



Conference TFRI Event Summary



AEC

as of 4/23/2024 8:33:06 AM ET

Women's 100 Meters

1	Destiny NOEL	JR	#1 Marymount (Va.)	12.69	(1.2)	4/14
2	Jayla GROSS	FR	#5 Immaculata	13.15w	(2.1)	3/23
3	Abby MEGOTZ	FR	#2 Marywood	13.36w	(2.7)	4/20
4	Aniyah HOLMES	FR	#3 Neumann	13.42	(-0.1)	4/20
5	Kozette QUINN	FR	#3 Neumann	{2} 13.47w	(3.4)	4/13
6	Jenna CLARENCY	JR	#4 Gwynedd-Mercy	13.74w	(2.1)	3/23
7	Emerson ABER	FR	#1 Marymount (Va.) {2}	13.80w	(2.7)	3/23
8	Ariana GRANT	SO	#1 Marymount (Va.) {3}	14.02w	(3.2)	3/23
9	Sahdahya ADDY	SO	#3 Neumann	{3} 14.11	(0.5)	4/13
10	Dana FREIMANE	FR	#1 Marymount (Va.) {4}	14.23w	(3.2)	3/23

Women's 100 Meter Hurdles

1	45 Deziree CONKLIN	JR	#1 Marymount (Va.)	14.88	(1.2)	4/14
2	Brooke HAMER	SO	#1 Marymount (Va.) {2}	16.48	(-1.2)	3/16
3	Ariana GRANT	SO	#1 Marymount (Va.) {3}	18.29	(1.0)	3/9
4	Natalie O'NEILL	JR	#4 Gwynedd-Mercy	18.46	(-0.5)	4/20
5	Emma WAGNER	JR	#2 Marywood	19.14	(0.1)	4/20
6	Dana FREIMANE	FR	#1 Marymount (Va.) {4}	20.13	(-0.9)	4/6
7	Emily KIPERS	SR	#5 Immaculata	22.01	(-0.5)	4/20
8	Camryn OLIVER	JR	#5 Immaculata	{2} 22.13	(1.0)	4/20

Women's 200 Meters

1	Abby MEGOTZ	FR	#2 Marywood	26.81w	(3.9)	4/20
2	Jayla GROSS	FR	#5 Immaculata	27.13	(0.2)	4/6
3	Kozette QUINN	FR	#3 Neumann	27.59	(-1.3)	4/20
4	Deziree CONKLIN	JR	#1 Marymount (Va.)	27.62w	(2.6)	3/23
5	Aniyah HOLMES	FR	#3 Neumann	{2} 27.64	(-0.7)	3/30
6	Destiny NOEL	JR	#1 Marymount (Va.) {2}	27.76	(0.3)	4/6
7	Brooke HAMER	SO	#1 Marymount (Va.) {3}	27.91	(0.1)	3/16
8	Kimberly ALVAREZ	SO	#5 Immaculata	{2} 28.45	(0.6)	4/20
9	Ella MORRISON	SO	#1 Marymount (Va.) {4}	28.71	(-0.2)	4/6
10	Emerson ABER	FR	#1 Marymount (Va.) {5}	28.95w	(3.4)	3/23

Women's 400 Meters

1	Ilana DAWKINS	SO	#1 Marymount (Va.)	1:00.39		4/21
2	Chandler EDDLETON	JR	#1 Marymount (Va.) {2}	1:01.30		4/21
3	Jayla GROSS	FR	#5 Immaculata	1:02.40		4/20
4	Deziree CONKLIN	JR	#1 Marymount (Va.) {3}	1:02.51		3/23
5	Abby MEGOTZ	FR	#2 Marywood	1:03.00		3/30
6	Kozette QUINN	FR	#3 Neumann	1:04.32		3/30
7	Mary STEINBICKER	SO	#5 Immaculata	{2} 1:04.33		4/6
8	Natalie O'NEILL	JR	#4 Gwynedd-Mercy	1:04.55		4/13
9	Aniyah HOLMES	FR	#3 Neumann	{2} 1:05.23		3/30
10	Jocelyn DAMES	SO	#2 Marywood	{2} 1:05.30		4/5

Women's 400 Meter Hurdles

1	48 Deziree CONKLIN	JR	#1 Marymount (Va.)	1:05.29		4/14
2	Natalie O'NEILL	JR	#4 Gwynedd-Mercy	1:14.16		4/6
3	Hayley GAINES	SR	#2 Marywood	1:15.45		4/20
4	Ariana GRANT	SO	#1 Marymount (Va.) {2}	1:16.46		4/21
5	Brooke HAMER	SO	#1 Marymount (Va.) {3}	1:17.75		3/23
6	Jocelyn DAMES	SO	#2 Marywood	{2} 1:19.40		4/20
7	Milana STRAUB	JR	#2 Marywood	{3} 1:25.20		4/5
8	Gabrielle SNEE	JR	#2 Marywood	{4} 1:37.94		4/5

Women's 800 Meters

1	Courtney HUMPHREYS	SR	#3 Neumann	2:20.79		4/13
2	Mary STEINBICKER	SO	#5 Immaculata	2:25.96		4/20
3	Hayley GAINES	SR	#2 Marywood	2:28.50		3/30
4	Mikayla STEPHENS	FR	#1 Marymount (Va.)	2:34.38		4/6
5	Abby HUGHES	FR	#1 Marymount (Va.) {2}	2:36.93		4/6
6	Marissa MARTIN	FR	#2 Marywood	{2} 2:38.28		3/30
7	Maddie GENTILE	SR	#2 Marywood	{3} 2:40.23		3/30
8	Paola MATIAS	FR	#1 Marymount (Va.) {3}	2:41.05		4/6
9	Jocelyn DAMES	SO	#2 Marywood	{4} 2:42.62		3/30
10	Katelyn BAIER	FR	#3 Neumann	{2} 2:49.05		4/20

Women's 1500 Meters

1	Courtney HUMPHREYS	SR	#3 Neumann	4:57.17		4/20
2	Avery FINNEGAN	SO	#1 Marymount (Va.)	5:05.07		3/23
3	Brier AMERLINCK	FR	#1 Marymount (Va.) {2}	5:05.45		3/23
4	Mikayla STEPHENS	FR	#1 Marymount (Va.) {3}	5:20.92		4/6
5	Maddie GENTILE	SR	#2 Marywood	5:23.56		4/12
6	Abby HUGHES	FR	#1 Marymount (Va.) {4}	5:30.06		3/23
7	Paola MATIAS	FR	#1 Marymount (Va.) {5}	5:33.06		3/23
8	Gabrielle SNEE	JR	#2 Marywood	{2} 5:42.95		4/12
9	Kaitlyn NEWBERRY	SO	#2 Marywood	{3} 5:54.91		4/12
10	Madeleine PARE	SO	#1 Marymount (Va.) {6}	6:01.13		4/6

Women's Steeplechase

1	Milana STRAUB	JR	#2 Marywood	12:05.30		4/5
2	Mikayla STEPHENS	FR	#1 Marymount (Va.)	13:01.72		3/23
3	Gabrielle SNEE	JR	#2 Marywood	{2} 14:34.40		4/5
4	Madeleine PARE	SO	#1 Marymount (Va.) {2}	14:50.76		4/21

Women's 5000 Meters

1	Milana STRAUB	JR	#2 Marywood	18:40.37		3/30
2	Avery FINNEGAN	SO	#1 Marymount (Va.)	19:01.30		4/6
3	Brier AMERLINCK	FR	#1 Marymount (Va.) {2}	19:05.38		4/6
4	Maddie GENTILE	SR	#2 Marywood	{2} 20:38.75		4/5
5	Kaitlyn NEWBERRY	SO	#2 Marywood	{3} 20:40.34		3/30
6	Gabrielle SNEE	JR	#2 Marywood	{4} 21:11.80		3/30
7	Mikayla STEPHENS	FR	#1 Marymount (Va.) {3}	21:17.14		3/9
8	Zoe BADNER	SO	#2 Marywood	{5} 22:45.00		3/30
9	Gabrielle WEIRSKY	SO	#1 Marymount (Va.) {4}	22:59.50		3/16
10	Keely GREENE	SR	#4 Gwynedd-Mercy	23:40.67		4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



AEC

as of 4/23/2024 8:33:07 AM ET

Women's 10,000 Meters

1	Milana STRAUB	JR	#2 Marywood	39:24.05	4/14
2	Brier AMERLINCK	FR	#1 Marymount (Va.)	40:02.96	3/16
3	Kaitlyn NEWBERRY	SO	#2 Marywood {2}	47:41.07	4/5
4	Keely GREENE	SR	#4 Gwynedd-Mercy	47:41.90	4/20
5	Zoe BADNER	SO	#2 Marywood {3}	48:50.40	4/5

Women's 4x100 Relay

1	97 Destiny Noel, Deziree Conklin, Ella Morrison, Brooke Hamer	#1 Marymount (Va.)	49.91	4/21
2	#Type!	#5 Immaculata	54.09	4/20
3	Jocelyn Dames, Hayley Gaines, Abby Megotz, Emma Wagner	#2 Marywood	54.78	4/20
4	#Type!	#4 Gwynedd-Mercy	57.90	4/20

Women's 4x400 Relay

1	Courtney Humphreys, Aniyah Holmes, Kozette Quinn, Sahdahya Addy	#3 Neumann	4:22.09	4/13
2	Kimberly Alvarez, Jayla Gross, Olivia Morris, Mary Steinbicker	#5 Immaculata	4:28.33	4/13
3	Hayley Gaines, Jocelyn Dames, Marissa Martin, Abby Megotz	#2 Marywood	4:30.90	4/5
4	Deziree Conklin, Ariana Grant, Mikayla Stephens, Abby Hughes	#1 Marymount (Va.)	4:31.60	4/21
5	#Type!	#4 Gwynedd-Mercy	4:46.24	4/20

Women's High Jump

1	Ella MORRISON	SO	#1 Marymount (Va.)	1.43m	4-8¼	3/16
2	Dana FREIMANE	FR	#1 Marymount (Va.) {2}	1.38m	4-6¼	3/16
3	Natalie O'NEILL	JR	#4 Gwynedd-Mercy	1.22m	4-0	4/6
4	Brigid MCCLUSKEY	FR	#4 Gwynedd-Mercy {2}	1.17m	3-10	4/6

Women's Pole Vault

1	Ariana GRANT	SO	#1 Marymount (Va.)	2.99m	9-9¾	3/23
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Women's Long Jump

1	Deziree CONKLIN	JR	#1 Marymount (Va.)	5.12m	16-9¾ (1.7)	4/14
2	Ella MORRISON	SO	#1 Marymount (Va.) {2}	4.93m	16-2¼ (-1.5)	4/21
3	Sahdahya ADDY	SO	#3 Neumann	4.68mw	15-4¼ (2.3)	4/13
4	Dana FREIMANE	FR	#1 Marymount (Va.) {3}	4.64m	15-2¾ (1.6)	4/6
5	Natalie O'NEILL	JR	#4 Gwynedd-Mercy	4.46m	14-7¾ (0.0)	4/20
6	Daelyn KARBOSKI	JR	#2 Marywood	4.35m	14-3¼ (0.5)	4/5
7	Ariana GRANT	SO	#1 Marymount (Va.) {4}	4.32mw	14-2¼ (2.6)	3/9
7	Emma WAGNER	JR	#2 Marywood {2}	4.32m	14-2¼ (2.0)	4/5
9	Kelsey MCFARLAND	FR	#4 Gwynedd-Mercy {2}	3.85m	12-7¾ (0.0)	4/20

Women's Triple Jump

1	Marissa MARTIN	FR	#2 Marywood	9.85m	32-3¾ (0.0)	4/12
2	Daelyn KARBOSKI	JR	#2 Marywood {2}	8.68m	28-5¾ (0.6)	3/30

Women's Shot Put

1	Isabella RIVERA	FR	#1 Marymount (Va.)	9.82m	32-2¾	4/21
2	Allison SIRAVO	SO	#3 Neumann	9.43m	30-11¼	4/20
3	Lucia ANAWALT	SO	#2 Marywood	8.45m	27-8¾	4/20
4	Sydney WILSON	SO	#3 Neumann {2}	8.16m	26-9¼	4/20
5	Meghan LOSTRACCO	SR	#4 Gwynedd-Mercy	7.73m	25-4½	4/20
6	Alexandra PAPADOPOULOS	FR	#4 Gwynedd-Mercy {2}	7.34m	24-1	4/13
7	Paige STRYSHAK	SO	#2 Marywood {2}	7.26m	23-10	4/20

Women's Discus

1	Isabella RIVERA	FR	#1 Marymount (Va.)	30.60m	100-5	4/21
2	Lucia ANAWALT	SO	#2 Marywood	25.98m	85-3	4/20
3	Allison SIRAVO	SO	#3 Neumann	24.61m	80-9	4/6
4	Paige STRYSHAK	SO	#2 Marywood {2}	23.80m	78-1	4/20
5	Breanna HARE	SO	#4 Gwynedd-Mercy	21.18m	69-6	3/23
6	Sydney WILSON	SO	#3 Neumann {2}	20.95m	68-8¾	3/30
7	Meghan LOSTRACCO	SR	#4 Gwynedd-Mercy {2}	20.78m	68-2¼	4/13
8	Ella MORRISON	SO	#1 Marymount (Va.) {2}	19.84m	65-1¼	4/21
9	Alexandra PAPADOPOULOS	FR	#4 Gwynedd-Mercy {3}	15.73m	51-7¼	3/23

Women's Hammer

1	Meghan LOSTRACCO	SR	#4 Gwynedd-Mercy	34.21m	112-3	4/20
2	Isabella RIVERA	FR	#1 Marymount (Va.)	32.00m	105-0	4/21
3	Ariana GRANT	SO	#1 Marymount (Va.) {2}	27.91m	91-7	4/21
4	Allison SIRAVO	SO	#3 Neumann	27.90m	91-6½	4/6
5	Marisa ROSCETTI	FR	#1 Marymount (Va.) {3}	26.22m	86-¼	4/21
6	Breanna HARE	SO	#4 Gwynedd-Mercy {2}	24.07m	78-11¾	4/6
7	Sydney WILSON	SO	#3 Neumann {2}	22.85m	74-11¾	4/6
8	Alexandra PAPADOPOULOS	FR	#4 Gwynedd-Mercy {3}	12.78m	41-11¼	4/13

Women's Javelin

1	Maggie FRIEND	FR	#5 Immaculata	30.46m	99-11¼	4/6
2	Kyleigh JONIEC	SO	#3 Neumann	28.45m	93-4¼	4/6
3	Emily ETTIEN	SR	#5 Immaculata {2}	26.73m	87-8½	4/6
4	Ariana GRANT	SO	#1 Marymount (Va.)	25.43m	83-5¼	4/6
5	Isabella RIVERA	FR	#1 Marymount (Va.) {2}	25.41m	83-4½	4/6
6	Ella MORRISON	SO	#1 Marymount (Va.) {3}	24.33m	79-10	4/6
7	Maddie STANCIL	JR	#4 Gwynedd-Mercy	23.82m	78-1¾	4/13
8	Sydney WILSON	SO	#3 Neumann {2}	23.75m	77-11	4/13
9	Emerson ABER	FR	#1 Marymount (Va.) {4}	22.61m	74-2¼	4/6
10	Abby HUGHES	FR	#1 Marymount (Va.) {5}	21.82m	71-7¼	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



American Rivers

as of 4/23/2024 8:33:07 AM ET

Women's 100 Meters

1	11	Emma SEIPEL	JR	#3	Loras	11.98c	(11.95A) (1.	4/6
2	41	Harmony CREASY	JR	#3	Loras	{2} 12.19c	(12.16A) (1.	4/6
3	46	Lina NEWLAND	SO	#1	Wartburg	12.22	(1.7)	4/13
4	70	Emily MCMARTIN	SO	#2	Central (Iowa)	12.33w	(3.3)	4/20
5	96	JoJo TYNISMAL	SO	#1	Wartburg	{2} 12.41w	(2.4)	3/29
6		Breanne GEARY	SR	#4	Nebraska Wesley	12.57w	(2.1)	4/12
7		Keira ALLISS	SO	#5	Dubuque	12.58	(1.2)	4/13
8		Ava PARKINS	FR	#2	Central (Iowa)	{2} 12.60w	(3.3)	4/20
9		Kiarra FENNELL	FR	#4	Nebraska Wesley	{2} 12.61	(1.6)	4/5
9		Bianca CLEMONS	SO	#6	Simpson (Iowa)	12.61w	(2.6)	4/12

Women's 100 Meter Hurdles

1	6	JoJo TYNISMAL	SO	#1	Wartburg	14.11w	(2.3)	4/13
2	38	Grace BRADEN	FR	#1	Wartburg	{2} 14.83w	(2.3)	4/13
3	50	Olivia BOHLEN	SO	#2	Central (Iowa)	14.97w	(2.2)	4/12
4	66	Audrey ARNOLD	JR	#6	Simpson (Iowa)	15.11w	(2.4)	4/6
5	67	Grace ALLEY	SR	#3	Loras	15.14	(0.3)	4/13
6		Sophia STAHLE	FR	#1	Wartburg	{3} 15.52w	(2.3)	4/13
6		Maddax DEVAULT	SO	#6	Simpson (Iowa)	{2} 15.52	(1.1)	4/20
8		Keeley HOURIGAN	JR	#4	Nebraska Wesley	15.69	(0.6)	4/12
9		Annika ELCO	SO	#7	Luther	15.75w	(3.0)	4/20
10		Caitlin BENESH	FR	#1	Wartburg	{4} 15.89w	(2.3)	4/13

Women's 200 Meters

1	24	JoJo TYNISMAL	SO	#1	Wartburg	24.86	(1.1)	4/13
2	44	Harmony CREASY	JR	#3	Loras	25.14w	(2.1)	4/20
3	47	Emma SEIPEL	JR	#3	Loras	{2} 25.16	(-0.2)	4/13
4	65	Emily MCMARTIN	SO	#2	Central (Iowa)	25.29w	(3.2)	4/6
5	67	Grace ALLEY	SR	#3	Loras	{3} 25.30c	(25.23A) (1.	4/6
6	71	Lina NEWLAND	SO	#1	Wartburg	{2} 25.31w	(3.4)	4/13
7	88	Abbi ROERDINK	SR	#2	Central (Iowa)	{2} 25.47w	(3.2)	4/6
8		Sophia STAHLE	FR	#1	Wartburg	{3} 25.73w	(3.2)	4/6
9		Kiarra FENNELL	FR	#4	Nebraska Wesley	25.91	(1.1)	4/12
10		Gianna BORZILERI	JR	#5	Dubuque	25.98	(-0.8)	4/6

Women's 400 Meters

1	3	Isabella HOGUE	SR	#4	Nebraska Wesley	55.21		4/12
2	6	Abbi ROERDINK	SR	#2	Central (Iowa)	55.93		4/12
3	54	Alyssa PFADENHAUER	SR	#3	Loras	57.73c	(57.62A)	4/6
4		Kiarra FENNELL	FR	#4	Nebraska Wesley	{2} 59.23		4/19
5		Rachel NAGEL	SR	#1	Wartburg	59.29		4/6
6		Gianna BORZILERI	JR	#5	Dubuque	59.55		4/13
7		Breanne GEARY	SR	#4	Nebraska Wesley	{3} 59.76		4/19
8		Lizzy VAN UTRECHT	FR	#2	Central (Iowa)	{2} 59.89		4/12
9		Olivia TOLLARI	SO	#1	Wartburg	{2} 59.99		4/13
10		Isabella HILGER	SR	#4	Nebraska Wesley	{4} 1:00.12		4/12

Women's 400 Meter Hurdles

1	5	JoJo TYNISMAL	SO	#1	Wartburg	1:01.93		4/6
2	17	Madison HAYS	SO	#6	Simpson (Iowa)	1:03.59		4/12
3	34	Abby GRUVER	SR	#2	Central (Iowa)	1:04.91		4/12
4	65	Maddax DEVAULT	SO	#6	Simpson (Iowa)	{2} 1:05.97		3/28
5	70	Sophia STAHLE	FR	#1	Wartburg	{2} 1:06.19		3/29
6		Bethany SCHUHMACHER	FR	#4	Nebraska Wesley	1:07.64		4/12
7		Katelyn PFALTZGRAFF	JR	#5	Dubuque	1:08.69		4/13
8		Alyssa MAYHEW	JR	#2	Central (Iowa)	{2} 1:10.24		4/20
9		Grace BRADEN	FR	#1	Wartburg	{3} 1:11.08		4/13
10		Emma LUNDQUIST	JR	#5	Dubuque	{2} 1:11.13		4/6

Women's 800 Meters

1	19	Peyton STEFFEN	SO	#2	Central (Iowa)	2:12.52		4/13
2	33	Haley MEYER	SO	#1	Wartburg	2:14.56		3/23
3	65	Frankie CHAIDEZ	JR	#3	Loras	2:16.61		4/13
4		Alyssa MAYHEW	JR	#2	Central (Iowa)	{2} 2:18.63		4/12
5		Ella JOHNSON	FR	#1	Wartburg	{2} 2:19.93		4/6
6		Alyssa PFADENHAUER	SR	#3	Loras	{2} 2:20.04		4/13
6		Delaney VACEK	SO	#4	Nebraska Wesley	2:20.04		4/12
8		Erin PHELAN	SR	#1	Wartburg	{3} 2:21.14		4/13
9		Ava CARDER	SO	#6	Simpson (Iowa)	2:21.35		4/12
10		Grace ALLEY	SR	#3	Loras	{3} 2:21.42c	(2:21.90A)	4/6

Women's 1500 Meters

1	9	Lexi BROWN	SR	#1	Wartburg	4:31.03		4/20
2	10	Megan JOHNSON	JR	#2	Central (Iowa)	4:31.06		4/13
3	12	Caroline MCMARTIN	SR	#2	Central (Iowa)	{2} 4:31.63		4/13
4	20	Peyton STEFFEN	SO	#2	Central (Iowa)	{3} 4:34.06		4/13
5	32	Aubrie FISHER	SR	#1	Wartburg	{2} 4:35.49		4/6
6	62	Ellie MEYER	JR	#1	Wartburg	{3} 4:40.32		4/6
7	86	Addy PARROTT	JR	#2	Central (Iowa)	{4} 4:42.48		4/13
8	88	Becca DIDDIA	JR	#3	Loras	4:42.73		4/20
9	92	Frankie CHAIDEZ	JR	#3	Loras	{2} 4:42.92		4/20
10		Jenna MOREY	JR	#1	Wartburg	{4} 4:46.88		3/29

Women's Steeplechase

1	1	Megan JOHNSON	JR	#2	Central (Iowa)	10:19.79		4/13
2	2	Aubrie FISHER	SR	#1	Wartburg	10:24.28		3/29
3	3	Caroline MCMARTIN	SR	#2	Central (Iowa)	{2} 10:30.78		4/13
4	4	Ellie MEYER	JR	#1	Wartburg	{2} 10:33.30		3/29
5	10	Addy PARROTT	JR	#2	Central (Iowa)	{3} 10:49.07		4/13
6	97	Lily PETERSON	SO	#1	Wartburg	{3} 11:42.88		3/29
7		Maddie PRIER	SO	#1	Wartburg	{4} 11:44.12		3/29
8		Ashley BLOOMQUIST	SR	#1	Wartburg	{5} 11:44.75		3/29
9		Emily ERHARDT	JR	#6	Simpson (Iowa)	11:45.84		4/12
10		Bailey VAUGHAN	SO	#3	Loras	11:58.02		4/20



Conference TFRI Event Summary



American Rivers

as of 4/23/2024 8:33:07 AM ET

Women's 5000 Meters

1	2	Aubrie FISHER	SR	#1 Wartburg	16:28.70	4/13
2	3	Caroline MCMARTIN	SR	#2 Central (Iowa)	16:29.11	3/29
3	4	Shaelyn HOSTAGER	JR	#1 Wartburg {2}	16:32.19	4/13
4	21	Lara KALLEM	JR	#6 Simpson (Iowa)	16:57.88	4/13
5	26	Ellie MEYER	JR	#1 Wartburg {3}	16:59.90	4/13
6	29	Teghan BOOTH	JR	#6 Simpson (Iowa) {2}	17:03.18	4/13
7	59	Peyton STEFFEN	SO	#2 Central (Iowa) {2}	17:26.24	3/29
8	85	Becca DIDDIA	JR	#3 Loras	17:39.37	4/13
9	92	Addy PARROTT	JR	#2 Central (Iowa) {3}	17:40.91	3/29
10		Jenna MOREY	JR	#1 Wartburg {4}	17:59.67	4/13

Women's 10,000 Meters

1	5	Shaelyn HOSTAGER	JR	#1 Wartburg	34:39.24	3/29
2	6	Megan JOHNSON	JR	#2 Central (Iowa)	35:00.33	3/29
3	10	Lara KALLEM	JR	#6 Simpson (Iowa)	35:10.24	4/20
4	14	Teghan BOOTH	JR	#6 Simpson (Iowa) {2}	35:23.22	4/20
5	52	Kelly GIARDINA	SO	#1 Wartburg {2}	36:50.09	4/20
6	65	Kira HOOPER	JR	#2 Central (Iowa) {2}	37:16.35	4/20
7		Karle KRAMER	SO	#1 Wartburg {3}	38:57.02	4/20
8		Claire KALLHOFF	SR	#4 Nebraska Wesley	39:43.24	4/20
9		Morgan ENGEL	FR	#1 Wartburg {4}	40:09.29	4/20
10		Crystal BURKE	SR	#9 Coe	40:44.06	3/29

Women's 4x100 Relay

1	4	Harmony Creasy, Kelly Kohlhof, Meghan McDonald, Emma Seipel	#3 Loras	46.91c (46.79A)	4/6
2	18	Keeley Hourigan, Raegan Levi, Breanne Geary, Natalie Cummins	#4 Nebraska Wesley	47.80	4/5
3	20	#Type!	#1 Wartburg	47.87	4/13
4	31	Mary Gustason, Abbi Roerdink, Emily McMartin, Ava Parkins	#2 Central (Iowa)	48.26	3/28
5	55	Keira Alliss, Gianna Borzileri, Riley Finn, Grace Kahon	#5 Dubuque	48.88	4/6
6	88	Audrey Arnold, Madison Hays, Maddax DeVault, Bianca Clemons	#6 Simpson (Iowa)	49.81	4/12
7		Lily Chen, Annika Elco, Amara Marks, Grace Davidson	#7 Luther	51.16	4/13
8		#Type!	#9 Coe	53.62	4/6

Women's 4x400 Relay

1	6	Grace Alley, Harmony Creasy, Layla Hughes, Alyssa Pfadenhauer	#3 Loras	3:51.46	4/13
2	9	Lizzy Van Utrecht, Ava Parkins, Emily McMartin, Abbi Roerdink	#2 Central (Iowa)	3:53.05	4/12
3	22	Rachel Nagel, Sophia Stahle, JoJo Tynismaa, Olivia Tollari	#1 Wartburg	3:56.33	3/23
4	31	Breanne Geary, Isabella Hilger, Delaney Vacek, Gabby Thomas	#4 Nebraska Wesley	3:58.67	4/12
5	69	Ava Carder, Maddax DeVault, Audrey Arnold, Madison Hays	#6 Simpson (Iowa)	4:05.88	4/12
6		Katelyn Pfaltzgraff, Delisha Davis, Alexia Pecora, Kiana Vogel	#5 Dubuque	4:15.10	4/13
7		Lanah Collins, Hannah Olson, Karley Ruiz-Genovese, Megan Bakke	#8 Buena Vista	4:21.04	4/20
8		Lily Chen, Teah Miller, Penelope Hansen, Alyssa Blankenship	#7 Luther	4:24.69	4/6

Women's High Jump

1	1	Sara HOSKINS	SR	#3 Loras	1.71m 5-7¼	4/13
2	2	Jaden GATTS	FR	#5 Dubuque	1.70m 5-7	3/28
3	21	Grace ALLEY	SR	#3 Loras {2}	1.66m 5-5¼	4/6
4	36	Julia KLEIN	SO	#3 Loras {3}	1.62m 5-3¾	4/20
5	52	Samantha NIELSEN	SO	#1 Wartburg	1.60m 5-3	4/13
6	75	Deshawna NEAL	FR	#1 Wartburg {2}	1.59m 5-2½	4/20
7		Cadence SINCLAIR	FR	#2 Central (Iowa)	1.55m 5-1	3/28
8		Jazmine WOODE	FR	#1 Wartburg {3}	1.54m 5-½	4/6
8		Alyssa FOWLER	FR	#1 Wartburg {3}	1.54m 5-½	4/20
10		Aaliyah JOHNSON	JR	#6 Simpson (Iowa)	1.53m 5-¼	4/6

Women's Pole Vault

1	81	Samantha HARVELL	JR	#5 Dubuque	3.35m 10-11¾	4/6
2	100	Emily DRUSE	SR	#4 Nebraska Wesley	3.30m 10-9¾	4/5
2	100	Amber VROMAN	JR	#2 Central (Iowa)	3.30m 10-9¾	4/12
4		Abby APELAND	FR	#3 Loras	3.23m 10-7	4/13
5		Leah HOWARD	SO	#2 Central (Iowa) {2}	3.00m 9-10	4/12
6		Kendra POPPE	FR	#4 Nebraska Wesley {2}	2.93m 9-7¼	4/12
7		Amelia HERBERT	SR	#4 Nebraska Wesley {3}	2.85m 9-4¼	4/5
8		Ella JOHNSON	FR	#1 Wartburg	2.71m 8-10¾	4/20
9		Linnea HEDIN	SO	#7 Luther	2.45m 8-½	4/6
10		Lindsey SMITH	JR	#5 Dubuque {2}	2.00m 6-6¾	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



American Rivers

as of 4/23/2024 8:33:07 AM ET

Women's Long Jump

1	1	Emma SEIPEL	JR	#3	Loras	6.11mw	20-1½ (2.3)	4/4
2	5	Harmony CREASY	JR	#3	Loras	{2} 5.81mA	19-¾ (2.0)	4/6
3	30	Shaniah JOHNSON	JR	#1	Wartburg	5.56m	18-3 (0.0)	4/12
4	43	Natalie CUMMINS	JR	#4	Nebraska Wesley	5.48mw	17-11¼ (2.8)	4/5
5	53	Olivia BOHLEN	SO	#2	Central (Iowa)	5.44m	17-10¼ (1.4)	4/20
6	66	Breanne GEARY	SR	#4	Nebraska Wesley	{2} 5.36m	17-7 (1.0)	4/12
7	83	Olivia TOLLARI	SO	#1	Wartburg	{2} 5.33mw	17-6 (2.5)	4/6
8		Lina NEWLAND	SO	#1	Wartburg	{3} 5.21m	17-1¼ (0.0)	4/20
9		Jasmyn WILLIAMS	SO	#2	Central (Iowa)	{2} 5.17m	16-11½ (0.5)	3/28
10		Chloe MOOBERRY	FR	#4	Nebraska Wesley	{3} 5.10mw	16-8¾ (3.1)	4/5

Women's Triple Jump

1	8	Grace ALLEY	JR	#3	Loras	12.17m	39-11¼ (0.0)	4/12
2	16	Harmony CREASY	JR	#3	Loras	{2} 11.96m	39-3 (0.8)	4/12
3	28	Shaniah JOHNSON	SR	#1	Wartburg	11.60m	38-¾ (0.9)	4/13
4	45	Emma SEIPEL	JR	#3	Loras	{3} 11.37m	37-3¾ (1.2)	4/12
5	48	Julia KLEIN	SO	#3	Loras	{4} 11.33m	37-2¼ (1.1)	4/13
6	86	Sangai DUKULY	JR	#9	Coe	11.05mw	36-3 (2.3)	4/13
7		Madeline BOULANGER	FR	#1	Wartburg	{2} 10.92mw	35-10 (3.2)	3/29
8		Samantha NIELSEN	SO	#1	Wartburg	{3} 10.89mw	35-8¾ (2.5)	4/6
9		Chloe DUNIGAN	SO	#3	Loras	{5} 10.78m	35-4½ (1.1)	4/6
10		Aaliyah JOHNSON	JR	#6	Simpson (Iowa)	10.56mw	34-7¾ (2.7)	4/20

Women's Shot Put

1	6	Kaitlyn WILDER	SR	#5	Dubuque	14.02m	46-0	4/13
2	18	Lily MEESTER	SR	#1	Wartburg	13.34m	43-9¼	4/13
3	34	Nai'lah ANDERS	FR	#5	Dubuque	{2} 12.99m	42-7½	4/13
4	40	Haley BEMINIO	SR	#1	Wartburg	{2} 12.88m	42-3¼	4/13
4	40	Emmily BERGLUND	FR	#4	Nebraska Wesley	12.88m	42-3¼	3/30
4	40	Kristen REICKS	SR	#1	Wartburg	{2} 12.88m	42-3¼	4/13
7	49	Chloe REISER	FR	#5	Dubuque	{3} 12.74m	41-9¾	4/6
8	51	Riley VICE	JR	#3	Loras	12.70m	41-8	4/13
9	70	Ja'Dein MADISON	SO	#4	Nebraska Wesley	{2} 12.39m	40-7¾	4/12
10	80	Lilly DUFF	SO	#5	Dubuque	{4} 12.32m	40-5	4/13

Women's Discus

1	6	Nai'lah ANDERS	FR	#5	Dubuque	46.18m	151-6	4/20
2	11	Kaitlyn WILDER	SR	#5	Dubuque	{2} 44.80m	147-0	4/6
3	13	Kaelyn MEANS	FR	#4	Nebraska Wesley	44.34m	145-6	4/19
4	24	Riley VICE	JR	#3	Loras	43.41m	142-5	4/6
5	28	Taylor FLAIG	SR	#3	Loras	{2} 43.01m	141-2	4/6
6	41	Lily MEESTER	SR	#1	Wartburg	41.81m	137-2	4/13
7	44	Anna LUNDAHL	JR	#4	Nebraska Wesley	{2} 41.69m	136-10	4/12
8	50	Ashley GLENNON	SO	#5	Dubuque	{3} 41.48m	136-1	4/6
9	62	Breen DUFFY	SO	#5	Dubuque	{4} 40.60m	133-3	4/6
10	77	Emmily BERGLUND	FR	#4	Nebraska Wesley	{3} 39.67m	130-2	4/19

Women's Hammer

1	2	Emma TRUE	JR	#1	Wartburg	58.58m	192-2	4/6
2	10	Kaitlyn WILDER	SR	#5	Dubuque	53.17m	174-6	4/6
3	19	Ja'Dein MADISON	SO	#4	Nebraska Wesley	52.09m	170-11	4/19
4	21	Anna FRIEDRICHSEN	SR	#8	Buena Vista	51.92m	170-4	4/6
5	23	Taylor FLAIG	SR	#3	Loras	51.59m	169-3	4/6
6	24	Caitlyn COX	SO	#3	Loras	{2} 51.49m	168-11	4/20
7	49	Kaelyn MEANS	FR	#4	Nebraska Wesley	{2} 48.45m	159-0	4/12
8	53	Grace MCCARTAN	SR	#1	Wartburg	{2} 48.21m	158-2	4/6
9	65	Tara JOCHUMSEN	SR	#1	Wartburg	{3} 47.26m	155-1	4/13
10	72	Haley BEMINIO	SR	#1	Wartburg	{4} 46.96m	154-1	4/6

Women's Javelin

1	3	Avery DECKER	SR	#4	Nebraska Wesley	45.02m	147-9	4/12
2	48	Ashley GLENNON	SO	#5	Dubuque	37.97m	124-7	3/28
3	72	Addie THOMAS	JR	#4	Nebraska Wesley	{2} 36.92m	121-2	4/5
4	77	Brooke SHAFER	JR	#1	Wartburg	36.86m	120-11	4/20
5	91	Samantha NIELSEN	SO	#1	Wartburg	{2} 36.09m	118-5	4/20
6	93	Haley BEMINIO	SR	#1	Wartburg	{3} 35.93m	117-11	4/6
7		Grace ALLEY	SR	#3	Loras	35.15mA	115-4	4/6
8		Aliah CLARKE	JR	#4	Nebraska Wesley	{3} 34.53m	113-4	4/19
9		Courtney JOHNSON	JR	#8	Buena Vista	33.91m	111-3	4/20
10		Aaliyah JOHNSON	JR	#6	Simpson (Iowa)	33.70m	110-7	3/28

Women's Heptathlon

1	1	Grace ALLEY	SR	#3	Loras	5,233c	(5233.00A)	4/6
2	6	Olivia BOHLEN	SO	#2	Central (Iowa)	4,737		4/20
3	73	Karsyn LAMM	JR	#2	Central (Iowa)	{2} 3,515		4/20
4	85	Anna PARROTT	SO	#6	Simpson (Iowa)	3,382		4/20
5	91	Caitlin BENESH	FR	#1	Wartburg	3,239		4/6
6		Jazmine WOODE	FR	#1	Wartburg	{2} 2,881		4/6
7		Amil-lion DERRICK	JR	#8	Buena Vista	2,497		4/20
8		Sage AUSTIN	FR	#2	Central (Iowa)	{3} 2,213		4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



ASC

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Women's 100 Meters

1	11	Brynn YANEZ	SO	#1 McMurry	11.98w	(3.9)	4/13
2	15	Kylah WASHINGTON	FR	#2 Hardin-Simmons	12.00w	(3.9)	4/13
3		Erin FALLON	FR	#1 McMurry	{2} 12.42w	(2.9)	4/6
4		Madelyn GOLLIHAR	SO	#1 McMurry	{3} 12.57	(1.2)	3/23
5		Nakiah TOLBERT	JR	#2 Hardin-Simmons	{2} 12.60c	(12.57A) (1.	3/30
6		Jayla ALDRIDGE	JR	#6 Concordia Texas	12.70w	(2.8)	4/13
7		Paige THOMAS	FR	#3 UT Dallas	12.79w	(2.8)	4/13
8		Tia BILLINGSLEY	SO	#3 UT Dallas	{2} 12.86w	(2.8)	4/13
9		Avalon GRIGGS	FR	#2 Hardin-Simmons	{3} 12.91c	(12.88A) (1.	3/30
10		Honor KNOTT	SO	#2 Hardin-Simmons	{4} 13.08	(1.4)	3/16

Women's 100 Meter Hurdles

1	15	Naj CAMPBELL	JR	#1 McMurry	14.42w	(3.9)	4/13
2		Neelie SCHIEL	SO	#4 East Texas Bapti	15.89	(2.0)	4/13
3		Victoria WILSON	SO	#5 LeTourneau	16.22	(-0.5)	3/23
4		Amayah HARRISON	FR	#3 UT Dallas	16.35w	(3.7)	4/13
5		Ellie MARSH	JR	#5 LeTourneau	{2} 17.11	(-0.5)	3/23
6		Emmalee HORTON	SO	#2 Hardin-Simmons	17.26	(0.8)	3/3
7		Emma FOYT-GADE	FR	#3 UT Dallas	{2} 18.11w	(2.2)	3/16
8		Mattison STAYROOK	SO	#6 Concordia Texas	18.16w	(3.7)	4/13

Women's 200 Meters

1	50	Madelyn GOLLIHAR	SO	#1 McMurry	25.20	(1.7)	3/3
2	54	Brynn YANEZ	SO	#1 McMurry	{2} 25.22	(1.4)	4/6
3	59	Nakiah TOLBERT	JR	#2 Hardin-Simmons	25.26	(2.0)	4/6
4	82	Kylah WASHINGTON	FR	#2 Hardin-Simmons	{2} 25.41w	(2.2)	4/13
5	83	Erin FALLON	FR	#1 McMurry	{3} 25.43w	(2.2)	4/13
6		Randi BECKHAM	FR	#3 UT Dallas	26.12w	(2.5)	4/13
7		Danielle PENA	SO	#2 Hardin-Simmons	{3} 26.20w	(3.9)	4/13
8		Naj CAMPBELL	JR	#1 McMurry	{4} 26.45	(0.9)	3/23
9		Haily BASS	SO	#5 LeTourneau	26.79w	(3.4)	4/13
10		Paige THOMAS	FR	#3 UT Dallas	{2} 27.07w	(2.5)	4/13

Women's 400 Meters

1	67	Nakiah TOLBERT	JR	#2 Hardin-Simmons	58.09		4/6
2		Randi BECKHAM	FR	#3 UT Dallas	59.19		4/13
3		Haily BASS	SO	#5 LeTourneau	59.25		4/13
4		Jacee DINKINS	JR	#1 McMurry	1:00.96		4/13
5		Danielle PENA	SO	#2 Hardin-Simmons	{2} 1:01.39		4/13
6		Katelyn HERNANDEZ	JR	#1 McMurry	{2} 1:02.02		4/13
7		Taliana SCHMIDT	FR	#7 Ozarks (Ark.)	1:03.67		3/16
8		Sophie HALE	FR	#2 Hardin-Simmons	{3} 1:04.04c	(1:03.93A)	3/30
9		Ashley REATH	FR	#1 McMurry	{3} 1:04.30		3/3
10		Aerial RANGEL	FR	#1 McMurry	{4} 1:04.66		4/13
10		Jada GARDNER	FR	#3 UT Dallas	{2} 1:04.66		4/13

Women's 400 Meter Hurdles

1	20	Ellie MARSH	JR	#5 LeTourneau	1:03.63		4/20
2	27	Madelyn GOLLIHAR	SO	#1 McMurry	1:04.33		4/13
3		Naj CAMPBELL	JR	#1 McMurry	{2} 1:07.49		4/13
4		Neelie SCHIEL	SO	#4 East Texas Bapti	1:08.37		4/13
5		Jayden COOPER	FR	#3 UT Dallas	1:10.76		3/9
6		Cachelle FLORES	FR	#6 Concordia Texas	1:11.55		4/13
7		Amayah HARRISON	FR	#3 UT Dallas	{2} 1:16.71		4/13

Women's 800 Meters

1		Kylah HOLLAND	SR	#2 Hardin-Simmons	2:20.92		4/13
2		Ache' ANDERSON	JR	#4 East Texas Bapti	2:21.25		4/13
3		Breonna MCCARTHY-REESE	JR	#1 McMurry	2:22.83		3/3
4		Madylin HERRERA	JR	#3 UT Dallas	2:22.91		3/16
5		Chloe MCLELLAN	SO	#1 McMurry	{2} 2:23.79		3/23
6		Hope GREENWALD	SO	#5 LeTourneau	2:28.45		4/13
7		Anna DINASO	FR	#1 McMurry	{3} 2:29.11		3/16
8		Jazmin MENDEZ	JR	#2 Hardin-Simmons	{2} 2:30.83		4/6
9		Ellie MARSH	JR	#5 LeTourneau	{2} 2:33.11		3/2
10		Taliana SCHMIDT	FR	#7 Ozarks (Ark.)	2:33.18		3/2

Women's 1500 Meters

1	95	Kylah HOLLAND	SR	#2 Hardin-Simmons	4:43.00		3/3
2		Danna REQUENA	FR	#4 East Texas Bapti	4:51.00		3/23
3		Chloe MCLELLAN	SO	#1 McMurry	4:51.40		4/13
4		Phoebe DUNHAM	SO	#4 East Texas Bapti	{2} 4:52.91		3/23
5		Chloe WEATHERS	SO	#7 Ozarks (Ark.)	5:02.35		4/13
6		Madylin HERRERA	JR	#3 UT Dallas	5:03.96		4/6
7		Savanna DANNER	SO	#1 McMurry	{2} 5:04.60		3/23
8		Hope GREENWALD	SO	#5 LeTourneau	5:08.42		4/13
9		Kayleigh PARK	FR	#4 East Texas Bapti	{3} 5:10.23		4/13
10		Briella ROSE	SO	#5 LeTourneau	{2} 5:13.98		4/5

Women's Steeplechase

1	15	Kylah HOLLAND	SR	#2 Hardin-Simmons	10:52.23		3/30
2	37	Phoebe DUNHAM	SO	#4 East Texas Bapti	11:20.24		4/13
3		Savanna DANNER	SO	#1 McMurry	11:50.64		3/3
4		Jazmin MENDEZ	JR	#2 Hardin-Simmons	{2} 12:36.29		3/3
5		Emily SKRABANEK	FR	#3 UT Dallas	12:45.82		3/16
6		Aubrey BATTEN	SR	#1 McMurry	{2} 13:25.27		3/3
7		Ashley RIVERA	FR	#6 Concordia Texas	13:26.82		3/3
8		Jasmine HUNTER	FR	#1 McMurry	{3} 13:33.96		4/13



Conference TFRI Event Summary



ASC

as of 4/23/2024 8:33:07 AM ET

Women's 5000 Meters

1	Danna REQUENA	FR	#4 East Texas Bapti	18:23.35	3/16
2	Kylah HOLLAND	SR	#2 Hardin-Simmons	18:27.39	4/6
3	Phoebe DUNHAM	SO	#4 East Texas Bapti{2}	18:40.97	3/16
4	Briella ROSE	SO	#5 LeTourneau	19:16.29	4/13
5	Chloe MCLELLAN	SO	#1 McMurry	19:24.55	4/13
6	Savanna DANNER	SO	#1 McMurry {2}	19:24.91	3/16
7	Ashley SHEA	JR	#1 McMurry {3}	19:33.31	3/23
8	Anna DINASO	FR	#1 McMurry {4}	19:40.73	3/23
9	Mary KATE MARK	FR	#4 East Texas Bapti{3}	19:41.24	4/6
10	Chloe WEATHERS	SO	#7 Ozarks (Ark.)	20:08.36	3/16

Women's 10,000 Meters

1	Ashley SHEA	JR	#1 McMurry	40:19.38	3/16
2	Mary KATE MARK	FR	#4 East Texas Bapti	42:54.28	4/13
3	Abby (Abigail) COX	FR	#2 Hardin-Simmons	45:51.38	3/16
4	Abigayle STUBBY-KERN	FR	#1 McMurry {2}	46:58.73	3/16

Women's 4x100 Relay

1	21	Madelyn Gollihar, Jada Morris, Erin Fallon, Brynn Yanez	#1 McMurry	47.98	4/6
2	70	Avalon Griggs, Nakiah Tolbert, Danielle Pena, Kylah Washington	#2 Hardin-Simmons	49.29	4/6
3	93	Tia Billingsly, Paige Thomas, Nora Daub, Randi Beckham	#3 UT Dallas	49.85	3/9
4		Jayla Aldridge, Cachel Flores, Mattison Stayrook, Rylee Whorton	#6 Concordia Texas	50.60	4/13
5		#Type!	#5 LeTourneau	51.39	4/20

Women's 4x400 Relay

1	36	Breonna McCarthy-Reese, Madelyn Gollihar, Katelyn Hernandez, Naj Campbell	#1 McMurry	4:00.11	4/6
2	53	Nakiah Tolbert, Kylah Washington, Sophie Hale, Danielle Pena	#2 Hardin-Simmons	4:02.54c (4:02.10A)	3/30
3	78	Ellie Marsh, Victoria Wilson, Hope Greenwald, Haily Bass	#5 LeTourneau	4:06.99	3/23
4		Jayden Cooper, Sasha Simons, Amaiyah Harrison, Randi Beckham	#3 UT Dallas	4:20.42	4/6
5		Neelie Schiel, Ache' Anderson, Lillian Stowe, Danna Requena	#4 East Texas Bapti	4:30.85	3/23
6		Mattison Stayrook, Mackenzie Dixon, Ashley Rivera, Cachel Flores	#6 Concordia Texas	4:44.98	2/17

Women's High Jump

1	97	Emmalee HORTON	SO	#2 Hardin-Simmons	1.57m	5-1¾	3/3
2		Janae GREEN	SO	#2 Hardin-Simmons{2}	1.55m	5-1	4/6
3		Victoria WILSON	SO	#5 LeTourneau	1.50m	4-11	3/2
3		Avalon GRIGGS	FR	#2 Hardin-Simmons{3}	1.50m	4-11	3/16
3		Bethany WOOD	JR	#1 McMurry	1.50m	4-11	4/13
6		Abby GUERRA	FR	#2 Hardin-Simmons{4}	1.45m	4-9	4/6
7		Sophie HALE	FR	#2 Hardin-Simmons{5}	1.40mA	4-7	3/30
7		Tia BILLINGSLY	SO	#3 UT Dallas	1.40m	4-7	4/13
7		Madison ARTHUR	FR	#2 Hardin-Simmons{5}	1.40m	4-7	4/13
10		Addison SIMPSON	FR	#4 East Texas Bapti	1.37m	4-6	4/6
10		Lillian STOWE	FR	#4 East Texas Bapti	1.37m	4-6	4/6

Women's Pole Vault

1	6	Brenna STELL	FR	#1 McMurry	3.85m	12-7½	4/13
2	100	Jacee DINKINS	JR	#1 McMurry {2}	3.30m	10-9¾	4/13
3		Nora DAUB	FR	#3 UT Dallas	2.85m	9-4¼	4/13
4		Haily BASS	SO	#5 LeTourneau	2.74m	8-11¾	3/23
5		Brynn YANEZ	SO	#1 McMurry {3}	2.25m	7-4½	4/13

Women's Long Jump

1		Jada MORRIS	JR	#1 McMurry	5.25m	17-2¾ (0.0)	3/3
2		Meriah GONZALEZ	SO	#1 McMurry {2}	5.03m	16-6 (1.2)	3/3
3		Victoria WILSON	SO	#5 LeTourneau	5.00m	16-5 (0.0)	4/13
4		Danielle SAULS	SR	#2 Hardin-Simmons	4.98mA	16-4¼ (1.5)	3/30
5		Avalon GRIGGS	FR	#2 Hardin-Simmons{2}	4.93m	16-2¼ (1.5)	4/13
6		Emerald GARCIA	SR	#2 Hardin-Simmons{3}	4.66m	15-3½ (0.0)	3/3
6		Abigail BRAMLETT	SR	#2 Hardin-Simmons{3}	4.66mw	15-3½ (2.2)	4/13
8		Ashley REATH	FR	#1 McMurry {3}	4.63mw	15-2¼ (2.1)	3/23
9		Mattison STAYROOK	SO	#6 Concordia Texas	4.61mw	15-1½ (3.5)	4/6
10		Aerial RANGEL	FR	#1 McMurry {4}	4.43mw	14-6½ (2.7)	4/13



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ASC

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Women's Triple Jump

1	Meriah GONZALEZ	SO	#1 McMurry	10.51m	34-5¾ (1.1)	3/23
2	Emerald GARCIA	SR	#2 Hardin-Simmons	10.35m	33-11½ (1.8)	3/3
3	Ashley REATH	FR	#1 McMurry	{2}10.13mw	33-3 (2.2)	4/13

Women's Shot Put

1	61 Kendra HUMPHRIES	FR	#1 McMurry	12.58m	41-3¼	3/16
2	74 Elizabeth JORDAN	JR	#1 McMurry	{2}12.37m	40-7	3/23
3	Tori COLMAN	FR	#1 McMurry	{3}12.13m	39-9¾	4/6
4	Chisom MBAH	SO	#3 UT Dallas	11.43m	37-6	3/16
5	Makenzie COVEY	FR	#5 LeTourneau	11.20m	36-9	3/23
6	Shakayla BROWDER	JR	#4 East Texas Bapti	10.50m	34-5½	3/3
7	Elizabeth CUNNINGHAM	JR	#1 McMurry	{4}10.47m	34-4¼	4/6
8	Corbin STULIR	JR	#1 McMurry	{5}10.09m	33-1¼	3/3
9	Rae KIMBLE	SO	#6 Concordia Texas	9.53m	31-3¼	3/23
10	Anaya BROWN	JR	#2 Hardin-Simmons	9.47mA	31-1	3/30

Women's Discus

1	48 Graycee MOSLEY	SO	#4 East Texas Bapti	41.52m	136-3	4/13
2	54 Tori COLMAN	FR	#1 McMurry	41.21m	135-3	4/6
3	82 Kendra HUMPHRIES	FR	#1 McMurry	{2}39.42m	129-4	3/16
4	Elizabeth RYAN	JR	#1 McMurry	{3}38.55m	126-6	3/23
5	Elizabeth JORDAN	JR	#1 McMurry	{4}38.24m	125-6	4/13
6	Makenzie COVEY	FR	#5 LeTourneau	36.60m	120-1	4/5
7	Glenda PARRA	JR	#1 McMurry	{5}34.82m	114-3	3/23
8	Chisom MBAH	SO	#3 UT Dallas	33.60m	110-3	4/6
9	Shakayla BROWDER	JR	#4 East Texas Bapti	{2}30.75m	100-11	4/6
10	Kimora ROBERSON	FR	#6 Concordia Texas	28.67m	94-¾	3/23

Women's Hammer

1	45 Elizabeth CUNNINGHAM	JR	#1 McMurry	48.72m	159-10	4/13
2	51 Elizabeth RYAN	JR	#1 McMurry	{2}48.24m	158-3	4/6
3	Kendra HUMPHRIES	FR	#1 McMurry	{3}39.95m	131-1	3/23
4	Tori COLMAN	FR	#1 McMurry	{4}37.33m	122-6	3/16
5	Corbin STULIR	JR	#1 McMurry	{5}35.49m	116-5	3/3
6	Elizabeth JORDAN	JR	#1 McMurry	{6}34.41m	112-11	4/13
7	Makenzie COVEY	FR	#5 LeTourneau	25.78m	84-7	4/20

Women's Javelin

1	14 Neelie SCHIEL	SO	#4 East Texas Bapti	40.78m	133-10	3/3
2	66 Mattison STAYROOK	SO	#6 Concordia Texas	37.33m	122-6	3/23
3	69 Kendra HUMPHRIES	FR	#1 McMurry	37.07m	121-8	3/3
4	Jacee DINKINS	JR	#1 McMurry	{2}35.14m	115-4	3/23
5	Erin FALLON	FR	#1 McMurry	{3}34.79m	114-2	3/23
6	Corbin STULIR	JR	#1 McMurry	{4}33.01m	108-4	3/3
7	Victoria WILSON	SO	#5 LeTourneau	31.60m	103-8	4/13
8	Abigail BRAMLETT	SR	#2 Hardin-Simmons	31.00mA	101-9	3/30
9	Aiyana EPHRAIM	JR	#6 Concordia Texas	{2}30.05m	98-7¼	2/17
10	Natalie FERDI	FR	#5 LeTourneau	{2}29.18m	95-9	4/5

Women's Heptathlon

1	38 Victoria WILSON	SO	#5 LeTourneau	4,140		4/13
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C2C

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Women's 100 Meters

1	44	Sophia REDMOND	SO	#4 Mary Washington	12.21w	(3.0)	4/13
2	88	Amaya CUMMINS	JR	#1 UC Santa Cruz	12.39w	(2.4)	3/16
3		Sydney TRUSSELL	JR	#3 Christopher New	12.57	(-1.2)	3/30
4		Karia FORVIL	SO	#2 Salisbury	12.58	(1.6)	4/20
5		Julie THOMAS	FR	#2 Salisbury	{2} 13.00	(1.6)	4/20
6		Siena SUJITNO	JR	#5 Pratt Institute	13.12	(0.0)	3/30
7		Aditi KAMBLE	FR	#1 UC Santa Cruz	{2} 13.31	(-0.1)	3/9
8		Akira JONES	FR	#1 UC Santa Cruz	{3} 13.39	(1.5)	3/16
9		Erin LIGHTNER	FR	#4 Mary Washington	{2} 13.56	(0.4)	4/20
10		D'Yan ROBINSON		#3 Christopher New	{2} 13.59	(-1.2)	3/30

Women's 100 Meter Hurdles

1	99	Ellie NUCKOLS	FR	#3 Christopher New	15.38	(-0.8)	4/6
2		Ashley ELEY	FR	#3 Christopher New	{2} 15.94w	(2.3)	4/13
3		Kennedy ATKINS	FR	#2 Salisbury	16.13	(1.2)	4/20
4		Kathleen MULLIGAN	FR	#2 Salisbury	{2} 16.28	(1.2)	4/20
5		Taleah WILLIAMS	FR	#2 Salisbury	{3} 16.46	(1.2)	4/20
6		Mackenzie JONES	JR	#1 UC Santa Cruz	17.05	(-0.2)	3/16
7		Akira JONES	FR	#1 UC Santa Cruz	{2} 17.42	(-1.9)	4/13
8		Alicia DASALLA	SO	#1 UC Santa Cruz	{3} 17.71	(-0.7)	3/30
9		Alyssa WOHLFARTH	SO	#2 Salisbury	{4} 17.80	(1.2)	4/20
10		Isha KASANAGOTTU	SO	#1 UC Santa Cruz	{4} 17.87	(-0.5)	3/16

Women's 200 Meters

1		Sophia REDMOND	SO	#4 Mary Washington	25.76	(-2.2)	4/13
2		Sydney TRUSSELL	JR	#3 Christopher New	25.80	(0.9)	4/20
3		Amaya CUMMINS	JR	#1 UC Santa Cruz	26.02	(0.2)	3/9
4		Marlyse HAACK	SO	#2 Salisbury	26.41	(1.6)	3/16
5		Karia FORVIL	SO	#2 Salisbury	{2} 26.44	(1.6)	4/20
6		Caitlin DONOVAN	JR	#1 UC Santa Cruz	{2} 26.49	(1.8)	3/16
7		Ellie NUCKOLS	FR	#3 Christopher New	{2} 26.51	(-0.8)	4/20
7		Mia HILL	SO	#2 Salisbury	{3} 26.51w	(2.2)	3/16
9		Allison RICHARDS	FR	#4 Mary Washington	{2} 26.61	(0.0)	3/16
10		Julie THOMAS	FR	#2 Salisbury	{4} 27.11	(0.5)	3/16

Women's 400 Meters

1	74	Ellie NUCKOLS	FR	#3 Christopher New	58.33		4/13
2		Caitlin DONOVAN	JR	#1 UC Santa Cruz	59.34		3/16
3		Sophia REDMOND	SO	#4 Mary Washington	59.99		4/20
4		Amaya CUMMINS	JR	#1 UC Santa Cruz	{2} 1:00.93		3/2
5		Mae STAFFORD	FR	#1 UC Santa Cruz	{3} 1:01.14		3/16
6		Sophie JIMENEZ	SR	#1 UC Santa Cruz	{4} 1:01.66		4/13
7		Mia HILL	SO	#2 Salisbury	1:01.79		4/20
8		Jessica HENDRICKS	FR	#3 Christopher New	{2} 1:02.56		4/13
9		Marianne CHUANG	SO	#1 UC Santa Cruz	{5} 1:03.72		4/13
10		Amanda HECKMAN	SR	#4 Mary Washington	{2} 1:03.83		4/13

Women's 400 Meter Hurdles

1	47	Ellie NUCKOLS	FR	#3 Christopher New	1:05.28		4/13
2		Madison LAMB	FR	#2 Salisbury	1:09.83		4/20
3		Alicia DASALLA	SO	#1 UC Santa Cruz	1:10.84		4/13
4		Mackenzie JONES	JR	#1 UC Santa Cruz	{2} 1:12.98		3/16
4		Kathleen MULLIGAN	FR	#2 Salisbury	{2} 1:12.98		4/20
6		Jayla MARABLE	FR	#3 Christopher New	{2} 1:13.46		3/16
7		Annabella JACONETTI	FR	#2 Salisbury	{3} 1:15.08		4/20
8		Grace DEAR	SR	#2 Salisbury	{4} 1:16.36		4/20
9		Gabriella DASKALOVA	FR	#2 Salisbury	{5} 1:18.17		4/20
10		Alyssa WOHLFARTH	SO	#2 Salisbury	{6} 1:20.38		3/16

Women's 800 Meters

1		Hanna HEKKANEN	JR	#1 UC Santa Cruz	2:20.16		3/30
2		Caitlin DONOVAN	JR	#1 UC Santa Cruz	{2} 2:22.33		4/13
3		Frieda CEDILLO	SO	#1 UC Santa Cruz	{3} 2:22.82		3/16
4		Kenzie SEYMOUR	FR	#1 UC Santa Cruz	{4} 2:23.24		3/16
5		Marianne CHUANG	SO	#1 UC Santa Cruz	{5} 2:24.64		3/16
6		Peri NELSON	FR	#2 Salisbury	2:26.27		3/16
7		Faith DYOGI	SO	#1 UC Santa Cruz	{6} 2:27.39		3/2
8		Didi DASILVA	FR	#3 Christopher New	2:27.56		4/20
9		Ellie NUCKOLS	FR	#3 Christopher New	{2} 2:27.75		4/20
10		Madelyn BASINET	FR	#1 UC Santa Cruz	{7} 2:28.43		3/16

Women's 1500 Meters

1		Hanna HEKKANEN	JR	#1 UC Santa Cruz	4:44.06		4/13
2		Helena JANKU	SO	#1 UC Santa Cruz	{2} 4:44.19		3/16
3		Elena STANCIU	FR	#1 UC Santa Cruz	{3} 4:44.64		3/16
4		Faith DYOGI	SO	#1 UC Santa Cruz	{4} 4:53.89		3/2
5		Frieda CEDILLO	SO	#1 UC Santa Cruz	{5} 4:54.80		3/2
6		Kenzie SEYMOUR	FR	#1 UC Santa Cruz	{6} 4:55.95		3/30
7		Sydney BOYD	FR	#1 UC Santa Cruz	{7} 4:58.16		4/13
8		Anna BODMER	FR	#2 Salisbury	4:59.34		3/2
9		Madelyn BASINET	FR	#1 UC Santa Cruz	{8} 5:02.58		3/2
10		Luna CENTENO	FR	#1 UC Santa Cruz	{9} 5:05.02		4/13

Women's Steeplechase

1	41	Kenzie SEYMOUR	FR	#1 UC Santa Cruz	11:22.45		4/13
2		Rachel ROBERTS	SO	#2 Salisbury	12:04.75		4/20
3		Cheryl CHUANG	SO	#1 UC Santa Cruz	{2} 12:12.61		4/13
4		Emma WIRZ	SO	#1 UC Santa Cruz	{3} 12:17.68		3/16
5		Sofia PLACIAS	JR	#1 UC Santa Cruz	{4} 12:18.50		4/13
6		Leah SNYDER	SO	#2 Salisbury	{2} 12:26.15		3/16
7		Giovanna LISA	SO	#5 Pratt Institute	13:47.46		4/13



Conference TFRI Event Summary



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Women's 5000 Meters

1	28	Helena JANKU	SO	#1 UC Santa Cruz	17:01.71	4/13
2	45	Riley MARTEL-PHILLIPS	SR	#1 UC Santa Cruz	{2} 17:15.94	4/13
3		Anna BODMER	FR	#2 Salisbury	17:55.94	4/6
4		Elena STANCIU	FR	#1 UC Santa Cruz	{3} 18:09.37	3/30
5		Sydney BOYD	FR	#1 UC Santa Cruz	{4} 18:43.40	3/30
6		Ryanne REYNOLDS	FR	#1 UC Santa Cruz	{5} 18:52.75	3/2
7		Madi SISSON	SO	#2 Salisbury	{2} 18:55.94	4/6
8		Kayla LOPEZ	FR	#3 Christopher New	18:56.71	4/13
9		Luna CENTENO	FR	#1 UC Santa Cruz	{6} 19:01.26	3/30
10		Rachel ROBERTS	SO	#2 Salisbury	{3} 19:06.76	4/6

Women's 10,000 Meters

1	71	Anna BODMER	FR	#2 Salisbury	37:31.90	3/16
2		Rachel ROBERTS	SO	#2 Salisbury	{2} 39:37.00	3/16

Women's 4x100 Relay

1	71	Karia Forvil, Marlyse Haack, Julie Thomas, Taleah Williams	#2 Salisbury	49.30	4/20
2		#Type!	#3 Christopher New	50.16	3/30

Women's 4x400 Relay

1	71	Caitlin Donovan, Amaya Cummins, Mae Stafford, Sophie Jimenez	#1 UC Santa Cruz	4:06.08	3/16
2		Marlyse Haack, Peri Nelson, Madison Lamb, Karia Forvil	#2 Salisbury	4:16.93	4/20

Women's High Jump

1	97	Madison LAMB	FR	#2 Salisbury	1.57m	5-1¾	3/2
2		Ashley ELEY	FR	#3 Christopher New	1.55m	5-1	4/20
3		Ellie NUCKOLS	FR	#3 Christopher New	{2} 1.43m	4-8¼	4/20
4		Jessica HENDRICKS	FR	#3 Christopher New	{3} 1.39m	4-6¾	4/20
5		Isha KASANAGOTTU	SO	#1 UC Santa Cruz	1.37m	4-6	3/30
5		Samantha MINNER	FR	#2 Salisbury	{2} 1.37m	4-6	3/2
5		Emma CHRISTMAN	SO	#2 Salisbury	{2} 1.37m	4-6	4/20

Women's Pole Vault

1	100	Ainsley MILLER	SR	#3 Christopher New	3.30m	10-9¾	4/13
2		Lily KNOWLES	FR	#3 Christopher New	{2} 2.90m	9-6¼	3/30
3		Elizabeth LACOMBE	FR	#3 Christopher New	{3} 2.85m	9-4¼	4/13
4		Faith DYOGI	SO	#1 UC Santa Cruz	2.55m	8-4¼	4/13
4		Allyson PETERSEN	FR	#1 UC Santa Cruz	2.55m	8-4¼	4/13

Women's Long Jump

1	16	Mia HILL	SO	#2 Salisbury	5.64mw	18-6 (2.7)	4/5
2	26	Marlyse HAACK	SO	#2 Salisbury	{2} 5.59m	18-4¼ (0.7)	4/20
3		Ellie NUCKOLS	FR	#3 Christopher New	5.17m	16-11½ (0.0)	4/20
4		Ashley ELEY	FR	#3 Christopher New	{2} 5.12m	16-9¾ (-1.5)	3/30
5		Ainsley MILLER	SR	#3 Christopher New	{3} 5.09m	16-8½ (-1.5)	3/30
6		Akira JONES	FR	#1 UC Santa Cruz	5.04m	16-6½ (-1.8)	4/13
7		Emma CHRISTMAN	SO	#2 Salisbury	{3} 4.95m	16-3 (1.6)	4/20
7		Alexandra GUZMAN	SO	#3 Christopher New	{4} 4.95m	16-3 (0.6)	4/13
9		Taleah WILLIAMS	FR	#2 Salisbury	{4} 4.92m	16-1¾ (1.2)	4/20
10		Kennedy ATKINS	FR	#2 Salisbury	{5} 4.90m	16-1 (1.5)	4/20

Women's Triple Jump

1	98	Alexandra GUZMAN	SO	#3	Christopher New	10.99m	36-¾ (0.3)	3/30
2		Emma CHRISTMAN	SO	#2	Salisbury	10.63m	34-10½ (2.0)	4/6
3		Marlyse HAACK	SO	#2	Salisbury	{2} 10.59m	34-9 (0.2)	4/20
4		D'Yan ROBINSON		#3	Christopher New	{2} 9.96m	32-8¼ (0.0)	4/20
5		Alex KAPLAN	SO	#1	UC Santa Cruz	9.86m	32-4¼ (-2.0)	4/13

Women's Shot Put

1		Katherine STEVENS	JR	#3 Christopher New	12.14m	39-10	3/16
2		Hannah KIM	FR	#5 Pratt Institute	11.08m	36-4¼	3/30
3		Annabelle DREHER	SO	#3 Christopher New	{2} 10.53m	34-6¾	3/16
4		Rylee EHRETT	FR	#3 Christopher New	{3} 9.50m	31-2	4/20
5		Ellie NUCKOLS	FR	#3 Christopher New	{4} 9.26m	30-4¾	4/20
6		Kailey JARBOE	SO	#2 Salisbury	9.18m	30-1½	3/16
7		Faith JONES	SR	#4 Mary Washington	8.91m	29-2¾	4/13
8		Whitney PORTER	SO	#1 UC Santa Cruz	8.84m	29-0	4/13
9		Eleanor EUNGARD	SO	#3 Christopher New	{5} 8.80m	28-10½	4/20
10		Ashley ELEY	FR	#3 Christopher New	{6} 7.90m	25-11	4/20

Women's Discus

1	18	Katherine STEVENS	JR	#3 Christopher New	43.69m	143-4	4/20
2		Hannah KIM	FR	#5 Pratt Institute	38.22m	125-5	4/13
3		Annabelle DREHER	SO	#3 Christopher New	{2} 32.59m	106-11	4/20
4		Kailey JARBOE	SO	#2 Salisbury	31.97m	104-11	4/6
5		Whitney PORTER	SO	#1 UC Santa Cruz	31.12m	102-1	4/13
6		Rylee EHRETT	FR	#3 Christopher New	{3} 30.32m	99-5¾	4/20
7		Faith JONES	SR	#4 Mary Washington	26.50m	86-11½	4/20
8		Alyssa WOHLFARTH	SO	#2 Salisbury	{2} 24.81m	81-4¾	3/2
9		Eleanor EUNGARD	SO	#3 Christopher New	{4} 24.41m	80-1	4/20
10		Kailey LEBA	FR	#1 UC Santa Cruz	{2} 23.79m	78-¾	4/13

Women's Hammer

1	14	Katherine STEVENS	JR	#3 Christopher New	52.82m	173-4	3/30
2		Rylee EHRETT	FR	#3 Christopher New	{2} 38.96m	127-10	4/20
3		Annabelle DREHER	SO	#3 Christopher New	{3} 38.33m	125-9	4/13
4		Kailey JARBOE	SO	#2 Salisbury	36.25m	118-11	4/20
5		Faith JONES	SR	#4 Mary Washington	27.80m	91-2½	4/13
6		Whitney PORTER	SO	#1 UC Santa Cruz	24.08m	79-0	3/2
7		Kailey LEBA	FR	#1 UC Santa Cruz	{2} 21.61m	70-10¾	3/2
8		Eleanor EUNGARD	SO	#3 Christopher New	{4} 17.09m	56-1	3/30



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Women's Javelin

1	Katherine STEVENS	JR	#3 Christopher New	30.23m	99-2¼	4/20
2	Kailey LEBA	FR	#1 UC Santa Cruz	24.79m	81-4	4/13
3	Kenzie SEYMOUR	FR	#1 UC Santa Cruz {2}	23.39m	76-9	4/13
4	Alyssa WOHLFARTH	SO	#2 Salisbury	20.84m	68-4½	4/20
5	Karia FORVIL	SO	#2 Salisbury {2}	20.40m	66-11¼	4/20
6	Kailey JARBOE	SO	#2 Salisbury {3}	19.87m	65-2¼	4/20
7	Ellie NUCKOLS	FR	#3 Christopher New {2}	18.53m	60-9½	4/20
8	Faith JONES	SR	#4 Mary Washington	16.08m	52-9¼	4/20
9	Ashley ELEY	FR	#3 Christopher New {3}	16.02m	52-6¾	4/20
10	Eleanor EUNGARD	SO	#3 Christopher New {4}	13.19m	43-3¼	3/30

Women's Heptathlon

1	37 Ellie NUCKOLS	FR	#3 Christopher New	4,141	4/20
2	74 Ashley ELEY	FR	#3 Christopher New {2}	3,511	4/20



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CCC

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Women's 100 Meters

1	46	Marlina VOKER	JR	#1 Hartford	12.22	(1.3)	4/20
2		Amaris GOODWIN	JR	#6 Gordon (Mass.)	12.43w	(2.7)	3/30
3		Amanda WALDEN	JR	#4 Suffolk	12.55	(0.4)	4/20
4		Elizabeth GASKILL	FR	#6 Gordon (Mass.)	{2} 12.69w	(2.7)	3/30
5		Jainaba CONTEH	FR	#4 Suffolk	{2} 12.76w	(3.2)	4/13
6		Jenascia WEIR	SO	#1 Hartford	{2} 12.90	(-0.5)	4/20
7		Emily PARCHINSKI	SR	#1 Hartford	{3} 13.10	(-0.2)	4/20
8		Averi MCCOY	FR	#1 Hartford	{4} 13.35	(-0.5)	4/20
9		Julia MACLAINE	FR	#2 Endicott	13.37	(0.3)	4/8
10		Emily BUCHTER	SO	#3 Univ. of New Eng	13.45	(0.6)	4/13

Women's 100 Meter Hurdles

1	43	Cali LEONARD	JR	#1 Hartford	14.85w	(2.5)	4/20
2	78	Caroline CROCKER	FR	#1 Hartford	{2} 15.21w	(2.5)	4/20
3		Jordan MURPHY	FR	#1 Hartford	{3} 16.06w	(2.5)	4/20
4		Olivia NOVELLO	FR	#2 Endicott	16.08	(1.7)	3/30
5		Kinneal DICKENS	JR	#2 Endicott	{2} 16.09	(1.7)	3/30
6		Catherine MADDEN	JR	#4 Suffolk	16.17	(1.3)	4/13
7		Meghan PURCELL	JR	#5 Roger Williams	16.50	(1.5)	3/30
8		Hilma ORTEGA	FR	#4 Suffolk	{2} 17.81	(-0.3)	4/13
9		Sophia KING	JR	#3 Univ. of New Eng	17.82	(0.1)	4/20
10		Izabella HAAGENSEN	JR	#3 Univ. of New Eng	{2} 17.86	(0.1)	4/20

Women's 200 Meters

1	14	Marlina VOKER	JR	#1 Hartford	24.72	(0.4)	4/20
2		Amanda WALDEN	JR	#4 Suffolk	26.04	(-0.4)	4/13
3		Emily PARCHINSKI	SR	#1 Hartford	{2} 26.27	(0.4)	4/20
4		Julia MACLAINE	FR	#2 Endicott	26.63	(0.0)	3/30
5		Amaris GOODWIN	JR	#6 Gordon (Mass.)	26.64	(0.5)	3/30
6		Leslie SAMUEL	FR	#1 Hartford	{3} 26.74	(0.0)	4/20
7		Jenascia WEIR	SO	#1 Hartford	{4} 26.94	(0.6)	4/20
8		Emily CONCEPCION	JR	#4 Suffolk	{2} 27.04	(-1.6)	4/8
9		Jainaba CONTEH	FR	#4 Suffolk	{3} 27.31	(-1.6)	4/8
10		Alyssa RODRIGUEZ	JR	#4 Suffolk	{4} 27.65	(0.0)	4/13

Women's 400 Meters

1		Emily CONCEPCION	JR	#4 Suffolk	58.74		4/8
2		Julia MACLAINE	FR	#2 Endicott	---		4/20
3		Amaris GOODWIN	JR	#6 Gordon (Mass.)	1:00.11		4/6
4		Emily PARCHINSKI	SR	#1 Hartford	1:01.29		4/13
5		Colleen MCLAUGHLIN	SR	#2 Endicott	{2} 1:01.65		4/8
6		Alyssa RODRIGUEZ	JR	#4 Suffolk	{2} 1:02.20		4/20
7		Emily BENGTON	FR	#6 Gordon (Mass.)	{2} 1:02.24		4/20
8		Marlina VOKER	JR	#1 Hartford	{2} 1:02.34		4/13
9		Kaylee WHITNEY	FR	#2 Endicott	{3} 1:02.60		4/20
10		Brie AM ENDE	JR	#2 Endicott	{4} 1:02.91		4/13

Women's 400 Meter Hurdles

1	28	Molly MCGRAIL	SR	#1 Hartford	1:04.40		4/20
2		Meghan PURCELL	JR	#5 Roger Williams	1:08.62		4/20
3		Chloe CREAR	FR	#2 Endicott	1:11.47		4/13
4		Mariah NICHOLS	SO	#1 Hartford	{2} 1:11.84		4/20
5		Izabella HAAGENSEN	JR	#3 Univ. of New Eng	1:12.00		4/20
6		Nicole WOO	SO	#2 Endicott	{2} 1:13.92		4/20
7		Sydni LEHR	SR	#3 Univ. of New Eng	{2} 1:15.65		4/20
8		Sophia KING	JR	#3 Univ. of New Eng	{3} 1:16.20		4/13
9		Emily HILTON	FR	#6 Gordon (Mass.)	1:16.35		4/6
10		Kiley ROLFE	FR	#3 Univ. of New Eng	{4} 1:18.29		3/30

Women's 800 Meters

1		Hailey MARCELLO	SR	#1 Hartford	2:19.24		4/20
2		Hannah RISKI	JR	#2 Endicott	2:19.27		4/20
3		Molly MCGRAIL	SR	#1 Hartford	{2} 2:20.16		4/13
4		Hannah SHEPARD	SO	#2 Endicott	{2} 2:22.77		4/13
5		Abigail O'CONNOR	SR	#1 Hartford	{3} 2:23.89		4/20
6		Brie AM ENDE	JR	#2 Endicott	{3} 2:26.34		4/20
7		Tabitha DIDONATO	JR	#5 Roger Williams	2:29.41		4/20
8		Elizabeth WHITE	SO	#1 Hartford	{4} 2:33.43		4/20
9		Alexa SUCHY	FR	#2 Endicott	{4} 2:33.60		4/13
10		Shannon GROOM	SO	#4 Suffolk	2:34.50		4/20

Women's 1500 Meters

1		Sydney FOGG	JR	#4 Suffolk	4:46.66		4/20
2		Hannah RISKI	JR	#2 Endicott	4:49.22		3/30
3		Hailey MARCELLO	SR	#1 Hartford	4:49.40		4/13
4		Rachel BRENNAN	SR	#6 Gordon (Mass.)	4:51.12		3/23
5		Alexa SUCHY	FR	#2 Endicott	{2} 5:00.50		4/20
6		Caitlin BOUFFORD	SR	#5 Roger Williams	5:01.38		4/20
7		Elizabeth WHITE	SO	#1 Hartford	{2} 5:07.86		4/13
8		Katie FLAHERTY	SO	#5 Roger Williams	{2} 5:08.61		4/20
9		Brittany MARTIN	SR	#5 Roger Williams	{3} 5:09.22		4/20
10		Allie DEVOE	JR	#2 Endicott	{3} 5:09.75		4/20

Women's Steeplechase

1	57	Hailey MARCELLO	SR	#1 Hartford	11:34.31		4/13
2		Caitlin BOUFFORD	SR	#5 Roger Williams	11:53.77		4/13
3		Abigail O'CONNOR	SR	#1 Hartford	{2} 12:01.35		4/13
4		Alexa SUCHY	FR	#2 Endicott	12:11.97		4/6
5		Katie FLAHERTY	SO	#5 Roger Williams	{2} 12:15.14		4/13
6		Lucy STEVENS	FR	#3 Univ. of New Eng	12:31.66		4/13
7		Kaylee BETTEZ	FR	#6 Gordon (Mass.)	12:59.13		4/13
8		Cate HERNDON	JR	#2 Endicott	{2} 14:47.27		4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



CCC

as of 4/23/2024 8:33:08 AM ET

Women's 5000 Meters

1	31	Rachel BRENNAN	SR	#6 Gordon (Mass.)	17:03.77	4/14
2		Carolyn DAY	JR	#6 Gordon (Mass.) {2}	18:16.14	4/13
3		Hannah RISKI	JR	#2 Endicott	18:20.83	4/13
4		Caitlin BOUFFORD	SR	#5 Roger Williams	18:56.34cu (19:06.31u)	4/6
5		Brittany MARTIN	SR	#5 Roger Williams {2}	19:07.19	4/13
6		Katie FLAHERTY	SO	#5 Roger Williams {3}	19:12.47cu (19:22.58u)	4/6
7		Kelsee GLADU	SR	#3 Univ. of New Eng	19:24.74	3/30
8		Gwen CATALANO	FR	#2 Endicott {2}	19:31.00	4/13
9		Sofia MOUKADDEM	FR	#2 Endicott {3}	20:23.58	4/13
10		Lulu STEELE	FR	#2 Endicott {4}	20:57.76	3/30

Women's 10,000 Meters

1	12	Rachel BRENNAN	SR	#6 Gordon (Mass.)	35:16.00	3/29
2	85	Nina PARZIALE	JR	#3 Univ. of New Eng	38:11.07	4/13
3		Kelsee GLADU	SR	#3 Univ. of New Eng {2}	38:58.51	4/13
4		Sarah ROBERTS	JR	#4 Suffolk	39:49.31	4/13
5		Brittany MARTIN	SR	#5 Roger Williams	39:52.84	3/30
6		Carolyn DAY	JR	#6 Gordon (Mass.) {2}	40:07.63	3/29

Women's 4x100 Relay

1	37	Jenascia Weir, Leslie Samuel, Emily Parchinski, Marlina Voker		#1 Hartford	48.46	4/20
2	85	Jainaba Conteh, Hilma Ortega, Emily Concepcion, Amanda Walden		#4 Suffolk	49.74	4/13
3		Elizabeth Gaskill, Amaris Goodwin, Allison Subat, Emily Bengtson		#6 Gordon (Mass.)	50.72	4/13
4		Olivia Novello, Julia MacLaine, Kaylee Whitney, Nicole Woo		#2 Endicott	52.46	4/20
5		Emily Buchter, Macie Anderson, Sophia King, Jaylee Ireland		#3 Univ. of New Eng	54.35	4/20
6		Rajchel Smardon, Mary Seabury, Emma Noel, Jenna Condon		#8 Nichols	55.99	4/6
7		Lara Kester, Ellie Clayton, Victoria Bettencourt, Amanda Walsh		#5 Roger Williams	56.14u	4/6
8		Olivia Holley, Bree Reid, Lily Carlson, Erin MacLean		#7 Wentworth (Mas	57.87	4/13

Women's 4x400 Relay

1		Abigail O'Connor, Hailey Marcello, Amelia King, Molly McGrail		#1 Hartford	4:15.10	4/20
2		Colleen McLaughlin, Hannah Shepard, Gabby Peniche, Julia MacLaine		#2 Endicott	4:17.77	4/13
3		Kimberly Lajoie, Meghan Purcell, Karsyn Medeiros, Olivia O'Neill		#5 Roger Williams	4:24.69cu (4:30.12u)	4/6
4		Emily Bengtson, Amaris Goodwin, Kaylee Bettez, Emily Hilton		#6 Gordon (Mass.)	4:27.47	3/30
5		Sophia King, Eden Morris, Kiley Rolfe, Jaylee Ireland		#3 Univ. of New Eng	4:33.59	4/20

Women's High Jump

1	16	Sydney GARRISON	SR	#1 Hartford	1.67m	5-5¾	4/20
1	16	Jordan MURPHY	FR	#1 Hartford	1.67m	5-5¾	4/20
3	27	Avery BAKER-SCHLENDERING	FR	#1 Hartford	{3} 1.64m	5-4½	4/13
4		Catherine BROWN	JR	#4 Suffolk	1.53m	5-¼	4/13
5		Anna EVANS	JR	#3 Univ. of New Eng	1.47m	4-9¾	4/13
5		Ellyna HANSEN	FR	#2 Endicott	1.47m	4-9¾	4/13
7		Olivia NOVELLO	FR	#2 Endicott	{2} 1.45m	4-9	4/8
8		Evelyn LANSING	FR	#4 Suffolk	{2} 1.43m	4-8¼	4/13
9		Brie AM ENDE	JR	#2 Endicott	{3} 1.42m	4-7¾	3/30
10		Tabitha KLAUS	JR	#5 Roger Williams	1.37m	4-6	3/30

Women's Pole Vault

1		Kara SICKLE	SO	#4 Suffolk	3.25m	10-8	3/30
1		Devyn BATTISTONI	FR	#4 Suffolk	3.25m	10-8	3/30
3		Molly HENNEGAN	SO	#4 Suffolk	{3} 3.10m	10-2	4/20
3		Sasha HELFGOTT-WATERS	FR	#4 Suffolk	{3} 3.10m	10-2	3/30
5		Kayla PELLETIER	JR	#1 Hartford	2.85m	9-4¼	4/13
6		Logan BAXTER	SO	#2 Endicott	2.75m	9-¼	4/13
7		Lauren ABRAMS	SR	#1 Hartford	{2} 2.50m	8-2½	4/6
8		Allison SUBAT	SR	#6 Gordon (Mass.)	2.20m	7-2½	4/6

Women's Long Jump

1	83	Leslie SAMUEL	FR	#1 Hartford	5.33m	17-6 (1.6)	4/13
2		Kaylee CARVER	JR	#2 Endicott	5.02mw	16-5¾ (3.3)	3/30
3		Victoria BETTENCOURT	SO	#5 Roger Williams	4.75m	15-7 (-1.3)	3/30
3		Ashley BECK	FR	#5 Roger Williams	4.75mw	15-7 (3.7)	4/6
5		Elizabeth GASKILL	FR	#6 Gordon (Mass.)	4.74m	15-6¾ (0.8)	4/13
6		Sydney GARRISON	SR	#1 Hartford	{2} 4.70m	15-5 (0.6)	4/20
7		Mary SEABURY	SR	#8 Nichols	4.66m	15-3½ (0.1)	4/13
8		Evelyn LANSING	FR	#4 Suffolk	4.64m	15-2¾ (1.1)	4/20
9		Sydni LEHR	SR	#3 Univ. of New Eng	4.63m	15-2¼ (-0.7)	4/13
9		Lara KESTER	SR	#5 Roger Williams	{3} 4.63mw	15-2¼ (4.0)	4/6



Conference TFRI Event Summary



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Women's Triple Jump

1	Eden MORRIS	SO	#3 Univ. of New Eng	10.36m	34-0 (1.8)	3/30
2	Kinneal DICKENS	JR	#2 Endicott	10.32m	33-10¼ (1.1)	3/30
3	Logan BAXTER	SO	#2 Endicott	{2} 9.98m	32-9 (0.7)	4/20
4	Sydni LEHR	SR	#3 Univ. of New Eng	{2} 9.96m	32-8¼ (1.9)	3/30
5	Izabella HAAGENSEN	JR	#3 Univ. of New Eng	{3} 9.81m	32-2¼ (1.7)	3/30
5	Mariah NICHOLS	SO	#1 Hartford	9.81mw	32-2¼ (2.5)	4/13
7	Tatiana SICARD	FR	#7 Wentworth (Mas	9.80m	32-2 (0.1)	4/20
8	Sasha HELFGOTT-WATERS	FR	#4 Suffolk	9.61m	31-6½ (1.3)	4/8
9	Anna EVANS	JR	#3 Univ. of New Eng	{4} 9.23m	30-3½ (0.5)	4/13
10	Ellie CLAYTON	FR	#5 Roger Williams	9.17m	30-1 (0.4)	4/20

Women's Shot Put

1	56 Tiana FOX	SO	#6 Gordon (Mass.)	12.63m	41-5¼	3/30
2	Madison DIPASQUALE	SO	#1 Hartford	11.51m	37-9¼	4/20
3	Cheyenne CAHILL	SO	#3 Univ. of New Eng	11.00m	36-1¼	4/13
4	Yovanna CRUZ	SO	#1 Hartford	{2} 10.84m	35-6¾	4/13
5	Destinee MAJETT	SO	#1 Hartford	{3} 10.61m	34-9¾	4/20
6	Robyn KRAFFT	SR	#1 Hartford	{4} 10.35m	33-11½	4/6
7	Tatiana SICARD	FR	#7 Wentworth (Mas	10.20m	33-5¾	4/20
8	Sarah LAVITA	SO	#3 Univ. of New Eng	{2} 9.95m	32-7¾	4/13
9	Sienna MATREGRANO	JR	#3 Univ. of New Eng	{3} 9.91m	32-6¼	3/30
10	Emma MINI	SO	#3 Univ. of New Eng	{4} 9.67m	31-8¾	4/13

Women's Discus

1	21 Robyn KRAFFT	SR	#1 Hartford	43.48m	142-8	4/20
2	Sarah LAVITA	SO	#3 Univ. of New Eng	36.69m	120-5	4/20
3	Madison DIPASQUALE	SO	#1 Hartford	{2} 35.52m	116-7	4/6
4	Sharaden CALDWELL	FR	#4 Suffolk	33.35m	109-5	4/13
5	Catroina GALVIN	FR	#6 Gordon (Mass.)	33.33m	109-4	4/13
6	Sienna MATREGRANO	JR	#3 Univ. of New Eng	{2} 32.33m	106-1	4/13
7	Kassidy PLUMMER	JR	#3 Univ. of New Eng	{3} 32.32m	106-1	4/20
8	Taylor MOYNIHAN	SR	#2 Endicott	32.01m	105-0	3/30
9	Laci SANTOS	SO	#7 Wentworth (Mas	31.98m	104-11	4/20
10	Divinety JOHNSON	FR	#4 Suffolk	{2} 31.60m	103-8	4/13

Women's Hammer

1	Alivia GERAGHTY	FR	#6 Gordon (Mass.)	43.63m	143-2	4/6
2	Caroline HADLEY	SR	#1 Hartford	42.58m	139-9	4/13
3	Tommie BARKER	SO	#1 Hartford	{2} 40.63m	133-4	4/20
4	Olivia CHASE	SO	#3 Univ. of New Eng	40.41m	132-7	4/20
5	Madison DIPASQUALE	SO	#1 Hartford	{3} 40.28m	132-2	4/13
6	Sienna MATREGRANO	JR	#3 Univ. of New Eng	{2} 36.45m	119-7	4/20
7	Gracie O'CONNELL	JR	#4 Suffolk	35.54m	116-7	4/20
8	Sharaden CALDWELL	FR	#4 Suffolk	{2} 35.13m	115-3	4/8
9	Hannah LIMANEK	JR	#5 Roger Williams	35.08m	115-1	4/20
10	Megan BURNS	SO	#3 Univ. of New Eng	{3} 34.08m	111-10	4/13

Women's Javelin

1	1 Kayla PELLETIER	JR	#1 Hartford	45.70m	149-11	4/20
2	96 Sarah LAVITA	SO	#3 Univ. of New Eng	35.79m	117-5	4/20
3	Morgan IPPOLITO	FR	#5 Roger Williams	31.85m	104-6	4/20
4	Sienna MATREGRANO	JR	#3 Univ. of New Eng	{2} 30.90m	101-5	4/20
5	Ashley QUINTAL	FR	#7 Wentworth (Mas	30.08m	98-8¼	3/30
6	Samantha BRODY	SR	#5 Roger Williams	{2} 30.01m	98-5½	3/30
7	Gracie O'CONNELL	JR	#4 Suffolk	29.37m	96-4¼	3/30
8	Emily BENGTON	FR	#6 Gordon (Mass.)	28.79m	94-5½	4/20
9	Kaylee BETTEZ	FR	#6 Gordon (Mass.)	{2} 27.63m	90-7¾	4/20
10	Mariah NICHOLS	SO	#1 Hartford	{2} 27.48m	90-2	4/13

Women's Heptathlon

1	96 Izabella HAAGENSEN	JR	#3 Univ. of New Eng	3,117		4/13
2	Ashley BECK	FR	#5 Roger Williams	3,008		4/13
3	Tabitha KLAUS	JR	#5 Roger Williams	{2} 2,862		4/13
4	Peyton SULLIVAN	SO	#5 Roger Williams	{3} 2,219		4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



CCIW

as of 4/23/2024 8:33:08 AM ET

Women's 100 Meters

1	2	Mercedes JACKSON	SR	#1 North Central (Ill)	11.80	(1.5)	4/13
2	30	McKenzie RESER	JR	#4 Augustana (Ill.)	12.13w	(3.3)	4/20
3	44	Lindsey NOVAK	SR	#1 North Central (Ill){2}	12.21	(1.9)	4/6
4	46	Tiana GRADY	FR	#3 Elmhurst	12.22	(1.9)	4/11
5	50	Lauren MARSHALL	SR	#3 Elmhurst {2}	12.24	(1.6)	4/6
6	61	Kyla MILLER	JR	#1 North Central (Ill){3}	12.31w	(2.2)	4/13
7	65	Riana HAYES	SO	#9 North Park	12.32	(1.8)	4/20
8	88	Faith LADIN	SR	#1 North Central (Ill){4}	12.39w	(2.2)	4/13
9	92	Meja LINDBERG	FR	#9 North Park {2}	12.40	(1.8)	4/20
10	96	Thea RING	SO	#9 North Park {3}	12.41w	(3.0)	4/6

Women's 100 Meter Hurdles

1	12	Nakala NADEAU	JR	#3 Elmhurst	14.34w	(2.5)	4/13
2	16	Denise PARTEE	SR	#1 North Central (Ill)	14.45w	(2.6)	3/29
3	30	Tiana GRADY	FR	#3 Elmhurst {2}	14.78w	(2.6)	3/29
4	34	Thea RING	SO	#9 North Park	14.81	(1.5)	4/13
5	83	Faith LADIN	SR	#1 North Central (Ill){2}	15.25	(1.5)	4/13
6		Meja LINDBERG	FR	#9 North Park {2}	15.44	(1.9)	3/29
7		Caylah BOYD	FR	#3 Elmhurst {3}	15.54	(0.7)	4/11
8		Madison MORROW	SR	#4 Augustana (Ill.)	15.76w	(2.8)	4/20
9		Hannah JONES	SR	#1 North Central (Ill){3}	15.84w	(2.7)	4/6
10		Tara SCHAALMA	FR	#2 Carthage	16.08	(1.5)	4/13

Women's 200 Meters

1	24	Thea RING	SO	#9 North Park	24.86c	(25.24) (0.0)	4/20
2	55	McKenzie RESER	JR	#4 Augustana (Ill.)	25.23	(1.0)	4/13
3	57	Lindsey NOVAK	SR	#1 North Central (Ill)	25.24	(-0.1)	3/29
4	71	Kyla MILLER	JR	#1 North Central (Ill){2}	25.31	(2.0)	4/13
5	83	Mercedes JACKSON	SR	#1 North Central (Ill){3}	25.43	(2.0)	4/13
6	99	Riana HAYES	SO	#9 North Park {2}	25.56	(1.6)	3/29
7		Carmela WOODS	FR	#3 Elmhurst	25.63	(1.6)	3/29
8		Jordynn GRIFFIN	SO	#5 Illinois Wesleyan	25.82w	(2.2)	3/16
9		Allie DOCKINS	JR	#1 North Central (Ill){4}	26.00	(1.6)	4/13
9		Tiana GRADY	FR	#3 Elmhurst {2}	26.00w	(2.2)	4/13

Women's 400 Meters

1	34	Lindsey NOVAK	SR	#1 North Central (Ill)	57.29		4/20
2	76	Carmela WOODS	FR	#3 Elmhurst	58.40		4/6
3	87	Naomi JONES	SO	#3 Elmhurst {2}	58.58		4/6
4		Kyla MILLER	JR	#1 North Central (Ill){2}	58.88		4/6
5		Cali MINKIE	SO	#1 North Central (Ill){3}	59.21		4/20
6		Jordynn GRIFFIN	SO	#5 Illinois Wesleyan	59.35		3/30
7		Crystelle VANWINGERDEN	SR	#7 Wheaton (Ill.)	59.59		4/6
8		Cire' SMITH	FR	#1 North Central (Ill){4}	59.73		4/20
9		Nayeli VILLEGAS	FR	#3 Elmhurst {3}	1:00.64		4/6
10		Lovenya PERRY	SO	#1 North Central (Ill){5}	1:00.67		4/6

Women's 400 Meter Hurdles

1		Hannah JONES	SR	#1 North Central (Ill)	1:07.68		4/6
2		Madison MORROW	SR	#4 Augustana (Ill.)	1:08.23		4/13
3		Lauren OELKE	JR	#4 Augustana (Ill.) {2}	1:08.38		4/13
4		Tara SCHAALMA	FR	#2 Carthage	1:08.78		4/20
5		Julie HEINRICHS	JR	#2 Carthage {2}	1:09.08		4/13
6		Natalie CONRAD	JR	#7 Wheaton (Ill.)	1:10.73		4/20
7		Holly BROWN	SR	#7 Wheaton (Ill.) {2}	1:10.88		4/13
8		Alayna SCHULTZ	FR	#6 Millikin	1:12.25		4/6
9		Audrey REMOLE	FR	#6 Millikin {2}	1:12.29		4/6
10		Allison HUNT	FR	#4 Augustana (Ill.) {3}	1:13.25		4/6

Women's 800 Meters

1	74	Alyssa RUIZ	SR	#6 Millikin	2:16.81		4/13
2		Cire' SMITH	FR	#1 North Central (Ill)	2:19.46		4/13
3		Lina MAATOUK	JR	#4 Augustana (Ill.)	2:21.27		3/30
4		Krista KOKE	SO	#6 Millikin {2}	2:23.03		4/6
5		Peyton STINGER	FR	#5 Illinois Wesleyan	2:23.61		4/13
6		Rebekah BUBOLTZ	SO	#8 Carroll (Wis.)	2:24.50		4/6
7		Nayeli VILLEGAS	FR	#3 Elmhurst	2:24.92		4/20
8		Molly ROBERTS	SO	#3 Elmhurst {2}	2:25.33		4/6
9		Abby RICKARD	FR	#7 Wheaton (Ill.)	2:25.52		4/20
10		Julia BENES	SR	#1 North Central (Ill){2}	2:25.57		4/6

Women's 1500 Meters

1	48	Alyssa RUIZ	SR	#6 Millikin	4:38.46		4/6
2		Emma ODLE	SR	#4 Augustana (Ill.)	4:46.18		3/30
3		Destiny ROGERS	SR	#7 Wheaton (Ill.)	4:49.06		4/13
4		Louisa BRORSON	SO	#7 Wheaton (Ill.) {2}	4:50.80		4/13
5		Julia BENES	SR	#1 North Central (Ill)	4:53.91		4/13
6		Anna BOARDMAN	SR	#4 Augustana (Ill.) {2}	4:54.24		4/20
7		Emma MCGRATH	JR	#5 Illinois Wesleyan	4:54.56		4/20
8		Lina MAATOUK	JR	#4 Augustana (Ill.) {3}	4:55.48		4/6
9		Rebekah BUBOLTZ	SO	#8 Carroll (Wis.)	4:55.70		4/6
10		Kylie SMITH	JR	#2 Carthage	4:55.97		4/13

Women's Steeplechase

1	12	Emma ODLE	SR	#4 Augustana (Ill.)	10:49.57		3/29
2	52	Ashley KACHURIK	SR	#3 Elmhurst	11:28.87		4/13
3	82	Quincy COLLINGS	SR	#6 Millikin	11:39.24		3/29
4	88	Natalie CONRAD	JR	#7 Wheaton (Ill.)	11:40.11		4/6
5		Bethany SMEED	SO	#1 North Central (Ill)	11:45.38		3/29
6		Esther BROWN	JR	#3 Elmhurst {2}	12:00.77		4/6
7		Jessica SOLAR	FR	#3 Elmhurst {3}	12:07.09		4/6
8		Brooke NAZOS	SO	#5 Illinois Wesleyan	12:08.31		4/6
9		Mackenzie MEIRHAEGHE	FR	#4 Augustana (Ill.) {2}	12:16.07		4/6
10		Jessie PAKASKI	SO	#2 Carthage	12:20.70		4/13



Conference TFRI Event Summary



CCIW

as of 4/23/2024 8:33:09 AM ET

Women's 5000 Meters

1	47	Emma ODLE	SR	#4 Augustana (Ill.)	17:16.61	4/13
2	88	Anna BOARDMAN	SR	#4 Augustana (Ill.) {2}	17:39.68	4/13
3		Kylie SMITH	JR	#2 Carthage	17:55.35	4/20
4		Julia BENES	SR	#1 North Central (Ill.)	17:59.74	4/20
5		Annalese CHUDY	JR	#5 Illinois Wesleyan	18:11.37	4/6
6		Amanda WILSON	SR	#5 Illinois Wesleyan {2}	18:18.10	4/6
7		Destiny ROGERS	SR	#7 Wheaton (Ill.)	18:19.13	3/29
8		Sophia HUBER	FR	#7 Wheaton (Ill.) {2}	18:19.23	4/20
9		Louisa BRORSON	SO	#7 Wheaton (Ill.) {3}	18:29.28	3/29
10		Caroline STETINA	JR	#7 Wheaton (Ill.) {4}	18:34.93	4/18

Women's 10,000 Meters

1	42	Louisa BRORSON	SO	#7 Wheaton (Ill.)	36:36.15	4/20
2	43	Annalese CHUDY	JR	#5 Illinois Wesleyan	36:36.18	3/29
3	47	Destiny ROGERS	SR	#7 Wheaton (Ill.) {2}	36:41.22	4/20
4	49	Anna BOARDMAN	SR	#4 Augustana (Ill.)	36:46.28	3/29
5	62	Amanda WILSON	SR	#5 Illinois Wesleyan {2}	37:09.89	4/20
6		Kylie SMITH	JR	#2 Carthage	38:41.23	4/6
7		Lily ANDERSON	FR	#1 North Central (Ill.)	39:01.79	3/29
8		Nicole BRANDY	SR	#1 North Central (Ill.) {2}	39:06.23	3/29
9		Noelle VEOME	SR	#3 Elmhurst	40:44.18	4/6
10		Molly GLOVER	JR	#3 Elmhurst {2}	40:59.85	4/6

Women's 4x100 Relay

1	10	Mercedes Jackson, Lindsey Novak, Faith Ladin, Denise Partee	#1 North Central (Ill.)	47.37	3/29
2	14	Nabila Saam, McKenzie Reser, Cora Deemer, Shakira Wade	#4 Augustana (Ill.)	47.62	3/30
3	15	Lauren Marshall, Tiana Grady, Carmela Woods, Aniya Seeley-Williams	#3 Elmhurst	47.63	4/11
4	25	Riana Hayes, Meja Lindberg, Thea Ring, Julia Klein	#9 North Park	48.12	4/13
5	35	Imani Ogunribido, Katarina Petrovic, Olivia Skibinski, Avery Smith	#5 Illinois Wesleyan	48.40	4/13
6		Holly Brown, Crystelle VanWingerden, Grace Crowder, Heidi Krekelberg	#7 Wheaton (Ill.)	50.06	4/20
7		Jazzmine Jones, Mandy Nelson, Anna Kegel, Sarah Kerfin	#2 Carthage	50.23	4/13
8		Zena Roberts, Katie Janvrin, Itzel Garcia, Alexis Wike	#6 Millikin	50.40	4/6
9		Taylor Olund, Katilyn Gregory, Victoria Watson, Lexi Elegbede-Peer	#8 Carroll (Wis.)	51.40	4/6

Women's 4x400 Relay

1	29	Naomi Jones, Carmela Woods, Sadie Hartmann, Nayeli Villegas	#3 Elmhurst	3:58.06	4/13
2	34	Lovenya Perry, Cire' Smith, Cali Minkie, Reilly Boyer	#1 North Central (Ill.)	3:59.03	4/13
3	56	Jordyn VanSanten, Cora Deemer, Lina Maatouk, McKenzie Reser	#4 Augustana (Ill.)	4:03.69	4/13
4	84	Peyton Stinger, Jules Grunloh, Peyton Pollman, Jordynn Griffin	#5 Illinois Wesleyan	4:08.15	4/13
5	95	Sadie Richert, Olivia Kiddy, Abby Lawson, Crystelle VanWingerden	#7 Wheaton (Ill.)	4:10.15	4/13
6		Itzel Garcia, Alyssa Ruiz, Katie Risner, Alexis Wike	#6 Millikin	4:11.00	4/6
7		Grace Nisius, Julie Heinrichs, Julia Kraus, Tara Schaalma	#2 Carthage	4:13.19	4/13
8		Thea Ring, Riana Hayes, Johanna Soedergaard, Alexa Pawlowski	#9 North Park	4:19.13	4/13
9		Anika Tollerud, Lucy Beuthin, Victoria Watson, Rebekah Buboltz	#8 Carroll (Wis.)	4:25.27	4/6

Women's High Jump

1	49	Grace CROWDER	FR	#7 Wheaton (Ill.)	1.61m	5-3¼	4/6
2	84	Hannah SAGO	SO	#6 Millikin	1.58m	5-2¼	3/29
2	84	Pola KUBRAK	JR	#1 North Central (Ill.)	1.58m	5-2¼	3/29
2	84	Evie WILSON	JR	#5 Illinois Wesleyan	1.58m	5-2¼	4/13
2	84	Teagan JOHNSTON	JR	#2 Carthage	1.58m	5-2¼	4/13
6	97	Alexis WIKE	FR	#6 Millikin {2}	1.57m	5-1¾	4/20
7		Vashayla BRADLEY	SO	#3 Elmhurst	1.56m	5-1¼	4/13
8		Jocelyn TROTTER	FR	#1 North Central (Ill.) {2}	1.55m	5-1	4/20
9		Allison HUNT	FR	#4 Augustana (Ill.)	1.53m	5-¼	4/13
9		Kendal FRANKLIN	SO	#1 North Central (Ill.) {3}	1.53m	5-¼	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



CCIW

as of 4/23/2024 8:33:09 AM ET

Women's Pole Vault

1	36	Gwen BERENYI	SO	#1 North Central (Ill)	3.55m	11-7¾	4/6
1	36	Natalie JOHNSON	JR	#1 North Central (Ill)	3.55m	11-7¾	4/13
3	81	Kate WEBER	SO	#3 Elmhurst	3.35m	10-11¾	3/29
4	96	Hailey NEWILL	SO	#6 Millikin	3.31m	10-10¼	4/13
5	100	Julia KLEIN	SO	#9 North Park	3.30m	10-9¾	4/13
6		Grace TINDER	JR	#8 Carroll (Wis.)	3.21m	10-6¼	4/13
7		Haylee YELLE	SO	#6 Millikin	{2} 3.16m	10-4¼	4/13
8		Ariana RIVERA	JR	#1 North Central (Ill)	{3} 3.10m	10-2	4/6
9		Madeline SIMPSON	SO	#8 Carroll (Wis.)	{2} 3.06m	10-½	4/6
10		Alexis MAZZENGA	JR	#1 North Central (Ill)	{4} 3.05m	10-0	3/29
10		Ashtin ROY	FR	#7 Wheaton (Ill.)	3.05m	10-0	3/29

Women's Long Jump

1	31	Itzel GARCIA	JR	#6 Millikin	5.55m	18-2½ (0.0)	3/29
2	53	Katelyn MCCANN	SO	#1 North Central (Ill)	5.44m	17-10¼ (0.8)	4/6
3	56	Vanessa CARR	SO	#3 Elmhurst	5.43m	17-9¾ (0.0)	4/13
4	58	Lauren MARSHALL	SR	#3 Elmhurst	{2} 5.42m	17-9½ (0.3)	4/13
5	71	Thea RING	SO	#9 North Park	5.35mw	17-6¾ (2.8)	4/20
6		Paulina TINAJERO	FR	#3 Elmhurst	{3} 5.29m	17-4¼ (1.0)	4/13
7		Katie JANVRIN	SO	#6 Millikin	{2} 5.27mw	17-3½ (2.2)	4/13
8		Anna KEGEL	SO	#2 Carthage	5.26mw	17-3¼ (2.2)	4/6
9		Abigail CALHOUN	JR	#2 Carthage	{2} 5.24m	17-2¼ (1.1)	3/29
10		Zena ROBERTS	FR	#6 Millikin	{3} 5.23mw	17-2 (2.2)	4/6

Women's Triple Jump

1	5	Imani OGUNRIBIDO	FR	#5 Illinois Wesleyan	12.23m	40-1½ (1.4)	4/13
2	17	Abigail CALHOUN	JR	#2 Carthage	11.92m	39-1¼ (0.0)	4/6
3	62	Lauren WONG	SR	#5 Illinois Wesleyan	{2} 11.18mw	36-8¼ (2.8)	3/30
3	62	Vanessa CARR	SO	#3 Elmhurst	11.18m	36-8¼ (0.1)	4/6
5	79	Katie JANVRIN	SO	#6 Millikin	11.07m	36-4 (1.7)	4/13
6	86	Tara SCHAALMA	FR	#2 Carthage	{2} 11.05m	36-3 (0.9)	3/29
7	91	Anna ANDRETICH	FR	#3 Elmhurst	{2} 11.03m	36-2¼ (-1.1)	4/6
8		Paulina TINAJERO	FR	#3 Elmhurst	{3} 10.91m	35-9½ (1.4)	4/6
9		Alice SOTELO	FR	#1 North Central (Ill)	10.83m	35-6½ (0.0)	4/13
10		Francesca SMITH	JR	#5 Illinois Wesleyan	{3} 10.67m	35-¼ (1.5)	4/13

Women's Shot Put

1	2	Aubrey SCHOENEMAN	JR	#2 Carthage	15.11m	49-7	4/6
2	3	Vanessa Uitenbroek	JR	#8 Carroll (Wis.)	14.43m	47-4¼	4/13
3	21	Maria FALK	JR	#8 Carroll (Wis.)	{2} 13.31m	43-8	4/20
4	22	Alyssa GULSVIG	JR	#2 Carthage	{2} 13.24m	43-5¼	3/29
5	38	Alexis MATTOX	SR	#2 Carthage	{3} 12.92m	42-4¾	4/20
6	65	Jackie TUZIL	SO	#2 Carthage	{4} 12.48m	40-11½	3/29
7	66	Madison PAYNE	SO	#2 Carthage	{5} 12.44m	40-9¾	3/29
8	79	Mikayla WRIGHT	JR	#2 Carthage	{6} 12.34m	40-6	4/6
9	82	Kaitlyn BRUCCI	JR	#8 Carroll (Wis.)	{3} 12.29m	40-4	4/13
10		Heather MICHALSKI	JR	#4 Augustana (Ill.)	12.06m	39-6¾	3/30

Women's Discus

1	1	Charlotte FRERE	SO	#4 Augustana (Ill.)	50.02m	164-1	4/6
2	4	Vanessa Uitenbroek	JR	#8 Carroll (Wis.)	48.55m	159-4	4/6
3	7	Cate GUDAITIS	JR	#8 Carroll (Wis.)	{2} 46.12m	151-4	3/28
4	14	Nicole TARPLEY	JR	#2 Carthage	44.26m	145-3	4/6
5	30	Alyssa GULSVIG	JR	#2 Carthage	{2} 42.75m	140-3	4/6
6	32	Aubrey SCHOENEMAN	JR	#2 Carthage	{3} 42.50m	139-5	4/13
7	55	Jackie TUZIL	SO	#2 Carthage	{4} 41.17m	135-1	4/6
8		Alexandra DRAVES	SR	#1 North Central (Ill)	38.50m	126-4	4/13
9		Laina NELSON	FR	#4 Augustana (Ill.)	{2} 38.35m	125-10	4/20
10		Loreal TUCKER	FR	#5 Illinois Wesleyan	37.36m	122-7	4/6

Women's Hammer

1	6	Alexandra DRAVES	SR	#1 North Central (Ill)	54.89m	180-1	4/20
2	8	Alexis MATTOX	SR	#2 Carthage	54.43m	178-7	4/6
3	16	Vanessa Uitenbroek	JR	#8 Carroll (Wis.)	52.39m	171-11	4/6
4	17	Carlyssa KING	JR	#5 Illinois Wesleyan	52.33m	171-8	4/20
5	36	Nicole TARPLEY	JR	#2 Carthage	{2} 50.02m	164-1	4/6
6	48	Aubrey SCHOENEMAN	JR	#2 Carthage	{3} 48.47m	159-0	4/13
7	52	Maria FALK	JR	#8 Carroll (Wis.)	{2} 48.23m	158-3	3/28
8	55	Dora DILL	JR	#2 Carthage	{4} 48.00m	157-6	4/20
9	73	Adriyanna PATTERSON	JR	#6 Millikin	46.94m	154-0	4/13
10		Madison PAYNE	SO	#2 Carthage	{5} 44.87m	147-3	4/13

Women's Javelin

1	11	Faith LADIN	SR	#1 North Central (Ill)	41.15m	135-0	4/6
2	15	Hannah JONES	SR	#1 North Central (Ill)	{2} 40.70m	133-7	3/29
3	41	Heather MICHALSKI	JR	#4 Augustana (Ill.)	38.58m	126-7	4/6
4		Carmella LANGE	JR	#2 Carthage	35.26m	115-8	4/20
5		Ameila MILLER	FR	#4 Augustana (Ill.)	{2} 34.21m	112-3	4/13
6		Charlotte FRERE	SO	#4 Augustana (Ill.)	{3} 33.56m	110-1	3/30
7		Robin LEE	JR	#1 North Central (Ill)	{3} 33.43m	109-8	4/13
8		Hannah TOMPKINS	SO	#7 Wheaton (Ill.)	33.35m	109-5	4/6
9		Laina NELSON	FR	#4 Augustana (Ill.)	{4} 32.33m	106-1	3/30
10		Ally LABERGE	JR	#2 Carthage	{2} 32.18m	105-7	4/20

Women's Heptathlon

1	22	Thea RING	SO	#9 North Park	4,366		4/20
2	31	Hannah JONES	SR	#1 North Central (Ill)	4,202		4/20
3	71	Teagan JOHNSTON	JR	#2 Carthage	3,521		4/20
4	98	Allison HUNT	FR	#4 Augustana (Ill.)	3,069		4/20
5		Julia KRAUS	FR	#2 Carthage	{2} 3,011		4/20
6		Grace NISIUS	SO	#2 Carthage	{3} 2,952		4/20
7		Addison HUPPERT	FR	#2 Carthage	{4} 2,592		4/20



Conference TFRI Event Summary



CCS

as of 4/23/2024 8:33:09 AM ET

Women's 100 Meters

1	5	Syniah SIMS	FR	#3 Belhaven (Miss.)	11.86	(1.7)	3/23
2	41	Kimona HAYNES	SO	#3 Belhaven (Miss.) {2}	12.19	(1.7)	3/23
3	70	Ashaunti BARNES	SR	#3 Belhaven (Miss.) {3}	12.33w	(3.3)	3/23
4		Evelle DILLON	FR	#3 Belhaven (Miss.) {4}	12.62	(2.0)	4/7
5		Jakia JOINER	FR	#3 Belhaven (Miss.) {5}	12.85	(2.0)	4/7
6		Emma CHRISTENSEN	JR	#4 Covenant	12.87	(2.0)	4/6
7		Annessia GREER	SR	#3 Belhaven (Miss.) {6}	13.01w	(2.6)	3/23
8		Keyuna PEEBLES	FR	#2 Piedmont	13.03w	(2.7)	3/16
9		Zoe HARRISON	FR	#2 Piedmont	{2} 13.14w	(2.7)	3/16
10		Ileyna BROOKS	JR	#2 Piedmont	{3} 13.24	(1.9)	4/13

Women's 100 Meter Hurdles

1		D'Asia FRANKLIN	FR	#3 Belhaven (Miss.)	16.51	(1.5)	4/7
2		Michelle CATES	SO	#2 Piedmont	16.99w	(2.3)	4/6
3		Jerneisha LEWIS	JR	#1 Berea (Ky.)	17.10	(-0.6)	3/23
4		Brooke BENNA	FR	#2 Piedmont	{2} 17.20	(-1.9)	3/16
5		Jakeisha LEWIS	JR	#1 Berea (Ky.)	{2} 17.38w	(3.0)	3/30
6		Cortney BROWN	SR	#2 Piedmont	{3} 17.51	(1.0)	4/6
7		Sam SEYMOUR	SR	#2 Piedmont	{4} 17.65w	(3.9)	3/23
8		Jaleesa HERMAN	SO	#1 Berea (Ky.)	{3} 19.05	(-0.6)	3/23

Women's 200 Meters

1	8	Syniah SIMS	FR	#3 Belhaven (Miss.)	24.58w	(2.1)	3/23
2	24	Kimona HAYNES	SO	#3 Belhaven (Miss.) {2}	24.86w	(2.1)	3/23
3	35	Kymiah BLAIR	JR	#1 Berea (Ky.)	25.03	(0.9)	4/20
4	80	Ashaunti BARNES	SR	#3 Belhaven (Miss.) {3}	25.39	(0.6)	3/2
5		Evelle DILLON	FR	#3 Belhaven (Miss.) {4}	26.01w	(2.5)	3/23
6		Ashyia MADDICKES	FR	#1 Berea (Ky.)	{2} 26.33	(1.9)	3/30
7		Emma CHRISTENSEN	JR	#4 Covenant	26.75w	(3.5)	3/23
8		Zoe HARRISON	FR	#2 Piedmont	26.97	(0.6)	3/16
9		Alana RODRIGUEZ	FR	#5 Maryville (Tenn.)	27.01	(-0.5)	4/13
10		Jakia JOINER	FR	#3 Belhaven (Miss.) {5}	27.32	(-2.3)	3/30

Women's 400 Meters

1	9	Kimona HAYNES	SO	#3 Belhaven (Miss.)	56.19		3/30
2	12	Ashaunti BARNES	SR	#3 Belhaven (Miss.) {2}	56.35		4/7
3	14	Kymiah BLAIR	JR	#1 Berea (Ky.)	56.47		4/20
4		Ashyia MADDICKES	FR	#1 Berea (Ky.)	{2} 1:00.86		4/12
5		Kristin FISCHLI	SO	#1 Berea (Ky.)	{3} 1:01.70		4/6
6		Alana RODRIGUEZ	FR	#5 Maryville (Tenn.)	1:01.82		4/20
7		Liberte MACK	JR	#1 Berea (Ky.)	{4} 1:02.07		4/6
8		Katerina KOVALEVSKAYA	FR	#1 Berea (Ky.)	{5} 1:03.24		4/12
9		Michelle CATES	SO	#2 Piedmont	1:03.48		3/2
10		Kai DOYLE	JR	#2 Piedmont	{2} 1:03.69		4/13

Women's 400 Meter Hurdles

1		Michelle CATES	SO	#2 Piedmont	1:09.42		4/13
2		Jakeisha LEWIS	JR	#1 Berea (Ky.)	1:11.13		4/6
3		Rhiannon SEVIER	JR	#6 Huntingdon (Ala)	1:11.77		3/9
4		Jerneisha LEWIS	JR	#1 Berea (Ky.)	{2} 1:12.08		3/30
5		Bella CACCAMO	SO	#2 Piedmont	{2} 1:14.89		4/6
6		Brianna DOWELL	JR	#1 Berea (Ky.)	{3} 1:17.01		4/12
7		Sam SEYMOUR	SR	#2 Piedmont	{3} 1:18.16		3/2
8		Brooke BENNA	FR	#2 Piedmont	{4} 1:20.39		4/13

Women's 800 Meters

1		Muhorakeye JOYEUSE	FR	#1 Berea (Ky.)	2:21.52		4/6
2		Kristin FISCHLI	SO	#1 Berea (Ky.)	{2} 2:23.32		4/20
3		Liberte MACK	JR	#1 Berea (Ky.)	{3} 2:24.70		3/23
4		Madison STONESTREET	SO	#1 Berea (Ky.)	{4} 2:28.39		3/30
5		Lydia DORMAN	SR	#4 Covenant	2:29.36		4/13
6		Kate SMITH	JR	#6 Huntingdon (Ala)	2:32.07		4/13
7		Peyton POTTS	FR	#1 Berea (Ky.)	{5} 2:34.07		4/6
8		Evangelia BERRY	FR	#4 Covenant	{2} 2:34.41		4/13
8		Kristina BUCKLEY	SR	#5 Maryville (Tenn.)	2:34.41		4/13
10		Tanea DAVIS	SO	#2 Piedmont	2:35.62		4/13

Women's 1500 Meters

1		Madison STONESTREET	SO	#1 Berea (Ky.)	4:47.68		3/30
2		Muhorakeye JOYEUSE	FR	#1 Berea (Ky.)	{2} 4:56.41		4/6
3		Lydia DORMAN	SR	#4 Covenant	5:00.38		4/6
4		Evangelia BERRY	FR	#4 Covenant	{2} 5:15.14		3/16
5		Skyler SEEGER	SO	#2 Piedmont	5:15.71		3/16
6		Kate SMITH	JR	#6 Huntingdon (Ala)	5:19.90		3/16
7		Kristina BUCKLEY	SR	#5 Maryville (Tenn.)	5:20.00		4/20
8		Carah ANTECK	SO	#1 Berea (Ky.)	{3} 5:22.80		3/23
9		Chrystal CORNWELL	FR	#1 Berea (Ky.)	{4} 5:29.91		3/23
10		Michaela MOORE	FR	#6 Huntingdon (Ala)	{2} 5:36.14		3/16

Women's Steeplechase

1		Skyler SEEGER	SO	#2 Piedmont	12:25.87		3/23
2		Chrystal CORNWELL	FR	#1 Berea (Ky.)	12:48.75		4/12
3		Carah ANTECK	SO	#1 Berea (Ky.)	{2} 12:54.60		4/6
4		Kristina BUCKLEY	SR	#5 Maryville (Tenn.)	13:02.72		4/13
5		Jasiella GRANDY	JR	#1 Berea (Ky.)	{3} 13:33.50		4/6

Women's 5000 Meters

1	71	Madison STONESTREET	SO	#1 Berea (Ky.)	17:31.59		4/5
2		Skyler SEEGER	SO	#2 Piedmont	18:45.05		4/6
3		Carah ANTECK	SO	#1 Berea (Ky.)	{2} 19:08.45		4/12
4		Evangelia BERRY	FR	#4 Covenant	19:14.56		4/6
5		Lydia DORMAN	SR	#4 Covenant	{2} 19:33.67		4/13
6		Hannah MARLOWE	SO	#2 Piedmont	{2} 20:05.00		3/16
7		Erin CHAMBERS	FR	#1 Berea (Ky.)	{3} 20:43.18		4/12
8		Jasiella GRANDY	JR	#1 Berea (Ky.)	{4} 20:48.97		3/23
9		Emerson TILLERY	FR	#4 Covenant	{3} 20:49.13		4/13
10		Michaela MOORE	FR	#6 Huntingdon (Ala)	21:38.20		4/13



Conference TFRI Event Summary



CCS

as of 4/23/2024 8:33:09 AM ET

Women's 10,000 Meters

1	Carah ANTECK	SO	#1 Berea (Ky.)	39:17.33	4/5
2	Hannah MARLOWE	SO	#2 Piedmont	42:52.99	3/2
3	Brooke DONLEY	SO	#1 Berea (Ky.)	{2} 47:13.12	4/6

Women's 4x100 Relay

1	2	Ashaunti Barnes, Kimona Haynes, Anneshia Greer, Syniah Sims	#3 Belhaven (Miss.)	46.47	3/30
2		#Type!	#5 Maryville (Tenn.)	53.26	4/13
3		Narissa Montgomery, Annika Austin, Annmary Melendez Arce, Imani Higginbotham	#7 Wesleyan (Ga.)	59.64	3/16

Women's 4x400 Relay

1	48	Kristin Fischli, Ashya Maddickes, Kymiah Blair, Liberte Mack	#1 Berea (Ky.)	4:02.34	4/6
2	54	Ashaunti Barnes, Kimona Haynes, Taylor Fakes, Evelle Dillon	#3 Belhaven (Miss.)	4:03.01	4/7
3		Ileyna Brooks, Bella Caccamo, Michelle Cates, Sam Seymour	#2 Piedmont	4:26.41	3/23
4		Daehla Smith, Lydia Dorman, Evangelia Berry, Emma Christensen	#4 Covenant	4:38.05	3/16
5		Rhiannon Sevier, Michaela Moore, Aleah Vess, Kate Smith	#6 Huntingdon (Ala)	4:53.95	3/2

Women's High Jump

1	Emma CHRISTENSEN	JR	#4 Covenant	1.55m	5-1	4/20
2	D'Asia FRANKLIN	FR	#3 Belhaven (Miss.)	1.50m	4-11	3/2
2	Evelle DILLON	FR	#3 Belhaven (Miss.)	1.50m	4-11	3/2
2	Ashya MADDICKES	FR	#1 Berea (Ky.)	1.50m	4-11	3/30
5	Jess AGINA	FR	#1 Berea (Ky.)	{2} 1.45m	4-9	3/23
6	Hailee HARDMAN	FR	#5 Maryville (Tenn.)	1.43m	4-8 3/4	3/23
7	Sam SEYMOUR	SR	#2 Piedmont	1.36m	4-5 1/2	3/2
8	Annika AUSTIN	SR	#7 Wesleyan (Ga.)	1.35m	4-5	4/6
8	Lindey FLEMING	FR	#1 Berea (Ky.)	{3} 1.35m	4-5	4/6
10	Cortney BROWN	SR	#2 Piedmont	{2} 1.34m	4-4 3/4	4/13

Women's Pole Vault

1	Sarah HOLLER	JR	#4 Covenant	2.90m	9-6 1/4	4/20
2	Sydney BRASWELL	FR	#2 Piedmont	2.51m	8-2 3/4	3/2
3	Angel PATTERSON	JR	#1 Berea (Ky.)	2.45m	8-1/2	4/12
4	Victoria DROUIN	JR	#2 Piedmont	{2} 2.18m	7-1 3/4	4/13
5	Ashley BAILEY	FR	#1 Berea (Ky.)	{2} 2.00m	6-6 3/4	4/12

Women's Long Jump

1	Jerneisha LEWIS	JR	#1 Berea (Ky.)	5.16m	16-11 1/4 (1.6)	3/23
2	Ashya MADDICKES	FR	#1 Berea (Ky.)	{2} 4.96m	16-3 3/4 (1.5)	3/23
3	Allison CANTRELL	FR	#2 Piedmont	4.94m	16-2 1/2 (0.5)	4/13
4	Jakia JOINER	FR	#3 Belhaven (Miss.)	4.91m	16-1 1/2 (-0.4)	4/7
5	Cortney BROWN	SR	#2 Piedmont	{2} 4.88m	16-1/4 (-1.9)	4/13
6	Jakeisha LEWIS	JR	#1 Berea (Ky.)	{3} 4.83m	15-10 1/4 (0.5)	3/23
7	Kai DOYLE	JR	#2 Piedmont	{3} 4.77m	15-7 3/4 (0.9)	3/23
8	Jamia MADDOX	FR	#3 Belhaven (Miss.)	{2} 4.70mw	15-5 (2.1)	3/30
9	Zoe HARRISON	FR	#2 Piedmont	{4} 4.69m	15-4 3/4 (0.0)	4/13
10	Sam SEYMOUR	SR	#2 Piedmont	{5} 4.67m	15-4 (-1.6)	3/16

Women's Triple Jump

1	Jakia JOINER	FR	#3 Belhaven (Miss.)	10.92m	35-10 (1.7)	4/7
2	Kai DOYLE	JR	#2 Piedmont	10.47mw	34-4 1/4 (2.5)	4/13
3	Jakeisha LEWIS	JR	#1 Berea (Ky.)	10.46m	34-4 (1.2)	3/30
4	Sam SEYMOUR	SR	#2 Piedmont	{2} 10.43m	34-2 3/4 (-0.5)	4/20
5	Ileyna BROOKS	JR	#2 Piedmont	{3} 9.00m	29-6 1/2 (0.8)	4/13

Women's Shot Put

1	Nakiyah WASHINGTON	SR	#2 Piedmont	11.90m	39-1/2	4/20
2	Jelesia BROWN	JR	#3 Belhaven (Miss.)	11.50m	37-8 3/4	3/2
3	Kayla WARD	FR	#2 Piedmont	{2} 10.75m	35-3 3/4	4/13
4	Taylor THOMPSON	FR	#5 Maryville (Tenn.)	10.62m	34-10 1/4	3/29
5	Kelci SPARKS	SR	#5 Maryville (Tenn.)	{2} 10.36m	34-0	4/13
6	Desire TACKETT	SR	#3 Belhaven (Miss.)	{2} 10.19m	33-5 1/4	4/7
7	Sophia WIERSEMA	SO	#4 Covenant	10.12m	33-2 1/2	4/20
8	Trinity TREADWAY	FR	#6 Huntingdon (Ala)	9.96m	32-8 1/4	3/30
9	Elise KEMP	SR	#1 Berea (Ky.)	9.73m	31-11 1/4	3/23
10	Isabelle BEACH	SR	#7 Wesleyan (Ga.)	9.70m	31-10	3/16

Women's Discus

1	81 Emily LANE	FR	#4 Covenant	39.43m	129-5	3/16
2	Allie FELTUS	JR	#2 Piedmont	37.81m	124-1	3/16
3	Jelesia BROWN	JR	#3 Belhaven (Miss.)	36.83m	120-10	3/30
4	Nakiyah WASHINGTON	SR	#2 Piedmont	{2} 36.59m	120-1	4/13
5	Shealee GALLEGOS	FR	#2 Piedmont	{3} 35.30m	115-10	3/29
6	Kelci SPARKS	SR	#5 Maryville (Tenn.)	33.50m	109-11	4/6
7	Kayla WARD	FR	#2 Piedmont	{4} 30.75m	100-11	4/20
8	Audrey SANDERS	SR	#5 Maryville (Tenn.)	{2} 30.58m	100-4	4/6
9	Desire TACKETT	SR	#3 Belhaven (Miss.)	{2} 30.37m	99-7 3/4	3/23
10	Trinity TREADWAY	FR	#6 Huntingdon (Ala)	29.60m	97-1 1/2	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



CCS

as of 4/23/2024 8:33:09 AM ET

Women's Hammer

1	Lauren MYERS	SO	#5 Maryville (Tenn.)	41.85m	137-4	3/23
2	Desire TACKETT	SR	#3 Belhaven (Miss.)	40.77m	133-9	4/7
3	Kelci SPARKS	SR	#5 Maryville (Tenn.)	40.19m	131-10	4/13
4	Jelesia BROWN	JR	#3 Belhaven (Miss.)	38.91m	127-8	4/7
5	Elise KEMP	SR	#1 Berea (Ky.)	38.43m	126-1	4/6
6	Abigail HOCKSTOK	SO	#1 Berea (Ky.)	37.63m	123-6	3/23
7	Allie FELTUS	JR	#2 Piedmont	37.25m	122-3	3/16
8	Nakiyah WASHINGTON	SR	#2 Piedmont	36.71m	120-5	4/20
9	Shealee GALLEGOS	FR	#2 Piedmont	36.40m	119-5	3/16
10	Isabelle BEACH	SR	#7 Wesleyan (Ga.)	36.33m	119-3	4/13

Women's Javelin

1	Cortney BROWN	SR	#2 Piedmont	34.45m	113-0	4/20
2	Nakiyah WASHINGTON	SR	#2 Piedmont	33.54m	110-1	4/13
3	Wren GREUBEL	JR	#2 Piedmont	28.40m	93-2¼	4/20
4	Emily LANE	FR	#4 Covenant	27.70m	90-10½	4/20
5	Alyssa BELL	JR	#1 Berea (Ky.)	26.97m	88-6	4/6
6	Ileyna BROOKS	JR	#2 Piedmont	26.27m	86-2¼	4/20
7	Whitney DARSEY	SO	#2 Piedmont	24.06m	78-11¼	4/13
8	Trinity TREADWAY	FR	#6 Huntingdon (Ala)	23.13m	75-10¾	4/13
9	Kyonna ROSS	SR	#1 Berea (Ky.)	22.35m	73-4	3/23
10	Isabelle BEACH	SR	#7 Wesleyan (Ga.)	21.75m	71-4¼	4/13

Women's Heptathlon

1	63 Cortney BROWN	SR	#2 Piedmont	3,667	4/13
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Conference TFRI Event Summary



Centennial

as of 4/23/2024 8:33:09 AM ET

Women's 100 Meters

1	22	Lauren PHILLIPS	JR	#1 Johns Hopkins	12.06w	(2.8)	4/6
2	25	Sara PENUELA	SR	#2 Dickinson	12.11w	(2.4)	4/14
3	57	Victoria KADIRI	SR	#1 Johns Hopkins {2}	12.29	(1.6)	4/6
4		Chloe ZHANG	FR	#1 Johns Hopkins {3}	12.50w	(3.1)	4/20
5		Mariana PENUELA	SR	#2 Dickinson {2}	12.61	(-1.1)	4/14
6		Katie MORGAN	JR	#7 McDaniel	12.71	(1.3)	4/13
7		Olivia D'AULERIO	SO	#9 Haverford	12.88w	(2.1)	4/13
8		Hope PETRALIA	SR	#6 Franklin & Marsh	12.98w	(2.5)	4/13
9		Mirra KLIMOV	SO	#1 Johns Hopkins {4}	12.99w	(3.1)	4/20
10		Hanna RUBIALES	FR	#6 Franklin & Marsh {2}	13.02w	(2.2)	4/20
10		Lydia MORRIS-KLIMENT	FR	#3 Swarthmore	13.02	(0.0)	4/20

Women's 100 Meter Hurdles

1	19	Darya MIKUSOVA	SR	#2 Dickinson	14.48w	(2.7)	4/20
2	34	Victoria KADIRI	SR	#1 Johns Hopkins	14.81	(1.5)	3/30
3	38	Maya RICHWINE	FR	#8 Muhlenberg	14.83w	(2.7)	4/20
4	59	Lauren DUNNIGAN	FR	#6 Franklin & Marsh	15.04	(0.9)	4/20
5	76	Samantha WECHSLER	FR	#4 Ursinus	15.19	(1.9)	4/14
6		Hannah SWALE	SO	#3 Swarthmore	15.96	(-0.6)	4/13
7		Sophia KOVATSI	SR	#2 Dickinson {2}	16.01w	(2.2)	4/20
8		Kaelin RYAN	SO	#4 Ursinus {2}	16.38	(1.0)	4/20
9		Leah BIWOTT	JR	#2 Dickinson {3}	16.57w	(3.2)	4/20
10		Naomi ALPERIN	SR	#2 Dickinson {4}	16.66w	(2.3)	4/17

Women's 200 Meters

1	3	Lauren PHILLIPS	JR	#1 Johns Hopkins	24.37w	(3.5)	4/20
2	75	Sara PENUELA	SR	#2 Dickinson	25.34	(0.0)	4/17
3		Emerlee SIMONS	SR	#2 Dickinson {2}	25.74	(0.1)	4/14
4		Victoria KADIRI	SR	#1 Johns Hopkins {2}	25.90	(-0.7)	4/14
5		Darya MIKUSOVA	SR	#2 Dickinson {3}	26.03	(0.0)	4/17
6		Olivia D'AULERIO	SO	#9 Haverford	26.12w	(2.6)	4/6
7		Mariana PENUELA	SR	#2 Dickinson {4}	26.40	(0.0)	4/17
8		Anna ZAESKE	SR	#1 Johns Hopkins {3}	26.42	(1.1)	3/30
9		Katie MORGAN	JR	#7 McDaniel	26.49w	(2.1)	4/13
10		Lianne SAUSSY	SO	#1 Johns Hopkins {4}	26.53	(1.1)	3/30

Women's 400 Meters

1	5	Lauren PHILLIPS	JR	#1 Johns Hopkins	55.72		4/20
2	42	Annie HUANG	JR	#1 Johns Hopkins {2}	57.51		4/20
3	45	Katie MORGAN	JR	#7 McDaniel	57.55		4/17
4	47	Olivia D'AULERIO	SO	#9 Haverford	57.58		4/20
5	79	Anna ZAESKE	SR	#1 Johns Hopkins {3}	58.48		4/14
6	85	Emerlee SIMONS	SR	#2 Dickinson	58.51		4/20
7		Lianne SAUSSY	SO	#1 Johns Hopkins {4}	58.77		4/14
8		Isabel THORNBERRY	SR	#9 Haverford {2}	59.24		4/13
9		Tashyah SAMPLE	SO	#4 Ursinus	59.95		4/14
10		Lily TREMBA	FR	#1 Johns Hopkins {5}	1:00.07		4/20

Women's 400 Meter Hurdles

1	3	Darya MIKUSOVA	SR	#2 Dickinson	1:00.49		4/14
2	93	Kaelin RYAN	SO	#4 Ursinus	1:06.98		4/20
3		Tatum EVANS	SR	#6 Franklin & Marsh	1:07.97		4/13
4		Lillian BOUDREAU	SO	#5 Gettysburg	1:08.18		3/23
5		Anna RANDO	SO	#7 McDaniel	1:09.07		4/20
6		Diana VALENTINI	FR	#1 Johns Hopkins	1:10.96		4/6
7		Maya RICHWINE	FR	#8 Muhlenberg	1:11.74		4/13
8		Abby BACHMAN	SO	#6 Franklin & Marsh {2}	1:12.41		4/20
9		Lauren DUNNIGAN	FR	#6 Franklin & Marsh {3}	1:13.20		3/23
10		Abigail LOVELACE	FR	#1 Johns Hopkins {2}	1:13.52		4/6

Women's 800 Meters

1	7	Annie HUANG	JR	#1 Johns Hopkins	2:10.45		4/14
2	46	Emma KOTHARI	SO	#1 Johns Hopkins {2}	2:15.48		4/14
3	50	Lorna ARCESE	SO	#1 Johns Hopkins {3}	2:15.69		4/14
4	52	Mackenzie SETTON	SO	#1 Johns Hopkins {4}	2:15.71		4/14
5	67	Sophia GOODWIN	FR	#3 Swarthmore	2:16.71		4/20
6	98	Lily TREMBA	FR	#1 Johns Hopkins {5}	2:18.05		4/14
7	99	Diana VALENTINI	FR	#1 Johns Hopkins {6}	2:18.09		4/14
8		Meghan CARROLL	JR	#4 Ursinus	2:18.69		4/20
9		Isabel THORNBERRY	SR	#9 Haverford	2:19.48		4/20
10		Lily SHETH	SR	#1 Johns Hopkins {7}	2:20.88		4/6

Women's 1500 Meters

1	21	Mackenzie SETTON	SO	#1 Johns Hopkins	4:34.14		4/14
2	41	Annie HUANG	JR	#1 Johns Hopkins {2}	4:37.02		4/20
3	57	Izzy NOBILLI	SO	#1 Johns Hopkins {3}	4:39.54		4/20
4	79	Adriana CATALANO	SO	#1 Johns Hopkins {4}	4:42.15		4/20
5		Emma KOTHARI	SO	#1 Johns Hopkins {5}	4:44.24		4/20
6		Amiyah PRIEBE	JR	#2 Dickinson	4:44.98		4/17
7		Eleni ALVAREZ	JR	#1 Johns Hopkins {6}	4:45.70		4/20
8		Aisling CALLAHAN	SO	#1 Johns Hopkins {7}	4:45.82		4/20
9		Sarah CONANT	SR	#1 Johns Hopkins {8}	4:47.34		4/20
10		Callie JONES	SR	#1 Johns Hopkins {9}	4:47.45		3/30

Women's Steeplechase

1	19	Amiyah PRIEBE	JR	#2 Dickinson	10:58.68		4/20
2	24	Sara STEPHENSON	SR	#1 Johns Hopkins	11:08.11		4/6
3	36	Charlotte KRATOVL-LAVELLE	SR	#2 Dickinson {2}	11:20.07		4/17
4	46	Cooper BROTHERTON	SO	#1 Johns Hopkins {2}	11:25.74		4/20
5	72	Sophia GOODWIN	FR	#3 Swarthmore	11:37.27		4/13
6	78	Eleni ALVAREZ	JR	#1 Johns Hopkins {3}	11:38.81		3/30
7	86	Bailey MULLEN	SR	#7 McDaniel	11:39.97		4/6
8	95	Carys COOK	SO	#5 Gettysburg	11:41.93		4/21
9		Callie JONES	SR	#1 Johns Hopkins {4}	11:48.48		4/6
10		Katie SCOTT	FR	#6 Franklin & Marsh	11:56.33		4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



Centennial

as of 4/23/2024 8:33:10 AM ET

Women's 5000 Meters

1	42	Sara STEPHENSON	SR	#1 Johns Hopkins	17:14.20	4/14
2	84	Izzy NOBILLI	SO	#1 Johns Hopkins {2}	17:38.60	4/6
3		Adriana CATALANO	SO	#1 Johns Hopkins {3}	17:43.47	4/6
4		Aisling CALLAHAN	SO	#1 Johns Hopkins {4}	17:49.95	4/14
5		Amiyah PRIEBE	JR	#2 Dickinson	17:50.88	3/27
6		Triya ROY	SR	#1 Johns Hopkins {5}	17:58.39	4/14
7		Myra NAQVI	JR	#2 Dickinson {2}	18:06.53	3/27
8		Katherine FORSBERG	SR	#1 Johns Hopkins {6}	18:09.83	4/20
9		Bailey MULLEN	SR	#7 McDaniel	18:12.62	4/17
10		Cooper BROTHERTON	SO	#1 Johns Hopkins {7}	18:13.39	4/14

Women's 10,000 Meters

1	28	Izzy NOBILLI	SO	#1 Johns Hopkins	36:00.13	4/14
2	98	Anna WARMACK	SR	#1 Johns Hopkins {2}	38:30.64	4/14
3		Elyse TANCINI	FR	#5 Gettysburg	39:00.19	4/6
4		Sammy jo BARNES	SR	#2 Dickinson	39:00.55	4/14
5		Bella STENHOUSE	FR	#1 Johns Hopkins {3}	39:02.77	4/14
6		Sarah SMITH	SO	#5 Gettysburg {2}	39:23.40	4/6
7		Kyla LORDEN	SO	#5 Gettysburg {3}	41:24.39	4/6
8		Jem BERNEY	SO	#8 Muhlenberg	41:26.22	4/20
9		Emily TROUT	JR	#5 Gettysburg {4}	41:46.88	4/6
10		Julianna WATSON	JR	#9 Haverford	42:08.15	3/30

Women's 4x100 Relay

1	21	#Type!		#1 Johns Hopkins	47.98	4/20
2	27	Emerlee Simons, Darya Mikusova, Mariana Penuela, Sara Penuela		#2 Dickinson	48.15	4/17
3	78	#Type!		#4 Ursinus	49.56	3/30
4	83	#Type!		#7 McDaniel	49.70	4/20
5		#Type!		#6 Franklin & Marsh	50.39	4/20
6		#Type!		#9 Haverford	50.82	4/20
7		Shanice Williams, Sabrina Reichelt, Kayla Morisi, Maya Richwine		#8 Muhlenberg	50.87	4/20
8		#Type!		#5 Gettysburg	51.57	3/23
9		Novy Goetgeluk, Adjoa Acquaaah, Kayla Camille, Awurabena Anane		#10 Bryn Mawr	54.26	3/23

Women's 4x400 Relay

1	12	Lianne Saussy, Annie Huang, Lauren Phillips, Anna Zaeske		#1 Johns Hopkins	3:53.98	4/6
2	26	Darya Mikusova, Emerlee Simons, Mariana Penuela, Sara Penuela		#2 Dickinson	3:56.99	4/20
3	86	Olivia D'Aulerio, Dominique Monroy, Anastasia Jaycobs, Isabel Thornberry		#9 Haverford	4:08.37	4/13
4	88	#Type!		#3 Swarthmore	4:08.73	4/20
5	100	#Type!		#4 Ursinus	4:10.52	4/6
6		#Type!		#7 McDaniel	4:16.17	4/20
7		Lauren Dunnigan, Annalise Kauffman, Abby Bachman, Hanna Rubiales		#6 Franklin & Marsh	4:16.84	3/16
8		#Type!		#5 Gettysburg	4:19.49c (4:22.93)	3/23
9		Ellie Schumacher, Malin Just, Lukabed Bati, Cora Rosin		#10 Bryn Mawr	4:34.52	4/13
10		#Type!		#8 Muhlenberg	4:43.42	4/6

Women's High Jump

1	52	Avery MCNULTY	SO	#8 Muhlenberg	1.60m 5-3	4/13
1	52	Victoria KADIRI	SR	#1 Johns Hopkins	1.60m 5-3	4/14
3	84	Trelstad T	JR	#3 Swarthmore	1.58m 5-2¼	3/16
4		Abigail LOVELACE	FR	#1 Johns Hopkins {2}	1.55m 5-1	3/30
5		Jessica JOHNSON	SO	#10 Bryn Mawr	1.50m 4-11	4/6
6		Amanda TRASKA	SO	#4 Ursinus	1.47m 4-9¾	3/30
6		Hannah SWALE	SO	#3 Swarthmore {2}	1.47m 4-9¾	3/15
6		Alexa SCHAUDE	SR	#5 Gettysburg	1.47m 4-9¾	4/21
6		Aja MCBRIDE	FR	#4 Ursinus	1.47m 4-9¾	4/20
10		Allison HUELBIG	SO	#6 Franklin & Marsh	1.45m 4-9	3/23
10		Madison LIPPAY	FR	#4 Ursinus {3}	1.45m 4-9	4/6
10		Morgan MOORADIAN	JR	#2 Dickinson	1.45m 4-9	3/23

Women's Pole Vault

1	69	Sarah-Caulley SOTO	SO	#1 Johns Hopkins	3.40m 11-1¾	4/20
2		Bianca SKELTON	SR	#1 Johns Hopkins {2}	3.25m 10-8	4/20
2		Cassidy BROWN	JR	#1 Johns Hopkins {2}	3.25m 10-8	4/14
4		Sophia LEONE	FR	#7 McDaniel	3.10m 10-2	4/20
5		Alexa SCHAUDE	SR	#5 Gettysburg	3.05m 10-0	4/21
6		Juniper BAUROTH-SHERMAN	SO	#4 Ursinus	3.00m 9-10	3/30
7		Zelda HIRSCH	SO	#7 McDaniel {2}	2.90m 9-6¼	3/29
8		Sophia SPRINGER	SO	#3 Swarthmore	2.85m 9-4¼	4/20
8		Alice CREED	SR	#9 Haverford	2.85m 9-4¼	3/30
10		Stephani FRANKS	SR	#6 Franklin & Marsh	2.78m 9-1½	3/16



Conference TFRI Event Summary



Centennial

as of 4/23/2024 8:33:10 AM ET

Women's Long Jump

1	3	Victoria KADIRI	SR	#1 Johns Hopkins	5.95m	19-6¼ (1.5)	4/20
2	10	Rainah DUNHAM	SR	#4 Ursinus	5.73m	18-9¾ (0.0)	3/30
3	12	Sara PENUELA	SR	#2 Dickinson	5.67m	18-7¼ (1.2)	4/20
4	71	Mariana PENUELA	SR	#2 Dickinson	{2} 5.35m	17-6¾ (0.3)	4/17
5	78	Samantha WECHSLER	FR	#4 Ursinus	{2} 5.34mw	17-6¼ (2.2)	4/6
6	83	Chloe ZHANG	FR	#1 Johns Hopkins	{2} 5.33mw	17-6 (2.8)	4/20
7		Lydia MORRIS-KLIMENT	FR	#3 Swarthmore	5.21m	17-1¼ (0.0)	4/20
8		Shira GAMSON	SO	#8 Muhlenberg	5.15mw	16-10¾ (3.6)	4/13
9		Annie LEDER	JR	#2 Dickinson	{3} 5.13m	16-10 (0.0)	3/23
10		Alyssa ZHANG	SR	#3 Swarthmore	{2} 5.12m	16-9¾ (0.0)	4/20

Women's Triple Jump

1	1	Victoria KADIRI	SR	#1 Johns Hopkins	13.43m	44-¾ (1.5)	4/12
2	2	Rainah DUNHAM	JR	#4 Ursinus	12.51m	41-½ (1.7)	4/12
3	20	Sara BARTLETT	JR	#1 Johns Hopkins	{2} 11.75m	38-6¾ (1.8)	4/20
4	33	Samantha WECHSLER	FR	#4 Ursinus	{2} 11.53mw	37-10 (2.9)	4/14
5	84	Sophia GOODWIN	FR	#3 Swarthmore	11.06mw	36-3½ (2.1)	3/16
6		Shira GAMSON	SO	#8 Muhlenberg	10.88mw	35-8½ (3.3)	4/13
7		Hannah SWALE	SO	#3 Swarthmore	{2} 10.76m	35-3¾ (0.0)	4/20
8		Shanice WILLIAMS	SO	#8 Muhlenberg	{2} 10.69mw	35-1 (3.6)	3/30
9		Angel BIDGELL	JR	#7 McDaniel	10.68m	35-½ (1.1)	4/17
10		Alyssa ZHANG	SR	#3 Swarthmore	{3} 10.64m	34-11 (1.8)	3/16

Women's Shot Put

1	32	Erika EZUMBA	SO	#1 Johns Hopkins	13.07m	42-10¾	4/20
2	53	Tate GARCIA	SO	#3 Swarthmore	12.68m	41-7¼	4/13
3	91	Kelsey NEFF	SR	#1 Johns Hopkins	{2} 12.24m	40-2	3/30
4		Abby EVERETT	SR	#2 Dickinson	12.06m	39-6¾	3/27
5		Jacqueline ALLEN	SR	#4 Ursinus	11.88m	38-11¾	4/6
6		Victoria KADIRI	SR	#1 Johns Hopkins	{3} 11.58m	38-0	4/14
7		Phoebe WILLIAMS	SO	#1 Johns Hopkins	{4} 10.90m	35-9¼	4/20
7		Hilary GALLITO	JR	#1 Johns Hopkins	{4} 10.90m	35-9¼	4/20
9		Caroline GENSINGER	SO	#5 Gettysburg	10.86m	35-7¾	4/21
10		Hannah SWALE	SO	#3 Swarthmore	{2} 10.75m	35-3¼	4/20

Women's Discus

1	29	Lydia MORRIS-KLIMENT	FR	#3 Swarthmore	42.92m	140-10	4/20
2	73	Tate GARCIA	SO	#3 Swarthmore	{2} 39.94m	131-1	4/20
3	87	Abby EVERETT	SR	#2 Dickinson	39.37m	129-2	4/20
4		Erika EZUMBA	SO	#1 Johns Hopkins	35.84m	117-7	3/30
5		Damien LABRADA	FR	#2 Dickinson	{2} 33.69m	110-7	4/20
6		Lea DEL GRIPPO	FR	#5 Gettysburg	33.53m	110-0	4/21
7		Randi WOOD	FR	#4 Ursinus	33.04m	108-5	4/20
8		Phoebe WILLIAMS	SO	#1 Johns Hopkins	{2} 32.91m	108-0	4/12
9		Hannah QUINN	FR	#4 Ursinus	{2} 32.47m	106-7	3/30
10		Kelsey NEFF	SR	#1 Johns Hopkins	{3} 32.44m	106-5	4/20

Women's Hammer

1	76	Faith FEZENKO	SR	#8 Muhlenberg	46.89m	153-10	4/6
2		Abby EVERETT	SR	#2 Dickinson	44.50m	146-0	3/23
3		Erika EZUMBA	SO	#1 Johns Hopkins	42.70m	140-1	4/20
4		Jacqueline ALLEN	SR	#4 Ursinus	42.58m	139-9	4/6
5		Elizabeth AGYEI	JR	#3 Swarthmore	42.49m	139-5	3/30
6		Jenna DEEP	SO	#2 Dickinson	{2} 42.39m	139-1	4/17
7		Caroline GENSINGER	SO	#5 Gettysburg	41.29m	135-6	4/21
8		Tate GARCIA	SO	#3 Swarthmore	{2} 38.97m	127-10	4/20
9		Erica BORBI	JR	#8 Muhlenberg	{2} 37.46m	122-11	4/6
10		Megan BICKFORD	JR	#3 Swarthmore	{3} 36.23m	118-11	4/20

Women's Javelin

1	6	Holly FERRARA	SR	#5 Gettysburg	42.57m	139-8	4/21
2	17	Mackenzie WARD	FR	#6 Franklin & Marsh	40.22m	132-0	4/20
3		Trelstad T	JR	#3 Swarthmore	35.35m	116-0	4/6
4		Katrina BENNAGE	FR	#5 Gettysburg	{2} 34.92m	114-7	4/6
5		Hannah SWALE	SO	#3 Swarthmore	{2} 33.63m	110-4	4/20
6		Jill PROVAZNIK	JR	#3 Swarthmore	{3} 31.68m	103-11	3/30
7		Phoebe WILLIAMS	SO	#1 Johns Hopkins	31.66m	103-11	4/6
8		Amelia LANDRY	SO	#3 Swarthmore	{4} 31.54m	103-6	3/30
9		Carina BERITELA	SO	#1 Johns Hopkins	{2} 30.66m	100-7	4/20
10		Avery MCNULTY	SO	#8 Muhlenberg	29.73m	97-6½	4/20

Women's Heptathlon

1	5	Victoria KADIRI	SR	#1 Johns Hopkins	4,742	4/14
2	48	Hannah SWALE	SO	#3 Swarthmore	3,880	4/6
3	62	Samantha WECHSLER	FR	#4 Ursinus	3,675	4/6
4	75	Abigail LOVELACE	FR	#1 Johns Hopkins	{2} 3,507	4/14
5		Georgia MERCER	SO	#5 Gettysburg	2,868	4/12
6		Caroline HILL	FR	#3 Swarthmore	{2} 2,649	3/15
7		Lea DEL GRIPPO	FR	#5 Gettysburg	{2} 2,600	4/12
8		Juniper BAUROTH-SHERMAN	SO	#4 Ursinus	{2} 2,568	4/6
9		Emma SOMERS	SR	#1 Johns Hopkins	{3} 2,190	4/14
10		Sarah SONNTAG	FR	#3 Swarthmore	{3} 2,186	4/6



Conference TFRI Event Summary



CSAC

as of 4/23/2024 8:33:10 AM ET

Women's 100 Meters

1	Sarah RIVET	SR	#1 Alfred State	13.18	(0.2)	3/30
2	Madison SNAYCZUK	JR	#1 Alfred State	{2}13.91	(1.6)	4/6
3	Tashae SAMUELS	FR	#1 Alfred State	{3}14.66	(0.7)	4/19
4	Adrainna GILL	SO	#1 Alfred State	{4}14.92	(0.1)	3/30
5	Kathy GALINDO	FR	#1 Alfred State	{5}15.75	(0.7)	4/19

Women's 100 Meter Hurdles

1	Charis EVANS	FR	#1 Alfred State	19.30	(0.0)	4/13
2	Adrainna GILL	SO	#1 Alfred State	{2}20.29	(0.5)	4/19

Women's 200 Meters

1	Sarah RIVET	SR	#1 Alfred State	27.35	(-0.5)	3/30
2	Lily SCHNELL	SR	#1 Alfred State	{2}28.81w	(2.6)	4/19
3	Charis EVANS	FR	#1 Alfred State	{3}30.50w	(3.7)	4/6
4	Tashae SAMUELS	FR	#1 Alfred State	{4}31.24	(-1.4)	3/30
5	Kathy GALINDO	FR	#1 Alfred State	{5}33.64w	(3.7)	4/6

Women's 400 Meters

1	Oli KRAYNIK	FR	#1 Alfred State	1:01.86		4/19
2	Lily SCHNELL	SR	#1 Alfred State	{2}1:02.71		4/13
3	Sarah RIVET	SR	#1 Alfred State	{3}1:03.70		4/13
4	Adrainna GILL	SO	#1 Alfred State	{4}1:07.69		4/6
5	Isabelle POPOFF	SR	#1 Alfred State	{5}1:08.73		4/6
6	Charis EVANS	FR	#1 Alfred State	{6}1:12.09		3/30

Women's 400 Meter Hurdles

1	Charis EVANS	FR	#1 Alfred State	1:21.93		4/13
2	Adrainna GILL	SO	#1 Alfred State	{2}1:22.14		4/13

Women's 800 Meters

1	Isabelle POPOFF	SR	#1 Alfred State	2:27.92		4/19
2	Hailey KUMPF	FR	#1 Alfred State	{2}2:30.47		3/30
3	Olivia PLUMMER	FR	#1 Alfred State	{3}2:41.68		3/30

Women's 1500 Meters

1	Isabelle POPOFF	SR	#1 Alfred State	5:12.30		4/13
2	Hailey KUMPF	FR	#1 Alfred State	{2}5:20.23		4/6
3	Olivia PLUMMER	FR	#1 Alfred State	{3}5:47.67		4/13

Women's 4x100 Relay

1	Sarah Rivet, Oli Kraynik, Laura Walter, Madison Snayczuk	#1 Alfred State	51.17		4/19
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Women's 4x400 Relay

1	Isabelle Popoff, Olivia Plummer, Hailey Kumpf, Lily Schnell	#1 Alfred State	4:26.01		4/13
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Women's Pole Vault

1	Laura WALTER	SR	#1 Alfred State	2.75m	9-¼	4/6
2	Oli KRAYNIK	FR	#1 Alfred State	{2}2.60m	8-6¼	4/19

Women's Long Jump

1	Madison SNAYCZUK	JR	#1 Alfred State	5.14m	16-10½ (0.0)	4/19
2	Laura WALTER	SR	#1 Alfred State	{2}4.73m	15-6¼ (0.0)	4/19
3	Lily SCHNELL	SR	#1 Alfred State	{3}4.70m	15-5 (0.0)	3/30

Women's Triple Jump

1	Madison SNAYCZUK	JR	#1 Alfred State	10.78m	35-4½ (1.7)	4/13
2	Lily SCHNELL	SR	#1 Alfred State	{2}9.44m	30-11¾ (1.5)	4/19

Women's Shot Put

1	Jileena STEARNS	FR	#1 Alfred State	8.84m	29-0	4/6
2	Mackenzie GILLETTE	JR	#1 Alfred State	{2}6.99m	22-11¼	4/19
3	Jaelyn BENJAMIN	FR	#1 Alfred State	{3}6.65m	21-10	4/19

Women's Discus

1	Jileena STEARNS	FR	#1 Alfred State	24.06m	78-11¼	4/6
2	Mackenzie GILLETTE	JR	#1 Alfred State	{2}23.94m	78-6½	4/6
3	Jaelyn BENJAMIN	FR	#1 Alfred State	{3}17.86m	58-7¼	3/30
4	Gabi LEITE	FR	#1 Alfred State	{4}17.12m	56-2	4/6

Women's Hammer

1	Mackenzie GILLETTE	JR	#1 Alfred State	40.42m	132-8	4/19
2	Jileena STEARNS	FR	#1 Alfred State	{2}27.40m	89-10¾	4/19
3	Jaelyn BENJAMIN	FR	#1 Alfred State	{3}23.18m	76-¾	3/30

Women's Javelin

1	Mackenzie GILLETTE	JR	#1 Alfred State	17.07m	56-0	4/19
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USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



CUNYAC

as of 4/23/2024 8:33:10 AM ET

Women's 100 Meters

1	73 Diana BOA	SR	#4 York (N.Y.)	12.34	(1.4)	3/30
2	Imani RICHARDSON	FR	#2 Medgar Evers	13.26	(0.6)	4/13
3	Katryna FRANCOIS	SO	#4 York (N.Y.)	{2} 13.52	(1.5)	4/20
4	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 13.56	(-1.0)	3/23
5	Alyssa ABRAHAMS	SO	#1 Hunter	13.63	(0.0)	4/20
6	Colby CORLEY	FR	#5 Lehman	13.91	(1.5)	4/20
7	Imani GIBSON	FR	#4 York (N.Y.)	{3} 14.35	(0.9)	4/20
8	Jennifer METRA	FR	#2 Medgar Evers	{3} 14.39	(0.0)	3/30
8	Tahlea MURRAY	FR	#1 Hunter	{2} 14.39	(1.3)	3/30
10	Deja DAVIS	FR	#2 Medgar Evers	{4} 14.56	(-0.5)	4/20

Women's 100 Meter Hurdles

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	18.37	(-2.1)	4/20
2	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 19.39	(-2.1)	4/20
3	Rubilyn NAVARRO	SO	#1 Hunter	19.70	(1.0)	4/20
4	Becky LI	FR	#1 Hunter	{2} 20.33	(-2.1)	4/7
5	Tahlea MURRAY	FR	#1 Hunter	{3} 21.38	(-1.5)	4/7
6	Helen DAI	SR	#1 Hunter	{4} 21.45	(-0.9)	4/7
7	Lambert JADA	FR	#2 Medgar Evers	{3} 22.04	(-1.5)	4/7
8	Angelina BROWN	FR	#3 CCNY	22.99	(-0.9)	4/19
9	Flor DOMINGUEZ	FR	#3 CCNY	{2} 24.66	(-0.9)	4/19

Women's 200 Meters

1	18 Diana BOA	SR	#4 York (N.Y.)	24.81w	(2.7)	3/30
2	Imani RICHARDSON	FR	#2 Medgar Evers	27.69	(0.0)	3/30
3	Katryna FRANCOIS	SO	#4 York (N.Y.)	{2} 28.05	(1.2)	4/20
4	Alyssa ABRAHAMS	SO	#1 Hunter	28.32	(1.1)	4/20
5	Isabella MOSELEY	FR	#1 Hunter	{2} 28.78	(-0.6)	4/20
6	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 28.95	(1.2)	4/6
7	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	{3} 29.18	(-1.4)	4/20
8	Colby CORLEY	FR	#5 Lehman	29.82	(-0.5)	3/30
9	Camille CARRASCO	FR	#3 CCNY	30.23	(0.0)	4/19
10	Imani GIBSON	FR	#4 York (N.Y.)	{3} 30.42	(0.0)	4/19

Women's 400 Meters

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	1:05.27		4/6
2	Katryna FRANCOIS	SO	#4 York (N.Y.)	1:05.52		4/12
3	Isabella MOSELEY	FR	#1 Hunter	1:07.98		4/20
4	Camille CARRASCO	FR	#3 CCNY	1:09.26		4/19
5	Nana SAMAKE	SO	#2 Medgar Evers	{2} 1:10.64		3/30
6	Imani GIBSON	FR	#4 York (N.Y.)	{2} 1:11.08		4/19
7	Colby CORLEY	FR	#5 Lehman	1:11.44		3/30
8	Flor DOMINGUEZ	FR	#3 CCNY	{2} 1:16.29		4/19
9	Lambert JADA	FR	#2 Medgar Evers	{3} 1:17.94		4/7
10	Amariah EMANUEL-TAYLER	SO	#5 Lehman	{2} 1:18.36		3/30

Women's 400 Meter Hurdles

1	Desireth RAMIREZ	FR	#2 Medgar Evers	1:25.33		4/7
2	Angelina BROWN	FR	#3 CCNY	1:26.73		4/7
3	Helen DAI	SR	#1 Hunter	1:27.65		3/30
4	Lambert JADA	FR	#2 Medgar Evers	{2} 1:29.57		3/30
5	Flor DOMINGUEZ	FR	#3 CCNY	{2} 1:29.91		4/19
6	Caera BEIGHTOL	FR	#1 Hunter	{2} 1:39.49		4/20
7	Lilliana KHDIR	FR	#1 Hunter	{3} 1:46.16		4/20

Women's 800 Meters

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	2:42.45		3/30
2	Nana SAMAKE	SO	#2 Medgar Evers	{2} 2:48.25		4/13
3	Katryna FRANCOIS	SO	#4 York (N.Y.)	2:49.64		3/30
4	Irving JIANG	JR	#1 Hunter	2:52.20		3/30
5	Arlene SUZANA	JR	#5 Lehman	2:57.26		4/7
6	Isabelle ASHPOLE	FR	#3 CCNY	3:09.67		3/30
7	Flor DOMINGUEZ	FR	#3 CCNY	{2} 3:13.91		4/7

Women's 1500 Meters

1	Samantha SURIEL	JR	#1 Hunter	5:38.30		3/24
2	Nana SAMAKE	SO	#2 Medgar Evers	5:44.57		4/7
3	Arlene SUZANA	JR	#5 Lehman	5:52.70		4/7
4	Irving JIANG	JR	#1 Hunter	{2} 6:10.41		3/24
5	Isabelle ASHPOLE	FR	#3 CCNY	6:25.20		4/19
6	Katryna FRANCOIS	SO	#4 York (N.Y.)	6:38.63		3/24
7	Imani GIBSON	FR	#4 York (N.Y.)	{2} 6:48.20		3/24
8	Rawnaa ELSHITA	SR	#1 Hunter	{3} 7:21.60		3/30
9	Keanna CLOUDEN	JR	#4 York (N.Y.)	{3} 7:42.22		3/24
10	Peta-Gay HUNTER	SO	#4 York (N.Y.)	{4} 7:54.37		3/24

Women's Steeplechase

1	Arlene SUZANA	JR	#5 Lehman	14:02.04		4/7
2	Irving JIANG	JR	#1 Hunter	15:29.94		4/20
3	Rawnaa ELSHITA	SR	#1 Hunter	{2} 17:28.96		4/20
4	Lambert JADA	FR	#2 Medgar Evers	17:34.99		4/7
5	Caera BEIGHTOL	FR	#1 Hunter	{3} 17:59.53		4/7
6	Mehnoor YOUSAF	SR	#1 Hunter	{4} 20:50.35		4/7
7	Adacia SCOTLAND	FR	#2 Medgar Evers	{2} 28:05.23		4/20

Women's 5000 Meters

1	Arlene SUZANA	JR	#5 Lehman	21:08.87		3/30
2	Touka MEDJOUBI	FR	#1 Hunter	21:34.52		4/20
3	Samantha SURIEL	JR	#1 Hunter	{2} 21:47.82		4/7
4	Nana SAMAKE	SO	#2 Medgar Evers	21:48.73		4/6
5	Irving JIANG	JR	#1 Hunter	{3} 24:02.73		4/7
6	Isabelle ASHPOLE	FR	#3 CCNY	24:09.57		4/7



Conference TFRI Event Summary



CUNYAC

as of 4/23/2024 8:33:10 AM ET

Women's 10,000 Meters

1	Touka MEDJOUBI	FR	#1 Hunter	42:10.17	3/24
2	Wendy MONTIEL	JR	#1 Hunter	{2} 45:23.78	4/20
3	Samantha SURIEL	JR	#1 Hunter	{3} 46:13.14	4/20
4	Nana SAMAKE	SO	#2 Medgar Evers	48:47.48	3/24
5	Rawnaa ELSHITA	SR	#1 Hunter	{4} 50:46.48	3/24
6	Isabelle ASHPOLE	FR	#3 CCNY	52:55.10	3/24
7	Maisha ISLAM	FR	#3 CCNY	{2} 1:06:44	3/24

Women's 4x100 Relay

1	Jennifer Metra, Aaliyah Bartholomew, Desireth Ramirez, Imani Richardson		#2 Medgar Evers	53.82	3/30
2	Colby Corley, Arlene Suzana, Nidia Nelson, Amariah Emanuel- Tayler		#5 Lehman	57.24	4/20
3	Katryna Francois, Keanna Clouden, Imani Gibson, Peta- Gay Hunter		#4 York (N.Y.)	58.68	4/20
4	Flor Dominguez, Angelina Brown, Leondra Craig, Kaylin Soto		#3 CCNY	1:00.66	3/30

Women's 4x400 Relay

1	Aaliyah Bartholomew, Nana Samake, Lambert Jada, Jennifer Metra		#2 Medgar Evers	4:56.77	4/7
2	Isabelle Ashpole, Angelina Brown, Dashawna Brown, Camille Carrasco		#3 CCNY	5:07.64	4/12
3	Imani Gibson, Peta- Gay Hunter, Katryna Francois, Keanna Clouden		#4 York (N.Y.)	5:16.09	4/12

Women's High Jump

1	Daria NIEBRZYDOWSKI	SO	#1 Hunter	1.55m	5-1	4/7
2	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	1.37m	4-6	4/19
3	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 1.35m	4-5	4/20
4	Rubilyn NAVARRO	SO	#1 Hunter	{2} 1.32m	4-4	3/24
5	Leondra CRAIG	JR	#3 CCNY	1.30m	4-3½	4/7
6	Leila NOURI	FR	#1 Hunter	{3} 1.27m	4-2	3/24
6	Becky LI	FR	#1 Hunter	{3} 1.27m	4-2	3/24
8	Lambert JADA	FR	#2 Medgar Evers	{3} 1.25m	4-1½	4/7
9	Jennifer METRA	FR	#2 Medgar Evers	{4} 1.22m	4-0	3/23
9	Lilliana KHDIR	FR	#1 Hunter	{5} 1.22m	4-0	3/24

Women's Long Jump

1	Rasheeda GURLEY	SR	#4 York (N.Y.)	5.17mw	16-11½ (2.2)	3/30
2	Tahlea MURRAY	FR	#1 Hunter	4.71m	15-5½ (-1.9)	3/30
2	Desireth RAMIREZ	FR	#2 Medgar Evers	4.71m	15-5½ (0.3)	4/7
2	Rubilyn NAVARRO	SO	#1 Hunter	4.71m	15-5½ (0.0)	4/20
5	Imani RICHARDSON	FR	#2 Medgar Evers	{2} 4.62m	15-2 (0.0)	4/7
6	Becky LI	FR	#1 Hunter	{3} 4.48m	14-8½ (0.0)	4/20
7	Daria NIEBRZYDOWSKI	SO	#1 Hunter	{4} 4.45m	14-7¼ (-2.0)	3/30
8	Kaylin SOTO	SO	#3 CCNY	4.30m	14-1¼ (1.6)	4/19
9	Deja DAVIS	FR	#2 Medgar Evers	{3} 4.17m	13-8¼ (-1.0)	4/6
10	Imani GIBSON	FR	#4 York (N.Y.)	{2} 3.99m	13-1¼ (1.1)	4/19

Women's Triple Jump

1	Daria NIEBRZYDOWSKI	SO	#1 Hunter	9.81m	32-2¼ (0.0)	4/7
2	Tahlea MURRAY	FR	#1 Hunter	{2} 9.76m	32-¼ (-0.2)	3/30
3	Desireth RAMIREZ	FR	#2 Medgar Evers	9.71m	31-10¼ (1.6)	4/6
4	Rubilyn NAVARRO	SO	#1 Hunter	{3} 9.02m	29-7¼ (1.3)	4/7
5	Lambert JADA	FR	#2 Medgar Evers	{2} 8.60m	28-2¾ (0.7)	4/7
6	Deja DAVIS	FR	#2 Medgar Evers	{3} 7.96m	26-1½ (1.3)	4/7

Women's Shot Put

1	Serena WARNER	JR	#3 CCNY	9.64m	31-7½	4/19
2	Nia BUTLER	FR	#2 Medgar Evers	8.82m	28-11¼	3/30
3	Nidia NELSON	SO	#5 Lehman	8.62m	28-3½	4/12
4	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	{2} 8.39m	27-6½	3/30
5	Camaya SEALY	FR	#2 Medgar Evers	{3} 8.20m	26-11	4/7
6	Karina TAN	JR	#1 Hunter	8.04m	26-4½	3/24
7	Torey RICHARDS	FR	#2 Medgar Evers	{4} 7.92m	26-0	4/20
8	Nadia DALEY	FR	#4 York (N.Y.)	7.85m	25-9¼	4/20
8	Jada CLAYTON	FR	#2 Medgar Evers	{5} 7.85m	25-9¼	4/13
10	Leondra CRAIG	JR	#3 CCNY	{2} 7.66m	25-1¾	4/7

Women's Discus

1	Serena WARNER	JR	#3 CCNY	26.25m	86-1½	4/19
2	Torey RICHARDS	FR	#2 Medgar Evers	24.90m	81-8½	4/20
3	Jada CLAYTON	FR	#2 Medgar Evers	{2} 23.68m	77-8¼	4/20
4	Leondra CRAIG	JR	#3 CCNY	{2} 23.02m	75-6¼	3/30
5	Karina TAN	JR	#1 Hunter	22.07m	72-5	4/7
6	Nia NOVOTNY	FR	#1 Hunter	{2} 21.09m	69-2½	4/7
7	Raine WILLIAMS	FR	#2 Medgar Evers	{3} 21.06m	69-1¼	4/13
8	Nia BUTLER	FR	#2 Medgar Evers	{4} 21.03m	69-0	4/19
9	Mariam KONATE	SO	#5 Lehman	18.55m	60-10½	4/7
10	Isabella MOSELEY	FR	#1 Hunter	{3} 18.17m	59-7½	4/7



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



CUNYAC

as of 4/23/2024 8:33:10 AM ET

Women's Hammer

1	Nidia NELSON	SO	#5 Lehman	35.56m	116-8	3/30
2	Nia BUTLER	FR	#2 Medgar Evers	27.88m	91-5¾	4/20
3	Jada CLAYTON	FR	#2 Medgar Evers	{2} 26.20m	85-11½	4/13
4	Karina TAN	JR	#1 Hunter	24.63m	80-9¾	4/7
5	Torey RICHARDS	FR	#2 Medgar Evers	{3} 21.54m	70-8	4/20
6	Raine WILLIAMS	FR	#2 Medgar Evers	{4} 19.99m	65-7	4/20
7	Sofia CAMPOS	FR	#3 CCNY	18.65m	61-2¼	4/19
8	Adacia SCOTLAND	FR	#2 Medgar Evers	{5} 16.60m	54-5½	4/20
9	Rawnaa ELSHITA	SR	#1 Hunter	{2} 16.31m	53-6¼	4/7
10	Leondra CRAIG	JR	#3 CCNY	{2} 13.17m	43-2½	4/7

Women's Javelin

1	Leondra CRAIG	JR	#3 CCNY	28.92m	94-10¾	3/30
2	Nia NOVOTNY	FR	#1 Hunter	26.44m	86-9	3/24
3	Kaylin SOTO	SO	#3 CCNY	{2} 22.93m	75-2¾	4/19
4	Raine WILLIAMS	FR	#2 Medgar Evers	20.86m	68-5¼	4/20
5	Nidia NELSON	SO	#5 Lehman	20.76m	68-1½	4/20
6	Camaya SEALY	FR	#2 Medgar Evers	{2} 19.66m	64-6	4/19
7	Rawnaa ELSHITA	SR	#1 Hunter	{2} 17.70m	58-1	3/24
8	Alisha ADAMS	FR	#4 York (N.Y.)	17.57m	57-7¾	4/7
9	Torey RICHARDS	FR	#2 Medgar Evers	{3} 16.48m	54-1	4/6
10	Karina TAN	JR	#1 Hunter	{3} 14.83m	48-8	4/7



Conference TFRI Event Summary



Empire 8

as of 4/23/2024 8:33:10 AM ET

Women's 100 Meters

1	61	Mackenzie MIX	JR	#2 Utica	12.31	(1.5)	4/20
2		Victoria BREWSTER	SO	#4 Houghton	12.56w	(2.3)	4/7
3		Alaina MORLEY	SO	#1 Nazareth	12.70	(0.0)	4/13
4		Alexis LASHER	SO	#1 Nazareth	{2} 12.81	(0.0)	4/13
5		Pepita GRAHAM	FR	#6 Hartwick	12.87w	(2.9)	4/6
6		Zeniyah GHOLSON	SO	#2 Utica	{2} 13.04w	(2.9)	4/6
7		Laura MEADE	SR	#2 Utica	{3} 13.09w	(2.9)	4/6
8		Ayjah CLARKE	SR	#2 Utica	{4} 13.17w	(2.9)	4/6
9		Jasmine KENDRICK	FR	#1 Nazareth	{3} 13.25	(1.1)	4/7
10		Hannah RAGULE	SR	#1 Nazareth	{4} 13.26	(0.2)	3/30

Women's 100 Meter Hurdles

1		Anne SPILA	JR	#5 Alfred	15.70	(0.8)	3/30
2		Stefania GRIMALDI	FR	#2 Utica	16.20	(2.0)	3/30
3		Samantha LUBA	SO	#1 Nazareth	16.23	(1.9)	4/13
3		Alyssa YOUNGS	FR	#2 Utica	{2} 16.23w	(2.8)	4/20
5		Amelia PETERSEN	FR	#2 Utica	{3} 16.61w	(2.5)	4/20
6		Laura MEADE	SR	#2 Utica	{4} 17.03w	(2.4)	4/20
7		Olivia JENSEN	FR	#2 Utica	{5} 17.07	(0.8)	4/13
8		Hannah RAGULE	SR	#1 Nazareth	{2} 17.24	(1.2)	4/7
9		Bianca DURSO	SR	#5 Alfred	{2} 17.35	(0.5)	4/6
10		Mallory RICE	FR	#1 Nazareth	{3} 17.52	(1.1)	3/30

Women's 200 Meters

1		Mackenzie MIX	JR	#2 Utica	25.90	(0.8)	4/13
2		Victoria BREWSTER	SO	#4 Houghton	26.19	(0.6)	4/7
3		Alaina MORLEY	SO	#1 Nazareth	26.43	(0.4)	4/13
4		Abrianna WADLEY	JR	#2 Utica	{2} 26.61w	(2.3)	4/20
5		Alexis LASHER	SO	#1 Nazareth	{2} 26.83	(1.4)	4/13
6		Grace DOLAN	FR	#3 St. John Fisher	27.38	(-1.1)	4/7
7		Jasmine KENDRICK	FR	#1 Nazareth	{3} 27.51	(1.4)	4/13
8		Janaiya CRUZ-BERMEDEZ	SR	#2 Utica	{3} 27.53w	(2.8)	4/6
9		Lauren BENDALL	SR	#1 Nazareth	{4} 27.59	(-0.5)	4/13
10		Alyssa YOUNGS	FR	#2 Utica	{4} 27.67w	(2.3)	4/20

Women's 400 Meters

1		Mackenzie MIX	JR	#2 Utica	58.72		4/13
2		Olivia GILBERT	SR	#5 Alfred	59.51		3/30
3		Isabella HEATH	SR	#1 Nazareth	1:01.09		4/7
4		Janaiya CRUZ-BERMEDEZ	SR	#2 Utica	{2} 1:01.41		4/20
5		Grace DOLAN	FR	#3 St. John Fisher	1:02.16		4/7
6		Alexis LASHER	SO	#1 Nazareth	{2} 1:02.47		4/7
7		Zoe RAINVILLE	FR	#5 Alfred	{2} 1:02.59		4/19
8		Sophia LEACH	FR	#3 St. John Fisher	{2} 1:03.50		4/13
9		Kennedy ROSE	FR	#1 Nazareth	{3} 1:04.23		3/30
10		Jordan WAGNER	FR	#1 Nazareth	{4} 1:04.97		4/20

Women's 400 Meter Hurdles

1		Alyssa YOUNGS	FR	#2 Utica	1:08.13		3/30
2		Mackenzie MIX	JR	#2 Utica	{2} 1:08.89		3/30
3		Lauren BENDALL	SR	#1 Nazareth	1:08.97		3/30
4		Samantha LUBA	SO	#1 Nazareth	{2} 1:10.21		3/30
5		Sophia LEACH	FR	#3 St. John Fisher	1:10.61		4/7
6		Olivia JENSEN	FR	#2 Utica	{3} 1:11.61		4/20
7		Hayly FREDRICKSON	JR	#3 St. John Fisher	{2} 1:11.94		4/20
8		Mallory RICE	FR	#1 Nazareth	{3} 1:12.10		3/30
9		Annabelle TOWNSEND	JR	#5 Alfred	1:12.73		4/19
10		Tirzah SPIVEY	SO	#7 Sage Colleges	1:12.91		3/30

Women's 800 Meters

1	90	Olivia GILBERT	SR	#5 Alfred	2:17.63		4/14
2		Jade DENING	JR	#2 Utica	2:23.55		4/20
3		Ella IMPAGLIA	SO	#1 Nazareth	2:23.86		4/20
4		Caitlin VOLOSHEN	SO	#3 St. John Fisher	2:25.23		3/29
5		Kyra BINNEY	SO	#4 Houghton	2:26.74		4/19
6		Allison LIST	SO	#3 St. John Fisher	{2} 2:26.76		4/14
7		Kelsey FAHY	FR	#1 Nazareth	{2} 2:26.80		4/20
8		Maggie BACON	FR	#3 St. John Fisher	{3} 2:27.12		4/14
9		Paige ACKLEY	SR	#1 Nazareth	{3} 2:27.83		4/20
10		Olivia GRINNELL	SO	#3 St. John Fisher	{4} 2:28.72		4/7

Women's 1500 Meters

1		Noelle LINENFELSER	SO	#4 Houghton	4:59.96		4/7
2		Tabitha CLARK	JR	#4 Houghton	{2} 5:00.82		4/14
3		Ella IMPAGLIA	SO	#1 Nazareth	5:00.96		4/14
4		Olivia GRINNELL	SO	#3 St. John Fisher	5:01.05		4/14
5		Emily WEAVER	SR	#1 Nazareth	{2} 5:03.31		4/20
6		Bailey VISINGARD	FR	#1 Nazareth	{3} 5:04.90		4/13
7		Caitlin VOLOSHEN	SO	#3 St. John Fisher	{2} 5:05.23		4/14
8		Lauren DEMICHELE	SR	#3 St. John Fisher	{3} 5:05.57		4/13
9		Morgan POSPIECH	FR	#1 Nazareth	{4} 5:07.35		4/13
10		Paige ACKLEY	SR	#1 Nazareth	{5} 5:07.98		4/7

Women's Steeplechase

1		Ella IMPAGLIA	SO	#1 Nazareth	11:44.41		4/7
2		Emily WEAVER	SR	#1 Nazareth	{2} 11:47.48		4/14
3		Caitlin VOLOSHEN	SO	#3 St. John Fisher	11:56.44		4/7
4		Bailey VISINGARD	FR	#1 Nazareth	{3} 11:56.53		4/7
5		Allison LIST	SO	#3 St. John Fisher	{2} 12:18.99		4/20
6		Sabrina ANTONINI	JR	#3 St. John Fisher	{3} 12:59.56		4/7
7		Megan O'MALLEY	FR	#3 St. John Fisher	{4} 13:49.15		4/20
8		Maggie DOLLOFF	JR	#3 St. John Fisher	{5} 13:49.39		4/7
9		Emma WENDT	FR	#1 Nazareth	{4} 14:46.64		4/7
10		Sophie RIDGWAY	JR	#6 Hartwick	16:18.18		4/20



Conference TFRI Event Summary



Empire 8

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Women's 5000 Meters

1	Lauren DEMICHELE	SR	#3 St. John Fisher	18:14.00	4/7
2	Riley JAMESON	JR	#3 St. John Fisher {2}	18:23.59	4/7
3	Ella IMPAGLIA	SO	#1 Nazareth	18:44.20	3/30
4	Elizabeth INGELLIS	JR	#7 Sage Colleges	18:45.55	3/30
5	Noelle LINENFELSER	SO	#4 Houghton	18:48.40	4/14
6	McKenzie HALL	SR	#5 Alfred	18:58.93	3/30
7	Lilianna HANNING	SR	#1 Nazareth {2}	19:13.01	4/14
8	Jade DENING	JR	#2 Utica	19:24.30	4/20
9	Kennedy DORAN	FR	#1 Nazareth {3}	19:25.52	4/13
10	Bailey VISINGARD	FR	#1 Nazareth {4}	19:31.60	3/30

Women's 10,000 Meters

1	Riley JAMESON	JR	#3 St. John Fisher	38:53.39	4/13
2	Lauren DEMICHELE	SR	#3 St. John Fisher {2}	39:00.39	3/30
3	Elizabeth INGELLIS	JR	#7 Sage Colleges	39:04.82	4/6
4	Noelle LINENFELSER	SO	#4 Houghton	39:51.46	3/30
5	Lilianna HANNING	SR	#1 Nazareth	40:10.97	3/30
6	Laura WITT	SR	#3 St. John Fisher {3}	40:24.45	3/30
7	Kennedy DORAN	FR	#1 Nazareth {2}	40:47.75	3/30
8	Lauren ALMY	SR	#3 St. John Fisher {4}	41:34.44	4/13
9	Abigail PERRY	SR	#3 St. John Fisher {5}	42:15.11	4/13
10	Meghan MOYER	FR	#1 Nazareth {3}	42:57.08	3/30

Women's 4x100 Relay

1	98 Zeniyah Gholson, Abrianna Wadley, Laura Meade, Mackenzie Mix	#2 Utica	49.94	4/13
2	Alexis Lasher, Alaina Morley, Caitlyn Smithers, Jasmine Kendrick	#1 Nazareth	50.87	4/7
3	Hayly Fredrickson, Ashley Holt, Sophia Leach, Allison Lennebacker	#3 St. John Fisher	54.57	4/20
4	Giovanna Wall, Molly Corbett, Atticus Dinsmore, Destiny Carter	#6 Hartwick	55.03	4/20

Women's 4x400 Relay

1	Shiana Susa, Alexis Lasher, Kennedy Rose, Isabella Heath	#1 Nazareth	4:18.14	3/30
2	Annabelle Townsend, Anne Spila, Sarah Lutkins, Bianca Durso	#5 Alfred	4:24.18	3/30
3	Kyra Binney, Noelle Linenfelser, Tabitha Clark, Aria Larson	#4 Houghton	4:25.90	4/19
4	Noella Burlette, Jade Dening, Kamryn Williams, Emma Zacharewicz	#2 Utica	4:33.67	4/13
5	Giuliana Capparello, Mackenzie Feeney, Charisma Losee, Tirzah Spivey	#7 Sage Colleges	4:45.46	3/30
6	Giovanna Wall, Destiny Carter, Atticus Dinsmore, Stephanie Cohen	#6 Hartwick	5:22.37	4/13

Women's High Jump

1	97 Bianca DURSO	SR	#5 Alfred	1.57m	5-1¾	4/6
1	97 Hannah ALLISON	FR	#2 Utica	1.57m	5-1¾	4/20
3	Abrianna WADLEY	JR	#2 Utica {2}	1.54m	5-½	4/20
4	Alaina MORLEY	SO	#1 Nazareth	1.52m	4-11¾	4/20
5	Sarah MERRIWETHER	SR	#1 Nazareth {2}	1.50m	4-11	3/30
6	Claudia VOGEL	SR	#3 St. John Fisher	1.48m	4-10¼	4/13
7	Mary CLAIRE ROLLINS	FR	#3 St. John Fisher {2}	1.47m	4-9¾	4/20
8	Samantha LUBA	SO	#1 Nazareth {3}	1.45m	4-9	4/13
9	Sydney LASALLE	SO	#1 Nazareth {4}	1.42m	4-7¾	4/20
9	Jada ANTHONY	SO	#2 Utica {3}	1.42m	4-7¾	4/6

Women's Pole Vault

1	56 Kiara TORNUSCIOLO	SO	#1 Nazareth	3.46m	11-4¼	4/13
1	56 Rosie MORSE	SO	#1 Nazareth	3.46m	11-4¼	4/13
3	96 Isabel MORSE	SO	#1 Nazareth {3}	3.31m	10-10¼	4/7
4	Emily FRECH	JR	#3 St. John Fisher	3.25m	10-8	4/20
5	Cassandra WOOD	FR	#2 Utica	2.95m	9-8	4/20
6	Sofie FISCHLER	JR	#1 Nazareth {4}	2.86m	9-4½	4/7
6	Lauren BENDALL	SR	#1 Nazareth {4}	2.86m	9-4½	4/7
8	Maizie POULAKIS	FR	#2 Utica {2}	2.85m	9-4¼	4/6
9	Caitlyn SMITHERS	FR	#1 Nazareth {6}	2.71m	8-10¾	4/7
10	Jayle LEONARD	FR	#2 Utica {3}	2.60m	8-6¼	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



Empire 8

as of 4/23/2024 8:33:11 AM ET

Women's Long Jump

1	36	Nora DEVITT	JR	#2 Utica	5.52m	18-1½ (0.9)	4/13
2	64	Veronica DUELL	JR	#3 St. John Fisher	5.38m	17-8 (-1.8)	4/13
3		Stefania GRIMALDI	FR	#2 Utica	{2} 5.29m	17-4¼ (0.9)	4/13
4		Alaina MORLEY	SO	#1 Nazareth	5.27m	17-3½ (-0.4)	4/7
5		Isabella HEATH	SR	#1 Nazareth	{2} 5.25m	17-2¾ (-2.3)	4/20
6		Samantha LUBA	SO	#1 Nazareth	{3} 5.09m	16-8½ (1.4)	4/13
7		Jasmine KENDRICK	FR	#1 Nazareth	{4} 5.08m	16-8 (-1.6)	4/7
8		Alyssa YOUNGS	FR	#2 Utica	{3} 5.03m	16-6 (1.7)	3/30
9		Michaela KURBS	SR	#3 St. John Fisher	{2} 5.02m	16-5¾ (-1.9)	4/20
9		Victoria BREWSTER	SO	#4 Houghton	5.02mw	16-5¾ (2.5)	4/19

Women's Triple Jump

1	52	Isabella HEATH	SR	#1 Nazareth	11.27m	36-11¾ (1.2)	3/30
2	62	Nora DEVITT	JR	#2 Utica	11.18m	36-8¼ (1.8)	4/13
3	95	Zeniyah GHOLSON	SO	#2 Utica	{2} 11.00m	36-1¼ (0.8)	4/13
4		Alyssa YOUNGS	FR	#2 Utica	{3} 10.94m	35-10¾ (1.7)	3/30
5		Sydney LASALLE	SO	#1 Nazareth	{2} 10.75m	35-3¼ (1.2)	3/30
6		Hannah RAGULE	SR	#1 Nazareth	{3} 10.70m	35-1¼ (1.6)	3/30
7		Sophia BRUCE	FR	#2 Utica	{4} 10.66m	34-11¾ (1.0)	3/30
8		Samantha LUBA	SO	#1 Nazareth	{4} 10.49m	34-5 (1.4)	4/20
9		Nyasia MARSH	FR	#2 Utica	{5} 10.44m	34-3 (1.3)	4/13
10		Mallory RICE	FR	#1 Nazareth	{5} 10.29mw	33-9¼ (2.5)	4/13

Women's Shot Put

1	4	Jane FAHY	SR	#2 Utica	14.42m	47-3¾	4/19
2	43	Makenna KING	SR	#3 St. John Fisher	12.85m	42-2	4/13
3	86	Madison PALMER	SR	#4 Houghton	12.26m	40-2¾	3/30
4		Erin MCGUINNESS	SO	#3 St. John Fisher	{2} 11.76m	38-7	4/7
5		Allie CARY	FR	#2 Utica	{2} 11.41m	37-5¼	4/20
6		Riley KING	FR	#2 Utica	{3} 10.48m	34-4¾	4/20
7		Emily ROLINCE	FR	#1 Nazareth	10.41m	34-2	4/7
8		Morgan COLLAZO	JR	#3 St. John Fisher	{3} 10.30m	33-9½	4/13
9		Lea RICHARD	SR	#1 Nazareth	{2} 10.12m	33-2½	4/7
10		Anne SPILA	JR	#5 Alfred	10.07m	33-½	4/19

Women's Discus

1	16	Makenna KING	SR	#3 St. John Fisher	44.17m	144-11	3/29
2	34	Allie CARY	FR	#2 Utica	42.41m	139-2	4/13
3	78	Jane FAHY	SR	#2 Utica	{2} 39.63m	130-0	4/20
4		Erin MCGUINNESS	SO	#3 St. John Fisher	{2} 35.73m	117-3	4/20
5		Hailey HROUDA	FR	#2 Utica	{3} 34.44m	113-0	4/13
6		Emily ROLINCE	FR	#1 Nazareth	33.65m	110-5	4/7
7		Sarah FLORIAN	SO	#2 Utica	{4} 32.98m	108-3	3/30
8		Lea RICHARD	SR	#1 Nazareth	{2} 32.24m	105-9	4/13
9		Madison PALMER	SR	#4 Houghton	31.73m	104-1	4/7
10		Morgan COLLAZO	JR	#3 St. John Fisher	{3} 30.38m	99-8¼	4/7

Women's Hammer

1	26	Lea RICHARD	SR	#1 Nazareth	51.37m	168-7	4/7
2		Anna STEED	SO	#3 St. John Fisher	45.38m	148-11	4/20
3		Riley KING	FR	#2 Utica	45.14m	148-1	4/13
4		Makenna KING	SR	#3 St. John Fisher	{2} 45.12m	148-1	4/7
5		Jazelle MCINTYRE	SO	#3 St. John Fisher	{3} 43.32m	142-2	4/7
6		Emilia COSTELLO	JR	#2 Utica	{2} 41.72m	136-11	4/6
7		Madison PALMER	SR	#4 Houghton	41.44m	136-0	4/7
8		Allie CARY	FR	#2 Utica	{3} 41.31m	135-7	4/13
9		Hailey HROUDA	FR	#2 Utica	{4} 39.82m	130-8	4/20
10		Ranasia BAILEY	SO	#2 Utica	{5} 39.77m	130-6	4/13

Women's Javelin

1		Delaney PRATHER	FR	#5 Alfred	34.23m	112-4	3/30
2		Laura MEADE	SR	#2 Utica	29.87m	98-0	4/13
3		Abigail NUZZO	SO	#4 Houghton	29.56m	96-11¾	3/30
4		Claudia VOGEL	SR	#3 St. John Fisher	29.37m	96-4¼	4/13
5		Anne SPILA	JR	#5 Alfred	{2} 29.03m	95-3	4/19
6		Ranasia BAILEY	SO	#2 Utica	{2} 28.37m	93-1	4/6
7		Elaina FURTADO-RAHILL	FR	#2 Utica	{3} 28.13m	92-3½	4/13
8		Abbey CONQUEST	JR	#1 Nazareth	28.02m	91-11¼	4/20
9		Lauren BENDALL	SR	#1 Nazareth	{2} 27.99m	91-10	4/20
10		Zoe Jane ROBERTS	FR	#2 Utica	{4} 27.19m	89-2½	4/6

Women's Heptathlon

1	61	Alyssa YOUNGS	FR	#2 Utica	3,686		4/20
2	64	Samantha LUBA	SO	#1 Nazareth	3,633		4/13
3	82	Hannah RAGULE	SR	#1 Nazareth	{2} 3,417		4/13
4	83	Lauren BENDALL	SR	#1 Nazareth	{3} 3,404		4/13
5	86	Abrianna WADLEY	JR	#2 Utica	{2} 3,372		4/20
6	93	Hannah ALLISON	FR	#2 Utica	{3} 3,158		4/20
7		Stefania GRIMALDI	FR	#2 Utica	{4} 2,879		4/20
8		Katie WIDMER	SR	#4 Houghton	2,871		4/12
9		Neve TILLEY	SO	#4 Houghton	{2} 1,710		4/12



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



GNAC

as of 4/23/2024 8:33:11 AM ET

Women's 100 Meters

1	Madilyn EBBINGHAUS	FR	#4 Lasell	13.22	(0.8)	3/30
2	Kayoni JORDAN	FR	#4 Lasell	{2} 13.38	(-0.4)	4/8
3	Caroline CAREY	JR	#1 Emmanuel (Mas	13.42	(1.3)	4/13
4	Reilly SLUSSER	SO	#1 Emmanuel (Mas	{2} 13.45	(-0.4)	4/8
5	Olivia DENCH	SO	#2 Regis (Mass.)	13.48	(0.3)	4/12
6	Hanna BABEK	JR	#4 Lasell	{3} 13.60	(-0.4)	4/8
7	Aleyo AMASA-TITUS	FR	#2 Regis (Mass.)	{2} 13.63	(0.3)	4/8
8	Abigail KILBRIDE	JR	#2 Regis (Mass.)	{3} 13.92	(1.6)	3/30
9	Cynthia BRITO	SR	#1 Emmanuel (Mas	{3} 14.09	(-0.5)	4/20
9	Alexis COWAN	FR	#3 Saint Joseph's (I	14.09	(-1.0)	4/20

Women's 100 Meter Hurdles

1	Brooklyn GOFF	SR	#3 Saint Joseph's (I	16.25	(0.6)	4/20
2	Colleen CURRAN	FR	#2 Regis (Mass.)	17.30w	(2.5)	4/12
3	Audrey BILODEAU	SO	#3 Saint Joseph's (I	{2} 17.66	(0.1)	4/20
4	Kate COCHRAN	SO	#5 Colby-Sawyer	17.73	(-1.4)	3/30
5	Amy PROUX	FR	#1 Emmanuel (Mas	18.15	(-0.6)	4/20
6	Beverly BROWNE	SR	#1 Emmanuel (Mas	{2} 18.33	(-1.4)	3/30
7	Kason HUYNH	FR	#1 Emmanuel (Mas	{3} 18.77	(1.4)	4/13
8	Emily AHO	JR	#2 Regis (Mass.)	{2} 19.01	(0.7)	4/12
9	Siobhan WALSH	FR	#1 Emmanuel (Mas	{4} 20.55	(-0.6)	4/20
10	Storme ROY	FR	#1 Emmanuel (Mas	{5} 22.73	(-0.6)	4/20

Women's 200 Meters

1	Ashley KELEHER	SR	#5 Colby-Sawyer	25.75	(0.4)	4/20
2	Brooklyn GOFF	SR	#3 Saint Joseph's (I	27.58	(-1.8)	4/13
3	Reilly SLUSSER	SO	#1 Emmanuel (Mas	27.66	(-1.1)	4/8
4	Madilyn EBBINGHAUS	FR	#4 Lasell	27.91	(-1.1)	4/8
5	Aleyo AMASA-TITUS	FR	#2 Regis (Mass.)	28.02	(-1.6)	4/8
6	Janet AMASA-TITUS	FR	#2 Regis (Mass.)	{2} 28.09	(-1.1)	4/8
7	Ava SMART	FR	#3 Saint Joseph's (I	{2} 28.10	(0.5)	4/20
8	Caroline CAREY	JR	#1 Emmanuel (Mas	{2} 28.11	(-0.4)	4/20
9	Audrey BILODEAU	SO	#3 Saint Joseph's (I	{3} 28.14	(0.5)	4/20
10	Colleen CURRAN	FR	#2 Regis (Mass.)	{3} 28.18w	(3.0)	4/12

Women's 400 Meters

1	29 Ashley KELEHER	SR	#5 Colby-Sawyer	57.01		4/20
2	Reilly SLUSSER	SO	#1 Emmanuel (Mas	1:02.44		4/20
3	Desiree ROBINSON	JR	#1 Emmanuel (Mas	{2} 1:02.62		3/30
4	Janet AMASA-TITUS	FR	#2 Regis (Mass.)	1:02.91		3/30
5	Caroline CAREY	JR	#1 Emmanuel (Mas	{3} 1:03.76		4/20
6	Ava SMART	FR	#3 Saint Joseph's (I	1:06.18		4/13
7	Kristen RAFERTY	JR	#1 Emmanuel (Mas	{4} 1:06.68		4/20
8	Jordan HUNTLEY	FR	#3 Saint Joseph's (I	{2} 1:10.49		3/30
9	Courtney LARSON	JR	#5 Colby-Sawyer	{2} 1:11.48		4/13
10	Olivia DENCH	SO	#2 Regis (Mass.)	{2} 1:11.80		3/30

Women's 400 Meter Hurdles

1	Audrey BILODEAU	SO	#3 Saint Joseph's (I	1:09.08		3/30
2	Brooklyn GOFF	SR	#3 Saint Joseph's (I	{2} 1:09.54		4/20
3	Desiree ROBINSON	JR	#1 Emmanuel (Mas	1:10.40		4/20
4	Colleen CURRAN	FR	#2 Regis (Mass.)	1:11.76		4/20
5	Elisa D'SA	JR	#2 Regis (Mass.)	{2} 1:14.16		4/20
6	Kristen RAFERTY	JR	#1 Emmanuel (Mas	{2} 1:15.47		4/20
7	Naomi OBENHAUS	JR	#1 Emmanuel (Mas	{3} 1:18.21		4/20
8	Amy PROUX	FR	#1 Emmanuel (Mas	{4} 1:19.28		4/20
9	Emily GREENE	SO	#1 Emmanuel (Mas	{5} 1:20.59		3/30
10	Kason HUYNH	FR	#1 Emmanuel (Mas	{6} 1:22.39		4/8

Women's 800 Meters

1	Ashleigh KELLEY	SR	#2 Regis (Mass.)	2:30.67		4/20
2	Alexia YOUNG	SO	#3 Saint Joseph's (I	2:33.65		4/20
3	Katherine KOHTALA	FR	#4 Lasell	2:34.35		4/13
4	Kiara CERRUTI	SO	#4 Lasell	{2} 2:37.67		4/6
5	Kendall NEWTON	FR	#1 Emmanuel (Mas	2:38.34		4/20
6	Brooklyn GOFF	SR	#3 Saint Joseph's (I	{2} 2:40.39		4/13
7	Maisy HILL	FR	#5 Colby-Sawyer	2:40.63		4/20
8	Annabelle JEAN-PHILIPPE	JR	#2 Regis (Mass.)	{2} 2:40.74		4/20
9	Emily GREENE	SO	#1 Emmanuel (Mas	{2} 2:41.35		4/20
10	Tessa MILLETTE	JR	#5 Colby-Sawyer	{2} 2:41.90		4/13

Women's 1500 Meters

1	Ashleigh KELLEY	SR	#2 Regis (Mass.)	5:06.91		4/8
2	Adriana NADEAU	SO	#5 Colby-Sawyer	5:10.10		4/20
3	Erin KELLEY	SR	#2 Regis (Mass.)	{2} 5:14.56		4/8
4	Kiara CERRUTI	SO	#4 Lasell	5:22.67		4/8
5	Kendall NEWTON	FR	#1 Emmanuel (Mas	5:28.99		4/20
6	Tessa MILLETTE	JR	#5 Colby-Sawyer	{2} 5:30.61		3/30
7	Emma KRANTZ	SR	#1 Emmanuel (Mas	{2} 5:37.19		4/13
8	Maisy HILL	FR	#5 Colby-Sawyer	{3} 5:37.94		4/13
9	Katie KELLEY	SR	#2 Regis (Mass.)	{3} 5:40.07		4/8
10	Mia DEMORE	FR	#1 Emmanuel (Mas	{3} 5:48.78		4/8

Women's Steeplechase

1	Libby PARKER	SR	#2 Regis (Mass.)	13:24.05		3/30
2	Elisa D'SA	JR	#2 Regis (Mass.)	{2} 14:04.13		4/8
3	Leah O'NEILL	SO	#5 Colby-Sawyer	14:12.59		4/13
4	Ava MOFFETT	FR	#3 Saint Joseph's (I	15:03.35		4/20
5	Ava REISE	SO	#1 Emmanuel (Mas	15:08.73		4/20
6	Evie HOLT	SO	#1 Emmanuel (Mas	{2} 16:17.89		4/20
7	Eftihia FOTOS	SR	#4 Lasell	17:55.53		4/13



Conference TFRI Event Summary



GNAC

as of 4/23/2024 8:33:11 AM ET

Women's 5000 Meters

1	Ashleigh KELLEY	SR	#2 Regis (Mass.)	18:17.40	4/12
2	Erin KELLEY	SR	#2 Regis (Mass.) {2}	19:09.10	3/30
3	Adriana NADEAU	SO	#5 Colby-Sawyer	19:42.11	3/30
4	Tessa MILLETTE	JR	#5 Colby-Sawyer {2}	21:08.73	3/30
5	Samantha CARUS	JR	#5 Colby-Sawyer {3}	21:11.10	4/13
6	Leah O'NEILL	SO	#5 Colby-Sawyer {4}	21:25.90	4/20
7	Emma KRANTZ	SR	#1 Emmanuel (Mass.)	21:26.39	3/30
8	Heidi LI	FR	#1 Emmanuel (Mass.) {2}	22:50.66	4/13
9	Jonnie CHAREST	SO	#2 Regis (Mass.) {3}	22:58.13	4/8
10	Olivia ROSANO	FR	#2 Regis (Mass.) {4}	23:14.19	3/30

Women's 10,000 Meters

1	Erin KELLEY	SR	#2 Regis (Mass.)	39:40.83	4/13
2	Adriana NADEAU	SO	#5 Colby-Sawyer	39:50.32	4/13
3	Emma KRANTZ	SR	#1 Emmanuel (Mass.)	44:46.86	4/20
4	Libby PARKER	SR	#2 Regis (Mass.) {2}	46:52.45	3/30
5	Jonnie CHAREST	SO	#2 Regis (Mass.) {3}	48:49.27	3/30
6	Mia DEMORE	FR	#1 Emmanuel (Mass.) {2}	51:33.80	4/20

Women's 4x100 Relay

1	Olivia Dench, Janet Amasa-Titus, Colleen Curran, Aleyo Amasa-Titus	#2 Regis (Mass.)	51.43	4/8
2	Madilyn Ebbinghaus, Hanna Babek, Damali Waugh, Kayoni Jordan	#4 Lasell	52.22	4/8
3	Paris Atuahene, Caroline Carey, Amy Proux, Reilly Slusser	#1 Emmanuel (Mass.)	53.42	4/8
4	Kate Cochran, Courtney Brewster, Ashley Keleher, Anna Bieszcza	#5 Colby-Sawyer	53.47	4/13
5	Ava Smart, Jordan Huntley, Alexis Cowan, Alayah Schmitz	#3 Saint Joseph's (I)	53.79	4/13

Women's 4x400 Relay

1	Audrey Bilodeau, Jordan Huntley, Ava Smart, Alexia Young	#3 Saint Joseph's (I)	4:27.99	4/20
2	Olivia Dench, Annabelle Jean-Philippe, Katie Kelley, Janet Amasa-Titus	#2 Regis (Mass.)	4:34.92	4/12
3	Kendall Newton, Paris Atuahene, Jasmine Maradiaga-Varela, Brielle Hardy	#1 Emmanuel (Mass.)	4:52.35	4/20
4	Kiara Cerruti, Katherine Kohtala, Eftihia Fotos, Mikayla Bokis	#4 Lasell	4:58.32	3/30

Women's High Jump

1	97 Brooklyn GOFF	SR	#3 Saint Joseph's (I)	1.57m	5-1¾	4/13
2	Desiree ROBINSON	JR	#1 Emmanuel (Mass.)	1.52m	4-11¾	4/13
2	Breya WHITMAN	FR	#3 Saint Joseph's (I) {2}	1.52m	4-11¾	4/20
4	Kason HUYNH	FR	#1 Emmanuel (Mass.) {2}	1.47m	4-9¾	3/30
4	Emily GREENE	SO	#1 Emmanuel (Mass.) {2}	1.47m	4-9¾	3/30
4	Courtney BREWSTER	JR	#5 Colby-Sawyer	1.47m	4-9¾	3/30
7	Grace MICKLON	SO	#2 Regis (Mass.)	1.42m	4-7¾	4/12
8	Kate COCHRAN	SO	#5 Colby-Sawyer {2}	1.37m	4-6	3/30
8	Sasha HYACINTHE	SR	#1 Emmanuel (Mass.) {4}	1.37m	4-6	3/30
10	Cynthia BRITO	SR	#1 Emmanuel (Mass.) {5}	1.30m	4-3¾	4/8

Women's Pole Vault

1	Paula SALAZAR	SO	#1 Emmanuel (Mass.)	2.43m	7-11½	4/8
2	Colleen CURRAN	FR	#2 Regis (Mass.)	2.28m	7-5¾	4/8
3	Beverly BROWNE	SR	#1 Emmanuel (Mass.) {2}	2.13m	6-11¾	4/8
3	Janet AMASA-TITUS	FR	#2 Regis (Mass.) {2}	2.13m	6-11¾	4/8
5	Jordan HUNTLEY	FR	#3 Saint Joseph's (I)	1.85m	6-¾	4/13
6	Ava REISE	SO	#1 Emmanuel (Mass.) {3}	1.83m	6-0	4/8
6	Grace MICKLON	SO	#2 Regis (Mass.) {3}	1.83m	6-0	4/8
6	Taylor AUBIN	FR	#1 Emmanuel (Mass.) {3}	1.83m	6-0	4/8
6	Amy PROUX	FR	#1 Emmanuel (Mass.) {3}	1.83m	6-0	4/8

Women's Long Jump

1	88 Desiree ROBINSON	JR	#1 Emmanuel (Mass.)	5.32m	17-5½ (1.3)	4/20
2	Brooklyn GOFF	SR	#3 Saint Joseph's (I)	5.16m	16-11¼ (0.0)	4/20
3	Colleen CURRAN	FR	#2 Regis (Mass.)	4.96m	16-3¼ (1.6)	4/8
4	Reilly SLUSSER	SO	#1 Emmanuel (Mass.) {2}	4.79m	15-8¾ (-0.7)	3/30
5	Janet AMASA-TITUS	FR	#2 Regis (Mass.) {2}	4.75m	15-7 (0.1)	4/8
6	Alexis COWAN	FR	#3 Saint Joseph's (I) {2}	4.62m	15-2 (-1.0)	4/20
7	Kason HUYNH	FR	#1 Emmanuel (Mass.) {3}	4.55m	14-11¼ (1.8)	4/8
8	Julianna HUCKANS	FR	#4 Lasell	4.46m	14-7¾ (1.2)	4/20
9	Emily AHO	JR	#2 Regis (Mass.) {3}	4.40m	14-5¼ (1.7)	4/12
10	Cynthia BRITO	SR	#1 Emmanuel (Mass.) {4}	4.38m	14-4½ (2.0)	4/20

Women's Triple Jump

1	49 Desiree ROBINSON	JR	#1 Emmanuel (Mass.)	11.31m	37-1¼ (0.9)	3/30
2	61 Ashley KELEHER	SR	#5 Colby-Sawyer	11.19m	36-8½ (0.0)	3/30
3	Anna BIESZCZAD	SR	#5 Colby-Sawyer {2}	10.70m	35-1¼ (-1.3)	4/20
4	Cynthia BRITO	SR	#1 Emmanuel (Mass.) {2}	10.31m	33-10 (0.2)	4/20
5	Emily AHO	JR	#2 Regis (Mass.)	9.86m	32-4¼ (1.7)	3/30
6	Alexis COWAN	FR	#3 Saint Joseph's (I)	9.84m	32-3½ (0.0)	4/20
7	Breya WHITMAN	FR	#3 Saint Joseph's (I) {2}	9.47m	31-1 (-0.8)	4/20
8	Damali WAUGH	SO	#4 Lasell	9.22m	30-3 (0.6)	4/8
9	Amy PROUX	FR	#1 Emmanuel (Mass.) {3}	9.21m	30-2¾ (0.8)	4/20
10	Emily GREENE	SO	#1 Emmanuel (Mass.) {4}	9.20m	30-2¼ (0.0)	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



GNAC

as of 4/23/2024 8:33:11 AM ET

Women's Shot Put

1	Savannah WERNER	FR	#4 Lasell	10.14m	33-3¼	4/13
2	Sasha HYACINTHE	SR	#1 Emmanuel (Mass.)	9.98m	32-9	3/30
3	Riley SILVIA	SR	#4 Lasell	{2}9.89m	32-5½	4/8
4	Shakirah KETANT	SR	#1 Emmanuel (Mass.)	{2}9.68m	31-9¼	4/20
5	Kristen BARRETT	JR	#2 Regis (Mass.)	9.62m	31-6¾	4/8
6	Samantha PERKINS	JR	#2 Regis (Mass.)	{2}9.49m	31-1¾	4/8
7	Aaliyah WILSONFALCONE	SO	#3 Saint Joseph's (Pa.)	9.43m	30-11¼	3/30
8	Pilar BROWN	SO	#2 Regis (Mass.)	{3}9.20m	30-2¼	4/8
9	Alyssa FRENCH-GRAHAM	JR	#1 Emmanuel (Mass.)	{3}9.06m	29-8¾	3/30
10	Ava FISHER	FR	#1 Emmanuel (Mass.)	{4}8.87m	29-1¼	4/8

Women's Discus

1	Savannah WERNER	FR	#4 Lasell	32.21m	105-8	4/8
2	Abby O'BRIEN	SR	#3 Saint Joseph's (Pa.)	31.21m	102-5	4/13
3	Riley SILVIA	SR	#4 Lasell	{2}30.91m	101-5	4/20
4	Alyssa FRENCH-GRAHAM	JR	#1 Emmanuel (Mass.)	29.91m	98-1¾	4/13
5	Shakirah KETANT	SR	#1 Emmanuel (Mass.)	{2}27.65m	90-8¾	4/8
6	Emily FRANZIK	SO	#4 Lasell	{3}26.68m	87-6½	4/13
7	Pilar BROWN	SO	#2 Regis (Mass.)	25.65m	84-2	4/8
8	Kristen BARRETT	JR	#2 Regis (Mass.)	{2}25.18m	82-7½	4/8
9	Anastazia COPELAND	JR	#2 Regis (Mass.)	{3}24.66m	80-11	4/20
10	Erika OLDHAM	SR	#4 Lasell	{4}24.02m	78-9¾	3/30

Women's Hammer

1	Abby O'BRIEN	SR	#3 Saint Joseph's (Pa.)	38.77m	127-3	4/13
2	Alyssa FRENCH-GRAHAM	JR	#1 Emmanuel (Mass.)	37.00m	121-5	4/13
3	Anastazia COPELAND	JR	#2 Regis (Mass.)	36.03m	118-3	4/20
4	Madelyn ROBERTSON	JR	#2 Regis (Mass.)	{2}31.69m	104-0	4/8
5	Ava FISHER	FR	#1 Emmanuel (Mass.)	{2}31.04m	101-10	4/20
6	Erika OLDHAM	SR	#4 Lasell	30.84m	101-2	4/8
7	Sarah JOE	SO	#3 Saint Joseph's (Pa.)	{2}29.40m	96-5½	4/13
8	Madison REILLY	FR	#1 Emmanuel (Mass.)	{3}26.83m	88-¼	3/30
9	Jenna SARGENT	SO	#4 Lasell	{2}24.47m	80-3½	4/8
10	Isabella CLARK-ALDERMAN	SO	#2 Regis (Mass.)	{3}24.19m	79-4½	4/8

Women's Javelin

1	Samantha PERKINS	JR	#2 Regis (Mass.)	35.01m	114-11	4/8
2	Ava FISHER	FR	#1 Emmanuel (Mass.)	32.80m	107-8	4/20
3	Alayja LINTON	JR	#2 Regis (Mass.)	{2}29.09m	95-5¼	4/8
4	Aaliyah WILSONFALCONE	SO	#3 Saint Joseph's (Pa.)	28.73m	94-3¼	4/13
5	Anna BIESZCZAD	SR	#5 Colby-Sawyer	28.00m	91-10½	3/30
6	Janet AMASA-TITUS	FR	#2 Regis (Mass.)	{3}27.60m	90-6¾	4/8
7	Amy PROUX	FR	#1 Emmanuel (Mass.)	{2}27.55m	90-4¾	4/20
8	Avery FAMA	SO	#1 Emmanuel (Mass.)	{3}25.69m	84-3½	4/20
9	Shakirah KETANT	SR	#1 Emmanuel (Mass.)	{4}25.50m	83-8	4/8
10	Emily FRANZIK	SO	#4 Lasell	24.58m	80-7¾	4/8

Women's Heptathlon

1	49 Brooklyn GOFF	SR	#3 Saint Joseph's (Pa.)	3,872	4/13
2	100 Colleen CURRAN	FR	#2 Regis (Mass.)	3,033	4/12



Conference TFRI Event Summary



HCAC

as of 4/23/2024 8:33:11 AM ET

Women's 100 Meters

1	Lisa-Maria MARKAU	SR	#8 Defiance	12.54	(0.9)	3/9
2	Sarah O'DAY	SR	#5 Franklin	12.57	(0.8)	3/30
3	Alex ADAMS	SO	#1 Rose-Hulman	12.82	(0.2)	4/19
4	Jay'ana BLAKELY	SO	#3 Manchester	13.02	(-1.6)	4/6
5	Myahn SMITH	FR	#8 Defiance	{2} 13.40	(-0.1)	4/13
6	Kailea KERR	JR	#7 Bluffton	13.41	(0.8)	4/6
7	Grace KRUTHAUP	SO	#6 Mount St. Josepl	13.42	(1.1)	4/6
8	Emma JOHNS	FR	#1 Rose-Hulman	{2} 13.52	(0.0)	4/19
9	Kaelyn KING	FR	#2 Hanover	13.58w	(2.6)	4/13
10	Lauren HUBBARD	SO	#4 Transylvania	13.64	(2.0)	3/23

Women's 100 Meter Hurdles

1	78 Narindwa SEMAKULA	SO	#1 Rose-Hulman	15.21	(0.7)	4/6
2	Alison MUCK	SO	#5 Franklin	15.58	(0.7)	4/13
3	Kaelyn KING	FR	#2 Hanover	16.33	(0.7)	4/6
4	Kyra HICKS	SR	#1 Rose-Hulman	{2} 16.40	(-0.7)	4/19
5	Gabby PARRISH	FR	#2 Hanover	{2} 16.94	(-0.7)	4/19
6	Aliza CLARK	SR	#8 Defiance	16.99	(0.6)	4/6
7	Natalie DAY	JR	#2 Hanover	{3} 17.37	(-0.2)	3/23
8	Irene LEMA MADUENO	FR	#1 Rose-Hulman	{3} 17.70	(-0.5)	4/13
9	Grace KRUTHAUP	SO	#6 Mount St. Josepl	18.15	(-0.2)	4/20
10	Isabella CALHOUN	SO	#6 Mount St. Josepl	{2} 18.42	(-2.2)	3/30

Women's 200 Meters

1	38 Olivia SPARKS	FR	#4 Transylvania	25.05	(1.9)	3/30
2	Lisa-Maria MARKAU	SR	#8 Defiance	25.76	(0.4)	3/30
3	Alex ADAMS	SO	#1 Rose-Hulman	26.69	(0.0)	4/19
4	Myahn SMITH	FR	#8 Defiance	{2} 26.74	(0.9)	4/13
5	Narindwa SEMAKULA	SO	#1 Rose-Hulman	{2} 26.85	(0.0)	4/19
6	Abbey ROWE	JR	#4 Transylvania	{2} 26.88w	(3.4)	3/23
7	Jay'ana BLAKELY	SO	#3 Manchester	27.26	(0.7)	4/6
8	Kailea KERR	JR	#7 Bluffton	27.82	(0.7)	4/6
9	Grace KRUTHAUP	SO	#6 Mount St. Josepl	27.85	(1.1)	4/6
10	Emma JOHNS	FR	#1 Rose-Hulman	{3} 27.91	(0.9)	4/6

Women's 400 Meters

1	84 Olivia SPARKS	FR	#4 Transylvania	58.50		4/12
2	Lisa-Maria MARKAU	SR	#8 Defiance	58.78		3/30
3	Abbey ROWE	JR	#4 Transylvania	{2} 1:00.89		4/5
4	Chloe COOK	FR	#9 Earlham	1:03.32		4/13
5	Audrey SPENCER	FR	#3 Manchester	1:04.27		4/13
6	Shelby CLEMENTS	FR	#8 Defiance	{2} 1:04.64		4/13
7	Carson GRAVES	JR	#4 Transylvania	{3} 1:05.37		3/30
8	Kinsey MYERS	JR	#7 Bluffton	1:05.55		4/6
9	Gracie HENSON	JR	#2 Hanover	1:06.21		4/13
10	Kailea KERR	JR	#7 Bluffton	{2} 1:07.42		4/20

Women's 400 Meter Hurdles

1	Natalie DAY	JR	#2 Hanover	1:08.67		4/13
2	Jada HUNTER-HAYS	JR	#1 Rose-Hulman	1:09.12		4/19
3	Kennadi LAKINS	SO	#2 Hanover	{2} 1:17.61		4/19
4	Gabby PARRISH	FR	#2 Hanover	{3} 1:17.92		4/19
5	Jenae MONA	SO	#1 Rose-Hulman	{2} 1:18.23		3/30
6	Josie LYONS	SR	#5 Franklin	1:19.88		4/13
7	Alexis SCHULTZ	FR	#10 Anderson (Ind.)	1:25.51		4/13
8	Brantley WATHEN	JR	#5 Franklin	{2} 1:26.68		3/23

Women's 800 Meters

1	77 Amberleigh SORENSEN	SR	#2 Hanover	2:17.06		4/19
2	Paige WILDMAN	FR	#2 Hanover	{2} 2:22.75		4/19
3	Kaycee MOORE	SO	#4 Transylvania	2:24.21		4/20
4	Haley MAKOWSKI	JR	#5 Franklin	2:26.53		4/19
5	Emma LITZELMAN	JR	#2 Hanover	{3} 2:26.58		4/19
6	Jaycie SONES	JR	#10 Anderson (Ind.)	2:27.58		4/6
7	Libby PERKINS	SO	#4 Transylvania	{2} 2:32.65		4/20
8	Micah TAYLOR	FR	#3 Manchester	2:33.37		4/6
9	Julia GOODING	JR	#6 Mount St. Josepl	2:33.38		4/6
10	Anna PACKER	SO	#6 Mount St. Josepl	{2} 2:33.82		4/20

Women's 1500 Meters

1	39 Amberleigh SORENSEN	SR	#2 Hanover	4:36.79		3/30
2	Paige WILDMAN	FR	#2 Hanover	{2} 5:04.00		4/13
3	Kaycee MOORE	SO	#4 Transylvania	5:05.12		4/12
4	Gwyneth CUNNINGHAM	FR	#4 Transylvania	{2} 5:06.05		4/20
5	Hanna WHITNEY	JR	#2 Hanover	{3} 5:07.20		4/19
6	Emma LITZELMAN	JR	#2 Hanover	{4} 5:08.02		4/13
7	Brianna BITTEL	FR	#1 Rose-Hulman	5:11.88		4/6
8	Basil GATES	JR	#7 Bluffton	5:13.28		4/6
9	Haley MAKOWSKI	JR	#5 Franklin	5:18.16		4/13
10	Kayla HESS	SR	#6 Mount St. Josepl	5:19.05		4/20

Women's Steeplechase

1	Gwyneth CUNNINGHAM	FR	#4 Transylvania	12:10.13		4/12
2	Hanna WHITNEY	JR	#2 Hanover	12:26.48		4/13
3	Rylee STEPHANY	SO	#3 Manchester	12:53.85		4/6
4	Sydney SLUYS	SR	#3 Manchester	{2} 12:59.40		4/6
5	Elyse WILSON	SO	#2 Hanover	{2} 13:21.47		4/6
6	Vianey GARCIA	FR	#1 Rose-Hulman	13:44.80		4/19
7	Eve BRUNELL	JR	#4 Transylvania	{2} 14:13.97		3/23
8	Diana STIRN	SO	#1 Rose-Hulman	{2} 14:16.42		4/19



Conference TFRI Event Summary



HCAC

as of 4/23/2024 8:33:11 AM ET

Women's 5000 Meters

1	Amberleigh SORENSEN	SR	#2 Hanover	18:08.47	4/6
2	Elsa KING	SR	#1 Rose-Hulman	18:53.06	3/16
3	Gwyneth CUNNINGHAM	FR	#4 Transylvania	19:17.57	4/5
4	Basil GATES	JR	#7 Bluffton	19:23.76	4/13
5	Callie SWEGMAN	SO	#2 Hanover	{2} 19:38.93	4/13
6	Ella BASHOR	JR	#5 Franklin	19:40.53	4/6
7	Lauren TODD	SO	#2 Hanover	{3} 19:43.19	4/19
8	Rylee STEPHANY	SO	#3 Manchester	19:51.28	4/13
9	Sarah JONES	SO	#2 Hanover	{4} 20:08.83	3/16
10	Sydney SLUYS	SR	#3 Manchester	{2} 20:12.11	3/29

Women's 10,000 Meters

1	Elsa KING	SR	#1 Rose-Hulman	39:39.05	3/29
2	Abigail KURFMAN	JR	#1 Rose-Hulman	{2} 43:11.27	3/29

Women's 4x100 Relay

1	Narindwa Semakula, Rofiat Adeyemi, Alex Adams, Emma Johns	#1 Rose-Hulman	50.10	4/19
2	Grace Holtmeier, Olivia Forte, Makiya Sherman, Grace Kruthaupt	#6 Mount St. Joseph	52.96	4/20
3	Natalie Day, Gabby Parrish, Ally McGuire, Kaelyn King	#2 Hanover	53.06	4/6
4	Lauren Hubbard, Mara Green, Farris Howard, Abbey Rowe	#4 Transylvania	53.28	4/20
5	Jameela Hyde-Yusoff, Audrey Spencer, Aaliyah Bonner, Jay'ana Blakely	#3 Manchester	53.50	4/20
6	Kinsey Myers, Ameila Adams, Olivia Rider, Kailea Kerr	#7 Bluffton	53.81	4/20

Women's 4x400 Relay

1	Abbey Rowe, Carson Graves, Kaycee Moore, Olivia Sparks	#4 Transylvania	4:13.03	4/20
2	Alex Adams, Jada Hunter-Hays, Emma Johns, Ally Smith	#1 Rose-Hulman	4:21.15	4/19
3	Natalie Day, Gracie Henson, Hanna Whitney, Amberleigh Sorensen	#2 Hanover	4:27.04	4/13
4	Micah Taylor, Chloe Ferris, Katelyn Foor, Audrey Spencer	#3 Manchester	4:42.83	3/30
5	Kinsey Myers, Kailea Kerr, Ameila Adams, Paige Massie	#7 Bluffton	4:45.19	4/6
6	Haley Makowski, Mallory Watson, Vicki Arney, Josie Lyons	#5 Franklin	4:45.48	4/13
7	Alexis Schultz, Emilie Penick, Jaycie Sones, Sierra Kalli	#10 Anderson (Ind.)	4:47.52	4/13

Women's High Jump

1	52 Taylor ROARK	JR	#4 Transylvania	1.60m	5-3	4/20
2	Audrey EDWARDS	FR	#1 Rose-Hulman	1.55m	5-1	4/6
3	Alison MUCK	SO	#5 Franklin	1.53m	5-¼	3/30
3	Abigail KIRBY	FR	#9 Earlham	1.53m	5-¼	3/16
5	Megan KORTE	SO	#1 Rose-Hulman	{2} 1.45m	4-9	4/6
6	Kennadi LAKINS	SO	#2 Hanover	1.43m	4-8¼	4/13
7	Farris HOWARD	SO	#4 Transylvania	{2} 1.40m	4-7	4/5
7	Jada HUNTER-HAYS	JR	#1 Rose-Hulman	{3} 1.40m	4-7	4/6
7	Lili SEALS	JR	#2 Hanover	{2} 1.40m	4-7	3/30
7	Caroline HOUSE	SR	#1 Rose-Hulman	{3} 1.40m	4-7	3/30
7	Olivia RIDER	JR	#7 Bluffton	1.40m	4-7	4/20

Women's Pole Vault

1	Aliza BOLES	SO	#2 Hanover	3.06m	10-½	4/13
2	Ally MCGUIRE	JR	#2 Hanover	{2} 2.93m	9-7¼	4/19
3	Amelia THIEMAN	SO	#1 Rose-Hulman	2.78m	9-1½	4/19
4	Ameila ADAMS	FR	#7 Bluffton	2.55m	8-4¼	4/20
5	Irene LEMA MADUENO	FR	#1 Rose-Hulman	{2} 2.48m	8-1½	4/19
6	Megan DEATON	JR	#1 Rose-Hulman	{3} 2.31m	7-7	4/13
7	Olivia HECKENLIVELY	FR	#1 Rose-Hulman	{4} 2.18m	7-1¾	4/19
7	Natalie OLIC	JR	#1 Rose-Hulman	{4} 2.18m	7-1¾	4/19
9	Kalyn RITZ	FR	#5 Franklin	2.16m	7-1	4/13



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Women's Long Jump

1	Rofiat ADEYEMI	SR	#1 Rose-Hulman	5.23m	17-2 (-0.2)	3/30
2	Sarah O'DAY	SR	#5 Franklin	4.82m	15-9¾ (0.1)	4/13
3	Kyra HICKS	SR	#1 Rose-Hulman	{2} 4.77m	15-7¾ (0.0)	4/13
4	Jay'ana BLAKELY	SO	#3 Manchester	4.73m	15-6¼ (0.0)	4/13
5	Kennadi LAKINS	SO	#2 Hanover	4.66m	15-3½ (-0.1)	3/30
6	Lili SEALS	JR	#2 Hanover	{2} 4.64m	15-2¾ (1.7)	3/16
7	Jameela HYDRE-YUSOFF	FR	#3 Manchester	{2} 4.63m	15-2¼ (1.1)	4/6
8	Abigail KIRBY	FR	#9 Earlham	4.62mw	15-2 (2.8)	3/16
9	Amari BRADFORD-SARGENT	JR	#9 Earlham	{2} 4.47m	14-8 (0.0)	4/6
10	Audrey EDWARDS	FR	#1 Rose-Hulman	{3} 4.40m	14-5¼ (0.2)	4/19

Women's Triple Jump

1	25 Rofiat ADEYEMI	SR	#1 Rose-Hulman	11.65mw	38-2¾ (2.1)	3/30
2	79 Kyra HICKS	SR	#1 Rose-Hulman	{2} 11.07m	36-4 (0.0)	4/13
3	Amari BRADFORD-SARGENT	JR	#9 Earlham	9.57m	31-4¾ (0.0)	4/6
4	Lili SEALS	JR	#2 Hanover	9.42m	30-11 (0.3)	4/13
5	Megan KORTE	SO	#1 Rose-Hulman	{3} 9.26m	30-4¾ (0.2)	4/6
6	Endia CLARK	SR	#1 Rose-Hulman	{4} 8.89m	29-2 (0.0)	4/19

Women's Shot Put

1	5 Jessie STENGER	JR	#2 Hanover	14.21m	46-7½	4/13
2	7 Carley CAMP	JR	#3 Manchester	13.99m	45-10¾	4/13
3	Madalyn HUDNALL	SO	#6 Mount St. Joseph	11.83m	38-9¾	4/20
4	Aaliyah JONES	SR	#1 Rose-Hulman	11.29m	37-½	3/30
5	Charlotte WILSON	SO	#3 Manchester	{2} 11.24m	36-10½	3/30
6	Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	{2} 11.21m	36-9½	4/19
7	Cheyenne THOMAS	FR	#3 Manchester	{3} 10.98m	36-¼	4/13
8	Asia BRANCH	FR	#6 Mount St. Joseph	{2} 10.81m	35-5¾	3/30
9	Katrina SEJOUR	FR	#3 Manchester	{4} 10.50m	34-5½	4/20
10	Alexis GIBSON	JR	#9 Earlham	10.45m	34-3½	4/13

Women's Discus

1	20 Jessie STENGER	JR	#2 Hanover	43.49m	142-8	3/30
2	22 Carley CAMP	JR	#3 Manchester	43.45m	142-7	3/30
3	Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	38.44m	126-2	4/13
4	Asia BRANCH	FR	#6 Mount St. Joseph	36.42m	119-6	3/30
5	Charlotte WILSON	SO	#3 Manchester	{2} 34.83m	114-3	4/6
6	Cheyenne THOMAS	FR	#3 Manchester	{3} 34.43m	113-0	4/13
7	Alexis GIBSON	JR	#9 Earlham	33.98m	111-6	3/30
8	Jill WILHELM	SO	#6 Mount St. Joseph	{2} 32.65m	107-2	4/20
9	Aaliyah JONES	SR	#1 Rose-Hulman	{2} 31.98m	104-11	3/30
10	Dakota GOETZ	SR	#2 Hanover	{2} 31.23m	102-6	3/30

Women's Hammer

1	27 Carley CAMP	JR	#3 Manchester	51.35m	168-6	4/20
2	78 Kylie RATHBUN	SR	#1 Rose-Hulman	46.75m	153-5	4/13
3	Dakota GOETZ	SR	#2 Hanover	43.16m	141-7	3/30
4	Jessie STENGER	JR	#2 Hanover	{2} 42.92m	140-10	3/30
5	Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	{2} 38.23m	125-5	3/30
6	Katrina SEJOUR	FR	#3 Manchester	{2} 37.59m	123-4	4/20
7	Sienna SLAUGHTER	SO	#6 Mount St. Joseph	37.51m	123-1	4/6
8	Madalyn HUDNALL	SO	#6 Mount St. Joseph	{2} 37.21m	122-1	3/30
9	Amanda SCOTT	SR	#7 Bluffton	37.18m	122-0	4/13
10	Charlotte WILSON	SO	#3 Manchester	{3} 36.88m	121-0	4/20

Women's Javelin

1	28 Delayne SANCHEZ	JR	#3 Manchester	39.12m	128-4	3/30
2	35 Madalyn HUDNALL	SO	#6 Mount St. Joseph	38.76m	127-2	4/20
3	59 Aaliyah JONES	SR	#1 Rose-Hulman	37.55m	123-3	4/19
4	61 Jill WILHELM	SO	#6 Mount St. Joseph	{2} 37.47m	122-11	3/30
5	82 Alexis GIBSON	JR	#9 Earlham	36.61m	120-2	3/30
6	Mady REES	SO	#3 Manchester	{2} 35.35m	116-0	3/30
7	Kylie RATHBUN	SR	#1 Rose-Hulman	{2} 32.93m	108-1	4/19
8	Kennadi LAKINS	SO	#2 Hanover	31.58m	103-8	3/23
9	Jessie STENGER	JR	#2 Hanover	{2} 28.92m	94-10¾	4/13
10	Lily DORE'	JR	#1 Rose-Hulman	{3} 25.73m	84-5	3/16



Conference TFRI Event Summary



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Women's 100 Meters

1	Molly WAGNER	JR	#2 Carlow (Pa.)	12.63	(0.2)	4/5
2	Madison KAPPELER	JR	#1 Penn State Behr	13.18w	(2.1)	4/13
3	Trista MILLER	JR	#2 Carlow (Pa.) {2}	13.46w	(2.1)	4/13
4	Peyton GRIMM	FR	#1 Penn State Behr {2}	13.51	(0.0)	3/30
5	Rylee LONG	FR	#1 Penn State Behr {3}	13.52w	(3.4)	4/6
6	Taylor CHARITY	SR	#2 Carlow (Pa.) {3}	13.59w	(2.4)	4/13
7	Angelina COMEGGIE	SO	#1 Penn State Behr {4}	13.64	(1.5)	4/6
8	Alexandra LISZKIEWICZ	SO	#5 Hilbert	14.05	(1.2)	4/20
9	Victoria DIETRICH	JR	#1 Penn State Behr {5}	14.06w	(2.4)	4/13
10	Brooke REDING	FR	#1 Penn State Behr {6}	14.09	(-0.2)	4/21

Women's 100 Meter Hurdles

1	Haley FELTON	JR	#1 Penn State Behr	17.56	(0.0)	4/21
2	Tahlia KOSEK	JR	#5 Hilbert	18.39	(1.1)	3/30
3	Madison KAPPELER	JR	#1 Penn State Behr {2}	19.74w	(2.1)	4/13

Women's 200 Meters

1	Molly WAGNER	JR	#2 Carlow (Pa.)	26.27w	(3.3)	4/13
2	Madison KAPPELER	JR	#1 Penn State Behr	26.85w	(3.8)	4/21
3	Ivy LAFFAN	JR	#1 Penn State Behr {2}	27.44w	(3.8)	4/21
4	Peyton GRIMM	FR	#1 Penn State Behr {3}	27.84w	(2.4)	4/6
5	Rylee LONG	FR	#1 Penn State Behr {4}	28.18w	(3.1)	4/13
6	Anna SPARKS	FR	#3 Asbury (Ky.)	28.21	(1.3)	3/23
7	Trista MILLER	JR	#2 Carlow (Pa.) {2}	28.25w	(2.1)	4/13
8	Angelina COMEGGIE	SO	#1 Penn State Behr {5}	28.46w	(2.2)	4/6
9	Victoria DIETRICH	JR	#1 Penn State Behr {6}	28.77w	(2.2)	4/6
10	Alexandra LISZKIEWICZ	SO	#5 Hilbert	29.74	(-1.4)	3/30

Women's 400 Meters

1	Ivy LAFFAN	JR	#1 Penn State Behr	1:02.04		4/21
2	Molly WAGNER	JR	#2 Carlow (Pa.)	1:02.36		4/13
3	Anna SPARKS	FR	#3 Asbury (Ky.)	1:04.09		3/2
4	Ella CLOAK	SO	#2 Carlow (Pa.) {2}	1:05.23		4/5
5	Madeline MATUSZAK	SO	#5 Hilbert	1:05.54		4/7
6	Victoria DIETRICH	JR	#1 Penn State Behr {2}	1:06.83		4/21
7	Davis FARROW	JR	#13 Western New En	1:07.09		4/20
8	Bridget MCMASTER	FR	#1 Penn State Behr {3}	1:07.76		3/30
9	Elise TERPSTRA	JR	#3 Asbury (Ky.) {2}	1:12.68		3/16
10	Alia PEETS	JR	#11 Sweet Briar	1:13.83		4/6

Women's 400 Meter Hurdles

1	Haley FELTON	JR	#1 Penn State Behr	1:15.22		4/13
2	Aisling DONNELLY	JR	#6 SUNY Maritime C	1:17.02		4/7
3	Tahlia KOSEK	JR	#5 Hilbert	1:24.99		4/7
4	Natalie BOERI	FR	#6 SUNY Maritime C {2}	1:43.26		4/7

Women's 800 Meters

1	Paige ANDERSON	JR	#4 Kalamazoo	2:25.54		4/13
2	Bailey GASSMANN	FR	#3 Asbury (Ky.)	2:27.23		4/12
3	Alison HANKINS	JR	#4 Kalamazoo {2}	2:28.51		4/13
4	Brooke O'CARROLL	SO	#3 Asbury (Ky.) {2}	2:28.69		4/20
5	Bridget MCMASTER	FR	#1 Penn State Behr	2:33.21		3/30
6	Zenaida SACKETT	SO	#4 Kalamazoo {3}	2:33.68		4/13
7	Maya ALKEMA	SO	#4 Kalamazoo {4}	2:35.57		4/13
8	Hartle LINDSEY	SO	#1 Penn State Behr {2}	2:35.78		3/30
9	Haleigh NOWER	SR	#4 Kalamazoo {5}	2:36.74		4/13
10	Ella CLOAK	SO	#2 Carlow (Pa.)	2:38.05		4/13

Women's 1500 Meters

1	Paige ANDERSON	JR	#4 Kalamazoo	4:54.66		4/13
2	Alison HANKINS	JR	#4 Kalamazoo {2}	4:57.06		4/13
3	Bailey GASSMANN	FR	#3 Asbury (Ky.)	5:02.66		3/16
4	Maddie HANULCIK	SO	#4 Kalamazoo {3}	5:08.13		4/13
5	Maya ALKEMA	SO	#4 Kalamazoo {4}	5:09.92		4/13
6	Hartle LINDSEY	SO	#1 Penn State Behr	5:17.40		4/13
7	Haleigh NOWER	SR	#4 Kalamazoo {5}	5:18.80		4/13
8	Carolina WILSON	JR	#11 Sweet Briar	5:19.63		4/6
9	Brooke O'CARROLL	SO	#3 Asbury (Ky.) {2}	5:22.56		4/6
10	Allie NUTT	FR	#4 Kalamazoo {6}	5:26.13		4/13

Women's Steeplechase

1	Litwiler BETHANY	SO	#1 Penn State Behr	13:10.30		4/13
2	Abigail GAHAGAN	SO	#8 Clark (Mass.)	14:21.29		4/20
3	Kylie CANTLON	SO	#7 Maine Maritime /	16:48.76		4/13
4	Lilly VERRILL	SO	#7 Maine Maritime / {2}	20:11.57		4/13

Women's 5000 Meters

1	Maddie FUSCO	SR	#5 Hilbert	18:59.94		3/30
2	Bailey GASSMANN	FR	#3 Asbury (Ky.)	19:23.14		3/2
3	Hartle LINDSEY	SO	#1 Penn State Behr	19:29.87		4/6
4	Lillian STEPHENSON	SO	#9 SUNY New Paltz	19:59.17		4/7
5	Annalise BAILEY	SR	#4 Kalamazoo	20:10.65		4/13
6	Maddie HANULCIK	SO	#4 Kalamazoo {2}	20:11.02		4/13
7	Nicole STEELE	FR	#8 Clark (Mass.)	20:17.79		4/20
8	Mackenzie BARCOMB	JR	#9 SUNY New Paltz {2}	20:38.88		4/7
9	Litwiler BETHANY	SO	#1 Penn State Behr {2}	20:44.15		4/6
10	Mari WALSH	JR	#15 Agnes Scott	20:52.11		4/13

Women's 10,000 Meters

1	Ava MILLER	SO	#3 Asbury (Ky.)	44:21.07		4/6
2	Sarah YOST	JR	#3 Asbury (Ky.) {2}	45:46.30		4/6
3	Lily RINEHART	SO	#3 Asbury (Ky.) {3}	48:14.99		4/6
4	Lucy KATE GIBSON	FR	#3 Asbury (Ky.) {4}	48:24.03		4/6
5	Ella MORTON	SO	#3 Asbury (Ky.) {5}	48:58.85		4/6

Women's 4x100 Relay

1	Peyton Grimm, Ivy Laffan, Rylee Long, Madison Kappeler	#1 Penn State Behr	51.12		4/21
2	Trista Miller, Sydney Taylor, Ella Cloak, Molly Wagner	#2 Carlow (Pa.)	51.74		4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



Independent

as of 4/23/2024 8:33:12 AM ET

Women's 4x400 Relay

1	Victoria Dietrich, Madison Kappeler, Peyton Grimm, Ivy Laffan	#1 Penn State Behr	4:23.19	4/13
2	Anna Sparks, Ava Miller, Brooke O'Carroll, Bailey Gassmann	#3 Asbury (Ky.)	4:31.94	3/2
3	Ella Cloak, Molly Wagner, Christina Smith, Laci Schwirian	#2 Carlow (Pa.)	4:46.54	4/5
4	Natalie Boeri, Aisling Donnelly, Eily Kochon, Adelle Leger	#6 SUNY Maritime C	5:08.29	4/7

Women's High Jump

1	Christina SMITH	SR	#2 Carlow (Pa.)	1.50m	4-11	4/5
2	LEIA DAY	SO	#2 Carlow (Pa.) {2}	1.41m	4-7½	4/20
3	Julia BALASKI	SO	#1 Penn State Behr	1.38m	4-6¾	3/30
4	Tahlia KOSEK	JR	#5 Hilbert	1.35m	4-5	3/30
5	Haley FELTON	JR	#1 Penn State Behr {2}	1.32m	4-4	4/21

Women's Pole Vault

1	59 Madison KAPPELER	JR	#1 Penn State Behr	3.45m	11-3¾	4/6
2	Noelani TAKEI	JR	#1 Penn State Behr {2}	2.98m	9-9¼	3/30
3	Gracie JONES	JR	#1 Penn State Behr {3}	2.30m	7-6½	4/21

Women's Long Jump

1	Madison KAPPELER	JR	#1 Penn State Behr	5.09m	16-8½ (1.9)	4/13
2	Rylee LONG	FR	#1 Penn State Behr {2}	4.87m	15-11¾ (0.8)	4/21
3	Peyton GRIMM	FR	#1 Penn State Behr {3}	4.72mw	15-6 (2.2)	4/21
4	Sydney TAYLOR	FR	#2 Carlow (Pa.)	4.60m	15-1¼ (0.0)	4/20
5	LEIA DAY	SO	#2 Carlow (Pa.) {2}	4.53mw	14-10½ (2.6)	4/13
6	Malina HALL	JR	#2 Carlow (Pa.) {3}	4.39m	14-5 (0.3)	4/5
7	Christina SMITH	SR	#2 Carlow (Pa.) {4}	4.25m	13-11½ (1.7)	4/13
8	Tahlia KOSEK	JR	#5 Hilbert	4.18m	13-8¾ (-0.3)	4/7
9	Gracie JONES	JR	#1 Penn State Behr {4}	3.97mw	13-¼ (3.7)	4/13
10	Angela TEWKSBURY	#10 Clarkson		3.88m	12-8¾ (0.2)	3/30

Women's Triple Jump

1	Rylee LONG	FR	#1 Penn State Behr	10.67mw	35-¼ (2.9)	4/6
2	Sydney TAYLOR	FR	#2 Carlow (Pa.)	10.55mw	34-7½ (2.5)	4/13
3	Malina HALL	JR	#2 Carlow (Pa.) {2}	9.77m	32-¾ (-0.5)	4/5
4	Gracie JONES	JR	#1 Penn State Behr {2}	8.47mw	27-9½ (2.5)	4/13

Women's Shot Put

1	Paige MASSEY	SO	#1 Penn State Behr	11.06m	36-3½	4/21
2	Juliana OGRODOWSKI	SO	#2 Carlow (Pa.)	9.11m	29-10¾	4/5
3	Emma WHITEMAN	SO	#1 Penn State Behr {2}	8.82m	28-11¼	3/30
4	Brianna DOWNING	JR	#1 Penn State Behr {3}	8.52m	27-11½	4/21
5	August PRICE	FR	#3 Asbury (Ky.)	8.43m	27-8	3/2
5	Emma SOVICH	JR	#2 Carlow (Pa.) {2}	8.43m	27-8	4/13
7	Haley FELTON	JR	#1 Penn State Behr {4}	8.31m	27-3¼	3/30
8	Jessica PARK	SO	#1 Penn State Behr {5}	8.16m	26-9¼	3/30
9	Mya LANDRY	FR	#12 Eastern Nazaren	7.18m	23-6¾	3/23
10	Katerina LANDON	FR	#12 Eastern Nazaren {2}	6.35m	20-10	4/6

Women's Discus

1	Paige MASSEY	SO	#1 Penn State Behr	31.83m	104-5	3/30
2	Brianna DOWNING	JR	#1 Penn State Behr {2}	28.26m	92-8¾	3/30
3	Mya WAAGE	SO	#2 Carlow (Pa.)	28.17m	92-5¼	4/5
4	Emma WHITEMAN	SO	#1 Penn State Behr {3}	26.29m	86-3	3/30
5	Emma SOVICH	JR	#2 Carlow (Pa.) {2}	25.60m	84-0	4/13
6	Juliana OGRODOWSKI	SO	#2 Carlow (Pa.) {3}	25.46m	83-6½	4/5
7	Abbie O'BRIEN	#10 Clarkson		21.94m	71-11¾	3/30
8	August PRICE	FR	#3 Asbury (Ky.)	20.66m	67-9½	3/16
9	Tahlia KOSEK	JR	#5 Hilbert	15.35m	50-4½	4/20
10	Lilly VERRILL	SO	#7 Maine Maritime J	13.89m	45-7	4/13

Women's Hammer

1	Jessica PARK	SO	#1 Penn State Behr	35.63m	116-11	3/30
2	Brianna DOWNING	JR	#1 Penn State Behr {2}	29.52m	96-10¼	4/6
3	August PRICE	FR	#3 Asbury (Ky.)	25.54m	83-9½	3/16

Women's Javelin

1	62 Julia BALASKI	SO	#1 Penn State Behr	37.39m	122-8	3/30
2	Haley FELTON	JR	#1 Penn State Behr {2}	28.11m	92-2¾	4/21
3	Keely ACOR	JR	#2 Carlow (Pa.)	26.95m	88-5	4/5
4	Brianna DOWNING	JR	#1 Penn State Behr {3}	26.39m	86-7	4/13
5	Tahlia KOSEK	JR	#5 Hilbert	25.71m	84-4¼	4/7
6	Rachel SKOCZLAS	JR	#1 Penn State Behr {4}	20.76m	68-1½	4/13
7	August PRICE	FR	#3 Asbury (Ky.)	20.36m	66-9¾	3/16
8	Abbie O'BRIEN	#10 Clarkson		19.61m	64-4	3/30
9	Lilly VERRILL	SO	#7 Maine Maritime J	10.69m	35-1	4/13



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Women's 100 Meters

1	96	Samantha SHARROW	SO	#4 Scranton	12.41w	(2.2)	4/20
2		Erin BUCKLEY	FR	#1 Catholic (D.C.)	12.44w	(3.1)	4/20
3		Alexa RINE	SR	#2 Susquehanna	12.50	(1.6)	4/6
4		Ray ASIEDU	FR	#8 Goucher	12.61	(-1.2)	3/29
5		Felicity GIAMPIETRO	FR	#1 Catholic (D.C.) {2}	12.76w	(3.1)	4/20
6		Sarah SCHUMACHER	SO	#1 Catholic (D.C.) {3}	12.78w	(3.1)	4/20
7		Ashley NEWMAN	SO	#2 Susquehanna {2}	12.79w	(2.7)	4/20
7		Chloe YODER	SR	#2 Susquehanna {2}	12.79	(-0.9)	3/27
9		Remi ACORD	JR	#2 Susquehanna {4}	12.80	(1.6)	4/6
10		Abigail GIAMONI	JR	#3 Moravian	12.85	(1.3)	4/13

Women's 100 Meter Hurdles

1	2	Chloe YODER	SR	#2 Susquehanna	13.89w	(2.7)	4/12
2	32	Hannah ALDERFER	JR	#2 Susquehanna {2}	14.80	(1.0)	4/12
3		Brigid BYRNES	FR	#1 Catholic (D.C.)	15.52	(1.9)	4/14
4		Molly WHITE	SO	#4 Scranton	15.78	(0.1)	4/20
5		Julia ACEVEDO	SR	#2 Susquehanna {3}	16.36	(0.7)	4/12
6		Mia MCCONNELL	FR	#1 Catholic (D.C.) {2}	16.45	(1.7)	4/20
7		Clare MARSH	JR	#1 Catholic (D.C.) {3}	16.48	(-1.3)	4/14
8		Edith TOMASEK	FR	#1 Catholic (D.C.) {4}	16.53	(1.7)	4/20
9		Denicia GERMAN	FR	#2 Susquehanna {4}	16.61w	(2.7)	4/12
10		Aaliyah BRIDDELL	FR	#8 Goucher	16.63	(0.6)	4/6

Women's 200 Meters

1	53	Abigail GIAMONI	JR	#3 Moravian	25.21w	(2.3)	4/20
2	75	Chloe YODER	SR	#2 Susquehanna	25.34w	(2.3)	4/20
3		Emily CAMLET	SO	#7 Drew	25.78w	(2.8)	3/30
4		Jocelyn SMITH	FR	#4 Scranton	25.99	(0.7)	4/6
5		Ashley NEWMAN	SO	#2 Susquehanna {2}	26.43	(0.2)	4/6
6		Brigid BYRNES	FR	#1 Catholic (D.C.)	26.46w	(3.5)	4/20
7		Alexa RINE	SR	#2 Susquehanna {3}	26.53	(0.0)	3/27
8		Ray ASIEDU	FR	#8 Goucher	26.59	(0.3)	4/6
9		Caleigh BOLD	FR	#5 Elizabethtown	26.61	(1.9)	4/6
10		Felicity GIAMPIETRO	FR	#1 Catholic (D.C.) {2}	26.63	(-0.2)	4/14

Women's 400 Meters

1	30	Kelty OASTER	SR	#5 Elizabethtown	57.06		4/14
2	38	Abigail GIAMONI	JR	#3 Moravian	57.35		4/20
3	90	Emily CAMLET	SO	#7 Drew	58.61		4/19
4		Tanise THORNTON - FILLYAW	SO	#8 Goucher	59.77		3/27
5		Clare MARSH	JR	#1 Catholic (D.C.)	59.91		3/22
6		Zoey BROWN	FR	#1 Catholic (D.C.) {2}	1:00.47		4/14
7		Rachele GRIGOLI	FR	#3 Moravian {2}	1:00.95		4/20
8		Sabrina BENIQUEZ	FR	#1 Catholic (D.C.) {3}	1:00.96		4/14
9		Emily MOEHRINGER	JR	#1 Catholic (D.C.) {4}	1:01.17		4/14
10		Ashley NEWMAN	SO	#2 Susquehanna	1:01.23		4/20

Women's 400 Meter Hurdles

1	25	Clare MARSH	JR	#1 Catholic (D.C.)	1:04.30		4/14
2	38	Brigid BYRNES	FR	#1 Catholic (D.C.) {2}	1:04.97		4/14
3	73	Olivia BARBACCI	SO	#6 Juniata	1:06.22		4/17
4	81	Mia MCCONNELL	FR	#1 Catholic (D.C.) {3}	1:06.52		4/14
5		Molly WHITE	SO	#4 Scranton	1:09.32		4/6
6		Julia ACEVEDO	SR	#2 Susquehanna	1:10.05		3/23
7		Alicia VO	FR	#1 Catholic (D.C.) {4}	1:10.69		4/6
8		Kelsey MYLER	FR	#4 Scranton {2}	1:11.39		4/20
9		Denicia GERMAN	FR	#2 Susquehanna {2}	1:11.40		4/20
10		Sabrina BENIQUEZ	FR	#1 Catholic (D.C.) {5}	1:11.88		4/20

Women's 800 Meters

1	9	Tanise THORNTON - FILLYAW	SO	#8 Goucher	2:11.02		4/20
2	14	Emily MOEHRINGER	JR	#1 Catholic (D.C.)	2:12.03		4/14
3	15	Kelty OASTER	SR	#5 Elizabethtown	2:12.05		4/14
4	88	Apolline GASPERS	JR	#1 Catholic (D.C.) {2}	2:17.59		4/14
5		Skye WASHINGTON	SO	#8 Goucher {2}	2:20.63		4/13
6		Olivia TULLMAN	SR	#4 Scranton	2:23.92		4/20
7		Victoria URBAEZ	FR	#2 Susquehanna	2:24.29		4/6
8		Tara SMURLA	SO	#3 Moravian	2:25.60		3/30
9		Rebecca CHRISTOPHEL	JR	#6 Juniata	2:26.97		4/17
10		Alexa GRASSI	FR	#1 Catholic (D.C.) {3}	2:27.33		4/13

Women's 1500 Meters

1	67	Apolline GASPERS	JR	#1 Catholic (D.C.)	4:41.26		4/20
2	85	Emily MOEHRINGER	JR	#1 Catholic (D.C.) {2}	4:42.42		4/6
3		Emily HOPKINS	SO	#4 Scranton	4:45.58		4/20
4		Tanise THORNTON - FILLYAW	SO	#8 Goucher	4:50.97		3/29
5		Tara SMURLA	SO	#3 Moravian	4:53.88		3/30
6		Kelty OASTER	SR	#5 Elizabethtown	4:55.66		4/14
7		Olivia TULLMAN	SR	#4 Scranton {2}	4:56.30		4/6
8		Kate RICE	SO	#7 Drew	4:58.66		3/30
9		Victoria URBAEZ	FR	#2 Susquehanna	5:03.08		4/20
10		Maureen BOSAK	JR	#5 Elizabethtown {2}	5:04.61		4/6

Women's Steeplechase

1	27	Kate INGLIS	JR	#1 Catholic (D.C.)	11:15.51		3/22
2	90	Amber PONIKTERA	JR	#3 Moravian	11:40.44		4/14
3		Rachael GOODMAN	JR	#3 Moravian {2}	11:46.77		4/14
4		Sadie ABOOD	SR	#1 Catholic (D.C.) {2}	11:53.82		3/22
5		Alyssa HOCKENBERRY	FR	#3 Moravian {3}	12:13.61		4/20
6		Ellie HEILMAN	FR	#5 Elizabethtown	12:15.54		4/6
7		Alexis HOCKENBERRY	FR	#3 Moravian {4}	12:17.04		4/20
8		Maeve KEEFE	FR	#5 Elizabethtown {2}	12:35.80		4/21
9		Isabell ANDERSON	SO	#5 Elizabethtown {3}	12:46.21		4/21
10		Hannah KOLONOSKI	JR	#3 Moravian {5}	13:05.69		4/6



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Women's 5000 Meters

1	Tara SMURLA	SO	#3 Moravian	17:55.98	3/23
2	Emily HOPKINS	SO	#4 Scranton	18:06.29	4/14
3	Kate RICE	SO	#7 Drew	18:12.16	3/30
4	Kate INGLIS	JR	#1 Catholic (D.C.)	18:27.50	4/6
5	Bridget KENNEDY	SR	#5 Elizabethtown	18:31.42	3/27
6	Sadie ABOOD	SR	#1 Catholic (D.C.) {2}	18:49.87	4/20
7	Georgia NUSSEY	JR	#1 Catholic (D.C.) {3}	18:52.73	3/22
8	Meghan MYERS	SO	#3 Moravian {2}	18:53.68	3/23
9	Rachael GOODMAN	JR	#3 Moravian {3}	18:58.56	4/20
10	Ava PERLOV	SO	#1 Catholic (D.C.) {4}	19:01.81	4/6

Women's 10,000 Meters

1	30 Tara SMURLA	SO	#3 Moravian	36:08.51	4/14
2	91 Georgia NUSSEY	JR	#1 Catholic (D.C.)	38:18.73	4/6
3	Bridget KENNEDY	SR	#5 Elizabethtown	39:18.50	4/6
4	Tori CHAMPAGNE	SO	#3 Moravian {2}	40:10.91	4/20
5	Isabelle SMITH	JR	#5 Elizabethtown {2}	40:12.77	4/6
6	Catriona CORBETT	SR	#4 Scranton	40:24.99	3/28
7	Stella NOECKER	SR	#1 Catholic (D.C.) {2}	40:55.97	4/6
8	Meghan MYERS	SO	#3 Moravian {3}	41:33.44	4/14
9	Ally MEEKS	JR	#3 Moravian {4}	41:43.90	4/20
10	Emma O'TOOLE	SO	#5 Elizabethtown {3}	43:29.38	4/6

Women's 4x100 Relay

1	24 Hannah Alderfer, Remi Acord, Chloe Yoder, Alexa Rine	#2 Susquehanna	48.06	4/20
2	53 Shai Knight, Abigail Giamoni, Rachele Grigoli, Alexis Groff	#3 Moravian	48.81	4/20
3	64 #Type!	#1 Catholic (D.C.)	49.13	4/20
4	86 Wendy De La Cruz Garcia, Samantha Sharrow, Isabella Delgado, Jocelyn Smith	#4 Scranton	49.76	4/20
5	Jarrett Wagner, Sara Rich, Ash Rich, Kate Bendall	#5 Elizabethtown	51.12	4/6
6	#Type!	#7 Drew	53.11	4/6
7	Nora Neall, Tanise Thornton - Fillyaw, Aaliyah Briddell, Ray Asiedu	#8 Goucher	54.12	3/27

Women's 4x400 Relay

1	51 Mia McConnell, Clare Marsh, Zoey Brown, Brigid Byrnes	#1 Catholic (D.C.)	4:02.52	4/6
2	Rebecca Christophel, Olivia Barbacci, Ashley Alfree, Camille McRoberts	#6 Juniata	4:12.31	4/13
3	Ashley Newman, Caitlyn Kuhn, Liza Levin, Chloe Yoder	#2 Susquehanna	4:14.34	4/12
4	#Type!	#4 Scranton	4:14.50	4/6
5	Rachele Grigoli, Ashley Rodrigues, Shai Knight, Abigail Giamoni	#3 Moravian	4:14.97	3/30
6	Katherine Hartman, Axel Georgieff, Melissa Patton, Ash Rich	#5 Elizabethtown	4:21.58	4/6
7	Tamryn Thornton-Fillyaw, Imaya Edmonds, Tanise Thornton-Fillyaw, Ray Asiedu	#8 Goucher	4:22.44	4/6
8	#Type!	#7 Drew	4:27.58	4/19

Women's High Jump

1	23 Anna SCOBlick	SO	#1 Catholic (D.C.)	1.65m	5-5	4/20
2	36 Melina CHRISTODOULOU	SR	#7 Drew	1.62m	5-3¾	3/30
3	52 Alexis GROFF	SR	#3 Moravian	1.60m	5-3	3/30
4	97 Ash RICH	FR	#5 Elizabethtown	1.57m	5-1¾	4/21
5	Olivia BARBACCI	SO	#6 Juniata	1.55m	5-1	4/17
6	Jenna HORNING	SR	#2 Susquehanna	1.52m	4-11¾	4/6
6	Gretchen HARAY	SO	#4 Scranton	1.52m	4-11¾	4/6
6	Elena FUNK	FR	#4 Scranton	1.52m	4-11¾	4/6
6	Ali HAEFELE	SO	#3 Moravian {2}	1.52m	4-11¾	3/30
10	Courtney CUTTING	SR	#1 Catholic (D.C.) {2}	1.50m	4-11	4/13
10	Charlotte HOULE	FR	#2 Susquehanna {2}	1.50m	4-11	4/20

Women's Pole Vault

1	Sarah BOWER	JR	#2 Susquehanna	3.20m	10-6	4/6
1	Olivia BARBACCI	SO	#6 Juniata	3.20m	10-6	4/21
3	Alison SPONSELLER	FR	#2 Susquehanna {2}	2.75m	9-¼	4/6
4	Katie SEAL	JR	#4 Scranton	2.60m	8-6¼	4/6
4	Sophia BOSTWICK	FR	#2 Susquehanna {3}	2.60m	8-6¼	4/6
4	Ash RICH	FR	#5 Elizabethtown	2.60m	8-6¼	3/27
7	Katie CAMMARATA	SO	#2 Susquehanna {4}	2.45m	8-½	4/6
7	Hayla BRYANT	FR	#4 Scranton {2}	2.45m	8-½	4/20
7	Ashley ALFREE	SO	#6 Juniata {2}	2.45m	8-½	4/21
7	Sara RICH	FR	#5 Elizabethtown {2}	2.45m	8-½	3/27



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WOMEN — 2024 Week #5, April 23



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Women's Long Jump

1	8	Remi ACORD	JR	#2 Susquehanna	5.75m	18-10½ (0.5)	4/19
2	46	Hannah ALDERFER	JR	#2 Susquehanna	{2} 5.47m	17-11½ (1.1)	4/19
3	49	Sage HENDERSHOT	FR	#7 Drew	5.46m	17-11 (0.1)	3/30
4	88	Chloe YODER	SR	#2 Susquehanna	{3} 5.32m	17-5½ (0.6)	4/12
5		Samantha SHARROW	SO	#4 Scranton	5.27m	17-3½ (-0.3)	4/20
6		Brigid BYRNES	FR	#1 Catholic (D.C.)	5.26m	17-3¼ (0.8)	4/20
7		Julia ACEVEDO	SR	#2 Susquehanna	{4} 5.10m	16-8¾ (1.2)	4/12
8		Ali HAEFELE	SO	#3 Moravian	5.09m	16-8½ (-2.3)	4/6
9		Olivia BARBACCI	SO	#6 Juniata	5.07mw	16-7¾ (3.4)	4/6
10		Kate BENDALL	FR	#5 Elizabethtown	4.96m	16-3¼ (-1.9)	4/21
10		Madeline SAMAR	FR	#4 Scranton	{2} 4.96m	16-3¼ (0.3)	4/20

Women's Triple Jump

1	8	Remi ACORD	JR	#2 Susquehanna	12.17m	39-11¼ (0.9)	4/20
2	24	Ali HAEFELE	SO	#3 Moravian	11.66mw	38-3¼ (3.0)	3/29
3	59	Julia ACEVEDO	SR	#2 Susquehanna	{2} 11.20m	36-9 (0.1)	4/12
4	68	Molly WHITE	SO	#4 Scranton	11.17m	36-7¾ (0.3)	4/20
5	100	Kate BENDALL	FR	#5 Elizabethtown	10.98m	36-¼ (-3.7)	4/21
6		Hannah ALDERFER	JR	#2 Susquehanna	{3} 10.69m	35-1 (0.0)	4/12
7		Jessica TSU	SR	#4 Scranton	{2} 10.48m	34-4¾ (-0.9)	3/27
8		Melina CHRISTODOULOU	SR	#7 Drew	10.26m	33-8 (-1.3)	3/30
9		Alicia VO	FR	#1 Catholic (D.C.)	10.09m	33-1¼ (1.1)	4/6
10		Hailey MONAGHAN	JR	#4 Scranton	{3} 10.04m	32-11¼ (-2)	4/20

Women's Shot Put

1	99	Mylea NEIDIG	SR	#5 Elizabethtown	12.20m	40-½	3/27
2		Ciara DONEGAN	JR	#1 Catholic (D.C.)	11.93m	39-1¾	3/22
3		Nandee CORREIA	SR	#6 Juniata	11.88m	38-11¾	4/21
4		Maggie BOYER	SR	#2 Susquehanna	11.35m	37-3	4/12
5		DaniRae RENNO	JR	#5 Elizabethtown	{2} 10.83m	35-6½	4/21
6		Margie RAYNE	SO	#3 Moravian	10.80m	35-5¼	4/13
7		Mikayla WOODRING	JR	#3 Moravian	{2} 10.67m	35-¼	3/23
8		Arin PEYKAR	JR	#3 Moravian	{3} 10.52m	34-6¼	3/23
9		Kara VASHEY	SO	#3 Moravian	{4} 10.49m	34-5	4/20
10		Chloe SAUER	FR	#6 Juniata	{2} 10.40m	34-1½	4/6

Women's Discus

1	35	Margie RAYNE	SO	#3 Moravian	42.40m	139-1	4/20
2	63	DaniRae RENNO	JR	#5 Elizabethtown	40.53m	133-0	4/14
3		Caillie FISH	JR	#3 Moravian	{2} 38.19m	125-4	4/20
4		Molly MAXWELL	JR	#1 Catholic (D.C.)	34.37m	112-9	4/6
5		Alexandra FERRADOR	SR	#4 Scranton	33.88m	111-2	4/6
6		Kara VASHEY	SO	#3 Moravian	{3} 33.59m	110-3	4/20
7		Mylea NEIDIG	SR	#5 Elizabethtown	{2} 33.46m	109-10	4/21
8		Rebecca CREE	SO	#2 Susquehanna	33.25m	109-1	4/6
9		Maggie BOYER	SR	#2 Susquehanna	{2} 32.39m	106-3	4/12
10		Kaleah LEISHER	SO	#6 Juniata	32.10m	105-4	4/21

Women's Hammer

1	63	Maggie BOYER	SR	#2 Susquehanna	47.36m	155-5	4/6
2		Caillie FISH	JR	#3 Moravian	44.20m	145-0	3/30
3		DaniRae RENNO	JR	#5 Elizabethtown	40.88m	134-2	4/21
4		Nandee CORREIA	SR	#6 Juniata	40.39m	132-6	4/21
5		Margie RAYNE	SO	#3 Moravian	{2} 40.35m	132-5	4/20
5		Alexandra FERRADOR	SR	#4 Scranton	40.35m	132-5	4/6
7		Catherine SIRIGNANO	FR	#2 Susquehanna	{2} 39.63m	130-0	4/21
8		Liz MISKOVSKY	JR	#3 Moravian	{3} 39.54m	129-9	4/13
9		Paulina BIAGIONI	SO	#2 Susquehanna	{3} 38.53m	126-5	4/12
10		Mikayla WOODRING	JR	#3 Moravian	{4} 38.10m	125-0	4/13

Women's Javelin

1	18	Erin MILLER	SR	#5 Elizabethtown	40.08m	131-6	4/14
2	52	Victoria DONOVAN	SR	#3 Moravian	37.72m	123-9	4/13
3		Ainslee BINKLEY	SO	#2 Susquehanna	34.76m	114-1	4/20
4		Delaynee MCLEOD	SR	#2 Susquehanna	{2} 34.63m	113-8	4/12
5		Abby MCCLASKEY	JR	#3 Moravian	{2} 34.15m	112-1	4/20
6		Emma COOLIDGE	SO	#6 Juniata	33.39m	109-7	4/21
7		Hannah ALDERFER	JR	#2 Susquehanna	{3} 32.85m	107-10	4/6
8		Bella DAUBERMAN	FR	#2 Susquehanna	{4} 31.92m	104-9	4/6
9		Paulina BIAGIONI	SO	#2 Susquehanna	{5} 30.49m	100-1	4/20
10		Justice SHEAFFER	FR	#6 Juniata	{2} 29.65m	97-3½	4/21

Women's Heptathlon

1	27	Hannah ALDERFER	JR	#2 Susquehanna	4,251	4/12
2	68	Julia ACEVEDO	SR	#2 Susquehanna	{2} 3,535	4/12
3		Charlotte HOULE	FR	#2 Susquehanna	{3} 2,812	4/12
4		Mazzy CIRINELLI	SO	#7 Drew	2,697	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



Liberty League

as of 4/23/2024 8:33:12 AM ET

Women's 100 Meters

1	23	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	12.09w	(2.3)	4/7
2		Sadie SCHREINER	SO	#3 RIT	12.56	(1.9)	4/20
2		Laura SUPPA	SO	#1 Ithaca	12.56w	(2.7)	4/20
4		Ava NOVAK	SR	#5 Vassar	12.61w	(3.4)	4/6
5		Christine MALLETT	JR	#4 RPI	12.75	(-0.7)	4/7
5		Ava BUTLER	FR	#1 Ithaca	{2} 12.75	(1.8)	4/7
7		Caroline HILL	JR	#3 RIT	{2} 12.78	(1.9)	4/20
8		Nora CHEN	FR	#2 Rochester (N.Y.)	{2} 12.81	(1.1)	4/7
9		Katie MANNING	JR	#4 RPI	{2} 12.92	(0.1)	4/20
10		Natalie MACARTHUR	JR	#1 Ithaca	{3} 12.93w	(2.2)	4/12

Women's 100 Meter Hurdles

1	24	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	14.55	(1.9)	4/13
2	44	Laura SUPPA	SO	#1 Ithaca	14.87w	(2.7)	4/20
3	57	Rachel LARSON	SO	#1 Ithaca	{2} 15.03w	(2.2)	4/20
4	87	Jahmilia DENNIS	SO	#5 Vassar	15.29w	(2.5)	4/20
5		Allison REGNANTE	JR	#3 RIT	15.58	(1.2)	4/7
6		Ashley SHELTON	FR	#6 Union (N.Y.)	15.79	(1.5)	4/6
7		Cecelia LABONTE	SO	#1 Ithaca	{3} 15.92w	(2.3)	4/7
8		Samantha CRISCI	SO	#3 RIT	{2} 16.16	(0.1)	4/14
9		Freja NIKLASSON	SO	#5 Vassar	{2} 16.47w	(2.5)	4/6
10		Nora JENSEN	SR	#5 Vassar	{3} 16.90	(1.1)	3/30

Women's 200 Meters

1	5	Sadie SCHREINER	SO	#3	RIT	24.50	(0.6)	4/7
2	29	Ashley HEFFERNAN	SR	#2	Rochester (N.Y.)	24.96	(-0.6)	4/13
3	88	Megan BELL	JR	#2	Rochester (N.Y.) {2}	25.47	(1.9)	4/21
4		Caroline HILL	JR	#3	RIT {2}	25.67	(0.6)	4/7
5		Ava BUTLER	FR	#1	Ithaca	25.82w	(2.6)	4/12
6		Ava NOVAK	SR	#5	Vassar	25.87cuw	(26.53w) (2.	4/6
7		Natalie MACARTHUR	JR	#1	Ithaca	{2} 25.91w	(2.6)	4/12
8		Christine MALLETT	JR	#4	RPI	26.03	(1.6)	4/12
9		Lauren SZALKOWSKI	FR	#4	RPI	{2} 26.19	(1.6)	4/12
10		Devan ADEGBILE	JR	#1	Ithaca	{3} 26.22w	(3.9)	4/20

Women's 400 Meters

1	4	Sadie SCHREINER	SO	#3 RIT	55.44		4/14
2	8	Megan BELL	JR	#2 Rochester (N.Y.)	56.04		4/7
3	16	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	{2} 56.58		4/14
4		Lauren SZALKOWSKI	FR	#4 RPI	58.75		4/7
5		Nora CHEN	FR	#2 Rochester (N.Y.)	{3} 58.91		4/21
6		Caroline HILL	JR	#3 RIT	{2} 59.29		4/7
7		Natalie MACARTHUR	JR	#1 Ithaca	59.65		3/30
8		Ava BUTLER	FR	#1 Ithaca	{2} 1:00.10		4/20
9		Raquella CASSERINO	FR	#2 Rochester (N.Y.)	{4} 1:00.97		4/14
10		Kasey MCGERALD	SR	#6 Union (N.Y.)	1:01.11		4/20

Women's 400 Meter Hurdles

1	14	Nora CHEN	FR	#2 Rochester (N.Y.)	1:03.46		4/7
2	59	Luca PECORA	JR	#1 Ithaca	1:05.77		4/7
3	95	Caroline STANTON	SR	#6 Union (N.Y.)	1:07.19		4/20
4		Samantha CRISCI	SO	#3 RIT	1:07.86		4/7
5		Elli CLOUTIER	FR	#1 Ithaca	{2} 1:08.91		4/20
6		Justine DRAPER	JR	#3 RIT	{2} 1:09.63		4/13
7		Freja NIKLASSON	SO	#5 Vassar	1:10.63		4/20
8		Rachel LARSON	SO	#1 Ithaca	{3} 1:10.69		4/20
9		Kaden LECHASE	FR	#1 Ithaca	{4} 1:10.79		4/7
10		Jordina COLEMAN	JR	#4 RPI	1:12.94		4/20

Women's 800 Meters

1	8	Megan BELL	JR	#2 Rochester (N.Y.)	2:10.59		4/14
2		Allison SIBOLD	SR	#7 St. Lawrence	2:18.17		4/6
3		Norah READE	FR	#5 Vassar	2:20.76		4/20
4		Joy PETERSEN	SO	#1 Ithaca	2:20.86		3/30
5		Allison MALATESTA	SR	#6 Union (N.Y.)	2:21.13		4/12
6		Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	{2} 2:21.39		4/13
7		Ava WHITNEY	FR	#5 Vassar	{2} 2:21.93		4/12
8		Catherine DACEY	JR	#6 Union (N.Y.)	{2} 2:22.53		4/12
9		Emily JOHNSON	JR	#1 Ithaca	{2} 2:22.59		4/7
10		Jessica GOODE	SO	#1 Ithaca	{3} 2:22.78		4/20

Women's 1500 Meters

1	45	Haley SCHOENEGGE	FR	#5 Vassar	4:37.56u		4/6
2	84	Jules BLESKOSKI	FR	#4 RPI	4:42.39		4/7
3		Amelia GILBERT	SR	#3 RIT	4:45.65		4/7
4		Olivia PISACANO	JR	#4 RPI	{2} 4:45.98		4/7
5		Catherine DACEY	JR	#6 Union (N.Y.)	4:46.86		4/20
6		Allison SIBOLD	SR	#7 St. Lawrence	4:49.39		4/14
7		Ava WHITNEY	FR	#5 Vassar	{2} 4:49.83		4/20
8		Sierra DANIEU	JR	#3 RIT	{2} 4:51.29		4/14
9		Norah READE	FR	#5 Vassar	{3} 4:53.77		4/14
10		Sennett TURNER	SR	#2 Rochester (N.Y.)	4:55.15		4/21

Women's Steeplechase

1	53	Kat BENNINGER	SR	#2 Rochester (N.Y.)	11:29.90		4/7
2	64	Claudia WOLF	SO	#4 RPI	11:35.96		4/7
3	92	Allison MALATESTA	SR	#6 Union (N.Y.)	11:41.66		4/20
4		Sab LIN	JR	#2 Rochester (N.Y.)	{2} 11:43.93		4/21
5		Logan BRASACCHIO	SO	#1 Ithaca	11:45.23		4/20
6		Emma PALUMBO	JR	#7 St. Lawrence	11:46.31		4/20
7		Tessa BOSSOM	SO	#4 RPI	{2} 11:48.71		4/7
8		Charlotte BLAKE	FR	#7 St. Lawrence	{2} 11:52.13		3/30
9		Sabrina TERANDO	SR	#2 Rochester (N.Y.)	{3} 11:56.61		4/21
10		Hannah BENNETT	FR	#7 St. Lawrence	{3} 11:58.52		4/20



Conference TFRI Event Summary



Liberty League

as of 4/23/2024 8:33:13 AM ET

Women's 5000 Meters

1	5	Haley SCHOENEGGE	FR	#5 Vassar	16:32.59	4/14
2	24	Jules BLESKOSKI	FR	#4 RPI	16:59.04	4/14
3	33	Olivia PISACANO	JR	#4 RPI {2}	17:06.81	4/14
4	80	Sennett TURNER	SR	#2 Rochester (N.Y.)	17:36.77	3/29
5		Jessica GOODE	SO	#1 Ithaca	17:49.28	3/30
6		Emma PALUMBO	JR	#7 St. Lawrence	18:00.29	4/14
7		Katie COBOS	SR	#3 RIT	18:05.17	3/30
8		Sierra DANIEU	JR	#3 RIT {2}	18:10.54	4/20
9		Leah GOODLOE	JR	#4 RPI {3}	18:12.49	4/7
10		Olivia REID	JR	#4 RPI {4}	18:14.67	4/7

Women's 10,000 Meters

1	29	Sennett TURNER	SR	#2 Rochester (N.Y.)	36:07.87	4/14
2	88	Kyla EISMAN	SO	#1 Ithaca	38:15.89	4/20
3		Leah GOODLOE	JR	#4 RPI	38:40.46	4/14
4		Alicia LAWSON	JR	#2 Rochester (N.Y.) {2}	39:30.35	4/14
5		Amaavi MIRIYAGALLA	SR	#5 Vassar	39:35.69	3/30
6		Olivia BERNIER	SR	#7 St. Lawrence	39:36.52	4/14
7		Meredith CROCKETT	JR	#2 Rochester (N.Y.) {3}	40:03.96	4/13
8		Andie BURTON	JR	#2 Rochester (N.Y.) {4}	40:16.63	4/13
9		Alyssa HORNG	SO	#2 Rochester (N.Y.) {5}	40:22.57	4/13
10		Adriana CECCHETELLI	SO	#7 St. Lawrence {2}	40:25.79	4/14

Women's 4x100 Relay

1	66	Allison Regnante, Sadie Schreiner, Rania Sabri, Caroline Hill	#3 RIT	49.20	3/30
2	79	Christine Mallette, Katie Manning, Alyssa Fici, Lauren Szalkowski	#4 RPI	49.59	4/12
3	98	Rachel Larson, Ava Butler, Tayla Hummel, Natalie MacArthur	#1 Ithaca	49.94	4/20
4		Julia Largett, Alyssa Hoogs, Ashleigh Barrett, Ashley Heffernan	#2 Rochester (N.Y.)	50.11	4/7
5		Jamie Eu, Ava Novak, Jahmilia Dennis, Traci Francis	#5 Vassar	50.55u	4/6
6		Glory Moncion-Allen, Gabrielle Baker, Ava Partenza, Katherine Doran	#6 Union (N.Y.)	51.12	4/6
7		Margaret McNally, Kiran Black, Peyton Hunsicker, Lyla Baldwin	#7 St. Lawrence	54.66	4/6

Women's 4x400 Relay

1	3	Madeline O'Connell, Nora Chen, Ashley Heffernan, Megan Bell	#2 Rochester (N.Y.)	3:47.30	4/21
2	43	Samantha Crisci, Caroline Hill, Violet Ameele, Sadie Schreiner	#3 RIT	4:01.42	4/7
3	60	Emily Johnson, Giana Haubrich, Natalie MacArthur, Ava Butler	#1 Ithaca	4:04.69	4/7
4		Maya Carey, Sophia Henderson, Margaret McLaughlin, Ava Novak	#5 Vassar	4:11.00cu(4:16.14u)	4/6
5		Katherine Doran, Grace Ardito, Marley Froe, Glory Moncion-Allen	#6 Union (N.Y.)	4:14.19	4/20
6		Allison Sibold, Emma Palumbo, Charlotte Blake, Adriana Cecchetelli	#7 St. Lawrence	4:38.04	4/6

Women's High Jump

1	16	Ashley SHELDON	FR	#6 Union (N.Y.)	1.67m	5-5¾	4/6
2	29	Madeleine WRIGHT	FR	#1 Ithaca	1.63m	5-4¼	4/7
3	52	Lydia BARBER	FR	#1 Ithaca {2}	1.60m	5-3	4/20
4		Celia RYAN	FR	#1 Ithaca {3}	1.55m	5-1	4/20
5		Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	1.54m	5-½	4/13
5		Cecelia LABONTE	SO	#1 Ithaca {4}	1.54m	5-½	4/7
7		Tooni OLALEYE	FR	#4 RPI	1.52m	4-11¾	4/7
8		Grace ARDITO	SO	#6 Union (N.Y.) {2}	1.47m	4-9¾	4/6
9		Caroline STANTON	SR	#6 Union (N.Y.) {3}	1.45m	4-9	4/12
10		Abigail SASSON	FR	#5 Vassar	1.42m	4-7¾	3/30

Women's Pole Vault

1	6	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	3.85m	12-7½	4/21
2	32	Catherine FOX	SR	#3 RIT	3.61m	11-10	4/13
3	47	Erin EASTWOOD	SO	#1 Ithaca	3.50m	11-5¾	4/7
4	69	Bree BOYLE	SO	#1 Ithaca {2}	3.40m	11-1¾	4/13
5	81	Talia HUTCHINSON	FR	#1 Ithaca {3}	3.35m	10-11¾	3/30
6		Laura SUPPA	SO	#1 Ithaca {4}	2.95m	9-8	4/13
7		Samantha SCHLECTMAN	SO	#3 RIT {2}	2.71m	8-10¾	4/7
8		Mia GERBER	FR	#3 RIT {3}	2.56m	8-4¾	4/7



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



Liberty League

as of 4/23/2024 8:33:13 AM ET

Women's Long Jump

1	7	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	5.78m	18-11¾ (2.0)	4/13
2		Ava NOVAK	SR	#5 Vassar	5.26m	17-3¼ (1.3)	4/12
3		Sydney PASSLEY-HARRIS	SO	#5 Vassar {2}	5.22m	17-1½ (-2.0)	3/30
4		Alexis BROWN	FR	#1 Ithaca	5.19m	17-½ (1.9)	4/7
5		Jordyn DOLAN	SO	#1 Ithaca {2}	5.15mw	16-10¾ (2.2)	4/20
6		Alyssa HOOGS	SR	#2 Rochester (N.Y.) {2}	5.14mw	16-10½ (2.3)	4/21
7		Ashanti STANLEY	SR	#1 Ithaca {3}	5.11m	16-9¼ (1.1)	4/20
8		Katie MANNING	JR	#4 RPI	5.08mw	16-8 (2.1)	4/12
9		Allison REGNANTE	JR	#3 RIT	5.05m	16-7 (1.2)	4/14
10		Ashleigh BARRETT	SO	#2 Rochester (N.Y.) {3}	4.95m	16-3 (1.8)	4/21

Women's Triple Jump

1	36	Jahmilia DENNIS	SO	#5 Vassar	11.52m	37-9½ (-0.8)	4/20
2	62	Alyssa HOOGS	SR	#2 Rochester (N.Y.)	11.18m	36-8¼ (1.0)	4/14
3	93	Luca PECORA	JR	#1 Ithaca	11.02m	36-2 (0.3)	4/20
4		Alexis BROWN	FR	#1 Ithaca {2}	10.88m	35-8½ (-0.6)	4/20
5		Ashanti STANLEY	SR	#1 Ithaca {3}	10.85m	35-7¼ (0.0)	4/12
6		Ashley SHELDON	FR	#6 Union (N.Y.)	10.79mw	35-4¾ (3.0)	4/12
7		Allison REGNANTE	JR	#3 RIT	10.67m	35-¼ (1.1)	4/7
8		Rania SABRI	SO	#3 RIT {2}	10.54m	34-7 (0.9)	4/14
9		Violet AMEELE	SR	#3 RIT {3}	10.46m	34-4 (0.0)	4/7
10		Ashleigh BARRETT	SO	#2 Rochester (N.Y.) {2}	10.25mw	33-7½ (2.2)	4/13

Women's Shot Put

1	62	Emily DIMARCO	JR	#3 RIT	12.56m	41-2½	4/7
2		Deziree GARRICK	JR	#2 Rochester (N.Y.)	12.01m	39-5	4/7
3		Marinna HEICHBERGER	SO	#3 RIT {2}	11.98m	39-3¾	4/14
4		Kylie ALLEN	FR	#4 RPI	11.86m	38-11	4/12
5		Amelia GECK	FR	#3 RIT {3}	11.77m	38-7½	4/20
6		Lily SEYFERT	SO	#1 Ithaca	11.72m	38-5½	4/20
7		Cora ROSE	JR	#2 Rochester (N.Y.) {2}	11.70m	38-4¾	4/21
8		Cheyenne MCPEEK	FR	#1 Ithaca {2}	11.35m	37-3	3/23
9		Leanna WELLS	FR	#4 RPI {2}	11.32m	37-1¾	4/7
10		Madison VARGAS	FR	#2 Rochester (N.Y.) {3}	11.17m	36-7¾	4/21

Women's Discus

1	60	Emily DIMARCO	JR	#3 RIT	40.73m	133-8	4/20
2	64	Cora ROSE	JR	#2 Rochester (N.Y.)	40.44m	132-8	4/21
3	65	Madison VARGAS	FR	#2 Rochester (N.Y.) {2}	40.41m	132-7	4/21
4	69	Lily SEYFERT	SO	#1 Ithaca	40.11m	131-7	3/23
5	70	Grace RICHARD	SO	#4 RPI	39.97m	131-2	4/20
6		Katie LYNCH	SO	#4 RPI {2}	38.21m	125-5	4/7
7		Bailee DRUMMOND	FR	#3 RIT {2}	37.82m	124-1	3/30
8		Sydney PETRIE	SO	#5 Vassar	37.48m	123-0	4/6
9		Cheyenne MCPEEK	FR	#1 Ithaca {2}	36.84m	120-11	4/7
10		Emily BOSWELL	SR	#7 St. Lawrence	34.29m	112-6	4/20

Women's Hammer

1	81	Lily SEYFERT	SO	#1 Ithaca	46.60m	152-11	4/20
2		Deziree GARRICK	JR	#2 Rochester (N.Y.)	44.81m	147-0	4/13
3		Katie LYNCH	SO	#4 RPI	44.80m	147-0	4/20
4		Liv ILASZ	SO	#2 Rochester (N.Y.) {2}	43.57m	143-0	4/21
5		Cheyenne MCPEEK	FR	#1 Ithaca {2}	43.38m	142-4	4/7
6		Grace RICHARD	SO	#4 RPI {2}	41.74m	137-0	4/12
7		Autumn BERNAVA	FR	#3 RIT	41.53m	136-3	3/30
8		Soncerae HAMITER	JR	#1 Ithaca {3}	41.41m	135-11	4/13
9		Cora ROSE	JR	#2 Rochester (N.Y.) {3}	40.76m	133-9	3/29
10		Enya GREEN	FR	#1 Ithaca {4}	40.07m	131-6	4/20

Women's Javelin

1	32	Lily SEYFERT	SO	#1 Ithaca	38.93m	127-9	3/23
2		Sonya SHIVOK	JR	#3 RIT	33.80m	110-11	4/7
3		Aimee OSZER	FR	#2 Rochester (N.Y.)	33.58m	110-2	4/13
4		Charlotte POWELL	FR	#1 Ithaca {2}	33.40m	109-7	4/20
5		Mia GERBER	FR	#3 RIT {2}	32.21m	105-8	4/7
6		Leanna WELLS	FR	#4 RPI	32.01m	105-0	4/20
7		Abigail CARPENTER	JR	#3 RIT {3}	31.19m	102-4	4/7
8		Celia RYAN	FR	#1 Ithaca {3}	29.15m	95-7¾	3/23
9		Lauren ARMSTRONG	JR	#6 Union (N.Y.)	28.25m	92-8¼	4/20
10		Victoria BERMEIO	FR	#2 Rochester (N.Y.) {2}	28.15m	92-4¼	4/7

Women's Heptathlon

1	3	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	4,951		4/13
2	51	Cecelia LABONTE	SO	#1 Ithaca	3,844		4/12
3	70	Julia LARGETT	SO	#2 Rochester (N.Y.) {2}	3,528		4/13
4	81	Madeleine WRIGHT	FR	#1 Ithaca {2}	3,422		4/12
5		Elli CLOUTIER	FR	#1 Ithaca {3}	3,004		4/12
6		Halle RAINA	JR	#4 RPI	2,781		4/12
7		Abigail SASSON	FR	#5 Vassar	2,735		4/12
8		Gabby IRVIN	FR	#4 RPI {2}	2,548		4/12



Conference TFRI Event Summary



Little East

as of 4/23/2024 8:33:13 AM ET

Women's 100 Meters

1	75	Dorinda OKORJI	JR	#6 UMass Boston	12.35w	(3.0)	3/16
2		Trinity HAYES	JR	#8 Rhode Island Col	12.45w	(3.4)	4/6
3		Janiah YOUNG	SO	#1 Southern Maine	12.51	(-1.8)	4/13
4		Athena COMEAU	JR	#4 Plymouth State	12.77	(0.4)	4/20
5		Heaven CONLEY	JR	#1 Southern Maine {2}	12.78	(0.8)	4/13
6		Syriah MCCRUSE	FR	#5 Keene State	12.93	(1.0)	4/13
7		Aryianna GARCEAU	SO	#6 UMass Boston {2}	12.95	(0.3)	4/8
8		Paige HURST	JR	#4 Plymouth State {2}	12.99w	(3.2)	4/13
9		Cassidy HANSON	SO	#4 Plymouth State {3}	13.05	(1.0)	4/13
10		MacKenzie LABRIE	SR	#4 Plymouth State {4}	13.13w	(3.2)	4/13

Women's 100 Meter Hurdles

1	14	Aryianna GARCEAU	SO	#6 UMass Boston	14.41	(1.3)	4/13
2	49	Kiana GOLDBERG	FR	#1 Southern Maine	14.95w	(2.5)	4/6
3		McKenna CASTOR	FR	#7 Castleton	16.70w	(3.5)	4/6
4		Molly LU MCKELLAR	SO	#5 Keene State	16.98	(-0.3)	4/20
5		Analiese POISSON	JR	#2 Eastern Connect	17.19	(0.4)	4/20
6		Megan MOYNIHAN	SO	#4 Plymouth State	17.60	(1.2)	4/20
7		Briana CAMAN	FR	#3 UMass Dartmouth	18.43	(1.2)	4/6
8		Delaney SARTWELL	SO	#6 UMass Boston {2}	19.83w	(3.3)	3/30
9		Abigail SCHELL	SO	#6 UMass Boston {3}	21.99	(1.4)	3/16

Women's 200 Meters

1	40	Trinity HAYES	JR	#8 Rhode Island Col	25.07cuw	(25.71u) (2.	4/6
2	99	Janiah YOUNG	SO	#1 Southern Maine	25.56	(0.6)	4/20
3		Kiana GOLDBERG	FR	#1 Southern Maine {2}	25.80cu	(26.46u) (1.	4/6
4		Aryianna GARCEAU	SO	#6 UMass Boston	25.92w	(3.5)	3/16
5		Heaven CONLEY	JR	#1 Southern Maine {3}	26.15	(0.6)	4/20
6		Saige KIRKLAND	FR	#2 Eastern Connect	26.82	(1.9)	4/20
7		Athena COMEAU	JR	#4 Plymouth State	26.90	(-0.4)	4/13
7		MacKenzie LABRIE	SR	#4 Plymouth State	26.90	(1.9)	4/20
9		Syriah MCCRUSE	FR	#5 Keene State	27.03w	(2.8)	4/6
10		Laci DAVIS	FR	#2 Eastern Connect{2}	27.05cuw	(27.74u) (2.	4/6

Women's 400 Meters

1		Trinity HAYES	JR	#8 Rhode Island Col	58.73		4/13
2		Heaven CONLEY	JR	#1 Southern Maine	59.29		4/13
3		Alexis KARANTZA	SO	#1 Southern Maine {2}	1:01.39		4/20
4		Saige KIRKLAND	FR	#2 Eastern Connect	1:02.09cu (1:03.36u)		4/6
5		Sam VANDEMOERE	SR	#4 Plymouth State	1:02.58		4/13
6		Ashley GENTILE	JR	#2 Eastern Connect {2}	1:05.53		3/30
7		Haley ROBERTSON	JR	#2 Eastern Connect {3}	1:05.57		4/13
8		Anabel MELANSON	SO	#1 Southern Maine {3}	1:05.96		4/13
9		Cassidy HANSON	SO	#4 Plymouth State {2}	1:06.17		3/30
10		MacKenzie LABRIE	SR	#4 Plymouth State {3}	1:06.53		3/30

Women's 400 Meter Hurdles

1		Alexis KARANTZA	SO	#1 Southern Maine	1:08.27		4/13
2		Alyssa SIRIANNI	SR	#2 Eastern Connect	1:10.42		4/20
3		Grace RUSSELL	SO	#3 UMass Dartmouth	1:10.94		4/20
4		Megan MOYNIHAN	SO	#4 Plymouth State	1:13.56		4/20
5		Molly LU MCKELLAR	SO	#5 Keene State	1:15.08		4/20
6		Briana CAMAN	FR	#3 UMass Dartmouth {2}	1:15.36		3/30
7		Analiese POISSON	JR	#2 Eastern Connect {2}	1:17.20		4/13
8		Charlotte MILLETTE	SR	#6 UMass Boston	1:24.98		4/8
9		Elia VALEZ	JR	#6 UMass Boston {2}	1:25.49		4/13
10		Abigail SCHELL	SO	#6 UMass Boston {3}	1:33.76		4/20

Women's 800 Meters

1		Rose KAROW	FR	#4 Plymouth State	2:19.89		4/20
2		Sam VANDEMOERE	SR	#4 Plymouth State {2}	2:20.15		4/20
3		Jacqueline EARNER	SO	#6 UMass Boston	2:23.10		3/16
4		Haley OLIVER	SO	#8 Rhode Island Col	2:26.14		4/20
5		Anabel MELANSON	SO	#1 Southern Maine	2:28.15		4/20
6		AnnMarie LIMBERGER	SO	#1 Southern Maine {2}	2:28.59cu (2:31.03u)		4/6
7		Margaret ST JOHN	SR	#5 Keene State	2:29.22		4/13
8		Samantha FENLEY	FR	#1 Southern Maine {3}	2:31.47		4/20
9		Carly ALSTON	JR	#2 Eastern Connect	2:31.72		4/20
10		Sarah AMES	JR	#5 Keene State {2}	2:32.39		4/20

Women's 1500 Meters

1		Haley OLIVER	SO	#8 Rhode Island Col	4:48.23		4/20
2		Margaret ST JOHN	SR	#5 Keene State	4:55.34		4/20
3		Samantha FENLEY	FR	#1 Southern Maine	4:59.30		3/30
4		Alison LECLERC	JR	#2 Eastern Connect	5:02.65		4/20
5		Sam VANDEMOERE	SR	#4 Plymouth State	5:03.94		4/6
6		Aurora COUTO	JR	#5 Keene State {2}	5:08.32		4/20
7		Anna O'REILLY	SO	#5 Keene State {3}	5:11.78		4/20
8		Keara FONTAINE	SR	#2 Eastern Connect {2}	5:15.00		4/20
9		Molly GLEW	FR	#4 Plymouth State {2}	5:15.86		4/20
10		Lexi MARCOLINI	SR	#4 Plymouth State {3}	5:16.33		4/20

Women's Steeplechase

1		Alison LECLERC	JR	#2 Eastern Connect	11:49.89		3/30
2		Emma STEEDMAN	FR	#3 UMass Dartmouth	12:21.16		4/20
3		Aurora COUTO	JR	#5 Keene State	12:22.93		4/13
4		Bee GREENBERG	JR	#3 UMass Dartmouth {2}	12:35.37		3/30
5		Lexi MARCOLINI	SR	#4 Plymouth State	12:52.01		4/6
6		Julia LATURA	JR	#3 UMass Dartmouth {3}	13:06.88		3/30
7		Elia VALEZ	JR	#6 UMass Boston	13:24.70		4/13
8		Alyssa EDGREN	FR	#5 Keene State {2}	14:07.83		4/6
9		Abby BERGERON	FR	#4 Plymouth State {2}	14:25.44		4/20
10		Abigail SCHELL	SO	#6 UMass Boston {2}	16:58.48		4/13



Conference TFRI Event Summary



Little East

as of 4/23/2024 8:33:13 AM ET

Women's 5000 Meters

1	86	Haley OLIVER	SO	#8 Rhode Island Col	17:39.39	4/13
2		Margaret ST JOHN	SR	#5 Keene State	17:54.99	4/13
3		Alison LECLERC	JR	#2 Eastern Connect	18:42.60	4/13
4		Grace COLON	JR	#6 UMass Boston	19:08.57	4/13
5		Keara FONTAINE	SR	#2 Eastern Connect{2}	19:16.33	4/13
6		Carly ALSTON	JR	#2 Eastern Connect{3}	19:49.50	3/30
7		Aurora COUTO	JR	#5 Keene State {2}	20:07.36	4/6
8		Bethany DAVIS	SO	#7 Castleton	20:09.28	4/20
9		Anya AADLAND	FR	#3 UMass Dartmouth	20:20.75	3/30
10		Bee GREENBERG	JR	#3 UMass Dartmouth{2}	20:25.20	4/20

Women's 10,000 Meters

1	61	Haley OLIVER	SO	#8 Rhode Island Col	37:04.83	3/30
2		Grace FURLONG	SR	#5 Keene State	38:50.18	4/13
3		Bee GREENBERG	JR	#3 UMass Dartmouth	40:16.30	4/13
4		Keara FONTAINE	SR	#2 Eastern Connect	40:25.28	3/23
5		Grace COLON	JR	#6 UMass Boston	40:46.85	3/30
6		Bethany DAVIS	SO	#7 Castleton	42:24.88	4/6
7		Anya AADLAND	FR	#3 UMass Dartmouth{2}	42:25.21	4/20
8		Lucy DEPOLITO	SO	#1 Southern Maine	42:44.54	4/13
9		Sarah LYNCH	FR	#3 UMass Dartmouth{3}	43:13.23	4/13
10		Sara CHRISTIAN	SR	#5 Keene State {2}	44:58.00	4/6

Women's 4x100 Relay

1		Mackenzie Betty, Janiah Young, Heaven Conley, Alexis Karantz		#1 Southern Maine	50.02	4/20
2		Dorinda Okorji, JHnelle Evans, Ivalissa Depina, Aryianna Garceau		#6 UMass Boston	50.69	4/13
3		Montana Casa, Cassidy Hanson, MacKenzie Labrie, Paige Hurst		#4 Plymouth State	50.80	3/30
4		Carlie Cronin, Allison Kenyon, Erin Cole, Syriah McCruse		#5 Keene State	53.49	4/13
5		Allie Kimball, Briana Caman, Isabella Taccogna, Petrashea Johnson		#3 UMass Dartmouth	53.94	3/30
6		Alyssa Sirianni, Saige Kirkland, Hannah Jalowiec, Laci Davis		#2 Eastern Connect	53.99	3/23

Women's 4x400 Relay

1		Ashley Gentile, Saige Kirkland, Carly Alston, Laci Davis		#2 Eastern Connect	4:16.11cu(4:21.36u)	4/6
2		Anabel Melanson, AnnMarie Limberger, Whitney Davenport, Samantha Fenley		#1 Southern Maine	4:20.63	4/13
3		Allie Kimball, Briana Caman, Kyla Palmer, Grace Russell		#3 UMass Dartmouth	4:31.54cu(4:37.11u)	4/6
4		Rose Karow, Niki Monoxelos, Montana Casa, Sam VanDeMoere		#4 Plymouth State	4:36.44	4/13
5		Aryianna Garceau, Grace Colon, harleen Bassan, Sarah Cambell		#6 UMass Boston	4:38.54	3/16
6		Bryn Dickinson, Alexa Hurley, Anna O'Reilly, Margaret St John		#5 Keene State	4:40.13	4/6

Women's High Jump

1	29	Olivia JALBERT	SR	#1 Southern Maine	1.63m	5-4¼	4/13
2	97	Dorinda OKORJI	JR	#6 UMass Boston	1.57m	5-1¾	4/20
2	97	Hialeah FOSTER	FR	#6 UMass Boston	1.57m	5-1¾	3/30
4		Marie PROCK	SO	#1 Southern Maine {2}	1.53m	5-¼	4/13
5		Autumn GERRY	SO	#1 Southern Maine {3}	1.52m	4-11¾	4/6
6		Isabella TACCOGNA	SO	#3 UMass Dartmouth	1.47m	4-9¾	4/20
7		Emma COUTUIER	FR	#4 Plymouth State	1.43m	4-8¼	4/13
8		Alexa HURLEY	JR	#5 Keene State	1.42m	4-7¾	4/6
8		Megan MOYNIHAN	SO	#4 Plymouth State {2}	1.42m	4-7¾	4/20

Women's Pole Vault

1	33	Natasha FRISCH	SO	#2 Eastern Connect	3.60m	11-9¾	4/20
2		Riley REITCHEL	SO	#1 Southern Maine	3.10m	10-2	4/6
3		Carlie CRONIN	FR	#5 Keene State	2.95m	9-8	4/6
4		Maggie DALLAIRE	SR	#1 Southern Maine {2}	2.81m	9-2½	4/20
5		Mackenzie JORGENSEN	SR	#6 UMass Boston	2.50m	8-2½	3/30
6		Katelyn DENUNZIO	FR	#2 Eastern Connect{2}	2.25m	7-4½	4/13

Women's Long Jump

1	50	Dorinda OKORJI	JR	#6 UMass Boston	5.45mw	17-10¾(3.8)	4/8
2		Olivia JALBERT	SR	#1 Southern Maine	5.27m	17-3½(0.8)	4/13
3		Hialeah FOSTER	FR	#6 UMass Boston {2}	5.16m	16-11¼(0.0)	4/20
4		Kiana GOLDBERG	FR	#1 Southern Maine {2}	4.98m	16-4¼(1.7)	4/13
5		Emma COUTUIER	FR	#4 Plymouth State	4.91m	16-1½(0.5)	4/20
6		Aryianna GARCEAU	SO	#6 UMass Boston {3}	4.80m	15-9(1.1)	4/8
7		Laci DAVIS	FR	#2 Eastern Connect	4.79m	15-8¾(2.0)	4/6
8		Abbey JOHNSON	JR	#4 Plymouth State {2}	4.48m	14-8½(0.2)	3/30
9		Isabella TACCOGNA	SO	#3 UMass Dartmouth	4.29m	14-1(0.0)	3/30
10		Johannah DEZIEL	SO	#5 Keene State	4.23m	13-10½(0.8)	4/13



Conference TFRI Event Summary



Little East

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Women's Triple Jump

1	Laci DAVIS	FR	#2 Eastern Connect	10.66m	34-11¾ (0.0)	4/13
2	Taylor ROSS	JR	#7 Castleton	10.36mw	34-0 (2.4)	4/20
3	Olivia JALBERT	SR	#1 Southern Maine	10.01m	32-10¼ (0.4)	3/30
4	Isabella TACCOGNA	SO	#3 UMass Dartmouth	9.83m	32-3 (0.0)	4/20
5	Marie PROCK	SO	#1 Southern Maine {2}	9.78m	32-1 (-1.2)	4/20
6	Joclynn TYLER	SO	#5 Keene State	9.75m	32-0 (1.5)	4/6
7	Bethanie JEAN PHILIPPE	FR	#8 Rhode Island Col	9.64m	31-7½ (0.6)	4/20
7	Nicole POPHAM	JR	#2 Eastern Connect {2}	9.64mw	31-7½ (3.5)	4/20
9	Abbey JOHNSON	JR	#4 Plymouth State	9.48m	31-1¼ (0.0)	3/30
10	Emma COUTUIER	FR	#4 Plymouth State {2}	9.31m	30-6½ (0.0)	3/30

Women's Shot Put

1	36 Zoe BARNES	JR	#1 Southern Maine	12.98m	42-7	4/6
2	70 Jaigan BOUDREAU	JR	#1 Southern Maine {2}	12.39m	40-7¾	3/30
3	KaylInn STEVENSON	FR	#7 Castleton	11.53m	37-10	4/13
4	Samantha SAINRISTILL	JR	#8 Rhode Island Col	11.39m	37-4½	4/20
5	Kate HOCKENBURY	JR	#3 UMass Dartmouth	10.90m	35-9¼	4/20
6	Molly LU MCKELLAR	SO	#5 Keene State	10.84m	35-6¾	4/13
7	Kate MALCZYNSKI-GRIFFIN	FR	#2 Eastern Connect	10.72m	35-2	4/13
8	Karli MARTIN	FR	#7 Castleton {2}	10.58m	34-8½	4/20
9	Amanda LITTLE	JR	#3 UMass Dartmouth {2}	10.53m	34-6¾	3/30
10	Emily HESKETH	FR	#3 UMass Dartmouth {3}	10.41m	34-2	4/13

Women's Discus

1	33 Zoe BARNES	JR	#1 Southern Maine	42.45m	139-3	3/30
2	Jaigan BOUDREAU	JR	#1 Southern Maine {2}	38.64m	126-9	3/30
3	KaylInn STEVENSON	FR	#7 Castleton	37.80m	124-0	4/13
4	Neisha BOITEUX	JR	#3 UMass Dartmouth	34.39m	112-10	3/30
5	Samantha SAINRISTILL	JR	#8 Rhode Island Col	33.94m	111-4	4/6
6	Emily HESKETH	FR	#3 UMass Dartmouth {2}	33.66m	110-5	4/20
7	Katelyn YERDON	FR	#7 Castleton {2}	32.29m	105-11	4/19
8	Amanda LITTLE	JR	#3 UMass Dartmouth {3}	32.13m	105-5	3/30
9	Ali GRAVELLE	FR	#5 Keene State	31.86m	104-7	4/13
10	Luna PERRY-ST. PETER	SO	#7 Castleton {3}	31.63m	103-9	4/19

Women's Hammer

1	98 Samantha SAINRISTILL	JR	#8 Rhode Island Col	45.49m	149-3	4/20
2	Emily HESKETH	FR	#3 UMass Dartmouth	44.67m	146-7	4/13
3	Shannon BURBY	JR	#2 Eastern Connect	42.84m	140-7	4/20
4	Zoe BARNES	JR	#1 Southern Maine	41.79m	137-1	4/20
5	Libby MCINTYRE	JR	#4 Plymouth State	41.27m	135-5	4/13
6	Jaigan BOUDREAU	JR	#1 Southern Maine {2}	40.34m	132-4	3/30
7	Karli MARTIN	FR	#7 Castleton	39.13m	128-5	4/20
8	Kate MALCZYNSKI-GRIFFIN	FR	#2 Eastern Connect {2}	38.49m	126-4	4/6
9	Alexis KAILEY	SR	#1 Southern Maine {3}	38.17m	125-3	4/6
10	Neisha BOITEUX	JR	#3 UMass Dartmouth {2}	37.75m	123-10	3/30

Women's Javelin

1	31 Bethanie JEAN PHILIPPE	FR	#8 Rhode Island Col	38.94m	127-9	4/13
2	71 Riley REITCHEL	SO	#1 Southern Maine	36.95m	121-3	4/13
3	Shannon BURBY	JR	#2 Eastern Connect	33.37m	109-6	3/30
4	Luna PERRY-ST. PETER	SO	#7 Castleton	33.05m	108-5	4/6
5	Isabell LANFEAR	SO	#7 Castleton {2}	32.41m	106-4	4/6
6	Mary MEAGHER	JR	#5 Keene State	32.04m	105-2	4/13
7	Kelsy DUONG	JR	#6 UMass Boston	31.94m	104-10	4/20
8	Olivia JALBERT	SR	#1 Southern Maine {2}	30.83m	101-2	4/20
9	Mia MEJIA-MAALOUF	JR	#3 UMass Dartmouth	30.03m	98-6¼	3/30
10	Kate MALCZYNSKI-GRIFFIN	FR	#2 Eastern Connect {2}	29.72m	97-6¼	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



MAC

as of 4/23/2024 8:33:13 AM ET

Women's 100 Meters

1	32	Maria MUZZARELLI	JR	#1 Widener	12.14	(1.7)	4/14
2	96	Laura MATHEWS	SR	#3 Stevens	12.41	(0.1)	4/6
3		Arwyn GRUENWALD	SO	#6 Messiah	12.59	(1.6)	4/6
4		Mariam KOITA	FR	#1 Widener {2}	12.65	(1.6)	4/13
5		Angela NUSE	FR	#8 York (Pa.)	12.66	(1.4)	4/17
6		Grace KANE	SO	#12 Delaware Valley	12.67w	(2.2)	4/12
7		Kayla ROBINSON	FR	#1 Widener {3}	12.68	(-0.2)	4/20
8		Elizabeth SCHWARZ	JR	#7 Alvernia	12.81	(-0.2)	3/23
9		Mileyshka CALDERON	FR	#2 Lebanon Valley	12.83	(-0.6)	4/20
9		Bianca BURKE	SO	#14 FDU Florham	12.83	(1.6)	4/13

Women's 100 Meter Hurdles

1	4	Laura MATHEWS	SR	#3 Stevens	13.94	(0.2)	4/13
2	27	Kristen WILLIAMS	SR	#3 Stevens {2}	14.68	(0.5)	4/13
3		Olivia SMIAROWSKA	FR	#12 Delaware Valley	15.46	(0.3)	4/20
4		Victoria ZULTEVICZ	JR	#4 King's College (P	15.80	(0.7)	4/12
5		Kara BROWN	SO	#6 Messiah	16.05	(-0.7)	3/27
6		Brianna FASOLI	SO	#14 FDU Florham	16.18	(0.1)	4/20
7		Sarah KROEDEL	SO	#15 Stevenson	16.38	(0.9)	4/12
8		Caitlin STERNBERG	SR	#7 Alvernia	16.54	(0.3)	4/20
9		Kayla ROBINSON	FR	#1 Widener	16.65	(0.2)	4/13
10		Claire MILLER	JR	#6 Messiah {2}	16.72	(-0.4)	4/6

Women's 200 Meters

1	11	Laura MATHEWS	SR	#3 Stevens	24.64	(-1.1)	3/30
2	45	Maria MUZZARELLI	JR	#1 Widener	25.15	(0.8)	4/20
3		Mariam KOITA	FR	#1 Widener {2}	25.75w	(2.8)	4/13
4		Arwyn GRUENWALD	SO	#6 Messiah	26.01	(0.2)	4/6
5		Kayla ROBINSON	FR	#1 Widener {3}	26.16	(0.5)	4/13
6		Isabella SHANLEY	FR	#3 Stevens {2}	26.40	(0.7)	4/6
7		Olivia SMIAROWSKA	FR	#12 Delaware Valley	26.42	(-0.5)	4/20
8		Zariah PRESCOTT	FR	#12 Delaware Valley {2}	26.61	(0.6)	4/20
9		Elizabeth SCHWARZ	JR	#7 Alvernia	26.63w	(2.3)	4/6
10		Bianca BURKE	SO	#14 FDU Florham	26.67	(1.2)	4/6

Women's 400 Meters

1	70	Kelly BARR	SO	#1 Widener	58.28		4/20
2		Maria MUZZARELLI	JR	#1 Widener {2}	58.76		3/30
3		Lindsay BEDNAREK	SO	#9 DeSales	59.39		4/20
4		Isabella SHANLEY	FR	#3 Stevens	59.57		3/30
5		Mariam KOITA	FR	#1 Widener {3}	59.77		3/30
6		Bianca BURKE	SO	#14 FDU Florham	59.95		4/20
7		Kelly HASTINGS	SR	#12 Delaware Valley	1:00.41		3/30
8		Darrian BERKHEIMER	JR	#2 Lebanon Valley	1:00.45		4/20
9		Grace MORNINGSTAR	FR	#5 Misericordia	1:01.37		4/19
10		Sarah DOUGHERTY	SR	#14 FDU Florham {2}	1:01.44		3/30

Women's 400 Meter Hurdles

1	36	Sarah DOUGHERTY	SR	#14 FDU Florham	1:04.93		4/20
2	98	Elise DANIEL	JR	#1 Widener	1:07.33		4/20
3		Abigail REED	FR	#2 Lebanon Valley	1:07.57		4/20
4		Payton MANN	JR	#8 York (Pa.)	1:08.05		4/17
5		Theresa KERVICK	SR	#1 Widener {2}	1:08.81		4/20
6		Anahrie ANDERSON	FR	#11 Eastern (Pa.)	1:09.12		4/20
6		Clara BENNER	SO	#6 Messiah	1:09.12		4/21
8		Eren TIGHE	SO	#13 Albright	1:09.65		4/17
9		Alyssa PEIFFER	JR	#2 Lebanon Valley {2}	1:10.23		4/20
10		Caitlin STERNBERG	SR	#7 Alvernia	1:10.46		4/6

Women's 800 Meters

1	36	Donna HOLT	JR	#1 Widener	2:14.77		4/20
2	40	Grace MORNINGSTAR	FR	#5 Misericordia	2:15.34		4/14
3	54	Lauren BUNKE	SR	#2 Lebanon Valley	2:15.82		4/20
4		Micah GORDLEY	SR	#10 Arcadia	2:18.30		4/20
5		Kristin GALLAGHER	SR	#5 Misericordia {2}	2:18.36		4/14
6		Hailey SHREFFLER	JR	#11 Eastern (Pa.)	2:19.01		4/20
7		Isabel TENNEY	FR	#8 York (Pa.)	2:19.97		4/17
8		Autumn GARGES	SO	#2 Lebanon Valley {2}	2:20.13		4/20
9		Nina BURDEN	JR	#3 Stevens	2:20.96		4/20
9		Gabriella NYE	SR	#1 Widener {2}	2:20.96		4/20

Women's 1500 Meters

1	40	Gabriella NYE	SR	#1 Widener	4:36.90		4/20
2	55	Micah GORDLEY	SR	#10 Arcadia	4:39.36		4/20
3		Madison KAMMER	SO	#5 Misericordia	4:52.12		4/14
4		Sierra KAPCSOS	SO	#2 Lebanon Valley	4:52.27		4/20
5		Haley ESTUS	JR	#9 DeSales	4:52.30		4/20
6		Grace MORNINGSTAR	FR	#5 Misericordia {2}	4:52.39		4/5
7		Grace GALLAGHER	SO	#5 Misericordia {3}	4:54.07		4/5
8		Brianna WAGNER	JR	#5 Misericordia {4}	4:54.54		4/19
9		Autumn GARGES	SO	#2 Lebanon Valley {2}	4:56.69		4/6
10		Rachel ROUSE	SO	#3 Stevens	4:58.05		3/30

Women's Steeplechase

1	77	Coyla BARTHOLOMEW	SO	#2 Lebanon Valley	11:38.22		4/20
2		Haley ESTUS	JR	#9 DeSales	11:51.96		4/6
3		Lindsay FRY	JR	#8 York (Pa.)	12:08.67		4/17
4		Rachel ROUSE	SO	#3 Stevens	12:12.75		4/20
5		Alyssa BLACKMON	SR	#12 Delaware Valley	12:15.60		4/20
6		Mikaela MAJCHER	JR	#4 King's College (P	12:16.89		4/20
7		Kaitlyn ADAMS	FR	#3 Stevens {2}	12:17.76		4/20
8		Shannon PFEIFER	FR	#1 Widener	12:19.39		4/6
9		Zoe TOMKO	JR	#4 King's College (P{2}	12:20.60		4/5
10		Jennifer FISCHLI	FR	#11 Eastern (Pa.)	12:23.71		4/6



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WOMEN — 2024 Week #5, April 23



MAC

as of 4/23/2024 8:33:14 AM ET

Women's 5000 Meters

1	56	Gabriella NYE	SR	#1 Widener	17:23.53	4/14
2		Liz EGAN	JR	#1 Widener {2}	17:46.11	4/20
3		Grace GALLAGHER	SO	#5 Misericordia	17:47.51	3/30
4		Cera GASTON	SR	#7 Alvernia	17:51.67	3/23
5		Kathryn LONG	SO	#1 Widener {3}	18:05.24	4/20
6		Coyla BARTHOLOMEW	SO	#2 Lebanon Valley	18:11.32	4/14
7		Madison KAMMER	SO	#5 Misericordia {2}	18:16.69	3/30
8		Brianna WAGNER	JR	#5 Misericordia {3}	18:20.64	4/5
9		Katherine JONES	SR	#5 Misericordia {4}	18:21.36	4/19
10		Haley ESTUS	JR	#9 DeSales	18:24.84	3/23

Women's 10,000 Meters

1	38	Grace GALLAGHER	SO	#5 Misericordia	36:24.66	4/14
2	40	Cera GASTON	SR	#7 Alvernia	36:33.10	4/14
3		Gabriella NYE	SR	#1 Widener	38:51.90	3/30
4		Coyla BARTHOLOMEW	SO	#2 Lebanon Valley	39:11.42	3/30
5		Katherine JONES	SR	#5 Misericordia {2}	39:23.93	3/16
6		Rachel ULRICH	SO	#5 Misericordia {3}	39:53.64	3/16
7		Aylene NOY	SO	#16 Hood	39:54.82	3/30
8		April BROWNE	JR	#10 Arcadia	39:56.51	4/20
9		Liz EGAN	JR	#1 Widener {2}	40:13.04	3/30
10		Emma SUTHERLAND	SR	#10 Arcadia {2}	40:38.65	4/20

Women's 4x100 Relay

1	77	#Type!	#2 Lebanon Valley	49.54	4/20
2	94	#Type!	#3 Stevens	49.86	4/13
3		#Type!	#1 Widener	50.41	4/20
4		Clara Benner, Claire Miller, Halle Jennett, Elena Vargas	#6 Messiah	50.49	4/21
5		#Type!	#11 Eastern (Pa.)	50.64	4/20
6		#Type!	#9 DeSales	50.81	4/20
7		Keziah Boyce, Natalie Cottrell, Angela Nuse, Payton Mann	#8 York (Pa.)	50.93	3/27
8		#Type!	#10 Arcadia	51.39	3/30
9		Nyla Callahan, Mackenzie Dover, Eren Tighe, Laurel Gingrich	#13 Albright	51.50	4/17
10		#Type!	#15 Stevenson	51.99	4/20

Women's 4x400 Relay

1		Nyla Callahan, Eren Tighe, Mackenzie Dover, Laurel Gingrich	#13 Albright	4:10.56	4/17
2		#Type!	#1 Widener	4:11.58	4/13
3		#Type!	#11 Eastern (Pa.)	4:13.03	4/20
4		Kristin Gallagher, Grace Morningstar, Madison Kammer, Abigail Conti	#5 Misericordia	4:16.80	4/5
5		#Type!	#9 DeSales	4:20.30	4/20
6		#Type!	#3 Stevens	4:21.10	4/20
7		#Type!	#2 Lebanon Valley	4:21.23	4/20
8		Kerrigan Lebo, Clara Benner, Helen Blakeslee, Ella Mitchell	#6 Messiah	4:21.71	4/21
9		Bianca Burke, Mai Purse, Brianna Fasoli, Sarah Dougherty	#14 FDU Florham	4:24.23	4/20
10		Elizabeth Schwarz, Elizabeth Kavulak, Paige Jerrahian, Jessie Torres	#7 Alvernia	4:26.06	3/23

Women's High Jump

1	36	Caroline TIGHE	JR	#3 Stevens	1.62m	5-3¾	4/20
2	75	Laura MATHEWS	SR	#3 Stevens {2}	1.59m	5-2½	4/13
3	97	Madison ARMITAGE	JR	#4 King's College (P	1.57m	5-1¾	4/12
4		Emily ORIEL	SO	#2 Lebanon Valley	1.56m	5-1¼	3/23
5		Kara BROWN	SO	#6 Messiah	1.52m	4-11¾	4/6
5		Maya LAPINSKI	FR	#3 Stevens {3}	1.52m	4-11¾	3/30
5		Maggie PREVIGLIAN	SO	#3 Stevens {3}	1.52m	4-11¾	4/20
5		Melena KOUTCH	JR	#2 Lebanon Valley {2}	1.52m	4-11¾	4/20
9		Carolina WEGMAN	SO	#2 Lebanon Valley {3}	1.51m	4-11½	3/23
10		Mary QUINN	SR	#13 Albright	1.50m	4-11	3/27
10		Theresa KERVICK	SR	#1 Widener	1.50m	4-11	4/13
10		Kayla ROBINSON	FR	#1 Widener	1.50m	4-11	4/13
10		Tatina CARR	SO	#1 Widener	1.50m	4-11	4/6

Women's Pole Vault

1	47	Abby NORWILLO		#4 King's College (P	3.50m	11-5¾	4/19
2	79	Alexis MEROLA	SO	#3 Stevens	3.36m	11-¼	4/6
3	81	Hannah WITTER	JR	#6 Messiah	3.35m	10-11¾	4/21
4	100	Savannah STEGER	JR	#1 Widener	3.30m	10-9¾	4/20
4	100	Emily ORIEL	SO	#2 Lebanon Valley	3.30m	10-9¾	4/20
6		Paige CARPENTER	SR	#11 Eastern (Pa.)	3.25m	10-8	4/20
7		Luisanna POLANCO	FR	#2 Lebanon Valley {2}	3.20m	10-6	3/27
7		Rachel SNAVELY	SR	#2 Lebanon Valley {2}	3.20m	10-6	3/27
7		Emma MELE	JR	#9 DeSales	3.20m	10-6	3/23
10		Victoria ZULTEVICZ	JR	#4 King's College (P{2}	3.10m	10-2	4/5



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



MAC

as of 4/23/2024 8:33:14 AM ET

Women's Long Jump

1	20	Laura MATHEWS	JR	#3 Stevens	5.60m	18-4½ (0.1)	4/11
2	39	Kayla ROBINSON	JR	#1 Widener	5.50m	18-½ (0.0)	4/19
3	43	Shinelle FELIX	JR	#7 Alvernia	5.48m	17-11¾ (-2)	4/11
4		Victoria ZULTEVICZ	JR	#4 King's College (P	5.20m	17-¾ (1.8)	4/5
4		Madelynn PERFILO	SO	#4 King's College (P	5.20m	17-¾ (-0.1)	4/19
6		Roxy ILIESCU	SR	#10 Arcadia	5.15m	16-10¾ (1.8)	4/19
6		Mia FLEMING	FR	#10 Arcadia	5.15m	16-10¾ (1.8)	4/19
8		Mileyshka CALDERON	FR	#2 Lebanon Valley	5.12m	16-9¾ (0.0)	3/27
9		Angela NUSE	FR	#8 York (Pa.)	5.10mw	16-8¾ (2.6)	4/17
10		Olivia DALLMER	SO	#9 DeSales	5.04m	16-6½ (0.0)	4/20

Women's Triple Jump

1	14	Shinelle FELIX	JR	#7 Alvernia	12.00mw	39-4½ (3.4)	4/20
2	27	Kayla ROBINSON	JR	#1 Widener	11.61m	38-1¼ (0.0)	4/19
3	36	Mylina CASTILLO	JR	#7 Alvernia	{2} 11.52mw	37-9½ (2.7)	4/11
4		Kristen WILLIAMS	SR	#3 Stevens	10.94mw	35-10¾ (2.4)	4/13
5		Elena VARGAS	JR	#6 Messiah	10.75m	35-3¼ (0.1)	4/21
6		Kaitlyn HESS	SO	#15 Stevenson	10.72m	35-2 (-7.4)	4/12
7		Mia FLEMING	FR	#10 Arcadia	10.62m	34-10¼ (0.0)	4/19
8		Madelynn PERFILO	SO	#4 King's College (P	10.47mw	34-4¼ (2.1)	4/5
9		Mikailia DONMOYER	SO	#9 DeSales	10.42m	34-2¼ (1.5)	4/13
10		Catherine CRAMPTON	FR	#9 DeSales	{2} 10.38m	34-¾ (1.5)	4/13

Women's Shot Put

1	47	Kayla ROBINSON	FR	#1 Widener	12.77m	41-10¾	4/13
2	98	Brandy VARNER	SO	#4 King's College (P	12.21m	40-¾	4/19
3		Delaney HILFERTY	JR	#4 King's College (P{2}	11.54m	37-10½	4/14
4		Caroline REED	SR	#2 Lebanon Valley	11.47m	37-7¾	3/27
5		Savana DODD	FR	#11 Eastern (Pa.)	11.13m	36-6¼	4/13
6		Lauren ASSANTE	JR	#2 Lebanon Valley {2}	10.67m	35-¼	4/20
7		Reagan WILDASIN	FR	#15 Stevenson	10.57m	34-8¼	4/20
8		Sophia LUKOWSKI	FR	#4 King's College (P{3}	10.53m	34-6¾	4/5
9		Leah FERSTER	JR	#6 Messiah	10.46m	34-4	4/21
10		Veronica MCCLELLAND	JR	#4 King's College (P{4}	10.25m	33-7½	4/12

Women's Discus

1	12	Brandy VARNER	SO	#4 King's College (P	44.72m	146-9	4/14
2	91	Sofia HARNOIS	SO	#8 York (Pa.)	39.15m	128-6	4/17
3		Ashley MULIAWAN	JR	#3 Stevens	36.46m	119-8	4/6
4		Alyssa BETZ	JR	#2 Lebanon Valley	36.37m	119-4	3/27
5		Caitlin KIRK	FR	#4 King's College (P{2}	35.55m	116-8	4/19
6		Delaney HILFERTY	JR	#4 King's College (P{3}	35.45m	116-4	4/19
7		Isabel RODRIGUEZ	SO	#1 Widener	34.06m	111-9	4/20
8		Caroline REED	SR	#2 Lebanon Valley {2}	33.33m	109-4	4/20
9		Anacarolina VENTURA	FR	#3 Stevens	{2} 32.93m	108-1	4/6
10		Margaret WILLIAMS	SO	#13 Albright	32.58m	106-11	4/17

Women's Hammer

1	13	Isabel RODRIGUEZ	SO	#1 Widener	53.08m	174-2	4/20
2	20	Katelyn SHOEMAKER	SO	#4 King's College (P	52.07m	170-10	4/12
3	89	Delaney HILFERTY	JR	#4 King's College (P{2}	45.97m	150-10	4/12
4		Anna BELLUCCI	SR	#4 King's College (P{3}	44.24m	145-2	4/12
5		Taileen ZECHMAN	JR	#16 Hood	43.71m	143-5	4/20
6		Hailey SHERWOOD	FR	#8 York (Pa.)	42.16m	138-4	4/17
7		Gabby BELLOMO	SR	#5 Misericordia	42.01m	137-10	4/19
8		Sofia HARNOIS	SO	#8 York (Pa.)	{2} 41.66m	136-8	4/6
9		Brandy VARNER	SO	#4 King's College (P{4}	41.62m	136-7	4/19
9		Sydney ALTMAN	SO	#1 Widener	{2} 41.62m	136-7	4/6

Women's Javelin

1	7	Alexandra SNYDER	JR	#5 Misericordia	42.10m	138-2	4/19
2	39	Valerie BADGER	SO	#5 Misericordia	{2} 38.67m	126-11	3/16
3	55	Katelyn SHOEMAKER	SO	#4 King's College (P	37.63m	123-6	4/12
4	57	Kaitlyn SNYDER	SO	#2 Lebanon Valley	37.58m	123-4	4/20
5	62	Morgan STOVER	SO	#5 Misericordia	{3} 37.39m	122-8	4/14
6	76	Maya LATERZA	SO	#14 FDU Florham	36.87m	121-0	3/30
7	78	Elle HADDON	FR	#13 Albright	36.71m	120-5	4/17
8	97	Zoe MYERS	JR	#8 York (Pa.)	35.73m	117-3	3/27
9		Ruby RAMSEY	SR	#6 Messiah	34.93m	114-7	4/21
10		Isabella LESKO	SO	#7 Alvernia	34.00m	111-7	4/6

Women's Heptathlon

1	4	Laura MATHEWS	SR	#3 Stevens	4,823		4/13
2	29	Kayla ROBINSON	FR	#1 Widener	4,234		4/13
3	55	Theresa KERVICK	SR	#1 Widener	{2} 3,757		4/13
4	57	Victoria ZULTEVICZ	JR	#4 King's College (P	3,739		4/12
5	66	Isabella SHANLEY	FR	#3 Stevens	{2} 3,550		4/13
6		Remington WALTER	FR	#12 Delaware Valley	2,060		4/12



Conference TFRI Event Summary



MASCAC

as of 4/23/2024 8:33:14 AM ET

Women's 100 Meters

1	61	Jailene ESCALERA	SR	#2 Bridgewater Sta	12.31	(0.1)	4/20
2		Alison MCDONOUGH	SR	#2 Bridgewater Sta {2}	12.55	(0.0)	3/29
3		Delaney PARKER	JR	#1 Westfield State	12.77w	(3.6)	3/30
4		Paige MORONEY	SR	#1 Westfield State {2}	12.91	(1.3)	4/13
5		Alexis STRONG	FR	#3 Worcester State	13.08	(0.2)	4/13
6		Anjalina LUBARSKY	FR	#1 Westfield State {3}	13.10w	(3.6)	3/30
7		Makany CAMARA	JR	#5 Fitchburg State	13.38w	(3.1)	3/30
8		Ciara ADU-ADDO	FR	#3 Worcester State {2}	13.47	(0.3)	4/8
9		Meghan DRISCOLL	FR	#3 Worcester State {3}	13.48	(0.2)	4/20
10		Eryca LOPES	SR	#3 Worcester State {4}	13.73	(0.2)	4/13

Women's 100 Meter Hurdles

1	22	Alison MCDONOUGH	SR	#2 Bridgewater Sta	14.50	(0.9)	4/20
2	54	Makany CAMARA	JR	#5 Fitchburg State	14.99	(0.7)	4/20
3		Devin WHALEN	FR	#1 Westfield State	16.45w	(2.2)	4/20
4		Anjalina LUBARSKY	FR	#1 Westfield State {2}	18.04	(1.5)	4/20
5		Savannah CAMPBELL	JR	#1 Westfield State {3}	18.33	(0.8)	4/13
6		Aria DICATO	FR	#5 Fitchburg State {2}	18.58w	(2.2)	3/30
7		Lauren CONDIKE	FR	#3 Worcester State	18.90	(-1.0)	4/13
8		Erin DONELAN	JR	#5 Fitchburg State {3}	19.67w	(2.2)	3/30

Women's 200 Meters

1	35	Jailene ESCALERA	SR	#2 Bridgewater Sta	25.03	(1.9)	4/20
2	91	Kiara ABRANTES	JR	#2 Bridgewater Sta {2}	25.49	(1.7)	4/7
3		Paige MORONEY	SR	#1 Westfield State	26.74cuw	(27.42u) (2)	4/6
4		Delaney PARKER	JR	#1 Westfield State {2}	26.84	(0.8)	4/13
5		Anjalina LUBARSKY	FR	#1 Westfield State {3}	26.89cu	(27.58u) (1)	4/6
6		Caroline GILSON	JR	#3 Worcester State	27.73	(1.9)	4/20
7		Jamie MONIZ	FR	#4 Framingham Sta	28.22w	(2.4)	4/6
8		Eliza LEE	SO	#1 Westfield State {4}	28.26	(1.3)	4/13
9		Natalie GRIMALDO	SO	#4 Framingham Sta {2}	28.55	(-0.2)	4/8
10		Meghan DRISCOLL	FR	#3 Worcester State {2}	28.56	(0.7)	4/20

Women's 400 Meters

1	36	Kiara ABRANTES	JR	#2 Bridgewater Sta	57.32		4/7
2		Caroline GILSON	JR	#3 Worcester State	1:01.88		4/20
3		Eliza LEE	SO	#1 Westfield State	1:03.06		4/13
4		Cassie TOTH	FR	#4 Framingham Sta	1:04.68		4/13
5		Jamie MONIZ	FR	#4 Framingham Sta {2}	1:04.91		3/30
6		Rayna CONSIGLIO	JR	#1 Westfield State {2}	1:06.11		4/13
7		Trishannah SCOTT	SO	#5 Fitchburg State	1:06.78		4/13
8		Natalie GRIMALDO	SO	#4 Framingham Sta {3}	1:07.16		3/30
9		Bridget O'MALLEY	SO	#3 Worcester State {2}	1:07.26		4/8
10		Lexie ZAKRZEWSKI	FR	#3 Worcester State {3}	1:07.70		4/20

Women's 400 Meter Hurdles

1		Natalie GRIMALDO	SO	#4 Framingham Sta	1:11.94		4/20
2		Jamie MONIZ	FR	#4 Framingham Sta {2}	1:12.26		4/20
3		Savannah CAMPBELL	JR	#1 Westfield State	1:14.93		4/13
4		Devin WHALEN	FR	#1 Westfield State {2}	1:15.15		4/20
5		Aria DICATO	FR	#5 Fitchburg State	1:16.36		3/30
6		Alexis TOSTE	FR	#5 Fitchburg State {2}	1:22.90		3/30

Women's 800 Meters

1		Eliza LEE	SO	#1 Westfield State	2:25.75		4/20
2		Naomi CASS	SO	#2 Bridgewater Sta	2:28.14		4/7
3		Brynne LECOURS	SO	#1 Westfield State {2}	2:29.17		4/20
4		Nicole MAJOR	SR	#2 Bridgewater Sta {2}	2:31.25		4/20
5		Kerin JOHNSON	JR	#1 Westfield State {3}	2:33.71		4/13
6		Ariann LECOURS	JR	#1 Westfield State {4}	2:33.94		4/20
7		Kate BROWN	JR	#2 Bridgewater Sta {3}	2:34.11		4/7
8		Bridget O'MALLEY	SO	#3 Worcester State	2:36.09		4/20
9		Rayna CONSIGLIO	JR	#1 Westfield State {5}	2:37.61		4/20
10		Leah BERG	SO	#3 Worcester State {2}	2:38.69		4/20

Women's 1500 Meters

1		Naomi CASS	SO	#2 Bridgewater Sta	4:54.93		4/7
2		Shea HAMEL	SO	#1 Westfield State	4:58.37		4/20
3		Molly KENNEDY	JR	#1 Westfield State {2}	5:08.34		4/13
4		Tealei CHANDONNET	SO	#1 Westfield State {3}	5:11.46		4/20
5		Kerin JOHNSON	JR	#1 Westfield State {4}	5:11.95		4/20
6		Brynne LECOURS	SO	#1 Westfield State {5}	5:12.91		3/30
7		Nicole MAJOR	SR	#2 Bridgewater Sta {2}	5:13.99		4/7
8		Julianne KELLY	SO	#1 Westfield State {6}	5:14.62		4/20
9		Kate BROWN	JR	#2 Bridgewater Sta {3}	5:17.50		4/13
10		Lily VALCOVIC	JR	#2 Bridgewater Sta {4}	5:19.31		4/20

Women's Steeplechase

1		Julianne KELLY	SO	#1 Westfield State	12:21.61		4/13
2		Leah BERG	SO	#3 Worcester State	13:35.15		4/13
3		Lorelei LEE	FR	#6 Massachusetts N	14:03.57		3/30
4		Alexis TOSTE	FR	#5 Fitchburg State	14:55.05		4/13

Women's 5000 Meters

1		Naomi CASS	SO	#2 Bridgewater Sta	17:47.05		4/13
2		Shea HAMEL	SO	#1 Westfield State	18:44.50cu	(18:54.37u)	4/6
3		Julianne KELLY	SO	#1 Westfield State {2}	19:19.11cu	(19:29.28u)	4/6
4		Molly KENNEDY	JR	#1 Westfield State {3}	19:24.04cu	(19:34.25u)	4/6
5		Alison DOWNIN	JR	#1 Westfield State {4}	19:39.53cu	(19:49.88u)	4/6
6		Rebecca PATEL	JR	#1 Westfield State {5}	19:53.62cu	(20:04.09u)	4/6
7		Lily VALCOVIC	JR	#2 Bridgewater Sta {2}	20:00.07		3/30
8		Ariann LECOURS	JR	#1 Westfield State {6}	20:04.07cu	(20:14.63u)	4/6
9		Kate BUBAN	FR	#4 Framingham Sta	20:15.98		4/20
10		Skye GOBA	SO	#5 Fitchburg State	20:20.91		4/13

Women's 10,000 Meters

1		Julianne KELLY	SO	#1 Westfield State	40:53.69		3/23
2		Rebecca PATEL	JR	#1 Westfield State {2}	41:09.34		3/23
3		Skye GOBA	SO	#5 Fitchburg State	41:44.15		4/20
4		Lisa JAEGER	FR	#2 Bridgewater Sta	48:09.14		3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



MASCAC

as of 4/23/2024 8:33:14 AM ET

Women's 4x100 Relay

1	42	Alison McDonough, Jailene Escalera, Kiara Abrantes, Tristen Gomes	#2 Bridgewater Sta	48.56	4/7
2		Anjalina Lubarsky, Paige Moroney, Eliza Lee, Delaney Parker	#1 Westfield State	50.65	4/13
3		Ciara Adu-addo, Eryca Lopes, Alexis Strong, Lexie Zakrzewski	#3 Worcester State	51.44	4/8
4		Shamya Boulware McKnight, Alexis Toste, Aria Dicato, Trishannah Scott	#5 Fitchburg State	53.68	4/20
5		Megan McAuliffe, Cassie Toth, Lydia Manurowski, Natalie Grimaldo	#4 Framingham Sta	56.00	3/30

Women's 4x400 Relay

1		Eliza Lee, Anjalina Lubarsky, Paige Moroney, Savannah Campbell	#1 Westfield State	4:24.13	4/13
2		Natalie Grimaldo, Meghan Johnston, Jamie Moniz, Cassie Toth	#4 Framingham Sta	4:33.57	4/20

Women's High Jump

1	12	Serenity SANDS	SR	#2 Bridgewater Sta	1.68m	5-6	4/7
2	36	Makany CAMARA	JR	#5 Fitchburg State	1.62m	5-3¾	3/30
3	97	Juliana PATRONE	SR	#2 Bridgewater Sta {2}	1.57m	5-1¾	4/7
4		Tristen GOMES	JR	#2 Bridgewater Sta {3}	1.52m	4-11¾	4/20
4		Lauren CONDIKE	FR	#3 Worcester State	1.52m	4-11¾	4/20
6		Jamie MONIZ	FR	#4 Framingham Sta	1.50m	4-11	4/8
7		Emily OTTOMANIELLO	SO	#1 Westfield State	1.42m	4-7¾	3/23
8		Megan MCAULIFFE	JR	#4 Framingham Sta {2}	1.37m	4-6	3/30

Women's Pole Vault

1		Paige BRANDT	SO	#1 Westfield State	2.50m	8-2½	4/20
1		Emily OTTOMANIELLO	SO	#1 Westfield State	2.50m	8-2½	4/20

Women's Long Jump

1	41	Alison MCDONOUGH	SR	#2 Bridgewater Sta	5.49m	18-¼ (-0.8)	4/6
2	99	Ciara ADU-ADD0	FR	#3 Worcester State	5.30m	17-4¾ (0.4)	4/8
3		Delaney PARKER	JR	#1 Westfield State	5.12m	16-9¾ (1.0)	4/13
4		Tristen GOMES	JR	#2 Bridgewater Sta {2}	5.11m	16-9¼ (1.2)	4/20
5		Serenity SANDS	SR	#2 Bridgewater Sta {3}	5.07m	16-7¾ (1.6)	4/13
6		Eliza LEE	SO	#1 Westfield State {2}	5.05mw	16-7 (2.4)	4/13
7		Makany CAMARA	JR	#5 Fitchburg State	4.95mw	16-3 (2.1)	4/13
8		Alexis STRONG	FR	#3 Worcester State {2}	4.83m	15-10¼ (0.4)	4/13
9		Emily OTTOMANIELLO	SO	#1 Westfield State {3}	4.64mw	15-2¾ (2.5)	4/6
10		Eryca LOPES	SR	#3 Worcester State {3}	4.60m	15-1¼ (1.6)	4/20

Women's Triple Jump

1	74	Tristen GOMES	JR	#2 Bridgewater Sta	11.11m	36-5½ (1.0)	4/20
2		Eliza LEE	SO	#1 Westfield State	10.96m	35-11½ (1.9)	4/13
3		Jamie MONIZ	FR	#4 Framingham Sta	10.26m	33-8 (1.5)	4/6
4		Trishannah SCOTT	SO	#5 Fitchburg State	9.79m	32-1½ (0.1)	4/13
5		Eryca LOPES	SR	#3 Worcester State	9.68m	31-9¼ (0.7)	4/13
6		Lauren CONDIKE	FR	#3 Worcester State {2}	9.52m	31-2¾ (1.7)	4/8
7		Lydia MANUROWSKI	SO	#4 Framingham Sta {2}	9.46m	31-½ (0.0)	4/8
8		Emily OTTOMANIELLO	SO	#1 Westfield State {2}	9.39m	30-9¾ (-0.9)	4/20
9		Paige BRANDT	SO	#1 Westfield State {3}	8.72m	28-7½ (0.3)	4/20

Women's Shot Put

1		Jadah STOKES	FR	#3 Worcester State	11.42m	37-5¾	4/8
2		Alyssa CAPUTO	JR	#4 Framingham Sta	10.62m	34-10¼	4/8
3		Ephemian BAILEY	JR	#5 Fitchburg State	10.59m	34-9	4/13
4		Bronwyn PINSLY	FR	#1 Westfield State	10.20m	33-5¾	4/13
5		Kaylee BECK	JR	#4 Framingham Sta {2}	10.16m	33-4	4/8
6		Ava PICCOLO	SO	#3 Worcester State {2}	9.74m	31-11½	4/13
7		Taylor CROUT	FR	#5 Fitchburg State {2}	9.70m	31-10	4/13
8		Natalie KALGREN	FR	#2 Bridgewater Sta	9.44m	30-11¾	4/20
9		Sthanisha MOREAU	SR	#3 Worcester State {3}	9.42m	30-11	4/20
10		Cassie ISRAELSON	SO	#5 Fitchburg State {3}	9.14m	30-0	4/20

Women's Discus

1		Ephemian BAILEY	JR	#5 Fitchburg State	36.14m	118-7	4/13
2		Bronwyn PINSLY	FR	#1 Westfield State	35.08m	115-1	4/20
3		Alyssa CAPUTO	JR	#4 Framingham Sta	31.30m	102-8	4/6
4		Taylor CROUT	FR	#5 Fitchburg State {2}	29.98m	98-4½	4/20
5		Luana GRAU-MOURA	FR	#3 Worcester State	27.67m	90-9½	3/30
6		Ava PICCOLO	SO	#3 Worcester State {2}	27.47m	90-1½	4/20
7		Kaylee BECK	JR	#4 Framingham Sta {2}	27.07m	88-9¾	4/8
8		Sydney SAWYER	SO	#6 Massachusetts M	26.88m	88-2¼	3/30
9		Jadah STOKES	FR	#3 Worcester State {3}	26.08m	85-6¾	4/8
10		Charlie KATZ	JR	#2 Bridgewater Sta	24.95m	81-10¼	4/20

Women's Hammer

1		Charlie KATZ	JR	#2 Bridgewater Sta	39.86m	130-9	4/13
2		Jadah STOKES	FR	#3 Worcester State	36.11m	118-6	3/30
3		Kaylee BECK	JR	#4 Framingham Sta	33.39m	109-7	4/8
4		Cassie ISRAELSON	SO	#5 Fitchburg State	32.50m	106-8	4/13
5		Alyssa CAPUTO	JR	#4 Framingham Sta {2}	32.31m	106-0	4/8
6		Taylor CROUT	FR	#5 Fitchburg State {2}	31.90m	104-8	4/13
7		Arianna CONSTANT	JR	#3 Worcester State {2}	29.86m	97-11¾	4/8
8		Olivia KEPHART	JR	#5 Fitchburg State {3}	28.40m	93-2¼	4/13
9		Ephemian BAILEY	JR	#5 Fitchburg State {4}	27.60m	90-6¾	4/13
10		Ava PICCOLO	SO	#3 Worcester State {3}	26.27m	86-2¼	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



MASCAC

as of 4/23/2024 8:33:14 AM ET

Women's Javelin

1	Jamie MONIZ	FR	#4 Framingham Sta	32.51m	106-8	4/20
2	Natalie KALGREN	FR	#2 Bridgewater Sta	30.60m	100-5	4/7
3	Arianna CONSTANT	JR	#3 Worcester State	29.78m	97-8½	4/8
4	Alyssa CAPUTO	JR	#4 Framingham Sta {2}	26.24m	86-1¼	4/8
5	Sydney SAWYER	SO	#6 Massachusetts M	25.19m	82-7¾	3/30
6	Ava PICCOLO	SO	#3 Worcester State {2}	24.00m	78-9	4/8
7	Gianna NOYES	FR	#3 Worcester State {3}	22.56m	74-¼	3/30
8	Erin CONDON	SO	#3 Worcester State {4}	21.24m	69-8¼	4/8
9	Cassie ISRAELSON	SO	#5 Fitchburg State	20.00m	65-7½	3/30
10	Natalia LOPEZ	FR	#4 Framingham Sta {3}	19.71m	64-8	4/20



Conference TFRI Event Summary



MIAA

as of 4/23/2024 8:33:14 AM ET

Women's 100 Meters

1	4	Avery CAMPBELL	SR	#4 Albion	11.85w	(2.7)	4/13
2	39	Sara SCHERMERHORN	SO	#1 Hope	12.17	(1.5)	4/13
3	92	Mackenzie MILLER	JR	#2 Trine	12.40w	(2.4)	4/13
4		Aniyah SMALL	SO	#2 Trine	{2} 12.77w	(2.4)	4/13
5		Natalia JOHNSON	SO	#5 Olivet	12.81	(0.8)	4/13
6		Emma FORKER	SO	#2 Trine	{3} 12.91	(0.2)	4/13
7		Ava SCHMIDT	SO	#1 Hope	{2} 12.95w	(2.2)	4/13
8		Morgan JEFFRIES	JR	#5 Olivet	{2} 13.05	(0.5)	4/20
9		Kaleigh MACHINO	JR	#2 Trine	{4} 13.18	(-0.9)	3/28
10		Malena RICKS	SR	#2 Trine	{5} 13.24	(-0.9)	3/28

Women's 100 Meter Hurdles

1	26	Nayaisha EDMOND	SR	#4 Albion	14.62w	(2.3)	4/13
2		Brynn MERICLE	SO	#2 Trine	15.76	(0.7)	4/13
3		Emily NORKOWSKI	JR	#5 Olivet	15.84	(1.9)	4/6
4		London ELDRIDGE	JR	#5 Olivet	{2} 15.90	(1.9)	4/6
5		Helena SNYDER	JR	#6 Alma	16.16	(0.6)	4/6
5		Mia DEJONGE	SO	#3 Calvin	16.16	(1.3)	4/20
7		Allison WICHERT	SO	#6 Alma	{2} 16.71	(0.6)	4/6
8		Andrea TAGHON	SR	#6 Alma	{3} 16.78	(0.4)	4/13
9		Adrienne JACKSON	SO	#2 Trine	{2} 16.88	(0.6)	4/6
10		Kristin BAKER	SO	#2 Trine	{3} 16.92	(0.6)	4/6

Women's 200 Meters

1	1	Sara SCHERMERHORN	SO	#1 Hope	24.01	(0.9)	4/20
2	10	Avery CAMPBELL	SR	#4 Albion	24.61	(1.1)	4/13
3		Mackenzie MILLER	JR	#2 Trine	25.85	(0.6)	4/6
4		Catherine LEAHY	SO	#1 Hope	{2} 26.07	(1.0)	3/16
5		Aniyah SMALL	SO	#2 Trine	{2} 26.11	(-0.5)	4/13
6		Jasmine ZIMMERMAN	SO	#1 Hope	{3} 26.33w	(2.5)	4/20
7		Emma FORKER	SO	#2 Trine	{3} 26.44	(0.6)	4/6
8		Nayaisha EDMOND	SR	#4 Albion	{2} 26.93	(1.3)	4/6
9		Natalia JOHNSON	SO	#5 Olivet	26.98	(-0.9)	4/13
10		Erin MORAN	SR	#1 Hope	{4} 27.14	(1.6)	3/16

Women's 400 Meters

1	7	Sara SCHERMERHORN	SO	#1 Hope	56.00		4/20
2	41	Catherine LEAHY	SO	#1 Hope	{2} 57.44		4/6
3		Jasmine ZIMMERMAN	SO	#1 Hope	{3} 59.55		4/6
4		Erin MORAN	SR	#1 Hope	{4} 1:00.66		3/16
5		Lauren BRAWT	FR	#6 Alma	1:01.09		3/29
6		Lily CONNELLY	JR	#5 Olivet	1:01.50		4/6
7		London ELDRIDGE	JR	#5 Olivet	{2} 1:01.74		4/13
8		Trinity KOLKA	SO	#3 Calvin	1:02.05		4/13
9		Aubrey CONNELLY	FR	#5 Olivet	{3} 1:02.16		4/13
10		Hailey ERICKSON	FR	#3 Calvin	{2} 1:02.18		4/20

Women's 400 Meter Hurdles

1	59	London ELDRIDGE	JR	#5 Olivet	1:05.77		4/20
2		Kristin BAKER	SO	#2 Trine	1:08.07		4/13
3		Adrienne JACKSON	SO	#2 Trine	{2} 1:08.95		3/28
4		Molly DUROW	SO	#1 Hope	1:09.46		4/20
5		Elliana JOHNSON	SO	#1 Hope	{2} 1:09.53		4/13
6		Brynn MERICLE	SO	#2 Trine	{3} 1:10.02		4/13
7		Andrea TAGHON	SR	#6 Alma	1:10.58		4/6
8		Marcaïl SCHUURMANN	SO	#3 Calvin	1:10.85		4/6
9		Frances COZZENS	SO	#1 Hope	{3} 1:11.48		4/20
10		Helena SNYDER	JR	#6 Alma	{2} 1:11.88		4/13

Women's 800 Meters

1	44	Emme KOUTZ	SR	#7 Adrian	2:15.44		4/13
2	97	Olivia QUILLAN	SR	#1 Hope	2:17.92		4/6
3		Amanda MARKHAM	FR	#1 Hope	{2} 2:18.98		4/13
4		Erin MORAN	SR	#1 Hope	{3} 2:19.42		4/6
5		Brianna MEDCALF	SR	#2 Trine	2:20.28		4/13
6		Bailey PUCKETT	SO	#2 Trine	{2} 2:20.47		4/13
7		Madison STERN	SO	#1 Hope	{4} 2:20.67		4/13
8		Rebecca MARKHAM	SR	#1 Hope	{5} 2:23.71		4/20
9		Stella FARMER	FR	#1 Hope	{6} 2:23.79		3/16
10		Hailey ERICKSON	FR	#3 Calvin	2:24.14		4/6

Women's 1500 Meters

1	42	Olivia QUILLAN	SR	#1 Hope	4:37.23		3/29
2	47	Rebecca MARKHAM	SR	#1 Hope	{2} 4:38.27		4/20
3		Bailey PUCKETT	SO	#2 Trine	4:43.78		4/13
4		Sophia BULL	SO	#3 Calvin	4:45.83		4/13
5		Emme KOUTZ	SR	#7 Adrian	4:48.67		4/20
6		Natalie TEBBEN	JR	#3 Calvin	{2} 4:50.72		4/13
7		Maddy STRUCK	JR	#1 Hope	{3} 4:53.24		4/20
8		Madison STERN	SO	#1 Hope	{4} 4:56.30		4/13
9		Sidney SWICK	SO	#2 Trine	{2} 4:58.23		4/13
10		Brianna MEDCALF	SR	#2 Trine	{3} 4:58.31		4/5

Women's Steeplechase

1	5	Sophia BULL	SO	#3 Calvin	10:44.70		3/29
2	14	Jenna ALLMAN	SR	#3 Calvin	{2} 10:51.34		3/29
3	25	Maddy STRUCK	JR	#1 Hope	11:11.03		3/16
4	70	Natalie TEBBEN	JR	#3 Calvin	{3} 11:36.82		3/29
5		Abbey PETERS	JR	#5 Olivet	11:54.22		3/29
6		Kennedy KUHLMANN	JR	#1 Hope	{2} 12:04.68		4/13
7		Alaina SMITH	SO	#3 Calvin	{4} 12:08.50		4/13
8		Annika SYTSMA	FR	#1 Hope	{3} 12:15.15		3/16
9		Laura TAYLOR	JR	#1 Hope	{4} 12:16.91		4/13
10		Katie COLE	SR	#1 Hope	{5} 12:24.82		4/6



Conference TFRI Event Summary



MIAA

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Women's 5000 Meters

1	15	Rebecca MARKHAM	SR	#1 Hope	16:50.48	4/13
2	41	Jenna ALLMAN	SR	#3 Calvin	17:14.19	4/13
3		Bailey PUCKETT	SO	#2 Trine	17:54.76	3/29
4		Brianna MEDCALF	SR	#2 Trine	{2} 17:58.09	3/29
5		Maddy STRUCK	JR	#1 Hope	{2} 17:59.63	4/13
6		Mary ENGLAND	FR	#1 Hope	{3} 18:18.05	4/13
7		Sidney SWICK	SO	#2 Trine	{3} 18:25.33	3/23
8		Fatima CRUZ	JR	#4 Albion	18:43.29	4/6
9		Audrey WHITE	JR	#1 Hope	{4} 18:48.25	4/13
10		Emme KOUTZ	SR	#7 Adrian	18:51.26	3/30

Women's 10,000 Meters

1	11	Rebecca MARKHAM	SR	#1 Hope	35:11.54	3/29
2		Fatima CRUZ	JR	#4 Albion	38:35.60	4/13
3		Cath KORTMAN	JR	#3 Calvin	40:08.63	3/29
4		Chloe GOODRICH	JR	#2 Trine	40:33.80	3/29
5		Lexi DEIGHAN	SO	#1 Hope	{2} 40:45.76	3/16
6		Alaina SMITH	SO	#3 Calvin	{2} 41:02.95	3/29
7		Naomi DYKSTRA	JR	#3 Calvin	{3} 41:17.33	3/29
8		Ellie CODERRE	SO	#1 Hope	{3} 43:26.26	3/16
9		Claire VELLINGA	SO	#1 Hope	{4} 43:59.24	3/16
10		Ava ARNES	SO	#7 Adrian	46:50.77	3/30

Women's 4x100 Relay

1	49	Ava Schmidt, Catherine Leahy, Jasmine Zimmerman, Sara Schermerhorn		#1 Hope	48.71	4/6
2	62	Aniyah Small, Emma Forker, Kaleigh Machino, Mackenzie Miller		#2 Trine	49.05	4/6
3		London Eldridge, Alexandra Devault, Morgan Jeffries, Lily Connelly		#5 Olivet	50.69	4/6
4		Nayaisha Edmond, Colette Askins, Lauren Fenstermaker, Avery Campbell		#4 Albion	50.80	3/29
5		Kyah Hicks, Abigail Raftis, Amanda Mathews, Isabelle Salazar		#7 Adrian	52.09	4/6
6		Allison Wichert, Andrea Taghon, Victoria Gotaas, Helena Snyder		#6 Alma	52.22	4/13

Women's 4x400 Relay

1	19	Catherine Leahy, Erin Moran, Jasmine Zimmerman, Sara Schermerhorn		#1 Hope	3:56.25	4/6
2	90	Adrienne Jackson, Brynn Mericle, Kristin Baker, Anissa Rios		#2 Trine	4:09.61	4/6
3	98	Lauren Brawt, Andrea Taghon, Sophia Sanford, Helena Snyder		#6 Alma	4:10.35	4/13
4		Aubrey Connelly, Lily Connelly, Tonya Tepin, Allyson Stevens		#5 Olivet	4:19.50	4/6
5		#Type!		#3 Calvin	4:22.26	4/20
6		Olivia Dunscombe, Isabelle Salazar, Abigail Raftis, Emily Guzdziol		#7 Adrian	4:25.68	4/20
7		Sarah Kozal, Lauren Fenstermaker, Brianna Bennett, Colette Askins		#4 Albion	4:33.24	4/6

Women's High Jump

1	84	Ciara HESLET	JR	#7 Adrian	1.58m	5-2¼	3/30
1	84	Allison SCHRAM	JR	#1 Hope	1.58m	5-2¼	4/13
3		Isabel FERGUSON	FR	#2 Trine	1.56m	5-1¼	4/13
4		Helena SNYDER	JR	#6 Alma	1.55m	5-1	4/6
5		Natalie CHRISTNAGEL	SO	#1 Hope	{2} 1.53m	5-¼	4/13
6		Allyson STEVENS	SR	#5 Olivet	1.49m	4-10½	4/6
7		Joey WILSON	FR	#5 Olivet	{2} 1.46m	4-9½	4/6
8		Reagan KEYSER	SO	#6 Alma	{2} 1.45m	4-9	4/6
8		Anneke KUPERUS	FR	#3 Calvin	1.45m	4-9	4/6
10		Bridget CROMBIE	FR	#1 Hope	{3} 1.42m	4-7¾	4/20

Women's Pole Vault

1	59	Katie SEINEN	SO	#3 Calvin	3.45m	11-3¾	4/20
2	100	Bella CHARRON	JR	#3 Calvin	{2} 3.30m	10-9¾	4/20
3		Avery BOYCE	SO	#2 Trine	3.21m	10-6¼	4/13
4		Claire PACER	FR	#3 Calvin	{3} 3.15m	10-4	4/13
5		Bethany COLBRUNN	SR	#1 Hope	3.00m	9-10	4/20
5		Laura ROBOTHAM	SO	#3 Calvin	{4} 3.00m	9-10	4/20
5		Natalie BENNETT	FR	#1 Hope	3.00m	9-10	4/13
8		Mya SCOTT	JR	#6 Alma	2.90m	9-6¼	4/13
8		Morgan MOSLOW	JR	#2 Trine	{2} 2.90m	9-6¼	4/6
10		Abigail CUMINGS	FR	#1 Hope	{3} 2.85m	9-4¼	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



MIAA

as of 4/23/2024 8:33:15 AM ET

Women's Long Jump

1	Mackenzie MILLER	JR	#2 Trine	5.27m	17-3½ (0.0)	4/6
2	Emma FORKER	SO	#2 Trine	{2} 5.21mw	17-1¼ (2.1)	4/13
3	DB EDWARD	SR	#4 Albion	5.19m	17-½ (1.9)	3/29
4	Lauren BRAWT	FR	#6 Alma	5.15m	16-10¾ (-0.0)	3/29
5	Kristin BAKER	SO	#2 Trine	{3} 5.05m	16-7 (0.0)	4/6
6	Bridget CROMBIE	FR	#1 Hope	4.83m	15-10¼ (1.0)	4/6
7	Elliana JOHNSON	SO	#1 Hope	{2} 4.69m	15-4¾ (-0.2)	3/16
8	Meredith KRAMER	SO	#1 Hope	{3} 4.57m	15-0 (0.6)	4/6
9	Ellie BAYNES	FR	#5 Olivet	4.55m	14-11¼ (1.4)	4/20
10	Isabelle SALAZAR	SO	#7 Adrian	4.48m	14-8½ (1.0)	4/6

Women's Triple Jump

1	Elliana JOHNSON	SO	#1 Hope	10.75m	35-3¼ (0.0)	4/13
2	Jessye VANDEN AKKER	SR	#3 Calvin	10.53m	34-6¾ (0.3)	4/13
3	Lauren BRAWT	FR	#6 Alma	10.26m	33-8 (1.8)	4/13
4	Isabel FERGUSON	FR	#2 Trine	10.23m	33-6¾ (-0.3)	4/6
5	DB EDWARD	SR	#4 Albion	10.10m	33-1¾ (0.0)	4/20
6	Allison SCHRAM	JR	#1 Hope	{2} 9.91m	32-6¼ (1.9)	4/6
7	Amanda MATHEWS	JR	#7 Adrian	9.90m	32-5¾ (-1.4)	4/20
8	Allison WICHERT	SO	#6 Alma	{2} 9.52m	31-2¾ (2.0)	4/13
9	Kiersten SCHMITT	FR	#1 Hope	{3} 9.51mw	31-2½ (3.8)	4/20
10	Meredith KRAMER	SO	#1 Hope	{4} 9.26m	30-4¾ (0.9)	4/6

Women's Shot Put

1	33 Greta ROBRAHN	JR	#1 Hope	13.01m	42-8¼	4/6
2	Kamryn BICE	SO	#1 Hope	{2} 11.98m	39-3¾	3/16
3	Tess ANTHONY	JR	#4 Albion	11.62m	38-1½	4/20
4	Abby SANNER	SO	#2 Trine	11.40m	37-5	4/13
5	Alana POLICASTRO	SR	#1 Hope	{3} 11.38m	37-4	4/13
6	Elisabeth STROTMAN	SR	#1 Hope	{4} 11.34m	37-2½	4/20
7	Karen NIMTZ	FR	#1 Hope	{5} 10.68m	35-½	4/13
8	Elsa CLAUSEN	FR	#1 Hope	{6} 10.65m	34-11¼	4/6
9	Karly ROELOFS	SO	#1 Hope	{7} 10.63m	34-10½	4/20
9	Berniah ALEXANDER	JR	#5 Olivet	10.63m	34-10½	4/6

Women's Discus

1	47 Lindsey KOSSICK	JR	#3 Calvin	41.53m	136-3	4/20
2	65 Kamryn BICE	SO	#1 Hope	40.41m	132-7	4/20
3	Abby SANNER	SO	#2 Trine	36.79m	120-9	3/28
4	Greta ROBRAHN	JR	#1 Hope	{2} 36.23m	118-11	4/20
5	Olivia SMITH	FR	#1 Hope	{3} 36.18m	118-9	4/6
6	Aysia YOKELY	FR	#4 Albion	35.81m	117-6	4/6
7	Liathano RAMIREZ	SO	#6 Alma	34.39m	112-10	4/6
8	Morgan BABB	FR	#7 Adrian	33.96m	111-5	3/30
9	Tess ANTHONY	JR	#4 Albion	{2} 33.66m	110-5	4/13
10	Daniah BEAVERS	JR	#4 Albion	{3} 32.07m	105-3	3/29

Women's Hammer

1	Tess ANTHONY	JR	#4 Albion	45.41m	149-0	4/13
2	Lindsey KOSSICK	JR	#3 Calvin	44.95m	147-6	4/13
3	Sophia RAYMOND	SO	#1 Hope	40.48m	132-10	3/16
4	Elsa CLAUSEN	FR	#1 Hope	{2} 39.29m	128-11	4/20
5	Liathano RAMIREZ	SO	#6 Alma	38.95m	127-10	4/6
6	Abby SANNER	SO	#2 Trine	38.69m	126-11	4/13
7	Ashley BOOTH	SR	#4 Albion	{2} 38.56m	126-6	3/29
8	Mikah BAZIUN	SO	#3 Calvin	{2} 38.20m	125-4	4/6
9	Marlie MCDONALD	JR	#1 Hope	{3} 37.85m	124-2	4/6
10	Jane DUNLAP	SR	#3 Calvin	{3} 36.25m	118-11	4/13

Women's Javelin

1	98 Christy MARTIN	JR	#3 Calvin	35.69m	117-1	4/13
2	Elisabeth STROTMAN	SR	#1 Hope	35.33m	115-11	4/13
3	Malena RICKS	SR	#2 Trine	35.26m	115-8	4/13
4	Amanda TIMONEN	JR	#1 Hope	{2} 35.17m	115-5	3/16
5	Lauren TOCCO	SR	#1 Hope	{3} 32.53m	106-9	4/20
6	Karly ROELOFS	SO	#1 Hope	{4} 30.47m	99-11¾	3/9
7	Jane DUNLAP	SR	#3 Calvin	{2} 29.65m	97-3½	4/13
8	Alyson SENISH	FR	#5 Olivet	28.43m	93-3¼	4/13
9	Allyson STEVENS	SR	#5 Olivet	{2} 28.13m	92-3½	4/20
10	Lizzie STOREY	SO	#4 Albion	27.39m	89-10½	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



MIAC

as of 4/23/2024 8:33:15 AM ET

Women's 100 Meters

1	30	Jireh BABALOLA	SR	#1 Bethel (Minn.)	12.13	(0.7)	4/13
2	36	Kate CARLSON	JR	#2 Gustavus Adolph	12.16	(0.7)	4/13
3	65	Diarra CHATHAM	FR	#8 Macalester	12.32	(0.9)	4/13
4		Kate GALLAGHER	SR	#3 Saint Benedict	12.43	(0.7)	4/13
5		Emily RENG	SO	#5 Concordia Moorl	12.46w	(2.3)	4/12
6		Tiana JOHNSON	SR	#3 Saint Benedict {2}	12.70	(1.4)	4/21
7		Terra MCMAHON	SO	#7 Hamline	12.71	(1.8)	4/13
8		Samantha MUNSON	SO	#9 Saint Mary's (Mir	12.77	(1.4)	3/30
9		Karla KROSCH	SR	#4 St. Olaf	12.79	(0.7)	4/6
9		Andie SANDMAN	FR	#5 Concordia Moorl{2}	12.79w	(2.1)	4/6

Women's 100 Meter Hurdles

1	3	Kelsie SEALOCK	SR	#1 Bethel (Minn.)	13.93w	(2.7)	4/6
2	70	AnnaGrace NELSON	JR	#1 Bethel (Minn.) {2}	15.15	(1.9)	4/21
3	88	Gabby BODIN	SR	#12 St. Catherine (Mi	15.30	(1.8)	4/13
4	96	Jenna KALEVIK	JR	#5 Concordia Moorl	15.35w	(2.7)	4/6
5		Ellie HERNES	SO	#1 Bethel (Minn.) {3}	15.44	(2.0)	4/13
6		Rebekah SALTER	SR	#4 St. Olaf	15.62	(0.3)	4/13
7		Anya ADELGREN	FR	#3 Saint Benedict	15.77	(2.0)	4/6
8		Danielle MILLER	JR	#2 Gustavus Adolph	15.97w	(2.3)	4/13
9		Riki POORE	SR	#4 St. Olaf {2}	16.10	(1.4)	4/6
10		Makenna HUETT	JR	#2 Gustavus Adolph{2}	16.12	(0.9)	4/6

Women's 200 Meters

1	22	Megan GERAETS	JR	#2 Gustavus Adolph	24.84	(0.2)	4/6
2	45	Kate CARLSON	JR	#2 Gustavus Adolph{2}	25.15	(0.2)	4/6
3		Emily RENG	SO	#5 Concordia Moorl	25.62	(2.0)	4/12
4		Karla KROSCH	SR	#4 St. Olaf	25.90	(0.2)	4/6
5		Jireh BABALOLA	SR	#1 Bethel (Minn.)	26.09w	(3.4)	3/15
6		Tiana JOHNSON	SR	#3 Saint Benedict	26.20	(1.2)	4/21
7		Sidela NYUGA	SR	#3 Saint Benedict {2}	26.32	(1.4)	4/13
8		Allison HOOKOM	SO	#11 Augsburg	26.40	(-0.1)	4/20
9		Maddie GULER	SR	#5 Concordia Moorl{2}	26.48	(2.0)	4/12
10		Kyla NYGAARD	SO	#5 Concordia Moorl{3}	26.49	(2.0)	4/12

Women's 400 Meters

1	33	Megan GERAETS	JR	#2 Gustavus Adolph	57.18c	(57.94)	4/17
2	63	Allison HOOKOM	SO	#11 Augsburg	58.03		3/16
3	64	Shalom SULUNGAIN	FR	#1 Bethel (Minn.)	58.04		4/13
4		Hailey GREGG	JR	#1 Bethel (Minn.) {2}	58.74		3/15
5		Kyla NYGAARD	SO	#5 Concordia Moorl	59.00		4/12
6		Reanna CRUZ	FR	#1 Bethel (Minn.) {3}	59.40		4/13
7		Abbie SWENSON	JR	#1 Bethel (Minn.) {4}	59.70		3/15
8		Karla KROSCH	SR	#4 St. Olaf	1:00.09		4/13
9		Sidela NYUGA	SR	#3 Saint Benedict	1:00.24		4/21
10		McKenzie LUETMER	FR	#2 Gustavus Adolph{2}	1:00.46		4/21

Women's 400 Meter Hurdles

1	8	Kelsie SEALOCK	SR	#1 Bethel (Minn.)	1:02.66		4/6
2	33	Lauren BERG	SO	#3 Saint Benedict	1:04.89		4/13
3	56	Hannah KVANT	FR	#1 Bethel (Minn.) {2}	1:05.50		4/13
4	77	Jessie SMITH	JR	#1 Bethel (Minn.) {3}	1:06.45		4/13
5	89	Riki POORE	SR	#4 St. Olaf	1:06.81		4/6
6		Rebekah SALTER	SR	#4 St. Olaf {2}	1:07.62		4/6
7		Anya ADELGREN	FR	#3 Saint Benedict {2}	1:08.19		4/6
8		Makenna HUETT	JR	#2 Gustavus Adolph	1:08.68		4/13
9		Meg SHERCLIFFE	SR	#5 Concordia Moorl	1:09.49		4/21
10		Libby ROWLAND	JR	#6 Carleton	1:10.73		4/20

Women's 800 Meters

1	18	Annessa IHDE	SR	#1 Bethel (Minn.)	2:12.36		4/13
2	35	Mary BLANCHARD	JR	#6 Carleton	2:14.73		4/13
3	68	Fiona SMITH	SR	#3 Saint Benedict	2:16.72		4/13
4		Allison HOOKOM	SO	#11 Augsburg	2:18.20		3/16
5		Lara ERICKSON	JR	#6 Carleton {2}	2:18.22		4/13
6		Isabel WYATT	SO	#4 St. Olaf	2:18.94		4/13
7		Kalli SMITH	JR	#3 Saint Benedict {2}	2:19.10		4/13
8		Helen CROSS	SR	#6 Carleton {3}	2:20.13		4/20
9		Siri ERICKSON	FR	#4 St. Olaf {2}	2:20.74		4/20
10		Kristina ROHRER	SR	#4 St. Olaf {3}	2:20.79		4/20

Women's 1500 Meters

1	6	Fiona SMITH	SR	#3 Saint Benedict	4:29.02		4/13
2	22	Helen CROSS	SR	#6 Carleton	4:34.19		4/13
3	70	Annessa IHDE	SR	#1 Bethel (Minn.)	4:41.40		4/6
4		Mary BLANCHARD	JR	#6 Carleton {2}	4:44.42		4/20
5		Sophie MCMANUS	JR	#6 Carleton {3}	4:46.28		4/20
6		Alison BODE	JR	#4 St. Olaf	4:49.14		4/6
7		Sophie ABERNETHY	JR	#4 St. Olaf {2}	4:50.10		4/13
8		Bella CALL	SR	#4 St. Olaf {3}	4:51.37		4/6
9		Ivy COLDREN	FR	#8 Macalester	4:51.50		4/6
10		Aliya LARSEN	JR	#6 Carleton {4}	4:51.69		4/20

Women's Steeplechase

1	22	Sophie MCMANUS	JR	#6 Carleton	11:00.09		4/13
2	50	Libby ROWLAND	JR	#6 Carleton {2}	11:26.91		4/13
3	54	Grace MOELLER	SO	#4 St. Olaf	11:31.20		3/29
4		Sydney HAGEN	JR	#2 Gustavus Adolph	11:46.38		4/13
5		Ivy COLDREN	FR	#8 Macalester	11:50.33		4/21
6		Josie HARMS	JR	#1 Bethel (Minn.)	11:51.59		4/13
7		Bridget TETMEYER	SR	#3 Saint Benedict	11:58.70		4/13
8		Keiley MAAHS	SR	#3 Saint Benedict {2}	12:04.47		4/21
9		Gracie JOHNSON	SO	#11 Augsburg	12:07.94		3/16
10		Mary KENNEY	SO	#3 Saint Benedict {3}	12:15.86		4/21



Conference TFRI Event Summary



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Women's 5000 Meters

1	35	Hannah PREISSER	JR	#6 Carleton	17:08.79	4/6
2	38	Lauren WALDA	SO	#4 St. Olaf	17:12.06	4/13
3	40	Phoebe WARD	SR	#6 Carleton {2}	17:12.42	4/6
4	55	Alison BODE	JR	#4 St. Olaf {2}	17:22.79	4/13
5	64	Bella CALL	SR	#4 St. Olaf {3}	17:30.26	4/13
6	68	Helen CROSS	SR	#6 Carleton {3}	17:31.17	4/6
7	77	Sofia CARLSON	JR	#4 St. Olaf {4}	17:35.24	3/29
8		Aliya LARSEN	JR	#6 Carleton {4}	17:45.71	4/6
9		Allison HENDRICKSON	SR	#10 St. Scholastica	17:55.89	4/6
10		Ivy COLDREN	FR	#8 Macalester	18:06.86	4/13

Women's 10,000 Meters

1	1	Fiona SMITH	SR	#3 Saint Benedict	32:57.28	3/30
2	18	Hannah PREISSER	JR	#6 Carleton	35:32.83	4/20
3	39	Allison HENDRICKSON	SR	#10 St. Scholastica	36:31.55	4/20
4	70	Katie HIRSCH	SO	#6 Carleton {2}	37:28.56	4/20
5	96	Annie KIOLBASA	SR	#3 Saint Benedict {2}	38:29.54	4/21
6		Laura HARDWICK	JR	#1 Bethel (Minn.)	39:00.78	4/21
7		Bridget TETMEYER	SR	#3 Saint Benedict {3}	39:01.32	4/21
8		Gracia LARSEN-SCHMIDT	JR	#4 St. Olaf	39:23.47	4/20
9		Libby ROBERDEAU	JR	#7 Hamline	39:29.45	4/20
10		Cate GLEASON	JR	#4 St. Olaf {2}	39:40.88	4/20

Women's 4x100 Relay

1	44	Danielle Miller, Megan Geraets, Ally Rakow, Kate Carlson	#2 Gustavus Adolphus	48.59	4/13
2	54	Myah Nelson, Tiana Johnson, Grace Buntrock, Kate Gallagher	#3 Saint Benedict	48.82	4/13
3	58	Jireh Babalola, Abbie Swenson, Raina Kaping, Hannah Kvant	#1 Bethel (Minn.)	48.95	4/13
4	81	Andie Sandman, Emily Rengo, Piper Osborne, Lydia Fynboh	#5 Concordia Moorhead	49.67	4/6
5		Zoe Matre, Karla Kroschel, Emma Storbakken, Riki Poore	#4 St. Olaf	49.96	4/13
6		Andreiana Aurelius, Kebeh Temeh, Angie Smiley, Terra McMahon	#7 Hamline	50.57	4/13
7		Hadley Twichell, Riley Roberts, Bianca Lott, Michelle Musa	#6 Carleton	51.58	4/20
8		Harmony-Keli Tomety, Yinka Saba, Penny Hunter, Elise Edison	#8 Macalester	51.74	4/13
9		Rachael Kubichka, Samantha Munson, Hanna Strom, Kaylen Pray	#9 Saint Mary's (Minneapolis)	53.45	4/6



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MIAC

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Women's 4x400 Relay

1	11	Kelsie Sealock, Shalom Sulungaine, Abbie Swenson, Annessa Ihde	#1 Bethel (Minn.)	3:53.69	4/13
2	41	Kyla Nygaard, Meg Shercliffe, Maddie Guler, Emily Rengo	#5 Concordia Moorl	4:01.25	4/12
3	70	Alice Cutter, Lara Erickson, Hadley Twichell, Riley Roberts	#6 Carleton	4:06.03	4/13
4	97	Emma Sahly, Isabel Wyatt, Ruth Pfeiffer, Riki Poore	#4 St. Olaf	4:10.21	4/13
5		Sidela Nyuga, Emerson Knapp, Mirjana Ganley, Lauren Berg	#3 Saint Benedict	4:10.93	4/21
6		Andreiana Aurelius, Kyla Chester, Aliyah Robran, Emme Nelson	#7 Hamline	4:17.14	4/13
7		Sydney Hauger, Makenna Huetten, Isabel Fynboh, McKenzie Luetmer	#2 Gustavus Adolph	4:17.67	4/6
8		Penny Hunter, Elise Edison, Destiny Osemwengie, Seneca Wilson	#8 Macalester	4:25.98	4/21
9		Hanna Strom, Caeli McMahon, Megan Frosch, Abbie Meyer	#9 Saint Mary's (Mir	4:32.46	4/6
10		Madeline Hartley, Grace Hrabik, Jenna Terrio, MollyKate Hagen	#10 St. Scholastica	4:44.86	4/6

Women's High Jump

1	52	Erin BEER	JR	#2 Gustavus Adolph	1.60m	5-3	4/6
1	52	Mara LARSON	FR	#4 St. Olaf	1.60m	5-3	4/6
3		Jenna KALEVIK	JR	#5 Concordia Moorl	1.56m	5-1¼	4/12
4		Ally RAKOW	JR	#2 Gustavus Adolph{2}	1.55m	5-1	4/6
5		Anna KEMP	FR	#3 Saint Benedict	1.52m	4-11¾	4/13
6		Lindsay BANGS	JR	#2 Gustavus Adolph{3}	1.50m	4-11	4/6
6		AnnaGrace NELSON	JR	#1 Bethel (Minn.)	1.50m	4-11	4/21
6		Ellie SELISKER	SR	#3 Saint Benedict {2}	1.50m	4-11	4/13
6		Hannah MOE	SO	#1 Bethel (Minn.)	1.50m	4-11	4/13
6		Sarah Beth HOBBY	SR	#8 Macalester	1.50m	4-11	4/21
6		Jensen LUEHRS	JR	#2 Gustavus Adolph{3}	1.50m	4-11	4/6
6		Toria STRAMPE	JR	#10 St. Scholastica	1.50m	4-11	4/13

Women's Pole Vault

1	29	Jaylyn AHLBERG	SO	#3 Saint Benedict	3.63m	11-10¾	4/21
2	51	Emily PEARSON	FR	#1 Bethel (Minn.)	3.48m	11-5	4/21
3	59	Alli GRAFF	JR	#2 Gustavus Adolph	3.45m	11-3¾	4/17
4	94	LiLi RAIDT	FR	#3 Saint Benedict {2}	3.33m	10-11	4/21
5	96	Raina KAPING	FR	#1 Bethel (Minn.) {2}	3.31m	10-10¼	4/13
6		Camille FINNEY	FR	#2 Gustavus Adolph{2}	3.18m	10-5¼	4/21
7		Linnea ASKEGAARD	SO	#4 St. Olaf	3.08m	10-1¼	4/13
8		Jenna BUNKER	JR	#2 Gustavus Adolph{3}	2.90m	9-6¼	4/6
8		Seneca WILSON	FR	#8 Macalester	2.90m	9-6¼	4/6
10		Maddox LEE	SO	#2 Gustavus Adolph{4}	2.86m	9-4½	4/13

Women's Long Jump

1	12	Megan GERAETS	JR	#2 Gustavus Adolph	5.67m	18-7¼ (2.0)	4/13
2	37	Sabriya FARQUHARSON	FR	#3 Saint Benedict	5.51mw	18-1 (3.3)	4/12
3		Jenna KALEVIK	JR	#5 Concordia Moorl	5.24mw	17-2¼ (3.0)	4/12
4		Madi KES	JR	#2 Gustavus Adolph{2}	5.20m	17-¾ (-0.1)	4/13
5		Terra MCMAHON	SO	#7 Hamline	5.16m	16-11¼ (1.3)	4/20
6		Lili GUY	JR	#2 Gustavus Adolph{3}	5.13m	16-10 (0.5)	4/13
7		AnnaGrace NELSON	JR	#1 Bethel (Minn.)	5.12m	16-9¾ (-0.5)	4/13
8		Ellie HERNES	SO	#1 Bethel (Minn.) {2}	5.10mw	16-8¾ (3.8)	4/6
9		Ainslee PARKER	SR	#4 St. Olaf	5.09m	16-8½ (0.1)	4/6
10		Jordan STANISLOSKI	FR	#1 Bethel (Minn.) {3}	5.05mw	16-7 (3.6)	3/15

Women's Triple Jump

1	31	Madi KES	SR	#2 Gustavus Adolph	11.57mw	37-11½ (3.2)	4/17
2	40	Ellie HERNES	SO	#1 Bethel (Minn.)	11.42m	37-5¾ (0.1)	4/13
3	71	Lili GUY	JR	#2 Gustavus Adolph{2}	11.15m	36-7 (2.0)	4/13
4		Piper OSBORNE	FR	#5 Concordia Moorl	10.77mw	35-4 (2.8)	4/12
5		Ellie SELISKER	SR	#3 Saint Benedict	10.63m	34-10½ (0.6)	4/6
6		Caylee GREEDER	JR	#2 Gustavus Adolph{3}	10.40mw	34-1½ (4.0)	4/13
7		Ainslee PARKER	SR	#4 St. Olaf	10.39mw	34-1¼ (3.4)	4/6
8		Jordan STANISLOSKI	FR	#1 Bethel (Minn.) {2}	10.29m	33-9¼ (-0.4)	4/6
9		Ally TYVOLL	FR	#1 Bethel (Minn.) {3}	10.15mw	33-3¾ (2.5)	4/13
10		Jenna KALEVIK	JR	#5 Concordia Moorl{2}	9.90mw	32-5¾ (2.1)	4/6

Women's Shot Put

1	18	Molly MEYERS	SR	#7 Hamline	13.34m	43-9¼	4/13
2	54	Nora WILHELM	SO	#1 Bethel (Minn.)	12.65m	41-6	4/21
3	86	Kelley BRENNAN	SO	#2 Gustavus Adolph	12.26m	40-2¾	4/6
4		Morgan WALLENDAL	JR	#9 Saint Mary's (Mir	12.00m	39-4½	4/13
5		Tessa MYATT	FR	#8 Macalester	11.81m	38-9	4/13
6		Samantha KUBES	SR	#9 Saint Mary's (Mir{2}	11.73m	38-6	4/6
7		Desirae DATES	SO	#7 Hamline {2}	11.71m	38-5	4/13
8		Sydney JACKMAN	JR	#9 Saint Mary's (Mir{3}	11.68m	38-4	4/13
9		Haley JOOS	SR	#3 Saint Benedict	11.58m	38-0	4/6
10		Nicole NELSON	JR	#2 Gustavus Adolph{2}	11.30m	37-1	4/21
10		Alysha ONWUNEME	FR	#5 Concordia Moorl	11.30m	37-1	4/12



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Women's Discus

1	15	Jade HUNT	JR	#7 Hamline	44.20m	145-0	4/20
2	52	Olivia DUNCAN	FR	#2 Gustavus Adolphus	41.31m	135-7	4/13
3	85	Madison REED	JR	#7 Hamline	{2} 39.39m	129-3	4/20
4	88	Morgan WALLENDAL	JR	#9 Saint Mary's (Mir)	39.31m	129-0	3/30
5		Lexi BRAINER	JR	#7 Hamline	{3} 38.23m	125-5	4/6
6		Kelley BRENNAN	SO	#2 Gustavus Adolphus	{2} 38.20m	125-4	4/13
7		Desirae DATES	SO	#7 Hamline	{4} 37.80m	124-0	4/20
8		Alysha ONWUNEME	FR	#5 Concordia Moorhead	37.73m	123-10	4/12
9		Aries MENDEZ	SO	#4 St. Olaf	37.53m	123-2	4/20
10		Nora WILHELM	SO	#1 Bethel (Minn.)	37.11m	121-9	4/21

Women's Hammer

1	4	Lily BENEKE	JR	#10 St. Scholastica	56.20m	184-5	4/13
2	31	Samantha KUBES	SR	#9 Saint Mary's (Mir)	50.51m	165-9	4/13
3	36	Kelley BRENNAN	SO	#2 Gustavus Adolphus	50.02m	164-1	4/13
4	40	Madison REED	JR	#7 Hamline	49.57m	162-8	4/20
5	43	Lexi BRAINER	JR	#7 Hamline	{2} 48.83m	160-3	4/13
6	75	Nora WILHELM	SO	#1 Bethel (Minn.)	46.92m	153-11	4/13
7	88	Anna SPERATOS	SO	#1 Bethel (Minn.)	{2} 46.11m	151-4	4/13
8		Neenah BOSMAN	SR	#6 Carleton	45.23m	148-5	4/20
9		Brooke KANGAS	JR	#5 Concordia Moorhead	44.78m	146-11	3/30
10		Ella STRITESKY	SO	#10 St. Scholastica	{2} 44.52m	146-1	4/21

Women's Javelin

1	27	Abbie SWENSON	JR	#1 Bethel (Minn.)	39.15m	128-6	4/13
2	34	Lakesha CARTER	JR	#2 Gustavus Adolphus	38.85m	127-6	4/6
3	43	Genevieve GRUBA	FR	#5 Concordia Moorhead	38.55m	126-6	4/6
4	68	Sarah Beth HOBBY	SR	#8 Macalester	37.25m	122-3	4/13
5	92	Brooke BOROUGHS	FR	#8 Macalester	{2} 36.00m	118-2	4/6
6		Justus FLOREN	JR	#3 Saint Benedict	35.26m	115-8	4/6
7		Reagan WOHLERS	FR	#5 Concordia Moorhead	{2} 35.03m	114-11	4/6
8		Gabby GROMACKI	SO	#2 Gustavus Adolphus	{2} 34.83m	114-3	4/17
9		Isabella SCHEI	FR	#9 Saint Mary's (Mir)	33.56m	110-1	4/20
10		Jensen LUEHRS	JR	#2 Gustavus Adolphus	{3} 33.24m	109-1	4/6

Women's Heptathlon

1	53	Sarah Beth HOBBY	SR	#8 Macalester	3,805	4/21
2	58	Justus FLOREN	JR	#3 Saint Benedict	3,733	4/21
3	84	Grace CIARROCHI	FR	#5 Concordia Moorhead	3,394	4/21



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MWC

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Women's 100 Meters

1	50	Eva CARCHIDI	SR	#1 Grinnell	12.24w	(2.3)	4/6
2	96	Deja ANDERSON	FR	#3 Illinois College	12.41w	(2.2)	3/23
3		Mattie BROWN	FR	#3 Illinois College {2}	12.48w	(2.3)	3/29
4		Haley GARRETT	FR	#3 Illinois College {3}	12.64w	(2.3)	3/29
5		Maddie RUSK	SO	#4 Monmouth (Ill.)	12.68w	(2.5)	4/13
6		Sidney BROWN	SR	#5 Cornell College	12.77	(1.7)	4/13
7		Fynesse JONES	SO	#3 Illinois College {4}	12.78w	(2.3)	3/29
8		AJ JONES	JR	#9 Lake Forest	12.80w	(2.2)	4/20
9		Madyson SALISBURY	FR	#3 Illinois College {5}	12.86	(1.5)	3/29
10		Alayna FURCH	SR	#7 Beloit	12.95w	(2.5)	4/13

Women's 100 Meter Hurdles

1	38	Natalie MCALLISTER	SR	#5 Cornell College	14.83	(1.4)	4/20
2		Aleese TRIMINGHAM	FR	#3 Illinois College	15.73	(1.0)	4/19
3		Hailey CAROLAN	SO	#5 Cornell College {2}	16.02w	(3.7)	4/20
4		Bridget FINN	JR	#2 Ripon	16.11	(1.4)	4/12
5		Jessie GOODMAN	SO	#1 Grinnell	16.76	(0.0)	3/23
6		Hannah WELTE	SR	#7 Beloit	16.94w	(3.3)	4/13
7		Jacquelyn HAN	SO	#9 Lake Forest	17.64	(1.8)	4/20
8		Sadie STAKER	SR	#1 Grinnell {2}	17.82	(1.2)	4/20
9		Patricia RIVERA	JR	#3 Illinois College {2}	18.06w	(2.3)	3/29
10		Niomee CASEY	JR	#7 Beloit {2}	18.36w	(2.6)	4/13

Women's 200 Meters

1	67	Eva CARCHIDI	SR	#1 Grinnell	25.30	(1.6)	4/12
2		Candis DAMSTE	SR	#7 Beloit	25.70w	(2.5)	4/20
3		Deja ANDERSON	FR	#3 Illinois College	26.02	(0.0)	4/19
4		Haley GARRETT	FR	#3 Illinois College {2}	26.03	(-0.4)	4/13
5		Sidney BROWN	SR	#5 Cornell College	26.17w	(3.4)	4/13
6		Mattie BROWN	FR	#3 Illinois College {3}	26.32	(1.8)	4/6
7		Natalie MCALLISTER	SR	#5 Cornell College {2}	26.49w	(3.8)	4/20
8		Madyson SALISBURY	FR	#3 Illinois College {4}	26.53	(0.2)	4/13
9		Maddie RUSK	SO	#4 Monmouth (Ill.)	26.82	(1.0)	4/6
10		Fynesse JONES	SO	#3 Illinois College {5}	26.98w	(4.0)	3/29

Women's 400 Meters

1	82	Candis DAMSTE	SR	#7 Beloit	58.49		4/13
2		Ava CLAUSSEN-TUBBS	SO	#5 Cornell College	1:00.06		4/20
3		Apiphany PATTERSON	FR	#3 Illinois College	1:00.95		4/13
4		Alayna FURCH	SR	#7 Beloit {2}	1:01.02		4/6
5		Sidney BROWN	SR	#5 Cornell College {2}	1:01.74		4/6
6		Ella FAJARDO-WILDE	FR	#6 Lawrence	1:01.81		4/19
7		Madylyn WOYAK	FR	#2 Ripon	1:02.01		4/6
8		Maile CROWE	JR	#1 Grinnell	1:02.25		3/23
9		Gaby SKORCZEWSKI	FR	#6 Lawrence {2}	1:02.26		4/6
10		Willow ZIEGLER	FR	#5 Cornell College {3}	1:03.27		4/13

Women's 400 Meter Hurdles

1		Bridget FINN	JR	#2 Ripon	1:07.85		4/6
2		Hailey CAROLAN	SO	#5 Cornell College	1:08.27		4/6
3		Aleese TRIMINGHAM	FR	#3 Illinois College	1:08.71		4/19
4		Hannah WELTE	SR	#7 Beloit	1:08.78		4/13
5		Kiki SHERMAN	JR	#2 Ripon {2}	1:11.17		4/6
6		Sadie STAKER	SR	#1 Grinnell	1:11.70		3/23
7		Jessie GOODMAN	SO	#1 Grinnell {2}	1:14.01		3/23
8		Patricia RIVERA	JR	#3 Illinois College {2}	1:17.04		4/6
9		Jacquelyn HAN	SO	#9 Lake Forest	1:17.40		4/6
10		Nicole ARNHOLD	SO	#2 Ripon {3}	1:17.64		4/6

Women's 800 Meters

1		Ava CLAUSSEN-TUBBS	SO	#5 Cornell College	2:19.76		4/13
2		Alyza KOPPE	SO	#5 Cornell College {2}	2:23.67		3/28
3		Gaby SKORCZEWSKI	FR	#6 Lawrence	2:24.65		4/13
4		Jenny CORTES	SO	#2 Ripon	2:24.89		4/12
5		Hannah ROARK	SO	#1 Grinnell	2:27.10		4/20
6		Ella FAJARDO-WILDE	FR	#6 Lawrence {2}	2:27.62		4/13
7		Minnie HOFFMAN	FR	#2 Ripon {2}	2:28.81		4/19
8		Caitlin ONG	SO	#1 Grinnell {2}	2:29.03		4/20
9		Isabelle WILLETT	JR	#2 Ripon {3}	2:29.53		4/12
10		Diana BARBA	SO	#1 Grinnell {3}	2:29.85		4/20

Women's 1500 Meters

1		Jenny CORTES	SO	#2 Ripon	4:46.85		4/6
2		Hannah ROARK	SO	#1 Grinnell	4:52.11		4/20
3		Cristyn OLIVER	JR	#6 Lawrence	4:53.56		4/19
4		Morgan KAROW	SO	#1 Grinnell {2}	4:53.92		4/20
5		Ali DENAMUR	JR	#2 Ripon {2}	4:54.86		4/12
6		Alyza KOPPE	SO	#5 Cornell College	4:55.29		3/28
7		Isabelle WILLETT	JR	#2 Ripon {3}	4:58.68		4/6
8		Keely MIYAMOTO	SO	#1 Grinnell {3}	5:03.52		3/23
9		Letitia HODA	FR	#9 Lake Forest	5:05.92		4/13
10		Katie LAMMERS	JR	#5 Cornell College {2}	5:06.53		4/13

Women's Steeplechase

1		Gabby ALLARD	FR	#2 Ripon	11:50.68		4/12
2		Hannah ROTH	FR	#1 Grinnell	11:52.01		4/20
3		Riley WINEBRENNER	JR	#6 Lawrence	12:00.70		4/19
4		Diana BARBA	SO	#1 Grinnell {2}	12:10.42		4/12
5		Sophie STUMBO	FR	#5 Cornell College	13:11.95		4/20
6		Emma WHARTON-HSIEH	FR	#1 Grinnell {3}	13:25.52		4/20
7		Morgan CARRINO	FR	#3 Illinois College	13:32.84		4/13
8		Melissa BIVOLAROV	FR	#4 Monmouth (Ill.)	13:38.40		4/20
9		Murray PAGE	FR	#5 Cornell College {2}	14:00.94		4/6



Conference TFRI Event Summary



MWC

as of 4/23/2024 8:33:15 AM ET

Women's 5000 Meters

1	83	Ali DENAMUR	JR	#2 Ripon	17:38.56	4/6
2	90	Cristyn OLIVER	JR	#6 Lawrence	17:39.82	4/13
3		Alyza KOPPES	SO	#5 Cornell College	17:59.79	4/13
4		Mikayla FLYTE	SR	#2 Ripon	{2} 18:00.26	4/6
5		Morgan KAROW	SO	#1 Grinnell	18:02.55	3/22
6		Keely MIYAMOTO	SO	#1 Grinnell	{2} 18:07.81	4/12
7		Hannah ROARK	SO	#1 Grinnell	{3} 18:26.22	3/22
8		Gabby ALLARD	FR	#2 Ripon	{3} 18:28.43	4/6
9		Edythmae FRODL	JR	#6 Lawrence	{2} 18:38.93	4/19
10		Lettia HODA	FR	#9 Lake Forest	18:46.96	4/6

Women's 10,000 Meters

1	33	Mikayla FLYTE	SR	#2 Ripon	36:15.03	4/20
2	80	Keely MIYAMOTO	SO	#1 Grinnell	37:54.09	4/20
3		Rain ORSI	JR	#6 Lawrence	40:47.93	4/19
4		Natalie ANDERSON	JR	#6 Lawrence	{2} 41:15.53	4/19
5		Sophia FORD	JR	#1 Grinnell	{2} 42:11.05	4/20
6		Eliza WUNDERLICH	SO	#6 Lawrence	{3} 45:03.39	4/19

Women's 4x100 Relay

1	26	Mattie Brown, Brooke Oakley, Haley Garrett, Deja Anderson	#3 Illinois College	48.14	4/13
2	74	Darcel Royster, Alayna Furch, Hannah Welte, Candis Damste	#7 Beloit	49.43	4/13
3		Jessie Goodman, Ava Taylor, Maile Crowe, Eva Carchidi	#1 Grinnell	49.97	3/23
4		#Type!	#5 Cornell College	50.01	4/13
5		Maddie Rusk, Makaiha Moore-Bell, Miranda Hursey, Tayler Raska	#4 Monmouth (Ill.)	50.39	4/6
6		Sidney Hoffa, Bridget Finn, Madylyn Woyak, Heleya Weiss	#2 Ripon	51.05	4/12
7		Ashlee Long, Gaby Skorzewski, Irene Yank, Morgan Cross	#6 Lawrence	53.29	4/6
8		Peyton Balfour, Emily Jacobs, Cambria Medina, Abbie Layne	#8 Knox	53.46	4/20
9		AJ Jones, Sarah McField, Melissa Gomez, Annie Pulaski	#9 Lake Forest	53.67	4/20

Women's 4x400 Relay

1	76	Sophia Miller, Candis Damste, Jaeonie Echols, Alayna Furch	#7 Beloit	4:06.81	4/13
2		Millie Leonard, Caitlin Ong, Maile Crowe, Eva Carchidi	#1 Grinnell	4:11.38	4/20
3		Ella Fajardo-Wilde, Faith Onukaagu, Laura Henze, Gaby Skorzewski	#6 Lawrence	4:12.24	4/13
4		#Type!	#5 Cornell College	4:13.75	4/6
5		Apiphany Patterson, Madeline Benson, Aleese Trimmingham, Brooke Oakley	#3 Illinois College	4:15.38	4/13
6		Jenny Cortes, Heleya Weiss, Minnie Hoffman, Isabelle Willett	#2 Ripon	4:20.98	4/6
7		Nicole Hoyer, Danielle Johnson, Lindsay Eaton, Melissa Bivolarov	#4 Monmouth (Ill.)	4:36.18	4/6
8		Becca Ray, Lettia Hoda, Sophie Graham, One Kenosi	#9 Lake Forest	4:37.53	4/13

Women's High Jump

1	2	Hailey CAROLAN	SO	#5 Cornell College	1.70m	5-7	4/6
2	52	Bridget FINN	JR	#2 Ripon	1.60m	5-3	4/20
3	84	Natalie MCALLISTER	SR	#5 Cornell College	{2} 1.58m	5-2¼	4/6
4		Liz KALK	JR	#7 Beloit	1.53m	5-¼	4/13
4		Chloe STUDINSKI	FR	#2 Ripon	{2} 1.53m	5-¼	4/19
6		Megan SHAFAR	SO	#8 Knox	1.48m	4-10¼	4/6
7		Lauren ANDERSON	JR	#4 Monmouth (Ill.)	1.45m	4-9	3/28
8		Madysen SALISBURY	FR	#3 Illinois College	1.40m	4-7	4/6
9		Nicole ARNHOLD	SO	#2 Ripon	{3} 1.37m	4-6	4/12
10		Bethany ALLEN	JR	#4 Monmouth (Ill.)	{2} 1.35m	4-5	4/6

Women's Pole Vault

1		Miranda HURSEY	SO	#4 Monmouth (Ill.)	3.29m	10-9½	4/20
2		Madeline BENSON	JR	#3 Illinois College	3.28m	10-9	4/19
3		Paige NOWAK	SR	#3 Illinois College	{2} 3.14m	10-3½	4/6
3		Naomee CASEY	JR	#7 Beloit	3.14m	10-3½	4/20
5		Delaney REXROAT	JR	#4 Monmouth (Ill.)	{2} 2.91m	9-6½	4/13
6		Megan DAILEY	JR	#4 Monmouth (Ill.)	{3} 2.76m	9-½	4/13
7		Carson BEYERS	SR	#3 Illinois College	{3} 2.71m	8-10¾	4/13
8		Haley CARLIN	FR	#7 Beloit	{2} 2.61m	8-6¾	4/6
9		Sidney BROWN	SR	#5 Cornell College	2.45m	8-½	4/13
10		Caitlin ONG	SO	#1 Grinnell	2.33m	7-7¾	4/20



Conference TFRI Event Summary



MWC

as of 4/23/2024 8:33:15 AM ET

Women's Long Jump

1	31	Deja ANDERSON	FR	#3	Illinois College	5.55m	18-2½ (0.0)	3/29
2	95	Natalie MCALLISTER	SR	#5	Cornell College	5.31m	17-5¼ (-2.9)	4/6
3		Sidney HOFFA	FR	#2	Ripon	5.24m	17-2¼ (0.8)	4/6
4		Maddie RUSK	SO	#4	Monmouth (Ill.)	5.23mw	17-2 (3.7)	4/20
5		Cambria MEDINA	FR	#8	Knox	5.18m	17-0 (1.3)	4/13
6		Peyton BALFOUR	JR	#8	Knox	{2}5.17m	16-11½ (1.4)	4/13
7		Hannah WELTE	SR	#7	Beloit	5.09m	16-8½ (1.2)	4/13
8		Fynesse JONES	SO	#3	Illinois College	{2}5.01m	16-5¼ (0.2)	3/23
9		Darcel ROYSTER	SR	#7	Beloit	{2}4.94m	16-2½ (0.7)	4/13
10		Hailey CAROLAN	SO	#5	Cornell College	{2}4.89m	16-½ (1.9)	4/6

Women's Triple Jump

1	86	Abbie LAYNE	SO	#8	Knox	11.05m	36-3 (1.6)	4/13
2		Maddie RUSK	SO	#4	Monmouth (Ill.)	10.45m	34-3½ (1.2)	4/6
3		Peyton BALFOUR	JR	#8	Knox	{2}10.40m	34-1½ (0.1)	4/13
4		Millie LEONARD	FR	#1	Grinnell	10.20m	33-5¾ (1.2)	4/6
5		Delaney REXROAT	JR	#4	Monmouth (Ill.)	{2}10.17mw	33-4¼ (3.6)	4/20
6		Haley GARRETT	FR	#3	Illinois College	9.96m	32-8¼ (1.3)	4/13
7		Mariana ZENDEJAS	JR	#6	Lawrence	9.80m	32-2 (0.4)	4/6
8		Nicole ARNHOLD	SO	#2	Ripon	9.73m	31-11¼ (-1)	4/12
9		Emma CROFTON	FR	#4	Monmouth (Ill.)	{3}9.68mw	31-9¼ (3.5)	4/20
10		Danielle JOHNSON	FR	#4	Monmouth (Ill.)	{4}9.62mw	31-6¾ (2.1)	4/13

Women's Shot Put

1	16	Maddie BOLEY	JR	#4	Monmouth (Ill.)	13.42m	44-½	3/28
2	25	Kayla BRAUN	SO	#4	Monmouth (Ill.)	{2}13.21m	43-4¼	4/20
3	77	Kalyn OTZELBERGER	SR	#2	Ripon	12.36m	40-6¾	4/6
4		Kylie GALOWITZ	SO	#1	Grinnell	11.68m	38-4	4/20
5		Sara BOOHER	JR	#1	Grinnell	{2}11.65m	38-2¾	4/20
6		Natalie MCALLISTER	SR	#5	Cornell College	11.16m	36-7½	4/20
7		Bri OSTERSON	JR	#5	Cornell College	{2}11.07m	36-4	4/20
8		Gracie GIBBONS	JR	#4	Monmouth (Ill.)	{3}11.01m	36-1½	4/13
9		Alayna EARLE	FR	#4	Monmouth (Ill.)	{4}10.90m	35-9¼	4/6
10		Sydney KUPER	SR	#3	Illinois College	10.87m	35-8	3/29

Women's Discus

1	19	Maddie BOLEY	JR	#4	Monmouth (Ill.)	43.67m	143-3	4/6
2	43	Kayla BRAUN	SO	#4	Monmouth (Ill.)	{2}41.74m	137-0	4/20
3	67	Kalyn OTZELBERGER	SR	#2	Ripon	40.24m	132-0	4/19
4		Aiyana ROCKWELL	JR	#1	Grinnell	38.04m	124-10	3/30
5		Sydney KUPER	SR	#3	Illinois College	38.01m	124-9	4/13
6		Aparna GAJULAPALLI	JR	#6	Lawrence	35.90m	117-10	4/19
7		Hadja BAYO	JR	#7	Beloit	35.78m	117-5	4/13
8		Grace FOX	JR	#6	Lawrence	{2}34.61m	113-7	4/6
9		Kylie GALOWITZ	SO	#1	Grinnell	{2}33.20m	108-11	4/20
10		Abbie JOHNSON	SO	#4	Monmouth (Ill.)	{3}32.91m	108-0	4/13

Women's Hammer

1	33	Maddie BOLEY	JR	#4	Monmouth (Ill.)	50.40m	165-4	4/20
2	60	Sydney KUPER	SR	#3	Illinois College	47.57m	156-1	4/13
3	85	Jillian TOTH	SO	#4	Monmouth (Ill.)	{2}46.28m	151-10	4/13
4		Gracie GIBBONS	JR	#4	Monmouth (Ill.)	{3}43.85m	143-11	3/28
5		Kalyn OTZELBERGER	SR	#2	Ripon	42.34m	138-11	4/6
6		Kayla BRAUN	SO	#4	Monmouth (Ill.)	{4}41.65m	136-8	4/20
7		Alayna EARLE	FR	#4	Monmouth (Ill.)	{5}41.07m	134-9	4/13
8		Kylie GALOWITZ	SO	#1	Grinnell	40.34m	132-4	4/20
9		Maddy STROVERS	SO	#1	Grinnell	{2}39.68m	130-2	4/20
10		Brynn HOGAN	SO	#4	Monmouth (Ill.)	{6}38.19m	125-4	3/28

Women's Javelin

1	51	Juniper SCHWARTZMAN	FR	#1	Grinnell	37.88m	124-4	4/20
2	54	Bri OSTERSON	JR	#5	Cornell College	37.66m	123-7	4/13
3		Bridget FINN	JR	#2	Ripon	35.07m	115-1	4/6
4		Sam KOBYSKI	FR	#2	Ripon	{2}34.34m	112-8	4/6
4		Natalie MCALLISTER	SR	#5	Cornell College	{2}34.34m	112-8	4/13
6		Wiktoria KOWAL	FR	#1	Grinnell	{2}32.63m	107-1	4/6
7		Keyleigh THOMAS	SO	#3	Illinois College	31.75m	104-2	3/29
8		Carson BEYERS	SR	#3	Illinois College	{2}30.82m	101-2	3/29
9		Gracie GIBBONS	JR	#4	Monmouth (Ill.)	30.65m	100-7	4/20
10		Grace FOX	JR	#6	Lawrence	30.21m	99-1½	4/6

Women's Heptathlon

1	9	Natalie MCALLISTER	SR	#5	Cornell College	4,619	4/20
2	30	Bridget FINN	JR	#2	Ripon	4,231	4/20
3	40	Hailey CAROLAN	SO	#5	Cornell College	{2}4,075	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



NAC

as of 4/23/2024 8:33:16 AM ET

Women's 100 Meters

1	Emma BURR	FR	#1 Thomas (Maine)	12.73	(0.7)	3/1
2	Kadie-Ann WHYTE	SR	#4 SUNY Delhi	12.80	(0.2)	4/14
3	Julia AIELLO	FR	#5 SUNY Cobleskill	12.86	(-0.7)	4/14
4	Kimberly DEAN	JR	#4 SUNY Delhi {2}	13.00	(1.5)	4/20
5	Carrie BURR	SR	#3 UMaine Farming	13.25w	(2.6)	4/6
6	Erica JOHNSON	SO	#3 UMaine Farming {2}	13.28w	(3.2)	4/6
7	Lilah WARD	SR	#5 SUNY Cobleskill {2}	13.32	(1.5)	4/20
8	Lexy SHANNON	SO	#1 Thomas (Maine) {2}	13.38w	(2.6)	3/1
9	Cara PERRY	SR	#3 UMaine Farming {3}	13.40w	(2.6)	4/6
10	Meg CRUZ	FR	#4 SUNY Delhi {3}	13.53	(0.9)	3/30

Women's 100 Meter Hurdles

1	72 Emma BURR	FR	#1 Thomas (Maine)	15.16	(0.6)	4/20
2	Lilly SWYERS	SO	#5 SUNY Cobleskill	16.26w	(2.5)	4/20
3	Erica JOHNSON	SO	#3 UMaine Farming	16.65w	(3.5)	4/6
4	Carrie BURR	SR	#3 UMaine Farming {2}	17.08	(-1.1)	4/13
5	Angelina COTONI	SO	#2 Husson	17.30	(-0.2)	3/9
6	Bethanie BECKER	FR	#5 SUNY Cobleskill {2}	17.52	(2.0)	3/30
7	Melinda REID	FR	#4 SUNY Delhi	17.60w	(2.7)	4/6
8	Niamiah PERRY	SO	#2 Husson {2}	17.87	(-0.2)	3/9
9	Hayleigh GIRARD	JR	#5 SUNY Cobleskill {3}	17.94w	(2.6)	3/30
10	Alyssa COLE	SO	#4 SUNY Delhi {2}	18.23w	(2.5)	4/20

Women's 200 Meters

1	Zoe RODI	SO	#4 SUNY Delhi	26.15	(0.7)	4/14
2	Kadie-Ann WHYTE	SR	#4 SUNY Delhi {2}	26.73	(0.5)	4/14
3	Julia AIELLO	FR	#5 SUNY Cobleskill	26.80w	(2.2)	3/30
4	Kimberly DEAN	JR	#4 SUNY Delhi {3}	27.69w	(2.6)	4/6
5	Meg CRUZ	FR	#4 SUNY Delhi {4}	27.71w	(2.8)	3/30
6	Lilah WARD	SR	#5 SUNY Cobleskill {2}	28.30w	(2.8)	4/6
7	Hailey VONAHN	JR	#6 Lesley	28.35	(0.5)	4/13
8	Kennedy TODD	SO	#3 UMaine Farming	28.37w	(2.4)	4/6
9	Cara PERRY	SR	#3 UMaine Farming {2}	28.72	(-2.3)	3/30
10	Erica JOHNSON	SO	#3 UMaine Farming {3}	28.78	(1.6)	4/13

Women's 400 Meters

1	Zoe RODI	SO	#4 SUNY Delhi	58.75		4/14
2	Julia AIELLO	FR	#5 SUNY Cobleskill	1:00.67		4/20
3	Miranda DUNTON	JR	#2 Husson	1:03.33		3/9
4	Hailey VONAHN	JR	#6 Lesley	1:04.31		4/13
5	Mackenzie EMERSON	FR	#2 Husson {2}	1:04.41		4/13
6	Carrie BURR	SR	#3 UMaine Farming	1:05.11		3/30
7	Kali WOOSTER	SO	#7 Northern Vermo	1:06.39		3/30
8	Meg CRUZ	FR	#4 SUNY Delhi {2}	1:07.38		4/6
9	Cara PERRY	SR	#3 UMaine Farming {2}	1:09.32		3/30
10	Maddy REDDING	JR	#1 Thomas (Maine)	1:10.10		3/8

Women's 400 Meter Hurdles

1	Emma BURR	FR	#1 Thomas (Maine)	1:09.12		3/8
2	Miranda DUNTON	JR	#2 Husson	1:11.70		4/13
3	Carrie BURR	SR	#3 UMaine Farming	1:12.08		4/13
4	Nina GREGORY	SO	#2 Husson {2}	1:19.50		3/9
5	Angelina COTONI	SO	#2 Husson {3}	1:20.07		3/9
6	Joy EVANS	JR	#3 UMaine Farming {2}	1:20.70		4/20
7	Anna MACDONALD	JR	#3 UMaine Farming {3}	1:21.24		4/13
8	Alexis FREEMAN	SO	#2 Husson {4}	1:22.57		4/20
9	Maria PROTHEROE	SO	#1 Thomas (Maine) {2}	1:23.71		4/20
10	Cara PERRY	SR	#3 UMaine Farming {4}	1:27.00		4/20

Women's 800 Meters

1	Miranda DUNTON	JR	#2 Husson	2:26.96		4/20
2	Mackenzie EMERSON	FR	#2 Husson {2}	2:28.46		4/20
3	Mary BRYANT	FR	#4 SUNY Delhi	2:31.17		3/30
4	Joy EVANS	JR	#3 UMaine Farming	2:33.76		4/13
5	Evie EASTMAN	FR	#4 SUNY Delhi {2}	2:35.13		4/20
6	Alyssa FREEGUARD	SO	#5 SUNY Cobleskill	2:35.47		4/20
7	Ava DOWLING	JR	#2 Husson {3}	2:35.63		4/20
8	Julia RENY	JR	#1 Thomas (Maine)	2:35.67		3/1
9	Lilianna PETERS	FR	#5 SUNY Cobleskill {2}	2:41.42		4/20
10	Maria PROTHEROE	SO	#1 Thomas (Maine) {2}	2:43.94		4/13

Women's 1500 Meters

1	Miranda DUNTON	JR	#2 Husson	5:00.88		4/20
2	Lilianna PETERS	FR	#5 SUNY Cobleskill	5:14.06		3/30
3	Joy EVANS	JR	#3 UMaine Farming	5:15.02		3/30
4	Hannah NANGLE	JR	#6 Lesley	5:17.08		4/20
5	Evie EASTMAN	FR	#4 SUNY Delhi	5:23.36		4/20
6	Ava DOWLING	JR	#2 Husson {2}	5:25.54		3/2
7	Julia RENY	JR	#1 Thomas (Maine)	5:25.73		4/20
8	Mackenzie EMERSON	FR	#2 Husson {3}	5:28.08		4/6
9	Savaughn KUNGXAT-FACENDA	FR	#1 Thomas (Maine) {2}	5:28.68		4/20
10	Grace BEDORE	SO	#2 Husson {4}	5:31.95		3/2

Women's Steeplechase

1	Lilianna PETERS	FR	#5 SUNY Cobleskill	11:52.85		4/6
2	Ava DOWLING	JR	#2 Husson	12:09.01		4/13
3	Grace BEDORE	SO	#2 Husson {2}	12:28.35		3/9
4	Anna MACDONALD	JR	#3 UMaine Farming	13:08.57		4/13
5	Hannah NANGLE	JR	#6 Lesley	13:35.73		4/13
6	Rebekah IRELAND	SO	#1 Thomas (Maine)	13:47.48		4/13
7	Eve POTEET	SO	#3 UMaine Farming {2}	13:58.75		4/20
8	Abby MACDONALD	FR	#3 UMaine Farming {3}	15:00.01		4/20



Conference TFRI Event Summary



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Women's 5000 Meters

1	Lilianna PETERS	FR	#5 SUNY Cobleskill	19:13.01	4/20
2	Miranda DUNTON	JR	#2 Husson	19:38.00	3/9
3	Ava DOWLING	JR	#2 Husson {2}	20:03.44	3/9
4	Maria PROTHEROE	SO	#1 Thomas (Maine)	20:24.94	4/13
5	Alyssa FREEGUARD	SO	#5 SUNY Cobleskill {2}	20:41.21	4/6
6	Savaughn KUNGXAT-FACENDA	FR	#1 Thomas (Maine) {2}	20:49.12	4/13
7	Marissa LOMBARDI	SR	#4 SUNY Delhi	21:03.09	3/30
8	Anna MACDONALD	JR	#3 UMaine Farming	21:09.41	4/6
9	Eve POTEET	SO	#3 UMaine Farming {2}	21:31.67	4/13
10	Amanda WINSLOW	JR	#1 Thomas (Maine) {3}	22:31.46	3/8

Women's 10,000 Meters

1	Joy EVANS	JR	#3 UMaine Farming	42:53.39	4/6
2	Marissa LOMBARDI	SR	#4 SUNY Delhi	43:09.50	4/6
3	Anna MACDONALD	JR	#3 UMaine Farming {2}	45:51.10	4/20
4	Eve POTEET	SO	#3 UMaine Farming {3}	45:57.98	4/6
5	Abby MACDONALD	FR	#3 UMaine Farming {4}	48:31.27	4/13
6	Amanda WINSLOW	JR	#1 Thomas (Maine)	50:46.07	4/13
7	Sarah CHAPIN	SR	#3 UMaine Farming {5}	51:20.67	4/13

Women's 4x100 Relay

1	Kimberly Dean, Zoe Rodi, Meg Cruz, Kadie-Ann Whyte	#4 SUNY Delhi	50.10	4/20
2	Carrie Burr, Erica Johnson, Cara Perry, Kennedy Todd	#3 UMaine Farming	51.79	3/30
3	Maddy Redding, Lexy Shannon, Emma Burr, Julia Reny	#1 Thomas (Maine)	51.89	3/8
4	Hayleigh Girard, Bethanie Becker, Lilah Ward, Julia Aiello	#5 SUNY Cobleskill	52.02	4/20
5	Sacha Porter, Hailey VonAhn, Raffaella Vogt, Lauren Rudolph	#6 Lesley	55.79	4/13

Women's 4x400 Relay

1	Julia Reny, Maria Protheroe, Maddy Redding, Emma Burr	#1 Thomas (Maine)	4:28.91	4/20
2	Grace Bedore, Miranda Dunton, Ava Dowling, Mackenzie Emerson	#2 Husson	4:38.65	4/6
3	Hailey VonAhn, Lauren Rudolph, Hannah Nangle, Bethany Slivka	#6 Lesley	4:52.42	3/30

Women's High Jump

1	Lilah WARD	SR	#5 SUNY Cobleskill	1.52m	4-11¾	4/6
2	Nina GREGORY	SO	#2 Husson	1.51m	4-11½	3/9
3	Melinda REID	FR	#4 SUNY Delhi	1.47m	4-9¾	4/6
3	Bethanie BECKER	FR	#5 SUNY Cobleskill {2}	1.47m	4-9¾	4/6
5	Carrie BURR	SR	#3 UMaine Farming	1.42m	4-7¾	3/30
6	Hayleigh GIRARD	JR	#5 SUNY Cobleskill {3}	1.37m	4-6	4/6
7	Alyssa COLE	SO	#4 SUNY Delhi {2}	1.25m	4-1¼	4/13

Women's Pole Vault

1	Alexis FREEMAN	SO	#2 Husson	2.60m	8-6¼	4/13
2	Erica JOHNSON	SO	#3 UMaine Farming	2.15m	7-½	4/13
3	Joy EVANS	JR	#3 UMaine Farming {2}	1.85m	6-¾	4/13
3	Emma BURR	FR	#1 Thomas (Maine)	1.85m	6-¾	4/13

Women's Long Jump

1	Emma BURR	FR	#1 Thomas (Maine)	5.13m	16-10 (0.0)	3/1
2	Kimberly DEAN	JR	#4 SUNY Delhi	5.00mw	16-5 (4.0)	4/6
3	Lilah WARD	SR	#5 SUNY Cobleskill	4.95m	16-3 (1.3)	4/20
4	Lexy SHANNON	SO	#1 Thomas (Maine) {2}	4.94m	16-2½ (-2.0)	3/1
5	Lilly SWYERS	SO	#5 SUNY Cobleskill {2}	4.89m	16-½ (1.4)	4/20
6	Bethanie BECKER	FR	#5 SUNY Cobleskill {3}	4.74m	15-6¾ (0.0)	4/20
7	Quinn YOUNG	JR	#2 Husson	4.41mw	14-5¾ (2.4)	4/6
8	Angelina COTONI	SO	#2 Husson {2}	4.26m	13-11¾ (0.0)	3/9
9	Tori WATKINS	SO	#1 Thomas (Maine) {3}	4.21m	13-9¾ (-0.9)	4/20
10	Nina GREGORY	SO	#2 Husson {3}	4.16m	13-7¾ (1.6)	3/2

Women's Triple Jump

1	Lilly SWYERS	SO	#5 SUNY Cobleskill	10.36m	34-0 (0.0)	4/20
2	Quinn YOUNG	JR	#2 Husson	9.54mw	31-3¾ (3.4)	4/6
3	Nina GREGORY	SO	#2 Husson {2}	8.53m	28-0 (1.0)	3/9

Women's Shot Put

1	Mary DISANTO	SR	#1 Thomas (Maine)	11.13m	36-6¼	4/13
2	Kitty MESSINA	SR	#4 SUNY Delhi	10.58m	34-8½	4/6
3	Chelsey COTE	SO	#1 Thomas (Maine) {2}	10.44m	34-3	4/13
4	Mercedes DURDEN	SR	#7 Northern Verno	10.08m	33-1	3/30
5	Emma BURR	FR	#1 Thomas (Maine) {3}	9.68m	31-9¼	4/20
6	Liz BOWMAN	SO	#1 Thomas (Maine) {4}	9.47m	31-1	3/8
7	Aaralyn SCROGGINS	JR	#2 Husson	9.41m	30-10½	4/6
8	Katelynn REYNOLDS	SO	#2 Husson {2}	9.25m	30-4¼	4/13
9	Katharine ELLIOTT	FR	#1 Thomas (Maine) {5}	9.09m	29-10	3/8
10	Kaitlyn HARMON-BOLDING	JR	#3 UMaine Farming	8.94m	29-4	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



NAC

as of 4/23/2024 8:33:16 AM ET

Women's Discus

1	91 Mary DISANTO	SR	#1 Thomas (Maine)	39.15m	128-6	4/13
2	Mercedes DURDEN	SR	#7 Northern Vermo	33.10m	108-7	4/20
3	Kaitlyn HARMON-BOLDING	JR	#3 UMaine Farming	31.62m	103-9	4/20
4	Dory GOOSELIN	SO	#5 SUNY Cobleskill	31.61m	103-9	4/20
5	Chelsey COTE	SO	#1 Thomas (Maine) {2}	31.01m	101-9	4/20
6	Megan FLETCHER	SO	#2 Husson	29.01m	95-2¼	4/20
7	Kitty MESSINA	SR	#4 SUNY Delhi	28.44m	93-3¾	3/30
8	Aaralyn SCROGGINS	JR	#2 Husson {2}	27.76m	91-1	4/6
9	Katelynn REYNOLDS	SO	#2 Husson {3}	27.30m	89-6¾	4/20
10	Alyssa COLE	SO	#4 SUNY Delhi {2}	26.97m	88-6	4/20

Women's Hammer

1	Kitty MESSINA	SR	#4 SUNY Delhi	43.62m	143-2	4/13
2	Emily HARGREAVES	SR	#3 UMaine Farming	38.46m	126-2	4/6
3	Megan FLETCHER	SO	#2 Husson	36.87m	121-0	4/20
4	Katharine ELLIOTT	FR	#1 Thomas (Maine)	36.36m	119-4	4/20
5	Ilana LYBARGER	SR	#3 UMaine Farming {2}	35.35m	116-0	4/13
6	Bailee MALLET	SR	#1 Thomas (Maine) {2}	34.53m	113-4	4/20
7	Aaralyn SCROGGINS	JR	#2 Husson {2}	33.65m	110-5	3/9
8	Kaitlyn HARMON-BOLDING	JR	#3 UMaine Farming {3}	32.90m	107-11	4/13
9	Katelynn REYNOLDS	SO	#2 Husson {3}	31.94m	104-10	4/20
10	Liz BOWMAN	SO	#1 Thomas (Maine) {3}	29.34m	96-3¼	4/13

Women's Javelin

1	100 Julia RENY	JR	#1 Thomas (Maine)	35.50m	116-6	3/8
2	Abbie CONLOGUE	FR	#2 Husson	34.85m	114-4	4/6
3	Kitty MESSINA	SR	#4 SUNY Delhi	32.29m	105-11	4/20
4	Emma BURR	FR	#1 Thomas (Maine) {2}	31.28m	102-8	4/13
5	Alyssa COLE	SO	#4 SUNY Delhi {2}	27.49m	90-2¼	3/30
6	Megan FLETCHER	SO	#2 Husson {2}	25.28m	82-11¼	3/9
7	Tori WATKINS	SO	#1 Thomas (Maine) {3}	24.08m	79-0	4/13
8	Hannah MILLIKEN	FR	#3 UMaine Farming	23.94m	78-6½	3/30
9	Madisyn PETRUCCI	SO	#8 UMaine Presque	23.44m	76-11	3/30
10	Marissa HAVEY	SR	#8 UMaine Presque {2}	22.82m	74-10½	3/30



Conference TFRI Event Summary



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Women's 100 Meters

1	25	Lauren BLIEFERNICHT	JR	#2 Aurora	12.11	(1.8)	4/20
2		Nicole MAKOPÉ	JR	#1 St. Norbert	12.46	(0.1)	4/6
3		Jenna ZAHORIK	SR	#3 Concordia Wisco	12.50	(0.1)	4/6
4		Sabrina MOORE	JR	#3 Concordia Wisco{2}	12.84w	(2.5)	4/13
5		Katie SMITH	FR	#1 St. Norbert	{2}12.85	(0.1)	4/6
6		Janae JENSEN	SR	#7 Wisconsin Luthe	12.88w	(2.8)	3/30
7		Zoe TURNER	SO	#8 Illinois Tech	13.09	(1.3)	3/29
8		Michelle WATSON	JR	#9 Benedictine (Ill.)	13.10w	(2.4)	4/13
9		Gillian MCDANIEL	SO	#4 MSOE	13.12w	(3.2)	4/5
10		Gracie WOLFE	SO	#1 St. Norbert	{3}13.15w	(3.5)	4/13

Women's 100 Meter Hurdles

1	50	Eve SHELTON	JR	#5 Concordia Chica	14.97w	(3.6)	4/20
2	73	Maya HIELSCHER	JR	#3 Concordia Wisco	15.17w	(3.3)	4/13
3		Skylar GIBBS	JR	#2 Aurora	15.46	(1.5)	4/13
4		Mary DIETZ	SO	#2 Aurora	{2}15.49	(1.5)	4/13
5		Gretchen SCHWARZ	FR	#1 St. Norbert	15.77w	(3.3)	4/13
6		Jerzey ALLEN	JR	#5 Concordia Chica{2}	15.88	(1.6)	4/13
7		Larissa HUFFMAN	FR	#1 St. Norbert	{2}15.91	(0.9)	3/15
8		Eden MARANELL	FR	#1 St. Norbert	{3}16.04	(0.4)	4/6
9		Lauren BORCHARDT	JR	#1 St. Norbert	{4}16.12w	(3.3)	4/13
10		Emma EILERTSON	FR	#3 Concordia Wisco{2}	16.23w	(3.3)	4/13

Women's 200 Meters

1	32	Lauren BLIEFERNICHT	JR	#2 Aurora	24.98w	(2.1)	4/20
2		Jenna ZAHORIK	SR	#3 Concordia Wisco	25.89	(0.9)	4/6
3		Eden MARANELL	FR	#1 St. Norbert	26.21	(0.9)	3/28
4		Nicole MAKOPÉ	JR	#1 St. Norbert	{2}26.35w	(2.4)	3/15
5		Skylar GIBBS	JR	#2 Aurora	{2}26.42c	(26.83) (1.0)	4/20
6		Zoe TURNER	SO	#8 Illinois Tech	26.72	(1.6)	3/29
7		Aniyah ISOM	JR	#5 Concordia Chica	26.77	(-4.2)	4/13
8		Janae JENSEN	SR	#7 Wisconsin Luthe	26.79w	(3.4)	3/23
8		Katie SMITH	FR	#1 St. Norbert	{3}26.79	(0.9)	4/6
10		Ari MACK	JR	#2 Aurora	{3}26.91	(2.0)	4/13

Women's 400 Meters

1		Amelia MOSEMAN	SO	#8 Illinois Tech	58.71		4/13
2		Madison ETHERIDGE	JR	#2 Aurora	1:00.89		4/13
3		Julie DUNKEL	SR	#1 St. Norbert	1:01.00		4/6
4		Adryana BURTS	SR	#9 Benedictine (Ill.)	1:01.10		4/13
5		Zoe TURNER	SO	#8 Illinois Tech	{2}1:01.13		4/6
6		Deyanneira COLON MALDONADO	JR	#2 Aurora	{2}1:01.29		4/20
7		Ari MACK	JR	#2 Aurora	{3}1:01.93		4/13
8		Emma ZIEPKE	SO	#10 Lakeland (Wis.)	1:01.95		4/20
9		Eve SHELTON	JR	#5 Concordia Chica	1:03.34		3/28
10		Ally ZICKERT	JR	#1 St. Norbert	{2}1:03.58		4/6

Women's 400 Meter Hurdles

1		Eve SHELTON	JR	#5 Concordia Chica	1:07.53		4/13
2		Eden MARANELL	FR	#1 St. Norbert	1:08.06		4/13
3		Skylar GIBBS	JR	#2 Aurora	1:09.66		3/23
4		MacKenzie BOLLIS	SR	#4 MSOE	1:10.14		4/12
5		Olivia EBEL	FR	#3 Concordia Wisco	1:11.07		4/13
6		Emma EILERTSON	FR	#3 Concordia Wisco{2}	1:11.30		4/13
7		Maddie HIPSHIRE	FR	#5 Concordia Chica{2}	1:12.28		4/20
8		Emily GUY	FR	#10 Lakeland (Wis.)	1:12.52		4/20
9		Larissa HUFFMAN	FR	#1 St. Norbert	{2}1:13.53		4/13
10		Sam BARRETT	JR	#2 Aurora	{2}1:14.83		4/6

Women's 800 Meters

1	91	Madison ETHERIDGE	JR	#2 Aurora	2:17.67		4/6
2		Deyanneira COLON MALDONADO	JR	#2 Aurora	{2}2:18.48		4/20
3		Carolyn EVERS	SR	#6 Edgewood	2:22.31		4/6
4		Kera RILEY	FR	#1 St. Norbert	2:23.86		4/19
5		Ashlee MUELLER	SR	#7 Wisconsin Luthe	2:24.16		4/6
6		Savannah VASQUEZ	FR	#2 Aurora	{3}2:24.70		4/13
7		Danielle VAN GRINSVEN	SO	#3 Concordia Wisco	2:26.11		4/20
8		Olivia SHIP	JR	#1 St. Norbert	{2}2:26.83		4/13
9		Olivia EBEL	FR	#3 Concordia Wisco{2}	2:27.34		4/20
10		Faith MERTZIG	SR	#1 St. Norbert	{3}2:28.08		4/19

Women's 1500 Meters

1	8	Deyanneira COLON MALDONADO	JR	#2 Aurora	4:31.01		4/20
2	71	Kaitlyn RODMAN	SR	#4 MSOE	4:41.43		4/12
3		Ally VERBAUWHEDE	SR	#6 Edgewood	4:49.08		4/13
4		N'Dya FIELDS	SO	#2 Aurora	{2}4:50.79		4/13
5		Madison ETHERIDGE	JR	#2 Aurora	{3}4:50.96		4/20
6		Faith MERTZIG	SR	#1 St. Norbert	4:57.41		4/6
7		Savannah VASQUEZ	FR	#2 Aurora	{4}4:58.18		4/6
8		Olivia SHIP	JR	#1 St. Norbert	{2}4:58.50		4/6
9		Melanie ARVIS	SO	#3 Concordia Wisco	4:58.74		4/6
10		Anessa YIM	JR	#3 Concordia Wisco{2}	4:58.93		4/6

Women's Steeplechase

1	67	Abby LIESEN	JR	#2 Aurora	11:36.56		4/20
2	100	Emma AHRENS	FR	#3 Concordia Wisco	11:43.62		4/13
3		Carsen GATZ	SR	#1 St. Norbert	12:31.24		4/13
4		Emma JASUTIS	FR	#2 Aurora	{2}12:31.59		4/20
5		Ellee GRUNWALD	JR	#1 St. Norbert	{2}12:38.05		4/13
6		Ariel MARTINEZ	JR	#5 Concordia Chica	12:50.37		4/13
7		Sabryn BLEY	JR	#4 MSOE	13:02.58		4/5
8		Maya THOMPSON	FR	#6 Edgewood	13:32.41		4/13
9		Sylvia WALENTOWSKI	SO	#7 Wisconsin Luthe	14:07.58		4/20
10		Sam BARRETT	JR	#2 Aurora	{3}14:12.41		4/20



Conference TFRI Event Summary



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Women's 5000 Meters

1	9	Deyanneira COLON MALDONADO	JR	#2 Aurora	16:34.97	4/13
2	39	Ally VERBAUWHEDE	SR	#6 Edgewood	17:12.07	4/13
3	70	Kaitlyn RODMAN	SR	#4 MSOE	17:31.49	4/20
4		Emma AHRENS	FR	#3 Concordia Wisco	18:00.64	4/20
5		Madison ETHERIDGE	JR	#2 Aurora	{2} 18:11.58	4/13
6		Anessa YIM	JR	#3 Concordia Wisco	{2} 18:14.46	4/20
7		Abby LIESEN	JR	#2 Aurora	{3} 18:45.05	4/13
8		Faith MERTZIG	SR	#1 St. Norbert	18:57.57	4/13
9		Chloe PIERSON	SR	#1 St. Norbert	{2} 18:59.76	4/13
10		N'Dya FIELDS	SO	#2 Aurora	{4} 19:05.40	4/13

Women's 10,000 Meters

1	9	Ally VERBAUWHEDE	SR	#6 Edgewood	35:09.84	3/29
2		Abby LIESEN	JR	#2 Aurora	39:21.11	3/29
3		Brenna CISLER	SR	#1 St. Norbert	39:48.61	3/28
4		Faith MERTZIG	SR	#1 St. Norbert	{2} 39:59.23	3/28
5		Holly BLEY	FR	#4 MSOE	41:20.88	4/20
6		Emily FETZER	JR	#2 Aurora	{2} 41:36.88	4/6
7		Mary Grace CLEINMARK	SR	#3 Concordia Wisco	42:32.69	4/20
8		Natalie FLORES	JR	#2 Aurora	{3} 43:43.63	4/6
9		Coriella SHEETZ	SR	#4 MSOE	{2} 44:25.00	4/20
10		Abby VAN RIXEL	JR	#3 Concordia Wisco	{2} 44:53.72	4/20

Women's 4x100 Relay

1	73	Ari Mack, Lauren Bliefernicht, Grace Beilfuss, Mary Dietz		#2 Aurora	49.36	4/20
2	75	Maya Hielscher, Jenna Zahorik, Emma Eilertson, Sabrina Moore		#3 Concordia Wisco	49.47	4/6
3	89	Ellie Staehling, Katie Smith, Gracie Wolfe, Nicole Makope		#1 St. Norbert	49.83	4/6
4		Jerzey Allen, Aniyah Isom, Eve Shelton, Daisia Wilson		#5 Concordia Chica	50.65	3/28
5		Jordan Lawson, Kayla Kerkman, Michaela Jones, Grace Korgor-Mitchell		#6 Edgewood	51.60	4/6
6		Rachel Romens, Madelyn Vanderhoof, Elizabeth Eilertson, Janae Jensen		#7 Wisconsin Luthe	51.79	4/12
7		Brooke Ly, MacKenzie Bollis, Abigail Smith, Gillian McDaniel		#4 MSOE	51.80	4/12

Women's 4x400 Relay

1	94	Mika Fields, Lauren Bliefernicht, Ari Mack, Madison Etheridge		#2 Aurora	4:10.10	4/6
2		Eden Maranell, Julie Dunkel, Madi Crossman, Ally Zickert		#1 St. Norbert	4:16.61	4/6
3		Eve Shelton, Tegan Oas, Maddie Hipshire, Izzy Fairless		#5 Concordia Chica	4:19.95	4/13
4		Ashlee Mueller, Madelyn Beyer, Natalie Punzel, Emily Herried		#7 Wisconsin Luthe	4:28.57	4/6
5		Mikayla Becker, Danielle Van Grinsven, Melanie Arvis, Olivia Ebel		#3 Concordia Wisco	4:28.76	4/20
6		Michaela Jones, Carolyn Evers, Kayla Kerkman, Grace Korgor-Mitchell		#6 Edgewood	4:37.68	4/6
7		MacKenzie Bollis, Megan Ruffing, Madeline Griffith, Kaitlyn Rodman		#4 MSOE	4:41.58	4/12

Women's High Jump

1	21	Olivia JAMESON	SO	#8 Illinois Tech	1.66m	5-5¼	3/29
2	52	Rachel ROMENS	JR	#7 Wisconsin Luthe	1.60m	5-3	4/6
3		Eden MARANELL	FR	#1 St. Norbert	1.54m	5-½	4/20
4		Maya HIELSCHER	JR	#3 Concordia Wisco	1.53m	5-¼	4/13
4		Annika MCKOWN	SO	#8 Illinois Tech	{2} 1.53m	5-¼	3/29
6		Alayna KOEHLER	JR	#2 Aurora	1.51m	4-11½	4/6
6		Larissa HUFFMAN	FR	#1 St. Norbert	{2} 1.51m	4-11½	4/20
8		Noor SAMMOUR	SO	#5 Concordia Chica	1.50m	4-11	4/13
8		Emma EILERTSON	FR	#3 Concordia Wisco	{2} 1.50m	4-11	3/28
10		Akira LEBRON	JR	#4 MSOE	1.49m	4-10½	4/20

Women's Pole Vault

1	79	Carly GRIESEMER	SO	#3 Concordia Wisco	3.36m	11-¼	4/13
2		Lara DESHLER	SO	#1 St. Norbert	3.21m	10-6¼	4/6
3		Isabella GALINDO	SO	#1 St. Norbert	{2} 3.06m	10-½	4/6
4		Olivia MCMATH	FR	#8 Illinois Tech	2.85m	9-4¼	4/13
5		Jaden PROPSON	FR	#1 St. Norbert	{3} 2.76m	9-½	3/28
6		Grace MENZIA	SR	#4 MSOE	2.75m	9-¼	3/28
7		Emma NICKERSON	FR	#5 Concordia Chica	2.70m	8-10¼	4/20
7		Katheryn RUTHERFORD	FR	#2 Aurora	2.70m	8-10¼	4/13
9		Lexa WITTMACK	FR	#1 St. Norbert	{4} 2.61m	8-6¾	4/6
9		Ellison LILYQUIST	FR	#1 St. Norbert	{4} 2.61m	8-6¾	3/28



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



NACC

as of 4/23/2024 8:33:16 AM ET

Women's Long Jump

1	78	Grace KORGER-MITCHELL	JR	#6 Edgewood	5.34m	17-6¼ (0.0)	4/13
1	78	Nicole MAKOPE	JR	#1 St. Norbert	5.34mw	17-6¼ (2.1)	3/15
3	88	Rachel ROMENS	JR	#7 Wisconsin Luthe	5.32m	17-5½ (0.9)	3/28
4		Sabrina MOORE	JR	#3 Concordia Wisco	5.21mw	17-1¼ (3.0)	4/6
5		Maya HIELSCHER	JR	#3 Concordia Wisco	{2} 5.17m	16-11½ (0.5)	4/6
6		Alli CLARK	FR	#1 St. Norbert	{2} 5.10mw	16-8¾ (3.2)	3/28
7		Aniyah ISOM	JR	#5 Concordia Chica	5.05m	16-7 (1.7)	4/6
7		Marissa LORENZ	JR	#1 St. Norbert	{3} 5.05mw	16-7 (3.8)	4/13
9		Ellie STAEHLING	JR	#1 St. Norbert	{4} 5.02m	16-5¾ (1.8)	3/28
10		Eden MARANELL	FR	#1 St. Norbert	{5} 5.00m	16-5 (1.7)	3/28

Women's Triple Jump

1	33	Eden MARANELL	FR	#1 St. Norbert	11.53m	37-10 (2.0)	3/15
2	70	Amereka MCPHERSON	SO	#1 St. Norbert	{2} 11.16m	36-7½ (1.4)	4/6
3		Rachel ROMENS	JR	#7 Wisconsin Luthe	10.97m	36-0 (1.1)	4/13
4		Marissa LORENZ	JR	#1 St. Norbert	{3} 10.96mw	35-11½ (2.5)	4/13
5		Faustyna KARPESIUKE	SR	#2 Aurora	10.55m	34-7½ (0.0)	4/13
6		Alli CLARK	FR	#1 St. Norbert	{4} 10.43m	34-2¾ (1.6)	3/28
7		Gillian MCDANIEL	SO	#4 MSOE	10.42m	34-2¼ (0.6)	3/28
8		Akira LEBRON	JR	#4 MSOE	{2} 10.37m	34-¼ (1.3)	4/5
9		Gillian SPUHLER	SR	#4 MSOE	{3} 10.23m	33-6¾ (0.6)	4/12
10		Noor SAMMOUR	SO	#5 Concordia Chica	10.03m	32-11 (0.4)	4/13

Women's Shot Put

1	23	Jessa ALDERMAN	SO	#4 MSOE	13.23m	43-5	4/12
2	44	Peyton PANKA	SO	#1 St. Norbert	12.84m	42-1½	3/30
3	64	Josephine JACKLIN	SO	#4 MSOE	{2} 12.53m	41-1½	4/5
4	66	Heidi WILLIAMS	FR	#4 MSOE	{3} 12.44m	40-9¾	4/12
5	68	Silja ERICKSON	SR	#2 Aurora	12.43m	40-9½	3/23
6	100	Kylee DOHERTY	SO	#6 Edgewood	12.19m	40-0	4/20
7		Kayla MIOTK	FR	#6 Edgewood	{2} 12.09m	39-8	4/13
8		Taylor THIRY	SO	#1 St. Norbert	{2} 11.98m	39-3¾	4/6
9		Kylie CRUM	SO	#4 MSOE	{4} 11.90m	39-½	4/20
10		Jordan MONROE	FR	#4 MSOE	{5} 11.61m	38-1¼	4/12

Women's Discus

1	10	Kylee DOHERTY	SO	#6 Edgewood	44.95m	147-6	3/28
2	26	Jessa ALDERMAN	SO	#4 MSOE	43.29m	142-1	4/20
3	70	Silja ERICKSON	SR	#2 Aurora	39.97m	131-2	3/29
4		Ava LARSON	JR	#4 MSOE	{2} 38.51m	126-4	4/5
5		Taylor THIRY	SO	#1 St. Norbert	38.50m	126-4	4/19
6		Josephine JACKLIN	SO	#4 MSOE	{3} 38.31m	125-8	4/20
7		Gabrielle HARDING	SR	#5 Concordia Chica	37.88m	124-4	4/20
8		Keilley RIDDLE	FR	#6 Edgewood	{2} 37.00m	121-5	3/28
9		Heidi WILLIAMS	FR	#4 MSOE	{4} 36.84m	120-11	4/5
10		Jolie FOREMAN	SO	#1 St. Norbert	{2} 36.44m	119-7	4/19

Women's Hammer

1	55	Gabrielle HARDING	SR	#5 Concordia Chica	48.00m	157-6	4/13
2	70	Kylie CRUM	SO	#4 MSOE	47.02m	154-3	4/12
3		Ava LARSON	JR	#4 MSOE	{2} 44.36m	145-7	4/20
4		Gloria TYLER	JR	#1 St. Norbert	44.16m	144-11	4/6
5		Jessa ALDERMAN	SO	#4 MSOE	{3} 42.96m	141-0	3/28
6		Jordan MONROE	FR	#4 MSOE	{4} 42.21m	138-6	4/20
7		Peyton PANKA	SO	#1 St. Norbert	{2} 42.01m	137-10	4/13
8		Josephine JACKLIN	SO	#4 MSOE	{5} 41.81m	137-2	4/20
9		Leah SCHMIDT	SO	#7 Wisconsin Luthe	40.39m	132-6	4/12
10		Kayla STARNES	JR	#1 St. Norbert	{3} 39.93m	131-0	4/13

Women's Javelin

1	12	Peyton PANKA	SO	#1 St. Norbert	41.01m	134-7	4/13
2	42	Maya HIELSCHER	JR	#3 Concordia Wisco	38.56m	126-6	3/28
3	83	Kylee DOHERTY	SO	#6 Edgewood	36.57m	120-0	3/28
4		Alex PEIFER	FR	#8 Illinois Tech	34.52m	113-3	3/29
5		Ashlyn NAKASHIMA	JR	#2 Aurora	34.33m	112-8	3/29
5		Akira LEBRON	JR	#4 MSOE	34.33m	112-8	4/5
7		Tegan OAS	JR	#5 Concordia Chica	31.77m	104-3	4/13
8		Jamie MAAS	SO	#3 Concordia Wisco	{2} 31.68m	103-11	4/13
9		Jenna FABIAN	SO	#4 MSOE	{2} 29.61m	97-1¾	4/5
10		Eden MARANELL	FR	#1 St. Norbert	{2} 28.58m	93-9¼	4/20

Women's Heptathlon

1	32	Eden MARANELL	FR	#1 St. Norbert	4,183		4/20
2	79	Larissa HUFFMAN	FR	#1 St. Norbert	{2} 3,438		4/20
3		Morgan BOZE	JR	#4 MSOE	2,582		4/20
4		Elizabeth VAN RIXEL	SO	#3 Concordia Wisco	2,259		4/20
5		Kaitlynn SABISH	SR	#3 Concordia Wisco	{2} 1,357		4/20



Conference TFRI Event Summary



NCAC

as of 4/23/2024 8:33:17 AM ET

Women's 100 Meters

1	52	Meghan FRAZIER	JR	#2 Wittenberg	12.25w	(3.0)	4/13
2		Anaya JOLIVETTE	JR	#5 Denison	12.43	(-1.4)	4/13
3		Haleigh WILLISON	JR	#2 Wittenberg	{2} 12.46w	(2.1)	3/30
4		Ryley STEGGALL	SO	#6 Oberlin	12.63	(2.0)	4/6
5		Shelby STALL	FR	#1 DePauw	12.67	(0.2)	4/6
6		Zora SHAKHAN	JR	#2 Wittenberg	{3} 12.69w	(2.1)	3/30
7		Drew PATTERSON	SR	#4 Wooster	12.77	(2.0)	4/6
8		Lindsey MAGOTEAUX	JR	#2 Wittenberg	{4} 12.87w	(3.4)	3/30
9		Elizabeth RABORN	FR	#1 DePauw	{2} 12.91w	(2.4)	4/13
10		Jenna DELP	FR	#2 Wittenberg	{5} 12.96	(0.9)	4/20

Women's 100 Meter Hurdles

1	6	Daysia HARGRAVE	JR	#4 Wooster	14.11	(-0.2)	4/20
2	38	Katie MOORE	JR	#1 DePauw	14.83w	(2.4)	3/16
3		Liberty SCOTT	FR	#1 DePauw	{2} 15.52	(0.7)	4/6
4		Trezure BATES	FR	#8 Hiram	15.54	(1.7)	4/20
5		Reese NEUMEYER	JR	#2 Wittenberg	15.68	(1.9)	4/19
6		Emma GRAY	FR	#1 DePauw	{3} 15.89w	(2.4)	3/16
7		Haley TROY	FR	#2 Wittenberg	{2} 15.94w	(2.3)	4/13
7		Sydney BROWN	SO	#5 Denison	15.94	(1.9)	4/6
9		Makyndree SMITH	FR	#8 Hiram	{2} 16.00	(1.9)	4/6
10		Aubrey ASDELL	FR	#1 DePauw	{4} 16.14	(0.7)	4/6

Women's 200 Meters

1	78	Meghan FRAZIER	JR	#2 Wittenberg	25.36	(-2.2)	4/13
2	87	Shelby STALL	FR	#1 DePauw	25.46	(1.3)	3/16
3	95	Haleigh WILLISON	JR	#2 Wittenberg	{2} 25.53	(-1.3)	3/30
4		Sophia ELLERKMANN	SR	#5 Denison	25.66	(0.9)	4/13
5		Daysia HARGRAVE	JR	#4 Wooster	26.05	(1.0)	4/6
6		Anaya JOLIVETTE	JR	#5 Denison	{2} 26.10w	(2.5)	4/20
7		Ryley STEGGALL	SO	#6 Oberlin	26.24	(1.6)	4/20
8		Jenna DELP	FR	#2 Wittenberg	{3} 26.28w	(2.8)	3/30
8		Addystin LYKINS	JR	#3 Ohio Wesleyan	26.28	(1.8)	4/19
10		Liberty BROCK	JR	#3 Ohio Wesleyan	{2} 26.49	(1.6)	3/30

Women's 400 Meters

1	11	Sophia ELLERKMANN	SR	#5 Denison	56.30		4/6
2	37	Meghan FRAZIER	JR	#2 Wittenberg	57.33		4/6
3	56	Shelby STALL	FR	#1 DePauw	57.78		3/30
4	79	Tymeerah DE'ARMOND	SO	#2 Wittenberg	{2} 58.48		4/13
5		Addystin LYKINS	JR	#3 Ohio Wesleyan	59.39		4/19
6		Abigail DANNE	SO	#2 Wittenberg	{3} 59.81		4/13
7		Annalise GRAMMEL	SR	#1 DePauw	{2} 1:00.11		4/19
8		Liberty BROCK	JR	#3 Ohio Wesleyan	{2} 1:00.30		4/6
9		Katelyn STAPLETON	SO	#3 Ohio Wesleyan	{3} 1:01.02		3/23
10		DeYanna CHAMPION	FR	#2 Wittenberg	{4} 1:01.38		4/13

Women's 400 Meter Hurdles

1	9	Katie MOORE	JR	#1 DePauw	1:03.03		4/19
2	76	Aliisa JAMES	JR	#3 Ohio Wesleyan	1:06.30		3/23
3	85	Daysia HARGRAVE	JR	#4 Wooster	1:06.64		3/30
4	86	Liberty SCOTT	FR	#1 DePauw	{2} 1:06.67		4/19
5		Emma GRAY	FR	#1 DePauw	{3} 1:07.98		4/6
5		Reese NEUMEYER	JR	#2 Wittenberg	1:07.98		4/20
7		Ava SINEX	FR	#5 Denison	1:08.32		4/13
8		Brianna MONTGOMERY	FR	#3 Ohio Wesleyan	{2} 1:08.40		4/19
9		Hayden HILL	SR	#6 Oberlin	1:08.78		4/6
10		Haley TROY	FR	#2 Wittenberg	{2} 1:08.82		4/20

Women's 800 Meters

1	62	Anna BROWN	SO	#7 Kenyon	2:16.28		3/30
2	63	Annalise GRAMMEL	SR	#1 DePauw	2:16.30		4/13
3	81	Emma JACOBS	JR	#1 DePauw	{2} 2:17.27		4/13
4	94	Katelyn STAPLETON	SO	#3 Ohio Wesleyan	2:17.80		4/13
5		Sage REDDISH	JR	#6 Oberlin	2:19.18		4/20
6		McKenna DOWNING	SO	#3 Ohio Wesleyan	{2} 2:20.20		4/13
7		Ella WOZEK	SO	#6 Oberlin	{2} 2:21.42		4/20
8		Abigail DANNE	SO	#2 Wittenberg	2:21.91		4/20
9		Sophie PORTER	JR	#1 DePauw	{3} 2:22.10		4/13
10		Allison DIETZ	FR	#3 Ohio Wesleyan	{3} 2:22.48		4/6

Women's 1500 Meters

1	91	Sophie PORTER	JR	#1 DePauw	4:42.78		4/13
2	96	Sage REDDISH	JR	#6 Oberlin	4:43.04		4/13
3		Lily MONNETT	JR	#1 DePauw	{2} 4:47.35		4/6
4		Zoe WARD	FR	#3 Ohio Wesleyan	4:47.50		4/13
5		McKenna DOWNING	SO	#3 Ohio Wesleyan	{2} 4:49.13		4/20
6		Grace FLORES	FR	#1 DePauw	{3} 4:49.50		4/13
7		Emma JACOBS	JR	#1 DePauw	{4} 4:49.74		4/19
8		Allison DIETZ	FR	#3 Ohio Wesleyan	{3} 4:50.33		4/13
9		Athena THARENOS	SR	#4 Wooster	4:52.84		4/20
10		Anna BROWN	SO	#7 Kenyon	4:53.88		4/6

Women's Steeplechase

1	31	Athena THARENOS	SR	#4 Wooster	11:17.48		4/6
2	44	Eliza MEDEARIS	SR	#6 Oberlin	11:25.38		4/14
3	69	Kendall MANN	JR	#1 DePauw	11:36.78		4/19
4		Taylor NOSZKA	FR	#3 Ohio Wesleyan	11:59.09		4/13
5		Elsa HOAM	FR	#3 Ohio Wesleyan	{2} 12:02.98		4/6
6		Morgan THARP	SO	#1 DePauw	{2} 12:04.05		4/13
7		Caleigh LYONS	JR	#6 Oberlin	{2} 12:09.83		4/20
8		Chloe KRUEGER	FR	#1 DePauw	{3} 12:14.00		4/13
9		Morgan ELY	SR	#2 Wittenberg	12:16.04		4/13
10		Alexis VERDELL	FR	#5 Denison	12:20.14		4/13



Conference TFRI Event Summary



NCAC

as of 4/23/2024 8:33:17 AM ET

Women's 5000 Meters

1	27	Sophie PORTER	JR	#1 DePauw	17:00.49	4/6
2	63	Lily MONNETT	JR	#1 DePauw {2}	17:29.08	3/29
3		Zoe WARD	FR	#3 Ohio Wesleyan	17:43.93	4/20
4		Brynn URBAN	JR	#1 DePauw {3}	17:49.76	4/6
5		Grace FLORES	FR	#1 DePauw {4}	17:53.71	4/6
6		Emma HAWK	SO	#2 Wittenberg	17:54.86	4/13
7		Allison DIETZ	FR	#3 Ohio Wesleyan {2}	18:12.20	4/20
8		Amzie MAIENBROOK	SO	#1 DePauw {5}	18:18.27	4/19
9		Megan KEYS	JR	#2 Wittenberg {2}	18:18.88	4/13
10		Rowan HERING	FR	#1 DePauw {6}	18:19.02	4/19

Women's 10,000 Meters

1	19	Sophie PORTER	JR	#1 DePauw	35:36.75	3/29
2	56	Emma HAWK	SO	#2 Wittenberg	36:58.51	3/29
3	72	Athena THARENOS	SR	#4 Wooster	37:40.36	3/30
4	79	Grace FLORES	FR	#1 DePauw {2}	37:53.52	3/29
5		Amzie MAIENBROOK	SO	#1 DePauw {3}	39:17.03	3/29
6		Grace THOMAS	FR	#1 DePauw {4}	39:38.09	3/29
7		Brynn URBAN	JR	#1 DePauw {5}	39:43.98	3/29
8		Dylan KRETCHMAR	JR	#4 Wooster {2}	40:01.87	4/13
9		Eleanor LUTTMAN	JR	#3 Ohio Wesleyan	40:55.38	4/13
10		Annika DELONG	FR	#3 Ohio Wesleyan {2}	44:58.46	4/13

Women's 4x100 Relay

1	46	Zora Shakhan, Jenna Delp, Lindsey Magoteaux, Haleigh Willison	#2 Wittenberg	48.64	3/30
2	80	Olivia Boe, Lillian Boston, Elizabeth Raborn, Shelby Stall	#1 DePauw	49.63	4/13
3	89	Sarah Mazzei, Addystin Lykins, Liberty Brock, Amarah McPhaul	#3 Ohio Wesleyan	49.83	4/13
4	98	Piper Lee, Sophia Ellerkmann, Libby Hornick, Anaya Jolivette	#5 Denison	49.94	4/13
5		Maia Doescher, Drew Patterson, Claire Davis, Daysia Hargrave	#4 Wooster	50.50	4/6
6		Ryley Steggall, Madisyn Burke, Clara Smith, Hayden Hill	#6 Oberlin	50.91	4/13
7		Caroline Hitsman, Olivia Gumz, Jean Cook, Maya Virdell	#7 Kenyon	54.56	3/30

Women's 4x400 Relay

1	28	Shelby Stall, Annalise Grammel, Liberty Scott, Katie Moore	#1 DePauw	3:57.30	3/30
2	38	Sophia Ellerkmann, Piper Lee, Anaya Jolivette, Tessa Gerhardt	#5 Denison	4:00.79	4/13
3	39	Abigail Danne, DeYanna Champion, Tymeerah De'Armond, Delaney Tackett	#2 Wittenberg	4:01.01	4/13
4	66	Liberty Brock, Addystin Lykins, Katelyn Stapleton, Ashley Beatty	#3 Ohio Wesleyan	4:05.61	4/13
5	79	Clara Smith, Hayden Hill, Sage Reddish, Ella Wozek	#6 Oberlin	4:07.18	4/20
6		Daysia Hargrave, Ignacia Mendez, Emily Munson, Athena Tharenos	#4 Wooster	4:17.18	3/16
7		Anna Brown, Caeleigh Stamper, Jean Cook, Rigby Zentner	#7 Kenyon	4:26.92	3/30

Women's High Jump

1	2	Taylor WEISS	JR	#2 Wittenberg	1.70m	5-7	4/19
2	16	Julissa WILLIAMS	JR	#2 Wittenberg {2}	1.67m	5-5¾	4/19
3	75	Hayden HILL	SR	#6 Oberlin	1.59m	5-2½	4/6
3	75	Drew PATTERSON	SR	#4 Wooster	1.59m	5-2½	4/6
5		Anna LERVICK	FR	#1 DePauw	1.53m	5-¼	4/13
6		Abby HARTMAN	JR	#1 DePauw {2}	1.50m	4-11	3/30
6		Hallie HAINES	FR	#2 Wittenberg {3}	1.50m	4-11	4/6
8		Ava KLANN	JR	#3 Ohio Wesleyan	1.45m	4-9	3/23
8		Maia DOESCHER	SR	#4 Wooster {2}	1.45m	4-9	4/20
8		Ziciah GIBSON	SO	#2 Wittenberg {4}	1.45m	4-9	4/6
8		Amarah MCPHAUL	FR	#3 Ohio Wesleyan	1.45m	4-9	3/30

Women's Pole Vault

1	33	Tiffany HIX	SO	#2 Wittenberg	3.60m	11-9¾	4/13
2	47	Claire COLEMAN	SO	#3 Ohio Wesleyan	3.50m	11-5¾	4/20
3		Addie BECK	FR	#3 Ohio Wesleyan {2}	3.26m	10-8¾	4/13
4		Emma STEMEN	SR	#1 DePauw	3.25m	10-8	3/30
5		Story LAING	FR	#2 Wittenberg {2}	3.17m	10-4¾	3/30
6		Celeste SWIHART	SO	#3 Ohio Wesleyan {3}	3.05m	10-0	4/20
7		Brooklyn HELLER	SR	#5 Denison	2.96m	9-8½	4/13
8		Lily VAUGHT	SO	#1 DePauw {2}	2.91m	9-6½	4/13
9		Trezure BATES	FR	#8 Hiram	2.90m	9-6¼	3/30
10		Sarah HIESTAND	SO	#4 Wooster	2.81m	9-2½	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



NCAC

as of 4/23/2024 8:33:17 AM ET

Women's Long Jump

1	50	Jenna DELP	FR	#2	Wittenberg	5.45m	17-10¾ (2.0)	4/20
2		Anaya JOLIVETTE	JR	#5	Denison	5.27m	17-3½ (0.0)	3/30
3		Julissa WILLIAMS	JR	#2	Wittenberg	{2} 5.17m	16-11½ (0.3)	3/30
4		Katie MOORE	JR	#1	DePauw	5.14mw	16-10½ (2.3)	3/30
5		Paula SORIC	JR	#7	Kenyon	5.13m	16-10 (1.6)	4/13
6		Emily LOERA	SO	#1	DePauw	{2} 5.02m	16-5¾ (1.6)	3/30
7		Madison WELCH	SO	#1	DePauw	{3} 4.99m	16-4½ (0.3)	4/13
8		Michaela STRODER	FR	#2	Wittenberg	{3} 4.93m	16-2¼ (0.7)	4/13
8		Tessa KOCHERT	SO	#1	DePauw	{4} 4.93m	16-2¼ (0.1)	4/13
10		Daysia HARGRAVE	JR	#4	Wooster	4.92m	16-1¾ (2.0)	4/6

Women's Triple Jump

1	42	Paula SORIC	JR	#7	Kenyon	11.40m	37-5 (1.0)	3/16
2	47	Tiffany HIX	SO	#2	Wittenberg	11.34m	37-2½ (0.2)	4/20
3		Gniyah BROWN	FR	#2	Wittenberg	{2} 10.85mw	35-7¼ (3.3)	3/30
4		Tessa KOCHERT	SO	#1	DePauw	10.84m	35-6¾ (-1.5)	4/13
5		Taylor WEISS	JR	#2	Wittenberg	{3} 10.68m	35-½ (0.1)	3/30
6		Anna LERVICK	FR	#1	DePauw	{2} 10.46m	34-4 (1.1)	4/13
7		Drew PATTERSON	SR	#4	Wooster	10.27m	33-8½ (1.1)	3/16
8		Reese NEUMEYER	JR	#2	Wittenberg	{4} 10.24m	33-7¼ (0.3)	4/19
9		Claire DAVIS	FR	#4	Wooster	{2} 10.04m	32-11¼ (-0)	4/6
10		Rainer YAEGER	SR	#5	Denison	9.89m	32-5½ (0.0)	4/6

Women's Shot Put

1		Sydney FLORES	SO	#5	Denison	12.04m	39-6	4/13
2		Ari MCPHETERS		#3	Ohio Wesleyan	12.00m	39-4½	4/6
3		Aidan ORTH	SO	#2	Wittenberg	11.89m	39-¼	4/13
4		Ainsley WIESNER	SR	#4	Wooster	11.72m	38-5½	4/6
5		Kylee SILVERMAN	SR	#5	Denison	{2} 11.69m	38-4¼	3/23
6		Evie SANFORD	SO	#4	Wooster	{2} 11.66m	38-3¼	4/20
7		Bree MAHONEY-SUTHERLAND	JR	#1	DePauw	11.65m	38-2¾	4/13
8		Emma DOERMAN	SO	#2	Wittenberg	{2} 11.62m	38-1½	4/6
9		Mila NOEL	FR	#3	Ohio Wesleyan	{2} 11.23m	36-10¼	3/23
10		Samantha VOLPE	FR	#8	Hiram	11.10m	36-5	4/6

Women's Discus

1	97	Abby CANNON	SR	#6	Oberlin	38.92m	127-8	4/6
2	100	Evie SANFORD	SO	#4	Wooster	38.77m	127-3	4/20
3		Emily DAVIS	SO	#3	Ohio Wesleyan	38.35m	125-10	4/6
4		Sydney FLORES	SO	#5	Denison	37.97m	124-7	4/20
5		Aidan ORTH	SO	#2	Wittenberg	37.49m	123-0	3/23
5		Samantha VOLPE	FR	#8	Hiram	37.49m	123-0	4/6
7		Kylee SILVERMAN	SR	#5	Denison	{2} 35.04m	115-0	4/13
8		Addison DISMAN	FR	#8	Hiram	{2} 33.34m	109-5	4/13
9		Emma DOERMAN	SO	#2	Wittenberg	{2} 32.51m	106-8	4/13
10		Kayla MACK	FR	#8	Hiram	{3} 32.12m	105-5	4/20

Women's Hammer

1	9	Ainsley WIESNER	SR	#4	Wooster	53.70m	176-2	4/20
2	61	Kylee SILVERMAN	SR	#5	Denison	47.46m	155-9	4/13
3	70	Amy POLLACK	SR	#5	Denison	{2} 47.02m	154-3	4/13
4	77	Abby CANNON	SR	#6	Oberlin	46.76m	153-5	4/6
5		Mariel DROST	FR	#5	Denison	{3} 42.04m	137-11	4/6
6		Aidan ORTH	SO	#2	Wittenberg	41.87m	137-5	4/13
7		Samarah DESTIN	FR	#4	Wooster	{2} 40.59m	133-2	4/20
8		Emma HALL	SO	#3	Ohio Wesleyan	38.98m	127-11	3/30
9		Mia RAMOS	FR	#4	Wooster	{3} 34.64m	113-8	4/20
10		Emma DOERMAN	SO	#2	Wittenberg	{2} 34.19m	112-2	4/13

Women's Javelin

1	86	Hazel JOLLIFF	SO	#3	Ohio Wesleyan	36.38m	119-4	4/13
2	88	Phoebe DRESCHER	FR	#3	Ohio Wesleyan	{2} 36.30m	119-1	4/13
3		Molly STEVENER	FR	#1	DePauw	35.17m	115-5	4/13
4		Ziciah GIBSON	SO	#2	Wittenberg	33.62m	110-4	3/30
5		Katie MOORE	JR	#1	DePauw	{2} 32.37m	106-3	3/30
6		Kylie MOSER	FR	#8	Hiram	32.22m	105-9	4/20
7		Ali MURRAY	FR	#7	Kenyon	30.82m	101-2	3/30
8		Ainsley WIESNER	SR	#4	Wooster	30.44m	99-10½	4/13
9		Addison DISMAN	FR	#8	Hiram	{2} 30.05m	98-7¼	3/30
10		Marissa SIEGEL	SO	#3	Ohio Wesleyan	{3} 29.73m	97-6½	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



NESCAC

as of 4/23/2024 8:33:17 AM ET

Women's 100 Meters

1	29	Kianne BENJAMIN	SR	#5 Bowdoin	12.12	(0.3)	4/12
2	41	Simone WAHEED	FR	#7 Colby	12.19	(1.8)	3/30
3	82	Rachel ARTHUR	JR	#4 Williams	12.37	(-2.1)	3/16
4	96	Michelle LOUIE	SR	#2 Middlebury	12.41	(1.6)	3/16
5		Mackenzie DAGGITT	JR	#2 Middlebury	{2}12.49	(1.6)	3/16
6		Shea O'NEILL	FR	#9 Trinity (Conn.)	12.50w	(3.4)	4/6
7		Katie BRUNO	SO	#2 Middlebury	{3}12.54	(-1.2)	4/20
8		Heloise HUGHES	FR	#1 Amherst	12.58	(-0.7)	4/7
9		Melissa WHITE	SO	#2 Middlebury	{4}12.61	(1.4)	3/16
10		Anushka CHAVDA	FR	#6 Bates	12.63	(0.0)	4/13

Women's 100 Meter Hurdles

1	5	Erin DAUGHERTY	JR	#7 Colby	14.10w	(2.3)	4/13
2	13	Eliza CARDWELL	JR	#1 Amherst	14.37	(0.8)	4/7
3	56	Sarah PILLONE	SR	#3 Tufts	15.00	(1.0)	3/30
4	60	Arissa GRACE MCGOWAN	SO	#1 Amherst	{2}15.05	(0.8)	4/7
5	67	Moriah SCHARN	SO	#6 Bates	15.14	(0.0)	4/13
6	84	Ziann FACEY	SO	#4 Williams	15.27w	(3.9)	3/23
7	92	Myeh MEDINA	SO	#1 Amherst	{3}15.32	(0.4)	3/30
8		Emma WHEELER	SR	#8 Connecticut Coll	15.43w	(3.2)	4/13
8		Antonia KNOTH	SR	#3 Tufts	{2}15.43	(0.4)	4/12
10		Emma MILLS	FR	#2 Middlebury	15.57	(1.0)	4/20

Women's 200 Meters

1	18	Kianne BENJAMIN	SR	#5 Bowdoin	24.81	(0.6)	4/20
2	62	Michelle LOUIE	SR	#2 Middlebury	25.27	(2.0)	3/16
3	85	Claire JENSEN	FR	#4 Williams	25.44	(0.0)	3/23
4	91	Cate DONALDSON	FR	#4 Williams	{2}25.49	(0.0)	3/23
5	97	Rachel ARTHUR	JR	#4 Williams	{3}25.55w	(3.0)	4/12
6		Melissa WHITE	SO	#2 Middlebury	{2}25.60	(2.0)	3/16
7		Bella KING-HARVEY	FR	#4 Williams	{4}25.63	(0.0)	3/23
8		Sophia JONES	JR	#9 Trinity (Conn.)	25.65	(0.8)	4/20
9		Simone WAHEED	FR	#7 Colby	25.71w	(3.9)	3/30
10		Emma ALMONEY	FR	#9 Trinity (Conn.)	{2}25.74	(0.6)	4/20

Women's 400 Meters

1	26	Kennedy MULLEN	JR	#9 Trinity (Conn.)	56.91		4/20
2	27	Bella KING-HARVEY	FR	#4 Williams	56.92		4/12
3	40	Cate DONALDSON	FR	#4 Williams	{2}57.42		3/23
4	43	Casie EIFRIG	JR	#1 Amherst	57.52		4/7
5	53	Kaitlyn EWALD	FR	#7 Colby	57.72		4/13
6	57	Fiona MEJICO	JR	#7 Colby	{2}57.79		4/13
7	62	Olivia DOHERTY	SO	#7 Colby	{3}57.99		3/30
8	66	Kristina PIZZI	JR	#7 Colby	{4}58.06		3/23
9	82	Anna KROUSE	JR	#2 Middlebury	58.49		3/16
10	87	Annika KRAL	JR	#3 Tufts	58.58		4/7

Women's 400 Meter Hurdles

1	4	Fiona MEJICO	JR	#7 Colby	1:01.90		3/30
2	16	Ciara DALE	SR	#2 Middlebury	1:03.53		3/16
3	22	Emma SMITH	JR	#3 Tufts	1:03.84		4/20
4	26	Erin DAUGHERTY	JR	#7 Colby	{2}1:04.32		3/30
5	30	Maddie LEE	SR	#6 Bates	1:04.67		4/6
6	37	Antonia KNOTH	SR	#3 Tufts	{2}1:04.95		4/12
7	48	Myeh MEDINA	SO	#1 Amherst	1:05.29		4/7
8	51	Camryn TAYLOR	SR	#4 Williams	1:05.41		3/23
9	57	Haley WIMS	SR	#7 Colby	{3}1:05.51		4/13
10	62	Caitlin FITZGERALD	SO	#9 Trinity (Conn.)	1:05.85		4/20

Women's 800 Meters

1	17	Zoe MARCUS	FR	#1 Amherst	2:12.30		4/14
2	21	Julia SCHOR	JR	#1 Amherst	{2}2:12.65		4/7
3	29	Lucy GAGNON	SR	#4 Williams	2:13.78		3/16
4	30	Alexa ESTES	SO	#8 Connecticut Coll	2:13.94		3/30
5	34	Piper LENTZ	SO	#1 Amherst	{3}2:14.69		4/14
6	55	Grace MCDONOUGH	SO	#8 Connecticut Coll	{2}2:15.91cu(2:18.14u)		4/6
7	58	Bella LOZIER	SO	#1 Amherst	{4}2:16.23		4/14
8	66	Elle THOMPSON	JR	#2 Middlebury	2:16.70		4/20
9	96	Lily BULCZYNSKI	SO	#2 Middlebury	{2}2:17.90		3/16
10		Kylie MUSANTE	SO	#6 Bates	2:18.21		3/30

Women's 1500 Meters

1	25	Julia SCHOR	JR	#1 Amherst	4:34.68		4/14
2	26	Grace MCDONOUGH	SO	#8 Connecticut Coll	4:34.81		4/13
3	29	Jordan WALTER	SR	#10 Wesleyan (Conn.)	4:35.30		4/20
4	36	Lucy GAGNON	SR	#4 Williams	4:36.11		3/23
5	37	Zoe MARCUS	FR	#1 Amherst	{2}4:36.43		4/14
6	49	Abby FERNALD	SO	#8 Connecticut Coll	{2}4:38.64		4/13
7	56	Chrissy AMAN	SR	#6 Bates	4:39.39		4/13
8	69	Bella LOZIER	SO	#1 Amherst	{3}4:41.29		4/7
9	73	Molly FITZGIBBONS	SR	#4 Williams	{2}4:41.71		3/16
10	97	Alexa ESTES	SO	#8 Connecticut Coll	{3}4:43.22u		4/6

Women's Steeplechase

1	6	Audrey MACLEAN	FR	#2 Middlebury	10:45.39		4/12
2	20	Molly FITZGIBBONS	SR	#4 Williams	10:59.24		3/23
3	30	Tatum PESKIN	SR	#2 Middlebury	{2}11:16.50		4/12
4	42	Charlene PENG	FR	#4 Williams	{2}11:23.62		4/12
5	58	Alexandra DEAN	SO	#3 Tufts	11:34.47		4/12
6	59	Alexandra SIMON	FR	#10 Wesleyan (Conn.)	11:34.84		4/20
7	66	Helen HURDEN	FR	#4 Williams	{3}11:36.10		3/23
8	80	Betsy OVERSTRUM	SR	#11 Hamilton	11:39.01		4/6
9	94	Addie FULLER	FR	#8 Connecticut Coll	11:41.79		4/13
10		Liz FREEMAN	SO	#8 Connecticut Coll	{2}11:51.34		4/20



Conference TFRI Event Summary



NESCAC

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Women's 5000 Meters

1	20	Stephanie AGER	SO	#10 Wesleyan (Conn.	16:56.70	4/20
2	48	Audrey MACLEAN	FR	#2 Middlebury	17:17.26	3/16
3	57	Julia SCHOR	JR	#1 Amherst	17:23.66	3/30
4	69	Isabel MAY	SR	#6 Bates	17:31.21	4/13
5	88	Stephanie CHUN	SR	#5 Bowdoin	17:39.68	3/23
6	94	Molly FITZGIBBONS	SR	#4 Williams	17:40.99	4/14
7	97	Kahryn CULLENBERG	SR	#6 Bates {2}	17:41.60	3/30
8	98	Fiona PICONE	SO	#4 Williams {2}	17:41.70	3/23
9	100	Edin SISSON	SR	#8 Connecticut Coll	17:42.18	4/13
10		Abby FERNALD	SO	#8 Connecticut Coll {2}	17:45.76	3/23

Women's 10,000 Meters

1	27	Stephanie AGER	SO	#10 Wesleyan (Conn.	35:57.22	3/23
2	31	Fiona PICONE	SO	#4 Williams	36:09.92	4/14
3	48	Alsacia TIMMERMAN	SO	#8 Connecticut Coll	36:43.84	4/13
4	59	Isabel MAY	SR	#6 Bates	37:04.00	3/23
5	78	Claire CALLON	JR	#1 Amherst	37:53.31	4/14
6	82	Phoebe POHL	JR	#6 Bates {2}	38:03.26	3/23
7	87	Tori BACALL	SO	#5 Bowdoin	38:13.72	3/23
8	90	Daphne WITHERELL	FR	#1 Amherst {2}	38:17.12	3/30
9	92	Allison LOUNSBURY	SO	#1 Amherst {3}	38:24.24	3/30
10		Kylie OBLAK	SR	#11 Hamilton	38:56.01	3/30

Women's 4x100 Relay

1	8	Erin Daugherty, Fiona Mejico, Simone Waheed, Kaitlyn Ewald	#7 Colby	47.23	4/13
2	16	Bella King-Harvey, Cate Donaldson, Camryn Taylor, Rachel Arthur	#4 Williams	47.69	4/12
3	19	Katie Bruno, Michelle Louie, Melissa White, Mackenzie Daggitt	#2 Middlebury	47.86	4/12
4	51	Cate Kneebone, Sophia Jones, Emma Almoney, Shea O'Neill	#9 Trinity (Conn.)	48.77	4/20
5	67	Sophia Young, Rose Jenkins, Catherine Uwakwe, Kennedy Kirkland	#5 Bowdoin	49.22	4/20
6	72	Eliza Cardwell, Heloise Hughes, Rachel Hubley, Anastasia Ioppolo	#1 Amherst	49.31	4/7
7	91	Sarah Pillone, Annika Kral, Nyla Thompson, Simi Lawal	#3 Tufts	49.84	4/12
8		Lia Traficonte, Anushka Chavda, Grace Gray, Emily Cain	#6 Bates	51.59	4/6
9		Alexa Thomas, Claire Tratnyek, Renata Mendez-Alvarez, Marcella DeNitto	#11 Hamilton	53.52	4/20
10		Abby Ilusorio, Anna Sziabowski, Brenna O'Brien, Onna Gott	#8 Connecticut Coll	53.85	3/23



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



NESCAC

as of 4/23/2024 8:33:17 AM ET

Women's 4x400 Relay

1	5	Cate Donaldson, Camryn Taylor, Claire Jensen, Bella King- Harvey	#4 Williams	3:51.17	3/23
2	7	Haley Wims, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	#7 Colby	3:51.76	3/30
3	13	Sophia Jones, Cate Kneebone, Emma Almony, Kennedy Mullen	#9 Trinity (Conn.)	3:54.21	4/20
4	21	Mads Rabb, Zoe Marcus, Piper Lentz, Cassie Eifrig	#1 Amherst	3:56.30	3/30
5	25	Michelle Louie, Ciara Dale, Annabel Cloney, Anna Krouse	#2 Middlebury	3:56.93	3/16
6	47	Harper Meek, Annika Kral, Antonia Knoth, Emma Smith	#3 Tufts	4:01.82	4/12
7	67	Alexa Estes, LK Tucker, April Schilling, Grace McDonough	#8 Connecticut Coll	4:05.64cu (4:10.67u)	4/6
8	68	Catherine Uwakwe, Olivia Rayis, Kennedy Kirkland, Kianne Benjamin	#5 Bowdoin	4:05.77	4/12
9	83	Claire Tratnyek, Katherine Scibelli, Alexa Thomas, Hannah Turner	#11 Hamilton	4:07.89	3/30
10	93	Lia Traficante, Kylie Musante, Leah White, Maddie Lee	#6 Bates	4:10.01	3/30

Women's High Jump

1	8	Gabriella GRATTAN	JR	#9 Trinity (Conn.)	1.69m	5-6½	3/30
2	36	Lexi KING	FR	#3 Tufts	1.62m	5-3¾	4/7
2	36	Anaya THOMAS	JR	#1 Amherst	1.62m	5-3¾	4/7
2	36	Harper MEEK	SR	#3 Tufts	1.62m	5-3¾	4/7
5	52	Amelie JAMANKA	SO	#4 Williams	1.60m	5-3	3/23
6	97	Leah SMITH	FR	#1 Amherst	{2} 1.57m	5-1¾	4/7
7		Livi MAZEROLLE	SO	#4 Williams	{2} 1.56m	5-1¼	4/12
8		Livia KOZICK	SR	#6 Bates	1.53m	5-¼	4/12
9		Brooke DOLAN	SO	#2 Middlebury	1.52m	4-11¾	4/7
10		Alannah ARDREY	FR	#6 Bates	{2} 1.51m	4-11½	3/30

Women's Pole Vault

1	10	Charlotte HODGE	JR	#5 Bowdoin	3.83m	12-6¾	3/23
2	14	Sarah FIRTH	JR	#3 Tufts	3.80m	12-5½	3/16
3	19	Ellie FITZGERALD	SO	#4 Williams	3.70m	12-1½	4/12
3	19	Zoe WANG	JR	#2 Middlebury	3.70m	12-1½	4/12
3	19	Mia BAWENDI	SR	#1 Amherst	3.70m	12-1½	4/12
6	36	Jae YU	JR	#4 Williams	{2} 3.55m	11-7¾	4/12
6	36	Nyla THOMPSON	JR	#3 Tufts	{2} 3.55m	11-7¾	4/20
6	36	Emma GALL	FR	#3 Tufts	{2} 3.55m	11-7¾	4/12
9	67	Sophie MAGUIRE	SO	#5 Bowdoin	{2} 3.41m	11-2¼	4/20
10	69	Fiona CARROLL	JR	#10 Wesleyan (Conn.)	3.40m	11-1¾	3/30
10	69	Poppy MILLER	JR	#4 Williams	{3} 3.40m	11-1¾	4/12

Women's Long Jump

1	11	Mackenzie DAGGITT	JR	#2 Middlebury	5.68m	18-7¾ (1.9)	4/12
2	56	Sarah PILLONE	SR	#3 Tufts	5.43m	17-9¾ (1.3)	4/20
3	71	Juliette SULLIVAN	FR	#10 Wesleyan (Conn.)	5.35m	17-6¾ (0.5)	4/7
4	95	Muffie MAZAMBANI	SR	#1 Amherst	5.31m	17-5¼ (0.2)	3/30
4	95	Jordan ANDREW	JR	#3 Tufts	{2} 5.31mw	17-5¼ (2.1)	4/7
6	99	Jenna ALBANESE	SR	#5 Bowdoin	5.30m	17-4¾ (-0.8)	4/20
7		Heloise HUGHES	FR	#1 Amherst	{2} 5.23m	17-2 (2.0)	4/12
8		Leah SMITH	FR	#1 Amherst	{3} 5.15m	16-10¾ (0.5)	4/7
9		Anastasia IOPPOLO	SO	#1 Amherst	{4} 5.09m	16-8½ (0.0)	4/7
10		Emma WHEELER	SR	#8 Connecticut Coll	5.07m	16-7¾ (1.3)	4/13

Women's Triple Jump

1	38	Anaya THOMAS	JR	#1 Amherst	11.45m	37-6¾ (1.6)	4/20
2	41	Myeh MEDINA	SO	#1 Amherst	{2} 11.41m	37-5¼ (0.3)	4/19
3	62	Jordan ANDREW	JR	#3 Tufts	11.18m	36-8¼ (1.4)	4/20
4	84	Lucinda POLLITT	SO	#2 Middlebury	11.06m	36-3½ (2.0)	4/20
5	89	Sarah PILLONE	SR	#3 Tufts	{2} 11.04m	36-2¾ (0.8)	4/20
6	95	Maelynn UGOKWE	SR	#3 Tufts	{3} 11.00m	36-1¼ (0.3)	4/20
7		Tamia DUBIDAD	SO	#3 Tufts	{4} 10.72m	35-2 (1.9)	3/16
8		Leah SMITH	FR	#1 Amherst	{3} 10.69m	35-1 (0.7)	4/20
9		Livia KOZICK	SR	#6 Bates	10.60m	34-9½ (-0.5)	4/20
10		Gracie SCHEVE	JR	#5 Bowdoin	10.50m	34-5½ (0.0)	4/20

Women's Shot Put

1	86	Lillian WURTZ	SO	#2 Middlebury	12.26m	40-2¾	4/12
2	93	Ginger ARNOLD	FR	#5 Bowdoin	12.23m	40-1½	4/20
3		Julia TULIMIERI	SO	#2 Middlebury	{2} 12.09m	39-8	4/20
4		Mary Scott ROBINSON	SR	#2 Middlebury	{3} 11.90m	39-½	4/12
5		Amaya PENDLETON	FR	#9 Trinity (Conn.)	11.56m	37-11¼	4/20
6		Mardy NOVAK	FR	#5 Bowdoin	{2} 11.53m	37-10	3/23
7		Emma GIBBENS	JR	#5 Bowdoin	{3} 11.34m	37-2½	3/23
8		Emma WHEELER	SR	#8 Connecticut Coll	10.97m	36-0	4/13
9		Elizabeth GRAHAM	JR	#3 Tufts	10.59m	34-9	4/12
10		Emma RAMSINGH	FR	#1 Amherst	10.55m	34-7½	3/23
10		Sydney SPIVY	SR	#3 Tufts	{2} 10.55m	34-7½	3/15



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



NESCAC

as of 4/23/2024 8:33:17 AM ET

Women's Discus

1	25	Emma RAMSINGH	FR	#1 Amherst	43.38m	142-4	4/7
2	45	Madeline SAUDERS	JR	#2 Middlebury	41.57m	136-5	4/12
3		Lillian WURTZ	SO	#2 Middlebury	{2} 38.73m	127-1	4/20
4		Claire EDWARDS	SR	#10 Wesleyan (Conn.)	36.20m	118-9	4/20
5		Mardy NOVAK	FR	#5 Bowdoin	35.90m	117-10	4/12
6		Isabella NIEMI	FR	#1 Amherst	{2} 35.85m	117-8	4/7
7		Alanna SAUNDERS	FR	#2 Middlebury	{3} 35.19m	115-6	4/20
8		Alma MACKIC	SR	#6 Bates	34.11m	111-11	4/20
9		Emma GIBBENS	JR	#5 Bowdoin	{2} 33.68m	110-6	4/20
10		Ravyn TAMMIRUUSU	JR	#3 Tufts	33.47m	109-10	3/30
10		Mary Scott ROBINSON	SR	#2 Middlebury	{4} 33.47m	109-10	4/20

Women's Hammer

1	69	Carli CIAVARELLI	SO	#6 Bates	47.06m	154-5	3/30
2	82	Corinne AHERN	SR	#5 Bowdoin	46.49m	152-7	4/20
3		Jaxon PALMER	JR	#2 Middlebury	45.22m	148-5	4/12
4		Alma MACKIC	SR	#6 Bates	{2} 44.18m	145-0	4/13
5		Elizabeth GRAHAM	JR	#3 Tufts	42.87m	140-8	4/20
6		Maja NIELSEN	JR	#3 Tufts	{2} 42.78m	140-4	4/7
7		Lillian WURTZ	SO	#2 Middlebury	{2} 41.41m	135-11	3/22
8		Ginger ARNOLD	FR	#5 Bowdoin	{2} 41.04m	134-8	4/20
9		Chase CONRAD	SO	#6 Bates	{3} 39.37m	129-2	4/20
10		Amaya PENDLETON	FR	#9 Trinity (Conn.)	39.25m	128-9	4/20

Women's Javelin

1	21	Corinne AHERN	SR	#5 Bowdoin	39.60m	129-11	4/20
2	22	Carolina ANDRADE	SR	#1 Amherst	39.47m	129-6	3/30
3	64	Jaxon PALMER	JR	#2 Middlebury	37.34m	122-6	4/12
4	79	Morgan ROME	SO	#1 Amherst	{2} 36.69m	120-5	3/30
5	80	Reilly ISLER	JR	#2 Middlebury	{2} 36.65m	120-3	3/16
6	94	Dana SCHWARTZ	SO	#11 Hamilton	35.91m	117-10	4/6
7		Ginger ARNOLD	FR	#5 Bowdoin	{2} 34.94m	114-8	4/12
8		Naomi MCGADNEY	FR	#10 Wesleyan (Conn.)	34.82m	114-3	4/12
9		Dahlia GALANTE	JR	#9 Trinity (Conn.)	34.42m	112-11	4/6
10		Emma WHEELER	SR	#8 Connecticut Coll	33.82m	111-0	4/13

Women's Heptathlon

1	23	Emma WHEELER	SR	#8 Connecticut Coll	4,342		4/13
2	39	Livia KOZICK	SR	#6 Bates	4,112		4/12
3	42	Madelyn SILVEIRA	SR	#3 Tufts	3,983		3/15
4	45	Rose JENKINS	FR	#5 Bowdoin	3,930		4/12
5	46	Livi MAZEROLLE	SO	#4 Williams	3,906		4/12
6	56	Anaya THOMAS	JR	#1 Amherst	3,745		4/12
7	65	Inga DOVRE	JR	#5 Bowdoin	{2} 3,553		4/12
8	76	Morgan ROME	SO	#1 Amherst	{2} 3,486		4/12
9	77	Tessa PLAYER	FR	#3 Tufts	{2} 3,477		3/15
10	87	Sydney SPIVY	SR	#3 Tufts	{3} 3,363		3/15



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



NEWMAC

as of 4/23/2024 8:33:17 AM ET

Women's 100 Meters

1	65	Michaina LORISTON	SO	#4 Wheaton (Mass.)	12.32	(1.2)	3/30
2	84	Vivienne EVANS	SR	#3 WPI	12.38	(1.7)	4/14
3	96	Wendy WOODEN	SO	#4 Wheaton (Mass.){2}	12.41w	(2.5)	3/16
4		Savanna VARGAS	FR	#4 Wheaton (Mass.){3}	12.43	(-1.7)	3/30
5		Alaina STONEBRAKER	SO	#2 Coast Guard	12.58	(0.3)	3/30
6		Gwendolyn ANDERSEN	SR	#5 Springfield (Mas:	12.65	(1.2)	4/6
7		Robyn WILKES	SO	#7 Babson	12.74	(1.6)	3/16
8		Merete OGAH	JR	#6 Wellesley	12.85w	(2.3)	3/16
9		JoJo MILLER	FR	#1 MIT	12.87	(1.1)	4/7
10		Kaitlyn DOHERTY	SO	#5 Springfield (Mas:{2}	12.94	(0.6)	4/13
10		Kate WICKENHEISSER	SO	#4 Wheaton (Mass.){4}	12.94	(1.4)	3/16
10		Emily ZIELINSKI	JR	#4 Wheaton (Mass.){4}	12.94w	(3.0)	3/16

Women's 100 Meter Hurdles

1	70	Katherine DEFOSSÉ	FR	#5 Springfield (Mas:	15.15w	(3.5)	4/6
2	75	Amanda CASTALDI	SO	#4 Wheaton (Mass.)	15.18	(0.8)	4/7
3		Corryn FISHER	SO	#3 WPI	15.76	(-0.9)	4/20
4		Samantha STALLARD	SR	#5 Springfield (Mas:{2}	15.91w	(2.5)	4/20
5		Julia PIKE	SO	#7 Babson	16.15	(1.7)	3/16
6		Katherine KEMPF	SO	#1 MIT	16.80	(0.8)	4/20
7		Taima RONISH	SR	#4 Wheaton (Mass.){2}	16.84w	(2.2)	4/20
8		Kate SPANER	SO	#5 Springfield (Mas:{3}	16.88w	(2.8)	4/6
9		Lydia BEERS	SO	#3 WPI	{2}16.93	(1.5)	3/30
10		Natalie SICARD	FR	#4 Wheaton (Mass.){3}	17.47	(0.7)	4/7

Women's 200 Meters

1	49	Marina MILLER	JR	#1 MIT	25.19	(1.7)	4/7
2	77	Schylar WYSE	SR	#4 Wheaton (Mass.)	25.35w	(3.3)	3/16
3	95	Alaina STONEBRAKER	SO	#2 Coast Guard	25.53	(0.4)	4/20
4		Grace FLYNN	JR	#2 Coast Guard	{2}25.59cuw	(26.24u) (2.	4/6
5		JoJo MILLER	FR	#1 MIT	{2}25.82	(1.7)	4/7
6		Savanna VARGAS	FR	#4 Wheaton (Mass.){2}	25.92	(1.6)	3/16
7		Vivienne EVANS	SR	#3 WPI	25.94w	(2.8)	4/6
8		Robyn WILKES	SO	#7 Babson	26.04w	(2.7)	3/16
9		Michaina LORISTON	SO	#4 Wheaton (Mass.){3}	26.09	(1.6)	3/16
10		Gwendolyn ANDERSEN	SR	#5 Springfield (Mas:	26.17w	(2.8)	4/6

Women's 400 Meters

1	14	Marina MILLER	JR	#1 MIT	56.47		4/20
2	23	Julia HOWARTH	JR	#1 MIT	{2}56.88		4/20
3	58	Olivia DIAS	JR	#1 MIT	{3}57.80		4/20
4		Krystal MONTGOMERY	SO	#1 MIT	{4}59.17		4/13
5		Isabel HALLAL	SR	#3 WPI	59.98		4/20
6		Lena BAKER	SO	#9 Smith	1:00.18		4/20
7		Maddy HON	SR	#1 MIT	{5}1:00.53		4/7
8		Charlie BARRON	SO	#6 Wellesley	1:01.07		4/20
9		Ella BESANT	FR	#2 Coast Guard	1:01.15		4/20
10		Jessica DICKSON	FR	#4 Wheaton (Mass.)	1:01.20		3/16

Women's 400 Meter Hurdles

1	7	Paige COOKSEY	JR	#1 MIT	1:02.62		4/13
2	43	Angela HAGSTROM	JR	#7 Babson	1:05.19		3/16
3		Tara JESSEN	SO	#2 Coast Guard	1:07.49		3/30
4		Colleen CORMAN	FR	#7 Babson	{2}1:09.10		4/20
5		Allison RITCHIE	SR	#5 Springfield (Mas:	1:09.44		4/20
6		Kristen DIBELLA	SO	#4 Wheaton (Mass.)	1:09.59		3/16
7		Mackenzie DIDONATO	SO	#5 Springfield (Mas:{2}	1:09.69		4/20
8		Beth BROWN	SO	#3 WPI	1:09.95		4/13
9		Charlotte KOKERNAK	SR	#3 WPI	{2}1:10.54		4/20
10		Bailey ALLMON	SO	#3 WPI	{3}1:10.62		3/30

Women's 800 Meters

1	2	Julia HOWARTH	JR	#1 MIT	2:08.08		4/13
2	3	Grace HADLEY	SR	#3 WPI	2:08.55		4/20
3	41	Christina CROW	JR	#1 MIT	{2}2:15.37		4/20
4	58	Krystal MONTGOMERY	SO	#1 MIT	{3}2:16.23		4/7
5	84	Meagan ROWLETT	JR	#1 MIT	{4}2:17.52		4/7
6	92	Erin HOVENDON	SO	#1 MIT	{5}2:17.68		4/20
7		Shams FERVER	JR	#9 Smith	2:19.06		4/20
8		Sophia WHITE	JR	#2 Coast Guard	2:19.44		4/13
8		Elise DESHUSSES	SR	#3 WPI	{2}2:19.44		4/20
10		Kim BEAVER	JR	#8 Mount Holyoke	2:20.01		4/20

Women's 1500 Meters

1	1	Grace HADLEY	SR	#3 WPI	4:17.61		4/14
2	34	Christina CROW	JR	#1 MIT	4:35.64		4/20
3	44	Rujuta SANE	SO	#1 MIT	{2}4:37.43		4/13
4	46	Ella WHINNEY	SO	#6 Wellesley	4:38.21		4/20
5	59	Sidney TRIEPKE	JR	#2 Coast Guard	4:40.05		3/30
6	63	Heather JENSEN	FR	#1 MIT	{3}4:40.72		4/20
7	65	Pria PARKER	JR	#9 Smith	4:40.93		4/20
8		Paige PHILLIPS	SR	#2 Coast Guard	{2}4:43.53u		4/6
9		Kirsi RAJAGOPAL	JR	#1 MIT	{4}4:43.56		4/7
10		Caitlin GUILFOYLE	SR	#3 WPI	{2}4:44.35		4/13

Women's Steeplechase

1	21	Liv GIRAND	FR	#1 MIT	10:59.61		4/13
2	34	Heather JENSEN	FR	#1 MIT	{2}11:18.25		4/13
3	39	Ella WHINNEY	SO	#6 Wellesley	11:21.61		4/13
4	51	Tessa LANCASTER	JR	#8 Mount Holyoke	11:28.27		4/12
5	75	Simone BEAUCHAMP	SO	#6 Wellesley	{2}11:37.69		4/20
6		Elizabeth GERBI	JR	#8 Mount Holyoke	{2}11:59.15		4/12
7		Lucy KREIPKE	FR	#9 Smith	12:01.17		4/12
8		Mirabel BRUNELL	SO	#5 Springfield (Mas:	12:02.69		4/20
9		Sophia REYNOLDS	SO	#3 WPI	12:24.97		4/13
10		Mia MASTROGIOVANNI	FR	#2 Coast Guard	12:25.77		4/13



Conference TFRI Event Summary



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Women's 5000 Meters

1	1	Grace HADLEY	SR	#3 WPI	15:56.26	4/20
2	18	Paige PHILLIPS	SR	#2 Coast Guard	16:54.04	4/13
3	30	Rujuta SANE	SO	#1 MIT	17:03.68	4/20
4	58	Kate SANDERSON	SO	#1 MIT	{2} 17:24.43	4/7
5	60	Liv GIRAND	FR	#1 MIT	{3} 17:26.81	4/20
6	66	Kirsi RAJAGOPAL	JR	#1 MIT	{4} 17:30.66	4/20
7	99	Claire SEMEROD	SO	#2 Coast Guard	{2} 17:42.09	4/13
8		Tessa LANCASTER	JR	#8 Mount Holyoke	17:49.91	4/7
9		Lauren MELLON	SO	#2 Coast Guard	{3} 17:57.00c (18:06.45u)	4/6
10		Jaz VANDERHOOF	SO	#4 Wheaton (Mass.)	17:57.26	3/30

Women's 10,000 Meters

1	3	Grace HADLEY	SR	#3 WPI	34:06.68	3/30
2	8	Kate SANDERSON	SO	#1 MIT	35:08.35	4/20
3	69	Lauren MELLON	SO	#2 Coast Guard	37:25.52	4/13
4	77	Jaz VANDERHOOF	SO	#4 Wheaton (Mass.)	37:52.23	4/13
5	100	Emily BRYDGES	SO	#6 Wellesley	38:34.69	4/13
6		Sarah OSSING	SR	#3 WPI	{2} 39:13.91	3/30
7		Sophia REYNOLDS	SO	#3 WPI	{3} 39:38.15	3/30
8		Maddy FOHT	SR	#2 Coast Guard	{2} 39:51.29	4/13
9		Elizabeth GERBI	JR	#8 Mount Holyoke	40:34.48	3/30
10		Meghan SULLIVAN	SO	#5 Springfield (Mas)	42:30.47	4/6

Women's 4x100 Relay

1	4	#Type!	#4 Wheaton (Mass.)	46.91	4/20
2		Sofia Aguilar, Kaitlyn Doherty, Riley Hanover, Madison Mulas	#5 Springfield (Mas)	50.02	4/20
3		Alaina Stonebraker, Ella Besant, Kaylee Wright, Grace Flynn	#2 Coast Guard	50.08	4/13
4		Ria Goveas, Eriko Darcy, Taylor Quayle, Merete Ogah	#6 Wellesley	50.18	4/20
5		Corryn Fisher, Jazmyn Ewing, Vivienne Evans, Leithsa Dimanche	#3 WPI	50.28	4/20
6		Reese Gallant, Ashna Kirshnamurthy, Robyn Wilkes, Angela Hagstrom	#7 Babson	50.40	4/13
7		Addison Heintz, Ioanna Tsoni, Elle Rimando, Dalia Luckhardt	#8 Mount Holyoke	50.90	4/20
8		Juliet MAY, Daniela Pilier, Lena Baker, Niveen Bugueiro	#9 Smith	51.22	4/20

Women's 4x400 Relay

1	2	Marina Miller, Paige Cooksey, Olivia Dias, Julia Howarth	#1 MIT	3:46.69	3/30
2	61	Ella Besant, Manon Murphy, Alaina Stonebraker, Makenna Topp	#2 Coast Guard	4:04.74	4/20
3	72	Elise Deshusses, Caitlin Guilfoyle, Grace Hadley, Maeve Steckley	#3 WPI	4:06.42	4/20
4	99	Colleen Corman, Chloe Clifford, Brooke Jankowski, Angela Hagstrom	#7 Babson	4:10.41	3/16
5		Elaine Mccarty, Shams Ferver, Anjali Jones, Lena Baker	#9 Smith	4:13.19	4/20
6		Charlie Barron, Aoife Fitzgerald, Sara Maeve Klingensmith, Ella Whinney	#6 Wellesley	4:13.47	4/20
7		Schylar Wyse, Jessica Dickson, Kristen DiBella, Kate Wickenheisser	#4 Wheaton (Mass.)	4:13.65	3/30
8		Kim Beaver, Elizabeth Gerbi, Olivia Johnson, Greta Trapp	#8 Mount Holyoke	4:21.60	4/20
9		Mackenzie DiDonato, Maggie Donohue, Maeve D'Darcy, Julia Brillo	#5 Springfield (Mas)	4:23.25	4/6

Women's High Jump

1	2	Allie WILDSMITH	SO	#2 Coast Guard	1.70m	5-7	4/20
2	36	Tolu AKINBO	JR	#1 MIT	1.62m	5-3¾	4/7
3	84	Amanda BORDEN	SR	#3 WPI	1.58m	5-2¼	4/6
4	97	Amalia TOUTZIARIDI	FR	#1 MIT	{2} 1.57m	5-1¾	4/7
4	97	Katherine KEMPF	SO	#1 MIT	{2} 1.57m	5-1¾	4/7
6		Maura KELLEHER	JR	#1 MIT	{4} 1.52m	4-11¾	4/7
7		Aria MALLARE	JR	#8 Mount Holyoke	1.47m	4-9¾	3/23
7		Sydney BALLER	FR	#1 MIT	{5} 1.47m	4-9¾	4/7
7		Hannah TIRRELL	FR	#5 Springfield (Mas)	1.47m	4-9¾	4/6
7		Elaine MCCARTY	FR	#9 Smith	1.47m	4-9¾	4/12
7		Hannah LAVITA	SR	#5 Springfield (Mas)	1.47m	4-9¾	4/6
7		Cassie ZIMMERMAN	JR	#3 WPI	{2} 1.47m	4-9¾	4/6



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NEWMAC

as of 4/23/2024 8:33:18 AM ET

Women's Pole Vault

1	3	Katelyn HOWARD	SO	#1 MIT	3.90m	12-9½	4/20
2	6	Hailey SURACE	SO	#1 MIT	{2}3.85m	12-7½	4/20
3	36	Kerry SEEKAMP	SO	#9 Smith	3.55m	11-7¾	3/30
3	36	Madison GARRIGUS	SR	#2 Coast Guard	3.55m	11-7¾	4/13
5	69	Mollie BRINKER	SO	#2 Coast Guard	{2}3.40m	11-1¾	4/13
6		Jillian SCOTT	JR	#5 Springfield (Mas:	3.25m	10-8	4/13
6		Ella SMITH	JR	#5 Springfield (Mas:	3.25m	10-8	4/13
8		Jillian DA COSTA PINTO	SO	#9 Smith	{2}3.10m	10-2	4/6
8		Elizabeth LEWELLING	SO	#5 Springfield (Mas:{	3.10m	10-2	4/13
8		Tessa BAKER	FR	#1 MIT	{3}3.10m	10-2	4/7

Women's Long Jump

1	29	Kaylee WRIGHT	SO	#2 Coast Guard	5.57mw	18-3¼ (3.7)	4/6
2		Emma MARTIN	JR	#1 MIT	5.26m	17-3¼ (1.5)	4/20
3		Elle RIMANDO	SO	#8 Mount Holyoke	5.20m	17-¾ (1.6)	4/13
4		Ashna KIRSHNAMURTHY	SO	#7 Babson	5.08m	16-8 (0.1)	3/16
5		Erin DICKINSON	JR	#6 Wellesley	5.01m	16-5¼ (1.9)	4/20
6		Nony OTU UGWU	SO	#1 MIT	{2}5.00m	16-5 (1.6)	4/7
7		Sara MAEVE KLINGENSMITH	SO	#6 Wellesley	{2}4.93m	16-2¼ (0.1)	3/16
8		Ria GOVEAS	JR	#6 Wellesley	{3}4.89mw	16-½ (2.3)	4/20
9		Katherine KEMPF	SO	#1 MIT	{3}4.87m	15-11¾ (1.3)	4/7
10		Samantha PAUL	JR	#5 Springfield (Mas:	4.78m	15-8¼ (0.4)	4/13
10		Trista SICARD	SO	#7 Babson	{2}4.78m	15-8¼ (1.3)	3/16

Women's Triple Jump

1	46	Nony OTU UGWU	SO	#1 MIT	11.36m	37-3¼ (-2.0)	4/7
2	93	Samantha PAUL	JR	#5 Springfield (Mas:	11.02mw	36-2 (3.6)	4/6
3		Trista SICARD	SO	#7 Babson	10.87m	35-8 (1.2)	4/20
4		Elle RIMANDO	SO	#8 Mount Holyoke	10.78m	35-4½ (1.3)	4/13
5		Maddie GREENE	JR	#2 Coast Guard	10.72mw	35-2 (2.6)	4/6
6		Lauren HINCKLEY	FR	#4 Wheaton (Mass.)	10.60mw	34-9½ (2.2)	3/16
7		Ashna KIRSHNAMURTHY	SO	#7 Babson	{2}10.47mw	34-4¼ (3.4)	4/6
8		Cassie ZIMMERMAN	JR	#3 WPI	10.35mw	33-11½ (2.9)	4/6
9		Corryn FISHER	SO	#3 WPI	{2}10.26mw	33-8 (3.4)	4/6
10		Taima RONISH	SR	#4 Wheaton (Mass.)	{2}10.22m	33-6½ (0.5)	4/7

Women's Shot Put

1	1	Alexis BOYKIN	JR	#1 MIT	15.15m	49-8½	4/13
2	29	Emily BALL	JR	#1 MIT	{2}13.12m	43-½	4/7
3		Sadie OLSON	SR	#2 Coast Guard	12.12m	39-9¼	4/20
4		Katelynn TAYLOR	JR	#5 Springfield (Mas:	11.85m	38-10½	4/20
5		Maureen HAMMOND	JR	#2 Coast Guard	{2}11.66m	38-3¼	4/20
6		Morgan COLLINS	SR	#3 WPI	11.43m	37-6	4/6
7		Lily SIEGELMAN	FR	#1 MIT	{3}11.22m	36-9¾	4/20
8		Tianna ROGERS	JR	#4 Wheaton (Mass.)	11.12m	36-5¾	3/16
9		Anika WAGNER	SO	#4 Wheaton (Mass.)	{2}10.87m	35-8	3/16
10		Elizabeth MATTICOLI	SR	#3 WPI	{2}10.58m	34-8½	4/20

Women's Discus

1	3	Alexis BOYKIN	JR	#1 MIT	48.90m	160-5	4/7
2	8	Emily BALL	JR	#1 MIT	{2}46.08m	151-2	4/13
3	72	Sadie OLSON	SR	#2 Coast Guard	39.95m	131-1	4/20
4	74	Macy BRENNAN	FR	#1 MIT	{3}39.86m	130-9	4/7
5	95	Morgan COLLINS	SR	#3 WPI	39.01m	128-0	4/14
6		Lily SIEGELMAN	FR	#1 MIT	{4}36.14m	118-7	4/7
7		Katelynn TAYLOR	JR	#5 Springfield (Mas:	34.90m	114-6	4/20
8		Charlotte GEROW	SO	#5 Springfield (Mas:{	33.72m	110-8	4/20
9		Emily DOYLE	SR	#6 Wellesley	33.60m	110-3	4/20
10		Lily MCDOWELL	SR	#4 Wheaton (Mass.)	33.45m	109-9	4/20

Women's Hammer

1	1	Alexis BOYKIN	JR	#1 MIT	59.63m	195-8	4/20
2	46	Anika WAGNER	SO	#4 Wheaton (Mass.)	48.69m	159-9	4/20
3	53	Emily BALL	JR	#1 MIT	{2}48.21m	158-2	4/7
4	86	Sadie OLSON	SR	#2 Coast Guard	46.23m	151-8	4/6
5		Elizabeth MATTICOLI	SR	#3 WPI	43.93m	144-2	4/20
6		Macy BRENNAN	FR	#1 MIT	{3}43.79m	143-8	4/20
7		Lilia OULD-HAMMOU	SO	#1 MIT	{4}43.48m	142-8	4/20
8		Morgan COLLINS	SR	#3 WPI	{2}42.21m	138-6	3/30
9		Lily MCDOWELL	SR	#4 Wheaton (Mass.)	{2}42.02m	137-11	4/13
10		Katelynn TAYLOR	JR	#5 Springfield (Mas:	39.97m	131-2	4/6

Women's Javelin

1	13	Elizabeth MATTICOLI	SR	#3 WPI	40.93m	134-4	4/14
2	35	Emily DOYLE	SR	#6 Wellesley	38.76m	127-2	4/13
3	40	Elaine WANG	SO	#1 MIT	38.62m	126-9	3/30
4	44	Katy GORDEN	SO	#3 WPI	{2}38.38m	125-11	4/6
5	59	Emily BALL	JR	#1 MIT	{2}37.55m	123-3	4/7
6		Emily DAVIS-MORIN	SR	#2 Coast Guard	34.09m	111-10	4/13
7		Jacey TIPPMAN	JR	#2 Coast Guard	{2}34.05m	111-9	4/20
8		Bailey MCDEVITT	SO	#5 Springfield (Mas:	33.18m	108-10	4/6
9		Lauren COUTU	SO	#3 WPI	{3}31.52m	103-5	4/20
10		Maureen HAMMOND	JR	#2 Coast Guard	{3}31.42m	103-1	4/20

Women's Heptathlon

1	92	Lauren COUTU	SO	#3 WPI	3,214		4/11
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NJAC

as of 4/23/2024 8:33:18 AM ET

Women's 100 Meters

1	33	Chidimma IGWE	SR	#4	Rutgers-Newark	12.15	(1.3)	4/20
2	36	Rebecca KNEPPEL	JR	#5	Ramapo	12.16w	(2.7)	4/20
3	84	Molly LODGE	JR	#2	Rowan	12.38	(-0.6)	3/30
4	96	Ashanae MORRISON	JR	#3	Stockton	12.41	(-0.7)	4/20
5		Michelle ITOUA	SO	#6	Montclair State	12.45w	(2.9)	4/20
6		Reyanna HENDERSON	JR	#8	New Jersey City	12.52w	(2.8)	4/20
7		Mackenzie BURKE	FR	#1	TCNJ	12.59w	(3.7)	3/30
7		Ayriana YOUNG	SO	#8	New Jersey City {2}	12.59w	(3.5)	4/20
9		Mya WALKER	FR	#2	Rowan	{2} 12.60w	(2.2)	3/16
10		Jasmine POPE	JR	#2	Rowan	{3} 12.67	(-0.6)	3/30

Women's 100 Meter Hurdles

1	20	Eliza BRUNCAJ	JR	#1	TCNJ	14.49	(1.0)	4/13
2	88	Carmelle ALEXIS	JR	#4	Rutgers-Newark	15.30w	(2.7)	4/20
3		Mackenzie BURKE	FR	#1	TCNJ	{2} 15.65	(0.5)	4/13
4		Gloria HUGHES	JR	#2	Rowan	15.81	(-1.4)	3/16
5		Brya BYRD	SR	#4	Rutgers-Newark {2}	15.88w	(3.2)	4/20
6		Sarah SCEPKOWSKI	SO	#1	TCNJ	{3} 16.03	(1.5)	4/13
7		Abigail GALLACHER	FR	#3	Stockton	16.43	(1.5)	3/22
8		Cristen MOLIWOLO	SO	#3	Stockton	{2} 16.72	(1.5)	3/22
9		Natalie KRONCKE	FR	#3	Stockton	{3} 16.86	(1.5)	3/22
10		Ashley ADAMES	JR	#8	New Jersey City	17.42	(1.8)	4/20

Women's 200 Meters

1	9	Rebecca KNEPPEL	JR	#5	Ramapo	24.59w	(2.8)	3/30
2	31	Zrreyah MOORE	SR	#4	Rutgers-Newark	24.97w	(2.3)	4/20
3	33	Chidimma IGWE	SR	#4	Rutgers-Newark {2}	25.02w	(2.3)	4/20
4	91	Ashanae MORRISON	JR	#3	Stockton	25.49	(-0.3)	4/20
5		Nevaeh LORJUSTE	JR	#2	Rowan	25.57	(-0.6)	4/20
6		Molly LODGE	JR	#2	Rowan	{2} 25.58	(0.0)	4/6
7		Jasmine BROADWAY	JR	#2	Rowan	{3} 25.61	(0.8)	4/20
7		Kathleen PEDERSEN	SR	#2	Rowan	{3} 25.61	(0.1)	3/16
9		Jasmine POPE	JR	#2	Rowan	{5} 25.96	(-1.1)	3/30
10		Reyanna HENDERSON	JR	#8	New Jersey City	26.32	(1.1)	4/13

Women's 400 Meters

1	13	Zrreyah MOORE	SR	#4	Rutgers-Newark	56.44		4/20
2	20	Nevaeh LORJUSTE	JR	#2	Rowan	56.72		4/20
3	52	Molly LODGE	JR	#2	Rowan	{2} 57.70		4/6
4	61	Kathleen PEDERSEN	SR	#2	Rowan	{3} 57.95		4/20
5	92	Rebecca KNEPPEL	JR	#5	Ramapo	58.64		4/13
6		Reyanna HENDERSON	JR	#8	New Jersey City	59.20		4/20
7		Kelly O'GRADY	SO	#1	TCNJ	59.94		4/13
8		Rukiyat DARANIJO	FR	#1	TCNJ	{2} 1:00.03		4/20
9		Dale LEONARD	FR	#5	Ramapo	{2} 1:00.35		3/30
10		Jasmine POPE	JR	#2	Rowan	{4} 1:00.50		4/13

Women's 400 Meter Hurdles

1	6	Molly LODGE	JR	#2	Rowan	1:02.26		4/13
2	11	Eliza BRUNCAJ	JR	#1	TCNJ	1:03.05		3/30
3	14	Emma PETROLIA	SO	#3	Stockton	1:03.46		4/20
4	39	Mackenzie BURKE	FR	#1	TCNJ	{2} 1:04.98		4/20
5	64	Brianna DESANTO	FR	#2	Rowan	{2} 1:05.90		4/20
6	69	Carmelle ALEXIS	JR	#4	Rutgers-Newark	1:06.09		4/20
7		Abigail PETROLIA	FR	#3	Stockton	{2} 1:08.56		4/13
8		Brya BYRD	SR	#4	Rutgers-Newark {2}	1:09.06		4/20
9		Ellie HALLMAN	SO	#3	Stockton	{3} 1:09.80		3/30
10		Odalys GUERRERO-DOMINGUEZ	SO	#6	Montclair State	1:10.30		4/20

Women's 800 Meters

1	4	Kayla KASS	SO	#3	Stockton	2:09.39		4/20
2	27	Dale LEONARD	FR	#5	Ramapo	2:13.74		4/6
3	76	Anna SASSE	JR	#2	Rowan	2:16.99		4/20
4	79	Ally WERNIK	FR	#2	Rowan	{2} 2:17.20		4/20
5	92	Kelly O'GRADY	SO	#1	TCNJ	2:17.68		4/20
6		Lauren BARKER	FR	#1	TCNJ	{2} 2:19.67		4/20
7		Amanda MCNALLY	SR	#2	Rowan	{3} 2:19.69		4/20
8		Gianna BURGIO	SO	#2	Rowan	{4} 2:19.70		3/30
9		Rachel HAYES	SO	#3	Stockton	{2} 2:21.00		4/20
10		Rizzo AVA	FR	#2	Rowan	{5} 2:21.33		4/20

Women's 1500 Meters

1	23	Dale LEONARD	FR	#5	Ramapo	4:34.39		4/13
2	53	Anna SASSE	JR	#2	Rowan	4:38.89		4/20
3		Katherine RICE	JR	#1	TCNJ	4:45.99		4/20
4		Ally WERNIK	FR	#2	Rowan	{2} 4:47.08		4/13
5		Amanda MCNALLY	SR	#2	Rowan	{3} 4:47.62		4/20
6		Gianna BURGIO	SO	#2	Rowan	{4} 4:50.86		4/20
7		Salini IYER	SR	#1	TCNJ	{2} 4:51.70		4/20
8		Jezena APONTE	FR	#8	New Jersey City	4:53.20		4/20
9		Zoey CASSAVELL	JR	#5	Ramapo	{2} 4:54.87		4/20
10		Kayla KASS	SO	#3	Stockton	4:55.29		3/30

Women's Steeplechase

1	35	Anna SASSE	JR	#2	Rowan	11:19.59		4/6
2	96	Emily ZANNI	FR	#2	Rowan	{2} 11:42.48		4/6
3		Olivia HARRIS	SR	#3	Stockton	11:55.50		4/13
4		Molly BOSSDORF	JR	#1	TCNJ	11:56.38		4/20
5		Mackenzie SABER	SO	#2	Rowan	{3} 12:41.39		4/6
6		Brianna RODDY	SO	#6	Montclair State	13:10.38		3/30
7		Carmelina SANCI	SR	#1	TCNJ	{2} 13:44.52		4/20
8		Kelly WITTERS	SO	#6	Montclair State	{2} 14:06.94		4/20



Conference TFRI Event Summary



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Women's 5000 Meters

1	65	Dale LEONARD	FR	#5 Ramapo	17:30.27	4/20
2		Cassidy QUINN	SR	#1 TCNJ	17:51.74	4/20
3		Emily HOEGLER	JR	#1 TCNJ {2}	17:54.82	4/20
4		Mia GUERRA	SR	#2 Rowan	17:55.04	4/20
5		Jaelyn BARKLEY	JR	#3 Stockton	17:56.77	4/20
6		Anna SASSE	JR	#2 Rowan {2}	18:12.06	3/30
7		Emily ZANNI	FR	#2 Rowan {3}	18:12.46	4/20
8		Ally WERNIK	FR	#2 Rowan {4}	18:15.22	3/30
9		Suzanne ZAUGG	SR	#5 Ramapo {2}	18:21.19	4/20
10		Cameron WRIGHT	SR	#2 Rowan {5}	18:22.29	4/20

Women's 10,000 Meters

1		Aubrey JOHNSON	SR	#6 Montclair State	39:00.79	3/30
2		Guinevere KENNEDY	SO	#3 Stockton	40:36.25	3/30
3		Nicole ARITA	SR	#1 TCNJ	40:55.95	4/6
4		Isabella CAMPIGLIA	SO	#3 Stockton {2}	41:51.39	3/30
5		Liz CLAROS	SO	#1 TCNJ {2}	43:12.06	4/6

Women's 4x100 Relay

1	34	Brya Byrd, Nadya Coleman, Chidimma Igwe, Zrreya Moore	#4 Rutgers-Newark	48.39	4/20
2	69	Barbara Exilus, Rebecca Kneppel, Ashley Gordon, Isabel Crespo	#5 Ramapo	49.28	4/20
3	76	#Type!	#1 TCNJ	49.52	4/13
4		#Type!	#3 Stockton	50.06	4/20
5		Brooke Driver, Mya Walker, Kayla Julien, Brianna DeSanto	#2 Rowan	50.40	4/6
6		Jessica Holler, Alexa Ali, Jealyne Ramos, Michelle Itoua	#6 Montclair State	50.62	4/20
7		Sarah Knoetig, Tamia Shannon, Jocelyn Herelle, Brianna Harris	#9 Kean	54.25	4/13
8		#Type!	#7 Rutgers-Camden	56.95	3/30

Women's 4x400 Relay

1	10	Molly Lodge, Jasmine Pope, Kathleen Pedersen, Nevaeh Lorjuste	#2 Rowan	3:53.45	4/13
2	18	Erin Hanlon, Eliza Bruncaj, Kelsey Thomas, Amanda Demko	#1 TCNJ	3:55.95	3/30
3	49	#Type!	#3 Stockton	4:02.37	4/20
4	75	Isabel Crespo, Rebecca Kneppel, Barbara Exilus, Dale Leonard	#5 Ramapo	4:06.59	4/6
5		#Type!	#8 New Jersey City	4:13.89	4/13
6		Odalis Guerrero-dominguez, Michelle Itoua, Alexa Ali, Jealyne Ramos	#6 Montclair State	4:14.35	3/30
7		Carmelle Alexis, Brya Byrd, Chidimma Igwe, Zrreya Moore	#4 Rutgers-Newark	4:15.67	3/16
8		Breanne Hoyte, Sarah Knoetig, Aaliyah Hutchins, Januaria Singleton	#9 Kean	4:57.39	3/30

Women's High Jump

1	75	Sarah SCEPKOWSKI	SO	#1 TCNJ	1.59m	5-2½	4/13
2	97	Kayley HARNETT	JR	#1 TCNJ {2}	1.57m	5-1¾	3/22
2	97	Kaitlyn VERVER	JR	#3 Stockton	1.57m	5-1¾	3/30
4		Abigail PFAFF	JR	#1 TCNJ {3}	1.47m	4-9¾	3/22
5		Jessica BRANHAM	SO	#5 Ramapo	1.45m	4-9	4/20
6		Alison PETRO	JR	#7 Rutgers-Camden	1.44m	4-8¾	4/13
7		Lindsay HAND	FR	#3 Stockton {2}	1.42m	4-7¾	3/30
7		Gloria HUGHES	JR	#2 Rowan	1.42m	4-7¾	3/30
9		Isabella BORDON	SO	#7 Rutgers-Camden {2}	1.41m	4-7½	4/13
10		Maya ROSADO	SO	#3 Stockton {3}	1.37m	4-6	3/22

Women's Pole Vault

1		Madison FEY	JR	#3 Stockton	3.20m	10-6	3/30
2		Julia DAKWAR	SR	#1 TCNJ	3.15m	10-4	4/20
3		Maya SCANNELL	FR	#1 TCNJ {2}	3.00m	9-10	4/20
4		Emerson DIRK	FR	#1 TCNJ {3}	2.85m	9-4¼	4/13
5		Isabella MRAZ	SO	#1 TCNJ {4}	2.70m	8-10¼	4/13
6		Cadence MULLER	FR	#2 Rowan	2.25m	7-4½	4/13



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Women's Long Jump

1	53	Ashanae MORRISON	JR	#3 Stockton	5.44m	17-10¼ (0.0)	4/20
2		Lia MALAVE	FR	#1 TCNJ	5.28m	17-4 (2.0)	3/22
3		Sidney WHETSTONE	JR	#2 Rowan	5.20m	17-¾ (0.0)	3/30
4		Khristina WASHINGTON	SR	#3 Stockton	{2} 5.19m	17-½ (0.0)	4/20
5		Kathleen GSELL	FR	#1 TCNJ	{2} 5.14mw	16-10½ (2.4)	3/22
6		Emma PETROLIA	SO	#3 Stockton	{3} 5.12m	16-9¾ (1.3)	3/30
7		McKenna PONTARI	FR	#3 Stockton	{4} 5.04m	16-6½ (0.0)	4/20
8		Mia PEGUERO	SR	#6 Montclair State	5.02m	16-5¾ (-1.8)	4/20
9		Erin MCGAULEY	SO	#1 TCNJ	{3} 4.91mw	16-1½ (2.4)	3/22
10		Isabel DUVAL	FR	#3 Stockton	{5} 4.86mw	15-11½ (2.9)	4/13
10		Jessica BRANHAM	SO	#5 Ramapo	4.86m	15-11½ (1.8)	4/20

Women's Triple Jump

1	54	Ashanae MORRISON	JR	#3 Stockton	11.22m	36-9¾ (2.0)	3/30
2	79	Khristina WASHINGTON	SR	#3 Stockton	{2} 11.07m	36-4 (0.7)	3/30
3		Emma PETROLIA	SO	#3 Stockton	{3} 10.94m	35-10¼ (0.0)	4/20
4		Mia PEGUERO	SR	#6 Montclair State	10.69m	35-1 (-1.9)	3/30
5		Kaitlyn VERVER	JR	#3 Stockton	{4} 10.47m	34-4¼ (-0.7)	3/30
6		Brooke VALAN	SO	#3 Stockton	{5} 10.44m	34-3 (0.7)	3/30
7		Brianna DESANTO	FR	#2 Rowan	10.26m	33-8 (-0.2)	3/30
8		Emily TURSCHMANN	FR	#1 TCNJ	10.18m	33-4¾ (1.7)	4/6
9		Tamia SHANNON	FR	#9 Kean	9.89mw	32-5½ (3.0)	3/30

Women's Shot Put

1	24	Isabelle DEAL	SR	#2 Rowan	13.22m	43-4½	3/16
2	91	Kerri MCCARTHY	JR	#1 TCNJ	12.24m	40-2	4/13
3		Edith GONZALEZ	SR	#1 TCNJ	{2} 12.15m	39-10½	3/30
4		Shanil AUGUSTE	SR	#4 Rutgers-Newark	11.55m	37-10¾	4/13
5		grace VIT	JR	#2 Rowan	{2} 11.43m	37-6	4/13
6		Jessica REILLY	JR	#1 TCNJ	{3} 11.22m	36-9¾	4/13
7		Maya YESALONIS	FR	#6 Montclair State	11.12m	36-5¾	3/30
8		Jess BENTLEY	FR	#3 Stockton	11.00m	36-1¼	3/30
9		Kaydence FISCHER	FR	#1 TCNJ	{4} 10.96m	35-11½	3/22
10		Emily DISZLER	SR	#1 TCNJ	{5} 10.60m	34-9½	4/13

Women's Discus

1	9	Michaela POMATTO	SO	#3 Stockton	45.51m	149-4	4/20
2		Kaydence FISCHER	FR	#1 TCNJ	38.46m	126-2	4/20
3		Alexis MARINI	SR	#7 Rutgers-Camden	36.13m	118-7	4/20
4		Jessica REILLY	JR	#1 TCNJ	{2} 34.77m	114-1	4/6
5		Shanil AUGUSTE	SR	#4 Rutgers-Newark	34.51m	113-3	3/16
6		Emily DISZLER	SR	#1 TCNJ	{3} 34.46m	113-1	4/6
7		Chrystanna DECKER	SO	#3 Stockton	{2} 32.00m	105-0	4/13
8		Isabella CERVANTES	FR	#3 Stockton	{3} 31.12m	102-1	4/20
9		Victoria BERLINSKI	FR	#6 Montclair State	30.58m	100-4	4/20
10		Allison LAVIN	FR	#1 TCNJ	{4} 29.51m	96-10	4/13

Women's Hammer

1	28	Alexis MARINI	SR	#7 Rutgers-Camden	51.21m	168-0	4/20
2	30	Jessica REILLY	JR	#1 TCNJ	50.84m	166-10	4/20
3	99	Kerri MCCARTHY	JR	#1 TCNJ	{2} 45.48m	149-3	4/13
4		Quamora PROCTOR	JR	#3 Stockton	44.03m	144-6	4/6
5		Isabella FREDA	JR	#3 Stockton	{2} 43.96m	144-3	3/30
6		Edith GONZALEZ	SR	#1 TCNJ	{3} 43.62m	143-2	4/13
7		Alexia BEY	SO	#2 Rowan	41.86m	137-4	3/16
8		Emily DISZLER	SR	#1 TCNJ	{4} 40.99m	134-6	4/13
9		Isabelle DEAL	SR	#2 Rowan	{2} 40.56m	133-1	3/16
10		Shanil AUGUSTE	SR	#4 Rutgers-Newark	38.51m	126-4	3/16

Women's Javelin

1	10	Isabelle DEAL	SR	#2 Rowan	41.35m	135-8	4/20
2	29	Megan CAMPANILE	FR	#3 Stockton	39.09m	128-3	4/6
3		Lily LORIO	SR	#1 TCNJ	34.78m	114-1	3/30
4		Jess RODGERS	SR	#2 Rowan	{2} 34.68m	113-10	3/30
5		Annalise STEPHENS	JR	#1 TCNJ	{2} 32.77m	107-6	3/22
6		grace VIT	JR	#2 Rowan	{3} 31.56m	103-7	4/6
7		Allison LAVIN	FR	#1 TCNJ	{3} 31.46m	103-3	3/22
8		Sabrina BAER		#2 Rowan	{4} 31.09m	102-0	4/6
9		Shyanne ANSON	SO	#8 New Jersey City	30.04m	98-6¾	4/20
10		Alexandra SQUITIERI	FR	#3 Stockton	{2} 29.85m	97-11¼	3/30

Women's Heptathlon

1	54	Sarah SCEPKOWSKI	SO	#1 TCNJ	3,778		4/13
2		Ashley ADAMES	JR	#8 New Jersey City	3,032		4/13
3		Erin MCGAULEY	SO	#1 TCNJ	{2} 2,806		4/13
4		Isabella BORDON	SO	#7 Rutgers-Camden	2,651		4/13
5		Kaitlyn NOVAK	FR	#7 Rutgers-Camden	{2} 1,322		4/13



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NWC

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Women's 100 Meters

1	6	Kyrstin WILSON	SO	#8 Puget Sound	11.88w	(3.5)	4/20
2	36	Alison BALL	SR	#2 Whitworth	12.16	(1.3)	4/20
3	56	Amelia HEWSON	SR	#2 Whitworth	{2}12.28w	(3.5)	4/20
4	57	Jordyn LUNGO	SR	#2 Whitworth	{3}12.29	(-0.1)	4/20
5	77	Kira HAWAABOO	FR	#4 Linfield	12.36	(1.3)	4/20
6		Allyson HAMMOND	SO	#3 Pacific (Ore.)	12.45w	(2.3)	3/23
7		Paige KASSO	FR	#4 Linfield	{2}12.54w	(3.9)	3/23
7		Isabella PEREIRA	FR	#2 Whitworth	{4}12.54w	(3.5)	4/20
9		Macy O'HARA	SR	#7 Lewis & Clark	12.57	(1.0)	4/5
10		Hillary CONNORS	SR	#4 Linfield	{3}12.68w	(3.5)	4/20

Women's 100 Meter Hurdles

1	17	Amelia HEWSON	SR	#2 Whitworth	14.47	(-0.1)	4/11
2	31	Allyson HAMMOND	SO	#3 Pacific (Ore.)	14.79	(-0.5)	4/20
3	34	Ayahna BAHATI	JR	#1 George Fox	14.81	(0.4)	4/20
4	86	Elisabeth JENSEN	SR	#1 George Fox	{2}15.28w	(2.4)	4/20
5	94	Breanne RAWLS	JR	#2 Whitworth	{2}15.33	(1.7)	4/9
6		Jordan ROBERTS	SO	#4 Linfield	15.40	(0.4)	4/20
7		Lavender BEL	FR	#6 Willamette	15.63	(-0.5)	4/20
8		Lecia SINCERE	SO	#6 Willamette	{2}15.87	(0.4)	4/20
8		Breeauna O'REAR	SR	#1 George Fox	{3}15.87	(0.1)	3/22
10		Jenna HUNTSMAN	SO	#1 George Fox	{4}15.88w	(2.2)	4/9

Women's 200 Meters

1	22	Jackilyn LEWIS	SR	#8 Puget Sound	24.84w	(3.9)	4/20
2	28	Alison BALL	SR	#2 Whitworth	24.93w	(3.9)	4/20
3	40	Kyrstin WILSON	SO	#8 Puget Sound	{2}25.07w	(2.5)	4/20
3	40	Allyson HAMMOND	SO	#3 Pacific (Ore.)	25.07w	(2.6)	3/30
5	80	Jordyn LUNGO	SR	#2 Whitworth	{2}25.39w	(3.9)	4/20
6	99	Macy O'HARA	SR	#7 Lewis & Clark	25.56w	(2.6)	3/30
6	99	Rachelle SILIS	SO	#4 Linfield	25.56w	(3.9)	4/20
8		Kira HAWAABOO	FR	#4 Linfield	{2}25.68w	(2.5)	4/20
9		Paige KASSO	FR	#4 Linfield	{3}25.83w	(3.9)	4/20
10		Angelica GATICA GOMEZ	JR	#3 Pacific (Ore.)	{2}25.92w	(2.5)	4/20

Women's 400 Meters

1	32	Jackilyn LEWIS	SR	#8 Puget Sound	57.13		4/20
2	39	Elizabeth BEISWANGER	FR	#8 Puget Sound	{2}57.40		4/20
3	49	Macy O'HARA	SR	#7 Lewis & Clark	57.63		4/20
4	69	Angelica GATICA GOMEZ	JR	#3 Pacific (Ore.)	58.23		4/20
5	75	Rachelle SILIS	SO	#4 Linfield	58.38		4/20
6		Justice MCBRIDE-STEIGER	SR	#4 Linfield	{2}59.67		4/20
7		Elsie CHIN	SO	#7 Lewis & Clark	{2}1:00.44		4/20
8		Emily RUTKOWSKI	SR	#3 Pacific (Ore.)	{2}1:00.55		4/13
9		Lexi WATSON	SO	#1 George Fox	1:00.84		3/16
9		Kenzie LEE	SO	#6 Willamette	1:00.84		4/20

Women's 400 Meter Hurdles

1	29	Emily RUTKOWSKI	SR	#3 Pacific (Ore.)	1:04.60		4/20
2	54	Emily BROWN	FR	#2 Whitworth	1:05.45		4/20
3	83	Mashani COLEMAN	SO	#6 Willamette	1:06.57		4/20
4	100	Elsie CHIN	SO	#7 Lewis & Clark	1:07.41		4/20
5		Courtney VANGIESEN	JR	#1 George Fox	1:08.81		4/20
6		Sage MILLER	SO	#6 Willamette	{2}1:10.09		4/20
7		Katie BRIGGS	SO	#6 Willamette	{3}1:10.18		4/6
8		Carolyn MAYBERRY	FR	#7 Lewis & Clark	{2}1:10.29		4/20
9		Hannah HIGENS	FR	#2 Whitworth	{2}1:10.90		4/20
10		Klaira FLATT	SO	#4 Linfield	1:11.19		4/13

Women's 800 Meters

1	10	Ellie RISING	JR	#1 George Fox	2:11.49		4/20
2	38	Annie BERRY	SR	#3 Pacific (Ore.)	2:14.95		3/30
3	48	Malia HEIEN	SO	#7 Lewis & Clark	2:15.63		4/13
4	73	Elizabeth BEISWANGER	FR	#8 Puget Sound	2:16.79		3/30
5	87	Lily JONES	FR	#2 Whitworth	2:17.56		3/22
6		Jennifer TORRES-BERMEDEZ	SR	#4 Linfield	2:18.37		4/20
7		Elizabeth WARREN	SR	#1 George Fox	{2}2:18.41		3/16
8		Erin SCHMIDLIN	FR	#8 Puget Sound	{2}2:19.56		4/20
8		Annalise GONZALES	SO	#1 George Fox	{3}2:19.56		4/20
10		Emily BROWN	FR	#2 Whitworth	{2}2:20.89		4/9

Women's 1500 Meters

1	18	Ellie RISING	JR	#1 George Fox	4:33.56		4/20
2	43	Annie BERRY	SR	#3 Pacific (Ore.)	4:37.28		3/23
3	51	Malia HEIEN	SO	#7 Lewis & Clark	4:38.80		4/20
4	66	Riley BUESE	JR	#7 Lewis & Clark	{2}4:40.95		4/13
5	72	Jennifer TORRES-BERMEDEZ	SR	#4 Linfield	4:41.45		4/13
6		Lily JONES	FR	#2 Whitworth	4:47.03		4/20
7		Kendall MCKIBBON	JR	#1 George Fox	{2}4:48.83		3/23
8		Elizabeth BRADLEY	SR	#3 Pacific (Ore.)	{2}4:49.80		4/20
9		Karina RODRIGUEZ	SO	#1 George Fox	{3}4:50.79		3/23
10		Sarah PULLEN	SO	#1 George Fox	{4}4:51.21		3/23

Women's Steeplechase

1	33	Cris BRETHER	JR	#3 Pacific (Ore.)	11:18.24		4/20
2	56	Zoe HEINO	SO	#6 Willamette	11:32.83		4/20
3	76	Katya SCHWIETERMAN	JR	#7 Lewis & Clark	11:38.01		4/20
4	84	Anastasiia LEMESH	SO	#6 Willamette	{2}11:39.71		4/20
5	89	Abby CROSSLEY	FR	#2 Whitworth	11:40.25		4/20
6		Allie WILBER	JR	#1 George Fox	11:47.89		4/20
7		Jenessa TEACHOUT	JR	#1 George Fox	{2}11:57.36		4/6
8		Jayden TAYLOR	FR	#4 Linfield	12:05.81		4/20
9		Morgan SHAW	FR	#6 Willamette	{3}12:12.35		4/20
10		Annika DEAZLEY	JR	#5 Pacific Lutheran	12:31.23		4/20



Conference TFRI Event Summary



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Women's 5000 Meters

1	12	Riley BUESE	JR	#7 Lewis & Clark	16:48.15	4/20
2	78	Breanna SCHMITT	SO	#1 George Fox	17:35.43	4/20
3	87	Sarah PULLEN	SO	#1 George Fox {2}	17:39.43	4/20
4		Annie BERRY	SR	#3 Pacific (Ore.)	17:57.36	3/16
5		Kendall MCKIBBON	JR	#1 George Fox {3}	17:58.59	4/13
6		Madelyn BUCKLEY	SR	#2 Whitworth	18:04.95	4/20
7		Chloe COOK	FR	#1 George Fox {4}	18:12.84	3/16
8		Cris BRETHOWER	JR	#3 Pacific (Ore.) {2}	18:15.90	4/20
9		Katya SCHWIETERMAN	JR	#7 Lewis & Clark {2}	18:21.77	4/5
10		Madeleine BOYLE	SO	#7 Lewis & Clark {3}	18:23.17	4/5

Women's 10,000 Meters

1	7	Riley BUESE	JR	#7 Lewis & Clark	35:05.73	3/30
2	58	Breanna SCHMITT	SO	#1 George Fox	37:01.10	4/13
3	60	Kayla AALPOEL	SO	#1 George Fox {2}	37:04.51	3/2
4	81	Kendall MCKIBBON	JR	#1 George Fox {3}	37:54.57	3/2
5	86	Sarah PULLEN	SO	#1 George Fox {4}	38:13.47	3/2
6	95	Cris BRETHOWER	JR	#3 Pacific (Ore.)	38:28.01	3/2
7	97	Madelyn BUCKLEY	SR	#2 Whitworth	38:29.68	4/20
8		Alena KRULL	SO	#3 Pacific (Ore.) {2}	39:13.19	3/2
9		Abbie GOODWIN	FR	#1 George Fox {5}	40:26.72	4/20
10		Anna IVERSON	SR	#5 Pacific Lutheran	40:44.89	4/20

Women's 4x100 Relay

1	7	Jordyn Lungo, Amelia Hewson, Isabella Pereira, Alison Ball	#2 Whitworth	47.10	4/11
2	43	Hillary Connors, Rachelle Silis, Paige Kasso, Kira Hawaaboo	#4 Linfield	48.57	4/20
3	67	Lavender Bel, Mashani Coleman, Kenzie Lee, Salah Williams	#6 Willamette	49.22	4/20
4		Jenna Huntsman, Ayahna Bahati, Beth Parangan, Emily Crawford	#1 George Fox	49.96	4/20
5		Kyrstin Wilson, Sophia Rivas, Gianna Maldonado, Victoria Bradshaw	#8 Puget Sound	50.35	3/8
6		Greta Koegler, Kimberly Vidinha, Allyson Hammond, Jonette Singh	#3 Pacific (Ore.)	50.66	4/20
7		Cheyenne Hicks, Sarah Brandt, Madison Downey, D'Yhana Clemons	#5 Pacific Lutheran	50.68	4/20
8		Macy O'Hara, Elsie Chin, Tessa Robinson, Callow Soto	#7 Lewis & Clark	50.87	4/20

Women's 4x400 Relay

1	15	Kyrstin Wilson, Erin Schmidlin, Elizabeth Beiswanger, Jackilyn Lewis	#8 Puget Sound	3:54.91	4/20
2	30	Callow Soto, Malia Heien, Elsie Chin, Macy O'Hara	#7 Lewis & Clark	3:58.07	4/20
3	42	Elizabeth Warren, Lexi Watson, Annalise Gonzales, Ellie Rising	#1 George Fox	4:01.38	4/20
4	46	Justice McBride-Steiger, Jennifer Torres-Bermudez, Kira Hawaaboo, Rachelle Silis	#4 Linfield	4:01.75	4/20
5	55	Emily Rutkowski, Katrina Brisbois, Angelica Gatica Gomez, Annie Berry	#3 Pacific (Ore.)	4:03.37	4/20
6	59	Alison Ball, Hannah Hagens, Mikayla Buckley, Lily Jones	#2 Whitworth	4:04.20	4/20
7		Kenzie Lee, Mashani Coleman, Lavender Bel, Katie Wingo	#6 Willamette	4:12.14	4/20
8		Colleen Murata, Payton Davies, Lauren Dorris, Maleda Sims	#9 Whitman	4:21.69	4/20
9		Damaris Ibrahim, Allie Youngs, Abigail Caprye, Zoey Holt	#5 Pacific Lutheran	4:34.58	3/16

Women's High Jump

1	2	Whitley STEPP	SO	#6 Willamette	1.70m	5-7	4/20
2	23	Breanne RAWLS	JR	#2 Whitworth	1.65m	5-5	4/9
3	36	Brianna TIRA	FR	#2 Whitworth {2}	1.62m	5-3¾	3/30
3	36	Kira HAWAABOO	FR	#4 Linfield	1.62m	5-3¾	3/16
3	36	Erica SNYDER	SO	#6 Willamette {2}	1.62m	5-3¾	3/16
6	97	Marina CARROL	SR	#1 George Fox	1.57m	5-1¾	3/16
6	97	Logan ROBERTS	SO	#4 Linfield {2}	1.57m	5-1¾	3/16
8		Madison DOWNEY	FR	#5 Pacific Lutheran	1.55m	5-1	4/20
8		Cheyenne HICKS	FR	#5 Pacific Lutheran	1.55m	5-1	4/20
8		Jordyn REVERMAN	SR	#8 Puget Sound	1.55m	5-1	4/20
8		Elisabeth JENSEN	SR	#1 George Fox {2}	1.55m	5-1	4/20
8		Breeauna O'REAR	SR	#1 George Fox {2}	1.55m	5-1	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



NWC

as of 4/23/2024 8:33:19 AM ET

Women's Pole Vault

1	12	Grace TULLY	JR	#1 George Fox	3.81m	12-6	4/20
2	35	Siera CRAWFORD	SR	#4 Linfield	3.58m	11-9	3/9
3	36	Angela HAWKINS	SO	#1 George Fox	{2} 3.55m	11-7¾	3/23
3	36	Shelby LARSON	SR	#1 George Fox	{2} 3.55m	11-7¾	3/23
5		Anna WILSON	SR	#1 George Fox	{4} 3.25m	10-8	3/16
5		Valerie BRUGGEMAN	JR	#1 George Fox	{4} 3.25m	10-8	3/16
5		Allison GOODELL	SR	#8 Puget Sound	3.25m	10-8	4/20
5		Makayla KRAEMER	SR	#3 Pacific (Ore.)	3.25m	10-8	4/20
9		Kristine NGUYEN	SR	#5 Pacific Lutheran	3.20m	10-6	3/23
10		Victoria BRADSHAW	JR	#8 Puget Sound	{2} 2.80m	9-2¼	4/20

Women's Long Jump

1	2	Kira HAWAABOO	FR	#4 Linfield	5.96m	19-6¾ (1.5)	4/16
2	20	Brianna TIRA	FR	#2 Whitworth	5.60m	18-4½ (0.3)	4/11
3	26	Allyson HAMMOND	SO	#3 Pacific (Ore.)	5.59m	18-4¼ (0.9)	3/30
4	50	Victoria AZAR	JR	#1 George Fox	5.45m	17-10¾ (1.9)	4/20
5		Rachel JOHNSON	FR	#1 George Fox	{2} 5.25mw	17-2¾ (2.3)	4/20
6		Breanne RAWLS	JR	#2 Whitworth	{2} 5.22m	17-1½ (1.2)	4/20
7		Emily CRAWFORD	SO	#1 George Fox	{3} 5.15m	16-10¾ (1.7)	3/16
8		Rose DINH	FR	#7 Lewis & Clark	5.14m	16-10½ (1.1)	4/20
9		Jonette SINGH	FR	#3 Pacific (Ore.)	{2} 5.07m	16-7¾ (0.9)	4/20
10		Erica SNYDER	SO	#6 Willamette	5.04m	16-6½ (0.0)	3/9

Women's Triple Jump

1	57	Isabella PEREIRA	FR	#2 Whitworth	11.21m	36-9½ (1.0)	3/16
2	68	Madison DOWNEY	FR	#5 Pacific Lutheran	11.17mw	36-7¾ (3.3)	4/20
3	78	Kyleigh ARCHER	FR	#5 Pacific Lutheran	{2} 11.08mw	36-4¼ (3.5)	4/20
4	79	Jonette SINGH	FR	#3 Pacific (Ore.)	11.07m	36-4 (1.3)	4/20
5	91	Breanne RAWLS	JR	#2 Whitworth	{2} 11.03mw	36-2¼ (2.8)	4/20
6		Elisabeth JENSEN	SR	#1 George Fox	10.90m	35-9¼ (0.2)	4/20
7		Kyrstin WILSON	SO	#8 Puget Sound	10.88m	35-8½ (0.5)	3/23
8		Brianna TIRA	FR	#2 Whitworth	{3} 10.81mw	35-5¾ (2.4)	4/20
9		Erica SNYDER	SO	#6 Willamette	10.72m	35-2 (1.2)	4/20
10		Lecia SINCERE	SO	#6 Willamette	{2} 10.57m	34-8¼ (-0.1)	3/30

Women's Shot Put

1	12	Renee TIUMALU	SR	#2 Whitworth	13.60m	44-7½	4/20
2	26	Georjina SOLIAI	JR	#5 Pacific Lutheran	13.18m	43-3	4/13
3	51	Ellena CORWIN	SR	#1 George Fox	12.70m	41-8	4/20
4	59	Amblessed OKEMGBO	SO	#2 Whitworth	{2} 12.60m	41-4¼	3/22
5	69	Teuila ILALIO	FR	#5 Pacific Lutheran	{2} 12.42m	40-9	4/20
6	86	Izzy BOYD	FR	#2 Whitworth	{3} 12.26m	40-2¾	3/16
7		Alicia-Ellalynn SOLIAI	FR	#5 Pacific Lutheran	{3} 12.00m	39-4½	3/16
8		Kailee WALKER	SR	#1 George Fox	{2} 11.99m	39-4	4/20
9		Nia PILE	SO	#7 Lewis & Clark	11.85m	38-10½	4/13
10		Dylainee CARMONY	FR	#1 George Fox	{3} 11.72m	38-5½	3/16

Women's Discus

1	5	Amblessed OKEMGBO	SO	#2 Whitworth	46.61m	152-11	4/20
2	42	Kailee WALKER	SR	#1 George Fox	41.78m	137-1	4/20
3	75	Alicia-Ellalynn SOLIAI	FR	#5 Pacific Lutheran	39.85m	130-9	4/20
4	86	Eva WIRTH	JR	#5 Pacific Lutheran	{2} 39.38m	129-3	4/20
5	89	Piper MCCOY HARMON	SO	#7 Lewis & Clark	39.20m	128-8	4/20
6	93	Lauryn RAWLS	SR	#2 Whitworth	{2} 39.06m	128-2	3/22
7		Autumn GERARD	SR	#3 Pacific (Ore.)	38.54m	126-6	4/20
8		Kaitlyn JOHNSON	SR	#1 George Fox	{2} 38.14m	125-2	3/23
9		Addie WENGENDER	JR	#1 George Fox	{3} 36.80m	120-9	4/20
10		Renee TIUMALU	SR	#2 Whitworth	{3} 36.75m	120-7	3/2

Women's Hammer

1	50	Tenley GRANT	JR	#6 Willamette	48.37m	158-9	4/6
2	68	Eva WIRTH	JR	#5 Pacific Lutheran	47.13m	154-8	4/20
3	87	Kaitlyn JOHNSON	SR	#1 George Fox	46.19m	151-7	3/9
4	96	Jaelene CHAVEZ	SR	#1 George Fox	{2} 45.69m	149-11	4/6
5		Alessandra VALMONTE	SO	#5 Pacific Lutheran	{2} 43.01m	141-2	4/13
6		Logan SPENCER	JR	#2 Whitworth	41.67m	136-9	4/11
7		Renee TIUMALU	SR	#2 Whitworth	{2} 40.98m	134-6	3/30
8		Katy COOK	SO	#5 Pacific Lutheran	{3} 40.88m	134-2	4/13
9		Natalie ELLIS	FR	#2 Whitworth	{3} 40.43m	132-8	3/22
10		Autumn GERARD	SR	#3 Pacific (Ore.)	40.23m	132-0	4/20

Women's Javelin

1	2	Chrissy STRICKLAND	SR	#1 George Fox	45.23m	148-5	4/20
2	5	Devyn CHELIN	FR	#2 Whitworth	42.65m	139-11	4/20
3	8	Ellena CORWIN	SR	#1 George Fox	{2} 41.85m	137-4	4/20
4	19	Katy COOK	SO	#5 Pacific Lutheran	40.02m	131-4	4/20
5	25	Kaiona APIO	SR	#6 Willamette	39.29m	128-11	3/21
6	45	Natalie ELLIS	FR	#2 Whitworth	{2} 38.24m	125-6	4/20
7	64	Logan SPENCER	JR	#2 Whitworth	{3} 37.34m	122-6	4/20
8	74	Emily BROWN	FR	#2 Whitworth	{4} 36.91m	121-1	3/22
9	87	Eboni ZEHNER	FR	#4 Linfield	36.33m	119-3	4/20
10	95	Makayla TUIOLEMOTU	SO	#3 Pacific (Ore.)	35.87m	117-8	3/16

Women's Heptathlon

1	14	Kira HAWAABOO	FR	#4 Linfield	4,495	4/9
2	18	Breeauna O'REAR	SR	#1 George Fox	4,381	4/9
3	19	Breanne RAWLS	JR	#2 Whitworth	4,379	3/22
4	26	Elisabeth JENSEN	SR	#1 George Fox	{2} 4,257	4/9
5	44	Emily BROWN	FR	#2 Whitworth	{2} 3,934	3/22
6	59	Jenna HUNTSMAN	SO	#1 George Fox	{3} 3,704	4/9
7	67	Courtney TIERNAN	SO	#3 Pacific (Ore.)	3,546	3/25
8	71	Dylainee CARMONY	FR	#1 George Fox	{4} 3,521	3/22
9	80	Erica SNYDER	SO	#6 Willamette	3,426	4/9
10		Brianna TIRA	FR	#2 Whitworth	{3} 2,946	3/22



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OAC

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Women's 100 Meters

1	11	Genevieve ARNOLD	JR	#3	John Carroll	11.98w	(2.7)	4/13
2	25	Kenadee WAYT	SR	#2	Mount Union	12.11	(0.2)	4/13
3	65	Bri HAY	FR	#4	Baldwin Wallace	12.32	(1.8)	4/13
4		Mia SCOTT	JR	#3	John Carroll	{2} 12.42w	(3.6)	4/20
5		Abby COLLIER	JR	#4	Baldwin Wallace	{2} 12.44w	(2.1)	3/23
6		Paige SIMPSON	FR	#1	Ohio Northern	12.51	(-1.6)	4/6
7		Madison MILES	JR	#2	Mount Union	{2} 12.53w	(2.5)	4/13
8		Kylee SCHAFER	JR	#6	Wilmington (Ohi	12.68	(1.9)	4/19
9		Kendra KRICHBAUM	JR	#1	Ohio Northern	{2} 12.69w	(2.6)	3/30
10		Madison DIETZ	SR	#6	Wilmington (Ohi	{2} 12.75w	(2.1)	3/30

Women's 100 Meter Hurdles

1	61	Genevieve ARNOLD	JR	#3	John Carroll	15.06w	(2.7)	4/20
2	98	Elizabeth MASON	FR	#2	Mount Union	15.36w	(2.2)	4/6
3		Olyvia ASHBROOK	JR	#1	Ohio Northern	15.44	(0.6)	4/6
4		Olivia BEAN	SR	#7	Heidelberg	15.64w	(2.3)	4/13
5		Lexi WACHTMAN	JR	#7	Heidelberg	{2} 15.90	(1.7)	4/13
6		Maria DA CUNHA	SO	#10	Capital	16.15w	(2.8)	3/23
7		Kilikina SCHULTZ	SO	#8	Muskingum	16.48	(-2.0)	4/20
8		Charlie DOLLIVER	SO	#5	Otterbein	16.57	(1.7)	4/13
9		McKenzie CHINE	JR	#2	Mount Union	{2} 16.90	(1.5)	4/19
10		Rebecca SANTOM	JR	#2	Mount Union	{3} 16.96w	(2.2)	4/6

Women's 200 Meters

1	7	Kenadee WAYT	SR	#2	Mount Union	24.55	(1.0)	4/20
2	50	Abby COLLIER	JR	#4	Baldwin Wallace	25.20	(0.8)	3/30
3	94	Madison MILES	JR	#2	Mount Union	{2} 25.51w	(2.3)	4/20
4		Bri HAY	FR	#4	Baldwin Wallace	{2} 25.73	(1.2)	4/13
5		Genevieve ARNOLD	JR	#3	John Carroll	25.77	(0.0)	4/13
6		Paige SIMPSON	FR	#1	Ohio Northern	26.02	(0.9)	4/13
7		Rosie MURRAY	SO	#3	John Carroll	{2} 26.34	(1.2)	4/13
8		Kendra KRICHBAUM	JR	#1	Ohio Northern	{2} 26.37	(0.9)	4/13
9		Halle COCHRAN	JR	#2	Mount Union	{3} 26.39	(1.5)	4/6
10		Haley COOK	SR	#6	Wilmington (Ohi	26.45w	(2.1)	3/30

Women's 400 Meters

1	2	Kenadee WAYT	SR	#2	Mount Union	55.08		3/30
2	23	Madison MILES	JR	#2	Mount Union	{2} 56.88		4/20
3	64	Abby COLLIER	JR	#4	Baldwin Wallace	58.04		4/20
4	86	Hope MURPHY	JR	#4	Baldwin Wallace	{2} 58.52		4/6
5	92	Mary MASON	JR	#2	Mount Union	{3} 58.64		4/6
6	100	Elizabeth FUNKHOUSER	FR	#2	Mount Union	{4} 58.70		3/30
7		Michaela HIERONYMUS	SO	#9	Marietta	59.85		3/30
8		Ellie KITSMILLER	JR	#3	John Carroll	59.95		4/6
9		Haley COOK	SR	#6	Wilmington (Ohi	1:00.13		3/30
10		Halle COCHRAN	JR	#2	Mount Union	{5} 1:00.26		4/6

Women's 400 Meter Hurdles

1	24	Elizabeth FUNKHOUSER	FR	#2	Mount Union	1:04.28		4/19
2	41	Genevieve LEGAWIEC	FR	#5	Otterbein	1:05.08		4/13
3	84	Maria DA CUNHA	SO	#10	Capital	1:06.58		4/13
4	87	JJ HERRON	SR	#1	Ohio Northern	1:06.76		4/13
5	88	Olyvia ASHBROOK	JR	#1	Ohio Northern	{2} 1:06.77		4/13
6		Rosie MURRAY	SO	#3	John Carroll	1:07.79		4/6
7		Katelyn MESSNER	JR	#1	Ohio Northern	{3} 1:09.29		4/13
8		Charlie DOLLIVER	SO	#5	Otterbein	{2} 1:10.35		4/13
9		Elizabeth HEIM	JR	#3	John Carroll	{2} 1:11.35		4/6
10		Manaka YAMAUCHI	JR	#5	Otterbein	{3} 1:11.53		4/13

Women's 800 Meters

1	6	Hope MURPHY	JR	#4	Baldwin Wallace	2:10.30		4/14
2	13	Mary MASON	JR	#2	Mount Union	2:12.00		4/14
3	42	Kenadee WAYT	SR	#2	Mount Union	{2} 2:15.40		4/6
4	53	Claire EBERHARDT	JR	#3	John Carroll	2:15.79		4/20
5	55	Ellie KITSMILLER	JR	#3	John Carroll	{2} 2:15.91		4/13
6		Madison MILES	JR	#2	Mount Union	{3} 2:19.20		4/6
7		Abby MATTHEWS	JR	#1	Ohio Northern	2:19.31		4/14
8		Abby COLLIER	JR	#4	Baldwin Wallace	{2} 2:20.72		4/6
9		Kylie COPE	SO	#7	Heidelberg	2:20.89		3/30
10		Halle COCHRAN	JR	#2	Mount Union	{4} 2:21.21		4/14

Women's 1500 Meters

1	7	Hope MURPHY	JR	#4	Baldwin Wallace	4:29.06		4/14
2	38	Claire EBERHARDT	JR	#3	John Carroll	4:36.74		4/13
3	50	Faith DUNCAN	SO	#6	Wilmington (Ohi	4:38.69		4/6
4	75	Morgan EDWARDS	JR	#3	John Carroll	{2} 4:41.83		4/6
5	80	Gianini VENUTO	JR	#2	Mount Union	4:42.21		4/6
6		Ellie KITSMILLER	JR	#3	John Carroll	{3} 4:46.26		3/30
7		Erin SMITH	JR	#2	Mount Union	{2} 4:47.43		4/14
8		Rylee BARNO	FR	#4	Baldwin Wallace	{2} 4:47.81		4/20
9		Annie HIGGINS	JR	#3	John Carroll	{4} 4:47.95		4/20
10		Abby MATTHEWS	JR	#1	Ohio Northern	4:49.01		4/14

Women's Steeplechase

1		Natalie ARMBRUSTER	SO	#1	Ohio Northern	11:48.86		4/13
2		Grace MCKOON	FR	#3	John Carroll	12:03.64		4/13
3		Elizabeth MAK	JR	#10	Capital	12:13.32		4/20
4		Charlotte JONES	SO	#4	Baldwin Wallace	12:16.89		4/13
5		Caitlyn GATTA	JR	#2	Mount Union	12:17.48		3/30
6		Kelsey SHERIDAN	FR	#3	John Carroll	{2} 12:19.01		3/30
7		Caitlyn MAUGER	SR	#7	Heidelberg	12:30.72		4/13
8		Jaelyn JAQUAY	JR	#4	Baldwin Wallace	{2} 12:39.03		4/13
9		Josey JOHNSON	SO	#5	Otterbein	12:42.42		4/6
10		Elizabeth HEIM	JR	#3	John Carroll	{3} 12:56.94		4/13



Conference TFRI Event Summary



OAC

as of 4/23/2024 8:33:19 AM ET

Women's 5000 Meters

1	8	Faith DUNCAN	SO	#6 Wilmington (Ohi	16:34.92	3/29
2	49	Hope MURPHY	JR	#4 Baldwin Wallace	17:19.43	3/30
3	79	Kennedy RADER	SO	#1 Ohio Northern	17:36.05	4/14
4	96	AnnaSophia GOWER	FR	#1 Ohio Northern {2}	17:41.54	4/14
5		Gianini VENUTO	JR	#2 Mount Union	18:01.18	4/19
6		Samantha ROTH	SO	#1 Ohio Northern {3}	18:04.24	4/14
7		Morgan EDWARDS	JR	#3 John Carroll	18:07.61	4/20
8		Rylee BARNO	FR	#4 Baldwin Wallace{2}	18:11.08	4/13
9		Ashley HOCKSTOK	JR	#1 Ohio Northern {4}	18:13.85	4/14
10		Erin SMITH	JR	#2 Mount Union {2}	18:15.30	4/19

Women's 10,000 Meters

1	41	Kennedy RADER	SO	#1 Ohio Northern	36:35.80	3/29
2	46	Ashley HOCKSTOK	JR	#1 Ohio Northern {2}	36:41.09	3/29
3	53	Hope MURPHY	JR	#4 Baldwin Wallace	36:50.80	3/23
4	89	Sarah WELDON	JR	#3 John Carroll	38:16.00	4/13
5		Megan VAPENIK	SR	#1 Ohio Northern {3}	39:00.91	3/29
6		Kathryn VASILIAUSKAS	JR	#3 John Carroll {2}	40:49.58	3/30
7		Madison PRIGGE	FR	#4 Baldwin Wallace{2}	42:16.00	4/13
8		Jensen WOLFE	JR	#4 Baldwin Wallace{3}	42:22.00	4/13
9		Alison SMITH	FR	#4 Baldwin Wallace{4}	42:30.00	4/13
10		Amy BURCHETT	FR	#4 Baldwin Wallace{5}	43:00.00	4/13

Women's 4x100 Relay

1	23	Dae Dae Nash, Madison Miles, Kalie Campbell, Kenadee Wayt	#2 Mount Union	48.04	4/6
2	52	Genevieve Arnold, Mia Scott, Kaleigh McNamara, Rosie Murray	#3 John Carroll	48.78	4/6
3	65	Chloe Gibson, Kendra Krichbaum, Stacey Legg, Paige Simpson	#1 Ohio Northern	49.17	4/13
4	95	Bri Hay, Morgan Aloï, Alanna Barnett, Abby Collier	#4 Baldwin Wallace	49.90	4/13
4	95	Haley Cook, Chloe Sutton, Madison Dietz, Rachel Spanfellner	#6 Wilmington (Ohi	49.90	4/13
6		Olivia Finke, Genevieve Legawiec, Tashe Lee, Alexis Weber	#5 Otterbein	50.34	4/6
7		Hanna Bauer, Cece Samuels, Allie Mongold, Maria Da Cunha	#10 Capital	51.47	4/13
8		Liberty Bunting, Shannon Cooper, Jacquelynn Grinnell, Averi Wallace	#8 Muskingum	52.02	4/20
9		Hope Adams, Ashton Carroll, Michaela Hieronymus, Emma Fehrman	#9 Marietta	52.26	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



OAC

as of 4/23/2024 8:33:19 AM ET

Women's 4x400 Relay

1	4	Kenadee Wayt, Madison Miles, Halle Cochran, Mary Mason	#2 Mount Union	3:49.70	4/20
2	73	Rosie Murray, Ellie Kitsmiller, Sara Gennuso, Claire Eberhardt	#3 John Carroll	4:06.44	4/6
3	81	Lily Wolfe, JJ Herron, Leah Heitkamp, Olyvia Ashbrook	#1 Ohio Northern	4:07.59	4/13
4	92	Rachel Bollo, Olivia Finke, Tashe Lee, Genevieve Legawiec	#5 Otterbein	4:09.91	4/13
5		Haley Cook, Kylee Schafer, Hayden Setty, Madison Dietz	#6 Wilmington (Ohi	4:10.69	4/19
6		Katurah Plecko, Alanna Barnett, Rylee Barno, Erica Bowers	#4 Baldwin Wallace	4:14.36	3/30
7		Liberty Bunting, Abigail Derry, Kilikina Schultz, Averi Wallace	#8 Muskingum	4:14.70	3/16
8		Hanna Bauer, Allie Mongold, Erniesha Guerrier, Maria Da Cunha	#10 Capital	4:21.88	3/23
9		Kylie Cope, Kenzie Fountain, Caitlyn Mauger, Emily Pullano	#7 Heidelberg	4:23.47	4/20

Women's High Jump

1	2	Alexis WEBER	FR	#5 Otterbein	1.70m	5-7	4/6
2	36	Emma KLOSTERMAN	JR	#5 Otterbein	{2} 1.62m	5-3¾	4/19
3	49	Rylee GORRELL	FR	#4 Baldwin Wallace	1.61m	5-3¾	4/13
4		Toria INGALLS	JR	#1 Ohio Northern	1.56m	5-1¼	4/20
4		Laney DUFF	FR	#2 Mount Union	1.56m	5-1¼	4/13
4		Lindsay WEININGER	SO	#1 Ohio Northern	1.56m	5-1¼	4/20
4		Amanda RADKE	JR	#5 Otterbein	{3} 1.56m	5-1¼	3/30
8		Lexi WACHTMAN	JR	#7 Heidelberg	1.55m	5-1	4/13
8		Faith TIMKO	FR	#4 Baldwin Wallace	{2} 1.55m	5-1	3/30
10		Sara GENNUSO	FR	#3 John Carroll	1.52m	4-11¾	4/13

Women's Pole Vault

1	1	Peyton PROFFITT	SO	#5 Otterbein	4.00m	13-1½	3/23
2	11	Claire SCHWELLER	SO	#1 Ohio Northern	3.82m	12-6¼	4/20
3	15	Emily THOMPSON	SO	#9 Marietta	3.76m	12-4	4/13
4	46	Jessica MASON	FR	#2 Mount Union	3.51m	11-6¼	3/23
5	64	Kayla MCADAMS	JR	#2 Mount Union	{2} 3.44m	11-3½	4/13
6	77	Annalyse AMES	FR	#2 Mount Union	{3} 3.39m	11-1½	4/13
7		Ellie FORD	SO	#1 Ohio Northern	{2} 3.25m	10-8	4/14
8		Jaclyn BOARDMAN	JR	#1 Ohio Northern	{3} 3.20m	10-6	4/6
9		Ashton CARROLL	JR	#9 Marietta	{2} 3.16m	10-4¼	4/19
10		Mackenzie TUBAUGH	SR	#2 Mount Union	{4} 3.01m	9-10½	4/19

Women's Long Jump

1	71	Genevieve ARNOLD	JR	#3 John Carroll	5.35m	17-6¾ (0.0)	3/30
2	88	Alexis WEBER	FR	#5 Otterbein	5.32m	17-5½ (0.3)	4/19
2	88	Chloe GIBSON	JR	#1 Ohio Northern	5.32m	17-5½ (1.6)	4/13
4		Lexi WACHTMAN	JR	#7 Heidelberg	5.20mw	17-¾ (2.6)	3/23
5		Olivia BEAN	SR	#7 Heidelberg	{2} 5.17m	16-11½ (1.6)	4/13
6		Lauryn WOLTERS	SO	#1 Ohio Northern	{2} 5.14m	16-10½ (0.5)	3/30
7		Mackenzie DAVIS	FR	#2 Mount Union	5.03m	16-6 (0.0)	4/13
8		Stacey LEGG	SO	#1 Ohio Northern	{3} 5.02m	16-5¾ (0.0)	4/20
9		Ariana COLEMAN	SR	#7 Heidelberg	{3} 5.00m	16-5 (0.0)	4/6
10		Madison DIETZ	SR	#6 Wilmington (Ohi	4.93m	16-2¼ (1.4)	3/30

Women's Triple Jump

1	54	Emma FEHRMAN	JR	#9 Marietta	11.22m	36-9¾ (0.0)	4/13
2	71	Genevieve ARNOLD	JR	#3 John Carroll	11.15m	36-7 (-0.3)	4/20
3	89	Sara GENNUSO	FR	#3 John Carroll	{2} 11.04m	36-2¾ (0.1)	4/6
4		Olivia BEAN	SR	#7 Heidelberg	10.94m	35-10¾ (-0.0)	4/20
5		Tori MILLER	JR	#3 John Carroll	{3} 10.88m	35-8½ (0.0)	4/20
6		Alexis WEBER	FR	#5 Otterbein	10.76m	35-3¾ (0.0)	4/19
7		Lauryn WOLTERS	SO	#1 Ohio Northern	10.51m	34-5¾ (0.5)	3/30
8		Charlie DOLLIVER	SO	#5 Otterbein	{2} 10.50m	34-5½ (0.0)	4/19
9		Chloe GIBSON	JR	#1 Ohio Northern	{2} 10.44m	34-3 (0.0)	4/20
10		Abby LORINCZ	JR	#4 Baldwin Wallace	10.34m	33-11¼ (1.6)	4/20

Women's Shot Put

1	17	Makayla SITZLAR	SO	#2 Mount Union	13.39m	43-11¼	4/19
2	34	Izzy BURMAN	JR	#1 Ohio Northern	12.99m	42-7½	4/14
3	46	Amyah CHOSA	FR	#4 Baldwin Wallace	12.80m	42-0	4/13
4	60	Makenna RUDY	FR	#2 Mount Union	{2} 12.59m	41-3¾	3/23
5		Hannah FRIEND	JR	#1 Ohio Northern	{2} 12.04m	39-6	4/6
6		Kenna JOHNSTON	JR	#2 Mount Union	{3} 11.89m	39-¼	4/19
7		Samantha SELLERS	JR	#1 Ohio Northern	{3} 11.88m	38-11¾	4/6
8		Anna BRADY	FR	#1 Ohio Northern	{4} 11.56m	37-11¼	3/30
9		Amelia LEWIN	FR	#7 Heidelberg	11.36m	37-3¼	4/6
10		Kaitlyn HICKEY	SO	#6 Wilmington (Ohi	11.15m	36-7	4/13

Women's Discus

1	37	Sidney RAMBO	JR	#2 Mount Union	42.17m	138-4	4/13
2	58	Hannah FRIEND	JR	#1 Ohio Northern	40.75m	133-9	4/6
3	80	Samantha SELLERS	JR	#1 Ohio Northern	{2} 39.45m	129-5	3/30
4	83	Izzy BURMAN	JR	#1 Ohio Northern	{3} 39.40m	129-3	3/30
5		Lilly JOHNS	JR	#4 Baldwin Wallace	38.22m	125-5	4/6
6		Ravyn GOODSON	JR	#5 Otterbein	38.21m	125-5	4/13
7		Breanna BERWALD	SO	#3 John Carroll	37.23m	122-2	4/13
8		Makayla SITZLAR	SO	#2 Mount Union	{2} 37.07m	121-8	4/6
9		Kenna JOHNSTON	JR	#2 Mount Union	{3} 36.77m	120-8	4/13
10		Jessica DOTSON	SO	#8 Muskingum	36.36m	119-4	4/20



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Women's Hammer

1	33	Izzy BURMAN	JR	#1 Ohio Northern	50.40m	165-4	4/20
2	95	Hannah FRIEND	JR	#1 Ohio Northern {2}	45.71m	150-0	4/20
3		Sarah HART	SO	#3 John Carroll	44.79m	147-0	3/30
4		Camya CALLOWAY	SO	#6 Wilmington (Ohi	43.67m	143-3	4/13
5		Abby LODIEWYCK	SR	#6 Wilmington (Ohi{2}	43.40m	142-5	4/6
6		Avrie O'NEIL	SO	#8 Muskingum	43.19m	141-9	4/13
7		Lucy TROUT	SO	#6 Wilmington (Ohi{3}	42.72m	140-2	4/13
8		Emily TORRES	JR	#4 Baldwin Wallace	41.64m	136-8	4/20
9		Sarah POUNDER	JR	#4 Baldwin Wallace{2}	41.16m	135-1	3/30
10		Ella BROTHERS	SO	#8 Muskingum {2}	40.99m	134-6	4/20

Women's Javelin

1	80	Leah FRITSCH	SO	#3 John Carroll	36.65m	120-3	4/20
2		Katlyn FLOYD	FR	#1 Ohio Northern	32.22m	105-9	4/13
3		Reese RECKER	JR	#7 Heidelberg	31.86m	104-7	4/20
4		Chloe GIBSON	JR	#1 Ohio Northern {2}	31.61m	103-9	4/20
5		Elizabeth SCHNEGG	JR	#9 Marietta	31.33m	102-10	3/30
6		Peyton CARPENTER	JR	#5 Otterbein	30.82m	101-2	4/19
7		Olivia KAHOUN	JR	#5 Otterbein {2}	30.63m	100-6	4/13
8		Tarrah BEVIER	JR	#1 Ohio Northern {3}	30.62m	100-6	3/30
9		Samantha SELLERS	JR	#1 Ohio Northern {4}	29.68m	97-4½	4/6
10		Keirsten DAUGHERTY	SR	#2 Mount Union	29.08m	95-5	4/13

Women's Heptathlon

1	88	Charlie DOLLIVER	SO	#5 Otterbein	3,335		3/16
2	94	Amanda RADKE	JR	#5 Otterbein {2}	3,153		3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



ODAC

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Women's 100 Meters

1	8	Katelyn GAMBLE	SR	#2 Washington and	11.95w	(2.5)	3/23
2	11	Natashe TATE	FR	#6 Virginia Wesleya	11.98w	(3.5)	4/13
3	39	Aniya SEWARD	SR	#1 Lynchburg	12.17w	(3.0)	4/13
4	55	Janelle ANDERSON	JR	#4 Shenandoah	12.27w	(2.5)	4/13
5	75	Haylee GAMBLE	SR	#3 Roanoke	12.35w	(2.1)	3/23
6	92	Lytic HOGGARD	SO	#6 Virginia Wesleya	{2}12.40w	(3.5)	4/13
7		Nalonda HENDERSON	FR	#3 Roanoke	{2}12.46	(1.8)	3/30
8		Lindsey HOBIN	SO	#3 Roanoke	{3}12.64w	(2.5)	3/23
9		Tatianna LANGSTON	FR	#8 Randolph	12.66	(-1.4)	4/20
10		Eleanor HINCKLEY	JR	#3 Roanoke	{4}12.69	(1.8)	3/30

Women's 100 Meter Hurdles

1	1	Aniya SEWARD	SR	#1 Lynchburg	13.76w	(2.1)	3/30
2	11	Betsy MOHNKERN	SR	#1 Lynchburg	{2}14.24	(1.2)	4/6
3	47	Rebecca CARR	FR	#3 Roanoke	14.90	(0.9)	3/16
4	53	Olivia VIERS	FR	#3 Roanoke	{2}14.98	(0.9)	4/13
5	84	Amanda ROMANO	JR	#2 Washington and	15.27	(0.9)	3/16
6	88	Cammi WINSTON	SR	#3 Roanoke	{3}15.30	(0.3)	3/23
7		Ray Ray TAYLOR	SR	#7 Eastern Mennon	15.51	(0.5)	3/23
8		Paige TULENKO	SR	#2 Washington and	{2}15.71	(0.9)	4/20
9		Olivia BATES	SO	#5 Bridgewater (Va.	16.13	(1.5)	3/23
10		Madelyn VENABLE	JR	#2 Washington and	{3}16.44	(2.0)	4/20

Women's 200 Meters

1	16	Aniya SEWARD	SR	#1 Lynchburg	24.76w	(3.9)	3/30
2	59	Haylee GAMBLE	SR	#3 Roanoke	25.26	(-2.2)	4/13
3		Betsy MOHNKERN	SR	#1 Lynchburg	{2}25.67w	(3.9)	3/30
4		Natashe TATE	FR	#6 Virginia Wesleya	25.73w	(3.0)	4/13
5		Vuronika BARNES	SR	#1 Lynchburg	{3}25.83	(1.5)	3/30
6		Ray Ray TAYLOR	SR	#7 Eastern Mennon	25.87	(1.1)	4/13
6		Summer WALLACE	FR	#5 Bridgewater (Va.	25.87w	(3.1)	3/23
8		Janelle ANDERSON	JR	#4 Shenandoah	26.08	(1.3)	4/13
9		Lindsey HOBIN	SO	#3 Roanoke	{2}26.10	(1.9)	4/6
10		Katelyn GAMBLE	SR	#2 Washington and	26.19	(-2.9)	4/6

Women's 400 Meters

1	44	Kaitlyn RUIZ	FR	#4 Shenandoah	57.54		3/16
2	89	Haylee GAMBLE	SR	#3 Roanoke	58.59		3/30
3	91	Mikayla HEFFERON	SR	#3 Roanoke	{2}58.63		3/30
4	100	Jesma EVANS	SO	#2 Washington and	58.70		4/6
5		Ray Ray TAYLOR	SR	#7 Eastern Mennon	58.83		3/30
6		Vuronika BARNES	SR	#1 Lynchburg	59.06		3/23
7		Amia BARNES	JR	#6 Virginia Wesleya	59.92		4/20
8		Mya RIVERA	FR	#10 Guilford	1:00.14		3/22
9		Jazmine PATTERSON	SO	#9 Hollins	1:00.50		3/30
10		Jessica TAYLOR	FR	#8 Randolph	1:00.71		3/30

Women's 400 Meter Hurdles

1	13	Betsy MOHNKERN	SR	#1 Lynchburg	1:03.40		4/13
2	19	Amanda ROMANO	JR	#2 Washington and	1:03.61		4/6
3	44	Allison BOBST	SR	#1 Lynchburg	{2}1:05.20		3/16
4	68	Ophelia LADNER	SO	#3 Roanoke	1:06.02		4/13
5	90	Lindsey HOBIN	SO	#3 Roanoke	{2}1:06.84		4/13
6	99	Jessica TAYLOR	FR	#8 Randolph	1:07.35		4/6
7		Paige TULENKO	SR	#2 Washington and	{2}1:08.57		4/20
8		Jennifer MOORE	SR	#8 Randolph	{2}1:09.18		4/13
9		Anna MILLER	FR	#1 Lynchburg	{3}1:10.04		3/23
10		Elili ASEFA	SO	#7 Eastern Mennon	1:10.24		4/20

Women's 800 Meters

1	45	Courtney DRUMM	SR	#1 Lynchburg	2:15.46		4/13
2	72	Hannah EDWARDS	FR	#1 Lynchburg	{2}2:16.76		4/13
3		Molly SILVA	JR	#1 Lynchburg	{3}2:18.33		3/30
4		Lauren THOMAS	JR	#1 Lynchburg	{4}2:18.99		3/30
5		Mackenzie YOUNG	SR	#5 Bridgewater (Va.	2:20.48		4/20
6		Emma NICELY	JR	#4 Shenandoah	2:22.71		4/6
7		Lauren MASSEY	SR	#1 Lynchburg	{5}2:22.98		4/13
8		Ella CLINGENPEEL	FR	#6 Virginia Wesleya	2:23.99		4/13
9		Mackenzie PLOWMAN	JR	#4 Shenandoah	{2}2:24.30		4/6
10		Amy OLEKSY	SO	#4 Shenandoah	{3}2:24.65		4/6

Women's 1500 Meters

1	13	Courtney DRUMM	SR	#1 Lynchburg	4:32.01		3/23
2	14	Kayla WERNER	FR	#1 Lynchburg	{2}4:32.03		4/13
3	87	Molly SILVA	JR	#1 Lynchburg	{3}4:42.61		4/6
4	93	Lauren MASSEY	SR	#1 Lynchburg	{4}4:42.94		4/6
5		Allison DELL	JR	#1 Lynchburg	{5}4:45.11		3/23
6		Mackenzie YOUNG	SR	#5 Bridgewater (Va.	4:47.91		4/6
7		Kristen WERNER	FR	#1 Lynchburg	{6}4:50.10		3/23
8		Madeline LOTT	JR	#4 Shenandoah	4:51.58		3/23
9		Lauren THOMAS	JR	#1 Lynchburg	{7}4:52.40		3/23
10		Annalise WILLIAMS	FR	#1 Lynchburg	{8}4:53.68		3/16

Women's Steeplechase

1	43	Emily SMEDS	JR	#5 Bridgewater (Va.	11:24.29		3/23
2	65	Mackenzie YOUNG	SR	#5 Bridgewater (Va.	{2}11:35.97		3/23
3	84	Brianna BREYAULT	SO	#2 Washington and	11:39.71		4/6
4		Eve SPENCER	SO	#2 Washington and	{2}11:52.95		4/6
5		Madeline LOTT	JR	#4 Shenandoah	12:14.74		4/13
6		Vendela SVAERD	FR	#3 Roanoke	12:15.82		3/23
7		Cecelia ATEN	SR	#6 Virginia Wesleya	12:15.95		4/6
8		Emma MADRIGAL	SO	#4 Shenandoah	{2}12:24.00		3/23
9		Elili ASEFA	SO	#7 Eastern Mennon	12:25.03		3/16
10		Susanna PRICE	SO	#3 Roanoke	{2}12:36.99		3/23



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ODAC

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Women's 5000 Meters

1	7	Kayla WERNER	FR	#1 Lynchburg	16:34.40	4/6
2	37	Courtney DRUMM	SR	#1 Lynchburg	{2} 17:10.01	4/6
3	46	Allison DELL	JR	#1 Lynchburg	{3} 17:16.48	4/6
4	72	Olivia WARR	FR	#2 Washington and	17:32.04	4/6
5		Kristen WERNER	FR	#1 Lynchburg	{4} 17:44.24	4/13
6		Claire HAMLET	JR	#2 Washington and	{2} 17:53.61	4/6
7		Lauren MASSEY	SR	#1 Lynchburg	{5} 17:59.93	3/16
8		Mackenzie YOUNG	SR	#5 Bridgewater (Va.	18:03.40	3/16
9		Elise MOLINARO	SR	#2 Washington and	{3} 18:09.31	3/16
10		Lucy UNZICKER	SR	#7 Eastern Mennon	18:25.03	4/13

Women's 10,000 Meters

1	17	Courtney DRUMM	SR	#1 Lynchburg	35:31.83	4/20
2	50	Elise MOLINARO	SR	#2 Washington and	36:48.30	4/6
3	57	Emily SMEDS	JR	#5 Bridgewater (Va.	37:00.00	4/14
4		Madeline LOTT	JR	#4 Shenandoah	39:07.95	4/6
5		Lucy UNZICKER	SR	#7 Eastern Mennon	39:43.93	3/16
6		Sarah CHRISTY	JR	#4 Shenandoah	{2} 39:44.56	3/16
7		Jenna WEAVER	JR	#7 Eastern Mennon	{2} 41:33.89	3/16
8		Sarah EARLE	JR	#5 Bridgewater (Va.	{2} 42:14.36	3/23
9		Sarah KOCHANSKI	SO	#3 Roanoke	42:53.94	4/13

Women's 4x100 Relay

1	13	#Type!		#1 Lynchburg	47.56	3/30
2	17	Haylee Gamble, Lindsey Hobin, Nalonda Henderson, Eleanor Hinckley		#3 Roanoke	47.70	3/30
3	29	Lytic Hoggard, Julia Hathaway, Kennedy Chapman, Natashe Tate		#6 Virginia Wesleya	48.24	3/23
4	38	#Type!		#2 Washington and	48.51	4/20
5	84	Olivia Bates, Jade Buckles, Adalia Coleman, Summer Wallace		#5 Bridgewater (Va.	49.73	4/13
6	91	Kaitlyn Loy, Janelle Anderson, Sarah Sido, Alexis Hubbard		#4 Shenandoah	49.84	4/13
7		Jaidyn Turner, Kendra Smith, Jessica Taylor, Tatianna Langston		#8 Randolph	50.11	4/20
8		Saida Bangura, Asia Williams, Cassidy Lewis, Shannea Ingraham		#11 Averett	51.34	3/16
9		Heaven Richardson, Jenna Shotten, Zekiah Johnson, Zadah Johnson		#10 Guilford	53.46	3/22
10		Airiana Beverley, Emma Kelley, Jordan Booker, Trina Lewis		#12 Ferrum	53.89	3/30

Women's 4x400 Relay

1	14	Betsy Mohnkern, Vuronika Barnes, Aniya Seward, Hannah Edwards		#1 Lynchburg	3:54.58	4/13
2	24	Mikayla Hefferon, Lindsey Hobin, Maryrose Molina- Shuman, Haylee Gamble		#3 Roanoke	3:56.83	4/13
3	40	Simmons Lee, Annabelle Sutliff, Jesma Evans, Jordynn Palethorpe		#2 Washington and	4:01.21	3/16
4	96	Jennifer Moore, Patrice Forcey, Tatianna Langston, Jessica Taylor		#8 Randolph	4:10.16	4/20
5		Alexis Hubbard, Haley Van Voorhis, Mackenzie Plowman, Kaitlyn Ruiz		#4 Shenandoah	4:11.07	3/16
6		Amia Barnes, Hannah Aufderheide, Anisah Kersey, Kiera Coleman		#6 Virginia Wesleya	4:11.49	4/20
7		Megan Wimmer, Izzy Green, Molly Williamson, Grace Howell		#5 Bridgewater (Va.	4:39.45	3/23

Women's High Jump

1	23	Katya HOOVER	JR	#4 Shenandoah	1.65m	5-5	4/6
2	29	Camille GILLUM	SO	#2 Washington and	1.63m	5-4¼	3/16
3	52	Kaitlyn NGUYEN	SR	#3 Roanoke	1.60m	5-3	3/30
3	52	Kaia BEDDOWS	FR	#2 Washington and	{2} 1.60m	5-3	4/20
5	84	Rebecca CARR	FR	#3 Roanoke	{2} 1.58m	5-2¼	3/16
6		Ray Ray TAYLOR	SR	#7 Eastern Mennon	1.55m	5-1	3/30
6		Norah CIANO	JR	#6 Virginia Wesleya	1.55m	5-1	3/23
8		Summer WALLACE	FR	#5 Bridgewater (Va.	1.54m	5-½	4/13
9		Natalie MOORE	SO	#10 Guilford	1.50m	4-11	4/6
10		Margo FOX	SO	#1 Lynchburg	1.45m	4-9	3/23

Women's Pole Vault

1	19	Ashley D'AMBROSIA	JR	#2 Washington and	3.70m	12-1½	4/20
2	26	Allison BOBST	SR	#1 Lynchburg	3.65m	11-11¾	3/30
3	100	Anna STAFFORD	SO	#3 Roanoke	3.30m	10-9¾	4/13
3	100	Cameron WEBER	FR	#1 Lynchburg	{2} 3.30m	10-9¾	4/13
5		Alyssa TONETTI	FR	#1 Lynchburg	{3} 3.20m	10-6	3/30
6		Tasha MILLER	SO	#3 Roanoke	{2} 3.15m	10-4	4/13
7		Abby CHOLEWA	FR	#2 Washington and	{2} 3.11m	10-2½	4/13
8		Sofia IUTERI	FR	#2 Washington and	{3} 2.80m	9-2¼	4/20
9		Kailee FRANKLIN	SR	#7 Eastern Mennon	2.70m	8-10¼	4/13



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Women's Long Jump

1	14	Ray Ray TAYLOR	SR	#7 Eastern Mennonite	5.65m	18-6½ (0.4)	3/22
2	62	Olivia VIERS	FR	#3 Roanoke	5.39m	17-8¼ (0.8)	4/13
3	66	Mahlia PARSONS	SR	#1 Lynchburg	5.36m	17-7 (0.5)	3/30
4	71	Kacey KELLY	SO	#1 Lynchburg	{2} 5.35m	17-6¾ (0.5)	3/23
5	83	Madelyn VENABLE	JR	#2 Washington and	5.33m	17-6 (0.3)	3/30
6		Kiara SMITH	JR	#1 Lynchburg	{3} 5.27m	17-3½ (0.7)	4/13
7		Kaia BEDDOWS	FR	#2 Washington and	{2} 5.23mw	17-2 (3.9)	4/20
8		Bella DEVRAJ	JR	#2 Washington and	{3} 5.22m	17-1½ (0.2)	3/30
9		Summer WALLACE	FR	#5 Bridgewater (Va.	5.19m	17-½ (0.7)	3/16
10		Faith SCHULTZ	FR	#7 Eastern Mennonite	{2} 5.15m	16-10¾ (0.4)	4/17

Women's Triple Jump

1	12	Kacey KELLY	SO	#1 Lynchburg	12.13m	39-9¾ (0.8)	4/12
2	13	Aniya SEWARD	JR	#1 Lynchburg	{2} 12.09m	39-8 (0.0)	4/12
3	21	Ayeshia WATSON	FR	#9 Hollins	11.71m	38-5 (2.0)	3/22
4	33	Ray Ray TAYLOR	SR	#7 Eastern Mennonite	11.53mw	37-10 (2.2)	4/17
5		Mahlia PARSONS	SR	#1 Lynchburg	{3} 10.95m	35-11¼ (0.2)	3/30
6		Kiara SMITH	JR	#1 Lynchburg	{4} 10.92m	35-10 (0.0)	4/13
7		Angel DAVID	FR	#7 Eastern Mennonite	{2} 10.90mw	35-9¼ (2.8)	4/13
7		Olivia BATES	SO	#5 Bridgewater (Va.	10.90m	35-9¼ (1.6)	4/6
9		Kendra SMITH	JR	#8 Randolph	10.81m	35-5¾ (0.4)	4/13
10		Mackenzie MORANTE	FR	#2 Washington and	10.65m	34-11¼ (0.0)	3/16

Women's Shot Put

1	27	Abby MIKOLAY	FR	#5 Bridgewater (Va.	13.13m	43-1	4/20
2	74	Grace FOWLER	SR	#3 Roanoke	12.37m	40-7	4/6
3		Ray Ray TAYLOR	SR	#7 Eastern Mennonite	12.00m	39-4½	4/13
4		Logan BABBS	JR	#1 Lynchburg	11.94m	39-2¼	3/16
5		Olivia BERTSON	SR	#2 Washington and	11.77m	38-7½	3/23
6		Kenzie SWICEGOOD	FR	#1 Lynchburg	{2} 11.73m	38-6	4/20
7		Kiara FELSTON	SR	#4 Shenandoah	11.31m	37-1¼	4/13
8		Bailey HEDGEMON	SO	#2 Washington and	{2} 11.16m	36-7½	3/23
9		Kiersten ALLING	FR	#8 Randolph	11.02m	36-2	4/20
10		Daryl TUCKER	SO	#6 Virginia Wesleyan	10.80m	35-5¼	3/23

Women's Discus

1	61	Abby MIKOLAY	FR	#5 Bridgewater (Va.	40.67m	133-5	4/20
2	68	Quinlin ZUNK	JR	#2 Washington and	40.18m	131-10	3/23
3		Logan BABBS	JR	#1 Lynchburg	37.49m	123-0	3/16
4		Nalonda HENDERSON	FR	#3 Roanoke	37.18m	122-0	4/13
5		Daryl TUCKER	SO	#6 Virginia Wesleyan	37.12m	121-10	4/6
6		Kenzie SWICEGOOD	FR	#1 Lynchburg	{2} 36.92m	121-2	4/20
7		Kiara FELSTON	SR	#4 Shenandoah	36.86m	120-11	3/16
8		Claudia DISBROW	SO	#3 Roanoke	{2} 36.22m	118-10	4/13
9		Abby MCGLOTHLIN	SO	#3 Roanoke	{3} 35.48m	116-5	4/20
10		Kiersten ALLING	FR	#8 Randolph	35.33m	115-11	4/20

Women's Hammer

1	32	Kiara FELSTON	SR	#4 Shenandoah	50.47m	165-7	4/13
2	58	Bailey HEDGEMON	SO	#2 Washington and	47.90m	157-2	3/23
3	79	Logan BABBS	JR	#1 Lynchburg	46.68m	153-2	3/30
4	97	Quinlin ZUNK	JR	#2 Washington and	{2} 45.53m	149-5	3/30
5		Jessica RENDFREY	JR	#4 Shenandoah	{2} 44.17m	144-11	4/13
6		Grace FOWLER	SR	#3 Roanoke	41.82m	137-3	4/13
7		Abby MIKOLAY	FR	#5 Bridgewater (Va.	41.27m	135-5	4/6
8		Brianna MORGAN	SO	#5 Bridgewater (Va.	{2} 41.04m	134-8	3/23
9		Daryl TUCKER	SO	#6 Virginia Wesleyan	40.39m	132-6	3/30
10		Sanaa BELTON	SO	#9 Hollins	40.23m	132-0	4/13
10		Olivia BERTSON	SR	#2 Washington and	{3} 40.23m	132-0	4/13

Women's Javelin

1	26	Katya HOOVER	JR	#4 Shenandoah	39.26m	128-10	3/16
2	50	Ray Ray TAYLOR	SR	#7 Eastern Mennonite	37.90m	124-4	3/23
3	74	Carlota GONZALEZ	FR	#11 Averett	36.91m	121-1	4/20
4		Kacey KELLY	SO	#1 Lynchburg	33.64m	110-5	3/30
5		Claudia DISBROW	SO	#3 Roanoke	31.67m	103-11	4/13
6		Kate LANDIS	SR	#7 Eastern Mennonite	{2} 31.47m	103-3	3/23
7		Mya RIVERA	FR	#10 Guilford	30.68m	100-8	3/22
8		Norah CIANO	JR	#6 Virginia Wesleyan	29.21m	95-10	3/30
9		Darria HUNTER	FR	#1 Lynchburg	{2} 28.93m	94-11	4/13
10		Abby MCGLOTHLIN	SO	#3 Roanoke	{2} 28.37m	93-1	3/23

Women's Heptathlon

1	7	Ray Ray TAYLOR	SR	#7 Eastern Mennonite	4,653	4/13
2		Jessica TAYLOR	FR	#8 Randolph	2,767	3/15



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Women's 100 Meters

1	65	Jessica FATIGATI	SR	#2 Westminster (Pa)	12.32w	(2.2)	4/6
2		Emma RUDOLPH	SR	#2 Westminster (Pa){2}	12.47	(-0.3)	4/11
3		Jenna ZENDRON	FR	#2 Westminster (Pa){3}	12.74	(1.6)	4/6
4		Zoe ROMANOWSKI	SR	#1 Allegheny (Pa.)	12.92	(-0.7)	4/14
5		Madison CONLEY	SR	#2 Westminster (Pa){4}	13.09	(-1.4)	3/16
5		Carolyn COLTERYAHN	JR	#3 Grove City	13.09w	(2.1)	4/13
7		Audrey CHAPMAN	FR	#4 Washington & Je	13.13w	(2.1)	4/13
7		Saige MUSSER	JR	#5 Geneva	13.13w	(2.6)	4/19
9		Caroline KOZERA	FR	#7 Saint Vincent	13.31w	(2.4)	3/23
10		Aubryanna SNYDER	FR	#1 Allegheny (Pa.) {2}	13.34w	(3.6)	3/23

Women's 100 Meter Hurdles

1	64	Sarah SCHNEIDER	SO	#4 Washington & Je	15.10w	(2.3)	4/6
2	67	Breannnda DAVIS	SR	#2 Westminster (Pa)	15.14w	(2.5)	4/13
3	99	Jadyn HARTNER	SR	#4 Washington & Je{2}	15.38w	(2.7)	4/20
4		Anna STROUP	SR	#4 Washington & Je{3}	15.76w	(2.7)	4/20
5		Rosa MONARCH	FR	#1 Allegheny (Pa.)	16.60	(1.1)	4/13
6		Caroline KOZERA	FR	#7 Saint Vincent	16.61	(0.9)	3/23
7		Aurielle BRUNNER	JR	#6 Chatham	16.79	(1.7)	4/12
8		Tamyah RAY	SO	#2 Westminster (Pa){2}	17.33	(1.1)	4/13
9		Ryann ESSEY	SO	#2 Westminster (Pa){3}	17.35	(1.2)	3/16
10		Paige COTTON	SR	#3 Grove City	17.37	(0.9)	3/23

Women's 200 Meters

1	65	Aurielle BRUNNER	JR	#6 Chatham	25.29w	(2.8)	4/6
2	88	Jessica FATIGATI	SR	#2 Westminster (Pa)	25.47w	(3.3)	4/13
3		Emma RUDOLPH	SR	#2 Westminster (Pa){2}	25.69	(0.8)	4/11
4		Jenna ZENDRON	FR	#2 Westminster (Pa){3}	26.83	(1.8)	4/6
5		Zoe ROMANOWSKI	SR	#1 Allegheny (Pa.)	27.03	(-1.4)	3/30
6		Audrey CHAPMAN	FR	#4 Washington & Je	27.10w	(2.1)	4/13
7		Ella RISHILL	FR	#8 Waynesburg	27.21	(1.8)	4/6
8		Saige MUSSER	JR	#5 Geneva	27.27w	(2.2)	4/19
9		Miranda GUTHRIE	SR	#7 Saint Vincent	27.36	(0.0)	3/16
10		Caroline KOZERA	FR	#7 Saint Vincent {2}	27.41	(0.0)	3/16

Women's 400 Meters

1		Zoe ROMANOWSKI	SR	#1 Allegheny (Pa.)	1:00.22		3/30
2		Jenna ZENDRON	FR	#2 Westminster (Pa)	1:01.20		3/30
3		Logan WAGNER	SO	#1 Allegheny (Pa.) {2}	1:01.45		3/30
4		Renee TETLOW	SO	#1 Allegheny (Pa.) {3}	1:01.59		4/14
5		Lydia BENNETT	JR	#3 Grove City	1:02.24		4/13
6		Rebecca BOLSTER	SO	#9 Franciscan	1:02.69		4/20
7		Abigail PAINTER	SO	#2 Westminster (Pa){2}	1:02.72		4/6
8		Miranda GUTHRIE	SR	#7 Saint Vincent	1:02.76		3/16
9		Cayla LAWRENCE	FR	#3 Grove City {2}	1:03.05		3/23
10		Caitlyn GOODRICH	SR	#2 Westminster (Pa){3}	1:03.10		3/16

Women's 400 Meter Hurdles

1	23	Jadyn HARTNER	SR	#4 Washington & Je	1:03.97		4/20
2	67	Breannnda DAVIS	SR	#2 Westminster (Pa)	1:06.00		4/6
3	94	Sarah SCHNEIDER	SO	#4 Washington & Je{2}	1:07.00		3/16
4	97	Renee TETLOW	SO	#1 Allegheny (Pa.)	1:07.23		4/13
5		Piper YOUNG	FR	#6 Chatham	1:12.29		4/19
6		Ryann ESSEY	SO	#2 Westminster (Pa){2}	1:14.07		4/6
7		Logan WAGNER	SO	#1 Allegheny (Pa.) {2}	1:14.23		4/13
8		Bonnie PITTMAN	FR	#3 Grove City	1:14.98		3/16
9		Hannah COSTA	FR	#3 Grove City {2}	1:16.47		4/6
10		Skye KRAMER	FR	#1 Allegheny (Pa.) {3}	1:17.31		4/13

Women's 800 Meters

1	60	Miranda CINCOTTA	SO	#7 Saint Vincent	2:16.26		4/14
2	75	Hailey CARROLL	SO	#5 Geneva	2:16.91		3/16
3	85	Celia COCCA	JR	#1 Allegheny (Pa.)	2:17.53		4/14
4	94	Lauren DOSCH	FR	#9 Franciscan	2:17.80		4/20
5		Lydia BENNETT	JR	#3 Grove City	2:21.83		4/6
6		Jessica CAMPBELL	JR	#9 Franciscan {2}	2:23.03		4/6
7		Grace SMITH	JR	#3 Grove City {2}	2:24.02		3/23
8		Cassie CARR	SR	#4 Washington & Je	2:24.51		4/14
9		Renee TETLOW	SO	#1 Allegheny (Pa.) {2}	2:24.59		3/30
10		Aurielle BRUNNER	JR	#6 Chatham	2:24.66		4/12

Women's 1500 Meters

1		Hailey CARROLL	SO	#5 Geneva	4:46.59		4/19
2		Miranda CINCOTTA	SO	#7 Saint Vincent	4:48.49		3/16
3		Lydia BENNETT	JR	#3 Grove City	4:49.96		4/13
4		Nelly STAFFORD	JR	#1 Allegheny (Pa.)	4:51.39		3/30
5		Grace SMITH	JR	#3 Grove City {2}	4:51.96		4/13
6		Claire ANDERSON	SO	#4 Washington & Je	4:52.15		4/14
7		Lauren DOSCH	FR	#9 Franciscan	4:52.95		4/13
8		Jessica CAMPBELL	JR	#9 Franciscan {2}	4:53.97		4/20
9		Cayla LAWRENCE	FR	#3 Grove City {3}	4:56.57		4/13
10		Maria GILLES	SO	#4 Washington & Je{2}	4:56.68		4/20

Women's Steeplechase

1	38	Marrin CRIST	JR	#1 Allegheny (Pa.)	11:20.59		4/14
2		Ella LYLE	JR	#3 Grove City	11:48.13		4/13
3		Virginia WILLIAMS	JR	#3 Grove City {2}	12:04.01		4/6
4		Genevieve FELTMEYER	SR	#1 Allegheny (Pa.) {2}	12:07.93		4/13
5		Jessica CAMPBELL	JR	#9 Franciscan	12:18.79		4/13
6		Catherine O'DONNELL	SR	#5 Geneva	12:22.11		4/13
7		Genevieve RUTH	FR	#4 Washington & Je	12:44.22		4/6
8		Monica CURTIS	SO	#2 Westminster (Pa)	12:50.11		4/13
9		Reagan PETTIS	SO	#8 Waynesburg	12:50.40		4/13
10		Abigail GEHMAN	JR	#3 Grove City {3}	13:43.77		4/6



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Women's 5000 Meters

1	Claire ANDERSON	SO	#4 Washington & Je	17:47.05	3/23
2	Carmen MEDVIT	SO	#5 Geneva	17:49.24	4/14
3	Marrin CRIST	JR	#1 Allegheny (Pa.)	18:14.89	3/30
4	Nelly STAFFORD	JR	#1 Allegheny (Pa.) {2}	18:37.83	3/23
5	Virginia WILLIAMS	JR	#3 Grove City	18:40.41	4/13
6	Lydia BENNETT	JR	#3 Grove City {2}	18:57.24	3/16
7	Grace SMITH	JR	#3 Grove City {3}	18:57.82	3/16
8	Kristen PRINCE	SO	#7 Saint Vincent	19:10.81	3/23
9	Maria GILLES	SO	#4 Washington & Je {2}	19:23.75	3/30
10	Julia BAUER	JR	#3 Grove City {4}	19:23.91	3/16

Women's 10,000 Meters

1	Grace REID-VENSEL	FR	#4 Washington & Je	40:06.88	3/30
2	Julia BAUER	JR	#3 Grove City	40:17.50	4/13
3	Kristen PRINCE	SO	#7 Saint Vincent	41:41.83	3/16
4	Grace TANKSLEY	SO	#8 Waynesburg	42:18.27	4/6
5	Gabrielle REIFSNYDER	SR	#8 Waynesburg {2}	42:18.47	4/6

Women's 4x100 Relay

1	57 Jessica Fatigati, Emma Rudolph, Madison Conley, Breannnda Davis		#2 Westminster (Pa)	48.92	3/16
2	Anna Stroup, Sarah Schneider, Audrey Chapman, Jadyn Hartner		#4 Washington & Je	51.45	4/13
3	Zoe Romanowski, Aubryanna Snyder, Skye Kramer, Clarisa Miller		#1 Allegheny (Pa.)	52.29	4/13
4	Carolyn Colteryahn, Paige Cotton, Elly Bruner, Rebecca Vezzosi		#3 Grove City	52.54	4/13
5	Aurielle Brunner, Anna Mack, Kendall Sirignano, Molly Standing		#6 Chatham	52.86	4/13
6	Emily Garvin, Rowan Dennis, Isabella Matsook, Favour Oladapo		#5 Geneva	53.27	4/13
7	Lucia Johnson, Caroline Kozera, Lauren Kozera, Cadence Smith		#7 Saint Vincent	53.51	3/16

Women's 4x400 Relay

1	Aurielle Brunner, Kendall Sirignano, Molly Standing, Piper Young	#6 Chatham	4:11.82	4/13
2	Miranda Guthrie, Lily Murphy, Caroline Kozera, Miranda Cincotta	#7 Saint Vincent	4:12.22	3/16
3	Rebecca Bolster, Jessica Campbell, Lauren Dosch, Claire Walters	#9 Franciscan	4:12.79	4/13
4	Kaylynn Johnson, Grace Smith, Sydney Anderson, Lydia Bennett	#3 Grove City	4:15.76	4/6
5	Caitlyn Goodrich, Abigail Painter, Jenna Zendron, Breannnda Davis	#2 Westminster (Pa)	4:16.27	3/9
6	Brooklen Helton, Rachel Blessing, Isabella Matsook, Favour Oladapo	#5 Geneva	4:21.12	4/13
7	Celia Cocca, Sam Oakes, Oliver Schneider, Renee Tetlow	#1 Allegheny (Pa.)	4:25.73	4/6
8	Sarah Schneider, Maria Gilles, Anna Stroup, Jadyn Hartner	#4 Washington & Je	4:28.22	4/6
9	Ella Boothe, Samantha Kelly, Ella Rishell, Lilly Ryer	#8 Waynesburg	4:47.79	3/16

Women's High Jump

1	8 Breannnda DAVIS	SR	#2 Westminster (Pa)	1.69m	5-6½	4/13
2	29 Aurielle BRUNNER	JR	#6 Chatham	1.63m	5-4¼	4/12
3	52 Katie BALLER	SR	#3 Grove City	1.60m	5-3	4/13
4	Elly BRUNER	FR	#3 Grove City {2}	1.55m	5-1	4/13
5	Daphne ALEXANDER	FR	#5 Geneva	1.53m	5-¼	3/9
6	Kendall CODDINGTON	FR	#3 Grove City {3}	1.48m	4-10¼	3/16
7	Jadyn HARTNER	SR	#4 Washington & Je	1.47m	4-9¾	3/30
8	Delfina VIVIAN	JR	#10 Bethany (W.Va.)	1.45m	4-9	4/13
9	Sha'nia STIERS- ROYAL	SR	#11 Thiel	1.43m	4-8¼	3/16
9	Maeve HANLEY	FR	#8 Waynesburg	1.43m	4-8¼	3/16



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Women's Pole Vault

1	6	Emma RUDOLPH	SR	#2 Westminster (Pa)	3.85m	12-7½	4/6
2	17	Madison CONLEY	SR	#2 Westminster (Pa){2}	3.75m	12-3½	4/6
3	69	Missy TREHARN	SO	#2 Westminster (Pa){3}	3.40m	11-1¾	3/16
4	81	Corinne INKLEY	FR	#1 Allegheny (Pa.)	3.35m	10-11¾	3/30
5		Kimbria LANCE	SR	#9 Franciscan	3.01m	9-10½	4/19
6		Kara YAUKEY	FR	#8 Waynesburg	2.80m	9-2¼	3/16
7		Jessica ROSS	FR	#6 Chatham	2.75m	9-¼	3/23
8		Amanda MCGURK	FR	#3 Grove City	2.73m	8-11½	4/13
9		Aliyah HILLMAN	JR	#5 Geneva	2.60m	8-6¼	3/23
10		Carmella RYAN	FR	#2 Westminster (Pa){4}	2.43m	7-11½	4/13

Women's Long Jump

1	28	Aurielle BRUNNER	JR	#6 Chatham	5.58m	18-3¾ (0.0)	4/6
2	60	Breannnda DAVIS	SR	#2 Westminster (Pa)	5.41m	17-9 (0.0)	4/13
3		Sarah SCHNEIDER	SO	#4 Washington & Je	5.24mw	17-2¼ (2.8)	4/13
4		Aubryanna SNYDER	FR	#1 Allegheny (Pa.)	5.02m	16-5¾ (0.8)	4/6
5		Alexis MCFADDEN	JR	#11 Thiel	4.98m	16-4¼ (0.0)	4/6
6		Madison DONELSON	FR	#10 Bethany (W.Va.)	4.94m	16-2½ (0.1)	4/19
7		Jadyn HARTNER	SR	#4 Washington & Je{2}	4.92m	16-1¾ (0.4)	4/6
7		Emma PARNELL	SO	#5 Geneva	4.92mw	16-1¾ (2.4)	4/13
9		Sha'nia STIERS-ROYAL	SR	#11 Thiel	{2} 4.89m	16-½ (0.7)	3/23
10		Corinne INKLEY	FR	#1 Allegheny (Pa.) {2}	4.79m	15-8¾ (1.4)	4/13

Women's Triple Jump

1	26	Aurielle BRUNNER	JR	#6 Chatham	11.63m	38-2 (0.5)	4/5
2		Breannnda DAVIS	SR	#2 Westminster (Pa)	10.83m	35-6½ (0.0)	4/13
3		Emma PARNELL	SO	#5 Geneva	10.71mw	35-1¾ (2.3)	3/9
4		Savannah SEVACKO	SR	#4 Washington & Je	10.61m	34-9¾ (0.2)	4/6
5		Aubryanna SNYDER	FR	#1 Allegheny (Pa.)	10.50mw	34-5½ (2.4)	4/13
6		Alexis MCFADDEN	JR	#11 Thiel	10.40m	34-1½ (0.0)	4/6
7		Aubree TACK	SO	#6 Chatham	{2} 9.84m	32-3½ (0.7)	4/19
8		Clarisa MILLER	SR	#1 Allegheny (Pa.) {2}	9.69mw	31-9½ (2.9)	4/13
9		Kaya SKINNER	SR	#2 Westminster (Pa){2}	9.68m	31-9¼ (1.6)	4/13
10		Kaelyn HARTMAN	FR	#5 Geneva	{2} 9.67mw	31-8¾ (3.7)	4/13

Women's Shot Put

1	45	Lexi SHIDERLY	JR	#2 Westminster (Pa)	12.81m	42-½	4/6
2	63	Laila DAVIS	JR	#1 Allegheny (Pa.)	12.54m	41-1¾	4/14
3	93	Shelby RAMBO	SO	#2 Westminster (Pa){2}	12.23m	40-1½	4/6
3	93	Emma MILLER	JR	#1 Allegheny (Pa.) {2}	12.23m	40-1½	4/13
5		Katie KOVALCHICK	FR	#4 Washington & Je	11.55m	37-10¾	3/30
6		Kayla JOHNSON	SO	#6 Chatham	11.35m	37-3	4/13
7		Megan WISE	SO	#3 Grove City	11.27m	36-11¾	3/16
8		Anna Rose SAYLES	SR	#3 Grove City	{2} 11.09m	36-4¾	3/23
9		Tessa WEAVER	SR	#11 Thiel	10.69m	35-1	3/23
10		Alexis MAHAFFEY	JR	#10 Bethany (W.Va.)	10.65m	34-11¼	4/19
10		Makenna PHILSON	SO	#10 Bethany (W.Va.)	10.65m	34-11¼	3/30

Women's Discus

1	31	Shelby RAMBO	SO	#2 Westminster (Pa)	42.74m	140-3	4/13
2	90	Brigid MACK	JR	#9 Franciscan	39.19m	128-7	4/20
3		Alexis MAHAFFEY	JR	#10 Bethany (W.Va.)	36.04m	118-3	3/16
4		Makenna PHILSON	SO	#10 Bethany (W.Va.) {2}	35.87m	117-8	4/13
5		Joy GUTHRIE	FR	#3 Grove City	34.94m	114-8	4/6
6		Jacqueline DIGIACOMO	SO	#1 Allegheny (Pa.)	34.46m	113-1	4/14
7		Lauryn GUILD	FR	#5 Geneva	34.22m	112-3	4/13
8		Kayla JOHNSON	SO	#6 Chatham	33.42m	109-8	4/6
9		Sarah YANNAYON	FR	#6 Chatham	{2} 32.82m	107-8	4/19
10		Danika SUDAR	JR	#3 Grove City	{2} 32.06m	105-2	4/6

Women's Hammer

1	25	Laila DAVIS	JR	#1 Allegheny (Pa.)	51.46m	168-10	4/20
2	89	Alexis MAHAFFEY	JR	#10 Bethany (W.Va.)	45.97m	150-10	4/19
3		Allison STANDISH	SO	#5 Geneva	42.93m	140-10	3/9
4		Emma MILLER	JR	#1 Allegheny (Pa.) {2}	39.86m	130-9	4/6
5		Danika SUDAR	JR	#3 Grove City	38.91m	127-8	4/6
6		Sarah YANNAYON	FR	#6 Chatham	34.20m	112-3	4/6
7		Jacqueline DIGIACOMO	SO	#1 Allegheny (Pa.) {3}	33.97m	111-6	4/6
8		Caitlyn FAUST	SR	#1 Allegheny (Pa.) {4}	31.21m	102-5	3/23
9		Emma JACKMAN	SR	#5 Geneva	{2} 30.98m	101-8	4/6
10		Makenna PHILSON	SO	#10 Bethany (W.Va.) {2}	30.85m	101-3	3/23

Women's Javelin

1	23	Grace TICE	SR	#10 Bethany (W.Va.)	39.44m	129-5	4/13
2	47	Elizabeth LUBOLD	SO	#1 Allegheny (Pa.)	37.99m	124-8	4/20
3	53	Katie KOVALCHICK	FR	#4 Washington & Je	37.67m	123-7	4/19
4	56	Emily GARVIN	FR	#5 Geneva	37.61m	123-5	4/19
5	70	Isabelle ILIEV	SR	#11 Thiel	37.03m	121-6	3/23
6	72	Angie BAWEK	FR	#1 Allegheny (Pa.) {2}	36.92m	121-2	3/30
7		Natalie DOUBLE	FR	#8 Waynesburg	35.15m	115-4	3/30
8		Megan BARRY	JR	#8 Waynesburg	{2} 34.89m	114-6	3/16
9		Isabella MATSOOK	FR	#5 Geneva	{2} 32.18m	105-7	4/19
10		Shelby RAMBO	SO	#2 Westminster (Pa)	31.75m	104-2	4/13

Women's Heptathlon

1	10	Aurielle BRUNNER	JR	#6 Chatham	4,543		4/12
2	16	Breannnda DAVIS	SR	#2 Westminster (Pa)	4,426		3/30
3	60	Jadyn HARTNER	SR	#4 Washington & Je	3,700		3/30
4		Victoria LEAK	FR	#3 Grove City	3,014		4/12
5		Ryann ESSEY	SO	#2 Westminster (Pa){2}	2,868		3/30



Conference TFRI Event Summary



SAA

as of 4/23/2024 8:33:20 AM ET

Women's 100 Meters

1	21	Olivia FREEMAN	SO	#3 Rhodes	12.04	(1.7)	4/7
2	46	Madjo DOUMBIA	JR	#2 Centre	12.22w	(2.8)	3/30
3	52	Aubrey GUYDEN	SO	#4 Oglethorpe	12.25w	(2.7)	4/13
4		Chloe HEIN	FR	#2 Centre	{2} 12.46w	(2.8)	3/30
5		Grace SCOWDEN	SR	#3 Rhodes	{2} 12.67	(1.4)	3/30
6		Kirsten WRIGHT	FR	#4 Oglethorpe	{2} 12.72	(-0.4)	4/13
7		Hannah BROWN	FR	#5 Millsaps	12.77	(-1.1)	3/2
8		Natalie BURKE	JR	#5 Millsaps	{2} 12.79w	(2.3)	4/6
9		Fiona SELDERS	FR	#5 Millsaps	{3} 12.85	(1.4)	4/6
9		Ashanti LASTRAPES	SO	#5 Millsaps	{3} 12.85	(2.0)	4/7

Women's 100 Meter Hurdles

1	63	Emily THOMPSON	SR	#1 Berry	15.09	(0.8)	3/2
2	94	Macy MURDOCK	SO	#1 Berry	{2} 15.33	(1.2)	4/13
3		Josie LOGGINS	SO	#1 Berry	{3} 16.12	(-0.2)	3/16
4		Megan WEILMUNSTER	JR	#3 Rhodes	16.26	(-0.2)	3/16
5		Callie GORMLEY	JR	#2 Centre	16.28w	(3.0)	3/30
6		Janea BOTTINELLI	JR	#2 Centre	{2} 16.70w	(3.0)	3/30
7		Esther LAMB	JR	#3 Rhodes	{2} 17.18	(1.5)	4/7
8		Joyner JIKANG	FR	#2 Centre	{3} 17.37	(0.0)	3/16
9		Jocelyn COVANEY	JR	#6 Univ. of the Sout	17.56	(2.0)	3/16
10		Shannen ALACK	FR	#3 Rhodes	{3} 18.17	(-0.3)	3/16

Women's 200 Meters

1	20	Madjo DOUMBIA	JR	#2 Centre	24.82	(1.9)	3/30
2	97	Chloe HEIN	FR	#2 Centre	{2} 25.55w	(2.3)	4/6
3		Emily THOMPSON	SR	#1 Berry	25.91	(1.3)	4/13
4		Macy MURDOCK	SO	#1 Berry	{2} 26.16	(1.8)	4/13
5		Aubrey GUYDEN	SO	#4 Oglethorpe	26.24	(-0.5)	3/16
6		Amari ROBINSON	FR	#2 Centre	{3} 26.69	(1.9)	3/30
7		Kirsten WRIGHT	FR	#4 Oglethorpe	{2} 26.74	(1.6)	3/16
8		Evan THOMAS	FR	#4 Oglethorpe	{3} 26.76	(1.8)	3/30
9		Natalie BURKE	JR	#5 Millsaps	26.78w	(2.5)	3/23
10		Ainsley WILSON	FR	#2 Centre	{4} 26.92	(1.9)	3/30

Women's 400 Meters

1	70	Thora PEARSON	SR	#3 Rhodes	58.28		3/23
2	99	Madjo DOUMBIA	JR	#2 Centre	58.69		3/16
3		Macy MURDOCK	SO	#1 Berry	59.10		3/16
4		Emily THOMPSON	SR	#1 Berry	{2} 59.15		3/16
5		Chloe HEIN	FR	#2 Centre	{2} 59.18		4/20
6		Ainsley WILSON	FR	#2 Centre	{3} 59.39		4/6
7		Olivia CLARKE	SR	#3 Rhodes	{2} 1:00.88		4/7
8		Janea BOTTINELLI	JR	#2 Centre	{4} 1:01.17		4/12
9		Evan THOMAS	FR	#4 Oglethorpe	1:01.23		4/13
10		Isabel FARNSWORTH	SR	#3 Rhodes	{3} 1:02.45		4/7

Women's 400 Meter Hurdles

1	12	Macy MURDOCK	SO	#1 Berry	1:03.15		3/29
2	46	Emily THOMPSON	SR	#1 Berry	{2} 1:05.24		3/2
3	58	Janea BOTTINELLI	JR	#2 Centre	1:05.55		4/6
4		Shannen ALACK	FR	#3 Rhodes	1:07.85		3/16
5		Megan WEILMUNSTER	JR	#3 Rhodes	{2} 1:07.94		3/2
6		Josie LOGGINS	SO	#1 Berry	{3} 1:08.16		3/16
7		Jocelyn COVANEY	JR	#6 Univ. of the Sout	1:09.95		4/20
8		Esther LAMB	JR	#3 Rhodes	{3} 1:11.05		4/7
9		Arden CAMPBELL	FR	#2 Centre	{2} 1:14.55		4/12
10		Page WELLS	FR	#6 Univ. of the Sout	{2} 1:18.31		4/20

Women's 800 Meters

1	60	Anna ROSE	JR	#1 Berry	2:16.26		4/13
2		Thora PEARSON	SR	#3 Rhodes	2:18.87		4/20
3		Adelyn SHUPERT	SO	#2 Centre	2:20.60		4/12
4		Anna CANTRELL	FR	#7 Hendrix	2:20.97		4/7
5		Asena ANDERSON	SR	#1 Berry	{2} 2:21.84		4/13
6		Erin HAUGH	JR	#2 Centre	{2} 2:23.26		3/30
7		Sophie BOULDIN	SO	#2 Centre	{3} 2:23.64		4/6
8		Emma MUSGRAVE	FR	#2 Centre	{4} 2:26.09		4/20
9		Ellie SPEARS	SO	#3 Rhodes	{2} 2:26.33		4/7
10		Emily THOMPSON	SR	#1 Berry	{3} 2:27.38		4/13

Women's 1500 Meters

1		Anna ROSE	JR	#1 Berry	4:44.96		4/13
2		Sophie BOULDIN	SO	#2 Centre	4:54.07		4/6
3		Adelyn SHUPERT	SO	#2 Centre	{2} 4:56.13		4/6
4		Olivia LAMBERT	FR	#1 Berry	{2} 4:58.64		4/13
5		Meghan OWENS	SR	#2 Centre	{3} 4:59.93		3/30
6		Asena ANDERSON	SR	#1 Berry	{3} 5:00.07		4/13
7		Anna CANTRELL	FR	#7 Hendrix	5:00.48		3/30
8		Virginia GWINN	FR	#1 Berry	{4} 5:00.92		3/23
9		Erin HAUGH	JR	#2 Centre	{4} 5:01.32		3/30
10		Gracie WEST	SO	#2 Centre	{5} 5:01.55		4/6

Women's Steeplechase

1	81	Britany ZIEMER	SR	#3 Rhodes	11:39.18		3/16
2		Erin HAUGH	JR	#2 Centre	11:57.71		4/12
3		Rachel GAYNOR	JR	#2 Centre	{2} 12:12.48		4/6
4		Samantha UDE	SO	#6 Univ. of the Sout	12:42.28		3/23
5		Riley IMBORNONE	FR	#3 Rhodes	{2} 12:47.12		3/16
6		Elina MALANCEA	SR	#4 Oglethorpe	12:59.76		3/30
7		Meredith WHITE	JR	#3 Rhodes	{3} 13:03.80		3/16
8		Jessie STRADER	SR	#2 Centre	{3} 13:08.50		4/12
9		Emma HENAGER	SO	#3 Rhodes	{4} 13:29.32		3/16



Conference TFRI Event Summary



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Women's 5000 Meters

1	74	Sophie BOULDIN	SO	#2 Centre	17:32.85	3/16
2		Meghan OWENS	SR	#2 Centre	{2} 17:49.50	3/16
3		Gracie WEST	SO	#2 Centre	{3} 17:52.44	4/12
4		Anna ROSE	JR	#1 Berry	18:16.94	3/16
5		Erin HAUGH	JR	#2 Centre	{4} 18:30.33	3/16
6		Anna AYERS	SO	#1 Berry	{2} 18:31.06	3/16
7		Cara TAYLOR	SO	#2 Centre	{5} 18:35.09	3/16
8		Olivia LAMBERT	FR	#1 Berry	{3} 18:43.62	3/16
9		Britany ZIEMER	SR	#3 Rhodes	18:59.71	3/29
10		Asena ANDERSON	SR	#1 Berry	{4} 19:02.03	4/6

Women's 10,000 Meters

1	20	Sophie BOULDIN	SO	#2 Centre	35:40.15	3/29
2		Anna ROSE	JR	#1 Berry	39:31.82	3/2
3		Ariel ELLIS	SO	#1 Berry	{2} 39:59.38	4/6
4		Olivia LAMBERT	FR	#1 Berry	{3} 40:23.75	3/2
5		Anna AYERS	SO	#1 Berry	{4} 41:09.55	3/2
6		Hastings GRAY	SR	#1 Berry	{5} 41:15.72	4/6
7		Emma LAMBERT	JR	#1 Berry	{6} 41:21.59	3/2
8		Leine BURKE	SO	#1 Berry	{7} 41:27.16	3/23
9		Isabella TEDESCO	JR	#1 Berry	{8} 41:40.77	3/23
10		Maddie RILEY	JR	#2 Centre	{2} 41:43.23	4/6

Women's 4x100 Relay

1	32	Amari Robinson, Jasmine Claunch, Chloe Hein, Madjo Doumbia	#2 Centre	48.31	4/6
2	58	Malia Melton, Kirsten Wright, Evan Thomas, Aubrey Guyden	#4 Oglethorpe	48.95	4/13
3	63	Thora Pearson, Grace Scowden, Megan Weilmuenster, Olivia Freeman	#3 Rhodes	49.07	4/7
4		Ashanti Lastrapes, Natalie Burke, Fiona Selders, Hannah Brown	#5 Millsaps	50.01	3/2
5		Marissa Green, Julia Shipes, Clark Kelly, Marianna Moell	#1 Berry	51.32	3/16
6		Shyla Williams, Mallory Jackson, Kya Gardner, Sydney Smith	#8 Birmingham-Sol	52.43	3/16
7		Maya Quick, Jocelyn Covaney, Wrenna Morris, Kylene Monaghan	#6 Univ. of the Sout	53.60	4/20

Women's 4x400 Relay

1	31	Janea Bottinelli, Chloe Hein, Ainsley Wilson, Madjo Doumbia	#2 Centre	3:58.67	3/30
2	73	Shannen Alack, Olivia Clarke, Isabel Farnsworth, Thora Pearson	#3 Rhodes	4:06.44	3/30
3		Aubrey Guyden, Hannah Rhodes, Hailey Wright, Evan Thomas	#4 Oglethorpe	4:18.54	3/30
4		Anna Rose, Leine Burke, Sydney Howard, Olivia Lambert	#1 Berry	4:23.04	3/16
5		#Type!	#6 Univ. of the Sout	4:24.06	4/13
6		Kya Gardner, Mallory Jackson, Sydney Smith, Ada Weems	#8 Birmingham-Sol	4:45.23	3/23
7		Fiona Selders, Tyler Hamby, Allyssa Hearn, Sarah Strickland	#5 Millsaps	4:45.81	4/7

Women's High Jump

1	23	Serena MCNEILLY	FR	#2 Centre	1.65m	5-5	4/20
2	36	Kris WILLIAMS	FR	#1 Berry	1.62m	5-3¾	4/13
3	49	Emily THOMPSON	SR	#1 Berry	{2} 1.61m	5-3¼	3/23
4	52	Kym YOUNG	JR	#3 Rhodes	1.60m	5-3	3/2
5	97	Madi DUKE	JR	#1 Berry	{3} 1.57m	5-1¾	4/13
6		Eleanor SCOTT	SO	#5 Millsaps	1.55m	5-1	4/7
7		Ember HUGHES	SO	#7 Hendrix	1.53m	5-¼	3/30
8		Julia SHIPES	FR	#1 Berry	{4} 1.52m	4-11¾	4/13
9		Hailey WRIGHT	SO	#4 Oglethorpe	1.50m	4-11	3/16
9		Shannen ALACK	FR	#3 Rhodes	{2} 1.50m	4-11	4/7
9		Claire ACKERMAN	FR	#2 Centre	{2} 1.50m	4-11	4/12

Women's Pole Vault

1	24	Kendra PAYNE	SR	#3 Rhodes	3.67m	12-½	3/2
2	47	Madeline HUBBERT	JR	#1 Berry	3.50m	11-5¾	4/13
3		Ella PINE	FR	#1 Berry	{2} 3.26m	10-8¼	3/2
4		Emilee EASLEY	FR	#1 Berry	{3} 3.08m	10-1¼	4/13
5		Wrenna MORRIS	FR	#6 Univ. of the Sout	2.90m	9-6¼	4/20
5		Sierra SCHMIDT	SO	#5 Millsaps	2.90m	9-6¼	4/6
5		Kylee CRAIG	JR	#3 Rhodes	{2} 2.90m	9-6¼	3/2
5		Maya IHLING	JR	#3 Rhodes	{2} 2.90m	9-6¼	3/2
9		Addie BLAKE	JR	#1 Berry	{4} 2.78m	9-1½	4/13
10		Mia PULLIAM	FR	#3 Rhodes	{4} 2.55m	8-4¼	4/7



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



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as of 4/23/2024 8:33:21 AM ET

Women's Long Jump

1	6	Chloe HEIN	FR	#2 Centre	5.79m	19-0 (2.3)	3/30
2	46	Jasmine CLAUNCH	SR	#2 Centre	{2} 5.47m	17-11½ (3.3)	4/12
3	78	Serena MCNEILLY	FR	#2 Centre	{3} 5.34m	17-6¼ (1.1)	4/20
4	88	Emily THOMPSON	SR	#1 Berry	5.32m	17-5½ (1.4)	4/13
5	95	Hailey WRIGHT	SO	#4 Oglethorpe	5.31m	17-5¼ (0.0)	4/13
6		Macy MURDOCK	SO	#1 Berry	{2} 5.27m	17-3½ (1.6)	4/13
7		Malia MELTON	SO	#4 Oglethorpe	{2} 5.15m	16-10¾ (-1)	4/6
8		Callie GORMLEY	JR	#2 Centre	{4} 5.06m	16-7¼ (0.5)	3/16
9		Julia SHIPES	FR	#1 Berry	{3} 5.04m	16-6½ (0.0)	4/13
10		Courtney JONES	JR	#1 Berry	{4} 5.03m	16-6 (0.0)	3/2

Women's Triple Jump

1	3	Jasmine CLAUNCH	SR	#2 Centre	12.38m	40-7½ (-0.9)	3/30
2	14	Serena MCNEILLY	FR	#2 Centre	{2} 12.00m	39-4½ (2.5)	3/30
3	30	Malia MELTON	SO	#4 Oglethorpe	11.58m	38-0 (-0.4)	3/15
4	42	Shelby SMITH	SR	#2 Centre	{3} 11.40m	37-5 (1.9)	3/30
5	59	Eleanor SCOTT	SO	#5 Millsaps	11.20m	36-9 (2.6)	4/7
6		Courtney JONES	JR	#1 Berry	10.91m	35-9½ (2.8)	4/13
7		Grace SCOWDEN	SR	#3 Rhodes	10.56m	34-7¾ (1.9)	3/16
8		Clark KELLY	SR	#1 Berry	{2} 10.47m	34-4¼ (1.9)	4/13
9		Natalie BURKE	JR	#5 Millsaps	{2} 10.28m	33-8¾ (0.2)	4/6
10		Kym YOUNG	JR	#3 Rhodes	{2} 10.04m	32-11¼ (1.5)	3/16

Women's Shot Put

1	20	Onoyeme EGURE	FR	#1 Berry	13.33m	43-8¾	3/2
2	58	Lauren FOUTCH	SR	#2 Centre	12.61m	41-4½	3/30
3	78	Alivia ALLEN	SR	#7 Hendrix	12.35m	40-6¼	3/16
4		Malysha WINSTON	SO	#1 Berry	{2} 11.88m	38-11¾	4/13
5		Avery JONES	SO	#1 Berry	{3} 11.52m	37-9½	3/16
6		Kym YOUNG	JR	#3 Rhodes	11.27m	36-11¾	3/30
7		Cydney WRIGHT	SO	#6 Univ. of the Sout	11.25m	36-11	4/20
8		Zoe CURTIS	JR	#3 Rhodes	{2} 11.09m	36-4¾	4/6
9		Lindsey BROWNING	SO	#2 Centre	{2} 10.77m	35-4	3/30
10		Emma BELLANTONI	SO	#1 Berry	{4} 10.74m	35-3	4/6

Women's Discus

1	36	Lauren FOUTCH	SR	#2 Centre	42.37m	139-0	4/12
2	57	Alivia ALLEN	SR	#7 Hendrix	40.83m	134-0	4/7
3		Lindsay JESSIE	FR	#2 Centre	{2} 37.76m	123-11	3/30
4		Sofia HENDERSON	FR	#1 Berry	37.53m	123-2	3/16
5		Kym YOUNG	JR	#3 Rhodes	35.85m	117-8	3/30
6		Zoe CURTIS	JR	#3 Rhodes	{2} 35.66m	117-0	4/7
7		Lindsey BROWNING	SO	#2 Centre	{3} 33.53m	110-0	4/6
8		Onoyeme EGURE	FR	#1 Berry	{2} 33.24m	109-1	3/2
9		Lula HAILEY	JR	#1 Berry	{3} 31.93m	104-9	3/16
10		Malysha WINSTON	SO	#1 Berry	{4} 31.75m	104-2	3/16

Women's Hammer

1	39	Malysha WINSTON	SO	#1 Berry	49.62m	162-10	3/23
2	44	Lauren FOUTCH	SR	#2 Centre	48.75m	159-11	3/30
3		Lindsey BROWNING	SO	#2 Centre	{2} 44.13m	144-10	4/12
4		Sadie PHILLIPS	SO	#1 Berry	{2} 44.07m	144-7	3/29
5		Sofia HENDERSON	FR	#1 Berry	{3} 41.77m	137-1	3/23
6		Alivia ALLEN	SR	#7 Hendrix	41.27m	135-5	3/30
7		Avery JONES	SO	#1 Berry	{4} 40.89m	134-2	4/13
8		Hadley WILLIAMS	FR	#1 Berry	{5} 40.03m	131-4	4/13
9		Kym YOUNG	JR	#3 Rhodes	39.44m	129-5	3/29
10		Zoe CURTIS	JR	#3 Rhodes	{2} 39.41m	129-4	4/6

Women's Javelin

1	46	Cailin DELEO	SR	#1 Berry	38.14m	125-2	3/29
2	67	Evan DUET	JR	#3 Rhodes	37.27m	122-4	4/7
3		Zoe CURTIS	JR	#3 Rhodes	{2} 35.27m	115-9	4/7
4		Ember HUGHES	SO	#7 Hendrix	35.26m	115-8	4/7
5		Sadie PHILLIPS	SO	#1 Berry	{2} 34.96m	114-9	3/2
6		Jordan FREDRICKSON	SR	#3 Rhodes	{3} 34.53m	113-4	4/7
7		Sydney SMITH	SO	#8 Birmingham-Sou	34.47m	113-1	3/30
8		Dayanara MENDEZ	SO	#2 Centre	31.80m	104-4	3/30
9		Callie GORMLEY	JR	#2 Centre	{2} 31.30m	102-8	3/30
10		Macy MURDOCK	SO	#1 Berry	{3} 30.82m	101-2	4/13

Women's Heptathlon

1	13	Emily THOMPSON	SR	#1 Berry	4,508		4/13
2	21	Macy MURDOCK	SO	#1 Berry	{2} 4,367		4/13



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Women's 100 Meters

1	73	Trinity MURDOCK	SR	#3	Texas Lutheran	12.34	(-0.2)	3/23
2	88	Ny'Cierra HINTON	JR	#5	St. Thomas (Tex)	12.39	(-0.2)	3/23
3		Trinity PROVOST	SO	#5	St. Thomas (Tex)	12.45w	(3.9)	3/9
4		Peyton WALTON	FR	#5	St. Thomas (Tex)	12.60w	(3.4)	4/6
5		Natalie GARCIA	SO	#3	Texas Lutheran	12.64w	(2.8)	4/13
6		Taylor NORRELL	JR	#3	Texas Lutheran	12.69w	(2.8)	4/13
7		Yasmin SUBAWALLA	SR	#2	Trinity (Texas)	12.73w	(3.7)	4/6
8		Leilani LOPEZ	JR	#3	Texas Lutheran	12.75w	(3.9)	4/13
9		Hayley HUCK	SR	#2	Trinity (Texas)	12.80	(1.4)	3/16
10		Danya SELBER	SR	#2	Trinity (Texas)	12.82w	(3.3)	4/13

Women's 100 Meter Hurdles

1	62	Peyton WALTON	FR	#5	St. Thomas (Tex)	15.08w	(2.1)	4/13
2	81	Taylor NORRELL	JR	#3	Texas Lutheran	15.24	(-0.9)	3/23
3	96	Danya SELBER	SR	#2	Trinity (Texas)	15.35w	(3.1)	4/6
4		Emma FOWKES	SR	#1	Colorado College	15.64w	(2.7)	4/19
5		Ciara CAVAZOS	JR	#3	Texas Lutheran	15.79	(-0.9)	3/23
6		Lily MCWHORTER	SO	#4	Southwestern (T)	16.39	(0.8)	3/3
7		Ciandra CARRICO	FR	#2	Trinity (Texas)	16.46	(0.8)	3/3
8		Jessie CHIELLA	JR	#4	Southwestern (T)	16.57	(-0.5)	3/23
9		Barbara DUNLAP	SO	#4	Southwestern (T)	17.22	(-0.5)	3/23
10		Lauren PENDERS	SO	#4	Southwestern (T)	17.57	(0.7)	4/13

Women's 200 Meters

1		Trinity PROVOST	SO	#5	St. Thomas (Tex)	25.57	(-0.3)	3/23
2		Tara SMOKER	JR	#1	Colorado College	25.86	(0.2)	4/8
3		Sophia DELGADO	JR	#5	St. Thomas (Tex)	25.92	(1.6)	4/20
4		CC GRAY	JR	#2	Trinity (Texas)	26.00	(1.4)	3/3
5		Ny'Cierra HINTON	JR	#5	St. Thomas (Tex)	26.13	(0.9)	3/23
6		Trinity MURDOCK	SR	#3	Texas Lutheran	26.31	(-0.2)	3/23
7		Makayla POWELL	SO	#5	St. Thomas (Tex)	26.38	(2.0)	4/20
7		Clara LIPPERT	SO	#1	Colorado College	26.38	(1.2)	4/19
9		Selest EDWARDS	FR	#5	St. Thomas (Tex)	26.44	(2.0)	3/3
10		Hayley HUCK	SR	#2	Trinity (Texas)	26.53	(0.9)	3/23

Women's 400 Meters

1	23	Tara SMOKER	JR	#1	Colorado College	56.88		4/19
2	34	CC GRAY	JR	#2	Trinity (Texas)	57.29		3/23
3		Arden NEFF	JR	#4	Southwestern (T)	59.10		4/6
4		Hayley HUCK	SR	#2	Trinity (Texas)	59.45		4/13
5		Ella FULLERTON	SO	#1	Colorado College	59.51c	(59.40A)	3/30
6		Clara LIPPERT	SO	#1	Colorado College	1:00.12		4/13
6		Christina STINSON	JR	#5	St. Thomas (Tex)	1:00.12		4/6
8		Makayla POWELL	SO	#5	St. Thomas (Tex)	1:00.31		4/6
9		Annette SMITH	FR	#2	Trinity (Texas)	1:00.36		3/23
10		Lilly BROUSSARD	SO	#2	Trinity (Texas)	1:00.51		4/13

Women's 400 Meter Hurdles

1	18	Arden NEFF	JR	#4	Southwestern (T)	1:03.60		4/13
2	72	Emma FOWKES	SR	#1	Colorado College	1:06.20		4/13
3	82	Sophia DELGADO	JR	#5	St. Thomas (Tex)	1:06.55		3/30
4	92	Makayla POWELL	SO	#5	St. Thomas (Tex)	1:06.96		3/30
5		Lily MCWHORTER	SO	#4	Southwestern (T)	1:07.85		4/13
6		Kamilah TANNER	SO	#3	Texas Lutheran	1:08.64		3/23
7		Hannah ZUGICH	FR	#1	Colorado College	1:09.79		4/8
8		Brinn RHODES	FR	#4	Southwestern (T)	1:11.63		4/13
9		Sage BARTLETT	SO	#3	Texas Lutheran	1:13.22		3/30
10		Alina MIRANDA	FR	#1	Colorado College	1:13.83		4/19

Women's 800 Meters

1	24	Ella FULLERTON	SO	#1	Colorado College	2:13.21		4/13
2	69	Gabriela LUES	FR	#1	Colorado College	2:16.74		4/13
3		Breanna STEELE	SO	#4	Southwestern (T)	2:18.16		4/13
4		Abby GOODFRIED	SO	#1	Colorado College	2:18.60		4/13
5		Annette SMITH	FR	#2	Trinity (Texas)	2:18.79		3/3
6		Allison BARKER	FR	#1	Colorado College	2:20.38		3/9
7		Isabel OLSON	JR	#1	Colorado College	2:20.66c	(2:21.41A)	3/30
8		Abby GOULAS	SO	#1	Colorado College	2:21.47c	(2:22.23A)	3/30
9		Kendall ACCETTA	SR	#1	Colorado College	2:21.69c	(2:22.45A)	3/16
10		Julia SNELLING	FR	#1	Colorado College	2:21.70		3/16

Women's 1500 Meters

1	52	Kendall ACCETTA	SR	#1	Colorado College	4:38.82c	(4:44.81A)	3/16
2	58	Isabel OLSON	JR	#1	Colorado College	4:39.92c	(4:45.94A)	3/30
3	60	Breanna STEELE	SO	#4	Southwestern (T)	4:40.06		4/13
4	98	Sydney RANKIN	JR	#1	Colorado College	4:43.26		4/13
5		Benisa ELLIS	JR	#1	Colorado College	4:45.54		4/8
6		Josette GURULE	SO	#2	Trinity (Texas)	4:46.94		4/13
7		Ella FULLERTON	SO	#1	Colorado College	4:47.71c	(4:53.89A)	3/16
8		Allison FORTMAN	FR	#2	Trinity (Texas)	4:48.11		3/23
9		Abby GOULAS	SO	#1	Colorado College	4:49.50		4/13
10		Rachel CHIELLA	JR	#4	Southwestern (T)	4:49.79		3/23

Women's Steeplechase

1	7	Kendall ACCETTA	SR	#1	Colorado College	10:45.83		3/29
2	23	Ellie CATRON	SR	#2	Trinity (Texas)	11:06.74		4/13
3	68	Julia SOLANO	SR	#1	Colorado College	11:36.64		4/13
4	73	Rachel CHIELLA	JR	#4	Southwestern (T)	11:37.51		4/13
5	99	Liz WHITE	SO	#1	Colorado College	11:43.61		4/13
6		Madison HABECK	SR	#2	Trinity (Texas)	11:49.79		3/30
7		Emilia WEINROBE	FR	#1	Colorado College	12:17.26		4/13
8		Cali GOOD	FR	#2	Trinity (Texas)	12:27.06		3/3
9		Alissa KENNEDY	JR	#3	Texas Lutheran	12:27.90		3/30
10		Ava COCCARO	FR	#1	Colorado College	12:29.22		4/13



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Women's 5000 Meters

1	23	Kendall ACCETTA	SR	#1 Colorado College	16:58.63	4/13
2	54	Alison MUELLER-HICKLER	SO	#1 Colorado College	17:22.59	4/13
3	82	Isabel OLSON	JR	#1 Colorado College	17:37.91	4/13
4		Elliot SINGER	JR	#1 Colorado College	17:51.73	3/9
5		Benisa ELLIS	JR	#1 Colorado College	18:06.11	4/19
6		Ava MAGINITY	FR	#1 Colorado College	18:09.99	4/19
7		Ellie CATRON	SR	#2 Trinity (Texas)	18:12.50	3/3
8		Brooktie FROGGE	SO	#1 Colorado College	18:17.33	3/9
9		Allison FORTMAN	FR	#2 Trinity (Texas)	18:18.20	3/3
10		Britt HELGAAS	JR	#1 Colorado College	18:19.95	3/9

Women's 10,000 Meters

1	23	Alison MUELLER-HICKLER	SO	#1 Colorado College	35:48.71	3/29
2	66	Elliot SINGER	JR	#1 Colorado College	37:22.99	3/29
3		Sophia SANCHEZ	SR	#5 St. Thomas (Texas)	40:50.38	3/23
4		Nicole CRAIGHEAD	SO	#1 Colorado College	40:58.66	4/13
5		Ellie LANSDOWN		#1 Colorado College	41:20.05	42:37.25A 3/16
6		Grace ETZEL	SO	#2 Trinity (Texas)	41:21.08	3/3
7		Jordan HOLLUB	FR	#4 Southwestern (Texas)	43:32.79	3/3
8		Cristina JARAMILLO	SO	#3 Texas Lutheran	47:13.12	3/3

Women's 4x100 Relay

1	38	Taylor Norrell, Natalie Garcia, Leilani Lopez, Trinity Murdock	#3 Texas Lutheran	48.51	4/13
2	47	Trinity Provost, Peyton Walton, Sophia Delgado, Ny'Cierra Hinton	#5 St. Thomas (Texas)	48.66	4/6
3	61	Yasmin Subawalla, CC Gray, Joy Areola, Hayley Huck	#2 Trinity (Texas)	49.04	3/30
4	87	Hannah George, Ashley Vil, Madeline Schemling, Tara Smoker	#1 Colorado College	49.78	4/19
5		Arden Neff, Katelin Pilarski, Charlotte Scannel, Dejahnae Thompson	#4 Southwestern (Texas)	50.15	3/3

Women's 4x400 Relay

1	35	Lilly Broussard, CC Gray, Annette Smith, Vanessa Garcia	#2 Trinity (Texas)	3:59.99	3/3
2	58	Emma Fowkes, Clara Lippert, Emma Jones, Ella Fullerton	#1 Colorado College	4:04.00c	4:03.56A 3/30
3	62	Makayla Powell, Selest Edwards, Sophia Delgado, Trinity Provost	#5 St. Thomas (Texas)	4:04.98	3/30
4	77	Brinn Rhodes, Breanna Steele, Dejahnae Thompson, Arden Neff	#4 Southwestern (Texas)	4:06.82	3/30
5	80	Lily Dawson, Natalie Garcia, Kathryn Kostelnik, Kamilah Tanner	#3 Texas Lutheran	4:07.43	3/3

Women's High Jump

1	52	Emma FOWKES	SR	#1 Colorado College	1.60m	5-3 3/30
1	52	April KWAN	SR	#1 Colorado College	1.60m	5-3 3/30
3		Josephine LOUIS	FR	#1 Colorado College	1.55m	5-1 3/16
4		Katelyn BROWN	SO	#3 Texas Lutheran	1.52m	4-11 3/4 3/3
5		Emma JONES	SO	#1 Colorado College	1.50m	4-11 3/30
5		Elana SUTTON	FR	#1 Colorado College	1.50m	4-11 4/8
7		Emilie MIRELES	FR	#2 Trinity (Texas)	1.45m	4-9 4/13
8		Hallie MARTIN	SO	#2 Trinity (Texas)	1.42m	4-7 3/4 3/3
8		Joy AREOLA	JR	#2 Trinity (Texas)	1.42m	4-7 3/4 3/3
10		Brenna IANNELLI	SR	#3 Texas Lutheran	1.40m	4-7 3/23

Women's Pole Vault

1	81	Ashlynn RECKNAGEL	SO	#3 Texas Lutheran	3.35m	10-11 3/4 3/23
2		Maddy WIETSTRUCK	JR	#2 Trinity (Texas)	3.20m	10-6 3/23
2		Kaelin LEISHMAN	SO	#2 Trinity (Texas)	3.20m	10-6 3/3
2		Leandra MOTELET	SO	#4 Southwestern (Texas)	3.20m	10-6 3/3
5		Victoria BAKER	FR	#2 Trinity (Texas)	3.15m	10-4 4/13
6		Josephine LOUIS	FR	#1 Colorado College	3.10m	10-2 3/9
7		Lily DAWSON	SR	#3 Texas Lutheran	3.05m	10-0 3/3
8		Asha SONI	SO	#1 Colorado College	2.35m	7-8 1/2 3/9

Women's Long Jump

1	20	Joy AREOLA	JR	#2 Trinity (Texas)	5.60m	18-4 1/2 (1.3) 3/23
2		Clara LIPPERT	SO	#1 Colorado College	5.07mw	16-7 3/4 (3.3) 4/19
3		Giana HILLIARD	FR	#6 Schreiner	4.98m	16-4 1/4 (1.0) 3/23
4		Briley ROTHER	FR	#3 Texas Lutheran	4.96mw	16-3 1/4 (2.4) 3/9
5		Maddy WIETSTRUCK	JR	#2 Trinity (Texas)	4.90m	16-1 (0.5) 3/3
6		Emilie MIRELES	FR	#2 Trinity (Texas)	4.83mw	15-10 1/4 (3.3) 4/13
7		Brittany LEE	SO	#3 Texas Lutheran	4.76m	15-7 1/2 (0.8) 3/3
8		April KWAN	SR	#1 Colorado College	4.74m	15-6 3/4 (1.6) 3/30
8		Jessie CHIELLA	JR	#4 Southwestern (Texas)	4.74m	15-6 3/4 (1.4) 3/3
10		Peyton MOORE	FR	#4 Southwestern (Texas)	4.60m	15-1 1/4 (1.3) 3/3
10		Destini MATHERSON	SO	#3 Texas Lutheran	4.60mw	15-1 1/4 (2.7) 4/13



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Women's Triple Jump

1	6	Joy AREOLA	JR	#2 Trinity (Texas)	12.20m	40-1/2 (0.0)	3/22
2		Maddy WIETSTRUCK	JR	#2 Trinity (Texas) {2}	10.70m	35-1 1/4 (1.0)	3/3
3		Ciandra CARRICO	FR	#2 Trinity (Texas) {3}	10.48m	34-4 3/4 (0.2)	3/23
4		Emilie MIRELES	FR	#2 Trinity (Texas) {4}	10.35mw	33-11 1/2 (3.6)	4/6
5		Jessie CHIELLA	JR	#4 Southwestern (T	10.01m	32-10 1/4 (0.0)	3/23
6		Kamilah TANNER	SO	#3 Texas Lutheran	9.99mw	32-9 1/2 (4.0)	4/13
7		Daviyanna JONES	FR	#3 Texas Lutheran {2}	9.88mw	32-5 (2.9)	4/13
8		Emma JONES	SO	#1 Colorado Colleg	9.66m	31-8 1/2 (-2.6)	4/19
9		Katelyn BROWN	SO	#3 Texas Lutheran {3}	9.64m	31-7 1/2 (0.3)	3/23
10		Myla WOLF	FR	#4 Southwestern (T{2}	9.53m	31-3 1/4 (0.0)	3/23

Women's Shot Put

1	81	Deserae CHARLES	FR	#3 Texas Lutheran	12.31m	40-4 3/4	4/13
2		Erin CAPELL	JR	#1 Colorado Colleg	11.90mA	39-1/2	4/5
3		Julissa RODRIGUEZ	JR	#3 Texas Lutheran {2}	11.79m	38-8 1/4	4/13
4		Shauntezz THOMAS	JR	#6 Schreiner	11.34m	37-2 1/2	3/23
4		Emagen STYRA	SO	#3 Texas Lutheran {3}	11.34m	37-2 1/2	3/23
6		Kate BALLENGEE	JR	#2 Trinity (Texas)	11.09m	36-4 3/4	3/23
7		Rachel BELL	FR	#2 Trinity (Texas) {2}	10.77m	35-4	4/13
8		Kirsten SMITH	SO	#3 Texas Lutheran {4}	10.62m	34-10 1/4	3/23
9		Madison MALONE	FR	#3 Texas Lutheran {5}	10.39m	34-1 1/4	3/23
10		Kaila HAMILTON	SO	#4 Southwestern (T	10.29m	33-9 1/4	4/6

Women's Discus

1		Rachel BELL	FR	#2 Trinity (Texas)	38.55m	126-6	3/23
2		Erin CAPELL	JR	#1 Colorado Colleg	37.37m	122-7	4/13
3		Madison WRIGHT	FR	#3 Texas Lutheran	37.12m	121-10	4/13
4		Julissa RODRIGUEZ	JR	#3 Texas Lutheran {2}	36.96m	121-3	3/30
5		Madison MALONE	FR	#3 Texas Lutheran {3}	36.79m	120-9	3/23
6		Kirsten SMITH	SO	#3 Texas Lutheran {4}	36.75m	120-7	4/13
7		Kate BALLENGEE	JR	#2 Trinity (Texas) {2}	34.67m	113-9	4/6
8		Maria BODDEN	FR	#2 Trinity (Texas) {3}	34.60m	113-6	4/13
9		Kaila HAMILTON	SO	#4 Southwestern (T	33.66m	110-5	4/13
10		Emagen STYRA	SO	#3 Texas Lutheran {5}	32.21m	105-8	3/23

Women's Hammer

1		Julissa RODRIGUEZ	JR	#3 Texas Lutheran	45.45m	149-2	3/23
2		Kenna KUBENKA	SO	#3 Texas Lutheran {2}	43.22m	141-10	4/13
3		Rachel BELL	FR	#2 Trinity (Texas)	42.22m	138-6	3/23
4		Kate BALLENGEE	JR	#2 Trinity (Texas) {2}	40.57m	133-1	3/30
5		Kirsten SMITH	SO	#3 Texas Lutheran {3}	38.03m	124-9	4/13
6		Gizelle GUTIERREZ	SR	#3 Texas Lutheran {4}	37.28m	122-4	3/23
7		Sydney BRAUN	SO	#4 Southwestern (T	37.20m	122-1	3/23
8		Kaila HAMILTON	SO	#4 Southwestern (T{2}	36.22m	118-10	4/13
9		Caylin DAMRON	FR	#4 Southwestern (T{3}	35.47m	116-5	3/23
10		Taylor HUBBARD	SR	#4 Southwestern (T{4}	32.80m	107-8	2/17

Women's Javelin

1		Julissa RODRIGUEZ	JR	#3 Texas Lutheran	32.81m	107-8	3/30
2		Taylor HUBBARD	SR	#4 Southwestern (T	32.74m	107-5	4/13
3		Caylin DAMRON	FR	#4 Southwestern (T{2}	32.40m	106-4	2/17
4		Alexa MARTIN	SO	#3 Texas Lutheran {2}	31.49m	103-4	4/13
5		Emagen STYRA	SO	#3 Texas Lutheran {3}	30.66m	100-7	4/13
6		Madison WRIGHT	FR	#3 Texas Lutheran {4}	29.42m	96-6 1/4	4/13
7		Demi DURHAM	JR	#2 Trinity (Texas)	28.62m	93-10 3/4	4/6
8		Gizelle GUTIERREZ	SR	#3 Texas Lutheran {5}	28.38m	93-1 1/2	4/13
9		Kirsten SMITH	SO	#3 Texas Lutheran {6}	28.33m	92-11 1/2	4/13
10		Rachel BELL	FR	#2 Trinity (Texas) {2}	28.18m	92-5 1/2	4/13



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Women's 100 Meters

1	77	Katriona KIRKPATRICK	SO	#4 Pomona-Pitzer	12.36	(1.2)	4/6
1	77	Elizabeth HAWLEY	SO	#5 Occidental	12.36	(1.4)	4/13
3	84	Dawson BELL	SO	#7 La Verne	12.38	(1.2)	4/6
4		Kaylee SMITH	JR	#1 Chapman	12.45	(1.3)	2/24
4		Makenna LIZARDE	SO	#1 Chapman	12.45	(0.7)	3/9
6		Khyra STINER	JR	#1 Chapman {3}	12.46	(1.6)	4/11
7		Maigan ADAMS	JR	#3 Redlands (Calif.)	12.49	(1.4)	4/13
7		Ariana RAPHAEL	JR	#1 Chapman {4}	12.49	(1.6)	4/11
9		Josephine JETT	FR	#2 Claremont-Mudc	12.54	(1.5)	3/15
10		Zoe ZURASKY	JR	#1 Chapman {5}	12.56	(1.2)	4/6

Women's 100 Meter Hurdles

1	17	Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	14.47	(1.4)	4/13
2	34	Josephine JETT	FR	#2 Claremont-Mudc	14.81w	(3.3)	3/15
3	57	Kaitlyn ULALISA	FR	#4 Pomona-Pitzer	15.03w	(3.3)	3/15
4	64	Passion WASHINGTON	FR	#1 Chapman	15.10w	(3.2)	3/23
5		Khyra STINER	JR	#1 Chapman {2}	15.69w	(2.4)	4/11
6		Elisabeth EICHINGER	SO	#3 Redlands (Calif.) {2}	15.82w	(3.3)	3/15
7		Kayla KIM	FR	#1 Chapman {3}	15.83	(0.7)	4/11
8		Jazzlyn JOHNSON	SR	#7 La Verne	15.84	(-0.2)	4/6
9		Georgia ROGERS	FR	#2 Claremont-Mudc {2}	16.32	(0.6)	3/2
10		Adva SHILON	JR	#1 Chapman {4}	16.94	(-1.0)	4/13

Women's 200 Meters

1	48	Katriona KIRKPATRICK	SO	#4 Pomona-Pitzer	25.17w	(2.4)	3/15
2	50	Elizabeth HAWLEY	SO	#5 Occidental	25.20w	(2.3)	4/6
3	55	Allison KREMER	JR	#1 Chapman	25.23w	(2.3)	4/6
4	58	Kaylee SMITH	JR	#1 Chapman {2}	25.25	(0.5)	4/6
5	67	Makenna LIZARDE	SO	#1 Chapman {3}	25.30	(-0.7)	3/22
6	78	Sabrina SEMMERE	SO	#3 Redlands (Calif.)	25.36w	(2.4)	4/13
7		Francesca CANDELIERI	SO	#5 Occidental {2}	25.77w	(3.5)	4/13
8		Dawson BELL	SO	#7 La Verne	25.82	(-0.8)	4/13
9		Ariana RAPHAEL	JR	#1 Chapman {4}	25.89	(0.5)	2/24
10		Josephine JETT	FR	#2 Claremont-Mudc	25.96w	(2.4)	3/15

Women's 400 Meters

1	16	Elizabeth HAWLEY	SO	#5 Occidental	56.58		4/6
2	28	Kaylee SMITH	JR	#1 Chapman	56.99		4/6
3	46	Allison KREMER	JR	#1 Chapman {2}	57.57		4/6
4	68	Sarah CHARLES	FR	#1 Chapman {3}	58.11		2/24
5	73	Makenna LIZARDE	SO	#1 Chapman {4}	58.29		2/24
6		Sabrina SEMMERE	SO	#3 Redlands (Calif.)	58.86		4/6
7		Proud KITNITCHIVA	JR	#1 Chapman {5}	58.95		3/22
8		Francesca CANDELIERI	SO	#5 Occidental {2}	59.42		4/6
9		Olivia REICHLE	JR	#4 Pomona-Pitzer	1:00.43		4/6
10		Delphine WAY	FR	#5 Occidental {3}	1:00.44		4/13

Women's 400 Meter Hurdles

1	32	Proud KITNITCHIVA	JR	#1 Chapman	1:04.78		4/13
2	61	Shriya VELICHALA	SO	#2 Claremont-Mudc	1:05.84		4/13
3	75	Nicole PLAYER	JR	#4 Pomona-Pitzer	1:06.27		4/6
4		Kaitlyn ULALISA	FR	#4 Pomona-Pitzer {2}	1:07.51		4/6
5		Katarina MARIC	JR	#1 Chapman {2}	1:07.60		4/6
6		Kendrick DAHLIN	SO	#4 Pomona-Pitzer {3}	1:09.61		4/6
7		Kayla KIM	FR	#1 Chapman {3}	1:11.05		4/13
8		Olivia SCHLEIFER	JR	#2 Claremont-Mudc {2}	1:11.90		4/13
9		Fatima CERVANTES	JR	#6 Cal Lutheran	1:12.26		4/6
10		Jazzlyn JOHNSON	SR	#7 La Verne	1:15.35		4/6

Women's 800 Meters

1	22	Laura ZIMMER	SR	#2 Claremont-Mudc	2:12.81		2/17
2	25	Michaela JONES	SR	#4 Pomona-Pitzer	2:13.26		4/6
3	31	Natalie BITETTI	SR	#2 Claremont-Mudc {2}	2:14.02		4/6
4	39	Riley CAPUANO	SO	#2 Claremont-Mudc {3}	2:14.97		2/17
5		Sally GASKELL	FR	#2 Claremont-Mudc {4}	2:18.63		2/17
6		Delphine WAY	FR	#5 Occidental	2:19.82		4/6
7		Cece MATTESON	SR	#3 Redlands (Calif.)	2:21.61		3/9
8		Angela GUSHUE	JR	#2 Claremont-Mudc {5}	2:21.99		3/2
9		Sadie DRUCKER	FR	#2 Claremont-Mudc {6}	2:22.52		4/6
10		Annika CARLSON	SO	#1 Chapman	2:23.30		3/2

Women's 1500 Meters

1	3	Natalie BITETTI	SR	#2 Claremont-Mudc	4:26.59		4/6
2	5	Riley CAPUANO	SO	#2 Claremont-Mudc {2}	4:28.83		4/20
3	11	Laura ZIMMER	SR	#2 Claremont-Mudc {3}	4:31.34		3/22
4	67	Elle MARSYLA	SO	#2 Claremont-Mudc {4}	4:41.26		3/2
5	77	Sara WEXLER	SO	#2 Claremont-Mudc {5}	4:41.90		4/6
6	78	Angela GUSHUE	JR	#2 Claremont-Mudc {6}	4:41.96		4/6
7		Marissa HEHIR	FR	#7 La Verne	4:44.56		3/2
8		Sadie DRUCKER	FR	#2 Claremont-Mudc {7}	4:44.86		4/13
9		Megan COVER	SO	#5 Occidental	4:45.63		4/6
10		Mira TERDIMAN	JR	#4 Pomona-Pitzer	4:46.97		4/6

Women's Steeplechase

1	9	Ciara GILLEN	JR	#5 Occidental	10:47.35		4/13
2	13	Annika CARLSON	SO	#1 Chapman	10:50.96		3/22
3	49	Revere SCHMIDT	FR	#2 Claremont-Mudc	11:26.78		4/13
4	60	Hannah WEAVER	SR	#2 Claremont-Mudc {2}	11:34.99		4/13
5	63	Eve MAVY	SO	#3 Redlands (Calif.)	11:35.76		4/6
6		Jenna MILBRODT	SO	#2 Claremont-Mudc {3}	11:49.47		4/13
7		Fiona BODKIN	FR	#4 Pomona-Pitzer	11:56.58		4/13
8		Katy CHU	SR	#8 Caltech	12:06.55		4/13
9		Emily KENDRICK	SO	#2 Claremont-Mudc {4}	12:06.63		4/13
10		Olivia DEBOER	FR	#2 Claremont-Mudc {5}	12:10.05		4/6



Conference TFRI Event Summary



SCIAC

as of 4/23/2024 8:33:21 AM ET

Women's 5000 Meters

1	32	Natalie BITETTI	SR	#2 Claremont-Mudc	17:06.49	4/13
2	36	Elle MARSYLA	SO	#2 Claremont-Mudc{2}	17:09.22	4/13
3	73	Jenna LENAY	SO	#5 Occidental	17:32.62	3/9
4		Sara WEXLER	SO	#2 Claremont-Mudc{3}	17:43.45	4/13
5		Marissa HEHIR	FR	#7 La Verne	17:49.29	3/9
6		Virginia PISTILLI	SO	#8 Caltech	17:53.53	4/13
7		Fiona BODKIN	FR	#4 Pomona-Pitzer	18:04.35	4/13
8		Annika CARLSON	SO	#1 Chapman	18:11.76	4/6
9		Michaela JONES	SR	#4 Pomona-Pitzer {2}	18:12.63	3/9
10		Ciara GILLEN	JR	#5 Occidental {2}	18:13.47	3/9

Women's 10,000 Meters

1	22	Elle MARSYLA	SO	#2 Claremont-Mudc	35:48.29	3/22
2	37	Jenna LENAY	SO	#5 Occidental	36:24.12	4/13
3	63	Sara WEXLER	SO	#2 Claremont-Mudc{2}	37:10.48	3/22
4	84	Brenda DAZA	FR	#1 Chapman	38:10.28	3/9
5	93	Chloe CONNOLLY	JR	#4 Pomona-Pitzer	38:25.97	4/13
6		Sophia DALFONZO	JR	#8 Caltech	38:45.38	4/13
7		Alexandra EMERSON	JR	#4 Pomona-Pitzer {2}	39:09.37	4/13
8		Mariessa MCLAUGHLIN	FR	#3 Redlands (Calif.)	39:49.90	4/13
9		Sarah BENITEZ	JR	#3 Redlands (Calif.){2}	40:18.48	4/13
10		Ameya TELI	FR	#4 Pomona-Pitzer {3}	40:27.83	4/13

Women's 4x100 Relay

1	9	Khyra Stiner, Allison Kremer, Kaylee Smith, Makenna Lizarde	#1 Chapman	47.34	4/20
2	33	Isabel Yaffe, Francesca Candelieri, Emmamarie Watkins, Elizabeth Hawley	#5 Occidental	48.35	4/13
3	41	Maigan Adams, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#3 Redlands (Calif.)	48.52	4/13
4	45	Nicole Player, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	#4 Pomona-Pitzer	48.61	4/13
5		Jennyfer Hernandez Rosas, Crystal Rosales, Aisha Mohammed Joji, Carly Christensen	#6 Cal Lutheran	51.41	4/13
6		Jazzlyn Johnson, Dawson Bell, Eriell Duckworth, Emily Hernandez	#7 La Verne	51.66	4/13
7		Lauren Pryor, Ivy Brainard, Isha Goswami, Marie Choi-Schattle	#8 Caltech	53.30	4/13

Women's 4x400 Relay

1	8	Kaylee Smith, Proud Kitnitchiva, Makenna Lizarde, Allison Kremer	#1 Chapman	3:52.06	3/23
2	27	Katriona Kirkpatrick, Michaela Jones, Nicole Player, Olivia Reichle	#4 Pomona-Pitzer	3:57.24	4/6
3	37	Elisabeth Eichinger, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#3 Redlands (Calif.)	4:00.59	4/13
4	57	Tia Akasaki, Francesca Candelieri, Delphine Way, Elizabeth Hawley	#5 Occidental	4:03.74	3/2
5	89	Olivia Schleifer, Sally Gaskell, Laura Zimmer, Shriya Velichala	#2 Claremont-Mudc	4:09.04	2/24
6		Ivy Brainard, Isha Goswami, Sophia Elam, Marie Choi-Schattle	#8 Caltech	4:17.38	2/24
7		Jennyfer Hernandez Rosas, Crystal Rosales, Fatima Cervantes, Sarah Bjornson	#6 Cal Lutheran	4:18.23	4/13
8		Princess Macon, Alma Lopez, Kaliah Ramirez, Isabella Salinas	#7 La Verne	4:33.06	3/2

Women's High Jump

1	52	Adva SHILON	JR	#1 Chapman	1.60m	5-3	2/24
1	52	Sarah BJORNSON	SR	#6 Cal Lutheran	1.60m	5-3	2/2
3		Simone ROGERS	JR	#2 Claremont-Mudc	1.55m	5-1	3/15
3		Madison EATON	SO	#3 Redlands (Calif.)	1.55m	5-1	3/15
5		Georgia ROGERS	FR	#2 Claremont-Mudc{2}	1.52m	4-11 $\frac{3}{4}$	2/24
6		Natalia COSSIO	JR	#4 Pomona-Pitzer	1.50m	4-11	2/17
6		Rylee Kayla COCKETT	JR	#5 Occidental	1.50m	4-11	2/17
6		Eleanor BACHMEIER	SR	#3 Redlands (Calif.){2}	1.50m	4-11	4/13
9		Ella BOWERS	JR	#4 Pomona-Pitzer {2}	1.45m	4-9	2/17
9		Zoe ZURASKY	JR	#1 Chapman {2}	1.45m	4-9	4/6
9		Bella FUENTES	SO	#6 Cal Lutheran {2}	1.45m	4-9	3/2
9		Mai LINH WONG	SO	#5 Occidental {2}	1.45m	4-9	2/10
9		Fatima CERVANTES	JR	#6 Cal Lutheran {2}	1.45m	4-9	2/2



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



SCIAC

as of 4/23/2024 8:33:21 AM ET

Women's Pole Vault

1	28	Madeline SEIFERT	SO	#2 Claremont-Mudc	3.64m	11-11½	4/6
2	81	Adva SHILON	JR	#1 Chapman	3.35m	10-11¾	4/13
3		Isabelle AU	SO	#1 Chapman	{2}3.25m	10-8	2/9
4		Sarah BJORNSON	SR	#6 Cal Lutheran	3.15m	10-4	4/13
5		Sofie GARROU	FR	#1 Chapman	{3}3.10m	10-2	3/9
6		Devin SPREEMAN	SR	#7 La Verne	3.05m	10-0	2/24
6		Karis PALOMINO	JR	#5 Occidental	3.05m	10-0	3/15
6		Lily JAMES	SO	#3 Redlands (Calif.)	3.05m	10-0	3/15
9		Samantha DANIELS	SO	#1 Chapman	{4}2.95m	9-8	3/9
10		Morgan MCDONALD	FR	#4 Pomona-Pitzer	2.85m	9-4¼	4/13

Women's Long Jump

1	66	Maigan ADAMS	JR	#3 Redlands (Calif.)	5.36m	17-7 (0.1)	4/13
2		Felicia AKINDE	FR	#4 Pomona-Pitzer	5.25m	17-2¾ (0.1)	4/6
3		Christen WILEY	JR	#3 Redlands (Calif.)	{2}5.24m	17-2¼ (1.9)	4/6
4		Niani JONES	FR	#6 Cal Lutheran	5.18m	17-0 (1.5)	4/6
4		Elisabeth EICHINGER	SO	#3 Redlands (Calif.)	{3}5.18m	17-0 (-0.1)	4/5
6		Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	{4}5.16m	16-11¼ (1.4)	4/5
7		Briana MEREDITH	FR	#1 Chapman	5.05m	16-7 (0.9)	3/9
8		Ella BOWERS	JR	#4 Pomona-Pitzer	{2}5.01m	16-5¼ (0.2)	2/17
9		Amelia WEITZ	FR	#5 Occidental	4.99mw	16-4½ (3.5)	3/15
10		Nicole PLAYER	JR	#4 Pomona-Pitzer	{3}4.93m	16-2¼ (0.3)	2/17

Women's Triple Jump

1	19	Maigan ADAMS	JR	#3 Redlands (Calif.)	11.80m	38-8¾ (0.4)	4/13
2	54	Ella BOWERS	JR	#4 Pomona-Pitzer	11.22m	36-9¾ (0.0)	4/6
3		Nicole PLAYER	JR	#4 Pomona-Pitzer	{2}10.90m	35-9¼ (-0.4)	4/13
4		Niani JONES	FR	#6 Cal Lutheran	10.87m	35-8 (1.4)	3/23
5		Christen WILEY	JR	#3 Redlands (Calif.)	{2}10.71m	35-1¾ (1.5)	4/13
6		Briana MEREDITH	FR	#1 Chapman	10.64m	34-11 (0.0)	4/6
7		Lindsey GRAY	SO	#1 Chapman	{2}10.42m	34-2¼ (0.0)	4/13
8		Shaylee HERON	FR	#3 Redlands (Calif.)	{3}10.25m	33-7½ (1.4)	4/6
9		Emily DOLIDA	JR	#5 Occidental	10.19m	33-5¼ (1.6)	2/24
10		Felicia AKINDE	FR	#4 Pomona-Pitzer	{3}10.15mw	33-3¾ (2.5)	3/23
10		Nyli GREER	FR	#1 Chapman	{3}10.15m	33-3¾ (0.0)	4/6

Women's Shot Put

1	48	Timony SHERRY	SR	#3 Redlands (Calif.)	12.76m	41-10½	3/15
2		Caeli HAVEL	SR	#3 Redlands (Calif.)	{2}11.26m	36-11½	4/13
3		Jadyn AYALA	SO	#1 Chapman	11.19m	36-8½	2/24
4		Eleanor CHAMPLIN-WILSON	FR	#2 Claremont-Mudc	11.18m	36-8¼	2/17
4		Gabriella KNUTSEN	JR	#5 Occidental	11.18m	36-8¼	4/6
6		Katelyn SEWELL	FR	#2 Claremont-Mudc	{2}11.00m	36-1¼	3/22
7		Megan ROBERTSON	SR	#8 Caltech	10.73m	35-2½	2/24
8		Vania MOKONCHU	FR	#2 Claremont-Mudc	{3}10.68m	35-½	2/24
9		Elisabeth EICHINGER	SO	#3 Redlands (Calif.)	{3}10.59m	34-9	4/13
10		Lauren EDMOND	FR	#3 Redlands (Calif.)	{4}10.49m	34-5	4/13

Women's Discus

1	49	Noelle CHAVEZ	SR	#3 Redlands (Calif.)	41.50m	136-2	3/2
2	53	Katelyn SEWELL	FR	#2 Claremont-Mudc	41.30m	135-6	4/13
3	96	Caeli HAVEL	SR	#3 Redlands (Calif.)	{2}38.97m	127-10	4/13
4		Megan ROBERTSON	SR	#8 Caltech	38.08m	124-11	2/17
5		Leslie SERNAQUE FALCON	SR	#3 Redlands (Calif.)	{3}37.49m	123-0	4/13
6		Cheyenne RODRIGUEZ	SO	#6 Cal Lutheran	34.60m	113-6	3/23
7		Jadyn AYALA	SO	#1 Chapman	33.84m	111-0	4/6
7		Gabriella KNUTSEN	JR	#5 Occidental	33.84m	111-0	3/15
9		Chelsea GROVES	JR	#5 Occidental	{2}32.96m	108-2	4/13
10		Natalia WILLIAMS	JR	#9 Whittier	32.82m	107-8	2/24

Women's Hammer

1	59	Antonia HEKSTER	JR	#2 Claremont-Mudc	47.65m	156-4	2/17
2	84	Leslie SERNAQUE FALCON	SR	#3 Redlands (Calif.)	46.29m	151-11	3/15
3		Megan ROBERTSON	SR	#8 Caltech	43.82m	143-9	2/24
4		Cheyenne RODRIGUEZ	SO	#6 Cal Lutheran	42.35m	139-0	4/13
5		Emily HU	JR	#8 Caltech	{2}42.07m	138-0	4/6
6		Jadyn AYALA	SO	#1 Chapman	41.68m	136-9	4/13
7		Ashley GRANGER	SO	#1 Chapman	{2}40.14m	131-9	4/6
8		Noelle CHAVEZ	SR	#3 Redlands (Calif.)	{2}39.66m	130-2	3/30
9		Grace BEATY	SR	#3 Redlands (Calif.)	{3}38.80m	127-4	4/13
10		Natalia WILLIAMS	JR	#9 Whittier	36.53m	119-10	3/2

Women's Javelin

1	90	Natalia WILLIAMS	JR	#9 Whittier	36.18m	118-9	4/6
2		Logan SPOONEMORE	JR	#4 Pomona-Pitzer	35.37m	116-1	2/24
3		Samantha DANIELS	SO	#1 Chapman	32.54m	106-9	4/6
4		Keegan SHERRY	SO	#3 Redlands (Calif.)	32.48m	106-7	4/13
5		Brianna HUYNH	SR	#4 Pomona-Pitzer	{2}32.30m	106-0	4/13
6		Georgia ARNOLD	SO	#2 Claremont-Mudc	31.74m	104-2	4/6
7		Kate COBAIN	SO	#5 Occidental	31.23m	102-6	3/9
8		Tenaya TAYLOR	FR	#3 Redlands (Calif.)	{2}30.80m	101-1	4/6
9		Elisabeth EICHINGER	SO	#3 Redlands (Calif.)	{3}30.72m	100-10	3/23
10		Aij MCFARLAND	SO	#1 Chapman	{2}30.61m	100-5	4/6

Women's Heptathlon

1	12	Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	4,521		4/5
2	34	Elisabeth EICHINGER	SO	#3 Redlands (Calif.)	{2}4,158		4/5



Conference TFRI Event Summary



Skyline

as of 4/23/2024 8:33:22 AM ET

Women's 100 Meters

1	Alexxis MCNEIL	SR	#2 Farmingdale Sta	13.12w	(2.1)	4/20
2	Faith SAMMONS	SO	#1 Merchant Marine	13.16	(1.5)	4/20
3	Jennifer SCHMIDT	JR	#4 Manhattanville	13.81	(0.4)	3/30
4	Kimberlyn DAVID	JR	#2 Farmingdale Sta{2}	14.23	(0.9)	4/20
5	Brittany BRELAND	SR	#1 Merchant Marine{2}	14.31	(-2.0)	4/7
6	Jessica KERRIGAN	SR	#3 Mount Saint Mar	14.56w	(2.4)	4/12
7	Raina QUINONES	SO	#3 Mount Saint Mar{2}	15.01	(-2.1)	4/7
8	Stephanie SCHATZMAN	SO	#1 Merchant Marine{3}	15.18	(-2.4)	4/7
9	Faith WELSH	FR	#3 Mount Saint Mar{3}	15.75	(-2.8)	4/7
10	Kelley LAKAWITCH	JR	#1 Merchant Marine{4}	17.59	(-0.6)	4/7

Women's 100 Meter Hurdles

1	Lily O'BRIEN	SO	#3 Mount Saint Mar	18.40	(-1.5)	4/7
2	Mishell DELGADO	FR	#2 Farmingdale Sta	18.99w	(2.6)	4/20

Women's 200 Meters

1	Alexxis MCNEIL	SR	#2 Farmingdale Sta	26.80	(1.2)	4/20
2	Faith SAMMONS	SO	#1 Merchant Marine	27.76	(1.2)	4/20
3	Maria BALDWIN	SO	#3 Mount Saint Mar	27.77w	(3.3)	4/12
4	Jennifer SCHMIDT	JR	#4 Manhattanville	28.46w	(2.4)	3/30
5	Brittany BRELAND	SR	#1 Merchant Marine{2}	29.18	(-1.4)	4/7
6	Nicole PICKETT	JR	#2 Farmingdale Sta{2}	30.13	(0.1)	4/20
7	Jessica KERRIGAN	SR	#3 Mount Saint Mar{2}	30.45w	(2.1)	4/12
8	Kimberlyn DAVID	JR	#2 Farmingdale Sta{3}	30.46	(0.0)	4/20
9	Faith WELSH	FR	#3 Mount Saint Mar{3}	31.39	(-1.9)	4/7
10	Raina QUINONES	SO	#3 Mount Saint Mar{4}	32.06	(-1.7)	4/7

Women's 400 Meters

1	Maria BALDWIN	SO	#3 Mount Saint Mar	1:03.38		4/19
2	Jennifer SCHMIDT	JR	#4 Manhattanville	1:05.56		4/20
3	Precious AKAHARA	FR	#2 Farmingdale Sta	1:07.52		4/7
4	Nicole PICKETT	JR	#2 Farmingdale Sta{2}	1:07.81		3/30
5	Faith WELSH	FR	#3 Mount Saint Mar{2}	1:11.23		4/19
6	Kaitlin HANSEN	SO	#3 Mount Saint Mar{3}	1:12.90		4/7
7	Kaitlin REYNOLDS	SR	#1 Merchant Marine	1:20.31		3/24

Women's 400 Meter Hurdles

1	Lily O'BRIEN	SO	#3 Mount Saint Mar	1:14.51		4/19
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Women's 800 Meters

1	Orquidea BRICENO	FR	#4 Manhattanville	2:42.49		3/30
2	Kaitlin SLATTERY	FR	#2 Farmingdale Sta	2:48.59		4/7
3	Sarah KANNENBERG	SO	#3 Mount Saint Mar	2:54.67		4/12
4	Kaitlin REYNOLDS	SR	#1 Merchant Marine	3:02.96		4/7

Women's 1500 Meters

1	Alycia HAYNES	SR	#2 Farmingdale Sta	5:18.32		4/7
2	Sarah KANNENBERG	SO	#3 Mount Saint Mar	5:45.13		4/19
3	Orquidea BRICENO	FR	#4 Manhattanville	5:47.85		3/23
4	Emily GRASSELER	FR	#1 Merchant Marine	5:51.13		4/7
5	Kaitlin REYNOLDS	SR	#1 Merchant Marine{2}	6:19.98		4/7

Women's Steeplechase

1	Kaitlin REYNOLDS	SR	#1 Merchant Marine	15:11.48		4/20
2	Loamy MALDONADO	JR	#2 Farmingdale Sta	17:36.61		4/7
3	Margaret ADAMS	JR	#2 Farmingdale Sta{2}	21:02.95		4/20

Women's 4x100 Relay

1	Maria Baldwin, Kaitlin Hansen, Jessica Kerrigan, Faith Welsh	#3 Mount Saint Mar	56.64		4/7
2	Brittany Breland, Stephanie Schatzman, Faith Sammons, Meredith Buchanan	#1 Merchant Marine	57.41		4/7

Women's 4x400 Relay

1	Kaitlin Slattery, Nicole Pickett, Precious Akahara, Alycia Haynes	#2 Farmingdale Sta	4:38.18		4/7
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Women's High Jump

1	Lily O'BRIEN	SO	#3 Mount Saint Mar	1.40m	4-7	4/7
1	Maria BALDWIN	SO	#3 Mount Saint Mar	1.40m	4-7	4/7
3	Camden MARTIN	SR	#1 Merchant Marine	1.37m	4-6	3/24
4	Meredith BUCHANAN	SR	#1 Merchant Marine{2}	1.25m	4-1¼	4/7
4	Tejh HARDIN	SO	#1 Merchant Marine{2}	1.25m	4-1¼	4/7

Women's Pole Vault

1	Mishell DELGADO	FR	#2 Farmingdale Sta	2.60m	8-6¼	4/7
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Women's Long Jump

1	Jada PEPANIO	JR	#2 Farmingdale Sta	5.16m	16-11¼ (0.9)	4/20
2	Lily O'BRIEN	SO	#3 Mount Saint Mar	4.83mw	15-10¼ (2.7)	4/19
3	Mishell DELGADO	FR	#2 Farmingdale Sta{2}	4.54m	14-10¾ (1.3)	4/7
4	Stephanie SCHATZMAN	SO	#1 Merchant Marine	4.47m	14-8 (0.4)	4/7
5	Tejh HARDIN	SO	#1 Merchant Marine{2}	4.36m	14-3¾ (1.4)	4/7
6	Treesha JAYAKODY	FR	#2 Farmingdale Sta{3}	4.22m	13-10¼ (0.0)	4/7
7	Maria BALDWIN	SO	#3 Mount Saint Mar{2}	4.21mw	13-9¾ (2.3)	4/7
8	Kenia HURTADO	JR	#2 Farmingdale Sta{4}	3.99m	13-1¼ (0.5)	4/7
8	Jessica KERRIGAN	SR	#3 Mount Saint Mar{3}	3.99m	13-1¼ (1.0)	4/7
10	Camden MARTIN	SR	#1 Merchant Marine{3}	3.89m	12-9¼ (0.2)	4/20

Women's Triple Jump

1	Treesha JAYAKODY	FR	#2 Farmingdale Sta	9.89m	32-5½ (0.0)	4/20
2	Stephanie SCHATZMAN	SO	#1 Merchant Marine	9.66m	31-8½ (1.0)	4/7
3	Lily O'BRIEN	SO	#3 Mount Saint Mar	9.40m	30-10¼ (1.4)	4/7
4	Kenia HURTADO	JR	#2 Farmingdale Sta{2}	8.54m	28-¼ (0.0)	4/7
5	Jessica KERRIGAN	SR	#3 Mount Saint Mar{2}	8.52m	27-11½ (0.3)	4/7
5	Tejh HARDIN	SO	#1 Merchant Marine{2}	8.52m	27-11½ (0.0)	4/7
7	Meredith BUCHANAN	SR	#1 Merchant Marine{3}	8.05m	26-5 (0.3)	4/7



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



Skyline

as of 4/23/2024 8:33:22 AM ET

Women's Shot Put

1	Shea CURRAN	SR	#1 Merchant Marine	11.23m	36-10¼	4/20
2	Gabby BILLETZ	FR	#4 Manhattanville	10.49m	34-5	3/23
3	Jordan WASHINGTON	SO	#1 Merchant Marine{2}	9.83m	32-3	4/20
4	Fiona YOSTPILLE	SR	#4 Manhattanville {2}	9.24m	30-3¾	3/30
5	Ashley TORO	FR	#2 Farmingdale Sta	9.15m	30-¼	3/30
6	Madelyn KARMAN	SR	#2 Farmingdale Sta{2}	8.82m	28-11¼	4/7
7	Lindsey MEDINA	SR	#3 Mount Saint Mar	8.61m	28-3	4/7
8	Raina QUINONES	SO	#3 Mount Saint Mar{2}	8.00m	26-3	4/7
9	Florence HARRISON	SO	#4 Manhattanville {3}	7.60m	24-11¼	4/20
10	Trecel DANDRADE	FR	#2 Farmingdale Sta{3}	7.54m	24-9	3/30

Women's Discus

1	Gabby BILLETZ	FR	#4 Manhattanville	36.06m	118-4	3/30
2	Shea CURRAN	SR	#1 Merchant Marine	35.19m	115-6	4/20
3	Fiona YOSTPILLE	SR	#4 Manhattanville {2}	30.81m	101-1	3/30
4	Katelin HANIFAN	SO	#1 Merchant Marine{2}	27.25m	89-5	4/20
5	Jordan WASHINGTON	SO	#1 Merchant Marine{3}	27.20m	89-3	4/20
6	Emily SCHNEIDER	SO	#3 Mount Saint Mar	26.79m	87-10¾	4/19
7	Madelyn KARMAN	SR	#2 Farmingdale Sta	23.63m	77-6½	4/7
8	Florence HARRISON	SO	#4 Manhattanville {3}	22.14m	72-7¾	4/6
9	Lindsey MEDINA	SR	#3 Mount Saint Mar{2}	21.23m	69-8	4/7
10	Raina QUINONES	SO	#3 Mount Saint Mar{3}	20.55m	67-5¼	4/7

Women's Hammer

1	Emily SCHNEIDER	SO	#3 Mount Saint Mar	36.45m	119-7	4/12
2	Shea CURRAN	SR	#1 Merchant Marine	35.22m	115-7	4/7
3	Lindsey MEDINA	SR	#3 Mount Saint Mar{2}	32.71m	107-4	4/12
4	Madelyn KARMAN	SR	#2 Farmingdale Sta	30.64m	100-6	4/20
5	Katelin HANIFAN	SO	#1 Merchant Marine{2}	27.74m	91-¼	4/7
6	Jordan WASHINGTON	SO	#1 Merchant Marine{3}	27.52m	90-3½	4/7
7	Lilly LA ROCCA	JR	#3 Mount Saint Mar{3}	18.50m	60-8½	4/7
8	Trecel DANDRADE	FR	#2 Farmingdale Sta{2}	15.81m	51-10½	4/7

Women's Javelin

1	Shea CURRAN	SR	#1 Merchant Marine	23.84m	78-2¾	4/20
2	Faith WELSH	FR	#3 Mount Saint Mar	22.28m	73-1¼	4/19
3	Katelin HANIFAN	SO	#1 Merchant Marine{2}	17.06m	55-11¾	4/20
4	Madelyn KARMAN	SR	#2 Farmingdale Sta	16.43m	53-11	4/20
5	Jordan WASHINGTON	SO	#1 Merchant Marine{3}	15.87m	52-¾	4/20
6	Emily SCHNEIDER	SO	#3 Mount Saint Mar{2}	14.37m	47-1¾	4/19
7	Lindsey MEDINA	SR	#3 Mount Saint Mar{3}	12.18m	39-11½	4/19



Conference TFRI Event Summary



SLIAC

as of 4/23/2024 8:33:22 AM ET

Women's 100 Meters

1	54	Kalie STRAYHORN	FR	#7 Westminster (Mc	12.26	(2.0)	4/6
2	59	Sara YAKANA	JR	#1 Greenville	12.30	(1.6)	3/30
3	77	Michaiah ADAMS	JR	#4 Mississippi Univ.	12.36w	(3.3)	3/23
4	92	Jocelyn FRITZ	JR	#1 Greenville	{2} 12.40	(1.4)	3/30
5		Vonisha TOWNS	JR	#4 Mississippi Univ.	{2} 12.52w	(2.3)	4/20
6		Samantha TAYLOR	FR	#3 Lyon (Ark.)	12.67	(0.8)	4/6
7		Taylor TUCKER	SR	#1 Greenville	{3} 12.84	(0.0)	4/13
8		Brianna KRANTZ	FR	#3 Lyon (Ark.)	{2} 13.05	(1.9)	3/2
9		Ty'Kerria YOUNG	FR	#4 Mississippi Univ.	{3} 13.06w	(2.4)	4/20
10		Alliyah THOMAS	FR	#2 Spalding	13.08	(1.8)	4/19

Women's 100 Meter Hurdles

1		Ty'Kerria YOUNG	FR	#4 Mississippi Univ.	16.17	(1.6)	4/20
2		Kenzie KURDYS	FR	#1 Greenville	16.53	(-0.1)	4/13
3		Alliyah THOMAS	FR	#2 Spalding	16.65w	(2.7)	4/5
4		Cynthia SNYDER	FR	#3 Lyon (Ark.)	20.45w	(2.3)	3/2
5		Amaya JONES	SO	#2 Spalding	{2} 21.35	(1.5)	4/19
6		Morganne PIERCY	FR	#2 Spalding	{3} 24.40	(0.9)	4/19
7		Abigail ADAMS	FR	#3 Lyon (Ark.)	{2} 25.20	(0.3)	4/6

Women's 200 Meters

1	29	Kalie STRAYHORN	FR	#7 Westminster (Mc	24.96	(0.1)	4/12
2		Jocelyn FRITZ	JR	#1 Greenville	25.74	(1.6)	3/30
3		Brianna KRANTZ	FR	#3 Lyon (Ark.)	25.76w	(2.9)	4/13
4		Vonisha TOWNS	JR	#4 Mississippi Univ.	25.77	(1.2)	4/20
5		Sara YAKANA	JR	#1 Greenville	{2} 25.84	(1.4)	4/13
6		Taylor TUCKER	SR	#1 Greenville	{3} 26.21	(0.2)	4/13
7		Michaiah ADAMS	JR	#4 Mississippi Univ.	{2} 26.23	(1.3)	4/20
8		Laila GRAHAM	SR	#1 Greenville	{4} 26.33	(1.0)	4/6
9		Alliyah THOMAS	FR	#2 Spalding	26.61w	(2.8)	3/30
10		Jazmyn HARMON	FR	#1 Greenville	{5} 26.73	(0.0)	4/19

Women's 400 Meters

1		Brianna KRANTZ	FR	#3 Lyon (Ark.)	59.08		4/6
2		Jazmyn HARMON	FR	#1 Greenville	59.57		4/13
3		Taylor TUCKER	SR	#1 Greenville	{2} 59.81		4/19
4		Alexa LOFGREN	JR	#5 Fontbonne	59.99		4/13
5		Eva SCHWAAB	JR	#1 Greenville	{3} 1:02.03		4/6
6		Vonisha TOWNS	JR	#4 Mississippi Univ.	1:02.63		4/6
7		Alliyah THOMAS	FR	#2 Spalding	1:02.88		3/30
8		Moenaisa SIDIQUE	JR	#7 Westminster (Mc	1:02.97		3/16
9		Amarachi EJIMADU	FR	#8 Principia	1:03.43		4/6
10		Olivia NELSEN	SO	#6 Webster	1:06.66		4/6

Women's 400 Meter Hurdles

1		Alliyah THOMAS	FR	#2 Spalding	1:09.03		4/13
2		Alexis ROBERTS	JR	#1 Greenville	1:11.89		4/13
3		Olivia NELSEN	SO	#6 Webster	1:12.07		4/13
4		Kenzie KURDYS	FR	#1 Greenville	{2} 1:17.22		4/19
5		Cynthia SNYDER	FR	#3 Lyon (Ark.)	1:22.11		3/16
6		Vivienne REINHARDT	SO	#2 Spalding	{2} 1:25.73		4/13
7		Morganne PIERCY	FR	#2 Spalding	{3} 1:42.24		4/19

Women's 800 Meters

1		Eva SCHWAAB	JR	#1 Greenville	2:20.70		3/30
2		Norah SWINIGAN	SO	#1 Greenville	{2} 2:26.60		4/19
3		Vanessa COMPTON	JR	#1 Greenville	{3} 2:28.15		4/19
4		Raven VANCE	FR	#1 Greenville	{4} 2:29.60		3/30
5		Rachel FISHER	SO	#9 Eureka	2:32.31		4/6
6		Sedina LOGAN	JR	#1 Greenville	{5} 2:32.47		4/19
7		Gretchen CARIE	JR	#1 Greenville	{6} 2:33.48		4/6
8		Sierra COMPTON	FR	#1 Greenville	{7} 2:36.16		3/23
9		Kacie TERUYA	FR	#3 Lyon (Ark.)	2:37.92		4/13
10		Myka FENTON	FR	#8 Principia	2:40.69		3/30

Women's 1500 Meters

1		Gretchen CARIE	JR	#1 Greenville	5:04.92		4/19
2		Raven VANCE	FR	#1 Greenville	{2} 5:07.42		3/23
3		Sedina LOGAN	JR	#1 Greenville	{3} 5:14.65		4/6
4		Kacie TERUYA	FR	#3 Lyon (Ark.)	5:21.00		3/16
5		Bessie KELLEY	FR	#2 Spalding	5:22.55		4/19
6		Hannah OWENS	FR	#4 Mississippi Univ.	5:30.67		3/2
7		Brook SCHUTT	SO	#1 Greenville	{4} 5:30.73		4/6
8		Myka FENTON	FR	#8 Principia	5:38.18		4/6
9		Vanessa COMPTON	JR	#1 Greenville	{5} 5:38.39		4/6
10		Abby LOVE	FR	#5 Fontbonne	5:41.59		4/13

Women's Steeplechase

1		Gretchen CARIE	JR	#1 Greenville	11:53.03		4/13
2		Kacie TERUYA	FR	#3 Lyon (Ark.)	13:37.70		3/2
3		Muskan JAMSHED	SO	#2 Spalding	14:11.21		4/13
4		Sarah KIMBRO	SR	#9 Eureka	16:26.84		4/13

Women's 5000 Meters

1		Gretchen CARIE	JR	#1 Greenville	19:09.81		3/29
2		Brook SCHUTT	SO	#1 Greenville	{2} 20:18.24		4/13
3		Sarah ERICKSON	SO	#8 Principia	20:47.08c(20:56.63)		4/20
4		Hannah OWENS	FR	#4 Mississippi Univ.	20:48.50		3/23
5		Caitlyn SMITH	FR	#5 Fontbonne	22:03.88		3/9
6		Reganne PIERCY	FR	#2 Spalding	22:05.45		4/13
7		Emily BOHM	FR	#1 Greenville	{3} 22:26.13		4/13
8		Emily BAKER	SO	#9 Eureka	22:26.86		4/6
9		Katie LEEKER	SO	#5 Fontbonne	{2} 23:04.15		3/9
10		Lexie BARTHMAIER	JR	#2 Spalding	{2} 23:59.93		3/23

Women's 10,000 Meters

1		Reganne PIERCY	FR	#2 Spalding	46:51.40		4/5
2		Emily BAKER	SO	#9 Eureka	47:34.62		4/20



Conference TFRI Event Summary



SLIAC

as of 4/23/2024 8:33:22 AM ET

Women's 4x100 Relay

1	11	Taylor Tucker, Laila Graham, Jocelyn Fritz, Sara Yakana	#1 Greenville	47.45	4/13
2		Ty'Kerria Young, Michaiah Adams, Paris Flanery, Vonisha Towns	#4 Mississippi Univ.	50.53	4/20
3		Alliyah Thomas, Holly Higgs, Roslyn Stull, Shyanne Hagan	#2 Spalding	52.39	4/5
4		Brianna Krantz, Cynthia Snyder, Trinity Davis, Kodi Hatfield	#3 Lyon (Ark.)	54.73	3/16

Women's 4x400 Relay

1	65	Eva Schwaab, Taylor Tucker, Jazmyn Harmon, Laila Graham	#1 Greenville	4:05.48	4/13
2		Kacie Teruya, Samantha Taylor, Brianna Krantz, Trinity Davis	#3 Lyon (Ark.)	4:24.66	4/6
3		Alliyah Thomas, Holly Higgs, Roslyn Stull, Takara Williams	#2 Spalding	4:37.09	4/5
4		Aissata Kamara, Kianna Patton, Olivia Nelsen, Symphony Schodroski	#6 Webster	4:39.34	4/19
5		Lydia Stalnaker, Amarachi Ejimadu, Joy Onyechi, Sarah Fakorede	#8 Principia	4:41.60c (4:45.33)	4/20
6		Jaden Randall, Isabella Carbajal, Emily Baker, Rachel Fisher	#9 Eureka	5:00.01	3/29
7		Vonisha Towns, Michaiah Adams, Paris Flanery, Kalee Sanders	#4 Mississippi Univ.	5:07.35	4/20

Women's High Jump

1	52	Laila GRAHAM	SR	#1 Greenville	1.60m	5-3	3/23
2		Anna Beth VANCIL	JR	#1 Greenville	{2} 1.55m	5-1	3/23
3		Hannah MYERS	SO	#5 Fontbonne	1.50m	4-11	3/23

Women's Pole Vault

1	66	Kenzie KURDYS	FR	#1 Greenville	3.43m	11-3	4/19
2		Takara WILLIAMS	FR	#2 Spalding	2.49m	8-2	3/23
3		Trinity DAVIS	FR	#3 Lyon (Ark.)	2.26m	7-5	3/16

Women's Long Jump

1	31	Sara YAKANA	JR	#1 Greenville	5.55m	18-2½ (2.0)	4/13
2	39	Samantha TAYLOR	FR	#3 Lyon (Ark.)	5.50mw	18-½ (3.0)	4/13
3	46	Laila GRAHAM	SR	#1 Greenville	{2} 5.47m	17-11½ (0.0)	3/29
4		Lainey HICKS	SO	#1 Greenville	{3} 5.29mw	17-4¼ (2.3)	4/13
5		Jazmyn HARMON	FR	#1 Greenville	{4} 5.11m	16-9¼ (0.5)	3/23
6		Ty'Kerria YOUNG	FR	#4 Mississippi Univ.	5.05mw	16-7 (2.5)	4/20
7		Hannah MYERS	SO	#5 Fontbonne	4.86m	15-11½ (-1)	3/30
8		Diamond RAYFORD	FR	#4 Mississippi Univ.	{2} 4.59m	15-¾ (0.1)	4/6
9		Trinity DAVIS	FR	#3 Lyon (Ark.)	{2} 4.58m	15-½ (1.2)	4/6
10		Shyanne HAGAN	SO	#2 Spalding	4.51m	14-9¾ (0.1)	4/19

Women's Triple Jump

1	11	Ty'Kerria YOUNG	FR	#4 Mississippi Univ.	12.14m	39-10 (0.0)	3/2
2	18	Sara YAKANA	JR	#1 Greenville	11.91m	39-1 (1.7)	4/13
3	74	Laila GRAHAM	SR	#1 Greenville	{2} 11.11m	36-5½ (0.0)	3/30
4		Lainey HICKS	SO	#1 Greenville	{3} 10.79m	35-4¾ (1.8)	4/13
5		Jazmyn HARMON	FR	#1 Greenville	{4} 10.70m	35-1¼ (0.3)	3/23
6		Hannah MYERS	SO	#5 Fontbonne	10.56m	34-7¾ (1.3)	4/13
7		Shyanne HAGAN	SO	#2 Spalding	9.50m	31-2 (0.0)	4/19

Women's Shot Put

1	15	Talahiva TALANOA	JR	#1 Greenville	13.45m	44-1½	4/13
2	70	Ashley SMITH	JR	#1 Greenville	{2} 12.39m	40-7¾	4/13
3		Emma BRABY	FR	#7 Westminster (Mc	10.61m	34-9¾	4/12
4		Riana CALDWELL	FR	#2 Spalding	10.42m	34-2¼	3/30
5		Ella RAY	JR	#1 Greenville	{3} 10.41m	34-2	4/13
6		Jessica BALLARD	SO	#5 Fontbonne	10.12m	33-2½	4/13
7		Cali PAVLISKO	SO	#6 Webster	9.98m	32-9	4/6
8		Arie'Onna MCCOLLUM	FR	#4 Mississippi Univ.	9.84m	32-3½	3/9
9		Isabelle LLEWELLYN	SR	#6 Webster	{2} 9.80m	32-2	3/30
10		Ava VOLLMER	SO	#1 Greenville	{4} 9.57m	31-4¾	3/23

Women's Discus

1	39	Talahiva TALANOA	JR	#1 Greenville	42.02m	137-11	3/30
2		Ashley SMITH	JR	#1 Greenville	{2} 35.31m	115-10	4/19
3		Isabelle LLEWELLYN	SR	#6 Webster	34.06m	111-9	3/30
4		Ella RAY	JR	#1 Greenville	{3} 33.89m	111-2	4/13
5		Alex FRAILEY	FR	#1 Greenville	{4} 29.82m	97-10	3/30
6		Arie'Onna MCCOLLUM	FR	#4 Mississippi Univ.	29.76m	97-7¾	3/9
7		Cali PAVLISKO	SO	#6 Webster	{2} 28.53m	93-7¼	3/30
8		Montana SMITH	FR	#5 Fontbonne	28.35m	93-¼	3/30
9		Grace WALDROP	FR	#1 Greenville	{5} 28.21m	92-6¾	3/30
10		Emma BRABY	FR	#7 Westminster (Mc	28.19m	92-6	4/21



Conference TFRI Event Summary



SLIAC

as of 4/23/2024 8:33:22 AM ET

Women's Hammer

1	11	Talahiva TALANOVA	JR	#1 Greenville	53.14m	174-4	4/13
2	91	Isabelle LLEWELLYN	SR	#6 Webster	45.90m	150-7	4/6
3		Ashley SMITH	JR	#1 Greenville	{2} 44.21m	145-1	4/13
4		Ella RAY	JR	#1 Greenville	{3} 43.90m	144-1	4/13
5		Ava VOLLMER	SO	#1 Greenville	{4} 43.23m	141-10	4/13
6		Abigail SZYDLOWSKI	JR	#6 Webster	{2} 36.58m	120-0	4/6
7		Alex FRAILEY	FR	#1 Greenville	{5} 35.46m	116-4	4/13
8		Cali PAVLISKO	SO	#6 Webster	{3} 34.06m	111-9	4/19
9		Jessica BALLARD	SO	#5 Fontbonne	32.48m	106-7	3/30
10		Arie'Onna MCCOLLUM	FR	#4 Mississippi Univ.	31.27m	102-7	4/20

Women's Javelin

1	20	Emma BROWN	JR	#1 Greenville	39.95m	131-1	3/30
2	37	Abbi THOMASON	JR	#1 Greenville	{2} 38.68m	126-11	4/19
3		Isabelle LLEWELLYN	SR	#6 Webster	34.14m	112-0	4/6
4		Natalie STEWART	SO	#7 Westminster (Mc	33.53m	110-0	4/12
5		Emma BRABY	FR	#7 Westminster (Mc	{2} 31.49m	103-4	4/21
6		Aziza TAKHI	SO	#3 Lyon (Ark.)	30.06m	98-7½	3/16
7		Arie'Onna MCCOLLUM	FR	#4 Mississippi Univ.	29.39m	96-5¼	4/20
8		Alexis ROBERTS	JR	#1 Greenville	{3} 28.29m	92-9¾	4/13
9		Abigail ADAMS	FR	#3 Lyon (Ark.)	{2} 27.00m	88-7	4/13
10		Cali PAVLISKO	SO	#6 Webster	{2} 26.71m	87-7¾	4/13



Conference TFRI Event Summary



SUNYAC

as of 4/23/2024 8:33:22 AM ET

Women's 100 Meters

1	9	Autumn PITTMAN	JR	#3 SUNY Cortland	11.96w	(2.2)	4/7
2	33	Brynn MOONEY	FR	#1 SUNY Geneseo	12.15w	(2.3)	4/7
3	84	Khia LASTER	JR	#6 Buffalo State	12.38	(0.0)	4/13
4		Kendall SOBCZYK	SO	#3 SUNY Cortland {2}	12.50w	(2.2)	4/7
5		Alexia PRINCE	FR	#3 SUNY Cortland {3}	12.62w	(2.2)	4/7
6		Ejim NNATE	JR	#4 SUNY Oneonta	12.74w	(2.3)	3/16
7		Cara PELLECHIA	SO	#8 Fredonia	12.78	(1.5)	4/20
8		Kayla HUBA	SO	#1 SUNY Geneseo {2}	12.87w	(2.2)	3/30
8		Sam PYNN	JR	#1 SUNY Geneseo {2}	12.87w	(2.2)	3/30
10		Mackayla NERJUSTE	FR	#1 SUNY Geneseo {4}	12.88w	(2.2)	3/30
10		Julianna KLIMOW	SR	#1 SUNY Geneseo {4}	12.88w	(2.3)	4/7

Women's 100 Meter Hurdles

1	20	Ejim NNATE	JR	#4 SUNY Oneonta	14.49w	(2.5)	4/20
2	23	Natalia SAWYER	SO	#6 Buffalo State	14.51	(0.0)	4/21
3	25	Danielle FISK	SR	#3 SUNY Cortland	14.60w	(3.3)	4/20
4	50	Jill AMBLER	FR	#1 SUNY Geneseo	14.97	(1.2)	4/14
5		Allyson SUROWICK	SR	#1 SUNY Geneseo {2}	15.48	(1.3)	4/13
6		AnJalyna TALMADGE	SO	#3 SUNY Cortland {2}	15.59w	(3.3)	4/20
7		Lainey FLAITZ	FR	#1 SUNY Geneseo {3}	15.75	(0.8)	3/30
8		Abrianna KRUGER	SR	#1 SUNY Geneseo {4}	16.21	(1.2)	4/7
9		Janelle ECKL	JR	#1 SUNY Geneseo {5}	16.22	(1.2)	4/7
10		Eko DODD-BROWN	FR	#4 SUNY Oneonta {2}	16.35	(1.4)	4/20

Women's 200 Meters

1	17	Brynn MOONEY	FR	#1 SUNY Geneseo	24.79	(0.6)	4/7
2	37	Autumn PITTMAN	JR	#3 SUNY Cortland	25.04	(0.7)	4/14
3	86	Khia LASTER	JR	#6 Buffalo State	25.45	(0.6)	4/7
4		Alexia PRINCE	FR	#3 SUNY Cortland {2}	25.93	(0.0)	4/7
5		Sam PYNN	JR	#1 SUNY Geneseo {2}	25.95	(1.9)	4/21
6		Jill AMBLER	FR	#1 SUNY Geneseo {3}	26.02	(0.6)	4/7
7		Kayla HUBA	SO	#1 SUNY Geneseo {4}	26.11	(0.7)	4/14
8		Julianna KLIMOW	SR	#1 SUNY Geneseo {5}	26.14w	(3.8)	4/21
9		Cara PELLECHIA	SO	#8 Fredonia	26.48	(-1.0)	4/7
10		Kendall SOBCZYK	SO	#3 SUNY Cortland {3}	26.49	(0.0)	4/7

Women's 400 Meters

1	31	Brynn MOONEY	FR	#1 SUNY Geneseo	57.11		4/14
2	60	Khia LASTER	JR	#6 Buffalo State	57.94		3/30
3	79	Jenna RACZKA	SR	#6 Buffalo State {2}	58.48		4/13
4	94	Marissa WISE	JR	#2 SUNY Brockport	58.67		4/21
5		Avery HEBERT	SR	#3 SUNY Cortland	58.92		4/14
6		Sierra DOODY	SO	#1 SUNY Geneseo {2}	59.45		3/30
7		Danielle JACKSON	JR	#4 SUNY Oneonta	1:00.45		3/16
8		Faith NELSON	JR	#3 SUNY Cortland {2}	1:00.62		4/20
9		Hannah WIERER	FR	#1 SUNY Geneseo {3}	1:00.74		4/21
10		Courtney BOSTIC	SO	#2 SUNY Brockport {2}	1:01.36		4/13

Women's 400 Meter Hurdles

1	2	Natalia SAWYER	SO	#6 Buffalo State	1:00.11		4/13
2	34	Janelle ECKL	JR	#1 SUNY Geneseo	1:04.91		4/7
3		Lainey FLAITZ	FR	#1 SUNY Geneseo {2}	1:07.88		4/21
4		Lily REXFORD	FR	#2 SUNY Brockport	1:08.15		4/7
5		Yasmine PERALTA	SO	#3 SUNY Cortland	1:08.30		4/14
6		Sophia BARCLAY	FR	#1 SUNY Geneseo {3}	1:08.81		3/30
7		Matty LUCEY	FR	#3 SUNY Cortland {2}	1:09.76		4/7
8		Michelle FITTING	SR	#1 SUNY Geneseo {4}	1:10.02		3/30
9		Nicole GRETZINGER	SO	#1 SUNY Geneseo {5}	1:11.52		4/13
10		Lanna WANDY	JR	#1 SUNY Geneseo {6}	1:11.60		4/13

Women's 800 Meters

1	64	Sierra DOODY	SO	#1 SUNY Geneseo	2:16.36		4/14
2	82	Janelle ECKL	JR	#1 SUNY Geneseo {2}	2:17.30		3/30
3		Grace YARKOSKY	FR	#5 SUNY Plattsburg	2:19.10		4/20
4		Faith COYLE	JR	#7 SUNY Oswego	2:19.75		4/20
5		Mia VIZCAINO	JR	#2 SUNY Brockport	2:20.59		3/30
6		Nieve MAHOOD	JR	#1 SUNY Geneseo {3}	2:21.57		4/14
7		Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {4}	2:21.95		4/7
8		Hannah WIERER	FR	#1 SUNY Geneseo {5}	2:22.27		4/7
9		Gwen SULLIVAN	SO	#2 SUNY Brockport {2}	2:24.07		4/13
10		Jillian O'ROURKE	FR	#1 SUNY Geneseo {6}	2:24.17		4/14

Women's 1500 Meters

1	82	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	4:42.29		3/30
2	100	Sierra DOODY	SO	#1 SUNY Geneseo {2}	4:43.39		4/7
3		Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	4:45.51		4/7
4		Kerry FLOWER	SR	#2 SUNY Brockport	4:49.88		4/7
5		Grace YARKOSKY	FR	#5 SUNY Plattsburg	4:50.96		4/13
6		Mia VIZCAINO	JR	#2 SUNY Brockport {2}	4:51.64		4/14
7		Veronica SZYGALOWICZ	SR	#1 SUNY Geneseo {4}	4:55.53		4/7
8		Julianne WILSON	JR	#2 SUNY Brockport {3}	4:57.27		3/30
9		Sydney SMITH	SR	#3 SUNY Cortland	4:58.12		4/20
10		Hannah REICHARD	FR	#7 SUNY Oswego	4:58.73		4/20

Women's Steeplechase

1	11	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	10:49.51		4/7
2	45	Ann BRENNAN	SO	#1 SUNY Geneseo {2}	11:25.55		4/7
3	47	Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {3}	11:26.01		4/21
4	48	Isabel MARZEC	JR	#1 SUNY Geneseo {4}	11:26.50		4/14
5	61	Alexa WOLCOTT	SO	#3 SUNY Cortland	11:35.23		3/30
6	71	Julianne WILSON	JR	#2 SUNY Brockport	11:37.15		4/21
7	79	Jillian O'ROURKE	FR	#1 SUNY Geneseo {5}	11:38.82		4/21
8	87	Melissa INNOCENT	FR	#3 SUNY Cortland {2}	11:39.99		3/30
9	91	Anika PARNELL	SR	#3 SUNY Cortland {3}	11:41.32		4/14
10		Veronica DAILEY	SR	#2 SUNY Brockport {2}	11:52.92		4/21



Conference TFRI Event Summary



SUNYAC

as of 4/23/2024 8:33:22 AM ET

Women's 5000 Meters

1	22	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	16:58.53	4/14
2	50	Penelope GREENE	JR	#1 SUNY Geneseo {2}	17:19.84	3/30
3	53	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	17:20.61	3/30
4		Kerry FLOWER	SR	#2 SUNY Brockport	17:44.12	3/30
5		Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	17:49.06	3/30
6		Gabriella MCCARTHY	JR	#1 SUNY Geneseo {5}	17:54.75	4/14
7		Ann BRENNAN	SO	#1 SUNY Geneseo {6}	17:54.78	4/21
8		Katherine VOGEL	SR	#1 SUNY Geneseo {7}	17:55.86	3/30
9		Melissa INNOCENT	FR	#3 SUNY Cortland	18:00.15	4/20
10		Alexa WOLCOTT	SO	#3 SUNY Cortland {2}	18:13.04	4/20

Women's 10,000 Meters

1	15	Penelope GREENE	JR	#1 SUNY Geneseo	35:24.68	4/14
2	21	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {2}	35:41.18	4/14
3	26	Kerry FLOWER	SR	#2 SUNY Brockport	35:53.42	4/14
4	64	Katherine VOGEL	SR	#1 SUNY Geneseo {3}	37:12.80	4/14
5	76	Megan FRANCOEUR	JR	#4 SUNY Oneonta	37:51.33	4/14
6		Veronica SZYGALOWICZ	SR	#1 SUNY Geneseo {4}	39:17.27	4/14
7		Annika HURLEY	SO	#1 SUNY Geneseo {5}	40:05.62	4/13
8		Devin REILLY	JR	#3 SUNY Cortland	40:09.02	3/30
9		Katherine PETERSON	JR	#1 SUNY Geneseo {6}	40:12.48	3/30
10		Sophie BAGLEY	FR	#1 SUNY Geneseo {7}	40:18.88	3/30

Women's 4x100 Relay

1	28	Kendall Sobczyk, Alexia Prince, Avery Hebert, Autumn Pittman	#3 SUNY Cortland	48.17	4/20
2	35	Kayla Huba, Brynn Mooney, Julianna Klimow, Sam Pynn	#1 SUNY Geneseo	48.40	4/21
3		Margaret Petty, Danielle Jackson, Nicolette DuBose, Ejim Nnate	#4 SUNY Oneonta	50.05	4/7
4		Deanna Zoch, Michaela Schaffer, Morgan Thompson, Marissa LeDuc	#5 SUNY Plattsburg	51.22	4/20
5		Madison Wagner, Emily Yousey, JoAnne Powers, Emma Robbins	#9 SUNY Potsdam	53.46	4/13
6		Rhiannon Butchko, Noladia Blum, Aionna Johnson, Brenna O'Brien	#7 SUNY Oswego	53.90	4/7

Women's 4x400 Relay

1	45	Sierra Doody, Lainey Flaitz, Sophia Barclay, Jill Ambler	#1 SUNY Geneseo	4:01.60	4/7
2	64	Maris Seabury, Matty Lucey, Yasmine Peralta, Avery Hebert	#3 SUNY Cortland	4:05.22	4/7
3		Eko Dodd-Brown, Danielle Jackson, Taylor Johnson, Daniea Austin	#4 SUNY Oneonta	4:20.81	4/7
4		Lydia Cox, Esther Nankumba, Gwen Sullivan, Michelle Lorenc	#2 SUNY Brockport	4:31.31	4/13
5		Anyia Sloth, Kailyn Ginter, Lillian Moran, Grace Yarkosky	#5 SUNY Plattsburg	4:43.15	4/20
6		Madison Wagner, JoAnne Powers, Adrianna Orlando, Emily Yousey	#9 SUNY Potsdam	4:51.41	4/6
7		Arden Brown, Kevina Drennan, Juliana Rodriguez, Holly Rohrbach	#8 Fredonia	4:54.73	3/30

Women's High Jump

1	16	Danielle FISK	SR	#3 SUNY Cortland	1.67m	5-5¾	4/14
2	29	Michaela LEVESQUE	SR	#2 SUNY Brockport	1.63m	5-4¼	4/21
3	97	Regan KAISER	JR	#3 SUNY Cortland {2}	1.57m	5-1¾	4/7
3	97	Rhiannon BUTCHKO	SO	#7 SUNY Oswego	1.57m	5-1¾	4/7
5		Reilly QUINN	FR	#3 SUNY Cortland {3}	1.51m	4-11½	4/20
6		AnJalya TALMADGE	SO	#3 SUNY Cortland {4}	1.48m	4-10¼	4/20
6		Justice CRANE	FR	#2 SUNY Brockport {2}	1.48m	4-10¼	4/7
8		Katherine BERGE	JR	#5 SUNY Plattsburg	1.47m	4-9¾	4/6
9		Gigi FERRO	FR	#1 SUNY Geneseo	1.45m	4-9	3/30
10		Angelina VARGAS	FR	#1 SUNY Geneseo {2}	1.43m	4-8¼	4/13
10		Rebecca CHRISTIE	SO	#5 SUNY Plattsburg {2}	1.43m	4-8¼	3/30

Women's Pole Vault

1	29	Cara PELLECHIA	SO	#8 Fredonia	3.63m	11-10¾	4/13
2	81	Becca BREADY	SO	#2 SUNY Brockport	3.35m	10-11¾	3/30
2	81	Tess EICHNER	SR	#2 SUNY Brockport	3.35m	10-11¾	3/30
4	96	Isabel SWYERS	FR	#2 SUNY Brockport {3}	3.31m	10-10¼	4/13
5		Haley LERNER	JR	#8 Fredonia {2}	3.16m	10-4¼	4/7
6		Faith HOYT	SO	#3 SUNY Cortland	3.05m	10-0	4/7
7		Nicole GRETZINGER	SO	#1 SUNY Geneseo	3.01m	9-10½	4/7
8		Gianna BATISTA	SO	#1 SUNY Geneseo {2}	2.90m	9-6¼	3/30
8		Abby CARBERRY	FR	#3 SUNY Cortland {2}	2.90m	9-6¼	4/7
10		Mya HENRY	JR	#2 SUNY Brockport {4}	2.86m	9-4½	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



SUNYAC

as of 4/23/2024 8:33:22 AM ET

Women's Long Jump

1	8	Khia LASTER	JR	#6 Buffalo State	5.75m	18-10½ (1.3)	4/21
2	18	Mia MONTGOMERY	SR	#2 SUNY Brockport	5.62m	18-5¼ (1.9)	4/21
3	34	Ejim NNATE	JR	#4 SUNY Oneonta	5.53m	18-1¾ (0.5)	4/20
4	37	Mackayla NERJUSTE	FR	#1 SUNY Geneseo	5.51m	18-1 (1.1)	4/20
5	60	Sam PYNN	JR	#1 SUNY Geneseo {2}	5.41mw	17-9 (3.2)	4/21
6	62	Jill AMBLER	FR	#1 SUNY Geneseo {3}	5.39m	17-8¾ (-1.3)	4/7
7	65	Katelyn JACQUES	SR	#1 SUNY Geneseo {4}	5.37m	17-7½ (1.6)	4/21
8	66	Kayla HUBA	SO	#1 SUNY Geneseo {5}	5.36m	17-7 (1.4)	4/21
9		Danielle FISK	SR	#3 SUNY Cortland	5.28mw	17-4 (2.9)	3/30
10		Lena KIEHL	SR	#1 SUNY Geneseo {6}	5.23m	17-2 (0.9)	4/21

Women's Triple Jump

1	23	Ally ALVIRA	SR	#1 SUNY Geneseo	11.70m	38-4¾ (0.6)	3/30
2	49	Katelyn JACQUES	JR	#1 SUNY Geneseo {2}	11.31mw	37-1¼ (2.5)	4/12
3	98	Gianna BOLAND	FR	#1 SUNY Geneseo {3}	10.99m	36-¾ (1.0)	4/7
4		Lena KIEHL	SR	#1 SUNY Geneseo {4}	10.97m	36-0 (-0.4)	4/14
5		Sasha SCHRAMM	SO	#2 SUNY Brockport	10.92m	35-10 (1.8)	4/13
6		Caitlin MAHER	SO	#3 SUNY Cortland	10.50m	34-5½ (0.1)	4/20
7		Michaela SCHAFFER	SR	#5 SUNY Plattsburg	10.46mw	34-4 (2.6)	4/12
8		Matteson DONNELLY	SR	#3 SUNY Cortland {2}	10.29m	33-9¼ (1.1)	4/7
9		Corinne ALBICKER	FR	#1 SUNY Geneseo {5}	10.25m	33-7½ (1.8)	4/21
10		Olivia SMOCK	SR	#1 SUNY Geneseo {6}	10.12m	33-2½ (0.9)	4/21

Women's Shot Put

1	27	Isabella FABRIZIO	JR	#4 SUNY Oneonta	13.13m	43-1	3/16
2	39	Sarah CROCKETT	SR	#2 SUNY Brockport	12.90m	42-4	4/7
3	50	Zoe CONNER	SR	#1 SUNY Geneseo	12.71m	41-8½	4/7
4		Trinity DEES	SO	#2 SUNY Brockport {2}	11.90m	39-½	4/7
5		Lauren JAKLITSCH	SO	#1 SUNY Geneseo {2}	11.69m	38-4¼	3/30
6		Emelene BUREK	JR	#4 SUNY Oneonta {2}	11.65m	38-2¾	4/20
7		Rebecca HEULER	JR	#2 SUNY Brockport {3}	11.59m	38-¼	4/21
8		Liz SPENCER	SR	#2 SUNY Brockport {4}	11.55m	37-10¾	4/21
9		Tarryn HERMAN	SO	#4 SUNY Oneonta {3}	11.10m	36-5	4/7
10		Paige PAVELSKI	JR	#6 Buffalo State	11.01m	36-1½	3/30

Women's Discus

1	56	Skyler KLIMOW	SO	#1 SUNY Geneseo	40.98m	134-6	4/21
2	99	Sarah PARR	SR	#2 SUNY Brockport	38.83m	127-5	4/21
3		Emma KINNICUTT	SR	#2 SUNY Brockport {2}	38.39m	126-0	4/21
4		Rebecca HEULER	JR	#2 SUNY Brockport {3}	38.31m	125-8	4/13
5		Katie RACHWAL	FR	#5 SUNY Plattsburg	37.32m	122-5	4/20
6		Hannah MCMASTERS	SO	#3 SUNY Cortland	36.86m	120-11	4/20
7		Sarah CROCKETT	SR	#2 SUNY Brockport {4}	36.24m	118-11	4/13
8		Gabi RAGOZZINE	SO	#4 SUNY Oneonta	35.95m	118-0	4/7
9		Katrina CHANDLER	SO	#2 SUNY Brockport {5}	35.07m	115-1	4/7
10		Emelene BUREK	JR	#4 SUNY Oneonta {2}	34.17m	112-1	4/7

Women's Hammer

1	18	Zoe CONNER	SR	#1 SUNY Geneseo	52.16m	171-2	4/21
2	35	Sarah PARR	SR	#2 SUNY Brockport	50.16m	164-7	4/21
3	41	Isabella FABRIZIO	JR	#4 SUNY Oneonta	49.11m	161-2	3/16
4	57	Hannah MCMASTERS	SO	#3 SUNY Cortland	47.94m	157-4	4/7
5	64	Emma KINNICUTT	SR	#2 SUNY Brockport {2}	47.33m	155-4	3/30
6	66	Sarah CROCKETT	SR	#2 SUNY Brockport {3}	47.18m	154-10	4/21
7	100	Jennifer NDUKWU	SO	#3 SUNY Cortland {2}	45.47m	149-2	4/7
8		Lauren JAKLITSCH	SO	#1 SUNY Geneseo {2}	44.70m	146-8	4/21
9		Suzu CONNERS	SO	#3 SUNY Cortland {3}	44.54m	146-2	4/13
10		Gabi RAGOZZINE	SO	#4 SUNY Oneonta {2}	43.50m	142-9	4/20

Women's Javelin

1	4	Rebecca HEULER	JR	#2 SUNY Brockport	44.39m	145-8	4/13
2	37	Skyler KLIMOW	SO	#1 SUNY Geneseo	38.68m	126-11	3/30
3		Sage DOUGLASS	JR	#4 SUNY Oneonta	32.99m	108-3	3/16
4		Ally ALVIRA	SR	#1 SUNY Geneseo {2}	32.67m	107-2	3/30
5		Emily BEATTIE	JR	#2 SUNY Brockport {2}	32.22m	105-9	3/30
6		Julianna KLIMOW	SR	#1 SUNY Geneseo {3}	30.49m	100-1	4/21
7		Sarah ARMENIA	JR	#2 SUNY Brockport {3}	30.14m	98-10¾	3/30
8		Tarryn HERMAN	SO	#4 SUNY Oneonta {2}	29.83m	97-10½	4/7
9		Danielle FISK	SR	#3 SUNY Cortland	29.61m	97-1¾	4/20
10		Payton MEHALICK	SO	#1 SUNY Geneseo {4}	29.58m	97-¾	4/21

Women's Heptathlon

1	17	Danielle FISK	SR	#3 SUNY Cortland	4,415		4/20
2	52	AnJalya TALMADGE	SO	#3 SUNY Cortland {2}	3,806		4/20
3	69	Abrianna KRUGER	SR	#1 SUNY Geneseo	3,530		4/21
4	78	Lanna WANDY	JR	#1 SUNY Geneseo {2}	3,462		4/21
5		Madison BAKER	SR	#2 SUNY Brockport	2,888		4/21
6		Michaela LEVESQUE	SR	#2 SUNY Brockport {2}	1,777		4/21



Conference TFRI Event Summary



UAA

as of 4/23/2024 8:33:23 AM ET

Women's 100 Meters

1	9	Audrey JOHNSON	JR	#3 Emory	11.96	(1.2)	4/20
2	15	Maya DAVIS	FR	#1 Washington (Mo.	12.00	(1.6)	3/30
2	15	Jasmine WRIGHT	SO	#1 Washington (Mo.	12.00	(1.6)	3/30
4	24	Nicole STEWART	JR	#1 Washington (Mo.{3}	12.10w	(3.3)	4/20
5	25	Gabri MESCHINO	SR	#2 Chicago	12.11	(1.6)	3/30
6	61	Dashiel TAO HARRIS	JR	#3 Emory	{2}12.31	(-1.3)	3/16
7	77	Kaya BINETTI	JR	#3 Emory	{3}12.36	(0.2)	4/20
8		Maddie LYONS	SO	#2 Chicago	{2}12.49	(1.8)	4/20
9		Maura DIANNO	JR	#3 Emory	{4}12.53	(1.9)	4/13
10		Seneca GUNERATNE	FR	#5 NYU	12.55	(1.6)	3/23

Women's 100 Meter Hurdles

1	9	Ren BROWN	JR	#2 Chicago	14.20	(1.5)	4/13
2	10	Lauren GAY	JR	#1 Washington (Mo.	14.23w	(2.2)	3/30
3	28	Nikki BOON	JR	#3 Emory	14.70	(0.2)	3/29
4	29	Elizabeth BARRE	SR	#7 Carnegie Mellon	14.75w	(2.4)	3/23
5	42	Amaya MARTIN	SR	#3 Emory	{2}14.84	(-0.1)	3/29
6	92	Alya CAMPBELL	JR	#6 Brandeis	15.32	(0.9)	4/20
7		Sharona SCHWAB	SO	#2 Chicago	{2}15.52	(1.5)	4/13
8		Rebecca STEWART	SR	#2 Chicago	{3}15.55	(1.5)	4/13
9		Grace MISIUNAS	SO	#4 Case Western Re	15.64	(0.8)	4/6
10		Dasha JACKSON	SO	#5 NYU	15.72w	(2.1)	3/30

Women's 200 Meters

1	4	Nicole STEWART	JR	#1 Washington (Mo.	24.46	(0.8)	3/30
2	13	Audrey JOHNSON	JR	#3 Emory	24.70	(1.9)	3/29
3	14	Emma KELLEY	SR	#1 Washington (Mo.{2}	24.72	(1.4)	4/13
4	21	Lauren GAY	JR	#1 Washington (Mo.{3}	24.83	(1.4)	4/13
5	43	Jasmine WRIGHT	SO	#1 Washington (Mo.{4}	25.08w	(2.5)	4/20
6	62	Nikki BOON	JR	#3 Emory	{2}25.27	(1.9)	3/29
6	62	Dashiel TAO HARRIS	JR	#3 Emory	{2}25.27	(1.9)	4/13
8	67	Maya DAVIS	FR	#1 Washington (Mo.{5}	25.30	(-0.4)	4/13
9		Ren BROWN	JR	#2 Chicago	25.62w	(2.1)	4/20
10		Gabri MESCHINO	SR	#2 Chicago	{2}25.67	(0.8)	3/30

Women's 400 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.	54.18		4/13
2	18	Nicole STEWART	JR	#1 Washington (Mo.{2}	56.59		3/30
3	19	Ren BROWN	JR	#2 Chicago	56.64		4/20
4	21	Dashiel TAO HARRIS	JR	#3 Emory	56.74		3/29
5	22	Kylie SPYTEK	SO	#1 Washington (Mo.{3}	56.87		3/30
6	50	Caroline ECHOLS	FR	#1 Washington (Mo.{4}	57.66		4/13
7	51	Catherine CHRISTOPHER	FR	#1 Washington (Mo.{5}	57.69		3/30
8	59	Danielle SCHULTZ	SR	#1 Washington (Mo.{6}	57.90		4/6
9	77	Gayle HENDERSON	FR	#1 Washington (Mo.{7}	58.44		3/30
10	78	Audrey JOHNSON	JR	#3 Emory	{2}58.46		4/13

Women's 400 Meter Hurdles

1	1	Ren BROWN	JR	#2 Chicago	1:00.05		4/13
2	9	Elizabeth BARRE	SR	#7 Carnegie Mellon	1:03.03		3/30
3	40	Ruby KAPLAN	JR	#1 Washington (Mo.	1:05.05		3/23
4	42	Rebecca STEWART	SR	#2 Chicago	{2}1:05.09		4/13
5	52	Olivia ZARZYCKI	JR	#6 Brandeis	1:05.42		4/20
6	74	Sharona SCHWAB	SO	#2 Chicago	{3}1:06.25		4/13
7	79	Mackenzie RICHARD	SO	#5 NYU	1:06.48		4/20
8	91	Caroline HANSEN	JR	#3 Emory	1:06.95		3/23
9		Natalie LIAPIS	FR	#6 Brandeis	{2}1:07.46		4/20
10		Amaya MARTIN	SR	#3 Emory	{2}1:07.58		3/23

Women's 800 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.	2:05.07		3/29
2	5	Danielle SCHULTZ	SR	#1 Washington (Mo.{2}	2:09.99		4/13
3	12	Alessia SARUSSI	SR	#1 Washington (Mo.{3}	2:11.79		3/29
4	16	Maddie KELLY	SR	#2 Chicago	2:12.11		4/6
5	20	Caroline ECHOLS	FR	#1 Washington (Mo.{4}	2:12.62		3/29
6	23	Izzy GORTON	JR	#1 Washington (Mo.{5}	2:13.09		3/29
7	26	Lily TAYLOR	SR	#3 Emory	2:13.72		3/16
8	27	Madison TIAFFAY	SO	#3 Emory	{2}2:13.74		4/20
9	32	Elisabeth CAMIC	JR	#2 Chicago	{2}2:14.43		4/6
10	42	Isabella RHEE	SR	#7 Carnegie Mellon	2:15.40		4/14

Women's 1500 Meters

1	2	Emma KELLEY	SR	#1 Washington (Mo.	4:22.76		4/6
2	4	Grace RICHARDSON	SR	#5 NYU	4:26.88		4/13
3	15	Maddie KELLY	SR	#2 Chicago	4:32.15		3/29
4	16	Brigid HANLEY	SR	#3 Emory	4:32.71		3/23
5	17	Elisabeth CAMIC	JR	#2 Chicago	{2}4:33.10		4/13
6	24	Katie RECTOR	SO	#1 Washington (Mo.{2}	4:34.52		3/29
7	27	Madison TIAFFAY	SO	#3 Emory	{2}4:35.08		4/13
8	28	Evelyn BATTLES- GUNKEL	SR	#2 Chicago	{3}4:35.20		4/6
9	30	Lily TAYLOR	SR	#3 Emory	{3}4:35.33		3/23
10	31	Alessia SARUSSI	SR	#1 Washington (Mo.{3}	4:35.36		4/6

Women's Steeplechase

1	16	Julia PATTERSON	JR	#1 Washington (Mo.	10:52.97		3/29
2	17	Caitlin JORGENSEN	SR	#2 Chicago	10:54.68		3/29
3	18	Abigail PATTERSON	JR	#1 Washington (Mo.{2}	10:56.51		3/29
4	26	Ayla GRABENBAUER	SO	#4 Case Western Re	11:12.61		3/30
5	28	Riley CLARK	SO	#1 Washington (Mo.{3}	11:16.13		3/29
6	40	Cameron GUPTA	FR	#3 Emory	11:21.66		4/6
7		Ella WARKENTINE	SO	#6 Brandeis	11:46.15		4/20
8		Marlee FRADKIN	SR	#1 Washington (Mo.{4}	11:48.39		3/30
9		Lily JASMINSKI	SR	#2 Chicago	{2}11:58.66		4/20
10		Cyd KENNARD	FR	#2 Chicago	{3}12:12.10		4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



UAA

as of 4/23/2024 8:33:23 AM ET

Women's 5000 Meters

1	6	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	16:33.65	4/13
2	10	Grace RICHARDSON	SR	#5 NYU	16:38.39	4/19
3	11	Alexandra BLAKE	SR	#1 Washington (Mo.	16:46.39	4/13
4	13	Brigid HANLEY	SR	#3 Emory	16:48.84	3/30
5	14	Caitlin JORGENSEN	SR	#2 Chicago	{2} 16:49.77	4/13
6	16	Estelle SNIDER	FR	#2 Chicago	{3} 16:51.14	4/13
7	17	Sophie TEDESCO	JR	#2 Chicago	{4} 16:51.91	4/13
8	34	Liesl SCHERRER	JR	#3 Emory	{2} 17:08.15	4/6
9	43	Lauren IAGNEMMA	SO	#4 Case Western Re	17:15.05	4/14
10	51	Katie RECTOR	SO	#1 Washington (Mo.	{2} 17:19.91	4/13

Women's 10,000 Meters

1	2	Grace RICHARDSON	SR	#5 NYU	34:06.21	3/30
2	4	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	34:25.29	3/29
3	13	Sophie TEDESCO	JR	#2 Chicago	{2} 35:16.72	3/29
4	16	Estelle SNIDER	FR	#2 Chicago	{3} 35:25.49	3/29
5	24	Kate COCHRAN	JR	#5 NYU	{2} 35:49.65	3/30
6	74	Avery MCCAMMON	SR	#1 Washington (Mo.	37:47.48	3/29
7	94	Alyssa HOFFMAN	JR	#7 Carnegie Mellon	38:27.12	4/14
8		Anna BATELLI	JR	#6 Brandeis	39:13.03	3/30

Women's 4x100 Relay

1	1	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1 Washington (Mo.	46.35	3/30
2	3	#Type!	#3 Emory	46.64	4/20
3	49	Maddie Lyons, Gabri Meschino, Camila Garanton, Arielle Troadec	#2 Chicago	48.71	4/13
4	81	Smiley Huynh, Elizabeth Korn, Shaniece Nugent, Alya Campbell	#6 Brandeis	49.67	4/12
5		Kate Walsh, Seneca Guneratne, Cindy Leonard, Beverly Okyere	#5 NYU	50.36	3/30
6		Emily Hopkins, Elise Moore, Sarah Ozeki, Grace Misiunas	#4 Case Western Re	51.32	4/13
7		Iniyaa Mohanraj, Emma Nilson, Samantha Lee, Zoe King	#7 Carnegie Mellon	51.98	3/30

Women's 4x400 Relay

1	1	Kylie Spytek, Catherine Christopher, Danielle Schultz, Emma Kelley	#1 Washington (Mo.	3:46.13	3/30
2	19	Ava Hagwell, Onese Ewherido, Maddie Kelly, Ren Brown	#2 Chicago	3:56.25	4/13
3	33	Dashiel Tao Harris, Audrey Johnson, Hannah Riley, Mina Leopold	#3 Emory	3:58.75	3/23
4	82	Hannah Bohbot-Dridi, Elizabeth Korn, Shaniece Nugent, Olivia Zarzycki	#6 Brandeis	4:07.73	3/30
5	85	Isabella Rhee, Emily Lannen, Jiahui Tang, Emma Nilson	#7 Carnegie Mellon	4:08.20	3/30
6	87	Melanie Taylor, Marquis Globokar, Arianna Holbrook, Jessica Kwasny	#4 Case Western Re	4:08.41	4/13
7		Areyanna McCarthy, Laila Goodman, Cindy Leonard, Beverly Okyere	#5 NYU	4:11.47	4/6

Women's High Jump

1	52	Olivia THEISEN	FR	#1 Washington (Mo.	1.60m	5-3	3/30
2	84	Olivia BOYD	SO	#2 Chicago	1.58m	5-2¼	4/13
2	84	Selah DUNGEY	SO	#2 Chicago	1.58m	5-2¼	4/13
2	84	Ebunoluwa OPATA	JR	#1 Washington (Mo.	{2} 1.58m	5-2¼	4/13
5	97	Sophie SEGAL	FR	#6 Brandeis	1.57m	5-1¾	4/7
6		Sammi DUNN	JR	#2 Chicago	{3} 1.55m	5-1	4/20
6		Linda WANG	FR	#3 Emory	1.55m	5-1	3/29
6		Elizabeth MULVANEY	FR	#2 Chicago	{3} 1.55m	5-1	4/20
9		Areyanna MCCARTHY	SO	#5 NYU	1.53m	5-¼	4/6
9		Clara BENNETT	FR	#2 Chicago	{5} 1.53m	5-¼	4/13

Women's Pole Vault

1	5	Yasmin RUFF	JR	#1 Washington (Mo.	3.89m	12-9	4/20
2	19	Mackenzie WALKER	SO	#1 Washington (Mo.	{2} 3.70m	12-1½	3/30
3	25	Holly SCHREIBER	FR	#4 Case Western Re	3.66m	12-0	4/13
4	26	Smiley HUYNH	JR	#6 Brandeis	3.65m	11-11¾	4/7
5	36	Susannah TRUITT	SR	#2 Chicago	3.55m	11-7¾	4/13
6	51	Jo-Michelle HUCZKO	SR	#7 Carnegie Mellon	3.48m	11-5	4/13
7	59	Hannah RILEY	FR	#3 Emory	3.45m	11-3¾	3/16
8	64	Makenzie STOCK	JR	#1 Washington (Mo.	{3} 3.44m	11-3½	4/20
9	67	Anna CURTIS	SR	#1 Washington (Mo.	{4} 3.41m	11-2¼	4/13
10	69	Lindsay RECKER	SO	#2 Chicago	{2} 3.40m	11-1¾	3/30
10	69	Alisha ANDERSON	JR	#6 Brandeis	{2} 3.40m	11-1¾	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



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as of 4/23/2024 8:33:23 AM ET

Women's Long Jump

1	14	Ebunoluwa OPATA	SR	#1	Washington (Mo.	5.65m	18-6½ (0.9)	3/23
2	20	Marina SEMPLE	SO	#2	Chicago	5.60m	18-4½ (1.6)	4/6
2	20	Nikki BOON	JR	#3	Emory	5.60m	18-4½ (0.6)	4/13
4	83	Arielle TROADEC	FR	#2	Chicago	{2} 5.33m	17-6 (0.6)	4/6
5		Grace STERNBERGER	FR	#2	Chicago	{3} 5.29m	17-4¼ (1.6)	3/30
6		Olivia THEISEN	FR	#1	Washington (Mo.	{2} 5.27m	17-3½ (1.9)	4/13
7		Linda WANG	FR	#3	Emory	{2} 5.17mw	16-11½ (3.5)	4/13
7		Brooke MILLAR	SO	#2	Chicago	{4} 5.17m	16-11½ (0.2)	3/30
9		Maya DAVIS	FR	#1	Washington (Mo.	{3} 5.16m	16-11¼ (1.3)	4/6
10		Camryn BOURNE	SR	#2	Chicago	{5} 5.14m	16-10½ (0.0)	4/13

Women's Triple Jump

1	7	Ebunoluwa OPATA	SR	#1	Washington (Mo.	12.18m	39-11½ (0.0)	3/29
2	28	Shaniece NUGENT	SO	#6	Brandeis	11.60m	38-¾ (1.2)	4/7
3	39	Caroline HANSEN	JR	#3	Emory	11.44m	37-6½ (1.8)	4/19
4	53	Rebecca STEWART	SR	#2	Chicago	11.26m	36-11½ (-0.)	4/6
5	73	Jocelyn KIEFEL	JR	#7	Carnegie Mellon	11.12m	36-5¾ (1.0)	4/13
6	74	Audrey JOHNSON	JR	#3	Emory	{2} 11.11m	36-5½ (1.7)	3/29
7	95	Dasha JACKSON	SO	#5	NYU	11.00m	36-1¼ (0.0)	4/20
8	100	Areyanna MCCARTHY	SO	#5	NYU	{2} 10.98m	36-¼ (0.0)	4/20
9		Emily HOPKINS	JR	#4	Case Western Re	10.92m	35-10 (0.0)	4/20
10		Sarah OZEKI	JR	#4	Case Western Re	{2} 10.91m	35-9½ (1.7)	3/16

Women's Shot Put

1	8	Molly LAUMAKIS	SR	#2	Chicago	13.80m	45-3½	3/29
2	9	Jenae BOTHE	SO	#1	Washington (Mo.	13.77m	45-2¼	4/20
3	37	Sarah FINEMAN	JR	#3	Emory	12.97m	42-6¾	4/13
4	93	Taylor SYMONETTE	JR	#7	Carnegie Mellon	12.23m	40-1½	3/30
4	93	Nikki BOON	JR	#3	Emory	{2} 12.23m	40-1½	4/13
6		Adrienne WACHTMAN	JR	#4	Case Western Re	12.01m	39-5	3/16
7		Taylor SIMPSON	JR	#1	Washington (Mo.	{2} 11.95m	39-2½	4/20
8		Mikayla WISE	SR	#1	Washington (Mo.	{3} 11.94m	39-2¼	4/6
9		Elizabeth BARRE	SR	#7	Carnegie Mellon	{2} 10.95m	35-11¼	3/30
10		Rielley MCNEILL	FR	#2	Chicago	{2} 10.88m	35-8½	4/20

Women's Discus

1	27	Nikki BOON	JR	#3	Emory	43.07m	141-4	3/23
2	46	Molly LAUMAKIS	SR	#2	Chicago	41.56m	136-4	3/29
3	76	Jenae BOTHE	SO	#1	Washington (Mo.	39.78m	130-6	3/23
4	98	Adrienne WACHTMAN	JR	#4	Case Western Re	38.85m	127-6	4/13
5		Karyssa MACK	SO	#1	Washington (Mo.	{2} 37.25m	122-3	3/23
6		Rielley MCNEILL	FR	#2	Chicago	{2} 36.76m	120-7	4/20
7		Mikayla WISE	SR	#1	Washington (Mo.	{3} 35.20m	115-6	3/23
8		Taylor SIMPSON	JR	#1	Washington (Mo.	{4} 34.81m	114-3	4/20
9		Blair PENN	JR	#2	Chicago	{3} 34.78m	114-1	4/13
10		Brooke CALDWELL	FR	#2	Chicago	{4} 33.16m	108-10	4/20

Women's Hammer

1	29	Molly LAUMAKIS	SR	#2	Chicago	50.90m	167-0	4/6
2	42	Lauren ROSKUSZKA	JR	#4	Case Western Re	48.93m	160-7	3/16
3	79	Ailean DUFFIE	JR	#4	Case Western Re	{2} 46.68m	153-2	4/13
4	93	Rachel GINN	JR	#4	Case Western Re	{3} 45.76m	150-2	4/6
5		Michelle LEE	SO	#4	Case Western Re	{4} 44.78m	146-11	3/16
6		Adrienne WACHTMAN	JR	#4	Case Western Re	{5} 43.60m	143-1	3/16
7		Mikayla WISE	SR	#1	Washington (Mo.	43.38m	142-4	4/20
8		Brooke CALDWELL	FR	#2	Chicago	{2} 43.32m	142-2	4/13
9		Kayla ROUNTREE	JR	#7	Carnegie Mellon	42.77m	140-4	3/30
10		Karyssa MACK	SO	#1	Washington (Mo.	{2} 41.99m	137-9	4/20

Women's Javelin

1	16	Mable MUTUMWA	FR	#3	Emory	40.52m	132-11	4/6
2	24	Adrienne WACHTMAN	JR	#4	Case Western Re	39.42m	129-4	3/16
3	30	Emma GRUNIN	SO	#5	NYU	39.06m	128-2	4/13
4	48	Lauren ROSKUSZKA	JR	#4	Case Western Re	{2} 37.97m	124-7	4/20
5	58	Nikki BOON	JR	#3	Emory	{2} 37.56m	123-3	3/29
6		Yichen DING	FR	#2	Chicago	34.40m	112-11	3/29
7		Jolie WASSERMAN	JR	#7	Carnegie Mellon	33.45m	109-9	3/30
8		Sara VETTER	JR	#2	Chicago	{2} 32.72m	107-4	4/13
9		Maddie MARTINEZ	FR	#4	Case Western Re	{3} 31.75m	104-2	4/20
10		Molly MORTON	JR	#1	Washington (Mo.	30.93m	101-6	4/13

Women's Heptathlon

1	2	Nikki BOON	JR	#3	Emory	5,107		4/13
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Conference TFRI Event Summary



UEC

as of 4/23/2024 8:33:23 AM ET

Women's 100 Meters

1	20	Oceana BROWN	FR	#2	Gallaudet	12.03	(-2.3)	4/20
2		Leah GRAY	SR	#5	Penn State Harri	12.74	(1.5)	4/6
3		Hannah WETZEL	SR	#2	Gallaudet	{2}12.92	(0.6)	4/12
4		Chay'La RIVERS	SO	#1	St. Mary's (Md.)	12.95	(1.9)	3/16
5		Gabriel MCDONALD	FR	#4	Cedar Crest	13.15	(0.1)	4/6
6		Rajena GUETTLER	SO	#2	Gallaudet	{3}13.40w	(2.6)	3/23
7		Faith GARBER	FR	#3	Lancaster Bible	13.47	(1.8)	4/6
8		Olivia WANNER	SO	#4	Cedar Crest	{2}13.79w	(2.7)	4/20
9		Chloe TOLSON	SO	#1	St. Mary's (Md.)	{2}14.00	(1.0)	3/16
10		Olivia BROWN	SO	#2	Gallaudet	{4}14.01	(1.0)	4/6

Women's 100 Meter Hurdles

1		Grace WEBER	SO	#5	Penn State Harri	16.76	(1.8)	4/6
2		Chay'La RIVERS	SO	#1	St. Mary's (Md.)	16.98	(1.4)	3/16
3		Dina JONES	SO	#1	St. Mary's (Md.)	{2}20.97w	(3.7)	4/20

Women's 200 Meters

1	38	Oceana BROWN	FR	#2	Gallaudet	25.05w	(3.1)	3/23
2		Hannah WETZEL	SR	#2	Gallaudet	{2}26.52	(0.3)	4/6
3		Leah GRAY	SR	#5	Penn State Harri	26.85w	(2.3)	4/6
4		Chay'La RIVERS	SO	#1	St. Mary's (Md.)	27.00w	(3.5)	3/16
5		Gabriel MCDONALD	FR	#4	Cedar Crest	27.50	(0.9)	4/6
6		Faith GARBER	FR	#3	Lancaster Bible	27.99	(0.3)	3/23
7		Rajena GUETTLER	SO	#2	Gallaudet	{3}28.21w	(3.4)	3/23
8		Elizabeth LIEB	JR	#3	Lancaster Bible	{2}29.53	(-1.0)	3/27
9		Chloe TOLSON	SO	#1	St. Mary's (Md.)	{2}29.72w	(2.3)	3/16
10		Mariah MOORE	SO	#6	Penn State Abing	29.75	(-2.4)	3/30

Women's 400 Meters

1		Savannah OWENS	SO	#1	St. Mary's (Md.)	1:01.33		4/20
2		Avery ARRIZI	FR	#1	St. Mary's (Md.)	{2}1:01.96		4/20
3		Rajena GUETTLER	SO	#2	Gallaudet	1:04.73		3/23
4		Elizabeth LIEB	JR	#3	Lancaster Bible	1:05.49		3/27
5		Ariat OJULU	JR	#1	St. Mary's (Md.)	{3}1:06.30		4/20
6		Chloe TOLSON	SO	#1	St. Mary's (Md.)	{4}1:07.06		3/30
7		Olivia WANNER	SO	#4	Cedar Crest	1:08.39		4/6
8		Dina JONES	SO	#1	St. Mary's (Md.)	{5}1:08.96		3/30
9		Pamela ANGEL-AGUILAR	SO	#1	St. Mary's (Md.)	{6}1:12.64		4/20
10		Krishana BROOKS	FR	#4	Cedar Crest	{2}1:13.49		4/6

Women's 400 Meter Hurdles

1		Grace WEBER	SO	#5	Penn State Harri	1:09.67		4/21
2		Chay'La RIVERS	SO	#1	St. Mary's (Md.)	1:12.01		3/30
3		Dina JONES	SO	#1	St. Mary's (Md.)	{2}1:20.57		3/16

Women's 800 Meters

1		Brittney DOUGLAS	JR	#1	St. Mary's (Md.)	2:26.27		3/30
2		Savannah OWENS	SO	#1	St. Mary's (Md.)	{2}2:26.85		3/30
3		Avery ARRIZI	FR	#1	St. Mary's (Md.)	{3}2:31.82		3/30
4		Kaylee HOLSTON	FR	#1	St. Mary's (Md.)	{4}2:34.65		3/16
5		Dina JONES	SO	#1	St. Mary's (Md.)	{5}2:48.85		4/20
6		Pamela ANGEL-AGUILAR	SO	#1	St. Mary's (Md.)	{6}2:54.84		3/30
7		Nicole HAKMAN	FR	#6	Penn State Abing	2:59.55		4/20
8		Lydia GOODLING	FR	#3	Lancaster Bible	3:02.01		3/27
9		Brielle WORRALL	SR	#6	Penn State Abing	{2}3:02.62		4/20
10		Cassidy LEBARON	JR	#2	Gallaudet	3:08.21		4/20

Women's 1500 Meters

1		Elizabeth ROBEY	JR	#1	St. Mary's (Md.)	5:15.35		3/16
2		Kaylee HOLSTON	FR	#1	St. Mary's (Md.)	{2}5:31.63		3/16
3		Brittney DOUGLAS	JR	#1	St. Mary's (Md.)	{3}5:35.35		3/23
4		Madison KINGSLEY	FR	#1	St. Mary's (Md.)	{4}5:40.56		3/16
5		Weiya CARTER	FR	#1	St. Mary's (Md.)	{5}5:45.08		3/16
6		Brielle WORRALL	SR	#6	Penn State Abing	6:07.93		4/20
7		Nicole HAKMAN	FR	#6	Penn State Abing	{2}6:18.21		4/20
8		Jonquil LOEFFELHOLZ	JR	#4	Cedar Crest	6:20.46		4/13
9		Lydia GOODLING	FR	#3	Lancaster Bible	6:22.52		3/27
10		Alexis HODGES	FR	#1	St. Mary's (Md.)	{6}6:25.48		3/30

Women's Steeplechase

1		Taylor NGUYEN	SR	#2	Gallaudet	16:21.97		4/20
2		Olivia KELLY	SR	#4	Cedar Crest	17:13.38		4/6

Women's 5000 Meters

1		Elizabeth ROBEY	JR	#1	St. Mary's (Md.)	21:19.06		3/30
2		Brielle WORRALL	SR	#6	Penn State Abing	22:00.73		4/6
3		Madison KINGSLEY	FR	#1	St. Mary's (Md.)	{2}22:22.12		3/30
4		Weiya CARTER	FR	#1	St. Mary's (Md.)	{3}22:23.91		3/30
5		Jonquil LOEFFELHOLZ	JR	#4	Cedar Crest	22:29.44		4/6
6		Lydia GOODLING	FR	#3	Lancaster Bible	23:49.53		4/21
7		Stacie LALLY	JR	#1	St. Mary's (Md.)	{4}24:05.06		3/30
8		Taylor NGUYEN	SR	#2	Gallaudet	24:51.10		3/30
9		Rosa JOHNSON	FR	#3	Lancaster Bible	{2}25:38.36		4/21
10		Olivia ARMSTRONG	FR	#2	Gallaudet	{2}27:35.88		3/30

Women's 10,000 Meters

1		Madison KINGSLEY	FR	#1	St. Mary's (Md.)	48:05.96		4/20
2		Stacie LALLY	JR	#1	St. Mary's (Md.)	{2}50:33.91		3/16



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



UEC

as of 4/23/2024 8:33:23 AM ET

Women's 4x100 Relay

1	Priscilla Berrios, Oceana Brown, Olivia Brown, Hannah Wetzel	#2 Gallaudet	50.20	4/20
2	Chay'La Rivers, Ariat Ojulu, Tray Mobray, Avery Arrizi	#1 St. Mary's (Md.)	52.75	3/16
3	Elizabeth Lieb, Jessica Merena, Allison Robinson, Faith Garber	#3 Lancaster Bible	57.65	3/27

Women's 4x400 Relay

1	Avery Arrizi, Savannah Owens, Ariat Ojulu, Brittney Douglas	#1 St. Mary's (Md.)	4:14.31	3/30
2	Faith Garber, Jessica Merena, Emma McMurray, Elizabeth Lieb	#3 Lancaster Bible	4:49.32	4/21
3	Kritka Singh, Nicole Hakman, Himani Bhawe, Tracee Jones	#6 Penn State Abington	5:31.58	3/30

Women's High Jump

1	12 Hannah WETZEL	SR	#2 Gallaudet	1.68m	5-6	4/20
2	Chay'La RIVERS	SO	#1 St. Mary's (Md.)	1.45m	4-9	3/30
3	Olivia HORNINGER	SO	#4 Cedar Crest	1.40m	4-7	4/13
4	Jessica MERENA	SO	#3 Lancaster Bible	1.25m	4-1¼	3/27

Women's Pole Vault

1	Katrin CAVANAUGH	FR	#5 Penn State Harri	3.05m	10-0	4/21
2	Emma MCMURRAY	SO	#3 Lancaster Bible	2.60m	8-6¼	4/21
3	Lilian NELSON	JR	#2 Gallaudet	2.40m	7-10½	3/30
4	Isabelle TAVERAS	SO	#2 Gallaudet	{2} 2.08m	6-9¾	4/20
5	Alecia MILLER	FR	#2 Gallaudet	{3} 1.78m	5-10	4/20

Women's Long Jump

1	17 Hannah WETZEL	SR	#2 Gallaudet	5.63m	18-5¾ (1.2)	4/20
2	Olivia HORNINGER	SO	#4 Cedar Crest	4.42mw	14-6 (4.0)	4/13
3	Abril RILEY	JR	#4 Cedar Crest	{2} 4.05mw	13-3½ (3.5)	3/30
4	Katrin CAVANAUGH	FR	#5 Penn State Harri	4.03m	13-2¾ (-1.1)	4/21
5	Jessica MERENA	SO	#3 Lancaster Bible	3.96m	13-0 (0.0)	3/27
6	Careth NOLL	FR	#3 Lancaster Bible	{2} 3.92m	12-10½ (1.1)	3/27

Women's Triple Jump

1	21 Hannah WETZEL	SR	#2 Gallaudet	11.71m	38-5 (0.1)	3/30
2	Chay'La RIVERS	SO	#1 St. Mary's (Md.)	10.09mw	33-1¼ (2.2)	4/20
3	Katrin CAVANAUGH	FR	#5 Penn State Harri	8.78m	28-9¾ (0.0)	4/21

Women's Shot Put

1	83 Midajah DAVIS	JR	#2 Gallaudet	12.28m	40-3½	3/23
2	85 Jillian ZUKLEY	FR	#1 St. Mary's (Md.)	12.27m	40-3¼	3/16
3	Stephanie REIDER	SR	#5 Penn State Harri	11.17m	36-7¾	4/21
4	Martha WEAVER	FR	#3 Lancaster Bible	10.77m	35-4	4/6
5	Erin WILSEY	JR	#3 Lancaster Bible	{2} 10.69m	35-1	4/21
6	Brianna THIGPEN	JR	#2 Gallaudet	{2} 9.69m	31-9½	3/30
7	Mahogany POWELL	JR	#2 Gallaudet	{3} 9.24m	30-3¾	4/6
8	Safiya STIMELY	FR	#1 St. Mary's (Md.)	{2} 9.21m	30-2¾	3/30
9	Isabella BOZEN	SO	#4 Cedar Crest	9.14m	30-0	4/13
10	Amira WHITAKER	SO	#1 St. Mary's (Md.)	{3} 9.07m	29-9¼	3/30
10	Allison ROBINSON	FR	#3 Lancaster Bible	{3} 9.07m	29-9¼	4/21

Women's Discus

1	Isabella BOZEN	SO	#4 Cedar Crest	34.54m	113-4	4/6
2	Stephanie REIDER	SR	#5 Penn State Harri	34.32m	112-7	4/21
3	Jillian ZUKLEY	FR	#1 St. Mary's (Md.)	33.86m	111-1	3/30
4	Brianna THIGPEN	JR	#2 Gallaudet	32.52m	106-9	3/30
5	Gabrielle DEITRICH	FR	#5 Penn State Harri	{2} 31.52m	103-5	4/21
6	Erin WILSEY	JR	#3 Lancaster Bible	28.56m	93-8½	3/27
7	Safiya STIMELY	FR	#1 St. Mary's (Md.)	{2} 28.46m	93-4½	3/30
8	Martha WEAVER	FR	#3 Lancaster Bible	{2} 28.15m	92-4¼	3/27
9	Lexa BRANSON	FR	#4 Cedar Crest	{2} 26.92m	88-4	4/6
10	Nayev PUMPHREY	SO	#1 St. Mary's (Md.)	{3} 24.12m	79-1¾	4/20

Women's Hammer

1	Jillian ZUKLEY	FR	#1 St. Mary's (Md.)	36.01m	118-2	4/20
2	Martha WEAVER	FR	#3 Lancaster Bible	35.92m	117-10	4/21
3	Stephanie REIDER	SR	#5 Penn State Harri	35.16m	115-4	4/6
4	Gabrielle DEITRICH	FR	#5 Penn State Harri	{2} 33.18m	108-10	4/6
5	Midajah DAVIS	JR	#2 Gallaudet	31.08m	102-0	3/2
6	Safiya STIMELY	FR	#1 St. Mary's (Md.)	{2} 30.41m	99-9¼	3/30
7	Nayev PUMPHREY	SO	#1 St. Mary's (Md.)	{3} 29.50m	96-9½	3/30
8	Fladaina BRUNO	SO	#1 St. Mary's (Md.)	{4} 29.29m	96-1¼	3/30
9	Erin WILSEY	JR	#3 Lancaster Bible	{2} 28.77m	94-4¾	3/27
10	Heaven BETHEA	JR	#4 Cedar Crest	27.16m	89-1¼	4/20

Women's Javelin

1	Cassidy PERRY	SO	#2 Gallaudet	33.41m	109-8	4/6
2	Sadie TRUBILLA	SO	#4 Cedar Crest	31.90m	104-8	3/30
3	Isabella BOZEN	SO	#4 Cedar Crest	{2} 28.65m	94-0	4/13
4	Marcy FOLTZ	SO	#3 Lancaster Bible	28.51m	93-6½	4/21
5	Lilian NELSON	JR	#2 Gallaudet	{2} 24.59m	80-8¼	3/23
6	Allison ROBINSON	FR	#3 Lancaster Bible	{2} 24.25m	79-6¾	4/21
7	Avian OPPONG	FR	#6 Penn State Abington	21.26m	69-9	3/30
8	Alexis HUNTER	JR	#6 Penn State Abington	{2} 19.51m	64-¼	4/20
9	Amira WHITAKER	SO	#1 St. Mary's (Md.)	19.39m	63-7½	3/30
10	Quelida ALEXANDRE	FR	#6 Penn State Abington	{3} 19.21m	63-¼	3/30



Conference TFRI Event Summary



UMAC

as of 4/23/2024 8:33:23 AM ET

Women's 100 Meters

1	Camille RING	FR	#7 Crown	12.69	(1.8)	4/13
2	Deanna TRUCKSESS	SR	#6 Northwestern-SI	12.72	(1.8)	4/13
3	Allison ALESSI	FR	#1 UW-Superior	13.08w	(2.6)	4/6
4	Serena LANES	JR	#3 North Central (M	13.28	(0.6)	4/13
5	Deshawna HODGES	FR	#3 North Central (M{2}	13.33	(2.0)	4/6
6	Colleen CLAUDE	SO	#1 UW-Superior	{2}13.38	(1.1)	4/20
7	Cora SCHMITZ	SO	#1 UW-Superior	{3}13.42w	(2.6)	4/6
8	Ruth BRUECKNER	SO	#7 Crown	{2}13.52w	(3.0)	4/13
9	Nevaeh HENDERSON	FR	#3 North Central (M{3}	13.54	(1.6)	4/13
9	Chloe BJORLIN	FR	#3 North Central (M{3}	13.54w	(3.6)	4/13

Women's 100 Meter Hurdles

1	Stephanie WITBROD	JR	#5 Bethany Luthera	15.77w	(2.1)	4/20
2	Brayli REIMER	FR	#7 Crown	16.34w	(2.1)	4/20
3	Camille RING	FR	#7 Crown	{2}16.41	(0.6)	4/13
4	Alexxa DEQUEVEDO	JR	#1 UW-Superior	16.83	(1.2)	4/13
5	Summer HESSELD AHL	FR	#1 UW-Superior	{2}17.91	(2.0)	4/6
6	Ramiyah WORDS	FR	#3 North Central (M	18.28w	(2.6)	4/13
7	Aubrey HARTZELL	FR	#2 Martin Luther	18.51	(0.9)	4/13
7	Grace SEIM	JR	#2 Martin Luther	18.51	(0.8)	4/17
9	Kenzy KREUZER	JR	#1 UW-Superior	{3}19.96	(1.2)	4/13

Women's 200 Meters

1	Camille RING	FR	#7 Crown	27.16	(-3.8)	4/6
2	Colleen CLAUDE	SO	#1 UW-Superior	27.20	(-0.6)	4/20
3	Cassidy GIBSON	FR	#5 Bethany Luthera	27.23	(0.2)	4/13
4	Deanna TRUCKSESS	SR	#6 Northwestern-SI	27.32	(-0.1)	4/20
5	Deshawna HODGES	FR	#3 North Central (M	27.61w	(2.5)	4/13
6	MacKenzie HOLZBAUER	SR	#2 Martin Luther	27.75c	(28.18) (0.5)	4/17
7	Stephanie WITBROD	JR	#5 Bethany Luthera{2}	27.89w	(3.6)	4/6
8	Chloe BJORLIN	FR	#3 North Central (M{2}	28.07w	(2.1)	4/13
9	Brycelyn BREWSTER	SO	#3 North Central (M{3}	28.15w	(2.5)	4/13
10	Kristen RAGASA	FR	#3 North Central (M{4}	28.24	(0.3)	4/13

Women's 400 Meters

1	Brayli REIMER	FR	#7 Crown	1:01.55		4/6
2	Ruth BRUECKNER	SO	#7 Crown	{2}1:01.88		4/6
3	Colleen CLAUDE	SO	#1 UW-Superior	1:02.25		4/13
4	Brycelyn BREWSTER	SO	#3 North Central (M	1:02.49		4/13
5	Savi RAE L	FR	#3 North Central (M{2}	1:03.00c	(1:03.83)	4/17
6	Deanna TRUCKSESS	SR	#6 Northwestern-SI	1:03.15		4/6
7	Naomi FOLEY	SO	#2 Martin Luther	1:03.92		4/6
8	Serena LANES	JR	#3 North Central (M{3}	1:04.06		4/20
9	Alvine NJOUNANG	FR	#6 Northwestern-SI{2}	1:04.56		4/20
10	Riley PING	FR	#5 Bethany Luthera	1:05.20c	(1:06.06)	4/17

Women's 400 Meter Hurdles

1	53 Brayli REIMER	FR	#7 Crown	1:05.44		4/13
2	66 Grace MORAVCHIK	FR	#6 Northwestern-SI	1:05.98		4/20
3	Ruth BRUECKNER	SO	#7 Crown	{2}1:11.93		4/6
4	Emma NELSON	SR	#2 Martin Luther	1:13.07		4/17
5	Aubrey HARTZELL	FR	#2 Martin Luther	{2}1:14.80		4/17
6	Summer HESSELD AHL	FR	#1 UW-Superior	1:19.25		3/16
7	Jordan MERWIN	SR	#5 Bethany Luthera	1:19.93		4/20
8	Ramiyah WORDS	FR	#3 North Central (M	1:20.90		4/20
9	Isabel MOLINA	FR	#1 UW-Superior	{2}1:23.72		4/13
10	Kenzy KREUZER	JR	#1 UW-Superior	{3}1:24.40		3/16

Women's 800 Meters

1	Emery MAKI	FR	#6 Northwestern-SI	2:22.02		4/13
2	Ella DUFAULT	FR	#7 Crown	2:22.59		4/20
3	Simone STEPHENS	FR	#1 UW-Superior	2:23.41		4/20
4	Halle BARKER	JR	#1 UW-Superior	{2}2:27.68		4/20
5	Ruth BRUECKNER	SO	#7 Crown	{2}2:27.76		4/13
6	Savi RAE L	FR	#3 North Central (M	2:29.83		4/20
7	Taylor DECOOK	FR	#1 UW-Superior	{3}2:30.82		3/16
8	Naomi FOLEY	SO	#2 Martin Luther	2:32.23		4/13
9	Jessica REDMAN	FR	#3 North Central (M{2}	2:32.95c	(2:34.71)	4/17
10	Brycelyn BREWSTER	SO	#3 North Central (M{3}	2:33.48		4/20

Women's 1500 Meters

1	Emery MAKI	FR	#6 Northwestern-SI	4:53.29		4/6
2	Ella DUFAULT	FR	#7 Crown	4:54.36		4/6
3	Simone STEPHENS	FR	#1 UW-Superior	4:56.02		4/13
4	Halle BARKER	JR	#1 UW-Superior	{2}4:56.03		4/13
5	Tea BOERNER	JR	#1 UW-Superior	{3}5:17.07		4/13
6	Taylor DECOOK	FR	#1 UW-Superior	{4}5:23.63		4/6
7	Cora HUDELLA	SO	#1 UW-Superior	{5}5:23.94		4/13
8	Katelyn MENSCHING	JR	#2 Martin Luther	5:24.01		4/17
9	Jordan MERWIN	SR	#5 Bethany Luthera	5:25.00		4/20
10	Maya HABBEN	SR	#2 Martin Luther	{2}5:27.73		4/17

Women's Steeplechase

1	Ella DUFAULT	FR	#7 Crown	11:57.20		4/13
2	Jordan MERWIN	SR	#5 Bethany Luthera	12:52.25		4/6
3	Jessica REDMAN	FR	#3 North Central (M	13:35.66		4/20
4	Hope SULZLE	JR	#2 Martin Luther	13:37.52		4/13
5	Liberty VANDENHEUVEL	FR	#2 Martin Luther	{2}14:34.02		4/13
6	Nicole TRAPP	SO	#2 Martin Luther	{3}15:00.27		4/13
7	Samantha GRASS	SO	#2 Martin Luther	{4}15:42.41		4/13



Conference TFRI Event Summary



UMAC

as of 4/23/2024 8:33:24 AM ET

Women's 5000 Meters

1	Halle BARKER	JR	#1 UW-Superior	18:36.91	4/6
2	Tea BOERNER	JR	#1 UW-Superior {2}	19:32.55	4/6
3	Izzy YUHANNA	FR	#6 Northwestern-Si	20:16.72	4/13
4	Cora HUDELLA	SO	#1 UW-Superior {3}	20:34.97	4/6
5	Katelyn MENSCHING	JR	#2 Martin Luther	20:51.64	4/6
6	Sylvia PESCH	FR	#4 Minnesota Morri	20:54.61	4/13
7	Avah KRAUSHAAR	FR	#3 North Central (M	21:03.91	4/20
8	Hope SULZLE	JR	#2 Martin Luther {2}	21:26.15	4/6
9	Lilley SMITH	FR	#1 UW-Superior {4}	21:26.87	4/20
10	Anna SCHWARTZ	FR	#5 Bethany Luthera	22:04.25	4/13

Women's 10,000 Meters

1	Maya HABBEN	SR	#2 Martin Luther	42:25.83	4/21
2	Hope SULZLE	JR	#2 Martin Luther {2}	42:58.20	4/21
3	Izzy YUHANNA	FR	#6 Northwestern-Si	43:10.19	4/20

Women's 4x100 Relay

1	Lydia Rieschl, Deanna Trucksess, Alvine Njounang, Grace Moravchik	#6 Northwestern-Si	50.67	4/13
2	Summer Hesseldahl, Allison Alessi, Colleen Claude, Cora Schmitz	#1 UW-Superior	51.86	4/13
3	Cassidy Gibson, Emma Rowen, Stephanie Witbrod, Naomi Anderson	#5 Bethany Luthera	52.24	4/13
4	Nevaeh Henderson, Serena Lanes, Kristen Ragasa, Deshawna Hodges	#3 North Central (M	52.42	4/13
5	MacKenzie Holzbauer, Matteah Gehl, Macie VanDenHeuvel, Aubrey Hartzell	#2 Martin Luther	55.09	4/17
6	Paige Diekmann, Julia Gorden Mercer, Maggie Landwer, Nibras Luqman	#4 Minnesota Morri	56.94	4/20

Women's 4x400 Relay

1	Brycelyn Brewster, Deshawna Hodges, Savi Rael, Serena Lanes	#3 North Central (M	4:14.61	4/13
2	Brayli Reimer, Ruth Brueckner, Ella Dufault, Camille Ring	#7 Crown	4:16.95	4/13
3	Taylor DeCook, Halle Barker, Cora Hudella, Simone Stephens	#1 UW-Superior	4:33.37	4/13
4	Naomi Foley, Emma Nelson, Samantha Grass, Liberty VanDenHeuvel	#2 Martin Luther	4:38.89	4/21

Women's High Jump

1	Cassidy GIBSON	FR	#5 Bethany Luthera	1.55m	5-1	4/6
2	Ella SCHLEI	SO	#2 Martin Luther	1.52m	4-11¾	4/13
3	Elena BRAUER	SO	#2 Martin Luther {2}	1.50m	4-11	4/17
4	Stephanie WITBROD	JR	#5 Bethany Luthera {2}	1.45m	4-9	4/6
5	Alexxa DEQUEVEDO	JR	#1 UW-Superior	1.36m	4-5½	4/20
6	Ellen BECKIUS	JR	#4 Minnesota Morri	1.35m	4-5	4/20
6	Grace SEIM	JR	#2 Martin Luther {3}	1.35m	4-5	4/17
8	Myla VOLK	SO	#1 UW-Superior {2}	1.32m	4-4	4/6
8	Janae WIDIKER	SO	#1 UW-Superior {2}	1.32m	4-4	4/6
10	Alvine NJOUNANG	FR	#6 Northwestern-Si	1.27m	4-2	4/6

Women's Pole Vault

1	Anna SCHWARTZ	FR	#5 Bethany Luthera	3.17m	10-4¾	4/13
2	Maggie LANDWER	JR	#4 Minnesota Morri	2.55m	8-4¼	4/6
3	Siri OVERTURF	SO	#4 Minnesota Morri {2}	2.42m	7-11¼	4/13
3	Naomi FOLEY	SO	#2 Martin Luther	2.42m	7-11¼	4/13
5	McKenna NASH	FR	#1 UW-Superior	2.40m	7-10½	4/6
6	Jenna KOEHLER	JR	#2 Martin Luther {2}	2.28m	7-5¾	4/21
7	Elizabeth DAHL	FR	#3 North Central (M	2.26m	7-5	4/13
8	Ariana HAYTON	FR	#3 North Central (M {2}	2.10m	6-10¾	4/17
9	Kenzy KREUZER	JR	#1 UW-Superior {2}	2.00m	6-6¾	4/13
9	Paige DIEKMANN	SO	#4 Minnesota Morri {3}	2.00m	6-6¾	4/20

Women's Long Jump

1	20 Stephanie WITBROD	JR	#5 Bethany Luthera	5.60m	18-4½ (2.0)	4/5
2	Grace MORAVCHIK	FR	#6 Northwestern-Si	4.90m	16-1 (-1.1)	4/13
3	Kim PETERS	JR	#4 Minnesota Morri	4.75mw	15-7 (3.7)	4/13
4	Aylie DAHL	FR	#1 UW-Superior	4.74m	15-6¾ (1.7)	4/13
5	Lydia RIESCHL	FR	#6 Northwestern-Si {2}	4.65m	15-3¼ (0.3)	4/20
5	Summer HESSELD AHL	FR	#1 UW-Superior {2}	4.65m	15-3¼ (2.0)	4/13
7	Myla VOLK	SO	#1 UW-Superior {3}	4.46m	14-7¾ (0.1)	3/16
8	Kristen RAGASA	FR	#3 North Central (M	4.32m	14-2¼ (1.5)	4/6
9	Chloe BJORLIN	FR	#3 North Central (M {2}	4.31m	14-1¾ (-0.1)	4/6
10	Colleen CLAUDE	SO	#1 UW-Superior {4}	4.29m	14-1 (1.8)	4/13

Women's Triple Jump

1	10 Stephanie WITBROD	JR	#5 Bethany Luthera	12.16mw	39-10¾ (4.0)	4/12
2	Kristen RAGASA	FR	#3 North Central (M	10.20m	33-5¾ (0.7)	4/20
3	Kim PETERS	JR	#4 Minnesota Morri	9.76mw	32-¼ (2.8)	4/6
4	Myla VOLK	SO	#1 UW-Superior	9.73mw	31-11¼ (3.2)	4/13
5	Naomi FOLEY	SO	#2 Martin Luther	9.52mw	31-2¾ (3.7)	4/13
6	Emma NELSON	SR	#2 Martin Luther {2}	9.26m	30-4¾ (0.8)	4/6
7	Catie MCPHERSON	SO	#1 UW-Superior {2}	9.15mw	30-¼ (2.3)	4/13
8	Macie VANDENHEUVEL	SO	#2 Martin Luther {3}	9.05mw	29-8¼ (2.6)	4/17
9	Chloe BJORLIN	FR	#3 North Central (M {2}	8.91mw	29-2¾ (4.0)	4/17
10	Sheena JAMES	JR	#4 Minnesota Morri {2}	8.70m	28-6½ (1.6)	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



UMAC

as of 4/23/2024 8:33:24 AM ET

Women's Shot Put

1	Stephanie WITBROD	JR	#5	Bethany Luthera	11.85m	38-10½	4/6
2	Elise NOLTE	SO	#2	Martin Luther	11.52m	37-9½	4/21
3	Emma JOHNSON	FR	#1	UW-Superior	11.01m	36-1½	4/20
4	Sidney BADER	SO	#1	UW-Superior	{2}10.91m	35-9½	4/13
5	Kylie ELMES	FR	#4	Minnesota Morri	10.65m	34-11¼	4/13
6	Emma NELSON	SR	#2	Martin Luther	{2}10.35m	33-11½	4/6
7	Madelinn ROMSDAHL	SO	#2	Martin Luther	{3}10.23m	33-6¾	4/13
8	Anna BRIGGS	JR	#4	Minnesota Morri	{2}10.17m	33-4½	4/20
9	Ella SCHLEI	SO	#2	Martin Luther	{4}9.87m	32-4¾	4/21
10	Natalie ENRIGHT	FR	#4	Minnesota Morri	{3}9.61m	31-6½	4/20

Women's Discus

1	Madelinn ROMSDAHL	SO	#2	Martin Luther	35.15m	115-4	4/13
2	Emma NELSON	SR	#2	Martin Luther	{2}34.89m	114-6	4/17
3	Emma JOHNSON	FR	#1	UW-Superior	34.60m	113-6	4/20
4	Elise NOLTE	SO	#2	Martin Luther	{3}33.10m	108-7	4/13
5	Ella SCHLEI	SO	#2	Martin Luther	{4}33.06m	108-6	4/6
6	Natalie ENRIGHT	FR	#4	Minnesota Morri	32.83m	107-9	4/13
7	Grace KING	FR	#3	North Central (M	32.23m	105-9	4/20
8	Leah DOMKE	SO	#2	Martin Luther	{5}32.01m	105-0	4/17
9	Anna BRIGGS	JR	#4	Minnesota Morri	{2}31.34m	102-10	4/13
10	Sidney BADER	SO	#1	UW-Superior	{2}31.30m	102-8	4/20

Women's Hammer

1	92 Stephanie WITBROD	JR	#5	Bethany Luthera	45.84m	150-5	4/13
2	Anna BRIGGS	JR	#4	Minnesota Morri	44.37m	145-7	4/13
3	Emma JOHNSON	FR	#1	UW-Superior	38.13m	125-1	4/6
4	Siri OVERTURF	SO	#4	Minnesota Morri	{2}37.94m	124-6	4/20
5	Elise NOLTE	SO	#2	Martin Luther	36.35m	119-3	4/21
6	Sidney BADER	SO	#1	UW-Superior	{2}35.94m	117-11	4/13
7	MiCayla JONES	SR	#3	North Central (M	35.58m	116-9	4/20
8	Kat PLACIDO	FR	#4	Minnesota Morri	{3}34.02m	111-8	4/20
9	Sydney COX	SO	#1	UW-Superior	{3}33.31m	109-4	4/13
10	Ella SCHLEI	SO	#2	Martin Luther	{2}32.60m	107-0	4/13

Women's Javelin

1	33 Emily ASHTON	SO	#6	Northwestern-St	38.87m	127-7	4/13
2	99 Kassidy SIEDOW	JR	#4	Minnesota Morri	35.54m	116-7	4/13
3	Cassidy GIBSON	FR	#5	Bethany Luthera	34.36m	112-9	4/6
4	Sidney BADER	SO	#1	UW-Superior	34.07m	111-10	4/20
5	Rachel GROTH	FR	#2	Martin Luther	31.85m	104-6	4/13
6	Stephanie WITBROD	JR	#5	Bethany Luthera	{2}30.42m	99-9¾	4/6
7	Alexxa DEQUEVEDO	JR	#1	UW-Superior	{2}29.63m	97-2½	4/20
8	Elena BRAUER	SO	#2	Martin Luther	{2}29.42m	96-6¼	4/6
9	Jeanne COOK	JR	#5	Bethany Luthera	{3}27.74m	91-¼	4/6
10	Gabby FAWCETT	FR	#7	Crown	26.12m	85-8½	4/20

Women's Heptathlon

1	33 Stephanie WITBROD	JR	#5	Bethany Luthera	4,171	4/6
2	90 Alexxa DEQUEVEDO	JR	#1	UW-Superior	3,250	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



USA South

as of 4/23/2024 8:33:24 AM ET

Women's 100 Meters

1	7	Ti'asia BRYANT	FR	#6 North Carolina W	11.92w	(3.9)	4/6
2	18	Kamayah WOOTEN	FR	#6 North Carolina W{2}	12.01	(1.5)	4/6
3	88	Makayla STREET	SO	#4 Brevard (N.C.)	12.39	(-0.6)	4/5
4		Jaela THOMAS	SR	#2 Pfeiffer	12.43w	(3.0)	4/13
5		Mariah BROOKS	JR	#6 North Carolina W{3}	12.54w	(3.0)	4/6
6		Lia SAVAGE	FR	#1 Southern Virgini	12.79w	(2.7)	3/30
7		Brandi GARDNER	SO	#3 Methodist	12.87	(-0.4)	4/13
8		Treasure ROSARIO-WATSON	SO	#3 Methodist {2}	13.28	(0.3)	3/1
9		Elise CURTIS	FR	#1 Southern Virgini{2}	13.32	(-0.1)	4/13
9		Kamree CASTLE	SR	#1 Southern Virgini{2}	13.32w	(2.9)	3/30

Women's 100 Meter Hurdles

1		Folole TORRES	JR	#1 Southern Virgini	15.76w	(4.0)	3/30
2		Shandrey ALLMAN	SO	#1 Southern Virgini{2}	16.18w	(2.1)	3/30
3		Riley HEWARD	SR	#1 Southern Virgini{3}	16.96	(-1.2)	3/16
4		Grace HEARNS	SR	#7 Mary Baldwin	17.14w	(2.1)	3/30
5		Katena MORRISON	FR	#3 Methodist	17.44	(-2.7)	3/30
6		Haylea Layne MILLER	JR	#4 Brevard (N.C.)	18.15	(1.8)	3/16
7		Taylor MUHLESTEIN	FR	#1 Southern Virgini{4}	18.31	(1.9)	4/20
8		Arriana WHITE	FR	#3 Methodist {2}	18.55w	(2.7)	4/13
9		Hannah EASTRIDGE	SR	#7 Mary Baldwin {2}	21.12w	(4.0)	3/30

Women's 200 Meters

1	2	Kamayah WOOTEN	FR	#6 North Carolina W	24.32	(-0.3)	4/20
2	59	Ti'asia BRYANT	FR	#6 North Carolina W{2}	25.26	(-0.4)	4/20
3	73	Jaela THOMAS	SR	#2 Pfeiffer	25.32	(0.6)	3/16
4		Makayla STREET	SO	#4 Brevard (N.C.)	25.72	(1.3)	4/20
5		Brandi GARDNER	SO	#3 Methodist	25.88w	(3.0)	4/13
6		Treasure ROSARIO-WATSON	SO	#3 Methodist {2}	26.12	(0.9)	4/13
7		Lia SAVAGE	FR	#1 Southern Virgini	26.21	(0.1)	3/16
8		Folole TORRES	JR	#1 Southern Virgini{2}	26.28	(-0.3)	4/20
9		Mariah BROOKS	JR	#6 North Carolina W{3}	26.64	(2.0)	4/6
10		Erykalyn NEAL	SO	#3 Methodist {3}	26.81w	(2.6)	4/13

Women's 400 Meters

1	10	Kamayah WOOTEN	FR	#6 North Carolina W	56.26		4/20
2		Treasure ROSARIO-WATSON	SO	#3 Methodist	59.83		4/13
3		Tessa MILLER	FR	#1 Southern Virgini	1:00.40c	(1:00.29A)	3/30
4		Folole TORRES	JR	#1 Southern Virgini{2}	1:01.22		3/30
5		Katelyn LENTZ	FR	#2 Pfeiffer	1:01.27		3/16
6		Addie PARKER	JR	#1 Southern Virgini{3}	1:01.60		3/16
7		Heidi BARTON	SO	#1 Southern Virgini{4}	1:02.54		3/16
8		Ti'asia BRYANT	FR	#6 North Carolina W{2}	1:03.64		4/20
9		Channing BARKER	SR	#4 Brevard (N.C.)	1:04.84		3/2
10		Kayla JEAN	FR	#4 Brevard (N.C.) {2}	1:05.43		4/20

Women's 400 Meter Hurdles

1	80	Folole TORRES	JR	#1 Southern Virgini	1:06.49		3/16
2		Shandrey ALLMAN	SO	#1 Southern Virgini{2}	1:09.77		4/6
3		Katena MORRISON	FR	#3 Methodist	1:10.69		4/13
4		Haylea Layne MILLER	JR	#4 Brevard (N.C.)	1:15.31		4/20
5		Taylor MUHLESTEIN	FR	#1 Southern Virgini{3}	1:18.33		4/13

Women's 800 Meters

1	85	Channing BARKER	SR	#4 Brevard (N.C.)	2:17.53		4/20
2		Tessa MILLER	FR	#1 Southern Virgini	2:18.76		3/16
3		Carly O'TOOLE	SO	#5 Meredith	2:20.28		4/13
4		Heidi BARTON	SO	#1 Southern Virgini{2}	2:20.92		3/30
5		Savanna CHAPIN	SR	#1 Southern Virgini{3}	2:21.47		4/13
6		Madelyn MERNA	SO	#5 Meredith {2}	2:23.60		3/1
7		Katelyn LENTZ	FR	#2 Pfeiffer	2:24.30		3/22
8		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{4}	2:27.05		3/16
9		Andrea GALLEGOS	SR	#5 Meredith {3}	2:27.07		4/13
10		Makayla BORST	FR	#2 Pfeiffer {2}	2:28.85		3/22

Women's 1500 Meters

1		Madison LOWERY	SR	#2 Pfeiffer	4:44.63		4/6
2		Heidi BARTON	SO	#1 Southern Virgini	4:52.44		4/13
3		Channing BARKER	SR	#4 Brevard (N.C.)	4:53.57		3/23
4		Tessa MILLER	FR	#1 Southern Virgini{2}	4:55.82		4/13
5		Savanna CHAPIN	SR	#1 Southern Virgini{3}	4:56.47		4/6
6		Andrea GALLEGOS	SR	#5 Meredith	5:01.65		3/22
7		Lissie HILL	FR	#1 Southern Virgini{4}	5:04.57		4/13
8		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{5}	5:05.54		3/16
9		Carly O'TOOLE	SO	#5 Meredith {2}	5:06.59		4/6
10		Lilly DALEBOUT	JR	#1 Southern Virgini{6}	5:10.44		4/13

Women's Steeplechase

1		Madelyn MERNA	SO	#5 Meredith	12:09.08		3/22
2		Maddie HLADIK	FR	#2 Pfeiffer	12:16.04		4/13
3		Makayla BORST	FR	#2 Pfeiffer {2}	12:26.06		4/13
4		Amethyst JOSEPH	SO	#5 Meredith {2}	12:50.33		4/13
5		Sandra DIAZ-MARTINEZ	SO	#4 Brevard (N.C.)	14:10.81		3/16

Women's 5000 Meters

1	93	Madison LOWERY	SR	#2 Pfeiffer	17:40.93		3/16
2		Delaney BUNDY	FR	#5 Meredith	18:24.28		3/1
3		Maddie HLADIK	FR	#2 Pfeiffer {2}	18:41.01		4/13
4		Lilly DALEBOUT	JR	#1 Southern Virgini	18:56.85		4/20
5		Heidi BARTON	SO	#1 Southern Virgini{2}	19:06.69		4/20
6		Andrea GALLEGOS	SR	#5 Meredith {2}	19:16.25		3/1
7		Lissie HILL	FR	#1 Southern Virgini{3}	19:25.30		4/20
8		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{4}	19:36.32		4/20
9		Savanna CHAPIN	SR	#1 Southern Virgini{5}	19:40.26		4/20
10		Micah WELBORN	SR	#2 Pfeiffer {3}	19:59.02		4/6



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USA South

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Women's 10,000 Meters

1	Delaney BUNDY	FR	#5 Meredith	38:37.19	4/13
2	Lilly DALEBOUT	JR	#1 Southern Virgini	39:41.28	4/6

Women's 4x100 Relay

1	29	Mariah Brooks, Ti'asia Bryant, Tysheka Moore, Kamiyah Wooten	#6 North Carolina W	48.24	3/22
2		Riley Heward, Lia Savage, Elise Curtis, Addie Parker	#1 Southern Virgini	50.63	3/30
2		Brandi Gardner, Quierra Hawkins, Erykalyn Neal, Treasure Rosario-watson	#3 Methodist	50.63	3/30
4		Haylea Layne Miller, Imani Singleton, Kayla Jean, Makayla Street	#4 Brevard (N.C.)	51.76	4/5

Women's 4x400 Relay

1	62	Lia Savage, Folole Torres, Tessa Miller, Addie Parker	#1 Southern Virgini	4:04.98	4/13
2	91	Brandi Gardner, Patti Busch, Katena Morrison, Treasure Rosario-watson	#3 Methodist	4:09.62	4/13
3		Karis King, Sandra Diaz-Martinez, Haylea Layne Miller, Channing Barker	#4 Brevard (N.C.)	4:30.53	3/23

Women's High Jump

1	97	Makayla STREET	SO	#4 Brevard (N.C.)	1.57m	5-1¾	3/23
2		Jocelyn BAKER	FR	#1 Southern Virgini	1.50m	4-11	4/6
2		Elyssa HOLMAN	FR	#1 Southern Virgini	1.50m	4-11	4/13
2		Mikki PROWS	SO	#1 Southern Virgini	1.50m	4-11	3/30
5		Jilane PEDERSEN	JR	#1 Southern Virgini{4}	1.45m	4-9	3/30
5		Treasure ROSARIO-WATSON	SO	#3 Methodist	1.45m	4-9	4/13
5		Elise CURTIS	FR	#1 Southern Virgini{4}	1.45m	4-9	3/30
8		Lola CABANISS	FR	#2 Pfeiffer	1.40m	4-7	4/13
8		Barresha JONES	JR	#5 Meredith	1.40m	4-7	3/22

Women's Pole Vault

1		Savanna CHAPIN	SR	#1 Southern Virgini	2.80m	9-2¼	4/20
2		Jocelyn BAKER	FR	#1 Southern Virgini{2}	2.75m	9-¾	3/30

Women's Long Jump

1	18	Brandi GARDNER	SO	#3 Methodist	5.62m	18-5¼ (-0.9)	4/13
2		Haylea Layne MILLER	JR	#4 Brevard (N.C.)	4.93m	16-2¼ (0.0)	3/16
3		Makayla STREET	SO	#4 Brevard (N.C.)	{2} 4.83m	15-10¼ (-3)	3/23
4		Aspen KING	FR	#2 Pfeiffer	4.79m	15-8¾ (-0.1)	4/13
5		Jocelyn BAKER	FR	#1 Southern Virgini	4.73m	15-6¼ (0.3)	3/30
6		Kaitlin BOWER	JR	#7 Mary Baldwin	4.69m	15-4¾ (-0.1)	3/30
7		Elyssa HOLMAN	FR	#1 Southern Virgini{2}	4.48m	14-8½ (0.5)	4/13
8		De'Ja MORGAN	JR	#5 Meredith	4.47m	14-8 (1.5)	3/22
9		Addie PARKER	JR	#1 Southern Virgini{3}	4.40m	14-5¼ (0.5)	3/30
10		Grace HEARNS	SR	#7 Mary Baldwin	{2} 4.38m	14-4½ (-0.8)	4/6

Women's Triple Jump

1		Grace HEARNS	SR	#7 Mary Baldwin	10.42m	34-2¼ (1.0)	4/20
2		Elyssa HOLMAN	FR	#1 Southern Virgini	10.31mw	33-10 (2.8)	4/6
3		Brandi GARDNER	SO	#3 Methodist	10.20m	33-5¾ (1.6)	3/30
4		Katena MORRISON	FR	#3 Methodist	{2} 10.14m	33-3¼ (0.7)	4/13
5		Kaitlin BOWER	JR	#7 Mary Baldwin	{2} 9.19m	30-2 (-0.1)	4/20

Women's Shot Put

1		Christian VAN NORDEN	JR	#6 North Carolina W	11.84m	38-10¼	3/22
2		Majesty SMITH	JR	#8 William Peace	11.25m	36-11	4/12
3		Isabell MUSSER	SO	#4 Brevard (N.C.)	11.23m	36-10¼	3/23
4		Paris BENNETT	FR	#2 Pfeiffer	10.53m	34-6¾	4/13
5		Alex STANCELL	SR	#2 Pfeiffer	{2} 9.81m	32-2¼	4/13
6		Rebecca MCGAUGHNEA	SO	#3 Methodist	9.77m	32-¾	4/13
7		Katrina GARDNER	FR	#1 Southern Virgini	9.74m	31-11½	3/16
8		Lusiana MAILAKEBA	JR	#3 Methodist	{2} 9.71m	31-10¼	3/1
9		Mikki PROWS	SO	#1 Southern Virgini{2}	9.62m	31-6¾	4/6
10		Ashlyn STONE-AWONG	SO	#1 Southern Virgini{3}	9.56m	31-4½	3/16

Women's Discus

1		Presley HEGGIE	SO	#1 Southern Virgini	32.08m	105-3	4/20
2		Rebecca MCGAUGHNEA	SO	#3 Methodist	32.00m	105-0	4/6
3		Isabell MUSSER	SO	#4 Brevard (N.C.)	31.80m	104-4	3/23
4		Paris BENNETT	FR	#2 Pfeiffer	30.38m	99-8¼	4/13
5		Alea WILLIS	SR	#1 Southern Virgini{2}	27.90m	91-6½	4/20
6		Christian VAN NORDEN	JR	#6 North Carolina W	26.97m	88-6	3/22
7		Danika RAY	JR	#5 Meredith	26.88m	88-2¼	4/13
8		Janie DECKER	SO	#2 Pfeiffer	{2} 26.78m	87-10½	3/22
9		Katrina GARDNER	FR	#1 Southern Virgini{3}	26.70m	87-7¼	4/13
10		Ashlyn STONE-AWONG	SO	#1 Southern Virgini{4}	26.35m	86-5½	4/20



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USA South

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Women's Hammer

1	Elizabeth JONES	JR	#2 Pfeiffer	41.64m	136-8	4/13
2	Ashlyn STONE-AWONG	SO	#1 Southern Virginia	39.03m	128-1	4/13
3	Majesty SMITH	JR	#8 William Peace	38.73m	127-1	4/12
4	Alea WILLIS	SR	#1 Southern Virginia{2}	37.59m	123-4	4/13
5	Katrina GARDNER	FR	#1 Southern Virginia{3}	34.90m	114-6	3/16
6	Rebecca MCGAUGHNEA	SO	#3 Methodist	34.05m	111-9	4/13
7	Alex STANCELL	SR	#2 Pfeiffer {2}	32.50m	106-8	3/16
8	Janie DECKER	SO	#2 Pfeiffer {3}	32.47m	106-7	4/13
9	Presley HEGGIE	SO	#1 Southern Virginia{4}	31.33m	102-10	4/20
10	Jordan PECORELLA	JR	#3 Methodist {2}	31.13m	102-2	4/13

Women's Javelin

1	Jilane PEDERSEN	JR	#1 Southern Virginia	35.38m	116-1	3/16
2	Presley HEGGIE	SO	#1 Southern Virginia{2}	34.67m	113-9	4/13
3	Alex STANCELL	SR	#2 Pfeiffer	30.69m	100-8	3/16
4	Alesha TURNBOW	FR	#1 Southern Virginia{3}	27.45m	90-¾	4/20
5	Ashlyn STONE-AWONG	SO	#1 Southern Virginia{4}	25.60m	84-0	4/13
6	Imari KNIGHT	SO	#7 Mary Baldwin	23.87m	78-3¾	4/20
7	Hedi LAYNE	JR	#3 Methodist	23.60m	77-5¼	4/6
8	Lusiana MAILAKEBA	JR	#3 Methodist {2}	22.91m	75-2	4/13
9	Isabel BASILIS	SR	#7 Mary Baldwin {2}	21.91m	71-10¾	3/30
10	Najila CASTILLO-WRIGHT	FR	#7 Mary Baldwin {3}	21.68m	71-1½	3/23



Conference TFRI Event Summary



WIAC

as of 4/23/2024 8:33:24 AM ET

Women's 100 Meters

1	1	Tina SHELTON	JR	#5 UW-Whitewater	11.73w	(4.0)	4/20
2	2	Lauren JARRETT	SO	#1 UW-La Crosse	11.80	(-0.4)	4/13
3	19	Makenna ZAK	SO	#1 UW-La Crosse	{2} 12.02w	(3.0)	4/6
4	33	Anika REILAND	FR	#1 UW-La Crosse	{3} 12.15	(0.9)	4/6
5	59	Danielle POUSKA	SO	#5 UW-Whitewater	{2} 12.30w	(3.3)	4/20
6	70	Taylor MOLLING	FR	#1 UW-La Crosse	{4} 12.33	(1.9)	4/20
7	82	Lexi LEFEVER	SR	#8 UW-River Falls	12.37w	(2.4)	4/13
8		Molly KALLENBACH	JR	#2 UW-Eau Claire	12.43	(1.9)	4/20
9		Allyson KAKES	FR	#2 UW-Eau Claire	{2} 12.49	(1.5)	4/6
10		Jacqueline KORNOWSKI	JR	#5 UW-Whitewater	{3} 12.51w	(3.2)	4/5

Women's 100 Meter Hurdles

1	8	Hannah ZASTROW	JR	#3 UW-Stout	14.13	(1.9)	4/6
2	32	Emilee BOOKER	JR	#2 UW-Eau Claire	14.80w	(3.8)	4/20
3	46	Brie ECKERMAN	FR	#1 UW-La Crosse	14.89	(0.8)	4/20
4	48	Hannah HOLM	JR	#1 UW-La Crosse	{2} 14.93	(0.8)	4/20
5	54	Jaryn JOHANNSEN	JR	#2 UW-Eau Claire	{2} 14.99	(0.8)	4/13
6	73	Lexi LEFEVER	SR	#8 UW-River Falls	15.17	(-2.8)	3/21
7	77	Amber GROSSE	SO	#1 UW-La Crosse	{3} 15.20w	(3.8)	4/20
8	80	Lilly ROBERTS	SO	#3 UW-Stout	{2} 15.22	(2.0)	4/13
9	81	Alexys SCHEUERELL	SO	#1 UW-La Crosse	{4} 15.24	(1.8)	4/20
10	88	Becca HANSEN	FR	#3 UW-Stout	{3} 15.30w	(2.3)	4/13

Women's 200 Meters

1	6	Tina SHELTON	JR	#5 UW-Whitewater	24.54	(-0.2)	4/13
2	12	Lauren JARRETT	SO	#1 UW-La Crosse	24.69	(1.6)	4/20
3	27	Anika REILAND	FR	#1 UW-La Crosse	{2} 24.87	(-0.2)	4/13
4	33	Lexi LEFEVER	SR	#8 UW-River Falls	25.02	(1.2)	3/21
5	74	Makenna ZAK	SO	#1 UW-La Crosse	{3} 25.33	(-0.2)	4/13
6		Taylor MOLLING	FR	#1 UW-La Crosse	{4} 25.83	(1.6)	4/20
7		Molly KALLENBACH	JR	#2 UW-Eau Claire	25.84	(-0.1)	4/13
8		Hannah BILODEAU	SO	#5 UW-Whitewater	{2} 26.00	(-0.2)	4/13
9		Emilee BOOKER	JR	#2 UW-Eau Claire	{2} 26.05	(0.9)	4/6
10		Jacqueline KORNOWSKI	JR	#5 UW-Whitewater	{3} 26.06w	(2.5)	4/20

Women's 400 Meters

1	48	Amber JOHNSON	SR	#1 UW-La Crosse	57.61		4/13
2	54	Maddy LAVOI	FR	#4 UW-Oshkosh	57.73		4/6
3	70	Morgan JENNINGS	SO	#1 UW-La Crosse	{2} 58.28		4/13
4	94	Anna PLAUTZ	FR	#1 UW-La Crosse	{3} 58.67		4/20
4	94	Hannah BILODEAU	SO	#5 UW-Whitewater	58.67		4/13
6		Anetha VOGELE	JR	#6 UW-Stevens Poir	58.94		4/5
7		Julia STEGER	FR	#4 UW-Oshkosh	{2} 59.07		4/6
8		Lilly HALVORSON	JR	#1 UW-La Crosse	{4} 59.19		4/6
9		Ashley BARTELT	JR	#6 UW-Stevens Poir	{2} 59.22		4/13
10		Gretchen MCNEAL	SO	#1 UW-La Crosse	{5} 59.59		4/6

Women's 400 Meter Hurdles

1	21	Ashley BARTELT	JR	#6 UW-Stevens Poir	1:03.75		4/20
2	31	Jaryn JOHANNSEN	JR	#2 UW-Eau Claire	1:04.69		4/13
3	45	Gretchen MCNEAL	SO	#1 UW-La Crosse	1:05.22		4/13
4	50	Jessica BUSS	SR	#7 UW-Platteville	1:05.31		4/13
5	55	Michaela DICK	FR	#2 UW-Eau Claire	{2} 1:05.49		4/13
6	77	Ava SULLIVAN	FR	#1 UW-La Crosse	{2} 1:06.45		4/20
7		Megan LIEBERS	FR	#3 UW-Stout	1:08.07		4/6
8		Lilly ROBERTS	SO	#3 UW-Stout	{2} 1:08.17		4/6
9		Malina CARATTINI	FR	#6 UW-Stevens Poir	{2} 1:08.24		4/5
10		Jordan SHAMION	JR	#6 UW-Stevens Poir	{3} 1:08.37		4/13

Women's 800 Meters

1	11	Cyna MADIGAN	JR	#4 UW-Oshkosh	2:11.68		3/29
2	37	Greta KOEHLER	SR	#1 UW-La Crosse	2:14.84		4/13
3	47	Anna SCHUETH	SR	#2 UW-Eau Claire	2:15.60		4/13
4	50	Libby GEISNESS	JR	#4 UW-Oshkosh	{2} 2:15.69		3/29
5	83	Breklyn LAMMERT	JR	#3 UW-Stout	2:17.48		4/13
6	100	Gwen HINZ	SO	#1 UW-La Crosse	{2} 2:18.12		4/20
7		Cailyn KUECHLE	SR	#8 UW-River Falls	2:18.71		4/20
8		Sydney REISNER	JR	#3 UW-Stout	{2} 2:18.98		4/20
9		Paige FASSBENDER	JR	#5 UW-Whitewater	2:19.03		4/20
10		Mikayla HADY	JR	#2 UW-Eau Claire	{2} 2:19.57		4/13

Women's 1500 Meters

1	19	Amelia LEHMAN	SR	#4 UW-Oshkosh	4:33.79		3/29
2	35	Maddie HANNAN	SR	#1 UW-La Crosse	4:35.86		4/6
3	54	McKayla FELTON	JR	#3 UW-Stout	4:39.34		4/6
4	89	Cyna MADIGAN	JR	#4 UW-Oshkosh	{2} 4:42.76		4/20
5	90	Mikayla HADY	JR	#2 UW-Eau Claire	4:42.77		4/20
6	99	Olivia DONOHUE	JR	#3 UW-Stout	{2} 4:43.33		4/6
7		Greta KOEHLER	SR	#1 UW-La Crosse	{2} 4:44.48		4/20
8		Ari DE LA CERDA	JR	#5 UW-Whitewater	4:44.54		4/20
9		Breklyn LAMMERT	JR	#3 UW-Stout	{3} 4:44.69		3/29
10		Libby GEISNESS	JR	#4 UW-Oshkosh	{3} 4:44.81		4/20

Women's Steeplechase

1	8	Katelyn CHADWICK	JR	#1 UW-La Crosse	10:46.17		3/29
2	29	Breklyn LAMMERT	JR	#3 UW-Stout	11:16.46		4/20
3	32	Gracie BUCHINGER	SO	#4 UW-Oshkosh	11:17.96		3/29
4	55	Lily HIGGINS	FR	#1 UW-La Crosse	{2} 11:32.67		4/20
5	62	Meygan BENZING	SR	#4 UW-Oshkosh	{2} 11:35.60		4/13
6	74	Paige ALLEMANN	SR	#6 UW-Stevens Poir	11:37.67		4/20
7	83	Natalie JOHNSON	SO	#6 UW-Stevens Poir	{2} 11:39.43		4/20
8	93	Karlie MEYER	JR	#1 UW-La Crosse	{3} 11:41.70		4/20
9	98	Jocelyn APRILL	SO	#1 UW-La Crosse	{4} 11:43.13		4/20
10		Gabri GAINES	JR	#6 UW-Stevens Poir	{3} 11:45.83		4/20



Conference TFRI Event Summary



WIAC

as of 4/23/2024 8:33:24 AM ET

Women's 5000 Meters

1	19	Amelia LEHMAN	SR	#4 UW-Oshkosh	16:55.99	4/13
2	25	McKayla FELTON	JR	#3 UW-Stout	16:59.87	4/13
3	44	Katelyn CHADWICK	JR	#1 UW-La Crosse	17:15.36	4/13
4	76	Arelly JAIME-LUEVANO	JR	#3 UW-Stout	{2} 17:34.47	4/13
5	81	Morgan DAHL	JR	#2 UW-Eau Claire	17:37.55	4/13
6	91	Gwen HINZ	SO	#1 UW-La Crosse	{2} 17:40.54	4/13
7	95	Ari DE LA CERDA	JR	#5 UW-Whitewater	17:41.45	4/13
8		Madelynn MCINTYRE	JR	#1 UW-La Crosse	{3} 17:42.47	4/13
9		Olivia DONOHUE	JR	#3 UW-Stout	{3} 17:44.87	4/13
10		Mallory REISER	FR	#1 UW-La Crosse	{4} 17:45.12	4/13

Women's 10,000 Meters

1	25	Madelynn MCINTYRE	JR	#1 UW-La Crosse	35:49.77	4/20
2	32	Arelly JAIME-LUEVANO	JR	#3 UW-Stout	36:11.75	4/20
3	34	Morgan DAHL	JR	#2 UW-Eau Claire	36:15.78	4/20
4	35	Ava MATEJCEK	SO	#2 UW-Eau Claire	{2} 36:15.90	4/20
5	36	Mallory REISER	FR	#1 UW-La Crosse	{2} 36:19.65	4/20
6	44	Autumn CANAVERA	SR	#2 UW-Eau Claire	{3} 36:39.37	4/20
7	45	Keeley BEHR	SO	#2 UW-Eau Claire	{4} 36:40.57	4/20
8	51	Christi FORMAN	JR	#2 UW-Eau Claire	{5} 36:48.97	4/20
9	54	Hannah FLISS	SR	#7 UW-Platteville	36:53.05	4/20
10	55	Brooklyn LUEBKE	FR	#1 UW-La Crosse	{3} 36:54.68	3/29

Women's 4x100 Relay

1	6	Makenna Zak, Anika Reiland, Taylor Molling, Lauren Jarrett	#1 UW-La Crosse	47.08	4/20
2	12	Hannah Bilodeau, Tina Shelton, Jacqueline Kornowski, Danielle Pouska	#5 UW-Whitewater	47.49	4/13
3	38	Hope Schueller, Allyson Kakes, Kylee Grabarski, Molly Kallenbach	#2 UW-Eau Claire	48.51	4/13
4	48	Jenna Driscoll, Lilly Gamache, Lilly Roberts, Makayla Durango	#3 UW-Stout	48.67	4/6
5	56	Caitlynn Hahn, Kayla Lipsey, Alexis Healey, Elianna Dalamangas	#7 UW-Platteville	48.89	4/6
6	60	Ella Ahlstrand, Andrea Glaz, Julia Steger, Devin Hable	#4 UW-Oshkosh	49.01	4/13
7		Adyn Theriault, Kadence Knipp, Grace Goodness, Chloe Dettmers	#6 UW-Stevens Poir	49.99	4/13
8		Kyla Kubera, Savannah Leopold, Jordan Salzman, Brenna Schwartz	#8 UW-River Falls	53.56	4/20

Women's 4x400 Relay

1	16	Julia Steger, Cyna Madigan, Olivia Stenzel, Maddy LaVoi	#4 UW-Oshkosh	3:55.33	4/13
2	17	Taylor Molling, Anika Reiland, Katie McGlothlen, Gretchen McNeal	#1 UW-La Crosse	3:55.85	4/13
3	23	Kylee Grabarski, Jane Kautz, Lauren Dimler, Emilee Booker	#2 UW-Eau Claire	3:56.54	4/13
4	44	Paige Fassbender, Abby Giese, Katie McNamara, Hannah Bilodeau	#5 UW-Whitewater	4:01.46	4/20
5	50	Malina Carattini, Anetha Vogeles, Ashley Spatz, Ashley Bartelt	#6 UW-Stevens Poir	4:02.48	4/20
6	51	Margaret Rusch, Kayla Lipsey, Jessica Buss, Elianna Dalamangas	#7 UW-Platteville	4:02.52	4/13
7		Corrina Tvedt, Sydney Reisner, Ava DeBaker, Sophie Simmer	#3 UW-Stout	4:11.51	4/6
8		Sarah Hansen, Haylie Rasmussen, Lexi LeFever, Cailyn Kuechle	#8 UW-River Falls	4:18.57	4/20

Women's High Jump

1	8	Macie TODD	JR	#1 UW-La Crosse	1.69m	5-6½	4/20
1	8	Hannah ZASTROW	JR	#3 UW-Stout	1.69m	5-6½	4/20
3	12	Hailey CAMPBELL	FR	#7 UW-Platteville	1.68m	5-6	4/13
3	12	Ainsley HANSEN	SO	#1 UW-La Crosse	{2} 1.68m	5-6	4/6
5	27	Ella WILLIAMSON	JR	#2 UW-Eau Claire	1.64m	5-4½	4/20
6	29	Alexys SCHEUERELL	SO	#1 UW-La Crosse	{3} 1.63m	5-4¼	4/20
6	29	Emily WILLIAMS	JR	#2 UW-Eau Claire	{2} 1.63m	5-4¼	4/6
8	52	Laura BERTRANG	FR	#2 UW-Eau Claire	{3} 1.60m	5-3	4/13
8	52	Brynn FUERSTENBERG	SO	#5 UW-Whitewater	1.60m	5-3	4/13
10	75	Lexi LEFEVER	SR	#8 UW-River Falls	1.59m	5-2½	3/21
10	75	Alyssa DRAHEIM	FR	#2 UW-Eau Claire	{4} 1.59m	5-2½	4/20
10	75	Alia VANDERHOEF	JR	#1 UW-La Crosse	{4} 1.59m	5-2½	4/20
10	75	Madeline ZIRBEL	SO	#6 UW-Stevens Poir	1.59m	5-2½	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #5, April 23



WIAC

as of 4/23/2024 8:33:24 AM ET

Women's Pole Vault

1	2	Gracie HOLLAND	JR	#5 UW-Whitewater	3.93m	12-10 $\frac{3}{4}$	4/13
2	3	Annika GUNDERSON	SO	#8 UW-River Falls	3.90m	12-9 $\frac{1}{2}$	3/29
3	12	Leah ZASTROW	SO	#3 UW-Stout	3.81m	12-6	4/20
4	15	Ayden FLEEHARTY	SR	#2 UW-Eau Claire	3.76m	12-4	4/20
5	17	Maddy HABBERSTAD	FR	#1 UW-La Crosse	3.75m	12-3 $\frac{1}{2}$	4/6
6	29	Emily SHAFRON	SO	#1 UW-La Crosse	{2} 3.63m	11-10 $\frac{3}{4}$	4/13
7	51	Araceli DE LEO LOPEZ	SO	#1 UW-La Crosse	{3} 3.48m	11-5	4/13
7	51	Zoe JENKS-RECKER	SO	#5 UW-Whitewater	{2} 3.48m	11-5	4/13
7	51	Marisa HARVEY	FR	#1 UW-La Crosse	{3} 3.48m	11-5	4/13
10	56	Haley BLAGDON	JR	#2 UW-Eau Claire	{2} 3.46m	11-4 $\frac{1}{4}$	4/20

Women's Long Jump

1	4	Maya EVANS	SO	#1 UW-La Crosse	5.87m	19-3 $\frac{1}{4}$ (0.6)	4/12
2	34	Ava FOLEY	SO	#1 UW-La Crosse	{2} 5.53m	18-1 $\frac{3}{4}$ (1.4)	4/20
3	41	Ashley DAVIES	FR	#1 UW-La Crosse	{3} 5.49m	18- $\frac{1}{4}$ (1.1)	4/20
4	43	Jenna DRISCOLL	JR	#3 UW-Stout	5.48m	17-11 $\frac{3}{4}$ (0.0)	4/13
5	58	Gracie HOLLAND	JR	#5 UW-Whitewater	5.42m	17-9 $\frac{1}{2}$ (1.3)	4/13
6	66	Hailey CAMPBELL	FR	#7 UW-Platteville	5.36m	17-7 (0.9)	4/6
7	71	Alison DAUGHERTY	FR	#1 UW-La Crosse	{4} 5.35m	17-6 $\frac{3}{4}$ (1.6)	4/13
7	71	Samantha BARRETT	JR	#1 UW-La Crosse	{4} 5.35m	17-6 $\frac{3}{4}$ (-1.0)	4/13
9	78	Emily BLASKOWSKI	FR	#1 UW-La Crosse	{6} 5.34m	17-6 $\frac{1}{4}$ (1.3)	4/20
10	88	Jenna MILLER	SO	#1 UW-La Crosse	{7} 5.32mw	17-5 $\frac{1}{2}$ (2.3)	4/20

Women's Triple Jump

1	4	Samantha BARRETT	JR	#1 UW-La Crosse	12.24mw	40-2 (2.9)	4/20
2	32	Mackenzey KRONBERG	SO	#1 UW-La Crosse	{2} 11.56m	37-11 $\frac{1}{4}$ (2.0)	4/12
3	44	Miah KELLER	SR	#1 UW-La Crosse	{3} 11.39m	37-4 $\frac{1}{2}$ (0.0)	4/6
4	51	Maya EVANS	SO	#1 UW-La Crosse	{4} 11.29m	37- $\frac{1}{2}$ (0.5)	4/20
5	57	Elianna DALAMANGAS	FR	#7 UW-Platteville	11.21m	36-9 $\frac{1}{2}$ (1.4)	3/28
6	62	Ashley DAVIES	FR	#1 UW-La Crosse	{5} 11.18m	36-8 $\frac{1}{4}$ (1.1)	4/6
7	77	Josie BLUM	FR	#1 UW-La Crosse	{6} 11.09m	36-4 $\frac{3}{4}$ (0.0)	4/13
8	79	Carly SCHREURS	JR	#1 UW-La Crosse	{7} 11.07mw	36-4 (3.3)	4/20
9		Raleigh ELGAS	SO	#5 UW-Whitewater	10.95mw	35-11 $\frac{1}{4}$ (3.1)	4/5
10		Molly KALLENBACH	JR	#2 UW-Eau Claire	10.88mw	35-8 $\frac{1}{2}$ (2.2)	4/6

Women's Shot Put

1	9	Brenna MASLOROFF	SR	#4 UW-Oshkosh	13.77m	45-2 $\frac{1}{4}$	4/6
2	11	Raina STECHER	JR	#2 UW-Eau Claire	13.67m	44-10 $\frac{1}{4}$	4/13
3	13	Izzy CARROLL	JR	#1 UW-La Crosse	13.56m	44-6	3/29
4	14	Brenna NOON	JR	#7 UW-Platteville	13.47m	44-2 $\frac{1}{2}$	4/6
5	30	Kayla BEHNKE	JR	#2 UW-Eau Claire	{2} 13.11m	43- $\frac{1}{4}$	4/6
6	31	Madilyn VANDER SANDEN	FR	#1 UW-La Crosse	{2} 13.08m	42-11	4/13
7	55	Teagan JONES	JR	#2 UW-Eau Claire	{3} 12.64m	41-5 $\frac{3}{4}$	4/13
8	56	Lupe CORN	JR	#6 UW-Stevens Poir	12.63m	41-5 $\frac{1}{4}$	4/5
9	73	Kailee SELLEN	JR	#2 UW-Eau Claire	{4} 12.38m	40-7 $\frac{1}{2}$	4/6
10	74	Amber GROSSE	SO	#1 UW-La Crosse	{3} 12.37m	40-7	4/20

Women's Discus

1	2	Kayla BEHNKE	JR	#2 UW-Eau Claire	48.96m	160-8	4/6
2	17	Teagan JONES	JR	#2 UW-Eau Claire	{2} 43.93m	144-2	4/13
3	23	Izzy CARROLL	JR	#1 UW-La Crosse	43.44m	142-6	4/13
4	38	Katie HAASE	SR	#8 UW-River Falls	42.07m	138-0	4/17
5	40	Raina STECHER	JR	#2 UW-Eau Claire	{3} 41.86m	137-4	4/13
6	51	Kenni CZARNECKI	JR	#5 UW-Whitewater	41.35m	135-8	4/20
7	58	Aubree KOENINGS	FR	#3 UW-Stout	40.75m	133-9	4/13
8	94	Sydney TORGERSON	FR	#1 UW-La Crosse	{2} 39.03m	128-1	4/13
9		Brenna MASLOROFF	SR	#4 UW-Oshkosh	38.58m	126-7	4/19
10		Mariah MOEHN	JR	#6 UW-Stevens Poir	37.65m	123-6	4/20

Women's Hammer

1	3	Teagan JONES	JR	#2 UW-Eau Claire	57.05m	187-2	4/13
2	5	Brenna MASLOROFF	SR	#4 UW-Oshkosh	56.04m	183-10	4/19
3	7	Kayla BEHNKE	JR	#2 UW-Eau Claire	{2} 54.50m	178-10	4/6
4	12	Izzy CARROLL	JR	#1 UW-La Crosse	53.13m	174-4	4/6
5	15	Kenni CZARNECKI	JR	#5 UW-Whitewater	52.77m	173-2	4/20
6	22	Aubree KOENINGS	FR	#3 UW-Stout	51.78m	169-11	3/29
7	38	Raina STECHER	JR	#2 UW-Eau Claire	{3} 49.89m	163-8	4/20
8	46	Bobbi BLAHNIK	JR	#4 UW-Oshkosh	{2} 48.69m	159-9	4/6
9	62	Katie HAASE	SR	#8 UW-River Falls	47.37m	155-5	4/20
10	67	Amelia RETZLAFF	JR	#6 UW-Stevens Poir	47.15m	154-8	4/20

Women's Javelin

1	9	Gabby JOHNSON	JR	#1 UW-La Crosse	41.73m	136-11	3/29
2	84	Tina SHELTON	JR	#5 UW-Whitewater	36.51m	119-10	3/29
3	85	Ella PULS	SO	#1 UW-La Crosse	{2} 36.41m	119-6	4/6
4	89	Emily WILLIAMS	JR	#2 UW-Eau Claire	36.21m	118-10	4/13
5		Laura BERTRANG	FR	#2 UW-Eau Claire	{2} 34.59m	113-6	4/20
6		Amber GROSSE	SO	#1 UW-La Crosse	{3} 34.21m	112-3	4/20
7		Kaydee JOHNSON	JR	#1 UW-La Crosse	{4} 33.97m	111-6	4/6
8		Emma GRUEN	JR	#2 UW-Eau Claire	{3} 33.22m	109-0	4/20
9		Mariah MOEHN	JR	#6 UW-Stevens Poir	33.01m	108-4	4/20
10		Jane KAUTZ	SR	#2 UW-Eau Claire	{4} 32.90m	107-11	4/20

Women's Heptathlon

1	8	Lexi LEFEVER	SR	#8 UW-River Falls	4,632		3/22
2	11	Emilee BOOKER	JR	#2 UW-Eau Claire	4,530		4/20
3	15	Amber GROSSE	SO	#1 UW-La Crosse	4,432		4/20
4	20	Alexys SCHEUERELL	SO	#1 UW-La Crosse	{2} 4,373		4/20
5	24	Jane KAUTZ	SR	#2 UW-Eau Claire	{2} 4,328		4/20
6	25	Lauryn RUSTAD	FR	#2 UW-Eau Claire	{3} 4,283		4/20
7	27	Megan HUNT	JR	#4 UW-Oshkosh	4,251		4/20
8	35	Noelle HACKENMUELLER	SO	#1 UW-La Crosse	{3} 4,150		4/20
9	36	Emma GRUEN	JR	#2 UW-Eau Claire	{4} 4,148		4/20
10	41	Becca HANSEN	FR	#3 UW-Stout	4,042		4/20