



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #4, April 16



East

as of 4/16/2024 8:58:10 AM ET

Women's 100 Meters

1	25	Kianne BENJAMIN	SR	#3 Bowdoin	12.12	(0.3)	4/12
2	34	Simone WAHEED	FR	#4 Colby	12.19	(1.8)	3/30
3	58	Michaina LORISTON	SO	#9 Wheaton (Mass.)	12.32	(1.2)	3/30
4	66	Dorinda OKORJI	JR	#13 UMass Boston	12.35w	(3.0)	3/16
5	68	Jailene ESCALERA	SR	#7 Bridgewater Sta	12.36	(-0.7)	4/7
6	75	Vivienne EVANS	SR	#6 WPI	12.38	(1.7)	4/14
7	86	Wendy WOODEN	SO	#9 Wheaton (Mass.)	12.41w	(2.5)	3/16
8	93	Savanna VARGAS	FR	#9 Wheaton (Mass.)	12.43	(-1.7)	3/30
8	93	Amaris GOODWIN	JR	#11 Gordon (Mass.)	12.43w	(2.7)	3/30
10		Janiah YOUNG	SO	#8 Southern Maine	12.51	(-1.8)	4/13

Women's 100 Meter Hurdles

1	5	Erin DAUGHERTY	JR	#4 Colby	14.10w	(2.3)	4/13
2	13	Aryianna GARCEAU	SO	#13 UMass Boston	14.41	(1.3)	4/13
3	21	Alison MCDONOUGH	SR	#7 Bridgewater Sta	14.59	(0.2)	3/29
4	41	Kiana GOLDBERG	FR	#8 Southern Maine	14.95w	(2.5)	4/6
5	46	Sarah PILLONE	SR	#2 Tufts	15.00	(1.0)	3/30
6	58	Moriah SCHARN	SO	#5 Bates	15.14	(0.0)	4/13
7	64	Amanda CASTALDI	SO	#9 Wheaton (Mass.)	15.18	(0.8)	4/7
8	78	Emma BURR	FR	#17 Thomas (Maine)	15.31	(1.5)	3/1
9	87	Alya CAMPBELL	JR	#10 Brandeis	15.40	(-0.1)	4/12
10	89	Antonia KNOTH	SR	#2 Tufts	{2} 15.43	(0.4)	4/12

Women's 200 Meters

1	32	Kianne BENJAMIN	SR	#3 Bowdoin	25.13	(-0.3)	4/12
2	37	Marina MILLER	JR	#1 MIT	25.19	(1.7)	4/7
3	62	Jailene ESCALERA	SR	#7 Bridgewater Sta	25.33	(1.7)	4/7
4	64	Schylar WYSE	SR	#9 Wheaton (Mass.)	25.35w	(3.3)	3/16
5	80	Kiara ABRANTES	JR	#7 Bridgewater Sta	{2} 25.49	(1.7)	4/7
6		Simone WAHEED	FR	#4 Colby	25.71w	(3.9)	3/30
7		Kiana GOLDBERG	FR	#8 Southern Maine	25.80cu	(26.46u) (1.7)	4/6
8		Kaitlyn EWALD	FR	#4 Colby	{2} 25.82w	(3.3)	4/13
8		JoJo MILLER	FR	#1 MIT	{2} 25.82	(1.7)	4/7
10		Kennedy KIRKLAND	FR	#3 Bowdoin	{2} 25.91	(-0.3)	4/12

Women's 400 Meters

1	19	Marina MILLER	JR	#1 MIT	57.29		3/30
2	21	Kiara ABRANTES	JR	#7 Bridgewater Sta	57.32		4/7
3	35	Kaitlyn EWALD	FR	#4 Colby	57.72		4/13
4	40	Fiona MEJICO	JR	#4 Colby	{2} 57.79		4/13
5	43	Ashley KELEHER	SR	#24 Colby-Sawyer	57.93		4/13
6	45	Olivia DOHERTY	SO	#4 Colby	{3} 57.99		3/30
7	48	Kristina PIZZI	JR	#4 Colby	{4} 58.06		3/23
8	69	Annika KRAL	JR	#2 Tufts	58.58		4/7
9	83	Emily CONCEPCION	JR	#14 Suffolk	58.74		4/8
10	85	Olivia DIAS	JR	#1 MIT	{2} 58.75		4/13

Women's 400 Meter Hurdles

1	4	Fiona MEJICO	JR	#4 Colby	1:01.90		3/30
2	7	Paige COOKSEY	JR	#1 MIT	1:02.62		4/13
3	18	Emma SMITH	JR	#2 Tufts	1:03.97		3/16
4	21	Erin DAUGHERTY	JR	#4 Colby	{2} 1:04.32		3/30
5	24	Maddie LEE	SR	#5 Bates	1:04.67		4/6
6	29	Antonia KNOTH	SR	#2 Tufts	{2} 1:04.95		4/12
7	36	Angela HAGSTROM	JR	#15 Babson	1:05.19		3/16
8	50	Haley WIMS	SR	#4 Colby	{3} 1:05.51		4/13
9	68	Olivia ZARZYCKI	JR	#10 Brandeis	1:06.39		4/12
10		Natalie LIAPIS	FR	#10 Brandeis	{2} 1:07.99		4/7

Women's 800 Meters

1	2	Julia HOWARTH	JR	#1 MIT	2:08.08		4/13
2	7	Grace HADLEY	SR	#6 WPI	2:11.17		4/14
3	54	Krystal MONTGOMERY	SO	#1 MIT	{2} 2:16.23		4/7
4	75	Meagan ROWLETT	JR	#1 MIT	{3} 2:17.52		4/7
5	90	Kylie MUSANTE	SO	#5 Bates	2:18.21		3/30
6		Hannah RISKO	JR	#18 Endicott	2:19.45		4/6
7		Olivia DOHERTY	SO	#4 Colby	2:20.30		3/23
8		Marielle GOGANIAN	FR	#4 Colby	{2} 2:20.76		3/23
9		Megan DIULUS	FR	#1 MIT	{4} 2:20.83		4/7
10		Chloe CLIFFORD	SO	#15 Babson	2:20.88		3/16

Women's 1500 Meters

1	1	Grace HADLEY	SR	#6 WPI	4:17.61		4/14
2	39	Rujuta SANE	SO	#1 MIT	4:37.43		4/13
3	46	Chrissy AMAN	SR	#5 Bates	4:39.39		4/13
4	47	Christina CROW	JR	#1 MIT	{2} 4:39.79		4/13
5	55	Heather JENSEN	FR	#1 MIT	{3} 4:40.97		4/7
6	86	Kirsi RAJAGOPAL	JR	#1 MIT	{4} 4:43.56		4/7
7	89	Ella WHINNEY	SO	#12 Wellesley	4:44.00		3/16
8	95	Caitlin GUILFOYLE	SR	#6 WPI	{2} 4:44.35		4/13
9		Kahryn CULLENBERG	SR	#5 Bates	{2} 4:46.18		4/6
10		Katya HENISZ	FR	#2 Tufts	4:46.33		4/7

Women's Steeplechase

1	20	Liv GIRAND	FR	#1 MIT	10:59.61		4/13
2	31	Heather JENSEN	FR	#1 MIT	{2} 11:18.25		4/13
3	35	Ella WHINNEY	SO	#12 Wellesley	11:21.61		4/13
4	54	Alexandra DEAN	SO	#2 Tufts	11:34.47		4/12
5	91	Simone BEAUCHAMP	SO	#12 Wellesley	{2} 11:47.07		4/13
6	92	Ella WARKENTINE	SO	#10 Brandeis	11:47.10		4/12
7		Neena GOLDTHWAITE	SR	#3 Bowdoin	11:57.05		4/12
8		Sophia CARPENTER	FR	#2 Tufts	{2} 12:02.93		4/12
9		Ava DOWLING	JR	Husson	12:09.01		4/13
10		Alexa SUCHY	FR	#18 Endicott	12:11.97		4/6



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East

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Women's 5000 Meters

1	26	Rachel BRENNAN	SR	#11 Gordon (Mass.)	17:03.77	4/14
2	53	Kate SANDERSON	SO	#1 MIT	17:24.43	4/7
3	61	Isabel MAY	SR	#5 Bates	17:31.21	4/13
4	77	Stephanie CHUN	SR	#3 Bowdoin	17:39.68	3/23
5	86	Kahryn CULLENBERG	SR	#5 Bates	{2} 17:41.60	3/30
6		Abby MUELLER	SR	#3 Bowdoin	{2} 17:46.39	4/12
7		Phoebe POHL	JR	#5 Bates	{3} 17:46.42	4/13
8		Naomi CASS	SO	#7 Bridgewater Sta	17:47.05	4/13
9		Grace OGDEN	SO	#2 Tufts	17:52.19	4/12
10		Margaret ST JOHN	SR	#20 Keene State	17:54.99	4/13

Women's 10,000 Meters

1	3	Grace HADLEY	SR	#6 WPI	34:06.68	3/30
2	10	Rachel BRENNAN	SR	#11 Gordon (Mass.)	35:16.00	3/29
3	41	Isabel MAY	SR	#5 Bates	37:04.00	3/23
4	52	Jaz VANDERHOOF	SO	#9 Wheaton (Mass.)	37:52.23	4/13
5	57	Phoebe POHL	JR	#5 Bates	{2} 38:03.26	3/23
6	59	Nina PARZIALE	JR	#16 Univ. of New Eng	38:11.07	4/13
7	61	Tori BACALL	SO	#3 Bowdoin	38:13.72	3/23
8	70	Emily BRYDGES	SO	#12 Wellesley	38:34.69	4/13
9	76	Grace FURLONG	SR	#20 Keene State	38:50.18	4/13
10	80	Madeline HUH	SR	#2 Tufts	38:56.29	3/30

Women's 4x100 Relay

1	6	Erin Daugherty, Fiona Mejico, Simone Waheed, Kaitlyn Ewald	#4 Colby	47.23	4/13
2	10	Savanna Vargas, Schyler Wyse, Amanda Castaldi, Michaina Loriston	#9 Wheaton (Mass.)	47.49	3/16
3	38	Alison McDonough, Jailene Escalera, Kiara Abrantes, Tristen Gomes	#7 Bridgewater Sta	48.56	4/7
4	72	Smiley Huynh, Elizabeth Korn, Shaniece Nugent, Alya Campbell	#10 Brandeis	49.67	4/12
5	75	Jainaba Conteh, Hilma Ortega, Emily Concepcion, Amanda Walden	#14 Suffolk	49.74	4/13
6	78	Sarah Pillone, Annika Kral, Nyla Thompson, Simi Lawal	#2 Tufts	49.84	4/12
7		Reese Gallant, Ashna Kirshnamurthy, Robyn Wilkes, Angela Hagstrom	#15 Babson	50.40	4/13
8		Sara Maeve Klingensmith, Merete Ogah, Taylor Quayee, Ria Goveas	#12 Wellesley	50.47	3/16
9		Dorinda Okorji, JHnelle Evans, Ivalissa Depina, Aryianna Garceau	#13 UMass Boston	50.69	4/13
10		Elizabeth Gaskill, Amaris Goodwin, Allison Subat, Emily Bengtson	#11 Gordon (Mass.)	50.72	4/13
10		Corryn Fisher, Vivienne Evans, Jazmyn Ewing, Leithsa Dimanche	#6 WPI	50.72	4/6



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Women's 4x400 Relay

1	2	Marina Miller, Paige Cooksey, Olivia Dias, Julia Howarth	#1 MIT	3:46.69	3/30
2	5	Haley Wims, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	#4 Colby	3:51.76	3/30
3	40	Harper Meek, Annika Kral, Antonia Knoth, Emma Smith	#2 Tufts	4:01.82	4/12
4	58	Catherine Uwakwe, Olivia Rayis, Kennedy Kirkland, Kianne Benjamin	#3 Bowdoin	4:05.77	4/12
5	72	Hannah Bohbot-Dridi, Elizabeth Korn, Shaniece Nugent, Olivia Zarzycki	#10 Brandeis	4:07.73	3/30
6	87	Lia Traficonte, Kylie Musante, Leah White, Maddie Lee	#5 Bates	4:10.01	3/30
7	92	Colleen Corman, Chloe Clifford, Brooke Jankowski, Angela Hagstrom	#15 Babson	4:10.41	3/16
8		Schylar Wyse, Jessica Dickson, Kristen DiBella, Kate Wickenheisser	#9 Wheaton (Mass.)	4:13.65	3/30
9		Charlie Barron, Aoife Fitzgerald, Ella Whinney, Sara Maeve Klingensmith	#12 Wellesley	4:15.12	4/13
10		Colleen McLaughlin, Hannah Shepard, Gabby Peniche, Julia MacLaine	#18 Endicott	4:17.77	4/13

Women's High Jump

1	7	Serenity SANDS	SR	#7 Bridgewater Sta	1.68m	5-6	4/7
2	19	Olivia JALBERT	SR	#8 Southern Maine	1.63m	5-4 $\frac{1}{4}$	4/13
3	24	Lexi KING	FR	#2 Tufts	1.62m	5-3 $\frac{3}{4}$	4/7
3	24	Harper MEEK	SR	#2 Tufts	1.62m	5-3 $\frac{3}{4}$	4/7
3	24	Tolu AKINBO	JR	#1 MIT	1.62m	5-3 $\frac{3}{4}$	4/7
3	24	Makany CAMARA	JR	#21 Fitchburg State	1.62m	5-3 $\frac{3}{4}$	3/30
7	67	Amanda BORDEN	SR	#6 WPI	1.58m	5-2 $\frac{1}{4}$	4/6
8	85	Sophie SEGAL	FR	#10 Brandeis	1.57m	5-1 $\frac{3}{4}$	4/7
8	85	Katherine KEMPF	SO	#1 MIT	{2} 1.57m	5-1 $\frac{3}{4}$	4/7
8	85	Hialeah FOSTER	FR	#13 UMass Boston	1.57m	5-1 $\frac{3}{4}$	3/30
8	85	Brooklyn GOFF	SR	#23 Saint Joseph's (I	1.57m	5-1 $\frac{3}{4}$	4/13
8	85	Amalia TOUTZIARIDI	FR	#1 MIT	{2} 1.57m	5-1 $\frac{3}{4}$	4/7
8	85	Juliana PATRONE	SR	#7 Bridgewater Sta	{2} 1.57m	5-1 $\frac{3}{4}$	4/7

Women's Pole Vault

1	6	Charlotte HODGE	JR	#3 Bowdoin	3.83m	12-6 $\frac{3}{4}$	3/23
2	8	Hailey SURACE	SO	#1 MIT	3.80m	12-5 $\frac{1}{2}$	4/7
2	8	Sarah FIRTH	JR	#2 Tufts	3.80m	12-5 $\frac{1}{2}$	3/16
4	21	Smiley HUYNH	JR	#10 Brandeis	3.65m	11-11 $\frac{3}{4}$	4/7
5	32	Emma GALL	FR	#2 Tufts	{2} 3.55m	11-7 $\frac{3}{4}$	4/12
6	45	Katelyn HOWARD	SO	#1 MIT	{2} 3.48m	11-5	4/13
7	71	Lena TANG	FR	#2 Tufts	{3} 3.35m	10-11 $\frac{3}{4}$	3/16
8		Nyla THOMPSON	JR	#2 Tufts	{4} 3.25m	10-8	4/7
8		Devyn BATTISTONI	FR	#14 Suffolk	3.25m	10-8	3/30
8		Alisha ANDERSON	JR	#10 Brandeis	{2} 3.25m	10-8	3/30
8		Kara SICKLE	SO	#14 Suffolk	3.25m	10-8	3/30
8		Sophie MAGUIRE	SO	#3 Bowdoin	{2} 3.25m	10-8	3/23

Women's Long Jump

1	29	Alison MCDONOUGH	SR	#7 Bridgewater Sta	5.49m	18- $\frac{1}{4}$ (-0.8)	4/7
2	35	Dorinda OKORJI	JR	#13 UMass Boston	5.45mw	17-10 $\frac{3}{4}$ (3.8)	4/8
3	72	Jordan ANDREW	JR	#2 Tufts	5.31mw	17-5 $\frac{1}{4}$ (2.1)	4/7
4	76	Ciara ADU-ADD	FR	Worcester State	5.30m	17-4 $\frac{3}{4}$ (0.4)	4/8
5	84	Olivia JALBERT	SR	#8 Southern Maine	5.27m	17-3 $\frac{1}{2}$ (0.8)	4/13
6		Hialeah FOSTER	FR	#13 UMass Boston	{2} 5.14m	16-10 $\frac{1}{2}$ (1.3)	4/8
7		Emma BURR	FR	#17 Thomas (Maine)	5.13m	16-10 (0.0)	3/1
8		Emma MARTIN	JR	#1 MIT	5.12mw	16-9 $\frac{3}{4}$ (2.8)	4/13
9		Jenna ALBANESE	SR	#3 Bowdoin	5.11m	16-9 $\frac{1}{4}$ (1.6)	4/12
10		Brooklyn GOFF	SR	#23 Saint Joseph's (I	5.08m	16-8 (-0.1)	3/30
10		Ashna KIRSHNAMURTHY	SO	#15 Babson	5.08m	16-8 (0.1)	3/16

Women's Triple Jump

1	23	Shaniece NUGENT	SO	#10 Brandeis	11.60m	38- $\frac{3}{4}$ (1.2)	4/7
2	36	Nony OTU UGWU	SO	#1 MIT	11.36m	37-3 $\frac{3}{4}$ (-2.0)	4/7
3	38	Desiree ROBINSON	JR	#25 Emmanuel (Mas)	11.31m	37-1 $\frac{1}{4}$ (0.9)	3/30
4	49	Ashley KELEHER	SR	#24 Colby-Sawyer	11.19m	36-8 $\frac{1}{2}$ (0.0)	3/30
5	87	Sarah PILLONE	SR	#2 Tufts	10.94m	35-10 $\frac{3}{4}$ (0.2)	3/16
6		Tristen GOMES	JR	#7 Bridgewater Sta	10.89m	35-8 $\frac{3}{4}$ (1.6)	4/7
7		Jordan ANDREW	JR	#2 Tufts	{2} 10.84m	35-6 $\frac{3}{4}$ (0.3)	3/16
8		Maelynn UGOKWE	SR	#2 Tufts	{3} 10.83m	35-6 $\frac{1}{2}$ (2.0)	3/30
9		Trista SICARD	SO	#15 Babson	10.76m	35-3 $\frac{3}{4}$ (0.0)	3/16
10		Tamia DUBIDAD	SO	#2 Tufts	{4} 10.72m	35-2 (1.9)	3/16

Women's Shot Put

1	1	Alexis BOYKIN	JR	#1 MIT	15.15m	49-8 $\frac{1}{2}$	4/13
2	25	Emily BALL	JR	#1 MIT	{2} 13.12m	43- $\frac{1}{2}$	4/7
3	32	Zoe BARNES	JR	#8 Southern Maine	12.98m	42-7	4/6
4	52	Tiana FOX	SO	#11 Gordon (Mass.)	12.63m	41-5 $\frac{1}{4}$	3/30
5	67	Jaigan BOUDREAU	JR	#8 Southern Maine	{2} 12.39m	40-7 $\frac{3}{4}$	3/30
6		Ginger ARNOLD	FR	#3 Bowdoin	11.68m	38-4	4/12
7		Mardy NOVAK	FR	#3 Bowdoin	{2} 11.53m	37-10	3/23
8		Morgan COLLINS	SR	#6 WPI	11.43m	37-6	4/6
9		Jadah STOKES	FR	Worcester State	11.42m	37-5 $\frac{3}{4}$	4/8
10		Emma GIBBENS	JR	#3 Bowdoin	{3} 11.34m	37-2 $\frac{1}{2}$	3/23



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East

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Women's Discus

1	3	Alexis BOYKIN	JR	#1 MIT	48.90m	160-5	4/7
2	6	Emily BALL	JR	#1 MIT	{2} 46.08m	151-2	4/13
3	26	Zoe BARNES	JR	#8 Southern Maine	42.45m	139-3	3/30
4	63	Macy BRENNAN	FR	#1 MIT	{3} 39.86m	130-9	4/7
5	77	Mary DISANTO	SR	#17 Thomas (Maine)	39.15m	128-6	4/13
6	81	Morgan COLLINS	SR	#6 WPI	39.01m	128-0	4/14
7	87	Jaigan BOUDREAU	JR	#8 Southern Maine	{2} 38.64m	126-9	3/30
8		Ephemian BAILEY	JR	#21 Fitchburg State	36.14m	118-7	4/13
8		Lily SIEGELMAN	FR	#1 MIT	{4} 36.14m	118-7	4/7
10		Mardy NOVAK	FR	#3 Bowdoin	35.90m	117-10	4/12

Women's Hammer

1	2	Alexis BOYKIN	JR	#1 MIT	57.23m	187-9	4/13
2	47	Emily BALL	JR	#1 MIT	{2} 48.21m	158-2	4/7
3	60	Anika WAGNER	SO	#9 Wheaton (Mass.)	47.35m	155-4	3/16
4	64	Carli CIAVARELLI	SO	#5 Bates	47.06m	154-5	3/30
5		Emily HESKETH	FR	#19 UMass Dartmouth	44.67m	146-7	4/13
6		Alma MACKIC	SR	#5 Bates	{2} 44.18m	145-0	4/13
7		Alivia GERAGHTY	FR	#11 Gordon (Mass.)	43.63m	143-2	4/6
8		Macy BRENNAN	FR	#1 MIT	{3} 43.36m	142-3	4/13
9		Corinne AHERN	SR	#3 Bowdoin	43.03m	141-2	4/12
10		Maja NIELSEN	JR	#2 Tufts	42.78m	140-4	4/7

Women's Javelin

1	10	Elizabeth MATTICOLI	SR	#6 WPI	40.93m	134-4	4/14
2	32	Emily DOYLE	SR	#12 Wellesley	38.76m	127-2	4/13
3	35	Elaine WANG	SO	#1 MIT	38.62m	126-9	3/30
4	39	Katy GORDEN	SO	#6 WPI	{2} 38.38m	125-11	4/6
5	49	Emily BALL	JR	#1 MIT	{2} 37.55m	123-3	4/7
6	62	Riley REITCHEL	SO	#8 Southern Maine	36.95m	121-3	4/13
7	75	Corinne AHERN	SR	#3 Bowdoin	36.42m	119-6	4/12
8	91	Julia RENY	JR	#17 Thomas (Maine)	35.50m	116-6	3/8
9		Samantha PERKINS	JR	#22 Regis (Mass.)	35.01m	114-11	4/8
10		Ginger ARNOLD	FR	#3 Bowdoin	{2} 34.94m	114-8	4/12

Women's Heptathlon

1	23	Livia KOZICK	SR	#5 Bates	4,112	4/12
2	24	Madelyn SILVEIRA	SR	#2 Tufts	3,983	3/15
3	26	Rose JENKINS	FR	#3 Bowdoin	3,930	4/12
4	29	Brooklyn GOFF	SR	#23 Saint Joseph's (I	3,872	4/13
5	40	Inga DOVRE	JR	#3 Bowdoin	{2} 3,553	4/12
6	48	Tessa PLAYER	FR	#2 Tufts	{2} 3,477	3/15
7	53	Sydney SPIVY	SR	#2 Tufts	{3} 3,363	3/15
8	55	Anna YANG	SO	#3 Bowdoin	{3} 3,301	4/12
9	57	Lauren COUTU	SO	#6 WPI	3,214	4/11
10	59	Izabella HAAGENSON	JR	#16 Univ. of New Eng	3,117	4/13



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Great Lakes

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Women's 100 Meters

1	4	Avery CAMPBELL	SR #18 Albion	11.85w	(2.7)	4/13
2	9	Genevieve ARNOLD	JR #8 John Carroll	11.98w	(2.7)	4/13
3	22	Kenadee WAYT	SR #3 Mount Union	12.11	(0.2)	4/13
4	32	Sara SCHERMERHORN	SO #5 Hope	12.17	(1.5)	4/13
5	41	Madjo DOUMBIA	JR #1 Centre	12.22w	(2.8)	3/30
6	47	Meghan FRAZIER	JR #6 Wittenberg	12.25w	(3.0)	4/13
7	58	Bri HAY	FR #9 Baldwin Wallace	12.32	(1.8)	4/13
8	83	Mackenzie MILLER	JR #15 Trine	12.40w	(2.4)	4/13
9	93	Anaya JOLIVETTE	JR #14 Denison	12.43	(-1.4)	4/13
10	99	Abby COLLIER	JR #9 Baldwin Wallace{2}	12.44w	(2.1)	3/23

Women's 100 Meter Hurdles

1	18	Daysia HARGRAVE	JR #12 Wooster	14.48w	(3.2)	4/13
2	22	Nayaisha EDMOND	SR #18 Albion	14.62w	(2.3)	4/13
3	33	Katie MOORE	JR #2 DePauw	14.83w	(2.4)	3/16
4	68	Narindwa SEMAKULA	SO #17 Rose-Hulman	15.21	(0.7)	4/6
5	84	Elizabeth MASON	FR #3 Mount Union	15.36w	(2.2)	4/6
6	92	Olyvia ASHBROOK	JR #4 Ohio Northern	15.44	(0.6)	4/6
7	100	Liberty SCOTT	FR #2 DePauw {2}	15.52	(0.7)	4/6
8		Alison MUCK	SO Franklin	15.58	(0.7)	4/13
9		Trezure BATES	FR Hiram	15.61	(0.2)	4/13
10		Olivia BEAN	SR Heidelberg	15.64w	(2.3)	4/13
10		Genevieve ARNOLD	JR #8 John Carroll	15.64w	(2.2)	4/6
10		Grace MISIUNAS	SO #7 Case Western Re	15.64	(0.8)	4/6

Women's 200 Meters

1	2	Sara SCHERMERHORN	SO #5 Hope	24.45	(1.0)	4/13
2	8	Avery CAMPBELL	SR #18 Albion	24.61	(1.1)	4/13
3	12	Kenadee WAYT	SR #3 Mount Union	24.75	(1.2)	3/30
4	16	Madjo DOUMBIA	JR #1 Centre	24.82	(1.9)	3/30
5	27	Olivia SPARKS	FR Transylvania	25.05	(1.9)	3/30
6	38	Abby COLLIER	JR #9 Baldwin Wallace	25.20	(0.8)	3/30
7	65	Meghan FRAZIER	JR #6 Wittenberg	25.36	(-2.2)	4/13
8	76	Shelby STALL	FR #2 DePauw	25.46	(1.3)	3/16
9	80	Kymiah BLAIR	JR #23 Berea (Ky.)	25.49	(-2.1)	4/12
10	83	Haleigh WILLISON	JR #6 Wittenberg {2}	25.53	(-1.3)	3/30

Women's 400 Meters

1	2	Kenadee WAYT	SR #3 Mount Union	55.08		3/30
2	7	Sophia ELLERKMANN	SR #14 Denison	56.30		4/6
3	22	Meghan FRAZIER	JR #6 Wittenberg	57.33		4/6
4	24	Catherine LEAHY	SO #5 Hope	57.44		4/6
5	31	Madison MILES	JR #3 Mount Union {2}	57.64		4/13
6	39	Shelby STALL	FR #2 DePauw	57.78		3/30
7	56	Abby COLLIER	JR #9 Baldwin Wallace	58.29		4/13
8	62	Tymeerah DE'ARMOND	SO #6 Wittenberg {2}	58.48		4/13
9	67	Olivia SPARKS	FR Transylvania	58.50		4/12
10	68	Hope MURPHY	JR #9 Baldwin Wallace{2}	58.52		4/6

Women's 400 Meter Hurdles

1	13	Katie MOORE	JR #2 DePauw	1:03.44		3/16
2	34	Genevieve LEGAWIEC	FR #11 Otterbein	1:05.08		4/13
3	51	Janea BOTTINELLI	JR #1 Centre	1:05.55		4/6
4	66	Aliisa JAMES	JR #13 Ohio Wesleyan	1:06.30		3/23
5	73	Maria DA CUNHA	SO Capital	1:06.58		4/13
6	74	Daysia HARGRAVE	JR #12 Wooster	1:06.64		3/30
7	76	JJ HERRON	SR #4 Ohio Northern	1:06.76		4/13
8	77	Olyvia ASHBROOK	JR #4 Ohio Northern {2}	1:06.77		4/13
9	83	Liberty SCOTT	FR #2 DePauw {2}	1:06.99		4/13
10	84	London ELDRIDGE	JR Olivet	1:07.00		3/29

Women's 800 Meters

1	4	Hope MURPHY	JR #9 Baldwin Wallace	2:10.30		4/14
2	11	Mary MASON	JR #3 Mount Union	2:12.00		4/14
3	40	Kenadee WAYT	SR #3 Mount Union {2}	2:15.40		4/6
4	42	Emme KOUTZ	SR Adrian	2:15.44		4/13
5	51	Ellie KITSMILLER	JR #8 John Carroll	2:15.91		4/13
6	58	Anna BROWN	SO #25 Kenyon	2:16.28		3/30
7	59	Annalise GRAMMEL	SR #2 DePauw	2:16.30		4/13
8	71	Emma JACOBS	JR #2 DePauw {2}	2:17.27		4/13
9	73	Amberleigh SORENSEN	SR #19 Hanover	2:17.32		3/30
10	76	Celia COCCA	JR #16 Allegheny (Pa.)	2:17.53		4/14

Women's 1500 Meters

1	6	Hope MURPHY	JR #9 Baldwin Wallace	4:29.06		4/14
2	35	Claire EBERHARDT	JR #8 John Carroll	4:36.74		4/13
3	36	Amberleigh SORENSEN	SR #19 Hanover	4:36.79		3/30
4	37	Olivia QUILLAN	SR #5 Hope	4:37.23		3/29
5	43	Faith DUNCAN	SO #22 Wilmington (Ohi)	4:38.69		4/6
6	62	Morgan EDWARDS	JR #8 John Carroll {2}	4:41.83		4/6
7	66	Gianini VENUTO	JR #3 Mount Union	4:42.21		4/6
8	74	Sophie PORTER	JR #2 DePauw	4:42.78		4/13
9	78	Sage REDDISH	JR #21 Oberlin	4:43.04		4/13
10	87	Bailey PUCKETT	SO #15 Trine	4:43.78		4/13

Women's Steeplechase

1	5	Sophia BULL	SO #10 Calvin	10:44.70		3/29
2	14	Jenna ALLMAN	SR #10 Calvin {2}	10:51.34		3/29
3	24	Maddy STRUCK	JR #5 Hope	11:11.03		3/16
4	25	Ayla GRABENBAUER	SO #7 Case Western Re	11:12.61		3/30
5	29	Athena THARENOS	SR #12 Wooster	11:17.48		4/6
6	34	Marrin CRIST	JR #16 Allegheny (Pa.)	11:20.59		4/14
7	41	Eliza MEDEARIS	SR #21 Oberlin	11:25.38		4/14
8	63	Natalie TEBBEN	JR #10 Calvin {3}	11:36.82		3/29
9	88	Kendall MANN	JR #2 DePauw	11:46.25		4/6
10		Natalie ARMBRUSTER	SO #4 Ohio Northern	11:48.86		4/13



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Women's 5000 Meters

1	7	Faith DUNCAN	SO	#22	Wilmington (Ohi	16:34.92	3/29
2	12	Rebecca MARKHAM	SR	#5	Hope	16:50.48	4/13
3	23	Sophie PORTER	JR	#2	DePauw	17:00.49	4/6
4	36	Jenna ALLMAN	SR	#10	Calvin	17:14.19	4/13
5	38	Lauren IAGNEMMA	SO	#7	Case Western Re	17:15.05	4/14
6	44	Hope MURPHY	JR	#9	Baldwin Wallace	17:19.43	3/30
7	57	Lily MONNETT	JR	#2	DePauw {2}	17:29.08	3/29
8	62	Madison STONESTREET	SO	#23	Berea (Ky.)	17:31.59	4/5
9	65	Sophie BOULDIN	SO	#1	Centre	17:32.85	3/16
10	69	Kennedy RADER	SO	#4	Ohio Northern	17:36.05	4/14

Women's 10,000 Meters

1	9	Rebecca MARKHAM	SR	#5	Hope	35:11.54	3/29
2	14	Sophie PORTER	JR	#2	DePauw	35:36.75	3/29
3	15	Sophie BOULDIN	SO	#1	Centre	35:40.15	3/29
4	30	Kennedy RADER	SO	#4	Ohio Northern	36:35.80	3/29
5	32	Ashley HOCKSTOK	JR	#4	Ohio Northern {2}	36:41.09	3/29
6	36	Hope MURPHY	JR	#9	Baldwin Wallace	36:50.80	3/23
7	38	Emma HAWK	SO	#6	Wittenberg	36:58.51	3/29
8	49	Athena THARENOS	SR	#12	Wooster	37:40.36	3/30
9	54	Grace FLORES	FR	#2	DePauw {2}	37:53.52	3/29
10	62	Sarah WELDON	JR	#8	John Carroll	38:16.00	4/13

Women's 4x100 Relay

1	22	Dae Dae Nash, Madison Miles, Kalie Campbell, Kenadee Wayt	#3	Mount Union	48.04	4/6
2	28	Amari Robinson, Jasmine Claunch, Chloe Hein, Madjo Doubbia	#1	Centre	48.31	4/6
3	41	Zora Shakhani, Jenna Delp, Lindsey Magoteaux, Haleigh Willison	#6	Wittenberg	48.64	3/30
4	44	Ava Schmidt, Catherine Leahy, Jasmine Zimmerman, Sara Schermerhorn	#5	Hope	48.71	4/6
5	46	Genevieve Arnold, Mia Scott, Kaleigh McNamara, Rosie Murray	#8	John Carroll	48.78	4/6
6	56	Aniyah Small, Emma Forker, Kaleigh Machino, Mackenzie Miller	#15	Trine	49.05	4/6
7	58	Chloe Gibson, Kendra Krichbaum, Stacey Legg, Paige Simpson	#4	Ohio Northern	49.17	4/13
8	71	Olivia Boe, Lillian Boston, Elizabeth Raborn, Shelby Stall	#2	DePauw	49.63	4/13
9	76	Sarah Mazzei, Addystin Lykins, Liberty Brock, Amarah McPhaul	#13	Ohio Wesleyan	49.83	4/13
10	83	Haley Cook, Chloe Sutton, Madison Dietz, Rachel Spanfeller	#22	Wilmington (Ohi	49.90	4/13
10	83	Bri Hay, Morgan Aloii, Alanna Barnett, Abby Collier	#9	Baldwin Wallace	49.90	4/13



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Women's 4x400 Relay

1	12	Madison Miles, Mary Mason, Elizabeth Funkhouser, Kenadee Wayt	#3	Mount Union	3:55.13	3/30
2	16	Catherine Leahy, Erin Moran, Jasmine Zimmerman, Sara Schermerhorn	#5	Hope	3:56.25	4/6
3	24	Shelby Stall, Annalise Gammel, Liberty Scott, Katie Moore	#2	DePauw	3:57.30	3/30
4	27	Janea Bottinelli, Chloe Hein, Ainsley Wilson, Madjo Doumbia	#1	Centre	3:58.67	3/30
5	34	Sophia Ellerkmann, Piper Lee, Anaya Jolivet, Tessa Gerhardt	#14	Denison	4:00.79	4/13
6	35	Abigail Danne, DeYanna Champion, Tymeerah De'Armond, Delaney Tackett	#6	Wittenberg	4:01.01	4/13
7	41	Kristin Fischli, Ashyia Maddickes, Kymiah Blair, Liberte Mack	#23	Berea (Ky.)	4:02.34	4/6
8	56	Liberty Brock, Addystin Lykins, Katelyn Stapleton, Ashley Beatty	#13	Ohio Wesleyan	4:05.61	4/13
9	62	Rosie Murray, Ellie Kitsmiller, Sara Gennuso, Claire Eberhardt	#8	John Carroll	4:06.44	4/6
10	71	Lily Wolfe, JJ Herron, Leah Heitkamp, Olyvia Ashbrook	#4	Ohio Northern	4:07.59	4/13

Women's High Jump

1	2	Alexis WEBER	FR	#11	Otterbein	1.70m	5-7	4/6
2	36	Rylee GORRELL	FR	#9	Baldwin Wallace	1.61m	5-3¼	4/13
3	39	Julissa WILLIAMS	JR	#6	Wittenberg	1.60m	5-3	4/13
3	39	Serena MCNEILLY	FR	#1	Centre	1.60m	5-3	4/6
5	62	Drew PATTERSON	SR	#12	Wooster	1.59m	5-2½	4/6
5	62	Hayden HILL	SR	#21	Oberlin	1.59m	5-2½	4/6
7	67	Ciara HESLET	JR		Adrian	1.58m	5-2¼	3/30
7	67	Allison SCHRAM	JR	#5	Hope	1.58m	5-2¼	4/13
7	67	Taylor WEISS	JR	#6	Wittenberg	{2} 1.58m	5-2¼	4/13
10		Laney DUFF	FR	#3	Mount Union	1.56m	5-1¼	4/13
10		Isabel FERGUSON	FR	#15	Trine	1.56m	5-1¼	4/13
10		Amanda RADKE	JR	#11	Otterbein	{2} 1.56m	5-1¼	3/30

Women's Pole Vault

1	1	Peyton PROFFITT	SO	#11	Otterbein	4.00m	13-1½	3/23
2	7	Claire SCHWELLER	SO	#4	Ohio Northern	3.81m	12-6	4/6
3	10	Emily THOMPSON	SO	#24	Marietta	3.76m	12-4	4/13
4	20	Holly SCHREIBER	FR	#7	Case Western Re	3.66m	12-0	4/13
5	29	Tiffany HIX	SO	#6	Wittenberg	3.60m	11-9¾	4/13
6	41	Jessica MASON	FR	#3	Mount Union	3.51m	11-6¼	3/23
7	57	Kayla MCADAMS	JR	#3	Mount Union	{2} 3.44m	11-3½	4/13
8	59	Katie SEINEN	SO	#10	Calvin	3.40m	11-1¾	4/6
9	67	Annalyse AMES	FR	#3	Mount Union	{3} 3.39m	11-1½	4/13
10	71	Corinne INKLEY	FR	#16	Allegheny (Pa.)	3.35m	10-11¾	3/30
10	71	Annie WANK	FR	#7	Case Western Re	{2} 3.35m	10-11¾	3/30
10	71	Victoria ZHAO	JR	#7	Case Western Re	{2} 3.35m	10-11¾	3/30
10	71	Claire COLEMAN	SO	#13	Ohio Wesleyan	3.35m	10-11¾	3/23

Women's Long Jump

1	4	Chloe HEIN	FR	#1	Centre	5.79mw	19-0 (2.3)	3/30
2	50	Jasmine CLAUNCH	SR	#1	Centre	{2} 5.36m	17-7 (0.0)	3/16
3	55	Genevieve ARNOLD	JR	#8	John Carroll	5.35m	17-6¾ (0.0)	3/30
4	63	Jenna DELP	FR	#6	Wittenberg	5.33m	17-6 (0.2)	4/13
5	68	Chloe GIBSON	JR	#4	Ohio Northern	5.32m	17-5½ (1.6)	4/13
6	84	Mackenzie MILLER	JR	#15	Trine	5.27m	17-3½ (0.0)	4/6
6	84	Anaya JOLIVETTE	JR	#14	Denison	5.27m	17-3½ (0.0)	3/30
8		Rofiat ADEYEMI	SR	#17	Rose-Hulman	5.23m	17-2 (-0.2)	3/30
9		Emma FORKER	SO	#15	Trine	{2} 5.21mw	17-1¼ (2.1)	4/13
10		Lexi WACHTMAN	JR		Heidelberg	5.20mw	17-¾ (2.6)	3/23

Women's Triple Jump

1	3	Jasmine CLAUNCH	SR	#1	Centre	12.38m	40-7½ (-0.9)	3/30
2	12	Serena MCNEILLY	FR	#1	Centre	{2} 12.00mw	39-4½ (2.5)	3/30
3	32	Paula SORIC	JR	#25	Kenyon	11.40m	37-5 (1.0)	3/16
3	32	Shelby SMITH	SR	#1	Centre	{3} 11.40m	37-5 (1.9)	3/30
5	42	Emma FEHRMAN	JR	#24	Marietta	11.22m	36-9¾ (0.0)	4/13
6	61	Kyra HICKS	SR	#17	Rose-Hulman	11.07m	36-4 (0.0)	4/13
7	66	Rofiat ADEYEMI	SR	#17	Rose-Hulman	{2} 11.05mw	36-3 (2.8)	3/16
8	71	Sara GENNUSO	FR	#8	John Carroll	11.04m	36-2¾ (0.1)	4/6
9	74	Genevieve ARNOLD	JR	#8	John Carroll	{2} 11.00m	36-1¼ (0.0)	3/30
10	94	Sarah OZEKI	JR	#7	Case Western Re	10.91m	35-9½ (1.7)	3/16
10	94	Emily HOPKINS	JR	#7	Case Western Re	10.91mw	35-9½ (2.4)	4/13

Women's Shot Put

1	5	Jessie STENGER	JR	#19	Hanover	14.21m	46-7½	4/13
2	7	Carley CAMP	JR	#20	Manchester	13.99m	45-10¾	4/13
3	28	Makayla SITZLAR	SO	#3	Mount Union	13.03m	42-9	4/13
4	29	Greta ROBRAHN	JR	#5	Hope	13.01m	42-8¼	4/6
5	30	Izzy BURMAN	JR	#4	Ohio Northern	12.99m	42-7½	4/14
6	43	Amyah CHOSA	FR	#9	Baldwin Wallace	12.80m	42-0	4/13
7	55	Lauren FOUTCH	SR	#1	Centre	12.61m	41-4½	3/30
8	57	Makenna RUDY	FR	#3	Mount Union	{2} 12.59m	41-3¾	3/23
9	60	Laila DAVIS	JR	#16	Allegheny (Pa.)	12.54m	41-1¾	4/14
10	91	Emma MILLER	JR	#16	Allegheny (Pa.)	{2} 12.23m	40-1½	4/13



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Women's Discus

1	16	Jessie STENGER	JR #19	Hanover	43.49m	142-8	3/30
2	17	Carley CAMP	JR #20	Manchester	43.45m	142-7	3/30
3	28	Lauren FOUTCH	SR	#1 Centre	42.37m	139-0	4/12
4	29	Sidney RAMBO	JR	#3 Mount Union	42.17m	138-4	4/13
5	48	Lindsey KOSSICK	JR #10	Calvin	41.14m	135-0	4/13
6	51	Hannah FRIEND	JR	#4 Ohio Northern	40.75m	133-9	4/6
7	66	Samantha SELLERS	JR	#4 Ohio Northern {2}	39.45m	129-5	3/30
8	70	Izzy BURMAN	JR	#4 Ohio Northern {3}	39.40m	129-3	3/30
9	81	Brigid MACK	JR	Franciscan	39.01m	128-0	4/6
10	85	Abby CANNON	SR #21	Oberlin	38.92m	127-8	4/6

Women's Hammer

1	18	Ainsley WIESNER	SR #12	Wooster	51.37m	168-7	4/13
2	23	Carley CAMP	JR #20	Manchester	50.64m	166-2	4/13
3	34	Lauren ROSKUSZKA	JR #7	Case Western Re	48.93m	160-7	3/16
4	36	Lauren FOUTCH	SR	#1 Centre	48.75m	159-11	3/30
5	41	Laila DAVIS	JR #16	Allegheny (Pa.)	48.59m	159-5	4/14
6	54	Izzy BURMAN	JR	#4 Ohio Northern	47.73m	156-7	4/6
7	58	Kylee SILVERMAN	SR #14	Denison	47.46m	155-9	4/13
8	65	Amy POLLACK	SR #14	Denison {2}	47.02m	154-3	4/13
9	74	Abby CANNON	SR #21	Oberlin	46.76m	153-5	4/6
10	75	Kylie RATHBUN	SR #17	Rose-Hulman	46.75m	153-5	4/13

Women's Javelin

1	21	Adrienne WACHTMAN	JR #7	Case Western Re	39.42m	129-4	3/16
2	25	Delayne SANCHEZ	JR #20	Manchester	39.12m	128-4	3/30
3	42	Lauren ROSKUSZKA	JR #7	Case Western Re{2}	37.94m	124-6	3/30
4	44	Madalyn HUDNALL	SO	Mount St. Josepl	37.72m	123-9	3/30
5	50	Jill WILHELM	SO	Mount St. Josepl{2}	37.47m	122-11	3/30
6	54	Elizabeth LUBOLD	SO #16	Allegheny (Pa.)	37.37m	122-7	3/30
7	65	Angie BAWEK	FR #16	Allegheny (Pa.) {2}	36.92m	121-2	3/30
8	71	Alexis GIBSON	JR	Earlham	36.61m	120-2	3/30
9	77	Aaliyah JONES	SR #17	Rose-Hulman	36.40m	119-5	3/30
10	78	Hazel JOLLIFF	SO #13	Ohio Wesleyan	36.38m	119-4	4/13

Women's Heptathlon

1	54	Charlie DOLLIVER	SO #11	Otterbein	3,335		3/16
2	58	Amanda RADKE	JR #11	Otterbein	{2} 3,153		3/30



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Metro

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Women's 100 Meters

1	28	Maria MUZZARELLI	JR	#4 Widener	12.14	(1.7)	4/14
2	51	Rebecca KNEPPEL	JR	#9 Ramapo	12.27	(1.4)	3/30
3	64	Diana BOA	SR	#19 York (N.Y.)	12.34	(1.4)	3/30
4	75	Molly LODGE	JR	#1 Rowan	12.38	(-0.6)	3/30
5	86	Laura MATHEWS	SR	#6 Stevens	12.41	(0.1)	4/6
6		Ashanae MORRISON	JR	#3 Stockton	12.55	(-1.9)	4/13
7		Michelle ITOUA	SO	#15 Montclair State	12.56	(1.0)	3/30
8		Mackenzie BURKE	FR	#2 TCNJ	12.59w	(3.7)	3/30
9		Mya WALKER	FR	#1 Rowan {2}	12.60w	(2.2)	3/16
10		Reyanna HENDERSON	JR	#18 New Jersey City	12.64w	(3.1)	4/13

Women's 100 Meter Hurdles

1	4	Laura MATHEWS	SR	#6 Stevens	13.94	(0.2)	4/13
2	19	Eliza BRUNCAJ	JR	#2 TCNJ	14.49	(1.0)	4/13
3	24	Kristen WILLIAMS	SR	#6 Stevens {2}	14.68	(0.5)	4/13
4	40	Maya RICHWINE	FR	#11 Muhlenberg	14.92	(1.3)	3/30
5	65	Samantha WECHSLER	FR	#8 Ursinus	15.19	(1.9)	4/14
6		Carmelle ALEXIS	JR	#10 Rutgers-Newark	15.61	(0.5)	4/13
7		Mackenzie BURKE	FR	#2 TCNJ {2}	15.65	(0.5)	4/13
8		Gloria HUGHES	JR	#1 Rowan	15.81	(-1.4)	3/16
9		Hannah SWALE	SO	#7 Swarthmore	15.96	(-0.6)	4/13
10		Sarah SCEPKOWSKI	SO	#2 TCNJ {3}	16.03	(1.5)	4/13

Women's 200 Meters

1	7	Rebecca KNEPPEL	JR	#9 Ramapo	24.59w	(2.8)	3/30
2	9	Laura MATHEWS	SR	#6 Stevens	24.64	(-1.1)	3/30
3	15	Diana BOA	SR	#19 York (N.Y.)	24.81w	(2.7)	3/30
4	46	Zrreyah MOORE	SR	#10 Rutgers-Newark	25.25w	(2.8)	4/13
5	67	Maria MUZZARELLI	JR	#4 Widener	25.38	(0.7)	4/14
6	69	Abigail GIAMONI	JR	#5 Moravian	25.41	(0.7)	4/6
7	90	Molly LODGE	JR	#1 Rowan	25.58	(0.0)	4/6
8	93	Kathleen PEDERSEN	SR	#1 Rowan {2}	25.61	(0.1)	3/16
9		Mariam KOITA	FR	#4 Widener {2}	25.75w	(2.8)	4/13
10		Emily CAMLET	SO	#13 Drew	25.78w	(2.8)	3/30

Women's 400 Meters

1	14	Nevaeh LORJUSTE	JR	#1 Rowan	56.92		3/30
2	26	Zrreyah MOORE	SR	#10 Rutgers-Newark	57.49		4/13
3	34	Molly LODGE	JR	#1 Rowan {2}	57.70		4/6
4	73	Rebecca KNEPPEL	JR	#9 Ramapo	58.64		4/13
5	88	Maria MUZZARELLI	JR	#4 Widener	58.76		3/30
6	97	Abigail GIAMONI	JR	#5 Moravian	58.92		4/6
7		Isabel THORNBERRY	SR	#12 Haverford	59.24		4/13
8		Kelly BARR	SO	#4 Widener {2}	59.29		4/13
9		Isabella SHANLEY	FR	#6 Stevens	59.57		3/30
10		Olivia D'AULERIO	SO	#12 Haverford {2}	59.69		4/6

Women's 400 Meter Hurdles

1	6	Molly LODGE	JR	#1 Rowan	1:02.26		4/13
2	10	Eliza BRUNCAJ	JR	#2 TCNJ	1:03.05		3/30
3	19	Emma PETROLIA	SO	#3 Stockton	1:04.01		4/13
4	53	Sarah DOUGHERTY	SR	#20 FDU Florham	1:05.81		3/30
5	75	Mackenzie BURKE	FR	#2 TCNJ {2}	1:06.70		3/22
6	79	Brianna DESANTO	FR	#1 Rowan {2}	1:06.82		3/16
7		Kaelin RYAN	SO	#8 Ursinus	1:08.01		3/30
8		Carmelle ALEXIS	JR	#10 Rutgers-Newark	1:08.30		4/13
9		Abigail PETROLIA	FR	#3 Stockton {2}	1:08.56		4/13
10		Elise DANIEL	JR	#4 Widener	1:09.27		3/30
10		Brya BYRD	SR	#10 Rutgers-Newark {2}	1:09.27		4/13

Women's 800 Meters

1	18	Kayla KASS	SO	#3 Stockton	2:12.61		4/13
2	26	Dale LEONARD	FR	#9 Ramapo	2:13.74		4/6
3	88	Anna SASSE	JR	#1 Rowan	2:18.18		4/13
4		Gianna BURGIO	SO	#1 Rowan {2}	2:19.70		3/30
5		Donna HOLT	JR	#4 Widener	2:19.87		3/30
6		Amanda MCNALLY	SR	#1 Rowan {3}	2:20.28		3/16
7		Meghan CARROLL	JR	#8 Ursinus	2:20.60		3/30
8		Courtney HUMPHREYS	SR	#24 Neumann	2:20.79		4/13
9		Isabel THORNBERRY	SR	#12 Haverford	2:20.92		3/30
10		Nina BURDEN	JR	#6 Stevens	2:21.18		4/13

Women's 1500 Meters

1	21	Dale LEONARD	FR	#9 Ramapo	4:34.39		4/13
2		Anna SASSE	JR	#1 Rowan	4:46.55		3/16
3		Ally WERNIK	FR	#1 Rowan {2}	4:47.08		4/13
4		Amanda MCNALLY	SR	#1 Rowan {3}	4:51.06		3/30
5		Micah GORDLEY	SR	#17 Arcadia	4:51.41		4/6
6		Tara SMURLA	SO	#5 Moravian	4:53.88		3/30
7		Gianna BURGIO	SO	#1 Rowan {4}	4:53.93		3/30
8		Kayla KASS	SO	#3 Stockton	4:55.29		3/30
9		Jezena APONTE	FR	#18 New Jersey City	4:55.38		4/6
10		Cameron WRIGHT	SR	#1 Rowan {5}	4:55.44		3/16

Women's Steeplechase

1	32	Anna SASSE	JR	#1 Rowan	11:19.59		4/6
2	64	Sophia GOODWIN	FR	#7 Swarthmore	11:37.27		4/13
3	75	Amber PONIATERA	JR	#5 Moravian	11:40.44		4/14
4	78	Emily ZANNI	FR	#1 Rowan {2}	11:42.48		4/6
5	90	Rachael GOODMAN	JR	#5 Moravian {2}	11:46.77		4/14
6		Haley ESTUS	JR	#14 DeSales	11:51.96		4/6
7		Olivia HARRIS	SR	#3 Stockton	11:55.50		4/13
8		Molly BOSSDORF	JR	#2 TCNJ	12:03.54		4/6
9		Rachel ROUSE	SO	#6 Stevens	12:13.18		4/6
10		Savannah SHAW	SO	#12 Haverford	12:14.24		4/13



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Metro

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Women's 5000 Meters

1	51	Gabriella NYE	SR	#4	Widener	17:23.53	4/14
2		Tara SMURLA	SO	#5	Moravian	17:55.98	3/23
3		Anna SASSE	JR	#1	Rowan	18:12.06	3/30
4		Kate RICE	SO	#13	Drew	18:12.16	3/30
5		Ally WERNIK	FR	#1	Rowan	{2} 18:15.22	3/30
6		Cassidy QUINN	SR	#2	TCNJ	18:19.07	3/30
7		Mia GUERRA	SR	#1	Rowan	{3} 18:24.71	3/30
8		Haley ESTUS	JR	#14	DeSales	18:24.84	3/23
9		Micah GORDLEY	SR	#17	Arcadia	18:25.13	3/30
10		Cameron WRIGHT	SR	#1	Rowan	{4} 18:27.83	3/30

Women's 10,000 Meters

1	25	Tara SMURLA	SO	#5	Moravian	36:08.51	4/14
2	77	Gabriella NYE	SR	#4	Widener	38:51.90	3/30
3	85	Aubrey JOHNSON	SR	#15	Montclair State	39:00.79	3/30
4		Liz EGAN	JR	#4	Widener	{2} 40:13.04	3/30
5		Guinevere KENNEDY	SO	#3	Stockton	40:36.25	3/30
6		Nicole ARITA	SR	#2	TCNJ	40:55.95	4/6
7		Nina VIGLIANTI	JR	#14	DeSales	41:09.03	3/23
8		Meghan MYERS	SO	#5	Moravian	{2} 41:33.44	4/14
9		Isabella CAMPIGLIA	SO	#3	Stockton	{2} 41:51.39	3/30
10		Julianna WATSON	JR	#12	Haverford	42:08.15	3/30

Women's 4x100 Relay

1	32	#Type!	#10	Rutgers-Newark	48.47	4/13
2	67	#Type!	#2	TCNJ	49.52	4/13
3	68	#Type!	#8	Ursinus	49.56	3/30
4	82	#Type!	#6	Stevens	49.86	4/13
5		Emma Conroy, Ashanae Morrison, Cameron Radcliffe, Khristina Washington	#3	Stockton	50.20	3/22
6		Ashley Gordon, Rebecca Kneppel, Jianna Gorospe, Isabel Crespo	#9	Ramapo	50.33	4/6
7		Brooke Driver, Mya Walker, Kayla Julien, Brianna DeSanto	#1	Rowan	50.40	4/6
8		Shai Knight, Abigail Giamoni, Rachele Grigoli, Alexis Groff	#5	Moravian	50.51	3/30
9		#Type!	#17	Arcadia	51.39	3/30
10		Faith Williams, Alexa Ali, Jealynne Ramos, Michelle Itoua	#15	Montclair State	51.62	3/30

Women's 4x400 Relay

1	7	Molly Lodge, Jasmine Pope, Kathleen Pedersen, Nevaeh Lorjuste	#1	Rowan	3:53.45	4/13
2	15	Erin Hanlon, Eliza Bruncaj, Kelsey Thomas, Amanda Demko	#2	TCNJ	3:55.95	3/30
3	64	Isabel Crespo, Rebecca Kneppel, Barbara Exilus, Dale Leonard	#9	Ramapo	4:06.59	4/6
4	73	Emma Conroy, Abigail Petrolia, Emma Petrolia, Kayla Sullivan	#3	Stockton	4:07.74	3/30
5	78	Olivia D'Aulerio, Dominique Monroy, Anastasia Jaycobs, Isabel Thornberry	#12	Haverford	4:08.37	4/13
6	93	#Type!	#8	Ursinus	4:10.52	4/6
7		#Type!	#4	Widener	4:11.58	4/13
8		#Type!	#18	New Jersey City	4:13.89	4/13
9		Odalys Guerrero-dominguez, Michelle Itoua, Alexa Ali, Jealynne Ramos	#15	Montclair State	4:14.35	3/30
10		Rachele Grigoli, Ashley Rodrigues, Shai Knight, Abigail Giamoni	#5	Moravian	4:14.97	3/30

Women's High Jump

1	24	Melina CHRISTODOULOU	SR	#13	Drew	1.62m	5-3¾	3/30
2	39	Avery MCNULTY	SO	#11	Muhlenberg	1.60m	5-3	4/13
2	39	Alexis GROFF	SR	#5	Moravian	1.60m	5-3	3/30
4	62	Sarah SCEPKOWSKI	SO	#2	TCNJ	1.59m	5-2½	4/13
4	62	Laura MATHEWS	SR	#6	Stevens	1.59m	5-2½	4/13
6	67	Trelstad T	JR	#7	Swarthmore	1.58m	5-2¼	3/16
7	85	Caroline TIGHE	JR	#6	Stevens	{2} 1.57m	5-1¾	4/6
7	85	Kaitlyn VERVER	JR	#3	Stockton	1.57m	5-1¾	3/30
7	85	Kayley HARNETT	JR	#2	TCNJ	{2} 1.57m	5-1¾	3/22
10		Ali HAEFELE	SO	#5	Moravian	{2} 1.52m	4-11¾	3/30
10		Maya LAPINSKI	FR	#6	Stevens	{3} 1.52m	4-11¾	3/30



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Women's Pole Vault

1	69	Alexis MEROLA	SO	#6 Stevens	3.36m	11-¼	4/6
2		Emma MELE	JR	#14 DeSales	3.20m	10-6	3/23
2		Madison FEY	JR	#3 Stockton	3.20m	10-6	3/30
4		Savannah STEGER	JR	#4 Widener	3.15m	10-4	3/30
5		Julia DAKWAR	SR	#2 TCNJ	3.11m	10-2½	4/6
6		Juniper BAUROTH-SHERMAN	SO	#8 Ursinus	3.00m	9-10	3/30
6		Paige CARPENTER	SR	#16 Eastern (Pa.)	3.00m	9-10	4/6
8		Emerson DIRK	FR	#2 TCNJ	{2} 2.85m	9-4¼	4/13
8		Stephanie RYAZANOVA	SO	#6 Stevens	{2} 2.85m	9-4¼	3/30
8		Alice CREED	SR	#12 Haverford	2.85m	9-4¼	3/30
8		Maya SCANNELL	FR	#2 TCNJ	{2} 2.85m	9-4¼	4/13

Women's Long Jump

1	6	Rainah DUNHAM	SR	#8 Ursinus	5.73m	18-9¾ (0.0)	3/30
2	15	Laura MATHEWS	SR	#6 Stevens	5.60m	18-4½ (0.1)	4/13
3	33	Sage HENDERSHOT	FR	#13 Drew	5.46m	17-11 (0.1)	3/30
4	46	Kayla ROBINSON	FR	#4 Widener	5.39m	17-8¼ (0.0)	3/30
5	60	Samantha WECHSLER	FR	#8 Ursinus	{2} 5.34mw	17-6¼ (2.2)	4/6
6	82	Lia MALAVE	FR	#2 TCNJ	5.28m	17-4 (2.0)	3/22
7		Sidney WHETSTONE	JR	#1 Rowan	5.20m	17-¾ (0.0)	3/30
8		Rasheeda GURLEY	SR	#19 York (N.Y.)	5.17mw	16-11½ (2.2)	3/30
9		Shira GAMSON	SO	#11 Muhlenberg	5.15mw	16-10¾ (3.6)	4/13
10		Kathleen GSELL	FR	#2 TCNJ	{2} 5.14mw	16-10½ (2.4)	3/22

Women's Triple Jump

1	2	Rainah DUNHAM	SR	#8 Ursinus	12.51m	41-½ (1.7)	4/14
2	21	Ali HAEFELE	SO	#5 Moravian	11.66mw	38-3¼ (3.0)	3/30
3	27	Samantha WECHSLER	FR	#8 Ursinus	{2} 11.53mw	37-10 (2.9)	4/14
4	42	Ashanae MORRISON	JR	#3 Stockton	11.22m	36-9¾ (2.0)	3/30
5	61	Khristina WASHINGTON	SR	#3 Stockton	{2} 11.07m	36-4 (0.7)	3/30
6	64	Sophia GOODWIN	FR	#7 Swarthmore	11.06mw	36-3½ (2.1)	3/16
7	87	Kristen WILLIAMS	SR	#6 Stevens	10.94mw	35-10¾ (2.4)	4/13
8		Shira GAMSON	SO	#11 Muhlenberg	10.88mw	35-8½ (3.3)	4/13
9		Kayla ROBINSON	FR	#4 Widener	10.83m	35-6½ (0.4)	4/6
10		Mia PEGUERO	SR	#15 Montclair State	10.69m	35-1 (-1.9)	3/30
10		Shanice WILLIAMS	SO	#11 Muhlenberg	{2} 10.69mw	35-1 (3.6)	3/30

Women's Shot Put

1	22	Isabelle DEAL	SR	#1 Rowan	13.22m	43-4½	3/16
2	44	Kayla ROBINSON	FR	#4 Widener	12.77m	41-10¾	4/13
3	49	Tate GARCIA	SO	#7 Swarthmore	12.68m	41-7¼	4/13
4	89	Kerri MCCARTHY	JR	#2 TCNJ	12.24m	40-2	4/13
5	96	Edith GONZALEZ	SR	#2 TCNJ	{2} 12.15m	39-10½	3/30
6		Jacqueline ALLEN	SR	#8 Ursinus	11.88m	38-11¾	4/6
7		Shanil AUGUSTE	SR	#10 Rutgers-Newark	11.55m	37-10¾	4/13
8		grace VIT	JR	#1 Rowan	{2} 11.43m	37-6	4/13
9		Jessica REILLY	JR	#2 TCNJ	{3} 11.22m	36-9¾	4/13
10		Savana DODD	FR	#16 Eastern (Pa.)	11.13m	36-6¼	4/13

Women's Discus

1	42	Lydia MORRIS-KLIMENT	FR	#7 Swarthmore	41.49m	136-2	3/16
2	49	Michaela POMATTO	SO	#3 Stockton	41.06m	134-9	4/13
3	66	Tate GARCIA	SO	#7 Swarthmore	{2} 39.45m	129-5	3/30
4	72	Margie RAYNE	SO	#5 Moravian	39.36m	129-2	4/6
5		Hannah KIM	FR	#23 Pratt Institute	38.22m	125-5	4/13
6		Caillie FISH	JR	#5 Moravian	{2} 37.79m	124-0	4/6
7		Kaydence FISCHER	FR	#2 TCNJ	37.47m	122-11	3/30
8		Ashley MULIAWAN	JR	#6 Stevens	36.46m	119-8	4/6
9		Jessica REILLY	JR	#2 TCNJ	{2} 34.77m	114-1	4/6
10		Alexis MARINI	SR	#21 Rutgers-Camder	34.63m	113-8	4/13

Women's Hammer

1	20	Isabel RODRIGUEZ	SO	#4 Widener	51.03m	167-5	4/6
2	32	Alexis MARINI	SR	#21 Rutgers-Camder	49.26m	161-8	4/13
3	56	Jessica REILLY	JR	#2 TCNJ	47.62m	156-3	4/13
4	71	Faith FEZENKO	SR	#11 Muhlenberg	46.89m	153-10	4/6
5	90	Kerri MCCARTHY	JR	#2 TCNJ	{2} 45.48m	149-3	4/13
6		Caillie FISH	JR	#5 Moravian	44.20m	145-0	3/30
7		Quamora PROCTOR	JR	#3 Stockton	44.03m	144-6	4/6
8		Isabella FREDA	JR	#3 Stockton	{2} 43.96m	144-3	3/30
9		Edith GONZALEZ	SR	#2 TCNJ	{3} 43.62m	143-2	4/13
10		Jacqueline ALLEN	SR	#8 Ursinus	42.58m	139-9	4/6

Women's Javelin

1	16	Isabelle DEAL	SR	#1 Rowan	40.42m	132-8	3/9
2	26	Megan CAMPANILE	FR	#3 Stockton	39.09m	128-3	4/6
3	44	Victoria DONOVAN	SR	#5 Moravian	37.72m	123-9	4/13
4	68	Maya LATERZA	SO	#20 FDU Florham	36.87m	121-0	3/30
5	94	Trelstad T	JR	#7 Swarthmore	35.35m	116-0	4/6
6		Lily LORIO	SR	#2 TCNJ	34.78m	114-1	3/30
7		Jess RODGERS	SR	#1 Rowan	{2} 34.68m	113-10	3/30
8		Annalise STEPHENS	JR	#2 TCNJ	{2} 32.77m	107-6	3/22
9		Hannah SWALE	SO	#7 Swarthmore	{2} 32.51m	106-8	4/6
10		Sadie TRUBILLA	SO	#25 Cedar Crest	31.90m	104-8	3/30

Women's Heptathlon

1	4	Laura MATHEWS	SR	#6 Stevens	4,823	4/13
2	19	Kayla ROBINSON	FR	#4 Widener	4,234	4/13
3	28	Hannah SWALE	SO	#7 Swarthmore	3,880	4/6
4	31	Sarah SCEPKOWSKI	SO	#2 TCNJ	3,778	4/13
5	32	Theresa KERVICK	SR	#4 Widener	{2} 3,757	4/13
6	37	Samantha WECHSLER	FR	#8 Ursinus	3,675	4/6
7	41	Isabella SHANLEY	FR	#6 Stevens	{2} 3,550	4/13
8	62	Ashley ADAMES	JR	#18 New Jersey City	3,032	4/13
9	76	Erin MCGAULEY	SO	#2 TCNJ	{2} 2,806	4/13
10	81	Mazzy CIRINELLI	SO	#13 Drew	2,697	4/13



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Mid-Atlantic

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Women's 100 Meters

1	20	Lauren PHILLIPS	JR	#1 Johns Hopkins	12.06w	(2.8)	4/6
2	22	Sara PENUELA	SR	#3 Dickinson	12.11w	(2.4)	4/14
3	53	Victoria KADIRI	SR	#1 Johns Hopkins {2}	12.29	(1.6)	4/6
4	58	Jessica FATIGATI	SR	#4 Westminster (Pa)	12.32w	(2.2)	4/6
5		Emma RUDOLPH	SR	#4 Westminster (Pa){2}	12.47	(-0.3)	4/11
6		Alexa RINE	SR	#2 Susquehanna	12.50	(1.6)	4/6
7		Arwyn GRUENWALD	SO	#16 Messiah	12.59	(1.6)	4/6
8		Mariana PENUELA	SR	#3 Dickinson {2}	12.61	(-1.1)	4/14
8		Ray ASIEDU	FR	#21 Goucher	12.61	(-1.2)	3/29
10		Molly WAGNER	JR	Carlow (Pa.)	12.63	(0.2)	4/5

Women's 100 Meter Hurdles

1	2	Chloe YODER	SR	#2 Susquehanna	13.89w	(2.7)	4/12
2	27	Elizabeth BARRE	SR	#5 Carnegie Mellon	14.75w	(2.4)	3/23
3	29	Hannah ALDERFER	JR	#2 Susquehanna {2}	14.80	(1.0)	4/12
4	30	Victoria KADIRI	SR	#1 Johns Hopkins	14.81	(1.5)	3/30
5	55	Sarah SCHNEIDER	SO	#10 Washington & Je	15.10w	(2.3)	4/6
6	58	Breannnda DAVIS	SR	#4 Westminster (Pa)	15.14w	(2.5)	4/13
7	89	Lauren DUNNIGAN	FR	#19 Franklin & Marst	15.43	(1.7)	4/6
8		Darya MIKUSOVA	SR	#3 Dickinson	15.66	(-1.5)	4/6
9		Victoria ZULTEVICZ	JR	#6 King's College (F	15.80	(0.7)	4/12
10		Jadyn HARTNER	SR	#10 Washington & Je{2}	15.89w	(2.5)	4/13

Women's 200 Meters

1	53	Aurielle BRUNNER	JR	#15 Chatham	25.29w	(2.8)	4/6
2	74	Chloe YODER	SR	#2 Susquehanna	25.45	(0.2)	4/6
3	77	Jessica FATIGATI	SR	#4 Westminster (Pa)	25.47w	(3.3)	4/13
4		Emma RUDOLPH	SR	#4 Westminster (Pa){2}	25.69	(0.8)	4/11
5		Emerlee SIMONS	SR	#3 Dickinson	25.74	(0.1)	4/14
6		Sara PENUELA	SR	#3 Dickinson {2}	25.75	(0.7)	4/6
7		Victoria KADIRI	SR	#1 Johns Hopkins	25.90	(-0.7)	4/14
8		Jocelyn SMITH	FR	#14 Scranton	25.99	(0.7)	4/6
9		Arwyn GRUENWALD	SO	#16 Messiah	26.01	(0.2)	4/6
10		Molly WAGNER	JR	Carlow (Pa.)	26.27w	(3.3)	4/13

Women's 400 Meters

1	17	Kelty OASTER	SR	#9 Elizabethtown	57.06		4/14
2	62	Anna ZAESKE	SR	#1 Johns Hopkins	58.48		4/14
3	89	Lianne SAUSSY	SO	#1 Johns Hopkins {2}	58.77		4/14
4		Emerlee SIMONS	SR	#3 Dickinson	59.68		3/27
5		Tanise THORNTON-FILLYAW	SO	#21 Goucher	59.77		3/27
6		Isabella RHEE	SR	#5 Carnegie Mellon	1:00.86		4/6
6		Katie MORGAN	JR	#20 McDaniel	1:00.86		3/29
8		Jenna ZENDRON	FR	#4 Westminster (Pa)	1:01.20		3/30
9		Elizabeth BARRE	SR	#5 Carnegie Mellon{2}	1:01.62		3/23
10		Kristin GALLAGHER	SR	#8 Misericordia	1:01.96		4/5

Women's 400 Meter Hurdles

1	3	Darya MIKUSOVA	SR	#3 Dickinson	1:00.49		4/14
2	9	Elizabeth BARRE	SR	#5 Carnegie Mellon	1:03.03		3/30
3	31	Jadyn HARTNER	SR	#10 Washington & Je	1:05.02		4/13
4	58	Breannnda DAVIS	SR	#4 Westminster (Pa)	1:06.00		4/6
5	84	Sarah SCHNEIDER	SO	#10 Washington & Je{2}	1:07.00		3/16
6		Tatum EVANS	SR	#19 Franklin & Marst	1:07.97		4/13
7		Lillian BOUDREAU	SO	#12 Gettysburg	1:08.18		3/23
8		Payton MANN	JR	#18 York (Pa.)	1:08.21		4/12
9		Clara BENNER	SO	#16 Messiah	1:09.31		3/27
10		Molly WHITE	SO	#14 Scranton	1:09.32		4/6

Women's 800 Meters

1	5	Annie HUANG	JR	#1 Johns Hopkins	2:10.45		4/14
2	13	Kelty OASTER	SR	#9 Elizabethtown	2:12.05		4/14
3	30	Tanise THORNTON-FILLYAW	SO	#21 Goucher	2:14.11		4/14
4	39	Grace MORNINGSTAR	FR	#8 Misericordia	2:15.34		4/14
5	40	Isabella RHEE	SR	#5 Carnegie Mellon	2:15.40		4/14
6	44	Emma KOTHARI	SO	#1 Johns Hopkins {2}	2:15.48		4/14
7	48	Lorna ARCESE	SO	#1 Johns Hopkins {3}	2:15.69		4/14
8	50	Mackenzie SETTON	SO	#1 Johns Hopkins {4}	2:15.71		4/14
9	53	Jacqueline LIU	SO	#5 Carnegie Mellon{2}	2:16.02		4/14
10	56	Miranda CINCOTTA	SO	#25 Saint Vincent	2:16.26		4/14

Women's 1500 Meters

1	19	Mackenzie SETTON	SO	#1 Johns Hopkins	4:34.14		4/14
2	96	Adriana CATALANO	SO	#1 Johns Hopkins {2}	4:44.53		4/14
3		Callie JONES	SR	#1 Johns Hopkins {3}	4:47.45		3/30
4		Sarah CONANT	SR	#1 Johns Hopkins {4}	4:47.52		3/30
5		Amiyah PRIEBE	JR	#3 Dickinson	4:47.55		4/6
6		Jacqueline LIU	SO	#5 Carnegie Mellon	4:47.88		3/30
7		Eleni ALVAREZ	JR	#1 Johns Hopkins {5}	4:48.27		4/6
8		Miranda CINCOTTA	SO	#25 Saint Vincent	4:48.49		3/16
9		Sara STEPHENSON	SR	#1 Johns Hopkins {6}	4:49.17		3/30
10		Isis DIAZ	SO	#1 Johns Hopkins {7}	4:49.20		4/14

Women's Steeplechase

1	23	Sara STEPHENSON	SR	#1 Johns Hopkins	11:08.11		4/6
2	38	Amiyah PRIEBE	JR	#3 Dickinson	11:22.72		4/14
3	50	Charlotte KRATOVL-LAVELLE	SR	#3 Dickinson {2}	11:30.47		4/14
4	52	Cooper BROTHERTON	SO	#1 Johns Hopkins {2}	11:32.14		3/30
5	67	Eleni ALVAREZ	JR	#1 Johns Hopkins {3}	11:38.81		3/30
6	72	Bailey MULLEN	SR	#20 McDaniel	11:39.97		4/6
7	98	Ella LYLE	JR	#11 Grove City	11:48.13		4/13
8	100	Callie JONES	SR	#1 Johns Hopkins {4}	11:48.48		4/6
9		Carys COOK	SO	#12 Gettysburg	11:54.70		4/6
10		Sarah CONANT	SR	#1 Johns Hopkins {5}	12:03.11		4/6



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Women's 5000 Meters

1	37	Sara STEPHENSON	SR	#1	Johns Hopkins	17:14.20	4/14
2	66	Orit SHIANG	SO	#5	Carnegie Mellon	17:32.98	4/14
3	74	Izzy NOBILLI	SO	#1	Johns Hopkins {2}	17:38.60	4/6
4	92	Adriana CATALANO	SO	#1	Johns Hopkins {3}	17:43.47	4/6
5		Claire ANDERSON	SO	#10	Washington & Je	17:47.05	3/23
6		Grace GALLAGHER	SO	#8	Misericordia	17:47.51	3/30
7		Carmen MEDVIT	SO	#17	Geneva	17:49.24	4/14
8		Aisling CALLAHAN	SO	#1	Johns Hopkins {4}	17:49.95	4/14
9		Amiyah PRIEBE	JR	#3	Dickinson	17:50.88	3/27
10		Cera GASTON	SR	#23	Alvernia	17:51.67	3/23

Women's 10,000 Meters

1	23	Izzy NOBILLI	SO	#1	Johns Hopkins	36:00.13	4/14
2	28	Grace GALLAGHER	SO	#8	Misericordia	36:24.66	4/14
3	29	Cera GASTON	SR	#23	Alvernia	36:33.10	4/14
4	48	Anna BODMER	FR	#13	Salisbury	37:31.90	3/16
5	67	Alyssa HOFFMAN	JR	#5	Carnegie Mellon	38:27.12	4/14
6	69	Anna WARMACK	SR	#1	Johns Hopkins {2}	38:30.64	4/14
7	82	Elyse TANCINI	FR	#12	Gettysburg	39:00.19	4/6
8	84	Sammy jo BARNES	SR	#3	Dickinson	39:00.55	4/14
9	88	Bella STENHOUSE	FR	#1	Johns Hopkins {3}	39:02.77	4/14
10	94	Coyla BARTHOLOMEW	SO	#7	Lebanon Valley	39:11.42	3/30

Women's 4x100 Relay

1	37	Chloe Zhang, Lauren Phillips, Anna Zaeske, Victoria Kadiri	#1	Johns Hopkins	48.55	4/6
2	50	Jessica Fatigati, Emma Rudolph, Madison Conley, Breannnda Davis	#4	Westminster (Pa)	48.92	3/16
3	60	Hannah Alderfer, Chloe Yoder, Addison Yaukey, Alexa Rine	#2	Susquehanna	49.23	3/23
4	66	#Type!	#3	Dickinson	49.50	4/6
5	100	Abigail Reed, Darrian Berkheimer, Alyssa Peiffer, Mileyska Calderon	#7	Lebanon Valley	50.17	3/27
6		Keziah Boyce, Natalie Cottrell, Angela Nuse, Payton Mann	#18	York (Pa.)	50.93	3/27
7		Angel Bidgell, Katie Morgan, Sophia Leone, Anna Rando	#20	McDaniel	50.94	4/6
8		Jarrett Wagner, Sara Rich, Ash Rich, Kate Bendall	#9	Elizabethtown	51.12	4/6
9		#Type!	#14	Scranton	51.13	4/6
10		Anna Stroup, Sarah Schneider, Audrey Chapman, Jadyn Hartner	#10	Washington & Je	51.45	4/13

Women's 4x400 Relay

1	10	Lianne Saussy, Annie Huang, Lauren Phillips, Anna Zaeske	#1	Johns Hopkins	3:53.98	4/6
2	45	#Type!	#3	Dickinson	4:02.68	4/6
3	77	Isabella Rhee, Emily Lannen, Jiahui Tang, Emma Nilson	#5	Carnegie Mellon	4:08.20	3/30
4		Aurielle Brunner, Kendall Sirignano, Molly Standing, Piper Young	#15	Chatham	4:11.82	4/13
5		Miranda Guthrie, Lily Murphy, Caroline Kozera, Miranda Cincotta	#25	Saint Vincent	4:12.22	3/16
6		Rebecca Christophel, Olivia Barbacci, Ashley Alfree, Camille McRoberts		Juniata	4:12.31	4/13
7		Avery Arrizi, Savannah Owens, Ariat Ojulu, Brittney Douglas	#24	St. Mary's (Md.)	4:14.31	3/30
8		Ashley Newman, Caitlyn Kuhn, Liza Levin, Chloe Yoder	#2	Susquehanna	4:14.34	4/12
9		#Type!	#14	Scranton	4:14.50	4/6
10		#Type!		Albright	4:15.37	4/6

Women's High Jump

1	5	Breannnda DAVIS	SR	#4	Westminster (Pa)	1.69m	5-6½	4/13
2	19	Aurielle BRUNNER	JR	#15	Chatham	1.63m	5-4¼	4/12
3	39	Victoria KADIRI	SR	#1	Johns Hopkins	1.60m	5-3	4/14
3	39	Katie BALLER	SR	#11	Grove City	1.60m	5-3	4/13
5	85	Madison ARMITAGE	JR	#6	King's College (F	1.57m	5-1¾	4/12
5	85	Madison LAMB	FR	#13	Salisbury	1.57m	5-1¾	3/2
7		Emily ORIEL	SO	#7	Lebanon Valley	1.56m	5-1¼	3/23
8		Elly BRUNER	FR	#11	Grove City {2}	1.55m	5-1	4/13
8		Abigail LOVELACE	FR	#1	Johns Hopkins {2}	1.55m	5-1	3/30
10		Daphne ALEXANDER	FR	#17	Geneva	1.53m	5-¼	3/9

Women's Pole Vault

1	4	Emma RUDOLPH	SR	#4	Westminster (Pa)	3.85m	12-7½	4/6
2	11	Madison CONLEY	SR	#4	Westminster (Pa){2}	3.75m	12-3½	4/6
3	45	Jo-Michelle HUCZKO	SR	#5	Carnegie Mellon	3.48m	11-5	4/13
4	59	Missy TREHARN	SO	#4	Westminster (Pa){3}	3.40m	11-1¾	3/16
5	90	Hannah WITTER	JR	#16	Messiah	3.30m	10-9¾	4/6
6		Cassidy BROWN	JR	#1	Johns Hopkins	3.25m	10-8	4/14
6		Sarah-Caulley SOTO	SO	#1	Johns Hopkins	3.25m	10-8	4/14
8		Sarah BOWER	JR	#2	Susquehanna	3.20m	10-6	4/6
8		Rachel SNAVELY	SR	#7	Lebanon Valley	3.20m	10-6	3/27
8		Luisanna POLANCO	FR	#7	Lebanon Valley	3.20m	10-6	3/27



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Women's Long Jump

1	13	Mia HILL	SO #13 Salisbury	5.64mw	18-6 (2.7)	4/6
2	22	Aurielle BRUNNER	JR #15 Chatham	5.58m	18-3¾ (0.0)	4/6
3	26	Remi ACORD	JR #2 Susquehanna	5.54m	18-2¼ (1.6)	4/12
4	35	Sara PENUELA	SR #3 Dickinson	5.45m	17-10¾ (-1.)	4/6
5	38	Victoria KADIRI	SR #1 Johns Hopkins	5.43mw	17-9¾ (2.4)	4/14
6	40	Hannah ALDERFER	JR #2 Susquehanna {2}	5.42m	17-9½ (0.0)	4/6
7	44	Breannnda DAVIS	SR #4 Westminster (Pa)	5.41m	17-9 (0.0)	4/13
8	68	Chloe YODER	SR #2 Susquehanna {3}	5.32m	17-5½ (0.6)	4/12
9	99	Sarah SCHNEIDER	SO #10 Washington & Je	5.24mw	17-2¼ (2.8)	4/13
10		Victoria ZULTEVICZ	JR #6 King's College (F)	5.20m	17-¾ (1.8)	4/5

Women's Triple Jump

1	1	Victoria KADIRI	SR #1 Johns Hopkins	13.43m	44-¾ (1.5)	4/14
2	16	Remi ACORD	JR #2 Susquehanna	11.86m	38-11 (0.0)	4/6
3	19	Sara BARTLETT	JR #1 Johns Hopkins {2}	11.70m	38-4¾ (0.0)	4/14
4	22	Aurielle BRUNNER	JR #15 Chatham	11.63m	38-2 (0.5)	4/6
5	47	Julia ACEVEDO	SR #2 Susquehanna {2}	11.20m	36-9 (0.1)	4/12
6	57	Jocelyn KIEFEL	JR #5 Carnegie Mellon	11.12m	36-5¾ (1.0)	4/13
7		Kate BENDALL	FR #9 Elizabethtown	10.87m	35-8 (0.8)	3/27
8		Breannnda DAVIS	SR #4 Westminster (Pa)	10.83m	35-6½ (0.0)	4/13
9		Mylina CASTILLO	JR #23 Alvernia	10.77m	35-4 (0.3)	3/27
10		Kaitlyn HESS	SO Stevenson	10.72m	35-2 (-7.4)	4/12

Women's Shot Put

1	42	Lexi SHIDERLY	JR #4 Westminster (Pa)	12.81m	42-½	4/6
2	79	Erika EZUMBA	SO #1 Johns Hopkins	12.29m	40-4	3/30
3	83	Jillian ZUKLEY	FR #24 St. Mary's (Md.)	12.27m	40-3¼	3/16
4	89	Kelsey NEFF	SR #1 Johns Hopkins {2}	12.24m	40-2	3/30
5	91	Taylor SYMONETTE	JR #5 Carnegie Mellon	12.23m	40-1½	3/30
5	91	Shelby RAMBO	SO #4 Westminster (Pa){2}	12.23m	40-1½	4/6
7	95	Mylea NEIDIG	SR #9 Elizabethtown	12.20m	40-½	3/27
8		Abby EVERETT	SR #3 Dickinson	12.06m	39-6¾	3/27
9		Brandy VARNER	SO #6 King's College (F)	11.80m	38-8¾	4/12
10		Victoria KADIRI	SR #1 Johns Hopkins {3}	11.58m	38-0	4/14

Women's Discus

1	9	Brandy VARNER	SO #6 King's College (F)	44.72m	146-9	4/14
2	24	Shelby RAMBO	SO #4 Westminster (Pa)	42.74m	140-3	4/13
3	54	DaniRae RENNO	JR #9 Elizabethtown	40.53m	133-0	4/14
4	73	Abby EVERETT	SR #3 Dickinson	39.35m	129-1	4/6
5		Alyssa BETZ	JR #7 Lebanon Valley	36.37m	119-4	3/27
6		Sofia HARNOIS	SO #18 York (Pa.)	36.34m	119-3	3/27
7		Alexis MAHAFFEY	JR #22 Bethany (W.Va.)	36.04m	118-3	3/16
8		Makenna PHILSON	SO #22 Bethany (W.Va.) {2}	35.87m	117-8	4/13
9		Erika EZUMBA	SO #1 Johns Hopkins	35.84m	117-7	3/30
10		Caitlin KIRK	FR #6 King's College (F){2}	35.07m	115-1	4/5

Women's Hammer

1	14	Katelyn SHOEMAKER	SO #6 King's College (F)	52.07m	170-10	4/12
2	59	Maggie BOYER	SR #2 Susquehanna	47.36m	155-5	4/6
3	84	Delaney HILFERTY	JR #6 King's College (F){2}	45.97m	150-10	4/12
4		Abby EVERETT	SR #3 Dickinson	44.50m	146-0	3/23
5		Anna BELLUCCI	SR #6 King's College (F){3}	44.24m	145-2	4/12
6		Alexis MAHAFFEY	JR #22 Bethany (W.Va.)	44.17m	144-11	3/30
7		Taileen ZECHMAN	JR Hood	42.94m	140-11	4/6
8		Allison STANDISH	SO #17 Geneva	42.93m	140-10	3/9
9		Kayla ROUNTREE	JR #5 Carnegie Mellon	42.77m	140-4	3/30
10		Erika EZUMBA	SO #1 Johns Hopkins	41.68m	136-9	3/30

Women's Javelin

1	4	Alexandra SNYDER	JR #8 Misericordia	42.07m	138-0	3/16
2	7	Holly FERRARA	SR #12 Gettysburg	41.18m	135-1	4/6
3	17	Erin MILLER	SR #9 Elizabethtown	40.08m	131-6	4/14
4	20	Grace TICE	SR #22 Bethany (W.Va.)	39.44m	129-5	4/13
5	34	Valerie BADGER	SO #8 Misericordia {2}	38.67m	126-11	3/16
6	47	Katelyn SHOEMAKER	SO #6 King's College (F)	37.63m	123-6	4/12
7	51	Kaitlyn SNYDER	SO #7 Lebanon Valley	37.46m	122-11	4/6
8	52	Morgan STOVER	SO #8 Misericordia {3}	37.39m	122-8	4/14
9	61	Isabelle ILIEV	SR Thiel	37.03m	121-6	3/23
10	62	Emily GARVIN	FR #17 Geneva	36.95m	121-3	3/30

Women's Heptathlon

1	5	Victoria KADIRI	SR #1 Johns Hopkins	4,742		4/14
2	8	Aurielle BRUNNER	JR #15 Chatham	4,543		4/12
3	12	Breannnda DAVIS	SR #4 Westminster (Pa)	4,426		3/30
4	18	Hannah ALDERFER	JR #2 Susquehanna	4,251		4/12
5	34	Victoria ZULTEVICZ	JR #6 King's College (F)	3,739		4/12
6	36	Jadyn HARTNER	SR #10 Washington & Je	3,700		3/30
7	43	Julia ACEVEDO	SR #2 Susquehanna {2}	3,535		4/12
8	46	Abigail LOVEFACE	FR #1 Johns Hopkins {2}	3,507		4/14
9	63	Victoria LEAK	FR #11 Grove City	3,014		4/12
10	71	Ryann ESSEY	SO #4 Westminster (Pa){2}	2,868		3/30
10	71	Georgia MERCER	SO #12 Gettysburg	2,868		4/12



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Women's 100 Meters

1	73	Rachel ARTHUR	JR	#3 Williams	12.37	(-2.1)	3/16
2	86	Michelle LOUIE	SR	#2 Middlebury	12.41	(1.6)	3/16
3		Trinity HAYES	JR	#12 Rhode Island Col	12.45w	(3.4)	4/6
4		Mackenzie DAGGITT	JR	#2 Middlebury	{2} 12.49	(1.6)	3/16
5		Shea O'NEILL	FR	#9 Trinity (Conn.)	12.50w	(3.4)	4/6
6		Katie BRUNO	SO	#2 Middlebury	{3} 12.58	(1.9)	3/16
6		Heloise HUGHES	FR	#1 Amherst	12.58	(-0.7)	4/7
6		Alaina STONEBRAKER	SO	#4 Coast Guard	12.58	(0.3)	3/30
9		Ava NOVAK	SR	#8 Vassar	12.61w	(3.4)	4/6
9		Melissa WHITE	SO	#2 Middlebury	{4} 12.61	(1.4)	3/16

Women's 100 Meter Hurdles

1	12	Eliza CARDWELL	JR	#1 Amherst	14.37	(0.8)	4/7
2	49	Arisa GRACE MCGOWAN	SO	#1 Amherst	{2} 15.05	(0.8)	4/7
3	61	Katherine DEFOSSE	FR	#11 Springfield (Mas	15.15w	(3.5)	4/6
4	70	Cali LEONARD	JR	#6 Hartford	15.23	(0.0)	4/13
5	73	Ziann FACEY	SO	#3 Williams	15.27w	(3.9)	3/23
6	79	Myeh MEDINA	SO	#1 Amherst	{3} 15.32	(0.4)	3/30
7	86	Caroline CROCKER	FR	#6 Hartford	{2} 15.39	(0.0)	4/13
8	89	Emma WHEELER	SR	#7 Connecticut Coll	15.43w	(3.2)	4/13
9		Anaya THOMAS	JR	#1 Amherst	{4} 15.69	(1.7)	4/12
10		Emma MILLS	FR	#2 Middlebury	15.77	(0.0)	3/23

Women's 200 Meters

1	30	Trinity HAYES	JR	#12	Rhode Island Col	25.07cuw(25.71u)	(2.	4/6
2	50	Michelle LOUIE	SR	#2	Middlebury	25.27	(2.0)	3/16
3	73	Claire JENSEN	FR	#3	Williams	25.44	(0.0)	3/23
4	80	Cate DONALDSON	FR	#3	Williams	{2} 25.49	(0.0)	3/23
5	84	Rachel ARTHUR	JR	#3	Williams	{3} 25.55w	(3.0)	4/12
6	91	Grace FLYNN	JR	#4	Coast Guard	25.59cuw(26.24u)	(2.	4/6
7	92	Melissa WHITE	SO	#2	Middlebury	{2} 25.60	(2.0)	3/16
8	95	Bella KING-HARVEY	FR	#3	Williams	{4} 25.63	(0.0)	3/23
9		Ava NOVAK	SR	#8	Vassar	25.87cuw(26.53u)	(2.	4/6
10		Alaina STONEBRAKER	SO	#4	Coast Guard	{2} 25.90	(1.9)	3/30

Women's 400 Meters

1	14	Bella KING-HARVEY	FR	#3 Williams	56.92		4/12
2	23	Cate DONALDSON	FR	#3 Williams	{2} 57.42		3/23
3	25	Kennedy MULLEN	JR	#9 Trinity (Conn.)	57.48		4/13
4	27	Casie EIFRIG	JR	#1 Amherst	57.52		4/7
5	65	Anna KROUSE	JR	#2 Middlebury	58.49		3/16
6	82	Trinity HAYES	JR	#12 Rhode Island Col	58.73		4/13
7	85	Lauren SZALKOWSKI	FR	#5 RPI	58.75		4/7
8	91	Claire JENSEN	FR	#3 Williams	{3} 58.80		4/12
9		Alexa ESTES	SO	#7 Connecticut Coll	59.22		4/13
10		Lily BULCZYNSKI	SO	#2 Middlebury	{2} 59.45		3/23

Women's 400 Meter Hurdles

1	15	Ciara DALE	SR	#2 Middlebury	1:03.53		3/16
2	42	Myeh MEDINA	SO	#1 Amherst	1:05.29		4/7
3	46	Camryn TAYLOR	SR	#3 Williams	1:05.41		3/23
4	54	Molly MCGRAIL	SR	#6 Hartford	1:05.84		4/13
5	60	Kate HAUSLADEN	SR	#10 Wesleyan (Conn.	1:06.19		4/12
6	86	Artis PHILLIPS	JR	#1 Amherst	{2} 1:07.20		4/7
7	90	Tara JESSEN	SO	#4 Coast Guard	1:07.49		3/30
8	93	Caitlin FITZGERALD	SO	#9 Trinity (Conn.)	1:07.53		4/13
9	99	Cate KREUTZEN	SO	#2 Middlebury	{2} 1:07.65		3/16
10		Olivia CARDEN	FR	#2 Middlebury	{3} 1:08.55		4/7

Women's 800 Meters

1	15	Zoe MARCUS	FR	#1 Amherst	2:12.30		4/14
2	20	Julia SCHOR	JR	#1 Amherst	{2} 2:12.65		4/7
3	27	Lucy GAGNON	SR	#3 Williams	2:13.78		3/16
4	28	Alexa ESTES	SO	#7 Connecticut Coll	2:13.94		3/30
5	34	Piper LENTZ	SO	#1 Amherst	{3} 2:14.69		4/14
6	51	Grace MCDONOUGH	SO	#7 Connecticut Coll	{2} 2:15.91cu(2:18.14u)		4/6
7	54	Bella LOZIER	SO	#1 Amherst	{4} 2:16.23		4/14
8	82	Lily BULCZYNSKI	SO	#2 Middlebury	2:17.90		3/16
9	87	Allison SIBOLD	SR	#21 St. Lawrence	2:18.17		4/6
10		Ava ZIELINSKI	JR	#1 Amherst	{5} 2:19.13		4/14

Women's 1500 Meters

1	24	Julia SCHOR	JR	#1 Amherst	4:34.68		4/14
2	25	Grace MCDONOUGH	SO	#7 Connecticut Coll	4:34.81		4/13
3	33	Lucy GAGNON	SR	#3 Williams	4:36.11		3/23
4	34	Zoe MARCUS	FR	#1 Amherst	{2} 4:36.43		4/14
5	40	Haley SCHOENEGGE	FR	#8 Vassar	4:37.56u		4/6
6	42	Abby FERNALD	SO	#7 Connecticut Coll	{2} 4:38.64		4/13
7	49	Sidney TRIEPKE	JR	#4 Coast Guard	4:40.05		3/30
8	57	Bella LOZIER	SO	#1 Amherst	{3} 4:41.29		4/7
9	61	Molly FITZGIBBONS	SR	#3 Williams	{2} 4:41.71		3/16
10	69	Jules BLESKOSKI	FR	#5 RPI	4:42.39		4/7

Women's Steeplechase

1	6	Audrey MACLEAN	FR	#2 Middlebury	10:45.39		4/12
2	19	Molly FITZGIBBONS	SR	#3 Williams	10:59.24		3/23
3	28	Tatum PESKIN	SR	#2 Middlebury	{2} 11:16.50		4/12
4	39	Charlene PENG	FR	#3 Williams	{2} 11:23.62		4/12
5	46	Tessa LANCASTER	JR	#16 Mount Holyoke	11:28.27		4/12
6	53	Hailey MARCELLO	SR	#6 Hartford	11:34.31		4/13
7	59	Claudia WOLF	SO	#5 RPI	11:35.96		4/7
8	61	Helen HURDEN	FR	#3 Williams	{3} 11:36.10		3/23
9	77	Addie FULLER	FR	#7 Connecticut Coll	11:41.79		4/13
10		Tessa BOSSOM	SO	#5 RPI	{2} 11:48.71		4/7



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WOMEN — 2024 Week #4, April 16



Mideast

as of 4/16/2024 8:58:13 AM ET

Women's 5000 Meters

1	4	Haley SCHOENEGGE	FR	#8 Vassar	16:32.59	4/14
2	15	Paige PHILLIPS	SR	#4 Coast Guard	16:54.04	4/13
3	20	Jules BLESKOSKI	FR	#5 RPI	16:59.04	4/14
4	28	Olivia PISACANO	JR	#5 RPI {2}	17:06.81	4/14
5	43	Audrey MACLEAN	FR	#2 Middlebury	17:17.26	3/16
6	52	Julia SCHOR	JR	#1 Amherst	17:23.66	3/30
7	76	Haley OLIVER	SO	#12 Rhode Island Col	17:39.39	4/13
8	83	Molly FITZGIBBONS	SR	#3 Williams	17:40.99	4/14
9	87	Fiona PICONE	SO	#3 Williams {2}	17:41.70	3/23
10	88	Claire SEMEROD	SO	#4 Coast Guard {2}	17:42.09	4/13

Women's 10,000 Meters

1	22	Stephanie AGER	SO	#10 Wesleyan (Conn.	35:57.22	3/23
2	26	Fiona PICONE	SO	#3 Williams	36:09.92	4/14
3	33	Alsacia TIMMERMAN	SO	#7 Connecticut Coll	36:43.84	4/13
4	43	Haley OLIVER	SO	#12 Rhode Island Col	37:04.83	3/30
5	47	Lauren MELLON	SO	#4 Coast Guard	37:25.52	4/13
6	53	Claire CALLON	JR	#1 Amherst	37:53.31	4/14
7	63	Daphne WITHERELL	FR	#1 Amherst {2}	38:17.12	3/30
8	65	Allison LOUNSBURY	SO	#1 Amherst {3}	38:24.24	3/30
9	73	Leah GOODLOE	JR	#5 RPI	38:40.46	4/14
10	90	Elizabeth INGELLIS	JR	#22 Sage Colleges	39:04.82	4/6

Women's 4x100 Relay

1	15	Bella King-Harvey, Cate Donaldson, Camryn Taylor, Rachel Arthur	#3 Williams	47.69	4/12
2	19	Katie Bruno, Michelle Louie, Melissa White, Mackenzie Daggitt	#2 Middlebury	47.86	4/12
3	33	Jenascia Weir, Leslie Samuel, Emily Parchinski, Marlina Voker	#6 Hartford	48.48	4/13
4	62	Eliza Cardwell, Heloise Hughes, Rachel Hubley, Anastasia Ioppolo	#1 Amherst	49.31	4/7
5	70	Christine Mallette, Katie Manning, Alyssa Fici, Lauren Szalkowski	#5 RPI	49.59	4/12
6	93	Alaina Stonebraker, Ella Besant, Kaylee Wright, Grace Flynn	#4 Coast Guard	50.08	4/13
7		Jamie Eu, Ava Novak, Jahmilia Dennis, Traci Francis	#8 Vassar	50.55u	4/6
8		Savannah Cece, Sophia Jones, Emma Almoney, Shea O'Neill	#9 Trinity (Conn.)	50.65	4/13
8		Anjalina Lubarsky, Paige Moroney, Eliza Lee, Delaney Parker	#17 Westfield State	50.65	4/13
10		Glory Moncion-Allen, Gabrielle Baker, Ava Partenza, Katherine Doran	#13 Union (N.Y.)	51.12	4/6



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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as of 4/16/2024 8:58:13 AM ET

Women's 4x400 Relay

1	3	Cate Donaldson, Camryn Taylor, Claire Jensen, Bella King-Harvey	#3 Williams	3:51.17	3/23
2	18	Mads Rabb, Zoe Marcus, Piper Lentz, Casie Eifrig	#1 Amherst	3:56.30	3/30
3	22	Michelle Louie, Ciara Dale, Annabel Cloney, Anna Krouse	#2 Middlebury	3:56.93	3/16
4	57	Alexa Estes, LK Tucker, April Schilling, Grace McDonough	#7 Connecticut Coll	4:05.64cu (4:10.67u)	4/6
5	95	Maya Carey, Sophia Henderson, Margaret McLaughlin, Ava Novak	#8 Vassar	4:11.00cu (4:16.14u)	4/6
6		Chloe Hertigan, Jillian Fisher, Katherine Giroux, Ava Dubois	#9 Trinity (Conn.)	4:15.02cu (4:20.25u)	4/6
7		Ashley Gentile, Saige Kirkland, Carly Alston, Laci Davis	#14 Eastern Connect	4:16.11cu (4:21.36u)	4/6
8		Gabrielle Baker, Katherine Doran, Caroline Stanton, Kasey McGerald	#13 Union (N.Y.)	4:17.44	4/12
9		Elaine Mccarty, Gwyneth Howes, Niveen Bugueiro, Lena Baker	#18 Smith	4:20.22	3/30
10		Mackenzie DiDonato, Maggie Donohue, Maeve D'Darcy, Julia Brillo	#11 Springfield (Mas	4:23.25	4/6

Women's High Jump

1	5	Gabriella GRATTAN	JR	#9 Trinity (Conn.)	1.69m	5-6½	3/30
2	10	Ashley SHELTON	FR	#13 Union (N.Y.)	1.67m	5-5¾	4/6
3	18	Avery BAKER- SCHLENDERING	FR	#6 Hartford	1.64m	5-4½	4/13
4	24	Allie WILDSMITH	SO	#4 Coast Guard	1.62m	5-3¾	4/6
4	24	Anaya THOMAS	JR	#1 Amherst	1.62m	5-3¾	4/7
6	39	Amelie JAMANKA	SO	#3 Williams	1.60m	5-3	3/23
7	85	Leah SMITH	FR	#1 Amherst	{2} 1.57m	5-1¾	4/7
8		Livi MAZEROLLE	SO	#3 Williams	{2} 1.56m	5-1¼	4/12
9		Sydney GARRISON	SR	#6 Hartford	{2} 1.54m	5-½	4/13
9		Jordan MURPHY	FR	#6 Hartford	{2} 1.54m	5-½	3/23

Women's Pole Vault

1	14	Mia BAWENDI	SR	#1 Amherst	3.70m	12-1½	4/12
1	14	Zoe WANG	JR	#2 Middlebury	3.70m	12-1½	4/12
1	14	Ellie FITZGERALD	SO	#3 Williams	3.70m	12-1½	4/12
4	32	Madison GARRIGUS	SR	#4 Coast Guard	3.55m	11-7¾	4/13
4	32	Jae YU	JR	#3 Williams	{2} 3.55m	11-7¾	4/12
4	32	Kerry SEEKAMP	SO	#18 Smith	3.55m	11-7¾	3/30
7	42	Natasha FRISCH	SO	#14 Eastern Connect	3.50m	11-5¾	4/13
8	59	Mollie BRINKER	SO	#4 Coast Guard	{2} 3.40m	11-1¾	4/13
8	59	Poppy MILLER	JR	#3 Williams	{3} 3.40m	11-1¾	4/12
8	59	Fiona CARROLL	JR	#10 Wesleyan (Conn.	3.40m	11-1¾	3/30

Women's Long Jump

1	8	Mackenzie DAGGITT	JR	#2 Middlebury	5.68m	18-7¾ (1.9)	4/12
2	23	Kaylee WRIGHT	SO	#4 Coast Guard	5.57mw	18-3¼ (3.7)	4/6
3	55	Juliette SULLIVAN	FR	#10 Wesleyan (Conn.	5.35m	17-6¾ (0.5)	4/7
4	63	Leslie SAMUEL	FR	#6 Hartford	5.33m	17-6 (1.6)	4/13
5	72	Muffie MAZAMBANI	SR	#1 Amherst	5.31m	17-5¼ (0.2)	3/30
6	94	Ava NOVAK	SR	#8 Vassar	5.26m	17-3¼ (1.3)	4/12
7		Heloise HUGHES	FR	#1 Amherst	{2} 5.23m	17-2 (2.0)	4/12
8		Sydney PASSLEY- HARRIS	SO	#8 Vassar	{2} 5.22m	17-1½ (-2.0)	3/30
9		Elle RIMANDO	SO	#16 Mount Holyoke	5.20m	17-¾ (1.6)	4/13
10		Michaela SCHAFFER	SR	#20 SUNY Plattsburg	5.19mw	17-½ (2.3)	4/12

Women's Triple Jump

1	29	Jahmilia DENNIS	SO	#8 Vassar	11.45m	37-6¾ (0.8)	4/12
2	73	Samantha PAUL	JR	#11 Springfield (Mas	11.02mw	36-2 (3.6)	4/6
3	82	Myeh MEDINA	SO	#1 Amherst	10.96m	35-11½ (-0)	3/30
3	82	Eliza LEE	SO	#17 Westfield State	10.96m	35-11½ (1.9)	4/13
5		Ashley SHELTON	FR	#13 Union (N.Y.)	10.79mw	35-4¾ (3.0)	4/12
6		Elle RIMANDO	SO	#16 Mount Holyoke	10.78m	35-4½ (1.3)	4/13
7		Maddie GREENE	JR	#4 Coast Guard	10.72mw	35-2 (2.6)	4/6
8		Laci DAVIS	FR	#14 Eastern Connect	10.66m	34-11¾ (0.0)	4/13
9		Anastasia IOPPOLO	SO	#1 Amherst	{2} 10.49m	34-5 (0.4)	3/30
10		Michaela SCHAFFER	SR	#20 SUNY Plattsburg	10.46mw	34-4 (2.6)	4/12

Women's Shot Put

1	84	Lillian WURTZ	SO	#2 Middlebury	12.26m	40-2¾	4/12
2		Julia TULIMIERI	SO	#2 Middlebury	{2} 12.08m	39-7¾	4/12
3		Mary Scott ROBINSON	SR	#2 Middlebury	{3} 11.90m	39-½	4/12
4		Kylie ALLEN	FR	#5 RPI	11.86m	38-11	4/12
5		KayInn STEVENSON	FR	#19 Castleton	11.53m	37-10	4/13
6		Maureen HAMMOND	JR	#4 Coast Guard	11.49m	37-8½	4/6
7		Samantha SAINRISTILL	JR	#12 Rhode Island Co	11.35m	37-3	4/13
8		Leanna WELLS	FR	#5 RPI	{2} 11.32m	37-1¾	4/7
9		Madison DIPASQUALE	SO	#6 Hartford	11.31m	37-1¼	3/23
10		Katelynn TAYLOR	JR	#11 Springfield (Mas	11.29m	37-½	4/6



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Women's Discus

1	20	Emma RAMSINGH	FR	#1 Amherst	43.38m	142-4	4/7
2	37	Madeline SAUDERS	JR	#2 Middlebury	41.57m	136-5	4/12
3	58	Robyn KRAFFT	SR	#6 Hartford	40.10m	131-7	4/13
4		Katie LYNCH	SO	#5 RPI	38.21m	125-5	4/7
5		KaylInn STEVENSON	FR	#19 Castleton	37.80m	124-0	4/13
6		Sydney PETRIE	SO	#8 Vassar	37.48m	123-0	4/6
7		Sadie OLSON	SR	#4 Coast Guard	36.86m	120-11	3/30
8		Grace RICHARD	SO	#5 RPI	{2} 36.78m	120-8	4/7
9		Isabella NIEMI	FR	#1 Amherst	{2} 35.85m	117-8	4/7
10		Madison DIPASQUALE	SO	#6 Hartford	{2} 35.52m	116-7	4/6

Women's Hammer

1	81	Sadie OLSON	SR	#4 Coast Guard	46.23m	151-8	4/6
2	95	Jaxon PALMER	JR	#2 Middlebury	45.22m	148-5	4/12
3		Samantha SAINRISTILL	JR	#12 Rhode Island Col	44.74m	146-10	4/6
4		Katie LYNCH	SO	#5 RPI	44.16m	144-11	4/12
5		Caroline HADLEY	SR	#6 Hartford	42.58m	139-9	4/13
6		Grace RICHARD	SO	#5 RPI	{2} 41.74m	137-0	4/12
7		Lillian WURTZ	SO	#2 Middlebury	{2} 41.41m	135-11	3/22
8		Madison DIPASQUALE	SO	#6 Hartford	{2} 40.28m	132-2	4/13
9		Katelynn TAYLOR	JR	#11 Springfield (Mas	39.97m	131-2	4/6
10		Hannah ROGERS	JR	#5 RPI	{3} 39.24m	128-9	4/12

Women's Javelin

1	6	Kayla PELLETIER	JR	#6 Hartford	41.70m	136-10	4/13
2	19	Carolina ANDRADE	SR	#1 Amherst	39.47m	129-6	3/30
3	28	Bethanie JEAN PHILIPPE	FR	#12 Rhode Island Col	38.94m	127-9	4/13
4	55	Jaxon PALMER	JR	#2 Middlebury	37.34m	122-6	4/12
5	69	Morgan ROME	SO	#1 Amherst	{2} 36.69m	120-5	3/30
6	70	Reilly ISLER	JR	#2 Middlebury	{2} 36.65m	120-3	3/16
7		Naomi MCGADNEY	FR	#10 Wesleyan (Conn.	34.82m	114-3	4/12
8		Dahlia GALANTE	JR	#9 Trinity (Conn.)	34.42m	112-11	4/6
9		Emily DAVIS-MORIN	SR	#4 Coast Guard	34.09m	111-10	4/13
10		Emma WHEELER	SR	#7 Connecticut Coll	33.82m	111-0	4/13

Women's Heptathlon

1	16	Emma WHEELER	SR	#7 Connecticut Coll	4,342		4/13
2	27	Livi MAZEROLLE	SO	#3 Williams	3,906		4/12
3	33	Anaya THOMAS	JR	#1 Amherst	3,745		4/12
4	47	Morgan ROME	SO	#1 Amherst	{2} 3,486		4/12
5	60	Naomi MCGADNEY	FR	#10 Wesleyan (Conn.	3,057		4/12
6	64	Ashley BECK	FR	#15 Roger Williams	3,008		4/13
7	73	Tabitha KLAUS	JR	#15 Roger Williams	{2} 2,862		4/13
8	78	Halle RAINA	JR	#5 RPI	2,781		4/12
9	80	Abigail SASSON	FR	#8 Vassar	2,735		4/12
10	84	Zoe MULVIHILL	FR	#1 Amherst	{3} 2,635		4/12



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Midwest

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Women's 100 Meters

1	2	Marcedes JACKSON	SR	#5 North Central (Il	11.80	(1.5)	4/13
2	9	Emma SEIPEL	JR	#4 Loras	11.98c	(11.95A) (1.	4/6
3	13	Jasmine WRIGHT	SO	#1 Washington (Mo	12.00	(1.6)	3/30
3	13	Maya DAVIS	FR	#1 Washington (Mo	12.00	(1.6)	3/30
5	22	Gabri MESCHINO	SR	#2 Chicago	12.11	(1.6)	3/30
6	25	Nicole STEWART	JR	#1 Washington (Mo	12.12	(1.3)	4/6
7	34	Harmony CREASY	JR	#4 Loras	{2} 12.19c	(12.16A) (1.	4/6
7	34	McKenzie RESER	JR	#11 Augustana (Ill.)	12.19	(1.5)	4/13
9	39	Lindsey NOVAK	SR	#5 North Central (Il	{2} 12.21	(1.9)	4/6
10	41	Lina NEWLAND	SO	#3 Wartburg	12.22	(1.7)	4/13
10	41	Tiana GRADY	FR	#9 Elmhurst	12.22	(1.9)	4/11

Women's 100 Meter Hurdles

1	6	JoJo TYNISMMAA	SO	#3 Wartburg	14.11w	(2.3)	4/13
2	8	Ren BROWN	JR	#2 Chicago	14.20	(1.5)	4/13
3	9	Lauren GAY	JR	#1 Washington (Mo	14.23w	(2.2)	3/30
4	11	Nakala NADEAU	JR	#9 Elmhurst	14.34w	(2.5)	4/13
5	15	Denise PARTEE	SR	#5 North Central (Il	14.45w	(2.6)	3/29
6	28	Tiana GRADY	FR	#9 Elmhurst	{2} 14.78w	(2.6)	3/29
7	30	Thea RING	SO	#16 North Park	14.81	(1.5)	4/13
8	33	Grace BRADEN	FR	#3 Wartburg	{2} 14.83w	(2.3)	4/13
9	50	Olivia BOHLEN	SO	#6 Central (Iowa)	15.06w	(2.4)	4/6
10	57	Audrey ARNOLD	JR	#14 Simpson (Iowa)	15.11w	(2.4)	4/6

Women's 200 Meters

1	3	Nicole STEWART	JR	#1 Washington (Mo	24.46	(0.8)	3/30
2	11	Emma KELLEY	SR	#1 Washington (Mo	{2} 24.72	(1.4)	4/13
3	17	Lauren GAY	JR	#1 Washington (Mo	{3} 24.83	(1.4)	4/13
4	19	JoJo TYNISMMAA	SO	#3 Wartburg	24.86	(1.1)	4/13
5	23	Kalie STRAYHORN	FR	#23 Westminster (Mc	24.96	(0.1)	4/12
6	29	Thea RING	SO	#16 North Park	25.06	(1.0)	4/13
7	35	Emma SEIPEL	JR	#4 Loras	25.16	(-0.2)	4/13
8	43	McKenzie RESER	JR	#11 Augustana (Ill.)	25.23	(1.0)	4/13
9	45	Lindsey NOVAK	SR	#5 North Central (Il	25.24	(-0.1)	3/29
10	53	Emily MCMARTIN	SO	#6 Central (Iowa)	25.29w	(3.2)	4/6

Women's 400 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo	54.18		4/13
2	3	Isabella HOGUE	SR	#7 Nebraska Wesley	55.21		4/12
3	11	Nicole STEWART	JR	#1 Washington (Mo	{2} 56.59		3/30
4	13	Kylie SPYTEK	SO	#1 Washington (Mo	{3} 56.87		3/30
5	32	Caroline ECHOLS	FR	#1 Washington (Mo	{4} 57.66		4/13
6	33	Catherine CHRISTOPHER	FR	#1 Washington (Mo	{5} 57.69		3/30
7	37	Alyssa PFADENHAUER	SR	#4 Loras	57.73c	(57.62A)	4/6
8	41	Lindsey NOVAK	SR	#5 North Central (Il	57.87		4/6
9	42	Danielle SCHULTZ	SR	#1 Washington (Mo	{6} 57.90		4/6
10	59	Carmela WOODS	FR	#9 Elmhurst	58.40		4/6

Women's 400 Meter Hurdles

1	1	Ren BROWN	JR	#2 Chicago	1:00.05		4/13
2	5	JoJo TYNISMMAA	SO	#3 Wartburg	1:01.93		4/6
3	23	Madison HAYS	SO	#14 Simpson (Iowa)	1:04.54		3/28
4	32	Ruby KAPLAN	JR	#1 Washington (Mo	1:05.05		3/23
5	35	Rebecca STEWART	SR	#2 Chicago	{2} 1:05.09		4/13
6	45	Abby GRUVER	SR	#6 Central (Iowa)	1:05.32		3/28
7	57	Maddax DEVAULT	SO	#14 Simpson (Iowa)	{2} 1:05.97		3/28
8	60	Sophia STAHLE	FR	#3 Wartburg	{2} 1:06.19		3/29
9	63	Sharona SCHWAB	SO	#2 Chicago	{3} 1:06.25		4/13
10	93	Eve SHELTON	JR	#24 Concordia Chica	1:07.53		4/13

Women's 800 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo	2:05.07		3/29
2	3	Danielle SCHULTZ	SR	#1 Washington (Mo	{2} 2:09.99		4/13
3	9	Alessia SARUSSI	SR	#1 Washington (Mo	{3} 2:11.79		3/29
4	14	Maddie KELLY	SR	#2 Chicago	2:12.11		4/6
5	17	Peyton STEFFEN	SO	#6 Central (Iowa)	2:12.52		4/13
6	19	Caroline ECHOLS	FR	#1 Washington (Mo	{4} 2:12.62		3/29
7	22	Izzy GORTON	JR	#1 Washington (Mo	{5} 2:13.09		3/29
8	31	Elisabeth CAMIC	JR	#2 Chicago	{2} 2:14.43		4/6
9	32	Haley MEYER	SO	#3 Wartburg	2:14.56		3/23
10	61	Frankie CHAIDEZ	JR	#4 Loras	2:16.61		4/13

Women's 1500 Meters

1	2	Emma KELLEY	SR	#1 Washington (Mo	4:22.76		4/6
2	7	Megan JOHNSON	JR	#6 Central (Iowa)	4:31.06		4/13
3	9	Caroline MCMARTIN	SR	#6 Central (Iowa)	{2} 4:31.63		4/13
4	12	Deyanneira COLON MALDONADO	JR	#12 Aurora	4:32.09		4/13
5	13	Maddie KELLY	SR	#2 Chicago	4:32.15		3/29
6	15	Elisabeth CAMIC	JR	#2 Chicago	{2} 4:33.10		4/13
7	18	Peyton STEFFEN	SO	#6 Central (Iowa)	{3} 4:34.06		4/13
8	22	Katie RECTOR	SO	#1 Washington (Mo	{2} 4:34.52		3/29
9	27	Evelyn BATTLESUN-GUNKEL	SR	#2 Chicago	{3} 4:35.20		4/6
10	29	Alessia SARUSSI	SR	#1 Washington (Mo	{3} 4:35.36		4/6

Women's Steeplechase

1	1	Megan JOHNSON	JR	#6 Central (Iowa)	10:19.79		4/13
2	2	Aubrie FISHER	SR	#3 Wartburg	10:24.28		3/29
3	3	Caroline MCMARTIN	SR	#6 Central (Iowa)	{2} 10:30.78		4/13
4	4	Ellie MEYER	JR	#3 Wartburg	{2} 10:33.30		3/29
5	10	Addy PARROTT	JR	#6 Central (Iowa)	{3} 10:49.07		4/13
6	12	Emma ODLE	SR	#11 Augustana (Ill.)	10:49.57		3/29
7	16	Julia PATTERSON	JR	#1 Washington (Mo	10:52.97		3/29
8	17	Caitlin JORGENSEN	SR	#2 Chicago	10:54.68		3/29
9	18	Abigail PATTERSON	JR	#1 Washington (Mo	{2} 10:56.51		3/29
10	27	Riley CLARK	SO	#1 Washington (Mo	{3} 11:16.13		3/29



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Women's 5000 Meters

1	1	Aubrie FISHER	SR	#3	Wartburg	16:28.70	4/13
2	2	Caroline MCMARTIN	SR	#6	Central (Iowa)	16:29.11	3/29
3	3	Shaelyn HOSTAGER	JR	#3	Wartburg	{2} 16:32.19	4/13
4	5	Evelyn BATTLESON-GUNKEL	SR	#2	Chicago	16:33.65	4/13
5	8	Deyanneira COLON MALDONADO	JR	#12	Aurora	16:34.97	4/13
6	9	Alexandra BLAKE	SR	#1	Washington (Mo)	16:46.39	4/13
7	11	Caitlin JORGENSEN	SR	#2	Chicago	{2} 16:49.77	4/13
8	13	Estelle SNIDER	FR	#2	Chicago	{3} 16:51.14	4/13
9	14	Sophie TEDESCO	JR	#2	Chicago	{4} 16:51.91	4/13
10	17	Lara KALLEM	JR	#14	Simpson (Iowa)	16:57.88	4/13

Women's 10,000 Meters

1	4	Evelyn BATTLESON-GUNKEL	SR	#2	Chicago	34:25.29	3/29
2	5	Shaelyn HOSTAGER	JR	#3	Wartburg	34:39.24	3/29
3	6	Megan JOHNSON	JR	#6	Central (Iowa)	35:00.33	3/29
4	11	Sophie TEDESCO	JR	#2	Chicago	{2} 35:16.72	3/29
5	13	Estelle SNIDER	FR	#2	Chicago	{3} 35:25.49	3/29
6	31	Annalese CHUDY	JR	#13	Illinois Wesleyan	36:36.18	3/29
7	34	Anna BOARDMAN	SR	#11	Augustana (Ill.)	36:46.28	3/29
8	50	Avery MCCAMMON	SR	#1	Washington (Mo)	37:47.48	3/29
9	55	Kelly GIARDINA	SO	#3	Wartburg	{2} 37:53.78	3/29
10	87	Lily ANDERSON	FR	#5	North Central (Il)	39:01.79	3/29

Women's 4x100 Relay

1	1	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1	Washington (Mo)	46.35	3/30
2	3	Harmony Creasy, Kelly Kohlhof, Meghan McDonald, Emma Seipel	#4	Loras	46.91c (46.79A)	4/6
3	8	Mercedes Jackson, Lindsey Novak, Faith Ladin, Denise Partee	#5	North Central (Il)	47.37	3/29
4	9	Taylor Tucker, Laila Graham, Jocelyn Fritz, Sara Yakana	#8	Greenville	47.45	4/13
5	13	Nabila Saam, McKenzie Reser, Cora Deemer, Shakira Wade	#11	Augustana (Ill.)	47.62	3/30
6	14	Lauren Marshall, Tiana Grady, Carmela Woods, Aniya Seeley-Williams	#9	Elmhurst	47.63	4/11
7	18	Keeley Hourigan, Raegan Levi, Breanne Geary, Natalie Cummins	#7	Nebraska Wesley	47.80	4/5
8	20	#Type!	#3	Wartburg	47.87	4/13
9	23	Riana Hayes, Meja Lindberg, Thea Ring, Julia Klein	#16	North Park	48.12	4/13
10	24	Mattie Brown, Brooke Oakley, Haley Garrett, Deja Anderson	#21	Illinois College	48.14	4/13



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #4, April 16



Midwest

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Women's 4x400 Relay

1	1	Kylie Spytek, Catherine Christopher, Danielle Schultz, Emma Kelley	#1 Washington (Mo)	3:46.13	3/30
2	4	Grace Alley, Harmony Creasy, Layla Hughes, Alyssa Pfadenhauer	#4 Loras	3:51.46	4/13
3	8	Lizzy Van Utrecht, Ava Parkins, Emily McMartin, Abbi Roerdink	#6 Central (Iowa)	3:53.63	4/6
4	16	Ava Hagwell, Onese Ewherido, Maddie Kelly, Ren Brown	#2 Chicago	3:56.25	4/13
5	19	Rachel Nagel, Sophia Stahle, JoJo Tynnismaa, Olivia Tollari	#3 Wartburg	3:56.33	3/23
6	26	Naomi Jones, Carmela Woods, Sadie Hartmann, Nayeli Villegas	#9 Elmhurst	3:58.06	4/13
7	27	Breanne Geary, Isabella Hilger, Delaney Vacek, Gabby Thomas	#7 Nebraska Wesley	3:58.67	4/12
8	30	Lovenya Perry, Cire' Smith, Cali Minkie, Reilly Boyer	#5 North Central (Il)	3:59.03	4/13
9	48	Jordyn VanSanten, Cora Deemer, Lina Maatouk, McKenzie Reser	#11 Augustana (Ill.)	4:03.69	4/13
10	55	Eva Schwaab, Taylor Tucker, Jazmyn Harmon, Laila Graham	#8 Greenville	4:05.48	4/13

Women's High Jump

1	1	Sara HOSKINS	SR	#4 Loras	1.71m	5-7¼	4/13
2	2	Jaden GATTS	FR	#10 Dubuque	1.70m	5-7	3/28
2	2	Hailey CAROLAN	SO	#15 Cornell College	1.70m	5-7	4/6
4	12	Olivia JAMESON	SO	#20 Illinois Tech	1.66m	5-5¼	3/29
4	12	Grace ALLEY	SR	#4 Loras	{2} 1.66m	5-5¼	4/6
6	36	Grace CROWDER	FR	#19 Wheaton (Ill.)	1.61m	5-3¼	4/6
7	39	Olivia THEISEN	FR	#1 Washington (Mo)	1.60m	5-3	3/30
7	39	Laila GRAHAM	SR	#8 Greenville	1.60m	5-3	3/23
7	39	Samantha NIELSEN	SO	#3 Wartburg	1.60m	5-3	4/13
7	39	Julia KLEIN	SO	#4 Loras	{3} 1.60m	5-3	4/6

Women's Pole Vault

1	4	Yasmin RUFF	JR	#1 Washington (Mo)	3.85m	12-7½	3/23
2	14	Mackenzie WALKER	SO	#1 Washington (Mo){2}	3.70m	12-1½	3/30
3	32	Natalie JOHNSON	JR	#5 North Central (Il)	3.55m	11-7¾	4/13
3	32	Susannah TRUITT	SR	#2 Chicago	3.55m	11-7¾	4/13
3	32	Gwen BERENYI	SO	#5 North Central (Il)	3.55m	11-7¾	4/6
6	58	Anna CURTIS	SR	#1 Washington (Mo){3}	3.41m	11-2¼	4/13
7	59	Lindsay RECKER	SO	#2 Chicago	{2} 3.40m	11-1¾	3/30
7	59	Makenzie STOCK	JR	#1 Washington (Mo){4}	3.40m	11-1¾	3/30
9	71	Samantha HARVELL	JR	#10 Dubuque	3.35m	10-11¾	4/6
9	71	Kate WEBER	SO	#9 Elmhurst	3.35m	10-11¾	3/29

Women's Long Jump

1	1	Emma SEIPEL	JR	#4 Loras	6.11m	20-½ (2.3)	4/6
2	3	Harmony CREASY	JR	#4 Loras	{2} 5.81m	19-¾ (2.0)	4/6
3	10	Ebunoluwa OPATA	JR	#1 Washington (Mo)	5.65m	18-6½ (0.9)	3/23
4	15	Marina SEMPLÉ	SO	#2 Chicago	5.60m	18-4½ (1.6)	4/6
5	24	Shaniah JOHNSON	SR	#3 Wartburg	5.56m	18-3 (0.0)	4/13
6	25	Sara YAKANA	JR	#8 Greenville	5.55m	18-2½ (2.0)	4/13
7	28	Samantha TAYLOR	FR	Lyon (Ark.)	5.50m	18-½ (3.0)	4/13
8	30	Natalie CUMMINS	JR	#7 Nebraska Wesley	5.48m	17-11¾ (2.8)	4/5
9	32	Laila GRAHAM	SR	#8 Greenville	{2} 5.47m	17-11½ (0.0)	3/30
10	37	Katelyn MCCANN	SO	#5 North Central (Il)	5.44m	17-10¼ (0.8)	4/6

Women's Triple Jump

1	4	Imani OGUNRIBIDO	FR	#13 Illinois Wesleyan	12.23m	40-1½ (1.4)	4/13
2	6	Ebunoluwa OPATA	JR	#1 Washington (Mo)	12.18m	39-11½ (0.0)	3/30
3	7	Grace ALLEY	SR	#4 Loras	12.17m	39-11¼ (0.0)	4/13
4	13	Harmony CREASY	JR	#4 Loras	{2} 11.96m	39-3 (0.8)	4/13
5	15	Sara YAKANA	JR	#8 Greenville	11.91m	39-1 (1.7)	4/13
6	23	Shaniah JOHNSON	SR	#3 Wartburg	11.60m	38-¾ (0.9)	4/13
7	35	Emma SEIPEL	JR	#4 Loras	{3} 11.37m	37-3¾ (1.2)	4/13
8	37	Julia KLEIN	SO	#4 Loras	{4} 11.33m	37-2¼ (1.1)	4/13
9	41	Rebecca STEWART	SR	#2 Chicago	11.26m	36-11½ (-0)	4/6
10	50	Lauren WONG	SR	#13 Illinois Wesleyan	{2} 11.18m	36-8¼ (2.8)	3/30
10	50	Vanessa CARR	SO	#9 Elmhurst	11.18m	36-8¼ (0.1)	4/6

Women's Shot Put

1	6	Kaitlyn WILDER	SR	#10 Dubuque	14.02m	46-0	4/13
2	8	Molly LAUMAKIS	SR	#2 Chicago	13.80m	45-3½	3/29
3	10	Jenae BOTHE	SO	#1 Washington (Mo)	13.75m	45-1½	3/30
4	15	Talahiva TALANOA	JR	#8 Greenville	13.45m	44-1½	4/13
5	16	Maddie BOLEY	JR	#18 Monmouth (Ill.)	13.42m	44-½	3/28
6	17	Lily MEESTER	SR	#3 Wartburg	13.34m	43-9¼	4/13
7	30	Nai'lah ANDERS	FR	#10 Dubuque	{2} 12.99m	42-7½	4/13
8	37	Emmily BERGLUND	FR	#7 Nebraska Wesley	12.88m	42-3¼	3/30
8	37	Haley BEMINIO	SR	#3 Wartburg	{2} 12.88m	42-3¼	4/13
8	37	Kristen REICKS	SR	#3 Wartburg	{2} 12.88m	42-3¼	4/13



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Women's Discus

1	1	Charlotte FRERE	SO #11 Augustana (Ill.)	50.02m	164-1	4/6
2	8	Kaitlyn WILDER	SR #10 Dubuque	44.80m	147-0	4/6
3	14	Maddie BOLEY	JR #18 Monmouth (Ill.)	43.67m	143-3	4/6
4	19	Riley VICE	JR #4 Loras	43.41m	142-5	4/6
5	22	Taylor FLAIG	SR #4 Loras	{2} 43.01m	141-2	4/6
6	30	Nai'lah ANDERS	FR #10 Dubuque	{2} 42.08m	138-1	4/13
7	31	Talahiva TALANOA	JR #8 Greenville	42.02m	137-11	3/30
8	32	Kaelyn MEANS	FR #7 Nebraska Wesley	41.87m	137-5	4/12
9	34	Lily MEESTER	SR #3 Wartburg	41.81m	137-2	4/13
10	36	Anna LUNDAHL	JR #7 Nebraska Wesley	{2} 41.69m	136-10	4/12

Women's Hammer

1	1	Emma TRUE	JR #3 Wartburg	58.58m	192-2	4/6
2	5	Alexandra DRAVES	SR #5 North Central (Il	54.53m	178-11	4/13
3	9	Kaitlyn WILDER	SR #10 Dubuque	53.17m	174-6	4/6
4	10	Talahiva TALANOA	JR #8 Greenville	53.14m	174-4	4/13
5	15	Anna FRIEDRICHSEN	SR #22 Buena Vista	51.92m	170-4	4/6
6	17	Taylor FLAIG	SR #4 Loras	51.59m	169-3	4/6
7	22	Molly LAUMAKIS	SR #2 Chicago	50.90m	167-0	4/6
8	24	Ja'Dein MADISON	SO #7 Nebraska Wesley	50.63m	166-2	4/12
9	27	Carlyssa KING	JR #13 Illinois Wesleyan	50.08m	164-4	4/13
10	40	Caitlyn COX	SO #4 Loras	{2} 48.65m	159-8	4/6

Women's Javelin

1	1	Avery DECKER	SR #7 Nebraska Wesley	45.02m	147-9	4/12
2	8	Faith LADIN	SR #5 North Central (Il	41.15m	135-0	4/6
3	12	Hannah JONES	SR #5 North Central (Il	{2} 40.70m	133-7	3/29
4	18	Emma BROWN	JR #8 Greenville	39.95m	131-1	3/30
5	36	Heather MICHALSKI	JR #11 Augustana (Ill.)	38.58m	126-7	4/6
6	41	Ashley GLENNON	SO #10 Dubuque	37.97m	124-7	3/28
7	46	Bri OSTERSON	JR #15 Cornell College	37.66m	123-7	4/13
8	59	Abbi THOMASON	JR #8 Greenville	{2} 37.16m	121-11	4/13
9	65	Addie THOMAS	JR #7 Nebraska Wesley	{2} 36.92m	121-2	4/5
10	85	Haley BEMINIO	SR #3 Wartburg	35.93m	117-11	4/6

Women's Heptathlon

1	1	Grace ALLEY	SR #4 Loras	5,233c	(5233.00A)	4/6
2	56	Caitlin BENESH	FR #3 Wartburg	3,239		4/6
3	69	Jazmine WOODE	FR #3 Wartburg	{2} 2,881		4/6



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Women's 100 Meters

1	8	Autumn PITTMAN	JR	#5	SUNY Cortland	11.96w	(2.2)	4/7
2	21	Ashley HEFFERNAN	SR	#3	Rochester (N.Y.)	12.09w	(2.3)	4/7
3	29	Brynn MOONEY	FR	#1	SUNY Geneseo	12.15w	(2.3)	4/7
4	75	Khia LASTER	JR	#13	Buffalo State	12.38	(0.0)	4/13
5	93	Mackenzie MIX	JR	#9	Utica	12.43w	(3.5)	4/6
6		Kendall SOBCZYK	SO	#5	SUNY Cortland {2}	12.50w	(2.2)	4/7
7		Seneca GUNERATNE	FR	#6	NYU	12.55	(1.6)	3/23
8		Victoria BREWSTER	SO	#16	Houghton	12.56w	(2.3)	4/7
9		Alexia PRINCE	FR	#5	SUNY Cortland {3}	12.62w	(2.2)	4/7
10		Alaina MORLEY	SO	#8	Nazareth	12.70	(0.0)	4/13

Women's 100 Meter Hurdles

1	20	Ashley HEFFERNAN	SR	#3	Rochester (N.Y.)	14.55	(1.9)	4/13
2	23	Ejim NNATE	JR	#10	SUNY Oneonta	14.64	(-1.8)	3/16
3	26	Danielle FISK	SR	#5	SUNY Cortland	14.73	(1.2)	4/14
4	37	Laura SUPPA	SO	#2	Ithaca	14.88	(1.5)	3/23
5	43	Jill AMBLER	FR	#1	SUNY Geneseo	14.97	(1.2)	4/14
6	53	Rachel LARSON	SO	#2	Ithaca {2}	15.09w	(2.7)	4/12
7	97	Allyson SUROWICK	SR	#1	SUNY Geneseo {2}	15.48	(1.3)	4/13
8		Allison REGNANTE	JR	#7	RIT	15.58	(1.2)	4/7
9		Anne SPILA	JR	#14	Alfred	15.70	(0.8)	3/30
10		Dasha JACKSON	SO	#6	NYU	15.72w	(2.1)	3/30

Women's 200 Meters

1	4	Sadie SCHREINER	SO	#7	RIT	24.50	(0.6)	4/7
2	14	Brynn MOONEY	FR	#1	SUNY Geneseo	24.79	(0.6)	4/7
3	23	Ashley HEFFERNAN	SR	#3	Rochester (N.Y.)	24.96	(-0.6)	4/13
4	26	Autumn PITTMAN	JR	#5	SUNY Cortland	25.04	(0.7)	4/14
5	74	Khia LASTER	JR	#13	Buffalo State	25.45	(0.6)	4/7
6	100	Caroline HILL	JR	#7	RIT {2}	25.67	(0.6)	4/7
7		Ava BUTLER	FR	#2	Ithaca	25.82w	(2.6)	4/12
8		Megan BELL	JR	#3	Rochester (N.Y.) {2}	25.83	(0.9)	4/7
9		Mackenzie MIX	JR	#9	Utica	25.90	(0.8)	4/13
10		Natalie MACARTHUR	JR	#2	Ithaca {2}	25.91w	(2.6)	4/12

Women's 400 Meters

1	4	Sadie SCHREINER	SO	#7	RIT	55.44		4/14
2	5	Megan BELL	JR	#3	Rochester (N.Y.)	56.04		4/7
3	9	Madeline O'CONNELL	SR	#3	Rochester (N.Y.) {2}	56.58		4/14
4	18	Brynn MOONEY	FR	#1	SUNY Geneseo	57.11		4/14
5	44	Khia LASTER	JR	#13	Buffalo State	57.94		3/30
6	62	Jenna RACZKA	SR	#13	Buffalo State {2}	58.48		4/13
7	81	Mackenzie MIX	JR	#9	Utica	58.72		4/13
8	85	Zoe RODI	SO	#18	SUNY Delhi	58.75		4/14
9	97	Avery HEBERT	SR	#5	SUNY Cortland	58.92		4/14
10		Caroline HILL	JR	#7	RIT {2}	59.29		4/7

Women's 400 Meter Hurdles

1	2	Natalia SAWYER	SO	#13	Buffalo State	1:00.11		4/13
2	14	Nora CHEN	FR	#3	Rochester (N.Y.)	1:03.46		4/7
3	28	Janelle ECKL	JR	#1	SUNY Geneseo	1:04.91		4/7
4	52	Luca PECORA	JR	#2	Ithaca	1:05.77		4/7
5	56	Hannah TURNER	SO	#12	Hamilton	1:05.89		3/30
6		Samantha CRISCI	SO	#7	RIT	1:07.86		4/7
7		Alyssa YOUNGS	FR	#9	Utica	1:08.13		3/30
8		Lily REXFORD	FR	#4	SUNY Brockport	1:08.15		4/7
9		Mackenzie RICHARD	SO	#6	NYU	1:08.23		3/30
10		Yasmine PERALTA	SO	#5	SUNY Cortland	1:08.30		4/14

Women's 800 Meters

1	6	Megan BELL	JR	#3	Rochester (N.Y.)	2:10.59		4/14
2	60	Sierra DOODY	SO	#1	SUNY Geneseo	2:16.36		4/14
3	72	Janelle ECKL	JR	#1	SUNY Geneseo {2}	2:17.30		3/30
4	79	Olivia GILBERT	SR	#14	Alfred	2:17.63		4/14
5		Katherine SCIBELLI	SO	#12	Hamilton	2:18.73		4/12
6		Mia VIZCAINO	JR	#4	SUNY Brockport	2:20.59		3/30
7		Joy PETERSEN	SO	#2	Ithaca	2:20.86		3/30
8		Ashley HEFFERNAN	SR	#3	Rochester (N.Y.) {2}	2:21.39		4/13
9		Nieve MAHOOD	JR	#1	SUNY Geneseo {3}	2:21.57		4/14
10		Lilly FOWLER-CONNER	JR	#1	SUNY Geneseo {4}	2:21.95		4/7

Women's 1500 Meters

1	4	Grace RICHARDSON	SR	#6	NYU	4:26.88		4/13
2	67	Rachel HIRSCHKIND	SR	#1	SUNY Geneseo	4:42.29		3/30
3	82	Sierra DOODY	SO	#1	SUNY Geneseo {2}	4:43.39		4/7
4	94	Kate COCHRAN	JR	#6	NYU {2}	4:44.24		4/13
5		Janie COOPER	SO	#6	NYU {3}	4:44.67		4/13
6		Lilly FOWLER-CONNER	JR	#1	SUNY Geneseo {3}	4:45.51		4/7
7		Amelia GILBERT	SR	#7	RIT	4:45.65		4/7
8		Dominga RIVERA	FR	#6	NYU {4}	4:49.26		3/30
9		Daniela SEKHAR	SO	#6	NYU {5}	4:49.69		4/13
10		Kerry FLOWER	SR	#4	SUNY Brockport	4:49.88		4/7

Women's Steeplechase

1	11	Rachel HIRSCHKIND	SR	#1	SUNY Geneseo	10:49.51		4/7
2	42	Ann BRENNAN	SO	#1	SUNY Geneseo {2}	11:25.55		4/7
3	43	Isabel MARZEC	JR	#1	SUNY Geneseo {3}	11:26.50		4/14
4	48	Kaitlyn GROSSMAN	JR	#1	SUNY Geneseo {4}	11:29.17		4/14
5	49	Kat BENNINGER	SR	#3	Rochester (N.Y.)	11:29.90		4/7
6	56	Alexa WOLCOTT	SO	#5	SUNY Cortland	11:35.23		3/30
7	68	Betsy OVERSTRUM	SR	#12	Hamilton	11:39.01		4/6
8	73	Melissa INNOCENT	FR	#5	SUNY Cortland {2}	11:39.99		3/30
9	76	Anika PARNELL	SR	#5	SUNY Cortland {3}	11:41.32		4/14
10	83	Ella IMPAGLIA	SO	#8	Nazareth	11:44.41		4/7



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Women's 5000 Meters

1	18	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	16:58.53	4/14
2	45	Penelope GREENE	JR	#1 SUNY Geneseo {2}	17:19.84	3/30
3	48	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	17:20.61	3/30
4	55	Morgan UHLHORN	FR	#6 NYU	17:27.00	4/13
5	59	Janie COOPER	SO	#6 NYU {2}	17:31.00	3/30
6	70	Sennett TURNER	SR	#3 Rochester (N.Y.)	17:36.77	3/29
7	94	Kerry FLOWER	SR	#4 SUNY Brockport	17:44.12	3/30
8	98	Daniela SEKHAR	SO	#6 NYU {3}	17:45.59	3/30
9		Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	17:49.06	3/30
10		Jessica GOODE	SO	#2 Ithaca	17:49.28	3/30

Women's 10,000 Meters

1	2	Grace RICHARDSON	SR	#6 NYU	34:06.21	3/30
2	12	Penelope GREENE	JR	#1 SUNY Geneseo	35:24.68	4/14
3	16	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {2}	35:41.18	4/14
4	19	Kate COCHRAN	JR	#6 NYU {2}	35:49.65	3/30
5	20	Kerry FLOWER	SR	#4 SUNY Brockport	35:53.42	4/14
6	24	Sennett TURNER	SR	#3 Rochester (N.Y.)	36:07.87	4/14
7	45	Katherine VOGEL	SR	#1 SUNY Geneseo {3}	37:12.80	4/14
8	51	Megan FRANCOEUR	JR	#10 SUNY Oneonta	37:51.33	4/14
9	78	Riley JAMESON	JR	#11 St. John Fisher	38:53.39	4/13
10	79	Kylie OBLAK	SR	#12 Hamilton	38:56.01	3/30

Women's 4x100 Relay

1	29	Kendall Sobczyk, Alexia Prince, Avery Hebert, Autumn Pittman	#5 SUNY Cortland	48.35	4/7
2	59	Allison Regnante, Sadie Schreiner, Rania Sabri, Caroline Hill	#7 RIT	49.20	3/30
3	85	Zeniyah Gholson, Abrianna Wadley, Laura Meade, Mackenzie Mix	#9 Utica	49.94	4/13
4	92	Margaret Petty, Danielle Jackson, Nicolette DuBose, Ejim Nnate	#10 SUNY Oneonta	50.05	4/7
5	95	Julia Largett, Alyssa Hoogs, Ashleigh Barrett, Ashley Heffernan	#3 Rochester (N.Y.)	50.11	4/7
6		Kate Walsh, Seneca Guneratne, Cindy Leonard, Beverly Okyere	#6 NYU	50.36	3/30
7		Devan Adegbile, Ava Butler, Tayla Hummel, Rachel Larson	#2 Ithaca	50.43	3/23
8		Allyson Surowick, Ally Alvira, Julianna Klimow, Olivia Smock	#1 SUNY Geneseo	50.65	3/30
9		Alexis Lasher, Alaina Morley, Caitlyn Smithers, Jasmine Kendrick	#8 Nazareth	50.87	4/7
10		Peyton Grimm, Ivy Laffan, Rylee Long, Madison Kappeler	#15 Penn State Behr	51.40	3/30



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Women's 4x400 Relay

1	38	Samantha Crisci, Caroline Hill, Violet Amelee, Sadie Schreiner	#7 RIT	4:01.42	4/7
2	39	Sierra Doody, Lainey Flaitz, Sophia Barclay, Jill Ambler	#1 SUNY Geneseo	4:01.60	4/7
3	51	Emily Johnson, Giana Haubrich, Natalie MacArthur, Ava Butler	#2 Ithaca	4:04.69	4/7
4	54	Maris Seabury, Matty Lucey, Yasmine Peralta, Avery Hebert	#5 SUNY Cortland	4:05.22	4/7
5	68	Maya Hatch, Nora Chen, Raquella Casserino, Rita Sciortino	#3 Rochester (N.Y.)	4:06.91	4/7
6	74	Claire Tratnyek, Katherine Scibelli, Alexa Thomas, Hannah Turner	#12 Hamilton	4:07.89	3/30
7	98	Areyanna McCarthy, Laila Goodman, Cindy Leonard, Beverly Okyere	#6 NYU	4:11.47	4/6
8		Shiana Susa, Alexis Lasher, Kennedy Rose, Isabella Heath	#8 Nazareth	4:18.14	3/30
9		Eko Dodd-Brown, Danielle Jackson, Taylor Johnson, Daniea Austin	#10 SUNY Oneonta	4:20.81	4/7
10		Victoria Dietrich, Madison Kappeler, Peyton Grimm, Ivy Laffan	#15 Penn State Behr	4:23.19	4/13

Women's High Jump

1	10	Danielle FISK	SR	#5 SUNY Cortland	1.67m	5-5¾	4/14
2	19	Madeleine WRIGHT	FR	#2 Ithaca	1.63m	5-4¼	4/7
3	85	Bianca DURSO	SR	#14 Alfred	1.57m	5-1¾	4/6
3	85	Rhiannon BUTCHKO	SO	#19 SUNY Oswego	1.57m	5-1¾	4/7
3	85	Regan KAISER	JR	#5 SUNY Cortland	{2} 1.57m	5-1¾	4/7
6		Daria NIEBRZYDOWSKI	SO	#22 Hunter	1.55m	5-1	4/7
7		Ashley HEFFERNAN	SR	#3 Rochester (N.Y.)	1.54m	5-½	4/13
7		Cecelia LABONTE	SO	#2 Ithaca	{2} 1.54m	5-½	4/7
7		Lydia BARBER	FR	#2 Ithaca	{2} 1.54m	5-½	4/7
10		Areyanna MCCARTHY	SO	#6 NYU	1.53m	5-¼	4/6
10		Michaela LEVESQUE	SR	#4 SUNY Brockport	1.53m	5-¼	4/13

Women's Pole Vault

1	25	Cara PELLECHIA	SO	#17 Fredonia	3.63m	11-10¾	4/13
2	28	Catherine FOX	SR	#7 RIT	3.61m	11-10	4/13
3	42	Erin EASTWOOD	SO	#2 Ithaca	3.50m	11-5¾	4/7
4	51	Rosie MORSE	SO	#8 Nazareth	3.46m	11-4¼	4/13
4	51	Kiara TORNUSCIOLO	SO	#8 Nazareth	3.46m	11-4¼	4/13
6	54	Madison KAPPELER	JR	#15 Penn State Behr	3.45m	11-3¾	4/6
7	59	Bree BOYLE	SO	#2 Ithaca	{2} 3.40m	11-1¾	4/13
8	71	Becca BREADY	SO	#4 SUNY Brockport	3.35m	10-11¾	3/30
8	71	Tess EICHNER	SR	#4 SUNY Brockport	3.35m	10-11¾	3/30
8	71	Talia HUTCHINSON	FR	#2 Ithaca	{3} 3.35m	10-11¾	3/30

Women's Long Jump

1	5	Ashley HEFFERNAN	SR	#3 Rochester (N.Y.)	5.78m	18-11¾ (2.0)	4/13
2	10	Khia LASTER	JR	#13 Buffalo State	5.65m	18-6½ (1.7)	3/30
3	27	Nora DEVITT	JR	#9 Utica	5.52m	18-1½ (0.9)	4/13
4	33	Mia MONTGOMERY	SR	#4 SUNY Brockport	5.46m	17-11 (-2.6)	4/13
5	46	Jill AMBLER	FR	#1 SUNY Geneseo	5.39m	17-8¾ (-1.3)	4/7
6	49	Veronica DUELL	JR	#11 St. John Fisher	5.38m	17-8 (-1.8)	4/13
7	78	Stefania GRIMALDI	FR	#9 Utica	{2} 5.29m	17-4¼ (0.9)	4/13
8	82	Danielle FISK	SR	#5 SUNY Cortland	5.28mw	17-4 (2.9)	3/30
9	84	Alaina MORLEY	SO	#8 Nazareth	5.27m	17-3½ (-0.4)	4/7
10		Ejim NNATE	JR	#10 SUNY Oneonta	5.22m	17-1½ (1.4)	4/7

Women's Triple Jump

1	19	Ally ALVIRA	SR	#1 SUNY Geneseo	11.70m	38-4¾ (0.6)	3/30
2	38	Katelyn JACQUES	SR	#1 SUNY Geneseo	{2} 11.31mw	37-1¼ (2.5)	4/14
3	40	Isabella HEATH	SR	#8 Nazareth	11.27m	36-11¾ (1.2)	3/30
4	50	Alyssa HOGGS	SR	#3 Rochester (N.Y.)	11.18m	36-8¾ (1.0)	4/14
4	50	Nora DEVITT	JR	#9 Utica	11.18m	36-8¾ (1.8)	4/13
6	74	Zeniyah GHOLSON	SO	#9 Utica	{2} 11.00m	36-1¼ (0.8)	4/13
7	76	Gianna BOLAND	FR	#1 SUNY Geneseo	{3} 10.99m	36-¾ (1.0)	4/7
8	80	Lena KIEHL	SR	#1 SUNY Geneseo	{4} 10.97m	36-0 (-0.4)	4/14
9	87	Alyssa YOUNGS	FR	#9 Utica	{3} 10.94m	35-10¾ (1.7)	3/30
10	90	Sasha SCHRAMM	SO	#4 SUNY Brockport	10.92m	35-10 (1.8)	4/13

Women's Shot Put

1	4	Jane FAHY	SR	#9 Utica	14.32m	46-11¾	3/30
2	24	Isabella FABRIZIO	JR	#10 SUNY Oneonta	13.13m	43-1	3/16
3	35	Sarah CROCKETT	SR	#4 SUNY Brockport	12.90m	42-4	4/7
4	40	Makenna KING	SR	#11 St. John Fisher	12.85m	42-2	4/13
5	47	Zoe CONNER	SR	#1 SUNY Geneseo	12.71m	41-8½	4/7
6	59	Emily DIMARCO	JR	#7 RIT	12.56m	41-2½	4/7
7	84	Madison PALMER	SR	#16 Houghton	12.26m	40-2¾	3/30
8		Deziree GARRICK	JR	#3 Rochester (N.Y.)	12.01m	39-5	4/7
9		Marinna HEICHBERGER	SO	#7 RIT	{2} 11.98m	39-3¾	4/14
10		Trinity DEES	SO	#4 SUNY Brockport	{2} 11.90m	39-½	4/7



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Niagara

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Women's Discus

1	11	Makenna KING	SR	#11 St. John Fisher	44.17m	144-11	3/29
2	27	Allie CARY	FR	#9 Utica	42.41m	139-2	4/13
3	57	Lily SEYFERT	SO	#2 Ithaca	40.11m	131-7	3/23
4	58	Emily DIMARCO	JR	#7 RIT	40.10m	131-7	3/30
5	94	Cora ROSE	JR	#3 Rochester (N.Y.)	38.49m	126-4	4/13
6	96	Skyler KLIMOW	SO	#1 SUNY Geneseo	38.44m	126-2	3/30
7	99	Rebecca HEULER	JR	#4 SUNY Brockport	38.31m	125-8	4/13
8		Bailee DRUMMOND	FR	#7 RIT	{2} 37.82m	124-1	3/30
9		Jane FAHY	SR	#9 Utica	{2} 37.03m	121-6	4/6
10		Cheyenne MCPEEK	FR	#2 Ithaca	{2} 36.84m	120-11	4/7

Women's Hammer

1	18	Lea RICHARD	SR	#8 Nazareth	51.37m	168-7	4/7
2	30	Zoe CONNER	SR	#1 SUNY Geneseo	49.84m	163-6	4/7
3	33	Isabella FABRIZIO	JR	#10 SUNY Oneonta	49.11m	161-2	3/16
4	51	Hannah MCMASTERS	SO	#5 SUNY Cortland	47.94m	157-4	4/7
5	61	Emma KINNICUTT	SR	#4 SUNY Brockport	47.33m	155-4	3/30
6	63	Sarah CROCKETT	SR	#4 SUNY Brockport	{2} 47.14m	154-8	4/13
7	71	Sarah PARR	SR	#4 SUNY Brockport	{3} 46.89m	153-10	4/7
8	78	Lily SEYFERT	SO	#2 Ithaca	46.49m	152-7	4/7
9	91	Jennifer NDUKWU	SO	#5 SUNY Cortland	{2} 45.47m	149-2	4/7
10	96	Riley KING	FR	#9 Utica	45.14m	148-1	4/13

Women's Javelin

1	2	Rebecca HEULER	JR	#4 SUNY Brockport	44.39m	145-8	4/13
2	27	Emma GRUNIN	SO	#6 NYU	39.06m	128-2	4/13
3	29	Lily SEYFERT	SO	#2 Ithaca	38.93m	127-9	3/23
4	33	Skyler KLIMOW	SO	#1 SUNY Geneseo	38.68m	126-11	3/30
5	52	Julia BALASKI	SO	#15 Penn State Behr	37.39m	122-8	3/30
6	86	Dana SCHWARTZ	SO	#12 Hamilton	35.91m	117-10	4/6
7		Delaney PRATHER	FR	#14 Alfred	34.23m	112-4	3/30
8		Sonya SHIVOK	JR	#7 RIT	33.80m	110-11	4/7
9		Aimee OSZER	FR	#3 Rochester (N.Y.)	33.58m	110-2	4/13
10		Sage DOUGLASS	JR	#10 SUNY Oneonta	32.99m	108-3	3/16

Women's Heptathlon

1	3	Ashley HEFFERNAN	SR	#3 Rochester (N.Y.)	4,951	4/13
2	30	Cecelia LABONTE	SO	#2 Ithaca	3,844	4/12
3	39	Samantha LUBA	SO	#8 Nazareth	3,633	4/13
4	44	Julia LARGETT	SO	#3 Rochester (N.Y.)	{2} 3,528	4/13
5	50	Madeleine WRIGHT	FR	#2 Ithaca	{2} 3,422	4/12
6	51	Hannah RAGULE	SR	#8 Nazareth	{2} 3,417	4/13
7	52	Lauren BENDALL	SR	#8 Nazareth	{3} 3,404	4/13
8	65	Elli CLOUTIER	FR	#2 Ithaca	{3} 3,004	4/12
9	70	Katie WIDMER	SR	#16 Houghton	2,871	4/12
10	74	Madison BAKER	SR	#4 SUNY Brockport	2,839	4/13



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North

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Women's 100 Meters

1	1	Tina SHELTON	JR	#5	UW-Whitewater	11.74w	(3.2)	4/5
2	2	Lauren JARRETT	SO	#1	UW-La Crosse	11.80	(-0.4)	4/13
3	17	Makenna ZAK	SO	#1	UW-La Crosse	{2} 12.02w	(3.0)	4/6
4	27	Jireh BABALOLA	SR	#3	Bethel (Minn.)	12.13	(0.7)	4/13
5	29	Anika REILAND	FR	#1	UW-La Crosse	{3} 12.15	(0.9)	4/6
6	31	Kate CARLSON	JR	#7	Gustavus Adolp	12.16	(0.7)	4/13
7	58	Diarra CHATHAM	FR	#25	Macalester	12.32	(0.9)	4/13
8	68	Danielle POUSKA	SO	#5	UW-Whitewater	{2} 12.36w	(3.2)	4/5
9	73	Lexi LEFEVER	SR	#14	UW-River Falls	12.37w	(2.4)	4/13
10	93	Kate GALLAGHER	SR	#10	Saint Benedict	12.43	(0.7)	4/13

Women's 100 Meter Hurdles

1	3	Kelsie SEALOCK	SR	#3	Bethel (Minn.)	13.93w	(2.7)	4/6
2	7	Hannah ZASTROW	JR	#4	UW-Stout	14.13	(1.9)	4/6
3	33	Emilee BOOKER	JR	#2	UW-Eau Claire	14.83	(1.7)	4/6
4	42	Brie ECKERMAN	FR	#1	UW-La Crosse	14.96	(1.9)	4/6
5	45	Jaryn JOHANNSEN	JR	#2	UW-Eau Claire	{2} 14.99	(0.8)	4/13
6	48	Hannah HOLM	JR	#1	UW-La Crosse	{2} 15.04	(-1.1)	4/13
7	62	Lexi LEFEVER	SR	#14	UW-River Falls	15.17	(-2.8)	3/21
7	62	Maya HIELSCHER	JR	#17	Concordia Wisco	15.17w	(3.3)	4/13
9	69	Lilly ROBERTS	SO	#4	UW-Stout	{2} 15.22	(2.0)	4/13
10	75	Gabby BODIN	SR		St. Catherine (Mi	15.30	(1.8)	4/13
10	75	Becca HANSEN	FR	#4	UW-Stout	{3} 15.30w	(2.3)	4/13

Women's 200 Meters

1	5	Tina SHELTON	JR	#5	UW-Whitewater	24.54	(-0.2)	4/13
2	18	Megan GERAETS	JR	#7	Gustavus Adolp	24.84	(0.2)	4/6
3	21	Anika REILAND	FR	#1	UW-La Crosse	24.87	(-0.2)	4/13
4	25	Lexi LEFEVER	SR	#14	UW-River Falls	25.02	(1.2)	3/21
5	34	Kate CARLSON	JR	#7	Gustavus Adolp	{2} 25.15	(0.2)	4/6
6	62	Makenna ZAK	SO	#1	UW-La Crosse	{2} 25.33	(-0.2)	4/13
7	94	Emily RENGO	SO	#16	Concordia Moorl	25.62	(2.0)	4/12
8		Candis DAMSTE	SR	#21	Beloit	25.76	(0.9)	4/6
9		Molly KALLENBACH	JR	#2	UW-Eau Claire	25.84	(-0.1)	4/13
10		Jenna ZAHORIK	SR	#17	Concordia Wisco	25.89	(0.9)	4/6

Women's 400 Meters

1	30	Amber JOHNSON	SR	#1	UW-La Crosse	57.61		4/13
2	37	Maddy LAVOI	FR	#6	UW-Oshkosh	57.73		4/6
3	46	Allison HOOKOM	SO		Augsburg	58.03		3/16
4	47	Shalom SULUNGAINÉ	FR	#3	Bethel (Minn.)	58.04		4/13
5	53	Megan GERAETS	JR	#7	Gustavus Adolp	58.27		4/6
6	54	Morgan JENNINGS	SO	#1	UW-La Crosse	{2} 58.28		4/13
7	65	Candis DAMSTE	SR	#21	Beloit	58.49		4/13
8	75	Hannah BILODEAU	SO	#5	UW-Whitewater	58.67		4/13
9	83	Hailey GREGG	JR	#3	Bethel (Minn.)	{2} 58.74		3/15
10	92	Anna PLAUTZ	FR	#1	UW-La Crosse	{3} 58.83		4/13

Women's 400 Meter Hurdles

1	8	Kelsie SEALOCK	SR	#3	Bethel (Minn.)	1:02.66		4/6
2	25	Jaryn JOHANNSEN	JR	#2	UW-Eau Claire	1:04.69		4/13
3	27	Lauren BERG	SO	#10	Saint Benedict	1:04.89		4/13
4	33	Ashley BARTELT	JR	#15	UW-Stevens Poir	1:05.06		4/5
5	38	Gretchen MCNEAL	SO	#1	UW-La Crosse	1:05.22		4/13
6	44	Jessica BUSS	SR	#13	UW-Platteville	1:05.31		4/13
7	47	Brayli REIMER	FR		Crown	1:05.44		4/13
8	48	Michaela DICK	FR	#2	UW-Eau Claire	{2} 1:05.49		4/13
9	49	Hannah KVANT	FR	#3	Bethel (Minn.)	{2} 1:05.50		4/13
10	64	Grace MORAVCHIK	FR		Northwestern-Si	1:06.27		4/13

Women's 800 Meters

1	8	Cyna MADIGAN	JR	#6	UW-Oshkosh	2:11.68		3/29
2	16	Annessa IHDE	SR	#3	Bethel (Minn.)	2:12.36		4/13
3	35	Mary BLANCHARD	JR	#9	Carleton	2:14.73		4/13
4	36	Greta KOEHLER	SR	#1	UW-La Crosse	2:14.84		4/13
5	45	Anna SCHUETH	SR	#2	UW-Eau Claire	2:15.60		4/13
6	48	Libby GEISNESS	JR	#6	UW-Oshkosh	{2} 2:15.69		3/29
7	62	Fiona SMITH	SR	#10	Saint Benedict	2:16.72		4/13
8	74	Breklyn LAMMERT	JR	#4	UW-Stout	2:17.48		4/13
9	89	Allison HOOKOM	SO		Augsburg	2:18.20		3/16
10	91	Lara ERICKSON	JR	#9	Carleton	{2} 2:18.22		4/13

Women's 1500 Meters

1	5	Fiona SMITH	SR	#10	Saint Benedict	4:29.02		4/13
2	17	Amelia LEHMAN	SR	#6	UW-Oshkosh	4:33.79		3/29
3	20	Helen CROSS	SR	#9	Carleton	4:34.19		4/13
4	32	Maddie HANNAN	SR	#1	UW-La Crosse	4:35.86		4/6
5	45	McKayla FELTON	JR	#4	UW-Stout	4:39.34		4/6
6	58	Annessa IHDE	SR	#3	Bethel (Minn.)	4:41.40		4/6
7	59	Kaitlyn RODMAN	SR	#22	MSOE	4:41.43		4/12
8	81	Olivia DONOHUE	JR	#4	UW-Stout	{2} 4:43.33		4/6
9		Breklyn LAMMERT	JR	#4	UW-Stout	{3} 4:44.69		3/29
10		Anna SCHUETH	SR	#2	UW-Eau Claire	4:45.07		4/6

Women's Steeplechase

1	8	Katelyn CHADWICK	JR	#1	UW-La Crosse	10:46.17		3/29
2	21	Sophie MCMANUS	JR	#9	Carleton	11:00.09		4/13
3	30	Gracie BUCHINGER	SO	#6	UW-Oshkosh	11:17.96		3/29
4	45	Libby ROWLAND	JR	#9	Carleton	{2} 11:26.91		4/13
5	51	Grace MOELLER	SO	#11	St. Olaf	11:31.20		3/29
6	57	Meygan BENZING	SR	#6	UW-Oshkosh	{2} 11:35.60		4/13
7	81	Emma AHRENS	FR	#17	Concordia Wisco	11:43.62		4/13
8	85	Paige ALLEMANN	SR	#15	UW-Stevens Poir	11:44.76		4/5
9	89	Sydney HAGEN	JR	#7	Gustavus Adolp	11:46.38		4/13
10	96	Elizabeth SCHWARTZ	FR	#1	UW-La Crosse	{2} 11:47.93		4/6



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Women's 5000 Meters

1	16	Amelia LEHMAN	SR	#6 UW-Oshkosh	16:55.99	4/13
2	21	McKayla FELTON	JR	#4 UW-Stout	16:59.87	4/13
3	30	Hannah PREISSER	JR	#9 Carleton	17:08.79	4/6
4	33	Lauren WALDA	SO	#11 St. Olaf	17:12.06	4/13
5	34	Ally VERBAUWHEDE	SR	#19 Edgewood	17:12.07	4/13
6	35	Phoebe WARD	SR	#9 Carleton {2}	17:12.42	4/6
7	39	Katelyn CHADWICK	JR	#1 UW-La Crosse	17:15.36	4/13
8	50	Alison BODE	JR	#11 St. Olaf {2}	17:22.79	4/13
9	58	Bella CALL	SR	#11 St. Olaf {3}	17:30.26	4/13
10	60	Helen CROSS	SR	#9 Carleton {3}	17:31.17	4/6

Women's 10,000 Meters

1	1	Fiona SMITH	SR	#10 Saint Benedict	32:57.28	3/30
2	8	Ally VERBAUWHEDE	SR	#19 Edgewood	35:09.84	3/29
3	21	Madelynn MCINTYRE	JR	#1 UW-La Crosse	35:54.30	3/29
4	37	Brooklyn LUEBKE	FR	#1 UW-La Crosse {2}	36:54.68	3/29
5	74	Kylie SMITH	JR	#8 Carthage	38:41.23	4/6
6		Brenna CISLER	SR	#12 St. Norbert	39:48.61	3/28
7		Faith MERTZIG	SR	#12 St. Norbert {2}	39:59.23	3/28
8		Evelyn VILLALOBOS	JR	#7 Gustavus Adolphus	40:24.09	4/6
9		Claire SCHOENFIELD	JR	#7 Gustavus Adolphus {2}	41:16.47	4/6
10		Aubrey BROZ	JR	#8 Carthage {2}	42:09.45	4/6

Women's 4x100 Relay

1	7	Makenna Zak, Anika Reiland, Taylor Molling, Katie McGlothlen	#1 UW-La Crosse	47.36	4/13
2	10	Hannah Bilodeau, Tina Shelton, Jacqueline Kornowski, Danielle Pouska	#5 UW-Whitewater	47.49	4/13
3	34	Hope Schueller, Allyson Kakes, Kylee Grabarski, Molly Kallenbach	#2 UW-Eau Claire	48.51	4/13
4	39	Danielle Miller, Megan Geraets, Ally Rakow, Kate Carlson	#7 Gustavus Adolphus	48.59	4/13
5	43	Jenna Driscoll, Lilly Gamache, Lilly Roberts, Makayla Durango	#4 UW-Stout	48.67	4/6
6	47	Myah Nelson, Tiana Johnson, Grace Buntrock, Kate Gallagher	#10 Saint Benedict	48.82	4/13
7	49	Caitlynn Hahn, Kayla Lipsey, Alexis Healey, Elianna Dalamangas	#13 UW-Platteville	48.89	4/6
8	51	Jireh Babalola, Abbie Swenson, Raina Kaping, Hannah Kvant	#3 Bethel (Minn.)	48.95	4/13
9	54	Ella Ahlstrand, Andrea Glaz, Julia Steger, Devin Hable	#6 UW-Oshkosh	49.01	4/13
10	64	Darcel Royster, Alayna Furch, Hannah Welte, Candis Damste	#21 Beloit	49.43	4/13



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North

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Women's 4x400 Relay

1	9	Kelsie Sealock, Shalom Sulungaine, Abbie Swenson, Annessa Ihde	#3 Bethel (Minn.)	3:53.69	4/13
2	13	Julia Steger, Cyna Madigan, Olivia Stenzel, Maddy LaVoi	#6 UW-Oshkosh	3:55.33	4/13
3	14	Taylor Molling, Anika Reiland, Katie McGlothlen, Gretchen McNeal	#1 UW-La Crosse	3:55.85	4/13
4	20	Kylee Grabarski, Jane Kautz, Lauren Dimler, Emilee Booker	#2 UW-Eau Claire	3:56.54	4/13
5	37	Kyla Nygaard, Meg Shercliffe, Maddie Guler, Emily Rengo	#16 Concordia Moorl	4:01.25	4/12
6	42	Margaret Rusch, Kayla Lipsey, Jessica Buss, Elianna Dalamangas	#13 UW-Platteville	4:02.52	4/13
7	59	Alice Cutter, Lara Erickson, Hadley Twichell, Riley Roberts	#9 Carleton	4:06.03	4/13
8	61	Paige Fassbender, Brynn Fuerstenberg, Lauren Coppes, Lily Cooper	#5 UW-Whitewater	4:06.30	4/13
9	66	Sophia Miller, Candis Damste, Jaeonie Echols, Alayna Furch	#21 Beloit	4:06.81	4/13
10	81	Anetha Vogeale, Jaimie Deschand, Ashley Bartelt, Malina Carattini	#15 UW-Stevens Poir	4:08.81	4/13

Women's High Jump

1	7	Hailey CAMPBELL	FR #13 UW-Platteville	1.68m	5-6	4/13
1	7	Ainsley HANSEN	SO #1 UW-La Crosse	1.68m	5-6	4/6
3	14	Hannah ZASTROW	JR #4 UW-Stout	1.65m	5-5	4/13
4	19	Emily WILLIAMS	JR #2 UW-Eau Claire	1.63m	5-4 1/4	4/6
5	39	Rachel ROMENS	JR Wisconsin Luthe	1.60m	5-3	4/6
5	39	Laura BERTRANG	FR #2 UW-Eau Claire {2}	1.60m	5-3	4/13
5	39	Erin BEER	JR #7 Gustavus Adolp	1.60m	5-3	4/6
5	39	Macie TODD	JR #1 UW-La Crosse {2}	1.60m	5-3	4/13
5	39	Brynn FUERSTENBERG	SO #5 UW-Whitewater	1.60m	5-3	4/13
5	39	Mara LARSON	FR #11 St. Olaf	1.60m	5-3	4/6

Women's Pole Vault

1	2	Gracie HOLLAND	JR #5 UW-Whitewater	3.93m	12-10 3/4	4/13
2	3	Annika GUNDERSON	SO #14 UW-River Falls	3.90m	12-9 1/2	3/29
3	11	Maddy HABBERSTAD	FR #1 UW-La Crosse	3.75m	12-3 1/2	4/6
4	25	Emily SHAFRON	SO #1 UW-La Crosse {2}	3.63m	11-10 3/4	4/13
5	27	Jaylyn AHLBERG	SO #10 Saint Benedict	3.62m	11-10 1/2	4/13
6	29	Leah ZASTROW	SO #4 UW-Stout	3.60m	11-9 3/4	4/6
7	45	Marisa HARVEY	FR #1 UW-La Crosse {3}	3.48m	11-5	4/13
7	45	Araceli DE LEO LOPEZ	SO #1 UW-La Crosse {3}	3.48m	11-5	4/13
7	45	Ayden FLEEHRARY	SR #2 UW-Eau Claire	3.48m	11-5	4/13
7	45	Zoe JENKS-RECKER	SO #5 UW-Whitewater {2}	3.48m	11-5	4/13

Women's Long Jump

1	2	Maya EVANS	SO #1 UW-La Crosse	5.87m	19-3 3/4 (0.6)	4/13
2	9	Megan GERAETS	JR #7 Gustavus Adolp	5.67m	18-7 1/2 (2.0)	4/13
3	15	Stephanie WITBROD	JR #20 Bethany Luthera	5.60m	18-4 1/2 (2.0)	4/6
4	30	Jenna DRISCOLL	JR #4 UW-Stout	5.48m	17-11 3/4 (0.0)	4/13
5	40	Ava FOLEY	SO #1 UW-La Crosse {2}	5.42m	17-9 1/2 (2.0)	4/6
5	40	Gracie HOLLAND	JR #5 UW-Whitewater	5.42m	17-9 1/2 (1.3)	4/13
7	50	Hailey CAMPBELL	FR #13 UW-Platteville	5.36m	17-7 (0.9)	4/6
8	55	Samantha BARRETT	JR #1 UW-La Crosse {3}	5.35m	17-6 3/4 (-1.0)	4/13
8	55	Alison DAUGHERTY	FR #1 UW-La Crosse {3}	5.35m	17-6 3/4 (1.6)	4/13
10	60	Nicole MAKOPÉ	JR #12 St. Norbert	5.34mw	17-6 1/4 (2.1)	3/15
10	60	Grace KORGER- MITCHELL	JR #19 Edgewood	5.34m	17-6 1/4 (0.0)	4/13

Women's Triple Jump

1	8	Stephanie WITBROD	JR #20 Bethany Luthera	12.16mw	39-10 3/4 (4.0)	4/13
2	9	Samantha BARRETT	JR #1 UW-La Crosse	12.14m	39-10 (0.1)	4/13
3	14	Abigail CALHOUN	JR #8 Carthage	11.92m	39-1 1/4 (0.0)	4/6
4	26	Mackenzey KRONBERG	SO #1 UW-La Crosse {2}	11.56m	37-11 1/4 (2.0)	4/13
5	27	Madi KES	JR #7 Gustavus Adolp	11.53m	37-10 (2.0)	4/13
6	30	Eden MARANELL	FR #12 St. Norbert	11.43m	37-6 (0.1)	4/13
7	31	Ellie HERNES	SO #3 Bethel (Minn.)	11.42m	37-5 3/4 (0.1)	4/13
8	34	Miah KELLER	SR #1 UW-La Crosse {3}	11.39m	37-4 1/2 (0.0)	4/6
9	45	Elianna DALAMANGAS	FR #13 UW-Platteville	11.21m	36-9 1/2 (1.4)	3/28
10	50	Ashley DAVIES	FR #1 UW-La Crosse {4}	11.18m	36-8 1/4 (1.1)	4/6

Women's Shot Put

1	2	Aubrey SCHOENEMAN	JR #8 Carthage	15.11m	49-7	4/6
2	3	Vanessa UITENBROEK	JR #18 Carroll (Wis.)	14.43m	47-4 1/4	4/13
3	9	Brenna MASLOROFF	SR #6 UW-Oshkosh	13.77m	45-2 1/4	4/6
4	11	Raina STECHER	JR #2 UW-Eau Claire	13.67m	44-10 1/4	4/13
5	12	Izzy CARROLL	JR #1 UW-La Crosse	13.56m	44-6	3/29
6	14	Brenna NOON	JR #13 UW-Platteville	13.47m	44-2 1/2	4/6
7	17	Molly MEYERS	SR #24 Hamline	13.34m	43-9 1/4	4/13
8	20	Alyssa GULSVIG	JR #8 Carthage {2}	13.24m	43-5 1/4	3/29
9	21	Jessa ALDERMAN	SO #22 MSOE	13.23m	43-5	4/12
10	26	Kayla BEHNKE	JR #2 UW-Eau Claire {2}	13.11m	43-1/4	4/6



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North

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Women's Discus

1	2	Kayla BEHNKE	JR	#2 UW-Eau Claire	48.96m	160-8	4/6
2	4	Vanessa UITENBROEK	JR	#18 Carroll (Wis.)	48.55m	159-4	4/6
3	5	Cate GUDAITIS	JR	#18 Carroll (Wis.)	{2} 46.12m	151-4	3/28
4	7	Kylee DOHERTY	SO	#19 Edgewood	44.95m	147-6	3/28
5	10	Nicole TARPLEY	JR	#8 Carthage	44.26m	145-3	4/6
6	12	Teagan JONES	JR	#2 UW-Eau Claire	{2} 43.93m	144-2	4/13
7	18	Izzy CARROLL	JR	#1 UW-La Crosse	43.44m	142-6	4/13
8	23	Alyssa GULSVIG	JR	#8 Carthage	{2} 42.75m	140-3	4/6
9	25	Aubrey SCHOENEMAN	JR	#8 Carthage	{3} 42.50m	139-5	4/13
10	33	Raina STECHER	JR	#2 UW-Eau Claire	{3} 41.86m	137-4	4/13

Women's Hammer

1	3	Teagan JONES	JR	#2 UW-Eau Claire	57.05m	187-2	4/13
2	4	Lily BENEKE	JR	St. Scholastica	56.20m	184-5	4/13
3	6	Kayla BEHNKE	JR	#2 UW-Eau Claire	{2} 54.50m	178-10	4/6
4	7	Alexis MATTOX	SR	#8 Carthage	54.43m	178-7	4/6
5	8	Brenna MASLOROFF	SR	#6 UW-Oshkosh	53.57m	175-9	4/6
6	11	Izzy CARROLL	JR	#1 UW-La Crosse	53.13m	174-4	4/6
7	13	Vanessa UITENBROEK	JR	#18 Carroll (Wis.)	52.39m	171-11	4/6
8	16	Aubree KOENINGS	FR	#4 UW-Stout	51.78m	169-11	3/29
9	21	Kenni CZARNECKI	JR	#5 UW-Whitewater	50.96m	167-2	4/5
10	25	Samantha KUBES	SR	Saint Mary's (Mi	50.51m	165-9	4/13

Women's Javelin

1	5	Gabby JOHNSON	JR	#1 UW-La Crosse	41.73m	136-11	3/29
2	9	Peyton PANKA	SO	#12 St. Norbert	41.01m	134-7	4/13
3	24	Abbie SWENSON	JR	#3 Bethel (Minn.)	39.15m	128-6	4/13
4	30	Emily ASHTON	SO	Northwestern-St	38.87m	127-7	4/13
5	31	Lakesha CARTER	JR	#7 Gustavus Adolp	38.85m	127-6	4/6
6	37	Maya HIELSCHER	JR	#17 Concordia Wisco	38.56m	126-6	3/28
7	38	Genevieve GRUBA	FR	#16 Concordia Moorl	38.55m	126-6	4/6
8	58	Sarah Beth HOBBY	SR	#25 Macalester	37.25m	122-3	4/13
9	72	Kylee DOHERTY	SO	#19 Edgewood	36.57m	120-0	3/28
10	73	Tina SHELTON	JR	#5 UW-Whitewater	36.51m	119-10	3/29

Women's Heptathlon

1	7	Lexi LEFEVER	SR	#14 UW-River Falls	4,632	3/22
2	20	Stephanie WITBROD	JR	#20 Bethany Luthera	4,171	4/6
3	66	Elena FUGLESTAD	FR	#14 UW-River Falls	{2} 2,972	3/22
4	77	Savannah LEOPOLD	FR	#14 UW-River Falls	{3} 2,788	3/22



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South

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Women's 100 Meters

1	5	Syniah SIMS	FR	#8 Belhaven (Miss.)	11.86	(1.7)	3/23
2	6	Ti'asia BRYANT	FR	#15 North Carolina V	11.92w	(3.9)	4/6
3	7	Katelyn GAMBLE	SR	#4 Washington and	11.95w	(2.5)	3/23
4	9	Natashe TATE	FR	#16 Virginia Wesleya	11.98w	(3.5)	4/13
5	16	Kamiyah WOOTEN	FR	#15 North Carolina V	12.01	(1.5)	4/6
6	18	Audrey JOHNSON	JR	#1 Emory	12.03	(1.7)	3/23
7	19	Olivia FREEMAN	SO	#7 Rhodes	12.04	(1.7)	4/7
8	32	Aniya SEWARD	SR	#2 Lynchburg	12.17w	(3.0)	4/13
9	34	Kimona HAYNES	SO	#8 Belhaven (Miss.)	12.19	(1.7)	3/23
9	34	Oceana BROWN	FR	#14 Gallaudet	12.19	(0.1)	4/6

Women's 100 Meter Hurdles

1	1	Aniya SEWARD	SR	#2 Lynchburg	13.76w	(2.1)	3/30
2	10	Betsy MOHNKERN	SR	#2 Lynchburg	14.24	(1.2)	4/6
3	25	Nikki BOON	JR	#1 Emory	14.70	(0.2)	3/29
4	36	Amaya MARTIN	SR	#1 Emory	14.84	(-0.1)	3/29
5	37	Deziree CONKLIN	JR	#20 Marymount (Va.)	14.88	(1.2)	4/14
6	39	Rebecca CARR	FR	#5 Roanoke	14.90	(0.9)	3/16
7	44	Olivia VIERS	FR	#5 Roanoke	14.98	(0.9)	4/13
8	53	Emily THOMPSON	SR	#3 Berry	15.09	(0.8)	3/2
9	73	Amanda ROMANO	JR	#4 Washington and	15.27	(0.9)	3/16
10	75	Cammi WINSTON	SR	#5 Roanoke	15.30	(0.3)	3/23

Women's 200 Meters

1	1	Kamiyah WOOTEN	FR	#15 North Carolina V	24.39	(0.9)	4/12
2	6	Syniah SIMS	FR	#8 Belhaven (Miss.)	24.58w	(2.1)	3/23
3	10	Audrey JOHNSON	JR	#1 Emory	24.70	(1.9)	3/29
4	13	Aniya SEWARD	SR	#2 Lynchburg	24.76w	(3.9)	3/30
5	19	Kimona HAYNES	SO	#8 Belhaven (Miss.)	24.86w	(2.1)	3/23
6	27	Oceana BROWN	FR	#14 Gallaudet	25.05w	(3.1)	3/23
7	48	Haylee GAMBLE	SR	#5 Roanoke	25.26	(-2.2)	4/13
8	50	Dashiel TAO HARRIS	JR	#1 Emory	25.27	(1.9)	4/13
8	50	Nikki BOON	JR	#1 Emory	25.27	(1.9)	3/29
10	61	Jaela THOMAS	SR	#19 Pfeiffer	25.32	(0.6)	3/16

Women's 400 Meters

1	6	Kimona HAYNES	SO	#8 Belhaven (Miss.)	56.19		3/30
2	8	Ashaunti BARNES	SR	#8 Belhaven (Miss.)	56.35		4/7
3	12	Dashiel TAO HARRIS	JR	#1 Emory	56.74		3/29
4	28	Kaitlyn RUIZ	FR	#9 Shenandoah	57.54		3/16
5	54	Thora PEARSON	SR	#7 Rhodes	58.28		3/23
6	58	Ellie NUCKOLS	FR	#11 Christopher New	58.33		4/13
7	61	Audrey JOHNSON	JR	#1 Emory	58.46		4/13
8	71	Haylee GAMBLE	SR	#5 Roanoke	58.59		3/30
9	72	Mikayla HEFFERON	SR	#5 Roanoke	58.63		3/30
10	78	Jesma EVANS	SO	#4 Washington and	58.70		4/6

Women's 400 Meter Hurdles

1	11	Macy MURDOCK	SO	#3 Berry	1:03.15		3/29
2	12	Betsy MOHNKERN	SR	#2 Lynchburg	1:03.40		4/13
3	17	Amanda ROMANO	JR	#4 Washington and	1:03.61		4/6
4	20	Clare MARSH	JR	#6 Catholic (D.C.)	1:04.30		4/14
5	30	Brigid BYRNES	FR	#6 Catholic (D.C.)	1:04.97	{2}	4/14
6	37	Allison BOBST	SR	#2 Lynchburg	1:05.20	{2}	3/16
7	39	Emily THOMPSON	SR	#3 Berry	1:05.24	{2}	3/2
8	41	Ellie NUCKOLS	FR	#11 Christopher New	1:05.28		4/13
9	42	Deziree CONKLIN	JR	#20 Marymount (Va.)	1:05.29		4/14
10	59	Ophelia LADNER	SO	#5 Roanoke	1:06.02		4/13

Women's 800 Meters

1	12	Emily MOEHRINGER	JR	#6 Catholic (D.C.)	2:12.03		4/14
2	25	Lily TAYLOR	SR	#1 Emory	2:13.72		3/16
3	33	Madison TIAFFAY	SO	#1 Emory	2:14.67	{2}	3/16
4	43	Courtney DRUMM	SR	#2 Lynchburg	2:15.46		4/13
5	47	Luna MCCAULEY	SO	#1 Emory	2:15.64	{3}	4/13
6	56	Anna ROSE	JR	#3 Berry	2:16.26		4/13
7	66	Hannah EDWARDS	FR	#2 Lynchburg	2:16.76	{2}	4/13
8	78	Apolline GASPERS	JR	#6 Catholic (D.C.)	2:17.59	{2}	4/14
9	93	Molly SILVA	JR	#2 Lynchburg	2:18.33	{3}	3/30
10	96	Jenna DALY	JR	#1 Emory	2:18.41	{4}	4/6

Women's 1500 Meters

1	10	Courtney DRUMM	SR	#2 Lynchburg	4:32.01		3/23
2	11	Kayla WERNER	FR	#2 Lynchburg	4:32.03	{2}	4/13
3	14	Brigid HANLEY	SR	#1 Emory	4:32.71		3/23
4	26	Madison TIAFFAY	SO	#1 Emory	4:35.08	{2}	4/13
5	28	Lily TAYLOR	SR	#1 Emory	4:35.33	{3}	3/23
6	70	Emily MOEHRINGER	JR	#6 Catholic (D.C.)	4:42.42		4/6
7	72	Molly SILVA	JR	#2 Lynchburg	4:42.61	{3}	4/6
8	75	Lauren MASSEY	SR	#2 Lynchburg	4:42.94	{4}	4/6
9	84	Apolline GASPERS	JR	#6 Catholic (D.C.)	4:43.52	{2}	4/14
10	92	Luna MCCAULEY	SO	#1 Emory	4:44.17	{4}	3/23

Women's Steeplechase

1	26	Kate INGLIS	JR	#6 Catholic (D.C.)	11:15.51		3/22
2	36	Cameron GUPTA	FR	#1 Emory	11:21.66		4/6
3	40	Emily SMEDS	JR	#10 Bridgewater (Va	11:24.29		3/23
4	60	Mackenzie YOUNG	SR	#10 Bridgewater (Va	11:35.97	{2}	3/23
5	69	Britany ZIEMER	SR	#7 Rhodes	11:39.18		3/16
6	71	Brianna BREYAULT	SO	#4 Washington and	11:39.71		4/6
7		Eve SPENCER	SO	#4 Washington and	11:52.95	{2}	4/6
8		Sadie ABOOD	SR	#6 Catholic (D.C.)	11:53.82	{2}	3/22
9		Madelyn MERNA	SO	#23 Meredith	12:09.08		3/22
10		Madeline LOTT	JR	#9 Shenandoah	12:14.74		4/13



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South

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Women's 5000 Meters

1	6	Kayla WERNER	FR	#2 Lynchburg	16:34.40	4/6
2	10	Brigid HANLEY	SR	#1 Emory	16:48.84	3/30
3	29	Liesl SCHERRER	JR	#1 Emory {2}	17:08.15	4/6
4	32	Courtney DRUMM	SR	#2 Lynchburg {2}	17:10.01	4/6
5	41	Allison DELL	JR	#2 Lynchburg {3}	17:16.48	4/6
6	63	Olivia WARR	FR	#4 Washington and	17:32.04	4/6
7	82	Madison LOWERY	SR	#19 Pfeiffer	17:40.93	3/16
8	95	Kristen WERNER	FR	#2 Lynchburg {4}	17:44.24	4/13
9		Claire HAMLET	JR	#4 Washington and {2}	17:53.61	4/6
10		Lauren MASSEY	SR	#2 Lynchburg {5}	17:59.93	3/16

Women's 10,000 Meters

1	35	Elise MOLINARO	SR	#4 Washington and	36:48.30	4/6
2	39	Emily SMEDS	JR	#10 Bridgewater (Va.	37:00.00	4/14
3	64	Georgia NUSSEY	JR	#6 Catholic (D.C.)	38:18.73	4/6
4	72	Delaney BUNDY	FR	#23 Meredith	38:37.19	4/13
5	92	Madeline LOTT	JR	#9 Shenandoah	39:07.95	4/6
6		Anna ROSE	JR	#3 Berry	39:31.82	3/2
7		Lilly DALEBOUT	JR	#12 Southern Virgini	39:41.28	4/6
8		Lucy UNZICKER	SR	#13 Eastern Mennon	39:43.93	3/16
9		Sarah CHRISTY	JR	#9 Shenandoah {2}	39:44.56	3/16
10		Ariel ELLIS	SO	#3 Berry {2}	39:59.38	4/6

Women's 4x100 Relay

1	2	Ashaunti Barnes, Kimona Haynes, Annessia Greer, Syniah Sims	#8 Belhaven (Miss.)	46.47	3/30
2	4	Nikki Boon, Dashiell Tao Harris, Kaya Binetti, Audrey Johnson	#1 Emory	47.00	3/16
3	12	#Type!	#2 Lynchburg	47.56	3/30
4	16	Haylee Gamble, Lindsey Hobin, Nalonda Henderson, Eleanor Hinckley	#5 Roanoke	47.70	3/30
5	25	Mariah Brooks, Ti'asia Bryant, Tysheka Moore, Kamayah Wooten	#15 North Carolina W	48.24	3/22
5	25	Lytic Hoggard, Julia Hathaway, Kennedy Chapman, Natashe Tate	#16 Virginia Wesleya	48.24	3/23
7	51	Malia Melton, Kirsten Wright, Evan Thomas, Aubrey Guyden	#18 Oglethorpe	48.95	4/13
8	57	Thora Pearson, Grace Scowden, Megan Weilmuenster, Olivia Freeman	#7 Rhodes	49.07	4/7
9	68	Ashley D'ambrosia, Jordynn Palethorpe, Simmons Lee, Katelyn Gamble	#4 Washington and	49.56	3/16
10	74	Olivia Bates, Jade Buckles, Adalia Coleman, Summer Wallace	#10 Bridgewater (Va	49.73	4/13



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South

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Women's 4x400 Relay

1	11	Betsy Mohnkern, Vuronika Barnes, Aniya Seward, Hannah Edwards	#2 Lynchburg	3:54.58	4/13
2	21	Mikayla Hefferon, Lindsey Hobin, Maryrose Molina- Shuman, Haylee Gamble	#5 Roanoke	3:56.83	4/13
3	29	Dashiel Tao Harris, Audrey Johnson, Hannah Riley, Mina Leopold	#1 Emory	3:58.75	3/23
4	36	Simmons Lee, Annabelle Sutliff, Jesma Evans, Jordynn Palethorpe	#4 Washington and	4:01.21	3/16
5	42	Mia McConnell, Clare Marsh, Zoey Brown, Brigid Byrnes	#6 Catholic (D.C.)	4:02.52	4/6
6	46	Ashaunti Barnes, Kimona Haynes, Taylar Fakes, Evelle Dillon	#8 Belhaven (Miss.)	4:03.01	4/7
7	52	Lia Savage, Folole Torres, Tessa Miller, Addie Parker	#12 Southern Virgini	4:04.98	4/13
8	62	Shannen Alack, Olivia Clarke, Isabel Farnsworth, Thora Pearson	#7 Rhodes	4:06.44	3/30
9	85	Brandi Gardner, Patti Busch, Katena Morrison, Treazure Rosario-watson	#21 Methodist	4:09.62	4/13
10	94	Jennifer Moore, Patrice Forcey, Tatianna Langston, Jessica Taylor	#22 Randolph	4:10.53	4/13

Women's High Jump

1	14	Hannah WETZEL	SR	#14 Gallaudet	1.65m	5-5	4/12
1	14	Katya HOOVER	JR	#9 Shenandoah	1.65m	5-5	4/6
3	19	Camille GILLUM	SO	#4 Washington and	1.63m	5-4¼	3/16
4	24	Kris WILLIAMS	FR	#3 Berry	1.62m	5-3¾	4/13
5	36	Emily THOMPSON	SR	#3 Berry	{2} 1.61m	5-3¼	3/23
6	39	Kym YOUNG	JR	#7 Rhodes	1.60m	5-3	3/2
6	39	Kaitlyn NGUYEN	SR	#5 Roanoke	1.60m	5-3	3/30
8	67	Anna SCOBlick	SO	#6 Catholic (D.C.)	1.58m	5-2¼	4/6
8	67	Rebecca CARR	FR	#5 Roanoke	{2} 1.58m	5-2¼	3/16
10	85	Makayla STREET	SO	Brevard (N.C.)	1.57m	5-1¾	3/23
10	85	Madi DUKE	JR	#3 Berry	{3} 1.57m	5-1¾	4/13

Women's Pole Vault

1	19	Kendra PAYNE	SR	#7 Rhodes	3.67m	12-½	3/2
2	21	Allison BOBST	SR	#2 Lynchburg	3.65m	11-11¾	3/30
2	21	Ashley D'AMBROSIA	JR	#4 Washington and	3.65m	11-11¾	3/30
4	42	Madeline HUBBERT	JR	#3 Berry	3.50m	11-5¾	4/13
5	54	Hannah RILEY	FR	#1 Emory	3.45m	11-3¾	3/16
6	90	Cameron WEBER	FR	#2 Lynchburg	{2} 3.30m	10-9¾	4/13
6	90	Ainsley MILLER	SR	#11 Christopher New	3.30m	10-9¾	4/13
6	90	Anna STAFFORD	SO	#5 Roanoke	3.30m	10-9¾	4/13
9		Ella PINE	FR	#3 Berry	{2} 3.26m	10-8¼	3/2
10		Alyssa TONETTI	FR	#2 Lynchburg	{3} 3.20m	10-6	3/30

Women's Long Jump

1	10	Ray Ray TAYLOR	SR	#13 Eastern Mennon	5.65m	18-6½ (0.4)	3/23
2	14	Brandi GARDNER	SO	#21 Methodist	5.62m	18-5¼ (-0.9)	4/13
3	15	Nikki BOON	JR	#1 Emory	5.60m	18-4½ (0.6)	4/13
4	44	Hannah WETZEL	SR	#14 Gallaudet	5.41m	17-9 (0.7)	4/6
5	46	Olivia VIER	FR	#5 Roanoke	5.39m	17-8¼ (0.8)	4/13
6	50	Mahlia PARSONS	SR	#2 Lynchburg	5.36m	17-7 (0.5)	3/30
7	55	Kacey KELLY	SO	#2 Lynchburg	{2} 5.35m	17-6¾ (0.5)	3/23
8	63	Madelyn VENABLE	JR	#4 Washington and	5.33m	17-6 (0.3)	3/30
9	68	Emily THOMPSON	SR	#3 Berry	5.32m	17-5½ (0.4)	4/13
10	72	Hailey WRIGHT	SO	#18 Oglethorpe	5.31m	17-5¼ (0.0)	4/13

Women's Triple Jump

1	10	Kacey KELLY	SO	#2 Lynchburg	12.13m	39-9¾ (0.8)	4/13
2	11	Aniya SEWARD	SR	#2 Lynchburg	{2} 12.09m	39-8 (0.0)	4/13
3	18	Hannah WETZEL	SR	#14 Gallaudet	11.71m	38-5 (0.1)	3/30
4	25	Malia MELTON	SO	#18 Oglethorpe	11.58m	38-0 (-0.4)	3/16
5	47	Eleanor SCOTT	SO	#24 Millsaps	11.20m	36-9 (2.6)	4/7
6	58	Audrey JOHNSON	JR	#1 Emory	11.11m	36-5½ (1.7)	3/29
7	66	Ayeshia WATSON	FR	Hollins	11.05m	36-3 (0.2)	3/30
8	76	Alexandra GUZMAN	SO	#11 Christopher New	10.99m	36-¾ (0.3)	3/30
9	78	Caroline HANSEN	JR	#1 Emory	{2} 10.98m	36-¼ (0.1)	3/29
9	78	Ty'Kerria YOUNG	FR	Mississippi Univ.	10.98m	36-¼ (-0.5)	4/6

Women's Shot Put

1	19	Onoyeme EGURE	FR	#3 Berry	13.33m	43-8¾	3/2
2	33	Sarah FINEMAN	JR	#1 Emory	12.97m	42-6¾	4/13
3	34	Abby MIKOLAY	FR	#10 Bridgewater (Va	12.91m	42-4¼	4/6
4	71	Grace FOWLER	SR	#5 Roanoke	12.37m	40-7	4/6
5	81	Midajah DAVIS	JR	#14 Gallaudet	12.28m	40-3½	3/23
6	91	Nikki BOON	JR	#1 Emory	{2} 12.23m	40-1½	4/13
7	98	Katherine STEVENS	JR	#11 Christopher New	12.14m	39-10	3/16
8		Ray Ray TAYLOR	SR	#13 Eastern Mennon	12.00m	39-4½	4/13
9		Logan BABBS	JR	#2 Lynchburg	11.94m	39-2¼	3/16
10		Ciara DONEGAN	JR	#6 Catholic (D.C.)	11.93m	39-1¾	3/22



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South

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Women's Discus

1	15	Katherine STEVENS	JR	#11 Christopher New	43.60m	143-1	4/13
2	21	Nikki BOON	JR	#1 Emory	43.07m	141-4	3/23
3	56	Quinlin ZUNK	JR	#4 Washington and	40.18m	131-10	3/23
4	68	Emily LANE	FR	#25 Covenant	39.43m	129-5	3/16
5	75	Abby MIKOLAY	FR	#10 Bridgewater (Va.	39.26m	128-10	3/16
6		Allie FELTUS	JR	#17 Piedmont	37.81m	124-1	3/16
7		Sofia HENDERSON	FR	#3 Berry	37.53m	123-2	3/16
8		Logan BABBS	JR	#2 Lynchburg	37.49m	123-0	3/16
9		Nalonda HENDERSON	FR	#5 Roanoke	37.18m	122-0	4/13
10		Daryl TUCKER	SO	#16 Virginia Wesleya	37.12m	121-10	4/6

Women's Hammer

1	12	Katherine STEVENS	JR	#11 Christopher New	52.82m	173-4	3/30
2	26	Kiara FELSTON	SR	#9 Shenandoah	50.47m	165-7	4/13
3	31	Malysha WINSTON	SO	#3 Berry	49.62m	162-10	3/23
4	53	Bailey HEDGEMON	SO	#4 Washington and	47.90m	157-2	3/23
5	76	Logan BABBS	JR	#2 Lynchburg	46.68m	153-2	3/30
6	89	Quinlin ZUNK	JR	#4 Washington and {2}	45.53m	149-5	3/30
7		Jessica RENDFREY	JR	#9 Shenandoah	{2} 44.17m	144-11	4/13
8		Sadie PHILLIPS	SO	#3 Berry	{2} 44.07m	144-7	3/29
9		Lauren MYERS	SO	Maryville (Tenn.)	41.85m	137-4	3/23
10		Grace FOWLER	SR	#5 Roanoke	41.82m	137-3	4/13

Women's Javelin

1	15	Mable MUTUMWA	FR	#1 Emory	40.52m	132-11	4/6
2	23	Katya HOOVER	JR	#9 Shenandoah	39.26m	128-10	3/16
3	40	Cailin DELEO	SR	#3 Berry	38.14m	125-2	3/29
4	43	Ray Ray TAYLOR	SR	#13 Eastern Mennon	37.90m	124-4	3/23
5	48	Nikki BOON	JR	#1 Emory	{2} 37.56m	123-3	3/29
6	57	Evan DUET	JR	#7 Rhodes	37.27m	122-4	4/7
7	92	Jilane PEDERSEN	JR	#12 Southern Virgini	35.38m	116-1	3/16
8	97	Zoe CURTIS	JR	#7 Rhodes	{2} 35.27m	115-9	4/7
9		Sadie PHILLIPS	SO	#3 Berry	{2} 34.96m	114-9	3/2
10		Presley HEGGIE	SO	#12 Southern Virgini {2}	34.67m	113-9	4/13

Women's Heptathlon

1	2	Nikki BOON	JR	#1 Emory	5,107	4/13
2	6	Ray Ray TAYLOR	SR	#13 Eastern Mennon	4,653	4/13
3	10	Emily THOMPSON	SR	#3 Berry	4,508	4/13
4	15	Macy MURDOCK	SO	#3 Berry	{2} 4,367	4/13
5	38	Cortney BROWN	SR	#17 Piedmont	3,667	4/13
6	79	Jessica TAYLOR	FR	#22 Randolph	2,767	3/15



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West

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Women's 100 Meters

1	9	Brynn YANEZ	SO	#3 McMurry	11.98w	(3.9)	4/13
2	13	Kylah WASHINGTON	FR	#16 Hardin-Simmons	12.00w	(3.9)	4/13
3	41	Kyrstin WILSON	SO	#13 Puget Sound	12.22	(0.3)	4/13
4	55	Jordyn LUNGO	SR	#2 Whitworth	12.31	(1.2)	3/16
5	64	Trinity MURDOCK	SR	#14 Texas Lutheran	12.34	(-0.2)	3/23
6	68	Elizabeth HAWLEY	SO	#11 Occidental	12.36	(1.4)	4/13
6	68	Katriona KIRKPATRICK	SO	#8 Pomona-Pitzer	12.36	(1.2)	4/6
8	75	Dawson BELL	SO	La Verne	12.38	(1.2)	4/6
9	79	Ny'Cierra HINTON	JR	#20 St. Thomas (Tex.)	12.39	(-0.2)	3/23
9	79	Amaya CUMMINS	JR	#19 UC Santa Cruz	12.39w	(2.4)	3/16

Women's 100 Meter Hurdles

1	14	Naj CAMPBELL	JR	#3 McMurry	14.42w	(3.9)	4/13
2	16	Amelia HEWSON	SR	#2 Whitworth	14.47	(-0.1)	4/11
2	16	Eleanor BACHMEIER	SR	#7 Redlands (Calif.)	14.47	(1.4)	4/13
4	30	Josephine JETT	FR	#4 Claremont-Mudd	14.81w	(3.3)	3/15
5	47	Kaitlyn ULALISA	FR	#8 Pomona-Pitzer	15.03w	(3.3)	3/15
6	51	Peyton WALTON	FR	#20 St. Thomas (Tex.)	15.08w	(2.1)	4/13
6	51	Allyson HAMMOND	SO	#10 Pacific (Ore.)	15.08	(1.6)	3/23
8	55	Passion WASHINGTON	FR	#5 Chapman	15.10w	(3.2)	3/23
9	67	Ayahna BAHATI	JR	#1 George Fox	15.20	(0.1)	3/23
10	71	Taylor NORRELL	JR	#14 Texas Lutheran	15.24	(-0.9)	3/23

Women's 200 Meters

1	22	Alison BALL	SR	#2 Whitworth	24.94w	(2.6)	3/30
2	30	Allyson HAMMOND	SO	#10 Pacific (Ore.)	25.07w	(2.6)	3/30
3	33	Kyrstin WILSON	SO	#13 Puget Sound	25.14	(0.0)	3/8
4	36	Katriona KIRKPATRICK	SO	#8 Pomona-Pitzer	25.17w	(2.4)	3/15
5	38	Madelyn GOLLIHAR	SO	#3 McMurry	25.20	(1.7)	3/3
5	38	Elizabeth HAWLEY	SO	#11 Occidental	25.20w	(2.3)	4/6
7	41	Jackilyn LEWIS	SR	#13 Puget Sound	{2} 25.21w	(2.6)	3/30
8	42	Brynn YANEZ	SO	#3 McMurry	{2} 25.22	(1.4)	4/6
9	43	Allison KREMER	JR	#5 Chapman	25.23w	(2.3)	4/6
10	46	Kaylee SMITH	JR	#5 Chapman	{2} 25.25	(0.5)	4/6

Women's 400 Meters

1	9	Elizabeth HAWLEY	SO	#11 Occidental	56.58		4/6
2	16	Kaylee SMITH	JR	#5 Chapman	56.99		4/6
3	19	CC GRAY	JR	#9 Trinity (Texas)	57.29		3/23
4	29	Allison KREMER	JR	#5 Chapman	{2} 57.57		4/6
5	35	Elizabeth BEISWANGER	FR	#13 Puget Sound	57.72		3/23
6	49	Nakiah TOLBERT	JR	#16 Hardin-Simmons	58.09		4/6
7	50	Jackilyn LEWIS	SR	#13 Puget Sound	{2} 58.11		3/8
7	50	Sarah CHARLES	FR	#5 Chapman	{3} 58.11		2/24
9	52	Macy O'HARA	SR	#18 Lewis & Clark	58.19		4/13
10	56	Makenna LIZARDE	SO	#5 Chapman	{4} 58.29		2/24

Women's 400 Meter Hurdles

1	16	Arden NEFF	JR	#21 Southwestern (T)	1:03.60		4/13
2	22	Madelyn GOLLIHAR	SO	#3 McMurry	1:04.33		4/13
3	26	Proud KITNITCHIVA	JR	#5 Chapman	1:04.78		4/13
4	40	Ellie MARSH	JR	#24 LeTourneau	1:05.27		3/23
5	54	Shriya VELICHALA	SO	#4 Claremont-Mudd	1:05.84		4/13
6	62	Emma FOWKES	SR	#6 Colorado College	1:06.20		4/13
7	64	Nicole PLAYER	JR	#8 Pomona-Pitzer	1:06.27		4/6
8	67	Emily RUTKOWSKI	SR	#10 Pacific (Ore.)	1:06.36		3/16
9	72	Sophia DELGADO	JR	#20 St. Thomas (Tex.)	1:06.55		3/30
10	82	Makayla POWELL	SO	#20 St. Thomas (Tex.)	{2} 1:06.96		3/30

Women's 800 Meters

1	10	Ellie RISING	JR	#1 George Fox	2:11.90		3/23
2	21	Laura ZIMMER	SR	#4 Claremont-Mudd	2:12.81		2/17
3	23	Ella FULLERTON	SO	#6 Colorado College	2:13.21		4/13
4	24	Michaela JONES	SR	#8 Pomona-Pitzer	2:13.26		4/6
5	29	Natalie BITETTI	SR	#4 Claremont-Mudd	{2} 2:14.02		4/6
6	37	Annie BERRY	SR	#10 Pacific (Ore.)	2:14.95		3/30
7	38	Riley CAPUANO	SO	#4 Claremont-Mudd	{3} 2:14.97		2/17
8	46	Malia HEIEN	SO	#18 Lewis & Clark	2:15.63		4/13
9	63	Gabriela LUES	FR	#6 Colorado College	{2} 2:16.74		4/13
10	67	Elizabeth BEISWANGER	FR	#13 Puget Sound	2:16.79		3/30

Women's 1500 Meters

1	3	Natalie BITETTI	SR	#4 Claremont-Mudd	4:26.59		4/6
2	8	Laura ZIMMER	SR	#4 Claremont-Mudd	{2} 4:31.34		3/22
3	16	Riley CAPUANO	SO	#4 Claremont-Mudd	{3} 4:33.25		4/13
4	23	Ellie RISING	JR	#1 George Fox	4:34.63		3/23
5	38	Annie BERRY	SR	#10 Pacific (Ore.)	4:37.28		3/23
6	44	Kendall ACCETTA	SR	#6 Colorado College	4:38.82c	(4:44.81A)	3/16
7	48	Isabel OLSON	JR	#6 Colorado College	{2} 4:39.92c	(4:45.94A)	3/30
8	50	Breanna STEELE	SO	#21 Southwestern (T)	4:40.06		4/13
9	54	Riley BUESE	JR	#18 Lewis & Clark	4:40.95		4/13
10	56	Elle MARSYLA	SO	#4 Claremont-Mudd	{4} 4:41.26		3/2

Women's Steeplechase

1	7	Kendall ACCETTA	SR	#6 Colorado College	10:45.83		3/29
2	9	Ciara GILLEN	JR	#11 Occidental	10:47.35		4/13
3	13	Annika CARLSON	SO	#5 Chapman	10:50.96		3/22
4	15	Kylah HOLLAND	SR	#16 Hardin-Simmons	10:52.23		3/30
5	22	Ellie CATRON	SR	#9 Trinity (Texas)	11:06.74		4/13
6	33	Phoebe DUNHAM	SO	#22 East Texas Bapti	11:20.24		4/13
7	37	Kenzie SEYMOUR	FR	#19 UC Santa Cruz	11:22.45		4/13
8	44	Revere SCHMIDT	FR	#4 Claremont-Mudd	11:26.78		4/13
9	55	Hannah WEAVER	SR	#4 Claremont-Mudd	{2} 11:34.99		4/13
10	58	Eve MAVY	SO	#7 Redlands (Calif.)	11:35.76		4/6



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West

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Women's 5000 Meters

1	19	Kendall ACCETTA	SR	#6 Colorado College	16:58.63	4/13
2	24	Helena JANKU	SO	#19 UC Santa Cruz	17:01.71	4/13
3	27	Natalie BITETTI	SR	#4 Claremont-Mudc	17:06.49	4/13
4	31	Elle MARSYLA	SO	#4 Claremont-Mudc	{2} 17:09.22	4/13
5	40	Riley MARTEL-PHILLIPS	SR	#19 UC Santa Cruz	{2} 17:15.94	4/13
6	49	Alison MUELLER-HICKLER	SO	#6 Colorado College	{2} 17:22.59	4/13
7	64	Jenna LENAY	SO	#11 Occidental	17:32.62	3/9
8	72	Isabel OLSON	JR	#6 Colorado College	{3} 17:37.91	4/13
9	91	Sara WEXLER	SO	#4 Claremont-Mudc	{3} 17:43.45	4/13
10	93	Sarah PULLEN	SO	#1 George Fox	17:43.59	4/13

Women's 10,000 Meters

1	7	Riley BUESE	JR	#18 Lewis & Clark	35:05.73	3/30
2	17	Elle MARSYLA	SO	#4 Claremont-Mudc	35:48.29	3/22
3	18	Alison MUELLER-HICKLER	SO	#6 Colorado College	35:48.71	3/29
4	27	Jenna LENAY	SO	#11 Occidental	36:24.12	4/13
5	40	Breanna SCHMITT	SO	#1 George Fox	37:01.10	4/13
6	42	Kayla AALPOEL	SO	#1 George Fox	{2} 37:04.51	3/2
7	44	Sara WEXLER	SO	#4 Claremont-Mudc	{2} 37:10.48	3/22
8	46	Elliot SINGER	JR	#6 Colorado College	{2} 37:22.99	3/29
9	56	Kendall MCKIBBON	JR	#1 George Fox	{3} 37:54.57	3/2
10	58	Brenda DAZA	FR	#5 Chapman	38:10.28	3/9

Women's 4x100 Relay

1	5	Jordyn Lungo, Amelia Hewson, Isabella Pereira, Alison Ball	#2 Whitworth	47.10	4/11
2	17	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde	#5 Chapman	47.78	4/6
3	21	Madelyn Gollihar, Jada Morris, Erin Fallon, Brynn Yanez	#3 McMurry	47.98	4/6
4	29	Isabel Yaffe, Francesca Candelieri, Emmamarie Watkins, Elizabeth Hawley	#11 Occidental	48.35	4/13
5	34	Taylor Norrell, Natalie Garcia, Leilani Lopez, Trinity Murdock	#14 Texas Lutheran	48.51	4/13
6	36	Maigan Adams, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#7 Redlands (Calif.)	48.52	4/13
7	40	Nicole Player, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	#8 Pomona-Pitzer	48.61	4/13
8	42	Trinity Provost, Peyton Walton, Sophia Delgado, Ny'Cierra Hinton	#20 St. Thomas (Tex)	48.66	4/6
9	53	Hillary Connors, Rachelle Silis, Paige Kasso, Kira Hawaaboo	#12 Linfield	49.00	3/16
10	55	Yasmin Subawalla, CC Gray, Joy Areola, Hayley Huck	#9 Trinity (Texas)	49.04	3/30



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West

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Women's 4x400 Relay

1	6	Kaylee Smith, Proud Kitnitchiva, Makenna Lizarde, Allison Kremer	#5 Chapman	3:52.06	3/23
2	23	Katriona Kirkpatrick, Michaela Jones, Nicole Player, Olivia Reichle	#8 Pomona-Pitzer	3:57.24	4/6
3	25	Jackilyn Lewis, Kyrstin Wilson, Erin Schmidlin, Elizabeth Beiswanger	#13 Puget Sound	3:57.57	3/8
4	31	Lilly Broussard, CC Gray, Annette Smith, Vanessa Garcia	#9 Trinity (Texas)	3:59.99	3/3
5	32	Breonna McCarthy- Reese, Madelyn Gollihar, Katelyn Hernandez, Naj Campbell	#3 McMurry	4:00.11	4/6
6	33	Elisabeth Eichinger, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#7 Redlands (Calif.)	4:00.59	4/13
7	44	Nakiah Tolbert, Kylah Washington, Sophie Hale, Danielle Pena	#16 Hardin-Simmons	4:02.54c (4:02.10A)	3/30
8	47	Callow Soto, Malia Heien, Elsie Chin, Macy O'Hara	#18 Lewis & Clark	4:03.34	3/30
9	49	Tia Akasaki, Francesca Candelieri, Delphine Way, Elizabeth Hawley	#11 Occidental	4:03.74	3/2
10	50	Emma Fowkes, Clara Lippert, Emma Jones, Ella Fullerton	#6 Colorado College	4:04.00c (4:03.56A)	3/30

Women's High Jump

1	14	Breanne RAWLS	JR	#2 Whitworth	1.65m	5-5	4/9
2	24	Brianna TIRA	FR	#2 Whitworth	{2} 1.62m	5-3¾	3/30
2	24	Kira HAWAABOO	FR	#12 Linfield	1.62m	5-3¾	3/16
2	24	Erica SNYDER	SO	#15 Willamette	1.62m	5-3¾	3/16
2	24	Whitley STEPP	SO	#15 Willamette	1.62m	5-3¾	3/16
6	39	April KWAN	SR	#6 Colorado College	1.60mA	5-3	3/30
6	39	Sarah BJORNSON	SR	#23 Cal Lutheran	1.60m	5-3	2/2
6	39	Adva SHILON	JR	#5 Chapman	1.60m	5-3	2/24
6	39	Emma FOWKES	SR	#6 Colorado College	1.60mA	5-3	3/30
10	85	Marina CARROL	SR	#1 George Fox	1.57m	5-1¾	3/16
10	85	Logan ROBERTS	SO	#12 Linfield	{2} 1.57m	5-1¾	3/16
10	85	Emmalee HORTON	SO	#16 Hardin-Simmons	1.57m	5-1¾	3/3

Women's Pole Vault

1	13	Brenna STELL	FR	#3 McMurry	3.72m	12-2½	4/6
2	14	Grace TULLY	JR	#1 George Fox	3.70m	12-1½	3/16
3	24	Madeline SEIFERT	SO	#4 Claremont-Mudd	3.64m	11-11¼	4/6
4	31	Siera CRAWFORD	SR	#12 Linfield	3.58m	11-9	3/9
5	32	Shelby LARSON	SR	#1 George Fox	{2} 3.55m	11-7¾	3/23
5	32	Angela HAWKINS	SO	#1 George Fox	{2} 3.55m	11-7¾	3/23
7	71	Ashlynn RECKNAGEL	SO	#14 Texas Lutheran	3.35m	10-11¾	3/23
7	71	Adva SHILON	JR	#5 Chapman	3.35m	10-11¾	4/13
9	100	Jacee DINKINS	JR	#3 McMurry	{2} 3.27m	10-8¾	4/6
10		Anna WILSON	SR	#1 George Fox	{4} 3.25m	10-8	3/16
10		Isabelle AU	SO	#5 Chapman	{2} 3.25m	10-8	2/9
10		Valerie BRUGGEMAN	JR	#1 George Fox	{4} 3.25m	10-8	3/16

Women's Long Jump

1	6	Kira HAWAABOO	FR	#12 Linfield	5.73m	18-9¾ (1.6)	4/6
2	15	Joy AREOLA	JR	#9 Trinity (Texas)	5.60m	18-4½ (1.3)	3/23
2	15	Brianna TIRA	FR	#2 Whitworth	5.60m	18-4½ (0.3)	4/11
4	21	Allyson HAMMOND	SO	#10 Pacific (Ore.)	5.59m	18-4¼ (0.9)	3/30
5	50	Maigan ADAMS	JR	#7 Redlands (Calif.)	5.36m	17-7 (0.1)	4/13
6	97	Felicia AKINDE	FR	#8 Pomona-Pitzer	5.25m	17-2¾ (0.1)	4/6
6	97	Jada MORRIS	JR	#3 McMurry	5.25m	17-2¾ (0.0)	3/3
8	99	Christen WILEY	JR	#7 Redlands (Calif.)	{2} 5.24m	17-2¼ (1.9)	4/6
9		Victoria AZAR	JR	#1 George Fox	5.19mw	17-½ (2.2)	3/23
10		Elisabeth EICHINGER	SO	#7 Redlands (Calif.)	{3} 5.18m	17-0 (-0.1)	4/5
10		Niani JONES	FR	#23 Cal Lutheran	5.18m	17-0 (1.5)	4/6

Women's Triple Jump

1	5	Joy AREOLA	JR	#9 Trinity (Texas)	12.20m	40-½ (0.0)	3/23
2	17	Maigan ADAMS	JR	#7 Redlands (Calif.)	11.80m	38-8¾ (0.4)	4/13
3	42	Ella BOWERS	JR	#8 Pomona-Pitzer	11.22m	36-9¾ (0.0)	4/6
4	45	Isabella PEREIRA	FR	#2 Whitworth	11.21m	36-9½ (1.0)	3/16
5	64	Kyleigh ARCHER	FR	#17 Pacific Lutheran	11.06m	36-3½ (1.8)	3/30
6	98	Nicole PLAYER	JR	#8 Pomona-Pitzer	{2} 10.90m	35-9¼ (-0.4)	4/13
7		Kyrstin WILSON	SO	#13 Puget Sound	10.88m	35-8½ (0.5)	3/23
8		Niani JONES	FR	#23 Cal Lutheran	10.87m	35-8 (1.4)	3/23
9		Christen WILEY	JR	#7 Redlands (Calif.)	{2} 10.71m	35-1¾ (1.5)	4/13
10		Maddy WIETSTRUCK	JR	#9 Trinity (Texas)	{2} 10.70m	35-1¼ (1.0)	3/3

Women's Shot Put

1	13	Renee TIUMALU	SR	#2 Whitworth	13.49m	44-3¼	4/11
2	23	Georjina SOLIAI	JR	#17 Pacific Lutheran	13.18m	43-3	4/13
3	45	Timony SHERRY	SR	#7 Redlands (Calif.)	12.76m	41-10½	3/15
4	56	Amblessed OKEMGBO	SO	#2 Whitworth	{2} 12.60m	41-4¼	3/22
5	58	Kendra HUMPHRIES	FR	#3 McMurry	12.58m	41-3¼	3/16
6	62	Ellena CORWIN	SR	#1 George Fox	12.48m	40-11½	3/23
7	71	Elizabeth JORDAN	JR	#3 McMurry	{2} 12.37m	40-7	3/23
8	78	Deserae CHARLES	FR	#14 Texas Lutheran	12.31m	40-4¾	4/13
9	84	Izzy BOYD	FR	#2 Whitworth	{3} 12.26m	40-2¾	3/16
10	96	Teuila ILALIO	FR	#17 Pacific Lutheran	{2} 12.15m	39-10½	3/2



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #4, April 16



West

as of 4/16/2024 8:58:15 AM ET

Women's Discus

1	13	Amblessed OKEMGBO	SO	#2	Whitworth	43.87m	143-11	4/11
2	38	Kailee WALKER	SR	#1	George Fox	41.56m	136-4	4/13
3	40	Graycee MOSLEY	SO	#22	East Texas Bapti	41.52m	136-3	4/13
4	41	Noelle CHAVEZ	SR	#7	Redlands (Calif.)	41.50m	136-2	3/2
5	45	Katelyn SEWELL	FR	#4	Claremont-Mudc	41.30m	135-6	4/13
6	46	Tori COLMAN	FR	#3	McMurry	41.21m	135-3	4/6
7	69	Kendra HUMPHRIES	FR	#3	McMurry	{2} 39.42m	129-4	3/16
8	79	Lauryn RAWLS	SR	#2	Whitworth	{2} 39.06m	128-2	3/22
9	83	Caeli HAVEL	SR	#7	Redlands (Calif.)	{2} 38.97m	127-10	4/13
10	88	Rachel BELL	FR	#9	Trinity (Texas)	38.55m	126-6	3/23
10	88	Elizabeth RYAN	JR	#3	McMurry	{3} 38.55m	126-6	3/23

Women's Hammer

1	38	Elizabeth CUNNINGHAM	JR	#3	McMurry	48.72m	159-10	4/13
2	44	Tenley GRANT	JR	#15	Willamette	48.37m	158-9	4/6
3	45	Elizabeth RYAN	JR	#3	McMurry	{2} 48.24m	158-3	4/6
4	55	Antonia HEKSTER	JR	#4	Claremont-Mudc	47.65m	156-4	2/17
5	79	Leslie SERNAQUE FALCON	SR	#7	Redlands (Calif.)	46.29m	151-11	3/15
6	82	Kaitlyn JOHNSON	SR	#1	George Fox	46.19m	151-7	3/9
7	88	Jaelene CHAVEZ	SR	#1	George Fox	{2} 45.69m	149-11	4/6
8	92	Julissa RODRIGUEZ	JR	#14	Texas Lutheran	45.45m	149-2	3/23
9	94	Eva WIRTH	JR	#17	Pacific Lutheran	45.30m	148-8	3/16
10		Megan ROBERTSON	SR	#25	Caltech	43.82m	143-9	2/24

Women's Javelin

1	3	Chrissy STRICKLAND	SR	#1	George Fox	43.11m	141-5	3/23
2	11	Neelie SCHIEL	SO	#22	East Texas Bapti	40.78m	133-10	3/3
3	13	Devyn CHELIN	FR	#2	Whitworth	40.65m	133-5	3/2
4	14	Ellena CORWIN	SR	#1	George Fox	{2} 40.57m	133-1	4/6
5	22	Kaiona APIO	SR	#15	Willamette	39.29m	128-11	3/21
6	56	Mattison STAYROOK	SO		Concordia Texas	37.33m	122-6	3/23
7	60	Kendra HUMPHRIES	FR	#3	McMurry	37.07m	121-8	3/3
8	64	Natalie ELLIS	FR	#2	Whitworth	{2} 36.93m	121-2	3/22
9	67	Emily BROWN	FR	#2	Whitworth	{3} 36.91m	121-1	3/22
10	79	Logan SPENCER	JR	#2	Whitworth	{4} 36.33m	119-3	4/11

Women's Heptathlon

1	9	Eleanor BACHMEIER	SR	#7	Redlands (Calif.)	4,521	4/5
2	11	Kira HAWAABOO	FR	#12	Linfield	4,495	4/9
3	13	Breeauna O'REAR	SR	#1	George Fox	4,381	4/9
4	14	Breanne RAWLS	JR	#2	Whitworth	4,379	3/22
5	17	Elisabeth JENSEN	SR	#1	George Fox	{2} 4,257	4/9
6	21	Elisabeth EICHINGER	SO	#7	Redlands (Calif.)	{2} 4,158	4/5
7	22	Victoria WILSON	SO	#24	LeTourneau	4,140	4/13
8	25	Emily BROWN	FR	#2	Whitworth	{2} 3,934	3/22
9	35	Jenna HUNTSMAN	SO	#1	George Fox	{3} 3,704	4/9
10	42	Courtney TIERNAN	SO	#10	Pacific (Ore.)	3,546	3/25