



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



East

as of 4/9/2024 7:44:56 AM ET

## Women's 100 Meters

1	23	Simone WAHEED	FR	#3 Colby	12.19	(1.8)	3/30
2	49	Dorinda OKORJI	JR	#12 UMass Boston	12.35w	(3.0)	3/16
3	51	Jailene ESCALERA	SR	#7 Bridgewater Sta	12.36	(-0.7)	4/7
4	66	Michaina LORISTON	SO	#5 Wheaton (Mass.)	12.41w	(2.3)	3/16
4	66	Wendy WOODEN	SO	#5 Wheaton (Mass.)	12.41w	(2.5)	3/16
4	66	Vivienne EVANS	SR	#4 WPI	12.41w	(2.6)	4/6
7	75	Amaris GOODWIN	JR	#11 Gordon (Mass.)	12.43w	(2.7)	3/30
8		Savanna VARGAS	FR	#5 Wheaton (Mass.)	12.51	(1.3)	3/16
9		Alison MCDONOUGH	SR	#7 Bridgewater Sta	12.55	(0.0)	3/29
10		Janiah YOUNG	SO	#9 Southern Maine	12.63w	(3.4)	4/6

## Women's 100 Meter Hurdles

1	9	Erin DAUGHERTY	JR	#3 Colby	14.35w	(3.1)	3/30
2	14	Alison MCDONOUGH	SR	#7 Bridgewater Sta	14.59	(0.2)	3/29
3	19	Aryianna GARCEAU	SO	#12 UMass Boston	14.67	(1.0)	3/30
4	35	Kiana GOLDBERG	FR	#9 Southern Maine	14.95w	(2.5)	4/6
5	39	Sarah PILLONE	SR	#2 Tufts	15.00	(1.0)	3/30
6	52	Amanda CASTALDI	SO	#5 Wheaton (Mass.)	15.18	(0.8)	4/7
7	64	Emma BURR	FR	#16 Thomas (Maine)	15.31	(1.5)	3/1
8	75	Alya CAMPBELL	JR	#8 Brandeis	15.43	(0.8)	4/7
9	86	Makany CAMARA	JR	#23 Fitchburg State	15.58	(1.5)	3/30
10		Antonia KNOTH	SR	#2 Tufts	16.03	(-1.3)	4/7

## Women's 200 Meters

1	29	Marina MILLER	JR	#1 MIT	25.19	(1.7)	4/7
2	46	Jailene ESCALERA	SR	#7 Bridgewater Sta	25.33	(1.7)	4/7
3	47	Schylar WYSE	SR	#5 Wheaton (Mass.)	25.35w	(3.3)	3/16
4	58	Kiara ABRANTES	JR	#7 Bridgewater Sta	25.49	(1.7)	4/7
5	82	Simone WAHEED	FR	#3 Colby	25.71w	(3.9)	3/30
6	92	Kiana GOLDBERG	FR	#9 Southern Maine	25.80cu	(26.46u) (1.7)	4/6
7	94	JoJo MILLER	FR	#1 MIT	25.82	(1.7)	4/7
8		Savanna VARGAS	FR	#5 Wheaton (Mass.)	25.92	(1.6)	3/16
8		Aryianna GARCEAU	SO	#12 UMass Boston	25.92w	(3.5)	3/16
10		Vivienne EVANS	SR	#4 WPI	25.94w	(2.8)	4/6

## Women's 400 Meters

1	15	Marina MILLER	JR	#1 MIT	57.29		3/30
2	17	Kiara ABRANTES	JR	#7 Bridgewater Sta	57.32		4/7
3	34	Olivia DOHERTY	SO	#3 Colby	57.99		3/30
4	36	Kristina PIZZI	JR	#3 Colby	58.06	{2}	3/23
5	48	Annika KRAL	JR	#2 Tufts	58.58		4/7
6	64	Ashley KELEHER	SR	#22 Colby-Sawyer	58.86		3/30
7	82	Marielle GOGANIAN	FR	#3 Colby	59.24	{3}	3/30
8	89	Olivia DIAS	JR	#1 MIT	59.41	{2}	3/30
9		Amaris GOODWIN	JR	#11 Gordon (Mass.)	1:00.11		4/6
10		Harper MEEK	SR	#2 Tufts	1:00.48	{2}	3/16

## Women's 400 Meter Hurdles

1	3	Fiona MEJICO	JR	#3 Colby	1:01.90		3/30
2	6	Paige COOKSEY	JR	#1 MIT	1:02.81		3/30
3	16	Emma SMITH	JR	#2 Tufts	1:03.97		3/16
4	17	Erin DAUGHERTY	JR	#3 Colby	1:04.32	{2}	3/30
5	20	Maddie LEE	SR	#6 Bates	1:04.67		4/6
6	25	Angela HAGSTROM	JR	#13 Babson	1:05.19		3/16
7	37	Antonia KNOTH	SR	#2 Tufts	1:05.90	{2}	4/7
8	52	Haley WIMS	SR	#3 Colby	1:06.65	{3}	3/23
9	58	Olivia ZARZYCKI	JR	#8 Brandeis	1:06.84		4/7
10	88	Natalie LIAPIS	FR	#8 Brandeis	1:07.99	{2}	4/7

## Women's 800 Meters

1	3	Julia HOWARTH	JR	#1 MIT	2:11.08		3/30
2	31	Krystal MONTGOMERY	SO	#1 MIT	2:16.23	{2}	4/7
3	42	Meagan ROWLETT	JR	#1 MIT	2:17.52	{3}	4/7
4	77	Hannah RISKO	JR	#15 Endicott	2:19.45		4/6
5	95	Olivia DOHERTY	SO	#3 Colby	2:20.30		3/23
6		Marielle GOGANIAN	FR	#3 Colby	2:20.76	{2}	3/23
7		Megan DIULUS	FR	#1 MIT	2:20.83	{4}	4/7
8		Chloe CLIFFORD	SO	#13 Babson	2:20.88		3/16
9		Anna MACKEY	SO	#3 Colby	2:20.95	{3}	3/23
10		Chrissy AMAN	SR	#6 Bates	2:22.25		4/6

## Women's 1500 Meters

1	41	Heather JENSEN	FR	#1 MIT	4:40.97		4/7
2	65	Kirsi RAJAGOPAL	JR	#1 MIT	4:43.56	{2}	4/7
3	67	Ella WHINNEY	SO	#17 Wellesley	4:44.00		3/16
4	92	Kahryn CULLENBERG	SR	#6 Bates	4:46.18		4/6
5	95	Katya HENISZ	FR	#2 Tufts	4:46.33		4/7
6	96	Alexandra DEAN	SO	#2 Tufts	4:46.47	{2}	4/7
7		Julia DOLCE	SO	#2 Tufts	4:49.08	{3}	4/7
8		Hannah RISKO	JR	#15 Endicott	4:49.22		3/30
9		Caitlin GUILFOYLE	SR	#4 WPI	4:50.17		3/30
10		Rachel BRENNAN	SR	#11 Gordon (Mass.)	4:51.12		3/23

## Women's Steeplechase

1	18	Liv GIRAND	FR	#1 MIT	11:09.20		4/7
2		Alexa SUCHY	FR	#15 Endicott	12:11.97		4/6
3		Grace BEDORE	SO	#19 Husson	12:28.35		3/9
4		Ava DOWLING	JR	#19 Husson	12:28.68	{2}	4/6
5		Lucy STEVENS	FR	#18 Univ. of New Eng	12:34.33		4/6
6		Bee GREENBERG	JR	#14 UMass Dartmouth	12:35.37		3/30
7		Emma STEEDMAN	FR	#14 UMass Dartmouth	12:42.05	{2}	3/30
8		Lexi MARCOLINI	SR	#25 Plymouth State	12:52.01		4/6
9		Julia LATURA	JR	#14 UMass Dartmouth	13:06.88	{3}	3/30
10		Beth IRWIN	SO	#4 WPI	13:09.37		3/30



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## Women's 5000 Meters

1	21	Kate SANDERSON	SO	#1 MIT	17:24.43	4/7
2	40	Stephanie CHUN	SR	#10 Bowdoin	17:39.68	3/23
3		Jaz VANDERHOOF	SO	#5 Wheaton (Mass.)	18:09.54	3/16
4		Abby MUELLER	SR	#10 Bowdoin	{2}18:09.70	3/23
5		Grace OGDEN	SO	#2 Tufts	18:09.84	3/16
6		Elizabeth DONAHUE	SO	#2 Tufts	{2}18:09.91	3/30
7		Elise DESHUSSES	SR	#4 WPI	18:24.92	4/6
8		Sadie HARROW	FR	#8 Brandeis	18:26.26	4/7
9		Sophia CARPENTER	FR	#2 Tufts	{3}18:26.38	3/30
10		Ashleigh KELLEY	SR	#24 Regis (Mass.)	18:27.08	3/30

## Women's 10,000 Meters

1	3	Grace HADLEY	SR	#4 WPI	34:06.68	3/30
2	10	Rachel BRENNAN	SR	#11 Gordon (Mass.)	35:16.00	3/29
3	29	Isabel MAY	SR	#6 Bates	37:04.00	3/23
4	40	Phoebe POHL	JR	#6 Bates	{2}38:03.26	3/23
5	43	Tori BACALL	SO	#10 Bowdoin	38:13.72	3/23
6	49	Madeline HUH	SR	#2 Tufts	38:56.29	3/30
7	59	Anna BATELLI	JR	#8 Brandeis	39:13.03	3/30
8	61	Sarah OSSING	SR	#4 WPI	{2}39:13.91	3/30
9	72	Sophia REYNOLDS	SO	#4 WPI	{3}39:38.15	3/30
10	83	Rebecca ANDERSON	SR	#6 Bates	{3}39:56.50	3/23

## Women's 4x100 Relay

1	7	Savanna Vargas, Schylar Wyse, Amanda Castaldi, Michaina Loriston	#5 Wheaton (Mass.)	47.49	3/16
2	19	Erin Daugherty, Fiona Mejico, Kristina Pizzi, Tally Zeller	#3 Colby	48.11	3/23
3	29	Alison McDonough, Jailene Escalera, Kiara Abrantes, Tristen Gomes	#7 Bridgewater Sta	48.56	4/7
4	70	Jordan Andrew, Anne- Sophie Janssen, Tamia Dubidad, Nyla Thompson	#2 Tufts	50.05	4/7
5	73	Smiley Huynh, Elizabeth Korn, Shaniece Nugent, Alya Campbell	#8 Brandeis	50.11	3/30
6	93	Sara Maeve Klingensmith, Merete Ogah, Taylor Quaye, Ria Goveas	#17 Wellesley	50.47	3/16
7		Corryn Fisher, Vivienne Evans, Jazmyn Ewing, Leithsa Dimanche	#4 WPI	50.72	4/6
8		Montana Casa, Cassidy Hanson, MacKenzie Labrie, Paige Hurst	#25 Plymouth State	50.80	3/30
9		Reese Gallant, Ashna Kirshnamurthy, Robyn Wilkes, Angela Hagstrom	#13 Babson	50.97u	4/6
10		Elizabeth Gaskill, Amaris Goodwin, Allison Subat, Emily Bengtson	#11 Gordon (Mass.)	50.99	4/6



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## Women's 4x400 Relay

1	2	Marina Miller, Paige Cooksey, Olivia Dias, Julia Howarth	#1 MIT	3:46.69	3/30
2	4	Haley Wims, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	#3 Colby	3:51.76	3/30
3	38	Antonia Knoth, Annika Kral, Anne-Sophie Janssen, Emma Smith	#2 Tufts	4:04.14	3/16
4	55	Hannah Bohbot-Dridi, Elizabeth Korn, Shaniece Nugent, Olivia Zarzycki	#8 Brandeis	4:07.73	3/30
5	67	Colleen Corman, Chloe Clifford, Brooke Jankowski, Angela Hagstrom	#13 Babson	4:10.41	3/16
6	91	Livia Kozick, Kylie Musante, Leah White, Julia Brophy	#6 Bates	4:14.95	4/6
7		Elise Deshusses, Isabel Hallal, Leithsa Dimanche, Maeve Steckley	#4 WPI	4:19.72	4/6
8		Emily Bengtson, Amaris Goodwin, Kaylee Bettez, Emily Hilton	#11 Gordon (Mass.)	4:27.47	3/30
9		Arly Rodriguez, Rose Jenkins, Inga Dovre, Olivia Rayis	#10 Bowdoin	4:30.74	3/23
10		Allie Kimball, Briana Caman, Kyla Palmer, Grace Russell	#14 UMass Dartmouth	4:31.54cu(4:37.11u)	4/6

## Women's High Jump

1	6	Serenity SANDS	SR	#7 Bridgewater Sta	1.68m	5-6	4/7
2	19	Tolu AKINBO	JR	#1 MIT	1.62m	5-3¾	4/7
2	19	Harper MEEK	SR	#2 Tufts	1.62m	5-3¾	4/7
2	19	Lexi KING	FR	#2 Tufts	1.62m	5-3¾	4/7
2	19	Makany CAMARA	JR	#23 Fitchburg State	1.62m	5-3¾	3/30
6	54	Amanda BORDEN	SR	#4 WPI	1.58m	5-2¼	4/6
7	69	Sophie SEGAL	FR	#8 Brandeis	1.57m	5-1¾	4/7
7	69	Katherine KEMPF	SO	#1 MIT	{2} 1.57m	5-1¾	4/7
7	69	Juliana PATRONE	SR	#7 Bridgewater Sta	{2} 1.57m	5-1¾	3/30
7	69	Amalia TOUTZIARIDI	FR	#1 MIT	{2} 1.57m	5-1¾	4/7
7	69	Hialeah FOSTER	FR	#12 UMass Boston	1.57m	5-1¾	3/30

## Women's Pole Vault

1	5	Charlotte HODGE	JR	#10 Bowdoin	3.83m	12-6¾	3/23
2	7	Sarah FIRTH	JR	#2 Tufts	3.80m	12-5½	3/16
2	7	Hailey SURACE	SO	#1 MIT	3.80m	12-5½	4/7
4	15	Smiley HUYNH	JR	#8 Brandeis	3.65m	11-11¾	4/7
5	38	Emma GALL	FR	#2 Tufts	{2} 3.40m	11-1¾	3/30
6	48	Lena TANG	FR	#2 Tufts	{3} 3.35m	10-11¾	3/16
7	82	Nyla THOMPSON	JR	#2 Tufts	{4} 3.25m	10-8	4/7
7	82	Sophie MAGUIRE	SO	#10 Bowdoin	{2} 3.25m	10-8	3/23
7	82	Kara SICKLE	SO	#20 Suffolk	3.25m	10-8	3/30
7	82	Alisha ANDERSON	JR	#8 Brandeis	{2} 3.25m	10-8	3/30
7	82	Devyn BATTISTONI	FR	#20 Suffolk	3.25m	10-8	3/30

## Women's Long Jump

1	17	Alison MCDONOUGH	SR	#7 Bridgewater Sta	5.49m	18-¼ (-0.8)	4/7
2	51	Jordan ANDREW	JR	#2 Tufts	5.31mw	17-5¼ (2.1)	4/7
3		Emma BURR	FR	#16 Thomas (Maine)	5.13m	16-10 (0.0)	3/1
4		Ashna KIRSHNAMURTHY	SO	#13 Babson	5.08m	16-8 (0.1)	3/16
4		Brooklyn GOFF	SR	Saint Joseph's (I	5.08m	16-8 (-0.1)	3/30
6		Alannah ARDREY	FR	#6 Bates	5.05m	16-7 (1.1)	4/6
6		Desiree ROBINSON	JR	#21 Emmanuel (Mas	5.05m	16-7 (0.1)	3/30
8		Tristen GOMES	JR	#7 Bridgewater Sta	{2} 5.04m	16-6½ (0.0)	3/30
8		Hialeah FOSTER	FR	#12 UMass Boston	5.04mw	16-6½ (2.1)	3/16
8		Sarah PILLONE	SR	#2 Tufts	{2} 5.04m	16-6½ (1.8)	3/30
8		Dorinda OKORJI	JR	#12 UMass Boston	5.04mw	16-6½ (3.6)	3/30

## Women's Triple Jump

1	16	Shaniece NUGENT	SO	#8 Brandeis	11.60m	38-¾ (1.2)	4/7
2	22	Nony OTU UGWU	SO	#1 MIT	11.36m	37-3¼ (-2.0)	4/7
3	25	Desiree ROBINSON	JR	#21 Emmanuel (Mas	11.31m	37-1¼ (0.9)	3/30
4	34	Ashley KELEHER	SR	#22 Colby-Sawyer	11.19m	36-8½ (0.0)	3/30
5	61	Sarah PILLONE	SR	#2 Tufts	10.94m	35-10¾ (0.2)	3/16
6	67	Tristen GOMES	JR	#7 Bridgewater Sta	10.89m	35-8¾ (1.6)	4/7
7	79	Jordan ANDREW	JR	#2 Tufts	{2} 10.84m	35-6¾ (0.3)	3/16
8	81	Maelynn UGOKWE	SR	#2 Tufts	{3} 10.83m	35-6½ (2.0)	3/30
9	88	Trista SICARD	SO	#13 Babson	10.76m	35-3¾ (0.0)	3/16
10	92	Tamia DUBIDAD	SO	#2 Tufts	{4} 10.72m	35-2 (1.9)	3/16

## Women's Shot Put

1	4	Alexis BOYKIN	JR	#1 MIT	14.24m	46-8¾	3/30
2	19	Emily BALL	JR	#1 MIT	{2} 13.12m	43-½	4/7
3	24	Zoe BARNES	JR	#9 Southern Maine	12.98m	42-7	4/6
4	39	Tiana FOX	SO	#11 Gordon (Mass.)	12.63m	41-5¼	3/30
5	55	Jaigan BOUDREAU	JR	#9 Southern Maine	{2} 12.39m	40-7¾	3/30
6		Ginger ARNOLD	FR	#10 Bowdoin	11.60m	38-¾	3/23
7		Mardy NOVAK	FR	#10 Bowdoin	{2} 11.53m	37-10	3/23
8		Morgan COLLINS	SR	#4 WPI	11.43m	37-6	4/6
9		Emma GIBBENS	JR	#10 Bowdoin	{3} 11.34m	37-2½	3/23
10		Tianna ROGERS	JR	#5 Wheaton (Mass.)	11.12m	36-5¾	3/16



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## Women's Discus

1	3	Alexis BOYKIN	JR	#1 MIT	48.90m	160-5	4/7
2	8	Emily BALL	JR	#1 MIT	{2} 44.34m	145-6	4/7
3	21	Zoe BARNES	JR	#9 Southern Maine	42.45m	139-3	3/30
4	52	Macy BRENNAN	FR	#1 MIT	{3} 39.86m	130-9	4/7
5	73	Jaigan BOUDREAU	JR	#9 Southern Maine	{2} 38.64m	126-9	3/30
6		Morgan COLLINS	SR	#4 WPI	36.47m	119-8	4/6
7		Lily SIEGELMAN	FR	#1 MIT	{4} 36.14m	118-7	4/7
8		Mary DISANTO	SR	#16 Thomas (Maine)	34.89m	114-6	3/8
9		Neisha BOITEUX	JR	#14 UMass Dartmouth	34.39m	112-10	3/30
10		Sarah LAVITA	SO	#18 Univ. of New Eng	34.27m	112-5	3/30

## Women's Hammer

1	2	Alexis BOYKIN	JR	#1 MIT	54.63m	179-3	4/7
2	40	Emily BALL	JR	#1 MIT	{2} 48.21m	158-2	4/7
3	49	Anika WAGNER	SO	#5 Wheaton (Mass.)	47.35m	155-4	3/16
4	71	Carli CIAVARELLI	SO	#6 Bates	45.94m	150-9	4/6
5		Alivia GERAGHTY	FR	#11 Gordon (Mass.)	43.63m	143-2	4/6
6		Emily HESKETH	FR	#14 UMass Dartmouth	42.78m	140-4	4/6
6		Maja NIELSEN	JR	#2 Tufts	42.78m	140-4	4/7
8		Macy BRENNAN	FR	#1 MIT	{3} 42.74m	140-3	4/7
9		Lilia OULD-HAMMOU	SO	#1 MIT	{4} 42.33m	138-11	4/7
10		Corinne AHERN	SR	#10 Bowdoin	42.24m	138-7	3/23

## Women's Javelin

1	27	Elaine WANG	SO	#1 MIT	38.62m	126-9	3/30
2	31	Elizabeth MATTICOLI	SR	#4 WPI	38.51m	126-4	3/30
3	32	Katy GORDEN	SO	#4 WPI	{2} 38.38m	125-11	4/6
4	40	Emily BALL	JR	#1 MIT	{2} 37.55m	123-3	4/7
5	64	Emily DOYLE	SR	#17 Wellesley	36.32m	119-2	4/6
6	74	Julia RENY	JR	#16 Thomas (Maine)	35.50m	116-6	3/8
7	94	Abbie CONLOGUE	FR	#19 Husson	34.85m	114-4	4/6
8		Madelyn SILVEIRA	SR	#2 Tufts	33.65m	110-5	3/15
9		Sarah LAVITA	SO	#18 Univ. of New Eng	33.20m	108-11	3/23
10		Riley REITCHEL	SO	#9 Southern Maine	33.15m	108-9	4/6

## Women's Heptathlon

1	13	Madelyn SILVEIRA	SR	#2 Tufts	3,983		3/15
2	22	Tessa PLAYER	FR	#2 Tufts	{2} 3,477		3/15
3	24	Sydney SPIVY	SR	#2 Tufts	{3} 3,363		3/15



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## Women's 100 Meters

1	<b>11</b>	Avery CAMPBELL	SR	#19 Albion	<b>12.02w</b>	(2.4)	<b>4/6</b>
2	<b>28</b>	Madjo DOUMBIA	JR	#1 Centre	<b>12.22w</b>	(2.8)	3/30
2	<b>28</b>	Genevieve ARNOLD	JR	#8 John Carroll	<b>12.22w</b>	(2.4)	<b>4/6</b>
4	<b>46</b>	Sara SCHERMERHORN	SO	#5 Hope	<b>12.34</b>	(-1.1)	<b>4/6</b>
5	<b>57</b>	Bri HAY	FR	#9 Baldwin Wallace	<b>12.38w</b>	(3.1)	3/23
6	<b>77</b>	Abby COLLIER	JR	#9 Baldwin Wallace	<b>12.44w</b>	(2.1)	3/23
7	<b>85</b>	Chloe HEIN	FR	#1 Centre	<b>12.46w</b>	(2.8)	3/30
7	<b>85</b>	Haleigh WILLISON	JR	#7 Wittenberg	<b>12.46w</b>	(2.1)	3/30
9		Paige SIMPSON	FR	#3 Ohio Northern	<b>12.51</b>	(-1.6)	<b>4/6</b>
10		Mackenzie MILLER	JR	#14 Trine	<b>12.53</b>	(-1.6)	<b>4/6</b>

## Women's 100 Meter Hurdles

1	<b>12</b>	Daysia HARGRAVE	JR	#10 Wooster	<b>14.52w</b>	(2.2)	<b>4/6</b>
2	<b>28</b>	Katie MOORE	JR	#2 DePauw	<b>14.83w</b>	(2.4)	3/16
3	<b>37</b>	Nayaisha EDMOND	SR	#19 Albion	<b>14.97</b>	(0.8)	<b>4/6</b>
4	<b>55</b>	Narindwa SEMAKULA	SO	#16 Rose-Hulman	<b>15.21</b>	(0.7)	<b>4/6</b>
5	<b>69</b>	Elizabeth MASON	FR	#4 Mount Union	<b>15.36w</b>	(2.2)	<b>4/6</b>
6	<b>77</b>	Olyvia ASHBROOK	JR	#3 Ohio Northern	<b>15.44</b>	(0.6)	<b>4/6</b>
7	<b>82</b>	Liberty SCOTT	FR	#2 DePauw	<b>15.52</b>	(0.7)	<b>4/6</b>
8	<b>91</b>	Genevieve ARNOLD	JR	#8 John Carroll	<b>15.64w</b>	(2.2)	<b>4/6</b>
8	<b>91</b>	Grace MISIUNAS	SO	#6 Case Western Re	<b>15.64</b>	(0.8)	<b>4/6</b>
10		Emily NORKOWSKI	JR	#24 Olivet	<b>15.84</b>	(1.9)	<b>4/6</b>

## Women's 200 Meters

1	<b>3</b>	Sara SCHERMERHORN	SO	#5 Hope	<b>24.49</b>	(-2.0)	<b>4/6</b>
2	<b>10</b>	Kenadee WAYT	SR	#4 Mount Union	<b>24.75</b>	(1.2)	3/30
3	<b>14</b>	Madjo DOUMBIA	JR	#1 Centre	<b>24.82</b>	(1.9)	3/30
4	<b>19</b>	Olivia SPARKS	FR	Transylvania	<b>25.05</b>	(1.9)	3/30
4	<b>19</b>	Avery CAMPBELL	SR	#19 Albion	<b>25.05</b>	(1.3)	<b>4/6</b>
6	<b>30</b>	Abby COLLIER	JR	#9 Baldwin Wallace	<b>25.20</b>	(0.8)	3/30
7	<b>53</b>	Shelby STALL	FR	#2 DePauw	<b>25.46</b>	(1.3)	3/16
8	<b>61</b>	Haleigh WILLISON	JR	#7 Wittenberg	<b>25.53</b>	(-1.3)	3/30
9	<b>62</b>	Chloe HEIN	FR	#1 Centre	<b>25.55w</b>	(2.3)	<b>4/6</b>
10	<b>72</b>	Madison MILES	JR	#4 Mount Union	<b>25.63</b>	(0.5)	3/30

## Women's 400 Meters

1	<b>2</b>	Kenadee WAYT	SR	#4 Mount Union	<b>55.08</b>		3/30
2	<b>6</b>	Sophia ELLERKMANN	SR	#13 Denison	<b>56.30</b>		<b>4/6</b>
3	<b>18</b>	Meghan FRAZIER	JR	#7 Wittenberg	<b>57.33</b>		<b>4/6</b>
4	<b>20</b>	Catherine LEAHY	SO	#5 Hope	<b>57.44</b>		<b>4/6</b>
5	<b>29</b>	Shelby STALL	FR	#2 DePauw	<b>57.78</b>		3/30
6	<b>43</b>	Abby COLLIER	JR	#9 Baldwin Wallace	<b>58.33</b>		3/30
7	<b>47</b>	Hope MURPHY	JR	#9 Baldwin Wallace	<b>58.52</b>		<b>4/6</b>
8	<b>52</b>	Mary MASON	JR	#4 Mount Union	<b>58.64</b>		<b>4/6</b>
9	<b>53</b>	Madjo DOUMBIA	JR	#1 Centre	<b>58.69</b>		3/16
10	<b>54</b>	Elizabeth FUNKHOUSER	FR	#4 Mount Union	<b>58.70</b>		3/30

## Women's 400 Meter Hurdles

1	<b>10</b>	Katie MOORE	JR	#2 DePauw	<b>1:03.44</b>		3/16
2	<b>32</b>	Janea BOTTINELLI	JR	#1 Centre	<b>1:05.55</b>		<b>4/6</b>
3	<b>45</b>	Aliisa JAMES	JR	#11 Ohio Wesleyan	<b>1:06.30</b>		3/23
4	<b>51</b>	Daysia HARGRAVE	JR	#10 Wooster	<b>1:06.64</b>		3/30
5	<b>54</b>	Maria DA CUNHA	SO	Capital	<b>1:06.79</b>		<b>4/6</b>
6	<b>60</b>	Olyvia ASHBROOK	JR	#3 Ohio Northern	<b>1:06.88</b>		<b>4/6</b>
7	<b>64</b>	London ELDRIDGE	JR	#24 Olivet	<b>1:07.00</b>		3/29
8	<b>70</b>	JJ HERRON	SR	#3 Ohio Northern	<b>1:07.43</b>		3/30
9	<b>82</b>	Rosie MURRAY	SO	#8 John Carroll	<b>1:07.79</b>		<b>4/6</b>
10	<b>87</b>	Emma GRAY	FR	#2 DePauw	<b>1:07.98</b>		<b>4/6</b>

## Women's 800 Meters

1	<b>26</b>	Kenadee WAYT	SR	#4 Mount Union	<b>2:15.40</b>		<b>4/6</b>
2	<b>32</b>	Anna BROWN	SO	#25 Kenyon	<b>2:16.28</b>		3/30
3	<b>40</b>	Amberleigh SORENSEN	SR	#15 Hanover	<b>2:17.32</b>		3/30
4	<b>41</b>	Mary MASON	JR	#4 Mount Union	<b>2:17.48</b>		3/30
5	<b>49</b>	Olivia QUILLAN	SR	#5 Hope	<b>2:17.92</b>		<b>4/6</b>
6	<b>63</b>	Annalise GRAMMEL	SR	#2 DePauw	<b>2:18.68</b>		3/30
7	<b>74</b>	Madison MILES	JR	#4 Mount Union	<b>2:19.20</b>		<b>4/6</b>
8	<b>76</b>	Erin MORAN	SR	#5 Hope	<b>2:19.42</b>		<b>4/6</b>
9	<b>83</b>	Hope MURPHY	JR	#9 Baldwin Wallace	<b>2:19.86</b>		3/30
10	<b>96</b>	Arianna HOLBROOK	FR	#6 Case Western Re	<b>2:20.37</b>		<b>4/6</b>

## Women's 1500 Meters

1	<b>23</b>	Amberleigh SORENSEN	SR	#15 Hanover	<b>4:36.79</b>		3/30
2	<b>26</b>	Olivia QUILLAN	SR	#5 Hope	<b>4:37.23</b>		3/29
3	<b>31</b>	Faith DUNCAN	SO	#23 Wilmington (Ohi	<b>4:38.69</b>		<b>4/6</b>
4	<b>35</b>	Claire EBERHARDT	JR	#8 John Carroll	<b>4:39.69</b>		<b>4/6</b>
5	<b>46</b>	Morgan EDWARDS	JR	#8 John Carroll	<b>4:41.83</b>		<b>4/6</b>
6	<b>50</b>	Gianini VENUTO	JR	#4 Mount Union	<b>4:42.21</b>		<b>4/6</b>
7	<b>94</b>	Ellie KITSMILLER	JR	#8 John Carroll	<b>4:46.26</b>		3/30
8		Lily MONNETT	JR	#2 DePauw	<b>4:47.35</b>		<b>4/6</b>
9		Madison STONESTREET	SO	#21 Berea (Ky.)	<b>4:47.68</b>		3/30
10		Sage REDDISH	JR	#18 Oberlin	<b>4:47.93</b>		3/30

## Women's Steeplechase

1	<b>3</b>	Sophia BULL	SO	#17 Calvin	<b>10:44.70</b>		3/29
2	<b>10</b>	Jenna ALLMAN	SR	#17 Calvin	<b>10:51.34</b>		3/29
3	<b>19</b>	Maddy STRUCK	JR	#5 Hope	<b>11:11.03</b>		3/16
4	<b>20</b>	Ayla GRABENBAUER	SO	#6 Case Western Re	<b>11:12.61</b>		3/30
5	<b>24</b>	Athena THARENOS	SR	#10 Wooster	<b>11:17.48</b>		<b>4/6</b>
6	<b>30</b>	Eliza MEDEARIS	SR	#18 Oberlin	<b>11:25.45</b>		3/30
7	<b>42</b>	Natalie TEBBEN	JR	#17 Calvin	<b>11:36.82</b>		3/29
8	<b>62</b>	Kendall MANN	JR	#2 DePauw	<b>11:46.25</b>		<b>4/6</b>
9	<b>90</b>	Abbey PETERS	JR	#24 Olivet	<b>11:54.22</b>		3/29
10		Elsa HOAM	FR	#11 Ohio Wesleyan	<b>12:02.98</b>		<b>4/6</b>





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



## Great Lakes

as of 4/9/2024 7:44:57 AM ET

### Women's 5000 Meters

1	3	Faith DUNCAN	SO	#23	Wilmington (Ohi	16:34.92	3/29
2	7	Sophie PORTER	JR	#2	DePauw	17:00.49	4/6
3	15	Hope MURPHY	JR	#9	Baldwin Wallace	17:19.43	3/30
4	25	Lily MONNETT	JR	#2	DePauw	{2}17:29.08	3/29
5	30	Madison STONESTREET	SO	#21	Berea (Ky.)	17:31.59	4/5
6	33	Sophie BOULDIN	SO	#1	Centre	17:32.85	3/16
7	41	Rebecca MARKHAM	SR	#5	Hope	17:39.76	3/16
8	56	Meghan OWENS	SR	#1	Centre	{2}17:49.50	3/16
9	57	Brynn URBAN	JR	#2	DePauw	{3}17:49.76	4/6
10	64	AnnaSophia GOWER	FR	#3	Ohio Northern	17:52.80	3/29

### Women's 10,000 Meters

1	9	Rebecca MARKHAM	SR	#5	Hope	35:11.54	3/29
2	13	Sophie PORTER	JR	#2	DePauw	35:36.75	3/29
3	14	Sophie BOULDIN	SO	#1	Centre	35:40.15	3/29
4	21	Kennedy RADER	SO	#3	Ohio Northern	36:35.80	3/29
5	23	Ashley HOCKSTOK	JR	#3	Ohio Northern	{2}36:41.09	3/29
6	26	Hope MURPHY	JR	#9	Baldwin Wallace	36:50.80	3/23
7	28	Emma HAWK	SO	#7	Wittenberg	36:58.51	3/29
8	34	Athena THARENOS	SR	#10	Wooster	37:40.36	3/30
9	37	Grace FLORES	FR	#2	DePauw	{2}37:53.52	3/29
10	53	Megan VAPENIK	SR	#3	Ohio Northern	{3}39:00.91	3/29

### Women's 4x100 Relay

1	17	Dae Dae Nash, Madison Miles, Kalie Campbell, Kenadee Wayt	#4	Mount Union	48.04	4/6
2	25	Amari Robinson, Jasmine Claunch, Chloe Hein, Madjo Doubbia	#1	Centre	48.31	4/6
3	30	Zora Shakhan, Jenna Delp, Lindsey Magoteaux, Haleigh Willison	#7	Wittenberg	48.64	3/30
4	35	Ava Schmidt, Catherine Leahy, Jasmine Zimmerman, Sara Schermerhorn	#5	Hope	48.71	4/6
5	37	Genevieve Arnold, Mia Scott, Kaleigh McNamara, Rosie Murray	#8	John Carroll	48.78	4/6
6	45	Aniyah Small, Emma Forker, Kaleigh Machino, Mackenzie Miller	#14	Trine	49.05	4/6
7	59	Chloe Gibson, Kendra Krichbaum, Stacey Legg, Paige Simpson	#3	Ohio Northern	49.75	3/30
8	62	Elizabeth Raborn, Lillian Boston, Emma Gray, Shelby Stall	#2	DePauw	49.84	3/16
9	66	Sarah Mazzei, Addystin Lykins, Liberty Brock, Amarah McPhaul	#11	Ohio Wesleyan	49.98	3/30
10	84	Piper Lee, Sophia Ellerkmann, Libby Hornick, Anaya Jolivette	#13	Denison	50.30	3/23



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## Women's 4x400 Relay

1	8	Madison Miles, Mary Mason, Elizabeth Funkhouser, Kenadee Wayt	#4 Mount Union	3:55.13	3/30
2	11	Catherine Leahy, Erin Moran, Jasmine Zimmerman, Sara Schermerhorn	#5 Hope	3:56.25	4/6
3	17	Shelby Stall, Annalise Grammel, Liberty Scott, Katie Moore	#2 DePauw	3:57.30	3/30
4	19	Janea Bottinelli, Chloe Hein, Ainsley Wilson, Madjo Doumbia	#1 Centre	3:58.67	3/30
5	30	Kristin Fischli, Ashyia Maddickes, Kymiah Blair, Liberte Mack	#21 Berea (Ky.)	4:02.34	4/6
6	43	Sophia Ellerkmann, Piper Lee, Sydney Brown, Tessa Gerhardt	#13 Denison	4:05.75	3/30
7	46	Rosie Murray, Ellie Kitsmiller, Sara Gennuso, Claire Eberhardt	#8 John Carroll	4:06.44	4/6
8	62	Melanie Taylor, Ayla Grabenbauer, Marquis Globokar, Jessica Kwasny	#6 Case Western Re	4:09.04	4/6
9	65	Adrianne Jackson, Brynn Mericle, Kristin Baker, Anissa Rios	#14 Trine	4:09.61	4/6
10	69	Abigail Danne, DeYanna Champion, Delaney Tackett, Victoria Pipinich	#7 Wittenberg	4:10.64	4/6

## Women's High Jump

1	1	Alexis WEBER	FR #12 Otterbein	1.70m	5-7	4/6
2	33	Serena MCNEILLY	FR #1 Centre	1.60m	5-3	4/6
3	50	Drew PATTERSON	SR #10 Wooster	1.59m	5-2½	4/6
3	50	Hayden HILL	SR #18 Oberlin	1.59m	5-2½	4/6
5	54	Rylee GORRELL	FR #9 Baldwin Wallace	1.58m	5-2¼	3/30
5	54	Ciara HESLET	JR Adrian	1.58m	5-2¼	3/30
7	86	Amanda RADKE	JR #12 Otterbein	{2} 1.56m	5-1¼	3/30
8	88	Faith TIMKO	FR #9 Baldwin Wallace	{2} 1.55m	5-1	3/30
8	88	Helena SNYDER	JR Alma	1.55m	5-1	4/6
8	88	Audrey EDWARDS	FR #16 Rose-Hulman	1.55m	5-1	4/6
8	88	Julissa WILLIAMS	JR #7 Wittenberg	1.55m	5-1	3/23
8	88	Isabel FERGUSON	FR #14 Trine	1.55m	5-1	3/28
8	88	Toria INGALLS	JR #3 Ohio Northern	1.55m	5-1	3/30

## Women's Pole Vault

1	1	Peyton PROFFITT	SO #12 Otterbein	4.00m	13-1½	3/23
2	6	Claire SCHWELLER	SO #3 Ohio Northern	3.81m	12-6	4/6
3	19	Holly SCHREIBER	FR #6 Case Western Re	3.61m	11-10	4/6
4	26	Jessica MASON	FR #4 Mount Union	3.51m	11-6¼	3/23
5	28	Tiffany HIX	SO #7 Wittenberg	3.47m	11-4½	3/30
6	37	Kayla MCADAMS	JR #4 Mount Union	{2} 3.41m	11-2¼	3/23
7	38	Katie SEINEN	SO #17 Calvin	3.40m	11-1¾	4/6
8	48	Annie WANK	FR #6 Case Western Re	{2} 3.35m	10-11¾	3/30
8	48	Corinne INKLEY	FR #22 Allegheny (Pa.)	3.35m	10-11¾	3/30
8	48	Victoria ZHAO	JR #6 Case Western Re	{2} 3.35m	10-11¾	3/30
8	48	Claire COLEMAN	SO #11 Ohio Wesleyan	3.35m	10-11¾	3/23

## Women's Long Jump

1	3	Chloe HEIN	FR #1 Centre	5.79mw	19-0 (2.3)	3/30
2	37	Jasmine CLAUNCH	SR #1 Centre	{2} 5.36m	17-7 (0.0)	3/15
3	40	Genevieve ARNOLD	JR #8 John Carroll	5.35m	17-6¾ (0.0)	3/30
4	61	Anaya JOLIVETTE	JR #13 Denison	5.27m	17-3½ (0.0)	3/30
4	61	Mackenzie MILLER	JR #14 Trine	5.27m	17-3½ (0.0)	4/6
6	69	Chloe GIBSON	JR #3 Ohio Northern	5.24m	17-2¼ (0.0)	4/6
7	74	Rofiat ADEYEMI	SR #16 Rose-Hulman	5.23m	17-2 (-0.2)	3/30
8	81	Lexi WACHTMAN	JR Heidelberg	5.20mw	17-¾ (2.6)	3/23
9	85	DB EDWARD	SR #19 Albion	5.19m	17-½ (1.9)	3/29
9	85	Jenna DELP	FR #7 Wittenberg	5.19m	17-½ (0.9)	3/30

## Women's Triple Jump

1	1	Jasmine CLAUNCH	SR #1 Centre	12.38m	40-7½ (-0.9)	3/30
2	5	Serena MCNEILLY	FR #1 Centre	{2} 12.00mw	39-4½ (2.5)	3/30
3	19	Shelby SMITH	SR #1 Centre	{3} 11.40m	37-5 (1.9)	3/30
3	19	Paula SORIC	JR #25 Kenyon	11.40m	37-5 (1.0)	3/16
5	39	Emma FEHRMAN	JR Marietta	11.16m	36-7½ (0.0)	3/16
6	47	Rofiat ADEYEMI	SR #16 Rose-Hulman	11.05mw	36-3 (2.8)	3/16
7	50	Sara GENNUSO	FR #8 John Carroll	11.04m	36-2¾ (0.1)	4/6
8	54	Genevieve ARNOLD	JR #8 John Carroll	{2} 11.00m	36-1¼ (0.0)	3/30
9	64	Sarah OZEKI	JR #6 Case Western Re	10.91m	35-9½ (1.7)	3/16
10	76	Tiffany HIX	SO #7 Wittenberg	10.85mw	35-7¼ (3.9)	3/30
10	76	Gniyah BROWN	FR #7 Wittenberg	10.85mw	35-7¼ (3.3)	3/30
10	76	Kyra HICKS	SR #16 Rose-Hulman	{2} 10.85mw	35-7¼ (2.5)	3/16

## Women's Shot Put

1	5	Jessie STENGER	JR #15 Hanover	13.82m	45-4¼	3/30
2	9	Carley CAMP	JR #20 Manchester	13.70m	44-11½	4/6
3	22	Greta ROBRAHN	JR #5 Hope	13.01m	42-8¾	4/6
4	25	Makayla SITZLAR	SO #4 Mount Union	12.94m	42-5½	3/30
5	31	Izzy BURMAN	JR #3 Ohio Northern	12.77m	41-10¾	4/6
6	35	Amyah CHOSA	FR #9 Baldwin Wallace	12.73m	41-9¼	3/23
7	41	Lauren FOUTCH	SR #1 Centre	12.61m	41-4½	3/30
8	45	Makenna RUDY	FR #4 Mount Union	{2} 12.59m	41-3¾	3/23
9	86	Hannah FRIEND	JR #3 Ohio Northern	{2} 12.04m	39-6	4/6
10	89	Adrienne WACHTMAN	JR #6 Case Western Re	12.01m	39-5	3/16



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## Great Lakes

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### Women's Discus

1	<b>13</b>	Jessie STENGER	JR	#15 Hanover	<b>43.49m</b>	142-8	3/30
2	<b>14</b>	Carley CAMP	JR	#20 Manchester	<b>43.45m</b>	142-7	3/30
3	<b>28</b>	Lauren FOUTCH	SR	<b>#1</b> Centre	<b>41.38m</b>	135-9	<b>4/6</b>
4	<b>37</b>	Hannah FRIEND	JR	<b>#3</b> Ohio Northern	<b>40.75m</b>	133-9	<b>4/6</b>
5	<b>50</b>	Sidney RAMBO	JR	<b>#4</b> Mount Union	<b>39.92m</b>	131-0	<b>4/6</b>
6	<b>56</b>	Samantha SELLERS	JR	<b>#3</b> Ohio Northern	{2} <b>39.45m</b>	129-5	3/30
7	<b>60</b>	Izzy BURMAN	JR	<b>#3</b> Ohio Northern	{3} <b>39.40m</b>	129-3	3/30
8	<b>71</b>	Abby CANNON	SR	#18 Oberlin	<b>38.92m</b>	127-8	<b>4/6</b>
9	<b>84</b>	Emily DAVIS	SO	#11 Ohio Wesleyan	<b>38.35m</b>	125-10	<b>4/6</b>
10	<b>86</b>	Lilly JOHNS	JR	#9 Baldwin Wallace	<b>38.22m</b>	125-5	<b>4/6</b>

### Women's Hammer

1	<b>24</b>	Carley CAMP	JR	#20 Manchester	<b>49.52m</b>	162-6	3/30
2	<b>29</b>	Lauren ROSKUSZKA	JR	#6 Case Western Re	<b>48.93m</b>	160-7	3/16
3	<b>30</b>	Lauren FOUTCH	SR	<b>#1</b> Centre	<b>48.75m</b>	159-11	3/30
4	<b>36</b>	Ainsley WIESNER	SR	#10 Wooster	<b>48.29m</b>	158-5	3/16
5	<b>45</b>	Izzy BURMAN	JR	<b>#3</b> Ohio Northern	<b>47.73m</b>	156-7	<b>4/6</b>
6	<b>59</b>	Abby CANNON	SR	#18 Oberlin	<b>46.76m</b>	153-5	<b>4/6</b>
7	<b>61</b>	Amy POLLACK	SR	#13 Denison	<b>46.66m</b>	153-1	<b>4/6</b>
8	<b>70</b>	Ailean DUFFIE	JR	#6 Case Western Re	{2} <b>45.97m</b>	150-10	3/23
9	<b>75</b>	Rachel GINN	JR	#6 Case Western Re	{3} <b>45.76m</b>	150-2	<b>4/6</b>
10	<b>76</b>	Kylee SILVERMAN	SR	#13 Denison	{2} <b>45.74m</b>	150-1	<b>4/6</b>

### Women's Javelin

1	<b>14</b>	Adrienne WACHTMAN	JR	#6 Case Western Re	<b>39.42m</b>	129-4	3/16
2	<b>18</b>	Delayne SANCHEZ	JR	#20 Manchester	<b>39.12m</b>	128-4	3/30
3	<b>36</b>	Lauren ROSKUSZKA	JR	#6 Case Western Re	{2} <b>37.94m</b>	124-6	3/30
4	<b>38</b>	Madalyn HUDNALL	SO	Mount St. Josepl	<b>37.72m</b>	123-9	3/30
5	<b>42</b>	Jill WILHELM	SO	Mount St. Josepl	{2} <b>37.47m</b>	122-11	3/30
6	<b>45</b>	Elizabeth LUBOLD	SO	#22 Allegheny (Pa.)	<b>37.37m</b>	122-7	3/30
7	<b>52</b>	Angie BAWEK	FR	#22 Allegheny (Pa.)	{2} <b>36.92m</b>	121-2	3/30
8	<b>58</b>	Alexis GIBSON	JR	Earlham	<b>36.61m</b>	120-2	3/30
9	<b>63</b>	Aaliyah JONES	SR	#16 Rose-Hulman	<b>36.40m</b>	119-5	3/30
10	<b>77</b>	Mady REES	SO	#20 Manchester	{2} <b>35.35m</b>	116-0	3/30

### Women's Heptathlon

1	<b>25</b>	Charlie DOLLIVER	SO	#12 Otterbein	<b>3,335</b>		3/16
2	<b>27</b>	Amanda RADKE	JR	#12 Otterbein	{2} <b>3,153</b>		3/30





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## Women's 100 Meters

1	35	Rebecca KNEPPEL	JR	#9 Ramapo	12.27	(1.4)	3/30
2	46	Diana BOA	SR	#18 York (N.Y.)	12.34	(1.4)	3/30
3	57	Molly LODGE	JR	#1 Rowan	12.38	(-0.6)	3/30
4	66	Laura MATHEWS	SR	#7 Stevens	12.41	(0.1)	4/6
5		Michelle ITOUA	SO	#14 Montclair State	12.56	(1.0)	3/30
6		Mackenzie BURKE	FR	#2 TCNJ	12.59w	(3.7)	3/30
7		Maria MUZZARELLI	JR	#8 Widener	12.60	(1.5)	4/6
7		Mya WALKER	FR	#1 Rowan	{2} 12.60w	(2.2)	3/16
9		Jasmine POPE	JR	#1 Rowan	{3} 12.67	(-0.6)	3/30
10		Brianna DESANTO	FR	#1 Rowan	{4} 12.71	(1.7)	3/16

## Women's 100 Meter Hurdles

1	3	Laura MATHEWS	SR	#7 Stevens	14.07	(0.9)	3/30
2	20	Eliza BRUNCAJ	JR	#2 TCNJ	14.70	(1.8)	4/6
3	34	Maya RICHWINE	FR	#15 Muhlenberg	14.92	(1.3)	3/30
4	55	Samantha WECHSLER	FR	#6 Ursinus	15.21w	(2.9)	4/6
5		Gloria HUGHES	JR	#1 Rowan	15.81	(-1.4)	3/16
6		Kristen WILLIAMS	SR	#7 Stevens	{2} 15.84	(0.9)	3/30
7		Mackenzie BURKE	FR	#2 TCNJ	{2} 15.86	(1.5)	3/30
8		Carmelle ALEXIS	JR	#10 Rutgers-Newark	15.89	(-0.3)	3/16
9		Hannah SWALE	SO	#4 Swarthmore	16.16	(-1.5)	3/15
10		Sarah SCEPKOWSKI	SO	#2 TCNJ	{3} 16.38	(1.5)	4/6
10		Brya BYRD	SR	#10 Rutgers-Newark	{2} 16.38	(-0.3)	3/16

## Women's 200 Meters

1	6	Rebecca KNEPPEL	JR	#9 Ramapo	24.59w	(2.8)	3/30
2	7	Laura MATHEWS	SR	#7 Stevens	24.64	(-1.1)	3/30
3	13	Diana BOA	SR	#18 York (N.Y.)	24.81w	(2.7)	3/30
4	49	Abigail GIAMONI	JR	#5 Moravian	25.41	(0.7)	4/6
5	67	Molly LODGE	JR	#1 Rowan	25.58	(0.0)	4/6
6	70	Kathleen PEDERSEN	SR	#1 Rowan	{2} 25.61	(0.1)	3/16
7	81	Zrreyah MOORE	SR	#10 Rutgers-Newark	25.69	(-2.2)	3/30
8	89	Maria MUZZARELLI	JR	#8 Widener	25.77w	(2.6)	4/6
9	91	Emily CAMLET	SO	#11 Drew	25.78w	(2.8)	3/30
10		Jasmine POPE	JR	#1 Rowan	{3} 25.96	(-1.1)	3/30

## Women's 400 Meters

1	11	Nevaeh LORJUSTE	JR	#1 Rowan	56.92		3/30
2	25	Molly LODGE	JR	#1 Rowan	{2} 57.70		4/6
3	58	Maria MUZZARELLI	JR	#8 Widener	58.76		3/30
4	69	Abigail GIAMONI	JR	#5 Moravian	58.92		4/6
5	91	Zrreyah MOORE	SR	#10 Rutgers-Newark	59.44		3/30
6	99	Isabella SHANLEY	FR	#7 Stevens	59.57		3/30
7		Olivia D'AULERIO	SO	#12 Haverford	59.69		4/6
8		Mariam KOITA	FR	#8 Widener	{2} 59.77		3/30
9		Isabel THORNBERRY	SR	#12 Haverford	{2} 59.78		4/6
10		Emily CAMLET	SO	#11 Drew	59.81		4/6

## Women's 400 Meter Hurdles

1	8	Eliza BRUNCAJ	JR	#2 TCNJ	1:03.05		3/30
2	12	Molly LODGE	JR	#1 Rowan	1:03.47		3/30
3	33	Emma PETROLIA	SO	#3 Stockton	1:05.71		3/22
4	35	Sarah DOUGHERTY	SR	#19 FDU Florham	1:05.81		3/30
5	53	Mackenzie BURKE	FR	#2 TCNJ	{2} 1:06.70		3/22
6	57	Brianna DESANTO	FR	#1 Rowan	{2} 1:06.82		3/16
7	89	Kaelin RYAN	SO	#6 Ursinus	1:08.01		3/30
8		Carmelle ALEXIS	JR	#10 Rutgers-Newark	1:08.34		3/30
9		Elise DANIEL	JR	#8 Widener	1:09.27		3/30
10		Abigail PETROLIA	FR	#3 Stockton	{2} 1:09.75		3/22

## Women's 800 Meters

1	17	Dale LEONARD	FR	#9 Ramapo	2:13.74		4/6
2	69	Kayla KASS	SO	#3 Stockton	2:18.89		3/30
3	80	Gianna BURGIO	SO	#1 Rowan	2:19.70		3/30
4	84	Donna HOLT	JR	#8 Widener	2:19.87		3/30
5	94	Amanda MCNALLY	SR	#1 Rowan	{2} 2:20.28		3/16
6		Meghan CARROLL	JR	#6 Ursinus	2:20.60		3/30
7		Isabel THORNBERRY	SR	#12 Haverford	2:20.92		3/30
8		Isabel VOGEL	SO	#7 Stevens	2:21.29		3/30
9		Kelly O'GRADY	SO	#2 TCNJ	2:21.90		3/22
10		Ally WERNIK	FR	#1 Rowan	{3} 2:21.99		4/6

## Women's 1500 Meters

1	97	Anna SASSE	JR	#1 Rowan	4:46.55		3/16
2		Ally WERNIK	FR	#1 Rowan	{2} 4:49.07		3/16
3		Amanda MCNALLY	SR	#1 Rowan	{3} 4:51.06		3/30
4		Micah GORDLEY	SR	#16 Arcadia	4:51.41		4/6
5		Tara SMURLA	SO	#5 Moravian	4:53.88		3/30
6		Gianna BURGIO	SO	#1 Rowan	{4} 4:53.93		3/30
7		Kayla KASS	SO	#3 Stockton	4:55.29		3/30
8		Jezena APONTE	FR	#21 New Jersey City	4:55.38		4/6
9		Cameron WRIGHT	SR	#1 Rowan	{5} 4:55.44		3/16
10		Katherine RICE	JR	#2 TCNJ	4:55.99		4/6

## Women's Steeplechase

1	27	Anna SASSE	JR	#1 Rowan	11:19.59		4/6
2	44	Sophia GOODWIN	FR	#4 Swarthmore	11:38.41		4/6
3	54	Emily ZANNI	FR	#1 Rowan	{2} 11:42.48		4/6
4	82	Haley ESTUS	JR	#13 DeSales	11:51.96		4/6
5	87	Amber PONIKTERA	JR	#5 Moravian	11:53.14		3/23
6	96	Rachael GOODMAN	JR	#5 Moravian	{2} 11:56.76		3/23
7		Molly BOSSDORF	JR	#2 TCNJ	12:03.54		4/6
8		Rachel ROUSE	SO	#7 Stevens	12:13.18		4/6
9		Shannon PFEIFER	FR	#8 Widener	12:19.39		4/6
10		Jennifer FISCHLI	FR	#17 Eastern (Pa.)	12:23.71		4/6



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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## Women's 5000 Meters

1	73	Tara SMURLA	SO	#5 Moravian	17:55.98	3/23
2		Anna SASSE	JR	#1 Rowan	18:12.06	3/30
3		Kate RICE	SO	#11 Drew	18:12.16	3/30
4		Ally WERNIK	FR	#1 Rowan {2}	18:15.22	3/30
5		Cassidy QUINN	SR	#2 TCNJ	18:19.07	3/30
6		Mia GUERRA	SR	#1 Rowan {3}	18:24.71	3/30
7		Haley ESTUS	JR	#13 DeSales	18:24.84	3/23
8		Micah GORDLEY	SR	#16 Arcadia	18:25.13	3/30
9		Cameron WRIGHT	SR	#1 Rowan {4}	18:27.83	3/30
10		Olivia MONTINI	SO	#4 Swarthmore	18:29.21	3/30

## Women's 10,000 Meters

1	47	Gabriella NYE	SR	#8 Widener	38:51.90	3/30
2	52	Aubrey JOHNSON	SR	#14 Montclair State	39:00.79	3/30
3	95	Liz EGAN	JR	#8 Widener {2}	40:13.04	3/30
4		Guinevere KENNEDY	SO	#3 Stockton	40:36.25	3/30
5		Nicole ARITA	SR	#2 TCNJ	40:55.95	4/6
6		Nina VIGLIANTI	JR	#13 DeSales	41:09.03	3/23
7		Isabella CAMPIGLIA	SO	#3 Stockton {2}	41:51.39	3/30
8		Julianna WATSON	JR	#12 Haverford	42:08.15	3/30
9		Liz CLAROS	SO	#2 TCNJ {2}	43:12.06	4/6
10		Samantha ROZEK	SO	#7 Stevens	43:13.33	3/30

## Women's 4x100 Relay

1	46	Brya Byrd, Nadya Coleman, Chidimma Igwe, Zrreyah Moore	#10 Rutgers-Newark	49.10	3/30
2	55	#Type!	#6 Ursinus	49.56	3/30
3	80	Emma Conroy, Ashanae Morrison, Cameron Radcliffe, Khristina Washington	#3 Stockton	50.20	3/22
4	85	Ashley Gordon, Rebecca Kneppel, Jianna Gorospe, Isabel Crespo	#9 Ramapo	50.33	4/6
5	90	Brooke Driver, Mya Walker, Kayla Julien, Brianna DeSanto	#1 Rowan	50.40	4/6
6	95	Shai Knight, Abigail Giamoni, Rachele Grigoli, Alexis Groff	#5 Moravian	50.51	3/30
7		#Type!	#2 TCNJ	50.93	3/30
8		#Type!	#16 Arcadia	51.39	3/30
9		Faith Williams, Alexa Ali, Jealyne Ramos, Michelle Itoua	#14 Montclair State	51.62	3/30
10		#Type!	#12 Haverford	51.70	4/6

## Women's 4x400 Relay

1	9	Molly Lodge, Jasmine Pope, Kathleen Pedersen, Nevaeh Lorjuste	#1 Rowan	3:55.38	4/6
2	10	Erin Hanlon, Eliza Bruncaj, Kelsey Thomas, Amanda Demko	#2 TCNJ	3:55.95	3/30
3	49	Isabel Crespo, Rebecca Kneppel, Barbara Exilus, Dale Leonard	#9 Ramapo	4:06.59	4/6
4	56	Emma Conroy, Abigail Petrolia, Emma Petrolia, Kayla Sullivan	#3 Stockton	4:07.74	3/30
5	68	#Type!	#6 Ursinus	4:10.52	4/6
6	79	#Type!	#12 Haverford	4:12.38	3/30
7	86	Odalys Guerrero-dominguez, Michelle Itoua, Alexa Ali, Jealyne Ramos	#14 Montclair State	4:14.35	3/30
8	92	Rachele Grigoli, Ashley Rodrigues, Shai Knight, Abigail Giamoni	#5 Moravian	4:14.97	3/30
9	96	Carmelle Alexis, Brya Byrd, Chidimma Igwe, Zrreyah Moore	#10 Rutgers-Newark	4:15.67	3/16
10		#Type!	#4 Swarthmore	4:17.06	3/30

## Women's High Jump

1	19	Melina CHRISTODOULOU	SR	#11 Drew	1.62m	5-3¾	3/30
2	33	Alexis GROFF	SR	#5 Moravian	1.60m	5-3	3/30
3	54	Trelstad T	JR	#4 Swarthmore	1.58m	5-2¼	3/16
4	69	Kaitlyn VERVERIER	JR	#3 Stockton	1.57m	5-1¾	3/30
4	69	Caroline TIGHE	JR	#7 Stevens	1.57m	5-1¾	4/6
4	69	Kayley HARNETT	JR	#2 TCNJ	1.57m	5-1¾	3/22
7		Laura MATHEWS	SR	#7 Stevens {2}	1.52m	4-11¾	4/6
7		Ali HAEFELE	SO	#5 Moravian {2}	1.52m	4-11¾	3/30
7		Maya LAPINSKI	FR	#7 Stevens {2}	1.52m	4-11¾	3/30
7		Sarah SCEPKOWSKI	SO	#2 TCNJ {2}	1.52m	4-11¾	3/22



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## Women's Pole Vault

1	47	Alexis MEROLA	SO	#7 Stevens	3.36m	11-¼	4/6
2	98	Madison FEY	JR	#3 Stockton	3.20m	10-6	3/30
2	98	Emma MELE	JR	#13 DeSales	3.20m	10-6	3/23
4		Savannah STEGER	JR	#8 Widener	3.15m	10-4	3/30
5		Julia DAKWAR	SR	#2 TCNJ	3.11m	10-2½	4/6
6		Paige CARPENTER	SR	#17 Eastern (Pa.)	3.00m	9-10	4/6
6		Juniper BAUROTH-SHERMAN	SO	#6 Ursinus	3.00m	9-10	3/30
8		Stephanie RYAZANOVA	SO	#7 Stevens	{2} 2.85m	9-4¼	3/30
8		Alice CREED	SR	#12 Haverford	2.85m	9-4¼	3/30
10		Remington WALTER	FR	#22 Delaware Valley	2.75m	9-¼	3/30

## Women's Long Jump

1	4	Rainah DUNHAM	SR	#6 Ursinus	5.73m	18-9¾ (0.0)	3/30
2	21	Sage HENDERSHOT	FR	#11 Drew	5.46m	17-11 (0.1)	3/30
3	32	Kayla ROBINSON	FR	#8 Widener	5.39m	17-8¼ (0.0)	3/30
3	32	Laura MATHEWS	SR	#7 Stevens	5.39m	17-8¼ (-1.5)	4/6
5	45	Samantha WECHSLER	FR	#6 Ursinus	{2} 5.34mw	17-6¼ (2.2)	4/6
6	59	Lia MALAVE	FR	#2 TCNJ	5.28m	17-4 (2.0)	3/22
7	81	Sidney WHETSTONE	JR	#1 Rowan	5.20m	17-¾ (0.0)	3/30
8	95	Rasheeda GURLEY	SR	#18 York (N.Y.)	5.17mw	16-11½ (2.2)	3/30
9		Kathleen GSELL	FR	#2 TCNJ	{2} 5.14mw	16-10½ (2.4)	3/22
10		Emma PETROLIA	SO	#3 Stockton	5.12m	16-9¾ (1.3)	3/30

## Women's Triple Jump

1	8	Rainah DUNHAM	SR	#6 Ursinus	11.87m	38-11½ (0.0)	4/6
2	13	Ali HAEFELE	SO	#5 Moravian	11.66mw	38-3¼ (3.0)	3/30
3	30	Ashanae MORRISON	JR	#3 Stockton	11.22m	36-9¾ (2.0)	3/30
4	44	Khristina WASHINGTON	SR	#3 Stockton	{2} 11.07m	36-4 (0.7)	3/30
5	45	Sophia GOODWIN	FR	#4 Swarthmore	11.06mw	36-3½ (2.1)	3/16
6	67	Samantha WECHSLER	FR	#6 Ursinus	{2} 10.89m	35-8¾ (0.7)	3/30
7	81	Kayla ROBINSON	FR	#8 Widener	10.83m	35-6½ (0.4)	4/6
8	98	Shira GAMSON	SO	#15 Muhlenberg	10.70m	35-1¼ (-0.2)	4/6
9		Shanice WILLIAMS	SO	#15 Muhlenberg	{2} 10.69mw	35-1 (3.6)	3/30
9		Mia PEGUERO	SR	#14 Montclair State	10.69m	35-1 (-1.9)	3/30

## Women's Shot Put

1	17	Isabelle DEAL	SR	#1 Rowan	13.22m	43-4½	3/16
2	49	Tate GARCIA	SO	#4 Swarthmore	12.49m	40-11¾	3/16
3	79	Edith GONZALEZ	SR	#2 TCNJ	12.15m	39-10½	3/30
4		Jacqueline ALLEN	SR	#6 Ursinus	11.88m	38-11¾	4/6
5		Kerri MCCARTHY	JR	#2 TCNJ	{2} 11.75m	38-6¾	3/22
6		grace VIT	JR	#1 Rowan	{2} 11.34m	37-2½	4/6
7		Maya YESALONIS	FR	#14 Montclair State	11.12m	36-5¾	3/30
8		Hannah KIM	FR	#24 Pratt Institute	11.08m	36-4¼	3/30
9		Jess BENTLEY	FR	#3 Stockton	11.00m	36-1¼	3/30
10		Kaydence FISCHER	FR	#2 TCNJ	{3} 10.96m	35-11½	3/22

## Women's Discus

1	26	Lydia MORRIS-KLIMENT	FR	#4 Swarthmore	41.49m	136-2	3/16
2	46	Michaela POMATTO	SO	#3 Stockton	40.00m	131-3	4/6
3	56	Tate GARCIA	SO	#4 Swarthmore	{2} 39.45m	129-5	3/30
4	62	Margie RAYNE	SO	#5 Moravian	39.36m	129-2	4/6
5	98	Caillie FISH	JR	#5 Moravian	{2} 37.79m	124-0	4/6
6		Kaydence FISCHER	FR	#2 TCNJ	37.47m	122-11	3/30
7		Ashley MULIAWAN	JR	#7 Stevens	36.46m	119-8	4/6
8		Jessica REILLY	JR	#2 TCNJ	{2} 34.77m	114-1	4/6
9		Isabella BOZEN	SO	#23 Cedar Crest	34.54m	113-4	4/6
10		Shanil AUGUSTE	SR	#10 Rutgers-Newark	34.51m	113-3	3/16

## Women's Hammer

1	16	Isabel RODRIGUEZ	SO	#8 Widener	51.03m	167-5	4/6
2	55	Faith FEZENKO	SR	#15 Muhlenberg	46.89m	153-10	4/6
3	66	Alexis MARINI	SR	#20 Rutgers-Camden	46.19m	151-7	4/6
4	87	Kerri MCCARTHY	JR	#2 TCNJ	45.17m	148-3	3/22
5	98	Caillie FISH	JR	#5 Moravian	44.20m	145-0	3/30
6		Quamora PROCTOR	JR	#3 Stockton	44.03m	144-6	4/6
7		Isabella FREDIA	JR	#3 Stockton	{2} 43.96m	144-3	3/30
8		Jacqueline ALLEN	SR	#6 Ursinus	42.58m	139-9	4/6
9		Elizabeth AGYEI	JR	#4 Swarthmore	42.49m	139-5	3/30
10		Alexia BEY	SO	#1 Rowan	41.86m	137-4	3/16

## Women's Javelin

1	12	Isabelle DEAL	SR	#1 Rowan	40.42m	132-8	3/9
2	19	Megan CAMPANILE	FR	#3 Stockton	39.09m	128-3	4/6
3	55	Maya LATERZA	SO	#19 FDU Florham	36.87m	121-0	3/30
4	77	Trelstad T	JR	#4 Swarthmore	35.35m	116-0	4/6
5	96	Lily LORIO	SR	#2 TCNJ	34.78m	114-1	3/30
6	97	Jess RODGERS	SR	#1 Rowan	{2} 34.68m	113-10	3/30
7		Victoria DONOVAN	SR	#5 Moravian	33.90m	111-3	4/6
8		Annalise STEPHENS	JR	#2 TCNJ	{2} 32.77m	107-6	3/22
9		Hannah SWALE	SO	#4 Swarthmore	{2} 32.51m	106-8	4/6
10		Sadie TRUBILLA	SO	#23 Cedar Crest	31.90m	104-8	3/30

## Women's Heptathlon

1	15	Hannah SWALE	SO	#4 Swarthmore	3,880		4/6
2	17	Samantha WECHSLER	FR	#6 Ursinus	3,675		4/6
3	34	Caroline HILL	FR	#4 Swarthmore	{2} 2,649		3/15
4	35	Juniper BAUROTH-SHERMAN	SO	#6 Ursinus	{2} 2,568		4/6
5	36	Sarah SONNTAG	FR	#4 Swarthmore	{3} 2,186		4/6



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## Mid-Atlantic

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### Women's 100 Meters

1	15	Lauren PHILLIPS	JR	#1 Johns Hopkins	12.06w	(2.8)	4/6
2	37	Victoria KADIRI	SR	#1 Johns Hopkins {2}	12.29	(1.6)	4/6
3	95	Alexa RINE	SR	#2 Susquehanna	12.50	(1.6)	4/6
4		Sara PENUELA	SR	#3 Dickinson	12.52	(-0.2)	3/23
5		Arwyn GRUENWALD	SO	#14 Messiah	12.59	(1.6)	4/6
6		Ray ASIEDU	FR	#19 Goucher	12.61	(-1.2)	3/29
7		Molly WAGNER	JR	Carlow (Pa.)	12.63	(0.2)	4/5
8		Jessica FATIGATI	SR	#4 Westminster (Pa)	12.65	(0.7)	3/16
9		Emma RUDOLPH	SR	#4 Westminster (Pa){2}	12.68	(0.0)	3/30
10		Leah GRAY	SR	Penn State Harri	12.74	(1.5)	4/6
10		Chloe ZHANG	FR	#1 Johns Hopkins {3}	12.74	(1.9)	3/30

### Women's 100 Meter Hurdles

1	5	Chloe YODER	SR	#2 Susquehanna	14.19	(-0.4)	4/6
2	23	Elizabeth BARRE	SR	#5 Carnegie Mellon	14.75w	(2.4)	3/23
3	26	Victoria KADIRI	SR	#1 Johns Hopkins	14.81	(1.5)	3/30
4	61	Hannah ALDERFER	JR	#2 Susquehanna {2}	15.29w	(2.6)	3/23
5	70	Sarah SCHNEIDER	SO	#13 Washington & Je	15.37w	(2.4)	3/23
6	75	Lauren DUNNIGAN	FR	#17 Franklin & Marsh	15.43	(1.7)	4/6
7	94	Darya MIKUSOVA	SR	#3 Dickinson	15.66	(-1.5)	4/6
8	95	Breannnda DAVIS	SR	#4 Westminster (Pa)	15.67	(1.0)	3/9
9		Kara BROWN	SO	#14 Messiah	16.05	(-0.7)	3/27
10		Molly WHITE	SO	#10 Scranton	16.19	(-1.5)	4/6

### Women's 200 Meters

1	51	Chloe YODER	SR	#2 Susquehanna	25.45	(0.2)	4/6
2	86	Sara PENUELA	SR	#3 Dickinson	25.75	(0.7)	4/6
3		Jessica FATIGATI	SR	#4 Westminster (Pa)	25.94	(0.3)	3/16
4		Jocelyn SMITH	FR	#10 Scranton	25.99	(0.7)	4/6
5		Arwyn GRUENWALD	SO	#14 Messiah	26.01	(0.2)	4/6
6		Emma RUDOLPH	SR	#4 Westminster (Pa){2}	26.09	(0.3)	3/16
7		Emerlee SIMONS	SR	#3 Dickinson {2}	26.34	(0.7)	4/6
8		Marlyse HAACK	SO	#11 Salisbury	26.41	(1.6)	3/16
9		Anna ZAESKE	SR	#1 Johns Hopkins	26.42	(1.1)	3/30
10		Ashley NEWMAN	SO	#2 Susquehanna {2}	26.43	(0.2)	4/6

### Women's 400 Meters

1	70	Kelty OASTER	SR	#7 Elizabethtown	58.93		3/27
2	83	Anna ZAESKE	SR	#1 Johns Hopkins	59.26		4/6
3		Emerlee SIMONS	SR	#3 Dickinson	59.68		3/27
4		Tanise THORNTON-FILLYAW	SO	#19 Goucher	59.77		3/27
5		Lianne SAUSSY	SO	#1 Johns Hopkins {2}	1:00.30		4/6
6		Katie MORGAN	JR	#18 McDaniel	1:00.86		3/29
7		Jenna ZENDRON	FR	#4 Westminster (Pa)	1:01.20		3/30
8		Elizabeth BARRE	SR	#5 Carnegie Mellon	1:01.62		3/23
9		Kristin GALLAGHER	SR	#9 Misericordia	1:01.96		4/5
10		Darrian BERKHEIMER	JR	#6 Lebanon Valley	1:02.18		4/6

### Women's 400 Meter Hurdles

1	2	Darya MIKUSOVA	SR	#3 Dickinson	1:01.81		4/6
2	7	Elizabeth BARRE	SR	#5 Carnegie Mellon	1:03.03		3/30
3	64	Sarah SCHNEIDER	SO	#13 Washington & Je	1:07.00		3/16
4	73	Jadyn HARTNER	SR	#13 Washington & Je{2}	1:07.53		3/16
5	96	Lillian BOUDREAU	SO	#12 Gettysburg	1:08.18		3/23
6		Breannnda DAVIS	SR	#4 Westminster (Pa)	1:08.94		3/16
7		Clara BENNER	SO	#14 Messiah	1:09.31		3/27
8		Molly WHITE	SO	#10 Scranton	1:09.32		4/6
9		Payton MANN	JR	#16 York (Pa.)	1:09.43		3/27
10		Julia ACEVEDO	SR	#2 Susquehanna	1:10.05		3/23

### Women's 800 Meters

1	4	Annie HUANG	JR	#1 Johns Hopkins	2:11.64		3/30
2	35	Hailey CARROLL	SO	#15 Geneva	2:16.91		3/16
3	36	Grace MORNINGSTAR	FR	#9 Misericordia	2:17.06		3/16
4	46	Isabella RHEE	SR	#5 Carnegie Mellon	2:17.72		3/30
5	47	Mackenzie SETTON	SO	#1 Johns Hopkins {2}	2:17.74		4/6
6	55	Tanise THORNTON-FILLYAW	SO	#19 Goucher	2:18.32		4/6
7	58	Kelty OASTER	SR	#7 Elizabethtown	2:18.41		4/6
8	63	Emma KOTHARI	SO	#1 Johns Hopkins {3}	2:18.68		3/30
9	68	Jacqueline LIU	SO	#5 Carnegie Mellon {2}	2:18.85		3/30
10	79	Kristin GALLAGHER	SR	#9 Misericordia {2}	2:19.54		3/16

### Women's 1500 Meters

1	33	Mackenzie SETTON	SO	#1 Johns Hopkins	4:38.84		3/30
2		Adriana CATALANO	SO	#1 Johns Hopkins {2}	4:47.00		3/30
3		Callie JONES	SR	#1 Johns Hopkins {3}	4:47.45		3/30
4		Sarah CONANT	SR	#1 Johns Hopkins {4}	4:47.52		3/30
5		Amiyah PRIEBE	JR	#3 Dickinson	4:47.55		4/6
6		Jacqueline LIU	SO	#5 Carnegie Mellon	4:47.88		3/30
7		Eleni ALVAREZ	JR	#1 Johns Hopkins {5}	4:48.27		4/6
8		Miranda CINCOTTA	SO	#23 Saint Vincent	4:48.49		3/16
9		Sara STEPHENSON	SR	#1 Johns Hopkins {6}	4:49.17		3/30
10		Emily HOPKINS	SO	#10 Scranton	4:50.22		4/6

### Women's Steeplechase

1	17	Sara STEPHENSON	SR	#1 Johns Hopkins	11:08.11		4/6
2	35	Cooper BROTHERTON	SO	#1 Johns Hopkins {2}	11:32.14		3/30
3	45	Eleni ALVAREZ	JR	#1 Johns Hopkins {3}	11:38.81		3/30
4	51	Bailey MULLEN	SR	#18 McDaniel	11:39.97		4/6
5	70	Callie JONES	SR	#1 Johns Hopkins {4}	11:48.48		4/6
6	91	Carys COOK	SO	#12 Gettysburg	11:54.70		4/6
7		Sarah CONANT	SR	#1 Johns Hopkins {5}	12:03.11		4/6
8		Amiyah PRIEBE	JR	#3 Dickinson	12:03.34		3/23
9		Charlotte KRATOVIL-LAVELLE	SR	#3 Dickinson {2}	12:03.76		3/23
10		Milana STRAUB	JR	Marywood	12:05.30		4/5





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



## Mid-Atlantic

as of 4/9/2024 7:44:58 AM ET

### Women's 5000 Meters

1	35	Orit SHIANG	SO	#5 Carnegie Mellon	17:34.91	3/30
2	39	Izzy NOBILI	SO	#1 Johns Hopkins	17:38.60	4/6
3	45	Adriana CATALANO	SO	#1 Johns Hopkins {2}	17:43.47	4/6
4	51	Claire ANDERSON	SO	#13 Washington & Je	17:47.05	3/23
5	52	Grace GALLAGHER	SO	#9 Misericordia	17:47.51	3/30
6	60	Amiyah PRIEBE	JR	#3 Dickinson	17:50.88	3/27
7	62	Cera GASTON	SR	#22 Alvernia	17:51.67	3/23
8	72	Anna BODMER	FR	#11 Salisbury	17:55.94	4/6
9	96	Myra NAQVI	JR	#3 Dickinson {2}	18:06.53	3/27
10	97	Emily HOPKINS	SO	#10 Scranton	18:06.63	3/27

### Women's 10,000 Meters

1	33	Anna BODMER	FR	#11 Salisbury	37:31.90	3/16
2	50	Elyse TANCINI	FR	#12 Gettysburg	39:00.19	4/6
3	58	Coyla BARTHOLOMEW	SO	#6 Lebanon Valley	39:11.42	3/30
4	64	Bridget KENNEDY	SR	#7 Elizabethtown	39:18.50	4/6
5	66	Sarah SMITH	SO	#12 Gettysburg {2}	39:23.40	4/6
6	67	Katherine JONES	SR	#9 Misericordia	39:23.93	3/16
7	70	Rachel ROBERTS	SO	#11 Salisbury {2}	39:37.00	3/16
8	81	Rachel ULRICH	SO	#9 Misericordia {2}	39:53.64	3/16
9	82	Aylene NOY	SO	Hood	39:54.82	3/30
10	88	Grace REID-VENSEL	FR	#13 Washington & Je	40:06.88	3/30

### Women's 4x100 Relay

1	28	Chloe Zhang, Lauren Phillips, Anna Zaeske, Victoria Kadiri	#1 Johns Hopkins	48.55	4/6
2	41	Jessica Fatigati, Emma Rudolph, Madison Conley, Breannnda Davis	#4 Westminster (Pa)	48.92	3/16
3	48	Hannah Alderfer, Chloe Yoder, Addison Yaukey, Alexa Rine	#2 Susquehanna	49.23	3/23
4	54	#Type!	#3 Dickinson	49.50	4/6
5	79	Abigail Reed, Darrian Berkheimer, Alyssa Peiffer, Mileyska Calderon	#6 Lebanon Valley	50.17	3/27
6		Keziah Boyce, Natalie Cottrell, Angela Nuse, Payton Mann	#16 York (Pa.)	50.93	3/27
7		Angel Bidgell, Katie Morgan, Sophia Leone, Anna Rando	#18 McDaniel	50.94	4/6
8		Jarrett Wagner, Sara Rich, Ash Rich, Kate Bendall	#7 Elizabethtown	51.12	4/6
9		#Type!	#10 Scranton	51.13	4/6
10		#Type!	#12 Gettysburg	51.57	3/23

### Women's 4x400 Relay

1	7	Lianne Saussy, Annie Huang, Lauren Phillips, Anna Zaeske	#1 Johns Hopkins	3:53.98	4/6
2	33	#Type!	#3 Dickinson	4:02.68	4/6
3	60	Isabella Rhee, Emily Lannen, Jiahui Tang, Emma Nilson	#5 Carnegie Mellon	4:08.20	3/30
4	78	Miranda Guthrie, Lily Murphy, Caroline Kozera, Miranda Cincotta	#23 Saint Vincent	4:12.22	3/16
5	85	Avery Arrizi, Savannah Owens, Ariat Ojulu, Brittney Douglas	#20 St. Mary's (Md.)	4:14.31	3/30
6	88	#Type!	#10 Scranton	4:14.50	4/6
7	95	#Type!	Albright	4:15.37	4/6
8	100	Caitlyn Goodrich, Abigail Painter, Jenna Zendron, Breannnda Davis	#4 Westminster (Pa)	4:16.27	3/9
9		Kristin Gallagher, Grace Morningstar, Madison Kammer, Abigail Conti	#9 Misericordia	4:16.80	4/5
10		Lauren Dunnigan, Annalise Kauffman, Abby Bachman, Hanna Rubiales	#17 Franklin & Marsh	4:16.84	3/16

### Women's High Jump

1	6	Breannnda DAVIS	SR	#4 Westminster (Pa)	1.68m	5-6	3/30
2	50	Aurielle BRUNNER	JR	#24 Chatham	1.59m	5-2½	3/30
3	69	Madison LAMB	FR	#11 Salisbury	1.57m	5-1¾	3/2
4	86	Emily ORIEL	SO	#6 Lebanon Valley	1.56m	5-1¼	3/23
5	88	Madison ARMITAGE	JR	#8 King's College (P	1.55m	5-1	4/6
5	88	Abigail LOVELACE	FR	#1 Johns Hopkins	1.55m	5-1	3/30
7		Daphne ALEXANDER	FR	#15 Geneva	1.53m	5-¼	3/9
8		Gretchen HARAY	SO	#10 Scranton	1.52m	4-11¾	4/6
8		Jenna HORNING	SR	#2 Susquehanna	1.52m	4-11¾	4/6
8		Elena FUNK	FR	#10 Scranton	1.52m	4-11¾	4/6
8		Kara BROWN	SO	#14 Messiah	1.52m	4-11¾	4/6

### Women's Pole Vault

1	10	Emma RUDOLPH	SR	#4 Westminster (Pa)	3.73m	12-2¾	3/30
2	38	Missy TREHARN	SO	#4 Westminster (Pa){2}	3.40m	11-1¾	3/16
3	48	Jo-Michelle HUCZKO	SR	#5 Carnegie Mellon	3.35m	10-11¾	3/23
4	69	Hannah WITTER	JR	#14 Messiah	3.30m	10-9¾	4/6
5	98	Cassidy BROWN	JR	#1 Johns Hopkins	3.20m	10-6	3/30
5	98	Sarah BOWER	JR	#2 Susquehanna	3.20m	10-6	4/6
5	98	Rachel SNAVELY	SR	#6 Lebanon Valley	3.20m	10-6	3/27
5	98	Luisanna POLANCO	FR	#6 Lebanon Valley	3.20m	10-6	3/27
9		Emily ORIEL	SO	#6 Lebanon Valley {3}	3.15m	10-4	4/6
10		Victoria ZULTEVICZ	JR	#8 King's College (P	3.10m	10-2	4/5





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



## Mid-Atlantic

as of 4/9/2024 7:44:58 AM ET

### Women's Long Jump

1	<b>9</b>	Mia HILL	SO	#11 Salisbury	<b>5.64m</b>	18-6 (2.7)	<b>4/6</b>
2	<b>17</b>	Remi ACORD	JR	<b>#2</b> Susquehanna	<b>5.49m</b>	18-¼ (0.0)	<b>4/6</b>
3	<b>24</b>	Sara PENUELA	SR	<b>#3</b> Dickinson	<b>5.45m</b>	17-10¾ (-1.)	<b>4/6</b>
4	<b>27</b>	Hannah ALDERFER	JR	<b>#2</b> Susquehanna	{2} <b>5.42m</b>	17-9½ (0.0)	<b>4/6</b>
5	<b>30</b>	Victoria KADIRI	SR	<b>#1</b> Johns Hopkins	<b>5.40m</b>	17-8¾ (-0.7)	3/30
6	<b>81</b>	Victoria ZULTEVICZ	JR	#8 King's College (P	<b>5.20m</b>	17-¾ (1.8)	<b>4/5</b>
7	<b>91</b>	Madelynn PERFILO	SO	#8 King's College (P{2}	<b>5.18m</b>	17-0 (0.8)	<b>4/5</b>
8		Annie LEDER	JR	<b>#3</b> Dickinson	{2} <b>5.13m</b>	16-10 (0.0)	3/23
8		Elizabeth BARRE	SR	<b>#5</b> Carnegie Mellon	<b>5.13m</b>	16-10 (0.0)	3/30
8		Samantha SHARROW	SO	#10 Scranton	<b>5.13m</b>	16-10 (-2.0)	<b>4/6</b>

### Women's Triple Jump

1	<b>4</b>	Victoria KADIRI	SR	<b>#1</b> Johns Hopkins	<b>12.02m</b>	39-5¼ (2.0)	<b>4/6</b>
2	<b>9</b>	Remi ACORD	JR	<b>#2</b> Susquehanna	<b>11.86m</b>	38-11 (0.0)	<b>4/6</b>
3	<b>14</b>	Sara BARTLETT	JR	<b>#1</b> Johns Hopkins	{2} <b>11.65m</b>	38-2¾ (1.4)	3/30
4	<b>38</b>	Julia ACEVEDO	SR	<b>#2</b> Susquehanna	{2} <b>11.17m</b>	36-7¾ (0.0)	3/27
5	<b>72</b>	Kate BENDALL	FR	#7 Elizabethtown	<b>10.87m</b>	35-8 (0.8)	3/27
6	<b>87</b>	Mylina CASTILLO	JR	#22 Alvernia	<b>10.77m</b>	35-4 (0.3)	3/27
7	<b>95</b>	Emma PARNELL	SO	#15 Geneva	<b>10.71mw</b>	35-1¾ (2.3)	3/9
8		Molly WHITE	SO	#10 Scranton	<b>10.67m</b>	35-¼ (-0.4)	3/27
9		Emma CHRISTMAN	SO	#11 Salisbury	<b>10.63m</b>	34-10½ (2.0)	<b>4/6</b>
10		Iniyaa MOHANRAJ	SO	<b>#5</b> Carnegie Mellon	<b>10.49m</b>	34-5 (0.0)	3/30

### Women's Shot Put

1	<b>31</b>	Lexi SHIDERLY	JR	<b>#4</b> Westminster (Pa	<b>12.77m</b>	41-10¾	3/16
2	<b>65</b>	Erika EZUMBA	SO	<b>#1</b> Johns Hopkins	<b>12.29m</b>	40-4	3/30
3	<b>69</b>	Jillian ZUKLEY	FR	#20 St. Mary's (Md.)	<b>12.27m</b>	40-3¼	3/16
4	<b>75</b>	Kelsey NEFF	SR	<b>#1</b> Johns Hopkins	{2} <b>12.24m</b>	40-2	3/30
5	<b>76</b>	Taylor SYMONETTE	JR	<b>#5</b> Carnegie Mellon	<b>12.23m</b>	40-1½	3/30
6	<b>78</b>	Mylea NEIDIG	SR	#7 Elizabethtown	<b>12.20m</b>	40-½	3/27
7	<b>84</b>	Abby EVERETT	SR	<b>#3</b> Dickinson	<b>12.06m</b>	39-6¾	3/27
8		Brandy VARNER	SO	#8 King's College (P	<b>11.63m</b>	38-2	<b>4/5</b>
9		Katie KOVALCHICK		#13 Washington & Je	<b>11.55m</b>	37-10¾	3/30
10		Caroline REED	SR	#6 Lebanon Valley	<b>11.47m</b>	37-7¾	3/27

### Women's Discus

1	<b>33</b>	Shelby RAMBO	SO	<b>#4</b> Westminster (Pa	<b>41.17m</b>	135-1	3/16
2	<b>43</b>	Brandy VARNER	SO	#8 King's College (P	<b>40.16m</b>	131-9	<b>4/5</b>
3	<b>63</b>	Abby EVERETT	SR	<b>#3</b> Dickinson	<b>39.35m</b>	129-1	<b>4/6</b>
4		DaniRae RENNO	JR	#7 Elizabethtown	<b>37.53m</b>	123-2	<b>4/6</b>
5		Alyssa BETZ	JR	#6 Lebanon Valley	<b>36.37m</b>	119-4	3/27
6		Sofia HARNOIS	SO	#16 York (Pa.)	<b>36.34m</b>	119-3	3/27
7		Alexis MAHAFFEY	JR	#21 Bethany (W.Va.)	<b>36.04m</b>	118-3	3/16
8		Erika EZUMBA	SO	<b>#1</b> Johns Hopkins	<b>35.84m</b>	117-7	3/30
9		Caitlin KIRK	FR	#8 King's College (P{2}	<b>35.07m</b>	115-1	<b>4/5</b>
10		Makenna PHILSON	SO	#21 Bethany (W.Va.) {2}	<b>34.16m</b>	112-1	3/30

### Women's Hammer

1	<b>48</b>	Maggie BOYER	SR	<b>#2</b> Susquehanna	<b>47.36m</b>	155-5	<b>4/6</b>
2	<b>68</b>	Katelyn SHOEMAKER	SO	#8 King's College (P	<b>46.12m</b>	151-4	<b>4/5</b>
3	<b>93</b>	Abby EVERETT	SR	<b>#3</b> Dickinson	<b>44.50m</b>	146-0	3/23
4	<b>99</b>	Alexis MAHAFFEY	JR	#21 Bethany (W.Va.)	<b>44.17m</b>	144-11	3/30
5		Delaney HILFERTY	JR	#8 King's College (P{2}	<b>43.35m</b>	142-3	<b>4/5</b>
6		Taileen ZECHMAN	JR	Hood	<b>42.94m</b>	140-11	<b>4/6</b>
7		Allison STANDISH	SO	#15 Geneva	<b>42.93m</b>	140-10	3/9
8		Kayla ROUNTREE	JR	<b>#5</b> Carnegie Mellon	<b>42.77m</b>	140-4	3/30
9		Erika EZUMBA	SO	<b>#1</b> Johns Hopkins	<b>41.68m</b>	136-9	3/30
10		Sofia HARNOIS	SO	#16 York (Pa.)	<b>41.66m</b>	136-8	<b>4/6</b>

### Women's Javelin

1	<b>3</b>	Alexandra SNYDER	JR	#9 Misericordia	<b>42.07m</b>	138-0	3/16
2	<b>5</b>	Holly FERRARA	SR	#12 Gettysburg	<b>41.18m</b>	135-1	<b>4/6</b>
3	<b>22</b>	Grace TICE	SR	#21 Bethany (W.Va.)	<b>38.84m</b>	127-5	3/30
4	<b>24</b>	Erin MILLER	SR	#7 Elizabethtown	<b>38.68m</b>	126-11	<b>4/6</b>
5	<b>26</b>	Valerie BADGER	SO	#9 Misericordia	{2} <b>38.67m</b>	126-11	3/16
6	<b>41</b>	Katelyn SHOEMAKER	SO	#8 King's College (P	<b>37.54m</b>	123-2	<b>4/5</b>
7	<b>43</b>	Kaitlyn SNYDER	SO	#6 Lebanon Valley	<b>37.46m</b>	122-11	<b>4/6</b>
8	<b>48</b>	Isabelle ILIEV	SR	Thiel	<b>37.03m</b>	121-6	3/23
9	<b>49</b>	Emily GARVIN	FR	#15 Geneva	<b>36.95m</b>	121-3	3/30
10	<b>56</b>	Morgan STOVER	SO	#9 Misericordia	{3} <b>36.85m</b>	120-11	<b>4/5</b>

### Women's Heptathlon

1	<b>5</b>	Breannnda DAVIS	SR	<b>#4</b> Westminster (Pa	<b>4,426</b>	3/30
2	<b>8</b>	Aurielle BRUNNER	JR	#24 Chatham	<b>4,261</b>	3/30
3	<b>16</b>	Jadyn HARTNER	SR	#13 Washington & Je	<b>3,700</b>	3/30
4	<b>31</b>	Ryann ESSEY	SO	<b>#4</b> Westminster (Pa{2}	<b>2,868</b>	3/30



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



## Mideast

as of 4/9/2024 7:44:58 AM ET

### Women's 100 Meters

1	55	Rachel ARTHUR	JR	#3 Williams	12.37	(-2.1)	3/16
2	66	Michelle LOUIE	SR	#1 Middlebury	12.41	(1.6)	3/16
3	78	Trinity HAYES	JR	#13 Rhode Island Col	12.45w	(3.4)	4/6
4	92	Mackenzie DAGGITT	JR	#1 Middlebury	{2}12.49	(1.6)	3/16
5	95	Shea O'NEILL	FR	#11 Trinity (Conn.)	12.50w	(3.4)	4/6
6		Katie BRUNO	SO	#1 Middlebury	{3}12.58	(1.9)	3/16
6		Alaina STONEBRAKER	SO	#4 Coast Guard	12.58	(0.3)	3/30
6		Heloise HUGHES	FR	#2 Amherst	12.58	(-0.7)	4/7
9		Melissa WHITE	SO	#1 Middlebury	{4}12.61	(1.4)	3/16
9		Ava NOVAK	SR	#6 Vassar	12.61w	(3.4)	4/6

### Women's 100 Meter Hurdles

1	10	Eliza CARDWELL	JR	#2 Amherst	14.37	(0.8)	4/7
2	43	Arisa GRACE MCGOWAN	SO	#2 Amherst	{2}15.05	(0.8)	4/7
3	50	Katherine DEFOSSE	FR	#7 Springfield (Mas)	15.15w	(3.5)	4/6
4	58	Ziann FACEY	SO	#3 Williams	15.27w	(3.9)	3/23
5		Myeh MEDINA	SO	#2 Amherst	{3}15.77	(0.8)	4/7
5		Emma MILLS	FR	#1 Middlebury	15.77	(0.0)	3/23
7		Ashley SHELDON	FR	#17 Union (N.Y.)	15.79	(1.5)	4/6
8		Jahmilia DENNIS	SO	#6 Vassar	15.80w	(2.5)	4/6
9		Anaya THOMAS	JR	#2 Amherst	{4}15.82	(-1.3)	4/7
10		Savannah CECE	JR	#11 Trinity (Conn.)	16.17w	(2.5)	4/6

### Women's 200 Meters

1	22	Trinity HAYES	JR	#13 Rhode Island Col	25.07cuw(25.71u)	(2.0)	4/6
2	40	Michelle LOUIE	SR	#1 Middlebury	25.27	(2.0)	3/16
3	50	Claire JENSEN	FR	#3 Williams	25.44	(0.0)	3/23
4	58	Cate DONALDSON	FR	#3 Williams	{2}25.49	(0.0)	3/23
5	68	Grace FLYNN	JR	#4 Coast Guard	25.59cuw(26.24u)	(2.0)	4/6
6	69	Melissa WHITE	SO	#1 Middlebury	{2}25.60	(2.0)	3/16
7	72	Bella KING-HARVEY	FR	#3 Williams	{3}25.63	(0.0)	3/23
8	75	Rachel ARTHUR	JR	#3 Williams	{4}25.64	(0.0)	3/23
9		Ava NOVAK	SR	#6 Vassar	25.87cuw(26.53u)	(2.0)	4/6
10		Alaina STONEBRAKER	SO	#4 Coast Guard	{2}25.90	(1.9)	3/30

### Women's 400 Meters

1	14	Bella KING-HARVEY	FR	#3 Williams	57.18		3/16
2	19	Cate DONALDSON	FR	#3 Williams	{2}57.42		3/23
3	21	Casie EIFRIG	JR	#2 Amherst	57.52		4/7
4	46	Anna KROUSE	JR	#1 Middlebury	58.49		3/16
5	57	Lauren SZALKOWSKI	FR	#5 RPI	58.75		4/7
6	77	Claire JENSEN	FR	#3 Williams	{3}59.10		3/16
7	92	Lily BULCZYNSKI	SO	#1 Middlebury	{2}59.45		3/23
8		Kelsey TARBY	FR	#3 Williams	{4}59.95		3/16
9		Alexa ESTES	SO	#9 Connecticut Coll	1:00.19		3/23
10		Annabel CLONEY	SO	#1 Middlebury	{3}1:00.25		3/23

### Women's 400 Meter Hurdles

1	14	Ciara DALE	SR	#1 Middlebury	1:03.53		3/16
2	29	Myeh MEDINA	SO	#2 Amherst	1:05.29		4/7
3	31	Camryn TAYLOR	SR	#3 Williams	1:05.41		3/23
4	67	Artis PHILLIPS	JR	#2 Amherst	{2}1:07.20		4/7
5	68	Kate HAUSLADEN	SR	#8 Wesleyan (Conn.)	1:07.32		3/23
6	71	Tara JESSEN	SO	#4 Coast Guard	1:07.49		3/30
7	78	Cate KREUTZEN	SO	#1 Middlebury	{2}1:07.65		3/16
8		Olivia CARDEN	FR	#1 Middlebury	{3}1:08.55		4/7
9		Anna MAZUR	FR	#1 Middlebury	{4}1:08.96		3/16
10		Caitlin FITZGERALD	SO	#11 Trinity (Conn.)	1:09.09		3/30

### Women's 800 Meters

1	9	Zoe MARCUS	FR	#2 Amherst	2:12.37		4/7
2	11	Julia SCHOR	JR	#2 Amherst	{2}2:12.65		4/7
3	18	Lucy GAGNON	SR	#3 Williams	2:13.78		3/16
4	19	Alexa ESTES	SO	#9 Connecticut Coll	2:13.94		3/30
5	30	Grace MCDONOUGH	SO	#9 Connecticut Coll	{2}2:15.91cu(2:18.14u)		4/6
6	38	Piper LENTZ	SO	#2 Amherst	{3}2:17.25		4/7
7	48	Lily BULCZYNSKI	SO	#1 Middlebury	2:17.90		3/16
8	51	Allison SIBOLD	SR	#21 St. Lawrence	2:18.17		4/6
9	78	Kennedy MULLEN	JR	#11 Trinity (Conn.)	2:19.52cu(2:21.81u)		4/6
10	90	Tatum PESKIN	SR	#1 Middlebury	{2}2:20.05		3/23

### Women's 1500 Meters

1	22	Lucy GAGNON	SR	#3 Williams	4:36.11		3/23
2	28	Haley SCHOENEGGE	FR	#6 Vassar	4:37.56u		4/6
3	37	Sidney TRIEPKE	JR	#4 Coast Guard	4:40.05		3/30
4	43	Isabella LOZIER	SO	#2 Amherst	4:41.29		4/7
5	45	Molly FITZGIBBONS	SR	#3 Williams	{2}4:41.71		3/16
6	53	Jules BLESKOSKI	FR	#5 RPI	4:42.39		4/7
7	60	Alexa ESTES	SO	#9 Connecticut Coll	4:43.22u		4/6
8	64	Paige PHILLIPS	SR	#4 Coast Guard	{2}4:43.53u		4/6
9	90	Olivia PISACANO	JR	#5 RPI	{2}4:45.98		4/7
10	91	Grace MCDONOUGH	SO	#9 Connecticut Coll	{2}4:46.12		3/30

### Women's Steeplechase

1	8	Audrey MACLEAN	FR	#1 Middlebury	10:50.74		3/22
2	15	Molly FITZGIBBONS	SR	#3 Williams	10:59.24		3/23
3	39	Claudia WOLF	SO	#5 RPI	11:35.96		4/7
4	41	Helen HURDEN	FR	#3 Williams	{2}11:36.10		3/23
5	71	Tatum PESKIN	SR	#1 Middlebury	{2}11:48.65		3/22
6	72	Tessa BOSSOM	SO	#5 RPI	{2}11:48.71		4/7
7	76	Alison LECLERC	JR	#12 Eastern Connect	11:49.89		3/30
8	78	Addie FULLER	FR	#9 Connecticut Coll	11:50.58		3/30
9	80	Charlene PENG	FR	#3 Williams	{3}11:50.94		3/23
10	83	Charlotte BLAKE	FR	#21 St. Lawrence	11:52.13		3/30



# USTFCCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



## Mideast

as of 4/9/2024 7:44:58 AM ET

### Women's 5000 Meters

1	5	Haley SCHOENEGGE	FR	#6 Vassar	16:55.10	3/30
2	14	Audrey MACLEAN	FR	#1 Middlebury	17:17.26	3/16
3	19	Paige PHILLIPS	SR	#4 Coast Guard	17:22.59	3/30
4	44	Fiona PICONE	SO	#3 Williams	17:41.70	3/23
5	50	Abby FERNALD	SO	#9 Connecticut Coll	17:45.76	3/23
6	58	Tessa LANCASTER	JR	#19 Mount Holyoke	17:49.91	4/7
7	59	Helen HURDEN	FR	#3 Williams {2}	17:50.45	3/16
8	61	Margaret STEVENS	FR	#8 Wesleyan (Conn.	17:51.40	4/7
9	75	Lauren MELLON	SO	#4 Coast Guard {2}	17:57.00c(18:06.45u)	4/6
10	77	Edin SISSON	SR	#9 Connecticut Coll{2}	17:57.51	3/30

### Women's 10,000 Meters

1	19	Stephanie AGER	SO	#8 Wesleyan (Conn.	35:57.22	3/23
2	55	Elizabeth INGELLIS	JR	#22 Sage Colleges	39:04.82	4/6
3	69	Amaavi MIRIYAGALLA	SR	#6 Vassar	39:35.69	3/30
4	80	Brittany MARTIN	SR	#18 Roger Williams	39:52.84	3/30
5		Keara FONTAINE	SR	#12 Eastern Connect	40:25.28	3/23
6		Elizabeth GERBI	JR	#19 Mount Holyoke	40:34.48	3/30
7		Cayley SWAIM	FR	#6 Vassar {2}	40:47.62	3/30
8		Julianne KELLY	SO	#15 Westfield State	40:53.69	3/23
9		Marissa COLVIN	SO	#14 SUNY Plattsburg	40:56.23	4/6
10		Rebecca PATEL	JR	#15 Westfield State {2}	41:09.34	3/23

### Women's 4x100 Relay

1	12	Bella King-Harvey, Cate Donaldson, Camryn Taylor, Rachel Arthur	#3 Williams	47.74	3/23
2	27	Katie Bruno, Melissa White, Michelle Louie, Mackenzie Daggitt	#1 Middlebury	48.36	3/23
3	51	Eliza Cardwell, Heloise Hughes, Rachel Hubley, Anastasia Ioppolo	#2 Amherst	49.31	4/7
4	57	Christine Mallette, Katie Manning, Alyssa Fici, Lauren Szalkowski	#5 RPI	49.64	3/30
5	60	Jenascia Weir, Leslie Samuel, Emily Parchinski, Marlina Voker	#10 Hartford	49.82	4/6
6	96	Jamie Eu, Ava Novak, Jahmilia Dennis, Traci Francis	#6 Vassar	50.55u	4/6
7		Savannah Cece, Kennedy Mullen, Jillian Fisher, Shea O'Neill	#11 Trinity (Conn.)	50.74	3/30
8		Glory Moncion-Allen, Gabrielle Baker, Ava Partenza, Katherine Doran	#17 Union (N.Y.)	51.12	4/6
9		Michaela Schaffer, Morgan Thompson, Deanna Zoch, Marissa LeDuc	#14 SUNY Plattsburg	51.37	4/6
10		Sofia Aguilar, Kaitlyn Doherty, Riley Hanover, Madison Mulas	#7 Springfield (Mas)	51.78	4/6



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Midwest

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## Women's 4x400 Relay

1	<b>3</b>	Cate Donaldson, Camryn Taylor, Claire Jensen, Bella King- Harvey	<b>#3 Williams</b>	<b>3:51.17</b>	3/23
2	<b>13</b>	Michelle Louie, Ciara Dale, Annabel Cloney, Anna Krouse	<b>#1 Middlebury</b>	<b>3:56.93</b>	3/16
3	<b>21</b>	Mads Rabb, Casie Eifrig, Halle Hanna, Myeh Medina	<b>#2 Amherst</b>	<b>3:59.31</b>	<b>4/7</b>
4	<b>42</b>	Alexa Estes, LK Tucker, April Schilling, Grace McDonough	<b>#9 Connecticut Coll</b>	<b>4:05.64cu</b> (4:10.67u)	<b>4/6</b>
5	<b>70</b>	Maya Carey, Sophia Henderson, Margaret McLaughlin, Ava Novak	<b>#6 Vassar</b>	<b>4:11.00cu</b> (4:16.14u)	<b>4/6</b>
6	<b>93</b>	Chloe Hertigan, Jillian Fisher, Katherine Giroux, Ava Dubois	<b>#11 Trinity (Conn.)</b>	<b>4:15.02cu</b> (4:20.25u)	<b>4/6</b>
7	<b>98</b>	Ashley Gentile, Saige Kirkland, Carly Alston, Laci Davis	<b>#12 Eastern Connect</b>	<b>4:16.11cu</b> (4:21.36u)	<b>4/6</b>
8		Elaine Mccarty, Gwyneth Howes, Niveen Bugueiro, Lena Baker	<b>#16 Smith</b>	<b>4:20.22</b>	3/30
9		Gabrielle Baker, Katherine Doran, Glory Moncion-Allen, Kasey McGerald	<b>#17 Union (N.Y.)</b>	<b>4:21.46</b>	<b>4/6</b>
10		Mackenzie DiDonato, Maggie Donohue, Maeve D'Darcy, Julia Brillo	<b>#7 Springfield (Mas:</b>	<b>4:23.25</b>	<b>4/6</b>

## Women's High Jump

1	<b>5</b>	Gabriella GRATTAN	JR	<b>#11 Trinity (Conn.)</b>	<b>1.69m</b>	5-6½	3/30
2	<b>9</b>	Ashley SHELTON	FR	<b>#17 Union (N.Y.)</b>	<b>1.67m</b>	5-5¾	<b>4/6</b>
3	<b>19</b>	Anaya THOMAS	JR	<b>#2 Amherst</b>	<b>1.62m</b>	5-3¾	<b>4/7</b>
3	<b>19</b>	Allie WILDSMITH	SO	<b>#4 Coast Guard</b>	<b>1.62m</b>	5-3¾	<b>4/6</b>
5	<b>33</b>	Amelie JAMANKA	SO	<b>#3 Williams</b>	<b>1.60m</b>	5-3	3/23
6	<b>69</b>	Leah SMITH	FR	<b>#2 Amherst</b>	{2} <b>1.57m</b>	5-1¾	<b>4/7</b>
7	<b>88</b>	Livi MAZEROLLE	SO	<b>#3 Williams</b>	{2} <b>1.55m</b>	5-1	3/23
8		Jordan MURPHY	FR	<b>#10 Hartford</b>	<b>1.54m</b>	5-½	3/23
9		Brooke DOLAN	SO	<b>#1 Middlebury</b>	<b>1.52m</b>	4-11¾	<b>4/7</b>
9		Tooni OLALAYE	FR	<b>#5 RPI</b>	<b>1.52m</b>	4-11¾	<b>4/7</b>

## Women's Pole Vault

1	<b>22</b>	Kerry SEEKAMP	SO	<b>#16 Smith</b>	<b>3.55m</b>	11-7¾	3/30
2	<b>31</b>	Jae YU	JR	<b>#3 Williams</b>	<b>3.45m</b>	11-3¾	3/16
3	<b>38</b>	Fiona CARROLL	JR	<b>#8 Wesleyan (Conn.</b>	<b>3.40m</b>	11-1¾	3/30
3	<b>38</b>	Mia BAWENDI	SR	<b>#2 Amherst</b>	<b>3.40m</b>	11-1¾	<b>4/7</b>
3	<b>38</b>	Madison GARRIGUS	SR	<b>#4 Coast Guard</b>	<b>3.40m</b>	11-1¾	<b>4/6</b>
6	<b>69</b>	Poppy MILLER	JR	<b>#3 Williams</b>	{2} <b>3.30m</b>	10-9¾	3/16
7		Jillian DA COSTA PINTO	SO	<b>#16 Smith</b>	{2} <b>3.10m</b>	10-2	<b>4/6</b>
7		Jordan HECKER	JR	<b>#2 Amherst</b>	{2} <b>3.10m</b>	10-2	<b>4/7</b>
7		Bridget CASSATA	SR	<b>#2 Amherst</b>	{2} <b>3.10m</b>	10-2	<b>4/7</b>
7		Payton SORENSEN	JR	<b>#2 Amherst</b>	{2} <b>3.10m</b>	10-2	<b>4/7</b>
7		Jillian SCOTT	JR	<b>#7 Springfield (Mas:</b>	<b>3.10m</b>	10-2	<b>4/6</b>
7		Natasha FRISCH	SO	<b>#12 Eastern Connect</b>	<b>3.10m</b>	10-2	3/23
7		Ella SMITH	JR	<b>#7 Springfield (Mas:</b>	<b>3.10m</b>	10-2	<b>4/6</b>

## Women's Long Jump

1	<b>14</b>	Kaylee WRIGHT	SO	<b>#4 Coast Guard</b>	<b>5.57mw</b>	18-3¼ (3.7)	<b>4/6</b>
2	<b>21</b>	Mackenzie DAGGITT	JR	<b>#1 Middlebury</b>	<b>5.46m</b>	17-11 (1.6)	3/16
3	<b>40</b>	Juliette SULLIVAN	FR	<b>#8 Wesleyan (Conn.</b>	<b>5.35m</b>	17-6¾ (0.5)	<b>4/7</b>
4	<b>76</b>	Sydney PASSLEY- HARRIS	SO	<b>#6 Vassar</b>	<b>5.22m</b>	17-1½ (-2.0)	3/30
5		Leah SMITH	FR	<b>#2 Amherst</b>	<b>5.15m</b>	16-10¾ (0.5)	<b>4/7</b>
6		Michaela SCHAFER	SR	<b>#14 SUNY Plattsburg</b>	<b>5.10m</b>	16-8¾ (0.4)	<b>4/6</b>
7		Anastasia IOPPOLO	SO	<b>#2 Amherst</b>	{2} <b>5.09m</b>	16-8½ (0.0)	<b>4/7</b>
8		Elle RIMANDO	SO	<b>#19 Mount Holyoke</b>	<b>5.05m</b>	16-7 (1.7)	<b>4/7</b>
9		Katie MANNING	JR	<b>#5 RPI</b>	<b>4.96mw</b>	16-3¼ (2.8)	3/30
10		Emma MILLS	FR	<b>#1 Middlebury</b>	{2} <b>4.93m</b>	16-2¼ (-0.2)	<b>4/7</b>

## Women's Triple Jump

1	<b>23</b>	Jahmilia DENNIS	SO	<b>#6 Vassar</b>	<b>11.34mw</b>	37-2½ (3.2)	<b>4/6</b>
2	<b>53</b>	Samantha PAUL	JR	<b>#7 Springfield (Mas:</b>	<b>11.02mw</b>	36-2 (3.6)	<b>4/6</b>
3	<b>92</b>	Maddie GREENE	JR	<b>#4 Coast Guard</b>	<b>10.72mw</b>	35-2 (2.6)	<b>4/6</b>
4	<b>95</b>	Eliza LEE	SO	<b>#15 Westfield State</b>	<b>10.71mw</b>	35-1¾ (3.6)	<b>4/6</b>
5		Anastasia IOPPOLO	SO	<b>#2 Amherst</b>	<b>10.48m</b>	34-4¾ (-1.7)	<b>4/7</b>
6		Kelsey TARBY	FR	<b>#3 Williams</b>	<b>10.29m</b>	33-9¾ (0.0)	3/23
7		Michaela SCHAFER	SR	<b>#14 SUNY Plattsburg</b>	<b>10.16m</b>	33-4 (1.5)	3/30
8		Kate SPANER	SO	<b>#7 Springfield (Mas:</b>	{2} <b>9.99m</b>	32-9½ (0.0)	<b>4/6</b>
9		Brenna O'BRIEN	SO	<b>#9 Connecticut Coll</b>	<b>9.81m</b>	32-2¼ (2.0)	<b>4/6</b>
10		Lily O'BRIEN	SO	<b>#23 Mount Saint Mar</b>	<b>9.40m</b>	30-10¼ (1.4)	<b>4/7</b>

## Women's Shot Put

1		Maureen HAMMOND	JR	<b>#4 Coast Guard</b>	<b>11.49m</b>	37-8½	<b>4/6</b>
2		Julia TULIMIERY	SO	<b>#1 Middlebury</b>	<b>11.42m</b>	37-5¾	<b>4/7</b>
3		Leanna WELLS	FR	<b>#5 RPI</b>	<b>11.32m</b>	37-1¾	<b>4/7</b>
4		Madison DIPASQUALE	SO	<b>#10 Hartford</b>	<b>11.31m</b>	37-1¼	3/23
5		Katelynn TAYLOR	JR	<b>#7 Springfield (Mas:</b>	<b>11.29m</b>	37-½	<b>4/6</b>
6		Sadie OLSON	SR	<b>#4 Coast Guard</b>	{2} <b>11.21m</b>	36-9½	<b>4/6</b>
7		Kaylann STEVENSON	FR	<b>#20 Castleton</b>	<b>11.13m</b>	36-6¼	<b>4/6</b>
8		Mary Scott ROBINSON	SR	<b>#1 Middlebury</b>	{2} <b>11.06m</b>	36-3½	3/16
9		Kylie ALLEN	FR	<b>#5 RPI</b>	{2} <b>11.04m</b>	36-2¾	3/30
10		Amaya PENDLETON		<b>#11 Trinity (Conn.)</b>	<b>10.81m</b>	35-5¾	3/30



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## Mideast

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### Women's Discus

1	<b>16</b>	Emma RAMSINGH	FR	<b>#2</b> Amherst	<b>43.38m</b>	142-4	<b>4/7</b>
2	<b>49</b>	Robyn KRAFFT	SR	<b>#10</b> Hartford	<b>39.94m</b>	131-1	<b>4/6</b>
3	<b>77</b>	Madeline SAUDERS	JR	<b>#1</b> Middlebury	<b>38.53m</b>	126-5	<b>4/7</b>
4	<b>87</b>	Katie LYNCH	SO	<b>#5</b> RPI	<b>38.21m</b>	125-5	<b>4/7</b>
5		Sydney PETRIE		<b>#6</b> Vassar	<b>37.48m</b>	123-0	<b>4/6</b>
6		Sadie OLSON	SR	<b>#4</b> Coast Guard	<b>36.86m</b>	120-11	3/30
7		Grace RICHARD	SO	<b>#5</b> RPI	{2} <b>36.78m</b>	120-8	<b>4/7</b>
8		Isabella NIEMI	FR	<b>#2</b> Amherst	{2} <b>35.85m</b>	117-8	<b>4/7</b>
9		Madison DIPASQUALE	SO	<b>#10</b> Hartford	{2} <b>35.52m</b>	116-7	<b>4/6</b>
10		Claire EDWARDS	SR	<b>#8</b> Wesleyan (Conn.	<b>34.16m</b>	112-1	3/30

### Women's Hammer

1	<b>65</b>	Sadie OLSON	SR	<b>#4</b> Coast Guard	<b>46.23m</b>	151-8	<b>4/6</b>
2	<b>92</b>	Samantha SAINRISTILL	JR	<b>#13</b> Rhode Island Col	<b>44.74m</b>	146-10	<b>4/6</b>
3		Jaxon PALMER	JR	<b>#1</b> Middlebury	<b>43.31m</b>	142-1	<b>4/7</b>
4		Katie LYNCH	SO	<b>#5</b> RPI	<b>42.27m</b>	138-8	<b>4/7</b>
5		Grace RICHARD	SO	<b>#5</b> RPI	{2} <b>41.68m</b>	136-9	<b>4/7</b>
6		Lillian WURTZ	SO	<b>#1</b> Middlebury	{2} <b>41.41m</b>	135-11	3/22
7		Caroline HADLEY	SR	<b>#10</b> Hartford	<b>41.10m</b>	134-10	<b>4/6</b>
8		Katelynn TAYLOR	JR	<b>#7</b> Springfield (Mas:	<b>39.97m</b>	131-2	<b>4/6</b>
9		Bethany MARTIN	SR	<b>#2</b> Amherst	<b>39.11m</b>	128-4	<b>4/7</b>
10		Kate MALCZYNSKI-GRIFFIN	FR	<b>#12</b> Eastern Connect	<b>38.49m</b>	126-4	<b>4/6</b>

### Women's Javelin

1	<b>23</b>	Kayla PELLETIER	JR	<b>#10</b> Hartford	<b>38.74m</b>	127-1	3/23
2	<b>57</b>	Reilly ISLER	JR	<b>#1</b> Middlebury	<b>36.65m</b>	120-3	3/16
3	<b>68</b>	Jaxon PALMER	JR	<b>#1</b> Middlebury	{2} <b>36.04m</b>	118-3	3/16
4	<b>89</b>	Bethanie JEAN PHILIPPE		<b>#13</b> Rhode Island Col	<b>34.99m</b>	114-10	<b>4/6</b>
5		Dahlia GALANTE	JR	<b>#11</b> Trinity (Conn.)	<b>34.42m</b>	112-11	<b>4/6</b>
6		Shannon BURBY	JR	<b>#12</b> Eastern Connect	<b>33.37m</b>	109-6	3/30
7		Jacey TIPPMAN	JR	<b>#4</b> Coast Guard	<b>33.34m</b>	109-5	3/30
8		Bailey MCDEVITT	SO	<b>#7</b> Springfield (Mas:	<b>33.18m</b>	108-10	<b>4/6</b>
9		Luna PERRY-ST. PETER	SO	<b>#20</b> Castleton	<b>33.05m</b>	108-5	<b>4/6</b>
10		Emily DAVIS-MORIN	SR	<b>#4</b> Coast Guard	{2} <b>32.73m</b>	107-5	3/30





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## Midwest

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### Women's 100 Meters

1	6	Emma SEIPEL	JR	#4 Loras	11.98c	(11.95A)	1.	4/6
2	7	Jasmine WRIGHT	SO	#1 Washington (Mo.	12.00	(1.6)		3/30
2	7	Maya DAVIS	FR	#1 Washington (Mo.	12.00	(1.6)		3/30
4	9	Mercedes JACKSON	SR	#5 North Central (Ill	12.01w	(2.2)		3/23
5	18	Gabri MESCHINO	SR	#2 Chicago	12.11	(1.6)		3/30
6	19	Nicole STEWART	JR	#1 Washington (Mo.}	12.12	(1.3)		4/6
7	23	Harmony CREASY	JR	#4 Loras	{2}12.19c	(12.16A)	1.	4/6
8	27	Lindsey NOVAK	SR	#5 North Central (Ill}{2}	12.21	(1.9)		4/6
9	28	McKenzie RESER	JR	#11 Augustana (Ill.)	12.22	(1.1)		4/6
10	32	Eva CARCHIDI	SR	#19 Grinnell	12.24w	(2.3)		4/6
10	32	Lauren MARSHALL	SR	#9 Elmhurst	12.24	(1.6)		4/6

### Women's 100 Meter Hurdles

1	6	Ren BROWN	JR	#2 Chicago	14.23w	(2.7)		4/6
1	6	Lauren GAY	JR	#1 Washington (Mo.	14.23w	(2.2)		3/30
3	11	Denise PARTEE	SR	#5 North Central (Ill	14.45w	(2.6)		3/29
4	13	Nakala NADEAU	JR	#9 Elmhurst	14.53w	(2.7)		4/6
5	22	JoJo TYNISMMAA	SO	#3 Wartburg	14.72	(1.5)		3/23
6	24	Tiana GRADY	FR	#9 Elmhurst	{2}14.78w	(2.6)		3/29
7	39	Thea RING	SO	#18 North Park	15.00w	(2.7)		4/6
8	44	Olivia BOHLEN	SO	#6 Central (Iowa)	15.06w	(2.4)		4/6
9	48	Audrey ARNOLD	JR	#14 Simpson (Iowa)	15.11w	(2.4)		4/6
9	48	Grace BRADEN	FR	#3 Wartburg	{2}15.11w	(2.4)		4/6

### Women's 200 Meters

1	1	Nicole STEWART	JR	#1 Washington (Mo.	24.46	(0.8)		3/30
2	26	Lauren GAY	JR	#1 Washington (Mo.}	25.16	(0.8)		3/30
3	36	Kalie STRAYHORN	FR	#24 Westminster (Mc	25.24w	(3.3)		3/16
3	36	Lindsey NOVAK	SR	#5 North Central (Ill	25.24	(-0.1)		3/29
5	42	Emily MCMARTIN	SO	#6 Central (Iowa)	25.29w	(3.2)		4/6
6	43	Grace ALLEY	SR	#4 Loras	25.30c	(25.23A)	1.	4/6
7	53	Lauren BLIEFERNICHT	JR	#12 Aurora	25.46w	(3.0)		3/23
8	55	Thea RING	SO	#18 North Park	25.47	(-0.1)		3/29
8	55	Abbi ROERDINK	SR	#6 Central (Iowa)	{2}25.47w	(3.2)		4/6
10	64	Riana HAYES	SO	#18 North Park	{2}25.56	(1.6)		3/29

### Women's 400 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.	54.68			3/30
2	8	Nicole STEWART	JR	#1 Washington (Mo.}	56.59			3/30
3	10	Kylie SPYTEK	SO	#1 Washington (Mo.}	56.87			3/30
4	24	Catherine CHRISTOPHER	FR	#1 Washington (Mo.}	57.69			3/30
5	27	Alyssa PFADENHAUER	SR	#4 Loras	57.73c	(57.62A)		4/6
6	30	Lindsey NOVAK	SR	#5 North Central (Ill	57.87			4/6
7	31	Caroline ECHOLS	FR	#1 Washington (Mo.}	57.89			3/30
8	32	Danielle SCHULTZ	SR	#1 Washington (Mo.}	57.90			4/6
9	44	Carmela WOODS	FR	#9 Elmhurst	58.40			4/6
10	45	Gayle HENDERSON	FR	#1 Washington (Mo.}	58.44			3/30

### Women's 400 Meter Hurdles

1	1	Ren BROWN	JR	#2 Chicago	1:00.50			3/30
2	4	JoJo TYNISMMAA	SO	#3 Wartburg	1:01.93			4/6
3	19	Madison HAYS	SO	#14 Simpson (Iowa)	1:04.54			3/28
4	23	Ruby KAPLAN	JR	#1 Washington (Mo.	1:05.05			3/23
5	30	Abby GRUVER	SR	#6 Central (Iowa)	1:05.32			3/28
6	40	Maddax DEVAULT	SO	#14 Simpson (Iowa)	{2}1:05.97			3/28
7	43	Sophia STAHL	FR	#3 Wartburg	{2}1:06.19			3/29
8	79	Hannah JONES	SR	#5 North Central (Ill	1:07.68			4/6
9	100	Hailey CAROLAN	SO	#16 Cornell College	1:08.27			4/6
10		Katelyn PFALTZGRAFF	JR	#8 Dubuque	1:08.96			4/6

### Women's 800 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.	2:05.07			3/29
2	2	Danielle SCHULTZ	SR	#1 Washington (Mo.}	2:10.75			3/29
3	6	Alessia SARUSSI	SR	#1 Washington (Mo.}	2:11.79			3/29
4	8	Maddie KELLY	SR	#2 Chicago	2:12.11			4/6
5	10	Caroline ECHOLS	FR	#1 Washington (Mo.}	2:12.62			3/29
6	13	Izzy GORTON	JR	#1 Washington (Mo.}	2:13.09			3/29
7	21	Elisabeth CAMIC	JR	#2 Chicago	{2}2:14.43			4/6
8	22	Haley MEYER	SO	#3 Wartburg	2:14.56			3/23
9	33	Virginia PRIDGEN	JR	#1 Washington (Mo.}	2:16.75			3/23
10	37	Katie RECTOR	SO	#1 Washington (Mo.}	2:17.23			3/30

### Women's 1500 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.	4:22.76			4/6
2	5	Maddie KELLY	SR	#2 Chicago	4:32.15			3/29
3	10	Elisabeth CAMIC	JR	#2 Chicago	{2}4:33.34			3/29
4	11	Megan JOHNSON	JR	#6 Central (Iowa)	4:33.63			4/6
5	13	Deyanneira COLON MALDONADO	JR	#12 Aurora	4:34.13			3/23
6	14	Katie RECTOR	SO	#1 Washington (Mo.}	4:34.52			3/29
7	16	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	{3}4:35.20			4/6
8	18	Alessia SARUSSI	SR	#1 Washington (Mo.}	4:35.36			4/6
9	19	Aubrie FISHER	SR	#3 Wartburg	4:35.49			4/6
10	20	Helena TEIXEIRA-DASILVA	SR	#1 Washington (Mo.}	4:35.55			3/29

### Women's Steeplechase

1	1	Aubrie FISHER	SR	#3 Wartburg	10:24.28			3/29
2	2	Ellie MEYER	JR	#3 Wartburg	{2}10:33.30			3/29
3	7	Emma ODLE	SR	#11 Augustana (Ill.)	10:49.57			3/29
4	12	Julia PATTERSON	JR	#1 Washington (Mo.	10:52.97			3/29
5	13	Caitlin JORGENSEN	SR	#2 Chicago	10:54.68			3/29
6	14	Abigail PATTERSON	JR	#1 Washington (Mo.}	10:56.51			3/29
7	22	Riley CLARK	SO	#1 Washington (Mo.}	11:16.13			3/29
8	49	Quincy COLLINGS	SR	#15 Millikin	11:39.24			3/29
9	53	Natalie CONRAD	JR	#20 Wheaton (Ill.)	11:40.11			4/6
10	55	Lily PETERSON	SO	#3 Wartburg	{3}11:42.88			3/29



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



## Midwest

as of 4/9/2024 7:44:59 AM ET

### Women's 5000 Meters

1	<b>1</b>	Caroline MCMARTIN	SR	#6 Central (Iowa)	<b>16:29.11</b>	3/29
2	<b>6</b>	Alexandra BLAKE	SR	#1 Washington (Mo.)	<b>16:58.03</b>	3/29
3	<b>11</b>	Deyanneira COLON MALDONADO	JR	#12 Aurora	<b>17:10.41</b>	3/29
4	<b>22</b>	Peyton STEFFEN	SO	#6 Central (Iowa) {2}	<b>17:26.24</b>	3/29
5	<b>34</b>	Jillian HETH	SO	#1 Washington (Mo.) {2}	<b>17:34.71</b>	3/29
6	<b>42</b>	Addy PARROTT	JR	#6 Central (Iowa) {3}	<b>17:40.91</b>	3/29
7	<b>85</b>	Morgan KAROW	SO	#19 Grinnell	<b>18:02.55</b>	3/22
8		Annalese CHUDY	JR	#13 Illinois Wesleyan	<b>18:11.37</b>	<b>4/6</b>
9		Keely MIYAMOTO	SO	#19 Grinnell {2}	<b>18:12.78</b>	3/22
10		Macy IYER	SO	#1 Washington (Mo.) {3}	<b>18:13.31</b>	3/29

### Women's 10,000 Meters

1	<b>4</b>	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	<b>34:25.29</b>	3/29
2	<b>5</b>	Shaelyn HOSTAGER	JR	#3 Wartburg	<b>34:39.24</b>	3/29
3	<b>6</b>	Megan JOHNSON	JR	#6 Central (Iowa)	<b>35:00.33</b>	3/29
4	<b>11</b>	Sophie TEDESCO	JR	#2 Chicago {2}	<b>35:16.72</b>	3/29
5	<b>12</b>	Estelle SNIDER	FR	#2 Chicago {3}	<b>35:25.49</b>	3/29
6	<b>22</b>	Annalese CHUDY	JR	#13 Illinois Wesleyan	<b>36:36.18</b>	3/29
7	<b>24</b>	Anna BOARDMAN	SR	#11 Augustana (Ill.)	<b>36:46.28</b>	3/29
8	<b>35</b>	Avery MCCAMMON	SR	#1 Washington (Mo.)	<b>37:47.48</b>	3/29
9	<b>38</b>	Kelly GIARDINA	SO	#3 Wartburg {2}	<b>37:53.78</b>	3/29
10	<b>54</b>	Lily ANDERSON	FR	#5 North Central (Ill.)	<b>39:01.79</b>	3/29

### Women's 4x100 Relay

1	<b>1</b>	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1 Washington (Mo.)	<b>46.35</b>	3/30
2	<b>3</b>	Harmony Creasy, Kelly Kohlhof, Meghan McDonald, Emma Seipel	#4 Loras	<b>46.91c</b> (46.79A)	<b>4/6</b>
3	<b>5</b>	Mercedes Jackson, Lindsey Novak, Faith Ladin, Denise Partee	#5 North Central (Ill.)	<b>47.37</b>	3/29
4	<b>6</b>	Taylor Tucker, Sara Yakana, Jocelyn Fritz, Laila Graham	#7 Greenville	<b>47.46</b>	3/30
5	<b>9</b>	Nabila Saam, McKenzie Reser, Cora Deemer, Shakira Wade	#11 Augustana (Ill.)	<b>47.62</b>	3/30
6	<b>15</b>	Keeley Hourigan, Raegan Levi, Breanne Geary, Natalie Cummins	#10 Nebraska Wesley	<b>47.80</b>	<b>4/5</b>
7	<b>18</b>	Lauren Marshall, Tiana Grady, Hannah Schwarz, Carmela Woods	#9 Elmhurst	<b>48.09</b>	<b>4/6</b>
8	<b>20</b>	Sophia Stahle, JoJo Tynismaa, Olivia Tollari, Lina Newland	#3 Wartburg	<b>48.12</b>	3/29
9	<b>21</b>	Mattie Brown, Brooke Oakley, Haley Garrett, Deja Anderson	#21 Illinois College	<b>48.22</b>	<b>4/6</b>
10	<b>24</b>	Mary Gustason, Abbi Roerdink, Emily McMartin, Ava Parkins	#6 Central (Iowa)	<b>48.26</b>	3/28



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



## Midwest

as of 4/9/2024 7:44:59 AM ET

### Women's 4x400 Relay

1	<b>1</b>	Kylie Spytek, Catherine Christopher, Danielle Schultz, Emma Kelley	<b>#1</b>	Washington (Mo.)	<b>3:46.13</b>	3/30
2	<b>6</b>	Lizzy Van Utrecht, Ava Parkins, Emily McMartin, Abbi Roerdink	<b>#6</b>	Central (Iowa)	<b>3:53.63</b>	<b>4/6</b>
3	<b>12</b>	Rachel Nagel, Sophia Stahle, JoJo Tynismaa, Olivia Tollari	<b>#3</b>	Wartburg	<b>3:56.33</b>	3/23
4	<b>15</b>	Ava Hagwell, Onese Ewherido, Rachel Singer, Ren Brown	<b>#2</b>	Chicago	<b>3:57.18</b>	3/30
5	<b>28</b>	Alexa Koza, Isabella Hilger, Gabby Thomas, Delaney Vacek	<b>#10</b>	Nebraska Wesley	<b>4:01.53</b>	<b>4/5</b>
6	<b>61</b>	Maddax DeVault, Ava Carder, Audrey Arnold, Madison Hays	<b>#14</b>	Simpson (Iowa)	<b>4:08.54</b>	3/28
7	<b>66</b>	Mika Fields, Lauren Bliefernicht, Ari Mack, Madison Etheridge	<b>#12</b>	Aurora	<b>4:10.10</b>	<b>4/6</b>
8	<b>70</b>	Itzel Garcia, Alyssa Ruiz, Katie Risner, Alexis Wike	<b>#15</b>	Millikin	<b>4:11.00</b>	<b>4/6</b>
9	<b>77</b>	Isabella Gonzalez, Jules Grunloh, Peyton Stinger, Jordynn Griffin	<b>#13</b>	Illinois Wesleyan	<b>4:11.97</b>	3/29
10	<b>82</b>	#Type!	<b>#16</b>	Cornell College	<b>4:13.75</b>	<b>4/6</b>

### Women's High Jump

1	<b>1</b>	Hailey CAROLAN	SO	<b>#16</b>	Cornell College	<b>1.70m</b>	5-7	<b>4/6</b>
1	<b>1</b>	Sara HOSKINS	SR	<b>#4</b>	Loras	<b>1.70m</b>	5-7	<b>4/6</b>
1	<b>1</b>	Jaden GATTS	FR	<b>#8</b>	Dubuque	<b>1.70m</b>	5-7	3/28
4	<b>10</b>	Olivia JAMESON	SO	<b>#22</b>	Illinois Tech	<b>1.66m</b>	5-5½	3/29
4	<b>10</b>	Grace ALLEY	SR	<b>#4</b>	Loras	<b>{2} 1.66m</b>	5-5½	<b>4/6</b>
6	<b>31</b>	Grace CROWDER	FR	<b>#20</b>	Wheaton (Ill.)	<b>1.61m</b>	5-3¾	<b>4/6</b>
7	<b>33</b>	Olivia THEISEN	FR	<b>#1</b>	Washington (Mo.)	<b>1.60m</b>	5-3	3/30
7	<b>33</b>	Laila GRAHAM	SR	<b>#7</b>	Greenville	<b>1.60m</b>	5-3	3/23
7	<b>33</b>	Julia KLEIN	SO	<b>#4</b>	Loras	<b>{3} 1.60m</b>	5-3	<b>4/6</b>
10	<b>54</b>	Hannah SAGO	SO	<b>#15</b>	Millikin	<b>1.58m</b>	5-2¼	3/29
10	<b>54</b>	Samantha NIELSEN	SO	<b>#3</b>	Wartburg	<b>1.58m</b>	5-2¼	3/29
10	<b>54</b>	Natalie MCALLISTER	SR	<b>#16</b>	Cornell College	<b>{2} 1.58m</b>	5-2¼	<b>4/6</b>
10	<b>54</b>	Deshawna NEAL	FR	<b>#3</b>	Wartburg	<b>1.58m</b>	5-2¼	<b>4/6</b>
10	<b>54</b>	Pola KUBRAK	JR	<b>#5</b>	North Central (Ill)	<b>1.58m</b>	5-2¼	3/29

### Women's Pole Vault

1	<b>4</b>	Yasmin RUFF	JR	<b>#1</b>	Washington (Mo.)	<b>3.85m</b>	12-7½	3/23
2	<b>12</b>	Mackenzie WALKER	SO	<b>#1</b>	Washington (Mo.)	<b>{2} 3.70m</b>	12-1½	3/30
3	<b>22</b>	Gwen BERENYI	SO	<b>#5</b>	North Central (Ill)	<b>3.55m</b>	11-7¾	<b>4/6</b>
4	<b>38</b>	Lindsay RECKER	SO	<b>#2</b>	Chicago	<b>3.40m</b>	11-1¾	3/30
4	<b>38</b>	Makenzie STOCK	JR	<b>#1</b>	Washington (Mo.)	<b>{3} 3.40m</b>	11-1¾	3/30
4	<b>38</b>	Susannah TRUITT	SR	<b>#2</b>	Chicago	<b>3.40m</b>	11-1¾	3/30
7	<b>48</b>	Natalie JOHNSON	JR	<b>#5</b>	North Central (Ill)	<b>{2} 3.35m</b>	10-11¾	3/29
7	<b>48</b>	Kate WEBER	SO	<b>#9</b>	Elmhurst	<b>3.35m</b>	10-11¾	3/29
7	<b>48</b>	Samantha HARVELL	JR	<b>#8</b>	Dubuque	<b>3.35m</b>	10-11¾	<b>4/6</b>
10	<b>69</b>	Emily DRUSE	SR	<b>#10</b>	Nebraska Wesley	<b>3.30m</b>	10-9¾	<b>4/5</b>

### Women's Long Jump

1	<b>1</b>	Emma SEIPEL	JR	<b>#4</b>	Loras	<b>6.11mw</b>	20-½ (2.3)	<b>4/6</b>
2	<b>2</b>	Harmony CREAMY	JR	<b>#4</b>	Loras	<b>{2} 5.81m</b>	19-¾ (2.0)	<b>4/6</b>
3	<b>6</b>	Ebunoluwa OPATA	JR	<b>#1</b>	Washington (Mo.)	<b>5.65m</b>	18-6½ (0.9)	3/23
4	<b>10</b>	Marina SEMPLÉ	SO	<b>#2</b>	Chicago	<b>5.60m</b>	18-4½ (1.6)	<b>4/6</b>
5	<b>16</b>	Sara YAKANA	JR	<b>#7</b>	Greenville	<b>5.50m</b>	18-½ (0.0)	3/30
6	<b>19</b>	Natalie CUMMINS	JR	<b>#10</b>	Nebraska Wesley	<b>5.48mw</b>	17-11¾ (2.8)	<b>4/5</b>
7	<b>20</b>	Laila GRAHAM	SR	<b>#7</b>	Greenville	<b>{2} 5.47m</b>	17-11½ (0.0)	3/30
8	<b>26</b>	Katelyn MCCANN	SO	<b>#5</b>	North Central (Ill)	<b>5.44m</b>	17-10¼ (0.8)	<b>4/6</b>
9	<b>32</b>	Lauren MARSHALL	SR	<b>#9</b>	Elmhurst	<b>5.39m</b>	17-8¼ (0.0)	3/29
10	<b>47</b>	Arielle TROADEC	FR	<b>#2</b>	Chicago	<b>{2} 5.33m</b>	17-6 (0.6)	<b>4/6</b>
10	<b>47</b>	Olivia TOLLARI	SO	<b>#3</b>	Wartburg	<b>5.33mw</b>	17-6 (2.5)	<b>4/6</b>

### Women's Triple Jump

1	<b>3</b>	Ebunoluwa OPATA	JR	<b>#1</b>	Washington (Mo.)	<b>12.18m</b>	39-11½ (0.0)	3/30
2	<b>15</b>	Imani OGUNRIBIDO	FR	<b>#13</b>	Illinois Wesleyan	<b>11.64m</b>	38-2¼ (0.2)	<b>4/6</b>
3	<b>18</b>	Shaniah JOHNSON	SR	<b>#3</b>	Wartburg	<b>11.51mw</b>	37-9¼ (2.5)	3/29
4	<b>24</b>	Sara YAKANA	JR	<b>#7</b>	Greenville	<b>11.33m</b>	37-2¼ (0.0)	3/30
5	<b>28</b>	Rebecca STEWART	SR	<b>#2</b>	Chicago	<b>11.26m</b>	36-11½ (-0.)	<b>4/6</b>
6	<b>35</b>	Vanessa CARR	SO	<b>#9</b>	Elmhurst	<b>11.18m</b>	36-8¼ (0.1)	<b>4/6</b>
6	<b>35</b>	Lauren WONG	SR	<b>#13</b>	Illinois Wesleyan	<b>{2} 11.18mw</b>	36-8¼ (2.8)	3/30
8	<b>41</b>	Laila GRAHAM	SR	<b>#7</b>	Greenville	<b>{2} 11.11m</b>	36-5½ (0.0)	3/30
9	<b>51</b>	Anna ANDRETICH	FR	<b>#9</b>	Elmhurst	<b>{2} 11.03m</b>	36-2¼ (-1.1)	<b>4/6</b>
10	<b>63</b>	Madeline BOULANGER	FR	<b>#3</b>	Wartburg	<b>{2} 10.92mw</b>	35-10 (3.2)	3/29

### Women's Shot Put

1	<b>6</b>	Molly LAUMAKIS	SR	<b>#2</b>	Chicago	<b>13.80m</b>	45-3½	3/29
2	<b>8</b>	Jenae BOTHE	SO	<b>#1</b>	Washington (Mo.)	<b>13.75m</b>	45-1½	3/30
3	<b>10</b>	Kaitlyn WILDER	SR	<b>#8</b>	Dubuque	<b>13.67m</b>	44-10¼	<b>4/6</b>
4	<b>14</b>	Maddie BOLEY	JR	<b>#17</b>	Monmouth (Ill.)	<b>13.42m</b>	44-½	3/28
5	<b>21</b>	Lily MEESTER	SR	<b>#3</b>	Wartburg	<b>13.09m</b>	42-11½	<b>4/6</b>
6	<b>23</b>	Talhiva TALANOA	JR	<b>#7</b>	Greenville	<b>13.00m</b>	42-8	<b>4/6</b>
7	<b>29</b>	Emmily BERGLUND	FR	<b>#10</b>	Nebraska Wesley	<b>12.88m</b>	42-3¼	3/30
8	<b>34</b>	Chloe REISER	FR	<b>#8</b>	Dubuque	<b>{2} 12.74m</b>	41-9¾	<b>4/6</b>
9	<b>53</b>	Silja ERICKSON	SR	<b>#12</b>	Aurora	<b>12.43m</b>	40-9½	3/23
10	<b>61</b>	Alivia ALLEN	SR	<b>#25</b>	Hendrix	<b>12.35m</b>	40-6¼	3/16



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## Midwest

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### Women's Discus

1	<b>1</b>	Charlotte FRERE	SO	#11 Augustana (Ill.)	<b>50.02m</b>	164-1	4/6
2	<b>7</b>	Kaitlyn WILDER	SR	#8 Dubuque	<b>44.80m</b>	147-0	4/6
3	<b>11</b>	Maddie BOLEY	JR	#17 Monmouth (Ill.)	<b>43.67m</b>	143-3	4/6
4	<b>15</b>	Riley VICE	JR	#4 Loras	<b>43.41m</b>	142-5	4/6
5	<b>18</b>	Taylor FLAIG	SR	#4 Loras	{2} <b>43.01m</b>	141-2	4/6
6	<b>22</b>	Talahiva TALANOVA	JR	#7 Greenville	<b>42.02m</b>	137-11	3/30
7	<b>24</b>	Molly LAUMAKIS	SR	#2 Chicago	<b>41.56m</b>	136-4	3/29
8	<b>27</b>	Ashley GLENNON	SO	#8 Dubuque	{2} <b>41.48m</b>	136-1	4/6
9	<b>29</b>	Nai'lah ANDERS	FR	#8 Dubuque	{3} <b>41.30m</b>	135-6	4/6
10	<b>36</b>	Lily MEESTER	SR	#3 Wartburg	<b>41.03m</b>	134-8	4/6

### Women's Hammer

1	<b>1</b>	Emma TRUE	JR	#3 Wartburg	<b>58.58m</b>	192-2	4/6
2	<b>7</b>	Kaitlyn WILDER	SR	#8 Dubuque	<b>53.17m</b>	174-6	4/6
3	<b>11</b>	Anna FRIEDRICHSEN	SR	#23 Buena Vista	<b>51.92m</b>	170-4	4/6
4	<b>13</b>	Alexandra DRAVES	SR	#5 North Central (Ill.)	<b>51.76m</b>	169-10	3/29
5	<b>14</b>	Taylor FLAIG	SR	#4 Loras	<b>51.59m</b>	169-3	4/6
6	<b>18</b>	Molly LAUMAKIS	SR	#2 Chicago	<b>50.90m</b>	167-0	4/6
7	<b>27</b>	Talahiva TALANOVA	JR	#7 Greenville	<b>49.22m</b>	161-6	4/6
8	<b>33</b>	Caitlyn COX	SO	#4 Loras	{2} <b>48.65m</b>	159-8	4/6
9	<b>34</b>	Ja'Dein MADISON	SO	#10 Nebraska Wesley	<b>48.40m</b>	158-10	4/5
10	<b>40</b>	Grace MCCARTAN	SR	#3 Wartburg	{2} <b>48.21m</b>	158-2	4/6

### Women's Javelin

1	<b>1</b>	Avery DECKER	SR	#10 Nebraska Wesley	<b>44.32m</b>	145-5	4/5
2	<b>6</b>	Faith LADIN	SR	#5 North Central (Ill.)	<b>41.15m</b>	135-0	4/6
3	<b>8</b>	Hannah JONES	SR	#5 North Central (Ill.)	{2} <b>40.70m</b>	133-7	3/29
4	<b>13</b>	Emma BROWN	JR	#7 Greenville	<b>39.95m</b>	131-1	3/30
5	<b>28</b>	Heather MICHALSKI	JR	#11 Augustana (Ill.)	<b>38.58m</b>	126-7	4/6
6	<b>35</b>	Ashley GLENNON	SO	#8 Dubuque	<b>37.97m</b>	124-7	3/28
7	<b>50</b>	Abbi THOMASON	JR	#7 Greenville	{2} <b>36.94m</b>	121-3	3/23
8	<b>52</b>	Addie THOMAS	JR	#10 Nebraska Wesley	{2} <b>36.92m</b>	121-2	4/5
9	<b>70</b>	Haley BEMINIO	SR	#3 Wartburg	<b>35.93m</b>	117-11	4/6
10	<b>83</b>	Grace ALLEY	SR	#4 Loras	<b>35.15m</b>	115-4	4/6

### Women's Heptathlon

1	<b>1</b>	Grace ALLEY	SR	#4 Loras	<b>5,233c</b>	(5233.00A)	4/6
2	<b>26</b>	Caitlin BENESH	FR	#3 Wartburg	<b>3,239</b>		4/6
3	<b>30</b>	Jazmine WOODE	FR	#3 Wartburg	{2} <b>2,881</b>		4/6



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



## Niagara

as of 4/9/2024 7:44:59 AM ET

### Women's 100 Meters

1	5	Autumn PITTMAN	JR	#3 SUNY Cortland	11.96w	(2.2)	4/7
2	16	Ashley HEFFERNAN	SR	#6 Rochester (N.Y.)	12.09w	(2.3)	4/7
3	20	Brynn MOONEY	FR	#1 SUNY Geneseo	12.15w	(2.3)	4/7
4	75	Mackenzie MIX	JR	#9 Utica	12.43w	(3.5)	4/6
5	95	Kendall SOBCZYK	SO	#3 SUNY Cortland {2}	12.50w	(2.2)	4/7
6		Seneca GUNERATNE	FR	#7 NYU	12.55	(1.6)	3/23
7		Victoria BREWSTER	SO	#15 Houghton	12.56w	(2.3)	4/7
8		Alexia PRINCE	FR	#3 SUNY Cortland {3}	12.62w	(2.2)	4/7
9		Alaina MORLEY	SO	#8 Nazareth	12.71	(0.2)	3/30
10		Ejim NNATE	JR	#10 SUNY Oneonta	12.74w	(2.3)	3/16

### Women's 100 Meter Hurdles

1	16	Ashley HEFFERNAN	SR	#6 Rochester (N.Y.)	14.64	(1.2)	4/7
1	16	Ejim NNATE	JR	#10 SUNY Oneonta	14.64	(-1.8)	3/16
3	31	Laura SUPPA	SO	#2 Ithaca	14.88	(1.5)	3/23
4	32	Danielle FISK	SR	#3 SUNY Cortland	14.90w	(2.3)	4/7
5	38	Jill AMBLER	FR	#1 SUNY Geneseo	14.98	(1.1)	3/30
6	65	Rachel LARSON	SO	#2 Ithaca {2}	15.32w	(2.6)	3/23
7	86	Allison REGNANTE	JR	#4 RIT	15.58	(1.2)	4/7
8	98	Anne SPILA	JR	#13 Alfred	15.70	(0.8)	3/30
9		Dasha JACKSON	SO	#7 NYU	15.72w	(2.1)	3/30
10		AnJalya TALMADGE	SO	#3 SUNY Cortland {2}	15.73w	(2.3)	4/7

### Women's 200 Meters

1	4	Sadie SCHREINER	SO	#4 RIT	24.50	(0.6)	4/7
2	12	Brynn MOONEY	FR	#1 SUNY Geneseo	24.79	(0.6)	4/7
3	28	Autumn PITTMAN	JR	#3 SUNY Cortland	25.18	(0.0)	4/7
4	51	Khia LASTER	JR	#14 Buffalo State	25.45	(0.6)	4/7
5	78	Caroline HILL	JR	#4 RIT {2}	25.67	(0.6)	4/7
6	96	Megan BELL	JR	#6 Rochester (N.Y.)	25.83	(0.9)	4/7
7		Alexia PRINCE	FR	#3 SUNY Cortland {2}	25.93	(0.0)	4/7
8		Jill AMBLER	FR	#1 SUNY Geneseo {2}	26.02	(0.6)	4/7
9		Mackenzie MIX	JR	#9 Utica	26.10w	(2.6)	4/6
10		Sam PYNN	JR	#1 SUNY Geneseo {3}	26.15	(0.1)	3/30

### Women's 400 Meters

1	3	Sadie SCHREINER	SO	#4 RIT	56.01		4/7
2	4	Megan BELL	JR	#6 Rochester (N.Y.)	56.04		4/7
3	33	Khia LASTER	JR	#14 Buffalo State	57.94		3/30
4	66	Jenna RACZKA	SR	#14 Buffalo State {2}	58.87		4/7
5	84	Caroline HILL	JR	#4 RIT {2}	59.29		4/7
6	92	Sierra DOODY	SO	#1 SUNY Geneseo	59.45		3/30
7	95	Olivia GILBERT	SR	#13 Alfred	59.51		3/30
8		Avery HEBERT	SR	#3 SUNY Cortland	59.64		3/30
9		Natalie MACARTHUR	JR	#2 Ithaca	59.65		3/30
10		Danielle JACKSON	JR	#10 SUNY Oneonta	1:00.45		3/16

### Women's 400 Meter Hurdles

1	11	Nora CHEN	FR	#6 Rochester (N.Y.)	1:03.46		4/7
2	22	Janelle ECKL	JR	#1 SUNY Geneseo	1:04.91		4/7
3	34	Luca PECORA	JR	#2 Ithaca	1:05.77		4/7
4	36	Hannah TURNER	SO	#11 Hamilton	1:05.89		3/30
5	85	Samantha CRISCI	SO	#4 RIT	1:07.86		4/7
6	91	Alyssa YOUNGS	FR	#9 Utica	1:08.13		3/30
7	92	Lily REXFORD	FR	#5 SUNY Brockport	1:08.15		4/7
8	98	Mackenzie RICHARD	SO	#7 NYU	1:08.23		3/30
9		Renata MENDEZ-ALVEREZ	FR	#11 Hamilton {2}	1:08.63		3/30
10		Sophia BARCLAY	FR	#1 SUNY Geneseo {2}	1:08.81		3/30

### Women's 800 Meters

1	39	Janelle ECKL	JR	#1 SUNY Geneseo	2:17.30		3/30
2		Mia VIZCAINO	JR	#5 SUNY Brockport	2:20.59		3/30
3		Joy PETERSEN	SO	#2 Ithaca	2:20.86		3/30
4		Katherine SCIBELLI	SO	#11 Hamilton	2:21.49		3/30
5		Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {2}	2:21.95		4/7
6		Hannah WIERER	FR	#1 SUNY Geneseo {3}	2:22.27		4/7
7		Emily JOHNSON	JR	#2 Ithaca {2}	2:22.59		4/7
8		Abigail NAUTEL	SO	#4 RIT	2:23.08		4/7
9		Nieve MAHOOD	JR	#1 SUNY Geneseo {4}	2:23.21		3/30
10		Giana HAUBRICH	SR	#2 Ithaca {3}	2:23.63		4/7

### Women's 1500 Meters

1	51	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	4:42.29		3/30
2	62	Sierra DOODY	SO	#1 SUNY Geneseo {2}	4:43.39		4/7
3	83	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	4:45.51		4/7
4	86	Amelia GILBERT	SR	#4 RIT	4:45.65		4/7
5		Dominga RIVERA	FR	#7 NYU	4:49.26		3/30
6		Kerry FLOWER	SR	#5 SUNY Brockport	4:49.88		4/7
7		Mia VIZCAINO	JR	#5 SUNY Brockport {2}	4:51.83		4/7
8		Samantha SEAMON	SR	#7 NYU {2}	4:52.13		3/30
9		Sierra DANIEU	JR	#4 RIT {2}	4:52.21		4/7
10		Joy PETERSEN	SO	#2 Ithaca	4:55.35		3/23

### Women's Steeplechase

1	6	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	10:49.51		4/7
2	31	Ann BRENNAN	SO	#1 SUNY Geneseo {2}	11:25.55		4/7
3	32	Isabel MARZEC	JR	#1 SUNY Geneseo {3}	11:26.75		4/7
4	33	Kat BENNINGER	SR	#6 Rochester (N.Y.)	11:29.90		4/7
5	37	Alexa WOLCOTT	SO	#3 SUNY Cortland	11:35.23		3/30
6	47	Betsy OVERSTRUM	SR	#11 Hamilton	11:39.01		4/6
7	52	Melissa INNOCENT	FR	#3 SUNY Cortland {2}	11:39.99		3/30
8	57	Ella IMPAGLIA	SO	#8 Nazareth	11:44.41		4/7
9	64	Julianne WILSON	JR	#5 SUNY Brockport	11:47.39		4/7
10	77	Emily WEAVER	SR	#8 Nazareth {2}	11:50.28		3/30





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## Niagara

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### Women's 5000 Meters

1	<b>16</b>	Penelope GREENE	JR	<b>#1</b> SUNY Geneseo	<b>17:19.84</b>	3/30
2	<b>18</b>	Lilly FOWLER- CONNER	JR	<b>#1</b> SUNY Geneseo {2}	<b>17:20.61</b>	3/30
3	<b>28</b>	Janie COOPER	SO	<b>#7</b> NYU	<b>17:31.00</b>	3/30
4	<b>37</b>	Sennett TURNER	SR	<b>#6</b> Rochester (N.Y.)	<b>17:36.77</b>	3/29
5	<b>46</b>	Kerry FLOWER	SR	<b>#5</b> SUNY Brockport	<b>17:44.12</b>	3/30
6	<b>48</b>	Daniela SEKHAR	SO	<b>#7</b> NYU {2}	<b>17:45.59</b>	3/30
7	<b>53</b>	Kaitlyn GROSSMAN	JR	<b>#1</b> SUNY Geneseo {3}	<b>17:49.06</b>	3/30
8	<b>54</b>	Jessica GOODE	SO	<b>#2</b> Ithaca	<b>17:49.28</b>	3/30
9	<b>69</b>	Ann BRENNAN	SO	<b>#1</b> SUNY Geneseo {4}	<b>17:55.23</b>	3/30
10	<b>70</b>	Katherine VOGEL	SR	<b>#1</b> SUNY Geneseo {5}	<b>17:55.86</b>	3/30

### Women's 10,000 Meters

1	<b>2</b>	Grace RICHARDSON	SR	<b>#7</b> NYU	<b>34:06.21</b>	3/30
2	<b>17</b>	Kate COCHRAN	JR	<b>#7</b> NYU {2}	<b>35:49.65</b>	3/30
3	<b>48</b>	Kylie OBLAK	SR	<b>#11</b> Hamilton	<b>38:56.01</b>	3/30
4	<b>51</b>	Lauren DEMICHELE	SR	<b>#12</b> St. John Fisher	<b>39:00.39</b>	3/30
5	<b>79</b>	Noelle LINENFELSER	SO	<b>#15</b> Houghton	<b>39:51.46</b>	3/30
6	<b>91</b>	Devin REILLY	JR	<b>#3</b> SUNY Cortland	<b>40:09.02</b>	3/30
7	<b>92</b>	Lilianna HANNING	SR	<b>#8</b> Nazareth	<b>40:10.97</b>	3/30
8	<b>93</b>	Katherine PETERSON	JR	<b>#1</b> SUNY Geneseo	<b>40:12.48</b>	3/30
9	<b>96</b>	Sophie BAGLEY	FR	<b>#1</b> SUNY Geneseo {2}	<b>40:18.88</b>	3/30
10		Laura WITT	SR	<b>#12</b> St. John Fisher {2}	<b>40:24.45</b>	3/30

### Women's 4x100 Relay

1	<b>26</b>	Kendall Sobczyk, Alexia Prince, Avery Hebert, Autumn Pittman	<b>#3</b> SUNY Cortland	<b>48.35</b>	<b>4/7</b>
2	<b>47</b>	Allison Regnante, Sadie Schreiner, Rania Sabri, Caroline Hill	<b>#4</b> RIT	<b>49.20</b>	3/30
3	<b>70</b>	Margaret Petty, Danielle Jackson, Nicolette DuBose, Ejim Nnate	<b>#10</b> SUNY Oneonta	<b>50.05</b>	<b>4/7</b>
4	<b>73</b>	Julia Largett, Alyssa Hoogs, Ashleigh Barrett, Ashley Heffernan	<b>#6</b> Rochester (N.Y.)	<b>50.11</b>	<b>4/7</b>
5	<b>88</b>	Kate Walsh, Seneca Guneratne, Cindy Leonard, Beverly Okyere	<b>#7</b> NYU	<b>50.36</b>	3/30
6	<b>92</b>	Devan Adegbile, Ava Butler, Tayla Hummel, Rachel Larson	<b>#2</b> Ithaca	<b>50.43</b>	3/23
7	100	Allyson Surowick, Ally Alvira, Julianna Klimow, Olivia Smock	<b>#1</b> SUNY Geneseo	<b>50.65</b>	3/30
8		Alexis Lasher, Alaina Morley, Caitlyn Smithers, Jasmine Kendrick	<b>#8</b> Nazareth	<b>50.87</b>	<b>4/7</b>
9		Peyton Grimm, Ivy Laffan, Rylee Long, Madison Kappeler	<b>#16</b> Penn State Behr	<b>51.40</b>	3/30
10		Ayjah Clarke, Amelia Petersen, Elizabeth Glomski, Laura Meade	<b>#9</b> Utica	<b>51.58</b>	<b>4/6</b>



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## Women's 4x400 Relay

1	27	Samantha Crisci, Caroline Hill, Violet Amelee, Sadie Schreiner	#4 RIT	4:01.42	4/7
2	29	Sierra Doody, Lainey Flaitz, Sophia Barclay, Jill Ambler	#1 SUNY Geneseo	4:01.60	4/7
3	39	Emily Johnson, Giana Haubrich, Natalie MacArthur, Ava Butler	#2 Ithaca	4:04.69	4/7
4	41	Maris Seabury, Matty Lucey, Yasmine Peralta, Avery Hebert	#3 SUNY Cortland	4:05.22	4/7
5	52	Maya Hatch, Nora Chen, Raquella Casserino, Rita Sciortino	#6 Rochester (N.Y.)	4:06.91	4/7
6	57	Claire Tratnyek, Katherine Scibelli, Alexa Thomas, Hannah Turner	#11 Hamilton	4:07.89	3/30
7	74	Areyanna McCarthy, Laila Goodman, Cindy Leonard, Beverly Okyere	#7 NYU	4:11.47	4/6
8		Shiana Susa, Alexis Lasher, Kennedy Rose, Isabella Heath	#8 Nazareth	4:18.14	3/30
9		Eko Dodd-Brown, Danielle Jackson, Taylor Johnson, Daniea Austin	#10 SUNY Oneonta	4:20.81	4/7
10		Annabelle Townsend, Anne Spila, Sarah Lutkins, Bianca Durso	#13 Alfred	4:24.18	3/30

## Women's High Jump

1	15	Madeleine WRIGHT	FR #2 Ithaca	1.63m	5-4¼	4/7
2	33	Danielle FISK	SR #3 SUNY Cortland	1.60m	5-3	4/7
3	69	Regan KAISER	JR #3 SUNY Cortland {2}	1.57m	5-1¾	4/7
3	69	Rhiannon BUTCHKO	SO #19 SUNY Oswego	1.57m	5-1¾	4/7
3	69	Bianca DURSO	SR #13 Alfred	1.57m	5-1¾	4/6
6	88	Daria NIEBRZYDOWSKI	SO #20 Hunter	1.55m	5-1	4/7
7		Cecelia LABONTE	SO #2 Ithaca {2}	1.54m	5-½	4/7
7		Lydia BARBER	FR #2 Ithaca {2}	1.54m	5-½	4/7
9		Areyanna MCCARTHY	SO #7 NYU	1.53m	5-¼	4/6
9		Ashley HEFFERNAN	SR #6 Rochester (N.Y.)	1.53m	5-¼	4/7

## Women's Pole Vault

1	27	Erin EASTWOOD	SO #2 Ithaca	3.50m	11-5¾	4/7
2	30	Cara PELLECHIA	SO #17 Fredonia	3.46m	11-4¼	4/7
3	36	Madison KAPPELER	JR #16 Penn State Behr	3.43m	11-3	3/30
4	48	Bree BOYLE	SO #2 Ithaca {2}	3.35m	10-11¾	4/7
4	48	Catherine FOX	SR #4 RIT	3.35m	10-11¾	3/30
4	48	Talia HUTCHINSON	FR #2 Ithaca {2}	3.35m	10-11¾	3/30
4	48	Tess EICHNER	SR #5 SUNY Brockport	3.35m	10-11¾	3/30
4	48	Becca BREADY	SO #5 SUNY Brockport	3.35m	10-11¾	3/30
9	66	Kiara TORNUSCIOLO	SO #8 Nazareth	3.31m	10-10¼	4/7
9	66	Isabel MORSE	SO #8 Nazareth	3.31m	10-10¼	4/7
9	66	Rosie MORSE	SO #8 Nazareth	3.31m	10-10¼	4/7

## Women's Long Jump

1	6	Khia LASTER	JR #14 Buffalo State	5.65m	18-6½ (1.7)	3/30
2	21	Ashley HEFFERNAN	SR #6 Rochester (N.Y.)	5.46m	17-11 (0.0)	3/30
3	24	Mia MONTGOMERY	SR #5 SUNY Brockport	5.45m	17-10¾ (-0.4)	4/7
4	32	Jill AMBLER	FR #1 SUNY Geneseo	5.39m	17-8¾ (-1.3)	4/7
5	57	Nora DEVITT	JR #9 Utica	5.29m	17-4¼ (1.7)	4/6
6	59	Danielle FISK	SR #3 SUNY Cortland	5.28mw	17-4 (2.9)	3/30
7	61	Alaina MORLEY	SO #8 Nazareth	5.27m	17-3½ (-0.4)	4/7
8	76	Ejim NNATE	JR #10 SUNY Oneonta	5.22m	17-1½ (1.4)	4/7
9	85	Alexis BROWN	FR #2 Ithaca	5.19m	17-½ (1.9)	4/7
10		Kayla HUBA	SO #1 SUNY Geneseo {2}	5.09m	16-8½ (0.0)	3/30

## Women's Triple Jump

1	12	Ally ALVIRA	SR #1 SUNY Geneseo	11.70m	38-4¾ (0.6)	3/30
2	26	Katelyn JACQUES	SR #1 SUNY Geneseo {2}	11.29mw	37-½ (2.3)	3/30
3	27	Isabella HEATH	SR #8 Nazareth	11.27m	36-11¾ (1.2)	3/30
4	41	Nora DEVITT	JR #9 Utica	11.11m	36-5½ (0.4)	4/6
5	55	Gianna BOLAND	FR #1 SUNY Geneseo {3}	10.99m	36-¾ (1.0)	4/7
6	61	Alyssa YOUNGS	FR #9 Utica {2}	10.94m	35-10¾ (1.7)	3/30
7	72	Areyanna MCCARTHY	SO #7 NYU	10.87m	35-8 (1.0)	3/30
8	85	Lena KIEHL	SR #1 SUNY Geneseo {4}	10.79m	35-4¾ (2.0)	3/30
9	90	Sydney LASALLE	SO #8 Nazareth {2}	10.75m	35-3¾ (1.2)	3/30
10	92	Alexis BROWN	FR #2 Ithaca	10.72m	35-2 (0.8)	3/30

## Women's Shot Put

1	2	Jane FAHY	SR #9 Utica	14.32m	46-11¾	3/30
2	18	Isabella FABRIZIO	JR #10 SUNY Oneonta	13.13m	43-1	3/16
3	27	Sarah CROCKETT	SR #5 SUNY Brockport	12.90m	42-4	4/7
4	37	Zoe CONNER	SR #1 SUNY Geneseo	12.71m	41-8½	4/7
5	38	Makenna KING	SR #12 St. John Fisher	12.70m	41-8	4/7
6	47	Emily DIMARCO	JR #4 RIT	12.56m	41-2½	4/7
7	70	Madison PALMER	SR #15 Houghton	12.26m	40-2¾	3/30
8	89	Deziree GARRICK	JR #6 Rochester (N.Y.)	12.01m	39-5	4/7
9		Trinity DEES	SO #5 SUNY Brockport {2}	11.90m	39-½	4/7
10		Erin MCGUINNESS	SO #12 St. John Fisher {2}	11.76m	38-7	4/7



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### Women's Discus

1	<b>10</b>	Makenna KING	SR	#12 St. John Fisher	<b>44.17m</b>	144-11	3/29
2	<b>23</b>	Allie CARY	FR	#9 Utica	<b>41.62m</b>	136-7	<b>4/6</b>
3	<b>44</b>	Lily SEYFERT	SO	#2 Ithaca	<b>40.11m</b>	131-7	3/23
4	<b>45</b>	Emily DIMARCO	JR	#4 RIT	<b>40.10m</b>	131-7	3/30
5	<b>81</b>	Skyler KLIMOW	SO	#1 SUNY Geneseo	<b>38.44m</b>	126-2	3/30
6	<b>83</b>	Cora ROSE	JR	#6 Rochester (N.Y.)	<b>38.40m</b>	126-0	3/29
7	<b>96</b>	Bailee DRUMMOND	FR	#4 RIT	{2} <b>37.82m</b>	124-1	3/30
8		Rebecca HEULER	JR	#5 SUNY Brockport	<b>37.46m</b>	122-11	<b>4/7</b>
9		Jane FAHY	SR	#9 Utica	{2} <b>37.03m</b>	121-6	<b>4/6</b>
10		Cheyenne MCPEEK	FR	#2 Ithaca	{2} <b>36.84m</b>	120-11	<b>4/7</b>

### Women's Hammer

1	<b>15</b>	Lea RICHARD	SR	#8 Nazareth	<b>51.37m</b>	168-7	<b>4/7</b>
2	<b>22</b>	Zoe CONNER	SR	#1 SUNY Geneseo	<b>49.84m</b>	163-6	<b>4/7</b>
3	<b>28</b>	Isabella FABRIZIO	JR	#10 SUNY Oneonta	<b>49.11m</b>	161-2	3/16
4	<b>43</b>	Hannah MCMASTERS	SO	#3 SUNY Cortland	<b>47.94m</b>	157-4	<b>4/7</b>
5	<b>51</b>	Emma KINNICUTT	SR	#5 SUNY Brockport	<b>47.33m</b>	155-4	3/30
6	<b>55</b>	Sarah PARR	SR	#5 SUNY Brockport	{2} <b>46.89m</b>	153-10	<b>4/7</b>
7	<b>62</b>	Lily SEYFERT	SO	#2 Ithaca	<b>46.49m</b>	152-7	<b>4/7</b>
8	<b>69</b>	Sarah CROCKETT	SR	#5 SUNY Brockport	{3} <b>46.00m</b>	150-11	<b>4/7</b>
9	<b>81</b>	Jennifer NDUKWU	SO	#3 SUNY Cortland	{2} <b>45.47m</b>	149-2	<b>4/7</b>
10	<b>88</b>	Makenna KING	SR	#12 St. John Fisher	<b>45.12m</b>	148-1	<b>4/7</b>

### Women's Javelin

1	<b>15</b>	Rebecca HEULER	JR	#5 SUNY Brockport	<b>39.34m</b>	129-1	<b>4/7</b>
2	<b>20</b>	Lily SEYFERT	SO	#2 Ithaca	<b>38.93m</b>	127-9	3/23
3	<b>24</b>	Skyler KLIMOW	SO	#1 SUNY Geneseo	<b>38.68m</b>	126-11	3/30
4	<b>34</b>	Emma GRUNIN	SO	#7 NYU	<b>38.08m</b>	124-11	3/30
5	<b>44</b>	Julia BALASKI	SO	#16 Penn State Behr	<b>37.39m</b>	122-8	3/30
6	<b>71</b>	Dana SCHWARTZ	SO	#11 Hamilton	<b>35.91m</b>	117-10	<b>4/6</b>
7		Delaney PRATHER	FR	#13 Alfred	<b>34.23m</b>	112-4	3/30
8		Sonya SHIVOK	JR	#4 RIT	<b>33.80m</b>	110-11	<b>4/7</b>
9		Sage DOUGLASS	JR	#10 SUNY Oneonta	<b>32.99m</b>	108-3	3/16
10		Mila KARIMOV	SO	#11 Hamilton	{2} <b>32.69m</b>	107-3	<b>4/6</b>



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



North

as of 4/9/2024 7:44:59 AM ET

## Women's 100 Meters

1	<b>1</b>	Tina SHELTON	JR	<b>#4 UW-Whitewater</b>	<b>11.74w</b>	(3.2)	<b>4/5</b>
2	<b>11</b>	Makenna ZAK	SO	<b>#1 UW-La Crosse</b>	<b>12.02w</b>	(3.0)	<b>4/6</b>
3	<b>20</b>	Anika REILAND	FR	<b>#1 UW-La Crosse</b>	{2} <b>12.15</b>	(0.9)	<b>4/6</b>
4	<b>31</b>	Jireh BABALOLA	SR	<b>#6 Bethel (Minn.)</b>	<b>12.23w</b>	(2.4)	3/15
5	<b>51</b>	Danielle POUSKA	SO	<b>#4 UW-Whitewater</b>	{2} <b>12.36w</b>	(3.2)	<b>4/5</b>
6	<b>55</b>	Kate CARLSON	JR	<b>#8 Gustavus Adolphus</b>	<b>12.37</b>	(1.2)	<b>4/6</b>
7	<b>85</b>	Nicole MAKOPÉ	JR	<b>#9 St. Norbert</b>	<b>12.46</b>	(0.1)	<b>4/6</b>
8	<b>92</b>	Allyson KAKES	FR	<b>#2 UW-Eau Claire</b>	<b>12.49</b>	(1.5)	<b>4/6</b>
8	<b>92</b>	Taylor MOLLING	FR	<b>#1 UW-La Crosse</b>	{3} <b>12.49w</b>	(3.1)	<b>4/6</b>
10	<b>95</b>	Jenna ZAHORIK	SR	<b>#18 Concordia Wisco</b>	<b>12.50</b>	(0.1)	<b>4/6</b>

## Women's 100 Meter Hurdles

1	<b>2</b>	Kelsie SEALOCK	SR	<b>#6 Bethel (Minn.)</b>	<b>13.93w</b>	(2.7)	<b>4/6</b>
2	<b>4</b>	Hannah ZASTROW	JR	<b>#5 UW-Stout</b>	<b>14.13</b>	(1.9)	<b>4/6</b>
3	<b>28</b>	Emilee BOOKER	JR	<b>#2 UW-Eau Claire</b>	<b>14.83</b>	(1.7)	<b>4/6</b>
4	<b>36</b>	Brie ECKERMAN	FR	<b>#1 UW-La Crosse</b>	<b>14.96</b>	(1.9)	<b>4/6</b>
5	<b>41</b>	Jaryn JOHANNSEN	JR	<b>#2 UW-Eau Claire</b>	{2} <b>15.01</b>	(1.9)	<b>4/6</b>
6	<b>51</b>	Lexi LEFEVER		<b>#16 UW-River Falls</b>	<b>15.17</b>	(-2.8)	3/21
7	<b>67</b>	Jenna KALEVIK	JR	<b>#17 Concordia Moorhead</b>	<b>15.35w</b>	(2.7)	<b>4/6</b>
8	<b>73</b>	Camille FABER	FR	<b>#2 UW-Eau Claire</b>	{3} <b>15.41</b>	(1.7)	<b>4/6</b>
9	<b>74</b>	Lilly ROBERTS	SO	<b>#5 UW-Stout</b>	{2} <b>15.42</b>	(0.2)	3/29
10	<b>79</b>	Lauren DIMLER	SO	<b>#2 UW-Eau Claire</b>	{4} <b>15.45</b>	(1.7)	<b>4/6</b>

## Women's 200 Meters

1	<b>8</b>	Tina SHELTON	JR	<b>#4 UW-Whitewater</b>	<b>24.66</b>	(-0.1)	3/29
2	<b>15</b>	Megan GERAETS	JR	<b>#8 Gustavus Adolphus</b>	<b>24.84</b>	(0.2)	<b>4/6</b>
3	<b>18</b>	Lexi LEFEVER		<b>#16 UW-River Falls</b>	<b>25.02</b>	(1.2)	3/21
4	<b>25</b>	Kate CARLSON	JR	<b>#8 Gustavus Adolphus</b>	{2} <b>25.15</b>	(0.2)	<b>4/6</b>
5	<b>87</b>	Candis DAMSTE	SR	<b>#23 Beloit</b>	<b>25.76</b>	(0.9)	<b>4/6</b>
6		Jenna ZAHORIK	SR	<b>#18 Concordia Wisco</b>	<b>25.89</b>	(0.9)	<b>4/6</b>
7		Karla KROSCHER	SR	<b>#11 St. Olaf</b>	<b>25.90</b>	(0.2)	<b>4/6</b>
8		Emilee BOOKER	JR	<b>#2 UW-Eau Claire</b>	<b>26.05</b>	(0.9)	<b>4/6</b>
9		Jireh BABALOLA	SR	<b>#6 Bethel (Minn.)</b>	<b>26.09w</b>	(3.4)	3/15
10		Eden MARANELL	FR	<b>#9 St. Norbert</b>	<b>26.21</b>	(0.9)	3/28

## Women's 400 Meters

1	<b>27</b>	Maddy LAVOI	FR	<b>#7 UW-Oshkosh</b>	<b>57.73</b>		<b>4/6</b>
2	<b>35</b>	Allison HOOKOM	SO	<b>#24 Augsburg</b>	<b>58.03</b>		3/16
3	<b>40</b>	Megan GERAETS	JR	<b>#8 Gustavus Adolphus</b>	<b>58.27</b>		<b>4/6</b>
4	<b>56</b>	Hailey GREGG	JR	<b>#6 Bethel (Minn.)</b>	<b>58.74</b>		3/15
5	<b>71</b>	Anetha VOGELÉ	JR	<b>#14 UW-Stevens Poir</b>	<b>58.94</b>		<b>4/5</b>
6	<b>75</b>	Julia STEGER	FR	<b>#7 UW-Oshkosh</b>	{2} <b>59.07</b>		<b>4/6</b>
7	<b>81</b>	Lilly HALVORSON	JR	<b>#1 UW-La Crosse</b>	<b>59.19</b>		<b>4/6</b>
8	<b>94</b>	Kyla NYGAARD	SO	<b>#17 Concordia Moorhead</b>	<b>59.48</b>		<b>4/6</b>
9	<b>97</b>	Hannah BILODEAU	SO	<b>#4 UW-Whitewater</b>	<b>59.52</b>		<b>4/5</b>
10	100	Gretchen MCNEAL	SO	<b>#1 UW-La Crosse</b>	{2} <b>59.59</b>		<b>4/6</b>

## Women's 400 Meter Hurdles

1	<b>5</b>	Kelsie SEALOCK	SR	<b>#6 Bethel (Minn.)</b>	<b>1:02.66</b>		<b>4/6</b>
2	<b>24</b>	Ashley BARTELT	JR	<b>#14 UW-Stevens Poir</b>	<b>1:05.06</b>		<b>4/5</b>
3	<b>38</b>	Michaela DICK	FR	<b>#2 UW-Eau Claire</b>	<b>1:05.93</b>		<b>4/6</b>
4	<b>39</b>	Brayli REIMER	FR	<b>Crown</b>	<b>1:05.94</b>		<b>4/6</b>
5	<b>42</b>	Hannah KVANT	FR	<b>#6 Bethel (Minn.)</b>	{2} <b>1:06.04</b>		<b>4/6</b>
6	<b>56</b>	Riki POORE	SR	<b>#11 St. Olaf</b>	<b>1:06.81</b>		<b>4/6</b>
7	<b>59</b>	Jessica BUSS	SR	<b>#13 UW-Platteville</b>	<b>1:06.87</b>		<b>4/6</b>
8	<b>61</b>	Lauren BERG	SO	<b>#12 Saint Benedict</b>	<b>1:06.89</b>		<b>4/6</b>
9	<b>74</b>	Jessie SMITH	JR	<b>#6 Bethel (Minn.)</b>	{3} <b>1:07.57</b>		<b>4/6</b>
10	<b>77</b>	Rebekah SALFER	SR	<b>#11 St. Olaf</b>	{2} <b>1:07.62</b>		<b>4/6</b>

## Women's 800 Meters

1	<b>5</b>	Cyna MADIGAN	JR	<b>#7 UW-Oshkosh</b>	<b>2:11.68</b>		3/29
2	<b>29</b>	Libby GEISNESS	JR	<b>#7 UW-Oshkosh</b>	{2} <b>2:15.69</b>		3/29
3	<b>51</b>	Mary BLANCHARD	JR	<b>#10 Carleton</b>	<b>2:18.17</b>		<b>4/6</b>
4	<b>53</b>	Allison HOOKOM	SO	<b>#24 Augsburg</b>	<b>2:18.20</b>		3/16
5	<b>75</b>	Gwen HINZ	SO	<b>#1 UW-La Crosse</b>	<b>2:19.39</b>		<b>4/6</b>
6	<b>85</b>	Isabel WYATT	SO	<b>#11 St. Olaf</b>	<b>2:19.91</b>		<b>4/6</b>
7		Sierra RABE	SR	<b>#1 UW-La Crosse</b>	{2} <b>2:20.67</b>		<b>4/6</b>
8		Kalli SMITH	JR	<b>#12 Saint Benedict</b>	<b>2:20.79</b>		<b>4/6</b>
9		Amber JOHNSON	SR	<b>#1 UW-La Crosse</b>	{3} <b>2:20.97</b>		<b>4/6</b>
10		Alice CUTTER	SR	<b>#10 Carleton</b>	{2} <b>2:21.45</b>		<b>4/6</b>

## Women's 1500 Meters

1	<b>8</b>	Fiona SMITH	SR	<b>#12 Saint Benedict</b>	<b>4:32.82</b>		<b>4/6</b>
2	<b>12</b>	Amelia LEHMAN	SR	<b>#7 UW-Oshkosh</b>	<b>4:33.79</b>		3/29
3	<b>21</b>	Maddie HANNAN	SR	<b>#1 UW-La Crosse</b>	<b>4:35.86</b>		<b>4/6</b>
4	<b>34</b>	McKayla FELTON	JR	<b>#5 UW-Stout</b>	<b>4:39.34</b>		<b>4/6</b>
5	<b>44</b>	Annessa IHDE	SR	<b>#6 Bethel (Minn.)</b>	<b>4:41.40</b>		<b>4/6</b>
6	<b>61</b>	Olivia DONOHUE	JR	<b>#5 UW-Stout</b>	{2} <b>4:43.33</b>		<b>4/6</b>
7	<b>76</b>	Breklyn LAMMERT	JR	<b>#5 UW-Stout</b>	{3} <b>4:44.69</b>		3/29
8	<b>77</b>	Anna SCHUETH	SR	<b>#2 UW-Eau Claire</b>	<b>4:45.07</b>		<b>4/6</b>
9	<b>84</b>	Mary BLANCHARD	JR	<b>#10 Carleton</b>	<b>4:45.61</b>		3/16
10	<b>98</b>	Jenny CORTES	SO	<b>#19 Ripon</b>	<b>4:46.85</b>		<b>4/6</b>

## Women's Steeplechase

1	<b>5</b>	Katelyn CHADWICK	JR	<b>#1 UW-La Crosse</b>	<b>10:46.17</b>		3/29
2	<b>16</b>	Sophie MCMANUS	JR	<b>#10 Carleton</b>	<b>11:04.48</b>		<b>4/6</b>
3	<b>25</b>	Gracie BUCHINGER	SO	<b>#7 UW-Oshkosh</b>	<b>11:17.96</b>		3/29
4	<b>34</b>	Grace MOELLER	SO	<b>#11 St. Olaf</b>	<b>11:31.20</b>		3/29
5	<b>36</b>	Libby ROWLAND	JR	<b>#10 Carleton</b>	{2} <b>11:34.10</b>		3/16
6	<b>59</b>	Paige ALLEMANN	SR	<b>#14 UW-Stevens Poir</b>	<b>11:44.76</b>		<b>4/5</b>
7	<b>66</b>	Elizabeth SCHWARTZ	FR	<b>#1 UW-La Crosse</b>	{2} <b>11:47.93</b>		<b>4/6</b>
8	<b>68</b>	Becca IMMER	FR	<b>#1 UW-La Crosse</b>	{3} <b>11:48.08</b>		<b>4/6</b>
9	<b>81</b>	Natalie JOHNSON	SO	<b>#14 UW-Stevens Poir</b>	{2} <b>11:51.09</b>		<b>4/5</b>
10	<b>89</b>	Karlie MEYER	JR	<b>#1 UW-La Crosse</b>	{4} <b>11:53.91</b>		<b>4/6</b>



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



North

as of 4/9/2024 7:45:00 AM ET

## Women's 5000 Meters

1	9	Hannah PREISSER	JR	#10 Carleton	17:08.79	4/6
2	12	Phoebe WARD	SR	#10 Carleton	{2} 17:12.42	4/6
3	23	Alison BODE	JR	#11 St. Olaf	17:27.54	3/29
4	29	Helen CROSS	SR	#10 Carleton	{3} 17:31.17	4/6
5	36	Sofia CARLSON	JR	#11 St. Olaf	{2} 17:35.24	3/29
6	38	Ali DENAMUR	JR	#19 Ripon	17:38.56	4/6
7	49	Aliya LARSEN	JR	#10 Carleton	{4} 17:45.71	4/6
8	71	Allison HENDRICKSON	SR	St. Scholastica	17:55.89	4/6
9	84	Mikayla FLYTE	SR	#19 Ripon	{2} 18:00.26	4/6
10	86	Cristyn OLIVER	JR	Lawrence	18:03.11	4/6

## Women's 10,000 Meters

1	1	Fiona SMITH	SR	#12 Saint Benedict	32:57.28	3/30
2	8	Ally VERBAUWHEDE	SR	#20 Edgewood	35:09.84	3/29
3	18	Madelynn MCINTYRE	JR	#1 UW-La Crosse	35:54.30	3/29
4	27	Brooklyn LUEBKE	FR	#1 UW-La Crosse	{2} 36:54.68	3/29
5	46	Kylie SMITH	JR	#3 Carthage	38:41.23	4/6
6	78	Brenna CISLER	SR	#9 St. Norbert	39:48.61	3/28
7	85	Faith MERTZIG	SR	#9 St. Norbert	{2} 39:59.23	3/28
8	100	Evelyn VILLALOBOS	JR	#8 Gustavus Adolphus	40:24.09	4/6
9		Claire SCHOENFIELD	JR	#8 Gustavus Adolphus	{2} 41:16.47	4/6
10		Aubrey BROZ	JR	#3 Carthage	{2} 42:09.45	4/6

## Women's 4x100 Relay

1	10	Danielle Pouska, Tina Shelton, Jacqueline Kornowski, Eden Bowen	#4 UW-Whitewater	47.68	4/5
2	32	Jenna Driscoll, Lilly Gamache, Lilly Roberts, Makayla Durango	#5 UW-Stout	48.67	4/6
3	40	Caitlynn Hahn, Kayla Lipsey, Alexis Healey, Elianna Dalamangas	#13 UW-Platteville	48.89	4/6
4	52	Maya Hielscher, Jenna Zahorik, Emma Eilertson, Sabrina Moore	#18 Concordia Wisco	49.47	4/6
5	53	Myah Nelson, Tiana Johnson, Grace Buntrock, Kate Gallagher	#12 Saint Benedict	49.49	4/6
6	58	Andie Sandman, Emily Rengo, Piper Osborne, Lydia Fynboh	#17 Concordia Moorhead	49.67	4/6
7	61	Ellie Staehling, Katie Smith, Gracie Wolfe, Nicole Makope	#9 St. Norbert	49.83	4/6
8	68	Jaeonie Echols, Candis Damste, Hannah Welte, Alayna Furch	#23 Beloit	50.03	4/6
9		Anna Kegel, Mandy Nelson, Caitlyn Hodgins, Sarah Kerfin	#3 Carthage	51.18	3/29
10		Taylor Olund, Katilyn Gregory, Victoria Watson, Lexi Elegbede-Peer	#15 Carroll (Wis.)	51.40	4/6





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



North

as of 4/9/2024 7:45:00 AM ET

## Women's 4x400 Relay

1	14	Amber Johnson, Lilly Halvorson, Greta Koehler, Maddie Hannan	#1 UW-La Crosse	3:57.14	4/6
2	25	Reanna Cruz, Abbie Swenson, Annessa Ihde, Shalom Sulungaine	#6 Bethel (Minn.)	4:01.16	4/6
3	34	Kyla Nygaard, Meg Shercliffe, Maddie Guler, Emily Rengo	#17 Concordia Moorl	4:02.94	4/6
4	45	Mya Cinnamo, Michaela Dick, Kelsie Minkie, Kylee Grabarski	#2 UW-Eau Claire	4:06.13	4/6
5	58	Sophia Miller, Candis Damste, Jaeonie Echols, Alayna Furch	#23 Beloit	4:07.98	4/6
6	75	Corrina Tvedt, Sydney Reisner, Ava DeBaker, Sophie Simmer	#5 UW-Stout	4:11.51	4/6
7		Eden Maranell, Julie Dunkel, Madi Crossman, Ally Zickert	#9 St. Norbert	4:16.61	4/6
8		Sydney Hauger, Makena Huetten, Isabel Fynboh, McKenzie Luetmer	#8 Gustavus Adolp	4:17.67	4/6
9		Tara Schaalma, Sarah Kerfin, Julie Heinrichs, Grace Nisius	#3 Carthage	4:19.32	3/29
10		Meygan Benzing, Amelia Lehman, Gracie Buchinger, Libby Geisness	#7 UW-Oshkosh	4:19.70	4/6

## Women's High Jump

1	6	Ainsley HANSEN	SO	#1 UW-La Crosse	1.68m	5-6	4/6
2	15	Emily WILLIAMS	JR	#2 UW-Eau Claire	1.63m	5-4¼	4/6
2	15	Hannah ZASTROW	JR	#5 UW-Stout	1.63m	5-4¼	3/29
4	19	Hailey CAMPBELL	FR	#13 UW-Platteville	1.62m	5-3¾	3/28
5	33	Mara LARSON	FR	#11 St. Olaf	1.60m	5-3	4/6
5	33	Erin BEER	JR	#8 Gustavus Adolp	1.60m	5-3	4/6
5	33	Rachel ROMENS	JR	#25 Wisconsin Luthe	1.60m	5-3	4/6
8	50	Lexi LEFEVER		#16 UW-River Falls	1.59m	5-2½	3/21
9	54	Brynn FUERSTENBERG	SO	#4 UW-Whitewater	1.58m	5-2¼	4/5
9	54	Alyssa DRAHEIM	FR	#2 UW-Eau Claire	{2} 1.58m	5-2¼	4/6
9	54	Ella WILLIAMSON	JR	#2 UW-Eau Claire	{2} 1.58m	5-2¼	4/6
9	54	Macie TODD	JR	#1 UW-La Crosse	{2} 1.58m	5-2¼	4/6

## Women's Pole Vault

1	2	Gracie HOLLAND	JR	#4 UW-Whitewater	3.92m	12-10¼	4/5
2	3	Annika GUNDERSON	SO	#16 UW-River Falls	3.90m	12-9½	3/29
3	9	Maddy HABBERSTAD	FR	#1 UW-La Crosse	3.75m	12-3½	4/6
4	20	Leah ZASTROW	SO	#5 UW-Stout	3.60m	11-9¾	4/6
5	28	Zoe JENKS-RECKER	SO	#4 UW-Whitewater	{2} 3.47m	11-4½	4/5
6	31	Jaylyn AHLBERG	SO	#12 Saint Benedict	3.45m	11-3¾	4/6
6	31	Nina WINTERMUTE	FR	#2 UW-Eau Claire	3.45m	11-3¾	4/6
6	31	Marisa HARVEY	FR	#1 UW-La Crosse	{2} 3.45m	11-3¾	4/6
9	48	Emily PEARSON	FR	#6 Bethel (Minn.)	3.35m	10-11¾	3/15
9	48	Ella MAHER	JR	#4 UW-Whitewater	{3} 3.35m	10-11¾	3/29

## Women's Long Jump

1	10	Stephanie WITBROD	JR	#21 Bethany Luthera	5.60m	18-4½ (2.0)	4/6
2	15	Maya EVANS	SO	#1 UW-La Crosse	5.53m	18-1¾ (0.9)	4/6
3	27	Ava FOLEY	SO	#1 UW-La Crosse	{2} 5.42m	17-9½ (2.0)	4/6
4	30	Megan GERAETS	JR	#8 Gustavus Adolp	5.40m	17-8¾ (0.6)	4/6
5	32	Jenna DRISCOLL	JR	#5 UW-Stout	5.39m	17-8¼ (1.3)	4/6
6	37	Hailey CAMPBELL	FR	#13 UW-Platteville	5.36m	17-7 (0.9)	4/6
7	40	Gracie HOLLAND	JR	#4 UW-Whitewater	5.35m	17-6¾ (0.0)	3/29
8	45	Nicole MAKOPÉ	JR	#9 St. Norbert	5.34mw	17-6¼ (2.1)	3/15
9	50	Rachel ROMENS	JR	#25 Wisconsin Luthe	5.32m	17-5½ (0.9)	3/28
10	61	Noelle HACKENMUELLER	SO	#1 UW-La Crosse	{3} 5.27mw	17-3½ (2.9)	4/6

## Women's Triple Jump

1	7	Abigail CALHOUN	JR	#3 Carthage	11.92m	39-1¼ (0.0)	4/6
2	21	Miah KELLER	SR	#1 UW-La Crosse	11.39m	37-4½ (0.0)	4/6
3	29	Mackenzey KRONBERG	SO	#1 UW-La Crosse	{2} 11.25mw	36-11 (3.1)	4/6
4	32	Elianna DALAMANGAS	FR	#13 UW-Platteville	11.21m	36-9½ (1.4)	3/28
5	35	Ashley DAVIES	FR	#1 UW-La Crosse	{3} 11.18m	36-8¼ (1.1)	4/6
6	39	Amereka MCPHERSON	SO	#9 St. Norbert	11.16m	36-7½ (1.4)	4/6
7	47	Tara SCHAALMA	FR	#3 Carthage	{2} 11.05m	36-3 (0.9)	3/29
8	51	Lili GUY	JR	#8 Gustavus Adolp	11.03mw	36-2¼ (3.2)	4/6
9	59	Rileigh ELGAS	SO	#4 UW-Whitewater	10.95mw	35-11¼ (3.1)	4/5
10	70	Molly KALLENBACH	JR	#2 UW-Eau Claire	10.88mw	35-8½ (2.2)	4/6

## Women's Shot Put

1	1	Aubrey SCHOENEMAN	JR	#3 Carthage	15.11m	49-7	4/6
2	3	Vanessa UITENBROEK	JR	#15 Carroll (Wis.)	14.25m	46-9	4/6
3	7	Brenna MASLOROFF	SR	#7 UW-Oshkosh	13.77m	45-2¼	4/6
4	11	Izzy CARROLL	JR	#1 UW-La Crosse	13.56m	44-6	3/29
5	12	Brenna NOON	JR	#13 UW-Platteville	13.47m	44-2½	4/6
6	16	Alyssa GULSVIG	JR	#3 Carthage	{2} 13.24m	43-5¼	3/29
7	20	Kayla BEHNKE	JR	#2 UW-Eau Claire	13.11m	43-¼	4/6
8	28	Maria FALK	JR	#15 Carroll (Wis.)	{2} 12.89m	42-3½	3/28
9	30	Peyton PANKA	SO	#9 St. Norbert	12.84m	42-1½	3/30
10	35	Molly MEYERS	SR	Hamline	12.73m	41-9¼	4/6



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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North

as of 4/9/2024 7:45:00 AM ET

## Women's Discus

1	2	Kayla BEHNKE	JR	#2 UW-Eau Claire	48.96m	160-8	4/6
2	4	Vanessa Uitenbroek	JR	#15 Carroll (Wis.)	48.55m	159-4	4/6
3	5	Cate Gudaitis	JR	#15 Carroll (Wis.)	{2} 46.12m	151-4	3/28
4	6	Kylee Doherty	SO	#20 Edgewood	44.95m	147-6	3/28
5	9	Nicole Tarpley	JR	#3 Carthage	44.26m	145-3	4/6
6	19	Alyssa Gulsvig	JR	#3 Carthage	{2} 42.75m	140-3	4/6
7	20	Teagan Jones	JR	#2 UW-Eau Claire	{2} 42.56m	139-8	4/6
8	31	Aubrey Schoeneman	JR	#3 Carthage	{3} 41.29m	135-6	3/29
9	33	Jackie Tuzil	SO	#3 Carthage	{4} 41.17m	135-1	4/6
10	35	Jessa Alderman	SO	#22 MSOE	41.16m	135-1	4/5

## Women's Hammer

1	3	Kayla BEHNKE	JR	#2 UW-Eau Claire	54.50m	178-10	4/6
2	4	Alexis Mattox	SR	#3 Carthage	54.43m	178-7	4/6
3	5	Brenna Masloroff	SR	#7 UW-Oshkosh	53.57m	175-9	4/6
4	6	Teagan Jones	JR	#2 UW-Eau Claire	{2} 53.34m	175-0	4/6
5	8	Izzy Carroll	JR	#1 UW-La Crosse	53.13m	174-4	4/6
6	10	Vanessa Uitenbroek	JR	#15 Carroll (Wis.)	52.39m	171-11	4/6
7	12	Aubree Koenings	FR	#5 UW-Stout	51.78m	169-11	3/29
8	17	Kenni Zarnecki	JR	#4 UW-Whitewater	50.96m	167-2	4/5
9	19	Lily Beneke	JR	St. Scholastica	50.72m	166-5	4/6
10	21	Nicole Tarpley	JR	#3 Carthage	{2} 50.02m	164-1	4/6

## Women's Javelin

1	4	Gabby Johnson	JR	#1 UW-La Crosse	41.73m	136-11	3/29
2	21	Lakesha Carter	JR	#8 Gustavus Adolphus	38.85m	127-6	4/6
3	29	Maya Hielscher	JR	#18 Concordia Wisco	38.56m	126-6	3/28
4	30	Genevieve Gruba	FR	#17 Concordia Moorhead	38.55m	126-6	4/6
5	59	Kylee Doherty	SO	#20 Edgewood	36.57m	120-0	3/28
6	60	Tina Shelton	JR	#4 UW-Whitewater	36.51m	119-10	3/29
7	62	Ella Puls	SO	#1 UW-La Crosse	{2} 36.41m	119-6	4/6
8	65	Emily Ashton	SO	Northwestern-St. Mary's	36.25m	118-11	4/6
9	69	Brooke Boroughs	FR	Macalester	36.00m	118-2	4/6
10	79	Peyton Panka	SO	#9 St. Norbert	35.28m	115-9	3/30

## Women's Heptathlon

1	2	Lexi Lefever		#16 UW-River Falls	4,632	3/22
2	9	Stephanie Witbrod	JR	#21 Bethany Lutheran	4,171	4/6
3	28	Elena Fuglestad	FR	#16 UW-River Falls	{2} 2,972	3/22
4	32	Savannah Leopold		#16 UW-River Falls	{3} 2,788	3/22



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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South

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## Women's 100 Meters

1	2	Syniah SIMS	FR	#9 Belhaven (Miss.)	11.86	(1.7)	3/23
2	3	Ti'asia BRYANT	FR	#15 North Carolina V	11.92w	(3.9)	4/6
3	4	Katelyn GAMBLE	SR	#4 Washington and	11.95w	(2.5)	3/23
4	9	Kamiyah WOOTEN	FR	#15 North Carolina W	12.01	(1.5)	4/6
5	13	Audrey JOHNSON	JR	#1 Emory	12.03	(1.7)	3/23
6	22	Olivia FREEMAN	SO	#7 Rhodes	12.17	(1.1)	4/6
7	23	Oceana BROWN	FR	#14 Gallaudet	12.19	(0.1)	4/6
7	23	Kimona HAYNES	SO	#9 Belhaven (Miss.) {2}	12.19	(1.7)	3/23
9	36	Natashe TATE	FR	#16 Virginia Wesleya	12.28	(-0.8)	4/6
10	37	Sophia REDMOND	SO	Mary Washingto	12.29w	(2.1)	3/23

## Women's 100 Meter Hurdles

1	1	Aniya SEWARD	SR	#2 Lynchburg	13.76w	(2.1)	3/30
2	8	Betsy MOHNKERN	SR	#2 Lynchburg	{2} 14.24	(1.2)	4/6
3	20	Nikki BOON	JR	#1 Emory	14.70	(0.2)	3/29
4	30	Amaya MARTIN	SR	#1 Emory	{2} 14.84	(-0.1)	3/29
5	32	Rebecca CARR	FR	#5 Roanoke	14.90	(0.9)	3/16
6	46	Emily THOMPSON	SR	#3 Berry	15.09	(0.8)	3/2
7	58	Amanda ROMANO	JR	#4 Washington and	15.27	(0.9)	3/16
8	60	Deziree CONKLIN	JR	#19 Marymount (Va.)	15.28	(0.5)	3/23
9	62	Cammi WINSTON	SR	#5 Roanoke	{2} 15.30	(0.3)	3/23
10	65	Olivia VIERS	FR	#5 Roanoke	{3} 15.32	(0.7)	4/6

## Women's 200 Meters

1	2	Kamiyah WOOTEN	FR	#15 North Carolina V	24.47w	(2.1)	4/6
2	5	Syniah SIMS	FR	#9 Belhaven (Miss.)	24.58w	(2.1)	3/23
3	9	Audrey JOHNSON	JR	#1 Emory	24.70	(1.9)	3/29
4	11	Aniya SEWARD	SR	#2 Lynchburg	24.76w	(3.9)	3/30
5	16	Kimona HAYNES	SO	#9 Belhaven (Miss.) {2}	24.86w	(2.1)	3/23
6	19	Oceana BROWN	FR	#14 Gallaudet	25.05w	(3.1)	3/23
7	40	Nikki BOON	JR	#1 Emory	{2} 25.27	(1.9)	3/29
8	45	Jaela THOMAS	SR	#21 Pfeiffer	25.32	(0.6)	3/16
9	48	Ashaunti BARNES	SR	#9 Belhaven (Miss.) {3}	25.39	(0.6)	3/2
10	55	Ti'asia BRYANT	FR	#15 North Carolina V	{2} 25.47	(1.8)	4/6

## Women's 400 Meters

1	5	Kimona HAYNES	SO	#9 Belhaven (Miss.)	56.19		3/30
2	9	Dashiel TAO HARRIS	JR	#1 Emory	56.74		3/29
3	12	Ashaunti BARNES	SR	#9 Belhaven (Miss.) {2}	56.94		3/16
4	22	Kaitlyn RUIZ	FR	#8 Shenandoah	57.54		3/16
5	41	Thora PEARSON	SR	#7 Rhodes	58.28		3/23
6	50	Haylee GAMBLE	SR	#5 Roanoke	58.59		3/30
7	51	Mikayla HEFFERON	SR	#5 Roanoke	{2} 58.63		3/30
8	54	Jesma EVANS	SO	#4 Washington and	58.70		4/6
9	62	Ray Ray TAYLOR	SR	#13 Eastern Mennoni	58.83		3/30
10	74	Vuronika BARNES	SR	#2 Lynchburg	59.06		3/23

## Women's 400 Meter Hurdles

1	9	Macy MURDOCK	SO	#3 Berry	1:03.15		3/29
2	12	Betsy MOHNKERN	SR	#2 Lynchburg	1:03.47		3/23
3	15	Amanda ROMANO	JR	#4 Washington and	1:03.61		4/6
4	26	Allison BOBST	SR	#2 Lynchburg	{2} 1:05.20		3/16
5	27	Emily THOMPSON	SR	#3 Berry	{2} 1:05.24		3/2
6	41	Clare MARSH	JR	#6 Catholic (D.C.)	1:06.01		4/6
7	47	Deziree CONKLIN	JR	#19 Marymount (Va.)	1:06.40		3/16
8	48	Folole TORRES	JR	#12 Southern Virgini	1:06.49		3/16
9	50	Mia MCCONNELL	FR	#6 Catholic (D.C.)	{2} 1:06.62		3/22
10	54	Ophelia LADNER	SO	#5 Roanoke	1:06.79		4/6

## Women's 800 Meters

1	16	Lily TAYLOR	SR	#1 Emory	2:13.72		3/16
2	23	Madison TIAFFAY	SO	#1 Emory	{2} 2:14.67		3/16
3	28	Luna MCCAULEY	SO	#1 Emory	{3} 2:15.67		4/6
4	45	Hannah EDWARDS	FR	#2 Lynchburg	2:17.71		3/30
5	56	Molly SILVA	JR	#2 Lynchburg	{2} 2:18.33		3/30
6	58	Jenna DALY	JR	#1 Emory	{4} 2:18.41		4/6
7	61	Apolline GASPERS	JR	#6 Catholic (D.C.)	2:18.48		4/6
8	65	Tessa MILLER	FR	#12 Southern Virgini	2:18.76		3/16
9	70	Lauren THOMAS	JR	#2 Lynchburg	{3} 2:18.99		3/30
10	98	Carly O'TOOLE	SO	Meredith	2:20.44		3/1

## Women's 1500 Meters

1	4	Courtney DRUMM	SR	#2 Lynchburg	4:32.01		3/23
2	6	Kayla WERNER	FR	#2 Lynchburg	{2} 4:32.28		3/23
3	7	Brigid HANLEY	SR	#1 Emory	4:32.71		3/23
4	17	Lily TAYLOR	SR	#1 Emory	{2} 4:35.33		3/23
5	25	Madison TIAFFAY	SO	#1 Emory	{3} 4:37.05		3/23
6	54	Emily MOEHRINGER	JR	#6 Catholic (D.C.)	4:42.42		4/6
7	55	Molly SILVA	JR	#2 Lynchburg	{3} 4:42.61		4/6
8	57	Lauren MASSEY	SR	#2 Lynchburg	{4} 4:42.94		4/6
9	69	Luna MCCAULEY	SO	#1 Emory	{4} 4:44.17		3/23
10	74	Madison LOWERY	SR	#21 Pfeiffer	4:44.63		4/6

## Women's Steeplechase

1	21	Kate INGLIS	JR	#6 Catholic (D.C.)	11:15.51		3/22
2	28	Cameron GUPTA	FR	#1 Emory	11:21.66		4/6
3	29	Emily SMEDS	JR	#10 Bridgewater (Va.	11:24.29		3/23
4	40	Mackenzie YOUNG	SR	#10 Bridgewater (Va.) {2}	11:35.97		3/23
5	48	Britany ZIEMER	SR	#7 Rhodes	11:39.18		3/15
6	50	Brianna BREVAULT	SO	#4 Washington and	11:39.71		4/6
7	86	Eve SPENCER	SO	#4 Washington and {2}	11:52.95		4/6
8	88	Sadie ABOOD	SR	#6 Catholic (D.C.)	{2} 11:53.82		3/22
9		Madelyn MERNA	SO	Meredith	12:09.08		3/22
10		Vendela SVAERD	FR	#5 Roanoke	12:15.82		3/23



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South

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## Women's 5000 Meters

1	2	Kayla WERNER	FR	#2 Lynchburg	16:34.40	4/6
2	4	Brigid HANLEY	SR	#1 Emory	16:48.84	3/30
3	8	Liesl SCHERRER	JR	#1 Emory {2}	17:08.15	4/6
4	10	Courtney DRUMM	SR	#2 Lynchburg {2}	17:10.01	4/6
5	13	Allison DELL	JR	#2 Lynchburg {3}	17:16.48	4/6
6	31	Olivia WARR	FR	#4 Washington and	17:32.04	4/6
7	43	Madison LOWERY	SR	#21 Pfeiffer	17:40.93	3/16
8	66	Claire HAMLET	JR	#4 Washington and {2}	17:53.61	4/6
9	83	Lauren MASSEY	SR	#2 Lynchburg {4}	17:59.93	3/16
10	87	Mackenzie YOUNG	SR	#10 Bridgewater (Va.	18:03.40	3/16

## Women's 10,000 Meters

1	25	Elise MOLINARO	SR	#4 Washington and	36:48.30	4/6
2	36	Emily SMEDS	JR	#10 Bridgewater (Va.	37:51.56	3/16
3	44	Georgia NUSSEY	JR	#6 Catholic (D.C.)	38:18.73	4/6
4	57	Madeline LOTTS	JR	#8 Shenandoah	39:07.95	4/6
5	68	Anna ROSE	JR	#3 Berry	39:31.82	3/2
6	74	Lilly DALEBOUT	JR	#12 Southern Virgini	39:41.28	4/6
7	75	Lucy UNZICKER	SR	#13 Eastern Mennoni	39:43.93	3/16
8	77	Sarah CHRISTY	JR	#8 Shenandoah {2}	39:44.56	3/16
9	86	Ariel ELLIS	SO	#3 Berry {2}	39:59.38	4/6
10	87	Brier AMERLINCK	FR	#19 Marymount (Va.)	40:02.96	3/16

## Women's 4x100 Relay

1	2	Ashaunti Barnes, Kimona Haynes, Annessia Greer, Syniah Sims	#9 Belhaven (Miss.)	46.47	3/30
2	4	Nikki Boon, Dashiel Tao Harris, Kaya Binetti, Audrey Johnson	#1 Emory	47.00	3/16
3	8	#Type!	#2 Lynchburg	47.56	3/30
4	11	Haylee Gamble, Lindsey Hobin, Nalonda Henderson, Eleanor Hinckley	#5 Roanoke	47.70	3/30
5	22	Lytic Hoggard, Julia Hathaway, Kennedy Chapman, Natashe Tate	#16 Virginia Wesleya	48.24	3/23
5	22	Mariah Brooks, Ti'asia Bryant, Tysheka Moore, Kamayah Wooten	#15 North Carolina W	48.24	3/22
7	55	Ashley D'ambrosia, Jordynn Palethorpe, Simmons Lee, Katelyn Gamble	#4 Washington and	49.56	3/16
8	64	Erin Buckley, Sarah Schumacher, Felicity Giampietro, Ellie Bixenman	#6 Catholic (D.C.)	49.97	3/22
9	67	Ashanti Lastrapes, Natalie Burke, Fiona Selders, Hannah Brown	#24 Millsaps	50.01	3/2
10	76	Alexis Hubbard, Janelle Anderson, Sarah Sidor, Kaitlyn Ruiz	#8 Shenandoah	50.14	3/23



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South

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## Women's 4x400 Relay

1	20	Dashiel Tao Harris, Audrey Johnson, Hannah Riley, Mina Leopold	#1 Emory	3:58.75	3/23
2	22	Mikayla Hefferon, Maryrose Molina- Shuman, Ophelia Ladner, Haylee Gamble	#5 Roanoke	3:59.46	3/30
3	26	Simmons Lee, Annabelle Sutliff, Jesma Evans, Jordynn Palethorpe	#4 Washington and	4:01.21	3/16
4	31	Mia McConnell, Clare Marsh, Zoey Brown, Brigid Byrnes	#6 Catholic (D.C.)	4:02.52	4/6
5	46	Shannen Alack, Olivia Clarke, Isabel Farnsworth, Thora Pearson	#7 Rhodes	4:06.44	3/30
6	48	Tessa Miller, Folole Torres, Savanna Chapin, Addie Parker	#12 Southern Virgini	4:06.51	4/6
7	72	Alexis Hubbard, Haley Van Voorhis, Mackenzie Plowman, Kaitlyn Ruiz	#8 Shenandoah	4:11.07	3/16
8	98	Brandi Gardner, Quierra Hawkins, Katena Morrison, Treasure Rosario- watson	#22 Methodist	4:16.11	3/22
9		Hannah Edwards, Annalise Williams, Lauren Thomas, Molly Silva	#2 Lynchburg	4:17.75	3/30
10		Aubrey Guyden, Hannah Rhodes, Hailey Wright, Evan Thomas	#18 Oglethorpe	4:18.54	3/30

## Women's High Jump

1	12	Katya HOOVER	JR	#8 Shenandoah	1.65m	5-5	4/6
2	13	Hannah WETZEL	SR	#14 Gallaudet	1.64m	5-4½	3/23
3	15	Camille GILLUM	SO	#4 Washington and	1.63m	5-4¼	3/16
4	31	Emily THOMPSON	SR	#3 Berry	1.61m	5-3¼	3/23
5	33	Kris WILLIAMS	FR	#3 Berry	{2} 1.60m	5-3	3/15
5	33	Kaitlyn NGUYEN	SR	#5 Roanoke	1.60m	5-3	3/30
5	33	Kym YOUNG	JR	#7 Rhodes	1.60m	5-3	3/2
8	54	Rebecca CARR	FR	#5 Roanoke	{2} 1.58m	5-2¼	3/16
8	54	Anna SCOBlick	SO	#6 Catholic (D.C.)	1.58m	5-2¼	4/6
10	69	Makayla STREET	SO	#25 Brevard (N.C.)	1.57m	5-1¾	3/23

## Women's Pole Vault

1	14	Kendra PAYNE	SR	#7 Rhodes	3.67m	12-½	3/2
2	15	Ashley D'AMBROSIA	JR	#4 Washington and	3.65m	11-11¾	3/30
2	15	Allison BOBST	SR	#2 Lynchburg	3.65m	11-11¾	3/30
4	31	Hannah RILEY	FR	#1 Emory	3.45m	11-3¾	3/16
5	69	Madeline HUBBERT	JR	#3 Berry	3.30m	10-9¾	3/29
6	81	Ella PINE	FR	#3 Berry	{2} 3.26m	10-8¼	3/2
7	98	Cameron WEBER	FR	#2 Lynchburg	{2} 3.20m	10-6	3/23
7	98	Ainsley MILLER	SR	#11 Christopher New	3.20m	10-6	3/30
7	98	Alyssa TONETTI	FR	#2 Lynchburg	{2} 3.20m	10-6	3/30
10		Anna STAFFORD	SO	#5 Roanoke	3.05m	10-0	3/30
10		Emilee EASLEY	FR	#3 Berry	{3} 3.05m	10-0	4/6

## Women's Long Jump

1	6	Ray Ray TAYLOR	SR	#13 Eastern Mennon	5.65m	18-6½ (0.4)	3/23
2	29	Hannah WETZEL	SR	#14 Gallaudet	5.41m	17-9 (0.7)	4/6
3	37	Mahlia PARSONS	SR	#2 Lynchburg	5.36m	17-7 (0.5)	3/30
4	40	Kacey KELLY	SO	#2 Lynchburg	{2} 5.35m	17-6¾ (0.5)	3/23
5	47	Madelyn VENABLE	JR	#4 Washington and	5.33m	17-6 (0.3)	3/30
6	53	Brandi GARDNER	SO	#22 Methodist	5.30m	17-4¾ (0.2)	3/30
7	76	Bella DEVRAJ	JR	#4 Washington and	{2} 5.22m	17-1½ (0.2)	3/30
8	79	Kiara SMITH	JR	#2 Lynchburg	{3} 5.21m	17-1¼ (0.6)	3/30
9	85	Summer WALLACE	FR	#10 Bridgewater (Va.	5.19m	17-½ (0.7)	3/16
10		Ellie NUCKOLS	FR	#11 Christopher New	5.16mw	16-11¼ (3.3)	4/6
10		Hailey WRIGHT	SO	#18 Oglethorpe	5.16m	16-11¼ (-1)	3/30

## Women's Triple Jump

1	6	Kacey KELLY	SO	#2 Lynchburg	11.93m	39-1¾ (0.4)	3/23
2	10	Aniya SEWARD	SR	#2 Lynchburg	{2} 11.76m	38-7 (0.0)	3/16
3	11	Hannah WETZEL	SR	#14 Gallaudet	11.71m	38-5 (0.1)	3/30
4	17	Malia MELTON	SO	#18 Oglethorpe	11.58m	38-0 (-0.4)	3/16
5	41	Audrey JOHNSON	JR	#1 Emory	11.11m	36-5½ (1.7)	3/29
6	47	Ayeshia WATSON	FR	Hollins	11.05m	36-3 (0.2)	3/30
7	55	Alexandra GUZMAN	SO	#11 Christopher New	10.99m	36-¾ (0.3)	3/30
8	57	Caroline HANSEN	JR	#1 Emory	{2} 10.98m	36-¼ (0.1)	3/29
8	57	Ty'Kerria YOUNG	FR	Mississippi Univ.	10.98m	36-¼ (-0.5)	4/6
10	59	Mahlia PARSONS	SR	#2 Lynchburg	{3} 10.95m	35-11¼ (0.2)	3/30

## Women's Shot Put

1	15	Onoyeme EGURE	FR	#3 Berry	13.33m	43-8¾	3/2
2	26	Abby MIKOLAY	FR	#10 Bridgewater (Va.	12.91m	42-4¼	4/6
3	58	Grace FOWLER	SR	#5 Roanoke	12.37m	40-7	4/6
4	66	Midajah DAVIS	JR	#14 Gallaudet	12.28m	40-3½	3/23
5	73	Sarah FINEMAN	JR	#1 Emory	12.25m	40-2¼	3/16
6	81	Katherine STEVENS	JR	#11 Christopher New	12.14m	39-10	3/16
7	100	Logan BABBS	JR	#2 Lynchburg	11.94m	39-2¼	3/16
8		Ciara DONEGAN	JR	#6 Catholic (D.C.)	11.93m	39-1¾	3/22
9		Christian VAN NORDEN	JR	#15 North Carolina W	11.84m	38-10¼	3/22
10		Nakiyah WASHINGTON	SR	#17 Piedmont	11.79m	38-8¼	4/6





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



South

as of 4/9/2024 7:45:00 AM ET

## Women's Discus

1	17	Nikki BOON	JR	#1 Emory	43.07m	141-4	3/23
2	29	Katherine STEVENS	JR	#11 Christopher New	41.30m	135-6	3/30
3	42	Quinlin ZUNK	JR	#4 Washington and	40.18m	131-10	3/23
4	58	Emily LANE	FR	#23 Covenant	39.43m	129-5	3/16
5	65	Abby MIKOLAY	FR	#10 Bridgewater (Va.	39.26m	128-10	3/16
6	97	Allie FELTUS	JR	#17 Piedmont	37.81m	124-1	3/16
7		Sofia HENDERSON	FR	#3 Berry	37.53m	123-2	3/15
8		Logan BABBS	JR	#2 Lynchburg	37.49m	123-0	3/16
9		Daryl TUCKER	SO	#16 Virginia Wesleya	37.12m	121-10	4/6
10		Kiara FELSTON	SR	#8 Shenandoah	36.86m	120-11	3/16

## Women's Hammer

1	9	Katherine STEVENS	JR	#11 Christopher New	52.82m	173-4	3/30
2	20	Kiara FELSTON	SR	#8 Shenandoah	50.17m	164-7	3/16
3	23	Malysha WINSTON	SO	#3 Berry	49.62m	162-10	3/23
4	44	Bailey HEDGEMON	SO	#4 Washington and	47.90m	157-2	3/23
5	60	Logan BABBS	JR	#2 Lynchburg	46.68m	153-2	3/30
6	80	Quinlin ZUNK	JR	#4 Washington and {2}	45.53m	149-5	3/30
7		Sadie PHILLIPS	SO	#3 Berry {2}	44.07m	144-7	3/29
8		Jessica RENDFREY	JR	#8 Shenandoah {2}	41.95m	137-8	3/16
9		Lauren MYERS	SO	Maryville (Tenn.)	41.85m	137-4	3/23
10		Sofia HENDERSON	FR	#3 Berry {3}	41.77m	137-1	3/23

## Women's Javelin

1	11	Mable MUTUMWA	FR	#1 Emory	40.52m	132-11	4/6
2	17	Katya HOOVER	JR	#8 Shenandoah	39.26m	128-10	3/16
3	33	Cailin DELEO	SR	#3 Berry	38.14m	125-2	3/29
4	37	Ray Ray TAYLOR	SR	#13 Eastern Mennoni	37.90m	124-4	3/23
5	39	Nikki BOON	JR	#1 Emory {2}	37.56m	123-3	3/29
6	67	Evan DUET	JR	#7 Rhodes	36.05m	118-3	4/6
7	75	Jilane PEDERSEN	JR	#12 Southern Virgini	35.38m	116-1	3/16
8	91	Sadie PHILLIPS	SO	#3 Berry {2}	34.96m	114-9	3/2
9	100	Carlota GONZALEZ	FR	Averett	34.48m	113-2	4/6
10		Sydney SMITH	SO	Birmingham-Sol	34.47m	113-1	3/30

## Women's Heptathlon

1	4	Ray Ray TAYLOR	SR	#13 Eastern Mennoni	4,434		3/16
2	6	Emily THOMPSON	SR	#3 Berry	4,397		3/23
3	12	Macy MURDOCK	SO	#3 Berry {2}	3,994		3/23
4	33	Jessica TAYLOR	FR	#20 Randolph	2,767		3/15



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



West

as of 4/9/2024 7:45:00 AM ET

## Women's 100 Meters

1	<b>13</b>	Brynn YANEZ	SO	<b>#3</b> McMurry	<b>12.03w</b>	(2.9)	<b>4/6</b>
2	<b>16</b>	Kylah WASHINGTON	FR	<b>#14</b> Hardin-Simmons	<b>12.09w</b>	(3.0)	<b>4/6</b>
3	<b>41</b>	Jordyn LUNGO	SR	<b>#1</b> Whitworth	<b>12.31</b>	(1.2)	3/16
4	<b>46</b>	Trinity MURDOCK	SR	<b>#16</b> Texas Lutheran	<b>12.34</b>	(-0.2)	3/23
5	<b>51</b>	Katriona KIRKPATRICK	SO	<b>#8</b> Pomona-Pitzer	<b>12.36</b>	(1.2)	<b>4/6</b>
6	<b>57</b>	Dawson BELL	SO	<b>#24</b> La Verne	<b>12.38</b>	(1.2)	<b>4/6</b>
6	<b>57</b>	Elizabeth HAWLEY	SO	<b>#11</b> Occidental	<b>12.38</b>	(1.5)	3/15
8	<b>61</b>	Kyrstin WILSON	SO	<b>#15</b> Puget Sound	<b>12.39</b>	(0.4)	3/23
8	<b>61</b>	Ny'Cierra HINTON	JR	<b>#17</b> St. Thomas (Tex.)	<b>12.39</b>	(-0.2)	3/23
8	<b>61</b>	Amaya CUMMINS	JR	<b>#19</b> UC Santa Cruz	<b>12.39w</b>	(2.4)	3/16

## Women's 100 Meter Hurdles

1	<b>15</b>	Amelia HEWSON	SR	<b>#1</b> Whitworth	<b>14.60</b>	(1.0)	<b>4/5</b>
2	<b>18</b>	Naj CAMPBELL	JR	<b>#3</b> McMurry	<b>14.65w</b>	(3.1)	<b>4/6</b>
3	<b>25</b>	Eleanor BACHMEIER	SR	<b>#7</b> Redlands (Calif.)	<b>14.79</b>	(1.4)	<b>4/5</b>
4	<b>26</b>	Josephine JETT	FR	<b>#4</b> Claremont-Mudc	<b>14.81w</b>	(3.3)	3/15
5	<b>42</b>	Kaitlyn ULALISA	FR	<b>#8</b> Pomona-Pitzer	<b>15.03w</b>	(3.3)	3/15
6	<b>45</b>	Allyson HAMMOND	SO	<b>#10</b> Pacific (Ore.)	<b>15.08</b>	(1.6)	3/23
7	<b>47</b>	Passion WASHINGTON	FR	<b>#5</b> Chapman	<b>15.10w</b>	(3.2)	3/23
8	<b>54</b>	Ayahna BAHATI	JR	<b>#2</b> George Fox	<b>15.20</b>	(0.1)	3/23
9	<b>57</b>	Taylor NORRELL	JR	<b>#16</b> Texas Lutheran	<b>15.24</b>	(-0.9)	3/23
10	<b>62</b>	Peyton WALTON	FR	<b>#17</b> St. Thomas (Tex.)	<b>15.30</b>	(0.2)	3/3

## Women's 200 Meters

1	<b>17</b>	Alison BALL	SR	<b>#1</b> Whitworth	<b>24.94w</b>	(2.6)	3/30
2	<b>22</b>	Allyson HAMMOND	SO	<b>#10</b> Pacific (Ore.)	<b>25.07w</b>	(2.6)	3/30
3	<b>24</b>	Kyrstin WILSON	SO	<b>#15</b> Puget Sound	<b>25.14</b>	(0.0)	3/8
4	<b>27</b>	Katriona KIRKPATRICK	SO	<b>#8</b> Pomona-Pitzer	<b>25.17w</b>	(2.4)	3/15
5	<b>30</b>	Elizabeth HAWLEY	SO	<b>#11</b> Occidental	<b>25.20w</b>	(2.3)	<b>4/6</b>
5	<b>30</b>	Madelyn GOLLIHAR	SO	<b>#3</b> McMurry	<b>25.20</b>	(1.7)	3/3
7	<b>33</b>	Jackilyn LEWIS	SR	<b>#15</b> Puget Sound	<b>{2}25.21w</b>	(2.6)	3/30
8	<b>34</b>	Brynn YANEZ	SO	<b>#3</b> McMurry	<b>{2}25.22</b>	(1.4)	<b>4/6</b>
9	<b>35</b>	Allison KREMER	JR	<b>#5</b> Chapman	<b>25.23w</b>	(2.3)	<b>4/6</b>
10	<b>38</b>	Kaylee SMITH	JR	<b>#5</b> Chapman	<b>{2}25.25</b>	(0.5)	<b>4/6</b>

## Women's 400 Meters

1	<b>7</b>	Elizabeth HAWLEY	SO	<b>#11</b> Occidental	<b>56.58</b>	<b>4/6</b>
2	<b>13</b>	Kaylee SMITH	JR	<b>#5</b> Chapman	<b>56.99</b>	<b>4/6</b>
3	<b>15</b>	CC GRAY	JR	<b>#9</b> Trinity (Texas)	<b>57.29</b>	3/23
4	<b>23</b>	Allison KREMER	JR	<b>#5</b> Chapman	<b>{2}57.57</b>	<b>4/6</b>
5	<b>26</b>	Elizabeth BEISWANGER	FR	<b>#15</b> Puget Sound	<b>57.72</b>	3/23
6	<b>37</b>	Nakiah TOLBERT	JR	<b>#14</b> Hardin-Simmons	<b>58.09</b>	<b>4/6</b>
7	<b>38</b>	Sarah CHARLES	FR	<b>#5</b> Chapman	<b>{3}58.11</b>	2/24
7	<b>38</b>	Jackilyn LEWIS	SR	<b>#15</b> Puget Sound	<b>{2}58.11</b>	3/8
9	<b>42</b>	Makenna LIZARDE	SO	<b>#5</b> Chapman	<b>{4}58.29</b>	2/24
10	<b>64</b>	Sabrina SEMMERE	SO	<b>#7</b> Redlands (Calif.)	<b>58.86</b>	<b>4/6</b>

## Women's 400 Meter Hurdles

1	<b>18</b>	Madelyn GOLLIHAR	SO	<b>#3</b> McMurry	<b>1:04.44</b>	<b>4/6</b>
2	<b>21</b>	Arden NEFF	JR	<b>#21</b> Southwestern (T	<b>1:04.68</b>	3/30
3	<b>28</b>	Ellie MARSH	JR	<b>#25</b> LeTourneau	<b>1:05.27</b>	3/23
4	<b>44</b>	Nicole PLAYER	JR	<b>#8</b> Pomona-Pitzer	<b>1:06.27</b>	<b>4/6</b>
5	<b>46</b>	Emily RUTKOWSKI	SR	<b>#10</b> Pacific (Ore.)	<b>1:06.36</b>	3/16
6	<b>49</b>	Sophia DELGADO	JR	<b>#17</b> St. Thomas (Tex.)	<b>1:06.55</b>	3/30
7	<b>63</b>	Makayla POWELL	SO	<b>#17</b> St. Thomas (Tex.)	<b>{2}1:06.96</b>	3/30
8	<b>64</b>	Emma FOWKES	SR	<b>#6</b> Colorado Colleg	<b>1:07.00</b>	3/16
9	<b>72</b>	Kaitlyn ULALISA	FR	<b>#8</b> Pomona-Pitzer	<b>{2}1:07.51</b>	<b>4/6</b>
10	<b>76</b>	Katarina MARIC	JR	<b>#5</b> Chapman	<b>1:07.60</b>	<b>4/6</b>

## Women's 800 Meters

1	<b>7</b>	Ellie RISING	JR	<b>#2</b> George Fox	<b>2:11.90</b>	3/23
2	<b>12</b>	Laura ZIMMER	SR	<b>#4</b> Claremont-Mudc	<b>2:12.81</b>	2/17
3	<b>14</b>	Ella FULLERTON	SO	<b>#6</b> Colorado Colleg	<b>2:13.22</b>	3/9
4	<b>15</b>	Michaela JONES	SR	<b>#8</b> Pomona-Pitzer	<b>2:13.26</b>	<b>4/6</b>
5	<b>20</b>	Natalie BITETTI	SR	<b>#4</b> Claremont-Mudc	<b>{2}2:14.02</b>	<b>4/6</b>
6	<b>24</b>	Annie BERRY	SR	<b>#10</b> Pacific (Ore.)	<b>2:14.95</b>	3/30
7	<b>25</b>	Riley CAPUANO	SO	<b>#4</b> Claremont-Mudc	<b>{3}2:14.97</b>	2/17
8	<b>27</b>	Malia HEIEN	SO	<b>#20</b> Lewis & Clark	<b>2:15.64</b>	3/30
9	<b>34</b>	Elizabeth BEISWANGER	FR	<b>#15</b> Puget Sound	<b>2:16.79</b>	3/30
10	<b>43</b>	Lily JONES	FR	<b>#1</b> Whitworth	<b>2:17.56</b>	3/22

## Women's 1500 Meters

1	<b>2</b>	Natalie BITETTI	SR	<b>#4</b> Claremont-Mudc	<b>4:26.59</b>	<b>4/6</b>
2	<b>3</b>	Laura ZIMMER	SR	<b>#4</b> Claremont-Mudc	<b>{2}4:31.34</b>	3/22
3	<b>9</b>	Riley CAPUANO	SO	<b>#4</b> Claremont-Mudc	<b>{3}4:33.32</b>	<b>4/6</b>
4	<b>15</b>	Ellie RISING	JR	<b>#2</b> George Fox	<b>4:34.63</b>	3/23
5	<b>27</b>	Annie BERRY	SR	<b>#10</b> Pacific (Ore.)	<b>4:37.28</b>	3/23
6	<b>32</b>	Kendall ACCETTA	SR	<b>#6</b> Colorado Colleg	<b>4:38.82c</b>	(4:44.81A) 3/16
7	<b>36</b>	Isabel OLSON	JR	<b>#6</b> Colorado Colleg	<b>{2}4:39.92c</b>	(4:45.94A) 3/30
8	<b>42</b>	Elle MARSYLA	SO	<b>#4</b> Claremont-Mudc	<b>{4}4:41.26</b>	3/2
9	<b>48</b>	Sara WEXLER	SO	<b>#4</b> Claremont-Mudc	<b>{5}4:41.90</b>	<b>4/6</b>
10	<b>49</b>	Angela GUSHUE	JR	<b>#4</b> Claremont-Mudc	<b>{6}4:41.96</b>	<b>4/6</b>

## Women's Steeplechase

1	<b>4</b>	Kendall ACCETTA	SR	<b>#6</b> Colorado Colleg	<b>10:45.83</b>	3/29
2	<b>9</b>	Annika CARLSON	SO	<b>#5</b> Chapman	<b>10:50.96</b>	3/22
3	<b>11</b>	Kylah HOLLAND	SR	<b>#14</b> Hardin-Simmons	<b>10:52.23</b>	3/30
4	<b>23</b>	Ellie CATRON	SR	<b>#9</b> Trinity (Texas)	<b>11:17.25</b>	3/16
5	<b>26</b>	Ciara GILLEN	JR	<b>#11</b> Occidental	<b>11:18.37</b>	3/22
6	<b>38</b>	Eve MAVY	SO	<b>#7</b> Redlands (Calif.)	<b>11:35.76</b>	<b>4/6</b>
7	<b>43</b>	Cris BRETHER	JR	<b>#10</b> Pacific (Ore.)	<b>11:38.37</b>	3/23
8	<b>46</b>	Revere SCHMIDT	FR	<b>#4</b> Claremont-Mudc	<b>11:39.00</b>	<b>4/6</b>
9	<b>60</b>	Zoe HEINO	SO	<b>#12</b> Willamette	<b>11:45.11</b>	<b>4/6</b>
10	<b>63</b>	Liz WHITE	SO	<b>#6</b> Colorado Colleg	<b>{2}11:46.50</b>	3/9



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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West

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## Women's 5000 Meters

1	17	Kendall ACCETTA	SR	#6 Colorado College	17:20.11	3/9
2	20	Elle MARSYLA	SO	#4 Claremont-Mudc	17:24.34	3/9
3	24	Helena JANKU	SO	#19 UC Santa Cruz	17:27.75	3/30
4	26	Alison MUELLER-HICKLER	SO	#6 Colorado College	17:29.56	3/9
5	27	Riley MARTEL-PHILLIPS	SR	#19 UC Santa Cruz	17:30.25	3/30
6	32	Jenna LENAY	SO	#11 Occidental	17:32.62	3/9
7	47	Sara WEXLER	SO	#4 Claremont-Mudc	17:44.84	3/9
8	55	Marissa HEHIR	FR	#24 La Verne	17:49.29	3/9
9	63	Elliot SINGER	JR	#6 Colorado College	17:51.73	3/9
10	76	Annie BERRY	SR	#10 Pacific (Ore.)	17:57.36	3/16

## Women's 10,000 Meters

1	7	Riley BUESE	JR	#20 Lewis & Clark	35:05.73	3/30
2	15	Elle MARSYLA	SO	#4 Claremont-Mudc	35:48.29	3/22
3	16	Alison MUELLER-HICKLER	SO	#6 Colorado College	35:48.71	3/29
4	20	Jenna LENAY	SO	#11 Occidental	36:25.06	3/22
5	30	Kayla AALPOEL	SO	#2 George Fox	37:04.51	3/2
6	31	Sara WEXLER	SO	#4 Claremont-Mudc	37:10.48	3/22
7	32	Elliot SINGER	JR	#6 Colorado College	37:22.99	3/29
8	39	Kendall MCKIBBON	JR	#2 George Fox	37:54.57	3/2
9	41	Brenda DAZA	FR	#5 Chapman	38:10.28	3/9
10	42	Sarah PULLEN	SO	#2 George Fox	38:13.47	3/2

## Women's 4x100 Relay

1	13	Jordyn Lungo, Amelia Hewson, Isabella Pereira, Alison Ball	#1 Whitworth	47.76	4/5
2	14	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde	#5 Chapman	47.78	4/6
3	16	Madelyn Gollihar, Jada Morris, Erin Fallon, Brynn Yanez	#3 McMurry	47.98	4/6
4	31	Trinity Provost, Peyton Walton, Sophia Delgado, Ny'Cierra Hinton	#17 St. Thomas (Tex)	48.66	4/6
5	32	Taylor Norrell, Natalie Garcia, Leilani Lopez, Trinity Murdock	#16 Texas Lutheran	48.67	3/23
6	36	Isabel Yaffe, Francesca Candelieri, Karis Palomino, Elizabeth Hawley	#11 Occidental	48.74	4/6
7	38	Olivia Richards, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	#8 Pomona-Pitzer	48.88	4/6
8	43	Hillary Connors, Rachelle Silis, Paige Kasso, Kira Hawaaboo	#13 Linfield	49.00	3/16
9	44	Yasmin Subawalla, CC Gray, Joy Areola, Hayley Huck	#9 Trinity (Texas)	49.04	3/30
10	49	Maigan Adams, Faith Kasper, Sabrina Semmere, Sabrina Tanouye	#7 Redlands (Calif.)	49.29	3/15
10	49	Avalon Griggs, Nakiah Tolbert, Danielle Pena, Kyla Washington	#14 Hardin-Simmons	49.29	4/6



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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West

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## Women's 4x400 Relay

1	<b>5</b>	Kaylee Smith, Proud Kitnitchiva, Makenna Lizarde, Allison Kremer	<b>#5 Chapman</b>	<b>3:52.06</b>	3/23
2	<b>16</b>	Katriona Kirkpatrick, Michaela Jones, Nicole Player, Olivia Reichle	<b>#8 Pomona-Pitzer</b>	<b>3:57.24</b>	<b>4/6</b>
3	<b>18</b>	Jackilyn Lewis, Kyrstin Wilson, Erin Schmidlin, Elizabeth Beiswanger	<b>#15 Puget Sound</b>	<b>3:57.57</b>	3/8
4	<b>23</b>	Lilly Broussard, CC Gray, Annette Smith, Vanessa Garcia	<b>#9 Trinity (Texas)</b>	<b>3:59.99</b>	3/3
5	<b>24</b>	Breonna McCarthy- Reese, Madelyn Gollihar, Katelyn Hernandez, Naj Campbell	<b>#3 McMurry</b>	<b>4:00.11</b>	<b>4/6</b>
6	<b>32</b>	Nakiah Tolbert, Kylah Washington, Sophie Hale, Danielle Pena	<b>#14 Hardin-Simmons</b>	<b>4:02.54c</b> (4:02.10A)	3/30
7	<b>35</b>	Callow Soto, Malia Heien, Elsie Chin, Macy O'Hara	<b>#20 Lewis &amp; Clark</b>	<b>4:03.34</b>	3/30
8	<b>36</b>	Tia Akasaki, Francesca Candelieri, Delphine Way, Elizabeth Hawley	<b>#11 Occidental</b>	<b>4:03.74</b>	3/2
9	<b>37</b>	Emma Fowkes, Clara Lippert, Emma Jones, Ella Fullerton	<b>#6 Colorado College</b>	<b>4:04.00c</b> (4:03.56A)	3/30
10	<b>40</b>	Makayla Powell, Selest Edwards, Sophia Delgado, Trinity Provost	<b>#17 St. Thomas (Texas)</b>	<b>4:04.98</b>	3/30

## Women's High Jump

1	<b>13</b>	Breanne RAWLS	JR	<b>#1 Whitworth</b>	<b>1.64m</b>	5-4½	3/16
2	<b>19</b>	Whitley STEPP	SO	<b>#12 Willamette</b>	<b>1.62m</b>	5-3¾	3/16
2	<b>19</b>	Erica SNYDER	SO	<b>#12 Willamette</b>	<b>1.62m</b>	5-3¾	3/16
2	<b>19</b>	Kira HAWAABOO	FR	<b>#13 Linfield</b>	<b>1.62m</b>	5-3¾	3/16
2	<b>19</b>	Brianna TIRA	FR	<b>#1 Whitworth</b>	{2} <b>1.62m</b>	5-3¾	3/30
6	<b>33</b>	Emma FOWKES	SR	<b>#6 Colorado College</b>	<b>1.60m</b>	5-3	3/30
6	<b>33</b>	April KWAN	SR	<b>#6 Colorado College</b>	<b>1.60m</b>	5-3	3/30
6	<b>33</b>	Adva SHILON	JR	<b>#5 Chapman</b>	<b>1.60m</b>	5-3	2/24
6	<b>33</b>	Sarah BJORNSON	SR	<b>#22 Cal Lutheran</b>	<b>1.60m</b>	5-3	2/2
10	<b>69</b>	Emmalee HORTON	SO	<b>#14 Hardin-Simmons</b>	<b>1.57m</b>	5-1¾	3/3
10	<b>69</b>	Logan ROBERTS	SO	<b>#13 Linfield</b>	{2} <b>1.57m</b>	5-1¾	3/16
10	<b>69</b>	Marina CARROL	SR	<b>#2 George Fox</b>	<b>1.57m</b>	5-1¾	3/16

## Women's Pole Vault

1	<b>11</b>	Brenna STELL	FR	<b>#3 McMurry</b>	<b>3.72m</b>	12-2½	<b>4/6</b>
2	<b>12</b>	Grace TULLY	JR	<b>#2 George Fox</b>	<b>3.70m</b>	12-1½	3/16
3	<b>18</b>	Madeline SEIFERT	SO	<b>#4 Claremont-Mudc</b>	<b>3.64m</b>	11-11¼	<b>4/6</b>
4	<b>21</b>	Siera CRAWFORD	SR	<b>#13 Linfield</b>	<b>3.58m</b>	11-9	3/9
5	<b>22</b>	Angela HAWKINS	SO	<b>#2 George Fox</b>	{2} <b>3.55m</b>	11-7¾	3/23
5	<b>22</b>	Shelby LARSON	SR	<b>#2 George Fox</b>	{2} <b>3.55m</b>	11-7¾	3/23
7	<b>48</b>	Ashlynn RECKNAGEL	SO	<b>#16 Texas Lutheran</b>	<b>3.35m</b>	10-11¾	3/23
8	<b>80</b>	Jacee DINKINS	JR	<b>#3 McMurry</b>	{2} <b>3.27m</b>	10-8¾	<b>4/6</b>
9	<b>82</b>	Valerie BRUGGEMAN	JR	<b>#2 George Fox</b>	{4} <b>3.25m</b>	10-8	3/16
9	<b>82</b>	Isabelle AU	SO	<b>#5 Chapman</b>	<b>3.25m</b>	10-8	2/9
9	<b>82</b>	Anna WILSON	SR	<b>#2 George Fox</b>	{4} <b>3.25m</b>	10-8	3/16
9	<b>82</b>	Adva SHILON	JR	<b>#5 Chapman</b>	<b>3.25m</b>	10-8	2/24

## Women's Long Jump

1	<b>4</b>	Kira HAWAABOO	FR	<b>#13 Linfield</b>	<b>5.73m</b>	18-9¾ (1.6)	<b>4/6</b>
2	<b>10</b>	Joy AREOLA	JR	<b>#9 Trinity (Texas)</b>	<b>5.60m</b>	18-4½ (1.3)	3/23
3	<b>13</b>	Allyson HAMMOND	SO	<b>#10 Pacific (Ore.)</b>	<b>5.59m</b>	18-4¼ (0.9)	3/30
4	<b>40</b>	Maigan ADAMS	JR	<b>#7 Redlands (Calif.)</b>	<b>5.35m</b>	17-6¾ (0.0)	2/17
5	<b>53</b>	Brianna TIRA	FR	<b>#1 Whitworth</b>	<b>5.30m</b>	17-4¾ (1.5)	<b>4/5</b>
6	<b>67</b>	Jada MORRIS	JR	<b>#3 McMurry</b>	<b>5.25m</b>	17-2¾ (0.0)	3/3
6	<b>67</b>	Felicia AKINDE	FR	<b>#8 Pomona-Pitzer</b>	<b>5.25m</b>	17-2¾ (0.1)	<b>4/6</b>
8	<b>69</b>	Christen WILEY	JR	<b>#7 Redlands (Calif.)</b>	{2} <b>5.24m</b>	17-2¼ (1.9)	<b>4/6</b>
9	<b>85</b>	Victoria AZAR	JR	<b>#2 George Fox</b>	<b>5.19mw</b>	17-½ (2.2)	3/23
10	<b>91</b>	Niani JONES	FR	<b>#22 Cal Lutheran</b>	<b>5.18m</b>	17-0 (1.5)	<b>4/6</b>
10	<b>91</b>	Elisabeth EICHINGER	SO	<b>#7 Redlands (Calif.)</b>	{3} <b>5.18m</b>	17-0 (-0.1)	<b>4/5</b>

## Women's Triple Jump

1	<b>2</b>	Joy AREOLA	JR	<b>#9 Trinity (Texas)</b>	<b>12.20m</b>	40-½ (0.0)	3/23
2	<b>30</b>	Ella BOWERS	JR	<b>#8 Pomona-Pitzer</b>	<b>11.22m</b>	36-9¾ (0.0)	<b>4/6</b>
3	<b>32</b>	Isabella PEREIRA	FR	<b>#1 Whitworth</b>	<b>11.21m</b>	36-9½ (1.0)	3/16
4	<b>45</b>	Kyleigh ARCHER	FR	<b>#18 Pacific Lutheran</b>	<b>11.06m</b>	36-3½ (1.8)	3/30
5	<b>70</b>	Kyrstin WILSON	SO	<b>#15 Puget Sound</b>	<b>10.88m</b>	35-8½ (0.5)	3/23
6	<b>72</b>	Niani JONES	FR	<b>#22 Cal Lutheran</b>	<b>10.87m</b>	35-8 (1.4)	3/23
7	<b>84</b>	Nicole PLAYER	JR	<b>#8 Pomona-Pitzer</b>	{2} <b>10.81m</b>	35-5¾ (0.9)	2/24
8	<b>98</b>	Maddy WIETSTRUCK	JR	<b>#9 Trinity (Texas)</b>	{2} <b>10.70m</b>	35-1¼ (1.0)	3/3
9		Maigan ADAMS	JR	<b>#7 Redlands (Calif.)</b>	<b>10.64m</b>	34-11 (-1.0)	3/2
9		Briana MEREDITH	FR	<b>#5 Chapman</b>	<b>10.64m</b>	34-11 (0.0)	<b>4/6</b>

## Women's Shot Put

1	<b>13</b>	Renee TIUMALU	SR	<b>#1 Whitworth</b>	<b>13.43m</b>	44-¾	3/16
2	<b>33</b>	Timony SHERRY	SR	<b>#7 Redlands (Calif.)</b>	<b>12.76m</b>	41-10½	3/15
3	<b>43</b>	Amblessed OKEMGBO	SO	<b>#1 Whitworth</b>	{2} <b>12.60m</b>	41-4¼	3/22
4	<b>46</b>	Kendra HUMPHRIES	FR	<b>#3 McMurry</b>	<b>12.58m</b>	41-3¼	3/16
5	<b>50</b>	Ellena CORWIN	SR	<b>#2 George Fox</b>	<b>12.48m</b>	40-11½	3/23
6	<b>58</b>	Elizabeth JORDAN	JR	<b>#3 McMurry</b>	{2} <b>12.37m</b>	40-7	3/23
7	<b>70</b>	Izzy BOYD	FR	<b>#1 Whitworth</b>	{3} <b>12.26m</b>	40-2¾	3/16
8	<b>79</b>	Teulia ILAIO	FR	<b>#18 Pacific Lutheran</b>	<b>12.15m</b>	39-10½	3/2
9	<b>82</b>	Tori COLMAN	FR	<b>#3 McMurry</b>	{3} <b>12.13m</b>	39-9¾	<b>4/6</b>
10	<b>92</b>	Alicia-Ellalynn SOLIAI	FR	<b>#18 Pacific Lutheran</b>	{2} <b>12.00m</b>	39-4½	3/16



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



West

as of 4/9/2024 7:45:01 AM ET

## Women's Discus

1	<b>12</b>	Amblessed OKEMGBO	SO	<b>#1</b>	Whitworth	<b>43.66m</b>	143-3	3/16
2	<b>25</b>	Noelle CHAVEZ	SR	<b>#7</b>	Redlands (Calif.)	<b>41.50m</b>	136-2	3/2
3	<b>32</b>	Tori COLMAN	FR	<b>#3</b>	McMurry	<b>41.21m</b>	135-3	<b>4/6</b>
4	<b>55</b>	Katelyn SEWELL	FR	<b>#4</b>	Claremont-Mudc	<b>39.59m</b>	129-11	3/15
5	<b>59</b>	Kendra HUMPHRIES	FR	<b>#3</b>	McMurry	{2} <b>39.42m</b>	129-4	3/16
6	<b>67</b>	Graycee MOSLEY	SO	<b>#23</b>	East Texas Bapti	<b>39.15m</b>	128-6	3/23
7	<b>69</b>	Lauryn RAWLS	SR	<b>#1</b>	Whitworth	{2} <b>39.06m</b>	128-2	3/22
8	<b>75</b>	Rachel BELL	FR	<b>#9</b>	Trinity (Texas)	<b>38.55m</b>	126-6	3/23
8	<b>75</b>	Elizabeth RYAN	JR	<b>#3</b>	McMurry	{3} <b>38.55m</b>	126-6	3/23
10	<b>82</b>	Caeli HAVEL	SR	<b>#7</b>	Redlands (Calif.)	{2} <b>38.42m</b>	126-1	3/15

## Women's Hammer

1	<b>35</b>	Tenley GRANT	JR	<b>#12</b>	Willamette	<b>48.37m</b>	158-9	<b>4/6</b>
2	<b>37</b>	Elizabeth CUNNINGHAM	JR	<b>#3</b>	McMurry	<b>48.26m</b>	158-4	<b>4/6</b>
3	<b>38</b>	Elizabeth RYAN	JR	<b>#3</b>	McMurry	{2} <b>48.24m</b>	158-3	<b>4/6</b>
4	<b>47</b>	Antonia HEKSTER	JR	<b>#4</b>	Claremont-Mudc	<b>47.65m</b>	156-4	2/17
5	<b>64</b>	Leslie SERNAQUE FALCON	SR	<b>#7</b>	Redlands (Calif.)	<b>46.29m</b>	151-11	3/15
6	<b>66</b>	Kaitlyn JOHNSON	SR	<b>#2</b>	George Fox	<b>46.19m</b>	151-7	3/9
7	<b>77</b>	Jaelene CHAVEZ	SR	<b>#2</b>	George Fox	{2} <b>45.69m</b>	149-11	<b>4/6</b>
8	<b>83</b>	Julissa RODRIGUEZ	JR	<b>#16</b>	Texas Lutheran	<b>45.45m</b>	149-2	3/23
9	<b>84</b>	Eva WIRTH	JR	<b>#18</b>	Pacific Lutheran	<b>45.30m</b>	148-8	3/16
10		Megan ROBERTSON	SR		Caltech	<b>43.82m</b>	143-9	2/24

## Women's Javelin

1	<b>2</b>	Chrissy STRICKLAND	SR	<b>#2</b>	George Fox	<b>43.11m</b>	141-5	3/23
2	<b>7</b>	Neelie SCHIEL	SO	<b>#23</b>	East Texas Bapti	<b>40.78m</b>	133-10	3/3
3	<b>9</b>	Devyn CHELIN	FR	<b>#1</b>	Whitworth	<b>40.65m</b>	133-5	3/2
4	<b>10</b>	Ellena CORWIN	SR	<b>#2</b>	George Fox	{2} <b>40.57m</b>	133-1	<b>4/6</b>
5	<b>16</b>	Kaiona APIO	SR	<b>#12</b>	Willamette	<b>39.29m</b>	128-11	3/21
6	<b>46</b>	Mattison STAYROOK	SO		Concordia Texas	<b>37.33m</b>	122-6	3/23
7	<b>47</b>	Kendra HUMPHRIES	FR	<b>#3</b>	McMurry	<b>37.07m</b>	121-8	3/3
8	<b>51</b>	Natalie ELLIS	FR	<b>#1</b>	Whitworth	{2} <b>36.93m</b>	121-2	3/22
9	<b>54</b>	Emily BROWN	FR	<b>#1</b>	Whitworth	{3} <b>36.91m</b>	121-1	3/22
10	<b>66</b>	Natalia WILLIAMS	JR		Whittier	<b>36.18m</b>	118-9	<b>4/6</b>

## Women's Heptathlon

1	<b>3</b>	Eleanor BACHMEIER	SR	<b>#7</b>	Redlands (Calif.)	<b>4,521</b>	<b>4/5</b>
2	<b>7</b>	Breanne RAWLS	JR	<b>#1</b>	Whitworth	<b>4,379</b>	3/22
3	<b>10</b>	Elisabeth EICHINGER	SO	<b>#7</b>	Redlands (Calif.)	{2} <b>4,158</b>	<b>4/5</b>
4	<b>11</b>	Kira HAWAABOO	FR	<b>#13</b>	Linfield	<b>4,146</b>	3/22
5	<b>14</b>	Emily BROWN	FR	<b>#1</b>	Whitworth	{2} <b>3,934</b>	3/22
6	<b>18</b>	Breeauna O'REAR	SR	<b>#2</b>	George Fox	<b>3,596</b>	3/22
7	<b>19</b>	Courtney TIERNAN	SO	<b>#10</b>	Pacific (Ore.)	<b>3,546</b>	3/25
8	<b>20</b>	Dylainee CARMONY	FR	<b>#2</b>	George Fox	{2} <b>3,521</b>	3/22
9	<b>21</b>	Jenna HUNTSMAN	SO	<b>#2</b>	George Fox	{3} <b>3,498</b>	3/22
10	<b>23</b>	Erica SNYDER	SO	<b>#12</b>	Willamette	<b>3,382</b>	3/25