH	SR	#1 Ithaca	{2} 2:30.20		3/23
3		Aubrie COLE	JR	#3 Houghton	3:05.00		3/14

Women's 1500 Meters

1	95	Joy PETERSEN	SO	#1 Ithaca	4:55.35		3/23
2		Jessica GOODE	SO	#1 Ithaca	{2} 5:04.24		3/23
3		Tabitha CLARK	JR	#3 Houghton	5:11.52		3/14
4		Kyra BINNEY	SO	#3 Houghton	{2} 5:15.84		3/14
5		Aria LARSON	SO	#3 Houghton	{3} 5:20.40		3/14
6		Lyla POWERS	FR	#1 Ithaca	{3} 5:21.43		3/23
7		Miranda LYON	SO	#3 Houghton	{4} 5:24.66		3/14
8		Mackenzie MIX	JR	#5 Utica	5:27.04		3/23
9		Aubrey SOLLER	JR	#2 SUNY Oneonta	5:37.99		3/16
10		Risa PALMER	SO	#3 Houghton	{5} 5:40.73		3/14

Women's 5000 Meters

1	81	Sabrinna MENA	JR	#2 SUNY Oneonta	18:40.81		3/16
2		Sierra BASCO	JR	#2 SUNY Oneonta	{2} 19:26.14		3/16
3		Olivia O'DONNELL	JR	#2 SUNY Oneonta	{3} 19:32.50		3/16
4		Olivia HOLLAND	SO	#2 SUNY Oneonta	{4} 20:23.99		3/16
5		Rachael SMITH	SO	#3 Houghton	20:31.92		3/14
6		Delaney GRANT	SO	#3 Houghton	{2} 20:32.19		3/14

Women's 4x100 Relay

1	39	Devan Adegbile, Ava Butler, Tayla Hummel, Rachel Larson	#1 Ithaca	50.43		3/23
2	40	Dasha Jackson, Beverly Okyere, Cindy Leonard, Seneca Guneratne	#4 NYU	50.45		3/23

Women's 4x400 Relay

1	34	Laila Goodman, Areyanna McCarthy, Cindy Leonard, Beverly Okyere	#4 NYU	4:11.90		3/23
2	56	Devan Adegbile, Ava Butler, Natalie MacArthur, Laura Suppa	#1 Ithaca	4:22.10		3/23
3	68	Kyra Binney, Victoria Brewster, Sarah Coddington, Risa Palmer	#3 Houghton	4:31.84		3/14

Women's High Jump

1	37	Madeleine WRIGHT	FR	#1 Ithaca	1.54m	5-½	3/23
2	90	Areyanna MCCARTHY	SO	#4 NYU	1.45m	4-9	3/23
3		Lydia BARBER	FR	#1 Ithaca	{2} 1.44m	4-8¾	3/23

Women's Long Jump

1	94	Ejim NNATE	JR	#2 SUNY Oneonta	4.87m	15-11¾ (2.0)	3/16
2		Alyssa YOUNGS	FR	#5 Utica	4.83m	15-10¼ (0.4)	3/23
3		Victoria BREWSTER	SO	#3 Houghton	4.77m	15-7¾ (-0.6)	3/14
4		Camdyn COLE	FR	#5 Utica	{2} 4.62m	15-2 (1.0)	3/23
5		Katie WIDMER	SR	#3 Houghton	{2} 4.45m	14-7¼ (-1.6)	3/14
6		Neve TILLEY	SO	#3 Houghton	{3} 3.94m	12-11¼ (-1)	3/14



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Niagara

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Women's Triple Jump

1	28	Areyanna MCCARTHY	SO	#4 NYU	10.67m	35-1/4 (0.0)	3/23
2	91	Camdyn COLE	FR	#5 Utica	9.68m	31-9/4 (0.0)	3/23

Women's Shot Put

1	4	Isabella FABRIZIO	JR	#2 SUNY Oneonta	13.13m	43-1	3/16
2	40	Madison PALMER	SR	#3 Houghton	11.70m	38-4 3/4	3/14
3	54	Cheyenne MCPEEK	FR	#1 Ithaca	11.35m	37-3	3/23
4		Tarryn HERMAN	SO	#2 SUNY Oneonta	{2} 10.66m	34-11 3/4	3/16
5		Emma GRUNIN	SO	#4 NYU	10.52m	34-6 1/4	3/23
6		Gabi RAGOZZINE	SO	#2 SUNY Oneonta	{3} 9.72m	31-10 3/4	3/16
7		Enya GREEN	FR	#1 Ithaca	{2} 9.50m	31-2	3/23
8		Jenna FISCHER	SO	#3 Houghton	{2} 8.61m	28-3	3/14
9		Sophia MITRESKI	FR	#2 SUNY Oneonta	{4} 8.16m	26-9 1/4	3/16
10		Katie WIDMER	SR	#3 Houghton	{3} 8.08m	26-6 1/4	3/14

Women's Discus

1	10	Lily SEYFERT	SO	#1 Ithaca	40.11m	131-7	3/23
2	98	Gabi RAGOZZINE	SO	#2 SUNY Oneonta	33.10m	108-7	3/16
3		Charlotte POWELL	FR	#1 Ithaca	{2} 32.02m	105-1	3/23
4		Isabella FABRIZIO	JR	#2 SUNY Oneonta	{2} 30.50m	100-1	3/16
5		Tarryn HERMAN	SO	#2 SUNY Oneonta	{3} 30.42m	99-9 3/4	3/16
6		Emma GRUNIN	SO	#4 NYU	30.34m	99-6 1/2	3/23
7		Madison PALMER	SR	#3 Houghton	28.99m	95-1 1/2	3/14
8		Sophia MITRESKI	FR	#2 SUNY Oneonta	{4} 25.18m	82-7 1/2	3/16
9		Jenna FISCHER	SO	#3 Houghton	{2} 24.50m	80-4 3/4	3/14
10		Soncerae HAMITER	JR	#1 Ithaca	{3} 23.87m	78-3 3/4	3/23

Women's Hammer

1	4	Isabella FABRIZIO	JR	#2 SUNY Oneonta	49.11m	161-2	3/16
2	66	Cheyenne MCPEEK	FR	#1 Ithaca	40.39m	132-6	3/23
3	76	Gabi RAGOZZINE	SO	#2 SUNY Oneonta	{2} 39.40m	129-3	3/16
4		Charlotte POWELL	FR	#1 Ithaca	{2} 36.98m	121-4	3/23
5		Soncerae HAMITER	JR	#1 Ithaca	{3} 34.34m	112-8	3/23
6		Enya GREEN	FR	#1 Ithaca	{4} 28.63m	93-11 1/4	3/23
7		Tarryn HERMAN	SO	#2 SUNY Oneonta	{3} 26.33m	86-4 3/4	3/16

Women's Javelin

1	10	Lily SEYFERT	SO	#1 Ithaca	38.93m	127-9	3/23
2	14	Emma GRUNIN	SO	#4 NYU	37.43m	122-10	3/23
3	52	Sage DOUGLASS	JR	#2 SUNY Oneonta	32.99m	108-3	3/16
4		Celia RYAN	FR	#1 Ithaca	{2} 29.15m	95-7 3/4	3/23
5		Tarryn HERMAN	SO	#2 SUNY Oneonta	{2} 26.60m	87-3 1/4	3/16
6		Elaina FURTADO-RAHILL		#5 Utica	26.30m	86-3 1/2	3/23
7		Zoe Jane ROBERTS		#5 Utica	{2} 24.70m	81-1/2	3/23
8		Laura SUPPA	SO	#1 Ithaca	{3} 24.40m	80-3/4	3/23
9		Laura MEADE		#5 Utica	{3} 23.60m	77-5 1/4	3/23
10		Elli CLOUTIER	FR	#1 Ithaca	{4} 23.42m	76-10	3/23



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North

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Women's 100 Meters

1	6	Kate CARLSON	JR	#7 Gustavus Adolphus	12.18w	(3.4)	3/23
2	8	Jireh BABALOLA	SR	#1 Bethel (Minn.)	12.23w	(2.4)	3/15
3	59	Nicole MAKOPÉ	JR	#2 St. Norbert	12.61	(1.5)	3/15
4		Raina KAPING	FR	#1 Bethel (Minn.)	{2} 13.07	(1.5)	3/15
5		Gracie WOLFE	SO	#2 St. Norbert	{2} 13.25	(0.7)	3/15
6		Allison ALESSI	FR	#4 UW-Superior	13.30	(0.4)	3/16
7		Andreiana AURELIUS	JR	#3 Hamline	13.31	(0.7)	3/15
8		Kebeh TEMEH	FR	#3 Hamline	{2} 13.59	(-0.2)	3/15
9		Kyla CHESTER	FR	#3 Hamline	{3} 13.61	(0.7)	3/15
10		Cora SCHMITZ	SO	#4 UW-Superior	{2} 13.64	(-1.1)	3/16

Women's 100 Meter Hurdles

1	1	Kelsie SEALOCK	SR	#1 Bethel (Minn.)	14.18w	(3.3)	3/15
2	21	Lexi LEFEVER		#5 UW-River Falls	15.17	(-2.8)	3/21
3	56	Larissa HUFFMAN	FR	#2 St. Norbert	15.91	(0.9)	3/15
4	57	Gretchen SCHWARZ	FR	#2 St. Norbert	{2} 15.92	(0.9)	3/15
5	87	Hailey SCHOLTEN	SO	#1 Bethel (Minn.)	{2} 16.63w	(3.3)	3/15
6		Ally STACKHOUSE	JR	#1 Bethel (Minn.)	{3} 16.94w	(3.3)	3/15
7		Gabrielle HANNAH	JR	#3 Hamline	17.10	(0.9)	3/15
8		Savannah LEOPOLD		#5 UW-River Falls	{2} 18.40	(-1.3)	3/21
9		Elena FUGLESTAD		#5 UW-River Falls	{3} 18.81	(-1.3)	3/21
10		Hannah MOE	SO	#1 Bethel (Minn.)	{4} 22.61	(0.9)	3/15

Women's 200 Meters

1	4	Lexi LEFEVER		#5 UW-River Falls	25.02	(1.2)	3/21
2	57	Jireh BABALOLA	SR	#1 Bethel (Minn.)	26.09w	(3.4)	3/15
3	76	Nicole MAKOPÉ	JR	#2 St. Norbert	26.35w	(2.4)	3/15
4		Terra MCMAHON	SO	#3 Hamline	26.66	(1.6)	3/15
5		Elena FUGLESTAD		#5 UW-River Falls	{2} 27.44	(0.0)	3/21
6		Allison SOULE	SO	#1 Bethel (Minn.)	{2} 27.88w	(2.6)	3/15
7		Morgan DEAN	SO	#1 Bethel (Minn.)	{3} 27.94w	(2.6)	3/15
8		Gracie WOLFE	SO	#2 St. Norbert	{2} 28.31w	(2.6)	3/15
9		Kebeh TEMEH	FR	#3 Hamline	{2} 28.39w	(3.4)	3/15
10		Hailey SCHOLTEN	SO	#1 Bethel (Minn.)	{4} 28.63w	(3.4)	3/15

Women's 400 Meters

1	10	Allison HOOKOM	SO	#6 Augsburg	58.03		3/16
2	20	Hailey GREGG	JR	#1 Bethel (Minn.)	58.74		3/15
3	30	Abbie SWENSON	JR	#1 Bethel (Minn.)	{2} 59.70		3/15
4	83	Reanna CRUZ	FR	#1 Bethel (Minn.)	{3} 1:01.45		3/15
5		Morgan DEAN	SO	#1 Bethel (Minn.)	{4} 1:02.77		3/15
6		Allison SOULE	SO	#1 Bethel (Minn.)	{5} 1:03.22		3/15
7		Caitlyn WRZESIEN	JR	#1 Bethel (Minn.)	{6} 1:05.84		3/15
8		Caley WRZESIEN	JR	#1 Bethel (Minn.)	{7} 1:05.94		3/15
9		Kettly BRUSHABER	FR	#1 Bethel (Minn.)	{8} 1:06.28		3/15

Women's 400 Meter Hurdles

1		Summer HESSELDALH	FR	#4 UW-Superior	1:19.25		3/16
2		Kenzy KREUZER	JR	#4 UW-Superior	{2} 1:24.40		3/16

Women's 800 Meters

1	16	Allison HOOKOM	SO	#6 Augsburg	2:18.20		3/16
2		Kera RILEY	FR	#2 St. Norbert	2:26.86		3/15
3		Taylor DECOOK	FR	#4 UW-Superior	2:30.82		3/16
4		Lexi LEFEVER		#5 UW-River Falls	2:32.08		3/22
5		Olivia SHIP	JR	#2 St. Norbert	{2} 2:34.79		3/15
6		Gracie JOHNSON	SO	#6 Augsburg	{2} 2:37.05		3/16
7		Ellee GRUNWALD	JR	#2 St. Norbert	{3} 2:38.60		3/15
8		Elena FUGLESTAD		#5 UW-River Falls	{2} 2:39.41		3/22
9		Bijou PHILLIPS	SO	#2 St. Norbert	{4} 2:39.44		3/15
10		Ella JERDEE	SO	#2 St. Norbert	{5} 2:41.75		3/15

Women's 1500 Meters

1	25	Mary BLANCHARD	JR	#8 Carleton	4:45.61		3/16
2		Olivia SHIP	JR	#2 St. Norbert	5:04.60		3/15
3		Kera RILEY	FR	#2 St. Norbert	{2} 5:07.86		3/15
4		Ella JERDEE	SO	#2 St. Norbert	{3} 5:11.16		3/15
5		Bijou PHILLIPS	SO	#2 St. Norbert	{4} 5:15.21		3/15
6		Esther NELSON	JR	#1 Bethel (Minn.)	5:20.85		3/15
7		Carsen GATZ	SR	#2 St. Norbert	{5} 5:20.87		3/15
8		Ellee GRUNWALD	JR	#2 St. Norbert	{6} 5:23.58		3/15
9		Elliana LEACH	FR	#1 Bethel (Minn.)	{2} 5:45.25		3/15
10		Annabel LANTZ	JR	#6 Augsburg	6:37.19		3/16

Women's 5000 Meters

1	41	Josie HARMS	JR	#1 Bethel (Minn.)	18:17.22		3/15
2	80	Laura HARDWICK	JR	#1 Bethel (Minn.)	{2} 18:40.32		3/15
3	96	Annessa IHDE	SR	#1 Bethel (Minn.)	{3} 18:52.17		3/15
4		Brenna CISLER	SR	#2 St. Norbert	19:19.53		3/15
5		Chloe PIERSON	SR	#2 St. Norbert	{2} 19:25.14		3/15
6		Riley WINEBRENNER	JR	#9 Lawrence	19:36.44		3/23
7		Kristin HINTZ	JR	#2 St. Norbert	{3} 22:29.89		3/15

Women's 4x100 Relay

1	54	Raina Kaping, Jordan Stanisloski, Ally Stackhouse, Ellie Hernes		#1 Bethel (Minn.)	51.82		3/15
2	78	Allison Alessi, Summer Hesseldahl, Cora Schmitz, Kenzy Kreuzer		#4 UW-Superior	59.92		3/16

Women's 4x400 Relay

1	71	Bella Duncombe, Reanna Cruz, Anna Hay, Elliana Leach		#1 Bethel (Minn.)	4:35.95		3/15
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Women's High Jump

1	15	Lexi LEFEVER		#5 UW-River Falls	1.59m	5-2½	3/21
2	90	Larissa HUFFMAN	FR	#2 St. Norbert	1.45m	4-9	3/15
3		Myla VOLK	SO	#4 UW-Superior	1.30m	4-3¼	3/16
4		Savannah LEOPOLD		#5 UW-River Falls	{2} 1.29m	4-2¾	3/21
5		Elena FUGLESTAD		#5 UW-River Falls	{3} 1.23m	4-½	3/21



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North

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Women's Pole Vault

1	19	Emily PEARSON	FR	#1 Bethel (Minn.)	3.35m	10-11¾	3/15
2	50	Raina KAPING	FR	#1 Bethel (Minn.) {2}	3.05m	10-0	3/15
2	50	Lara DESHLER	SO	#2 St. Norbert	3.05m	10-0	3/15
4		Bria LUEPKE	SO	#3 Hamline	2.60m	8-6¼	3/15
5		Ellison LILYQUIST	FR	#2 St. Norbert {2}	2.45m	8-½	3/15

Women's Long Jump

1	10	Nicole MAKOPE	JR	#2 St. Norbert	5.34mw	17-6¼ (2.1)	3/15
2	23	Lexi LEFEVER		#5 UW-River Falls	5.14m	16-10½ (0.5)	3/22
3	40	Jordan STANISLOSKI	FR	#1 Bethel (Minn.)	5.05mw	16-7 (3.6)	3/15
4	83	Alli CLARK	FR	#2 St. Norbert {2}	4.91m	16-1½ (1.6)	3/15
5	100	Marissa LORENZ	JR	#2 St. Norbert {3}	4.84m	15-10½ (1.5)	3/15
6		Hannah MOE	SO	#1 Bethel (Minn.) {2}	4.76mw	15-7½ (2.8)	3/15
7		Gabrielle HANNAH	JR	#3 Hamline	4.63mw	15-2¼ (4.0)	3/15
8		Summer HESSELD AHL	FR	#4 UW-Superior	4.60m	15-1¼ (1.8)	3/16
9		Frankie WITHAM	FR	#3 Hamline {2}	4.50mw	14-9¼ (2.4)	3/15
10		Myla VOLK	SO	#4 UW-Superior {2}	4.46m	14-7¾ (0.1)	3/16

Women's Shot Put

1	24	Peyton PANKA	SO	#2 St. Norbert	12.25m	40-2¼	3/15
2	57	Desirae DATES	SO	#3 Hamline	11.31m	37-1¼	3/15
3		Lexi LEFEVER		#5 UW-River Falls	10.44m	34-3	3/21
4		Brooke TRACY	SO	#3 Hamline {2}	10.03m	32-11	3/15
5		Jolie FOREMAN	SO	#2 St. Norbert {2}	9.65m	31-8	3/15
6		Malori BURMEISTER	SO	#3 Hamline {3}	9.48m	31-1¼	3/15
7		Sydney COX	SO	#4 UW-Superior	8.97m	29-5¼	3/16
8		Elena FUGLESTAD		#5 UW-River Falls {2}	7.70m	25-3¼	3/21
9		Savannah LEOPOLD		#5 UW-River Falls {3}	7.65m	25-1¼	3/21

Women's Discus

1	11	Jade HUNT	JR	#3 Hamline	39.90m	130-11	3/15
2	17	Madison REED	JR	#3 Hamline {2}	39.22m	128-8	3/15
3	41	Desirae DATES	SO	#3 Hamline {3}	37.15m	121-11	3/15
4	69	Jolie FOREMAN	SO	#2 St. Norbert	34.66m	113-9	3/15
5		Sydney COX	SO	#4 UW-Superior	23.52m	77-2	3/16
6		Malori BURMEISTER	SO	#3 Hamline {4}	23.28m	76-4½	3/15
7		Romona-Shae BLAKE	SO	#3 Hamline {5}	21.45m	70-4½	3/15

Women's Hammer

1	7	Madison REED	JR	#3 Hamline	48.35m	158-8	3/15
2	55	Peyton PANKA	SO	#2 St. Norbert	41.20m	135-2	3/15
3	60	Brooke TRACY	SO	#3 Hamline {2}	40.72m	133-7	3/15
4	74	Jade HUNT	JR	#3 Hamline {3}	39.60m	129-11	3/15
5		Jolie FOREMAN	SO	#2 St. Norbert {2}	32.61m	107-0	3/15
6		Sydney COX	SO	#4 UW-Superior	31.32m	102-9	3/16
7		Romona-Shae BLAKE	SO	#3 Hamline {4}	28.22m	92-7	3/15

Women's Javelin

1		Lexi LEFEVER		#5 UW-River Falls	24.95m	81-10¼	3/22
2		Savannah LEOPOLD		#5 UW-River Falls {2}	19.23m	63-1¼	3/22
3		Elena FUGLESTAD		#5 UW-River Falls {3}	13.79m	45-3	3/22

Women's Heptathlon

1	1	Lexi LEFEVER	#5 UW-River Falls	4,632	3/22
2	15	Elena FUGLESTAD	#5 UW-River Falls {2}	2,972	3/22
3	18	Savannah LEOPOLD	#5 UW-River Falls {3}	2,788	3/22



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South

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Women's 100 Meters

1	1	Syniah SIMS	FR	#5	Belhaven (Miss.)	11.86	(1.7)	3/23
2	2	Katelyn GAMBLE	SR	#4	Washington and	11.95w	(2.5)	3/23
2	2	Ti'asia BRYANT	FR	#16	North Carolina W	11.95w	(3.7)	3/22
4	5	Audrey JOHNSON	JR	#1	Emory	12.03	(1.7)	3/23
5	7	Kimona HAYNES	SO	#5	Belhaven (Miss.)	{2} 12.19	(1.7)	3/23
6	10	Sophia REDMOND	SO		Mary Washington	12.29w	(2.1)	3/23
6	10	Oceana BROWN	FR	#11	Gallaudet	12.29w	(2.5)	3/23
8	13	Dashiel TAO HARRIS	JR	#1	Emory	{2} 12.31	(-1.3)	3/16
8	13	Aniya SEWARD	SR	#2	Lynchburg	12.31	(0.2)	3/16
10	16	Ashaunti BARNES	SR	#5	Belhaven (Miss.)	{3} 12.33w	(3.3)	3/23

Women's 100 Meter Hurdles

1	2	Aniya SEWARD	SR	#2	Lynchburg	14.26	(-1.0)	3/23
2	6	Betsy MOHNKERN	SR	#2	Lynchburg	{2} 14.67	(-1.0)	3/23
3	14	Amaya MARTIN	SR	#1	Emory	14.96	(2.0)	3/16
4	19	Emily THOMPSON	SR	#3	Berry	15.09	(0.8)	3/2
5	24	Rebecca CARR	FR	#8	Roanoke	15.22	(0.0)	3/23
6	28	Deziree CONKLIN	JR	#17	Marymount (Va.)	15.28	(0.5)	3/23
7	30	Cammi WINSTON	SR	#8	Roanoke	{2} 15.30	(0.3)	3/23
8	35	Amanda ROMANO	JR	#4	Washington and	15.45	(0.3)	3/23
9	36	Ray Ray TAYLOR	SR	#12	Eastern Mennonite	15.51	(0.5)	3/23
9	36	Macy MURDOCK	SO	#3	Berry	{2} 15.51	(0.8)	3/2

Women's 200 Meters

1	1	Syniah SIMS	FR	#5	Belhaven (Miss.)	24.58w	(2.1)	3/23
2	3	Kimona HAYNES	SO	#5	Belhaven (Miss.)	{2} 24.86w	(2.1)	3/23
3	5	Oceana BROWN	FR	#11	Gallaudet	25.05w	(3.1)	3/23
4	14	Jaela THOMAS	SR	#15	Pfeiffer	25.32	(0.6)	3/16
5	16	Ashaunti BARNES	SR	#5	Belhaven (Miss.)	{3} 25.39	(0.6)	3/2
6	22	Haylee GAMBLE	SR	#8	Roanoke	25.56w	(3.1)	3/23
7	31	Ti'asia BRYANT	FR	#16	North Carolina W	25.70	(0.9)	3/22
8	38	Summer WALLACE	FR	#9	Bridgewater (Va.)	25.87w	(3.1)	3/23
9	39	Betsy MOHNKERN	SR	#2	Lynchburg	25.88w	(2.3)	3/16
10	50	Evelle DILLON	FR	#5	Belhaven (Miss.)	{4} 26.01w	(2.5)	3/23

Women's 400 Meters

1	1	Ashaunti BARNES	SR	#5	Belhaven (Miss.)	57.07		3/2
2	7	Kaitlyn RUIZ	FR	#6	Shenandoah	57.54		3/16
3	9	Kimona HAYNES	SO	#5	Belhaven (Miss.)	{2} 57.77		3/2
4	14	Thora PEARSON	SR	#7	Rhodes	58.28		3/23
5	25	Vuronika BARNES	SR	#2	Lynchburg	59.06		3/23
6	34	Clare MARSH	JR	#10	Catholic (D.C.)	59.91		3/22
7	36	Hannah RILEY	FR	#1	Emory	59.93		3/16
8	41	Mya RIVERA	FR		Guilford	1:00.14		3/22
9	42	Mina LEOPOLD	JR	#1	Emory	{2} 1:00.18		3/23
10	62	Kamiyah WOOTEN	FR	#16	North Carolina W	1:00.87		3/22

Women's 400 Meter Hurdles

1	3	Betsy MOHNKERN	SR	#2	Lynchburg	1:03.47		3/23
2	6	Macy MURDOCK	SO	#3	Berry	1:03.97		3/2
3	11	Allison BOBST	SR	#2	Lynchburg	{2} 1:05.20		3/16
4	12	Emily THOMPSON	SR	#3	Berry	{2} 1:05.24		3/2
5	20	Mia MCCONNELL	FR	#10	Catholic (D.C.)	1:06.62		3/22
6	25	Caroline HANSEN	JR	#1	Emory	1:06.95		3/23
7	30	Ophelia LADNER	SO	#8	Roanoke	1:07.41		3/23
8	32	Amaya MARTIN	SR	#1	Emory	{2} 1:07.58		3/23
9	34	Shannen ALACK	FR	#7	Rhodes	1:07.85		3/15
10	36	Megan WEILMUNSTER	JR	#7	Rhodes	{2} 1:07.94		3/2

Women's 800 Meters

1	4	Lily TAYLOR	SR	#1	Emory	2:13.72		3/16
2	9	Madison TIAFFAY	SO	#1	Emory	{2} 2:14.67		3/16
3	19	Hannah EDWARDS	FR	#2	Lynchburg	2:18.60		3/23
4	34	Carly O'TOOLE	SO	#19	Meredith	2:20.44		3/1
5	41	Payton SULLIVAN	SO	#1	Emory	{3} 2:21.56		3/16
6	48	Channing BARKER	SR	#24	Brevard (N.C.)	2:21.83		3/23
7	53	Anna ROSE	JR	#3	Berry	2:22.28		3/23
8	68	Madelyn MERNA	SO	#19	Meredith	{2} 2:23.60		3/1
9	77	Katelyn LENTZ	FR	#15	Pfeiffer	2:24.30		3/22
10	78	Payton FLEMING	FR	#1	Emory	{4} 2:24.38		3/16

Women's 1500 Meters

1	2	Courtney DRUMM	SR	#2	Lynchburg	4:32.01		3/23
2	3	Kayla WERNER	FR	#2	Lynchburg	{2} 4:32.28		3/23
3	4	Brigid HANLEY	SR	#1	Emory	4:32.71		3/23
4	8	Lily TAYLOR	SR	#1	Emory	{2} 4:35.33		3/23
5	10	Madison TIAFFAY	SO	#1	Emory	{3} 4:37.05		3/23
6	20	Luna MCCAULEY	SO	#1	Emory	{4} 4:44.17		3/23
7	24	Allison DELL	JR	#2	Lynchburg	{3} 4:45.11		3/23
8	26	Liesl SCHERRER	JR	#1	Emory	{5} 4:45.77		3/23
9	28	Madison LOWERY	SR	#15	Pfeiffer	4:46.94		3/22
10	31	Molly SILVA	JR	#2	Lynchburg	{4} 4:47.82		3/16

Women's 5000 Meters

1	7	Madison LOWERY	SR	#15	Pfeiffer	17:40.93		3/16
2	18	Claire HAMLET	JR	#4	Washington and	17:56.57		3/16
3	22	Lauren MASSEY	SR	#2	Lynchburg	17:59.93		3/16
4	23	Olivia WARR	FR	#4	Washington and	{2} 18:00.42		3/16
5	25	Mackenzie YOUNG	SR	#9	Bridgewater (Va.)	18:03.40		3/16
6	29	Elise MOLINARO	SR	#4	Washington and	{3} 18:09.31		3/16
7	36	Elle HAUSHALTER	JR	#1	Emory	18:12.90		3/16
8	40	Kristen WERNER	FR	#2	Lynchburg	{2} 18:15.68		3/16
9	51	Delaney BUNDY	FR	#19	Meredith	18:24.28		3/1
10	79	Madeline LOTTS	JR	#6	Shenandoah	18:39.89		3/16



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Women's 4x100 Relay

1	1	Nikki Boon, Dashiel Tao Harris, Kaya Binetti, Audrey Johnson	#1 Emory	47.00	3/16
2	6	Ashaunti Barnes, Kimona Haynes, Anneshia Greer, Syniah Sims	#5 Belhaven (Miss.)	47.87	3/23
3	7	Betsy Mohnkern, Elizabeth Wenger, Vuronika Barnes, Aniya Seward	#2 Lynchburg	48.02	3/23
4	11	Lytic Hoggard, Julia Hathaway, Kennedy Chapman, Natashe Tate	#13 Virginia Wesleya	48.24	3/23
4	11	Mariah Brooks, Ti'asia Bryant, Tysheka Moore, Kamayah Wooten	#16 North Carolina V	48.24	3/22
6	30	Erin Buckley, Sarah Schumacher, Felicity Giampietro, Ellie Bixenman	#10 Catholic (D.C.)	49.97	3/22
7	32	Ashanti Lastrapes, Natalie Burke, Fiona Selders, Hannah Brown	Millsaps	50.01	3/2
8	33	Alexis Hubbard, Janelle Anderson, Sarah Sidoro, Kaitlyn Ruiz	#6 Shenandoah	50.14	3/23
9	36	Kendra Smith, Jaidyn Turner, Jessica Taylor, Tatianna Langston	#22 Randolph	50.23	3/23
10	42	Michaiah Adams, Ty'Kerria Young, Diamond Rayford, Vonisha Towns	#18 Mississippi Univ.	50.74	3/23

Women's 4x400 Relay

1	9	Dashiel Tao Harris, Audrey Johnson, Hannah Riley, Mina Leopold	#1 Emory	3:58.75	3/23
2	11	Simmons Lee, Annabelle Sutliff, Jesma Evans, Jordynn Palethorpe	#4 Washington and	4:01.21	3/16
3	23	Isabel Farnsworth, Olivia Clarke, Shannen Alack, Megan Weilmuenster	#7 Rhodes	4:07.68	3/2
4	30	Alexis Hubbard, Haley Van Voorhis, Mackenzie Plowman, Kaitlyn Ruiz	#6 Shenandoah	4:11.07	3/16
5	31	Lia Savage, Folole Torres, Kamree Castle, Addie Parker	Southern Virgini	4:11.35	3/16
6	41	Brandi Gardner, Quierra Hawkins, Katena Morrison, Treazure Rosario- watson	#23 Methodist	4:16.11	3/22
7	52	Alexa Grassi, Felicity Giampietro, Mia Lamarra, Kate Lozzi	#10 Catholic (D.C.)	4:20.00	3/22
8	57	Anna Rose, Leine Burke, Sydney Howard, Olivia Lambert	#3 Berry	4:23.04	3/15
9	59	Tijjah Mosley, Anisah Kersey, Cecelia Aten, Amia Barnes	#13 Virginia Wesleya	4:24.57	3/16
10	62	Ileyna Brooks, Bella Caccamo, Michelle Cates, Sam Seymour	#14 Piedmont	4:26.41	3/23

Women's High Jump

1	2	Hannah WETZEL	SR	#11 Gallaudet	1.64m	5-4½	3/23
2	4	Camille GILLUM	SO	#4 Washington and	1.63m	5-4¼	3/16
3	8	Emily THOMPSON	SR	#3 Berry	1.61m	5-3¾	3/23
4	9	Kris WILLIAMS	FR	#3 Berry	{2} 1.60m	5-3	3/15
4	9	Kym YOUNG	JR	#7 Rhodes	1.60m	5-3	3/2
6	15	Katya HOOVER	JR	#6 Shenandoah	1.59m	5-2½	3/23
6	15	Kaitlyn NGUYEN	SR	#8 Roanoke	1.59m	5-2½	3/23
8	18	Rebecca CARR	FR	#8 Roanoke	{2} 1.58m	5-2¼	3/16
9	22	Makayla STREET	SO	#24 Brevard (N.C.)	1.57m	5-1¾	3/23
10	30	Ray Ray TAYLOR	SR	#12 Eastern Mennon	1.55m	5-1	3/16
10	30	Norah CIANO	JR	#13 Virginia Wesleya	1.55m	5-1	3/23



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Women's Pole Vault

1	5	Kendra PAYNE	SR	#7 Rhodes	3.67m	12-½	3/2
2	12	Allison BOBST	SR	#2 Lynchburg	3.50m	11-5¾	3/23
3	13	Hannah RILEY	FR	#1 Emory	3.45m	11-3¾	3/16
4	16	Ashley D'AMBROSIA	JR	#4 Washington and	3.44m	11-3½	3/23
5	27	Ella PINE	FR	#3 Berry	3.26m	10-8¼	3/2
5	27	Madeline HUBBERT	JR	#3 Berry	3.26m	10-8¼	3/2
7	34	Cameron WEBER	FR	#2 Lynchburg	{2}3.20m	10-6	3/23
8	50	Alyssa TONETTI	FR	#2 Lynchburg	{3}3.05m	10-0	3/23
9	61	Alex FEURER	JR	#1 Emory	{2}3.00m	9-10	3/16
9	61	Sammy RAMACHER	JR	#1 Emory	{2}3.00m	9-10	3/16

Women's Long Jump

1	1	Ray Ray TAYLOR	SR	#12 Eastern Mennonite	5.65m	18-6½ (0.4)	3/23
2	8	Kacey KELLY	SO	#2 Lynchburg	5.35m	17-6¾ (0.5)	3/23
3	14	Brandi GARDNER	SO	#23 Methodist	5.24m	17-2¼ (1.0)	3/22
4	17	Summer WALLACE	FR	#9 Bridgewater (Va.)	5.19m	17-½ (0.7)	3/16
5	23	Lyric HOGGARD	SO	#13 Virginia Wesleyan	5.14m	16-10½ (0.0)	3/16
6	32	Madelyn VENABLE	JR	#4 Washington and	5.09m	16-8½ (0.0)	3/16
7	37	Kaia BEDDOWS	FR	#4 Washington and	{2}5.06m	16-7¼ (0.0)	3/16
7	37	Emily THOMPSON	SR	#3 Berry	5.06m	16-7¼ (-2.0)	3/23
9	40	Kiara SMITH	JR	#2 Lynchburg	{2}5.05m	16-7 (-1.1)	3/23
10	44	Deziree CONKLIN	JR	#17 Marymount (Va.)	5.04m	16-6½ (0.0)	3/16

Women's Triple Jump

1	2	Kacey KELLY	SO	#2 Lynchburg	11.93m	39-1¾ (0.4)	3/23
2	3	Aniya SEWARD	SR	#2 Lynchburg	{2}11.76m	38-7 (0.0)	3/16
3	4	Malia MELTON	SO	#21 Oglethorpe	11.58m	38-0 (-0.4)	3/16
4	10	Audrey JOHNSON	JR	#1 Emory	11.01mw	36-1½ (2.1)	3/23
5	12	Caroline HANSEN	JR	#1 Emory	{2}10.90m	35-9¼ (-1.1)	3/23
6	19	Jakia JOINER	FR	#5 Belhaven (Miss.)	10.76m	35-3¾ (1.1)	3/23
7	21	Ty'Kerria YOUNG	FR	#18 Mississippi Univ.	10.73m	35-2½ (1.0)	3/23
8	22	Mahlia PARSONS	SR	#2 Lynchburg	{3}10.72m	35-2 (0.2)	3/23
9	31	Kiara SMITH	JR	#2 Lynchburg	{4}10.63m	34-10½ (0.2)	3/23
10	34	Courtney JONES	JR	#3 Berry	10.57m	34-8¼ (0.0)	3/2

Women's Shot Put

1	2	Onoyeme EGURE	FR	#3 Berry	13.33m	43-8¾	3/2
2	17	Abby MIKOLAY	FR	#9 Bridgewater (Va.)	12.38m	40-7½	3/23
3	21	Midajah DAVIS	JR	#11 Gallaudet	12.28m	40-3½	3/23
4	24	Sarah FINEMAN	JR	#1 Emory	12.25m	40-2¼	3/16
5	27	Katherine STEVENS	JR	#20 Christopher New	12.14m	39-10	3/16
6	29	Logan BABBS	JR	#2 Lynchburg	11.94m	39-2¼	3/16
7	30	Ciara DONEGAN	JR	#10 Catholic (D.C.)	11.93m	39-1¾	3/22
8	31	Christian VAN NORDEN	JR	#16 North Carolina W	11.84m	38-10¼	3/22
9	34	Olivia BERNTSON	SR	#4 Washington and	11.77m	38-7½	3/23
10	35	Malysa WINSTON	SO	#3 Berry	{2}11.75m	38-6¾	3/2

Women's Discus

1	2	Nikki BOON	JR	#1 Emory	43.07m	141-4	3/23
2	8	Quinlin ZUNK	JR	#4 Washington and	40.18m	131-10	3/23
3	14	Emily LANE	FR	#25 Covenant	39.43m	129-5	3/16
4	16	Abby MIKOLAY	FR	#9 Bridgewater (Va.)	39.26m	128-10	3/16
5	28	Katherine STEVENS	JR	#20 Christopher New	37.83m	124-2	3/16
6	29	Allie FELTUS	JR	#14 Piedmont	37.81m	124-1	3/16
7	32	Sofia HENDERSON	FR	#3 Berry	37.53m	123-2	3/15
8	33	Logan BABBS	JR	#2 Lynchburg	37.49m	123-0	3/16
9	43	Kiara FELSTON	SR	#6 Shenandoah	36.86m	120-11	3/16
10	62	Kym YOUNG	JR	#7 Rhodes	35.54m	116-7	3/2

Women's Hammer

1	2	Kiara FELSTON	SR	#6 Shenandoah	50.17m	164-7	3/16
2	3	Malysa WINSTON	SO	#3 Berry	49.62m	162-10	3/23
3	6	Katherine STEVENS	JR	#20 Christopher New	48.59m	159-5	3/16
4	10	Bailey HEDGEMON	SO	#4 Washington and	47.90m	157-2	3/23
5	22	Quinlin ZUNK	JR	#4 Washington and	{2}45.21m	148-4	3/16
6	28	Logan BABBS	JR	#2 Lynchburg	44.25m	145-2	3/23
7	35	Sadie PHILLIPS	SO	#3 Berry	{2}43.06m	141-3	3/2
8	45	Jessica RENDFREY	JR	#6 Shenandoah	{2}41.95m	137-8	3/16
9	47	Lauren MYERS	SO	Maryville (Tenn.)	41.85m	137-4	3/23
10	48	Sofia HENDERSON	FR	#3 Berry	{3}41.77m	137-1	3/23

Women's Javelin

1	8	Katya HOOVER	JR	#6 Shenandoah	39.26m	128-10	3/16
2	9	Mable MUTUMWA	FR	#1 Emory	39.24m	128-9	3/23
3	13	Ray Ray TAYLOR	SR	#12 Eastern Mennonite	37.90m	124-4	3/23
4	15	Cailin DELEO	SR	#3 Berry	37.39m	122-8	3/2
5	27	Nikki BOON	JR	#1 Emory	{2}35.53m	116-7	3/16
6	37	Sadie PHILLIPS	SO	#3 Berry	{2}34.96m	114-9	3/2
7	41	Evan DUET	JR	#7 Rhodes	34.33m	112-8	3/2
8	43	Cortney BROWN	SR	#14 Piedmont	34.21m	112-3	3/16
9	46	Zoe CURTIS	JR	#7 Rhodes	{2}33.96m	111-5	3/2
10	49	Carlota GONZALEZ	FR	Averett	33.15m	108-9	3/23

Women's Heptathlon

1	2	Ray Ray TAYLOR	SR	#12 Eastern Mennonite	4,434	3/16
2	3	Emily THOMPSON	SR	#3 Berry	4,397	3/23
3	6	Macy MURDOCK	SO	#3 Berry	{2}3,994	3/23
4	19	Jessica TAYLOR	FR	#22 Randolph	2,767	3/15



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Women's 100 Meters

1	10	Brynn YANEZ	SO	#3 McMurry	12.29	(1.9)	3/3
2	13	Jordyn LUNGO	SR	#2 Whitworth	12.31	(1.2)	3/16
3	17	Trinity MURDOCK	SR	#11 Texas Lutheran	12.34	(-0.2)	3/23
4	22	Elizabeth HAWLEY	SO	#13 Occidental	12.38	(1.5)	3/15
5	24	Ny'Cierra HINTON	JR	#14 St. Thomas (Tex)	12.39	(-0.2)	3/23
5	24	Amaya CUMMINS	JR	#21 UC Santa Cruz	12.39w	(2.4)	3/16
7	32	Allyson HAMMOND	SO	#12 Pacific (Ore.)	12.45w	(2.3)	3/23
7	32	Trinity PROVOST	SO	#14 St. Thomas (Tex)	12.45w	(3.9)	3/9
7	32	Kaylee SMITH	JR	#5 Chapman	12.45	(1.3)	2/24
7	32	Makenna LIZARDE	SO	#5 Chapman	12.45	(0.7)	3/9

Women's 100 Meter Hurdles

1	9	Amelia HEWSON	SR	#2 Whitworth	14.76	(-0.6)	3/22
2	11	Josephine JETT	FR	#4 Claremont-Mudc	14.81w	(3.3)	3/15
3	16	Kaitlyn ULALISA	FR	#8 Pomona-Pitzer	15.03w	(3.3)	3/15
4	18	Allyson HAMMOND	SO	#12 Pacific (Ore.)	15.08	(1.6)	3/23
5	19	Naj CAMPBELL	JR	#3 McMurry	15.09	(-0.9)	3/23
6	22	Passion WASHINGTON	FR	#5 Chapman	15.19	(0.4)	3/2
7	23	Ayahna BAHATI	JR	#1 George Fox	15.20	(0.1)	3/23
8	25	Taylor NORRELL	JR	#11 Texas Lutheran	15.24	(-0.9)	3/23
9	30	Peyton WALTON	FR	#14 St. Thomas (Tex)	15.30	(0.2)	3/3
10	40	Elisabeth JENSEN	SR	#1 George Fox	{2}15.56	(0.0)	3/22

Women's 200 Meters

1	7	Kyrstin WILSON	SO	#15 Puget Sound	25.14	(0.0)	3/8
2	8	Katriona KIRKPATRICK	SO	#8 Pomona-Pitzer	25.17w	(2.4)	3/15
2	8	Alison BALL	SR	#2 Whitworth	25.17	(-0.8)	3/16
4	10	Madelyn GOLLIHAR	SO	#3 McMurry	25.20	(1.7)	3/3
5	13	Makenna LIZARDE	SO	#5 Chapman	25.30	(-0.7)	3/22
6	21	Jackilyn LEWIS	SR	#15 Puget Sound	{2}25.55	(1.4)	3/2
7	23	Trinity PROVOST	SO	#14 St. Thomas (Tex)	25.57	(-0.3)	3/23
8	26	Elizabeth HAWLEY	SO	#13 Occidental	25.63w	(3.4)	3/15
9	29	Macy O'HARA	SR	#17 Lewis & Clark	25.66	(1.2)	3/16
10	30	Nakiah TOLBERT	JR	#18 Hardin-Simmons	25.68	(1.6)	3/3

Women's 400 Meters

1	3	Elizabeth HAWLEY	SO	#13 Occidental	57.23		3/9
2	4	CC GRAY	JR	#7 Trinity (Texas)	57.29		3/23
3	8	Elizabeth BEISWANGER	FR	#15 Puget Sound	57.75		3/8
4	12	Jackilyn LEWIS	SR	#15 Puget Sound	{2}58.11		3/8
4	12	Sarah CHARLES	FR	#5 Chapman	58.11		2/24
6	15	Makenna LIZARDE	SO	#5 Chapman	{2}58.29		2/24
7	16	Kaylee SMITH	JR	#5 Chapman	{3}58.42		3/22
8	17	Allison KREMER	JR	#5 Chapman	{4}58.47		3/22
9	19	Nakiah TOLBERT	JR	#18 Hardin-Simmons	58.50		3/3
10	21	Macy O'HARA	SR	#17 Lewis & Clark	58.89		3/23

Women's 400 Meter Hurdles

1	13	Ellie MARSH	JR	#24 LeTourneau	1:05.27		3/23
2	15	Arden NEFF	JR	#19 Southwestern (T	1:05.58		3/3
3	18	Emily RUTKOWSKI	SR	#12 Pacific (Ore.)	1:06.36		3/16
4	24	Sophia DELGADO	JR	#14 St. Thomas (Tex)	1:06.84		3/16
5	27	Emma FOWKES	SR	#6 Colorado College	1:07.00		3/16
6	29	Nicole PLAYER	JR	#8 Pomona-Pitzer	1:07.35		2/24
7	31	Madelyn GOLLIHAR	SO	#3 McMurry	1:07.54		3/16
8	35	Makayla POWELL	SO	#14 St. Thomas (Tex)	1:07.87		3/16
9	37	Katarina MARIC	JR	#5 Chapman	1:07.95		3/22
10	42	Mashani COLEMAN	SO	#16 Willamette	1:08.39		3/16

Women's 800 Meters

1	1	Ellie RISING	JR	#1 George Fox	2:11.90		3/23
2	2	Laura ZIMMER	SR	#4 Claremont-Mudc	2:12.81		2/17
3	3	Ella FULLERTON	SO	#6 Colorado College	2:13.22		3/9
4	6	Michaela JONES	SR	#8 Pomona-Pitzer	2:14.50		3/9
5	10	Riley CAPUANO	SO	#4 Claremont-Mudc	{2}2:14.97		2/17
6	14	Lily JONES	FR	#2 Whitworth	2:17.56		3/22
7	18	Elizabeth WARREN	SR	#1 George Fox	{2}2:18.41		3/16
8	20	Sally GASKELL	FR	#4 Claremont-Mudc	{3}2:18.63		2/17
9	21	Annette SMITH	FR	#7 Trinity (Texas)	2:18.79		3/3
10	23	Breanna STEELE	SO	#19 Southwestern (T	2:19.09		3/23

Women's 1500 Meters

1	1	Laura ZIMMER	SR	#4 Claremont-Mudc	4:31.34		3/22
2	6	Ellie RISING	JR	#1 George Fox	4:34.63		3/23
3	7	Riley CAPUANO	SO	#4 Claremont-Mudc	{2}4:34.71		3/22
4	11	Annie BERRY	SR	#12 Pacific (Ore.)	4:37.28		3/23
5	12	Kendall ACCETTA	SR	#6 Colorado College	4:38.82c	(4:44.81A)	3/16
6	13	Elle MARSYLA	SO	#4 Claremont-Mudc	{3}4:41.26		3/2
7	16	Malia HEIEN	SO	#17 Lewis & Clark	4:42.68		3/23
8	17	Kylah HOLLAND	SR	#18 Hardin-Simmons	4:43.00		3/3
9	18	Sara WEXLER	SO	#4 Claremont-Mudc	{4}4:43.03		3/2
10	21	Helena JANKU	SO	#21 UC Santa Cruz	4:44.19		3/16

Women's 5000 Meters

1	2	Kendall ACCETTA	SR	#6 Colorado College	17:20.11		3/9
2	3	Elle MARSYLA	SO	#4 Claremont-Mudc	17:24.34		3/9
3	4	Alison MUELLER-HICKLER	SO	#6 Colorado College	{2}17:29.56		3/9
4	5	Jenna LENAY	SO	#13 Occidental	17:32.62		3/9
5	9	Sara WEXLER	SO	#4 Claremont-Mudc	{2}17:44.84		3/9
6	11	Marissa HEHIR	FR	La Verne	17:49.29		3/9
7	14	Elliot SINGER	JR	#6 Colorado College	{3}17:51.73		3/9
8	19	Annie BERRY	SR	#12 Pacific (Ore.)	17:57.36		3/16
9	20	Isabel OLSON	JR	#6 Colorado College	{4}17:58.16		3/9
10	26	Virginia PISTILLI	SO	#25 Caltech	18:05.34		3/9



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Women's 4x100 Relay

1	4	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde	#5 Chapman	47.82	3/22
2	5	Jordyn Lungo, Amelia Hewson, Isabella Pereira, Alison Ball	#2 Whitworth	47.85	3/16
3	10	Madelyn Gollihar, Brynn Yanez, Erin Fallon, Jada Morris	#3 McMurry	48.16	3/23
4	14	Taylor Norrell, Natalie Garcia, Leilani Lopez, Trinity Murdock	#11 Texas Lutheran	48.67	3/23
5	18	Trinity Provost, Peyton Walton, Sophia Delgado, Ny'Cierra Hinton	#14 St. Thomas (Tex)	48.87	3/16
6	20	Nicole Player, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	#8 Pomona-Pitzer	48.96	3/15
7	21	Hillary Connors, Rachelle Silis, Paige Kasso, Kira Hawaaboo	#10 Linfield	49.00	3/16
8	22	Yasmin Subawalla, CC Gray, Joy Areola, Hayley Huck	#7 Trinity (Texas)	49.05	3/23
9	23	Isabel Yaffe, Francesca Candelieri, Emmamarie Watkins, Elizabeth Hawley	#13 Occidental	49.23	3/15
10	25	Maigan Adams, Faith Kasper, Sabrina Semmere, Sabrina Tanouye	#9 Redlands (Calif.)	49.29	3/15

Women's 4x400 Relay

1	3	Kaylee Smith, Proud Kitnitchiva, Makenna Lizarde, Allison Kremer	#5 Chapman	3:52.06	3/23
2	7	Jackilyn Lewis, Kyrstin Wilson, Erin Schmidlin, Elizabeth Beiswanger	#15 Puget Sound	3:57.57	3/8
3	8	Katriona Kirkpatrick, Michaela Jones, Nicole Player, Olivia Reichle	#8 Pomona-Pitzer	3:58.27	3/23
4	10	Lilly Broussard, CC Gray, Annette Smith, Vanessa Garcia	#7 Trinity (Texas)	3:59.99	3/3
5	12	Madelyn Gollihar, Erin Fallon, Jacee Dinkins, Naj Campbell	#3 McMurry	4:01.75	3/23
6	13	Callow Soto, Malia Heien, Elsie Chin, Macy O'Hara	#17 Lewis & Clark	4:03.55	3/16
7	14	Tia Akasaki, Francesca Candelieri, Delphine Way, Elizabeth Hawley	#13 Occidental	4:03.74	3/2
8	16	Emma Fowkes, Emma Jones, Gabriela Lues, Clara Lippert	#6 Colorado College	4:04.43	3/16
9	17	Caitlin Donovan, Amaya Cummins, Mae Stafford, Sophie Jimenez	#21 UC Santa Cruz	4:06.08	3/16
10	20	Jordan Hayes, Jennifer Torres-Bermudez, Rachelle Silis, Paige Kasso	#10 Linfield	4:06.72	3/16

Women's High Jump

1	2	Breanne RAWLS	JR	#2 Whitworth	1.64m	5-4½	3/16
2	5	Kira HAWAABOO	FR	#10 Linfield	1.62m	5-3¾	3/16
2	5	Whitley STEPP	SO	#16 Willamette	1.62m	5-3¾	3/16
2	5	Erica SNYDER	SO	#16 Willamette	1.62m	5-3¾	3/16
5	9	Adva SHILON	JR	#5 Chapman	1.60m	5-3	2/24
5	9	Sarah BJORNSEN	SR	#20 Cal Lutheran	1.60m	5-3	2/2
7	22	Emmalee HORTON	SO	#18 Hardin-Simmons	1.57m	5-1¾	3/3
7	22	April KWAN	SR	#6 Colorado College	1.57m	5-1¾	3/9
7	22	Marina CARROL	SR	#1 George Fox	1.57m	5-1¾	3/16
7	22	Logan ROBERTS	SO	#10 Linfield	{2} 1.57m	5-1¾	3/16



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Women's Pole Vault

1	4	Grace TULLY	JR	#1 George Fox	3.70m	12-1½	3/16
2	6	Brenna STELL	FR	#3 McMurry	3.66m	12-0	3/23
3	7	Siera CRAWFORD	SR	#10 Linfield	3.58m	11-9	3/9
4	8	Shelby LARSON	SR	#1 George Fox	{2}3.55m	11-7¾	3/23
4	8	Angela HAWKINS	SO	#1 George Fox	{2}3.55m	11-7¾	3/23
4	8	Madeline SEIFERT	SO	#4 Claremont-Mudc	3.55m	11-7¾	2/17
7	19	Ashlynn RECKNAGEL	SO	#11 Texas Lutheran	3.35m	10-11¾	3/23
8	30	Anna WILSON	SR	#1 George Fox	{4}3.25m	10-8	3/16
8	30	Isabelle AU	SO	#5 Chapman	3.25m	10-8	2/9
8	30	Adva SHILON	JR	#5 Chapman	3.25m	10-8	2/24
8	30	Valerie BRUGGEMAN	JR	#1 George Fox	{4}3.25m	10-8	3/16

Women's Long Jump

1	3	Joy AREOLA	JR	#7 Trinity (Texas)	5.60m	18-4½ (1.3)	3/23
2	4	Kira HAWAABOO	FR	#10 Linfield	5.50m	18-½ (0.0)	3/9
3	6	Allyson HAMMOND	SO	#12 Pacific (Ore.)	5.42mw	17-9½ (2.3)	3/16
4	8	Maigan ADAMS	JR	#9 Redlands (Calif.)	5.35m	17-6¾ (0.0)	2/17
5	12	Brianna TIRA	FR	#2 Whitworth	5.25m	17-2¾ (1.5)	3/22
5	12	Jada MORRIS	JR	#3 McMurry	5.25m	17-2¾ (0.0)	3/3
7	17	Victoria AZAR	JR	#1 George Fox	5.19mw	17-½ (2.2)	3/23
8	19	Christen WILEY	JR	#9 Redlands (Calif.)	{2}5.16m	16-11¼ (0.4)	2/17
9	22	Emily CRAWFORD	SO	#1 George Fox	{2}5.15m	16-10¾ (1.7)	3/16
10	29	Elisabeth EICHINGER	SO	#9 Redlands (Calif.)	{3}5.11mw	16-9¼ (2.4)	3/15

Women's Triple Jump

1	1	Joy AREOLA	JR	#7 Trinity (Texas)	12.20m	40-½ (0.0)	3/23
2	6	Isabella PEREIRA	FR	#2 Whitworth	11.21m	36-9½ (1.0)	3/16
3	14	Niani JONES	FR	#20 Cal Lutheran	10.87m	35-8 (1.4)	3/23
4	17	Nicole PLAYER	JR	#8 Pomona-Pitzer	10.81m	35-5¾ (0.9)	2/24
5	18	Ella BOWERS	JR	#8 Pomona-Pitzer	{2}10.78m	35-4½ (0.8)	2/10
6	25	Maddy WIETSTRUCK	JR	#7 Trinity (Texas)	{2}10.70m	35-1¼ (1.0)	3/3
7	29	Maigan ADAMS	JR	#9 Redlands (Calif.)	10.64m	34-11 (-1.0)	3/2
8	36	Briana MEREDITH	FR	#5 Chapman	10.54m	34-7 (0.8)	3/9
8	36	Christen WILEY	JR	#9 Redlands (Calif.)	{2}10.54m	34-7 (0.0)	2/17
10	39	Meriah GONZALEZ	SO	#3 McMurry	10.51m	34-5¾ (1.1)	3/23

Women's Shot Put

1	1	Renee TIUMALU	SR	#2 Whitworth	13.43m	44-¾	3/16
2	9	Timony SHERRY	SR	#9 Redlands (Calif.)	12.76m	41-10½	3/15
3	11	Amblessed OKEMGBO	SO	#2 Whitworth	{2}12.60m	41-4¼	3/22
4	13	Kendra HUMPHRIES	FR	#3 McMurry	12.58m	41-3¼	3/16
5	15	Ellena CORWIN	SR	#1 George Fox	12.48m	40-11½	3/23
6	18	Elizabeth JORDAN	JR	#3 McMurry	{2}12.37m	40-7	3/23
7	23	Izzy BOYD	FR	#2 Whitworth	{3}12.26m	40-2¾	3/16
8	26	Teulia ILAIO	FR	#22 Pacific Lutheran	12.15m	39-10½	3/2
9	32	Tori COLMAN	FR	#3 McMurry	{3}11.80m	38-8¾	3/23
10	33	Deserae CHARLES	FR	#11 Texas Lutheran	11.78m	38-7¾	3/23

Women's Discus

1	1	Amblessed OKEMGBO	SO	#2 Whitworth	43.66m	143-3	3/16
2	3	Noelle CHAVEZ	SR	#9 Redlands (Calif.)	41.50m	136-2	3/2
3	9	Tori COLMAN	FR	#3 McMurry	40.12m	131-8	3/16
4	13	Katelyn SEWELL	FR	#4 Claremont-Mudc	39.59m	129-11	3/15
5	15	Kendra HUMPHRIES	FR	#3 McMurry	{2}39.42m	129-4	3/16
6	18	Graycee MOSLEY	SO	#23 East Texas Bapti	39.15m	128-6	3/23
7	20	Lauryn RAWLS	SR	#2 Whitworth	{2}39.06m	128-2	3/22
8	22	Elizabeth RYAN	JR	#3 McMurry	{3}38.55m	126-6	3/23
8	22	Rachel BELL	FR	#7 Trinity (Texas)	38.55m	126-6	3/23
10	24	Caeli HAVEL	SR	#9 Redlands (Calif.)	{2}38.42m	126-1	3/15

Women's Hammer

1	9	Elizabeth RYAN	JR	#3 McMurry	48.10m	157-10	3/23
2	11	Antonia HEKSTER	JR	#4 Claremont-Mudc	47.65m	156-4	2/17
3	17	Leslie SERNAQUE FALCON	SR	#9 Redlands (Calif.)	46.29m	151-11	3/15
4	18	Elizabeth CUNNINGHAM	JR	#3 McMurry	{2}46.28m	151-10	3/23
5	19	Kaitlyn JOHNSON	SR	#1 George Fox	46.19m	151-7	3/9
6	21	Julissa RODRIGUEZ	JR	#11 Texas Lutheran	45.45m	149-2	3/23
7	32	Megan ROBERTSON	SR	#25 Caltech	43.82m	143-9	2/24
8	34	Eva WIRTH	JR	#22 Pacific Lutheran	43.12m	141-6	3/8
9	40	Jaelene CHAVEZ	SR	#1 George Fox	{2}42.58m	139-9	3/9
10	43	Tenley GRANT	JR	#16 Willamette	42.41m	139-2	3/16

Women's Javelin

1	1	Chrissy STRICKLAND	SR	#1 George Fox	43.11m	141-5	3/23
2	2	Neelie SCHIEL	SO	#23 East Texas Bapti	40.78m	133-10	3/3
3	3	Devyn CHELIN	FR	#2 Whitworth	40.65m	133-5	3/2
4	4	Ellena CORWIN	SR	#1 George Fox	{2}40.53m	133-0	3/16
5	7	Kaiona APIO	SR	#16 Willamette	39.29m	128-11	3/21
6	16	Mattison STAYROOK	SO	Concordia Texas	37.33m	122-6	3/23
7	18	Kendra HUMPHRIES	FR	#3 McMurry	37.07m	121-8	3/3
8	21	Natalie ELLIS	FR	#2 Whitworth	{2}36.93m	121-2	3/22
9	22	Emily BROWN	FR	#2 Whitworth	{3}36.91m	121-1	3/22
10	26	Makayla TUIOLEMOTU	SO	#12 Pacific (Ore.)	35.87m	117-8	3/16

Women's Heptathlon

1	4	Breanne RAWLS	JR	#2 Whitworth	4,379	3/22
2	5	Kira HAWAABOO	FR	#10 Linfield	4,146	3/22
3	8	Emily BROWN	FR	#2 Whitworth	{2}3,934	3/22
4	9	Breeauna O'REAR	SR	#1 George Fox	3,596	3/22
5	10	Dylainee CARMONY	FR	#1 George Fox	{2}3,521	3/22
6	11	Jenna HUNTSMAN	SO	#1 George Fox	{3}3,498	3/22
7	17	Brianna TIRA	FR	#2 Whitworth	{3}2,946	3/22