



Conference TFRI Event Summary



AEC

as of 4/30/2024 1:55:37 PM ET

Women's 100 Meters

1	Destiny NOEL	JR	#1 Marymount (Va.)	12.69	(1.2)	4/14
2	Jayla GROSS	FR	#5 Immaculata	13.15w	(2.1)	3/23
3	Abby MEGOTZ	FR	#2 Marywood	13.36w	(2.7)	4/20
4	Aniyah HOLMES	FR	#3 Neumann	13.42	(-0.1)	4/20
5	Kozette QUINN	FR	#3 Neumann	{2} 13.47w	(3.4)	4/13
6	Jenna CLARENCY	JR	#4 Gwynedd Mercy	13.74w	(2.1)	3/23
7	Emerson ABER	FR	#1 Marymount (Va.) {2}	13.80w	(2.7)	3/23
8	Ariana GRANT	SO	#1 Marymount (Va.) {3}	14.02w	(3.2)	3/23
9	Sahdahya ADDY	SO	#3 Neumann	{3} 14.11	(0.5)	4/13
10	Dana FREIMANE	FR	#1 Marymount (Va.) {4}	14.23w	(3.2)	3/23

Women's 100 Meter Hurdles

1	53 Deziree CONKLIN	JR	#1 Marymount (Va.)	14.88	(1.2)	4/14
2	Brooke HAMER	SO	#1 Marymount (Va.) {2}	16.48	(-1.2)	3/16
3	Ariana GRANT	SO	#1 Marymount (Va.) {3}	18.29	(1.0)	3/9
4	Natalie O'NEILL	JR	#4 Gwynedd Mercy	18.46	(-0.5)	4/20
5	Emma WAGNER	JR	#2 Marywood	19.14	(0.1)	4/20
6	Dana FREIMANE	FR	#1 Marymount (Va.) {4}	20.13	(-0.9)	4/6
7	Emily KIPERS	SR	#5 Immaculata	22.01	(-0.5)	4/20
8	Camryn OLIVER	JR	#5 Immaculata	{2} 22.13	(1.0)	4/20

Women's 200 Meters

1	Abby MEGOTZ	FR	#2 Marywood	26.81w	(3.9)	4/20
2	Jayla GROSS	FR	#5 Immaculata	27.13	(0.2)	4/6
3	Kozette QUINN	FR	#3 Neumann	27.59	(-1.3)	4/20
4	Deziree CONKLIN	JR	#1 Marymount (Va.)	27.62w	(2.6)	3/23
5	Aniyah HOLMES	FR	#3 Neumann	{2} 27.64	(-0.7)	3/30
6	Destiny NOEL	JR	#1 Marymount (Va.) {2}	27.76	(0.3)	4/6
7	Brooke HAMER	SO	#1 Marymount (Va.) {3}	27.91	(0.1)	3/16
8	Kimberly ALVAREZ	SO	#5 Immaculata	{2} 28.45	(0.6)	4/20
9	Ella MORRISON	SO	#1 Marymount (Va.) {4}	28.71	(-0.2)	4/6
10	Emerson ABER	FR	#1 Marymount (Va.) {5}	28.95w	(3.4)	3/23

Women's 400 Meters

1	Ilana DAWKINS	SO	#1 Marymount (Va.)	1:00.39		4/21
2	Chandler EDDLETON	JR	#1 Marymount (Va.) {2}	1:01.30		4/21
3	Mary STEINBICKER	SO	#5 Immaculata	1:01.33		4/26
4	Jayla GROSS	FR	#5 Immaculata	{2} 1:01.56		4/26
5	Courtney HUMPHREYS	SR	#3 Neumann	1:02.40		4/27
6	Deziree CONKLIN	JR	#1 Marymount (Va.) {3}	1:02.51		3/23
7	Abby MEGOTZ	FR	#2 Marywood	1:03.00		3/30
8	Natalie O'NEILL	JR	#4 Gwynedd Mercy	1:04.10		4/27
9	Kozette QUINN	FR	#3 Neumann	{2} 1:04.32		3/30
10	Aniyah HOLMES	FR	#3 Neumann	{3} 1:05.23		3/30

Women's 400 Meter Hurdles

1	58 Deziree CONKLIN	JR	#1 Marymount (Va.)	1:05.29		4/14
2	Natalie O'NEILL	JR	#4 Gwynedd Mercy	1:14.16		4/6
3	Hayley GAINES	SR	#2 Marywood	1:15.45		4/20
4	Aniyah HOLMES	FR	#3 Neumann	1:16.19		4/27
5	Ariana GRANT	SO	#1 Marymount (Va.) {2}	1:16.46		4/21
6	Brooke HAMER	SO	#1 Marymount (Va.) {3}	1:17.75		3/23
7	Jocelyn DAMES	SO	#2 Marywood	{2} 1:19.40		4/20
8	Kyleigh JONIEC	SO	#3 Neumann	{2} 1:21.54		4/27
9	Milana STRAUB	JR	#2 Marywood	{3} 1:25.20		4/5
10	Gabrielle SNEE	JR	#2 Marywood	{4} 1:37.94		4/5

Women's 800 Meters

1	Courtney HUMPHREYS	SR	#3 Neumann	2:20.79		4/13
2	Mary STEINBICKER	SO	#5 Immaculata	2:25.96		4/20
3	Hayley GAINES	SR	#2 Marywood	2:28.50		3/30
4	Jocelyn DAMES	SO	#2 Marywood	{2} 2:32.18		4/27
5	Mikayla STEPHENS	FR	#1 Marymount (Va.)	2:34.38		4/6
6	Abby HUGHES	FR	#1 Marymount (Va.) {2}	2:36.93		4/6
7	Marissa MARTIN	FR	#2 Marywood	{3} 2:38.28		3/30
8	Milana STRAUB	JR	#2 Marywood	{4} 2:38.89		4/27
9	Maddie GENTILE	SR	#2 Marywood	{5} 2:40.23		3/30
10	Paola MATIAS	FR	#1 Marymount (Va.) {3}	2:41.05		4/6

Women's 1500 Meters

1	Courtney HUMPHREYS	SR	#3 Neumann	4:53.10		4/27
2	Avery FINNEGAN	SO	#1 Marymount (Va.)	5:05.07		3/23
3	Brier AMERLINCK	FR	#1 Marymount (Va.) {2}	5:05.45		3/23
4	Milana STRAUB	JR	#2 Marywood	5:07.70		4/27
5	Maddie GENTILE	SR	#2 Marywood	{2} 5:19.44		4/27
6	Mikayla STEPHENS	FR	#1 Marymount (Va.) {3}	5:20.92		4/6
7	Abby HUGHES	FR	#1 Marymount (Va.) {4}	5:30.06		3/23
8	Paola MATIAS	FR	#1 Marymount (Va.) {5}	5:33.06		3/23
9	Gabrielle SNEE	JR	#2 Marywood	{3} 5:42.95		4/12
10	Kaitlyn NEWBERRY	SO	#2 Marywood	{4} 5:54.91		4/12

Women's Steeplechase

1	Milana STRAUB	JR	#2 Marywood	12:05.30		4/5
2	Mikayla STEPHENS	FR	#1 Marymount (Va.)	13:01.72		3/23
3	Gabrielle SNEE	JR	#2 Marywood	{2} 14:03.50		4/27
4	Madeleine PARE	SO	#1 Marymount (Va.) {2}	14:50.76		4/21

Women's 5000 Meters

1	Milana STRAUB	JR	#2 Marywood	18:40.37		3/30
2	Avery FINNEGAN	SO	#1 Marymount (Va.)	19:01.30		4/6
3	Brier AMERLINCK	FR	#1 Marymount (Va.) {2}	19:05.38		4/6
4	Maddie GENTILE	SR	#2 Marywood	{2} 20:38.75		4/5
5	Kaitlyn NEWBERRY	SO	#2 Marywood	{3} 20:40.34		3/30
6	Gabrielle SNEE	JR	#2 Marywood	{4} 21:11.80		3/30
7	Mikayla STEPHENS	FR	#1 Marymount (Va.) {3}	21:17.14		3/9
8	Zoe BADNER	SO	#2 Marywood	{5} 22:45.00		3/30
9	Gabrielle WEIRSKY	SO	#1 Marymount (Va.) {4}	22:59.50		3/16
10	Keely GREENE	SR	#4 Gwynedd Mercy	23:40.67		4/13



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Women's 10,000 Meters

1	Milana STRAUB	JR	#2 Marywood	39:24.05	4/14
2	Brier AMERLINCK	FR	#1 Marymount (Va.)	40:02.96	3/16
3	Avery FINNEGAN	SO	#1 Marymount (Va.) {2}	40:12.46	4/27
4	Kaitlyn NEWBERRY	SO	#2 Marywood {2}	47:41.07	4/5
5	Keely GREENE	SR	#4 Gwynedd Mercy	47:41.90	4/20
6	Zoe BADNER	SO	#2 Marywood {3}	48:50.40	4/5

Women's 4x100 Relay

1	Destiny Noel, Deziree Conklin, Ella Morrison, Brooke Hamer	#1 Marymount (Va.)	49.91	4/21
2	Aniyah Holmes, Kozette Quinn, Djeneba Konake, Sahdahya Addy	#3 Neumann	52.50	4/27
3	#Type!	#5 Immaculata	54.09	4/20
4	Jocelyn Dames, Hayley Gaines, Abby Megotz, Emma Wagner	#2 Marywood	54.78	4/20
5	#Type!	#4 Gwynedd Mercy	57.90	4/20

Women's 4x400 Relay

1	Courtney Humphreys, Aniyah Holmes, Kozette Quinn, Sahdahya Addy	#3 Neumann	4:22.09	4/13
2	Kimberly Alvarez, Jayla Gross, Olivia Morris, Mary Steinbicker	#5 Immaculata	4:28.33	4/13
3	Hayley Gaines, Jocelyn Dames, Marissa Martin, Abby Megotz	#2 Marywood	4:30.90	4/5
4	Deziree Conklin, Ariana Grant, Mikayla Stephens, Abby Hughes	#1 Marymount (Va.)	4:31.60	4/21
5	#Type!	#4 Gwynedd Mercy	4:46.24	4/20

Women's High Jump

1	Ella MORRISON	SO	#1 Marymount (Va.)	1.43m	4-8¼	3/16
2	Dana FREIMANE	FR	#1 Marymount (Va.) {2}	1.38m	4-6¼	3/16
3	Natalie O'NEILL	JR	#4 Gwynedd Mercy	1.32m	4-4	4/27
4	Brigid MCCLUSKEY	FR	#4 Gwynedd Mercy {2}	1.17m	3-10	4/6

Women's Pole Vault

1	Ariana GRANT	SO	#1 Marymount (Va.)	2.99m	9-9¾	3/23
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Women's Long Jump

1	Deziree CONKLIN	JR	#1 Marymount (Va.)	5.12m	16-9¾ (1.7)	4/14
2	Sahdahya ADDY	SO	#3 Neumann	5.09m	16-8½ (0.8)	4/27
3	Ella MORRISON	SO	#1 Marymount (Va.) {2}	4.93m	16-2¼ (-1.5)	4/21
4	Dana FREIMANE	FR	#1 Marymount (Va.) {3}	4.64m	15-2¾ (1.6)	4/6
5	Natalie O'NEILL	JR	#4 Gwynedd Mercy	4.46m	14-7¾ (0.0)	4/20
6	Daelyn KARBOSKI	JR	#2 Marywood	4.35m	14-3¼ (0.5)	4/5
7	Emma WAGNER	JR	#2 Marywood {2}	4.32m	14-2¼ (2.0)	4/5
7	Ariana GRANT	SO	#1 Marymount (Va.) {4}	4.32mw	14-2¼ (2.6)	3/9
9	Marissa MARTIN	FR	#2 Marywood {3}	4.13m	13-6¾ (0.3)	4/27
10	Kelsey MCFARLAND	FR	#4 Gwynedd Mercy {2}	3.85m	12-7¾ (0.0)	4/20

Women's Triple Jump

1	Marissa MARTIN	FR	#2 Marywood	9.85m	32-3¾ (0.0)	4/12
2	Daelyn KARBOSKI	JR	#2 Marywood {2}	8.68m	28-5¾ (0.6)	3/30

Women's Shot Put

1	Isabella RIVERA	FR	#1 Marymount (Va.)	9.82m	32-2¾	4/21
2	Allison SIRAVO	SO	#3 Neumann	9.43m	30-11¼	4/20
3	Lucia ANAWALT	SO	#2 Marywood	8.45m	27-8¾	4/20
4	Sydney WILSON	SO	#3 Neumann {2}	8.16m	26-9¼	4/20
5	Meghan LOSTRACCO	SR	#4 Gwynedd Mercy	7.73m	25-4½	4/20
6	Alexandra PAPADOPOULOS	FR	#4 Gwynedd Mercy {2}	7.34m	24-1	4/13
7	Paige STRYSHAK	SO	#2 Marywood {2}	7.26m	23-10	4/20

Women's Discus

1	Isabella RIVERA	FR	#1 Marymount (Va.)	30.60m	100-5	4/21
2	Lucia ANAWALT	SO	#2 Marywood	25.98m	85-3	4/20
3	Allison SIRAVO	SO	#3 Neumann	24.61m	80-9	4/6
4	Paige STRYSHAK	SO	#2 Marywood {2}	23.80m	78-1	4/20
5	Meghan LOSTRACCO	SR	#4 Gwynedd Mercy	21.34m	70-¼	4/27
6	Breanna HARE	SO	#4 Gwynedd Mercy {2}	21.18m	69-6	3/23
7	Sydney WILSON	SO	#3 Neumann {2}	20.95m	68-8¾	3/30
8	Ella MORRISON	SO	#1 Marymount (Va.) {2}	19.84m	65-1¼	4/21
9	Maddie STANCIL	JR	#4 Gwynedd Mercy {3}	16.54m	54-3¼	4/27
10	Alexandra PAPADOPOULOS	FR	#4 Gwynedd Mercy {4}	15.73m	51-7¼	3/23

Women's Hammer

1	Meghan LOSTRACCO	SR	#4 Gwynedd Mercy	34.21m	112-3	4/20
2	Isabella RIVERA	FR	#1 Marymount (Va.)	32.00m	105-0	4/21
3	Ariana GRANT	SO	#1 Marymount (Va.) {2}	27.91m	91-7	4/21
4	Allison SIRAVO	SO	#3 Neumann	27.90m	91-6½	4/6
5	Marisa ROSCETTI	FR	#1 Marymount (Va.) {3}	26.22m	86-¼	4/21
6	Breanna HARE	SO	#4 Gwynedd Mercy {2}	24.07m	78-11¾	4/6
7	Sydney WILSON	SO	#3 Neumann {2}	22.85m	74-11¾	4/6
8	Alexandra PAPADOPOULOS	FR	#4 Gwynedd Mercy {3}	18.03m	59-2	4/27



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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Women's Javelin

1	Maggie FRIEND	FR	#5	Immaculata	30.46m	99-11¼	4/6
2	Kyleigh JONIEC	SO	#3	Neumann	28.45m	93-4¼	4/6
3	Emily ETTIEN	SR	#5	Immaculata	{2} 26.73m	87-8½	4/6
4	Ariana GRANT	SO	#1	Marymount (Va.)	25.43m	83-5¼	4/6
5	Isabella RIVERA	FR	#1	Marymount (Va.)	{2} 25.41m	83-4½	4/6
6	Ella MORRISON	SO	#1	Marymount (Va.)	{3} 24.33m	79-10	4/6
7	Maddie STANCIL	JR	#4	Gwynedd Mercy	23.82m	78-1¾	4/13
8	Sydney WILSON	SO	#3	Neumann	{2} 23.75m	77-11	4/13
9	Emerson ABER	FR	#1	Marymount (Va.)	{4} 22.61m	74-2¼	4/6
10	Abby HUGHES	FR	#1	Marymount (Va.)	{5} 21.82m	71-7¼	4/6



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American Rivers

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Women's 100 Meters

1	20	Emma SEIPEL	JR	#3 Loras	11.98c	(11.95A) (1.7)	4/6
2	48	Harmony CREASY	JR	#3 Loras	{2} 12.19c	(12.16A) (1.7)	4/6
3	57	Lina NEWLAND	SO	#1 Wartburg	12.22	(1.7)	4/13
4	86	Kelly KOHLHOF	SR	#3 Loras	{3} 12.32	(1.7)	4/26
5	88	Emily MCMARTIN	SO	#2 Central (Iowa)	12.33w	(3.3)	4/20
6		JoJo TYNISMAL	SO	#1 Wartburg	{2} 12.41w	(2.4)	3/29
7		Madison HAYS	SO	#6 Simpson (Iowa)	12.57	(1.1)	4/26
7		Breanne GEARY	SR	#4 Nebraska Wesleyan	12.57w	(2.1)	4/12
9		Keira ALLISS	SO	#5 Dubuque	12.58	(1.2)	4/13
10		Ava PARKINS	FR	#2 Central (Iowa)	{2} 12.60w	(3.3)	4/20

Women's 100 Meter Hurdles

1	8	JoJo TYNISMAL	SO	#1 Wartburg	14.11w	(2.3)	4/13
2	43	Grace BRADEN	FR	#1 Wartburg	{2} 14.83w	(2.3)	4/13
3	62	Olivia BOHLEN	SO	#2 Central (Iowa)	14.97w	(2.2)	4/12
4	75	Audrey ARNOLD	JR	#6 Simpson (Iowa)	15.11w	(2.4)	4/6
5	76	Grace ALLEY	SR	#3 Loras	15.14	(0.3)	4/13
6		Sophia STAHL	FR	#1 Wartburg	{3} 15.52w	(2.3)	4/13
6		Maddax DEVAULT	SO	#6 Simpson (Iowa)	{2} 15.52	(1.1)	4/20
8		Keeley HOURIGAN	JR	#4 Nebraska Wesleyan	15.69	(0.6)	4/12
9		Annika ELCO	SO	#8 Luther	15.75w	(3.0)	4/20
10		Caitlin BENESH	FR	#1 Wartburg	{4} 15.89w	(2.3)	4/13

Women's 200 Meters

1	31	JoJo TYNISMAL	SO	#1 Wartburg	24.86	(1.1)	4/13
2	61	Harmony CREASY	JR	#3 Loras	25.14w	(2.1)	4/20
3	66	Emma SEIPEL	JR	#3 Loras	{2} 25.16	(-0.2)	4/13
4	84	Emily MCMARTIN	SO	#2 Central (Iowa)	25.29w	(3.2)	4/6
5	86	Grace ALLEY	SR	#3 Loras	{3} 25.30c	(25.23A) (1.7)	4/6
6	90	Lina NEWLAND	SO	#1 Wartburg	{2} 25.31w	(3.4)	4/13
7		Abbi ROERDINK	SR	#2 Central (Iowa)	{2} 25.47w	(3.2)	4/6
8		Gianna BORZILERI	JR	#5 Dubuque	25.69cw	(26.09) (2.9)	4/25
9		Sophia STAHL	FR	#1 Wartburg	{3} 25.73w	(3.2)	4/6
10		Kiarra FENNELL	FR	#4 Nebraska Wesleyan	25.91	(1.1)	4/12

Women's 400 Meters

1	3	Isabella HOGUE	SR	#4 Nebraska Wesleyan	55.21		4/12
2	10	Abbi ROERDINK	SR	#2 Central (Iowa)	55.93		4/12
3	59	Alyssa PFADENHAUER	SR	#3 Loras	57.73c	(57.62A)	4/6
4	75	Lina NEWLAND	SO	#1 Wartburg	58.04		4/24
5	84	Sophia STAHL	FR	#1 Wartburg	{2} 58.19		4/24
6		Kiarra FENNELL	FR	#4 Nebraska Wesleyan	{2} 59.23		4/19
7		Rachel NAGEL	SR	#1 Wartburg	{3} 59.29		4/6
8		Gianna BORZILERI	JR	#5 Dubuque	59.44		4/26
9		Breanne GEARY	SR	#4 Nebraska Wesleyan	{3} 59.76		4/19
10		Lizzy VAN UTRECHT	FR	#2 Central (Iowa)	{2} 59.89		4/12

Women's 400 Meter Hurdles

1	5	JoJo TYNISMAL	SO	#1 Wartburg	1:01.93		4/6
2	24	Madison HAYS	SO	#6 Simpson (Iowa)	1:03.59		4/12
3	46	Abby GRUVER	SR	#2 Central (Iowa)	1:04.91		4/12
4	78	Maddax DEVAULT	SO	#6 Simpson (Iowa)	{2} 1:05.97		3/28
5	82	Sophia STAHL	FR	#1 Wartburg	{2} 1:06.19		3/29
6		Bethany SCHUHMACHER	FR	#4 Nebraska Wesleyan	1:07.64		4/12
7		Katelyn PFALTZGRAFF	JR	#5 Dubuque	1:08.57		4/25
8		Alyssa MAYHEW	JR	#2 Central (Iowa)	{2} 1:10.24		4/20
9		Grace BRADEN	FR	#1 Wartburg	{3} 1:10.32		4/24
10		Allison KETTMANN	SO	#1 Wartburg	{4} 1:10.52		4/24

Women's 800 Meters

1	26	Peyton STEFFEN	SO	#2 Central (Iowa)	2:12.52		4/13
2	40	Haley MEYER	SO	#1 Wartburg	2:14.56		3/23
3	77	Frankie CHAIDEZ	JR	#3 Loras	2:16.61		4/13
4		Alyssa MAYHEW	JR	#2 Central (Iowa)	{2} 2:18.63		4/12
5		Erin PHELAN	SR	#1 Wartburg	{2} 2:19.23		4/26
6		Ella JOHNSON	FR	#1 Wartburg	{3} 2:19.93		4/6
7		Alyssa PFADENHAUER	SR	#3 Loras	{2} 2:20.04		4/13
7		Delaney VACEK	SO	#4 Nebraska Wesleyan	2:20.04		4/12
9		Ava CARDER	SO	#6 Simpson (Iowa)	2:21.35		4/12
10		Grace ALLEY	SR	#3 Loras	{3} 2:21.42c	(2:21.90A)	4/6

Women's 1500 Meters

1	12	Lexi BROWN	SR	#1 Wartburg	4:31.03		4/20
2	13	Megan JOHNSON	JR	#2 Central (Iowa)	4:31.06		4/13
3	17	Caroline MCMARTIN	SR	#2 Central (Iowa)	{2} 4:31.63		4/13
4	21	Peyton STEFFEN	SO	#2 Central (Iowa)	{3} 4:32.29		4/27
5	35	Aubrie FISHER	SR	#1 Wartburg	{2} 4:35.49		4/6
6	68	Ellie MEYER	JR	#1 Wartburg	{3} 4:40.32		4/6
7		Addy PARROTT	JR	#2 Central (Iowa)	{4} 4:42.48		4/13
8		Becca DIDDIA	JR	#3 Loras	4:42.73		4/20
9		Frankie CHAIDEZ	JR	#3 Loras	{2} 4:42.92		4/20
10		Lara KALLEM	JR	#6 Simpson (Iowa)	4:43.72		4/26

Women's Steeplechase

1	2	Megan JOHNSON	JR	#2 Central (Iowa)	10:19.79		4/13
2	3	Caroline MCMARTIN	SR	#2 Central (Iowa)	{2} 10:21.45		4/27
3	4	Aubrie FISHER	SR	#1 Wartburg	10:24.28		3/29
4	6	Ellie MEYER	JR	#1 Wartburg	{2} 10:33.30		3/29
5	14	Addy PARROTT	JR	#2 Central (Iowa)	{3} 10:49.07		4/13
6		Lily PETERSON	SO	#1 Wartburg	{3} 11:42.88		3/29
7		Maddie PRIER	SO	#1 Wartburg	{4} 11:44.12		3/29
8		Ashley BLOOMQUIST	SR	#1 Wartburg	{5} 11:44.75		3/29
9		Emily ERHARDT	JR	#6 Simpson (Iowa)	11:45.84		4/12
10		Leah BONTRAGER	SO	#2 Central (Iowa)	{4} 11:53.96		4/26



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Women's 5000 Meters

1	3	Aubrie FISHER	SR	#1 Wartburg	16:28.70	4/13
2	4	Caroline MCMARTIN	SR	#2 Central (Iowa)	16:29.11	3/29
3	5	Shaelyn HOSTAGER	JR	#1 Wartburg {2}	16:32.19	4/13
4	10	Lexi BROWN	SR	#1 Wartburg {3}	16:34.95	4/27
5	12	Megan JOHNSON	JR	#2 Central (Iowa) {2}	16:35.93	4/27
6	26	Lara KALLEM	JR	#6 Simpson (Iowa)	16:57.88	4/13
7	31	Ellie MEYER	JR	#1 Wartburg {4}	16:59.90	4/13
8	34	Teghan BOOTH	JR	#6 Simpson (Iowa) {2}	17:03.18	4/13
9	65	Peyton STEFFEN	SO	#2 Central (Iowa) {3}	17:26.24	3/29
10	94	Becca DIDDIA	JR	#3 Loras	17:39.37	4/13

Women's 10,000 Meters

1	4	Shaelyn HOSTAGER	JR	#1 Wartburg	34:21.21	4/27
2	6	Megan JOHNSON	JR	#2 Central (Iowa)	35:00.33	3/29
3	10	Lara KALLEM	JR	#6 Simpson (Iowa)	35:10.24	4/20
4	14	Teghan BOOTH	JR	#6 Simpson (Iowa) {2}	35:23.22	4/20
5	56	Kelly GIARDINA	SO	#1 Wartburg {2}	36:50.09	4/20
6	69	Kira HOOPER	JR	#2 Central (Iowa) {2}	37:16.35	4/20
7		Karle KRAMER	SO	#1 Wartburg {3}	38:57.02	4/20
8		Claire KALLHOFF	SR	#4 Nebraska Wesley	39:43.24	4/20
9		Morgan ENGEL	FR	#1 Wartburg {4}	40:09.29	4/20
10		Crystal BURKE	SR	#9 Coe	40:44.06	3/29

Women's 4x100 Relay

1	4	Harmony Creasy, Grace Alley, Meghan McDonald, Emma Seipel	#3 Loras	46.50	4/27
2	22	Keeley Hourigan, Raegan Levi, Breanne Geary, Natalie Cummins	#4 Nebraska Wesley	47.80	4/5
3	24	#Type!	#1 Wartburg	47.87	4/13
4	42	Mary Gustason, Abbi Roerdink, Emily McMartin, Ava Parkins	#2 Central (Iowa)	48.26	3/28
5	61	Keira Alliss, Gianna Borzileri, Riley Finn, Grace Kahon	#5 Dubuque	48.88	4/6
6		Audrey Arnold, Madison Hays, Maddax DeVault, Bianca Clemons	#6 Simpson (Iowa)	49.81	4/12
7		Lily Chen, Annika Elco, Amara Marks, Grace Davidson	#8 Luther	51.16	4/13
8		Hannah Olson, Puritie Smith, Lanah Collins, Britni Blackburn	#7 Buena Vista	53.09	4/27
9		#Type!	#9 Coe	53.62	4/6

Women's 4x400 Relay

1	4	Harmony Creasy, Grace Alley, Layla Hughes, Alyssa Pfadenhauer	#3 Loras	3:48.40	4/27
2	6	Sophia Stahle, Rachel Nagel, Haley Meyer, Lina Newland	#1 Wartburg	3:49.43	4/27
3	10	Lizzy Van Utrecht, Ava Parkins, Emily McMartin, Abbi Roerdink	#2 Central (Iowa)	3:51.51	4/27
4	18	Breanne Geary, Isabella Hilger, Kierra Fennell, Natalie Cummins	#4 Nebraska Wesley	3:53.39	4/27
5	84	Ava Carder, Maddax DeVault, Audrey Arnold, Madison Hays	#6 Simpson (Iowa)	4:05.88	4/12
6		Katelyn Pfaltzgraff, Delisha Davis, Alexia Pecora, Kiana Vogel	#5 Dubuque	4:15.10	4/13
7		Lanah Collins, Hannah Olson, Karley Ruiz- Genovese, Megan Bakke	#7 Buena Vista	4:21.04	4/20
8		Alyssa Blankenship, Lily Chen, Sarah Grams, Teah Miller	#8 Luther	4:21.94	4/27

Women's High Jump

1	1	Sara HOSKINS	SR	#3 Loras	1.71m	5-7¼	4/13
2	3	Jaden GATTS	FR	#5 Dubuque	1.70m	5-7	3/28
3	24	Grace ALLEY	SR	#3 Loras {2}	1.66m	5-5¼	4/6
4	39	Julia KLEIN	SO	#3 Loras {3}	1.62m	5-3¾	4/20
5	62	Samantha NIELSEN	SO	#1 Wartburg	1.60m	5-3	4/13
6	84	Deshawna NEAL	FR	#1 Wartburg {2}	1.59m	5-2½	4/20
7		Cadence SINCLAIR	FR	#2 Central (Iowa)	1.55m	5-1	3/28
8		Jazmine WOODE	FR	#1 Wartburg {3}	1.54m	5-½	4/6
8		Alyssa FOWLER	FR	#1 Wartburg {3}	1.54m	5-½	4/20
10		Aaliyah JOHNSON	JR	#6 Simpson (Iowa)	1.53m	5-¼	4/6

Women's Pole Vault

1	87	Samantha HARVELL	JR	#5 Dubuque	3.35m	10-11¾	4/6
2		Amber VROMAN	JR	#2 Central (Iowa)	3.30m	10-9¾	4/12
2		Emily DRUSE	SR	#4 Nebraska Wesley	3.30m	10-9¾	4/5
4		Abby APELAND	FR	#3 Loras	3.26m	10-8¾	4/25
5		Leah HOWARD	SO	#2 Central (Iowa) {2}	3.00m	9-10	4/12
6		Kendra POPPE	FR	#4 Nebraska Wesley {2}	2.93m	9-7¼	4/12
7		Amelia HERBERT	SR	#4 Nebraska Wesley {3}	2.85m	9-4¼	4/5
8		Ella JOHNSON	FR	#1 Wartburg	2.71m	8-10¾	4/20
9		Linnea HEDIN	SO	#8 Luther	2.60m	8-6¼	4/27
10		Lindsey SMITH	JR	#5 Dubuque {2}	2.00m	6-6¾	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



American Rivers

as of 4/30/2024 1:55:38 PM ET

Women's Long Jump

1	1	Emma SEIPEL	JR	#3	Loras	6.11mwA	20-½ (2.3)	4/6
2	8	Harmony CREASY	JR	#3	Loras	{2} 5.81m	19-¾ (2.0)	4/4
3	40	Shaniah JOHNSON	SR	#1	Wartburg	5.56m	18-3 (0.0)	4/13
4	61	Natalie CUMMINS	JR	#4	Nebraska Wesley	5.48mw	17-11¾ (2.8)	4/5
5	73	Olivia BOHLEN	SO	#2	Central (Iowa)	5.44m	17-10¼ (1.4)	4/20
6	92	Breanne GEARY	SR	#4	Nebraska Wesley	{2} 5.36m	17-7 (1.0)	4/12
7		Olivia TOLLARI	SO	#1	Wartburg	{2} 5.33mw	17-6 (2.5)	4/6
8		Jasmyn WILLIAMS	SO	#2	Central (Iowa)	{2} 5.32mw	17-5½ (2.9)	4/26
9		Lina NEWLAND	SO	#1	Wartburg	{3} 5.21m	17-1¼ (0.0)	4/20
10		Julia KLEIN	SO	#3	Loras	{3} 5.10m	16-8¾ (0.0)	4/24
10		Karlee WARNKE	FR	#2	Central (Iowa)	{3} 5.10m	16-8¾ (1.3)	4/26
10		Chloe MOOBERRY	FR	#4	Nebraska Wesley	{3} 5.10mw	16-8¾ (3.1)	4/5

Women's Triple Jump

1	9	Grace ALLEY	JR	#3	Loras	12.17m	39-11¼ (0.0)	4/12
2	18	Harmony CREASY	JR	#3	Loras	{2} 11.96m	39-3 (0.8)	4/12
3	32	Shaniah JOHNSON	SR	#1	Wartburg	11.60m	38-¾ (0.9)	4/13
4	52	Emma SEIPEL	JR	#3	Loras	{3} 11.37m	37-3¾ (1.2)	4/13
5	55	Julia KLEIN	SO	#3	Loras	{4} 11.33m	37-2¼ (1.1)	4/13
6		Sangai DUKULY	JR	#9	Coe	11.05mw	36-3 (2.3)	4/13
7		Madeline BOULANGER	FR	#1	Wartburg	{2} 10.92mw	35-10 (3.2)	3/29
8		Samantha NIELSEN	SO	#1	Wartburg	{3} 10.89mw	35-8¾ (2.5)	4/6
9		Chloe DUNIGAN	SO	#3	Loras	{5} 10.78m	35-4½ (1.1)	4/6
10		Aaliyah JOHNSON	JR	#6	Simpson (Iowa)	10.56mw	34-7¾ (2.7)	4/20

Women's Shot Put

1	4	Kaitlyn WILDER	SR	#5	Dubuque	14.51m	47-7¼	4/27
2	13	Lily MEESTER	SR	#1	Wartburg	13.74m	45-1	4/27
3	40	Nai'lah ANDERS	FR	#5	Dubuque	{2} 12.99m	42-7½	4/13
4	45	Chloe REISER	FR	#5	Dubuque	{3} 12.91m	42-4¼	4/25
5	48	Haley BEMINIO	SR	#1	Wartburg	{2} 12.88m	42-3¼	4/13
5	48	Emmily BERGLUND	FR	#4	Nebraska Wesley	12.88m	42-3¼	3/30
5	48	Kristen REICKS	SR	#1	Wartburg	{2} 12.88m	42-3¼	4/13
8	56	Riley VICE	JR	#3	Loras	12.78m	41-11¼	4/25
9	74	Courtney JOHNSON	JR	#7	Buena Vista	12.50m	41-¼	4/24
10	82	Ja'Dein MADISON	SO	#4	Nebraska Wesley	{2} 12.39m	40-7¾	4/12

Women's Discus

1	6	Nai'lah ANDERS	FR	#5	Dubuque	46.18m	151-6	4/20
2	13	Kaitlyn WILDER	SR	#5	Dubuque	{2} 44.80m	147-0	4/6
3	15	Kaelyn MEANS	FR	#4	Nebraska Wesley	44.34m	145-6	4/19
4	27	Riley VICE	JR	#3	Loras	43.41m	142-5	4/6
5	32	Taylor FLAIG	SR	#3	Loras	{2} 43.01m	141-2	4/6
6	46	Lily MEESTER	SR	#1	Wartburg	41.81m	137-2	4/13
7	49	Anna LUNDAHL	JR	#4	Nebraska Wesley	{2} 41.69m	136-10	4/12
8	55	Ashley GLENNON	SO	#5	Dubuque	{3} 41.48m	136-1	4/6
9	70	Breen DUFFY	SO	#5	Dubuque	{4} 40.60m	133-3	4/6
10	90	Emmily BERGLUND	FR	#4	Nebraska Wesley	{3} 39.67m	130-2	4/19

Women's Hammer

1	3	Emma TRUE	JR	#1	Wartburg	58.58m	192-2	4/6
2	12	Kaitlyn WILDER	SR	#5	Dubuque	53.17m	174-6	4/6
3	22	Ja'Dein MADISON	SO	#4	Nebraska Wesley	52.09m	170-11	4/19
4	25	Anna FRIEDRICHSEN	SR	#7	Buena Vista	51.92m	170-4	4/6
5	26	Taylor FLAIG	SR	#3	Loras	51.65m	169-6	4/25
6	28	Caitlyn COX	SO	#3	Loras	{2} 51.49m	168-11	4/20
7	55	Kaelyn MEANS	FR	#4	Nebraska Wesley	{2} 48.45m	159-0	4/12
8	59	Grace MCCARTAN	SR	#1	Wartburg	{2} 48.21m	158-2	4/6
9	73	Tara JOCHUMSEN	SR	#1	Wartburg	{3} 47.26m	155-1	4/13
10	81	Haley BEMINIO	SR	#1	Wartburg	{4} 46.96m	154-1	4/6

Women's Javelin

1	2	Avery DECKER	SR	#4	Nebraska Wesley	45.37m	148-10	4/27
2	58	Ashley GLENNON	SO	#5	Dubuque	37.97m	124-7	3/28
3	81	Addie THOMAS	JR	#4	Nebraska Wesley	{2} 36.92m	121-2	4/5
4	86	Brooke SHAFER	JR	#1	Wartburg	36.86m	120-11	4/20
5	100	Samantha NIELSEN	SO	#1	Wartburg	{2} 36.09m	118-5	4/20
6		Haley BEMINIO	SR	#1	Wartburg	{3} 35.93m	117-11	4/6
7		Grace ALLEY	SR	#3	Loras	35.15mA	115-4	4/6
8		Aliah CLARKE	JR	#4	Nebraska Wesley	{3} 34.53m	113-4	4/19
9		Courtney JOHNSON	JR	#7	Buena Vista	33.91m	111-3	4/20
10		Aaliyah JOHNSON	JR	#6	Simpson (Iowa)	33.70m	110-7	3/28

Women's Heptathlon

1	1	Grace ALLEY	SR	#3	Loras	5,233c	(5233.00A)	4/6
2	6	Olivia BOHLEN	SO	#2	Central (Iowa)	4,737		4/20
3	81	Karsyn LAMM	JR	#2	Central (Iowa)	{2} 3,515		4/20
4	94	Anna PARROTT	SO	#6	Simpson (Iowa)	3,382		4/20
5		Caitlin BENESH	FR	#1	Wartburg	3,239		4/6
6		Jazmine WOODE	FR	#1	Wartburg	{2} 2,881		4/6
7		Amil-lion DERRICK	JR	#7	Buena Vista	2,497		4/20
8		Sage AUSTIN	FR	#2	Central (Iowa)	{3} 2,213		4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



ASC

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Women's 100 Meters

1	14	Brynn YANEZ	SO	#1 McMurry	11.94	(1.8)	4/27
2	22	Kylah WASHINGTON	FR	#2 Hardin-Simmons	12.00w	(3.9)	4/13
3	53	Madelyn GOLLIHAR	SO	#1 McMurry	{2} 12.21	(1.8)	4/27
4	63	Erin FALLON	FR	#1 McMurry	{3} 12.23	(1.8)	4/27
5		Nakiah TOLBERT	JR	#2 Hardin-Simmons	{2} 12.60c	(12.57A) (1.3)	3/30
6		Rylee WHORTON	FR	#6 Concordia Texas	12.62	(1.8)	4/27
7		Jayla ALDRIDGE	JR	#6 Concordia Texas	{2} 12.70w	(2.8)	4/13
8		Abigail BRAMLETT	SR	#2 Hardin-Simmons	{3} 12.75	(1.8)	4/27
9		Paige THOMAS	FR	#3 UT Dallas	12.79w	(2.8)	4/13
10		Avalon GRIGGS	FR	#2 Hardin-Simmons	{4} 12.84	(1.5)	4/27

Women's 100 Meter Hurdles

1	10	Naj CAMPBELL	JR	#1 McMurry	14.14w	(3.9)	4/27
2		Victoria WILSON	SO	#5 LeTourneau	15.71w	(3.9)	4/27
3		Neelie SCHIEL	SO	#4 East Texas Bapti	15.89	(2.0)	4/13
4		Amayah HARRISON	FR	#3 UT Dallas	16.27w	(3.9)	4/27
5		Ellie MARSH	JR	#5 LeTourneau	{2} 17.02w	(3.9)	4/27
6		Emmalee HORTON	SO	#2 Hardin-Simmons	17.20w	(3.9)	4/27
7		Emma FOYT-GADE	FR	#3 UT Dallas	{2} 17.99	(1.0)	4/27
8		Mattison STAYROOK	SO	#6 Concordia Texas	18.16w	(3.7)	4/13
9		Faith MILLER	FR	#2 Hardin-Simmons	{2} 22.47w	(2.3)	4/27

Women's 200 Meters

1	58	Erin FALLON	FR	#1 McMurry	25.08w	(3.6)	4/27
2	68	Madelyn GOLLIHAR	SO	#1 McMurry	{2} 25.20	(1.7)	3/3
3	72	Brynn YANEZ	SO	#1 McMurry	{3} 25.22	(1.4)	4/6
4	78	Nakiah TOLBERT	JR	#2 Hardin-Simmons	25.26	(2.0)	4/6
5		Kylah WASHINGTON	FR	#2 Hardin-Simmons	{2} 25.41w	(2.2)	4/13
6		Randi BECKHAM	FR	#3 UT Dallas	25.96w	(3.6)	4/27
7		Danielle PENA	SO	#2 Hardin-Simmons	{3} 26.20w	(3.9)	4/13
8		Naj CAMPBELL	JR	#1 McMurry	{4} 26.45	(0.9)	3/23
9		Haily BASS	SO	#5 LeTourneau	26.77w	(3.6)	4/27
10		Abigail BRAMLETT	SR	#2 Hardin-Simmons	{4} 26.95w	(3.6)	4/27

Women's 400 Meters

1	42	Nakiah TOLBERT	JR	#2 Hardin-Simmons	57.35		4/27
2		Haily BASS	SO	#5 LeTourneau	58.82		4/27
3		Randi BECKHAM	FR	#3 UT Dallas	59.19		4/13
4		Jacee DINKINS	JR	#1 McMurry	1:00.34		4/27
5		Danielle PENA	SO	#2 Hardin-Simmons	{2} 1:00.67		4/27
6		Katelyn HERNANDEZ	JR	#1 McMurry	{2} 1:01.63		4/27
7		Aerial RANGEL	FR	#1 McMurry	{3} 1:02.89		4/27
8		Taliana SCHMIDT	FR	#7 Ozarks (Ark.)	1:03.67		3/16
9		Sophie HALE	FR	#2 Hardin-Simmons	{3} 1:03.68		4/27
10		Aparna AMARNEETHI	SO	#3 UT Dallas	{2} 1:04.11		4/27

Women's 400 Meter Hurdles

1	11	Ellie MARSH	JR	#5 LeTourneau	1:02.80		4/27
2	35	Madelyn GOLLIHAR	SO	#1 McMurry	1:04.33		4/13
3		Naj CAMPBELL	JR	#1 McMurry	{2} 1:07.49		4/13
4		Neelie SCHIEL	SO	#4 East Texas Bapti	1:08.37		4/13
5		Jayden COOPER	FR	#3 UT Dallas	1:10.76		3/9
6		Cachelle FLORES	FR	#6 Concordia Texas	1:11.55		4/13
7		Amayah HARRISON	FR	#3 UT Dallas	{2} 1:13.00		4/27
8		Madelyn DELOSSANTOS	FR	#5 LeTourneau	{2} 1:14.72		4/27
9		Faith MILLER	FR	#2 Hardin-Simmons	1:24.61		4/27

Women's 800 Meters

1		Madylin HERRERA	JR	#3 UT Dallas	2:18.36		4/27
2		Ache' ANDERSON	JR	#4 East Texas Bapti	2:20.61		4/27
3		Kylah HOLLAND	SR	#2 Hardin-Simmons	2:20.92		4/13
4		Breonna MCCARTHY-REESE	JR	#1 McMurry	2:22.83		3/3
5		Chloe MCLELLAN	SO	#1 McMurry	{2} 2:23.79		3/23
6		Hope GREENWALD	SO	#5 LeTourneau	2:27.93		4/27
7		Taliana SCHMIDT	FR	#7 Ozarks (Ark.)	2:28.22		4/27
8		Anna DINASO	FR	#1 McMurry	{3} 2:29.11		3/16
9		Becki (Rebecca) JEFFERY	FR	#3 UT Dallas	{2} 2:29.13		4/27
10		Jazmin MENDEZ	JR	#2 Hardin-Simmons	{2} 2:30.83		4/6

Women's 1500 Meters

1		Kylah HOLLAND	SR	#2 Hardin-Simmons	4:43.00		3/3
2		Danna REQUENA	FR	#4 East Texas Bapti	4:51.00		3/23
3		Chloe MCLELLAN	SO	#1 McMurry	4:51.40		4/13
4		Phoebe DUNHAM	SO	#4 East Texas Bapti	{2} 4:52.91		3/23
5		Chloe WEATHERS	SO	#7 Ozarks (Ark.)	4:59.81		4/27
6		Madylin HERRERA	JR	#3 UT Dallas	5:03.96		4/6
7		Savanna DANNER	SO	#1 McMurry	{2} 5:04.60		3/23
8		Hope GREENWALD	SO	#5 LeTourneau	5:08.42		4/13
9		Kayleigh PARK	FR	#4 East Texas Bapti	{3} 5:10.23		4/13
10		Briella ROSE	SO	#5 LeTourneau	{2} 5:13.98		4/5

Women's Steeplechase

1	18	Kylah HOLLAND	SR	#2 Hardin-Simmons	10:52.23		3/30
2	45	Phoebe DUNHAM	SO	#4 East Texas Bapti	11:20.24		4/13
3		Savanna DANNER	SO	#1 McMurry	11:50.64		3/3
4		Jazmin MENDEZ	JR	#2 Hardin-Simmons	{2} 12:36.29		3/3
5		Emily SKRABANEK	FR	#3 UT Dallas	12:45.82		3/16
6		Jasmine HUNTER	FR	#1 McMurry	{2} 13:25.03		4/27
7		Aubrey BATTEN	SR	#1 McMurry	{3} 13:25.27		3/3
8		Ashley RIVERA	FR	#6 Concordia Texas	13:26.82		3/3



Conference TFRI Event Summary



ASC

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Women's 5000 Meters

1	Danna REQUENA	FR	#4 East Texas Bapti	18:23.35	3/16
2	Kylah HOLLAND	SR	#2 Hardin-Simmon:	18:27.39	4/6
3	Phoebe DUNHAM	SO	#4 East Texas Bapti{2}	18:40.97	3/16
4	Briella ROSE	SO	#5 LeTourneau	19:16.29	4/13
5	Chloe MCLELLAN	SO	#1 McMurry	19:24.55	4/13
6	Savanna DANNER	SO	#1 McMurry {2}	19:24.91	3/16
7	Ashley SHEA	JR	#1 McMurry {3}	19:33.31	3/23
8	Anna DINASO	FR	#1 McMurry {4}	19:40.73	3/23
9	Mary KATE MARK	FR	#4 East Texas Bapti{3}	19:41.24	4/6
10	Chloe WEATHERS	SO	#7 Ozarks (Ark.)	20:08.36	3/16

Women's 10,000 Meters

1	Ashley SHEA	JR	#1 McMurry	40:19.38	3/16
2	Mary KATE MARK	FR	#4 East Texas Bapti	42:54.28	4/13
3	Anna DINASO	FR	#1 McMurry {2}	44:00.04	4/27
4	Abby VALDEZ	SO	#3 UT Dallas	44:21.08	4/27
5	Abigail HUFFHINES	FR	#1 McMurry {3}	44:51.70	4/27
6	Jocelyn MORENO	SO	#1 McMurry {4}	45:16.81	4/27
7	Jocelyn HECKENKAMP	SR	#3 UT Dallas {2}	45:22.33	4/27
8	Abby (Abigail) COX	FR	#2 Hardin-Simmon:	45:51.38	3/16
9	Abigail STUBBY-KERN	FR	#1 McMurry {5}	46:58.73	3/16
10	Hope FUENTES	FR	#2 Hardin-Simmon:{2}	47:06.14	4/27

Women's 4x100 Relay

1	23 Madelyn Gollihar, Jada Morris, Erin Fallon, Brynn Yanez	#1 McMurry	47.82	4/27
2	82 Avalon Griggs, Nakiah Tolbert, Danielle Pena, Kylah Washington	#2 Hardin-Simmon:	49.29	4/6
3	Tia Billingsly, Paige Thomas, Nora Daub, Randi Beckham	#3 UT Dallas	49.85	3/9
4	Jayla Aldridge, Cachel Flores, Mattison Stayrook, Rylee Whorton	#6 Concordia Texas	50.60	4/13
5	#Type!	#5 LeTourneau	51.39	4/20
6	Maddie Reid, Neelie Schiel, Addison Simpson, Shakayla Browder	#4 East Texas Bapti	54.22	4/27

Women's 4x400 Relay

1	43 Breonna McCarthy-Reese, Madelyn Gollihar, Katelyn Hernandez, Naj Campbell	#1 McMurry	4:00.11	4/6
2	65 Nakiah Tolbert, Kylah Washington, Sophie Hale, Danielle Pena	#2 Hardin-Simmon:	4:02.54c (4:02.10A)	3/30
3	88 Ellie Marsh, Madelyn DeLosSantos, Victoria Wilson, Haily Bass	#5 LeTourneau	4:06.32	4/27
4	Randi Beckham, Madylin Herrera, Amaiyah Harrison, Aparna Amarneethi	#3 UT Dallas	4:13.74	4/27
5	Mattison Stayrook, Rylee Whorton, Cachel Flores, Ashley Rivera	#6 Concordia Texas	4:24.23	4/27
6	Neelie Schiel, Lillian Stowe, Ache' Anderson, Danna Requena	#4 East Texas Bapti	4:27.62	4/27

Women's High Jump

1	Emmalee HORTON	SO	#2 Hardin-Simmon:	1.57m	5-1¾	3/3
2	Janae GREEN	SO	#2 Hardin-Simmon:{2}	1.55m	5-1	4/6
3	Bethany WOOD	JR	#1 McMurry	1.50m	4-11	4/13
3	Victoria WILSON	SO	#5 LeTourneau	1.50m	4-11	3/2
3	Avalon GRIGGS	FR	#2 Hardin-Simmon:{3}	1.50m	4-11	3/16
6	Lillian STOWE	FR	#4 East Texas Bapti	1.46m	4-9½	4/27
7	Abby GUERRA	FR	#2 Hardin-Simmon:{4}	1.45m	4-9	4/6
8	Tia BILLINGSLY	SO	#3 UT Dallas	1.40m	4-7	4/13
8	Madison ARTHUR	FR	#2 Hardin-Simmon:{5}	1.40m	4-7	4/13
8	Sophie HALE	FR	#2 Hardin-Simmon:{5}	1.40mA	4-7	3/30

Women's Pole Vault

1	8 Brenna STELL	FR	#1 McMurry	3.85m	12-7½	4/13
2	Jacee DINKINS	JR	#1 McMurry {2}	3.30m	10-9¾	4/13
3	Nora DAUB	FR	#3 UT Dallas	2.85m	9-4¼	4/13
4	Haily BASS	SO	#5 LeTourneau	2.74m	8-11¾	3/23
5	Brynn YANEZ	SO	#1 McMurry {3}	2.43m	7-11½	4/27

Women's Long Jump

1	44 Jada MORRIS	JR	#1 McMurry	5.54m	18-2¼ (0.4)	4/25
2	Victoria WILSON	SO	#5 LeTourneau	5.06mw	16-7¼ (2.4)	4/27
3	Meriah GONZALEZ	SO	#1 McMurry {2}	5.03m	16-6 (1.2)	3/3
4	Danielle SAULS	SR	#2 Hardin-Simmon:	4.98mA	16-4¼ (1.5)	3/30
5	Avalon GRIGGS	FR	#2 Hardin-Simmon:{2}	4.93m	16-2¼ (1.5)	4/13
6	Mattison STAYROOK	SO	#6 Concordia Texas	4.74m	15-6¾ (1.0)	4/27
7	Emerald GARCIA	SR	#2 Hardin-Simmon:{3}	4.72m	15-6 (1.6)	4/27
8	Abigail BRAMLETT	SR	#2 Hardin-Simmon:{4}	4.66mw	15-3½ (2.2)	4/13
9	Ashley REATH	FR	#1 McMurry {3}	4.63mw	15-2¼ (2.1)	3/23
10	Aerial RANGEL	FR	#1 McMurry {4}	4.43mw	14-6½ (2.7)	4/13



Conference TFRI Event Summary



ASC

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Women's Triple Jump

1	Meriah GONZALEZ	SO	#1 McMurry	10.51m	34-5¾ (1.1)	3/23
2	Ashley REATH	FR	#1 McMurry	{2} 10.43mw	34-2¾ (3.0)	4/27
3	Emerald GARCIA	SR	#2 Hardin-Simon	10.35m	33-11½ (1.8)	3/3
3	Victoria WILSON	SO	#5 LeTourneau	10.35mw	33-11½ (2.3)	4/27
5	Paige THOMAS	FR	#3 UT Dallas	9.93m	32-7 (1.6)	4/27

Women's Shot Put

1	30 Elizabeth JORDAN	JR	#1 McMurry	13.18m	43-3	4/27
2	68 Kendra HUMPHRIES	FR	#1 McMurry	{2} 12.58m	41-3¼	3/16
3	Tori COLMAN	FR	#1 McMurry	{3} 12.13m	39-9¾	4/6
4	Elizabeth RYAN	JR	#1 McMurry	{4} 11.60m	38-¾	4/27
5	Makenzie COVEY	FR	#5 LeTourneau	11.45m	37-6¾	4/27
6	Chisom MBAH	SO	#3 UT Dallas	11.43m	37-6	3/16
7	Shakayla BROWDER	JR	#4 East Texas Bapti	11.20m	36-9	4/27
8	Elizabeth CUNNINGHAM	JR	#1 McMurry	{5} 10.74m	35-3	4/27
9	Corbin STULIR	JR	#1 McMurry	{6} 10.09m	33-1¼	3/3
10	Mattison STAYROOK	SO	#6 Concordia Texas	9.82m	32-2¾	4/27

Women's Discus

1	54 Graycee MOSLEY	SO	#4 East Texas Bapti	41.52m	136-3	4/13
2	59 Tori COLMAN	FR	#1 McMurry	41.21m	135-3	4/6
3	62 Elizabeth RYAN	JR	#1 McMurry	{2} 41.11m	134-11	4/27
4	98 Kendra HUMPHRIES	FR	#1 McMurry	{3} 39.42m	129-4	3/16
5	Shakayla BROWDER	JR	#4 East Texas Bapti	{2} 39.36m	129-2	4/27
6	Elizabeth JORDAN	JR	#1 McMurry	{4} 38.24m	125-6	4/13
7	Makenzie COVEY	FR	#5 LeTourneau	37.91m	124-5	4/27
8	Glenda PARRA	JR	#1 McMurry	{5} 35.80m	117-6	4/27
9	Chisom MBAH	SO	#3 UT Dallas	33.60m	110-3	4/6
10	Kimora ROBERSON	FR	#6 Concordia Texas	28.67m	94-¾	3/23

Women's Hammer

1	53 Elizabeth CUNNINGHAM	JR	#1 McMurry	48.72m	159-10	4/13
2	57 Elizabeth RYAN	JR	#1 McMurry	{2} 48.24m	158-3	4/6
3	Kendra HUMPHRIES	FR	#1 McMurry	{3} 39.95m	131-1	3/23
4	Tori COLMAN	FR	#1 McMurry	{4} 37.84m	124-2	4/27
5	Elizabeth JORDAN	JR	#1 McMurry	{5} 36.23m	118-11	4/27
6	Corbin STULIR	JR	#1 McMurry	{6} 35.49m	116-5	3/3
7	Makenzie COVEY	FR	#5 LeTourneau	28.90m	94-9¾	4/27
8	Kimora ROBERSON	FR	#6 Concordia Texas	25.59m	83-11½	4/27

Women's Javelin

1	19 Neelie SCHIEL	SO	#4 East Texas Bapti	40.78m	133-10	3/3
2	75 Mattison STAYROOK	SO	#6 Concordia Texas	37.33m	122-6	3/23
3	78 Kendra HUMPHRIES	FR	#1 McMurry	37.07m	121-8	3/3
4	Jacee DINKINS	JR	#1 McMurry	{2} 35.14m	115-4	3/23
5	Erin FALLON	FR	#1 McMurry	{3} 34.79m	114-2	3/23
6	Corbin STULIR	JR	#1 McMurry	{4} 33.01m	108-4	3/3
7	Victoria WILSON	SO	#5 LeTourneau	32.24m	105-9	4/27
8	Aiyana EPHRAIM	JR	#6 Concordia Texas	{2} 32.11m	105-4	4/27
9	Abigail BRAMLETT	SR	#2 Hardin-Simon	31.37m	102-11	4/27
10	Natalie FERDI	FR	#5 LeTourneau	{2} 29.18m	95-9	4/5

Women's Heptathlon

1	40 Victoria WILSON	SO	#5 LeTourneau	4,140	4/13
2	64 Mattison STAYROOK	SO	#6 Concordia Texas	3,705	4/27
3	Emma FOYT-GADE	FR	#3 UT Dallas	2,946	4/27
4	Faith MILLER	FR	#2 Hardin-Simon	2,558	4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



C2C

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Women's 100 Meters

1	53	Sophia REDMOND	SO	#4	Mary Washington	12.21w	(3.0)	4/13
2		Amaya CUMMINS	JR	#1	UC Santa Cruz	12.39w	(2.4)	3/16
3		Sydney TRUSSELL	JR	#3	Christopher New	12.57	(-1.2)	3/30
4		Karia FORVIL	SO	#2	Salisbury	12.58	(1.6)	4/20
5		Julie THOMAS	FR	#2	Salisbury	{2} 13.00	(1.6)	4/20
6		Siena SUJITNO	JR	#5	Pratt Institute	13.12	(0.0)	3/30
7		Aditi KAMBLE	FR	#1	UC Santa Cruz	{2} 13.31	(-0.1)	3/9
8		Isha KASANAGOTTU	SO	#1	UC Santa Cruz	{3} 13.35	(0.1)	4/19
9		Akira JONES	FR	#1	UC Santa Cruz	{4} 13.39	(1.5)	3/16
10		Erin LIGHTNER	FR	#4	Mary Washington	{2} 13.56	(0.4)	4/20

Women's 100 Meter Hurdles

1		Ellie NUCKOLS	FR	#3	Christopher New	15.38	(-0.8)	4/6
2		Ashley ELEY	FR	#3	Christopher New	{2} 15.94w	(2.3)	4/13
3		Kennedy ATKINS	FR	#2	Salisbury	16.13	(1.2)	4/20
4		Kathleen MULLIGAN	FR	#2	Salisbury	{2} 16.28	(1.2)	4/20
5		Taleah WILLIAMS	FR	#2	Salisbury	{3} 16.46	(1.2)	4/20
6		Akira JONES	FR	#1	UC Santa Cruz	17.01	(-0.5)	4/19
7		Mackenzie JONES	JR	#1	UC Santa Cruz	{2} 17.05	(-0.2)	3/16
8		Isha KASANAGOTTU	SO	#1	UC Santa Cruz	{3} 17.11	(0.6)	4/19
9		Alicia DASALLA	SO	#1	UC Santa Cruz	{4} 17.71	(-0.7)	3/30
10		Alyssa WOHLFARTH	SO	#2	Salisbury	{4} 17.80	(1.2)	4/20

Women's 200 Meters

1		Sophia REDMOND	SO	#4	Mary Washington	25.76	(-2.2)	4/13
2		Sydney TRUSSELL	JR	#3	Christopher New	25.80	(0.9)	4/20
3		Amaya CUMMINS	JR	#1	UC Santa Cruz	26.02	(0.2)	3/9
4		Marlyse HAACK	SO	#2	Salisbury	26.41	(1.6)	3/16
5		Karia FORVIL	SO	#2	Salisbury	{2} 26.44	(1.6)	4/20
6		Caitlin DONOVAN	JR	#1	UC Santa Cruz	{2} 26.49	(1.8)	3/16
7		Mia HILL	SO	#2	Salisbury	{3} 26.51w	(2.2)	3/16
7		Ellie NUCKOLS	FR	#3	Christopher New	{2} 26.51	(-0.8)	4/20
9		Allison RICHARDS	FR	#4	Mary Washington	{2} 26.61	(0.0)	3/16
10		Julie THOMAS	FR	#2	Salisbury	{4} 27.11	(0.5)	3/16

Women's 400 Meters

1	93	Ellie NUCKOLS	FR	#3	Christopher New	58.33		4/13
2		Caitlin DONOVAN	JR	#1	UC Santa Cruz	59.27		4/19
3		Sophia REDMOND	SO	#4	Mary Washington	59.99		4/20
4		Sophie JIMENEZ	SR	#1	UC Santa Cruz	{2} 1:00.80		4/19
5		Amaya CUMMINS	JR	#1	UC Santa Cruz	{3} 1:00.93		3/2
6		Mae STAFFORD	FR	#1	UC Santa Cruz	{4} 1:01.14		3/16
7		Mia HILL	SO	#2	Salisbury	1:01.79		4/20
8		Jessica HENDRICKS	FR	#3	Christopher New	{2} 1:02.56		4/13
9		Marianne CHUANG	SO	#1	UC Santa Cruz	{5} 1:03.72		4/13
10		Amanda HECKMAN	SR	#4	Mary Washington	{2} 1:03.83		4/13

Women's 400 Meter Hurdles

1	57	Ellie NUCKOLS	FR	#3	Christopher New	1:05.28		4/13
2		Madison LAMB	FR	#2	Salisbury	1:09.83		4/20
3		Alicia DASALLA	SO	#1	UC Santa Cruz	1:10.53		4/19
4		Mackenzie JONES	JR	#1	UC Santa Cruz	{2} 1:12.98		3/16
4		Kathleen MULLIGAN	FR	#2	Salisbury	{2} 1:12.98		4/20
6		Jayla MARABLE	FR	#3	Christopher New	{2} 1:13.46		3/16
7		Annabella JACONETTI	FR	#2	Salisbury	{3} 1:15.08		4/20
8		Grace DEAR	SR	#2	Salisbury	{4} 1:16.36		4/20
9		Akira JONES	FR	#1	UC Santa Cruz	{3} 1:17.68		4/19
10		Gabriella DASKALOVA	FR	#2	Salisbury	{5} 1:18.17		4/20

Women's 800 Meters

1		Hanna HEKKANEN	JR	#1	UC Santa Cruz	2:17.82		4/19
2		Elena STANCIU	FR	#1	UC Santa Cruz	{2} 2:18.02		4/19
3		Caitlin DONOVAN	JR	#1	UC Santa Cruz	{3} 2:22.33		4/13
4		Frieda CEDILLO	SO	#1	UC Santa Cruz	{4} 2:22.82		3/16
5		Kenzie SEYMOUR	FR	#1	UC Santa Cruz	{5} 2:23.24		3/16
6		Marianne CHUANG	SO	#1	UC Santa Cruz	{6} 2:24.64		3/16
7		Peri NELSON	FR	#2	Salisbury	2:26.27		3/16
8		Faith DYOGI	SO	#1	UC Santa Cruz	{7} 2:27.39		3/2
9		Didi DASILVA	FR	#3	Christopher New	2:27.56		4/20
10		Ellie NUCKOLS	FR	#3	Christopher New	{2} 2:27.75		4/20

Women's 1500 Meters

1	78	Hanna HEKKANEN	JR	#1	UC Santa Cruz	4:41.33		4/19
2	84	Riley MARTEL-PHILLIPS	SR	#1	UC Santa Cruz	{2} 4:41.67		4/19
3	92	Kenzie SEYMOUR	FR	#1	UC Santa Cruz	{3} 4:42.04		4/19
4		Elena STANCIU	FR	#1	UC Santa Cruz	{4} 4:43.54		4/19
5		Helena JANKU	SO	#1	UC Santa Cruz	{5} 4:44.19		3/16
6		Faith DYOGI	SO	#1	UC Santa Cruz	{6} 4:53.89		3/2
7		Frieda CEDILLO	SO	#1	UC Santa Cruz	{7} 4:54.80		3/2
8		Sydney BOYD	FR	#1	UC Santa Cruz	{8} 4:58.16		4/13
9		Anna BODMER	FR	#2	Salisbury	4:59.34		3/2
10		Madelyn BASINET	FR	#1	UC Santa Cruz	{9} 5:02.58		3/2

Women's Steeplechase

1	48	Kenzie SEYMOUR	FR	#1	UC Santa Cruz	11:22.45		4/13
2		Rachel ROBERTS	SO	#2	Salisbury	12:04.75		4/20
3		Cheryl CHUANG	SO	#1	UC Santa Cruz	{2} 12:12.61		4/13
4		Emma WIRZ	SO	#1	UC Santa Cruz	{3} 12:17.68		3/16
5		Sofia PLACIAS	JR	#1	UC Santa Cruz	{4} 12:18.50		4/13
6		Leah SNYDER	SO	#2	Salisbury	{2} 12:26.15		3/16
7		Giovanna LISA	SO	#5	Pratt Institute	13:47.46		4/13



Conference TFRI Event Summary



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Women's 5000 Meters

1	33	Helena JANKU	SO	#1 UC Santa Cruz	17:01.71	4/13
2	51	Riley MARTEL-PHILLIPS	SR	#1 UC Santa Cruz {2}	17:15.94	4/13
3		Anna BODMER	FR	#2 Salisbury	17:55.94	4/6
4		Elena STANCIU	FR	#1 UC Santa Cruz {3}	18:09.37	3/30
5		Sydney BOYD	FR	#1 UC Santa Cruz {4}	18:43.40	3/30
6		Ryanne REYNOLDS	FR	#1 UC Santa Cruz {5}	18:52.75	3/2
7		Madi SISSON	SO	#2 Salisbury {2}	18:55.94	4/6
8		Kayla LOPEZ	FR	#3 Christopher New	18:56.71	4/13
9		Luna CENTENO	FR	#1 UC Santa Cruz {6}	19:01.26	3/30
10		Rachel ROBERTS	SO	#2 Salisbury {3}	19:06.76	4/6

Women's 10,000 Meters

1	75	Anna BODMER	FR	#2 Salisbury	37:31.90	3/16
2		Rachel ROBERTS	SO	#2 Salisbury {2}	39:37.00	3/16

Women's 4x100 Relay

1	83	Karia Forvil, Marlyse Haack, Julie Thomas, Taleah Williams	#2 Salisbury	49.30	4/20
2		Amaya Cummins, Isha Kasanagottu, Aditi Kamble, Caitlin Donovan	#1 UC Santa Cruz	49.99	4/19
3		#Type!	#3 Christopher New	50.16	3/30

Women's 4x400 Relay

1	86	Caitlin Donovan, Amaya Cummins, Mae Stafford, Sophie Jimenez	#1 UC Santa Cruz	4:06.08	3/16
2		Marlyse Haack, Peri Nelson, Madison Lamb, Karia Forvil	#2 Salisbury	4:12.40	4/27

Women's High Jump

1		Madison LAMB	FR	#2 Salisbury	1.57m	5-1¾	3/2
2		Ashley ELEY	FR	#3 Christopher New	1.55m	5-1	4/20
3		Isha KASANAGOTTU	SO	#1 UC Santa Cruz	1.50m	4-11	4/19
4		Ellie NUCKOLS	FR	#3 Christopher New {2}	1.43m	4-8¼	4/20
5		Jessica HENDRICKS	FR	#3 Christopher New {3}	1.39m	4-6¾	4/20
6		Emma CHRISTMAN	SO	#2 Salisbury {2}	1.37m	4-6	4/20
6		Samantha MINNER	FR	#2 Salisbury {2}	1.37m	4-6	3/2

Women's Pole Vault

1		Ainsley MILLER	SR	#3 Christopher New	3.30m	10-9¾	4/13
2		Lily KNOWLES	FR	#3 Christopher New {2}	2.90m	9-6¼	3/30
3		Allyson PETERSEN	FR	#1 UC Santa Cruz	2.89m	9-5¾	4/19
4		Elizabeth LACOMBE	FR	#3 Christopher New {3}	2.85m	9-4¼	4/13
5		Faith DYOGI	SO	#1 UC Santa Cruz {2}	2.55m	8-4¼	4/13

Women's Long Jump

1	22	Mia HILL	SO	#2 Salisbury	5.64mw	18-6 (2.7)	4/6
2	35	Marlyse HAACK	SO	#2 Salisbury {2}	5.59m	18-4¼ (0.7)	4/20
3		Ellie NUCKOLS	FR	#3 Christopher New	5.17m	16-11½ (0.0)	4/20
4		Ashley ELEY	FR	#3 Christopher New {2}	5.12m	16-9¾ (-1.5)	3/30
5		Ainsley MILLER	SR	#3 Christopher New {3}	5.09m	16-8½ (-1.5)	3/30
6		Akira JONES	FR	#1 UC Santa Cruz	5.04m	16-6½ (-1.8)	4/13
7		Alexandra GUZMAN	SO	#3 Christopher New {4}	4.95m	16-3 (0.6)	4/13
7		Emma CHRISTMAN	SO	#2 Salisbury {3}	4.95m	16-3 (1.6)	4/20
9		Taleah WILLIAMS	FR	#2 Salisbury {4}	4.92m	16-1¾ (1.2)	4/20
10		Kennedy ATKINS	FR	#2 Salisbury {5}	4.90m	16-1 (1.5)	4/20

Women's Triple Jump

1		Alexandra GUZMAN	SO	#3 Christopher New	10.99m	36-¾ (0.3)	3/30
2		Emma CHRISTMAN	SO	#2 Salisbury	10.63m	34-10½ (2.0)	4/6
3		Marlyse HAACK	SO	#2 Salisbury {2}	10.59m	34-9 (0.2)	4/20
4		Alex KAPLAN	SO	#1 UC Santa Cruz	10.37mw	34-¼ (2.1)	4/19
5		D'Yan ROBINSON		#3 Christopher New {2}	9.96m	32-8¼ (0.0)	4/20

Women's Shot Put

1		Katherine STEVENS	JR	#3 Christopher New	12.14m	39-10	3/16
2		Hannah KIM	FR	#5 Pratt Institute	11.08m	36-4¼	3/30
3		Annabelle DREHER	SO	#3 Christopher New {2}	10.53m	34-6¾	3/16
4		Whitney PORTER	SO	#1 UC Santa Cruz	9.62m	31-6¾	4/19
5		Rylee EHRETT	FR	#3 Christopher New {3}	9.50m	31-2	4/20
6		Ellie NUCKOLS	FR	#3 Christopher New {4}	9.26m	30-4¾	4/20
7		Kailey JARBOE	SO	#2 Salisbury	9.18m	30-1½	3/16
8		Faith JONES	SR	#4 Mary Washington	8.91m	29-2¾	4/13
9		Eleanor EUNGARD	SO	#3 Christopher New {5}	8.80m	28-10½	4/20
10		Ashley ELEY	FR	#3 Christopher New {6}	7.90m	25-11	4/20

Women's Discus

1	21	Katherine STEVENS	JR	#3 Christopher New	43.69m	143-4	4/20
2		Hannah KIM	FR	#5 Pratt Institute	38.22m	125-5	4/13
3		Annabelle DREHER	SO	#3 Christopher New {2}	32.59m	106-11	4/20
4		Kailey JARBOE	SO	#2 Salisbury	31.97m	104-11	4/6
5		Whitney PORTER	SO	#1 UC Santa Cruz	31.12m	102-1	4/13
6		Rylee EHRETT	FR	#3 Christopher New {3}	30.32m	99-5¾	4/20
7		Faith JONES	SR	#4 Mary Washington	26.50m	86-11½	4/20
8		Alyssa WOHLFARTH	SO	#2 Salisbury {2}	24.81m	81-4¾	3/2
9		Eleanor EUNGARD	SO	#3 Christopher New {4}	24.41m	80-1	4/20
10		Kailey LEBA	FR	#1 UC Santa Cruz {2}	23.79m	78-¾	4/13

Women's Hammer

1	16	Katherine STEVENS	JR	#3 Christopher New	52.82m	173-4	3/30
2		Rylee EHRETT	FR	#3 Christopher New {2}	38.96m	127-10	4/20
3		Annabelle DREHER	SO	#3 Christopher New {3}	38.33m	125-9	4/13
4		Kailey JARBOE	SO	#2 Salisbury	36.25m	118-11	4/20
5		Faith JONES	SR	#4 Mary Washington	27.80m	91-2½	4/13
6		Whitney PORTER	SO	#1 UC Santa Cruz	24.08m	79-0	3/2
7		Kailey LEBA	FR	#1 UC Santa Cruz {2}	21.61m	70-10¾	3/2
8		Eleanor EUNGARD	SO	#3 Christopher New {4}	17.09m	56-1	3/30



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



C2C

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Women's Javelin

1	Katherine STEVENS	JR	#3 Christopher New	30.23m	99-2¼	4/20
2	Kailey LEBA	FR	#1 UC Santa Cruz	24.79m	81-4	4/13
3	Kenzie SEYMOUR	FR	#1 UC Santa Cruz {2}	23.39m	76-9	4/13
4	Whitney PORTER	SO	#1 UC Santa Cruz {3}	22.60m	74-1¾	4/19
5	Alyssa WOHLFARTH	SO	#2 Salisbury	20.84m	68-4½	4/20
6	Karia FORVIL	SO	#2 Salisbury {2}	20.40m	66-11¼	4/20
7	Kailey JARBOE	SO	#2 Salisbury {3}	19.87m	65-2¼	4/20
8	Ellie NUCKOLS	FR	#3 Christopher New {2}	18.53m	60-9½	4/20
9	Faith JONES	SR	#4 Mary Washington	16.08m	52-9¼	4/20
10	Ashley ELEY	FR	#3 Christopher New {3}	16.02m	52-6¾	4/20

Women's Heptathlon

1	39 Ellie NUCKOLS	FR	#3 Christopher New	4,141	4/20
2	83 Ashley ELEY	FR	#3 Christopher New {2}	3,511	4/20



Conference TFRI Event Summary



CCC

as of 4/30/2024 1:55:39 PM ET

Women's 100 Meters

1	57	Marlina VOKER	JR	#1	Hartford	12.22	(1.3)	4/20
2		Amaris GOODWIN	JR	#6	Gordon (Mass.)	12.43w	(2.7)	3/30
3		Amanda WALDEN	JR	#4	Suffolk	12.55	(0.4)	4/20
4		Elizabeth GASKILL	FR	#6	Gordon (Mass.)	{2} 12.69w	(2.7)	3/30
5		Jainaba CONTEH	FR	#4	Suffolk	{2} 12.76w	(3.2)	4/13
6		Emily PARCHINSKI	SR	#1	Hartford	{2} 12.81	(-2.0)	4/27
7		Jenascia WEIR	SO	#1	Hartford	{3} 12.90	(-0.5)	4/20
8		Leslie SAMUEL	FR	#1	Hartford	{4} 13.14	(-1.5)	4/27
9		Averi MCCOY	FR	#1	Hartford	{5} 13.35	(-0.5)	4/20
10		Julia MACLAINE	FR	#3	Endicott	13.37	(0.3)	4/8

Women's 100 Meter Hurdles

1	50	Cali LEONARD	JR	#1	Hartford	14.85w	(2.5)	4/20
2	89	Caroline CROCKER	FR	#1	Hartford	{2} 15.21w	(2.5)	4/20
3		Jordan MURPHY	FR	#1	Hartford	{3} 16.06w	(2.5)	4/20
4		Olivia NOVELLO	FR	#3	Endicott	16.07	(-1.7)	4/27
5		Kinneal DICKENS	JR	#3	Endicott	{2} 16.09	(1.7)	3/30
6		Catherine MADDEN	JR	#4	Suffolk	16.17	(1.3)	4/13
7		Meghan PURCELL	JR	#5	Roger Williams	16.50	(1.5)	3/30
8		Izabella HAAGENSON	JR	#2	Univ. of New Eng	17.17	(-1.6)	4/27
9		Sophia KING	JR	#2	Univ. of New Eng	{2} 17.47	(-1.1)	4/27
10		Deanna DUKAS	SO	#3	Endicott	{3} 17.51	(-1.1)	4/27

Women's 200 Meters

1	19	Marlina VOKER	JR	#1	Hartford	24.72	(0.4)	4/20
2		Amaris GOODWIN	JR	#6	Gordon (Mass.)	25.88	(-1.7)	4/27
3		Amanda WALDEN	JR	#4	Suffolk	26.04	(-0.4)	4/13
4		Emily PARCHINSKI	SR	#1	Hartford	{2} 26.27	(0.4)	4/20
5		Julia MACLAINE	FR	#3	Endicott	26.63	(0.0)	3/30
6		Leslie SAMUEL	FR	#1	Hartford	{3} 26.74	(0.0)	4/20
7		Jenascia WEIR	SO	#1	Hartford	{4} 26.94	(0.6)	4/20
8		Emily CONCEPCION	JR	#4	Suffolk	{2} 27.04	(-1.6)	4/8
9		Jainaba CONTEH	FR	#4	Suffolk	{3} 27.18	(-1.4)	4/27
10		Elizabeth GASKILL	FR	#6	Gordon (Mass.)	{2} 27.22	(-1.4)	4/27

Women's 400 Meters

1	85	Emily CONCEPCION	JR	#4	Suffolk	58.21		4/27
2		Julia MACLAINE	FR	#3	Endicott	---		4/20
3		Amaris GOODWIN	JR	#6	Gordon (Mass.)	1:00.11		4/6
4		Alyssa RODRIGUEZ	JR	#4	Suffolk	{2} 1:00.70		4/27
5		Colleen MCLAUGHLIN	SR	#3	Endicott	{2} 1:00.94		4/27
6		Emily PARCHINSKI	SR	#1	Hartford	1:01.29		4/13
7		Emily BENGTON	FR	#6	Gordon (Mass.)	{2} 1:01.51		4/27
8		Gabby PENICHE	FR	#3	Endicott	{3} 1:01.87		4/27
9		Marlina VOKER	JR	#1	Hartford	{2} 1:02.34		4/13
10		Kaylee WHITNEY	FR	#3	Endicott	{4} 1:02.51		4/27

Women's 400 Meter Hurdles

1	36	Molly MCGRAIL	SR	#1	Hartford	1:04.40		4/20
2		Meghan PURCELL	JR	#5	Roger Williams	1:07.82		4/27
3		Chloe CREAR	FR	#3	Endicott	1:09.49		4/27
4		Izabella HAAGENSON	JR	#2	Univ. of New Eng	1:11.25		4/27
5		Mariah NICHOLS	SO	#1	Hartford	{2} 1:11.84		4/20
6		Tabitha KLAUS	JR	#5	Roger Williams	{2} 1:13.08		4/27
7		Nicole WOO	SO	#3	Endicott	{2} 1:13.56		4/27
8		Sophia KING	JR	#2	Univ. of New Eng	{2} 1:14.37		4/27
9		Emily HILTON	FR	#6	Gordon (Mass.)	1:14.85		4/27
10		Sydni LEHR	SR	#2	Univ. of New Eng	{3} 1:15.65		4/20

Women's 800 Meters

1	96	Molly MCGRAIL	SR	#1	Hartford	2:17.54		4/27
2		Hannah RISKI	JR	#3	Endicott	2:18.40		4/27
3		Hailey MARCELLO	SR	#1	Hartford	{2} 2:19.24		4/20
4		Sydney FOGG	JR	#4	Suffolk	2:21.87		4/27
5		Hannah SHEPARD	SO	#3	Endicott	{2} 2:22.77		4/13
6		Abigail O'CONNOR	SR	#1	Hartford	{3} 2:23.89		4/20
7		Tabitha DIDONATO	JR	#5	Roger Williams	2:25.68		4/27
8		Brie AM ENDE	JR	#3	Endicott	{3} 2:26.34		4/20
9		Alexa SUCHY	FR	#3	Endicott	{4} 2:31.06		4/27
10		Shannon GROOM	SO	#4	Suffolk	{2} 2:32.42		4/27

Women's 1500 Meters

1	85	Rachel BRENNAN	SR	#6	Gordon (Mass.)	4:41.71		4/27
2		Hannah RISKI	JR	#3	Endicott	4:45.78		4/27
3		Sydney FOGG	JR	#4	Suffolk	4:46.66		4/20
4		Hailey MARCELLO	SR	#1	Hartford	4:48.09		4/27
5		Caitlin BOUFFORD	SR	#5	Roger Williams	4:59.34		4/27
6		Alexa SUCHY	FR	#3	Endicott	{2} 5:00.50		4/20
7		Brie AM ENDE	JR	#3	Endicott	{3} 5:03.46		4/27
8		Katie FLAHERTY	SO	#5	Roger Williams	{2} 5:05.32		4/27
9		Elizabeth WHITE	SO	#1	Hartford	{2} 5:07.86		4/13
10		Brittany MARTIN	SR	#5	Roger Williams	{3} 5:09.22		4/20

Women's Steeplechase

1	61	Hailey MARCELLO	SR	#1	Hartford	11:28.90		4/27
2	71	Caitlin BOUFFORD	SR	#5	Roger Williams	11:35.58		4/27
3		Abigail O'CONNOR	SR	#1	Hartford	{2} 11:46.20		4/27
4		Alexa SUCHY	FR	#3	Endicott	11:54.85		4/27
5		Katie FLAHERTY	SO	#5	Roger Williams	{2} 11:55.99		4/27
6		Hannah SHEPARD	SO	#3	Endicott	{2} 12:06.91		4/27
7		Lucy STEVENS	FR	#2	Univ. of New Eng	12:10.92		4/27
8		Kaylee BETTEZ	FR	#6	Gordon (Mass.)	12:41.58		4/27
9		Natalie FORNO	FR	#5	Roger Williams	{3} 12:48.87		4/27
10		Cate HERNDON	JR	#3	Endicott	{3} 14:00.03		4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



CCC

as of 4/30/2024 1:55:39 PM ET

Women's 5000 Meters

1	36	Rachel BRENNAN	SR	#6 Gordon (Mass.)	17:03.77	4/14
2		Nina PARZIALE	JR	#2 Univ. of New Eng	17:56.58	4/27
3		Hannah RISKI	JR	#3 Endicott	18:11.59	4/27
4		Carolyn DAY	JR	#6 Gordon (Mass.) {2}	18:15.65	4/27
5		Brittany MARTIN	SR	#5 Roger Williams	18:32.64	4/27
6		Kelsee GLADU	SR	#2 Univ. of New Eng{2}	18:33.89	4/27
7		Sarah ROBERTS	JR	#4 Suffolk	18:43.39	4/27
8		Caitlin BOUFFORD	SR	#5 Roger Williams {2}	18:56.34cd(9:06.31u)	4/6
9		Katie FLAHERTY	SO	#5 Roger Williams {3}	19:12.47cd(9:22.58u)	4/6
10		Sofia MOUKADDEM	FR	#3 Endicott {2}	19:16.04	4/27

Women's 10,000 Meters

1	12	Rachel BRENNAN	SR	#6 Gordon (Mass.)	35:16.00	3/29
2	97	Nina PARZIALE	JR	#2 Univ. of New Eng	38:11.07	4/13
3		Kelsee GLADU	SR	#2 Univ. of New Eng{2}	38:58.51	4/13
4		Sarah ROBERTS	JR	#4 Suffolk	39:49.31	4/13
5		Brittany MARTIN	SR	#5 Roger Williams	39:52.84	3/30
6		Carolyn DAY	JR	#6 Gordon (Mass.) {2}	40:07.63	3/29

Women's 4x100 Relay

1	18	Jenascia Weir, Leslie Samuel, Emily Parchinski, Marlina Voker		#1 Hartford	47.66	4/27
2	68	Jainaba Conteh, Hilma Ortega, Emily Concepcion, Amanda Walden		#4 Suffolk	49.01	4/27
3		Elizabeth Gaskill, Amaris Goodwin, Allison Subat, Emily Bengtson		#6 Gordon (Mass.)	50.02	4/27
4		Olivia Novello, Kaylee Carver, Kaylee Whitney, Gabrielle Freitas		#3 Endicott	51.33	4/27
5		Lara Kester, Ellie Clayton, Amanda Walsh, Victoria Bettencourt		#5 Roger Williams	53.27	4/27
6		Emily Buchter, Sophia King, Sydni Lehr, Jaylee Ireland		#2 Univ. of New Eng	53.44	4/27
7		Rajchel Smardon, Mary Seabury, Emma Noel, Jenna Condon		#8 Nichols	55.00	4/27
8		Olivia Holley, Bree Reid, Lily Carlson, Erin MacLean		#7 Wentworth (Mas)	57.87	4/13

Women's 4x400 Relay

1	67	Amanda Walden, Kaylie Groom, Alyssa Rodriguez, Emily Concepcion		#4 Suffolk	4:02.83	4/27
2	70	Molly McGrail, Hailey Marcello, Emily Parchinski, Marlina Voker		#1 Hartford	4:03.48	4/27
3		Colleen McLaughlin, Julia MacLaine, Gabby Peniche, Brie Am Ende		#3 Endicott	4:09.70	4/27
4		Emily Bengtson, Amaris Goodwin, Allison Subat, Catroina Galvin		#6 Gordon (Mass.)	4:13.38	4/27
5		Kimberly Lajoie, Meghan Purcell, Karsyn Medeiros, Olivia O'Neill		#5 Roger Williams	4:20.41	4/27
6		Emily Buchter, Jaylee Ireland, Sydni Lehr, Izabella Haagenson		#2 Univ. of New Eng	4:29.41	4/27

Women's High Jump

1	18	Jordan MURPHY	FR	#1 Hartford	1.67m	5-5¾	4/20
1	18	Sydney GARRISON	SR	#1 Hartford	1.67m	5-5¾	4/20
3	29	Avery BAKER-SCHLENDERING	FR	#1 Hartford	{3} 1.64m	5-4½	4/13
4		Catherine BROWN	JR	#4 Suffolk	1.53m	5-¼	4/13
5		Brie AM ENDE	JR	#3 Endicott	1.47m	4-9¾	4/27
5		Anna EVANS	JR	#2 Univ. of New Eng	1.47m	4-9¾	4/13
5		Ellyna HANSEN	FR	#3 Endicott	1.47m	4-9¾	4/13
8		Olivia NOVELLO	FR	#3 Endicott	{3} 1.45m	4-9	4/8
9		Evelyn LANSING	FR	#4 Suffolk	{2} 1.43m	4-8¼	4/13
10		Katie RITZER	SO	#3 Endicott	{4} 1.42m	4-7¾	4/27

Women's Pole Vault

1	71	Devyn BATTISTONI	FR	#4 Suffolk	3.43m	11-3	4/27
2		Kara SICKLE	SO	#4 Suffolk	{2} 3.25m	10-8	3/30
3		Sasha HELFGOTT-WATERS	FR	#4 Suffolk	{3} 3.10m	10-2	3/30
3		Molly HENNEGAN	SO	#4 Suffolk	{3} 3.10m	10-2	4/20
5		Kayla PELLETIER	JR	#1 Hartford	2.95m	9-8	4/27
6		Logan BAXTER	SO	#3 Endicott	2.80m	9-2¼	4/27
7		Lauren ABRAMS	SR	#1 Hartford	{2} 2.50m	8-2½	4/6
8		Allison SUBAT	SR	#6 Gordon (Mass.)	2.35m	7-8½	4/27
9		Katrina WEBBER	FR	#6 Gordon (Mass.)	{2} 1.90m	6-2¾	4/27



Conference TFRI Event Summary



CCC

as of 4/30/2024 1:55:39 PM ET

Women's Long Jump

1	73	Leslie SAMUEL	FR	#1	Hartford	5.44m	17-10¼ (-0.1)	4/27
2		Victoria BETTENCOURT	SO	#5	Roger Williams	5.05m	16-7 (-0.1)	4/27
2		Kinneal DICKENS	JR	#3	Endicott	5.05m	16-7 (0.0)	4/27
4		Kaylee CARVER	JR	#3	Endicott	{2} 5.02mw	16-5¾ (3.3)	3/30
5		Elizabeth GASKILL	FR	#6	Gordon (Mass.)	4.92m	16-1¾ (-1.5)	4/27
5		Eden MORRIS	SO	#2	Univ. of New Eng	4.92m	16-1¾ (-0.8)	4/27
7		Sydni LEHR	SR	#2	Univ. of New Eng	{2} 4.87m	15-11¾ (-1.1)	4/27
8		Jordan MURPHY	FR	#1	Hartford	{2} 4.83m	15-10¼ (-0.4)	4/27
9		Ashley BECK	FR	#5	Roger Williams	{2} 4.75mw	15-7 (3.7)	4/6
10		Izabella HAAGENSON	JR	#2	Univ. of New Eng	{3} 4.74m	15-6¾ (-0.4)	4/27

Women's Triple Jump

1		Kinneal DICKENS	JR	#3	Endicott	10.44m	34-3 (0.0)	4/27
2		Eden MORRIS	SO	#2	Univ. of New Eng	10.36m	34-0 (1.8)	3/30
3		Logan BAXTER	SO	#3	Endicott	{2} 10.14m	33-3¼ (-0.9)	4/27
4		Sydni LEHR	SR	#2	Univ. of New Eng	{2} 9.96m	32-8¼ (1.9)	3/30
5		Victoria BETTENCOURT	SO	#5	Roger Williams	9.91m	32-6¼ (0.0)	4/27
6		Izabella HAAGENSON	JR	#2	Univ. of New Eng	{3} 9.81m	32-2¼ (1.7)	3/30
6		Mariah NICHOLS	SO	#1	Hartford	9.81mw	32-2¼ (2.5)	4/13
8		Tatiana SICARD	FR	#7	Wentworth (Mas	9.80m	32-2 (0.1)	4/20
9		Sasha HELFGOTT-WATERS	FR	#4	Suffolk	9.61m	31-6½ (1.3)	4/8
10		Peyton SULLIVAN	SO	#5	Roger Williams	{2} 9.54m	31-3¾ (0.0)	4/27

Women's Shot Put

1	64	Tiana FOX	SO	#6	Gordon (Mass.)	12.63m	41-5¼	3/30
2		Madison DIPASQUALE	SO	#1	Hartford	11.51m	37-9¼	4/20
3		Cheyenne CAHILL	SO	#2	Univ. of New Eng	11.22m	36-9¾	4/27
4		Robyn KRAFFT	SR	#1	Hartford	{2} 11.20m	36-9	4/27
5		Yovanna CRUZ	SO	#1	Hartford	{3} 10.84m	35-6¾	4/13
6		Destinee MAJETT	SO	#1	Hartford	{4} 10.61m	34-9¾	4/20
7		Emma MINI	SO	#2	Univ. of New Eng	{2} 10.32m	33-10¼	4/27
8		Tatiana SICARD	FR	#7	Wentworth (Mas	10.20m	33-5¾	4/20
9		Olivia CHASE	SO	#2	Univ. of New Eng	{3} 10.18m	33-4¾	4/27
10		Taylor MOYNIHAN	SR	#3	Endicott	10.04m	32-11¼	4/27

Women's Discus

1	24	Robyn KRAFFT	SR	#1	Hartford	43.48m	142-8	4/20
2		Madison DIPASQUALE	SO	#1	Hartford	{2} 39.03m	128-1	4/27
3		Sarah LAVITA	SO	#2	Univ. of New Eng	36.69m	120-5	4/20
4		Sienna MATREGRANO	JR	#2	Univ. of New Eng	{2} 35.85m	117-8	4/27
5		Kassidy PLUMMER	JR	#2	Univ. of New Eng	{3} 34.52m	113-3	4/27
6		Taylor MOYNIHAN	SR	#3	Endicott	34.06m	111-9	4/27
7		Catroina GALVIN	FR	#6	Gordon (Mass.)	33.96m	111-5	4/27
8		Sharaden CALDWELL	FR	#4	Suffolk	33.35m	109-5	4/13
9		Alivia GERAGHTY	FR	#6	Gordon (Mass.)	{2} 32.40m	106-4	4/27
10		Laci SANTOS	SO	#7	Wentworth (Mas	31.98m	104-11	4/20

Women's Hammer

1	91	Alivia GERAGHTY	FR	#6	Gordon (Mass.)	46.48m	152-6	4/27
2		Caroline HADLEY	SR	#1	Hartford	42.58m	139-9	4/13
3		Tommie BARKER	SO	#1	Hartford	{2} 40.63m	133-4	4/20
4		Olivia CHASE	SO	#2	Univ. of New Eng	40.41m	132-7	4/20
5		Madison DIPASQUALE	SO	#1	Hartford	{3} 40.28m	132-2	4/13
6		Sienna MATREGRANO	JR	#2	Univ. of New Eng	{2} 36.45m	119-7	4/20
7		Hannah LIMANEK	JR	#5	Roger Williams	35.69m	117-1	4/27
8		Gracie O'CONNELL	JR	#4	Suffolk	35.54m	116-7	4/20
9		Sharaden CALDWELL	FR	#4	Suffolk	{2} 35.13m	115-3	4/8
10		Megan BURNS	SO	#2	Univ. of New Eng	{3} 34.08m	111-10	4/13

Women's Javelin

1	1	Kayla PELLETIER	JR	#1	Hartford	45.70m	149-11	4/20
2		Sarah LAVITA	SO	#2	Univ. of New Eng	35.79m	117-5	4/20
3		Morgan IPPOLITO	FR	#5	Roger Williams	31.85m	104-6	4/20
4		Sienna MATREGRANO	JR	#2	Univ. of New Eng	{2} 30.90m	101-5	4/20
5		Ashley QUINTAL	FR	#7	Wentworth (Mas	30.08m	98-8¼	3/30
6		Samantha BRODY	SR	#5	Roger Williams	{2} 30.01m	98-5½	3/30
7		Gracie O'CONNELL	JR	#4	Suffolk	29.37m	96-4¼	3/30
8		Emily BENGTON	FR	#6	Gordon (Mass.)	28.79m	94-5½	4/20
9		Kaylee BETTEZ	FR	#6	Gordon (Mass.)	{2} 27.63m	90-7¾	4/20
10		Mariah NICHOLS	SO	#1	Hartford	{2} 27.48m	90-2	4/13

Women's Heptathlon

1		Izabella HAAGENSON	JR	#2	Univ. of New Eng	3,117		4/13
2		Ashley BECK	FR	#5	Roger Williams	3,008		4/13
3		Tabitha KLAUS	JR	#5	Roger Williams	{2} 2,862		4/13
4		Peyton SULLIVAN	SO	#5	Roger Williams	{3} 2,219		4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



CCIW

as of 4/30/2024 1:55:40 PM ET

Women's 100 Meters

1	5	Marcedes JACKSON	SR	#1	North Central (Il	11.80	(1.5)	4/13
2	36	McKenzie RESER	JR	#4	Augustana (Ill.)	12.13w	(3.3)	4/20
3	53	Lindsey NOVAK	SR	#1	North Central (Il{2}	12.21	(1.9)	4/6
4	57	Tiana GRADY	FR	#3	Elmhurst	12.22	(1.9)	4/11
5	65	Lauren MARSHALL	SR	#3	Elmhurst	{2} 12.24	(1.6)	4/6
6	71	Riana HAYES	SO	#9	North Park	12.28	(-0.2)	4/25
7	82	Kyla MILLER	JR	#1	North Central (Il{3}	12.31w	(2.2)	4/13
8		Heidi KREKELBERG	FR	#5	Wheaton (Ill.)	12.38	(1.0)	4/25
9		Faith LADIN	SR	#1	North Central (Il{4}	12.39w	(2.2)	4/13
10		Meja LINDBERG	FR	#9	North Park	{2} 12.40	(1.8)	4/20

Women's 100 Meter Hurdles

1	16	Nakala NADEAU	JR	#3	Elmhurst	14.27	(0.1)	4/25
2	20	Denise PARTEE	SR	#1	North Central (Il	14.45w	(2.6)	3/29
3	33	Thea RING	SO	#9	North Park	14.73	(0.1)	4/25
4	37	Tiana GRADY	FR	#3	Elmhurst	{2} 14.78w	(2.6)	3/29
5	96	Faith LADIN	SR	#1	North Central (Il{2}	15.25	(1.5)	4/13
6		Meja LINDBERG	FR	#9	North Park	{2} 15.44	(1.9)	3/29
7		Caylah BOYD	FR	#3	Elmhurst	{3} 15.50	(0.1)	4/25
8		Madison MORROW	SR	#4	Augustana (Ill.)	15.76w	(2.8)	4/20
9		Hannah JONES	SR	#1	North Central (Il{3}	15.84w	(2.7)	4/6
10		Tara SCHAALMA	FR	#2	Carthage	16.08	(1.5)	4/13

Women's 200 Meters

1	31	Thea RING	SO	#9	North Park	24.86c	(25.24) (0.0	4/20
2	46	Lindsey NOVAK	SR	#1	North Central (Il	24.99	(-0.2)	4/25
3	73	McKenzie RESER	JR	#4	Augustana (Ill.)	25.23	(1.0)	4/13
4	90	Kyla MILLER	JR	#1	North Central (Il{2}	25.31	(2.0)	4/13
5		Marcedes JACKSON	SR	#1	North Central (Il{3}	25.43	(2.0)	4/13
6		Riana HAYES	SO	#9	North Park	{2} 25.56	(1.6)	3/29
7		Carmela WOODS	FR	#3	Elmhurst	25.63	(1.6)	3/29
8		Jordynn GRIFFIN	SO	#7	Illinois Wesleyan	25.82w	(2.2)	3/16
9		Tiana GRADY	FR	#3	Elmhurst	{2} 26.00w	(2.2)	4/13
9		Allie DOCKINS	JR	#1	North Central (Il{4}	26.00	(1.6)	4/13

Women's 400 Meters

1	39	Lindsey NOVAK	SR	#1	North Central (Il	57.29		4/20
2	61	Thea RING	SO	#9	North Park	57.74		4/25
3	99	Carmela WOODS	FR	#3	Elmhurst	58.40		4/6
4		Naomi JONES	SO	#3	Elmhurst	{2} 58.58		4/6
5		Kyla MILLER	JR	#1	North Central (Il{2}	58.88		4/6
6		Cali MINKIE	SO	#1	North Central (Il{3}	59.21		4/20
7		Jordynn GRIFFIN	SO	#7	Illinois Wesleyan	59.35		3/30
8		Julie HEINRICHS	JR	#2	Carthage	59.56c	(1:00.35)	4/25
9		Crystelle VANWINGERDEN	SR	#5	Wheaton (Ill.)	59.59		4/6
10		Cire' SMITH	FR	#1	North Central (Il{4}	59.73		4/20

Women's 400 Meter Hurdles

1		Hannah JONES	SR	#1	North Central (Il	1:07.68		4/6
2		Madison MORROW	SR	#4	Augustana (Ill.)	1:08.23		4/13
3		Lauren OELKE	JR	#4	Augustana (Ill.) {2}	1:08.38		4/13
4		Tara SCHAALMA	FR	#2	Carthage	1:08.78		4/20
5		Julie HEINRICHS	JR	#2	Carthage	{2} 1:09.08		4/13
6		Natalie CONRAD	JR	#5	Wheaton (Ill.)	1:10.59		4/25
7		Holly BROWN	SR	#5	Wheaton (Ill.) {2}	1:10.88		4/13
8		Alayna SCHULTZ	FR	#6	Millikin	1:12.25		4/6
9		Audrey REMOLE	FR	#6	Millikin	{2} 1:12.29		4/6
10		Gianna KONIECZNY	JR	#3	Elmhurst	1:13.06		4/25

Women's 800 Meters

1	84	Alyssa RUIZ	SR	#6	Millikin	2:16.81		4/13
2		Cire' SMITH	FR	#1	North Central (Il	2:19.46		4/13
3		Rebekah BUBOLTZ	SO	#8	Carroll (Wis.)	2:20.37c	(2:21.98)	4/25
4		Lina MAATOUK	JR	#4	Augustana (Ill.)	2:21.27		3/30
5		Nayeli VILLEGAS	FR	#3	Elmhurst	2:21.65		4/25
6		Krista KOKE	SO	#6	Millikin	{2} 2:23.03		4/6
7		Peyton STINGER	FR	#7	Illinois Wesleyan	2:23.61		4/13
8		Molly ROBERTS	SO	#3	Elmhurst	{2} 2:25.33		4/6
9		Abby RICKARD	FR	#5	Wheaton (Ill.)	2:25.52		4/20
10		Jessie PAKASKI	SO	#2	Carthage	2:25.55c	(2:27.22)	4/25

Women's 1500 Meters

1	52	Alyssa RUIZ	SR	#6	Millikin	4:38.46		4/6
2		Emma ODLE	SR	#4	Augustana (Ill.)	4:46.18		3/30
3		Destiny ROGERS	SR	#5	Wheaton (Ill.)	4:49.06		4/13
4		Ashley KACHURIK	SR	#3	Elmhurst	4:49.17		4/25
5		Louisa BRORSON	SO	#5	Wheaton (Ill.) {2}	4:50.80		4/13
6		Julia BENES	SR	#1	North Central (Il	4:53.91		4/13
7		Anna BOARDMAN	SR	#4	Augustana (Ill.) {2}	4:54.24		4/20
8		Emma MCGRATH	JR	#7	Illinois Wesleyan	4:54.56		4/20
9		Lina MAATOUK	JR	#4	Augustana (Ill.) {3}	4:55.48		4/6
10		Rebekah BUBOLTZ	SO	#8	Carroll (Wis.)	4:55.70		4/6

Women's Steeplechase

1	16	Emma ODLE	SR	#4	Augustana (Ill.)	10:49.57		3/29
2	60	Ashley KACHURIK	SR	#3	Elmhurst	11:28.87		4/13
3	92	Quincy COLLINGS	SR	#6	Millikin	11:39.24		3/29
4	99	Natalie CONRAD	JR	#5	Wheaton (Ill.)	11:40.11		4/6
5		Bethany SMEED	SO	#1	North Central (Il	11:45.38		3/29
6		Esther BROWN	JR	#3	Elmhurst	{2} 12:00.77		4/6
7		Jessica SOLAR	FR	#3	Elmhurst	{3} 12:07.09		4/6
8		Brooke NAZOS	SO	#7	Illinois Wesleyan	12:08.31		4/6
9		Mackenzie MEIRHAEGHE	FR	#4	Augustana (Ill.) {2}	12:16.07		4/6
10		Jessie PAKASKI	SO	#2	Carthage	12:20.70		4/13



Conference TFRI Event Summary



CCIW

as of 4/30/2024 1:55:40 PM ET

Women's 5000 Meters

1	53	Emma ODLE	SR	#4 Augustana (Ill.)	17:16.61	4/13
2	97	Anna BOARDMAN	SR	#4 Augustana (Ill.) {2}	17:39.68	4/13
3		Kylie SMITH	JR	#2 Carthage	17:55.35	4/20
4		Julia BENES	SR	#1 North Central (Il	17:59.74	4/20
5		Annalese CHUDY	JR	#7 Illinois Wesleyan	18:11.37	4/6
6		Amanda WILSON	SR	#7 Illinois Wesleyan{2}	18:18.10	4/6
7		Destiny ROGERS	SR	#5 Wheaton (Ill.)	18:19.13	3/29
8		Sophia HUBER	FR	#5 Wheaton (Ill.) {2}	18:19.23	4/20
9		Louisa BRORSON	SO	#5 Wheaton (Ill.) {3}	18:29.28	3/29
10		Caroline STETINA	JR	#5 Wheaton (Ill.) {4}	18:34.93	4/18

Women's 10,000 Meters

1	46	Louisa BRORSON	SO	#5 Wheaton (Ill.)	36:36.15	4/20
2	47	Annalese CHUDY	JR	#7 Illinois Wesleyan	36:36.18	3/29
3	52	Destiny ROGERS	SR	#5 Wheaton (Ill.) {2}	36:41.22	4/20
4	54	Anna BOARDMAN	SR	#4 Augustana (Ill.)	36:46.28	3/29
5	66	Amanda WILSON	SR	#7 Illinois Wesleyan{2}	37:09.89	4/20
6		Kylie SMITH	JR	#2 Carthage	38:41.23	4/6
7		Lily ANDERSON	FR	#1 North Central (Il	39:01.79	3/29
8		Nicole BRANDY	SR	#1 North Central (Il{2}	39:06.23	3/29
9		Noelle VEOME	SR	#3 Elmhurst	40:44.18	4/6
10		Molly GLOVER	JR	#3 Elmhurst {2}	40:59.85	4/6

Women's 4x100 Relay

1	11	Mercedes Jackson, Lindsey Novak, Faith Ladin, Denise Partee	#1 North Central (Il	47.37	3/29
2	15	Nabila Saam, McKenzie Reser, Cora Deemer, Shakira Wade	#4 Augustana (Ill.)	47.62	3/30
3	16	Lauren Marshall, Tiana Grady, Carmela Woods, Aniya Seeley-Williams	#3 Elmhurst	47.63	4/11
4	37	Riana Hayes, Meja Lindberg, Thea Ring, Julia Klein	#9 North Park	48.12	4/13
5	45	Imani Ogunribido, Katarina Petrovic, Olivia Skibinski, Avery Smith	#7 Illinois Wesleyan	48.40	4/13
6		Jazzmine Jones, Mandy Nelson, Anna Kegel, Sarah Kerfin	#2 Carthage	49.83	4/25
7		Holly Brown, Crystelle VanWingerden, Grace Crowder, Heidi Krekelberg	#5 Wheaton (Ill.)	50.06	4/20
8		Zena Roberts, Katie Janvrin, Itzel Garcia, Alexis Wike	#6 Millikin	50.40	4/6
9		Victoria Watson, Katelyn Duber, Taylor Olund, Lexi Elegbede-Peer	#8 Carroll (Wis.)	50.74	4/25

Women's 4x400 Relay

1	34	Naomi Jones, Carmela Woods, Sadie Hartmann, Nayeli Villegas	#3 Elmhurst	3:58.06	4/13
2	38	Lovenya Perry, Cali Minkie, Cire' Smith, Lindsey Novak	#1 North Central (Il	3:58.76	4/25
3	72	Jordyn VanSanten, Cora Deemer, Lina Maatouk, McKenzie Reser	#4 Augustana (Ill.)	4:03.69	4/13
4		Peyton Stinger, Jules Grunloh, Peyton Pollman, Jordynn Griffin	#7 Illinois Wesleyan	4:08.15	4/13
5		Sadie Richert, Olivia Kiddy, Abby Lawson, Crystelle VanWingerden	#5 Wheaton (Ill.)	4:10.15	4/13
6		Itzel Garcia, Alyssa Ruiz, Katie Risner, Alexis Wike	#6 Millikin	4:11.00	4/6
7		Grace Nisius, Julie Heinrichs, Julia Kraus, Tara Schaalma	#2 Carthage	4:13.19	4/13
8		Thea Ring, Riana Hayes, Johanna Soedergaard, Alexa Pawlowski	#9 North Park	4:19.13	4/13
9		Anika Tollerud, Lucy Beuthin, Victoria Watson, Rebekah Buboltz	#8 Carroll (Wis.)	4:25.27	4/6

Women's High Jump

1	58	Grace CROWDER	FR	#5 Wheaton (Ill.)	1.61m	5-3¼	4/6
2	62	Hannah SAGO	SO	#6 Millikin	1.60m	5-3	4/24
3	95	Teagan JOHNSTON	JR	#2 Carthage	1.58m	5-2¼	4/13
3	95	Pola KUBRAK	JR	#1 North Central (Il	1.58m	5-2¼	3/29
3	95	Jocelyn TROTTER	FR	#1 North Central (Il	1.58m	5-2¼	4/25
3	95	Evie WILSON	JR	#7 Illinois Wesleyan	1.58m	5-2¼	4/13
7		Alexis WIKE	FR	#6 Millikin {2}	1.57m	5-1¾	4/20
8		Vashayla BRADLEY	SO	#3 Elmhurst	1.56m	5-1¼	4/13
9		Allison HUNT	FR	#4 Augustana (Ill.)	1.53m	5-¼	4/13
9		Caylah BOYD	FR	#3 Elmhurst {2}	1.53m	5-¼	4/25
9		Kendal FRANKLIN	SO	#1 North Central (Il{3}	1.53m	5-¼	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



CCIW

as of 4/30/2024 1:55:40 PM ET

Women's Pole Vault

1	41	Natalie JOHNSON	JR	#1 North Central (Il	3.55m	11-7¾	4/13
1	41	Gwen BERENYI	SO	#1 North Central (Il	3.55m	11-7¾	4/6
3	87	Kate WEBER	SO	#3 Elmhurst	3.35m	10-11¾	3/29
4		Hailey NEWILL	SO	#6 Millikin	3.31m	10-10¼	4/13
5		Julia KLEIN	SO	#9 North Park	3.30m	10-9¾	4/13
6		Grace TINDER	JR	#8 Carroll (Wis.)	3.26m	10-8¾	4/25
7		Ariana RIVERA	JR	#1 North Central (Il{3}	3.20m	10-6	4/25
8		Haylee YELLE	SO	#6 Millikin {2}	3.16m	10-4¼	4/13
9		Madeline SIMPSON	SO	#8 Carroll (Wis.) {2}	3.11m	10-2½	4/25
10		Alexis MAZZENGA	JR	#1 North Central (Il{4}	3.05m	10-0	3/29
10		Ashtin ROY	FR	#5 Wheaton (Ill.)	3.05m	10-0	3/29

Women's Long Jump

1	37	Itzel GARCIA	JR	#6 Millikin	5.57m	18-3¼ (0.0)	4/24
2	46	Katie JANVRIN	SO	#6 Millikin {2}	5.53m	18-1¾ (0.0)	4/24
3	73	Katelyn MCCANN	SO	#1 North Central (Il	5.44m	17-10¼ (0.8)	4/6
4	78	Vanessa CARR	SO	#3 Elmhurst	5.43m	17-9¾ (0.0)	4/13
5	80	Lauren MARSHALL	SR	#3 Elmhurst {2}	5.42m	17-9½ (0.3)	4/13
6	99	Thea RING	SO	#9 North Park	5.35mw	17-6¾ (2.8)	4/20
7		Paulina TINAJERO	FR	#3 Elmhurst {3}	5.29m	17-4¼ (1.0)	4/13
8		Anna KEGEL	SO	#2 Carthage	5.26mw	17-3¼ (2.2)	4/6
9		Abigail CALHOUN	JR	#2 Carthage {2}	5.24m	17-2¼ (1.1)	3/29
10		Zena ROBERTS	FR	#6 Millikin {3}	5.23mw	17-2 (2.2)	4/6

Women's Triple Jump

1	6	Imani OGUNRIBIDO	FR	#7 Illinois Wesleyan	12.23m	40-1½ (1.4)	4/13
2	19	Abigail CALHOUN	JR	#2 Carthage	11.92m	39-1¼ (0.0)	4/6
3	75	Lauren WONG	SR	#7 Illinois Wesleyan{2}	11.18mw	36-8¼ (2.8)	3/30
3	75	Vanessa CARR	SO	#3 Elmhurst	11.18m	36-8¼ (0.1)	4/6
5	97	Katie JANVRIN	SO	#6 Millikin	11.07m	36-4 (1.7)	4/13
6		Tara SCHAALMA	FR	#2 Carthage {2}	11.05m	36-3 (0.9)	3/29
7		Anna ANDRETICH	FR	#3 Elmhurst {2}	11.03m	36-2¼ (-1.1)	4/6
8		Paulina TINAJERO	FR	#3 Elmhurst {3}	10.91m	35-9½ (1.4)	4/6
9		Alice SOTELO	FR	#1 North Central (Il	10.83m	35-6½ (0.0)	4/13
10		Francesca SMITH	JR	#7 Illinois Wesleyan{3}	10.67m	35-¼ (1.5)	4/13

Women's Shot Put

1	2	Aubrey SCHOENEMAN	JR	#2 Carthage	15.11m	49-7	4/6
2	6	Vanessa UITENBROEK	JR	#8 Carroll (Wis.)	14.43m	47-4¼	4/13
3	12	Maria FALK	JR	#8 Carroll (Wis.) {2}	13.89m	45-7	4/25
4	22	Mikayla WRIGHT	JR	#2 Carthage {2}	13.44m	44-1¼	4/25
5	26	Alyssa GULSVIG	JR	#2 Carthage {3}	13.24m	43-5¼	3/29
6	44	Alexis MATTOX	SR	#2 Carthage {4}	12.92m	42-4¾	4/20
7	55	Madison PAYNE	SO	#2 Carthage {5}	12.83m	42-1¼	4/25
8	75	Jackie TUZIL	SO	#2 Carthage {6}	12.48m	40-11½	3/29
9	91	Kaitlyn BRUCCI	JR	#8 Carroll (Wis.) {3}	12.29m	40-4	4/13
10		Bridget WUNDERLICH	JR	#4 Augustana (Ill.)	12.16m	39-10¾	4/24

Women's Discus

1	1	Charlotte FRERE	SO	#4 Augustana (Ill.)	50.02m	164-1	4/6
2	2	Vanessa UITENBROEK	JR	#8 Carroll (Wis.)	49.06m	161-0	4/27
3	7	Cate GUDAITIS	JR	#8 Carroll (Wis.) {2}	46.12m	151-4	3/28
4	11	Alyssa GULSVIG	JR	#2 Carthage	45.42m	149-0	4/25
5	16	Nicole TARPLEY	JR	#2 Carthage {2}	44.26m	145-3	4/6
6	29	Aubrey SCHOENEMAN	JR	#2 Carthage {3}	43.26m	141-11	4/27
7	61	Jackie TUZIL	SO	#2 Carthage {4}	41.17m	135-1	4/6
8		Alexandra DRAVES	SR	#1 North Central (Il	38.50m	126-4	4/13
9		Laina NELSON	FR	#4 Augustana (Ill.) {2}	38.35m	125-10	4/20
10		Amanda MELTON	SO	#1 North Central (Il{2}	37.54m	123-2	4/25

Women's Hammer

1	4	Alexis MATTOX	SR	#2 Carthage	56.28m	184-8	4/27
2	7	Alexandra DRAVES	SR	#1 North Central (Il	54.89m	180-1	4/20
3	17	Vanessa UITENBROEK	JR	#8 Carroll (Wis.)	52.39m	171-11	4/6
4	19	Carlyssa KING	JR	#7 Illinois Wesleyan	52.33m	171-8	4/20
5	37	Nicole TARPLEY	JR	#2 Carthage {2}	50.23m	164-10	4/25
6	54	Aubrey SCHOENEMAN	JR	#2 Carthage {3}	48.47m	159-0	4/13
7	58	Maria FALK	JR	#8 Carroll (Wis.) {2}	48.23m	158-3	3/28
8	61	Dora DILL	JR	#2 Carthage {4}	48.00m	157-6	4/20
9	65	Madison PAYNE	SO	#2 Carthage {5}	47.76m	156-9	4/25
10	82	Adriyanna PATTERSON	JR	#6 Millikin	46.94m	154-0	4/13

Women's Javelin

1	9	Faith LADIN	SR	#1 North Central (Il	42.46m	139-4	4/25
2	20	Hannah JONES	SR	#1 North Central (Il{2}	40.70m	133-7	3/29
3	46	Heather MICHALSKI	JR	#4 Augustana (Ill.)	38.82m	127-5	4/27
4		Carmella LANGE	JR	#2 Carthage	35.26m	115-8	4/20
5		Ameila MILLER	FR	#4 Augustana (Ill.) {2}	34.21m	112-3	4/13
6		Charlotte FRERE	SO	#4 Augustana (Ill.) {3}	33.56m	110-1	3/30
7		Robin LEE	JR	#1 North Central (Il{3}	33.43m	109-8	4/13
8		Hannah TOMPKINS	SO	#5 Wheaton (Ill.)	33.35m	109-5	4/6
9		Laina NELSON	FR	#4 Augustana (Ill.) {4}	32.33m	106-1	3/30
10		Ally LABERGE	JR	#2 Carthage {2}	32.18m	105-7	4/20

Women's Heptathlon

1	25	Thea RING	SO	#9 North Park	4,366		4/20
2	34	Hannah JONES	SR	#1 North Central (Il	4,202		4/20
3	78	Teagan JOHNSTON	JR	#2 Carthage	3,521		4/20
4		Allison HUNT	FR	#4 Augustana (Ill.)	3,069		4/20
5		Julia KRAUS	FR	#2 Carthage {2}	3,011		4/20
6		Grace NISIUS	SO	#2 Carthage {3}	2,952		4/20
7		Addison HUPPERT	FR	#2 Carthage {4}	2,592		4/20



Conference TFRI Event Summary



CCS

as of 4/30/2024 1:55:40 PM ET

Women's 100 Meters

1	8	Syniah SIMS	FR	#3 Belhaven (Miss.)	11.86	(1.7)	3/23
2	48	Kimona HAYNES	SO	#3 Belhaven (Miss.) {2}	12.19	(1.7)	3/23
3	88	Ashaunti BARNES	SR	#3 Belhaven (Miss.) {3}	12.33w	(3.3)	3/23
4		Evelle DILLON	FR	#3 Belhaven (Miss.) {4}	12.62	(2.0)	4/7
5		Jakia JOINER	FR	#3 Belhaven (Miss.) {5}	12.85	(2.0)	4/7
6		Emma CHRISTENSEN	JR	#4 Covenant	12.87	(2.0)	4/6
7		Annessia GREER	SR	#3 Belhaven (Miss.) {6}	13.01w	(2.6)	3/23
8		Keyuna PEEBLES	FR	#2 Piedmont	13.03w	(2.7)	3/16
9		Zoe HARRISON	FR	#2 Piedmont {2}	13.14w	(2.7)	3/16
10		Ileyna BROOKS	JR	#2 Piedmont {3}	13.24	(1.9)	4/13

Women's 100 Meter Hurdles

1		D'Asia FRANKLIN	FR	#3 Belhaven (Miss.)	16.51	(1.5)	4/7
2		Michelle CATES	SO	#2 Piedmont	16.99w	(2.3)	4/6
3		Jerneisha LEWIS	JR	#1 Berea (Ky.)	17.10	(-0.6)	3/23
4		Brooke BENNA	FR	#2 Piedmont {2}	17.20	(-1.9)	3/16
5		Jakeisha LEWIS	JR	#1 Berea (Ky.) {2}	17.38w	(3.0)	3/30
5		Jaleesa HERMAN	SO	#1 Berea (Ky.) {2}	17.38	(-3.4)	4/27
7		Cortney BROWN	SR	#2 Piedmont {3}	17.51	(1.0)	4/6
8		Sam SEYMOUR	SR	#2 Piedmont {4}	17.65w	(3.9)	3/23

Women's 200 Meters

1	12	Syniah SIMS	FR	#3 Belhaven (Miss.)	24.58w	(2.1)	3/23
2	21	Kymiah BLAIR	JR	#1 Berea (Ky.)	24.73	(1.9)	4/27
3	31	Kimona HAYNES	SO	#3 Belhaven (Miss.) {2}	24.86w	(2.1)	3/23
4	99	Ashaunti BARNES	SR	#3 Belhaven (Miss.) {3}	25.39	(0.6)	3/2
5		Evelle DILLON	FR	#3 Belhaven (Miss.) {4}	26.01w	(2.5)	3/23
6		Ashyia MADDICKES	FR	#1 Berea (Ky.) {2}	26.33	(1.9)	3/30
7		Emma CHRISTENSEN	JR	#4 Covenant	26.75w	(3.5)	3/23
8		Alana RODRIGUEZ	FR	#5 Maryville (Tenn.)	26.93	(-2.6)	4/27
9		Zoe HARRISON	FR	#2 Piedmont	26.97	(0.6)	3/16
10		Jakia JOINER	FR	#3 Belhaven (Miss.) {5}	27.32	(-2.3)	3/30

Women's 400 Meters

1	6	Ashaunti BARNES	SR	#3 Belhaven (Miss.)	55.57		4/27
2	9	Kimona HAYNES	SO	#3 Belhaven (Miss.) {2}	55.90		4/27
3	20	Kymiah BLAIR	JR	#1 Berea (Ky.)	56.47		4/20
4		Ashyia MADDICKES	FR	#1 Berea (Ky.) {2}	1:00.86		4/12
5		Kristin FISCHLI	SO	#1 Berea (Ky.) {3}	1:01.70		4/6
6		Alana RODRIGUEZ	FR	#5 Maryville (Tenn.)	1:01.82		4/20
7		Liberte MACK	JR	#1 Berea (Ky.) {4}	1:02.07		4/6
8		Katerina KOVALEVSKAYA	FR	#1 Berea (Ky.) {5}	1:02.23		4/27
9		Michelle CATES	SO	#2 Piedmont	1:03.48		3/2
10		Kai DOYLE	JR	#2 Piedmont {2}	1:03.69		4/13

Women's 400 Meter Hurdles

1		Michelle CATES	SO	#2 Piedmont	1:09.42		4/13
2		Jakeisha LEWIS	JR	#1 Berea (Ky.)	1:11.13		4/6
3		Rhiannon SEVIER	JR	#6 Huntingdon (Ala)	1:11.77		3/9
4		Jerneisha LEWIS	JR	#1 Berea (Ky.) {2}	1:12.08		3/30
5		Bella CACCAMO	SO	#2 Piedmont {2}	1:14.89		4/6
6		Sam SEYMOUR	SR	#2 Piedmont {3}	1:16.35		4/27
7		Brianna DOWELL	JR	#1 Berea (Ky.) {3}	1:17.01		4/12
8		Brooke BENNA	FR	#2 Piedmont {4}	1:20.39		4/13

Women's 800 Meters

1		Muhorakeye JOYEUSE	FR	#1 Berea (Ky.)	2:21.52		4/6
2		Kristin FISCHLI	SO	#1 Berea (Ky.) {2}	2:23.32		4/20
3		Liberte MACK	JR	#1 Berea (Ky.) {3}	2:24.70		3/23
4		Madison STONESTREET	SO	#1 Berea (Ky.) {4}	2:28.39		3/30
5		Bella CACCAMO	SO	#2 Piedmont	2:29.33		4/27
6		Lydia DORMAN	SR	#4 Covenant	2:29.36		4/13
7		Tanea DAVIS	SO	#2 Piedmont {2}	2:30.78		4/27
8		Peyton POTTS	FR	#1 Berea (Ky.) {5}	2:31.50		4/27
9		Kate SMITH	JR	#6 Huntingdon (Ala)	2:32.07		4/13
10		Kristina BUCKLEY	SR	#5 Maryville (Tenn.)	2:34.41		4/13
10		Evangelia BERRY	FR	#4 Covenant {2}	2:34.41		4/13

Women's 1500 Meters

1		Madison STONESTREET	SO	#1 Berea (Ky.)	4:47.68		3/30
2		Muhorakeye JOYEUSE	FR	#1 Berea (Ky.) {2}	4:56.41		4/6
3		Lydia DORMAN	SR	#4 Covenant	5:00.38		4/6
4		Carah ANTECK	SO	#1 Berea (Ky.) {3}	5:13.70		4/27
5		Evangelia BERRY	FR	#4 Covenant {2}	5:15.14		3/16
6		Kate SMITH	JR	#6 Huntingdon (Ala)	5:15.23		4/27
7		Skyler SEEGER	SO	#2 Piedmont	5:15.71		3/16
8		Kristina BUCKLEY	SR	#5 Maryville (Tenn.)	5:20.00		4/20
9		Chrystal CORNWELL	FR	#1 Berea (Ky.) {4}	5:29.91		3/23
10		Michaela MOORE	FR	#6 Huntingdon (Ala) {2}	5:36.14		3/16

Women's Steeplechase

1		Skyler SEEGER	SO	#2 Piedmont	12:25.87		3/23
2		Chrystal CORNWELL	FR	#1 Berea (Ky.)	12:48.75		4/12
3		Carah ANTECK	SO	#1 Berea (Ky.) {2}	12:54.60		4/6
4		Kristina BUCKLEY	SR	#5 Maryville (Tenn.)	13:02.72		4/13
5		Jasiella GRANDY	JR	#1 Berea (Ky.) {3}	13:33.50		4/6
6		Anna DOLAN	SR	#4 Covenant	14:26.14		4/27



Conference TFRI Event Summary



CCS

as of 4/30/2024 1:55:40 PM ET

Women's 5000 Meters

1	76	Madison STONESTREET	SO	#1 Berea (Ky.)	17:31.59	4/5
2		Skyler SEEBER	SO	#2 Piedmont	18:45.05	4/6
3		Carah ANTECK	SO	#1 Berea (Ky.)	{2} 19:08.45	4/12
4		Evangelia BERRY	FR	#4 Covenant	19:14.56	4/6
5		Lydia DORMAN	SR	#4 Covenant	{2} 19:33.67	4/13
6		Hannah MARLOWE	SO	#2 Piedmont	{2} 20:05.00	3/16
7		Erin CHAMBERS	FR	#1 Berea (Ky.)	{3} 20:43.18	4/12
8		Jasiella GRANDY	JR	#1 Berea (Ky.)	{4} 20:48.97	3/23
9		Emerson TILLERY	FR	#4 Covenant	{3} 20:49.13	4/13
10		Michaela MOORE	FR	#6 Huntingdon (Ala)	21:38.20	4/13

Women's 10,000 Meters

1		Carah ANTECK	SO	#1 Berea (Ky.)	39:17.33	4/5
2		Hannah MARLOWE	SO	#2 Piedmont	42:52.99	3/2
3		Brooke DONLEY	SO	#1 Berea (Ky.)	{2} 47:13.12	4/6

Women's 4x100 Relay

1	3	Ashaunti Barnes, Kimona Haynes, Anneshia Greer, Syniah Sims	#3 Belhaven (Miss.)	46.47	3/30
2		Ileyna Brooks, Zoe Harrison, Allison Cantrell, Keyuna Peebles	#2 Piedmont	51.21	4/27
3		Angel Patterson, Ashyia Maddickes, Jaleesa Herman, Jerneisha Lewis	#1 Berea (Ky.)	51.59	4/27
4		#Type!	#5 Maryville (Tenn.)	53.26	4/13
5		Narissa Montgomery, Annika Austin, Annmary Melendez Arce, Imani Higginbotham	#7 Wesleyan (Ga.)	59.64	3/16

Women's 4x400 Relay

1	60	Kristin Fischli, Ashyia Maddickes, Kymiah Blair, Liberte Mack	#1 Berea (Ky.)	4:02.34	4/6
2	68	Ashaunti Barnes, Kimona Haynes, Taylor Fakes, Evelle Dillon	#3 Belhaven (Miss.)	4:03.01	4/7
3		Ileyna Brooks, Bella Caccamo, Michelle Cates, Sam Seymour	#2 Piedmont	4:26.41	3/23
4		Daehla Smith, Lydia Dorman, Evangelia Berry, Emma Christensen	#4 Covenant	4:38.05	3/16
5		Rhiannon Sevier, Michaela Moore, Aleah Vess, Kate Smith	#6 Huntingdon (Ala)	4:53.95	3/2

Women's High Jump

1		Emma CHRISTENSEN	JR	#4 Covenant	1.55m	5-1	4/20
2		D'Asia FRANKLIN	FR	#3 Belhaven (Miss.)	1.50m	4-11	3/2
2		Evelle DILLON	FR	#3 Belhaven (Miss.)	1.50m	4-11	3/2
2		Ashyia MADDICKES	FR	#1 Berea (Ky.)	1.50m	4-11	3/30
5		Jess AGINA	FR	#1 Berea (Ky.)	{2} 1.45m	4-9	3/23
6		Hailee HARDMAN	FR	#5 Maryville (Tenn.)	1.43m	4-8½	3/23
7		Cortney BROWN	SR	#2 Piedmont	1.40m	4-7	4/27
8		Sam SEYMOUR	SR	#2 Piedmont	{2} 1.36m	4-5½	3/2
9		Brooke BENNA	FR	#2 Piedmont	{3} 1.35m	4-5	4/27
9		Annika AUSTIN	SR	#7 Wesleyan (Ga.)	1.35m	4-5	4/6
9		Lindey FLEMING	FR	#1 Berea (Ky.)	{3} 1.35m	4-5	4/6

Women's Pole Vault

1		Sarah HOLLER	JR	#4 Covenant	2.90m	9-6½	4/20
2		Sydney BRASWELL	FR	#2 Piedmont	2.51m	8-2¾	3/2
3		Angel PATTERSON	JR	#1 Berea (Ky.)	2.45m	8-½	4/12
4		Victoria DROUIN	JR	#2 Piedmont	{2} 2.18m	7-1¾	4/13
5		Ashley BAILEY	FR	#1 Berea (Ky.)	{2} 2.00m	6-6¾	4/12

Women's Long Jump

1		Ashyia MADDICKES	FR	#1 Berea (Ky.)	5.17mw	16-11½ (3.1)	4/27
2		Jerneisha LEWIS	JR	#1 Berea (Ky.)	{2} 5.16m	16-11¼ (1.6)	3/23
3		Allison CANTRELL	FR	#2 Piedmont	4.94m	16-2½ (0.5)	4/13
4		Jakia JOINER	FR	#3 Belhaven (Miss.)	4.91m	16-1½ (-0.4)	4/7
5		Cortney BROWN	SR	#2 Piedmont	{2} 4.88m	16-¼ (-1.9)	4/13
6		Jakeisha LEWIS	JR	#1 Berea (Ky.)	{3} 4.83m	15-10¼ (0.5)	3/23
7		Kai DOYLE	JR	#2 Piedmont	{3} 4.77m	15-7¾ (0.9)	3/23
8		Jamia MADDOX	FR	#3 Belhaven (Miss.)	{2} 4.74m	15-6¾ (1.8)	4/27
9		Hailee HARDMAN	FR	#5 Maryville (Tenn.)	4.71m	15-5½ (0.0)	4/27
10		Zoe HARRISON	FR	#2 Piedmont	{4} 4.69m	15-4¾ (0.0)	4/13

Women's Triple Jump

1		Jakia JOINER	FR	#3 Belhaven (Miss.)	10.92m	35-10 (1.7)	4/7
2		Jakeisha LEWIS	JR	#1 Berea (Ky.)	10.65mw	34-11¼ (3.1)	4/27
3		Kai DOYLE	JR	#2 Piedmont	10.47mw	34-4¼ (2.5)	4/13
4		Sam SEYMOUR	SR	#2 Piedmont	{2} 10.43m	34-2¾ (-0.5)	4/20
5		Emma CHRISTENSEN	JR	#4 Covenant	10.12mw	33-2½ (2.6)	4/27
6		Cortney BROWN	SR	#2 Piedmont	{3} 9.63m	31-7¼ (1.1)	4/27
7		Allison CANTRELL	FR	#2 Piedmont	{4} 9.26mw	30-4¾ (2.2)	4/27
8		Ileyna BROOKS	JR	#2 Piedmont	{5} 9.00m	29-6½ (0.8)	4/13

Women's Shot Put

1	73	Nakiyah WASHINGTON	SR	#2 Piedmont	12.52m	41-1	4/27
2		Jelesia BROWN	JR	#3 Belhaven (Miss.)	11.50m	37-8¾	3/2
3		Kayla WARD	FR	#2 Piedmont	{2} 10.75m	35-3¼	4/13
4		Taylor THOMPSON	FR	#5 Maryville (Tenn.)	10.62m	34-10¼	3/29
5		Kelci SPARKS	SR	#5 Maryville (Tenn.)	{2} 10.36m	34-0	4/13
6		Sophia WIERSEMA	SO	#4 Covenant	10.22m	33-6½	4/27
7		Desire TACKETT	SR	#3 Belhaven (Miss.)	{2} 10.19m	33-5¼	4/7
8		Trinity TREADWAY	FR	#6 Huntingdon (Ala)	9.96m	32-8¼	3/30
9		Elise KEMP	SR	#1 Berea (Ky.)	9.94m	32-7½	4/27
10		Isabelle BEACH	SR	#7 Wesleyan (Ga.)	9.70m	31-10	3/16



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



CCS

as of 4/30/2024 1:55:40 PM ET

Women's Discus

1	96 Emily LANE	FR	#4 Covenant	39.43m	129-5	3/16
2	Allie FELTUS	JR	#2 Piedmont	37.87m	124-3	4/27
3	Nakiyah WASHINGTON	SR	#2 Piedmont	{2} 37.81m	124-1	4/27
4	Jelecia BROWN	JR	#3 Belhaven (Miss.)	36.83m	120-10	3/30
5	Shealee GALLEGOS	FR	#2 Piedmont	{3} 35.47m	116-5	4/27
6	Kelci SPARKS	SR	#5 Maryville (Tenn.)	33.50m	109-11	4/6
7	Trinity TREADWAY	FR	#6 Huntingdon (Ala)	31.00m	101-9	4/27
8	Kayla WARD	FR	#2 Piedmont	{4} 30.75m	100-11	4/20
9	Audrey SANDERS	SR	#5 Maryville (Tenn.)	{2} 30.58m	100-4	4/6
10	Desire TACKETT	SR	#3 Belhaven (Miss.)	{2} 30.37m	99-7¾	3/23

Women's Hammer

1	Lauren MYERS	SO	#5 Maryville (Tenn.)	41.85m	137-4	3/23
2	Desire TACKETT	SR	#3 Belhaven (Miss.)	40.77m	133-9	4/7
3	Kelci SPARKS	SR	#5 Maryville (Tenn.)	{2} 40.19m	131-10	4/13
4	Jelecia BROWN	JR	#3 Belhaven (Miss.)	{2} 38.91m	127-8	4/7
5	Elise KEMP	SR	#1 Berea (Ky.)	38.43m	126-1	4/6
6	Allie FELTUS	JR	#2 Piedmont	37.76m	123-11	4/27
6	Nakiyah WASHINGTON	SR	#2 Piedmont	37.76m	123-11	4/27
8	Abigail HOCKSTOK	SO	#1 Berea (Ky.)	{2} 37.63m	123-6	3/23
9	Whitney DARSEY	SO	#2 Piedmont	{3} 37.20m	122-1	4/27
10	Shealee GALLEGOS	FR	#2 Piedmont	{4} 36.40m	119-5	3/16

Women's Javelin

1	Cortney BROWN	SR	#2 Piedmont	35.37m	116-1	4/27
2	Nakiyah WASHINGTON	SR	#2 Piedmont	{2} 33.54m	110-1	4/13
3	Alyssa BELL	JR	#1 Berea (Ky.)	29.88m	98-½	4/27
4	Wren GREUBEL	JR	#2 Piedmont	{3} 28.40m	93-2¼	4/20
5	Emily LANE	FR	#4 Covenant	27.70m	90-10½	4/20
6	Ileyna BROOKS	JR	#2 Piedmont	{4} 26.27m	86-2¼	4/20
7	Trinity TREADWAY	FR	#6 Huntingdon (Ala)	24.29m	79-8¼	4/27
8	Whitney DARSEY	SO	#2 Piedmont	{5} 24.06m	78-11¼	4/13
9	Audrey SANDERS	SR	#5 Maryville (Tenn.)	23.66m	77-7½	4/27
10	Bonnie LAUDERBACK	FR	#5 Maryville (Tenn.)	{2} 23.19m	76-1	4/27

Women's Heptathlon

1	69 Cortney BROWN	SR	#2 Piedmont	3,667	4/13
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USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



Centennial

as of 4/30/2024 1:55:41 PM ET

Women's 100 Meters

1	27	Lauren PHILLIPS	JR	#1 Johns Hopkins	12.06w	(2.8)	4/6
2	31	Sara PENUELA	SR	#2 Dickinson	12.11w	(2.4)	4/14
3	74	Victoria KADIRI	SR	#1 Johns Hopkins {2}	12.29	(1.6)	4/6
4		Chloe ZHANG	FR	#1 Johns Hopkins {3}	12.50w	(3.1)	4/20
5		Mariana PENUELA	SR	#2 Dickinson {2}	12.61	(-1.1)	4/14
6		Katie MORGAN	JR	#7 McDaniel	12.71	(1.3)	4/13
7		Olivia D'AULERIO	SO	#9 Haverford	12.88w	(2.1)	4/13
8		Hope PETRALIA	SR	#6 Franklin & Marst	12.98w	(2.5)	4/13
9		Mirra KLIMOV	SO	#1 Johns Hopkins {4}	12.99w	(3.1)	4/20
10		Lydia MORRIS-KLIMENT	FR	#3 Swarthmore	13.02	(0.0)	4/20
10		Hanna RUBIALES	FR	#6 Franklin & Marst {2}	13.02w	(2.2)	4/20

Women's 100 Meter Hurdles

1	22	Darya MIKUSOVA	SR	#2 Dickinson	14.48w	(2.7)	4/20
2	40	Victoria KADIRI	SR	#1 Johns Hopkins	14.81	(1.5)	3/30
3	43	Maya RICHWINE	FR	#8 Muhlenberg	14.83w	(2.7)	4/20
4	70	Lauren DUNNIGAN	FR	#6 Franklin & Marst	15.04	(0.9)	4/20
5	84	Samantha WECHSLER	FR	#4 Ursinus	15.19	(1.9)	4/14
6		Hannah SWALE	SO	#3 Swarthmore	15.96	(-0.6)	4/13
7		Sophia KOVATSI	SR	#2 Dickinson {2}	16.01w	(2.2)	4/20
8		Kaelin RYAN	SO	#4 Ursinus {2}	16.38	(1.0)	4/20
9		Leah BIWOTT	JR	#2 Dickinson {3}	16.57w	(3.2)	4/20
10		Naomi ALPERIN	SR	#2 Dickinson {4}	16.66w	(2.3)	4/17

Women's 200 Meters

1	4	Lauren PHILLIPS	JR	#1 Johns Hopkins	24.37w	(3.5)	4/20
2	94	Sara PENUELA	SR	#2 Dickinson	25.34	(0.0)	4/17
3		Emerlee SIMONS	SR	#2 Dickinson {2}	25.74	(0.1)	4/14
4		Victoria KADIRI	SR	#1 Johns Hopkins {2}	25.90	(-0.7)	4/14
5		Darya MIKUSOVA	SR	#2 Dickinson {3}	26.03	(0.0)	4/17
6		Olivia D'AULERIO	SO	#9 Haverford	26.12w	(2.6)	4/6
7		Mariana PENUELA	SR	#2 Dickinson {4}	26.40	(0.0)	4/17
8		Anna ZAESKE	SR	#1 Johns Hopkins {3}	26.42	(1.1)	3/30
9		Katie MORGAN	JR	#7 McDaniel	26.49w	(2.1)	4/13
10		Lianne SAUSSY	SO	#1 Johns Hopkins {4}	26.53	(1.1)	3/30

Women's 400 Meters

1	8	Lauren PHILLIPS	JR	#1 Johns Hopkins	55.72		4/20
2	47	Annie HUANG	JR	#1 Johns Hopkins {2}	57.51		4/20
3	50	Katie MORGAN	JR	#7 McDaniel	57.55		4/17
4	51	Olivia D'AULERIO	SO	#9 Haverford	57.58		4/20
5		Anna ZAESKE	SR	#1 Johns Hopkins {3}	58.48		4/14
6		Emerlee SIMONS	SR	#2 Dickinson	58.51		4/20
7		Lianne SAUSSY	SO	#1 Johns Hopkins {4}	58.77		4/14
8		Isabel THORNBERRY	SR	#9 Haverford {2}	59.24		4/13
9		Tashyah SAMPLE	SO	#4 Ursinus	59.95		4/14
10		Lily TREMBA	FR	#1 Johns Hopkins {5}	1:00.07		4/20

Women's 400 Meter Hurdles

1	3	Darya MIKUSOVA	SR	#2 Dickinson	1:00.49		4/14
2		Kaelin RYAN	SO	#4 Ursinus	1:06.98		4/20
3		Tatum EVANS	SR	#6 Franklin & Marst	1:07.97		4/13
4		Lillian BOUDREAU	SO	#5 Gettysburg	1:08.18		3/23
5		Anna RANDO	SO	#7 McDaniel	1:09.07		4/20
6		Diana VALENTINI	FR	#1 Johns Hopkins	1:10.96		4/6
7		Maya RICHWINE	FR	#8 Muhlenberg	1:11.74		4/13
8		Abby BACHMAN	SO	#6 Franklin & Marst {2}	1:12.41		4/20
9		Lauren DUNNIGAN	FR	#6 Franklin & Marst {3}	1:13.20		3/23
10		Abigail LOVELACE	FR	#1 Johns Hopkins {2}	1:13.52		4/6

Women's 800 Meters

1	9	Annie HUANG	JR	#1 Johns Hopkins	2:10.45		4/14
2	53	Emma KOTHARI	SO	#1 Johns Hopkins {2}	2:15.48		4/14
3	57	Lorna ARCESE	SO	#1 Johns Hopkins {3}	2:15.69		4/14
4	59	Mackenzie SETTON	SO	#1 Johns Hopkins {4}	2:15.71		4/14
5	78	Sophia GOODWIN	FR	#3 Swarthmore	2:16.71		4/20
6		Lily TREMBA	FR	#1 Johns Hopkins {5}	2:18.05		4/14
7		Diana VALENTINI	FR	#1 Johns Hopkins {6}	2:18.09		4/14
8		Meghan CARROLL	JR	#4 Ursinus	2:18.69		4/20
9		Isabel THORNBERRY	SR	#9 Haverford	2:19.48		4/20
10		Lily SHETH	SR	#1 Johns Hopkins {7}	2:20.88		4/6

Women's 1500 Meters

1	27	Mackenzie SETTON	SO	#1 Johns Hopkins	4:34.14		4/14
2	45	Annie HUANG	JR	#1 Johns Hopkins {2}	4:37.02		4/20
3	62	Izzy NOBILLI	SO	#1 Johns Hopkins {3}	4:39.54		4/20
4	93	Adriana CATALANO	SO	#1 Johns Hopkins {4}	4:42.15		4/20
5		Emma KOTHARI	SO	#1 Johns Hopkins {5}	4:44.24		4/20
6		Amiyah PRIEBE	JR	#2 Dickinson	4:44.98		4/17
7		Eleni ALVAREZ	JR	#1 Johns Hopkins {6}	4:45.70		4/20
8		Aisling CALLAHAN	SO	#1 Johns Hopkins {7}	4:45.82		4/20
9		Sarah CONANT	SR	#1 Johns Hopkins {8}	4:47.34		4/20
10		Callie JONES	SR	#1 Johns Hopkins {9}	4:47.45		3/30

Women's Steeplechase

1	9	Sara STEPHENSON	SR	#1 Johns Hopkins	10:42.90		4/27
2	23	Amiyah PRIEBE	JR	#2 Dickinson	10:58.68		4/20
3	44	Charlotte KRATOVIL-LAVELLE	SR	#2 Dickinson {2}	11:20.07		4/17
4	53	Cooper BROTHERTON	SO	#1 Johns Hopkins {2}	11:25.74		4/20
5	82	Sophia GOODWIN	FR	#3 Swarthmore	11:37.27		4/13
6	88	Eleni ALVAREZ	JR	#1 Johns Hopkins {3}	11:38.81		3/30
7	97	Bailey MULLEN	SR	#7 McDaniel	11:39.97		4/6
8		Carys COOK	SO	#5 Gettysburg	11:41.93		4/21
9		Callie JONES	SR	#1 Johns Hopkins {4}	11:48.48		4/6
10		Katie SCOTT	FR	#6 Franklin & Marst	11:56.33		4/20



Conference TFRI Event Summary



Centennial

as of 4/30/2024 1:55:41 PM ET

Women's 5000 Meters

1	48	Sara STEPHENSON	SR	#1 Johns Hopkins	17:14.20	4/14
2	91	Izzy NOBILLI	SO	#1 Johns Hopkins {2}	17:38.60	4/6
3		Adriana CATALANO	SO	#1 Johns Hopkins {3}	17:43.47	4/6
4		Aisling CALLAHAN	SO	#1 Johns Hopkins {4}	17:49.95	4/14
5		Amiyah PRIEBE	JR	#2 Dickinson	17:50.88	3/27
6		Triya ROY	SR	#1 Johns Hopkins {5}	17:58.39	4/14
7		Myra NAQVI	JR	#2 Dickinson {2}	18:06.53	3/27
8		Katherine FORSBERG	SR	#1 Johns Hopkins {6}	18:09.83	4/20
9		Bailey MULLEN	SR	#7 McDaniel	18:12.62	4/17
10		Cooper BROTHERTON	SO	#1 Johns Hopkins {7}	18:13.39	4/14

Women's 10,000 Meters

1	29	Izzy NOBILLI	SO	#1 Johns Hopkins	36:00.13	4/14
2		Anna WARMACK	SR	#1 Johns Hopkins {2}	38:30.64	4/14
3		Elyse TANCINI	FR	#5 Gettysburg	39:00.19	4/6
4		Sammy jo BARNES	SR	#2 Dickinson	39:00.55	4/14
5		Bella STENHOUSE	FR	#1 Johns Hopkins {3}	39:02.77	4/14
6		Sarah SMITH	SO	#5 Gettysburg {2}	39:23.40	4/6
7		Kyla LORDEN	SO	#5 Gettysburg {3}	41:24.39	4/6
8		Jem BERNEY	SO	#8 Muhlenberg	41:26.22	4/20
9		Emily TROUT	JR	#5 Gettysburg {4}	41:46.88	4/6
10		Julianna WATSON	JR	#9 Haverford	42:08.15	3/30

Women's 4x100 Relay

1	28	#Type!		#1 Johns Hopkins	47.98	4/20
2	38	Emerlee Simons, Darya Mikusova, Mariana Penuela, Sara Penuela		#2 Dickinson	48.15	4/17
3	56	Tashyah Sample, Samantha Wechsler, Kaelin Ryan, Rainah Dunham		#4 Ursinus	48.78	4/27
4	100	#Type!		#7 McDaniel	49.70	4/20
5		#Type!		#6 Franklin & Marst	50.39	4/20
6		Shira Gamson, Sabrina Reichelt, Kayla Morisi, Maya Richwine		#8 Muhlenberg	50.46	4/27
7		#Type!		#9 Haverford	50.82	4/20
8		#Type!		#5 Gettysburg	51.57	3/23
9		Novy Goetgeluk, Adjoa Acquaaah, Kayla Camille, Awurabena Anane		#10 Bryn Mawr	54.26	3/23

Women's 4x400 Relay

1	13	Anna Zaeske, Annie Huang, Lauren Phillips, Lianne Saussy		#1 Johns Hopkins	3:51.81	4/27
2	31	Darya Mikusova, Emerlee Simons, Mariana Penuela, Sara Penuela		#2 Dickinson	3:56.99	4/20
3	59	Isabel Thornberry, Dominique Monroy, Anastasia Jaycobs, Olivia D'Aulerio		#9 Haverford	4:02.28	4/27
4		Tashyah Sample, Meghan Carroll, Jaycie Miller, Kaelin Ryan		#4 Ursinus	4:08.51	4/27
5		#Type!		#3 Swarthmore	4:08.73	4/20
6		#Type!		#7 McDaniel	4:16.17	4/20
7		Lauren Dunnigan, Annalise Kauffman, Abby Bachman, Hanna Rubiales		#6 Franklin & Marst	4:16.84	3/16
8		#Type!		#5 Gettysburg	4:19.49c (4:22.93)	3/23
9		Adjoa Acquaaah, Caroline Robertson, Cora Rosin, Malin Just		#10 Bryn Mawr	4:32.11	4/27
10		#Type!		#8 Muhlenberg	4:43.42	4/6

Women's High Jump

1	62	Victoria KADIRI	SR	#1 Johns Hopkins	1.60m	5-3	4/14
1	62	Avery MCNULTY	SO	#8 Muhlenberg	1.60m	5-3	4/13
3	95	Trelstad T	JR	#3 Swarthmore	1.58m	5-2¼	3/16
4		Abigail LOVEFACE	FR	#1 Johns Hopkins {2}	1.55m	5-1	3/30
5		Jessica JOHNSON	SO	#10 Bryn Mawr	1.50m	4-11	4/6
6		Allison HUELBIG	SO	#6 Franklin & Marst	1.47m	4-9¾	4/27
6		Madison LIPPAY	FR	#4 Ursinus	1.47m	4-9¾	4/27
6		Aja MCBRIDE	FR	#4 Ursinus	1.47m	4-9¾	4/20
6		Amanda TRASKA	SO	#4 Ursinus	1.47m	4-9¾	3/30
6		Alexa SCHAUDER	SR	#5 Gettysburg	1.47m	4-9¾	4/21
6		Hannah SWALE	SO	#3 Swarthmore {2}	1.47m	4-9¾	3/15

Women's Pole Vault

1	76	Sarah-Caulley SOTO	SO	#1 Johns Hopkins	3.40m	11-1¾	4/20
2		Bianca SKELTON	SR	#1 Johns Hopkins {2}	3.25m	10-8	4/20
2		Cassidy BROWN	JR	#1 Johns Hopkins {2}	3.25m	10-8	4/14
4		Juniper BAUROTH-SHERMAN	SO	#4 Ursinus	3.15m	10-4	4/27
5		Sophia LEONE	FR	#7 McDaniel	3.10m	10-2	4/20
6		Alexa SCHAUDER	SR	#5 Gettysburg	3.05m	10-0	4/21
7		Zelda HIRSCH	SO	#7 McDaniel {2}	2.90m	9-6¼	3/29
8		Sophia SPRINGER	SO	#3 Swarthmore	2.85m	9-4¼	4/20
8		Alice CREED	SR	#9 Haverford	2.85m	9-4¼	3/30
10		Stephani FRANKS	SR	#6 Franklin & Marst	2.78m	9-1½	3/16



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Centennial

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Women's Long Jump

1	3	Victoria KADIRI	SR	#1 Johns Hopkins	5.95m	19-6¼ (1.5)	4/20
2	14	Sara PENUELA	SR	#2 Dickinson	5.74m	18-10 (1.1)	4/27
3	16	Rainah DUNHAM	JR	#4 Ursinus	5.73m	18-9¾ (0.0)	3/29
4	99	Mariana PENUELA	SR	#2 Dickinson	{2} 5.35m	17-6¾ (0.3)	4/17
5		Samantha WECHSLER	FR	#4 Ursinus	{2} 5.34mw	17-6¼ (2.2)	4/6
6		Chloe ZHANG	FR	#1 Johns Hopkins	{2} 5.33mw	17-6 (2.8)	4/20
7		Annie LEDER	JR	#2 Dickinson	{3} 5.22m	17-1½ (0.0)	4/27
8		Lydia MORRIS-KLIMENT	FR	#3 Swarthmore	5.21m	17-1¼ (0.0)	4/20
9		Shira GAMSON	SO	#8 Muhlenberg	5.15mw	16-10¾ (3.6)	4/13
10		Alyssa ZHANG	SR	#3 Swarthmore	{2} 5.12m	16-9¾ (0.0)	4/20

Women's Triple Jump

1	1	Victoria KADIRI	SR	#1 Johns Hopkins	13.43m	44-¾ (1.5)	4/14
2	3	Rainah DUNHAM	JR	#4 Ursinus	12.51m	41-½ (1.7)	4/12
3	21	Sara BARTLETT	JR	#1 Johns Hopkins	{2} 11.75m	38-6¾ (1.8)	4/20
4	36	Samantha WECHSLER	FR	#4 Ursinus	{2} 11.53mw	37-10 (2.9)	4/12
5	86	Shira GAMSON	SO	#8 Muhlenberg	11.15m	36-7 (1.6)	4/27
6		Sophia GOODWIN	FR	#3 Swarthmore	11.06mw	36-3½ (2.1)	3/16
7		Hannah SWALE	SO	#3 Swarthmore	{2} 10.76m	35-3¾ (0.0)	4/20
8		Shanice WILLIAMS	SO	#8 Muhlenberg	{2} 10.69mw	35-1 (3.6)	3/30
9		Angel BIDGELL	JR	#7 McDaniel	10.68m	35-½ (1.1)	4/17
10		Alyssa ZHANG	SR	#3 Swarthmore	{3} 10.64m	34-11 (1.8)	3/16

Women's Shot Put

1	38	Erika EZUMBA	SO	#1 Johns Hopkins	13.07m	42-10¾	4/20
2	62	Tate GARCIA	SO	#3 Swarthmore	12.68m	41-7¼	4/13
3		Kelsey NEFF	SR	#1 Johns Hopkins	{2} 12.24m	40-2	3/30
4		Abby EVERETT	SR	#2 Dickinson	12.06m	39-6¾	3/27
5		Jacqueline ALLEN	SR	#4 Ursinus	11.95m	39-2½	4/27
6		Victoria KADIRI	SR	#1 Johns Hopkins	{3} 11.58m	38-0	4/14
7		Hilary GALLITO	JR	#1 Johns Hopkins	{4} 10.90m	35-9¼	4/20
7		Phoebe WILLIAMS	SO	#1 Johns Hopkins	{4} 10.90m	35-9¼	4/20
9		Caroline GENSINGER	SO	#5 Gettysburg	10.86m	35-7¾	4/21
10		Hannah SWALE	SO	#3 Swarthmore	{2} 10.75m	35-3¼	4/20

Women's Discus

1	31	Lydia MORRIS-KLIMENT	FR	#3 Swarthmore	43.20m	141-9	4/27
2	85	Tate GARCIA	SO	#3 Swarthmore	{2} 39.94m	131-1	4/20
3		Abby EVERETT	SR	#2 Dickinson	39.37m	129-2	4/20
4		Erika EZUMBA	SO	#1 Johns Hopkins	35.84m	117-7	3/30
5		Damien LABRADA	FR	#2 Dickinson	{2} 33.69m	110-7	4/20
6		Lea DEL GRIPPO	FR	#5 Gettysburg	33.53m	110-0	4/21
7		Randi WOOD	FR	#4 Ursinus	33.04m	108-5	4/20
8		Phoebe WILLIAMS	SO	#1 Johns Hopkins	{2} 32.91m	108-0	4/12
9		Mackenzie WARD	FR	#6 Franklin & Marst	32.47m	106-7	4/27
9		Hannah QUINN	FR	#4 Ursinus	{2} 32.47m	106-7	3/30

Women's Hammer

1	84	Faith FEZENKO	SR	#8 Muhlenberg	46.89m	153-10	4/6
2		Abby EVERETT	SR	#2 Dickinson	44.50m	146-0	3/23
3		Jacqueline ALLEN	SR	#4 Ursinus	43.24m	141-11	4/27
4		Erika EZUMBA	SO	#1 Johns Hopkins	42.70m	140-1	4/20
5		Elizabeth AGYEI	JR	#3 Swarthmore	42.49m	139-5	3/30
6		Jenna DEEP	SO	#2 Dickinson	{2} 42.39m	139-1	4/17
7		Caroline GENSINGER	SO	#5 Gettysburg	41.29m	135-6	4/21
8		Tate GARCIA	SO	#3 Swarthmore	{2} 38.97m	127-10	4/20
9		Erica BORBI	JR	#8 Muhlenberg	{2} 37.46m	122-11	4/6
10		Megan BICKFORD	JR	#3 Swarthmore	{3} 36.23m	118-11	4/20

Women's Javelin

1	7	Holly FERRARA	SR	#5 Gettysburg	43.44m	142-6	4/27
2	23	Mackenzie WARD	FR	#6 Franklin & Marst	40.22m	132-0	4/20
3		Trelstad T	JR	#3 Swarthmore	35.35m	116-0	4/6
4		Katrina BENNAGE	FR	#5 Gettysburg	{2} 34.92m	114-7	4/6
5		Hannah SWALE	SO	#3 Swarthmore	{2} 33.63m	110-4	4/20
6		Jill PROVAZNIK	JR	#3 Swarthmore	{3} 31.68m	103-11	3/30
7		Phoebe WILLIAMS	SO	#1 Johns Hopkins	31.66m	103-11	4/6
8		Amelia LANDRY	SO	#3 Swarthmore	{4} 31.54m	103-6	3/30
9		Carina BERITELA	SO	#1 Johns Hopkins	{2} 30.66m	100-7	4/20
10		Avery MCNULTY	SO	#8 Muhlenberg	29.73m	97-6½	4/20

Women's Heptathlon

1	5	Victoria KADIRI	SR	#1 Johns Hopkins	4,742		4/14
2	52	Hannah SWALE	SO	#3 Swarthmore	3,880		4/6
3	68	Samantha WECHSLER	FR	#4 Ursinus	3,675		4/6
4	84	Abigail LOVELACE	FR	#1 Johns Hopkins	{2} 3,507		4/14
5		Georgia MERCER	SO	#5 Gettysburg	2,868		4/12
6		Caroline HILL	FR	#3 Swarthmore	{2} 2,649		3/15
7		Lea DEL GRIPPO	FR	#5 Gettysburg	{2} 2,600		4/12
8		Juniper BAUROTH-SHERMAN	SO	#4 Ursinus	{2} 2,568		4/6
9		Emma SOMERS	SR	#1 Johns Hopkins	{3} 2,190		4/14
10		Sarah SONNTAG	FR	#3 Swarthmore	{3} 2,186		4/6



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CSAC

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Women's 100 Meters

1	Sarah RIVET	SR	#1 Alfred State	13.18	(0.2)	3/30
2	Madison SNAYCZUK	JR	#1 Alfred State	{2} 13.91	(1.6)	4/6
3	Tashae SAMUELS	FR	#1 Alfred State	{3} 14.32w	(3.0)	4/27
4	Adrainna GILL	SO	#1 Alfred State	{4} 14.92	(0.1)	3/30
5	Kathy GALINDO	FR	#1 Alfred State	{5} 15.42	(1.6)	4/27

Women's 100 Meter Hurdles

1	Charis EVANS	FR	#1 Alfred State	18.89w	(2.8)	4/27
2	Adrainna GILL	SO	#1 Alfred State	{2} 19.80	(1.2)	4/27

Women's 200 Meters

1	Sarah RIVET	SR	#1 Alfred State	26.92	(1.3)	4/27
2	Lily SCHNELL	SR	#1 Alfred State	{2} 28.81w	(2.6)	4/19
3	Tashae SAMUELS	FR	#1 Alfred State	{3} 30.18w	(3.6)	4/27
4	Charis EVANS	FR	#1 Alfred State	{4} 30.50w	(3.7)	4/6
5	Kathy GALINDO	FR	#1 Alfred State	{5} 33.27w	(3.6)	4/27

Women's 400 Meters

1	Oli KRAYNIK	FR	#1 Alfred State	1:01.86		4/19
2	Lily SCHNELL	SR	#1 Alfred State	{2} 1:02.71		4/13
3	Sarah RIVET	SR	#1 Alfred State	{3} 1:03.70		4/13
4	Adrainna GILL	SO	#1 Alfred State	{4} 1:07.69		4/6
5	Isabelle POPOFF	SR	#1 Alfred State	{5} 1:08.73		4/6
6	Charis EVANS	FR	#1 Alfred State	{6} 1:12.09		3/30

Women's 400 Meter Hurdles

1	Charis EVANS	FR	#1 Alfred State	1:19.77		4/27
2	Adrainna GILL	SO	#1 Alfred State	{2} 1:19.93		4/27

Women's 800 Meters

1	Isabelle POPOFF	SR	#1 Alfred State	2:27.92		4/19
2	Hailey KUMPF	FR	#1 Alfred State	{2} 2:30.47		3/30
3	Olivia PLUMMER	FR	#1 Alfred State	{3} 2:40.89		4/27

Women's 1500 Meters

1	Isabelle POPOFF	SR	#1 Alfred State	5:01.79		4/27
2	Hailey KUMPF	FR	#1 Alfred State	{2} 5:20.23		4/6
3	Olivia PLUMMER	FR	#1 Alfred State	{3} 5:47.67		4/13

Women's 4x100 Relay

1	Sarah Rivet, Oli Kraynik, Laura Walter, Madison Snayczuk	#1 Alfred State	51.17		4/19
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Women's 4x400 Relay

1	Sarah Rivet, Isabelle Popoff, Lily Schnell, Oli Kraynik	#1 Alfred State	4:11.83		4/27
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Women's Pole Vault

1	Laura WALTER	SR	#1 Alfred State	2.75m	9-¼	4/6
2	Oli KRAYNIK	FR	#1 Alfred State	{2} 2.60m	8-6¼	4/19

Women's Long Jump

1	Madison SNAYCZUK	JR	#1 Alfred State	5.14m	16-10½ (0.0)	4/19
2	Laura WALTER	SR	#1 Alfred State	{2} 4.73m	15-6¼ (0.0)	4/19
3	Lily SCHNELL	SR	#1 Alfred State	{3} 4.70m	15-5 (0.0)	3/30

Women's Triple Jump

1	Madison SNAYCZUK	JR	#1 Alfred State	10.78m	35-4½ (1.7)	4/13
2	Lily SCHNELL	SR	#1 Alfred State	{2} 9.44m	30-11¾ (1.5)	4/19

Women's Shot Put

1	Jileena STEARNS	FR	#1 Alfred State	8.84m	29-0	4/6
2	Mackenzie GILLETTE	JR	#1 Alfred State	{2} 6.99m	22-11¼	4/19
3	Jaelyn BENJAMIN	FR	#1 Alfred State	{3} 6.65m	21-10	4/19

Women's Discus

1	Jileena STEARNS	FR	#1 Alfred State	24.06m	78-11¼	4/6
2	Mackenzie GILLETTE	JR	#1 Alfred State	{2} 23.94m	78-6½	4/6
3	Jaelyn BENJAMIN	FR	#1 Alfred State	{3} 17.86m	58-7¼	3/30
4	Gabi LEITE	FR	#1 Alfred State	{4} 17.12m	56-2	4/6

Women's Hammer

1	Mackenzie GILLETTE	JR	#1 Alfred State	40.42m	132-8	4/19
2	Jileena STEARNS	FR	#1 Alfred State	{2} 31.71m	104-1	4/27
3	Jaelyn BENJAMIN	FR	#1 Alfred State	{3} 23.18m	76-¾	3/30

Women's Javelin

1	Mackenzie GILLETTE	JR	#1 Alfred State	17.07m	56-0	4/19
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Women's 100 Meters

1	94 Diana BOA	SR	#4 York (N.Y.)	12.34	(1.4)	3/30
2	Imani RICHARDSON	FR	#2 Medgar Evers	13.26	(0.6)	4/13
3	Desireth RAMIREZ	FR	#2 Medgar Evers {2}	13.50	(0.8)	4/27
4	Katryna FRANCOIS	SO	#4 York (N.Y.) {2}	13.52	(1.5)	4/20
5	Alyssa ABRAHAMS	SO	#1 Hunter	13.63	(0.0)	4/20
6	Isabella MOSELEY	FR	#1 Hunter {2}	13.69		4/26
7	Colby CORLEY	FR	#5 Lehman	13.91	(1.5)	4/20
8	Imani GIBSON	FR	#4 York (N.Y.) {3}	14.27	(0.3)	4/27
9	Jennifer METRA	FR	#2 Medgar Evers {3}	14.28	(0.3)	4/27
10	Tahlea MURRAY	FR	#1 Hunter {3}	14.39	(1.3)	3/30

Women's 100 Meter Hurdles

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	17.63	(-0.5)	4/26
2	Desireth RAMIREZ	FR	#2 Medgar Evers {2}	18.63w	(3.0)	4/27
3	Rubilyn NAVARRO	SO	#1 Hunter	19.70	(1.0)	4/20
4	Becky LI	FR	#1 Hunter {2}	20.33	(-2.1)	4/7
5	Lambert JADA	FR	#2 Medgar Evers {3}	20.91w	(3.0)	4/27
6	Tahlea MURRAY	FR	#1 Hunter {3}	21.38	(-1.5)	4/7
7	Helen DAI	SR	#1 Hunter {4}	21.45	(-0.9)	4/7
8	Flor DOMINGUEZ	FR	#3 CCNY	22.66w	(3.0)	4/27
9	Angelina BROWN	FR	#3 CCNY {2}	22.99	(-0.9)	4/19

Women's 200 Meters

1	26 Diana BOA	SR	#4 York (N.Y.)	24.81w	(2.7)	3/30
2	Desireth RAMIREZ	FR	#2 Medgar Evers	27.51	(0.0)	4/27
3	Katryna FRANCOIS	SO	#4 York (N.Y.) {2}	27.57	(0.9)	4/27
4	Imani RICHARDSON	FR	#2 Medgar Evers {2}	27.69	(0.0)	3/30
5	Alyssa ABRAHAMS	SO	#1 Hunter	28.32	(1.1)	4/20
6	Isabella MOSELEY	FR	#1 Hunter {2}	28.70		4/26
7	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers {3}	29.18	(-1.4)	4/20
8	Colby CORLEY	FR	#5 Lehman	29.82	(-0.5)	3/30
9	Imani GIBSON	FR	#4 York (N.Y.) {3}	30.01	(1.6)	4/27
10	Camille CARRASCO	FR	#3 CCNY	30.23	(0.0)	4/19

Women's 400 Meters

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	1:05.27		4/6
2	Katryna FRANCOIS	SO	#4 York (N.Y.)	1:05.52		4/12
3	Isabella MOSELEY	FR	#1 Hunter	1:07.98		4/20
4	Camille CARRASCO	FR	#3 CCNY	1:08.48		4/27
5	Imani RICHARDSON	FR	#2 Medgar Evers {2}	1:09.52		4/26
6	Nana SAMAKE	SO	#2 Medgar Evers {3}	1:10.64		3/30
7	Imani GIBSON	FR	#4 York (N.Y.) {2}	1:11.08		4/19
8	Colby CORLEY	FR	#5 Lehman	1:11.44		3/30
9	Lambert JADA	FR	#2 Medgar Evers {4}	1:13.95		4/27
10	Flor DOMINGUEZ	FR	#3 CCNY {2}	1:16.29		4/19

Women's 400 Meter Hurdles

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	1:10.15		4/26
2	Lambert JADA	FR	#2 Medgar Evers {2}	1:23.20		4/26
3	Desireth RAMIREZ	FR	#2 Medgar Evers {3}	1:23.36		4/26
4	Flor DOMINGUEZ	FR	#3 CCNY	1:26.37		4/27
5	Angelina BROWN	FR	#3 CCNY {2}	1:26.73		4/7
6	Helen DAI	SR	#1 Hunter	1:27.65		3/30
7	Lilliana KHDIR	FR	#1 Hunter {2}	1:38.69		4/26
8	Caera BEIGHTOL	FR	#1 Hunter {3}	1:39.49		4/20
9	Alisha ADAMS	FR	#4 York (N.Y.)	1:45.87		4/27

Women's 800 Meters

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	2:42.45		3/30
2	Samantha SURIEL	JR	#1 Hunter	2:47.27		4/26
3	Nana SAMAKE	SO	#2 Medgar Evers {2}	2:48.25		4/13
4	Katryna FRANCOIS	SO	#4 York (N.Y.)	2:49.64		3/30
5	Irving JIANG	JR	#1 Hunter {2}	2:52.20		3/30
6	Touka MEDJOUBI	FR	#1 Hunter {3}	2:57.01		4/26
7	Arlene SUZANA	JR	#5 Lehman	2:57.26		4/7
8	Wendy MONTIEL	JR	#1 Hunter {4}	2:58.68		4/26
9	Camille CARRASCO	FR	#3 CCNY	3:02.91		4/27
10	Flor DOMINGUEZ	FR	#3 CCNY {2}	3:04.87		4/27

Women's 1500 Meters

1	Nana SAMAKE	SO	#2 Medgar Evers	5:33.43		4/27
2	Samantha SURIEL	JR	#1 Hunter	5:38.30		3/24
3	Touka MEDJOUBI	FR	#1 Hunter {2}	5:47.83		4/26
4	Arlene SUZANA	JR	#5 Lehman	5:52.70		4/7
5	Wendy MONTIEL	JR	#1 Hunter {3}	6:03.97		4/26
6	Irving JIANG	JR	#1 Hunter {4}	6:10.41		3/24
7	Isabelle ASHPOLE	FR	#3 CCNY	6:25.20		4/19
8	Katryna FRANCOIS	SO	#4 York (N.Y.)	6:38.63		3/24
9	Imani GIBSON	FR	#4 York (N.Y.) {2}	6:48.20		3/24
10	Rawnaa ELSHITA	SR	#1 Hunter {5}	7:21.60		3/30

Women's Steeplechase

1	Arlene SUZANA	JR	#5 Lehman	14:02.04		4/7
2	Flor DOMINGUEZ	FR	#3 CCNY	15:08.36		4/27
3	Irving JIANG	JR	#1 Hunter	15:29.94		4/20
4	Rawnaa ELSHITA	SR	#1 Hunter {2}	17:28.96		4/20
5	Lambert JADA	FR	#2 Medgar Evers	17:29.53		4/26
6	Caera BEIGHTOL	FR	#1 Hunter {3}	17:59.53		4/7
7	Mehnoor YOUSAF	SR	#1 Hunter {4}	20:50.35		4/7
8	Sarah VALLON	FR	#2 Medgar Evers {2}	24:41.41		4/26
9	Adacia SCOTLAND	FR	#2 Medgar Evers {3}	28:05.23		4/20



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Women's 5000 Meters

1	Arlene SUZANA	JR	#5 Lehman	21:08.87	3/30
2	Touka MEDJOUBI	FR	#1 Hunter	21:34.52	4/20
3	Samantha SURIEL	JR	#1 Hunter	{2} 21:47.82	4/7
4	Nana SAMAKE	SO	#2 Medgar Evers	21:48.73	4/6
5	Wendy MONTIEL	JR	#1 Hunter	{3} 21:51.49	4/27
6	Irving JIANG	JR	#1 Hunter	{4} 24:02.73	4/7
7	Isabelle ASHPOLE	FR	#3 CCNY	24:09.57	4/7
8	Maisha ISLAM	FR	#3 CCNY	{2} 32:01.26	4/27

Women's 10,000 Meters

1	Touka MEDJOUBI	FR	#1 Hunter	42:10.17	3/24
2	Wendy MONTIEL	JR	#1 Hunter	{2} 45:23.78	4/20
3	Samantha SURIEL	JR	#1 Hunter	{3} 46:13.14	4/20
4	Nana SAMAKE	SO	#2 Medgar Evers	48:47.48	3/24
5	Rawnaa ELSHITA	SR	#1 Hunter	{4} 50:46.48	3/24
6	Isabelle ASHPOLE	FR	#3 CCNY	52:55.10	3/24
7	Maisha ISLAM	FR	#3 CCNY	{2} 1:06:44	3/24

Women's 4x100 Relay

1	Jennifer Metra, Aaliyah Bartholomew, Desireth Ramirez, Imani Richardson	#2 Medgar Evers	53.82	3/30
2	Alyssa Abrahams, Tahlea Murray, Isabella Moseley, Rubilyn Navarro	#1 Hunter	55.16	4/26
3	Colby Corley, Arlene Suzana, Nidia Nelson, Amariah Emanuel-Taylor	#5 Lehman	57.24	4/20
4	Imani Gibson, Katryna Francois, Peta-Gay Hunter, Keanna Clouden	#4 York (N.Y.)	57.41	4/27
5	Leondra Craig, Britney Lacy, Kaylin Soto, Samantha Johnson	#3 CCNY	58.85	4/27

Women's 4x400 Relay

1	Samantha Suriel, Rawnaa Elshita, Irving Jiang, Isabella Moseley	#1 Hunter	4:51.51	4/26
2	Aaliyah Bartholomew, Nana Samake, Lambert Jada, Jennifer Metra	#2 Medgar Evers	4:56.77	4/7
3	Isabelle Ashpole, Angelina Brown, Dashawna Brown, Camille Carrasco	#3 CCNY	5:07.64	4/12
4	Imani Gibson, Peta- Gay Hunter, Katryna Francois, Keanna Clouden	#4 York (N.Y.)	5:16.09	4/12

Women's High Jump

1	Daria NIEBRZYDOWSKI	SO	#1 Hunter	1.55m	5-1	4/7
2	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	1.37m	4-6	4/19
3	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 1.35m	4-5	4/20
4	Rubilyn NAVARRO	SO	#1 Hunter	{2} 1.32m	4-4	3/24
5	Leondra CRAIG	JR	#3 CCNY	1.30m	4-3 1/4	4/7
6	Becky LI	FR	#1 Hunter	{3} 1.27m	4-2	3/24
6	Leila NOURI	FR	#1 Hunter	{3} 1.27m	4-2	3/24
8	Lambert JADA	FR	#2 Medgar Evers	{3} 1.25m	4-1 1/4	4/7
9	Lilliana KHDIR	FR	#1 Hunter	{5} 1.22m	4-0	3/24
9	Jennifer METRA	FR	#2 Medgar Evers	{4} 1.22m	4-0	3/23

Women's Long Jump

1	Rasheeda GURLEY	SR	#4 York (N.Y.)	5.17mw	16-11 1/2 (2.2)	3/30
2	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	4.78m	15-8 1/4 (0.6)	4/27
3	Rubilyn NAVARRO	SO	#1 Hunter	4.77m	15-7 3/4	4/26
4	Tahlea MURRAY	FR	#1 Hunter	{2} 4.71m	15-5 1/2 (-1.9)	3/30
4	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 4.71m	15-5 1/2 (0.3)	4/7
6	Imani RICHARDSON	FR	#2 Medgar Evers	{3} 4.62m	15-2 (0.0)	4/7
7	Becky LI	FR	#1 Hunter	{3} 4.48m	14-8 1/2 (0.0)	4/20
8	Daria NIEBRZYDOWSKI	SO	#1 Hunter	{4} 4.45m	14-7 1/4 (-2.0)	3/30
9	Kaylin SOTO	SO	#3 CCNY	4.30m	14-1 1/4 (1.6)	4/19
10	Deja DAVIS	FR	#2 Medgar Evers	{4} 4.17m	13-8 1/4 (-1.0)	4/6

Women's Triple Jump

1	Tahlea MURRAY	FR	#1 Hunter	10.43m	34-2 3/4	4/26
2	Daria NIEBRZYDOWSKI	SO	#1 Hunter	{2} 9.81m	32-2 1/4 (0.0)	4/7
3	Desireth RAMIREZ	FR	#2 Medgar Evers	9.73m	31-11 1/4 (1.4)	4/27
4	Rubilyn NAVARRO	SO	#1 Hunter	{3} 9.50m	31-2	4/26
5	Lambert JADA	FR	#2 Medgar Evers	{2} 9.07m	29-9 1/4 (-0.5)	4/26
6	Deja DAVIS	FR	#2 Medgar Evers	{3} 7.96m	26-1 1/2 (1.3)	4/7

Women's Shot Put

1	Serena WARNER	JR	#3 CCNY	9.94m	32-7 1/2	4/27
2	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	9.28m	30-5 1/2	4/26
3	Nia BUTLER	FR	#2 Medgar Evers	{2} 8.82m	28-11 1/4	3/30
4	Nidia NELSON	SO	#5 Lehman	8.62m	28-3 1/2	4/12
5	Camaya SEALY	FR	#2 Medgar Evers	{3} 8.20m	26-11	4/7
6	Karina TAN	JR	#1 Hunter	8.04m	26-4 1/2	3/24
7	Torey RICHARDS	FR	#2 Medgar Evers	{4} 7.92m	26-0	4/20
8	Jada CLAYTON	FR	#2 Medgar Evers	{5} 7.85m	25-9 1/4	4/13
8	Nadia DALEY	FR	#4 York (N.Y.)	7.85m	25-9 1/4	4/20
10	Leondra CRAIG	JR	#3 CCNY	{2} 7.67m	25-2	4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



CUNYAC

as of 4/30/2024 1:55:42 PM ET

Women's Discus

1	Serena WARNER	JR	#3 CCNY	27.70m	90-10½	4/27
2	Nidia NELSON	SO	#5 Lehman	25.63m	84-1¼	4/26
3	Torey RICHARDS	FR	#2 Medgar Evers	24.90m	81-8½	4/20
4	Jada CLAYTON	FR	#2 Medgar Evers	{2} 23.68m	77-8¼	4/20
5	Leondra CRAIG	JR	#3 CCNY	{2} 23.02m	75-6¼	3/30
6	Nia NOVOTNY	FR	#1 Hunter	22.45m	73-8	4/26
7	Karina TAN	JR	#1 Hunter	{2} 22.07m	72-5	4/7
8	Raine WILLIAMS	FR	#2 Medgar Evers	{3} 21.06m	69-1¼	4/13
9	Nia BUTLER	FR	#2 Medgar Evers	{4} 21.03m	69-0	4/19
10	Rawnaa ELSHITA	SR	#1 Hunter	{3} 19.21m	63-¼	4/26

Women's Hammer

1	Nidia NELSON	SO	#5 Lehman	35.56m	116-8	3/30
2	Nia BUTLER	FR	#2 Medgar Evers	27.88m	91-5¾	4/20
3	Jada CLAYTON	FR	#2 Medgar Evers	{2} 26.20m	85-11½	4/13
4	Karina TAN	JR	#1 Hunter	24.63m	80-9¾	4/7
5	Torey RICHARDS	FR	#2 Medgar Evers	{3} 23.98m	78-8¼	4/27
6	Serena WARNER	JR	#3 CCNY	23.56m	77-3¾	4/27
7	Raine WILLIAMS	FR	#2 Medgar Evers	{4} 21.98m	72-1½	4/27
8	Sofia CAMPOS	FR	#3 CCNY	{2} 18.65m	61-2¼	4/19
9	Leondra CRAIG	JR	#3 CCNY	{3} 17.18m	56-4½	4/27
10	Rawnaa ELSHITA	SR	#1 Hunter	{2} 16.80m	55-1½	4/26

Women's Javelin

1	Serena WARNER	JR	#3 CCNY	29.60m	97-1½	4/27
2	Leondra CRAIG	JR	#3 CCNY	{2} 28.92m	94-10¾	3/30
3	Nia NOVOTNY	FR	#1 Hunter	28.46m	93-4½	4/26
4	Kaylin SOTO	SO	#3 CCNY	{3} 22.93m	75-2¾	4/19
5	Camaya SEALY	FR	#2 Medgar Evers	21.45m	70-4½	4/27
6	Raine WILLIAMS	FR	#2 Medgar Evers	{2} 21.00m	68-10¾	4/27
7	Nidia NELSON	SO	#5 Lehman	20.76m	68-1½	4/20
8	Rawnaa ELSHITA	SR	#1 Hunter	{2} 17.70m	58-1	3/24
9	Alisha ADAMS	FR	#4 York (N.Y.)	17.57m	57-7¾	4/7
10	Torey RICHARDS	FR	#2 Medgar Evers	{3} 16.48m	54-1	4/6



Conference TFRI Event Summary



Empire 8

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Women's 100 Meters

1	53 Mackenzie MIX	JR	#2 Utica	12.21	(1.8)	4/26
2	Victoria BREWSTER	SO	#4 Houghton	12.45	(1.6)	4/27
3	Alaina MORLEY	SO	#1 Nazareth	12.68	(1.1)	4/26
4	Michaela KURBS	SR	#3 St. John Fisher	12.76w	(3.0)	4/27
5	Alexis LASHER	SO	#1 Nazareth	{2} 12.81	(0.0)	4/13
6	Pepita GRAHAM	FR	#6 Hartwick	12.87w	(2.9)	4/6
7	Laura MEADE	SR	#2 Utica	{2} 13.03	(1.8)	4/26
8	Zeniyah GHOLSON	SO	#2 Utica	{3} 13.04w	(2.9)	4/6
9	Ayjah CLARKE	SR	#2 Utica	{4} 13.17w	(2.9)	4/6
10	Jasmine KENDRICK	FR	#1 Nazareth	{3} 13.25	(1.1)	4/7

Women's 100 Meter Hurdles

1	Anne SPILA	JR	#5 Alfred	15.70	(0.8)	3/30
2	Samantha LUBA	SO	#1 Nazareth	15.96w	(2.2)	4/26
3	Stefania GRIMALDI	FR	#2 Utica	16.20	(2.0)	3/30
4	Alyssa YOUNGS	FR	#2 Utica	{2} 16.23w	(2.8)	4/20
5	Olivia JENSEN	FR	#2 Utica	{3} 16.55	(1.0)	4/26
6	Amelia PETERSEN	FR	#2 Utica	{4} 16.61w	(2.5)	4/20
7	Hannah RAGULE	SR	#1 Nazareth	{2} 16.65w	(2.2)	4/26
8	Mallory RICE	FR	#1 Nazareth	{3} 16.85w	(2.2)	4/26
9	Hayly FREDRICKSON	JR	#3 St. John Fisher	16.97w	(2.8)	4/27
10	Laura MEADE	SR	#2 Utica	{5} 17.03w	(2.4)	4/20

Women's 200 Meters

1	Mackenzie MIX	JR	#2 Utica	25.50	(-2.4)	4/26
2	Victoria BREWSTER	SO	#4 Houghton	26.19	(0.6)	4/7
3	Alaina MORLEY	SO	#1 Nazareth	26.43	(0.4)	4/13
4	Abrianna WADLEY	JR	#2 Utica	{2} 26.61w	(2.3)	4/20
5	Alexis LASHER	SO	#1 Nazareth	{2} 26.83	(1.4)	4/13
6	Grace DOLAN	FR	#3 St. John Fisher	26.91	(1.7)	4/27
7	Jasmine KENDRICK	FR	#1 Nazareth	{3} 27.22	(-1.9)	4/26
8	Sarah CODDINGTON	SO	#4 Houghton	{2} 27.49	(1.3)	4/27
9	Janaiya CRUZ-BERMEDEZ	SR	#2 Utica	{3} 27.53w	(2.8)	4/6
10	Lauren BENDALL	SR	#1 Nazareth	{4} 27.59	(-0.5)	4/13

Women's 400 Meters

1	Mackenzie MIX	JR	#2 Utica	58.72		4/13
2	Olivia GILBERT	SR	#5 Alfred	59.45		4/27
3	Grace DOLAN	FR	#3 St. John Fisher	1:00.88		4/27
4	Isabella HEATH	SR	#1 Nazareth	1:01.09		4/7
5	Janaiya CRUZ-BERMEDEZ	SR	#2 Utica	{2} 1:01.41		4/20
6	Lauren BENDALL	SR	#1 Nazareth	{2} 1:01.68		4/26
7	Alexis LASHER	SO	#1 Nazareth	{3} 1:02.47		4/7
8	Zoe RAINVILLE	FR	#5 Alfred	{2} 1:02.59		4/19
9	Kennedy ROSE	FR	#1 Nazareth	{4} 1:03.11		4/26
10	Kyra BINNEY	SO	#4 Houghton	1:03.42		4/27

Women's 400 Meter Hurdles

1	Alyssa YOUNGS	FR	#2 Utica	1:08.13		3/30
2	Sophia LEACH	FR	#3 St. John Fisher	1:08.74		4/27
3	Mackenzie MIX	JR	#2 Utica	{2} 1:08.89		3/30
4	Lauren BENDALL	SR	#1 Nazareth	1:08.97		3/30
5	Mallory RICE	FR	#1 Nazareth	{2} 1:09.06		4/26
6	Samantha LUBA	SO	#1 Nazareth	{3} 1:09.72		4/26
7	Hayly FREDRICKSON	JR	#3 St. John Fisher	{2} 1:11.36		4/27
8	Olivia JENSEN	FR	#2 Utica	{3} 1:11.61		4/20
9	Tirzah SPIVEY	SO	#7 Sage Colleges	1:11.67		4/26
10	Annabelle TOWNSEND	JR	#5 Alfred	1:12.73		4/19

Women's 800 Meters

1	Olivia GILBERT	SR	#5 Alfred	2:17.63		4/14
2	Jade DENING	JR	#2 Utica	2:23.55		4/20
3	Ella IMPAGLIA	SO	#1 Nazareth	2:23.86		4/20
4	Caitlin VOLOSHEN	SO	#3 St. John Fisher	2:25.23		3/29
5	Paige ACKLEY	SR	#1 Nazareth	{2} 2:25.72		4/26
6	Kyra BINNEY	SO	#4 Houghton	2:26.74		4/19
7	Allison LIST	SO	#3 St. John Fisher	{2} 2:26.76		4/14
8	Kelsey FAHY	FR	#1 Nazareth	{3} 2:26.80		4/20
9	Maggie BACON	FR	#3 St. John Fisher	{3} 2:27.12		4/14
10	Mackenzie FEENEY	SR	#7 Sage Colleges	2:28.51		4/26

Women's 1500 Meters

1	Ella IMPAGLIA	SO	#1 Nazareth	4:52.19		4/26
2	Emily WEAVER	SR	#1 Nazareth	{2} 4:56.78		4/26
3	Jade DENING	JR	#2 Utica	4:56.79		4/26
4	Kelsey FAHY	FR	#1 Nazareth	{3} 4:59.70		4/26
5	Noelle LINENFELSER	SO	#4 Houghton	4:59.96		4/7
6	Tabitha CLARK	JR	#4 Houghton	{2} 5:00.82		4/14
7	Olivia GRINNELL	SO	#3 St. John Fisher	5:01.05		4/14
8	Allison LIST	SO	#3 St. John Fisher	{2} 5:04.51		4/27
9	Bailey VISINGARD	FR	#1 Nazareth	{4} 5:04.90		4/13
10	Caitlin VOLOSHEN	SO	#3 St. John Fisher	{3} 5:05.23		4/14

Women's Steeplechase

1	Ella IMPAGLIA	SO	#1 Nazareth	11:44.41		4/7
2	Emily WEAVER	SR	#1 Nazareth	{2} 11:47.48		4/14
3	Caitlin VOLOSHEN	SO	#3 St. John Fisher	11:56.44		4/7
4	Bailey VISINGARD	FR	#1 Nazareth	{3} 11:56.53		4/7
5	Allison LIST	SO	#3 St. John Fisher	{2} 12:18.99		4/20
6	Sabrina ANTONINI	JR	#3 St. John Fisher	{3} 12:59.56		4/7
7	Megan O'MALLEY	FR	#3 St. John Fisher	{4} 13:49.15		4/20
8	Maggie DOLLOFF	JR	#3 St. John Fisher	{5} 13:49.39		4/7
9	Emma WENDT	FR	#1 Nazareth	{4} 14:46.64		4/7
10	Sophie RIDGWAY	JR	#6 Hartwick	16:18.18		4/20



Conference TFRI Event Summary



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Women's 5000 Meters

1	Lauren DEMICHELE	SR	#3 St. John Fisher	18:14.00	4/7
2	Riley JAMESON	JR	#3 St. John Fisher {2}	18:23.59	4/7
3	Lilianna HANNING	SR	#1 Nazareth	18:29.09	4/26
4	Ella IMPAGLIA	SO	#1 Nazareth {2}	18:44.20	3/30
5	Elizabeth INGELLIS	JR	#7 Sage Colleges	18:45.55	3/30
6	Laura WITT	SR	#3 St. John Fisher {3}	18:47.82	4/27
7	Noelle LINENFELSER	SO	#4 Houghton	18:48.40	4/14
8	McKenzie HALL	SR	#5 Alfred	18:58.93	3/30
9	Jade DENING	JR	#2 Utica	19:24.30	4/20
10	Kennedy DORAN	FR	#1 Nazareth {3}	19:25.52	4/13

Women's 10,000 Meters

1	Riley JAMESON	JR	#3 St. John Fisher	38:53.39	4/13
2	Lauren DEMICHELE	SR	#3 St. John Fisher {2}	39:00.39	3/30
3	Elizabeth INGELLIS	JR	#7 Sage Colleges	39:04.82	4/6
4	Noelle LINENFELSER	SO	#4 Houghton	39:51.46	3/30
5	Lilianna HANNING	SR	#1 Nazareth	40:10.97	3/30
6	Laura WITT	SR	#3 St. John Fisher {3}	40:24.45	3/30
7	Kennedy DORAN	FR	#1 Nazareth {2}	40:47.75	3/30
8	Lauren ALMY	SR	#3 St. John Fisher {4}	41:34.44	4/13
9	Abigail PERRY	SR	#3 St. John Fisher {5}	42:15.11	4/13
10	Meghan MOYER	FR	#1 Nazareth {3}	42:57.08	3/30

Women's 4x100 Relay

1	Alexis Lasher, Alaina Morley, Jasmine Kendrick, Sydney LaSalle	#1 Nazareth	49.83	4/26
2	Zeniyah Gholson, Abrianna Wadley, Laura Meade, Mackenzie Mix	#2 Utica	49.94	4/13
3	Bianca Durso, Annabelle Townsend, Zoe Rainville, Anne Spila	#5 Alfred	51.58	4/27
4	Hayly Fredrickson, Ashley Holt, Sophia Leach, Allison Lennebacker	#3 St. John Fisher	52.45	4/27
5	Giovanna Wall, Molly Corbett, Atticus Dinsmore, Destiny Carter	#6 Hartwick	54.74	4/26

Women's 4x400 Relay

1	Lauren Bendall, Alexis Lasher, Jordan Wagner, Kennedy Rose	#1 Nazareth	4:11.40	4/26
2	Annabelle Townsend, Anne Spila, Sarah Lutkins, Bianca Durso	#5 Alfred	4:24.18	3/30
3	Kyra Binney, Noelle Linenfelter, Tabitha Clark, Aria Larson	#4 Houghton	4:25.90	4/19
4	Allison List, Angelea Collins, Olivia Grinnell, Logan Fredrickson	#3 St. John Fisher	4:27.94	4/27
5	Noella Burlette, Jade Dening, Kamryn Williams, Emma Zacharewicz	#2 Utica	4:32.76	4/26
6	Giuliana Capparello, Mackenzie Feeney, Charisma Losee, Tirzah Spivey	#7 Sage Colleges	4:45.46	3/30
7	Giovanna Wall, Destiny Carter, Atticus Dinsmore, Stephanie Cohen	#6 Hartwick	5:22.37	4/13

Women's High Jump

1	84 Sydney LASALLE	SO	#1 Nazareth	1.59m	5-2½	4/26
2	Hannah ALLISON	FR	#2 Utica	1.57m	5-1¾	4/20
2	Bianca DURSO	SR	#5 Alfred	1.57m	5-1¾	4/6
4	Abrianna WADLEY	JR	#2 Utica {2}	1.54m	5-½	4/20
5	Alaina MORLEY	SO	#1 Nazareth {2}	1.52m	4-11¾	4/20
6	Sarah MERRIWETHER	SR	#1 Nazareth {3}	1.50m	4-11	3/30
7	Claudia VOGEL	SR	#3 St. John Fisher	1.48m	4-10¼	4/13
8	Mary CLAIRE ROLLINS	FR	#3 St. John Fisher {2}	1.47m	4-9¾	4/20
9	Samantha LUBA	SO	#1 Nazareth {4}	1.45m	4-9	4/13
10	Lillian FARRAND	SO	#3 St. John Fisher {3}	1.42m	4-7¾	4/27
10	Anne SPILA	JR	#5 Alfred {2}	1.42m	4-7¾	4/27
10	Jada ANTHONY	SO	#2 Utica {3}	1.42m	4-7¾	4/6

Women's Pole Vault

1	52 Rosie MORSE	SO	#1 Nazareth	3.52m	11-6½	4/26
2	62 Kiara TORNUSCIOLO	SO	#1 Nazareth {2}	3.46m	11-4¼	4/13
3	87 Isabel MORSE	SO	#1 Nazareth {3}	3.35m	10-11¾	4/28
4	Emily FRECH	JR	#3 St. John Fisher	3.25m	10-8	4/20
5	Cassandra WOOD	FR	#2 Utica	2.95m	9-8	4/20
6	Sofie FISCHLER	JR	#1 Nazareth {4}	2.92m	9-7	4/26
6	Lauren BENDALL	SR	#1 Nazareth {4}	2.92m	9-7	4/26
8	Maizie POULAKIS	FR	#2 Utica {2}	2.85m	9-4¼	4/6
9	Caitlyn SMITHERS	FR	#1 Nazareth {6}	2.71m	8-10¾	4/7
10	Jayle LEONARD	FR	#2 Utica {3}	2.60m	8-6¼	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



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Women's Long Jump

1	23	Alaina MORLEY	SO	#1 Nazareth	5.63mw	18-5¼ (3.9)	4/26
2	46	Veronica DUELL	JR	#3 St. John Fisher	5.53m	18-1¾ (1.5)	4/27
3	50	Nora DEVITT	JR	#2 Utica	5.52m	18-1¼ (0.9)	4/13
4	92	Hannah RAGULE	SR	#1 Nazareth	{2} 5.36m	17-7 (0.4)	4/26
5		Stefania GRIMALDI	FR	#2 Utica	{2} 5.29m	17-4¼ (0.9)	4/13
6		Isabella HEATH	SR	#1 Nazareth	{3} 5.25m	17-2¾ (-2.3)	4/20
7		Peytyn GEER	FR	#1 Nazareth	{4} 5.22mw	17-1½ (2.8)	4/26
8		Michaela KURBS	SR	#3 St. John Fisher	{2} 5.12mw	16-9¾ (2.8)	4/27
9		Jordan WAGNER	FR	#1 Nazareth	{5} 5.09m	16-8½ (0.4)	4/26
9		Samantha LUBA	SO	#1 Nazareth	{5} 5.09m	16-8½ (1.4)	4/13

Women's Triple Jump

1	59	Isabella HEATH	SR	#1 Nazareth	11.27m	36-11¾ (1.2)	3/30
2	72	Nora DEVITT	JR	#2 Utica	11.19m	36-8½ (-0.7)	4/26
3		Zeniyah GHOLSON	SO	#2 Utica	{2} 11.05m	36-3 (-0.5)	4/26
4		Alyssa YOUNGS	FR	#2 Utica	{3} 10.94m	35-10¾ (1.7)	3/30
5		Sydney LASALLE	SO	#1 Nazareth	{2} 10.75m	35-3¼ (1.2)	3/30
6		Hannah RAGULE	SR	#1 Nazareth	{3} 10.70m	35-1¼ (1.6)	3/30
7		Sophia BRUCE	FR	#2 Utica	{4} 10.66m	34-11¾ (1.0)	3/30
8		Samantha LUBA	SO	#1 Nazareth	{4} 10.49m	34-5 (1.4)	4/20
9		Nyasia MARSH	FR	#2 Utica	{5} 10.44m	34-3 (1.3)	4/13
10		Mallory RICE	FR	#1 Nazareth	{5} 10.29mw	33-9¼ (2.5)	4/13

Women's Shot Put

1	3	Jane FAHY	SR	#2 Utica	14.77m	48-5½	4/26
2	52	Makenna KING	SR	#3 St. John Fisher	12.85m	42-2	4/13
3	96	Madison PALMER	SR	#4 Houghton	12.26m	40-2¾	3/30
4		Allie CARY	FR	#2 Utica	{2} 11.85m	38-10½	4/26
5		Erin MCGUINNESS	SO	#3 St. John Fisher	{2} 11.76m	38-7	4/7
6		Riley KING	FR	#2 Utica	{3} 10.89m	35-8¾	4/23
7		Emily ROLINCE	FR	#1 Nazareth	10.55m	34-7½	4/26
8		Lea RICHARD	SR	#1 Nazareth	{2} 10.33m	33-10¾	4/26
9		Morgan COLLAZO	JR	#3 St. John Fisher	{3} 10.30m	33-9½	4/13
10		Anne SPILA	JR	#5 Alfred	10.07m	33-½	4/19

Women's Discus

1	18	Makenna KING	SR	#3 St. John Fisher	44.17m	144-11	3/29
2	37	Allie CARY	FR	#2 Utica	42.41m	139-2	4/13
3	91	Jane FAHY	SR	#2 Utica	{2} 39.63m	130-0	4/20
4	93	Erin MCGUINNESS	SO	#3 St. John Fisher	{2} 39.58m	129-10	4/27
5		Hailey HROUDA	FR	#2 Utica	{3} 36.20m	118-9	4/26
6		Emily ROLINCE	FR	#1 Nazareth	33.65m	110-5	4/7
7		Sarah FLORIAN	SO	#2 Utica	{4} 32.98m	108-3	3/30
8		Lea RICHARD	SR	#1 Nazareth	{2} 32.24m	105-9	4/13
9		Madison PALMER	SR	#4 Houghton	31.73m	104-1	4/7
10		Morgan COLLAZO	JR	#3 St. John Fisher	{3} 31.50m	103-4	4/27

Women's Hammer

1	21	Lea RICHARD	SR	#1 Nazareth	52.14m	171-1	4/26
2	47	Anna STEED	SO	#3 St. John Fisher	48.96m	160-8	4/27
3	69	Riley KING	FR	#2 Utica	47.41m	155-7	4/23
4		Makenna KING	SR	#3 St. John Fisher	{2} 45.12m	148-1	4/7
5		Jazelle MCINTYRE	SO	#3 St. John Fisher	{3} 43.32m	142-2	4/7
6		Madison PALMER	SR	#4 Houghton	42.29m	138-9	4/27
7		Emilia COSTELLO	JR	#2 Utica	{2} 41.72m	136-11	4/6
8		Allie CARY	FR	#2 Utica	{3} 41.31m	135-7	4/13
9		Grace MOYER	JR	#1 Nazareth	{2} 40.83m	134-0	4/26
10		Hailey HROUDA	FR	#2 Utica	{4} 39.82m	130-8	4/20

Women's Javelin

1		Delaney PRATHER	FR	#5 Alfred	34.23m	112-4	3/30
2		Abigail NUZZO	SO	#4 Houghton	31.67m	103-11	4/27
3		Laura MEADE	SR	#2 Utica	29.98m	98-4½	4/26
4		Claudia VOGEL	SR	#3 St. John Fisher	29.37m	96-4¼	4/13
5		Elaina FURTADO-RAHILL	FR	#2 Utica	{2} 29.16m	95-8	4/26
6		Anne SPILA	JR	#5 Alfred	{2} 29.03m	95-3	4/19
7		Ranasia BAILEY	SO	#2 Utica	{3} 28.37m	93-1	4/6
8		Abbey CONQUEST	JR	#1 Nazareth	28.31m	92-10¾	4/26
9		Lauren BENDALL	SR	#1 Nazareth	{2} 27.99m	91-10	4/20
10		Zoe jane ROBERTS	FR	#2 Utica	{4} 27.19m	89-2½	4/6

Women's Heptathlon

1	67	Alyssa YOUNGS	FR	#2 Utica	3,686		4/20
2	70	Samantha LUBA	SO	#1 Nazareth	3,633		4/13
3	91	Hannah RAGULE	SR	#1 Nazareth	{2} 3,417		4/13
4	92	Lauren BENDALL	SR	#1 Nazareth	{3} 3,404		4/13
5	95	Abrianna WADLEY	JR	#2 Utica	{2} 3,372		4/20
6		Hannah ALLISON	FR	#2 Utica	{3} 3,158		4/20
7		Stefania GRIMALDI	FR	#2 Utica	{4} 2,879		4/20
8		Katie WIDMER	SR	#4 Houghton	2,871		4/12
9		Neve TILLEY	SO	#4 Houghton	{2} 1,710		4/12



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



GNAC

as of 4/30/2024 1:55:42 PM ET

Women's 100 Meters

1	Kayoni JORDAN	FR	#4 Lasell	12.91	(0.4)	4/28
2	Madilyn EBBINGHAUS	FR	#4 Lasell	{2} 13.07	(0.4)	4/28
3	Reilly SLUSSER	SO	#1 Emmanuel (Mas:	13.22	(0.8)	4/28
4	Olivia DENCH	SO	#2 Regis (Mass.)	13.23	(0.4)	4/28
5	Caroline CAREY	JR	#1 Emmanuel (Mas:{2}	13.27	(0.4)	4/28
6	Hanna BABEK	JR	#4 Lasell	{3} 13.34	(0.5)	4/28
7	Aleyo AMASA-TITUS	FR	#2 Regis (Mass.)	{2} 13.63	(0.3)	4/8
8	Cynthia BRITO	SR	#1 Emmanuel (Mas:{3}	13.79	(0.8)	4/28
9	Abigail KILBRIDE	JR	#2 Regis (Mass.)	{3} 13.88	(0.7)	4/28
10	Alexis COWAN	FR	#3 Saint Joseph's (I	13.98	(0.8)	4/28

Women's 100 Meter Hurdles

1	Audrey BILODEAU	SO	#3 Saint Joseph's (I	16.20	(-0.3)	4/28
2	Brooklyn GOFF	SR	#3 Saint Joseph's (I{2}	16.21	(1.2)	4/28
3	Kate COCHRAN	SO	#5 Colby-Sawyer	16.72	(-0.3)	4/28
4	Colleen CURRAN	FR	#2 Regis (Mass.)	16.81	(-0.3)	4/28
5	Beverly BROWNE	SR	#1 Emmanuel (Mas:	17.11	(-0.3)	4/28
6	Amy PROUX	FR	#1 Emmanuel (Mas:{2}	18.15	(-0.6)	4/20
7	Kason HUYNH	FR	#1 Emmanuel (Mas:{3}	18.27	(-0.3)	4/28
8	Emily AHO	JR	#2 Regis (Mass.)	{2} 18.68	(1.2)	4/28
9	Siobhan WALSH	FR	#1 Emmanuel (Mas:{4}	19.65	(1.2)	4/28
10	Storme ROY	FR	#1 Emmanuel (Mas:{5}	21.00	(0.5)	4/28

Women's 200 Meters

1	Ashley KELEHER	SR	#5 Colby-Sawyer	25.75	(0.4)	4/20
2	Reilly SLUSSER	SO	#1 Emmanuel (Mas:	27.05	(0.6)	4/28
3	Janet AMASA-TITUS	FR	#2 Regis (Mass.)	27.27	(0.6)	4/28
4	Madilyn EBBINGHAUS	FR	#4 Lasell	27.30	(0.6)	4/28
5	Caroline CAREY	JR	#1 Emmanuel (Mas:{2}	27.37	(0.6)	4/28
6	Brooklyn GOFF	SR	#3 Saint Joseph's (I	27.58	(-1.8)	4/13
7	Olivia DENCH	SO	#2 Regis (Mass.)	{2} 27.73	(-1.2)	4/28
8	Kayoni JORDAN	FR	#4 Lasell	{2} 27.89	(-1.2)	4/28
9	Aleyo AMASA-TITUS	FR	#2 Regis (Mass.)	{3} 28.02	(-1.6)	4/8
10	Ava SMART	FR	#3 Saint Joseph's (I{2}	28.10	(0.5)	4/20

Women's 400 Meters

1	34 Ashley KELEHER	SR	#5 Colby-Sawyer	57.01		4/20
2	Janet AMASA-TITUS	FR	#2 Regis (Mass.)	1:00.76		4/28
3	Reilly SLUSSER	SO	#1 Emmanuel (Mas:	1:02.44		4/20
4	Desiree ROBINSON	JR	#1 Emmanuel (Mas:{2}	1:02.62		3/30
5	Caroline CAREY	JR	#1 Emmanuel (Mas:{3}	1:03.76		4/20
6	Ava SMART	FR	#3 Saint Joseph's (I	1:05.08		4/28
7	Kristen RAFERTY	JR	#1 Emmanuel (Mas:{4}	1:06.04		4/28
8	Jordan HUNTLEY	FR	#3 Saint Joseph's (I{2}	1:10.49		3/30
9	Courtney LARSON	JR	#5 Colby-Sawyer	{2} 1:11.48		4/13
10	Olivia DENCH	SO	#2 Regis (Mass.)	{2} 1:11.80		3/30

Women's 400 Meter Hurdles

1	Audrey BILODEAU	SO	#3 Saint Joseph's (I	1:07.30		4/28
2	Brooklyn GOFF	SR	#3 Saint Joseph's (I{2}	1:09.39		4/28
3	Colleen CURRAN	FR	#2 Regis (Mass.)	1:09.70		4/28
4	Desiree ROBINSON	JR	#1 Emmanuel (Mas:	1:10.40		4/20
5	Kristen RAFERTY	JR	#1 Emmanuel (Mas:{2}	1:12.91		4/28
6	Elisa D'SA	JR	#2 Regis (Mass.)	{2} 1:14.16		4/20
7	Naomi OBENHAUS	JR	#1 Emmanuel (Mas:{3}	1:14.74		4/28
8	Amy PROUX	FR	#1 Emmanuel (Mas:{4}	1:19.28		4/20
9	Emily GREENE	SO	#1 Emmanuel (Mas:{5}	1:20.59		3/30
10	Kason HUYNH	FR	#1 Emmanuel (Mas:{6}	1:20.69		4/28

Women's 800 Meters

1	Alexia YOUNG	SO	#3 Saint Joseph's (I	2:28.91		4/28
2	Ashleigh KELLEY	SR	#2 Regis (Mass.)	2:29.11		4/28
3	Katherine KOHTALA	FR	#4 Lasell	2:31.14		4/28
4	Kendall NEWTON	FR	#1 Emmanuel (Mas:	2:36.15		4/28
5	Maisy HILL	FR	#5 Colby-Sawyer	2:36.71		4/28
6	Kiara CERRUTI	SO	#4 Lasell	{2} 2:37.67		4/6
7	Emily GREENE	SO	#1 Emmanuel (Mas:{2}	2:38.82		4/28
8	Tessa MILLETTE	JR	#5 Colby-Sawyer	{2} 2:40.00		4/28
9	Brooklyn GOFF	SR	#3 Saint Joseph's (I{2}	2:40.39		4/13
10	Annabelle JEAN-PHILIPPE	JR	#2 Regis (Mass.)	{2} 2:40.74		4/20

Women's 1500 Meters

1	Ashleigh KELLEY	SR	#2 Regis (Mass.)	5:06.91		4/8
2	Adriana NADEAU	SO	#5 Colby-Sawyer	5:10.10		4/20
3	Erin KELLEY	SR	#2 Regis (Mass.)	{2} 5:12.73		4/28
4	Kiara CERRUTI	SO	#4 Lasell	5:22.67		4/8
5	Kendall NEWTON	FR	#1 Emmanuel (Mas:	5:25.34		4/28
6	Emma KRANTZ	SR	#1 Emmanuel (Mas:{2}	5:26.90		4/28
7	Tessa MILLETTE	JR	#5 Colby-Sawyer	{2} 5:30.61		3/30
8	Maisy HILL	FR	#5 Colby-Sawyer	{3} 5:37.94		4/13
9	Katie KELLEY	SR	#2 Regis (Mass.)	{3} 5:40.07		4/8
10	Mia DEMORE	FR	#1 Emmanuel (Mas:{3}	5:48.78		4/8

Women's Steeplechase

1	Libby PARKER	SR	#2 Regis (Mass.)	13:22.69		4/28
2	Elisa D'SA	JR	#2 Regis (Mass.)	{2} 13:30.39		4/28
3	Leah O'NEILL	SO	#5 Colby-Sawyer	13:35.20		4/28
4	Heidi LI	FR	#1 Emmanuel (Mas:	14:14.09		4/28
5	Ava MOFFETT	FR	#3 Saint Joseph's (I	14:44.73		4/28
6	Ava REISE	SO	#1 Emmanuel (Mas:{2}	14:51.28		4/28
7	Evie HOLT	SO	#1 Emmanuel (Mas:{3}	15:44.64		4/28
8	Eftihia FOTOS	SR	#4 Lasell	17:06.51		4/28



Conference TFRI Event Summary



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Women's 5000 Meters

1	Ashleigh KELLEY	SR	#2 Regis (Mass.)	18:17.40	4/12
2	Erin KELLEY	SR	#2 Regis (Mass.) {2}	19:09.10	3/30
3	Adriana NADEAU	SO	#5 Colby-Sawyer	19:42.11	3/30
4	Samantha CARUS	JR	#5 Colby-Sawyer {2}	20:57.27	4/28
5	Tessa MILLETTE	JR	#5 Colby-Sawyer {3}	21:08.73	3/30
6	Leah O'NEILL	SO	#5 Colby-Sawyer {4}	21:25.90	4/20
7	Emma KRANTZ	SR	#1 Emmanuel (Mas:)	21:26.39	3/30
8	Heidi LI	FR	#1 Emmanuel (Mas:){2}	22:50.66	4/13
9	Jonnie CHAREST	SO	#2 Regis (Mass.) {3}	22:58.13	4/8
10	Olivia ROSANO	FR	#2 Regis (Mass.) {4}	23:14.19	3/30

Women's 10,000 Meters

1	Erin KELLEY	SR	#2 Regis (Mass.)	39:40.83	4/13
2	Adriana NADEAU	SO	#5 Colby-Sawyer	39:50.32	4/13
3	Samantha CARUS	JR	#5 Colby-Sawyer {2}	43:12.84	4/28
4	Ashleigh KELLEY	SR	#2 Regis (Mass.) {2}	44:16.10	4/28
5	Emma KRANTZ	SR	#1 Emmanuel (Mas:)	44:36.58	4/28
6	Libby PARKER	SR	#2 Regis (Mass.) {3}	46:29.72	4/28
7	Jonnie CHAREST	SO	#2 Regis (Mass.) {4}	48:49.27	3/30
8	Mia DEMORE	FR	#1 Emmanuel (Mas:){2}	48:51.04	4/28

Women's 4x100 Relay

1	Olivia Dench, Janet Amasa-Titus, Colleen Curran, Aleyo Amasa-Titus	#2 Regis (Mass.)	51.43	4/8
2	Madilyn Ebbinghaus, Hanna Babek, Damali Waugh, Kayoni Jordan	#4 Lasell	52.01	4/28
3	Reilly Slusser, Caroline Carey, Sasha Hyacinthe, Cynthia Brito	#1 Emmanuel (Mas:)	52.17	4/28
4	Kate Cochran, Courtney Brewster, Ashley Keleher, Anna Bieszczad	#5 Colby-Sawyer	52.43	4/28
5	Jordan Huntley, Audrey Bilodeau, Alexis Cowan, Ava Smart	#3 Saint Joseph's (I)	52.54	4/28

Women's 4x400 Relay

1	Emily Greene, Caroline Carey, Amy Proux, Reilly Slusser	#1 Emmanuel (Mas:)	4:13.23	4/28
2	Audrey Bilodeau, Jordan Huntley, Ava Smart, Alexia Young	#3 Saint Joseph's (I)	4:27.99	4/20
3	Olivia Dench, Janet Amasa-Titus, Colleen Curran, Aleyo Amasa-Titus	#2 Regis (Mass.)	4:29.02	4/28
4	Adrianna Tassone, Hanna Babek, Mikayla Bokis, Katherine Kohtala	#4 Lasell	4:54.25	4/28

Women's High Jump

1	Brooklyn GOFF	SR	#3 Saint Joseph's (I)	1.57m	5-1¾	4/13
2	Breya WHITMAN	FR	#3 Saint Joseph's (I){2}	1.52m	4-11¾	4/20
2	Desiree ROBINSON	JR	#1 Emmanuel (Mas:)	1.52m	4-11¾	4/13
4	Courtney BREWSTER	JR	#5 Colby-Sawyer	1.47m	4-9¾	3/30
4	Emily GREENE	SO	#1 Emmanuel (Mas:){2}	1.47m	4-9¾	3/30
4	Kason HUYNH	FR	#1 Emmanuel (Mas:){2}	1.47m	4-9¾	3/30
7	Grace MICKLON	SO	#2 Regis (Mass.)	1.42m	4-7¾	4/12
8	Sasha HYACINTHE	SR	#1 Emmanuel (Mas:){4}	1.37m	4-6	3/30
8	Kate COCHRAN	SO	#5 Colby-Sawyer {2}	1.37m	4-6	3/30
10	Cynthia BRITO	SR	#1 Emmanuel (Mas:){5}	1.30m	4-3¾	4/8

Women's Pole Vault

1	Julianna HUCKANS	FR	#4 Lasell	2.60m	8-6¼	4/28
2	Paula SALAZAR	SO	#1 Emmanuel (Mas:)	2.45m	8-½	4/28
3	Jordan HUNTLEY	FR	#3 Saint Joseph's (I)	2.30m	7-6½	4/28
4	Colleen CURRAN	FR	#2 Regis (Mass.)	2.28m	7-5¾	4/8
5	Naomi OBENHAUS	JR	#1 Emmanuel (Mas:){2}	2.15m	7-½	4/28
5	Janet AMASA-TITUS	FR	#2 Regis (Mass.) {2}	2.15m	7-½	4/28
5	Beverly BROWNE	SR	#1 Emmanuel (Mas:){2}	2.15m	7-½	4/28
8	Grace MICKLON	SO	#2 Regis (Mass.) {3}	2.00m	6-6¾	4/28
8	Taylor AUBIN	FR	#1 Emmanuel (Mas:){4}	2.00m	6-6¾	4/28
8	Selena HUOT	FR	#3 Saint Joseph's (I){2}	2.00m	6-6¾	4/28

Women's Long Jump

1	73 Brooklyn GOFF	SR	#3 Saint Joseph's (I)	5.44m	17-10¼ (-0.0)	4/28
2	88 Desiree ROBINSON	JR	#1 Emmanuel (Mas:)	5.37m	17-7½ (0.0)	4/28
3	Julianna HUCKANS	FR	#4 Lasell	5.05m	16-7 (0.0)	4/28
4	Alexis COWAN	FR	#3 Saint Joseph's (I){2}	5.03m	16-6 (1.2)	4/28
5	Colleen CURRAN	FR	#2 Regis (Mass.)	4.96m	16-3¼ (1.6)	4/8
6	Reilly SLUSSER	SO	#1 Emmanuel (Mas:){2}	4.88m	16-¼ (0.0)	4/28
7	Janet AMASA-TITUS	FR	#2 Regis (Mass.) {2}	4.75m	15-7 (0.1)	4/8
8	Kason HUYNH	FR	#1 Emmanuel (Mas:){3}	4.74m	15-6¾ (0.0)	4/28
9	Emily AHO	JR	#2 Regis (Mass.) {3}	4.69m	15-4¾ (0.4)	4/28
10	Alexia YOUNG	SO	#3 Saint Joseph's (I){3}	4.50m	14-9¼ (1.1)	4/28

Women's Triple Jump

1	47 Desiree ROBINSON	JR	#1 Emmanuel (Mas:)	11.40m	37-5 (0.0)	4/27
2	72 Ashley KELEHER	SR	#5 Colby-Sawyer	11.19m	36-8½ (0.0)	3/30
3	Anna BIESZCZAD	SR	#5 Colby-Sawyer {2}	10.70m	35-1¼ (-1.3)	4/20
4	Cynthia BRITO	SR	#1 Emmanuel (Mas:){2}	10.31m	33-10 (0.2)	4/20
5	Alexis COWAN	FR	#3 Saint Joseph's (I)	10.14m	33-3¼ (0.0)	4/28
6	Breya WHITMAN	FR	#3 Saint Joseph's (I){2}	10.00m	32-9¾ (0.4)	4/28
7	Emily AHO	JR	#2 Regis (Mass.)	9.86m	32-4¼ (1.7)	3/30
8	Amy PROUX	FR	#1 Emmanuel (Mas:){3}	9.34m	30-7¾ (0.0)	4/28
9	Emily GREENE	SO	#1 Emmanuel (Mas:){4}	9.27m	30-5 (1.1)	4/28
10	Damali WAUGH	SO	#4 Lasell	9.22m	30-3 (0.6)	4/8



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WOMEN — 2024 Week #6, April 30



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Women's Shot Put

1	Pilar BROWN	SO	#2 Regis (Mass.)	10.45m	34-3½	4/28
2	Aaliyah WILSONFALCONE	SO	#3 Saint Joseph's (I	10.24m	33-7¼	4/28
3	Savannah WERNER	FR	#4 Lasell	10.14m	33-3¼	4/13
4	Sasha HYACINTHE	SR	#1 Emmanuel (Mas:	9.98m	32-9	3/30
5	Riley SILVIA	SR	#4 Lasell	{2} 9.89m	32-5½	4/8
6	Kristen BARRETT	JR	#2 Regis (Mass.)	{2} 9.86m	32-4¼	4/28
7	Shakirah KETANT	SR	#1 Emmanuel (Mas:	{2} 9.68m	31-9¼	4/20
8	Samantha PERKINS	JR	#2 Regis (Mass.)	{3} 9.49m	31-1¾	4/8
9	Anastazia COPELAND	JR	#2 Regis (Mass.)	{4} 9.37m	30-9	4/28
10	Ava FISHER	FR	#1 Emmanuel (Mas:	{3} 9.11m	29-10¾	4/28

Women's Discus

1	Savannah WERNER	FR	#4 Lasell	32.21m	105-8	4/8
2	Alyssa FRENCH-GRAHAM	JR	#1 Emmanuel (Mas:	32.18m	105-7	4/28
3	Shakirah KETANT	SR	#1 Emmanuel (Mas:	{2} 31.94m	104-10	4/28
4	Riley SILVIA	SR	#4 Lasell	{2} 31.59m	103-8	4/28
5	Abby O'BRIEN	SR	#3 Saint Joseph's (I	31.21m	102-5	4/13
6	Kristen BARRETT	JR	#2 Regis (Mass.)	28.95m	94-11¾	4/28
7	Pilar BROWN	SO	#2 Regis (Mass.)	{2} 27.69m	90-10¼	4/28
8	Anastazia COPELAND	JR	#2 Regis (Mass.)	{3} 27.28m	89-6	4/28
9	Emily FRANZIK	SO	#4 Lasell	{3} 26.68m	87-6½	4/13
10	Erika OLDHAM	SR	#4 Lasell	{4} 26.25m	86-1½	4/28

Women's Hammer

1	Abby O'BRIEN	SR	#3 Saint Joseph's (I	38.77m	127-3	4/13
2	Alyssa FRENCH-GRAHAM	JR	#1 Emmanuel (Mas:	37.00m	121-5	4/13
3	Anastazia COPELAND	JR	#2 Regis (Mass.)	36.03m	118-3	4/20
4	Madelyn ROBERTSON	JR	#2 Regis (Mass.)	{2} 35.31m	115-10	4/28
5	Ava FISHER	FR	#1 Emmanuel (Mas:	{2} 33.20m	108-11	4/28
6	Erika OLDHAM	SR	#4 Lasell	30.84m	101-2	4/8
7	Madison REILLY	FR	#1 Emmanuel (Mas:	{3} 29.79m	97-9	4/28
8	Sarah JOE	SO	#3 Saint Joseph's (I	{2} 29.40m	96-5½	4/13
9	Isabella CLARK-ALDERMAN	SO	#2 Regis (Mass.)	{3} 25.84m	84-9½	4/28
10	Jenna SARGENT	SO	#4 Lasell	{2} 25.18m	82-7½	4/28

Women's Javelin

1	70 Samantha PERKINS	JR	#2 Regis (Mass.)	37.58m	123-4	4/28
2	Ava FISHER	FR	#1 Emmanuel (Mas:	34.37m	112-9	4/28
3	Anna BIESZCZAD	SR	#5 Colby-Sawyer	30.18m	99-¼	4/28
4	Amy PROUX	FR	#1 Emmanuel (Mas:	{2} 29.90m	98-1¼	4/28
5	Alayja LINTON	JR	#2 Regis (Mass.)	{2} 29.09m	95-5¼	4/8
6	Aaliyah WILSONFALCONE	SO	#3 Saint Joseph's (I	28.73m	94-3¼	4/13
7	Shakirah KETANT	SR	#1 Emmanuel (Mas:	{3} 28.68m	94-1¼	4/28
8	Janet AMASA-TITUS	FR	#2 Regis (Mass.)	{3} 27.86m	91-5	4/28
9	Courtney LARSON	JR	#5 Colby-Sawyer	{2} 26.28m	86-2¾	4/28
10	Mikayla BOKIS	JR	#4 Lasell	25.99m	85-3¼	4/28

Women's Heptathlon

1	53 Brooklyn GOFF	SR	#3 Saint Joseph's (I	3,872	4/13
2	Colleen CURRAN	FR	#2 Regis (Mass.)	3,033	4/12



Conference TFRI Event Summary



HCAC

as of 4/30/2024 1:55:43 PM ET

Women's 100 Meters

1	Sarah O'DAY	SR	#6 Franklin	12.38w	(4.0)	4/27
2	Alex ADAMS	SO	#1 Rose-Hulman	12.44w	(4.0)	4/27
3	Lisa-Maria MARKAU	SR	#10 Defiance	12.54	(0.9)	3/9
4	Jay'ana BLAKELY	SO	#3 Manchester	12.81w	(4.0)	4/27
5	Grace KRUTHAUP	SO	#5 Mount St. Joseph	13.03w	(4.0)	4/27
6	Emma JOHNS	FR	#1 Rose-Hulman {2}	13.21w	(4.0)	4/27
7	Julia DRIER	SO	#9 Anderson (Ind.)	13.26w	(4.0)	4/27
8	Kailea KERR	JR	#7 Bluffton	13.27w	(4.0)	4/27
9	Myahn SMITH	FR	#10 Defiance {2}	13.40	(-0.1)	4/13
10	Kaelyn KING	FR	#2 Hanover	13.58w	(2.6)	4/13

Women's 100 Meter Hurdles

1	87 Narindwa SEMAKULA	SO	#1 Rose-Hulman	15.20	(2.0)	4/27
2	Alison MUCK	SO	#6 Franklin	15.58	(0.7)	4/13
3	Grace KRUTHAUP	SO	#5 Mount St. Joseph	15.91	(2.0)	4/27
4	Kaelyn KING	FR	#2 Hanover	16.04	(2.0)	4/27
5	Kyra HICKS	SR	#1 Rose-Hulman {2}	16.39	(2.0)	4/27
6	Natalie DAY	JR	#2 Hanover {2}	16.78	(2.0)	4/27
7	Gabby PARRISH	FR	#2 Hanover {3}	16.94	(-0.7)	4/19
8	Aliza CLARK	SR	#10 Defiance	16.99	(0.6)	4/6
9	Irene LEMA MADUENO	FR	#1 Rose-Hulman {3}	17.58	(0.2)	4/27
10	Isabella CALHOUN	SO	#5 Mount St. Joseph {2}	18.42	(-2.2)	3/30

Women's 200 Meters

1	35 Olivia SPARKS	FR	#4 Transylvania	24.93w	(2.6)	4/27
2	Lisa-Maria MARKAU	SR	#10 Defiance	25.75w	(2.6)	4/27
3	Sarah O'DAY	SR	#6 Franklin	25.85w	(2.6)	4/27
4	Abbey ROWE	JR	#4 Transylvania {2}	26.41w	(2.6)	4/27
5	Alex ADAMS	SO	#1 Rose-Hulman	26.56w	(2.6)	4/27
6	Myahn SMITH	FR	#10 Defiance {2}	26.74	(0.9)	4/13
7	Narindwa SEMAKULA	SO	#1 Rose-Hulman {2}	26.85	(0.0)	4/19
8	Emma JOHNS	FR	#1 Rose-Hulman {3}	27.25w	(2.6)	4/27
9	Jay'ana BLAKELY	SO	#3 Manchester	27.26	(0.7)	4/6
10	Kailea KERR	JR	#7 Bluffton	27.82	(0.7)	4/6

Women's 400 Meters

1	Olivia SPARKS	FR	#4 Transylvania	58.50		4/12
2	Lisa-Maria MARKAU	SR	#10 Defiance	58.78		3/30
3	Abbey ROWE	JR	#4 Transylvania {2}	1:00.55		4/27
4	Chloe COOK	FR	#8 Earlham	1:03.22		4/27
5	Audrey SPENCER	FR	#3 Manchester	1:04.01		4/27
6	Shelby CLEMENTS	FR	#10 Defiance {2}	1:04.09		4/27
7	Natalie DAY	JR	#2 Hanover	1:04.12		4/27
8	Julia GOODING	JR	#5 Mount St. Joseph	1:04.45		4/27
9	Gracie HENSON	JR	#2 Hanover {2}	1:04.80		4/27
10	Carson GRAVES	JR	#4 Transylvania {3}	1:05.37		3/30

Women's 400 Meter Hurdles

1	Jada HUNTER-HAYS	JR	#1 Rose-Hulman	1:08.29		4/27
2	Natalie DAY	JR	#2 Hanover	1:08.67		4/13
3	Gabby PARRISH	FR	#2 Hanover {2}	1:13.77		4/27
4	Jenae MONA	SO	#1 Rose-Hulman {2}	1:15.42		4/27
5	Kennadi LAKINS	SO	#2 Hanover {3}	1:17.61		4/19
6	Josie LYONS	SR	#6 Franklin	1:18.80		4/27
7	Peyton TAN	FR	#4 Transylvania	1:20.67		4/27
8	Raelynn RUFER	FR	#2 Hanover {4}	1:22.46		4/27
9	Alexis SCHULTZ	FR	#9 Anderson (Ind.)	1:25.51		4/13
10	Brantley WATHEN	JR	#6 Franklin {2}	1:25.62		4/27

Women's 800 Meters

1	61 Amberleigh SORENSEN	SR	#2 Hanover	2:15.81		4/27
2	Paige WILDMAN	FR	#2 Hanover {2}	2:22.75		4/19
3	Kaycee MOORE	SO	#4 Transylvania	2:23.33		4/27
4	Jaycie SONES	JR	#9 Anderson (Ind.)	2:25.35		4/27
5	Haley MAKOWSKI	JR	#6 Franklin	2:26.53		4/19
6	Emma LITZELMAN	JR	#2 Hanover {3}	2:26.58		4/19
7	Brianna BITTEL	FR	#1 Rose-Hulman	2:32.48		4/27
8	Libby PERKINS	SO	#4 Transylvania {2}	2:32.65		4/20
9	Anna PACKER	SO	#5 Mount St. Joseph	2:32.67		4/27
10	Micah TAYLOR	FR	#3 Manchester	2:33.37		4/6

Women's 1500 Meters

1	42 Amberleigh SORENSEN	SR	#2 Hanover	4:36.79		3/30
2	Kaycee MOORE	SO	#4 Transylvania	5:00.40		4/27
3	Paige WILDMAN	FR	#2 Hanover {2}	5:04.00		4/13
4	Gwyneth CUNNINGHAM	FR	#4 Transylvania {2}	5:06.05		4/20
5	Hanna WHITNEY	JR	#2 Hanover {3}	5:07.20		4/19
6	Emma LITZELMAN	JR	#2 Hanover {4}	5:08.02		4/13
7	Brianna BITTEL	FR	#1 Rose-Hulman	5:11.88		4/6
8	Basil GATES	JR	#7 Bluffton	5:13.28		4/6
9	Elsa KING	SR	#1 Rose-Hulman {2}	5:14.67		4/27
10	Haley MAKOWSKI	JR	#6 Franklin	5:18.16		4/13

Women's Steeplechase

1	Gwyneth CUNNINGHAM	FR	#4 Transylvania	12:08.74		4/27
2	Hanna WHITNEY	JR	#2 Hanover	12:15.46		4/27
3	Rylee STEPHANY	SO	#3 Manchester	12:34.99		4/27
4	Sydney SLUYS	SR	#3 Manchester {2}	12:43.24		4/27
5	Elyse WILSON	SO	#2 Hanover {2}	13:08.54		4/27
6	Vianey GARCIA	FR	#1 Rose-Hulman	13:10.07		4/27
7	Eve BRUNELL	JR	#4 Transylvania {2}	14:11.39		4/27
8	Diana STIRN	SO	#1 Rose-Hulman {2}	14:16.42		4/19



Conference TFRI Event Summary



HCAC

as of 4/30/2024 1:55:43 PM ET

Women's 5000 Meters

1	Amberleigh SORENSEN	SR	#2 Hanover	18:08.47	4/6
2	Elsa KING	SR	#1 Rose-Hulman	18:53.06	3/16
3	Paige MCKAIN	SO	#9 Anderson (Ind.)	19:00.10	4/20
4	Gwyneth CUNNINGHAM	FR	#4 Transylvania	19:17.57	4/5
5	Basil GATES	JR	#7 Bluffton	19:23.76	4/13
6	Callie SWEGMAN	SO	#2 Hanover {2}	19:38.93	4/13
7	Ella BASHOR	JR	#6 Franklin	19:40.53	4/6
8	Lauren TODD	SO	#2 Hanover {3}	19:43.19	4/19
9	Rylee STEPHANY	SO	#3 Manchester	19:51.28	4/13
10	Sarah JONES	SO	#2 Hanover {4}	20:08.83	3/16

Women's 10,000 Meters

1	Elsa KING	SR	#1 Rose-Hulman	39:39.05	3/29
2	Callie SWEGMAN	SO	#2 Hanover	40:43.66	4/27
3	Ella BASHOR	JR	#6 Franklin	40:51.86	4/27
4	Rebecca TESTA	SO	#1 Rose-Hulman {2}	41:03.96	4/27
5	Basil GATES	JR	#7 Bluffton	41:08.88	4/27
6	Abigail KURFMAN	JR	#1 Rose-Hulman {3}	41:21.83	4/27
7	Lauren TODD	SO	#2 Hanover {2}	41:32.01	4/27
8	Ellie THORNSBURY	SO	#4 Transylvania	42:37.49	4/27
9	Sydney SLUYS	SR	#3 Manchester	42:59.62	4/27
10	Madi HILLIKER	SR	#3 Manchester {2}	43:08.29	4/27

Women's 4x100 Relay

1	Narindwa Semakula, Rofiat Adeyemi, Alex Adams, Emma Johns	#1 Rose-Hulman	50.10	4/19
2	Grace Holtmeier, Olivia Forte, Makiya Sherman, Grace Kruthaupt	#5 Mount St. Joseph	52.48	4/27
3	Natalie Day, Gabby Parrish, Ally McGuire, Kaelyn King	#2 Hanover	52.62	4/27
4	Lauren Hubbard, Mara Green, Farris Howard, Abbey Rowe	#4 Transylvania	53.28	4/20
5	Kinsey Myers, Ameila Adams, Olivia Rider, Kailea Kerr	#7 Bluffton	53.42	4/27
6	Jameela Hyde-Yusoff, Audrey Spencer, Aaliyah Bonner, Jay'ana Blakely	#3 Manchester	53.50	4/20

Women's 4x400 Relay

1	Abbey Rowe, Carson Graves, Kaycee Moore, Olivia Sparks	#4 Transylvania	4:11.04	4/27
2	Alex Adams, Jada Hunter-Hays, Emma Johns, Ally Smith	#1 Rose-Hulman	4:14.62	4/27
3	Grace Holtmeier, Julia Gooding, Grace Kruthaupt, Anna Packer	#5 Mount St. Joseph	4:23.50	4/27
4	Gracie Henson, Hanna Whitney, Emma Litzelman, Paige Wildman	#2 Hanover	4:26.37	4/27
5	Kinsey Myers, Kailea Kerr, Ameila Adams, Mckenna Mabry	#7 Bluffton	4:28.92	4/27
6	Audrey Spencer, Jay'ana Blakely, Aaliyah Bonner, Micah Taylor	#3 Manchester	4:29.82	4/27
7	Chloe Cook, Amari Bradford-Sargent, Katelyn Trotto, Akiko Tajima	#8 Earlham	4:34.70	4/27
8	Julia Drier, Maeve Hanley, Emilie Penick, Jaycie Sones	#9 Anderson (Ind.)	4:37.92	4/27
9	Haley Makowski, Mallory Watson, Vicki Arney, Josie Lyons	#6 Franklin	4:39.44	4/27

Women's High Jump

1	62 Taylor ROARK	JR	#4 Transylvania	1.60m	5-3	4/20
2	Audrey EDWARDS	FR	#1 Rose-Hulman	1.57m	5-1¾	4/27
3	Abigail KIRBY	FR	#8 Earlham	1.53m	5-¼	3/16
3	Alison MUCK	SO	#6 Franklin	1.53m	5-¼	3/30
5	Kennadi LAKINS	SO	#2 Hanover	1.51m	4-11½	4/27
6	Olivia RIDER	JR	#7 Bluffton	1.45m	4-9	4/27
6	Jada HUNTER-HAYS	JR	#1 Rose-Hulman {2}	1.45m	4-9	4/27
6	Megan KORTE	SO	#1 Rose-Hulman {2}	1.45m	4-9	4/6
9	Mere JOHNSON	SR	#4 Transylvania {2}	1.40m	4-7	4/27
9	Caroline HOUSE	SR	#1 Rose-Hulman {4}	1.40m	4-7	3/30
9	Lili SEALS	JR	#2 Hanover {2}	1.40m	4-7	3/30
9	Farris HOWARD	SO	#4 Transylvania {2}	1.40m	4-7	4/5



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



HCAC

as of 4/30/2024 1:55:43 PM ET

Women's Pole Vault

1	Aliza BOLES	SO	#2 Hanover	3.06m	10-½	4/13
2	Ally MCGUIRE	JR	#2 Hanover	{2} 2.93m	9-7¼	4/19
3	Irene LEMA MADUENO	FR	#1 Rose-Hulman	2.86m	9-4½	4/27
4	Amelia THIEMAN	SO	#1 Rose-Hulman	{2} 2.78m	9-1½	4/19
5	Ameila ADAMS	FR	#7 Bluffton	2.76m	9-½	4/27
6	Nadine DAVIS	FR	#2 Hanover	{3} 2.61m	8-6¾	4/27
7	Megan DEATON	JR	#1 Rose-Hulman	{3} 2.31m	7-7	4/13
8	Olivia HECKENLIVELY	FR	#1 Rose-Hulman	{4} 2.18m	7-1¾	4/19
8	Natalie OLIC	JR	#1 Rose-Hulman	{4} 2.18m	7-1¾	4/19
10	Kalyn RITZ	FR	#6 Franklin	2.16m	7-1	4/13

Women's Long Jump

1	Rofiat ADEYEMI	SR	#1 Rose-Hulman	5.23m	17-2 (-0.2)	3/30
2	Sarah O'DAY	SR	#6 Franklin	5.05mw	16-7 (2.1)	4/27
3	Kyra HICKS	SR	#1 Rose-Hulman	{2} 4.93m	16-2¼ (1.1)	4/27
4	Jameela HYDRE-YUSOFF	FR	#3 Manchester	4.85m	15-11 (1.1)	4/27
5	Kennadi LAKINS	SO	#2 Hanover	4.84m	15-10½ (0.6)	4/27
6	Jay'ana BLAKELY	SO	#3 Manchester	{2} 4.82m	15-9¾ (0.9)	4/27
7	Lili SEALS	JR	#2 Hanover	{2} 4.72m	15-6 (0.8)	4/27
8	Amari BRADFORD-SARGENT	JR	#8 Earlham	4.70m	15-5 (0.6)	4/27
9	Abigail KIRBY	FR	#8 Earlham	{2} 4.62mw	15-2 (2.8)	3/16
10	Aaliyah BONNER	FR	#3 Manchester	{3} 4.61m	15-1½ (1.9)	4/27

Women's Triple Jump

1	28 Rofiat ADEYEMI	SR	#1 Rose-Hulman	11.65mw	38-2¾ (2.1)	3/30
2	92 Kyra HICKS	SR	#1 Rose-Hulman	{2} 11.09mw	36-4¾ (2.8)	4/27
3	Amari BRADFORD-SARGENT	JR	#8 Earlham	9.73mw	31-11½ (2.6)	4/27
4	Lili SEALS	JR	#2 Hanover	9.65mw	31-8 (3.3)	4/27
5	Megan KORTE	SO	#1 Rose-Hulman	{3} 9.26m	30-4¾ (0.2)	4/6
6	Endia CLARK	SR	#1 Rose-Hulman	{4} 8.89m	29-2 (0.0)	4/19

Women's Shot Put

1	8 Jessie STENGER	JR	#2 Hanover	14.21m	46-7½	4/13
2	11 Carley CAMP	JR	#3 Manchester	13.99m	45-10¾	4/13
3	Madalyn HUDNALL	SO	#5 Mount St. Joseph	11.83m	38-9¾	4/20
4	Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	11.39m	37-4½	4/27
5	Charlotte WILSON	SO	#3 Manchester	{2} 11.30m	37-1	4/27
6	Aaliyah JONES	SR	#1 Rose-Hulman	{2} 11.29m	37-½	3/30
7	Cheyenne THOMAS	FR	#3 Manchester	{3} 10.99m	36-¾	4/27
8	Asia BRANCH	FR	#5 Mount St. Joseph	{2} 10.81m	35-5¾	3/30
9	Katrina SEJOUR	FR	#3 Manchester	{4} 10.61m	34-9¾	4/27
10	Alexis GIBSON	JR	#8 Earlham	10.45m	34-3½	4/13

Women's Discus

1	23 Jessie STENGER	JR	#2 Hanover	43.49m	142-8	3/30
2	25 Carley CAMP	JR	#3 Manchester	43.45m	142-7	3/30
3	86 Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	39.87m	130-10	4/27
4	Asia BRANCH	FR	#5 Mount St. Joseph	36.42m	119-6	3/30
5	Cheyenne THOMAS	FR	#3 Manchester	{2} 35.63m	116-11	4/27
6	Charlotte WILSON	SO	#3 Manchester	{3} 34.83m	114-3	4/6
7	Jill WILHELM	SO	#5 Mount St. Joseph	{2} 34.53m	113-4	4/27
8	Alexis GIBSON	JR	#8 Earlham	34.46m	113-1	4/27
9	Aaliyah JONES	SR	#1 Rose-Hulman	{2} 31.98m	104-11	3/30
10	Dakota GOETZ	SR	#2 Hanover	{2} 31.23m	102-6	3/30

Women's Hammer

1	11 Carley CAMP	JR	#3 Manchester	53.55m	175-8	4/27
2	85 Kylie RATHBUN	SR	#1 Rose-Hulman	46.75m	153-5	4/13
3	Dakota GOETZ	SR	#2 Hanover	44.14m	144-10	4/27
4	Jessie STENGER	JR	#2 Hanover	{2} 43.37m	142-4	4/27
5	Sienna SLAUGHTER	SO	#5 Mount St. Joseph	39.40m	129-3	4/27
6	Katrina SEJOUR	FR	#3 Manchester	{2} 39.15m	128-6	4/27
7	Aaliyah JONES	SR	#1 Rose-Hulman	{2} 38.62m	126-9	4/27
8	Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	{3} 38.23m	125-5	3/30
9	Amanda SCOTT	SR	#7 Bluffton	37.96m	124-7	4/27
10	Charlotte WILSON	SO	#3 Manchester	{3} 37.78m	124-0	4/27

Women's Javelin

1	35 Delayne SANCHEZ	JR	#3 Manchester	39.25m	128-9	4/27
2	47 Madalyn HUDNALL	SO	#5 Mount St. Joseph	38.76m	127-2	4/20
3	65 Aaliyah JONES	SR	#1 Rose-Hulman	37.71m	123-9	4/27
4	72 Jill WILHELM	SO	#5 Mount St. Joseph	{2} 37.47m	122-11	3/30
5	93 Alexis GIBSON	JR	#8 Earlham	36.61m	120-2	3/30
6	Mady REES	SO	#3 Manchester	{2} 35.35m	116-0	3/30
7	Kylie RATHBUN	SR	#1 Rose-Hulman	{2} 33.91m	111-3	4/27
8	Kennadi LAKINS	SO	#2 Hanover	31.58m	103-8	3/23
9	Lily DORE'	JR	#1 Rose-Hulman	{3} 31.12m	102-1	4/27
10	Jessie STENGER	JR	#2 Hanover	{2} 30.20m	99-1	4/27



Conference TFRI Event Summary



Independent

as of 4/30/2024 1:55:43 PM ET

Women's 100 Meters

1	Molly WAGNER	JR	#2 Carlow (Pa.)	12.63	(0.2)	4/5
2	Madison KAPPELER	JR	#1 Penn State Behr	12.89w	(3.0)	4/27
3	Trista MILLER	JR	#2 Carlow (Pa.) {2}	13.20		4/27
4	Peyton GRIMM	FR	#1 Penn State Behr {2}	13.49w	(3.0)	4/27
5	Rylee LONG	FR	#1 Penn State Behr {3}	13.52w	(3.4)	4/6
6	Taylor CHARITY	SR	#2 Carlow (Pa.) {3}	13.59w	(2.4)	4/13
7	Angelina COMPEGGIE	SO	#1 Penn State Behr {4}	13.64	(1.5)	4/6
8	Alexandra LISZKIEWICZ	SO	#5 Hilbert	13.92	(1.6)	4/27
9	Victoria DIETRICH	JR	#1 Penn State Behr {5}	13.98w	(2.4)	4/18
10	Brooke REDING	FR	#1 Penn State Behr {6}	14.09	(-0.2)	4/21

Women's 100 Meter Hurdles

1	Haley FELTON	JR	#1 Penn State Behr	16.99	(0.9)	4/18
2	Tahlia KOSEK	JR	#5 Hilbert	18.23	(1.2)	4/27
3	Madison KAPPELER	JR	#1 Penn State Behr {2}	19.74w	(2.1)	4/13

Women's 200 Meters

1	Molly WAGNER	JR	#2 Carlow (Pa.)	26.16		4/27
2	Madison KAPPELER	JR	#1 Penn State Behr	26.54	(0.7)	4/18
3	Ivy LAFFAN	JR	#1 Penn State Behr {2}	27.44w	(3.8)	4/21
4	Trista MILLER	JR	#2 Carlow (Pa.) {2}	27.47		4/27
5	Peyton GRIMM	FR	#1 Penn State Behr {3}	27.84w	(2.4)	4/6
6	Rylee LONG	FR	#1 Penn State Behr {4}	28.18w	(3.1)	4/13
7	Anna SPARKS	FR	#3 Asbury (Ky.)	28.21	(1.3)	3/23
8	Angelina COMPEGGIE	SO	#1 Penn State Behr {5}	28.46w	(2.2)	4/6
9	Victoria DIETRICH	JR	#1 Penn State Behr {6}	28.62	(0.0)	4/18
10	Alexandra LISZKIEWICZ	SO	#5 Hilbert	29.23w	(2.4)	4/27

Women's 400 Meters

1	Ivy LAFFAN	JR	#1 Penn State Behr	1:01.11		4/18
2	Molly WAGNER	JR	#2 Carlow (Pa.)	1:02.36		4/13
3	Anna SPARKS	FR	#3 Asbury (Ky.)	1:04.09		3/2
4	Ella CLOAK	SO	#2 Carlow (Pa.) {2}	1:05.03		4/27
5	Madeline MATUSZAK	SO	#5 Hilbert	1:05.54		4/7
6	Victoria DIETRICH	JR	#1 Penn State Behr {2}	1:06.83		4/21
7	Davis FARROW	JR	#13 Western New En	1:07.09		4/20
8	Bridget MCMASTER	FR	#1 Penn State Behr {3}	1:07.76		3/30
9	Elise TERPSTRA	JR	#3 Asbury (Ky.) {2}	1:12.68		3/16
10	Alia PEETS	JR	#11 Sweet Briar	1:13.83		4/6

Women's 400 Meter Hurdles

1	Bridget MCMASTER	FR	#1 Penn State Behr	1:12.23		4/18
2	Ivy LAFFAN	JR	#1 Penn State Behr {2}	1:13.36		4/18
3	Haley FELTON	JR	#1 Penn State Behr {3}	1:15.22		4/13
4	Aisling DONNELLY	JR	#7 SUNY Maritime C	1:17.02		4/7
5	Tahlia KOSEK	JR	#5 Hilbert	1:23.55		4/27
6	Natalie BOERI	FR	#7 SUNY Maritime C {2}	1:43.26		4/7

Women's 800 Meters

1	Paige ANDERSON	JR	#4 Kalamazoo	2:25.54		4/13
2	Bailey GASSMANN	FR	#3 Asbury (Ky.)	2:27.23		4/12
3	Alison HANKINS	JR	#4 Kalamazoo {2}	2:28.51		4/13
4	Brooke O'CARROLL	SO	#3 Asbury (Ky.) {2}	2:28.69		4/20
5	Bridget MCMASTER	FR	#1 Penn State Behr	2:33.21		3/30
6	Zenaida SACKETT	SO	#4 Kalamazoo {3}	2:33.68		4/13
7	Maddie FUSCO	SR	#5 Hilbert	2:33.84		4/27
8	Maya ALKEMA	SO	#4 Kalamazoo {4}	2:35.57		4/13
9	Hartle LINDSEY	SO	#1 Penn State Behr {2}	2:35.78		3/30
10	Ella CLOAK	SO	#2 Carlow (Pa.)	2:36.41		4/27

Women's 1500 Meters

1	Alison HANKINS	JR	#4 Kalamazoo	4:50.69		4/25
2	Paige ANDERSON	JR	#4 Kalamazoo {2}	4:54.66		4/13
3	Bailey GASSMANN	FR	#3 Asbury (Ky.)	5:02.66		3/16
4	Haleigh NOWER	SR	#4 Kalamazoo {3}	5:02.97		4/25
5	Maddie FUSCO	SR	#5 Hilbert	5:03.71		4/27
6	Maddie HANULCIK	SO	#4 Kalamazoo {4}	5:08.13		4/13
7	Maya ALKEMA	SO	#4 Kalamazoo {5}	5:09.92		4/13
8	Allie NUTT	FR	#4 Kalamazoo {6}	5:14.11		4/25
9	Hartle LINDSEY	SO	#1 Penn State Behr	5:16.61		4/27
10	Carolina WILSON	JR	#11 Sweet Briar	5:19.63		4/6

Women's Steeplechase

1	Bridget MCMASTER	FR	#1 Penn State Behr	13:03.70		4/27
2	Litwiler BETHANY	SO	#1 Penn State Behr {2}	13:10.30		4/13
3	Jazmyne DAILY-SIMPSON	JR	#6 SUNY New Paltz	14:03.51		4/26
4	Abigail GAHAGAN	SO	#9 Clark (Mass.)	14:21.29		4/20
5	Kylie CANTLON	SO	#8 Maine Maritime	16:48.76		4/13
6	Lilly VERRILL	SO	#8 Maine Maritime {2}	20:11.57		4/13

Women's 5000 Meters

1	46 Paige ANDERSON	JR	#4 Kalamazoo	17:13.97		4/25
2	Maddie HANULCIK	SO	#4 Kalamazoo {2}	18:38.74		4/25
3	Maddie FUSCO	SR	#5 Hilbert	18:59.94		3/30
4	Maya ALKEMA	SO	#4 Kalamazoo {3}	19:20.04		4/25
5	Hartle LINDSEY	SO	#1 Penn State Behr	19:21.60		4/18
6	Bailey GASSMANN	FR	#3 Asbury (Ky.)	19:23.14		3/2
7	Annalise BAILEY	SR	#4 Kalamazoo {4}	19:32.24		4/25
8	Lillian STEPHENSON	SO	#6 SUNY New Paltz	19:45.58		4/26
9	Nicole STEELE	FR	#9 Clark (Mass.)	20:17.79		4/20
10	Mackenzie BARCOMB	JR	#6 SUNY New Paltz {2}	20:24.01		4/26



Conference TFRI Event Summary



Independent

as of 4/30/2024 1:55:43 PM ET

Women's 10,000 Meters

1	Ava MILLER	SO	#3 Asbury (Ky.)	44:21.07	4/6
2	Sarah YOST	JR	#3 Asbury (Ky.) {2}	45:46.30	4/6
3	Litwiler BETHANY	SO	#1 Penn State Behr	45:54.74	4/18
4	Bridget MCMASTER	FR	#1 Penn State Behr {2}	47:08.25	4/18
5	Lily RINEHART	SO	#3 Asbury (Ky.) {3}	48:14.99	4/6
6	Lucy KATE GIBSON	FR	#3 Asbury (Ky.) {4}	48:24.03	4/6
7	Ella MORTON	SO	#3 Asbury (Ky.) {5}	48:58.85	4/6
8	Hartle LINDSEY	SO	#1 Penn State Behr {3}	50:52.77	4/18
9	Angelina COMEGGIE	SO	#1 Penn State Behr {4}	51:35.45	4/18

Women's 4x100 Relay

1	Trista Miller, Sydney Taylor, Ella Cloak, Molly Wagner	#2 Carlow (Pa.)	50.79	4/27
2	Peyton Grimm, Ivy Laffan, Rylee Long, Madison Kappeler	#1 Penn State Behr	51.12	4/21

Women's 4x400 Relay

1	Victoria Dietrich, Madison Kappeler, Peyton Grimm, Ivy Laffan	#1 Penn State Behr	4:23.19	4/13
2	Anna Sparks, Ava Miller, Brooke O'Carroll, Bailey Gassmann	#3 Asbury (Ky.)	4:31.94	3/2
3	Ella Cloak, Molly Wagner, Christina Smith, Laci Schwirian	#2 Carlow (Pa.)	4:46.54	4/5
4	Natalie Boeri, Aisling Donnelly, Eily Kochon, Adelle Leger	#7 SUNY Maritime C	5:08.29	4/7
5	Mikayla Cecora, Jazmyne Dailysimpson, Alice Adamo, Marcella Candlin	#6 SUNY New Paltz	5:13.12	4/26

Women's High Jump

1	Christina SMITH	SR	#2 Carlow (Pa.)	1.50m	4-11	4/5
2	Julia BALASKI	SO	#1 Penn State Behr	1.43m	4-8¼	4/27
3	LEIA DAY	SO	#2 Carlow (Pa.) {2}	1.41m	4-7½	4/20
4	Tahlia KOSEK	JR	#5 Hilbert	1.35m	4-5	3/30
5	Haley FELTON	JR	#1 Penn State Behr {2}	1.32m	4-4	4/21

Women's Pole Vault

1	34 Madison KAPPELER	JR	#1 Penn State Behr	3.60m	11-9¾	4/18
2	Noelani TAKEI	JR	#1 Penn State Behr {2}	3.00m	9-10	4/18
3	Gracie JONES	JR	#1 Penn State Behr {3}	2.55m	8-4¼	4/27

Women's Long Jump

1	Madison KAPPELER	JR	#1	Penn State Behr	5.25m	17-2¾ (0.0)	4/27
2	Rylee LONG	FR	#1	Penn State Behr {2}	4.99m	16-4½ (0.0)	4/18
3	Peyton GRIMM	FR	#1	Penn State Behr {3}	4.72mw	15-6 (2.2)	4/21
4	Sydney TAYLOR	FR	#2	Carlow (Pa.)	4.67m	15-4	4/27
5	LEIA DAY	SO	#2	Carlow (Pa.) {2}	4.53mw	14-10½ (2.6)	4/13
6	Malina HALL	JR	#2	Carlow (Pa.) {3}	4.39m	14-5 (0.3)	4/5
7	Christina SMITH	SR	#2	Carlow (Pa.) {4}	4.25m	13-11½ (1.7)	4/13
8	Tahlia KOSEK	JR	#5	Hilbert	4.18m	13-8¾ (-0.3)	4/7
9	Gracie JONES	JR	#1	Penn State Behr {4}	3.97mw	13-¼ (3.7)	4/13
10	Angela TEWKSBUURY		#10	Clarkson	3.88m	12-8¾ (0.2)	3/30

Women's Triple Jump

1	Rylee LONG	FR	#1 Penn State Behr	10.67mw	35-¼ (2.9)	4/6
2	Sydney TAYLOR	FR	#2 Carlow (Pa.)	10.63m	34-10½	4/27
3	Malina HALL	JR	#2 Carlow (Pa.) {2}	9.77m	32-¾ (-0.5)	4/5
4	Gracie JONES	JR	#1 Penn State Behr {2}	8.47mw	27-9½ (2.5)	4/13

Women's Shot Put

1	Paige MASSEY	SO	#1 Penn State Behr	11.06m	36-3½	4/21
2	Juliana OGRODOWSKI	SO	#2 Carlow (Pa.)	9.50m	31-2	4/27
3	Emma SOVICH	JR	#2 Carlow (Pa.) {2}	9.45m	31-0	4/27
4	Emma WHITEMAN	SO	#1 Penn State Behr {2}	8.82m	28-11¼	3/30
5	Brianna DOWNING	JR	#1 Penn State Behr {3}	8.52m	27-11½	4/21
6	August PRICE	FR	#3 Asbury (Ky.)	8.43m	27-8	3/2
7	Haley FELTON	JR	#1 Penn State Behr {4}	8.31m	27-3¼	3/30
8	Jessica PARK	SO	#1 Penn State Behr {5}	8.16m	26-9¼	3/30
9	Mya LANDRY	FR	#12 Eastern Nazaren	7.18m	23-6¾	3/23
10	Rachel SKOCZLAS	JR	#1 Penn State Behr {6}	7.05m	23-1¾	4/27

Women's Discus

1	Paige MASSEY	SO	#1	Penn State Behr	31.83m	104-5	3/30
2	Mya WAAGE	SO	#2	Carlow (Pa.)	31.50m	103-4	4/27
3	Juliana OGRODOWSKI	SO	#2	Carlow (Pa.) {2}	28.33m	92-11½	4/27
4	Brianna DOWNING	JR	#1	Penn State Behr {2}	28.26m	92-8¾	3/30
5	Emma WHITEMAN	SO	#1	Penn State Behr {3}	28.06m	92-¾	4/27
6	Emma SOVICH	JR	#2	Carlow (Pa.) {3}	27.13m	89-¼	4/27
7	Abbie O'BRIEN	#10		Clarkson	21.94m	71-11¾	3/30
8	August PRICE	FR	#3	Asbury (Ky.)	20.66m	67-9½	3/16
9	Tahlia KOSEK	JR	#5	Hilbert	15.35m	50-4½	4/20
10	Lilly VERRILL	SO	#8	Maine Maritime	13.89m	45-7	4/13

Women's Hammer

1	Jessica PARK	SO	#1 Penn State Behr	38.05m	124-10	4/18
2	Brianna DOWNING	JR	#1 Penn State Behr {2}	29.52m	96-10¼	4/6
3	August PRICE	FR	#3 Asbury (Ky.)	25.54m	83-9½	3/16



USTFCCCA NCAA Division III Outdoor Track & Field
Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



Independent

as of 4/30/2024 1:55:43 PM ET

Women's Javelin							
1	60	Julia BALASKI	SO	#1 Penn State Behr	37.91m	124-5	4/18
2		Haley FELTON	JR	#1 Penn State Behr{2}	28.11m	92-2¾	4/21
3		Keely ACOR	JR	#2 Carlow (Pa.)	26.95m	88-5	4/5
4		Brianna DOWNING	JR	#1 Penn State Behr{3}	26.93m	88-4¼	4/18
5		Tahlia KOSEK	JR	#5 Hilbert	25.71m	84-4¼	4/7
6		Rachel SKOCZLAS	JR	#1 Penn State Behr{4}	23.47m	77-0	4/27
7		August PRICE	FR	#3 Asbury (Ky.)	20.36m	66-9¾	3/16
8		Abbie O'BRIEN		#10 Clarkson	19.61m	64-4	3/30
9		Emma WHITEMAN	SO	#1 Penn State Behr{5}	14.37m	47-1¾	4/27
10		Lilly VERRILL	SO	#8 Maine Maritime /	10.69m	35-1	4/13



Conference TFRI Event Summary



Landmark

as of 4/30/2024 1:55:43 PM ET

Women's 100 Meters

1	Samantha SHARROW	SO	#4 Scranton	12.41w	(2.2)	4/20
2	Erin BUCKLEY	FR	#1 Catholic (D.C.)	12.44w	(3.1)	4/20
3	Alexa RINE	SR	#2 Susquehanna	12.50	(1.6)	4/6
4	Ray ASIEDU	FR	#8 Goucher	12.61	(-1.2)	3/29
5	Felicity GIAMPIETRO	FR	#1 Catholic (D.C.) {2}	12.76w	(3.1)	4/20
6	Sarah SCHUMACHER	SO	#1 Catholic (D.C.) {3}	12.78w	(3.1)	4/20
7	Chloe YODER	SR	#2 Susquehanna {2}	12.79	(-0.9)	3/27
7	Ashley NEWMAN	SO	#2 Susquehanna {2}	12.79w	(2.7)	4/20
9	Remi ACORD	JR	#2 Susquehanna {4}	12.80	(1.6)	4/6
10	Jocelyn SMITH	FR	#4 Scranton {2}	12.81	(0.1)	4/27

Women's 100 Meter Hurdles

1	3 Chloe YODER	SR	#2 Susquehanna	13.89w	(2.7)	4/12
2	38 Hannah ALDERFER	JR	#2 Susquehanna {2}	14.80	(1.0)	4/12
3	Brigid BYRNES	FR	#1 Catholic (D.C.)	15.52	(1.9)	4/14
4	Molly WHITE	SO	#4 Scranton	15.78	(0.1)	4/20
5	Julia ACEVEDO	SR	#2 Susquehanna {3}	16.36	(0.7)	4/12
6	Mia MCCONNELL	FR	#1 Catholic (D.C.) {2}	16.45	(1.7)	4/20
7	Clare MARSH	JR	#1 Catholic (D.C.) {3}	16.48	(-1.3)	4/14
8	Edith TOMASEK	FR	#1 Catholic (D.C.) {4}	16.53	(1.7)	4/20
9	Denicia GERMAN	FR	#2 Susquehanna {4}	16.61w	(2.7)	4/12
10	Aaliyah BRIDDELL	FR	#8 Goucher	16.63	(0.6)	4/6

Women's 200 Meters

1	70 Abigail GIAMONI	JR	#3 Moravian	25.21w	(2.3)	4/20
2	94 Chloe YODER	SR	#2 Susquehanna	25.34w	(2.3)	4/20
3	Emily CAMLET	SO	#7 Drew	25.78w	(2.8)	3/30
4	Samantha SHARROW	SO	#4 Scranton	25.97	(0.3)	4/27
5	Jocelyn SMITH	FR	#4 Scranton {2}	25.99	(0.7)	4/6
6	Ashley NEWMAN	SO	#2 Susquehanna {2}	26.43	(0.2)	4/6
7	Brigid BYRNES	FR	#1 Catholic (D.C.)	26.46w	(3.5)	4/20
8	Alexa RINE	SR	#2 Susquehanna {3}	26.53	(0.0)	3/27
9	Ray ASIEDU	FR	#8 Goucher	26.59	(0.3)	4/6
10	Caleigh BOLD	FR	#5 Elizabethtown	26.61	(1.9)	4/6

Women's 400 Meters

1	35 Kelty OASTER	SR	#5 Elizabethtown	57.06		4/14
2	42 Abigail GIAMONI	JR	#3 Moravian	57.35		4/20
3	Emily CAMLET	SO	#7 Drew	58.61		4/19
4	Tanise THORNTON - FILLIYAW	SO	#8 Goucher	59.77		3/27
5	Clare MARSH	JR	#1 Catholic (D.C.)	59.91		3/22
6	Zoey BROWN	FR	#1 Catholic (D.C.) {2}	1:00.47		4/14
7	Rachele GRIGOLI	FR	#3 Moravian {2}	1:00.95		4/20
8	Sabrina BENIQUEZ	FR	#1 Catholic (D.C.) {3}	1:00.96		4/14
9	Emily MOEHRINGER	JR	#1 Catholic (D.C.) {4}	1:01.17		4/14
10	Ashley NEWMAN	SO	#2 Susquehanna	1:01.23		4/20

Women's 400 Meter Hurdles

1	33 Clare MARSH	JR	#1 Catholic (D.C.)	1:04.30		4/14
2	49 Brigid BYRNES	FR	#1 Catholic (D.C.) {2}	1:04.97		4/14
3	81 Olivia BARBACCI	SO	#6 Juniata	1:06.17		4/27
4	89 Mia MCCONNELL	FR	#1 Catholic (D.C.) {3}	1:06.52		4/14
5	Molly WHITE	SO	#4 Scranton	1:09.32		4/6
6	Julia ACEVEDO	SR	#2 Susquehanna	1:10.05		3/23
7	Alicia VO	FR	#1 Catholic (D.C.) {4}	1:10.69		4/6
8	Kelsey MYLER	FR	#4 Scranton {2}	1:11.39		4/20
9	Denicia GERMAN	FR	#2 Susquehanna {2}	1:11.40		4/20
10	Sabrina BENIQUEZ	FR	#1 Catholic (D.C.) {5}	1:11.88		4/20

Women's 800 Meters

1	10 Tanise THORNTON - FILLIYAW	SO	#8 Goucher	2:11.02		4/20
2	20 Emily MOEHRINGER	JR	#1 Catholic (D.C.)	2:12.03		4/14
3	22 Kelty OASTER	SR	#5 Elizabethtown	2:12.05		4/14
4	98 Apolline GASPERS	JR	#1 Catholic (D.C.) {2}	2:17.59		4/14
5	Skye WASHINGTON	SO	#8 Goucher {2}	2:20.63		4/13
6	Lauren CERDA	SR	#1 Catholic (D.C.) {3}	2:21.98		4/27
7	Victoria URBAEZ	FR	#2 Susquehanna	2:22.48		4/27
8	Olivia TULLMAN	SR	#4 Scranton	2:23.92		4/20
9	Rylie MURPHY	JR	#3 Moravian	2:25.35		4/27
10	Tara SMURLA	SO	#3 Moravian {2}	2:25.60		3/30

Women's 1500 Meters

1	75 Apolline GASPERS	JR	#1 Catholic (D.C.)	4:41.26		4/20
2	100 Emily MOEHRINGER	JR	#1 Catholic (D.C.) {2}	4:42.42		4/6
3	Emily HOPKINS	SO	#4 Scranton	4:45.58		4/20
4	Tanise THORNTON - FILLIYAW	SO	#8 Goucher	4:50.97		3/29
5	Olivia TULLMAN	SR	#4 Scranton {2}	4:52.57		4/27
6	Tara SMURLA	SO	#3 Moravian	4:53.88		3/30
7	Kelty OASTER	SR	#5 Elizabethtown	4:55.66		4/14
8	Lauren CERDA	SR	#1 Catholic (D.C.) {3}	4:55.79		4/27
9	Kate RICE	SO	#7 Drew	4:58.66		3/30
10	Rachael GOODMAN	JR	#3 Moravian {2}	5:02.57		4/27

Women's Steeplechase

1	35 Kate INGLIS	JR	#1 Catholic (D.C.)	11:15.51		3/22
2	Amber PONIKTERA	JR	#3 Moravian	11:40.44		4/14
3	Rachael GOODMAN	JR	#3 Moravian {2}	11:46.77		4/14
4	Maria ANDERSON		#5 Elizabethtown	11:47.81		4/27
5	Sadie ABOOD	SR	#1 Catholic (D.C.) {2}	11:53.82		3/22
6	Alyssa HOCKENBERRY	FR	#3 Moravian {3}	12:13.61		4/20
7	Ellie HEILMAN	FR	#5 Elizabethtown {2}	12:15.54		4/6
8	Alexis HOCKENBERRY	FR	#3 Moravian {4}	12:17.04		4/20
9	Maeve KEEFE	FR	#5 Elizabethtown {3}	12:35.80		4/21
10	Isabell ANDERSON	SO	#5 Elizabethtown {4}	12:46.21		4/21



Conference TFRI Event Summary



Landmark

as of 4/30/2024 1:55:44 PM ET

Women's 5000 Meters

1	Tara SMURLA	SO	#3 Moravian	17:55.98	3/23
2	Emily HOPKINS	SO	#4 Scranton	18:06.29	4/14
3	Kate RICE	SO	#7 Drew	18:12.16	3/30
4	Kate INGLIS	JR	#1 Catholic (D.C.)	18:27.50	4/6
5	Bridget KENNEDY	SR	#5 Elizabethtown	18:31.42	3/27
6	Sadie ABOOD	SR	#1 Catholic (D.C.) {2}	18:49.87	4/20
7	Georgia NUSSEY	JR	#1 Catholic (D.C.) {3}	18:52.73	3/22
8	Meghan MYERS	SO	#3 Moravian {2}	18:53.68	3/23
9	Rachael GOODMAN	JR	#3 Moravian {3}	18:58.56	4/20
10	Ava PERLOV	SO	#1 Catholic (D.C.) {4}	19:01.81	4/6

Women's 10,000 Meters

1	31 Tara SMURLA	SO	#3 Moravian	36:08.51	4/14
2	Georgia NUSSEY	JR	#1 Catholic (D.C.)	38:18.73	4/6
3	Bridget KENNEDY	SR	#5 Elizabethtown	39:18.50	4/6
4	Tori CHAMPAGNE	SO	#3 Moravian {2}	40:10.91	4/20
5	Isabelle SMITH	JR	#5 Elizabethtown {2}	40:12.77	4/6
6	Catrina CORBETT	SR	#4 Scranton	40:24.99	3/28
7	Stella NOECKER	SR	#1 Catholic (D.C.) {2}	40:55.97	4/6
8	Meghan MYERS	SO	#3 Moravian {3}	41:33.44	4/14
9	Ally MEEKS	JR	#3 Moravian {4}	41:43.90	4/20
10	Emma O'TOOLE	SO	#5 Elizabethtown {3}	43:29.38	4/6

Women's 4x100 Relay

1	32 Hannah Alderfer, Remi Acord, Chloe Yoder, Alexa Rine	#2 Susquehanna	48.06	4/20
2	58 Shai Knight, Abigail Giamoni, Rachele Grigoli, Alexis Groff	#3 Moravian	48.81	4/20
3	66 Erin Buckley, Sarah Schumacher, Megan Burns, Ellie Bixenman	#1 Catholic (D.C.)	48.99	4/27
4	Wendy De La Cruz Garcia, Samantha Sharrow, Isabella Delgado, Jocelyn Smith	#4 Scranton	49.76	4/20
5	Jarrett Wagner, Kate Bendall, Melissa Patton, Caleigh Bold	#5 Elizabethtown	50.86	4/27
6	#Type!	#7 Drew	53.11	4/6
7	Nora Neall, Tanise Thornton - Fillyaw, Aaliyah Briddell, Ray Asiedu	#8 Goucher	54.12	3/27

Women's 4x400 Relay

1	33 Clare Marsh, Brigid Byrnes, Emily Moehringer, Zoey Brown	#1 Catholic (D.C.)	3:57.92	4/27
2	Rebecca Christophel, Olivia Barbacci, Ashley Alfree, Camille McRoberts	#6 Juniata	4:12.31	4/13
3	Ashley Newman, Caitlyn Kuhn, Liza Levin, Chloe Yoder	#2 Susquehanna	4:14.34	4/12
4	#Type!	#4 Scranton	4:14.50	4/6
5	Rachele Grigoli, Ashley Rodrigues, Shai Knight, Abigail Giamoni	#3 Moravian	4:14.97	3/30
6	Katherine Hartman, Axel Georgieff, Melissa Patton, Ash Rich	#5 Elizabethtown	4:21.58	4/6
7	Tamryn Thornton-Fillyaw, Imaya Edmonds, Tanise Thornton-Fillyaw, Ray Asiedu	#8 Goucher	4:22.44	4/6
8	#Type!	#7 Drew	4:27.58	4/19

Women's High Jump

1	25 Anna SCOBLOCK	SO	#1 Catholic (D.C.)	1.65m	5-5	4/20
2	39 Melina CHRISTODOULOU	SR	#7 Drew	1.62m	5-3¾	3/30
2	39 Alexis GROFF	SR	#3 Moravian	1.62m	5-3¾	4/27
4	Ash RICH	FR	#5 Elizabethtown	1.57m	5-1¾	4/21
5	Olivia BARBACCI	SO	#6 Juniata	1.55m	5-1	4/17
6	Jenna HORNING	SR	#2 Susquehanna	1.52m	4-11¾	4/6
6	Ali HAEFELE	SO	#3 Moravian {2}	1.52m	4-11¾	3/30
6	Elena FUNK	FR	#4 Scranton	1.52m	4-11¾	4/6
6	Gretchen HARAY	SO	#4 Scranton	1.52m	4-11¾	4/6
10	Molly WHITE	SO	#4 Scranton {3}	1.50m	4-11	4/27
10	Charlotte HOULE	FR	#2 Susquehanna {2}	1.50m	4-11	4/20
10	Courtney CUTTING	SR	#1 Catholic (D.C.) {2}	1.50m	4-11	4/13

Women's Pole Vault

1	Sarah BOWER	JR	#2 Susquehanna	3.20m	10-6	4/6
1	Olivia BARBACCI	SO	#6 Juniata	3.20m	10-6	4/21
3	Alison SPONSELLER	FR	#2 Susquehanna {2}	2.75m	9-¼	4/6
4	Katie SEAL	JR	#4 Scranton	2.70m	8-10¼	4/27
4	Sophia BOSTWICK	FR	#2 Susquehanna {3}	2.70m	8-10¼	4/27
4	Sara RICH	FR	#5 Elizabethtown	2.70m	8-10¼	4/27
7	Ash RICH	FR	#5 Elizabethtown {2}	2.60m	8-6¼	3/27
8	Katie CAMMARATA	SO	#2 Susquehanna {4}	2.45m	8-½	4/6
8	Hayla BRYANT	FR	#4 Scranton {2}	2.45m	8-½	4/20
8	Ashley ALFREE	SO	#6 Juniata {2}	2.45m	8-½	4/21



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



Landmark

as of 4/30/2024 1:55:44 PM ET

Women's Long Jump

1	12	Remi ACORD	JR	#2	Susquehanna	5.75m	18-10½ (0.5)	4/19
2	64	Hannah ALDERFER	JR	#2	Susquehanna	{2} 5.47m	17-11½ (1.1)	4/20
3	67	Sage HENDERSHOT	FR	#7	Drew	5.46m	17-11 (0.1)	3/30
4		Chloe YODER	SR	#2	Susquehanna	{3} 5.32m	17-5½ (0.6)	4/12
5		Samantha SHARROW	SO	#4	Scranton	5.30m	17-4¾ (0.0)	4/27
6		Brigid BYRNES	FR	#1	Catholic (D.C.)	5.26m	17-3¼ (0.8)	4/20
7		Julia ACEVEDO	SR	#2	Susquehanna	{4} 5.10m	16-8¾ (1.2)	4/12
8		Ali HAEFELE	SO	#3	Moravian	5.09m	16-8½ (-2.3)	4/6
9		Olivia BARBACCI	SO	#6	Juniata	5.07mw	16-7¾ (3.4)	4/6
10		Kate BENDALL	FR	#5	Elizabethtown	5.06m	16-7¼ (0.0)	4/27

Women's Triple Jump

1	9	Remi ACORD	JR	#2	Susquehanna	12.17m	39-11¼ (0.9)	4/19
2	27	Ali HAEFELE	SO	#3	Moravian	11.66mw	38-3¼ (3.0)	3/29
3	68	Julia ACEVEDO	SR	#2	Susquehanna	{2} 11.20m	36-9 (0.1)	4/12
4	79	Molly WHITE	SO	#4	Scranton	11.17m	36-7¾ (0.3)	4/20
5		Kate BENDALL	FR	#5	Elizabethtown	10.98m	36-¼ (-3.7)	4/21
6		Hannah ALDERFER	JR	#2	Susquehanna	{3} 10.69m	35-1 (0.0)	4/12
7		Jessica TSU	SR	#4	Scranton	{2} 10.48m	34-4¾ (-0.9)	3/27
8		Melina CHRISTODOULOU	SR	#7	Drew	10.26m	33-8 (-1.3)	3/30
9		Alicia VO	FR	#1	Catholic (D.C.)	10.09m	33-1¼ (1.1)	4/6
10		Hailey MONAGHAN	JR	#4	Scranton	{3} 10.04m	32-11¼ (-2)	4/20

Women's Shot Put

1		Mylea NEIDIG	SR	#5	Elizabethtown	12.20m	40-½	3/27
2		Ciara DONEGAN	JR	#1	Catholic (D.C.)	11.93m	39-1¾	3/22
3		Nandee CORREIA	SR	#6	Juniata	11.88m	38-11¾	4/21
4		Maggie BOYER	SR	#2	Susquehanna	11.35m	37-3	4/12
5		Kara VASHEY	SO	#3	Moravian	11.26m	36-11½	4/27
6		DaniRae RENNO	JR	#5	Elizabethtown	{2} 10.83m	35-6½	4/21
7		Margie RAYNE	SO	#3	Moravian	{2} 10.80m	35-5¼	4/13
8		Mikayla WOODRING	JR	#3	Moravian	{3} 10.67m	35-¼	3/23
9		Arin PEYKAR	JR	#3	Moravian	{4} 10.52m	34-6¼	3/23
10		Chloe SAUER	FR	#6	Juniata	{2} 10.40m	34-1½	4/6

Women's Discus

1	38	Margie RAYNE	SO	#3	Moravian	42.40m	139-1	4/20
2	71	DaniRae RENNO	JR	#5	Elizabethtown	40.53m	133-0	4/14
3		Caillie FISH	JR	#3	Moravian	{2} 38.19m	125-4	4/20
4		Kara VASHEY	SO	#3	Moravian	{3} 35.47m	116-5	4/27
5		Molly MAXWELL	JR	#1	Catholic (D.C.)	34.37m	112-9	4/6
6		Heather ADAMS	SO	#3	Moravian	{4} 34.17m	112-1	4/27
7		Alexandra FERRADOR	SR	#4	Scranton	33.88m	111-2	4/6
8		Kaleah LEISHER	SO	#6	Juniata	33.70m	110-7	4/27
9		Mylea NEIDIG	SR	#5	Elizabethtown	{2} 33.59m	110-3	4/27
10		Rebecca CREE	SO	#2	Susquehanna	33.25m	109-1	4/6

Women's Hammer

1	71	Maggie BOYER	SR	#2	Susquehanna	47.36m	155-5	4/6
2		Nandee CORREIA	SR	#6	Juniata	45.59m	149-7	4/27
3		Caillie FISH	JR	#3	Moravian	44.20m	145-0	3/30
4		DaniRae RENNO	JR	#5	Elizabethtown	40.88m	134-2	4/21
5		Margie RAYNE	SO	#3	Moravian	{2} 40.35m	132-5	4/20
5		Alexandra FERRADOR	SR	#4	Scranton	40.35m	132-5	4/6
7		Catherine SIRIGNANO	FR	#2	Susquehanna	{2} 39.63m	130-0	4/21
8		Liz MISKOVSKY	JR	#3	Moravian	{3} 39.54m	129-9	4/13
9		Paulina BIAGIONI	SO	#2	Susquehanna	{3} 38.53m	126-5	4/12
10		Mikayla WOODRING	JR	#3	Moravian	{4} 38.10m	125-0	4/13

Women's Javelin

1	25	Erin MILLER	SR	#5	Elizabethtown	40.08m	131-6	4/14
2	64	Victoria DONOVAN	SR	#3	Moravian	37.72m	123-9	4/13
3		Ainslee BINKLEY	SO	#2	Susquehanna	34.76m	114-1	4/20
4		Abby MCCLASKEY	JR	#3	Moravian	{2} 34.65m	113-8	4/27
5		Delaynee MCLEOD	SR	#2	Susquehanna	{2} 34.63m	113-8	4/12
6		Emma COOLIDGE	SO	#6	Juniata	33.39m	109-7	4/21
7		Hannah ALDERFER	JR	#2	Susquehanna	{3} 32.85m	107-10	4/6
8		Bella DAUBERMAN	FR	#2	Susquehanna	{4} 31.92m	104-9	4/6
9		Paulina BIAGIONI	SO	#2	Susquehanna	{5} 30.49m	100-1	4/20
10		Liz MISKOVSKY	JR	#3	Moravian	{3} 30.48m	100-0	4/27

Women's Heptathlon

1	30	Hannah ALDERFER	JR	#2	Susquehanna	4,251	4/12
2	75	Julia ACEVEDO	SR	#2	Susquehanna	{2} 3,535	4/12
3		Charlotte HOULE	FR	#2	Susquehanna	{3} 2,812	4/12
4		Mazzy CIRINELLI	SO	#7	Drew	2,697	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



Liberty League

as of 4/30/2024 1:55:44 PM ET

Women's 100 Meters

1	29	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	12.09w	(2.3)	4/7
2		Ava NOVAK	SR	#5 Vassar	12.48	(-1.2)	4/26
3		Sadie SCHREINER	SO	#3 RIT	12.56	(1.9)	4/20
3		Laura SUPPA	SO	#1 Ithaca	12.56w	(2.7)	4/20
5		Christine MALLETTE	JR	#4 RPI	12.58	(1.6)	4/26
6		Ava BUTLER	FR	#1 Ithaca	{2} 12.75	(1.8)	4/7
7		Alyssa FICI	FR	#4 RPI	{2} 12.77	(1.6)	4/26
8		Caroline HILL	JR	#3 RIT	{2} 12.78	(1.9)	4/20
9		Nora CHEN	FR	#2 Rochester (N.Y.)	{2} 12.81	(1.1)	4/7
10		Traci FRANCIS	JR	#5 Vassar	{2} 12.88	(-1.2)	4/26

Women's 100 Meter Hurdles

1	25	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	14.53	(1.2)	4/26
2	52	Laura SUPPA	SO	#1 Ithaca	14.87w	(2.7)	4/20
3	68	Rachel LARSON	SO	#1 Ithaca	{2} 15.03w	(2.2)	4/20
4	99	Jahmilia DENNIS	SO	#5 Vassar	15.29w	(2.5)	4/20
5		Allison REGNANTE	JR	#3 RIT	15.47	(1.2)	4/26
6		Ashley SHELDON	FR	#7 Union (N.Y.)	15.79	(1.5)	4/6
7		Cecelia LABONTE	SO	#1 Ithaca	{3} 15.92w	(2.3)	4/7
8		Samantha CRISCI	SO	#3 RIT	{2} 16.16	(0.1)	4/14
9		Freja NIKLASSON	SO	#5 Vassar	{2} 16.18	(-0.9)	4/26
10		Rania SABRI	SO	#3 RIT	{3} 16.33w	(2.2)	4/26

Women's 200 Meters

1	9	Sadie SCHREINER	SO	#3 RIT	24.50	(0.6)	4/7
2	38	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	24.96	(-0.6)	4/13
3	61	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	{2} 25.14	(-0.6)	4/26
4		Megan BELL	JR	#2 Rochester (N.Y.)	{3} 25.47	(1.9)	4/21
5		Caroline HILL	JR	#3 RIT	{2} 25.67	(0.6)	4/7
6		Ava BUTLER	FR	#1 Ithaca	25.82w	(2.6)	4/12
7		Ava NOVAK	SR	#5 Vassar	25.87cuw(26.53u)	(2)	4/6
8		Natalie MACARTHUR	JR	#1 Ithaca	{2} 25.91w	(2.6)	4/12
9		Christine MALLETTE	JR	#4 RPI	26.03	(1.6)	4/12
9		Katie MANNING	JR	#4 RPI	26.03	(-2.4)	4/26

Women's 400 Meters

1	4	Sadie SCHREINER	SO	#3 RIT	55.44		4/14
2	13	Megan BELL	JR	#2 Rochester (N.Y.)	56.04		4/7
3	23	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	{2} 56.58		4/14
4	92	Kate ISAAC	SR	#2 Rochester (N.Y.)	{3} 58.31		4/26
5		Caroline HILL	JR	#3 RIT	{2} 58.46		4/26
6		Lauren SZALKOWSKI	FR	#4 RPI	58.75		4/7
7		Nora CHEN	FR	#2 Rochester (N.Y.)	{4} 58.91		4/21
8		Raquella CASSERINO	FR	#2 Rochester (N.Y.)	{5} 59.46		4/26
9		Natalie MACARTHUR	JR	#1 Ithaca	59.65		3/30
10		Ava BUTLER	FR	#1 Ithaca	{2} 1:00.10		4/20

Women's 400 Meter Hurdles

1	7	Nora CHEN	FR	#2 Rochester (N.Y.)	1:02.29		4/26
2	73	Luca PECORA	JR	#1 Ithaca	1:05.77		4/7
3	99	Samantha CRISCI	SO	#3 RIT	1:06.83		4/26
4		Caroline STANTON	SR	#7 Union (N.Y.)	1:07.19		4/20
5		Justine DRAPER	JR	#3 RIT	{2} 1:07.66		4/26
6		Freja NIKLASSON	SO	#5 Vassar	1:08.90		4/26
7		Elli CLOUTIER	FR	#1 Ithaca	{2} 1:08.91		4/20
8		Rachel LARSON	SO	#1 Ithaca	{3} 1:10.69		4/20
9		Kaden LECHASE	FR	#1 Ithaca	{4} 1:10.79		4/7
10		Christine ZONG	FR	#2 Rochester (N.Y.)	{2} 1:11.09		4/26

Women's 800 Meters

1	6	Megan BELL	JR	#2 Rochester (N.Y.)	2:09.56		4/26
2		Allison SIBOLD	SR	#6 St. Lawrence	2:18.17		4/6
3		Catherine DACEY	JR	#7 Union (N.Y.)	2:18.92		4/26
4		Ava WHITNEY	FR	#5 Vassar	2:19.14		4/26
5		Norah READE	FR	#5 Vassar	{2} 2:19.60		4/26
6		Joy PETERSEN	SO	#1 Ithaca	2:20.86		3/30
7		Allison MALATESTA	SR	#7 Union (N.Y.)	{2} 2:21.13		4/12
8		Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	{2} 2:21.39		4/13
9		Adelaide NYHAN	FR	#5 Vassar	{3} 2:21.47		4/26
10		Sophia HENDERSON	JR	#5 Vassar	{4} 2:22.05		4/26

Women's 1500 Meters

1	3	Haley SCHOENEGGE	FR	#5 Vassar	4:25.40		4/26
2	51	Allison SIBOLD	SR	#6 St. Lawrence	4:38.43		4/27
3	99	Jules BLESKOSKI	FR	#4 RPI	4:42.39		4/7
4		Amelia GILBERT	SR	#3 RIT	4:45.65		4/7
5		Olivia PISACANO	JR	#4 RPI	{2} 4:45.98		4/7
6		Charlotte BLAKE	FR	#6 St. Lawrence	{2} 4:46.52		4/27
7		Catherine DACEY	JR	#7 Union (N.Y.)	4:46.86		4/20
8		Ellie PONKO	JR	#2 Rochester (N.Y.)	4:47.87		4/26
9		Sierra DANIEU	JR	#3 RIT	{2} 4:48.01		4/26
10		Sydney BURGARD	SR	#3 RIT	{3} 4:48.60		4/26

Women's Steeplechase

1	63	Kat BENNINGER	SR	#2 Rochester (N.Y.)	11:29.90		4/7
2	73	Claudia WOLF	SO	#4 RPI	11:35.96		4/7
3		Allison MALATESTA	SR	#7 Union (N.Y.)	11:41.66		4/20
4		Sab LIN	JR	#2 Rochester (N.Y.)	{2} 11:43.93		4/21
5		Logan BRASACCHIO	SO	#1 Ithaca	11:45.23		4/20
6		Emma PALUMBO	JR	#6 St. Lawrence	11:46.31		4/20
7		Tessa BOSSOM	SO	#4 RPI	{2} 11:48.71		4/7
8		Charlotte BLAKE	FR	#6 St. Lawrence	{2} 11:52.13		3/30
9		Carly ZACK	FR	#6 St. Lawrence	{3} 11:53.05		4/27
10		Sabrina TERANDO	SR	#2 Rochester (N.Y.)	{3} 11:56.61		4/21



Conference TFRI Event Summary



Liberty League

as of 4/30/2024 1:55:44 PM ET

Women's 5000 Meters

1	6	Haley SCHOENEGGE	FR	#5 Vassar	16:32.59	4/14
2	29	Jules BLESKOSKI	FR	#4 RPI	16:59.04	4/14
3	38	Olivia PISACANO	JR	#4 RPI {2}	17:06.81	4/14
4	87	Sennett TURNER	SR	#2 Rochester (N.Y.)	17:36.77	3/29
5		Jessica GOODE	SO	#1 Ithaca	17:49.28	3/30
6		Emma PALUMBO	JR	#6 St. Lawrence	18:00.29	4/14
7		Katie COBOS	SR	#3 RIT	18:05.17	3/30
8		Sierra DANIEU	JR	#3 RIT {2}	18:10.54	4/20
9		Leah GOODLOE	JR	#4 RPI {3}	18:12.49	4/7
10		Olivia REID	JR	#4 RPI {4}	18:14.67	4/7

Women's 10,000 Meters

1	30	Sennett TURNER	SR	#2 Rochester (N.Y.)	36:07.87	4/14
2	99	Kyla EISMAN	SO	#1 Ithaca	38:15.89	4/20
3		Leah GOODLOE	JR	#4 RPI	38:40.46	4/14
4		Alicia LAWSON	JR	#2 Rochester (N.Y.) {2}	39:30.35	4/14
5		Amaavi MIRIYAGALLA	SR	#5 Vassar	39:35.69	3/30
6		Olivia BERNIER	SR	#6 St. Lawrence	39:36.52	4/14
7		Meredith CROCKETT	JR	#2 Rochester (N.Y.) {3}	40:03.96	4/13
8		Andie BURTON	JR	#2 Rochester (N.Y.) {4}	40:16.63	4/13
9		Alyssa HORNG	SO	#2 Rochester (N.Y.) {5}	40:22.57	4/13
10		Adriana CECCHETELLI	SO	#6 St. Lawrence {2}	40:25.79	4/14

Women's 4x100 Relay

1	70	Jamie Eu, Ava Novak, Jahmilia Dennis, Traci Francis	#5 Vassar	49.04	4/26
2	77	Allison Regnante, Sadie Schreiner, Rania Sabri, Caroline Hill	#3 RIT	49.20	3/30
3	95	Christine Mallette, Katie Manning, Alyssa Fici, Lauren Szalkowski	#4 RPI	49.59	4/12
4		Devan Adegbile, Ava Butler, Tayla Hummel, Natalie MacArthur	#1 Ithaca	49.83	4/28
5		Julia Largett, Alyssa Hoogs, Ashleigh Barrett, Ashley Heffernan	#2 Rochester (N.Y.)	50.11	4/7
6		Marley Froe, Katherine Doran, Glory Moncion-Allen, Gabrielle Baker	#7 Union (N.Y.)	50.31	4/26
7		Margaret McNally, Kiran Black, Peyton Hunsicker, Lyla Baldwin	#6 St. Lawrence	54.66	4/6

Women's 4x400 Relay

1	3	Madeline O'Connell, Nora Chen, Ashley Heffernan, Megan Bell	#2 Rochester (N.Y.)	3:47.30	4/21
2	53	Samantha Crisci, Caroline Hill, Violet Ameen, Sadie Schreiner	#3 RIT	4:01.42	4/7
3	78	Emily Johnson, Giana Haubrich, Natalie MacArthur, Ava Butler	#1 Ithaca	4:04.69	4/7
4	94	Katherine Doran, Gabrielle Baker, Glory Moncion-Allen, Caroline Stanton	#7 Union (N.Y.)	4:07.16	4/26
5		Maya Carey, Sophia Henderson, Margaret McLaughlin, Ava Novak	#5 Vassar	4:11.00cu(4:16.14u)	4/6
6		Charlotte Blake, Allison Sibold, Adriana Cecchetelli, Emma Palumbo	#6 St. Lawrence	4:31.04	4/27
7		Chloe Desautels, Violet DiBiasio, Mieke Matteson, Camila Sandaal	#8 Bard	4:50.53	4/26

Women's High Jump

1	18	Ashley SHELTON	FR	#7 Union (N.Y.)	1.67m	5-5¾	4/6
2	33	Madeleine WRIGHT	FR	#1 Ithaca	1.63m	5-4¼	4/7
3	62	Lydia BARBER	FR	#1 Ithaca {2}	1.60m	5-3	4/20
4		Celia RYAN	FR	#1 Ithaca {3}	1.57m	5-1¾	4/28
5		Cecelia LABONTE	SO	#1 Ithaca {4}	1.54m	5-½	4/7
5		Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	1.54m	5-½	4/13
7		Tooni OLALAYE	FR	#4 RPI	1.52m	4-11¾	4/7
8		Grace ARDITO	SO	#7 Union (N.Y.) {2}	1.47m	4-9¾	4/6
9		Caroline STANTON	SR	#7 Union (N.Y.) {3}	1.45m	4-9	4/12
10		Lily HUBERT	FR	#2 Rochester (N.Y.) {2}	1.44m	4-8¾	4/26
10		Nora DRESLIN	SO	#2 Rochester (N.Y.) {2}	1.44m	4-8¾	4/26

Women's Pole Vault

1	1	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	4.07m	13-4¼	4/26
2	33	Catherine FOX	SR	#3 RIT	3.61m	11-10	4/13
3	54	Erin EASTWOOD	SO	#1 Ithaca	3.50m	11-5¾	4/7
4	76	Bree BOYLE	SO	#1 Ithaca {2}	3.40m	11-1¾	4/13
5	87	Talia HUTCHINSON	FR	#1 Ithaca {3}	3.35m	10-11¾	3/30
6		Laura SUPPA	SO	#1 Ithaca {4}	2.95m	9-8	4/13
7		Mia GERBER	FR	#3 RIT {2}	2.77m	9-1	4/26
8		Samantha SCHLECTMAN	SO	#3 RIT {3}	2.71m	8-10¾	4/7



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



Liberty League

as of 4/30/2024 1:55:44 PM ET

Women's Long Jump

1	6	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	5.83m	19-1½ (1.8)	4/26
2	44	Alyssa HOOGS	SR	#2 Rochester (N.Y.) {2}	5.54m	18-2¼ (1.9)	4/26
3	57	Allison REGNANTE	JR	#3 RIT	5.49mw	18-¼ (2.2)	4/26
4	88	Ashleigh BARRETT	SO	#2 Rochester (N.Y.) {3}	5.37mw	17-7½ (2.5)	4/26
5		Ava NOVAK	SR	#5 Vassar	5.26m	17-3¼ (1.3)	4/12
6		Sydney PASSLEY-HARRIS	SO	#5 Vassar {2}	5.22m	17-1½ (-2.0)	3/30
7		Alexis BROWN	FR	#1 Ithaca	5.19m	17-½ (1.9)	4/7
8		Jordyn DOLAN	SO	#1 Ithaca {2}	5.15mw	16-10¾ (2.2)	4/20
9		Faye STEVENS	JR	#5 Vassar {3}	5.12m	16-9¾ (0.0)	4/26
10		Ashanti STANLEY	SR	#1 Ithaca {3}	5.11m	16-9¼ (1.1)	4/20

Women's Triple Jump

1	39	Jahmilia DENNIS	SO	#5 Vassar	11.52m	37-9½ (-0.8)	4/20
2	60	Ashanti STANLEY	SR	#1 Ithaca	11.25m	36-11 (0.0)	4/28
3	68	Alyssa HOOGS	SR	#2 Rochester (N.Y.)	11.20m	36-9 (1.3)	4/26
4		Luca PECORA	JR	#1 Ithaca {2}	11.02m	36-2 (0.3)	4/20
5		Alexis BROWN	FR	#1 Ithaca {3}	10.88m	35-8½ (-0.6)	4/20
6		Grace CROFT	FR	#1 Ithaca {4}	10.85m	35-7¼ (0.0)	4/28
7		Ashley SHELDON	FR	#7 Union (N.Y.)	10.79mw	35-4¾ (3.0)	4/12
8		Allison REGNANTE	JR	#3 RIT	10.67m	35-¼ (1.1)	4/7
9		Rania SABRI	SO	#3 RIT {2}	10.54m	34-7 (0.9)	4/14
10		Violet AMEELE	SR	#3 RIT {3}	10.46m	34-4 (0.0)	4/7

Women's Shot Put

1	69	Emily DIMARCO	JR	#3 RIT	12.56m	41-2½	4/7
2	71	Marinna HEICHBERGER	SO	#3 RIT {2}	12.53m	41-1½	4/26
3		Leanna WELLS	FR	#4 RPI	12.10m	39-8½	4/26
4		Deziree GARRICK	JR	#2 Rochester (N.Y.)	12.01m	39-5	4/7
5		Kylie ALLEN	FR	#4 RPI {2}	11.86m	38-11	4/12
6		Lily SEYFERT	SO	#1 Ithaca	11.85m	38-10½	4/28
7		Amelia GECK	FR	#3 RIT {3}	11.77m	38-7½	4/20
8		Charlotte POWELL	FR	#1 Ithaca {2}	11.73m	38-6	4/23
9		Cora ROSE	JR	#2 Rochester (N.Y.) {2}	11.70m	38-4¾	4/21
10		Hannah ROGERS	JR	#4 RPI {3}	11.64m	38-2¼	4/26

Women's Discus

1	67	Emily DIMARCO	JR	#3 RIT	40.73m	133-8	4/20
2	74	Cora ROSE	JR	#2 Rochester (N.Y.)	40.44m	132-8	4/21
3	75	Madison VARGAS	FR	#2 Rochester (N.Y.) {2}	40.41m	132-7	4/21
4	80	Lily SEYFERT	SO	#1 Ithaca	40.11m	131-7	3/23
5	81	Grace RICHARD	SO	#4 RPI	39.97m	131-2	4/20
6	96	Katie LYNCH	SO	#4 RPI {2}	39.43m	129-5	4/26
7		Bailee DRUMMOND	FR	#3 RIT {2}	37.85m	124-2	4/26
8		Sydney PETRIE	SO	#5 Vassar	37.48m	123-0	4/6
9		Cheyenne MCPEEK	FR	#1 Ithaca {2}	36.84m	120-11	4/7
10		Lacey ECKERT	SO	#6 St. Lawrence	35.95m	118-0	4/27

Women's Hammer

1	88	Lily SEYFERT	SO	#1 Ithaca	46.60m	152-11	4/20
2		Cheyenne MCPEEK	FR	#1 Ithaca {2}	45.18m	148-3	4/23
3		Deziree GARRICK	JR	#2 Rochester (N.Y.)	44.81m	147-0	4/13
4		Katie LYNCH	SO	#4 RPI	44.80m	147-0	4/20
5		Liv ILASZ	SO	#2 Rochester (N.Y.) {2}	43.57m	143-0	4/21
6		Grace RICHARD	SO	#4 RPI {2}	41.74m	137-0	4/12
7		Autumn BERNAVA	FR	#3 RIT	41.53m	136-3	3/30
8		Soncerae HAMITER	JR	#1 Ithaca {3}	41.41m	135-11	4/13
9		Cora ROSE	JR	#2 Rochester (N.Y.) {3}	40.76m	133-9	3/29
10		Enya GREEN	FR	#1 Ithaca {4}	40.07m	131-6	4/20

Women's Javelin

1	42	Lily SEYFERT	SO	#1 Ithaca	38.93m	127-9	3/23
2		Sonya SHIVOK	JR	#3 RIT	33.80m	110-11	4/7
3		Aimee OSZER	FR	#2 Rochester (N.Y.)	33.58m	110-2	4/13
4		Charlotte POWELL	FR	#1 Ithaca {2}	33.40m	109-7	4/20
5		Celia RYAN	FR	#1 Ithaca {3}	32.98m	108-3	4/28
6		Mia GERBER	FR	#3 RIT {2}	32.21m	105-8	4/7
7		Leanna WELLS	FR	#4 RPI	32.01m	105-0	4/20
8		Abigail CARPENTER	JR	#3 RIT {3}	31.19m	102-4	4/7
9		Lauren ARMSTRONG	JR	#7 Union (N.Y.)	28.25m	92-8¼	4/20
10		Victoria BERMEO	FR	#2 Rochester (N.Y.) {2}	28.15m	92-4¼	4/7

Women's Heptathlon

1	3	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	4,951	4/13
2	55	Cecelia LABONTE	SO	#1 Ithaca	3,844	4/12
3	77	Julia LARGETT	SO	#2 Rochester (N.Y.) {2}	3,528	4/13
4	90	Madeleine WRIGHT	FR	#1 Ithaca {2}	3,422	4/12
5		Elli CLOUTIER	FR	#1 Ithaca {3}	3,004	4/12
6		Halle RAINA	JR	#4 RPI	2,781	4/12
7		Abigail SASSON	FR	#5 Vassar	2,735	4/12
8		Gabby IRVIN	FR	#4 RPI {2}	2,548	4/12



Conference TFRI Event Summary



Little East

as of 4/30/2024 1:55:44 PM ET

Women's 100 Meters

1	96	Dorinda OKORJI	JR	#6 UMass Boston	12.35w	(3.0)	3/16
2		Trinity HAYES	JR	#7 Rhode Island Col	12.45w	(3.4)	4/6
3		Janiah YOUNG	SO	#1 Southern Maine	12.46w	(2.1)	4/27
4		Athena COMEAU	JR	#4 Plymouth State	12.74w	(2.1)	4/27
5		Heaven CONLEY	JR	#1 Southern Maine {2}	12.78	(0.8)	4/13
6		Syriah MCCRUSE	FR	#5 Keene State	12.93	(1.0)	4/13
7		Aryianna GARCEAU	SO	#6 UMass Boston {2}	12.95	(0.3)	4/8
8		Paige HURST	JR	#4 Plymouth State {2}	12.99w	(3.2)	4/13
9		Cassidy HANSON	SO	#4 Plymouth State {3}	13.05	(1.0)	4/13
10		MacKenzie LABRIE	SR	#4 Plymouth State {4}	13.13w	(3.2)	4/13

Women's 100 Meter Hurdles

1	18	Aryianna GARCEAU	SO	#6 UMass Boston	14.41	(1.3)	4/13
2	59	Kiana GOLDBERG	FR	#1 Southern Maine	14.95w	(2.5)	4/6
3		McKenna CASTOR	FR	#8 Castleton	16.70w	(3.5)	4/6
4		Molly LU MCKELLAR	SO	#5 Keene State	16.98	(-0.3)	4/20
5		Analiese POISSON	JR	#2 Eastern Connect	17.19	(0.4)	4/20
6		Megan MOYNIHAN	SO	#4 Plymouth State	17.60	(1.2)	4/20
7		Briana CAMAN	FR	#3 UMass Dartmouth	18.12	(-0.6)	4/27
8		Delaney SARTWELL	SO	#6 UMass Boston {2}	19.83w	(3.3)	3/30
9		Abigail SCHELL	SO	#6 UMass Boston {3}	21.99	(1.4)	3/16

Women's 200 Meters

1	55	Trinity HAYES	JR	#7 Rhode Island Col	25.07cuw	(25.71u) (2.0)	4/6
2		Janiah YOUNG	SO	#1 Southern Maine	25.56	(0.6)	4/20
3		Kiana GOLDBERG	FR	#1 Southern Maine {2}	25.80cu	(26.46u) (1.0)	4/6
4		Aryianna GARCEAU	SO	#6 UMass Boston	25.83	(-0.4)	4/27
5		Heaven CONLEY	JR	#1 Southern Maine {3}	26.15	(0.6)	4/20
6		Saige KIRKLAND	FR	#2 Eastern Connect	26.63	(-0.4)	4/27
7		Athena COMEAU	JR	#4 Plymouth State	26.78	(-0.4)	4/27
8		MacKenzie LABRIE	SR	#4 Plymouth State {2}	26.90	(1.9)	4/20
9		Syriah MCCRUSE	FR	#5 Keene State	27.03w	(2.8)	4/6
10		Laci DAVIS	FR	#2 Eastern Connect {2}	27.05cuw	(27.74u) (2.0)	4/6

Women's 400 Meters

1		Trinity HAYES	JR	#7 Rhode Island Col	58.73		4/13
2		Heaven CONLEY	JR	#1 Southern Maine	59.29		4/13
3		Alexis KARANTZA	SO	#1 Southern Maine {2}	1:01.39		4/20
4		Saige KIRKLAND	FR	#2 Eastern Connect	1:02.09cu	(1:03.36u)	4/6
5		Sam VANDEMOERE	SR	#4 Plymouth State	1:02.58		4/13
6		Ashley GENTILE	JR	#2 Eastern Connect {2}	1:04.01		4/27
7		Haley ROBERTSON	JR	#2 Eastern Connect {3}	1:05.57		4/13
8		Allie KIMBALL	FR	#3 UMass Dartmouth	1:05.65		4/27
9		Anabel MELANSON	SO	#1 Southern Maine {3}	1:05.96		4/13
10		Cassidy HANSON	SO	#4 Plymouth State {2}	1:06.17		3/30

Women's 400 Meter Hurdles

1		Alexis KARANTZA	SO	#1 Southern Maine	1:07.48		4/27
2		Alyssa SIRIANNI	SR	#2 Eastern Connect	1:08.78		4/27
3		Grace RUSSELL	SO	#3 UMass Dartmouth	1:10.52		4/27
4		Molly LU MCKELLAR	SO	#5 Keene State	1:11.57		4/27
5		Megan MOYNIHAN	SO	#4 Plymouth State	1:13.56		4/20
6		Briana CAMAN	FR	#3 UMass Dartmouth {2}	1:15.36		3/30
7		Analiese POISSON	JR	#2 Eastern Connect {2}	1:17.20		4/13
8		Charlotte MILLETTE	SR	#6 UMass Boston	1:22.08		4/27
9		Elia VALEZ	JR	#6 UMass Boston {2}	1:23.54		4/27
10		Abigail SCHELL	SO	#6 UMass Boston {3}	1:33.76		4/20

Women's 800 Meters

1		Rose KAROW	FR	#4 Plymouth State	2:19.89		4/20
2		Sam VANDEMOERE	SR	#4 Plymouth State {2}	2:20.15		4/20
3		Jacqueline EARNER	SO	#6 UMass Boston	2:23.10		3/16
4		Haley OLIVER	SO	#7 Rhode Island Col	2:26.14		4/20
5		Anabel MELANSON	SO	#1 Southern Maine	2:28.15		4/20
6		AnnMarie LIMBERGER	SO	#1 Southern Maine {2}	2:28.59cu	(2:31.03u)	4/6
7		Margaret ST JOHN	SR	#5 Keene State	2:29.22		4/13
8		Samantha FENLEY	FR	#1 Southern Maine {3}	2:31.47		4/20
9		Carly ALSTON	JR	#2 Eastern Connect	2:31.72		4/20
10		Sarah AMES	JR	#5 Keene State {2}	2:32.39		4/20

Women's 1500 Meters

1		Haley OLIVER	SO	#7 Rhode Island Col	4:48.02		4/27
2		Margaret ST JOHN	SR	#5 Keene State	4:55.34		4/20
3		Sam VANDEMOERE	SR	#4 Plymouth State	4:55.41		4/27
4		Samantha FENLEY	FR	#1 Southern Maine	4:59.30		3/30
5		Alison LECLERC	JR	#2 Eastern Connect	5:02.65		4/20
6		Anna O'REILLY	SO	#5 Keene State {2}	5:07.35		4/27
7		Aurora COUTO	JR	#5 Keene State {3}	5:08.32		4/20
8		Molly GLEW	FR	#4 Plymouth State {2}	5:11.27		4/27
9		Keara FONTAINE	SR	#2 Eastern Connect {2}	5:15.00		4/20
10		Lexi MARCOLINI	SR	#4 Plymouth State {3}	5:16.33		4/20

Women's Steeplechase

1		Alison LECLERC	JR	#2 Eastern Connect	11:43.50		4/27
2		Aurora COUTO	JR	#5 Keene State	11:55.03		4/27
3		Emma STEEDMAN	FR	#3 UMass Dartmouth	12:01.39		4/27
4		Lexi MARCOLINI	SR	#4 Plymouth State	12:26.54		4/27
5		Bee GREENBERG	JR	#3 UMass Dartmouth {2}	12:35.37		3/30
6		Julia LATURA	JR	#3 UMass Dartmouth {3}	13:06.88		3/30
7		Elia VALEZ	JR	#6 UMass Boston	13:22.40		4/27
8		Alyssa EDGREN	FR	#5 Keene State {2}	13:37.87		4/27
9		Abby BERGERON	FR	#4 Plymouth State {2}	14:25.44		4/20
10		Abigail SCHELL	SO	#6 UMass Boston {2}	16:45.89		4/27



Conference TFRI Event Summary



Little East

as of 4/30/2024 1:55:45 PM ET

Women's 5000 Meters

1	95	Haley OLIVER	SO	#7 Rhode Island Col	17:39.39	4/13
2		Margaret ST JOHN	SR	#5 Keene State	17:54.99	4/13
3		Alison LECLERC	JR	#2 Eastern Connect	18:42.60	4/13
4		Grace COLON	JR	#6 UMass Boston	19:08.57	4/13
5		Keara FONTAINE	SR	#2 Eastern Connect{2}	19:16.33	4/13
6		Bee GREENBERG	JR	#3 UMass Dartmout	19:32.02	4/27
7		Carly ALSTON	JR	#2 Eastern Connect{3}	19:47.45	4/27
8		Aurora COUTO	JR	#5 Keene State {2}	20:07.36	4/6
9		Bethany DAVIS	SO	#8 Castleton	20:09.28	4/20
10		Anya AADLAND	FR	#3 UMass Dartmout{2}	20:20.75	3/30

Women's 10,000 Meters

1	65	Haley OLIVER	SO	#7 Rhode Island Col	37:04.83	3/30
2		Grace FURLONG	SR	#5 Keene State	38:50.18	4/13
3		Keara FONTAINE	SR	#2 Eastern Connect	39:58.85	4/27
4		Bee GREENBERG	JR	#3 UMass Dartmout	40:16.30	4/13
5		Grace COLON	JR	#6 UMass Boston	40:46.85	3/30
6		Lucy DEPOLITO	SO	#1 Southern Maine	41:38.69	4/27
7		Bethany DAVIS	SO	#8 Castleton	42:09.38	4/27
8		Anya AADLAND	FR	#3 UMass Dartmout{2}	42:25.21	4/20
9		Sarah LYNCH	FR	#3 UMass Dartmout{3}	42:54.13	4/27
10		Sarah CAMBELL	JR	#6 UMass Boston {2}	42:54.34	4/27

Women's 4x100 Relay

1	84	Aryianna Garceau, JHnelle Evans, Hialeah Foster, Dorinda Okorji	#6 UMass Boston	49.36	4/27
2		Mackenzie Betty, Janiah Young, Heaven Conley, Alexis Karantz	#1 Southern Maine	49.75	4/27
3		Montana Casa, Cassidy Hanson, MacKenzie Labrie, Paige Hurst	#4 Plymouth State	50.21	4/27
4		Laci Davis, Saige Kirkland, Hannah Jalowiec, Emily Jones	#2 Eastern Connect	52.60	4/27
5		Syriah McCruse, Carlie Cronin, Erin Cole, Molly Lu McKellar	#5 Keene State	52.79	4/27
6		Marlyn Dunlop, Trinity Hayes, Shirley Portillo, Bethanie Jean Philippe	#7 Rhode Island Col	53.51	4/27
7		Allie Kimball, Briana Caman, Isabella Taccogna, Petrashea Johnson	#3 UMass Dartmout	53.94	3/30

Women's 4x400 Relay

1		Ashley Gentile, Saige Kirkland, Carly Alston, Laci Davis	#2 Eastern Connect	4:16.11cu(4:21.36u)	4/6
2		Anabel Melanson, AnnMarie Limberger, Whitney Davenport, Samantha Fenley	#1 Southern Maine	4:20.63	4/13
3		Athena Comeau, Rose Karow, Montana Casa, Niki Monoxelos	#4 Plymouth State	4:27.16	4/27
4		Allie Kimball, Briana Caman, Kyla Palmer, Grace Russell	#3 UMass Dartmout	4:31.54cu(4:37.11u)	4/6
5		Marlyn Dunlop, Trinity Hayes, Haley Oliver, Shirley Portillo	#7 Rhode Island Col	4:36.39	4/27
6		Aryianna Garceau, Grace Colon, harleen Bassan, Sarah Cambell	#6 UMass Boston	4:38.54	3/16
7		Bryn Dickinson, Alexa Hurley, Anna O'Reilly, Margaret St John	#5 Keene State	4:40.13	4/6

Women's High Jump

1	33	Olivia JALBERT	SR	#1 Southern Maine	1.63m	5-4¼	4/13
2		Dorinda OKORJI	JR	#6 UMass Boston	1.57m	5-1¾	4/20
2		Hialeah FOSTER	FR	#6 UMass Boston	1.57m	5-1¾	3/30
4		Marie PROCK	SO	#1 Southern Maine {2}	1.53m	5-¼	4/13
5		Autumn GERRY	SO	#1 Southern Maine {3}	1.52m	4-11¾	4/6
6		Isabella TACCOGNA	SO	#3 UMass Dartmout	1.47m	4-9¾	4/20
7		Emma COUTUIER	FR	#4 Plymouth State	1.43m	4-8¼	4/13
8		Megan MOYNIHAN	SO	#4 Plymouth State {2}	1.42m	4-7¾	4/20
8		Alexa HURLEY	JR	#5 Keene State	1.42m	4-7¾	4/6

Women's Pole Vault

1	19	Natasha FRISCH	SO	#2 Eastern Connect	3.70m	12-1½	4/27
2		Riley REITCHEL	SO	#1 Southern Maine	3.10m	10-2	4/6
2		Carlie CRONIN	FR	#5 Keene State	3.10m	10-2	4/27
4		Maggie DALLAIRE	SR	#1 Southern Maine {2}	2.95m	9-8	4/27
5		Katelyn DENUNZIO	FR	#2 Eastern Connect{2}	2.65m	8-8¼	4/27
6		Mackenzie JORGENSEN	SR	#6 UMass Boston	2.50m	8-2½	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



Little East

as of 4/30/2024 1:55:45 PM ET

Women's Long Jump

1	68	Dorinda OKORJI	JR	#6 UMass Boston	5.45mw	17-10¾ (3.8)	4/8
2		Olivia JALBERT	SR	#1 Southern Maine	5.27m	17-3½ (0.8)	4/13
3		Hialeah FOSTER	FR	#6 UMass Boston {2}	5.16m	16-11¼ (0.0)	4/20
4		Aryianna GARCEAU	SO	#6 UMass Boston {3}	5.03m	16-6 (0.0)	4/27
5		Kiana GOLDBERG	FR	#1 Southern Maine {2}	4.98m	16-4¼ (1.7)	4/13
6		Emma COUTUIER	FR	#4 Plymouth State	4.91m	16-1½ (0.5)	4/20
7		Laci DAVIS	FR	#2 Eastern Connect	4.79m	15-8¾ (2.0)	4/6
8		Abbey JOHNSON	JR	#4 Plymouth State {2}	4.51m	14-9¾ (0.0)	4/27
9		Bethanie JEAN PHILIPPE	FR	#7 Rhode Island Co	4.31m	14-1¾ (0.1)	4/27
10		Isabella TACCOGNA	SO	#3 UMass Dartmouth	4.29m	14-1 (0.0)	3/30

Women's Triple Jump

1		Laci DAVIS	FR	#2 Eastern Connect	11.06mw	36-3½ (2.5)	4/27
2		Taylor ROSS	JR	#8 Castleton	10.53m	34-6¾ (1.4)	4/27
3		Olivia JALBERT	SR	#1 Southern Maine	10.39m	34-1¼ (0.5)	4/27
4		Isabella TACCOGNA	SO	#3 UMass Dartmouth	10.16m	33-4 (0.2)	4/27
5		Marie PROCK	SO	#1 Southern Maine {2}	9.78m	32-1 (-1.2)	4/20
6		Joclynn TYLER	SO	#5 Keene State	9.75m	32-0 (1.5)	4/6
7		Abbey JOHNSON	JR	#4 Plymouth State	9.72m	31-10¾ (0.5)	4/27
8		Nicole POPHAM	JR	#2 Eastern Connect {2}	9.64mw	31-7½ (3.5)	4/20
8		Bethanie JEAN PHILIPPE	FR	#7 Rhode Island Co	9.64m	31-7½ (0.6)	4/20
10		Emma COUTUIER	FR	#4 Plymouth State {2}	9.63m	31-7¼ (0.1)	4/27

Women's Shot Put

1	42	Zoe BARNES	JR	#1 Southern Maine	12.98m	42-7	4/6
2	77	Jaigan BOUDREAU	JR	#1 Southern Maine {2}	12.45m	40-10¼	4/27
3		KaylInn STEVENSON	FR	#8 Castleton	11.84m	38-10¼	4/27
4		Samantha SAINRISTILL	JR	#7 Rhode Island Co	11.75m	38-6¾	4/27
5		Kate HOCKENBURY	JR	#3 UMass Dartmouth	11.38m	37-4	4/27
6		Neisha BOITEUX	JR	#3 UMass Dartmouth {2}	10.86m	35-7¾	4/27
7		Molly LU MCKELLAR	SO	#5 Keene State	10.84m	35-6¾	4/13
8		Kate MALCZYNSKI-GRIFFIN	FR	#2 Eastern Connect	10.72m	35-2	4/13
9		Emily HESKETH	FR	#3 UMass Dartmouth {3}	10.61m	34-9¾	4/27
10		Karli MARTIN	FR	#8 Castleton {2}	10.58m	34-8½	4/20

Women's Discus

1	35	Zoe BARNES	JR	#1 Southern Maine	42.45m	139-3	3/30
2		Jaigan BOUDREAU	JR	#1 Southern Maine {2}	38.64m	126-9	3/30
3		KaylInn STEVENSON	FR	#8 Castleton	37.80m	124-0	4/13
4		Neisha BOITEUX	JR	#3 UMass Dartmouth	34.68m	113-10	4/27
5		Samantha SAINRISTILL	JR	#7 Rhode Island Co	34.56m	113-5	4/27
6		Emily HESKETH	FR	#3 UMass Dartmouth {2}	33.66m	110-5	4/20
7		Katelyn YERDON	FR	#8 Castleton {2}	32.29m	105-11	4/19
8		Amanda LITTLE	JR	#3 UMass Dartmouth {3}	32.13m	105-5	3/30
9		Ali GRAVELLE	FR	#5 Keene State	31.86m	104-7	4/13
10		Luna PERRY-ST. PETER	SO	#8 Castleton {3}	31.63m	103-9	4/19

Women's Hammer

1		Samantha SAINRISTILL	JR	#7 Rhode Island Co	46.05m	151-1	4/27
2		Emily HESKETH	FR	#3 UMass Dartmouth	44.67m	146-7	4/13
3		Shannon BURBY	JR	#2 Eastern Connect	42.84m	140-7	4/20
4		Libby MCINTYRE	JR	#4 Plymouth State	42.20m	138-6	4/27
5		Zoe BARNES	JR	#1 Southern Maine	41.91m	137-6	4/27
6		Jaigan BOUDREAU	JR	#1 Southern Maine {2}	40.34m	132-4	3/30
7		Karli MARTIN	FR	#8 Castleton	39.63m	130-0	4/27
8		Kate MALCZYNSKI-GRIFFIN	FR	#2 Eastern Connect {2}	38.49m	126-4	4/6
9		Alexis KAILEY	SR	#1 Southern Maine {3}	38.17m	125-3	4/6
10		Neisha BOITEUX	JR	#3 UMass Dartmouth {2}	37.84m	124-2	4/27

Women's Javelin

1	41	Bethanie JEAN PHILIPPE	FR	#7 Rhode Island Co	38.94m	127-9	4/13
2	80	Riley REITCHEL	SO	#1 Southern Maine	36.95m	121-3	4/13
3		Kate MALCZYNSKI-GRIFFIN	FR	#2 Eastern Connect	35.60m	116-10	4/27
4		Shannon BURBY	JR	#2 Eastern Connect {2}	33.37m	109-6	3/30
5		Luna PERRY-ST. PETER	SO	#8 Castleton	33.05m	108-5	4/6
6		Isabell LANFEAR	SO	#8 Castleton {2}	32.41m	106-4	4/6
7		Mary MEAGHER	JR	#5 Keene State	32.04m	105-2	4/13
8		Emily O'CONNELL	FR	#5 Keene State {2}	31.96m	104-10	4/27
9		Kelsy DUONG	JR	#6 UMass Boston	31.94m	104-10	4/20
10		Grace RUSSELL	SO	#3 UMass Dartmouth	30.94m	101-6	4/27



Conference TFRI Event Summary



MAC

as of 4/30/2024 1:55:45 PM ET

Women's 100 Meters

1	38	Maria MUZZARELLI	JR	#1 Widener	12.14	(1.7)	4/14
2		Laura MATHEWS	SR	#3 Stevens	12.41	(0.1)	4/6
3		Arwyn GRUENWALD	SO	#6 Messiah	12.59	(1.6)	4/6
4		Mariam KOITA	FR	#1 Widener {2}	12.65	(1.6)	4/13
5		Angela NUSE	FR	#7 York (Pa.)	12.66	(1.4)	4/17
6		Grace KANE	SO	#12 Delaware Valley	12.67w	(2.2)	4/12
7		Kayla ROBINSON	FR	#1 Widener {3}	12.68	(-0.2)	4/20
8		Elizabeth SCHWARZ	JR	#8 Alvernia	12.81	(-0.2)	3/23
9		Mileyshka CALDERON	FR	#2 Lebanon Valley	12.83	(-0.6)	4/20
9		Bianca BURKE	SO	#13 FDU Florham	12.83	(1.6)	4/13

Women's 100 Meter Hurdles

1	5	Laura MATHEWS	SR	#3 Stevens	13.92	(-0.3)	4/27
2	30	Kristen WILLIAMS	SR	#3 Stevens {2}	14.68	(0.5)	4/13
3		Olivia SMIAROWSKA	FR	#12 Delaware Valley	15.46	(0.3)	4/20
4		Kara BROWN	SO	#6 Messiah	15.59	(0.0)	4/27
5		Victoria ZULTEVICZ	JR	#4 King's College (F	15.80	(0.7)	4/12
6		Brianna FASOLI	SO	#13 FDU Florham	16.18	(0.1)	4/20
7		Sarah KROEDEL	SO	#15 Stevenson	16.38	(0.9)	4/12
8		Caitlin STERNBERG	SR	#8 Alvernia	16.54	(0.3)	4/20
9		Kayla ROBINSON	FR	#1 Widener	16.65	(0.2)	4/13
10		Sarah DOUGHERTY	SR	#13 FDU Florham {2}	16.69	(-1.9)	4/27

Women's 200 Meters

1	16	Laura MATHEWS	SR	#3 Stevens	24.64	(-1.1)	3/30
2	63	Maria MUZZARELLI	JR	#1 Widener	25.15	(0.8)	4/20
3		Mariam KOITA	FR	#1 Widener {2}	25.75w	(2.8)	4/13
4		Arwyn GRUENWALD	SO	#6 Messiah	26.01	(0.2)	4/6
5		Kayla ROBINSON	FR	#1 Widener {3}	26.16	(0.5)	4/13
6		Halle JENNETT	JR	#6 Messiah {2}	26.17	(0.3)	4/27
7		Isabella SHANLEY	FR	#3 Stevens {2}	26.40	(0.7)	4/6
8		Olivia SMIAROWSKA	FR	#12 Delaware Valley	26.42	(-0.5)	4/20
9		Zariah PRESCOTT	FR	#12 Delaware Valley {2}	26.61	(0.6)	4/20
10		Elizabeth SCHWARZ	JR	#8 Alvernia	26.63w	(2.3)	4/6

Women's 400 Meters

1	89	Kelly BARR	SO	#1 Widener	58.28		4/20
2		Maria MUZZARELLI	JR	#1 Widener {2}	58.76		3/30
3		Lindsay BEDNAREK	SO	#9 DeSales	59.39		4/20
4		Isabella SHANLEY	FR	#3 Stevens	59.57		3/30
5		Mariam KOITA	FR	#1 Widener {3}	59.77		3/30
6		Bianca BURKE	SO	#13 FDU Florham	59.95		4/20
7		Kelly HASTINGS	SR	#12 Delaware Valley	1:00.41		3/30
8		Darrian BERKHEIMER	JR	#2 Lebanon Valley	1:00.45		4/20
9		Grace MORNINGSTAR	FR	#5 Misericordia	1:01.37		4/19
10		Sarah DOUGHERTY	SR	#13 FDU Florham {2}	1:01.44		3/30

Women's 400 Meter Hurdles

1	47	Sarah DOUGHERTY	SR	#13 FDU Florham	1:04.93		4/20
2		Elise DANIEL	JR	#1 Widener	1:07.33		4/20
3		Abigail REED	FR	#2 Lebanon Valley	1:07.57		4/20
4		Payton MANN	JR	#7 York (Pa.)	1:08.05		4/17
5		Theresa KERVICK	SR	#1 Widener {2}	1:08.81		4/20
6		Anahrie ANDERSON	FR	#11 Eastern (Pa.)	1:09.12		4/20
6		Clara BENNER	SO	#6 Messiah	1:09.12		4/21
8		Eren TIGHE	SO	#14 Albright	1:09.65		4/17
9		Alyssa PEIFFER	JR	#2 Lebanon Valley {2}	1:10.23		4/20
10		Caitlin STERNBERG	SR	#8 Alvernia	1:10.46		4/6

Women's 800 Meters

1	42	Donna HOLT	JR	#1 Widener	2:14.77		4/20
2	46	Grace MORNINGSTAR	FR	#5 Misericordia	2:15.34		4/14
3	62	Lauren BUNKE	SR	#2 Lebanon Valley	2:15.82		4/20
4		Micah GORDLEY	SR	#10 Arcadia	2:18.30		4/20
5		Kristin GALLAGHER	SR	#5 Misericordia {2}	2:18.36		4/14
6		Hailey SHREFFLER	JR	#11 Eastern (Pa.)	2:19.01		4/20
7		Isabel TENNEY	FR	#7 York (Pa.)	2:19.97		4/17
8		Autumn GARGES	SO	#2 Lebanon Valley {2}	2:20.13		4/20
9		Gabriella NYE	SR	#1 Widener {2}	2:20.96		4/20
9		Nina BURDEN	JR	#3 Stevens	2:20.96		4/20

Women's 1500 Meters

1	43	Gabriella NYE	SR	#1 Widener	4:36.90		4/20
2	60	Micah GORDLEY	SR	#10 Arcadia	4:39.36		4/20
3		Lauren BUNKE	SR	#2 Lebanon Valley	4:45.71		4/27
4		Madison KAMMER	SO	#5 Misericordia	4:52.12		4/14
5		Sierra KAPCSOS	SO	#2 Lebanon Valley {2}	4:52.27		4/20
6		Haley ESTUS	JR	#9 DeSales	4:52.30		4/20
7		Grace MORNINGSTAR	FR	#5 Misericordia {2}	4:52.39		4/5
8		Autumn GARGES	SO	#2 Lebanon Valley {3}	4:52.89		4/27
9		Grace GALLAGHER	SO	#5 Misericordia {3}	4:54.07		4/5
10		Brianna WAGNER	JR	#5 Misericordia {4}	4:54.54		4/19

Women's Steeplechase

1	87	Coyla BARTHOLOMEW	SO	#2 Lebanon Valley	11:38.22		4/20
2		Haley ESTUS	JR	#9 DeSales	11:51.96		4/6
3		Lindsay FRY	JR	#7 York (Pa.)	12:08.67		4/17
4		Rachel ROUSE	SO	#3 Stevens	12:12.75		4/20
5		Alyssa BLACKMON	SR	#12 Delaware Valley	12:15.60		4/20
6		Mikaela MAJCHER	JR	#4 King's College (F	12:16.89		4/20
7		Kaitlyn ADAMS	FR	#3 Stevens {2}	12:17.76		4/20
8		Shannon PFEIFER	FR	#1 Widener	12:19.39		4/6
9		Zoe TOMKO	JR	#4 King's College (F{2}	12:20.60		4/5
10		Jennifer FISCHLI	FR	#11 Eastern (Pa.)	12:23.71		4/6



Conference TFRI Event Summary



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Women's 5000 Meters

1	61	Gabriella NYE	SR	#1 Widener	17:23.53	4/14
2		Liz EGAN	JR	#1 Widener {2}	17:46.11	4/20
3		Grace GALLAGHER	SO	#5 Misericordia	17:47.51	3/30
4		Cera GASTON	SR	#8 Alvernia	17:51.67	3/23
5		Kathryn LONG	SO	#1 Widener {3}	18:05.24	4/20
6		Coyla BARTHOLOMEW	SO	#2 Lebanon Valley	18:11.32	4/14
7		Madison KAMMER	SO	#5 Misericordia {2}	18:16.69	3/30
8		Brianna WAGNER	JR	#5 Misericordia {3}	18:20.64	4/5
9		Katherine JONES	SR	#5 Misericordia {4}	18:21.36	4/19
10		Haley ESTUS	JR	#9 DeSales	18:24.84	3/23

Women's 10,000 Meters

1	39	Grace GALLAGHER	SO	#5 Misericordia	36:24.66	4/14
2	44	Cera GASTON	SR	#8 Alvernia	36:33.10	4/14
3		Gabriella NYE	SR	#1 Widener	38:51.90	3/30
4		Coyla BARTHOLOMEW	SO	#2 Lebanon Valley	39:11.42	3/30
5		Katherine JONES	SR	#5 Misericordia {2}	39:23.93	3/16
6		Rachel ULRICH	SO	#5 Misericordia {3}	39:53.64	3/16
7		Aylene NOY	SO	#16 Hood	39:54.82	3/30
8		April BROWNE	JR	#10 Arcadia	39:56.51	4/20
9		Liz EGAN	JR	#1 Widener {2}	40:13.04	3/30
10		Emma SUTHERLAND	SR	#10 Arcadia {2}	40:38.65	4/20

Women's 4x100 Relay

1	77	Kelly Barr, Jayla Gore, Mariam Koita, Maria Muzzarelli	#1 Widener	49.20	4/27
2	92	#Type!	#2 Lebanon Valley	49.54	4/20
3		#Type!	#3 Stevens	49.86	4/13
4		Clara Benner, Claire Miller, Halle Jennett, Elena Vargas	#6 Messiah	50.49	4/21
5		#Type!	#11 Eastern (Pa.)	50.64	4/20
6		#Type!	#9 DeSales	50.81	4/20
7		Olivia Smiarowska, Kelly Hastings, Zariah Prescott, Grace Kane	#12 Delaware Valley	50.89	4/26
8		Keziah Boyce, Natalie Cottrell, Angela Nuse, Payton Mann	#7 York (Pa.)	50.93	3/27
9		Juliet Brady, Sophia Hahn, Abigail Springer, Laura Dainauski	#4 King's College (F)	51.38	4/27
10		#Type!	#10 Arcadia	51.39	3/30

Women's 4x400 Relay

1	46	Isabella Shanley, Isabel Vogel, Allie Canciani, Laura Mathews	#3 Stevens	4:00.96	4/27
2		Nyla Callahan, Eren Tighe, Mackenzie Dover, Laurel Gingrich	#14 Albright	4:10.56	4/17
3		#Type!	#1 Widener	4:11.58	4/13
4		#Type!	#11 Eastern (Pa.)	4:13.03	4/20
5		Emma East, Zariah Prescott, Chante Newman, Kelly Hastings	#12 Delaware Valley	4:15.24	4/26
6		Ava Butcher, Nicole Zambetti, Zoe Tomko, Laura Dainauski	#4 King's College (F)	4:16.11	4/27
7		Kristin Gallagher, Grace Morningstar, Madison Kammer, Abigail Conti	#5 Misericordia	4:16.80	4/5
8		Keziah Boyce, Payton Mann, Angela Nuse, Megan Fique	#7 York (Pa.)	4:17.52	4/27
9		Mylina Castillo, Rosnelly Sanchez, Paige Jerrahian, Jessie Torres	#8 Alvernia	4:18.14	4/27
10		#Type!	#9 DeSales	4:20.30	4/20

Women's High Jump

1	39	Caroline TIGHE	JR	#3 Stevens	1.62m	5-3¾	4/20
2	84	Laura MATHEWS	SR	#3 Stevens {2}	1.59m	5-2½	4/13
3		Maya LAPINSKI	FR	#3 Stevens {3}	1.57m	5-1¾	4/27
3		Madison ARMITAGE	JR	#4 King's College (F)	1.57m	5-1¾	4/12
5		Emily ORIEL	SO	#2 Lebanon Valley	1.56m	5-1¼	3/23
6		Kara BROWN	SO	#6 Messiah	1.52m	4-11¾	4/6
6		Tatina CARR	SO	#1 Widener	1.52m	4-11¾	4/27
6		Maggie PREVIGLIAN	SO	#3 Stevens {4}	1.52m	4-11¾	4/20
6		Melena KOUTCH	JR	#2 Lebanon Valley {2}	1.52m	4-11¾	4/20
10		Carolina WEGMAN	SO	#2 Lebanon Valley {3}	1.51m	4-11½	3/23

Women's Pole Vault

1	54	Abby NORWILLO		#4 King's College (F)	3.50m	11-5¾	4/19
2	84	Alexis MEROLA	SO	#3 Stevens	3.36m	11-¼	4/6
3	87	Hannah WITTER	JR	#6 Messiah	3.35m	10-11¾	4/21
4		Emma MELE	JR	#9 DeSales	3.30m	10-9¾	4/27
4		Emily ORIEL	SO	#2 Lebanon Valley	3.30m	10-9¾	4/20
4		Savannah STEGER	JR	#1 Widener	3.30m	10-9¾	4/20
4		Rachel SNAVELY	SR	#2 Lebanon Valley	3.30m	10-9¾	4/27
8		Paige CARPENTER	SR	#11 Eastern (Pa.)	3.25m	10-8	4/20
8		Victoria ZULTEVICZ	JR	#4 King's College (F){2}	3.25m	10-8	4/27
10		Luisanna POLANCO	FR	#2 Lebanon Valley {3}	3.20m	10-6	3/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



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as of 4/30/2024 1:55:45 PM ET

Women's Long Jump

1	28	Laura MATHEWS	SR	#3 Stevens	5.60m	18-4½ (0.1)	4/13
2	54	Kayla ROBINSON	FR	#1 Widener	5.50m	18-½ (0.0)	4/20
3		Madelynn PERFILIO	SO	#4 King's College (F	5.20m	17-¾ (-0.1)	4/19
3		Victoria ZULTEVICZ	JR	#4 King's College (F	5.20m	17-¾ (1.8)	4/5
5		Mia FLEMING	FR	#10 Arcadia	5.15m	16-10¼ (1.8)	4/19
5		Roxy ILIESCU	SR	#10 Arcadia	5.15m	16-10¼ (1.8)	4/19
7		Mileyshka CALDERON	FR	#2 Lebanon Valley	5.12m	16-9¾ (0.0)	3/27
8		Angela NUSE	FR	#7 York (Pa.)	5.10mw	16-8¾ (2.6)	4/17
9		Olivia DALLMER	SO	#9 DeSales	5.04m	16-6½ (0.0)	4/20
10		Kaitlyn HESS	SO	#15 Stevenson	5.01m	16-5¼ (1.3)	4/6
10		Mikailia DONMOYER	SO	#9 DeSales	{2} 5.01mw	16-5¼ (3.0)	4/13

Women's Triple Jump

1	15	Shinelle FELIX	JR	#8 Alvernia	12.00mw	39-4½ (3.4)	4/20
2	31	Kayla ROBINSON	JR	#1 Widener	11.61m	38-1¼ (0.0)	4/19
3	39	Mylina CASTILLO	JR	#8 Alvernia	{2} 11.52mw	37-9½ (2.7)	4/11
4	60	Elena VARGAS	JR	#6 Messiah	11.25m	36-11 (0.0)	4/27
5		Kristen WILLIAMS	SR	#3 Stevens	10.94mw	35-10¾ (2.4)	4/13
6		Kaitlyn HESS	SO	#15 Stevenson	10.72m	35-2 (-7.4)	4/12
7		Mia FLEMING	FR	#10 Arcadia	10.62m	34-10¼ (0.0)	4/19
8		Madelynn PERFILIO	SO	#4 King's College (F	10.47mw	34-4¼ (2.1)	4/5
8		Catherine CRAMPTON	FR	#9 DeSales	10.47m	34-4¼ (1.2)	4/27
10		Mikailia DONMOYER	SO	#9 DeSales	{2} 10.42m	34-2¼ (1.5)	4/13

Women's Shot Put

1	51	Kayla ROBINSON	FR	#1 Widener	12.87m	42-2¾	4/27
2		Brandy VARNER	SO	#4 King's College (F	12.21m	40-¾	4/19
3		Delaney HILFERTY	JR	#4 King's College (F{2}	11.54m	37-10½	4/14
4		Caroline REED	SR	#2 Lebanon Valley	11.47m	37-7¾	3/27
5		Savana DODD	FR	#11 Eastern (Pa.)	11.13m	36-6¼	4/13
6		Caitlin KIRK	FR	#4 King's College (F{3}	10.76m	35-3¾	4/27
7		Lauren ASSANTE	JR	#2 Lebanon Valley {2}	10.67m	35-¼	4/20
8		Reagan WILDASIN	FR	#15 Stevenson	10.57m	34-8¼	4/20
9		Sophia LUKOWSKI	FR	#4 King's College (F{4}	10.53m	34-6¾	4/5
10		Leah FERSTER	JR	#6 Messiah	10.46m	34-4	4/21

Women's Discus

1	14	Brandy VARNER	SO	#4 King's College (F	44.72m	146-9	4/14
2		Sofia HARNOIS	SO	#7 York (Pa.)	39.15m	128-6	4/17
3		Delaney HILFERTY	JR	#4 King's College (F{2}	38.28m	125-7	4/27
4		Ashley MULIAWAN	JR	#3 Stevens	36.46m	119-8	4/6
5		Alyssa BETZ	JR	#2 Lebanon Valley	36.37m	119-4	3/27
6		Caitlin KIRK	FR	#4 King's College (F{3}	35.55m	116-8	4/19
7		Katelyn SHOEMAKER	SO	#4 King's College (F{4}	34.97m	114-9	4/27
8		Savana DODD	FR	#11 Eastern (Pa.)	34.12m	112-0	4/27
9		Isabel RODRIGUEZ	SO	#1 Widener	34.06m	111-9	4/20
10		Caroline REED	SR	#2 Lebanon Valley {2}	33.33m	109-4	4/20

Women's Hammer

1	15	Isabel RODRIGUEZ	SO	#1 Widener	53.08m	174-2	4/20
2	23	Katelyn SHOEMAKER	SO	#4 King's College (F	52.07m	170-10	4/12
3		Delaney HILFERTY	JR	#4 King's College (F{2}	45.97m	150-10	4/12
4		Anna BELLUCCI	SR	#4 King's College (F{3}	44.24m	145-2	4/12
5		Brandy VARNER	SO	#4 King's College (F{4}	43.79m	143-8	4/27
6		Taileen ZECHMAN	JR	#16 Hood	43.71m	143-5	4/20
7		Hailey SHERWOOD	FR	#7 York (Pa.)	42.16m	138-4	4/17
8		Gabby BELLOMO	SR	#5 Misericordia	42.01m	137-10	4/19
9		Sofia HARNOIS	SO	#7 York (Pa.)	{2} 41.66m	136-8	4/6
10		Sydney ALTMAN	SO	#1 Widener	{2} 41.62m	136-7	4/6

Women's Javelin

1	11	Alexandra SNYDER	JR	#5 Misericordia	42.10m	138-2	4/19
2	50	Valerie BADGER	SO	#5 Misericordia	{2} 38.67m	126-11	3/16
3	68	Katelyn SHOEMAKER	SO	#4 King's College (F	37.63m	123-6	4/12
4	70	Kaitlyn SNYDER	SO	#2 Lebanon Valley	37.58m	123-4	4/20
5	73	Morgan STOVER	SO	#5 Misericordia	{3} 37.39m	122-8	4/14
6	85	Maya LATERZA	SO	#13 FDU Florham	36.87m	121-0	3/30
7	87	Elle HADDON	FR	#14 Albright	36.71m	120-5	4/17
8		Zoe MYERS	JR	#7 York (Pa.)	35.73m	117-3	3/27
9		Ruby RAMSEY	SR	#6 Messiah	34.93m	114-7	4/21
10		Isabella LESKO	SO	#8 Alvernia	34.00m	111-7	4/6

Women's Heptathlon

1	4	Laura MATHEWS	SR	#3 Stevens	4,823		4/13
2	32	Kayla ROBINSON	FR	#1 Widener	4,234		4/13
3	59	Theresa KERVICK	SR	#1 Widener	{2} 3,757		4/13
4	61	Victoria ZULTEVICZ	JR	#4 King's College (F	3,739		4/12
5	73	Isabella SHANLEY	FR	#3 Stevens	{2} 3,550		4/13
6		Remington WALTER	FR	#12 Delaware Valley	2,060		4/12



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WOMEN — 2024 Week #6, April 30



MASCAC

as of 4/30/2024 1:55:45 PM ET

Women's 100 Meters

1	47	Jailene ESCALERA	SR	#2 Bridgewater Sta	12.18	(0.5)	4/26
2		Alison MCDONOUGH	SR	#2 Bridgewater Sta {2}	12.55	(0.0)	3/29
3		Delaney PARKER	JR	#1 Westfield State	12.72	(0.5)	4/26
4		Paige MORONEY	SR	#1 Westfield State {2}	12.82	(0.5)	4/26
5		Anjalina LUBARSKY	FR	#1 Westfield State {3}	13.00	(0.5)	4/26
6		Alexis STRONG	FR	#3 Worcester State	13.07	(0.5)	4/26
7		Makany CAMARA	JR	#5 Fitchburg State	13.38w	(3.1)	3/30
8		Meghan DRISCOLL	FR	#3 Worcester State {2}	13.46	(0.5)	4/26
9		Ciara ADU-ADDIO	FR	#3 Worcester State {3}	13.47	(0.3)	4/8
10		Eryca LOPES	SR	#3 Worcester State {4}	13.73	(0.2)	4/13

Women's 100 Meter Hurdles

1	24	Alison MCDONOUGH	SR	#2 Bridgewater Sta	14.50	(0.9)	4/20
2	66	Makany CAMARA	JR	#5 Fitchburg State	14.99	(0.7)	4/20
3		Devin WHALEN	FR	#1 Westfield State	16.45w	(2.2)	4/20
4		Anjalina LUBARSKY	FR	#1 Westfield State {2}	18.04	(1.5)	4/20
5		Savannah CAMPBELL	JR	#1 Westfield State {3}	18.33	(0.8)	4/13
6		Lauren CONDIKE	FR	#3 Worcester State	18.46	(0.1)	4/26
7		Aria DICATO	FR	#5 Fitchburg State {2}	18.58w	(2.2)	3/30
8		Erin DONELAN	JR	#5 Fitchburg State {3}	19.20	(0.1)	4/26

Women's 200 Meters

1	50	Jailene ESCALERA	SR	#2	Bridgewater Sta	25.03	(1.9)	4/20
2		Kiara ABRANTES	JR	#2	Bridgewater Sta{2}	25.49	(1.7)	4/7
3		Paige MORONEY	SR	#1	Westfield State	26.74cuw	(27.42u) (2.	4/6
4		Delaney PARKER	JR	#1	Westfield State {2}	26.84	(0.8)	4/13
5		Anjalina LUBARSKY	FR	#1	Westfield State {3}	26.89cu	(27.58u) (1.	4/6
6		Ciara ADU-ADDO	FR	#3	Worcester State	27.34	(0.1)	4/26
7		Caroline GILSON	JR	#3	Worcester State {2}	27.73	(1.9)	4/20
8		Jamie MONIZ	FR	#4	Framingham Sta	28.22w	(2.4)	4/6
9		Eliza LEE	SO	#1	Westfield State {4}	28.26	(1.3)	4/13
10		Natalie GRIMALDO	SO	#4	Framingham Sta{2}	28.55	(-0.2)	4/8

Women's 400 Meters

1	40	Kiara ABRANTES	JR	#2 Bridgewater Sta	57.32		4/7
2		Caroline GILSON	JR	#3 Worcester State	1:00.40		4/26
3		Eliza LEE	SO	#1 Westfield State	1:00.86		4/26
4		Cassie TOTH	FR	#4 Framingham Sta	1:04.68		4/13
5		Jamie MONIZ	FR	#4 Framingham Sta {2}	1:04.91		3/30
6		Lexie ZAKRZEWSKI	FR	#3 Worcester State {2}	1:05.12		4/26
7		Rayna CONSIGLIO	JR	#1 Westfield State {2}	1:05.92		4/26
8		Trishannah SCOTT	SO	#5 Fitchburg State	1:06.78		4/13
9		Natalie GRIMALDO	SO	#4 Framingham Sta {3}	1:07.16		3/30
10		Bridget O'MALLEY	SO	#3 Worcester State {3}	1:07.26		4/8

Women's 400 Meter Hurdles

1		Jamie MONIZ	FR	#4 Framingham Sta	1:10.35		4/26
2		Natalie GRIMALDO	SO	#4 Framingham Sta {2}	1:10.39		4/26
3		Aria DICATO	FR	#5 Fitchburg State	1:13.81		4/26
4		Devin WHALEN	FR	#1 Westfield State	1:14.77		4/26
5		Savannah CAMPBELL	JR	#1 Westfield State {2}	1:14.93		4/13
6		Alexis TOSTE	FR	#5 Fitchburg State {2}	1:22.90		3/30

Women's 800 Meters

1		Eliza LEE	SO	#1 Westfield State	2:25.75		4/20
2		Naomi CASS	SO	#2 Bridgewater Sta	2:28.14		4/7
3		Brynne LECOURS	SO	#1 Westfield State {2}	2:29.17		4/20
4		Nicole MAJOR	SR	#2 Bridgewater Sta {2}	2:31.25		4/20
5		Bridget O'MALLEY	SO	#3 Worcester State	2:33.19		4/26
6		Kerin JOHNSON	JR	#1 Westfield State {3}	2:33.51		4/26
7		Kate BROWN	JR	#2 Bridgewater Sta {3}	2:33.76		4/26
8		Ariann LECOURS	JR	#1 Westfield State {4}	2:33.94		4/20
9		Rayna CONSIGLIO	JR	#1 Westfield State {5}	2:37.61		4/20
10		Leah BERG	SO	#3 Worcester State {2}	2:38.69		4/20

Women's 1500 Meters

1		Naomi CASS	SO	#2 Bridgewater Sta	4:49.27		4/26
2		Shea HAMEL	SO	#1 Westfield State	4:58.37		4/20
3		Molly KENNEDY	JR	#1 Westfield State {2}	5:02.34		4/26
4		Brynne LECOURS	SO	#1 Westfield State {3}	5:05.37		4/26
5		Tealei CHANDONNET	SO	#1 Westfield State {4}	5:05.97		4/26
6		Kate BROWN	JR	#2 Bridgewater Sta {2}	5:06.95		4/26
7		Lily VALCOVIC	JR	#2 Bridgewater Sta {3}	5:09.01		4/26
8		Kerin JOHNSON	JR	#1 Westfield State {5}	5:11.95		4/20
9		Nicole MAJOR	SR	#2 Bridgewater Sta {4}	5:13.99		4/7
10		Meghan JOHNSTON	SO	#4 Framingham Sta	5:14.05		4/26

Women's Steeplechase

1		Julianne KELLY	SO	#1 Westfield State	12:21.61		4/13
2		Leah BERG	SO	#3 Worcester State	13:11.61		4/26
3		Lorelei LEE	FR	#6 Massachusetts N	14:03.57		3/30
4		Alexis TOSTE	FR	#5 Fitchburg State	14:18.68		4/26

Women's 5000 Meters

1		Naomi CASS	SO	#2 Bridgewater Sta	17:47.05		4/13
2		Shea HAMEL	SO	#1 Westfield State	18:44.50cu (18:54.37u)		4/6
3		Julianne KELLY	SO	#1 Westfield State {2}	19:19.11cu (19:29.28u)		4/6
4		Molly KENNEDY	JR	#1 Westfield State {3}	19:24.04cu (19:34.25u)		4/6
5		Alison DOWNIN	JR	#1 Westfield State {4}	19:35.11		4/26
6		Lily VALCOVIC	JR	#2 Bridgewater Sta {2}	19:37.14		4/26
7		Rebecca PATEL	JR	#1 Westfield State {5}	19:53.62cu (20:04.09u)		4/6
8		Ariann LECOURS	JR	#1 Westfield State {6}	20:04.07cu (20:14.63u)		4/6
9		Kate BUBAN	FR	#4 Framingham Sta	20:15.98		4/20
10		Skye GOBA	SO	#5 Fitchburg State	20:20.91		4/13

Women's 10,000 Meters

1		Rebecca PATEL	JR	#1 Westfield State	40:52.87		4/26
2		Julianne KELLY	SO	#1 Westfield State {2}	40:53.69		3/23
3		Skye GOBA	SO	#5 Fitchburg State	41:00.83		4/26
4		Lisa JAEGER	FR	#2 Bridgewater Sta	48:09.14		3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



MASCAC

as of 4/30/2024 1:55:46 PM ET

Women's 4x100 Relay

1	51	Alison McDonough, Jailene Escalera, Kiara Abrantes, Tristen Gomes	#2 Bridgewater Sta	48.56	4/7
2		Anjalina Lubarsky, Paige Moroney, Eliza Lee, Delaney Parker	#1 Westfield State	50.65	4/13
3		Ciara Adu-addo, Eryca Lopes, Alexis Strong, Lexie Zakrzewski	#3 Worcester State	51.44	4/8
4		Trishannah Scott, Aria Dicato, Alanis Velez, Makany Camara	#5 Fitchburg State	53.36	4/26
5		Natalie Grimaldo, Megan McAuliffe, Lydia Manurowski, Jamie Moniz	#4 Framingham Sta	54.01	4/26

Women's 4x400 Relay

1		Eliza Lee, Savannah Campbell, Paige Moroney, Anjalina Lubarsky	#1 Westfield State	4:16.98	4/26
2		Naomi Cass, Lily Valcovic, Analia O'Connor Carinao, Kiara Abrantes	#2 Bridgewater Sta	4:27.78	4/26
3		Lexie Zakrzewski, Bridget O'malley, Meghan Driscoll, Caroline Gilson	#3 Worcester State	4:28.67	4/26
4		Natalie Grimaldo, Meghan Johnston, Jamie Moniz, Cassie Toth	#4 Framingham Sta	4:33.57	4/20

Women's High Jump

1	12	Serenity SANDS	SR	#2 Bridgewater Sta	1.68m	5-6	4/7
2	39	Juliana PATRONE	SR	#2 Bridgewater Sta{2}	1.62m	5-3¾	4/26
2	39	Makany CAMARA	JR	#5 Fitchburg State	1.62m	5-3¾	3/30
4		Tristen GOMES	JR	#2 Bridgewater Sta{3}	1.52m	4-11¾	4/20
4		Lauren CONDIKE	FR	#3 Worcester State	1.52m	4-11¾	4/20
6		Jamie MONIZ	FR	#4 Framingham Sta	1.50m	4-11	4/8
7		Emily OTTOMANIELLO	SO	#1 Westfield State	1.42m	4-7¾	3/23
8		Megan MCAULIFFE	JR	#4 Framingham Sta{2}	1.37m	4-6	3/30

Women's Pole Vault

1		Emily OTTOMANIELLO	SO	#1 Westfield State	2.50m	8-2½	4/20
1		Paige BRANDT	SO	#1 Westfield State	2.50m	8-2½	4/20

Women's Long Jump

1	54	Ciara ADU-ADDO	FR	#3 Worcester State	5.50m	18-½ (0.7)	4/26
2	57	Alison MCDONOUGH	SR	#2 Bridgewater Sta	5.49m	18-¼ (-0.8)	4/7
3		Serenity SANDS	SR	#2 Bridgewater Sta{2}	5.22m	17-1½ (1.6)	4/26
4		Delaney PARKER	JR	#1 Westfield State	5.12m	16-9¾ (1.0)	4/13
4		Alexis STRONG	FR	#3 Worcester State {2}	5.12m	16-9¾ (-0.4)	4/26
6		Tristen GOMES	JR	#2 Bridgewater Sta{3}	5.11m	16-9¼ (1.2)	4/20
7		Eliza LEE	SO	#1 Westfield State {2}	5.05mw	16-7 (2.4)	4/13
8		Makany CAMARA	JR	#5 Fitchburg State	4.95mw	16-3 (2.1)	4/13
9		Emily OTTOMANIELLO	SO	#1 Westfield State {3}	4.78m	15-8¼ (-2.8)	4/26
10		Eryca LOPES	SR	#3 Worcester State {3}	4.60m	15-1¼ (1.6)	4/20

Women's Triple Jump

1	68	Eliza LEE	SO	#1 Westfield State	11.20m	36-9 (-1.4)	4/26
2	79	Tristen GOMES	JR	#2 Bridgewater Sta	11.17m	36-7¾ (-1.1)	4/26
3		Jamie MONIZ	FR	#4 Framingham Sta	10.26m	33-8 (1.5)	4/6
4		Trishannah SCOTT	SO	#5 Fitchburg State	10.18m	33-4¾ (0.0)	4/26
5		Delaney PARKER	JR	#1 Westfield State {2}	9.93m	32-7 (-0.2)	4/26
6		Eryca LOPES	SR	#3 Worcester State	9.79m	32-1½ (0.3)	4/26
7		Lauren CONDIKE	FR	#3 Worcester State {2}	9.52m	31-2¾ (1.7)	4/8
8		Lydia MANUROWSKI	SO	#4 Framingham Sta{2}	9.46m	31-½ (0.0)	4/8
9		Emily OTTOMANIELLO	SO	#1 Westfield State {3}	9.45m	31-0 (0.0)	4/26
10		Paige BRANDT	SO	#1 Westfield State {4}	8.72m	28-7½ (0.3)	4/20

Women's Shot Put

1		Jadah STOKES	FR	#3 Worcester State	11.82m	38-9½	4/26
2		Ephemian BAILEY	JR	#5 Fitchburg State	10.70m	35-1¼	4/26
3		Alyssa CAPUTO	JR	#4 Framingham Sta	10.67m	35-¼	4/26
4		Bronwyn PINSLY	FR	#1 Westfield State	10.20m	33-5¾	4/13
5		Kaylee BECK	JR	#4 Framingham Sta{2}	10.16m	33-4	4/8
6		Taylor CROUT	FR	#5 Fitchburg State {2}	10.06m	33-¼	4/26
7		Natalie KALGREN	FR	#2 Bridgewater Sta	9.87m	32-4¾	4/26
8		Ava PICCOLO	SO	#3 Worcester State {2}	9.74m	31-11½	4/13
9		Sthanisha MOREAU	SR	#3 Worcester State {3}	9.42m	30-11	4/20
10		Cassie ISRAELSON	SO	#5 Fitchburg State {3}	9.14m	30-0	4/20

Women's Discus

1		Ephemian BAILEY	JR	#5 Fitchburg State	36.14m	118-7	4/13
2		Bronwyn PINSLY	FR	#1 Westfield State	35.82m	117-6	4/26
3		Taylor CROUT	FR	#5 Fitchburg State {2}	31.71m	104-1	4/26
4		Alyssa CAPUTO	JR	#4 Framingham Sta	31.30m	102-8	4/6
5		Charlie KATZ	JR	#2 Bridgewater Sta	28.24m	92-8	4/26
6		Ava PICCOLO	SO	#3 Worcester State	27.78m	91-1¾	4/26
7		Jadah STOKES	FR	#3 Worcester State {2}	27.77m	91-1½	4/26
8		Luana GRAU-MOURA	FR	#3 Worcester State {3}	27.67m	90-9½	3/30
9		Kaylee BECK	JR	#4 Framingham Sta{2}	27.07m	88-9¾	4/8
10		Sydney SAWYER	SO	#6 Massachusetts N	26.88m	88-2¼	3/30



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



MASCAC

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Women's Hammer

1	Charlie KATZ	JR	#2 Bridgewater Sta	39.86m	130-9	4/13
2	Kaylee BECK	JR	#4 Framingham Sta	37.21m	122-1	4/26
3	Jadah STOKES	FR	#3 Worcester State	36.11m	118-6	3/30
4	Arianna CONSTANT	JR	#3 Worcester State {2}	35.19m	115-6	4/26
5	Alyssa CAPUTO	JR	#4 Framingham Sta {2}	32.85m	107-10	4/26
6	Cassie ISRAELSON	SO	#5 Fitchburg State	32.50m	106-8	4/13
7	Taylor CROUT	FR	#5 Fitchburg State {2}	32.16m	105-6	4/26
8	Olivia KEPHART	JR	#5 Fitchburg State {3}	28.40m	93-2¼	4/13
9	Ephemian BAILEY	JR	#5 Fitchburg State {4}	27.98m	91-9¾	4/26
10	Ava PICCOLO	SO	#3 Worcester State {3}	26.27m	86-2¼	4/20

Women's Javelin

1	Natalie KALGREN	FR	#2 Bridgewater Sta	33.33m	109-4	4/26
2	Jamie MONIZ	FR	#4 Framingham Sta	32.51m	106-8	4/20
3	Arianna CONSTANT	JR	#3 Worcester State	31.98m	104-11	4/26
4	Alyssa CAPUTO	JR	#4 Framingham Sta {2}	26.24m	86-1¼	4/8
5	Sydney SAWYER	SO	#6 Massachusetts N	25.19m	82-7¾	3/30
6	Ava PICCOLO	SO	#3 Worcester State {2}	24.00m	78-9	4/8
7	Gianna NOYES	FR	#3 Worcester State {3}	22.56m	74-¼	3/30
8	Erin CONDON	SO	#3 Worcester State {4}	21.24m	69-8¼	4/8
9	Cassie ISRAELSON	SO	#5 Fitchburg State	20.99m	68-10½	4/26
10	Natalia LOPEZ	FR	#4 Framingham Sta {3}	19.71m	64-8	4/20



Conference TFRI Event Summary



MIAA

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Women's 100 Meters

1	7	Avery CAMPBELL	SR	#4 Albion	11.85w	(2.7)	4/13
2	45	Sara SCHERMERHORN	SO	#1 Hope	12.17	(1.5)	4/13
3		Mackenzie MILLER	JR	#2 Trine	12.40w	(2.4)	4/13
4		Aniyah SMALL	SO	#2 Trine	{2} 12.69	(1.8)	4/27
5		Natalia JOHNSON	SO	#5 Olivet	12.81	(0.8)	4/13
6		Emma FORKER	SO	#2 Trine	{3} 12.91	(0.2)	4/13
7		Ava SCHMIDT	SO	#1 Hope	{2} 12.95w	(2.2)	4/13
8		Morgan JEFFRIES	JR	#5 Olivet	{2} 13.05	(0.5)	4/20
9		Malena RICKS	SR	#2 Trine	{4} 13.13	(1.4)	4/20
10		Kaleigh MACHINO	JR	#2 Trine	{5} 13.15	(1.8)	4/27

Women's 100 Meter Hurdles

1	27	Nayaisha EDMOND	SR	#4 Albion	14.62w	(2.3)	4/13
2		Brynn MERICLE	SO	#2 Trine	15.36	(1.3)	4/27
3		Helena SNYDER	JR	#6 Alma	15.75	(1.8)	4/27
4		Emily NORKOWSKI	JR	#5 Olivet	15.80	(1.8)	4/27
5		London ELDRIDGE	JR	#5 Olivet	{2} 15.90	(1.9)	4/6
6		Mia DEJONGE	SO	#3 Calvin	16.16	(1.3)	4/20
7		Allison WICHERT	SO	#6 Alma	{2} 16.71	(0.6)	4/6
8		Andrea TAGHON	SR	#6 Alma	{3} 16.78	(0.4)	4/13
9		Adrianne JACKSON	SO	#2 Trine	{2} 16.79	(1.8)	4/27
10		Kristin BAKER	SO	#2 Trine	{3} 16.80	(1.8)	4/27

Women's 200 Meters

1	1	Sara SCHERMERHORN	SO	#1 Hope	24.01	(0.9)	4/20
2	15	Avery CAMPBELL	SR	#4 Albion	24.61	(1.1)	4/13
3		Mackenzie MILLER	JR	#2 Trine	25.85	(0.6)	4/6
4		Catherine LEAHY	SO	#1 Hope	{2} 26.07	(1.0)	3/16
5		Aniyah SMALL	SO	#2 Trine	{2} 26.11	(-0.5)	4/13
6		Jasmine ZIMMERMAN	SO	#1 Hope	{3} 26.33w	(2.5)	4/20
7		Emma FORKER	SO	#2 Trine	{3} 26.44	(0.6)	4/6
8		Nayaisha EDMOND	SR	#4 Albion	{2} 26.93	(1.3)	4/6
9		Natalia JOHNSON	SO	#5 Olivet	26.98	(-0.9)	4/13
10		Erin MORAN	SR	#1 Hope	{4} 27.14	(1.6)	3/16

Women's 400 Meters

1	12	Sara SCHERMERHORN	SO	#1 Hope	56.00		4/20
2	45	Catherine LEAHY	SO	#1 Hope	{2} 57.44		4/6
3		Jasmine ZIMMERMAN	SO	#1 Hope	{3} 59.55		4/6
4		Emme KOUTZ	SR	#7 Adrian	59.87		4/27
5		Erin MORAN	SR	#1 Hope	{4} 1:00.66		3/16
6		Lauren BRAWT	FR	#6 Alma	1:01.09		3/29
7		Lily CONNELLY	JR	#5 Olivet	1:01.50		4/6
8		London ELDRIDGE	JR	#5 Olivet	{2} 1:01.74		4/13
9		Trinity KOLKA	SO	#3 Calvin	1:02.05		4/13
10		Aubrey CONNELLY	FR	#5 Olivet	{3} 1:02.16		4/13

Women's 400 Meter Hurdles

1	73	London ELDRIDGE	JR	#5 Olivet	1:05.77		4/20
2		Kristin BAKER	SO	#2 Trine	1:08.07		4/13
3		Adrianne JACKSON	SO	#2 Trine	{2} 1:08.62		4/27
4		Molly DUROW	SO	#1 Hope	1:09.13		4/25
5		Elliana JOHNSON	SO	#1 Hope	{2} 1:09.53		4/13
6		Brynn MERICLE	SO	#2 Trine	{3} 1:09.79		4/27
7		Andrea TAGHON	SR	#6 Alma	1:10.58		4/6
8		Marcaïl SCHUURMANN	SO	#3 Calvin	1:10.85		4/6
9		Frances COZZENS	SO	#1 Hope	{3} 1:11.48		4/20
10		Helena SNYDER	JR	#6 Alma	{2} 1:11.88		4/13

Women's 800 Meters

1	51	Emme KOUTZ	SR	#7 Adrian	2:15.44		4/13
2		Amanda MARKHAM	FR	#1 Hope	2:17.64		4/25
3		Olivia QUILLAN	SR	#1 Hope	{2} 2:17.92		4/6
4		Erin MORAN	SR	#1 Hope	{3} 2:19.42		4/6
5		Brianna MEDCALF	SR	#2 Trine	2:20.28		4/13
6		Bailey PUCKETT	SO	#2 Trine	{2} 2:20.47		4/13
7		Madison STERN	SO	#1 Hope	{4} 2:20.57		4/25
8		Emily WAHL	SO	#2 Trine	{3} 2:23.16		4/20
9		Hailey ERICKSON	FR	#3 Calvin	2:23.32		4/25
10		Rebecca MARKHAM	SR	#1 Hope	{5} 2:23.71		4/20
10		Halle OVERMIRE	FR	#2 Trine	{4} 2:23.71		4/20

Women's 1500 Meters

1	44	Olivia QUILLAN	SR	#1 Hope	4:36.94		4/25
2	50	Rebecca MARKHAM	SR	#1 Hope	{2} 4:38.27		4/20
3		Natalie TEBBEN	JR	#3 Calvin	4:42.59		4/25
4		Bailey PUCKETT	SO	#2 Trine	4:43.78		4/13
5		Sophia BULL	SO	#3 Calvin	{2} 4:45.83		4/13
6		Emme KOUTZ	SR	#7 Adrian	4:48.67		4/20
7		Maddy STRUCK	JR	#1 Hope	{3} 4:53.24		4/20
8		Brianna MEDCALF	SR	#2 Trine	{2} 4:55.53		4/20
9		Mary ENGLAND	FR	#1 Hope	{4} 4:55.56		4/25
10		Madison STERN	SO	#1 Hope	{5} 4:56.30		4/13

Women's Steeplechase

1	7	Sophia BULL	SO	#3 Calvin	10:35.41		4/25
2	8	Jenna ALLMAN	SR	#3 Calvin	{2} 10:38.38		4/25
3	29	Maddy STRUCK	JR	#1 Hope	11:11.03		3/16
4	80	Natalie TEBBEN	JR	#3 Calvin	{3} 11:36.82		3/29
5		Abbey PETERS	JR	#5 Olivet	11:54.22		3/29
6		Kennedy KUHLMANN	JR	#1 Hope	{2} 12:04.68		4/13
7		Alaina SMITH	SO	#3 Calvin	{4} 12:08.50		4/13
8		Annika SYTSMA	FR	#1 Hope	{3} 12:15.15		3/16
9		Laura TAYLOR	JR	#1 Hope	{4} 12:16.91		4/13
10		Katie COLE	SR	#1 Hope	{5} 12:24.82		4/6



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MIAA

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Women's 5000 Meters

1	18	Rebecca MARKHAM	SR	#1 Hope	16:50.48	4/13
2	47	Jenna ALLMAN	SR	#3 Calvin	17:14.19	4/13
3		Bailey PUCKETT	SO	#2 Trine	17:54.76	3/29
4		Brianna MEDCALF	SR	#2 Trine	{2} 17:58.09	3/29
5		Maddy STRUCK	JR	#1 Hope	{2} 17:59.63	4/13
6		Mary ENGLAND	FR	#1 Hope	{3} 18:18.05	4/13
7		Sidney SWICK	SO	#2 Trine	{3} 18:23.40	4/20
8		Chloe GOODRICH	JR	#2 Trine	{4} 18:36.22	4/20
9		Fatima CRUZ	JR	#4 Albion	18:43.29	4/6
10		Audrey WHITE	JR	#1 Hope	{4} 18:48.25	4/13

Women's 10,000 Meters

1	11	Rebecca MARKHAM	SR	#1 Hope	35:11.54	3/29
2		Fatima CRUZ	JR	#4 Albion	38:35.60	4/13
3		Cath KORTMAN	JR	#3 Calvin	40:08.63	3/29
4		Chloe GOODRICH	JR	#2 Trine	40:33.80	3/29
5		Lexi DEIGHAN	SO	#1 Hope	{2} 40:45.76	3/16
6		Alaina SMITH	SO	#3 Calvin	{2} 41:02.95	3/29
7		Naomi DYKSTRA	JR	#3 Calvin	{3} 41:17.33	3/29
8		Ellie CODERRE	SO	#1 Hope	{3} 43:26.26	3/16
9		Claire VELLINGA	SO	#1 Hope	{4} 43:59.24	3/16
10		Ava ARNES	SO	#7 Adrian	46:50.77	3/30

Women's 4x100 Relay

1	50	Ava Schmidt, Catherine Leahy, Jasmine Zimmerman, Sara Schermerhorn	#1 Hope	48.53	4/25
2	71	Aniyah Small, Emma Forker, Kaleigh Machino, Mackenzie Miller	#2 Trine	49.05	4/6
3		London Eldridge, Alexandra Devault, Morgan Jeffries, Lily Connelly	#5 Olivet	50.69	4/6
4		Nayaisha Edmond, Colette Askins, Lauren Fenstermaker, Avery Campbell	#4 Albion	50.80	3/29
5		Allison Wichert, Lauren Brawt, Andrea Taghon, Helena Snyder	#6 Alma	50.86	4/27
6		Anna Triezenberg, Mia DeJonge, Trinity Kolka, Bella Charron	#3 Calvin	51.44	4/25
7		Kyah Hicks, Abigail Raftis, Amanda Mathews, Isabelle Salazar	#7 Adrian	52.09	4/6

Women's 4x400 Relay

1	27	Catherine Leahy, Erin Moran, Jasmine Zimmerman, Sara Schermerhorn	#1 Hope	3:56.25	4/6
2		London Eldridge, Aubrey Connelly, Lily Connelly, Tonya Tepin	#5 Olivet	4:08.88	4/27
3		Adrianne Jackson, Brynn Mericle, Kristin Baker, Anissa Rios	#2 Trine	4:09.61	4/6
4		Lauren Brawt, Andrea Taghon, Sophia Sanford, Helena Snyder	#6 Alma	4:10.35	4/13
5		#Type!	#3 Calvin	4:22.26	4/20
6		Olivia Dunscombe, Isabelle Salazar, Abigail Raftis, Emily Guzdziol	#7 Adrian	4:25.68	4/20
7		Sarah Kozal, Lauren Fenstermaker, Brianna Bennett, Colette Askins	#4 Albion	4:33.24	4/6

Women's High Jump

1	62	Ciara HESLET	JR	#7 Adrian	1.60m	5-3	4/27
2	95	Allison SCHRAM	JR	#1 Hope	1.58m	5-2¼	4/13
3		Isabel FERGUSON	FR	#2 Trine	1.56m	5-1¼	4/13
4		Helena SNYDER	JR	#6 Alma	1.55m	5-1	4/6
5		Natalie CHRISTNAGEL	SO	#1 Hope	{2} 1.53m	5-¼	4/13
6		Allyson STEVENS	SR	#5 Olivet	1.49m	4-10½	4/6
7		Joey WILSON	FR	#5 Olivet	{2} 1.46m	4-9½	4/6
8		Reagan KEYSER	SO	#6 Alma	{2} 1.45m	4-9	4/6
8		Anneke KUPERUS	FR	#3 Calvin	1.45m	4-9	4/6
10		Bridget CROMBIE	FR	#1 Hope	{3} 1.42m	4-7¾	4/20

Women's Pole Vault

1	62	Katie SEINEN	SO	#3 Calvin	3.46m	11-4¼	4/25
2		Bella CHARRON	JR	#3 Calvin	{2} 3.30m	10-9¾	4/20
3		Avery BOYCE	SO	#2 Trine	3.21m	10-6¼	4/13
4		Claire PACER	FR	#3 Calvin	{3} 3.15m	10-4	4/13
5		Bethany COLBRUNN	SR	#1 Hope	3.01m	9-10½	4/25
5		Laura ROBOTHAM	SO	#3 Calvin	{4} 3.01m	9-10½	4/25
7		Natalie BENNETT	FR	#1 Hope	{2} 3.00m	9-10	4/13
8		Morgan MOSLOW	JR	#2 Trine	{2} 2.95m	9-8	4/20
9		Mya SCOTT	JR	#6 Alma	2.90m	9-6¼	4/13
10		Abigail CUMINGS	FR	#1 Hope	{3} 2.85m	9-4¼	4/13



Conference TFRI Event Summary



MIAA

as of 4/30/2024 1:55:46 PM ET

Women's Long Jump

1	Mackenzie MILLER	JR	#2 Trine	5.30mw	17-4¾ (2.2)	4/20
2	Emma FORKER	SO	#2 Trine	{2} 5.21mw	17-1¼ (2.1)	4/13
3	DB EDWARD	SR	#4 Albion	5.19m	17-½ (1.9)	3/29
4	Lauren BRAWT	FR	#6 Alma	5.15m	16-10¾ (-0.3)	3/29
5	Kristin BAKER	SO	#2 Trine	{3} 5.05m	16-7 (0.0)	4/6
6	Bridget CROMBIE	FR	#1 Hope	4.83m	15-10¼ (1.0)	4/6
7	Elliana JOHNSON	SO	#1 Hope	{2} 4.69m	15-4¾ (-0.2)	3/16
8	Meredith KRAMER	SO	#1 Hope	{3} 4.57m	15-0 (0.6)	4/6
9	Ellie BAYNES	FR	#5 Olivet	4.55m	14-11¼ (1.4)	4/20
10	Emily PETERSON	SO	#7 Adrian	4.51m	14-9¾ (-2.8)	4/27

Women's Triple Jump

1	Elliana JOHNSON	SO	#1 Hope	10.75m	35-3¼ (0.0)	4/13
2	Isabel FERGUSON	FR	#2 Trine	10.69m	35-1 (0.0)	4/20
3	Jessye VANDEN AKKER	SR	#3 Calvin	10.53m	34-6¾ (0.3)	4/13
4	Lauren BRAWT	FR	#6 Alma	10.26m	33-8 (1.8)	4/13
5	DB EDWARD	SR	#4 Albion	10.10m	33-1¾ (0.0)	4/20
6	Allison SCHRAM	JR	#1 Hope	{2} 9.91m	32-6¼ (1.9)	4/6
7	Amanda MATHEWS	JR	#7 Adrian	9.90m	32-5¾ (-1.4)	4/20
8	Allison WICHERT	SO	#6 Alma	{2} 9.52m	31-2¾ (2.0)	4/13
9	Kiersten SCHMITT	FR	#1 Hope	{3} 9.51mw	31-2½ (3.8)	4/20
10	Meredith KRAMER	SO	#1 Hope	{4} 9.26m	30-4¾ (0.9)	4/6

Women's Shot Put

1	39 Greta ROBRAHN	JR	#1 Hope	13.01m	42-8¼	4/6
2	Kamryn BICE	SO	#1 Hope	{2} 11.98m	39-3¾	3/16
3	Abby SANNER	SO	#2 Trine	11.66m	38-3¼	4/20
4	Tess ANTHONY	JR	#4 Albion	11.62m	38-1½	4/20
5	Alana POLICASTRO	SR	#1 Hope	{3} 11.38m	37-4	4/13
6	Elisabeth STROTMAN	SR	#1 Hope	{4} 11.34m	37-2½	4/20
7	Berniah ALEXANDER	JR	#5 Olivet	11.07m	36-4	4/27
8	Karen NIMTZ	FR	#1 Hope	{5} 10.68m	35-½	4/13
9	Elsa CLAUSEN	FR	#1 Hope	{6} 10.65m	34-11¼	4/6
10	Karly ROELOFS	SO	#1 Hope	{7} 10.63m	34-10½	4/20

Women's Discus

1	53 Lindsey KOSSICK	JR	#3 Calvin	41.53m	136-3	4/20
2	75 Kamryn BICE	SO	#1 Hope	40.41m	132-7	4/20
3	Abby SANNER	SO	#2 Trine	36.79m	120-9	3/28
4	Greta ROBRAHN	JR	#1 Hope	{2} 36.23m	118-11	4/20
5	Olivia SMITH	FR	#1 Hope	{3} 36.18m	118-9	4/6
6	Aysia YOKELY	FR	#4 Albion	35.81m	117-6	4/6
7	Liathano RAMIREZ	SO	#6 Alma	34.39m	112-10	4/6
8	Morgan BABB	FR	#7 Adrian	33.96m	111-5	3/30
9	Tess ANTHONY	JR	#4 Albion	{2} 33.66m	110-5	4/13
10	Berniah ALEXANDER	JR	#5 Olivet	33.21m	109-0	4/27

Women's Hammer

1	89 Abby SANNER	SO	#2 Trine	46.59m	152-10	4/27
2	Tess ANTHONY	JR	#4 Albion	45.41m	149-0	4/13
3	Lindsey KOSSICK	JR	#3 Calvin	44.95m	147-6	4/13
4	Sophia RAYMOND	SO	#1 Hope	40.48m	132-10	3/16
5	Elsa CLAUSEN	FR	#1 Hope	{2} 39.29m	128-11	4/20
6	Mikah BAZIUN	SO	#3 Calvin	{2} 39.20m	128-8	4/25
7	Liathano RAMIREZ	SO	#6 Alma	38.95m	127-10	4/6
8	Ashley BOOTH	SR	#4 Albion	{2} 38.56m	126-6	3/29
9	Marlie MCDONALD	JR	#1 Hope	{3} 37.85m	124-2	4/6
10	Jane DUNLAP	SR	#3 Calvin	{3} 36.25m	118-11	4/13

Women's Javelin

1	Christy MARTIN	JR	#3 Calvin	35.69m	117-1	4/13
2	Elisabeth STROTMAN	SR	#1 Hope	35.33m	115-11	4/13
3	Malena RICKS	SR	#2 Trine	35.26m	115-8	4/13
4	Amanda TIMONEN	JR	#1 Hope	{2} 35.17m	115-5	3/16
5	Lauren TOCCO	SR	#1 Hope	{3} 32.53m	106-9	4/20
6	Karly ROELOFS	SO	#1 Hope	{4} 30.47m	99-11¾	3/9
7	Jane DUNLAP	SR	#3 Calvin	{2} 29.65m	97-3½	4/13
8	Katie BERLEW	JR	#2 Trine	{2} 29.14m	95-7¼	4/27
9	Alyson SENISH	FR	#5 Olivet	28.43m	93-3¼	4/13
10	Allyson STEVENS	SR	#5 Olivet	{2} 28.13m	92-3½	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



MIAC

as of 4/30/2024 1:55:46 PM ET

Women's 100 Meters

1	36	Jireh BABALOLA	SR	#2 Bethel (Minn.)	12.13	(0.7)	4/13
2	42	Kate CARLSON	JR	#1 Gustavus Adolp	12.16	(0.7)	4/13
3	86	Diarra CHATHAM	FR	#8 Macalester	12.32	(0.9)	4/13
4		Kate GALLAGHER	SR	#4 Saint Benedict	12.43	(0.7)	4/13
5		Emily RENG0	SO	#5 Concordia Moorl	12.46w	(2.3)	4/12
6		Tiana JOHNSON	SR	#4 Saint Benedict {2}	12.69	(0.7)	4/27
7		Terra MCMAHON	SO	#7 Hamline	12.71	(1.8)	4/13
8		Samantha MUNSON	SO	#9 Saint Mary's (Mir	12.77	(1.4)	3/30
9		Andie SANDMAN	FR	#5 Concordia Moorl	12.79w	(2.1)	4/6
9		Karla KROSCHER	SR	#3 St. Olaf	12.79	(0.7)	4/6

Women's 100 Meter Hurdles

1	2	Kelsie SEALOCK	SR	#2 Bethel (Minn.)	13.86	(0.2)	4/24
2	77	AnnaGrace NELSON	JR	#2 Bethel (Minn.) {2}	15.15	(1.9)	4/21
3		Gabby BODIN	SR	#12 St. Catherine (Mi	15.30	(1.8)	4/13
3		Jenna KALEVIK	JR	#5 Concordia Moorl	15.30	(0.6)	4/23
5		Rebekah SALTER	SR	#3 St. Olaf	15.43	(0.2)	4/24
6		Ellie HERNES	SO	#2 Bethel (Minn.) {3}	15.44	(2.0)	4/13
7		Danielle MILLER	JR	#1 Gustavus Adolp	15.68	(1.6)	4/24
8		Anya ADELGREN	FR	#4 Saint Benedict	15.77	(2.0)	4/6
9		Riki POORE	SR	#3 St. Olaf {2}	16.10	(1.4)	4/6
10		Makenna HUETTEN	JR	#1 Gustavus Adolp	16.12	(0.9)	4/6

Women's 200 Meters

1	28	Megan GERAETS	JR	#1 Gustavus Adolp	24.84	(0.2)	4/6
2	63	Kate CARLSON	JR	#1 Gustavus Adolp	25.15	(0.2)	4/6
3		Emily RENG0	SO	#5 Concordia Moorl	25.62	(2.0)	4/12
4		Karla KROSCHER	SR	#3 St. Olaf	25.90	(0.2)	4/6
5		Jireh BABALOLA	SR	#2 Bethel (Minn.)	26.09w	(3.4)	3/15
6		Tiana JOHNSON	SR	#4 Saint Benedict	26.12	(-0.5)	4/27
7		Sidela NYUGA	SR	#4 Saint Benedict {2}	26.32	(1.4)	4/13
8		Samantha MUNSON	SO	#9 Saint Mary's (Mir	26.40	(-0.5)	4/27
8		Allison HOOKOM	SO	#11 Augsburg	26.40	(-0.1)	4/20
10		Maddie GULER	SR	#5 Concordia Moorl	26.48	(2.0)	4/12

Women's 400 Meters

1	38	Megan GERAETS	JR	#1 Gustavus Adolp	57.18c	(57.94)	4/17
2	46	Emily RENG0	SO	#5 Concordia Moorl	57.49		4/23
3	53	Kyla NYGAARD	SO	#5 Concordia Moorl	57.61		4/23
4	74	Allison HOOKOM	SO	#11 Augsburg	58.03		3/16
5	75	Shalom SULUNGAIN	FR	#2 Bethel (Minn.)	58.04		4/13
6		Hailey GREGG	JR	#2 Bethel (Minn.) {2}	58.74		3/15
7		Sidela NYUGA	SR	#4 Saint Benedict	58.84		4/27
8		Reanna CRUZ	FR	#2 Bethel (Minn.) {3}	59.40		4/13
9		Karla KROSCHER	SR	#3 St. Olaf	59.49		4/24
10		Abbie SWENSON	JR	#2 Bethel (Minn.) {4}	59.70		3/15

Women's 400 Meter Hurdles

1	10	Kelsie SEALOCK	SR	#2 Bethel (Minn.)	1:02.66		4/6
2	45	Lauren BERG	SO	#4 Saint Benedict	1:04.89		4/13
3	66	Hannah KVANT	FR	#2 Bethel (Minn.) {2}	1:05.50		4/13
4	86	Jessie SMITH	JR	#2 Bethel (Minn.) {3}	1:06.45		4/13
5	98	Riki POORE	SR	#3 St. Olaf	1:06.81		4/6
6		Rebekah SALTER	SR	#3 St. Olaf {2}	1:07.62		4/6
7		Makenna HUETTEN	JR	#1 Gustavus Adolp	1:08.10		4/24
8		Anya ADELGREN	FR	#4 Saint Benedict {2}	1:08.19		4/6
9		Aliyah ROBRAN	SO	#7 Hamline	1:08.26		4/24
10		Andreiana AURELIUS	JR	#7 Hamline {2}	1:08.56		4/24

Women's 800 Meters

1	4	Annessa IHDE	SR	#2 Bethel (Minn.)	2:09.02		4/24
2	24	Mary BLANCHARD	JR	#6 Carleton	2:12.16		4/27
3	76	Isabel WYATT	SO	#3 St. Olaf	2:16.46		4/24
4	79	Fiona SMITH	SR	#4 Saint Benedict	2:16.72		4/13
5		Allison HOOKOM	SO	#11 Augsburg	2:18.20		3/16
6		Lara ERICKSON	JR	#6 Carleton {2}	2:18.22		4/13
7		Kalli SMITH	JR	#4 Saint Benedict {2}	2:18.53		4/27
8		Helen CROSS	SR	#6 Carleton {3}	2:20.13		4/20
9		Siri ERICKSON	FR	#3 St. Olaf {2}	2:20.74		4/20
10		Kristina ROHRER	SR	#3 St. Olaf {3}	2:20.79		4/20

Women's 1500 Meters

1	7	Fiona SMITH	SR	#4 Saint Benedict	4:29.02		4/13
2	28	Helen CROSS	SR	#6 Carleton	4:34.19		4/13
3	79	Annessa IHDE	SR	#2 Bethel (Minn.)	4:41.40		4/6
4		Mary BLANCHARD	JR	#6 Carleton {2}	4:44.42		4/20
5		Sophie MCMANUS	JR	#6 Carleton {3}	4:46.28		4/20
6		Grace MOELLER	SO	#3 St. Olaf	4:47.15		4/24
7		Alison BODE	JR	#3 St. Olaf {2}	4:49.14		4/6
8		Sophie ABERNETHY	JR	#3 St. Olaf {3}	4:50.10		4/13
9		Bella CALL	SR	#3 St. Olaf {4}	4:51.37		4/6
10		Ivy COLDREN	FR	#8 Macalester	4:51.50		4/6

Women's Steeplechase

1	20	Sophie MCMANUS	JR	#6 Carleton	10:53.57		4/27
2	57	Libby ROWLAND	JR	#6 Carleton {2}	11:26.91		4/13
3	64	Grace MOELLER	SO	#3 St. Olaf	11:31.20		3/29
4	69	Josie HARMS	JR	#2 Bethel (Minn.)	11:35.05		4/24
5	90	Bridget TETMEYER	SR	#4 Saint Benedict	11:39.15		4/27
6		Sydney HAGEN	JR	#1 Gustavus Adolp	11:46.38		4/13
7		Gracie JOHNSON	SO	#11 Augsburg	11:46.81		4/27
8		Ivy COLDREN	FR	#8 Macalester	11:50.33		4/21
9		Keiley MAAHS	SR	#4 Saint Benedict {2}	12:04.47		4/21
10		Mary KENNEY	SO	#4 Saint Benedict {3}	12:15.86		4/21



Conference TFRI Event Summary



MIAC

as of 4/30/2024 1:55:46 PM ET

Women's 5000 Meters

1	1	Fiona SMITH	SR	#4 Saint Benedict	15:53.27	4/27
2	22	Helen CROSS	SR	#6 Carleton	16:52.55	4/27
3	40	Hannah PREISSER	JR	#6 Carleton	{2} 17:08.79	4/6
4	43	Lauren WALDA	SO	#3 St. Olaf	17:12.06	4/13
5	45	Phoebe WARD	SR	#6 Carleton	{3} 17:12.42	4/6
6	60	Alison BODE	JR	#3 St. Olaf	{2} 17:22.79	4/13
7	70	Bella CALL	SR	#3 St. Olaf	{3} 17:30.26	4/13
8	84	Sofia CARLSON	JR	#3 St. Olaf	{4} 17:35.24	3/29
9		Aliya LARSEN	JR	#6 Carleton	{4} 17:45.71	4/6
10		Allison HENDRICKSON	SR	#10 St. Scholastica	17:55.89	4/6

Women's 10,000 Meters

1	1	Fiona SMITH	SR	#4 Saint Benedict	32:57.28	3/30
2	19	Hannah PREISSER	JR	#6 Carleton	35:32.83	4/20
3	20	Alison BODE	JR	#3 St. Olaf	35:34.19	4/27
4	43	Allison HENDRICKSON	SR	#10 St. Scholastica	36:31.55	4/20
5	48	Lauren WALDA	SO	#3 St. Olaf	{2} 36:36.96	4/27
6	61	Bella CALL	SR	#3 St. Olaf	{3} 36:59.33	4/27
7	74	Katie HIRSCHKE	SO	#6 Carleton	{2} 37:28.56	4/20
8		Annie KIOLBASA	SR	#4 Saint Benedict	{2} 38:29.54	4/21
9		Laura HARDWICK	JR	#2 Bethel (Minn.)	39:00.78	4/21
10		Bridget TETMEYER	SR	#4 Saint Benedict	{3} 39:01.32	4/21

Women's 4x100 Relay

1	40	Danielle Miller, Megan Geraets, Ally Rakow, Kate Carlson	#1 Gustavus Adolphus	48.19	4/24
2	59	Myah Nelson, Tiana Johnson, Grace Buntrock, Kate Gallagher	#4 Saint Benedict	48.82	4/13
3	64	Jireh Babalola, Abbie Swenson, Raina Kaping, Hannah Kvant	#2 Bethel (Minn.)	48.95	4/13
4	99	Andie Sandman, Emily Rengo, Piper Osborne, Lydia Fynboh	#5 Concordia Moorhead	49.67	4/6
5		Zoe Matre, Karla Kroschel, Emma Storbakken, Riki Poore	#3 St. Olaf	49.96	4/13
6		Harmony-Keli Tomety, Penny Hunter, Diarra Chatham, Elise Edison	#8 Macalester	50.39	4/27
7		Andreiana Aurelius, Kebeh Temeh, Angie Smiley, Terra McMahon	#7 Hamline	50.57	4/13
8		Hadley Twichell, Riley Roberts, Bianca Lott, Michelle Musa	#6 Carleton	50.73	4/27
9		Sofia Fischer, Kayla Nelson, Jaden Ellefson, Ava Fink	#10 St. Scholastica	51.83	4/27
10		Rachael Kubichka, Samantha Munson, Hanna Strom, Kaylen Pray	#9 Saint Mary's (Minn.)	53.45	4/6



Conference TFRI Event Summary



MIAC

as of 4/30/2024 1:55:47 PM ET

Women's 4x400 Relay

1	9	Kelsie Sealock, Abbie Swenson, Annessa Ihde, Shalom Sulungaine	#2 Bethel (Minn.)	3:51.08	4/27
2	45	Sierra Ramberg, Piper Osborne, Meg Shercliffe, Drew Frolek	#5 Concordia Moorl	4:00.81	4/27
3	80	Sidela Nyuga, Kalli Smith, Emerson Knapp, Lauren Berg	#4 Saint Benedict	4:05.10	4/27
4	85	Alice Cutter, Lara Erickson, Hadley Twichell, Riley Roberts	#6 Carleton	4:06.03	4/13
5	99	Sydney Hauger, McKenzie Luetmer, Aubrey Mair, Kailyn Walukas	#1 Gustavus Adolph	4:07.75c (4:11.03)	4/27
6		Emma Sahly, Isabel Wyatt, Ruth Pfeiffer, Riki Poore	#3 St. Olaf	4:10.21	4/13
7		Andreiana Aurelius, Kyla Chester, Aliyah Robran, Emme Nelson	#7 Hamline	4:17.14	4/13
8		Penny Hunter, Elise Edison, Destiny Osemwengie, Seneca Wilson	#8 Macalester	4:25.98	4/21
9		Hanna Strom, Caeli McMahon, Megan Frosch, Abbie Meyer	#9 Saint Mary's (Mi	4:32.46	4/6
10		Madeline Hartley, Grace Hrabik, Jenna Terrio, MollyKate Hagen	#10 St. Scholastica	4:44.86	4/6

Women's High Jump

1	62	Erin BEER	JR	#1 Gustavus Adolph	1.60m	5-3	4/6
1	62	Mara LARSON	FR	#3 St. Olaf	1.60m	5-3	4/6
3		Jenna KALEVIK	JR	#5 Concordia Moorl	1.56m	5-1 1/4	4/12
4		Ally RAKOW	JR	#1 Gustavus Adolph{2}	1.55m	5-1	4/6
5		Anna KEMP	FR	#4 Saint Benedict	1.52m	4-11 3/4	4/13
6		Ruth PFEIFFER	SO	#3 St. Olaf {2}	1.51m	4-11 1/2	4/24
7		Ellie SELISKER	SR	#4 Saint Benedict {2}	1.50m	4-11	4/13
7		Sarah Beth HOBBY	SR	#8 Macalester	1.50m	4-11	4/21
7		Lindsay BANGS	JR	#1 Gustavus Adolph{3}	1.50m	4-11	4/6
7		Jensen LUEHRS	JR	#1 Gustavus Adolph{3}	1.50m	4-11	4/6
7		AnnaGrace NELSON	JR	#2 Bethel (Minn.)	1.50m	4-11	4/21
7		Toria STRAMPE	JR	#10 St. Scholastica	1.50m	4-11	4/13
7		Hannah MOE	SO	#2 Bethel (Minn.)	1.50m	4-11	4/13

Women's Pole Vault

1	30	Jaylyn AHLBERG	SO	#4 Saint Benedict	3.63m	11-10 3/4	4/21
2	54	Emily PEARSON	FR	#2 Bethel (Minn.)	3.50m	11-5 3/4	4/27
3	66	Alli GRAFF	JR	#1 Gustavus Adolph	3.45m	11-3 3/4	4/17
4	87	Raina KAPING	FR	#2 Bethel (Minn.) {2}	3.35m	10-11 3/4	4/27
5	99	Lili RAIDT	FR	#4 Saint Benedict {2}	3.33m	10-11	4/21
6		Camille FINNEY	FR	#1 Gustavus Adolph{2}	3.25m	10-8	4/27
7		Linnea ASKEGAARD	SO	#3 St. Olaf	3.08m	10-1 1/4	4/13
8		Jenna BUNKER	JR	#1 Gustavus Adolph{3}	2.90m	9-6 1/4	4/6
8		Bria LUEPKE	SO	#7 Hamline	2.90m	9-6 1/4	4/27
8		Seneca WILSON	FR	#8 Macalester	2.90m	9-6 1/4	4/6

Women's Long Jump

1	20	Megan GERAETS	JR	#1 Gustavus Adolph	5.67m	18-7 1/4 (2.0)	4/13
2		Ellie SELISKER	SR	#4 Saint Benedict	5.25m	17-2 3/4 (0.4)	4/27
3		Jenna KALEVIK	JR	#5 Concordia Moorl	5.24mw	17-2 1/4 (3.0)	4/12
4		Madi KES	JR	#1 Gustavus Adolph{2}	5.20m	17-3/4 (-0.1)	4/13
5		Terra MCMAHON	SO	#7 Hamline	5.16m	16-11 1/4 (1.3)	4/20
5		Sabriya FARQUHARSON	FR	#4 Saint Benedict {2}	5.16mw	16-11 1/4 (3.6)	4/6
7		Lili GUY	JR	#1 Gustavus Adolph{3}	5.13m	16-10 (0.5)	4/13
8		AnnaGrace NELSON	JR	#2 Bethel (Minn.)	5.12m	16-9 3/4 (-0.5)	4/13
8		SarraH LINDNER	SO	#1 Gustavus Adolph{4}	5.12m	16-9 3/4 (0.6)	4/27
10		Ellie HERNES	SO	#2 Bethel (Minn.) {2}	5.10mw	16-8 3/4 (3.8)	4/6

Women's Triple Jump

1	28	Madi KES	SR	#1 Gustavus Adolph	11.65mw	38-2 3/4 (3.4)	4/27
2	45	Ellie HERNES	SO	#2 Bethel (Minn.)	11.42m	37-5 3/4 (0.1)	4/13
3	86	Lili GUY	JR	#1 Gustavus Adolph{2}	11.15m	36-7 (2.0)	4/13
4		Piper OSBORNE	FR	#5 Concordia Moorl	10.77mw	35-4 (2.8)	4/12
5		Ellie SELISKER	SR	#4 Saint Benedict	10.72m	35-2 (0.2)	4/27
6		Caylee GREEDER	JR	#1 Gustavus Adolph{3}	10.54mw	34-7 (2.5)	4/27
7		Jordan STANISLOSKI	FR	#2 Bethel (Minn.) {2}	10.46m	34-4 (0.9)	4/27
8		Ainslee PARKER	SR	#3 St. Olaf	10.39mw	34-1 1/4 (3.4)	4/6
9		Ally TYVOLL	FR	#2 Bethel (Minn.) {3}	10.15mw	33-3 3/4 (2.5)	4/13
10		Toria STRAMPE	JR	#10 St. Scholastica	10.13mw	33-3 (2.4)	4/27

Women's Shot Put

1	9	Molly MEYERS	SR	#7 Hamline	14.05m	46-1 1/4	4/24
2	57	Nora WILHELM	SO	#2 Bethel (Minn.)	12.77m	41-10 3/4	4/27
2	57	Morgan WALLENDAL	JR	#9 Saint Mary's (Mi	12.77m	41-10 3/4	4/27
4	96	Kelley BRENNAN	SO	#1 Gustavus Adolph	12.26m	40-2 3/4	4/6
5		Tessa MYATT	FR	#8 Macalester	11.81m	38-9	4/13
6		Samantha KUBES	SR	#9 Saint Mary's (Mi{2}	11.73m	38-6	4/6
7		Desirae DATES	SO	#7 Hamline {2}	11.71m	38-5	4/13
8		Sydney JACKMAN	JR	#9 Saint Mary's (Mi{3}	11.68m	38-4	4/13
9		Haley JOOS	SR	#4 Saint Benedict	11.58m	38-0	4/6
10		Lexi BRAINER	JR	#7 Hamline {3}	11.40m	37-5	4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



MIAC

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Women's Discus

1	17	Jade HUNT	JR	#7 Hamline	44.20m	145-0	4/20
2	57	Olivia DUNCAN	FR	#1 Gustavus Adolp	41.31m	135-7	4/13
3		Madison REED	JR	#7 Hamline {2}	39.39m	129-3	4/20
4		Morgan WALLENDAL	JR	#9 Saint Mary's (Mi	39.31m	129-0	3/30
5		Nora WILHELM	SO	#2 Bethel (Minn.)	38.29m	125-8	4/27
6		Lexi BRAINER	JR	#7 Hamline {3}	38.23m	125-5	4/6
7		Kelley BRENNAN	SO	#1 Gustavus Adolp	38.20m	125-4	4/13
8		Elise HARRIMAN	FR	#3 St. Olaf	37.90m	124-4	4/27
9		Desirae DATES	SO	#7 Hamline {4}	37.80m	124-0	4/20
10		Alysha ONWUNEME	FR	#5 Concordia Moorl	37.73m	123-10	4/12

Women's Hammer

1	5	Lily BENEKE	JR	#10 St. Scholastica	56.20m	184-5	4/13
2	30	Samantha KUBES	SR	#9 Saint Mary's (Mi	51.29m	168-3	4/27
3	33	Madison REED	JR	#7 Hamline	50.56m	165-11	4/24
4	39	Kelley BRENNAN	SO	#1 Gustavus Adolp	50.02m	164-1	4/13
5	42	Lexi BRAINER	JR	#7 Hamline {2}	49.34m	161-11	4/24
6	60	Morgan WALLENDAL	JR	#9 Saint Mary's (Mi	48.06m	157-8	4/27
7	66	Nora WILHELM	SO	#2 Bethel (Minn.)	47.68m	156-5	4/27
8	77	Anna SPERATOS	SO	#2 Bethel (Minn.) {2}	47.12m	154-7	4/27
9		Neenah BOSMAN	SR	#6 Carleton	45.23m	148-5	4/20
10		Brooke KANGAS	JR	#5 Concordia Moorl	44.78m	146-11	3/30

Women's Javelin

1	23	Genevieve GRUBA	FR	#5 Concordia Moorl	40.22m	132-0	4/27
2	36	Abbie SWENSON	JR	#2 Bethel (Minn.)	39.15m	128-6	4/13
3	39	Sarah Beth HOBBY	SR	#8 Macalester	39.08m	128-3	4/27
4	45	Lakesha CARTER	JR	#1 Gustavus Adolp	38.85m	127-6	4/6
5		Brooke BOROUGHS	FR	#8 Macalester {2}	36.00m	118-2	4/6
6		Justus FLOREN	JR	#4 Saint Benedict	35.26m	115-8	4/6
7		Reagan WOHLERS	FR	#5 Concordia Moorl	35.03m	114-11	4/6
8		Gabby GROMACKI	SO	#1 Gustavus Adolp	34.83m	114-3	4/17
9		Isabella SCHEI	FR	#9 Saint Mary's (Mi	33.56m	110-1	4/20
10		Jensen LUEHRS	JR	#1 Gustavus Adolp	33.24m	109-1	4/6

Women's Heptathlon

1	57	Sarah Beth HOBBY	SR	#8 Macalester	3,805		4/21
2	62	Justus FLOREN	JR	#4 Saint Benedict	3,733		4/21
3	93	Grace CIARROCHI	FR	#5 Concordia Moorl	3,394		4/21



Conference TFRI Event Summary



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Women's 100 Meters

1	65	Eva CARCHIDI	SR	#1 Grinnell	12.24w	(2.3)	4/6
2	82	Candis DAMSTE	SR	#7 Beloit	12.31w	(3.3)	4/27
3		Deja ANDERSON	FR	#3 Illinois College	12.41w	(2.2)	3/23
4		Mattie BROWN	FR	#3 Illinois College {2}	12.48w	(2.3)	3/29
5		Haley GARRETT	FR	#3 Illinois College {3}	12.64w	(2.3)	3/29
6		Maddie RUSK	SO	#4 Monmouth (Ill.)	12.68w	(2.5)	4/13
7		Sidney BROWN	SR	#6 Cornell College	12.77	(1.7)	4/13
8		Fynesse JONES	SO	#3 Illinois College {4}	12.78w	(2.3)	3/29
9		AJ JONES	JR	#9 Lake Forest	12.80w	(2.2)	4/20
10		Madyson SALISBURY	FR	#3 Illinois College {5}	12.86	(1.5)	3/29

Women's 100 Meter Hurdles

1	43	Natalie MCALLISTER	SR	#6 Cornell College	14.83	(1.4)	4/20
2		Bridget FINN	JR	#2 Ripon	15.43w	(2.7)	4/25
3		Aleese TRIMINGHAM	FR	#3 Illinois College	15.73	(1.0)	4/19
4		Hailey CAROLAN	SO	#6 Cornell College {2}	16.02w	(3.7)	4/20
5		Jessie GOODMAN	SO	#1 Grinnell	16.76	(0.0)	3/23
6		Hannah WELTE	SR	#7 Beloit	16.94w	(3.3)	4/13
7		Jacquelyn HAN	SO	#9 Lake Forest	16.96	(0.5)	4/25
8		Sadie STAKER	SR	#1 Grinnell {2}	17.74	(1.1)	4/26
9		Patricia RIVERA	JR	#3 Illinois College {2}	18.06w	(2.3)	3/29
10		Niomee CASEY	JR	#7 Beloit {2}	18.28	(0.2)	4/27

Women's 200 Meters

1	59	Candis DAMSTE	SR	#7 Beloit	25.10w	(2.4)	4/27
2	86	Eva CARCHIDI	SR	#1 Grinnell	25.30	(1.6)	4/12
3		Deja ANDERSON	FR	#3 Illinois College	26.02	(0.0)	4/19
4		Haley GARRETT	FR	#3 Illinois College {2}	26.03	(-0.4)	4/13
5		Maddie RUSK	SO	#4 Monmouth (Ill.)	26.12c	(26.52) (0.4)	4/25
6		Sidney BROWN	SR	#6 Cornell College	26.17w	(3.4)	4/13
7		Mattie BROWN	FR	#3 Illinois College {3}	26.32	(1.8)	4/6
8		Alayna FURCH	SR	#7 Beloit {2}	26.46	(1.9)	4/27
9		Natalie MCALLISTER	SR	#6 Cornell College {2}	26.49w	(3.8)	4/20
10		Madyson SALISBURY	FR	#3 Illinois College {4}	26.53	(0.2)	4/13

Women's 400 Meters

1		Candis DAMSTE	SR	#7 Beloit	58.49		4/13
2		Eva CARCHIDI	SR	#1 Grinnell	59.16		4/26
3		Ava CLAUSSEN-TUBBS	SO	#6 Cornell College	1:00.06		4/20
4		Apiphany PATTERSON	FR	#3 Illinois College	1:00.95		4/13
5		Alayna FURCH	SR	#7 Beloit {2}	1:01.02		4/6
6		Sidney BROWN	SR	#6 Cornell College {2}	1:01.74		4/6
7		Ella FAJARDO-WILDE	FR	#5 Lawrence	1:01.81		4/19
8		Gaby SKORCZEWSKI	FR	#5 Lawrence {2}	1:01.97		4/25
9		Madylyn WOYAK	FR	#2 Ripon	1:02.01		4/6
10		Maile CROWE	JR	#1 Grinnell {2}	1:02.25		3/23

Women's 400 Meter Hurdles

1	72	Bridget FINN	JR	#2 Ripon	1:05.64		4/25
2		Hailey CAROLAN	SO	#6 Cornell College	1:08.27		4/6
3		Aleese TRIMINGHAM	FR	#3 Illinois College	1:08.71		4/19
4		Hannah WELTE	SR	#7 Beloit	1:08.78		4/13
5		Sadie STAKER	SR	#1 Grinnell	1:10.70		4/26
6		Jessie GOODMAN	SO	#1 Grinnell {2}	1:11.12		4/26
7		Kiki SHERMAN	JR	#2 Ripon {2}	1:11.17		4/6
8		Jacquelyn HAN	SO	#9 Lake Forest	1:16.24		4/25
9		Patricia RIVERA	JR	#3 Illinois College {2}	1:17.04		4/6
10		Nicole ARNHOLD	SO	#2 Ripon {3}	1:17.64		4/6

Women's 800 Meters

1		Jenny CORTES	SO	#2 Ripon	2:19.17		4/25
2		Ava CLAUSSEN-TUBBS	SO	#6 Cornell College	2:19.76		4/13
3		Alyza KOPPE	SO	#6 Cornell College {2}	2:23.67		3/28
4		Gaby SKORCZEWSKI	FR	#5 Lawrence	2:24.65		4/13
5		Hannah ROARK	SO	#1 Grinnell	2:27.10		4/20
6		Isabelle WILLETT	JR	#2 Ripon {2}	2:27.41		4/25
7		Ella FAJARDO-WILDE	FR	#5 Lawrence {2}	2:27.62		4/13
8		Cristyn OLIVER	JR	#5 Lawrence {3}	2:28.74		4/25
9		Minnie HOFFMAN	FR	#2 Ripon {3}	2:28.81		4/19
10		Caitlin ONG	SO	#1 Grinnell {2}	2:29.03		4/20

Women's 1500 Meters

1		Jenny CORTES	SO	#2 Ripon	4:46.85		4/6
2		Hannah ROARK	SO	#1 Grinnell	4:52.11		4/20
3		Cristyn OLIVER	JR	#5 Lawrence	4:52.20		4/25
4		Morgan KAROW	SO	#1 Grinnell {2}	4:53.92		4/20
5		Ali DENAMUR	JR	#2 Ripon {2}	4:54.86		4/12
6		Alyza KOPPE	SO	#6 Cornell College	4:55.29		3/28
7		Isabelle WILLETT	JR	#2 Ripon {3}	4:58.68		4/6
8		Riley WINEBRENNER	JR	#5 Lawrence {2}	5:00.32		4/25
9		Keely MIYAMOTO	SO	#1 Grinnell {3}	5:03.52		3/23
10		Lettia HODA	FR	#9 Lake Forest	5:05.92		4/13

Women's Steeplechase

1		Gabby ALLARD	FR	#2 Ripon	11:50.68		4/12
2		Hannah ROTH	FR	#1 Grinnell	11:52.01		4/20
3		Riley WINEBRENNER	JR	#5 Lawrence	12:00.70		4/19
4		Diana BARBA	SO	#1 Grinnell {2}	12:10.42		4/12
5		Kiki SHERMAN	JR	#2 Ripon {2}	12:20.34		4/25
6		Jane PARTSCH	FR	#5 Lawrence {2}	12:27.86		4/25
7		Emma WHARTON-HSIEH	FR	#1 Grinnell {3}	12:45.62		4/26
8		Sophie STUMBO	FR	#6 Cornell College	13:11.95		4/20
9		Morgan CARRINO	FR	#3 Illinois College	13:32.84		4/13
10		Melissa BIVOLAROV	FR	#4 Monmouth (Ill.)	13:38.40		4/20



Conference TFRI Event Summary



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Women's 5000 Meters

1	90	Ali DENAMUR	JR	#2 Ripon	17:38.56	4/6
2	93	Mikayla FLYTE	SR	#2 Ripon {2}	17:39.09	4/25
3	98	Cristyn OLIVER	JR	#5 Lawrence	17:39.82	4/13
4		Alyza KOPPES	SO	#6 Cornell College	17:59.79	4/13
5		Morgan KAROW	SO	#1 Grinnell	18:02.55	3/22
6		Keely MIYAMOTO	SO	#1 Grinnell {2}	18:07.81	4/12
7		Hannah ROARK	SO	#1 Grinnell {3}	18:26.22	3/22
8		Gabby ALLARD	FR	#2 Ripon {3}	18:28.43	4/6
9		Edythmae FRODL	JR	#5 Lawrence {2}	18:38.93	4/19
10		Lettia HODA	FR	#9 Lake Forest	18:46.96	4/6

Women's 10,000 Meters

1	34	Mikayla FLYTE	SR	#2 Ripon	36:15.03	4/20
2	87	Keely MIYAMOTO	SO	#1 Grinnell	37:54.09	4/20
3		Althea FOSTER	JR	#5 Lawrence	40:18.24	4/25
4		Rain ORSI	JR	#5 Lawrence {2}	40:47.93	4/19
5		Natalie ANDERSON	JR	#5 Lawrence {3}	41:15.53	4/19
6		Sophia FORD	JR	#1 Grinnell {2}	42:11.05	4/20
7		Jasmine MOLDENHAUER	JR	#5 Lawrence {4}	42:37.15	4/25
8		Eliza WUNDERLICH	SO	#5 Lawrence {5}	45:03.39	4/19

Women's 4x100 Relay

1	33	Mattie Brown, Madyson Salisbury, Haley Garrett, Deja Anderson	#3 Illinois College	48.08	4/27
2	89	Darcel Royster, Alayna Furch, Hannah Welte, Candis Damste	#7 Beloit	49.43	4/13
3		Jessie Goodman, Ava Taylor, Maile Crowe, Eva Carchidi	#1 Grinnell	49.97	3/23
4		#Type!	#6 Cornell College	50.01	4/13
5		Maddie Rusk, Makaiha Moore-Bell, Miranda Hursey, Tayler Raska	#4 Monmouth (Ill.)	50.39	4/6
6		Sidney Hoffa, Bridget Finn, Madylyn Woyak, Heleyna Weiss	#2 Ripon	51.05	4/12
7		Emily Jacobs, Cambria Medina, Peyton Balfour, Abbie Layne	#8 Knox	52.67	4/25
8		Ashlee Long, Gaby Skorczewski, Irene Yank, Morgan Cross	#5 Lawrence	53.29	4/6
9		AJ Jones, Sarah McField, Melissa Gomez, Annie Pulaski	#9 Lake Forest	53.67	4/20

Women's 4x400 Relay

1	91	Sophia Miller, Candis Damste, Jaeonie Echols, Alayna Furch	#7 Beloit	4:06.81	4/13
2		Millie Leonard, Caitlin Ong, Maile Crowe, Eva Carchidi	#1 Grinnell	4:11.38	4/20
3		Ella Fajardo-Wilde, Faith Onukaogu, Laura Henze, Gaby Skorczewski	#5 Lawrence	4:12.24	4/13
4		#Type!	#6 Cornell College	4:13.75	4/6
5		Apiphany Patterson, Madeline Benson, Aleese Trimmingham, Brooke Oakley	#3 Illinois College	4:15.38	4/13
6		Jenny Cortes, Heleyna Weiss, Minnie Hoffman, Isabelle Willett	#2 Ripon	4:20.98	4/6
7		Maddie Rusk, Makaiha Moore-Bell, Lindsay Eaton, Nicole Hoyer	#4 Monmouth (Ill.)	4:21.25c (4:24.71)	4/25
8		One Kenosi, Becca Ray, Jacquelyn Han, Annie Pulaski	#9 Lake Forest	4:28.17	4/25
9		Isabella Shubert, Cecilia Goodin, Francis Hilliard, Eileen Sheetz	#8 Knox	4:38.10c (4:41.79)	4/25

Women's High Jump

1	3	Hailey CAROLAN	SO	#6 Cornell College	1.70m	5-7	4/6
2	62	Bridget FINN	JR	#2 Ripon	1.60m	5-3	4/20
3	95	Natalie MCALLISTER	SR	#6 Cornell College {2}	1.58m	5-2¼	4/6
4		Chloe STUDINSKI	FR	#2 Ripon {2}	1.55m	5-1	4/25
5		Liz KALK	JR	#7 Beloit	1.53m	5-¼	4/13
6		Megan SHAFAR	SO	#8 Knox	1.48m	4-10¼	4/6
7		Lauren ANDERSON	JR	#4 Monmouth (Ill.)	1.45m	4-9	3/28
8		Madyson SALISBURY	FR	#3 Illinois College	1.40m	4-7	4/6
8		Naomi MURPHY	FR	#7 Beloit {2}	1.40m	4-7	4/27
10		Nicole ARNHOLD	SO	#2 Ripon {3}	1.37m	4-6	4/12

Women's Pole Vault

1		Miranda HURSEY	SO	#4 Monmouth (Ill.)	3.29m	10-9½	4/20
2		Madeline BENSON	JR	#3 Illinois College	3.28m	10-9	4/19
3		Naomee CASEY	JR	#7 Beloit	3.21m	10-6¼	4/27
4		Paige NOWAK	SR	#3 Illinois College {2}	3.14m	10-3½	4/6
5		Megan DAILEY	JR	#4 Monmouth (Ill.) {2}	3.11m	10-2½	4/25
6		Delaney REXROAT	JR	#4 Monmouth (Ill.) {3}	2.96m	9-8½	4/25
7		Carson BEYERS	SR	#3 Illinois College {3}	2.71m	8-10¾	4/13
8		Haley CARLIN	FR	#7 Beloit {2}	2.61m	8-6¾	4/6
9		Sidney BROWN	SR	#6 Cornell College	2.45m	8-½	4/13
10		Caitlin ONG	SO	#1 Grinnell	2.33m	7-7¾	4/20



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Women's Long Jump

1	41	Deja ANDERSON	FR	#3	Illinois College	5.55m	18-2½ (0.0)	3/29
2		Cambria MEDINA	FR	#8	Knox	5.32m	17-5¼ (0.3)	4/25
3		Natalie MCALLISTER	SR	#6	Cornell College	5.31m	17-5¼ (-2.9)	4/6
4		Sidney HOFFA	FR	#2	Ripon	5.28m	17-4 (0.0)	4/25
5		Maddie RUSK	SO	#4	Monmouth (Ill.)	5.23mw	17-2 (3.7)	4/20
6		Hannah WELTE	SR	#7	Beloit	5.19mw	17-½ (2.2)	4/27
7		Peyton BALFOUR	JR	#8	Knox	{2} 5.17m	16-11½ (1.4)	4/13
8		Lacie SCHULTZ	FR	#3	Illinois College	{2} 5.06m	16-7¼ (1.0)	4/25
9		Emma CROFTON	FR	#4	Monmouth (Ill.)	{2} 5.03m	16-6 (0.0)	4/25
10		Fynesse JONES	SO	#3	Illinois College	{3} 5.01m	16-5¼ (0.2)	3/23

Women's Triple Jump

1		Abbie LAYNE	SO	#8	Knox	11.05m	36-3 (1.6)	4/13
2		Maddie RUSK	SO	#4	Monmouth (Ill.)	10.45m	34-3½ (1.2)	4/6
3		Peyton BALFOUR	JR	#8	Knox	{2} 10.40m	34-1½ (0.1)	4/13
4		Delaney REXROAT	JR	#4	Monmouth (Ill.)	{2} 10.31m	33-10 (1.0)	4/25
5		Millie LEONARD	FR	#1	Grinnell	10.20m	33-5¾ (1.2)	4/6
6		Emma CROFTON	FR	#4	Monmouth (Ill.)	{3} 10.13m	33-3 (0.0)	4/25
7		Haley GARRETT	FR	#3	Illinois College	9.96m	32-8¼ (1.3)	4/13
8		Ashlee LONG	FR	#5	Lawrence	9.95m	32-7¾ (0.7)	4/25
9		Anna VANDEN ACKER	SO	#5	Lawrence	{2} 9.94m	32-7½ (1.1)	4/25
10		Nicole ARNHOLD	SO	#2	Ripon	9.90m	32-5¾ (0.3)	4/25

Women's Shot Put

1	18	Maddie BOLEY	JR	#4	Monmouth (Ill.)	13.49m	44-3¼	4/25
2	29	Kayla BRAUN	SO	#4	Monmouth (Ill.)	{2} 13.21m	43-4¼	4/20
3	87	Kalyn OTZELBERGER	SR	#2	Ripon	12.36m	40-6¾	4/6
4		Kylie GALOWITZ	SO	#1	Grinnell	11.68m	38-4	4/20
5		Sara BOOHER	JR	#1	Grinnell	{2} 11.65m	38-2¾	4/20
6		Gracie GIBBONS	JR	#4	Monmouth (Ill.)	{3} 11.16m	36-7½	4/25
6		Natalie MCALLISTER	SR	#6	Cornell College	11.16m	36-7½	4/20
6		Sydney KUPER	SR	#3	Illinois College	11.16m	36-7½	4/25
9		Bri OSTERSON	JR	#6	Cornell College	{2} 11.07m	36-4	4/20
10		Jillian TOTH	SO	#4	Monmouth (Ill.)	{4} 11.03m	36-2¼	4/25

Women's Discus

1	20	Maddie BOLEY	JR	#4	Monmouth (Ill.)	43.91m	144-1	4/25
2	48	Kayla BRAUN	SO	#4	Monmouth (Ill.)	{2} 41.74m	137-0	4/20
3	78	Kalyn OTZELBERGER	SR	#2	Ripon	40.24m	132-0	4/19
4	99	Sydney KUPER	SR	#3	Illinois College	39.40m	129-3	4/25
5		Aiyana ROCKWELL	JR	#1	Grinnell	38.04m	124-10	3/30
6		Aparna GAJULAPALLI	JR	#5	Lawrence	35.90m	117-10	4/19
7		Hadja BAYO	JR	#7	Beloit	35.78m	117-5	4/13
8		Grace FOX	JR	#5	Lawrence	{2} 35.71m	117-2	4/25
9		Nalwanga NSUBUGA	FR	#8	Knox	34.42m	112-11	4/25
10		Kylie GALOWITZ	SO	#1	Grinnell	{2} 33.20m	108-11	4/20

Women's Hammer

1	35	Maddie BOLEY	JR	#4	Monmouth (Ill.)	50.40m	165-4	4/20
2	67	Sydney KUPER	SR	#3	Illinois College	47.57m	156-1	4/13
3	97	Jillian TOTH	SO	#4	Monmouth (Ill.)	{2} 46.28m	151-10	4/13
4		Gracie GIBBONS	JR	#4	Monmouth (Ill.)	{3} 43.85m	143-11	3/28
5		Kayla BRAUN	SO	#4	Monmouth (Ill.)	{4} 42.63m	139-11	4/25
6		Kalyn OTZELBERGER	SR	#2	Ripon	42.34m	138-11	4/6
7		Alayna EARLE	FR	#4	Monmouth (Ill.)	{5} 41.07m	134-9	4/13
8		Kylie GALOWITZ	SO	#1	Grinnell	40.85m	134-0	4/26
9		Maddy STROVERS	SO	#1	Grinnell	{2} 39.68m	130-2	4/20
10		Brynn HOGAN	SO	#4	Monmouth (Ill.)	{6} 39.39m	129-3	4/25

Women's Javelin

1	62	Juniper SCHWARTZMAN	FR	#1	Grinnell	37.88m	124-4	4/20
2	66	Bri OSTERSON	JR	#6	Cornell College	37.66m	123-7	4/13
3		Bridget FINN	JR	#2	Ripon	35.07m	115-1	4/6
4		Grace FOX	JR	#5	Lawrence	34.70m	113-10	4/25
5		Natalie MCALLISTER	SR	#6	Cornell College	{2} 34.34m	112-8	4/13
5		Sam KOBYSLSKI	FR	#2	Ripon	{2} 34.34m	112-8	4/6
7		Wiktorina KOWAL	FR	#1	Grinnell	{2} 32.63m	107-1	4/6
8		Keyleigh THOMAS	SO	#3	Illinois College	31.75m	104-2	3/29
9		Carson BEYERS	SR	#3	Illinois College	{2} 31.32m	102-9	4/25
10		Gracie GIBBONS	JR	#4	Monmouth (Ill.)	30.76m	100-11	4/25

Women's Heptathlon

1	9	Natalie MCALLISTER	SR	#6	Cornell College	4,619	4/20
2	33	Bridget FINN	JR	#2	Ripon	4,231	4/20
3	43	Hailey CAROLAN	SO	#6	Cornell College	{2} 4,075	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



NAC

as of 4/30/2024 1:55:47 PM ET

Women's 100 Meters

1	Emma BURR	FR	#1 Thomas (Maine)	12.73	(0.7)	3/1
2	Kadie-Ann WHYTE	SR	#4 SUNY Delhi	12.80	(0.2)	4/14
3	Julia AIELLO	FR	#5 SUNY Cobleskill	12.86	(-0.7)	4/14
4	Kimberly DEAN	JR	#4 SUNY Delhi {2}	13.00	(1.5)	4/20
5	Carrie BURR	SR	#3 UMaine Farming	13.25w	(2.6)	4/6
6	Erica JOHNSON	SO	#3 UMaine Farming {2}	13.28w	(3.2)	4/6
7	Lilah WARD	SR	#5 SUNY Cobleskill {2}	13.32	(1.5)	4/20
8	Lexy SHANNON	SO	#1 Thomas (Maine) {2}	13.38w	(2.6)	3/1
9	Cara PERRY	SR	#3 UMaine Farming {3}	13.40w	(2.6)	4/6
10	Meg CRUZ	FR	#4 SUNY Delhi {3}	13.53	(0.9)	3/30

Women's 100 Meter Hurdles

1	80 Emma BURR	FR	#1 Thomas (Maine)	15.16	(0.6)	4/20
2	Lilly SWYERS	SO	#5 SUNY Cobleskill	16.26w	(2.5)	4/20
3	Erica JOHNSON	SO	#3 UMaine Farming	16.65w	(3.5)	4/6
4	Carrie BURR	SR	#3 UMaine Farming {2}	17.08	(-1.1)	4/13
5	Angelina COTONI	SO	#2 Husson	17.30	(-0.2)	3/9
6	Bethanie BECKER	FR	#5 SUNY Cobleskill {2}	17.52	(2.0)	3/30
7	Melinda REID	FR	#4 SUNY Delhi	17.60w	(2.7)	4/6
8	Niamiah PERRY	SO	#2 Husson {2}	17.87	(-0.2)	3/9
9	Hayleigh GIRARD	JR	#5 SUNY Cobleskill {3}	17.94w	(2.6)	3/30
10	Alyssa COLE	SO	#4 SUNY Delhi {2}	18.23w	(2.5)	4/20

Women's 200 Meters

1	Zoe RODI	SO	#4 SUNY Delhi	26.15	(0.7)	4/14
2	Kadie-Ann WHYTE	SR	#4 SUNY Delhi {2}	26.73	(0.5)	4/14
3	Julia AIELLO	FR	#5 SUNY Cobleskill	26.80w	(2.2)	3/30
4	Kimberly DEAN	JR	#4 SUNY Delhi {3}	27.69w	(2.6)	4/6
5	Meg CRUZ	FR	#4 SUNY Delhi {4}	27.71w	(2.8)	3/30
6	Lilah WARD	SR	#5 SUNY Cobleskill {2}	28.30w	(2.8)	4/6
7	Hailey VONAHN	JR	#6 Lesley	28.35	(0.5)	4/13
8	Kennedy TODD	SO	#3 UMaine Farming	28.37w	(2.4)	4/6
9	Cara PERRY	SR	#3 UMaine Farming {2}	28.72	(-2.3)	3/30
10	Erica JOHNSON	SO	#3 UMaine Farming {3}	28.78	(1.6)	4/13

Women's 400 Meters

1	Zoe RODI	SO	#4 SUNY Delhi	58.75		4/14
2	Julia AIELLO	FR	#5 SUNY Cobleskill	1:00.67		4/20
3	Miranda DUNTON	JR	#2 Husson	1:03.33		3/9
4	Hailey VONAHN	JR	#6 Lesley	1:04.31		4/13
5	Mackenzie EMERSON	FR	#2 Husson {2}	1:04.41		4/13
6	Carrie BURR	SR	#3 UMaine Farming	1:05.11		3/30
7	Kali WOOSTER	SO	#7 Northern Vermo	1:06.39		3/30
8	Meg CRUZ	FR	#4 SUNY Delhi {2}	1:07.38		4/6
9	Cara PERRY	SR	#3 UMaine Farming {2}	1:09.32		3/30
10	Maddy REDDING	JR	#1 Thomas (Maine)	1:10.10		3/8

Women's 400 Meter Hurdles

1	Emma BURR	FR	#1 Thomas (Maine)	1:09.12		3/8
2	Miranda DUNTON	JR	#2 Husson	1:11.70		4/13
3	Carrie BURR	SR	#3 UMaine Farming	1:12.08		4/13
4	Nina GREGORY	SO	#2 Husson {2}	1:19.50		3/9
5	Angelina COTONI	SO	#2 Husson {3}	1:20.07		3/9
6	Joy EVANS	JR	#3 UMaine Farming {2}	1:20.70		4/20
7	Anna MACDONALD	JR	#3 UMaine Farming {3}	1:21.24		4/13
8	Alexis FREEMAN	SO	#2 Husson {4}	1:22.57		4/20
9	Maria PROTHEROE	SO	#1 Thomas (Maine) {2}	1:23.71		4/20
10	Cara PERRY	SR	#3 UMaine Farming {4}	1:27.00		4/20

Women's 800 Meters

1	Miranda DUNTON	JR	#2 Husson	2:26.96		4/20
2	Mackenzie EMERSON	FR	#2 Husson {2}	2:28.46		4/20
3	Mary BRYANT	FR	#4 SUNY Delhi	2:31.17		3/30
4	Joy EVANS	JR	#3 UMaine Farming	2:33.76		4/13
5	Evie EASTMAN	FR	#4 SUNY Delhi {2}	2:35.13		4/20
6	Alyssa FREEGUARD	SO	#5 SUNY Cobleskill	2:35.47		4/20
7	Ava DOWLING	JR	#2 Husson {3}	2:35.63		4/20
8	Julia RENY	JR	#1 Thomas (Maine)	2:35.67		3/1
9	Lilianna PETERS	FR	#5 SUNY Cobleskill {2}	2:41.42		4/20
10	Maria PROTHEROE	SO	#1 Thomas (Maine) {2}	2:43.94		4/13

Women's 1500 Meters

1	Miranda DUNTON	JR	#2 Husson	5:00.88		4/20
2	Lilianna PETERS	FR	#5 SUNY Cobleskill	5:14.06		3/30
3	Joy EVANS	JR	#3 UMaine Farming	5:15.02		3/30
4	Hannah NANGLE	JR	#6 Lesley	5:17.08		4/20
5	Evie EASTMAN	FR	#4 SUNY Delhi	5:23.36		4/20
6	Ava DOWLING	JR	#2 Husson {2}	5:25.54		3/2
7	Julia RENY	JR	#1 Thomas (Maine)	5:25.73		4/20
8	Mackenzie EMERSON	FR	#2 Husson {3}	5:28.08		4/6
9	Savaughn KUNGXAT-FACENDA	FR	#1 Thomas (Maine) {2}	5:28.68		4/20
10	Grace BEDORE	SO	#2 Husson {4}	5:31.95		3/2

Women's Steeplechase

1	Lilianna PETERS	FR	#5 SUNY Cobleskill	11:52.85		4/6
2	Ava DOWLING	JR	#2 Husson	12:09.01		4/13
3	Grace BEDORE	SO	#2 Husson {2}	12:28.35		3/9
4	Anna MACDONALD	JR	#3 UMaine Farming	13:08.57		4/13
5	Hannah NANGLE	JR	#6 Lesley	13:35.73		4/13
6	Rebekah IRELAND	SO	#1 Thomas (Maine)	13:47.48		4/13
7	Eve POTEET	SO	#3 UMaine Farming {2}	13:58.75		4/20
8	Abby MACDONALD	FR	#3 UMaine Farming {3}	15:00.01		4/20



Conference TFRI Event Summary



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Women's 5000 Meters

1	Lilianna PETERS	FR	#5	SUNY Cobleskill	19:13.01	4/20
2	Miranda DUNTON	JR	#2	Husson	19:38.00	3/9
3	Ava DOWLING	JR	#2	Husson {2}	20:03.44	3/9
4	Maria PROTHEROE	SO	#1	Thomas (Maine)	20:24.94	4/13
5	Alyssa FREEGUARD	SO	#5	SUNY Cobleskill {2}	20:41.21	4/6
6	Savaughn KUNGXAT-FACENDA	FR	#1	Thomas (Maine) {2}	20:49.12	4/13
7	Marissa LOMBARDI	SR	#4	SUNY Delhi	21:03.09	3/30
8	Anna MACDONALD	JR	#3	UMaine Farming	21:09.41	4/6
9	Eve POTEET	SO	#3	UMaine Farming {2}	21:31.67	4/13
10	Amanda WINSLOW	JR	#1	Thomas (Maine) {3}	22:31.46	3/8

Women's 10,000 Meters

1	Joy EVANS	JR	#3	UMaine Farming	42:53.39	4/6
2	Marissa LOMBARDI	SR	#4	SUNY Delhi	43:09.50	4/6
3	Anna MACDONALD	JR	#3	UMaine Farming {2}	45:51.10	4/20
4	Eve POTEET	SO	#3	UMaine Farming {3}	45:57.98	4/6
5	Abby MACDONALD	FR	#3	UMaine Farming {4}	48:31.27	4/13
6	Amanda WINSLOW	JR	#1	Thomas (Maine)	50:46.07	4/13
7	Sarah CHAPIN	SR	#3	UMaine Farming {5}	51:20.67	4/13

Women's 4x100 Relay

1	Kimberly Dean, Zoe Rodi, Meg Cruz, Kadie-Ann Whyte	#4	SUNY Delhi	50.10	4/20
2	Carrie Burr, Erica Johnson, Cara Perry, Kennedy Todd	#3	UMaine Farming	51.79	3/30
3	Maddy Redding, Lexy Shannon, Emma Burr, Julia Reny	#1	Thomas (Maine)	51.89	3/8
4	Hayleigh Girard, Bethanie Becker, Lilah Ward, Julia Aiello	#5	SUNY Cobleskill	52.02	4/20
5	Sacha Porter, Hailey VonAhn, Raffaella Vogt, Lauren Rudolph	#6	Lesley	55.79	4/13

Women's 4x400 Relay

1	Julia Reny, Maria Protheroe, Maddy Redding, Emma Burr	#1	Thomas (Maine)	4:28.91	4/20
2	Grace Bedore, Miranda Dunton, Ava Dowling, Mackenzie Emerson	#2	Husson	4:38.65	4/6
3	Hailey VonAhn, Lauren Rudolph, Hannah Nangle, Bethany Slivka	#6	Lesley	4:52.42	3/30

Women's High Jump

1	Lilah WARD	SR	#5	SUNY Cobleskill	1.52m	4-11¾	4/6
2	Nina GREGORY	SO	#2	Husson	1.51m	4-11½	3/9
3	Melinda REID	FR	#4	SUNY Delhi	1.47m	4-9¾	4/6
3	Bethanie BECKER	FR	#5	SUNY Cobleskill {2}	1.47m	4-9¾	4/6
5	Carrie BURR	SR	#3	UMaine Farming	1.42m	4-7¾	3/30
6	Hayleigh GIRARD	JR	#5	SUNY Cobleskill {3}	1.37m	4-6	4/6
7	Alyssa COLE	SO	#4	SUNY Delhi {2}	1.25m	4-1¼	4/13

Women's Pole Vault

1	Alexis FREEMAN	SO	#2	Husson	2.60m	8-6¼	4/13
2	Erica JOHNSON	SO	#3	UMaine Farming	2.15m	7-½	4/13
3	Emma BURR	FR	#1	Thomas (Maine)	1.85m	6-¾	4/13
3	Joy EVANS	JR	#3	UMaine Farming {2}	1.85m	6-¾	4/13

Women's Long Jump

1	Emma BURR	FR	#1	Thomas (Maine)	5.13m	16-10 (0.0)	3/1
2	Kimberly DEAN	JR	#4	SUNY Delhi	5.00mw	16-5 (4.0)	4/6
3	Lilah WARD	SR	#5	SUNY Cobleskill	4.95m	16-3 (1.3)	4/20
4	Lexy SHANNON	SO	#1	Thomas (Maine) {2}	4.94m	16-2½ (-2.0)	3/1
5	Lilly SWYERS	SO	#5	SUNY Cobleskill {2}	4.89m	16-½ (1.4)	4/20
6	Bethanie BECKER	FR	#5	SUNY Cobleskill {3}	4.74m	15-6¾ (0.0)	4/20
7	Quinn YOUNG	JR	#2	Husson	4.41mw	14-5¾ (2.4)	4/6
8	Angelina COTONI	SO	#2	Husson {2}	4.26m	13-11¾ (0.0)	3/9
9	Tori WATKINS	SO	#1	Thomas (Maine) {3}	4.21m	13-9¾ (-0.9)	4/20
10	Nina GREGORY	SO	#2	Husson {3}	4.16m	13-7¾ (1.6)	3/2

Women's Triple Jump

1	Lilly SWYERS	SO	#5	SUNY Cobleskill	10.36m	34-0 (0.0)	4/20
2	Quinn YOUNG	JR	#2	Husson	9.54mw	31-3¾ (3.4)	4/6
3	Nina GREGORY	SO	#2	Husson {2}	8.53m	28-0 (1.0)	3/9

Women's Shot Put

1	Mary DISANTO	SR	#1	Thomas (Maine)	11.13m	36-6¼	4/13
2	Kitty MESSINA	SR	#4	SUNY Delhi	10.58m	34-8½	4/6
3	Chelsey COTE	SO	#1	Thomas (Maine) {2}	10.44m	34-3	4/13
4	Mercedes DURDEN	SR	#7	Northern Vermo	10.08m	33-1	3/30
5	Emma BURR	FR	#1	Thomas (Maine) {3}	9.68m	31-9¼	4/20
6	Liz BOWMAN	SO	#1	Thomas (Maine) {4}	9.47m	31-1	3/8
7	Aaralyn SCROGGINS	JR	#2	Husson	9.41m	30-10½	4/6
8	Katelynn REYNOLDS	SO	#2	Husson {2}	9.25m	30-4¼	4/13
9	Katharine ELLIOTT	FR	#1	Thomas (Maine) {5}	9.09m	29-10	3/8
10	Kaitlyn HARMON-BOLDING	JR	#3	UMaine Farming	8.94m	29-4	3/30



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Women's Discus

1	Mary DISANTO	SR	#1 Thomas (Maine)	39.15m	128-6	4/13
2	Mercedes DURDEN	SR	#7 Northern Vermo	33.10m	108-7	4/20
3	Kaitlyn HARMON-BOLDING	JR	#3 UMaine Farming	31.62m	103-9	4/20
4	Dory GOOSELIN	SO	#5 SUNY Cobleskill	31.61m	103-9	4/20
5	Chelsey COTE	SO	#1 Thomas (Maine) {2}	31.01m	101-9	4/20
6	Megan FLETCHER	SO	#2 Husson	29.01m	95-2¼	4/20
7	Kitty MESSINA	SR	#4 SUNY Delhi	28.44m	93-3¾	3/30
8	Aaralyn SCROGGINS	JR	#2 Husson	{2} 27.76m	91-1	4/6
9	Katelynn REYNOLDS	SO	#2 Husson	{3} 27.30m	89-6¾	4/20
10	Alyssa COLE	SO	#4 SUNY Delhi	{2} 26.97m	88-6	4/20

Women's Hammer

1	Kitty MESSINA	SR	#4 SUNY Delhi	43.62m	143-2	4/13
2	Emily HARGREAVES	SR	#3 UMaine Farming	38.46m	126-2	4/6
3	Megan FLETCHER	SO	#2 Husson	36.87m	121-0	4/20
4	Katharine ELLIOTT	FR	#1 Thomas (Maine)	36.36m	119-4	4/20
5	Ilana LYBARGER	SR	#3 UMaine Farming {2}	35.35m	116-0	4/13
6	Bailee MALLET	SR	#1 Thomas (Maine) {2}	34.53m	113-4	4/20
7	Aaralyn SCROGGINS	JR	#2 Husson	{2} 33.65m	110-5	3/9
8	Kaitlyn HARMON-BOLDING	JR	#3 UMaine Farming {3}	32.90m	107-11	4/13
9	Katelynn REYNOLDS	SO	#2 Husson	{3} 31.94m	104-10	4/20
10	Liz BOWMAN	SO	#1 Thomas (Maine) {3}	29.34m	96-3¼	4/13

Women's Javelin

1	Julia RENY	JR	#1 Thomas (Maine)	35.50m	116-6	3/8
2	Abbie CONLOGUE	FR	#2 Husson	34.85m	114-4	4/6
3	Kitty MESSINA	SR	#4 SUNY Delhi	32.29m	105-11	4/20
4	Emma BURR	FR	#1 Thomas (Maine) {2}	31.28m	102-8	4/13
5	Alyssa COLE	SO	#4 SUNY Delhi	{2} 27.49m	90-2¼	3/30
6	Megan FLETCHER	SO	#2 Husson	{2} 25.28m	82-11¼	3/9
7	Tori WATKINS	SO	#1 Thomas (Maine) {3}	24.08m	79-0	4/13
8	Hannah MILLIKEN	FR	#3 UMaine Farming	23.94m	78-6½	3/30
9	Madisyn PETRUCCI	SO	#8 UMaine Presque	23.44m	76-11	3/30
10	Marissa HAVEY	SR	#8 UMaine Presque {2}	22.82m	74-10½	3/30



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Women's 100 Meters

1	31	Lauren BLIEFERNICHT	JR	#2 Aurora	12.11	(1.8)	4/20
2	88	Jenna ZAHORIK	SR	#3 Concordia Wisco	12.33w	(3.3)	4/27
3		Nicole MAKOPE	JR	#1 St. Norbert	12.46	(0.1)	4/6
4		Sabrina MOORE	JR	#3 Concordia Wisco{2}	12.52w	(3.3)	4/27
5		Katie SMITH	FR	#1 St. Norbert	{2} 12.85	(0.1)	4/6
6		Janae JENSEN	SR	#7 Wisconsin Luthe	12.88w	(2.8)	3/30
7		Ellie STAEHLING	JR	#1 St. Norbert	{3} 13.06	(1.7)	4/27
8		Michelle WATSON	JR	#9 Benedictine (Ill.)	13.07	(0.0)	4/25
9		Zoe TURNER	SO	#8 Illinois Tech	13.09	(1.3)	3/29
10		Gillian MCDANIEL	SO	#4 MSOE	13.12w	(3.2)	4/5

Women's 100 Meter Hurdles

1	62	Eve SHELTON	JR	#5 Concordia Chica	14.97w	(3.6)	4/20
2	80	Skylar GIBBS	JR	#2 Aurora	15.16w	(2.7)	4/27
3	82	Maya HIELSCHER	JR	#3 Concordia Wisco	15.17w	(3.3)	4/13
4		Mary DIETZ	SO	#2 Aurora	{2} 15.49	(1.5)	4/13
5		Gretchen SCHWARZ	FR	#1 St. Norbert	15.77w	(3.3)	4/13
6		Jerzey ALLEN	JR	#5 Concordia Chica{2}	15.83	(0.1)	4/25
7		Larissa HUFFMAN	FR	#1 St. Norbert	{2} 15.91	(0.9)	3/15
8		Eden MARANELL	FR	#1 St. Norbert	{3} 16.04	(0.4)	4/6
9		Michelle WATSON	JR	#9 Benedictine (Ill.)	16.09	(0.1)	4/25
10		Lauren BORCHARDT	JR	#1 St. Norbert	{4} 16.12w	(3.3)	4/13

Women's 200 Meters

1	45	Lauren BLIEFERNICHT	JR	#2 Aurora	24.98w	(2.1)	4/20
2		Jenna ZAHORIK	SR	#3 Concordia Wisco	25.44w	(2.4)	4/27
3		Eden MARANELL	FR	#1 St. Norbert	26.21	(0.9)	3/28
4		Sabrina MOORE	JR	#3 Concordia Wisco{2}	26.25	(1.9)	4/27
5		Nicole MAKOPE	JR	#1 St. Norbert	{2} 26.35w	(2.4)	3/15
6		Skylar GIBBS	JR	#2 Aurora	{2} 26.42c	(26.83) (1.0)	4/20
7		Zoe TURNER	SO	#8 Illinois Tech	26.72	(1.6)	3/29
8		Aniyah ISOM	JR	#5 Concordia Chica	26.77	(-4.2)	4/13
9		Janae JENSEN	SR	#7 Wisconsin Luthe	26.79w	(3.4)	3/23
9		Katie SMITH	FR	#1 St. Norbert	{3} 26.79	(0.9)	4/6

Women's 400 Meters

1		Amelia MOSEMAN	SO	#8 Illinois Tech	58.71		4/13
2		Julie DUNKEL	SR	#1 St. Norbert	1:00.38		4/26
3		Madison ETHERIDGE	JR	#2 Aurora	1:00.89		4/13
4		Adryana BURTS	SR	#9 Benedictine (Ill.)	1:01.10		4/13
5		Zoe TURNER	SO	#8 Illinois Tech	{2} 1:01.13		4/6
6		Deyanneira COLON MALDONADO	JR	#2 Aurora	{2} 1:01.29		4/20
7		Emma ZIEPKE	SO	#10 Lakeland (Wis.)	1:01.92		4/25
8		Ari MACK	JR	#2 Aurora	{3} 1:01.93		4/13
9		Carolyn EVERS	SR	#6 Edgewood	1:02.16c	(1:02.98)	4/25
10		Ashlee MUELLER	SR	#7 Wisconsin Luthe	1:03.03		4/27

Women's 400 Meter Hurdles

1		Eve SHELTON	JR	#5 Concordia Chica	1:07.53		4/13
2		Eden MARANELL	FR	#1 St. Norbert	1:08.06		4/13
3		Skylar GIBBS	JR	#2 Aurora	1:09.66		3/23
4		MacKenzie BOLLIS	SR	#4 MSOE	1:10.14		4/12
5		Olivia EBEL	FR	#3 Concordia Wisco	1:10.79		4/27
6		Emma EILERTSON	FR	#3 Concordia Wisco{2}	1:11.30		4/13
7		Maddie HIPSHIRE	FR	#5 Concordia Chica{2}	1:12.28		4/20
8		Emily GUY	FR	#10 Lakeland (Wis.)	1:12.52		4/20
9		Larissa HUFFMAN	FR	#1 St. Norbert	{2} 1:13.53		4/13
10		Sam BARRETT	JR	#2 Aurora	{2} 1:14.83		4/6

Women's 800 Meters

1		Madison ETHERIDGE	JR	#2 Aurora	2:17.67		4/6
2		Deyanneira COLON MALDONADO	JR	#2 Aurora	{2} 2:18.48		4/20
3		Carolyn EVERS	SR	#6 Edgewood	2:22.31		4/6
4		Ashlee MUELLER	SR	#7 Wisconsin Luthe	2:23.07c	(2:24.72)	4/25
5		Kera RILEY	FR	#1 St. Norbert	2:23.86		4/19
6		Savannah VASQUEZ	FR	#2 Aurora	{3} 2:24.70		4/13
7		Danielle VAN GRINSVEN	SO	#3 Concordia Wisco	2:26.11		4/20
8		Olivia SHIP	JR	#1 St. Norbert	{2} 2:26.83		4/13
9		Olivia EBEL	FR	#3 Concordia Wisco{2}	2:27.34		4/20
10		Kendra TROXEL	FR	#1 St. Norbert	{3} 2:28.05		4/25

Women's 1500 Meters

1	11	Deyanneira COLON MALDONADO	JR	#2 Aurora	4:31.01		4/20
2	80	Kaitlyn RODMAN	SR	#4 MSOE	4:41.43		4/12
3		Ally VERBAUWHEDE	SR	#6 Edgewood	4:49.08		4/13
4		N'Dya FIELDS	SO	#2 Aurora	{2} 4:50.79		4/13
5		Madison ETHERIDGE	JR	#2 Aurora	{3} 4:50.96		4/20
6		Faith MERTZIG	SR	#1 St. Norbert	4:57.41		4/6
7		Savannah VASQUEZ	FR	#2 Aurora	{4} 4:58.18		4/6
8		Olivia SHIP	JR	#1 St. Norbert	{2} 4:58.50		4/6
9		Melanie ARVIS	SO	#3 Concordia Wisco	4:58.74		4/6
10		Anessa YIM	JR	#3 Concordia Wisco{2}	4:58.93		4/6

Women's Steeplechase

1	77	Abby LIESEN	JR	#2 Aurora	11:36.56		4/20
2		Emma AHRENS	FR	#3 Concordia Wisco	11:43.62		4/13
3		Anessa YIM	JR	#3 Concordia Wisco{2}	12:11.49		4/27
4		Ellee GRUNWALD	JR	#1 St. Norbert	12:29.03		4/25
5		Carsen GATZ	SR	#1 St. Norbert	{2} 12:31.24		4/13
6		Emma JASUTIS	FR	#2 Aurora	{2} 12:31.59		4/20
7		Ariel MARTINEZ	JR	#5 Concordia Chica	12:50.37		4/13
8		Sabryn BLEY	JR	#4 MSOE	13:02.58		4/5
9		Maya THOMPSON	FR	#6 Edgewood	13:32.41		4/13
10		Sylvia WALENTOWSKI	SO	#7 Wisconsin Luthe	14:07.58		4/20



Conference TFRI Event Summary



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Women's 5000 Meters

1	11	Deyanneira COLON MALDONADO	JR	#2	Aurora	16:34.97	4/13
2	44	Ally VERBAUWHEDE	SR	#6	Edgewood	17:12.07	4/13
3	75	Kaitlyn RODMAN	SR	#4	MSOE	17:31.49	4/20
4		Emma AHRENS	FR	#3	Concordia Wisco	18:00.64	4/20
5		Madison ETHERIDGE	JR	#2	Aurora	{2} 18:11.58	4/13
6		Anessa YIM	JR	#3	Concordia Wisco	{2} 18:14.46	4/20
7		Abby LIESEN	JR	#2	Aurora	{3} 18:45.05	4/13
8		Faith MERTZIG	SR	#1	St. Norbert	18:57.57	4/13
9		Chloe PIERSON	SR	#1	St. Norbert	{2} 18:59.76	4/13
10		N'Dya FIELDS	SO	#2	Aurora	{4} 19:05.40	4/13

Women's 10,000 Meters

1	9	Ally VERBAUWHEDE	SR	#6	Edgewood	35:09.84	3/29
2		Abby LIESEN	JR	#2	Aurora	39:21.11	3/29
3		Brenna CISLER	SR	#1	St. Norbert	39:48.61	3/28
4		Faith MERTZIG	SR	#1	St. Norbert	{2} 39:59.23	3/28
5		Holly BLEY	FR	#4	MSOE	41:20.88	4/20
6		Emily FETZER	JR	#2	Aurora	{2} 41:36.88	4/6
7		Mary Grace CLEINMARK	SR	#3	Concordia Wisco	42:32.69	4/20
8		Natalie FLORES	JR	#2	Aurora	{3} 43:43.63	4/6
9		Coriella SHEETZ	SR	#4	MSOE	{2} 44:25.00	4/20
10		Abby VAN RIXEL	JR	#3	Concordia Wisco	{2} 44:53.72	4/20

Women's 4x100 Relay

1	84	Ari Mack, Lauren Bliefernicht, Grace Beilfuss, Mary Dietz		#2	Aurora	49.36	4/20
2	90	Maya Hielscher, Jenna Zahorik, Emma Eilertson, Sabrina Moore		#3	Concordia Wisco	49.47	4/6
3		Ellie Staehling, Katie Smith, Gracie Wolfe, Nicole Makope		#1	St. Norbert	49.83	4/6
4		Jerzey Allen, Aniyah Isom, Eve Shelton, Daisia Wilson		#5	Concordia Chica	50.65	3/28
5		Jordan Lawson, Kayla Kerkman, Michaela Jones, Grace Korger-Mitchell		#6	Edgewood	51.60	4/6
6		Rachel Romens, Madelyn Vanderhoof, Elizabeth Eilertson, Janae Jensen		#7	Wisconsin Luthe	51.79	4/12
7		Brooke Ly, MacKenzie Bollis, Abigail Smith, Gillian McDaniel		#4	MSOE	51.80	4/12

Women's 4x400 Relay

1		Mika Fields, Lauren Bliefernicht, Ari Mack, Madison Etheridge		#2	Aurora	4:10.10	4/6
2		Eden Maranell, Julie Dunkel, Madi Crossman, Ally Zickert		#1	St. Norbert	4:16.61	4/6
3		Eve Shelton, Tegan Oas, Maddie Hipshire, Izzy Fairless		#5	Concordia Chica	4:19.95	4/13
4		Melanie Arvis, Mikayla Becker, Danielle Van Grinsven, Olivia Ebel		#3	Concordia Wisco	4:24.94	4/27
5		Ashlee Mueller, Madelyn Beyer, Natalie Punzel, Emily Herried		#7	Wisconsin Luthe	4:28.57	4/6
6		Emily Austin, Michaela Jones, Carolyn Evers, Kayla Kerkman		#6	Edgewood	4:36.63c (4:40.30)	4/25
7		MacKenzie Bollis, Megan Ruffing, Madeline Griffith, Kaitlyn Rodman		#4	MSOE	4:41.58	4/12

Women's High Jump

1	12	Olivia JAMESON	SO	#8	Illinois Tech	1.68m	5-6	4/25
2	62	Rachel ROMENS	JR	#7	Wisconsin Luthe	1.60m	5-3	4/6
3		Emma EILERTSON	FR	#3	Concordia Wisco	1.55m	5-1	4/27
4		Eden MARANELL	FR	#1	St. Norbert	1.54m	5-½	4/20
5		Annika MCKOWN	SO	#8	Illinois Tech	{2} 1.53m	5-¼	3/29
5		Maya HIELSCHER	JR	#3	Concordia Wisco	{2} 1.53m	5-¼	4/13
7		Alayna KOEHLER	JR	#2	Aurora	1.51m	4-11½	4/6
7		Larissa HUFFMAN	FR	#1	St. Norbert	{2} 1.51m	4-11½	4/20
9		Noor SAMMOUR	SO	#5	Concordia Chica	1.50m	4-11	4/13
10		Akira LEBRON	JR	#4	MSOE	1.49m	4-10½	4/20
10		Skylar GIBBS	JR	#2	Aurora	{2} 1.49m	4-10½	4/27

Women's Pole Vault

1	84	Carly GRIESEMER	SO	#3	Concordia Wisco	3.36m	11-¼	4/13
2		Lara DESHLER	SO	#1	St. Norbert	3.21m	10-6¼	4/6
3		Isabella GALINDO	SO	#1	St. Norbert	{2} 3.06m	10-½	4/6
4		Olivia MCMATH	FR	#8	Illinois Tech	2.85m	9-4¼	4/13
5		Lexa WITTMACK	FR	#1	St. Norbert	{3} 2.76m	9-½	4/25
5		Jaden PROPSON	FR	#1	St. Norbert	{3} 2.76m	9-½	3/28
7		Grace MENZIA	SR	#4	MSOE	2.75m	9-¼	3/28
8		Katheryn RUTHERFORD	FR	#2	Aurora	2.70m	8-10¼	4/13
8		Emma NICKERSON	FR	#5	Concordia Chica	2.70m	8-10¼	4/20
10		Ellison LILYQUIST	FR	#1	St. Norbert	{5} 2.61m	8-6¾	3/28



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



NACC

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Women's Long Jump

1	84	Maya HIELSCHER	JR	#3	Concordia Wisco	5.39mw	17-8¼ (2.8)	4/27
2		Grace KORGER-MITCHELL	JR	#6	Edgewood	5.34m	17-6¼ (0.0)	4/13
2		Nicole MAKOPE	JR	#1	St. Norbert	5.34mw	17-6¼ (2.1)	3/15
4		Marissa LORENZ	JR	#1	St. Norbert	{2} 5.33mw	17-6 (3.2)	4/27
5		Rachel ROMENS	JR	#7	Wisconsin Luthe	5.32m	17-5½ (0.9)	3/28
6		Sabrina MOORE	JR	#3	Concordia Wisco	{2} 5.21mw	17-1¼ (3.0)	4/6
7		Chloe BARTLETT	FR	#10	Lakeland (Wis.)	5.14mw	16-10½ (3.6)	4/27
8		Alli CLARK	FR	#1	St. Norbert	{3} 5.10mw	16-8¾ (3.2)	3/28
9		Aniyah ISOM	JR	#5	Concordia Chica	5.05m	16-7 (1.7)	4/6
10		Ellie STAEBLING	JR	#1	St. Norbert	{4} 5.02m	16-5¾ (1.8)	3/28

Women's Triple Jump

1	36	Eden MARANELL	FR	#1	St. Norbert	11.53m	37-10 (2.0)	3/15
2	83	Amereka MCPHERSON	SO	#1	St. Norbert	{2} 11.16m	36-7½ (1.4)	4/6
3		Rachel ROMENS	JR	#7	Wisconsin Luthe	10.97m	36-0 (1.1)	4/13
4		Marissa LORENZ	JR	#1	St. Norbert	{3} 10.96mw	35-11½ (2.5)	4/13
5		Faustyna KAPIESIUKE	SR	#2	Aurora	10.55m	34-7½ (0.0)	4/13
6		Alli CLARK	FR	#1	St. Norbert	{4} 10.48m	34-4¾ (1.2)	4/25
7		Kaitlyn KOTULA	SO	#3	Concordia Wisco	10.44mw	34-3 (2.4)	4/27
8		Gillian MCDANIEL	SO	#4	MSOE	10.42m	34-2¼ (0.6)	3/28
9		Akira LEBRON	JR	#4	MSOE	{2} 10.37m	34-¼ (1.3)	4/5
10		Emily GUY	FR	#10	Lakeland (Wis.)	10.24mw	33-7¼ (2.7)	4/27

Women's Shot Put

1	27	Jessa ALDERMAN	SO	#4	MSOE	13.23m	43-5	4/12
2	54	Peyton PANKA	SO	#1	St. Norbert	12.84m	42-1½	3/30
3	71	Josephine JACKLIN	SO	#4	MSOE	{2} 12.53m	41-1½	4/5
4	78	Heidi WILLIAMS	FR	#4	MSOE	{3} 12.44m	40-9¾	4/12
5	79	Silja ERICKSON	SR	#2	Aurora	12.43m	40-9½	3/23
6		Kylee DOHERTY	SO	#6	Edgewood	12.19m	40-0	4/20
7		Kayla MIOTK	FR	#6	Edgewood	{2} 12.15m	39-10½	4/25
8		Taylor THIRY	SO	#1	St. Norbert	{2} 12.13m	39-9¾	4/27
9		Kylie CRUM	SO	#4	MSOE	{4} 11.90m	39-½	4/20
10		Jordan MONROE	FR	#4	MSOE	{5} 11.61m	38-1¼	4/12

Women's Discus

1	12	Kylee DOHERTY	SO	#6	Edgewood	44.95m	147-6	3/28
2	28	Jessa ALDERMAN	SO	#4	MSOE	43.29m	142-1	4/20
3	81	Silja ERICKSON	SR	#2	Aurora	39.97m	131-2	3/29
4		Ava LARSON	JR	#4	MSOE	{2} 38.51m	126-4	4/5
5		Taylor THIRY	SO	#1	St. Norbert	38.50m	126-4	4/19
6		Josephine JACKLIN	SO	#4	MSOE	{3} 38.31m	125-8	4/20
7		Gabrielle HARDING	SR	#5	Concordia Chica	37.88m	124-4	4/20
8		Keilley RIDDLE	FR	#6	Edgewood	{2} 37.00m	121-5	3/28
9		Jolie FOREMAN	SO	#1	St. Norbert	{2} 36.87m	121-0	4/27
10		Heidi WILLIAMS	FR	#4	MSOE	{4} 36.84m	120-11	4/5

Women's Hammer

1	61	Gabrielle HARDING	SR	#5	Concordia Chica	48.00m	157-6	4/13
2	79	Kylie CRUM	SO	#4	MSOE	47.02m	154-3	4/12
3		Ava LARSON	JR	#4	MSOE	{2} 44.36m	145-7	4/20
4		Gloria TYLER	JR	#1	St. Norbert	44.16m	144-11	4/6
5		Jessa ALDERMAN	SO	#4	MSOE	{3} 42.96m	141-0	3/28
6		Jordan MONROE	FR	#4	MSOE	{4} 42.21m	138-6	4/20
7		Peyton PANKA	SO	#1	St. Norbert	{2} 42.01m	137-10	4/13
8		Josephine JACKLIN	SO	#4	MSOE	{5} 41.81m	137-2	4/20
9		Leah SCHMIDT	SO	#7	Wisconsin Luthe	40.39m	132-6	4/12
10		Kayla STARNES	JR	#1	St. Norbert	{3} 39.93m	131-0	4/13

Women's Javelin

1	15	Peyton PANKA	SO	#1	St. Norbert	41.01m	134-7	4/13
2	51	Maya HIELSCHER	JR	#3	Concordia Wisco	38.56m	126-6	3/28
3	94	Kylee DOHERTY	SO	#6	Edgewood	36.57m	120-0	3/28
4		Alex PEIFER	FR	#8	Illinois Tech	34.52m	113-3	3/29
5		Akira LEBRON	JR	#4	MSOE	34.33m	112-8	4/5
5		Ashlyn NAKASHIMA	JR	#2	Aurora	34.33m	112-8	3/29
7		Olivia MCMATH	FR	#8	Illinois Tech	{2} 33.19m	108-11	4/25
8		Tegan OAS	JR	#5	Concordia Chica	31.77m	104-3	4/13
9		Jamie MAAS	SO	#3	Concordia Wisco	{2} 31.68m	103-11	4/13
10		Jenna FABIAN	SO	#4	MSOE	{2} 29.61m	97-1¾	4/5

Women's Heptathlon

1	35	Eden MARANELL	FR	#1	St. Norbert	4,183		4/20
2	71	Skylar GIBBS	JR	#2	Aurora	3,562		4/27
3	88	Larissa HUFFMAN	FR	#1	St. Norbert	{2} 3,438		4/20
4		Morgan BOZE	JR	#4	MSOE	2,582		4/20
5		Elizabeth VAN RIXEL	SO	#3	Concordia Wisco	2,259		4/20
6		Kaitlynn SABISH	SR	#3	Concordia Wisco	{2} 1,357		4/20



Conference TFRI Event Summary



NCAC

as of 4/30/2024 1:55:48 PM ET

Women's 100 Meters

1	67	Meghan FRAZIER	JR	#2 Wittenberg	12.25w	(3.0)	4/13
2		Anaya JOLIVETTE	JR	#5 Denison	12.43	(-1.4)	4/13
3		Haleigh WILLISON	JR	#2 Wittenberg	{2} 12.46w	(2.1)	3/30
4		Shelby STALL	FR	#1 DePauw	12.55	(0.9)	4/27
5		Ryley STEGGALL	SO	#6 Oberlin	12.63	(2.0)	4/6
6		Zora SHAKHAN	JR	#2 Wittenberg	{3} 12.69w	(2.1)	3/30
7		Drew PATTERSON	SR	#4 Wooster	12.77	(2.0)	4/6
8		Lindsey MAGOTEAUX	JR	#2 Wittenberg	{4} 12.87w	(3.4)	3/30
9		Elizabeth RABORN	FR	#1 DePauw	{2} 12.91w	(2.4)	4/13
10		Jenna DELP	FR	#2 Wittenberg	{5} 12.96	(0.9)	4/20

Women's 100 Meter Hurdles

1	8	Daysia HARGRAVE	JR	#4 Wooster	14.11	(-0.2)	4/20
2	43	Katie MOORE	JR	#1 DePauw	14.83w	(2.4)	3/16
3		Liberty SCOTT	FR	#1 DePauw	{2} 15.31	(1.4)	4/27
4		Trezure BATES	FR	#8 Hiram	15.54	(1.7)	4/20
5		Reese NEUMEYER	JR	#2 Wittenberg	15.68	(1.9)	4/19
6		Sydney BROWN	SO	#5 Denison	15.86	(0.4)	4/28
7		Emma GRAY	FR	#1 DePauw	{3} 15.89w	(2.4)	3/16
8		Haley TROY	FR	#2 Wittenberg	{2} 15.94w	(2.3)	4/13
9		Makyndree SMITH	FR	#8 Hiram	{2} 16.00	(1.9)	4/6
10		Hayden HILL	SR	#6 Oberlin	16.10	(1.9)	4/28

Women's 200 Meters

1	5	Shelby STALL	FR	#1 DePauw	24.42cw	(24.80) (3.9)	4/27
2	96	Meghan FRAZIER	JR	#2 Wittenberg	25.36	(-2.2)	4/13
3		Haleigh WILLISON	JR	#2 Wittenberg	{2} 25.53	(-1.3)	3/30
4		Sophia ELLERKMANN	SR	#5 Denison	25.66	(0.9)	4/13
5		Anaya JOLIVETTE	JR	#5 Denison	{2} 25.80		4/26
6		Hayden HILL	SR	#6 Oberlin	25.89	(1.2)	4/28
7		Daysia HARGRAVE	JR	#4 Wooster	25.94	(1.2)	4/28
8		Sarah MAZZEI	JR	#3 Ohio Wesleyan	26.24		4/26
8		Ryley STEGGALL	SO	#6 Oberlin	{2} 26.24	(1.6)	4/20
10		Jenna DELP	FR	#2 Wittenberg	{3} 26.28w	(2.8)	3/30
10		Addystin LYKINS	JR	#3 Ohio Wesleyan	{2} 26.28	(1.8)	4/19

Women's 400 Meters

1	15	Sophia ELLERKMANN	SR	#5 Denison	56.30		4/6
2	41	Meghan FRAZIER	JR	#2 Wittenberg	57.33		4/6
3	63	Shelby STALL	FR	#1 DePauw	57.78		3/30
4		Tymeerah DE'ARMOND	SO	#2 Wittenberg	{2} 58.48		4/13
5		Addystin LYKINS	JR	#3 Ohio Wesleyan	59.39		4/19
6		Abigail DANNE	SO	#2 Wittenberg	{3} 59.81		4/13
7		Annalise GRAMMEL	SR	#1 DePauw	{2} 1:00.11		4/19
8		Liberty BROCK	JR	#3 Ohio Wesleyan	{2} 1:00.30		4/6
9		Anna BROWN	SO	#7 Kenyon	1:00.46		4/26
10		Katelyn STAPLETON	SO	#3 Ohio Wesleyan	{3} 1:01.02		3/23

Women's 400 Meter Hurdles

1	13	Katie MOORE	JR	#1 DePauw	1:03.03		4/19
2	71	Liberty SCOTT	FR	#1 DePauw	{2} 1:05.63		4/27
3	84	Aliisa JAMES	JR	#3 Ohio Wesleyan	1:06.30		3/23
4	93	Daysia HARGRAVE	JR	#4 Wooster	1:06.64		3/30
5		Reese NEUMEYER	JR	#2 Wittenberg	1:07.98		4/20
5		Emma GRAY	FR	#1 DePauw	{3} 1:07.98		4/6
7		Ava SINEX	FR	#5 Denison	1:08.32		4/13
8		Brianna MONTGOMERY	FR	#3 Ohio Wesleyan	{2} 1:08.40		4/19
9		Hayden HILL	SR	#6 Oberlin	1:08.78		4/6
10		Haley TROY	FR	#2 Wittenberg	{2} 1:08.82		4/20

Women's 800 Meters

1	73	Anna BROWN	SO	#7 Kenyon	2:16.28		3/30
2	74	Annalise GRAMMEL	SR	#1 DePauw	2:16.30		4/13
3	91	Emma JACOBS	JR	#1 DePauw	{2} 2:17.27		4/13
4		Katelyn STAPLETON	SO	#3 Ohio Wesleyan	2:17.80		4/13
5		Sage REDDISH	JR	#6 Oberlin	2:19.18		4/20
6		Ava KNIGHT	SO	#1 DePauw	{3} 2:20.11c	(2:21.72)	4/27
7		McKenna DOWNING	SO	#3 Ohio Wesleyan	{2} 2:20.20		4/13
8		Ella WOZEK	SO	#6 Oberlin	{2} 2:21.42		4/20
9		Abigail DANNE	SO	#2 Wittenberg	2:21.91		4/20
10		Sophie PORTER	JR	#1 DePauw	{4} 2:22.10		4/13

Women's 1500 Meters

1		Sophie PORTER	JR	#1 DePauw	4:42.78		4/13
2		Sage REDDISH	JR	#6 Oberlin	4:43.04		4/13
3		Lily MONNETT	JR	#1 DePauw	{2} 4:47.35		4/6
4		Zoe WARD	FR	#3 Ohio Wesleyan	4:47.42		4/26
5		Athena THARENOS	SR	#4 Wooster	4:48.47		4/26
6		McKenna DOWNING	SO	#3 Ohio Wesleyan	{2} 4:49.13		4/20
7		Grace FLORES	FR	#1 DePauw	{3} 4:49.50		4/13
8		Emma JACOBS	JR	#1 DePauw	{4} 4:49.74		4/19
9		Allison DIETZ	FR	#3 Ohio Wesleyan	{3} 4:50.33		4/13
10		Megan KEYS	JR	#2 Wittenberg	4:53.43		4/26

Women's Steeplechase

1	38	Athena THARENOS	SR	#4 Wooster	11:17.48		4/6
2	51	Eliza MEDEARIS	SR	#6 Oberlin	11:25.38		4/14
3	79	Kendall MANN	JR	#1 DePauw	11:36.78		4/19
4		Taylor NOSZKA	FR	#3 Ohio Wesleyan	11:59.09		4/13
5		Elsa HOAM	FR	#3 Ohio Wesleyan	{2} 12:02.98		4/6
6		Morgan THARP	SO	#1 DePauw	{2} 12:04.05		4/13
7		Caleigh LYONS	JR	#6 Oberlin	{2} 12:09.83		4/20
8		Chloe KRUEGER	FR	#1 DePauw	{3} 12:14.00		4/13
9		Morgan ELY	SR	#2 Wittenberg	12:16.04		4/13
10		Alexis VERDELL	FR	#5 Denison	12:20.14		4/13



Conference TFRI Event Summary



NCAC

as of 4/30/2024 1:55:48 PM ET

Women's 5000 Meters

1	32	Sophie PORTER	JR	#1 DePauw	17:00.49	4/6
2	69	Lily MONNETT	JR	#1 DePauw {2}	17:29.08	3/29
3		Zoe WARD	FR	#3 Ohio Wesleyan	17:43.93	4/20
4		Brynn URBAN	JR	#1 DePauw {3}	17:49.76	4/6
5		Grace FLORES	FR	#1 DePauw {4}	17:53.71	4/6
6		Emma HAWK	SO	#2 Wittenberg	17:54.86	4/13
7		Allison DIETZ	FR	#3 Ohio Wesleyan {2}	18:12.20	4/20
8		Amzie MAIENBROOK	SO	#1 DePauw {5}	18:18.27	4/19
9		Megan KEYS	JR	#2 Wittenberg {2}	18:18.88	4/13
10		Rowan HERING	FR	#1 DePauw {6}	18:19.02	4/19

Women's 10,000 Meters

1	21	Sophie PORTER	JR	#1 DePauw	35:36.75	3/29
2	60	Emma HAWK	SO	#2 Wittenberg	36:58.51	3/29
3	77	Athena THARENOS	SR	#4 Wooster	37:40.36	3/30
4	86	Grace FLORES	FR	#1 DePauw {2}	37:53.52	3/29
5		Amzie MAIENBROOK	SO	#1 DePauw {3}	39:17.03	3/29
6		Grace THOMAS	FR	#1 DePauw {4}	39:38.09	3/29
7		Brynn URBAN	JR	#1 DePauw {5}	39:43.98	3/29
8		Dylan KRETCHMAR	JR	#4 Wooster {2}	40:01.87	4/13
9		Eleanor LUTTMAN	JR	#3 Ohio Wesleyan	40:55.38	4/13
10		Annika DELONG	FR	#3 Ohio Wesleyan {2}	44:58.46	4/13

Women's 4x100 Relay

1	54	Zora Shakhan, Jenna Delp, Lindsey Magoteaux, Haleigh Willison	#2 Wittenberg	48.64	3/30
2	74	Piper Lee, Sophia Ellerkmann, Libby Hornick, Anaya Jolivet	#5 Denison	49.12	4/26
3	88	Sarah Mazzei, Addystin Lykins, Liberty Brock, Amarah McPhaul	#3 Ohio Wesleyan	49.41	4/26
4	97	Olivia Boe, Lillian Boston, Elizabeth Raborn, Shelby Stall	#1 DePauw	49.63	4/13
5		Maia Doescher, Drew Patterson, Claire Davis, Daysia Hargrave	#4 Wooster	50.50	4/6
6		Ryley Steggall, Madisyn Burke, Clara Smith, Hayden Hill	#6 Oberlin	50.91	4/13
7		Caroline Hitsman, Olivia Gumz, Jean Cook, Maya Virdell	#7 Kenyon	54.56	3/30

Women's 4x400 Relay

1	32	Shelby Stall, Annalise Grammel, Liberty Scott, Katie Moore	#1 DePauw	3:57.30	3/30
2	39	Sophia Ellerkmann, Libby Hornick, Tessa Gerhardt, Ava Sinex	#5 Denison	3:58.79	4/26
3	48	Abigail Danne, DeYanna Champion, Tymeerah De'Armond, Delaney Tackett	#2 Wittenberg	4:01.01	4/13
4	82	Liberty Brock, Addystin Lykins, Katelyn Stapleton, Ashley Beatty	#3 Ohio Wesleyan	4:05.61	4/13
5	95	Clara Smith, Hayden Hill, Sage Reddish, Ella Wozek	#6 Oberlin	4:07.18	4/20
6		Daysia Hargrave, Ignacia Mendez, Emily Munson, Athena Tharenos	#4 Wooster	4:17.18	3/16
7		Anna Brown, Caeleigh Stamper, Jean Cook, Rigby Zentner	#7 Kenyon	4:26.92	3/30

Women's High Jump

1	3	Taylor WEISS	JR	#2 Wittenberg	1.70m	5-7	4/19
2	18	Julissa WILLIAMS	JR	#2 Wittenberg {2}	1.67m	5-5¾	4/19
3	29	Hayden HILL	SR	#6 Oberlin	1.64m	5-4½	4/28
4	84	Drew PATTERSON	SR	#4 Wooster	1.59m	5-2½	4/6
5		Anna LERVICK	FR	#1 DePauw	1.53m	5-¼	4/13
6		Hallie HAINES	FR	#2 Wittenberg {3}	1.50m	4-11	4/6
6		Abby HARTMAN	JR	#1 DePauw {2}	1.50m	4-11	3/30
8		Ziciah GIBSON	SO	#2 Wittenberg {4}	1.49m	4-10½	4/28
9		Ava KLANN	JR	#3 Ohio Wesleyan	1.45m	4-9	3/23
9		Amarah MCPHAUL	FR	#3 Ohio Wesleyan	1.45m	4-9	3/30
9		Maia DOESCHER	SR	#4 Wooster {2}	1.45m	4-9	4/20

Women's Pole Vault

1	34	Tiffany HIX	SO	#2 Wittenberg	3.60m	11-9¾	4/13
2	54	Claire COLEMAN	SO	#3 Ohio Wesleyan	3.50m	11-5¾	4/20
3		Addie BECK	FR	#3 Ohio Wesleyan {2}	3.26m	10-8¼	4/13
4		Emma STEMEN	SR	#1 DePauw	3.25m	10-8	3/30
5		Story LAING	FR	#2 Wittenberg {2}	3.17m	10-4¾	3/30
6		Celeste SWIHART	SO	#3 Ohio Wesleyan {3}	3.05m	10-0	4/20
7		Brooklyn HELLER	SR	#5 Denison	2.96m	9-8½	4/13
8		Lily VAUGHT	SO	#1 DePauw {2}	2.91m	9-6½	4/13
9		Trezure BATES	FR	#8 Hiram	2.90m	9-6¼	3/30
10		Sarah HIESTAND	SO	#4 Wooster	2.81m	9-2½	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



NCAC

as of 4/30/2024 1:55:49 PM ET

Women's Long Jump

1	68	Jenna DELP	FR	#2	Wittenberg	5.45m	17-10¾ (2.0)	4/20
2		Anaya JOLIVETTE	JR	#5	Denison	5.27m	17-3½ (0.0)	3/30
3		Julissa WILLIAMS	JR	#2	Wittenberg	{2} 5.17m	16-11½ (0.3)	3/30
4		Katie MOORE	JR	#1	DePauw	5.14mw	16-10½ (2.3)	3/30
5		Paula SORIC	JR	#7	Kenyon	5.13m	16-10 (1.6)	4/13
6		Gnyiah BROWN	FR	#2	Wittenberg	{3} 5.10m	16-8¾	4/26
7		Michaela STRODER	FR	#2	Wittenberg	{4} 5.05m	16-7 (-0.8)	4/27
8		Emily LOERA	SO	#1	DePauw	{2} 5.02m	16-5¾ (1.6)	3/30
9		Madison WELCH	SO	#1	DePauw	{3} 4.99m	16-4½ (0.3)	4/13
10		Tessa KOCHERT	SO	#1	DePauw	{4} 4.93m	16-2¼ (0.1)	4/13

Women's Triple Jump

1	47	Paula SORIC	JR	#7	Kenyon	11.40m	37-5 (1.0)	3/14
2	54	Tiffany HIX	SO	#2	Wittenberg	11.34m	37-2½ (0.2)	4/20
3	72	Tessa KOCHERT	SO	#1	DePauw	11.19m	36-8½ (0.0)	4/27
4		Gnyiah BROWN	FR	#2	Wittenberg	{2} 10.85mw	35-7¼ (3.3)	3/30
5		Taylor WEISS	JR	#2	Wittenberg	{3} 10.68m	35-½ (0.1)	3/30
6		Anna LERVICK	FR	#1	DePauw	{2} 10.46m	34-4 (1.1)	4/13
7		Rainer YAEGER	SR	#5	Denison	10.34m	33-11¼	4/26
8		Drew PATTERSON	SR	#4	Wooster	10.27m	33-8½ (1.1)	3/16
9		Reese NEUMEYER	JR	#2	Wittenberg	{4} 10.24m	33-7¼ (0.3)	4/19
10		Claire DAVIS	FR	#4	Wooster	{2} 10.04m	32-11¼ (-0.)	4/6

Women's Shot Put

1		Sydney FLORES	SO	#5	Denison	12.09m	39-8	4/26
2		Ari MCPHETERS		#3	Ohio Wesleyan	12.00m	39-4½	4/6
3		Aidan ORTH	SO	#2	Wittenberg	11.89m	39-¼	4/13
4		Ainsley WIESNER	SR	#4	Wooster	11.72m	38-5½	4/6
5		Kylee SILVERMAN	SR	#5	Denison	{2} 11.69m	38-4¼	3/23
6		Evie SANFORD	SO	#4	Wooster	{2} 11.66m	38-3¼	4/20
7		Bree MAHONEY-SUTHERLAND	JR	#1	DePauw	11.65m	38-2¾	4/13
8		Emma DOERMAN	SO	#2	Wittenberg	{2} 11.62m	38-1½	4/6
9		Mila NOEL	FR	#3	Ohio Wesleyan	{2} 11.23m	36-10¼	3/23
9		Samantha VOLPE	FR	#8	Hiram	11.23m	36-10¼	4/27

Women's Discus

1	63	Abby CANNON	SR	#6	Oberlin	41.06m	134-9	4/26
2	89	Aidan ORTH	SO	#2	Wittenberg	39.84m	130-9	4/26
3		Evie SANFORD	SO	#4	Wooster	38.77m	127-3	4/20
4		Emily DAVIS	SO	#3	Ohio Wesleyan	38.35m	125-10	4/6
5		Sydney FLORES	SO	#5	Denison	37.97m	124-7	4/20
6		Samantha VOLPE	FR	#8	Hiram	37.49m	123-0	4/6
7		Kylee SILVERMAN	SR	#5	Denison	{2} 35.72m	117-2	4/26
8		Addison DISMAN	FR	#8	Hiram	{2} 33.34m	109-5	4/13
9		Mariel DROST	FR	#5	Denison	{3} 32.62m	107-0	4/26
10		Emma DOERMAN	SO	#2	Wittenberg	{2} 32.51m	106-8	4/13

Women's Hammer

1	10	Ainsley WIESNER	SR	#4	Wooster	53.70m	176-2	4/20
2	50	Abby CANNON	SR	#6	Oberlin	48.92m	160-6	4/26
3	68	Kylee SILVERMAN	SR	#5	Denison	47.46m	155-9	4/13
4	79	Amy POLLACK	SR	#5	Denison	{2} 47.02m	154-3	4/13
5		Aidan ORTH	SO	#2	Wittenberg	42.51m	139-6	4/26
6		Mariel DROST	FR	#5	Denison	{3} 42.04m	137-11	4/6
7		Samarah DESTIN	FR	#4	Wooster	{2} 41.72m	136-11	4/26
8		Emma HALL	SO	#3	Ohio Wesleyan	39.70m	130-3	4/26
9		Evie SANFORD	SO	#4	Wooster	{3} 38.81m	127-4	4/26
10		Mia RAMOS	FR	#4	Wooster	{4} 34.64m	113-8	4/20

Women's Javelin

1	52	Hazel JOLLIFF	SO	#3	Ohio Wesleyan	38.43m	126-1	4/26
2	98	Phoebe DRESCHER	FR	#3	Ohio Wesleyan	{2} 36.30m	119-1	4/13
3		Molly STEVENER	FR	#1	DePauw	35.17m	115-5	4/13
4		Ziciah GIBSON	SO	#2	Wittenberg	33.79m	110-11	4/28
5		Katie MOORE	JR	#1	DePauw	{2} 32.37m	106-3	3/30
6		Kylie MOSER	FR	#8	Hiram	32.22m	105-9	4/20
7		Ainsley WIESNER	SR	#4	Wooster	31.54m	103-6	4/26
8		Ali MURRAY	FR	#7	Kenyon	30.82m	101-2	3/30
9		Celia VAUGHN	SO	#6	Oberlin	30.75m	100-11	4/28
10		Addison DISMAN	FR	#8	Hiram	{2} 30.05m	98-7¼	3/30

Women's Heptathlon

1	16	Katie MOORE	JR	#1	DePauw	4,437		4/28
2	20	Hayden HILL	SR	#6	Oberlin	4,414		4/28
3	41	Daysia HARGRAVE	JR	#4	Wooster	4,133		4/28
4	49	Ziciah GIBSON	SO	#2	Wittenberg	3,915		4/28
5	99	Celia VAUGHN	SO	#6	Oberlin	{2} 3,320		4/28
6		Ava KLANN	JR	#3	Ohio Wesleyan	3,304		4/28
7		Allison KOEHLER	SO	#1	DePauw	{2} 3,201		4/28
8		Sydney BROWN	SO	#5	Denison	2,954		4/28
9		Grace NEUGER	SR	#7	Kenyon	2,800		4/28
10		Sarah YOUNGQUIST	FR	#3	Ohio Wesleyan	{2} 2,633		4/28



Conference TFRI Event Summary



NESCAC

as of 4/30/2024 1:55:49 PM ET

Women's 100 Meters

1	14	Rachel ARTHUR	JR	#4 Williams	11.94w	(2.6)	4/27
2	17	Kianne BENJAMIN	SR	#5 Bowdoin	11.96	(1.4)	4/27
3	45	Sade GREENIDGE	SR	#7 Colby	12.17w	(2.6)	4/27
4	48	Simone WAHEED	FR	#7 Colby	{2} 12.19	(1.8)	3/30
5	51	Michelle LOUIE	SR	#2 Middlebury	12.20w	(2.6)	4/27
6		Katie BRUNO	SO	#2 Middlebury	{2} 12.36w	(2.6)	4/27
6		Heloise HUGHES	FR	#1 Amherst	12.36w	(2.6)	4/27
8		Kennedy KIRKLAND	FR	#5 Bowdoin	{2} 12.38	(1.0)	4/27
9		Mackenzie DAGGITT	JR	#2 Middlebury	{3} 12.49	(1.6)	3/16
10		Shea O'NEILL	FR	#10 Trinity (Conn.)	12.50w	(3.4)	4/6

Women's 100 Meter Hurdles

1	7	Erin DAUGHERTY	JR	#7 Colby	14.10w	(2.3)	4/13
2	17	Eliza CARDWELL	JR	#1 Amherst	14.37	(0.8)	4/7
3	29	Sarah PILLONE	SR	#3 Tufts	14.65	(1.8)	4/27
4	32	Arisa GRACE MCGOWAN	SO	#1 Amherst	{2} 14.72	(1.8)	4/27
5	34	Myeh MEDINA	SO	#1 Amherst	{3} 14.76	(1.8)	4/27
6	47	Moriah SCHARN	SO	#6 Bates	14.84	(1.2)	4/27
7	77	Anaya THOMAS	JR	#1 Amherst	{4} 15.15	(1.8)	4/27
8	91	Ziann FACEY	SO	#4 Williams	15.24	(1.8)	4/27
9		Emma WHEELER	SR	#8 Connecticut Coll	15.43w	(3.2)	4/13
9		Antonia KNOTH	SR	#3 Tufts	{2} 15.43	(0.4)	4/12

Women's 200 Meters

1	2	Kianne BENJAMIN	SR	#5 Bowdoin	24.16w	(2.2)	4/27
2	27	Rachel ARTHUR	JR	#4 Williams	24.83w	(2.2)	4/27
3	38	Bella KING-HARVEY	FR	#4 Williams	{2} 24.96w	(2.2)	4/27
4	73	Michelle LOUIE	SR	#2 Middlebury	25.23w	(2.2)	4/27
5	79	Claire JENSEN	FR	#4 Williams	{3} 25.27w	(2.2)	4/27
6	92	Kennedy KIRKLAND	FR	#5 Bowdoin	{2} 25.33	(1.2)	4/27
7		Heloise HUGHES	FR	#1 Amherst	25.41w	(2.2)	4/27
8		Melissa WHITE	SO	#2 Middlebury	{2} 25.42w	(2.2)	4/27
9		Cate DONALDSON	FR	#4 Williams	{4} 25.49	(0.0)	3/23
10		Katie BRUNO	SO	#2 Middlebury	{3} 25.56w	(2.2)	4/27

Women's 400 Meters

1	7	Kianne BENJAMIN	SR	#5 Bowdoin	55.59		4/27
2	16	Bella KING-HARVEY	FR	#4 Williams	56.34		4/27
3	22	Kennedy MULLEN	JR	#10 Trinity (Conn.)	56.49		4/27
4	28	Cate DONALDSON	FR	#4 Williams	{2} 56.76		4/27
5	48	Casie EIFRIG	JR	#1 Amherst	57.52		4/7
6	52	Kaitlyn EWALD	FR	#7 Colby	57.59		4/27
7	64	Fiona MEJICO	JR	#7 Colby	{2} 57.79		4/13
8	72	Anna KROUSE	JR	#2 Middlebury	57.98		4/27
9	73	Olivia DOHERTY	SO	#7 Colby	{3} 57.99		3/30
10	78	Kristina PIZZI	JR	#7 Colby	{4} 58.06		3/23

Women's 400 Meter Hurdles

1	4	Fiona MEJICO	JR	#7 Colby	1:01.77		4/27
2	16	Myeh MEDINA	SO	#1 Amherst	1:03.13		4/27
3	18	Ciara DALE	SR	#2 Middlebury	1:03.23		4/27
4	19	Emma SMITH	JR	#3 Tufts	1:03.30		4/27
5	34	Erin DAUGHERTY	JR	#7 Colby	{2} 1:04.32		3/30
6	41	Maddie LEE	SR	#6 Bates	1:04.67		4/6
7	43	Hannah TURNER	SO	#11 Hamilton	1:04.84		4/27
8	48	Antonia KNOTH	SR	#3 Tufts	{2} 1:04.95		4/12
9	54	Kate HAUSLADEN	SR	#9 Wesleyan (Conn.)	1:05.17		4/27
10	62	Camryn TAYLOR	SR	#4 Williams	1:05.41		3/23

Women's 800 Meters

1	14	Alexa ESTES	SO	#8 Connecticut Coll	2:11.66		4/27
2	17	Zoe MARCUS	FR	#1 Amherst	2:11.91		4/27
3	30	Julia SCHOR	JR	#1 Amherst	{2} 2:12.65		4/7
4	35	Lucy GAGNON	SR	#4 Williams	2:13.78		3/16
5	41	Piper LENTZ	SO	#1 Amherst	{3} 2:14.69		4/14
6	44	Elle THOMPSON	JR	#2 Middlebury	2:15.18		4/27
7	63	Grace MCDONOUGH	SO	#8 Connecticut Coll	{2} 2:15.91cu(2:18.14u)		4/6
8	65	Kylie MUSANTE	SO	#6 Bates	2:16.10		4/27
9	68	Bella LOZIER	SO	#1 Amherst	{4} 2:16.23		4/14
10	80	Lily BULCZYNSKI	SO	#2 Middlebury	{2} 2:16.73		4/27

Women's 1500 Meters

1	16	Grace MCDONOUGH	SO	#8 Connecticut Coll	4:31.62		4/27
2	26	Julia SCHOR	JR	#1 Amherst	4:33.83		4/27
3	29	Chrissy AMAN	SR	#6 Bates	4:34.33		4/27
4	33	Jordan WALTER	SR	#9 Wesleyan (Conn.)	4:35.30		4/20
5	39	Lucy GAGNON	SR	#4 Williams	4:36.11		3/23
6	40	Zoe MARCUS	FR	#1 Amherst	{2} 4:36.43		4/14
7	53	Abby FERNALD	SO	#8 Connecticut Coll	{2} 4:38.64		4/13
8	77	Bella LOZIER	SO	#1 Amherst	{3} 4:41.29		4/7
9	85	Molly FITZGIBBONS	SR	#4 Williams	{2} 4:41.71		3/16
10		Sonia OLSON	FR	#3 Tufts	4:43.16		4/27

Women's Steeplechase

1	5	Audrey MACLEAN	FR	#2 Middlebury	10:30.98		4/27
2	22	Molly FITZGIBBONS	SR	#4 Williams	10:55.75		4/27
3	27	Charlene PENG	FR	#4 Williams	{2} 11:08.04		4/27
4	33	Tatum PESKIN	SR	#2 Middlebury	{2} 11:13.60		4/27
5	42	Betsy OVERSTRUM	SR	#11 Hamilton	11:19.51		4/27
6	56	Alexandra SIMON	FR	#9 Wesleyan (Conn.)	11:26.68		4/27
7	58	Alexandra DEAN	SO	#3 Tufts	11:27.35		4/27
8	75	Helen HURDEN	FR	#4 Williams	{3} 11:36.10		3/23
9	96	Neena GOLDTHWAITE	SR	#5 Bowdoin	11:39.76		4/27
10		Addie FULLER	FR	#8 Connecticut Coll	11:41.79		4/13



Conference TFRI Event Summary



NESCAC

as of 4/30/2024 1:55:49 PM ET

Women's 5000 Meters

1	25	Stephanie AGER	SO	#9 Wesleyan (Conn.	16:56.70	4/20
2	54	Audrey MACLEAN	FR	#2 Middlebury	17:17.26	3/16
3	62	Julia SCHOR	JR	#1 Amherst	17:23.66	3/30
4	64	Stephanie CHUN	SR	#5 Bowdoin	17:24.44	4/27
5	74	Isabel MAY	SR	#6 Bates	17:31.21	4/13
6	81	Abby MUELLER	SR	#5 Bowdoin {2}	17:33.06	4/27
7	82	Edin SISSON	SR	#8 Connecticut Coll	17:34.36	4/27
8	99	Kahryn CULLENBERG	SR	#6 Bates {2}	17:39.92	4/27
9		Molly FITZGIBBONS	SR	#4 Williams	17:40.99	4/14
10		Fiona PICONE	SO	#4 Williams {2}	17:41.70	3/23

Women's 10,000 Meters

1	15	Stephanie AGER	SO	#9 Wesleyan (Conn.	35:24.21	4/27
2	32	Fiona PICONE	SO	#4 Williams	36:09.92	4/14
3	41	Isabel MAY	SR	#6 Bates	36:28.28	4/27
4	53	Alsacia TIMMERMAN	SO	#8 Connecticut Coll	36:43.84	4/13
5	76	Tori BACALL	SO	#5 Bowdoin	37:35.03	4/27
6	81	Phoebe POHL	JR	#6 Bates {2}	37:47.51	4/27
7	85	Claire CALLON	JR	#1 Amherst	37:53.31	4/14
8	89	Kate SWANN	SO	#4 Williams {2}	37:55.05	4/27
9		Daphne WITHERELL	FR	#1 Amherst {2}	38:17.12	3/30
10		Allison LOUNSBURY	SO	#1 Amherst {3}	38:20.65	4/27

Women's 4x100 Relay

1	5	Erin Daugherty, Fiona Mejico, Simone Waheed, Sade Greenidge	#7 Colby	46.61	4/27
2	8	Bella King-Harvey, Cate Donaldson, Camryn Taylor, Rachel Arthur	#4 Williams	46.98	4/27
3	16	Katie Bruno, Melissa White, Michelle Louie, Mackenzie Daggitt	#2 Middlebury	47.63	4/27
4	53	Arisa Grace McGowan, Heloise Hughes, Rachel Hubley, Christa Prasertsintanah	#1 Amherst	48.62	4/27
5	55	Cate Kneebone, Sophia Jones, Emma Almoney, Shea O'neill	#10 Trinity (Conn.)	48.77	4/20
6	73	Sarah Pillone, Annika Kral, Harper Meek, Simi Lawal	#3 Tufts	49.11	4/27
7	79	Sophia Young, Rose Jenkins, Catherine Uwakwe, Kennedy Kirkland	#5 Bowdoin	49.22	4/20
8		Naomi McGadney, Sophia Mack, Rachel Masterson, Juliette Sullivan	#9 Wesleyan (Conn.	50.17	4/27
9		Moriah Scharn, Anushka Chavda, Alannah Ardrey, Maddie Lee	#6 Bates	50.29	4/27
10		Alexa Thomas, Claire Tratnyek, Renata Mendez-Alvarez, Marcella DeNitto	#11 Hamilton	53.52	4/20



Conference TFRI Event Summary



NESCAC

as of 4/30/2024 1:55:49 PM ET

Women's 4x400 Relay

1	5	Cate Donaldson, Camryn Taylor, Claire Jensen, Bella King-Harvey	#4 Williams	3:49.23	4/27
2	12	Haley Wims, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	#7 Colby	3:51.76	3/30
3	17	Cate Kneebone, Sophia Jones, Emma Almoney, Kennedy Mullen	#10 Trinity (Conn.)	3:53.34	4/27
4	20	Michelle Louie, Annabel Cloney, Ciara Dale, Anna Krouse	#2 Middlebury	3:53.71	4/27
5	23	Mads Rabb, Myeh Medina, Christa Prasertsintanah, Casie Eifrig	#1 Amherst	3:55.39	4/27
6	42	Gabby Phillips, Catherine Uwakwe, Kennedy Kirkland, Kianne Benjamin	#5 Bowdoin	3:59.57	4/27
7	57	Harper Meek, Annika Kral, Antonia Knoth, Emma Smith	#3 Tufts	4:01.82	4/12
8	83	Alexa Estes, LK Tucker, April Schilling, Grace McDonough	#8 Connecticut Coll	4:05.64cu(4:10.67u)	4/6
9		Claire Tratnyek, Hannah Turner, Renata Mendez- Alvarez, Alexa Thomas	#11 Hamilton	4:07.87	4/27
10		Lia Traficonte, Kylie Musante, Leah White, Maddie Lee	#6 Bates	4:10.01	3/30

Women's High Jump

1	8	Gabriella GRATTAN	JR #10 Trinity (Conn.)	1.69m	5-6½	3/30
2	39	Lexi KING	FR #3 Tufts	1.62m	5-3¾	4/7
2	39	Anaya THOMAS	JR #1 Amherst	1.62m	5-3¾	4/7
2	39	Harper MEEK	SR #3 Tufts	1.62m	5-3¾	4/7
5	62	Amelie JAMANKA	SO #4 Williams	1.60m	5-3	3/23
6		Livi MAZEROLLE	SO #4 Williams	{2} 1.57m	5-1¾	4/27
6		Leah SMITH	FR #1 Amherst	{2} 1.57m	5-1¾	4/7
8		Livia KOZICK	SR #6 Bates	1.53m	5-¼	4/12
9		Rose JENKINS	FR #5 Bowdoin	1.52m	4-11¾	4/27
9		Brooke DOLAN	SO #2 Middlebury	1.52m	4-11¾	4/7

Women's Pole Vault

1	11	Charlotte HODGE	JR #5 Bowdoin	3.83m	12-6¾	3/23
2	14	Sarah FIRTH	JR #3 Tufts	3.80m	12-5½	3/16
3	19	Mia BAWENDI	SR #1 Amherst	3.70m	12-1½	4/12
3	19	Zoe WANG	JR #2 Middlebury	3.70m	12-1½	4/12
3	19	Ellie FITZGERALD	SO #4 Williams	3.70m	12-1½	4/12
6	41	Jae YU	JR #4 Williams	{2} 3.55m	11-7¾	4/12
6	41	Nyla THOMPSON	JR #3 Tufts	{2} 3.55m	11-7¾	4/20
6	41	Emma GALL	FR #3 Tufts	{2} 3.55m	11-7¾	4/12
6	41	Poppy MILLER	JR #4 Williams	{2} 3.55m	11-7¾	4/27
10	73	Sophie MAGUIRE	SO #5 Bowdoin	{2} 3.41m	11-2¾	4/20

Women's Long Jump

1	10	Kennedy KIRKLAND	FR #5 Bowdoin	5.77m	18-11¼ (0.8)	4/27
2	18	Mackenzie DAGGITT	JR #2 Middlebury	5.68m	18-7¾ (1.9)	4/12
3	28	Eliza CARDWELL	JR #1 Amherst	5.60m	18-4½ (0.0)	4/27
4	52	Heloise HUGHES	FR #1 Amherst	{2} 5.51m	18-1 (0.1)	4/27
5	64	Anastasia IOPPOLO	SO #1 Amherst	{3} 5.47m	17-11½ (0.0)	4/27
6	68	Juliette SULLIVAN	FR #9 Wesleyan (Conn.)	5.45m	17-10¾ (0.0)	4/27
7	78	Sarah PILLONE	SR #3 Tufts	5.43m	17-9¾ (1.3)	4/20
8	88	Jordan ANDREW	JR #3 Tufts	{2} 5.37m	17-7½ (1.3)	4/27
9		Muffie MAZAMBANI	SR #1 Amherst	{4} 5.31m	17-5¼ (0.2)	3/30
10		Jenna ALBANESE	SR #5 Bowdoin	{2} 5.30m	17-4¾ (-0.8)	4/20

Women's Triple Jump

1	26	Jordan ANDREW	JR #3 Tufts	11.67m	38-3½ (-2.0)	4/27
2	42	Anaya THOMAS	JR #1 Amherst	11.45m	37-6¾ (1.6)	4/20
3	46	Myeh MEDINA	SO #1 Amherst	{2} 11.41m	37-5¼ (0.3)	4/19
4	50	Lucinda POLLITT	SO #2 Middlebury	11.39m	37-4½ (1.4)	4/27
5	53	Sarah PILLONE	SR #3 Tufts	{2} 11.35m	37-3 (0.5)	4/27
6	64	Maelynn UGOKWE	SR #3 Tufts	{3} 11.23m	36-10¼ (0.0)	4/27
7	65	Anastasia IOPPOLO	SO #1 Amherst	{3} 11.22mw	36-9¾ (2.4)	4/27
8		Kelsey TARBY	FR #4 Williams	11.04m	36-2¾ (1.2)	4/27
9		Tamia DUBIDAD	SO #3 Tufts	{4} 10.72m	35-2 (1.9)	3/16
10		Leah SMITH	FR #1 Amherst	{4} 10.69m	35-1 (0.7)	4/20

Women's Shot Put

1	96	Julia TULIMIERI	SO #2 Middlebury	12.26m	40-2¾	4/27
1	96	Lillian WURTZ	SO #2 Middlebury	12.26m	40-2¾	4/12
3		Ginger ARNOLD	FR #5 Bowdoin	12.23m	40-1½	4/20
4		Emma WHEELER	SR #8 Connecticut Coll	12.00m	39-4½	4/27
5		Mary Scott ROBINSON	SR #2 Middlebury	{3} 11.90m	39-½	4/12
6		Emma GIBBENS	JR #5 Bowdoin	{2} 11.72m	38-5½	4/27
7		Amaya PENDLETON	FR #10 Trinity (Conn.)	11.71m	38-5	4/27
8		Mardy NOVAK	FR #5 Bowdoin	{3} 11.53m	37-10	3/23
9		Corinne AHERN	SR #5 Bowdoin	{4} 11.21m	36-9½	4/27
10		Elizabeth GRAHAM	JR #3 Tufts	10.59m	34-9	4/12



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



NESCAC

as of 4/30/2024 1:55:49 PM ET

Women's Discus

1	10	Emma RAMSINGH	FR	#1	Amherst	45.43m	149-1	4/27
2	52	Madeline SAUDERS	JR	#2	Middlebury	41.57m	136-5	4/12
3		Lillian WURTZ	SO	#2	Middlebury	{2} 38.73m	127-1	4/20
4		Claire EDWARDS	SR	#9	Wesleyan (Conn.	36.20m	118-9	4/20
5		Mardy NOVAK	FR	#5	Bowdoin	35.90m	117-10	4/12
6		Isabella NIEMI	FR	#1	Amherst	{2} 35.85m	117-8	4/7
7		Alanna SAUNDERS	FR	#2	Middlebury	{3} 35.19m	115-6	4/20
8		Alma MACKIC	SR	#6	Bates	35.06m	115-1	4/27
9		Bethany MARTIN	SR	#1	Amherst	{3} 33.88m	111-2	4/27
10		Emma GIBBENS	JR	#5	Bowdoin	{2} 33.68m	110-6	4/20

Women's Hammer

1	78	Carli CIAVARELLI	SO	#6	Bates	47.06m	154-5	3/30
2	90	Corinne AHERN	SR	#5	Bowdoin	46.49m	152-7	4/20
3	100	Jaxon PALMER	JR	#2	Middlebury	46.12m	151-4	4/27
4		Alma MACKIC	SR	#6	Bates	{2} 44.55m	146-2	4/27
5		Elizabeth GRAHAM	JR	#3	Tufts	43.69m	143-4	4/27
6		Maja NIELSEN	JR	#3	Tufts	{2} 42.78m	140-4	4/7
7		Lillian WURTZ	SO	#2	Middlebury	{2} 41.41m	135-11	3/22
8		Ginger ARNOLD	FR	#5	Bowdoin	{2} 41.04m	134-8	4/20
9		Reilly ISLER	JR	#2	Middlebury	{3} 39.56m	129-10	4/27
10		Cecilia LABARGE	FR	#3	Tufts	{3} 39.44m	129-5	4/27

Women's Javelin

1	18	Corinne AHERN	SR	#5	Bowdoin	40.87m	134-1	4/27
2	31	Carolina ANDRADE	SR	#1	Amherst	39.47m	129-6	3/30
3	53	Jaxon PALMER	JR	#2	Middlebury	38.41m	126-0	4/27
4	59	Mardy NOVAK	FR	#5	Bowdoin	{2} 37.95m	124-6	4/27
5	78	Ginger ARNOLD	FR	#5	Bowdoin	{3} 37.07m	121-8	4/27
6	88	Morgan ROME	SO	#1	Amherst	{2} 36.69m	120-5	3/30
7	89	Dana SCHWARTZ	SO	#11	Hamilton	36.68m	120-4	4/27
8	90	Reilly ISLER	JR	#2	Middlebury	{2} 36.65m	120-3	3/16
9		Mila KARIMOV	SO	#11	Hamilton	{2} 35.36m	116-0	4/27
10		Jackie WELLS	FR	#3	Tufts	34.99m	114-10	4/27

Women's Heptathlon

1	26	Emma WHEELER	SR	#8	Connecticut Coll	4,342	4/13
2	42	Livia KOZICK	SR	#6	Bates	4,112	4/12
3	45	Madelyn SILVEIRA	SR	#3	Tufts	3,983	3/15
4	48	Rose JENKINS	FR	#5	Bowdoin	3,930	4/12
5	50	Livi MAZEROLLE	SO	#4	Williams	3,906	4/12
6	60	Anaya THOMAS	JR	#1	Amherst	3,745	4/12
7	72	Inga DOVRE	JR	#5	Bowdoin	{2} 3,553	4/12
8	85	Morgan ROME	SO	#1	Amherst	{2} 3,486	4/12
9	86	Tessa PLAYER	FR	#3	Tufts	{2} 3,477	3/15
10	96	Sydney SPIVY	SR	#3	Tufts	{3} 3,363	3/15



Conference TFRI Event Summary



NEWMAC

as of 4/30/2024 1:55:49 PM ET

Women's 100 Meters

1	57	Marina MILLER	JR	#1 MIT	12.22	(1.3)	4/27
2	63	Michaina LORISTON	SO	#4 Wheaton (Mass.)	12.23	(1.1)	4/27
3	78	Vivienne EVANS	SR	#3 WPI	12.30	(1.1)	4/27
4		Savanna VARGAS	FR	#4 Wheaton (Mass.) {2}	12.37	(1.1)	4/27
5		Wendy WOODEN	SO	#4 Wheaton (Mass.) {3}	12.41w	(2.5)	3/16
6		Alaina STONEBRAKER	SO	#2 Coast Guard	12.48	(1.3)	4/27
7		Gwendolyn ANDERSEN	SR	#5 Springfield (Mas	12.65	(1.2)	4/6
8		Robyn WILKES	SO	#7 Babson	12.72	(1.1)	4/27
9		Merete OGAH	JR	#6 Wellesley	12.85w	(2.3)	3/16
10		JoJo MILLER	FR	#1 MIT {2}	12.87	(1.1)	4/7

Women's 100 Meter Hurdles

1	54	Amanda CASTALDI	SO	#4 Wheaton (Mass.)	14.89	(1.1)	4/27
2	77	Katherine DEFOSSE	FR	#5 Springfield (Mas	15.15w	(3.5)	4/6
3		Ioanna TSONI	FR	#8 Mount Holyoke	15.46	(0.1)	4/27
4		Brooke JANKOWSKI	SO	#7 Babson	15.53	(2.0)	4/27
5		Corryn FISHER	SO	#3 WPI	15.60	(1.1)	4/27
6		Samantha STALLARD	SR	#5 Springfield (Mas {2}	15.86	(2.0)	4/27
7		Katherine KEMPF	SO	#1 MIT	16.11	(1.1)	4/27
8		Julia PIKE	SO	#7 Babson {2}	16.15	(1.7)	3/16
9		Kate SPANER	SO	#5 Springfield (Mas {3}	16.38	(2.0)	4/27
10		Lydia BEERS	SO	#3 WPI {2}	16.71	(2.0)	4/27

Women's 200 Meters

1	7	Marina MILLER	JR	#1 MIT	24.48w	(3.3)	4/27
2	73	Schylar WYSE	SR	#4 Wheaton (Mass.)	25.23w	(3.3)	4/27
3	79	Michaina LORISTON	SO	#4 Wheaton (Mass.) {2}	25.27w	(3.3)	4/27
4	98	Vivienne EVANS	SR	#3 WPI	25.38w	(3.3)	4/27
5		Alaina STONEBRAKER	SO	#2 Coast Guard	25.53	(0.4)	4/20
6		Grace FLYNN	JR	#2 Coast Guard {2}	25.59cuw	(26.24u) (2.	4/6
7		Robyn WILKES	SO	#7 Babson	25.76w	(3.3)	4/27
8		JoJo MILLER	FR	#1 MIT {2}	25.82	(1.7)	4/7
9		Merete OGAH	JR	#6 Wellesley	25.86w	(2.4)	4/27
10		Savanna VARGAS	FR	#4 Wheaton (Mass.) {3}	25.91w	(3.3)	4/27

Women's 400 Meters

1	10	Paige COOKSEY	JR	#1 MIT	55.93		4/27
2	19	Julia HOWARTH	JR	#1 MIT {2}	56.46		4/27
3	20	Marina MILLER	JR	#1 MIT {3}	56.47		4/20
4	65	Olivia DIAS	JR	#1 MIT {4}	57.80		4/20
5		Maddy HON	SR	#1 MIT {5}	58.70		4/27
6		Krystal MONTGOMERY	SO	#1 MIT {6}	59.17		4/13
7		Isabel HALLAL	SR	#3 WPI	59.23		4/27
8		Lena BAKER	SO	#9 Smith	59.24		4/27
9		Makenna TOPP	FR	#2 Coast Guard	1:00.26		4/27
10		Ella BESANT	FR	#2 Coast Guard {2}	1:00.41		4/27

Women's 400 Meter Hurdles

1	9	Paige COOKSEY	JR	#1 MIT	1:02.62		4/13
2	55	Angela HAGSTROM	JR	#7 Babson	1:05.19		3/16
3		Tara JESSEN	SO	#2 Coast Guard	1:07.49		3/30
4		Colleen CORMAN	FR	#7 Babson {2}	1:07.65		4/27
5		Kristen DIBELLA	SO	#4 Wheaton (Mass.)	1:08.60		4/27
6		Bailey ALLMON	SO	#3 WPI	1:09.12		4/27
7		Mackenzie DIDONATO	SO	#5 Springfield (Mas	1:09.22		4/27
8		Allison RITCHIE	SR	#5 Springfield (Mas {2}	1:09.44		4/20
9		Beth BROWN	SO	#3 WPI {2}	1:09.73		4/27
10		Maya THOMAS	FR	#4 Wheaton (Mass.) {2}	1:10.12		4/27

Women's 800 Meters

1	2	Julia HOWARTH	JR	#1 MIT	2:08.08		4/13
2	3	Grace HADLEY	SR	#3 WPI	2:08.55		4/20
3	47	Christina CROW	JR	#1 MIT {2}	2:15.37		4/20
4	67	Sophia WHITE	JR	#2 Coast Guard	2:16.16		4/27
5	68	Krystal MONTGOMERY	SO	#1 MIT {3}	2:16.23		4/7
6	94	Meagan ROWLETT	JR	#1 MIT {4}	2:17.52		4/7
7		Erin HOVENDON	SO	#1 MIT {5}	2:17.68		4/20
8		Shams FERFER	JR	#9 Smith	2:18.30		4/27
9		Elise DESHUSSES	SR	#3 WPI {2}	2:19.44		4/20
10		Kim BEAVER	JR	#8 Mount Holyoke	2:20.01		4/20

Women's 1500 Meters

1	1	Grace HADLEY	SR	#3 WPI	4:17.61		4/14
2	9	Lexi FERNANDEZ	SO	#1 MIT	4:30.58		4/27
3	37	Christina CROW	JR	#1 MIT {2}	4:35.64		4/20
4	47	Rujuta SANE	SO	#1 MIT {3}	4:37.43		4/13
5	49	Ella WHINNEY	SO	#6 Wellesley	4:38.21		4/20
6	64	Sidney TRIEPKE	JR	#2 Coast Guard	4:40.05		3/30
7	70	Heather JENSEN	FR	#1 MIT {4}	4:40.72		4/20
8	72	Caitlin GUILFOYLE	SR	#3 WPI {2}	4:40.75		4/27
9	73	Pria PARKER	JR	#9 Smith	4:40.93		4/20
10		Paige PHILLIPS	SR	#2 Coast Guard {2}	4:43.53u		4/6

Women's Steeplechase

1	14	Ella WHINNEY	SO	#6 Wellesley	10:49.07		4/27
2	24	Liv GIRAND	FR	#1 MIT	10:59.61		4/13
3	28	Simone BEAUCHAMP	SO	#6 Wellesley {2}	11:08.50		4/27
4	34	Heather JENSEN	FR	#1 MIT {2}	11:14.21		4/27
5	46	Tessa LANCASTER	JR	#8 Mount Holyoke	11:20.66		4/27
6	86	Elizabeth GERBI	JR	#8 Mount Holyoke {2}	11:38.15		4/27
7		Mirabel BRUNELL	SO	#5 Springfield (Mas	12:00.85		4/27
8		Lucy KREIPKE	FR	#9 Smith	12:01.17		4/12
9		Mia MASTROGIOVANNI	FR	#2 Coast Guard	12:01.55		4/27
10		Sophia REYNOLDS	SO	#3 WPI	12:12.37		4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



NEWMAC

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Women's 5000 Meters

1	2	Grace HADLEY	SR	#3 WPI	15:56.26	4/20
2	23	Paige PHILLIPS	SR	#2 Coast Guard	16:54.04	4/13
3	35	Rujuta SANE	SO	#1 MIT	17:03.68	4/20
4	63	Kate SANDERSON	SO	#1 MIT	{2} 17:24.43	4/7
5	66	Liv GIRAND	FR	#1 MIT	{3} 17:26.81	4/20
6	72	Kirsi RAJAGOPAL	JR	#1 MIT	{4} 17:30.66	4/20
7	92	Claire SEMEROD	SO	#2 Coast Guard	{2} 17:38.61	4/27
8		Lyda MARTIN	SO	#9 Smith	17:45.06	4/27
9		Tessa LANCASTER	JR	#8 Mount Holyoke	17:49.91	4/7
10		Lauren MELLON	SO	#2 Coast Guard	{3} 17:57.00 <small>(18:06.45u)</small>	4/6

Women's 10,000 Meters

1	3	Grace HADLEY	SR	#3 WPI	34:06.68	3/30
2	8	Kate SANDERSON	SO	#1 MIT	35:08.35	4/20
3	73	Lauren MELLON	SO	#2 Coast Guard	37:25.52	4/13
4	84	Jaz VANDERHOOF	SO	#4 Wheaton (Mass.)	37:52.23	4/13
5	92	Archana MOHANDAS	JR	#1 MIT	{2} 38:01.36	4/27
6		Emily BRYDGES	SO	#6 Wellesley	38:34.69	4/13
7		Sarah OSSING	SR	#3 WPI	{2} 39:13.91	3/30
8		Kathryn BONANNO	SR	#5 Springfield (Mas	39:17.12	4/27
9		Sophia REYNOLDS	SO	#3 WPI	{3} 39:38.15	3/30
10		Maddy FOHT	SR	#2 Coast Guard	{2} 39:51.29	4/13

Women's 4x100 Relay

1	7	#Type!		#4 Wheaton (Mass.)	46.91	4/20
2	56	Maddy Hon, Emma Martin, Marina Miller, JoJo Miller		#1 MIT	48.78	4/27
3	93	Sofia Aguilar, Kaitlyn Doherty, Riley Hanover, Madison Mulas		#5 Springfield (Mas	49.55	4/27
4	94	Corryn Fisher, Jazmyn Ewing, Vivienne Evans, Leithsa Dimanche		#3 WPI	49.56	4/27
5		Alaina Stonebraker, Ella Besant, Kaylee Wright, Grace Flynn		#2 Coast Guard	49.80	4/27
6		Ria Goveas, Eriko Darcy, Taylor Quaye, Merete Ogah		#6 Wellesley	50.18	4/20
7		Reese Gallant, Ashna Kirshnamurthy, Robyn Wilkes, Angela Hagstrom		#7 Babson	50.40	4/13
8		Addison Heintz, Ioanna Tsoni, Elle Rimando, Dalia Luckhardt		#8 Mount Holyoke	50.90	4/20
9		Juliet MAY, Daniela Pilier, Lena Baker, Niveen Bugueiro		#9 Smith	51.22	4/20

Women's 4x400 Relay

1	2	Marina Miller, Paige Cooksey, Olivia Dias, Julia Howarth		#1 MIT	3:46.69	3/30
2	49	Ella Besant, Grace Flynn, Sophia White, Makenna Topp		#2 Coast Guard	4:01.02	4/27
3	89	Elise Deshusses, Caitlin Guilfoyle, Grace Hadley, Maeve Steckley		#3 WPI	4:06.42	4/20
4	98	Kate Wickenheisser, Schyler Wyse, Jessica Dickson, Maya Thomas		#4 Wheaton (Mass.)	4:07.67	4/27
5		Sara Maeve Klingensmith, Charlie Barron, Eriko Darcy, Ella Whinney		#6 Wellesley	4:08.10	4/27
6		Lena Baker, Shams Ferver, Anjali Jones, Pria Parker		#9 Smith	4:08.84	4/27
7		Colleen Corman, Chloe Clifford, Brooke Jankowski, Angela Hagstrom		#7 Babson	4:10.41	3/16
8		Mackenzie DiDonato, Julia Brillo, Maeve D'Darcy, Maggie Donohue		#5 Springfield (Mas	4:16.72	4/27
9		Kim Beaver, Tessa Lancaster, Anjali Phadnis, Greta Trapp		#8 Mount Holyoke	4:18.03	4/27

Women's High Jump

1	1	Allie WILDSMITH	SO	#2 Coast Guard	1.71m	5-7¼	4/27
2	39	Tolu AKINBO	JR	#1 MIT	1.62m	5-3¾	4/7
3	95	Amanda BORDEN	SR	#3 WPI	1.58m	5-2¼	4/6
4		Amalia TOUTZIARIDI	FR	#1 MIT	{2} 1.57m	5-1¾	4/7
4		Katherine KEMPFF	SO	#1 MIT	{2} 1.57m	5-1¾	4/7
6		Maura KELLEHER	JR	#1 MIT	{4} 1.52m	4-11¾	4/7
7		Hannah LAVITA	SR	#5 Springfield (Mas	1.47m	4-9¾	4/6
7		Hannah TIRRELL	FR	#5 Springfield (Mas	1.47m	4-9¾	4/6
7		Elaine MCCARTY	FR	#9 Smith	1.47m	4-9¾	4/12
7		Aria MALLARE	JR	#8 Mount Holyoke	1.47m	4-9¾	3/23
7		Sydney BALLER	FR	#1 MIT	{5} 1.47m	4-9¾	4/7
7		Cassie ZIMMERMAN	JR	#3 WPI	{2} 1.47m	4-9¾	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



NEWMAC

as of 4/30/2024 1:55:50 PM ET

Women's Pole Vault

1	4	Katelyn HOWARD	SO	#1 MIT	3.90m	12-9½	4/20
2	8	Hailey SURACE	SO	#1 MIT	{2} 3.85m	12-7½	4/20
3	41	Madison GARRIGUS	SR	#2 Coast Guard	3.55m	11-7¾	4/13
3	41	Kerry SEEKAMP	SO	#9 Smith	3.55m	11-7¾	3/30
5	76	Mollie BRINKER	SO	#2 Coast Guard	{2} 3.40m	11-1¾	4/13
6		Tessa BAKER	FR	#1 MIT	{3} 3.25m	10-8	4/27
6		Jillian SCOTT	JR	#5 Springfield (Mas	3.25m	10-8	4/13
6		Ella SMITH	JR	#5 Springfield (Mas	3.25m	10-8	4/13
9		Elizabeth LEWELLING	SO	#5 Springfield (Mas	{3} 3.10m	10-2	4/13
9		Jillian DA COSTA PINTO	SO	#9 Smith	{2} 3.10m	10-2	4/6

Women's Long Jump

1	37	Kaylee WRIGHT	SO	#2 Coast Guard	5.57mw	18-3¼ (3.7)	4/6
2		Emma MARTIN	JR	#1 MIT	5.26m	17-3¼ (1.5)	4/20
3		Elle RIMANDO	SO	#8 Mount Holyoke	5.20m	17-¾ (1.6)	4/13
4		Ashna KIRSHNAMURTHY	SO	#7 Babson	5.10m	16-8¾ (-0.5)	4/27
5		Erin DICKINSON	JR	#6 Wellesley	5.01m	16-5¼ (1.9)	4/20
6		Nony OTU UGWU	SO	#1 MIT	{2} 5.00m	16-5 (1.6)	4/7
7		Samantha PAUL	JR	#5 Springfield (Mas	4.98m	16-4¼ (-0.8)	4/27
8		Sara MAEVE KLINGENSMITH	SO	#6 Wellesley	{2} 4.93m	16-2¼ (0.1)	3/16
9		Ria GOVEAS	JR	#6 Wellesley	{3} 4.89mw	16-½ (2.3)	4/20
9		Lydia BEERS	SO	#3 WPI	4.89m	16-½ (-1.5)	4/27

Women's Triple Jump

1	14	Nony OTU UGWU	SO	#1 MIT	12.05m	39-6½ (-1.0)	4/26
2	79	Trista SICARD	SO	#7 Babson	11.17m	36-7¾ (-0.4)	4/27
3	83	Ioanna TSONI	FR	#8 Mount Holyoke	11.16m	36-7½ (-1.3)	4/27
4		Samantha PAUL	JR	#5 Springfield (Mas	11.02mw	36-2 (3.6)	4/6
5		Maddie GREENE	JR	#2 Coast Guard	10.95m	35-11¼ (-1.0)	4/27
6		Ashna KIRSHNAMURTHY	SO	#7 Babson	{2} 10.89m	35-8¾ (-1.0)	4/27
7		Elle RIMANDO	SO	#8 Mount Holyoke	{2} 10.78m	35-4½ (1.3)	4/13
8		Cassie ZIMMERMAN	JR	#3 WPI	10.70m	35-1¼ (1.1)	4/27
9		Lauren HINCKLEY	FR	#4 Wheaton (Mass.)	10.60mw	34-9½ (2.2)	3/16
10		Taima RONISH	SR	#4 Wheaton (Mass.)	{2} 10.47m	34-4¼ (-0.7)	4/27

Women's Shot Put

1	1	Alexis BOYKIN	JR	#1 MIT	15.15m	49-8½	4/13
2	33	Emily BALL	JR	#1 MIT	{2} 13.12m	43-½	4/7
3		Sadie OLSON	SR	#2 Coast Guard	12.12m	39-9¼	4/20
4		Katelynn TAYLOR	JR	#5 Springfield (Mas	11.87m	38-11½	4/27
5		Morgan COLLINS	SR	#3 WPI	11.73m	38-6	4/27
6		Maureen HAMMOND	JR	#2 Coast Guard	{2} 11.66m	38-3¼	4/20
7		Lily SIEGELMAN	FR	#1 MIT	{3} 11.22m	36-9¾	4/20
8		Tianna ROGERS	JR	#4 Wheaton (Mass.)	11.12m	36-5¾	3/16
9		Anika WAGNER	SO	#4 Wheaton (Mass.)	{2} 10.87m	35-8	3/16
10		Elizabeth MATTICOLI	SR	#3 WPI	{2} 10.58m	34-8½	4/20

Women's Discus

1	4	Alexis BOYKIN	JR	#1 MIT	48.90m	160-5	4/7
2	8	Emily BALL	JR	#1 MIT	{2} 46.08m	151-2	4/13
3	84	Sadie OLSON	SR	#2 Coast Guard	39.95m	131-1	4/20
4	87	Macy BRENNAN	FR	#1 MIT	{3} 39.86m	130-9	4/7
5		Morgan COLLINS	SR	#3 WPI	39.01m	128-0	4/14
6		Lily SIEGELMAN	FR	#1 MIT	{4} 36.14m	118-7	4/7
7		Katelynn TAYLOR	JR	#5 Springfield (Mas	34.90m	114-6	4/20
8		Elizabeth MATTICOLI	SR	#3 WPI	{2} 34.38m	112-10	4/27
9		Erika LEASHER	JR	#1 MIT	{5} 33.82m	111-0	4/27
10		Charlotte GEROW	SO	#5 Springfield (Mas	{2} 33.72m	110-8	4/20

Women's Hammer

1	2	Alexis BOYKIN	JR	#1 MIT	59.63m	195-8	4/20
2	43	Emily BALL	JR	#1 MIT	{2} 49.16m	161-4	4/27
3	48	Anika WAGNER	SO	#4 Wheaton (Mass.)	48.94m	160-7	4/27
4	87	Morgan COLLINS	SR	#3 WPI	46.64m	153-0	4/27
5	98	Sadie OLSON	SR	#2 Coast Guard	46.23m	151-8	4/6
6		Elizabeth MATTICOLI	SR	#3 WPI	{2} 45.92m	150-8	4/27
7		Lilia OULD-HAMMOU	SO	#1 MIT	{3} 44.37m	145-7	4/27
8		Macy BRENNAN	FR	#1 MIT	{4} 43.79m	143-8	4/20
9		Lily MCDOWELL	SR	#4 Wheaton (Mass.)	{2} 42.02m	137-11	4/13
10		Katelynn TAYLOR	JR	#5 Springfield (Mas	39.97m	131-2	4/6

Women's Javelin

1	16	Emily BALL	JR	#1 MIT	40.95m	134-4	4/27
2	17	Elizabeth MATTICOLI	SR	#3 WPI	40.93m	134-4	4/14
3	26	Elaine WANG	SO	#1 MIT	{2} 40.03m	131-4	4/27
4	47	Emily DOYLE	SR	#6 Wellesley	38.76m	127-2	4/13
5	55	Katy GORDEN	SO	#3 WPI	{2} 38.38m	125-11	4/6
6		Jacey TIPPMAN	JR	#2 Coast Guard	34.62m	113-7	4/27
7		Emily DAVIS-MORIN	SR	#2 Coast Guard	{2} 34.09m	111-10	4/13
8		Bailey MCDEVITT	SO	#5 Springfield (Mas	33.18m	108-10	4/6
9		Sadie OLSON	SR	#2 Coast Guard	{3} 32.75m	107-6	4/27
10		Lauren COUTU	SO	#3 WPI	{3} 31.52m	103-5	4/20

Women's Heptathlon

1	97	Lauren COUTU	SO	#3 WPI	3,360	4/27
2		Tara JESSEN	SO	#2 Coast Guard	3,236	4/27
3		Elaine MCCARTY	FR	#9 Smith	3,192	4/27
4		Abbie CRAMER	SO	#4 Wheaton (Mass.)	2,993	4/27
5		Madaket STOLTZ	FR	#7 Babson	2,973	4/27
6		Christina LANG	FR	#4 Wheaton (Mass.)	{2} 2,926	4/27
7		Jillian BARRY	FR	#5 Springfield (Mas	2,344	4/27



Conference TFRI Event Summary



NJAC

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Women's 100 Meters

1	39	Chidimma IGWE	SR	#4 Rutgers-Newark	12.15	(1.3)	4/20
2	42	Rebecca KNEPPEL	JR	#5 Ramapo	12.16w	(2.7)	4/20
3		Molly LODGE	JR	#2 Rowan	12.38	(-0.6)	3/30
4		Ashanae MORRISON	JR	#3 Stockton	12.41	(-0.7)	4/20
5		Michelle ITOUA	SO	#6 Montclair State	12.45w	(2.9)	4/20
6		Zrreyah MOORE	SR	#4 Rutgers-Newark{2}	12.49	(-0.2)	4/27
7		Reyanna HENDERSON	JR	#8 New Jersey City	12.52w	(2.8)	4/20
8		Ayriana YOUNG	SO	#8 New Jersey City {2}	12.59w	(3.5)	4/20
8		Mackenzie BURKE	FR	#1 TCNJ	12.59w	(3.7)	3/30
10		Mya WALKER	FR	#2 Rowan {2}	12.60w	(2.2)	3/16

Women's 100 Meter Hurdles

1	23	Eliza BRUNCAJ	JR	#1 TCNJ	14.49	(1.0)	4/13
2		Carmelle ALEXIS	JR	#4 Rutgers-Newark	15.30w	(2.7)	4/20
3		Ayriana YOUNG	SO	#8 New Jersey City	15.34	(-0.9)	4/27
4		Mackenzie BURKE	FR	#1 TCNJ {2}	15.65	(0.5)	4/13
5		Gloria HUGHES	JR	#2 Rowan	15.81	(-1.4)	3/16
6		Brya BYRD	SR	#4 Rutgers-Newark{2}	15.88w	(3.2)	4/20
7		Sarah SCEPKOWSKI	SO	#1 TCNJ {3}	16.03	(1.5)	4/13
8		Abigail GALLACHER	FR	#3 Stockton	16.43	(1.5)	3/22
9		Cristen MOLIWOLO	SO	#3 Stockton {2}	16.72	(1.5)	3/22
10		Natalie KRONCKE	FR	#3 Stockton {3}	16.86	(1.5)	3/22

Women's 200 Meters

1	14	Rebecca KNEPPEL	JR	#5 Ramapo	24.59w	(2.8)	3/30
2	43	Zrreyah MOORE	SR	#4 Rutgers-Newark	24.97w	(2.3)	4/20
3	48	Chidimma IGWE	SR	#4 Rutgers-Newark{2}	25.02w	(2.3)	4/20
4		Ashanae MORRISON	JR	#3 Stockton	25.49	(-0.3)	4/20
5		Nevaeh LORJUSTE	JR	#2 Rowan	25.57	(-0.6)	4/20
6		Molly LODGE	JR	#2 Rowan {2}	25.58	(0.0)	4/6
7		Kathleen PEDERSEN	SR	#2 Rowan {3}	25.61	(0.1)	3/16
7		Jasmine BROADWAY	JR	#2 Rowan {3}	25.61	(0.8)	4/20
9		Jasmine POPE	JR	#2 Rowan {5}	25.96	(-1.1)	3/30
10		Kelsey THOMAS	FR	#1 TCNJ	26.32	(0.0)	4/27
10		Reyanna HENDERSON	JR	#8 New Jersey City	26.32	(1.1)	4/13

Women's 400 Meters

1	18	Zrreyah MOORE	SR	#4 Rutgers-Newark	56.44		4/20
2	27	Nevaeh LORJUSTE	JR	#2 Rowan	56.72		4/20
3	58	Molly LODGE	JR	#2 Rowan {2}	57.70		4/6
4	70	Kathleen PEDERSEN	SR	#2 Rowan {3}	57.95		4/20
5		Rebecca KNEPPEL	JR	#5 Ramapo	58.64		4/13
6		Reyanna HENDERSON	JR	#8 New Jersey City	59.20		4/20
7		Kelly O'GRADY	SO	#1 TCNJ	59.27		4/27
8		Rukiyat DARANIJO	FR	#1 TCNJ {2}	1:00.03		4/20
9		Dale LEONARD	FR	#5 Ramapo {2}	1:00.35		3/30
10		Jasmine POPE	JR	#2 Rowan {4}	1:00.50		4/13

Women's 400 Meter Hurdles

1	6	Molly LODGE	JR	#2 Rowan	1:02.26		4/13
2	15	Eliza BRUNCAJ	JR	#1 TCNJ	1:03.05		3/30
3	22	Emma PETROLIA	SO	#3 Stockton	1:03.46		4/20
4	50	Mackenzie BURKE	FR	#1 TCNJ {2}	1:04.98		4/20
5	77	Brianna DESANTO	FR	#2 Rowan {2}	1:05.90		4/20
6	80	Carmelle ALEXIS	JR	#4 Rutgers-Newark	1:06.09		4/20
7		Abigail PETROLIA	FR	#3 Stockton {2}	1:08.56		4/13
8		Brya BYRD	SR	#4 Rutgers-Newark{2}	1:09.06		4/20
9		Ellie HALLMAN	SO	#3 Stockton {3}	1:09.60		4/27
10		Odalys GUERRERO-DOMINGUEZ	SO	#6 Montclair State	1:10.30		4/20

Women's 800 Meters

1	5	Kayla KASS	SO	#3 Stockton	2:09.39		4/20
2	34	Dale LEONARD	FR	#5 Ramapo	2:13.74		4/6
3	47	Anna SASSE	JR	#2 Rowan	2:15.37		4/27
4	89	Ally WERNIK	FR	#2 Rowan {2}	2:17.20		4/20
5		Kelly O'GRADY	SO	#1 TCNJ	2:17.68		4/20
6		Amanda MCNALLY	SR	#2 Rowan {3}	2:19.47		4/27
7		Lauren BARKER	FR	#1 TCNJ {2}	2:19.67		4/20
8		Gianna BURGIO	SO	#2 Rowan {4}	2:19.70		3/30
9		Rachel HAYES	SO	#3 Stockton {2}	2:21.00		4/20
10		Rizzo AVA	FR	#2 Rowan {5}	2:21.33		4/20

Women's 1500 Meters

1	14	Dale LEONARD	FR	#5 Ramapo	4:31.11		4/26
2	57	Anna SASSE	JR	#2 Rowan	4:38.89		4/20
3		Katherine RICE	JR	#1 TCNJ	4:45.99		4/20
4		Ally WERNIK	FR	#2 Rowan {2}	4:47.08		4/13
5		Kayla KASS	SO	#3 Stockton	4:47.50		4/27
6		Amanda MCNALLY	SR	#2 Rowan {3}	4:47.62		4/20
7		Lauren BARKER	FR	#1 TCNJ {2}	4:48.50		4/27
8		Suzanne ZAUGG	SR	#5 Ramapo {2}	4:49.52		4/26
9		Gianna BURGIO	SO	#2 Rowan {4}	4:50.86		4/20
10		Salini IYER	SR	#1 TCNJ {3}	4:51.70		4/20

Women's Steeplechase

1	43	Anna SASSE	JR	#2 Rowan	11:19.59		4/6
2		Emily ZANNI	FR	#2 Rowan {2}	11:42.48		4/6
3		Olivia HARRIS	SR	#3 Stockton	11:55.50		4/13
4		Molly BOSSDORF	JR	#1 TCNJ	11:56.38		4/20
5		Mackenzie SABER	SO	#2 Rowan {3}	12:41.39		4/6
6		Brianna RODDY	SO	#6 Montclair State	13:10.38		3/30
7		Carmelina SANCI	SR	#1 TCNJ {2}	13:44.52		4/20
8		Kelly WITTERS	SO	#6 Montclair State {2}	14:05.10		4/27



Conference TFRI Event Summary



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Women's 5000 Meters

1	71	Dale LEONARD	FR	#5	Ramapo	17:30.27	4/20
2		Cassidy QUINN	SR	#1	TCNJ	17:51.74	4/20
3		Emily HOEGLER	JR	#1	TCNJ	{2} 17:54.82	4/20
4		Mia GUERRA	SR	#2	Rowan	17:55.04	4/20
5		Jaelyn BARKLEY	JR	#3	Stockton	17:56.77	4/20
6		Anna SASSE	JR	#2	Rowan	{2} 18:12.06	3/30
7		Emily ZANNI	FR	#2	Rowan	{3} 18:12.46	4/20
8		Ally WERNIK	FR	#2	Rowan	{4} 18:15.22	3/30
9		Suzanne ZAUGG	SR	#5	Ramapo	{2} 18:21.19	4/20
10		Cameron WRIGHT	SR	#2	Rowan	{5} 18:22.29	4/20

Women's 10,000 Meters

1		Aubrey JOHNSON	SR	#6	Montclair State	39:00.79	3/30
2		Guinevere KENNEDY	SO	#3	Stockton	40:36.25	3/30
3		Nicole ARITA	SR	#1	TCNJ	40:55.95	4/6
4		Isabella CAMPIGLIA	SO	#3	Stockton	{2} 41:51.39	3/30
5		Liz CLAROS	SO	#1	TCNJ	{2} 43:12.06	4/6

Women's 4x100 Relay

1	44	Brya Byrd, Nadya Coleman, Chidimma Igwe, Zrreya Moore		#4	Rutgers-Newark	48.39	4/20
2	81	Barbara Exilus, Rebecca Kneppel, Ashley Gordon, Isabel Crespo		#5	Ramapo	49.28	4/20
3	87	#Type!		#2	Rowan	49.39	4/27
4	91	#Type!		#1	TCNJ	49.52	4/13
5		#Type!		#3	Stockton	50.06	4/20
6		Jessica Holler, Alexa Ali, Jealyne Ramos, Michelle Itoua		#6	Montclair State	50.62	4/20
7		Sarah Knoetig, Tamia Shannon, Jocelyn Herelle, Brianna Harris		#9	Kean	53.14	4/27
8		#Type!		#7	Rutgers-Camder	56.95	3/30

Women's 4x400 Relay

1	11	Chastiney Pearson, Jasmine Pope, Molly Lodge, Nevaeh Lorjuste		#2	Rowan	3:51.66	4/27
2	25	Erin Hanlon, Eliza Bruncaj, Kelsey Thomas, Amanda Demko		#1	TCNJ	3:55.95	3/30
3	47	Emma Conroy, Emma Petrolia, Abigail Petrolia, Kayla Kass		#3	Stockton	4:00.98	4/27
4	61	Isabel Crespo, Barbara Exilus, Rebecca Kneppel, Dale Leonard		#5	Ramapo	4:02.35	4/26
5		#Type!		#8	New Jersey City	4:13.89	4/13
6		Odalys Guerrero-dominguez, Michelle Itoua, Alexa Ali, Jealyne Ramos		#6	Montclair State	4:14.35	3/30
7		Carmelle Alexis, Brya Byrd, Chidimma Igwe, Zrreya Moore		#4	Rutgers-Newark	4:15.67	3/16
8		Breanne Hoyte, Shukuran Adewole, Januaria Singleton, Sarah Knoetig		#9	Kean	4:36.65	4/27

Women's High Jump

1	84	Sarah SCEPKOWSKI	SO	#1	TCNJ	1.59m	5-2½	4/13
2		Kayley HARNETT	JR	#1	TCNJ	{2} 1.57m	5-1¾	3/22
2		Kaitlyn VERVER	JR	#3	Stockton	1.57m	5-1¾	3/30
4		Abigail PFAFF	JR	#1	TCNJ	{3} 1.47m	4-9¾	3/22
5		Jessica BRANHAM	SO	#5	Ramapo	1.45m	4-9	4/20
6		Alison PETRO	JR	#7	Rutgers-Camder	1.44m	4-8¾	4/13
7		Gloria HUGHES	JR	#2	Rowan	1.42m	4-7¾	3/30
7		Lindsay HAND	FR	#3	Stockton	{2} 1.42m	4-7¾	3/30
9		Isabella BORDON	SO	#7	Rutgers-Camder	{2} 1.41m	4-7½	4/13
10		Maya ROSADO	SO	#3	Stockton	{3} 1.37m	4-6	3/22

Women's Pole Vault

1		Madison FEY	JR	#3	Stockton	3.20m	10-6	3/30
2		Julia DAKWAR	SR	#1	TCNJ	3.15m	10-4	4/20
3		Maya SCANNELL	FR	#1	TCNJ	{2} 3.00m	9-10	4/20
4		Emerson DIRK	FR	#1	TCNJ	{3} 2.85m	9-4¼	4/13
5		Isabella MRAZ	SO	#1	TCNJ	{4} 2.70m	8-10¼	4/13
6		Cadence MULLER	FR	#2	Rowan	2.25m	7-4½	4/13



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NJAC

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Women's Long Jump

1	73	Ashanae MORRISON	JR	#3 Stockton	5.44m	17-10¼ (0.0)	4/20
2		Lia MALAVE	FR	#1 TCNJ	5.28m	17-4 (2.0)	3/22
3		Sidney WHETSTONE	JR	#2 Rowan	5.23mw	17-2 (2.2)	4/27
4		Khristina WASHINGTON	SR	#3 Stockton	{2} 5.19m	17-½ (0.0)	4/20
5		Kathleen GSELL	FR	#1 TCNJ	{2} 5.14mw	16-10½ (2.4)	3/22
6		Emma PETROLIA	SO	#3 Stockton	{3} 5.12m	16-9¾ (1.3)	3/30
7		McKenna PONTARI	FR	#3 Stockton	{4} 5.04m	16-6½ (0.0)	4/20
8		Jessica BRANHAM	SO	#5 Ramapo	5.02m	16-5¾ (0.0)	4/26
8		Mia PEGUERO	SR	#6 Montclair State	5.02m	16-5¾ (-1.8)	4/20
10		Isabel DUVAL	FR	#3 Stockton	{5} 4.93m	16-2¼ (1.5)	4/27

Women's Triple Jump

1	57	Ashanae MORRISON	JR	#3 Stockton	11.30m	37-1 (0.3)	4/27
2	97	Khristina WASHINGTON	SR	#3 Stockton	{2} 11.07m	36-4 (0.7)	3/30
3		Emma PETROLIA	SO	#3 Stockton	{3} 10.94m	35-10¼ (0.0)	4/20
4		Mia PEGUERO	SR	#6 Montclair State	10.69m	35-1 (-1.9)	3/30
5		Kaitlyn VERVER	JR	#3 Stockton	{4} 10.47m	34-4¼ (-0.7)	3/30
6		Brooke VALAN	SO	#3 Stockton	{5} 10.44m	34-3 (0.7)	3/30
7		Brianna DESANTO	FR	#2 Rowan	10.26m	33-8 (-0.2)	3/30
8		Emily TURSCHMANN	FR	#1 TCNJ	10.18m	33-4¾ (1.7)	4/6
9		Tamia SHANNON	FR	#9 Kean	9.89mw	32-5½ (3.0)	3/30

Women's Shot Put

1	28	Isabelle DEAL	SR	#2 Rowan	13.22m	43-4½	3/16
2		Kerri MCCARTHY	JR	#1 TCNJ	12.24m	40-2	4/13
3		Edith GONZALEZ	SR	#1 TCNJ	{2} 12.15m	39-10½	3/30
4		Shanil AUGUSTE	SR	#4 Rutgers-Newark	11.55m	37-10¾	4/13
5		grace VIT	JR	#2 Rowan	{2} 11.53m	37-10	4/27
6		Jess BENTLEY	FR	#3 Stockton	11.37m	37-3¾	4/27
7		Jessica REILLY	JR	#1 TCNJ	{3} 11.22m	36-9¾	4/13
8		Allison LAVIN	FR	#1 TCNJ	{4} 11.19m	36-8½	4/27
9		Alexia BEY	SO	#2 Rowan	{3} 11.13m	36-6¼	4/27
10		Maya YESALONIS	FR	#6 Montclair State	11.12m	36-5¾	3/30

Women's Discus

1	9	Michaela POMATTO	SO	#3 Stockton	45.51m	149-4	4/20
2		Kaydence FISCHER	FR	#1 TCNJ	38.46m	126-2	4/20
3		Alexis MARINI	SR	#7 Rutgers-Camder	36.13m	118-7	4/20
4		Allison LAVIN	FR	#1 TCNJ	{2} 35.55m	116-8	4/27
5		Jessica REILLY	JR	#1 TCNJ	{3} 34.77m	114-1	4/6
6		Shanil AUGUSTE	SR	#4 Rutgers-Newark	34.51m	113-3	3/16
7		Emily DISZLER	SR	#1 TCNJ	{4} 34.46m	113-1	4/6
8		Chrystanna DECKER	SO	#3 Stockton	{2} 32.00m	105-0	4/13
9		Isabella CERVANTES	FR	#3 Stockton	{3} 31.12m	102-1	4/20
10		Victoria BERLINSKI	FR	#6 Montclair State	30.58m	100-4	4/20

Women's Hammer

1	18	Jessica REILLY	JR	#1 TCNJ	52.35m	171-9	4/27
2	31	Alexis MARINI	SR	#7 Rutgers-Camder	51.21m	168-0	4/20
3		Kerri MCCARTHY	JR	#1 TCNJ	{2} 45.48m	149-3	4/13
4		Isabella FREDA	JR	#3 Stockton	44.94m	147-5	4/27
5		Quamora PROCTOR	JR	#3 Stockton	{2} 44.03m	144-6	4/6
6		Edith GONZALEZ	SR	#1 TCNJ	{3} 43.62m	143-2	4/13
7		Victoria BERLINSKI	FR	#6 Montclair State	43.24m	141-11	4/27
8		Alexia BEY	SO	#2 Rowan	41.86m	137-4	3/16
9		Emily DISZLER	SR	#1 TCNJ	{4} 40.99m	134-6	4/13
10		Isabelle DEAL	SR	#2 Rowan	{2} 40.56m	133-1	3/16

Women's Javelin

1	14	Isabelle DEAL	SR	#2 Rowan	41.35m	135-8	4/20
2	38	Megan CAMPANILE	FR	#3 Stockton	39.09m	128-3	4/6
3		Lily LORIO	SR	#1 TCNJ	35.22m	115-7	4/27
4		Jess RODGERS	SR	#2 Rowan	{2} 34.68m	113-10	3/30
5		Annalise STEPHENS	JR	#1 TCNJ	{2} 34.13m	112-0	4/27
6		grace VIT	JR	#2 Rowan	{3} 31.56m	103-7	4/6
7		Allison LAVIN	FR	#1 TCNJ	{3} 31.49m	103-4	4/27
8		Sabrina BAER		#2 Rowan	{4} 31.09m	102-0	4/6
9		Dimitra KOSSIS	JR	#2 Rowan	{5} 30.27m	99-3¾	4/27
10		Shyanne ANSON	SO	#8 New Jersey City	30.04m	98-6¾	4/20

Women's Heptathlon

1	58	Sarah SCEPKOWSKI	SO	#1 TCNJ	3,778		4/13
2		Ashley ADAMES	JR	#8 New Jersey City	3,032		4/13
3		Erin MCGAULEY	SO	#1 TCNJ	{2} 2,806		4/13
4		Isabella BORDON	SO	#7 Rutgers-Camder	2,651		4/13
5		Kaitlyn NOVAK	FR	#7 Rutgers-Camder	{2} 1,322		4/13



Conference TFRI Event Summary



NWC

as of 4/30/2024 1:55:50 PM ET

Women's 100 Meters

1	10	Kyrstin WILSON	SO	#8 Puget Sound	11.88w	(3.5)	4/20
2	42	Alison BALL	SR	#2 Whitworth	12.16	(1.3)	4/20
3	71	Amelia HEWSON	SR	#2 Whitworth	{2} 12.28w	(3.5)	4/20
4	74	Jordyn LUNGO	SR	#2 Whitworth	{3} 12.29	(-0.1)	4/20
5		Kira HAWAABOO	FR	#4 Linfield	12.36	(1.3)	4/20
6		Allyson HAMMOND	SO	#3 Pacific (Ore.)	12.44	(0.7)	4/27
7		Paige KASSO	FR	#4 Linfield	{2} 12.54w	(3.9)	3/23
7		Isabella PEREIRA	FR	#2 Whitworth	{4} 12.54w	(3.5)	4/20
9		Macy O'HARA	SR	#7 Lewis & Clark	12.57	(1.0)	4/5
10		Hillary CONNORS	SR	#4 Linfield	{3} 12.68w	(3.5)	4/20

Women's 100 Meter Hurdles

1	21	Amelia HEWSON	SR	#2 Whitworth	14.47	(-0.1)	4/11
2	28	Allyson HAMMOND	SO	#3 Pacific (Ore.)	14.64	(0.7)	4/27
3	40	Ayahna BAHATI	JR	#1 George Fox	14.81	(0.4)	4/20
4	97	Elisabeth JENSEN	SR	#1 George Fox	{2} 15.28w	(2.4)	4/20
5		Breanne RAWLS	JR	#2 Whitworth	{2} 15.33	(1.7)	4/9
6		Jordan ROBERTS	SO	#4 Linfield	15.40	(0.4)	4/20
7		Lavender BEL	FR	#6 Willamette	15.63	(-0.5)	4/20
8		Breeauna O'REAR	SR	#1 George Fox	{3} 15.87	(0.1)	3/22
8		Lecia SINCERE	SO	#6 Willamette	{2} 15.87	(0.4)	4/20
10		Jenna HUNTSMAN	SO	#1 George Fox	{4} 15.88w	(2.2)	4/9

Women's 200 Meters

1	28	Jackilyn LEWIS	SR	#8 Puget Sound	24.84w	(3.9)	4/20
2	35	Alison BALL	SR	#2 Whitworth	24.93w	(3.9)	4/20
3	55	Allyson HAMMOND	SO	#3 Pacific (Ore.)	25.07w	(2.6)	3/30
3	55	Kyrstin WILSON	SO	#8 Puget Sound	{2} 25.07w	(2.5)	4/20
5	99	Jordyn LUNGO	SR	#2 Whitworth	{2} 25.39w	(3.9)	4/20
6		Rachelle SILIS	SO	#4 Linfield	25.56w	(3.9)	4/20
6		Macy O'HARA	SR	#7 Lewis & Clark	25.56w	(2.6)	3/30
8		Kira HAWAABOO	FR	#4 Linfield	{2} 25.68w	(2.5)	4/20
9		Paige KASSO	FR	#4 Linfield	{3} 25.83w	(3.9)	4/20
10		Angelica GATICA GOMEZ	JR	#3 Pacific (Ore.)	{2} 25.92w	(2.5)	4/20

Women's 400 Meters

1	37	Jackilyn LEWIS	SR	#8 Puget Sound	57.13		4/20
2	44	Elizabeth BEISWANGER	FR	#8 Puget Sound	{2} 57.40		4/20
3	55	Macy O'HARA	SR	#7 Lewis & Clark	57.63		4/20
4	87	Angelica GATICA GOMEZ	JR	#3 Pacific (Ore.)	58.23		4/20
5	97	Rachelle SILIS	SO	#4 Linfield	58.38		4/20
6		Justice MCBRIDE-STEIGER	SR	#4 Linfield	{2} 59.67		4/20
7		Emily RUTKOWSKI	SR	#3 Pacific (Ore.)	{2} 1:00.32		4/27
8		Elsie CHIN	SO	#7 Lewis & Clark	{2} 1:00.44		4/20
9		Kenzie LEE	SO	#6 Willamette	1:00.84		4/20
9		Lexi WATSON	SO	#1 George Fox	1:00.84		3/16

Women's 400 Meter Hurdles

1	39	Emily RUTKOWSKI	SR	#3 Pacific (Ore.)	1:04.60		4/20
2	64	Emily BROWN	FR	#2 Whitworth	1:05.45		4/20
3	90	Mashani COLEMAN	SO	#6 Willamette	1:06.57		4/20
4		Elsie CHIN	SO	#7 Lewis & Clark	1:07.41		4/20
5		Courtney VANGIESEN	JR	#1 George Fox	1:08.81		4/20
6		Sage MILLER	SO	#6 Willamette	{2} 1:10.09		4/20
7		Katie BRIGGS	SO	#6 Willamette	{3} 1:10.18		4/6
8		Carolyn MAYBERRY	FR	#7 Lewis & Clark	{2} 1:10.29		4/20
9		Hannah HIGENS	FR	#2 Whitworth	{2} 1:10.90		4/20
10		Klaira FLATT	SO	#4 Linfield	1:11.19		4/13

Women's 800 Meters

1	13	Ellie RISING	JR	#1 George Fox	2:11.49		4/20
2	43	Annie BERRY	SR	#3 Pacific (Ore.)	2:14.95		3/30
3	55	Malia HEIEN	SO	#7 Lewis & Clark	2:15.63		4/13
4	83	Elizabeth BEISWANGER	FR	#8 Puget Sound	2:16.79		3/30
5	97	Lily JONES	FR	#2 Whitworth	2:17.56		3/22
6		Jennifer TORRES-BERMEDEZ	SR	#4 Linfield	2:18.37		4/20
7		Elizabeth WARREN	SR	#1 George Fox	{2} 2:18.41		3/16
8		Erin SCHMIDLIN	FR	#8 Puget Sound	{2} 2:19.56		4/20
8		Annalise GONZALES	SO	#1 George Fox	{3} 2:19.56		4/20
10		Elizabeth BRADLEY	SR	#3 Pacific (Ore.)	{2} 2:19.61		4/27

Women's 1500 Meters

1	25	Ellie RISING	JR	#1 George Fox	4:33.56		4/20
2	46	Annie BERRY	SR	#3 Pacific (Ore.)	4:37.28		3/23
3	55	Malia HEIEN	SO	#7 Lewis & Clark	4:38.80		4/20
4	74	Riley BUESE	JR	#7 Lewis & Clark	{2} 4:40.95		4/13
5	81	Jennifer TORRES-BERMEDEZ	SR	#4 Linfield	4:41.45		4/13
6		Lily JONES	FR	#2 Whitworth	4:47.03		4/20
7		Kendall MCKIBBON	JR	#1 George Fox	{2} 4:48.83		3/23
8		Elizabeth BRADLEY	SR	#3 Pacific (Ore.)	{2} 4:49.80		4/20
9		Karina RODRIGUEZ	SO	#1 George Fox	{3} 4:50.79		3/23
10		Sarah PULLEN	SO	#1 George Fox	{4} 4:51.21		3/23

Women's Steeplechase

1	41	Cris BRETHER	JR	#3 Pacific (Ore.)	11:18.24		4/20
2	67	Zoe HEINO	SO	#6 Willamette	11:32.83		4/20
3	85	Katya SCHWIETERMAN	JR	#7 Lewis & Clark	11:38.01		4/20
4	94	Anastasiia LEMESH	SO	#6 Willamette	{2} 11:39.71		4/20
5	100	Abby CROSSLEY	FR	#2 Whitworth	11:40.25		4/20
6		Allie WILBER	JR	#1 George Fox	11:47.89		4/20
7		Jenessa TEACHOUT	JR	#1 George Fox	{2} 11:57.36		4/6
8		Jayden TAYLOR	FR	#4 Linfield	12:05.81		4/20
9		Morgan SHAW	FR	#6 Willamette	{3} 12:12.35		4/20
10		Annika DEAZLEY	JR	#5 Pacific Lutheran	12:31.23		4/20



Conference TFRI Event Summary



NWC

as of 4/30/2024 1:55:50 PM ET

Women's 5000 Meters

1	15	Riley BUESE	JR	#7 Lewis & Clark	16:48.15	4/20
2	85	Breanna SCHMITT	SO	#1 George Fox	17:35.43	4/20
3	96	Sarah PULLEN	SO	#1 George Fox {2}	17:39.43	4/20
4		Annie BERRY	SR	#3 Pacific (Ore.)	17:57.36	3/16
5		Kendall MCKIBBON	JR	#1 George Fox {3}	17:58.59	4/13
6		Madelyn BUCKLEY	SR	#2 Whitworth	18:04.95	4/20
7		Chloe COOK	FR	#1 George Fox {4}	18:12.84	3/16
8		Cris BRETHER	JR	#3 Pacific (Ore.) {2}	18:15.90	4/20
9		Katya SCHWIETERMAN	JR	#7 Lewis & Clark {2}	18:21.77	4/5
10		Madeleine BOYLE	SO	#7 Lewis & Clark {3}	18:23.17	4/5

Women's 10,000 Meters

1	7	Riley BUESE	JR	#7 Lewis & Clark	35:05.73	3/30
2	63	Breanna SCHMITT	SO	#1 George Fox	37:01.10	4/13
3	64	Kayla AALPOEL	SO	#1 George Fox {2}	37:04.51	3/2
4	88	Kendall MCKIBBON	JR	#1 George Fox {3}	37:54.57	3/2
5	98	Sarah PULLEN	SO	#1 George Fox {4}	38:13.47	3/2
6		Cris BRETHER	JR	#3 Pacific (Ore.)	38:28.01	3/2
7		Madelyn BUCKLEY	SR	#2 Whitworth	38:29.68	4/20
8		Alena KRULL	SO	#3 Pacific (Ore.) {2}	39:13.19	3/2
9		Abbie GOODWIN	FR	#1 George Fox {5}	40:26.72	4/20
10		Anna IVERSON	SR	#5 Pacific Lutheran	40:44.89	4/20

Women's 4x100 Relay

1	10	Jordyn Lungo, Amelia Hewson, Isabella Pereira, Alison Ball		#2 Whitworth	47.10	4/11
2	52	Hillary Connors, Rachelle Silis, Paige Kasso, Kira Hawaaboo		#4 Linfield	48.57	4/20
3	79	Lavender Bel, Mashani Coleman, Kenzie Lee, Salah Williams		#6 Willamette	49.22	4/20
4		Jenna Huntsman, Ayahna Bahati, Beth Parangan, Emily Crawford		#1 George Fox	49.96	4/20
5		Kyrstin Wilson, Sophia Rivas, Gianna Maldonado, Victoria Bradshaw		#8 Puget Sound	50.35	3/8
6		Greta Koegler, Kimberly Vidinha, Allyson Hammond, Jonette Singh		#3 Pacific (Ore.)	50.66	4/20
7		Cheyenne Hicks, Sarah Brandt, Madison Downey, D'Yhana Clemons		#5 Pacific Lutheran	50.68	4/20
8		Macy O'Hara, Elsie Chin, Tessa Robinson, Callow Soto		#7 Lewis & Clark	50.87	4/20

Women's 4x400 Relay

1	22	Kyrstin Wilson, Erin Schmidlin, Elizabeth Beiswanger, Jackilyn Lewis		#8 Puget Sound	3:54.91	4/20
2	35	Callow Soto, Malia Heien, Elsie Chin, Macy O'Hara		#7 Lewis & Clark	3:58.07	4/20
3	52	Elizabeth Warren, Lexi Watson, Annalise Gonzales, Ellie Rising		#1 George Fox	4:01.38	4/20
4	56	Justice McBride-Steiger, Jennifer Torres-Bermudez, Kira Hawaaboo, Rachelle Silis		#4 Linfield	4:01.75	4/20
5	69	Emily Rutkowski, Katrina Brisbois, Angelica Gatica Gomez, Annie Berry		#3 Pacific (Ore.)	4:03.37	4/20
6	75	Alison Ball, Hannah Hagens, Mikayla Buckley, Lily Jones		#2 Whitworth	4:04.20	4/20
7		Kenzie Lee, Mashani Coleman, Lavender Bel, Katie Wingo		#6 Willamette	4:12.14	4/20
8		Colleen Murata, Payton Davies, Lauren Dorris, Maleda Sims		#9 Whitman	4:21.69	4/20
9		Damaris Ibrahim, Allie Youngs, Abigail Caprye, Zoey Holt		#5 Pacific Lutheran	4:34.58	3/16

Women's High Jump

1	3	Whitley STEPP	SO	#6 Willamette	1.70m	5-7	4/20
2	25	Breanne RAWLS	JR	#2 Whitworth	1.65m	5-5	4/9
3	39	Erica SNYDER	SO	#6 Willamette {2}	1.62m	5-3¾	3/16
3	39	Kira HAWAABOO	FR	#4 Linfield	1.62m	5-3¾	3/16
3	39	Brianna TIRA	FR	#2 Whitworth {2}	1.62m	5-3¾	3/30
6		Marina CARROL	SR	#1 George Fox	1.57m	5-1¾	3/16
6		Logan ROBERTS	SO	#4 Linfield {2}	1.57m	5-1¾	3/16
8		Madison DOWNEY	FR	#5 Pacific Lutheran	1.55m	5-1	4/20
8		Jordyn REVERMAN	SR	#8 Puget Sound	1.55m	5-1	4/20
8		Breeauna O'REAR	SR	#1 George Fox {2}	1.55m	5-1	4/20
8		Cheyenne HICKS	FR	#5 Pacific Lutheran	1.55m	5-1	4/20
8		Elisabeth JENSEN	SR	#1 George Fox {2}	1.55m	5-1	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



NWC

as of 4/30/2024 1:55:51 PM ET

Women's Pole Vault

1	12	Grace TULLY	JR	#1	George Fox	3.81m	12-6	4/20
2	39	Siera CRAWFORD	SR	#4	Linfield	3.58m	11-9	3/9
3	41	Shelby LARSON	SR	#1	George Fox	{2} 3.55m	11-7¾	3/23
3	41	Angela HAWKINS	SO	#1	George Fox	{2} 3.55m	11-7¾	3/23
5		Allison GOODELL	SR	#8	Puget Sound	3.25m	10-8	4/20
5		Valerie BRUGGEMAN	JR	#1	George Fox	{4} 3.25m	10-8	3/16
5		Anna WILSON	SR	#1	George Fox	{4} 3.25m	10-8	3/16
5		Makayla KRAEMER	SR	#3	Pacific (Ore.)	3.25m	10-8	4/20
9		Kristine NGUYEN	SR	#5	Pacific Lutheran	3.20m	10-6	3/23
10		Victoria BRADSHAW	JR	#8	Puget Sound	{2} 2.80m	9-2¼	4/20

Women's Long Jump

1	2	Kira HAWAABOO	FR	#4	Linfield	5.96m	19-6¾ (1.5)	4/20
2	28	Brianna TIRA	FR	#2	Whitworth	5.60m	18-4½ (0.3)	4/11
3	35	Allyson HAMMOND	SO	#3	Pacific (Ore.)	5.59m	18-4¼ (0.9)	3/30
4	68	Victoria AZAR	JR	#1	George Fox	5.45m	17-10¾ (1.9)	4/20
5		Rachel JOHNSON	FR	#1	George Fox	{2} 5.25mw	17-2¾ (2.3)	4/20
6		Breanne RAWLS	JR	#2	Whitworth	{2} 5.22m	17-1½ (1.2)	4/20
7		Emily CRAWFORD	SO	#1	George Fox	{3} 5.15m	16-10¾ (1.7)	3/16
8		Rose DINH	FR	#7	Lewis & Clark	5.14m	16-10½ (1.1)	4/20
9		Jonette SINGH	FR	#3	Pacific (Ore.)	{2} 5.07m	16-7¾ (0.9)	4/20
10		Erica SNYDER	SO	#6	Willamette	5.04m	16-6½ (0.0)	3/9

Women's Triple Jump

1	67	Isabella PEREIRA	FR	#2	Whitworth	11.21m	36-9½ (1.0)	3/16
2	79	Madison DOWNEY	FR	#5	Pacific Lutheran	11.17mw	36-7¾ (3.3)	4/20
3	96	Kyleigh ARCHER	FR	#5	Pacific Lutheran	{2} 11.08mw	36-4¼ (3.5)	4/20
4	97	Jonette SINGH	FR	#3	Pacific (Ore.)	11.07m	36-4 (1.3)	4/20
5		Breanne RAWLS	JR	#2	Whitworth	{2} 11.03mw	36-2¼ (2.8)	4/20
6		Elisabeth JENSEN	SR	#1	George Fox	10.90m	35-9¼ (0.2)	4/20
7		Kyrstin WILSON	SO	#8	Puget Sound	10.88m	35-8½ (0.5)	3/23
8		Brianna TIRA	FR	#2	Whitworth	{3} 10.81mw	35-5¾ (2.4)	4/20
9		Erica SNYDER	SO	#6	Willamette	10.72m	35-2 (1.2)	4/20
10		Lecia SINCERE	SO	#6	Willamette	{2} 10.57m	34-8¼ (-0.1)	3/30

Women's Shot Put

1	16	Renee TIUMALU	SR	#2	Whitworth	13.60m	44-7½	4/20
2	30	Georjina SOLIAI	JR	#5	Pacific Lutheran	13.18m	43-3	4/13
3	60	Ellena CORWIN	SR	#1	George Fox	12.70m	41-8	4/20
4	67	Amblessed OKEMGBO	SO	#2	Whitworth	{2} 12.60m	41-4¼	3/22
5	81	Teuila ILALIO	FR	#5	Pacific Lutheran	{2} 12.42m	40-9	4/20
6	96	Izzy BOYD	FR	#2	Whitworth	{3} 12.26m	40-2¾	3/16
7		Alicia-Ellalynn SOLIAI	FR	#5	Pacific Lutheran	{3} 12.00m	39-4½	3/16
8		Kailee WALKER	SR	#1	George Fox	{2} 11.99m	39-4	4/20
9		Nia PILE	SO	#7	Lewis & Clark	11.85m	38-10½	4/13
10		Dylainee CARMONY	FR	#1	George Fox	{3} 11.72m	38-5½	3/16

Women's Discus

1	5	Amblessed OKEMGBO	SO	#2	Whitworth	46.61m	152-11	4/20
2	47	Kailee WALKER	SR	#1	George Fox	41.78m	137-1	4/20
3	88	Alicia-Ellalynn SOLIAI	FR	#5	Pacific Lutheran	39.85m	130-9	4/20
4		Eva WIRTH	JR	#5	Pacific Lutheran	{2} 39.38m	129-3	4/20
5		Piper MCCOY HARMON	SO	#7	Lewis & Clark	39.20m	128-8	4/20
6		Lauryn RAWLS	SR	#2	Whitworth	{2} 39.06m	128-2	3/22
7		Autumn GERARD	SR	#3	Pacific (Ore.)	38.54m	126-6	4/20
8		Kaitlyn JOHNSON	SR	#1	George Fox	{2} 38.14m	125-2	3/23
9		Addie WENGENDER	JR	#1	George Fox	{3} 36.80m	120-9	4/20
10		Renee TIUMALU	SR	#2	Whitworth	{3} 36.75m	120-7	3/2

Women's Hammer

1	56	Tenley GRANT	JR	#6	Willamette	48.37m	158-9	4/6
2	76	Eva WIRTH	JR	#5	Pacific Lutheran	47.13m	154-8	4/20
3	99	Kaitlyn JOHNSON	SR	#1	George Fox	46.19m	151-7	3/9
4		Jaelene CHAVEZ	SR	#1	George Fox	{2} 45.69m	149-11	4/6
5		Alessandra VALMONTE	SO	#5	Pacific Lutheran	{2} 43.01m	141-2	4/13
6		Logan SPENCER	JR	#2	Whitworth	41.67m	136-9	4/11
7		Renee TIUMALU	SR	#2	Whitworth	{2} 40.98m	134-6	3/30
8		Katy COOK	SO	#5	Pacific Lutheran	{3} 40.88m	134-2	4/13
9		Natalie ELLIS	FR	#2	Whitworth	{3} 40.43m	132-8	3/22
10		Autumn GERARD	SR	#3	Pacific (Ore.)	40.23m	132-0	4/20

Women's Javelin

1	3	Chrissy STRICKLAND	SR	#1	George Fox	45.23m	148-5	4/20
2	8	Devyn CHELIN	FR	#2	Whitworth	42.65m	139-11	4/20
3	12	Ellena CORWIN	SR	#1	George Fox	{2} 41.85m	137-4	4/20
4	27	Katy COOK	SO	#5	Pacific Lutheran	40.02m	131-4	4/20
5	32	Kaiona APIO	SR	#6	Willamette	39.29m	128-11	3/21
6	56	Natalie ELLIS	FR	#2	Whitworth	{2} 38.24m	125-6	4/20
7	74	Logan SPENCER	JR	#2	Whitworth	{3} 37.34m	122-6	4/20
8	83	Emily BROWN	FR	#2	Whitworth	{4} 36.91m	121-1	3/22
9	97	Eboni ZEHNER	FR	#4	Linfield	36.33m	119-3	4/20
10		Makayla TUIOLEMOTU	SO	#3	Pacific (Ore.)	35.87m	117-8	3/16

Women's Heptathlon

1	14	Kira HAWAABOO	FR	#4	Linfield	4,495		4/9
2	21	Breeauna O'REAR	SR	#1	George Fox	4,381		4/9
3	22	Breanne RAWLS	JR	#2	Whitworth	4,379		3/22
4	29	Elisabeth JENSEN	SR	#1	George Fox	{2} 4,257		4/9
5	47	Emily BROWN	FR	#2	Whitworth	{2} 3,934		3/22
6	65	Jenna HUNTSMAN	SO	#1	George Fox	{3} 3,704		4/9
7	74	Courtney TIERNAN	SO	#3	Pacific (Ore.)	3,546		3/25
8	78	Dylainee CARMONY	FR	#1	George Fox	{4} 3,521		3/22
9	89	Erica SNYDER	SO	#6	Willamette	3,426		4/9
10		Brianna TIRA	FR	#2	Whitworth	{3} 2,946		3/22



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



OAC

as of 4/30/2024 1:55:51 PM ET

Women's 100 Meters

1	20	Genevieve ARNOLD	JR	#3 John Carroll	11.98w	(2.7)	4/13
2	31	Kenadee WAYT	SR	#2 Mount Union	12.11	(0.2)	4/13
3	74	Abby COLLIER	JR	#4 Baldwin Wallace	12.29	(-0.9)	4/25
4	78	Bri HAY	FR	#4 Baldwin Wallace{2}	12.30	(-0.9)	4/25
5		Mia SCOTT	JR	#3 John Carroll	{2} 12.42w	(3.6)	4/20
6		Paige SIMPSON	FR	#1 Ohio Northern	12.51	(-1.6)	4/6
7		Madison MILES	JR	#2 Mount Union	{2} 12.53w	(2.5)	4/13
8		Kylee SCHAFER	JR	#7 Wilmington (Ohi	12.68	(1.9)	4/19
9		Kendra KRICHBAUM	JR	#1 Ohio Northern	{2} 12.69w	(2.6)	3/30
10		Madison DIETZ	SR	#7 Wilmington (Ohi{2}	12.75w	(2.1)	3/30

Women's 100 Meter Hurdles

1	71	Genevieve ARNOLD	JR	#3 John Carroll	15.06w	(2.7)	4/20
2		Elizabeth MASON	FR	#2 Mount Union	15.36w	(2.2)	4/6
3		Olyvia ASHBROOK	JR	#1 Ohio Northern	15.44	(0.6)	4/6
4		Rosie SCHROEDER	SR	#1 Ohio Northern	{2} 15.51	(1.5)	4/27
5		Olivia BEAN	SR	#6 Heidelberg	15.64w	(2.3)	4/13
6		Charlie DOLLIVER	SO	#5 Otterbein	15.77	(1.5)	4/27
7		Lexi WACHTMAN	JR	#6 Heidelberg	{2} 15.90	(1.7)	4/13
8		Maria DA CUNHA	SO	#10 Capital	16.07w	(3.2)	4/27
9		Kilikina SCHULTZ	SO	#9 Muskingum	16.48	(-2.0)	4/20
10		Paige KLINGENSMITH	FR	#2 Mount Union	{2} 16.50	(-0.4)	4/25

Women's 200 Meters

1	11	Kenadee WAYT	SR	#2 Mount Union	24.55	(1.0)	4/20
2	68	Abby COLLIER	JR	#4 Baldwin Wallace	25.20	(0.8)	3/30
3		Madison MILES	JR	#2 Mount Union	{2} 25.51w	(2.3)	4/20
4		Bri HAY	FR	#4 Baldwin Wallace{2}	25.73	(1.2)	4/13
5		Genevieve ARNOLD	JR	#3 John Carroll	25.77	(0.0)	4/13
6		Paige SIMPSON	FR	#1 Ohio Northern	25.79	(1.1)	4/27
7		Kendra KRICHBAUM	JR	#1 Ohio Northern	{2} 26.11	(1.1)	4/27
8		Rosie MURRAY	SO	#3 John Carroll	{2} 26.34	(1.2)	4/13
9		Halle COCHRAN	JR	#2 Mount Union	{3} 26.39	(1.5)	4/6
10		Haley COOK	SR	#7 Wilmington (Ohi	26.45w	(2.1)	3/30

Women's 400 Meters

1	2	Kenadee WAYT	SR	#2 Mount Union	55.08		3/30
2	31	Madison MILES	JR	#2 Mount Union	{2} 56.88		4/20
3	75	Abby COLLIER	JR	#4 Baldwin Wallace	58.04		4/20
4		Hope MURPHY	JR	#4 Baldwin Wallace{2}	58.52		4/6
5		Mary MASON	JR	#2 Mount Union	{3} 58.64		4/6
6		Elizabeth FUNKHOUSER	FR	#2 Mount Union	{4} 58.70		3/30
7		Michaela HIERONYMUS	SO	#8 Marietta	59.85		3/30
8		Ellie KITSMILLER	JR	#3 John Carroll	59.95		4/6
9		Haley COOK	SR	#7 Wilmington (Ohi	1:00.13		3/30
10		Halle COCHRAN	JR	#2 Mount Union	{5} 1:00.26		4/6

Women's 400 Meter Hurdles

1	32	Elizabeth FUNKHOUSER	FR	#2 Mount Union	1:04.28		4/19
2	52	Genevieve LEGAWIEC	FR	#5 Otterbein	1:05.08		4/13
3	91	Maria DA CUNHA	SO	#10 Capital	1:06.58		4/13
4	96	JJ HERRON	SR	#1 Ohio Northern	1:06.76		4/13
5	97	Olyvia ASHBROOK	JR	#1 Ohio Northern	{2} 1:06.77		4/13
6		Rosie MURRAY	SO	#3 John Carroll	1:07.52		4/25
7		Rebecca SANTOM	JR	#2 Mount Union	{2} 1:09.21		4/18
8		Katelyn MESSNER	JR	#1 Ohio Northern	{3} 1:09.29		4/13
9		Charlie DOLLIVER	SO	#5 Otterbein	{2} 1:10.35		4/13
10		Elizabeth CLEMENTE	JR	#3 John Carroll	{2} 1:10.50		4/25

Women's 800 Meters

1	8	Hope MURPHY	JR	#4 Baldwin Wallace	2:10.30		4/14
2	18	Mary MASON	JR	#2 Mount Union	2:12.00		4/14
3	49	Kenadee WAYT	SR	#2 Mount Union	{2} 2:15.40		4/6
4	60	Claire EBERHARDT	JR	#3 John Carroll	2:15.79		4/20
5	63	Ellie KITSMILLER	JR	#3 John Carroll	{2} 2:15.91		4/13
6		Madison MILES	JR	#2 Mount Union	{3} 2:19.20		4/6
7		Abby MATTHEWS	JR	#1 Ohio Northern	2:19.31		4/14
8		Rylee BARNO	FR	#4 Baldwin Wallace{2}	2:19.52		4/25
9		Annie HIGGINS	JR	#3 John Carroll	{3} 2:19.66		4/25
10		Abby COLLIER	JR	#4 Baldwin Wallace{3}	2:20.72		4/6

Women's 1500 Meters

1	8	Hope MURPHY	JR	#4 Baldwin Wallace	4:29.06		4/14
2	41	Claire EBERHARDT	JR	#3 John Carroll	4:36.74		4/13
3	54	Faith DUNCAN	SO	#7 Wilmington (Ohi	4:38.69		4/6
4	88	Morgan EDWARDS	JR	#3 John Carroll	{2} 4:41.83		4/6
5	95	Gianini VENUTO	JR	#2 Mount Union	4:42.21		4/6
6		Ellie KITSMILLER	JR	#3 John Carroll	{3} 4:46.26		3/30
7		Erin SMITH	JR	#2 Mount Union	{2} 4:47.43		4/14
8		Rylee BARNO	FR	#4 Baldwin Wallace{2}	4:47.81		4/20
9		Annie HIGGINS	JR	#3 John Carroll	{4} 4:47.95		4/20
10		Abby MATTHEWS	JR	#1 Ohio Northern	4:49.01		4/14

Women's Steeplechase

1		Natalie ARMBRUSTER	SO	#1 Ohio Northern	11:48.86		4/13
2		Grace MCKOON	FR	#3 John Carroll	12:03.64		4/13
3		Elizabeth MAK	JR	#10 Capital	12:13.32		4/20
4		Charlotte JONES	SO	#4 Baldwin Wallace	12:16.89		4/13
5		Caitlyn GATTA	JR	#2 Mount Union	12:17.48		3/30
6		Kelsey SHERIDAN	FR	#3 John Carroll	{2} 12:19.01		3/30
7		Caitlyn MAUGER	SR	#6 Heidelberg	12:30.72		4/13
8		Jaelyn JAQUAY	JR	#4 Baldwin Wallace{2}	12:39.03		4/13
9		Josey JOHNSON	SO	#5 Otterbein	12:42.42		4/6
10		Amy BURCHETT	FR	#4 Baldwin Wallace{3}	12:49.17		4/25



Conference TFRI Event Summary



OAC

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Women's 5000 Meters

1	9	Faith DUNCAN	SO	#7 Wilmington (Ohi	16:34.92	3/29
2	55	Hope MURPHY	JR	#4 Baldwin Wallace	17:19.43	3/30
3	86	Kennedy RADER	SO	#1 Ohio Northern	17:36.05	4/14
4		AnnaSophia GOWER	FR	#1 Ohio Northern {2}	17:41.54	4/14
5		Gianini VENUTO	JR	#2 Mount Union	18:01.18	4/19
6		Samantha ROTH	SO	#1 Ohio Northern {3}	18:04.24	4/14
7		Morgan EDWARDS	JR	#3 John Carroll	18:07.61	4/20
8		Rylee BARNO	FR	#4 Baldwin Wallace{2}	18:11.08	4/13
9		Ashley HOCKSTOK	JR	#1 Ohio Northern {4}	18:13.85	4/14
10		Erin SMITH	JR	#2 Mount Union {2}	18:15.30	4/19

Women's 10,000 Meters

1	45	Kennedy RADER	SO	#1 Ohio Northern	36:35.80	3/29
2	51	Ashley HOCKSTOK	JR	#1 Ohio Northern {2}	36:41.09	3/29
3	57	Hope MURPHY	JR	#4 Baldwin Wallace	36:50.80	3/23
4	100	Sarah WELDON	JR	#3 John Carroll	38:16.00	4/13
5		Megan VAPENIK	SR	#1 Ohio Northern {3}	39:00.91	3/29
6		Kathryn VASILIAUSKAS	JR	#3 John Carroll {2}	40:49.58	3/30
7		Madison PRIGGE	FR	#4 Baldwin Wallace{2}	42:16.00	4/13
8		Jensen WOLFE	JR	#4 Baldwin Wallace{3}	42:22.00	4/13
9		Alison SMITH	FR	#4 Baldwin Wallace{4}	42:30.00	4/13
10		Amy BURCHETT	FR	#4 Baldwin Wallace{5}	43:00.00	4/13

Women's 4x100 Relay

1	30	Dae Dae Nash, Madison Miles, Kalie Campbell, Kenadee Wayt	#2 Mount Union	48.04	4/6
2	31	Genevieve Arnold, Mia Scott, Ella Zambruno, Rosie Murray	#3 John Carroll	48.05	4/25
3	61	Chloe Gibson, Kendra Krichbaum, Stacey Legg, Paige Simpson	#1 Ohio Northern	48.88	4/27
4	66	Bri Hay, Morgan Aloj, Alanna Barnett, Abby Collier	#4 Baldwin Wallace	48.99	4/25
5		Haley Cook, Chloe Sutton, Madison Dietz, Rachel Spanfellner	#7 Wilmington (Ohi	49.90	4/13
6		Olivia Finke, Genevieve Legawiec, Tashe Lee, Alexis Weber	#5 Otterbein	50.34	4/6
7		Hanna Bauer, Cece Samuels, Allie Mongold, Maria Da Cunha	#10 Capital	51.47	4/13
8		Liberty Bunting, Shannon Cooper, Jacquelynn Grinnell, Averi Wallace	#9 Muskingum	51.51	4/25
9		Hope Adams, Ashton Carroll, Michaela Hieronymus, Emma Fehrman	#8 Marietta	52.26	3/30



Conference TFRI Event Summary



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Women's 4x400 Relay

1	7	Kenadee Wayt, Madison Miles, Halle Cochran, Mary Mason	#2 Mount Union	3:49.70	4/20
2	76	Abby Collier, Katurah Plecko, Alanna Barnett, Rylee Barno	#4 Baldwin Wallace	4:04.23	4/25
3	90	Rosie Murray, Ellie Kitsmiller, Sara Gennuso, Claire Eberhardt	#3 John Carroll	4:06.44	4/6
4	97	Lily Wolfe, JJ Herron, Leah Heitkamp, Olyvia Ashbrook	#1 Ohio Northern	4:07.59	4/13
5		Rachel Bollo, Olivia Finke, Tashe Lee, Genevieve Legawiec	#5 Otterbein	4:09.91	4/13
6		Haley Cook, Kylee Schafer, Hayden Setty, Madison Dietz	#7 Wilmington (Ohi	4:10.69	4/19
7		Liberty Bunting, Kilikina Schultz, Abigail Derry, Averi Wallace	#9 Muskingum	4:12.40	4/25
8		Hanna Bauer, Allie Mongold, Erniesha Guerrier, Maria Da Cunha	#10 Capital	4:21.88	3/23
9		Kylie Cope, Kenzie Fountain, Caitlyn Mauger, Emily Pullano	#6 Heidelberg	4:23.47	4/20

Women's High Jump

1	3	Alexis WEBER	FR #5 Otterbein	1.70m	5-7	4/6
2	39	Emma KLOSTERMAN	JR #5 Otterbein {2}	1.62m	5-3¼	4/19
3	58	Rylee GORRELL	FR #4 Baldwin Wallace	1.61m	5-3¼	4/13
4		Laney DUFF	FR #2 Mount Union	1.56m	5-1¼	4/13
4		Lindsay WEININGER	SO #1 Ohio Northern	1.56m	5-1¼	4/20
4		Toria INGALLS	JR #1 Ohio Northern	1.56m	5-1¼	4/20
4		Amanda RADKE	JR #5 Otterbein {3}	1.56m	5-1¼	3/30
8		Lexi WACHTMAN	JR #6 Heidelberg	1.55m	5-1	4/13
8		Catherine KLOPP	SO #2 Mount Union {2}	1.55m	5-1	4/18
8		Faith TIMKO	FR #4 Baldwin Wallace {2}	1.55m	5-1	3/30

Women's Pole Vault

1	2	Peyton PROFFITT	SO #5 Otterbein	4.00m	13-1½	3/23
2	7	Claire SCHWELLER	SO #1 Ohio Northern	3.86m	12-8	4/27
3	15	Emily THOMPSON	SO #8 Marietta	3.76m	12-4	4/13
4	53	Jessica MASON	FR #2 Mount Union	3.51m	11-6¼	3/23
5	61	Kayla MCADAMS	JR #2 Mount Union {2}	3.47m	11-4½	4/25
6	82	Annalyse AMES	FR #2 Mount Union {3}	3.39m	11-1½	4/13
7		Ashton CARROLL	JR #8 Marietta {2}	3.26m	10-8¼	4/27
8		Ellie FORD	SO #1 Ohio Northern {2}	3.25m	10-8	4/14
9		Jaclyn BOARDMAN	JR #1 Ohio Northern {3}	3.20m	10-6	4/6
10		Mackenzie TUBAUGH	SR #2 Mount Union {4}	3.01m	9-10½	4/19

Women's Long Jump

1	99	Genevieve ARNOLD	JR #3 John Carroll	5.35m	17-6¾ (0.0)	3/30
2		Alexis WEBER	FR #5 Otterbein	5.32m	17-5½ (0.3)	4/19
2		Chloe GIBSON	JR #1 Ohio Northern	5.32m	17-5½ (1.6)	4/13
4		Kalie CAMPBELL	FR #2 Mount Union	5.28m	17-4 (0.0)	4/18
5		Lexi WACHTMAN	JR #6 Heidelberg	5.24mw	17-2¼ (3.9)	4/27
6		Olivia BEAN	SR #6 Heidelberg {2}	5.17m	16-11½ (1.6)	4/13
7		Lauryn WOLTERS	SO #1 Ohio Northern {2}	5.14m	16-10½ (0.5)	3/30
8		Mackenzie DAVIS	FR #2 Mount Union {2}	5.11m	16-9¼ (0.5)	4/18
9		Rylie HAYNES	FR #2 Mount Union {3}	5.10m	16-8¾ (0.3)	4/18
10		Stacey LEGG	SO #1 Ohio Northern {3}	5.02m	16-5¾ (0.0)	4/20

Women's Triple Jump

1	65	Emma FEHRMAN	JR #8 Marietta	11.22m	36-9¾ (0.0)	4/13
2	83	Olivia BEAN	SR #6 Heidelberg	11.16m	36-7½ (0.8)	4/27
3	86	Genevieve ARNOLD	JR #3 John Carroll	11.15m	36-7 (-0.3)	4/20
4		Sara GENNUSO	FR #3 John Carroll {2}	11.04m	36-2¾ (0.1)	4/6
5		Tori MILLER	JR #3 John Carroll {3}	10.88m	35-8½ (0.0)	4/20
6		Alexis WEBER	FR #5 Otterbein	10.76m	35-3¾ (0.0)	4/19
7		Lauryn WOLTERS	SO #1 Ohio Northern	10.51m	34-5¾ (0.5)	3/30
8		Charlie DOLLIVER	SO #5 Otterbein {2}	10.50m	34-5½ (0.0)	4/19
9		Chloe GIBSON	JR #1 Ohio Northern {2}	10.44m	34-3 (0.0)	4/20
10		Abby LORINCZ	JR #4 Baldwin Wallace	10.34m	33-11¼ (1.6)	4/20
10		Rebecca SANTOM	JR #2 Mount Union	10.34m	33-11¼ (0.2)	4/25

Women's Shot Put

1	21	Amyah CHOSA	FR #4 Baldwin Wallace	13.45m	44-1½	4/27
2	23	Makayla SITZLAR	SO #2 Mount Union	13.39m	43-11¼	4/19
3	40	Izzy BURMAN	JR #1 Ohio Northern	12.99m	42-7½	4/14
4	59	Makenna RUDY	FR #2 Mount Union {2}	12.75m	41-10	4/25
5	89	Amelia LEWIN	FR #6 Heidelberg	12.31m	40-4¾	4/27
6		Hannah FRIEND	JR #1 Ohio Northern {2}	12.04m	39-6	4/6
7		Anna BRADY	FR #1 Ohio Northern {3}	12.01m	39-5	4/27
8		Samantha SELLERS	JR #1 Ohio Northern {4}	11.90m	39-½	4/27
9		Kenna JOHNSTON	JR #2 Mount Union {3}	11.89m	39-¼	4/19
10		Morgan SWEAT	SR #6 Heidelberg {2}	11.53m	37-10	4/27

Women's Discus

1	40	Sidney RAMBO	JR #2 Mount Union	42.17m	138-4	4/13
2	51	Hannah FRIEND	JR #1 Ohio Northern	41.58m	136-5	4/27
3	95	Samantha SELLERS	JR #1 Ohio Northern {2}	39.45m	129-5	3/30
4	99	Izzy BURMAN	JR #1 Ohio Northern {3}	39.40m	129-3	3/30
5		Lilly JOHNS	JR #4 Baldwin Wallace	38.22m	125-5	4/6
6		Ravyn GOODSON	JR #5 Otterbein	38.21m	125-5	4/13
7		Breanna BERWALD	SO #3 John Carroll	37.23m	122-2	4/13
8		Makayla SITZLAR	SO #2 Mount Union {2}	37.07m	121-8	4/6
9		Kenna JOHNSTON	JR #2 Mount Union {3}	36.77m	120-8	4/13
10		Jessica DOTSON	SO #9 Muskingum	36.36m	119-4	4/20



Conference TFRI Event Summary



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Women's Hammer

1	35	Izzy BURMAN	JR	#1 Ohio Northern	50.40m	165-4	4/20
2		Hannah FRIEND	JR	#1 Ohio Northern {2}	45.71m	150-0	4/20
3		Sarah HART	SO	#3 John Carroll	44.79m	147-0	3/30
4		Camya CALLOWAY	SO	#7 Wilmington (Ohi	43.67m	143-3	4/13
5		Abby LODIEWYCK	SR	#7 Wilmington (Ohi{2}	43.40m	142-5	4/6
6		Avrie O'NEIL	SO	#9 Muskingum	43.19m	141-9	4/13
7		Lucy TROUT	SO	#7 Wilmington (Ohi{3}	42.72m	140-2	4/13
8		Lilly JOHNS	JR	#4 Baldwin Wallace	41.92m	137-7	4/27
9		Emily TORRES	JR	#4 Baldwin Wallace{2}	41.64m	136-8	4/20
10		Reese OSBORN	SO	#2 Mount Union	41.59m	136-6	4/25

Women's Javelin

1	90	Leah FRITSCH	SO	#3 John Carroll	36.65m	120-3	4/20
2		Tarrah BEVIER	JR	#1 Ohio Northern	34.28m	112-6	4/27
3		Katlyn FLOYD	FR	#1 Ohio Northern {2}	32.96m	108-2	4/27
4		Reese RECKER	JR	#6 Heidelberg	32.03m	105-1	4/27
5		Peyton CARPENTER	JR	#5 Otterbein	31.98m	104-11	4/27
6		Elizabeth SCHNEGG	JR	#8 Marietta	31.75m	104-2	4/27
7		Chloe GIBSON	JR	#1 Ohio Northern {3}	31.61m	103-9	4/20
8		Olivia KAHOUN	JR	#5 Otterbein {2}	30.63m	100-6	4/13
9		Anna BRADY	FR	#1 Ohio Northern {4}	29.92m	98-2	4/27
10		Samantha SELLERS	JR	#1 Ohio Northern {5}	29.68m	97-4½	4/6

Women's Heptathlon

1	98	Charlie DOLLIVER	SO	#5 Otterbein	3,335		3/16
2		Amanda RADKE	JR	#5 Otterbein {2}	3,153		3/30



Conference TFRI Event Summary



ODAC

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Women's 100 Meters

1	1	Natashe TATE	FR	#5	Virginia Wesleya	11.63	(1.4)	4/27
2	16	Katelyn GAMBLE	SR	#2	Washington and	11.95w	(2.5)	3/23
3	31	Aniya SEWARD	SR	#1	Lynchburg	12.11	(1.4)	4/27
4	57	Lyric HOGGARD	SO	#5	Virginia Wesleya{2}	12.22	(1.4)	4/27
5	70	Janelle ANDERSON	JR	#4	Shenandoah	12.27w	(2.5)	4/13
6	82	Nalonda HENDERSON	FR	#3	Roanoke	12.31	(1.4)	4/27
7	96	Haylee GAMBLE	SR	#3	Roanoke {2}	12.35w	(2.1)	3/23
8		Tatianna LANGSTON	FR	#8	Randolph	12.46	(1.4)	4/27
9		Summer WALLACE	FR	#6	Bridgewater (Va.	12.49w	(2.2)	4/27
10		Eleanor HINCKLEY	JR	#3	Roanoke {3}	12.50w	(2.2)	4/27

Women's 100 Meter Hurdles

1	1	Aniya SEWARD	SR	#1	Lynchburg	13.76w	(2.1)	3/30
2	11	Betsy MOHNKERN	SR	#1	Lynchburg {2}	14.16w	(2.7)	4/27
3	34	Rebecca CARR	FR	#3	Roanoke	14.76w	(2.7)	4/27
4	57	Amanda ROMANO	JR	#2	Washington and	14.90w	(2.7)	4/27
5	65	Olivia VIERS	FR	#3	Roanoke {2}	14.98	(0.9)	4/13
6	97	Cammi WINSTON	SR	#3	Roanoke {3}	15.28	(1.0)	4/27
7	99	Ray Ray TAYLOR	SR	#7	Eastern Mennon	15.29	(1.0)	4/27
8		Madelyn VENABLE	JR	#2	Washington and{2}	15.38w	(2.7)	4/27
9		Paige TULENKO	SR	#2	Washington and{3}	15.71	(0.9)	4/20
10		Olivia BATES	SO	#6	Bridgewater (Va.	15.75	(1.1)	4/27

Women's 200 Meters

1	22	Natashe TATE	FR	#5	Virginia Wesleya	24.74	(1.7)	4/27
2	24	Aniya SEWARD	SR	#1	Lynchburg	24.76w	(3.9)	3/30
3	38	Haylee GAMBLE	SR	#3	Roanoke	24.96	(1.7)	4/27
4	79	Katelyn GAMBLE	SR	#2	Washington and	25.27	(1.4)	4/27
5		Betsy MOHNKERN	SR	#1	Lynchburg {2}	25.67w	(3.9)	3/30
6		Tatianna LANGSTON	FR	#8	Randolph	25.74	(1.7)	4/27
7		Summer WALLACE	FR	#6	Bridgewater (Va.	25.79	(0.5)	4/27
8		Kennedy CHAPMAN	FR	#5	Virginia Wesleya{2}	25.82	(1.7)	4/27
9		Vuronika BARNES	SR	#1	Lynchburg {3}	25.83	(1.5)	3/30
10		Ray Ray TAYLOR	SR	#7	Eastern Mennon	25.87	(1.1)	4/13
10		Julia HATHAWAY	SO	#5	Virginia Wesleya{3}	25.87	(1.4)	4/27

Women's 400 Meters

1	49	Kaitlyn RUIZ	FR	#4	Shenandoah	57.54		3/16
2	80	Mikayla HEFFERON	SR	#3	Roanoke	58.13		4/27
3	81	Vuronika BARNES	SR	#1	Lynchburg	58.14		4/27
4		Jesma EVANS	SO	#2	Washington and	58.47		4/27
5		Haylee GAMBLE	SR	#3	Roanoke {2}	58.57		4/27
6		Ray Ray TAYLOR	SR	#7	Eastern Mennon	58.83		3/30
7		Sarah SIDORO	SO	#4	Shenandoah {2}	59.81		4/27
8		Julia HATHAWAY	SO	#5	Virginia Wesleya	59.92		4/27
8		Amia BARNES	JR	#5	Virginia Wesleya	59.92		4/20
10		Mya RIVERA	FR	#10	Guilford	1:00.14		3/22

Women's 400 Meter Hurdles

1	21	Betsy MOHNKERN	SR	#1	Lynchburg	1:03.40		4/13
2	26	Amanda ROMANO	JR	#2	Washington and	1:03.61		4/6
3	56	Allison BOBST	SR	#1	Lynchburg {2}	1:05.20		3/16
4	61	Ophelia LADNER	SO	#3	Roanoke	1:05.36		4/27
5	76	Paige TULENKO	SR	#2	Washington and{2}	1:05.86		4/27
6	91	Lindsey HOBIN	SO	#3	Roanoke {2}	1:06.58		4/27
7		Jessica TAYLOR	FR	#8	Randolph	1:07.35		4/6
8		Jennifer MOORE	SR	#8	Randolph {2}	1:09.18		4/13
9		Anna MILLER	FR	#1	Lynchburg {3}	1:10.04		3/23
10		Cammi WINSTON	SR	#3	Roanoke {3}	1:10.05		4/27

Women's 800 Meters

1	52	Courtney DRUMM	SR	#1	Lynchburg	2:15.46		4/13
2	72	Hannah EDWARDS	FR	#1	Lynchburg {2}	2:16.27		4/27
3		Molly SILVA	JR	#1	Lynchburg {3}	2:18.33		3/30
4		Ella CLINGENPEEL	FR	#5	Virginia Wesleya	2:18.37		4/27
5		Lauren THOMAS	JR	#1	Lynchburg {4}	2:18.99		3/30
6		Emma NICELY	JR	#4	Shenandoah	2:19.17		4/27
7		Mackenzie YOUNG	SR	#6	Bridgewater (Va.	2:20.05		4/27
8		Mackenzie PLOWMAN	JR	#4	Shenandoah {2}	2:22.80		4/27
9		Lauren MASSEY	SR	#1	Lynchburg {5}	2:22.98		4/13
10		Sofia PETRUCCELLI	FR	#2	Washington and	2:24.10		4/27

Women's 1500 Meters

1	18	Courtney DRUMM	SR	#1	Lynchburg	4:32.01		3/23
2	19	Kayla WERNER	FR	#1	Lynchburg {2}	4:32.03		4/13
3		Molly SILVA	JR	#1	Lynchburg {3}	4:42.61		4/6
4		Lauren MASSEY	SR	#1	Lynchburg {4}	4:42.94		4/6
5		Allison DELL	JR	#1	Lynchburg {5}	4:45.11		3/23
6		Mackenzie YOUNG	SR	#6	Bridgewater (Va.	4:45.64		4/27
7		Kristen WERNER	FR	#1	Lynchburg {6}	4:50.10		3/23
8		Madeline LOTTIS	JR	#4	Shenandoah	4:51.58		3/23
9		Lauren THOMAS	JR	#1	Lynchburg {7}	4:52.40		3/23
10		Annalise WILLIAMS	FR	#1	Lynchburg {8}	4:53.68		3/16

Women's Steeplechase

1	49	Emily SMEDS	JR	#6	Bridgewater (Va.	11:24.29		3/23
2	74	Mackenzie YOUNG	SR	#6	Bridgewater (Va){2}	11:35.97		3/23
3	76	Madeline LOTTIS	JR	#4	Shenandoah	11:36.23		4/27
4	94	Brianna BREYAUULT	SO	#2	Washington and	11:39.71		4/6
5		Vendela SVAERD	FR	#3	Roanoke	11:51.41		4/27
6		Eve SPENCER	SO	#2	Washington and{2}	11:52.95		4/6
7		Elili ASEFA	SO	#7	Eastern Mennon	12:00.21		4/27
8		Cecelia ATEN	SR	#5	Virginia Wesleya	12:09.06		4/27
9		Emma MADRIGAL	SO	#4	Shenandoah {2}	12:14.03		4/27
10		Susanna PRICE	SO	#3	Roanoke {2}	12:21.53		4/27



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Women's 5000 Meters

1	8	Kayla WERNER	FR	#1 Lynchburg	16:34.40	4/6
2	42	Courtney DRUMM	SR	#1 Lynchburg	{2} 17:10.01	4/6
3	52	Allison DELL	JR	#1 Lynchburg	{3} 17:16.48	4/6
4	77	Olivia WARR	FR	#2 Washington and	17:32.04	4/6
5		Kristen WERNER	FR	#1 Lynchburg	{4} 17:44.24	4/13
6		Claire HAMLET	JR	#2 Washington and	{2} 17:53.61	4/6
7		Lauren MASSEY	SR	#1 Lynchburg	{5} 17:59.93	3/16
8		Mackenzie YOUNG	SR	#6 Bridgewater (Va	18:03.40	3/16
9		Elise MOLINARO	SR	#2 Washington and	{3} 18:09.31	3/16
10		Lucy UNZICKER	SR	#7 Eastern Mennon	18:25.03	4/13

Women's 10,000 Meters

1	18	Courtney DRUMM	SR	#1 Lynchburg	35:31.83	4/20
2	40	Allison DELL	JR	#1 Lynchburg	{2} 36:24.86	4/27
3	42	Elise MOLINARO	SR	#2 Washington and	36:28.51	4/27
4	62	Emily SMEDS	JR	#6 Bridgewater (Va	37:00.00	4/14
5	95	Kristen WERNER	FR	#1 Lynchburg	{3} 38:09.00	4/27
6		Delaney SAULSBURY	SO	#1 Lynchburg	{4} 38:20.37	4/27
7		Lucy UNZICKER	SR	#7 Eastern Mennon	38:53.43	4/27
8		Madeline LOTTIS	JR	#4 Shenandoah	39:07.95	4/6
9		Sarah CHRISTY	JR	#4 Shenandoah	{2} 39:43.49	4/27
10		Allie CLARKSON	SO	#4 Shenandoah	{3} 40:57.51	4/27

Women's 4x100 Relay

1	11	Kacey Kelly, Betsy Mohnkern, Vuronika Barnes, Aniya Seward	#1 Lynchburg	47.37	4/27
2	20	Haylee Gamble, Lindsey Hobin, Nalonda Henderson, Eleanor Hinckley	#3 Roanoke	47.70	3/30
3	26	Lyrice Hoggard, Julia Hathaway, Kennedy Chapman, Natashe Tate	#5 Virginia Wesleya	47.89	4/27
4	48	#Type!	#2 Washington and	48.51	4/20
5	76	Jaidyn Turner, Kendra Smith, Jessica Taylor, Tatianna Langston	#8 Randolph	49.13	4/27
6	86	Adalia Coleman, Olivia Bates, Summer Wallace, Jade Buckles	#6 Bridgewater (Va	49.37	4/27
7		Kaitlyn Loy, Janelle Anderson, Sarah Sidor, Alexis Hubbard	#4 Shenandoah	49.84	4/13
8		Saida Bangura, Asia Williams, Cassidy Lewis, Shannea Ingraham	#11 Averett	51.34	3/16
9		Heaven Richardson, Jenna Shotten, Zekiah Johnson, Zadah Johnson	#10 Guilford	53.46	3/22
10		Airiana Beverley, Emma Kelley, Jordan Booker, Trina Lewis	#12 Ferrum	53.63	4/27



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Women's 4x400 Relay

1	21	Betsy Mohnkern, Vuronika Barnes, Aniya Seward, Hannah Edwards	#1 Lynchburg	3:54.58	4/13
2	30	Mikayla Hefferon, Lindsey Hobin, Maryrose Molina- Shuman, Haylee Gamble	#3 Roanoke	3:56.83	4/13
3	50	Simmons Lee, Annabelle Sutliff, Jesma Evans, Jordynn Palethorpe	#2 Washington and	4:01.21	3/16
4		Sarah Sidoro, Emma Nicely, Amy Oleksy, Mackenzie Plowman	#4 Shenandoah	4:08.48	4/27
5		Amia Barnes, Kiera Coleman, Anisah Kersey, Ella Clingenpeel	#5 Virginia Wesleya	4:08.90	4/27
6		Jennifer Moore, Patrice Forcey, Tatianna Langston, Jessica Taylor	#8 Randolph	4:10.16	4/20
7		Olivia Bates, Megan Wimmer, Mackenzie Young, Summer Wallace	#6 Bridgewater (Va	4:19.18	4/27
8		Jazmine Patterson, Holly Hylton, Dawn Forrest, Izzy Workman	#9 Hollins	4:50.49	4/27

Women's High Jump

1	12	Katya HOOVER	JR	#4 Shenandoah	1.68m	5-6	4/27
2	25	Kaitlyn NGUYEN	SR	#3 Roanoke	1.65m	5-5	4/27
3	33	Camille GILLUM	SO	#2 Washington and	1.63m	5-4¼	3/16
4	62	Kaia BEDDOWS	FR	#2 Washington and	1.60m	5-3	4/20
5	84	Summer WALLACE	FR	#6 Bridgewater (Va	1.59m	5-2½	4/27
5	84	Norah CIANO	JR	#5 Virginia Wesleya	1.59m	5-2½	4/27
7	95	Rebecca CARR	FR	#3 Roanoke	1.58m	5-2¼	3/16
8		Ray Ray TAYLOR	SR	#7 Eastern Mennon	1.55m	5-1	3/30
9		Natalie MOORE	SO	#10 Guilford	1.53m	5-¼	4/27
10		Margo FOX	SO	#1 Lynchburg	1.45m	4-9	3/23

Women's Pole Vault

1	19	Ashley D'AMBROSIA	JR	#2 Washington and	3.70m	12-1½	4/20
2	27	Allison BOBST	SR	#1 Lynchburg	3.65m	11-11¾	3/30
3		Cameron WEBER	FR	#1 Lynchburg	3.30m	10-9¾	4/13
3		Anna STAFFORD	SO	#3 Roanoke	3.30m	10-9¾	4/13
5		Alyssa TONETTI	FR	#1 Lynchburg	3.20m	10-6	3/30
6		Tasha MILLER	SO	#3 Roanoke	3.15m	10-4	4/13
7		Abby CHOLEWA	FR	#2 Washington and	3.11m	10-2½	4/13
8		Sofia IUTERI	FR	#2 Washington and	2.96m	9-8½	4/27
9		Kailee FRANKLIN	SR	#7 Eastern Mennon	2.70m	8-10¼	4/13

Women's Long Jump

1	7	Ray Ray TAYLOR	SR	#7 Eastern Mennon	5.82mw	19-1¼ (2.1)	4/26
2	50	Summer WALLACE	FR	#6 Bridgewater (Va	5.52m	18-1½ (0.4)	4/26
3	82	Kennedy CHAPMAN	FR	#5 Virginia Wesleya	5.41m	17-9 (0.9)	4/27
4	84	Olivia VIER	FR	#3 Roanoke	5.39m	17-8¾ (0.8)	4/13
5	92	Mahlia PARSONS	SR	#1 Lynchburg	5.36m	17-7 (0.5)	3/30
5	92	Madelyn VENABLE	JR	#2 Washington and	5.36m	17-7 (1.4)	4/27
7	99	Aniya SEWARD	SR	#1 Lynchburg	5.35m	17-6¾ (1.7)	4/27
7	99	Kacey KELLY	SO	#1 Lynchburg	5.35m	17-6¾ (0.5)	3/23
9		J'Quaycia BROWN	SR	#6 Bridgewater (Va	5.34m	17-6¼ (0.5)	4/27
10		Kiara SMITH	JR	#1 Lynchburg	5.27m	17-3½ (0.7)	4/13

Women's Triple Jump

1	12	Kacey KELLY	SO	#1 Lynchburg	12.13m	39-9¾ (0.8)	4/13
2	13	Aniya SEWARD	SR	#1 Lynchburg	12.09m	39-8 (0.0)	4/13
3	22	Ayeshia WATSON	FR	#9 Hollins	11.71m	38-5 (2.0)	3/22
4	36	Ray Ray TAYLOR	SR	#7 Eastern Mennon	11.53mw	37-10 (2.2)	4/17
5		Olivia BATES	SO	#6 Bridgewater (Va	10.99m	36-¾ (0.3)	4/27
6		Mahlia PARSONS	SR	#1 Lynchburg	10.95m	35-11¼ (0.2)	3/30
7		Kiara SMITH	JR	#1 Lynchburg	10.92m	35-10 (0.0)	4/13
8		Angel DAVID	FR	#7 Eastern Mennon	10.90mw	35-9¼ (2.8)	4/13
9		Kendra SMITH	JR	#8 Randolph	10.81m	35-5¾ (0.4)	4/13
10		Cammi WINSTON	SR	#3 Roanoke	10.72m	35-2 (0.0)	4/27

Women's Shot Put

1	32	Abby MIKOLAY	FR	#6 Bridgewater (Va	13.13m	43-1	4/20
2	75	Ray Ray TAYLOR	SR	#7 Eastern Mennon	12.48m	40-11½	4/27
3	85	Grace FOWLER	SR	#3 Roanoke	12.37m	40-7	4/6
4		Logan BABBS	JR	#1 Lynchburg	12.13m	39-9¾	4/27
5		Olivia BERTSON	SR	#2 Washington and	11.77m	38-7½	3/23
6		Kenzie SWICEGOOD	FR	#1 Lynchburg	11.73m	38-6	4/20
7		Bailey HEDGEMON	SO	#2 Washington and	11.57m	37-11½	4/27
8		Kiara FELSTON	SR	#4 Shenandoah	11.31m	37-1¼	4/13
9		Daryl TUCKER	SO	#5 Virginia Wesleya	11.23m	36-10¼	4/27
10		Kiersten ALLING	FR	#8 Randolph	11.02m	36-2	4/20

Women's Discus

1	68	Abby MIKOLAY	FR	#6 Bridgewater (Va	40.67m	133-5	4/20
2	79	Quinlin ZUNK	JR	#2 Washington and	40.18m	131-10	3/23
3		Logan BABBS	JR	#1 Lynchburg	38.75m	127-2	4/27
4		Nalonda HENDERSON	FR	#3 Roanoke	37.18m	122-0	4/13
5		Daryl TUCKER	SO	#5 Virginia Wesleya	37.12m	121-10	4/6
6		Abby MCGLOTHLIN	SO	#3 Roanoke	36.92m	121-2	4/27
6		Kenzie SWICEGOOD	FR	#1 Lynchburg	36.92m	121-2	4/20
8		Kiara FELSTON	SR	#4 Shenandoah	36.86m	120-11	3/16
9		Kiersten ALLING	FR	#8 Randolph	36.34m	119-3	4/27
10		Claudia DISBROW	SO	#3 Roanoke	36.22m	118-10	4/13



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Women's Hammer

1	34	Kiara FELSTON	SR	#4 Shenandoah	50.47m	165-7	4/13
2	63	Bailey HEDGEMON	SO	#2 Washington and	47.90m	157-2	3/23
3	86	Logan BABBS	JR	#1 Lynchburg	46.68m	153-2	3/30
4	94	Quinlin ZUNK	JR	#2 Washington and {2}	46.31m	151-11	4/27
5		Grace FOWLER	SR	#3 Roanoke	44.56m	146-3	4/27
6		Jessica RENDFREY	JR	#4 Shenandoah {2}	44.17m	144-11	4/13
7		Abby MIKOLAY	FR	#6 Bridgewater (Va	41.27m	135-5	4/6
8		Brianna MORGAN	SO	#6 Bridgewater (Va {2}	41.04m	134-8	3/23
9		Sarah FUCHS	SO	#3 Roanoke {2}	40.98m	134-6	4/27
10		Daryl TUCKER	SO	#5 Virginia Wesleya	40.39m	132-6	3/30

Women's Javelin

1	34	Katya HOOVER	JR	#4 Shenandoah	39.26m	128-10	3/16
2	61	Ray Ray TAYLOR	SR	#7 Eastern Mennon	37.90m	124-4	3/23
3	63	Mya RIVERA	FR	#10 Guilford	37.82m	124-1	4/27
4	83	Carlota GONZALEZ	FR	#11 Averett	36.91m	121-1	4/20
5		Kacey KELLY	SO	#1 Lynchburg	35.64m	116-11	4/27
6		Claudia DISBROW	SO	#3 Roanoke	34.96m	114-9	4/27
7		Kate LANDIS	SR	#7 Eastern Mennon {2}	31.47m	103-3	3/23
8		Norah CIANO	JR	#5 Virginia Wesleya	29.21m	95-10	3/30
9		Darria HUNTER	FR	#1 Lynchburg {2}	28.93m	94-11	4/13
10		Jaiden MITCHELL	FR	#5 Virginia Wesleya {2}	28.86m	94-8¼	4/27

Women's Heptathlon

1	7	Ray Ray TAYLOR	SR	#7 Eastern Mennon	4,653		4/13
2		Jessica TAYLOR	FR	#8 Randolph	2,767		3/15



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WOMEN — 2024 Week #6, April 30



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Women's 100 Meters

1	29	Jessica FATIGATI	SR	#3 Westminster (Pa	12.09	(0.3)	4/26
2	57	Aurielle BRUNNER	JR	#6 Chatham	12.22	(0.3)	4/26
3	88	Emma RUDOLPH	SR	#3 Westminster (Pa{2}	12.33	(1.0)	4/26
4		Breannnda DAVIS	SR	#3 Westminster (Pa{3}	12.66	(1.0)	4/26
5		Madison CONLEY	SR	#3 Westminster (Pa{4}	12.68	(1.3)	4/26
6		Jenna ZENDRON	FR	#3 Westminster (Pa{5}	12.71	(1.6)	4/26
7		Zoe ROMANOWSKI	SR	#1 Allegheny (Pa.)	12.80	(1.6)	4/26
8		Carolyn COLTERYAHN	JR	#2 Grove City	12.95w	(2.4)	4/18
8		Audrey CHAPMAN	FR	#4 Washington & Je	12.95	(1.3)	4/26
10		Anna STROUP	SR	#4 Washington & Je{2}	12.98	(1.0)	4/26

Women's 100 Meter Hurdles

1	67	Breannnda DAVIS	SR	#3 Westminster (Pa	15.00	(0.1)	4/26
2	73	Sarah SCHNEIDER	SO	#4 Washington & Je	15.10w	(2.3)	4/6
3	84	Jadyn HARTNER	SR	#4 Washington & Je{2}	15.19	(1.4)	4/26
4		Anna STROUP	SR	#4 Washington & Je{3}	15.47	(1.4)	4/26
5		Ryann ESSEY	SO	#3 Westminster (Pa{2}	16.11w	(2.1)	4/26
6		Rosa MONARCH	FR	#1 Allegheny (Pa.)	16.15w	(2.1)	4/26
7		Tamyah RAY	SO	#3 Westminster (Pa{3}	16.51	(1.4)	4/26
8		Caroline KOZERA	FR	#7 Saint Vincent	16.61	(0.9)	3/23
9		Aurielle BRUNNER	JR	#6 Chatham	16.79	(1.7)	4/12
10		Hannah COSTA	FR	#2 Grove City	17.01	(1.4)	4/26

Women's 200 Meters

1	22	Aurielle BRUNNER	JR	#6 Chatham	24.74	(0.2)	4/26
2		Jessica FATIGATI	SR	#3 Westminster (Pa	25.47w	(3.3)	4/13
3		Emma RUDOLPH	SR	#3 Westminster (Pa{2}	25.65	(0.2)	4/26
4		Zoe ROMANOWSKI	SR	#1 Allegheny (Pa.)	26.24	(0.7)	4/18
5		Ella RISHILL	FR	#8 Waynesburg	26.38	(0.2)	4/26
6		Jenna ZENDRON	FR	#3 Westminster (Pa{3}	26.58	(0.2)	4/26
7		Saige MUSSER	JR	#5 Geneva	26.75	(0.6)	4/26
8		Caitlyn GOODRICH	SR	#3 Westminster (Pa{4}	26.94	(0.6)	4/26
9		Audrey CHAPMAN	FR	#4 Washington & Je	26.97	(0.2)	4/26
9		Miranda GUTHRIE	SR	#7 Saint Vincent	26.97	(0.6)	4/26

Women's 400 Meters

1		Jenna ZENDRON	FR	#3 Westminster (Pa	59.17		4/26
2		Zoe ROMANOWSKI	SR	#1 Allegheny (Pa.)	59.75		4/26
3		Logan WAGNER	SO	#1 Allegheny (Pa.) {2}	59.81		4/26
4		Renee TETLOW	SO	#1 Allegheny (Pa.) {3}	1:00.88		4/26
5		Abigail PAINTER	SO	#3 Westminster (Pa{2}	1:01.21		4/26
6		Caitlyn GOODRICH	SR	#3 Westminster (Pa{3}	1:01.62		4/18
7		Miranda GUTHRIE	SR	#7 Saint Vincent	1:01.71		4/26
8		Lydia BENNETT	JR	#2 Grove City	1:02.24		4/13
8		Rebecca BOLSTER	SO	#9 Franciscan	1:02.24		4/26
10		Brooklen HELTON	FR	#5 Geneva	1:02.67		4/26

Women's 400 Meter Hurdles

1	30	Jadyn HARTNER	SR	#4 Washington & Je	1:03.97		4/20
2	79	Breannnda DAVIS	SR	#3 Westminster (Pa	1:06.00		4/6
3		Sarah SCHNEIDER	SO	#4 Washington & Je{2}	1:07.00		3/16
4		Renee TETLOW	SO	#1 Allegheny (Pa.)	1:07.23		4/13
5		Ryann ESSEY	SO	#3 Westminster (Pa{2}	1:10.84		4/26
6		Piper YOUNG	FR	#6 Chatham	1:12.09		4/26
7		Skye KRAMER	FR	#1 Allegheny (Pa.) {2}	1:12.51		4/18
8		Tamyah RAY	SO	#3 Westminster (Pa{3}	1:12.82		4/26
9		Paige COTTON	SR	#2 Grove City	1:13.67		4/18
10		Hannah COSTA	FR	#2 Grove City {2}	1:13.84		4/26

Women's 800 Meters

1	37	Lauren DOSCH	FR	#9 Franciscan	2:14.29		4/26
2	70	Miranda CINCOTTA	SO	#7 Saint Vincent	2:16.26		4/14
3	85	Celia COCCA	JR	#1 Allegheny (Pa.)	2:16.89		4/26
4	87	Hailey CARROLL	SO	#5 Geneva	2:16.91		3/16
5		Lydia BENNETT	JR	#2 Grove City	2:18.72		4/18
6		Cayla LAWRENCE	FR	#2 Grove City {2}	2:20.83		4/18
7		Jessica CAMPBELL	JR	#9 Franciscan {2}	2:22.59		4/26
8		Grace SMITH	JR	#2 Grove City {3}	2:24.02		3/23
9		Cassie CARR	SR	#4 Washington & Je	2:24.51		4/14
10		Renee TETLOW	SO	#1 Allegheny (Pa.) {2}	2:24.59		3/30

Women's 1500 Meters

1		Lydia BENNETT	JR	#2 Grove City	4:43.29		4/26
2		Miranda CINCOTTA	SO	#7 Saint Vincent	4:44.69		4/26
3		Hailey CARROLL	SO	#5 Geneva	4:46.44		4/26
4		Grace SMITH	JR	#2 Grove City {2}	4:46.83		4/26
5		Nelly STAFFORD	JR	#1 Allegheny (Pa.)	4:48.19		4/26
6		Cayla LAWRENCE	FR	#2 Grove City {3}	4:50.30		4/26
7		Claire WALTERS	SR	#9 Franciscan	4:50.73		4/26
8		Claire ANDERSON	SO	#4 Washington & Je	4:52.15		4/14
9		Lauren DOSCH	FR	#9 Franciscan {2}	4:52.95		4/13
10		Jessica CAMPBELL	JR	#9 Franciscan {3}	4:53.97		4/20

Women's Steeplechase

1	25	Grace SMITH	JR	#2 Grove City	11:03.35		4/26
2	30	Ella LYLE	JR	#2 Grove City {2}	11:12.00		4/26
3	37	Marrin CRIST	JR	#1 Allegheny (Pa.)	11:16.89		4/26
4		Genevieve FELTMEYER	SR	#1 Allegheny (Pa.) {2}	11:49.19		4/26
5		Virginia WILLIAMS	JR	#2 Grove City {3}	11:53.73		4/26
6		Catherine O'DONNELL	SR	#5 Geneva	12:10.04		4/26
7		Jessica CAMPBELL	JR	#9 Franciscan	12:18.79		4/13
8		Monica CURTIS	SO	#3 Westminster (Pa	12:21.21		4/26
9		Reagan PETTIS	SO	#8 Waynesburg	12:41.62		4/26
10		Genevieve RUTH	FR	#4 Washington & Je	12:44.22		4/6



Conference TFRI Event Summary



PAC

as of 4/30/2024 1:55:52 PM ET

Women's 5000 Meters

1	Claire ANDERSON	SO	#4 Washington & Je	17:47.05	3/23
2	Carmen MEDVIT	SO	#5 Geneva	17:49.24	4/14
3	Marrin CRIST	JR	#1 Allegheny (Pa.)	18:14.89	3/30
4	Nelly STAFFORD	JR	#1 Allegheny (Pa.) {2}	18:37.83	3/23
5	Virginia WILLIAMS	JR	#2 Grove City	18:40.41	4/13
6	Lydia BENNETT	JR	#2 Grove City {2}	18:57.24	3/16
7	Grace SMITH	JR	#2 Grove City {3}	18:57.82	3/16
8	Kristen PRINCE	SO	#7 Saint Vincent	19:10.81	3/23
9	Maria GILLES	SO	#4 Washington & Je {2}	19:11.44	4/26
10	Julia BAUER	JR	#2 Grove City {4}	19:23.91	3/16

Women's 10,000 Meters

1	79 Claire ANDERSON	SO	#4 Washington & Je	37:42.65	4/26
2	90 Carmen MEDVIT	SO	#5 Geneva	37:55.31	4/26
3	Grace REID-VENSEL	FR	#4 Washington & Je {2}	39:31.79	4/26
4	Grace TANKSLEY	SO	#8 Waynesburg	39:37.82	4/26
5	Julia BAUER	JR	#2 Grove City	39:41.21	4/26
6	Kristen PRINCE	SO	#7 Saint Vincent	40:08.08	4/26
7	Madeline ALLEN	SR	#1 Allegheny (Pa.)	40:32.99	4/26
8	Erin O'NEILL	SR	#1 Allegheny (Pa.) {2}	41:34.79	4/26
9	Gabrielle REIFSNYDER	SR	#8 Waynesburg {2}	42:18.47	4/6
10	Chloe BONSON	SO	#1 Allegheny (Pa.) {3}	42:49.39	4/26

Women's 4x100 Relay

1	26 Breannnda Davis, Jessica Fatigati, Madison Conley, Emma Rudolph	#3 Westminster (Pa)	47.89	4/26
2	Anna Stroup, Sarah Schneider, Audrey Chapman, Jadyne Hartner	#4 Washington & Je	50.29	4/26
3	Zoe Romanowski, Aubryanna Snyder, Skye Kramer, Rosa Monarch	#1 Allegheny (Pa.)	51.03	4/26
4	Aurielle Brunner, Kendall Sirignano, Molly Standing, Aubree Tack	#6 Chatham	51.07	4/26
5	Rowan Dennis, Saige Musser, Emily Garvin, Isabella Matsook	#5 Geneva	51.27	4/26
6	Carolyn Colteryahn, Paige Cotton, Hannah Costa, Rebecca Vezzosi	#2 Grove City	51.55	4/26
7	Lucia Johnson, Caroline Kozera, Lauren Kozera, Cadence Smith	#7 Saint Vincent	53.51	3/16

Women's 4x400 Relay

1	51 Zoe Romanowski, Logan Wagner, Celia Cocca, Renee Tetlow	#1 Allegheny (Pa.)	4:01.27	4/18
2	74 Jessica Fatigati, Jenna Zendron, Caitlyn Goodrich, Breannnda Davis	#3 Westminster (Pa)	4:04.17	4/26
3	100 Rebecca Bolster, Claire Walters, Jessica Campbell, Lauren Dosch	#9 Franciscan	4:07.83	4/26
4	Aurielle Brunner, Kendall Sirignano, Molly Standing, Piper Young	#6 Chatham	4:10.47	4/26
5	Cayla Lawrence, Lydia Bennett, Annie Hermann, Natalie Minnaar	#2 Grove City	4:10.58	4/26
6	Miranda Guthrie, Lily Murphy, Caroline Kozera, Miranda Cincotta	#7 Saint Vincent	4:12.22	3/16
7	Favour Oladapo, Rachel Blessing, Emily Garvin, Brooklen Helton	#5 Geneva	4:17.15	4/26
8	Anna Stroup, Jadyne Hartner, Savannah Sevakco, Cassie Carr	#4 Washington & Je	4:23.56	4/26
9	Ella Boothe, Samantha Kelly, Ella Rishell, Lilly Ryer	#8 Waynesburg	4:47.79	3/16

Women's High Jump

1	8 Breannnda DAVIS	SR	#3 Westminster (Pa)	1.69m	5-6½	4/13
2	18 Aurielle BRUNNER	JR	#6 Chatham	1.67m	5-5¾	4/26
3	29 Katie BALLER	SR	#2 Grove City	1.64m	5-4½	4/26
4	Elly BRUNER	FR	#2 Grove City {2}	1.55m	5-1	4/13
5	Daphne ALEXANDER	FR	#5 Geneva	1.53m	5-¼	3/9
5	Sha'nia STIERS-ROYAL	SR	#11 Thiel	1.53m	5-¼	4/26
5	Kendall CODDINGTON	FR	#2 Grove City {3}	1.53m	5-¼	4/26
8	Delfina VIVIAN	JR	#10 Bethany (W.Va.)	1.48m	4-10¼	4/26
9	Jadyne HARTNER	SR	#4 Washington & Je	1.47m	4-9¾	3/30
10	Tori STEWART	JR	#2 Grove City {4}	1.43m	4-8¼	4/26
10	Maeve HANLEY	FR	#8 Waynesburg	1.43m	4-8¼	4/26



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



PAC

as of 4/30/2024 1:55:52 PM ET

Women's Pole Vault

1	8	Emma RUDOLPH	SR	#3 Westminster (Pa)	3.85m	12-7½	4/6
2	17	Madison CONLEY	SR	#3 Westminster (Pa){2}	3.75m	12-3½	4/6
3	34	Corinne INKLEY	FR	#1 Allegheny (Pa.)	3.60m	11-9¾	4/18
3	34	Missy TREHARN	SO	#3 Westminster (Pa){3}	3.60m	11-9¾	4/18
5		Kimbria LANCE	SR	#9 Franciscan	3.01m	9-10½	4/19
6		Kara YAUKEY	FR	#8 Waynesburg	2.80m	9-2¼	3/16
7		Jessica ROSS	FR	#6 Chatham	2.75m	9-¼	3/23
8		Aliyah HILLMAN	JR	#5 Geneva	2.73m	8-11½	4/26
8		Amanda MCGURK	FR	#2 Grove City	2.73m	8-11½	4/13
10		Carmella RYAN	FR	#3 Westminster (Pa){4}	2.43m	7-11½	4/13

Women's Long Jump

1	8	Aurielle BRUNNER	JR	#6 Chatham	5.81m	19-¾ (-2.2)	4/26
2	61	Breannnda DAVIS	SR	#3 Westminster (Pa)	5.48m	17-11¾ (-1)	4/26
3		Sarah SCHNEIDER	SO	#4 Washington & Je	5.24mw	17-2¼ (2.8)	4/13
4		Rebecca VEZZOSI	FR	#2 Grove City	5.09m	16-8½ (-1.1)	4/26
5		Aubryanna SNYDER	FR	#1 Allegheny (Pa.)	5.02m	16-5¾ (0.8)	4/6
6		Elly BRUNER	FR	#2 Grove City {2}	5.01m	16-5¼ (-1.1)	4/26
7		Carsyn HETZLER	JR	#5 Geneva	5.00m	16-5 (0.4)	4/26
8		Alexis MCFADDEN	JR	#11 Thiel	4.98m	16-4¼ (0.0)	4/6
9		Madison DONELSON	FR	#10 Bethany (W.Va.)	4.94m	16-2½ (0.1)	4/19
10		Emma PARNELL	SO	#5 Geneva {2}	4.92mw	16-1¾ (2.4)	4/13
10		Jadyn HARTNER	SR	#4 Washington & Je{2}	4.92m	16-1¾ (0.4)	4/6

Women's Triple Jump

1	7	Aurielle BRUNNER	JR	#6 Chatham	12.22m	40-1¼ (1.3)	4/26
2		Breannnda DAVIS	SR	#3 Westminster (Pa)	10.95m	35-11¼ (0.7)	4/26
3		Savannah SEVACKO	SR	#4 Washington & Je	10.90m	35-9¼ (-0.5)	4/26
4		Alexis MCFADDEN	JR	#11 Thiel	10.80m	35-5¼ (-0.6)	4/26
5		Emma PARNELL	SO	#5 Geneva	10.71mw	35-1¾ (2.3)	3/9
6		Aubryanna SNYDER	FR	#1 Allegheny (Pa.)	10.50mw	34-5½ (2.4)	4/13
7		Ella RISHELL	FR	#8 Waynesburg	10.37m	34-¼ (0.4)	4/26
8		Elly BRUNER	FR	#2 Grove City	10.35m	33-11½ (0.0)	4/18
9		Victoria LEAK	FR	#2 Grove City {2}	9.94m	32-7½ (0.4)	4/26
10		Aubree TACK	SO	#6 Chatham {2}	9.84m	32-3½ (0.7)	4/19

Women's Shot Put

1	24	Lexi SHIDERLY	JR	#3 Westminster (Pa)	13.35m	43-9¾	4/26
2	60	Emma MILLER	JR	#1 Allegheny (Pa.)	12.70m	41-8	4/26
3	70	Laila DAVIS	JR	#1 Allegheny (Pa.) {2}	12.54m	41-1¾	4/14
4		Shelby RAMBO	SO	#3 Westminster (Pa){2}	12.23m	40-1½	4/6
5		Katie KOVALCHICK	FR	#4 Washington & Je	11.71m	38-5	4/26
6		Kayla JOHNSON	SO	#6 Chatham	11.36m	37-3¼	4/26
7		Megan WISE	SO	#2 Grove City	11.29m	37-½	4/26
8		Anna Rose SAYLES	SR	#2 Grove City {2}	11.09m	36-4¾	3/23
9		Angie BAWEK	FR	#1 Allegheny (Pa.) {3}	11.05m	36-3	4/26
10		Rachel BRADY	SO	#3 Westminster (Pa){3}	10.89m	35-8¾	4/18

Women's Discus

1	33	Shelby RAMBO	SO	#3 Westminster (Pa)	42.74m	140-3	4/13
2	81	Brigid MACK	JR	#9 Franciscan	39.97m	131-2	4/26
3		Alexis MAHAFFEY	JR	#10 Bethany (W.Va.)	38.81m	127-4	4/26
4		Laila DAVIS	JR	#1 Allegheny (Pa.)	35.98m	118-1	4/26
5		Makenna PHILSON	SO	#10 Bethany (W.Va.) {2}	35.87m	117-8	4/13
6		Jacqueline DIGIACOMO	SO	#1 Allegheny (Pa.) {2}	35.77m	117-4	4/26
7		Megan WISE	SO	#2 Grove City	35.33m	115-11	4/26
8		Angie BAWEK	FR	#1 Allegheny (Pa.) {3}	35.12m	115-3	4/26
9		Joy GUTHRIE	FR	#2 Grove City {2}	34.94m	114-8	4/6
10		Lauryn GUILD	FR	#5 Geneva	34.22m	112-3	4/13

Women's Hammer

1	29	Laila DAVIS	JR	#1 Allegheny (Pa.)	51.46m	168-10	4/20
2		Alexis MAHAFFEY	JR	#10 Bethany (W.Va.)	45.97m	150-10	4/19
3		Allison STANDISH	SO	#5 Geneva	42.93m	140-10	3/9
4		Emma MILLER	JR	#1 Allegheny (Pa.) {2}	39.86m	130-9	4/6
5		Danika SUDAR	JR	#2 Grove City	38.91m	127-8	4/6
6		Sarah YANNAYON	FR	#6 Chatham	34.20m	112-3	4/6
7		Jacqueline DIGIACOMO	SO	#1 Allegheny (Pa.) {3}	33.97m	111-6	4/6
8		Caitlyn FAUST	SR	#1 Allegheny (Pa.) {4}	31.21m	102-5	3/23
9		Emma JACKMAN	SR	#5 Geneva {2}	30.98m	101-8	4/6
10		Makenna PHILSON	SO	#10 Bethany (W.Va.) {2}	30.85m	101-3	3/23

Women's Javelin

1	4	Grace TICE	SR	#10 Bethany (W.Va.)	44.57m	146-3	4/26
2	30	Katie KOVALCHICK	FR	#4 Washington & Je	39.68m	130-2	4/26
3	43	Elizabeth LUBOLD	SO	#1 Allegheny (Pa.)	38.88m	127-7	4/26
4	57	Isabelle ILIEV	SR	#11 Thiel	38.12m	125-1	4/18
5	69	Emily GARVIN	FR	#5 Geneva	37.61m	123-5	4/19
6	77	Megan BARRY	JR	#8 Waynesburg	37.10m	121-9	4/26
7	81	Angie BAWEK	FR	#1 Allegheny (Pa.) {2}	36.92m	121-2	3/30
8		Natalie DOUBLE	FR	#8 Waynesburg {2}	35.41m	116-2	4/26
9		Rachel BRADY	SO	#3 Westminster (Pa)	34.18m	112-2	4/26
10		Shelby RAMBO	SO	#3 Westminster (Pa){2}	33.65m	110-5	4/26

Women's Heptathlon

1	10	Aurielle BRUNNER	JR	#6 Chatham	4,543		4/12
2	18	Breannnda DAVIS	SR	#3 Westminster (Pa)	4,426		3/30
3	66	Jadyn HARTNER	SR	#4 Washington & Je	3,700		3/30
4		Victoria LEAK	FR	#2 Grove City	3,014		4/12
5		Ryann ESSEY	SO	#3 Westminster (Pa){2}	2,868		3/30



Conference TFRI Event Summary



SAA

as of 4/30/2024 1:55:52 PM ET

Women's 100 Meters

1	17	Olivia FREEMAN	SO	#3 Rhodes	11.96w	(3.0)	4/27
2	26	Madjo DOUMBIA	JR	#1 Centre	12.04w	(2.3)	4/27
3	67	Aubrey GUYDEN	SO	#4 Oglethorpe	12.25w	(2.7)	4/13
4	96	Chloe HEIN	FR	#1 Centre	{2} 12.35w	(2.3)	4/27
5		Kirsten WRIGHT	FR	#4 Oglethorpe	{2} 12.43w	(2.3)	4/27
6		Jasmine CLAUNCH	SR	#1 Centre	{3} 12.44	(1.4)	4/27
7		Grace SCOWDEN	SR	#3 Rhodes	{2} 12.67	(1.4)	3/30
8		Amari ROBINSON	FR	#1 Centre	{4} 12.70w	(3.0)	4/27
9		Hannah BROWN	FR	#5 Millsaps	12.77	(-1.1)	3/2
10		Natalie BURKE	JR	#5 Millsaps	{2} 12.79w	(2.3)	4/6

Women's 100 Meter Hurdles

1	72	Emily THOMPSON	SR	#2 Berry	15.09	(0.8)	3/2
2	73	Macy MURDOCK	SO	#2 Berry	{2} 15.10	(1.8)	4/27
3		Megan WEILMUNSTER	JR	#3 Rhodes	15.95	(1.8)	4/27
4		Josie LOGGINS	SO	#2 Berry	{3} 16.02	(1.8)	4/27
5		Callie GORMLEY	JR	#1 Centre	16.05	(1.8)	4/27
6		Janea BOTTINELLI	JR	#1 Centre	{2} 16.38	(1.8)	4/27
7		Joyner JIKANG	FR	#1 Centre	{3} 16.77	(2.0)	4/27
8		Jocelyn COVANEY	JR	#6 Univ. of the Sout	16.78	(1.8)	4/27
9		Esther LAMB	JR	#3 Rhodes	{2} 17.18	(1.5)	4/7
10		Shannen ALACK	FR	#3 Rhodes	{3} 18.17	(-0.3)	3/16

Women's 200 Meters

1	12	Madjo DOUMBIA	JR	#1 Centre	24.58w	(2.9)	4/27
2	53	Chloe HEIN	FR	#1 Centre	{2} 25.05w	(2.9)	4/27
3	70	Olivia FREEMAN	SO	#3 Rhodes	25.21w	(2.9)	4/27
4		Kirsten WRIGHT	FR	#4 Oglethorpe	25.77w	(2.9)	4/27
5		Emily THOMPSON	SR	#2 Berry	25.91	(1.3)	4/13
6		Aubrey GUYDEN	SO	#4 Oglethorpe	{2} 26.04	(1.7)	4/27
7		Macy MURDOCK	SO	#2 Berry	{2} 26.16	(1.8)	4/13
8		Natalie BURKE	JR	#5 Millsaps	26.63w	(2.9)	4/27
9		Amari ROBINSON	FR	#1 Centre	{3} 26.69	(1.9)	3/30
10		Evan THOMAS	FR	#4 Oglethorpe	{3} 26.76	(1.8)	3/30

Women's 400 Meters

1	67	Madjo DOUMBIA	JR	#1 Centre	57.85		4/27
2	71	Thora PEARSON	SR	#3 Rhodes	57.96		4/27
3		Ainsley WILSON	FR	#1 Centre	{2} 58.81		4/27
4		Evan THOMAS	FR	#4 Oglethorpe	58.87		4/27
5		Macy MURDOCK	SO	#2 Berry	59.10		3/16
6		Emily THOMPSON	SR	#2 Berry	{2} 59.15		3/16
7		Chloe HEIN	FR	#1 Centre	{3} 59.18		4/20
8		Olivia CLARKE	SR	#3 Rhodes	{2} 1:00.82		4/27
9		Janea BOTTINELLI	JR	#1 Centre	{4} 1:01.17		4/12
10		Isabel FARNSWORTH	SR	#3 Rhodes	{3} 1:02.01		4/27

Women's 400 Meter Hurdles

1	12	Macy MURDOCK	SO	#2 Berry	1:03.02		4/27
2	53	Emily THOMPSON	SR	#2 Berry	{2} 1:05.10		4/27
3	68	Janea BOTTINELLI	JR	#1 Centre	1:05.55		4/6
4		Shannen ALACK	FR	#3 Rhodes	1:07.72		4/27
5		Jocelyn COVANEY	JR	#6 Univ. of the Sout	1:07.93		4/27
6		Megan WEILMUNSTER	JR	#3 Rhodes	{2} 1:07.94		3/2
7		Josie LOGGINS	SO	#2 Berry	{3} 1:08.14		4/27
8		Esther LAMB	JR	#3 Rhodes	{3} 1:10.83		4/27
9		Arden CAMPBELL	FR	#1 Centre	{2} 1:14.55		4/12
10		Page WELLS	FR	#6 Univ. of the Sout	{2} 1:18.31		4/20

Women's 800 Meters

1	70	Anna ROSE	JR	#2 Berry	2:16.26		4/13
2		Anna CANTRELL	FR	#7 Hendrix	2:18.37		4/27
3		Thora PEARSON	SR	#3 Rhodes	2:18.87		4/20
4		Adelyn SHUPERT	SO	#1 Centre	2:20.60		4/12
5		Asena ANDERSON	SR	#2 Berry	{2} 2:21.84		4/13
6		Erin HAUGH	JR	#1 Centre	{2} 2:22.25		4/27
7		Sophie BOULDIN	SO	#1 Centre	{3} 2:23.64		4/6
8		Emma MUSGRAVE	FR	#1 Centre	{4} 2:25.44		4/27
9		Ellie SPEARS	SO	#3 Rhodes	{2} 2:26.33		4/7
10		Emily THOMPSON	SR	#2 Berry	{3} 2:27.38		4/13

Women's 1500 Meters

1	63	Anna ROSE	JR	#2 Berry	4:39.75		4/27
2		Adelyn SHUPERT	SO	#1 Centre	4:45.31		4/27
3		Asena ANDERSON	SR	#2 Berry	{2} 4:46.01		4/27
4		Sophie BOULDIN	SO	#1 Centre	{2} 4:52.46		4/27
5		Erin HAUGH	JR	#1 Centre	{3} 4:53.48		4/27
6		Meghan OWENS	SR	#1 Centre	{4} 4:58.41		4/27
7		Olivia LAMBERT	FR	#2 Berry	{3} 4:58.64		4/13
8		Anna AYERS	SO	#2 Berry	{4} 4:59.89		4/27
9		Anna CANTRELL	FR	#7 Hendrix	5:00.48		3/30
10		Virginia GWINN	FR	#2 Berry	{5} 5:00.92		3/23

Women's Steeplechase

1	40	Meghan OWENS	SR	#1 Centre	11:17.97		4/27
2	91	Britany ZIEMER	SR	#3 Rhodes	11:39.18		3/16
3		Erin HAUGH	JR	#1 Centre	{2} 11:46.63		4/27
4		Riley IMBORNONE	FR	#3 Rhodes	{2} 11:57.71		4/27
5		Rachel GAYNOR	JR	#1 Centre	{3} 12:08.23		4/27
6		Anna SHUPERT	SR	#1 Centre	{4} 12:18.77		4/27
7		Samantha UDE	SO	#6 Univ. of the Sout	12:29.23		4/27
8		Elina MALANCEA	SR	#4 Oglethorpe	12:44.48		4/27
9		Meredith WHITE	JR	#3 Rhodes	{3} 12:53.20		4/27
10		Jessie STRADER	SR	#1 Centre	{5} 13:08.50		4/12



Conference TFRI Event Summary



SAA

as of 4/30/2024 1:55:53 PM ET

Women's 5000 Meters

1	79	Sophie BOULDIN	SO	#1 Centre	17:32.85	3/16
2		Meghan OWENS	SR	#1 Centre	{2} 17:49.50	3/16
3		Gracie WEST	SO	#1 Centre	{3} 17:52.44	4/12
4		Anna ROSE	JR	#2 Berry	18:16.94	3/16
5		Erin HAUGH	JR	#1 Centre	{4} 18:30.33	3/16
6		Anna AYERS	SO	#2 Berry	{2} 18:31.06	3/16
7		Cara TAYLOR	SO	#1 Centre	{5} 18:35.09	3/16
8		Olivia LAMBERT	FR	#2 Berry	{3} 18:43.62	3/16
9		Britany ZIEMER	SR	#3 Rhodes	18:59.71	3/29
10		Asena ANDERSON	SR	#2 Berry	{4} 19:02.03	4/6

Women's 10,000 Meters

1	22	Sophie BOULDIN	SO	#1 Centre	35:40.15	3/29
2		Meghan OWENS	SR	#1 Centre	{2} 38:31.70	4/27
3		Anna ROSE	JR	#2 Berry	39:31.82	3/2
4		Cara TAYLOR	SO	#1 Centre	{3} 39:39.64	4/27
5		Ariel ELLIS	SO	#2 Berry	{2} 39:59.38	4/6
6		Marissa POLIO	SO	#1 Centre	{4} 40:17.24	4/27
7		Hannah JANE MILLER	JR	#3 Rhodes	40:21.42	4/27
8		Olivia LAMBERT	FR	#2 Berry	{3} 40:23.75	3/2
9		Ella WILLIAMS	FR	#7 Hendrix	40:40.08	4/27
10		Anna AYERS	SO	#2 Berry	{4} 41:09.55	3/2

Women's 4x100 Relay

1	29	Amari Robinson, Jasmine Claunch, Chloe Hein, Madjo Doumbia		#1 Centre	48.03	4/27
2	64	Malia Melton, Kirsten Wright, Evan Thomas, Aubrey Guyden		#4 Oglethorpe	48.95	4/13
3	72	Thora Pearson, Grace Scowden, Megan Weilmuenster, Olivia Freeman		#3 Rhodes	49.07	4/7
4		Ashanti Lastrapes, Natalie Burke, Fiona Selders, Hannah Brown		#5 Millsaps	50.01	3/2
5		Marissa Green, Julia Shipes, Clark Kelly, Marianna Moell		#2 Berry	51.32	3/16
6		Shyla Williams, Mallory Jackson, Kya Gardner, Sydney Smith		#8 Birmingham-Sol	52.43	3/16
7		Maya Quick, Jocelyn Covane, Wrenna Morris, Kylene Monaghan		#6 Univ. of the Sout	53.43	4/27

Women's 4x400 Relay

1	24	Janea Bottinelli, Ainsley Wilson, Chloe Hein, Madjo Doumbia		#1 Centre	3:55.54	4/27
2	62	Shannen Alack, Thora Pearson, Olivia Freeman, Olivia Clarke		#3 Rhodes	4:02.37	4/27
3		Macy Murdock, Asena Anderson, Marianna Moell, Emily Thompson		#2 Berry	4:12.21	4/27
4		Aubrey Guyden, Hannah Rhodes, Hailey Wright, Evan Thomas		#4 Oglethorpe	4:18.54	3/30
5		Wrenna Morris, Lou Bullock, Abigail Armstrong, Jocelyn Covane		#6 Univ. of the Sout	4:18.77	4/27
6		Ember Hughes, Ella Williams, Maylin Reyes, Anna Cantrell		#7 Hendrix	4:22.27	4/27
7		Fiona Selders, Sarah Strickland, Allyssa Hearn, Tyler Hamby		#5 Millsaps	4:31.05	4/27
8		Catherine Chua, Kya Gardner, Mallory Jackson, Ada Weems		#8 Birmingham-Sol	4:35.58	4/27

Women's High Jump

1	25	Serena MCNEILLY	FR	#1 Centre	1.65m	5-5	4/20
2	39	Kris WILLIAMS	FR	#2 Berry	1.62m	5-3¾	4/13
3	58	Emily THOMPSON	SR	#2 Berry	{2} 1.61m	5-3¾	3/23
4	62	Kym YOUNG	JR	#3 Rhodes	1.60m	5-3	3/2
4	62	Madi DUKE	JR	#2 Berry	{3} 1.60m	5-3	4/27
6		Hailey WRIGHT	SO	#4 Oglethorpe	1.55m	5-1	4/27
6		Eleanor SCOTT	SO	#5 Millsaps	1.55m	5-1	4/7
8		Ember HUGHES	SO	#7 Hendrix	1.53m	5-¼	3/30
9		Julia SHIPES	FR	#2 Berry	{4} 1.52m	4-11¾	4/13
10		Claire ACKERMAN	FR	#1 Centre	{2} 1.50m	4-11	4/12
10		Shannen ALACK	FR	#3 Rhodes	{2} 1.50m	4-11	4/7

Women's Pole Vault

1	25	Kendra PAYNE	SR	#3 Rhodes	3.67m	12-½	3/2
2	54	Madeline HUBBERT	JR	#2 Berry	3.50m	11-5¾	4/13
3		Ella PINE	FR	#2 Berry	{2} 3.26m	10-8¼	3/2
4		Emilee EASLEY	FR	#2 Berry	{3} 3.08m	10-1¼	4/13
5		Kylee CRAIG	JR	#3 Rhodes	{2} 2.90m	9-6¼	3/2
5		Maya IHLING	JR	#3 Rhodes	{2} 2.90m	9-6¼	3/2
5		Sierra SCHMIDT	SO	#5 Millsaps	2.90m	9-6¼	4/6
5		Wrenna MORRIS	FR	#6 Univ. of the Sout	2.90m	9-6¼	4/20
9		Addie BLAKE	JR	#2 Berry	{4} 2.78m	9-1½	4/13
10		Mia PULLIAM	FR	#3 Rhodes	{4} 2.55m	8-4¼	4/7



Conference TFRI Event Summary



SAA

as of 4/30/2024 1:55:53 PM ET

Women's Long Jump

1	4	Chloe HEIN	FR	#1 Centre	5.92mw	19-5¼ (2.1)	4/27
2	14	Jasmine CLAUNCH	SR	#1 Centre	{2} 5.74mw	18-10 (2.1)	4/27
3	18	Serena MCNEILLY	FR	#1 Centre	{3} 5.68m	18-7¾ (1.8)	4/26
4	41	Callie GORMLEY	JR	#1 Centre	{4} 5.55m	18-2½ (0.7)	4/26
5		Emily THOMPSON	SR	#2 Berry	5.32m	17-5½ (1.4)	4/13
6		Hailey WRIGHT	SO	#4 Oglethorpe	5.31m	17-5¼ (0.0)	4/13
6		Courtney JONES	JR	#2 Berry	{2} 5.31m	17-5¼ (0.9)	4/27
8		Macy MURDOCK	SO	#2 Berry	{3} 5.27m	17-3½ (1.6)	4/13
9		Malia MELTON	SO	#4 Oglethorpe	{2} 5.15m	16-10¾ (-1)	4/6
9		Shelby SMITH	SR	#1 Centre	{5} 5.15m	16-10¾ (1.8)	4/27

Women's Triple Jump

1	4	Jasmine CLAUNCH	SR	#1 Centre	12.38m	40-7½ (-0.9)	3/30
2	15	Serena MCNEILLY	FR	#1 Centre	{2} 12.00mw	39-4½ (2.5)	3/30
3	34	Malia MELTON	SO	#4 Oglethorpe	11.58m	38-0 (-0.4)	3/15
4	41	Eleanor SCOTT	SO	#5 Millsaps	11.48m	37-8 (1.8)	4/26
5	47	Shelby SMITH	SR	#1 Centre	{3} 11.40m	37-5 (1.9)	3/30
6		Courtney JONES	JR	#2 Berry	11.01mw	36-1½ (3.0)	4/27
7		Grace SCOWDEN	SR	#3 Rhodes	10.97m	36-0 (1.3)	4/27
8		Clark KELLY	SR	#2 Berry	{2} 10.47m	34-4¼ (1.9)	4/13
9		Natalie BURKE	JR	#5 Millsaps	{2} 10.28m	33-8¾ (0.2)	4/6
10		Kym YOUNG	JR	#3 Rhodes	{2} 10.04m	32-11¼ (1.5)	3/16

Women's Shot Put

1	25	Onoyeme EGURE	FR	#2 Berry	13.33m	43-8¾	3/2
2	36	Alivia ALLEN	SR	#7 Hendrix	13.08m	42-11	4/27
3	66	Lauren FOUTCH	SR	#1 Centre	12.61m	41-4½	3/30
4		Malysa WINSTON	SO	#2 Berry	{2} 12.24m	40-2	4/27
5		Avery JONES	SO	#2 Berry	{3} 11.84m	38-10¼	4/27
6		Kym YOUNG	JR	#3 Rhodes	11.28m	37-¼	4/27
7		Cydney WRIGHT	SO	#6 Univ. of the Sout	11.25m	36-11	4/20
8		Emma BELLANTONI	SO	#2 Berry	{4} 11.11m	36-5½	4/27
9		Zoe CURTIS	JR	#3 Rhodes	{2} 11.09m	36-4¾	4/6
10		Lindsay JESSIE	FR	#1 Centre	{2} 10.83m	35-6½	4/27

Women's Discus

1	39	Lauren FOUTCH	SR	#1 Centre	42.37m	139-0	4/12
2	65	Alivia ALLEN	SR	#7 Hendrix	40.83m	134-0	4/7
3		Lindsay JESSIE	FR	#1 Centre	{2} 37.76m	123-11	3/30
4		Sofia HENDERSON	FR	#2 Berry	37.53m	123-2	3/16
5		Kym YOUNG	JR	#3 Rhodes	35.85m	117-8	3/30
6		Zoe CURTIS	JR	#3 Rhodes	{2} 35.76m	117-4	4/27
7		Lillie WHITAKER-GREER	FR	#1 Centre	{3} 35.19m	115-6	4/27
8		Lindsey BROWNING	SO	#1 Centre	{4} 35.08m	115-1	4/27
9		Onoyeme EGURE	FR	#2 Berry	{2} 33.24m	109-1	3/2
10		Malysa WINSTON	SO	#2 Berry	{3} 32.25m	105-10	4/27

Women's Hammer

1	41	Malysa WINSTON	SO	#2 Berry	49.62m	162-10	3/23
2	51	Lauren FOUTCH	SR	#1 Centre	48.75m	159-11	3/30
3		Lindsey BROWNING	SO	#1 Centre	{2} 44.13m	144-10	4/12
4		Sadie PHILLIPS	SO	#2 Berry	{2} 44.07m	144-7	3/29
5		Avery JONES	SO	#2 Berry	{3} 42.48m	139-5	4/27
6		Sofia HENDERSON	FR	#2 Berry	{4} 41.77m	137-1	3/23
7		Alivia ALLEN	SR	#7 Hendrix	41.27m	135-5	3/30
8		Hadley WILLIAMS	FR	#2 Berry	{5} 40.03m	131-4	4/13
9		Kym YOUNG	JR	#3 Rhodes	39.44m	129-5	3/29
10		Zoe CURTIS	JR	#3 Rhodes	{2} 39.41m	129-4	4/6

Women's Javelin

1	29	Cailin DELEO	SR	#2 Berry	39.77m	130-6	4/27
2	37	Meghan OWENS	SR	#1 Centre	39.11m	128-4	4/27
3	76	Evan DUET	JR	#3 Rhodes	37.27m	122-4	4/7
4		Zoe CURTIS	JR	#3 Rhodes	{2} 35.27m	115-9	4/7
5		Ember HUGHES	SO	#7 Hendrix	35.26m	115-8	4/7
6		Sadie PHILLIPS	SO	#2 Berry	{2} 34.96m	114-9	3/2
7		Jordan FREDRICKSON	SR	#3 Rhodes	{3} 34.53m	113-4	4/7
8		Sydney SMITH	SO	#8 Birmingham-Sou	34.47m	113-1	3/30
9		Dayanara MENDEZ	SO	#1 Centre	{2} 31.80m	104-4	3/30
10		Tyler HAMBY	JR	#5 Millsaps	31.47m	103-3	4/27

Women's Heptathlon

1	13	Emily THOMPSON	SR	#2 Berry	4,508		4/13
2	24	Macy MURDOCK	SO	#2 Berry	{2} 4,367		4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



SCAC

as of 4/30/2024 1:55:53 PM ET

Women's 100 Meters

1	31	Trinity MURDOCK	SR	#3	Texas Lutheran	12.11	(1.9)	4/28
2		Trinity PROVOST	SO	#5	St. Thomas (Tex)	12.36	(1.9)	4/28
3		Ny'Cierra HINTON	JR	#5	St. Thomas (Tex){2}	12.39	(-0.2)	3/23
4		Peyton WALTON	FR	#5	St. Thomas (Tex){3}	12.60w	(3.4)	4/6
5		Natalie GARCIA	SO	#3	Texas Lutheran {2}	12.64w	(2.8)	4/13
6		Taylor NORRELL	JR	#3	Texas Lutheran {3}	12.69w	(2.8)	4/13
7		Yasmin SUBAWALLA	SR	#2	Trinity (Texas)	12.73w	(3.7)	4/6
8		Leilani LOPEZ	JR	#3	Texas Lutheran {4}	12.75w	(3.9)	4/13
9		Hayley HUCK	SR	#2	Trinity (Texas) {2}	12.80	(1.4)	3/16
10		Danya SELBER	SR	#2	Trinity (Texas) {3}	12.82w	(3.3)	4/13

Women's 100 Meter Hurdles

1	59	Peyton WALTON	FR	#5	St. Thomas (Tex)	14.95	(-0.9)	4/28
2	91	Taylor NORRELL	JR	#3	Texas Lutheran	15.24	(-0.9)	3/23
2	91	Emma FOWKES	SR	#1	Colorado College	15.24	(-0.9)	4/28
4		Danya SELBER	SR	#2	Trinity (Texas)	15.35w	(3.1)	4/6
5		Ciara CAVAZOS	JR	#3	Texas Lutheran {2}	15.79	(-0.9)	3/23
6		Ciandra CARRICO	FR	#2	Trinity (Texas) {2}	16.30	(-0.9)	4/28
7		Lily MCWHORTER	SO	#4	Southwestern (T)	16.39	(0.8)	3/3
8		Jessie CHIELLA	JR	#4	Southwestern (T){2}	16.57	(-0.5)	3/23
9		Barbara DUNLAP	SO	#4	Southwestern (T){3}	17.22	(-0.5)	3/23
10		Lauren PENDERS	SO	#4	Southwestern (T){4}	17.57	(0.7)	4/13

Women's 200 Meters

1	51	Trinity PROVOST	SO	#5	St. Thomas (Tex)	25.04	(1.2)	4/28
2		Hayley HUCK	SR	#2	Trinity (Texas)	25.44	(1.9)	4/28
3		CC GRAY	JR	#2	Trinity (Texas) {2}	25.49	(1.2)	4/28
4		Trinity MURDOCK	SR	#3	Texas Lutheran	25.59	(1.2)	4/28
5		Tara SMOKER	JR	#1	Colorado College	25.86	(0.2)	4/8
6		Sophia DELGADO	JR	#5	St. Thomas (Tex){2}	25.92	(1.6)	4/20
7		Clara LIPPERT	SO	#1	Colorado College{2}	26.08	(1.2)	4/28
8		Ny'Cierra HINTON	JR	#5	St. Thomas (Tex){3}	26.13	(0.9)	3/23
9		Natalie GARCIA	SO	#3	Texas Lutheran {2}	26.33	(1.9)	4/28
10		Yasmin SUBAWALLA	SR	#2	Trinity (Texas) {3}	26.35	(1.9)	4/28

Women's 400 Meters

1	31	Tara SMOKER	JR	#1	Colorado College	56.88		4/19
2	33	CC GRAY	JR	#2	Trinity (Texas)	56.89		4/28
3	86	Clara LIPPERT	SO	#1	Colorado College{2}	58.22		4/28
4	93	Hayley HUCK	SR	#2	Trinity (Texas) {2}	58.33		4/28
4	93	Arden NEFF	JR	#4	Southwestern (T)	58.33		4/28
6		Christina STINSON	JR	#5	St. Thomas (Tex)	58.96		4/28
7		Ella FULLERTON	SO	#1	Colorado College{3}	59.00		4/28
8		Gabriela LUES	FR	#1	Colorado College{4}	59.22		4/28
9		Selest EDWARDS	FR	#5	St. Thomas (Tex){2}	59.29		4/28
10		Kathryn KOSTELNIK	FR	#3	Texas Lutheran	1:00.17		4/28

Women's 400 Meter Hurdles

1	17	Arden NEFF	JR	#4	Southwestern (T)	1:03.19		4/28
2	20	Sophia DELGADO	JR	#5	St. Thomas (Tex)	1:03.31		4/28
3	31	Emma FOWKES	SR	#1	Colorado College	1:04.06		4/28
4		Makayla POWELL	SO	#5	St. Thomas (Tex){2}	1:06.96		3/30
5		Danya SELBER	SR	#2	Trinity (Texas)	1:07.27		4/28
6		Lily MCWHORTER	SO	#4	Southwestern (T){2}	1:07.85		4/13
7		Kamilah TANNER	SO	#3	Texas Lutheran	1:08.64		3/23
8		Hannah ZUGICH	FR	#1	Colorado College{2}	1:09.79		4/8
9		Brenna IANNELLI	SR	#3	Texas Lutheran {2}	1:10.42		4/28
10		Lauren PENDERS	SO	#4	Southwestern (T){3}	1:10.98		4/28

Women's 800 Meters

1	27	Ella FULLERTON	SO	#1	Colorado College	2:12.54		4/28
2	38	Breanna STEELE	SO	#4	Southwestern (T)	2:14.34		4/28
3	45	Gabriela LUES	FR	#1	Colorado College{2}	2:15.20		4/28
4		Allison BARKER	FR	#1	Colorado College{3}	2:17.96		4/28
5		Abby GOODFRIED	SO	#1	Colorado College{4}	2:18.37		4/28
6		Annette SMITH	FR	#2	Trinity (Texas)	2:18.79		3/3
7		Gianna KEENA	SO	#2	Trinity (Texas) {2}	2:20.18		4/28
8		Isabel OLSON	JR	#1	Colorado College{5}	2:20.66c	(2:21.41A)	3/30
9		Abby GOULAS	SO	#1	Colorado College{6}	2:20.79		4/28
10		Elyssa RODARTE	FR	#5	St. Thomas (Tex)	2:21.19		4/28

Women's 1500 Meters

1	56	Kendall ACCETTA	SR	#1	Colorado College	4:38.82c	(4:44.81A)	3/16
2	58	Isabel OLSON	JR	#1	Colorado College{2}	4:39.30		4/28
3	65	Breanna STEELE	SO	#4	Southwestern (T)	4:40.06		4/13
4		Sydney RANKIN	JR	#1	Colorado College{3}	4:43.26		4/13
5		Benisa ELLIS	JR	#1	Colorado College{4}	4:45.54		4/8
6		Allison BARKER	FR	#1	Colorado College{5}	4:46.44		4/28
7		Josette GURULE	SO	#2	Trinity (Texas)	4:46.94		4/13
8		Ella FULLERTON	SO	#1	Colorado College{6}	4:47.71c	(4:53.89A)	3/16
9		Allison FORTMAN	FR	#2	Trinity (Texas) {2}	4:48.11		3/23
10		Gianna KEENA	SO	#2	Trinity (Texas) {3}	4:49.21		4/28

Women's Steeplechase

1	10	Kendall ACCETTA	SR	#1	Colorado College	10:45.83		3/29
2	26	Ellie CATRON	SR	#2	Trinity (Texas)	11:06.74		4/13
3	78	Julia SOLANO	SR	#1	Colorado College{2}	11:36.64		4/13
4	83	Rachel CHIELLA	JR	#4	Southwestern (T)	11:37.51		4/13
5		Liz WHITE	SO	#1	Colorado College{3}	11:43.61		4/13
6		Madison HABECK	SR	#2	Trinity (Texas) {2}	11:44.29		4/28
7		Emilia WEINROBE	FR	#1	Colorado College{4}	12:17.26		4/13
8		Ava COCCARO	FR	#1	Colorado College{5}	12:26.10		4/28
9		Cali GOOD	FR	#2	Trinity (Texas) {3}	12:27.06		3/3
10		Alissa KENNEDY	JR	#3	Texas Lutheran	12:27.90		3/30



Conference TFRI Event Summary



SCAC

as of 4/30/2024 1:55:53 PM ET

Women's 5000 Meters

1	28	Kendall ACCETTA	SR	#1	Colorado College	16:58.63	4/13
2	59	Alison MUELLER-HICKLER	SO	#1	Colorado College	17:22.59	4/13
3	89	Isabel OLSON	JR	#1	Colorado College	17:37.91	4/13
4		Elliot SINGER	JR	#1	Colorado College	17:51.73	3/9
5		Benisa ELLIS	JR	#1	Colorado College	18:06.11	4/19
6		Ava MAGINITY	FR	#1	Colorado College	18:09.99	4/19
7		Ellie CATRON	SR	#2	Trinity (Texas)	18:12.50	3/3
8		Brooktie FROGGE	SO	#1	Colorado College	18:17.33	3/9
9		Allison FORTMAN	FR	#2	Trinity (Texas)	18:18.20	3/3
10		Britt HELGAAS	JR	#1	Colorado College	18:19.95	3/9

Women's 10,000 Meters

1	25	Alison MUELLER-HICKLER	SO	#1	Colorado College	35:48.71	3/29
2	70	Elliot SINGER	JR	#1	Colorado College	37:22.99	3/29
3		Britt HELGAAS	JR	#1	Colorado College	40:05.91	4/28
4		Charlie FLINT	FR	#1	Colorado College	40:07.12	4/28
5		Sophia SANCHEZ	SR	#5	St. Thomas (Texas)	40:50.38	3/23
6		Nicole CRAIGHEAD	SO	#1	Colorado College	40:58.66	4/13
7		Allison FORTMAN	FR	#2	Trinity (Texas)	41:00.50	4/28
8		Ellie LANSDOWN		#1	Colorado College	41:20.05c (42:37.25A)	3/16
9		Grace ETZEL	SO	#2	Trinity (Texas)	41:21.08	3/3
10		Em MILLER	SO	#2	Trinity (Texas)	42:15.62	4/28

Women's 4x100 Relay

1	18	Taylor Norrell, Natalie Garcia, Leilani Lopez, Trinity Murdock	#3	Texas Lutheran	47.66	4/28
2	20	Yasmin Subawalla, CC Gray, Danya Selber, Hayley Huck	#2	Trinity (Texas)	47.70	4/28
3	35	Trinity Provost, Peyton Walton, Sophia Delgado, Ny'Cierra Hinton	#5	St. Thomas (Texas)	48.11	4/28
4		Hannah George, Ashley Vil, Madeline Schemling, Tara Smoker	#1	Colorado College	49.78	4/19
5		Arden Neff, Katelin Pilarski, Charlotte Scannel, Dejahnae Thompson	#4	Southwestern (Texas)	50.15	3/3

Women's 4x400 Relay

1	28	Aliya Jackson, CC Gray, Patricia Hermoso, Hayley Huck	#2	Trinity (Texas)	3:56.44	4/28
2	36	Makayla Powell, Christina Stinson, Selest Edwards, Trinity Provost	#5	St. Thomas (Texas)	3:58.13	4/28
3	73	Emma Fowkes, Clara Lippert, Emma Jones, Ella Fullerton	#1	Colorado College	4:04.00c (4:03.56A)	3/30
4	77	Kamilah Tanner, Natalie Garcia, Ja'Keia Williams, Kathryn Kostelnik	#3	Texas Lutheran	4:04.34	4/28
5	92	Brinn Rhodes, Breanna Steele, Dejahnae Thompson, Arden Neff	#4	Southwestern (Texas)	4:06.82	3/30

Women's High Jump

1	39	Emma FOWKES	SR	#1	Colorado College	1.62m	5-3¾	4/28
2	62	April KWAN	SR	#1	Colorado College	1.60m	5-3	3/30
3		Josephine LOUIS	FR	#1	Colorado College	1.55m	5-1	3/16
4		Katelyn BROWN	SO	#3	Texas Lutheran	1.52m	4-11¾	3/3
5		Elana SUTTON	FR	#1	Colorado College	1.50m	4-11	4/8
5		Emma JONES	SO	#1	Colorado College	1.50m	4-11	3/30
7		Hallie MARTIN	SO	#2	Trinity (Texas)	1.47m	4-9¾	4/28
8		Emilie MIRELES	FR	#2	Trinity (Texas)	1.45m	4-9	4/13
9		Maddy WIETSTRUCK	JR	#2	Trinity (Texas)	1.42m	4-7¾	4/28
9		Brenna IANNELLI	SR	#3	Texas Lutheran	1.42m	4-7¾	4/28
9		Joy AREOLA	JR	#2	Trinity (Texas)	1.42m	4-7¾	3/3

Women's Pole Vault

1	87	Ashlynn RECKNAGEL	SO	#3	Texas Lutheran	3.35m	10-11¾	3/23
2		Leandra MOTELET	SO	#4	Southwestern (Texas)	3.32m	10-10¾	4/28
3		Maddy WIETSTRUCK	JR	#2	Trinity (Texas)	3.20m	10-6	3/23
3		Kaelin LEISHMAN	SO	#2	Trinity (Texas)	3.20m	10-6	3/3
5		Victoria BAKER	FR	#2	Trinity (Texas)	3.15m	10-4	4/13
6		Josephine LOUIS	FR	#1	Colorado College	3.10m	10-2	3/9
7		Lily DAWSON	SR	#3	Texas Lutheran	3.05m	10-0	3/3
8		Asha SONI	SO	#1	Colorado College	2.35m	7-8½	3/9

Women's Long Jump

1	28	Joy AREOLA	JR	#2	Trinity (Texas)	5.60m	18-4½ (1.3)	3/23
2		Clara LIPPERT	SO	#1	Colorado College	5.24m	17-2¼ (2.9)	4/28
3		Briley ROTHER	FR	#3	Texas Lutheran	5.12m	16-9¾ (1.9)	4/28
4		Maddy WIETSTRUCK	JR	#2	Trinity (Texas)	5.00m	16-5 (1.3)	4/28
5		Giana HILLIARD	FR	#6	Schreiner	4.98m	16-4¼ (1.0)	3/23
6		April KWAN	SR	#1	Colorado College	4.87m	15-11¾ (1.8)	4/28
7		Emilie MIRELES	FR	#2	Trinity (Texas)	4.83m	15-10¼ (3.3)	4/13
7		Ciandra CARRICO	FR	#2	Trinity (Texas)	4.83m	15-10¼ (1.8)	4/28
7		Daviyanna JONES	FR	#3	Texas Lutheran	4.83m	15-10¼ (1.9)	4/28
10		Jessie CHIELLA	JR	#4	Southwestern (Texas)	4.80m	15-9 (3.3)	4/28



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SCAC

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Women's Triple Jump

1	8	Joy AREOLA	JR	#2 Trinity (Texas)	12.20m	40-½ (0.0)	3/22
2		Ciandra CARRICO	FR	#2 Trinity (Texas) {2}	10.70m	35-1¼ (1.9)	4/28
2		Maddy WIETSTRUCK	JR	#2 Trinity (Texas) {2}	10.70m	35-1¼ (1.0)	3/3
4		Emilie MIRELES	FR	#2 Trinity (Texas) {4}	10.35mw	33-11½ (3.6)	4/6
5		Jessie CHIELLA	JR	#4 Southwestern (T	10.16m	33-4 (1.9)	4/28
6		Kamilah TANNER	SO	#3 Texas Lutheran	9.99mw	32-9½ (4.0)	4/13
7		Daviyanna JONES	FR	#3 Texas Lutheran {2}	9.88mw	32-5 (2.9)	4/13
8		Myla WOLF	FR	#4 Southwestern (T{2}	9.76m	32-¼ (0.9)	4/28
9		Emma JONES	SO	#1 Colorado Colleg	9.66m	31-8½ (-2.6)	4/19
10		Katelyn BROWN	SO	#3 Texas Lutheran {3}	9.64m	31-7½ (0.3)	3/23

Women's Shot Put

1	89	Deserae CHARLES	FR	#3 Texas Lutheran	12.31m	40-4¾	4/13
2		Emagen STYRA	SO	#3 Texas Lutheran {2}	11.90m	39-½	4/28
2		Erin CAPELL	JR	#1 Colorado Colleg	11.90mA	39-½	4/5
4		Julissa RODRIGUEZ	JR	#3 Texas Lutheran {3}	11.79m	38-8¼	4/13
5		Kate BALLENGEE	JR	#2 Trinity (Texas)	11.48m	37-8	4/28
6		Shauntezz THOMAS	JR	#6 Schreiner	11.34m	37-2½	3/23
7		Kirsten SMITH	SO	#3 Texas Lutheran {4}	10.99m	36-¾	4/28
8		Rachel BELL	FR	#2 Trinity (Texas) {2}	10.77m	35-4	4/13
9		Madison MALONE	FR	#3 Texas Lutheran {5}	10.39m	34-1¼	3/23
10		Kaila HAMILTON	SO	#4 Southwestern (T	10.29m	33-9¼	4/6

Women's Discus

1		Kirsten SMITH	SO	#3 Texas Lutheran	39.39m	129-3	4/28
2		Rachel BELL	FR	#2 Trinity (Texas)	38.55m	126-6	3/23
3		Erin CAPELL	JR	#1 Colorado Colleg	37.37m	122-7	4/13
4		Madison WRIGHT	FR	#3 Texas Lutheran {2}	37.12m	121-10	4/13
5		Julissa RODRIGUEZ	JR	#3 Texas Lutheran {3}	36.96m	121-3	3/30
6		Madison MALONE	FR	#3 Texas Lutheran {4}	36.79m	120-9	3/23
7		Kate BALLENGEE	JR	#2 Trinity (Texas) {2}	34.67m	113-9	4/6
8		Maria BODDEN	FR	#2 Trinity (Texas) {3}	34.60m	113-6	4/13
9		Kaila HAMILTON	SO	#4 Southwestern (T	33.66m	110-5	4/13
10		Emagen STYRA	SO	#3 Texas Lutheran {5}	32.21m	105-8	3/23

Women's Hammer

1		Julissa RODRIGUEZ	JR	#3 Texas Lutheran	45.45m	149-2	3/23
2		Kenna KUBENKA	SO	#3 Texas Lutheran {2}	43.73m	143-6	4/28
3		Rachel BELL	FR	#2 Trinity (Texas)	42.44m	139-3	4/28
4		Kate BALLENGEE	JR	#2 Trinity (Texas) {2}	40.84m	134-0	4/28
5		Kirsten SMITH	SO	#3 Texas Lutheran {3}	40.13m	131-8	4/28
6		Sydney BRAUN	SO	#4 Southwestern (T	38.53m	126-5	4/28
7		Gizelle GUTIERREZ	SR	#3 Texas Lutheran {4}	37.28m	122-4	3/23
8		Kaila HAMILTON	SO	#4 Southwestern (T{2}	36.22m	118-10	4/13
9		Caylin DAMRON	FR	#4 Southwestern (T{3}	35.47m	116-5	3/23
10		Taylor HUBBARD	SR	#4 Southwestern (T{4}	32.80m	107-8	2/17

Women's Javelin

1		Taylor HUBBARD	SR	#4 Southwestern (T	35.65m	117-0	4/28
2		Julissa RODRIGUEZ	JR	#3 Texas Lutheran	32.81m	107-8	3/30
3		Caylin DAMRON	FR	#4 Southwestern (T{2}	32.40m	106-4	2/17
4		Sydney BRAUN	SO	#4 Southwestern (T{3}	31.86m	104-7	4/28
5		Alexa MARTIN	SO	#3 Texas Lutheran {2}	31.49m	103-4	4/13
6		Emagen STYRA	SO	#3 Texas Lutheran {3}	30.66m	100-7	4/13
7		Madison WRIGHT	FR	#3 Texas Lutheran {4}	29.42m	96-6¼	4/13
8		Gizelle GUTIERREZ	SR	#3 Texas Lutheran {5}	28.87m	94-8¾	4/28
9		Demi DURHAM	JR	#2 Trinity (Texas)	28.62m	93-10¾	4/6
10		Kirsten SMITH	SO	#3 Texas Lutheran {6}	28.33m	92-11½	4/13



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SCIAC

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Women's 100 Meters

1	67	Dawson BELL	SO	#8 La Verne	12.25	(-0.5)	4/28
2	94	Ariana RAPHAEL	JR	#1 Chapman	12.34	(-0.5)	4/28
3	96	Maigan ADAMS	JR	#3 Redlands (Calif.)	12.35	(0.0)	4/28
4		Khyra STINER	JR	#1 Chapman {2}	12.36	(-0.5)	4/28
4		Katriona KIRKPATRICK	SO	#4 Pomona-Pitzer	12.36	(1.2)	4/6
4		Elizabeth HAWLEY	SO	#5 Occidental	12.36	(1.4)	4/13
7		Zoe ZURASKY	JR	#1 Chapman {3}	12.43	(1.6)	4/28
8		Makenna LIZARDE	SO	#1 Chapman {4}	12.45	(0.7)	3/9
8		Kaylee SMITH	JR	#1 Chapman {4}	12.45	(1.3)	2/24
10		Josephine JETT	FR	#2 Claremont-Mudc	12.54	(1.5)	3/15

Women's 100 Meter Hurdles

1	15	Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	14.26	(1.3)	4/28
2	40	Josephine JETT	FR	#2 Claremont-Mudc	14.81w	(3.3)	3/15
3	54	Passion WASHINGTON	FR	#1 Chapman	14.89	(1.3)	4/28
4	61	Khyra STINER	JR	#1 Chapman {2}	14.96	(1.3)	4/28
5	68	Kaitlyn ULALISA	FR	#4 Pomona-Pitzer	15.03w	(3.3)	3/15
6	91	Elisabeth EICHINGER	SO	#3 Redlands (Calif.) {2}	15.24	(1.3)	4/28
7		Georgia ROGERS	FR	#2 Claremont-Mudc {2}	15.72	(1.3)	4/28
8		Kayla KIM	FR	#1 Chapman {3}	15.83	(0.7)	4/11
9		Jazzlyn JOHNSON	SR	#8 La Verne	15.84	(-0.2)	4/6
10		Adva SHILON	JR	#1 Chapman {4}	16.36	(0.9)	4/28

Women's 200 Meters

1	38	Elizabeth HAWLEY	SO	#5 Occidental	24.96	(-0.2)	4/28
2	60	Katriona KIRKPATRICK	SO	#4 Pomona-Pitzer	25.12	(1.7)	4/28
3	67	Dawson BELL	SO	#8 La Verne	25.19	(0.3)	4/28
4	73	Allison KREMER	JR	#1 Chapman	25.23w	(2.3)	4/6
5	77	Kaylee SMITH	JR	#1 Chapman {2}	25.25	(0.5)	4/6
6	86	Makenna LIZARDE	SO	#1 Chapman {3}	25.30	(-0.7)	3/22
7	96	Sabrina SEMMERE	SO	#3 Redlands (Calif.)	25.36w	(2.4)	4/13
8		Francesca CANDELIERI	SO	#5 Occidental {2}	25.77w	(3.5)	4/13
9		Ariana RAPHAEL	JR	#1 Chapman {4}	25.89	(0.5)	2/24
10		Josephine JETT	FR	#2 Claremont-Mudc	25.96w	(2.4)	3/15

Women's 400 Meters

1	5	Elizabeth HAWLEY	SO	#5 Occidental	55.52		4/28
2	25	Kaylee SMITH	JR	#1 Chapman	56.62		4/28
3	29	Allison KREMER	JR	#1 Chapman {2}	56.78		4/28
4	61	Sabrina SEMMERE	SO	#3 Redlands (Calif.)	57.74		4/28
5	79	Sarah CHARLES	FR	#1 Chapman {3}	58.11		2/24
6	83	Proud KITNITCHIVA	JR	#1 Chapman {4}	58.16		4/28
7	91	Makenna LIZARDE	SO	#1 Chapman {5}	58.29		2/24
8	96	Faith KASPER	FR	#3 Redlands (Calif.) {2}	58.34		4/28
9		Olivia REICHLER	JR	#4 Pomona-Pitzer	59.04		4/28
10		Francesca CANDELIERI	SO	#5 Occidental {2}	59.14		4/28

Women's 400 Meter Hurdles

1	8	Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	1:02.36		4/28
2	37	Shriya VELICHALA	SO	#2 Claremont-Mudc	1:04.53		4/28
3	38	Proud KITNITCHIVA	JR	#1 Chapman	1:04.59		4/28
4	43	Nicole PLAYER	JR	#4 Pomona-Pitzer	1:04.84		4/28
5	83	Kaitlyn ULALISA	FR	#4 Pomona-Pitzer {2}	1:06.27		4/28
6		Katarina MARIC	JR	#1 Chapman {2}	1:07.29		4/28
7		Kendrick DAHLIN	SO	#4 Pomona-Pitzer {3}	1:08.89		4/28
8		Kayla KIM	FR	#1 Chapman {3}	1:10.92		4/28
9		Olivia SCHLEIFER	JR	#2 Claremont-Mudc {2}	1:11.87		4/28
10		Fatima CERVANTES	JR	#6 Cal Lutheran	1:12.26		4/6

Women's 800 Meters

1	15	Michaela JONES	SR	#4 Pomona-Pitzer	2:11.74		4/28
2	28	Riley CAPUANO	SO	#2 Claremont-Mudc	2:12.60		4/28
3	31	Laura ZIMMER	SR	#2 Claremont-Mudc {2}	2:12.81		2/17
4	36	Natalie BITETTI	SR	#2 Claremont-Mudc {3}	2:14.02		4/6
5		Sally GASKELL	FR	#2 Claremont-Mudc {4}	2:18.63		2/17
6		Delphine WAY	FR	#5 Occidental	2:19.80		4/28
7		Angela GUSHUE	JR	#2 Claremont-Mudc {5}	2:21.24		4/28
8		Cece MATTESON	SR	#3 Redlands (Calif.)	2:21.61		3/9
9		Mia NESS	SO	#5 Occidental {2}	2:21.65		4/28
10		Sadie DRUCKER	FR	#2 Claremont-Mudc {6}	2:22.52		4/6

Women's 1500 Meters

1	4	Natalie BITETTI	SR	#2 Claremont-Mudc	4:26.59		4/6
2	6	Riley CAPUANO	SO	#2 Claremont-Mudc {2}	4:28.52		4/28
3	15	Laura ZIMMER	SR	#2 Claremont-Mudc {3}	4:31.34		3/22
4	48	Ciara GILLEN	JR	#5 Occidental	4:37.63		4/28
5	61	Sadie DRUCKER	FR	#2 Claremont-Mudc {4}	4:39.39		4/28
6	75	Elle MARSYLA	SO	#2 Claremont-Mudc {5}	4:41.26		3/2
7	81	Megan COVER	SO	#5 Occidental {2}	4:41.45		4/28
8	90	Sara WEXLER	SO	#2 Claremont-Mudc {6}	4:41.90		4/6
9	91	Angela GUSHUE	JR	#2 Claremont-Mudc {7}	4:41.96		4/6
10		Marissa HEHIR	FR	#8 La Verne	4:43.88		4/28

Women's Steeplechase

1	13	Ciara GILLEN	JR	#5 Occidental	10:47.35		4/13
2	17	Annika CARLSON	SO	#1 Chapman	10:50.96		3/22
3	50	Revere SCHMIDT	FR	#2 Claremont-Mudc	11:24.55		4/28
4	59	Eve MAVY	SO	#3 Redlands (Calif.)	11:27.81		4/28
5	65	Fiona BODKIN	FR	#4 Pomona-Pitzer	11:32.37		4/28
6	68	Hannah WEAVER	SR	#2 Claremont-Mudc {2}	11:34.18		4/28
7		Jenna MILBRODT	SO	#2 Claremont-Mudc {3}	11:49.47		4/13
8		Katy CHU	SR	#7 Caltech	11:58.35		4/28
9		Emily KENDRICK	SO	#2 Claremont-Mudc {4}	12:06.63		4/13
10		Ellison MERKEL	FR	#1 Chapman {2}	12:07.41		4/28



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Women's 5000 Meters

1	37	Natalie BITETTI	SR	#2 Claremont-Mudc	17:06.49	4/13
2	41	Elle MARSYLA	SO	#2 Claremont-Mudc{2}	17:09.22	4/13
3	78	Jenna LENAY	SO	#5 Occidental	17:32.62	3/9
4		Sara WEXLER	SO	#2 Claremont-Mudc{3}	17:43.45	4/13
5		Marissa HEHIR	FR	#8 La Verne	17:49.29	3/9
6		Fiona BODKIN	FR	#4 Pomona-Pitzer	17:50.37	4/28
7		Virginia PISTILLI	SO	#7 Caltech	17:53.53	4/13
8		Annika CARLSON	SO	#1 Chapman	17:56.02	4/28
9		Michaela JONES	SR	#4 Pomona-Pitzer {2}	18:12.63	3/9
10		Ciara GILLEN	JR	#5 Occidental {2}	18:13.47	3/9

Women's 10,000 Meters

1	24	Elle MARSYLA	SO	#2 Claremont-Mudc	35:48.29	3/22
2	38	Jenna LENAY	SO	#5 Occidental	36:24.12	4/13
3	67	Sara WEXLER	SO	#2 Claremont-Mudc{2}	37:10.48	3/22
4	91	Virginia PISTILLI	SO	#7 Caltech	38:00.82	4/28
5	93	Chloe CONNOLLY	JR	#4 Pomona-Pitzer	38:06.54	4/28
6	96	Brenda DAZA	FR	#1 Chapman	38:10.28	3/9
7		Sophia DALFONZO	JR	#7 Caltech {2}	38:45.20	4/28
8		Alexandra EMERSON	JR	#4 Pomona-Pitzer {2}	39:09.37	4/13
9		Amelia OPSAHL	JR	#2 Claremont-Mudc{3}	39:26.99	4/28
10		Mariessa MCLAUGHLIN	FR	#3 Redlands (Calif.)	39:49.90	4/13

Women's 4x100 Relay

1	6	Khyra Stiner, Kaylee Smith, Allison Kremer, Ariana Raphael	#1 Chapman	46.81	4/28
2	24	Maigan Adams, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#3 Redlands (Calif.)	47.87	4/28
3	35	Olivia Richards, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	#4 Pomona-Pitzer	48.11	4/28
4	43	Isabel Yaffe, Francesca Candelieri, Emmamarie Watkins, Elizabeth Hawley	#5 Occidental	48.35	4/13
5	96	Madison Packbier, Josephine Jett, Shriya Velichala, Sydney Behrens	#2 Claremont-Mudc	49.62	4/28
6		Jazzlyn Johnson, Dawson Bell, Eriell Duckworth, Emily Hernandez	#8 La Verne	51.07	4/28
7		Jennyfer Hernandez Rosas, Crystal Rosales, Aisha Mohammed Joji, Carly Christensen	#6 Cal Lutheran	51.33	4/28
8		Lauren Pryor, Ivy Brainard, Isha Goswami, Isabela Ceniceros	#7 Caltech	53.04	4/28



Conference TFRI Event Summary



SCIAC

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Women's 4x400 Relay

1	14	Kaylee Smith, Proud Kitnitchiva, Makenna Lizarde, Allison Kremer	#1 Chapman	3:52.06	3/23
2	15	Katriona Kirkpatrick, Michaela Jones, Nicole Player, Olivia Reichle	#4 Pomona-Pitzer	3:52.47	4/28
3	37	Elisabeth Eichinger, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#3 Redlands (Calif.)	3:58.26	4/28
4	41	Lucy Konsmo, Sally Gaskell, Laura Zimmer, Shriya Velichala	#2 Claremont-Mudc	3:59.31	4/28
5	44	Tia Akasaki, Delphine Way, Brooke Tompkins, Elizabeth Hawley	#5 Occidental	4:00.20	4/28
6		Jennyfer Hernandez Rosas, Crystal Rosales, Aisha Mohammed Joji, Sarah Bjornson	#6 Cal Lutheran	4:12.91	4/28
7		Ivy Brainard, Isha Goswami, Isabela Ceniceros, Marie Choi-Schattle	#7 Caltech	4:15.51	4/28
8		Jazzlyn Johnson, Dawson Bell, Peyton Carrera, Sarai Cruz	#8 La Verne	4:31.96	4/28

Women's High Jump

1	39	Sarah BJORNSON	SR	#6 Cal Lutheran	1.62m	5-3¾	4/28
2	62	Adva SHILON	JR	#1 Chapman	1.60m	5-3	2/24
3	95	Passion WASHINGTON	FR	#1 Chapman {2}	1.58m	5-2¼	4/28
4		Madison EATON	SO	#3 Redlands (Calif.)	1.55m	5-1	3/15
4		Simone ROGERS	JR	#2 Claremont-Mudc	1.55m	5-1	3/15
6		Zoe ZURASKY	JR	#1 Chapman {3}	1.52m	4-11¾	4/28
6		Georgia ROGERS	FR	#2 Claremont-Mudc {2}	1.52m	4-11¾	2/24
6		Natalia COSSIO	JR	#4 Pomona-Pitzer	1.52m	4-11¾	4/28
9		Rylee Kayla COCKETT	JR	#5 Occidental	1.50m	4-11	2/17
9		Eleanor BACHMEIER	SR	#3 Redlands (Calif.) {2}	1.50m	4-11	4/13

Women's Pole Vault

1	29	Madeline SEIFERT	SO	#2 Claremont-Mudc	3.64m	11-11¼	4/6
2	87	Sarah BJORNSON	SR	#6 Cal Lutheran	3.35m	10-11¾	4/28
2	87	Adva SHILON	JR	#1 Chapman	3.35m	10-11¾	4/13
4		Isabelle AU	SO	#1 Chapman {2}	3.25m	10-8	2/9
5		Sofie GARROU	FR	#1 Chapman {3}	3.10m	10-2	3/9
6		Devin SPREEMAN	SR	#8 La Verne	3.05m	10-0	2/24
6		Karis PALOMINO	JR	#5 Occidental	3.05m	10-0	3/15
6		Lily JAMES	SO	#3 Redlands (Calif.)	3.05m	10-0	3/15
9		Samantha DANIELS	SO	#1 Chapman {4}	2.95m	9-8	3/9
10		Morgan MCDONALD	FR	#4 Pomona-Pitzer	2.85m	9-4¼	4/13

Women's Long Jump

1	25	Maigan ADAMS	JR	#3 Redlands (Calif.)	5.62m	18-5¼ (-1.3)	4/27
2	54	Eleanor BACHMEIER	SR	#3 Redlands (Calif.) {2}	5.50m	18-½ (-1.2)	4/28
3	57	Felicia AKINDE	FR	#4 Pomona-Pitzer	5.49m	18-¼ (-2.4)	4/28
4	61	Niani JONES	FR	#6 Cal Lutheran	5.48m	17-11¾ (-0.4)	4/28
5	87	Christen WILEY	JR	#3 Redlands (Calif.) {3}	5.38m	17-8 (-1.9)	4/28
6		Elisabeth EICHINGER	SO	#3 Redlands (Calif.) {4}	5.23m	17-2 (-1.3)	4/28
7		Lindsey GRAY	SO	#1 Chapman	5.22m	17-1½ (-0.8)	4/28
8		Briana MEREDITH	FR	#1 Chapman {2}	5.13m	16-10 (-0.8)	4/28
8		Passion WASHINGTON	FR	#1 Chapman {2}	5.13m	16-10 (0.0)	4/28
10		Amelia WEITZ	FR	#5 Occidental	5.07m	16-7¾ (-2.0)	4/28

Women's Triple Jump

1	20	Maigan ADAMS	JR	#3 Redlands (Calif.)	11.86m	38-11 (0.8)	4/27
2	25	Ella BOWERS	JR	#4 Pomona-Pitzer	11.69m	38-4¼ (-1.4)	4/28
3	90	Briana MEREDITH	FR	#1 Chapman	11.11m	36-5½ (0.0)	4/28
4		Felicia AKINDE	FR	#4 Pomona-Pitzer {2}	11.05m	36-3 (-1.9)	4/28
5		Lilly COOPER	SO	#1 Chapman {2}	10.97m	36-0 (0.3)	4/28
6		Eleanor BACHMEIER	SR	#3 Redlands (Calif.) {2}	10.95m	35-11¼ (-1.4)	4/28
7		Emily DOLIDA	JR	#5 Occidental	10.92m	35-10 (-3.7)	4/28
8		Nicole PLAYER	JR	#4 Pomona-Pitzer {3}	10.90m	35-9¼ (-0.4)	4/13
9		Niani JONES	FR	#6 Cal Lutheran	10.87m	35-8 (1.4)	3/23
10		Christen WILEY	JR	#3 Redlands (Calif.) {3}	10.71m	35-1¾ (1.5)	4/13

Women's Shot Put

1	52	Timony SHERRY	SR	#3 Redlands (Calif.)	12.85m	42-2	4/28
2		Caeli HAVEL	SR	#3 Redlands (Calif.) {2}	11.38m	37-4	4/28
3		Jadyn AYALA	SO	#1 Chapman	11.19m	36-8½	2/24
4		Gabriella KNUTSEN	JR	#5 Occidental	11.18m	36-8¼	4/6
4		Eleanor CHAMPLIN- WILSON	FR	#2 Claremont-Mudc	11.18m	36-8¼	2/17
6		Katelyn SEWELL	FR	#2 Claremont-Mudc {2}	11.00m	36-1¼	3/22
7		Megan ROBERTSON	SR	#7 Caltech	10.73m	35-2½	2/24
8		Vania MOKONCHU	FR	#2 Claremont-Mudc {3}	10.68m	35-½	2/24
9		Noelle CHAVEZ	SR	#3 Redlands (Calif.) {3}	10.62m	34-10¼	4/28
10		Elisabeth EICHINGER	SO	#3 Redlands (Calif.) {4}	10.59m	34-9	4/13

Women's Discus

1	34	Noelle CHAVEZ	SR	#3 Redlands (Calif.)	42.68m	140-1	4/28
2	50	Caeli HAVEL	SR	#3 Redlands (Calif.) {2}	41.59m	136-6	4/28
3	58	Katelyn SEWELL	FR	#2 Claremont-Mudc	41.30m	135-6	4/13
4	73	Leslie SERNAQUE FALCON	SR	#3 Redlands (Calif.) {3}	40.47m	132-10	4/28
5		Megan ROBERTSON	SR	#7 Caltech	38.08m	124-11	2/17
6		Timony SHERRY	SR	#3 Redlands (Calif.) {4}	37.66m	123-7	4/28
7		Gabriella KNUTSEN	JR	#5 Occidental	35.78m	117-5	4/28
8		Jadyn AYALA	SO	#1 Chapman	35.09m	115-2	4/28
9		Cheyenne RODRIGUEZ	SO	#6 Cal Lutheran	34.86m	114-5	4/28
10		Chelsea GROVES	JR	#5 Occidental {2}	34.81m	114-3	4/28



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



SCIAC

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Women's Hammer

1	32	Antonia HEKSTER	JR	#2	Claremont-Mudc	50.65m	166-2	4/28
2	96	Leslie SERNAQUE FALCON	SR	#3	Redlands (Calif.)	46.29m	151-11	3/15
3		Megan ROBERTSON	SR	#7	Caltech	45.34m	148-9	4/28
4		Cheyenne RODRIGUEZ	SO	#6	Cal Lutheran	43.08m	141-4	4/28
5		Emily HU	JR	#7	Caltech	{2} 42.07m	138-0	4/6
6		Jadyn AYALA	SO	#1	Chapman	41.68m	136-9	4/13
7		Ashley GRANGER	SO	#1	Chapman	{2} 40.14m	131-9	4/6
8		Noelle CHAVEZ	SR	#3	Redlands (Calif.)	{2} 40.01m	131-3	4/28
9		Grace BEATY	SR	#3	Redlands (Calif.)	{3} 38.80m	127-4	4/13
10		Taylor KEMP	SR	#6	Cal Lutheran	{2} 36.54m	119-11	4/28

Women's Javelin

1	54	Natalia WILLIAMS	JR	#9	Whittier	38.39m	126-0	4/28
2	92	Logan SPOONEMORE	JR	#4	Pomona-Pitzer	36.64m	120-3	4/28
3		Georgia ARNOLD	SO	#2	Claremont-Mudc	33.68m	110-6	4/28
4		Timony SHERRY	SR	#3	Redlands (Calif.)	33.61m	110-3	4/28
5		Michelle LAGUNAS- MONROY	JR	#5	Occidental	33.16m	108-10	4/28
6		Samantha DANIELS	SO	#1	Chapman	33.14m	108-9	4/28
7		Kate COBAIN	SO	#5	Occidental	{2} 33.02m	108-4	4/28
8		Antonia HEKSTER	JR	#2	Claremont-Mudc	{2} 32.90m	107-11	4/28
9		Cheyenne RODRIGUEZ	SO	#6	Cal Lutheran	32.68m	107-3	4/28
10		Keegan SHERRY	SO	#3	Redlands (Calif.)	{2} 32.48m	106-7	4/13

Women's Heptathlon

1	12	Eleanor BACHMEIER	SR	#3	Redlands (Calif.)	4,521	4/5
2	15	Elisabeth EICHINGER	SO	#3	Redlands (Calif.)	{2} 4,441	4/28
3	63	Zoe ZURASKY	JR	#1	Chapman	3,730	4/28
4	78	Passion WASHINGTON	FR	#1	Chapman	{2} 3,521	4/28
5	81	Adva SHILON	JR	#1	Chapman	{3} 3,515	4/28
6	100	Kayla KIM	FR	#1	Chapman	{4} 3,309	4/28
7		Lindsey GRAY	SO	#1	Chapman	{5} 3,235	4/28
8		Izzy SABATINO	JR	#4	Pomona-Pitzer	3,147	4/28
9		Gift JAMES	SO	#3	Redlands (Calif.)	{3} 2,988	4/28
10		Shaylee HERON	FR	#3	Redlands (Calif.)	{4} 2,980	4/28



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



Skyline

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Women's 100 Meters

1	Alexxis MCNEIL	SR	#1 Farmingdale Sta	12.77	(0.0)	4/28
2	Faith SAMMONS	SO	#2 Merchant Marine	13.16	(1.5)	4/20
3	Jennifer SCHMIDT	JR	#4 Manhattanville	13.81	(0.4)	3/30
4	Alyse RIVERA	FR	#1 Farmingdale Sta{2}	13.89	(-1.1)	4/28
5	Brittany BRELAND	SR	#2 Merchant Marine{2}	14.04	(0.0)	4/28
6	Meghan CICHON	SR	#1 Farmingdale Sta{3}	14.16	(-1.1)	4/28
7	Jessica KERRIGAN	SR	#3 Mount Saint Mar	14.23	(0.0)	4/28
7	Kimberlyn DAVID	JR	#1 Farmingdale Sta{4}	14.23	(0.9)	4/20
9	Stephanie ALBERGHINE	FR	#1 Farmingdale Sta{5}	14.38	(-1.1)	4/28
10	Maria BALDWIN	SO	#3 Mount Saint Mar{2}	14.54	(-1.1)	4/28

Women's 100 Meter Hurdles

1	Lily O'BRIEN	SO	#3 Mount Saint Mar	18.08	(0.1)	4/28
2	Mishell DELGADO	FR	#1 Farmingdale Sta	18.67	(0.1)	4/28
3	Kaitlin HANSEN	SO	#3 Mount Saint Mar{2}	19.09	(0.1)	4/28
4	Stephanie SCHATZMAN	SO	#2 Merchant Marine	20.43	(0.1)	4/28
5	Brittany BRELAND	SR	#2 Merchant Marine{2}	21.90	(0.1)	4/28
6	Kenia HURTADO	JR	#1 Farmingdale Sta{2}	22.01	(0.1)	4/28
7	Meredith BUCHANAN	SR	#2 Merchant Marine{3}	24.40	(0.1)	4/28
8	Tejh HARDIN	SO	#2 Merchant Marine{4}	28.43	(0.1)	4/28

Women's 200 Meters

1	Alexxis MCNEIL	SR	#1 Farmingdale Sta	26.14	(0.6)	4/28
2	Faith SAMMONS	SO	#2 Merchant Marine	27.25	(0.6)	4/28
3	Maria BALDWIN	SO	#3 Mount Saint Mar	27.77w	(3.3)	4/12
4	Jennifer SCHMIDT	JR	#4 Manhattanville	28.41	(0.6)	4/28
5	Ava LANZA	FR	#1 Farmingdale Sta{2}	28.70	(1.4)	4/28
6	Stephanie ALBERGHINE	FR	#1 Farmingdale Sta{3}	29.00	(1.4)	4/28
7	Brittany BRELAND	SR	#2 Merchant Marine{2}	29.18	(-1.4)	4/7
8	Kimberlyn DAVID	JR	#1 Farmingdale Sta{4}	29.70	(0.6)	4/28
9	Nicole PICKETT	JR	#1 Farmingdale Sta{5}	30.13	(0.1)	4/20
10	Jessica KERRIGAN	SR	#3 Mount Saint Mar{2}	30.45w	(2.1)	4/12

Women's 400 Meters

1	Maria BALDWIN	SO	#3 Mount Saint Mar	1:01.56		4/28
2	Faith SAMMONS	SO	#2 Merchant Marine	1:01.83		4/28
3	Jennifer SCHMIDT	JR	#4 Manhattanville	1:03.89		4/28
4	Precious AKAHARA	FR	#1 Farmingdale Sta	1:04.81		4/28
5	Nicole PICKETT	JR	#1 Farmingdale Sta{2}	1:05.62		4/28
6	Victoria CROFFORD	FR	#2 Merchant Marine{2}	1:08.76		4/28
7	Faith WELSH	FR	#3 Mount Saint Mar{2}	1:11.23		4/19
8	Kaitlin HANSEN	SO	#3 Mount Saint Mar{3}	1:12.90		4/7
9	Kaitlin REYNOLDS	SR	#2 Merchant Marine{3}	1:20.31		3/24

Women's 400 Meter Hurdles

1	Lily O'BRIEN	SO	#3 Mount Saint Mar	1:14.51		4/19
2	Kaitlin HANSEN	SO	#3 Mount Saint Mar{2}	1:17.97		4/28
3	Vanessa MLECZKO	FR	#3 Mount Saint Mar{3}	1:20.19		4/28
4	Stephanie SCHATZMAN	SO	#2 Merchant Marine	1:20.25		4/28
5	Nicole PICKETT	JR	#1 Farmingdale Sta	1:27.50		4/28
6	Meredith BUCHANAN	SR	#2 Merchant Marine{2}	1:34.97		4/28
7	Kaitlin REYNOLDS	SR	#2 Merchant Marine{3}	1:36.76		4/28
8	Kelley LAKAWITCH	JR	#2 Merchant Marine{4}	1:41.94		4/28
9	Kaitlin SLATTERY	FR	#1 Farmingdale Sta{2}	1:44.02		4/28

Women's 800 Meters

1	Alycia HAYNES	SR	#1 Farmingdale Sta	2:35.33		4/28
2	Victoria CROFFORD	FR	#2 Merchant Marine	2:38.05		4/28
3	Orquidea BRICENO	FR	#4 Manhattanville	2:42.49		3/30
4	Kaitlin SLATTERY	FR	#1 Farmingdale Sta{2}	2:43.23		4/28
5	Sarah KANNENBERG	SO	#3 Mount Saint Mar	2:45.79		4/28
6	Faith WELSH	FR	#3 Mount Saint Mar{2}	2:54.58		4/28
7	Kaitlin REYNOLDS	SR	#2 Merchant Marine{2}	3:02.96		4/7

Women's 1500 Meters

1	Alycia HAYNES	SR	#1 Farmingdale Sta	5:18.32		4/7
2	Victoria CROFFORD	FR	#2 Merchant Marine	5:20.78		4/28
3	Orquidea BRICENO	FR	#4 Manhattanville	5:25.27		4/28
4	Sarah KANNENBERG	SO	#3 Mount Saint Mar	5:45.13		4/19
5	Emily GRASSELER	FR	#2 Merchant Marine{2}	5:51.13		4/7
6	Kaitlin REYNOLDS	SR	#2 Merchant Marine{3}	6:19.98		4/7

Women's Steeplechase

1	Kaitlin REYNOLDS	SR	#2 Merchant Marine	14:59.96		4/28
2	Loamy MALDONADO	JR	#1 Farmingdale Sta	17:04.24		4/28
3	Margaret ADAMS	JR	#1 Farmingdale Sta{2}	20:53.26		4/28

Women's 5000 Meters

1	Alycia HAYNES	SR	#1 Farmingdale Sta	21:39.77		4/28
2	Victoria CROFFORD	FR	#2 Merchant Marine	23:38.79		4/28
3	Sarah KANNENBERG	SO	#3 Mount Saint Mar	25:05.19		4/28
4	Kaitlin REYNOLDS	SR	#2 Merchant Marine{2}	25:33.39		4/28
5	Loamy MALDONADO	JR	#1 Farmingdale Sta{2}	29:00.28		4/28

Women's 4x100 Relay

1	Meghan Cichon, Alyse Rivera, Stephanie Alberghine, Alexxis McNeil	#1 Farmingdale Sta	52.44		4/28
2	Jessica Kerrigan, Maria Baldwin, Faith Welsh, Kaitlin Hansen	#3 Mount Saint Mar	55.43		4/28
3	Brittany Breland, Stephanie Schatzman, Faith Sammons, Meredith Buchanan	#2 Merchant Marine	57.41		4/7



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Women's 4x400 Relay

1	Precious Akahara, Alycia Haynes, Nicole Pickett, Alexxis McNeil	#1 Farmingdale Sta	4:23.30	4/28
2	Faith Sammons, Brittany Breland, Stephanie Schatzman, Victoria Crofford	#2 Merchant Marine	4:27.41	4/28
3	Maria Baldwin, Kaitlin Hansen, Faith Welsh, Lily O'brien	#3 Mount Saint Mar	4:47.62	4/28

Women's High Jump

1	Lily O'BRIEN	SO	#3 Mount Saint Mar	1.43m	4-8¼	4/28
2	Maria BALDWIN	SO	#3 Mount Saint Mar{2}	1.40m	4-7	4/7
3	Jessica KERRIGAN	SR	#3 Mount Saint Mar{3}	1.38m	4-6¼	4/28
3	Meghan CICHON	SR	#1 Farmingdale Sta	1.38m	4-6¼	4/28
5	Camden MARTIN	SR	#2 Merchant Marine	1.37m	4-6	3/24
6	Brittany BRELAND	SR	#2 Merchant Marine{2}	1.33m	4-4¼	4/28
6	Tejh HARDIN	SO	#2 Merchant Marine{2}	1.33m	4-4¼	4/28
8	Jada PEPANIO	JR	#1 Farmingdale Sta{2}	1.28m	4-2¼	4/28
9	Meredith BUCHANAN	SR	#2 Merchant Marine{4}	1.25m	4-1¼	4/7
10	Cassidy NELSON	FR	#2 Merchant Marine{5}	1.13m	3-8½	4/28

Women's Pole Vault

1	Mishell DELGADO	FR	#1 Farmingdale Sta	2.60m	8-6¼	4/7
2	Camden MARTIN	SR	#2 Merchant Marine	2.15m	7-½	4/28

Women's Long Jump

1	Jada PEPANIO	JR	#1 Farmingdale Sta	5.16m	16-11¼ (0.9)	4/20
2	Lily O'BRIEN	SO	#3 Mount Saint Mar	4.83mw	15-10¼ (2.7)	4/19
3	Mishell DELGADO	FR	#1 Farmingdale Sta{2}	4.54m	14-10¾ (1.3)	4/7
3	Treesha JAYAKODY	FR	#1 Farmingdale Sta{2}	4.54m	14-10¾ (1.0)	4/28
5	Brittany BRELAND	SR	#2 Merchant Marine	4.51m	14-9¾ (0.0)	4/28
6	Stephanie SCHATZMAN	SO	#2 Merchant Marine{2}	4.47m	14-8 (0.4)	4/7
7	Tejh HARDIN	SO	#2 Merchant Marine{3}	4.36m	14-3¾ (1.4)	4/7
8	Maria BALDWIN	SO	#3 Mount Saint Mar{2}	4.21mw	13-9¾ (2.3)	4/7
9	Jessica KERRIGAN	SR	#3 Mount Saint Mar{3}	4.20m	13-9½ (1.4)	4/28
9	Camden MARTIN	SR	#2 Merchant Marine{4}	4.20m	13-9½ (1.2)	4/28

Women's Triple Jump

1	Treesha JAYAKODY	FR	#1 Farmingdale Sta	9.89m	32-5½ (0.0)	4/20
2	Lily O'BRIEN	SO	#3 Mount Saint Mar	9.76m	32-¼ (0.0)	4/28
3	Stephanie SCHATZMAN	SO	#2 Merchant Marine	9.66m	31-8½ (1.0)	4/7
4	Brittany BRELAND	SR	#2 Merchant Marine{2}	9.36m	30-8½ (0.0)	4/28
5	Jessica KERRIGAN	SR	#3 Mount Saint Mar{2}	8.80m	28-10½ (0.0)	4/28
6	Kenia HURTADO	JR	#1 Farmingdale Sta{2}	8.61m	28-3 (0.5)	4/28
7	Tejh HARDIN	SO	#2 Merchant Marine{3}	8.52m	27-11½ (0.0)	4/7
8	Meredith BUCHANAN	SR	#2 Merchant Marine{4}	8.42m	27-7½ (0.7)	4/28
9	Kaitlin HANSEN	SO	#3 Mount Saint Mar{3}	8.38m	27-6 (0.5)	4/28
10	Vanessa MLECZKO	FR	#3 Mount Saint Mar{4}	7.55m	24-9¼ (0.0)	4/28

Women's Shot Put

1	Shea CURRAN	SR	#2 Merchant Marine	11.23m	36-10¼	4/20
2	Gabby BILLETZ	FR	#4 Manhattanville	10.49m	34-5	3/23
3	Jordan WASHINGTON	SO	#2 Merchant Marine{2}	9.83m	32-3	4/20
4	Lindsey MEDINA	SR	#3 Mount Saint Mar	9.30m	30-6¼	4/28
5	Fiona YOSTPILLE	SR	#4 Manhattanville {2}	9.24m	30-3¾	3/30
6	Madelyn KARMAN	SR	#1 Farmingdale Sta	9.20m	30-2¼	4/28
7	Ashley TORO	FR	#1 Farmingdale Sta{2}	9.15m	30-¼	3/30
8	Raina QUINONES	SO	#3 Mount Saint Mar{2}	8.15m	26-9	4/28
9	Florence HARRISON	SO	#4 Manhattanville {3}	7.72m	25-4	4/28
10	Trecel DANDRADE	FR	#1 Farmingdale Sta{3}	7.54m	24-9	3/30

Women's Discus

1	Gabby BILLETZ	FR	#4 Manhattanville	36.63m	120-2	4/28
2	Shea CURRAN	SR	#2 Merchant Marine	35.19m	115-6	4/20
3	Fiona YOSTPILLE	SR	#4 Manhattanville {2}	30.81m	101-1	3/30
4	Katelin HANIFAN	SO	#2 Merchant Marine{2}	27.25m	89-5	4/20
5	Jordan WASHINGTON	SO	#2 Merchant Marine{3}	27.20m	89-3	4/20
6	Emily SCHNEIDER	SO	#3 Mount Saint Mar	26.79m	87-10¾	4/19
7	Madelyn KARMAN	SR	#1 Farmingdale Sta	23.63m	77-6½	4/7
8	Raina QUINONES	SO	#3 Mount Saint Mar{2}	22.99m	75-5¼	4/28
9	Florence HARRISON	SO	#4 Manhattanville {3}	22.14m	72-7¾	4/6
10	Tejh HARDIN	SO	#2 Merchant Marine{4}	22.00m	72-2¼	4/28

Women's Hammer

1	Emily SCHNEIDER	SO	#3 Mount Saint Mar	36.45m	119-7	4/12
2	Shea CURRAN	SR	#2 Merchant Marine	35.22m	115-7	4/7
3	Lindsey MEDINA	SR	#3 Mount Saint Mar{2}	34.38m	112-10	4/28
4	Madelyn KARMAN	SR	#1 Farmingdale Sta	33.19m	108-11	4/28
5	Jordan WASHINGTON	SO	#2 Merchant Marine{2}	32.52m	106-9	4/28
6	Katelin HANIFAN	SO	#2 Merchant Marine{3}	29.67m	97-4¼	4/28
7	Lilly LA ROCCA	JR	#3 Mount Saint Mar{3}	19.93m	65-4¾	4/28
8	Trecel DANDRADE	FR	#1 Farmingdale Sta{2}	18.99m	62-3¾	4/28

Women's Javelin

1	Faith WELSH	FR	#3 Mount Saint Mar	25.93m	85-1	4/28
2	Fiona YOSTPILLE	SR	#4 Manhattanville	25.84m	84-9½	4/28
3	Shea CURRAN	SR	#2 Merchant Marine	25.06m	82-2¾	4/28
4	Meghan CICHON	SR	#1 Farmingdale Sta	21.55m	70-8½	4/28
5	Madelyn KARMAN	SR	#1 Farmingdale Sta{2}	18.38m	60-3¾	4/28
6	Jordan WASHINGTON	SO	#2 Merchant Marine{2}	18.23m	59-9¾	4/28
7	Raina QUINONES	SO	#3 Mount Saint Mar{2}	17.95m	58-10¾	4/28
8	Katelin HANIFAN	SO	#2 Merchant Marine{3}	17.06m	55-11¾	4/20
9	Kaitlin SLATTERY	FR	#1 Farmingdale Sta{3}	14.53m	47-8	4/28
10	Emily SCHNEIDER	SO	#3 Mount Saint Mar{3}	14.37m	47-1¾	4/19



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SLIAC

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Women's 100 Meters

1	51	Kalie STRAYHORN	FR	#8 Westminster (Mc	12.20	(-0.4)	4/27
2	78	Sara YAKANA	JR	#1 Greenville	12.30	(1.6)	3/30
3		Michaiah ADAMS	JR	#3 Mississippi Univ.	12.36w	(3.3)	3/23
4		Jocelyn FRITZ	JR	#1 Greenville	{2} 12.40	(1.4)	3/30
5		Samantha TAYLOR	FR	#4 Lyon (Ark.)	12.49	(-0.4)	4/27
6		Vonisha TOWNS	JR	#3 Mississippi Univ.	{2} 12.52w	(2.3)	4/20
7		Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	{3} 12.84	(-0.4)	4/27
7		Taylor TUCKER	SR	#1 Greenville	{3} 12.84	(0.0)	4/13
9		Holly HIGGS	FR	#2 Spalding	12.91	(-1.1)	4/27
10		Aissata KAMARA	SO	#6 Webster	13.01	(-0.4)	4/27

Women's 100 Meter Hurdles

1		Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	15.84	(0.6)	4/27
2		Kenzie KURDYS	FR	#1 Greenville	16.29	(0.6)	4/27
3		Alliyah THOMAS	FR	#2 Spalding	16.65w	(2.7)	4/5
4		Cynthia SNYDER	FR	#4 Lyon (Ark.)	20.16	(0.6)	4/27
5		Amaya JONES	SO	#2 Spalding	{2} 20.73	(0.6)	4/27
6		Morganne PIERCY	FR	#2 Spalding	{3} 23.46	(0.6)	4/27
7		Abigail ADAMS	FR	#4 Lyon (Ark.)	{2} 25.20	(0.3)	4/6

Women's 200 Meters

1	38	Kalie STRAYHORN	FR	#8 Westminster (Mc	24.96	(0.1)	4/12
2		Laila GRAHAM	SR	#1 Greenville	25.44	(-0.6)	4/27
3		Jocelyn FRITZ	JR	#1 Greenville	{2} 25.45	(-0.6)	4/27
4		Vonisha TOWNS	JR	#3 Mississippi Univ.	25.65	(-0.6)	4/27
5		Brianna KRANTZ	FR	#4 Lyon (Ark.)	25.76w	(2.9)	4/13
6		Sara YAKANA	JR	#1 Greenville	{3} 25.84	(1.4)	4/13
7		Taylor TUCKER	SR	#1 Greenville	{4} 25.91	(-0.6)	4/27
8		Michaiah ADAMS	JR	#3 Mississippi Univ.	{2} 26.23	(1.3)	4/20
9		Alliyah THOMAS	FR	#2 Spalding	26.61w	(2.8)	3/30
10		Jazmyn HARMON	FR	#1 Greenville	{5} 26.73	(0.0)	4/19

Women's 400 Meters

1	97	Brianna KRANTZ	FR	#4 Lyon (Ark.)	58.38		4/27
2		Taylor TUCKER	SR	#1 Greenville	59.17		4/27
3		Jazmyn HARMON	FR	#1 Greenville	{2} 59.31		4/27
4		Alexa LOFGREN	JR	#5 Fontbonne	59.99		4/13
5		Moenaisa SIDIQUE	JR	#8 Westminster (Mc	1:01.77		4/27
6		Vonisha TOWNS	JR	#3 Mississippi Univ.	1:01.96		4/27
7		Eva SCHWAAB	JR	#1 Greenville	{3} 1:02.03		4/6
8		Alliyah THOMAS	FR	#2 Spalding	1:02.88		3/30
9		Amarachi EJIMADU	FR	#7 Principia	1:03.26		4/27
10		Olivia NELSEN	SO	#6 Webster	1:06.66		4/6

Women's 400 Meter Hurdles

1		Alliyah THOMAS	FR	#2 Spalding	1:09.03		4/13
2		Alexis ROBERTS	JR	#1 Greenville	1:11.89		4/13
3		Olivia NELSEN	SO	#6 Webster	1:12.07		4/13
4		Kenzie KURDYS	FR	#1 Greenville	{2} 1:16.77		4/27
5		Cynthia SNYDER	FR	#4 Lyon (Ark.)	1:22.11		3/16
6		Vivienne REINHARDT	SO	#2 Spalding	{2} 1:24.53		4/27
7		Morganne PIERCY	FR	#2 Spalding	{3} 1:41.86		4/27

Women's 800 Meters

1		Eva SCHWAAB	JR	#1 Greenville	2:20.70		3/30
2		Norah SWINIGAN	SO	#1 Greenville	{2} 2:26.60		4/19
3		Vanessa COMPTON	JR	#1 Greenville	{3} 2:28.15		4/19
4		Raven VANCE	FR	#1 Greenville	{4} 2:29.60		3/30
5		Rachel FISHER	SO	#9 Eureka	2:32.31		4/6
6		Sedina LOGAN	JR	#1 Greenville	{5} 2:32.47		4/19
7		Gretchen CARIE	JR	#1 Greenville	{6} 2:33.48		4/6
8		Sierra COMPTON	FR	#1 Greenville	{7} 2:36.16		3/23
9		Kacie TERUYA	FR	#4 Lyon (Ark.)	2:37.80		4/27
10		Myka FENTON	FR	#7 Principia	2:38.44		4/27

Women's 1500 Meters

1		Gretchen CARIE	JR	#1 Greenville	5:04.92		4/19
2		Raven VANCE	FR	#1 Greenville	{2} 5:07.42		3/23
3		Sedina LOGAN	JR	#1 Greenville	{3} 5:14.65		4/6
4		Kacie TERUYA	FR	#4 Lyon (Ark.)	5:17.97		4/27
5		Bessie KELLEY	FR	#2 Spalding	5:18.47		4/27
6		Hannah OWENS	FR	#3 Mississippi Univ.	5:30.67		3/2
7		Brook SCHUTT	SO	#1 Greenville	{4} 5:30.73		4/6
8		Myka FENTON	FR	#7 Principia	5:30.98		4/27
9		Laura MAYO	SR	#7 Principia	{2} 5:32.39		4/27
10		Abby LOVE	FR	#5 Fontbonne	5:35.41		4/27

Women's Steeplechase

1		Gretchen CARIE	JR	#1 Greenville	11:53.03		4/13
2		Kacie TERUYA	FR	#4 Lyon (Ark.)	13:35.21		4/27
3		Muskan JAMSHED	SO	#2 Spalding	14:11.21		4/13
4		Sarah KIMBRO	SR	#9 Eureka	16:19.62		4/27

Women's 5000 Meters

1		Gretchen CARIE	JR	#1 Greenville	19:09.81		3/29
2		Brook SCHUTT	SO	#1 Greenville	{2} 20:18.24		4/13
3		Sarah ERICKSON	SO	#7 Principia	20:47.08c(20:56.63)		4/20
4		Hannah OWENS	FR	#3 Mississippi Univ.	20:48.50		3/23
5		Caitlyn SMITH	FR	#5 Fontbonne	22:03.88		3/9
6		Reganne PIERCY	FR	#2 Spalding	22:05.45		4/13
7		Emily BOHM	FR	#1 Greenville	{3} 22:26.13		4/13
8		Emily BAKER	SO	#9 Eureka	22:26.86		4/6
9		Katie LEEKER	SO	#5 Fontbonne	{2} 23:04.15		3/9
10		Lexie BARTHMAIER	JR	#2 Spalding	{2} 23:59.93		3/23

Women's 10,000 Meters

1		Hannah OWENS	FR	#3 Mississippi Univ.	43:15.00		4/27
2		Brook SCHUTT	SO	#1 Greenville	46:14.00		4/27
3		Reganne PIERCY	FR	#2 Spalding	46:51.40		4/5
4		Emily BAKER	SO	#9 Eureka	47:34.62		4/20
5		Emily BOHM	FR	#1 Greenville	{2} 48:010.00		4/27
6		Katie LEEKER	SO	#5 Fontbonne	48:53.00		4/27
7		Kalee SANDERS	JR	#3 Mississippi Univ.	{2} 49:38.00		4/27
8		Lexie BARTHMAIER	JR	#2 Spalding	{2} 49:59.00		4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



SLIAC

as of 4/30/2024 1:55:55 PM ET

Women's 4x100 Relay

1	13	Taylor Tucker, Laila Graham, Jocelyn Fritz, Sara Yakana	#1 Greenville	47.45	4/13
2	97	Ty'Kerria Young, Michaiah Adams, Paris Flanery, Vonisha Towns	#3 Mississippi Univ.	49.63	4/27
3		Alliyah Thomas, Shyanne Hagan, Roslyn Stull, Holly Higgs	#2 Spalding	51.97	4/27
4		Cynthia Snyder, Trinity Davis, Brianna Krantz, Samantha Taylor	#4 Lyon (Ark.)	53.16	4/27

Women's 4x400 Relay

1	66	Taylor Tucker, Eva Schwaab, Jazmyn Harmon, Laila Graham	#1 Greenville	4:02.56	4/27
2		Samantha Taylor, Kacie Teruya, Cynthia Snyder, Brianna Krantz	#4 Lyon (Ark.)	4:21.91	4/27
3		Vonisha Towns, Michaiah Adams, Paris Flanery, Kalee Sanders	#3 Mississippi Univ.	4:27.02	4/27
4		Roslyn Stull, Alliyah Thomas, Takara Williams, Holly Higgs	#2 Spalding	4:29.19	4/27
5		Joy Onyechi, Amarachi Ejimadu, Lydia Stalnaker, Sarah Fakorede	#7 Principia	4:31.90	4/27
6		Aissata Kamara, Kianna Patton, Olivia Nelsen, Symphony Schodroski	#6 Webster	4:39.34	4/19
7		Isabella Carbajal, Jaden Randall, Emily Baker, Rachel Fisher	#9 Eureka	4:56.75	4/27

Women's High Jump

1	39	Anna Beth VANCIL	JR	#1 Greenville	1.62m	5-3¾	4/27
1	39	Laila GRAHAM	SR	#1 Greenville	1.62m	5-3¾	4/27
3		Hannah MYERS	SO	#5 Fontbonne	1.57m	5-1¾	4/27

Women's Pole Vault

1	71	Kenzie KURDYS	FR	#1 Greenville	3.43m	11-3	4/19
2		Takara WILLIAMS	FR	#2 Spalding	2.49m	8-2	3/23
3		Trinity DAVIS	FR	#4 Lyon (Ark.)	2.30m	7-6½	4/27

Women's Long Jump

1	17	Sara YAKANA	JR	#1 Greenville	5.72mw	18-9¼ (2.8)	4/27
2	41	Samantha TAYLOR	FR	#4 Lyon (Ark.)	5.55m	18-2½ (0.3)	4/26
3	64	Laila GRAHAM	SR	#1 Greenville	{2} 5.47m	17-11½ (0.0)	3/30
4		Lainey HICKS	SO	#1 Greenville	{3} 5.29mw	17-4¼ (2.3)	4/13
5		Jazmyn HARMON	FR	#1 Greenville	{4} 5.27m	17-3½ (1.4)	4/27
6		Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	5.25m	17-2¾ (0.5)	4/27
7		Hannah MYERS	SO	#5 Fontbonne	4.99m	16-4½ (1.7)	4/27
8		Shyanne HAGAN	SO	#2 Spalding	4.78m	15-8¼ (0.0)	4/27
9		Diamond RAYFORD	FR	#3 Mississippi Univ.	{2} 4.67m	15-4 (-0.2)	4/27
10		Trinity DAVIS	FR	#4 Lyon (Ark.)	{2} 4.58m	15-½ (1.2)	4/6

Women's Triple Jump

1	17	Sara YAKANA	JR	#1 Greenville	11.98mw	39-3¾ (2.2)	4/27
2	60	Laila GRAHAM	SR	#1 Greenville	{2} 11.25mw	36-11 (3.3)	4/27
3	75	Hannah MYERS	SO	#5 Fontbonne	11.18mw	36-8¼ (2.3)	4/27
4	92	Jazmyn HARMON	FR	#1 Greenville	{3} 11.09m	36-4¾ (1.6)	4/27
5		Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	10.98m	36-¼ (-0.5)	4/6
6		Lainey HICKS	SO	#1 Greenville	{4} 10.79m	35-4¾ (1.8)	4/13
7		Shyanne HAGAN	SO	#2 Spalding	10.28mw	33-8¾ (2.3)	4/27

Women's Shot Put

1	18	Talahiva TALANOA	JR	#1 Greenville	13.49m	44-3¼	4/27
2	82	Ashley SMITH	JR	#1 Greenville	{2} 12.39m	40-7¾	4/13
3		Ella RAY	JR	#1 Greenville	{3} 10.81m	35-5¾	4/27
4		Emma BRABY	FR	#8 Westminster (Mc)	10.61m	34-9¾	4/12
5		Riana CALDWELL	FR	#2 Spalding	10.42m	34-2¼	3/30
6		Jessica BALLARD	SO	#5 Fontbonne	10.12m	33-2½	4/13
6		Arie'Onna MCCOLLUM	FR	#3 Mississippi Univ.	10.12m	33-2½	4/27
8		Cali PAVLISKO	SO	#6 Webster	9.98m	32-9	4/6
9		Isabelle LLEWELLYN	SR	#6 Webster	{2} 9.80m	32-2	3/30
10		Ava VOLLMER	SO	#1 Greenville	{4} 9.57m	31-4¾	3/23

Women's Discus

1	42	Talahiva TALANOA	JR	#1 Greenville	42.02m	137-11	3/30
2		Isabelle LLEWELLYN	SR	#6 Webster	37.60m	123-5	4/27
3		Ashley SMITH	JR	#1 Greenville	{2} 35.31m	115-10	4/19
4		Ella RAY	JR	#1 Greenville	{3} 33.89m	111-2	4/13
5		Arie'Onna MCCOLLUM	FR	#3 Mississippi Univ.	32.52m	106-9	4/27
6		Alex FRAILEY	FR	#1 Greenville	{4} 29.82m	97-10	3/30
7		Cali PAVLISKO	SO	#6 Webster	{2} 28.53m	93-7¼	3/30
8		Savanna HULBERT	FR	#1 Greenville	{5} 28.41m	93-2½	4/27
9		Montana SMITH	FR	#5 Fontbonne	28.35m	93-¼	3/30
10		Grace WALDROP	FR	#1 Greenville	{6} 28.21m	92-6¾	3/30



Conference TFRI Event Summary



SLIAC

as of 4/30/2024 1:55:55 PM ET

Women's Hammer

1	13	Talahiva TALANOVA	JR	#1	Greenville	53.14m	174-4	4/13
2		Isabelle LLEWELLYN	SR	#6	Webster	45.90m	150-7	4/6
3		Ella RAY	JR	#1	Greenville	{2} 44.37m	145-7	4/27
4		Ashley SMITH	JR	#1	Greenville	{3} 44.21m	145-1	4/13
5		Ava VOLLMER	SO	#1	Greenville	{4} 43.23m	141-10	4/13
6		Abigail SZYDLOWSKI	JR	#6	Webster	{2} 40.21m	131-11	4/27
7		Arie'Onna MCCOLLUM	FR	#3	Mississippi Univ.	35.78m	117-5	4/27
8		Cali PAVLISKO	SO	#6	Webster	{3} 35.58m	116-9	4/27
9		Alex FRAILEY	FR	#1	Greenville	{5} 35.46m	116-4	4/13
10		Jessica BALLARD	SO	#5	Fontbonne	32.48m	106-7	3/30

Women's Javelin

1	21	Abbi THOMASON	JR	#1	Greenville	40.57m	133-1	4/27
2	28	Emma BROWN	JR	#1	Greenville	{2} 39.95m	131-1	3/30
3		Isabelle LLEWELLYN	SR	#6	Webster	34.14m	112-0	4/6
4		Natalie STEWART	SO	#8	Westminster (Mc	33.53m	110-0	4/12
5		Emma BRABY	FR	#8	Westminster (Mc	{2} 31.49m	103-4	4/21
6		Aziza TAKHI	SO	#4	Lyon (Ark.)	30.06m	98-7½	3/16
7		Arie'Onna MCCOLLUM	FR	#3	Mississippi Univ.	29.56m	96-11¾	4/27
8		Alexis ROBERTS	JR	#1	Greenville	{3} 28.29m	92-9¾	4/13
9		Abigail ADAMS	FR	#4	Lyon (Ark.)	{2} 27.00m	88-7	4/13
10		Cali PAVLISKO	SO	#6	Webster	{2} 26.71m	87-7¾	4/13



Conference TFRI Event Summary



SUNYAC

as of 4/30/2024 1:55:55 PM ET

Women's 100 Meters

1	17	Autumn PITTMAN	JR	#3	SUNY Cortland	11.96w	(2.2)	4/7
2	39	Brynn MOONEY	FR	#1	SUNY Geneseo	12.15w	(2.3)	4/7
3	71	Khia LASTER	JR	#6	Buffalo State	12.28	(1.1)	4/26
4		Kendall SOBCZYK	SO	#3	SUNY Cortland	{2} 12.50w	(2.2)	4/7
5		Kayla HUBA	SO	#1	SUNY Geneseo	{2} 12.53	(1.1)	4/26
6		Alexia PRINCE	FR	#3	SUNY Cortland	{3} 12.62w	(2.2)	4/7
7		Ejim NNATE	JR	#4	SUNY Oneonta	12.74w	(2.3)	3/16
8		Cara PELLECHIA	SO	#8	Fredonia	12.78	(1.5)	4/20
9		Sam PYNN	JR	#1	SUNY Geneseo	{3} 12.87w	(2.2)	3/30
10		Mackayla NERJUSTE	FR	#1	SUNY Geneseo	{4} 12.88w	(2.2)	3/30
10		Julianna KLIMOW	SR	#1	SUNY Geneseo	{4} 12.88w	(2.3)	4/7

Women's 100 Meter Hurdles

1	6	Natalia SAWYER	SO	#6	Buffalo State	14.02	(1.2)	4/26
2	19	Ejim NNATE	JR	#4	SUNY Oneonta	14.43	(1.1)	4/26
3	26	Danielle FISK	SR	#3	SUNY Cortland	14.60w	(3.3)	4/20
4	62	Jill AMBLER	FR	#1	SUNY Geneseo	14.97	(1.2)	4/14
5		Allyson SUROWICK	SR	#1	SUNY Geneseo	{2} 15.48	(1.3)	4/13
6		AnJalya TALMADGE	SO	#3	SUNY Cortland	{2} 15.59w	(3.3)	4/20
7		Lainey FLAITZ	FR	#1	SUNY Geneseo	{3} 15.75	(0.8)	3/30
8		Abrianna KRUGER	SR	#1	SUNY Geneseo	{4} 16.21	(1.2)	4/7
9		Janelle ECKL	JR	#1	SUNY Geneseo	{5} 16.22	(1.2)	4/7
10		Eko DODD-BROWN	FR	#4	SUNY Oneonta	{2} 16.35	(1.4)	4/20

Women's 200 Meters

1	25	Brynn MOONEY	FR	#1	SUNY Geneseo	24.79	(0.6)	4/7
2	37	Natalia SAWYER	SO	#6	Buffalo State	24.95	(-0.6)	4/26
3	51	Autumn PITTMAN	JR	#3	SUNY Cortland	25.04	(0.7)	4/14
4		Khia LASTER	JR	#6	Buffalo State	{2} 25.40	(-0.6)	4/26
5		Alexia PRINCE	FR	#3	SUNY Cortland	{2} 25.45w	(2.7)	4/23
6		Marissa WISE	JR	#2	SUNY Brockport	25.54	(1.7)	4/27
7		Kayla HUBA	SO	#1	SUNY Geneseo	{2} 25.72	(-0.6)	4/26
8		Sam PYNN	JR	#1	SUNY Geneseo	{3} 25.95	(1.9)	4/21
9		Jill AMBLER	FR	#1	SUNY Geneseo	{4} 26.02	(0.6)	4/7
10		Julianna KLIMOW	SR	#1	SUNY Geneseo	{5} 26.14w	(3.8)	4/21

Women's 400 Meters

1	36	Brynn MOONEY	FR	#1	SUNY Geneseo	57.11		4/14
2	69	Khia LASTER	JR	#6	Buffalo State	57.94		3/30
3		Jenna RACZKA	SR	#6	Buffalo State	{2} 58.48		4/13
4		Marissa WISE	JR	#2	SUNY Brockport	58.67		4/21
5		Avery HEBERT	SR	#3	SUNY Cortland	58.92		4/14
6		Sierra DOODY	SO	#1	SUNY Geneseo	{2} 59.45		3/30
7		Danielle JACKSON	JR	#4	SUNY Oneonta	1:00.45		3/16
8		Faith NELSON	JR	#3	SUNY Cortland	{2} 1:00.62		4/20
9		Hannah WIERER	FR	#1	SUNY Geneseo	{3} 1:00.74		4/21
10		Courtney BOSTIC	SO	#2	SUNY Brockport	{2} 1:01.36		4/13

Women's 400 Meter Hurdles

1	2	Natalia SAWYER	SO	#6	Buffalo State	1:00.11		4/13
2	24	Janelle ECKL	JR	#1	SUNY Geneseo	1:03.59		4/26
3	93	Lily REXFORD	FR	#2	SUNY Brockport	1:06.64		4/27
4		Sophia BARCLAY	FR	#1	SUNY Geneseo	{2} 1:07.03		4/26
5		Lainey FLAITZ	FR	#1	SUNY Geneseo	{3} 1:07.88		4/21
6		Yasmine PERALTA	SO	#3	SUNY Cortland	1:08.30		4/14
7		Michelle FITTING	SR	#1	SUNY Geneseo	{4} 1:08.92		4/26
8		Nicole GRETZINGER	SO	#1	SUNY Geneseo	{5} 1:08.94		4/26
9		Lanna WANDY	JR	#1	SUNY Geneseo	{6} 1:09.40		4/26
10		Matty LUCEY	FR	#3	SUNY Cortland	{2} 1:09.76		4/7

Women's 800 Meters

1	75	Sierra DOODY	SO	#1	SUNY Geneseo	2:16.36		4/14
2	92	Janelle ECKL	JR	#1	SUNY Geneseo	{2} 2:17.30		3/30
3		Faith COYLE	JR	#7	SUNY Oswego	2:17.81		4/27
4		Grace YARKOSKY	FR	#5	SUNY Plattsburg	2:19.10		4/20
5		Hannah WIERER	FR	#1	SUNY Geneseo	{3} 2:19.33		4/26
6		Mia VIZCAINO	JR	#2	SUNY Brockport	2:20.59		3/30
7		Nieve MAHOOD	JR	#1	SUNY Geneseo	{4} 2:21.57		4/14
8		Julianne WILSON	JR	#2	SUNY Brockport	{2} 2:21.91		4/27
9		Lilly FOWLER-CONNER	JR	#1	SUNY Geneseo	{5} 2:21.95		4/7
10		Eva WOODWORTH	SO	#4	SUNY Oneonta	2:22.49		4/26

Women's 1500 Meters

1	94	Lilly FOWLER-CONNER	JR	#1	SUNY Geneseo	4:42.16		4/26
2	97	Rachel HIRSCHKIND	SR	#1	SUNY Geneseo	{2} 4:42.29		3/30
3		Sierra DOODY	SO	#1	SUNY Geneseo	{3} 4:43.39		4/7
4		Kaitlyn GROSSMAN	JR	#1	SUNY Geneseo	{4} 4:46.15		4/26
5		Kerry FLOWER	SR	#2	SUNY Brockport	4:49.88		4/7
6		Grace YARKOSKY	FR	#5	SUNY Plattsburg	4:50.96		4/13
7		Mia VIZCAINO	JR	#2	SUNY Brockport	{2} 4:51.64		4/14
8		Alexa WOLCOTT	SO	#3	SUNY Cortland	4:55.33		4/27
9		Melissa INNOCENT	FR	#3	SUNY Cortland	{2} 4:55.52		4/27
10		Veronica SZYGALOWICZ	SR	#1	SUNY Geneseo	{5} 4:55.53		4/7

Women's Steeplechase

1	1	Rachel HIRSCHKIND	SR	#1	SUNY Geneseo	10:17.19		4/27
2	52	Ann BRENNAN	SO	#1	SUNY Geneseo	{2} 11:25.55		4/7
3	54	Kaitlyn GROSSMAN	JR	#1	SUNY Geneseo	{3} 11:26.01		4/21
4	55	Isabel MARZEC	JR	#1	SUNY Geneseo	{4} 11:26.50		4/14
5	70	Alexa WOLCOTT	SO	#3	SUNY Cortland	11:35.23		3/30
6	81	Julianne WILSON	JR	#2	SUNY Brockport	11:37.15		4/21
7	89	Jillian O'ROURKE	FR	#1	SUNY Geneseo	{5} 11:38.82		4/21
8	98	Melissa INNOCENT	FR	#3	SUNY Cortland	{2} 11:39.99		3/30
9		Anika PARNELL	SR	#3	SUNY Cortland	{3} 11:41.32		4/14
10		Deirdre SULLIVAN	JR	#3	SUNY Cortland	{4} 11:49.07		4/28



Conference TFRI Event Summary



SUNYAC

as of 4/30/2024 1:55:55 PM ET

Women's 5000 Meters

1	19	Penelope GREENE	JR	#1 SUNY Geneseo	16:50.74	4/27
2	27	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo {2}	16:58.53	4/14
3	58	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	17:20.61	3/30
4		Kerry FLOWER	SR	#2 SUNY Brockport	17:44.12	3/30
5		Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	17:49.06	3/30
6		Gabriella MCCARTHY	JR	#1 SUNY Geneseo {5}	17:54.75	4/14
7		Ann BRENNAN	SO	#1 SUNY Geneseo {6}	17:54.78	4/21
8		Katherine VOGEL	SR	#1 SUNY Geneseo {7}	17:55.86	3/30
9		Melissa INNOCENT	FR	#3 SUNY Cortland	18:00.15	4/20
10		Alexa WOLCOTT	SO	#3 SUNY Cortland {2}	18:13.04	4/20

Women's 10,000 Meters

1	16	Penelope GREENE	JR	#1 SUNY Geneseo	35:24.68	4/14
2	23	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {2}	35:41.18	4/14
3	28	Kerry FLOWER	SR	#2 SUNY Brockport	35:53.42	4/14
4	68	Katherine VOGEL	SR	#1 SUNY Geneseo {3}	37:12.80	4/14
5	83	Megan FRANCOEUR	JR	#4 SUNY Oneonta	37:51.33	4/14
6		Veronica SZYGALOWICZ	SR	#1 SUNY Geneseo {4}	39:17.27	4/14
7		Annika HURLEY	SO	#1 SUNY Geneseo {5}	40:05.62	4/13
8		Devin REILLY	JR	#3 SUNY Cortland	40:09.02	3/30
9		Katherine PETERSON	JR	#1 SUNY Geneseo {6}	40:12.48	3/30
10		Sophie BAGLEY	FR	#1 SUNY Geneseo {7}	40:18.88	3/30

Women's 4x100 Relay

1	33	Kayla Huba, Brynn Mooney, Julianna Klimow, Sam Pynn	#1 SUNY Geneseo	48.08	4/26
2	39	Kendall Sobczyk, Alexia Prince, Avery Hebert, Autumn Pittman	#3 SUNY Cortland	48.17	4/20
3		Margaret Petty, Danielle Jackson, Nicolette DuBose, Ejim Nnate	#4 SUNY Oneonta	50.05	4/7
4		Rachel Daskiewich, Courtney Bostic, Marissa Wise, Bayleigh Woodard	#2 SUNY Brockport	50.72	4/27
5		Deanna Zoch, Michaela Schaffer, Morgan Thompson, Marissa LeDuc	#5 SUNY Plattsburg	51.22	4/20
6		Madison Wagner, Emma Robbins, Raven Winters, Emily Yousey	#9 SUNY Potsdam	52.78	4/27
7		Rhiannon Butchko, Noladia Blum, Aionna Johnson, Brenna O'Brien	#7 SUNY Oswego	53.90	4/7

Women's 4x400 Relay

1	55	Sierra Doody, Lainey Flaitz, Sophia Barclay, Jill Ambler	#1 SUNY Geneseo	4:01.60	4/7
2	81	Maris Seabury, Matty Lucey, Yasmine Peralta, Avery Hebert	#3 SUNY Cortland	4:05.22	4/7
3		Courtney Bostic, Lily Rexford, Marissa Wise, Kylie Williamson	#2 SUNY Brockport	4:11.12	4/27
4		Eko Dodd-Brown, Danielle Jackson, Taylor Johnson, Daniea Austin	#4 SUNY Oneonta	4:20.81	4/7
5		Teagan Planty, Mary Elizabeth Steinrotter, Jilliana Sullivan, Sarah El Labban	#9 SUNY Potsdam	4:29.62	4/27
6		Virginia Lucchetti, Marissa Colvin, Lillian Moran, Grace Yarkosky	#5 SUNY Plattsburg	4:30.32	4/27
7		Arden Brown, Kevina Drennan, Juliana Rodriguez, Holly Rohrbach	#8 Fredonia	4:54.73	3/30

Women's High Jump

1	18	Danielle FISK	SR	#3 SUNY Cortland	1.67m	5-5¾	4/14
2	33	Michaela LEVESQUE	SR	#2 SUNY Brockport	1.63m	5-4¼	4/21
3	84	Lainey FLAITZ	FR	#1 SUNY Geneseo	1.59m	5-2½	4/26
4		Rhiannon BUTCHKO	SO	#7 SUNY Oswego	1.57m	5-1¾	4/7
4		Regan KAISER	JR	#3 SUNY Cortland {2}	1.57m	5-1¾	4/7
6		Reilly QUINN	FR	#3 SUNY Cortland {3}	1.55m	5-1	4/27
7		AnJalya TALMADGE	SO	#3 SUNY Cortland {4}	1.52m	4-11¾	4/28
8		Gigi FERRO	FR	#1 SUNY Geneseo {2}	1.49m	4-10½	4/26
9		Justice CRANE	FR	#2 SUNY Brockport {2}	1.48m	4-10¼	4/7
10		Katherine BERGE	JR	#5 SUNY Plattsburg	1.47m	4-9¾	4/6

Women's Pole Vault

1	30	Cara PELLECHIA	SO	#8 Fredonia	3.63m	11-10¾	4/13
2	66	Becca BREADY	SO	#2 SUNY Brockport	3.45m	11-3¾	4/27
2	66	Tess EICHNER	SR	#2 SUNY Brockport	3.45m	11-3¾	4/27
4		Isabel SWYERS	FR	#2 SUNY Brockport {3}	3.31m	10-10¼	4/13
5		Haley LERNER	JR	#8 Fredonia {2}	3.16m	10-4¼	4/7
6		Faith HOYT	SO	#3 SUNY Cortland	3.15m	10-4	4/28
7		Nicole GRETZINGER	SO	#1 SUNY Geneseo	3.07m	10-¾	4/26
8		Gianna BATISTA	SO	#1 SUNY Geneseo {2}	2.92m	9-7	4/26
9		Abby CARBERRY	FR	#3 SUNY Cortland {2}	2.90m	9-6¼	4/7
10		Mya HENRY	JR	#2 SUNY Brockport {4}	2.86m	9-4½	4/13



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SUNYAC

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Women's Long Jump

1	12	Khia LASTER	JR	#6	Buffalo State	5.75m	18-10½ (1.3)	4/20
2	25	Mia MONTGOMERY	SR	#2	SUNY Brockport	5.62m	18-5¼ (1.9)	4/21
3	46	Ejim NNATE	JR	#4	SUNY Oneonta	5.53m	18-1¾ (0.5)	4/20
4	52	Mackayla NERJUSTE	FR	#1	SUNY Geneseo	5.51m	18-1 (1.1)	4/21
5	68	Lena KIEHL	SR	#1	SUNY Geneseo	{2} 5.45mw	17-10¾ (2.7)	4/26
6	82	Sam PYNN	JR	#1	SUNY Geneseo	{3} 5.41mw	17-9 (3.2)	4/21
7	84	Jill AMBLER	FR	#1	SUNY Geneseo	{4} 5.39m	17-8¼ (-1.3)	4/7
8	88	Katelyn JACQUES	SR	#1	SUNY Geneseo	{5} 5.37m	17-7½ (1.6)	4/21
9	92	Kayla HUBA	SO	#1	SUNY Geneseo	{6} 5.36m	17-7 (1.4)	4/21
9	92	Lanna WANDY	JR	#1	SUNY Geneseo	{6} 5.36m	17-7 (0.3)	4/26

Women's Triple Jump

1	24	Ally ALVIRA	SR	#1	SUNY Geneseo	11.70m	38-4¾ (0.6)	3/30
2	56	Katelyn JACQUES	SR	#1	SUNY Geneseo	{2} 11.31mw	37-1¼ (2.5)	4/14
3		Gianna BOLAND	FR	#1	SUNY Geneseo	{3} 10.99m	36-¾ (1.0)	4/7
4		Lena KIEHL	SR	#1	SUNY Geneseo	{4} 10.97m	36-0 (-0.4)	4/14
5		Sasha SCHRAMM	SO	#2	SUNY Brockport	10.92m	35-10 (1.8)	4/13
6		Caitlin MAHER	SO	#3	SUNY Cortland	10.83mw	35-6½ (2.7)	4/23
7		Michaela SCHAFFER	SR	#5	SUNY Plattsburg	10.46mw	34-4 (2.6)	4/12
8		Matteson DONNELLY	SR	#3	SUNY Cortland	{2} 10.29m	33-9¼ (1.1)	4/7
9		Corinne ALBICKER	FR	#1	SUNY Geneseo	{5} 10.25m	33-7½ (1.8)	4/21
10		Olivia SMOCK	SR	#1	SUNY Geneseo	{6} 10.12m	33-2½ (0.9)	4/21

Women's Shot Put

1	15	Isabella FABRIZIO	JR	#4	SUNY Oneonta	13.63m	44-8¾	4/26
2	46	Zoe CONNER	SR	#1	SUNY Geneseo	12.90m	42-4	4/26
2	46	Sarah CROCKETT	SR	#2	SUNY Brockport	12.90m	42-4	4/7
4		Jennifer NDUKWU	SO	#3	SUNY Cortland	12.19m	40-0	4/23
5		Lauren JAKLITSCH	SO	#1	SUNY Geneseo	{2} 11.98m	39-3¾	4/26
6		Trinity DEES	SO	#2	SUNY Brockport	{2} 11.90m	39-½	4/7
7		Emelene BUREK	JR	#4	SUNY Oneonta	{2} 11.65m	38-2¾	4/20
8		Gabi RAGOZZINE	SO	#4	SUNY Oneonta	{3} 11.64m	38-2¼	4/26
9		Rebecca HEULER	JR	#2	SUNY Brockport	{3} 11.59m	38-¼	4/21
10		Liz SPENCER	SR	#2	SUNY Brockport	{4} 11.55m	37-10¾	4/21

Women's Discus

1	64	Skyler KLIMOW	SO	#1	SUNY Geneseo	40.98m	134-6	4/21
2	77	Rebecca HEULER	JR	#2	SUNY Brockport	40.27m	132-2	4/27
3		Sarah PARR	SR	#2	SUNY Brockport	{2} 38.83m	127-5	4/21
4		Emma KINNICUTT	SR	#2	SUNY Brockport	{3} 38.39m	126-0	4/21
5		Katie RACHWAL	FR	#5	SUNY Plattsburg	37.32m	122-5	4/20
6		Hannah MCMASTERS	SO	#3	SUNY Cortland	36.86m	120-11	4/20
7		Katrina CHANDLER	SO	#2	SUNY Brockport	{4} 36.59m	120-1	4/27
8		Sarah CROCKETT	SR	#2	SUNY Brockport	{5} 36.24m	118-11	4/13
9		Gabi RAGOZZINE	SO	#4	SUNY Oneonta	35.95m	118-0	4/7
10		Emelene BUREK	JR	#4	SUNY Oneonta	{2} 34.45m	113-0	4/26

Women's Hammer

1	20	Zoe CONNER	SR	#1	SUNY Geneseo	52.16m	171-2	4/21
2	38	Sarah PARR	SR	#2	SUNY Brockport	50.16m	164-7	4/21
3	45	Isabella FABRIZIO	JR	#4	SUNY Oneonta	49.11m	161-2	3/16
4	46	Jennifer NDUKWU	SO	#3	SUNY Cortland	48.99m	160-9	4/28
5	52	Hannah MCMASTERS	SO	#3	SUNY Cortland	{2} 48.74m	159-11	4/23
6	72	Emma KINNICUTT	SR	#2	SUNY Brockport	{2} 47.33m	155-4	3/30
7	74	Sarah CROCKETT	SR	#2	SUNY Brockport	{3} 47.18m	154-10	4/21
8	94	Lauren JAKLITSCH	SO	#1	SUNY Geneseo	{2} 46.31m	151-11	4/26
9		Katrina CHANDLER	SO	#2	SUNY Brockport	{4} 44.99m	147-7	4/27
10		Suzy CONNERS	SO	#3	SUNY Cortland	{3} 44.54m	146-2	4/13

Women's Javelin

1	5	Rebecca HEULER	JR	#2	SUNY Brockport	44.39m	145-8	4/13
2	49	Skyler KLIMOW	SO	#1	SUNY Geneseo	38.68m	126-11	3/30
3		Sage DOUGLASS	JR	#4	SUNY Oneonta	35.65m	117-0	4/26
4		Emily BEATTIE	JR	#2	SUNY Brockport	{2} 32.72m	107-4	4/27
5		Ally ALVIRA	SR	#1	SUNY Geneseo	{2} 32.67m	107-2	3/30
6		Danielle FISK	SR	#3	SUNY Cortland	31.83m	104-5	4/28
7		Julianna KLIMOW	SR	#1	SUNY Geneseo	{3} 30.49m	100-1	4/21
8		Sarah ARMENIA	JR	#2	SUNY Brockport	{3} 30.14m	98-10¾	3/30
9		Tarryn HERMAN	SO	#4	SUNY Oneonta	{2} 29.83m	97-10½	4/7
10		Taygin JUMP	FR	#5	SUNY Plattsburg	29.60m	97-1½	4/27

Women's Heptathlon

1	19	Danielle FISK	SR	#3	SUNY Cortland	4,415	4/20
2	56	AnJalya TALMADGE	SO	#3	SUNY Cortland	{2} 3,806	4/20
3	76	Abrianna KRUGER	SR	#1	SUNY Geneseo	3,530	4/21
4	87	Lanna WANDY	JR	#1	SUNY Geneseo	{2} 3,462	4/21
5		Madison BAKER	SR	#2	SUNY Brockport	2,888	4/21
6		Michaela LEVESQUE	SR	#2	SUNY Brockport	{2} 1,777	4/21



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UAA

as of 4/30/2024 1:55:55 PM ET

Women's 100 Meters

1	2	Audrey JOHNSON	JR	#3 Emory	11.73w	(3.5)	4/28
2	4	Jasmine WRIGHT	SO	#1 Washington (Mo	11.79	(1.9)	4/28
3	9	Maya DAVIS	FR	#1 Washington (Mo {2}	11.87	(1.9)	4/28
4	11	Gabri MESCHINO	SR	#2 Chicago	11.89w	(3.5)	4/28
5	12	Nicole STEWART	JR	#1 Washington (Mo {3}	11.92w	(3.5)	4/28
6	28	Kaya BINETTI	JR	#3 Emory	{2} 12.07	(1.9)	4/28
7	74	Maddie LYONS	SO	#2 Chicago	{2} 12.29	(1.9)	4/28
8	82	Dashiel TAO HARRIS	JR	#3 Emory	{3} 12.31	(-1.3)	3/16
9	88	Maura DIANNO	JR	#3 Emory	{4} 12.33w	(3.5)	4/28
10		Seneca GUNERATNE	FR	#7 NYU	12.55	(1.6)	3/23

Women's 100 Meter Hurdles

1	12	Ren BROWN	JR	#2 Chicago	14.20	(1.5)	4/13
2	13	Lauren GAY	JR	#1 Washington (Mo	14.23w	(2.2)	3/30
3	14	Elizabeth BARRE	SR	#5 Carnegie Mellon	14.24w	(2.7)	4/28
4	31	Nikki BOON	JR	#3 Emory	14.70	(0.2)	3/29
5	34	Grace MISIUNAS	SO	#4 Case Western Re	14.76w	(2.7)	4/28
6	47	Amaya MARTIN	SR	#3 Emory	{2} 14.84	(-0.1)	3/29
7	50	Alya CAMPBELL	JR	#6 Brandeis	14.85w	(2.7)	4/28
8		Dasha JACKSON	SO	#7 NYU	15.35w	(2.7)	4/28
9		Rebecca STEWART	SR	#2 Chicago	{2} 15.51	(1.0)	4/28
10		Sharona SCHWAB	SO	#2 Chicago	{3} 15.52	(1.5)	4/13

Women's 200 Meters

1	6	Nicole STEWART	JR	#1 Washington (Mo	24.45w	(2.2)	4/28
2	8	Audrey JOHNSON	JR	#3 Emory	24.49	(1.9)	4/28
3	18	Lauren GAY	JR	#1 Washington (Mo {2}	24.70	(1.9)	4/28
4	19	Emma KELLEY	SR	#1 Washington (Mo {3}	24.72	(1.4)	4/13
5	28	Jasmine WRIGHT	SO	#1 Washington (Mo {4}	24.84w	(2.2)	4/28
6	47	Kaya BINETTI	JR	#3 Emory	{2} 25.00	(1.9)	4/28
7	79	Nikki BOON	JR	#3 Emory	{3} 25.27	(1.9)	3/29
7	79	Dashiel TAO HARRIS	JR	#3 Emory	{3} 25.27	(1.9)	4/13
9	86	Maya DAVIS	FR	#1 Washington (Mo {5}	25.30	(-0.4)	4/13
10		Gabri MESCHINO	SR	#2 Chicago	25.41	(1.9)	4/28

Women's 400 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo	54.18		4/13
2	16	Dashiel TAO HARRIS	JR	#3 Emory	56.34		4/28
3	24	Nicole STEWART	JR	#1 Washington (Mo {2}	56.59		3/30
4	26	Ren BROWN	JR	#2 Chicago	56.64		4/20
5	30	Kylie SPYTEK	SO	#1 Washington (Mo {3}	56.87		3/30
6	56	Caroline ECHOLS	FR	#1 Washington (Mo {4}	57.66		4/13
7	57	Catherine CHRISTOPHER	FR	#1 Washington (Mo {5}	57.67		4/28
8	66	Hannah BOHBOT-DRIDI	JR	#6 Brandeis	57.81		4/28
9	68	Danielle SCHULTZ	SR	#1 Washington (Mo {6}	57.90		4/6
10	81	Mina LEOPOLD	JR	#3 Emory	{2} 58.14		4/28

Women's 400 Meter Hurdles

1	1	Ren BROWN	JR	#2 Chicago	59.34		4/28
2	13	Elizabeth BARRE	SR	#5 Carnegie Mellon	1:03.03		3/30
3	22	Rebecca STEWART	SR	#2 Chicago	{2} 1:03.46		4/28
4	29	Olivia ZARZYCKI	JR	#6 Brandeis	1:03.94		4/28
5	40	Ruby KAPLAN	JR	#1 Washington (Mo	1:04.65		4/28
6	69	Sharona SCHWAB	SO	#2 Chicago	{3} 1:05.60		4/28
7	85	Caroline HANSEN	JR	#3 Emory	1:06.31		4/28
8	87	Elise MOORE	JR	#4 Case Western Re	1:06.47		4/28
9	88	Mackenzie RICHARD	SO	#7 NYU	1:06.48		4/20
10	100	Jessica KWASNY	JR	#4 Case Western Re {2}	1:06.86		4/28

Women's 800 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo	2:05.07		3/29
2	7	Danielle SCHULTZ	SR	#1 Washington (Mo {2}	2:09.99		4/13
3	16	Alessia SARUSSI	SR	#1 Washington (Mo {3}	2:11.79		3/29
4	19	Lily TAYLOR	SR	#3 Emory	2:12.01		4/28
5	21	Jacqueline LIU	SO	#5 Carnegie Mellon	2:12.04		4/28
6	23	Maddie KELLY	SR	#2 Chicago	2:12.11		4/6
7	29	Caroline ECHOLS	FR	#1 Washington (Mo {4}	2:12.62		3/29
8	32	Izzy GORTON	JR	#1 Washington (Mo {5}	2:13.09		3/29
9	33	Madison TIAFFAY	SO	#3 Emory	{2} 2:13.18		4/28
10	39	Elisabeth CAMIC	JR	#2 Chicago	{2} 2:14.43		4/6

Women's 1500 Meters

1	2	Emma KELLEY	SR	#1 Washington (Mo	4:22.76		4/6
2	5	Grace RICHARDSON	SR	#7 NYU	4:26.88		4/13
3	10	Alessia SARUSSI	SR	#1 Washington (Mo {2}	4:30.63		4/28
4	20	Maddie KELLY	SR	#2 Chicago	4:32.15		3/29
5	22	Brigid HANLEY	SR	#3 Emory	4:32.71		3/23
6	24	Elisabeth CAMIC	JR	#2 Chicago	{2} 4:33.10		4/13
7	30	Katie RECTOR	SO	#1 Washington (Mo {3}	4:34.52		3/29
8	31	Madison TIAFFAY	SO	#3 Emory	{2} 4:35.08		4/13
9	32	Evelyn BATTLES-ON-GUNKEL	SR	#2 Chicago	{3} 4:35.20		4/6
10	34	Lily TAYLOR	SR	#3 Emory	{3} 4:35.33		3/23

Women's Steeplechase

1	11	Abigail PATTERSON	JR	#1 Washington (Mo	10:45.90		4/28
2	19	Julia PATTERSON	JR	#1 Washington (Mo {2}	10:52.97		3/29
3	21	Caitlin JORGENSEN	SR	#2 Chicago	10:54.68		3/29
4	31	Ayla GRABENBAUER	SO	#4 Case Western Re	11:12.61		3/30
5	32	Riley CLARK	SO	#1 Washington (Mo {3}	11:13.10		4/28
6	47	Cameron GUPTA	FR	#3 Emory	11:21.66		4/6
7		Ella WARKENTINE	SO	#6 Brandeis	11:46.15		4/20
8		Marlee FRADKIN	SR	#1 Washington (Mo {4}	11:48.39		3/30
9		Lily JASMINSKI	SR	#2 Chicago	{2} 11:58.66		4/20
10		Cyd KENNARD	FR	#2 Chicago	{3} 12:12.10		4/6



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Women's 5000 Meters

1	7	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	16:33.65	4/13
2	13	Grace RICHARDSON	SR	#7 NYU	16:38.39	4/19
3	14	Alexandra BLAKE	SR	#1 Washington (Mo	16:46.39	4/13
4	16	Brigid HANLEY	SR	#3 Emory	16:48.84	3/30
5	17	Caitlin JORGENSEN	SR	#2 Chicago	{2} 16:49.77	4/13
6	20	Estelle SNIDER	FR	#2 Chicago	{3} 16:51.14	4/13
7	21	Sophie TEDESCO	JR	#2 Chicago	{4} 16:51.91	4/13
8	39	Liesl SCHERRER	JR	#3 Emory	{2} 17:08.15	4/6
9	49	Lauren IAGNEMMA	SO	#4 Case Western Re	17:15.05	4/14
10	56	Katie RECTOR	SO	#1 Washington (Mo	{2} 17:19.91	4/13

Women's 10,000 Meters

1	2	Grace RICHARDSON	SR	#7 NYU	34:06.21	3/30
2	5	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	34:25.29	3/29
3	13	Sophie TEDESCO	JR	#2 Chicago	{2} 35:16.72	3/29
4	17	Estelle SNIDER	FR	#2 Chicago	{3} 35:25.49	3/29
5	26	Kate COCHRAN	JR	#7 NYU	{2} 35:49.65	3/30
6	80	Avery MCCAMMON	SR	#1 Washington (Mo	37:47.48	3/29
7		Jillian HETH	SO	#1 Washington (Mo	{2} 38:17.65	4/28
8		Alyssa HOFFMAN	JR	#5 Carnegie Mellon	38:27.12	4/14
9		Elizabeth CSIKAI	FR	#3 Emory	38:30.85	4/28
10		Avery TOMPKINS	JR	#5 Carnegie Mellon	{2} 38:46.03	4/28

Women's 4x100 Relay

1	1	Nikki Boon, Dashiell Tao Harris, Kaya Binetti, Audrey Johnson	#3 Emory	46.26	4/28
2	2	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1 Washington (Mo	46.35	3/30
3	46	Arielle Troadec, Gabri Meschino, Maddie Lyons, Ava Hagwell	#2 Chicago	48.41	4/28
4	74	Smiley Huynh, Elizabeth Korn, Shaniece Nugent, Alya Campbell	#6 Brandeis	49.12	4/28
5		Kate Walsh, Seneca Guneratne, Cindy Leonard, Beverly Okyere	#7 NYU	50.36	3/30
6		Emily Hopkins, Elise Moore, Sarah Ozeki, Grace Misiunas	#4 Case Western Re	50.78	4/28
7		Iniyaa Mohanraj, Emily DeAugustine, Jocelyn Kiefel, Zoe King	#5 Carnegie Mellon	51.79	4/28

Women's 4x400 Relay

1	1	Kylie Spytek, Catherine Christopher, Danielle Schultz, Emma Kelley	#1 Washington (Mo	3:46.13	3/30
2	19	Audrey Johnson, Nikki Boon, Mina Leopold, Dashiell Tao Harris	#3 Emory	3:53.62	4/28
3	26	Ava Hagwell, Maddie Kelly, Elisabeth Camic, Ren Brown	#2 Chicago	3:56.10	4/28
4	40	Hannah Bohbot- Dridi, Elizabeth Korn, Shaniece Nugent, Olivia Zarzycki	#6 Brandeis	3:58.86	4/28
5	71	Zoe King, Emily Lannen, Jacqueline Liu, Isabella Rhee	#5 Carnegie Mellon	4:03.67	4/28
6	86	Elise Moore, Arianna Holbrook, Melanie Taylor, Jessica Kwasny	#4 Case Western Re	4:06.08	4/28
7	93	Beverly Okyere, Cindy Leonard, Laila Goodman, Areyanna McCarthy	#7 NYU	4:06.93	4/28

Women's High Jump

1	58	Elizabeth BARRE	SR	#5 Carnegie Mellon	1.61m	5-3¼	4/28
2	62	Olivia THEISEN	FR	#1 Washington (Mo	1.60m	5-3	3/30
3	95	Selah DUNGEY	SO	#2 Chicago	1.58m	5-2¼	4/13
3	95	Olivia BOYD	SO	#2 Chicago	1.58m	5-2¼	4/13
3	95	Ebunoluwa OPATA	JR	#1 Washington (Mo	{2} 1.58m	5-2¼	4/13
6		Sophie SEGAL	FR	#6 Brandeis	1.57m	5-1¾	4/7
7		Linda WANG	FR	#3 Emory	1.55m	5-1	3/29
7		Elizabeth MULVANEY	FR	#2 Chicago	{3} 1.55m	5-1	4/20
7		Sammi DUNN	JR	#2 Chicago	{3} 1.55m	5-1	4/20
10		Areyanna MCCARTHY	SO	#7 NYU	1.53m	5-¼	4/6
10		Clara BENNETT	FR	#2 Chicago	{5} 1.53m	5-¼	4/13

Women's Pole Vault

1	6	Yasmin RUFF	JR	#1 Washington (Mo	3.89m	12-9	4/20
2	19	Mackenzie WALKER	SO	#1 Washington (Mo	{2} 3.70m	12-1½	3/30
3	26	Holly SCHREIBER	FR	#4 Case Western Re	3.66m	12-0	4/13
4	27	Smiley HUYNH	JR	#6 Brandeis	3.65m	11-11¾	4/7
5	34	Jo-Michelle HUCZKO	SR	#5 Carnegie Mellon	3.60m	11-9¾	4/18
6	41	Susannah TRUITT	SR	#2 Chicago	3.55m	11-7¾	4/13
7	62	Makenzie STOCK	JR	#1 Washington (Mo	{3} 3.46m	11-4¼	4/28
8	66	Hannah RILEY	FR	#3 Emory	3.45m	11-3¾	3/16
9	73	Anna CURTIS	SR	#1 Washington (Mo	{4} 3.41m	11-2¼	4/13
10	76	Lindsay RECKER	SO	#2 Chicago	{2} 3.40m	11-1¾	3/30
10	76	Alisha ANDERSON	JR	#6 Brandeis	{2} 3.40m	11-1¾	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



UAA

as of 4/30/2024 1:55:56 PM ET

Women's Long Jump

1	11	Marina SEMPLE	SO	#2	Chicago	5.76m	18-10¾ (-0.8)	4/28
2	21	Ebunoluwa OPATA	SR	#1	Washington (Mo	5.65m	18-6½ (0.9)	3/23
3	28	Nikki BOON	JR	#3	Emory	5.60m	18-4½ (0.6)	4/13
4	37	Elizabeth BARRE	SR	#5	Carnegie Mellon	5.57m	18-3¼ (1.0)	4/28
5		Arielle TROADEC	FR	#2	Chicago	{2} 5.33m	17-6 (0.6)	4/6
5		Iniyaa MOHANRAJ	SO	#5	Carnegie Mellon	{2} 5.33m	17-6 (0.0)	4/18
7		Zoe KING	SO	#5	Carnegie Mellon	{3} 5.31m	17-5¼ (-0.8)	4/28
8		Maya DAVIS	FR	#1	Washington (Mo	{2} 5.29mw	17-4¼ (2.2)	4/28
8		Grace STERNBERGER	FR	#2	Chicago	{3} 5.29m	17-4¼ (1.6)	3/30
10		Olivia THEISEN	FR	#1	Washington (Mo	{3} 5.27m	17-3½ (1.9)	4/13

Women's Triple Jump

1	2	Ebunoluwa OPATA	JR	#1	Washington (Mo	12.58m	41-3¼ (0.7)	4/28
2	30	Rebecca STEWART	SR	#2	Chicago	11.63m	38-2 (0.1)	4/27
3	32	Shaniece NUGENT	SO	#6	Brandeis	11.60m	38-¾ (1.2)	4/6
4	43	Caroline HANSEN	JR	#3	Emory	11.44m	37-6½ (1.8)	4/19
5	60	Jocelyn KIEFEL	JR	#5	Carnegie Mellon	11.25m	36-11 (1.6)	4/28
6	68	Sarah OZEKI	JR	#4	Case Western Re	11.20m	36-9 (0.0)	4/28
7	86	Areyanna MCCARTHY	SO	#7	NYU	11.15m	36-7 (0.2)	4/28
8	90	Audrey JOHNSON	JR	#3	Emory	{2} 11.11m	36-5½ (1.7)	3/29
9	92	Emily HOPKINS	JR	#4	Case Western Re	{2} 11.09m	36-4¾ (0.6)	4/28
10		Dasha JACKSON	SO	#7	NYU	{2} 11.00m	36-1¼ (0.0)	4/20

Women's Shot Put

1	5	Molly LAUMAKIS	SR	#2	Chicago	14.44m	47-4½	4/28
2	7	Jenae BOTHE	SO	#1	Washington (Mo	14.28m	46-10¼	4/28
3	35	Sarah FINEMAN	JR	#3	Emory	13.10m	42-11¾	4/28
4	43	Adrienne WACHTMAN	JR	#4	Case Western Re	12.95m	42-6	4/28
5	79	Taylor SIMPSON	JR	#1	Washington (Mo	{2} 12.43m	40-9½	4/28
6	94	Nikki BOON	JR	#3	Emory	{2} 12.27m	40-3¼	4/28
7		Taylor SYMONETTE	JR	#5	Carnegie Mellon	12.23m	40-1½	3/30
8		Mikayla WISE	SR	#1	Washington (Mo	{3} 12.10m	39-8½	4/28
9		Rielley MCNEILL	FR	#2	Chicago	{2} 11.07m	36-4	4/28
10		Elizabeth BARRE	SR	#5	Carnegie Mellon	{2} 11.05m	36-3	4/18

Women's Discus

1	22	Molly LAUMAKIS	SR	#2	Chicago	43.58m	143-0	4/28
2	30	Nikki BOON	JR	#3	Emory	43.24m	141-11	4/28
3	36	Adrienne WACHTMAN	JR	#4	Case Western Re	42.42m	139-2	4/28
4	43	Jenae BOTHE	SO	#1	Washington (Mo	42.01m	137-10	4/28
5	69	Sarah FINEMAN	JR	#3	Emory	{2} 40.64m	133-4	4/28
6		Rielley MCNEILL	FR	#2	Chicago	{2} 39.35m	129-1	4/28
7		Taylor SIMPSON	JR	#1	Washington (Mo	{2} 37.54m	123-2	4/28
8		Mikayla WISE	SR	#1	Washington (Mo	{3} 37.49m	123-0	4/28
9		Karyssa MACK	SO	#1	Washington (Mo	{4} 37.45m	122-11	4/28
10		Michelle LEE	SO	#4	Case Western Re	{2} 37.28m	122-4	4/28

Women's Hammer

1	27	Molly LAUMAKIS	SR	#2	Chicago	51.59m	169-3	4/28
2	49	Lauren ROSKUSZKA	JR	#4	Case Western Re	48.93m	160-7	3/16
3	64	Ailean DUFFIE	JR	#4	Case Western Re	{2} 47.88m	157-1	4/28
4	92	Rachel GINN	JR	#4	Case Western Re	{3} 46.46m	152-5	4/28
5		Michelle LEE	SO	#4	Case Western Re	{4} 44.78m	146-11	3/16
6		Adrienne WACHTMAN	JR	#4	Case Western Re	{5} 43.60m	143-1	3/16
7		Mikayla WISE	SR	#1	Washington (Mo	43.38m	142-4	4/20
8		Brooke CALDWELL	FR	#2	Chicago	{2} 43.32m	142-2	4/13
9		Taylor SIMPSON	JR	#1	Washington (Mo	{2} 43.16m	141-7	4/28
10		Kayla ROUNTREE	JR	#5	Carnegie Mellon	42.77m	140-4	3/30

Women's Javelin

1	6	Adrienne WACHTMAN	JR	#4	Case Western Re	44.09m	144-8	4/28
2	10	Lauren ROSKUSZKA	JR	#4	Case Western Re	{2} 42.11m	138-2	4/28
3	22	Mable MUTUMWA	FR	#3	Emory	40.52m	132-11	4/6
4	40	Emma GRUNIN	SO	#7	NYU	39.06m	128-2	4/13
5	66	Nikki BOON	JR	#3	Emory	{2} 37.66m	123-7	4/28
6		Jolie WASSERMAN	JR	#5	Carnegie Mellon	35.29m	115-10	4/18
7		Yichen DING	FR	#2	Chicago	34.40m	112-11	3/29
8		Sammi DUNN	JR	#2	Chicago	{2} 33.47m	109-10	4/28
9		Sara VETTER	JR	#2	Chicago	{3} 32.72m	107-4	4/13
10		Maddie MARTINEZ	FR	#4	Case Western Re	{3} 31.75m	104-2	4/20

Women's Heptathlon

1	2	Nikki BOON	JR	#3	Emory	5,107	4/13
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Conference TFRI Event Summary



UEC

as of 4/30/2024 1:55:56 PM ET

Women's 100 Meters

1	25	Oceana BROWN	FR	#2	Gallaudet	12.03	(-2.3)	4/20
2		Leah GRAY	SR	#5	Penn State Harri	12.74	(1.5)	4/6
3		Hannah WETZEL	SR	#2	Gallaudet	{2} 12.92	(0.6)	4/12
4		Chay'La RIVERS	SO	#1	St. Mary's (Md.)	12.95	(1.9)	3/16
5		Gabriel MCDONALD	FR	#4	Cedar Crest	13.15	(0.1)	4/6
6		Rajena GUETTLER	SO	#2	Gallaudet	{3} 13.40w	(2.6)	3/23
7		Faith GARBER	FR	#3	Lancaster Bible	13.47	(1.8)	4/6
8		Olivia WANNER	SO	#4	Cedar Crest	{2} 13.79w	(2.7)	4/20
9		Chloe TOLSON	SO	#1	St. Mary's (Md.)	{2} 14.00	(1.0)	3/16
10		Olivia BROWN	SO	#2	Gallaudet	{4} 14.01	(1.0)	4/6

Women's 100 Meter Hurdles

1		Grace WEBER	SO	#5	Penn State Harri	16.76	(1.8)	4/6
2		Chay'La RIVERS	SO	#1	St. Mary's (Md.)	16.98	(1.4)	3/16
3		Dina JONES	SO	#1	St. Mary's (Md.)	{2} 20.97w	(3.7)	4/20

Women's 200 Meters

1	53	Oceana BROWN	FR	#2	Gallaudet	25.05w	(3.1)	3/23
2		Hannah WETZEL	SR	#2	Gallaudet	{2} 26.52	(0.3)	4/6
3		Leah GRAY	SR	#5	Penn State Harri	26.64	(0.3)	4/27
4		Chay'La RIVERS	SO	#1	St. Mary's (Md.)	27.00w	(3.5)	3/16
5		Gabriel MCDONALD	FR	#4	Cedar Crest	27.50	(0.9)	4/6
6		Grace WEBER	SO	#5	Penn State Harri	{2} 27.99	(0.1)	4/27
6		Faith GARBER	FR	#3	Lancaster Bible	27.99	(0.3)	3/23
8		Rajena GUETTLER	SO	#2	Gallaudet	{3} 28.21w	(3.4)	3/23
9		Elizabeth LIEB	JR	#3	Lancaster Bible	{2} 29.53	(-1.0)	3/27
10		Mariah MOORE	SO	#6	Penn State Abin	29.70	(-2.5)	4/26

Women's 400 Meters

1		Savannah OWENS	SO	#1	St. Mary's (Md.)	1:01.33		4/20
2		Avery ARRIZI	FR	#1	St. Mary's (Md.)	{2} 1:01.96		4/20
3		Elizabeth LIEB	JR	#3	Lancaster Bible	1:04.43		4/27
4		Rajena GUETTLER	SO	#2	Gallaudet	1:04.73		3/23
5		Ariat OJULU	JR	#1	St. Mary's (Md.)	{3} 1:06.30		4/20
6		Chloe TOLSON	SO	#1	St. Mary's (Md.)	{4} 1:07.06		3/30
7		Olivia WANNER	SO	#4	Cedar Crest	1:08.39		4/6
8		Dina JONES	SO	#1	St. Mary's (Md.)	{5} 1:08.96		3/30
9		Pamela ANGEL-AGUILAR	SO	#1	St. Mary's (Md.)	{6} 1:12.64		4/20
10		Krishana BROOKS	FR	#4	Cedar Crest	{2} 1:13.49		4/6

Women's 400 Meter Hurdles

1		Grace WEBER	SO	#5	Penn State Harri	1:08.81		4/27
2		Chay'La RIVERS	SO	#1	St. Mary's (Md.)	1:12.01		3/30
3		Dina JONES	SO	#1	St. Mary's (Md.)	{2} 1:20.57		3/16

Women's 800 Meters

1		Brittney DOUGLAS	JR	#1	St. Mary's (Md.)	2:26.27		3/30
2		Savannah OWENS	SO	#1	St. Mary's (Md.)	{2} 2:26.85		3/30
3		Avery ARRIZI	FR	#1	St. Mary's (Md.)	{3} 2:31.82		3/30
4		Kaylee HOLSTON	FR	#1	St. Mary's (Md.)	{4} 2:34.65		3/16
5		Dina JONES	SO	#1	St. Mary's (Md.)	{5} 2:48.85		4/20
6		Pamela ANGEL-AGUILAR	SO	#1	St. Mary's (Md.)	{6} 2:54.84		3/30
7		Nicole HAKMAN	FR	#6	Penn State Abin	2:59.55		4/20
8		Lydia GOODLING	FR	#3	Lancaster Bible	3:02.01		3/27
9		Brielle WORRALL	SR	#6	Penn State Abin	{2} 3:02.62		4/20
10		Cassidy LEBARON	JR	#2	Gallaudet	3:08.21		4/20

Women's 1500 Meters

1		Elizabeth ROBEY	JR	#1	St. Mary's (Md.)	5:15.35		3/16
2		Kaylee HOLSTON	FR	#1	St. Mary's (Md.)	{2} 5:31.63		3/16
3		Brittney DOUGLAS	JR	#1	St. Mary's (Md.)	{3} 5:35.35		3/23
4		Madison KINGSLEY	FR	#1	St. Mary's (Md.)	{4} 5:40.56		3/16
5		Weiya CARTER	FR	#1	St. Mary's (Md.)	{5} 5:45.08		3/16
6		Brielle WORRALL	SR	#6	Penn State Abin	6:07.93		4/20
7		Nicole HAKMAN	FR	#6	Penn State Abin	{2} 6:18.21		4/20
8		Jonquil LOEFFELHOLZ	JR	#4	Cedar Crest	6:20.46		4/13
9		Lydia GOODLING	FR	#3	Lancaster Bible	6:22.52		3/27
10		Alexis HODGES	FR	#1	St. Mary's (Md.)	{6} 6:25.48		3/30

Women's Steeplechase

1		Taylor NGUYEN	SR	#2	Gallaudet	16:02.00		4/27
2		Lydia GOODLING	FR	#3	Lancaster Bible	16:11.28		4/27
3		Olivia KELLY	SR	#4	Cedar Crest	17:13.38		4/6

Women's 5000 Meters

1		Elizabeth ROBEY	JR	#1	St. Mary's (Md.)	21:19.06		3/30
2		Brielle WORRALL	SR	#6	Penn State Abin	22:00.73		4/6
3		Jonquil LOEFFELHOLZ	JR	#4	Cedar Crest	22:02.10		4/27
4		Madison KINGSLEY	FR	#1	St. Mary's (Md.)	{2} 22:22.12		3/30
5		Weiya CARTER	FR	#1	St. Mary's (Md.)	{3} 22:23.91		3/30
6		Lydia GOODLING	FR	#3	Lancaster Bible	23:49.53		4/21
7		Stacie LALLY	JR	#1	St. Mary's (Md.)	{4} 24:05.06		3/30
8		Nicole HAKMAN	FR	#6	Penn State Abin	{2} 24:36.26		4/26
9		Taylor NGUYEN	SR	#2	Gallaudet	24:51.10		3/30
10		Rosa JOHNSON	FR	#3	Lancaster Bible	{2} 25:38.36		4/21

Women's 10,000 Meters

1		Madison KINGSLEY	FR	#1	St. Mary's (Md.)	48:05.96		4/20
2		Stacie LALLY	JR	#1	St. Mary's (Md.)	{2} 50:33.91		3/16



Conference TFRI Event Summary



UEC

as of 4/30/2024 1:55:56 PM ET

Women's 4x100 Relay

1	Priscilla Berrios, Oceana Brown, Olivia Brown, Hannah Wetzel	#2 Gallaudet	50.20	4/20
2	Chay'La Rivers, Ariat Ojulu, Tray Mobray, Avery Arrizi	#1 St. Mary's (Md.)	52.75	3/16
3	Elizabeth Lieb, Allison Robinson, Jessica Merena, Faith Garber	#3 Lancaster Bible	54.18	4/27

Women's 4x400 Relay

1	Avery Arrizi, Savannah Owens, Ariat Ojulu, Brittney Douglas	#1 St. Mary's (Md.)	4:14.31	3/30
2	Faith Garber, Jessica Merena, Lydia Goodling, Elizabeth Lieb	#3 Lancaster Bible	4:35.39	4/27
3	Olivia Wanner, Abril Riley, Olivia Kelly, Jonquil Loeffelholz	#4 Cedar Crest	5:19.20	4/27
4	Kritka Singh, Nicole Hakman, Himani Bhave, Tracee Jones	#6 Penn State Abington	5:31.58	3/30

Women's High Jump

1	12 Hannah WETZEL	SR	#2 Gallaudet	1.68m	5-6	4/20
2	Chay'La RIVERS	SO	#1 St. Mary's (Md.)	1.45m	4-9	3/30
3	Olivia HORNINGER	SO	#4 Cedar Crest	1.40m	4-7	4/13
4	Jessica MERENA	SO	#3 Lancaster Bible	1.25m	4-1¼	3/27

Women's Pole Vault

1	Katrin CAVANAUGH	FR	#5 Penn State Harri	3.05m	10-0	4/21
2	Emma MCMURRAY	SO	#3 Lancaster Bible	2.60m	8-6¼	4/21
3	Lilian NELSON	JR	#2 Gallaudet	2.40m	7-10½	3/30
4	Isabelle TAVERAS	SO	#2 Gallaudet	{2} 2.08m	6-9¾	4/20
5	Alecia MILLER	FR	#2 Gallaudet	{3} 1.78m	5-10	4/20

Women's Long Jump

1	23 Hannah WETZEL	SR	#2 Gallaudet	5.63m	18-5¾ (1.2)	4/20
2	Olivia HORNINGER	SO	#4 Cedar Crest	4.42mw	14-6 (4.0)	4/13
3	Jessica MERENA	SO	#3 Lancaster Bible	4.12m	13-6¼ (0.0)	4/27
4	Abril RILEY	JR	#4 Cedar Crest	{2} 4.05mw	13-3½ (3.5)	3/30
5	Katrin CAVANAUGH	FR	#5 Penn State Harri	4.03m	13-2¾ (-1.1)	4/21
6	Careth NOLL	FR	#3 Lancaster Bible	{2} 3.92m	12-10½ (1.1)	3/27

Women's Triple Jump

1	22 Hannah WETZEL	SR	#2 Gallaudet	11.71m	38-5 (0.1)	3/30
2	Chay'La RIVERS	SO	#1 St. Mary's (Md.)	10.09mw	33-1¼ (2.2)	4/20
3	Katrin CAVANAUGH	FR	#5 Penn State Harri	8.78m	28-9¾ (0.0)	4/21

Women's Shot Put

1	92 Midajah DAVIS	JR	#2 Gallaudet	12.28m	40-3½	3/23
2	94 Jillian ZUKLEY	FR	#1 St. Mary's (Md.)	12.27m	40-3¼	3/16
3	Stephanie REIDER	SR	#5 Penn State Harri	11.17m	36-7¾	4/21
4	Martha WEAVER	FR	#3 Lancaster Bible	10.77m	35-4	4/6
5	Erin WILSEY	JR	#3 Lancaster Bible	{2} 10.69m	35-1	4/21
6	Brianna THIGPEN	JR	#2 Gallaudet	{2} 9.69m	31-9½	3/30
7	Mahogany POWELL	JR	#2 Gallaudet	{3} 9.24m	30-3¾	4/6
8	Safiya STIMELY	FR	#1 St. Mary's (Md.)	{2} 9.21m	30-2¾	3/30
9	Isabella BOZEN	SO	#4 Cedar Crest	9.14m	30-0	4/13
10	Amira WHITAKER	SO	#1 St. Mary's (Md.)	{3} 9.07m	29-9¼	3/30
10	Allison ROBINSON	FR	#3 Lancaster Bible	{3} 9.07m	29-9¼	4/21

Women's Discus

1	Isabella BOZEN	SO	#4 Cedar Crest	34.54m	113-4	4/6
2	Stephanie REIDER	SR	#5 Penn State Harri	34.32m	112-7	4/21
3	Jillian ZUKLEY	FR	#1 St. Mary's (Md.)	33.86m	111-1	3/30
4	Gabrielle DEITRICH	FR	#5 Penn State Harri	{2} 33.36m	109-6	4/27
5	Brianna THIGPEN	JR	#2 Gallaudet	32.52m	106-9	3/30
6	Martha WEAVER	FR	#3 Lancaster Bible	28.70m	94-2	4/27
7	Erin WILSEY	JR	#3 Lancaster Bible	{2} 28.56m	93-8½	3/27
8	Safiya STIMELY	FR	#1 St. Mary's (Md.)	{2} 28.46m	93-4½	3/30
9	Lexa BRANSON	FR	#4 Cedar Crest	{2} 26.92m	88-4	4/6
10	Marcy FOLTZ	SO	#3 Lancaster Bible	{3} 26.77m	87-10	4/27

Women's Hammer

1	Martha WEAVER	FR	#3 Lancaster Bible	37.83m	124-2	4/27
2	Jillian ZUKLEY	FR	#1 St. Mary's (Md.)	36.01m	118-2	4/20
3	Stephanie REIDER	SR	#5 Penn State Harri	35.16m	115-4	4/6
4	Gabrielle DEITRICH	FR	#5 Penn State Harri	{2} 33.18m	108-10	4/6
5	Midajah DAVIS	JR	#2 Gallaudet	31.08m	102-0	3/2
6	Safiya STIMELY	FR	#1 St. Mary's (Md.)	{2} 30.41m	99-9¼	3/30
7	Nayev PUMPHREY	SO	#1 St. Mary's (Md.)	{3} 29.50m	96-9½	3/30
8	Fladaina BRUNO	SO	#1 St. Mary's (Md.)	{4} 29.29m	96-1¼	3/30
9	Erin WILSEY	JR	#3 Lancaster Bible	{2} 29.06m	95-4¼	4/27
10	Heaven BETHEA	JR	#4 Cedar Crest	27.16m	89-1¼	4/20

Women's Javelin

1	Cassidy PERRY	SO	#2 Gallaudet	33.41m	109-8	4/6
2	Sadie TRUBILLA	SO	#4 Cedar Crest	31.90m	104-8	3/30
3	Marcy FOLTZ	SO	#3 Lancaster Bible	28.86m	94-8¼	4/27
4	Isabella BOZEN	SO	#4 Cedar Crest	{2} 28.65m	94-0	4/13
5	Allison ROBINSON	FR	#3 Lancaster Bible	{2} 24.72m	81-1¼	4/27
6	Lilian NELSON	JR	#2 Gallaudet	{2} 24.59m	80-8¼	3/23
7	Avian OPPONG	FR	#6 Penn State Abington	21.26m	69-9	3/30
8	Alexis HUNTER	JR	#6 Penn State Abington	{2} 19.60m	64-3¾	4/26
9	Amira WHITAKER	SO	#1 St. Mary's (Md.)	19.39m	63-7½	3/30
10	Quelida ALEXANDRE	FR	#6 Penn State Abington	{3} 19.21m	63-¼	3/30



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Women's 100 Meters

1	Camille RING	FR	#7 Crown	12.69	(1.8)	4/13
2	Deanna TRUCKSESS	SR	#6 Northwestern-Si	12.72	(1.8)	4/13
3	Allison ALESSI	FR	#1 UW-Superior	13.08w	(2.6)	4/6
4	Serena LANES	JR	#3 North Central (M	13.28	(0.6)	4/13
5	Deshawna HODGES	FR	#3 North Central (M{2}	13.33	(2.0)	4/6
6	Colleen CLAUDE	SO	#1 UW-Superior {2}	13.38	(1.1)	4/20
7	Cora SCHMITZ	SO	#1 UW-Superior {3}	13.42w	(2.6)	4/6
8	Nevaeh HENDERSON	FR	#3 North Central (M{3}	13.47	(1.3)	4/27
9	Ruth BRUECKNER	SO	#7 Crown {2}	13.52w	(3.0)	4/13
10	Chloe BJORLIN	FR	#3 North Central (M{4}	13.54w	(3.6)	4/13

Women's 100 Meter Hurdles

1	Stephanie WITBROD	JR	#4 Bethany Luthera	15.73	(1.7)	4/27
2	Grace MORAVCHIK	FR	#6 Northwestern-Si	16.29	(0.9)	4/27
3	Brayli REIMER	FR	#7 Crown	16.34w	(2.1)	4/20
4	Camille RING	FR	#7 Crown {2}	16.41	(0.6)	4/13
5	Alexxa DEQUEVEDO	JR	#1 UW-Superior	16.83	(1.2)	4/13
6	Naomi ANDERSON	JR	#4 Bethany Luthera{2}	17.72w	(3.2)	4/27
7	Summer HESSELD AHL	FR	#1 UW-Superior {2}	17.91	(2.0)	4/6
8	Ramiyah WORDS	FR	#3 North Central (M	18.28w	(2.6)	4/13
9	Grace SEIM	JR	#2 Martin Luther	18.36w	(3.2)	4/27
10	Aubrey HARTZELL	FR	#2 Martin Luther {2}	18.50	(-0.4)	4/24

Women's 200 Meters

1	Camille RING	FR	#7 Crown	25.89c	(26.29) (1.1)	4/27
2	Deanna TRUCKSESS	SR	#6 Northwestern-Si	27.03	(-1.7)	4/24
3	Colleen CLAUDE	SO	#1 UW-Superior	27.20	(-0.6)	4/20
4	Cassidy GIBSON	FR	#4 Bethany Luthera	27.23	(0.2)	4/13
5	Stephanie WITBROD	JR	#4 Bethany Luthera{2}	27.59	(0.1)	4/27
6	Deshawna HODGES	FR	#3 North Central (M	27.61w	(2.5)	4/13
7	MacKenzie HOLZBAUER	SR	#2 Martin Luther	27.75c	(28.18) (0.5)	4/17
8	Riley PING	FR	#4 Bethany Luthera{3}	27.77c	(28.20) (1.7)	4/27
9	Alvine NJOUNANG	FR	#6 Northwestern-Si{2}	27.98	(-0.4)	4/24
10	Chloe BJORLIN	FR	#3 North Central (M{2}	28.07w	(2.1)	4/13

Women's 400 Meters

1	Brayli REIMER	FR	#7 Crown	1:01.55		4/6
2	Ruth BRUECKNER	SO	#7 Crown {2}	1:01.88		4/6
3	Colleen CLAUDE	SO	#1 UW-Superior	1:02.25		4/13
4	Brycelyn BREWSTER	SO	#3 North Central (M	1:02.49		4/13
5	Deanna TRUCKSESS	SR	#6 Northwestern-Si	1:02.56		4/27
6	Serena LANES	JR	#3 North Central (M{2}	1:02.77		4/24
7	Savi RAE L	FR	#3 North Central (M{3}	1:03.00c	(1:03.83)	4/17
8	Naomi FOLEY	SO	#2 Martin Luther	1:03.51		4/24
9	Deshawna HODGES	FR	#3 North Central (M{4}	1:03.84		4/27
10	Alvine NJOUNANG	FR	#6 Northwestern-Si{2}	1:04.56		4/20

Women's 400 Meter Hurdles

1	63 Brayli REIMER	FR	#7 Crown	1:05.44		4/13
2	65 Grace MORAVCHIK	FR	#6 Northwestern-Si	1:05.46		4/24
3	Ruth BRUECKNER	SO	#7 Crown {2}	1:09.20		4/24
4	Emma NELSON	SR	#2 Martin Luther	1:10.99		4/24
5	Naomi ANDERSON	JR	#4 Bethany Luthera	1:13.61		4/26
6	Aubrey HARTZELL	FR	#2 Martin Luther {2}	1:14.80		4/17
7	Summer HESSELD AHL	FR	#1 UW-Superior	1:19.25		3/16
8	Jordan MERWIN	SR	#4 Bethany Luthera{2}	1:19.93		4/20
9	Ramiyah WORDS	FR	#3 North Central (M	1:20.35		4/27
10	Isabel MOLINA	FR	#1 UW-Superior {2}	1:23.72		4/13

Women's 800 Meters

1	Emery MAKI	FR	#6 Northwestern-Si	2:18.68		4/24
2	Ella DUFAULT	FR	#7 Crown	2:22.59		4/20
3	Simone STEPHENS	FR	#1 UW-Superior	2:23.41		4/20
4	Savi RAE L	FR	#3 North Central (M	2:25.69		4/24
5	Halle BARKER	JR	#1 UW-Superior {2}	2:27.68		4/20
6	Ruth BRUECKNER	SO	#7 Crown {2}	2:27.76		4/13
7	Naomi FOLEY	SO	#2 Martin Luther	2:28.20c	(2:29.90)	4/27
8	Taylor DECOOK	FR	#1 UW-Superior {3}	2:30.82		3/16
9	Jessica REDMAN	FR	#3 North Central (M{2}	2:32.95c	(2:34.71)	4/17
10	Brycelyn BREWSTER	SO	#3 North Central (M{3}	2:33.11		4/24

Women's 1500 Meters

1	Emery MAKI	FR	#6 Northwestern-Si	4:53.29		4/6
2	Simone STEPHENS	FR	#1 UW-Superior	4:54.05		4/27
3	Ella DUFAULT	FR	#7 Crown	4:54.36		4/6
4	Halle BARKER	JR	#1 UW-Superior {2}	4:56.03		4/13
5	Tea BOERNER	JR	#1 UW-Superior {3}	5:17.07		4/13
6	Jessica REDMAN	FR	#3 North Central (M	5:21.20		4/24
7	Maya HABBEN	SR	#2 Martin Luther	5:23.13		4/24
8	Taylor DECOOK	FR	#1 UW-Superior {4}	5:23.63		4/6
9	Cora HUDELLA	SO	#1 UW-Superior {5}	5:23.94		4/13
10	Katelyn MENSCHING	JR	#2 Martin Luther {2}	5:24.01		4/17

Women's Steeplechase

1	Ella DUFAULT	FR	#7 Crown	11:57.20		4/13
2	Jordan MERWIN	SR	#4 Bethany Luthera	12:51.00		4/26
3	Hope SULZLE	JR	#2 Martin Luther	13:08.03		4/27
4	Maya HABBEN	SR	#2 Martin Luther {2}	13:12.55		4/27
5	Jessica REDMAN	FR	#3 North Central (M	13:17.96		4/27
6	Liberty VANDENHEUVEL	FR	#2 Martin Luther {3}	13:47.08		4/27
7	Callie MONTGOMERY	JR	#4 Bethany Luthera{2}	14:02.72		4/27
8	Lilley SMITH	FR	#1 UW-Superior	14:18.45		4/27
9	Nicole TRAPP	SO	#2 Martin Luther {4}	15:00.27		4/13
10	Abbee OLSEN	JR	#2 Martin Luther {5}	15:13.05		4/27



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Women's 5000 Meters

1	Halle BARKER	JR	#1 UW-Superior	18:36.11	4/27
2	Tea BOERNER	JR	#1 UW-Superior {2}	19:19.85	4/27
3	Katelyn MENSCHING	JR	#2 Martin Luther	20:09.18c(20:18.44)	4/27
4	Izzy YUHANNA	FR	#6 Northwestern-St	20:16.72	4/13
5	Cora HUDELLA	SO	#1 UW-Superior {3}	20:34.97	4/6
6	Anna K. SCHWARTZ	FR	#4 Bethany Luthera	20:43.02c(20:52.54)	4/27
7	Sylvia PESCH	FR	#5 Minnesota Morri	20:54.61	4/13
8	Avah KRAUSHAAR	FR	#3 North Central (M	21:03.91	4/20
9	Hope SULZLE	JR	#2 Martin Luther {2}	21:26.15	4/6
10	Lilley SMITH	FR	#1 UW-Superior {4}	21:26.87	4/20

Women's 10,000 Meters

1	Maya HABBEN	SR	#2 Martin Luther	42:25.83	4/21
2	Hope SULZLE	JR	#2 Martin Luther {2}	42:58.20	4/21
3	Izzy YUHANNA	FR	#6 Northwestern-St	43:10.19	4/20

Women's 4x100 Relay

1	Lydia Rieschl, Deanna Trucksess, Alvine Njounang, Grace Moravchik	#6 Northwestern-St	50.67	4/13
2	Summer Hesseldahl, Allison Alessi, Colleen Claude, Cora Schmitz	#1 UW-Superior	50.95	4/27
3	Anna Schwartz, Naomi Anderson, Riley Ping, Stephanie Witbrod	#4 Bethany Luthera	51.72	4/27
4	Brayli Reimer, Ruth Brueckner, Lydia Carpenter, Camille Ring	#7 Crown	52.34	4/27
5	Nevaeh Henderson, Serena Lanes, Kristen Ragasa, Deshawna Hodges	#3 North Central (M	52.42	4/13
6	MacKenzie Holzbauer, Matteah Gehl, Macie VanDenHeuvel, Aubrey Hartzell	#2 Martin Luther	55.09	4/17
7	Paige Diekmann, Julia Gorden Mercer, Maggie Landwer, Nibras Luqman	#5 Minnesota Morri	56.94	4/20

Women's 4x400 Relay

1	Alvine Njounang, Deanna Trucksess, Emery Maki, Grace Moravchik	#6 Northwestern-St	4:11.12	4/27
2	Brycelyn Brewster, Deshawna Hodges, Serena Lanes, Savi Rael	#3 North Central (M	4:12.66	4/27
3	Brayli Reimer, Ruth Brueckner, Ella Dufault, Camille Ring	#7 Crown	4:16.95	4/13
4	Naomi Foley, Emma Nelson, Samantha Grass, Liberty VanDenHeuvel	#2 Martin Luther	4:27.41	4/24
5	Riley Ping, Angela Zaccaria, Jordan Merwin, Naomi Anderson	#4 Bethany Luthera	4:27.53c (4:31.08)	4/27
6	Taylor DeCook, Halle Barker, Cora Hudella, Simone Stephens	#1 UW-Superior	4:33.37	4/13

Women's High Jump

1	95 Cassidy GIBSON	FR	#4 Bethany Luthera	1.58m	5-2¼	4/27
2	Ella SCHLEI	SO	#2 Martin Luther	1.52m	4-11¾	4/13
3	Elena BRAUER	SO	#2 Martin Luther {2}	1.50m	4-11	4/17
4	Stephanie WITBROD	JR	#4 Bethany Luthera{2}	1.46m	4-9½	4/27
5	Alexxa DEQUEVEDO	JR	#1 UW-Superior	1.36m	4-5½	4/20
6	Kristen RAGASA	FR	#3 North Central (M	1.35m	4-5	4/27
6	Ellen BECKIUS	JR	#5 Minnesota Morri	1.35m	4-5	4/23
6	Grace SEIM	JR	#2 Martin Luther {3}	1.35m	4-5	4/17
9	Ruth BRUECKNER	SO	#7 Crown	1.33m	4-4¼	4/27
10	Janae WIDIKER	SO	#1 UW-Superior {2}	1.32m	4-4	4/6
10	Myla VOLK	SO	#1 UW-Superior {2}	1.32m	4-4	4/6

Women's Pole Vault

1	Anna SCHWARTZ	FR	#4 Bethany Luthera	3.17m	10-4¾	4/13
2	Maggie LANDWER	JR	#5 Minnesota Morri	2.55m	8-4¼	4/6
3	Siri OVERTURF	SO	#5 Minnesota Morri{2}	2.42m	7-11¼	4/13
3	Naomi FOLEY	SO	#2 Martin Luther	2.42m	7-11¼	4/13
5	McKenna NASH	FR	#1 UW-Superior	2.40m	7-10½	4/6
6	Kenzy KREUZER	JR	#1 UW-Superior {2}	2.30m	7-6½	4/27
7	Jenna KOEHLER	JR	#2 Martin Luther {2}	2.28m	7-5¾	4/21
8	Elizabeth DAHL	FR	#3 North Central (M	2.26m	7-5	4/13
9	Arieana HAYTON	FR	#3 North Central (M{2}	2.10m	6-10¾	4/17
10	Paige DIEKMANN	SO	#5 Minnesota Morri{3}	2.00m	6-6¾	4/20



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Women's Long Jump

1	28	Stephanie WITBROD	JR	#4	Bethany Luthera	5.60m	18-4½ (2.0)	4/6
2		Grace MORAVCHIK	FR	#6	Northwestern-Si	4.90m	16-1 (-1.1)	4/13
3		Kim PETERS	JR	#5	Minnesota Morri	4.81m	15-9½ (1.1)	4/27
4		Aylie DAHL	FR	#1	UW-Superior	4.74m	15-6¾ (1.7)	4/13
5		Lydia RIESCHL	FR	#6	Northwestern-Si	{2} 4.65m	15-3¼ (0.3)	4/20
5		Summer HESSELD AHL	FR	#1	UW-Superior	{2} 4.65m	15-3¼ (2.0)	4/13
7		Camille RING	FR	#7	Crown	4.63m	15-2¼ (1.0)	4/27
8		Myla VOLK	SO	#1	UW-Superior	{3} 4.46m	14-7¾ (0.1)	3/16
9		Colleen CLAUDE	SO	#1	UW-Superior	{4} 4.43m	14-6½ (0.0)	4/27
10		Grace HAMBIKE	JR	#5	Minnesota Morri	{2} 4.35m	14-3¼ (0.6)	4/23

Women's Triple Jump

1	11	Stephanie WITBROD	JR	#4	Bethany Luthera	12.16mw	39-10¾ (4.0)	4/12
2		Kristen RAGASA	FR	#3	North Central (M	10.20m	33-5¾ (0.7)	4/20
3		Kim PETERS	JR	#5	Minnesota Morri	9.94mw	32-7½ (3.1)	4/27
4		Myla VOLK	SO	#1	UW-Superior	9.73mw	31-11¼ (3.2)	4/13
5		Naomi FOLEY	SO	#2	Martin Luther	9.52mw	31-2¾ (3.7)	4/13
6		Macie VANDENHEUVEL	SO	#2	Martin Luther	{2} 9.40mw	30-10¼ (2.4)	4/27
7		Naomi ANDERSON	JR	#4	Bethany Luthera	{2} 9.38mw	30-9¼ (2.3)	4/27
8		Emma NELSON	SR	#2	Martin Luther	{3} 9.26m	30-4¾ (0.8)	4/6
9		Catie MCPHERSON	SO	#1	UW-Superior	{2} 9.15mw	30-¼ (2.3)	4/13
10		Chloe BJORLIN	FR	#3	North Central (M	{2} 8.91mw	29-2¾ (4.0)	4/17

Women's Shot Put

1	96	Stephanie WITBROD	JR	#4	Bethany Luthera	12.26m	40-2¾	4/27
2		Elise NOLTE	SO	#2	Martin Luther	11.52m	37-9½	4/21
3		Emma JOHNSON	FR	#1	UW-Superior	11.01m	36-1½	4/20
4		Sidney BADER	SO	#1	UW-Superior	{2} 10.91m	35-9½	4/13
5		Emma NELSON	SR	#2	Martin Luther	{2} 10.75m	35-3¾	4/27
6		Kylie ELMES	FR	#5	Minnesota Morri	10.65m	34-11¼	4/13
7		Ella SCHLEI	SO	#2	Martin Luther	{3} 10.28m	33-8¾	4/27
8		Madelinn ROMSDAHL	SO	#2	Martin Luther	{4} 10.23m	33-6¾	4/13
9		Anna BRIGGS	JR	#5	Minnesota Morri	{2} 10.17m	33-4½	4/20
10		Claire MARCUS	FR	#4	Bethany Luthera	{2} 9.75m	32-0	4/27

Women's Discus

1		Madelinn ROMSDAHL	SO	#2	Martin Luther	36.83m	120-10	4/27
2		Emma NELSON	SR	#2	Martin Luther	{2} 36.05m	118-3	4/27
3		Emma JOHNSON	FR	#1	UW-Superior	34.60m	113-6	4/20
4		Ella SCHLEI	SO	#2	Martin Luther	{3} 34.50m	113-2	4/27
5		Natalie ENRIGHT	FR	#5	Minnesota Morri	33.47m	109-10	4/27
6		Elise NOLTE	SO	#2	Martin Luther	{4} 33.10m	108-7	4/13
7		Grace KING	FR	#3	North Central (M	32.23m	105-9	4/20
8		Leah DOMKE	SO	#2	Martin Luther	{5} 32.01m	105-0	4/17
9		Anna BRIGGS	JR	#5	Minnesota Morri	{2} 31.34m	102-10	4/13
10		Sidney BADER	SO	#1	UW-Superior	{2} 31.30m	102-8	4/20

Women's Hammer

1		Stephanie WITBROD	JR	#4	Bethany Luthera	45.84m	150-5	4/13
2		Anna BRIGGS	JR	#5	Minnesota Morri	44.37m	145-7	4/13
3		Siri OVERTURF	SO	#5	Minnesota Morri	{2} 41.29m	135-6	4/23
4		Emma JOHNSON	FR	#1	UW-Superior	38.13m	125-1	4/6
5		MiCayla JONES	SR	#3	North Central (M	38.09m	125-0	4/27
6		Sidney BADER	SO	#1	UW-Superior	{2} 37.89m	124-4	4/27
7		Kat PLACIDO	FR	#5	Minnesota Morri	{3} 37.75m	123-10	4/23
8		Elise NOLTE	SO	#2	Martin Luther	36.35m	119-3	4/21
9		Ella SCHLEI	SO	#2	Martin Luther	{2} 33.35m	109-5	4/27
10		Sydney COX	SO	#1	UW-Superior	{3} 33.31m	109-4	4/13

Women's Javelin

1	44	Emily ASHTON	SO	#6	Northwestern-Si	38.87m	127-7	4/13
2		Sidney BADER	SO	#1	UW-Superior	35.79m	117-5	4/27
3		Kassidy SIEDOW	JR	#5	Minnesota Morri	35.54m	116-7	4/13
4		Stephanie WITBROD	JR	#4	Bethany Luthera	35.16m	115-4	4/27
5		Cassidy GIBSON	FR	#4	Bethany Luthera	{2} 34.36m	112-9	4/6
6		Rachel GROTH	FR	#2	Martin Luther	31.85m	104-6	4/13
7		Elena BRAUER	SO	#2	Martin Luther	{2} 30.64m	100-6	4/27
8		Alexxa DEQUEVEDO	JR	#1	UW-Superior	{2} 29.63m	97-2½	4/20
9		Grace KING	FR	#3	North Central (M	29.12m	95-6½	4/27
10		Jeanne COOK	JR	#4	Bethany Luthera	{3} 27.74m	91-¼	4/6

Women's Heptathlon

1	36	Stephanie WITBROD	JR	#4	Bethany Luthera	4,171	4/6
2		Alexxa DEQUEVEDO	JR	#1	UW-Superior	3,250	4/20



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USA South

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Women's 100 Meters

1	12	Ti'asia BRYANT	FR	#6 North Carolina V	11.92w	(3.9)	4/6
2	23	Kamiah WOOTEN	FR	#6 North Carolina W{2}	12.01	(1.5)	4/6
3	96	Jaela THOMAS	SR	#2 Pfeiffer	12.35	(1.0)	4/27
4		Makayla STREET	SO	#5 Brevard (N.C.)	12.39	(-0.6)	4/5
5		Mariah BROOKS	JR	#6 North Carolina W{3}	12.54w	(3.0)	4/6
6		Lia SAVAGE	FR	#1 Southern Virgini	12.79w	(2.7)	3/30
7		Brandi GARDNER	SO	#3 Methodist	12.87	(-0.4)	4/13
8		Elise CURTIS	FR	#1 Southern Virgini{2}	13.17	(1.2)	4/27
9		Imani KEE	FR	#3 Methodist {2}	13.25	(1.0)	4/27
10		Treasure ROSARIO-WATSON	SO	#3 Methodist {3}	13.28	(0.3)	3/1

Women's 100 Meter Hurdles

1		Shandrey ALLMAN	SO	#1 Southern Virgini	15.70	(0.6)	4/27
2		Folole TORRES	JR	#1 Southern Virgini{2}	15.76w	(4.0)	3/30
3		Katena MORRISON	FR	#3 Methodist	16.78	(0.6)	4/27
4		Riley HEWARD	SR	#1 Southern Virgini{3}	16.92	(0.6)	4/27
5		Grace HEARNS	SR	#7 Mary Baldwin	17.14w	(2.1)	3/30
6		Haylea Layne MILLER	JR	#5 Brevard (N.C.)	18.15	(1.8)	3/16
7		Taylor MUHLESTEIN	FR	#1 Southern Virgini{4}	18.31	(1.9)	4/20
8		Arriana WHITE	FR	#3 Methodist {2}	18.55w	(2.7)	4/13
9		Hannah EASTRIDGE	SR	#7 Mary Baldwin {2}	20.76	(0.6)	4/27

Women's 200 Meters

1	3	Kamiah WOOTEN	FR	#6 North Carolina V	24.32	(-0.3)	4/20
2	43	Jaela THOMAS	SR	#2 Pfeiffer	24.97	(-0.3)	4/27
3	63	Ti'asia BRYANT	FR	#6 North Carolina W{2}	25.15	(-0.3)	4/27
4		Makayla STREET	SO	#5 Brevard (N.C.)	25.72	(1.3)	4/20
5		Brandi GARDNER	SO	#3 Methodist	25.75	(1.1)	4/27
6		Treasure ROSARIO-WATSON	SO	#3 Methodist {2}	25.89	(0.7)	4/27
7		Lia SAVAGE	FR	#1 Southern Virgini	26.21	(0.1)	3/16
8		Folole TORRES	JR	#1 Southern Virgini{2}	26.28	(-0.3)	4/20
9		Mariah BROOKS	JR	#6 North Carolina W{3}	26.64	(2.0)	4/6
10		Erykalyn NEAL	SO	#3 Methodist {3}	26.81w	(2.6)	4/13

Women's 400 Meters

1	14	Kamiah WOOTEN	FR	#6 North Carolina V	56.26		4/20
2	88	Treasure ROSARIO-WATSON	SO	#3 Methodist	58.24		4/27
3		Tessa MILLER	FR	#1 Southern Virgini	1:00.40c	(1:00.29A)	3/30
4		Ti'asia BRYANT	FR	#6 North Carolina W{2}	1:00.55		4/27
5		Katelyn LENTZ	FR	#2 Pfeiffer	1:00.64		4/27
6		Addie PARKER	JR	#1 Southern Virgini{2}	1:01.13		4/27
7		Folole TORRES	JR	#1 Southern Virgini{3}	1:01.22		3/30
8		Heidi BARTON	SO	#1 Southern Virgini{4}	1:02.54		3/16
9		Channing BARKER	SR	#5 Brevard (N.C.)	1:04.84		3/2
10		Kayla JEAN	FR	#5 Brevard (N.C.) {2}	1:05.43		4/20

Women's 400 Meter Hurdles

1	60	Folole TORRES	JR	#1 Southern Virgini	1:05.35		4/27
2		Katena MORRISON	FR	#3 Methodist	1:08.73		4/27
3		Shandrey ALLMAN	SO	#1 Southern Virgini{2}	1:09.48		4/27
4		Lola CABANISS	FR	#2 Pfeiffer	1:15.06		4/27
5		Amethyst JOSEPH	SO	#4 Meredith	1:15.15		4/27
6		Haylea Layne MILLER	JR	#5 Brevard (N.C.)	1:15.31		4/20
7		Taylor MUHLESTEIN	FR	#1 Southern Virgini{3}	1:18.33		4/13

Women's 800 Meters

1	95	Channing BARKER	SR	#5 Brevard (N.C.)	2:17.53		4/20
2		Tessa MILLER	FR	#1 Southern Virgini	2:18.76		3/16
3		Carly O'TOOLE	SO	#4 Meredith	2:20.28		4/13
4		Heidi BARTON	SO	#1 Southern Virgini{2}	2:20.92		3/30
5		Savanna CHAPIN	SR	#1 Southern Virgini{3}	2:21.47		4/13
6		Madelyn MERNA	SO	#4 Meredith {2}	2:23.60		3/1
7		Katelyn LENTZ	FR	#2 Pfeiffer	2:24.30		3/22
8		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{4}	2:27.05		3/16
9		Andrea GALLEGOS	SR	#4 Meredith {3}	2:27.07		4/13
10		Makayla BORST	FR	#2 Pfeiffer {2}	2:28.85		3/22

Women's 1500 Meters

1		Madison LOWERY	SR	#2 Pfeiffer	4:44.63		4/6
2		Heidi BARTON	SO	#1 Southern Virgini	4:46.07		4/27
3		Channing BARKER	SR	#5 Brevard (N.C.)	4:48.82		4/27
4		Carly O'TOOLE	SO	#4 Meredith	4:52.19		4/27
5		Savanna CHAPIN	SR	#1 Southern Virgini{2}	4:54.00		4/27
6		Tessa MILLER	FR	#1 Southern Virgini{3}	4:55.82		4/13
7		Andrea GALLEGOS	SR	#4 Meredith {2}	5:00.11		4/27
8		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{4}	5:03.59		4/27
9		Lissie HILL	FR	#1 Southern Virgini{5}	5:04.57		4/13
10		Lilly DALEBOUT	JR	#1 Southern Virgini{6}	5:10.44		4/13

Women's Steeplechase

1		Maddie HLADIK	FR	#2 Pfeiffer	11:48.43		4/27
2		Madelyn MERNA	SO	#4 Meredith	12:09.08		3/22
3		Makayla BORST	FR	#2 Pfeiffer {2}	12:11.10		4/27
4		Amethyst JOSEPH	SO	#4 Meredith {2}	12:16.59		4/27
5		Micah WELBORN	SR	#2 Pfeiffer {3}	12:39.14		4/27
6		McKenzie BALL	FR	#1 Southern Virgini	12:52.03		4/27
7		Sandra DIAZ-MARTINEZ	SO	#5 Brevard (N.C.)	13:40.38		4/27



Conference TFRI Event Summary



USA South

as of 4/30/2024 1:55:57 PM ET

Women's 5000 Meters

1	Madison LOWERY	SR	#2 Pfeiffer	17:40.93	3/16
2	Delaney BUNDY	FR	#4 Meredith	18:24.28	3/1
3	Maddie HLADIK	FR	#2 Pfeiffer {2}	18:41.01	4/13
4	Lissie HILL	FR	#1 Southern Virgini	18:50.85	4/27
5	Lilly DALEBOUT	JR	#1 Southern Virgini {2}	18:56.85	4/20
6	Heidi BARTON	SO	#1 Southern Virgini {3}	19:06.69	4/20
7	Andrea GALLEGOS	SR	#4 Meredith {2}	19:16.25	3/1
8	Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini {4}	19:36.32	4/20
9	Savanna CHAPIN	SR	#1 Southern Virgini {5}	19:40.26	4/20
10	Micah WELBORN	SR	#2 Pfeiffer {3}	19:59.02	4/6

Women's 10,000 Meters

1	Delaney BUNDY	FR	#4 Meredith	38:37.19	4/13
2	Madison LOWERY	SR	#2 Pfeiffer	39:07.24	4/27
3	Lilly DALEBOUT	JR	#1 Southern Virgini	39:41.28	4/6
4	Hayley BORST	FR	#2 Pfeiffer {2}	45:33.59	4/27
5	Zoe CAPPS	JR	#5 Brevard (N.C.)	47:41.79	4/27

Women's 4x100 Relay

1	41	Mariah Brooks, Ti'asia Bryant, Tysheka Moore, Kamiyah Wooten	#6 North Carolina V	48.24	3/22
2	60	Brandi Gardner, Quierra Hawkins, Treasure Rosario-watson, Imani Kee	#3 Methodist	48.83	4/27
3		Imani Singleton, Kayla Jean, Haylea Layne Miller, Makayla Street	#5 Brevard (N.C.)	49.99	4/27
4		Riley Heward, Lia Savage, Elise Curtis, Addie Parker	#1 Southern Virgini	50.63	3/30
5		Jaela Thomas, Aspen King, Katelyn Lentz, Micah Welborn	#2 Pfeiffer	52.20	4/27
6		Kendall Carroll, Anyla Lucas, Barresha Jones, Rachel Romska	#4 Meredith	54.88	4/27
7		Hannah Eastridge, Alexis Edmonds, Savannah Gibbs, Gianna Gilmore	#7 Mary Baldwin	59.18	4/27

Women's 4x400 Relay

1	58	Heidi Barton, Kamree Castle, Savanna Chapin, Tessa Miller	#1 Southern Virgini	4:01.97	4/27
2	79	Brandi Gardner, Patti Busch, Katena Morrison, Treazure Rosario-watson	#3 Methodist	4:04.70	4/27
3		Katelyn Lentz, Micah Welborn, Madison Lowery, Jaela Thomas	#2 Pfeiffer	4:07.95	4/27
4		Kayla Jean, Channing Barker, Sandra Diaz-Martinez, Haylea Layne Miller	#5 Brevard (N.C.)	4:17.27	4/27
5		Carly O'Toole, Caitlin Brown, Andrea Gallegos, Kendall Carroll	#4 Meredith	4:40.93	4/27

Women's High Jump

1	62	Jocelyn BAKER	FR	#1 Southern Virgini	1.60m	5-3	4/27
2		Makayla STREET	SO	#5 Brevard (N.C.)	1.57m	5-1¾	3/23
3		Elyssa HOLMAN	FR	#1 Southern Virgini {2}	1.55m	5-1	4/27
4		Elise CURTIS	FR	#1 Southern Virgini {3}	1.50m	4-11	4/27
4		Barresha JONES	JR	#4 Meredith	1.50m	4-11	4/27
4		Mikki PROWS	SO	#1 Southern Virgini {3}	1.50m	4-11	3/30
7		Treazure ROSARIO-WATSON	SO	#3 Methodist	1.45m	4-9	4/13
7		Jilane PEDERSEN	JR	#1 Southern Virgini {5}	1.45m	4-9	3/30
9		Lola CABANISS	FR	#2 Pfeiffer	1.40m	4-7	4/13

Women's Pole Vault

1		Jocelyn BAKER	FR	#1 Southern Virgini	2.90m	9-6¼	4/27
2		Savanna CHAPIN	SR	#1 Southern Virgini {2}	2.80m	9-2¼	4/20

Women's Long Jump

1	25	Brandi GARDNER	SO	#3 Methodist	5.62m	18-5¼ (-0.9)	4/12
2		Haylea Layne MILLER	JR	#5 Brevard (N.C.)	4.93m	16-2¼ (0.0)	3/16
3		Makayla STREET	SO	#5 Brevard (N.C.) {2}	4.83m	15-10¼ (-3)	3/23
4		Aspen KING	FR	#2 Pfeiffer	4.79m	15-8¾ (-0.1)	4/13
5		Jocelyn BAKER	FR	#1 Southern Virgini	4.73m	15-6¼ (0.3)	3/30
6		Kaitlin BOWER	JR	#7 Mary Baldwin	4.69m	15-4¾ (-0.1)	3/30
7		Elyssa HOLMAN	FR	#1 Southern Virgini {2}	4.48m	14-8½ (0.5)	4/13
8		De'Ja MORGAN	JR	#4 Meredith	4.47m	14-8 (1.5)	3/22
9		Addie PARKER	JR	#1 Southern Virgini {3}	4.40m	14-5¼ (0.5)	3/30
10		Grace HEARNS	SR	#7 Mary Baldwin {2}	4.38m	14-4½ (-0.8)	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #6, April 30



USA South

as of 4/30/2024 1:55:57 PM ET

Women's Triple Jump

1	Brandi GARDNER	SO	#3 Methodist	10.90m	35-9¼ (0.0)	4/27
2	Makayla STREET	SO	#5 Brevard (N.C.)	10.59mw	34-9 (2.4)	4/27
3	Grace HEARNS	SR	#7 Mary Baldwin	10.42m	34-2¼ (1.0)	4/20
4	Katena MORRISON	FR	#3 Methodist {2}	10.37m	34-¼ (1.6)	4/27
5	Elyssa HOLMAN	FR	#1 Southern Virgini	10.36m	34-0 (0.3)	4/27
6	Kaitlin BOWER	JR	#7 Mary Baldwin {2}	9.34m	30-7¾ (0.5)	4/27
7	Jilane PEDERSEN	JR	#1 Southern Virgini{2}	9.27mw	30-5 (2.2)	4/27
8	Lola CABANISS	FR	#2 Pfeiffer	9.16m	30-¾ (1.5)	4/27
9	Kendall CARROLL	FR	#4 Meredith	8.87m	29-1¼ (1.6)	4/27

Women's Shot Put

1	Christian VAN NORDEN	JR	#6 North Carolina V	12.20m	40-½	4/27
2	Majesty SMITH	JR	#8 William Peace	11.25m	36-11	4/12
3	Isabell MUSSER	SO	#5 Brevard (N.C.)	11.23m	36-10¼	3/23
4	Paris BENNETT	FR	#2 Pfeiffer	10.53m	34-6¾	4/13
5	Rebecca MCGAUGHNEA	SO	#3 Methodist	10.02m	32-10½	4/27
6	Alex STANCELL	SR	#2 Pfeiffer {2}	9.81m	32-2¼	4/13
7	Lusiana MAILAKEBA	JR	#3 Methodist {2}	9.74m	31-11½	4/27
7	Katrina GARDNER	FR	#1 Southern Virgini	9.74m	31-11½	3/16
9	Mikki PROWS	SO	#1 Southern Virgini{2}	9.62m	31-6¾	4/6
10	Ashlyn STONE-AWONG	SO	#1 Southern Virgini{3}	9.56m	31-4½	3/16

Women's Discus

1	Isabell MUSSER	SO	#5 Brevard (N.C.)	34.49m	113-2	4/27
2	Presley HEGGIE	SO	#1 Southern Virgini	33.24m	109-1	4/27
3	Paris BENNETT	FR	#2 Pfeiffer	32.60m	107-0	4/27
4	Rebecca MCGAUGHNEA	SO	#3 Methodist	32.00m	105-0	4/6
5	Danika RAY	JR	#4 Meredith	31.49m	103-4	4/27
6	Alea WILLIS	SR	#1 Southern Virgini{2}	27.90m	91-6½	4/20
7	Majesty SMITH	JR	#8 William Peace	27.43m	90-0	4/27
8	Elizabeth JONES	JR	#2 Pfeiffer {2}	27.08m	88-10¼	4/27
9	Christian VAN NORDEN	JR	#6 North Carolina V	26.97m	88-6	3/22
10	Ashlyn STONE-AWONG	SO	#1 Southern Virgini{3}	26.92m	88-4	4/27

Women's Hammer

1	Elizabeth JONES	JR	#2 Pfeiffer	41.64m	136-8	4/13
2	Ashlyn STONE-AWONG	SO	#1 Southern Virgini	41.47m	136-1	4/27
3	Majesty SMITH	JR	#8 William Peace	39.70m	130-3	4/27
4	Alea WILLIS	SR	#1 Southern Virgini{2}	39.27m	128-10	4/27
5	Alex STANCELL	SR	#2 Pfeiffer {2}	37.80m	124-0	4/27
6	Katrina GARDNER	FR	#1 Southern Virgini{3}	34.90m	114-6	3/16
7	Janie DECKER	SO	#2 Pfeiffer {3}	34.80m	114-2	4/27
8	Rebecca MCGAUGHNEA	SO	#3 Methodist	34.19m	112-2	4/27
9	Paris BENNETT	FR	#2 Pfeiffer {4}	33.59m	110-3	4/27
10	Lusiana MAILAKEBA	JR	#3 Methodist {2}	31.95m	104-10	4/27

Women's Javelin

1	33 Jilane PEDERSEN	JR	#1 Southern Virgini	39.28m	128-11	4/27
2	Presley HEGGIE	SO	#1 Southern Virgini{2}	35.35m	116-0	4/27
3	Alex STANCELL	SR	#2 Pfeiffer	34.10m	111-11	4/27
4	Alesha TURNBOW	FR	#1 Southern Virgini{3}	27.55m	90-4¾	4/27
5	Ashlyn STONE-AWONG	SO	#1 Southern Virgini{4}	26.10m	85-7¾	4/27
6	Lusiana MAILAKEBA	JR	#3 Methodist	26.06m	85-6	4/27
7	Caitlin BOBBITT	JR	#8 William Peace	25.43m	83-5¼	4/27
8	Imari KNIGHT	SO	#7 Mary Baldwin	23.87m	78-3¾	4/20
9	Mary Grace VALLENTINE	FR	#5 Brevard (N.C.)	23.80m	78-1	4/27
10	Hedi LAYNE	JR	#3 Methodist {2}	23.60m	77-5¼	4/6



Conference TFRI Event Summary



WIAC

as of 4/30/2024 1:55:57 PM ET

Women's 100 Meters

1	2	Tina SHELTON	JR	#4 UW-Whitewater	11.73w	(4.0)	4/20
2	5	Lauren JARRETT	SO	#1 UW-La Crosse	11.80	(-0.4)	4/13
3	24	Makenna ZAK	SO	#1 UW-La Crosse	{2} 12.02w	(3.0)	4/6
4	39	Anika REILAND	FR	#1 UW-La Crosse	{3} 12.15	(0.9)	4/6
5	78	Danielle POUSKA	SO	#4 UW-Whitewater	{2} 12.30w	(3.3)	4/20
6	88	Taylor MOLLING	FR	#1 UW-La Crosse	{4} 12.33	(1.9)	4/20
7		Jacqueline KORNOWSKI	JR	#4 UW-Whitewater	{3} 12.37w	(2.5)	4/25
7		Lexi LEFEVER	SR	#8 UW-River Falls	12.37w	(2.4)	4/13
9		Ella AHLSTRAND	FR	#5 UW-Oshkosh	12.42	(1.1)	4/25
10		Molly KALLENBACH	JR	#2 UW-Eau Claire	12.43	(1.9)	4/20

Women's 100 Meter Hurdles

1	4	Hannah ZASTROW	JR	#3 UW-Stout	13.90	(0.9)	4/27
2	38	Emilee BOOKER	JR	#2 UW-Eau Claire	14.80w	(3.8)	4/20
3	47	Jaryn JOHANNSEN	JR	#2 UW-Eau Claire	{2} 14.84	(1.7)	4/27
4	54	Brie ECKERMAN	FR	#1 UW-La Crosse	14.89	(0.8)	4/20
5	58	Hannah HOLM	JR	#1 UW-La Crosse	{2} 14.93	(0.8)	4/20
6	82	Lexi LEFEVER	SR	#8 UW-River Falls	15.17	(-2.8)	3/21
7	84	Camille FABER	FR	#2 UW-Eau Claire	{3} 15.19	(1.7)	4/27
8	87	Amber GROSSE	SO	#1 UW-La Crosse	{3} 15.20w	(3.8)	4/20
9	90	Lilly ROBERTS	SO	#3 UW-Stout	{2} 15.22	(2.0)	4/13
10	91	Alexys SCHEUERELL	SO	#1 UW-La Crosse	{4} 15.24	(1.8)	4/20

Women's 200 Meters

1	10	Tina SHELTON	JR	#4 UW-Whitewater	24.54	(-0.2)	4/13
2	17	Lauren JARRETT	SO	#1 UW-La Crosse	24.69	(1.6)	4/20
3	34	Anika REILAND	FR	#1 UW-La Crosse	{2} 24.87	(-0.2)	4/13
4	48	Lexi LEFEVER	SR	#8 UW-River Falls	25.02	(1.2)	3/21
5	84	Allyson KAKES	FR	#2 UW-Eau Claire	25.29	(-0.3)	4/27
6	92	Makenna ZAK	SO	#1 UW-La Crosse	{3} 25.33	(-0.2)	4/13
7		Molly KALLENBACH	JR	#2 UW-Eau Claire	{2} 25.42	(-0.3)	4/27
8		Danielle POUSKA	SO	#4 UW-Whitewater	{2} 25.47cw	(25.86) (2.9)	4/25
9		Esme IREL	FR	#3 UW-Stout	25.80	(-0.3)	4/27
10		Taylor MOLLING	FR	#1 UW-La Crosse	{4} 25.83	(1.6)	4/20

Women's 400 Meters

1	53	Amber JOHNSON	SR	#1 UW-La Crosse	57.61		4/13
2	59	Maddy LAVOI	FR	#5 UW-Oshkosh	57.73		4/6
3	89	Morgan JENNINGS	SO	#1 UW-La Crosse	{2} 58.28		4/13
4		Anna PLAUTZ	FR	#1 UW-La Crosse	{3} 58.67		4/20
4		Hannah BILODEAU	SO	#4 UW-Whitewater	58.67		4/13
6		Sarah GRUBBS	FR	#1 UW-La Crosse	{4} 58.77		4/27
7		Maddie HECKER	FR	#1 UW-La Crosse	{5} 58.90		4/27
8		Anetha VOGELE	JR	#6 UW-Stevens Poir	58.94		4/5
9		Hailey KRUEGER	FR	#3 UW-Stout	58.98		4/27
10		Julia STEGER	FR	#5 UW-Oshkosh	{2} 59.07		4/6

Women's 400 Meter Hurdles

1	27	Ashley BARTELT	JR	#6 UW-Stevens Poir	1:03.75		4/20
2	28	Gretchen MCNEAL	SO	#1 UW-La Crosse	1:03.91		4/27
3	42	Jaryn JOHANNSEN	JR	#2 UW-Eau Claire	1:04.69		4/13
4	51	Michaela DICK	FR	#2 UW-Eau Claire	{2} 1:05.02		4/27
5	59	Jessica BUSS	SR	#7 UW-Platteville	1:05.31		4/13
6	69	Ava SULLIVAN	FR	#1 UW-La Crosse	{2} 1:05.60		4/27
7	95	Megan LIEBERS	FR	#3 UW-Stout	1:06.75		4/27
8		Camille FABER	FR	#2 UW-Eau Claire	{3} 1:07.41		4/27
9		Jordan SHAMION	JR	#6 UW-Stevens Poir	{2} 1:07.54		4/27
10		Lilly ROBERTS	SO	#3 UW-Stout	{2} 1:08.07		4/27

Women's 800 Meters

1	11	Cyna MADIGAN	JR	#5 UW-Oshkosh	2:11.16		4/27
2	12	Maddie HANNAN	SR	#1 UW-La Crosse	2:11.42		4/24
3	25	Greta KOEHLER	SR	#1 UW-La Crosse	{2} 2:12.39		4/24
4	54	Anna SCHUETH	SR	#2 UW-Eau Claire	2:15.60		4/13
5	57	Libby GEISNESS	JR	#5 UW-Oshkosh	{2} 2:15.69		3/29
6	93	Breklyn LAMMERT	JR	#3 UW-Stout	2:17.48		4/13
7		Gwen HINZ	SO	#1 UW-La Crosse	{3} 2:18.12		4/20
8		Cailyn KUECHLE	SR	#8 UW-River Falls	2:18.71		4/20
9		Sydney REISNER	JR	#3 UW-Stout	{2} 2:18.98		4/20
10		Paige FASSBENDER	JR	#4 UW-Whitewater	2:19.03		4/20

Women's 1500 Meters

1	23	Amelia LEHMAN	SR	#5 UW-Oshkosh	4:32.94		4/27
2	38	Maddie HANNAN	SR	#1 UW-La Crosse	4:35.86		4/6
3	59	McKayla FELTON	JR	#3 UW-Stout	4:39.34		4/6
4	69	Gwen HINZ	SO	#1 UW-La Crosse	{2} 4:40.63		4/24
5	83	Sierra RABE	SR	#1 UW-La Crosse	{3} 4:41.51		4/24
6		Cyna MADIGAN	JR	#5 UW-Oshkosh	{2} 4:42.76		4/20
7		Mikayla HADY	JR	#2 UW-Eau Claire	4:42.77		4/20
8		Olivia DONOHUE	JR	#3 UW-Stout	{2} 4:43.33		4/6
9		Greta KOEHLER	SR	#1 UW-La Crosse	{4} 4:44.48		4/20
10		Ari DE LA CERDA	JR	#4 UW-Whitewater	4:44.54		4/20

Women's Steeplechase

1	12	Katelyn CHADWICK	JR	#1 UW-La Crosse	10:46.17		3/29
2	36	Breklyn LAMMERT	JR	#3 UW-Stout	11:16.46		4/20
3	39	Gracie BUCHINGER	SO	#5 UW-Oshkosh	11:17.96		3/29
4	62	Maddy VANTASSEL	SR	#1 UW-La Crosse	{2} 11:28.91		4/24
5	66	Lily HIGGINS	FR	#1 UW-La Crosse	{3} 11:32.67		4/20
6	72	Meygan BENZING	SR	#5 UW-Oshkosh	{2} 11:35.60		4/13
7	84	Paige ALLEMANN	SR	#6 UW-Stevens Poir	11:37.67		4/20
8	93	Natalie JOHNSON	SO	#6 UW-Stevens Poir	{2} 11:39.43		4/20
9		Karlie MEYER	JR	#1 UW-La Crosse	{4} 11:41.70		4/20
10		Jocelyn APRILL	SO	#1 UW-La Crosse	{5} 11:43.13		4/20



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Women's 5000 Meters

1	24	Amelia LEHMAN	SR	#5 UW-Oshkosh	16:55.99	4/13
2	30	McKayla FELTON	JR	#3 UW-Stout	16:59.87	4/13
3	50	Katelyn CHADWICK	JR	#1 UW-La Crosse	17:15.36	4/13
4	83	Arelly JAIME-LUEVANO	JR	#3 UW-Stout {2}	17:34.47	4/13
5	88	Morgan DAHL	JR	#2 UW-Eau Claire	17:37.55	4/13
6	100	Gwen HINZ	SO	#1 UW-La Crosse {2}	17:40.54	4/13
7		Ari DE LA CERDA	JR	#4 UW-Whitewater	17:41.45	4/13
8		Madelynn MCINTYRE	JR	#1 UW-La Crosse {3}	17:42.47	4/13
9		Olivia DONOHUE	JR	#3 UW-Stout {3}	17:44.87	4/13
10		Mallory REISER	FR	#1 UW-La Crosse {4}	17:45.12	4/13

Women's 10,000 Meters

1	27	Madelynn MCINTYRE	JR	#1 UW-La Crosse	35:49.77	4/20
2	33	Arelly JAIME-LUEVANO	JR	#3 UW-Stout	36:11.75	4/20
3	35	Morgan DAHL	JR	#2 UW-Eau Claire	36:15.78	4/20
4	36	Ava MATEJCEK	SO	#2 UW-Eau Claire {2}	36:15.90	4/20
5	37	Mallory REISER	FR	#1 UW-La Crosse {2}	36:19.65	4/20
6	49	Autumn CANAVERA	SR	#2 UW-Eau Claire {3}	36:39.37	4/20
7	50	Keeley BEHR	SO	#2 UW-Eau Claire {4}	36:40.57	4/20
8	55	Christi FORMAN	JR	#2 UW-Eau Claire {5}	36:48.97	4/20
9	58	Hannah FLISS	SR	#7 UW-Platteville	36:53.05	4/20
10	59	Brooklyn LUEBKE	FR	#1 UW-La Crosse {3}	36:54.68	3/29

Women's 4x100 Relay

1	9	Makenna Zak, Anika Reiland, Taylor Molling, Lauren Jarrett	#1 UW-La Crosse	47.08	4/20
2	14	Hannah Bilodeau, Tina Shelton, Jacqueline Kornowski, Danielle Pouska	#4 UW-Whitewater	47.49	4/13
3	47	Jenna Driscoll, Lilly Gamache, Esme Irel, Makayla Durango	#3 UW-Stout	48.49	4/27
4	48	Hope Schueller, Allyson Kakes, Kylee Grabarski, Molly Kallenbach	#2 UW-Eau Claire	48.51	4/13
5	63	Caitlynn Hahn, Kayla Lipsey, Alexis Healey, Elianna Dalamangas	#7 UW-Platteville	48.89	4/6
6	68	Ella Ahlstrand, Andrea Glaz, Julia Steger, Devin Hable	#5 UW-Oshkosh	49.01	4/13
7		Adyn Theriault, Kadence Knipp, Grace Goodness, Chloe Dettmers	#6 UW-Stevens Poir	49.99	4/13
8		Sarah Hansen, Lexi LeFever, Elena Fuglestad, Cailyn Kuechle	#8 UW-River Falls	50.19	4/27

Women's 4x400 Relay

1	8	Anna Plautz, Anika Reiland, Morgan Jennings, Amber Johnson	#1 UW-La Crosse	3:49.74	4/24
2	16	Julia Steger, Cyna Madigan, Olivia Stenzel, Maddy LaVoi	#5 UW-Oshkosh	3:52.72	4/27
3	29	Kylee Grabarski, Jane Kautz, Lauren Dimler, Emilee Booker	#2 UW-Eau Claire	3:56.54	4/13
4	54	Paige Fassbender, Abby Giese, Katie McNamara, Hannah Bilodeau	#4 UW-Whitewater	4:01.46	4/20
5	63	Malina Carattini, Anetha Voegel, Ashley Spatz, Ashley Bartelt	#6 UW-Stevens Poir	4:02.48	4/20
6	64	Margaret Rusch, Kayla Lipsey, Jessica Buss, Elianna Dalamangas	#7 UW-Platteville	4:02.52	4/13
7	96	Brekky Lammert, McKayla Felton, Olivia Donohue, Sydney Reisner	#3 UW-Stout	4:07.27	4/27
8		Sarah Hansen, Haylie Rasmussen, Lexi LeFever, Cailyn Kuechle	#8 UW-River Falls	4:18.57	4/20

Women's High Jump

1	8	Hannah ZASTROW	JR	#3 UW-Stout	1.69m	5-6½	4/20
1	8	Macie TODD	JR	#1 UW-La Crosse	1.69m	5-6½	4/20
3	12	Ainsley HANSEN	SO	#1 UW-La Crosse {2}	1.68m	5-6	4/6
3	12	Hailey CAMPBELL	FR	#7 UW-Platteville	1.68m	5-6	4/13
5	29	Ella WILLIAMSON	JR	#2 UW-Eau Claire	1.64m	5-4½	4/20
6	33	Emily WILLIAMS	JR	#2 UW-Eau Claire {2}	1.63m	5-4¼	4/6
6	33	Alexys SCHEUERELL	SO	#1 UW-La Crosse {3}	1.63m	5-4¼	4/20
8	62	Brynn FUERSTENBERG	SO	#4 UW-Whitewater	1.60m	5-3	4/13
8	62	Madeline ZIRBEL	SO	#6 UW-Stevens Poir	1.60m	5-3	4/27
8	62	Laura BERTRANG	FR	#2 UW-Eau Claire {3}	1.60m	5-3	4/13

Women's Pole Vault

1	3	Gracie HOLLAND	JR	#4 UW-Whitewater	3.93m	12-10¾	4/13
2	4	Annika GUNDERSON	SO	#8 UW-River Falls	3.90m	12-9½	3/29
3	12	Leah ZASTROW	SO	#3 UW-Stout	3.81m	12-6	4/20
4	15	Ayden FLEECHARTY	SR	#2 UW-Eau Claire	3.76m	12-4	4/20
5	17	Maddy HABBERSTAD	FR	#1 UW-La Crosse	3.75m	12-3½	4/6
6	30	Emily SHAFRON	SO	#1 UW-La Crosse {2}	3.63m	11-10¾	4/13
7	40	Zoe JENKS-RECKER	SO	#4 UW-Whitewater {2}	3.56m	11-8	4/25
8	59	Marisa HARVEY	FR	#1 UW-La Crosse {3}	3.48m	11-5	4/13
8	59	Araceli DE LEO LOPEZ	SO	#1 UW-La Crosse {3}	3.48m	11-5	4/13
10	62	Haley BLAGDON	JR	#2 UW-Eau Claire {2}	3.46m	11-4¼	4/20



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Women's Long Jump

1	5	Maya EVANS	SO	#1 UW-La Crosse	5.87m	19-3¼ (0.6)	4/12
2	28	Jenna DRISCOLL	JR	#3 UW-Stout	5.60mw	18-4½ (2.2)	4/27
3	46	Ava FOLEY	SO	#1 UW-La Crosse {2}	5.53m	18-1¾ (1.4)	4/20
4	57	Ashley DAVIES	FR	#1 UW-La Crosse {3}	5.49m	18-¼ (1.1)	4/20
5	80	Gracie HOLLAND	JR	#4 UW-Whitewater	5.42m	17-9½ (1.3)	4/13
6	92	Hailey CAMPBELL	FR	#7 UW-Platteville	5.36m	17-7 (0.9)	4/6
7	99	Alison DAUGHERTY	FR	#1 UW-La Crosse {4}	5.35m	17-6¾ (1.6)	4/13
7	99	Samantha BARRETT	JR	#1 UW-La Crosse {4}	5.35m	17-6¾ (-1.0)	4/13
9		Emily BLASKOWSKI	FR	#1 UW-La Crosse {6}	5.34m	17-6¼ (1.3)	4/20
9		Corrin LIPTAK	FR	#1 UW-La Crosse {6}	5.34mw	17-6¼ (2.2)	4/27

Women's Triple Jump

1	5	Samantha BARRETT	JR	#1 UW-La Crosse	12.24mw	40-2 (2.9)	4/19
2	35	Mackenzey KRONBERG	SO	#1 UW-La Crosse {2}	11.56m	37-11¼ (2.0)	4/12
3	43	Elianna DALAMANGAS	FR	#7 UW-Platteville	11.44m	37-6½ (1.0)	4/25
4	50	Miah KELLER	SR	#1 UW-La Crosse {3}	11.39m	37-4½ (0.0)	4/6
5	58	Maya EVANS	SO	#1 UW-La Crosse {4}	11.29m	37-½ (0.5)	4/20
6	75	Ashley DAVIES	FR	#1 UW-La Crosse {5}	11.18m	36-8¼ (1.1)	4/6
7	92	Josie BLUM	FR	#1 UW-La Crosse {6}	11.09m	36-4¾ (0.0)	4/13
8	97	Carly SCHREURS	JR	#1 UW-La Crosse {7}	11.07mw	36-4 (3.3)	4/20
9		Rileigh ELGAS	SO	#4 UW-Whitewater	10.95mw	35-11¼ (3.1)	4/5
10		Alison DAUGHERTY	FR	#1 UW-La Crosse {8}	10.94mw	35-10¾ (2.6)	4/27
10		Ashtyn GAGNER	SO	#3 UW-Stout	10.94m	35-10¾ (0.0)	4/27

Women's Shot Put

1	10	Brenna MASLOROFF	SR	#5 UW-Oshkosh	14.03m	46-½	4/25
2	14	Raina STECHER	JR	#2 UW-Eau Claire	13.67m	44-10¼	4/13
3	17	Izzy CARROLL	JR	#1 UW-La Crosse	13.56m	44-6	3/29
4	20	Brenna NOON	JR	#7 UW-Platteville	13.47m	44-2½	4/6
5	34	Kayla BEHNKE	JR	#2 UW-Eau Claire {2}	13.11m	43-¼	4/6
6	36	Madilyn VANDER SANDEN	FR	#1 UW-La Crosse {2}	13.08m	42-11	4/13
7	63	Teagan JONES	JR	#2 UW-Eau Claire {3}	12.64m	41-5¾	4/13
8	64	Lupe CORN	JR	#6 UW-Stevens Poir	12.63m	41-5¼	4/5
9	84	Kailee SELLEN	JR	#2 UW-Eau Claire {4}	12.38m	40-7½	4/6
10	85	Amber GROSSE	SO	#1 UW-La Crosse {3}	12.37m	40-7	4/20

Women's Discus

1	3	Kayla BEHNKE	JR	#2 UW-Eau Claire	48.96m	160-8	4/6
2	19	Teagan JONES	JR	#2 UW-Eau Claire {2}	43.93m	144-2	4/13
3	26	Izzy CARROLL	JR	#1 UW-La Crosse	43.44m	142-6	4/13
4	41	Katie HAASE	SR	#8 UW-River Falls	42.07m	138-0	4/17
5	44	Bella HARRIMAN	SO	#6 UW-Stevens Poir	41.92m	137-7	4/27
6	45	Raina STECHER	JR	#2 UW-Eau Claire {3}	41.86m	137-4	4/13
7	56	Kenni CZARNECKI	JR	#4 UW-Whitewater	41.35m	135-8	4/20
8	60	Brooke BAUMANN	SO	#3 UW-Stout	41.20m	135-2	4/27
9	66	Aubree KOENINGS	FR	#3 UW-Stout {2}	40.75m	133-9	4/13
10	72	Taylor SCHULZ	SO	#6 UW-Stevens Poir {2}	40.51m	132-11	4/27

Women's Hammer

1	1	Teagan JONES	JR	#2 UW-Eau Claire	59.73m	196-0	4/27
2	6	Brenna MASLOROFF	SR	#5 UW-Oshkosh	56.04m	183-10	4/19
3	8	Kayla BEHNKE	JR	#2 UW-Eau Claire {2}	54.50m	178-10	4/6
4	9	Kenni CZARNECKI	JR	#4 UW-Whitewater	54.14m	177-8	4/25
5	14	Izzy CARROLL	JR	#1 UW-La Crosse	53.13m	174-4	4/6
6	24	Aubree KOENINGS	FR	#3 UW-Stout	51.97m	170-6	4/27
7	40	Raina STECHER	JR	#2 UW-Eau Claire {3}	49.89m	163-8	4/20
8	44	Bobbi BLAHNIK	JR	#5 UW-Oshkosh {2}	49.13m	161-2	4/25
9	70	Katie HAASE	SR	#8 UW-River Falls	47.37m	155-5	4/20
10	75	Amelia RETZLAFF	JR	#6 UW-Stevens Poir	47.15m	154-8	4/20

Women's Javelin

1	13	Gabby JOHNSON	JR	#1 UW-La Crosse	41.73m	136-11	3/29
2	95	Tina SHELTON	JR	#4 UW-Whitewater	36.51m	119-10	3/29
3	96	Ella PULS	SO	#1 UW-La Crosse {2}	36.41m	119-6	4/6
4	99	Emily WILLIAMS	JR	#2 UW-Eau Claire	36.21m	118-10	4/13
5		Laura BERTRANG	FR	#2 UW-Eau Claire {2}	35.42m	116-3	4/27
6		Amber GROSSE	SO	#1 UW-La Crosse {3}	34.21m	112-3	4/20
7		Kaydee JOHNSON	JR	#1 UW-La Crosse {4}	33.97m	111-6	4/6
8		Emma GRUEN	JR	#2 UW-Eau Claire {3}	33.22m	109-0	4/20
9		Mariah MOEHN	JR	#6 UW-Stevens Poir	33.01m	108-4	4/20
10		Jane KAUTZ	SR	#2 UW-Eau Claire {4}	32.90m	107-11	4/20

Women's Heptathlon

1	8	Lexi LEFEVER	SR	#8 UW-River Falls	4,632	3/22
2	11	Emilee BOOKER	JR	#2 UW-Eau Claire	4,530	4/20
3	17	Amber GROSSE	SO	#1 UW-La Crosse	4,432	4/20
4	23	Alexys SCHEUERELL	SO	#1 UW-La Crosse {2}	4,373	4/20
5	27	Jane KAUTZ	SR	#2 UW-Eau Claire {2}	4,328	4/20
6	28	Lauryn RUSTAD	FR	#2 UW-Eau Claire {3}	4,283	4/20
7	30	Megan HUNT	JR	#5 UW-Oshkosh	4,251	4/20
8	37	Noelle HACKENMUELLER	SO	#1 UW-La Crosse {3}	4,150	4/20
9	38	Emma GRUEN	JR	#2 UW-Eau Claire {4}	4,148	4/20
10	44	Becca HANSEN	FR	#3 UW-Stout	4,042	4/20