



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



East

as of 4/23/2024 8:30:53 AM ET

## Women's 100 Meters

1	29	Kianne BENJAMIN	SR	#3 Bowdoin	12.12	(0.3)	4/12
2	41	Simone WAHEED	FR	#5 Colby	12.19	(1.8)	3/30
3	61	Jailene ESCALERA	SR	#8 Bridgewater Sta	12.31	(0.1)	4/20
4	65	Michaina LORISTON	SO	#9 Wheaton (Mass.)	12.32	(1.2)	3/30
5	75	Dorinda OKORJI	JR	#13 UMass Boston	12.35w	(3.0)	3/16
6	84	Vivienne EVANS	SR	#4 WPI	12.38	(1.7)	4/14
7	96	Wendy WOODEN	SO	#9 Wheaton (Mass.) {2}	12.41w	(2.5)	3/16
8		Amaris GOODWIN	JR	#12 Gordon (Mass.)	12.43w	(2.7)	3/30
8		Savanna VARGAS	FR	#9 Wheaton (Mass.) {3}	12.43	(-1.7)	3/30
10		Janiah YOUNG	SO	#7 Southern Maine	12.51	(-1.8)	4/13

## Women's 100 Meter Hurdles

1	5	Erin DAUGHERTY	JR	#5 Colby	14.10w	(2.3)	4/13
2	14	Aryianna GARCEAU	SO	#13 UMass Boston	14.41	(1.3)	4/13
3	22	Alison MCDONOUGH	SR	#8 Bridgewater Sta	14.50	(0.9)	4/20
4	49	Kiana GOLDBERG	FR	#7 Southern Maine	14.95w	(2.5)	4/6
5	54	Makany CAMARA	JR	#23 Fitchburg State	14.99	(0.7)	4/20
6	56	Sarah PILLONE	SR	#2 Tufts	15.00	(1.0)	3/30
7	67	Moriah SCHARN	SO	#6 Bates	15.14	(0.0)	4/13
8	72	Emma BURR	FR	#17 Thomas (Maine)	15.16	(0.6)	4/20
9	75	Amanda CASTALDI	SO	#9 Wheaton (Mass.)	15.18	(0.8)	4/7
10	92	Alya CAMPBELL	JR	#10 Brandeis	15.32	(0.9)	4/20

## Women's 200 Meters

1	18	Kianne BENJAMIN	SR	#3 Bowdoin	24.81	(0.6)	4/20
2	35	Jailene ESCALERA	SR	#8 Bridgewater Sta	25.03	(1.9)	4/20
3	49	Marina MILLER	JR	#1 MIT	25.19	(1.7)	4/7
4	77	Schylar WYSE	SR	#9 Wheaton (Mass.)	25.35w	(3.3)	3/16
5	91	Kiara ABRANTES	JR	#8 Bridgewater Sta {2}	25.49	(1.7)	4/7
6	99	Janiah YOUNG	SO	#7 Southern Maine	25.56	(0.6)	4/20
7		Simone WAHEED	FR	#5 Colby	25.71w	(3.9)	3/30
8		Ashley KELEHER	SR	#21 Colby-Sawyer	25.75	(0.4)	4/20
9		Kiana GOLDBERG	FR	#7 Southern Maine {2}	25.80cu	(26.46u) (1.	4/6
10		Kaitlyn EWALD	FR	#5 Colby {2}	25.82w	(3.3)	4/13
10		JoJo MILLER	FR	#1 MIT {2}	25.82	(1.7)	4/7

## Women's 400 Meters

1	14	Marina MILLER	JR	#1 MIT	56.47		4/20
2	23	Julia HOWARTH	JR	#1 MIT {2}	56.88		4/20
3	29	Ashley KELEHER	SR	#21 Colby-Sawyer	57.01		4/20
4	36	Kiara ABRANTES	JR	#8 Bridgewater Sta	57.32		4/7
5	53	Kaitlyn EWALD	FR	#5 Colby	57.72		4/13
6	57	Fiona MEJICO	JR	#5 Colby {2}	57.79		4/13
7	58	Olivia DIAS	JR	#1 MIT {3}	57.80		4/20
8	62	Olivia DOHERTY	SO	#5 Colby {3}	57.99		3/30
9	66	Kristina PIZZI	JR	#5 Colby {4}	58.06		3/23
10	87	Annika KRAL	JR	#2 Tufts	58.58		4/7

## Women's 400 Meter Hurdles

1	4	Fiona MEJICO	JR	#5 Colby	1:01.90		3/30
2	7	Paige COOKSEY	JR	#1 MIT	1:02.62		4/13
3	22	Emma SMITH	JR	#2 Tufts	1:03.84		4/20
4	26	Erin DAUGHERTY	JR	#5 Colby {2}	1:04.32		3/30
5	30	Maddie LEE	SR	#6 Bates	1:04.67		4/6
6	37	Antonia KNOTH	SR	#2 Tufts {2}	1:04.95		4/12
7	43	Angela HAGSTROM	JR	#16 Babson	1:05.19		3/16
8	52	Olivia ZARZYCKI	JR	#10 Brandeis	1:05.42		4/20
9	57	Haley WIMS	SR	#5 Colby {3}	1:05.51		4/13
10		Natalie LIAPIS	FR	#10 Brandeis {2}	1:07.46		4/20

## Women's 800 Meters

1	2	Julia HOWARTH	JR	#1 MIT	2:08.08		4/13
2	3	Grace HADLEY	SR	#4 WPI	2:08.55		4/20
3	41	Christina CROW	JR	#1 MIT {2}	2:15.37		4/20
4	58	Krystal MONTGOMERY	SO	#1 MIT {3}	2:16.23		4/7
5	84	Meagan ROWLETT	JR	#1 MIT {4}	2:17.52		4/7
6	92	Erin HOVENDON	SO	#1 MIT {5}	2:17.68		4/20
7		Kylie MUSANTE	SO	#6 Bates	2:18.21		3/30
8		Chrissy AMAN	SR	#6 Bates {2}	2:18.34		4/20
9		Lauren TRAUM	SR	#3 Bowdoin	2:18.55		4/20
10		Hannah RISKO	JR	#18 Endicott	2:19.27		4/20

## Women's 1500 Meters

1	1	Grace HADLEY	SR	#4 WPI	4:17.61		4/14
2	34	Christina CROW	JR	#1 MIT	4:35.64		4/20
3	44	Rujuta SANE	SO	#1 MIT {2}	4:37.43		4/13
4	46	Ella WHINNEY	SO	#11 Wellesley	4:38.21		4/20
5	56	Chrissy AMAN	SR	#6 Bates	4:39.39		4/13
6	63	Heather JENSEN	FR	#1 MIT {3}	4:40.72		4/20
7		Kirsi RAJAGOPAL	JR	#1 MIT {4}	4:43.56		4/7
8		Caitlin GUILFOYLE	SR	#4 WPI {2}	4:44.35		4/13
9		Kahryn CULLENBERG	SR	#6 Bates {2}	4:46.18		4/6
10		Katya HENISZ	FR	#2 Tufts	4:46.33		4/7

## Women's Steeplechase

1	21	Liv GIRAND	FR	#1 MIT	10:59.61		4/13
2	34	Heather JENSEN	FR	#1 MIT {2}	11:18.25		4/13
3	39	Ella WHINNEY	SO	#11 Wellesley	11:21.61		4/13
4	58	Alexandra DEAN	SO	#2 Tufts	11:34.47		4/12
5	75	Simone BEAUCHAMP	SO	#11 Wellesley {2}	11:37.69		4/20
6		Ella WARKENTINE	SO	#10 Brandeis	11:46.15		4/20
7		Neena GOLDTHWAITE	SR	#3 Bowdoin	11:57.05		4/12
8		Taylor NELDNER	FR	#2 Tufts {2}	11:59.48		4/20
9		Sophia CARPENTER	FR	#2 Tufts {3}	12:02.93		4/12
10		Ava DOWLING	JR	Husson	12:09.01		4/13



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East

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## Women's 5000 Meters

1	<b>1</b>	Grace HADLEY	SR	<b>#4</b> WPI	<b>15:56.26</b>	<b>4/20</b>
2	<b>30</b>	Rujuta SANE	SO	<b>#1</b> MIT	<b>17:03.68</b>	<b>4/20</b>
3	<b>31</b>	Rachel BRENNAN	SR	#12 Gordon (Mass.)	<b>17:03.77</b>	4/14
4	<b>58</b>	Kate SANDERSON	SO	<b>#1</b> MIT	{2} <b>17:24.43</b>	4/7
5	<b>60</b>	Liv GIRAND	FR	<b>#1</b> MIT	{3} <b>17:26.81</b>	<b>4/20</b>
6	<b>66</b>	Kirsi RAJAGOPAL	JR	<b>#1</b> MIT	{4} <b>17:30.66</b>	<b>4/20</b>
7	<b>69</b>	Isabel MAY	SR	#6 Bates	<b>17:31.21</b>	4/13
8	<b>88</b>	Stephanie CHUN	SR	<b>#3</b> Bowdoin	<b>17:39.68</b>	3/23
9	<b>97</b>	Kahryn CULLENBERG	SR	#6 Bates	{2} <b>17:41.60</b>	3/30
10		Abby MUELLER	SR	<b>#3</b> Bowdoin	{2} <b>17:46.39</b>	4/12

## Women's 10,000 Meters

1	<b>3</b>	Grace HADLEY	SR	<b>#4</b> WPI	<b>34:06.68</b>	3/30
2	<b>8</b>	Kate SANDERSON	SO	<b>#1</b> MIT	<b>35:08.35</b>	<b>4/20</b>
3	<b>12</b>	Rachel BRENNAN	SR	#12 Gordon (Mass.)	<b>35:16.00</b>	3/29
4	<b>59</b>	Isabel MAY	SR	#6 Bates	<b>37:04.00</b>	3/23
5	<b>77</b>	Jaz VANDERHOOF	SO	#9 Wheaton (Mass.)	<b>37:52.23</b>	4/13
6	<b>82</b>	Phoebe POHL	JR	#6 Bates	{2} <b>38:03.26</b>	3/23
7	<b>85</b>	Nina PARZIALE	JR	#15 Univ. of New Eng	<b>38:11.07</b>	4/13
8	<b>87</b>	Tori BACALL	SO	<b>#3</b> Bowdoin	<b>38:13.72</b>	3/23
9	100	Emily BRYDGES	SO	#11 Wellesley	<b>38:34.69</b>	4/13
10		Grace FURLONG	SR	#24 Keene State	<b>38:50.18</b>	4/13

## Women's 4x100 Relay

1	<b>4</b>	#Type!	#9 Wheaton (Mass.)	<b>46.91</b>	<b>4/20</b>
2	<b>8</b>	Erin Daugherty, Fiona Mejico, Simone Waheed, Kaitlyn Ewald	#5 Colby	<b>47.23</b>	4/13
3	<b>42</b>	Alison McDonough, Jailene Escalera, Kiara Abrantes, Tristen Gomes	#8 Bridgewater Sta	<b>48.56</b>	4/7
4	<b>67</b>	Sophia Young, Rose Jenkins, Catherine Uwakwe, Kennedy Kirkland	<b>#3</b> Bowdoin	<b>49.22</b>	<b>4/20</b>
5	<b>81</b>	Smiley Huynh, Elizabeth Korn, Shaniece Nugent, Alya Campbell	#10 Brandeis	<b>49.67</b>	4/12
6	<b>85</b>	Jainaba Conteh, Hilma Ortega, Emily Concepcion, Amanda Walden	#14 Suffolk	<b>49.74</b>	4/13
7	<b>91</b>	Sarah Pillone, Annika Kral, Nyla Thompson, Simi Lawal	<b>#2</b> Tufts	<b>49.84</b>	4/12
8		Mackenzie Betty, Janiah Young, Heaven Conley, Alexis Karantza	#7 Southern Maine	<b>50.02</b>	<b>4/20</b>
9		Ria Goveas, Eriko Darcy, Taylor Quaye, Merete Ogah	#11 Wellesley	<b>50.18</b>	<b>4/20</b>
10		Corryn Fisher, Jazmyn Ewing, Vivienne Evans, Leithsa Dimanche	<b>#4</b> WPI	<b>50.28</b>	<b>4/20</b>



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East

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## Women's 4x400 Relay

1	2	Marina Miller, Paige Cooksey, Olivia Dias, Julia Howarth	#1 MIT	3:46.69	3/30
2	7	Haley Wims, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	#5 Colby	3:51.76	3/30
3	47	Harper Meek, Annika Kral, Antonia Knoth, Emma Smith	#2 Tufts	4:01.82	4/12
4	68	Catherine Uwakwe, Olivia Rayis, Kennedy Kirkland, Kianne Benjamin	#3 Bowdoin	4:05.77	4/12
5	72	Elise Deshusses, Caitlin Guilfoyle, Grace Hadley, Maeve Steckley	#4 WPI	4:06.42	4/20
6	82	Hannah Bohbot-Dridi, Elizabeth Korn, Shaniece Nugent, Olivia Zarzycki	#10 Brandeis	4:07.73	3/30
7	93	Lia Traficonte, Kylie Musante, Leah White, Maddie Lee	#6 Bates	4:10.01	3/30
8	99	Colleen Corman, Chloe Clifford, Brooke Jankowski, Angela Hagstrom	#16 Babson	4:10.41	3/16
9		Charlie Barron, Aoife Fitzgerald, Sara Maeve Klingensmith, Ella Whinney	#11 Wellesley	4:13.47	4/20
10		Schylar Wyse, Jessica Dickson, Kristen DiBella, Kate Wickenheisser	#9 Wheaton (Mass.)	4:13.65	3/30

## Women's High Jump

1	12	Serenity SANDS	SR	#8 Bridgewater Sta	1.68m	5-6	4/7
2	29	Olivia JALBERT	SR	#7 Southern Maine	1.63m	5-4 1/4	4/13
3	36	Lexi KING	FR	#2 Tufts	1.62m	5-3 3/4	4/7
3	36	Tolu AKINBO	JR	#1 MIT	1.62m	5-3 3/4	4/7
3	36	Harper MEEK	SR	#2 Tufts	1.62m	5-3 3/4	4/7
3	36	Makany CAMARA	JR	#23 Fitchburg State	1.62m	5-3 3/4	3/30
7	84	Amanda BORDEN	SR	#4 WPI	1.58m	5-2 1/4	4/6
8	97	Katherine KEMPF	SO	#1 MIT	{2} 1.57m	5-1 3/4	4/7
8	97	Sophie SEGAL	FR	#10 Brandeis	1.57m	5-1 3/4	4/7
8	97	Juliana PATRONE	SR	#8 Bridgewater Sta	{2} 1.57m	5-1 3/4	4/7
8	97	Hialeah FOSTER	FR	#13 UMass Boston	1.57m	5-1 3/4	3/30
8	97	Brooklyn GOFF	SR	#22 Saint Joseph's (N	1.57m	5-1 3/4	4/13
8	97	Amalia TOUTZIARIDI	FR	#1 MIT	{2} 1.57m	5-1 3/4	4/7
8	97	Dorinda OKORJI	JR	#13 UMass Boston	1.57m	5-1 3/4	4/20

## Women's Pole Vault

1	3	Katelyn HOWARD	SO	#1 MIT	3.90m	12-9 1/2	4/20
2	6	Hailey SURACE	SO	#1 MIT	{2} 3.85m	12-7 1/2	4/20
3	10	Charlotte HODGE	JR	#3 Bowdoin	3.83m	12-6 3/4	3/23
4	14	Sarah FIRTH	JR	#2 Tufts	3.80m	12-5 1/2	3/16
5	26	Smiley HUYNH	JR	#10 Brandeis	3.65m	11-11 3/4	4/7
6	36	Emma GALL	FR	#2 Tufts	{2} 3.55m	11-7 3/4	4/12
6	36	Nyla THOMPSON	JR	#2 Tufts	{2} 3.55m	11-7 3/4	4/20
8	67	Sophie MAGUIRE	SO	#3 Bowdoin	{2} 3.41m	11-2 1/4	4/20
9	69	Alisha ANDERSON	JR	#10 Brandeis	{2} 3.40m	11-1 3/4	4/20
10	81	Lena TANG	FR	#2 Tufts	{4} 3.35m	10-11 3/4	3/16

## Women's Long Jump

1	41	Alison MCDONOUGH	SR	#8 Bridgewater Sta	5.49m	18- 1/4 (-0.8)	4/6
2	50	Dorinda OKORJI	JR	#13 UMass Boston	5.45mw	17-10 3/4 (3.8)	4/8
3	56	Sarah PILLONE	SR	#2 Tufts	5.43m	17-9 3/4 (1.3)	4/20
4	88	Desiree ROBINSON	JR	#19 Emmanuel (Mas	5.32m	17-5 1/2 (1.3)	4/20
5	95	Jordan ANDREW	JR	#2 Tufts	{2} 5.31mw	17-5 1/4 (2.1)	4/7
6	99	Jenna ALBANESE	SR	#3 Bowdoin	5.30m	17-4 3/4 (-0.8)	4/20
6	99	Ciara ADU-ADDO	FR	Worcester State	5.30m	17-4 3/4 (0.4)	4/8
8		Olivia JALBERT	SR	#7 Southern Maine	5.27m	17-3 1/2 (0.8)	4/13
9		Emma MARTIN	JR	#1 MIT	5.26m	17-3 1/4 (1.5)	4/20
10		Hialeah FOSTER	FR	#13 UMass Boston	{2} 5.16m	16-11 1/4 (0.0)	4/20
10		Brooklyn GOFF	SR	#22 Saint Joseph's (N	5.16m	16-11 1/4 (0.0)	4/20

## Women's Triple Jump

1	28	Shaniece NUGENT	SO	#10 Brandeis	11.60m	38- 3/4 (1.2)	4/7
2	46	Nony OTU UGWU	SO	#1 MIT	11.36m	37-3 3/4 (-2.0)	4/7
3	49	Desiree ROBINSON	JR	#19 Emmanuel (Mas	11.31m	37-1 1/4 (0.9)	3/30
4	61	Ashley KELEHER	SR	#21 Colby-Sawyer	11.19m	36-8 1/2 (0.0)	3/30
5	62	Jordan ANDREW	JR	#2 Tufts	11.18m	36-8 1/4 (1.4)	4/20
6	74	Tristen GOMES	JR	#8 Bridgewater Sta	11.11m	36-5 1/2 (1.0)	4/20
7	89	Sarah PILLONE	SR	#2 Tufts	{2} 11.04m	36-2 3/4 (0.8)	4/20
8	95	Maelynn UGOKWE	SR	#2 Tufts	{3} 11.00m	36-1 1/4 (0.3)	4/20
9		Trista SICARD	SO	#16 Babson	10.87m	35-8 (1.2)	4/20
10		Tamia DUBIDAD	SO	#2 Tufts	{4} 10.72m	35-2 (1.9)	3/16

## Women's Shot Put

1	1	Alexis BOYKIN	JR	#1 MIT	15.15m	49-8 1/2	4/13
2	29	Emily BALL	JR	#1 MIT	{2} 13.12m	43- 1/2	4/7
3	36	Zoe BARNES	JR	#7 Southern Maine	12.98m	42-7	4/6
4	56	Tiana FOX	SO	#12 Gordon (Mass.)	12.63m	41-5 1/4	3/30
5	70	Jaigan BOUDREAU	JR	#7 Southern Maine	{2} 12.39m	40-7 3/4	3/30
6	93	Ginger ARNOLD	FR	#3 Bowdoin	12.23m	40-1 1/2	4/20
7		Mardy NOVAK	FR	#3 Bowdoin	{2} 11.53m	37-10	3/23
8		Morgan COLLINS	SR	#4 WPI	11.43m	37-6	4/6
9		Jadah STOKES	FR	Worcester State	11.42m	37-5 3/4	4/8
10		Emma GIBBENS	JR	#3 Bowdoin	{3} 11.34m	37-2 1/2	3/23



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## Women's Discus

1	3	Alexis BOYKIN	JR	#1 MIT	48.90m	160-5	4/7
2	8	Emily BALL	JR	#1 MIT	{2}46.08m	151-2	4/13
3	33	Zoe BARNES	JR	#7 Southern Maine	42.45m	139-3	3/30
4	74	Macy BRENNAN	FR	#1 MIT	{3}39.86m	130-9	4/7
5	91	Mary DISANTO	SR	#17 Thomas (Maine)	39.15m	128-6	4/13
6	95	Morgan COLLINS	SR	#4 WPI	39.01m	128-0	4/14
7		Jaigan BOUDREAU	JR	#7 Southern Maine	{2}38.64m	126-9	3/30
8		Sarah LAVITA	SO	#15 Univ. of New Eng	36.69m	120-5	4/20
9		Ephemian BAILEY	JR	#23 Fitchburg State	36.14m	118-7	4/13
9		Lily SIEGELMAN	FR	#1 MIT	{4}36.14m	118-7	4/7

## Women's Hammer

1	1	Alexis BOYKIN	JR	#1 MIT	59.63m	195-8	4/20
2	46	Anika WAGNER	SO	#9 Wheaton (Mass.)	48.69m	159-9	4/20
3	53	Emily BALL	JR	#1 MIT	{2}48.21m	158-2	4/7
4	69	Carli CIAVARELLI	SO	#6 Bates	47.06m	154-5	3/30
5	82	Corinne AHERN	SR	#3 Bowdoin	46.49m	152-7	4/20
6		Emily HESKETH	FR	#20 UMass Dartmouth	44.67m	146-7	4/13
7		Alma MACKIC	SR	#6 Bates	{2}44.18m	145-0	4/13
8		Elizabeth MATTICOLI	SR	#4 WPI	43.93m	144-2	4/20
9		Macy BRENNAN	FR	#1 MIT	{3}43.79m	143-8	4/20
10		Alivia GERAGHTY	FR	#12 Gordon (Mass.)	43.63m	143-2	4/6

## Women's Javelin

1	13	Elizabeth MATTICOLI	SR	#4 WPI	40.93m	134-4	4/14
2	21	Corinne AHERN	SR	#3 Bowdoin	39.60m	129-11	4/20
3	35	Emily DOYLE	SR	#11 Wellesley	38.76m	127-2	4/13
4	40	Elaine WANG	SO	#1 MIT	38.62m	126-9	3/30
5	44	Katy GORDEN	SO	#4 WPI	{2}38.38m	125-11	4/6
6	59	Emily BALL	JR	#1 MIT	{2}37.55m	123-3	4/7
7	71	Riley REITCHEL	SO	#7 Southern Maine	36.95m	121-3	4/13
8	96	Sarah LAVITA	SO	#15 Univ. of New Eng	35.79m	117-5	4/20
9	100	Julia RENY	JR	#17 Thomas (Maine)	35.50m	116-6	3/8
10		Samantha PERKINS	JR	#25 Regis (Mass.)	35.01m	114-11	4/8

## Women's Heptathlon

1	39	Livia KOZICK	SR	#6 Bates	4,112	4/12
2	42	Madelyn SILVEIRA	SR	#2 Tufts	3,983	3/15
3	45	Rose JENKINS	FR	#3 Bowdoin	3,930	4/12
4	49	Brooklyn GOFF	SR	#22 Saint Joseph's (Pa.)	3,872	4/13
5	65	Inga DOVRE	JR	#3 Bowdoin	{2}3,553	4/12
6	77	Tessa PLAYER	FR	#2 Tufts	{2}3,477	3/15
7	87	Sydney SPIVY	SR	#2 Tufts	{3}3,363	3/15
8	89	Anna YANG	SO	#3 Bowdoin	{3}3,301	4/12
9	92	Lauren COUTU	SO	#4 WPI	3,214	4/11
10	96	Izabella HAAGENSEN	JR	#15 Univ. of New Eng	3,117	4/13



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Great Lakes

as of 4/23/2024 8:30:53 AM ET

## Women's 100 Meters

1	4	Avery CAMPBELL	SR	#18 Albion	11.85w	(2.7)	4/13
2	11	Genevieve ARNOLD	JR	#7 John Carroll	11.98w	(2.7)	4/13
3	25	Kenadee WAYT	SR	#2 Mount Union	12.11	(0.2)	4/13
4	39	Sara SCHERMERHORN	SO	#4 Hope	12.17	(1.5)	4/13
5	46	Madjo DOUMBIA	JR	#1 Centre	12.22w	(2.8)	3/30
6	52	Meghan FRAZIER	JR	#6 Wittenberg	12.25w	(3.0)	4/13
7	65	Bri HAY	FR	#10 Baldwin Wallace	12.32	(1.8)	4/13
8	92	Mackenzie MILLER	JR	#17 Trine	12.40w	(2.4)	4/13
9		Mia SCOTT	JR	#7 John Carroll	{2}12.42w	(3.6)	4/20
10		Anaya JOLIVETTE	JR	#14 Denison	12.43	(-1.4)	4/13

## Women's 100 Meter Hurdles

1	6	Daysia HARGRAVE	JR	#12 Wooster	14.11	(-0.2)	4/20
2	26	Nayaisha EDMOND	SR	#18 Albion	14.62w	(2.3)	4/13
3	38	Katie MOORE	JR	#3 DePauw	14.83w	(2.4)	3/16
4	61	Genevieve ARNOLD	JR	#7 John Carroll	15.06w	(2.7)	4/20
5	78	Narindwa SEMAKULA	SO	#16 Rose-Hulman	15.21	(0.7)	4/6
6	98	Elizabeth MASON	FR	#2 Mount Union	15.36w	(2.2)	4/6
7		Olyvia ASHBROOK	JR	#5 Ohio Northern	15.44	(0.6)	4/6
8		Liberty SCOTT	FR	#3 DePauw	{2}15.52	(0.7)	4/6
9		Trezure BATES	FR	Hiram	15.54	(1.7)	4/20
10		Alison MUCK	SO	Franklin	15.58	(0.7)	4/13

## Women's 200 Meters

1	1	Sara SCHERMERHORN	SO	#4 Hope	24.01	(0.9)	4/20
2	7	Kenadee WAYT	SR	#2 Mount Union	24.55	(1.0)	4/20
3	10	Avery CAMPBELL	SR	#18 Albion	24.61	(1.1)	4/13
4	20	Madjo DOUMBIA	JR	#1 Centre	24.82	(1.9)	3/30
5	35	Kymiah BLAIR	JR	#22 Berea (Ky.)	25.03	(0.9)	4/20
6	38	Olivia SPARKS	FR	#24 Transylvania	25.05	(1.9)	3/30
7	50	Abby COLLIER	JR	#10 Baldwin Wallace	25.20	(0.8)	3/30
8	78	Meghan FRAZIER	JR	#6 Wittenberg	25.36	(-2.2)	4/13
9	87	Shelby STALL	FR	#3 DePauw	25.46	(1.3)	3/16
10	94	Madison MILES	JR	#2 Mount Union	{2}25.51w	(2.3)	4/20

## Women's 400 Meters

1	2	Kenadee WAYT	SR	#2 Mount Union	55.08		3/30
2	7	Sara SCHERMERHORN	SO	#4 Hope	56.00		4/20
3	11	Sophia ELLERKMANN	SR	#14 Denison	56.30		4/6
4	14	Kymiah BLAIR	JR	#22 Berea (Ky.)	56.47		4/20
5	23	Madison MILES	JR	#2 Mount Union	{2}56.88		4/20
6	37	Meghan FRAZIER	JR	#6 Wittenberg	57.33		4/6
7	41	Catherine LEAHY	SO	#4 Hope	{2}57.44		4/6
8	56	Shelby STALL	FR	#3 DePauw	57.78		3/30
9	64	Abby COLLIER	JR	#10 Baldwin Wallace	58.04		4/20
10	79	Tymeerah DE'ARMOND	SO	#6 Wittenberg	{2}58.48		4/13

## Women's 400 Meter Hurdles

1	9	Katie MOORE	JR	#3 DePauw	1:03.03		4/19
2	24	Elizabeth FUNKHOUSER	FR	#2 Mount Union	1:04.28		4/19
3	41	Genevieve LEGAWIEC	FR	#9 Otterbein	1:05.08		4/13
4	58	Janea BOTTINELLI	JR	#1 Centre	1:05.55		4/6
5	59	London ELDRIDGE	JR	Olivet	1:05.77		4/20
6	76	Aliisa JAMES	JR	#13 Ohio Wesleyan	1:06.30		3/23
7	84	Maria DA CUNHA	SO	Capital	1:06.58		4/13
8	85	Daysia HARGRAVE	JR	#12 Wooster	1:06.64		3/30
9	86	Liberty SCOTT	FR	#3 DePauw	{2}1:06.67		4/19
10	87	JJ HERRON	SR	#5 Ohio Northern	1:06.76		4/13

## Women's 800 Meters

1	6	Hope MURPHY	JR	#10 Baldwin Wallace	2:10.30		4/14
2	13	Mary MASON	JR	#2 Mount Union	2:12.00		4/14
3	42	Kenadee WAYT	SR	#2 Mount Union	{2}2:15.40		4/6
4	44	Emme KOUTZ	SR	Adrian	2:15.44		4/13
5	53	Claire EBERHARDT	JR	#7 John Carroll	2:15.79		4/20
6	55	Ellie KITSMILLER	JR	#7 John Carroll	{2}2:15.91		4/13
7	62	Anna BROWN	SO	Kenyon	2:16.28		3/30
8	63	Annalise GRAMMEL	SR	#3 DePauw	2:16.30		4/13
9	77	Amberleigh SORENSEN	SR	#19 Hanover	2:17.06		4/19
10	81	Emma JACOBS	JR	#3 DePauw	{2}2:17.27		4/13

## Women's 1500 Meters

1	7	Hope MURPHY	JR	#10 Baldwin Wallace	4:29.06		4/14
2	38	Claire EBERHARDT	JR	#7 John Carroll	4:36.74		4/13
3	39	Amberleigh SORENSEN	SR	#19 Hanover	4:36.79		3/30
4	42	Olivia QUILLAN	SR	#4 Hope	4:37.23		3/29
5	47	Rebecca MARKHAM	SR	#4 Hope	{2}4:38.27		4/20
6	50	Faith DUNCAN	SO	#23 Wilmington (Ohi)	4:38.69		4/6
7	75	Morgan EDWARDS	JR	#7 John Carroll	{2}4:41.83		4/6
8	80	Gianini VENUTO	JR	#2 Mount Union	4:42.21		4/6
9	91	Sophie PORTER	JR	#3 DePauw	4:42.78		4/13
10	96	Sage REDDISH	JR	#20 Oberlin	4:43.04		4/13

## Women's Steeplechase

1	5	Sophia BULL	SO	#11 Calvin	10:44.70		3/29
2	14	Jenna ALLMAN	SR	#11 Calvin	{2}10:51.34		3/29
3	25	Maddy STRUCK	JR	#4 Hope	11:11.03		3/16
4	26	Ayla GRABENBAUER	SO	#8 Case Western Re	11:12.61		3/30
5	31	Athena THARENOS	SR	#12 Wooster	11:17.48		4/6
6	38	Marrin CRIST	JR	#15 Allegheny (Pa.)	11:20.59		4/14
7	44	Eliza MEDEARIS	SR	#20 Oberlin	11:25.38		4/14
8	69	Kendall MANN	JR	#3 DePauw	11:36.78		4/19
9	70	Natalie TEBBEN	JR	#11 Calvin	{3}11:36.82		3/29
10		Natalie ARMBRUSTER	SO	#5 Ohio Northern	11:48.86		4/13





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Great Lakes

as of 4/23/2024 8:30:53 AM ET

### Women's 5000 Meters

1	<b>8</b>	Faith DUNCAN	SO	#23 Wilmington (Ohi	<b>16:34.92</b>	3/29
2	<b>15</b>	Rebecca MARKHAM	SR	<b>#4 Hope</b>	<b>16:50.48</b>	4/13
3	<b>27</b>	Sophie PORTER	JR	<b>#3 DePauw</b>	<b>17:00.49</b>	4/6
4	<b>41</b>	Jenna ALLMAN	SR	#11 Calvin	<b>17:14.19</b>	4/13
5	<b>43</b>	Lauren IAGNEMMA	SO	#8 Case Western Re	<b>17:15.05</b>	4/14
6	<b>49</b>	Hope MURPHY	JR	#10 Baldwin Wallace	<b>17:19.43</b>	3/30
7	<b>63</b>	Lily MONNETT	JR	<b>#3 DePauw</b> {2}	<b>17:29.08</b>	3/29
8	<b>71</b>	Madison STONESTREET	SO	#22 Berea (Ky.)	<b>17:31.59</b>	4/5
9	<b>74</b>	Sophie BOULDIN	SO	<b>#1 Centre</b>	<b>17:32.85</b>	3/16
10	<b>79</b>	Kennedy RADER	SO	<b>#5 Ohio Northern</b>	<b>17:36.05</b>	4/14

### Women's 10,000 Meters

1	<b>11</b>	Rebecca MARKHAM	SR	<b>#4 Hope</b>	<b>35:11.54</b>	3/29
2	<b>19</b>	Sophie PORTER	JR	<b>#3 DePauw</b>	<b>35:36.75</b>	3/29
3	<b>20</b>	Sophie BOULDIN	SO	<b>#1 Centre</b>	<b>35:40.15</b>	3/29
4	<b>41</b>	Kennedy RADER	SO	<b>#5 Ohio Northern</b>	<b>36:35.80</b>	3/29
5	<b>46</b>	Ashley HOCKSTOK	JR	<b>#5 Ohio Northern</b> {2}	<b>36:41.09</b>	3/29
6	<b>53</b>	Hope MURPHY	JR	#10 Baldwin Wallace	<b>36:50.80</b>	3/23
7	<b>56</b>	Emma HAWK	SO	#6 Wittenberg	<b>36:58.51</b>	3/29
8	<b>72</b>	Athena THARENOS	SR	#12 Wooster	<b>37:40.36</b>	3/30
9	<b>79</b>	Grace FLORES	FR	<b>#3 DePauw</b> {2}	<b>37:53.52</b>	3/29
10	<b>89</b>	Sarah WELDON	JR	#7 John Carroll	<b>38:16.00</b>	4/13

### Women's 4x100 Relay

1	<b>23</b>	Dae Dae Nash, Madison Miles, Kalie Campbell, Kenadee Wayt	<b>#2 Mount Union</b>	<b>48.04</b>	4/6
2	<b>32</b>	Amari Robinson, Jasmine Claunch, Chloe Hein, Madjo Doubbia	<b>#1 Centre</b>	<b>48.31</b>	4/6
3	<b>46</b>	Zora Shakhan, Jenna Delp, Lindsey Magoteaux, Haleigh Willison	#6 Wittenberg	<b>48.64</b>	3/30
4	<b>49</b>	Ava Schmidt, Catherine Leahy, Jasmine Zimmerman, Sara Schermerhorn	<b>#4 Hope</b>	<b>48.71</b>	4/6
5	<b>52</b>	Genevieve Arnold, Mia Scott, Kaleigh McNamara, Rosie Murray	#7 John Carroll	<b>48.78</b>	4/6
6	<b>62</b>	Aniyah Small, Emma Forker, Kaleigh Machino, Mackenzie Miller	#17 Trine	<b>49.05</b>	4/6
7	<b>65</b>	Chloe Gibson, Kendra Krichbaum, Stacey Legg, Paige Simpson	<b>#5 Ohio Northern</b>	<b>49.17</b>	4/13
8	<b>80</b>	Olivia Boe, Lillian Boston, Elizabeth Raborn, Shelby Stall	<b>#3 DePauw</b>	<b>49.63</b>	4/13
9	<b>89</b>	Sarah Mazzei, Addystin Lykins, Liberty Brock, Amarah McPhaul	#13 Ohio Wesleyan	<b>49.83</b>	4/13
10	<b>95</b>	Haley Cook, Chloe Sutton, Madison Dietz, Rachel Spanfellner	#23 Wilmington (Ohi	<b>49.90</b>	4/13
10	<b>95</b>	Bri Hay, Morgan Aloï, Alanna Barnett, Abby Collier	#10 Baldwin Wallace	<b>49.90</b>	4/13



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Great Lakes

as of 4/23/2024 8:30:53 AM ET

### Women's 4x400 Relay

1	<b>4</b>	Kenadee Wayt, Madison Miles, Halle Cochran, Mary Mason	<b>#2 Mount Union</b>	<b>3:49.70</b>	<b>4/20</b>
2	<b>19</b>	Catherine Leahy, Erin Moran, Jasmine Zimmerman, Sara Schermerhorn	<b>#4 Hope</b>	<b>3:56.25</b>	4/6
3	<b>28</b>	Shelby Stall, Annalise Grammel, Liberty Scott, Katie Moore	<b>#3 DePauw</b>	<b>3:57.30</b>	3/30
4	<b>31</b>	Janea Bottinelli, Chloe Hein, Ainsley Wilson, Madjo Doubbia	<b>#1 Centre</b>	<b>3:58.67</b>	3/30
5	<b>38</b>	Sophia Ellerkmann, Piper Lee, Anaya Jolivet, Tessa Gerhardt	<b>#14 Denison</b>	<b>4:00.79</b>	4/13
6	<b>39</b>	Abigail Danne, DeYanna Champion, Tymeerah De'Armond, Delaney Tackett	<b>#6 Wittenberg</b>	<b>4:01.01</b>	4/13
7	<b>48</b>	Kristin Fischli, Ashyia Maddicks, Kymiah Blair, Liberte Mack	<b>#22 Berea (Ky.)</b>	<b>4:02.34</b>	4/6
8	<b>66</b>	Liberty Brock, Addystyn Lykins, Katelyn Stapleton, Ashley Beatty	<b>#13 Ohio Wesleyan</b>	<b>4:05.61</b>	4/13
9	<b>73</b>	Rosie Murray, Ellie Kitzmiller, Sara Gennuso, Claire Eberhardt	<b>#7 John Carroll</b>	<b>4:06.44</b>	4/6
10	<b>79</b>	Clara Smith, Hayden Hill, Sage Reddish, Ella Wozek	<b>#20 Oberlin</b>	<b>4:07.18</b>	<b>4/20</b>

### Women's High Jump

1	<b>2</b>	Taylor WEISS	JR	<b>#6 Wittenberg</b>	<b>1.70m</b>	5-7	<b>4/19</b>
1	<b>2</b>	Alexis WEBER	FR	<b>#9 Otterbein</b>	<b>1.70m</b>	5-7	4/6
3	<b>16</b>	Julissa WILLIAMS	JR	<b>#6 Wittenberg</b>	{2} <b>1.67m</b>	5-5¾	<b>4/19</b>
4	<b>23</b>	Serena MCNEILLY	FR	<b>#1 Centre</b>	<b>1.65m</b>	5-5	<b>4/20</b>
5	<b>36</b>	Emma KLOSTERMAN	JR	<b>#9 Otterbein</b>	{2} <b>1.62m</b>	5-3¾	<b>4/19</b>
6	<b>49</b>	Rylee GORRELL	FR	<b>#10 Baldwin Wallace</b>	<b>1.61m</b>	5-3¼	4/13
7	<b>52</b>	Taylor ROARK	JR	<b>#24 Transylvania</b>	<b>1.60m</b>	5-3	<b>4/20</b>
8	<b>75</b>	Drew PATTERSON	SR	<b>#12 Wooster</b>	<b>1.59m</b>	5-2½	4/6
8	<b>75</b>	Hayden HILL	SR	<b>#20 Oberlin</b>	<b>1.59m</b>	5-2½	4/6
10	<b>84</b>	Ciara HESLET	JR	<b>Adrian</b>	<b>1.58m</b>	5-2¼	3/30
10	<b>84</b>	Allison SCHRAM	JR	<b>#4 Hope</b>	<b>1.58m</b>	5-2¼	4/13

### Women's Pole Vault

1	<b>1</b>	Peyton PROFFITT	SO	<b>#9 Otterbein</b>	<b>4.00m</b>	13-1½	3/23
2	<b>11</b>	Claire SCHWELLER	SO	<b>#5 Ohio Northern</b>	<b>3.82m</b>	12-6¼	<b>4/20</b>
3	<b>15</b>	Emily THOMPSON	SO	<b>#25 Marietta</b>	<b>3.76m</b>	12-4	4/13
4	<b>25</b>	Holly SCHREIBER	FR	<b>#8 Case Western Re</b>	<b>3.66m</b>	12-0	4/13
5	<b>33</b>	Tiffany HIX	SO	<b>#6 Wittenberg</b>	<b>3.60m</b>	11-9¾	4/13
6	<b>46</b>	Jessica MASON	FR	<b>#2 Mount Union</b>	<b>3.51m</b>	11-6¼	3/23
7	<b>47</b>	Claire COLEMAN	SO	<b>#13 Ohio Wesleyan</b>	<b>3.50m</b>	11-5¾	<b>4/20</b>
8	<b>59</b>	Katie SEINEN	SO	<b>#11 Calvin</b>	<b>3.45m</b>	11-3¾	<b>4/20</b>
9	<b>64</b>	Kayla MCADAMS	JR	<b>#2 Mount Union</b>	{2} <b>3.44m</b>	11-3½	4/13
10	<b>77</b>	Annalyse AMES	FR	<b>#2 Mount Union</b>	{3} <b>3.39m</b>	11-1½	4/13

### Women's Long Jump

1	<b>6</b>	Chloe HEIN	FR	<b>#1 Centre</b>	<b>5.79mw</b>	19-0 (2.3)	3/30
2	<b>46</b>	Jasmine CLAUNCH	SR	<b>#1 Centre</b>	{2} <b>5.47mw</b>	17-11½ (3.3)	4/12
3	<b>50</b>	Jenna DELP	FR	<b>#6 Wittenberg</b>	<b>5.45m</b>	17-10¾ (2.0)	<b>4/20</b>
4	<b>71</b>	Genevieve ARNOLD	JR	<b>#7 John Carroll</b>	<b>5.35m</b>	17-6¾ (0.0)	3/30
5	<b>78</b>	Serena MCNEILLY	FR	<b>#1 Centre</b>	{3} <b>5.34m</b>	17-6¼ (1.1)	<b>4/20</b>
6	<b>88</b>	Alexis WEBER	FR	<b>#9 Otterbein</b>	<b>5.32m</b>	17-5½ (0.3)	<b>4/19</b>
6	<b>88</b>	Chloe GIBSON	JR	<b>#5 Ohio Northern</b>	<b>5.32m</b>	17-5½ (1.6)	4/13
8		Anaya JOLIVETTE	JR	<b>#14 Denison</b>	<b>5.27m</b>	17-3½ (0.0)	3/30
8		Mackenzie MILLER	JR	<b>#17 Trine</b>	<b>5.27m</b>	17-3½ (0.0)	4/6
10		Rofiat ADEYEMI	SR	<b>#16 Rose-Hulman</b>	<b>5.23m</b>	17-2 (-0.2)	3/30

### Women's Triple Jump

1	<b>3</b>	Jasmine CLAUNCH	SR	<b>#1 Centre</b>	<b>12.38m</b>	40-7½ (-0.9)	3/30
2	<b>14</b>	Serena MCNEILLY	FR	<b>#1 Centre</b>	{2} <b>12.00mw</b>	39-4½ (2.5)	3/30
3	<b>25</b>	Rofiat ADEYEMI	SR	<b>#16 Rose-Hulman</b>	<b>11.65mw</b>	38-2¾ (2.1)	3/30
4	<b>42</b>	Paula SORIC	JR	<b>Kenyon</b>	<b>11.40m</b>	37-5 (1.0)	3/16
4	<b>42</b>	Shelby SMITH	SR	<b>#1 Centre</b>	{3} <b>11.40m</b>	37-5 (1.9)	3/30
6	<b>47</b>	Tiffany HIX	SO	<b>#6 Wittenberg</b>	<b>11.34m</b>	37-2½ (0.2)	<b>4/20</b>
7	<b>54</b>	Emma FEHRMAN	JR	<b>#25 Marietta</b>	<b>11.22m</b>	36-9¾ (0.0)	4/13
8	<b>71</b>	Genevieve ARNOLD	JR	<b>#7 John Carroll</b>	<b>11.15m</b>	36-7 (-0.3)	<b>4/20</b>
9	<b>79</b>	Kyra HICKS	SR	<b>#16 Rose-Hulman</b>	{2} <b>11.07m</b>	36-4 (0.0)	4/13
10	<b>89</b>	Sara GENNUSO	FR	<b>#7 John Carroll</b>	{2} <b>11.04m</b>	36-2¾ (0.1)	4/6

### Women's Shot Put

1	<b>5</b>	Jessie STENGER	JR	<b>#19 Hanover</b>	<b>14.21m</b>	46-7½	4/13
2	<b>7</b>	Carley CAMP	JR	<b>#21 Manchester</b>	<b>13.99m</b>	45-10¾	4/13
3	<b>17</b>	Makayla SITZLAR	SO	<b>#2 Mount Union</b>	<b>13.39m</b>	43-11¼	<b>4/19</b>
4	<b>33</b>	Greta ROBRAHN	JR	<b>#4 Hope</b>	<b>13.01m</b>	42-8¼	4/6
5	<b>34</b>	Izzy BURMAN	JR	<b>#5 Ohio Northern</b>	<b>12.99m</b>	42-7½	4/14
6	<b>46</b>	Amyah CHOSA	FR	<b>#10 Baldwin Wallace</b>	<b>12.80m</b>	42-0	4/13
7	<b>58</b>	Lauren FOUTCH	SR	<b>#1 Centre</b>	<b>12.61m</b>	41-4½	3/30
8	<b>60</b>	Makenna RUDY	FR	<b>#2 Mount Union</b>	{2} <b>12.59m</b>	41-3¾	3/23
9	<b>63</b>	Laila DAVIS	JR	<b>#15 Allegheny (Pa.)</b>	<b>12.54m</b>	41-1¾	4/14
10	<b>93</b>	Emma MILLER	JR	<b>#15 Allegheny (Pa.)</b>	{2} <b>12.23m</b>	40-1½	4/13



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Great Lakes

as of 4/23/2024 8:30:54 AM ET

### Women's Discus

1	20	Jessie STENGER	JR	#19 Hanover	43.49m	142-8	3/30
2	22	Carley CAMP	JR	#21 Manchester	43.45m	142-7	3/30
3	36	Lauren FOUTCH	SR	#1 Centre	42.37m	139-0	4/12
4	37	Sidney RAMBO	JR	#2 Mount Union	42.17m	138-4	4/13
5	47	Lindsey KOSSICK	JR	#11 Calvin	41.53m	136-3	4/20
6	58	Hannah FRIEND	JR	#5 Ohio Northern	40.75m	133-9	4/6
7	65	Kamryn BICE	SO	#4 Hope	40.41m	132-7	4/20
8	80	Samantha SELLERS	JR	#5 Ohio Northern {2}	39.45m	129-5	3/30
9	83	Izzy BURMAN	JR	#5 Ohio Northern {3}	39.40m	129-3	3/30
10	90	Brigid MACK	JR	Franciscan	39.19m	128-7	4/20

### Women's Hammer

1	9	Ainsley WIESNER	SR	#12 Wooster	53.70m	176-2	4/20
2	25	Laila DAVIS	JR	#15 Allegheny (Pa.)	51.46m	168-10	4/20
3	27	Carley CAMP	JR	#21 Manchester	51.35m	168-6	4/20
4	33	Izzy BURMAN	JR	#5 Ohio Northern	50.40m	165-4	4/20
5	42	Lauren ROSKUSZKA	JR	#8 Case Western Re	48.93m	160-7	3/16
6	44	Lauren FOUTCH	SR	#1 Centre	48.75m	159-11	3/30
7	61	Kylee SILVERMAN	SR	#14 Denison	47.46m	155-9	4/13
8	70	Amy POLLACK	SR	#14 Denison {2}	47.02m	154-3	4/13
9	77	Abby CANNON	SR	#20 Oberlin	46.76m	153-5	4/6
10	78	Kylie RATHBUN	SR	#16 Rose-Hulman	46.75m	153-5	4/13

### Women's Javelin

1	24	Adrienne WACHTMAN	JR	#8 Case Western Re	39.42m	129-4	3/16
2	28	Delayne SANCHEZ	JR	#21 Manchester	39.12m	128-4	3/30
3	35	Madalyn HUDNALL	SO	Mount St. Josepl	38.76m	127-2	4/20
4	47	Elizabeth LUBOLD	SO	#15 Allegheny (Pa.)	37.99m	124-8	4/20
5	48	Lauren ROSKUSZKA	JR	#8 Case Western Re {2}	37.97m	124-7	4/20
6	59	Aaliyah JONES	SR	#16 Rose-Hulman	37.55m	123-3	4/19
7	61	Jill WILHELM	SO	Mount St. Josepl {2}	37.47m	122-11	3/30
8	72	Angie BAWEK	FR	#15 Allegheny (Pa.) {2}	36.92m	121-2	3/30
9	80	Leah FRITSCH	SO	#7 John Carroll	36.65m	120-3	4/20
10	82	Alexis GIBSON	JR	Earlham	36.61m	120-2	3/30

### Women's Heptathlon

1	88	Charlie DOLLIVER	SO	#9 Otterbein	3,335		3/16
2	94	Amanda RADKE	JR	#9 Otterbein {2}	3,153		3/30





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



Metro

as of 4/23/2024 8:30:54 AM ET

## Women's 100 Meters

1	32	Maria MUZZARELLI	JR	#3 Widener	12.14	(1.7)	4/14
2	33	Chidimma IGWE	SR	#9 Rutgers-Newark	12.15	(1.3)	4/20
3	36	Rebecca KNEPPEL	JR	#10 Ramapo	12.16w	(2.7)	4/20
4	73	Diana BOA	SR	#22 York (N.Y.)	12.34	(1.4)	3/30
5	84	Molly LODGE	JR	#2 Rowan	12.38	(-0.6)	3/30
6	96	Ashanae MORRISON	JR	#4 Stockton	12.41	(-0.7)	4/20
6	96	Laura MATHEWS	SR	#7 Stevens	12.41	(0.1)	4/6
8		Michelle ITOUA	SO	#17 Montclair State	12.45w	(2.9)	4/20
9		Reyanna HENDERSON	JR	#18 New Jersey City	12.52w	(2.8)	4/20
10		Mackenzie BURKE	FR	#1 TCNJ	12.59w	(3.7)	3/30
10		Ayriana YOUNG	SO	#18 New Jersey City {2}	12.59w	(3.5)	4/20

## Women's 100 Meter Hurdles

1	4	Laura MATHEWS	SR	#7 Stevens	13.94	(0.2)	4/13
2	20	Eliza BRUNCAJ	JR	#1 TCNJ	14.49	(1.0)	4/13
3	27	Kristen WILLIAMS	SR	#7 Stevens {2}	14.68	(0.5)	4/13
4	38	Maya RICHWINE	FR	#11 Muhlenberg	14.83w	(2.7)	4/20
5	76	Samantha WECHSLER	FR	#8 Ursinus	15.19	(1.9)	4/14
6	88	Carmelle ALEXIS	JR	#9 Rutgers-Newark	15.30w	(2.7)	4/20
7		Olivia SMIAROWSKA	FR	#21 Delaware Valley	15.46	(0.3)	4/20
8		Mackenzie BURKE	FR	#1 TCNJ {2}	15.65	(0.5)	4/13
9		Gloria HUGHES	JR	#2 Rowan	15.81	(-1.4)	3/16
10		Brya BYRD	SR	#9 Rutgers-Newark {2}	15.88w	(3.2)	4/20

## Women's 200 Meters

1	9	Rebecca KNEPPEL	JR	#10 Ramapo	24.59w	(2.8)	3/30
2	11	Laura MATHEWS	SR	#7 Stevens	24.64	(-1.1)	3/30
3	18	Diana BOA	SR	#22 York (N.Y.)	24.81w	(2.7)	3/30
4	31	Zrreyah MOORE	SR	#9 Rutgers-Newark	24.97w	(2.3)	4/20
5	33	Chidimma IGWE	SR	#9 Rutgers-Newark {2}	25.02w	(2.3)	4/20
6	45	Maria MUZZARELLI	JR	#3 Widener	25.15	(0.8)	4/20
7	53	Abigail GIAMONI	JR	#5 Moravian	25.21w	(2.3)	4/20
8	91	Ashanae MORRISON	JR	#4 Stockton	25.49	(-0.3)	4/20
9		Nevaeh LORJUSTE	JR	#2 Rowan	25.57	(-0.6)	4/20
10		Molly LODGE	JR	#2 Rowan {2}	25.58	(0.0)	4/6

## Women's 400 Meters

1	13	Zrreyah MOORE	SR	#9 Rutgers-Newark	56.44		4/20
2	20	Nevaeh LORJUSTE	JR	#2 Rowan	56.72		4/20
3	38	Abigail GIAMONI	JR	#5 Moravian	57.35		4/20
4	47	Olivia D'AULERIO	SO	#13 Haverford	57.58		4/20
5	52	Molly LODGE	JR	#2 Rowan {2}	57.70		4/6
6	61	Kathleen PEDERSEN	SR	#2 Rowan {3}	57.95		4/20
7	70	Kelly BARR	SO	#3 Widener	58.28		4/20
8	90	Emily CAMLET	SO	#15 Drew	58.61		4/19
9	92	Rebecca KNEPPEL	JR	#10 Ramapo	58.64		4/13
10		Maria MUZZARELLI	JR	#3 Widener {2}	58.76		3/30

## Women's 400 Meter Hurdles

1	6	Molly LODGE	JR	#2 Rowan	1:02.26		4/13
2	11	Eliza BRUNCAJ	JR	#1 TCNJ	1:03.05		3/30
3	14	Emma PETROLIA	SO	#4 Stockton	1:03.46		4/20
4	36	Sarah DOUGHERTY	SR	#19 FDU Florham	1:04.93		4/20
5	39	Mackenzie BURKE	FR	#1 TCNJ {2}	1:04.98		4/20
6	64	Brianna DESANTO	FR	#2 Rowan {2}	1:05.90		4/20
7	69	Carmelle ALEXIS	JR	#9 Rutgers-Newark	1:06.09		4/20
8	93	Kaelin RYAN	SO	#8 Ursinus	1:06.98		4/20
9	98	Elise DANIEL	JR	#3 Widener	1:07.33		4/20
10		Abigail PETROLIA	FR	#4 Stockton {2}	1:08.56		4/13

## Women's 800 Meters

1	4	Kayla KASS	SO	#4 Stockton	2:09.39		4/20
2	27	Dale LEONARD	FR	#10 Ramapo	2:13.74		4/6
3	36	Donna HOLT	JR	#3 Widener	2:14.77		4/20
4	67	Sophia GOODWIN	FR	#6 Swarthmore	2:16.71		4/20
5	76	Anna SASSE	JR	#2 Rowan	2:16.99		4/20
6	79	Ally WERNIK	FR	#2 Rowan {2}	2:17.20		4/20
7	92	Kelly O'GRADY	SO	#1 TCNJ	2:17.68		4/20
8		Micah GORDLEY	SR	#12 Arcadia	2:18.30		4/20
9		Meghan CARROLL	JR	#8 Ursinus	2:18.69		4/20
10		Hailey SHREFFLER	JR	#16 Eastern (Pa.)	2:19.01		4/20

## Women's 1500 Meters

1	23	Dale LEONARD	FR	#10 Ramapo	4:34.39		4/13
2	40	Gabriella NYE	SR	#3 Widener	4:36.90		4/20
3	53	Anna SASSE	JR	#2 Rowan	4:38.89		4/20
4	55	Micah GORDLEY	SR	#12 Arcadia	4:39.36		4/20
5		Katherine RICE	JR	#1 TCNJ	4:45.99		4/20
6		Ally WERNIK	FR	#2 Rowan {2}	4:47.08		4/13
7		Amanda MCNALLY	SR	#2 Rowan {3}	4:47.62		4/20
8		Olivia MONTINI	SO	#6 Swarthmore	4:50.39		4/20
9		Gianna BURGIO	SO	#2 Rowan {4}	4:50.86		4/20
10		Alina IRVINE	JR	#6 Swarthmore {2}	4:51.13		4/20

## Women's Steeplechase

1	35	Anna SASSE	JR	#2 Rowan	11:19.59		4/6
2	72	Sophia GOODWIN	FR	#6 Swarthmore	11:37.27		4/13
3	90	Amber PONIATERA	JR	#5 Moravian	11:40.44		4/14
4	96	Emily ZANNI	FR	#2 Rowan {2}	11:42.48		4/6
5		Rachael GOODMAN	JR	#5 Moravian {2}	11:46.77		4/14
6		Haley ESTUS	JR	#14 DeSales	11:51.96		4/6
7		Olivia HARRIS	SR	#4 Stockton	11:55.50		4/13
8		Molly BOSSDORF	JR	#1 TCNJ	11:56.38		4/20
9		Natasha FURYK	JR	#11 Muhlenberg	12:06.09		4/20
10		Rachel ROUSE	SO	#7 Stevens	12:12.75		4/20



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WOMEN — 2024 Week #5, April 23



Metro

as of 4/23/2024 8:30:54 AM ET

## Women's 5000 Meters

1	<b>56</b>	Gabriella NYE	SR	<b>#3</b> Widener	<b>17:23.53</b>	4/14
2	<b>65</b>	Dale LEONARD	FR	<b>#10</b> Ramapo	<b>17:30.27</b>	<b>4/20</b>
3		Liz EGAN	JR	<b>#3</b> Widener	{2} <b>17:46.11</b>	<b>4/20</b>
4		Cassidy QUINN	SR	<b>#1</b> TCNJ	<b>17:51.74</b>	<b>4/20</b>
5		Emily HOEGLER	JR	<b>#1</b> TCNJ	{2} <b>17:54.82</b>	<b>4/20</b>
6		Mia GUERRA	SR	<b>#2</b> Rowan	<b>17:55.04</b>	<b>4/20</b>
7		Tara SMURLA	SO	<b>#5</b> Moravian	<b>17:55.98</b>	3/23
8		Jaelyn BARKLEY	JR	<b>#4</b> Stockton	<b>17:56.77</b>	<b>4/20</b>
9		Kathryn LONG	SO	<b>#3</b> Widener	{3} <b>18:05.24</b>	<b>4/20</b>
10		Anna SASSE	JR	<b>#2</b> Rowan	{2} <b>18:12.06</b>	3/30

## Women's 10,000 Meters

1	<b>30</b>	Tara SMURLA	SO	<b>#5</b> Moravian	<b>36:08.51</b>	4/14
2		Gabriella NYE	SR	<b>#3</b> Widener	<b>38:51.90</b>	3/30
3		Aubrey JOHNSON	SR	<b>#17</b> Montclair State	<b>39:00.79</b>	3/30
4		April BROWNE	JR	<b>#12</b> Arcadia	<b>39:56.51</b>	<b>4/20</b>
5		Tori CHAMPAGNE	SO	<b>#5</b> Moravian	{2} <b>40:10.91</b>	<b>4/20</b>
6		Liz EGAN	JR	<b>#3</b> Widener	{2} <b>40:13.04</b>	3/30
7		Guinevere KENNEDY	SO	<b>#4</b> Stockton	<b>40:36.25</b>	3/30
8		Emma SUTHERLAND	SR	<b>#12</b> Arcadia	{2} <b>40:38.65</b>	<b>4/20</b>
9		Nicole ARITA	SR	<b>#1</b> TCNJ	<b>40:55.95</b>	4/6
10		Nina VIGLIANTI	JR	<b>#14</b> DeSales	<b>41:09.03</b>	3/23

## Women's 4x100 Relay

1	<b>34</b>	Brya Byrd, Nadya Coleman, Chidimma Igwe, Zrreyah Moore		<b>#9</b> Rutgers-Newark	<b>48.39</b>	<b>4/20</b>
2	<b>53</b>	Shai Knight, Abigail Giamoni, Rachele Grigoli, Alexis Groff		<b>#5</b> Moravian	<b>48.81</b>	<b>4/20</b>
3	<b>69</b>	Barbara Exilus, Rebecca Kneppel, Ashley Gordon, Isabel Crespo		<b>#10</b> Ramapo	<b>49.28</b>	<b>4/20</b>
4	<b>76</b>	#Type!		<b>#1</b> TCNJ	<b>49.52</b>	4/13
5	<b>78</b>	#Type!		<b>#8</b> Ursinus	<b>49.56</b>	3/30
6	<b>94</b>	#Type!		<b>#7</b> Stevens	<b>49.86</b>	4/13
7		#Type!		<b>#4</b> Stockton	<b>50.06</b>	<b>4/20</b>
8		Brooke Driver, Mya Walker, Kayla Julien, Brianna DeSanto		<b>#2</b> Rowan	<b>50.40</b>	4/6
9		#Type!		<b>#3</b> Widener	<b>50.41</b>	<b>4/20</b>
10		Jessica Holler, Alexa Ali, Jealyne Ramos, Michelle Itoua		<b>#17</b> Montclair State	<b>50.62</b>	<b>4/20</b>

## Women's 4x400 Relay

1	<b>10</b>	Molly Lodge, Jasmine Pope, Kathleen Pedersen, Nevaeh Lorjuste		<b>#2</b> Rowan	<b>3:53.45</b>	4/13
2	<b>18</b>	Erin Hanlon, Eliza Bruncaj, Kelsey Thomas, Amanda Demko		<b>#1</b> TCNJ	<b>3:55.95</b>	3/30
3	<b>49</b>	#Type!		<b>#4</b> Stockton	<b>4:02.37</b>	<b>4/20</b>
4	<b>75</b>	Isabel Crespo, Rebecca Kneppel, Barbara Exilus, Dale Leonard		<b>#10</b> Ramapo	<b>4:06.59</b>	4/6
5	<b>86</b>	Olivia D'Aulerio, Dominique Monroy, Anastasia Jaycobs, Isabel Thornberry		<b>#13</b> Haverford	<b>4:08.37</b>	4/13
6	<b>88</b>	#Type!		<b>#6</b> Swarthmore	<b>4:08.73</b>	<b>4/20</b>
7	100	#Type!		<b>#8</b> Ursinus	<b>4:10.52</b>	4/6
8		#Type!		<b>#3</b> Widener	<b>4:11.58</b>	4/13
9		#Type!		<b>#16</b> Eastern (Pa.)	<b>4:13.03</b>	<b>4/20</b>
10		#Type!		<b>#18</b> New Jersey City	<b>4:13.89</b>	4/13

## Women's High Jump

1	<b>36</b>	Caroline TIGHE	JR	<b>#7</b> Stevens	<b>1.62m</b>	5-3¾	<b>4/20</b>
1	<b>36</b>	Melina CHRISTODOULOU	SR	<b>#15</b> Drew	<b>1.62m</b>	5-3¾	3/30
3	<b>52</b>	Avery MCNULTY	SO	<b>#11</b> Muhlenberg	<b>1.60m</b>	5-3	4/13
3	<b>52</b>	Alexis GROFF	SR	<b>#5</b> Moravian	<b>1.60m</b>	5-3	3/30
5	<b>75</b>	Sarah SCEPKOWSKI	SO	<b>#1</b> TCNJ	<b>1.59m</b>	5-2½	4/13
5	<b>75</b>	Laura MATHEWS	SR	<b>#7</b> Stevens	{2} <b>1.59m</b>	5-2½	4/13
7	<b>84</b>	Trelstad T	JR	<b>#6</b> Swarthmore	<b>1.58m</b>	5-2¼	3/16
8	<b>97</b>	Kayley HARNETT	JR	<b>#1</b> TCNJ	{2} <b>1.57m</b>	5-1¾	3/22
8	<b>97</b>	Kaitlyn VERVER	JR	<b>#4</b> Stockton	<b>1.57m</b>	5-1¾	3/30
10		Maya LAPINSKI	FR	<b>#7</b> Stevens	{3} <b>1.52m</b>	4-11¾	3/30
10		Ali HAEFELE	SO	<b>#5</b> Moravian	{2} <b>1.52m</b>	4-11¾	3/30
10		Maggie PREVIGLIAN	SO	<b>#7</b> Stevens	{3} <b>1.52m</b>	4-11¾	<b>4/20</b>

## Women's Pole Vault

1	<b>79</b>	Alexis MEROLA	SO	<b>#7</b> Stevens	<b>3.36m</b>	11-¼	4/6
2	100	Savannah STEGER	JR	<b>#3</b> Widener	<b>3.30m</b>	10-9¾	<b>4/20</b>
3		Paige CARPENTER	SR	<b>#16</b> Eastern (Pa.)	<b>3.25m</b>	10-8	<b>4/20</b>
4		Madison FEY	JR	<b>#4</b> Stockton	<b>3.20m</b>	10-6	3/30
4		Emma MELE	JR	<b>#14</b> DeSales	<b>3.20m</b>	10-6	3/23
6		Julia DAKWAR	SR	<b>#1</b> TCNJ	<b>3.15m</b>	10-4	<b>4/20</b>
7		Maya SCANNELL	FR	<b>#1</b> TCNJ	{2} <b>3.00m</b>	9-10	<b>4/20</b>
7		Juniper BAUROTH-SHERMAN	SO	<b>#8</b> Ursinus	<b>3.00m</b>	9-10	3/30
9		Alice CREED	SR	<b>#13</b> Haverford	<b>2.85m</b>	9-4¼	3/30
9		Stephanie RYAZANOVA	SO	<b>#7</b> Stevens	{2} <b>2.85m</b>	9-4¼	3/30
9		Sophia SPRINGER	SO	<b>#6</b> Swarthmore	<b>2.85m</b>	9-4¼	<b>4/20</b>
9		Emerson DIRK	FR	<b>#1</b> TCNJ	{3} <b>2.85m</b>	9-4¼	4/13



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## Women's Long Jump

1	<b>10</b>	Rainah DUNHAM	SR	#8 Ursinus	<b>5.73m</b>	18-9½ (0.0)	3/30
2	<b>20</b>	Laura MATHEWS	JR	#7 Stevens	<b>5.60m</b>	18-4½ (0.1)	4/11
3	<b>39</b>	Kayla ROBINSON	JR	#3 Widener	<b>5.50m</b>	18-½ (0.0)	<b>4/19</b>
4	<b>49</b>	Sage HENDERSHOT	FR	#15 Drew	<b>5.46m</b>	17-11 (0.1)	3/30
5	<b>53</b>	Ashanae MORRISON	JR	#4 Stockton	<b>5.44m</b>	17-10¼ (0.0)	<b>4/20</b>
6	<b>78</b>	Samantha WECHSLER	FR	#8 Ursinus	{2} <b>5.34mw</b>	17-6¼ (2.2)	4/6
7		Lia MALAVE	FR	#1 TCNJ	<b>5.28m</b>	17-4 (2.0)	3/22
8		Lydia MORRIS-KLIMENT	FR	#6 Swarthmore	<b>5.21m</b>	17-1¼ (0.0)	<b>4/20</b>
9		Sidney WHETSTONE	JR	#2 Rowan	<b>5.20m</b>	17-¾ (0.0)	3/30
10		Khristina WASHINGTON	SR	#4 Stockton	{2} <b>5.19m</b>	17-½ (0.0)	<b>4/20</b>

## Women's Triple Jump

1	<b>2</b>	Rainah DUNHAM	JR	#8 Ursinus	<b>12.51m</b>	41-½ (1.7)	4/12
2	<b>24</b>	Ali HAEFELE	SO	#5 Moravian	<b>11.66mw</b>	38-3¼ (3.0)	3/29
3	<b>27</b>	Kayla ROBINSON	JR	#3 Widener	<b>11.61m</b>	38-1¼ (0.0)	<b>4/19</b>
4	<b>33</b>	Samantha WECHSLER	FR	#8 Ursinus	{2} <b>11.53mw</b>	37-10 (2.9)	4/14
5	<b>54</b>	Ashanae MORRISON	JR	#4 Stockton	<b>11.22m</b>	36-9¾ (2.0)	3/30
6	<b>79</b>	Khristina WASHINGTON	SR	#4 Stockton	{2} <b>11.07m</b>	36-4 (0.7)	3/30
7	<b>84</b>	Sophia GOODWIN	FR	#6 Swarthmore	<b>11.06mw</b>	36-3½ (2.1)	3/16
8		Kristen WILLIAMS	SR	#7 Stevens	<b>10.94mw</b>	35-10¾ (2.4)	4/13
8		Emma PETROLIA	SO	#4 Stockton	{3} <b>10.94m</b>	35-10¾ (0.0)	<b>4/20</b>
10		Shira GAMSON	SO	#11 Muhlenberg	<b>10.88mw</b>	35-8½ (3.3)	4/13

## Women's Shot Put

1	<b>24</b>	Isabelle DEAL	SR	#2 Rowan	<b>13.22m</b>	43-4½	3/16
2	<b>47</b>	Kayla ROBINSON	FR	#3 Widener	<b>12.77m</b>	41-10¾	4/13
3	<b>53</b>	Tate GARCIA	SO	#6 Swarthmore	<b>12.68m</b>	41-7¼	4/13
4	<b>91</b>	Kerri MCCARTHY	JR	#1 TCNJ	<b>12.24m</b>	40-2	4/13
5		Edith GONZALEZ	SR	#1 TCNJ	{2} <b>12.15m</b>	39-10½	3/30
6		Jacqueline ALLEN	SR	#8 Ursinus	<b>11.88m</b>	38-11¾	4/6
7		Shanil AUGUSTE	SR	#9 Rutgers-Newark	<b>11.55m</b>	37-10¾	4/13
8		grace VIT	JR	#2 Rowan	{2} <b>11.43m</b>	37-6	4/13
9		Shea CURRAN	SR	#23 Merchant Marine	<b>11.23m</b>	36-10¼	<b>4/20</b>
10		Jessica REILLY	JR	#1 TCNJ	{3} <b>11.22m</b>	36-9¾	4/13

## Women's Discus

1	<b>9</b>	Michaela POMATTO	SO	#4 Stockton	<b>45.51m</b>	149-4	<b>4/20</b>
2	<b>29</b>	Lydia MORRIS-KLIMENT	FR	#6 Swarthmore	<b>42.92m</b>	140-10	<b>4/20</b>
3	<b>35</b>	Margie RAYNE	SO	#5 Moravian	<b>42.40m</b>	139-1	<b>4/20</b>
4	<b>73</b>	Tate GARCIA	SO	#6 Swarthmore	{2} <b>39.94m</b>	131-1	<b>4/20</b>
5		Kaydence FISCHER	FR	#1 TCNJ	<b>38.46m</b>	126-2	<b>4/20</b>
6		Hannah KIM	FR	#24 Pratt Institute	<b>38.22m</b>	125-5	4/13
7		Caillie FISH	JR	#5 Moravian	{2} <b>38.19m</b>	125-4	<b>4/20</b>
8		Ashley MULIAWAN	JR	#7 Stevens	<b>36.46m</b>	119-8	4/6
9		Alexis MARINI	SR	#20 Rutgers-Camden	<b>36.13m</b>	118-7	<b>4/20</b>
10		Shea CURRAN	SR	#23 Merchant Marine	<b>35.19m</b>	115-6	<b>4/20</b>

## Women's Hammer

1	<b>13</b>	Isabel RODRIGUEZ	SO	#3 Widener	<b>53.08m</b>	174-2	<b>4/20</b>
2	<b>28</b>	Alexis MARINI	SR	#20 Rutgers-Camden	<b>51.21m</b>	168-0	<b>4/20</b>
3	<b>30</b>	Jessica REILLY	JR	#1 TCNJ	<b>50.84m</b>	166-10	<b>4/20</b>
4	<b>76</b>	Faith FEZENKO	SR	#11 Muhlenberg	<b>46.89m</b>	153-10	4/6
5	<b>99</b>	Kerri MCCARTHY	JR	#1 TCNJ	{2} <b>45.48m</b>	149-3	4/13
6		Caillie FISH	JR	#5 Moravian	<b>44.20m</b>	145-0	3/30
7		Quamora PROCTOR	JR	#4 Stockton	<b>44.03m</b>	144-6	4/6
8		Isabella FREDA	JR	#4 Stockton	{2} <b>43.96m</b>	144-3	3/30
9		Edith GONZALEZ	SR	#1 TCNJ	{3} <b>43.62m</b>	143-2	4/13
10		Jacqueline ALLEN	SR	#8 Ursinus	<b>42.58m</b>	139-9	4/6

## Women's Javelin

1	<b>10</b>	Isabelle DEAL	SR	#2 Rowan	<b>41.35m</b>	135-8	<b>4/20</b>
2	<b>29</b>	Megan CAMPANILE	FR	#4 Stockton	<b>39.09m</b>	128-3	4/6
3	<b>52</b>	Victoria DONOVAN	SR	#5 Moravian	<b>37.72m</b>	123-9	4/13
4	<b>76</b>	Maya LATERZA	SO	#19 FDU Florham	<b>36.87m</b>	121-0	3/30
5		Trelstad T	JR	#6 Swarthmore	<b>35.35m</b>	116-0	4/6
6		Lily LORIO	SR	#1 TCNJ	<b>34.78m</b>	114-1	3/30
7		Jess RODGERS	SR	#2 Rowan	{2} <b>34.68m</b>	113-10	3/30
8		Abby MCCLASKEY	JR	#5 Moravian	{2} <b>34.15m</b>	112-1	<b>4/20</b>
9		Hannah SWALE	SO	#6 Swarthmore	{2} <b>33.63m</b>	110-4	<b>4/20</b>
10		Annalise STEPHENS	JR	#1 TCNJ	{2} <b>32.77m</b>	107-6	3/22

## Women's Heptathlon

1	<b>4</b>	Laura MATHEWS	SR	#7 Stevens	<b>4,823</b>	4/13
2	<b>29</b>	Kayla ROBINSON	FR	#3 Widener	<b>4,234</b>	4/13
3	<b>48</b>	Hannah SWALE	SO	#6 Swarthmore	<b>3,880</b>	4/6
4	<b>54</b>	Sarah SCEPKOWSKI	SO	#1 TCNJ	<b>3,778</b>	4/13
5	<b>55</b>	Theresa KERVICK	SR	#3 Widener	{2} <b>3,757</b>	4/13
6	<b>62</b>	Samantha WECHSLER	FR	#8 Ursinus	<b>3,675</b>	4/6
7	<b>66</b>	Isabella SHANLEY	FR	#7 Stevens	{2} <b>3,550</b>	4/13
8		Ashley ADAMES	JR	#18 New Jersey City	<b>3,032</b>	4/13
9		Erin MCGAULEY	SO	#1 TCNJ	{2} <b>2,806</b>	4/13
10		Mazzy CIRINELLI	SO	#15 Drew	<b>2,697</b>	4/13



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Mid-Atlantic

as of 4/23/2024 8:30:54 AM ET

### Women's 100 Meters

1	22	Lauren PHILLIPS	JR	#1 Johns Hopkins	12.06w	(2.8)	4/6
2	25	Sara PENUELA	SR	#2 Dickinson	12.11w	(2.4)	4/14
3	57	Victoria KADIRI	SR	#1 Johns Hopkins {2}	12.29	(1.6)	4/6
4	65	Jessica FATIGATI	SR	#4 Westminster (Pa	12.32w	(2.2)	4/6
5	96	Samantha SHARROW	SO	#12 Scranton	12.41w	(2.2)	4/20
6		Emma RUDOLPH	SR	#4 Westminster (Pa){2}	12.47	(-0.3)	4/11
7		Chloe ZHANG	FR	#1 Johns Hopkins {3}	12.50w	(3.1)	4/20
7		Alexa RINE	SR	#3 Susquehanna	12.50	(1.6)	4/6
9		Karia FORVIL	SO	#8 Salisbury	12.58	(1.6)	4/20
10		Arwyn GRUENWALD	SO	#18 Messiah	12.59	(1.6)	4/6

### Women's 100 Meter Hurdles

1	2	Chloe YODER	SR	#3 Susquehanna	13.89w	(2.7)	4/12
2	19	Darya MIKUSOVA	SR	#2 Dickinson	14.48w	(2.7)	4/20
3	29	Elizabeth BARRE	SR	#6 Carnegie Mellon	14.75w	(2.4)	3/23
4	32	Hannah ALDERFER	JR	#3 Susquehanna {2}	14.80	(1.0)	4/12
5	34	Victoria KADIRI	SR	#1 Johns Hopkins	14.81	(1.5)	3/30
6	59	Lauren DUNNIGAN	FR	#19 Franklin & Marsh	15.04	(0.9)	4/20
7	64	Sarah SCHNEIDER	SO	#11 Washington & Je	15.10w	(2.3)	4/6
8	67	Breannnda DAVIS	SR	#4 Westminster (Pa	15.14w	(2.5)	4/13
9	99	Jadyn HARTNER	SR	#11 Washington & Je{2}	15.38w	(2.7)	4/20
10		Anna STROUP	SR	#11 Washington & Je{3}	15.76w	(2.7)	4/20

### Women's 200 Meters

1	3	Lauren PHILLIPS	JR	#1 Johns Hopkins	24.37w	(3.5)	4/20
2	65	Aurielle BRUNNER	JR	#17 Chatham	25.29w	(2.8)	4/6
3	75	Sara PENUELA	SR	#2 Dickinson	25.34	(0.0)	4/17
3	75	Chloe YODER	SR	#3 Susquehanna	25.34w	(2.3)	4/20
5	88	Jessica FATIGATI	SR	#4 Westminster (Pa	25.47w	(3.3)	4/13
6		Emma RUDOLPH	SR	#4 Westminster (Pa){2}	25.69	(0.8)	4/11
7		Emerlee SIMONS	SR	#2 Dickinson {2}	25.74	(0.1)	4/14
8		Victoria KADIRI	SR	#1 Johns Hopkins {2}	25.90	(-0.7)	4/14
9		Jocelyn SMITH	FR	#12 Scranton	25.99	(0.7)	4/6
10		Arwyn GRUENWALD	SO	#18 Messiah	26.01	(0.2)	4/6

### Women's 400 Meters

1	5	Lauren PHILLIPS	JR	#1 Johns Hopkins	55.72		4/20
2	30	Kelty OASTER	SR	#9 Elizabethtown	57.06		4/14
3	42	Annie HUANG	JR	#1 Johns Hopkins {2}	57.51		4/20
4	45	Katie MORGAN	JR	#16 McDaniel	57.55		4/17
5	79	Anna ZAESKE	SR	#1 Johns Hopkins {3}	58.48		4/14
6	85	Emerlee SIMONS	SR	#2 Dickinson	58.51		4/20
7		Lianne SAUSSY	SO	#1 Johns Hopkins {4}	58.77		4/14
8		Tanise THORNTON - FILLYAW	SO	#24 Goucher	59.77		3/27
9		Lily TREMBA	FR	#1 Johns Hopkins {5}	1:00.07		4/20
10		Darrian BERKHEIMER	JR	#7 Lebanon Valley	1:00.45		4/20

### Women's 400 Meter Hurdles

1	3	Darya MIKUSOVA	SR	#2 Dickinson	1:00.49		4/14
2	9	Elizabeth BARRE	SR	#6 Carnegie Mellon	1:03.03		3/30
3	23	Jadyn HARTNER	SR	#11 Washington & Je	1:03.97		4/20
4	67	Breannnda DAVIS	SR	#4 Westminster (Pa	1:06.00		4/6
5	73	Olivia BARBACCI	SO	#23 Juniata	1:06.22		4/17
6	94	Sarah SCHNEIDER	SO	#11 Washington & Je{2}	1:07.00		3/16
7		Abigail REED	FR	#7 Lebanon Valley	1:07.57		4/20
8		Tatum EVANS	SR	#19 Franklin & Marsh	1:07.97		4/13
9		Payton MANN	JR	#21 York (Pa.)	1:08.05		4/17
10		Lillian BOUDREAU	SO	#13 Gettysburg	1:08.18		3/23

### Women's 800 Meters

1	7	Annie HUANG	JR	#1 Johns Hopkins	2:10.45		4/14
2	9	Tanise THORNTON - FILLYAW	SO	#24 Goucher	2:11.02		4/20
3	15	Kelty OASTER	SR	#9 Elizabethtown	2:12.05		4/14
4	40	Grace MORNINGSTAR	FR	#10 Misericordia	2:15.34		4/14
5	42	Isabella RHEE	SR	#6 Carnegie Mellon	2:15.40		4/14
6	46	Emma KOTHARI	SO	#1 Johns Hopkins {2}	2:15.48		4/14
7	50	Lorna ARCESE	SO	#1 Johns Hopkins {3}	2:15.69		4/14
8	52	Mackenzie SETTON	SO	#1 Johns Hopkins {4}	2:15.71		4/14
9	54	Lauren BUNKE	SR	#7 Lebanon Valley	2:15.82		4/20
10	57	Jacqueline LIU	SO	#6 Carnegie Mellon {2}	2:16.02		4/14

### Women's 1500 Meters

1	21	Mackenzie SETTON	SO	#1 Johns Hopkins	4:34.14		4/14
2	41	Annie HUANG	JR	#1 Johns Hopkins {2}	4:37.02		4/20
3	57	Izzy NOBILLI	SO	#1 Johns Hopkins {3}	4:39.54		4/20
4	79	Adriana CATALANO	SO	#1 Johns Hopkins {4}	4:42.15		4/20
5		Emma KOTHARI	SO	#1 Johns Hopkins {5}	4:44.24		4/20
6		Amiyah PRIEBE	JR	#2 Dickinson	4:44.98		4/17
7		Emily HOPKINS	SO	#12 Scranton	4:45.58		4/20
8		Eleni ALVAREZ	JR	#1 Johns Hopkins {6}	4:45.70		4/20
9		Aisling CALLAHAN	SO	#1 Johns Hopkins {7}	4:45.82		4/20
10		Hailey CARROLL	SO	#20 Geneva	4:46.59		4/19

### Women's Steeplechase

1	19	Amiyah PRIEBE	JR	#2 Dickinson	10:58.68		4/20
2	24	Sara STEPHENSON	SR	#1 Johns Hopkins	11:08.11		4/6
3	36	Charlotte KRATOVL-LAVELLE	SR	#2 Dickinson {2}	11:20.07		4/17
4	46	Cooper BROTHERTON	SO	#1 Johns Hopkins {2}	11:25.74		4/20
5	77	Coyla BARTHOLOMEW	SO	#7 Lebanon Valley	11:38.22		4/20
6	78	Eleni ALVAREZ	JR	#1 Johns Hopkins {3}	11:38.81		3/30
7	86	Bailey MULLEN	SR	#16 McDaniel	11:39.97		4/6
8	95	Carys COOK	SO	#13 Gettysburg	11:41.93		4/21
9		Ella LYLE	JR	#14 Grove City	11:48.13		4/13
10		Callie JONES	SR	#1 Johns Hopkins {4}	11:48.48		4/6





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Mid-Atlantic

as of 4/23/2024 8:30:54 AM ET

### Women's 5000 Meters

1	<b>42</b>	Sara STEPHENSON	SR	<b>#1</b> Johns Hopkins	<b>17:14.20</b>	4/14
2	<b>75</b>	Orit SHIANG	SO	<b>#6</b> Carnegie Mellon	<b>17:32.98</b>	4/14
3	<b>84</b>	Izzy NOBILLI	SO	<b>#1</b> Johns Hopkins {2}	<b>17:38.60</b>	4/6
4		Adriana CATALANO	SO	<b>#1</b> Johns Hopkins {3}	<b>17:43.47</b>	4/6
5		Claire ANDERSON	SO	<b>#11</b> Washington & Je	<b>17:47.05</b>	3/23
6		Grace GALLAGHER	SO	<b>#10</b> Misericordia	<b>17:47.51</b>	3/30
7		Carmen MEDVIT	SO	<b>#20</b> Geneva	<b>17:49.24</b>	4/14
8		Aisling CALLAHAN	SO	<b>#1</b> Johns Hopkins {4}	<b>17:49.95</b>	4/14
9		Amiyah PRIEBE	JR	<b>#2</b> Dickinson	<b>17:50.88</b>	3/27
10		Cera GASTON	SR	<b>#15</b> Alvernia	<b>17:51.67</b>	3/23

### Women's 10,000 Meters

1	<b>28</b>	Izzy NOBILLI	SO	<b>#1</b> Johns Hopkins	<b>36:00.13</b>	4/14
2	<b>38</b>	Grace GALLAGHER	SO	<b>#10</b> Misericordia	<b>36:24.66</b>	4/14
3	<b>40</b>	Cera GASTON	SR	<b>#15</b> Alvernia	<b>36:33.10</b>	4/14
4	<b>71</b>	Anna BODMER	FR	<b>#8</b> Salisbury	<b>37:31.90</b>	3/16
5	<b>94</b>	Alyssa HOFFMAN	JR	<b>#6</b> Carnegie Mellon	<b>38:27.12</b>	4/14
6	<b>98</b>	Anna WARMACK	SR	<b>#1</b> Johns Hopkins {2}	<b>38:30.64</b>	4/14
7		Elyse TANCINI	FR	<b>#13</b> Gettysburg	<b>39:00.19</b>	4/6
8		Sammy jo BARNES	SR	<b>#2</b> Dickinson	<b>39:00.55</b>	4/14
9		Bella STENHOUSE	FR	<b>#1</b> Johns Hopkins {3}	<b>39:02.77</b>	4/14
10		Coyla BARTHOLOMEW	SO	<b>#7</b> Lebanon Valley	<b>39:11.42</b>	3/30

### Women's 4x100 Relay

1	<b>21</b>	#Type!		<b>#1</b> Johns Hopkins	<b>47.98</b>	<b>4/20</b>
2	<b>24</b>	Hannah Alderfer, Remi Acord, Chloe Yoder, Alexa Rine		<b>#3</b> Susquehanna	<b>48.06</b>	<b>4/20</b>
3	<b>27</b>	Emerlee Simons, Darya Mikusova, Mariana Penuela, Sara Penuela		<b>#2</b> Dickinson	<b>48.15</b>	<b>4/17</b>
4	<b>57</b>	Jessica Fatigati, Emma Rudolph, Madison Conley, Breannnda Davis		<b>#4</b> Westminster (Pa	<b>48.92</b>	3/16
5	<b>71</b>	Karia Forvil, Marlyse Haack, Julie Thomas, Taleah Williams		<b>#8</b> Salisbury	<b>49.30</b>	<b>4/20</b>
6	<b>77</b>	#Type!		<b>#7</b> Lebanon Valley	<b>49.54</b>	<b>4/20</b>
7	<b>83</b>	#Type!		<b>#16</b> McDaniel	<b>49.70</b>	<b>4/20</b>
8	<b>86</b>	Wendy De La Cruz Garcia, Samantha Sharrow, Isabella Delgado, Jocelyn Smith		<b>#12</b> Scranton	<b>49.76</b>	<b>4/20</b>
9		#Type!		<b>#19</b> Franklin & Marsh	<b>50.39</b>	<b>4/20</b>
10		Clara Benner, Claire Miller, Halle Jennett, Elena Vargas		<b>#18</b> Messiah	<b>50.49</b>	<b>4/21</b>

### Women's 4x400 Relay

1	<b>12</b>	Lianne Saussy, Annie Huang, Lauren Phillips, Anna Zaeske		<b>#1</b> Johns Hopkins	<b>3:53.98</b>	4/6
2	<b>26</b>	Darya Mikusova, Emerlee Simons, Mariana Penuela, Sara Penuela		<b>#2</b> Dickinson	<b>3:56.99</b>	<b>4/20</b>
3	<b>85</b>	Isabella Rhee, Emily Lannen, Jiahui Tang, Emma Nilson		<b>#6</b> Carnegie Mellon	<b>4:08.20</b>	3/30
4		Nyla Callahan, Eren Tighe, Mackenzie Dover, Laurel Gingrich		Albright	<b>4:10.56</b>	<b>4/17</b>
5		Aurielle Brunner, Kendall Sirignano, Molly Standing, Piper Young		<b>#17</b> Chatham	<b>4:11.82</b>	4/13
6		Miranda Guthrie, Lily Murphy, Caroline Kozera, Miranda Cincotta		Saint Vincent	<b>4:12.22</b>	3/16
7		Rebecca Christophel, Olivia Barbacci, Ashley Alfree, Camille McRoberts		<b>#23</b> Juniata	<b>4:12.31</b>	4/13
8		Avery Arrizi, Savannah Owens, Ariat Ojulu, Brittney Douglas		<b>#25</b> St. Mary's (Md.)	<b>4:14.31</b>	3/30
9		Ashley Newman, Caitlyn Kuhn, Liza Levin, Chloe Yoder		<b>#3</b> Susquehanna	<b>4:14.34</b>	4/12
10		#Type!		<b>#12</b> Scranton	<b>4:14.50</b>	4/6

### Women's High Jump

1	<b>8</b>	Breannnda DAVIS	SR	<b>#4</b> Westminster (Pa	<b>1.69m</b>	5-6½	4/13
2	<b>29</b>	Aurielle BRUNNER	JR	<b>#17</b> Chatham	<b>1.63m</b>	5-4¼	4/12
3	<b>52</b>	Katie BALLER	SR	<b>#14</b> Grove City	<b>1.60m</b>	5-3	4/13
3	<b>52</b>	Victoria KADIRI	SR	<b>#1</b> Johns Hopkins	<b>1.60m</b>	5-3	4/14
5	<b>97</b>	Madison ARMITAGE	JR	<b>#5</b> King's College (P	<b>1.57m</b>	5-1¾	4/12
5	<b>97</b>	Ash RICH	FR	<b>#9</b> Elizabethtown	<b>1.57m</b>	5-1¾	<b>4/21</b>
5	<b>97</b>	Madison LAMB	FR	<b>#8</b> Salisbury	<b>1.57m</b>	5-1¾	3/2
8		Emily ORIEL	SO	<b>#7</b> Lebanon Valley	<b>1.56m</b>	5-1¼	3/23
9		Elly BRUNER	FR	<b>#14</b> Grove City {2}	<b>1.55m</b>	5-1	4/13
9		Olivia BARBACCI	SO	<b>#23</b> Juniata	<b>1.55m</b>	5-1	<b>4/17</b>
9		Abigail LOVELACE	FR	<b>#1</b> Johns Hopkins {2}	<b>1.55m</b>	5-1	3/30





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WOMEN — 2024 Week #5, April 23



## Mid-Atlantic

as of 4/23/2024 8:30:54 AM ET

### Women's Pole Vault

1	6	Emma RUDOLPH	SR	#4 Westminster (Pa)	3.85m	12-7½	4/6
2	17	Madison CONLEY	SR	#4 Westminster (Pa){2}	3.75m	12-3½	4/6
3	47	Abby NORWILLO		#5 King's College (P	3.50m	11-5¾	4/19
4	51	Jo-Michelle HUCZKO	SR	#6 Carnegie Mellon	3.48m	11-5	4/13
5	69	Missy TREHARN	SO	#4 Westminster (Pa){3}	3.40m	11-1¾	3/16
5	69	Sarah-Caulley SOTO	SO	#1 Johns Hopkins	3.40m	11-1¾	4/20
7	81	Hannah WITTER	JR	#18 Messiah	3.35m	10-11¾	4/21
8	100	Emily ORIEL	SO	#7 Lebanon Valley	3.30m	10-9¾	4/20
9		Bianca SKELTON	SR	#1 Johns Hopkins {2}	3.25m	10-8	4/20
9		Cassidy BROWN	JR	#1 Johns Hopkins {2}	3.25m	10-8	4/14

### Women's Long Jump

1	3	Victoria KADIRI	SR	#1 Johns Hopkins	5.95m	19-6¼ (1.5)	4/20
2	8	Remi ACORD	JR	#3 Susquehanna	5.75m	18-10½ (0.5)	4/19
3	12	Sara PENUELA	SR	#2 Dickinson	5.67m	18-7¼ (1.2)	4/20
4	16	Mia HILL	SO	#8 Salisbury	5.64mw	18-6 (2.7)	4/5
5	26	Marlyse HAACK	SO	#8 Salisbury {2}	5.59m	18-4¼ (0.7)	4/20
6	28	Aurielle BRUNNER	JR	#17 Chatham	5.58m	18-3¾ (0.0)	4/6
7	43	Shinelle FELIX	JR	#15 Alvernia	5.48m	17-11¾ (-2)	4/11
8	46	Hannah ALDERFER	JR	#3 Susquehanna {2}	5.47m	17-11½ (1.1)	4/19
9	60	Breannnda DAVIS	SR	#4 Westminster (Pa	5.41m	17-9 (0.0)	4/13
10	71	Mariana PENUELA	SR	#2 Dickinson {2}	5.35m	17-6¾ (0.3)	4/17

### Women's Triple Jump

1	1	Victoria KADIRI	SR	#1 Johns Hopkins	13.43m	44-¾ (1.5)	4/12
2	8	Remi ACORD	JR	#3 Susquehanna	12.17m	39-11¼ (0.9)	4/20
3	14	Shinelle FELIX	JR	#15 Alvernia	12.00mw	39-4½ (3.4)	4/20
4	20	Sara BARTLETT	JR	#1 Johns Hopkins {2}	11.75m	38-6¾ (1.8)	4/20
5	26	Aurielle BRUNNER	JR	#17 Chatham	11.63m	38-2 (0.5)	4/5
6	36	Mylina CASTILLO	JR	#15 Alvernia {2}	11.52mw	37-9½ (2.7)	4/11
7	59	Julia ACEVEDO	SR	#3 Susquehanna {2}	11.20m	36-9 (0.1)	4/12
8	68	Molly WHITE	SO	#12 Scranton	11.17m	36-7¾ (0.3)	4/20
9	73	Jocelyn KIEFEL	JR	#6 Carnegie Mellon	11.12m	36-5¾ (1.0)	4/13
10	100	Kate BENDALL	FR	#9 Elizabethtown	10.98m	36-¼ (-3.7)	4/21

### Women's Shot Put

1	32	Erika EZUMBA	SO	#1 Johns Hopkins	13.07m	42-10¾	4/20
2	45	Lexi SHIDERLY	JR	#4 Westminster (Pa	12.81m	42-½	4/6
3	85	Jillian ZUKLEY	FR	#25 St. Mary's (Md.)	12.27m	40-3¼	3/16
4	91	Kelsey NEFF	SR	#1 Johns Hopkins {2}	12.24m	40-2	3/30
5	93	Shelby RAMBO	SO	#4 Westminster (Pa){2}	12.23m	40-1½	4/6
5	93	Taylor SYMONETTE	JR	#6 Carnegie Mellon	12.23m	40-1½	3/30
7	98	Brandy VARNER	SO	#5 King's College (P	12.21m	40-¾	4/19
8	99	Mylea NEIDIG	SR	#9 Elizabethtown	12.20m	40-½	3/27
9		Abby EVERETT	SR	#2 Dickinson	12.06m	39-6¾	3/27
10		Nandee CORREIA	SR	#23 Juniata	11.88m	38-11¾	4/21

### Women's Discus

1	12	Brandy VARNER	SO	#5 King's College (P	44.72m	146-9	4/14
2	31	Shelby RAMBO	SO	#4 Westminster (Pa	42.74m	140-3	4/13
3	63	DaniRae RENNO	JR	#9 Elizabethtown	40.53m	133-0	4/14
4	87	Abby EVERETT	SR	#2 Dickinson	39.37m	129-2	4/20
5	91	Sofia HARNOIS	SO	#21 York (Pa.)	39.15m	128-6	4/17
6		Alyssa BETZ	JR	#7 Lebanon Valley	36.37m	119-4	3/27
7		Alexis MAHAFFEY	JR	#22 Bethany (W.Va.)	36.04m	118-3	3/16
8		Makenna PHILSON	SO	#22 Bethany (W.Va.) {2}	35.87m	117-8	4/13
9		Erika EZUMBA	SO	#1 Johns Hopkins	35.84m	117-7	3/30
10		Caitlin KIRK	FR	#5 King's College (P{2}	35.55m	116-8	4/19

### Women's Hammer

1	20	Katelyn SHOEMAKER	SO	#5 King's College (P	52.07m	170-10	4/12
2	63	Maggie BOYER	SR	#3 Susquehanna	47.36m	155-5	4/6
3	89	Alexis MAHAFFEY	JR	#22 Bethany (W.Va.)	45.97m	150-10	4/19
3	89	Delaney HILFERTY	JR	#5 King's College (P{2}	45.97m	150-10	4/12
5		Abby EVERETT	SR	#2 Dickinson	44.50m	146-0	3/23
6		Anna BELLUCCI	SR	#5 King's College (P{3}	44.24m	145-2	4/12
7		Taileen ZECHMAN	JR	Hood	43.71m	143-5	4/20
8		Allison STANDISH	SO	#20 Geneva	42.93m	140-10	3/9
9		Kayla ROUNTREE	JR	#6 Carnegie Mellon	42.77m	140-4	3/30
10		Erika EZUMBA	SO	#1 Johns Hopkins	42.70m	140-1	4/20

### Women's Javelin

1	6	Holly FERRARA	SR	#13 Gettysburg	42.57m	139-8	4/21
2	7	Alexandra SNYDER	JR	#10 Misericordia	42.10m	138-2	4/19
3	17	Mackenzie WARD	FR	#19 Franklin & Marsh	40.22m	132-0	4/20
4	18	Erin MILLER	SR	#9 Elizabethtown	40.08m	131-6	4/14
5	23	Grace TICE	SR	#22 Bethany (W.Va.)	39.44m	129-5	4/13
6	39	Valerie BADGER	SO	#10 Misericordia {2}	38.67m	126-11	3/16
7	53	Katie KOVALCHICK	FR	#11 Washington & Je	37.67m	123-7	4/19
8	55	Katelyn SHOEMAKER	SO	#5 King's College (P	37.63m	123-6	4/12
9	56	Emily GARVIN	FR	#20 Geneva	37.61m	123-5	4/19
10	57	Kaitlyn SNYDER	SO	#7 Lebanon Valley	37.58m	123-4	4/20

### Women's Heptathlon

1	5	Victoria KADIRI	SR	#1 Johns Hopkins	4,742		4/14
2	10	Aurielle BRUNNER	JR	#17 Chatham	4,543		4/12
3	16	Breannnda DAVIS	SR	#4 Westminster (Pa	4,426		3/30
4	27	Hannah ALDERFER	JR	#3 Susquehanna	4,251		4/12
5	57	Victoria ZULTEVICZ	JR	#5 King's College (P	3,739		4/12
6	60	Jadyn HARTNER	SR	#11 Washington & Je	3,700		3/30
7	68	Julia ACEVEDO	SR	#3 Susquehanna {2}	3,535		4/12
8	75	Abigail LOVELACE	FR	#1 Johns Hopkins {2}	3,507		4/14
9		Victoria LEAK	FR	#14 Grove City	3,014		4/12
10		Ryann ESSEY	SO	#4 Westminster (Pa){2}	2,868		3/30
10		Georgia MERCER	SO	#13 Gettysburg	2,868		4/12



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Mideast

as of 4/23/2024 8:30:55 AM ET

### Women's 100 Meters

1	46	Marlina VOKER	JR	#4 Hartford	12.22	(1.3)	4/20
2	82	Rachel ARTHUR	JR	#3 Williams	12.37	(-2.1)	3/16
3	96	Michelle LOUIE	SR	#2 Middlebury	12.41	(1.6)	3/16
4		Trinity HAYES	JR	#12 Rhode Island Col	12.45w	(3.4)	4/6
5		Mackenzie DAGGITT	JR	#2 Middlebury	{2}12.49	(1.6)	3/16
6		Shea O'NEILL	FR	#9 Trinity (Conn.)	12.50w	(3.4)	4/6
7		Katie BRUNO	SO	#2 Middlebury	{3}12.54	(-1.2)	4/20
8		Alaina STONEBRAKER	SO	#5 Coast Guard	12.58	(0.3)	3/30
8		Heloise HUGHES	FR	#1 Amherst	12.58	(-0.7)	4/7
10		Melissa WHITE	SO	#2 Middlebury	{4}12.61	(1.4)	3/16
10		Ava NOVAK	SR	#10 Vassar	12.61w	(3.4)	4/6

### Women's 100 Meter Hurdles

1	13	Eliza CARDWELL	JR	#1 Amherst	14.37	(0.8)	4/7
2	43	Cali LEONARD	JR	#4 Hartford	14.85w	(2.5)	4/20
3	60	Arissa GRACE MCGOWAN	SO	#1 Amherst	{2}15.05	(0.8)	4/7
4	70	Katherine DEFOSSÉ	FR	#11 Springfield (Mas)	15.15w	(3.5)	4/6
5	78	Caroline CROCKER	FR	#4 Hartford	{2}15.21w	(2.5)	4/20
6	84	Ziann FACEY	SO	#3 Williams	15.27w	(3.9)	3/23
7	87	Jahmilia DENNIS	SO	#10 Vassar	15.29w	(2.5)	4/20
8	92	Myeh MEDINA	SO	#1 Amherst	{3}15.32	(0.4)	3/30
9		Emma WHEELER	SR	#7 Connecticut Coll	15.43w	(3.2)	4/13
10		Emma MILLS	FR	#2 Middlebury	15.57	(1.0)	4/20

### Women's 200 Meters

1	14	Marlina VOKER	JR	#4 Hartford	24.72	(0.4)	4/20
2	40	Trinity HAYES	JR	#12 Rhode Island Col	25.07cuw(25.71u)	(2.0)	4/6
3	62	Michelle LOUIE	SR	#2 Middlebury	25.27	(2.0)	3/16
4	85	Claire JENSEN	FR	#3 Williams	25.44	(0.0)	3/23
5	91	Cate DONALDSON	FR	#3 Williams	{2}25.49	(0.0)	3/23
6	95	Alaina STONEBRAKER	SO	#5 Coast Guard	25.53	(0.4)	4/20
7	97	Rachel ARTHUR	JR	#3 Williams	{3}25.55w	(3.0)	4/12
8		Grace FLYNN	JR	#5 Coast Guard	{2}25.59cuw(26.24u)	(2.0)	4/6
9		Melissa WHITE	SO	#2 Middlebury	{2}25.60	(2.0)	3/16
10		Bella KING-HARVEY	FR	#3 Williams	{4}25.63	(0.0)	3/23

### Women's 400 Meters

1	26	Kennedy MULLEN	JR	#9 Trinity (Conn.)	56.91		4/20
2	27	Bella KING-HARVEY	FR	#3 Williams	56.92		4/12
3	40	Cate DONALDSON	FR	#3 Williams	{2}57.42		3/23
4	43	Casie EIFRIG	JR	#1 Amherst	57.52		4/7
5	82	Anna KROUSE	JR	#2 Middlebury	58.49		3/16
6		Trinity HAYES	JR	#12 Rhode Island Col	58.73		4/13
7		Lauren SZALKOWSKI	FR	#6 RPI	58.75		4/7
8		Claire JENSEN	FR	#3 Williams	{3}58.80		4/12
9		Lily BULCZYNSKI	SO	#2 Middlebury	{2}58.88		4/20
10		Sophia MACK	SO	#8 Wesleyan (Conn.)	58.95		4/20

### Women's 400 Meter Hurdles

1	16	Ciara DALE	SR	#2 Middlebury	1:03.53		3/16
2	28	Molly MCGRAIL	SR	#4 Hartford	1:04.40		4/20
3	48	Myeh MEDINA	SO	#1 Amherst	1:05.29		4/7
4	51	Camryn TAYLOR	SR	#3 Williams	1:05.41		3/23
5	62	Caitlin FITZGERALD	SO	#9 Trinity (Conn.)	1:05.85		4/20
6	70	Kate HAUSLADEN	SR	#8 Wesleyan (Conn.)	1:06.19		4/12
7	95	Caroline STANTON	SR	#13 Union (N.Y.)	1:07.19		4/20
8	96	Artis PHILLIPS	JR	#1 Amherst	{2}1:07.20		4/7
9		Cate KREUTZEN	SO	#2 Middlebury	{2}1:07.44		4/20
10		Tara JESSEN	SO	#5 Coast Guard	1:07.49		3/30

### Women's 800 Meters

1	17	Zoe MARCUS	FR	#1 Amherst	2:12.30		4/14
2	21	Julia SCHOR	JR	#1 Amherst	{2}2:12.65		4/7
3	29	Lucy GAGNON	SR	#3 Williams	2:13.78		3/16
4	30	Alexa ESTES	SO	#7 Connecticut Coll	2:13.94		3/30
5	34	Piper LENTZ	SO	#1 Amherst	{3}2:14.69		4/14
6	55	Grace MCDONOUGH	SO	#7 Connecticut Coll	{2}2:15.91cu(2:18.14u)		4/6
7	58	Bella LOZIER	SO	#1 Amherst	{4}2:16.23		4/14
8	66	Elle THOMPSON	JR	#2 Middlebury	2:16.70		4/20
9	96	Lily BULCZYNSKI	SO	#2 Middlebury	{2}2:17.90		3/16
10		Allison SIBOLD	SR	#20 St. Lawrence	2:18.17		4/6

### Women's 1500 Meters

1	25	Julia SCHOR	JR	#1 Amherst	4:34.68		4/14
2	26	Grace MCDONOUGH	SO	#7 Connecticut Coll	4:34.81		4/13
3	29	Jordan WALTER	SR	#8 Wesleyan (Conn.)	4:35.30		4/20
4	36	Lucy GAGNON	SR	#3 Williams	4:36.11		3/23
5	37	Zoe MARCUS	FR	#1 Amherst	{2}4:36.43		4/14
6	45	Haley SCHOENEGGE	FR	#10 Vassar	4:37.56u		4/6
7	49	Abby FERNALD	SO	#7 Connecticut Coll	{2}4:38.64		4/13
8	59	Sidney TRIEPKE	JR	#5 Coast Guard	4:40.05		3/30
9	65	Pria PARKER	JR	#15 Smith	4:40.93		4/20
10	69	Bella LOZIER	SO	#1 Amherst	{3}4:41.29		4/7

### Women's Steeplechase

1	6	Audrey MACLEAN	FR	#2 Middlebury	10:45.39		4/12
2	20	Molly FITZGIBBONS	SR	#3 Williams	10:59.24		3/23
3	30	Tatum PESKIN	SR	#2 Middlebury	{2}11:16.50		4/12
4	42	Charlene PENG	FR	#3 Williams	{2}11:23.62		4/12
5	51	Tessa LANCASTER	JR	#16 Mount Holyoke	11:28.27		4/12
6	57	Hailey MARCELLO	SR	#4 Hartford	11:34.31		4/13
7	59	Alexandra SIMON	FR	#8 Wesleyan (Conn.)	11:34.84		4/20
8	64	Claudia WOLF	SO	#6 RPI	11:35.96		4/7
9	66	Helen HURDEN	FR	#3 Williams	{3}11:36.10		3/23
10	92	Allison MALATESTA	SR	#13 Union (N.Y.)	11:41.66		4/20



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Mideast

as of 4/23/2024 8:30:55 AM ET

### Women's 5000 Meters

1	<b>5</b>	Haley SCHOENEGGE	FR	#10 Vassar	<b>16:32.59</b>	4/14
2	<b>18</b>	Paige PHILLIPS	SR	#5 Coast Guard	<b>16:54.04</b>	4/13
3	<b>20</b>	Stephanie AGER	SO	#8 Wesleyan (Conn.	<b>16:56.70</b>	<b>4/20</b>
4	<b>24</b>	Jules BLESKOSKI	FR	#6 RPI	<b>16:59.04</b>	4/14
5	<b>33</b>	Olivia PISACANO	JR	#6 RPI	{2} <b>17:06.81</b>	4/14
6	<b>48</b>	Audrey MACLEAN	FR	#2 Middlebury	<b>17:17.26</b>	3/16
7	<b>57</b>	Julia SCHOR	JR	#1 Amherst	<b>17:23.66</b>	3/30
8	<b>86</b>	Haley OLIVER	SO	#12 Rhode Island Col	<b>17:39.39</b>	4/13
9	<b>94</b>	Molly FITZGIBBONS	SR	#3 Williams	<b>17:40.99</b>	4/14
10	<b>98</b>	Fiona PICONE	SO	#3 Williams	{2} <b>17:41.70</b>	3/23

### Women's 10,000 Meters

1	<b>27</b>	Stephanie AGER	SO	#8 Wesleyan (Conn.	<b>35:57.22</b>	3/23
2	<b>31</b>	Fiona PICONE	SO	#3 Williams	<b>36:09.92</b>	4/14
3	<b>48</b>	Alsacia TIMMERMAN	SO	#7 Connecticut Coll	<b>36:43.84</b>	4/13
4	<b>61</b>	Haley OLIVER	SO	#12 Rhode Island Col	<b>37:04.83</b>	3/30
5	<b>69</b>	Lauren MELLON	SO	#5 Coast Guard	<b>37:25.52</b>	4/13
6	<b>78</b>	Claire CALLON	JR	#1 Amherst	<b>37:53.31</b>	4/14
7	<b>90</b>	Daphne WITHERELL	FR	#1 Amherst	{2} <b>38:17.12</b>	3/30
8	<b>92</b>	Allison LOUNSBURY	SO	#1 Amherst	{3} <b>38:24.24</b>	3/30
9		Leah GOODLOE	JR	#6 RPI	<b>38:40.46</b>	4/14
10		Elizabeth INGELLIS	JR	#22 Sage Colleges	<b>39:04.82</b>	4/6

### Women's 4x100 Relay

1	<b>16</b>	Bella King-Harvey, Cate Donaldson, Camryn Taylor, Rachel Arthur	#3 Williams	<b>47.69</b>	4/12
2	<b>19</b>	Katie Bruno, Michelle Louie, Melissa White, Mackenzie Daggitt	#2 Middlebury	<b>47.86</b>	4/12
3	<b>37</b>	Jenascia Weir, Leslie Samuel, Emily Parchinski, Marlina Voker	#4 Hartford	<b>48.46</b>	<b>4/20</b>
4	<b>51</b>	Cate Kneebone, Sophia Jones, Emma Almoney, Shea O'Neill	#9 Trinity (Conn.)	<b>48.77</b>	<b>4/20</b>
5	<b>72</b>	Eliza Cardwell, Heloise Hughes, Rachel Hubley, Anastasia Ioppolo	#1 Amherst	<b>49.31</b>	4/7
6	<b>79</b>	Christine Mallette, Katie Manning, Alyssa Fici, Lauren Szalkowski	#6 RPI	<b>49.59</b>	4/12
7		Sofia Aguilar, Kaitlyn Doherty, Riley Hanover, Madison Mulas	#11 Springfield (Mas)	<b>50.02</b>	<b>4/20</b>
8		Alaina Stonebraker, Ella Besant, Kaylee Wright, Grace Flynn	#5 Coast Guard	<b>50.08</b>	4/13
9		Jamie Eu, Ava Novak, Jahmilia Dennis, Traci Francis	#10 Vassar	<b>50.55u</b>	4/6
10		Anjalina Lubarsky, Paige Moroney, Eliza Lee, Delaney Parker	#19 Westfield State	<b>50.65</b>	4/13



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Mideast

as of 4/23/2024 8:30:55 AM ET

### Women's 4x400 Relay

1	5	Cate Donaldson, Camryn Taylor, Claire Jensen, Bella King-Harvey	#3 Williams	3:51.17	3/23
2	13	Sophia Jones, Cate Kneebone, Emma Almony, Kennedy Mullen	#9 Trinity (Conn.)	3:54.21	4/20
3	21	Mads Rabb, Zoe Marcus, Piper Lentz, Casie Eifrig	#1 Amherst	3:56.30	3/30
4	25	Michelle Louie, Ciara Dale, Annabel Cloney, Anna Krouse	#2 Middlebury	3:56.93	3/16
5	61	Ella Besant, Manon Murphy, Alaina Stonebraker, Makenna Topp	#5 Coast Guard	4:04.74	4/20
6	67	Alexa Estes, LK Tucker, April Schilling, Grace McDonough	#7 Connecticut Coll	4:05.64cu (4:10.67u)	4/6
7		Maya Carey, Sophia Henderson, Margaret McLaughlin, Ava Novak	#10 Vassar	4:11.00cu (4:16.14u)	4/6
8		Elaine Mccarty, Shams Ferver, Anjali Jones, Lena Baker	#15 Smith	4:13.19	4/20
9		Katherine Doran, Grace Ardito, Marley Froe, Glory Moncion-Allen	#13 Union (N.Y.)	4:14.19	4/20
10		Abigail O'Connor, Hailey Marcello, Amelia King, Molly McGrail	#4 Hartford	4:15.10	4/20

### Women's High Jump

1	2	Allie WILDSMITH	SO	#5 Coast Guard	1.70m	5-7	4/20
2	8	Gabriella GRATTAN	JR	#9 Trinity (Conn.)	1.69m	5-6½	3/30
3	16	Sydney GARRISON	SR	#4 Hartford	1.67m	5-5¾	4/20
3	16	Jordan MURPHY	FR	#4 Hartford	1.67m	5-5¾	4/20
3	16	Ashley SHELTON	FR	#13 Union (N.Y.)	1.67m	5-5¾	4/6
6	27	Avery BAKER-SCHLENDERING	FR	#4 Hartford	{3} 1.64m	5-4½	4/13
7	36	Anaya THOMAS	JR	#1 Amherst	1.62m	5-3¾	4/7
8	52	Amelie JAMANKA	SO	#3 Williams	1.60m	5-3	3/23
9	97	Leah SMITH	FR	#1 Amherst	{2} 1.57m	5-1¾	4/7
10		Livi MAZEROLLE	SO	#3 Williams	{2} 1.56m	5-1¼	4/12

### Women's Pole Vault

1	19	Ellie FITZGERALD	SO	#3 Williams	3.70m	12-1½	4/12
1	19	Zoe WANG	JR	#2 Middlebury	3.70m	12-1½	4/12
1	19	Mia BAWENDI	SR	#1 Amherst	3.70m	12-1½	4/12
4	33	Natasha FRISCH	SO	#14 Eastern Connect	3.60m	11-9¾	4/20
5	36	Kerry SEEKAMP	SO	#15 Smith	3.55m	11-7¾	3/30
5	36	Jae YU	JR	#3 Williams	{2} 3.55m	11-7¾	4/12
5	36	Madison GARRIGUS	SR	#5 Coast Guard	3.55m	11-7¾	4/13
8	69	Mollie BRINKER	SO	#5 Coast Guard	{2} 3.40m	11-1¾	4/13
8	69	Poppy MILLER	JR	#3 Williams	{3} 3.40m	11-1¾	4/12
8	69	Fiona CARROLL	JR	#8 Wesleyan (Conn.)	3.40m	11-1¾	3/30

### Women's Long Jump

1	11	Mackenzie DAGGITT	JR	#2 Middlebury	5.68m	18-7¾ (1.9)	4/12
2	29	Kaylee WRIGHT	SO	#5 Coast Guard	5.57mw	18-3¾ (3.7)	4/6
3	71	Juliette SULLIVAN	FR	#8 Wesleyan (Conn.)	5.35m	17-6¾ (0.5)	4/7
4	83	Leslie SAMUEL	FR	#4 Hartford	5.33m	17-6 (1.6)	4/13
5	95	Muffie MAZAMBANI	SR	#1 Amherst	5.31m	17-5¼ (0.2)	3/30
6		Ava NOVAK	SR	#10 Vassar	5.26m	17-3¾ (1.3)	4/12
7		Heloise HUGHES	FR	#1 Amherst	{2} 5.23m	17-2 (2.0)	4/12
8		Sydney PASSLEY-HARRIS	SO	#10 Vassar	{2} 5.22m	17-1½ (-2.0)	3/30
9		Elle RIMANDO	SO	#16 Mount Holyoke	5.20m	17-¾ (1.6)	4/13
10		Michaela SCHAFFER	SR	#17 SUNY Plattsburg	5.19mw	17-½ (2.3)	4/12

### Women's Triple Jump

1	36	Jahmilia DENNIS	SO	#10 Vassar	11.52m	37-9½ (-0.8)	4/20
2	38	Anaya THOMAS	JR	#1 Amherst	11.45m	37-6¾ (1.6)	4/20
3	41	Myeh MEDINA	SO	#1 Amherst	{2} 11.41m	37-5¼ (0.3)	4/19
4	84	Lucinda POLLITT	SO	#2 Middlebury	11.06m	36-3¾ (2.0)	4/20
5	93	Samantha PAUL	JR	#11 Springfield (Mas)	11.02mw	36-2 (3.6)	4/6
6		Eliza LEE	SO	#19 Westfield State	10.96m	35-11½ (1.9)	4/13
7		Ashley SHELTON	FR	#13 Union (N.Y.)	10.79mw	35-4¾ (3.0)	4/12
8		Elle RIMANDO	SO	#16 Mount Holyoke	10.78m	35-4½ (1.3)	4/13
9		Maddie GREENE	JR	#5 Coast Guard	10.72mw	35-2 (2.6)	4/6
10		Leah SMITH	FR	#1 Amherst	{3} 10.69m	35-1 (0.7)	4/20

### Women's Shot Put

1	86	Lillian WURTZ	SO	#2 Middlebury	12.26m	40-2¾	4/12
2		Sadie OLSON	SR	#5 Coast Guard	12.12m	39-9¼	4/20
3		Julia TULIMIERI	SO	#2 Middlebury	{2} 12.09m	39-8	4/20
4		Mary Scott ROBINSON	SR	#2 Middlebury	{3} 11.90m	39-½	4/12
5		Kylie ALLEN	FR	#6 RPI	11.86m	38-11	4/12
6		Katelynn TAYLOR	JR	#11 Springfield (Mas)	11.85m	38-10½	4/20
7		Maureen HAMMOND	JR	#5 Coast Guard	{2} 11.66m	38-3¾	4/20
8		Amaya PENDLETON	FR	#9 Trinity (Conn.)	11.56m	37-11¼	4/20
9		KaylInn STEVENSON	FR	#21 Castleton	11.53m	37-10	4/13
10		Madison DIPASQUALE	SO	#4 Hartford	11.51m	37-9¼	4/20



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Mideast

as of 4/23/2024 8:30:55 AM ET

### Women's Discus

1	21	Robyn KRAFFT	SR	#4 Hartford	43.48m	142-8	4/20
2	25	Emma RAMSINGH	FR	#1 Amherst	43.38m	142-4	4/7
3	45	Madeline SAUDERS	JR	#2 Middlebury	41.57m	136-5	4/12
4	70	Grace RICHARD	SO	#6 RPI	39.97m	131-2	4/20
5	72	Sadie OLSON	SR	#5 Coast Guard	39.95m	131-1	4/20
6		Lillian WURTZ	SO	#2 Middlebury	{2}38.73m	127-1	4/20
7		Katie LYNCH	SO	#6 RPI	{2}38.21m	125-5	4/7
8		Kaylnn STEVENSON	FR	#21 Castleton	37.80m	124-0	4/13
9		Sydney PETRIE	SO	#10 Vassar	37.48m	123-0	4/6
10		Katie RACHWAL	FR	#17 SUNY Plattsburg	37.32m	122-5	4/20

### Women's Hammer

1	86	Sadie OLSON	SR	#5 Coast Guard	46.23m	151-8	4/6
2	98	Samantha SAINRISTILL	JR	#12 Rhode Island Col	45.49m	149-3	4/20
3		Jaxon PALMER	JR	#2 Middlebury	45.22m	148-5	4/12
4		Katie LYNCH	SO	#6 RPI	44.80m	147-0	4/20
5		Shannon BURBY	JR	#14 Eastern Connect	42.84m	140-7	4/20
6		Caroline HADLEY	SR	#4 Hartford	42.58m	139-9	4/13
7		Grace RICHARD	SO	#6 RPI	{2}41.74m	137-0	4/12
8		Lillian WURTZ	SO	#2 Middlebury	{2}41.41m	135-11	3/22
9		Tommie BARKER	SO	#4 Hartford	{2}40.63m	133-4	4/20
10		Madison DIPASQUALE	SO	#4 Hartford	{3}40.28m	132-2	4/13

### Women's Javelin

1	1	Kayla PELLETIER	JR	#4 Hartford	45.70m	149-11	4/20
2	22	Carolina ANDRADE	SR	#1 Amherst	39.47m	129-6	3/30
3	31	Bethanie JEAN PHILIPPE	FR	#12 Rhode Island Col	38.94m	127-9	4/13
4	64	Jaxon PALMER	JR	#2 Middlebury	37.34m	122-6	4/12
5	79	Morgan ROME	SO	#1 Amherst	{2}36.69m	120-5	3/30
6	80	Reilly ISLER	JR	#2 Middlebury	{2}36.65m	120-3	3/16
7		Naomi MCGADNEY	FR	#8 Wesleyan (Conn.	34.82m	114-3	4/12
8		Dahlia GALANTE	JR	#9 Trinity (Conn.)	34.42m	112-11	4/6
9		Emily DAVIS-MORIN	SR	#5 Coast Guard	34.09m	111-10	4/13
10		Jacey TIPPMAN	JR	#5 Coast Guard	{2}34.05m	111-9	4/20

### Women's Heptathlon

1	23	Emma WHEELER	SR	#7 Connecticut Coll	4,342		4/13
2	46	Livi MAZEROLLE	SO	#3 Williams	3,906		4/12
3	56	Anaya THOMAS	JR	#1 Amherst	3,745		4/12
4	76	Morgan ROME	SO	#1 Amherst	{2}3,486		4/12
5	99	Naomi MCGADNEY	FR	#8 Wesleyan (Conn.	3,057		4/12
6		Ashley BECK	FR	#18 Roger Williams	3,008		4/13
7		Tabitha KLAUS	JR	#18 Roger Williams	{2}2,862		4/13
8		Halle RAINA	JR	#6 RPI	2,781		4/12
9		Abigail SASSON	FR	#10 Vassar	2,735		4/12
10		Zoe MULVIHILL	FR	#1 Amherst	{3}2,635		4/12





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Midwest

as of 4/23/2024 8:30:55 AM ET

### Women's 100 Meters

1	2	Marcedes JACKSON	SR	#6 North Central (Ill)	11.80	(1.5)	4/13
2	11	Emma SEIPEL	JR	#4 Loras	11.98c	(11.95A) (1.	4/6
3	15	Jasmine WRIGHT	SO	#1 Washington (Mo.	12.00	(1.6)	3/30
3	15	Maya DAVIS	FR	#1 Washington (Mo.	12.00	(1.6)	3/30
5	24	Nicole STEWART	JR	#1 Washington (Mo.}	12.10w	(3.3)	4/20
6	25	Gabri MESCHINO	SR	#3 Chicago	12.11	(1.6)	3/30
6	25	Lauren BLIEFERNICHT	JR	#13 Aurora	12.11	(1.8)	4/20
8	30	McKenzie RESER	JR	#10 Augustana (Ill.)	12.13w	(3.3)	4/20
9	41	Harmony CREASY	JR	#4 Loras	{2}12.19c	(12.16A) (1.	4/6
10	44	Lindsey NOVAK	SR	#6 North Central (Ill.}	12.21	(1.9)	4/6

### Women's 100 Meter Hurdles

1	6	JoJo TYNISMAL	SO	#2 Wartburg	14.11w	(2.3)	4/13
2	9	Ren BROWN	JR	#3 Chicago	14.20	(1.5)	4/13
3	10	Lauren GAY	JR	#1 Washington (Mo.	14.23w	(2.2)	3/30
4	12	Nakala NADEAU	JR	#11 Elmhurst	14.34w	(2.5)	4/13
5	16	Denise PARTEE	SR	#6 North Central (Ill	14.45w	(2.6)	3/29
6	30	Tiana GRADY	FR	#11 Elmhurst	{2}14.78w	(2.6)	3/29
7	34	Thea RING	SO	#16 North Park	14.81	(1.5)	4/13
8	38	Natalie MCALLISTER	SR	#14 Cornell College	14.83	(1.4)	4/20
8	38	Grace BRADEN	FR	#2 Wartburg	{2}14.83w	(2.3)	4/13
10	50	Olivia BOHLEN	SO	#5 Central (Iowa)	14.97w	(2.2)	4/12
10	50	Eve SHELTON	JR	#23 Concordia Chica	14.97w	(3.6)	4/20

### Women's 200 Meters

1	4	Nicole STEWART	JR	#1 Washington (Mo.	24.46	(0.8)	3/30
2	14	Emma KELLEY	SR	#1 Washington (Mo.}	24.72	(1.4)	4/13
3	21	Lauren GAY	JR	#1 Washington (Mo.}	24.83	(1.4)	4/13
4	24	Thea RING	SO	#16 North Park	24.86c	(25.24) (0.0)	4/20
4	24	JoJo TYNISMAL	SO	#2 Wartburg	24.86	(1.1)	4/13
6	29	Kalie STRAYHORN	FR	#25 Westminster (Mc	24.96	(0.1)	4/12
7	32	Lauren BLIEFERNICHT	JR	#13 Aurora	24.98w	(2.1)	4/20
8	43	Jasmine WRIGHT	SO	#1 Washington (Mo.}	25.08w	(2.5)	4/20
9	44	Harmony CREASY	JR	#4 Loras	25.14w	(2.1)	4/20
10	47	Emma SEIPEL	JR	#4 Loras	{2}25.16	(-0.2)	4/13

### Women's 400 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.	54.18		4/13
2	3	Isabella HOGUE	SR	#7 Nebraska Wesley	55.21		4/12
3	6	Abbi ROERDINK	SR	#5 Central (Iowa)	55.93		4/12
4	18	Nicole STEWART	JR	#1 Washington (Mo.}	56.59		3/30
5	19	Ren BROWN	JR	#3 Chicago	56.64		4/20
6	22	Kylie SPYTEK	SO	#1 Washington (Mo.}	56.87		3/30
7	34	Lindsey NOVAK	SR	#6 North Central (Ill	57.29		4/20
8	50	Caroline ECHOLS	FR	#1 Washington (Mo.}	57.66		4/13
9	51	Catherine CHRISTOPHER	FR	#1 Washington (Mo.}	57.69		3/30
10	54	Alyssa PFADENHAUER	SR	#4 Loras	57.73c	(57.62A)	4/6

### Women's 400 Meter Hurdles

1	1	Ren BROWN	JR	#3 Chicago	1:00.05		4/13
2	5	JoJo TYNISMAL	SO	#2 Wartburg	1:01.93		4/6
3	17	Madison HAYS	SO	#12 Simpson (Iowa)	1:03.59		4/12
4	34	Abby GRUVER	SR	#5 Central (Iowa)	1:04.91		4/12
5	40	Ruby KAPLAN	JR	#1 Washington (Mo.	1:05.05		3/23
6	42	Rebecca STEWART	SR	#3 Chicago	{2}1:05.09		4/13
7	65	Maddax DEVAULT	SO	#12 Simpson (Iowa)	{2}1:05.97		3/28
8	70	Sophia STAHLE	FR	#2 Wartburg	{2}1:06.19		3/29
9	74	Sharona SCHWAB	SO	#3 Chicago	{3}1:06.25		4/13
10		Eve SHELTON	JR	#23 Concordia Chica	1:07.53		4/13

### Women's 800 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.	2:05.07		3/29
2	5	Danielle SCHULTZ	SR	#1 Washington (Mo.}	2:09.99		4/13
3	12	Alessia SARUSSI	SR	#1 Washington (Mo.}	2:11.79		3/29
4	16	Maddie KELLY	SR	#3 Chicago	2:12.11		4/6
5	19	Peyton STEFFEN	SO	#5 Central (Iowa)	2:12.52		4/13
6	20	Caroline ECHOLS	FR	#1 Washington (Mo.}	2:12.62		3/29
7	23	Izzy GORTON	JR	#1 Washington (Mo.}	2:13.09		3/29
8	32	Elisabeth CAMIC	JR	#3 Chicago	{2}2:14.43		4/6
9	33	Haley MEYER	SO	#2 Wartburg	2:14.56		3/23
10	65	Frankie CHAIDEZ	JR	#4 Loras	2:16.61		4/13

### Women's 1500 Meters

1	2	Emma KELLEY	SR	#1 Washington (Mo.	4:22.76		4/6
2	8	Deyanneira COLON MALDONADO	JR	#13 Aurora	4:31.01		4/20
3	9	Lexi BROWN	SR	#2 Wartburg	4:31.03		4/20
4	10	Megan JOHNSON	JR	#5 Central (Iowa)	4:31.06		4/13
5	12	Caroline MCMARTIN	SR	#5 Central (Iowa)	{2}4:31.63		4/13
6	15	Maddie KELLY	SR	#3 Chicago	4:32.15		3/29
7	17	Elisabeth CAMIC	JR	#3 Chicago	{2}4:33.10		4/13
8	20	Peyton STEFFEN	SO	#5 Central (Iowa)	{3}4:34.06		4/13
9	24	Katie RECTOR	SO	#1 Washington (Mo.}	4:34.52		3/29
10	28	Evelyn BATTLESUN-GUNKEL	SR	#3 Chicago	{3}4:35.20		4/6

### Women's Steeplechase

1	1	Megan JOHNSON	JR	#5 Central (Iowa)	10:19.79		4/13
2	2	Aubrie FISHER	SR	#2 Wartburg	10:24.28		3/29
3	3	Caroline MCMARTIN	SR	#5 Central (Iowa)	{2}10:30.78		4/13
4	4	Ellie MEYER	JR	#2 Wartburg	{2}10:33.30		3/29
5	10	Addy PARROTT	JR	#5 Central (Iowa)	{3}10:49.07		4/13
6	12	Emma ODLE	SR	#10 Augustana (Ill.)	10:49.57		3/29
7	16	Julia PATTERSON	JR	#1 Washington (Mo.	10:52.97		3/29
8	17	Caitlin JORGENSEN	SR	#3 Chicago	10:54.68		3/29
9	18	Abigail PATTERSON	JR	#1 Washington (Mo.}	10:56.51		3/29
10	28	Riley CLARK	SO	#1 Washington (Mo.}	11:16.13		3/29



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Midwest

as of 4/23/2024 8:30:55 AM ET

### Women's 5000 Meters

1	2	Aubrie FISHER	SR	#2 Wartburg	16:28.70	4/13
2	3	Caroline MCMARTIN	SR	#5 Central (Iowa)	16:29.11	3/29
3	4	Shaelyn HOSTAGER	JR	#2 Wartburg {2}	16:32.19	4/13
4	6	Evelyn BATTLESON-GUNKEL	SR	#3 Chicago	16:33.65	4/13
5	9	Deyanneira COLON MALDONADO	JR	#13 Aurora	16:34.97	4/13
6	11	Alexandra BLAKE	SR	#1 Washington (Mo.)	16:46.39	4/13
7	14	Caitlin JORGENSEN	SR	#3 Chicago {2}	16:49.77	4/13
8	16	Estelle SNIDER	FR	#3 Chicago {3}	16:51.14	4/13
9	17	Sophie TEDESCO	JR	#3 Chicago {4}	16:51.91	4/13
10	21	Lara KALLEM	JR	#12 Simpson (Iowa)	16:57.88	4/13

### Women's 10,000 Meters

1	4	Evelyn BATTLESON-GUNKEL	SR	#3 Chicago	34:25.29	3/29
2	5	Shaelyn HOSTAGER	JR	#2 Wartburg	34:39.24	3/29
3	6	Megan JOHNSON	JR	#5 Central (Iowa)	35:00.33	3/29
4	10	Lara KALLEM	JR	#12 Simpson (Iowa)	35:10.24	4/20
5	13	Sophie TEDESCO	JR	#3 Chicago {2}	35:16.72	3/29
6	14	Teghan BOOTH	JR	#12 Simpson (Iowa) {2}	35:23.22	4/20
7	16	Estelle SNIDER	FR	#3 Chicago {3}	35:25.49	3/29
8	42	Louisa BRORSON	SO	#19 Wheaton (Ill.)	36:36.15	4/20
9	43	Annalese CHUDY	JR	#15 Illinois Wesleyan	36:36.18	3/29
10	47	Destiny ROGERS	SR	#19 Wheaton (Ill.) {2}	36:41.22	4/20

### Women's 4x100 Relay

1	1	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1 Washington (Mo.)	46.35	3/30
2	4	Harmony Creasy, Kelly Kohlhof, Meghan McDonald, Emma Seipel	#4 Loras	46.91c (46.79A)	4/6
3	10	Marcedes Jackson, Lindsey Novak, Faith Ladin, Denise Partee	#6 North Central (Ill.)	47.37	3/29
4	11	Taylor Tucker, Laila Graham, Jocelyn Fritz, Sara Yakana	#8 Greenville	47.45	4/13
5	14	Nabila Saam, McKenzie Reser, Cora Deemer, Shakira Wade	#10 Augustana (Ill.)	47.62	3/30
6	15	Lauren Marshall, Tiana Grady, Carmela Woods, Aniya Seeley-Williams	#11 Elmhurst	47.63	4/11
7	18	Keeley Hourigan, Raegan Levi, Breanne Geary, Natalie Cummins	#7 Nebraska Wesley	47.80	4/5
8	20	#Type!	#2 Wartburg	47.87	4/13
9	25	Riana Hayes, Meja Lindberg, Thea Ring, Julia Klein	#16 North Park	48.12	4/13
10	26	Mattie Brown, Brooke Oakley, Haley Garrett, Deja Anderson	#20 Illinois College	48.14	4/13



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



Midwest

as of 4/23/2024 8:30:55 AM ET

## Women's 4x400 Relay

1	<b>1</b>	Kylie Spytek, Catherine Christopher, Danielle Schultz, Emma Kelley	<b>#1</b> Washington (Mo.)	<b>3:46.13</b>	3/30
2	<b>6</b>	Grace Alley, Harmony Creasy, Layla Hughes, Alyssa Pfadenhauer	<b>#4</b> Loras	<b>3:51.46</b>	4/13
3	<b>9</b>	Lizzy Van Utrecht, Ava Parkins, Emily McMartin, Abbi Roerdink	<b>#5</b> Central (Iowa)	<b>3:53.05</b>	4/12
4	<b>19</b>	Ava Hagwell, Onese Ewherido, Maddie Kelly, Ren Brown	<b>#3</b> Chicago	<b>3:56.25</b>	4/13
5	<b>22</b>	Rachel Nagel, Sophia Stahle, JoJo Tynismaa, Olivia Tollari	<b>#2</b> Wartburg	<b>3:56.33</b>	3/23
6	<b>29</b>	Naomi Jones, Carmela Woods, Sadie Hartmann, Nayeli Villegas	<b>#11</b> Elmhurst	<b>3:58.06</b>	4/13
7	<b>31</b>	Breanne Geary, Isabella Hilger, Delaney Vacek, Gabby Thomas	<b>#7</b> Nebraska Wesley	<b>3:58.67</b>	4/12
8	<b>34</b>	Lovenya Perry, Cire' Smith, Cali Minkie, Reilly Boyer	<b>#6</b> North Central (Ill)	<b>3:59.03</b>	4/13
9	<b>56</b>	Jordyn VanSanten, Cora Deemer, Lina Maatouk, McKenzie Reser	<b>#10</b> Augustana (Ill.)	<b>4:03.69</b>	4/13
10	<b>65</b>	Eva Schwaab, Taylor Tucker, Jazmyn Harmon, Laila Graham	<b>#8</b> Greenville	<b>4:05.48</b>	4/13

## Women's High Jump

1	<b>1</b>	Sara HOSKINS	SR	<b>#4</b> Loras	<b>1.71m</b>	5-7¼	4/13
2	<b>2</b>	Jaden GATTS	FR	<b>#9</b> Dubuque	<b>1.70m</b>	5-7	3/28
2	<b>2</b>	Hailey CAROLAN	SO	<b>#14</b> Cornell College	<b>1.70m</b>	5-7	4/6
4	<b>21</b>	Olivia JAMESON	SO	<b>#24</b> Illinois Tech	<b>1.66m</b>	5-5¼	3/29
4	<b>21</b>	Grace ALLEY	SR	<b>#4</b> Loras	{2} <b>1.66m</b>	5-5¼	4/6
6	<b>36</b>	Julia KLEIN	SO	<b>#4</b> Loras	{3} <b>1.62m</b>	5-3¾	4/20
7	<b>49</b>	Grace CROWDER	FR	<b>#19</b> Wheaton (Ill.)	<b>1.61m</b>	5-3¼	4/6
8	<b>52</b>	Olivia THEISEN	FR	<b>#1</b> Washington (Mo.)	<b>1.60m</b>	5-3	3/30
8	<b>52</b>	Samantha NIELSEN	SO	<b>#2</b> Wartburg	<b>1.60m</b>	5-3	4/13
8	<b>52</b>	Laila GRAHAM	SR	<b>#8</b> Greenville	<b>1.60m</b>	5-3	3/23

## Women's Pole Vault

1	<b>5</b>	Yasmin RUFF	JR	<b>#1</b> Washington (Mo.)	<b>3.89m</b>	12-9	4/20
2	<b>19</b>	Mackenzie WALKER	SO	<b>#1</b> Washington (Mo.) {2}	<b>3.70m</b>	12-1½	3/30
3	<b>36</b>	Natalie JOHNSON	JR	<b>#6</b> North Central (Ill)	<b>3.55m</b>	11-7¾	4/13
3	<b>36</b>	Gwen BERENYI	SO	<b>#6</b> North Central (Ill)	<b>3.55m</b>	11-7¾	4/6
3	<b>36</b>	Susannah TRUITT	SR	<b>#3</b> Chicago	<b>3.55m</b>	11-7¾	4/13
6	<b>64</b>	Makenzie STOCK	JR	<b>#1</b> Washington (Mo.) {3}	<b>3.44m</b>	11-3½	4/20
7	<b>66</b>	Kenzie KURDYS	FR	<b>#8</b> Greenville	<b>3.43m</b>	11-3	4/19
8	<b>67</b>	Anna CURTIS	SR	<b>#1</b> Washington (Mo.) {4}	<b>3.41m</b>	11-2¼	4/13
9	<b>69</b>	Lindsay RECKER	SO	<b>#3</b> Chicago	{2} <b>3.40m</b>	11-1¾	3/30
10	<b>81</b>	Samantha HARVELL	JR	<b>#9</b> Dubuque	<b>3.35m</b>	10-11¾	4/6
10	<b>81</b>	Kate WEBER	SO	<b>#11</b> Elmhurst	<b>3.35m</b>	10-11¾	3/29

## Women's Long Jump

1	<b>1</b>	Emma SEIPEL	JR	<b>#4</b> Loras	<b>6.11mw</b>	20-½ (2.3)	4/4
2	<b>5</b>	Harmony CREAMY	JR	<b>#4</b> Loras	{2} <b>5.81mA</b>	19-¾ (2.0)	4/6
3	<b>14</b>	Ebunoluwa OPATA	SR	<b>#1</b> Washington (Mo.)	<b>5.65m</b>	18-6½ (0.9)	3/23
4	<b>20</b>	Marina SEMPLE	SO	<b>#3</b> Chicago	<b>5.60m</b>	18-4½ (1.6)	4/6
5	<b>30</b>	Shaniah JOHNSON	JR	<b>#2</b> Wartburg	<b>5.56m</b>	18-3 (0.0)	4/12
6	<b>31</b>	Itzel GARCIA	JR	<b>#18</b> Millikin	<b>5.55m</b>	18-2½ (0.0)	3/29
6	<b>31</b>	Sara YAKANA	JR	<b>#8</b> Greenville	<b>5.55m</b>	18-2½ (2.0)	4/13
6	<b>31</b>	Deja ANDERSON	FR	<b>#20</b> Illinois College	<b>5.55m</b>	18-2½ (0.0)	3/29
9	<b>39</b>	Samantha TAYLOR	FR	Lyon (Ark.)	<b>5.50mw</b>	18-½ (3.0)	4/13
10	<b>43</b>	Natalie CUMMINS	JR	<b>#7</b> Nebraska Wesley	<b>5.48mw</b>	17-11¾ (2.8)	4/5

## Women's Triple Jump

1	<b>5</b>	Imani OGUNRIBIDO	FR	<b>#15</b> Illinois Wesleyan	<b>12.23m</b>	40-1½ (1.4)	4/13
2	<b>7</b>	Ebunoluwa OPATA	SR	<b>#1</b> Washington (Mo.)	<b>12.18m</b>	39-11½ (0.0)	3/29
3	<b>8</b>	Grace ALLEY	JR	<b>#4</b> Loras	<b>12.17m</b>	39-11¼ (0.0)	4/12
4	<b>16</b>	Harmony CREAMY	JR	<b>#4</b> Loras	{2} <b>11.96m</b>	39-3 (0.8)	4/12
5	<b>18</b>	Sara YAKANA	JR	<b>#8</b> Greenville	<b>11.91m</b>	39-1 (1.7)	4/13
6	<b>28</b>	Shaniah JOHNSON	SR	<b>#2</b> Wartburg	<b>11.60m</b>	38-¾ (0.9)	4/13
7	<b>45</b>	Emma SEIPEL	JR	<b>#4</b> Loras	{3} <b>11.37m</b>	37-3¾ (1.2)	4/12
8	<b>48</b>	Julia KLEIN	SO	<b>#4</b> Loras	{4} <b>11.33m</b>	37-2¼ (1.1)	4/13
9	<b>53</b>	Rebecca STEWART	SR	<b>#3</b> Chicago	<b>11.26m</b>	36-11½ (-0.)	4/6
10	<b>62</b>	Vanessa CARR	SO	<b>#11</b> Elmhurst	<b>11.18m</b>	36-8¼ (0.1)	4/6
10	<b>62</b>	Lauren WONG	SR	<b>#15</b> Illinois Wesleyan {2}	<b>11.18mw</b>	36-8¼ (2.8)	3/30

## Women's Shot Put

1	<b>6</b>	Kaitlyn WILDER	SR	<b>#9</b> Dubuque	<b>14.02m</b>	46-0	4/13
2	<b>8</b>	Molly LAUMAKIS	SR	<b>#3</b> Chicago	<b>13.80m</b>	45-3½	3/29
3	<b>9</b>	Jenae BOTHE	SO	<b>#1</b> Washington (Mo.)	<b>13.77m</b>	45-2¼	4/20
4	<b>15</b>	Talhiva TALANOA	JR	<b>#8</b> Greenville	<b>13.45m</b>	44-1½	4/13
5	<b>16</b>	Maddie BOLEY	JR	<b>#17</b> Monmouth (Ill.)	<b>13.42m</b>	44-½	3/28
6	<b>18</b>	Lily MEESTER	SR	<b>#2</b> Wartburg	<b>13.34m</b>	43-9¼	4/13
7	<b>25</b>	Kayla BRAUN	SO	<b>#17</b> Monmouth (Ill.) {2}	<b>13.21m</b>	43-4¼	4/20
8	<b>34</b>	Nai'lah ANDERS	FR	<b>#9</b> Dubuque	{2} <b>12.99m</b>	42-7½	4/13
9	<b>40</b>	Emmily BERGLUND	FR	<b>#7</b> Nebraska Wesley	<b>12.88m</b>	42-3¼	3/30
9	<b>40</b>	Haley BEMINIO	SR	<b>#2</b> Wartburg	{2} <b>12.88m</b>	42-3¼	4/13
9	<b>40</b>	Kristen REICKS	SR	<b>#2</b> Wartburg	{2} <b>12.88m</b>	42-3¼	4/13



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Midwest

as of 4/23/2024 8:30:56 AM ET

### Women's Discus

1	<b>1</b>	Charlotte FRERE	SO	#10 Augustana (Ill.)	<b>50.02m</b>	164-1	4/6
2	<b>6</b>	Nai'lah ANDERS	FR	#9 Dubuque	<b>46.18m</b>	151-6	<b>4/20</b>
3	<b>11</b>	Kaitlyn WILDER	SR	#9 Dubuque {2}	<b>44.80m</b>	147-0	4/6
4	<b>13</b>	Kaelyn MEANS	FR	#7 Nebraska Wesley	<b>44.34m</b>	145-6	<b>4/19</b>
5	<b>19</b>	Maddie BOLEY	JR	#17 Monmouth (Ill.)	<b>43.67m</b>	143-3	4/6
6	<b>24</b>	Riley VICE	JR	#4 Loras	<b>43.41m</b>	142-5	4/6
7	<b>28</b>	Taylor FLAIG	SR	#4 Loras {2}	<b>43.01m</b>	141-2	4/6
8	<b>39</b>	Talahiva TALANO	JR	#8 Greenville	<b>42.02m</b>	137-11	3/30
9	<b>41</b>	Lily MEESTER	SR	#2 Wartburg	<b>41.81m</b>	137-2	4/13
10	<b>43</b>	Kayla BRAUN	SO	#17 Monmouth (Ill.) {2}	<b>41.74m</b>	137-0	<b>4/20</b>

### Women's Hammer

1	<b>2</b>	Emma TRUE	JR	#2 Wartburg	<b>58.58m</b>	192-2	4/6
2	<b>6</b>	Alexandra DRAVES	SR	#6 North Central (Ill)	<b>54.89m</b>	180-1	<b>4/20</b>
3	<b>10</b>	Kaitlyn WILDER	SR	#9 Dubuque	<b>53.17m</b>	174-6	4/6
4	<b>11</b>	Talahiva TALANO	JR	#8 Greenville	<b>53.14m</b>	174-4	4/13
5	<b>17</b>	Carlyssa KING	JR	#15 Illinois Wesleyan	<b>52.33m</b>	171-8	<b>4/20</b>
6	<b>19</b>	Ja'Dein MADISON	SO	#7 Nebraska Wesley	<b>52.09m</b>	170-11	<b>4/19</b>
7	<b>21</b>	Anna FRIEDRICHSEN	SR	#22 Buena Vista	<b>51.92m</b>	170-4	4/6
8	<b>23</b>	Taylor FLAIG	SR	#4 Loras	<b>51.59m</b>	169-3	4/6
9	<b>24</b>	Caitlyn COX	SO	#4 Loras {2}	<b>51.49m</b>	168-11	<b>4/20</b>
10	<b>29</b>	Molly LAUMAKIS	SR	#3 Chicago	<b>50.90m</b>	167-0	4/6

### Women's Javelin

1	<b>3</b>	Avery DECKER	SR	#7 Nebraska Wesley	<b>45.02m</b>	147-9	4/12
2	<b>11</b>	Faith LADIN	SR	#6 North Central (Ill)	<b>41.15m</b>	135-0	4/6
3	<b>15</b>	Hannah JONES	SR	#6 North Central (Ill){2}	<b>40.70m</b>	133-7	3/29
4	<b>20</b>	Emma BROWN	JR	#8 Greenville	<b>39.95m</b>	131-1	3/30
5	<b>37</b>	Abbi THOMASON	JR	#8 Greenville {2}	<b>38.68m</b>	126-11	<b>4/19</b>
6	<b>41</b>	Heather MICHALSKI	JR	#10 Augustana (Ill.)	<b>38.58m</b>	126-7	4/6
7	<b>48</b>	Ashley GLENNON	SO	#9 Dubuque	<b>37.97m</b>	124-7	3/28
8	<b>51</b>	Juniper SCHWARTZMAN	FR	#21 Grinnell	<b>37.88m</b>	124-4	<b>4/20</b>
9	<b>54</b>	Bri OSTERSON	JR	#14 Cornell College	<b>37.66m</b>	123-7	4/13
10	<b>72</b>	Addie THOMAS	JR	#7 Nebraska Wesley{2}	<b>36.92m</b>	121-2	4/5

### Women's Heptathlon

1	<b>1</b>	Grace ALLEY	SR	#4 Loras	<b>5,233c</b>	(5233.00A)	4/6
2	<b>6</b>	Olivia BOHLEN	SO	#5 Central (Iowa)	<b>4,737</b>		<b>4/20</b>
3	<b>9</b>	Natalie MCALLISTER	SR	#14 Cornell College	<b>4,619</b>		<b>4/20</b>
4	<b>22</b>	Thea RING	SO	#16 North Park	<b>4,366</b>		<b>4/20</b>
5	<b>31</b>	Hannah JONES	SR	#6 North Central (Ill)	<b>4,202</b>		<b>4/20</b>
6	<b>40</b>	Hailey CAROLAN	SO	#14 Cornell College {2}	<b>4,075</b>		<b>4/20</b>
7	<b>73</b>	Karsyn LAMM	JR	#5 Central (Iowa) {2}	<b>3,515</b>		<b>4/20</b>
8	<b>85</b>	Anna PARROTT	SO	#12 Simpson (Iowa)	<b>3,382</b>		<b>4/20</b>
9	<b>91</b>	Caitlin BENESH	FR	#2 Wartburg	<b>3,239</b>		4/6
10	<b>98</b>	Allison HUNT	FR	#10 Augustana (Ill.)	<b>3,069</b>		<b>4/20</b>



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Niagara

as of 4/23/2024 8:30:56 AM ET

### Women's 100 Meters

1	9	Autumn PITTMAN	JR	#5 SUNY Cortland	11.96w	(2.2)	4/7
2	23	Ashley HEFFERNAN	SR	#3 Rochester (N.Y.)	12.09w	(2.3)	4/7
3	33	Brynn MOONEY	FR	#1 SUNY Geneseo	12.15w	(2.3)	4/7
4	61	Mackenzie MIX	JR	#8 Utica	12.31	(1.5)	4/20
5	84	Khia LASTER	JR	#13 Buffalo State	12.38	(0.0)	4/13
6		Kendall SOBCZYK	SO	#5 SUNY Cortland {2}	12.50w	(2.2)	4/7
7		Seneca GUNERATNE	FR	#6 NYU	12.55	(1.6)	3/23
8		Victoria BREWSTER	SO	#16 Houghton	12.56w	(2.3)	4/7
8		Sadie SCHREINER	SO	#7 RIT	12.56	(1.9)	4/20
8		Laura SUPPA	SO	#2 Ithaca	12.56w	(2.7)	4/20

### Women's 100 Meter Hurdles

1	20	Ejmi NNATE	JR	#10 SUNY Oneonta	14.49w	(2.5)	4/20
2	23	Natalia SAWYER	SO	#13 Buffalo State	14.51	(0.0)	4/21
3	24	Ashley HEFFERNAN	SR	#3 Rochester (N.Y.)	14.55	(1.9)	4/13
4	25	Danielle FISK	SR	#5 SUNY Cortland	14.60w	(3.3)	4/20
5	44	Laura SUPPA	SO	#2 Ithaca	14.87w	(2.7)	4/20
6	50	Jill AMBLER	FR	#1 SUNY Geneseo	14.97	(1.2)	4/14
7	57	Rachel LARSON	SO	#2 Ithaca {2}	15.03w	(2.2)	4/20
8		Allyson SUROWICK	SR	#1 SUNY Geneseo {2}	15.48	(1.3)	4/13
9		Allison REGNANTE	JR	#7 RIT	15.58	(1.2)	4/7
10		AnJalya TALMADGE	SO	#5 SUNY Cortland {2}	15.59w	(3.3)	4/20

### Women's 200 Meters

1	5	Sadie SCHREINER	SO	#7 RIT	24.50	(0.6)	4/7
2	17	Brynn MOONEY	FR	#1 SUNY Geneseo	24.79	(0.6)	4/7
3	29	Ashley HEFFERNAN	SR	#3 Rochester (N.Y.)	24.96	(-0.6)	4/13
4	37	Autumn PITTMAN	JR	#5 SUNY Cortland	25.04	(0.7)	4/14
5	86	Khia LASTER	JR	#13 Buffalo State	25.45	(0.6)	4/7
6	88	Megan BELL	JR	#3 Rochester (N.Y.) {2}	25.47	(1.9)	4/21
7		Caroline HILL	JR	#7 RIT {2}	25.67	(0.6)	4/7
8		Ava BUTLER	FR	#2 Ithaca	25.82w	(2.6)	4/12
9		Mackenzie MIX	JR	#8 Utica	25.90	(0.8)	4/13
10		Natalie MACARTHUR	JR	#2 Ithaca {2}	25.91w	(2.6)	4/12

### Women's 400 Meters

1	4	Sadie SCHREINER	SO	#7 RIT	55.44		4/14
2	8	Megan BELL	JR	#3 Rochester (N.Y.)	56.04		4/7
3	16	Madeline O'CONNELL	SR	#3 Rochester (N.Y.) {2}	56.58		4/14
4	31	Brynn MOONEY	FR	#1 SUNY Geneseo	57.11		4/14
5	60	Khia LASTER	JR	#13 Buffalo State	57.94		3/30
6	79	Jenna RACZKA	SR	#13 Buffalo State {2}	58.48		4/13
7	94	Marissa WISE	JR	#4 SUNY Brockport	58.67		4/21
8		Mackenzie MIX	JR	#8 Utica	58.72		4/13
9		Zoe RODI	SO	#17 SUNY Delhi	58.75		4/14
10		Nora CHEN	FR	#3 Rochester (N.Y.) {3}	58.91		4/21

### Women's 400 Meter Hurdles

1	2	Natalia SAWYER	SO	#13 Buffalo State	1:00.11		4/13
2	14	Nora CHEN	FR	#3 Rochester (N.Y.)	1:03.46		4/7
3	34	Janelle ECKL	JR	#1 SUNY Geneseo	1:04.91		4/7
4	59	Luca PECORA	JR	#2 Ithaca	1:05.77		4/7
5	63	Hannah TURNER	SO	#12 Hamilton	1:05.89		3/30
6	79	Mackenzie RICHARD	SO	#6 NYU	1:06.48		4/20
7		Samantha CRISCI	SO	#7 RIT	1:07.86		4/7
8		Lainey FLAITS	FR	#1 SUNY Geneseo {2}	1:07.88		4/21
9		Alyssa YOUNGS	FR	#8 Utica	1:08.13		3/30
10		Lily REXFORD	FR	#4 SUNY Brockport	1:08.15		4/7

### Women's 800 Meters

1	8	Megan BELL	JR	#3 Rochester (N.Y.)	2:10.59		4/14
2	64	Sierra DOODY	SO	#1 SUNY Geneseo	2:16.36		4/14
3	82	Janelle ECKL	JR	#1 SUNY Geneseo {2}	2:17.30		3/30
4	90	Olivia GILBERT	SR	#14 Alfred	2:17.63		4/14
5		Katherine SCIBELLI	SO	#12 Hamilton	2:18.73		4/12
6		Faith COYLE	JR	#18 SUNY Oswego	2:19.75		4/20
7		Mia VIZCAINO	JR	#4 SUNY Brockport	2:20.59		3/30
8		Joy PETERSEN	SO	#2 Ithaca	2:20.86		3/30
9		Ashley HEFFERNAN	SR	#3 Rochester (N.Y.) {2}	2:21.39		4/13
10		Nieve MAHOOD	JR	#1 SUNY Geneseo {3}	2:21.57		4/14

### Women's 1500 Meters

1	4	Grace RICHARDSON	SR	#6 NYU	4:26.88		4/13
2	82	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	4:42.29		3/30
3	100	Sierra DOODY	SO	#1 SUNY Geneseo {2}	4:43.39		4/7
4		Kate COCHRAN	JR	#6 NYU {2}	4:44.24		4/13
5		Janie COOPER	SO	#6 NYU {3}	4:44.67		4/13
6		Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	4:45.51		4/7
7		Amelia GILBERT	SR	#7 RIT	4:45.65		4/7
8		Dominga RIVERA	FR	#6 NYU {4}	4:49.26		3/30
9		Daniela SEKHAR	SO	#6 NYU {5}	4:49.69		4/13
10		Kerry FLOWER	SR	#4 SUNY Brockport	4:49.88		4/7

### Women's Steeplechase

1	11	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	10:49.51		4/7
2	45	Ann BRENNAN	SO	#1 SUNY Geneseo {2}	11:25.55		4/7
3	47	Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {3}	11:26.01		4/21
4	48	Isabel MARZEC	JR	#1 SUNY Geneseo {4}	11:26.50		4/14
5	53	Kat BENNINGER	SR	#3 Rochester (N.Y.)	11:29.90		4/7
6	61	Alexa WOLCOTT	SO	#5 SUNY Cortland	11:35.23		3/30
7	71	Julianne WILSON	JR	#4 SUNY Brockport	11:37.15		4/21
8	79	Jillian O'ROURKE	FR	#1 SUNY Geneseo {5}	11:38.82		4/21
9	80	Betsy OVERSTRUM	SR	#12 Hamilton	11:39.01		4/6
10	87	Melissa INNOCENT	FR	#5 SUNY Cortland {2}	11:39.99		3/30





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Niagara

as of 4/23/2024 8:30:56 AM ET

### Women's 5000 Meters

1	<b>10</b>	Grace RICHARDSON	SR	#6 NYU	<b>16:38.39</b>	<b>4/19</b>
2	<b>22</b>	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	<b>16:58.53</b>	4/14
3	<b>50</b>	Penelope GREENE	JR	#1 SUNY Geneseo	{2} <b>17:19.84</b>	3/30
4	<b>53</b>	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo	{3} <b>17:20.61</b>	3/30
5	<b>61</b>	Morgan UHLHORN	FR	#6 NYU	{2} <b>17:27.00</b>	4/13
6	<b>67</b>	Janie COOPER	SO	#6 NYU	{3} <b>17:31.00</b>	3/30
7	<b>80</b>	Sennett TURNER	SR	#3 Rochester (N.Y.)	<b>17:36.77</b>	3/29
8		Kerry FLOWER	SR	#4 SUNY Brockport	<b>17:44.12</b>	3/30
9		Daniela SEKHAR	SO	#6 NYU	{4} <b>17:45.59</b>	3/30
10		Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo	{4} <b>17:49.06</b>	3/30

### Women's 10,000 Meters

1	<b>2</b>	Grace RICHARDSON	SR	#6 NYU	<b>34:06.21</b>	3/30
2	<b>15</b>	Penelope GREENE	JR	#1 SUNY Geneseo	<b>35:24.68</b>	4/14
3	<b>21</b>	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo	{2} <b>35:41.18</b>	4/14
4	<b>24</b>	Kate COCHRAN	JR	#6 NYU	{2} <b>35:49.65</b>	3/30
5	<b>26</b>	Kerry FLOWER	SR	#4 SUNY Brockport	<b>35:53.42</b>	4/14
6	<b>29</b>	Sennett TURNER	SR	#3 Rochester (N.Y.)	<b>36:07.87</b>	4/14
7	<b>64</b>	Katherine VOGEL	SR	#1 SUNY Geneseo	{3} <b>37:12.80</b>	4/14
8	<b>76</b>	Megan FRANCOEUR	JR	#10 SUNY Oneonta	<b>37:51.33</b>	4/14
9	<b>88</b>	Kyla EISMAN	SO	#2 Ithaca	<b>38:15.89</b>	<b>4/20</b>
10		Riley JAMESON	JR	#11 St. John Fisher	<b>38:53.39</b>	4/13

### Women's 4x100 Relay

1	<b>28</b>	Kendall Sobczyk, Alexia Prince, Avery Hebert, Autumn Pittman	#5 SUNY Cortland	<b>48.17</b>	<b>4/20</b>
2	<b>35</b>	Kayla Huba, Brynn Mooney, Julianna Klimow, Sam Pynn	#1 SUNY Geneseo	<b>48.40</b>	<b>4/21</b>
3	<b>66</b>	Allison Regnante, Sadie Schreiner, Rania Sabri, Caroline Hill	#7 RIT	<b>49.20</b>	3/30
4	<b>98</b>	Rachel Larson, Ava Butler, Tayla Hummel, Natalie MacArthur	#2 Ithaca	<b>49.94</b>	<b>4/20</b>
4	<b>98</b>	Zeniyah Gholson, Abrianna Wadley, Laura Meade, Mackenzie Mix	#8 Utica	<b>49.94</b>	4/13
6		Margaret Petty, Danielle Jackson, Nicolette DuBose, Ejim Nnate	#10 SUNY Oneonta	<b>50.05</b>	4/7
7		Kimberly Dean, Zoe Rodi, Meg Cruz, Kadie-Ann Whyte	#17 SUNY Delhi	<b>50.10</b>	<b>4/20</b>
8		Julia Largett, Alyssa Hoogs, Ashleigh Barrett, Ashley Heffernan	#3 Rochester (N.Y.)	<b>50.11</b>	4/7
9		Kate Walsh, Seneca Guneratne, Cindy Leonard, Beverly Okyere	#6 NYU	<b>50.36</b>	3/30
10		Alexis Lasher, Alaina Morley, Caitlyn Smithers, Jasmine Kendrick	#9 Nazareth	<b>50.87</b>	4/7



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Niagara

as of 4/23/2024 8:30:56 AM ET

### Women's 4x400 Relay

1	<b>3</b>	Madeline O'Connell, Nora Chen, Ashley Heffernan, Megan Bell	<b>#3 Rochester (N.Y.)</b>	<b>3:47.30</b>	<b>4/21</b>
2	<b>43</b>	Samantha Crisci, Caroline Hill, Violet Ameele, Sadie Schreiner	<b>#7 RIT</b>	<b>4:01.42</b>	4/7
3	<b>45</b>	Sierra Doody, Lainey Flaitz, Sophia Barclay, Jill Ambler	<b>#1 SUNY Geneseo</b>	<b>4:01.60</b>	4/7
4	<b>60</b>	Emily Johnson, Giana Haubrich, Natalie MacArthur, Ava Butler	<b>#2 Ithaca</b>	<b>4:04.69</b>	4/7
5	<b>64</b>	Maris Seabury, Matty Lucey, Yasmine Peralta, Avery Hebert	<b>#5 SUNY Cortland</b>	<b>4:05.22</b>	4/7
6	<b>83</b>	Claire Tratnyek, Katherine Scibelli, Alexa Thomas, Hannah Turner	<b>#12 Hamilton</b>	<b>4:07.89</b>	3/30
7		Areyanna McCarthy, Laila Goodman, Cindy Leonard, Beverly Okyere	<b>#6 NYU</b>	<b>4:11.47</b>	4/6
8		Shiana Susa, Alexis Lasher, Kennedy Rose, Isabella Heath	<b>#9 Nazareth</b>	<b>4:18.14</b>	3/30
9		Eko Dodd-Brown, Danielle Jackson, Taylor Johnson, Daniea Austin	<b>#10 SUNY Oneonta</b>	<b>4:20.81</b>	4/7
10		Victoria Dietrich, Madison Kappeler, Peyton Grimm, Ivy Laffan	<b>#15 Penn State Behr</b>	<b>4:23.19</b>	4/13

### Women's High Jump

1	<b>16</b>	Danielle FISK	SR	<b>#5 SUNY Cortland</b>	<b>1.67m</b>	5-5¾	4/14
2	<b>29</b>	Madeleine WRIGHT	FR	<b>#2 Ithaca</b>	<b>1.63m</b>	5-4¼	4/7
2	<b>29</b>	Michaela LEVESQUE	SR	<b>#4 SUNY Brockport</b>	<b>1.63m</b>	5-4¼	<b>4/21</b>
4	<b>52</b>	Lydia BARBER	FR	<b>#2 Ithaca</b>	<b>{2} 1.60m</b>	5-3	<b>4/20</b>
5	<b>97</b>	Hannah ALLISON	FR	<b>#8 Utica</b>	<b>1.57m</b>	5-1¾	<b>4/20</b>
5	<b>97</b>	Rhiannon BUTCHKO	SO	<b>#18 SUNY Oswego</b>	<b>1.57m</b>	5-1¾	4/7
5	<b>97</b>	Regan KAISER	JR	<b>#5 SUNY Cortland</b>	<b>{2} 1.57m</b>	5-1¾	4/7
5	<b>97</b>	Bianca DURSO	SR	<b>#14 Alfred</b>	<b>1.57m</b>	5-1¾	4/6
9		Celia RYAN	FR	<b>#2 Ithaca</b>	<b>{3} 1.55m</b>	5-1	<b>4/20</b>
9		Daria NIEBRZYDOWSKI	SO	<b>#22 Hunter</b>	<b>1.55m</b>	5-1	4/7

### Women's Pole Vault

1	<b>6</b>	Madeline O'CONNELL	SR	<b>#3 Rochester (N.Y.)</b>	<b>3.85m</b>	12-7½	<b>4/21</b>
2	<b>29</b>	Cara PELLECHIA	SO	<b>#19 Fredonia</b>	<b>3.63m</b>	11-10¾	4/13
3	<b>32</b>	Catherine FOX	SR	<b>#7 RIT</b>	<b>3.61m</b>	11-10	4/13
4	<b>47</b>	Erin EASTWOOD	SO	<b>#2 Ithaca</b>	<b>3.50m</b>	11-5¾	4/7
5	<b>56</b>	Kiara TORNUSCIOLO	SO	<b>#9 Nazareth</b>	<b>3.46m</b>	11-4¼	4/13
5	<b>56</b>	Rosie MORSE	SO	<b>#9 Nazareth</b>	<b>3.46m</b>	11-4¼	4/13
7	<b>59</b>	Madison KAPPELER	JR	<b>#15 Penn State Behr</b>	<b>3.45m</b>	11-3¾	4/6
8	<b>69</b>	Bree BOYLE	SO	<b>#2 Ithaca</b>	<b>{2} 3.40m</b>	11-1¾	4/13
9	<b>81</b>	Tess EICHNER	SR	<b>#4 SUNY Brockport</b>	<b>3.35m</b>	10-11¾	3/30
9	<b>81</b>	Becca BREADY	SO	<b>#4 SUNY Brockport</b>	<b>3.35m</b>	10-11¾	3/30
9	<b>81</b>	Talia HUTCHINSON	FR	<b>#2 Ithaca</b>	<b>{3} 3.35m</b>	10-11¾	3/30

### Women's Long Jump

1	<b>7</b>	Ashley HEFFERNAN	SR	<b>#3 Rochester (N.Y.)</b>	<b>5.78m</b>	18-11¾ (2.0)	4/13
2	<b>8</b>	Khia LASTER	JR	<b>#13 Buffalo State</b>	<b>5.75m</b>	18-10½ (1.3)	<b>4/21</b>
3	<b>18</b>	Mia MONTGOMERY	SR	<b>#4 SUNY Brockport</b>	<b>5.62m</b>	18-5¼ (1.9)	<b>4/21</b>
4	<b>34</b>	Ejim NNATE	JR	<b>#10 SUNY Oneonta</b>	<b>5.53m</b>	18-1¾ (0.5)	<b>4/20</b>
5	<b>36</b>	Nora DEVITT	JR	<b>#8 Utica</b>	<b>5.52m</b>	18-1½ (0.9)	4/13
6	<b>37</b>	Mackayla NERJUSTE	FR	<b>#1 SUNY Geneseo</b>	<b>5.51m</b>	18-1 (1.1)	<b>4/20</b>
7	<b>60</b>	Sam PYNN	JR	<b>#1 SUNY Geneseo</b>	<b>{2} 5.41mw</b>	17-9 (3.2)	<b>4/21</b>
8	<b>62</b>	Jill AMBLER	FR	<b>#1 SUNY Geneseo</b>	<b>{3} 5.39m</b>	17-8¼ (-1.3)	4/7
9	<b>64</b>	Veronica DUELL	JR	<b>#11 St. John Fisher</b>	<b>5.38m</b>	17-8 (-1.8)	4/13
10	<b>65</b>	Katelyn JACQUES	SR	<b>#1 SUNY Geneseo</b>	<b>{4} 5.37m</b>	17-7½ (1.6)	<b>4/21</b>

### Women's Triple Jump

1	<b>23</b>	Ally ALVIRA	SR	<b>#1 SUNY Geneseo</b>	<b>11.70m</b>	38-4¾ (0.6)	3/30
2	<b>49</b>	Katelyn JACQUES	JR	<b>#1 SUNY Geneseo</b>	<b>{2} 11.31mw</b>	37-1¼ (2.5)	4/12
3	<b>52</b>	Isabella HEATH	SR	<b>#9 Nazareth</b>	<b>11.27m</b>	36-11¾ (1.2)	3/30
4	<b>62</b>	Nora DEVITT	JR	<b>#8 Utica</b>	<b>11.18m</b>	36-8¼ (1.8)	4/13
4	<b>62</b>	Alyssa HOOGS	SR	<b>#3 Rochester (N.Y.)</b>	<b>11.18m</b>	36-8¼ (1.0)	4/14
6	<b>93</b>	Luca PECORA	JR	<b>#2 Ithaca</b>	<b>11.02m</b>	36-2 (0.3)	<b>4/20</b>
7	<b>95</b>	Zeniyah GHOLSON	SO	<b>#8 Utica</b>	<b>{2} 11.00m</b>	36-1¼ (0.8)	4/13
7	<b>95</b>	Dasha JACKSON	SO	<b>#6 NYU</b>	<b>11.00m</b>	36-1¼ (0.0)	<b>4/20</b>
9	<b>98</b>	Gianna BOLAND	FR	<b>#1 SUNY Geneseo</b>	<b>{3} 10.99m</b>	36-¾ (1.0)	4/7
10	<b>100</b>	Areyanna MCCARTHY	SO	<b>#6 NYU</b>	<b>{2} 10.98m</b>	36-¼ (0.0)	<b>4/20</b>

### Women's Shot Put

1	<b>4</b>	Jane FAHY	SR	<b>#8 Utica</b>	<b>14.42m</b>	47-3¾	<b>4/19</b>
2	<b>27</b>	Isabella FABRIZIO	JR	<b>#10 SUNY Oneonta</b>	<b>13.13m</b>	43-1	3/16
3	<b>39</b>	Sarah CROCKETT	SR	<b>#4 SUNY Brockport</b>	<b>12.90m</b>	42-4	4/7
4	<b>43</b>	Makenna KING	SR	<b>#11 St. John Fisher</b>	<b>12.85m</b>	42-2	4/13
5	<b>50</b>	Zoe CONNER	SR	<b>#1 SUNY Geneseo</b>	<b>12.71m</b>	41-8½	4/7
6	<b>62</b>	Emily DIMARCO	JR	<b>#7 RIT</b>	<b>12.56m</b>	41-2½	4/7
7	<b>86</b>	Madison PALMER	SR	<b>#16 Houghton</b>	<b>12.26m</b>	40-2¾	3/30
8		Deziree GARRICK	JR	<b>#3 Rochester (N.Y.)</b>	<b>12.01m</b>	39-5	4/7
9		Marinna HEICHBERGER	SO	<b>#7 RIT</b>	<b>{2} 11.98m</b>	39-3¾	4/14
10		Trinity DEES	SO	<b>#4 SUNY Brockport</b>	<b>{2} 11.90m</b>	39-½	4/7



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## Niagara

as of 4/23/2024 8:30:56 AM ET

### Women's Discus

1	<b>16</b>	Makenna KING	SR	#11 St. John Fisher	<b>44.17m</b>	144-11	3/29
2	<b>34</b>	Allie CARY	FR	#8 Utica	<b>42.41m</b>	139-2	4/13
3	<b>56</b>	Skyler KLIMOW	SO	#1 SUNY Geneseo	<b>40.98m</b>	134-6	4/21
4	<b>60</b>	Emily DIMARCO	JR	#7 RIT	<b>40.73m</b>	133-8	4/20
5	<b>64</b>	Cora ROSE	JR	#3 Rochester (N.Y.)	<b>40.44m</b>	132-8	4/21
6	<b>65</b>	Madison VARGAS	FR	#3 Rochester (N.Y.) {2}	<b>40.41m</b>	132-7	4/21
7	<b>69</b>	Lily SEYFERT	SO	#2 Ithaca	<b>40.11m</b>	131-7	3/23
8	<b>78</b>	Jane FAHY	SR	#8 Utica {2}	<b>39.63m</b>	130-0	4/20
9	<b>99</b>	Sarah PARR	SR	#4 SUNY Brockport	<b>38.83m</b>	127-5	4/21
10		Emma KINNICUTT	SR	#4 SUNY Brockport {2}	<b>38.39m</b>	126-0	4/21

### Women's Hammer

1	<b>18</b>	Zoe CONNER	SR	#1 SUNY Geneseo	<b>52.16m</b>	171-2	4/21
2	<b>26</b>	Lea RICHARD	SR	#9 Nazareth	<b>51.37m</b>	168-7	4/7
3	<b>35</b>	Sarah PARR	SR	#4 SUNY Brockport	<b>50.16m</b>	164-7	4/21
4	<b>41</b>	Isabella FABRIZIO	JR	#10 SUNY Oneonta	<b>49.11m</b>	161-2	3/16
5	<b>57</b>	Hannah MCMASTERS	SO	#5 SUNY Cortland	<b>47.94m</b>	157-4	4/7
6	<b>64</b>	Emma KINNICUTT	SR	#4 SUNY Brockport {2}	<b>47.33m</b>	155-4	3/30
7	<b>66</b>	Sarah CROCKETT	SR	#4 SUNY Brockport {3}	<b>47.18m</b>	154-10	4/21
8	<b>81</b>	Lily SEYFERT	SO	#2 Ithaca	<b>46.60m</b>	152-11	4/20
9	100	Jennifer NDUKWU	SO	#5 SUNY Cortland {2}	<b>45.47m</b>	149-2	4/7
10		Anna STEED	SO	#11 St. John Fisher	<b>45.38m</b>	148-11	4/20

### Women's Javelin

1	<b>4</b>	Rebecca HEULER	JR	#4 SUNY Brockport	<b>44.39m</b>	145-8	4/13
2	<b>30</b>	Emma GRUNIN	SO	#6 NYU	<b>39.06m</b>	128-2	4/13
3	<b>32</b>	Lily SEYFERT	SO	#2 Ithaca	<b>38.93m</b>	127-9	3/23
4	<b>37</b>	Skyler KLIMOW	SO	#1 SUNY Geneseo	<b>38.68m</b>	126-11	3/30
5	<b>62</b>	Julia BALASKI	SO	#15 Penn State Behr	<b>37.39m</b>	122-8	3/30
6	<b>94</b>	Dana SCHWARTZ	SO	#12 Hamilton	<b>35.91m</b>	117-10	4/6
7		Delaney PRATHER	FR	#14 Alfred	<b>34.23m</b>	112-4	3/30
8		Sonya SHIVOK	JR	#7 RIT	<b>33.80m</b>	110-11	4/7
9		Aimee OSZER	FR	#3 Rochester (N.Y.)	<b>33.58m</b>	110-2	4/13
10		Charlotte POWELL	FR	#2 Ithaca {2}	<b>33.40m</b>	109-7	4/20

### Women's Heptathlon

1	<b>3</b>	Ashley HEFFERNAN	SR	#3 Rochester (N.Y.)	<b>4,951</b>		4/13
2	<b>17</b>	Danielle FISK	SR	#5 SUNY Cortland	<b>4,415</b>		4/20
3	<b>51</b>	Cecelia LABONTE	SO	#2 Ithaca	<b>3,844</b>		4/12
4	<b>52</b>	AnJalya TALMADGE	SO	#5 SUNY Cortland {2}	<b>3,806</b>		4/20
5	<b>61</b>	Alyssa YOUNGS	FR	#8 Utica	<b>3,686</b>		4/20
6	<b>64</b>	Samantha LUBA	SO	#9 Nazareth	<b>3,633</b>		4/13
7	<b>69</b>	Abrianna KRUGER	SR	#1 SUNY Geneseo	<b>3,530</b>		4/21
8	<b>70</b>	Julia LARGETT	SO	#3 Rochester (N.Y.) {2}	<b>3,528</b>		4/13
9	<b>78</b>	Lanna WANDY	JR	#1 SUNY Geneseo {2}	<b>3,462</b>		4/21
10	<b>81</b>	Madeleine WRIGHT	FR	#2 Ithaca {2}	<b>3,422</b>		4/12



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



North

as of 4/23/2024 8:30:56 AM ET

## Women's 100 Meters

1	<b>1</b>	Tina SHELTON	JR	#6 UW-Whitewater	<b>11.73w</b>	(4.0)	4/20
2	<b>2</b>	Lauren JARRETT	SO	#1 UW-La Crosse	<b>11.80</b>	(-0.4)	4/13
3	<b>19</b>	Makenna ZAK	SO	#1 UW-La Crosse	{2} <b>12.02w</b>	(3.0)	4/6
4	<b>30</b>	Jireh BABALOLA	SR	#5 Bethel (Minn.)	<b>12.13</b>	(0.7)	4/13
5	<b>33</b>	Anika REILAND	FR	#1 UW-La Crosse	{3} <b>12.15</b>	(0.9)	4/6
6	<b>36</b>	Kate CARLSON	JR	#7 Gustavus Adolphus	<b>12.16</b>	(0.7)	4/13
7	<b>59</b>	Danielle POUSKA	SO	#6 UW-Whitewater	{2} <b>12.30w</b>	(3.3)	4/20
8	<b>65</b>	Diarra CHATHAM	FR	#25 Macalester	<b>12.32</b>	(0.9)	4/13
9	<b>70</b>	Taylor MOLLING	FR	#1 UW-La Crosse	{4} <b>12.33</b>	(1.9)	4/20
10	<b>82</b>	Lexi LEFEVER	SR	#15 UW-River Falls	<b>12.37w</b>	(2.4)	4/13

## Women's 100 Meter Hurdles

1	<b>3</b>	Kelsie SEALOCK	SR	#5 Bethel (Minn.)	<b>13.93w</b>	(2.7)	4/6
2	<b>8</b>	Hannah ZASTROW	JR	#3 UW-Stout	<b>14.13</b>	(1.9)	4/6
3	<b>32</b>	Emilee BOOKER	JR	#2 UW-Eau Claire	<b>14.80w</b>	(3.8)	4/20
4	<b>46</b>	Brie ECKERMAN	FR	#1 UW-La Crosse	<b>14.89</b>	(0.8)	4/20
5	<b>48</b>	Hannah HOLM	JR	#1 UW-La Crosse	{2} <b>14.93</b>	(0.8)	4/20
6	<b>54</b>	Jaryn JOHANNSEN	JR	#2 UW-Eau Claire	{2} <b>14.99</b>	(0.8)	4/13
7	<b>70</b>	AnnaGrace NELSON	JR	#5 Bethel (Minn.)	{2} <b>15.15</b>	(1.9)	4/21
8	<b>73</b>	Maya HIELSCHER	JR	#20 Concordia Wisco	<b>15.17w</b>	(3.3)	4/13
8	<b>73</b>	Lexi LEFEVER	SR	#15 UW-River Falls	<b>15.17</b>	(-2.8)	3/21
10	<b>77</b>	Amber GROSSE	SO	#1 UW-La Crosse	{3} <b>15.20w</b>	(3.8)	4/20

## Women's 200 Meters

1	<b>6</b>	Tina SHELTON	JR	#6 UW-Whitewater	<b>24.54</b>	(-0.2)	4/13
2	<b>12</b>	Lauren JARRETT	SO	#1 UW-La Crosse	<b>24.69</b>	(1.6)	4/20
3	<b>22</b>	Megan GERAETS	JR	#7 Gustavus Adolphus	<b>24.84</b>	(0.2)	4/6
4	<b>27</b>	Anika REILAND	FR	#1 UW-La Crosse	{2} <b>24.87</b>	(-0.2)	4/13
5	<b>33</b>	Lexi LEFEVER	SR	#15 UW-River Falls	<b>25.02</b>	(1.2)	3/21
6	<b>45</b>	Kate CARLSON	JR	#7 Gustavus Adolphus	{2} <b>25.15</b>	(0.2)	4/6
7	<b>74</b>	Makenna ZAK	SO	#1 UW-La Crosse	{3} <b>25.33</b>	(-0.2)	4/13
8		Emily RENGO	SO	#17 Concordia Moorhead	<b>25.62</b>	(2.0)	4/12
9		Candis DAMSTE	SR	#24 Beloit	<b>25.70w</b>	(2.5)	4/20
10		Taylor MOLLING	FR	#1 UW-La Crosse	{4} <b>25.83</b>	(1.6)	4/20

## Women's 400 Meters

1	<b>33</b>	Megan GERAETS	JR	#7 Gustavus Adolphus	<b>57.18c</b>	(57.94)	4/17
2	<b>48</b>	Amber JOHNSON	SR	#1 UW-La Crosse	<b>57.61</b>		4/13
3	<b>54</b>	Maddy LAVOI	FR	#4 UW-Oshkosh	<b>57.73</b>		4/6
4	<b>63</b>	Allison HOOKOM	SO	Augsburg	<b>58.03</b>		3/16
5	<b>64</b>	Shalom SULUNGAINÉ	FR	#5 Bethel (Minn.)	<b>58.04</b>		4/13
6	<b>70</b>	Morgan JENNINGS	SO	#1 UW-La Crosse	{2} <b>58.28</b>		4/13
7	<b>82</b>	Candis DAMSTE	SR	#24 Beloit	<b>58.49</b>		4/13
8	<b>94</b>	Anna PLAUTZ	FR	#1 UW-La Crosse	{3} <b>58.67</b>		4/20
8	<b>94</b>	Hannah BILODEAU	SO	#6 UW-Whitewater	<b>58.67</b>		4/13
10		Hailey GREGG	JR	#5 Bethel (Minn.)	{2} <b>58.74</b>		3/15

## Women's 400 Meter Hurdles

1	<b>8</b>	Kelsie SEALOCK	SR	#5 Bethel (Minn.)	<b>1:02.66</b>		4/6
2	<b>21</b>	Ashley BARTELT	JR	#13 UW-Stevens Poir	<b>1:03.75</b>		4/20
3	<b>31</b>	Jaryn JOHANNSEN	JR	#2 UW-Eau Claire	<b>1:04.69</b>		4/13
4	<b>33</b>	Lauren BERG	SO	#10 Saint Benedict	<b>1:04.89</b>		4/13
5	<b>45</b>	Gretchen MCNEAL	SO	#1 UW-La Crosse	<b>1:05.22</b>		4/13
6	<b>50</b>	Jessica BUSS	SR	#12 UW-Platteville	<b>1:05.31</b>		4/13
7	<b>53</b>	Brayli REIMER	FR	Crown	<b>1:05.44</b>		4/13
8	<b>55</b>	Michaela DICK	FR	#2 UW-Eau Claire	{2} <b>1:05.49</b>		4/13
9	<b>56</b>	Hannah KVANT	FR	#5 Bethel (Minn.)	{2} <b>1:05.50</b>		4/13
10	<b>66</b>	Grace MORAVCHIK	FR	Northwestern-St	<b>1:05.98</b>		4/20

## Women's 800 Meters

1	<b>11</b>	Cyna MADIGAN	JR	#4 UW-Oshkosh	<b>2:11.68</b>		3/29
2	<b>18</b>	Annessa IHDE	SR	#5 Bethel (Minn.)	<b>2:12.36</b>		4/13
3	<b>35</b>	Mary BLANCHARD	JR	#8 Carleton	<b>2:14.73</b>		4/13
4	<b>37</b>	Greta KOEHLER	SR	#1 UW-La Crosse	<b>2:14.84</b>		4/13
5	<b>47</b>	Anna SCHUETH	SR	#2 UW-Eau Claire	<b>2:15.60</b>		4/13
6	<b>50</b>	Libby GEISNESS	JR	#4 UW-Oshkosh	{2} <b>2:15.69</b>		3/29
7	<b>68</b>	Fiona SMITH	SR	#10 Saint Benedict	<b>2:16.72</b>		4/13
8	<b>83</b>	Breklyn LAMMERT	JR	#3 UW-Stout	<b>2:17.48</b>		4/13
9	100	Gwen HINZ	SO	#1 UW-La Crosse	{2} <b>2:18.12</b>		4/20
10		Allison HOOKOM	SO	Augsburg	<b>2:18.20</b>		3/16

## Women's 1500 Meters

1	<b>6</b>	Fiona SMITH	SR	#10 Saint Benedict	<b>4:29.02</b>		4/13
2	<b>19</b>	Amelia LEHMAN	SR	#4 UW-Oshkosh	<b>4:33.79</b>		3/29
3	<b>22</b>	Helen CROSS	SR	#8 Carleton	<b>4:34.19</b>		4/13
4	<b>35</b>	Maddie HANNAN	SR	#1 UW-La Crosse	<b>4:35.86</b>		4/6
5	<b>54</b>	McKayla FELTON	JR	#3 UW-Stout	<b>4:39.34</b>		4/6
6	<b>70</b>	Annessa IHDE	SR	#5 Bethel (Minn.)	<b>4:41.40</b>		4/6
7	<b>71</b>	Kaitlyn RODMAN	SR	#21 MSOE	<b>4:41.43</b>		4/12
8	<b>89</b>	Cyna MADIGAN	JR	#4 UW-Oshkosh	{2} <b>4:42.76</b>		4/20
9	<b>90</b>	Mikayla HADY	JR	#2 UW-Eau Claire	<b>4:42.77</b>		4/20
10	<b>99</b>	Olivia DONOHUE	JR	#3 UW-Stout	{2} <b>4:43.33</b>		4/6

## Women's Steeplechase

1	<b>8</b>	Katelyn CHADWICK	JR	#1 UW-La Crosse	<b>10:46.17</b>		3/29
2	<b>22</b>	Sophie MCMANUS	JR	#8 Carleton	<b>11:00.09</b>		4/13
3	<b>29</b>	Breklyn LAMMERT	JR	#3 UW-Stout	<b>11:16.46</b>		4/20
4	<b>32</b>	Gracie BUCHINGER	SO	#4 UW-Oshkosh	<b>11:17.96</b>		3/29
5	<b>50</b>	Libby ROWLAND	JR	#8 Carleton	{2} <b>11:26.91</b>		4/13
6	<b>54</b>	Grace MOELLER	SO	#11 St. Olaf	<b>11:31.20</b>		3/29
7	<b>55</b>	Lily HIGGINS	FR	#1 UW-La Crosse	{2} <b>11:32.67</b>		4/20
8	<b>62</b>	Meygan BENZING	SR	#4 UW-Oshkosh	{2} <b>11:35.60</b>		4/13
9	<b>74</b>	Paige ALLEMANN	SR	#13 UW-Stevens Poir	<b>11:37.67</b>		4/20
10	<b>83</b>	Natalie JOHNSON	SO	#13 UW-Stevens Poir	{2} <b>11:39.43</b>		4/20



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



## North

as of 4/23/2024 8:30:56 AM ET

### Women's 5000 Meters

1	19	Amelia LEHMAN	SR	#4 UW-Oshkosh	16:55.99	4/13
2	25	McKayla FELTON	JR	#3 UW-Stout	16:59.87	4/13
3	35	Hannah PREISSER	JR	#8 Carleton	17:08.79	4/6
4	38	Lauren WALDA	SO	#11 St. Olaf	17:12.06	4/13
5	39	Ally VERBAUWHEDE	SR	#18 Edgewood	17:12.07	4/13
6	40	Phoebe WARD	SR	#8 Carleton {2}	17:12.42	4/6
7	44	Katelyn CHADWICK	JR	#1 UW-La Crosse	17:15.36	4/13
8	55	Alison BODE	JR	#11 St. Olaf {2}	17:22.79	4/13
9	64	Bella CALL	SR	#11 St. Olaf {3}	17:30.26	4/13
10	68	Helen CROSS	SR	#8 Carleton {3}	17:31.17	4/6

### Women's 10,000 Meters

1	1	Fiona SMITH	SR	#10 Saint Benedict	32:57.28	3/30
2	9	Ally VERBAUWHEDE	SR	#18 Edgewood	35:09.84	3/29
3	18	Hannah PREISSER	JR	#8 Carleton	35:32.83	4/20
4	25	Madelynn MCINTYRE	JR	#1 UW-La Crosse	35:49.77	4/20
5	32	Arelly JAIME-LUEVANO	JR	#3 UW-Stout	36:11.75	4/20
6	33	Mikayla FLYTE	SR	#19 Ripon	36:15.03	4/20
7	34	Morgan DAHL	JR	#2 UW-Eau Claire	36:15.78	4/20
8	35	Ava MATEJCEK	SO	#2 UW-Eau Claire {2}	36:15.90	4/20
9	36	Mallory REISER	FR	#1 UW-La Crosse {2}	36:19.65	4/20
10	39	Allison HENDRICKSON	SR	St. Scholastica	36:31.55	4/20

### Women's 4x100 Relay

1	6	Makenna Zak, Anika Reiland, Taylor Molling, Lauren Jarrett	#1 UW-La Crosse	47.08	4/20
2	12	Hannah Bilodeau, Tina Shelton, Jacqueline Kornowski, Danielle Pouska	#6 UW-Whitewater	47.49	4/13
3	38	Hope Schueller, Allyson Kakes, Kylee Grabarski, Molly Kallenbach	#2 UW-Eau Claire	48.51	4/13
4	44	Danielle Miller, Megan Geraets, Ally Rakow, Kate Carlson	#7 Gustavus Adolphus	48.59	4/13
5	48	Jenna Driscoll, Lilly Gamache, Lilly Roberts, Makayla Durango	#3 UW-Stout	48.67	4/6
6	54	Myah Nelson, Tiana Johnson, Grace Buntrock, Kate Gallagher	#10 Saint Benedict	48.82	4/13
7	56	Caitlynn Hahn, Kayla Lipsey, Alexis Healey, Elianna Dalamangas	#12 UW-Platteville	48.89	4/6
8	58	Jireh Babalola, Abbie Swenson, Raina Kaping, Hannah Kvant	#5 Bethel (Minn.)	48.95	4/13
9	60	Ella Ahlstrand, Andrea Glaz, Julia Steger, Devin Hable	#4 UW-Oshkosh	49.01	4/13
10	74	Darcel Royster, Alayna Furch, Hannah Welte, Candis Damste	#24 Beloit	49.43	4/13





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



North

as of 4/23/2024 8:30:56 AM ET

## Women's 4x400 Relay

1	<b>11</b>	Kelsie Sealock, Shalom Sulungaine, Abbie Swenson, Annessa Ihde	<b>#5</b>	Bethel (Minn.)	<b>3:53.69</b>	4/13
2	<b>16</b>	Julia Steger, Cyna Madigan, Olivia Stenzel, Maddy LaVoi	<b>#4</b>	UW-Oshkosh	<b>3:55.33</b>	4/13
3	<b>17</b>	Taylor Molling, Anika Reiland, Katie McGlothlen, Gretchen McNeal	<b>#1</b>	UW-La Crosse	<b>3:55.85</b>	4/13
4	<b>23</b>	Kylee Grabarski, Jane Kautz, Lauren Dimler, Emilee Booker	<b>#2</b>	UW-Eau Claire	<b>3:56.54</b>	4/13
5	<b>41</b>	Kyla Nygaard, Meg Shercliffe, Maddie Guler, Emily Rengo	<b>#17</b>	Concordia Moorl	<b>4:01.25</b>	4/12
6	<b>44</b>	Paige Fassbender, Abby Giese, Katie McNamara, Hannah Bilodeau	<b>#6</b>	UW-Whitewater	<b>4:01.46</b>	<b>4/20</b>
7	<b>50</b>	Malina Carattini, Anetha Voge,le, Ashley Spatz, Ashley Bartelt	<b>#13</b>	UW-Stevens Poir	<b>4:02.48</b>	<b>4/20</b>
8	<b>51</b>	Margaret Rusch, Kayla Lipsey, Jessica Buss, Elianna Dalamangas	<b>#12</b>	UW-Platteville	<b>4:02.52</b>	4/13
9	<b>70</b>	Alice Cutter, Lara Erickson, Hadley Twichell, Riley Roberts	<b>#8</b>	Carleton	<b>4:06.03</b>	4/13
10	<b>76</b>	Sophia Miller, Candis Damste, Jaeonie Echols, Alayna Furch	<b>#24</b>	Beloit	<b>4:06.81</b>	4/13

## Women's High Jump

1	<b>8</b>	Hannah ZASTROW	JR	<b>#3</b>	UW-Stout	<b>1.69m</b>	5-6½	<b>4/20</b>
1	<b>8</b>	Macie TODD	JR	<b>#1</b>	UW-La Crosse	<b>1.69m</b>	5-6½	<b>4/20</b>
3	<b>12</b>	Hailey CAMPBELL	FR	<b>#12</b>	UW-Platteville	<b>1.68m</b>	5-6	4/13
3	<b>12</b>	Ainsley HANSEN	SO	<b>#1</b>	UW-La Crosse	{2} <b>1.68m</b>	5-6	4/6
5	<b>27</b>	Ella WILLIAMSON	JR	<b>#2</b>	UW-Eau Claire	<b>1.64m</b>	5-4½	<b>4/20</b>
6	<b>29</b>	Emily WILLIAMS	JR	<b>#2</b>	UW-Eau Claire	{2} <b>1.63m</b>	5-4¼	4/6
6	<b>29</b>	Alexys SCHEUERELL	SO	<b>#1</b>	UW-La Crosse	{3} <b>1.63m</b>	5-4¼	<b>4/20</b>
8	<b>52</b>	Erin BEER	JR	<b>#7</b>	Gustavus Adolph	<b>1.60m</b>	5-3	4/6
8	<b>52</b>	Rachel ROMENS	JR		Wisconsin Luthe	<b>1.60m</b>	5-3	4/6
8	<b>52</b>	Bridget FINN	JR	<b>#19</b>	Ripon	<b>1.60m</b>	5-3	<b>4/20</b>
8	<b>52</b>	Laura BERTRANG	FR	<b>#2</b>	UW-Eau Claire	{3} <b>1.60m</b>	5-3	4/13
8	<b>52</b>	Brynn FUERSTENBERG	SO	<b>#6</b>	UW-Whitewater	<b>1.60m</b>	5-3	4/13
8	<b>52</b>	Mara LARSON	FR	<b>#11</b>	St. Olaf	<b>1.60m</b>	5-3	4/6

## Women's Pole Vault

1	<b>2</b>	Gracie HOLLAND	JR	<b>#6</b>	UW-Whitewater	<b>3.93m</b>	12-10¾	4/13
2	<b>3</b>	Annika GUNDERSON	SO	<b>#15</b>	UW-River Falls	<b>3.90m</b>	12-9½	3/29
3	<b>12</b>	Leah ZASTROW	SO	<b>#3</b>	UW-Stout	<b>3.81m</b>	12-6	<b>4/20</b>
4	<b>15</b>	Ayden FLEECHARTY	SR	<b>#2</b>	UW-Eau Claire	<b>3.76m</b>	12-4	<b>4/20</b>
5	<b>17</b>	Maddy HABBERSTAD	FR	<b>#1</b>	UW-La Crosse	<b>3.75m</b>	12-3½	4/6
6	<b>29</b>	Jaylyn AHLBERG	SO	<b>#10</b>	Saint Benedict	<b>3.63m</b>	11-10¾	<b>4/21</b>
6	<b>29</b>	Emily SHAFRON	SO	<b>#1</b>	UW-La Crosse	{2} <b>3.63m</b>	11-10¾	4/13
8	<b>51</b>	Zoe JENKS-RECKER	SO	<b>#6</b>	UW-Whitewater	{2} <b>3.48m</b>	11-5	4/13
8	<b>51</b>	Emily PEARSON	FR	<b>#5</b>	Bethel (Minn.)	<b>3.48m</b>	11-5	<b>4/21</b>
8	<b>51</b>	Marisa HARVEY	FR	<b>#1</b>	UW-La Crosse	{3} <b>3.48m</b>	11-5	4/13
8	<b>51</b>	Araceli DE LEO LOPEZ	SO	<b>#1</b>	UW-La Crosse	{3} <b>3.48m</b>	11-5	4/13

## Women's Long Jump

1	<b>4</b>	Maya EVANS	SO	<b>#1</b>	UW-La Crosse	<b>5.87m</b>	19-3¼ (0.6)	4/12
2	<b>12</b>	Megan GERAETS	JR	<b>#7</b>	Gustavus Adolph	<b>5.67m</b>	18-7¼ (2.0)	4/13
3	<b>20</b>	Stephanie WITBROD	JR	<b>#22</b>	Bethany Luthera	<b>5.60m</b>	18-4½ (2.0)	4/5
4	<b>34</b>	Ava FOLEY	SO	<b>#1</b>	UW-La Crosse	{2} <b>5.53m</b>	18-1¾ (1.4)	<b>4/20</b>
5	<b>37</b>	Sabriya FARQUHARSON	FR	<b>#10</b>	Saint Benedict	<b>5.51mw</b>	18-1 (3.3)	4/12
6	<b>41</b>	Ashley DAVIES	FR	<b>#1</b>	UW-La Crosse	{3} <b>5.49m</b>	18-¼ (1.1)	<b>4/20</b>
7	<b>43</b>	Jenna DRISCOLL	JR	<b>#3</b>	UW-Stout	<b>5.48m</b>	17-11¾ (0.0)	4/13
8	<b>58</b>	Gracie HOLLAND	JR	<b>#6</b>	UW-Whitewater	<b>5.42m</b>	17-9½ (1.3)	4/13
9	<b>66</b>	Hailey CAMPBELL	FR	<b>#12</b>	UW-Platteville	<b>5.36m</b>	17-7 (0.9)	4/6
10	<b>71</b>	Alison DAUGHERTY	FR	<b>#1</b>	UW-La Crosse	{4} <b>5.35m</b>	17-6¾ (1.6)	4/13
10	<b>71</b>	Samantha BARRETT	JR	<b>#1</b>	UW-La Crosse	{4} <b>5.35m</b>	17-6¾ (-1.0)	4/13

## Women's Triple Jump

1	<b>4</b>	Samantha BARRETT	JR	<b>#1</b>	UW-La Crosse	<b>12.24mw</b>	40-2 (2.9)	<b>4/20</b>
2	<b>10</b>	Stephanie WITBROD	JR	<b>#22</b>	Bethany Luthera	<b>12.16mw</b>	39-10¾ (4.0)	4/12
3	<b>17</b>	Abigail CALHOUN	JR	<b>#9</b>	Carthage	<b>11.92m</b>	39-1¼ (0.0)	4/6
4	<b>31</b>	Madi KES	SR	<b>#7</b>	Gustavus Adolph	<b>11.57mw</b>	37-11½ (3.2)	<b>4/17</b>
5	<b>32</b>	Mackenzey KRONBERG	SO	<b>#1</b>	UW-La Crosse	{2} <b>11.56m</b>	37-11¼ (2.0)	4/12
6	<b>33</b>	Eden MARANELL	FR	<b>#14</b>	St. Norbert	<b>11.53m</b>	37-10 (2.0)	3/15
7	<b>40</b>	Ellie HERNES	SO	<b>#5</b>	Bethel (Minn.)	<b>11.42m</b>	37-5¾ (0.1)	4/13
8	<b>44</b>	Miah KELLER	SR	<b>#1</b>	UW-La Crosse	{3} <b>11.39m</b>	37-4½ (0.0)	4/6
9	<b>51</b>	Maya EVANS	SO	<b>#1</b>	UW-La Crosse	{4} <b>11.29m</b>	37-½ (0.5)	<b>4/20</b>
10	<b>57</b>	Elianna DALAMANGAS	FR	<b>#12</b>	UW-Platteville	<b>11.21m</b>	36-9½ (1.4)	3/28

## Women's Shot Put

1	<b>2</b>	Aubrey SCHOENEMAN	JR	<b>#9</b>	Carthage	<b>15.11m</b>	49-7	4/6
2	<b>3</b>	Vanessa UITENBROEK	JR	<b>#16</b>	Carroll (Wis.)	<b>14.43m</b>	47-4¼	4/13
3	<b>9</b>	Brenna MASLOROFF	SR	<b>#4</b>	UW-Oshkosh	<b>13.77m</b>	45-2¼	4/6
4	<b>11</b>	Raina STECHER	JR	<b>#2</b>	UW-Eau Claire	<b>13.67m</b>	44-10¼	4/13
5	<b>13</b>	Izzy CARROLL	JR	<b>#1</b>	UW-La Crosse	<b>13.56m</b>	44-6	3/29
6	<b>14</b>	Brenna NOON	JR	<b>#12</b>	UW-Platteville	<b>13.47m</b>	44-2½	4/6
7	<b>18</b>	Molly MEYERS	SR	<b>#23</b>	Hamline	<b>13.34m</b>	43-9¼	4/13
8	<b>21</b>	Maria FALK	JR	<b>#16</b>	Carroll (Wis.)	{2} <b>13.31m</b>	43-8	<b>4/20</b>
9	<b>22</b>	Alyssa GULSVIG	JR	<b>#9</b>	Carthage	{2} <b>13.24m</b>	43-5¼	3/29
10	<b>23</b>	Jessa ALDERMAN	SO	<b>#21</b>	MSOE	<b>13.23m</b>	43-5	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



North

as of 4/23/2024 8:30:57 AM ET

## Women's Discus

1	2	Kayla BEHNKE	JR	#2 UW-Eau Claire	48.96m	160-8	4/6
2	4	Vanessa Uitenbroek	JR	#16 Carroll (Wis.)	48.55m	159-4	4/6
3	7	Cate Gudaitis	JR	#16 Carroll (Wis.)	{2} 46.12m	151-4	3/28
4	10	Kylee Doherty	SO	#18 Edgewood	44.95m	147-6	3/28
5	14	Nicole Tarpley	JR	#9 Carthage	44.26m	145-3	4/6
6	15	Jade Hunt	JR	#23 Hamline	44.20m	145-0	4/20
7	17	Teagan Jones	JR	#2 UW-Eau Claire	{2} 43.93m	144-2	4/13
8	23	Izzy Carroll	JR	#1 UW-La Crosse	43.44m	142-6	4/13
9	26	Jessa Alderman	SO	#21 MSOE	43.29m	142-1	4/20
10	30	Alyssa Gulsvig	JR	#9 Carthage	{2} 42.75m	140-3	4/6

## Women's Hammer

1	3	Teagan Jones	JR	#2 UW-Eau Claire	57.05m	187-2	4/13
2	4	Lily Beneke	JR	St. Scholastica	56.20m	184-5	4/13
3	5	Brenna Masloroff	SR	#4 UW-Oshkosh	56.04m	183-10	4/19
4	7	Kayla Behnke	JR	#2 UW-Eau Claire	{2} 54.50m	178-10	4/6
5	8	Alexis Mattox	SR	#9 Carthage	54.43m	178-7	4/6
6	12	Izzy Carroll	JR	#1 UW-La Crosse	53.13m	174-4	4/6
7	15	Kenni Czarnecki	JR	#6 UW-Whitewater	52.77m	173-2	4/20
8	16	Vanessa Uitenbroek	JR	#16 Carroll (Wis.)	52.39m	171-11	4/6
9	22	Aubree Koenings	FR	#3 UW-Stout	51.78m	169-11	3/29
10	31	Samantha Kubes	SR	Saint Mary's (Mir	50.51m	165-9	4/13

## Women's Javelin

1	9	Gabby Johnson	JR	#1 UW-La Crosse	41.73m	136-11	3/29
2	12	Peyton Panka	SO	#14 St. Norbert	41.01m	134-7	4/13
3	27	Abbie Swenson	JR	#5 Bethel (Minn.)	39.15m	128-6	4/13
4	33	Emily Ashton	SO	Northwestern-St	38.87m	127-7	4/13
5	34	Lakesha Carter	JR	#7 Gustavus Adolph	38.85m	127-6	4/6
6	42	Maya Hielscher	JR	#20 Concordia Wisco	38.56m	126-6	3/28
7	43	Genevieve Gruba	FR	#17 Concordia Moorl	38.55m	126-6	4/6
8	68	Sarah Beth Hobby	SR	#25 Macalester	37.25m	122-3	4/13
9	83	Kylee Doherty	SO	#18 Edgewood	36.57m	120-0	3/28
10	84	Tina Shelton	JR	#6 UW-Whitewater	36.51m	119-10	3/29

## Women's Heptathlon

1	8	Lexi Lefever	SR	#15 UW-River Falls	4,632	3/22
2	11	Emilee Booker	JR	#2 UW-Eau Claire	4,530	4/20
3	15	Amber Grosse	SO	#1 UW-La Crosse	4,432	4/20
4	20	Alexys Scheuerell	SO	#1 UW-La Crosse	{2} 4,373	4/20
5	24	Jane Kautz	SR	#2 UW-Eau Claire	{2} 4,328	4/20
6	25	Lauryn Rustad	FR	#2 UW-Eau Claire	{3} 4,283	4/20
7	27	Megan Hunt	JR	#4 UW-Oshkosh	4,251	4/20
8	30	Bridget Finn	JR	#19 Ripon	4,231	4/20
9	32	Eden Maranell	FR	#14 St. Norbert	4,183	4/20
10	33	Stephanie Witbrod	JR	#22 Bethany Luthera	4,171	4/6



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



South

as of 4/23/2024 8:30:57 AM ET

## Women's 100 Meters

1	5	Syniah SIMS	FR	#7 Belhaven (Miss.)	11.86	(1.7)	3/23
2	7	Ti'asia BRYANT	FR	#12 North Carolina V	11.92w	(3.9)	4/6
3	8	Katelyn GAMBLE	SR	#4 Washington and	11.95w	(2.5)	3/23
4	9	Audrey JOHNSON	JR	#1 Emory	11.96	(1.2)	4/20
5	11	Natashe TATE	FR	#16 Virginia Wesleya	11.98w	(3.5)	4/13
6	18	Kamiyah WOOTEN	FR	#12 North Carolina W	12.01	(1.5)	4/6
7	20	Oceana BROWN	FR	#13 Gallaudet	12.03	(-2.3)	4/20
8	21	Olivia FREEMAN	SO	#8 Rhodes	12.04	(1.7)	4/7
9	39	Aniya SEWARD	SR	#2 Lynchburg	12.17w	(3.0)	4/13
10	41	Kimona HAYNES	SO	#7 Belhaven (Miss.)	{2} 12.19	(1.7)	3/23

## Women's 100 Meter Hurdles

1	1	Aniya SEWARD	SR	#2 Lynchburg	13.76w	(2.1)	3/30
2	11	Betsy MOHNKERN	SR	#2 Lynchburg	{2} 14.24	(1.2)	4/6
3	28	Nikki BOON	JR	#1 Emory	14.70	(0.2)	3/29
4	42	Amaya MARTIN	SR	#1 Emory	{2} 14.84	(-0.1)	3/29
5	45	Deziree CONKLIN	JR	#19 Marymount (Va.)	14.88	(1.2)	4/14
6	47	Rebecca CARR	FR	#5 Roanoke	14.90	(0.9)	3/16
7	53	Olivia VIER	FR	#5 Roanoke	{2} 14.98	(0.9)	4/13
8	63	Emily THOMPSON	SR	#3 Berry	15.09	(0.8)	3/2
9	84	Amanda ROMANO	JR	#4 Washington and	15.27	(0.9)	3/16
10	88	Cammi WINSTON	SR	#5 Roanoke	{3} 15.30	(0.3)	3/23

## Women's 200 Meters

1	2	Kamiyah WOOTEN	FR	#12 North Carolina V	24.32	(-0.3)	4/20
2	8	Syniah SIMS	FR	#7 Belhaven (Miss.)	24.58w	(2.1)	3/23
3	13	Audrey JOHNSON	JR	#1 Emory	24.70	(1.9)	3/29
4	16	Aniya SEWARD	SR	#2 Lynchburg	24.76w	(3.9)	3/30
5	24	Kimona HAYNES	SO	#7 Belhaven (Miss.)	{2} 24.86w	(2.1)	3/23
6	38	Oceana BROWN	FR	#13 Gallaudet	25.05w	(3.1)	3/23
7	59	Ti'asia BRYANT	FR	#12 North Carolina W	{2} 25.26	(-0.4)	4/20
7	59	Haylee GAMBLE	SR	#5 Roanoke	25.26	(-2.2)	4/13
9	62	Nikki BOON	JR	#1 Emory	{2} 25.27	(1.9)	3/29
9	62	Dashiel TAO HARRIS	JR	#1 Emory	{2} 25.27	(1.9)	4/13

## Women's 400 Meters

1	9	Kimona HAYNES	SO	#7 Belhaven (Miss.)	56.19		3/30
2	10	Kamiyah WOOTEN	FR	#12 North Carolina V	56.26		4/20
3	12	Ashaunti BARNES	SR	#7 Belhaven (Miss.)	{2} 56.35		4/7
4	21	Dashiel TAO HARRIS	JR	#1 Emory	56.74		3/29
5	44	Kaitlyn RUIZ	FR	#9 Shenandoah	57.54		3/16
6	70	Thora PEARSON	SR	#8 Rhodes	58.28		3/23
7	74	Ellie NUCKOLS	FR	#11 Christopher New	58.33		4/13
8	78	Audrey JOHNSON	JR	#1 Emory	{2} 58.46		4/13
9	89	Haylee GAMBLE	SR	#5 Roanoke	58.59		3/30
10	91	Mikayla HEFFERON	SR	#5 Roanoke	{2} 58.63		3/30

## Women's 400 Meter Hurdles

1	12	Macy MURDOCK	SO	#3 Berry	1:03.15		3/29
2	13	Betsy MOHNKERN	SR	#2 Lynchburg	1:03.40		4/13
3	19	Amanda ROMANO	JR	#4 Washington and	1:03.61		4/6
4	25	Clare MARSH	JR	#6 Catholic (D.C.)	1:04.30		4/14
5	38	Brigid BYRNES	FR	#6 Catholic (D.C.)	{2} 1:04.97		4/14
6	44	Allison BOBST	SR	#2 Lynchburg	{2} 1:05.20		3/16
7	46	Emily THOMPSON	SR	#3 Berry	{2} 1:05.24		3/2
8	47	Ellie NUCKOLS	FR	#11 Christopher New	1:05.28		4/13
9	48	Deziree CONKLIN	JR	#19 Marymount (Va.)	1:05.29		4/14
10	68	Ophelia LADNER	SO	#5 Roanoke	1:06.02		4/13

## Women's 800 Meters

1	14	Emily MOEHRINGER	JR	#6 Catholic (D.C.)	2:12.03		4/14
2	26	Lily TAYLOR	SR	#1 Emory	2:13.72		3/16
3	27	Madison TIAFFAY	SO	#1 Emory	{2} 2:13.74		4/20
4	45	Courtney DRUMM	SR	#2 Lynchburg	2:15.46		4/13
5	49	Luna MCCAULEY	SO	#1 Emory	{3} 2:15.64		4/13
6	60	Anna ROSE	JR	#3 Berry	2:16.26		4/13
7	72	Hannah EDWARDS	FR	#2 Lynchburg	{2} 2:16.76		4/13
8	85	Channing BARKER	SR	#25 Brevard (N.C.)	2:17.53		4/20
9	88	Apolline GASPERS	JR	#6 Catholic (D.C.)	{2} 2:17.59		4/14
10	89	Payton SULLIVAN	SO	#1 Emory	{4} 2:17.62		4/20

## Women's 1500 Meters

1	13	Courtney DRUMM	SR	#2 Lynchburg	4:32.01		3/23
2	14	Kayla WERNER	FR	#2 Lynchburg	{2} 4:32.03		4/13
3	16	Brigid HANLEY	SR	#1 Emory	4:32.71		3/23
4	27	Madison TIAFFAY	SO	#1 Emory	{2} 4:35.08		4/13
5	30	Lily TAYLOR	SR	#1 Emory	{3} 4:35.33		3/23
6	67	Apolline GASPERS	JR	#6 Catholic (D.C.)	4:41.26		4/20
7	85	Emily MOEHRINGER	JR	#6 Catholic (D.C.)	{2} 4:42.42		4/6
8	87	Molly SILVA	JR	#2 Lynchburg	{3} 4:42.61		4/6
9	93	Lauren MASSEY	SR	#2 Lynchburg	{4} 4:42.94		4/6
10		Luna MCCAULEY	SO	#1 Emory	{4} 4:44.17		3/23

## Women's Steeplechase

1	27	Kate INGLIS	JR	#6 Catholic (D.C.)	11:15.51		3/22
2	40	Cameron GUPTA	FR	#1 Emory	11:21.66		4/6
3	43	Emily SMEDS	JR	#10 Bridgewater (Va.	11:24.29		3/23
4	65	Mackenzie YOUNG	SR	#10 Bridgewater (Va.)	{2} 11:35.97		3/23
5	81	Britany ZIEMER	SR	#8 Rhodes	11:39.18		3/16
6	84	Brianna BREVAULT	SO	#4 Washington and	11:39.71		4/6
7		Eve SPENCER	SO	#4 Washington and	{2} 11:52.95		4/6
8		Sadie ABOOD	SR	#6 Catholic (D.C.)	{2} 11:53.82		3/22
9		Madelyn MERNA	SO	#24 Meredith	12:09.08		3/22
10		Madeline LOTS	JR	#9 Shenandoah	12:14.74		4/13



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



South

as of 4/23/2024 8:30:57 AM ET

## Women's 5000 Meters

1	<b>7</b>	Kayla WERNER	FR	<b>#2</b> Lynchburg	<b>16:34.40</b>	4/6
2	<b>13</b>	Brigid HANLEY	SR	<b>#1</b> Emory	<b>16:48.84</b>	3/30
3	<b>34</b>	Liesl SCHERRER	JR	<b>#1</b> Emory {2}	<b>17:08.15</b>	4/6
4	<b>37</b>	Courtney DRUMM	SR	<b>#2</b> Lynchburg {2}	<b>17:10.01</b>	4/6
5	<b>46</b>	Allison DELL	JR	<b>#2</b> Lynchburg {3}	<b>17:16.48</b>	4/6
6	<b>72</b>	Olivia WARR	FR	<b>#4</b> Washington and	<b>17:32.04</b>	4/6
7	<b>93</b>	Madison LOWERY	SR	<b>#20</b> Pfeiffer	<b>17:40.93</b>	3/16
8		Kristen WERNER	FR	<b>#2</b> Lynchburg {4}	<b>17:44.24</b>	4/13
9		Claire HAMLET	JR	<b>#4</b> Washington and {2}	<b>17:53.61</b>	4/6
10		Lauren MASSEY	SR	<b>#2</b> Lynchburg {5}	<b>17:59.93</b>	3/16

## Women's 10,000 Meters

1	<b>17</b>	Courtney DRUMM	SR	<b>#2</b> Lynchburg	<b>35:31.83</b>	<b>4/20</b>
2	<b>50</b>	Elise MOLINARO	SR	<b>#4</b> Washington and	<b>36:48.30</b>	4/6
3	<b>57</b>	Emily SMEDS	JR	<b>#10</b> Bridgewater (Va.	<b>37:00.00</b>	4/14
4	<b>91</b>	Georgia NUSSEY	JR	<b>#6</b> Catholic (D.C.)	<b>38:18.73</b>	4/6
5		Delaney BUNDY	FR	<b>#24</b> Meredith	<b>38:37.19</b>	4/13
6		Madeline LOTTIS	JR	<b>#9</b> Shenandoah	<b>39:07.95</b>	4/6
7		Anna ROSE	JR	<b>#3</b> Berry	<b>39:31.82</b>	3/2
8		Lilly DALEBOUT	JR	<b>#15</b> Southern Virgini.	<b>39:41.28</b>	4/6
9		Lucy UNZICKER	SR	<b>#14</b> Eastern Mennon	<b>39:43.93</b>	3/16
10		Sarah CHRISTY	JR	<b>#9</b> Shenandoah {2}	<b>39:44.56</b>	3/16

## Women's 4x100 Relay

1	<b>2</b>	Ashaunti Barnes, Kimona Haynes, Anneshia Greer, Syniah Sims	<b>#7</b> Belhaven (Miss.)	<b>46.47</b>	3/30
2	<b>3</b>	#Type!	<b>#1</b> Emory	<b>46.64</b>	<b>4/20</b>
3	<b>13</b>	#Type!	<b>#2</b> Lynchburg	<b>47.56</b>	3/30
4	<b>17</b>	Haylee Gamble, Lindsey Hobin, Nalonda Henderson, Eleanor Hinckley	<b>#5</b> Roanoke	<b>47.70</b>	3/30
5	<b>29</b>	Mariah Brooks, Ti'asia Bryant, Tysheka Moore, Kamayah Wooten	<b>#12</b> North Carolina W	<b>48.24</b>	3/22
5	<b>29</b>	Lytic Hoggard, Julia Hathaway, Kennedy Chapman, Natashe Tate	<b>#16</b> Virginia Wesleya	<b>48.24</b>	3/23
7	<b>38</b>	#Type!	<b>#4</b> Washington and	<b>48.51</b>	<b>4/20</b>
8	<b>58</b>	Malia Melton, Kirsten Wright, Evan Thomas, Aubrey Guyden	<b>#18</b> Oglethorpe	<b>48.95</b>	4/13
9	<b>63</b>	Thora Pearson, Grace Scowden, Megan Weilmuenster, Olivia Freeman	<b>#8</b> Rhodes	<b>49.07</b>	4/7
10	<b>64</b>	#Type!	<b>#6</b> Catholic (D.C.)	<b>49.13</b>	<b>4/20</b>

## Women's 4x400 Relay

1	<b>14</b>	Betsy Mohnkern, Vuronika Barnes, Aniya Seward, Hannah Edwards	<b>#2</b> Lynchburg	<b>3:54.58</b>	4/13
2	<b>24</b>	Mikayla Hefferon, Lindsey Hobin, Maryrose Molina- Shuman, Haylee Gamble	<b>#5</b> Roanoke	<b>3:56.83</b>	4/13
3	<b>33</b>	Dashiel Tao Harris, Audrey Johnson, Hannah Riley, Mina Leopold	<b>#1</b> Emory	<b>3:58.75</b>	3/23
4	<b>40</b>	Simmons Lee, Annabelle Sutliff, Jesma Evans, Jordynn Palethorpe	<b>#4</b> Washington and	<b>4:01.21</b>	3/16
5	<b>51</b>	Mia McConnell, Clare Marsh, Zoey Brown, Brigid Byrnes	<b>#6</b> Catholic (D.C.)	<b>4:02.52</b>	4/6
6	<b>54</b>	Ashaunti Barnes, Kimona Haynes, Taylor Fakes, Evelle Dillon	<b>#7</b> Belhaven (Miss.)	<b>4:03.01</b>	4/7
7	<b>62</b>	Lia Savage, Folole Torres, Tessa Miller, Addie Parker	<b>#15</b> Southern Virgini.	<b>4:04.98</b>	4/13
8	<b>73</b>	Shannen Alack, Olivia Clarke, Isabel Farnsworth, Thora Pearson	<b>#8</b> Rhodes	<b>4:06.44</b>	3/30
9	<b>91</b>	Brandi Gardner, Patti Busch, Katena Morrison, Treazure Rosario-watson	<b>#22</b> Methodist	<b>4:09.62</b>	4/13
10	<b>96</b>	Jennifer Moore, Patrice Forcey, Tatianna Langston, Jessica Taylor	<b>#21</b> Randolph	<b>4:10.16</b>	<b>4/20</b>

## Women's High Jump

1	<b>12</b>	Hannah WETZEL	SR	<b>#13</b> Gallaudet	<b>1.68m</b>	5-6	<b>4/20</b>
2	<b>23</b>	Anna SCOBLOCK	SO	<b>#6</b> Catholic (D.C.)	<b>1.65m</b>	5-5	<b>4/20</b>
2	<b>23</b>	Katya HOOVER	JR	<b>#9</b> Shenandoah	<b>1.65m</b>	5-5	4/6
4	<b>29</b>	Camille GILLUM	SO	<b>#4</b> Washington and	<b>1.63m</b>	5-4¼	3/16
5	<b>36</b>	Kris WILLIAMS	FR	<b>#3</b> Berry	<b>1.62m</b>	5-3¾	4/13
6	<b>49</b>	Emily THOMPSON	SR	<b>#3</b> Berry {2}	<b>1.61m</b>	5-3¼	3/23
7	<b>52</b>	Kaia BEDDOWS	FR	<b>#4</b> Washington and {2}	<b>1.60m</b>	5-3	<b>4/20</b>
7	<b>52</b>	Kaitlyn NGUYEN	SR	<b>#5</b> Roanoke	<b>1.60m</b>	5-3	3/30
7	<b>52</b>	Kym YOUNG	JR	<b>#8</b> Rhodes	<b>1.60m</b>	5-3	3/2
10	<b>84</b>	Rebecca CARR	FR	<b>#5</b> Roanoke {2}	<b>1.58m</b>	5-2¼	3/16





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



South

as of 4/23/2024 8:30:57 AM ET

## Women's Pole Vault

1	19	Ashley D'AMBROSIA	JR	#4 Washington and	3.70m	12-1½	4/20
2	24	Kendra PAYNE	SR	#8 Rhodes	3.67m	12-½	3/2
3	26	Allison BOBST	SR	#2 Lynchburg	3.65m	11-11¾	3/30
4	47	Madeline HUBBERT	JR	#3 Berry	3.50m	11-5¾	4/13
5	59	Hannah RILEY	FR	#1 Emory	3.45m	11-3¾	3/16
6	100	Cameron WEBER	FR	#2 Lynchburg	{2} 3.30m	10-9¾	4/13
6	100	Ainsley MILLER	SR	#11 Christopher New	3.30m	10-9¾	4/13
6	100	Anna STAFFORD	SO	#5 Roanoke	3.30m	10-9¾	4/13
9		Ella PINE	FR	#3 Berry	{2} 3.26m	10-8¼	3/2
10		Alyssa TONETTI	FR	#2 Lynchburg	{3} 3.20m	10-6	3/30

## Women's Long Jump

1	14	Ray Ray TAYLOR	SR	#14 Eastern Mennon	5.65m	18-6½ (0.4)	3/22
2	17	Hannah WETZEL	SR	#13 Gallaudet	5.63m	18-5¾ (1.2)	4/20
3	18	Brandi GARDNER	SO	#22 Methodist	5.62m	18-5¼ (-0.9)	4/13
4	20	Nikki BOON	JR	#1 Emory	5.60m	18-4½ (0.6)	4/13
5	62	Olivia VIERS	FR	#5 Roanoke	5.39m	17-8¼ (0.8)	4/13
6	66	Mahlia PARSONS	SR	#2 Lynchburg	5.36m	17-7 (0.5)	3/30
7	71	Kacey KELLY	SO	#2 Lynchburg	{2} 5.35m	17-6¾ (0.5)	3/23
8	83	Madelyn VENABLE	JR	#4 Washington and	5.33m	17-6 (0.3)	3/30
9	88	Emily THOMPSON	SR	#3 Berry	5.32m	17-5½ (1.4)	4/13
10	95	Hailey WRIGHT	SO	#18 Oglethorpe	5.31m	17-5¼ (0.0)	4/13

## Women's Triple Jump

1	11	Ty'Kerria YOUNG	FR	#23 Mississippi Univ.	12.14m	39-10 (0.0)	3/2
2	12	Kacey KELLY	SO	#2 Lynchburg	12.13m	39-9¾ (0.8)	4/12
3	13	Aniya SEWARD	JR	#2 Lynchburg	{2} 12.09m	39-8 (0.0)	4/12
4	21	Hannah WETZEL	SR	#13 Gallaudet	11.71m	38-5 (0.1)	3/30
4	21	Ayeshia WATSON	FR	Hollins	11.71m	38-5 (2.0)	3/22
6	30	Malia MELTON	SO	#18 Oglethorpe	11.58m	38-0 (-0.4)	3/15
7	33	Ray Ray TAYLOR	SR	#14 Eastern Mennon	11.53mw	37-10 (2.2)	4/17
8	39	Caroline HANSEN	JR	#1 Emory	11.44m	37-6½ (1.8)	4/19
9	59	Eleanor SCOTT	SO	Millsaps	11.20mw	36-9 (2.6)	4/7
10	74	Audrey JOHNSON	JR	#1 Emory	{2} 11.11m	36-5½ (1.7)	3/29

## Women's Shot Put

1	20	Onoyeme EGURE	FR	#3 Berry	13.33m	43-8¾	3/2
2	27	Abby MIKOLAY	FR	#10 Bridgewater (Va.	13.13m	43-1	4/20
3	37	Sarah FINEMAN	JR	#1 Emory	12.97m	42-6¾	4/13
4	74	Grace FOWLER	SR	#5 Roanoke	12.37m	40-7	4/6
5	83	Midajah DAVIS	JR	#13 Gallaudet	12.28m	40-3½	3/23
6	93	Nikki BOON	JR	#1 Emory	{2} 12.23m	40-1½	4/13
7		Katherine STEVENS	JR	#11 Christopher New	12.14m	39-10	3/16
8		Ray Ray TAYLOR	SR	#14 Eastern Mennon	12.00m	39-4½	4/13
9		Logan BABBS	JR	#2 Lynchburg	11.94m	39-2¼	3/16
10		Ciara DONEGAN	JR	#6 Catholic (D.C.)	11.93m	39-1¾	3/22

## Women's Discus

1	18	Katherine STEVENS	JR	#11 Christopher New	43.69m	143-4	4/20
2	27	Nikki BOON	JR	#1 Emory	43.07m	141-4	3/23
3	61	Abby MIKOLAY	FR	#10 Bridgewater (Va.	40.67m	133-5	4/20
4	68	Quinlin ZUNK	JR	#4 Washington and	40.18m	131-10	3/23
5	81	Emily LANE	FR	Covenant	39.43m	129-5	3/16
6		Allie FELTUS	JR	#17 Piedmont	37.81m	124-1	3/16
7		Sofia HENDERSON	FR	#3 Berry	37.53m	123-2	3/16
8		Logan BABBS	JR	#2 Lynchburg	37.49m	123-0	3/16
9		Nalonda HENDERSON	FR	#5 Roanoke	37.18m	122-0	4/13
10		Daryl TUCKER	SO	#16 Virginia Wesleya	37.12m	121-10	4/6

## Women's Hammer

1	14	Katherine STEVENS	JR	#11 Christopher New	52.82m	173-4	3/30
2	32	Kiara FELSTON	SR	#9 Shenandoah	50.47m	165-7	4/13
3	39	Malysa WINSTON	SO	#3 Berry	49.62m	162-10	3/23
4	58	Bailey HEDGEMON	SO	#4 Washington and	47.90m	157-2	3/23
5	79	Logan BABBS	JR	#2 Lynchburg	46.68m	153-2	3/30
6	97	Quinlin ZUNK	JR	#4 Washington and	{2} 45.53m	149-5	3/30
7		Jessica RENDFREY	JR	#9 Shenandoah	{2} 44.17m	144-11	4/13
8		Sadie PHILLIPS	SO	#3 Berry	{2} 44.07m	144-7	3/29
9		Lauren MYERS	SO	Maryville (Tenn.)	41.85m	137-4	3/23
10		Grace FOWLER	SR	#5 Roanoke	41.82m	137-3	4/13

## Women's Javelin

1	16	Mable MUTUMWA	FR	#1 Emory	40.52m	132-11	4/6
2	26	Katya HOOVER	JR	#9 Shenandoah	39.26m	128-10	3/16
3	46	Cailin DELEO	SR	#3 Berry	38.14m	125-2	3/29
4	50	Ray Ray TAYLOR	SR	#14 Eastern Mennon	37.90m	124-4	3/23
5	58	Nikki BOON	JR	#1 Emory	{2} 37.56m	123-3	3/29
6	67	Evan DUET	JR	#8 Rhodes	37.27m	122-4	4/7
7	74	Carlota GONZALEZ	FR	Averett	36.91m	121-1	4/20
8		Jilane PEDERSEN	JR	#15 Southern Virgini	35.38m	116-1	3/16
9		Zoe CURTIS	JR	#8 Rhodes	{2} 35.27m	115-9	4/7
10		Sadie PHILLIPS	SO	#3 Berry	{2} 34.96m	114-9	3/2

## Women's Heptathlon

1	2	Nikki BOON	JR	#1 Emory	5,107		4/13
2	7	Ray Ray TAYLOR	SR	#14 Eastern Mennon	4,653		4/13
3	13	Emily THOMPSON	SR	#3 Berry	4,508		4/13
4	21	Macy MURDOCK	SO	#3 Berry	{2} 4,367		4/13
5	37	Ellie NUCKOLS	FR	#11 Christopher New	4,141		4/20
6	63	Cortney BROWN	SR	#17 Piedmont	3,667		4/13
7	74	Ashley ELEY	FR	#11 Christopher New	{2} 3,511		4/20
8		Jessica TAYLOR	FR	#21 Randolph	2,767		3/15





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



West

as of 4/23/2024 8:30:57 AM ET

## Women's 100 Meters

1	6	Kyrstin WILSON	SO	#12 Puget Sound	11.88w	(3.5)	4/20
2	11	Brynn YANEZ	SO	#3 McMurry	11.98w	(3.9)	4/13
3	15	Kylah WASHINGTON	FR	#18 Hardin-Simmons	12.00w	(3.9)	4/13
4	36	Alison BALL	SR	#2 Whitworth	12.16	(1.3)	4/20
5	56	Amelia HEWSON	SR	#2 Whitworth	{2}12.28w	(3.5)	4/20
6	57	Jordyn LUNGO	SR	#2 Whitworth	{3}12.29	(-0.1)	4/20
7	73	Trinity MURDOCK	SR	#17 Texas Lutheran	12.34	(-0.2)	3/23
8	77	Katriona KIRKPATRICK	SO	#9 Pomona-Pitzer	12.36	(1.2)	4/6
8	77	Kira HAWAABOO	FR	#13 Linfield	12.36	(1.3)	4/20
8	77	Elizabeth HAWLEY	SO	#16 Occidental	12.36	(1.4)	4/13

## Women's 100 Meter Hurdles

1	15	Naj CAMPBELL	JR	#3 McMurry	14.42w	(3.9)	4/13
2	17	Amelia HEWSON	SR	#2 Whitworth	14.47	(-0.1)	4/11
2	17	Eleanor BACHMEIER	SR	#7 Redlands (Calif.)	14.47	(1.4)	4/13
4	31	Allyson HAMMOND	SO	#8 Pacific (Ore.)	14.79	(-0.5)	4/20
5	34	Josephine JETT	FR	#4 Claremont-Mudc	14.81w	(3.3)	3/15
5	34	Ayahna BAHATI	JR	#1 George Fox	14.81	(0.4)	4/20
7	57	Kaitlyn ULALISA	FR	#9 Pomona-Pitzer	15.03w	(3.3)	3/15
8	62	Peyton WALTON	FR	#21 St. Thomas (Tex)	15.08w	(2.1)	4/13
9	64	Passion WASHINGTON	FR	#6 Chapman	15.10w	(3.2)	3/23
10	81	Taylor NORRELL	JR	#17 Texas Lutheran	15.24	(-0.9)	3/23

## Women's 200 Meters

1	22	Jackilyn LEWIS	SR	#12 Puget Sound	24.84w	(3.9)	4/20
2	28	Alison BALL	SR	#2 Whitworth	24.93w	(3.9)	4/20
3	40	Allyson HAMMOND	SO	#8 Pacific (Ore.)	25.07w	(2.6)	3/30
3	40	Kyrstin WILSON	SO	#12 Puget Sound	{2}25.07w	(2.5)	4/20
5	48	Katriona KIRKPATRICK	SO	#9 Pomona-Pitzer	25.17w	(2.4)	3/15
6	50	Madelyn GOLLIHAR	SO	#3 McMurry	25.20	(1.7)	3/3
6	50	Elizabeth HAWLEY	SO	#16 Occidental	25.20w	(2.3)	4/6
8	54	Brynn YANEZ	SO	#3 McMurry	{2}25.22	(1.4)	4/6
9	55	Allison KREMER	JR	#6 Chapman	25.23w	(2.3)	4/6
10	58	Kaylee SMITH	JR	#6 Chapman	{2}25.25	(0.5)	4/6

## Women's 400 Meters

1	16	Elizabeth HAWLEY	SO	#16 Occidental	56.58		4/6
2	23	Tara SMOKER	JR	#5 Colorado Colleg	56.88		4/19
3	28	Kaylee SMITH	JR	#6 Chapman	56.99		4/6
4	32	Jackilyn LEWIS	SR	#12 Puget Sound	57.13		4/20
5	34	CC GRAY	JR	#11 Trinity (Texas)	57.29		3/23
6	39	Elizabeth BEISWANGER	FR	#12 Puget Sound	{2}57.40		4/20
7	46	Allison KREMER	JR	#6 Chapman	{2}57.57		4/6
8	49	Macy O'HARA	SR	#14 Lewis & Clark	57.63		4/20
9	67	Nakiah TOLBERT	JR	#18 Hardin-Simmons	58.09		4/6
10	68	Sarah CHARLES	FR	#6 Chapman	{3}58.11		2/24

## Women's 400 Meter Hurdles

1	18	Arden NEFF	JR	#20 Southwestern (T	1:03.60		4/13
2	20	Ellie MARSH	JR	#23 LeTourneau	1:03.63		4/20
3	27	Madelyn GOLLIHAR	SO	#3 McMurry	1:04.33		4/13
4	29	Emily RUTKOWSKI	SR	#8 Pacific (Ore.)	1:04.60		4/20
5	32	Proud KITNITCHIVA	JR	#6 Chapman	1:04.78		4/13
6	54	Emily BROWN	FR	#2 Whitworth	1:05.45		4/20
7	61	Shriya VELICHALA	SO	#4 Claremont-Mudc	1:05.84		4/13
8	72	Emma FOWKES	SR	#5 Colorado Colleg	1:06.20		4/13
9	75	Nicole PLAYER	JR	#9 Pomona-Pitzer	1:06.27		4/6
10	82	Sophia DELGADO	JR	#21 St. Thomas (Tex)	1:06.55		3/30

## Women's 800 Meters

1	10	Ellie RISING	JR	#1 George Fox	2:11.49		4/20
2	22	Laura ZIMMER	SR	#4 Claremont-Mudc	2:12.81		2/17
3	24	Ella FULLERTON	SO	#5 Colorado Colleg	2:13.21		4/13
4	25	Michaela JONES	SR	#9 Pomona-Pitzer	2:13.26		4/6
5	31	Natalie BITETTI	SR	#4 Claremont-Mudc	{2}2:14.02		4/6
6	38	Annie BERRY	SR	#8 Pacific (Ore.)	2:14.95		3/30
7	39	Riley CAPUANO	SO	#4 Claremont-Mudc	{3}2:14.97		2/17
8	48	Malia HEIEN	SO	#14 Lewis & Clark	2:15.63		4/13
9	69	Gabriela LUES	FR	#5 Colorado Colleg	{2}2:16.74		4/13
10	73	Elizabeth BEISWANGER	FR	#12 Puget Sound	2:16.79		3/30

## Women's 1500 Meters

1	3	Natalie BITETTI	SR	#4 Claremont-Mudc	4:26.59		4/6
2	5	Riley CAPUANO	SO	#4 Claremont-Mudc	{2}4:28.83		4/20
3	11	Laura ZIMMER	SR	#4 Claremont-Mudc	{3}4:31.34		3/22
4	18	Ellie RISING	JR	#1 George Fox	4:33.56		4/20
5	43	Annie BERRY	SR	#8 Pacific (Ore.)	4:37.28		3/23
6	51	Malia HEIEN	SO	#14 Lewis & Clark	4:38.80		4/20
7	52	Kendall ACCETTA	SR	#5 Colorado Colleg	4:38.82c	(4:44.81A)	3/16
8	58	Isabel OLSON	JR	#5 Colorado Colleg	{2}4:39.92c	(4:45.94A)	3/30
9	60	Breanna STEELE	SO	#20 Southwestern (T	4:40.06		4/13
10	66	Riley BUESE	JR	#14 Lewis & Clark	{2}4:40.95		4/13

## Women's Steeplechase

1	7	Kendall ACCETTA	SR	#5 Colorado Colleg	10:45.83		3/29
2	9	Ciara GILLEN	JR	#16 Occidental	10:47.35		4/13
3	13	Annika CARLSON	SO	#6 Chapman	10:50.96		3/22
4	15	Kylah HOLLAND	SR	#18 Hardin-Simmons	10:52.23		3/30
5	23	Ellie CATRON	SR	#11 Trinity (Texas)	11:06.74		4/13
6	33	Cris BRETOWER	JR	#8 Pacific (Ore.)	11:18.24		4/20
7	37	Phoebe DUNHAM	SO	#22 East Texas Bapti	11:20.24		4/13
8	41	Kenzie SEYMOUR	FR	#19 UC Santa Cruz	11:22.45		4/13
9	49	Revere SCHMIDT	FR	#4 Claremont-Mudc	11:26.78		4/13
10	56	Zoe HEINO	SO	#15 Willamette	11:32.83		4/20



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



West

as of 4/23/2024 8:30:57 AM ET

## Women's 5000 Meters

1	<b>12</b>	Riley BUESE	JR	#14 Lewis & Clark	<b>16:48.15</b>	<b>4/20</b>
2	<b>23</b>	Kendall ACCETTA	SR	#5 Colorado College	<b>16:58.63</b>	4/13
3	<b>28</b>	Helena JANKU	SO	#19 UC Santa Cruz	<b>17:01.71</b>	4/13
4	<b>32</b>	Natalie BITETTI	SR	#4 Claremont-Mudc	<b>17:06.49</b>	4/13
5	<b>36</b>	Elle MARSYLA	SO	#4 Claremont-Mudc{2}	<b>17:09.22</b>	4/13
6	<b>45</b>	Riley MARTEL-PHILLIPS	SR	#19 UC Santa Cruz {2}	<b>17:15.94</b>	4/13
7	<b>54</b>	Alison MUELLER-HICKLER	SO	#5 Colorado College{2}	<b>17:22.59</b>	4/13
8	<b>73</b>	Jenna LENAY	SO	#16 Occidental	<b>17:32.62</b>	3/9
9	<b>78</b>	Breanna SCHMITT	SO	#1 George Fox	<b>17:35.43</b>	<b>4/20</b>
10	<b>82</b>	Isabel OLSON	JR	#5 Colorado College{3}	<b>17:37.91</b>	4/13

## Women's 10,000 Meters

1	<b>7</b>	Riley BUESE	JR	#14 Lewis & Clark	<b>35:05.73</b>	3/30
2	<b>22</b>	Elle MARSYLA	SO	#4 Claremont-Mudc	<b>35:48.29</b>	3/22
3	<b>23</b>	Alison MUELLER-HICKLER	SO	#5 Colorado College	<b>35:48.71</b>	3/29
4	<b>37</b>	Jenna LENAY	SO	#16 Occidental	<b>36:24.12</b>	4/13
5	<b>58</b>	Breanna SCHMITT	SO	#1 George Fox	<b>37:01.10</b>	4/13
6	<b>60</b>	Kayla AALPOEL	SO	#1 George Fox {2}	<b>37:04.51</b>	3/2
7	<b>63</b>	Sara WEXLER	SO	#4 Claremont-Mudc{2}	<b>37:10.48</b>	3/22
8	<b>66</b>	Elliot SINGER	JR	#5 Colorado College{2}	<b>37:22.99</b>	3/29
9	<b>81</b>	Kendall MCKIBBON	JR	#1 George Fox {3}	<b>37:54.57</b>	3/2
10	<b>84</b>	Brenda DAZA	FR	#6 Chapman	<b>38:10.28</b>	3/9

## Women's 4x100 Relay

1	<b>7</b>	Jordyn Lungo, Amelia Hewson, Isabella Pereira, Alison Ball	#2 Whitworth	<b>47.10</b>	4/11
2	<b>9</b>	Khyra Stiner, Allison Kremer, Kaylee Smith, Makenna Lizarde	#6 Chapman	<b>47.34</b>	<b>4/20</b>
3	<b>21</b>	Madelyn Gollihar, Jada Morris, Erin Fallon, Brynn Yanez	#3 McMurry	<b>47.98</b>	4/6
4	<b>33</b>	Isabel Yaffe, Francesca Candelieri, Emmamarie Watkins, Elizabeth Hawley	#16 Occidental	<b>48.35</b>	4/13
5	<b>38</b>	Taylor Norrell, Natalie Garcia, Leilani Lopez, Trinity Murdock	#17 Texas Lutheran	<b>48.51</b>	4/13
6	<b>41</b>	Maigan Adams, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#7 Redlands (Calif.)	<b>48.52</b>	4/13
7	<b>43</b>	Hillary Connors, Rachelle Silis, Paige Kasso, Kira Hawaaboo	#13 Linfield	<b>48.57</b>	<b>4/20</b>
8	<b>45</b>	Nicole Player, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	#9 Pomona-Pitzer	<b>48.61</b>	4/13
9	<b>47</b>	Trinity Provost, Peyton Walton, Sophia Delgado, Ny'Cierra Hinton	#21 St. Thomas (Tex)	<b>48.66</b>	4/6
10	<b>61</b>	Yasmin Subawalla, CC Gray, Joy Areola, Hayley Huck	#11 Trinity (Texas)	<b>49.04</b>	3/30



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



West

as of 4/23/2024 8:30:57 AM ET

## Women's 4x400 Relay

1	<b>8</b>	Kaylee Smith, Proud Kitnitchiva, Makenna Lizarde, Allison Kremer	#6 Chapman	<b>3:52.06</b>	3/23
2	<b>15</b>	Kyrstin Wilson, Erin Schmidlin, Elizabeth Beiswanger, Jackilyn Lewis	#12 Puget Sound	<b>3:54.91</b>	<b>4/20</b>
3	<b>27</b>	Katriona Kirkpatrick, Michaela Jones, Nicole Player, Olivia Reichle	#9 Pomona-Pitzer	<b>3:57.24</b>	4/6
4	<b>30</b>	Callow Soto, Malia Heien, Elsie Chin, Macy O'Hara	#14 Lewis & Clark	<b>3:58.07</b>	<b>4/20</b>
5	<b>35</b>	Lilly Broussard, CC Gray, Annette Smith, Vanessa Garcia	#11 Trinity (Texas)	<b>3:59.99</b>	3/3
6	<b>36</b>	Breonna McCarthy- Reese, Madelyn Gollihar, Katelyn Hernandez, Naj Campbell	<b>#3</b> McMurry	<b>4:00.11</b>	4/6
7	<b>37</b>	Elisabeth Eichinger, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#7 Redlands (Calif.)	<b>4:00.59</b>	4/13
8	<b>42</b>	Elizabeth Warren, Lexi Watson, Annalise Gonzales, Ellie Rising	<b>#1</b> George Fox	<b>4:01.38</b>	<b>4/20</b>
9	<b>46</b>	Justice McBride- Steiger, Jennifer Torres-Bermudez, Kira Hawaaboo, Rachelle Silis	#13 Linfield	<b>4:01.75</b>	<b>4/20</b>
10	<b>53</b>	Nakiah Tolbert, Kyla Washington, Sophie Hale, Danielle Pena	#18 Hardin-Simmons	<b>4:02.54c</b> (4:02.10A)	3/30

## Women's High Jump

1	<b>2</b>	Whitley STEPP	SO #15 Willamette	<b>1.70m</b>	5-7	<b>4/20</b>
2	<b>23</b>	Breanne RAWLS	JR #2 Whitworth	<b>1.65m</b>	5-5	4/9
3	<b>36</b>	Erica SNYDER	SO #15 Willamette	{2} <b>1.62m</b>	5-3¾	3/16
3	<b>36</b>	Kira HAWAABOO	FR #13 Linfield	<b>1.62m</b>	5-3¾	3/16
3	<b>36</b>	Brianna TIRA	FR #2 Whitworth	{2} <b>1.62m</b>	5-3¾	3/30
6	<b>52</b>	April KWAN	SR #5 Colorado College	<b>1.60m</b>	5-3	3/30
6	<b>52</b>	Emma FOWKES	SR #5 Colorado College	<b>1.60m</b>	5-3	3/30
6	<b>52</b>	Adva SHILON	JR #6 Chapman	<b>1.60m</b>	5-3	2/24
6	<b>52</b>	Sarah BJORNSEN	SR #24 Cal Lutheran	<b>1.60m</b>	5-3	2/2
10	<b>97</b>	Marina CARROL	SR #1 George Fox	<b>1.57m</b>	5-1¾	3/16
10	<b>97</b>	Logan ROBERTS	SO #13 Linfield	{2} <b>1.57m</b>	5-1¾	3/16
10	<b>97</b>	Emmalee HORTON	SO #18 Hardin-Simmons	<b>1.57m</b>	5-1¾	3/3

## Women's Pole Vault

1	<b>6</b>	Brenna STELL	FR #3 McMurry	<b>3.85m</b>	12-7½	4/13
2	<b>12</b>	Grace TULLY	JR #1 George Fox	<b>3.81m</b>	12-6	<b>4/20</b>
3	<b>28</b>	Madeline SEIFERT	SO #4 Claremont-Mudc	<b>3.64m</b>	11-11¼	4/6
4	<b>35</b>	Siera CRAWFORD	SR #13 Linfield	<b>3.58m</b>	11-9	3/9
5	<b>36</b>	Angela HAWKINS	SO #1 George Fox	{2} <b>3.55m</b>	11-7¾	3/23
5	<b>36</b>	Shelby LARSON	SR #1 George Fox	{2} <b>3.55m</b>	11-7¾	3/23
7	<b>81</b>	Adva SHILON	JR #6 Chapman	<b>3.35m</b>	10-11¾	4/13
7	<b>81</b>	Ashlynn RECKNAGEL	SO #17 Texas Lutheran	<b>3.35m</b>	10-11¾	3/23
9	100	Jacee DINKINS	JR #3 McMurry	{2} <b>3.30m</b>	10-9¾	4/13
10		Anna WILSON	SR #1 George Fox	{4} <b>3.25m</b>	10-8	3/16
10		Isabelle AU	SO #6 Chapman	{2} <b>3.25m</b>	10-8	2/9
10		Allison GOODELL	SR #12 Puget Sound	<b>3.25m</b>	10-8	<b>4/20</b>
10		Makayla KRAEMER	SR #8 Pacific (Ore.)	<b>3.25m</b>	10-8	<b>4/20</b>
10		Valerie BRUGGEMAN	JR #1 George Fox	{4} <b>3.25m</b>	10-8	3/16

## Women's Long Jump

1	<b>2</b>	Kira HAWAABOO	FR #13 Linfield	<b>5.96m</b>	19-6¾ (1.5)	4/16
2	<b>20</b>	Brianna TIRA	FR #2 Whitworth	<b>5.60m</b>	18-4½ (0.3)	4/11
2	<b>20</b>	Joy AREOLA	JR #11 Trinity (Texas)	<b>5.60m</b>	18-4½ (1.3)	3/23
4	<b>26</b>	Allyson HAMMOND	SO #8 Pacific (Ore.)	<b>5.59m</b>	18-4¼ (0.9)	3/30
5	<b>50</b>	Victoria AZAR	JR #1 George Fox	<b>5.45m</b>	17-10¾ (1.9)	<b>4/20</b>
6	<b>66</b>	Maigan ADAMS	JR #7 Redlands (Calif.)	<b>5.36m</b>	17-7 (0.1)	4/13
7		Jada MORRIS	JR #3 McMurry	<b>5.25m</b>	17-2¾ (0.0)	3/3
7		Rachel JOHNSON	FR #1 George Fox	{2} <b>5.25mw</b>	17-2¾ (2.3)	<b>4/20</b>
7		Felicia AKINDE	FR #9 Pomona-Pitzer	<b>5.25m</b>	17-2¾ (0.1)	4/6
10		Christen WILEY	JR #7 Redlands (Calif.)	{2} <b>5.24m</b>	17-2¼ (1.9)	4/6

## Women's Triple Jump

1	<b>6</b>	Joy AREOLA	JR #11 Trinity (Texas)	<b>12.20m</b>	40-½ (0.0)	3/22
2	<b>19</b>	Maigan ADAMS	JR #7 Redlands (Calif.)	<b>11.80m</b>	38-8¾ (0.4)	4/13
3	<b>54</b>	Ella BOWERS	JR #9 Pomona-Pitzer	<b>11.22m</b>	36-9¾ (0.0)	4/6
4	<b>57</b>	Isabella PEREIRA	FR #2 Whitworth	<b>11.21m</b>	36-9½ (1.0)	3/16
5	<b>68</b>	Madison DOWNEY	FR #10 Pacific Lutheran	<b>11.17mw</b>	36-7¾ (3.3)	<b>4/20</b>
6	<b>78</b>	Kyleigh ARCHER	FR #10 Pacific Lutheran	{2} <b>11.08mw</b>	36-4¼ (3.5)	<b>4/20</b>
7	<b>79</b>	Jonette SINGH	FR #8 Pacific (Ore.)	<b>11.07m</b>	36-4 (1.3)	<b>4/20</b>
8	<b>91</b>	Breanne RAWLS	JR #2 Whitworth	{2} <b>11.03mw</b>	36-2¼ (2.8)	<b>4/20</b>
9		Nicole PLAYER	JR #9 Pomona-Pitzer	{2} <b>10.90m</b>	35-9¼ (-0.4)	4/13
9		Elisabeth JENSEN	SR #1 George Fox	<b>10.90m</b>	35-9¼ (0.2)	<b>4/20</b>

## Women's Shot Put

1	<b>12</b>	Renee TIUMALU	SR #2 Whitworth	<b>13.60m</b>	44-7½	<b>4/20</b>
2	<b>26</b>	Georjina SOLIAI	JR #10 Pacific Lutheran	<b>13.18m</b>	43-3	4/13
3	<b>48</b>	Timony SHERRY	SR #7 Redlands (Calif.)	<b>12.76m</b>	41-10½	3/15
4	<b>51</b>	Ellena CORWIN	SR #1 George Fox	<b>12.70m</b>	41-8	<b>4/20</b>
5	<b>59</b>	Amblessed OKEMGBO	SO #2 Whitworth	{2} <b>12.60m</b>	41-4¼	3/22
6	<b>61</b>	Kendra HUMPHRIES	FR #3 McMurry	<b>12.58m</b>	41-3¾	3/16
7	<b>69</b>	Teuila ILALIO	FR #10 Pacific Lutheran	{2} <b>12.42m</b>	40-9	<b>4/20</b>
8	<b>74</b>	Elizabeth JORDAN	JR #3 McMurry	{2} <b>12.37m</b>	40-7	3/23
9	<b>81</b>	Deserae CHARLES	FR #17 Texas Lutheran	<b>12.31m</b>	40-4¾	4/13
10	<b>86</b>	Izzy BOYD	FR #2 Whitworth	{3} <b>12.26m</b>	40-2¾	3/16



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



West

as of 4/23/2024 8:30:58 AM ET

## Women's Discus

1	<b>5</b>	Amblessed OKEMGBO	SO	<b>#2</b> Whitworth	<b>46.61m</b>	152-11	<b>4/20</b>
2	<b>42</b>	Kailee WALKER	SR	<b>#1</b> George Fox	<b>41.78m</b>	137-1	<b>4/20</b>
3	<b>48</b>	Graycee MOSLEY	SO	<b>#22</b> East Texas Bapti	<b>41.52m</b>	136-3	4/13
4	<b>49</b>	Noelle CHAVEZ	SR	<b>#7</b> Redlands (Calif.)	<b>41.50m</b>	136-2	3/2
5	<b>53</b>	Katelyn SEWELL	FR	<b>#4</b> Claremont-Mudc	<b>41.30m</b>	135-6	4/13
6	<b>54</b>	Tori COLMAN	FR	<b>#3</b> McMurry	<b>41.21m</b>	135-3	4/6
7	<b>75</b>	Alicia-Ellalynn SOLIAI	FR	<b>#10</b> Pacific Lutheran	<b>39.85m</b>	130-9	<b>4/20</b>
8	<b>82</b>	Kendra HUMPHRIES	FR	<b>#3</b> McMurry	<b>{2}39.42m</b>	129-4	3/16
9	<b>86</b>	Eva WIRTH	JR	<b>#10</b> Pacific Lutheran	<b>{2}39.38m</b>	129-3	<b>4/20</b>
10	<b>89</b>	Piper MCCOY HARMON	SO	<b>#14</b> Lewis & Clark	<b>39.20m</b>	128-8	<b>4/20</b>

## Women's Hammer

1	<b>45</b>	Elizabeth CUNNINGHAM	JR	<b>#3</b> McMurry	<b>48.72m</b>	159-10	4/13
2	<b>50</b>	Tenley GRANT	JR	<b>#15</b> Willamette	<b>48.37m</b>	158-9	4/6
3	<b>51</b>	Elizabeth RYAN	JR	<b>#3</b> McMurry	<b>{2}48.24m</b>	158-3	4/6
4	<b>59</b>	Antonia HEKSTER	JR	<b>#4</b> Claremont-Mudc	<b>47.65m</b>	156-4	2/17
5	<b>68</b>	Eva WIRTH	JR	<b>#10</b> Pacific Lutheran	<b>47.13m</b>	154-8	<b>4/20</b>
6	<b>84</b>	Leslie SERNAQUE FALCON	SR	<b>#7</b> Redlands (Calif.)	<b>46.29m</b>	151-11	3/15
7	<b>87</b>	Kaitlyn JOHNSON	SR	<b>#1</b> George Fox	<b>46.19m</b>	151-7	3/9
8	<b>96</b>	Jaelene CHAVEZ	SR	<b>#1</b> George Fox	<b>{2}45.69m</b>	149-11	4/6
9		Julissa RODRIGUEZ	JR	<b>#17</b> Texas Lutheran	<b>45.45m</b>	149-2	3/23
10		Megan ROBERTSON	SR	<b>#25</b> Caltech	<b>43.82m</b>	143-9	2/24

## Women's Javelin

1	<b>2</b>	Chrissy STRICKLAND	SR	<b>#1</b> George Fox	<b>45.23m</b>	148-5	<b>4/20</b>
2	<b>5</b>	Devyn CHELIN	FR	<b>#2</b> Whitworth	<b>42.65m</b>	139-11	<b>4/20</b>
3	<b>8</b>	Ellena CORWIN	SR	<b>#1</b> George Fox	<b>{2}41.85m</b>	137-4	<b>4/20</b>
4	<b>14</b>	Neelie SCHIEL	SO	<b>#22</b> East Texas Bapti	<b>40.78m</b>	133-10	3/3
5	<b>19</b>	Katy COOK	SO	<b>#10</b> Pacific Lutheran	<b>40.02m</b>	131-4	<b>4/20</b>
6	<b>25</b>	Kaiona APIO	SR	<b>#15</b> Willamette	<b>39.29m</b>	128-11	3/21
7	<b>45</b>	Natalie ELLIS	FR	<b>#2</b> Whitworth	<b>{2}38.24m</b>	125-6	<b>4/20</b>
8	<b>64</b>	Logan SPENCER	JR	<b>#2</b> Whitworth	<b>{3}37.34m</b>	122-6	<b>4/20</b>
9	<b>66</b>	Mattison STAYROOK	SO	Concordia Texas	<b>37.33m</b>	122-6	3/23
10	<b>69</b>	Kendra HUMPHRIES	FR	<b>#3</b> McMurry	<b>37.07m</b>	121-8	3/3

## Women's Heptathlon

1	<b>12</b>	Eleanor BACHMEIER	SR	<b>#7</b> Redlands (Calif.)	<b>4,521</b>	4/5
2	<b>14</b>	Kira HAWAABOO	FR	<b>#13</b> Linfield	<b>4,495</b>	4/9
3	<b>18</b>	Breeauna O'REAR	SR	<b>#1</b> George Fox	<b>4,381</b>	4/9
4	<b>19</b>	Breanne RAWLS	JR	<b>#2</b> Whitworth	<b>4,379</b>	3/22
5	<b>26</b>	Elisabeth JENSEN	SR	<b>#1</b> George Fox	<b>{2}4,257</b>	4/9
6	<b>34</b>	Elisabeth EICHINGER	SO	<b>#7</b> Redlands (Calif.)	<b>{2}4,158</b>	4/5
7	<b>38</b>	Victoria WILSON	SO	<b>#23</b> LeTourneau	<b>4,140</b>	4/13
8	<b>44</b>	Emily BROWN	FR	<b>#2</b> Whitworth	<b>{2}3,934</b>	3/22
9	<b>59</b>	Jenna HUNTSMAN	SO	<b>#1</b> George Fox	<b>{3}3,704</b>	4/9
10	<b>67</b>	Courtney TIERNAN	SO	<b>#8</b> Pacific (Ore.)	<b>3,546</b>	3/25