



Conference TFRI Event Summary



AEC

as of 5/7/2024 6:44:10 AM ET

Women's 100 Meters

1	Destiny NOEL	JR	#1 Marymount (Va.)	12.69	(1.2)	4/14
2	Chandler EDDLETON	JR	#1 Marymount (Va.) {2}	12.70	(2.0)	5/4
3	Jayla GROSS	FR	#5 Immaculata	12.91	(2.0)	5/4
4	Aniyah HOLMES	FR	#3 Neumann	12.95	(1.1)	5/4
5	Kozette QUINN	FR	#3 Neumann {2}	13.02	(2.0)	5/4
6	Brooke HAMER	SO	#1 Marymount (Va.) {3}	13.17	(2.0)	5/4
7	Abby MEGOTZ	FR	#2 Marywood	13.30	(1.1)	5/4
8	Emerson ABER	FR	#1 Marymount (Va.) {4}	13.63	(1.1)	5/4
9	Jenna CLARENCY	JR	#4 Gwynedd Mercy	13.74w	(2.1)	3/23
10	Sahdahya ADDY	SO	#3 Neumann {3}	13.84	(1.1)	5/4

Women's 100 Meter Hurdles

1	62 Deziree CONKLIN	JR	#1 Marymount (Va.)	14.88	(1.2)	4/14
2	Brooke HAMER	SO	#1 Marymount (Va.) {2}	16.48	(-1.2)	3/16
3	Dana FREIMANE	FR	#1 Marymount (Va.) {3}	18.00	(0.0)	5/4
4	Ariana GRANT	SO	#1 Marymount (Va.) {4}	18.29	(1.0)	3/9
5	Natalie O'NEILL	JR	#4 Gwynedd Mercy	18.37	(0.0)	5/4
6	Emma WAGNER	JR	#2 Marywood	19.14	(0.1)	4/20
7	Emily KIPERS	SR	#5 Immaculata	21.16	(0.0)	5/4
8	Camryn OLIVER	JR	#5 Immaculata {2}	22.13	(1.0)	4/20

Women's 200 Meters

1	Ilana HAWKINS	SO	#1 Marymount (Va.)	25.81	(1.2)	5/4
2	Kozette QUINN	FR	#3 Neumann	26.38	(1.2)	5/4
3	Chandler EDDLETON	JR	#1 Marymount (Va.) {2}	26.46	(1.2)	5/4
4	Abby MEGOTZ	FR	#2 Marywood	26.80	(1.2)	5/4
5	Aniyah HOLMES	FR	#3 Neumann {2}	26.87	(1.1)	5/4
6	Jayla GROSS	FR	#5 Immaculata	27.13	(0.2)	4/6
7	Deziree CONKLIN	JR	#1 Marymount (Va.) {3}	27.62w	(2.6)	3/23
8	Destiny NOEL	JR	#1 Marymount (Va.) {4}	27.63	(1.2)	5/4
9	Brooke HAMER	SO	#1 Marymount (Va.) {5}	27.91	(0.1)	3/16
10	Kimberly ALVAREZ	SO	#5 Immaculata {2}	28.45	(0.6)	4/20

Women's 400 Meters

1	Ilana HAWKINS	SO	#1 Marymount (Va.)	58.60		5/4
2	Chandler EDDLETON	JR	#1 Marymount (Va.) {2}	59.07		5/4
3	Ilana DAWKINS	SO	#1 Marymount (Va.) {3}	1:00.39		4/21
4	Abby MEGOTZ	FR	#2 Marywood	1:00.91		5/4
5	Mary STEINBICKER	SO	#5 Immaculata	1:01.33		4/26
6	Jayla GROSS	FR	#5 Immaculata {2}	1:01.56		4/26
7	Courtney HUMPHREYS	SR	#3 Neumann	1:02.40		4/27
8	Deziree CONKLIN	JR	#1 Marymount (Va.) {4}	1:02.51		3/23
9	Natalie O'NEILL	JR	#4 Gwynedd Mercy	1:04.10		4/27
10	Kozette QUINN	FR	#3 Neumann {2}	1:04.32		3/30

Women's 400 Meter Hurdles

1	73 Deziree CONKLIN	JR	#1 Marymount (Va.)	1:05.29		4/14
2	Aniyah HOLMES	FR	#3 Neumann	1:09.71		5/4
3	Natalie O'NEILL	JR	#4 Gwynedd Mercy	1:09.88		5/4
4	Brooke HAMER	SO	#1 Marymount (Va.) {2}	1:12.04		5/4
5	Hayley GAINES	SR	#2 Marywood	1:15.45		4/20
6	Ariana GRANT	SO	#1 Marymount (Va.) {3}	1:16.46		4/21
7	Jocelyn DAMES	SO	#2 Marywood {2}	1:16.97		5/4
8	Kyleigh JONIEC	SO	#3 Neumann {2}	1:19.08		5/4
9	Milana STRAUB	JR	#2 Marywood {3}	1:25.20		4/5
10	Gabrielle SNEE	JR	#2 Marywood {4}	1:37.94		4/5

Women's 800 Meters

1	Courtney HUMPHREYS	SR	#3 Neumann	2:20.79		4/13
2	Mary STEINBICKER	SO	#5 Immaculata	2:25.96		4/20
3	Hayley GAINES	SR	#2 Marywood	2:28.50		3/30
4	Jocelyn DAMES	SO	#2 Marywood {2}	2:32.18		4/27
5	Mikayla STEPHENS	FR	#1 Marymount (Va.)	2:34.38		4/6
6	Abby HUGHES	FR	#1 Marymount (Va.) {2}	2:36.93		4/6
7	Marissa MARTIN	FR	#2 Marywood {3}	2:38.28		3/30
8	Milana STRAUB	JR	#2 Marywood {4}	2:38.89		4/27
9	Maddie GENTILE	SR	#2 Marywood {5}	2:40.23		3/30
10	Paola MATIAS	FR	#1 Marymount (Va.) {3}	2:41.05		4/6

Women's 1500 Meters

1	Courtney HUMPHREYS	SR	#3 Neumann	4:53.10		4/27
2	Avery FINNEGAN	SO	#1 Marymount (Va.)	5:04.95		5/4
3	Brier AMERLINCK	FR	#1 Marymount (Va.) {2}	5:05.45		3/23
4	Milana STRAUB	JR	#2 Marywood	5:06.87		5/4
5	Mikayla STEPHENS	FR	#1 Marymount (Va.) {3}	5:16.56		5/4
6	Maddie GENTILE	SR	#2 Marywood {2}	5:19.09		5/4
7	Abby HUGHES	FR	#1 Marymount (Va.) {4}	5:30.06		3/23
8	Paola MATIAS	FR	#1 Marymount (Va.) {5}	5:33.06		3/23
9	Gabrielle SNEE	JR	#2 Marywood {3}	5:42.95		4/12
10	Zoe BADNER	SO	#2 Marywood {4}	5:49.13		5/4

Women's Steeplechase

1	Milana STRAUB	JR	#2 Marywood	11:58.38		5/4
2	Mikayla STEPHENS	FR	#1 Marymount (Va.)	12:53.99		5/4
3	Gabrielle SNEE	JR	#2 Marywood {2}	13:30.83		5/4
4	Madeleine PARE	SO	#1 Marymount (Va.) {2}	14:32.90		5/4

Women's 5000 Meters

1	Milana STRAUB	JR	#2 Marywood	18:40.37		3/30
2	Avery FINNEGAN	SO	#1 Marymount (Va.)	18:44.46		5/4
3	Brier AMERLINCK	FR	#1 Marymount (Va.) {2}	18:50.79		5/4
4	Maddie GENTILE	SR	#2 Marywood {2}	20:01.57		5/4
5	Kaitlyn NEWBERRY	SO	#2 Marywood {3}	20:40.34		3/30
6	Gabrielle SNEE	JR	#2 Marywood {4}	20:44.14		5/4
7	Mikayla STEPHENS	FR	#1 Marymount (Va.) {3}	21:17.14		3/9
8	Keely GREENE	SR	#4 Gwynedd Mercy	22:38.85		5/4
9	Zoe BADNER	SO	#2 Marywood {5}	22:45.00		3/30
10	Gabrielle WEIRSKY	SO	#1 Marymount (Va.) {4}	22:59.50		3/16



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



AEC

as of 5/7/2024 6:44:10 AM ET

Women's 10,000 Meters

1	Milana STRAUB	JR	#2 Marywood	39:24.05	4/14
2	Brier AMERLINCK	FR	#1 Marymount (Va.)	39:54.40	5/4
3	Avery FINNEGAN	SO	#1 Marymount (Va.) {2}	40:12.46	4/27
4	Kaitlyn NEWBERRY	SO	#2 Marywood {2}	44:37.86	5/4
5	Keely GREENE	SR	#4 Gwynedd Mercy	45:12.28	5/4
6	Zoe BADNER	SO	#2 Marywood {3}	48:50.40	4/5
7	Gabrielle WEIRSKY	SO	#1 Marymount (Va.) {3}	49:18.73	5/4

Women's 4x100 Relay

1	Destiny Noel, Deziree Conklin, Ella Morrison, Brooke Hamer	#1 Marymount (Va.)	49.91	4/21
2	Aniyah Holmes, Kozette Quinn, Sahdahya Addy, Janell Goldsmith	#3 Neumann	51.58	5/4
3	#Type!	#5 Immaculata	54.09	4/20
4	Jocelyn Dames, Hayley Gaines, Abby Megotz, Emma Wagner	#2 Marywood	54.78	4/20
5	Brigid McCluskey, Mikayla Brennan, Kelsey McFarland, Natalie O'Neill	#4 Gwynedd Mercy	56.79	5/4

Women's 4x400 Relay

1	Chandler Eddleton, Mikayla Stephens, Ilana Hawkins, Deziree Conklin	#1 Marymount (Va.)	4:09.00	5/4
2	Kozette Quinn, Aniyah Holmes, Courtney Humphreys, Sahdahya Addy	#3 Neumann	4:17.66	5/4
3	Hayley Gaines, Jocelyn Dames, Marissa Martin, Abby Megotz	#2 Marywood	4:20.63	5/4
4	Mary Steinbicker, Olivia Morris, Kimberly Alvarez, Jayla Gross	#5 Immaculata	4:25.74	5/4
5	#Type!	#4 Gwynedd Mercy	4:46.24	4/20

Women's High Jump

1	Ella MORRISON	SO	#1 Marymount (Va.)	1.43m	4-8¼	3/16
2	Dana FREIMANE	FR	#1 Marymount (Va.) {2}	1.42m	4-7¾	5/4
3	Natalie O'NEILL	JR	#4 Gwynedd Mercy	1.37m	4-6	5/4
4	Ariana GRANT	SO	#1 Marymount (Va.) {3}	1.32m	4-4	5/4
5	Daelyn KARBOSKI	JR	#2 Marywood	1.27m	4-2	5/4
5	Marissa MARTIN	FR	#2 Marywood	1.27m	4-2	5/4
7	Brigid MCCLUSKEY	FR	#4 Gwynedd Mercy {2}	1.17m	3-10	4/6
8	Emma WAGNER	JR	#2 Marywood {3}	1.12m	3-8	5/4

Women's Pole Vault

1	Ariana GRANT	SO	#1 Marymount (Va.)	2.99m	9-9¾	3/23
---	--------------	----	--------------------	-------	------	------

Women's Long Jump

1	Deziree CONKLIN	JR	#1 Marymount (Va.)	5.29m	17-4¼ (0.0)	5/4
2	Sahdahya ADDY	SO	#3 Neumann	5.09m	16-8½ (0.8)	4/27
3	Ella MORRISON	SO	#1 Marymount (Va.) {2}	4.93m	16-2¼ (-1.5)	4/21
4	Dana FREIMANE	FR	#1 Marymount (Va.) {3}	4.64m	15-2¾ (1.6)	4/6
5	Marissa MARTIN	FR	#2 Marywood	4.62m	15-2 (0.0)	5/4
6	Natalie O'NEILL	JR	#4 Gwynedd Mercy	4.46m	14-7¾ (0.0)	4/20
7	Ariana GRANT	SO	#1 Marymount (Va.) {4}	4.37m	14-4 (0.0)	5/4
8	Daelyn KARBOSKI	JR	#2 Marywood {2}	4.35m	14-3¼ (0.5)	4/5
9	Emma WAGNER	JR	#2 Marywood {3}	4.32m	14-2¼ (2.0)	4/5
10	Kelsey MCFARLAND	FR	#4 Gwynedd Mercy {2}	3.86m	12-8 (0.0)	5/4

Women's Triple Jump

1	22 Deziree CONKLIN	JR	#1 Marymount (Va.)	11.86m	38-11 (0.0)	5/4
2	Ella MORRISON	SO	#1 Marymount (Va.) {2}	10.45m	34-3½ (0.0)	5/4
3	Marissa MARTIN	FR	#2 Marywood	9.96m	32-8¼ (-0.1)	5/4
4	Dana FREIMANE	FR	#1 Marymount (Va.) {3}	9.94m	32-7½ (0.0)	5/4
5	Ariana GRANT	SO	#1 Marymount (Va.) {4}	9.60m	31-6 (0.0)	5/4
6	Daelyn KARBOSKI	JR	#2 Marywood {2}	8.68m	28-5¾ (0.6)	3/30

Women's Shot Put

1	Isabella RIVERA	FR	#1 Marymount (Va.)	10.45m	34-3½	5/4
2	Allison SIRAVO	SO	#3 Neumann	9.44m	30-11¾	5/4
3	Lucia ANAWALT	SO	#2 Marywood	8.45m	27-8¾	4/20
4	Sydney WILSON	SO	#3 Neumann {2}	8.27m	27-1¾	5/4
5	Meghan LOSTRACCO	SR	#4 Gwynedd Mercy	7.73m	25-4½	4/20
6	Alexandra PAPADOPOULOS	FR	#4 Gwynedd Mercy {2}	7.34m	24-1	4/13
7	Paige STRYSHAK	SO	#2 Marywood {2}	7.28m	23-10¾	5/4

Women's Discus

1	Isabella RIVERA	FR	#1 Marymount (Va.)	33.94m	111-4	5/4
2	Lucia ANAWALT	SO	#2 Marywood	25.98m	85-3	4/20
3	Allison SIRAVO	SO	#3 Neumann	24.61m	80-9	4/6
4	Meghan LOSTRACCO	SR	#4 Gwynedd Mercy	24.18m	79-4	5/4
5	Paige STRYSHAK	SO	#2 Marywood {2}	23.80m	78-1	4/20
6	Sydney WILSON	SO	#3 Neumann {2}	21.59m	70-10	5/4
7	Breanna HARE	SO	#4 Gwynedd Mercy {2}	21.18m	69-6	3/23
8	Maddie STANCIL	JR	#4 Gwynedd Mercy {3}	19.93m	65-4¾	5/4
9	Ella MORRISON	SO	#1 Marymount (Va.) {2}	19.84m	65-1¼	4/21
10	Alexandra PAPADOPOULOS	FR	#4 Gwynedd Mercy {4}	19.58m	64-3	5/4

Women's Hammer

1	Isabella RIVERA	FR	#1 Marymount (Va.)	35.77m	117-4	5/4
2	Meghan LOSTRACCO	SR	#4 Gwynedd Mercy	34.21m	112-3	4/20
3	Allison SIRAVO	SO	#3 Neumann	29.90m	98-1¼	5/4
4	Ariana GRANT	SO	#1 Marymount (Va.) {2}	27.91m	91-7	4/21
5	Marisa ROSCETTI	FR	#1 Marymount (Va.) {3}	27.18m	89-2¼	5/4
6	Breanna HARE	SO	#4 Gwynedd Mercy {2}	24.07m	78-11¾	4/6
7	Sydney WILSON	SO	#3 Neumann {2}	23.67m	77-8	5/4
8	Alexandra PAPADOPOULOS	FR	#4 Gwynedd Mercy {3}	20.00m	65-7½	5/4



USTFCCA NCAA Division III Outdoor Track & Field
Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



AEC

as of 5/7/2024 6:44:10 AM ET

Women's Javelin

1	Kyleigh JONIEC	SO	#3	Neumann	30.71m	100-9	5/4
2	Maggie FRIEND	FR	#5	Immaculata	30.46m	99-11¼	4/6
3	Emily ETTIEN	SR	#5	Immaculata	{2} 27.08m	88-10¼	5/4
4	Abby HUGHES	FR	#1	Marymount (Va.)	26.75m	87-9¼	5/4
5	Maddie STANCIL	JR	#4	Gwynedd Mercy	26.52m	87-¼	5/4
6	Ariana GRANT	SO	#1	Marymount (Va.)	{2} 25.43m	83-5¼	4/6
7	Isabella RIVERA	FR	#1	Marymount (Va.)	{3} 25.41m	83-4½	4/6
8	Ella MORRISON	SO	#1	Marymount (Va.)	{4} 24.82m	81-5¼	5/4
9	Sydney WILSON	SO	#3	Neumann	{2} 23.75m	77-11	4/13
10	Emerson ABER	FR	#1	Marymount (Va.)	{5} 22.61m	74-2¼	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



American Rivers

as of 5/7/2024 6:44:10 AM ET

Women's 100 Meters

1	28	Emma SEIPEL	JR	#3	Loras	11.98c	(11.95A) (1.1)	4/6
2	61	Harmony CREASY	JR	#3	Loras	{2} 12.19c	(12.16A) (1.1)	4/6
3	70	Lina NEWLAND	SO	#1	Wartburg	12.22	(1.7)	4/13
4		Kelly KOHLHOF	SR	#3	Loras	{3} 12.32	(1.7)	4/26
5		Emily MCMARTIN	SO	#2	Central (Iowa)	12.33w	(3.3)	4/20
6		JoJo TYNISMAL	SO	#1	Wartburg	{2} 12.41w	(2.4)	3/29
7		Breanne GEARY	SR	#4	Nebraska Wesley	12.57w	(2.1)	4/12
7		Madison HAYS	SO	#6	Simpson (Iowa)	12.57	(1.1)	4/26
9		Keira ALLISS	SO	#5	Dubuque	12.58	(1.2)	4/13
10		Ava PARKINS	FR	#2	Central (Iowa)	{2} 12.60w	(3.3)	4/20

Women's 100 Meter Hurdles

1	8	JoJo TYNISMAL	SO	#1	Wartburg	14.11w	(2.3)	4/13
2	56	Grace BRADEN	FR	#1	Wartburg	{2} 14.83w	(2.3)	4/13
3	71	Olivia BOHLEN	SO	#2	Central (Iowa)	14.97w	(2.2)	4/12
4	88	Audrey ARNOLD	JR	#6	Simpson (Iowa)	15.11w	(2.4)	4/6
5	89	Grace ALLEY	SR	#3	Loras	15.14	(0.3)	4/13
6		Keeley HOURIGAN	JR	#4	Nebraska Wesley	15.36w	(2.4)	5/3
7		Sophia STAHL	FR	#1	Wartburg	{3} 15.41	(-0.1)	5/3
8		Maddax DEVAULT	SO	#6	Simpson (Iowa)	{2} 15.52	(1.1)	4/20
9		Annika ELCO	SO	#8	Luther	15.75w	(3.0)	4/20
10		Caitlin BENESH	FR	#1	Wartburg	{4} 15.89w	(2.3)	4/13

Women's 200 Meters

1	6	Isabella HOGUE	SR	#4	Nebraska Wesley	24.26w	(3.1)	5/3
2	41	JoJo TYNISMAL	SO	#1	Wartburg	24.86	(1.1)	4/13
3	80	Harmony CREASY	JR	#3	Loras	25.14w	(2.1)	4/20
4	84	Emma SEIPEL	JR	#3	Loras	{2} 25.16	(-0.2)	4/13
5		Emily MCMARTIN	SO	#2	Central (Iowa)	25.29w	(3.2)	4/6
6		Grace ALLEY	SR	#3	Loras	{3} 25.30c	(25.23A) (1.1)	4/6
7		Lina NEWLAND	SO	#1	Wartburg	{2} 25.31w	(3.4)	4/13
8		Abbi ROERDINK	SR	#2	Central (Iowa)	{2} 25.40	(-1.4)	5/3
9		Kelly KOHLHOF	SR	#3	Loras	{4} 25.47		5/3
10		Gianna BORZILERI	JR	#5	Dubuque	25.69cw	(26.09) (2.9)	4/25

Women's 400 Meters

1	4	Isabella HOGUE	SR	#4	Nebraska Wesley	55.21		4/12
2	16	Abbi ROERDINK	SR	#2	Central (Iowa)	55.93		4/12
3	29	JoJo TYNISMAL	SO	#1	Wartburg	56.60		5/3
4	58	Alyssa PFADENHAUER	SR	#3	Loras	57.49		5/3
5	100	Lina NEWLAND	SO	#1	Wartburg	{2} 58.04		4/24
6		Sophia STAHL	FR	#1	Wartburg	{3} 58.19		4/24
7		Gianna BORZILERI	JR	#5	Dubuque	58.84		5/3
8		Breanne GEARY	SR	#4	Nebraska Wesley	{2} 58.89		5/3
9		Kiarra FENNELL	FR	#4	Nebraska Wesley	{3} 59.23		4/19
10		Lizzy VAN UTRECHT	FR	#2	Central (Iowa)	{2} 59.28		5/3

Women's 400 Meter Hurdles

1	7	JoJo TYNISMAL	SO	#1	Wartburg	1:01.93		4/6
2	12	Sophia STAHL	FR	#1	Wartburg	{2} 1:02.85		5/3
3	21	Madison HAYS	SO	#6	Simpson (Iowa)	1:03.21		5/3
4	46	Maddax DEVAULT	SO	#6	Simpson (Iowa)	{2} 1:04.49		5/3
5	56	Abby GRUVER	SR	#2	Central (Iowa)	1:04.91		4/12
6		Ellie MEYER	JR	#1	Wartburg	{3} 1:06.90		5/3
7		Bethany SCHUHMACHER	FR	#4	Nebraska Wesley	1:07.64		4/12
8		Katelyn PFALTZGRAFF	JR	#5	Dubuque	1:07.67		5/3
9		Grace BRADEN	FR	#1	Wartburg	{4} 1:07.89		5/3
10		Emma LUNDQUIST	JR	#5	Dubuque	{2} 1:08.44		5/3

Women's 800 Meters

1	27	Peyton STEFFEN	SO	#2	Central (Iowa)	2:12.52		4/13
2	52	Haley MEYER	SO	#1	Wartburg	2:14.56		3/23
3	72	Frankie CHAIDEZ	JR	#3	Loras	2:16.00		5/3
4		Alivia ROERDINK	FR	#2	Central (Iowa)	{2} 2:17.17		5/3
5		Addy PARROTT	JR	#2	Central (Iowa)	{3} 2:17.77		5/3
6		Delaney VACEK	SO	#4	Nebraska Wesley	2:18.40		5/3
7		Alyssa MAYHEW	JR	#2	Central (Iowa)	{4} 2:18.63		4/12
8		Erin PHELAN	SR	#1	Wartburg	{2} 2:19.23		4/26
9		Hadyn MILLER	SR	#2	Central (Iowa)	{5} 2:19.32		5/3
10		Ella JOHNSON	FR	#1	Wartburg	{3} 2:19.93		4/6

Women's 1500 Meters

1	13	Megan JOHNSON	JR	#2	Central (Iowa)	4:29.41		5/3
2	15	Aubrie FISHER	SR	#1	Wartburg	4:30.45		5/3
3	18	Caroline MCMARTIN	SR	#2	Central (Iowa)	{2} 4:30.85		5/3
4	21	Lexi BROWN	SR	#1	Wartburg	{2} 4:31.03		4/20
5	26	Peyton STEFFEN	SO	#2	Central (Iowa)	{3} 4:32.29		4/27
6	49	Frankie CHAIDEZ	JR	#3	Loras	4:36.53		5/3
7	84	Ellie MEYER	JR	#1	Wartburg	{3} 4:40.32		4/6
8		Addy PARROTT	JR	#2	Central (Iowa)	{4} 4:42.48		4/13
9		Becca DIDDIA	JR	#3	Loras	{2} 4:42.73		4/20
10		Lara KALLEM	JR	#6	Simpson (Iowa)	4:43.72		4/26

Women's Steeplechase

1	2	Megan JOHNSON	JR	#2	Central (Iowa)	10:19.79		4/13
2	3	Caroline MCMARTIN	SR	#2	Central (Iowa)	{2} 10:21.45		4/27
3	4	Aubrie FISHER	SR	#1	Wartburg	10:24.28		3/29
4	6	Ellie MEYER	JR	#1	Wartburg	{2} 10:33.30		3/29
5	15	Addy PARROTT	JR	#2	Central (Iowa)	{3} 10:49.07		4/13
6		Lily PETERSON	SO	#1	Wartburg	{3} 11:42.88		3/29
7		Maddie PRIER	SO	#1	Wartburg	{4} 11:44.12		3/29
8		Ashley BLOOMQUIST	SR	#1	Wartburg	{5} 11:44.75		3/29
9		Emily ERHARDT	JR	#6	Simpson (Iowa)	11:45.84		4/12
10		Kate HOOGENSEN	JR	#2	Central (Iowa)	{4} 11:47.29		5/3



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



American Rivers

as of 5/7/2024 6:44:11 AM ET

Women's 5000 Meters

1	3	Aubrie FISHER	SR	#1 Wartburg	16:28.70	4/13
2	4	Caroline MCMARTIN	SR	#2 Central (Iowa)	16:29.11	3/29
3	5	Shaelyn HOSTAGER	JR	#1 Wartburg {2}	16:32.19	4/13
4	11	Lexi BROWN	SR	#1 Wartburg {3}	16:34.95	4/27
5	13	Megan JOHNSON	JR	#2 Central (Iowa) {2}	16:35.93	4/27
6	27	Lara KALLEM	JR	#6 Simpson (Iowa)	16:57.88	4/13
7	32	Ellie MEYER	JR	#1 Wartburg {4}	16:59.90	4/13
8	36	Teghan BOOTH	JR	#6 Simpson (Iowa) {2}	17:03.18	4/13
9	67	Peyton STEFFEN	SO	#2 Central (Iowa) {3}	17:26.24	3/29
10	99	Becca DIDDIA	JR	#3 Loras	17:39.37	4/13

Women's 10,000 Meters

1	4	Shaelyn HOSTAGER	JR	#1 Wartburg	34:21.21	4/27
2	6	Megan JOHNSON	JR	#2 Central (Iowa)	35:00.33	3/29
3	10	Lara KALLEM	JR	#6 Simpson (Iowa)	35:10.24	4/20
4	14	Teghan BOOTH	JR	#6 Simpson (Iowa) {2}	35:23.22	4/20
5	59	Kelly GIARDINA	SO	#1 Wartburg {2}	36:50.09	4/20
6	74	Kira HOOPER	JR	#2 Central (Iowa) {2}	37:16.35	4/20
7		Karle KRAMER	SO	#1 Wartburg {3}	38:57.02	4/20
8		Claire KALLHOFF	SR	#4 Nebraska Wesley	39:43.24	4/20
9		Morgan ENGEL	FR	#1 Wartburg {4}	40:09.29	4/20
10		Crystal BURKE	SR	#9 Coe	40:44.06	3/29

Women's 4x100 Relay

1	4	Harmony Creasy, Grace Alley, Meghan McDonald, Emma Seipel	#3 Loras	46.50	4/27
2	25	Lina Newland, JoJo Tyynismaa, Olivia Tollari, Sophia Stahle	#1 Wartburg	47.79	5/3
3	26	Keeley Hourigan, Raegan Levi, Breanne Geary, Natalie Cummins	#4 Nebraska Wesley	47.80	4/5
4	39	Mary Gustason, Abbi Roerdink, Emily McMartin, Ava Parkins	#2 Central (Iowa)	47.99	5/3
5	52	Keira Alliss, Gianna Borzileri, Riley Finn, Grace Kahon	#5 Dubuque	48.35	5/3
6	53	Audrey Arnold, Madison Hays, Maddax DeVault, Bianca Clemons	#6 Simpson (Iowa)	48.39	5/3
7		Lily Chen, Annika Elco, Amara Marks, Grace Davidson	#8 Luther	51.16	4/13
8		Sangai Dukuly, Crystal Burke, Morgana Goodlow, Tink Mitchell	#9 Coe	52.31	5/3
9		Hannah Olson, Puritie Smith, Lanah Collins, Britni Blackburn	#7 Buena Vista	53.09	4/27

Women's 4x400 Relay

1	6	Harmony Creasy, Grace Alley, Layla Hughes, Alyssa Pfadenhauer	#3 Loras	3:48.40	4/27
2	8	Sophia Stahle, Rachel Nagel, Haley Meyer, Lina Newland	#1 Wartburg	3:49.43	4/27
3	13	Lizzy Van Utrecht, Ava Parkins, Emily McMartin, Abbi Roerdink	#2 Central (Iowa)	3:51.51	4/27
4	19	Breanne Geary, Isabella Hilger, Kiarra Fennell, Natalie Cummins	#4 Nebraska Wesley	3:53.39	4/27
5	51	Jaide Flowers, Riley Finn, Emma Lundquist, Gianna Borzileri	#5 Dubuque	3:59.44	5/3
6		Ava Carder, Maddax DeVault, Audrey Arnold, Madison Hays	#6 Simpson (Iowa)	4:05.88	4/12
7		Lanah Collins, Hannah Olson, Karley Ruiz-Genovese, Megan Bakke	#7 Buena Vista	4:21.04	4/20
8		Alyssa Blankenship, Lily Chen, Sarah Grams, Teah Miller	#8 Luther	4:21.94	4/27

Women's High Jump

1	2	Sara HOSKINS	SR	#3 Loras	1.72m	5-7¾	5/3
2	4	Jaden GATTS	FR	#5 Dubuque	1.70m	5-7	3/28
3	28	Grace ALLEY	SR	#3 Loras {2}	1.66m	5-5¼	4/6
4	48	Julia KLEIN	SO	#3 Loras {3}	1.62m	5-3¾	4/20
5	70	Samantha NIELSEN	SO	#1 Wartburg	1.60m	5-3	4/13
6	92	Deshawna NEAL	FR	#1 Wartburg {2}	1.59m	5-2½	4/20
7		Cadence SINCLAIR	FR	#2 Central (Iowa)	1.55m	5-1	3/28
8		Jazmine WOODE	FR	#1 Wartburg {3}	1.54m	5-½	4/6
8		Alyssa FOWLER	FR	#1 Wartburg {3}	1.54m	5-½	4/20
10		Aaliyah JOHNSON	JR	#6 Simpson (Iowa)	1.53m	5-¼	4/6

Women's Pole Vault

1	83	Samantha HARVELL	JR	#5 Dubuque	3.40m	11-1¾	5/3
2	94	Amber VROMAN	JR	#2 Central (Iowa)	3.36m	11-¼	5/3
3		Emily DRUSE	SR	#4 Nebraska Wesley	3.30m	10-9¾	4/5
4		Abby APELAND	FR	#3 Loras	3.26m	10-8¾	4/25
5		Leah HOWARD	SO	#2 Central (Iowa) {2}	3.00m	9-10	4/12
6		Kendra POPPE	FR	#4 Nebraska Wesley {2}	2.93m	9-7¼	4/12
7		Amelia HERBERT	SR	#4 Nebraska Wesley {3}	2.85m	9-4¼	4/5
8		Meghan PROHASKA	SR	#5 Dubuque {2}	2.80m	9-2¼	5/3
9		Ella JOHNSON	FR	#1 Wartburg	2.71m	8-10¾	4/20
10		Linnea HEDIN	SO	#8 Luther	2.60m	8-6¼	4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



American Rivers

as of 5/7/2024 6:44:11 AM ET

Women's Long Jump

1	1	Emma SEIPEL	JR	#3	Loras	6.11mw	20-½ (2.3)	4/4
2	10	Harmony CREASY	JR	#3	Loras	{2} 5.81mA	19-¾ (2.0)	4/6
3	19	Grace ALLEY	SR	#3	Loras	{3} 5.74m	18-10	5/3
4	52	Shaniah JOHNSON	SR	#1	Wartburg	5.56m	18-3 (0.0)	4/13
5	78	Natalie CUMMINS	JR	#4	Nebraska Wesley	5.48mw	17-11¾ (2.8)	4/5
6	92	Olivia BOHLEN	SO	#2	Central (Iowa)	5.44m	17-10¼ (1.4)	4/20
7		Breanne GEARY	SR	#4	Nebraska Wesley	{2} 5.36m	17-7 (1.0)	4/12
8		Olivia TOLLARI	SO	#1	Wartburg	{2} 5.33mw	17-6 (2.5)	4/6
9		Jasmyn WILLIAMS	SO	#2	Central (Iowa)	{2} 5.32mw	17-5½ (2.9)	4/26
10		Jaden GATTS	FR	#5	Dubuque	5.26m	17-3¼	5/3

Women's Triple Jump

1	9	Grace ALLEY	JR	#3	Loras	12.17m	39-11¼ (0.0)	4/12
2	18	Harmony CREASY	JR	#3	Loras	{2} 11.96m	39-3 (0.8)	4/12
3	36	Shaniah JOHNSON	JR	#1	Wartburg	11.60m	38-¾ (0.9)	4/12
4	57	Emma SEIPEL	JR	#3	Loras	{3} 11.37m	37-3¾ (1.2)	4/13
5	65	Julia KLEIN	SO	#3	Loras	{4} 11.33m	37-2¼ (1.1)	4/13
6		Sangai DUKULY	JR	#9	Coe	11.05mw	36-3 (2.3)	4/13
7		Madeline BOULANGER	FR	#1	Wartburg	{2} 10.92mw	35-10 (3.2)	3/29
8		Samantha NIELSEN	SO	#1	Wartburg	{3} 10.89mw	35-8¾ (2.5)	4/6
9		Chloe DUNIGAN	SO	#3	Loras	{5} 10.78m	35-4½ (1.1)	4/6
10		Aaliyah JOHNSON	JR	#6	Simpson (Iowa)	10.56mw	34-7¾ (2.7)	4/20

Women's Shot Put

1	5	Kaitlyn WILDER	SR	#5	Dubuque	14.51m	47-7¼	4/27
2	15	Lily MEESTER	SR	#1	Wartburg	13.74m	45-1	4/27
3	19	Chloe REISER	FR	#5	Dubuque	{2} 13.59m	44-7	5/3
4	47	Nai'lah ANDERS	FR	#5	Dubuque	{3} 12.99m	42-7½	4/13
5	51	Kristen REICKS	SR	#1	Wartburg	{2} 12.88m	42-3¼	4/13
5	51	Emmilly BERGLUND	FR	#4	Nebraska Wesley	12.88m	42-3¼	3/30
5	51	Haley BEMINIO	SR	#1	Wartburg	{2} 12.88m	42-3¼	4/13
8	60	Riley VICE	JR	#3	Loras	12.78m	41-11¼	4/25
9	81	Courtney JOHNSON	JR	#7	Buena Vista	12.50m	41-¼	4/24
10	89	Ja'Dein MADISON	SO	#4	Nebraska Wesley	{2} 12.39m	40-7¾	4/12

Women's Discus

1	8	Nai'lah ANDERS	FR	#5	Dubuque	46.59m	152-10	5/3
2	15	Kaitlyn WILDER	SR	#5	Dubuque	{2} 44.80m	147-0	4/6
3	17	Kaelyn MEANS	FR	#4	Nebraska Wesley	44.34m	145-6	4/19
4	28	Riley VICE	JR	#3	Loras	43.41m	142-5	4/6
5	34	Emmilly BERGLUND	FR	#4	Nebraska Wesley	{2} 43.13m	141-6	5/3
6	36	Taylor FLAIG	SR	#3	Loras	{2} 43.01m	141-2	4/6
7	41	Anna FRIEDRICHSEN	SR	#7	Buena Vista	42.64m	139-11	5/3
8	52	Lily MEESTER	SR	#1	Wartburg	41.81m	137-2	4/13
9	55	Anna LUNDAHL	JR	#4	Nebraska Wesley	{3} 41.69m	136-10	4/12
10	60	Ashley GLENNON	SO	#5	Dubuque	{3} 41.48m	136-1	4/6

Women's Hammer

1	3	Emma TRUE	JR	#1	Wartburg	58.58m	192-2	4/6
2	5	Kaitlyn WILDER	SR	#5	Dubuque	58.29m	191-3	5/3
3	12	Taylor FLAIG	SR	#3	Loras	53.82m	176-7	5/3
4	15	Caitlyn COX	SO	#3	Loras	{2} 53.50m	175-6	5/3
5	24	Ja'Dein MADISON	SO	#4	Nebraska Wesley	52.09m	170-11	4/19
6	27	Anna FRIEDRICHSEN	SR	#7	Buena Vista	51.92m	170-4	4/6
7	55	Breen DUFFY	SO	#5	Dubuque	{2} 48.83m	160-3	5/3
8	60	Kaelyn MEANS	FR	#4	Nebraska Wesley	{2} 48.45m	159-0	4/12
9	65	Grace MCCARTAN	SR	#1	Wartburg	{2} 48.21m	158-2	4/6
10	71	Haley BEMINIO	SR	#1	Wartburg	{3} 47.87m	157-1	5/3

Women's Javelin

1	2	Avery DECKER	SR	#4	Nebraska Wesley	45.37m	148-10	4/27
2	64	Ashley GLENNON	SO	#5	Dubuque	37.97m	124-7	3/28
3	80	Samantha NIELSEN	SO	#1	Wartburg	37.41m	122-9	5/3
4	89	Addie THOMAS	JR	#4	Nebraska Wesley	{2} 36.92m	121-2	4/5
5	95	Brooke SHAFER	JR	#1	Wartburg	{2} 36.86m	120-11	4/20
6		Aliah CLARKE	JR	#4	Nebraska Wesley	{3} 36.52m	119-10	5/3
7		Haley BEMINIO	SR	#1	Wartburg	{3} 35.93m	117-11	4/6
8		Arynn SPENCE	FR	#4	Nebraska Wesley	{4} 35.88m	117-9	5/3
9		Grace ALLEY	SR	#3	Loras	35.15mA	115-4	4/6
10		Courtney JOHNSON	JR	#7	Buena Vista	33.91m	111-3	4/20

Women's Heptathlon

1	1	Grace ALLEY	SR	#3	Loras	5,233c	(5233.00A)	4/6
2	7	Olivia BOHLEN	SO	#2	Central (Iowa)	4,737		4/20
3		Karsyn LAMM	JR	#2	Central (Iowa)	{2} 3,515		4/20
4		Anna PARROTT	SO	#6	Simpson (Iowa)	3,382		4/20
5		Caitlin BENESH	FR	#1	Wartburg	3,239		4/6
6		Jazmine WOODE	FR	#1	Wartburg	{2} 2,881		4/6
7		Amil-lion DERRICK	JR	#7	Buena Vista	2,497		4/20
8		Sage AUSTIN	FR	#2	Central (Iowa)	{3} 2,213		4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



ASC

as of 5/7/2024 6:44:11 AM ET

Women's 100 Meters

1	20	Brynn YANEZ	SO	#1	McMurry	11.94	(1.8)	4/27
2	30	Kylah WASHINGTON	FR	#2	Hardin-Simmons	12.00w	(3.9)	4/13
3	66	Madelyn GOLLIHAR	SO	#1	McMurry	{2} 12.21	(1.8)	4/27
4	76	Erin FALLON	FR	#1	McMurry	{3} 12.23	(1.8)	4/27
5		Nakiah TOLBERT	JR	#2	Hardin-Simmons	{2} 12.60c	(12.57A) (1.3)	3/30
6		Rylee WHORTON	FR	#6	Concordia Texas	12.62	(1.8)	4/27
7		Jayla ALDRIDGE	JR	#6	Concordia Texas	{2} 12.70w	(2.8)	4/13
8		Abigail BRAMLETT	SR	#2	Hardin-Simmons	{3} 12.75	(1.8)	4/27
9		Paige THOMAS	FR	#3	UT Dallas	12.79w	(2.8)	4/13
10		Avalon GRIGGS	FR	#2	Hardin-Simmons	{4} 12.84	(1.5)	4/27

Women's 100 Meter Hurdles

1	10	Naj CAMPBELL	JR	#1	McMurry	14.14w	(3.9)	4/27
2		Victoria WILSON	SO	#5	LeTourneau	15.71w	(3.9)	4/27
3		Neelie SCHIEL	SO	#4	East Texas Bapti	15.89	(2.0)	4/13
4		Amayah HARRISON	FR	#3	UT Dallas	16.27w	(3.9)	4/27
5		Ellie MARSH	JR	#5	LeTourneau	{2} 17.02w	(3.9)	4/27
6		Emmalee HORTON	SO	#2	Hardin-Simmons	17.20w	(3.9)	4/27
7		Emma FOYT-GADE	FR	#3	UT Dallas	{2} 17.99	(1.0)	4/27
8		Mattison STAYROOK	SO	#6	Concordia Texas	18.16w	(3.7)	4/13
9		Faith MILLER	FR	#2	Hardin-Simmons	{2} 22.47w	(2.3)	4/27

Women's 200 Meters

1	78	Erin FALLON	FR	#1	McMurry	25.08w	(3.6)	4/27
2	87	Madelyn GOLLIHAR	SO	#1	McMurry	{2} 25.20	(1.7)	3/3
3	91	Brynn YANEZ	SO	#1	McMurry	{3} 25.22	(1.4)	4/6
4	98	Nakiah TOLBERT	JR	#2	Hardin-Simmons	25.26	(2.0)	4/6
5		Kylah WASHINGTON	FR	#2	Hardin-Simmons	{2} 25.41w	(2.2)	4/13
6		Randi BECKHAM	FR	#3	UT Dallas	25.96w	(3.6)	4/27
7		Danielle PENA	SO	#2	Hardin-Simmons	{3} 26.20w	(3.9)	4/13
8		Naj CAMPBELL	JR	#1	McMurry	{4} 26.45	(0.9)	3/23
9		Haily BASS	SO	#5	LeTourneau	26.77w	(3.6)	4/27
10		Abigail BRAMLETT	SR	#2	Hardin-Simmons	{4} 26.95w	(3.6)	4/27

Women's 400 Meters

1	53	Nakiah TOLBERT	JR	#2	Hardin-Simmons	57.35		4/27
2		Haily BASS	SO	#5	LeTourneau	58.82		4/27
3		Randi BECKHAM	FR	#3	UT Dallas	59.19		4/13
4		Jacee DINKINS	JR	#1	McMurry	1:00.34		4/27
5		Danielle PENA	SO	#2	Hardin-Simmons	{2} 1:00.67		4/27
6		Katelyn HERNANDEZ	JR	#1	McMurry	{2} 1:01.63		4/27
7		Aerial RANGEL	FR	#1	McMurry	{3} 1:02.89		4/27
8		Taliana SCHMIDT	FR	#7	Ozarks (Ark.)	1:03.67		3/16
9		Sophie HALE	FR	#2	Hardin-Simmons	{3} 1:03.68		4/27
10		Aparna AMARNEETHI	SO	#3	UT Dallas	{2} 1:04.11		4/27

Women's 400 Meter Hurdles

1	11	Ellie MARSH	JR	#5	LeTourneau	1:02.80		4/27
2	44	Madelyn GOLLIHAR	SO	#1	McMurry	1:04.33		4/13
3		Naj CAMPBELL	JR	#1	McMurry	{2} 1:07.49		4/13
4		Neelie SCHIEL	SO	#4	East Texas Bapti	1:08.37		4/13
5		Jayden COOPER	FR	#3	UT Dallas	1:10.76		3/9
6		Cachelle FLORES	FR	#6	Concordia Texas	1:11.55		4/13
7		Amayah HARRISON	FR	#3	UT Dallas	{2} 1:13.00		4/27
8		Madelyn DELOSSANTOS	FR	#5	LeTourneau	{2} 1:14.72		4/27
9		Faith MILLER	FR	#2	Hardin-Simmons	1:24.61		4/27

Women's 800 Meters

1		Madylin HERRERA	JR	#3	UT Dallas	2:18.36		4/27
2		Ache' ANDERSON	JR	#4	East Texas Bapti	2:20.61		4/27
3		Kylah HOLLAND	SR	#2	Hardin-Simmons	2:20.92		4/13
4		Breonna MCCARTHY-REESE	JR	#1	McMurry	2:22.83		3/3
5		Chloe MCLELLAN	SO	#1	McMurry	{2} 2:23.79		3/23
6		Hope GREENWALD	SO	#5	LeTourneau	2:27.93		4/27
7		Taliana SCHMIDT	FR	#7	Ozarks (Ark.)	2:28.22		4/27
8		Anna DINASO	FR	#1	McMurry	{3} 2:29.11		3/16
9		Becki (Rebecca) JEFFERY	FR	#3	UT Dallas	{2} 2:29.13		4/27
10		Jazmin MENDEZ	JR	#2	Hardin-Simmons	{2} 2:30.83		4/6

Women's 1500 Meters

1		Kylah HOLLAND	SR	#2	Hardin-Simmons	4:43.00		3/3
2		Danna REQUENA	FR	#4	East Texas Bapti	4:51.00		3/23
3		Chloe MCLELLAN	SO	#1	McMurry	4:51.40		4/13
4		Phoebe DUNHAM	SO	#4	East Texas Bapti	{2} 4:52.91		3/23
5		Chloe WEATHERS	SO	#7	Ozarks (Ark.)	4:59.81		4/27
6		Madylin HERRERA	JR	#3	UT Dallas	5:03.96		4/6
7		Savanna DANNER	SO	#1	McMurry	{2} 5:04.60		3/23
8		Hope GREENWALD	SO	#5	LeTourneau	5:08.42		4/13
9		Kayleigh PARK	FR	#4	East Texas Bapti	{3} 5:10.23		4/13
10		Briella ROSE	SO	#5	LeTourneau	{2} 5:13.98		4/5

Women's Steeplechase

1	19	Kylah HOLLAND	SR	#2	Hardin-Simmons	10:52.23		3/30
2	63	Phoebe DUNHAM	SO	#4	East Texas Bapti	11:20.24		4/13
3		Savanna DANNER	SO	#1	McMurry	11:50.64		3/3
4		Jazmin MENDEZ	JR	#2	Hardin-Simmons	{2} 12:36.29		3/3
5		Emily SKRABANEK	FR	#3	UT Dallas	12:45.82		3/16
6		Jasmine HUNTER	FR	#1	McMurry	{2} 13:25.03		4/27
7		Aubrey BATTEN	SR	#1	McMurry	{3} 13:25.27		3/3
8		Ashley RIVERA	FR	#6	Concordia Texas	13:26.82		3/3



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



ASC

as of 5/7/2024 6:44:11 AM ET

Women's 5000 Meters

1	Danna REQUENA	FR	#4 East Texas Bapti	18:23.35	3/16
2	Kylah HOLLAND	SR	#2 Hardin-Simmon:	18:27.39	4/6
3	Phoebe DUNHAM	SO	#4 East Texas Bapti{2}	18:40.97	3/16
4	Briella ROSE	SO	#5 LeTourneau	19:16.29	4/13
5	Chloe MCLELLAN	SO	#1 McMurry	19:24.55	4/13
6	Savanna DANNER	SO	#1 McMurry {2}	19:24.91	3/16
7	Ashley SHEA	JR	#1 McMurry {3}	19:33.31	3/23
8	Anna DINASO	FR	#1 McMurry {4}	19:40.73	3/23
9	Mary KATE MARK	FR	#4 East Texas Bapti{3}	19:41.24	4/6
10	Chloe WEATHERS	SO	#7 Ozarks (Ark.)	20:08.36	3/16

Women's 10,000 Meters

1	Ashley SHEA	JR	#1 McMurry	40:19.38	3/16
2	Mary KATE MARK	FR	#4 East Texas Bapti	42:54.28	4/13
3	Anna DINASO	FR	#1 McMurry {2}	44:00.04	4/27
4	Abby VALDEZ	SO	#3 UT Dallas	44:21.08	4/27
5	Abigail HUFFHINES	FR	#1 McMurry {3}	44:51.70	4/27
6	Jocelyn MORENO	SO	#1 McMurry {4}	45:16.81	4/27
7	Jocelyn HECKENKAMP	SR	#3 UT Dallas {2}	45:22.33	4/27
8	Abby (Abigail) COX	FR	#2 Hardin-Simmon:	45:51.38	3/16
9	Abigail STUBBY-KERN	FR	#1 McMurry {5}	46:58.73	3/16
10	Hope FUENTES	FR	#2 Hardin-Simmon:{2}	47:06.14	4/27

Women's 4x100 Relay

1	28 Madelyn Gollihar, Jada Morris, Erin Fallon, Brynn Yanez	#1 McMurry	47.82	4/27
2	91 Avalon Griggs, Nakiah Tolbert, Danielle Pena, Kylah Washington	#2 Hardin-Simmon:	49.29	4/6
3	Tia Billingsly, Paige Thomas, Nora Daub, Randi Beckham	#3 UT Dallas	49.85	3/9
4	Jayla Aldridge, Cachel Flores, Mattison Stayrook, Rylee Whorton	#6 Concordia Texas	50.60	4/13
5	#Type!	#5 LeTourneau	51.39	4/20
6	Maddie Reid, Neelie Schiel, Addison Simpson, Shakayla Browder	#4 East Texas Bapti	54.22	4/27

Women's 4x400 Relay

1	57 Breonna McCarthy-Reese, Madelyn Gollihar, Katelyn Hernandez, Naj Campbell	#1 McMurry	4:00.11	4/6
2	74 Nakiah Tolbert, Kylah Washington, Sophie Hale, Danielle Pena	#2 Hardin-Simmon:	4:02.54c (4:02.10A)	3/30
3	Ellie Marsh, Madelyn DeLosSantos, Victoria Wilson, Haily Bass	#5 LeTourneau	4:06.32	4/27
4	Randi Beckham, Madylin Herrera, Amaiyah Harrison, Aparna Amarneethi	#3 UT Dallas	4:13.74	4/27
5	Mattison Stayrook, Rylee Whorton, Cachel Flores, Ashley Rivera	#6 Concordia Texas	4:24.23	4/27
6	Neelie Schiel, Lillian Stowe, Ache' Anderson, Danna Requena	#4 East Texas Bapti	4:27.62	4/27

Women's High Jump

1	Emmalee HORTON	SO	#2 Hardin-Simmon:	1.57m	5-1¾	3/3
2	Janae GREEN	SO	#2 Hardin-Simmon:{2}	1.55m	5-1	4/6
3	Bethany WOOD	JR	#1 McMurry	1.50m	4-11	4/13
3	Victoria WILSON	SO	#5 LeTourneau	1.50m	4-11	3/2
3	Avalon GRIGGS	FR	#2 Hardin-Simmon:{3}	1.50m	4-11	3/16
6	Lillian STOWE	FR	#4 East Texas Bapti	1.46m	4-9½	4/27
7	Abby GUERRA	FR	#2 Hardin-Simmon:{4}	1.45m	4-9	4/6
8	Tia BILLINGSLY	SO	#3 UT Dallas	1.40m	4-7	4/13
8	Madison ARTHUR	FR	#2 Hardin-Simmon:{5}	1.40m	4-7	4/13
8	Sophie HALE	FR	#2 Hardin-Simmon:{5}	1.40mA	4-7	3/30

Women's Pole Vault

1	9 Brenna STELL	FR	#1 McMurry	3.85m	12-7½	4/13
2	Jacee DINKINS	JR	#1 McMurry {2}	3.30m	10-9¾	4/13
3	Nora DAUB	FR	#3 UT Dallas	2.85m	9-4¼	4/13
4	Haily BASS	SO	#5 LeTourneau	2.74m	8-11¾	3/23
5	Brynn YANEZ	SO	#1 McMurry {3}	2.43m	7-11½	4/27

Women's Long Jump

1	58 Jada MORRIS	JR	#1 McMurry	5.54m	18-2¼ (0.4)	4/27
2	Victoria WILSON	SO	#5 LeTourneau	5.06mw	16-7¼ (2.4)	4/27
3	Meriah GONZALEZ	SO	#1 McMurry {2}	5.03m	16-6 (1.2)	3/3
4	Danielle SAULS	SR	#2 Hardin-Simmon:	4.98mA	16-4¼ (1.5)	3/30
5	Avalon GRIGGS	FR	#2 Hardin-Simmon:{2}	4.93m	16-2¼ (1.5)	4/13
6	Mattison STAYROOK	SO	#6 Concordia Texas	4.74m	15-6¾ (1.0)	4/27
7	Emerald GARCIA	SR	#2 Hardin-Simmon:{3}	4.72m	15-6 (1.6)	4/27
8	Abigail BRAMLETT	SR	#2 Hardin-Simmon:{4}	4.66mw	15-3½ (2.2)	4/13
9	Ashley REATH	FR	#1 McMurry {3}	4.63mw	15-2¼ (2.1)	3/23
10	Aerial RANGEL	FR	#1 McMurry {4}	4.43mw	14-6½ (2.7)	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



ASC

as of 5/7/2024 6:44:11 AM ET

Women's Triple Jump

1	Meriah GONZALEZ	SO	#1	McMurry	10.51m	34-5¾ (1.1)	3/23
2	Ashley REATH	FR	#1	McMurry	{2} 10.43mw	34-2¾ (3.0)	4/27
3	Emerald GARCIA	SR	#2	Hardin-Simon	10.35m	33-11½ (1.8)	3/3
3	Victoria WILSON	SO	#5	LeTourneau	10.35mw	33-11½ (2.3)	4/27
5	Paige THOMAS	FR	#3	UT Dallas	9.93m	32-7 (1.6)	4/27

Women's Shot Put

1	35 Elizabeth JORDAN	JR	#1	McMurry	13.18m	43-3	4/27
2	72 Kendra HUMPHRIES	FR	#1	McMurry	{2} 12.58m	41-3¼	3/16
3	Tori COLMAN	FR	#1	McMurry	{3} 12.13m	39-9¾	4/6
4	Elizabeth RYAN	JR	#1	McMurry	{4} 11.60m	38-¾	4/27
5	Makenzie COVEY	FR	#5	LeTourneau	11.45m	37-6¾	4/27
6	Chisom MBAH	SO	#3	UT Dallas	11.43m	37-6	3/16
7	Shakayla BROWDER	JR	#4	East Texas Bapti	11.20m	36-9	4/27
8	Elizabeth CUNNINGHAM	JR	#1	McMurry	{5} 10.74m	35-3	4/27
9	Corbin STULIR	JR	#1	McMurry	{6} 10.09m	33-1¼	3/3
10	Mattison STAYROOK	SO	#6	Concordia Texas	9.82m	32-2¾	4/27

Women's Discus

1	59 Graycee MOSLEY	SO	#4	East Texas Bapti	41.52m	136-3	4/13
2	63 Tori COLMAN	FR	#1	McMurry	41.21m	135-3	4/6
3	65 Elizabeth RYAN	JR	#1	McMurry	{2} 41.11m	134-11	4/27
4	Kendra HUMPHRIES	FR	#1	McMurry	{3} 39.42m	129-4	3/16
5	Shakayla BROWDER	JR	#4	East Texas Bapti	{2} 39.36m	129-2	4/27
6	Elizabeth JORDAN	JR	#1	McMurry	{4} 38.24m	125-6	4/13
7	Makenzie COVEY	FR	#5	LeTourneau	37.91m	124-5	4/27
8	Glenda PARRA	JR	#1	McMurry	{5} 35.80m	117-6	4/27
9	Chisom MBAH	SO	#3	UT Dallas	33.60m	110-3	4/6
10	Kimora ROBERSON	FR	#6	Concordia Texas	28.67m	94-¾	3/23

Women's Hammer

1	58 Elizabeth CUNNINGHAM	JR	#1	McMurry	48.72m	159-10	4/13
2	64 Elizabeth RYAN	JR	#1	McMurry	{2} 48.24m	158-3	4/6
3	Kendra HUMPHRIES	FR	#1	McMurry	{3} 39.95m	131-1	3/23
4	Tori COLMAN	FR	#1	McMurry	{4} 37.84m	124-2	4/27
5	Elizabeth JORDAN	JR	#1	McMurry	{5} 36.23m	118-11	4/27
6	Corbin STULIR	JR	#1	McMurry	{6} 35.49m	116-5	3/3
7	Makenzie COVEY	FR	#5	LeTourneau	28.90m	94-9¾	4/27
8	Kimora ROBERSON	FR	#6	Concordia Texas	25.59m	83-11½	4/27

Women's Javelin

1	21 Neelie SCHIEL	SO	#4	East Texas Bapti	40.78m	133-10	3/3
2	83 Mattison STAYROOK	SO	#6	Concordia Texas	37.33m	122-6	3/23
3	87 Kendra HUMPHRIES	FR	#1	McMurry	37.07m	121-8	3/3
4	Jacee DINKINS	JR	#1	McMurry	{2} 35.14m	115-4	3/23
5	Erin FALLON	FR	#1	McMurry	{3} 34.79m	114-2	3/23
6	Corbin STULIR	JR	#1	McMurry	{4} 33.01m	108-4	3/3
7	Victoria WILSON	SO	#5	LeTourneau	32.24m	105-9	4/27
8	Aiyana EPHRAIM	JR	#6	Concordia Texas	{2} 32.11m	105-4	4/27
9	Abigail BRAMLETT	SR	#2	Hardin-Simon	31.37m	102-11	4/27
10	Natalie FERDI	FR	#5	LeTourneau	{2} 29.18m	95-9	4/5

Women's Heptathlon

1	51 Victoria WILSON	SO	#5	LeTourneau	4,140	4/13
2	82 Mattison STAYROOK	SO	#6	Concordia Texas	3,705	4/27
3	Emma FOYT-GADE	FR	#3	UT Dallas	2,946	4/27
4	Faith MILLER	FR	#2	Hardin-Simon	2,558	4/27



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



C2C

as of 5/7/2024 6:44:11 AM ET

Women's 100 Meters

1	66	Sophia REDMOND	SO	#4	Mary Washington	12.21w	(3.0)	4/13
2		Amaya CUMMINS	JR	#1	UC Santa Cruz	12.39w	(2.4)	3/16
3		Sydney TRUSSELL	JR	#3	Christopher New	12.57	(-1.2)	3/30
4		Karia FORVIL	SO	#2	Salisbury	12.58	(1.6)	4/20
5		Julie THOMAS	FR	#2	Salisbury	{2} 13.00	(1.6)	4/20
6		Siena SUJITNO	JR	#5	Pratt Institute	13.12	(0.0)	3/30
7		Aditi KAMBLE	FR	#1	UC Santa Cruz	{2} 13.31	(-0.1)	3/9
8		Isha KASANAGOTTU	SO	#1	UC Santa Cruz	{3} 13.35	(0.1)	4/19
9		Akira JONES	FR	#1	UC Santa Cruz	{4} 13.39	(1.5)	3/16
10		Erin LIGHTNER	FR	#4	Mary Washington	{2} 13.56	(0.4)	4/20

Women's 100 Meter Hurdles

1		Ellie NUCKOLS	FR	#3	Christopher New	15.38	(-0.8)	4/6
2		Ashley ELEY	FR	#3	Christopher New	{2} 15.93	(0.8)	5/4
3		Kennedy ATKINS	FR	#2	Salisbury	16.13	(1.2)	4/20
4		Kathleen MULLIGAN	FR	#2	Salisbury	{2} 16.28	(1.2)	4/20
5		Taleah WILLIAMS	FR	#2	Salisbury	{3} 16.46	(1.2)	4/20
6		Akira JONES	FR	#1	UC Santa Cruz	16.51	(0.8)	5/4
7		Mackenzie JONES	JR	#1	UC Santa Cruz	{2} 16.71	(0.8)	5/4
8		Isha KASANAGOTTU	SO	#1	UC Santa Cruz	{3} 16.97	(0.0)	5/4
9		Alyssa WOHLFARTH	SO	#2	Salisbury	{4} 17.61	(-0.1)	5/4
10		Alicia DASALLA	SO	#1	UC Santa Cruz	{4} 17.71	(-0.7)	3/30

Women's 200 Meters

1		Sophia REDMOND	SO	#4	Mary Washington	25.39	(0.2)	5/4
2		Sydney TRUSSELL	JR	#3	Christopher New	25.76	(0.2)	5/4
3		Amaya CUMMINS	JR	#1	UC Santa Cruz	25.91	(0.2)	5/4
4		Karia FORVIL	SO	#2	Salisbury	26.33	(0.2)	5/4
5		Marlyse HAACK	SO	#2	Salisbury	{2} 26.41	(1.6)	3/16
6		Caitlin DONOVAN	JR	#1	UC Santa Cruz	{2} 26.49	(1.8)	3/16
7		Mia HILL	SO	#2	Salisbury	{3} 26.51w	(2.2)	3/16
7		Ellie NUCKOLS	FR	#3	Christopher New	{2} 26.51	(-0.8)	4/20
9		Allison RICHARDS	FR	#4	Mary Washington	{2} 26.61	(0.0)	3/16
10		Julie THOMAS	FR	#2	Salisbury	{4} 27.11	(0.5)	3/16

Women's 400 Meters

1		Ellie NUCKOLS	FR	#3	Christopher New	58.33		4/13
2		Caitlin DONOVAN	JR	#1	UC Santa Cruz	59.18		5/4
3		Sydney TRUSSELL	JR	#3	Christopher New	{2} 59.59		5/4
4		Sophia REDMOND	SO	#4	Mary Washington	59.99		4/20
5		Mae STAFFORD	FR	#1	UC Santa Cruz	{2} 1:00.65		5/4
6		Sophie JIMENEZ	SR	#1	UC Santa Cruz	{3} 1:00.80		4/19
7		Amaya CUMMINS	JR	#1	UC Santa Cruz	{4} 1:00.93		3/2
8		Mia HILL	SO	#2	Salisbury	1:01.79		4/20
9		Jessica HENDRICKS	FR	#3	Christopher New	{3} 1:02.56		4/13
10		Amanda HECKMAN	SR	#4	Mary Washington	{2} 1:02.78		5/4

Women's 400 Meter Hurdles

1	72	Ellie NUCKOLS	FR	#3	Christopher New	1:05.28		4/13
2		Madison LAMB	FR	#2	Salisbury	1:09.83		4/20
3		Alicia DASALLA	SO	#1	UC Santa Cruz	1:010.00		5/4
4		Kathleen MULLIGAN	FR	#2	Salisbury	{2} 1:12.98		4/20
4		Mackenzie JONES	JR	#1	UC Santa Cruz	{2} 1:12.98		3/16
6		Annabella JACONETTI	FR	#2	Salisbury	{3} 1:13.19		5/4
7		Jayla MARABLE	FR	#3	Christopher New	{2} 1:13.46		3/16
8		Grace DEAR	SR	#2	Salisbury	{4} 1:16.36		4/20
9		Jessica HENDRICKS	FR	#3	Christopher New	{3} 1:17.02		5/4
10		Akira JONES	FR	#1	UC Santa Cruz	{3} 1:17.68		4/19

Women's 800 Meters

1		Hanna HEKKANEN	JR	#1	UC Santa Cruz	2:17.82		4/19
2		Elena STANCIU	FR	#1	UC Santa Cruz	{2} 2:18.02		4/19
3		Caitlin DONOVAN	JR	#1	UC Santa Cruz	{3} 2:22.33		4/13
4		Frieda CEDILLO	SO	#1	UC Santa Cruz	{4} 2:22.82		3/16
5		Kenzie SEYMOUR	FR	#1	UC Santa Cruz	{5} 2:23.24		3/16
6		Marianne CHUANG	SO	#1	UC Santa Cruz	{6} 2:24.64		3/16
7		Peri NELSON	FR	#2	Salisbury	2:26.27		3/16
8		Faith DYOGI	SO	#1	UC Santa Cruz	{7} 2:27.39		3/2
9		Didi DASILVA	FR	#3	Christopher New	2:27.56		4/20
10		Ellie NUCKOLS	FR	#3	Christopher New	{2} 2:27.75		4/20

Women's 1500 Meters

1	98	Hanna HEKKANEN	JR	#1	UC Santa Cruz	4:41.33		4/19
2		Riley MARTEL-PHILLIPS	SR	#1	UC Santa Cruz	{2} 4:41.67		4/19
3		Kenzie SEYMOUR	FR	#1	UC Santa Cruz	{3} 4:42.04		4/19
4		Elena STANCIU	FR	#1	UC Santa Cruz	{4} 4:43.54		4/19
5		Helena JANKU	SO	#1	UC Santa Cruz	{5} 4:44.19		3/16
6		Faith DYOGI	SO	#1	UC Santa Cruz	{6} 4:53.89		3/2
7		Frieda CEDILLO	SO	#1	UC Santa Cruz	{7} 4:54.80		3/2
8		Sydney BOYD	FR	#1	UC Santa Cruz	{8} 4:58.16		4/13
9		Anna BODMER	FR	#2	Salisbury	4:59.34		3/2
10		Madelyn BASINET	FR	#1	UC Santa Cruz	{9} 5:02.58		3/2

Women's Steeplechase

1	69	Kenzie SEYMOUR	FR	#1	UC Santa Cruz	11:22.45		4/13
2		Sofia PLACIAS	JR	#1	UC Santa Cruz	{2} 11:55.55		5/4
3		Rachel ROBERTS	SO	#2	Salisbury	12:03.58		5/4
4		Cheryl CHUANG	SO	#1	UC Santa Cruz	{3} 12:12.61		4/13
5		Emma WIRZ	SO	#1	UC Santa Cruz	{4} 12:17.68		3/16
6		Leah SNYDER	SO	#2	Salisbury	{2} 12:21.20		5/4
7		Julia KAPP	JR	#3	Christopher New	12:48.87		5/4
8		Jessica OBERLIES	JR	#4	Mary Washington	13:02.24		5/4
9		Giovanna LISA	SO	#5	Pratt Institute	13:32.38		5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



C2C

as of 5/7/2024 6:44:12 AM ET

Women's 5000 Meters

1	34	Helena JANKU	SO	#1 UC Santa Cruz	17:01.71	4/13
2	51	Riley MARTEL-PHILLIPS	SR	#1 UC Santa Cruz {2}	17:15.94	4/13
3		Anna BODMER	FR	#2 Salisbury	17:55.94	4/6
4		Elena STANCIU	FR	#1 UC Santa Cruz {3}	18:09.37	3/30
5		Sydney BOYD	FR	#1 UC Santa Cruz {4}	18:43.40	3/30
6		Ryanne REYNOLDS	FR	#1 UC Santa Cruz {5}	18:52.75	3/2
7		Madi SISSON	SO	#2 Salisbury {2}	18:55.94	4/6
8		Kayla LOPEZ	FR	#3 Christopher New	18:56.71	4/13
9		Luna CENTENO	FR	#1 UC Santa Cruz {6}	19:01.26	3/30
10		Rachel ROBERTS	SO	#2 Salisbury {3}	19:06.76	4/6

Women's 10,000 Meters

1	29	Helena JANKU	SO	#1 UC Santa Cruz	35:58.24	5/4
2	73	Anna BODMER	FR	#2 Salisbury	37:13.80	5/4
3		Rachel ROBERTS	SO	#2 Salisbury {2}	39:10.24	5/4
4		Sydney BOYD	FR	#1 UC Santa Cruz {2}	39:41.64	5/4
5		Kayla LOPEZ	FR	#3 Christopher New	39:48.54	5/4

Women's 4x100 Relay

1	92	Karia Forvil, Marlyse Haack, Julie Thomas, Taleah Williams	#2 Salisbury	49.30	4/20
2		#Type!	#1 UC Santa Cruz	49.50	5/4
3		#Type!	#3 Christopher New	50.16	3/30
4		#Type!	#5 Pratt Institute	55.33	5/4

Women's 4x400 Relay

1	94	#Type!	#1 UC Santa Cruz	4:04.33	5/4
2		#Type!	#2 Salisbury	4:11.85	5/4
3		#Type!	#3 Christopher New	4:19.99	5/4
4		#Type!	#5 Pratt Institute	4:46.21	5/4

Women's High Jump

1		Madison LAMB	FR	#2 Salisbury	1.57m	5-1¾	3/2
1		Ashley ELEY	FR	#3 Christopher New	1.57m	5-1¾	5/4
3		Isha KASANAGOTTU	SO	#1 UC Santa Cruz	1.50m	4-11	4/19
4		Ellie NUCKOLS	FR	#3 Christopher New{2}	1.43m	4-8¾	4/20
5		Jessica HENDRICKS	FR	#3 Christopher New{3}	1.39m	4-6¾	4/20
6		Emma CHRISTMAN	SO	#2 Salisbury {2}	1.37m	4-6	4/20
6		Samantha MINNER	FR	#2 Salisbury {2}	1.37m	4-6	3/2

Women's Pole Vault

1	92	Ainsley MILLER	SR	#3 Christopher New	3.38m	11-1	5/4
2		Lily KNOWLES	FR	#3 Christopher New{2}	2.98m	9-9¾	5/4
3		Allyson PETERSEN	FR	#1 UC Santa Cruz	2.89m	9-5¾	4/19
4		Elizabeth LACOMBE	FR	#3 Christopher New{3}	2.85m	9-4¾	4/13
5		Faith DYOGI	SO	#1 UC Santa Cruz {2}	2.55m	8-4¾	4/13

Women's Long Jump

1	29	Mia HILL	SO	#2 Salisbury	5.64mw	18-6 (2.7)	4/6
2	45	Marlyse HAACK	SO	#2 Salisbury {2}	5.59m	18-4¼ (0.7)	4/20
3		Ellie NUCKOLS	FR	#3 Christopher New	5.19m	17-½ (0.0)	5/4
4		Ashley ELEY	FR	#3 Christopher New{2}	5.12m	16-9¾ (-1.5)	3/30
5		Ainsley MILLER	SR	#3 Christopher New{3}	5.09m	16-8½ (-1.5)	3/30
6		Akira JONES	FR	#1 UC Santa Cruz	5.04m	16-6½ (-1.8)	4/13
7		Alexandra GUZMAN	SO	#3 Christopher New{4}	4.95m	16-3 (0.6)	4/13
7		Emma CHRISTMAN	SO	#2 Salisbury {3}	4.95m	16-3 (1.6)	4/20
9		Taleah WILLIAMS	FR	#2 Salisbury {4}	4.92m	16-1¾ (1.2)	4/20
10		Kennedy ATKINS	FR	#2 Salisbury {5}	4.90m	16-1 (1.5)	4/20

Women's Triple Jump

1		Alexandra GUZMAN	SO	#3 Christopher New	10.99m	36-¾ (0.3)	3/30
2		Marlyse HAACK	SO	#2 Salisbury	10.93m	35-10½ (0.0)	5/4
3		Ashley ELEY	FR	#3 Christopher New{2}	10.66m	34-11¾ (0.0)	5/4
4		Emma CHRISTMAN	SO	#2 Salisbury {2}	10.63m	34-10½ (2.0)	4/6
5		Alex KAPLAN	SO	#1 UC Santa Cruz	10.37mw	34-¼ (2.1)	4/19
6		D'Yan ROBINSON	FR	#3 Christopher New{3}	10.24m	33-7¼ (1.5)	5/4

Women's Shot Put

1		Katherine STEVENS	JR	#3 Christopher New	12.14m	39-10	3/16
2		Hannah KIM	FR	#5 Pratt Institute	11.08m	36-4¼	3/30
3		Annabelle DREHER	SO	#3 Christopher New{2}	10.53m	34-6¾	3/16
4		Whitney PORTER	SO	#1 UC Santa Cruz	9.62m	31-6¾	4/19
5		Rylee EHRETT	FR	#3 Christopher New{3}	9.50m	31-2	4/20
5		Kailey JARBOE	SO	#2 Salisbury	9.50m	31-2	5/4
7		Ellie NUCKOLS	FR	#3 Christopher New{4}	9.26m	30-4¾	4/20
8		Faith JONES	SR	#4 Mary Washington	9.16m	30-¾	5/4
9		Kennedy ATKINS	FR	#2 Salisbury {2}	8.85m	29-½	5/4
10		Eleanor EUNGARD	SO	#3 Christopher New{5}	8.80m	28-10½	4/20

Women's Discus

1	22	Katherine STEVENS	JR	#3 Christopher New	43.69m	143-4	4/20
2		Hannah KIM	FR	#5 Pratt Institute	38.22m	125-5	4/13
3		Annabelle DREHER	SO	#3 Christopher New{2}	32.59m	106-11	4/20
4		Kailey JARBOE	SO	#2 Salisbury	31.97m	104-11	4/6
5		Rylee EHRETT	FR	#3 Christopher New{3}	31.61m	103-9	5/4
6		Whitney PORTER	SO	#1 UC Santa Cruz	31.12m	102-1	4/13
7		Eleanor EUNGARD	SO	#3 Christopher New{4}	27.67m	90-9½	5/4
8		Faith JONES	SR	#4 Mary Washington	26.50m	86-11½	4/20
9		Alyssa WOHLFARTH	SO	#2 Salisbury {2}	24.81m	81-4¾	3/2
10		Kailey LEBA	FR	#1 UC Santa Cruz {2}	23.79m	78-¾	4/13

Women's Hammer

1	20	Katherine STEVENS	JR	#3 Christopher New	52.82m	173-4	3/30
2		Rylee EHRETT	FR	#3 Christopher New{2}	39.82m	130-8	5/4
3		Annabelle DREHER	SO	#3 Christopher New{3}	38.60m	126-8	5/4
4		Kailey JARBOE	SO	#2 Salisbury	36.25m	118-11	4/20
5		Faith JONES	SR	#4 Mary Washington	29.42m	96-6¼	5/4
6		Eleanor EUNGARD	SO	#3 Christopher New{4}	27.90m	91-6½	5/4
7		Whitney PORTER	SO	#1 UC Santa Cruz	24.08m	79-0	3/2
8		Kailey LEBA	FR	#1 UC Santa Cruz {2}	21.61m	70-10¾	3/2



USTFCCCA NCAA Division III Outdoor Track & Field
Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



C2C

as of 5/7/2024 6:44:12 AM ET

Women's Javelin							
1	Katherine STEVENS	JR	#3 Christopher New	32.33m	106-1	5/4	
2	Kailey LEBA	FR	#1 UC Santa Cruz	29.24m	95-11¼	5/4	
3	Kailey JARBOE	SO	#2 Salisbury	23.95m	78-7	5/4	
4	Kenzie SEYMOUR	FR	#1 UC Santa Cruz {2}	23.39m	76-9	4/13	
5	Whitney PORTER	SO	#1 UC Santa Cruz {3}	22.60m	74-1¾	4/19	
6	Alyssa WOHLFARTH	SO	#2 Salisbury {2}	21.27m	69-9½	5/4	
7	Karia FORVIL	SO	#2 Salisbury {3}	20.40m	66-11¼	4/20	
8	Ashley ELEY	FR	#3 Christopher New{2}	19.78m	64-10¾	5/4	
9	Ellie NUCKOLS	FR	#3 Christopher New{3}	18.67m	61-3	5/4	
10	Faith JONES	SR	#4 Mary Washington	17.23m	56-6½	5/4	
Women's Heptathlon							
1	50 Ellie NUCKOLS	FR	#3 Christopher New	4,141		4/20	
2	Ashley ELEY	FR	#3 Christopher New{2}	3,511		4/20	



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCC

as of 5/7/2024 6:44:12 AM ET

Women's 100 Meters

1	70	Marlina VOKER	JR	#1 Hartford	12.22	(1.3)	4/20
2		Amaris GOODWIN	JR	#6 Gordon (Mass.)	12.36	(0.0)	5/3
3		Amanda WALDEN	JR	#4 Suffolk	12.55	(0.4)	4/20
4		Elizabeth GASKILL	FR	#6 Gordon (Mass.) {2}	12.69w	(2.7)	3/30
5		Jainaba CONTEH	FR	#4 Suffolk {2}	12.76w	(3.2)	4/13
6		Emily PARCHINSKI	SR	#1 Hartford {2}	12.81	(-2.0)	4/27
7		Jenascia WEIR	SO	#1 Hartford {3}	12.90	(-0.5)	4/20
8		Leslie SAMUEL	FR	#1 Hartford {4}	13.14	(-1.5)	4/27
9		Averi MCCOY	FR	#1 Hartford {5}	13.35	(-0.5)	4/20
10		Julia MACLAINE	FR	#2 Endicott	13.37	(0.3)	4/8

Women's 100 Meter Hurdles

1	61	Cali LEONARD	JR	#1 Hartford	14.85w	(2.5)	4/20
2	100	Caroline CROCKER	FR	#1 Hartford {2}	15.21w	(2.5)	4/20
3		Jordan MURPHY	FR	#1 Hartford {3}	16.06w	(2.5)	4/20
4		Olivia NOVELLO	FR	#2 Endicott	16.07	(-1.7)	4/27
5		Kinneal DICKENS	JR	#2 Endicott {2}	16.09	(1.7)	3/30
6		Catherine MADDEN	JR	#4 Suffolk	16.17	(1.3)	4/13
7		Meghan PURCELL	JR	#5 Roger Williams	16.50	(1.5)	3/30
8		Izabella HAAGENSON	JR	#3 Univ. of New Eng	17.08	(-1.1)	5/3
9		Sophia KING	JR	#3 Univ. of New Eng {2}	17.47	(-1.1)	4/27
10		Deanna DUKAS	SO	#2 Endicott {3}	17.51	(-1.1)	4/27

Women's 200 Meters

1	28	Marlina VOKER	JR	#1 Hartford	24.72	(0.4)	4/20
2		Amaris GOODWIN	JR	#6 Gordon (Mass.)	25.51	(0.0)	5/3
3		Amanda WALDEN	JR	#4 Suffolk	26.04	(-0.4)	4/13
4		Emily PARCHINSKI	SR	#1 Hartford {2}	26.27	(0.4)	4/20
5		Julia MACLAINE	FR	#2 Endicott	26.63	(0.0)	3/30
6		Leslie SAMUEL	FR	#1 Hartford {3}	26.74	(0.0)	4/20
7		Jenascia WEIR	SO	#1 Hartford {4}	26.94	(0.6)	4/20
8		Emily CONCEPCION	JR	#4 Suffolk {2}	27.04	(-1.6)	4/8
9		Jainaba CONTEH	FR	#4 Suffolk {3}	27.18	(-1.4)	4/27
10		Elizabeth GASKILL	FR	#6 Gordon (Mass.) {2}	27.22	(-1.4)	4/27

Women's 400 Meters

1		Emily CONCEPCION	JR	#4 Suffolk	58.15		5/3
2		Julia MACLAINE	FR	#2 Endicott	---		4/20
3		Amaris GOODWIN	JR	#6 Gordon (Mass.)	1:00.11		4/6
4		Alyssa RODRIGUEZ	JR	#4 Suffolk {2}	1:00.70		4/27
5		Colleen MCLAUGHLIN	SR	#2 Endicott {2}	1:00.94		4/27
6		Emily PARCHINSKI	SR	#1 Hartford	1:01.29		4/13
7		Emily BENGTSO	FR	#6 Gordon (Mass.) {2}	1:01.51		4/27
8		Gabby PENICHE	FR	#2 Endicott {3}	1:01.87		4/27
9		Marlina VOKER	JR	#1 Hartford {2}	1:02.34		4/13
10		Kaylee WHITNEY	FR	#2 Endicott {4}	1:02.51		4/27

Women's 400 Meter Hurdles

1	45	Molly MCGRAIL	SR	#1 Hartford	1:04.40		4/20
2		Meghan PURCELL	JR	#5 Roger Williams	1:07.63		5/3
3		Chloe CREAR	FR	#2 Endicott	1:09.49		4/27
4		Izabella HAAGENSON	JR	#3 Univ. of New Eng	1:11.25		4/27
5		Mariah NICHOLS	SO	#1 Hartford {2}	1:11.84		4/20
6		Tabitha KLAUS	JR	#5 Roger Williams {2}	1:13.08		4/27
7		Nicole WOO	SO	#2 Endicott {2}	1:13.56		4/27
8		Sophia KING	JR	#3 Univ. of New Eng {2}	1:14.37		4/27
9		Emily HILTON	FR	#6 Gordon (Mass.)	1:14.85		4/27
10		Sydni LEHR	SR	#3 Univ. of New Eng {3}	1:15.65		4/20

Women's 800 Meters

1		Molly MCGRAIL	SR	#1 Hartford	2:17.54		4/27
2		Hannah RISK	JR	#2 Endicott	2:18.40		4/27
3		Hailey MARCELLO	SR	#1 Hartford {2}	2:19.24		4/20
4		Sydney FOGG	JR	#4 Suffolk	2:21.87		4/27
5		Hannah SHEPARD	SO	#2 Endicott {2}	2:22.77		4/13
6		Abigail O'CONNOR	SR	#1 Hartford {3}	2:23.89		4/20
7		Tabitha DIDONATO	JR	#5 Roger Williams	2:25.68		4/27
8		Brie AM ENDE	JR	#2 Endicott {3}	2:26.34		4/20
9		Alexa SUCHY	FR	#2 Endicott {4}	2:31.06		4/27
10		Shannon GROOM	SO	#4 Suffolk {2}	2:32.42		4/27

Women's 1500 Meters

1	60	Rachel BRENNAN	SR	#6 Gordon (Mass.)	4:37.77		5/3
2		Hannah RISK	JR	#2 Endicott	4:45.78		4/27
3		Sydney FOGG	JR	#4 Suffolk	4:45.87		5/3
4		Hailey MARCELLO	SR	#1 Hartford	4:48.09		4/27
5		Caitlin BOUFFORD	SR	#5 Roger Williams	4:59.34		4/27
6		Alexa SUCHY	FR	#2 Endicott {2}	5:00.50		4/20
7		Brie AM ENDE	JR	#2 Endicott {3}	5:03.46		4/27
8		Katie FLAHERTY	SO	#5 Roger Williams {2}	5:05.32		4/27
9		Elizabeth WHITE	SO	#1 Hartford {2}	5:07.86		4/13
10		Brittany MARTIN	SR	#5 Roger Williams {3}	5:09.22		4/20

Women's Steeplechase

1	86	Hailey MARCELLO	SR	#1 Hartford	11:28.90		4/27
2	92	Caitlin BOUFFORD	SR	#5 Roger Williams	11:31.98		5/3
3		Abigail O'CONNOR	SR	#1 Hartford {2}	11:46.20		4/27
4		Alexa SUCHY	FR	#2 Endicott	11:46.46		5/3
5		Katie FLAHERTY	SO	#5 Roger Williams {2}	11:55.99		4/27
6		Hannah SHEPARD	SO	#2 Endicott {2}	12:06.91		4/27
7		Lucy STEVENS	FR	#3 Univ. of New Eng	12:10.92		4/27
8		Kaylee BETTEZ	FR	#6 Gordon (Mass.)	12:41.58		4/27
9		Natalie FORNO	FR	#5 Roger Williams {3}	12:48.87		4/27
10		Cate HERNDON	JR	#2 Endicott {3}	14:00.03		4/27



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCC

as of 5/7/2024 6:44:12 AM ET

Women's 5000 Meters

1	38	Rachel BRENNAN	SR	#6 Gordon (Mass.)	17:03.77	4/14
2	93	Hannah RISKO	JR	#2 Endicott	17:38.33	5/3
3		Nina PARZIALE	JR	#3 Univ. of New Eng	17:56.58	4/27
4		Carolyn DAY	JR	#6 Gordon (Mass.) {2}	18:15.65	4/27
5		Brittany MARTIN	SR	#5 Roger Williams	18:32.64	4/27
6		Kelsee GLADU	SR	#3 Univ. of New Eng{2}	18:33.89	4/27
7		Sarah ROBERTS	JR	#4 Suffolk	18:43.39	4/27
8		Caitlin BOUFFORD	SR	#5 Roger Williams {2}	18:56.34c(19:06.31u)	4/6
9		Katie FLAHERTY	SO	#5 Roger Williams {3}	19:12.47c(19:22.58u)	4/6
10		Sofia MOUKADDEM	FR	#2 Endicott {2}	19:16.04	4/27

Women's 10,000 Meters

1	12	Rachel BRENNAN	SR	#6 Gordon (Mass.)	35:16.00	3/29
2	60	Nina PARZIALE	JR	#3 Univ. of New Eng	36:50.59	5/3
3		Carolyn DAY	JR	#6 Gordon (Mass.) {2}	38:12.05	5/3
4		Kelsee GLADU	SR	#3 Univ. of New Eng{2}	38:16.21	5/3
5		Brittany MARTIN	SR	#5 Roger Williams	38:23.20	5/3
6		Sarah ROBERTS	JR	#4 Suffolk	39:49.31	4/13

Women's 4x100 Relay

1	20	Jenascia Weir, Leslie Samuel, Emily Parchinski, Marlina Voker		#1 Hartford	47.66	4/27
2	82	Jainaba Conteh, Hilma Ortega, Emily Concepcion, Amanda Walden		#4 Suffolk	49.01	4/27
3		Elizabeth Gaskill, Amaris Goodwin, Allison Subat, Emily Bengtson		#6 Gordon (Mass.)	50.02	4/27
4		Olivia Novello, Kaylee Whitney, Kinneal Dickens, Julia MacLaine		#2 Endicott	51.09	5/3
5		Lara Kester, Ellie Clayton, Amanda Walsh, Victoria Bettencourt		#5 Roger Williams	53.27	4/27
6		Emily Buchter, Sophia King, Sydni Lehr, Jaylee Ireland		#3 Univ. of New Eng	53.44	4/27
7		Rajchel Smardon, Mary Seabury, Emma Noel, Jenna Condon		#8 Nichols	55.00	4/27
8		Olivia Holley, Bree Reid, Lily Carlson, Erin MacLean		#7 Wentworth (Mas	57.87	4/13

Women's 4x400 Relay

1	78	Amanda Walden, Kaylie Groom, Alyssa Rodriguez, Emily Concepcion		#4 Suffolk	4:02.83	4/27
2	86	Molly McGrail, Hailey Marcello, Emily Parchinski, Marlina Voker		#1 Hartford	4:03.48	4/27
3		Emily Bengtson, Allison Subat, Catroina Galvin, Amaris Goodwin		#6 Gordon (Mass.)	4:08.60	5/3
4		Colleen McLaughlin, Kaylee Whitney, Gabby Peniche, Julia MacLaine		#2 Endicott	4:09.35	5/3
5		Kimberly Lajoie, Meghan Purcell, Karsyn Medeiros, Olivia O'Neill		#5 Roger Williams	4:20.41	4/27
6		Emily Buchter, Jaylee Ireland, Sydni Lehr, Izabella Haagenonson		#3 Univ. of New Eng	4:29.41	4/27
7		Lily Carlson, Summer Daniels, Makayla Gasper, Erin MacLean		#7 Wentworth (Mas	4:44.41	5/3

Women's High Jump

1	21	Sydney GARRISON	SR	#1 Hartford	1.67m	5-5¾	4/20
1	21	Jordan MURPHY	FR	#1 Hartford	1.67m	5-5¾	4/20
3	35	Avery BAKER-SCHLENDERING	FR	#1 Hartford	{3} 1.64m	5-4½	4/13
4		Catherine BROWN	JR	#4 Suffolk	1.53m	5-¼	4/13
5		Anna EVANS	JR	#3 Univ. of New Eng	1.47m	4-9¾	4/13
5		Ellyna HANSEN	FR	#2 Endicott	1.47m	4-9¾	4/13
5		Brie AM ENDE	JR	#2 Endicott	1.47m	4-9¾	4/27
8		Olivia NOVELLO	FR	#2 Endicott	{3} 1.45m	4-9	4/8
9		Evelyn LANSING	FR	#4 Suffolk	{2} 1.43m	4-8¼	4/13
10		Katie RITZER	SO	#2 Endicott	{4} 1.42m	4-7¾	4/27

Women's Pole Vault

1	77	Devyn BATTISTONI	FR	#4 Suffolk	3.43m	11-3	4/27
2		Kara SICKLE	SO	#4 Suffolk	{2} 3.25m	10-8	3/30
3		Molly HENNEGAN	SO	#4 Suffolk	{3} 3.10m	10-2	4/20
3		Sasha HELFGOTT-WATERS	FR	#4 Suffolk	{3} 3.10m	10-2	3/30
5		Kayla PELLETIER	JR	#1 Hartford	2.95m	9-8	4/27
6		Logan BAXTER	SO	#2 Endicott	2.80m	9-2¼	4/27
7		Lauren ABRAMS	SR	#1 Hartford	{2} 2.50m	8-2½	4/6
8		Allison SUBAT	SR	#6 Gordon (Mass.)	2.35m	7-8½	4/27
9		Katrina WEBBER	FR	#6 Gordon (Mass.)	{2} 1.90m	6-2¾	4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCC

as of 5/7/2024 6:44:12 AM ET

Women's Long Jump

1	92	Leslie SAMUEL	FR	#1	Hartford	5.44m	17-10¼ (-0.5)	4/27
2		Victoria BETTENCOURT	SO	#5	Roger Williams	5.05m	16-7 (-0.1)	4/27
2		Kinneal DICKENS	JR	#2	Endicott	5.05m	16-7 (0.0)	4/27
4		Kaylee CARVER	JR	#2	Endicott	{2} 5.02mw	16-5¾ (3.3)	3/30
5		Izabella HAAGENSON	JR	#3	Univ. of New Eng	4.96m	16-3¼ (0.0)	5/3
6		Elizabeth GASKILL	FR	#6	Gordon (Mass.)	4.92m	16-1¾ (-1.5)	4/27
6		Eden MORRIS	SO	#3	Univ. of New Eng	{2} 4.92m	16-1¾ (-0.8)	4/27
8		Sydni LEHR	SR	#3	Univ. of New Eng	{3} 4.87m	15-11¾ (-1.1)	4/27
9		Jordan MURPHY	FR	#1	Hartford	{2} 4.83m	15-10¼ (-0.4)	4/27
10		Ashley BECK	FR	#5	Roger Williams	{2} 4.75mw	15-7 (3.7)	4/6

Women's Triple Jump

1		Kinneal DICKENS	JR	#2	Endicott	10.44m	34-3 (0.0)	4/27
2		Eden MORRIS	SO	#3	Univ. of New Eng	10.36m	34-0 (1.8)	3/30
3		Logan BAXTER	SO	#2	Endicott	{2} 10.14m	33-3¼ (-0.9)	4/27
4		Sydni LEHR	SR	#3	Univ. of New Eng	{2} 9.96m	32-8¼ (1.9)	3/30
5		Victoria BETTENCOURT	SO	#5	Roger Williams	9.91m	32-6¼ (0.0)	4/27
6		Izabella HAAGENSON	JR	#3	Univ. of New Eng	{3} 9.81m	32-2¼ (1.7)	3/30
6		Mariah NICHOLS	SO	#1	Hartford	9.81mw	32-2¼ (2.5)	4/13
8		Tatiana SICARD	FR	#7	Wentworth (Mas	9.80m	32-2 (0.1)	4/20
9		Sasha HELFGOTT-WATERS	FR	#4	Suffolk	9.61m	31-6½ (1.3)	4/8
10		Peyton SULLIVAN	SO	#5	Roger Williams	{2} 9.54m	31-3¾ (0.0)	4/27

Women's Shot Put

1	49	Tiana FOX	SO	#6	Gordon (Mass.)	12.94m	42-5½	5/3
2		Madison DIPASQUALE	SO	#1	Hartford	11.51m	37-9¼	4/20
3		Cheyenne CAHILL	SO	#3	Univ. of New Eng	11.22m	36-9¾	4/27
4		Robyn KRAFFT	SR	#1	Hartford	{2} 11.20m	36-9	4/27
5		Yovanna CRUZ	SO	#1	Hartford	{3} 10.84m	35-6¾	4/13
6		Destinee MAJETT	SO	#1	Hartford	{4} 10.61m	34-9¾	4/20
7		Emma MINI	SO	#3	Univ. of New Eng	{2} 10.32m	33-10¼	4/27
8		Tatiana SICARD	FR	#7	Wentworth (Mas	10.20m	33-5¾	4/20
9		Olivia CHASE	SO	#3	Univ. of New Eng	{3} 10.18m	33-4¾	4/27
10		Taylor MOYNIHAN	SR	#2	Endicott	10.04m	32-11¼	4/27

Women's Discus

1	26	Robyn KRAFFT	SR	#1	Hartford	43.48m	142-8	4/20
2		Madison DIPASQUALE	SO	#1	Hartford	{2} 39.03m	128-1	4/27
3		Sarah LAVITA	SO	#3	Univ. of New Eng	36.69m	120-5	4/20
4		Sienna MATREGRANO	JR	#3	Univ. of New Eng	{2} 35.85m	117-8	4/27
5		Kassidy PLUMMER	JR	#3	Univ. of New Eng	{3} 34.52m	113-3	4/27
6		Taylor MOYNIHAN	SR	#2	Endicott	34.06m	111-9	4/27
7		Catroina GALVIN	FR	#6	Gordon (Mass.)	33.96m	111-5	4/27
8		Sharaden CALDWELL	FR	#4	Suffolk	33.35m	109-5	4/13
9		Alivia GERAGHTY	FR	#6	Gordon (Mass.)	{2} 32.40m	106-4	4/27
10		Laci SANTOS	SO	#7	Wentworth (Mas	31.98m	104-11	4/20

Women's Hammer

1		Alivia GERAGHTY	FR	#6	Gordon (Mass.)	46.48m	152-6	4/27
2		Caroline HADLEY	SR	#1	Hartford	42.58m	139-9	4/13
3		Tommie BARKER	SO	#1	Hartford	{2} 40.63m	133-4	4/20
4		Olivia CHASE	SO	#3	Univ. of New Eng	40.41m	132-7	4/20
5		Madison DIPASQUALE	SO	#1	Hartford	{3} 40.28m	132-2	4/13
6		Sienna MATREGRANO	JR	#3	Univ. of New Eng	{2} 36.45m	119-7	4/20
7		Hannah LIMANEK	JR	#5	Roger Williams	35.69m	117-1	4/27
8		Gracie O'CONNELL	JR	#4	Suffolk	35.54m	116-7	4/20
9		Sharaden CALDWELL	FR	#4	Suffolk	{2} 35.13m	115-3	4/8
10		Megan BURNS	SO	#3	Univ. of New Eng	{3} 34.08m	111-10	4/13

Women's Javelin

1	1	Kayla PELLETIER	JR	#1	Hartford	45.70m	149-11	4/20
2	96	Sarah LAVITA	SO	#3	Univ. of New Eng	36.85m	120-11	5/3
3		Morgan IPPOLITO	FR	#5	Roger Williams	31.85m	104-6	4/20
4		Sienna MATREGRANO	JR	#3	Univ. of New Eng	{2} 30.90m	101-5	4/20
5		Ashley QUINTAL	FR	#7	Wentworth (Mas	30.08m	98-8¼	3/30
6		Samantha BRODY	SR	#5	Roger Williams	{2} 30.01m	98-5½	3/30
7		Gracie O'CONNELL	JR	#4	Suffolk	29.37m	96-4¼	3/30
8		Emily BENGTON	FR	#6	Gordon (Mass.)	28.79m	94-5½	4/20
9		Kaylee BETTEZ	FR	#6	Gordon (Mass.)	{2} 27.63m	90-7¾	4/20
10		Mariah NICHOLS	SO	#1	Hartford	{2} 27.48m	90-2	4/13

Women's Heptathlon

1		Izabella HAAGENSON	JR	#3	Univ. of New Eng	3,327		5/3
2		Ashley BECK	FR	#5	Roger Williams	3,008		4/13
3		Tabitha KLAUS	JR	#5	Roger Williams	{2} 2,862		4/13
4		Peyton SULLIVAN	SO	#5	Roger Williams	{3} 2,219		4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCIW

as of 5/7/2024 6:44:12 AM ET

Women's 100 Meters

1	8	Marcedes JACKSON	SR	#1 North Central (Il	11.80	(1.5)	4/13
2	18	McKenzie RESER	JR	#4 Augustana (Ill.)	11.93	(1.4)	5/4
3	57	Lauren MARSHALL	SR	#3 Elmhurst	12.17w	(2.3)	5/4
4	66	Lindsey NOVAK	SR	#1 North Central (Il){2}	12.21	(1.9)	4/6
5	70	Tiana GRADY	FR	#3 Elmhurst {2}	12.22	(1.9)	4/11
6	86	Riana HAYES	SO	#9 North Park	12.28	(-0.2)	4/25
7	96	Kyla MILLER	JR	#1 North Central (Il){3}	12.31w	(2.2)	4/13
8		Aniya SEELEY-WILLIAMS	FR	#3 Elmhurst {3}	12.37w	(2.3)	5/4
9		Allie DOCKINS	JR	#1 North Central (Il){4}	12.38	(1.4)	5/4
9		Heidi KREKELBERG	FR	#5 Wheaton (Ill.)	12.38	(1.0)	4/25

Women's 100 Meter Hurdles

1	18	Nakala NADEAU	JR	#3 Elmhurst	14.27	(0.1)	4/25
2	24	Thea RING	SO	#9 North Park	14.44	(1.6)	5/4
3	25	Denise PARTEE	SR	#1 North Central (Il	14.45w	(2.6)	3/29
4	49	Tiana GRADY	FR	#3 Elmhurst {2}	14.78w	(2.6)	3/29
5		Faith LADIN	SR	#1 North Central (Il){2}	15.25	(1.5)	4/13
6		Meja LINDBERG	FR	#9 North Park {2}	15.44	(1.9)	3/29
6		Tara SCHAALMA	FR	#2 Carthage	15.44	(1.6)	5/4
8		Caylah BOYD	FR	#3 Elmhurst {3}	15.50	(0.1)	4/25
9		Madison MORROW	SR	#4 Augustana (Ill.)	15.76w	(2.8)	4/20
10		Anna ANDRETICH	FR	#3 Elmhurst {4}	15.80	(1.4)	5/4

Women's 200 Meters

1	9	McKenzie RESER	JR	#4 Augustana (Ill.)	24.34	(1.0)	5/4
2	14	Lindsey NOVAK	SR	#1 North Central (Il	24.48	(1.0)	5/4
3	41	Thea RING	SO	#9 North Park	24.86c	(25.24) (0.0)	4/20
4	72	Marcedes JACKSON	SR	#1 North Central (Il){2}	25.06	(1.0)	5/4
5		Kyla MILLER	JR	#1 North Central (Il){3}	25.31	(2.0)	4/13
6		Carmela WOODS	FR	#3 Elmhurst	25.55	(1.6)	5/4
7		Riana HAYES	SO	#9 North Park {2}	25.56	(1.6)	3/29
8		Cali MINKIE	SO	#1 North Central (Il){4}	25.76	(1.9)	5/4
9		Naomi JONES	SO	#3 Elmhurst {2}	25.79	(1.9)	5/4
10		Jordynn GRIFFIN	SO	#6 Illinois Wesleyan	25.81	(1.6)	5/4

Women's 400 Meters

1	37	Lindsey NOVAK	SR	#1 North Central (Il	56.84		5/4
2	77	Thea RING	SO	#9 North Park	57.74		4/25
3	83	Carmela WOODS	FR	#3 Elmhurst	57.85		5/4
4	98	Cali MINKIE	SO	#1 North Central (Il){2}	58.02		5/4
5		Naomi JONES	SO	#3 Elmhurst {2}	58.08		5/4
6		Kyla MILLER	JR	#1 North Central (Il){3}	58.47		5/4
7		Lovenya PERRY	SO	#1 North Central (Il){4}	58.67		5/4
8		Crystelle VANWINGERDEN	SR	#5 Wheaton (Ill.)	58.73		5/4
9		Jordynn GRIFFIN	SO	#6 Illinois Wesleyan	59.35		3/30
10		Julie HEINRICHS	JR	#2 Carthage	59.56c	(1:00.35)	4/25

Women's 400 Meter Hurdles

1	98	Hannah JONES	SR	#1 North Central (Il	1:06.25		5/4
2		Lauren OELKE	JR	#4 Augustana (Ill.)	1:06.83		5/4
3		Tara SCHAALMA	FR	#2 Carthage	1:06.84		5/4
4		Julie HEINRICHS	JR	#2 Carthage {2}	1:07.23		5/4
5		Madison MORROW	SR	#4 Augustana (Ill.) {2}	1:08.23		4/13
6		Natalie CONRAD	JR	#5 Wheaton (Ill.)	1:08.77		5/4
7		Holly BROWN	SR	#5 Wheaton (Ill.) {2}	1:08.84		5/4
8		Gianna KONIECZNY	JR	#3 Elmhurst	1:11.75		5/4
9		Alayna SCHULTZ	FR	#7 Millikin	1:12.25		4/6
10		Maddie MARAGNI	SO	#7 Millikin {2}	1:12.28		5/4

Women's 800 Meters

1	92	Alyssa RUIZ	SR	#7 Millikin	2:16.81		4/13
2		Lina MAATOUK	JR	#4 Augustana (Ill.)	2:17.36		5/4
3		Cire' SMITH	FR	#1 North Central (Il	2:19.21		5/4
4		Peyton STINGER	FR	#6 Illinois Wesleyan	2:19.86		5/4
5		Nayeli VILLEGAS	FR	#3 Elmhurst	2:20.25		5/4
6		Katie RISNER	SR	#7 Millikin {2}	2:20.26		5/4
7		Rebekah BUBOLTZ	SO	#8 Carroll (Wis.)	2:20.37c	(2:21.98)	4/25
8		Krista KOKE	SO	#7 Millikin {3}	2:20.44		5/4
9		Emma MCGRATH	JR	#6 Illinois Wesleyan{2}	2:22.60		5/4
10		Abby RICKARD	FR	#5 Wheaton (Ill.)	2:23.08		5/4

Women's 1500 Meters

1	64	Alyssa RUIZ	SR	#7 Millikin	4:38.46		4/6
2		Emma ODLE	SR	#4 Augustana (Ill.)	4:46.18		3/30
3		Destiny ROGERS	SR	#5 Wheaton (Ill.)	4:49.06		4/13
4		Ashley KACHURIK	SR	#3 Elmhurst	4:49.17		4/25
5		Louisa BRORSON	SO	#5 Wheaton (Ill.) {2}	4:50.80		4/13
6		Julia BENES	SR	#1 North Central (Il	4:53.91		4/13
7		Anna BOARDMAN	SR	#4 Augustana (Ill.) {2}	4:54.24		4/20
8		Emma MCGRATH	JR	#6 Illinois Wesleyan	4:54.56		4/20
9		Lina MAATOUK	JR	#4 Augustana (Ill.) {3}	4:55.41		5/4
10		Rebekah BUBOLTZ	SO	#8 Carroll (Wis.)	4:55.70		4/6

Women's Steeplechase

1	16	Emma ODLE	SR	#4 Augustana (Ill.)	10:49.57		3/29
2	72	Ashley KACHURIK	SR	#3 Elmhurst	11:23.63		5/4
3	77	Natalie CONRAD	JR	#5 Wheaton (Ill.)	11:25.28		5/4
4	80	Bethany SMEED	SO	#1 North Central (Il	11:26.78		5/4
5		Quincy COLLINGS	SR	#7 Millikin	11:37.46		5/4
6		Esther BROWN	JR	#3 Elmhurst {2}	11:54.40		5/4
7		Elizabeth LABRIN	SO	#5 Wheaton (Ill.) {2}	12:01.99		5/4
8		Brooke NAZOS	SO	#6 Illinois Wesleyan	12:02.02		5/4
9		Jessica SOLAR	FR	#3 Elmhurst {3}	12:05.58		5/4
10		Lauren MACK	SR	#3 Elmhurst {4}	12:08.40		5/4



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCIW

as of 5/7/2024 6:44:13 AM ET

Women's 5000 Meters

1	53	Emma ODLE	SR	#4 Augustana (Ill.)	17:16.61	4/13
2		Anna BOARDMAN	SR	#4 Augustana (Ill.) {2}	17:39.68	4/13
3		Kylie SMITH	JR	#2 Carthage	17:55.35	4/20
4		Julia BENES	SR	#1 North Central (Il	17:59.74	4/20
5		Annalese CHUDY	JR	#6 Illinois Wesleyan	18:11.37	4/6
6		Amanda WILSON	SR	#6 Illinois Wesleyan{2}	18:18.10	4/6
7		Destiny ROGERS	SR	#5 Wheaton (Ill.)	18:19.13	3/29
8		Sophia HUBER	FR	#5 Wheaton (Ill.) {2}	18:19.23	4/20
9		Louisa BRORSON	SO	#5 Wheaton (Ill.) {3}	18:29.28	3/29
10		Caroline STETINA	JR	#5 Wheaton (Ill.) {4}	18:34.93	4/18

Women's 10,000 Meters

1	48	Louisa BRORSON	SO	#5 Wheaton (Ill.)	36:36.15	4/20
2	49	Annalese CHUDY	JR	#6 Illinois Wesleyan	36:36.18	3/29
3	54	Destiny ROGERS	SR	#5 Wheaton (Ill.) {2}	36:41.22	4/20
4	57	Anna BOARDMAN	SR	#4 Augustana (Ill.)	36:46.28	3/29
5	70	Amanda WILSON	SR	#6 Illinois Wesleyan{2}	37:09.89	4/20
6	94	Caroline STETINA	JR	#5 Wheaton (Ill.) {3}	37:53.98	5/4
7		Sophia HUBER	FR	#5 Wheaton (Ill.) {4}	38:07.23	5/4
8		Kylie SMITH	JR	#2 Carthage	38:23.99	5/4
9		Nicole BRANDY	SR	#1 North Central (Il	38:59.64	5/4
10		Lily ANDERSON	FR	#1 North Central (Il{2}	39:01.79	3/29

Women's 4x100 Relay

1	7	Marcedes Jackson, Kyla Miller, Allie Dockins, Lindsey Novak	#1 North Central (Il	46.87	5/4
1	7	Lauren Marshall, Tiana Grady, Hannah Schwarz, Aniya Seeley-Williams	#3 Elmhurst	46.87	5/4
3	18	Nabila Saam, McKenzie Reser, Cora Deemer, Shakira Wade	#4 Augustana (Ill.)	47.62	3/30
4	46	Riana Hayes, Meja Lindberg, Thea Ring, Julia Klein	#9 North Park	48.12	4/13
5	51	Imani Ogunribido, Katarina Petrovic, Olivia Skibinski, Avery Smith	#6 Illinois Wesleyan	48.34	5/4
6	83	Jazzmine Jones, Mandy Nelson, Anna Kegel, Sarah Kerfin	#2 Carthage	49.06	5/4
7		Zena Roberts, Katie Janvrin, Itzel Garcia, Alexis Wike	#7 Millikin	49.75	5/4
8		Holly Brown, Crystelle VanWingerden, Grace Crowder, Heidi Krekelberg	#5 Wheaton (Ill.)	50.06	4/20
9		Victoria Watson, Katelyn Duber, Taylor Olund, Lexi Elegbede-Peer	#8 Carroll (Wis.)	50.74	4/25



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCIW

as of 5/7/2024 6:44:13 AM ET

Women's 4x400 Relay

1	38	Cali Minkie, Lovenya Perry, Cire' Smith, Lindsey Novak	#1 North Central (Il)	3:57.51	5/4
2	42	Naomi Jones, Carmela Woods, Sadie Hartmann, Nayeli Villegas	#3 Elmhurst	3:58.06	4/13
3	54	Cora Deemer, Jordyn VanSanten, McKenzie Reser, Lina Maatouk	#4 Augustana (Ill.)	3:59.78	5/4
4	87	Isabella Gonzalez, Jules Grunloh, Peyton Pollman, Jordynn Griffin	#6 Illinois Wesleyan	4:03.55	5/4
5		Mandy Nelson, Julie Heinrichs, Noelle Marsh, Tara Schaalma	#2 Carthage	4:09.72	5/4
6		Sadie Richert, Olivia Kiddy, Abby Lawson, Crystelle VanWingerden	#5 Wheaton (Ill.)	4:10.15	4/13
7		Itzel Garcia, Alyssa Ruiz, Katie Risner, Alexis Wike	#7 Millikin	4:11.00	4/6
8		Taylor Olund, Anika Tollerud, Lexi Elegbede-Peer, Rebekah Bulboltz	#8 Carroll (Wis.)	4:14.55	5/4
9		Thea Ring, Riana Hayes, Johanna Soedergaard, Alexa Pawlowski	#9 North Park	4:19.13	4/13

Women's High Jump

1	48	Grace CROWDER	FR #5 Wheaton (Ill.)	1.62m	5-3¾	5/4
2	70	Hannah SAGO	SO #7 Millikin	1.60m	5-3	4/24
3	92	Evie WILSON	JR #6 Illinois Wesleyan	1.59m	5-2½	5/4
4		Teagan JOHNSTON	JR #2 Carthage	1.58m	5-2¼	4/13
4		Jocelyn TROTTER	FR #1 North Central (Il)	1.58m	5-2¼	4/25
4		Pola KUBRAK	JR #1 North Central (Il)	1.58m	5-2¼	3/29
7		Alexis WIKE	FR #7 Millikin {2}	1.57m	5-1¾	4/20
8		Vashayla BRADLEY	SO #3 Elmhurst	1.56m	5-1¼	4/13
8		Thea RING	SO #9 North Park	1.56m	5-1¼	5/4
10		Audrey REMOLE	FR #7 Millikin {3}	1.54m	5-½	5/4
10		Rhiannon MARSHALL	SO #4 Augustana (Ill.)	1.54m	5-½	5/4
10		Charlotte MONROE	FR #2 Carthage {2}	1.54m	5-½	5/4

Women's Pole Vault

1	40	Natalie JOHNSON	JR #1 North Central (Il)	3.58m	11-9	5/4
1	40	Gwen BERENYI	SO #1 North Central (Il)	3.58m	11-9	5/4
3	60	Kate WEBER	SO #3 Elmhurst	3.48m	11-5	5/4
4		Haylee YELLE	SO #7 Millikin	3.33m	10-11	5/4
4		Hailey NEWILL	SO #7 Millikin	3.33m	10-11	5/4
6		Julia KLEIN	SO #9 North Park	3.30m	10-9¾	4/13
7		Grace TINDER	JR #8 Carroll (Wis.)	3.26m	10-8¼	4/25
8		Ariana RIVERA	JR #1 North Central (Il){3}	3.20m	10-6	4/25
9		Madeline SIMPSON	SO #8 Carroll (Wis.) {2}	3.11m	10-2½	4/25
10		Alexis MAZZENGA	JR #1 North Central (Il){4}	3.05m	10-0	3/29
10		Ashtin ROY	FR #5 Wheaton (Ill.)	3.05m	10-0	3/29

Women's Long Jump

1	47	Vanessa CARR	SO #3 Elmhurst	5.58m	18-3¾ (1.1)	5/3
2	49	Itzel GARCIA	JR #7 Millikin	5.57m	18-3¾ (0.0)	4/24
3	52	Lauren MARSHALL	SR #3 Elmhurst {2}	5.56mw	18-3 (2.1)	5/4
4	92	Katelyn MCCANN	SO #1 North Central (Il)	5.44m	17-10¼ (0.8)	4/6
5		Christina HALL	SO #2 Carthage	5.40m	17-8¾ (1.4)	5/4
6		Thea RING	SO #9 North Park	5.35mw	17-6¾ (2.8)	4/20
7		Abigail CALHOUN	JR #2 Carthage {2}	5.32m	17-5½ (1.9)	5/4
8		Paulina TINAJERO	FR #3 Elmhurst {3}	5.29m	17-4¼ (1.0)	4/13
9		Faith LADIN	SR #1 North Central (Il){2}	5.28m	17-4 (1.8)	5/4
10		Katie JANVRIN	SO #7 Millikin {2}	5.27mw	17-3½ (2.2)	4/13

Women's Triple Jump

1	6	Imani OGUNRIBIDO	FR #6 Illinois Wesleyan	12.30m	40-4¼ (1.0)	5/3
2	20	Abigail CALHOUN	JR #2 Carthage	11.92m	39-1¼ (0.0)	4/6
3	71	Lauren WONG	SR #6 Illinois Wesleyan{2}	11.28m	37-¼ (0.0)	5/4
4	90	Vanessa CARR	SO #3 Elmhurst	11.18m	36-8¼ (0.1)	4/6
5		Katie JANVRIN	SO #7 Millikin	11.07m	36-4 (1.7)	4/13
6		Tara SCHAAALMA	FR #2 Carthage {2}	11.05m	36-3 (0.9)	3/29
7		Anna ANDRETICH	FR #3 Elmhurst {2}	11.03m	36-2¼ (-1.1)	4/6
8		Alice SOTELO	FR #1 North Central (Il)	10.92mw	35-10 (3.0)	5/4
9		Paulina TINAJERO	FR #3 Elmhurst {3}	10.91m	35-9½ (1.4)	4/6
10		Francesca SMITH	JR #6 Illinois Wesleyan{3}	10.76m	35-3¾ (1.0)	5/4

Women's Shot Put

1	1	Aubrey SCHOENEMAN	JR #2 Carthage	15.17m	49-9¼	5/4
2	3	Vanessa UITENBROEK	JR #8 Carroll (Wis.)	14.83m	48-8	5/4
3	13	Maria FALK	JR #8 Carroll (Wis.) {2}	13.89m	45-7	4/25
4	14	Alyssa GULSVIG	JR #2 Carthage {2}	13.78m	45-2½	5/4
5	28	Mikayla WRIGHT	JR #2 Carthage {3}	13.44m	44-1¼	4/25
6	34	Alexis MATTOX	SR #2 Carthage {4}	13.19m	43-3¾	5/4
7	58	Madison PAYNE	SO #2 Carthage {5}	12.83m	42-1¼	4/25
8	83	Jackie TUZIL	SO #2 Carthage {6}	12.48m	40-11½	3/29
9		Heather MICHALSKI	JR #4 Augustana (Ill.)	12.31m	40-4¾	5/4
10		Kaitlyn BRUCCI	JR #8 Carroll (Wis.) {3}	12.29m	40-4	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCIW

as of 5/7/2024 6:44:13 AM ET

Women's Discus

1	1	Vanessa UITENBROEK	JR	#8 Carroll (Wis.)	50.88m	166-11	5/4
2	3	Charlotte FRERE	SO	#4 Augustana (Ill.)	50.02m	164-1	4/6
3	9	Cate GUDAITIS	JR	#8 Carroll (Wis.)	{2} 46.12m	151-4	3/28
4	12	Alyssa GULSVIG	JR	#2 Carthage	45.42m	149-0	4/25
5	19	Nicole TARPLEY	JR	#2 Carthage	{2} 44.26m	145-3	4/6
6	30	Aubrey SCHOENEMAN	JR	#2 Carthage	{3} 43.26m	141-11	4/27
7	37	Jackie TUZIL	SO	#2 Carthage	{4} 42.94m	140-11	5/4
8	87	Heather MICHALSKI	JR	#4 Augustana (Ill.)	{2} 40.26m	132-1	5/4
9	92	Amanda MELTON	SO	#1 North Central (Il	40.06m	131-5	5/4
10	93	Sarah SORRELL	SR	#4 Augustana (Ill.)	{3} 40.00m	131-3	5/4

Women's Hammer

1	7	Alexis MATTOX	SR	#2 Carthage	56.28m	184-8	4/27
2	8	Alexandra DRAVES	SR	#1 North Central (Il	54.89m	180-1	4/20
3	10	Vanessa UITENBROEK	JR	#8 Carroll (Wis.)	54.47m	178-9	5/4
4	19	Carlyssa KING	JR	#6 Illinois Wesleyan	53.05m	174-1	5/4
5	39	Nicole TARPLEY	JR	#2 Carthage	{2} 50.23m	164-10	4/25
6	44	Aubrey SCHOENEMAN	JR	#2 Carthage	{3} 49.92m	163-10	5/4
7	47	Maria FALK	JR	#8 Carroll (Wis.)	{2} 49.22m	161-6	5/4
8	48	Adriyanna PATTERSON	JR	#7 Millikin	49.21m	161-6	5/4
9	67	Dora DILL	JR	#2 Carthage	{4} 48.00m	157-6	4/20
10	72	Maria BUGGE	SO	#9 North Park	47.83m	156-11	5/4

Women's Javelin

1	7	Hannah JONES	SR	#1 North Central (Il	43.95m	144-3	5/4
2	10	Faith LADIN	SR	#1 North Central (Il	{2} 42.46m	139-4	4/25
3	51	Heather MICHALSKI	JR	#4 Augustana (Ill.)	38.82m	127-5	4/27
4		Carmella LANGE	JR	#2 Carthage	35.26m	115-8	4/20
5		Ameila MILLER	FR	#4 Augustana (Ill.)	{2} 34.21m	112-3	4/13
6		Charlotte FRERE	SO	#4 Augustana (Ill.)	{3} 33.56m	110-1	3/30
7		Robin LEE	JR	#1 North Central (Il	{3} 33.43m	109-8	4/13
8		Teagan JOHNSTON	JR	#2 Carthage	{2} 33.41m	109-8	5/4
9		Hannah TOMPKINS	SO	#5 Wheaton (Ill.)	33.35m	109-5	4/6
10		Anna COTTER	SR	#1 North Central (Il	{4} 32.90m	107-11	5/4

Women's Heptathlon

1	5	Faith LADIN	SR	#1 North Central (Il	4,775	5/4
2	8	Thea RING	SO	#9 North Park	4,706	5/4
3	43	Hannah JONES	SR	#1 North Central (Il	{2} 4,202	4/20
4	78	Teagan JOHNSTON	JR	#2 Carthage	3,792	5/4
5	85	Anna COTTER	SR	#1 North Central (Il	{3} 3,698	5/4
6	97	Hannah TOMPKINS	SO	#5 Wheaton (Ill.)	3,657	5/4
7		Allison HUNT	FR	#4 Augustana (Ill.)	3,385	5/4
8		Grace NISIUS	SO	#2 Carthage	{2} 3,336	5/4
9		Julia KRAUS	FR	#2 Carthage	{3} 3,305	5/4
10		Caroline SLATER	SO	#3 Elmhurst	3,153	5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCS

as of 5/7/2024 6:44:13 AM ET

Women's 100 Meters

1	10	Syniah SIMS	FR	#3 Belhaven (Miss.)	11.86	(1.7)	3/23
2	61	Kimona HAYNES	SO	#3 Belhaven (Miss.){2}	12.19	(1.7)	3/23
3		Ashaunti BARNES	SR	#3 Belhaven (Miss.){3}	12.33w	(3.3)	3/23
4		Evelle DILLON	FR	#3 Belhaven (Miss.){4}	12.62	(2.0)	4/7
5		Jakia JOINER	FR	#3 Belhaven (Miss.){5}	12.85	(2.0)	4/7
6		Emma CHRISTENSEN	JR	#4 Covenant	12.87	(2.0)	4/6
7		Annessia GREER	SR	#3 Belhaven (Miss.){6}	13.01w	(2.6)	3/23
8		Keyuna PEEBLES	FR	#2 Piedmont	13.03w	(2.7)	3/16
9		Zoe HARRISON	FR	#2 Piedmont {2}	13.14w	(2.7)	3/16
10		Ileyna BROOKS	JR	#2 Piedmont {3}	13.24	(1.9)	4/13

Women's 100 Meter Hurdles

1		D'Asia FRANKLIN	FR	#3 Belhaven (Miss.)	16.51	(1.5)	4/7
2		Michelle CATES	SO	#2 Piedmont	16.99w	(2.3)	4/6
3		Jerneisha LEWIS	JR	#1 Berea (Ky.)	17.10	(-0.6)	3/23
4		Brooke BENNA	FR	#2 Piedmont {2}	17.20	(-1.9)	3/16
5		Jakeisha LEWIS	JR	#1 Berea (Ky.) {2}	17.38w	(3.0)	3/30
5		Jaleesa HERMAN	SO	#1 Berea (Ky.) {2}	17.38	(-3.4)	4/27
7		Cortney BROWN	SR	#2 Piedmont {3}	17.51	(1.0)	4/6
8		Sam SEYMOUR	SR	#2 Piedmont {4}	17.65w	(3.9)	3/23

Women's 200 Meters

1	19	Syniah SIMS	FR	#3 Belhaven (Miss.)	24.58w	(2.1)	3/23
2	30	Kymiah BLAIR	JR	#1 Berea (Ky.)	24.73	(1.9)	4/27
3	41	Kimona HAYNES	SO	#3 Belhaven (Miss.){2}	24.86w	(2.1)	3/23
4		Ashaunti BARNES	SR	#3 Belhaven (Miss.){3}	25.39	(0.6)	3/2
5		Evelle DILLON	FR	#3 Belhaven (Miss.){4}	26.01w	(2.5)	3/23
6		Ashyia MADDICKES	FR	#1 Berea (Ky.) {2}	26.33	(1.9)	3/30
7		Emma CHRISTENSEN	JR	#4 Covenant	26.75w	(3.5)	3/23
8		Alana RODRIGUEZ	FR	#5 Maryville (Tenn.)	26.93	(-2.6)	4/27
9		Zoe HARRISON	FR	#2 Piedmont	26.97	(0.6)	3/16
10		Jakia JOINER	FR	#3 Belhaven (Miss.){5}	27.32	(-2.3)	3/30

Women's 400 Meters

1	7	Ashaunti BARNES	SR	#3 Belhaven (Miss.)	55.57		4/27
2	15	Kimona HAYNES	SO	#3 Belhaven (Miss.){2}	55.90		4/27
3	26	Kymiah BLAIR	JR	#1 Berea (Ky.)	56.47		4/20
4		Ashyia MADDICKES	FR	#1 Berea (Ky.) {2}	1:00.86		4/12
5		Kristin FISCHLI	SO	#1 Berea (Ky.) {3}	1:01.70		4/6
6		Alana RODRIGUEZ	FR	#5 Maryville (Tenn.)	1:01.82		4/20
7		Liberte MACK	JR	#1 Berea (Ky.) {4}	1:02.07		4/6
8		Katerina KOVALEVSKAYA	FR	#1 Berea (Ky.) {5}	1:02.23		4/27
9		Michelle CATES	SO	#2 Piedmont	1:03.48		3/2
10		Kai DOYLE	JR	#2 Piedmont {2}	1:03.69		4/13

Women's 400 Meter Hurdles

1		Michelle CATES	SO	#2 Piedmont	1:09.42		4/13
2		Jakeisha LEWIS	JR	#1 Berea (Ky.)	1:11.13		4/6
3		Rhiannon SEVIER	JR	#6 Huntingdon (Ala)	1:11.77		3/9
4		Jerneisha LEWIS	JR	#1 Berea (Ky.) {2}	1:12.08		3/30
5		Bella CACCAMO	SO	#2 Piedmont {2}	1:14.89		4/6
6		Sam SEYMOUR	SR	#2 Piedmont {3}	1:16.35		4/27
7		Brianna DOWELL	JR	#1 Berea (Ky.) {3}	1:17.01		4/12
8		Brooke BENNA	FR	#2 Piedmont {4}	1:20.39		4/13

Women's 800 Meters

1		Muhorakeye JOYEUSE	FR	#1 Berea (Ky.)	2:21.52		4/6
2		Kristin FISCHLI	SO	#1 Berea (Ky.) {2}	2:23.32		4/20
3		Liberte MACK	JR	#1 Berea (Ky.) {3}	2:24.70		3/23
4		Madison STONESTREET	SO	#1 Berea (Ky.) {4}	2:28.39		3/30
5		Bella CACCAMO	SO	#2 Piedmont	2:29.33		4/27
6		Lydia DORMAN	SR	#4 Covenant	2:29.36		4/13
7		Tanea DAVIS	SO	#2 Piedmont {2}	2:30.78		4/27
8		Peyton POTTS	FR	#1 Berea (Ky.) {5}	2:31.50		4/27
9		Kate SMITH	JR	#6 Huntingdon (Ala)	2:32.07		4/13
10		Kristina BUCKLEY	SR	#5 Maryville (Tenn.)	2:34.41		4/13
10		Evangelia BERRY	FR	#4 Covenant {2}	2:34.41		4/13

Women's 1500 Meters

1		Madison STONESTREET	SO	#1 Berea (Ky.)	4:47.68		3/30
2		Muhorakeye JOYEUSE	FR	#1 Berea (Ky.) {2}	4:56.41		4/6
3		Lydia DORMAN	SR	#4 Covenant	5:00.38		4/6
4		Carah ANTECK	SO	#1 Berea (Ky.) {3}	5:13.70		4/27
5		Evangelia BERRY	FR	#4 Covenant {2}	5:15.14		3/16
6		Kate SMITH	JR	#6 Huntingdon (Ala)	5:15.23		4/27
7		Skyler SEEGER	SO	#2 Piedmont	5:15.71		3/16
8		Kristina BUCKLEY	SR	#5 Maryville (Tenn.)	5:20.00		4/20
9		Chrystal CORNWELL	FR	#1 Berea (Ky.) {4}	5:29.91		3/23
10		Michaela MOORE	FR	#6 Huntingdon (Ala){2}	5:36.14		3/16

Women's Steeplechase

1		Skyler SEEGER	SO	#2 Piedmont	12:25.87		3/23
2		Chrystal CORNWELL	FR	#1 Berea (Ky.)	12:48.75		4/12
3		Carah ANTECK	SO	#1 Berea (Ky.) {2}	12:54.60		4/6
4		Kristina BUCKLEY	SR	#5 Maryville (Tenn.)	13:02.72		4/13
5		Jasiella GRANDY	JR	#1 Berea (Ky.) {3}	13:33.50		4/6
6		Anna DOLAN	SR	#4 Covenant	14:26.14		4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCS

as of 5/7/2024 6:44:13 AM ET

Women's 5000 Meters

1	78	Madison STONESTREET	SO	#1 Berea (Ky.)	17:31.59	4/5
2		Skyler SEEBER	SO	#2 Piedmont	18:45.05	4/6
3		Carah ANTECK	SO	#1 Berea (Ky.)	{2} 19:08.45	4/12
4		Evangelia BERRY	FR	#4 Covenant	19:14.56	4/6
5		Lydia DORMAN	SR	#4 Covenant	{2} 19:33.67	4/13
6		Hannah MARLOWE	SO	#2 Piedmont	{2} 20:05.00	3/16
7		Erin CHAMBERS	FR	#1 Berea (Ky.)	{3} 20:43.18	4/12
8		Jasiella GRANDY	JR	#1 Berea (Ky.)	{4} 20:48.97	3/23
9		Emerson TILLERY	FR	#4 Covenant	{3} 20:49.13	4/13
10		Michaela MOORE	FR	#6 Huntingdon (Ala)	21:38.20	4/13

Women's 10,000 Meters

1		Carah ANTECK	SO	#1 Berea (Ky.)	39:17.33	4/5
2		Hannah MARLOWE	SO	#2 Piedmont	42:52.99	3/2
3		Brooke DONLEY	SO	#1 Berea (Ky.)	{2} 47:13.12	4/6

Women's 4x100 Relay

1	3	Ashaunti Barnes, Kimona Haynes, Anneshia Greer, Syniah Sims	#3 Belhaven (Miss.)	46.47	3/30
2		Ileyna Brooks, Zoe Harrison, Allison Cantrell, Keyuna Peebles	#2 Piedmont	51.21	4/27
3		Angel Patterson, Ashyia Maddickes, Jaleesa Herman, Jerneisha Lewis	#1 Berea (Ky.)	51.59	4/27
4		#Type!	#5 Maryville (Tenn.)	53.26	4/13
5		Narissa Montgomery, Annika Austin, Annmary Melendez Arce, Imani Higginbotham	#7 Wesleyan (Ga.)	59.64	3/16

Women's 4x400 Relay

1	72	Kristin Fischli, Ashyia Maddickes, Kymiah Blair, Liberte Mack	#1 Berea (Ky.)	4:02.34	4/6
2	80	Ashaunti Barnes, Kimona Haynes, Taylor Fakes, Evelle Dillon	#3 Belhaven (Miss.)	4:03.01	4/7
3		Ileyna Brooks, Bella Caccamo, Michelle Cates, Sam Seymour	#2 Piedmont	4:26.41	3/23
4		Daehla Smith, Lydia Dorman, Evangelia Berry, Emma Christensen	#4 Covenant	4:38.05	3/16
5		Rhiannon Sevier, Michaela Moore, Aleah Vess, Kate Smith	#6 Huntingdon (Ala)	4:53.95	3/2

Women's High Jump

1		Emma CHRISTENSEN	JR	#4 Covenant	1.55m	5-1	4/20
2		Evelle DILLON	FR	#3 Belhaven (Miss.)	1.50m	4-11	3/2
2		Ashyia MADDICKES	FR	#1 Berea (Ky.)	1.50m	4-11	3/30
2		D'Asia FRANKLIN	FR	#3 Belhaven (Miss.)	1.50m	4-11	3/2
5		Jess AGINA	FR	#1 Berea (Ky.)	{2} 1.45m	4-9	3/23
6		Hailee HARDMAN	FR	#5 Maryville (Tenn.)	1.43m	4-8½	3/23
7		Cortney BROWN	SR	#2 Piedmont	1.40m	4-7	4/27
8		Sam SEYMOUR	SR	#2 Piedmont	{2} 1.36m	4-5½	3/2
9		Annika AUSTIN	SR	#7 Wesleyan (Ga.)	1.35m	4-5	4/6
9		Lindey FLEMING	FR	#1 Berea (Ky.)	{3} 1.35m	4-5	4/6
9		Brooke BENNA	FR	#2 Piedmont	{3} 1.35m	4-5	4/27

Women's Pole Vault

1		Sarah HOLLER	JR	#4 Covenant	2.90m	9-6¼	4/20
2		Sydney BRASWELL	FR	#2 Piedmont	2.51m	8-2¾	3/2
3		Angel PATTERSON	JR	#1 Berea (Ky.)	2.45m	8-½	4/12
4		Victoria DROUIN	JR	#2 Piedmont	{2} 2.18m	7-1¾	4/13
5		Ashley BAILEY	FR	#1 Berea (Ky.)	{2} 2.00m	6-6¾	4/12

Women's Long Jump

1		Ashyia MADDICKES	FR	#1 Berea (Ky.)	5.17mw	16-11½ (3.1)	4/27
2		Jerneisha LEWIS	JR	#1 Berea (Ky.)	{2} 5.16m	16-11¼ (1.6)	3/23
3		Allison CANTRELL	FR	#2 Piedmont	4.94m	16-2½ (0.5)	4/13
4		Jakia JOINER	FR	#3 Belhaven (Miss.)	4.91m	16-1½ (-0.4)	4/7
5		Cortney BROWN	SR	#2 Piedmont	{2} 4.88m	16-¼ (-1.9)	4/13
6		Jakeisha LEWIS	JR	#1 Berea (Ky.)	{3} 4.83m	15-10¼ (0.5)	3/23
7		Kai DOYLE	JR	#2 Piedmont	{3} 4.77m	15-7¾ (0.9)	3/23
8		Jamia MADDOX	FR	#3 Belhaven (Miss.)	{2} 4.74m	15-6¾ (1.8)	4/27
9		Hailee HARDMAN	FR	#5 Maryville (Tenn.)	4.71m	15-5½ (0.0)	4/27
10		Zoe HARRISON	FR	#2 Piedmont	{4} 4.69m	15-4¾ (0.0)	4/13

Women's Triple Jump

1		Jakia JOINER	FR	#3 Belhaven (Miss.)	10.92m	35-10 (1.7)	4/7
2		Jakeisha LEWIS	JR	#1 Berea (Ky.)	10.65mw	34-11¼ (3.1)	4/27
3		Kai DOYLE	JR	#2 Piedmont	10.47mw	34-4¼ (2.5)	4/13
4		Sam SEYMOUR	SR	#2 Piedmont	{2} 10.43m	34-2¾ (-0.5)	4/20
5		Emma CHRISTENSEN	JR	#4 Covenant	10.12mw	33-2½ (2.6)	4/27
6		Cortney BROWN	SR	#2 Piedmont	{3} 9.63m	31-7¼ (1.1)	4/27
7		Allison CANTRELL	FR	#2 Piedmont	{4} 9.26mw	30-4¾ (2.2)	4/27
8		Ileyna BROOKS	JR	#2 Piedmont	{5} 9.00m	29-6½ (0.8)	4/13

Women's Shot Put

1	79	Nakiyah WASHINGTON	SR	#2 Piedmont	12.52m	41-1	4/27
2		Jelesia BROWN	JR	#3 Belhaven (Miss.)	11.50m	37-8¾	3/2
3		Kayla WARD	FR	#2 Piedmont	{2} 10.75m	35-3¼	4/13
4		Taylor THOMPSON	FR	#5 Maryville (Tenn.)	10.62m	34-10¼	3/29
5		Kelci SPARKS	SR	#5 Maryville (Tenn.)	{2} 10.36m	34-0	4/13
6		Sophia WIERSEMA	SO	#4 Covenant	10.22m	33-6½	4/27
7		Desire TACKETT	SR	#3 Belhaven (Miss.)	{2} 10.19m	33-5¼	4/7
8		Trinity TREADWAY	FR	#6 Huntingdon (Ala)	9.96m	32-8¼	3/30
9		Elise KEMP	SR	#1 Berea (Ky.)	9.94m	32-7½	4/27
10		Isabelle BEACH	SR	#7 Wesleyan (Ga.)	9.70m	31-10	3/16



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CCS

as of 5/7/2024 6:44:13 AM ET

Women's Discus

1	Emily LANE	FR	#4 Covenant	39.43m	129-5	3/16
2	Allie FELTUS	JR	#2 Piedmont	37.87m	124-3	4/27
3	Nakiyah WASHINGTON	SR	#2 Piedmont	{2} 37.81m	124-1	4/27
4	Jelecia BROWN	JR	#3 Belhaven (Miss.)	36.83m	120-10	3/30
5	Shealee GALLEGOS	FR	#2 Piedmont	{3} 35.47m	116-5	4/27
6	Kelci SPARKS	SR	#5 Maryville (Tenn.)	33.50m	109-11	4/6
7	Trinity TREADWAY	FR	#6 Huntingdon (Ala)	31.00m	101-9	4/27
8	Kayla WARD	FR	#2 Piedmont	{4} 30.75m	100-11	4/20
9	Audrey SANDERS	SR	#5 Maryville (Tenn.)	{2} 30.58m	100-4	4/6
10	Desire TACKETT	SR	#3 Belhaven (Miss.)	{2} 30.37m	99-7¾	3/23

Women's Hammer

1	Lauren MYERS	SO	#5 Maryville (Tenn.)	41.85m	137-4	3/23
2	Desire TACKETT	SR	#3 Belhaven (Miss.)	40.77m	133-9	4/7
3	Kelci SPARKS	SR	#5 Maryville (Tenn.)	{2} 40.19m	131-10	4/13
4	Jelecia BROWN	JR	#3 Belhaven (Miss.)	{2} 38.91m	127-8	4/7
5	Elise KEMP	SR	#1 Berea (Ky.)	38.43m	126-1	4/6
6	Allie FELTUS	JR	#2 Piedmont	37.76m	123-11	4/27
6	Nakiyah WASHINGTON	SR	#2 Piedmont	37.76m	123-11	4/27
8	Abigail HOCKSTOK	SO	#1 Berea (Ky.)	{2} 37.63m	123-6	3/23
9	Whitney DARSEY	SO	#2 Piedmont	{3} 37.20m	122-1	4/27
10	Shealee GALLEGOS	FR	#2 Piedmont	{4} 36.40m	119-5	3/16

Women's Javelin

1	Cortney BROWN	SR	#2 Piedmont	35.37m	116-1	4/27
2	Nakiyah WASHINGTON	SR	#2 Piedmont	{2} 33.54m	110-1	4/13
3	Alyssa BELL	JR	#1 Berea (Ky.)	29.88m	98-½	4/27
4	Wren GREUBEL	JR	#2 Piedmont	{3} 28.40m	93-2¼	4/20
5	Emily LANE	FR	#4 Covenant	27.70m	90-10½	4/20
6	Ileyna BROOKS	JR	#2 Piedmont	{4} 26.27m	86-2¼	4/20
7	Trinity TREADWAY	FR	#6 Huntingdon (Ala)	24.29m	79-8¼	4/27
8	Whitney DARSEY	SO	#2 Piedmont	{5} 24.06m	78-11¼	4/13
9	Audrey SANDERS	SR	#5 Maryville (Tenn.)	23.66m	77-7½	4/27
10	Bonnie LAUDERBACK	FR	#5 Maryville (Tenn.)	{2} 23.19m	76-1	4/27

Women's Heptathlon

1	94 Cortney BROWN	SR	#2 Piedmont	3,667	4/13
---	------------------	----	-------------	-------	------



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Centennial

as of 5/7/2024 6:44:13 AM ET

Women's 100 Meters

1	34	Lauren PHILLIPS	JR	#1 Johns Hopkins	12.06w	(2.8)	4/6
2	41	Sara PENUELA	SR	#2 Dickinson	12.11w	(2.4)	4/14
3	89	Victoria KADIRI	SR	#1 Johns Hopkins {2}	12.29	(1.6)	4/6
4		Chloe ZHANG	FR	#1 Johns Hopkins {3}	12.50w	(3.1)	4/20
5		Mariana PENUELA	SR	#2 Dickinson {2}	12.55	(1.4)	5/5
6		Katie MORGAN	JR	#6 McDaniel	12.71	(1.3)	4/13
7		Mirra KLIMOV	SO	#1 Johns Hopkins {4}	12.82	(1.4)	5/5
8		Hope PETRALIA	SR	#7 Franklin & Marst	12.83	(0.9)	5/5
9		Olivia D'AULERIO	SO	#9 Haverford	12.88w	(2.1)	4/13
10		Lydia MORRIS-KLIMENT	FR	#3 Swarthmore	13.02	(0.0)	4/20
10		Hanna RUBIALES	FR	#7 Franklin & Marst {2}	13.02w	(2.2)	4/20

Women's 100 Meter Hurdles

1	20	Darya MIKUSOVA	SR	#2 Dickinson	14.36	(0.7)	5/5
2	38	Victoria KADIRI	SR	#1 Johns Hopkins	14.67	(0.7)	5/5
3	56	Maya RICHWINE	FR	#8 Muhlenberg	14.83w	(2.7)	4/20
4	76	Samantha WECHSLER	FR	#4 Ursinus	15.03	(0.7)	5/5
5	80	Lauren DUNNIGAN	FR	#7 Franklin & Marst	15.04	(0.9)	4/20
6		Sophia KOVATIS	SR	#2 Dickinson {2}	15.87w	(3.9)	4/13
7		Hannah SWALE	SO	#3 Swarthmore	15.88	(0.7)	5/5
8		Leah BIWOTT	JR	#2 Dickinson {3}	16.16	(0.4)	5/5
9		Kaelin RYAN	SO	#4 Ursinus {2}	16.25	(0.7)	5/5
10		Naomi ALPERIN	SR	#2 Dickinson {4}	16.66w	(2.3)	4/17

Women's 200 Meters

1	10	Lauren PHILLIPS	JR	#1 Johns Hopkins	24.37w	(3.5)	4/20
2	23	Sara PENUELA	SR	#2 Dickinson	24.60cu	(25.23u) (0.5)	5/5
3	63	Emerlee SIMONS	SR	#2 Dickinson {2}	25.01cu	(25.65u) (1.5)	5/5
4	88	Olivia D'AULERIO	SO	#9 Haverford	25.21cu	(25.85u) (0.5)	5/5
5		Mariana PENUELA	SR	#2 Dickinson {3}	25.39cu	(26.04u) (1.5)	5/5
6		Katie MORGAN	JR	#6 McDaniel	25.50cu	(26.15u) (1.5)	5/5
7		Victoria KADIRI	SR	#1 Johns Hopkins {2}	25.90	(-0.7)	4/14
8		Angel BIDGELL	JR	#6 McDaniel {2}	26.02cuw	(26.69u) (3.5)	5/5
9		Darya MIKUSOVA	SR	#2 Dickinson {4}	26.03	(0.0)	4/17
10		Hope PETRALIA	SR	#7 Franklin & Marst	26.05cu	(26.72u) (0.5)	5/5

Women's 400 Meters

1	7	Katie MORGAN	JR	#6 McDaniel	55.57cu	(56.71u)	5/5
2	12	Lauren PHILLIPS	JR	#1 Johns Hopkins	55.72		4/20
3	23	Emerlee SIMONS	SR	#2 Dickinson	56.44cu	(57.59u)	5/5
4	44	Olivia D'AULERIO	SO	#9 Haverford	56.98cu	(58.14u)	5/5
5	60	Annie HUANG	JR	#1 Johns Hopkins {2}	57.51		4/20
6	64	Lianne SAUSSY	SO	#1 Johns Hopkins {3}	57.56cu	(58.74u)	5/5
7	67	Anna ZAESKE	SR	#1 Johns Hopkins {4}	57.61cu	(58.79u)	5/5
8		Isabel THORNBERRY	SR	#9 Haverford {2}	58.20cu	(59.39u)	5/5
9		Lily TREMBA	FR	#1 Johns Hopkins {5}	58.47cu	(59.67u)	5/5
10		Tashyah SAMPLE	SO	#4 Ursinus	58.66cu	(59.86u)	5/5

Women's 400 Meter Hurdles

1	3	Darya MIKUSOVA	SR	#2 Dickinson	1:00.49		4/14
2	89	Tatum EVANS	SR	#7 Franklin & Marst	1:05.83u		5/5
3		Kaelin RYAN	SO	#4 Ursinus	1:06.40u		5/5
4		Lillian BOUDREAU	SO	#5 Gettysburg	1:08.18		3/23
5		Anna RANDO	SO	#6 McDaniel	1:08.90u		5/5
6		Maya RICHWINE	FR	#8 Muhlenberg	1:09.73u		5/5
7		Diana VALENTINI	FR	#1 Johns Hopkins	1:10.96		4/6
8		Leah BIWOTT	JR	#2 Dickinson {2}	1:11.09u		5/5
9		Abby BACHMAN	SO	#7 Franklin & Marst {2}	1:12.41		4/20
10		Lauren DUNNIGAN	FR	#7 Franklin & Marst {3}	1:13.20		3/23

Women's 800 Meters

1	11	Annie HUANG	JR	#1 Johns Hopkins	2:10.45		4/14
2	36	Lorna ARCESE	SO	#1 Johns Hopkins {2}	2:13.09cu	(2:15.28u)	5/5
3	66	Emma KOTHARI	SO	#1 Johns Hopkins {3}	2:15.48		4/14
4	69	Mackenzie SETTON	SO	#1 Johns Hopkins {4}	2:15.71		4/14
5	80	Lily SHETH	SR	#1 Johns Hopkins {5}	2:16.29cu	(2:18.53u)	5/5
6	85	Diana VALENTINI	FR	#1 Johns Hopkins {6}	2:16.58cu	(2:18.83u)	5/5
7	86	Sophia GOODWIN	FR	#3 Swarthmore	2:16.71		4/20
8		Lily TREMBA	FR	#1 Johns Hopkins {7}	2:18.05		4/14
9		Meghan CARROLL	JR	#4 Ursinus	2:18.69		4/20
10		Annalise KAUFFMAN	SO	#7 Franklin & Marst	2:19.33cu	(2:21.62u)	5/5

Women's 1500 Meters

1	34	Mackenzie SETTON	SO	#1 Johns Hopkins	4:34.14		4/14
2	55	Annie HUANG	JR	#1 Johns Hopkins {2}	4:37.02		4/20
3	56	Izzy NOBILLI	SO	#1 Johns Hopkins {3}	4:37.07u		5/5
4	61	Adriana CATALANO	SO	#1 Johns Hopkins {4}	4:38.11u		5/5
5		Sarah CONANT	SR	#1 Johns Hopkins {5}	4:43.68u		5/5
6		Emma KOTHARI	SO	#1 Johns Hopkins {6}	4:44.24		4/20
7		Amiyah PRIEBE	JR	#2 Dickinson	4:44.98		4/17
8		Eleni ALVAREZ	JR	#1 Johns Hopkins {7}	4:45.70		4/20
9		Aisling CALLAHAN	SO	#1 Johns Hopkins {8}	4:45.82		4/20
10		Callie JONES	SR	#1 Johns Hopkins {9}	4:47.38u		5/5

Women's Steeplechase

1	10	Sara STEPHENSON	SR	#1 Johns Hopkins	10:42.90		4/27
2	26	Amiyah PRIEBE	JR	#2 Dickinson	10:58.52u		5/5
3	29	Charlotte KRATOVL-LAVELLE	SR	#2 Dickinson {2}	11:02.33u		5/5
4	47	Cooper BROTHERTON	SO	#1 Johns Hopkins {2}	11:13.83u		5/5
5	57	Callie JONES	SR	#1 Johns Hopkins {3}	11:17.97u		5/5
6	73	Sophia GOODWIN	FR	#3 Swarthmore	11:24.26u		5/5
7	76	Carys COOK	SO	#5 Gettysburg	11:25.11u		5/5
8	87	Eleni ALVAREZ	JR	#1 Johns Hopkins {4}	11:29.17u		5/5
9		Bailey MULLEN	SR	#6 McDaniel	11:39.97		4/6
10		Cameron COLETTI	FR	#1 Johns Hopkins {5}	11:48.69u		5/5



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Centennial

as of 5/7/2024 6:44:14 AM ET

Women's 5000 Meters

1	48	Sara STEPHENSON	SR	#1	Johns Hopkins	17:14.20	4/14
2	89	Aisling CALLAHAN	SO	#1	Johns Hopkins {2}	17:36.08cu(7:45.34u)	5/5
3	95	Izzy NOBILLI	SO	#1	Johns Hopkins {3}	17:38.60	4/6
4		Katherine FORSBERG	SR	#1	Johns Hopkins {4}	17:41.30cu(7:50.61u)	5/5
5		Adriana CATALANO	SO	#1	Johns Hopkins {5}	17:43.47	4/6
6		Cooper BROTHERTON	SO	#1	Johns Hopkins {6}	17:45.41cu(7:54.76u)	5/5
7		Kathryn HOPKINS	JR	#5	Gettysburg	17:48.83cu(7:58.21u)	5/5
8		Olivia MONTINI	SO	#3	Swarthmore	17:49.70cu(7:59.08u)	5/5
9		Amiyah PRIEBE	JR	#2	Dickinson	17:50.88	3/27
10		Amelia GILES	FR	#1	Johns Hopkins {7}	17:53.14cu(8:02.55u)	5/5

Women's 10,000 Meters

1	30	Izzy NOBILLI	SO	#1	Johns Hopkins	36:00.13	4/14
2	99	Bailey MULLEN	SR	#6	McDaniel	37:58.18u	5/5
3		Myra NAQVI	JR	#2	Dickinson	38:13.78u	5/5
4		Kathryn HOPKINS	JR	#5	Gettysburg	38:13.96u	5/5
5		Elyse TANCINI	FR	#5	Gettysburg {2}	38:22.71u	5/5
6		Anna WARMACK	SR	#1	Johns Hopkins {2}	38:30.64	4/14
7		Samantha GRUBB	SR	#4	Ursinus	38:38.48u	5/5
8		Sammy jo BARNES	SR	#2	Dickinson {2}	39:00.55	4/14
9		Bella STENHOUSE	FR	#1	Johns Hopkins {3}	39:02.77	4/14
10		Sarah SMITH	SO	#5	Gettysburg {3}	39:23.40	4/6

Women's 4x100 Relay

1	24	Emerlee Simons, Darya Mikusova, Mariana Penuela, Sara Penuela	#2	Dickinson	47.75u	5/5
2	37	#Type!	#1	Johns Hopkins	47.98	4/20
3	70	Tashyah Sample, Samantha Wechsler, Kaelin Ryan, Rainah Dunham	#4	Ursinus	48.78	4/27
4		#Type!	#6	McDaniel	49.70	4/20
5		#Type!	#7	Franklin & Marshall	50.39	4/20
6		Shira Gamson, Sabrina Reichelt, Kayla Morisi, Maya Richwine	#8	Muhlenberg	50.46	4/27
7		#Type!	#9	Haverford	50.82	4/20
8		#Type!	#5	Gettysburg	51.57	3/23
9		Novy Goetgeluk, Adjoa Acquaaah, Kayla Camille, Awurabena Anane	#10	Bryn Mawr	54.26	3/23

Women's 4x400 Relay

1	1	Lauren Phillips, Lianne Saussy, Anna Zaeske, Lorna Arcese	#1	Johns Hopkins	3:45.06cu(3:49.67u)	5/5
2	4	Emerlee Simons, Darya Mikusova, Mariana Penuela, Sara Penuela	#2	Dickinson	3:46.89cu(3:51.54u)	5/5
3	48	Isabel Thornberry, Dominique Monroy, Anastasia Jaycobs, Olivia D'Aulerio	#9	Haverford	3:58.77cu(4:03.66u)	5/5
4	63	Tashyah Sample, Meghan Carroll, Jaycie Miller, Kaelin Ryan	#4	Ursinus	4:01.09cu(4:06.05u)	5/5
5	99	Morgan Mouer, Cami Bortz, Kiara Pedra, Miranda Kashynski	#3	Swarthmore	4:04.76cu(4:09.78u)	5/5
6	100	Camryn Rogers, Emma Bernstein, Eliza Hoover, Anna Imrie	#5	Gettysburg	4:04.84cu(4:09.86u)	5/5
7		Katie Morgan, Anna Rando, Angel Bidgell, Emily Paulson	#6	McDaniel	4:06.56cu(4:11.61u)	5/5
8		Tatum Evans, Annalise Kauffman, Hope Petralia, Lauren Dunnigan	#7	Franklin & Marshall	4:08.16cu(4:13.25u)	5/5
9		Hadley Devarennes, Katie Shepard, Caitlin Kinnear, Maya Richwine	#8	Muhlenberg	4:15.17cu(4:20.40u)	5/5
10		Adjoa Acquaaah, Caroline Robertson, Ellie Schumacher, Malin Just	#10	Bryn Mawr	4:23.61cu(4:29.01u)	5/5

Women's High Jump

1	48	Avery MCNULTY	SO	#8	Muhlenberg	1.62m	5-3¾	5/5
1	48	Victoria KADIRI	SR	#1	Johns Hopkins	1.62m	5-3¾	5/5
3		Trelstad T	JR	#3	Swarthmore	1.58m	5-2¼	3/16
4		Abigail LOVEFACE	FR	#1	Johns Hopkins {2}	1.55m	5-1	3/30
5		Allison HUELBIG	SO	#7	Franklin & Marshall	1.52m	4-11¾	5/5
6		Hannah SWALE	SO	#3	Swarthmore {2}	1.51m	4-11½	5/5
7		Jessica JOHNSON	SO	#10	Bryn Mawr	1.50m	4-11	4/6
8		Angel BIDGELL	JR	#6	McDaniel	1.48m	4-10¼	5/5
9		Aja MCBRIDE	FR	#4	Ursinus	1.47m	4-9¾	4/20
9		Alexa SCHAUDER	SR	#5	Gettysburg	1.47m	4-9¾	5/5
9		Madison LIPPAY	FR	#4	Ursinus	1.47m	4-9¾	4/27
9		Amanda TRASKA	SO	#4	Ursinus	1.47m	4-9¾	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Centennial

as of 5/7/2024 6:44:14 AM ET

Women's Pole Vault

1	83	Sarah-Caulley SOTO	SO	#1	Johns Hopkins	3.40m	11-1¾	4/20
2		Cassidy BROWN	JR	#1	Johns Hopkins	{2} 3.27m	10-8¾	5/5
3		Bianca SKELTON	SR	#1	Johns Hopkins	{3} 3.25m	10-8	4/20
4		Juniper BAUROTH-SHERMAN	SO	#4	Ursinus	3.15m	10-4	4/27
5		Sophia LEONE	FR	#6	McDaniel	3.12m	10-2¾	5/5
6		Alexa SCHAUDER	SR	#5	Gettysburg	3.05m	10-0	4/21
7		Zelda HIRSCH	SO	#6	McDaniel	{2} 2.90m	9-6¼	3/29
8		Sophia SPRINGER	SO	#3	Swarthmore	2.85m	9-4¼	4/20
8		Alice CREED	SR	#9	Haverford	2.85m	9-4¼	3/30
10		Olivia TAYLOR	JR	#5	Gettysburg	{2} 2.82m	9-3	5/5

Women's Long Jump

1	4	Victoria KADIRI	SR	#1	Johns Hopkins	5.95m	19-6¼ (1.5)	4/20
2	19	Sara PENUELA	SR	#2	Dickinson	5.74m	18-10 (1.1)	4/27
3	22	Rainah DUNHAM	SR	#4	Ursinus	5.73m	18-9¾ (0.0)	3/30
4	71	Samantha WECHSLER	FR	#4	Ursinus	{2} 5.49m	18-¼ (0.2)	5/5
5		Mariana PENUELA	SR	#2	Dickinson	{2} 5.35m	17-6¾ (0.3)	4/17
5		Sara BARTLETT	JR	#1	Johns Hopkins	{2} 5.35m	17-6¾ (0.7)	5/5
7		Chloe ZHANG	FR	#1	Johns Hopkins	{3} 5.33mw	17-6 (2.8)	4/20
8		Annie LEDER	JR	#2	Dickinson	{3} 5.22m	17-1½ (0.0)	4/27
9		Lydia MORRIS-KLIMENT	FR	#3	Swarthmore	5.21m	17-1¼ (0.0)	4/20
10		Angel BIDGELL	JR	#6	McDaniel	5.18mw	17-0 (3.2)	4/13

Women's Triple Jump

1	1	Victoria KADIRI	SR	#1	Johns Hopkins	13.43m	44-¾ (1.5)	4/12
2	3	Rainah DUNHAM	JR	#4	Ursinus	12.51m	41-½ (1.7)	4/12
3	24	Sara BARTLETT	JR	#1	Johns Hopkins	{2} 11.75m	38-6¾ (1.8)	4/20
4	42	Samantha WECHSLER	FR	#4	Ursinus	{2} 11.53mw	37-10 (2.9)	4/12
5		Shira GAMSON	SO	#8	Muhlenberg	11.15m	36-7 (1.6)	4/27
6		Sophia GOODWIN	FR	#3	Swarthmore	11.06mw	36-3½ (2.1)	3/16
7		Hannah SWALE	SO	#3	Swarthmore	{2} 10.76m	35-3¾ (0.0)	4/20
8		Jessica JOHNSON	SO	#10	Bryn Mawr	10.72m	35-2 (0.0)	5/5
9		Shanice WILLIAMS	SO	#8	Muhlenberg	{2} 10.69mw	35-1 (3.6)	3/30
10		Angel BIDGELL	JR	#6	McDaniel	10.68m	35-½ (1.1)	4/17

Women's Shot Put

1	44	Erika EZUMBA	SO	#1	Johns Hopkins	13.07m	42-10¾	4/20
2	66	Tate GARCIA	SO	#3	Swarthmore	12.68m	41-7¼	4/13
3		Kelsey NEFF	SR	#1	Johns Hopkins	{2} 12.24m	40-2	3/30
4		Abby EVERETT	SR	#2	Dickinson	12.06m	39-6¾	3/27
5		Jacqueline ALLEN	SR	#4	Ursinus	11.95m	39-2½	4/27
6		Victoria KADIRI	SR	#1	Johns Hopkins	{3} 11.58m	38-0	4/14
7		Sarah WILCHER	SO	#9	Haverford	11.55m	37-10¾	5/5
8		Claire SHEARER	SR	#2	Dickinson	{2} 11.08m	36-4¼	5/5
9		Damien LABRADA	FR	#2	Dickinson	{3} 11.02m	36-2	5/5
10		Phoebe WILLIAMS	SO	#1	Johns Hopkins	{4} 10.90m	35-9¼	4/20
10		Hilary GALLITO	JR	#1	Johns Hopkins	{4} 10.90m	35-9¼	4/20

Women's Discus

1	32	Lydia MORRIS-KLIMENT	FR	#3	Swarthmore	43.20m	141-9	4/27
2	94	Abby EVERETT	SR	#2	Dickinson	39.98m	131-2	5/5
3	99	Tate GARCIA	SO	#3	Swarthmore	{2} 39.94m	131-1	4/20
4		Erika EZUMBA	SO	#1	Johns Hopkins	37.30m	122-5	5/5
5		Sarah WILCHER	SO	#9	Haverford	36.44m	119-7	5/5
6		Jacqueline ALLEN	SR	#4	Ursinus	36.19m	118-9	5/5
7		Kelsey NEFF	SR	#1	Johns Hopkins	{2} 35.52m	116-7	5/5
8		Lee BICKFORD	JR	#3	Swarthmore	{3} 34.63m	113-8	5/5
9		Damien LABRADA	FR	#2	Dickinson	{2} 33.69m	110-7	4/20
10		Lea DEL GRIPPO	FR	#5	Gettysburg	33.53m	110-0	4/21

Women's Hammer

1	62	Faith FEZENKO	SR	#8	Muhlenberg	48.41m	158-10	5/5
2	89	Sarah WILCHER	SO	#9	Haverford	47.25m	155-0	5/5
3		Jacqueline ALLEN	SR	#4	Ursinus	45.79m	150-3	5/5
4		Abby EVERETT	SR	#2	Dickinson	44.50m	146-0	3/23
5		Jenna DEEP	SO	#2	Dickinson	{2} 42.74m	140-3	5/5
6		Erika EZUMBA	SO	#1	Johns Hopkins	42.70m	140-1	4/20
7		Elizabeth AGYEI	JR	#3	Swarthmore	42.49m	139-5	3/30
8		Caroline GENSINGER	SO	#5	Gettysburg	42.37m	139-0	5/5
9		Tate GARCIA	SO	#3	Swarthmore	{2} 38.97m	127-10	4/20
10		Erica BORBI	JR	#8	Muhlenberg	{2} 38.34m	125-10	5/5

Women's Javelin

1	8	Holly FERRARA	SR	#5	Gettysburg	43.44m	142-6	4/27
2	24	Mackenzie WARD	FR	#7	Franklin & Marshall	40.51m	132-11	5/5
3	86	Hannah SWALE	SO	#3	Swarthmore	37.08m	121-8	5/5
4		Trelstad T	JR	#3	Swarthmore	{2} 35.35m	116-0	4/6
5		Katrina BENNAGE	FR	#5	Gettysburg	{2} 34.92m	114-7	4/6
6		Jill PROVAZNIK	JR	#3	Swarthmore	{3} 31.68m	103-11	3/30
7		Phoebe WILLIAMS	SO	#1	Johns Hopkins	31.66m	103-11	4/6
8		Amelia LANDRY	SO	#3	Swarthmore	{4} 31.54m	103-6	3/30
9		Avery MCNULTY	SO	#8	Muhlenberg	31.22m	102-5	5/5
10		Carina BERITELA	SO	#1	Johns Hopkins	{2} 30.66m	100-7	4/20

Women's Heptathlon

1	6	Victoria KADIRI	SR	#1	Johns Hopkins	4,742		4/14
2	48	Hannah SWALE	SO	#3	Swarthmore	4,149u		5/5
3	73	Sophia KOVATISIS	SR	#2	Dickinson	3,829u		5/5
4	89	Leah BIWOTT	JR	#2	Dickinson	{2} 3,678u		5/5
5	91	Samantha WECHSLER	FR	#4	Ursinus	3,675		4/6
6	92	Abigail LOVEFACE	FR	#1	Johns Hopkins	{2} 3,672u		5/5
7		Angel BIDGELL	JR	#6	McDaniel	3,561u		5/5
8		Lea DEL GRIPPO	FR	#5	Gettysburg	3,011u		5/5
9		Georgia MERCER	SO	#5	Gettysburg	{2} 2,868		4/12
10		Emma SOMERS	SR	#1	Johns Hopkins	{3} 2,853u		5/5



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CUNYAC

as of 5/7/2024 6:44:14 AM ET

Women's 100 Meters

1	Diana BOA	SR	#4 York (N.Y.)	12.34	(1.4)	3/30
2	Imani RICHARDSON	FR	#2 Medgar Evers	13.26	(0.6)	4/13
3	Desireth RAMIREZ	FR	#2 Medgar Evers {2}	13.50	(0.8)	4/27
4	Katryna FRANCOIS	SO	#4 York (N.Y.) {2}	13.52	(1.5)	4/20
5	Alyssa ABRAHAMS	SO	#1 Hunter	13.63	(0.0)	4/20
6	Isabella MOSELEY	FR	#1 Hunter {2}	13.69		4/26
7	Colby CORLEY	FR	#5 Lehman	13.91	(1.5)	4/20
8	Imani GIBSON	FR	#4 York (N.Y.) {3}	14.27	(0.3)	4/27
9	Jennifer METRA	FR	#2 Medgar Evers {3}	14.28	(0.3)	4/27
10	Tahlea MURRAY	FR	#1 Hunter {3}	14.39	(1.3)	3/30

Women's 100 Meter Hurdles

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	17.63	(-0.5)	4/26
2	Desireth RAMIREZ	FR	#2 Medgar Evers {2}	18.63w	(3.0)	4/27
3	Rubilyn NAVARRO	SO	#1 Hunter	19.70	(1.0)	4/20
4	Becky LI	FR	#1 Hunter {2}	20.33	(-2.1)	4/7
5	Lambert JADA	FR	#2 Medgar Evers {3}	20.91w	(3.0)	4/27
6	Tahlea MURRAY	FR	#1 Hunter {3}	21.38	(-1.5)	4/7
7	Helen DAI	SR	#1 Hunter {4}	21.45	(-0.9)	4/7
8	Flor DOMINGUEZ	FR	#3 CCNY	22.66w	(3.0)	4/27
9	Angelina BROWN	FR	#3 CCNY {2}	22.99	(-0.9)	4/19

Women's 200 Meters

1	37 Diana BOA	SR	#4 York (N.Y.)	24.81w	(2.7)	3/30
2	Desireth RAMIREZ	FR	#2 Medgar Evers	27.51	(0.0)	4/27
3	Katryna FRANCOIS	SO	#4 York (N.Y.) {2}	27.57	(0.9)	4/27
4	Imani RICHARDSON	FR	#2 Medgar Evers {2}	27.69	(0.0)	3/30
5	Alyssa ABRAHAMS	SO	#1 Hunter	28.32	(1.1)	4/20
6	Isabella MOSELEY	FR	#1 Hunter {2}	28.70		4/26
7	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers {3}	29.18	(-1.4)	4/20
8	Colby CORLEY	FR	#5 Lehman	29.82	(-0.5)	3/30
9	Imani GIBSON	FR	#4 York (N.Y.) {3}	30.01	(1.6)	4/27
10	Camille CARRASCO	FR	#3 CCNY	30.23	(0.0)	4/19

Women's 400 Meters

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	1:05.27		4/6
2	Katryna FRANCOIS	SO	#4 York (N.Y.)	1:05.52		4/12
3	Isabella MOSELEY	FR	#1 Hunter	1:07.98		4/20
4	Camille CARRASCO	FR	#3 CCNY	1:08.48		4/27
5	Imani RICHARDSON	FR	#2 Medgar Evers {2}	1:09.52		4/26
6	Nana SAMAKE	SO	#2 Medgar Evers {3}	1:10.64		3/30
7	Imani GIBSON	FR	#4 York (N.Y.) {2}	1:11.08		4/19
8	Colby CORLEY	FR	#5 Lehman	1:11.44		3/30
9	Lambert JADA	FR	#2 Medgar Evers {4}	1:13.95		4/27
10	Flor DOMINGUEZ	FR	#3 CCNY {2}	1:16.29		4/19

Women's 400 Meter Hurdles

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	1:10.15		4/26
2	Lambert JADA	FR	#2 Medgar Evers {2}	1:23.20		4/26
3	Desireth RAMIREZ	FR	#2 Medgar Evers {3}	1:23.36		4/26
4	Flor DOMINGUEZ	FR	#3 CCNY	1:26.37		4/27
5	Angelina BROWN	FR	#3 CCNY {2}	1:26.73		4/7
6	Helen DAI	SR	#1 Hunter	1:27.65		3/30
7	Lilliana KHDIR	FR	#1 Hunter {2}	1:38.69		4/26
8	Caera BEIGHTOL	FR	#1 Hunter {3}	1:39.49		4/20
9	Alisha ADAMS	FR	#4 York (N.Y.)	1:45.87		4/27

Women's 800 Meters

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	2:42.45		3/30
2	Samantha SURIEL	JR	#1 Hunter	2:47.27		4/26
3	Nana SAMAKE	SO	#2 Medgar Evers {2}	2:48.25		4/13
4	Katryna FRANCOIS	SO	#4 York (N.Y.)	2:49.64		3/30
5	Irving JIANG	JR	#1 Hunter {2}	2:52.20		3/30
6	Touka MEDJOUBI	FR	#1 Hunter {3}	2:57.01		4/26
7	Arlene SUZANA	JR	#5 Lehman	2:57.26		4/7
8	Wendy MONTIEL	JR	#1 Hunter {4}	2:58.68		4/26
9	Camille CARRASCO	FR	#3 CCNY	3:02.91		4/27
10	Flor DOMINGUEZ	FR	#3 CCNY {2}	3:04.87		4/27

Women's 1500 Meters

1	Nana SAMAKE	SO	#2 Medgar Evers	5:33.43		4/27
2	Samantha SURIEL	JR	#1 Hunter	5:38.30		3/24
3	Touka MEDJOUBI	FR	#1 Hunter {2}	5:47.83		4/26
4	Arlene SUZANA	JR	#5 Lehman	5:52.70		4/7
5	Wendy MONTIEL	JR	#1 Hunter {3}	6:03.97		4/26
6	Irving JIANG	JR	#1 Hunter {4}	6:10.41		3/24
7	Isabelle ASHPOLE	FR	#3 CCNY	6:25.20		4/19
8	Katryna FRANCOIS	SO	#4 York (N.Y.)	6:38.63		3/24
9	Imani GIBSON	FR	#4 York (N.Y.) {2}	6:48.20		3/24
10	Rawnaa ELSHITA	SR	#1 Hunter {5}	7:21.60		3/30

Women's Steeplechase

1	Arlene SUZANA	JR	#5 Lehman	14:02.04		4/7
2	Flor DOMINGUEZ	FR	#3 CCNY	15:08.36		4/27
3	Irving JIANG	JR	#1 Hunter	15:29.94		4/20
4	Rawnaa ELSHITA	SR	#1 Hunter {2}	17:28.96		4/20
5	Lambert JADA	FR	#2 Medgar Evers	17:29.53		4/26
6	Caera BEIGHTOL	FR	#1 Hunter {3}	17:59.53		4/7
7	Mehnoor YOUSAF	SR	#1 Hunter {4}	20:50.35		4/7
8	Sarah VALLON	FR	#2 Medgar Evers {2}	24:41.41		4/26
9	Adacia SCOTLAND	FR	#2 Medgar Evers {3}	28:05.23		4/20



Conference TFRI Event Summary



CUNYAC

as of 5/7/2024 6:44:14 AM ET

Women's 5000 Meters

1	Arlene SUZANA	JR	#5 Lehman	21:08.87	3/30
2	Touka MEDJOUBI	FR	#1 Hunter	21:34.52	4/20
3	Samantha SURIEL	JR	#1 Hunter	{2} 21:47.82	4/7
4	Nana SAMAKE	SO	#2 Medgar Evers	21:48.73	4/6
5	Wendy MONTIEL	JR	#1 Hunter	{3} 21:51.49	4/27
6	Irving JIANG	JR	#1 Hunter	{4} 24:02.73	4/7
7	Isabelle ASHPOLE	FR	#3 CCNY	24:09.57	4/7
8	Maisha ISLAM	FR	#3 CCNY	{2} 32:01.26	4/27

Women's 10,000 Meters

1	Touka MEDJOUBI	FR	#1 Hunter	42:10.17	3/24
2	Wendy MONTIEL	JR	#1 Hunter	{2} 45:23.78	4/20
3	Samantha SURIEL	JR	#1 Hunter	{3} 46:13.14	4/20
4	Nana SAMAKE	SO	#2 Medgar Evers	48:47.48	3/24
5	Rawnaa ELSHITA	SR	#1 Hunter	{4} 50:46.48	3/24
6	Isabelle ASHPOLE	FR	#3 CCNY	52:55.10	3/24
7	Maisha ISLAM	FR	#3 CCNY	{2} 1:06:44	3/24

Women's 4x100 Relay

1	Jennifer Metra, Aaliyah Bartholomew, Desireth Ramirez, Imani Richardson	#2 Medgar Evers	53.82	3/30
2	Alyssa Abrahams, Tahlea Murray, Isabella Moseley, Rubilyn Navarro	#1 Hunter	55.16	4/26
3	Colby Corley, Arlene Suzana, Nidia Nelson, Amariah Emanuel-Taylor	#5 Lehman	57.24	4/20
4	Imani Gibson, Katryna Francois, Peta-Gay Hunter, Keanna Clouden	#4 York (N.Y.)	57.41	4/27
5	Leondra Craig, Britney Lacy, Kaylin Soto, Samantha Johnson	#3 CCNY	58.85	4/27

Women's 4x400 Relay

1	Samantha Suriel, Rawnaa Elshita, Irving Jiang, Isabella Moseley	#1 Hunter	4:51.51	4/26
2	Aaliyah Bartholomew, Nana Samake, Lambert Jada, Jennifer Metra	#2 Medgar Evers	4:56.77	4/7
3	Isabelle Ashpole, Angelina Brown, Dashawna Brown, Camille Carrasco	#3 CCNY	5:07.64	4/12
4	Imani Gibson, Peta- Gay Hunter, Katryna Francois, Keanna Clouden	#4 York (N.Y.)	5:16.09	4/12

Women's High Jump

1	Daria NIEBRZYDOWSKI	SO	#1 Hunter	1.55m	5-1	4/7
2	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	1.37m	4-6	4/19
3	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 1.35m	4-5	4/20
4	Rubilyn NAVARRO	SO	#1 Hunter	{2} 1.32m	4-4	3/24
5	Leondra CRAIG	JR	#3 CCNY	1.30m	4-3½	4/7
6	Becky LI	FR	#1 Hunter	{3} 1.27m	4-2	3/24
6	Leila NOURI	FR	#1 Hunter	{3} 1.27m	4-2	3/24
8	Lambert JADA	FR	#2 Medgar Evers	{3} 1.25m	4-1¼	4/7
9	Lilliana KHDIR	FR	#1 Hunter	{5} 1.22m	4-0	3/24
9	Jennifer METRA	FR	#2 Medgar Evers	{4} 1.22m	4-0	3/23

Women's Long Jump

1	Rasheeda GURLEY	SR	#4 York (N.Y.)	5.17mw	16-11½ (2.2)	3/30
2	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	4.78m	15-8¼ (0.6)	4/27
3	Rubilyn NAVARRO	SO	#1 Hunter	4.77m	15-7¾	4/26
4	Tahlea MURRAY	FR	#1 Hunter	{2} 4.71m	15-5½ (-1.9)	3/30
4	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 4.71m	15-5½ (0.3)	4/7
6	Imani RICHARDSON	FR	#2 Medgar Evers	{3} 4.62m	15-2 (0.0)	4/7
7	Becky LI	FR	#1 Hunter	{3} 4.48m	14-8½ (0.0)	4/20
8	Daria NIEBRZYDOWSKI	SO	#1 Hunter	{4} 4.45m	14-7¼ (-2.0)	3/30
9	Kaylin SOTO	SO	#3 CCNY	4.30m	14-1¼ (1.6)	4/19
10	Deja DAVIS	FR	#2 Medgar Evers	{4} 4.17m	13-8¼ (-1.0)	4/6

Women's Triple Jump

1	Tahlea MURRAY	FR	#1 Hunter	10.43m	34-2¾	4/26
2	Daria NIEBRZYDOWSKI	SO	#1 Hunter	{2} 9.81m	32-2¼ (0.0)	4/7
3	Desireth RAMIREZ	FR	#2 Medgar Evers	9.73m	31-11¼ (1.4)	4/27
4	Rubilyn NAVARRO	SO	#1 Hunter	{3} 9.50m	31-2	4/26
5	Lambert JADA	FR	#2 Medgar Evers	{2} 9.07m	29-9¼ (-0.5)	4/26
6	Deja DAVIS	FR	#2 Medgar Evers	{3} 7.96m	26-1½ (1.3)	4/7

Women's Shot Put

1	Serena WARNER	JR	#3 CCNY	9.94m	32-7½	4/27
2	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	9.28m	30-5½	4/26
3	Nia BUTLER	FR	#2 Medgar Evers	{2} 8.82m	28-11¼	3/30
4	Nidia NELSON	SO	#5 Lehman	8.62m	28-3½	4/12
5	Camaya SEALY	FR	#2 Medgar Evers	{3} 8.20m	26-11	4/7
6	Karina TAN	JR	#1 Hunter	8.04m	26-4½	3/24
7	Torey RICHARDS	FR	#2 Medgar Evers	{4} 7.92m	26-0	4/20
8	Jada CLAYTON	FR	#2 Medgar Evers	{5} 7.85m	25-9¼	4/13
8	Nadia DALEY	FR	#4 York (N.Y.)	7.85m	25-9¼	4/20
10	Leondra CRAIG	JR	#3 CCNY	{2} 7.67m	25-2	4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



CUNYAC

as of 5/7/2024 6:44:14 AM ET

Women's Discus

1	Serena WARNER	JR	#3 CCNY	27.70m	90-10½	4/27
2	Nidia NELSON	SO	#5 Lehman	25.63m	84-1¼	4/26
3	Torey RICHARDS	FR	#2 Medgar Evers	24.90m	81-8½	4/20
4	Jada CLAYTON	FR	#2 Medgar Evers	{2} 23.68m	77-8¼	4/20
5	Leondra CRAIG	JR	#3 CCNY	{2} 23.02m	75-6¼	3/30
6	Nia NOVOTNY	FR	#1 Hunter	22.45m	73-8	4/26
7	Karina TAN	JR	#1 Hunter	{2} 22.07m	72-5	4/7
8	Raine WILLIAMS	FR	#2 Medgar Evers	{3} 21.06m	69-1¼	4/13
9	Nia BUTLER	FR	#2 Medgar Evers	{4} 21.03m	69-0	4/19
10	Rawnaa ELSHITA	SR	#1 Hunter	{3} 19.21m	63-¼	4/26

Women's Hammer

1	Nidia NELSON	SO	#5 Lehman	35.56m	116-8	3/30
2	Nia BUTLER	FR	#2 Medgar Evers	27.88m	91-5¾	4/20
3	Jada CLAYTON	FR	#2 Medgar Evers	{2} 26.20m	85-11½	4/13
4	Karina TAN	JR	#1 Hunter	24.63m	80-9¾	4/7
5	Torey RICHARDS	FR	#2 Medgar Evers	{3} 23.98m	78-8¼	4/27
6	Serena WARNER	JR	#3 CCNY	23.56m	77-3¾	4/27
7	Raine WILLIAMS	FR	#2 Medgar Evers	{4} 21.98m	72-1½	4/27
8	Sofia CAMPOS	FR	#3 CCNY	{2} 18.65m	61-2¼	4/19
9	Leondra CRAIG	JR	#3 CCNY	{3} 17.18m	56-4½	4/27
10	Rawnaa ELSHITA	SR	#1 Hunter	{2} 16.80m	55-1½	4/26

Women's Javelin

1	Serena WARNER	JR	#3 CCNY	29.60m	97-1½	4/27
2	Leondra CRAIG	JR	#3 CCNY	{2} 28.92m	94-10¾	3/30
3	Nia NOVOTNY	FR	#1 Hunter	28.46m	93-4½	4/26
4	Kaylin SOTO	SO	#3 CCNY	{3} 22.93m	75-2¾	4/19
5	Camaya SEALY	FR	#2 Medgar Evers	21.45m	70-4½	4/27
6	Raine WILLIAMS	FR	#2 Medgar Evers	{2} 21.00m	68-10¾	4/27
7	Nidia NELSON	SO	#5 Lehman	20.76m	68-1½	4/20
8	Rawnaa ELSHITA	SR	#1 Hunter	{2} 17.70m	58-1	3/24
9	Alisha ADAMS	FR	#4 York (N.Y.)	17.57m	57-7¾	4/7
10	Torey RICHARDS	FR	#2 Medgar Evers	{3} 16.48m	54-1	4/6



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Empire 8

as of 5/7/2024 6:44:14 AM ET

Women's 100 Meters

1	66 Mackenzie MIX	JR	#2 Utica	12.21	(1.8)	4/26
2	Victoria BREWSTER	SO	#5 Houghton	12.38w	(2.2)	5/4
3	Alaina MORLEY	SO	#1 Nazareth	12.60w	(2.2)	5/4
4	Alexis LASHER	SO	#1 Nazareth	{2} 12.69	(1.7)	5/4
5	Michaela KURBS	SR	#3 St. John Fisher	12.76w	(3.0)	4/27
6	Pepita GRAHAM	FR	#6 Hartwick	12.87w	(2.9)	4/6
7	Zeniyah GHOLSON	SO	#2 Utica	{2} 13.00	(1.7)	5/4
8	Laura MEADE	SR	#2 Utica	{3} 13.03	(1.8)	4/26
9	Ayjah CLARKE	SR	#2 Utica	{4} 13.04w	(2.2)	5/4
10	Jasmine KENDRICK	FR	#1 Nazareth	{3} 13.17	(0.3)	5/4

Women's 100 Meter Hurdles

1	Samantha LUBA	SO	#1 Nazareth	15.34	(0.0)	5/4
2	Anne SPILA	JR	#4 Alfred	15.35	(1.2)	5/4
3	Alyssa YOUNGS	FR	#2 Utica	15.90	(0.2)	5/4
4	Stefania GRIMALDI	FR	#2 Utica	{2} 16.20	(2.0)	3/30
5	Olivia JENSEN	FR	#2 Utica	{3} 16.24	(1.2)	5/4
6	Bianca DURSO	SR	#4 Alfred	{2} 16.50	(0.6)	5/4
7	Amelia PETERSEN	FR	#2 Utica	{4} 16.61w	(2.5)	4/20
8	Hannah RAGULE	SR	#1 Nazareth	{2} 16.65w	(2.2)	4/26
9	Stephanie COHEN	FR	#6 Hartwick	16.76	(0.2)	5/4
10	Mallory RICE	FR	#1 Nazareth	{3} 16.78	(0.2)	5/4

Women's 200 Meters

1	Mackenzie MIX	JR	#2 Utica	25.50	(-2.4)	4/26
2	Victoria BREWSTER	SO	#5 Houghton	25.79	(0.7)	5/4
3	Alaina MORLEY	SO	#1 Nazareth	26.43	(0.4)	4/13
4	Alexis LASHER	SO	#1 Nazareth	{2} 26.57	(0.7)	5/4
5	Abrianna WADLEY	JR	#2 Utica	{2} 26.61w	(2.3)	4/20
6	Anne SPILA	JR	#4 Alfred	26.66	(1.6)	5/4
7	Grace DOLAN	FR	#3 St. John Fisher	26.91	(1.7)	4/27
8	Lauren BENDALL	SR	#1 Nazareth	{3} 27.19	(1.6)	5/4
9	Jasmine KENDRICK	FR	#1 Nazareth	{4} 27.22	(-1.9)	4/26
10	Sarah CODDINGTON	SO	#5 Houghton	{2} 27.29	(1.5)	5/4

Women's 400 Meters

1	66 Mackenzie MIX	JR	#2 Utica	57.60		5/4
2	Olivia GILBERT	SR	#4 Alfred	59.45		4/27
3	Sophia LEACH	FR	#3 St. John Fisher	1:00.08		5/4
4	Isabella HEATH	SR	#1 Nazareth	1:00.37		5/4
5	Janaiya CRUZ-BERMEDEZ	SR	#2 Utica	{2} 1:00.49		5/4
6	Grace DOLAN	FR	#3 St. John Fisher	{2} 1:00.88		4/27
7	Alexis LASHER	SO	#1 Nazareth	{2} 1:01.10		5/4
8	Jordan WAGNER	FR	#1 Nazareth	{3} 1:01.37		5/4
9	Lauren BENDALL	SR	#1 Nazareth	{4} 1:01.68		4/26
10	Zoe RAINVILLE	FR	#4 Alfred	{2} 1:01.91		5/4

Women's 400 Meter Hurdles

1	Alyssa YOUNGS	FR	#2 Utica	1:07.03		5/4
2	Sophia LEACH	FR	#3 St. John Fisher	1:07.88		5/4
3	Samantha LUBA	SO	#1 Nazareth	1:08.28		5/4
4	Mackenzie MIX	JR	#2 Utica	{2} 1:08.89		3/30
5	Lauren BENDALL	SR	#1 Nazareth	{2} 1:08.97		3/30
6	Mallory RICE	FR	#1 Nazareth	{3} 1:09.06		4/26
7	Hayly FREDRICKSON	JR	#3 St. John Fisher	{2} 1:09.33		5/4
8	Annabelle TOWNSEND	JR	#4 Alfred	1:09.69		5/4
9	Tirzah SPIVEY	SO	#7 Sage Colleges	1:10.05		5/4
10	Olivia JENSEN	FR	#2 Utica	{3} 1:11.61		4/20

Women's 800 Meters

1	Olivia GILBERT	SR	#4 Alfred	2:17.47		5/4
2	Jade DENING	JR	#2 Utica	2:20.49		5/4
3	Kyra BINNEY	SO	#5 Houghton	2:21.78		5/4
4	Ella IMPAGLIA	SO	#1 Nazareth	2:21.86		5/4
5	Paige ACKLEY	SR	#1 Nazareth	{2} 2:24.20		5/4
6	Caitlin VOLOSHEN	SO	#3 St. John Fisher	2:25.23		3/29
7	Maggie BACON	FR	#3 St. John Fisher	{2} 2:26.21		5/4
8	Allison LIST	SO	#3 St. John Fisher	{3} 2:26.76		4/14
9	Kennedy ROSE	FR	#1 Nazareth	{3} 2:26.79		5/4
10	Kelsey FAHY	FR	#1 Nazareth	{4} 2:26.80		4/20

Women's 1500 Meters

1	Ella IMPAGLIA	SO	#1 Nazareth	4:52.19		4/26
2	Emily WEAVER	SR	#1 Nazareth	{2} 4:56.78		4/26
3	Jade DENING	JR	#2 Utica	4:56.79		4/26
4	Tabitha CLARK	JR	#5 Houghton	4:57.53		5/4
5	Kelsey FAHY	FR	#1 Nazareth	{3} 4:59.70		4/26
6	Noelle LINENFELSER	SO	#5 Houghton	{2} 4:59.96		4/7
7	Mackenzie FEENEY	SR	#7 Sage Colleges	5:00.31		5/4
8	Olivia GRINNELL	SO	#3 St. John Fisher	5:00.95		5/4
9	Allison LIST	SO	#3 St. John Fisher	{2} 5:04.51		4/27
10	McKenzie HALL	SR	#4 Alfred	5:04.67		5/4

Women's Steeplechase

1	Ella IMPAGLIA	SO	#1 Nazareth	11:44.41		4/7
2	Emily WEAVER	SR	#1 Nazareth	{2} 11:47.48		4/14
3	Caitlin VOLOSHEN	SO	#3 St. John Fisher	11:56.44		4/7
4	Bailey VISINGARD	FR	#1 Nazareth	{3} 11:56.53		4/7
5	Allison LIST	SO	#3 St. John Fisher	{2} 12:09.05		5/4
6	Sabrina ANTONINI	JR	#3 St. John Fisher	{3} 12:59.56		4/7
7	Megan O'MALLEY	FR	#3 St. John Fisher	{4} 13:28.02		5/4
8	Maggie DOLLOFF	JR	#3 St. John Fisher	{5} 13:47.90		5/4
9	Emma WENDT	FR	#1 Nazareth	{4} 14:46.64		4/7
10	Sophie RIDGWAY	JR	#6 Hartwick	16:18.18		4/20



Conference TFRI Event Summary



Empire 8

as of 5/7/2024 6:44:15 AM ET

Women's 5000 Meters

1	Lauren DEMICHELE	SR	#3 St. John Fisher	18:14.00	4/7
2	Riley JAMESON	JR	#3 St. John Fisher {2}	18:23.59	4/7
3	Noelle LINENFELSER	SO	#5 Houghton	18:28.95	5/4
4	Lilianna HANNING	SR	#1 Nazareth	18:29.09	4/26
5	Ella IMPAGLIA	SO	#1 Nazareth {2}	18:44.20	3/30
6	Elizabeth INGELLIS	JR	#7 Sage Colleges	18:45.55	3/30
7	Laura WITT	SR	#3 St. John Fisher {3}	18:47.82	4/27
8	McKenzie HALL	SR	#4 Alfred	18:58.93	3/30
9	Emily WEAVER	SR	#1 Nazareth {3}	19:05.94	5/4
10	Jade DENING	JR	#2 Utica	19:17.40	5/4

Women's 10,000 Meters

1	Riley JAMESON	JR	#3 St. John Fisher	38:53.39	4/13
2	Lauren DEMICHELE	SR	#3 St. John Fisher {2}	38:57.59	5/4
3	Elizabeth INGELLIS	JR	#7 Sage Colleges	39:04.82	4/6
4	Lilianna HANNING	SR	#1 Nazareth	39:43.03	5/4
5	Noelle LINENFELSER	SO	#5 Houghton	39:51.46	3/30
6	Laura WITT	SR	#3 St. John Fisher {3}	40:24.45	3/30
7	Kennedy DORAN	FR	#1 Nazareth {2}	40:47.75	3/30
8	Lauren ALMY	SR	#3 St. John Fisher {4}	41:34.44	4/13
9	Abigail PERRY	SR	#3 St. John Fisher {5}	42:15.11	4/13
10	Meghan MOYER	FR	#1 Nazareth {3}	42:57.08	3/30

Women's 4x100 Relay

1	100 Alexis Lasher, Alaina Morley, Jasmine Kendrick, Sydney LaSalle	#1 Nazareth	49.41	5/4
2	Zeniyah Gholson, Abrianna Wadley, Laura Meade, Mackenzie Mix	#2 Utica	49.94	4/13
3	Bianca Durso, Annabelle Townsend, Zoe Rainville, Anne Spila	#4 Alfred	51.58	4/27
4	Hayly Fredrickson, Ashley Holt, Sophia Leach, Allison Lennebacker	#3 St. John Fisher	52.45	4/27
5	Giovanna Wall, Molly Corbett, Atticus Dinsmore, Destiny Carter	#6 Hartwick	54.30	5/4

Women's 4x400 Relay

1	Zoe Rainville, Anne Spila, Bianca Durso, Olivia Gilbert	#4 Alfred	4:05.90	5/4
2	Alyssa Youngs, Janaiya Cruz-Bermudez, Laura Meade, Mackenzie Mix	#2 Utica	4:06.47	5/4
3	Jordan Wagner, Alexis Lasher, Kennedy Rose, Isabella Heath	#1 Nazareth	4:08.02	5/4
4	Grace Dolan, Sophia Leach, Olivia Grinnell, Hayly Fredrickson	#3 St. John Fisher	4:15.97	5/4
5	Kyra Binney, Sarah Coddington, Victoria Brewster, Tabitha Clark	#5 Houghton	4:16.41	5/4
6	Giovanna Wall, Atticus Dinsmore, Destiny Carter, Stephanie Cohen	#6 Hartwick	4:27.19	5/4
7	Mackenzie Feeney, Hannah Maxson, Charisma Losee, Tirzah Spivey	#7 Sage Colleges	4:38.65	5/4

Women's High Jump

1	92 Sydney LASALLE	SO	#1 Nazareth	1.59m	5-2½	4/26
2	Hannah ALLISON	FR	#2 Utica	1.57m	5-1¾	4/20
2	Bianca DURSO	SR	#4 Alfred	1.57m	5-1¾	4/6
4	Abrianna WADLEY	JR	#2 Utica {2}	1.54m	5-½	4/20
5	Alaina MORLEY	SO	#1 Nazareth {2}	1.52m	4-11¾	4/20
5	Anne SPILA	JR	#4 Alfred {2}	1.52m	4-11¾	4/13
7	Sarah MERRIWETHER	SR	#1 Nazareth {3}	1.50m	4-11	3/30
8	Claudia VOGEL	SR	#3 St. John Fisher	1.48m	4-10¼	4/13
9	Mary CLAIRE ROLLINS	FR	#3 St. John Fisher {2}	1.47m	4-9¾	4/20
9	Samantha LUBA	SO	#1 Nazareth {4}	1.47m	4-9¾	5/4

Women's Pole Vault

1	54 Rosie MORSE	SO	#1 Nazareth	3.53m	11-7	5/4
2	68 Kiara TORNUSCIOLO	SO	#1 Nazareth {2}	3.46m	11-4¼	4/13
3	71 Isabel MORSE	SO	#1 Nazareth {3}	3.45m	11-3¾	5/4
4	Emily FRECH	JR	#3 St. John Fisher	3.25m	10-8	4/20
5	Cassandra WOOD	FR	#2 Utica	3.00m	9-10	5/4
5	Maizie POULAKIS	FR	#2 Utica	3.00m	9-10	5/4
7	Lauren BENDALL	SR	#1 Nazareth {4}	2.92m	9-7	4/26
7	Sofie FISCHLER	JR	#1 Nazareth {4}	2.92m	9-7	4/26
9	Caitlyn SMITHERS	FR	#1 Nazareth {6}	2.85m	9-4¼	5/4
10	Jayle LEONARD	FR	#2 Utica {3}	2.60m	8-6¼	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Empire 8

as of 5/7/2024 6:44:15 AM ET

Women's Long Jump

1	26	Veronica DUELL	JR	#3	St. John Fisher	5.68m	18-7¾ (0.0)	5/3
2	31	Alaina MORLEY	SO	#1	Nazareth	5.63mw	18-5¾ (3.9)	4/26
3	63	Nora DEVITT	JR	#2	Utica	5.52m	18-1½ (0.9)	4/13
4		Hannah RAGULE	SR	#1	Nazareth	{2} 5.36m	17-7 (0.4)	4/26
5		Anne SPILA	JR	#4	Alfred	5.34m	17-6¼ (1.7)	4/13
6		Stefania GRIMALDI	FR	#2	Utica	{2} 5.29m	17-4¼ (0.9)	4/13
7		Isabella HEATH	SR	#1	Nazareth	{3} 5.25m	17-2¾ (-2.3)	4/20
7		Michaela KURBS	SR	#3	St. John Fisher	{2} 5.25m	17-2¾ (0.0)	5/4
9		Peytyn GEER	FR	#1	Nazareth	{4} 5.22mw	17-1½ (2.8)	4/26
10		Alyssa YOUNGS	FR	#2	Utica	{3} 5.19m	17-½ (0.0)	5/4

Women's Triple Jump

1	58	Zeniyah GHOLSON	SO	#2	Utica	11.36mw	37-3¼ (2.4)	5/4
2	61	Nora DEVITT	JR	#2	Utica	{2} 11.35mw	37-3 (2.7)	5/4
3	66	Isabella HEATH	SR	#1	Nazareth	11.31mw	37-1¼ (2.5)	5/4
4	96	Alyssa YOUNGS	FR	#2	Utica	{3} 11.16m	36-7½ (1.4)	5/4
5		Hannah RAGULE	SR	#1	Nazareth	{2} 10.86m	35-7¾ (1.7)	5/4
6		Sydney LASALLE	SO	#1	Nazareth	{3} 10.75m	35-3¼ (1.2)	3/30
7		Sophia BRUCE	FR	#2	Utica	{4} 10.66m	34-11¾ (1.0)	3/30
8		Samantha LUBA	SO	#1	Nazareth	{4} 10.62m	34-10¼ (2.0)	5/4
9		Nyasia MARSH	FR	#2	Utica	{5} 10.44m	34-3 (1.3)	4/13
10		Mallory RICE	FR	#1	Nazareth	{5} 10.32m	33-10¼ (1.3)	5/4

Women's Shot Put

1	4	Jane FAHY	SR	#2	Utica	14.77m	48-5½	4/26
2	31	Makenna KING	SR	#3	St. John Fisher	13.34m	43-9¼	5/4
3	95	Madison PALMER	SR	#5	Houghton	12.36m	40-6¾	5/4
4		Erin MCGUINNESS	SO	#3	St. John Fisher	{2} 11.97m	39-3¼	5/4
5		Allie CARY	FR	#2	Utica	{2} 11.94m	39-2¼	5/4
6		Riley KING	FR	#2	Utica	{3} 11.22m	36-9¾	5/4
7		Morgan COLLAZO	JR	#3	St. John Fisher	{3} 10.64m	34-11	5/4
8		Emily ROLINCE	FR	#1	Nazareth	10.55m	34-7½	4/26
9		Lea RICHARD	SR	#1	Nazareth	{2} 10.33m	33-10¾	4/26
10		Anne SPILA	JR	#4	Alfred	10.11m	33-2	5/4

Women's Discus

1	10	Makenna KING	SR	#3	St. John Fisher	45.65m	149-9	5/4
2	44	Allie CARY	FR	#2	Utica	42.41m	139-2	4/13
3	79	Jane FAHY	SR	#2	Utica	{2} 40.54m	133-0	5/4
4		Erin MCGUINNESS	SO	#3	St. John Fisher	{2} 39.58m	129-10	4/27
5		Hailey HROUDA	FR	#2	Utica	{3} 37.22m	122-2	5/4
6		Lea RICHARD	SR	#1	Nazareth	35.49m	116-5	5/4
7		Emily ROLINCE	FR	#1	Nazareth	{2} 33.65m	110-5	4/7
8		Sarah FLORIAN	SO	#2	Utica	{4} 32.98m	108-3	3/30
9		Madison PALMER	SR	#5	Houghton	31.73m	104-1	4/7
10		Morgan COLLAZO	JR	#3	St. John Fisher	{3} 31.50m	103-4	4/27

Women's Hammer

1	23	Lea RICHARD	SR	#1	Nazareth	52.14m	171-1	4/26
2	51	Anna STEED	SO	#3	St. John Fisher	48.96m	160-8	4/27
3	81	Riley KING	FR	#2	Utica	47.41m	155-7	4/23
4		Makenna KING	SR	#3	St. John Fisher	{2} 45.83m	150-5	5/4
5		Madison PALMER	SR	#5	Houghton	43.98m	144-4	5/4
6		Jazelle MCINTYRE	SO	#3	St. John Fisher	{3} 43.65m	143-3	5/4
7		Emilia COSTELLO	JR	#2	Utica	{2} 42.33m	138-11	5/4
8		Allie CARY	FR	#2	Utica	{3} 41.31m	135-7	4/13
9		Hailey HROUDA	FR	#2	Utica	{4} 40.83m	134-0	5/4
9		Grace MOYER	JR	#1	Nazareth	{2} 40.83m	134-0	4/26

Women's Javelin

1		Delaney PRATHER	FR	#4	Alfred	34.23m	112-4	3/30
2		Elaina FURTADO-RAHILL	FR	#2	Utica	33.66m	110-5	5/4
3		Claudia VOGEL	SR	#3	St. John Fisher	33.59m	110-3	5/4
4		Anne SPILA	JR	#4	Alfred	{2} 32.27m	105-11	5/4
5		Abigail NUZZO	SO	#5	Houghton	31.83m	104-5	5/4
6		Laura MEADE	SR	#2	Utica	{2} 31.33m	102-10	5/4
7		Ranasia BAILEY	SO	#2	Utica	{3} 28.37m	93-1	4/6
8		Abbey CONQUEST	JR	#1	Nazareth	28.31m	92-10¾	4/26
9		Lauren BENDALL	SR	#1	Nazareth	{2} 27.99m	91-10	4/20
10		Hannah RAGULE	SR	#1	Nazareth	{3} 27.88m	91-5¾	5/4

Women's Heptathlon

1	42	Anne SPILA	JR	#4	Alfred	4,213		5/4
2	68	Bianca DURSO	SR	#4	Alfred	{2} 3,855		5/4
3	75	Lauren BENDALL	SR	#1	Nazareth	3,821		5/4
4	77	Hannah RAGULE	SR	#1	Nazareth	{2} 3,805		5/4
5	87	Alyssa YOUNGS	FR	#2	Utica	3,686		4/20
6	98	Stefania GRIMALDI	FR	#2	Utica	{2} 3,644		5/4
7	100	Samantha LUBA	SO	#1	Nazareth	{3} 3,633		4/13
8		Abrianna WADLEY	JR	#2	Utica	{3} 3,372		4/20
9		Madelynn JONES	FR	#1	Nazareth	{4} 3,179		5/4
10		Hannah ALLISON	FR	#2	Utica	{4} 3,158		4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



GNAC

as of 5/7/2024 6:44:15 AM ET

Women's 100 Meters

1	Kayoni JORDAN	FR	#4 Lasell	12.91	(0.4)	4/28
2	Madilyn EBBINGHAUS	FR	#4 Lasell	{2} 13.07	(0.4)	4/28
3	Reilly SLUSSER	SO	#1 Emmanuel (Mas:	13.22	(0.8)	4/28
4	Olivia DENCH	SO	#2 Regis (Mass.)	13.23	(0.4)	4/28
5	Caroline CAREY	JR	#1 Emmanuel (Mas:{2}	13.27	(0.4)	4/28
6	Hanna BABEK	JR	#4 Lasell	{3} 13.34	(0.5)	4/28
7	Aleyo AMASA-TITUS	FR	#2 Regis (Mass.)	{2} 13.63	(0.3)	4/8
8	Cynthia BRITO	SR	#1 Emmanuel (Mas:{3}	13.79	(0.8)	4/28
9	Abigail KILBRIDE	JR	#2 Regis (Mass.)	{3} 13.88	(0.7)	4/28
10	Alexis COWAN	FR	#3 Saint Joseph's (I	13.98	(0.8)	4/28

Women's 100 Meter Hurdles

1	Audrey BILODEAU	SO	#3 Saint Joseph's (I	16.20	(-0.3)	4/28
2	Brooklyn GOFF	SR	#3 Saint Joseph's (I{2}	16.21	(1.2)	4/28
3	Kate COCHRAN	SO	#5 Colby-Sawyer	16.72	(-0.3)	4/28
4	Colleen CURRAN	FR	#2 Regis (Mass.)	16.81	(-0.3)	4/28
5	Beverly BROWNE	SR	#1 Emmanuel (Mas:	17.11	(-0.3)	4/28
6	Amy PROUX	FR	#1 Emmanuel (Mas:{2}	18.15	(-0.6)	4/20
7	Kason HUYNH	FR	#1 Emmanuel (Mas:{3}	18.27	(-0.3)	4/28
8	Emily AHO	JR	#2 Regis (Mass.)	{2} 18.68	(1.2)	4/28
9	Siobhan WALSH	FR	#1 Emmanuel (Mas:{4}	19.65	(1.2)	4/28
10	Storme ROY	FR	#1 Emmanuel (Mas:{5}	21.00	(0.5)	4/28

Women's 200 Meters

1	59 Ashley KELEHER	SR	#5 Colby-Sawyer	24.97	(1.8)	5/3
2	Reilly SLUSSER	SO	#1 Emmanuel (Mas:	27.05	(0.6)	4/28
3	Janet AMASA-TITUS	FR	#2 Regis (Mass.)	27.27	(0.6)	4/28
4	Madilyn EBBINGHAUS	FR	#4 Lasell	27.30	(0.6)	4/28
5	Caroline CAREY	JR	#1 Emmanuel (Mas:{2}	27.37	(0.6)	4/28
6	Brooklyn GOFF	SR	#3 Saint Joseph's (I	27.58	(-1.8)	4/13
7	Olivia DENCH	SO	#2 Regis (Mass.)	{2} 27.73	(-1.2)	4/28
8	Kayoni JORDAN	FR	#4 Lasell	{2} 27.89	(-1.2)	4/28
9	Aleyo AMASA-TITUS	FR	#2 Regis (Mass.)	{3} 28.02	(-1.6)	4/8
10	Ava SMART	FR	#3 Saint Joseph's (I{2}	28.10	(0.5)	4/20

Women's 400 Meters

1	45 Ashley KELEHER	SR	#5 Colby-Sawyer	57.01		4/20
2	Janet AMASA-TITUS	FR	#2 Regis (Mass.)	1:00.76		4/28
3	Reilly SLUSSER	SO	#1 Emmanuel (Mas:	1:02.44		4/20
4	Desiree ROBINSON	JR	#1 Emmanuel (Mas:{2}	1:02.62		3/30
5	Caroline CAREY	JR	#1 Emmanuel (Mas:{3}	1:03.76		4/20
6	Ava SMART	FR	#3 Saint Joseph's (I	1:05.08		4/28
7	Kristen RAFERTY	JR	#1 Emmanuel (Mas:{4}	1:06.04		4/28
8	Jordan HUNTLEY	FR	#3 Saint Joseph's (I{2}	1:10.49		3/30
9	Courtney LARSON	JR	#5 Colby-Sawyer	{2} 1:11.48		4/13
10	Olivia DENCH	SO	#2 Regis (Mass.)	{2} 1:11.80		3/30

Women's 400 Meter Hurdles

1	Audrey BILODEAU	SO	#3 Saint Joseph's (I	1:06.40		5/3
2	Brooklyn GOFF	SR	#3 Saint Joseph's (I{2}	1:09.39		4/28
3	Colleen CURRAN	FR	#2 Regis (Mass.)	1:09.70		4/28
4	Desiree ROBINSON	JR	#1 Emmanuel (Mas:	1:10.40		4/20
5	Kristen RAFERTY	JR	#1 Emmanuel (Mas:{2}	1:12.91		4/28
6	Elisa D'SA	JR	#2 Regis (Mass.)	{2} 1:14.16		4/20
7	Naomi OBENHAUS	JR	#1 Emmanuel (Mas:{3}	1:14.74		4/28
8	Amy PROUX	FR	#1 Emmanuel (Mas:{4}	1:19.28		4/20
9	Emily GREENE	SO	#1 Emmanuel (Mas:{5}	1:20.59		3/30
10	Kason HUYNH	FR	#1 Emmanuel (Mas:{6}	1:20.69		4/28

Women's 800 Meters

1	Alexia YOUNG	SO	#3 Saint Joseph's (I	2:28.91		4/28
2	Ashleigh KELLEY	SR	#2 Regis (Mass.)	2:29.11		4/28
3	Katherine KOHTALA	FR	#4 Lasell	2:31.14		4/28
4	Kendall NEWTON	FR	#1 Emmanuel (Mas:	2:36.15		4/28
5	Maisy HILL	FR	#5 Colby-Sawyer	2:36.71		4/28
6	Brooklyn GOFF	SR	#3 Saint Joseph's (I{2}	2:37.11		5/3
7	Kiara CERRUTI	SO	#4 Lasell	{2} 2:37.67		4/6
8	Emily GREENE	SO	#1 Emmanuel (Mas:{2}	2:38.82		4/28
9	Tessa MILLETTE	JR	#5 Colby-Sawyer	{2} 2:40.00		4/28
10	Annabelle JEAN-PHILIPPE	JR	#2 Regis (Mass.)	{2} 2:40.74		4/20

Women's 1500 Meters

1	Ashleigh KELLEY	SR	#2 Regis (Mass.)	5:06.91		4/8
2	Adriana NADEAU	SO	#5 Colby-Sawyer	5:10.10		4/20
3	Erin KELLEY	SR	#2 Regis (Mass.)	{2} 5:12.73		4/28
4	Kiara CERRUTI	SO	#4 Lasell	5:22.67		4/8
5	Kendall NEWTON	FR	#1 Emmanuel (Mas:	5:25.34		4/28
6	Emma KRANTZ	SR	#1 Emmanuel (Mas:{2}	5:26.90		4/28
7	Tessa MILLETTE	JR	#5 Colby-Sawyer	{2} 5:30.61		3/30
8	Maisy HILL	FR	#5 Colby-Sawyer	{3} 5:37.94		4/13
9	Katie KELLEY	SR	#2 Regis (Mass.)	{3} 5:40.07		4/8
10	Mia DEMORE	FR	#1 Emmanuel (Mas:{3}	5:48.78		4/8

Women's Steeplechase

1	Libby PARKER	SR	#2 Regis (Mass.)	13:22.69		4/28
2	Elisa D'SA	JR	#2 Regis (Mass.)	{2} 13:30.39		4/28
3	Leah O'NEILL	SO	#5 Colby-Sawyer	13:35.20		4/28
4	Heidi LI	FR	#1 Emmanuel (Mas:	14:14.09		4/28
5	Ava MOFFETT	FR	#3 Saint Joseph's (I	14:44.73		4/28
6	Ava REISE	SO	#1 Emmanuel (Mas:{2}	14:51.28		4/28
7	Evie HOLT	SO	#1 Emmanuel (Mas:{3}	15:44.64		4/28
8	Eftihia FOTOS	SR	#4 Lasell	17:06.51		4/28



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



GNAC

as of 5/7/2024 6:44:15 AM ET

Women's 5000 Meters

1	Ashleigh KELLEY	SR	#2 Regis (Mass.)	18:02.92	5/3
2	Erin KELLEY	SR	#2 Regis (Mass.) {2}	19:09.10	3/30
3	Adriana NADEAU	SO	#5 Colby-Sawyer	19:42.11	3/30
4	Samantha CARUS	JR	#5 Colby-Sawyer {2}	20:57.27	4/28
5	Tessa MILLETTE	JR	#5 Colby-Sawyer {3}	21:08.73	3/30
6	Leah O'NEILL	SO	#5 Colby-Sawyer {4}	21:25.90	4/20
7	Emma KRANTZ	SR	#1 Emmanuel (Mas:)	21:26.39	3/30
8	Heidi LI	FR	#1 Emmanuel (Mas:)	22:50.66	4/13
9	Jonnie CHAREST	SO	#2 Regis (Mass.) {3}	22:58.13	4/8
10	Olivia ROSANO	FR	#2 Regis (Mass.) {4}	23:14.19	3/30

Women's 10,000 Meters

1	Erin KELLEY	SR	#2 Regis (Mass.)	38:45.42	5/3
2	Adriana NADEAU	SO	#5 Colby-Sawyer	39:50.32	4/13
3	Samantha CARUS	JR	#5 Colby-Sawyer {2}	43:12.84	4/28
4	Ashleigh KELLEY	SR	#2 Regis (Mass.) {2}	44:16.10	4/28
5	Emma KRANTZ	SR	#1 Emmanuel (Mas:)	44:36.58	4/28
6	Libby PARKER	SR	#2 Regis (Mass.) {3}	46:29.72	4/28
7	Jonnie CHAREST	SO	#2 Regis (Mass.) {4}	48:49.27	3/30
8	Mia DEMORE	FR	#1 Emmanuel (Mas:)	48:51.04	4/28

Women's 4x100 Relay

1	Olivia Dench, Janet Amasa-Titus, Colleen Curran, Aleyo Amasa-Titus	#2 Regis (Mass.)	51.43	4/8
2	Madilyn Ebbinghaus, Hanna Babek, Damali Waugh, Kayoni Jordan	#4 Lasell	51.85	5/3
3	Jordan Huntley, Audrey Bilodeau, Alexis Cowan, Ava Smart	#3 Saint Joseph's (I	51.86	5/3
4	Reilly Slusser, Caroline Carey, Desiree Robinson, Cynthia Brito	#1 Emmanuel (Mas:)	52.00	5/3
5	Kate Cochran, Courtney Brewster, Ashley Keleher, Anna Bieszczad	#5 Colby-Sawyer	52.43	4/28

Women's 4x400 Relay

1	Emily Greene, Caroline Carey, Amy Proux, Reilly Slusser	#1 Emmanuel (Mas:)	4:13.23	4/28
2	Ava Smart, Jordan Huntley, Alexis Cowan, Audrey Bilodeau	#3 Saint Joseph's (I	4:26.10	5/3
3	Olivia Dench, Janet Amasa-Titus, Colleen Curran, Aleyo Amasa-Titus	#2 Regis (Mass.)	4:29.02	4/28
4	Adrianna Tassone, Hanna Babek, Mikayla Bokis, Katherine Kohtala	#4 Lasell	4:54.25	4/28

Women's High Jump

1	Brooklyn GOFF	SR	#3 Saint Joseph's (I	1.57m	5-1¾	4/13
2	Desiree ROBINSON	JR	#1 Emmanuel (Mas:)	1.52m	4-11¾	4/13
2	Breya WHITMAN	FR	#3 Saint Joseph's (I{2}	1.52m	4-11¾	4/20
4	Courtney BREWSTER	JR	#5 Colby-Sawyer	1.47m	4-9¾	3/30
4	Emily GREENE	SO	#1 Emmanuel (Mas:)	1.47m	4-9¾	3/30
4	Kason HUYNH	FR	#1 Emmanuel (Mas:)	1.47m	4-9¾	3/30
7	Grace MICKLON	SO	#2 Regis (Mass.)	1.42m	4-7¾	4/12
8	Kate COCHRAN	SO	#5 Colby-Sawyer {2}	1.37m	4-6	3/30
8	Sasha HYACINTHE	SR	#1 Emmanuel (Mas:)	1.37m	4-6	3/30
10	Cynthia BRITO	SR	#1 Emmanuel (Mas:)	1.30m	4-3¾	4/8

Women's Pole Vault

1	Julianna HUCKANS	FR	#4 Lasell	2.60m	8-6¾	4/28
2	Paula SALAZAR	SO	#1 Emmanuel (Mas:)	2.45m	8-½	4/28
3	Jordan HUNTLEY	FR	#3 Saint Joseph's (I	2.30m	7-6½	4/28
4	Colleen CURRAN	FR	#2 Regis (Mass.)	2.28m	7-5¾	4/8
5	Beverly BROWNE	SR	#1 Emmanuel (Mas:)	2.15m	7-½	4/28
5	Naomi OBENHAUS	JR	#1 Emmanuel (Mas:)	2.15m	7-½	4/28
5	Janet AMASA-TITUS	FR	#2 Regis (Mass.) {2}	2.15m	7-½	4/28
8	Grace MICKLON	SO	#2 Regis (Mass.) {3}	2.00m	6-6¾	4/28
8	Taylor AUBIN	FR	#1 Emmanuel (Mas:)	2.00m	6-6¾	4/28
8	Selena HUOT	FR	#3 Saint Joseph's (I{2}	2.00m	6-6¾	4/28

Women's Long Jump

1	92 Brooklyn GOFF	SR	#3 Saint Joseph's (I	5.44m	17-10¼ (-0.)	4/28
2	Desiree ROBINSON	JR	#1 Emmanuel (Mas:)	5.37m	17-7½ (0.0)	4/28
3	Julianna HUCKANS	FR	#4 Lasell	5.05m	16-7 (0.0)	4/28
4	Alexis COWAN	FR	#3 Saint Joseph's (I{2}	5.03m	16-6 (1.2)	4/28
5	Colleen CURRAN	FR	#2 Regis (Mass.)	4.96m	16-3¼ (1.6)	4/8
6	Reilly SLUSSER	SO	#1 Emmanuel (Mas:)	4.88m	16-¼ (0.0)	4/28
7	Janet AMASA-TITUS	FR	#2 Regis (Mass.) {2}	4.75m	15-7 (0.1)	4/8
8	Kason HUYNH	FR	#1 Emmanuel (Mas:)	4.74m	15-6¾ (0.0)	4/28
9	Emily AHO	JR	#2 Regis (Mass.) {3}	4.69m	15-4¾ (0.4)	4/28
10	Alexia YOUNG	SO	#3 Saint Joseph's (I{3}	4.50m	14-9¼ (1.1)	4/28



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



GNAC

as of 5/7/2024 6:44:15 AM ET

Women's Triple Jump

1	66	Desiree ROBINSON	JR	#1	Emmanuel (Mas: {1})	11.31m	37-1¼ (0.9)	3/30
2	86	Ashley KELEHER	SR	#5	Colby-Sawyer	11.19m	36-8½ (0.0)	3/30
3		Anna BIESZCZAD	SR	#5	Colby-Sawyer {2}	10.70m	35-1¼ (-1.3)	4/20
4		Cynthia BRITO	SR	#1	Emmanuel (Mas: {2})	10.31m	33-10 (0.2)	4/20
5		Alexis COWAN	FR	#3	Saint Joseph's (I	10.14m	33-3¼ (0.0)	4/28
6		Breya WHITMAN	FR	#3	Saint Joseph's (I{2})	10.00m	32-9¾ (0.4)	4/28
7		Emily AHO	JR	#2	Regis (Mass.)	9.86m	32-4¼ (1.7)	3/30
8		Amy PROUX	FR	#1	Emmanuel (Mas: {3})	9.34m	30-7¾ (0.0)	4/28
9		Emily GREENE	SO	#1	Emmanuel (Mas: {4})	9.27m	30-5 (1.1)	4/28
10		Damali WAUGH	SO	#4	Lasell	9.22m	30-3 (0.6)	4/8

Women's Shot Put

1		Pilar BROWN	SO	#2	Regis (Mass.)	10.45m	34-3½	4/28
2		Aaliyah WILSONFALCONE	SO	#3	Saint Joseph's (I	10.24m	33-7¼	4/28
3		Savannah WERNER	FR	#4	Lasell	10.14m	33-3¼	4/13
4		Sasha HYACINTHE	SR	#1	Emmanuel (Mas: {1})	9.98m	32-9	3/30
5		Riley SILVIA	SR	#4	Lasell {2}	9.89m	32-5½	4/8
6		Kristen BARRETT	JR	#2	Regis (Mass.) {2}	9.86m	32-4¼	4/28
7		Shakirah KETANT	SR	#1	Emmanuel (Mas: {2})	9.68m	31-9¼	4/20
8		Samantha PERKINS	JR	#2	Regis (Mass.) {3}	9.49m	31-1¾	4/8
9		Anastazia COPELAND	JR	#2	Regis (Mass.) {4}	9.37m	30-9	4/28
10		Ava FISHER	FR	#1	Emmanuel (Mas: {3})	9.11m	29-10¾	4/28

Women's Discus

1		Savannah WERNER	FR	#4	Lasell	32.21m	105-8	4/8
2		Alyssa FRENCH-GRAHAM	JR	#1	Emmanuel (Mas: {1})	32.18m	105-7	4/28
3		Shakirah KETANT	SR	#1	Emmanuel (Mas: {2})	31.94m	104-10	4/28
4		Riley SILVIA	SR	#4	Lasell {2}	31.59m	103-8	4/28
5		Abby O'BRIEN	SR	#3	Saint Joseph's (I	31.21m	102-5	4/13
6		Kristen BARRETT	JR	#2	Regis (Mass.)	28.95m	94-11¾	4/28
7		Pilar BROWN	SO	#2	Regis (Mass.) {2}	27.69m	90-10¼	4/28
8		Anastazia COPELAND	JR	#2	Regis (Mass.) {3}	27.28m	89-6	4/28
9		Emily FRANZIK	SO	#4	Lasell {3}	26.68m	87-6½	4/13
10		Erika OLDHAM	SR	#4	Lasell {4}	26.25m	86-1½	4/28

Women's Hammer

1		Abby O'BRIEN	SR	#3	Saint Joseph's (I	38.77m	127-3	4/13
2		Alyssa FRENCH-GRAHAM	JR	#1	Emmanuel (Mas: {1})	37.00m	121-5	4/13
3		Anastazia COPELAND	JR	#2	Regis (Mass.)	36.03m	118-3	4/20
4		Madelyn ROBERTSON	JR	#2	Regis (Mass.) {2}	35.31m	115-10	4/28
5		Ava FISHER	FR	#1	Emmanuel (Mas: {2})	33.20m	108-11	4/28
6		Erika OLDHAM	SR	#4	Lasell	30.84m	101-2	4/8
7		Madison REILLY	FR	#1	Emmanuel (Mas: {3})	29.79m	97-9	4/28
8		Sarah JOE	SO	#3	Saint Joseph's (I{2})	29.40m	96-5½	4/13
9		Isabella CLARK-ALDERMAN	SO	#2	Regis (Mass.) {3}	25.84m	84-9½	4/28
10		Jenna SARGENT	SO	#4	Lasell {2}	25.18m	82-7½	4/28

Women's Javelin

1	78	Samantha PERKINS	JR	#2	Regis (Mass.)	37.58m	123-4	4/28
2		Ava FISHER	FR	#1	Emmanuel (Mas: {1})	34.37m	112-9	4/28
3		Anna BIESZCZAD	SR	#5	Colby-Sawyer	30.18m	99-¼	4/28
4		Amy PROUX	FR	#1	Emmanuel (Mas: {2})	29.90m	98-1¼	4/28
5		Alayja LINTON	JR	#2	Regis (Mass.) {2}	29.09m	95-5¼	4/8
6		Aaliyah WILSONFALCONE	SO	#3	Saint Joseph's (I	28.73m	94-3¼	4/13
7		Shakirah KETANT	SR	#1	Emmanuel (Mas: {3})	28.68m	94-1¼	4/28
8		Janet AMASA-TITUS	FR	#2	Regis (Mass.) {3}	27.86m	91-5	4/28
9		Courtney LARSON	JR	#5	Colby-Sawyer {2}	26.28m	86-2¾	4/28
10		Mikayla BOKIS	JR	#4	Lasell	25.99m	85-3¼	4/28

Women's Heptathlon

1	67	Brooklyn GOFF	SR	#3	Saint Joseph's (I	3,872		4/13
2		Colleen CURRAN	FR	#2	Regis (Mass.)	3,033		4/12



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



HCAC

as of 5/7/2024 6:44:15 AM ET

Women's 100 Meters

1	Sarah O'DAY	SR	#6 Franklin	12.38w	(4.0)	4/27
2	Alex ADAMS	SO	#1 Rose-Hulman	12.44w	(4.0)	4/27
3	Lisa-Maria MARKAU	SR	#10 Defiance	12.54	(0.9)	3/9
4	Jay'ana BLAKELY	SO	#3 Manchester	12.81w	(4.0)	4/27
5	Grace KRUTHAUP	SO	#5 Mount St. Joseph	13.03w	(4.0)	4/27
6	Emma JOHNS	FR	#1 Rose-Hulman {2}	13.21w	(4.0)	4/27
7	Julia DRIER	SO	#9 Anderson (Ind.)	13.26w	(4.0)	4/27
8	Kailea KERR	JR	#7 Bluffton	13.27w	(4.0)	4/27
9	Myahn SMITH	FR	#10 Defiance {2}	13.40	(-0.1)	4/13
10	Kaelyn KING	FR	#2 Hanover	13.58w	(2.6)	4/13

Women's 100 Meter Hurdles

1	99 Narindwa SEMAKULA	SO	#1 Rose-Hulman	15.20	(2.0)	4/27
2	Alison MUCK	SO	#6 Franklin	15.58	(0.7)	4/13
3	Grace KRUTHAUP	SO	#5 Mount St. Joseph	15.91	(2.0)	4/27
4	Kaelyn KING	FR	#2 Hanover	16.04	(2.0)	4/27
5	Kyra HICKS	SR	#1 Rose-Hulman {2}	16.39	(2.0)	4/27
6	Natalie DAY	JR	#2 Hanover {2}	16.78	(2.0)	4/27
7	Gabby PARRISH	FR	#2 Hanover {3}	16.94	(-0.7)	4/19
8	Aliza CLARK	SR	#10 Defiance	16.99	(0.6)	4/6
9	Irene LEMA MADUENO	FR	#1 Rose-Hulman {3}	17.58	(0.2)	4/27
10	Isabella CALHOUN	SO	#5 Mount St. Joseph {2}	18.42	(-2.2)	3/30

Women's 200 Meters

1	47 Olivia SPARKS	FR	#4 Transylvania	24.93w	(2.6)	4/27
2	Lisa-Maria MARKAU	SR	#10 Defiance	25.75w	(2.6)	4/27
3	Sarah O'DAY	SR	#6 Franklin	25.85w	(2.6)	4/27
4	Abbey ROWE	JR	#4 Transylvania {2}	26.41w	(2.6)	4/27
5	Alex ADAMS	SO	#1 Rose-Hulman	26.56w	(2.6)	4/27
6	Myahn SMITH	FR	#10 Defiance {2}	26.74	(0.9)	4/13
7	Narindwa SEMAKULA	SO	#1 Rose-Hulman {2}	26.85	(0.0)	4/19
8	Emma JOHNS	FR	#1 Rose-Hulman {3}	27.25w	(2.6)	4/27
9	Jay'ana BLAKELY	SO	#3 Manchester	27.26	(0.7)	4/6
10	Kailea KERR	JR	#7 Bluffton	27.82	(0.7)	4/6

Women's 400 Meters

1	Olivia SPARKS	FR	#4 Transylvania	58.50		4/12
2	Lisa-Maria MARKAU	SR	#10 Defiance	58.78		3/30
3	Abbey ROWE	JR	#4 Transylvania {2}	1:00.55		4/27
4	Chloe COOK	FR	#8 Earlham	1:03.22		4/27
5	Audrey SPENCER	FR	#3 Manchester	1:04.01		4/27
6	Shelby CLEMENTS	FR	#10 Defiance {2}	1:04.09		4/27
7	Natalie DAY	JR	#2 Hanover	1:04.12		4/27
8	Julia GOODING	JR	#5 Mount St. Joseph	1:04.45		4/27
9	Gracie HENSON	JR	#2 Hanover {2}	1:04.80		4/27
10	Carson GRAVES	JR	#4 Transylvania {3}	1:05.37		3/30

Women's 400 Meter Hurdles

1	Jada HUNTER-HAYS	JR	#1 Rose-Hulman	1:08.29		4/27
2	Natalie DAY	JR	#2 Hanover	1:08.67		4/13
3	Gabby PARRISH	FR	#2 Hanover {2}	1:13.77		4/27
4	Jenae MONA	SO	#1 Rose-Hulman {2}	1:15.42		4/27
5	Kennadi LAKINS	SO	#2 Hanover {3}	1:17.61		4/19
6	Josie LYONS	SR	#6 Franklin	1:18.80		4/27
7	Peyton TAN	FR	#4 Transylvania	1:20.67		4/27
8	Raelynn RUFER	FR	#2 Hanover {4}	1:22.46		4/27
9	Alexis SCHULTZ	FR	#9 Anderson (Ind.)	1:25.51		4/13
10	Brantley WATHEN	JR	#6 Franklin {2}	1:25.62		4/27

Women's 800 Meters

1	57 Amberleigh SORENSEN	SR	#2 Hanover	2:14.88		5/3
2	Paige WILDMAN	FR	#2 Hanover {2}	2:22.75		4/19
3	Kaycee MOORE	SO	#4 Transylvania	2:23.33		4/27
4	Jaycie SONES	JR	#9 Anderson (Ind.)	2:25.35		4/27
5	Haley MAKOWSKI	JR	#6 Franklin	2:26.53		4/19
6	Emma LITZELMAN	JR	#2 Hanover {3}	2:26.58		4/19
7	Brianna BITTEL	FR	#1 Rose-Hulman	2:32.48		4/27
8	Libby PERKINS	SO	#4 Transylvania {2}	2:32.65		4/20
9	Anna PACKER	SO	#5 Mount St. Joseph	2:32.67		4/27
10	Micah TAYLOR	FR	#3 Manchester	2:33.37		4/6

Women's 1500 Meters

1	51 Amberleigh SORENSEN	SR	#2 Hanover	4:36.79		3/30
2	Kaycee MOORE	SO	#4 Transylvania	5:00.40		4/27
3	Paige WILDMAN	FR	#2 Hanover {2}	5:04.00		4/13
4	Gwyneth CUNNINGHAM	FR	#4 Transylvania {2}	5:06.05		4/20
5	Hanna WHITNEY	JR	#2 Hanover {3}	5:07.20		4/19
6	Emma LITZELMAN	JR	#2 Hanover {4}	5:08.02		4/13
7	Brianna BITTEL	FR	#1 Rose-Hulman	5:11.88		4/6
8	Basil GATES	JR	#7 Bluffton	5:13.28		4/6
9	Elsa KING	SR	#1 Rose-Hulman {2}	5:14.67		4/27
10	Haley MAKOWSKI	JR	#6 Franklin	5:18.16		4/13

Women's Steeplechase

1	Gwyneth CUNNINGHAM	FR	#4 Transylvania	12:08.74		4/27
2	Hanna WHITNEY	JR	#2 Hanover	12:15.46		4/27
3	Rylee STEPHANY	SO	#3 Manchester	12:34.99		4/27
4	Sydney SLUYS	SR	#3 Manchester {2}	12:43.24		4/27
5	Elyse WILSON	SO	#2 Hanover {2}	13:08.54		4/27
6	Vianey GARCIA	FR	#1 Rose-Hulman	13:10.07		4/27
7	Eve BRUNELL	JR	#4 Transylvania {2}	14:11.39		4/27
8	Diana STIRN	SO	#1 Rose-Hulman {2}	14:16.42		4/19



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



HCAC

as of 5/7/2024 6:44:15 AM ET

Women's 5000 Meters

1	Amberleigh SORENSEN	SR	#2 Hanover	18:08.47	4/6
2	Elsa KING	SR	#1 Rose-Hulman	18:53.06	3/16
3	Paige MCKAIN	SO	#9 Anderson (Ind.)	19:00.10	4/20
4	Gwyneth CUNNINGHAM	FR	#4 Transylvania	19:17.57	4/5
5	Basil GATES	JR	#7 Bluffton	19:23.76	4/13
6	Callie SWEGMAN	SO	#2 Hanover {2}	19:38.93	4/13
7	Ella BASHOR	JR	#6 Franklin	19:40.53	4/6
8	Lauren TODD	SO	#2 Hanover {3}	19:43.19	4/19
9	Rylee STEPHANY	SO	#3 Manchester	19:51.28	4/13
10	Sarah JONES	SO	#2 Hanover {4}	20:08.83	3/16

Women's 10,000 Meters

1	Elsa KING	SR	#1 Rose-Hulman	39:39.05	3/29
2	Callie SWEGMAN	SO	#2 Hanover	40:43.66	4/27
3	Ella BASHOR	JR	#6 Franklin	40:51.86	4/27
4	Rebecca TESTA	SO	#1 Rose-Hulman {2}	41:03.96	4/27
5	Basil GATES	JR	#7 Bluffton	41:08.88	4/27
6	Abigail KURFMAN	JR	#1 Rose-Hulman {3}	41:21.83	4/27
7	Lauren TODD	SO	#2 Hanover {2}	41:32.01	4/27
8	Ellie THORNSBURY	SO	#4 Transylvania	42:37.49	4/27
9	Sydney SLUYS	SR	#3 Manchester	42:59.62	4/27
10	Madi HILLIKER	SR	#3 Manchester {2}	43:08.29	4/27

Women's 4x100 Relay

1	Narindwa Semakula, Rofiat Adeyemi, Alex Adams, Emma Johns	#1 Rose-Hulman	50.10	4/19
2	Grace Holtmeier, Olivia Forte, Makiya Sherman, Grace Kruthaupt	#5 Mount St. Joseph	52.48	4/27
3	Natalie Day, Gabby Parrish, Ally McGuire, Kaelyn King	#2 Hanover	52.62	4/27
4	Lauren Hubbard, Mara Green, Farris Howard, Abbey Rowe	#4 Transylvania	53.28	4/20
5	Kinsey Myers, Ameila Adams, Olivia Rider, Kailea Kerr	#7 Bluffton	53.42	4/27
6	Jameela Hyde-Yusoff, Audrey Spencer, Aaliyah Bonner, Jay'ana Blakely	#3 Manchester	53.50	4/20

Women's 4x400 Relay

1	Abbey Rowe, Carson Graves, Kaycee Moore, Olivia Sparks	#4 Transylvania	4:11.04	4/27
2	Alex Adams, Jada Hunter-Hays, Emma Johns, Ally Smith	#1 Rose-Hulman	4:14.62	4/27
3	Grace Holtmeier, Julia Gooding, Grace Kruthaupt, Anna Packer	#5 Mount St. Joseph	4:23.50	4/27
4	Gracie Henson, Hanna Whitney, Emma Litzelman, Paige Wildman	#2 Hanover	4:26.37	4/27
5	Kinsey Myers, Kailea Kerr, Ameila Adams, Mckenna Mabry	#7 Bluffton	4:28.92	4/27
6	Audrey Spencer, Jay'ana Blakely, Aaliyah Bonner, Micah Taylor	#3 Manchester	4:29.82	4/27
7	Chloe Cook, Amari Bradford-Sargent, Katelyn Trotto, Akiko Tajima	#8 Earlham	4:34.70	4/27
8	Julia Drier, Maeve Hanley, Emilie Penick, Jaycie Sones	#9 Anderson (Ind.)	4:37.92	4/27
9	Haley Makowski, Mallory Watson, Vicki Arney, Josie Lyons	#6 Franklin	4:39.44	4/27

Women's High Jump

1	70 Taylor ROARK	JR	#4 Transylvania	1.60m	5-3	4/20
2	Audrey EDWARDS	FR	#1 Rose-Hulman	1.57m	5-1¾	4/27
3	Alison MUCK	SO	#6 Franklin	1.53m	5-¼	3/30
3	Abigail KIRBY	FR	#8 Earlham	1.53m	5-¼	3/16
5	Kennadi LAKINS	SO	#2 Hanover	1.51m	4-11½	4/27
6	Olivia RIDER	JR	#7 Bluffton	1.45m	4-9	4/27
6	Jada HUNTER-HAYS	JR	#1 Rose-Hulman {2}	1.45m	4-9	4/27
6	Megan KORTE	SO	#1 Rose-Hulman {2}	1.45m	4-9	4/6
9	Mere JOHNSON	SR	#4 Transylvania {2}	1.40m	4-7	4/27
9	Farris HOWARD	SO	#4 Transylvania {2}	1.40m	4-7	4/5
9	Caroline HOUSE	SR	#1 Rose-Hulman {4}	1.40m	4-7	3/30
9	Lili SEALS	JR	#2 Hanover {2}	1.40m	4-7	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



HCAC

as of 5/7/2024 6:44:16 AM ET

Women's Pole Vault

1	Aliza BOLES	SO	#2 Hanover	3.06m	10-½	4/13
2	Ally MCGUIRE	JR	#2 Hanover	{2} 2.93m	9-7¼	4/19
3	Irene LEMA MADUENO	FR	#1 Rose-Hulman	2.86m	9-4½	4/27
4	Amelia THIEMAN	SO	#1 Rose-Hulman	{2} 2.78m	9-1½	4/19
5	Ameila ADAMS	FR	#7 Bluffton	2.76m	9-½	4/27
6	Nadine DAVIS	FR	#2 Hanover	{3} 2.61m	8-6¾	4/27
7	Megan DEATON	JR	#1 Rose-Hulman	{3} 2.31m	7-7	4/13
8	Olivia HECKENLIVELY	FR	#1 Rose-Hulman	{4} 2.18m	7-1¾	4/19
8	Natalie OLIC	JR	#1 Rose-Hulman	{4} 2.18m	7-1¾	4/19
10	Kalyn RITZ	FR	#6 Franklin	2.16m	7-1	4/13

Women's Long Jump

1	Rofiat ADEYEMI	SR	#1 Rose-Hulman	5.23m	17-2 (0.2)	3/30
2	Sarah O'DAY	SR	#6 Franklin	5.05mw	16-7 (2.1)	4/27
3	Kyra HICKS	SR	#1 Rose-Hulman	{2} 4.93m	16-2¼ (1.1)	4/27
4	Jameela HYDRE-YUSOFF	FR	#3 Manchester	4.85m	15-11 (1.1)	4/27
5	Kennadi LAKINS	SO	#2 Hanover	4.84m	15-10½ (0.6)	4/27
6	Jay'ana BLAKELY	SO	#3 Manchester	{2} 4.82m	15-9¾ (0.9)	4/27
7	Lili SEALS	JR	#2 Hanover	{2} 4.72m	15-6 (0.8)	4/27
8	Amari BRADFORD-SARGENT	JR	#8 Earlham	4.70m	15-5 (0.6)	4/27
9	Abigail KIRBY	FR	#8 Earlham	{2} 4.62mw	15-2 (2.8)	3/16
10	Aaliyah BONNER	FR	#3 Manchester	{3} 4.61m	15-1½ (1.9)	4/27

Women's Triple Jump

1	33 Rofiat ADEYEMI	SR	#1 Rose-Hulman	11.65mw	38-2¾ (2.1)	3/30
2	Kyra HICKS	SR	#1 Rose-Hulman	{2} 11.09mw	36-4¾ (2.8)	4/27
3	Amari BRADFORD-SARGENT	JR	#8 Earlham	9.73mw	31-11¼ (2.6)	4/27
4	Lili SEALS	JR	#2 Hanover	9.65mw	31-8 (3.3)	4/27
5	Megan KORTE	SO	#1 Rose-Hulman	{3} 9.26m	30-4¾ (0.2)	4/6
6	Endia CLARK	SR	#1 Rose-Hulman	{4} 8.89m	29-2 (0.0)	4/19

Women's Shot Put

1	8 Jessie STENGER	JR	#2 Hanover	14.21m	46-7½	4/13
2	11 Carley CAMP	JR	#3 Manchester	13.99m	45-10¾	4/13
3	Madalyn HUDNALL	SO	#5 Mount St. Joseph	11.83m	38-9¾	4/20
4	Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	11.39m	37-4½	4/27
5	Charlotte WILSON	SO	#3 Manchester	{2} 11.30m	37-1	4/27
6	Aaliyah JONES	SR	#1 Rose-Hulman	{2} 11.29m	37-½	3/30
7	Cheyenne THOMAS	FR	#3 Manchester	{3} 10.99m	36-¾	4/27
8	Asia BRANCH	FR	#5 Mount St. Joseph	{2} 10.81m	35-5¾	3/30
9	Katrina SEJOUR	FR	#3 Manchester	{4} 10.61m	34-9¾	4/27
10	Alexis GIBSON	JR	#8 Earlham	10.45m	34-3½	4/13

Women's Discus

1	21 Carley CAMP	JR	#3 Manchester	43.71m	143-5	5/3
2	25 Jessie STENGER	JR	#2 Hanover	43.49m	142-8	3/30
3	100 Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	39.87m	130-10	4/27
4	Asia BRANCH	FR	#5 Mount St. Joseph	36.42m	119-6	3/30
5	Cheyenne THOMAS	FR	#3 Manchester	{2} 35.63m	116-11	4/27
6	Charlotte WILSON	SO	#3 Manchester	{3} 34.83m	114-3	4/6
7	Jill WILHELM	SO	#5 Mount St. Joseph	{2} 34.53m	113-4	4/27
8	Alexis GIBSON	JR	#8 Earlham	34.46m	113-1	4/27
9	Aaliyah JONES	SR	#1 Rose-Hulman	{2} 31.98m	104-11	3/30
10	Dakota GOETZ	SR	#2 Hanover	{2} 31.23m	102-6	3/30

Women's Hammer

1	14 Carley CAMP	JR	#3 Manchester	53.55m	175-8	4/27
2	94 Kylie RATHBUN	SR	#1 Rose-Hulman	46.75m	153-5	4/13
3	Dakota GOETZ	SR	#2 Hanover	44.14m	144-10	4/27
4	Jessie STENGER	JR	#2 Hanover	{2} 43.37m	142-4	4/27
5	Sienna SLAUGHTER	SO	#5 Mount St. Joseph	39.40m	129-3	4/27
6	Katrina SEJOUR	FR	#3 Manchester	{2} 39.15m	128-6	4/27
7	Aaliyah JONES	SR	#1 Rose-Hulman	{2} 38.62m	126-9	4/27
8	Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	{3} 38.23m	125-5	3/30
9	Amanda SCOTT	SR	#7 Bluffton	37.96m	124-7	4/27
10	Charlotte WILSON	SO	#3 Manchester	{3} 37.78m	124-0	4/27

Women's Javelin

1	41 Delayne SANCHEZ	JR	#3 Manchester	39.25m	128-9	4/27
2	53 Madalyn HUDNALL	SO	#5 Mount St. Joseph	38.76m	127-2	4/20
3	73 Aaliyah JONES	SR	#1 Rose-Hulman	37.71m	123-9	4/27
4	79 Jill WILHELM	SO	#5 Mount St. Joseph	{2} 37.47m	122-11	3/30
5	Alexis GIBSON	JR	#8 Earlham	36.61m	120-2	3/30
6	Mady REES	SO	#3 Manchester	{2} 35.35m	116-0	3/30
7	Kylie RATHBUN	SR	#1 Rose-Hulman	{2} 33.91m	111-3	4/27
8	Kennadi LAKINS	SO	#2 Hanover	31.58m	103-8	3/23
9	Lily DORE'	JR	#1 Rose-Hulman	{3} 31.12m	102-1	4/27
10	Jessie STENGER	JR	#2 Hanover	{2} 30.20m	99-1	4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Independent

as of 5/7/2024 6:44:16 AM ET

Women's 100 Meters

1	Piper BOLNER	FR	#4 Eastern Nazaren	16.03	(-1.9)	4/6
---	--------------	----	--------------------	-------	--------	-----

Women's 200 Meters

1	Anna SPARKS	FR	#1 Asbury (Ky.)	28.21	(1.3)	3/23
2	Sydney LUGO	FR	#11 Yeshiva	34.31	(-2.6)	4/7
3	Piper BOLNER	FR	#4 Eastern Nazaren	34.72	(-0.9)	4/6

Women's 400 Meters

1	Anna SPARKS	FR	#1 Asbury (Ky.)	1:04.09		3/2
2	Davis FARROW	JR	#10 Western New En	1:07.09		4/20
3	Elise TERPSTRA	JR	#1 Asbury (Ky.) {2}	1:12.68		3/16
4	Alia PEETS	JR	#9 Sweet Briar	1:13.83		4/6
5	Victoria SMITH	SO	#9 Sweet Briar {2}	1:23.64		4/6
6	Kylie CANTLON	SO	#6 Maine Maritime /	1:39.77		4/13

Women's 400 Meter Hurdles

1	Aisling DONNELLY	JR	#5 SUNY Maritime C	1:17.02		4/7
2	Natalie BOERI	FR	#5 SUNY Maritime C{2}	1:43.26		4/7

Women's 800 Meters

1	Paige ANDERSON	JR	#2 Kalamazoo	2:25.54		4/13
2	Bailey GASSMANN	FR	#1 Asbury (Ky.)	2:27.23		4/12
3	Alison HANKINS	JR	#2 Kalamazoo {2}	2:28.51		4/13
4	Brooke O'CARROLL	SO	#1 Asbury (Ky.) {2}	2:28.69		4/20
5	Zenaida SACKETT	SO	#2 Kalamazoo {3}	2:33.68		4/13
6	Maya ALKEMA	SO	#2 Kalamazoo {4}	2:35.57		4/13
7	Haleigh NOWER	SR	#2 Kalamazoo {5}	2:36.74		4/13
8	Pauline HAWKES	FR	#2 Kalamazoo {6}	2:38.66		4/25
9	Cate COTTER	FR	#2 Kalamazoo {7}	2:41.55		4/13
10	Annaliese BOL	SO	#2 Kalamazoo {8}	2:41.60		4/25

Women's 1500 Meters

1	Alison HANKINS	JR	#2 Kalamazoo	4:50.69		4/25
2	Paige ANDERSON	JR	#2 Kalamazoo {2}	4:54.66		4/13
3	Bailey GASSMANN	FR	#1 Asbury (Ky.)	5:02.66		3/16
4	Haleigh NOWER	SR	#2 Kalamazoo {3}	5:02.97		4/25
5	Maddie HANULCIK	SO	#2 Kalamazoo {4}	5:08.13		4/13
6	Maya ALKEMA	SO	#2 Kalamazoo {5}	5:09.92		4/13
7	Allie NUTT	FR	#2 Kalamazoo {6}	5:14.11		4/25
8	Carolina WILSON	JR	#9 Sweet Briar	5:19.63		4/6
9	Cate COTTER	FR	#2 Kalamazoo {7}	5:20.95		4/25
10	Brooke O'CARROLL	SO	#1 Asbury (Ky.) {2}	5:22.56		4/6

Women's Steeplechase

1	Jazmyne DAILY-SIMPSON	JR	#3 SUNY New Paltz	14:03.51		4/26
2	Abigail GAHAGAN	SO	#8 Clark (Mass.)	14:21.29		4/20
3	Kylie CANTLON	SO	#6 Maine Maritime /	16:48.76		4/13
4	Lilly VERRILL	SO	#6 Maine Maritime /{2}	20:11.57		4/13

Women's 5000 Meters

1	46 Paige ANDERSON	JR	#2 Kalamazoo	17:13.97		4/25
2	Maddie HANULCIK	SO	#2 Kalamazoo {2}	18:38.74		4/25
3	Maya ALKEMA	SO	#2 Kalamazoo {3}	19:20.04		4/25
4	Bailey GASSMANN	FR	#1 Asbury (Ky.)	19:23.14		3/2
5	Annalise BAILEY	SR	#2 Kalamazoo {4}	19:32.24		4/25
6	Lillian STEPHENSON	SO	#3 SUNY New Paltz	19:45.58		4/26
7	Nicole STEELE	FR	#8 Clark (Mass.)	20:17.79		4/20
8	Mackenzie BARCOMB	JR	#3 SUNY New Paltz {2}	20:24.01		4/26
9	Elise ELLIOT	SO	#2 Kalamazoo {5}	20:34.36		4/25
10	Mari WALSH	JR	#13 Agnes Scott	20:52.11		4/13

Women's 10,000 Meters

1	Ava MILLER	SO	#1 Asbury (Ky.)	44:21.07		4/6
2	Sarah YOST	JR	#1 Asbury (Ky.) {2}	45:46.30		4/6
3	Lily RINEHART	SO	#1 Asbury (Ky.) {3}	48:14.99		4/6
4	Lucy KATE GIBSON	FR	#1 Asbury (Ky.) {4}	48:24.03		4/6
5	Ella MORTON	SO	#1 Asbury (Ky.) {5}	48:58.85		4/6

Women's 4x400 Relay

1	Anna Sparks, Ava Miller, Brooke O'Carroll, Bailey Gassmann	#1 Asbury (Ky.)	4:31.94		3/2
2	Natalie Boeri, Aisling Donnelly, Eily Kochon, Adelle Leger	#5 SUNY Maritime C	5:08.29		4/7
3	Mikayla Cecora, Jazmyne Dailysimpson, Alice Adamo, Marcella Candlin	#3 SUNY New Paltz	5:13.12		4/26

Women's Long Jump

1	Angela TEWKSBUURY	#7 Clarkson	3.88m	12-8¾ (0.2)	3/30
---	-------------------	-------------	-------	-------------	------

Women's Shot Put

1	August PRICE	FR	#1 Asbury (Ky.)	8.43m	27-8	3/2
2	Mya LANDRY	FR	#4 Eastern Nazaren	7.18m	23-6¾	3/23
3	Katerina LANDON	FR	#4 Eastern Nazaren{2}	6.35m	20-10	4/6

Women's Discus

1	Abbie O'BRIEN	#7 Clarkson	21.94m	71-11¾	3/30	
2	August PRICE	FR	#1 Asbury (Ky.)	20.66m	67-9½	3/16
3	Lilly VERRILL	SO	#6 Maine Maritime /	13.89m	45-7	4/13

Women's Hammer

1	August PRICE	FR	#1 Asbury (Ky.)	25.54m	83-9½	3/16
---	--------------	----	-----------------	--------	-------	------

Women's Javelin

1	August PRICE	FR	#1 Asbury (Ky.)	20.36m	66-9¾	3/16
2	Abbie O'BRIEN	#7 Clarkson	19.61m	64-4	3/30	
3	Lilly VERRILL	SO	#6 Maine Maritime /	10.69m	35-1	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Landmark

as of 5/7/2024 6:44:16 AM ET

Women's 100 Meters

1	Samantha SHARROW	SO	#4 Scranton	12.41w	(2.2)	4/20
2	Erin BUCKLEY	FR	#1 Catholic (D.C.)	12.44w	(3.1)	4/20
3	Alexa RINE	SR	#2 Susquehanna	12.50	(1.6)	4/6
4	Ray ASIEDU	FR	#8 Goucher	12.61	(-1.2)	3/29
5	Jocelyn SMITH	FR	#4 Scranton	{2} 12.70	(-0.8)	5/5
6	Hannah ALDERFER	JR	#2 Susquehanna	{2} 12.74	(-1.5)	5/5
7	Jarrett WAGNER	SR	#5 Elizabethtown	12.75	(-1.5)	5/5
8	Felicity GIAMPIETRO	FR	#1 Catholic (D.C.)	{2} 12.76w	(3.1)	4/20
9	Sarah SCHUMACHER	SO	#1 Catholic (D.C.)	{3} 12.78w	(3.1)	4/20
10	Chloe YODER	SR	#2 Susquehanna	{3} 12.79	(-0.9)	3/27
10	Ashley NEWMAN	SO	#2 Susquehanna	{3} 12.79w	(2.7)	4/20

Women's 100 Meter Hurdles

1	5 Chloe YODER	SR	#2 Susquehanna	13.89w	(2.7)	4/12
2	51 Hannah ALDERFER	JR	#2 Susquehanna	{2} 14.80	(1.0)	4/12
3	Brigid BYRNES	FR	#1 Catholic (D.C.)	15.52	(1.9)	4/14
4	Molly WHITE	SO	#4 Scranton	15.78	(0.1)	4/20
5	Julia ACEVEDO	SR	#2 Susquehanna	{3} 16.36	(0.7)	4/12
6	Mia MCCONNELL	FR	#1 Catholic (D.C.)	{2} 16.45	(1.7)	4/20
7	Clare MARSH	JR	#1 Catholic (D.C.)	{3} 16.48	(-1.3)	4/14
8	Edith TOMASEK	FR	#1 Catholic (D.C.)	{4} 16.53	(1.7)	4/20
9	Denicia GERMAN	FR	#2 Susquehanna	{4} 16.61w	(2.7)	4/12
10	Aaliyah BRIDDELL	FR	#8 Goucher	16.63	(0.6)	4/6

Women's 200 Meters

1	88 Abigail GIAMONI	JR	#3 Moravian	25.21w	(2.3)	4/20
2	Chloe YODER	SR	#2 Susquehanna	25.34w	(2.3)	4/20
3	Emily CAMLET	SO	#7 Drew	25.78w	(2.8)	3/30
4	Samantha SHARROW	SO	#4 Scranton	25.97	(0.3)	4/27
5	Jocelyn SMITH	FR	#4 Scranton	{2} 25.99	(0.7)	4/6
6	Caleigh BOLD	FR	#5 Elizabethtown	26.31	(-0.6)	5/5
7	Ashley NEWMAN	SO	#2 Susquehanna	{2} 26.43	(0.2)	4/6
8	Brigid BYRNES	FR	#1 Catholic (D.C.)	26.46w	(3.5)	4/20
9	Alexa RINE	SR	#2 Susquehanna	{3} 26.53	(0.0)	3/27
10	Ray ASIEDU	FR	#8 Goucher	26.59	(0.3)	4/6

Women's 400 Meters

1	47 Kelty OASTER	SR	#5 Elizabethtown	57.06		4/14
2	49 Abigail GIAMONI	JR	#3 Moravian	57.15		5/5
3	55 Emily CAMLET	SO	#7 Drew	57.40		5/5
4	Tanise THORNTON - FILLIYAW	SO	#8 Goucher	59.77		3/27
5	Clare MARSH	JR	#1 Catholic (D.C.)	59.91		3/22
6	Zoey BROWN	FR	#1 Catholic (D.C.)	{2} 1:00.06		5/5
7	Sabrina BENIQUEZ	FR	#1 Catholic (D.C.)	{3} 1:00.12		5/5
8	Ellie BIXENMAN	SR	#1 Catholic (D.C.)	{4} 1:00.32		5/5
9	Rachele GRIGOLI	FR	#3 Moravian	{2} 1:00.95		4/20
10	Olivia MILLER	SO	#4 Scranton	1:00.98		5/5

Women's 400 Meter Hurdles

1	32 Brigid BYRNES	FR	#1 Catholic (D.C.)	1:03.71		5/5
2	34 Clare MARSH	JR	#1 Catholic (D.C.)	{2} 1:03.89		5/5
3	77 Olivia BARBACCI	SO	#6 Juniata	1:05.43		5/5
4	Mia MCCONNELL	FR	#1 Catholic (D.C.)	{3} 1:06.32		5/5
5	Molly WHITE	SO	#4 Scranton	1:08.93		5/5
6	Julia ACEVEDO	SR	#2 Susquehanna	1:09.18		5/5
7	Alicia VO	FR	#1 Catholic (D.C.)	{4} 1:10.23		5/5
8	Denicia GERMAN	FR	#2 Susquehanna	{2} 1:11.19		5/5
9	Kelsey MYLER	FR	#4 Scranton	{2} 1:11.39		4/20
10	Sabrina BENIQUEZ	FR	#1 Catholic (D.C.)	{5} 1:11.88		4/20

Women's 800 Meters

1	8 Kelty OASTER	SR	#5 Elizabethtown	2:09.62		5/5
2	9 Tanise THORNTON - FILLIYAW	SO	#8 Goucher	2:09.81		5/5
3	15 Emily MOEHRINGER	JR	#1 Catholic (D.C.)	2:11.01		5/5
4	53 Lauren CERDA	SR	#1 Catholic (D.C.)	{2} 2:14.58		5/5
5	67 Apolline GASPERS	JR	#1 Catholic (D.C.)	{3} 2:15.62		5/5
6	Skye WASHINGTON	SO	#8 Goucher	{2} 2:20.63		4/13
7	Victoria URBAEZ	FR	#2 Susquehanna	2:21.86		5/5
8	Olivia TULLMAN	SR	#4 Scranton	2:22.80		5/5
9	Rebecca CHRISTOPHEL	JR	#6 Juniata	2:23.12		5/5
10	Liza LEVIN	JR	#2 Susquehanna	{2} 2:24.20		5/5

Women's 1500 Meters

1	47 Tanise THORNTON - FILLIYAW	SO	#8 Goucher	4:36.19		5/5
2	54 Emily MOEHRINGER	JR	#1 Catholic (D.C.)	4:36.99		5/5
3	62 Lauren CERDA	SR	#1 Catholic (D.C.)	{2} 4:38.16		5/5
4	95 Apolline GASPERS	JR	#1 Catholic (D.C.)	{3} 4:41.26		4/20
5	Emily HOPKINS	SO	#4 Scranton	4:45.58		4/20
6	Olivia TULLMAN	SR	#4 Scranton	{2} 4:51.03		5/5
7	Tara SMURLA	SO	#3 Moravian	4:53.88		3/30
8	Kelty OASTER	SR	#5 Elizabethtown	4:55.66		4/14
9	Victoria URBAEZ	FR	#2 Susquehanna	4:57.30		5/5
10	Kate RICE	SO	#7 Drew	4:58.66		3/30

Women's Steeplechase

1	52 Kate INGLIS	JR	#1 Catholic (D.C.)	11:15.51		3/22
2	Sadie ABOOD	SR	#1 Catholic (D.C.)	{2} 11:38.36		5/5
3	Amber PONIKTERA	JR	#3 Moravian	11:40.44		4/14
4	Rachael GOODMAN	JR	#3 Moravian	{2} 11:42.06		5/5
5	Maria ANDERSON		#5 Elizabethtown	11:47.81		4/27
6	Alexis HOCKENBERRY	FR	#3 Moravian	{3} 11:57.13		5/5
7	Alyssa HOCKENBERRY	FR	#3 Moravian	{4} 12:00.90		5/5
8	Ellie HEILMAN	FR	#5 Elizabethtown	{2} 12:15.54		4/6
9	Isabell ANDERSON	SO	#5 Elizabethtown	{3} 12:19.56		5/5
10	Maeve KEEFE	FR	#5 Elizabethtown	{4} 12:35.80		4/21



Conference TFRI Event Summary



Landmark

as of 5/7/2024 6:44:16 AM ET

Women's 5000 Meters

1	Tara SMURLA	SO	#3 Moravian	17:43.97	5/5
2	Emily HOPKINS	SO	#4 Scranton	17:48.63	5/5
3	Kate INGLIS	JR	#1 Catholic (D.C.)	18:08.62	5/5
4	Kate RICE	SO	#7 Drew	18:12.16	3/30
5	Bridget KENNEDY	SR	#5 Elizabethtown	18:31.42	3/27
6	Kyrianna NEMITZ	FR	#4 Scranton {2}	18:36.56	5/5
7	Georgia NUSSEY	JR	#1 Catholic (D.C.) {2}	18:40.53	5/5
8	Paige HENNIGAN	SR	#4 Scranton {3}	18:43.27	5/5
9	Laurel MCMAHON	FR	#1 Catholic (D.C.) {3}	18:44.36	5/5
10	Rachael GOODMAN	JR	#3 Moravian {2}	18:49.02	5/5

Women's 10,000 Meters

1	33 Tara SMURLA	SO	#3 Moravian	36:08.51	4/14
2	Georgia NUSSEY	JR	#1 Catholic (D.C.)	38:18.73	4/6
3	Bridget KENNEDY	SR	#5 Elizabethtown	39:02.65	5/5
4	Tori CHAMPAGNE	SO	#3 Moravian {2}	39:39.26	5/5
5	Catriona CORBETT	SR	#4 Scranton	40:11.47	5/5
6	Isabelle SMITH	JR	#5 Elizabethtown {2}	40:12.77	4/6
7	Ally MEEKS	JR	#3 Moravian {3}	40:20.58	5/5
8	Sophia PASQUARIELLO	JR	#2 Susquehanna	40:25.35	5/5
9	Stella NOECKER	SR	#1 Catholic (D.C.) {2}	40:37.23	5/5
10	Meghan MYERS	SO	#3 Moravian {4}	41:01.87	5/5

Women's 4x100 Relay

1	41 Hannah Alderfer, Remi Acord, Chloe Yoder, Alexa Rine	#2 Susquehanna	48.06	4/20
2	74 Shai Knight, Abigail Giamoni, Rachele Grigoli, Alexis Groff	#3 Moravian	48.81	4/20
3	81 Erin Buckley, Sarah Schumacher, Megan Burns, Ellie Bixenman	#1 Catholic (D.C.)	48.99	4/27
4	Wendy De La Cruz Garcia, Samantha Sharrow, Isabella Delgado, Jocelyn Smith	#4 Scranton	49.76	4/20
5	Jarrett Wagner, Kate Bendall, Melissa Patton, Caleigh Bold	#5 Elizabethtown	50.86	4/27
6	Emily Camlet, Sarah Hattan, Mazzy Cirinelli, Sage Hendershot	#7 Drew	51.53	5/5
7	Ashley Alfree, Olivia Barbacci, Josie Kelly, Emma Coolidge	#6 Juniata	53.18	5/5
8	Nora Neall, Tanise Thornton - Fillyaw, Aaliyah Briddell, Ray Asiedu	#8 Goucher	54.12	3/27

Women's 4x400 Relay

1	40 Clare Marsh, Brigid Byrnes, Emily Moehringer, Zoey Brown	#1 Catholic (D.C.)	3:57.92	4/27
2	Tasia Miniotis, Olivia Miller, Samantha Sharrow, Jocelyn Smith	#4 Scranton	4:06.51	5/5
3	Abigail Giamoni, Rachele Grigoli, Shai Knight, Ashley Rodrigues	#3 Moravian	4:11.57	5/5
4	Rebecca Christophel, Olivia Barbacci, Ashley Alfree, Camille McRoberts	#6 Juniata	4:12.31	4/13
5	Sara Rich, Melissa Patton, Axel Georgieff, Katherine Hartman	#5 Elizabethtown	4:13.22	5/5
6	Ashley Newman, Caitlyn Kuhn, Liza Levin, Chloe Yoder	#2 Susquehanna	4:14.34	4/12
7	Imaya Edmonds, Tanise Thornton - Fillyaw, Ray Asiedu, Nora Neall	#8 Goucher	4:19.36	5/5
8	Emily Camlet, Sage Hendershot, Kate Rice, Sarah Hattan	#7 Drew	4:24.85	5/5

Women's High Jump

1	31 Anna SCOBlick	SO	#1 Catholic (D.C.)	1.65m	5-5	4/20
2	48 Alexis GROFF	SR	#3 Moravian	1.62m	5-3¾	4/27
2	48 Melina CHRISTODOULOU	SR	#7 Drew	1.62m	5-3¾	3/30
4	Molly WHITE	SO	#4 Scranton	1.58m	5-2¼	4/13
5	Ash RICH	FR	#5 Elizabethtown	1.57m	5-1¾	4/21
6	Olivia BARBACCI	SO	#6 Juniata	1.55m	5-1	4/17
7	Jenna HORNING	SR	#2 Susquehanna	1.52m	4-11¾	4/6
7	Gretchen HARAY	SO	#4 Scranton {2}	1.52m	4-11¾	4/6
7	Elena FUNK	FR	#4 Scranton {2}	1.52m	4-11¾	4/6
7	Ali HAEFELE	SO	#3 Moravian {2}	1.52m	4-11¾	3/30

Women's Pole Vault

1	Sarah BOWER	JR	#2 Susquehanna	3.20m	10-6	4/6
1	Olivia BARBACCI	SO	#6 Juniata	3.20m	10-6	4/21
3	Alison SPONSELLER	FR	#2 Susquehanna {2}	2.75m	9-¼	4/6
4	Katie SEAL	JR	#4 Scranton	2.70m	8-10¼	4/27
4	Sophia BOSTWICK	FR	#2 Susquehanna {3}	2.70m	8-10¼	4/27
4	Sara RICH	FR	#5 Elizabethtown	2.70m	8-10¼	4/27
7	Ash RICH	FR	#5 Elizabethtown {2}	2.60m	8-6¼	3/27
8	Ashley ALFREE	SO	#6 Juniata {2}	2.50m	8-2½	5/5
8	Katie CAMMARATA	SO	#2 Susquehanna {4}	2.50m	8-2½	5/5
8	Hayla BRYANT	FR	#4 Scranton {2}	2.50m	8-2½	5/5
8	Josie KELLY	FR	#6 Juniata {2}	2.50m	8-2½	5/5



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Landmark

as of 5/7/2024 6:44:16 AM ET

Women's Long Jump

1	17	Remi ACORD	JR	#2	Susquehanna	5.75m	18-10½ (0.5)	4/19
2	58	Hannah ALDERFER	JR	#2	Susquehanna	{2} 5.54m	18-2¼ (1.9)	5/5
3	65	Samantha SHARROW	SO	#4	Scranton	5.51m	18-1 (1.1)	5/5
4	83	Sage HENDERSHOT	FR	#7	Drew	5.46m	17-11 (0.1)	3/30
5		Chloe YODER	SR	#2	Susquehanna	{3} 5.32m	17-5½ (0.6)	4/12
6		Ali HAEFELE	SO	#3	Moravian	5.27m	17-3½ (1.7)	5/5
7		Brigid BYRNES	FR	#1	Catholic (D.C.)	5.26m	17-3¼ (0.8)	4/20
8		Kate BENDALL	FR	#5	Elizabethtown	5.17m	16-11½ (1.8)	5/5
9		Molly WHITE	SO	#4	Scranton	{2} 5.13mw	16-10 (4.0)	4/13
10		Julia ACEVEDO	SR	#2	Susquehanna	{4} 5.10m	16-8¾ (1.2)	4/12

Women's Triple Jump

1	9	Remi ACORD	JR	#2	Susquehanna	12.17m	39-11¼ (0.9)	4/20
2	32	Ali HAEFELE	SO	#3	Moravian	11.66mw	38-3¼ (3.0)	3/29
3	70	Molly WHITE	SO	#4	Scranton	11.29m	37-½ (1.3)	5/5
4	83	Julia ACEVEDO	SR	#2	Susquehanna	{2} 11.20m	36-9 (0.1)	4/12
5		Kate BENDALL	FR	#5	Elizabethtown	10.98m	36-¼ (-3.7)	4/21
6		Hannah ALDERFER	JR	#2	Susquehanna	{3} 10.69m	35-1 (0.0)	4/12
7		Melina CHRISTODOULOU	SR	#7	Drew	10.53m	34-6¾ (0.3)	5/5
8		Jessica TSU	SR	#4	Scranton	{2} 10.48m	34-4¾ (-0.9)	3/27
9		Edith TOMASEK	FR	#1	Catholic (D.C.)	10.21m	33-6 (1.1)	5/5
10		Alicia VO	FR	#1	Catholic (D.C.)	{2} 10.09m	33-1¼ (1.1)	4/6

Women's Shot Put

1		Mylea NEIDIG	SR	#5	Elizabethtown	12.20m	40-½	3/27
2		Ciara DONEGAN	JR	#1	Catholic (D.C.)	11.93m	39-1¾	3/22
3		Maggie BOYER	SR	#2	Susquehanna	11.92m	39-1¼	5/5
4		Nandee CORREIA	SR	#6	Juniata	11.88m	38-11¾	4/21
5		Kara VASHEY	SO	#3	Moravian	11.26m	36-11½	4/27
6		DaniRae RENNO	JR	#5	Elizabethtown	{2} 10.83m	35-6½	4/21
7		Margie RAYNE	SO	#3	Moravian	{2} 10.80m	35-5¼	4/13
8		Mikayla WOODRING	JR	#3	Moravian	{3} 10.67m	35-¼	3/23
9		Arin PEYKAR	JR	#3	Moravian	{4} 10.52m	34-6¼	3/23
10		Emma COOLIDGE	SO	#6	Juniata	{2} 10.41m	34-2	5/5

Women's Discus

1	45	Margie RAYNE	SO	#3	Moravian	42.40m	139-1	4/20
2	80	DaniRae RENNO	JR	#5	Elizabethtown	40.53m	133-0	4/14
3		Caillie FISH	JR	#3	Moravian	{2} 38.19m	125-4	4/20
4		Mylea NEIDIG	SR	#5	Elizabethtown	{2} 36.47m	119-8	4/13
5		Kara VASHEY	SO	#3	Moravian	{3} 35.47m	116-5	4/27
6		Kaleah LEISHER	SO	#6	Juniata	34.57m	113-5	5/5
7		Alexandra FERRADOR	SR	#4	Scranton	34.43m	113-0	5/5
8		Molly MAXWELL	JR	#1	Catholic (D.C.)	34.37m	112-9	4/6
9		Heather ADAMS	SO	#3	Moravian	{4} 34.17m	112-1	4/27
10		Rebecca CREE	SO	#2	Susquehanna	33.25m	109-1	4/6

Women's Hammer

1	83	Maggie BOYER	SR	#2	Susquehanna	47.36m	155-5	4/6
2		Nandee CORREIA	SR	#6	Juniata	45.59m	149-7	4/27
3		Caillie FISH	JR	#3	Moravian	44.20m	145-0	3/30
4		Alexandra FERRADOR	SR	#4	Scranton	41.00m	134-6	5/5
5		DaniRae RENNO	JR	#5	Elizabethtown	40.88m	134-2	4/21
6		Liz MISKOVSKY	JR	#3	Moravian	{2} 40.42m	132-8	5/5
7		Margie RAYNE	SO	#3	Moravian	{3} 40.35m	132-5	4/20
8		Kara VASHEY	SO	#3	Moravian	{4} 40.03m	131-4	5/5
9		Catherine SIRIGNANO	FR	#2	Susquehanna	{2} 39.63m	130-0	4/21
10		Paulina BIAGIONI	SO	#2	Susquehanna	{3} 38.53m	126-5	4/12

Women's Javelin

1	27	Erin MILLER	SR	#5	Elizabethtown	40.08m	131-6	4/14
2	72	Victoria DONOVAN	SR	#3	Moravian	37.72m	123-9	4/13
3		Ainslee BINKLEY	SO	#2	Susquehanna	34.76m	114-1	4/20
4		Abby MCCLASKEY	JR	#3	Moravian	{2} 34.65m	113-8	4/27
5		Delaynee MCLEOD	SR	#2	Susquehanna	{2} 34.63m	113-8	4/12
6		Emma COOLIDGE	SO	#6	Juniata	33.39m	109-7	4/21
7		Hannah ALDERFER	JR	#2	Susquehanna	{3} 32.85m	107-10	4/6
8		Bella DAUBERMAN	FR	#2	Susquehanna	{4} 31.92m	104-9	4/6
9		Paulina BIAGIONI	SO	#2	Susquehanna	{5} 30.52m	100-2	5/5
10		Liz MISKOVSKY	JR	#3	Moravian	{3} 30.48m	100-0	4/27

Women's Heptathlon

1	37	Hannah ALDERFER	JR	#2	Susquehanna	4,251		4/12
2		Julia ACEVEDO	SR	#2	Susquehanna	{2} 3,535		4/12
3		Charlotte HOULE	FR	#2	Susquehanna	{3} 2,812		4/12
4		Mazzy CIRINELLI	SO	#7	Drew	2,697		4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Liberty League

as of 5/7/2024 6:44:16 AM ET

Women's 100 Meters

1	37	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	12.08	(1.2)	5/4
2	78	Ava NOVAK	SR	#5 Vassar	12.25	(1.2)	5/4
3		Christine MALLETTE	JR	#4 RPI	12.47	(1.2)	5/4
4		Laura SUPPA	SO	#1 Ithaca	12.51w	(2.2)	5/4
5		Ava BUTLER	FR	#1 Ithaca	{2} 12.54w	(2.5)	5/4
6		Sadie SCHREINER	SO	#3 RIT	12.56	(1.9)	4/20
7		Traci FRANCIS	JR	#5 Vassar	{2} 12.66w	(2.5)	5/4
8		Alyssa FICI	FR	#4 RPI	{2} 12.77	(1.6)	4/26
9		Caroline HILL	JR	#3 RIT	{2} 12.78	(1.9)	4/20
10		Nora CHEN	FR	#2 Rochester (N.Y.)	{2} 12.81	(1.1)	4/7

Women's 100 Meter Hurdles

1	28	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	14.53	(1.2)	4/26
1	28	Laura SUPPA	SO	#1 Ithaca	14.53w	(2.1)	5/4
3	44	Jahmilia DENNIS	SO	#5 Vassar	14.75w	(2.1)	5/4
4	76	Rachel LARSON	SO	#1 Ithaca	{2} 15.03w	(2.2)	4/20
5	81	Ashley SHELTON	FR	#6 Union (N.Y.)	15.05w	(2.1)	5/4
6	96	Allison REGNANTE	JR	#3 RIT	15.18w	(2.1)	5/4
7		Cecelia LABONTE	SO	#1 Ithaca	{3} 15.92w	(2.3)	4/7
8		Rania SABRI	SO	#3 RIT	{2} 15.93	(1.7)	5/4
9		Elli CLOUTIER	FR	#1 Ithaca	{4} 16.13w	(2.3)	5/4
10		Samantha CRISCI	SO	#3 RIT	{3} 16.16	(0.1)	4/14

Women's 200 Meters

1	3	Sadie SCHREINER	SO	#3 RIT	24.14w	(2.8)	5/4
2	21	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	24.59w	(2.8)	5/4
3	54	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	{2} 24.96	(-0.6)	4/13
4	63	Ava NOVAK	SR	#5 Vassar	25.01w	(2.8)	5/4
5	84	Katie MANNING	JR	#4 RPI	25.16w	(2.8)	5/4
6	91	Caroline HILL	JR	#3 RIT	{2} 25.22w	(2.8)	5/4
7		Christine MALLETTE	JR	#4 RPI	{2} 25.46	(0.9)	5/4
8		Megan BELL	JR	#2 Rochester (N.Y.)	{3} 25.47	(1.9)	4/21
9		Ava BUTLER	FR	#1 Ithaca	25.66w	(2.8)	5/4
10		Natalie MACARTHUR	JR	#1 Ithaca	{2} 25.91w	(2.6)	4/12

Women's 400 Meters

1	2	Sadie SCHREINER	SO	#3 RIT	55.07		5/4
2	5	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	55.29		5/4
3	14	Megan BELL	JR	#2 Rochester (N.Y.)	{2} 55.84		5/4
4	96	Kate ISAAC	SR	#2 Rochester (N.Y.)	{3} 57.99		5/4
5		Caroline HILL	JR	#3 RIT	{2} 58.23		5/4
6		Lauren SZALKOWSKI	FR	#4 RPI	58.75		4/7
7		Nora CHEN	FR	#2 Rochester (N.Y.)	{4} 58.91		4/21
8		Gabrielle BAKER	JR	#6 Union (N.Y.)	59.17		5/4
9		Devan ADEGBILE	JR	#1 Ithaca	59.32		5/4
10		Raquella CASSERINO	FR	#2 Rochester (N.Y.)	{5} 59.46		4/26

Women's 400 Meter Hurdles

1	6	Nora CHEN	FR	#2 Rochester (N.Y.)	1:01.86		5/4
2	87	Luca PECORA	JR	#1 Ithaca	1:05.77		4/7
3	96	Samantha CRISCI	SO	#3 RIT	1:06.15		5/4
4		Caroline STANTON	SR	#6 Union (N.Y.)	1:06.72		5/4
5		Justine DRAPER	JR	#3 RIT	{2} 1:07.05		5/4
6		Elli CLOUTIER	FR	#1 Ithaca	{2} 1:07.71		5/4
7		Freja NIKLASSON	SO	#5 Vassar	1:08.90		4/26
8		Rachel LARSON	SO	#1 Ithaca	{3} 1:08.96		5/4
9		Christine ZONG	FR	#2 Rochester (N.Y.)	{2} 1:09.68		5/4
10		Jordina COLEMAN	JR	#4 RPI	1:10.31		5/4

Women's 800 Meters

1	7	Megan BELL	JR	#2 Rochester (N.Y.)	2:09.56		4/26
2		Ava WHITNEY	FR	#5 Vassar	2:17.97		5/4
3		Sophia HENDERSON	JR	#5 Vassar	{2} 2:18.05		5/4
4		Allison SIBOLD	SR	#7 St. Lawrence	2:18.17		4/6
5		Giana HAUBRICH	SR	#1 Ithaca	2:18.71		5/4
6		Catherine DACEY	JR	#6 Union (N.Y.)	2:18.92		4/26
7		Rita SCIORTINO	SO	#2 Rochester (N.Y.)	{2} 2:19.24		5/4
8		Norah READE	FR	#5 Vassar	{3} 2:19.60		4/26
9		Abigail NAUTEL	SO	#3 RIT	2:20.04		5/4
10		Joy PETERSEN	SO	#1 Ithaca	{2} 2:20.64		5/4
10		Emily JOHNSON	JR	#1 Ithaca	{2} 2:20.64		5/4

Women's 1500 Meters

1	4	Haley SCHOENEGGE	FR	#5 Vassar	4:25.40		4/26
2	25	Jules BLESKOSKI	FR	#4 RPI	4:32.10		5/4
3	31	Allison SIBOLD	SR	#7 St. Lawrence	4:33.58		5/4
4	83	Amelia GILBERT	SR	#3 RIT	4:40.27		5/4
5		Olivia PISACANO	JR	#4 RPI	{2} 4:41.51		5/4
6		Charlotte BLAKE	FR	#7 St. Lawrence	{2} 4:44.09		5/4
7		Catherine DACEY	JR	#6 Union (N.Y.)	4:46.10		5/4
8		Ellie PONKO	JR	#2 Rochester (N.Y.)	4:47.87		4/26
9		Sierra DANIEU	JR	#3 RIT	{2} 4:48.01		4/26
10		Jessica GOODE	SO	#1 Ithaca	4:48.11		5/4

Women's Steeplechase

1	60	Allison MALATESTA	SR	#6 Union (N.Y.)	11:18.39		5/4
2	71	Emma PALUMBO	JR	#7 St. Lawrence	11:23.46		5/4
3	88	Tessa BOSSOM	SO	#4 RPI	11:29.48		5/4
4	89	Kat BENNINGER	SR	#2 Rochester (N.Y.)	11:29.90		4/7
5		Claudia WOLF	SO	#4 RPI	{2} 11:35.43		5/4
6		Sab LIN	JR	#2 Rochester (N.Y.)	{2} 11:43.93		4/21
7		Logan BRASACCHIO	SO	#1 Ithaca	11:45.23		4/20
8		Acadia HELFAND	FR	#5 Vassar	11:46.53		5/4
9		Charlotte BLAKE	FR	#7 St. Lawrence	{2} 11:52.13		3/30
10		Carly ZACK	FR	#7 St. Lawrence	{3} 11:53.05		4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Liberty League

as of 5/7/2024 6:44:17 AM ET

Women's 5000 Meters

1	6	Haley SCHOENEGGE	FR	#5 Vassar	16:32.59	4/14
2	30	Jules BLESKOSKI	FR	#4 RPI	16:59.04	4/14
3	39	Olivia PISACANO	JR	#4 RPI	{2} 17:06.81	4/14
4	90	Sennett TURNER	SR	#2 Rochester (N.Y.)	17:36.77	3/29
5		Jessica GOODE	SO	#1 Ithaca	17:49.28	3/30
6		Emma PALUMBO	JR	#7 St. Lawrence	18:00.29	4/14
7		Katie COBOS	SR	#3 RIT	18:05.17	3/30
8		Olivia REID	JR	#4 RPI	{3} 18:06.74	5/4
9		Sierra DANIEU	JR	#3 RIT	{2} 18:10.54	4/20
10		Leah GOODLOE	JR	#4 RPI	{4} 18:12.49	4/7

Women's 10,000 Meters

1	32	Sennett TURNER	SR	#2 Rochester (N.Y.)	36:07.87	4/14
2		Kyla EISMAN	SO	#1 Ithaca	38:15.89	4/20
3		Katie COBOS	SR	#3 RIT	38:18.54	5/4
4		Leah GOODLOE	JR	#4 RPI	38:40.46	4/14
5		Alicia LAWSON	JR	#2 Rochester (N.Y.)	{2} 39:30.35	4/14
6		Amaavi MIRIYAGALLA	SR	#5 Vassar	39:35.69	3/30
7		Olivia BERNIER	SR	#7 St. Lawrence	39:36.52	4/14
8		Cayley SWAIM	FR	#5 Vassar	{2} 39:37.58	5/4
9		Alyssa HORNG	SO	#2 Rochester (N.Y.)	{3} 39:57.68	5/4
10		Meredith CROCKETT	JR	#2 Rochester (N.Y.)	{4} 40:03.96	4/13

Women's 4x100 Relay

1	37	Tina Kyriacou, Alyssa Hoogs, Ashley Heffernan, Madeline O'Connell	#2 Rochester (N.Y.)	47.98	5/4
2	42	Christine Mallette, Katie Manning, Alyssa Fici, Lauren Szalkowski	#4 RPI	48.07	5/4
3	78	Jamie Eu, Ava Novak, Jahmilia Dennis, Traci Francis	#5 Vassar	48.86	5/4
4	88	Allison Regnante, Sadie Schreiner, Rania Sabri, Caroline Hill	#3 RIT	49.20	3/30
5		Devan Adegbile, Ava Butler, Tayla Hummel, Natalie MacArthur	#1 Ithaca	49.55	5/4
6		Marley Froe, Katherine Doran, Glory Moncion-Allen, Gabrielle Baker	#6 Union (N.Y.)	50.09	5/4
7		Margaret McNally, Caelan McHarney, Mackenzie Marcus, Kiran Black	#7 St. Lawrence	53.00	5/4

Women's 4x400 Relay

1	5	Madeline O'Connell, Nora Chen, Ashley Heffernan, Megan Bell	#2 Rochester (N.Y.)	3:47.30	4/21
2	39	Violet Ameele, Sydney Burgard, Samantha Crisci, Caroline Hill	#3 RIT	3:57.90	5/4
3	60	Glory Moncion-Allen, Kasey McGerald, Gabrielle Baker, Caroline Stanton	#6 Union (N.Y.)	4:00.88	5/4
4	79	Jordina Coleman, Alyssa Fici, Lauren Maher, Christine Mallette	#4 RPI	4:02.85	5/4
5	97	Emily Johnson, Giana Haubrich, Natalie MacArthur, Ava Butler	#1 Ithaca	4:04.69	4/7
6		Ava Novak, Ava Whitney, Norah Reade, Sophia Henderson	#5 Vassar	4:06.99	5/4
7		Margaret McNally, Allison Sibold, Charlotte Blake, Caelan McHarney	#7 St. Lawrence	4:21.91	5/4
8		Chloe Desautels, Mieke Matteson, Hawra Moomhala, Camila Sandaal	#8 Bard	4:45.42	5/4

Women's High Jump

1	15	Madeleine WRIGHT	FR	#1 Ithaca	1.68m	5-6	5/4
2	21	Ashley SHELTON	FR	#6 Union (N.Y.)	1.67m	5-5¾	4/6
3	70	Lydia BARBER	FR	#1 Ithaca	{2} 1.60m	5-3	4/20
4		Celia RYAN	FR	#1 Ithaca	{3} 1.57m	5-1¾	4/28
5		Cecelia LABONTE	SO	#1 Ithaca	{4} 1.54m	5-½	4/7
5		Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	1.54m	5-½	4/13
7		Tooni OLALLEYE	FR	#4 RPI	1.52m	4-11¾	4/7
8		Grace ARDITO	SO	#6 Union (N.Y.)	{2} 1.49m	4-10½	5/4
8		Caroline STANTON	SR	#6 Union (N.Y.)	{2} 1.49m	4-10½	5/4
10		Abigail SASSON	FR	#5 Vassar	1.47m	4-9¾	5/4

Women's Pole Vault

1	1	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	4.07m	13-4¼	4/26
2	34	Catherine FOX	SR	#3 RIT	3.61m	11-10	4/13
3	55	Bree BOYLE	SO	#1 Ithaca	3.51m	11-6¼	5/4
3	55	Erin EASTWOOD	SO	#1 Ithaca	3.51m	11-6¼	5/4
5	99	Talia HUTCHINSON	FR	#1 Ithaca	{3} 3.35m	10-11¾	3/30
6		Laura SUPPA	SO	#1 Ithaca	{4} 2.95m	9-8	4/13
7		Mia GERBER	FR	#3 RIT	{2} 2.77m	9-1	4/26
8		Samantha SCHLECTMAN	SO	#3 RIT	{3} 2.71m	8-10¾	4/7



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Liberty League

as of 5/7/2024 6:44:17 AM ET

Women's Long Jump

1	6	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	5.89m	19-4 (1.7)	5/4
2	58	Alyssa HOOGS	SR	#2 Rochester (N.Y.) {2}	5.54m	18-2¼ (1.9)	4/26
2	58	Allison REGNANTE	JR	#3 RIT	5.54mw	18-2¼ (2.6)	5/4
4		Ashanti STANLEY	SR	#1 Ithaca	5.37m	17-7½ (-0.5)	5/4
4		Ashleigh BARRETT	SO	#2 Rochester (N.Y.) {3}	5.37mw	17-7½ (2.5)	4/26
6		Jahmilia DENNIS	SO	#5 Vassar	5.33m	17-6 (0.7)	5/4
7		Jordyn DOLAN	SO	#1 Ithaca {2}	5.26mw	17-3¼ (2.4)	5/4
7		Ava NOVAK	SR	#5 Vassar {2}	5.26m	17-3¼ (1.3)	4/12
9		Alexis BROWN	FR	#1 Ithaca {3}	5.25m	17-2¼ (1.3)	5/4
10		Sydney PASSLEY-HARRIS	SO	#5 Vassar {3}	5.22m	17-1½ (-2.0)	3/30

Women's Triple Jump

1	33	Jahmilia DENNIS	SO	#5 Vassar	11.65m	38-2¾ (1.2)	5/3
2	41	Alyssa HOOGS	SR	#2 Rochester (N.Y.)	11.55m	37-10¾ (0.5)	5/3
3	66	Luca PECORA	JR	#1 Ithaca	11.31m	37-1¼ (1.5)	5/4
4	75	Ashanti STANLEY	SR	#1 Ithaca {2}	11.25m	36-11 (0.0)	4/28
5		Ashley SHELTON	FR	#6 Union (N.Y.)	10.97m	36-0 (1.7)	5/4
6		Alexis BROWN	FR	#1 Ithaca {3}	10.88m	35-8½ (-0.6)	4/20
7		Grace CROFT	FR	#1 Ithaca {4}	10.85m	35-7¼ (0.0)	4/28
8		Allison REGNANTE	JR	#3 RIT	10.67m	35-¼ (1.1)	4/7
9		Rania SABRI	SO	#3 RIT {2}	10.54m	34-7 (0.9)	4/14
10		Celia RYAN	FR	#1 Ithaca {5}	10.51mw	34-5¾ (2.5)	5/4

Women's Shot Put

1	73	Emily DIMARCO	JR	#3 RIT	12.56m	41-2½	4/7
2	76	Marinna HEICHBERGER	SO	#3 RIT {2}	12.53m	41-1½	4/26
2	76	Deziree GARRICK	JR	#2 Rochester (N.Y.)	12.53m	41-1½	5/4
4		Cora ROSE	JR	#2 Rochester (N.Y.) {2}	12.31m	40-4¾	5/4
5		Lily SEYFERT	SO	#1 Ithaca	12.29m	40-4	5/4
6		Madison VARGAS	FR	#2 Rochester (N.Y.) {3}	12.21m	40-¾	5/4
7		Leanna WELLS	FR	#4 RPI	12.10m	39-8½	4/26
8		Kylie ALLEN	FR	#4 RPI {2}	11.86m	38-11	4/12
9		Amelia GECK	FR	#3 RIT {3}	11.81m	38-9	5/4
10		Charlotte POWELL	FR	#1 Ithaca {2}	11.73m	38-6	4/23

Women's Discus

1	73	Emily DIMARCO	JR	#3 RIT	40.73m	133-8	4/20
2	76	Katie LYNCH	SO	#4 RPI	40.64m	133-4	5/4
3	82	Cora ROSE	JR	#2 Rochester (N.Y.)	40.44m	132-8	4/21
4	83	Madison VARGAS	FR	#2 Rochester (N.Y.) {2}	40.41m	132-7	4/21
5	91	Lily SEYFERT	SO	#1 Ithaca	40.11m	131-7	3/23
6	95	Grace RICHARD	SO	#4 RPI {2}	39.97m	131-2	4/20
7		Bailee DRUMMOND	FR	#3 RIT {2}	39.67m	130-2	5/4
8		Sydney PETRIE	SO	#5 Vassar	37.48m	123-0	4/6
9		Aimee OSZER	FR	#2 Rochester (N.Y.) {3}	37.38m	122-8	5/4
10		Lacey ECKERT	SO	#7 St. Lawrence	37.23m	122-2	5/4

Women's Hammer

1	76	Lily SEYFERT	SO	#1 Ithaca	47.58m	156-1	5/4
2		Deziree GARRICK	JR	#2 Rochester (N.Y.)	46.22m	151-8	5/4
3		Liv ILASZ	SO	#2 Rochester (N.Y.) {2}	45.50m	149-4	5/4
4		Cheyenne MCPEEK	FR	#1 Ithaca {2}	45.18m	148-3	4/23
5		Katie LYNCH	SO	#4 RPI	44.80m	147-0	4/20
6		Grace RICHARD	SO	#4 RPI {2}	43.40m	142-5	5/4
7		Autumn BERNAVA	FR	#3 RIT	41.53m	136-3	3/30
8		Soncerae HAMITER	JR	#1 Ithaca {3}	41.41m	135-11	4/13
9		Cora ROSE	JR	#2 Rochester (N.Y.) {3}	40.76m	133-9	3/29
10		Enya GREEN	FR	#1 Ithaca {4}	40.07m	131-6	4/20

Women's Javelin

1	48	Lily SEYFERT	SO	#1 Ithaca	38.93m	127-9	3/23
2	62	Aimee OSZER	FR	#2 Rochester (N.Y.)	38.09m	125-0	5/4
3	91	Sonya SHIVOK	JR	#3 RIT	36.91m	121-1	5/4
4		Abigail CARPENTER	JR	#3 RIT {2}	34.28m	112-6	5/4
5		Charlotte POWELL	FR	#1 Ithaca {2}	33.73m	110-8	5/4
6		Celia RYAN	FR	#1 Ithaca {3}	32.98m	108-3	4/28
7		Mia GERBER	FR	#3 RIT {3}	32.21m	105-8	4/7
8		Leanna WELLS	FR	#4 RPI	32.01m	105-0	4/20
9		Katie LYNCH	SO	#4 RPI {2}	31.08m	102-0	5/4
10		Sundee KROYER	JR	#6 Union (N.Y.)	30.40m	99-9	5/4

Women's Heptathlon

1	3	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	4,951		4/13
2	70	Madeleine WRIGHT	FR	#1 Ithaca	3,846		5/4
3	71	Cecelia LABONTE	SO	#1 Ithaca {2}	3,844		4/12
4		Faye STEVENS	JR	#5 Vassar	3,590		5/4
5		Julia LARGETT	SO	#2 Rochester (N.Y.) {2}	3,528		4/13
6		Abigail SASSON	FR	#5 Vassar {2}	3,046		5/4
7		Elli CLOUTIER	FR	#1 Ithaca {3}	3,004		4/12
8		Halle RAINA	JR	#4 RPI	2,989		5/4
9		Amelia BERTHOLD	SO	#7 St. Lawrence	2,779		5/4
10		Gabby IRVIN	FR	#4 RPI {2}	2,621		5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Little East

as of 5/7/2024 6:44:17 AM ET

Women's 100 Meters

1	Dorinda OKORJI	JR	#6 UMass Boston	12.35w	(3.0)	3/16
2	Trinity HAYES	JR	#7 Rhode Island Col	12.45w	(3.4)	4/6
3	Janiah YOUNG	SO	#1 Southern Maine	12.46w	(2.1)	4/27
4	Athena COMEAU	JR	#4 Plymouth State	12.72	(0.0)	5/3
5	Heaven CONLEY	JR	#1 Southern Maine {2}	12.78	(0.8)	4/13
6	Syriah MCCRUSE	FR	#5 Keene State	12.93	(1.0)	4/13
7	Aryianna GARCEAU	SO	#6 UMass Boston {2}	12.95	(0.3)	4/8
8	Paige HURST	JR	#4 Plymouth State {2}	12.99w	(3.2)	4/13
9	Cassidy HANSON	SO	#4 Plymouth State {3}	13.05	(1.0)	4/13
10	MacKenzie LABRIE	SR	#4 Plymouth State {4}	13.13w	(3.2)	4/13

Women's 100 Meter Hurdles

1	14 Aryianna GARCEAU	SO	#6 UMass Boston	14.22	(0.2)	5/3
2	68 Kiana GOLDBERG	FR	#1 Southern Maine	14.95w	(2.5)	4/6
3	Molly LU MCKELLAR	SO	#5 Keene State	16.39	(-1.1)	5/3
4	McKenna CASTOR	FR	#8 Castleton	16.70w	(3.5)	4/6
5	Analiese POISSON	JR	#2 Eastern Connect	17.19	(0.4)	4/20
6	Megan MOYNIHAN	SO	#4 Plymouth State	17.60	(1.2)	4/20
7	Briana CAMAN	FR	#3 UMass Dartmouth	18.12	(-0.6)	4/27
8	Delaney SARTWELL	SO	#6 UMass Boston {2}	19.83w	(3.3)	3/30
9	Abigail SCHELL	SO	#6 UMass Boston {3}	21.99	(1.4)	3/16

Women's 200 Meters

1	74 Trinity HAYES	JR	#7 Rhode Island Col	25.07cuw	(25.71u) (2.0)	4/6
2	Janiah YOUNG	SO	#1 Southern Maine	25.56	(0.6)	4/20
3	Kiana GOLDBERG	FR	#1 Southern Maine {2}	25.80cu	(26.46u) (1.0)	4/6
4	Aryianna GARCEAU	SO	#6 UMass Boston	25.83	(-0.4)	4/27
5	Heaven CONLEY	JR	#1 Southern Maine {3}	26.15	(0.6)	4/20
6	Saige KIRKLAND	FR	#2 Eastern Connect	26.63	(-0.4)	4/27
7	Athena COMEAU	JR	#4 Plymouth State	26.78	(-0.4)	4/27
8	MacKenzie LABRIE	SR	#4 Plymouth State {2}	26.90	(1.9)	4/20
9	Syriah MCCRUSE	FR	#5 Keene State	27.03w	(2.8)	4/6
10	Laci DAVIS	FR	#2 Eastern Connect {2}	27.05cuw	(27.74u) (2.0)	4/6

Women's 400 Meters

1	93 Trinity HAYES	JR	#7 Rhode Island Col	57.98		5/3
2	Heaven CONLEY	JR	#1 Southern Maine	59.29		4/13
3	Alexis KARANTZA	SO	#1 Southern Maine {2}	1:01.39		4/20
4	Saige KIRKLAND	FR	#2 Eastern Connect	1:02.09cu	(1:03.36u)	4/6
5	Sam VANDEMOERE	SR	#4 Plymouth State	1:02.58		4/13
6	Ashley GENTILE	JR	#2 Eastern Connect {2}	1:04.01		4/27
7	Haley ROBERTSON	JR	#2 Eastern Connect {3}	1:05.57		4/13
8	Allie KIMBALL	FR	#3 UMass Dartmouth	1:05.65		4/27
9	Anabel MELANSON	SO	#1 Southern Maine {3}	1:05.96		4/13
10	Cassidy HANSON	SO	#4 Plymouth State {2}	1:06.17		3/30

Women's 400 Meter Hurdles

1	Alexis KARANTZA	SO	#1 Southern Maine	1:06.50		5/3
2	Alyssa SIRIANNI	SR	#2 Eastern Connect	1:08.52		5/3
3	Grace RUSSELL	SO	#3 UMass Dartmouth	1:10.52		4/27
4	Molly LU MCKELLAR	SO	#5 Keene State	1:11.57		4/27
5	Megan MOYNIHAN	SO	#4 Plymouth State	1:13.56		4/20
6	Briana CAMAN	FR	#3 UMass Dartmouth {2}	1:15.36		3/30
7	Analiese POISSON	JR	#2 Eastern Connect {2}	1:17.20		4/13
8	Charlotte MILLETTE	SR	#6 UMass Boston	1:22.08		4/27
9	Elia VALEZ	JR	#6 UMass Boston {2}	1:23.54		4/27
10	Abigail SCHELL	SO	#6 UMass Boston {3}	1:33.76		4/20

Women's 800 Meters

1	Rose KAROW	FR	#4 Plymouth State	2:19.89		4/20
2	Sam VANDEMOERE	SR	#4 Plymouth State {2}	2:20.15		4/20
3	Jacqueline EARNER	SO	#6 UMass Boston	2:23.10		3/16
4	Haley OLIVER	SO	#7 Rhode Island Col	2:26.14		4/20
5	Anabel MELANSON	SO	#1 Southern Maine	2:28.15		4/20
6	AnnMarie LIMBERGER	SO	#1 Southern Maine {2}	2:28.59cu	(2:31.03u)	4/6
7	Margaret ST JOHN	SR	#5 Keene State	2:29.22		4/13
8	Samantha FENLEY	FR	#1 Southern Maine {3}	2:31.47		4/20
9	Carly ALSTON	JR	#2 Eastern Connect	2:31.72		4/20
10	Sarah AMES	JR	#5 Keene State {2}	2:32.39		4/20

Women's 1500 Meters

1	Haley OLIVER	SO	#7 Rhode Island Col	4:48.02		4/27
2	Margaret ST JOHN	SR	#5 Keene State	4:55.34		4/20
3	Sam VANDEMOERE	SR	#4 Plymouth State	4:55.41		4/27
4	Samantha FENLEY	FR	#1 Southern Maine	4:59.30		3/30
5	Alison LECLERC	JR	#2 Eastern Connect	5:02.65		4/20
6	Anna O'REILLY	SO	#5 Keene State {2}	5:07.35		4/27
7	Aurora COUTO	JR	#5 Keene State {3}	5:08.32		4/20
8	Molly GLEW	FR	#4 Plymouth State {2}	5:11.27		4/27
9	Keara FONTAINE	SR	#2 Eastern Connect {2}	5:15.00		4/20
10	Lexi MARCOLINI	SR	#4 Plymouth State {3}	5:16.33		4/20

Women's Steeplechase

1	82 Alison LECLERC	JR	#2 Eastern Connect	11:27.47		5/3
2	Aurora COUTO	JR	#5 Keene State	11:53.65		5/3
3	Emma STEEDMAN	FR	#3 UMass Dartmouth	12:01.39		4/27
4	Lexi MARCOLINI	SR	#4 Plymouth State	12:26.54		4/27
5	Bee GREENBERG	JR	#3 UMass Dartmouth {2}	12:35.37		3/30
6	Julia LATURA	JR	#3 UMass Dartmouth {3}	13:06.88		3/30
7	Elia VALEZ	JR	#6 UMass Boston	13:22.40		4/27
8	Alyssa EDGREN	FR	#5 Keene State {2}	13:37.87		4/27
9	Abby BERGERON	FR	#4 Plymouth State {2}	14:25.44		4/20
10	Abigail SCHELL	SO	#6 UMass Boston {2}	16:45.89		4/27



Conference TFRI Event Summary



Little East

as of 5/7/2024 6:44:17 AM ET

Women's 5000 Meters

1	100	Haley OLIVER	SO	#7	Rhode Island Col	17:39.39	4/13
2		Margaret ST JOHN	SR	#5	Keene State	17:54.99	4/13
3		Alison LECLERC	JR	#2	Eastern Connect	18:42.60	4/13
4		Grace COLON	JR	#6	UMass Boston	19:08.57	4/13
5		Keara FONTAINE	SR	#2	Eastern Connect{2}	19:16.33	4/13
6		Bee GREENBERG	JR	#3	UMass Dartmout	19:32.02	4/27
7		Carly ALSTON	JR	#2	Eastern Connect{3}	19:47.45	4/27
8		Aurora COUTO	JR	#5	Keene State {2}	20:07.36	4/6
9		Bethany DAVIS	SO	#8	Castleton	20:09.28	4/20
10		Anya AADLAND	FR	#3	UMass Dartmout{2}	20:20.75	3/30

Women's 10,000 Meters

1	40	Haley OLIVER	SO	#7	Rhode Island Col	36:21.78	5/3
2		Keara FONTAINE	SR	#2	Eastern Connect	38:45.80	5/3
3		Grace FURLONG	SR	#5	Keene State	38:50.18	4/13
4		Bee GREENBERG	JR	#3	UMass Dartmout	40:16.30	4/13
5		Grace COLON	JR	#6	UMass Boston	40:40.64	5/3
6		Lucy DEPOLITO	SO	#1	Southern Maine	41:38.69	4/27
7		Bethany DAVIS	SO	#8	Castleton	42:09.38	4/27
8		Anya AADLAND	FR	#3	UMass Dartmout{2}	42:25.21	4/20
9		Sarah LYNCH	FR	#3	UMass Dartmout{3}	42:54.13	4/27
10		Sarah CAMBELL	JR	#6	UMass Boston {2}	42:54.34	4/27

Women's 4x100 Relay

1	95	Aryianna Garceau, JHnelle Evans, Hialeah Foster, Dorinda Okorji	#6	UMass Boston	49.36	4/27
2		Mackenzie Betty, Janiah Young, Heaven Conley, Alexis Karantz	#1	Southern Maine	49.75	4/27
3		Montana Casa, Cassidy Hanson, MacKenzie Labrie, Paige Hurst	#4	Plymouth State	50.21	4/27
4		Laci Davis, Saige Kirkland, Hannah Jalowiec, Emily Jones	#2	Eastern Connect	52.60	4/27
5		Syriah McCruse, Carlie Cronin, Erin Cole, Molly Lu McKellar	#5	Keene State	52.79	4/27
6		Marlyn Dunlop, Trinity Hayes, Shirley Portillo, Bethanie Jean Philippe	#7	Rhode Island Col	53.51	4/27
7		Allie Kimball, Briana Caman, Isabella Taccogna, Petrashea Johnson	#3	UMass Dartmout	53.94	3/30

Women's 4x400 Relay

1		Saige Kirkland, Laci Davis, Ashley Gentile, Alyssa Sirianni	#2	Eastern Connect	4:08.94	5/3
2		Anabel Melanson, AnnMarie Limberger, Whitney Davenport, Samantha Fenley	#1	Southern Maine	4:20.63	4/13
3		Julia Latura, Isabella Taccogna, Victoria Schweitzer, Grace Russell	#3	UMass Dartmout	4:24.73	5/3
4		Athena Comeau, Rose Karow, Montana Casa, Niki Monoxelos	#4	Plymouth State	4:27.16	4/27
5		Marlyn Dunlop, Trinity Hayes, Haley Oliver, Shirley Portillo	#7	Rhode Island Col	4:36.39	4/27
6		Allison Kenyon, Bryn Dickinson, Anna O'Reilly, Samantha Taylor	#5	Keene State	4:38.48	5/3
7		Aryianna Garceau, Grace Colon, harleen Bassan, Sarah Cambell	#6	UMass Boston	4:38.54	3/16

Women's High Jump

1	39	Olivia JALBERT	SR	#1	Southern Maine	1.63m	5-4¼	4/13
2		Hialeah FOSTER	FR	#6	UMass Boston	1.57m	5-1¾	3/30
2		Dorinda OKORJI	JR	#6	UMass Boston	1.57m	5-1¾	4/20
4		Marie PROCK	SO	#1	Southern Maine {2}	1.53m	5-¼	4/13
5		Autumn GERRY	SO	#1	Southern Maine {3}	1.52m	4-11¾	4/6
6		Isabella TACCOGNA	SO	#3	UMass Dartmout	1.47m	4-9¾	4/20
7		Emma COUTUIER	FR	#4	Plymouth State	1.43m	4-8¼	4/13
7		Molly LU MCKELLAR	SO	#5	Keene State	1.43m	4-8¼	5/3
9		Megan MOYNIHAN	SO	#4	Plymouth State {2}	1.42m	4-7¾	4/20
9		Alexa HURLEY	JR	#5	Keene State {2}	1.42m	4-7¾	4/6

Women's Pole Vault

1	21	Natasha FRISCH	SO	#2	Eastern Connect	3.70m	12-1½	4/27
2		Riley REITCHEL	SO	#1	Southern Maine	3.10m	10-2	4/6
2		Carlie CRONIN	FR	#5	Keene State	3.10m	10-2	4/27
4		Maggie DALLAIRE	SR	#1	Southern Maine {2}	2.95m	9-8	4/27
5		Katelyn DENUNZIO	FR	#2	Eastern Connect{2}	2.65m	8-8¼	4/27
6		Mackenzie JORGENSEN	SR	#6	UMass Boston	2.50m	8-2½	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Little East

as of 5/7/2024 6:44:17 AM ET

Women's Long Jump

1	87	Dorinda OKORJI	JR	#6 UMass Boston	5.45mw	17-10¾ (3.8)	4/8
2		Olivia JALBERT	SR	#1 Southern Maine	5.27m	17-3½ (0.8)	4/13
3		Hialeah FOSTER	FR	#6 UMass Boston {2}	5.16m	16-11¼ (0.0)	4/20
4		Aryianna GARCEAU	SO	#6 UMass Boston {3}	5.03m	16-6 (0.0)	4/27
5		Kiana GOLDBERG	FR	#1 Southern Maine {2}	4.98m	16-4¼ (1.7)	4/13
6		Emma COUTUIER	FR	#4 Plymouth State	4.91m	16-1½ (0.5)	4/20
7		Laci DAVIS	FR	#2 Eastern Connect	4.79m	15-8¾ (2.0)	4/6
8		Molly LU MCKELLAR	SO	#5 Keene State	4.75m	15-7 (0.0)	5/3
9		Abbey JOHNSON	JR	#4 Plymouth State {2}	4.51m	14-9¾ (0.0)	4/27
10		Bethanie JEAN PHILIPPE	FR	#7 Rhode Island Co	4.31m	14-1¾ (0.1)	4/27

Women's Triple Jump

1		Laci DAVIS	FR	#2 Eastern Connect	11.06mw	36-3½ (2.5)	4/27
2		Taylor ROSS	JR	#8 Castleton	10.53m	34-6¾ (1.4)	4/27
3		Olivia JALBERT	SR	#1 Southern Maine	10.39m	34-1¼ (0.5)	4/27
4		Isabella TACCOGNA	SO	#3 UMass Dartmou	10.16m	33-4 (0.2)	4/27
5		Marie PROCK	SO	#1 Southern Maine {2}	9.78m	32-1 (-1.2)	4/20
6		Joclynn TYLER	SO	#5 Keene State	9.75m	32-0 (1.5)	4/6
7		Abbey JOHNSON	JR	#4 Plymouth State	9.72m	31-10¾ (0.5)	4/27
8		Nicole POPHAM	JR	#2 Eastern Connect{2}	9.64mw	31-7½ (3.5)	4/20
8		Bethanie JEAN PHILIPPE	FR	#7 Rhode Island Co	9.64m	31-7½ (0.6)	4/20
10		Emma COUTUIER	FR	#4 Plymouth State {2}	9.63m	31-7¼ (0.1)	4/27

Women's Shot Put

1	37	Zoe BARNES	JR	#1 Southern Maine	13.16m	43-2¼	5/3
2	58	Jaigan BOUDREAU	JR	#1 Southern Maine {2}	12.83m	42-1¼	5/3
3		KaylInn STEVENSON	FR	#8 Castleton	11.84m	38-10¼	4/27
4		Samantha SAINRISTILL	JR	#7 Rhode Island Co	11.75m	38-6¾	4/27
5		Kate HOCKENBURY	JR	#3 UMass Dartmou	11.38m	37-4	4/27
6		Neisha BOITEUX	JR	#3 UMass Dartmou{2}	10.86m	35-7¾	4/27
7		Molly LU MCKELLAR	SO	#5 Keene State	10.84m	35-6¾	4/13
8		Kate MALCZYNSKI-GRIFFIN	FR	#2 Eastern Connect	10.72m	35-2	4/13
9		Emily HESKETH	FR	#3 UMass Dartmou{3}	10.61m	34-9¾	4/27
10		Karli MARTIN	FR	#8 Castleton {2}	10.58m	34-8½	4/20

Women's Discus

1	23	Zoe BARNES	JR	#1 Southern Maine	43.64m	143-2	5/3
2		Jaigan BOUDREAU	JR	#1 Southern Maine {2}	38.64m	126-9	3/30
3		KaylInn STEVENSON	FR	#8 Castleton	37.80m	124-0	4/13
4		Neisha BOITEUX	JR	#3 UMass Dartmou	34.68m	113-10	4/27
5		Samantha SAINRISTILL	JR	#7 Rhode Island Co	34.56m	113-5	4/27
6		Emily HESKETH	FR	#3 UMass Dartmou{2}	33.66m	110-5	4/20
7		Katelyn YERDON	FR	#8 Castleton {2}	32.29m	105-11	4/19
8		Amanda LITTLE	JR	#3 UMass Dartmou{3}	32.13m	105-5	3/30
9		Ali GRAVELLE	FR	#5 Keene State	31.86m	104-7	4/13
10		Luna PERRY-ST. PETER	SO	#8 Castleton {3}	31.63m	103-9	4/19

Women's Hammer

1	98	Samantha SAINRISTILL	JR	#7 Rhode Island Co	46.68m	153-2	5/3
2		Emily HESKETH	FR	#3 UMass Dartmou	44.67m	146-7	4/13
3		Libby MCINTYRE	JR	#4 Plymouth State	42.89m	140-9	5/3
4		Shannon BURBY	JR	#2 Eastern Connect	42.84m	140-7	4/20
5		Zoe BARNES	JR	#1 Southern Maine	41.91m	137-6	4/27
6		Jaigan BOUDREAU	JR	#1 Southern Maine {2}	40.34m	132-4	3/30
7		Karli MARTIN	FR	#8 Castleton	39.63m	130-0	4/27
8		Kate MALCZYNSKI-GRIFFIN	FR	#2 Eastern Connect{2}	38.49m	126-4	4/6
9		Alexis KAILEY	SR	#1 Southern Maine {3}	38.17m	125-3	4/6
10		Neisha BOITEUX	JR	#3 UMass Dartmou{2}	37.84m	124-2	4/27

Women's Javelin

1	47	Bethanie JEAN PHILIPPE	FR	#7 Rhode Island Co	38.94m	127-9	4/13
2	88	Riley REITCHEL	SO	#1 Southern Maine	36.95m	121-3	4/13
3		Kate MALCZYNSKI-GRIFFIN	FR	#2 Eastern Connect	35.60m	116-10	4/27
4		Shannon BURBY	JR	#2 Eastern Connect{2}	33.37m	109-6	3/30
5		Luna PERRY-ST. PETER	SO	#8 Castleton	33.05m	108-5	4/6
6		Isabell LANFEAR	SO	#8 Castleton {2}	32.41m	106-4	4/6
7		Mary MEAGHER	JR	#5 Keene State	32.04m	105-2	4/13
8		Emily O'CONNELL	FR	#5 Keene State {2}	31.96m	104-10	4/27
9		Kelsy DUONG	JR	#6 UMass Boston	31.94m	104-10	4/20
10		Grace RUSSELL	SO	#3 UMass Dartmou	30.94m	101-6	4/27

Women's Heptathlon

1	69	Molly LU MCKELLAR	SO	#5 Keene State	3,853	5/3
---	-----------	-------------------	----	-----------------------	--------------	------------



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MAC

as of 5/7/2024 6:44:17 AM ET

Women's 100 Meters

1	20	Laura MATHEWS	SR	#3 Stevens	11.94	(0.0)	5/4
2	48	Maria MUZZARELLI	JR	#1 Widener	12.14	(1.7)	4/14
3		Mariam KOITA	FR	#1 Widener {2}	12.41	(0.7)	5/4
4		Mileyska CALDERON	FR	#2 Lebanon Valley	12.53	(0.5)	5/4
5		Arwyn GRUENWALD	SO	#5 Messiah	12.59	(1.6)	4/6
6		Elizabeth SCHWARZ	JR	#7 Alvernia	12.64	(0.7)	5/4
7		Angela NUSE	FR	#8 York (Pa.)	12.66	(1.4)	4/17
8		Grace KANE	SO	#12 Delaware Valley	12.67w	(2.2)	4/12
9		Kayla ROBINSON	FR	#1 Widener {3}	12.68	(-0.2)	4/20
10		Jayla GORE	SO	#1 Widener {4}	12.70	(0.0)	5/4

Women's 100 Meter Hurdles

1	6	Laura MATHEWS	SR	#3 Stevens	13.92	(-0.3)	4/27
2	39	Kristen WILLIAMS	SR	#3 Stevens {2}	14.68	(0.5)	4/13
3		Kara BROWN	SO	#5 Messiah	15.42w	(3.9)	4/13
4		Olivia SMIAROWSKA	FR	#12 Delaware Valley	15.46	(0.3)	4/20
5		Victoria ZULTEVICZ	JR	#4 King's College (F	15.60	(0.0)	5/4
6		Claire MILLER	JR	#5 Messiah {2}	15.87w	(3.9)	4/13
7		Caitlin STERNBERG	SR	#7 Alvernia	16.00	(0.6)	5/4
8		Brianna FASOLI	SO	#14 FDU Florham	16.18	(0.1)	4/20
9		Abigail REED	FR	#2 Lebanon Valley	16.23w	(2.2)	5/4
10		Isabella SHANLEY	FR	#3 Stevens {3}	16.32w	(2.2)	5/4

Women's 200 Meters

1	17	Laura MATHEWS	SR	#3 Stevens	24.52	(-0.7)	5/4
2	74	Mariam KOITA	FR	#1 Widener	25.07	(-0.6)	5/4
3	81	Maria MUZZARELLI	JR	#1 Widener {2}	25.15	(0.8)	4/20
4		Kayla ROBINSON	FR	#1 Widener {3}	25.66	(-0.6)	5/4
5		Kelly BARR	SO	#1 Widener {4}	25.86	(0.7)	5/4
6		Elizabeth SCHWARZ	JR	#7 Alvernia	25.94	(1.8)	5/4
7		Arwyn GRUENWALD	SO	#5 Messiah	26.01	(0.2)	4/6
8		Halle JENNETT	JR	#5 Messiah {2}	26.06	(-1.0)	5/4
9		Darrian BERKHEIMER	JR	#2 Lebanon Valley	26.15	(0.7)	5/4
10		Abigail SPRINGER	JR	#4 King's College (F	26.20	(1.8)	5/4

Women's 400 Meters

1	70	Kelly BARR	SO	#1 Widener	57.63		5/4
2	76	Lindsay BEDNAREK	SO	#10 DeSales	57.71		5/4
3	81	Isabella SHANLEY	FR	#3 Stevens	57.81		5/4
4		Maria MUZZARELLI	JR	#1 Widener {2}	58.76		3/30
5		Laurel GINGRICH	SR	#13 Albright	59.37		5/4
6		Bianca BURKE	SO	#14 FDU Florham	59.66		5/4
7		Mariam KOITA	FR	#1 Widener {3}	59.77		3/30
8		Olivia DEVITO	FR	#1 Widener {4}	1:00.11		5/4
9		Kelly HASTINGS	SR	#12 Delaware Valley	1:00.41		3/30
10		Darrian BERKHEIMER	JR	#2 Lebanon Valley	1:00.45		4/20

Women's 400 Meter Hurdles

1	39	Elise DANIEL	JR	#1 Widener	1:04.07		5/4
2	58	Sarah DOUGHERTY	SR	#14 FDU Florham	1:04.93		4/20
3		Abigail REED	FR	#2 Lebanon Valley	1:06.91		5/4
4		Alyssa PEIFFER	JR	#2 Lebanon Valley {2}	1:07.15		5/4
5		Payton MANN	JR	#8 York (Pa.)	1:07.59		5/4
6		Anahrie ANDERSON	FR	#11 Eastern (Pa.)	1:07.91		5/4
7		Clara BENNER	SO	#5 Messiah	1:08.43		5/4
8		Eren TIGHE	SO	#13 Albright	1:08.58		5/4
9		Theresa KERVICK	SR	#1 Widener {2}	1:08.81		4/20
10		Ella MITCHELL	FR	#5 Messiah {2}	1:09.78		5/4

Women's 800 Meters

1	49	Donna HOLT	JR	#1 Widener	2:14.36		5/4
2	60	Grace MORNINGSTAR	FR	#6 Misericordia	2:15.34		4/14
3	70	Lauren BUNKE	SR	#2 Lebanon Valley	2:15.82		4/20
4	82	Isabel TENNEY	FR	#8 York (Pa.)	2:16.31		5/4
5	93	Hailey SHREFFLER	JR	#11 Eastern (Pa.)	2:16.82		5/4
6		Kristin GALLAGHER	SR	#6 Misericordia {2}	2:17.79		5/4
7		Nina BURDEN	JR	#3 Stevens	2:17.98		5/4
8		Micah GORDLEY	SR	#9 Arcadia	2:18.30		4/20
9		Autumn GARGES	SO	#2 Lebanon Valley {2}	2:19.10		5/4
10		Kerrigan LEBO	SO	#5 Messiah	2:20.15		5/4

Women's 1500 Meters

1	52	Gabriella NYE	SR	#1 Widener	4:36.90		4/20
2	72	Micah GORDLEY	SR	#9 Arcadia	4:39.36		4/20
3	75	Hailey SHREFFLER	JR	#11 Eastern (Pa.)	4:39.66		5/4
4		Lauren BUNKE	SR	#2 Lebanon Valley	4:42.37		5/4
5		Madison KAMMER	SO	#6 Misericordia	4:45.71		5/4
6		Katie ANTHONY	JR	#5 Messiah	4:47.08		5/4
7		Sierra KAPCSOS	SO	#2 Lebanon Valley {2}	4:47.53		5/4
8		Brianna WAGNER	JR	#6 Misericordia {2}	4:48.55		5/4
9		Haley ESTUS	JR	#10 DeSales	4:52.30		4/20
10		Grace MORNINGSTAR	FR	#6 Misericordia {3}	4:52.39		4/5

Women's Steeplechase

1	36	Liz EGAN	JR	#1 Widener	11:09.63		5/4
2	48	Coyla BARTHOLOMEW	SO	#2 Lebanon Valley	11:13.91		5/4
3	91	Haley ESTUS	JR	#10 DeSales	11:31.34		5/4
4		Rachel ROUSE	SO	#3 Stevens	11:44.27		5/4
5		Teddi POWELL	SR	#5 Messiah	11:47.89		5/4
6		Alyssa BLACKMON	SR	#12 Delaware Valley	11:57.09		5/4
7		Shannon PFEIFER	FR	#1 Widener {2}	11:57.75		5/4
8		Lindsay FRY	JR	#8 York (Pa.)	12:00.00		5/4
9		Kaitlyn ADAMS	FR	#3 Stevens {2}	12:02.30		5/4
10		Jennifer FISCHLI	FR	#11 Eastern (Pa.)	12:04.68		5/4



Conference TFRI Event Summary



MAC

as of 5/7/2024 6:44:18 AM ET

Women's 5000 Meters

1	62	Gabriella NYE	SR	#1 Widener	17:23.53	4/14
2		Liz EGAN	JR	#1 Widener {2}	17:46.11	4/20
3		Grace GALLAGHER	SO	#6 Misericordia	17:47.51	3/30
4		Cera GASTON	SR	#7 Alvernia	17:51.35	5/4
5		Coyla BARTHOLOMEW	SO	#2 Lebanon Valley	17:53.96	5/4
6		Haley ESTUS	JR	#10 DeSales	18:02.91	5/4
7		Kathryn LONG	SO	#1 Widener {3}	18:05.24	4/20
8		Madison KAMMER	SO	#6 Misericordia {2}	18:07.26	5/4
9		Brianna WAGNER	JR	#6 Misericordia {3}	18:13.47	5/4
10		Micah GORDLEY	SR	#9 Arcadia	18:14.66	5/4

Women's 10,000 Meters

1	41	Grace GALLAGHER	SO	#6 Misericordia	36:24.66	4/14
2	46	Cera GASTON	SR	#7 Alvernia	36:33.10	4/14
3		Gabriella NYE	SR	#1 Widener	38:51.90	3/30
4		Aylene NOY	SO	#16 Hood	39:06.94	5/4
5		Coyla BARTHOLOMEW	SO	#2 Lebanon Valley	39:11.42	3/30
6		Katherine JONES	SR	#6 Misericordia {2}	39:23.93	3/16
7		April BROWNE	JR	#9 Arcadia	39:23.96	5/4
8		Isabel FRIES	JR	#7 Alvernia {2}	39:28.04	5/4
9		Kathryn LONG	SO	#1 Widener {2}	39:50.74	5/4
10		Rachel ULRICH	SO	#6 Misericordia {3}	39:53.64	3/16

Women's 4x100 Relay

1	42	Maria Muzzarelli, Jayla Gore, Kelly Barr, Kayla Robinson	#1 Widener	48.07	5/4
2	67	Claire Miller, Arwyn Gruenwald, Halle Jennett, Elena Vargas	#5 Messiah	48.74	5/4
3	79	Abigail Reed, Darrian Berkheimer, Alyssa Peiffer, Mileyska Calderon	#2 Lebanon Valley	48.87	5/4
4	95	Lauren Ingraham, Stephanie Ryazanova, Allie Canciani, Laura Mathews	#3 Stevens	49.36	5/4
5		Olivia Smiarowska, Kelly Hastings, Zariah Prescott, Grace Kane	#12 Delaware Valley	49.91	5/4
6		Keziah Boyce, Natalie Cottrell, Payton Mann, Angela Nuse	#8 York (Pa.)	50.18	5/4
7		Juliet Brady, Sophia Hahn, Laura Dainauski, Abigail Springer	#4 King's College (F	50.32	5/4
8		Elizabeth Schwarz, Al'iyah McCloud, Giovanni Gibson, Shinelle Felix	#7 Alvernia	50.37	5/4
9		#Type!	#11 Eastern (Pa.)	50.64	4/20
10		Mackenzie Dover, Eren Tighe, Laurel Gingrich, Nyla Callahan	#13 Albright	50.79	5/4



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MAC

as of 5/7/2024 6:44:18 AM ET

Women's 4x400 Relay

1	61	Isabella Shanley, Isabel Vogel, Allie Canciani, Laura Mathews	#3 Stevens	4:00.96	4/27
2	74	Emma Schultz, Olivia DeVito, Carly Lowmes, Kelly Barr	#1 Widener	4:02.54	5/4
3	90	Alyssa Peiffer, Darrian Berkheimer, Sierra Kapcsos, Mileyshka Calderon	#2 Lebanon Valley	4:04.08	5/4
4		Angela Nuse, Payton Mann, Isabel Tenney, Keziah Boyce	#8 York (Pa.)	4:06.76	5/4
5		Abigail Springer, Ava Butcher, Nicole Zambetti, Laura Dainauski	#4 King's College (F	4:08.08	5/4
6		Eren Tighe, Alyssa Devita, Mackenzie Dover, Laurel Gingrich	#13 Albright	4:08.84	5/4
7		Roxy Iliescu, Karolina Ciesla, Grace Curnow, Kate Smilovic	#9 Arcadia	4:10.73	5/4
8		Emma East, Zariah Prescott, Chante Newman, Kelly Hastings	#12 Delaware Valley	4:10.98	5/4
9		Kerrigan Lebo, Natalie Hamlen, Clara Benner, Elena Vargas	#5 Messiah	4:12.49	5/4
10		#Type!	#11 Eastern (Pa.)	4:13.03	4/20

Women's High Jump

1	48	Caroline TIGHE	JR	#3 Stevens	1.62m	5-3¾	4/20
2	92	Laura MATHEWS	SR	#3 Stevens	{2} 1.59m	5-2½	4/13
3		Maya LAPINSKI	FR	#3 Stevens	{3} 1.57m	5-1¾	4/27
3		Allie CANCIANI	SR	#3 Stevens	{3} 1.57m	5-1¾	5/4
3		Melena KOUTCH	JR	#2 Lebanon Valley	1.57m	5-1¾	5/4
3		Madison ARMITAGE	JR	#4 King's College (F	1.57m	5-1¾	4/12
3		Maggie PREVIGLIAN	SO	#3 Stevens	{3} 1.57m	5-1¾	5/4
8		Emily ORIEL	SO	#2 Lebanon Valley	{2} 1.56m	5-1¼	3/23
9		Carolina WEGMAN	SO	#2 Lebanon Valley	{3} 1.52m	4-11¾	5/4
9		Kara BROWN	SO	#5 Messiah	1.52m	4-11¾	4/6
9		Tatina CARR	SO	#1 Widener	1.52m	4-11¾	4/27
9		Theresa KERVICK	SR	#1 Widener	1.52m	4-11¾	5/4

Women's Pole Vault

1	57	Abby NORWILLO		#4 King's College (F	3.50m	11-5¾	4/19
2	94	Alexis MEROLA	SO	#3 Stevens	3.36m	11-¼	4/6
3	99	Hannah WITTER	JR	#5 Messiah	3.35m	10-11¾	4/21
4		Rachel SNAVELY	SR	#2 Lebanon Valley	3.30m	10-9¾	4/27
4		Savannah STEGER	JR	#1 Widener	3.30m	10-9¾	4/20
4		Emily ORIEL	SO	#2 Lebanon Valley	3.30m	10-9¾	4/20
4		Emma MELE	JR	#10 DeSales	3.30m	10-9¾	4/27
8		Victoria ZULTEVICZ	JR	#4 King's College (F{2}	3.25m	10-8	4/27
8		Paige CARPENTER	SR	#11 Eastern (Pa.)	3.25m	10-8	4/20
10		Luisanna POLANCO	FR	#2 Lebanon Valley {3}	3.20m	10-6	3/27

Women's Long Jump

1	15	Shinelle FELIX	JR	#7 Alvernia	5.76m	18-10¾ (-1.1)	5/2
2	38	Laura MATHEWS	JR	#3 Stevens	5.60m	18-4½ (0.1)	4/11
3	68	Kayla ROBINSON	FR	#1 Widener	5.50m	18-½ (0.0)	4/20
4		Victoria ZULTEVICZ	JR	#4 King's College (F	5.20m	17-¾ (1.8)	4/5
4		Madelynn PERFILO	SO	#4 King's College (F	5.20m	17-¾ (-0.1)	4/19
6		Roxy ILIESCU	SR	#9 Arcadia	5.15m	16-10¾ (1.8)	4/19
6		Mia FLEMING	FR	#9 Arcadia	5.15m	16-10¾ (1.8)	4/19
8		Mileyshka CALDERON	FR	#2 Lebanon Valley	5.12m	16-9¾ (0.0)	3/27
9		Angela NUSE	FR	#8 York (Pa.)	5.10mw	16-8¾ (2.6)	4/17
10		Olivia DALLMER	SO	#10 DeSales	5.04m	16-6½ (0.0)	4/20

Women's Triple Jump

1	15	Shinelle FELIX	JR	#7 Alvernia	12.00mw	39-4½ (3.4)	4/20
2	26	Kayla ROBINSON	JR	#1 Widener	11.71m	38-5 (0.0)	5/2
3	45	Mylina CASTILLO	JR	#7 Alvernia	{2} 11.52mw	37-9½ (2.7)	4/13
4	63	Elena VARGAS	JR	#5 Messiah	11.34m	37-2½ (0.0)	5/4
5		Kristen WILLIAMS	SR	#3 Stevens	10.94mw	35-10¾ (2.4)	4/13
6		Kaitlyn HESS	SO	#15 Stevenson	10.86m	35-7¾ (0.6)	5/4
7		Mia FLEMING	FR	#9 Arcadia	10.62m	34-10¼ (0.0)	4/19
8		Madelynn PERFILO	SO	#4 King's College (F	10.59m	34-9 (0.0)	5/4
9		Akilah HOXTER	SR	#7 Alvernia	{3} 10.57mw	34-8¼ (2.4)	4/13
10		Catherine CRAMPTON	FR	#10 DeSales	10.47m	34-4¼ (1.2)	4/27

Women's Shot Put

1	54	Kayla ROBINSON	FR	#1 Widener	12.87m	42-2¾	4/27
2		Brandy VARNER	SO	#4 King's College (F	12.21m	40-¾	4/19
3		Donya BAXTER	SO	#9 Arcadia	11.61m	38-1¼	5/4
4		Delaney HILFERTY	JR	#4 King's College (F{2}	11.54m	37-10½	4/14
5		Caroline REED	SR	#2 Lebanon Valley	11.47m	37-7¾	3/27
6		Savana DODD	FR	#11 Eastern (Pa.)	11.13m	36-6¼	4/13
7		Lauren ASSANTE	JR	#2 Lebanon Valley {2}	10.89m	35-8¾	5/4
8		Caitlin KIRK	FR	#4 King's College (F{3}	10.76m	35-3¾	4/27
9		Reagan WILDASIN	FR	#15 Stevenson	10.57m	34-8¼	4/20
9		Leah FERSTER	JR	#5 Messiah	10.57m	34-8¼	5/4



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MAC

as of 5/7/2024 6:44:18 AM ET

Women's Discus

1	16	Brandy VARNER	SO	#4	King's College (F	44.72m	146-9	4/14
2		Ashley MULIAWAN	JR	#3	Stevens	39.85m	130-9	5/4
3		Sofia HARNOIS	SO	#8	York (Pa.)	39.71m	130-4	5/4
4		Delaney HILFERTY	JR	#4	King's College (F{2}	38.28m	125-7	4/27
5		Isabel RODRIGUEZ	SO	#1	Widener	37.63m	123-6	5/4
6		Savana DODD	FR	#11	Eastern (Pa.)	37.04m	121-6	5/4
7		Alyssa BETZ	JR	#2	Lebanon Valley	36.37m	119-4	3/27
8		Katelyn SHOEMAKER	SO	#4	King's College (F{3}	35.78m	117-5	5/4
9		Caroline REED	SR	#2	Lebanon Valley {2}	35.70m	117-2	5/4
10		Caitlin KIRK	FR	#4	King's College (F{4}	35.55m	116-8	4/19

Women's Hammer

1	18	Isabel RODRIGUEZ	SO	#1	Widener	53.08m	174-2	4/20
2	25	Katelyn SHOEMAKER	SO	#4	King's College (F	52.07m	170-10	4/12
3		Anna BELLUCCI	SR	#4	King's College (F{2}	46.50m	152-7	5/4
4		Delaney HILFERTY	JR	#4	King's College (F{3}	45.97m	150-10	4/12
5		Caitlin KIRK	FR	#4	King's College (F{4}	45.08m	147-11	5/4
6		Hailey SHERWOOD	FR	#8	York (Pa.)	44.05m	144-6	5/4
7		Brandy VARNER	SO	#4	King's College (F{5}	43.79m	143-8	4/27
8		Taileen ZECHMAN	JR	#16	Hood	43.71m	143-5	4/20
9		Lauren ASSANTE	JR	#2	Lebanon Valley	42.62m	139-10	5/4
10		Gabby BELLOMO	SR	#6	Misericordia	42.07m	138-0	5/4

Women's Javelin

1	12	Alexandra SNYDER	JR	#6	Misericordia	42.10m	138-2	4/19
2	52	Katelyn SHOEMAKER	SO	#4	King's College (F	38.77m	127-3	5/4
3	56	Valerie BADGER	SO	#6	Misericordia {2}	38.67m	126-11	3/16
4	69	Kaitlyn SNYDER	SO	#2	Lebanon Valley	37.84m	124-2	5/4
5	81	Morgan STOVER	SO	#6	Misericordia {3}	37.39m	122-8	4/14
6	94	Maya LATERZA	SO	#14	FDU Florham	36.87m	121-0	3/30
7	97	Elle HADDON	FR	#13	Albright	36.71m	120-5	4/17
8		Zoe MYERS	JR	#8	York (Pa.)	35.73m	117-3	3/27
9		Ruby RAMSEY	SR	#5	Messiah	34.93m	114-7	4/21
10		Taileen ZECHMAN	JR	#16	Hood	34.10m	111-11	5/4

Women's Heptathlon

1	4	Laura MATHEWS	SR	#3	Stevens	4,823	4/13
2	39	Kayla ROBINSON	FR	#1	Widener	4,234	4/13
3	52	Theresa KERVICK	SR	#1	Widener {2}	4,135	5/4
4	72	Victoria ZULTEVICZ	JR	#4	King's College (F	3,832	5/4
5	94	Natalie HAMLEN	SR	#5	Messiah	3,667	5/4
6		Isabella SHANLEY	FR	#3	Stevens {2}	3,550	4/13
7		Giavanni GIBSON	FR	#7	Alvernia	3,269	5/4
8		Nicole WALETZKI	JR	#3	Stevens {3}	3,092	5/4
9		Carolina WEGMAN	SO	#2	Lebanon Valley	3,078	5/4
10		Olivia SCHOTT	FR	#9	Arcadia	2,870	5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MASCAC

as of 5/7/2024 6:44:18 AM ET

Women's 100 Meters

1	59	Jailene ESCALERA	SR	#2 Bridgewater Sta	12.18	(0.5)	4/26
2		Alison MCDONOUGH	SR	#2 Bridgewater Sta {2}	12.55	(0.0)	3/29
3		Delaney PARKER	JR	#1 Westfield State	12.62	(1.7)	5/3
4		Paige MORONEY	SR	#1 Westfield State {2}	12.82	(0.5)	4/26
5		Anjalina LUBARSKY	FR	#1 Westfield State {3}	13.00	(0.5)	4/26
6		Alexis STRONG	FR	#3 Worcester State	13.07	(0.5)	4/26
7		Makany CAMARA	JR	#4 Fitchburg State	13.38w	(3.1)	3/30
8		Meghan DRISCOLL	FR	#3 Worcester State {2}	13.46	(0.5)	4/26
9		Ciara ADU-ADDIO	FR	#3 Worcester State {3}	13.47	(0.3)	4/8
10		Eryca LOPES	SR	#3 Worcester State {4}	13.73	(0.2)	4/13

Women's 100 Meter Hurdles

1	27	Alison MCDONOUGH	SR	#2 Bridgewater Sta	14.50	(0.9)	4/20
2	44	Makany CAMARA	JR	#4 Fitchburg State	14.75	(0.2)	5/3
3		Devin WHALEN	FR	#1 Westfield State	16.45w	(2.2)	4/20
4		Anjalina LUBARSKY	FR	#1 Westfield State {2}	18.04	(1.5)	4/20
5		Savannah CAMPBELL	JR	#1 Westfield State {3}	18.33	(0.8)	4/13
6		Lauren CONDIKE	FR	#3 Worcester State	18.46	(0.1)	4/26
7		Aria DICATO	FR	#4 Fitchburg State {2}	18.58w	(2.2)	3/30
8		Erin DONELAN	JR	#4 Fitchburg State {3}	19.20	(0.1)	4/26

Women's 200 Meters

1	67	Jailene ESCALERA	SR	#2	Bridgewater Sta	25.03	(1.9)	4/20
2		Kiara ABRANTES	JR	#2	Bridgewater Sta {2}	25.49	(1.7)	4/7
3		Paige MORONEY	SR	#1	Westfield State	26.74cuw	(27.42u) (2.	4/6
4		Delaney PARKER	JR	#1	Westfield State {2}	26.84	(0.8)	4/13
5		Anjalina LUBARSKY	FR	#1	Westfield State {3}	26.89cu	(27.58u) (1.	4/6
6		Ciara ADU-ADDIO	FR	#3	Worcester State	27.34	(0.1)	4/26
7		Caroline GILSON	JR	#3	Worcester State {2}	27.73	(1.9)	4/20
8		Jamie MONIZ	FR	#5	Framingham Sta	28.22w	(2.4)	4/6
9		Eliza LEE	SO	#1	Westfield State {4}	28.26	(1.3)	4/13
10		Natalie GRIMALDO	SO	#5	Framingham Sta {2}	28.55	(-0.2)	4/8

Women's 400 Meters

1	51	Kiara ABRANTES	JR	#2 Bridgewater Sta	57.32		4/7
2		Caroline GILSON	JR	#3 Worcester State	1:00.40		4/26
3		Eliza LEE	SO	#1 Westfield State	1:00.86		4/26
4		Cassie TOTH	FR	#5 Framingham Sta	1:04.68		4/13
5		Jamie MONIZ	FR	#5 Framingham Sta {2}	1:04.91		3/30
6		Lexie ZAKRZEWSKI	FR	#3 Worcester State {2}	1:05.12		4/26
7		Rayna CONSIGLIO	JR	#1 Westfield State {2}	1:05.92		4/26
8		Trishannah SCOTT	SO	#4 Fitchburg State	1:06.78		4/13
9		Natalie GRIMALDO	SO	#5 Framingham Sta {3}	1:07.16		3/30
10		Bridget O'MALLEY	SO	#3 Worcester State {3}	1:07.26		4/8

Women's 400 Meter Hurdles

1		Jamie MONIZ	FR	#5 Framingham Sta	1:10.35		4/26
2		Natalie GRIMALDO	SO	#5 Framingham Sta {2}	1:10.39		4/26
3		Aria DICATO	FR	#4 Fitchburg State	1:13.81		4/26
4		Devin WHALEN	FR	#1 Westfield State	1:14.77		4/26
5		Savannah CAMPBELL	JR	#1 Westfield State {2}	1:14.93		4/13
6		Alexis TOSTE	FR	#4 Fitchburg State {2}	1:22.90		3/30

Women's 800 Meters

1		Eliza LEE	SO	#1 Westfield State	2:25.75		4/20
2		Naomi CASS	SO	#2 Bridgewater Sta	2:28.14		4/7
3		Brynne LECOURS	SO	#1 Westfield State {2}	2:29.17		4/20
4		Nicole MAJOR	SR	#2 Bridgewater Sta {2}	2:31.25		4/20
5		Bridget O'MALLEY	SO	#3 Worcester State	2:33.19		4/26
6		Kerin JOHNSON	JR	#1 Westfield State {3}	2:33.51		4/26
7		Kate BROWN	JR	#2 Bridgewater Sta {3}	2:33.76		4/26
8		Ariann LECOURS	JR	#1 Westfield State {4}	2:33.94		4/20
9		Rayna CONSIGLIO	JR	#1 Westfield State {5}	2:37.61		4/20
10		Leah BERG	SO	#3 Worcester State {2}	2:38.69		4/20

Women's 1500 Meters

1		Naomi CASS	SO	#2 Bridgewater Sta	4:48.96		5/3
2		Shea HAMEL	SO	#1 Westfield State	4:58.37		4/20
3		Molly KENNEDY	JR	#1 Westfield State {2}	5:02.34		4/26
4		Brynne LECOURS	SO	#1 Westfield State {3}	5:05.37		4/26
5		Tealei CHANDONNET	SO	#1 Westfield State {4}	5:05.97		4/26
6		Kate BROWN	JR	#2 Bridgewater Sta {2}	5:06.95		4/26
7		Lily VALCOVIC	JR	#2 Bridgewater Sta {3}	5:09.01		4/26
8		Kerin JOHNSON	JR	#1 Westfield State {5}	5:11.95		4/20
9		Nicole MAJOR	SR	#2 Bridgewater Sta {4}	5:13.99		4/7
10		Meghan JOHNSTON	SO	#5 Framingham Sta	5:14.05		4/26

Women's Steeplechase

1		Julianne KELLY	SO	#1 Westfield State	12:21.61		4/13
2		Leah BERG	SO	#3 Worcester State	13:11.61		4/26
3		Lorelei LEE	FR	#6 Massachusetts N	14:03.57		3/30
4		Alexis TOSTE	FR	#4 Fitchburg State	14:18.68		4/26

Women's 5000 Meters

1		Naomi CASS	SO	#2 Bridgewater Sta	17:47.05		4/13
2		Shea HAMEL	SO	#1 Westfield State	18:44.50cu (18:54.37u)		4/6
3		Julianne KELLY	SO	#1 Westfield State {2}	19:19.11cu (19:29.28u)		4/6
4		Molly KENNEDY	JR	#1 Westfield State {3}	19:24.04cu (19:34.25u)		4/6
5		Alison DOWNIN	JR	#1 Westfield State {4}	19:35.11		4/26
6		Lily VALCOVIC	JR	#2 Bridgewater Sta {2}	19:37.14		4/26
7		Rebecca PATEL	JR	#1 Westfield State {5}	19:53.62cu (20:04.09u)		4/6
8		Ariann LECOURS	JR	#1 Westfield State {6}	20:04.07cu (20:14.63u)		4/6
9		Kate BUBAN	FR	#5 Framingham Sta	20:15.98		4/20
10		Skye GOBA	SO	#4 Fitchburg State	20:20.91		4/13

Women's 10,000 Meters

1		Rebecca PATEL	JR	#1 Westfield State	40:01.93		5/3
2		Julianne KELLY	SO	#1 Westfield State {2}	40:23.80		5/3
3		Skye GOBA	SO	#4 Fitchburg State	40:39.48		5/3
4		Lisa JAEGER	FR	#2 Bridgewater Sta	48:09.14		3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MASCAC

as of 5/7/2024 6:44:18 AM ET

Women's 4x100 Relay

1	60	Alison McDonough, Jailene Escalera, Kiara Abrantes, Tristen Gomes	#2 Bridgewater Sta	48.56	4/7
2		Anjalina Lubarsky, Paige Moroney, Eliza Lee, Delaney Parker	#1 Westfield State	50.65	4/13
3		Ciara Adu-addo, Eryca Lopes, Alexis Strong, Lexie Zakrzewski	#3 Worcester State	51.44	4/8
4		Trishannah Scott, Aria Dicato, Alanis Velez, Makany Camara	#4 Fitchburg State	53.36	4/26
5		Natalie Grimaldo, Megan McAuliffe, Lydia Manurowski, Jamie Moniz	#5 Framingham Sta	54.01	4/26

Women's 4x400 Relay

1		Eliza Lee, Savannah Campbell, Anjalina Lubarsky, Paige Moroney	#1 Westfield State	4:13.96	5/3
2		Naomi Cass, Lily Valcovic, Analia O'Connor Carinao, Kiara Abrantes	#2 Bridgewater Sta	4:27.78	4/26
3		Lexie Zakrzewski, Bridget O'malley, Meghan Driscoll, Caroline Gilson	#3 Worcester State	4:28.67	4/26
4		Alanis Velez, Aria Dicato, Taylor Crout, Trishannah Scott	#4 Fitchburg State	4:33.27	5/3
5		Natalie Grimaldo, Meghan Johnston, Jamie Moniz, Cassie Toth	#5 Framingham Sta	4:33.57	4/20

Women's High Jump

1	15	Serenity SANDS	SR	#2 Bridgewater Sta	1.68m	5-6	4/7
2	21	Makany CAMARA	JR	#4 Fitchburg State	1.67m	5-5½	5/3
3	48	Juliana PATRONE	SR	#2 Bridgewater Sta{2}	1.62m	5-3¾	4/26
4		Tristen GOMES	JR	#2 Bridgewater Sta{3}	1.52m	4-11¾	4/20
4		Lauren CONDIKE	FR	#3 Worcester State	1.52m	4-11¾	4/20
6		Jamie MONIZ	FR	#5 Framingham Sta	1.50m	4-11	4/8
7		Emily OTTOMANIELLO	SO	#1 Westfield State	1.42m	4-7¾	3/23
8		Megan MCAULIFFE	JR	#5 Framingham Sta{2}	1.37m	4-6	3/30

Women's Pole Vault

1		Emily OTTOMANIELLO	SO	#1 Westfield State	2.50m	8-2½	4/20
1		Paige BRANDT	SO	#1 Westfield State	2.50m	8-2½	4/20

Women's Long Jump

1	68	Ciara ADU-ADDO	FR	#3 Worcester State	5.50m	18-½ (0.7)	4/26
2	71	Alison MCDONOUGH	SR	#2 Bridgewater Sta	5.49m	18-¼ (-0.8)	4/7
3		Serenity SANDS	SR	#2 Bridgewater Sta{2}	5.22m	17-1½ (1.6)	4/26
4		Eliza LEE	SO	#1 Westfield State	5.13m	16-10 (0.9)	5/3
5		Delaney PARKER	JR	#1 Westfield State {2}	5.12m	16-9¾ (1.0)	4/13
5		Alexis STRONG	FR	#3 Worcester State {2}	5.12m	16-9¾ (-0.4)	4/26
7		Tristen GOMES	JR	#2 Bridgewater Sta{3}	5.11m	16-9¼ (1.2)	4/20
8		Makany CAMARA	JR	#4 Fitchburg State	4.95mw	16-3 (2.1)	4/13
9		Emily OTTOMANIELLO	SO	#1 Westfield State {3}	4.78m	15-8¼ (-2.8)	4/26
10		Eryca LOPES	SR	#3 Worcester State {3}	4.60m	15-1¼ (1.6)	4/20

Women's Triple Jump

1	83	Eliza LEE	SO	#1 Westfield State	11.20m	36-9 (-1.4)	4/26
2	90	Tristen GOMES	JR	#2 Bridgewater Sta	11.18m	36-8¼ (0.3)	5/3
3		Jamie MONIZ	FR	#5 Framingham Sta	10.26m	33-8 (1.5)	4/6
4		Trishannah SCOTT	SO	#4 Fitchburg State	10.18m	33-4¾ (0.0)	4/26
5		Delaney PARKER	JR	#1 Westfield State {2}	9.93m	32-7 (-0.2)	4/26
6		Eryca LOPES	SR	#3 Worcester State	9.79m	32-1½ (0.3)	4/26
7		Lauren CONDIKE	FR	#3 Worcester State {2}	9.52m	31-2¾ (1.7)	4/8
8		Lydia MANUROWSKI	SO	#5 Framingham Sta{2}	9.46m	31-½ (0.0)	4/8
9		Emily OTTOMANIELLO	SO	#1 Westfield State {3}	9.45m	31-0 (0.0)	4/26
10		Paige BRANDT	SO	#1 Westfield State {4}	8.72m	28-7½ (0.3)	4/20

Women's Shot Put

1		Jadah STOKES	FR	#3 Worcester State	11.82m	38-9½	4/26
2		Ephemian BAILEY	JR	#4 Fitchburg State	10.70m	35-1¼	4/26
3		Alyssa CAPUTO	JR	#5 Framingham Sta	10.67m	35-¼	4/26
4		Bronwyn PINSLY	FR	#1 Westfield State	10.20m	33-5¾	4/13
5		Kaylee BECK	JR	#5 Framingham Sta{2}	10.16m	33-4	4/8
6		Taylor CROUT	FR	#4 Fitchburg State {2}	10.06m	33-¼	4/26
7		Natalie KALGREN	FR	#2 Bridgewater Sta	9.87m	32-4¾	4/26
8		Ava PICCOLO	SO	#3 Worcester State {2}	9.74m	31-11½	4/13
9		Sthanisha MOREAU	SR	#3 Worcester State {3}	9.42m	30-11	4/20
10		Cassie ISRAELSON	SO	#4 Fitchburg State {3}	9.14m	30-0	4/20

Women's Discus

1		Bronwyn PINSLY	FR	#1 Westfield State	38.81m	127-4	5/3
2		Ephemian BAILEY	JR	#4 Fitchburg State	37.97m	124-7	5/3
3		Taylor CROUT	FR	#4 Fitchburg State {2}	31.71m	104-1	4/26
4		Alyssa CAPUTO	JR	#5 Framingham Sta	31.30m	102-8	4/6
5		Charlie KATZ	JR	#2 Bridgewater Sta	28.24m	92-8	4/26
6		Ava PICCOLO	SO	#3 Worcester State	27.78m	91-1¾	4/26
7		Jadah STOKES	FR	#3 Worcester State {2}	27.77m	91-1½	4/26
8		Luana GRAU-MOURA	FR	#3 Worcester State {3}	27.67m	90-9½	3/30
9		Kaylee BECK	JR	#5 Framingham Sta{2}	27.07m	88-9¾	4/8
10		Sydney SAWYER	SO	#6 Massachusetts N	26.88m	88-2¼	3/30



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MASCAC

as of 5/7/2024 6:44:18 AM ET

Women's Hammer

1	Charlie KATZ	JR	#2	Bridgewater Sta	39.86m	130-9	4/13
2	Kaylee BECK	JR	#5	Framingham Sta	37.21m	122-1	4/26
3	Jadah STOKES	FR	#3	Worcester State	36.11m	118-6	3/30
4	Arianna CONSTANT	JR	#3	Worcester State {2}	35.19m	115-6	4/26
5	Alyssa CAPUTO	JR	#5	Framingham Sta{2}	32.85m	107-10	4/26
6	Cassie ISRAELSON	SO	#4	Fitchburg State	32.50m	106-8	4/13
7	Taylor CROUT	FR	#4	Fitchburg State {2}	32.16m	105-6	4/26
8	Olivia KEPHART	JR	#4	Fitchburg State {3}	28.40m	93-2¼	4/13
9	Ephemian BAILEY	JR	#4	Fitchburg State {4}	27.98m	91-9¾	4/26
10	Ava PICCOLO	SO	#3	Worcester State {3}	26.27m	86-2¼	4/20

Women's Javelin

1	Natalie KALGREN	FR	#2	Bridgewater Sta	33.33m	109-4	4/26
2	Jamie MONIZ	FR	#5	Framingham Sta	32.51m	106-8	4/20
3	Arianna CONSTANT	JR	#3	Worcester State	31.98m	104-11	4/26
4	Alyssa CAPUTO	JR	#5	Framingham Sta{2}	26.24m	86-1¼	4/8
5	Sydney SAWYER	SO	#6	Massachusetts W	25.19m	82-7¾	3/30
6	Ava PICCOLO	SO	#3	Worcester State {2}	24.00m	78-9	4/8
7	Gianna NOYES	FR	#3	Worcester State {3}	22.56m	74-¼	3/30
8	Erin CONDON	SO	#3	Worcester State {4}	21.24m	69-8¼	4/8
9	Cassie ISRAELSON	SO	#4	Fitchburg State	20.99m	68-10½	4/26
10	Natalia LOPEZ	FR	#5	Framingham Sta{3}	19.71m	64-8	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MIAA

as of 5/7/2024 6:44:19 AM ET

Women's 100 Meters

1	5	Avery CAMPBELL	SR	#4 Albion	11.77w	(2.6)	5/3
2	10	Sara SCHERMERHORN	SO	#1 Hope	11.86w	(2.6)	5/3
3	78	Mackenzie MILLER	JR	#2 Trine	12.25w	(2.6)	5/3
4		Natalia JOHNSON	SO	#5 Olivet	12.40w	(2.6)	5/3
5		Aniyah SMALL	SO	#2 Trine	{2} 12.66w	(2.6)	5/3
6		Emma FORKER	SO	#2 Trine	{3} 12.68w	(2.6)	5/3
7		Ava SCHMIDT	SO	#1 Hope	{2} 12.69w	(2.6)	5/3
8		Morgan JEFFRIES	JR	#5 Olivet	{2} 13.05	(0.5)	4/20
9		Malena RICKS	SR	#2 Trine	{4} 13.13	(1.4)	4/20
10		Kaleigh MACHINO	JR	#2 Trine	{5} 13.15	(1.8)	4/27

Women's 100 Meter Hurdles

1	35	Nayaisha EDMOND	SR	#4 Albion	14.62w	(2.3)	4/13
2		Brynn MERICLE	SO	#2 Trine	15.36	(1.3)	4/27
3		Helena SNYDER	JR	#6 Alma	15.59	(1.7)	5/3
4		Emily NORKOWSKI	JR	#5 Olivet	15.71	(1.7)	5/3
5		Mia DEJONGE	SO	#3 Calvin	15.80	(1.7)	5/3
6		London ELDRIDGE	JR	#5 Olivet	{2} 15.90	(1.9)	4/6
7		Adrienne JACKSON	SO	#2 Trine	{2} 16.54	(1.7)	5/3
8		Andrea TAGHON	SR	#6 Alma	{2} 16.70	(1.0)	5/3
9		Allison WICHERT	SO	#6 Alma	{3} 16.71	(0.6)	4/6
10		Marcaill SCHUURMANN	SO	#3 Calvin	{2} 16.80	(1.0)	5/3
10		Kristin BAKER	SO	#2 Trine	{3} 16.80	(1.8)	4/27

Women's 200 Meters

1	1	Sara SCHERMERHORN	SO	#1 Hope	24.01	(0.9)	4/20
2	2	Avery CAMPBELL	SR	#4 Albion	24.09	(1.4)	5/3
3		Mackenzie MILLER	JR	#2 Trine	25.33	(1.4)	5/3
4		Natalia JOHNSON	SO	#5 Olivet	25.67	(1.4)	5/3
5		Catherine LEAHY	SO	#1 Hope	{2} 26.07	(1.0)	3/16
6		Aniyah SMALL	SO	#2 Trine	{2} 26.11	(-0.5)	4/13
7		Jasmine ZIMMERMAN	SO	#1 Hope	{3} 26.33w	(2.5)	4/20
8		Emma FORKER	SO	#2 Trine	{3} 26.44	(0.6)	4/6
9		Nayaisha EDMOND	SR	#4 Albion	{2} 26.93	(1.3)	4/6
10		Erin MORAN	SR	#1 Hope	{4} 27.14	(1.6)	3/16

Women's 400 Meters

1	18	Sara SCHERMERHORN	SO	#1 Hope	56.00		4/20
2	57	Catherine LEAHY	SO	#1 Hope	{2} 57.44		4/6
3		Jasmine ZIMMERMAN	SO	#1 Hope	{3} 59.55		4/6
4		Emme KOUTZ	SR	#7 Adrian	59.87		4/27
5		Lauren BRAWT	FR	#6 Alma	59.95		5/3
6		Erin MORAN	SR	#1 Hope	{4} 1:00.66		3/16
7		Lily CONNELLY	JR	#5 Olivet	1:01.07		5/3
8		Trinity KOLKA	SO	#3 Calvin	1:01.56		5/3
9		London ELDRIDGE	JR	#5 Olivet	{2} 1:01.74		4/13
10		Aubrey CONNELLY	FR	#5 Olivet	{3} 1:01.80		5/3

Women's 400 Meter Hurdles

1	56	London ELDRIDGE	JR	#5 Olivet	1:04.91		5/3
2		Brynn MERICLE	SO	#2 Trine	1:06.51		5/3
3		Kristin BAKER	SO	#2 Trine	{2} 1:06.53		5/3
4		Molly DUROW	SO	#1 Hope	1:07.84		5/3
5		Adrienne JACKSON	SO	#2 Trine	{3} 1:08.62		4/27
6		Elliana JOHNSON	SO	#1 Hope	{2} 1:08.66		5/3
7		Andrea TAGHON	SR	#6 Alma	1:10.36		5/3
8		Marcaill SCHUURMANN	SO	#3 Calvin	1:10.85		4/6
9		Frances COZZENS	SO	#1 Hope	{3} 1:11.48		4/20
10		Helena SNYDER	JR	#6 Alma	{2} 1:11.49		5/3

Women's 800 Meters

1	46	Emme KOUTZ	SR	#7 Adrian	2:14.19		5/3
2	100	Amanda MARKHAM	FR	#1 Hope	2:16.99		5/3
3		Olivia QUILLAN	SR	#1 Hope	{2} 2:17.92		4/6
4		Hailey ERICKSON	FR	#3 Calvin	2:18.53		5/3
5		Erin MORAN	SR	#1 Hope	{3} 2:19.42		4/6
6		Madison STERN	SO	#1 Hope	{4} 2:19.97		5/3
7		Halle OVERMIRE	FR	#2 Trine	2:19.98		5/3
8		Brianna MEDCALF	SR	#2 Trine	{2} 2:20.28		4/13
9		Bailey PUCKETT	SO	#2 Trine	{3} 2:20.47		4/13
10		Emily WAHL	SO	#2 Trine	{4} 2:20.88		5/3

Women's 1500 Meters

1	30	Bailey PUCKETT	SO	#2 Trine	4:33.01		5/3
2	38	Rebecca MARKHAM	SR	#1 Hope	4:35.11		5/3
3	53	Olivia QUILLAN	SR	#1 Hope	{2} 4:36.94		4/25
4		Natalie TEBBEN	JR	#3 Calvin	4:42.59		4/25
5		Sophia BULL	SO	#3 Calvin	{2} 4:45.83		4/13
6		Emme KOUTZ	SR	#7 Adrian	4:48.67		4/20
7		Eleanor YOUNG	SO	#2 Trine	{2} 4:50.65		5/3
8		Maddy STRUCK	JR	#1 Hope	{3} 4:53.24		4/20
9		Brianna MEDCALF	SR	#2 Trine	{3} 4:55.53		4/20
10		Mary ENGLAND	FR	#1 Hope	{4} 4:55.56		4/25

Women's Steeplechase

1	7	Sophia BULL	SO	#3 Calvin	10:35.41		4/25
2	8	Jenna ALLMAN	SR	#3 Calvin	{2} 10:38.38		4/25
3	27	Maddy STRUCK	JR	#1 Hope	10:59.79		5/3
4	54	Abbey PETERS	JR	#5 Olivet	11:16.65		5/3
5	68	Natalie TEBBEN	JR	#3 Calvin	{3} 11:22.00		5/3
6		Alaina SMITH	SO	#3 Calvin	{4} 11:48.29		5/3
7		Kennedy KUHLMANN	JR	#1 Hope	{2} 11:58.55		5/3
8		Annika SYTSMA	FR	#1 Hope	{3} 11:59.76		5/3
9		Laura TAYLOR	JR	#1 Hope	{4} 12:16.91		4/13
10		Katie COLE	SR	#1 Hope	{5} 12:24.82		4/6



Conference TFRI Event Summary



MIAA

as of 5/7/2024 6:44:19 AM ET

Women's 5000 Meters

1	19	Rebecca MARKHAM	SR	#1 Hope	16:50.48	4/13
2	47	Jenna ALLMAN	SR	#3 Calvin	17:14.19	4/13
3	80	Sophia BULL	SO	#3 Calvin	{2} 17:32.60	5/3
4		Bailey PUCKETT	SO	#2 Trine	17:54.76	3/29
5		Brianna MEDCALF	SR	#2 Trine	{2} 17:58.09	3/29
6		Maddy STRUCK	JR	#1 Hope	{2} 17:59.63	4/13
7		Mary ENGLAND	FR	#1 Hope	{3} 18:17.47	5/3
8		Sidney SWICK	SO	#2 Trine	{3} 18:23.40	4/20
9		Chloe GOODRICH	JR	#2 Trine	{4} 18:36.22	4/20
10		Fatima CRUZ	JR	#4 Albion	18:43.29	4/6

Women's 10,000 Meters

1	11	Rebecca MARKHAM	SR	#1 Hope	35:11.54	3/29
2		Fatima CRUZ	JR	#4 Albion	38:35.60	4/13
3		Cath KORTMAN	JR	#3 Calvin	40:08.63	3/29
4		Chloe GOODRICH	JR	#2 Trine	40:33.80	3/29
5		Lexi DEIGHAN	SO	#1 Hope	{2} 40:45.76	3/16
6		Sidney SWICK	SO	#2 Trine	{2} 40:51.82	5/3
7		Alaina SMITH	SO	#3 Calvin	{2} 41:02.95	3/29
8		Naomi DYKSTRA	JR	#3 Calvin	{3} 41:17.33	3/29
9		Hannah PARKER	JR	#2 Trine	{3} 41:21.43	5/3
10		Olivia DEGRAAF	JR	#4 Albion	{2} 42:04.11	5/3

Women's 4x100 Relay

1	48	Ava Schmidt, Catherine Leahy, Jasmine Zimmerman, Sara Schermerhorn		#1 Hope	48.18	5/3
2	72	Aniyah Small, Emma Forker, Kaleigh Machino, Mackenzie Miller		#2 Trine	48.79	5/3
3	77	Nayaisha Edmond, Alexis Ames, Lauren Fenstermaker, Avery Campbell		#4 Albion	48.84	5/3
4		Morgan Jeffries, London Eldridge, Alexandra Devault, Lily Connelly		#5 Olivet	50.36	5/3
5		Allison Wichert, Lauren Brawt, Andrea Taghon, Helena Snyder		#6 Alma	50.86	4/27
6		Anna Triezenberg, Mia DeJonge, Trinity Kolka, Bella Charron		#3 Calvin	51.44	4/25
7		Kyah Hicks, Abigail Raftis, Amanda Mathews, Isabelle Salazar		#7 Adrian	52.09	4/6

Women's 4x400 Relay

1	28	Catherine Leahy, Erin Moran, Jasmine Zimmerman, Sara Schermerhorn		#1 Hope	3:56.25	4/6
2		London Eldridge, Aubrey Connelly, Lily Connelly, Tonya Tepin		#5 Olivet	4:05.62	5/3
3		Lauren Brawt, Andrea Taghon, Sophia Sanford, Helena Snyder		#6 Alma	4:08.11	5/3
4		Adrienne Jackson, Brynn Mericle, Kristin Baker, Anissa Rios		#2 Trine	4:09.61	4/6
5		Emme Koutz, Ciara Heslet, Olivia Dunscombe, Abigail Raftis		#7 Adrian	4:11.62	5/3
6		Paige Hoving, Marceil Schuurmann, Mia DeJonge, Hailey Erickson		#3 Calvin	4:13.95	5/3
7		Sarah Kozal, Lauren Fenstermaker, Brianna Bennett, Kyra Shouldice		#4 Albion	4:26.43	5/3

Women's High Jump

1	28	Ciara HESLET	JR	#7 Adrian	1.66m	5-5¼	5/3
2	39	Helena SNYDER	JR	#6 Alma	1.63m	5-4¼	5/3
3	70	Cailey BEAUDOIN	SR	#7 Adrian	{2} 1.60m	5-3	5/3
4		Allison SCHRAM	JR	#1 Hope	1.58m	5-2¼	4/13
5		Natalie CHRISTNAGEL	SO	#1 Hope	{2} 1.57m	5-1¾	5/3
6		Isabel FERGUSON	FR	#2 Trine	1.56m	5-1¼	4/13
7		DB EDWARD	SR	#4 Albion	1.54m	5-½	5/3
8		Allyson STEVENS	SR	#5 Olivet	1.49m	4-10½	4/6
9		Anneke KUPERUS	FR	#3 Calvin	1.48m	4-10¼	5/3
9		Daniah BEAVERS	JR	#4 Albion	{2} 1.48m	4-10¼	5/3

Women's Pole Vault

1	68	Katie SEINEN	SO	#3 Calvin	3.46m	11-4¼	4/25
2	83	Bella CHARRON	JR	#3 Calvin	{2} 3.40m	11-1¾	5/3
3		Avery BOYCE	SO	#2 Trine	3.21m	10-6¼	4/13
4		Bethany COLBRUNN	SR	#1 Hope	3.20m	10-6	5/3
4		Claire PACER	FR	#3 Calvin	{3} 3.20m	10-6	5/3
6		Laura ROBOTHAM	SO	#3 Calvin	{4} 3.10m	10-2	5/3
7		Morgan MOSLOW	JR	#2 Trine	{2} 3.00m	9-10	5/3
7		Natalie BENNETT	FR	#1 Hope	{2} 3.00m	9-10	4/13
9		Abigail CUMINGS	FR	#1 Hope	{3} 2.90m	9-6¼	5/3
9		Mya SCOTT	JR	#6 Alma	2.90m	9-6¼	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MIAA

as of 5/7/2024 6:44:19 AM ET

Women's Long Jump

1	Mackenzie MILLER	JR	#2 Trine	5.30mw	17-4¾ (2.2)	4/20
2	Emma FORKER	SO	#2 Trine	{2} 5.21mw	17-1¼ (2.1)	4/13
3	DB EDWARD	SR	#4 Albion	5.19m	17-½ (1.9)	3/29
4	Lauren BRAWT	FR	#6 Alma	5.15m	16-10¾ (-0.3)	3/29
5	Kristin BAKER	SO	#2 Trine	{3} 5.05m	16-7 (0.0)	4/6
6	Bridget CROMBIE	FR	#1 Hope	4.83m	15-10¼ (1.0)	4/6
7	Elliana JOHNSON	SO	#1 Hope	{2} 4.69m	15-4¾ (-0.2)	3/16
8	Meredith KRAMER	SO	#1 Hope	{3} 4.57m	15-0 (0.6)	4/6
9	Ellie BAYNES	FR	#5 Olivet	4.55m	14-11¼ (1.4)	4/20
10	Emily PETERSON	SO	#7 Adrian	4.51m	14-9¾ (-2.8)	4/27

Women's Triple Jump

1	Elliana JOHNSON	SO	#1 Hope	10.75m	35-3¼ (0.0)	4/13
2	Isabel FERGUSON	FR	#2 Trine	10.69m	35-1 (0.0)	4/20
3	DB EDWARD	SR	#4 Albion	10.65m	34-11¼ (0.0)	5/3
4	Jessye VANDEN AKKER	SR	#3 Calvin	10.59m	34-9 (0.0)	5/3
5	Emily NORKOWSKI	JR	#5 Olivet	10.35m	33-11½ (0.0)	5/3
6	Lauren BRAWT	FR	#6 Alma	10.26m	33-8 (1.8)	4/13
7	Allison SCHRAM	JR	#1 Hope	{2} 9.99m	32-9½ (0.0)	5/3
8	Amanda MATHEWS	JR	#7 Adrian	9.90m	32-5¾ (-1.4)	4/20
9	Allison WICHERT	SO	#6 Alma	{2} 9.52m	31-2¾ (2.0)	4/13
10	Kiersten SCHMITT	FR	#1 Hope	{3} 9.51mw	31-2½ (3.8)	4/20

Women's Shot Put

1	46 Greta ROBRAHN	JR	#1 Hope	13.01m	42-8¼	4/6
2	Abby SANNER	SO	#2 Trine	12.13m	39-9¾	5/3
3	Kamryn BICE	SO	#1 Hope	{2} 11.98m	39-3¾	3/16
4	Tess ANTHONY	JR	#4 Albion	11.89m	39-¼	5/3
5	Berniah ALEXANDER	JR	#5 Olivet	11.40m	37-5	5/3
6	Alana POLICASTRO	SR	#1 Hope	{3} 11.38m	37-4	4/13
7	Elisabeth STROTMAN	SR	#1 Hope	{4} 11.34m	37-2½	4/20
8	Macy BONIFIELD	FR	#2 Trine	{2} 10.91m	35-9½	5/3
9	Karen NIMTZ	FR	#1 Hope	{5} 10.68m	35-½	4/13
10	Elsa CLAUSEN	FR	#1 Hope	{6} 10.65m	34-11¼	4/6

Women's Discus

1	58 Lindsey KOSSICK	JR	#3 Calvin	41.53m	136-3	4/20
2	83 Kamryn BICE	SO	#1 Hope	40.41m	132-7	4/20
3	Abby SANNER	SO	#2 Trine	36.79m	120-9	3/28
4	Greta ROBRAHN	JR	#1 Hope	{2} 36.23m	118-11	4/20
5	Olivia SMITH	FR	#1 Hope	{3} 36.18m	118-9	4/6
6	Aysia YOKELY	FR	#4 Albion	35.81m	117-6	4/6
7	Liathano RAMIREZ	SO	#6 Alma	34.39m	112-10	4/6
8	Morgan BABB	FR	#7 Adrian	33.96m	111-5	3/30
9	Tess ANTHONY	JR	#4 Albion	{2} 33.82m	111-0	5/3
10	Berniah ALEXANDER	JR	#5 Olivet	33.21m	109-0	4/27

Women's Hammer

1	100 Abby SANNER	SO	#2 Trine	46.59m	152-10	4/27
2	Tess ANTHONY	JR	#4 Albion	45.41m	149-0	4/13
3	Lindsey KOSSICK	JR	#3 Calvin	44.95m	147-6	4/13
4	Sophia RAYMOND	SO	#1 Hope	40.93m	134-4	5/3
5	Mikah BAZIUN	SO	#3 Calvin	{2} 40.65m	133-5	5/3
6	Elsa CLAUSEN	FR	#1 Hope	{2} 39.64m	130-1	5/3
7	Marlie MCDONALD	JR	#1 Hope	{3} 39.05m	128-2	5/3
8	Liathano RAMIREZ	SO	#6 Alma	38.95m	127-10	4/6
9	Ashley BOOTH	SR	#4 Albion	{2} 38.56m	126-6	3/29
10	Macy BONIFIELD	FR	#2 Trine	{2} 38.24m	125-6	5/3

Women's Javelin

1	63 Amanda TIMONEN	JR	#1 Hope	38.07m	124-11	5/3
2	69 Elisabeth STROTMAN	SR	#1 Hope	{2} 37.84m	124-2	5/3
3	Christy MARTIN	JR	#3 Calvin	35.69m	117-1	4/13
4	Malena RICKS	SR	#2 Trine	35.26m	115-8	4/13
5	Lauren TOCCO	SR	#1 Hope	{3} 32.53m	106-9	4/20
6	Katie BERLEW	JR	#2 Trine	{2} 30.85m	101-3	5/3
7	Allyson STEVENS	SR	#5 Olivet	30.66m	100-7	5/3
8	Karly ROELOFS	SO	#1 Hope	{4} 30.47m	99-11¾	3/9
9	Jane DUNLAP	SR	#3 Calvin	{2} 29.65m	97-3½	4/13
10	Lizzie STOREY	SO	#4 Albion	29.41m	96-6	5/3



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MIAC

as of 5/7/2024 6:44:19 AM ET

Women's 100 Meters

1	35	Jireh BABALOLA	SR	#2 Bethel (Minn.)	12.07	(1.6)	5/3
2	53	Kate CARLSON	JR	#3 Gustavus Adolphus	12.16	(0.7)	4/13
3		Diarra CHATHAM	FR	#8 Macalester	12.32	(0.9)	4/13
4		Kate GALLAGHER	SR	#4 Saint Benedict	12.39	(1.5)	5/1
5		Emily RENG0	SO	#6 Concordia Moorhead	12.45	(1.5)	5/3
6		Terra MCMAHON	SO	#7 Hamline	12.63	(1.6)	5/3
7		Tiana JOHNSON	SR	#4 Saint Benedict {2}	12.64	(0.0)	5/1
8		Penny HUNTER	SR	#8 Macalester {2}	12.76	(0.1)	5/1
9		Samantha MUNSON	SO	#9 Saint Mary's (Minneapolis)	12.77	(1.4)	3/30
10		Riley ROBERTS	SR	#5 Carleton	12.79	(0.1)	5/1
10		Karla KROSCHER	SR	#1 St. Olaf	12.79	(0.7)	4/6
10		Andie SANDMAN	FR	#6 Concordia Moorhead {2}	12.79w	(2.1)	4/6

Women's 100 Meter Hurdles

1	4	Kelsie SEALOCK	SR	#2 Bethel (Minn.)	13.86	(0.2)	4/24
2	90	AnnaGrace NELSON	JR	#2 Bethel (Minn.) {2}	15.15	(1.9)	4/21
3		Gabby BODIN	SR	#12 St. Catherine (Minnesota)	15.30	(1.8)	4/13
3		Jenna KALEVIK	JR	#6 Concordia Moorhead	15.30	(0.6)	4/23
5		Ellie HERNES	SO	#2 Bethel (Minn.) {3}	15.39w	(2.9)	5/3
6		Rebekah SALTER	SR	#1 St. Olaf	15.43	(0.2)	4/24
7		Danielle MILLER	JR	#3 Gustavus Adolphus	15.68	(1.6)	4/24
8		Anyia ADELGREN	FR	#4 Saint Benedict	15.71	(1.3)	5/1
9		Riki POORE	SR	#1 St. Olaf {2}	15.90	(1.3)	5/1
10		Justus FLOREN	JR	#4 Saint Benedict {2}	16.00w	(2.9)	5/3

Women's 200 Meters

1	25	Megan GERAETS	JR	#3 Gustavus Adolphus	24.66	(-0.6)	5/1
2	47	Kate CARLSON	JR	#3 Gustavus Adolphus {2}	24.93	(-0.6)	5/1
3		Emily RENG0	SO	#6 Concordia Moorhead	25.50w	(2.7)	5/3
4		Karla KROSCHER	SR	#1 St. Olaf	25.82w	(2.1)	5/4
5		Abbie SWENSON	JR	#2 Bethel (Minn.)	25.94	(1.8)	5/3
6		Jireh BABALOLA	SR	#2 Bethel (Minn.) {2}	26.09w	(3.4)	3/15
7		Tiana JOHNSON	SR	#4 Saint Benedict	26.12	(-0.5)	4/27
8		Piper OSBORNE	FR	#6 Concordia Moorhead {2}	26.19	(1.8)	5/3
9		Samantha MUNSON	SO	#9 Saint Mary's (Minneapolis)	26.22	(1.8)	5/3
10		Allison HOOKOM	SO	#11 Augsburg	26.29	(0.0)	5/1

Women's 400 Meters

1	50	Megan GERAETS	JR	#3 Gustavus Adolphus	57.18c	(57.94)	4/17
2	58	Emily RENG0	SO	#6 Concordia Moorhead	57.49		4/23
3	67	Kyla NYGAARD	SO	#6 Concordia Moorhead {2}	57.61		4/23
4	86	Allison HOOKOM	SO	#11 Augsburg	57.91		5/3
5	91	Shalom SULUNGAINI	FR	#2 Bethel (Minn.)	57.96		5/3
6		Hailey GREGG	JR	#2 Bethel (Minn.) {2}	58.74		3/15
7		Sidela NYUGA	SR	#4 Saint Benedict	58.84		4/27
8		McKenzie LUETMER	FR	#3 Gustavus Adolphus {2}	59.33		5/1
9		Reanna CRUZ	FR	#2 Bethel (Minn.) {3}	59.40		4/13
10		Karla KROSCHER	SR	#1 St. Olaf	59.49		4/24

Women's 400 Meter Hurdles

1	10	Kelsie SEALOCK	SR	#2 Bethel (Minn.)	1:02.54		5/3
2	52	Lauren BERG	SO	#4 Saint Benedict	1:04.82		5/1
3	80	Hannah KVANT	FR	#2 Bethel (Minn.) {2}	1:05.50		4/13
4		Jessie SMITH	JR	#2 Bethel (Minn.) {3}	1:06.36		5/3
5		Riki POORE	SR	#1 St. Olaf	1:06.81		4/6
6		Ruth PFEIFFER	SO	#1 St. Olaf {2}	1:07.39		5/1
7		Rebekah SALTER	SR	#1 St. Olaf {3}	1:07.62		4/6
8		Makenna HUETTEN	JR	#3 Gustavus Adolphus	1:08.10		4/24
9		Anyia ADELGREN	FR	#4 Saint Benedict {2}	1:08.19		4/6
10		Aliyah ROBRAN	SO	#7 Hamline	1:08.26		4/24

Women's 800 Meters

1	5	Annessa IHDE	SR	#2 Bethel (Minn.)	2:09.02		4/24
2	25	Mary BLANCHARD	JR	#5 Carleton	2:12.16		4/27
3	35	Isabel WYATT	SO	#1 St. Olaf	2:13.00		5/1
4	87	Fiona SMITH	SR	#4 Saint Benedict	2:16.72		4/13
5		Lara ERICKSON	JR	#5 Carleton {2}	2:17.58		5/1
6		Nora MICKELSON	FR	#1 St. Olaf {2}	2:18.04		5/1
7		Allison HOOKOM	SO	#11 Augsburg	2:18.20		3/16
8		Kalli SMITH	JR	#4 Saint Benedict {2}	2:18.53		4/27
9		Alice CUTTER	SR	#5 Carleton {3}	2:19.17		5/1
10		Ella YOUNG	SR	#4 Saint Benedict {3}	2:19.80		5/1

Women's 1500 Meters

1	5	Fiona SMITH	SR	#4 Saint Benedict	4:25.80		5/1
2	23	Helen CROSS	SR	#5 Carleton	4:31.71		5/1
3	28	Mary BLANCHARD	JR	#5 Carleton {2}	4:32.85		5/1
4	99	Annessa IHDE	SR	#2 Bethel (Minn.)	4:41.40		4/6
5		Sophie MCMANUS	JR	#5 Carleton {3}	4:46.28		4/20
6		Sophie ABERNETHY	JR	#1 St. Olaf	4:46.85		5/1
7		Grace MOELLER	SO	#1 St. Olaf {2}	4:47.15		4/24
8		Alison BODE	JR	#1 St. Olaf {3}	4:49.14		4/6
9		Sophie CALL	SR	#1 St. Olaf {4}	4:49.27		5/1
10		Bella CALL	SR	#1 St. Olaf {5}	4:51.37		4/6

Women's Steeplechase

1	22	Sophie MCMANUS	JR	#5 Carleton	10:53.57		4/27
2	66	Libby ROWLAND	JR	#5 Carleton {2}	11:21.32		5/1
3	90	Grace MOELLER	SO	#1 St. Olaf	11:31.20		3/29
4	98	Keiley MAAHS	SR	#4 Saint Benedict	11:34.92		5/1
5	99	Josie HARMS	JR	#2 Bethel (Minn.)	11:35.05		4/24
6		Bridget TETMEYER	SR	#4 Saint Benedict {2}	11:39.15		4/27
7		Sydney HAGEN	JR	#3 Gustavus Adolphus	11:46.38		4/13
8		Gracie JOHNSON	SO	#11 Augsburg	11:46.81		4/27
9		Ivy COLDREN	FR	#8 Macalester	11:50.33		4/21
10		Mary KENNEY	SO	#4 Saint Benedict {3}	11:54.87		5/1



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MIAC

as of 5/7/2024 6:44:19 AM ET

Women's 5000 Meters

1	1	Fiona SMITH	SR	#4	Saint Benedict	15:53.27	4/27
2	23	Helen CROSS	SR	#5	Carleton	16:52.55	4/27
3	35	Phoebe WARD	SR	#5	Carleton	{2} 17:03.12	5/1
4	41	Hannah PREISSER	JR	#5	Carleton	{3} 17:08.79	4/6
5	44	Lauren WALDA	SO	#1	St. Olaf	17:12.06	4/13
6	54	Alison BODE	JR	#1	St. Olaf	{2} 17:17.03	5/1
7	66	Allison HENDRICKSON	SR	#10	St. Scholastica	17:25.64	5/1
8	72	Bella CALL	SR	#1	St. Olaf	{3} 17:30.26	4/13
9	87	Sofia CARLSON	JR	#1	St. Olaf	{4} 17:35.24	3/29
10	97	Aliya LARSEN	JR	#5	Carleton	{4} 17:39.07	5/1

Women's 10,000 Meters

1	1	Fiona SMITH	SR	#4	Saint Benedict	32:57.28	3/30
2	19	Hannah PREISSER	JR	#5	Carleton	35:32.83	4/20
3	20	Alison BODE	JR	#1	St. Olaf	35:34.19	4/27
4	45	Allison HENDRICKSON	SR	#10	St. Scholastica	36:31.55	4/20
5	50	Lauren WALDA	SO	#1	St. Olaf	{2} 36:36.96	4/27
6	65	Bella CALL	SR	#1	St. Olaf	{3} 36:59.33	4/27
7	80	Katie HIRSCHKE	SO	#5	Carleton	{2} 37:28.56	4/20
8		Annie KIOLBASA	SR	#4	Saint Benedict	{2} 38:29.54	4/21
9		Laura HARDWICK	JR	#2	Bethel (Minn.)	39:00.78	4/21
10		Bridget TETMEYER	SR	#4	Saint Benedict	{3} 39:01.32	4/21

Women's 4x100 Relay

1	49	Danielle Miller, Megan Geraets, Ally Rakow, Kate Carlson	#3	Gustavus Adolphus	48.19	4/24
2	63	Grace Buntrock, Tiana Johnson, Myah Nelson, Kate Gallagher	#4	Saint Benedict	48.60	5/1
3	72	Jireh Babalola, Abbie Swenson, Raina Kaping, Hannah Kvant	#2	Bethel (Minn.)	48.79	5/3
4	92	Andie Sandman, Emily Rengo, Piper Osborne, Kyla Nygaard	#6	Concordia Moorhead	49.30	5/3
5		Zoe Matre, Karla Kroschel, Emma Storbakken, Riki Poore	#1	St. Olaf	49.96	4/13
6		Hadley Twichell, Riley Roberts, Bianca Lott, Michelle Musa	#5	Carleton	50.29	5/1
7		Harmony-Keli Tomety, Penny Hunter, Diarra Chatham, Elise Edison	#8	Macalester	50.39	4/27
8		Andreiana Aurelius, Kebeh Temeh, Angie Smiley, Terra McMahon	#7	Hamline	50.57	4/13
9		Sofia Fischer, Kayla Nelson, Jaden Ellefson, Ava Fink	#10	St. Scholastica	51.83	4/27
10		Rachael Kubichka, Samantha Munson, Hanna Strom, Kaylen Pray	#9	Saint Mary's (Minnesota)	53.45	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MIAC

as of 5/7/2024 6:44:19 AM ET

Women's 4x400 Relay

1	11	Kelsie Sealock, Abbie Swenson, Annessa Ihde, Shalom Sulungaine	#2	Bethel (Minn.)	3:51.08	4/27
2	45	Ruth Pfeiffer, Karla Kroschel, Emma Storbakken, Isabel Wyatt	#1	St. Olaf	3:58.22	5/1
3	59	Sierra Ramberg, Piper Osborne, Meg Shercliffe, Drew Frolek	#6	Concordia Moorl	4:00.81	4/27
4	66	Mary Blanchard, Lara Erickson, Hadley Twichell, Riley Roberts	#5	Carleton	4:01.33	5/1
5	77	Sidela Nyuga, Ella Young, Emerson Knapp, Lauren Berg	#4	Saint Benedict	4:02.57	5/1
6		Sydney Hauger, McKenzie Luetmer, Aubrey Mair, Kailyn Walukas	#3	Gustavus Adolp†	4:07.75c (4:11.03)	4/27
7		Andreiana Aurelius, Aliyah Robran, Emme Nelson, Kyla Chester	#7	Hamline	4:13.16	5/1
8		Penny Hunter, Elise Edison, Destiny Osemwengie, Seneca Wilson	#8	Macalester	4:25.98	4/21
9		Hanna Strom, Caeli McMahon, Megan Frosch, Abbie Meyer	#9	Saint Mary's (Mi	4:32.46	4/6
10		Madeline Hartley, Grace Hrabik, Jenna Terrio, MollyKate Hagen	#10	St. Scholastica	4:44.86	4/6

Women's High Jump

1	70	Mara LARSON	FR	#1	St. Olaf	1.60m	5-3	4/6
1	70	Erin BEER	JR	#3	Gustavus Adolp†	1.60m	5-3	4/6
3		Jenna KALEVIK	JR	#6	Concordia Moorl	1.58m	5-2¼	5/3
4		Ashlyn JORE	FR	#1	St. Olaf	{2} 1.56m	5-1¼	5/4
5		AnnaGrace NELSON	JR	#2	Bethel (Minn.)	1.55m	5-1	5/3
5		Ally RAKOW	JR	#3	Gustavus Adolp†{2}	1.55m	5-1	4/6
5		Ellie SELISKER	SR	#4	Saint Benedict	1.55m	5-1	5/3
8		Anna KEMP	FR	#4	Saint Benedict	{2} 1.52m	4-11¾	4/13
9		Toria STRAMPE	JR	#10	St. Scholastica	1.51m	4-11½	5/4
9		Ruth PFEIFFER	SO	#1	St. Olaf	{3} 1.51m	4-11½	4/24

Women's Pole Vault

1	20	Jaylyn AHLBERG	SO	#4	Saint Benedict	3.71m	12-2	5/1
2	45	Emily PEARSON	FR	#2	Bethel (Minn.)	3.55m	11-7¾	5/3
3	71	Alli GRAFF	JR	#3	Gustavus Adolp†	3.45m	11-3¾	4/17
4	83	Raina KAPING	FR	#2	Bethel (Minn.)	{2} 3.40m	11-1¾	5/3
5		Lili RAIDT	FR	#4	Saint Benedict	{2} 3.33m	10-11	4/21
6		Camille FINNEY	FR	#3	Gustavus Adolp†{2}	3.25m	10-8	4/27
7		Linnea ASKEGAARD	SO	#1	St. Olaf	3.20m	10-6	5/4
8		Seneca WILSON	FR	#8	Macalester	2.95m	9-8	5/3
9		Bria LUEPKE	SO	#7	Hamline	2.90m	9-6¼	4/27
9		Jenna BUNKER	JR	#3	Gustavus Adolp†{3}	2.90m	9-6¼	4/6
9		Melanie ROBERTS	SR	#1	St. Olaf	{2} 2.90m	9-6¼	5/4

Women's Long Jump

1	13	Megan GERAETS	JR	#3	Gustavus Adolp†	5.78m	18-11¾ (1.1)	5/3
2	71	Sabriya FARQUHARSON	FR	#4	Saint Benedict	5.49m	18-¼ (1.5)	5/1
2	71	Madi KES	JR	#3	Gustavus Adolp†{2}	5.49mw	18-¼ (3.1)	5/4
4	83	Lili GUY	JR	#3	Gustavus Adolp†{3}	5.46m	17-11 (1.3)	5/1
5		Ashlyn JORE	FR	#1	St. Olaf	5.31m	17-5¼ (0.0)	5/1
6		Ellie SELISKER	SR	#4	Saint Benedict	{2} 5.25m	17-2¾ (0.4)	4/27
7		Jenna KALEVIK	JR	#6	Concordia Moorl	5.24mw	17-2¼ (3.0)	4/12
8		Terra MCMAHON	SO	#7	Hamline	5.21m	17-1¼ (1.2)	5/1
9		SarraH LINDNER	SO	#3	Gustavus Adolp†{4}	5.12m	16-9¾ (0.6)	4/27
9		AnnaGrace NELSON	JR	#2	Bethel (Minn.)	5.12m	16-9¾ (-0.5)	4/13

Women's Triple Jump

1	25	Madi KES	JR	#3	Gustavus Adolp†	11.73m	38-6 (0.0)	5/1
2	51	Ellie HERNES	SO	#2	Bethel (Minn.)	11.42m	37-5¾ (0.1)	4/13
3	78	Lili GUY	JR	#3	Gustavus Adolp†{2}	11.22mw	36-9¾ (2.1)	5/4
4		Sabriya FARQUHARSON	FR	#4	Saint Benedict	10.90m	35-9¼ (0.0)	5/1
5		Piper OSBORNE	FR	#6	Concordia Moorl	10.77mw	35-4 (2.8)	4/12
6		Ainslee PARKER	SR	#1	St. Olaf	10.74m	35-3 (0.0)	5/1
7		Ellie SELISKER	SR	#4	Saint Benedict	{2} 10.72m	35-2 (0.2)	4/27
8		Caylee GREEDER	JR	#3	Gustavus Adolp†{3}	10.67m	35-¼ (1.1)	5/4
9		Jordan STANISLOSKI	FR	#2	Bethel (Minn.)	{2} 10.46m	34-4 (0.9)	4/27
10		SarraH LINDNER	SO	#3	Gustavus Adolp†{4}	10.40m	34-1½ (0.0)	5/1

Women's Shot Put

1	9	Molly MEYERS	SR	#7	Hamline	14.08m	46-2½	5/3
2	61	Morgan WALLENDAL	JR	#9	Saint Mary's (Mi	12.77m	41-10¾	4/27
2	61	Nora WILHELM	SO	#2	Bethel (Minn.)	12.77m	41-10¾	4/27
4		Kelley BRENNAN	SO	#3	Gustavus Adolp†	12.26m	40-2¾	4/6
5		Haley JOOS	SR	#4	Saint Benedict	11.96m	39-3	5/1
6		Tessa MYATT	FR	#8	Macalester	11.81m	38-9	4/13
7		Samantha KUBES	SR	#9	Saint Mary's (Mi	{2} 11.73m	38-6	4/6
8		Desirae DATES	SO	#7	Hamline	{2} 11.71m	38-5	4/13
9		Sydney JACKMAN	JR	#9	Saint Mary's (Mi	{3} 11.68m	38-4	4/13
10		Lexi BRAINER	JR	#7	Hamline	{3} 11.40m	37-5	4/27



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MIAC

as of 5/7/2024 6:44:19 AM ET

Women's Discus

1	20	Jade HUNT	JR	#7 Hamline	44.20m	145-0	4/20
2	33	Olivia DUNCAN	FR	#3 Gustavus Adolp	43.19m	141-9	5/4
3	74	Madison REED	JR	#7 Hamline {2}	40.69m	133-6	5/3
4		Lexi BRAINER	JR	#7 Hamline {3}	39.63m	130-0	5/3
5		Morgan WALLENDAL	JR	#9 Saint Mary's (Mi	39.31m	129-0	3/30
6		Nora WILHELM	SO	#2 Bethel (Minn.)	38.30m	125-8	5/3
7		Kelley BRENNAN	SO	#3 Gustavus Adolp{2}	38.20m	125-4	4/13
8		Elise HARRIMAN	FR	#1 St. Olaf	37.90m	124-4	4/27
9		Desirae DATES	SO	#7 Hamline {4}	37.80m	124-0	4/20
10		Alysha ONWUNEME	FR	#6 Concordia Moorl	37.73m	123-10	4/12

Women's Hammer

1	6	Lily BENEKE	JR	#10 St. Scholastica	57.89m	189-11	5/1
2	30	Samantha KUBES	SR	#9 Saint Mary's (Mi	51.29m	168-3	4/27
3	34	Madison REED	JR	#7 Hamline	50.56m	165-11	4/24
4	43	Kelley BRENNAN	SO	#3 Gustavus Adolp	50.02m	164-1	4/13
5	46	Lexi BRAINER	JR	#7 Hamline {2}	49.34m	161-11	4/24
6	66	Morgan WALLENDAL	JR	#9 Saint Mary's (Mi{2}	48.06m	157-8	4/27
7	73	Anna SPERATOS	SO	#2 Bethel (Minn.)	47.81m	156-10	5/3
8	75	Nora WILHELM	SO	#2 Bethel (Minn.) {2}	47.68m	156-5	4/27
9		Neenah BOSMAN	SR	#5 Carleton	45.23m	148-5	4/20
10		Ella ENGEN	SO	#10 St. Scholastica {2}	45.13m	148-1	5/4

Women's Javelin

1	25	Genevieve GRUBA	FR	#6 Concordia Moorl	40.22m	132-0	4/27
2	37	Sarah Beth HOBBY	SR	#8 Macalester	39.30m	128-11	5/3
3	43	Abbie SWENSON	JR	#2 Bethel (Minn.)	39.15m	128-6	4/13
4	50	Lakesha CARTER	JR	#3 Gustavus Adolp	38.85m	127-6	4/6
5	77	Justus FLOREN	JR	#4 Saint Benedict	37.59m	123-4	5/3
6		Brooke BOROUGHS	FR	#8 Macalester {2}	36.00m	118-2	4/6
7		Reagan WOHLERS	FR	#6 Concordia Moorl{2}	35.03m	114-11	4/6
8		Gabby GROMACKI	SO	#3 Gustavus Adolp{2}	34.83m	114-3	4/17
9		Regan ANDERSON	JR	#6 Concordia Moorl{3}	34.58m	113-6	5/3
10		Isabella SCHEI	FR	#9 Saint Mary's (Mi	33.56m	110-1	4/20

Women's Heptathlon

1	35	AnnaGrace NELSON	JR	#2 Bethel (Minn.)	4,264	5/3
2	45	Justus FLOREN	JR	#4 Saint Benedict	4,172	5/3
3	56	Sarah Beth HOBBY	SR	#8 Macalester	4,003	5/3
4	57	Jenna KALEVIK	JR	#6 Concordia Moorl	3,987	5/3
5	61	Rebekah SALFER	SR	#1 St. Olaf	3,920	5/3
6	76	Ellie HERNES	SO	#2 Bethel (Minn.) {2}	3,815	5/3
7	96	Hailey SCHOLTEN	SO	#2 Bethel (Minn.) {3}	3,660	5/3
8		Ellie SELISKER	SR	#4 Saint Benedict {2}	3,623	5/3
9		Grace CIARROCHI	FR	#6 Concordia Moorl{2}	3,413	5/3
10		Gabrielle HANNAH	JR	#7 Hamline	3,212	5/3



Conference TFRI Event Summary



MWC

as of 5/7/2024 6:44:20 AM ET

Women's 100 Meters

1	41	Eva CARCHIDI	SR	#1 Grinnell	12.11w	(3.0)	5/4
2	78	Deja ANDERSON	FR	#4 Illinois College	12.25w	(3.0)	5/4
3	96	Candis DAMSTE	SR	#7 Beloit	12.31w	(3.3)	4/27
4		Mattie BROWN	FR	#4 Illinois College {2}	12.37w	(3.0)	5/4
5		Haley GARRETT	FR	#4 Illinois College {3}	12.43w	(3.0)	5/4
6		Maddie RUSK	SO	#3 Monmouth (Ill.)	12.46w	(3.0)	5/4
7		Makaiha MOORE-BELL	FR	#3 Monmouth (Ill.) {2}	12.75w	(3.0)	5/4
8		Sidney BROWN	SR	#6 Cornell College	12.77	(1.7)	4/13
9		Fynesse JONES	SO	#4 Illinois College {4}	12.78w	(2.3)	3/29
10		AJ JONES	JR	#9 Lake Forest	12.80w	(2.2)	4/20

Women's 100 Meter Hurdles

1	56	Natalie MCALLISTER	SR	#6 Cornell College	14.83	(1.4)	4/20
2		Bridget FINN	JR	#2 Ripon	15.43w	(2.7)	4/25
3		Aleese TRIMINGHAM	FR	#4 Illinois College	15.73	(1.0)	4/19
4		Hailey CAROLAN	SO	#6 Cornell College {2}	16.02w	(3.7)	4/20
5		Jessie GOODMAN	SO	#1 Grinnell	16.76	(0.0)	3/23
6		Hannah WELTE	SR	#7 Beloit	16.94w	(3.3)	4/13
7		Jacquelyn HAN	SO	#9 Lake Forest	16.96	(0.5)	4/25
8		Sadie STAKER	SR	#1 Grinnell {2}	17.66w	(3.6)	5/4
9		Patricia RIVERA	JR	#4 Illinois College {2}	17.80w	(3.6)	5/4
10		Niomee CASEY	JR	#7 Beloit {2}	18.28	(0.2)	4/27

Women's 200 Meters

1	46	Candis DAMSTE	SR	#7 Beloit	24.90		5/3
2		Eva CARCHIDI	SR	#1 Grinnell	25.30	(1.6)	4/12
3		Deja ANDERSON	FR	#4 Illinois College	26.02	(0.0)	4/19
4		Haley GARRETT	FR	#4 Illinois College {2}	26.03	(-0.4)	4/13
5		Maddie RUSK	SO	#3 Monmouth (Ill.)	26.12c	(26.52) (0.4)	4/25
6		Sidney BROWN	SR	#6 Cornell College	26.17w	(3.4)	4/13
7		Mattie BROWN	FR	#4 Illinois College {3}	26.32	(1.8)	4/6
8		Alayna FURCH	SR	#7 Beloit {2}	26.46	(1.9)	4/27
9		Natalie MCALLISTER	SR	#6 Cornell College {2}	26.49w	(3.8)	4/20
10		Madyson SALISBURY	FR	#4 Illinois College {4}	26.53	(0.2)	4/13

Women's 400 Meters

1	39	Candis DAMSTE	SR	#7 Beloit	56.88		5/3
2		Eva CARCHIDI	SR	#1 Grinnell	59.16		4/26
3		Sidney BROWN	SR	#6 Cornell College	59.53		5/4
4		Ava CLAUSSEN-TUBBS	SO	#6 Cornell College {2}	1:00.06		4/20
5		Gaby SKORCZEWSKI	FR	#5 Lawrence	1:00.45		5/3
6		Apiphany PATTERSON	FR	#4 Illinois College	1:00.95		4/13
7		Alayna FURCH	SR	#7 Beloit {2}	1:01.02		4/6
8		Ella FAJARDO-WILDE	FR	#5 Lawrence {2}	1:01.81		4/19
9		Maile CROWE	JR	#1 Grinnell {2}	1:01.99		5/4
10		Madylyn WOYAK	FR	#2 Ripon	1:02.01		4/6

Women's 400 Meter Hurdles

1	84	Bridget FINN	JR	#2 Ripon	1:05.64		4/25
2		Hannah WELTE	SR	#7 Beloit	1:07.67		5/3
3		Hailey CAROLAN	SO	#6 Cornell College	1:08.27		4/6
4		Aleese TRIMINGHAM	FR	#4 Illinois College	1:08.71		4/19
5		Jessie GOODMAN	SO	#1 Grinnell	1:010.00		5/4
6		Sadie STAKER	SR	#1 Grinnell {2}	1:10.70		4/26
7		Kiki SHERMAN	JR	#2 Ripon {2}	1:10.93		5/3
8		Jacquelyn HAN	SO	#9 Lake Forest	1:16.24		4/25
9		Patricia RIVERA	JR	#4 Illinois College {2}	1:17.04		4/6
10		Nicole ARNHOLD	SO	#2 Ripon {3}	1:17.64		4/6

Women's 800 Meters

1		Jenny CORTES	SO	#2 Ripon	2:19.17		4/25
2		Ava CLAUSSEN-TUBBS	SO	#6 Cornell College	2:19.76		4/13
3		Alyza KOPPE	SO	#6 Cornell College {2}	2:23.67		3/28
4		Gaby SKORCZEWSKI	FR	#5 Lawrence	2:24.65		4/13
5		Minnie HOFFMAN	FR	#2 Ripon {2}	2:27.06		5/3
6		Hannah ROARK	SO	#1 Grinnell	2:27.10		4/20
7		Isabelle WILLETT	JR	#2 Ripon {3}	2:27.41		4/25
8		Ella FAJARDO-WILDE	FR	#5 Lawrence {2}	2:27.62		4/13
9		Faith ONUKAOGU	SO	#5 Lawrence {3}	2:28.10		5/3
10		Cristyn OLIVER	JR	#5 Lawrence {4}	2:28.74		4/25

Women's 1500 Meters

1		Jenny CORTES	SO	#2 Ripon	4:41.52		5/3
2		Cristyn OLIVER	JR	#5 Lawrence	4:45.11		5/3
3		Mikayla FLYTE	SR	#2 Ripon {2}	4:51.66		5/3
4		Hannah ROARK	SO	#1 Grinnell	4:52.11		4/20
5		Ali DENAMUR	JR	#2 Ripon {3}	4:53.91		5/3
6		Morgan KAROW	SO	#1 Grinnell {2}	4:53.92		4/20
7		Alyza KOPPE	SO	#6 Cornell College	4:55.29		3/28
8		Isabelle WILLETT	JR	#2 Ripon {4}	4:58.28		5/3
9		Riley WINEBRENNER	JR	#5 Lawrence {2}	5:00.32		4/25
10		Keely MIYAMOTO	SO	#1 Grinnell {3}	5:03.52		3/23

Women's Steeplechase

1		Gabby ALLARD	FR	#2 Ripon	11:50.68		4/12
2		Hannah ROTH	FR	#1 Grinnell	11:52.01		4/20
3		Riley WINEBRENNER	JR	#5 Lawrence	12:00.70		4/19
4		Keely MIYAMOTO	SO	#1 Grinnell {2}	12:07.36		5/4
5		Diana BARBA	SO	#1 Grinnell {3}	12:10.42		4/12
6		Kiki SHERMAN	JR	#2 Ripon {2}	12:20.34		4/25
7		Jane PARTSCH	FR	#5 Lawrence {2}	12:27.86		4/25
8		Emma WHARTON-HSIEH	FR	#1 Grinnell {4}	12:45.62		4/26
9		Sophie STUMBO	FR	#6 Cornell College	13:11.95		4/20
10		Morgan CARRINO	FR	#4 Illinois College	13:32.84		4/13



Conference TFRI Event Summary



MWC

as of 5/7/2024 6:44:20 AM ET

Women's 5000 Meters

1	94	Ali DENAMUR	JR	#2 Ripon	17:38.56	4/6
2	98	Mikayla FLYTE	SR	#2 Ripon {2}	17:39.09	4/25
3		Cristyn OLIVER	JR	#5 Lawrence	17:39.82	4/13
4		Alyza KOPPEs	SO	#6 Cornell College	17:59.79	4/13
5		Morgan KAROW	SO	#1 Grinnell	18:02.55	3/22
6		Keely MIYAMOTO	SO	#1 Grinnell {2}	18:07.81	4/12
7		Riley WINEBRENNER	JR	#5 Lawrence {2}	18:26.11	5/3
8		Hannah ROARK	SO	#1 Grinnell {3}	18:26.22	3/22
9		Gabby ALLARD	FR	#2 Ripon {3}	18:28.43	4/6
10		Edythmae FRODL	JR	#5 Lawrence {3}	18:38.93	4/19

Women's 10,000 Meters

1	36	Mikayla FLYTE	SR	#2 Ripon	36:15.03	4/20
2	95	Keely MIYAMOTO	SO	#1 Grinnell	37:54.09	4/20
3		Althea FOSTER	JR	#5 Lawrence	40:18.24	4/25
4		Rain ORSI	JR	#5 Lawrence {2}	40:47.93	4/19
5		Natalie ANDERSON	JR	#5 Lawrence {3}	41:15.53	4/19
6		Sophia FORD	JR	#1 Grinnell {2}	42:11.05	4/20
7		Jasmine MOLDENHAUER	JR	#5 Lawrence {4}	42:37.15	4/25
8		Eliza WUNDERLICH	SO	#5 Lawrence {5}	45:03.39	4/19

Women's 4x100 Relay

1	36	Mattie Brown, Madyson Salisbury, Haley Garrett, Deja Anderson		#4 Illinois College	47.97	5/4
2		Darcel Royster, Alayna Furch, Hannah Welte, Candis Damste		#7 Beloit	49.43	4/13
3		Jessie Goodman, Ava Taylor, Maile Crowe, Eva Carchidi		#1 Grinnell	49.48	5/4
4		#Type!		#6 Cornell College	50.01	4/13
5		Maddie Rusk, Makaiha Moore-Bell, Nicole Hoyer, Tayler Raska		#3 Monmouth (Ill.)	50.12	5/4
6		Sidney Hoffa, Bridget Finn, Madylyn Woyak, Heleyna Weiss		#2 Ripon	51.05	4/12
7		Emily Jacobs, Cambria Medina, Peyton Balfour, Abbie Layne		#8 Knox	51.61	5/4
8		Ashlee Long, Gaby Skorczewski, Irene Yank, Morgan Cross		#5 Lawrence	53.29	4/6
9		AJ Jones, Sarah McField, Melissa Gomez, Annie Pulaski		#9 Lake Forest	53.67	4/20

Women's 4x400 Relay

1	53	Sophia Miller, Candis Damste, Jaeonie Echols, Alayna Furch		#7 Beloit	3:59.60	5/3
2		Bridget Finn, Madylyn Woyak, Heleyna Weiss, Jenny Cortes		#2 Ripon	4:04.85	5/3
3		Ella Fajardo-Wilde, Faith Onukaogu, Laura Henze, Gaby Skorczewski		#5 Lawrence	4:08.93	5/3
4		Millie Leonard, Caitlin Ong, Maile Crowe, Eva Carchidi		#1 Grinnell	4:11.38	4/20
5		Caitlyne Mar, Ava Claussen-Tubbs, Olivia Cotton, Willow Ziegler		#6 Cornell College	4:13.56	5/4
6		Apiphany Patterson, Madeline Benson, Aleese Trimmingham, Brooke Oakley		#4 Illinois College	4:15.38	4/13
7		Maddie Rusk, Makaiha Moore-Bell, Lindsay Eaton, Nicole Hoyer		#3 Monmouth (Ill.)	4:21.25c (4:24.71)	4/25
8		One Kenosi, Becca Ray, Jacquelyn Han, Annie Pulaski		#9 Lake Forest	4:28.17	4/25
9		Isabella Shubert, Cecilia Goodin, Francis Hilliard, Eileen Sheetz		#8 Knox	4:38.10c (4:41.79)	4/25

Women's High Jump

1	4	Hailey CAROLAN	SO	#6 Cornell College	1.70m	5-7	4/6
2	70	Bridget FINN	JR	#2 Ripon	1.60m	5-3	4/20
2	70	Chloe STUDINSKI	FR	#2 Ripon	1.60m	5-3	5/3
4		Natalie MCALLISTER	SR	#6 Cornell College {2}	1.58m	5-2¼	4/6
5		Liz KALK	JR	#7 Beloit	1.53m	5-¼	4/13
6		Megan SHAFAR	SO	#8 Knox	1.48m	4-10¼	4/6
7		Lauren ANDERSON	JR	#3 Monmouth (Ill.)	1.45m	4-9	3/28
8		Madyson SALISBURY	FR	#4 Illinois College	1.40m	4-7	4/6
8		Naomi MURPHY	FR	#7 Beloit {2}	1.40m	4-7	4/27
10		Ashlee LONG	FR	#5 Lawrence	1.38m	4-6¼	5/3

Women's Pole Vault

1		Miranda HURSEY	SO	#3 Monmouth (Ill.)	3.30m	10-9¾	5/4
2		Madeline BENSON	JR	#4 Illinois College	3.28m	10-9	4/19
3		Naomee CASEY	JR	#7 Beloit	3.21m	10-6¼	4/27
4		Paige NOWAK	SR	#4 Illinois College {2}	3.14m	10-3½	4/6
5		Megan DAILEY	JR	#3 Monmouth (Ill.) {2}	3.11m	10-2½	4/25
6		Delaney REXROAT	JR	#3 Monmouth (Ill.) {3}	3.00m	9-10	5/4
7		Carson BEYERS	SR	#4 Illinois College {3}	2.71m	8-10¾	4/13
8		Haley CARLIN	FR	#7 Beloit {2}	2.61m	8-6¾	4/6
9		Sidney BROWN	SR	#6 Cornell College	2.45m	8-½	4/13
10		Caitlin ONG	SO	#1 Grinnell	2.33m	7-7¾	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



MWC

as of 5/7/2024 6:44:20 AM ET

Women's Long Jump

1	29	Natalie MCALLISTER	SR	#6	Cornell College	5.64mw	18-6 (3.7)	5/4
2	83	Cambria MEDINA	FR	#8	Knox	5.46mw	17-11 (2.7)	5/4
3		Peyton BALFOUR	JR	#8	Knox	{2} 5.35mw	17-6¾ (2.3)	5/4
4		Sidney HOFFA	FR	#2	Ripon	5.28m	17-4 (0.0)	4/25
5		Maddie RUSK	SO	#3	Monmouth (Ill.)	5.23mw	17-2 (3.7)	4/20
6		Hannah WELTE	SR	#7	Beloit	5.19mw	17-½ (2.2)	4/27
7		Deja ANDERSON	FR	#4	Illinois College	5.17m	16-11½ (1.6)	4/6
8		Lacie SCHULTZ	FR	#4	Illinois College	{2} 5.06m	16-7¼ (1.0)	4/25
9		Emma CROFTON	FR	#3	Monmouth (Ill.)	{2} 5.03m	16-6 (0.0)	4/25
10		Hailey CAROLAN	SO	#6	Cornell College	{2} 5.01m	16-5¼ (1.4)	5/4
10		Fynesse JONES	SO	#4	Illinois College	{3} 5.01m	16-5¼ (0.2)	3/23

Women's Triple Jump

1		Abbie LAYNE	SO	#8	Knox	11.13mw	36-6¼ (2.1)	5/4
2		Maddie RUSK	SO	#3	Monmouth (Ill.)	10.45m	34-3½ (1.2)	4/6
3		Peyton BALFOUR	JR	#8	Knox	{2} 10.40m	34-1½ (0.1)	4/13
4		Delaney REXROAT	JR	#3	Monmouth (Ill.)	{2} 10.31m	33-10 (1.0)	4/25
5		Millie LEONARD	FR	#1	Grinnell	10.20m	33-5¾ (1.2)	4/6
6		Emma CROFTON	FR	#3	Monmouth (Ill.)	{3} 10.13m	33-3 (0.0)	4/25
7		Haley GARRETT	FR	#4	Illinois College	9.96m	32-8¼ (1.3)	4/13
8		Ashlee LONG	FR	#5	Lawrence	9.95m	32-7¾ (0.7)	4/25
9		Anna VANDEN ACKER	SO	#5	Lawrence	{2} 9.94m	32-7½ (1.1)	4/25
10		Nicole ARNHOLD	SO	#2	Ripon	9.90m	32-5¾ (0.3)	4/25

Women's Shot Put

1	24	Maddie BOLEY	JR	#3	Monmouth (Ill.)	13.49m	44-3¼	4/25
2	33	Kayla BRAUN	SO	#3	Monmouth (Ill.)	{2} 13.21m	43-4¼	4/20
3	95	Kalyn OTZELBERGER	SR	#2	Ripon	12.36m	40-6¾	4/6
4		Kylie GALOWITZ	SO	#1	Grinnell	11.68m	38-4	4/20
5		Sara BOOHER	JR	#1	Grinnell	{2} 11.65m	38-2¾	4/20
6		Gracie GIBBONS	JR	#3	Monmouth (Ill.)	{3} 11.57m	37-11½	5/4
7		Lindsey RUFF	JR	#4	Illinois College	11.27m	36-11¾	5/4
8		Alayna EARLE	FR	#3	Monmouth (Ill.)	{4} 11.25m	36-11	5/4
9		Sydney KUPER	SR	#4	Illinois College	{2} 11.16m	36-7½	4/25
9		Natalie MCALLISTER	SR	#6	Cornell College	11.16m	36-7½	4/20

Women's Discus

1	14	Maddie BOLEY	JR	#3	Monmouth (Ill.)	44.93m	147-5	5/4
2	54	Kayla BRAUN	SO	#3	Monmouth (Ill.)	{2} 41.74m	137-0	4/20
3	88	Kalyn OTZELBERGER	SR	#2	Ripon	40.24m	132-0	4/19
4		Sydney KUPER	SR	#4	Illinois College	39.40m	129-3	4/25
5		Aiyana ROCKWELL	JR	#1	Grinnell	38.04m	124-10	3/30
6		Aparna GAJULAPALLI	JR	#5	Lawrence	35.90m	117-10	4/19
7		Hadja BAYO	JR	#7	Beloit	35.78m	117-5	4/13
8		Grace FOX	JR	#5	Lawrence	{2} 35.71m	117-2	4/25
9		Nalwanga NSUBUGA	FR	#8	Knox	34.42m	112-11	4/25
10		Kylie GALOWITZ	SO	#1	Grinnell	{2} 33.20m	108-11	4/20

Women's Hammer

1	37	Maddie BOLEY	JR	#3	Monmouth (Ill.)	50.40m	165-4	4/20
2	59	Jillian TOTH	SO	#3	Monmouth (Ill.)	{2} 48.49m	159-1	5/4
3	77	Sydney KUPER	SR	#4	Illinois College	47.57m	156-1	4/13
4		Gracie GIBBONS	JR	#3	Monmouth (Ill.)	{3} 43.85m	143-11	3/28
5		Kayla BRAUN	SO	#3	Monmouth (Ill.)	{4} 42.63m	139-11	4/25
6		Kalyn OTZELBERGER	SR	#2	Ripon	42.34m	138-11	4/6
7		Alayna EARLE	FR	#3	Monmouth (Ill.)	{5} 41.07m	134-9	4/13
8		Kylie GALOWITZ	SO	#1	Grinnell	40.85m	134-0	4/26
9		Natalie MCALLISTER	SR	#6	Cornell College	40.12m	131-8	5/4
10		Maddy STROVERS	SO	#1	Grinnell	{2} 39.68m	130-2	4/20

Women's Javelin

1	68	Juniper SCHWARTZMAN	FR	#1	Grinnell	37.88m	124-4	4/20
2	74	Bri OSTERSON	JR	#6	Cornell College	37.66m	123-7	4/13
3		Bridget FINN	JR	#2	Ripon	35.07m	115-1	4/6
4		Grace FOX	JR	#5	Lawrence	34.70m	113-10	4/25
5		Keyleigh THOMAS	SO	#4	Illinois College	34.41m	112-11	5/4
6		Natalie MCALLISTER	SR	#6	Cornell College	{2} 34.34m	112-8	4/13
6		Sam KOBYSKI	FR	#2	Ripon	{2} 34.34m	112-8	4/6
8		Wiktorja KOWAL	FR	#1	Grinnell	{2} 32.63m	107-1	4/6
9		Carson BEYERS	SR	#4	Illinois College	{2} 32.43m	106-5	5/4
10		Gracie GIBBONS	JR	#3	Monmouth (Ill.)	30.76m	100-11	4/25

Women's Heptathlon

1	13	Natalie MCALLISTER	SR	#6	Cornell College	4,619		4/20
2	40	Bridget FINN	JR	#2	Ripon	4,231		4/20
3	55	Hailey CAROLAN	SO	#6	Cornell College	{2} 4,075		4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NAC

as of 5/7/2024 6:44:20 AM ET

Women's 100 Meters

1	Emma BURR	FR	#1 Thomas (Maine)	12.73	(0.7)	3/1
2	Kadie-Ann WHYTE	SR	#4 SUNY Delhi	12.80	(0.2)	4/14
3	Julia AIELLO	FR	#5 SUNY Cobleskill	12.86	(-0.7)	4/14
4	Kimberly DEAN	JR	#4 SUNY Delhi {2}	13.00	(1.5)	4/20
5	Erica JOHNSON	SO	#3 UMaine Farming	13.05	(1.7)	5/3
6	Carrie BURR	SR	#3 UMaine Farming {2}	13.25w	(2.6)	4/6
7	Lilah WARD	SR	#5 SUNY Cobleskill {2}	13.32	(1.5)	4/20
8	Lexy SHANNON	SO	#1 Thomas (Maine) {2}	13.38w	(2.6)	3/1
9	Cara PERRY	SR	#3 UMaine Farming {3}	13.40w	(2.6)	4/6
10	Meg CRUZ	FR	#4 SUNY Delhi {3}	13.53	(0.9)	3/30

Women's 100 Meter Hurdles

1	94 Emma BURR	FR	#1 Thomas (Maine)	15.16	(0.6)	4/20
2	Lilly SWYERS	SO	#5 SUNY Cobleskill	16.26w	(2.5)	4/20
3	Erica JOHNSON	SO	#3 UMaine Farming	16.65w	(3.5)	4/6
4	Carrie BURR	SR	#3 UMaine Farming {2}	17.08	(-1.1)	4/13
5	Angelina COTONI	SO	#2 Husson	17.30	(-0.2)	3/9
6	Bethanie BECKER	FR	#5 SUNY Cobleskill {2}	17.52	(2.0)	3/30
7	Melinda REID	FR	#4 SUNY Delhi	17.60w	(2.7)	4/6
8	Niamiah PERRY	SO	#2 Husson {2}	17.87	(-0.2)	3/9
9	Hayleigh GIRARD	JR	#5 SUNY Cobleskill {3}	17.94w	(2.6)	3/30
10	Alyssa COLE	SO	#4 SUNY Delhi {2}	18.23w	(2.5)	4/20

Women's 200 Meters

1	Emma BURR	FR	#1 Thomas (Maine)	25.53	(1.6)	5/3
2	Zoe RODI	SO	#4 SUNY Delhi	26.15	(0.7)	4/14
3	Kadie-Ann WHYTE	SR	#4 SUNY Delhi {2}	26.73	(0.5)	4/14
4	Julia AIELLO	FR	#5 SUNY Cobleskill	26.80w	(2.2)	3/30
5	Kimberly DEAN	JR	#4 SUNY Delhi {3}	27.69w	(2.6)	4/6
6	Meg CRUZ	FR	#4 SUNY Delhi {4}	27.71w	(2.8)	3/30
7	Lilah WARD	SR	#5 SUNY Cobleskill {2}	28.30w	(2.8)	4/6
8	Hailey VONAHN	JR	#6 Lesley	28.35	(0.5)	4/13
9	Kennedy TODD	SO	#3 UMaine Farming	28.37w	(2.4)	4/6
10	Cara PERRY	SR	#3 UMaine Farming {2}	28.72	(-2.3)	3/30

Women's 400 Meters

1	Zoe RODI	SO	#4 SUNY Delhi	58.75		4/14
2	Julia AIELLO	FR	#5 SUNY Cobleskill	1:00.67		4/20
3	Miranda DUNTON	JR	#2 Husson	1:03.33		3/9
4	Hailey VONAHN	JR	#6 Lesley	1:04.31		4/13
5	Mackenzie EMERSON	FR	#2 Husson {2}	1:04.41		4/13
6	Carrie BURR	SR	#3 UMaine Farming	1:05.11		3/30
7	Kali WOOSTER	SO	#7 Northern Vermo	1:06.39		3/30
8	Meg CRUZ	FR	#4 SUNY Delhi {2}	1:07.38		4/6
9	Cara PERRY	SR	#3 UMaine Farming {2}	1:09.32		3/30
10	Maddy REDDING	JR	#1 Thomas (Maine)	1:10.10		3/8

Women's 400 Meter Hurdles

1	Emma BURR	FR	#1 Thomas (Maine)	1:09.12		3/8
2	Miranda DUNTON	JR	#2 Husson	1:11.70		4/13
3	Carrie BURR	SR	#3 UMaine Farming	1:12.08		4/13
4	Nina GREGORY	SO	#2 Husson {2}	1:19.50		3/9
5	Angelina COTONI	SO	#2 Husson {3}	1:20.07		3/9
6	Joy EVANS	JR	#3 UMaine Farming {2}	1:20.70		4/20
7	Anna MACDONALD	JR	#3 UMaine Farming {3}	1:21.24		4/13
8	Alexis FREEMAN	SO	#2 Husson {4}	1:22.57		4/20
9	Maria PROTHEROE	SO	#1 Thomas (Maine) {2}	1:23.71		4/20
10	Cara PERRY	SR	#3 UMaine Farming {4}	1:27.00		4/20

Women's 800 Meters

1	Miranda DUNTON	JR	#2 Husson	2:26.96		4/20
2	Emma BURR	FR	#1 Thomas (Maine)	2:27.45		5/3
3	Mackenzie EMERSON	FR	#2 Husson {2}	2:28.46		4/20
4	Mary BRYANT	FR	#4 SUNY Delhi	2:31.17		3/30
5	Madison KENNEDY	FR	#8 SUNY Morrisville	2:32.54		3/30
6	Joy EVANS	JR	#3 UMaine Farming	2:33.76		4/13
7	Evie EASTMAN	FR	#4 SUNY Delhi {2}	2:35.13		4/20
8	Alyssa FREEGUARD	SO	#5 SUNY Cobleskill	2:35.47		4/20
9	Ava DOWLING	JR	#2 Husson {3}	2:35.63		4/20
10	Julia RENY	JR	#1 Thomas (Maine) {2}	2:35.67		3/1

Women's 1500 Meters

1	Miranda DUNTON	JR	#2 Husson	5:00.88		4/20
2	Lilianna PETERS	FR	#5 SUNY Cobleskill	5:14.06		3/30
3	Joy EVANS	JR	#3 UMaine Farming	5:15.02		3/30
4	Hannah NANGLE	JR	#6 Lesley	5:17.08		4/20
5	Evie EASTMAN	FR	#4 SUNY Delhi	5:23.36		4/20
6	Ava DOWLING	JR	#2 Husson {2}	5:25.54		3/2
7	Julia RENY	JR	#1 Thomas (Maine)	5:25.73		4/20
8	Mackenzie EMERSON	FR	#2 Husson {3}	5:28.08		4/6
9	Savaughn KUNGXAT-FACENDA	FR	#1 Thomas (Maine) {2}	5:28.68		4/20
10	Grace BEDORE	SO	#2 Husson {4}	5:31.95		3/2

Women's Steeplechase

1	Lilianna PETERS	FR	#5 SUNY Cobleskill	11:52.85		4/6
2	Ava DOWLING	JR	#2 Husson	12:06.50		5/3
3	Grace BEDORE	SO	#2 Husson {2}	12:28.35		3/9
4	Anna MACDONALD	JR	#3 UMaine Farming	13:08.57		4/13
5	Hannah NANGLE	JR	#6 Lesley	13:35.73		4/13
6	Rebekah IRELAND	SO	#1 Thomas (Maine)	13:47.48		4/13
7	Eve POTEET	SO	#3 UMaine Farming {2}	13:58.75		4/20
8	Abby MACDONALD	FR	#3 UMaine Farming {3}	15:00.01		4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NAC

as of 5/7/2024 6:44:20 AM ET

Women's 5000 Meters

1	Lilianna PETERS	FR	#5	SUNY Cobleskill	19:13.01	4/20
2	Miranda DUNTON	JR	#2	Husson	19:38.00	3/9
3	Ava DOWLING	JR	#2	Husson {2}	20:03.44	3/9
4	Maria PROTHEROE	SO	#1	Thomas (Maine)	20:24.94	4/13
5	Alyssa FREEGUARD	SO	#5	SUNY Cobleskill {2}	20:41.21	4/6
6	Savaughn KUNGXAT-FACENDA	FR	#1	Thomas (Maine) {2}	20:49.12	4/13
7	Marissa LOMBARDI	SR	#4	SUNY Delhi	21:03.09	3/30
8	Anna MACDONALD	JR	#3	UMaine Farming	21:09.41	4/6
9	Eve POTEET	SO	#3	UMaine Farming {2}	21:31.67	4/13
10	Ivy MURPHY	FR	#8	SUNY Morrisville	21:35.57	4/7

Women's 10,000 Meters

1	Joy EVANS	JR	#3	UMaine Farming	42:53.39	4/6
2	Marissa LOMBARDI	SR	#4	SUNY Delhi	43:09.50	4/6
3	Anna MACDONALD	JR	#3	UMaine Farming {2}	45:51.10	4/20
4	Eve POTEET	SO	#3	UMaine Farming {3}	45:57.98	4/6
5	Abby MACDONALD	FR	#3	UMaine Farming {4}	48:31.27	4/13
6	Amanda WINSLOW	JR	#1	Thomas (Maine)	50:46.07	4/13
7	Sarah CHAPIN	SR	#3	UMaine Farming {5}	51:20.67	4/13

Women's 4x100 Relay

1	Kimberly Dean, Zoe Rodi, Meg Cruz, Kadie-Ann Whyte	#4	SUNY Delhi	50.10	4/20
2	Cara Perry, Carrie Burr, Kennedy Todd, Erica Johnson	#3	UMaine Farming	51.16	5/3
3	Maddy Redding, Lexy Shannon, Emma Burr, Julia Reny	#1	Thomas (Maine)	51.89	3/8
4	Hayleigh Girard, Bethanie Becker, Lilah Ward, Julia Aiello	#5	SUNY Cobleskill	52.02	4/20
5	Sacha Porter, Hailey VonAhn, Raffaella Vogt, Lauren Rudolph	#6	Lesley	55.79	4/13

Women's 4x400 Relay

1	Julia Reny, Maria Protheroe, Maddy Redding, Emma Burr	#1	Thomas (Maine)	4:28.91	4/20
2	Grace Bedore, Miranda Dunton, Ava Dowling, Mackenzie Emerson	#2	Husson	4:38.65	4/6
3	Hailey VonAhn, Lauren Rudolph, Hannah Nangle, Bethany Slivka	#6	Lesley	4:52.42	3/30

Women's High Jump

1	Lilah WARD	SR	#5	SUNY Cobleskill	1.52m	4-11¾	4/6
1	Nina GREGORY	SO	#2	Husson	1.52m	4-11¾	5/3
3	Melinda REID	FR	#4	SUNY Delhi	1.47m	4-9¾	4/6
3	Bethanie BECKER	FR	#5	SUNY Cobleskill {2}	1.47m	4-9¾	4/6
5	Emma BURR	FR	#1	Thomas (Maine)	1.43m	4-8¼	5/3
6	Carrie BURR	SR	#3	UMaine Farming	1.42m	4-7¾	3/30
7	Hayleigh GIRARD	JR	#5	SUNY Cobleskill {3}	1.37m	4-6	4/6
8	Alyssa COLE	SO	#4	SUNY Delhi {2}	1.25m	4-1¼	4/13

Women's Pole Vault

1	Alexis FREEMAN	SO	#2	Husson	2.60m	8-6¼	4/13
2	Erica JOHNSON	SO	#3	UMaine Farming	2.15m	7-½	4/13
3	Joy EVANS	JR	#3	UMaine Farming {2}	1.85m	6-¾	4/13
3	Emma BURR	FR	#1	Thomas (Maine)	1.85m	6-¾	4/13

Women's Long Jump

1	Emma BURR	FR	#1	Thomas (Maine)	5.13m	16-10 (0.8)	5/3
2	Kimberly DEAN	JR	#4	SUNY Delhi	5.00mw	16-5 (4.0)	4/6
3	Lilah WARD	SR	#5	SUNY Cobleskill	4.95m	16-3 (1.3)	4/20
4	Lexy SHANNON	SO	#1	Thomas (Maine) {2}	4.94m	16-2½ (-2.0)	3/1
5	Lilly SWYERS	SO	#5	SUNY Cobleskill {2}	4.89m	16-½ (1.4)	4/20
6	Bethanie BECKER	FR	#5	SUNY Cobleskill {3}	4.74m	15-6¾ (0.0)	4/20
7	Quinn YOUNG	JR	#2	Husson	4.41mw	14-5¾ (2.4)	4/6
8	Angelina COTONI	SO	#2	Husson {2}	4.26m	13-11¾ (0.0)	3/9
9	Tori WATKINS	SO	#1	Thomas (Maine) {3}	4.21m	13-9¾ (-0.9)	4/20
10	Nina GREGORY	SO	#2	Husson {3}	4.16m	13-7¾ (1.6)	3/2

Women's Triple Jump

1	Lilly SWYERS	SO	#5	SUNY Cobleskill	10.36m	34-0 (0.0)	4/20
2	Quinn YOUNG	JR	#2	Husson	9.54mw	31-3¾ (3.4)	4/6
3	Nina GREGORY	SO	#2	Husson {2}	8.53m	28-0 (1.0)	3/9

Women's Shot Put

1	Mary DISANTO	SR	#1	Thomas (Maine)	11.13m	36-6¼	4/13
2	Kitty MESSINA	SR	#4	SUNY Delhi	10.58m	34-8½	4/6
3	Chelsey COTE	SO	#1	Thomas (Maine) {2}	10.44m	34-3	4/13
4	Mercedes DURDEN	SR	#7	Northern Vermo	10.08m	33-1	3/30
5	Emma BURR	FR	#1	Thomas (Maine) {3}	9.68m	31-9¼	4/20
6	Liz BOWMAN	SO	#1	Thomas (Maine) {4}	9.47m	31-1	3/8
7	Aaralyn SCROGGINS	JR	#2	Husson	9.41m	30-10½	4/6
8	Katelynn REYNOLDS	SO	#2	Husson {2}	9.25m	30-4¼	4/13
9	Katharine ELLIOTT	FR	#1	Thomas (Maine) {5}	9.09m	29-10	3/8
10	Kaitlyn HARMON-BOLDING	JR	#3	UMaine Farming	8.94m	29-4	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NAC

as of 5/7/2024 6:44:20 AM ET

Women's Discus

1	48	Mary DISANTO	SR	#1 Thomas (Maine)	42.16m	138-4	5/3
2		Mercedes DURDEN	SR	#7 Northern Vermo	33.10m	108-7	4/20
3		Kaitlyn HARMON-BOLDING	JR	#3 UMaine Farming	31.62m	103-9	4/20
4		Dory GOOSELIN	SO	#5 SUNY Cobleskill	31.61m	103-9	4/20
5		Chelsey COTE	SO	#1 Thomas (Maine) {2}	31.01m	101-9	4/20
6		Megan FLETCHER	SO	#2 Husson	29.01m	95-2¼	4/20
7		Kitty MESSINA	SR	#4 SUNY Delhi	28.44m	93-3¾	3/30
8		Aaralyn SCROGGINS	JR	#2 Husson	{2} 27.76m	91-1	4/6
9		Katelynn REYNOLDS	SO	#2 Husson	{3} 27.30m	89-6¾	4/20
10		Alyssa COLE	SO	#4 SUNY Delhi	{2} 26.97m	88-6	4/20

Women's Hammer

1		Kitty MESSINA	SR	#4 SUNY Delhi	43.62m	143-2	4/13
2		Emily HARGREAVES	SR	#3 UMaine Farming	38.46m	126-2	4/6
3		Megan FLETCHER	SO	#2 Husson	36.87m	121-0	4/20
4		Katharine ELLIOTT	FR	#1 Thomas (Maine)	36.36m	119-4	4/20
5		Ilana LYBARGER	SR	#3 UMaine Farming {2}	35.35m	116-0	4/13
6		Bailee MALLET	SR	#1 Thomas (Maine) {2}	34.53m	113-4	4/20
7		Aaralyn SCROGGINS	JR	#2 Husson	{2} 33.65m	110-5	3/9
8		Kaitlyn HARMON-BOLDING	JR	#3 UMaine Farming {3}	32.90m	107-11	4/13
9		Paige NOVAK	SO	#8 SUNY Morrisville	32.82m	107-8	4/7
10		Katelynn REYNOLDS	SO	#2 Husson	{3} 31.94m	104-10	4/20

Women's Javelin

1		Julia RENY	JR	#1 Thomas (Maine)	36.61m	120-2	5/3
2		Abbie CONLOGUE	FR	#2 Husson	34.85m	114-4	4/6
3		Kitty MESSINA	SR	#4 SUNY Delhi	32.29m	105-11	4/20
4		Emma BURR	FR	#1 Thomas (Maine) {2}	31.28m	102-8	4/13
5		Alyssa COLE	SO	#4 SUNY Delhi	{2} 27.49m	90-2¼	3/30
6		Megan FLETCHER	SO	#2 Husson	{2} 25.28m	82-11¼	3/9
7		Tori WATKINS	SO	#1 Thomas (Maine) {3}	24.08m	79-0	4/13
8		Hannah MILLIKEN	FR	#3 UMaine Farming	23.94m	78-6½	3/30
9		Madisyn PETRUCCI	SO	#9 UMaine Presque	23.44m	76-11	3/30
10		Marissa HAVEY	SR	#9 UMaine Presque {2}	22.82m	74-10½	3/30

Women's Heptathlon

1	25	Emma BURR	FR	#1 Thomas (Maine)	4,461	5/3
---	----	-----------	----	-------------------	-------	-----



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NACC

as of 5/7/2024 6:44:20 AM ET

Women's 100 Meters

1	18	Lauren BLIEFERNICHT	JR	#2	Aurora	11.93w	(2.1)	5/4
2	86	Jenna ZAHORIK	SR	#3	Concordia Wisco	12.28w	(2.1)	5/4
3	96	Nicole MAKOPE	JR	#1	St. Norbert	12.31w	(2.1)	5/4
4		Grace KORGER-MITCHELL	JR	#6	Edgewood	12.38w	(2.1)	5/4
5		Sabrina MOORE	JR	#3	Concordia Wisco{2}	12.39w	(2.1)	5/4
6		Janae JENSEN	SR	#8	Wisconsin Luthe	12.55w	(2.1)	5/4
7		Gillian MCDANIEL	SO	#4	MSOE	12.82w	(2.1)	5/4
8		Katie SMITH	FR	#1	St. Norbert	{2} 12.85	(0.1)	4/6
9		Ellie STAEHLING	JR	#1	St. Norbert	{3} 13.06	(1.7)	4/27
10		Michelle WATSON	JR	#9	Benedictine (Ill.)	13.07	(0.0)	4/25

Women's 100 Meter Hurdles

1	50	Eve SHELTON	JR	#5	Concordia Chica	14.79	(0.5)	5/4
2	75	Skylar GIBBS	JR	#2	Aurora	15.02	(0.5)	5/4
3	83	Maya HIELSCHER	JR	#3	Concordia Wisco	15.09	(0.5)	5/4
4	90	Jerzey ALLEN	JR	#5	Concordia Chica{2}	15.15	(0.5)	5/4
5		Gretchen SCHWARZ	FR	#1	St. Norbert	15.40	(0.5)	5/4
6		Mary DIETZ	SO	#2	Aurora	{2} 15.49	(1.5)	4/13
7		Larissa HUFFMAN	FR	#1	St. Norbert	{2} 15.91	(0.9)	3/15
8		Lauren BORCHARDT	JR	#1	St. Norbert	{3} 15.95	(0.5)	5/4
9		Eden MARANELL	FR	#1	St. Norbert	{4} 16.04	(0.4)	4/6
10		Michelle WATSON	JR	#9	Benedictine (Ill.)	16.09	(0.1)	4/25

Women's 200 Meters

1	61	Lauren BLIEFERNICHT	JR	#2	Aurora	24.98w	(2.1)	4/20
2		Jenna ZAHORIK	SR	#3	Concordia Wisco	25.44w	(2.4)	4/27
3		Janae JENSEN	SR	#8	Wisconsin Luthe	25.93w	(2.1)	5/4
4		Nicole MAKOPE	JR	#1	St. Norbert	26.19w	(2.1)	5/4
5		Eden MARANELL	FR	#1	St. Norbert	{2} 26.21	(0.9)	3/28
6		Sabrina MOORE	JR	#3	Concordia Wisco{2}	26.25	(1.9)	4/27
7		Skylar GIBBS	JR	#2	Aurora	{2} 26.42c	(26.83) / (1.0)	4/20
8		Amelia MOSEMAN	SO	#7	Illinois Tech	26.48w	(2.1)	5/4
9		Zoe TURNER	SO	#7	Illinois Tech	{2} 26.72	(1.6)	3/29
10		Aniyah ISOM	JR	#5	Concordia Chica	26.77	(-4.2)	4/13

Women's 400 Meters

1	36	Eden MARANELL	FR	#1	St. Norbert	56.83		5/4
2	72	Amelia MOSEMAN	SO	#7	Illinois Tech	57.66		5/4
3		Julie DUNKEL	SR	#1	St. Norbert	{2} 59.25		5/4
4		Adryana BURTS	SR	#9	Benedictine (Ill.)	59.92		5/4
5		Emma ZIEPKE	SO	#10	Lakeland (Wis.)	1:00.18		5/4
6		Ari MACK	JR	#2	Aurora	1:00.34		5/4
7		Madison ETHERIDGE	JR	#2	Aurora	{2} 1:00.89		4/13
8		Zoe TURNER	SO	#7	Illinois Tech	{2} 1:01.13		4/6
9		Deyanneira COLON MALDONADO	JR	#2	Aurora	{3} 1:01.29		4/20
10		Nikki TRANEL	JR	#1	St. Norbert	{3} 1:01.81		5/4

Women's 400 Meter Hurdles

1	79	Eden MARANELL	FR	#1	St. Norbert	1:05.47		5/4
2		Eve SHELTON	JR	#5	Concordia Chica	1:06.58		5/4
3		Skylar GIBBS	JR	#2	Aurora	1:06.68		5/4
4		MacKenzie BOLLIS	SR	#4	MSOE	1:09.07		5/4
5		Olivia EBEL	FR	#3	Concordia Wisco	1:09.36		5/4
6		Maddie HIPSHIRE	FR	#5	Concordia Chica{2}	1:10.55		5/4
7		Emma EILERTSON	FR	#3	Concordia Wisco{2}	1:11.30		4/13
8		Emily GUY	FR	#10	Lakeland (Wis.)	1:12.52		4/20
9		Sam BARRETT	JR	#2	Aurora	{2} 1:13.13		5/4
10		Larissa HUFFMAN	FR	#1	St. Norbert	{2} 1:13.53		4/13

Women's 800 Meters

1		Madison ETHERIDGE	JR	#2	Aurora	2:17.47		5/4
2		Deyanneira COLON MALDONADO	JR	#2	Aurora	{2} 2:18.48		4/20
3		Carolyn EVERS	SR	#6	Edgewood	2:19.24		5/4
4		Kera RILEY	FR	#1	St. Norbert	2:20.31		5/4
5		Ashlee MUELLER	SR	#8	Wisconsin Luthe	2:21.81		5/4
6		Olivia SHIP	JR	#1	St. Norbert	{2} 2:23.90		5/4
7		Savannah VASQUEZ	FR	#2	Aurora	{3} 2:24.70		4/13
8		Danielle VAN GRINSVEN	SO	#3	Concordia Wisco	2:25.06		5/4
9		Izzy FAIRLESS	FR	#5	Concordia Chica	2:26.67		5/4
10		Tegan OAS	JR	#5	Concordia Chica{2}	2:26.92		5/4

Women's 1500 Meters

1	20	Deyanneira COLON MALDONADO	JR	#2	Aurora	4:31.01		4/20
2	74	Kaitlyn RODMAN	SR	#4	MSOE	4:39.46		5/4
3		Ally VERBAUWHEDE	SR	#6	Edgewood	4:42.35		5/4
4		N'Dya FIELDS	SO	#2	Aurora	{2} 4:50.79		4/13
5		Madison ETHERIDGE	JR	#2	Aurora	{3} 4:50.96		4/20
6		Melanie ARVIS	SO	#3	Concordia Wisco	4:54.63		5/4
7		Faith MERTZIG	SR	#1	St. Norbert	4:57.07		5/4
8		Savannah VASQUEZ	FR	#2	Aurora	{4} 4:58.18		4/6
9		Olivia SHIP	JR	#1	St. Norbert	{2} 4:58.50		4/6
10		Anessa YIM	JR	#3	Concordia Wisco{2}	4:58.93		4/6

Women's Steeplechase

1	79	Anessa YIM	JR	#3	Concordia Wisco	11:26.12		5/4
2	93	Abby LIESEN	JR	#2	Aurora	11:34.05		5/4
3		Emma AHRENS	FR	#3	Concordia Wisco{2}	11:43.38		5/4
4		Ellee GRUNWALD	JR	#1	St. Norbert	12:27.68		5/4
5		Carsen GATZ	SR	#1	St. Norbert	{2} 12:31.24		4/13
6		Emma JASUTIS	FR	#2	Aurora	{2} 12:31.59		4/20
7		Ariel MARTINEZ	JR	#5	Concordia Chica	12:38.05		5/4
8		Sabryn BLEY	JR	#4	MSOE	12:41.39		5/4
9		Maya THOMPSON	FR	#6	Edgewood	13:04.04		5/4
10		Rachel HOMAN	FR	#8	Wisconsin Luthe	13:35.68		5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NACC

as of 5/7/2024 6:44:21 AM ET

Women's 5000 Meters

1	12	Deyanneira COLON MALDONADO	JR	#2	Aurora	16:34.97	4/13
2	45	Ally VERBAUWHEDE	SR	#6	Edgewood	17:12.07	4/13
3	77	Kaitlyn RODMAN	SR	#4	MSOE	17:31.49	4/20
4		Emma AHRENS	FR	#3	Concordia Wisco	18:00.64	4/20
5		Madison ETHERIDGE	JR	#2	Aurora	{2} 18:11.58	4/13
6		Anessa YIM	JR	#3	Concordia Wisco	{2} 18:14.46	4/20
7		Abby LIESEN	JR	#2	Aurora	{3} 18:45.05	4/13
8		Faith MERTZIG	SR	#1	St. Norbert	18:57.57	4/13
9		Chloe PIERSON	SR	#1	St. Norbert	{2} 18:59.76	4/13
10		N'Dya FIELDS	SO	#2	Aurora	{4} 19:05.40	4/13

Women's 10,000 Meters

1	9	Ally VERBAUWHEDE	SR	#6	Edgewood	35:09.84	3/29
2		Abby LIESEN	JR	#2	Aurora	39:21.11	3/29
3		Brenna CISLER	SR	#1	St. Norbert	39:48.61	3/28
4		Faith MERTZIG	SR	#1	St. Norbert	{2} 39:59.23	3/28
5		Anessa YIM	JR	#3	Concordia Wisco	40:20.21	5/4
6		Emma AHRENS	FR	#3	Concordia Wisco	{2} 40:52.94	5/4
7		Ella JERDEE	SO	#1	St. Norbert	{3} 41:12.78	5/4
8		Holly BLEY	FR	#4	MSOE	41:20.88	4/20
9		Emily FETZER	JR	#2	Aurora	{2} 41:36.88	4/6
10		Alicia KAWA	FR	#3	Concordia Wisco	{3} 42:09.91	5/4

Women's 4x100 Relay

1	65	Maya Hielscher, Jenna Zahorik, Emma Eilertson, Sabrina Moore		#3	Concordia Wisco	48.66	5/4
2	92	Ellie Staehling, Katie Smith, Gracie Wolfe, Nicole Makope		#1	St. Norbert	49.30	5/4
3	95	Ari Mack, Lauren Bliefernicht, Grace Beilfuss, Mary Dietz		#2	Aurora	49.36	4/20
4		Jerzey Allen, Aniyah Isom, Eve Shelton, Daisia Wilson		#5	Concordia Chica	50.63	5/4
5		Michaela Jones, Jordan Lawson, Kayla Kerkman, Grace Korger-Mitchell		#6	Edgewood	50.87	5/4
6		Brooke Ly, MacKenzie Bollis, Abigail Smith, Gillian McDaniel		#4	MSOE	51.69	5/4
7		Rachel Romens, Madelyn Vanderhoof, Elizabeth Eilertson, Janae Jensen		#8	Wisconsin Luthe	51.79	4/12

Women's 4x400 Relay

1	81	Ari Mack, Lauren Bliefernicht, Deyanneira Colon Maldonado, Madison Etheridge		#2	Aurora	4:03.33	5/4
2		Olivia Jameson, Annika McKown, Zoe Turner, Amelia Moseman		#7	Illinois Tech	4:13.19	5/4
3		Julie Dunkel, Bijou Phillips, Ally Zickert, Kera Riley		#1	St. Norbert	4:13.98	5/4
4		Eve Shelton, Izzy Fairless, Maddie Hipshire, Tegan Oas		#5	Concordia Chica	4:14.83	5/4
5		Kayla Kerkman, Jordan Lawson, Michaela Jones, Carolyn Evers		#6	Edgewood	4:18.45	5/4
6		Olivia Ebel, Mikayla Becker, Melanie Arvis, Danielle Van Grinsven		#3	Concordia Wisco	4:20.11	5/4
7		Rachel Homan, Ashlee Mueller, Madelyn Beyer, Emily Herried		#8	Wisconsin Luthe	4:21.79	5/4
8		MacKenzie Bollis, Megan Ruffing, Madeline Griffith, Kaitlyn Rodman		#4	MSOE	4:41.58	4/12

Women's High Jump

1	15	Olivia JAMESON	SO	#7	Illinois Tech	1.68m	5-6	4/25
2	70	Rachel ROMENS	JR	#8	Wisconsin Luthe	1.60m	5-3	4/6
3		Alayna KOEHLER	JR	#2	Aurora	1.58m	5-2¼	5/4
4		Emma EILERTSON	FR	#3	Concordia Wisco	1.56m	5-1¼	5/4
5		Larissa HUFFMAN	FR	#1	St. Norbert	1.55m	5-1	5/4
6		Eden MARANELL	FR	#1	St. Norbert	{2} 1.54m	5-½	4/20
7		Maya HIELSCHER	JR	#3	Concordia Wisco	{2} 1.53m	5-¼	4/13
7		Annika MCKOWN	SO	#7	Illinois Tech	{2} 1.53m	5-¼	3/29
9		Keyara BAILEY	SO	#2	Aurora	{2} 1.51m	4-11½	5/4
10		Noor SAMMOUR	SO	#5	Concordia Chica	1.50m	4-11	4/13

Women's Pole Vault

1	94	Carly GRIESEMER	SO	#3	Concordia Wisco	3.36m	11-¼	4/13
2		Lara DESHLER	SO	#1	St. Norbert	3.21m	10-6¼	4/6
3		Isabella GALINDO	SO	#1	St. Norbert	{2} 3.18m	10-5¼	5/4
4		Olivia MCMATH	FR	#7	Illinois Tech	2.88m	9-5¼	5/4
4		Grace MENZIA	SR	#4	MSOE	2.88m	9-5¼	5/4
6		Jaden PROPSON	FR	#1	St. Norbert	{3} 2.76m	9-½	3/28
6		Lexa WITTMACK	FR	#1	St. Norbert	{3} 2.76m	9-½	4/25
8		Emma NICKERSON	FR	#5	Concordia Chica	2.70m	8-10¼	4/20
8		Katheryn RUTHERFORD	FR	#2	Aurora	2.70m	8-10¼	4/13
10		Ellison LILYQUIST	FR	#1	St. Norbert	{5} 2.61m	8-6¾	3/28



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NACC

as of 5/7/2024 6:44:21 AM ET

Women's Long Jump

1	Maya HIELSCHER	JR	#3	Concordia Wisco	5.39mw	17-8¼ (2.8)	4/27
2	Grace KORGER-MITCHELL	JR	#6	Edgewood	5.34m	17-6¼ (0.0)	4/13
2	Nicole MAKOPE	JR	#1	St. Norbert	5.34mw	17-6¼ (2.1)	3/15
4	Marissa LORENZ	JR	#1	St. Norbert	{2} 5.33mw	17-6 (3.2)	4/27
5	Rachel ROMENS	JR	#8	Wisconsin Luthe	5.32m	17-5½ (0.9)	3/28
6	Sabrina MOORE	JR	#3	Concordia Wisco	{2} 5.21mw	17-1¼ (3.0)	4/6
7	Aniyah ISOM	JR	#5	Concordia Chica	5.18m	17-0 (1.8)	5/4
8	Chloe BARTLETT	FR	#10	Lakeland (Wis.)	5.14mw	16-10½ (3.6)	4/27
9	Alli CLARK	FR	#1	St. Norbert	{3} 5.10mw	16-8¾ (3.2)	3/28
10	Ayah MUSTAFA	JR	#9	Benedictine (Ill.)	5.04m	16-6½ (-0.1)	5/4

Women's Triple Jump

1	42	Eden MARANELL	FR	#1	St. Norbert	11.53m	37-10 (2.0)	3/15
2	86	Marissa LORENZ	JR	#1	St. Norbert	{2} 11.19m	36-8½ (0.7)	5/4
3	96	Rachel ROMENS	JR	#8	Wisconsin Luthe	11.16m	36-7½ (0.1)	5/4
3	96	Amereka MCPHERSON	SO	#1	St. Norbert	{3} 11.16m	36-7½ (1.4)	4/6
5		Gillian SPUHLER	SR	#4	MSOE	11.06m	36-3½ (1.5)	5/4
6		Alli CLARK	FR	#1	St. Norbert	{4} 10.89m	35-8¾ (1.9)	5/4
7		Gillian MCDANIEL	SO	#4	MSOE	{2} 10.87m	35-8 (0.3)	5/4
8		Nicole MAKOPE	JR	#1	St. Norbert	{5} 10.78mw	35-4½ (2.5)	5/4
9		Akira LEBRON	JR	#4	MSOE	{3} 10.72m	35-2 (0.0)	5/4
10		Faustyna KARPIESIUKE	SR	#2	Aurora	10.56m	34-7¾ (0.0)	5/4

Women's Shot Put

1	23	Jessa ALDERMAN	SO	#4	MSOE	13.51m	44-4	5/4
2	57	Peyton PANKA	SO	#1	St. Norbert	12.84m	42-1½	3/30
3	73	Silja ERICKSON	SR	#2	Aurora	12.56m	41-2½	5/4
4	76	Josephine JACKLIN	SO	#4	MSOE	{2} 12.53m	41-1½	4/5
5	85	Heidi WILLIAMS	FR	#4	MSOE	{3} 12.44m	40-9¾	4/12
6	89	Jordan MONROE	FR	#4	MSOE	{4} 12.39m	40-7¾	5/4
7		Kylee DOHERTY	SO	#6	Edgewood	12.19m	40-0	4/20
8		Kayla MIOTK	FR	#6	Edgewood	{2} 12.15m	39-10½	4/25
9		Taylor THIRY	SO	#1	St. Norbert	{2} 12.13m	39-9¾	4/27
10		Kylie CRUM	SO	#4	MSOE	{5} 12.01m	39-5	5/4

Women's Discus

1	13	Kylee DOHERTY	SO	#6	Edgewood	44.95m	147-6	3/28
2	29	Jessa ALDERMAN	SO	#4	MSOE	43.29m	142-1	4/20
3	95	Silja ERICKSON	SR	#2	Aurora	39.97m	131-2	3/29
4		Josephine JACKLIN	SO	#4	MSOE	{2} 38.94m	127-9	5/4
5		Ava LARSON	JR	#4	MSOE	{3} 38.51m	126-4	4/5
6		Taylor THIRY	SO	#1	St. Norbert	38.50m	126-4	4/19
7		Gabrielle HARDING	SR	#5	Concordia Chica	37.88m	124-4	4/20
8		Leah SCHMIDT	SO	#8	Wisconsin Luthe	37.53m	123-2	5/4
9		Keilley RIDDLE	FR	#6	Edgewood	{2} 37.00m	121-5	3/28
10		Jolie FOREMAN	SO	#1	St. Norbert	{2} 36.87m	121-0	4/27

Women's Hammer

1	61	Kylie CRUM	SO	#4	MSOE	48.42m	158-10	5/4
2	67	Gabrielle HARDING	SR	#5	Concordia Chica	48.00m	157-6	4/13
3	97	Ava LARSON	JR	#4	MSOE	{2} 46.70m	153-3	5/4
4		Gloria TYLER	JR	#1	St. Norbert	44.16m	144-11	4/6
5		Jessa ALDERMAN	SO	#4	MSOE	{3} 42.96m	141-0	3/28
6		Jordan MONROE	FR	#4	MSOE	{4} 42.44m	139-3	5/4
7		Peyton PANKA	SO	#1	St. Norbert	{2} 42.01m	137-10	4/13
8		Josephine JACKLIN	SO	#4	MSOE	{5} 41.81m	137-2	4/20
9		Leah SCHMIDT	SO	#8	Wisconsin Luthe	41.77m	137-1	5/4
10		Kayla STARNES	JR	#1	St. Norbert	{3} 39.93m	131-0	4/13

Women's Javelin

1	16	Peyton PANKA	SO	#1	St. Norbert	41.01m	134-7	4/13
2	20	Maya HIELSCHER	JR	#3	Concordia Wisco	40.81m	133-11	5/4
3		Kylee DOHERTY	SO	#6	Edgewood	36.57m	120-0	3/28
4		Alex PEIFER	FR	#7	Illinois Tech	34.93m	114-7	5/4
5		Ashlyn NAKASHIMA	JR	#2	Aurora	34.33m	112-8	3/29
5		Akira LEBRON	JR	#4	MSOE	34.33m	112-8	4/5
7		Olivia MCMATH	FR	#7	Illinois Tech	{2} 33.19m	108-11	4/25
8		Ellison LILYQUIST	FR	#1	St. Norbert	{2} 33.14m	108-9	5/4
9		Jamie MAAS	SO	#3	Concordia Wisco	{2} 32.10m	105-4	5/4
10		Tegan OAS	JR	#5	Concordia Chica	31.77m	104-3	4/13

Women's Heptathlon

1	44	Eden MARANELL	FR	#1	St. Norbert	4,183		4/20
2	65	Skylar GIBBS	JR	#2	Aurora	3,892		5/4
3	86	Larissa HUFFMAN	FR	#1	St. Norbert	{2} 3,688		5/4
4	88	Alayna KOEHLER	JR	#2	Aurora	{2} 3,683		5/4
5		Annika MCKOWN	SO	#7	Illinois Tech	3,328		5/4
6		Ally ZICKERT	JR	#1	St. Norbert	{3} 3,025		5/4
7		Morgan BOZE	JR	#4	MSOE	2,833		5/4
8		Laci HOEKSEMA	SO	#1	St. Norbert	{4} 2,777		5/4
9		Jaime SEIBERT	SR	#5	Concordia Chica	2,756		5/4
10		Elizabeth VAN RIXEL	SO	#3	Concordia Wisco	2,658		5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NCAC

as of 5/7/2024 6:44:21 AM ET

Women's 100 Meters

1	48	Anaya JOLIVETTE	JR	#5	Denison	12.14	(-0.4)	5/4
2	78	Meghan FRAZIER	JR	#2	Wittenberg	12.25w	(3.0)	4/13
3		Haleigh WILLISON	JR	#2	Wittenberg	{2} 12.46w	(2.1)	3/30
4		Zora SHAKHAN	JR	#2	Wittenberg	{3} 12.53	(-0.1)	5/4
5		Shelby STALL	FR	#1	DePauw	12.55	(0.9)	4/27
6		Ryley STEGGALL	SO	#6	Oberlin	12.63	(2.0)	4/6
7		Drew PATTERSON	SR	#4	Wooster	12.77	(2.0)	4/6
8		Lindsey MAGOTEAUX	JR	#2	Wittenberg	{4} 12.84	(-0.1)	5/4
9		Elizabeth RABORN	FR	#1	DePauw	{2} 12.91w	(2.4)	4/13
10		Jenna DELP	FR	#2	Wittenberg	{5} 12.96	(0.9)	4/20

Women's 100 Meter Hurdles

1	8	Daysia HARGRAVE	JR	#4	Wooster	14.11	(-0.2)	4/20
2	56	Katie MOORE	JR	#1	DePauw	14.83w	(2.4)	3/16
3	83	Liberty SCOTT	FR	#1	DePauw	{2} 15.09	(1.2)	5/4
4		Trezure BATES	FR	#8	Hiram	15.54	(1.7)	4/20
5		Katie MCKINLEY	JR	#1	DePauw	{3} 15.58	(1.2)	5/4
6		Reese NEUMEYER	JR	#2	Wittenberg	15.62	(0.9)	5/4
7		Mary SIROIS	SR	#4	Wooster	{2} 15.78	(0.9)	5/4
8		Coral PIERSON	SO	#3	Ohio Wesleyan	15.79	(0.9)	5/4
9		Sydney BROWN	SO	#5	Denison	15.86	(0.4)	4/28
10		Emma GRAY	FR	#1	DePauw	{4} 15.89w	(2.4)	3/16

Women's 200 Meters

1	12	Shelby STALL	FR	#1	DePauw	24.42cw	(24.80) (3.9)	4/27
2	41	Anaya JOLIVETTE	JR	#5	Denison	24.86	(0.0)	5/4
3	50	Meghan FRAZIER	JR	#2	Wittenberg	24.94	(0.0)	5/4
4		Sophia ELLERKMANN	SR	#5	Denison	{2} 25.34	(-0.1)	5/4
5		Haleigh WILLISON	JR	#2	Wittenberg	{2} 25.53	(-1.3)	3/30
6		Addystin LYKINS	JR	#3	Ohio Wesleyan	25.87	(0.0)	5/4
7		Hayden HILL	SR	#6	Oberlin	25.89	(1.2)	4/28
8		Daysia HARGRAVE	JR	#4	Wooster	25.94	(1.2)	4/28
9		Sarah MAZZEI	JR	#3	Ohio Wesleyan	{2} 26.24		4/26
9		Ryley STEGGALL	SO	#6	Oberlin	{2} 26.24	(1.6)	4/20

Women's 400 Meters

1	20	Sophia ELLERKMANN	SR	#5	Denison	56.30		4/6
2	52	Meghan FRAZIER	JR	#2	Wittenberg	57.33		4/6
3	63	Addystin LYKINS	JR	#3	Ohio Wesleyan	57.55		5/4
4	79	Shelby STALL	FR	#1	DePauw	57.78		3/30
5		Tymeerah DE'ARMOND	SO	#2	Wittenberg	{2} 58.48		4/13
6		Hayden HILL	SR	#6	Oberlin	58.96		5/4
7		Abigail DANNE	SO	#2	Wittenberg	{3} 59.74		5/4
8		Libby HORNICK	FR	#5	Denison	{2} 59.86		5/4
9		Hallie HAINES	FR	#2	Wittenberg	{4} 59.93		5/4
10		Delaney TACKETT	SO	#2	Wittenberg	{5} 59.96		5/4

Women's 400 Meter Hurdles

1	14	Katie MOORE	JR	#1	DePauw	1:02.93		5/4
2	26	Daysia HARGRAVE	JR	#4	Wooster	1:03.45		5/4
3	41	Liberty SCOTT	FR	#1	DePauw	{2} 1:04.23		5/4
4	85	Aliisa JAMES	JR	#3	Ohio Wesleyan	1:05.65		5/4
5	97	Reese NEUMEYER	JR	#2	Wittenberg	1:06.17		5/4
6		Brianna MONTGOMERY	FR	#3	Ohio Wesleyan	{2} 1:06.78		5/4
7		Katie MCKINLEY	JR	#1	DePauw	{3} 1:06.82		5/4
8		Haley TROY	FR	#2	Wittenberg	{2} 1:07.80		5/4
9		Emma GRAY	FR	#1	DePauw	{4} 1:07.98		4/6
10		Ava SINEX	FR	#5	Denison	1:08.32		4/13

Women's 800 Meters

1	79	Anna BROWN	SO	#7	Kenyon	2:16.28		3/30
2	81	Annalise GRAMMEL	SR	#1	DePauw	2:16.30		4/13
3	99	McKenna DOWNING	SO	#3	Ohio Wesleyan	2:16.96		5/4
4		Emma JACOBS	JR	#1	DePauw	{2} 2:17.27		4/13
5		Ava KNIGHT	SO	#1	DePauw	{3} 2:17.51		5/4
6		Katelyn STAPLETON	SO	#3	Ohio Wesleyan	{2} 2:17.80		4/13
7		Sage REDDISH	JR	#6	Oberlin	2:18.03		5/4
8		Ella WOZEK	SO	#6	Oberlin	{2} 2:19.95		5/4
9		Aicha TOUNKARA	FR	#3	Ohio Wesleyan	{3} 2:21.34		5/4
10		Abigail DANNE	SO	#2	Wittenberg	2:21.91		4/20

Women's 1500 Meters

1	32	Sophie PORTER	JR	#1	DePauw	4:33.81		5/4
2	85	Lily MONNETT	JR	#1	DePauw	{2} 4:40.44		5/4
3		Zoe WARD	FR	#3	Ohio Wesleyan	4:41.85		5/4
4		Sage REDDISH	JR	#6	Oberlin	4:43.04		4/13
5		Allison DIETZ	FR	#3	Ohio Wesleyan	{2} 4:47.83		5/4
6		Athena THARENOS	SR	#4	Wooster	4:48.47		4/26
7		Margo LEE	SR	#6	Oberlin	{2} 4:48.53		5/4
8		McKenna DOWNING	SO	#3	Ohio Wesleyan	{3} 4:49.13		4/20
9		Grace FLORES	FR	#1	DePauw	{3} 4:49.50		4/13
10		Emma JACOBS	JR	#1	DePauw	{4} 4:49.74		4/19

Women's Steeplechase

1	25	Athena THARENOS	SR	#4	Wooster	10:58.09		5/4
2	70	Eliza MEDEARIS	SR	#6	Oberlin	11:22.81		5/4
3	97	Kendall MANN	JR	#1	DePauw	11:34.52		5/4
4		Chloe KRUEGER	FR	#1	DePauw	{2} 11:45.61		5/4
5		Morgan THARP	SO	#1	DePauw	{3} 11:48.92		5/4
6		Morgan ELY	SR	#2	Wittenberg	11:54.83		5/4
7		Caleigh LYONS	JR	#6	Oberlin	{2} 11:56.10		5/4
8		Taylor NOSZKA	FR	#3	Ohio Wesleyan	11:59.09		4/13
9		Elsa HOAM	FR	#3	Ohio Wesleyan	{2} 12:02.98		4/6
10		Alexis VERDELL	FR	#5	Denison	12:20.14		4/13



Conference TFRI Event Summary



NCAC

as of 5/7/2024 6:44:21 AM ET

Women's 5000 Meters

1	33	Sophie PORTER	JR	#1 DePauw	17:00.49	4/6
2	71	Lily MONNETT	JR	#1 DePauw {2}	17:29.08	3/29
3		Zoe WARD	FR	#3 Ohio Wesleyan	17:43.93	4/20
4		Brynn URBAN	JR	#1 DePauw {3}	17:49.76	4/6
5		Grace FLORES	FR	#1 DePauw {4}	17:53.71	4/6
6		Emma HAWK	SO	#2 Wittenberg	17:54.86	4/13
7		Megan KEYS	JR	#2 Wittenberg {2}	18:11.00	5/4
8		Allison DIETZ	FR	#3 Ohio Wesleyan {2}	18:12.20	4/20
9		Amzie MAIENBROOK	SO	#1 DePauw {5}	18:18.27	4/19
10		Rowan HERING	FR	#1 DePauw {6}	18:19.02	4/19

Women's 10,000 Meters

1	21	Sophie PORTER	JR	#1 DePauw	35:36.75	3/29
2	64	Emma HAWK	SO	#2 Wittenberg	36:58.51	3/29
3	83	Athena THARENOS	SR	#4 Wooster	37:40.36	3/30
4	93	Grace FLORES	FR	#1 DePauw {2}	37:53.52	3/29
5		Maddi CLARK	FR	#2 Wittenberg {2}	38:21.28	5/4
6		Amzie MAIENBROOK	SO	#1 DePauw {3}	39:07.04	5/4
7		Grace THOMAS	FR	#1 DePauw {4}	39:12.38	5/4
8		Brynn URBAN	JR	#1 DePauw {5}	39:19.50	5/4
9		Dylan KRETCHMAR	JR	#4 Wooster {2}	40:01.87	4/13
10		Corin TURKOVICH	SR	#2 Wittenberg {3}	40:05.65	5/4

Women's 4x100 Relay

1	29	Zora Shakhan, Meghan Frazier, Lindsey Magoteaux, Haleigh Willison	#2 Wittenberg	47.84	5/4
2	75	Piper Lee, Sophia Ellerkmann, Libby Hornick, Anaya Jolivet	#5 Denison	48.83	5/4
3	100	Sarah Mazzei, Addystin Lykins, Liberty Brock, Amarah McPhaul	#3 Ohio Wesleyan	49.41	4/26
4		Olivia Boe, Lillian Boston, Elizabeth Raborn, Shelby Stall	#1 DePauw	49.63	4/13
5		Drew Patterson, Isabella Cozzie, Claire Davis, Daysia Hargrave	#4 Wooster	50.00	5/4
6		Ryley Steggall, Madisyn Burke, Clara Smith, Hayden Hill	#6 Oberlin	50.91	4/13
7		Maya Virdell, Grace Neuger, Grace Sparks, Isabella Roach	#7 Kenyon	54.40	5/4
8		Janiya Robinson, Sarah Douglas, Kelsey Downs, Ranita DiMarco	#8 Hiram	56.39	5/4

Women's 4x400 Relay

1	34	Sophia Ellerkmann, Anaya Jolivet, Piper Lee, Tessa Gerhardt	#5 Denison	3:57.01	5/4
2	36	Shelby Stall, Annalise Grammel, Liberty Scott, Katie Moore	#1 DePauw	3:57.30	3/30
3	62	Abigail Danne, DeYanna Champion, Tymeerah De'Armond, Delaney Tackett	#2 Wittenberg	4:01.01	4/13
4	84	Isabella Cozzie, Ignacia Mendez, Athena Tharenos, Daysia Hargrave	#4 Wooster	4:03.43	5/4
5	85	Brianna Montgomery, Addystin Lykins, Ashley Beatty, Katelyn Stapleton	#3 Ohio Wesleyan	4:03.45	5/4
6		Clara Smith, Hayden Hill, Sage Reddish, Ella Wozek	#6 Oberlin	4:07.18	4/20
7		Anna Brown, Maya Virdell, Rigby Zentner, Jean Cook	#7 Kenyon	4:12.33	5/4

Women's High Jump

1	4	Taylor WEISS	JR	#2 Wittenberg	1.70m	5-7	4/19
2	9	Julissa WILLIAMS	JR	#2 Wittenberg {2}	1.69m	5-6½	5/4
3	35	Hayden HILL	SR	#6 Oberlin	1.64m	5-4½	4/28
4	92	Drew PATTERSON	SR	#4 Wooster	1.59m	5-2½	4/6
5		Amarah MCPHAUL	FR	#3 Ohio Wesleyan	1.55m	5-1	5/4
6		Anna LERVICK	FR	#1 DePauw	1.53m	5-¼	4/13
7		Hallie HAINES	FR	#2 Wittenberg {3}	1.50m	4-11	4/6
7		Ziciah GIBSON	SO	#2 Wittenberg {3}	1.50m	4-11	5/4
7		Abby HARTMAN	JR	#1 DePauw {2}	1.50m	4-11	3/30
10		Ava KLANN	JR	#3 Ohio Wesleyan {2}	1.45m	4-9	3/23
10		Maia DOESCHER	SR	#4 Wooster {2}	1.45m	4-9	4/20

Women's Pole Vault

1	35	Tiffany HIX	SO	#2 Wittenberg	3.60m	11-9¾	4/13
2	57	Claire COLEMAN	SO	#3 Ohio Wesleyan	3.50m	11-5¾	4/20
3	94	Emma STEMEN	SR	#1 DePauw	3.36m	11-¼	5/4
4		Story LAING	FR	#2 Wittenberg {2}	3.26m	10-8¼	5/4
4		Addie BECK	FR	#3 Ohio Wesleyan {2}	3.26m	10-8¼	4/13
6		Sarah HIESTAND	SO	#4 Wooster	3.11m	10-2½	5/4
7		Celeste SWIHART	SO	#3 Ohio Wesleyan {3}	3.05m	10-0	4/20
8		Brooklyn HELLER	SR	#5 Denison	2.96m	9-8½	4/13
9		Lily VAUGHT	SO	#1 DePauw {2}	2.91m	9-6½	4/13
10		Trezure BATES	FR	#8 Hiram	2.90m	9-6¼	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NCAC

as of 5/7/2024 6:44:21 AM ET

Women's Long Jump

1	87	Jenna DELP	FR	#2	Wittenberg	5.45m	17-10¾ (2.0)	4/20
2		Anaya JOLIVETTE	JR	#5	Denison	5.28m	17-4 (0.0)	5/4
3		Paula SORIC	JR	#7	Kenyon	5.19m	17-½ (-1.0)	5/4
4		Julissa WILLIAMS	JR	#2	Wittenberg	{2} 5.17m	16-11½ (0.3)	3/30
5		Katie MOORE	JR	#1	DePauw	5.14mw	16-10½ (2.3)	3/30
6		Gnyiah BROWN	FR	#2	Wittenberg	{3} 5.13m	16-10 (0.0)	5/4
7		Michaela STRODER	FR	#2	Wittenberg	{4} 5.05m	16-7 (-0.8)	4/27
7		Anna FRITZ	SO	#6	Oberlin	5.05m	16-7 (0.0)	5/4
9		Emily LOERA	SO	#1	DePauw	{2} 5.02m	16-5¾ (1.6)	3/30
10		Madison WELCH	SO	#1	DePauw	{3} 4.99m	16-4½ (0.3)	4/13

Women's Triple Jump

1	53	Paula SORIC	JR	#7	Kenyon	11.40m	37-5 (1.0)	3/16
2	63	Tiffany HIX	SO	#2	Wittenberg	11.34m	37-2½ (0.2)	4/20
3	86	Tessa KOCHERT	SO	#1	DePauw	11.19m	36-8½ (0.0)	4/27
4		Gnyiah BROWN	FR	#2	Wittenberg	{2} 10.85mw	35-7¼ (3.3)	3/30
5		Taylor WEISS	JR	#2	Wittenberg	{3} 10.68m	35-½ (0.1)	3/30
6		Hayden HILL	SR	#6	Oberlin	10.65m	34-11¼ (-0)	5/4
7		Anna LERVICK	FR	#1	DePauw	{2} 10.46m	34-4 (1.1)	4/13
8		Rainer YAEGER	SR	#5	Denison	10.34m	33-11¼	4/26
9		Drew PATTERSON	SR	#4	Wooster	10.27m	33-8½ (1.1)	3/16
10		Reese NEUMEYER	JR	#2	Wittenberg	{4} 10.24m	33-7¼ (0.3)	4/19

Women's Shot Put

1	68	Mila NOEL	FR	#3	Ohio Wesleyan	12.65m	41-6	5/4
2	80	Evie SANFORD	SO	#4	Wooster	12.51m	41-½	5/4
3	98	Sydney FLORES	SO	#5	Denison	12.32m	40-5	5/4
4		Aidan ORTH	SO	#2	Wittenberg	12.26m	40-2¾	5/4
5		Ainsley WIESNER	SR	#4	Wooster	{2} 12.06m	39-6¾	5/4
6		Ari MCPHETERS		#3	Ohio Wesleyan	{2} 12.00m	39-4½	4/6
7		Kylee SILVERMAN	SR	#5	Denison	{2} 11.69m	38-4¼	3/23
8		Bree MAHONEY-SUTHERLAND	JR	#1	DePauw	11.65m	38-2¾	4/13
9		Emma DOERMAN	SO	#2	Wittenberg	{2} 11.62m	38-1½	4/6
10		Samantha VOLPE	FR	#8	Hiram	11.23m	36-10¼	4/27

Women's Discus

1	66	Abby CANNON	SR	#6	Oberlin	41.06m	134-9	4/26
2		Sydney FLORES	SO	#5	Denison	39.85m	130-9	5/4
3		Aidan ORTH	SO	#2	Wittenberg	39.84m	130-9	4/26
4		Emily DAVIS	SO	#3	Ohio Wesleyan	38.84m	127-5	5/4
5		Evie SANFORD	SO	#4	Wooster	38.77m	127-3	4/20
6		Samantha VOLPE	FR	#8	Hiram	38.58m	126-7	5/4
7		Kylee SILVERMAN	SR	#5	Denison	{2} 35.72m	117-2	4/26
8		Mariel DROST	FR	#5	Denison	{3} 34.83m	114-3	5/4
9		Addison DISMAN	FR	#8	Hiram	{2} 33.34m	109-5	4/13
10		Leanna PLANK	FR	#4	Wooster	{2} 33.32m	109-4	5/4

Women's Hammer

1	13	Ainsley WIESNER	SR	#4	Wooster	53.70m	176-2	4/20
2	54	Abby CANNON	SR	#6	Oberlin	48.92m	160-6	4/26
3	79	Kylee SILVERMAN	SR	#5	Denison	47.46m	155-9	4/13
4	92	Amy POLLACK	SR	#5	Denison	{2} 47.09m	154-6	5/4
5		Aidan ORTH	SO	#2	Wittenberg	42.83m	140-6	5/4
6		Mariel DROST	FR	#5	Denison	{3} 42.35m	139-0	5/4
7		Samarah DESTIN	FR	#4	Wooster	{2} 41.72m	136-11	4/26
8		Emma HALL	SO	#3	Ohio Wesleyan	39.70m	130-3	4/26
9		Evie SANFORD	SO	#4	Wooster	{3} 38.81m	127-4	4/26
10		Emma DOERMAN	SO	#2	Wittenberg	{2} 36.64m	120-3	5/4

Women's Javelin

1	26	Hazel JOLLIFF	SO	#3	Ohio Wesleyan	40.16m	131-9	5/4
2		Phoebe DRESCHER	FR	#3	Ohio Wesleyan	{2} 36.30m	119-1	4/13
3		Molly STEVENER	FR	#1	DePauw	35.17m	115-5	4/13
4		Ziciah GIBSON	SO	#2	Wittenberg	34.67m	113-9	5/4
5		Jocelyn WEAVER	JR	#3	Ohio Wesleyan	{3} 32.94m	108-1	5/4
6		Katie MOORE	JR	#1	DePauw	{2} 32.37m	106-3	3/30
7		Kylie MOSER	FR	#8	Hiram	32.22m	105-9	4/20
8		Ainsley WIESNER	SR	#4	Wooster	31.66m	103-11	5/4
9		Ali MURRAY	FR	#7	Kenyon	30.82m	101-2	3/30
10		Marissa SIEGEL	SO	#3	Ohio Wesleyan	{4} 30.80m	101-1	5/4

Women's Heptathlon

1	27	Katie MOORE	JR	#1	DePauw	4,437	4/28
2	29	Hayden HILL	SR	#6	Oberlin	4,414	4/28
3	53	Daysia HARGRAVE	JR	#4	Wooster	4,133	4/28
4	62	Ziciah GIBSON	SO	#2	Wittenberg	3,915	4/28
5		Celia VAUGHN	SO	#6	Oberlin	{2} 3,320	4/28
6		Ava KLANN	JR	#3	Ohio Wesleyan	3,304	4/28
7		Allison KOEHLER	SO	#1	DePauw	{2} 3,201	4/28
8		Sydney BROWN	SO	#5	Denison	2,954	4/28
9		Grace NEUGER	SR	#7	Kenyon	2,800	4/28
10		Sarah YOUNGQUIST	FR	#3	Ohio Wesleyan	{2} 2,633	4/28



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NESCAC

as of 5/7/2024 6:44:22 AM ET

Women's 100 Meters

1	20	Rachel ARTHUR	JR	#4 Williams	11.94w	(2.6)	4/27
2	25	Kianne BENJAMIN	SR	#5 Bowdoin	11.96	(1.4)	4/27
3	57	Sade GREENIDGE	SR	#7 Colby	12.17w	(2.6)	4/27
4	61	Simone WAHEED	FR	#7 Colby	{2} 12.19	(1.8)	3/30
5	64	Michelle LOUIE	SR	#2 Middlebury	12.20w	(2.6)	4/27
6		Katie BRUNO	SO	#2 Middlebury	{2} 12.36w	(2.6)	4/27
6		Heloise HUGHES	FR	#1 Amherst	12.36w	(2.6)	4/27
8		Kennedy KIRKLAND	FR	#5 Bowdoin	{2} 12.38	(1.0)	4/27
9		Mackenzie DAGGITT	JR	#2 Middlebury	{3} 12.49	(1.6)	3/16
10		Shea O'NEILL	FR	#10 Trinity (Conn.)	12.50w	(3.4)	4/6

Women's 100 Meter Hurdles

1	7	Erin DAUGHERTY	JR	#7 Colby	14.00	(1.3)	5/3
2	21	Eliza CARDWELL	JR	#1 Amherst	14.37	(0.8)	4/7
3	36	Sarah PILLONE	SR	#3 Tufts	14.65	(1.8)	4/27
4	41	Arisa GRACE MCGOWAN	SO	#1 Amherst	{2} 14.72	(1.8)	4/27
5	43	Moriah SCHARN	SO	#6 Bates	14.73	(0.2)	5/3
6	46	Myeh MEDINA	SO	#1 Amherst	{3} 14.76	(1.8)	4/27
7	90	Anaya THOMAS	JR	#1 Amherst	{4} 15.15	(1.8)	4/27
8		Ziann FACEY	SO	#4 Williams	15.24	(1.8)	4/27
9		Emma WHEELER	SR	#8 Connecticut Coll	15.33	(-0.3)	5/3
10		Antonia KNOTH	SR	#3 Tufts	{2} 15.43	(0.4)	4/12

Women's 200 Meters

1	4	Kianne BENJAMIN	SR	#5 Bowdoin	24.16w	(2.2)	4/27
2	38	Rachel ARTHUR	JR	#4 Williams	24.83w	(2.2)	4/27
3	51	Simone WAHEED	FR	#7 Colby	24.95	(1.8)	5/3
4	54	Bella KING-HARVEY	FR	#4 Williams	{2} 24.96w	(2.2)	4/27
5	72	Fiona MEJICO	JR	#7 Colby	{2} 25.06	(1.0)	5/3
6	93	Michelle LOUIE	SR	#2 Middlebury	25.23w	(2.2)	4/27
7	99	Claire JENSEN	FR	#4 Williams	{3} 25.27w	(2.2)	4/27
8		Kennedy KIRKLAND	FR	#5 Bowdoin	{2} 25.33	(1.2)	4/27
9		Heloise HUGHES	FR	#1 Amherst	25.41w	(2.2)	4/27
10		Melissa WHITE	SO	#2 Middlebury	{2} 25.42w	(2.2)	4/27

Women's 400 Meters

1	9	Kianne BENJAMIN	SR	#5 Bowdoin	55.59		4/27
2	21	Bella KING-HARVEY	FR	#4 Williams	56.34		4/27
3	27	Kennedy MULLEN	JR	#10 Trinity (Conn.)	56.49		4/27
4	33	Cate DONALDSON	FR	#4 Williams	{2} 56.76		4/27
5	35	Fiona MEJICO	JR	#7 Colby	56.81		5/3
6	61	Casie EIFRIG	JR	#1 Amherst	57.52		4/7
7	65	Kaitlyn EWALD	FR	#7 Colby	{2} 57.59		4/27
8	93	Anna KROUSE	JR	#2 Middlebury	57.98		4/27
9	96	Olivia DOHERTY	SO	#7 Colby	{3} 57.99		3/30
10		Kristina PIZZI	JR	#7 Colby	{4} 58.06		3/23

Women's 400 Meter Hurdles

1	5	Fiona MEJICO	JR	#7 Colby	1:01.77		4/27
2	13	Myeh MEDINA	SO	#1 Amherst	1:02.87		5/3
3	22	Ciara DALE	SR	#2 Middlebury	1:03.23		4/27
4	23	Emma SMITH	JR	#3 Tufts	1:03.30		4/27
5	33	Maddie LEE	SR	#6 Bates	1:03.87		5/3
6	43	Erin DAUGHERTY	JR	#7 Colby	{2} 1:04.32		3/30
7	54	Hannah TURNER	SO	#11 Hamilton	1:04.84		4/27
8	59	Antonia KNOTH	SR	#3 Tufts	{2} 1:04.95		4/12
9	67	Kate HAUSLADEN	SR	#9 Wesleyan (Conn.)	1:05.17		4/27
10	76	Camryn TAYLOR	SR	#4 Williams	1:05.41		3/23

Women's 800 Meters

1	11	Zoe MARCUS	FR	#1 Amherst	2:10.45		5/3
2	18	Alexa ESTES	SO	#8 Connecticut Coll	2:11.66		4/27
3	32	Julia SCHOR	JR	#1 Amherst	{2} 2:12.65		4/7
4	41	Lucy GAGNON	SR	#4 Williams	2:13.78		3/16
5	55	Piper LENTZ	SO	#1 Amherst	{3} 2:14.69		4/14
6	58	Elle THOMPSON	JR	#2 Middlebury	2:15.18		4/27
7	71	Grace MCDONOUGH	SO	#8 Connecticut Coll	{2} 2:15.91cu(2:18.14u)		4/6
8	73	Kylie MUSANTE	SO	#6 Bates	2:16.10		4/27
9	76	Bella LOZIER	SO	#1 Amherst	{4} 2:16.23		4/14
10	88	Lily BULCZYNSKI	SO	#2 Middlebury	{2} 2:16.73		4/27

Women's 1500 Meters

1	22	Grace MCDONOUGH	SO	#8 Connecticut Coll	4:31.62		4/27
2	33	Julia SCHOR	JR	#1 Amherst	4:33.83		4/27
3	35	Chrissy AMAN	SR	#6 Bates	4:34.33		4/27
4	40	Jordan WALTER	SR	#9 Wesleyan (Conn.)	4:35.30		4/20
5	46	Lucy GAGNON	SR	#4 Williams	4:36.11		3/23
6	48	Zoe MARCUS	FR	#1 Amherst	{2} 4:36.43		4/14
7	65	Abby FERNALD	SO	#8 Connecticut Coll	{2} 4:38.64		4/13
8	94	Tatum PESKIN	SR	#2 Middlebury	4:41.02		5/3
9	97	Bella LOZIER	SO	#1 Amherst	{3} 4:41.29		4/7
10		Molly FITZGIBBONS	SR	#4 Williams	{2} 4:41.71		3/16

Women's Steeplechase

1	5	Audrey MACLEAN	FR	#2 Middlebury	10:30.98		4/27
2	24	Molly FITZGIBBONS	SR	#4 Williams	10:55.75		4/27
3	33	Charlene PENG	FR	#4 Williams	{2} 11:08.04		4/27
4	34	Alexandra SIMON	FR	#9 Wesleyan (Conn.)	11:08.33		5/3
5	46	Tatum PESKIN	SR	#2 Middlebury	{2} 11:13.60		4/27
6	62	Betsy OVERSTRUM	SR	#11 Hamilton	11:19.51		4/27
7	81	Alexandra DEAN	SO	#3 Tufts	11:27.35		4/27
8		Helen HURDEN	FR	#4 Williams	{3} 11:36.10		3/23
9		Adrienne CHRISTY	FR	#2 Middlebury	{3} 11:38.49		5/3
10		Neena GOLDTHWAITE	SR	#5 Bowdoin	11:39.76		4/27



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NESCAC

as of 5/7/2024 6:44:22 AM ET

Women's 5000 Meters

1	26	Stephanie AGER	SO	#9 Wesleyan (Conn.	16:56.70	4/20
2	55	Audrey MACLEAN	FR	#2 Middlebury	17:17.26	3/16
3	63	Julia SCHOR	JR	#1 Amherst	17:23.66	3/30
4	65	Stephanie CHUN	SR	#5 Bowdoin	17:24.44	4/27
5	76	Isabel MAY	SR	#6 Bates	17:31.21	4/13
6	84	Abby MUELLER	SR	#5 Bowdoin {2}	17:33.06	4/27
7	85	Edin SISSON	SR	#8 Connecticut Coll	17:34.36	4/27
8		Kahryn CULLENBERG	SR	#6 Bates {2}	17:39.92	4/27
9		Molly FITZGIBBONS	SR	#4 Williams	17:40.99	4/14
10		Fiona PICONE	SO	#4 Williams {2}	17:41.70	3/23

Women's 10,000 Meters

1	15	Stephanie AGER	SO	#9 Wesleyan (Conn.	35:24.21	4/27
2	34	Fiona PICONE	SO	#4 Williams	36:09.92	4/14
3	43	Isabel MAY	SR	#6 Bates	36:28.28	4/27
4	56	Alsacia TIMMERMAN	SO	#8 Connecticut Coll	36:43.84	4/13
5	69	Edin SISSON	SR	#8 Connecticut Coll {2}	37:05.90	5/3
6	81	Tori BACALL	SO	#5 Bowdoin	37:35.03	4/27
7	87	Phoebe POHL	JR	#6 Bates {2}	37:47.51	4/27
8	91	Allison LOUNSBURY	SO	#1 Amherst	37:52.76	5/3
9	92	Claire CALLON	JR	#1 Amherst {2}	37:53.31	4/14
10	97	Kate SWANN	SO	#4 Williams {2}	37:55.05	4/27

Women's 4x100 Relay

1	5	Erin Daugherty, Fiona Mejico, Simone Waheed, Sade Greenidge	#7 Colby	46.61	4/27
2	10	Bella King-Harvey, Cate Donaldson, Camryn Taylor, Rachel Arthur	#4 Williams	46.98	4/27
3	19	Katie Bruno, Melissa White, Michelle Louie, Mackenzie Daggitt	#2 Middlebury	47.63	4/27
4	55	Sophia Young, Catherine Uwakwe, Kennedy Kirkland, Kianne Benjamin	#5 Bowdoin	48.41	5/3
5	64	Arisa Grace McGowan, Heloise Hughes, Rachel Hubley, Christa Prasertsintanah	#1 Amherst	48.62	4/27
6	69	Cate Kneebone, Sophia Jones, Emma Almoney, Shea O'Neill	#10 Trinity (Conn.)	48.77	4/20
7	85	Sarah Pillone, Annika Kral, Harper Meek, Simi Lawal	#3 Tufts	49.11	4/27
8		Naomi McGadney, Sophia Mack, Rachel Masterson, Juliette Sullivan	#9 Wesleyan (Conn.	50.17	4/27
9		Moriah Scharn, Anushka Chavda, Alannah Ardrey, Maddie Lee	#6 Bates	50.29	4/27
10		Alexa Thomas, Claire Tratnyek, Renata Mendez-Alvarez, Marcella DeNitto	#11 Hamilton	53.52	4/20



Conference TFRI Event Summary



NESCAC

as of 5/7/2024 6:44:22 AM ET

Women's 4x400 Relay

1	7	Cate Donaldson, Camryn Taylor, Claire Jensen, Bella King-Harvey	#4 Williams	3:49.23	4/27
2	14	Haley Wims, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	#7 Colby	3:51.76	3/30
3	18	Sophia Jones, Cate Kneebone, Emma Almony, Kennedy Mullen	#10 Trinity (Conn.)	3:53.26	5/3
4	21	Michelle Louie, Annabel Cloney, Ciara Dale, Anna Krouse	#2 Middlebury	3:53.71	4/27
5	24	Mads Rabb, Myeh Medina, Christa Prasertsintanah, Casie Eifrig	#1 Amherst	3:55.39	4/27
6	52	Gabby Phillips, Catherine Uwakwe, Kennedy Kirkland, Kianne Benjamin	#5 Bowdoin	3:59.57	4/27
7	70	Harper Meek, Annika Kral, Antonia Knoth, Emma Smith	#3 Tufts	4:01.82	4/12
8		Alexa Estes, LK Tucker, April Schilling, Grace McDonough	#8 Connecticut Coll	4:05.64cu(4:10.67u)	4/6
9		Claire Tratnyek, Hannah Turner, Renata Mendez- Alvarez, Alexa Thomas	#11 Hamilton	4:07.87	4/27
10		Lia Traficante, Kylie Musante, Leah White, Maddie Lee	#6 Bates	4:10.01	3/30

Women's High Jump

1	9	Gabriella GRATTAN	JR #10 Trinity (Conn.)	1.69m	5-6½	3/30
2	48	Anaya THOMAS	JR #1 Amherst	1.62m	5-3¾	4/7
2	48	Harper MEEK	SR #3 Tufts	1.62m	5-3¾	4/7
2	48	Lexi KING	FR #3 Tufts	1.62m	5-3¾	4/7
5	68	Rose JENKINS	FR #5 Bowdoin	1.61m	5-3¼	5/3
6	70	Amelie JAMANKA	SO #4 Williams	1.60m	5-3	3/23
7		Leah SMITH	FR #1 Amherst	{2} 1.57m	5-1¾	4/7
7		Livi MAZEROLLE	SO #4 Williams	{2} 1.57m	5-1¾	4/27
9		Livia KOZICK	SR #6 Bates	1.53m	5-¼	4/12
10		Brooke DOLAN	SO #2 Middlebury	1.52m	4-11¾	4/7

Women's Pole Vault

1	7	Ellie FITZGERALD	SO #4 Williams	3.88m	12-8¾	5/3
2	12	Charlotte HODGE	JR #5 Bowdoin	3.83m	12-6¾	3/23
3	15	Sarah FIRTH	JR #3 Tufts	3.80m	12-5½	3/16
4	21	Zoe WANG	JR #2 Middlebury	3.70m	12-1½	4/12
4	21	Mia BAWENDI	SR #1 Amherst	3.70m	12-1½	4/12
6	26	Jae YU	JR #4 Williams	{2} 3.68m	12-¾	5/3
7	45	Poppy MILLER	JR #4 Williams	{3} 3.55m	11-7¾	4/27
7	45	Nyla THOMPSON	JR #3 Tufts	{2} 3.55m	11-7¾	4/20
7	45	Emma GALL	FR #3 Tufts	{2} 3.55m	11-7¾	4/12
10	79	Sophie MAGUIRE	SO #5 Bowdoin	{2} 3.41m	11-2¼	4/20

Women's Long Jump

1	8	Mackenzie DAGGITT	JR #2 Middlebury	5.87m	19-3¼ (1.0)	5/3
2	14	Kennedy KIRKLAND	FR #5 Bowdoin	5.77m	18-11¼ (0.8)	4/27
3	38	Eliza CARDWELL	JR #1 Amherst	5.60m	18-4½ (0.0)	4/27
4	65	Heloise HUGHES	FR #1 Amherst	{2} 5.51m	18-1 (0.1)	4/27
5	81	Anastasia IOPPOLO	SO #1 Amherst	{3} 5.47m	17-11½ (0.0)	4/27
6	87	Juliette SULLIVAN	FR #9 Wesleyan (Conn.)	5.45m	17-10¾ (0.0)	4/27
7	97	Sarah PILLONE	SR #3 Tufts	5.43m	17-9¾ (1.3)	4/20
8		Jordan ANDREW	JR #3 Tufts	{2} 5.37m	17-7½ (1.3)	4/27
9		Muffie MAZAMBANI	SR #1 Amherst	{4} 5.31m	17-5¼ (0.2)	3/30
10		Jenna ALBANESE	SR #5 Bowdoin	{2} 5.30m	17-4¾ (-0.8)	4/20

Women's Triple Jump

1	31	Jordan ANDREW	JR #3 Tufts	11.67m	38-3½ (-2.0)	4/27
2	48	Anaya THOMAS	JR #1 Amherst	11.45m	37-6¾ (1.6)	4/20
3	52	Myeh MEDINA	SO #1 Amherst	{2} 11.41m	37-5¼ (0.3)	4/20
4	55	Lucinda POLLITT	SO #2 Middlebury	11.39m	37-4½ (1.4)	4/27
5	61	Sarah PILLONE	SR #3 Tufts	{2} 11.35m	37-3 (0.5)	4/27
6	71	Maelynn UGOKWE	SR #3 Tufts	{3} 11.28m	37-¼ (1.4)	5/3
7	78	Anastasia IOPPOLO	SO #1 Amherst	{3} 11.22mw	36-9¾ (2.4)	4/27
8		Kelsey TARBY	FR #4 Williams	11.04m	36-2¾ (1.2)	4/27
9		Tamia DUBIDAD	SO #3 Tufts	{4} 10.72m	35-2 (1.9)	3/16
10		Leah SMITH	FR #1 Amherst	{4} 10.69m	35-1 (0.7)	4/20

Women's Shot Put

1	97	Julia TULIMIERI	SO #2 Middlebury	12.35m	40-6¼	5/3
2		Lillian WURTZ	SO #2 Middlebury	{2} 12.26m	40-2¾	4/12
3		Ginger ARNOLD	FR #5 Bowdoin	12.23m	40-1½	4/20
4		Emma WHEELER	SR #8 Connecticut Coll	12.00m	39-4½	4/27
5		Mary Scott ROBINSON	SR #2 Middlebury	{3} 11.90m	39-½	4/12
6		Emma GIBBENS	JR #5 Bowdoin	{2} 11.72m	38-5½	4/27
7		Amaya PENDLETON	FR #10 Trinity (Conn.)	11.71m	38-5	4/27
8		Mardy NOVAK	FR #5 Bowdoin	{3} 11.53m	37-10	3/23
9		Corinne AHERN	SR #5 Bowdoin	{4} 11.21m	36-9½	4/27
10		Elizabeth GRAHAM	JR #3 Tufts	10.59m	34-9	4/12



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NESCAC

as of 5/7/2024 6:44:22 AM ET

Women's Discus

1	6	Emma RAMSINGH	FR	#1 Amherst	47.08m	154-6	5/3
2	57	Madeline SAUDERS	JR	#2 Middlebury	41.57m	136-5	4/12
3		Lillian WURTZ	SO	#2 Middlebury	{2} 38.89m	127-7	5/3
4		Claire EDWARDS	SR	#9 Wesleyan (Conn.	36.30m	119-1	5/3
5		Mardy NOVAK	FR	#5 Bowdoin	35.90m	117-10	4/12
6		Isabella NIEMI	FR	#1 Amherst	{2} 35.85m	117-8	4/7
7		Alanna SAUNDERS	FR	#2 Middlebury	{3} 35.19m	115-6	4/20
8		Alma MACKIC	SR	#6 Bates	35.06m	115-1	4/27
9		Bethany MARTIN	SR	#1 Amherst	{3} 33.88m	111-2	4/27
10		Emma GIBBENS	JR	#5 Bowdoin	{2} 33.68m	110-6	4/20

Women's Hammer

1	93	Carli CIAVARELLI	SO	#6 Bates	47.06m	154-5	3/30
2		Corinne AHERN	SR	#5 Bowdoin	46.49m	152-7	4/20
3		Jaxon PALMER	JR	#2 Middlebury	46.23m	151-8	5/3
4		Alma MACKIC	SR	#6 Bates	{2} 44.55m	146-2	4/27
5		Elizabeth GRAHAM	JR	#3 Tufts	43.69m	143-4	4/27
6		Maja NIELSEN	JR	#3 Tufts	{2} 42.78m	140-4	4/7
7		Lillian WURTZ	SO	#2 Middlebury	{2} 41.41m	135-11	3/22
8		Ginger ARNOLD	FR	#5 Bowdoin	{2} 41.04m	134-8	4/20
9		Reilly ISLER	JR	#2 Middlebury	{3} 39.56m	129-10	4/27
10		Cecilia LABARGE	FR	#3 Tufts	{3} 39.44m	129-5	4/27

Women's Javelin

1	19	Corinne AHERN	SR	#5 Bowdoin	40.87m	134-1	4/27
2	31	Ginger ARNOLD	FR	#5 Bowdoin	{2} 39.83m	130-8	5/3
3	36	Carolina ANDRADE	SR	#1 Amherst	39.47m	129-6	3/30
4	57	Jaxon PALMER	JR	#2 Middlebury	38.41m	126-0	4/27
5	64	Reilly ISLER	JR	#2 Middlebury	{2} 37.97m	124-7	5/3
6	66	Mardy NOVAK	FR	#5 Bowdoin	{3} 37.95m	124-6	4/27
7	98	Morgan ROME	SO	#1 Amherst	{2} 36.69m	120-5	3/30
8	99	Dana SCHWARTZ	SO	#11 Hamilton	36.68m	120-4	4/27
9		Jackie WELLS	FR	#3 Tufts	36.47m	119-8	5/3
10		Mila KARIMOV	SO	#11 Hamilton	{2} 35.36m	116-0	4/27

Women's Heptathlon

1	20	Emma WHEELER	SR	#8 Connecticut Coll	4,511	5/3
2	38	Rose JENKINS	FR	#5 Bowdoin	4,238	5/3
3	54	Livia KOZICK	SR	#6 Bates	4,112	4/12
4	58	Madelyn SILVEIRA	SR	#3 Tufts	3,983	3/15
5	64	Livi MAZEROLLE	SO	#4 Williams	3,906	4/12
6	80	Anaya THOMAS	JR	#1 Amherst	3,745	4/12
7	90	Naomi MCGADNEY	FR	#9 Wesleyan (Conn.	3,677	5/3
8	93	Tessa PLAYER	FR	#3 Tufts	{2} 3,670	5/3
9		Inga DOVRE	JR	#5 Bowdoin	{2} 3,553	4/12
10		Sydney SPIVY	SR	#3 Tufts	{3} 3,519	5/3



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NEWMAC

as of 5/7/2024 6:44:22 AM ET

Women's 100 Meters

1	70	Marina MILLER	JR	#1 MIT	12.22	(1.3)	4/27
2	76	Michaina LORISTON	SO	#4 Wheaton (Mass.)	12.23	(1.1)	4/27
3	94	Vivienne EVANS	SR	#3 WPI	12.30	(1.1)	4/27
4		Savanna VARGAS	FR	#4 Wheaton (Mass.)	12.37	(1.1)	4/27
5		Wendy WOODEN	SO	#4 Wheaton (Mass.)	12.41w	(2.5)	3/16
6		Alaina STONEBRAKER	SO	#2 Coast Guard	12.48	(1.3)	4/27
7		Gwendolyn ANDERSEN	SR	#5 Springfield (Mas	12.65	(1.2)	4/6
8		Robyn WILKES	SO	#8 Babson	12.72	(1.1)	4/27
9		Merete OGAH	JR	#6 Wellesley	12.85w	(2.3)	3/16
10		JoJo MILLER	FR	#1 MIT	12.87	(1.1)	4/7

Women's 100 Meter Hurdles

1	64	Amanda CASTALDI	SO	#4 Wheaton (Mass.)	14.89	(1.1)	4/27
2	90	Katherine DEFOSSÉ	FR	#5 Springfield (Mas	15.15w	(3.5)	4/6
3		Corryn FISHER	SO	#3 WPI	15.33	(1.3)	5/3
4		Ioanna TSONI	FR	#7 Mount Holyoke	15.46	(0.1)	4/27
5		Brooke JANKOWSKI	SO	#8 Babson	15.53	(2.0)	4/27
6		Samantha STALLARD	SR	#5 Springfield (Mas	15.86	(2.0)	4/27
7		Julia PIKE	SO	#8 Babson	15.96	(1.3)	5/3
8		Katherine KEMPF	SO	#1 MIT	16.11	(1.1)	4/27
9		Kate SPANER	SO	#5 Springfield (Mas	16.38	(2.0)	4/27
10		Lydia BEERS	SO	#3 WPI	16.71	(2.0)	4/27

Women's 200 Meters

1	14	Marina MILLER	JR	#1 MIT	24.48w	(3.3)	4/27
2	93	Schylar WYSE	SR	#4 Wheaton (Mass.)	25.23w	(3.3)	4/27
3	99	Michaina LORISTON	SO	#4 Wheaton (Mass.)	25.27w	(3.3)	4/27
4		Vivienne EVANS	SR	#3 WPI	25.38w	(3.3)	4/27
5		Alaina STONEBRAKER	SO	#2 Coast Guard	25.53	(0.4)	4/20
6		Grace FLYNN	JR	#2 Coast Guard	25.59cuw	(26.24w) (2.	4/6
7		Robyn WILKES	SO	#8 Babson	25.76w	(3.3)	4/27
8		JoJo MILLER	FR	#1 MIT	25.82	(1.7)	4/7
9		Merete OGAH	JR	#6 Wellesley	25.86w	(2.4)	4/27
10		Savanna VARGAS	FR	#4 Wheaton (Mass.)	25.91w	(3.3)	4/27

Women's 400 Meters

1	13	Marina MILLER	JR	#1 MIT	55.81		5/3
2	16	Paige COOKSEY	JR	#1 MIT	55.93	{2}	4/27
3	25	Julia HOWARTH	JR	#1 MIT	56.46	{3}	4/27
4	80	Olivia DIAS	JR	#1 MIT	57.80	{4}	4/20
5		Maddy HON	SR	#1 MIT	58.70	{5}	4/27
6		Krystal MONTGOMERY	SO	#1 MIT	59.17	{6}	4/13
7		Isabel HALLAL	SR	#3 WPI	59.23		4/27
8		Lena BAKER	SO	#9 Smith	59.24		4/27
9		Makenna TOPP	FR	#2 Coast Guard	1:00.26		4/27
10		Ella BESANT	FR	#2 Coast Guard	1:00.41	{2}	4/27

Women's 400 Meter Hurdles

1	4	Paige COOKSEY	JR	#1 MIT	1:01.66		5/3
2	69	Angela HAGSTROM	JR	#8 Babson	1:05.19		3/16
3		Tara JESSEN	SO	#2 Coast Guard	1:07.49		3/30
4		Colleen CORMAN	FR	#8 Babson	1:07.65	{2}	4/27
5		Kristen DIBELLA	SO	#4 Wheaton (Mass.)	1:08.60		4/27
6		Bailey ALLMON	SO	#3 WPI	1:09.12		4/27
7		Mackenzie DIDONATO	SO	#5 Springfield (Mas	1:09.22		4/27
8		Allison RITCHIE	SR	#5 Springfield (Mas	1:09.44	{2}	4/20
9		Beth BROWN	SO	#3 WPI	1:09.73	{2}	4/27
10		Maya THOMAS	FR	#4 Wheaton (Mass.)	1:10.12	{2}	4/27

Women's 800 Meters

1	2	Grace HADLEY	SR	#3 WPI	2:06.65		5/3
2	3	Julia HOWARTH	JR	#1 MIT	2:08.08		4/13
3	37	Sophia WHITE	JR	#2 Coast Guard	2:13.18		5/3
4	45	Krystal MONTGOMERY	SO	#1 MIT	2:14.13	{2}	5/3
5	61	Christina CROW	JR	#1 MIT	2:15.37	{3}	4/20
6	84	Erin HOVENDON	SO	#1 MIT	2:16.45	{4}	5/3
7		Meagan ROWLETT	JR	#1 MIT	2:17.52	{5}	4/7
8		Shams FERVER	JR	#9 Smith	2:17.99		5/3
9		Elise DESHUSSES	SR	#3 WPI	2:18.92	{2}	5/3
10		Kim BEAVER	JR	#7 Mount Holyoke	2:19.32		5/3

Women's 1500 Meters

1	1	Grace HADLEY	SR	#3 WPI	4:17.61		4/14
2	16	Lexi FERNANDEZ	SO	#1 MIT	4:30.58		4/27
3	42	Lyda MARTIN	SO	#9 Smith	4:35.38		5/3
4	44	Christina CROW	JR	#1 MIT	4:35.64	{2}	4/20
5	58	Rujuta SANE	SO	#1 MIT	4:37.43	{3}	4/13
6	63	Ella WHINNEY	SO	#6 Wellesley	4:38.21		4/20
7	79	Sidney TRIEPKE	JR	#2 Coast Guard	4:40.05		3/30
8	86	Pria PARKER	JR	#9 Smith	4:40.48	{2}	5/3
9	88	Heather JENSEN	FR	#1 MIT	4:40.72	{4}	4/20
10	90	Caitlin GUILFOYLE	SR	#3 WPI	4:40.75	{2}	4/27

Women's Steeplechase

1	9	Ella WHINNEY	SO	#6 Wellesley	10:40.76		5/3
2	20	Liv GIRAND	FR	#1 MIT	10:52.55		5/3
3	35	Simone BEAUCHAMP	SO	#6 Wellesley	11:08.50	{2}	4/27
4	49	Heather JENSEN	FR	#1 MIT	11:14.21	{2}	4/27
5	64	Tessa LANCASTER	JR	#7 Mount Holyoke	11:20.66		4/27
6		Lucy KREIPKE	FR	#9 Smith	11:36.11		5/3
7		Elizabeth GERBI	JR	#7 Mount Holyoke	11:38.15	{2}	4/27
8		Mirabel BRUNELL	SO	#5 Springfield (Mas	12:00.85		4/27
9		Mia MASTROGIOVANNI	FR	#2 Coast Guard	12:01.55		4/27
10		Sophia REYNOLDS	SO	#3 WPI	12:12.37		4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NEWMAC

as of 5/7/2024 6:44:22 AM ET

Women's 5000 Meters

1	2	Grace HADLEY	SR	#3 WPI	15:56.26	4/20
2	24	Paige PHILLIPS	SR	#2 Coast Guard	16:54.04	4/13
3	37	Rujuta SANE	SO	#1 MIT	17:03.68	4/20
4	64	Kate SANDERSON	SO	#1 MIT	{2} 17:24.43	4/7
5	68	Liv GIRAND	FR	#1 MIT	{3} 17:26.81	4/20
6	74	Kirsi RAJAGOPAL	JR	#1 MIT	{4} 17:30.66	4/20
7	96	Claire SEMEROD	SO	#2 Coast Guard	{2} 17:38.61	4/27
8		Lyda MARTIN	SO	#9 Smith	17:45.06	4/27
9		Tessa LANCASTER	JR	#7 Mount Holyoke	17:49.91	4/7
10		Lauren MELLON	SO	#2 Coast Guard	{3} 17:57.00c (18:06.45u)	4/6

Women's 10,000 Meters

1	3	Grace HADLEY	SR	#3 WPI	34:06.68	3/30
2	8	Kate SANDERSON	SO	#1 MIT	35:08.35	4/20
3	55	Tessa LANCASTER	JR	#7 Mount Holyoke	36:42.88	5/3
4	78	Lauren MELLON	SO	#2 Coast Guard	37:25.52	4/13
5	90	Jaz VANDERHOOF	SO	#4 Wheaton (Mass.)	37:52.23	4/13
6		Archana MOHANDAS	JR	#1 MIT	{2} 38:01.36	4/27
7		Kathryn BONANNO	SR	#5 Springfield (Mas	38:15.37	5/3
8		Emily BRYDGES	SO	#6 Wellesley	38:34.69	4/13
9		Sarah OSSING	SR	#3 WPI	{2} 39:13.91	3/30
10		Elizabeth GERBI	JR	#7 Mount Holyoke	{2} 39:33.26	5/3

Women's 4x100 Relay

1	9	#Type!		#4 Wheaton (Mass.)	46.91	4/20
2	67	Corryn Fisher, Jazmyin Ewing, Vivienne Evans, Leithsa Dimanche		#3 WPI	48.74	5/3
3	70	Maddy Hon, Emma Martin, Marina Miller, JoJo Miller		#1 MIT	48.78	4/27
4		Sofia Aguilar, Kaitlyn Doherty, Riley Hanover, Madison Mulas		#5 Springfield (Mas	49.55	4/27
5		Ria Goveas, Eriko Darcy, Taylor Quaye, Merete Ogah		#6 Wellesley	49.63	5/3
6		Alaina Stonebraker, Ella Besant, Kaylee Wright, Grace Flynn		#2 Coast Guard	49.80	4/27
7		Addison Heintz, Ioanna Tsoni, Aria Mallare, Elle Rimando		#7 Mount Holyoke	50.34	5/3
8		Reese Gallant, Ashna Kirshnamurthy, Robyn Wilkes, Angela Hagstrom		#8 Babson	50.40	4/13
9		Juliet MAY, Daniela Pilier, Lena Baker, Niveen Bugueiro		#9 Smith	51.22	4/20

Women's 4x400 Relay

1	3	Marina Miller, Paige Cooksey, Olivia Dias, Julia Howarth		#1 MIT	3:46.69	3/30
2	35	Ella Besant, Grace Flynn, Alaina Stonebraker, Makenna Topp		#2 Coast Guard	3:57.08	5/3
3		Elise Deshusses, Caitlin Guilfoyle, Grace Hadley, Maeve Steckley		#3 WPI	4:06.42	4/20
4		Kate Wickenheisser, Schyler Wyse, Jessica Dickson, Maya Thomas		#4 Wheaton (Mass.)	4:07.67	4/27
5		Sara Maeve Klingensmith, Charlie Barron, Eriko Darcy, Ella Whinney		#6 Wellesley	4:08.10	4/27
6		Lena Baker, Shams Ferver, Anjali Jones, Pria Parker		#9 Smith	4:08.84	4/27
7		Mackenzie DiDonato, Julia Brillo, Maeve D'Darcy, Maggie Donohue		#5 Springfield (Mas	4:09.52	5/3
8		Colleen Corman, Chloe Clifford, Brooke Jankowski, Angela Hagstrom		#8 Babson	4:10.41	3/16
9		Anjali Phadnis, Kim Beaver, Dalia Luckhardt, Greta Trapp		#7 Mount Holyoke	4:14.59	5/3

Women's High Jump

1	3	Allie WILDSMITH	SO	#2 Coast Guard	1.71m	5-7¼	4/27
2	21	Tolu AKINBO	JR	#1 MIT	1.67m	5-5¾	5/3
3		Amanda BORDEN	SR	#3 WPI	1.58m	5-2¼	4/6
4		Katherine KEMPF	SO	#1 MIT	{2} 1.57m	5-1¾	4/7
4		Amalia TOUTZIARIDI	FR	#1 MIT	{2} 1.57m	5-1¾	4/7
6		Maura KELLEHER	JR	#1 MIT	{4} 1.52m	4-11¾	4/7
7		Cassie ZIMMERMAN	JR	#3 WPI	{2} 1.47m	4-9¾	4/6
7		Sydney BALLER	FR	#1 MIT	{5} 1.47m	4-9¾	4/7
7		Aria MALLARE	JR	#7 Mount Holyoke	1.47m	4-9¾	3/23
7		Elaine MCCARTY	FR	#9 Smith	1.47m	4-9¾	4/12
7		Hannah LAVITA	SR	#5 Springfield (Mas	1.47m	4-9¾	4/6
7		Hannah TIRRELL	FR	#5 Springfield (Mas	1.47m	4-9¾	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NEWMAC

as of 5/7/2024 6:44:22 AM ET

Women's Pole Vault

1	4	Katelyn HOWARD	SO	#1 MIT	3.90m	12-9½	4/20
2	9	Hailey SURACE	SO	#1 MIT	{2} 3.85m	12-7½	4/20
3	45	Madison GARRIGUS	SR	#2 Coast Guard	3.55m	11-7¾	4/13
3	45	Kerry SEEKAMP	SO	#9 Smith	3.55m	11-7¾	3/30
5	83	Mollie BRINKER	SO	#2 Coast Guard	{2} 3.40m	11-1¾	4/13
6		Ella SMITH	JR	#5 Springfield (Mas	3.25m	10-8	4/13
6		Jillian SCOTT	JR	#5 Springfield (Mas	3.25m	10-8	4/13
6		Tessa BAKER	FR	#1 MIT	{3} 3.25m	10-8	4/27
9		Jillian DA COSTA PINTO	SO	#9 Smith	{2} 3.10m	10-2	4/6
9		Elizabeth LEWELLING	SO	#5 Springfield (Mas	{3} 3.10m	10-2	4/13

Women's Long Jump

1	38	Elle RIMANDO	SO	#7 Mount Holyoke	5.60m	18-4½ (0.0)	5/3
2	49	Kaylee WRIGHT	SO	#2 Coast Guard	5.57mw	18-3¼ (3.7)	4/6
3		Emma MARTIN	JR	#1 MIT	5.26m	17-3¼ (1.5)	4/20
4		Ashna KIRSHNAMURTHY	SO	#8 Babson	5.10m	16-8¾ (-0.5)	4/27
5		Erin DICKINSON	JR	#6 Wellesley	5.01m	16-5¼ (1.9)	4/20
6		Nony OTU UGWU	SO	#1 MIT	{2} 5.00m	16-5 (1.6)	4/7
7		Samantha PAUL	JR	#5 Springfield (Mas	4.98m	16-4¼ (-0.8)	4/27
8		Sara MAEVE KLINGENSMITH	SO	#6 Wellesley	{2} 4.93m	16-2¼ (0.1)	3/16
9		Ria GOVEAS	JR	#6 Wellesley	{3} 4.89mw	16-½ (2.3)	4/20
9		Lydia BEERS	SO	#3 WPI	4.89m	16-½ (-1.5)	4/27

Women's Triple Jump

1	14	Nony OTU UGWU	SO	#1 MIT	12.05m	39-6½ (-1.0)	4/26
2	46	Samantha PAUL	JR	#5 Springfield (Mas	11.51m	37-9¼ (0.0)	5/3
3	73	Ioanna TSONI	FR	#7 Mount Holyoke	11.27m	36-11¾ (0.9)	5/3
4	94	Trista SICARD	SO	#8 Babson	11.17m	36-7¾ (-0.4)	4/27
5		Maddie GREENE	JR	#2 Coast Guard	10.95m	35-11¼ (-1.)	4/27
6		Ashna KIRSHNAMURTHY	SO	#8 Babson	{2} 10.89m	35-8¾ (-1.0)	4/27
7		Elle RIMANDO	SO	#7 Mount Holyoke	{2} 10.78m	35-4½ (1.3)	4/13
8		Cassie ZIMMERMAN	JR	#3 WPI	10.70m	35-1¼ (1.1)	4/27
9		Lauren HINCKLEY	FR	#4 Wheaton (Mass.)	10.60mw	34-9½ (2.2)	3/16
10		Taima RONISH	SR	#4 Wheaton (Mass.)	{2} 10.47m	34-4¼ (-0.7)	4/27

Women's Shot Put

1	2	Alexis BOYKIN	JR	#1 MIT	15.15m	49-8½	4/13
2	40	Emily BALL	JR	#1 MIT	{2} 13.12m	43-½	4/7
3		Sadie OLSON	SR	#2 Coast Guard	12.12m	39-9¼	4/20
4		Katelynn TAYLOR	JR	#5 Springfield (Mas	11.92m	39-1¼	5/3
5		Morgan COLLINS	SR	#3 WPI	11.73m	38-6	4/27
6		Maureen HAMMOND	JR	#2 Coast Guard	{2} 11.66m	38-3¼	4/20
7		Lily SIEGELMAN	FR	#1 MIT	{3} 11.22m	36-9¾	4/20
8		Tianna ROGERS	JR	#4 Wheaton (Mass.)	11.12m	36-5¾	3/16
9		Anika WAGNER	SO	#4 Wheaton (Mass.)	{2} 10.87m	35-8	3/16
10		Elizabeth MATTICOLI	SR	#3 WPI	{2} 10.58m	34-8½	4/20

Women's Discus

1	2	Alexis BOYKIN	JR	#1 MIT	50.53m	165-10	5/3
2	5	Emily BALL	JR	#1 MIT	{2} 47.20m	154-10	5/3
3	98	Sadie OLSON	SR	#2 Coast Guard	39.95m	131-1	4/20
4		Macy BRENNAN	FR	#1 MIT	{3} 39.86m	130-9	4/7
5		Morgan COLLINS	SR	#3 WPI	39.01m	128-0	4/14
6		Lily SIEGELMAN	FR	#1 MIT	{4} 36.53m	119-10	5/3
7		Katelynn TAYLOR	JR	#5 Springfield (Mas	34.90m	114-6	4/20
8		Elizabeth MATTICOLI	SR	#3 WPI	{2} 34.38m	112-10	4/27
9		Erika LEASHER	JR	#1 MIT	{5} 33.82m	111-0	4/27
10		Charlotte GEROW	SO	#5 Springfield (Mas	{2} 33.72m	110-8	4/20

Women's Hammer

1	2	Alexis BOYKIN	JR	#1 MIT	59.63m	195-8	4/20
2	34	Emily BALL	JR	#1 MIT	{2} 50.56m	165-11	5/3
3	52	Anika WAGNER	SO	#4 Wheaton (Mass.)	48.94m	160-7	4/27
4	78	Morgan COLLINS	SR	#3 WPI	47.47m	155-9	5/3
5		Sadie OLSON	SR	#2 Coast Guard	46.23m	151-8	4/6
6		Elizabeth MATTICOLI	SR	#3 WPI	{2} 45.92m	150-8	4/27
7		Lilia OULD-HAMMOU	SO	#1 MIT	{3} 44.37m	145-7	4/27
8		Macy BRENNAN	FR	#1 MIT	{4} 43.79m	143-8	4/20
9		Lily MCDOWELL	SR	#4 Wheaton (Mass.)	{2} 42.02m	137-11	4/13
10		Katelynn TAYLOR	JR	#5 Springfield (Mas	39.97m	131-2	4/6

Women's Javelin

1	17	Emily BALL	JR	#1 MIT	40.95m	134-4	4/27
2	18	Elizabeth MATTICOLI	SR	#3 WPI	40.93m	134-4	4/14
3	28	Elaine WANG	SO	#1 MIT	{2} 40.03m	131-4	4/27
4	53	Emily DOYLE	SR	#6 Wellesley	38.76m	127-2	4/13
5	59	Katy GORDEN	SO	#3 WPI	{2} 38.38m	125-11	4/6
6		Jacey TIPPMAN	JR	#2 Coast Guard	34.62m	113-7	4/27
7		Emily DAVIS-MORIN	SR	#2 Coast Guard	{2} 34.09m	111-10	4/13
8		Bailey MCDEVITT	SO	#5 Springfield (Mas	33.18m	108-10	4/6
9		Sadie OLSON	SR	#2 Coast Guard	{3} 32.75m	107-6	4/27
10		Lauren COUTU	SO	#3 WPI	{3} 31.52m	103-5	4/20

Women's Heptathlon

1		Lauren COUTU	SO	#3 WPI	3,427	5/3
2		Tara JESSEN	SO	#2 Coast Guard	3,236	4/27
3		Elaine MCCARTY	FR	#9 Smith	3,192	4/27
4		Abbie CRAMER	SO	#4 Wheaton (Mass.)	2,993	4/27
5		Madaket STOLTZ	FR	#8 Babson	2,973	4/27
6		Christina LANG	FR	#4 Wheaton (Mass.)	{2} 2,926	4/27
7		Jillian BARRY	FR	#5 Springfield (Mas	2,344	4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NJAC

as of 5/7/2024 6:44:22 AM ET

Women's 100 Meters

1	9	Zrreyah MOORE	SR	#4 Rutgers-Newark	11.84	(1.5)	5/5
2	20	Molly LODGE	JR	#2 Rowan	11.94	(1.5)	5/5
3	37	Rebecca KNEPPEL	JR	#5 Ramapo	12.08	(1.5)	5/5
4	51	Chidimma IGWE	SR	#4 Rutgers-Newark{2}	12.15	(1.3)	4/20
5		Ashanae MORRISON	JR	#3 Stockton	12.41	(-0.7)	4/20
6		Michelle ITOUA	SO	#6 Montclair State	12.45w	(2.9)	4/20
7		Mya WALKER	FR	#2 Rowan {2}	12.48	(1.5)	5/5
8		Reyanna HENDERSON	JR	#7 New Jersey City	12.52w	(2.8)	4/20
9		Mackenzie BURKE	FR	#1 TCNJ	12.59w	(3.7)	3/30
9		Ayriana YOUNG	SO	#7 New Jersey City {2}	12.59w	(3.5)	4/20

Women's 100 Meter Hurdles

1	26	Eliza BRUNCAJ	JR	#1 TCNJ	14.49	(1.0)	4/13
2	31	Ayriana YOUNG	SO	#7 New Jersey City	14.54	(1.7)	5/5
3		Carmelle ALEXIS	JR	#4 Rutgers-Newark	15.30w	(2.7)	4/20
4		Mackenzie BURKE	FR	#1 TCNJ {2}	15.33	(1.7)	5/5
5		Gloria HUGHES	JR	#2 Rowan	15.63	(1.1)	5/5
6		Brya BYRD	SR	#4 Rutgers-Newark{2}	15.88w	(3.2)	4/20
7		Sarah SCEPKOWSKI	SO	#1 TCNJ {3}	16.03	(1.5)	4/13
8		Abigail GALLACHER	FR	#3 Stockton	16.43	(1.5)	3/22
9		Cristen MOLIWOLO	SO	#3 Stockton {2}	16.72	(1.5)	3/22
10		Natalie KRONCKE	FR	#3 Stockton {3}	16.86	(1.5)	3/22

Women's 200 Meters

1	11	Zrreyah MOORE	SR	#4 Rutgers-Newark	24.38	(1.2)	5/5
2	21	Rebecca KNEPPEL	JR	#5 Ramapo	24.59w	(2.8)	3/30
3	65	Chidimma IGWE	SR	#4 Rutgers-Newark{2}	25.02w	(2.3)	4/20
4		Nevaeh LORJUSTE	JR	#2 Rowan	25.36	(1.2)	5/5
5		Ashanae MORRISON	JR	#3 Stockton	25.49	(-0.3)	4/20
6		Molly LODGE	JR	#2 Rowan {2}	25.58	(0.0)	4/6
7		Jasmine BROADWAY	JR	#2 Rowan {3}	25.61	(0.8)	4/20
7		Kathleen PEDERSEN	SR	#2 Rowan {3}	25.61	(0.1)	3/16
9		Jasmine POPE	JR	#2 Rowan {5}	25.67	(1.2)	5/5
10		Reyanna HENDERSON	JR	#7 New Jersey City	25.81	(1.2)	5/5

Women's 400 Meters

1	23	Zrreyah MOORE	SR	#4 Rutgers-Newark	56.44		4/20
2	32	Nevaeh LORJUSTE	JR	#2 Rowan	56.72		4/20
3	75	Molly LODGE	JR	#2 Rowan {2}	57.70		4/6
4	88	Kathleen PEDERSEN	SR	#2 Rowan {3}	57.95		4/20
5		Jasmine POPE	JR	#2 Rowan {4}	58.43		5/5
6		Rebecca KNEPPEL	JR	#5 Ramapo	58.64		4/13
7		Reyanna HENDERSON	JR	#7 New Jersey City	59.20		4/20
8		Kelly O'GRADY	SO	#1 TCNJ	59.27		4/27
9		Rukiyat DARANIJO	FR	#1 TCNJ {2}	59.69		5/5
10		Jealynne RAMOS	JR	#6 Montclair State	59.97		5/5

Women's 400 Meter Hurdles

1	8	Molly LODGE	JR	#2 Rowan	1:02.26		4/13
2	18	Eliza BRUNCAJ	JR	#1 TCNJ	1:03.05		3/30
3	27	Emma PETROLIA	SO	#3 Stockton	1:03.46		4/20
4	60	Mackenzie BURKE	FR	#1 TCNJ {2}	1:04.98		4/20
5	92	Brianna DESANTO	FR	#2 Rowan {2}	1:05.90		4/20
6	95	Carmelle ALEXIS	JR	#4 Rutgers-Newark	1:06.09		4/20
7		Abigail PETROLIA	FR	#3 Stockton {2}	1:08.06		5/5
8		Brya BYRD	SR	#4 Rutgers-Newark{2}	1:09.06		4/20
9		Ellie HALLMAN	SO	#3 Stockton {3}	1:09.60		4/27
10		Odalys GUERRERO-DOMINGUEZ	SO	#6 Montclair State	1:10.30		4/20

Women's 800 Meters

1	6	Kayla KASS	SO	#3 Stockton	2:09.39		4/20
2	33	Dale LEONARD	FR	#5 Ramapo	2:12.66		5/5
3	61	Anna SASSE	JR	#2 Rowan	2:15.37		4/27
4		Ally WERNIK	FR	#2 Rowan {2}	2:17.20		4/20
5		Kelly O'GRADY	SO	#1 TCNJ	2:17.68		4/20
6		Amanda MCNALLY	SR	#2 Rowan {3}	2:18.14		5/5
7		Gianna BURGIO	SO	#2 Rowan {4}	2:18.29		5/5
8		Lauren BARKER	FR	#1 TCNJ {2}	2:19.67		4/20
9		Rachel HAYES	SO	#3 Stockton {2}	2:19.73		5/5
10		Rizzo AVA	FR	#2 Rowan {5}	2:21.33		4/20

Women's 1500 Meters

1	14	Dale LEONARD	FR	#5 Ramapo	4:29.99		5/5
2	69	Anna SASSE	JR	#2 Rowan	4:38.89		4/20
3	91	Ally WERNIK	FR	#2 Rowan {2}	4:40.94		5/5
4		Katherine RICE	JR	#1 TCNJ	4:45.99		4/20
5		Kayla KASS	SO	#3 Stockton	4:47.50		4/27
6		Amanda MCNALLY	SR	#2 Rowan {3}	4:47.62		4/20
7		Lauren BARKER	FR	#1 TCNJ {2}	4:48.50		4/27
8		Jezena APONTE	FR	#7 New Jersey City	4:49.23		5/5
9		Suzanne ZAUGG	SR	#5 Ramapo {2}	4:49.52		4/26
10		Gianna BURGIO	SO	#2 Rowan {4}	4:50.86		4/20

Women's Steeplechase

1	28	Anna SASSE	JR	#2 Rowan	11:01.71		5/5
2		Emily ZANNI	FR	#2 Rowan {2}	11:42.48		4/6
3		Molly BOSSDORF	JR	#1 TCNJ	11:43.78		5/5
4		Olivia HARRIS	SR	#3 Stockton	11:45.21		5/5
5		Mackenzie SABER	SO	#2 Rowan {3}	12:41.39		4/6
6		Brianna RODDY	SO	#6 Montclair State	13:10.38		3/30
7		Carmelina SANCI	SR	#1 TCNJ {2}	13:21.43		5/5
8		Kelly WITTERS	SO	#6 Montclair State {2}	13:50.93		5/5



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NJAC

as of 5/7/2024 6:44:23 AM ET

Women's 5000 Meters

1	73	Dale LEONARD	FR	#5	Ramapo	17:30.27	4/20
2		Cassidy QUINN	SR	#1	TCNJ	17:51.74	4/20
3		Emily HOEGLER	JR	#1	TCNJ	{2} 17:54.82	4/20
4		Mia GUERRA	SR	#2	Rowan	17:55.04	4/20
5		Jaelyn BARKLEY	JR	#3	Stockton	17:56.77	4/20
6		Suzanne ZAUGG	SR	#5	Ramapo	{2} 18:02.86	5/5
7		Anna SASSE	JR	#2	Rowan	{2} 18:12.06	3/30
8		Emily ZANNI	FR	#2	Rowan	{3} 18:12.46	4/20
9		Ally WERNIK	FR	#2	Rowan	{4} 18:15.22	3/30
10		Cameron WRIGHT	SR	#2	Rowan	{5} 18:17.73	5/5

Women's 10,000 Meters

1		Mia GUERRA	SR	#2	Rowan	38:22.85	5/5
2		Cassidy QUINN	SR	#1	TCNJ	38:43.90	5/5
3		Aubrey JOHNSON	SR	#6	Montclair State	39:00.79	3/30
4		Guinevere KENNEDY	SO	#3	Stockton	39:24.50	5/5
5		Denisse AGUILAR	JR	#6	Montclair State	{2} 40:12.25	5/5
6		Nicole ARITA	SR	#1	TCNJ	{2} 40:55.95	4/6
7		Isabella CAMPIGLIA	SO	#3	Stockton	{2} 41:23.09	5/5
8		Shannon STAKELBECK	FR	#2	Rowan	{2} 41:36.90	5/5
9		Liz CLAROS	SO	#1	TCNJ	{3} 42:01.49	5/5
10		Riley STELLITANO	JR	#1	TCNJ	{4} 42:04.86	5/5

Women's 4x100 Relay

1	53	Brya Byrd, Nadya Coleman, Chidimma Igwe, Zrreya Moore		#4	Rutgers-Newark	48.39	4/20
2	90	Barbara Exilus, Rebecca Kneppel, Ashley Gordon, Isabel Crespo		#5	Ramapo	49.28	4/20
3	99	#Type!		#2	Rowan	49.39	4/27
4		#Type!		#1	TCNJ	49.52	4/13
5		#Type!		#3	Stockton	50.06	4/20
6		Jessica Holler, Alexa Ali, Jealyne Ramos, Michelle Itoua		#6	Montclair State	50.62	4/20
7		Ashley Adames, Ayriana Young, Evelyn Wymer, Reyanna Henderson		#7	New Jersey City	51.24	5/5
8		Sarah Knoetig, Tamia Shannon, Jocelyn Herelle, Brianna Harris		#9	Kean	53.14	4/27
9		Xochitl Bautista, Sophia LaPorta, Evelyn Macias, Carly Malia		#8	Rutgers-Camder	55.80	5/5

Women's 4x400 Relay

1	12	Molly Lodge, Jasmine Pope, Kathleen Pedersen, Nevaeh Lorjuste		#2	Rowan	3:51.30	5/5
2	26	Erin Hanlon, Eliza Bruncaj, Kelsey Thomas, Amanda Demko		#1	TCNJ	3:55.95	3/30
3	33	Carmelle Alexis, Chidimma Igwe, Nadya Coleman, Zrreya Moore		#4	Rutgers-Newark	3:56.89	5/5
4	37	Emma Petrolia, Kayla Sullivan, Emma Conroy, Kayla Kass		#3	Stockton	3:57.32	5/5
5	46	Barbara Exilus, Rebecca Kneppel, Isabel Crespo, Dale Leonard		#5	Ramapo	3:58.23	5/5
6		Odalys Guerrero-dominguez, Kayla McAdams, Alexa Ali, Jealyne Ramos		#6	Montclair State	4:10.82	5/5
7		#Type!		#7	New Jersey City	4:13.89	4/13
8		Breanne Hoyte, Shukuran Adewole, Januaria Singleton, Sarah Knoetig		#9	Kean	4:36.65	4/27

Women's High Jump

1	70	Kayley HARNETT	JR	#1	TCNJ	1.60m	5-3	5/5
2	92	Sarah SCEPKOWSKI	SO	#1	TCNJ	{2} 1.59m	5-2½	4/13
3		Kaitlyn VERVER	JR	#3	Stockton	1.57m	5-1¾	3/30
4		Abigail PFAFF	JR	#1	TCNJ	{3} 1.52m	4-11¾	5/5
5		Eliza BRUNCAJ	JR	#1	TCNJ	{4} 1.47m	4-9¾	5/5
5		Gloria HUGHES	JR	#2	Rowan	1.47m	4-9¾	5/5
5		Isabella BORDON	SO	#8	Rutgers-Camder	1.47m	4-9¾	5/5
5		Jessica BRANHAM	SO	#5	Ramapo	1.47m	4-9¾	5/5
5		Lindsay HAND	FR	#3	Stockton	{2} 1.47m	4-9¾	5/5
10		Alison PETRO	JR	#8	Rutgers-Camder	{2} 1.44m	4-8¾	4/13

Women's Pole Vault

1		Madison FEY	JR	#3	Stockton	3.20m	10-6	3/30
2		Julia DAKWAR	SR	#1	TCNJ	3.15m	10-4	4/20
3		Maya SCANNELL	FR	#1	TCNJ	{2} 3.00m	9-10	4/20
4		Emerson DIRK	FR	#1	TCNJ	{3} 2.85m	9-4¾	4/13
5		Isabella MRAZ	SO	#1	TCNJ	{4} 2.70m	8-10¼	4/13
6		Cadence MULLER	FR	#2	Rowan	2.25m	7-4½	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NJAC

as of 5/7/2024 6:44:23 AM ET

Women's Long Jump

1	92	Ashanae MORRISON	JR	#3 Stockton	5.44m	17-10¼ (0.0)	4/20
2		Lia MALAVE	FR	#1 TCNJ	5.28m	17-4 (2.0)	3/22
3		Sidney WHETSTONE	JR	#2 Rowan	5.23mw	17-2 (2.2)	4/27
4		McKenna PONTARI	FR	#3 Stockton	{2} 5.22m	17-1½ (0.3)	5/5
5		Khristina WASHINGTON	SR	#3 Stockton	{3} 5.19m	17-½ (0.0)	4/20
6		Emma PETROLIA	SO	#3 Stockton	{4} 5.18m	17-0 (0.1)	5/5
7		Eliza BRUNCAJ	JR	#1 TCNJ	{2} 5.15mw	16-10¾ (2.2)	5/5
8		Kathleen GSELL	FR	#1 TCNJ	{3} 5.14mw	16-10½ (2.4)	3/22
9		Jessica BRANHAM	SO	#5 Ramapo	5.02m	16-5¾ (0.0)	4/26
9		Mia PEGUERO	SR	#6 Montclair State	5.02m	16-5¾ (-1.8)	4/20

Women's Triple Jump

1	38	Emma PETROLIA	SO	#3 Stockton	11.59m	38-¼ (1.9)	5/5
2	58	Ashanae MORRISON	JR	#3 Stockton	{2} 11.36m	37-3¼ (1.3)	5/5
3	81	Khristina WASHINGTON	SR	#3 Stockton	{3} 11.21mw	36-9½ (2.1)	5/5
4		Brooke VALAN	SO	#3 Stockton	{4} 11.02m	36-2 (1.3)	5/5
5		Mia PEGUERO	SR	#6 Montclair State	10.76m	35-3¾ (1.9)	5/5
6		Kaitlyn VERVERIER	JR	#3 Stockton	{5} 10.75m	35-3¼ (1.9)	5/5
7		Brianna DESANTO	FR	#2 Rowan	10.54m	34-7 (0.0)	5/5
8		Emily TURSCHMANN	FR	#1 TCNJ	10.18m	33-4¾ (1.7)	4/6
9		Lia MALAVE	FR	#1 TCNJ	{2} 10.08m	33-1 (1.2)	5/5
10		Tamia SHANNON	FR	#9 Kean	10.06m	33-¼ (1.1)	5/5

Women's Shot Put

1	12	Isabelle DEAL	SR	#2 Rowan	13.92m	45-8	5/5
2		grace VIT	JR	#2 Rowan	{2} 12.29m	40-4	5/5
3		Kerri MCCARTHY	JR	#1 TCNJ	12.24m	40-2	4/13
4		Edith GONZALEZ	SR	#1 TCNJ	{2} 12.15m	39-10½	3/30
5		Shanil AUGUSTE	SR	#4 Rutgers-Newark	12.06m	39-6¾	5/5
6		Alexia BEY	SO	#2 Rowan	{3} 12.04m	39-6	5/5
7		Jess BENTLEY	FR	#3 Stockton	11.57m	37-11½	5/5
8		Kaydence FISCHER	FR	#1 TCNJ	{3} 11.38m	37-4	5/5
8		Allison LAVIN	FR	#1 TCNJ	{3} 11.38m	37-4	5/5
10		Jessica REILLY	JR	#1 TCNJ	{5} 11.22m	36-9¾	4/13

Women's Discus

1	11	Michaela POMATTO	SO	#3 Stockton	45.51m	149-4	4/20
2		Kaydence FISCHER	FR	#1 TCNJ	39.59m	129-11	5/5
3		Emily DISZLER	SR	#1 TCNJ	{2} 38.73m	127-1	5/5
4		Jessica REILLY	JR	#1 TCNJ	{3} 36.61m	120-2	5/5
5		Alexis MARINI	SR	#8 Rutgers-Camder	36.13m	118-7	4/20
6		Allison LAVIN	FR	#1 TCNJ	{4} 35.55m	116-8	4/27
7		Shanil AUGUSTE	SR	#4 Rutgers-Newark	35.43m	116-3	5/5
8		Chrystanna DECKER	SO	#3 Stockton	{2} 32.00m	105-0	4/13
9		Victoria BERLINSKI	FR	#6 Montclair State	31.93m	104-9	5/5
10		Isabella CERVANTES	FR	#3 Stockton	{3} 31.12m	102-1	4/20

Women's Hammer

1	21	Jessica REILLY	JR	#1 TCNJ	52.35m	171-9	4/27
2	31	Alexis MARINI	SR	#8 Rutgers-Camder	51.21m	168-0	4/20
3	88	Isabella FREDA	JR	#3 Stockton	47.27m	155-1	5/5
4		Kerri MCCARTHY	JR	#1 TCNJ	{2} 46.16m	151-6	5/5
5		Quamora PROCTOR	JR	#3 Stockton	{2} 44.03m	144-6	4/6
6		Emily DISZLER	SR	#1 TCNJ	{3} 43.64m	143-2	5/5
7		Edith GONZALEZ	SR	#1 TCNJ	{4} 43.62m	143-2	4/13
8		Victoria BERLINSKI	FR	#6 Montclair State	43.24m	141-11	4/27
9		Alexia BEY	SO	#2 Rowan	41.86m	137-4	3/16
10		Isabelle DEAL	SR	#2 Rowan	{2} 41.05m	134-8	5/5

Women's Javelin

1	15	Isabelle DEAL	SR	#2 Rowan	41.35m	135-8	4/20
2	45	Megan CAMPANILE	FR	#3 Stockton	39.09m	128-3	4/6
3		Annalise STEPHENS	JR	#1 TCNJ	35.38m	116-1	5/5
4		Lily LORIO	SR	#1 TCNJ	{2} 35.22m	115-7	4/27
5		Jess RODGERS	SR	#2 Rowan	{2} 34.68m	113-10	3/30
6		Dimitra KOSSIS	JR	#2 Rowan	{3} 32.95m	108-1	5/5
7		Allison LAVIN	FR	#1 TCNJ	{3} 32.55m	106-10	5/5
8		grace VIT	JR	#2 Rowan	{4} 31.56m	103-7	4/6
9		Sabrina BAER		#2 Rowan	{5} 31.09m	102-0	4/6
10		Angelina BELL	FR	#3 Stockton	{2} 30.55m	100-3	5/5

Women's Heptathlon

1	79	Sarah SCEPKOWSKI	SO	#1 TCNJ	3,778		4/13
2		Isabella BORDON	SO	#8 Rutgers-Camder	3,157		5/5
3		Ashley ADAMES	JR	#7 New Jersey City	3,141		5/5
4		Erin MCGAULEY	SO	#1 TCNJ	{2} 2,962		5/5
5		Kaitlyn NOVAK	FR	#8 Rutgers-Camder	{2} 1,322		4/13



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NWC

as of 5/7/2024 6:44:23 AM ET

Women's 100 Meters

1	14	Kyrstin WILSON	SO	#8 Puget Sound	11.88w	(3.5)	4/20
2	53	Alison BALL	SR	#2 Whitworth	12.16	(1.3)	4/20
3	86	Amelia HEWSON	SR	#2 Whitworth	{2} 12.28w	(3.5)	4/20
4	89	Jordyn LUNGO	SR	#2 Whitworth	{3} 12.29	(-0.1)	4/20
5		Kira HAWAABOO	FR	#5 Linfield	12.36	(1.3)	4/20
6		Allyson HAMMOND	SO	#3 Pacific (Ore.)	12.44	(0.7)	4/27
7		Isabella PEREIRA	FR	#2 Whitworth	{4} 12.54w	(3.5)	4/20
7		Paige KASSO	FR	#5 Linfield	{2} 12.54w	(3.9)	3/23
9		Macy O'HARA	SR	#6 Lewis & Clark	12.57	(1.0)	4/5
10		Hillary CONNORS	SR	#5 Linfield	{3} 12.68w	(3.5)	4/20

Women's 100 Meter Hurdles

1	23	Amelia HEWSON	SR	#2 Whitworth	14.41	(-1.0)	5/4
2	28	Allyson HAMMOND	SO	#3 Pacific (Ore.)	14.53	(-0.3)	5/3
3	53	Ayahna BAHATI	JR	#1 George Fox	14.81	(0.4)	4/20
4		Elisabeth JENSEN	SR	#1 George Fox	{2} 15.28w	(2.4)	4/20
5		Breanne RAWLS	JR	#2 Whitworth	{2} 15.33	(1.7)	4/9
6		Jordan ROBERTS	SO	#5 Linfield	15.40	(0.4)	4/20
7		Lavender BEL	FR	#7 Willamette	15.63	(-0.5)	4/20
8		Lecia SINCERE	SO	#7 Willamette	{2} 15.87	(0.4)	4/20
8		Breeauna O'REAR	SR	#1 George Fox	{3} 15.87	(0.1)	3/22
10		Jenna HUNTSMAN	SO	#1 George Fox	{4} 15.88w	(2.2)	4/9

Women's 200 Meters

1	39	Jackilyn LEWIS	SR	#8 Puget Sound	24.84w	(3.9)	4/20
2	47	Alison BALL	SR	#2 Whitworth	24.93w	(3.9)	4/20
3	74	Allyson HAMMOND	SO	#3 Pacific (Ore.)	25.07w	(2.6)	3/30
3	74	Kyrstin WILSON	SO	#8 Puget Sound	{2} 25.07w	(2.5)	4/20
5		Jordyn LUNGO	SR	#2 Whitworth	{2} 25.39w	(3.9)	4/20
6		Rachelle SILIS	SO	#5 Linfield	25.56w	(3.9)	4/20
6		Macy O'HARA	SR	#6 Lewis & Clark	25.56w	(2.6)	3/30
8		Kira HAWAABOO	FR	#5 Linfield	{2} 25.68w	(2.5)	4/20
9		Paige KASSO	FR	#5 Linfield	{3} 25.83w	(3.9)	4/20
10		Angelica GATICA GOMEZ	JR	#3 Pacific (Ore.)	{2} 25.92w	(2.5)	4/20

Women's 400 Meters

1	48	Jackilyn LEWIS	SR	#8 Puget Sound	57.13		4/20
2	55	Elizabeth BEISWANGER	FR	#8 Puget Sound	{2} 57.40		4/20
3	70	Macy O'HARA	SR	#6 Lewis & Clark	57.63		4/20
4		Angelica GATICA GOMEZ	JR	#3 Pacific (Ore.)	58.23		4/20
5		Rachelle SILIS	SO	#5 Linfield	58.38		4/20
6		Justice MCBRIDE-STEIGER	SR	#5 Linfield	{2} 59.67		4/20
7		Emily RUTKOWSKI	SR	#3 Pacific (Ore.)	{2} 1:00.32		4/27
8		Elsie CHIN	SO	#6 Lewis & Clark	{2} 1:00.44		4/20
9		Kenzie LEE	SO	#7 Willamette	1:00.84		4/20
9		Lexi WATSON	SO	#1 George Fox	1:00.84		3/16

Women's 400 Meter Hurdles

1	50	Emily RUTKOWSKI	SR	#3 Pacific (Ore.)	1:04.60		4/20
2	78	Emily BROWN	FR	#2 Whitworth	1:05.45		4/20
3		Mashani COLEMAN	SO	#7 Willamette	1:06.57		4/20
4		Elsie CHIN	SO	#6 Lewis & Clark	1:07.41		4/20
5		Courtney VANGIESEN	JR	#1 George Fox	1:08.81		4/20
6		Sage MILLER	SO	#7 Willamette	{2} 1:10.09		4/20
7		Katie BRIGGS	SO	#7 Willamette	{3} 1:10.18		4/6
8		Carolyn MAYBERRY	FR	#6 Lewis & Clark	{2} 1:10.29		4/20
9		Hannah HIGENS	FR	#2 Whitworth	{2} 1:10.90		4/20
10		Klaira FLATT	SO	#5 Linfield	1:11.19		4/13

Women's 800 Meters

1	17	Ellie RISING	JR	#1 George Fox	2:11.49		4/20
2	39	Malia HEIEN	SO	#6 Lewis & Clark	2:13.31		5/3
3	56	Annie BERRY	SR	#3 Pacific (Ore.)	2:14.75		5/4
4	91	Elizabeth BEISWANGER	FR	#8 Puget Sound	2:16.79		3/30
5	94	Annalise GONZALES	SO	#1 George Fox	{2} 2:16.86		5/4
6		Jennifer TORRES-BERMEDEZ	SR	#5 Linfield	2:17.37		5/4
7		Lily JONES	FR	#2 Whitworth	2:17.56		3/22
8		Erin SCHMIDLIN	FR	#8 Puget Sound	{2} 2:18.05		5/4
9		Elizabeth WARREN	SR	#1 George Fox	{3} 2:18.41		3/16
10		Elizabeth BRADLEY	SR	#3 Pacific (Ore.)	{2} 2:19.61		4/27

Women's 1500 Meters

1	6	Ellie RISING	JR	#1 George Fox	4:26.11		5/4
2	57	Annie BERRY	SR	#3 Pacific (Ore.)	4:37.28		3/23
3	67	Malia HEIEN	SO	#6 Lewis & Clark	4:38.80		4/20
4	92	Riley BUESE	JR	#6 Lewis & Clark	{2} 4:40.95		4/13
5	100	Jennifer TORRES-BERMEDEZ	SR	#5 Linfield	4:41.45		4/13
6		Lily JONES	FR	#2 Whitworth	4:47.03		4/20
7		Kendall MCKIBBON	JR	#1 George Fox	{2} 4:48.83		3/23
8		Elizabeth BRADLEY	SR	#3 Pacific (Ore.)	{2} 4:49.80		4/20
9		Karina RODRIGUEZ	SO	#1 George Fox	{3} 4:50.79		3/23
10		Madeleine BOYLE	SO	#6 Lewis & Clark	{3} 4:51.04		5/4

Women's Steeplechase

1	59	Cris BRETHOWER	JR	#3 Pacific (Ore.)	11:18.24		4/20
2	83	Zoe HEINO	SO	#7 Willamette	11:27.56		5/3
3		Katya SCHWIETERMAN	JR	#6 Lewis & Clark	11:38.01		4/20
4		Anastasiia LEMESH	SO	#7 Willamette	{2} 11:39.71		4/20
5		Abby CROSSLEY	FR	#2 Whitworth	11:40.25		4/20
6		Madelyn HUBBS	SR	#3 Pacific (Ore.)	{2} 11:41.65		5/3
7		Allie WILBER	JR	#1 George Fox	11:47.89		4/20
8		Madeleine BOYLE	SO	#6 Lewis & Clark	{2} 11:51.99		5/4
9		Jenessa TEACHOUT	JR	#1 George Fox	{2} 11:57.36		4/6
10		Jayden TAYLOR	FR	#5 Linfield	12:05.81		4/20



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NWC

as of 5/7/2024 6:44:23 AM ET

Women's 5000 Meters

1	9	Riley BUESE	JR	#6 Lewis & Clark	16:34.68	5/4
2	58	Breanna SCHMITT	SO	#1 George Fox	17:20.10	5/4
3		Sarah PULLEN	SO	#1 George Fox {2}	17:39.43	4/20
4		Annie BERRY	SR	#3 Pacific (Ore.)	17:57.36	3/16
5		Kendall MCKIBBON	JR	#1 George Fox {3}	17:58.59	4/13
6		Madelyn BUCKLEY	SR	#2 Whitworth	18:00.43	5/4
7		Chloe COOK	FR	#1 George Fox {4}	18:12.84	3/16
8		Anna IVERSON	SR	#4 Pacific Lutheran	18:15.56	5/3
9		Cris BRETHER	JR	#3 Pacific (Ore.) {2}	18:15.90	4/20
10		Katya SCHWIETERMAN	JR	#6 Lewis & Clark {2}	18:21.77	4/5

Women's 10,000 Meters

1	7	Riley BUESE	JR	#6 Lewis & Clark	35:05.73	3/30
2	67	Breanna SCHMITT	SO	#1 George Fox	37:01.10	4/13
3	68	Kayla AALPOEL	SO	#1 George Fox {2}	37:04.51	3/2
4	96	Kendall MCKIBBON	JR	#1 George Fox {3}	37:54.57	3/2
5		Sarah PULLEN	SO	#1 George Fox {4}	38:13.47	3/2
6		Cris BRETHER	JR	#3 Pacific (Ore.)	38:28.01	3/2
7		Madelyn BUCKLEY	SR	#2 Whitworth	38:29.68	4/20
8		Alena KRULL	SO	#3 Pacific (Ore.) {2}	39:13.19	3/2
9		Abbie GOODWIN	FR	#1 George Fox {5}	40:26.72	4/20
10		Anna IVERSON	SR	#4 Pacific Lutheran	40:44.89	4/20

Women's 4x100 Relay

1	12	Jordyn Lungo, Amelia Hewson, Isabella Pereira, Alison Ball		#2 Whitworth	47.10	4/11
2	61	Hillary Connors, Rachelle Silis, Paige Kasso, Kira Hawaaboo		#5 Linfield	48.57	4/20
3	89	Lavender Bel, Mashani Coleman, Kenzie Lee, Salah Williams		#7 Willamette	49.22	4/20
4		Jenna Huntsman, Ayahna Bahati, Beth Parangan, Emily Crawford		#1 George Fox	49.96	4/20
5		Kyrstin Wilson, Sophia Rivas, Gianna Maldonado, Victoria Bradshaw		#8 Puget Sound	50.35	3/8
6		Greta Koegler, Kimberly Vidinha, Allyson Hammond, Jonette Singh		#3 Pacific (Ore.)	50.66	4/20
7		Cheyenne Hicks, Sarah Brandt, Madison Downey, D'Yhana Clemons		#4 Pacific Lutheran	50.68	4/20
8		Macy O'Hara, Elsie Chin, Tessa Robinson, Callow Soto		#6 Lewis & Clark	50.87	4/20

Women's 4x400 Relay

1	23	Kyrstin Wilson, Erin Schmidlin, Elizabeth Beiswanger, Jackilyn Lewis		#8 Puget Sound	3:54.91	4/20
2	43	Callow Soto, Malia Heien, Elsie Chin, Macy O'Hara		#6 Lewis & Clark	3:58.07	4/20
3	67	Elizabeth Warren, Lexi Watson, Annalise Gonzales, Ellie Rising		#1 George Fox	4:01.38	4/20
4	69	Justice McBride-Steiger, Jennifer Torres-Bermudez, Kira Hawaaboo, Rachelle Silis		#5 Linfield	4:01.75	4/20
5	82	Emily Rutkowski, Katrina Brisbois, Angelica Gatica Gomez, Annie Berry		#3 Pacific (Ore.)	4:03.37	4/20
6	92	Alison Ball, Hannah Higans, Mikayla Buckley, Lily Jones		#2 Whitworth	4:04.20	4/20
7		Kenzie Lee, Mashani Coleman, Lavender Bel, Katie Wingo		#7 Willamette	4:12.14	4/20
8		Colleen Murata, Payton Davies, Lauren Dorris, Maleda Sims		#9 Whitman	4:21.69	4/20
9		Damaris Ibrahim, Allie Youngs, Abigail Caprye, Zoey Holt		#4 Pacific Lutheran	4:34.58	3/16

Women's High Jump

1	4	Whitley STEPP	SO	#7 Willamette	1.70m	5-7	4/20
2	31	Breanne RAWLS	JR	#2 Whitworth	1.65m	5-5	4/9
3	48	Erica SNYDER	SO	#7 Willamette {2}	1.62m	5-3 3/4	3/16
3	48	Kira HAWAABOO	FR	#5 Linfield	1.62m	5-3 3/4	3/16
3	48	Brianna TIRA	FR	#2 Whitworth {2}	1.62m	5-3 3/4	3/30
6		Marina CARROL	SR	#1 George Fox	1.57m	5-1 3/4	3/16
6		Logan ROBERTS	SO	#5 Linfield {2}	1.57m	5-1 3/4	3/16
8		Jordyn REVERMAN	SR	#8 Puget Sound	1.55m	5-1	4/20
8		Madison DOWNEY	FR	#4 Pacific Lutheran	1.55m	5-1	4/20
8		Cheyenne HICKS	FR	#4 Pacific Lutheran	1.55m	5-1	4/20
8		Elisabeth JENSEN	SR	#1 George Fox {2}	1.55m	5-1	4/20
8		Breeauna O'REAR	SR	#1 George Fox {2}	1.55m	5-1	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



NWC

as of 5/7/2024 6:44:23 AM ET

Women's Pole Vault

1	13	Grace TULLY	JR	#1	George Fox	3.81m	12-6	4/20
2	40	Siera CRAWFORD	SR	#5	Linfield	3.58m	11-9	3/9
3	45	Shelby LARSON	SR	#1	George Fox	{2} 3.55m	11-7¾	3/23
3	45	Angela HAWKINS	SO	#1	George Fox	{2} 3.55m	11-7¾	3/23
5		Makayla KRAEMER	SR	#3	Pacific (Ore.)	3.25m	10-8	4/20
5		Allison GOODELL	SR	#8	Puget Sound	3.25m	10-8	4/20
5		Valerie BRUGGEMAN	JR	#1	George Fox	{4} 3.25m	10-8	3/16
5		Anna WILSON	SR	#1	George Fox	{4} 3.25m	10-8	3/16
9		Kristine NGUYEN	SR	#4	Pacific Lutheran	3.20m	10-6	3/23
10		Victoria BRADSHAW	JR	#8	Puget Sound	{2} 2.80m	9-2¼	4/20

Women's Long Jump

1	3	Kira HAWAABOO	FR	#5	Linfield	5.96m	19-6¾ (1.5)	4/16
2	38	Brianna TIRA	FR	#2	Whitworth	5.60m	18-4½ (0.3)	4/11
3	45	Allyson HAMMOND	SO	#3	Pacific (Ore.)	5.59m	18-4¼ (0.9)	3/30
4	87	Victoria AZAR	JR	#1	George Fox	5.45m	17-10¾ (1.9)	4/20
5		Rachel JOHNSON	FR	#1	George Fox	{2} 5.25mw	17-2¾ (2.3)	4/20
6		Breanne RAWLS	JR	#2	Whitworth	{2} 5.22m	17-1½ (1.2)	4/20
7		Emily CRAWFORD	SO	#1	George Fox	{3} 5.15m	16-10¾ (1.7)	3/16
8		Rose DINH	FR	#6	Lewis & Clark	5.14m	16-10½ (1.1)	4/20
9		Jonette SINGH	FR	#3	Pacific (Ore.)	{2} 5.07m	16-7¾ (0.9)	4/20
10		Erica SNYDER	SO	#7	Willamette	5.04m	16-6½ (0.0)	3/9

Women's Triple Jump

1	81	Isabella PEREIRA	FR	#2	Whitworth	11.21m	36-9½ (1.0)	3/16
2	94	Madison DOWNEY	FR	#4	Pacific Lutheran	11.17mw	36-7¾ (3.3)	4/20
3		Kyleigh ARCHER	FR	#4	Pacific Lutheran	{2} 11.08mw	36-4¼ (3.5)	4/20
4		Jonette SINGH	FR	#3	Pacific (Ore.)	11.07m	36-4 (1.3)	4/20
5		Breanne RAWLS	JR	#2	Whitworth	{2} 11.03mw	36-2¼ (2.8)	4/20
6		Elisabeth JENSEN	SR	#1	George Fox	10.90m	35-9¼ (0.2)	4/20
7		Kyrstin WILSON	SO	#8	Puget Sound	10.88m	35-8½ (0.5)	3/23
8		Brianna TIRA	FR	#2	Whitworth	{3} 10.81mw	35-5¾ (2.4)	4/20
9		Erica SNYDER	SO	#7	Willamette	10.72m	35-2 (1.2)	4/20
10		Lecia SINCERE	SO	#7	Willamette	{2} 10.57m	34-8¼ (-0.1)	3/30

Women's Shot Put

1	18	Renee TIUMALU	SR	#2	Whitworth	13.60m	44-7½	4/20
2	35	Georjina SOLIAI	JR	#4	Pacific Lutheran	13.18m	43-3	4/13
3	64	Ellena CORWIN	SR	#1	George Fox	12.70m	41-8	4/20
4	67	Alicia-Ellalynn SOLIAI	FR	#4	Pacific Lutheran	{2} 12.67m	41-7	5/3
5	71	Amblessed OKEMGBO	SO	#2	Whitworth	{2} 12.60m	41-4¼	3/22
6	87	Teuila ILALIO	FR	#4	Pacific Lutheran	{3} 12.42m	40-9	4/20
7		Izzy BOYD	FR	#2	Whitworth	{3} 12.26m	40-2¾	3/16
8		Kailee WALKER	SR	#1	George Fox	{2} 11.99m	39-4	4/20
9		Nia PILE	SO	#6	Lewis & Clark	11.85m	38-10½	4/13
10		Dylainee CARMONY	FR	#1	George Fox	{3} 11.72m	38-5½	3/16

Women's Discus

1	7	Amblessed OKEMGBO	SO	#2	Whitworth	46.61m	152-11	4/20
2	53	Kailee WALKER	SR	#1	George Fox	41.78m	137-1	4/20
3		Alicia-Ellalynn SOLIAI	FR	#4	Pacific Lutheran	39.85m	130-9	4/20
4		Eva WIRTH	JR	#4	Pacific Lutheran	{2} 39.38m	129-3	4/20
5		Piper MCCOY HARMON	SO	#6	Lewis & Clark	39.20m	128-8	4/20
6		Lauryn RAWLS	SR	#2	Whitworth	{2} 39.06m	128-2	3/22
7		Autumn GERARD	SR	#3	Pacific (Ore.)	38.54m	126-6	4/20
8		Kaitlyn JOHNSON	SR	#1	George Fox	{2} 38.14m	125-2	3/23
9		Addie WENGENDER	JR	#1	George Fox	{3} 36.80m	120-9	4/20
10		Renee TIUMALU	SR	#2	Whitworth	{3} 36.75m	120-7	3/2

Women's Hammer

1	63	Tenley GRANT	JR	#7	Willamette	48.37m	158-9	4/6
2	91	Eva WIRTH	JR	#4	Pacific Lutheran	47.13m	154-8	4/20
3		Kaitlyn JOHNSON	SR	#1	George Fox	46.19m	151-7	3/9
4		Jaelene CHAVEZ	SR	#1	George Fox	{2} 45.69m	149-11	4/6
5		Alessandra VALMONTE	SO	#4	Pacific Lutheran	{2} 43.01m	141-2	4/13
6		Logan SPENCER	JR	#2	Whitworth	41.67m	136-9	4/11
7		Renee TIUMALU	SR	#2	Whitworth	{2} 40.98m	134-6	3/30
8		Katy COOK	SO	#4	Pacific Lutheran	{3} 40.88m	134-2	4/13
9		Natalie ELLIS	FR	#2	Whitworth	{3} 40.43m	132-8	3/22
10		Autumn GERARD	SR	#3	Pacific (Ore.)	40.23m	132-0	4/20

Women's Javelin

1	3	Chrissy STRICKLAND	SR	#1	George Fox	45.23m	148-5	4/20
2	9	Devyn CHELIN	FR	#2	Whitworth	42.65m	139-11	4/20
3	13	Ellena CORWIN	SR	#1	George Fox	{2} 41.85m	137-4	4/20
4	29	Katy COOK	SO	#4	Pacific Lutheran	40.02m	131-4	4/20
5	38	Kaiona APIO	SR	#7	Willamette	39.29m	128-11	3/21
6	60	Natalie ELLIS	FR	#2	Whitworth	{2} 38.24m	125-6	4/20
7	82	Logan SPENCER	JR	#2	Whitworth	{3} 37.34m	122-6	4/20
8	91	Emily BROWN	FR	#2	Whitworth	{4} 36.91m	121-1	3/22
9		Eboni ZEHNER	FR	#5	Linfield	36.33m	119-3	4/20
10		Makayla TUIOLEMOTU	SO	#3	Pacific (Ore.)	35.87m	117-8	3/16

Women's Heptathlon

1	23	Kira HAWAABOO	FR	#5	Linfield	4,495	4/9
2	30	Breeauna O'REAR	SR	#1	George Fox	4,381	4/9
3	31	Breanne RAWLS	JR	#2	Whitworth	4,379	3/22
4	36	Elisabeth JENSEN	SR	#1	George Fox	{2} 4,257	4/9
5	60	Emily BROWN	FR	#2	Whitworth	{2} 3,934	3/22
6	83	Jenna HUNTSMAN	SO	#1	George Fox	{3} 3,704	4/9
7		Courtney TIERNAN	SO	#3	Pacific (Ore.)	3,546	3/25
8		Dylainee CARMONY	FR	#1	George Fox	{4} 3,521	3/22
9		Erica SNYDER	SO	#7	Willamette	3,426	4/9
10		Brianna TIRA	FR	#2	Whitworth	{3} 2,946	3/22



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



OAC

as of 5/7/2024 6:44:24 AM ET

Women's 100 Meters

1	6	Kenadee WAYT	SR	#2 Mount Union	11.79	(1.7)	5/3
2	28	Genevieve ARNOLD	JR	#3 John Carroll	11.98w	(2.7)	4/13
3	78	Bri HAY	FR	#4 Baldwin Wallace	12.25	(0.1)	5/3
4	89	Madison MILES	JR	#2 Mount Union	{2} 12.29	(0.8)	5/3
4	89	Abby COLLIER	JR	#4 Baldwin Wallace	{2} 12.29	(-0.9)	4/25
6		Paige SIMPSON	FR	#1 Ohio Northern	12.32	(0.1)	5/3
7		Mia SCOTT	JR	#3 John Carroll	{2} 12.42w	(3.6)	4/20
8		Kendra KRICHBAUM	JR	#1 Ohio Northern	{2} 12.57	(0.1)	5/3
9		Kylee SCHAFER	JR	#6 Wilmington (Ohi	12.68	(1.9)	4/19
10		Madison DIETZ	SR	#6 Wilmington (Ohi	{2} 12.75w	(2.1)	3/30

Women's 100 Meter Hurdles

1	76	Genevieve ARNOLD	JR	#3 John Carroll	15.03	(0.6)	5/3
2	81	Olyvia ASHBROOK	JR	#1 Ohio Northern	15.05	(0.8)	5/3
3	94	Elizabeth MASON	FR	#2 Mount Union	15.16	(0.8)	5/3
4		Maria DA CUNHA	SO	#9 Capital	15.27	(0.8)	5/3
5		Rosie SCHROEDER	SR	#1 Ohio Northern	{2} 15.51	(1.5)	4/27
6		Olivia BEAN	SR	#7 Heidelberg	15.52	(0.8)	5/3
7		Charlie DOLLIVER	SO	#5 Otterbein	15.77	(1.5)	4/27
8		Lexi WACHTMAN	JR	#7 Heidelberg	{2} 15.90	(1.7)	4/13
9		Rebecca SANTOM	JR	#2 Mount Union	{2} 16.12	(0.6)	5/3
10		Genevieve LEGAWIEC	FR	#5 Otterbein	{2} 16.24	(-1.0)	5/3

Women's 200 Meters

1	6	Kenadee WAYT	SR	#2 Mount Union	24.26	(0.6)	5/3
2	26	Madison MILES	JR	#2 Mount Union	{2} 24.70	(1.4)	5/3
3	33	Abby COLLIER	JR	#4 Baldwin Wallace	24.76	(1.0)	5/3
4		Paige SIMPSON	FR	#1 Ohio Northern	25.54	(0.6)	5/3
5		Genevieve ARNOLD	JR	#3 John Carroll	25.67	(0.6)	5/3
6		Bri HAY	FR	#4 Baldwin Wallace	{2} 25.73	(1.2)	4/13
7		Kendra KRICHBAUM	JR	#1 Ohio Northern	{2} 26.08	(0.6)	5/3
8		Haley COOK	SR	#6 Wilmington (Ohi	26.16	(1.0)	5/3
9		Michaela HIERONYMUS	SO	#8 Marietta	26.21	(1.4)	5/3
10		Rosie MURRAY	SO	#3 John Carroll	{2} 26.34	(1.2)	4/13

Women's 400 Meters

1	3	Kenadee WAYT	SR	#2 Mount Union	55.08		3/30
2	10	Madison MILES	JR	#2 Mount Union	{2} 55.61		5/3
3	11	Abby COLLIER	JR	#4 Baldwin Wallace	55.70		5/3
4	88	Haley COOK	SR	#6 Wilmington (Ohi	57.95		5/3
5	93	Elizabeth FUNKHOUSER	FR	#2 Mount Union	{3} 57.98		5/3
6		Hope MURPHY	JR	#4 Baldwin Wallace	{2} 58.52		4/6
7		Mary MASON	JR	#2 Mount Union	{4} 58.64		4/6
8		Halle COCHRAN	JR	#2 Mount Union	{5} 58.93		5/3
9		Alanna BARNETT	FR	#4 Baldwin Wallace	{3} 59.29		5/3
10		Michaela HIERONYMUS	SO	#8 Marietta	59.44		5/3

Women's 400 Meter Hurdles

1	42	Elizabeth FUNKHOUSER	FR	#2 Mount Union	1:04.28		4/19
2	47	Maria DA CUNHA	SO	#9 Capital	1:04.51		5/3
3	62	Rosie MURRAY	SO	#3 John Carroll	1:05.01		5/3
4	63	JJ HERRON	SR	#1 Ohio Northern	1:05.08		5/3
4	63	Genevieve LEGAWIEC	FR	#5 Otterbein	1:05.08		4/13
6	71	Olyvia ASHBROOK	JR	#1 Ohio Northern	{2} 1:05.23		5/3
7	100	Elizabeth CLEMENTE	JR	#3 John Carroll	{2} 1:06.29		5/3
8		Kristen WALTERS	SO	#2 Mount Union	{2} 1:07.83		5/3
9		Rebecca SANTOM	JR	#2 Mount Union	{3} 1:08.24		5/3
10		Katelyn MESSNER	JR	#1 Ohio Northern	{3} 1:09.23		5/3

Women's 800 Meters

1	10	Hope MURPHY	JR	#4 Baldwin Wallace	2:10.30		4/14
2	20	Mary MASON	JR	#2 Mount Union	2:12.00		4/14
3	50	Ellie KITS MILLER	JR	#3 John Carroll	2:14.40		5/3
4	54	Claire EBERHARDT	JR	#3 John Carroll	{2} 2:14.63		5/3
5	64	Kenadee WAYT	SR	#2 Mount Union	{2} 2:15.40		4/6
6		Annie HIGGINS	JR	#3 John Carroll	{3} 2:18.09		5/3
7		Abigail DERRY	SO	#10 Muskingum	2:19.06		5/3
8		Madison MILES	JR	#2 Mount Union	{3} 2:19.20		4/6
9		Abby MATTHEWS	JR	#1 Ohio Northern	2:19.31		4/14
10		Rylee BARNO	FR	#4 Baldwin Wallace	{2} 2:19.52		4/25

Women's 1500 Meters

1	12	Hope MURPHY	JR	#4 Baldwin Wallace	4:29.06		4/14
2	50	Claire EBERHARDT	JR	#3 John Carroll	4:36.74		4/13
3	66	Faith DUNCAN	SO	#6 Wilmington (Ohi	4:38.69		4/6
4		Morgan EDWARDS	JR	#3 John Carroll	{2} 4:41.83		4/6
5		Gianini VENUTO	JR	#2 Mount Union	4:42.21		4/6
6		Abby MATTHEWS	JR	#1 Ohio Northern	4:44.75		5/3
7		Alyssa VIS	FR	#3 John Carroll	{3} 4:45.76		5/3
8		Annie HIGGINS	JR	#3 John Carroll	{4} 4:45.95		5/3
9		Ellie KITS MILLER	JR	#3 John Carroll	{5} 4:46.26		3/30
10		Erin SMITH	JR	#2 Mount Union	{2} 4:46.92		5/3

Women's Steeplechase

1		Natalie ARMBRUSTER	SO	#1 Ohio Northern	11:48.86		4/13
2		AnnaSophia GOWER	FR	#1 Ohio Northern	{2} 11:49.95		5/3
3		Caitlyn GATTA	JR	#2 Mount Union	11:53.04		5/3
4		Charlotte JONES	SO	#4 Baldwin Wallace	12:00.45		5/3
5		Grace MCKOON	FR	#3 John Carroll	12:03.64		4/13
6		Elizabeth MAK	JR	#9 Capital	12:13.32		4/20
7		Kelsey SHERIDAN	FR	#3 John Carroll	{2} 12:19.01		3/30
8		Caitlyn MAUGER	SR	#7 Heidelberg	12:22.06		5/3
9		Jaelyn JAQUAY	JR	#4 Baldwin Wallace	{2} 12:30.04		5/3
10		Sydney WINGLER	SO	#3 John Carroll	{3} 12:34.00		5/3



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



OAC

as of 5/7/2024 6:44:24 AM ET

Women's 5000 Meters

1	10	Faith DUNCAN	SO	#6 Wilmington (Ohi	16:34.92	3/29
2	56	Hope MURPHY	JR	#4 Baldwin Wallace	17:19.43	3/30
3	88	Kennedy RADER	SO	#1 Ohio Northern	17:36.05	4/14
4		AnnaSophia GOWER	FR	#1 Ohio Northern {2}	17:41.54	4/14
5		Samantha ROTH	SO	#1 Ohio Northern {3}	17:49.26	5/3
6		Erin SMITH	JR	#2 Mount Union	17:54.40	5/3
7		Ashley HOCKSTOK	JR	#1 Ohio Northern {4}	17:55.89	5/3
8		Gianini VENUTO	JR	#2 Mount Union {2}	18:01.18	4/19
9		Morgan EDWARDS	JR	#3 John Carroll	18:06.70	5/3
10		Rylee BARNO	FR	#4 Baldwin Wallace{2}	18:11.08	4/13

Women's 10,000 Meters

1	47	Kennedy RADER	SO	#1 Ohio Northern	36:35.80	3/29
2	53	Ashley HOCKSTOK	JR	#1 Ohio Northern {2}	36:41.09	3/29
3	61	Hope MURPHY	JR	#4 Baldwin Wallace	36:50.80	3/23
4	79	Faith DUNCAN	SO	#6 Wilmington (Ohi	37:26.41	5/3
5		Sarah WELDON	JR	#3 John Carroll	38:16.00	4/13
6		Megan VAPENIK	SR	#1 Ohio Northern {3}	38:21.34	5/3
7		Jasmine ARNOLD	JR	#2 Mount Union	39:48.03	5/3
8		Adriana RUSSELL	JR	#2 Mount Union {2}	40:12.82	5/3
9		Dani WIDMARK	SO	#1 Ohio Northern {4}	40:49.56	5/3
10		Kathryn VASILIAUSKAS	JR	#3 John Carroll {2}	40:49.58	3/30

Women's 4x100 Relay

1	17	Dae Dae Nash, Madison Miles, Kalie Campbell, Kenadee Wayt	#2 Mount Union	47.52	5/3
2	29	Genevieve Arnold, Mia Scott, Ella Zambruno, Rosie Murray	#3 John Carroll	47.84	5/3
3	59	Bri Hay, Morgan Aloï, Alanna Barnett, Abby Collier	#4 Baldwin Wallace	48.52	5/3
4	66	Chloe Gibson, Kendra Krichbaum, Stacey Legg, Paige Simpson	#1 Ohio Northern	48.71	5/3
5		Haley Cook, Chloe Sutton, Madison Dietz, Rachel Spanfellner	#6 Wilmington (Ohi	49.90	4/13
6		Olivia Finke, Genevieve Legawiec, Tashe Lee, Alexis Weber	#5 Otterbein	50.34	4/6
7		Liberty Bunting, Shannon Cooper, Jacquelynn Grinnell, Averi Wallace	#10 Muskingum	51.39	5/3
8		Hanna Bauer, Cece Samuels, Allie Mongold, Maria Da Cunha	#9 Capital	51.47	4/13
9		Hope Adams, Ashton Carroll, Michaela Hieronymus, Emma Fehrman	#8 Marietta	52.26	3/30



Conference TFRI Event Summary



OAC

as of 5/7/2024 6:44:24 AM ET

Women's 4x400 Relay

1	9	Kenadee Wagt, Madison Miles, Halle Cochran, Mary Mason	#2	Mount Union	3:49.70	4/20
2	93	Abby Collier, Katurah Plecko, Alanna Barnett, Rylee Barno	#4	Baldwin Wallace	4:04.23	4/25
3	95	Rosie Murray, Ellie Kitsmiller, Kaleigh McNamara, Tori Miller	#3	John Carroll	4:04.34	5/3
4		Olivia Finke, Rachel Bollo, Assir Yisrael, Genevieve Legawiec	#5	Otterbein	4:04.97	5/3
5		Kylee Schafer, Rachel Spanfellner, Hayden Setty, Haley Cook	#6	Wilmington (Ohi	4:06.17	5/3
6		Katelyn Messner, JJ Herron, Olyvia Ashbrook, Lily Wolfe	#1	Ohio Northern	4:06.93	5/3
7		Hanna Bauer, Allie Mongold, Elizabeth Mak, Maria Da Cunha	#9	Capital	4:09.24	5/3
8		Kylie Cope, Rylee Ritzhaupt, Caitlyn Mauger, Kenzie Fountain	#7	Heidelberg	4:10.98	5/3
9		Liberty Bunting, Kilikina Schultz, Abigail Derry, Averi Wallace	#10	Muskingum	4:12.40	4/25

Women's High Jump

1	4	Alexis WEBER	FR	#5	Otterbein	1.70m	5-7	4/6
2	28	Emma KLOSTERMAN	JR	#5	Otterbein	{2} 1.66m	5-5½	5/3
3	39	Lindsay WEININGER	SO	#1	Ohio Northern	1.63m	5-4¼	5/3
3	39	Rylee GORRELL	FR	#4	Baldwin Wallace	1.63m	5-4¼	5/3
5		Amanda RADKE	JR	#5	Otterbein	{3} 1.57m	5-1¾	5/3
6		Toria INGALLS	JR	#1	Ohio Northern	{2} 1.56m	5-1¼	4/20
6		Laney DUFF	FR	#2	Mount Union	1.56m	5-1¼	4/13
8		Catherine KLOPP	SO	#2	Mount Union	{2} 1.55m	5-1	4/18
8		Lexi WACHTMAN	JR	#7	Heidelberg	1.55m	5-1	4/13
8		Faith TIMKO	FR	#4	Baldwin Wallace	{2} 1.55m	5-1	3/30

Women's Pole Vault

1	2	Peyton PROFFITT	SO	#5	Otterbein	4.00m	13-1½	3/23
2	8	Claire SCHWELLER	SO	#1	Ohio Northern	3.86m	12-8	4/27
3	18	Emily THOMPSON	SO	#8	Marietta	3.76m	12-4	4/13
4	43	Jessica MASON	FR	#2	Mount Union	3.57m	11-8½	5/3
5	63	Kayla MCADAMS	JR	#2	Mount Union	{2} 3.47m	11-4½	4/25
6	91	Annalyse AMES	FR	#2	Mount Union	{3} 3.39m	11-1½	4/13
7		Ashton CARROLL	JR	#8	Marietta	{2} 3.26m	10-8¼	4/27
8		Ellie FORD	SO	#1	Ohio Northern	{2} 3.25m	10-8	4/14
9		Jaclyn BOARDMAN	JR	#1	Ohio Northern	{3} 3.20m	10-6	4/6
10		Kenzie MURRAY	SR	#7	Heidelberg	3.17m	10-4¾	5/3
10		Olivia OGG	SR	#1	Ohio Northern	{4} 3.17m	10-4¾	5/3

Women's Long Jump

1	2	Genevieve ARNOLD	JR	#3	John Carroll	6.00m	19-8¼ (0.7)	5/3
2	47	Chloe GIBSON	JR	#1	Ohio Northern	5.58m	18-3¾ (0.6)	5/3
3		Lexi WACHTMAN	JR	#7	Heidelberg	5.38m	17-8 (1.6)	5/3
4		Alexis WEBER	FR	#5	Otterbein	5.32m	17-5½ (0.3)	4/19
4		Ariana COLEMAN	SR	#7	Heidelberg	{2} 5.32m	17-5½ (0.7)	5/3
6		Kalie CAMPBELL	FR	#2	Mount Union	5.31m	17-5¼ (-0.6)	5/3
7		Olivia BEAN	SR	#7	Heidelberg	{3} 5.25m	17-2¾ (-0.4)	5/3
8		Lauren RONCONE	SR	#2	Mount Union	{2} 5.19m	17-½ (-0.8)	5/3
8		Rylie HAYNES	FR	#2	Mount Union	{2} 5.19m	17-½ (-0.2)	5/3
10		Lauryn WOLTERS	SO	#1	Ohio Northern	{2} 5.14m	16-10½ (0.5)	3/30

Women's Triple Jump

1	58	Tori MILLER	JR	#3	John Carroll	11.36m	37-3¼ (0.0)	5/3
2	73	Genevieve ARNOLD	JR	#3	John Carroll	{2} 11.27m	36-11¾ (0.0)	5/3
3	78	Emma FEHRMAN	JR	#8	Marietta	11.22m	36-9¾ (0.0)	4/13
4	96	Olivia BEAN	SR	#7	Heidelberg	11.16m	36-7½ (0.8)	4/27
5		Sara GENNUSO	FR	#3	John Carroll	{3} 11.04m	36-2¾ (0.1)	4/6
6		Alexis WEBER	FR	#5	Otterbein	11.02m	36-2 (0.1)	5/3
7		Lauryn WOLTERS	SO	#1	Ohio Northern	10.84m	35-6¾ (1.6)	5/3
8		Ellie FORD	SO	#1	Ohio Northern	{2} 10.78m	35-4½ (1.0)	5/3
9		Ashley BAKER	FR	#1	Ohio Northern	{3} 10.54m	34-7 (0.4)	5/3
10		Chloe GIBSON	JR	#1	Ohio Northern	{4} 10.51m	34-5¾ (-0.1)	5/3

Women's Shot Put

1	27	Amyah CHOSA	FR	#4	Baldwin Wallace	13.45m	44-1½	4/27
2	29	Makayla SITZLAR	SO	#2	Mount Union	13.39m	43-11¼	4/19
3	45	Izzy BURMAN	JR	#1	Ohio Northern	13.06m	42-10¼	5/3
4	63	Makenna RUDY	FR	#2	Mount Union	{2} 12.75m	41-10	4/25
5	98	Samantha SELLERS	JR	#1	Ohio Northern	{2} 12.32m	40-5	5/3
6		Amelia LEWIN	FR	#7	Heidelberg	12.31m	40-4¾	4/27
7		Hannah FRIEND	JR	#1	Ohio Northern	{3} 12.04m	39-6	4/6
8		Anna BRADY	FR	#1	Ohio Northern	{4} 12.01m	39-5	4/27
9		Kenna JOHNSTON	JR	#2	Mount Union	{3} 11.89m	39-¼	4/19
10		Katelyn WAGNER	FR	#1	Ohio Northern	{5} 11.61m	38-1¼	5/3

Women's Discus

1	35	Hannah FRIEND	JR	#1	Ohio Northern	43.05m	141-3	5/3
2	47	Sidney RAMBO	JR	#2	Mount Union	42.17m	138-4	4/13
3	90	Samantha SELLERS	JR	#1	Ohio Northern	{2} 40.16m	131-9	5/3
4		Izzy BURMAN	JR	#1	Ohio Northern	{3} 39.40m	129-3	3/30
5		Lilly JOHNS	JR	#4	Baldwin Wallace	38.22m	125-5	4/6
6		Ravyn GOODSON	JR	#5	Otterbein	38.21m	125-5	4/13
7		Breanna BERWALD	SO	#3	John Carroll	37.23m	122-2	4/13
8		Makayla SITZLAR	SO	#2	Mount Union	{2} 37.07m	121-8	4/6
9		Kenna JOHNSTON	JR	#2	Mount Union	{3} 36.77m	120-8	4/13
10		Jessica DOTSON	SO	#10	Muskingum	36.36m	119-4	4/20



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



OAC

as of 5/7/2024 6:44:24 AM ET

Women's Hammer

1	37	Izzy BURMAN	JR	#1 Ohio Northern	50.40m	165-4	4/20
2	96	Lucy TROUT	SO	#6 Wilmington (Ohi	46.71m	153-3	5/3
3		Hannah FRIEND	JR	#1 Ohio Northern {2}	45.71m	150-0	4/20
4		Sarah HART	SO	#3 John Carroll	44.79m	147-0	3/30
5		Camya CALLOWAY	SO	#6 Wilmington (Ohi{2}	43.67m	143-3	4/13
6		Abby LODEWYCK	SR	#6 Wilmington (Ohi{3}	43.40m	142-5	4/6
7		Avrie O'NEIL	SO	#10 Muskingum	43.19m	141-9	4/13
8		Cara JEWETT	JR	#3 John Carroll {2}	42.67m	140-0	5/3
9		Amy MYERS	SO	#6 Wilmington (Ohi{4}	42.61m	139-10	5/3
10		Lilly JOHNS	JR	#4 Baldwin Wallace	41.92m	137-7	4/27

Women's Javelin

1	100	Leah FRITSCH	SO	#3 John Carroll	36.65m	120-3	4/20
2		Jaclyn BOARDMAN	JR	#1 Ohio Northern	34.95m	114-8	5/3
3		Tarra BEVIER	JR	#1 Ohio Northern {2}	34.28m	112-6	4/27
4		Katlyn FLOYD	FR	#1 Ohio Northern {3}	33.27m	109-2	5/3
5		Olivia KAHOUN	JR	#5 Otterbein	32.28m	105-11	5/3
6		Reese RECKER	JR	#7 Heidelberg	32.03m	105-1	4/27
7		Peyton CARPENTER	JR	#5 Otterbein {2}	31.98m	104-11	4/27
8		Elizabeth SCHNEGG	JR	#8 Marietta	31.75m	104-2	4/27
9		Chloe GIBSON	JR	#1 Ohio Northern {4}	31.61m	103-9	4/20
10		Sidney RAMBO	JR	#2 Mount Union	31.08m	102-0	5/3

Women's Heptathlon

1		Charlie DOLLIVER	SO	#5 Otterbein	3,335		3/16
2		Amanda RADKE	JR	#5 Otterbein {2}	3,153		3/30



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



ODAC

as of 5/7/2024 6:44:24 AM ET

Women's 100 Meters

1	2	Natashe TATE	FR	#5 Virginia Wesleya	11.63	(1.4)	4/27
2	24	Katelyn GAMBLE	SR	#2 Washington and	11.95w	(2.5)	3/23
3	41	Aniya SEWARD	SR	#1 Lynchburg	12.11	(1.4)	4/27
4	70	Lytic HOGGARD	SO	#5 Virginia Wesleya{2}	12.22	(1.4)	4/27
5	85	Janelle ANDERSON	JR	#4 Shenandoah	12.27w	(2.5)	4/13
6	96	Nalonda HENDERSON	FR	#3 Roanoke	12.31	(1.4)	4/27
7		Haylee GAMBLE	SR	#3 Roanoke {2}	12.35w	(2.1)	3/23
8		Tatianna LANGSTON	FR	#8 Randolph	12.46	(1.4)	4/27
9		Summer WALLACE	FR	#6 Bridgewater (Va.	12.49w	(2.2)	4/27
10		Eleanor HINCKLEY	JR	#3 Roanoke {3}	12.50w	(2.2)	4/27

Women's 100 Meter Hurdles

1	2	Aniya SEWARD	SR	#1 Lynchburg	13.76w	(2.1)	3/30
2	11	Betsy MOHNKERN	SR	#1 Lynchburg {2}	14.16w	(2.7)	4/27
3	46	Rebecca CARR	FR	#3 Roanoke	14.76w	(2.7)	4/27
4	67	Amanda ROMANO	JR	#2 Washington and	14.90w	(2.7)	4/27
5	73	Olivia VIERS	FR	#3 Roanoke {2}	14.98	(0.9)	4/13
6		Cammi WINSTON	SR	#3 Roanoke {3}	15.28	(1.0)	4/27
7		Ray Ray TAYLOR	SR	#7 Eastern Mennon	15.29	(1.0)	4/27
8		Madelyn VENABLE	JR	#2 Washington and{2}	15.38w	(2.7)	4/27
9		Paige TULENKO	SR	#2 Washington and{3}	15.71	(0.9)	4/20
10		Olivia BATES	SO	#6 Bridgewater (Va.	15.75	(1.1)	4/27

Women's 200 Meters

1	31	Natashe TATE	FR	#5 Virginia Wesleya	24.74	(1.7)	4/27
2	33	Aniya SEWARD	SR	#1 Lynchburg	24.76w	(3.9)	3/30
3	54	Haylee GAMBLE	SR	#3 Roanoke	24.96	(1.7)	4/27
4	99	Katelyn GAMBLE	SR	#2 Washington and	25.27	(1.4)	4/27
5		Betsy MOHNKERN	SR	#1 Lynchburg {2}	25.67w	(3.9)	3/30
6		Tatianna LANGSTON	FR	#8 Randolph	25.74	(1.7)	4/27
7		Summer WALLACE	FR	#6 Bridgewater (Va.	25.79	(0.5)	4/27
8		Kennedy CHAPMAN	FR	#5 Virginia Wesleya{2}	25.82	(1.7)	4/27
9		Vuronika BARNES	SR	#1 Lynchburg {3}	25.83	(1.5)	3/30
10		Julia HATHAWAY	SO	#5 Virginia Wesleya{3}	25.87	(1.4)	4/27
10		Ray Ray TAYLOR	SR	#7 Eastern Mennon	25.87	(1.1)	4/13

Women's 400 Meters

1	62	Kaitlyn RUIZ	FR	#4 Shenandoah	57.54		3/16
2		Mikayla HEFFERON	SR	#3 Roanoke	58.13		4/27
3		Vuronika BARNES	SR	#1 Lynchburg	58.14		4/27
4		Jesma EVANS	SO	#2 Washington and	58.47		4/27
5		Haylee GAMBLE	SR	#3 Roanoke {2}	58.57		4/27
6		Ray Ray TAYLOR	SR	#7 Eastern Mennon	58.83		3/30
7		Sarah SIDORO	SO	#4 Shenandoah {2}	59.81		4/27
8		Julia HATHAWAY	SO	#5 Virginia Wesleya	59.92		4/27
8		Amia BARNES	JR	#5 Virginia Wesleya	59.92		4/20
10		Mya RIVERA	FR	#10 Guilford	1:00.14		3/22

Women's 400 Meter Hurdles

1	25	Betsy MOHNKERN	SR	#1 Lynchburg	1:03.40		4/13
2	30	Amanda ROMANO	JR	#2 Washington and	1:03.61		4/6
3	70	Allison BOBST	SR	#1 Lynchburg {2}	1:05.20		3/16
4	75	Ophelia LADNER	SO	#3 Roanoke	1:05.36		4/27
5	91	Paige TULENKO	SR	#2 Washington and{2}	1:05.86		4/27
6		Lindsey HOBIN	SO	#3 Roanoke {2}	1:06.58		4/27
7		Jessica TAYLOR	FR	#8 Randolph	1:07.35		4/6
8		Jennifer MOORE	SR	#8 Randolph {2}	1:09.18		4/13
9		Anna MILLER	FR	#1 Lynchburg {3}	1:10.04		3/23
10		Cammi WINSTON	SR	#3 Roanoke {3}	1:10.05		4/27

Women's 800 Meters

1	63	Hannah EDWARDS	FR	#1 Lynchburg	2:15.39		5/3
2	65	Courtney DRUMM	SR	#1 Lynchburg {2}	2:15.46		4/13
3		Molly SILVA	JR	#1 Lynchburg {3}	2:18.33		3/30
4		Ella CLINGENPEEL	FR	#5 Virginia Wesleya	2:18.37		4/27
5		Lauren THOMAS	JR	#1 Lynchburg {4}	2:18.99		3/30
6		Emma NICELY	JR	#4 Shenandoah	2:19.17		4/27
7		Mackenzie YOUNG	SR	#6 Bridgewater (Va.	2:20.05		4/27
8		Mackenzie PLOWMAN	JR	#4 Shenandoah {2}	2:22.80		4/27
9		Lauren MASSEY	SR	#1 Lynchburg {5}	2:22.98		4/13
10		Elili ASEFA	SO	#7 Eastern Mennon	2:23.92		5/3

Women's 1500 Meters

1	19	Kayla WERNER	FR	#1 Lynchburg	4:30.93		5/3
2	24	Courtney DRUMM	SR	#1 Lynchburg {2}	4:32.01		3/23
3		Molly SILVA	JR	#1 Lynchburg {3}	4:42.61		4/6
4		Lauren MASSEY	SR	#1 Lynchburg {4}	4:42.94		4/6
5		Allison DELL	JR	#1 Lynchburg {5}	4:45.11		3/23
6		Mackenzie YOUNG	SR	#6 Bridgewater (Va.	4:45.64		4/27
7		Kristen WERNER	FR	#1 Lynchburg {6}	4:50.10		3/23
8		Madeline LOTTIS	JR	#4 Shenandoah	4:51.58		3/23
9		Lauren THOMAS	JR	#1 Lynchburg {7}	4:52.40		3/23
10		Annalise WILLIAMS	FR	#1 Lynchburg {8}	4:53.68		3/16

Women's Steeplechase

1	74	Emily SMEDS	JR	#6 Bridgewater (Va.	11:24.29		3/23
2		Mackenzie YOUNG	SR	#6 Bridgewater (Va){2}	11:35.97		3/23
3		Madeline LOTTIS	JR	#4 Shenandoah	11:36.23		4/27
4		Brianna BREYALD	SO	#2 Washington and	11:39.71		4/6
5		Vendela SVAERD	FR	#3 Roanoke	11:51.41		4/27
6		Eve SPENCER	SO	#2 Washington and{2}	11:52.95		4/6
7		Elili ASEFA	SO	#7 Eastern Mennon	12:00.21		4/27
8		Cecelia ATEN	SR	#5 Virginia Wesleya	12:09.06		4/27
9		Emma MADRIGAL	SO	#4 Shenandoah {2}	12:14.03		4/27
10		Susanna PRICE	SO	#3 Roanoke {2}	12:21.53		4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



ODAC

as of 5/7/2024 6:44:24 AM ET

Women's 5000 Meters

1	8	Kayla WERNER	FR	#1 Lynchburg	16:34.40	4/6
2	43	Courtney DRUMM	SR	#1 Lynchburg	{2} 17:10.01	4/6
3	52	Allison DELL	JR	#1 Lynchburg	{3} 17:16.48	4/6
4	79	Olivia WARR	FR	#2 Washington and	17:32.04	4/6
5		Kristen WERNER	FR	#1 Lynchburg	{4} 17:44.24	4/13
6		Mackenzie YOUNG	SR	#6 Bridgewater (Va.	17:51.04	5/3
7		Claire HAMLET	JR	#2 Washington and	{2} 17:53.61	4/6
8		Lauren MASSEY	SR	#1 Lynchburg	{5} 17:59.93	3/16
9		Elise MOLINARO	SR	#2 Washington and	{3} 18:09.31	3/16
10		Lucy UNZICKER	SR	#7 Eastern Mennon	18:25.03	4/13

Women's 10,000 Meters

1	18	Courtney DRUMM	SR	#1 Lynchburg	35:31.83	4/20
2	42	Allison DELL	JR	#1 Lynchburg	{2} 36:24.86	4/27
3	44	Elise MOLINARO	SR	#2 Washington and	36:28.51	4/27
4	66	Emily SMEDS	JR	#6 Bridgewater (Va.	37:00.00	4/14
5		Kristen WERNER	FR	#1 Lynchburg	{3} 38:09.00	4/27
6		Delaney SAULSBURY	SO	#1 Lynchburg	{4} 38:20.37	4/27
7		Lucy UNZICKER	SR	#7 Eastern Mennon	38:53.43	4/27
8		Madeline LOTT	JR	#4 Shenandoah	39:07.95	4/6
9		Sarah CHRISTY	JR	#4 Shenandoah	{2} 39:43.49	4/27
10		Allie CLARKSON	SO	#4 Shenandoah	{3} 40:57.51	4/27

Women's 4x100 Relay

1	13	Kacey Kelly, Betsy Mohnkern, Vuronika Barnes, Aniya Seward	#1 Lynchburg	47.37	4/27
2	22	Haylee Gamble, Lindsey Hobin, Nalonda Henderson, Eleanor Hinckley	#3 Roanoke	47.70	3/30
3	32	Lytic Hoggard, Julia Hathaway, Kennedy Chapman, Natashe Tate	#5 Virginia Wesleya	47.89	4/27
4	58	#Type!	#2 Washington and	48.51	4/20
5	87	Jaidyn Turner, Kendra Smith, Jessica Taylor, Tatianna Langston	#8 Randolph	49.13	4/27
6	98	Adalia Coleman, Olivia Bates, Summer Wallace, Jade Buckles	#6 Bridgewater (Va	49.37	4/27
7		Kaitlyn Loy, Janelle Anderson, Sarah Sidor, Alexis Hubbard	#4 Shenandoah	49.84	4/13
8		Saida Bangura, Asia Williams, Cassidy Lewis, Shannea Ingraham	#11 Averett	51.34	3/16
9		Heaven Richardson, Jenna Shotten, Zekiah Johnson, Zadah Johnson	#10 Guilford	53.46	3/22
10		Airiana Beverley, Emma Kelley, Jordan Booker, Trina Lewis	#12 Ferrum	53.63	4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



ODAC

as of 5/7/2024 6:44:24 AM ET

Women's 4x400 Relay

1	22	Betsy Mohnkern, Vuronika Barnes, Aniya Seward, Hannah Edwards	#1 Lynchburg	3:54.58	4/13
2	32	Mikayla Hefferon, Lindsey Hobin, Maryrose Molina- Shuman, Haylee Gamble	#3 Roanoke	3:56.83	4/13
3	64	Simmons Lee, Annabelle Sutliff, Jesma Evans, Jordynn Palethorpe	#2 Washington and	4:01.21	3/16
4		Sarah Sidoro, Emma Nicely, Amy Oleksy, Mackenzie Plowman	#4 Shenandoah	4:08.48	4/27
5		Amia Barnes, Kiera Coleman, Anisah Kersey, Ella Clingenpeel	#5 Virginia Wesleya	4:08.90	4/27
6		Jennifer Moore, Patrice Forcey, Tatianna Langston, Jessica Taylor	#8 Randolph	4:10.16	4/20
7		Olivia Bates, Megan Wimmer, Mackenzie Young, Summer Wallace	#6 Bridgewater (Va	4:19.18	4/27
8		Jazmine Patterson, Holly Hylton, Dawn Forrest, Izzy Workman	#9 Hollins	4:50.49	4/27

Women's High Jump

1	15	Katya HOOVER	JR	#4 Shenandoah	1.68m	5-6	4/27
2	31	Kaitlyn NGUYEN	SR	#3 Roanoke	1.65m	5-5	4/27
3	39	Camille GILLUM	SO	#2 Washington and	1.63m	5-4¼	3/16
4	70	Kaia BEDDOWS	FR	#2 Washington and	1.60m	5-3	4/20
5	92	Summer WALLACE	FR	#6 Bridgewater (Va	1.59m	5-2½	4/27
5	92	Norah CIANO	JR	#5 Virginia Wesleya	1.59m	5-2½	4/27
7		Rebecca CARR	FR	#3 Roanoke	1.58m	5-2¼	3/16
8		Ray Ray TAYLOR	SR	#7 Eastern Mennon	1.55m	5-1	3/30
9		Natalie MOORE	SO	#10 Guilford	1.53m	5-¼	4/27
10		Margo FOX	SO	#1 Lynchburg	1.45m	4-9	3/23

Women's Pole Vault

1	21	Ashley D'AMBROSIA	JR	#2 Washington and	3.70m	12-1½	4/20
2	29	Allison BOBST	SR	#1 Lynchburg	3.65m	11-11¾	3/30
3		Anna STAFFORD	SO	#3 Roanoke	3.30m	10-9¾	4/13
3		Cameron WEBER	FR	#1 Lynchburg	3.30m	10-9¾	4/13
5		Alyssa TONETTI	FR	#1 Lynchburg	3.20m	10-6	3/30
6		Tasha MILLER	SO	#3 Roanoke	3.15m	10-4	4/13
7		Abby CHOLEWA	FR	#2 Washington and	3.11m	10-2½	4/13
8		Sofia IUTERI	FR	#2 Washington and	2.96m	9-8½	4/27
9		Kailee FRANKLIN	SR	#7 Eastern Mennon	2.70m	8-10¼	4/13

Women's Long Jump

1	9	Ray Ray TAYLOR	SR	#7 Eastern Mennon	5.82mw	19-1¼ (2.1)	4/27
2	63	Summer WALLACE	FR	#6 Bridgewater (Va	5.52m	18-1½ (0.4)	4/27
3	99	Kennedy CHAPMAN	FR	#5 Virginia Wesleya	5.41m	17-9 (0.9)	4/27
4		Olivia VIER	FR	#3 Roanoke	5.39m	17-8¾ (0.8)	4/13
5		Mahlia PARSONS	SR	#1 Lynchburg	5.36m	17-7 (0.5)	3/30
5		Madelyn VENABLE	JR	#2 Washington and	5.36m	17-7 (1.4)	4/27
7		Aniya SEWARD	SR	#1 Lynchburg	5.35m	17-6¾ (1.7)	4/27
7		Kacey KELLY	SO	#1 Lynchburg	5.35m	17-6¾ (0.5)	3/23
9		J'Quaycia BROWN	SR	#6 Bridgewater (Va	5.34m	17-6¼ (0.5)	4/27
10		Kiara SMITH	JR	#1 Lynchburg	5.27m	17-3½ (0.7)	4/13

Women's Triple Jump

1	12	Kacey KELLY	SO	#1 Lynchburg	12.13m	39-9¾ (0.8)	4/12
2	13	Aniya SEWARD	SR	#1 Lynchburg	12.09m	39-8 (0.0)	4/13
3	26	Ayeshia WATSON	FR	#9 Hollins	11.71m	38-5 (2.0)	3/22
4	42	Ray Ray TAYLOR	SR	#7 Eastern Mennon	11.53mw	37-10 (2.2)	4/17
5	96	Mahlia PARSONS	SR	#1 Lynchburg	11.16m	36-7½ (-0.5)	5/3
6		Olivia BATES	SO	#6 Bridgewater (Va	10.99m	36-¾ (0.3)	4/27
7		Kiara SMITH	JR	#1 Lynchburg	10.92m	35-10 (0.0)	4/13
8		Angel DAVID	FR	#7 Eastern Mennon	10.90mw	35-9¼ (2.8)	4/13
9		Kendra SMITH	JR	#8 Randolph	10.81m	35-5¾ (0.4)	4/13
10		Cammi WINSTON	SR	#3 Roanoke	10.72m	35-2 (0.0)	4/27

Women's Shot Put

1	39	Abby MIKOLAY	FR	#6 Bridgewater (Va	13.13m	43-1	4/20
2	83	Ray Ray TAYLOR	SR	#7 Eastern Mennon	12.48m	40-11½	4/27
3	93	Grace FOWLER	SR	#3 Roanoke	12.37m	40-7	4/6
4		Logan BABBS	JR	#1 Lynchburg	12.13m	39-9¾	4/27
5		Olivia BERTSON	SR	#2 Washington and	11.77m	38-7½	3/23
6		Kenzie SWICEGOOD	FR	#1 Lynchburg	11.73m	38-6	4/20
7		Bailey HEDGEMON	SO	#2 Washington and	11.57m	37-11½	4/27
8		Kiara FELSTON	SR	#4 Shenandoah	11.31m	37-1¼	4/13
9		Daryl TUCKER	SO	#5 Virginia Wesleya	11.23m	36-10¼	4/27
10		Kiersten ALLING	FR	#8 Randolph	11.02m	36-2	4/20

Women's Discus

1	75	Abby MIKOLAY	FR	#6 Bridgewater (Va	40.67m	133-5	4/20
2	89	Quinlin ZUNK	JR	#2 Washington and	40.18m	131-10	3/23
3		Logan BABBS	JR	#1 Lynchburg	38.75m	127-2	4/27
4		Kenzie SWICEGOOD	FR	#1 Lynchburg	37.23m	122-2	5/3
5		Nalonda HENDERSON	FR	#3 Roanoke	37.18m	122-0	4/13
6		Daryl TUCKER	SO	#5 Virginia Wesleya	37.12m	121-10	4/6
7		Abby MCGLOTHLIN	SO	#3 Roanoke	36.92m	121-2	4/27
8		Kiara FELSTON	SR	#4 Shenandoah	36.86m	120-11	3/16
9		Kiersten ALLING	FR	#8 Randolph	36.34m	119-3	4/27
10		Claudia DISBROW	SO	#3 Roanoke	36.22m	118-10	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



ODAC

as of 5/7/2024 6:44:24 AM ET

Women's Hammer

1	36	Kiara FELSTON	SR	#4 Shenandoah	50.47m	165-7	4/13
2	69	Bailey HEDGEMON	SO	#2 Washington and	47.90m	157-2	3/23
3	98	Logan BABBS	JR	#1 Lynchburg	46.68m	153-2	3/30
4		Quinlin ZUNK	JR	#2 Washington and {2}	46.31m	151-11	4/27
5		Grace FOWLER	SR	#3 Roanoke	44.56m	146-3	4/27
6		Jessica RENDFREY	JR	#4 Shenandoah {2}	44.17m	144-11	4/13
7		Abby MIKOLAY	FR	#6 Bridgewater (Va	41.27m	135-5	4/6
8		Brianna MORGAN	SO	#6 Bridgewater (Va {2}	41.04m	134-8	3/23
9		Sarah FUCHS	SO	#3 Roanoke {2}	40.98m	134-6	4/27
10		Daryl TUCKER	SO	#5 Virginia Wesleya	40.39m	132-6	3/30

Women's Javelin

1	40	Katya HOOVER	JR	#4 Shenandoah	39.26m	128-10	3/16
2	67	Ray Ray TAYLOR	SR	#7 Eastern Mennon	37.90m	124-4	3/23
3	71	Mya RIVERA	FR	#10 Guilford	37.82m	124-1	4/27
4	91	Carlota GONZALEZ	FR	#11 Averett	36.91m	121-1	4/20
5		Kacey KELLY	SO	#1 Lynchburg	35.64m	116-11	4/27
6		Claudia DISBROW	SO	#3 Roanoke	34.96m	114-9	4/27
7		Kate LANDIS	SR	#7 Eastern Mennon {2}	31.47m	103-3	3/23
8		Norah CIANO	JR	#5 Virginia Wesleya	29.21m	95-10	3/30
9		Darria HUNTER	FR	#1 Lynchburg {2}	28.93m	94-11	4/13
10		Jaiden MITCHELL	FR	#5 Virginia Wesleya {2}	28.86m	94-8¼	4/27

Women's Heptathlon

1	10	Ray Ray TAYLOR	SR	#7 Eastern Mennon	4,653		4/13
2		Jessica TAYLOR	FR	#8 Randolph	2,767		3/15



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



PAC

as of 5/7/2024 6:44:25 AM ET

Women's 100 Meters

1	39	Jessica FATIGATI	SR	#3 Westminster (Pa	12.09	(0.3)	4/26
2	70	Aurielle BRUNNER	JR	#6 Chatham	12.22	(0.3)	4/26
3		Emma RUDOLPH	SR	#3 Westminster (Pa{2}	12.33	(1.0)	4/26
4		Breannnda DAVIS	SR	#3 Westminster (Pa{3}	12.66	(1.0)	4/26
5		Madison CONLEY	SR	#3 Westminster (Pa{4}	12.68	(1.3)	4/26
6		Jenna ZENDRON	FR	#3 Westminster (Pa{5}	12.71	(1.6)	4/26
7		Zoe ROMANOWSKI	SR	#1 Allegheny (Pa.)	12.80	(1.6)	4/26
8		Audrey CHAPMAN	FR	#4 Washington & Je	12.95	(1.3)	4/26
8		Carolyn COLTERYAHN	JR	#2 Grove City	12.95w	(2.4)	4/18
10		Anna STROUP	SR	#4 Washington & Je{2}	12.98	(1.0)	4/26

Women's 100 Meter Hurdles

1	74	Breannnda DAVIS	SR	#3 Westminster (Pa	15.00	(0.1)	4/26
2	86	Sarah SCHNEIDER	SO	#4 Washington & Je	15.10w	(2.3)	4/6
3	97	Jadyn HARTNER	SR	#4 Washington & Je{2}	15.19	(1.4)	4/26
4		Anna STROUP	SR	#4 Washington & Je{3}	15.47	(1.4)	4/26
5		Ryann ESSEY	SO	#3 Westminster (Pa{2}	16.11w	(2.1)	4/26
6		Rosa MONARCH	FR	#1 Allegheny (Pa.)	16.15w	(2.1)	4/26
7		Tamyah RAY	SO	#3 Westminster (Pa{3}	16.51	(1.4)	4/26
8		Caroline KOZERA	FR	#7 Saint Vincent	16.61	(0.9)	3/23
9		Aurielle BRUNNER	JR	#6 Chatham	16.79	(1.7)	4/12
10		Hannah COSTA	FR	#2 Grove City	17.01	(1.4)	4/26

Women's 200 Meters

1	31	Aurielle BRUNNER	JR	#6 Chatham	24.74	(0.2)	4/26
2		Jessica FATIGATI	SR	#3 Westminster (Pa	25.47w	(3.3)	4/13
3		Emma RUDOLPH	SR	#3 Westminster (Pa{2}	25.65	(0.2)	4/26
4		Zoe ROMANOWSKI	SR	#1 Allegheny (Pa.)	26.24	(0.7)	4/18
5		Ella RISHHELL	FR	#8 Waynesburg	26.38	(0.2)	4/26
6		Jenna ZENDRON	FR	#3 Westminster (Pa{3}	26.58	(0.2)	4/26
7		Saige MUSSER	JR	#5 Geneva	26.75	(0.6)	4/26
8		Caitlyn GOODRICH	SR	#3 Westminster (Pa{4}	26.94	(0.6)	4/26
9		Audrey CHAPMAN	FR	#4 Washington & Je	26.97	(0.2)	4/26
9		Miranda GUTHRIE	SR	#7 Saint Vincent	26.97	(0.6)	4/26

Women's 400 Meters

1		Jenna ZENDRON	FR	#3 Westminster (Pa	59.17		4/26
2		Zoe ROMANOWSKI	SR	#1 Allegheny (Pa.)	59.75		4/26
3		Logan WAGNER	SO	#1 Allegheny (Pa.) {2}	59.81		4/26
4		Renee TETLOW	SO	#1 Allegheny (Pa.) {3}	1:00.88		4/26
5		Abigail PAINTER	SO	#3 Westminster (Pa{2}	1:01.21		4/26
6		Caitlyn GOODRICH	SR	#3 Westminster (Pa{3}	1:01.62		4/18
7		Miranda GUTHRIE	SR	#7 Saint Vincent	1:01.71		4/26
8		Lydia BENNETT	JR	#2 Grove City	1:02.24		4/13
8		Rebecca BOLSTER	SO	#9 Franciscan	1:02.24		4/26
10		Brooklen HELTON	FR	#5 Geneva	1:02.67		4/26

Women's 400 Meter Hurdles

1	37	Jadyn HARTNER	SR	#4 Washington & Je	1:03.97		4/20
2	94	Breannnda DAVIS	SR	#3 Westminster (Pa	1:06.00		4/6
3		Sarah SCHNEIDER	SO	#4 Washington & Je{2}	1:07.00		3/16
4		Renee TETLOW	SO	#1 Allegheny (Pa.)	1:07.23		4/13
5		Ryann ESSEY	SO	#3 Westminster (Pa{2}	1:10.84		4/26
6		Piper YOUNG	FR	#6 Chatham	1:12.09		4/26
7		Skye KRAMER	FR	#1 Allegheny (Pa.) {2}	1:12.51		4/18
8		Tamyah RAY	SO	#3 Westminster (Pa{3}	1:12.82		4/26
9		Paige COTTON	SR	#2 Grove City	1:13.67		4/18
10		Hannah COSTA	FR	#2 Grove City {2}	1:13.84		4/26

Women's 800 Meters

1	47	Lauren DOSCH	FR	#9 Franciscan	2:14.29		4/26
2	77	Miranda CINCOTTA	SO	#7 Saint Vincent	2:16.26		4/14
3	95	Celia COCCA	JR	#1 Allegheny (Pa.)	2:16.89		4/26
4	97	Hailey CARROLL	SO	#5 Geneva	2:16.91		3/16
5		Lydia BENNETT	JR	#2 Grove City	2:18.72		4/18
6		Cayla LAWRENCE	FR	#2 Grove City {2}	2:20.83		4/18
7		Jessica CAMPBELL	JR	#9 Franciscan {2}	2:22.59		4/26
8		Grace SMITH	JR	#2 Grove City {3}	2:24.02		3/23
9		Cassie CARR	SR	#4 Washington & Je	2:24.51		4/14
10		Renee TETLOW	SO	#1 Allegheny (Pa.) {2}	2:24.59		3/30

Women's 1500 Meters

1		Lydia BENNETT	JR	#2 Grove City	4:43.29		4/26
2		Miranda CINCOTTA	SO	#7 Saint Vincent	4:44.69		4/26
3		Hailey CARROLL	SO	#5 Geneva	4:46.44		4/26
4		Grace SMITH	JR	#2 Grove City {2}	4:46.83		4/26
5		Nelly STAFFORD	JR	#1 Allegheny (Pa.)	4:48.19		4/26
6		Cayla LAWRENCE	FR	#2 Grove City {3}	4:50.30		4/26
7		Claire WALTERS	SR	#9 Franciscan	4:50.73		4/26
8		Claire ANDERSON	SO	#4 Washington & Je	4:52.15		4/14
9		Lauren DOSCH	FR	#9 Franciscan {2}	4:52.95		4/13
10		Jessica CAMPBELL	JR	#9 Franciscan {3}	4:53.97		4/20

Women's Steeplechase

1	31	Grace SMITH	JR	#2 Grove City	11:03.35		4/26
2	41	Ella LYLE	JR	#2 Grove City {2}	11:12.00		4/26
3	55	Marrin CRIST	JR	#1 Allegheny (Pa.)	11:16.89		4/26
4		Genevieve FELTMEYER	SR	#1 Allegheny (Pa.) {2}	11:49.19		4/26
5		Virginia WILLIAMS	JR	#2 Grove City {3}	11:53.73		4/26
6		Catherine O'DONNELL	SR	#5 Geneva	12:10.04		4/26
7		Jessica CAMPBELL	JR	#9 Franciscan	12:18.79		4/13
8		Monica CURTIS	SO	#3 Westminster (Pa	12:21.21		4/26
9		Reagan PETTIS	SO	#8 Waynesburg	12:41.62		4/26
10		Genevieve RUTH	FR	#4 Washington & Je	12:44.22		4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



PAC

as of 5/7/2024 6:44:25 AM ET

Women's 5000 Meters

1	Claire ANDERSON	SO	#4 Washington & Je	17:47.05	3/23
2	Carmen MEDVIT	SO	#5 Geneva	17:49.24	4/14
3	Marrin CRIST	JR	#1 Allegheny (Pa.)	18:14.89	3/30
4	Nelly STAFFORD	JR	#1 Allegheny (Pa.) {2}	18:37.83	3/23
5	Virginia WILLIAMS	JR	#2 Grove City	18:40.41	4/13
6	Lydia BENNETT	JR	#2 Grove City {2}	18:57.24	3/16
7	Grace SMITH	JR	#2 Grove City {3}	18:57.82	3/16
8	Kristen PRINCE	SO	#7 Saint Vincent	19:10.81	3/23
9	Maria GILLES	SO	#4 Washington & Je {2}	19:11.44	4/26
10	Julia BAUER	JR	#2 Grove City {4}	19:23.91	3/16

Women's 10,000 Meters

1	85 Claire ANDERSON	SO	#4 Washington & Je	37:42.65	4/26
2	98 Carmen MEDVIT	SO	#5 Geneva	37:55.31	4/26
3	Grace REID-VENSEL	FR	#4 Washington & Je {2}	39:31.79	4/26
4	Grace TANKSLEY	SO	#8 Waynesburg	39:37.82	4/26
5	Julia BAUER	JR	#2 Grove City	39:41.21	4/26
6	Kristen PRINCE	SO	#7 Saint Vincent	40:08.08	4/26
7	Madeline ALLEN	SR	#1 Allegheny (Pa.)	40:32.99	4/26
8	Erin O'NEILL	SR	#1 Allegheny (Pa.) {2}	41:34.79	4/26
9	Gabrielle REIFSNYDER	SR	#8 Waynesburg {2}	42:18.47	4/6
10	Chloe BONSON	SO	#1 Allegheny (Pa.) {3}	42:49.39	4/26

Women's 4x100 Relay

1	32 Breannnda Davis, Jessica Fatigati, Madison Conley, Emma Rudolph	#3 Westminster (Pa)	47.89	4/26
2	Anna Stroup, Sarah Schneider, Audrey Chapman, Jadyne Hartner	#4 Washington & Je	50.29	4/26
3	Zoe Romanowski, Aubryanna Snyder, Skye Kramer, Rosa Monarch	#1 Allegheny (Pa.)	51.03	4/26
4	Aurielle Brunner, Kendall Sirignano, Molly Standing, Aubree Tack	#6 Chatham	51.07	4/26
5	Rowan Dennis, Saige Musser, Emily Garvin, Isabella Matsook	#5 Geneva	51.27	4/26
6	Carolyn Colteryahn, Paige Cotton, Hannah Costa, Rebecca Vezzosi	#2 Grove City	51.55	4/26
7	Lucia Johnson, Caroline Kozera, Lauren Kozera, Cadence Smith	#7 Saint Vincent	53.51	3/16

Women's 4x400 Relay

1	65 Zoe Romanowski, Logan Wagner, Celia Cocca, Renee Tetlow	#1 Allegheny (Pa.)	4:01.27	4/18
2	91 Jessica Fatigati, Jenna Zendron, Caitlyn Goodrich, Breannnda Davis	#3 Westminster (Pa)	4:04.17	4/26
3	Rebecca Bolster, Claire Walters, Jessica Campbell, Lauren Dosch	#9 Franciscan	4:07.83	4/26
4	Aurielle Brunner, Kendall Sirignano, Molly Standing, Piper Young	#6 Chatham	4:10.47	4/26
5	Cayla Lawrence, Lydia Bennett, Annie Hermann, Natalie Minnaar	#2 Grove City	4:10.58	4/26
6	Miranda Guthrie, Lily Murphy, Caroline Kozera, Miranda Cincotta	#7 Saint Vincent	4:12.22	3/16
7	Favour Oladapo, Rachel Blessing, Emily Garvin, Brooklen Helton	#5 Geneva	4:17.15	4/26
8	Anna Stroup, Jadyne Hartner, Savannah Sevacco, Cassie Carr	#4 Washington & Je	4:23.56	4/26
9	Ella Boothe, Samantha Kelly, Ella Rishell, Lilly Ryer	#8 Waynesburg	4:47.79	3/16

Women's High Jump

1	9 Breannnda DAVIS	SR	#3 Westminster (Pa)	1.69m	5-6½	4/13
2	21 Aurielle BRUNNER	JR	#6 Chatham	1.67m	5-5¾	4/26
3	35 Katie BALLER	SR	#2 Grove City	1.64m	5-4½	4/26
4	Elly BRUNER	FR	#2 Grove City {2}	1.55m	5-1	4/13
5	Daphne ALEXANDER	FR	#5 Geneva	1.53m	5-¼	3/9
5	Sha'nia STIERS-ROYAL	SR	#11 Thiel	1.53m	5-¼	4/26
5	Kendall CODDINGTON	FR	#2 Grove City {3}	1.53m	5-¼	4/26
8	Delfina VIVIAN	JR	#10 Bethany (W.Va.)	1.48m	4-10¼	4/26
9	Jadyne HARTNER	SR	#4 Washington & Je	1.47m	4-9¾	3/30
10	Tori STEWART	JR	#2 Grove City {4}	1.43m	4-8¼	4/26
10	Maeve HANLEY	FR	#8 Waynesburg	1.43m	4-8¼	4/26



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



PAC

as of 5/7/2024 6:44:25 AM ET

Women's Pole Vault

1	9	Emma RUDOLPH	SR	#3 Westminster (Pa)	3.85m	12-7½	4/6
2	16	Madison CONLEY	SR	#3 Westminster (Pa){2}	3.77m	12-4½	5/4
3	35	Corinne INKLEY	FR	#1 Allegheny (Pa.)	3.60m	11-9¾	4/18
3	35	Missy TREHARN	SO	#3 Westminster (Pa){3}	3.60m	11-9¾	4/18
5		Kimbria LANCE	SR	#9 Franciscan	3.01m	9-10½	4/19
6		Kara YAUKEY	FR	#8 Waynesburg	2.80m	9-2¼	3/16
7		Jessica ROSS	FR	#6 Chatham	2.75m	9-¼	3/23
8		Aliyah HILLMAN	JR	#5 Geneva	2.73m	8-11½	4/26
8		Amanda MCGURK	FR	#2 Grove City	2.73m	8-11½	4/13
10		Carmella RYAN	FR	#3 Westminster (Pa){4}	2.43m	7-11½	4/13

Women's Long Jump

1	10	Aurielle BRUNNER	JR	#6 Chatham	5.81m	19-¾ (-2.2)	4/26
2	78	Breannnda DAVIS	SR	#3 Westminster (Pa)	5.48m	17-11¾ (-1)	4/26
3		Sarah SCHNEIDER	SO	#4 Washington & Je	5.24mw	17-2¼ (2.8)	4/13
4		Rebecca VEZZOSI	FR	#2 Grove City	5.09m	16-8½ (-1.1)	4/26
5		Aubryanna SNYDER	FR	#1 Allegheny (Pa.)	5.02m	16-5¾ (0.8)	4/6
6		Elly BRUNER	FR	#2 Grove City {2}	5.01m	16-5¼ (-1.1)	4/26
7		Carsyn HETZLER	JR	#5 Geneva	5.00m	16-5 (0.4)	4/26
8		Alexis MCFADDEN	JR	#11 Thiel	4.98m	16-4¼ (0.0)	4/6
9		Madison DONELSON	FR	#10 Bethany (W.Va.)	4.94m	16-2½ (0.1)	4/19
10		Emma PARNELL	SO	#5 Geneva {2}	4.92mw	16-1¾ (2.4)	4/13
10		Jadyn HARTNER	SR	#4 Washington & Je{2}	4.92m	16-1¾ (0.4)	4/6

Women's Triple Jump

1	7	Aurielle BRUNNER	JR	#6 Chatham	12.22m	40-1¼ (1.3)	4/25
2		Breannnda DAVIS	SR	#3 Westminster (Pa)	10.95m	35-11¼ (0.7)	4/26
3		Savannah SEVACKO	SR	#4 Washington & Je	10.90m	35-9¼ (-0.5)	4/26
4		Alexis MCFADDEN	JR	#11 Thiel	10.80m	35-5¼ (-0.6)	4/26
5		Emma PARNELL	SO	#5 Geneva	10.71mw	35-1¾ (2.3)	3/9
6		Aubryanna SNYDER	FR	#1 Allegheny (Pa.)	10.50mw	34-5½ (2.4)	4/13
7		Ella RISHELL	FR	#8 Waynesburg	10.37m	34-¼ (0.4)	4/26
8		Elly BRUNER	FR	#2 Grove City	10.35m	33-11½ (0.0)	4/18
9		Victoria LEAK	FR	#2 Grove City {2}	9.94m	32-7½ (0.4)	4/26
10		Aubree TACK	SO	#6 Chatham {2}	9.84m	32-3½ (0.7)	4/19

Women's Shot Put

1	30	Lexi SHIDERLY	JR	#3 Westminster (Pa)	13.35m	43-9¾	4/26
2	64	Emma MILLER	JR	#1 Allegheny (Pa.)	12.70m	41-8	4/26
3	75	Laila DAVIS	JR	#1 Allegheny (Pa.) {2}	12.54m	41-1¾	4/14
4		Shelby RAMBO	SO	#3 Westminster (Pa){2}	12.23m	40-1½	4/6
5		Katie KOVALCHICK	FR	#4 Washington & Je	11.71m	38-5	4/26
6		Kayla JOHNSON	SO	#6 Chatham	11.36m	37-3¼	4/26
7		Megan WISE	SO	#2 Grove City	11.29m	37-½	4/26
8		Anna Rose SAYLES	SR	#2 Grove City {2}	11.09m	36-4¾	3/23
9		Angie BAWEK	FR	#1 Allegheny (Pa.) {3}	11.05m	36-3	4/26
10		Rachel BRADY	SO	#3 Westminster (Pa){3}	10.89m	35-8¾	4/18

Women's Discus

1	39	Shelby RAMBO	SO	#3 Westminster (Pa)	42.74m	140-3	4/13
2	95	Brigid MACK	JR	#9 Franciscan	39.97m	131-2	4/26
3		Alexis MAHAFFEY	JR	#10 Bethany (W.Va.)	38.81m	127-4	4/26
4		Laila DAVIS	JR	#1 Allegheny (Pa.)	35.98m	118-1	4/26
5		Makenna PHILSON	SO	#10 Bethany (W.Va.) {2}	35.87m	117-8	4/13
6		Jacqueline DIGIACOMO	SO	#1 Allegheny (Pa.) {2}	35.77m	117-4	4/26
7		Megan WISE	SO	#2 Grove City	35.33m	115-11	4/26
8		Angie BAWEK	FR	#1 Allegheny (Pa.) {3}	35.12m	115-3	4/26
9		Joy GUTHRIE	FR	#2 Grove City {2}	34.94m	114-8	4/6
10		Lauryn GUILD	FR	#5 Geneva	34.22m	112-3	4/13

Women's Hammer

1	29	Laila DAVIS	JR	#1 Allegheny (Pa.)	51.46m	168-10	4/20
2	87	Alexis MAHAFFEY	JR	#10 Bethany (W.Va.)	47.28m	155-2	5/4
3		Allison STANDISH	SO	#5 Geneva	42.93m	140-10	3/9
4		Emma MILLER	JR	#1 Allegheny (Pa.) {2}	39.86m	130-9	4/6
5		Danika SUDAR	JR	#2 Grove City	38.91m	127-8	4/6
6		Sarah YANNAYON	FR	#6 Chatham	34.20m	112-3	4/6
7		Jacqueline DIGIACOMO	SO	#1 Allegheny (Pa.) {3}	33.97m	111-6	4/6
8		Caitlyn FAUST	SR	#1 Allegheny (Pa.) {4}	31.21m	102-5	3/23
9		Emma JACKMAN	SR	#5 Geneva {2}	30.98m	101-8	4/6
10		Makenna PHILSON	SO	#10 Bethany (W.Va.) {2}	30.85m	101-3	3/23

Women's Javelin

1	4	Grace TICE	SR	#10 Bethany (W.Va.)	44.57m	146-3	4/26
2	34	Elizabeth LUBOLD	SO	#1 Allegheny (Pa.)	39.72m	130-4	5/3
3	35	Katie KOVALCHICK	FR	#4 Washington & Je	39.68m	130-2	4/26
4	61	Isabelle ILIEV	SR	#11 Thiel	38.12m	125-1	4/18
5	76	Emily GARVIN	FR	#5 Geneva	37.61m	123-5	4/19
6	85	Megan BARRY	JR	#8 Waynesburg	37.10m	121-9	4/26
7	89	Angie BAWEK	FR	#1 Allegheny (Pa.) {2}	36.92m	121-2	3/30
8		Natalie DOUBLE	FR	#8 Waynesburg {2}	36.40m	119-5	5/4
9		Rachel BRADY	SO	#3 Westminster (Pa)	34.18m	112-2	4/26
10		Shelby RAMBO	SO	#3 Westminster (Pa){2}	33.65m	110-5	4/26

Women's Heptathlon

1	17	Aurielle BRUNNER	JR	#6 Chatham	4,543		4/12
2	28	Breannnda DAVIS	SR	#3 Westminster (Pa)	4,426		3/30
3	84	Jadyn HARTNER	SR	#4 Washington & Je	3,700		3/30
4		Victoria LEAK	FR	#2 Grove City	3,014		4/12
5		Ryann ESSEY	SO	#3 Westminster (Pa){2}	2,868		3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SAA

as of 5/7/2024 6:44:25 AM ET

Women's 100 Meters

1	25	Olivia FREEMAN	SO	#3	Rhodes	11.96w	(3.0)	4/27
2	33	Madjo DOUMBIA	JR	#1	Centre	12.04w	(2.3)	4/27
3	78	Aubrey GUYDEN	SO	#4	Oglethorpe	12.25w	(2.7)	4/13
4		Chloe HEIN	FR	#1	Centre	{2} 12.35w	(2.3)	4/27
5		Kirsten WRIGHT	FR	#4	Oglethorpe	{2} 12.43w	(2.3)	4/27
6		Jasmine CLAUNCH	SR	#1	Centre	{3} 12.44	(1.4)	4/27
7		Grace SCOWDEN	SR	#3	Rhodes	{2} 12.67	(1.4)	3/30
8		Amari ROBINSON	FR	#1	Centre	{4} 12.70w	(3.0)	4/27
9		Hannah BROWN	FR	#5	Millsaps	12.77	(-1.1)	3/2
10		Natalie BURKE	JR	#5	Millsaps	{2} 12.79w	(2.3)	4/6

Women's 100 Meter Hurdles

1	83	Emily THOMPSON	SR	#2	Berry	15.09	(0.8)	3/2
2	86	Macy MURDOCK	SO	#2	Berry	{2} 15.10	(1.8)	4/27
3		Megan WEILMUNSTER	JR	#3	Rhodes	15.95	(1.8)	4/27
4		Josie LOGGINS	SO	#2	Berry	{3} 16.02	(1.8)	4/27
5		Callie GORMLEY	JR	#1	Centre	16.05	(1.8)	4/27
6		Janea BOTTINELLI	JR	#1	Centre	{2} 16.38	(1.8)	4/27
7		Joyner JIKANG	FR	#1	Centre	{3} 16.77	(2.0)	4/27
8		Jocelyn COVANEY	JR	#6	Univ. of the Sout	16.78	(1.8)	4/27
9		Esther LAMB	JR	#3	Rhodes	{2} 17.18	(1.5)	4/7
10		Shannen ALACK	FR	#3	Rhodes	{3} 18.17	(-0.3)	3/16

Women's 200 Meters

1	19	Madjo DOUMBIA	JR	#1	Centre	24.58w	(2.9)	4/27
2	71	Chloe HEIN	FR	#1	Centre	{2} 25.05w	(2.9)	4/27
3	88	Olivia FREEMAN	SO	#3	Rhodes	25.21w	(2.9)	4/27
4		Kirsten WRIGHT	FR	#4	Oglethorpe	25.77w	(2.9)	4/27
5		Emily THOMPSON	SR	#2	Berry	25.91	(1.3)	4/13
6		Aubrey GUYDEN	SO	#4	Oglethorpe	{2} 26.04	(1.7)	4/27
7		Macy MURDOCK	SO	#2	Berry	{2} 26.16	(1.8)	4/13
8		Natalie BURKE	JR	#5	Millsaps	26.63w	(2.9)	4/27
9		Amari ROBINSON	FR	#1	Centre	{3} 26.69	(1.9)	3/30
10		Evan THOMAS	FR	#4	Oglethorpe	{3} 26.76	(1.8)	3/30

Women's 400 Meters

1	83	Madjo DOUMBIA	JR	#1	Centre	57.85		4/27
2	91	Thora PEARSON	SR	#3	Rhodes	57.96		4/27
3		Ainsley WILSON	FR	#1	Centre	{2} 58.81		4/27
4		Evan THOMAS	FR	#4	Oglethorpe	58.87		4/27
5		Macy MURDOCK	SO	#2	Berry	59.10		3/16
6		Emily THOMPSON	SR	#2	Berry	{2} 59.15		3/16
7		Chloe HEIN	FR	#1	Centre	{3} 59.18		4/20
8		Olivia CLARKE	SR	#3	Rhodes	{2} 1:00.82		4/27
9		Janea BOTTINELLI	JR	#1	Centre	{4} 1:01.17		4/12
10		Isabel FARNSWORTH	SR	#3	Rhodes	{3} 1:02.01		4/27

Women's 400 Meter Hurdles

1	15	Macy MURDOCK	SO	#2	Berry	1:03.02		4/27
2	66	Emily THOMPSON	SR	#2	Berry	{2} 1:05.10		4/27
3	82	Janea BOTTINELLI	JR	#1	Centre	1:05.55		4/6
4		Shannen ALACK	FR	#3	Rhodes	1:07.72		4/27
5		Jocelyn COVANEY	JR	#6	Univ. of the Sout	1:07.93		4/27
6		Megan WEILMUNSTER	JR	#3	Rhodes	{2} 1:07.94		3/2
7		Josie LOGGINS	SO	#2	Berry	{3} 1:08.14		4/27
8		Esther LAMB	JR	#3	Rhodes	{3} 1:10.83		4/27
9		Arden CAMPBELL	FR	#1	Centre	{2} 1:14.55		4/12
10		Page WELLS	FR	#6	Univ. of the Sout	{2} 1:18.31		4/20

Women's 800 Meters

1	77	Anna ROSE	JR	#2	Berry	2:16.26		4/13
2		Anna CANTRELL	FR	#7	Hendrix	2:18.37		4/27
3		Thora PEARSON	SR	#3	Rhodes	2:18.87		4/20
4		Adelyn SHUPERT	SO	#1	Centre	2:20.60		4/12
5		Asena ANDERSON	SR	#2	Berry	{2} 2:21.84		4/13
6		Erin HAUGH	JR	#1	Centre	{2} 2:22.25		4/27
7		Sophie BOULDIN	SO	#1	Centre	{3} 2:23.64		4/6
8		Emma MUSGRAVE	FR	#1	Centre	{4} 2:25.44		4/27
9		Ellie SPEARS	SO	#3	Rhodes	{2} 2:26.33		4/7
10		Emily THOMPSON	SR	#2	Berry	{3} 2:27.38		4/13

Women's 1500 Meters

1	76	Anna ROSE	JR	#2	Berry	4:39.75		4/27
2		Adelyn SHUPERT	SO	#1	Centre	4:45.31		4/27
3		Asena ANDERSON	SR	#2	Berry	{2} 4:46.01		4/27
4		Sophie BOULDIN	SO	#1	Centre	{2} 4:52.46		4/27
5		Erin HAUGH	JR	#1	Centre	{3} 4:53.48		4/27
6		Meghan OWENS	SR	#1	Centre	{4} 4:58.41		4/27
7		Olivia LAMBERT	FR	#2	Berry	{3} 4:58.64		4/13
8		Anna AYERS	SO	#2	Berry	{4} 4:59.89		4/27
9		Anna CANTRELL	FR	#7	Hendrix	5:00.48		3/30
10		Virginia GWINN	FR	#2	Berry	{5} 5:00.92		3/23

Women's Steeplechase

1	57	Meghan OWENS	SR	#1	Centre	11:17.97		4/27
2		Britany ZIEMER	SR	#3	Rhodes	11:39.18		3/16
3		Erin HAUGH	JR	#1	Centre	{2} 11:46.63		4/27
4		Riley IMBORNONE	FR	#3	Rhodes	{2} 11:57.71		4/27
5		Rachel GAYNOR	JR	#1	Centre	{3} 12:08.23		4/27
6		Anna SHUPERT	SR	#1	Centre	{4} 12:18.77		4/27
7		Samantha UDE	SO	#6	Univ. of the Sout	12:29.23		4/27
8		Elina MALANCEA	SR	#4	Oglethorpe	12:44.48		4/27
9		Meredith WHITE	JR	#3	Rhodes	{3} 12:53.20		4/27
10		Jessie STRADER	SR	#1	Centre	{5} 13:08.50		4/12



Conference TFRI Event Summary



SAA

as of 5/7/2024 6:44:25 AM ET

Women's 5000 Meters

1	82	Sophie BOULDIN	SO	#1 Centre	17:32.85	3/16
2		Meghan OWENS	SR	#1 Centre	{2} 17:49.50	3/16
3		Gracie WEST	SO	#1 Centre	{3} 17:52.44	4/12
4		Anna ROSE	JR	#2 Berry	18:16.94	3/16
5		Erin HAUGH	JR	#1 Centre	{4} 18:30.33	3/16
6		Anna AYERS	SO	#2 Berry	{2} 18:31.06	3/16
7		Cara TAYLOR	SO	#1 Centre	{5} 18:35.09	3/16
8		Olivia LAMBERT	FR	#2 Berry	{3} 18:43.62	3/16
9		Britany ZIEMER	SR	#3 Rhodes	18:59.71	3/29
10		Asena ANDERSON	SR	#2 Berry	{4} 19:02.03	4/6

Women's 10,000 Meters

1	22	Sophie BOULDIN	SO	#1 Centre	35:40.15	3/29
2		Meghan OWENS	SR	#1 Centre	{2} 38:31.70	4/27
3		Anna ROSE	JR	#2 Berry	39:31.82	3/2
4		Cara TAYLOR	SO	#1 Centre	{3} 39:39.64	4/27
5		Ariel ELLIS	SO	#2 Berry	{2} 39:59.38	4/6
6		Marissa POLIO	SO	#1 Centre	{4} 40:17.24	4/27
7		Hannah JANE MILLER	JR	#3 Rhodes	40:21.42	4/27
8		Olivia LAMBERT	FR	#2 Berry	{3} 40:23.75	3/2
9		Ella WILLIAMS	FR	#7 Hendrix	40:40.08	4/27
10		Anna AYERS	SO	#2 Berry	{4} 41:09.55	3/2

Women's 4x100 Relay

1	40	Amari Robinson, Jasmine Claunch, Chloe Hein, Madjo Doumbia	#1 Centre	48.03	4/27
2	80	Malia Melton, Kirsten Wright, Evan Thomas, Aubrey Guyden	#4 Oglethorpe	48.95	4/13
3	84	Thora Pearson, Grace Scowden, Megan Weilmuenster, Olivia Freeman	#3 Rhodes	49.07	4/7
4		Ashanti Lastrapes, Natalie Burke, Fiona Selders, Hannah Brown	#5 Millsaps	50.01	3/2
5		Marissa Green, Julia Shipes, Clark Kelly, Marianna Moell	#2 Berry	51.32	3/16
6		Shyla Williams, Mallory Jackson, Kya Gardner, Sydney Smith	#8 Birmingham-Sol	52.43	3/16
7		Maya Quick, Jocelyn Covane, Wrenna Morris, Kylene Monaghan	#6 Univ. of the Sout	53.43	4/27

Women's 4x400 Relay

1	25	Janea Bottinelli, Ainsley Wilson, Chloe Hein, Madjo Doumbia	#1 Centre	3:55.54	4/27
2	73	Shannen Alack, Thora Pearson, Olivia Freeman, Olivia Clarke	#3 Rhodes	4:02.37	4/27
3		Macy Murdock, Asena Anderson, Marianna Moell, Emily Thompson	#2 Berry	4:12.21	4/27
4		Aubrey Guyden, Hannah Rhodes, Hailey Wright, Evan Thomas	#4 Oglethorpe	4:18.54	3/30
5		Wrenna Morris, Lou Bullock, Abigail Armstrong, Jocelyn Covane	#6 Univ. of the Sout	4:18.77	4/27
6		Ember Hughes, Ella Williams, Maylin Reyes, Anna Cantrell	#7 Hendrix	4:22.27	4/27
7		Fiona Selders, Sarah Strickland, Allyssa Hearn, Tyler Hamby	#5 Millsaps	4:31.05	4/27
8		Catherine Chua, Kya Gardner, Mallory Jackson, Ada Weems	#8 Birmingham-Sol	4:35.58	4/27

Women's High Jump

1	31	Serena MCNEILLY	FR	#1 Centre	1.65m	5-5	4/20
2	48	Kris WILLIAMS	FR	#2 Berry	1.62m	5-3¾	4/13
3	68	Emily THOMPSON	SR	#2 Berry	{2} 1.61m	5-3¾	3/23
4	70	Kym YOUNG	JR	#3 Rhodes	1.60m	5-3	3/2
4	70	Madi DUKE	JR	#2 Berry	{3} 1.60m	5-3	4/27
6		Eleanor SCOTT	SO	#5 Millsaps	1.55m	5-1	4/7
6		Hailey WRIGHT	SO	#4 Oglethorpe	1.55m	5-1	4/27
8		Ember HUGHES	SO	#7 Hendrix	1.53m	5-¼	3/30
9		Julia SHIPES	FR	#2 Berry	{4} 1.52m	4-11¾	4/13
10		Claire ACKERMAN	FR	#1 Centre	{2} 1.50m	4-11	4/12
10		Shannen ALACK	FR	#3 Rhodes	{2} 1.50m	4-11	4/7

Women's Pole Vault

1	27	Kendra PAYNE	SR	#3 Rhodes	3.67m	12-½	3/2
2	57	Madeline HUBBERT	JR	#2 Berry	3.50m	11-5¾	4/13
3		Ella PINE	FR	#2 Berry	{2} 3.26m	10-8¼	3/2
4		Emilee EASLEY	FR	#2 Berry	{3} 3.08m	10-1¼	4/13
5		Maya IHLING	JR	#3 Rhodes	{2} 2.90m	9-6¼	3/2
5		Sierra SCHMIDT	SO	#5 Millsaps	2.90m	9-6¼	4/6
5		Wrenna MORRIS	FR	#6 Univ. of the Sout	2.90m	9-6¼	4/20
5		Kylee CRAIG	JR	#3 Rhodes	{2} 2.90m	9-6¼	3/2
9		Addie BLAKE	JR	#2 Berry	{4} 2.78m	9-1½	4/13
10		Mia PULLIAM	FR	#3 Rhodes	{4} 2.55m	8-4¼	4/7



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SAA

as of 5/7/2024 6:44:25 AM ET

Women's Long Jump

1	5	Chloe HEIN	FR	#1 Centre	5.92mw	19-5¼ (2.1)	4/26
2	19	Jasmine CLAUNCH	SR	#1 Centre	{2} 5.74mw	18-10 (2.1)	4/27
3	26	Serena MCNEILLY	FR	#1 Centre	{3} 5.68m	18-7¾ (1.8)	4/27
4	54	Callie GORMLEY	JR	#1 Centre	{4} 5.55m	18-2½ (0.7)	4/27
5		Emily THOMPSON	SR	#2 Berry	5.32m	17-5½ (1.4)	4/13
6		Hailey WRIGHT	SO	#4 Oglethorpe	5.31m	17-5¼ (0.0)	4/13
6		Courtney JONES	JR	#2 Berry	{2} 5.31m	17-5¼ (0.9)	4/27
8		Macy MURDOCK	SO	#2 Berry	{3} 5.27m	17-3½ (1.6)	4/13
9		Shelby SMITH	SR	#1 Centre	{5} 5.15m	16-10¾ (1.8)	4/27
9		Malia MELTON	SO	#4 Oglethorpe	{2} 5.15m	16-10¾ (-1)	4/6

Women's Triple Jump

1	4	Jasmine CLAUNCH	SR	#1 Centre	12.38m	40-7½ (-0.9)	3/30
2	15	Serena MCNEILLY	FR	#1 Centre	{2} 12.00mw	39-4½ (2.5)	3/30
3	39	Malia MELTON	SO	#4 Oglethorpe	11.58m	38-0 (-0.4)	3/15
4	47	Eleanor SCOTT	SO	#5 Millsaps	11.48m	37-8 (1.8)	4/27
5	53	Shelby SMITH	SR	#1 Centre	{3} 11.40m	37-5 (1.9)	3/30
6		Courtney JONES	JR	#2 Berry	11.01mw	36-1½ (3.0)	4/27
7		Grace SCOWDEN	SR	#3 Rhodes	10.97m	36-0 (1.3)	4/27
8		Clark KELLY	SR	#2 Berry	{2} 10.47m	34-4¼ (1.9)	4/13
9		Natalie BURKE	JR	#5 Millsaps	{2} 10.28m	33-8¾ (0.2)	4/6
10		Kym YOUNG	JR	#3 Rhodes	{2} 10.04m	32-11¼ (1.5)	3/16

Women's Shot Put

1	32	Onoyeme EGURE	FR	#2 Berry	13.33m	43-8¾	3/2
2	42	Alivia ALLEN	SR	#7 Hendrix	13.08m	42-11	4/27
3	70	Lauren FOUTCH	SR	#1 Centre	12.61m	41-4½	3/30
4		Malysa WINSTON	SO	#2 Berry	{2} 12.24m	40-2	4/27
5		Avery JONES	SO	#2 Berry	{3} 11.84m	38-10¼	4/27
6		Kym YOUNG	JR	#3 Rhodes	11.28m	37-¼	4/27
7		Cydney WRIGHT	SO	#6 Univ. of the Sout	11.25m	36-11	4/20
8		Emma BELLANTONI	SO	#2 Berry	{4} 11.11m	36-5½	4/27
9		Zoe CURTIS	JR	#3 Rhodes	{2} 11.09m	36-4¾	4/6
10		Lindsay JESSIE	FR	#1 Centre	{2} 10.83m	35-6½	4/27

Women's Discus

1	46	Lauren FOUTCH	SR	#1 Centre	42.37m	139-0	4/12
2	69	Alivia ALLEN	SR	#7 Hendrix	40.83m	134-0	4/7
3		Lindsay JESSIE	FR	#1 Centre	{2} 37.76m	123-11	3/30
4		Sofia HENDERSON	FR	#2 Berry	37.53m	123-2	3/16
5		Kym YOUNG	JR	#3 Rhodes	35.85m	117-8	3/30
6		Zoe CURTIS	JR	#3 Rhodes	{2} 35.76m	117-4	4/27
7		Lillie WHITAKER-GREER	FR	#1 Centre	{3} 35.19m	115-6	4/27
8		Lindsey BROWNING	SO	#1 Centre	{4} 35.08m	115-1	4/27
9		Onoyeme EGURE	FR	#2 Berry	{2} 33.24m	109-1	3/2
10		Malysa WINSTON	SO	#2 Berry	{3} 32.25m	105-10	4/27

Women's Hammer

1	45	Malysa WINSTON	SO	#2 Berry	49.62m	162-10	3/23
2	56	Lauren FOUTCH	SR	#1 Centre	48.75m	159-11	3/30
3		Lindsey BROWNING	SO	#1 Centre	{2} 44.13m	144-10	4/12
4		Sadie PHILLIPS	SO	#2 Berry	{2} 44.07m	144-7	3/29
5		Avery JONES	SO	#2 Berry	{3} 42.48m	139-5	4/27
6		Sofia HENDERSON	FR	#2 Berry	{4} 41.77m	137-1	3/23
7		Alivia ALLEN	SR	#7 Hendrix	41.27m	135-5	3/30
8		Hadley WILLIAMS	FR	#2 Berry	{5} 40.03m	131-4	4/13
9		Kym YOUNG	JR	#3 Rhodes	39.44m	129-5	3/29
10		Zoe CURTIS	JR	#3 Rhodes	{2} 39.41m	129-4	4/6

Women's Javelin

1	33	Cailin DELEO	SR	#2 Berry	39.77m	130-6	4/27
2	44	Meghan OWENS	SR	#1 Centre	39.11m	128-4	4/27
3	84	Evan DUET	JR	#3 Rhodes	37.27m	122-4	4/7
4		Zoe CURTIS	JR	#3 Rhodes	{2} 35.27m	115-9	4/7
5		Ember HUGHES	SO	#7 Hendrix	35.26m	115-8	4/7
6		Sadie PHILLIPS	SO	#2 Berry	{2} 34.96m	114-9	3/2
7		Jordan FREDRICKSON	SR	#3 Rhodes	{3} 34.53m	113-4	4/7
8		Sydney SMITH	SO	#8 Birmingham-Sou	34.47m	113-1	3/30
9		Dayanara MENDEZ	SO	#1 Centre	{2} 31.80m	104-4	3/30
10		Tyler HAMBY	JR	#5 Millsaps	31.47m	103-3	4/27

Women's Heptathlon

1	22	Emily THOMPSON	SR	#2 Berry	4,508		4/13
2	32	Macy MURDOCK	SO	#2 Berry	{2} 4,367		4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SCAC

as of 5/7/2024 6:44:26 AM ET

Women's 100 Meters

1	41	Trinity MURDOCK	SR	#3	Texas Lutheran	12.11	(1.9)	4/28
2		Trinity PROVOST	SO	#5	St. Thomas (Texi	12.36	(1.9)	4/28
3		Ny'Cierra HINTON	JR	#5	St. Thomas (Texi	12.39	(-0.2)	3/23
4		Peyton WALTON	FR	#5	St. Thomas (Texi	12.60w	(3.4)	4/6
5		Natalie GARCIA	SO	#3	Texas Lutheran {2}	12.64w	(2.8)	4/13
6		Taylor NORRELL	JR	#3	Texas Lutheran {3}	12.69w	(2.8)	4/13
7		Yasmin SUBAWALLA	SR	#2	Trinity (Texas)	12.73w	(3.7)	4/6
8		Leilani LOPEZ	JR	#3	Texas Lutheran {4}	12.75w	(3.9)	4/13
9		Hayley HUCK	SR	#2	Trinity (Texas) {2}	12.80	(1.4)	3/16
10		Danya SELBER	SR	#2	Trinity (Texas) {3}	12.82w	(3.3)	4/13

Women's 100 Meter Hurdles

1	68	Peyton WALTON	FR	#5	St. Thomas (Texi	14.95	(-0.9)	4/28
2		Taylor NORRELL	JR	#3	Texas Lutheran	15.24	(-0.9)	3/23
2		Emma FOWKES	SR	#1	Colorado Collegi	15.24	(-0.9)	4/28
4		Danya SELBER	SR	#2	Trinity (Texas)	15.35w	(3.1)	4/6
5		Ciara CAVAZOS	JR	#3	Texas Lutheran {2}	15.79	(-0.9)	3/23
6		Ciandra CARRICO	FR	#2	Trinity (Texas) {2}	16.30	(-0.9)	4/28
7		Lily MCWHORTER	SO	#4	Southwestern (T	16.39	(0.8)	3/3
8		Jessie CHIELLA	JR	#4	Southwestern (T{2}	16.57	(-0.5)	3/23
9		Barbara DUNLAP	SO	#4	Southwestern (T{3}	17.22	(-0.5)	3/23
10		Lauren PENDERS	SO	#4	Southwestern (T{4}	17.57	(0.7)	4/13

Women's 200 Meters

1	68	Trinity PROVOST	SO	#5	St. Thomas (Texi	25.04	(1.2)	4/28
2		Hayley HUCK	SR	#2	Trinity (Texas)	25.44	(1.9)	4/28
3		CC GRAY	JR	#2	Trinity (Texas) {2}	25.49	(1.2)	4/28
4		Trinity MURDOCK	SR	#3	Texas Lutheran	25.59	(1.2)	4/28
5		Sophia DELGADO	JR	#5	St. Thomas (Texi	25.92	(1.6)	4/20
6		Tara SMOKER	JR	#1	Colorado Collegi	25.93c	(25.86A) (0.	4/8
7		Clara LIPPERT	SO	#1	Colorado Collegi	26.08	(1.2)	4/28
8		Emma FOWKES	SR	#1	Colorado Collegi	26.12w	(2.8)	5/3
9		Ny'Cierra HINTON	JR	#5	St. Thomas (Texi	26.13	(0.9)	3/23
10		Natalie GARCIA	SO	#3	Texas Lutheran {2}	26.33	(1.9)	4/28

Women's 400 Meters

1	39	Tara SMOKER	JR	#1	Colorado Collegi	56.88		4/19
2	41	CC GRAY	JR	#2	Trinity (Texas)	56.89		4/28
3		Clara LIPPERT	SO	#1	Colorado Collegi	58.22		4/28
4		Emma FOWKES	SR	#1	Colorado Collegi	58.27		5/3
5		Arden NEFF	JR	#4	Southwestern (T	58.33		4/28
5		Hayley HUCK	SR	#2	Trinity (Texas) {2}	58.33		4/28
7		Christina STINSON	JR	#5	St. Thomas (Texi	58.96		4/28
8		Ella FULLERTON	SO	#1	Colorado Collegi	59.00		4/28
9		Gabriela LUES	FR	#1	Colorado Collegi	59.22		4/28
10		Select EDWARDS	FR	#5	St. Thomas (Texi	59.29		4/28

Women's 400 Meter Hurdles

1	20	Arden NEFF	JR	#4	Southwestern (T	1:03.19		4/28
2	24	Sophia DELGADO	JR	#5	St. Thomas (Texi	1:03.31		4/28
3	38	Emma FOWKES	SR	#1	Colorado Collegi	1:04.06		4/28
4		Makayla POWELL	SO	#5	St. Thomas (Texi	1:06.96		3/30
5		Danya SELBER	SR	#2	Trinity (Texas)	1:07.27		4/28
6		Lily MCWHORTER	SO	#4	Southwestern (T{2}	1:07.85		4/13
7		Kamilah TANNER	SO	#3	Texas Lutheran	1:08.64		3/23
8		Hannah ZUGICH	FR	#1	Colorado Collegi	1:09.90c	(1:09.79A)	4/8
9		Brenna IANNELLI	SR	#3	Texas Lutheran {2}	1:10.42		4/28
10		Lauren PENDERS	SO	#4	Southwestern (T{3}	1:10.98		4/28

Women's 800 Meters

1	28	Ella FULLERTON	SO	#1	Colorado Collegi	2:12.54		4/28
2	48	Breanna STEELE	SO	#4	Southwestern (T	2:14.34		4/28
3	59	Gabriela LUES	FR	#1	Colorado Collegi	2:15.20		4/28
4		Allison BARKER	FR	#1	Colorado Collegi	2:17.96		4/28
5		Abby GOODFRIED	SO	#1	Colorado Collegi	2:18.37		4/28
6		Annette SMITH	FR	#2	Trinity (Texas)	2:18.79		3/3
7		Gianna KEENA	SO	#2	Trinity (Texas) {2}	2:20.18		4/28
8		Isabel OLSON	JR	#1	Colorado Collegi	2:20.66c	(2:21.41A)	3/30
9		Abby GOULAS	SO	#1	Colorado Collegi	2:20.79		4/28
10		Elyssa RODARTE	FR	#5	St. Thomas (Texi	2:21.19		4/28

Women's 1500 Meters

1	68	Kendall ACCETTA	SR	#1	Colorado Collegi	4:38.82c	(4:44.81A)	3/16
2	70	Isabel OLSON	JR	#1	Colorado Collegi	4:39.30		4/28
3	77	Benisa ELLIS	JR	#1	Colorado Collegi	4:39.96c	(4:45.54A)	4/8
4	80	Breanna STEELE	SO	#4	Southwestern (T	4:40.06		4/13
5		Sydney RANKIN	JR	#1	Colorado Collegi	4:43.26		4/13
6		Allison BARKER	FR	#1	Colorado Collegi	4:46.44		4/28
7		Josette GURULE	SO	#2	Trinity (Texas)	4:46.94		4/13
8		Ella FULLERTON	SO	#1	Colorado Collegi	4:47.71c	(4:53.89A)	3/16
9		Allison FORTMAN	FR	#2	Trinity (Texas) {2}	4:48.11		3/23
10		Gianna KEENA	SO	#2	Trinity (Texas) {3}	4:49.21		4/28

Women's Steeplechase

1	11	Kendall ACCETTA	SR	#1	Colorado Collegi	10:45.83		3/29
2	32	Ellie CATRON	SR	#2	Trinity (Texas)	11:06.74		4/13
3		Julia SOLANO	SR	#1	Colorado Collegi	11:36.64		4/13
4		Rachel CHIELLA	JR	#4	Southwestern (T	11:37.51		4/13
5		Liz WHITE	SO	#1	Colorado Collegi	11:43.61		4/13
6		Madison HABECK	SR	#2	Trinity (Texas) {2}	11:44.29		4/28
7		Emilia WEINROBE	FR	#1	Colorado Collegi	12:17.26		4/13
8		Ava COCCARO	FR	#1	Colorado Collegi	12:26.10		4/28
9		Cali GOOD	FR	#2	Trinity (Texas) {3}	12:27.06		3/3
10		Alissa KENNEDY	JR	#3	Texas Lutheran	12:27.90		3/30



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SCAC

as of 5/7/2024 6:44:26 AM ET

Women's 5000 Meters

1	29	Kendall ACCETTA	SR	#1	Colorado College	16:58.63	4/13
2	61	Alison MUELLER-HICKLER	SO	#1	Colorado College	17:22.59	4/13
3	92	Isabel OLSON	JR	#1	Colorado College	17:37.91	4/13
4		Elliot SINGER	JR	#1	Colorado College	17:51.73	3/9
5		Benisa ELLIS	JR	#1	Colorado College	18:06.11	4/19
6		Ava MAGINITY	FR	#1	Colorado College	18:09.99	4/19
7		Ellie CATRON	SR	#2	Trinity (Texas)	18:12.50	3/3
8		Brooktie FROGGE	SO	#1	Colorado College	18:17.33	3/9
9		Allison FORTMAN	FR	#2	Trinity (Texas)	18:18.20	3/3
10		Britt HELGAAS	JR	#1	Colorado College	18:19.95	3/9

Women's 10,000 Meters

1	25	Alison MUELLER-HICKLER	SO	#1	Colorado College	35:48.71	3/29
2	75	Elliot SINGER	JR	#1	Colorado College	37:22.99	3/29
3		Britt HELGAAS	JR	#1	Colorado College	40:05.91	4/28
4		Charlie FLINT	FR	#1	Colorado College	40:07.12	4/28
5		Sophia SANCHEZ	SR	#5	St. Thomas (Texas)	40:50.38	3/23
6		Nicole CRAIGHEAD	SO	#1	Colorado College	40:58.66	4/13
7		Allison FORTMAN	FR	#2	Trinity (Texas)	41:00.50	4/28
8		Ellie LANSDOWN		#1	Colorado College	41:20.05c (42:37.25A)	3/16
9		Grace ETZEL	SO	#2	Trinity (Texas)	41:21.08	3/3
10		Em MILLER	SO	#2	Trinity (Texas)	42:15.62	4/28

Women's 4x100 Relay

1	20	Taylor Norrell, Natalie Garcia, Leilani Lopez, Trinity Murdock	#3	Texas Lutheran	47.66	4/28
2	22	Yasmin Subawalla, CC Gray, Danya Selber, Hayley Huck	#2	Trinity (Texas)	47.70	4/28
3	44	Trinity Provost, Peyton Walton, Sophia Delgado, Ny'Cierra Hinton	#5	St. Thomas (Texas)	48.11	4/28
4		Hannah George, Ashley Vil, Madeline Schemling, Tara Smoker	#1	Colorado College	49.78	4/19
5		Arden Neff, Katelin Pilarski, Charlotte Scannel, Dejahnae Thompson	#4	Southwestern (Texas)	50.15	3/3

Women's 4x400 Relay

1	29	Aliya Jackson, CC Gray, Patricia Hermoso, Hayley Huck	#2	Trinity (Texas)	3:56.44	4/28
2	44	Makayla Powell, Christina Stinson, Selest Edwards, Trinity Provost	#5	St. Thomas (Texas)	3:58.13	4/28
3	89	Emma Fowkes, Clara Lippert, Emma Jones, Ella Fullerton	#1	Colorado College	4:04.00c (4:03.56A)	3/30
4	95	Kamilah Tanner, Natalie Garcia, Ja'Keia Williams, Kathryn Kostelnik	#3	Texas Lutheran	4:04.34	4/28
5		Brinn Rhodes, Breanna Steele, Dejahnae Thompson, Arden Neff	#4	Southwestern (Texas)	4:06.82	3/30

Women's High Jump

1	48	Emma FOWKES	SR	#1	Colorado College	1.62m	5-3¾	4/28
2	70	April KWAN	SR	#1	Colorado College	1.60m	5-3	3/30
3		Josephine LOUIS	FR	#1	Colorado College	1.55m	5-1	3/16
4		Katelyn BROWN	SO	#3	Texas Lutheran	1.52m	4-11¾	3/3
5		Emma JONES	SO	#1	Colorado College	1.50m	4-11	3/30
5		Elana SUTTON	FR	#1	Colorado College	1.50m	4-11	4/8
7		Hallie MARTIN	SO	#2	Trinity (Texas)	1.47m	4-9¾	4/28
8		Emilie MIRELES	FR	#2	Trinity (Texas)	1.45m	4-9	4/13
9		Joy AREOLA	JR	#2	Trinity (Texas)	1.42m	4-7¾	3/3
9		Maddy WIETSTRUCK	JR	#2	Trinity (Texas)	1.42m	4-7¾	4/28
9		Brenna IANNELLI	SR	#3	Texas Lutheran	1.42m	4-7¾	4/28

Women's Pole Vault

1	99	Ashlynn RECKNAGEL	SO	#3	Texas Lutheran	3.35m	10-11¾	3/23
2		Leandra MOTELET	SO	#4	Southwestern (Texas)	3.32m	10-10¾	4/28
3		Maddy WIETSTRUCK	JR	#2	Trinity (Texas)	3.20m	10-6	3/23
3		Kaelin LEISHMAN	SO	#2	Trinity (Texas)	3.20m	10-6	3/3
5		Victoria BAKER	FR	#2	Trinity (Texas)	3.15m	10-4	4/13
6		Josephine LOUIS	FR	#1	Colorado College	3.10m	10-2	3/9
7		Lily DAWSON	SR	#3	Texas Lutheran	3.05m	10-0	3/3
8		Asha SONI	SO	#1	Colorado College	2.35m	7-8½	3/9

Women's Long Jump

1	38	Joy AREOLA	JR	#2	Trinity (Texas)	5.60m	18-4½ (1.3)	3/22
2		Clara LIPPERT	SO	#1	Colorado College	5.24m	17-2¼ (2.9)	4/28
3		Briley ROTHER	FR	#3	Texas Lutheran	5.12m	16-9¾ (1.9)	4/28
4		Maddy WIETSTRUCK	JR	#2	Trinity (Texas)	5.00m	16-5 (1.3)	4/28
5		Giana HILLIARD	FR	#6	Schreiner	4.98m	16-4¼ (1.0)	3/23
6		April KWAN	SR	#1	Colorado College	4.87m	15-11¾ (1.8)	4/28
7		Emilie MIRELES	FR	#2	Trinity (Texas)	4.83m	15-10¼ (3.3)	4/13
7		Ciandra CARRICO	FR	#2	Trinity (Texas)	4.83m	15-10¼ (1.8)	4/28
7		Daviyanna JONES	FR	#3	Texas Lutheran	4.83m	15-10¼ (1.9)	4/28
10		Jessie CHIELLA	JR	#4	Southwestern (Texas)	4.80m	15-9 (3.3)	4/28



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SCAC

as of 5/7/2024 6:44:26 AM ET

Women's Triple Jump

1	8	Joy AREOLA	JR	#2	Trinity (Texas)	12.20m	40-½ (0.0)	3/23
2		Ciandra CARRICO	FR	#2	Trinity (Texas)	{2} 10.70m	35-1¼ (1.9)	4/28
2		Maddy WIETSTRUCK	JR	#2	Trinity (Texas)	{2} 10.70m	35-1¼ (1.0)	3/3
4		Emilie MIRELES	FR	#2	Trinity (Texas)	{4} 10.35mw	33-11½ (3.6)	4/6
5		Jessie CHIELLA	JR	#4	Southwestern (T	10.16m	33-4 (1.9)	4/28
6		Kamilah TANNER	SO	#3	Texas Lutheran	9.99mw	32-9½ (4.0)	4/13
7		Daviyanna JONES	FR	#3	Texas Lutheran	{2} 9.88mw	32-5 (2.9)	4/13
8		Myla WOLF	FR	#4	Southwestern (T{2}	9.76m	32-¼ (0.9)	4/28
9		Emma JONES	SO	#1	Colorado Colleg	9.66m	31-8½ (-2.6)	4/19
10		Katelyn BROWN	SO	#3	Texas Lutheran	{3} 9.64m	31-7½ (0.3)	3/23

Women's Shot Put

1		Deserae CHARLES	FR	#3	Texas Lutheran	12.31m	40-4¾	4/13
2		Emagen STYRA	SO	#3	Texas Lutheran	{2} 11.90m	39-½	4/28
2		Erin CAPELL	JR	#1	Colorado Colleg	11.90mA	39-½	4/5
4		Julissa RODRIGUEZ	JR	#3	Texas Lutheran	{3} 11.79m	38-8¼	4/13
5		Kate BALLENGEE	JR	#2	Trinity (Texas)	11.48m	37-8	4/28
6		Shauntezz THOMAS	JR	#6	Schreiner	11.34m	37-2½	3/23
7		Kirsten SMITH	SO	#3	Texas Lutheran	{4} 10.99m	36-¾	4/28
8		Rachel BELL	FR	#2	Trinity (Texas)	{2} 10.77m	35-4	4/13
9		Madison MALONE	FR	#3	Texas Lutheran	{5} 10.39m	34-1¼	3/23
10		Kaila HAMILTON	SO	#4	Southwestern (T	10.29m	33-9¼	4/6

Women's Discus

1		Kirsten SMITH	SO	#3	Texas Lutheran	39.39m	129-3	4/28
2		Rachel BELL	FR	#2	Trinity (Texas)	38.55m	126-6	3/23
3		Erin CAPELL	JR	#1	Colorado Colleg	37.37m	122-7	4/13
4		Madison WRIGHT	FR	#3	Texas Lutheran	{2} 37.14m	121-10	5/3
5		Julissa RODRIGUEZ	JR	#3	Texas Lutheran	{3} 36.96m	121-3	3/30
6		Madison MALONE	FR	#3	Texas Lutheran	{4} 36.79m	120-9	3/23
7		Kate BALLENGEE	JR	#2	Trinity (Texas)	{2} 34.67m	113-9	4/6
8		Maria BODDEN	FR	#2	Trinity (Texas)	{3} 34.60m	113-6	4/13
9		Kaila HAMILTON	SO	#4	Southwestern (T	33.66m	110-5	4/13
10		Emagen STYRA	SO	#3	Texas Lutheran	{5} 32.21m	105-8	3/23

Women's Hammer

1	95	Julissa RODRIGUEZ	JR	#3	Texas Lutheran	46.73m	153-4	5/3
2		Kenna KUBENKA	SO	#3	Texas Lutheran	{2} 43.73m	143-6	4/28
3		Rachel BELL	FR	#2	Trinity (Texas)	42.44m	139-3	4/28
4		Kate BALLENGEE	JR	#2	Trinity (Texas)	{2} 40.84m	134-0	4/28
5		Kirsten SMITH	SO	#3	Texas Lutheran	{3} 40.13m	131-8	4/28
6		Sydney BRAUN	SO	#4	Southwestern (T	38.53m	126-5	4/28
7		Gizelle GUTIERREZ	SR	#3	Texas Lutheran	{4} 37.28m	122-4	3/23
8		Kaila HAMILTON	SO	#4	Southwestern (T{2}	36.22m	118-10	4/13
9		Caylin DAMRON	FR	#4	Southwestern (T{3}	35.47m	116-5	3/23
10		Taylor HUBBARD	SR	#4	Southwestern (T{4}	32.80m	107-8	2/17

Women's Javelin

1		Taylor HUBBARD	SR	#4	Southwestern (T	35.65m	117-0	4/28
2		Julissa RODRIGUEZ	JR	#3	Texas Lutheran	32.81m	107-8	3/30
3		Caylin DAMRON	FR	#4	Southwestern (T{2}	32.40m	106-4	2/17
4		Sydney BRAUN	SO	#4	Southwestern (T{3}	31.86m	104-7	4/28
5		Alexa MARTIN	SO	#3	Texas Lutheran	{2} 31.49m	103-4	4/13
6		Emagen STYRA	SO	#3	Texas Lutheran	{3} 30.66m	100-7	4/13
7		Madison WRIGHT	FR	#3	Texas Lutheran	{4} 29.42m	96-6¼	4/13
8		Gizelle GUTIERREZ	SR	#3	Texas Lutheran	{5} 28.87m	94-8¾	4/28
9		Demi DURHAM	JR	#2	Trinity (Texas)	28.62m	93-10¾	4/6
10		Kirsten SMITH	SO	#3	Texas Lutheran	{6} 28.33m	92-11½	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SCIAC

as of 5/7/2024 6:44:26 AM ET

Women's 100 Meters

1	78	Dawson BELL	SO	#8 La Verne	12.25	(-0.5)	4/28
2	96	Elizabeth HAWLEY	SO	#5 Occidental	12.31	(0.8)	5/4
3		Ariana RAPHAEL	JR	#1 Chapman	12.34	(-0.5)	4/28
4		Maigan ADAMS	JR	#3 Redlands (Calif.)	12.35	(0.0)	4/28
5		Katriona KIRKPATRICK	SO	#4 Pomona-Pitzer	12.36	(1.2)	4/6
5		Khyra STINER	JR	#1 Chapman {2}	12.36	(-0.5)	4/28
7		Zoe ZURASKY	JR	#1 Chapman {3}	12.43	(1.6)	4/28
8		Makenna LIZARDE	SO	#1 Chapman {4}	12.45	(0.7)	3/9
8		Kaylee SMITH	JR	#1 Chapman {4}	12.45	(1.3)	2/24
10		Josephine JETT	FR	#2 Claremont-Mudc	12.54	(1.5)	3/15

Women's 100 Meter Hurdles

1	17	Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	14.26	(1.3)	4/28
2	53	Josephine JETT	FR	#2 Claremont-Mudc	14.81w	(3.3)	3/15
3	64	Passion WASHINGTON	FR	#1 Chapman	14.89	(1.3)	4/28
4	70	Khyra STINER	JR	#1 Chapman {2}	14.96	(1.3)	4/28
5	76	Kaitlyn ULALISA	FR	#4 Pomona-Pitzer	15.03w	(3.3)	3/15
6		Elisabeth EICHINGER	SO	#3 Redlands (Calif.) {2}	15.24	(1.3)	4/28
7		Georgia ROGERS	FR	#2 Claremont-Mudc {2}	15.72	(1.3)	4/28
8		Kayla KIM	FR	#1 Chapman {3}	15.83	(0.7)	4/11
9		Jazzlyn JOHNSON	SR	#8 La Verne	15.84	(-0.2)	4/6
10		Adva SHILON	JR	#1 Chapman {4}	16.36	(0.9)	4/28

Women's 200 Meters

1	54	Elizabeth HAWLEY	SO	#5 Occidental	24.96	(-0.2)	4/28
2	79	Katriona KIRKPATRICK	SO	#4 Pomona-Pitzer	25.12	(1.7)	4/28
3	86	Dawson BELL	SO	#8 La Verne	25.19	(0.3)	4/28
4	93	Allison KREMER	JR	#1 Chapman	25.23w	(2.3)	4/6
5	97	Kaylee SMITH	JR	#1 Chapman {2}	25.25	(0.5)	4/6
6		Makenna LIZARDE	SO	#1 Chapman {3}	25.30	(-0.7)	3/22
7		Sabrina SEMMERE	SO	#3 Redlands (Calif.)	25.36w	(2.4)	4/13
8		Khyra STINER	JR	#1 Chapman {4}	25.74	(1.6)	5/4
9		Francesca CANDELIERI	SO	#5 Occidental {2}	25.77w	(3.5)	4/13
10		Ariana RAPHAEL	JR	#1 Chapman {5}	25.89	(0.5)	2/24

Women's 400 Meters

1	6	Elizabeth HAWLEY	SO	#5 Occidental	55.52		4/28
2	30	Kaylee SMITH	JR	#1 Chapman	56.62		4/28
3	34	Allison KREMER	JR	#1 Chapman {2}	56.78		4/28
4	77	Sabrina SEMMERE	SO	#3 Redlands (Calif.)	57.74		4/28
5		Sarah CHARLES	FR	#1 Chapman {3}	58.11		2/24
6		Proud KITNITCHIVA	JR	#1 Chapman {4}	58.16		4/28
7		Makenna LIZARDE	SO	#1 Chapman {5}	58.29		2/24
8		Faith KASPER	FR	#3 Redlands (Calif.) {2}	58.34		4/28
9		Olivia REICHLER	JR	#4 Pomona-Pitzer	59.04		4/28
10		Francesca CANDELIERI	SO	#5 Occidental {2}	59.14		4/28

Women's 400 Meter Hurdles

1	9	Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	1:02.36		4/28
2	48	Shriya VELICHALA	SO	#2 Claremont-Mudc	1:04.53		4/28
3	49	Proud KITNITCHIVA	JR	#1 Chapman	1:04.59		4/28
4	54	Nicole PLAYER	JR	#4 Pomona-Pitzer	1:04.84		4/28
5	99	Kaitlyn ULALISA	FR	#4 Pomona-Pitzer {2}	1:06.27		4/28
6		Katarina MARIC	JR	#1 Chapman {2}	1:07.29		4/28
7		Kendrick DAHLIN	SO	#4 Pomona-Pitzer {3}	1:08.89		4/28
8		Kayla KIM	FR	#1 Chapman {3}	1:10.24		5/4
9		Olivia SCHLEIFER	JR	#2 Claremont-Mudc {2}	1:11.87		4/28
10		Fatima CERVANTES	JR	#6 Cal Lutheran	1:12.26		4/6

Women's 800 Meters

1	19	Michaela JONES	SR	#4 Pomona-Pitzer	2:11.74		4/28
2	29	Riley CAPUANO	SO	#2 Claremont-Mudc	2:12.60		4/28
3	34	Laura ZIMMER	SR	#2 Claremont-Mudc {2}	2:12.81		2/17
4	43	Natalie BITETTI	SR	#2 Claremont-Mudc {3}	2:14.02		4/6
5		Sally GASKELL	FR	#2 Claremont-Mudc {4}	2:18.63		2/17
6		Elizabeth NEWMAN	FR	#4 Pomona-Pitzer {2}	2:19.73		5/4
7		Delphine WAY	FR	#5 Occidental	2:19.80		4/28
8		Angela GUSHUE	JR	#2 Claremont-Mudc {5}	2:21.24		4/28
9		Megan WALTER	FR	#4 Pomona-Pitzer {3}	2:21.59		5/4
10		Cece MATTESON	SR	#3 Redlands (Calif.)	2:21.61		3/9

Women's 1500 Meters

1	3	Laura ZIMMER	SR	#2 Claremont-Mudc	4:25.36		5/4
2	7	Natalie BITETTI	SR	#2 Claremont-Mudc {2}	4:26.59		4/6
3	11	Riley CAPUANO	SO	#2 Claremont-Mudc {3}	4:28.52		4/28
4	59	Ciara GILLEN	JR	#5 Occidental	4:37.63		4/28
5	73	Sadie DRUCKER	FR	#2 Claremont-Mudc {4}	4:39.39		4/28
6	95	Elle MARSYLA	SO	#2 Claremont-Mudc {5}	4:41.26		3/2
7	100	Megan COVER	SO	#5 Occidental {2}	4:41.45		4/28
8		Sara WEXLER	SO	#2 Claremont-Mudc {6}	4:41.90		4/6
9		Angela GUSHUE	JR	#2 Claremont-Mudc {7}	4:41.96		4/6
10		Mira TERDIMAN	JR	#4 Pomona-Pitzer	4:42.89		5/4

Women's Steeplechase

1	14	Ciara GILLEN	JR	#5 Occidental	10:47.35		4/13
2	17	Annika CARLSON	SO	#1 Chapman	10:50.96		3/22
3	51	Fiona BODKIN	FR	#4 Pomona-Pitzer	11:15.40		5/4
4	56	Revere SCHMIDT	FR	#2 Claremont-Mudc	11:17.14		5/4
5	84	Eve MAVY	SO	#3 Redlands (Calif.)	11:27.81		4/28
6	94	Hannah WEAVER	SR	#2 Claremont-Mudc {2}	11:34.18		4/28
7		Jenna MILBRODT	SO	#2 Claremont-Mudc {3}	11:49.47		4/13
8		Katy CHU	SR	#7 Caltech	11:58.35		4/28
9		Emily KENDRICK	SO	#2 Claremont-Mudc {4}	12:06.63		4/13
10		Ellison MERKEL	FR	#1 Chapman {2}	12:07.41		4/28



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SCIAC

as of 5/7/2024 6:44:26 AM ET

Women's 5000 Meters

1	14	Natalie BITETTI	SR	#2	Claremont-Mudc	16:37.65	5/4
2	42	Elle MARSYLA	SO	#2	Claremont-Mudc{2}	17:09.22	4/13
3	81	Jenna LENAY	SO	#5	Occidental	17:32.62	3/9
4		Megan COVER	SO	#5	Occidental {2}	17:41.56	5/4
5		Michaela JONES	SR	#4	Pomona-Pitzer	17:42.19	5/4
6		Sara WEXLER	SO	#2	Claremont-Mudc{3}	17:43.45	4/13
7		Chloe CONNOLLY	JR	#4	Pomona-Pitzer {2}	17:46.45	5/4
8		Marissa HEHIR	FR	#8	La Verne	17:49.29	3/9
9		Fiona BODKIN	FR	#4	Pomona-Pitzer {3}	17:50.37	4/28
10		Virginia PISTILLI	SO	#7	Caltech	17:53.53	4/13

Women's 10,000 Meters

1	24	Elle MARSYLA	SO	#2	Claremont-Mudc	35:48.29	3/22
2	31	Jenna LENAY	SO	#5	Occidental	36:02.30	5/4
3	71	Sara WEXLER	SO	#2	Claremont-Mudc{2}	37:10.48	3/22
4	100	Virginia PISTILLI	SO	#7	Caltech	38:00.82	4/28
5		Chloe CONNOLLY	JR	#4	Pomona-Pitzer	38:06.54	4/28
6		Brenda DAZA	FR	#1	Chapman	38:10.28	3/9
7		Sophia DALFONZO	JR	#7	Caltech {2}	38:45.20	4/28
8		Alexandra EMERSON	JR	#4	Pomona-Pitzer {2}	39:09.37	4/13
9		Amelia OPSAHL	JR	#2	Claremont-Mudc{3}	39:26.99	4/28
10		Mariessa MCLAUGHLIN	FR	#3	Redlands (Calif.)	39:49.90	4/13

Women's 4x100 Relay

1	6	Khyra Stiner, Kaylee Smith, Allison Kremer, Ariana Raphael	#1	Chapman	46.81	4/28
2	31	Maigan Adams, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#3	Redlands (Calif.)	47.87	4/28
3	44	Olivia Richards, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	#4	Pomona-Pitzer	48.11	4/28
4	46	Isabel Yaffe, Karis Palomino, Emmamarie Watkins, Elizabeth Hawley	#5	Occidental	48.12	5/4
5		Madison Packbier, Josephine Jett, Shriya Velichala, Sydney Behrens	#2	Claremont-Mudc	49.62	4/28
6		Jazzlyn Johnson, Dawson Bell, Eriell Duckworth, Emily Hernandez	#8	La Verne	51.07	4/28
7		Jennyfer Hernandez Rosas, Crystal Rosales, Aisha Mohammed Joji, Carly Christensen	#6	Cal Lutheran	51.33	4/28
8		Lauren Pryor, Ivy Brainard, Isha Goswami, Isabela Ceniceros	#7	Caltech	53.04	4/28



Conference TFRI Event Summary



SCIAC

as of 5/7/2024 6:44:26 AM ET

Women's 4x400 Relay

1	15	Kaylee Smith, Proud Kitnitchiva, Makenna Lizarde, Allison Kremer	#1 Chapman	3:52.06	3/23
2	16	Katriona Kirkpatrick, Michaela Jones, Nicole Player, Olivia Reichle	#4 Pomona-Pitzer	3:52.47	4/28
3	47	Elisabeth Eichinger, Faith Kasper, Sabrina Semmere, Eleanor Bachmeier	#3 Redlands (Calif.)	3:58.26	4/28
4	50	Lucy Konsmo, Sally Gaskell, Laura Zimmer, Shriya Velichala	#2 Claremont-Mudc	3:59.31	4/28
5	58	Tia Akasaki, Delphine Way, Brooke Tompkins, Elizabeth Hawley	#5 Occidental	4:00.20	4/28
6		Jennyfer Hernandez Rosas, Crystal Rosales, Aisha Mohammed Joji, Sarah Bjornson	#6 Cal Lutheran	4:12.91	4/28
7		Ivy Brainard, Isha Goswami, Isabela Ceniceros, Marie Choi-Schattle	#7 Caltech	4:15.51	4/28
8		Jazzlyn Johnson, Dawson Bell, Peyton Carrera, Sarai Cruz	#8 La Verne	4:31.96	4/28

Women's High Jump

1	48	Sarah BJORNSON	SR	#6 Cal Lutheran	1.62m	5-3¾	4/28
2	70	Adva SHILON	JR	#1 Chapman	1.60m	5-3	2/24
3		Passion WASHINGTON	FR	#1 Chapman	{2} 1.58m	5-2¼	4/28
4		Simone ROGERS	JR	#2 Claremont-Mudc	1.55m	5-1	3/15
4		Madison EATON	SO	#3 Redlands (Calif.)	1.55m	5-1	3/15
6		Zoe ZURASKY	JR	#1 Chapman	{3} 1.52m	4-11¾	4/28
6		Georgia ROGERS	FR	#2 Claremont-Mudc	{2} 1.52m	4-11¾	2/24
6		Natalia COSSIO	JR	#4 Pomona-Pitzer	1.52m	4-11¾	4/28
9		Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	{2} 1.50m	4-11	4/13
9		Rylee Kayla COCKETT	JR	#5 Occidental	1.50m	4-11	2/17

Women's Pole Vault

1	31	Madeline SEIFERT	SO	#2 Claremont-Mudc	3.64m	11-11¼	4/6
2	79	Sarah BJORNSON	SR	#6 Cal Lutheran	3.41m	11-2¼	5/4
2	79	Sofie GARROU	FR	#1 Chapman	3.41m	11-2¼	5/4
4	99	Adva SHILON	JR	#1 Chapman	{2} 3.35m	10-11¾	4/13
5		Isabelle AU	SO	#1 Chapman	{3} 3.25m	10-8	2/9
6		Karis PALOMINO	JR	#5 Occidental	3.11m	10-2½	5/4
7		Devin SPREEMAN	SR	#8 La Verne	3.05m	10-0	2/24
7		Lily JAMES	SO	#3 Redlands (Calif.)	3.05m	10-0	3/15
9		Samantha DANIELS	SO	#1 Chapman	{4} 2.95m	9-8	3/9
10		Morgan MCDONALD	FR	#4 Pomona-Pitzer	2.85m	9-4¼	4/13

Women's Long Jump

1	34	Maigan ADAMS	JR	#3 Redlands (Calif.)	5.62m	18-5¼ (-1.3)	4/27
2	68	Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	{2} 5.50m	18-½ (-1.2)	4/28
3	71	Felicia AKINDE	FR	#4 Pomona-Pitzer	5.49m	18-¼ (-2.4)	4/28
4	78	Niani JONES	FR	#6 Cal Lutheran	5.48m	17-11¾ (-0.4)	4/28
5		Christen WILEY	JR	#3 Redlands (Calif.)	{3} 5.38m	17-8 (-1.9)	4/28
6		Elisabeth EICHINGER	SO	#3 Redlands (Calif.)	{4} 5.23m	17-2 (-1.3)	4/28
7		Lindsey GRAY	SO	#1 Chapman	5.22m	17-1½ (-0.8)	4/28
8		Briana MEREDITH	FR	#1 Chapman	{2} 5.13m	16-10 (-0.8)	4/28
8		Passion WASHINGTON	FR	#1 Chapman	{2} 5.13m	16-10 (0.0)	4/28
10		Amelia WEITZ	FR	#5 Occidental	5.07m	16-7¾ (-2.0)	4/28

Women's Triple Jump

1	22	Maigan ADAMS	JR	#3 Redlands (Calif.)	11.86m	38-11 (0.8)	4/27
2	30	Ella BOWERS	SO	#4 Pomona-Pitzer	11.69m	38-4¼ (-1.4)	4/27
3		Briana MEREDITH	FR	#1 Chapman	11.11m	36-5½ (0.0)	4/28
4		Felicia AKINDE	FR	#4 Pomona-Pitzer	{2} 11.05m	36-3 (-1.9)	4/28
5		Lilly COOPER	SO	#1 Chapman	{2} 10.97m	36-0 (0.3)	4/28
6		Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	{2} 10.95m	35-11¼ (-1.1)	4/28
7		Emily DOLIDA	JR	#5 Occidental	10.92m	35-10 (-3.7)	4/28
8		Nicole PLAYER	JR	#4 Pomona-Pitzer	{3} 10.90m	35-9¼ (-0.4)	4/13
9		Niani JONES	FR	#6 Cal Lutheran	10.87m	35-8 (1.4)	3/23
10		Christen WILEY	JR	#3 Redlands (Calif.)	{3} 10.71m	35-1¾ (1.5)	4/13

Women's Shot Put

1	56	Timony SHERRY	SR	#3 Redlands (Calif.)	12.85m	42-2	4/28
2		Caeli HAVEL	SR	#3 Redlands (Calif.)	{2} 11.38m	37-4	4/28
3		Gabriella KNUTSEN	JR	#5 Occidental	11.30m	37-1	5/4
4		Jadyn AYALA	SO	#1 Chapman	11.19m	36-8½	2/24
5		Eleanor CHAMPLIN- WILSON	FR	#2 Claremont-Mudc	11.18m	36-8¼	2/17
6		Katelyn SEWELL	FR	#2 Claremont-Mudc	{2} 11.00m	36-1¼	3/22
7		Megan ROBERTSON	SR	#7 Caltech	10.73m	35-2½	2/24
8		Vania MOKONCHU	FR	#2 Claremont-Mudc	{3} 10.68m	35-½	2/24
9		Noelle CHAVEZ	SR	#3 Redlands (Calif.)	{3} 10.62m	34-10¼	4/28
10		Chelsea GROVES	JR	#5 Occidental	{2} 10.60m	34-9½	5/4

Women's Discus

1	40	Noelle CHAVEZ	SR	#3 Redlands (Calif.)	42.68m	140-1	4/28
2	56	Caeli HAVEL	SR	#3 Redlands (Calif.)	{2} 41.59m	136-6	4/28
3	62	Katelyn SEWELL	FR	#2 Claremont-Mudc	41.30m	135-6	4/13
4	70	Leslie SERNAQUE FALCON	SR	#3 Redlands (Calif.)	{3} 40.82m	133-11	5/4
5		Megan ROBERTSON	SR	#7 Caltech	38.08m	124-11	2/17
6		Timony SHERRY	SR	#3 Redlands (Calif.)	{4} 37.66m	123-7	4/28
7		Gabriella KNUTSEN	JR	#5 Occidental	35.78m	117-5	4/28
8		Jadyn AYALA	SO	#1 Chapman	35.09m	115-2	4/28
9		Cheyenne RODRIGUEZ	SO	#6 Cal Lutheran	34.86m	114-5	4/28
10		Chelsea GROVES	JR	#5 Occidental	{2} 34.81m	114-3	4/28



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SCIAC

as of 5/7/2024 6:44:27 AM ET

Women's Hammer

1	33	Antonia HEKSTER	JR	#2	Claremont-Mudc	50.65m	166-2	4/28
2		Leslie SERNAQUE FALCON	SR	#3	Redlands (Calif.)	46.29m	151-11	3/15
3		Megan ROBERTSON	SR	#7	Caltech	45.34m	148-9	4/28
4		Cheyenne RODRIGUEZ	SO	#6	Cal Lutheran	43.08m	141-4	4/28
5		Emily HU	JR	#7	Caltech	{2} 42.07m	138-0	4/6
6		Jadyn AYALA	SO	#1	Chapman	41.68m	136-9	4/13
7		Ashley GRANGER	SO	#1	Chapman	{2} 40.14m	131-9	4/6
8		Noelle CHAVEZ	SR	#3	Redlands (Calif.)	{2} 40.01m	131-3	4/28
9		Grace BEATY	SR	#3	Redlands (Calif.)	{3} 38.80m	127-4	4/13
10		Taylor KEMP	SR	#6	Cal Lutheran	{2} 36.54m	119-11	4/28

Women's Javelin

1	58	Natalia WILLIAMS	JR	#9	Whittier	38.39m	126-0	4/28
2		Logan SPOONEMORE	JR	#4	Pomona-Pitzer	36.64m	120-3	4/28
3		Georgia ARNOLD	SO	#2	Claremont-Mudc	33.68m	110-6	4/28
4		Timony SHERRY	SR	#3	Redlands (Calif.)	33.61m	110-3	4/28
5		Michelle LAGUNAS-MONROY	JR	#5	Occidental	33.44m	109-9	5/4
6		Samantha DANIELS	SO	#1	Chapman	33.14m	108-9	4/28
7		Kate COBAIN	SO	#5	Occidental	{2} 33.02m	108-4	4/28
8		Antonia HEKSTER	JR	#2	Claremont-Mudc	{2} 32.90m	107-11	4/28
9		Cheyenne RODRIGUEZ	SO	#6	Cal Lutheran	32.68m	107-3	4/28
10		Keegan SHERRY	SO	#3	Redlands (Calif.)	{2} 32.48m	106-7	4/13

Women's Heptathlon

1	19	Eleanor BACHMEIER	SR	#3	Redlands (Calif.)	4,521		4/5
2	26	Elisabeth EICHINGER	SO	#3	Redlands (Calif.)	{2} 4,441		4/28
3	81	Zoe ZURASKY	JR	#1	Chapman	3,730		4/28
4		Passion WASHINGTON	FR	#1	Chapman	{2} 3,521		4/28
5		Adva SHILON	JR	#1	Chapman	{3} 3,515		4/28
6		Kayla KIM	FR	#1	Chapman	{4} 3,309		4/28
7		Lindsey GRAY	SO	#1	Chapman	{5} 3,235		4/28
8		Izzy SABATINO	JR	#4	Pomona-Pitzer	3,147		4/28
9		Gift JAMES	SO	#3	Redlands (Calif.)	{3} 2,988		4/28
10		Shaylee HERON	FR	#3	Redlands (Calif.)	{4} 2,980		4/28



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Skyline

as of 5/7/2024 6:44:27 AM ET

Women's 100 Meters

1	Alexxis MCNEIL	SR	#1 Farmingdale Sta	12.77	(0.0)	4/28
2	Faith SAMMONS	SO	#2 Merchant Marine	13.16	(1.5)	4/20
3	Jennifer SCHMIDT	JR	#4 Manhattanville	13.81	(0.4)	3/30
4	Alyse RIVERA	FR	#1 Farmingdale Sta{2}	13.89	(-1.1)	4/28
5	Brittany BRELAND	SR	#2 Merchant Marine{2}	14.04	(0.0)	4/28
6	Meghan CICHON	SR	#1 Farmingdale Sta{3}	14.16	(-1.1)	4/28
7	Kimberlyn DAVID	JR	#1 Farmingdale Sta{4}	14.23	(0.9)	4/20
7	Jessica KERRIGAN	SR	#3 Mount Saint Mar	14.23	(0.0)	4/28
9	Stephanie ALBERGHINE	FR	#1 Farmingdale Sta{5}	14.38	(-1.1)	4/28
10	Maria BALDWIN	SO	#3 Mount Saint Mar{2}	14.54	(-1.1)	4/28

Women's 100 Meter Hurdles

1	Lily O'BRIEN	SO	#3 Mount Saint Mar	18.08	(0.1)	4/28
2	Mishell DELGADO	FR	#1 Farmingdale Sta	18.67	(0.1)	4/28
3	Kaitlin HANSEN	SO	#3 Mount Saint Mar{2}	19.09	(0.1)	4/28
4	Stephanie SCHATZMAN	SO	#2 Merchant Marine	20.43	(0.1)	4/28
5	Brittany BRELAND	SR	#2 Merchant Marine{2}	21.90	(0.1)	4/28
6	Kenia HURTADO	JR	#1 Farmingdale Sta{2}	22.01	(0.1)	4/28
7	Meredith BUCHANAN	SR	#2 Merchant Marine{3}	24.40	(0.1)	4/28
8	Tejh HARDIN	SO	#2 Merchant Marine{4}	28.43	(0.1)	4/28

Women's 200 Meters

1	Alexxis MCNEIL	SR	#1 Farmingdale Sta	26.14	(0.6)	4/28
2	Faith SAMMONS	SO	#2 Merchant Marine	27.25	(0.6)	4/28
3	Maria BALDWIN	SO	#3 Mount Saint Mar	27.77w	(3.3)	4/12
4	Jennifer SCHMIDT	JR	#4 Manhattanville	28.41	(0.6)	4/28
5	Ava LANZA	FR	#1 Farmingdale Sta{2}	28.70	(1.4)	4/28
6	Stephanie ALBERGHINE	FR	#1 Farmingdale Sta{3}	29.00	(1.4)	4/28
7	Brittany BRELAND	SR	#2 Merchant Marine{2}	29.18	(-1.4)	4/7
8	Kimberlyn DAVID	JR	#1 Farmingdale Sta{4}	29.70	(0.6)	4/28
9	Nicole PICKETT	JR	#1 Farmingdale Sta{5}	30.13	(0.1)	4/20
10	Jessica KERRIGAN	SR	#3 Mount Saint Mar{2}	30.45w	(2.1)	4/12

Women's 400 Meters

1	Maria BALDWIN	SO	#3 Mount Saint Mar	1:01.56		4/28
2	Faith SAMMONS	SO	#2 Merchant Marine	1:01.83		4/28
3	Jennifer SCHMIDT	JR	#4 Manhattanville	1:03.89		4/28
4	Precious AKAHARA	FR	#1 Farmingdale Sta	1:04.81		4/28
5	Nicole PICKETT	JR	#1 Farmingdale Sta{2}	1:05.62		4/28
6	Victoria CROFFORD	FR	#2 Merchant Marine{2}	1:08.76		4/28
7	Faith WELSH	FR	#3 Mount Saint Mar{2}	1:11.23		4/19
8	Kaitlin HANSEN	SO	#3 Mount Saint Mar{3}	1:12.90		4/7
9	Kaitlin REYNOLDS	SR	#2 Merchant Marine{3}	1:20.31		3/24

Women's 400 Meter Hurdles

1	Lily O'BRIEN	SO	#3 Mount Saint Mar	1:14.51		4/19
2	Kaitlin HANSEN	SO	#3 Mount Saint Mar{2}	1:17.97		4/28
3	Vanessa MLECZKO	FR	#3 Mount Saint Mar{3}	1:20.19		4/28
4	Stephanie SCHATZMAN	SO	#2 Merchant Marine	1:20.25		4/28
5	Nicole PICKETT	JR	#1 Farmingdale Sta	1:27.50		4/28
6	Meredith BUCHANAN	SR	#2 Merchant Marine{2}	1:34.97		4/28
7	Kaitlin REYNOLDS	SR	#2 Merchant Marine{3}	1:36.76		4/28
8	Kelley LAKAWITCH	JR	#2 Merchant Marine{4}	1:41.94		4/28
9	Kaitlin SLATTERY	FR	#1 Farmingdale Sta{2}	1:44.02		4/28

Women's 800 Meters

1	Alycia HAYNES	SR	#1 Farmingdale Sta	2:33.66		5/5
2	Victoria CROFFORD	FR	#2 Merchant Marine	2:38.05		4/28
3	Orquidea BRICENO	FR	#4 Manhattanville	2:42.49		3/30
4	Kaitlin SLATTERY	FR	#1 Farmingdale Sta{2}	2:43.23		4/28
5	Sarah KANNENBERG	SO	#3 Mount Saint Mar	2:45.79		4/28
6	Faith WELSH	FR	#3 Mount Saint Mar{2}	2:54.58		4/28
7	Kaitlin REYNOLDS	SR	#2 Merchant Marine{2}	3:02.96		4/7

Women's 1500 Meters

1	Alycia HAYNES	SR	#1 Farmingdale Sta	5:18.32		4/7
2	Victoria CROFFORD	FR	#2 Merchant Marine	5:20.78		4/28
3	Orquidea BRICENO	FR	#4 Manhattanville	5:25.27		4/28
4	Sarah KANNENBERG	SO	#3 Mount Saint Mar	5:45.13		4/19
5	Emily GRASSELER	FR	#2 Merchant Marine{2}	5:51.13		4/7
6	Kaitlin REYNOLDS	SR	#2 Merchant Marine{3}	6:19.98		4/7

Women's Steeplechase

1	Kaitlin REYNOLDS	SR	#2 Merchant Marine	14:59.96		4/28
2	Loamy MALDONADO	JR	#1 Farmingdale Sta	17:04.24		4/28
3	Margaret ADAMS	JR	#1 Farmingdale Sta{2}	20:53.26		4/28

Women's 5000 Meters

1	Alycia HAYNES	SR	#1 Farmingdale Sta	21:39.77		4/28
2	Victoria CROFFORD	FR	#2 Merchant Marine	23:38.79		4/28
3	Sarah KANNENBERG	SO	#3 Mount Saint Mar	25:05.19		4/28
4	Kaitlin REYNOLDS	SR	#2 Merchant Marine{2}	25:33.39		4/28
5	Loamy MALDONADO	JR	#1 Farmingdale Sta{2}	29:00.28		4/28

Women's 4x100 Relay

1	Meghan Cichon, Alyse Rivera, Stephanie Alberghine, Alexxis McNeil	#1 Farmingdale Sta	52.44		4/28
2	Jessica Kerrigan, Maria Baldwin, Faith Welsh, Kaitlin Hansen	#3 Mount Saint Mar	55.43		4/28
3	Brittany Breland, Stephanie Schatzman, Faith Sammons, Meredith Buchanan	#2 Merchant Marine	57.41		4/7



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



Skyline

as of 5/7/2024 6:44:27 AM ET

Women's 4x400 Relay

1	Precious Akahara, Alycia Haynes, Nicole Pickett, Alexxis McNeil	#1 Farmingdale Sta	4:23.30	4/28
2	Faith Sammons, Brittany Breland, Stephanie Schatzman, Victoria Crofford	#2 Merchant Marine	4:27.41	4/28
3	Maria Baldwin, Kaitlin Hansen, Faith Welsh, Lily O'brien	#3 Mount Saint Mar	4:47.62	4/28

Women's High Jump

1	Lily O'BRIEN	SO	#3 Mount Saint Mar	1.43m	4-8¼	4/28
2	Maria BALDWIN	SO	#3 Mount Saint Mar{2}	1.40m	4-7	4/7
3	Jessica KERRIGAN	SR	#3 Mount Saint Mar{3}	1.38m	4-6¼	4/28
3	Meghan CICHON	SR	#1 Farmingdale Sta	1.38m	4-6¼	4/28
5	Camden MARTIN	SR	#2 Merchant Marine	1.37m	4-6	3/24
6	Brittany BRELAND	SR	#2 Merchant Marine{2}	1.33m	4-4¼	4/28
6	Tejh HARDIN	SO	#2 Merchant Marine{2}	1.33m	4-4¼	4/28
8	Jada PEPANIO	JR	#1 Farmingdale Sta{2}	1.28m	4-2¼	4/28
9	Meredith BUCHANAN	SR	#2 Merchant Marine{4}	1.25m	4-1¼	4/7
10	Cassidy NELSON	FR	#2 Merchant Marine{5}	1.13m	3-8½	4/28

Women's Pole Vault

1	Mishell DELGADO	FR	#1 Farmingdale Sta	2.60m	8-6¼	4/7
2	Camden MARTIN	SR	#2 Merchant Marine	2.15m	7-½	4/28

Women's Long Jump

1	Jada PEPANIO	JR	#1 Farmingdale Sta	5.16m	16-11¼ (0.9)	4/20
2	Lily O'BRIEN	SO	#3 Mount Saint Mar	4.83mw	15-10¼ (2.7)	4/19
3	Treesha JAYAKODY	FR	#1 Farmingdale Sta{2}	4.54m	14-10¾ (1.0)	4/28
3	Mishell DELGADO	FR	#1 Farmingdale Sta{2}	4.54m	14-10¾ (1.3)	4/7
5	Brittany BRELAND	SR	#2 Merchant Marine	4.51m	14-9¾ (0.0)	4/28
6	Stephanie SCHATZMAN	SO	#2 Merchant Marine{2}	4.47m	14-8 (0.4)	4/7
7	Tejh HARDIN	SO	#2 Merchant Marine{3}	4.36m	14-3¾ (1.4)	4/7
8	Maria BALDWIN	SO	#3 Mount Saint Mar{2}	4.21mw	13-9¾ (2.3)	4/7
9	Camden MARTIN	SR	#2 Merchant Marine{4}	4.20m	13-9½ (1.2)	4/28
9	Jessica KERRIGAN	SR	#3 Mount Saint Mar{3}	4.20m	13-9½ (1.4)	4/28

Women's Triple Jump

1	Treesha JAYAKODY	FR	#1 Farmingdale Sta	10.16m	33-4 (1.2)	5/5
2	Lily O'BRIEN	SO	#3 Mount Saint Mar	9.76m	32-¼ (0.0)	4/28
3	Stephanie SCHATZMAN	SO	#2 Merchant Marine	9.66m	31-8½ (1.0)	4/7
4	Brittany BRELAND	SR	#2 Merchant Marine{2}	9.36m	30-8½ (0.0)	4/28
5	Jessica KERRIGAN	SR	#3 Mount Saint Mar{2}	8.80m	28-10½ (0.0)	4/28
6	Kenia HURTADO	JR	#1 Farmingdale Sta{2}	8.61m	28-3 (0.5)	4/28
7	Tejh HARDIN	SO	#2 Merchant Marine{3}	8.52m	27-11½ (0.0)	4/7
8	Meredith BUCHANAN	SR	#2 Merchant Marine{4}	8.42m	27-7½ (0.7)	4/28
9	Kaitlin HANSEN	SO	#3 Mount Saint Mar{3}	8.38m	27-6 (0.5)	4/28
10	Vanessa MLECZKO	FR	#3 Mount Saint Mar{4}	7.55m	24-9¼ (0.0)	4/28

Women's Shot Put

1	Shea CURRAN	SR	#2 Merchant Marine	11.23m	36-10¼	4/20
2	Gabby BILLETZ	FR	#4 Manhattanville	10.49m	34-5	3/23
3	Jordan WASHINGTON	SO	#2 Merchant Marine{2}	9.83m	32-3	4/20
4	Lindsey MEDINA	SR	#3 Mount Saint Mar	9.30m	30-6¼	4/28
5	Fiona YOSTPILLE	SR	#4 Manhattanville {2}	9.24m	30-3¾	3/30
6	Madelyn KARMAN	SR	#1 Farmingdale Sta	9.20m	30-2¼	4/28
7	Ashley TORO	FR	#1 Farmingdale Sta{2}	9.15m	30-¼	3/30
8	Raina QUINONES	SO	#3 Mount Saint Mar{2}	8.15m	26-9	4/28
9	Florence HARRISON	SO	#4 Manhattanville {3}	7.72m	25-4	4/28
10	Trecel DANDRADE	FR	#1 Farmingdale Sta{3}	7.54m	24-9	3/30

Women's Discus

1	Gabby BILLETZ	FR	#4 Manhattanville	36.63m	120-2	4/28
2	Shea CURRAN	SR	#2 Merchant Marine	35.19m	115-6	4/20
3	Fiona YOSTPILLE	SR	#4 Manhattanville {2}	30.81m	101-1	3/30
4	Katelin HANIFAN	SO	#2 Merchant Marine{2}	27.25m	89-5	4/20
5	Jordan WASHINGTON	SO	#2 Merchant Marine{3}	27.20m	89-3	4/20
6	Emily SCHNEIDER	SO	#3 Mount Saint Mar	26.79m	87-10¾	4/19
7	Madelyn KARMAN	SR	#1 Farmingdale Sta	23.63m	77-6½	4/7
8	Raina QUINONES	SO	#3 Mount Saint Mar{2}	22.99m	75-5¼	4/28
9	Florence HARRISON	SO	#4 Manhattanville {3}	22.14m	72-7¾	4/6
10	Tejh HARDIN	SO	#2 Merchant Marine{4}	22.00m	72-2¼	4/28

Women's Hammer

1	Emily SCHNEIDER	SO	#3 Mount Saint Mar	36.45m	119-7	4/12
2	Shea CURRAN	SR	#2 Merchant Marine	35.22m	115-7	4/7
3	Lindsey MEDINA	SR	#3 Mount Saint Mar{2}	34.38m	112-10	4/28
4	Madelyn KARMAN	SR	#1 Farmingdale Sta	33.19m	108-11	4/28
5	Jordan WASHINGTON	SO	#2 Merchant Marine{2}	32.52m	106-9	4/28
6	Katelin HANIFAN	SO	#2 Merchant Marine{3}	29.67m	97-4¼	4/28
7	Lilly LA ROCCA	JR	#3 Mount Saint Mar{3}	19.93m	65-4¾	4/28
8	Trecel DANDRADE	FR	#1 Farmingdale Sta{2}	18.99m	62-3¾	4/28

Women's Javelin

1	Faith WELSH	FR	#3 Mount Saint Mar	25.93m	85-1	4/28
2	Fiona YOSTPILLE	SR	#4 Manhattanville	25.84m	84-9½	4/28
3	Shea CURRAN	SR	#2 Merchant Marine	25.06m	82-2¾	4/28
4	Meghan CICHON	SR	#1 Farmingdale Sta	21.55m	70-8½	4/28
5	Madelyn KARMAN	SR	#1 Farmingdale Sta{2}	18.38m	60-3¾	4/28
6	Jordan WASHINGTON	SO	#2 Merchant Marine{2}	18.23m	59-9¾	4/28
7	Raina QUINONES	SO	#3 Mount Saint Mar{2}	17.95m	58-10¾	4/28
8	Katelin HANIFAN	SO	#2 Merchant Marine{3}	17.06m	55-11¾	4/20
9	Kaitlin SLATTERY	FR	#1 Farmingdale Sta{3}	14.53m	47-8	4/28
10	Emily SCHNEIDER	SO	#3 Mount Saint Mar{3}	14.37m	47-1¾	4/19



Conference TFRI Event Summary



SLIAC

as of 5/7/2024 6:44:27 AM ET

Women's 100 Meters

1	64	Kalie STRAYHORN	FR	#8 Westminster (Mc	12.20	(-0.4)	4/27
2	94	Sara YAKANA	JR	#1 Greenville	12.30	(1.6)	3/30
3		Michaiah ADAMS	JR	#3 Mississippi Univ.	12.36w	(3.3)	3/23
4		Jocelyn FRITZ	JR	#1 Greenville	{2} 12.40	(1.4)	3/30
5		Samantha TAYLOR	FR	#4 Lyon (Ark.)	12.49	(-0.4)	4/27
6		Vonisha TOWNS	JR	#3 Mississippi Univ.	{2} 12.52w	(2.3)	4/20
7		Taylor TUCKER	SR	#1 Greenville	{3} 12.84	(0.0)	4/13
7		Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	{3} 12.84	(-0.4)	4/27
9		Holly HIGGS	FR	#2 Spalding	12.91	(-1.1)	4/27
10		Aissata KAMARA	SO	#6 Webster	13.01	(-0.4)	4/27

Women's 100 Meter Hurdles

1		Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	15.84	(0.6)	4/27
2		Alliyah THOMAS	FR	#2 Spalding	16.15	(0.4)	5/3
3		Kenzie KURDYS	FR	#1 Greenville	16.29	(0.6)	4/27
4		Cynthia SNYDER	FR	#4 Lyon (Ark.)	20.16	(0.6)	4/27
5		Amaya JONES	SO	#2 Spalding	{2} 20.73	(0.6)	4/27
6		Morganne PIERCY	FR	#2 Spalding	{3} 23.46	(0.6)	4/27
7		Abigail ADAMS	FR	#4 Lyon (Ark.)	{2} 25.20	(0.3)	4/6

Women's 200 Meters

1	54	Kalie STRAYHORN	FR	#8 Westminster (Mc	24.96	(0.1)	4/12
2		Laila GRAHAM	SR	#1 Greenville	25.44	(-0.6)	4/27
3		Jocelyn FRITZ	JR	#1 Greenville	{2} 25.45	(-0.6)	4/27
4		Vonisha TOWNS	JR	#3 Mississippi Univ.	25.65	(-0.6)	4/27
5		Brianna KRANTZ	FR	#4 Lyon (Ark.)	25.76w	(2.9)	4/13
6		Sara YAKANA	JR	#1 Greenville	{3} 25.84	(1.4)	4/13
7		Taylor TUCKER	SR	#1 Greenville	{4} 25.91	(-0.6)	4/27
8		Michaiah ADAMS	JR	#3 Mississippi Univ.	{2} 26.23	(1.3)	4/20
9		Alliyah THOMAS	FR	#2 Spalding	26.61w	(2.8)	3/30
10		Jazmyn HARMON	FR	#1 Greenville	{5} 26.73	(0.0)	4/19

Women's 400 Meters

1		Brianna KRANTZ	FR	#4 Lyon (Ark.)	58.38		4/27
2		Taylor TUCKER	SR	#1 Greenville	59.17		4/27
3		Jazmyn HARMON	FR	#1 Greenville	{2} 59.31		4/27
4		Alexa LOFGREN	JR	#5 Fontbonne	59.99		4/13
5		Moenaisa SIDIQUE	JR	#8 Westminster (Mc	1:01.77		4/27
6		Vonisha TOWNS	JR	#3 Mississippi Univ.	1:01.96		4/27
7		Eva SCHWAAB	JR	#1 Greenville	{3} 1:02.03		4/6
8		Alliyah THOMAS	FR	#2 Spalding	1:02.88		3/30
9		Amarachi EJIMADU	FR	#7 Principia	1:03.26		4/27
10		Olivia NELSEN	SO	#6 Webster	1:06.66		4/6

Women's 400 Meter Hurdles

1		Alliyah THOMAS	FR	#2 Spalding	1:07.26		5/3
2		Alexis ROBERTS	JR	#1 Greenville	1:11.89		4/13
3		Olivia NELSEN	SO	#6 Webster	1:12.07		4/13
4		Kenzie KURDYS	FR	#1 Greenville	{2} 1:16.77		4/27
5		Cynthia SNYDER	FR	#4 Lyon (Ark.)	1:22.11		3/16
6		Vivienne REINHARDT	SO	#2 Spalding	{2} 1:24.53		4/27
7		Morganne PIERCY	FR	#2 Spalding	{3} 1:41.86		4/27

Women's 800 Meters

1		Eva SCHWAAB	JR	#1 Greenville	2:20.70		3/30
2		Norah SWINIGAN	SO	#1 Greenville	{2} 2:26.60		4/19
3		Vanessa COMPTON	JR	#1 Greenville	{3} 2:28.15		4/19
4		Raven VANCE	FR	#1 Greenville	{4} 2:29.60		3/30
5		Rachel FISHER	SO	#9 Eureka	2:32.31		4/6
6		Sedina LOGAN	JR	#1 Greenville	{5} 2:32.47		4/19
7		Gretchen CARIE	JR	#1 Greenville	{6} 2:33.48		4/6
8		Sierra COMPTON	FR	#1 Greenville	{7} 2:36.16		3/23
9		Kacie TERUYA	FR	#4 Lyon (Ark.)	2:37.80		4/27
10		Myka FENTON	FR	#7 Principia	2:38.44		4/27

Women's 1500 Meters

1		Gretchen CARIE	JR	#1 Greenville	5:04.92		4/19
2		Raven VANCE	FR	#1 Greenville	{2} 5:07.42		3/23
3		Sedina LOGAN	JR	#1 Greenville	{3} 5:14.65		4/6
4		Kacie TERUYA	FR	#4 Lyon (Ark.)	5:17.97		4/27
5		Bessie KELLEY	FR	#2 Spalding	5:18.47		4/27
6		Hannah OWENS	FR	#3 Mississippi Univ.	5:30.67		3/2
7		Brook SCHUTT	SO	#1 Greenville	{4} 5:30.73		4/6
8		Myka FENTON	FR	#7 Principia	5:30.98		4/27
9		Laura MAYO	SR	#7 Principia	{2} 5:32.39		4/27
10		Abby LOVE	FR	#5 Fontbonne	5:35.41		4/27

Women's Steeplechase

1		Gretchen CARIE	JR	#1 Greenville	11:53.03		4/13
2		Kacie TERUYA	FR	#4 Lyon (Ark.)	13:35.21		4/27
3		Muskan JAMSHED	SO	#2 Spalding	14:11.21		4/13
4		Sarah KIMBRO	SR	#9 Eureka	16:19.62		4/27

Women's 5000 Meters

1		Gretchen CARIE	JR	#1 Greenville	19:09.81		3/29
2		Brook SCHUTT	SO	#1 Greenville	{2} 20:18.24		4/13
3		Sarah ERICKSON	SO	#7 Principia	20:47.08c(20:56.63)		4/20
4		Hannah OWENS	FR	#3 Mississippi Univ.	20:48.50		3/23
5		Caitlyn SMITH	FR	#5 Fontbonne	22:03.88		3/9
6		Reganne PIERCY	FR	#2 Spalding	22:05.45		4/13
7		Emily BOHM	FR	#1 Greenville	{3} 22:26.13		4/13
8		Emily BAKER	SO	#9 Eureka	22:26.86		4/6
9		Katie LEEKER	SO	#5 Fontbonne	{2} 23:04.15		3/9
10		Lexie BARTHMAIER	JR	#2 Spalding	{2} 23:59.93		3/23

Women's 10,000 Meters

1		Hannah OWENS	FR	#3 Mississippi Univ.	43:15.00		4/27
2		Brook SCHUTT	SO	#1 Greenville	46:14.00		4/27
3		Reganne PIERCY	FR	#2 Spalding	46:51.40		4/5
4		Emily BAKER	SO	#9 Eureka	47:34.62		4/20
5		Emily BOHM	FR	#1 Greenville	{2} 48:010.00		4/27
6		Katie LEEKER	SO	#5 Fontbonne	48:53.00		4/27
7		Kalee SANDERS	JR	#3 Mississippi Univ.	{2} 49:38.00		4/27
8		Lexie BARTHMAIER	JR	#2 Spalding	{2} 49:59.00		4/27



USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SLIAC

as of 5/7/2024 6:44:27 AM ET

Women's 4x100 Relay

1	14	Taylor Tucker, Laila Graham, Jocelyn Fritz, Sara Yakana	#1 Greenville	47.45	4/13
2		Ty'Kerria Young, Michaiah Adams, Paris Flanery, Vonisha Towns	#3 Mississippi Univ.	49.63	4/27
3		Alliyah Thomas, Shyanne Hagan, Roslyn Stull, Holly Higgs	#2 Spalding	51.97	4/27
4		Cynthia Snyder, Trinity Davis, Brianna Krantz, Samantha Taylor	#4 Lyon (Ark.)	53.16	4/27

Women's 4x400 Relay

1	76	Taylor Tucker, Eva Schwaab, Jazmyn Harmon, Laila Graham	#1 Greenville	4:02.56	4/27
2		Samantha Taylor, Kacie Teruya, Cynthia Snyder, Brianna Krantz	#4 Lyon (Ark.)	4:21.91	4/27
3		Vonisha Towns, Michaiah Adams, Paris Flanery, Kalee Sanders	#3 Mississippi Univ.	4:27.02	4/27
4		Roslyn Stull, Alliyah Thomas, Takara Williams, Holly Higgs	#2 Spalding	4:29.19	4/27
5		Joy Onyechi, Amarachi Ejimadu, Lydia Stalnaker, Sarah Fakorede	#7 Principia	4:31.90	4/27
6		Aissata Kamara, Kianna Patton, Olivia Nelsen, Symphony Schodroski	#6 Webster	4:39.34	4/19
7		Isabella Carbajal, Jaden Randall, Emily Baker, Rachel Fisher	#9 Eureka	4:56.75	4/27

Women's High Jump

1	48	Laila GRAHAM	SR	#1 Greenville	1.62m	5-3¾	4/27
1	48	Anna Beth VANCIL	JR	#1 Greenville	1.62m	5-3¾	4/27
3		Hannah MYERS	SO	#5 Fontbonne	1.57m	5-1¾	4/27

Women's Pole Vault

1	77	Kenzie KURDYS	FR	#1 Greenville	3.43m	11-3	4/19
		Takara WILLIAMS	FR	#2 Spalding	2.49m	8-2	3/23
3		Trinity DAVIS	FR	#4 Lyon (Ark.)	2.30m	7-6½	4/27

Women's Long Jump

1	23	Sara YAKANA	JR	#1 Greenville	5.72mw	18-9¼ (2.8)	4/26
2	54	Samantha TAYLOR	FR	#4 Lyon (Ark.)	5.55m	18-2½ (0.3)	4/27
3	81	Laila GRAHAM	SR	#1 Greenville	{2} 5.47m	17-11½ (0.0)	3/30
4		Lainey HICKS	SO	#1 Greenville	{3} 5.29mw	17-4¼ (2.3)	4/13
5		Jazmyn HARMON	FR	#1 Greenville	{4} 5.27m	17-3½ (1.4)	4/27
6		Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	5.25m	17-2¾ (0.5)	4/27
7		Hannah MYERS	SO	#5 Fontbonne	4.99m	16-4½ (1.7)	4/27
8		Shyanne HAGAN	SO	#2 Spalding	4.78m	15-8¼ (0.0)	4/27
9		Diamond RAYFORD	FR	#3 Mississippi Univ.	{2} 4.67m	15-4 (-0.2)	4/27
10		Trinity DAVIS	FR	#4 Lyon (Ark.)	{2} 4.58m	15-½ (1.2)	4/6

Women's Triple Jump

1	17	Sara YAKANA	JR	#1 Greenville	11.98mw	39-3¾ (2.2)	4/26
2	75	Laila GRAHAM	SR	#1 Greenville	{2} 11.25mw	36-11 (3.3)	4/27
3	90	Hannah MYERS	SO	#5 Fontbonne	11.18mw	36-8¼ (2.3)	4/27
4		Jazmyn HARMON	FR	#1 Greenville	{3} 11.09m	36-4¾ (1.6)	4/27
5		Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	10.98m	36-¼ (-0.5)	4/6
6		Lainey HICKS	SO	#1 Greenville	{4} 10.79m	35-4¾ (1.8)	4/13
7		Shyanne HAGAN	SO	#2 Spalding	10.28mw	33-8¾ (2.3)	4/27

Women's Shot Put

1	24	Talahiva TALANOA	JR	#1 Greenville	13.49m	44-3¼	4/27
2	89	Ashley SMITH	JR	#1 Greenville	{2} 12.39m	40-7¾	4/13
3		Ella RAY	JR	#1 Greenville	{3} 10.81m	35-5¾	4/27
4		Emma BRABY	FR	#8 Westminster (Mc	10.61m	34-9¾	4/12
5		Riana CALDWELL	FR	#2 Spalding	10.42m	34-2¼	3/30
6		Jessica BALLARD	SO	#5 Fontbonne	10.12m	33-2½	4/13
6		Arie'Onna MCCOLLUM	FR	#3 Mississippi Univ.	10.12m	33-2½	4/27
8		Cali PAVLISKO	SO	#6 Webster	9.98m	32-9	4/6
9		Isabelle LLEWELLYN	SR	#6 Webster	{2} 9.80m	32-2	3/30
10		Ava VOLLMER	SO	#1 Greenville	{4} 9.57m	31-4¾	3/23

Women's Discus

1	49	Talahiva TALANOA	JR	#1 Greenville	42.02m	137-11	3/30
2		Isabelle LLEWELLYN	SR	#6 Webster	37.60m	123-5	4/27
3		Ashley SMITH	JR	#1 Greenville	{2} 35.31m	115-10	4/19
4		Ella RAY	JR	#1 Greenville	{3} 33.89m	111-2	4/13
5		Arie'Onna MCCOLLUM	FR	#3 Mississippi Univ.	32.52m	106-9	4/27
6		Alex FRAILEY	FR	#1 Greenville	{4} 29.82m	97-10	3/30
7		Cali PAVLISKO	SO	#6 Webster	{2} 28.53m	93-7¼	3/30
8		Savanna HULBERT	FR	#1 Greenville	{5} 28.41m	93-2½	4/27
9		Montana SMITH	FR	#5 Fontbonne	28.35m	93-¼	3/30
10		Grace WALDROP	FR	#1 Greenville	{6} 28.21m	92-6¾	3/30



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SLIAC

as of 5/7/2024 6:44:27 AM ET

Women's Hammer

1	16	Talahiva TALANOVA	JR	#1	Greenville	53.14m	174-4	4/13
2		Isabelle LLEWELLYN	SR	#6	Webster	45.90m	150-7	4/6
3		Ella RAY	JR	#1	Greenville	{2} 44.37m	145-7	4/27
4		Ashley SMITH	JR	#1	Greenville	{3} 44.21m	145-1	4/13
5		Ava VOLLMER	SO	#1	Greenville	{4} 43.23m	141-10	4/13
6		Abigail SZYDLOWSKI	JR	#6	Webster	{2} 40.21m	131-11	4/27
7		Arie'Onna MCCOLLUM	FR	#3	Mississippi Univ.	35.78m	117-5	4/27
8		Cali PAVLISKO	SO	#6	Webster	{3} 35.58m	116-9	4/27
9		Alex FRAILEY	FR	#1	Greenville	{5} 35.46m	116-4	4/13
10		Jessica BALLARD	SO	#5	Fontbonne	32.48m	106-7	3/30

Women's Javelin

1	22	Abbi THOMASON	JR	#1	Greenville	40.57m	133-1	4/27
2	30	Emma BROWN	JR	#1	Greenville	{2} 39.95m	131-1	3/30
3		Isabelle LLEWELLYN	SR	#6	Webster	34.14m	112-0	4/6
4		Natalie STEWART	SO	#8	Westminster (Mc	33.53m	110-0	4/12
5		Emma BRABY	FR	#8	Westminster (Mc	{2} 31.49m	103-4	4/21
6		Aziza TAKHI	SO	#4	Lyon (Ark.)	30.06m	98-7½	3/16
7		Arie'Onna MCCOLLUM	FR	#3	Mississippi Univ.	29.56m	96-11¾	4/27
8		Alexis ROBERTS	JR	#1	Greenville	{3} 28.29m	92-9¾	4/13
9		Abigail ADAMS	FR	#4	Lyon (Ark.)	{2} 27.00m	88-7	4/13
10		Cali PAVLISKO	SO	#6	Webster	{2} 26.71m	87-7¾	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SUNYAC

as of 5/7/2024 6:44:27 AM ET

Women's 100 Meters

1	25	Autumn PITTMAN	JR	#3	SUNY Cortland	11.96w	(2.2)	4/7
2	41	Khia LASTER	JR	#6	Buffalo State	12.11	(0.7)	5/4
3	51	Brynn MOONEY	FR	#1	SUNY Geneseo	12.15w	(2.3)	4/7
4		Kendall SOBCZYK	SO	#3	SUNY Cortland {2}	12.45w	(2.2)	5/4
5		Kayla HUBA	SO	#1	SUNY Geneseo {2}	12.51	(1.3)	5/4
6		Alexia PRINCE	FR	#3	SUNY Cortland {3}	12.62w	(2.2)	4/7
7		Ejim NNATE	JR	#4	SUNY Oneonta	12.65	(0.7)	5/4
8		Madison WAGNER	SO	#9	SUNY Potsdam	12.72	(1.3)	5/4
9		Cara PELLECHIA	SO	#8	Fredonia	12.74	(1.7)	5/4
10		Katelyn JACQUES	SR	#1	SUNY Geneseo {3}	12.76	(1.3)	5/4

Women's 100 Meter Hurdles

1	3	Natalia SAWYER	SO	#6	Buffalo State	13.77w	(2.7)	5/4
2	21	Ejim NNATE	JR	#4	SUNY Oneonta	14.37w	(2.7)	5/4
3	33	Danielle FISK	SR	#3	SUNY Cortland	14.60w	(3.3)	4/20
4	64	Allyson SUROWICK	SR	#1	SUNY Geneseo	14.89w	(2.7)	5/4
5	71	Jill AMBLER	FR	#1	SUNY Geneseo {2}	14.97	(1.2)	4/14
6		Lainey FLAITS	FR	#1	SUNY Geneseo {3}	15.49w	(2.7)	5/4
7		AnJalya TALMADGE	SO	#3	SUNY Cortland {2}	15.59w	(3.3)	4/20
8		Eko DODD-BROWN	FR	#4	SUNY Oneonta {2}	15.67w	(2.7)	5/4
9		Janelle ECKL	JR	#1	SUNY Geneseo {4}	15.86	(-1.5)	5/4
10		Abrianna KRUGER	SR	#1	SUNY Geneseo {5}	16.21	(1.2)	4/7

Women's 200 Meters

1	36	Brynn MOONEY	FR	#1	SUNY Geneseo	24.79	(0.6)	4/7
2	51	Khia LASTER	JR	#6	Buffalo State	24.95	(-1.4)	5/4
2		Natalia SAWYER	SO	#6	Buffalo State	24.95	(-0.6)	4/26
4	68	Autumn PITTMAN	JR	#3	SUNY Cortland	25.04	(0.7)	4/14
5		Alexia PRINCE	FR	#3	SUNY Cortland {2}	25.45w	(2.7)	4/23
6		Marissa WISE	JR	#2	SUNY Brockport	25.48	(-2.4)	5/4
7		Kayla HUBA	SO	#1	SUNY Geneseo {2}	25.72	(-0.6)	4/26
8		Sam PYNN	JR	#1	SUNY Geneseo {3}	25.95	(1.9)	4/21
9		Jill AMBLER	FR	#1	SUNY Geneseo {4}	26.02	(0.6)	4/7
10		Julianna KLIMOW	SR	#1	SUNY Geneseo {5}	26.14w	(3.8)	4/21

Women's 400 Meters

1	41	Brynn MOONEY	FR	#1	SUNY Geneseo	56.89		5/4
2	53	Marissa WISE	JR	#2	SUNY Brockport	57.35		5/4
3	87	Khia LASTER	JR	#6	Buffalo State	57.94		3/30
4	88	Jenna RACZKA	SR	#6	Buffalo State {2}	57.95		5/4
5		Avery HEBERT	SR	#3	SUNY Cortland	58.92		4/14
6		Sierra DOODY	SO	#1	SUNY Geneseo {2}	59.45		3/30
7		Danielle JACKSON	JR	#4	SUNY Oneonta	1:00.45		3/16
8		Faith NELSON	JR	#3	SUNY Cortland {2}	1:00.62		4/20
9		Maris SEABURY	SR	#3	SUNY Cortland {3}	1:00.64		5/4
10		Hannah WIERER	FR	#1	SUNY Geneseo {3}	1:00.74		4/21

Women's 400 Meter Hurdles

1	2	Natalia SAWYER	SO	#6	Buffalo State	1:00.11		4/13
2	29	Janelle ECKL	JR	#1	SUNY Geneseo	1:03.59		4/26
3	93	Michelle FITTING	SR	#1	SUNY Geneseo {2}	1:05.91		5/4
4		Sophia BARCLAY	FR	#1	SUNY Geneseo {3}	1:06.54		5/4
5		Lily REXFORD	FR	#2	SUNY Brockport	1:06.64		4/27
6		Lainey FLAITS	FR	#1	SUNY Geneseo {4}	1:07.01		5/4
7		Yasmine PERALTA	SO	#3	SUNY Cortland	1:07.84		5/4
8		Nicole GRETZINGER	SO	#1	SUNY Geneseo {5}	1:08.15		5/4
9		Matty LUCEY	FR	#3	SUNY Cortland {2}	1:09.40		5/4
9		Lanna WANDY	JR	#1	SUNY Geneseo {6}	1:09.40		4/26

Women's 800 Meters

1	83	Sierra DOODY	SO	#1	SUNY Geneseo	2:16.36		4/14
2		Janelle ECKL	JR	#1	SUNY Geneseo {2}	2:17.10		5/4
3		Faith COYLE	JR	#7	SUNY Oswego	2:17.81		4/27
4		Grace YARKOSKY	FR	#5	SUNY Plattsburg	2:18.55		5/4
5		Hannah WIERER	FR	#1	SUNY Geneseo {3}	2:19.33		4/26
6		Mia VIZCAINO	JR	#2	SUNY Brockport	2:20.59		3/30
7		Hannah REICHARD	FR	#7	SUNY Oswego {2}	2:21.39		5/4
8		Nieve MAHOOD	JR	#1	SUNY Geneseo {4}	2:21.57		4/14
9		Eva WOODWORTH	SO	#4	SUNY Oneonta	2:21.73		5/4
10		Julianne WILSON	JR	#2	SUNY Brockport {2}	2:21.91		4/27

Women's 1500 Meters

1		Lilly FOWLER-CONNER	JR	#1	SUNY Geneseo	4:42.16		4/26
2		Rachel HIRSCHKIND	SR	#1	SUNY Geneseo {2}	4:42.29		3/30
3		Sierra DOODY	SO	#1	SUNY Geneseo {3}	4:43.39		4/7
4		Kaitlyn GROSSMAN	JR	#1	SUNY Geneseo {4}	4:46.15		4/26
5		Sydney SMITH	SR	#3	SUNY Cortland	4:47.85		5/4
6		Kerry FLOWER	SR	#2	SUNY Brockport	4:49.88		4/7
7		Grace YARKOSKY	FR	#5	SUNY Plattsburg	4:50.96		4/13
8		Mia VIZCAINO	JR	#2	SUNY Brockport {2}	4:51.64		4/14
9		Sabrina MENA	JR	#4	SUNY Oneonta	4:53.91		5/4
10		Lejla BORCILO	JR	#1	SUNY Geneseo {5}	4:55.32		5/4

Women's Steeplechase

1	1	Rachel HIRSCHKIND	SR	#1	SUNY Geneseo	10:17.19		4/27
2	38	Melissa INNOCENT	FR	#3	SUNY Cortland	11:09.95		5/4
3	39	Jillian O'ROURKE	FR	#1	SUNY Geneseo {2}	11:10.64		5/4
4	40	Isabel MARZEC	JR	#1	SUNY Geneseo {3}	11:10.72		5/4
5	61	Kaitlyn GROSSMAN	JR	#1	SUNY Geneseo {4}	11:19.25		5/4
6	65	Julianne WILSON	JR	#2	SUNY Brockport	11:20.87		5/4
7	78	Ann BRENNAN	SO	#1	SUNY Geneseo {5}	11:25.55		4/7
8	100	Alexa WOLCOTT	SO	#3	SUNY Cortland {2}	11:35.23		3/30
9		Anika PARNELL	SR	#3	SUNY Cortland {3}	11:35.58		5/4
10		Deirdre SULLIVAN	JR	#3	SUNY Cortland {4}	11:49.07		4/28



Conference TFRI Event Summary



SUNYAC

as of 5/7/2024 6:44:28 AM ET

Women's 5000 Meters

1	20	Penelope GREENE	JR	#1 SUNY Geneseo	16:50.74	4/27
2	28	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo {2}	16:58.53	4/14
3	60	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	17:20.61	3/30
4		Kerry FLOWER	SR	#2 SUNY Brockport	17:44.12	3/30
5		Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	17:49.06	3/30
6		Gabriella MCCARTHY	JR	#1 SUNY Geneseo {5}	17:54.75	4/14
7		Ann BRENNAN	SO	#1 SUNY Geneseo {6}	17:54.78	4/21
8		Katherine VOGEL	SR	#1 SUNY Geneseo {7}	17:55.86	3/30
9		Melissa INNOCENT	FR	#3 SUNY Cortland	18:00.15	4/20
10		Alexa WOLCOTT	SO	#3 SUNY Cortland {2}	18:13.04	4/20

Women's 10,000 Meters

1	16	Penelope GREENE	JR	#1 SUNY Geneseo	35:24.68	4/14
2	23	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {2}	35:41.18	4/14
3	28	Kerry FLOWER	SR	#2 SUNY Brockport	35:53.42	4/14
4	72	Katherine VOGEL	SR	#1 SUNY Geneseo {3}	37:12.80	4/14
5	89	Megan FRANCOEUR	JR	#4 SUNY Oneonta	37:51.33	4/14
6		Veronica SZYGALOWICZ	SR	#1 SUNY Geneseo {4}	38:35.96	5/4
7		Devin REILLY	JR	#3 SUNY Cortland	39:42.88	5/4
8		Annika HURLEY	SO	#1 SUNY Geneseo {5}	40:05.62	4/13
9		Katherine PETERSON	JR	#1 SUNY Geneseo {6}	40:12.48	3/30
10		Sophie BAGLEY	FR	#1 SUNY Geneseo {7}	40:18.88	3/30

Women's 4x100 Relay

1	16	Kendall Sobczyk, Alexia Prince, Faith Nelson, Autumn Pittman	#3 SUNY Cortland	47.51	5/4
2	35	Kayla Huba, Brynn Mooney, Julianna Klimow, Sam Pynn	#1 SUNY Geneseo	47.93	5/4
3		Margaret Petty, Danielle Jackson, Nicolette DuBose, Ejim Nnate	#4 SUNY Oneonta	50.05	4/7
4		Rachel Daskiewich, Marissa Wise, Courtney Bostic, Bayleigh Woodard	#2 SUNY Brockport	50.47	5/4
5		Deanna Zoch, Michaela Schaffer, Morgan Thompson, Marissa LeDuc	#5 SUNY Plattsburg	51.22	4/20
6		Madison Wagner, Emily Yousey, JoAnne Powers, Emma Robbins	#9 SUNY Potsdam	51.56	5/4
7		Rhiannon Butchko, Noladia Blum, Aionna Johnson, Brenna O'Brien	#7 SUNY Oswego	53.90	4/7

Women's 4x400 Relay

1	30	Jenna Raczka, Sophia Janik, Khia Laster, Natalia Sawyer	#6 Buffalo State	3:56.48	5/4
2	55	Michelle Fitting, Janelle Eckl, Hannah Wierer, Sierra Doody	#1 SUNY Geneseo	3:59.91	5/4
3		Yasmine Peralta, Maris Seabury, Matty Lucey, Avery Hebert	#3 SUNY Cortland	4:04.94	5/4
4		Courtney Bostic, Ariana Proper, Lily Rexford, Marissa Wise	#2 SUNY Brockport	4:06.12	5/4
5		Brianna Senatore, Danielle Jackson, Eko Dodd-Brown, Taylor Johnson	#4 SUNY Oneonta	4:15.50	5/4
6		Morgan Thompson, Grace Estus, Lillian Moran, Grace Yarkosky	#5 SUNY Plattsburg	4:22.39	5/4
7		Teagan Planty, Mary Elizabeth Steinrotter, Jilliana Sullivan, Sarah El Labban	#9 SUNY Potsdam	4:29.62	4/27
8		Faith Coyle, Hannah Reichard, Cristina Gaskiewicz, Noladia Blum	#7 SUNY Oswego	4:30.84	5/4
9		Kevina Drennan, Cara Pellechia, Vanessa Ryhal, Holly Rohrbach	#8 Fredonia	4:30.99	5/4

Women's High Jump

1	21	Danielle FISK	SR	#3 SUNY Cortland	1.67m	5-5¾	4/14
2	39	Michaela LEVESQUE	SR	#2 SUNY Brockport	1.63m	5-4¼	4/21
3	48	Sasha SCHRAMM	SO	#2 SUNY Brockport {2}	1.62m	5-3¾	5/4
4	92	Lainey FLAITS	FR	#1 SUNY Geneseo	1.59m	5-2½	4/26
5		Reilly QUINN	FR	#3 SUNY Cortland {2}	1.57m	5-1¾	5/4
5		Regan KAISER	JR	#3 SUNY Cortland {2}	1.57m	5-1¾	4/7
5		Rhiannon BUTCHKO	SO	#7 SUNY Oswego	1.57m	5-1¾	4/7
5		Janelle ECKL	JR	#1 SUNY Geneseo {2}	1.57m	5-1¾	5/4
9		AnJalyna TALMADGE	SO	#3 SUNY Cortland {4}	1.54m	5-½	5/4
10		Gigi FERRO	FR	#1 SUNY Geneseo {3}	1.49m	4-10½	4/26

Women's Pole Vault

1	32	Cara PELLECHIA	SO	#8 Fredonia	3.63m	11-10¾	4/13
2	71	Tess EICHNER	SR	#2 SUNY Brockport	3.45m	11-3¾	4/27
2	71	Becca BREADY	SO	#2 SUNY Brockport	3.45m	11-3¾	4/27
4	99	Faith HOYT	SO	#3 SUNY Cortland	3.35m	10-11¾	5/4
5		Isabel SWYERS	FR	#2 SUNY Brockport {3}	3.31m	10-10¼	4/13
6		Haley LERNER	JR	#8 Fredonia {2}	3.16m	10-4¼	4/7
7		Nicole GRETZINGER	SO	#1 SUNY Geneseo	3.07m	10-¾	4/26
8		Gianna BATISTA	SO	#1 SUNY Geneseo {2}	3.05m	10-0	5/4
9		Abby CARBERRY	FR	#3 SUNY Cortland {2}	2.90m	9-6¼	4/7
9		Mya HENRY	JR	#2 SUNY Brockport {4}	2.90m	9-6¼	5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



SUNYAC

as of 5/7/2024 6:44:28 AM ET

Women's Long Jump

1	12	Khia LASTER	JR	#6 Buffalo State	5.80m	19-1/2 (-0.6)	5/4
2	24	Mia MONTGOMERY	SR	#2 SUNY Brockport	5.71m	18-8 3/4 (-0.7)	5/3
3	62	Ejim NNATE	JR	#4 SUNY Oneonta	5.53m	18-1 3/4 (0.5)	4/20
4	65	Mackayla NERJUSTE	FR	#1 SUNY Geneseo	5.51m	18-1 (1.1)	4/21
5	83	Jill AMBLER	FR	#1 SUNY Geneseo	{2} 5.46m	17-11 (0.4)	5/4
6	87	Lena KIEHL	SR	#1 SUNY Geneseo	{3} 5.45mw	17-10 3/4 (2.7)	4/26
7	99	Sam PYNN	JR	#1 SUNY Geneseo	{4} 5.41mw	17-9 (3.2)	4/21
8		Katelyn JACQUES	SR	#1 SUNY Geneseo	{5} 5.40m	17-8 3/4 (0.4)	5/4
9		Kayla HUBA	SO	#1 SUNY Geneseo	{6} 5.36m	17-7 (1.4)	4/21
9		Lanna WANDY	JR	#1 SUNY Geneseo	{6} 5.36m	17-7 (0.3)	4/26

Women's Triple Jump

1	29	Ally ALVIRA	SR	#1 SUNY Geneseo	11.70m	38-4 3/4 (0.6)	3/30
2	66	Katelyn JACQUES	SR	#1 SUNY Geneseo	{2} 11.31mw	37-1 1/4 (2.5)	4/14
3		Gianna BOLAND	FR	#1 SUNY Geneseo	{3} 10.99m	36-3/4 (1.0)	4/7
4		Lena KIEHL	SR	#1 SUNY Geneseo	{4} 10.97m	36-0 (-0.4)	4/14
5		Sasha SCHRAMM	SO	#2 SUNY Brockport	10.92m	35-10 (1.8)	4/13
6		Caitlin MAHER	SO	#3 SUNY Cortland	10.83mw	35-6 1/2 (2.7)	4/23
7		Michaela SCHAFFER	SR	#5 SUNY Plattsburg	10.73m	35-2 1/2 (-1.8)	5/4
8		Matteson DONNELLY	SR	#3 SUNY Cortland	{2} 10.29m	33-9 1/4 (1.1)	4/7
9		Corinne ALBICKER	FR	#1 SUNY Geneseo	{5} 10.25m	33-7 1/2 (1.8)	4/21
10		Olivia SMOCK	SR	#1 SUNY Geneseo	{6} 10.12m	33-2 1/2 (0.9)	4/21

Women's Shot Put

1	16	Isabella FABRIZIO	JR	#4 SUNY Oneonta	13.67m	44-10 1/4	5/4
2	22	Sarah CROCKETT	SR	#2 SUNY Brockport	13.55m	44-5 1/2	5/4
3	50	Zoe CONNER	SR	#1 SUNY Geneseo	12.90m	42-4	4/26
4	81	Trinity DEES	SO	#2 SUNY Brockport	{2} 12.50m	41-1/4	5/4
5		Jennifer NDUKWU	SO	#3 SUNY Cortland	12.19m	40-0	4/23
6		Emelene BUREK	JR	#4 SUNY Oneonta	{2} 12.16m	39-10 3/4	5/4
7		Rebecca HEULER	JR	#2 SUNY Brockport	{3} 12.07m	39-7 1/4	5/4
8		Lauren JAKLITSCH	SO	#1 SUNY Geneseo	{2} 11.98m	39-3 3/4	4/26
9		Liz SPENCER	SR	#2 SUNY Brockport	{4} 11.77m	38-7 1/2	5/4
10		Teghan GARRIS	JR	#4 SUNY Oneonta	{3} 11.74m	38-6 1/4	5/4

Women's Discus

1	67	Skyler KLIMOW	SO	#1 SUNY Geneseo	40.98m	134-6	4/21
2	68	Sarah CROCKETT	SR	#2 SUNY Brockport	40.84m	134-0	5/4
3	85	Rebecca HEULER	JR	#2 SUNY Brockport	{2} 40.32m	132-4	5/4
4		Sarah PARR	SR	#2 SUNY Brockport	{3} 38.83m	127-5	4/21
5		Emma KINNICUTT	SR	#2 SUNY Brockport	{4} 38.39m	126-0	4/21
6		Katie RACHWAL	FR	#5 SUNY Plattsburg	37.32m	122-5	4/20
7		Hannah MCMASTERS	SO	#3 SUNY Cortland	36.86m	120-11	4/20
8		Katrina CHANDLER	SO	#2 SUNY Brockport	{5} 36.68m	120-4	5/4
9		Gabi RAGOZZINE	SO	#4 SUNY Oneonta	35.95m	118-0	4/7
10		Emelene BUREK	JR	#4 SUNY Oneonta	{2} 34.45m	113-0	4/26

Women's Hammer

1	22	Zoe CONNER	SR	#1 SUNY Geneseo	52.16m	171-2	4/21
2	40	Sarah PARR	SR	#2 SUNY Brockport	50.16m	164-7	4/21
3	41	Jennifer NDUKWU	SO	#3 SUNY Cortland	50.06m	164-3	5/4
4	42	Sarah CROCKETT	SR	#2 SUNY Brockport	{2} 50.05m	164-3	5/4
5	50	Isabella FABRIZIO	JR	#4 SUNY Oneonta	49.11m	161-2	3/16
6	57	Hannah MCMASTERS	SO	#3 SUNY Cortland	{2} 48.74m	159-11	4/23
7	84	Emma KINNICUTT	SR	#2 SUNY Brockport	{3} 47.33m	155-4	3/30
8		Katrina CHANDLER	SO	#2 SUNY Brockport	{4} 46.47m	152-6	5/4
9		Lauren JAKLITSCH	SO	#1 SUNY Geneseo	{2} 46.31m	151-11	4/26
10		Gabi RAGOZZINE	SO	#4 SUNY Oneonta	{2} 46.00m	150-11	5/4

Women's Javelin

1	5	Rebecca HEULER	JR	#2 SUNY Brockport	44.39m	145-8	4/13
2	55	Skyler KLIMOW	SO	#1 SUNY Geneseo	38.68m	126-11	3/30
3		Sage DOUGLASS	JR	#4 SUNY Oneonta	35.65m	117-0	4/26
4		Ally ALVIRA	SR	#1 SUNY Geneseo	{2} 34.82m	114-3	5/4
5		Emily BEATTIE	JR	#2 SUNY Brockport	{2} 34.81m	114-3	5/4
6		Julianna KLIMOW	SR	#1 SUNY Geneseo	{3} 32.44m	106-5	5/4
7		Danielle FISK	SR	#3 SUNY Cortland	31.83m	104-5	4/28
8		Taygin JUMP	FR	#5 SUNY Plattsburg	31.29m	102-8	5/4
9		Payton MEHALICK	SO	#1 SUNY Geneseo	{4} 30.74m	100-10	5/4
10		Sarah ARMENIA	JR	#2 SUNY Brockport	{3} 30.14m	98-10 3/4	3/30

Women's Heptathlon

1	16	Danielle FISK	SR	#3 SUNY Cortland	4,551	5/4
2	34	Janelle ECKL	JR	#1 SUNY Geneseo	4,268	5/4
3	63	Abrianna KRUGER	SR	#1 SUNY Geneseo	{2} 3,907	5/4
4	66	AnJalya TALMADGE	SO	#3 SUNY Cortland	{2} 3,886	5/4
5	99	Marissa LEDUC	SO	#5 SUNY Plattsburg	3,641	5/4
6		Lanna WANDY	JR	#1 SUNY Geneseo	{3} 3,615	5/4
7		Katherine BERGE	JR	#5 SUNY Plattsburg	{2} 3,076	5/4
8		Madison BAKER	SR	#2 SUNY Brockport	2,888	4/21
9		Michaela LEVESQUE	SR	#2 SUNY Brockport	{2} 1,777	4/21



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



UAA

as of 5/7/2024 6:44:28 AM ET

Women's 100 Meters

1	3	Audrey JOHNSON	JR	#3 Emory	11.73w	(3.5)	4/28
2	6	Jasmine WRIGHT	SO	#1 Washington (Mo	11.79	(1.9)	4/28
3	12	Maya DAVIS	FR	#1 Washington (Mo {2}	11.87	(1.9)	4/28
4	15	Gabri MESCHINO	SR	#2 Chicago	11.89w	(3.5)	4/28
5	16	Nicole STEWART	JR	#1 Washington (Mo {3}	11.92w	(3.5)	4/28
6	35	Kaya BINETTI	JR	#3 Emory	{2} 12.07	(1.9)	4/28
7	89	Maddie LYONS	SO	#2 Chicago	{2} 12.29	(1.9)	4/28
8	96	Dashiel TAO HARRIS	JR	#3 Emory	{3} 12.31	(-1.3)	3/16
9		Maura DIANNO	JR	#3 Emory	{4} 12.33w	(3.5)	4/28
10		Seneca GUNERATNE	FR	#7 NYU	12.55	(1.6)	3/23

Women's 100 Meter Hurdles

1	12	Ren BROWN	JR	#2 Chicago	14.20	(1.5)	4/13
2	15	Lauren GAY	JR	#1 Washington (Mo	14.23w	(2.2)	3/30
3	16	Elizabeth BARRE	SR	#5 Carnegie Mellon	14.24w	(2.7)	4/28
4	34	Alya CAMPBELL	JR	#6 Brandeis	14.61	(1.3)	5/3
5	40	Nikki BOON	JR	#3 Emory	14.70	(0.2)	3/29
6	46	Grace MISIUNAS	SO	#4 Case Western Re	14.76w	(2.7)	4/28
7	60	Amaya MARTIN	SR	#3 Emory	{2} 14.84	(-0.1)	3/29
8		Dasha JACKSON	SO	#7 NYU	15.35w	(2.7)	4/28
9		Rebecca STEWART	SR	#2 Chicago	{2} 15.51	(1.0)	4/28
10		Sharona SCHWAB	SO	#2 Chicago	{3} 15.52	(1.5)	4/13

Women's 200 Meters

1	13	Nicole STEWART	JR	#1 Washington (Mo	24.45w	(2.2)	4/28
2	16	Audrey JOHNSON	JR	#3 Emory	24.49	(1.9)	4/28
3	26	Lauren GAY	JR	#1 Washington (Mo {2}	24.70	(1.9)	4/28
4	28	Emma KELLEY	SR	#1 Washington (Mo {3}	24.72	(1.4)	4/13
5	39	Jasmine WRIGHT	SO	#1 Washington (Mo {4}	24.84w	(2.2)	4/28
6	62	Kaya BINETTI	JR	#3 Emory	{2} 25.00	(1.9)	4/28
7	99	Nikki BOON	JR	#3 Emory	{3} 25.27	(1.9)	3/29
7	99	Dashiel TAO HARRIS	JR	#3 Emory	{3} 25.27	(1.9)	4/13
9		Maya DAVIS	FR	#1 Washington (Mo {5}	25.30	(-0.4)	4/13
10		Gabri MESCHINO	SR	#2 Chicago	25.41	(1.9)	4/28

Women's 400 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo	54.18		4/13
2	21	Dashiel TAO HARRIS	JR	#3 Emory	56.34		4/28
3	28	Nicole STEWART	JR	#1 Washington (Mo {2}	56.59		3/30
4	31	Ren BROWN	JR	#2 Chicago	56.64		4/20
5	38	Kylie SPYTEK	SO	#1 Washington (Mo {3}	56.87		3/30
6	72	Caroline ECHOLS	FR	#1 Washington (Mo {4}	57.66		4/13
7	74	Catherine CHRISTOPHER	FR	#1 Washington (Mo {5}	57.67		4/28
8	81	Hannah BOHBOT-DRIDI	JR	#6 Brandeis	57.81		4/28
9	85	Danielle SCHULTZ	SR	#1 Washington (Mo {6}	57.90		4/6
10		Mina LEOPOLD	JR	#3 Emory	{2} 58.14		4/28

Women's 400 Meter Hurdles

1	1	Ren BROWN	JR	#2 Chicago	57.85		5/3
2	16	Elizabeth BARRE	SR	#5 Carnegie Mellon	1:03.03		3/30
3	27	Rebecca STEWART	SR	#2 Chicago	{2} 1:03.46		4/28
4	36	Olivia ZARZYCKI	JR	#6 Brandeis	1:03.94		4/28
5	51	Ruby KAPLAN	JR	#1 Washington (Mo	1:04.65		4/28
6	83	Sharona SCHWAB	SO	#2 Chicago	{3} 1:05.60		4/28
7		Caroline HANSEN	JR	#3 Emory	1:06.31		4/28
8		Elise MOORE	JR	#4 Case Western Re	1:06.47		4/28
9		Mackenzie RICHARD	SO	#7 NYU	1:06.48		4/20
10		Hannah BOHBOT-DRIDI	JR	#6 Brandeis	{2} 1:06.63		5/3

Women's 800 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo	2:02.70		5/3
2	4	Danielle SCHULTZ	SR	#1 Washington (Mo {2}	2:08.74		5/3
3	13	Alessia SARUSSI	SR	#1 Washington (Mo {3}	2:10.48		5/3
4	21	Lily TAYLOR	SR	#3 Emory	2:12.01		4/28
5	22	Jacqueline LIU	SO	#5 Carnegie Mellon	2:12.04		4/28
6	23	Maddie KELLY	SR	#2 Chicago	2:12.11		4/6
7	26	Izzy GORTON	JR	#1 Washington (Mo {4}	2:12.22		5/3
8	31	Caroline ECHOLS	FR	#1 Washington (Mo {5}	2:12.62		3/29
9	37	Madison TIAFFAY	SO	#3 Emory	{2} 2:13.18		4/28
10	42	Isabella RHEE	SR	#5 Carnegie Mellon {2}	2:13.94		5/4

Women's 1500 Meters

1	2	Emma KELLEY	SR	#1 Washington (Mo	4:22.76		4/6
2	8	Maddie KELLY	SR	#2 Chicago	4:26.60		5/3
3	9	Grace RICHARDSON	SR	#7 NYU	4:26.88		4/13
4	10	Elisabeth CAMIC	JR	#2 Chicago	{2} 4:27.03		5/3
5	17	Alessia SARUSSI	SR	#1 Washington (Mo {2}	4:30.63		4/28
6	27	Brigid HANLEY	SR	#3 Emory	4:32.71		3/23
7	36	Katie RECTOR	SO	#1 Washington (Mo {3}	4:34.52		3/29
8	37	Madison TIAFFAY	SO	#3 Emory	{2} 4:35.08		4/13
9	39	Evelyn BATTLES-ON-GUNKEL	SR	#2 Chicago	{3} 4:35.20		4/6
10	41	Lily TAYLOR	SR	#3 Emory	{3} 4:35.33		3/23

Women's Steeplechase

1	12	Abigail PATTERSON	JR	#1 Washington (Mo	10:45.90		4/28
2	21	Julia PATTERSON	JR	#1 Washington (Mo {2}	10:52.97		3/29
3	23	Caitlin JORGENSEN	SR	#2 Chicago	10:54.68		3/29
4	43	Ayla GRABENBAUER	SO	#4 Case Western Re	11:12.61		3/30
5	45	Riley CLARK	SO	#1 Washington (Mo {3}	11:13.10		4/28
6	67	Cameron GUPTA	FR	#3 Emory	11:21.66		4/6
7		Ella WARKENTINE	SO	#6 Brandeis	11:46.15		4/20
8		Marlee FRADKIN	SR	#1 Washington (Mo {4}	11:48.39		3/30
9		Lily JASMINSKI	SR	#2 Chicago	{2} 11:58.66		4/20
10		Cyd KENNARD	FR	#2 Chicago	{3} 12:12.10		4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



UAA

as of 5/7/2024 6:44:28 AM ET

Women's 5000 Meters

1	7	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	16:33.65	4/13
2	15	Grace RICHARDSON	SR	#7 NYU	16:38.39	4/19
3	16	Alexandra BLAKE	SR	#1 Washington (Mo	16:46.39	4/13
4	17	Brigid HANLEY	SR	#3 Emory	16:48.84	3/30
5	18	Caitlin JORGENSEN	SR	#2 Chicago	{2} 16:49.77	4/13
6	21	Estelle SNIDER	FR	#2 Chicago	{3} 16:51.14	4/13
7	22	Sophie TEDESCO	JR	#2 Chicago	{4} 16:51.91	4/13
8	40	Liesl SCHERRER	JR	#3 Emory	{2} 17:08.15	4/6
9	49	Lauren IAGNEMMA	SO	#4 Case Western Re	17:15.05	4/14
10	57	Katie RECTOR	SO	#1 Washington (Mo	{2} 17:19.91	4/13

Women's 10,000 Meters

1	2	Grace RICHARDSON	SR	#7 NYU	34:06.21	3/30
2	5	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	34:25.29	3/29
3	13	Sophie TEDESCO	JR	#2 Chicago	{2} 35:16.72	3/29
4	17	Estelle SNIDER	FR	#2 Chicago	{3} 35:25.49	3/29
5	26	Kate COCHRAN	JR	#7 NYU	{2} 35:49.65	3/30
6	86	Avery MCCAMMON	SR	#1 Washington (Mo	37:47.48	3/29
7		Jillian HETH	SO	#1 Washington (Mo	{2} 38:17.65	4/28
8		Alyssa HOFFMAN	JR	#5 Carnegie Mellon	38:27.12	4/14
9		Elizabeth CSIKAI	FR	#3 Emory	38:30.85	4/28
10		Avery TOMPKINS	JR	#5 Carnegie Mellon	{2} 38:46.03	4/28

Women's 4x100 Relay

1	1	Maya Davis, Jasmine Wright, Lauren Gay, Nicole Stewart		#1 Washington (Mo	45.84	5/3
2	2	Nikki Boon, Dashiell Tao Harris, Kaya Binetti, Audrey Johnson		#3 Emory	46.26	4/28
3	55	Arielle Troadec, Gabri Meschino, Maddie Lyons, Ava Hagwell		#2 Chicago	48.41	4/28
4	86	Smiley Huynh, Elizabeth Korn, Shaniece Nugent, Alya Campbell		#6 Brandeis	49.12	4/28
5		Kate Walsh, Seneca Guneratne, Cindy Leonard, Beverly Okyere		#7 NYU	50.36	3/30
6		Emily Hopkins, Elise Moore, Sarah Ozeki, Grace Misiunas		#4 Case Western Re	50.78	4/28
7		Iniyaa Mohanraj, Emily DeAugustine, Jocelyn Kiefel, Zoe King		#5 Carnegie Mellon	51.79	4/28

Women's 4x400 Relay

1	2	Kylie Spytek, Catherine Christopher, Danielle Schultz, Emma Kelley		#1 Washington (Mo	3:46.13	3/30
2	20	Audrey Johnson, Nikki Boon, Mina Leopold, Dashiell Tao Harris		#3 Emory	3:53.62	4/28
3	27	Ava Hagwell, Maddie Kelly, Elisabeth Camic, Ren Brown		#2 Chicago	3:56.10	4/28
4	49	Hannah Bohbot-Dridi, Elizabeth Korn, Shaniece Nugent, Olivia Zarzycki		#6 Brandeis	3:58.86	4/28
5	88	Zoe King, Emily Lannen, Jacqueline Liu, Isabella Rhee		#5 Carnegie Mellon	4:03.67	4/28
6		Elise Moore, Arianna Holbrook, Melanie Taylor, Jessica Kwasny		#4 Case Western Re	4:06.08	4/28
7		Beverly Okyere, Cindy Leonard, Laila Goodman, Areyanna McCarthy		#7 NYU	4:06.93	4/28

Women's High Jump

1	1	Elizabeth BARRE	SR	#5 Carnegie Mellon	1.73m	5-8	5/4
2	70	Olivia THEISEN	FR	#1 Washington (Mo	1.60m	5-3	3/30
3		Selah DUNGEY	SO	#2 Chicago	1.58m	5-2¼	4/13
3		Ebunoluwa OPATA	JR	#1 Washington (Mo	{2} 1.58m	5-2¼	4/13
3		Olivia BOYD	SO	#2 Chicago	1.58m	5-2¼	4/13
6		Sophie SEGAL	FR	#6 Brandeis	1.57m	5-1¾	4/7
7		Sammi DUNN	JR	#2 Chicago	{3} 1.55m	5-1	4/20
7		Linda WANG	FR	#3 Emory	1.55m	5-1	3/29
7		Elizabeth MULVANEY	FR	#2 Chicago	{3} 1.55m	5-1	4/20
10		Areyanna MCCARTHY	SO	#7 NYU	1.53m	5-¼	4/6
10		Clara BENNETT	FR	#2 Chicago	{5} 1.53m	5-¼	4/13

Women's Pole Vault

1	6	Yasmin RUFF	JR	#1 Washington (Mo	3.89m	12-9	4/20
2	21	Mackenzie WALKER	SO	#1 Washington (Mo	{2} 3.70m	12-1½	3/30
3	28	Holly SCHREIBER	FR	#4 Case Western Re	3.66m	12-0	4/13
4	29	Smiley HUYNH	JR	#6 Brandeis	3.65m	11-11¾	4/7
5	35	Jo-Michelle HUCZKO	SR	#5 Carnegie Mellon	3.60m	11-9¾	4/18
6	45	Susannah TRUITT	SR	#2 Chicago	3.55m	11-7¾	4/13
7	68	Makenzie STOCK	JR	#1 Washington (Mo	{3} 3.46m	11-4¼	4/28
8	71	Hannah RILEY	FR	#3 Emory	3.45m	11-3¾	3/16
9	79	Anna CURTIS	SR	#1 Washington (Mo	{4} 3.41m	11-2¼	4/13
10	83	Lindsay RECKER	SO	#2 Chicago	{2} 3.40m	11-1¾	3/30
10	83	Alisha ANDERSON	JR	#6 Brandeis	{2} 3.40m	11-1¾	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



UAA

as of 5/7/2024 6:44:28 AM ET

Women's Long Jump

1	15	Marina SEMPLE	SO	#2	Chicago	5.76m	18-10¾ (-0.4)	4/28
2	28	Ebunoluwa OPATA	JR	#1	Washington (Mo	5.65m	18-6½ (0.9)	3/23
3	38	Nikki BOON	JR	#3	Emory	5.60m	18-4½ (0.6)	4/11
4	49	Elizabeth BARRE	SR	#5	Carnegie Mellon	5.57m	18-3¼ (1.0)	4/28
5		Iniyaa MOHANRAJ	SO	#5	Carnegie Mellon {2}	5.33m	17-6 (0.0)	4/18
5		Arielle TROADEC	FR	#2	Chicago	{2} 5.33m	17-6 (0.6)	4/6
7		Zoe KING	SO	#5	Carnegie Mellon {3}	5.31m	17-5¼ (-0.8)	4/28
8		Grace STERNBERGER	FR	#2	Chicago	{3} 5.29m	17-4¼ (1.6)	3/30
8		Maya DAVIS	FR	#1	Washington (Mo {2}	5.29mw	17-4¼ (2.2)	4/28
10		Olivia THEISEN	FR	#1	Washington (Mo {3}	5.27m	17-3½ (1.9)	4/13

Women's Triple Jump

1	2	Ebunoluwa OPATA	JR	#1	Washington (Mo	12.58m	41-3¼ (0.7)	4/28
2	35	Rebecca STEWART	SR	#2	Chicago	11.63m	38-2 (0.1)	4/28
3	36	Shaniece NUGENT	SO	#6	Brandeis	11.60m	38-¾ (1.2)	4/7
4	49	Caroline HANSEN	JR	#3	Emory	11.44m	37-6½ (1.8)	4/19
5	56	Jocelyn KIEFEL	JR	#5	Carnegie Mellon	11.38m	37-4 (-0.9)	5/4
6	83	Sarah OZEKI	JR	#4	Case Western Re	11.20m	36-9 (0.0)	4/28
7		Areyanna MCCARTHY	SO	#7	NYU	11.15m	36-7 (0.2)	4/28
8		Audrey JOHNSON	JR	#3	Emory	{2} 11.11m	36-5½ (1.7)	3/29
9		Emily HOPKINS	JR	#4	Case Western Re {2}	11.09m	36-4¾ (0.6)	4/28
10		Dasha JACKSON	SO	#7	NYU	{2} 11.00m	36-1¼ (0.0)	4/20

Women's Shot Put

1	6	Molly LAUMAKIS	SR	#2	Chicago	14.44m	47-4½	4/28
2	7	Jenae BOTHE	SO	#1	Washington (Mo	14.28m	46-10¼	4/28
3	41	Sarah FINEMAN	JR	#3	Emory	13.10m	42-11¾	4/28
4	48	Adrienne WACHTMAN	JR	#4	Case Western Re	12.95m	42-6	4/28
5	86	Taylor SIMPSON	JR	#1	Washington (Mo {2}	12.43m	40-9½	4/28
6		Nikki BOON	JR	#3	Emory	{2} 12.27m	40-3¼	4/28
7		Taylor SYMONETTE	JR	#5	Carnegie Mellon	12.23m	40-1½	3/30
8		Mikayla WISE	SR	#1	Washington (Mo {3}	12.10m	39-8½	4/28
9		Rielley MCNEILL	FR	#2	Chicago	{2} 11.07m	36-4	4/28
10		Elizabeth BARRE	SR	#5	Carnegie Mellon {2}	11.05m	36-3	4/18

Women's Discus

1	24	Molly LAUMAKIS	SR	#2	Chicago	43.58m	143-0	4/28
2	31	Nikki BOON	JR	#3	Emory	43.24m	141-11	4/28
3	43	Adrienne WACHTMAN	JR	#4	Case Western Re	42.42m	139-2	4/28
4	50	Jenae BOTHE	SO	#1	Washington (Mo	42.01m	137-10	4/28
5	76	Sarah FINEMAN	JR	#3	Emory	{2} 40.64m	133-4	4/28
6		Rielley MCNEILL	FR	#2	Chicago	{2} 39.35m	129-1	4/28
7		Taylor SIMPSON	JR	#1	Washington (Mo {2}	37.54m	123-2	4/28
8		Mikayla WISE	SR	#1	Washington (Mo {3}	37.49m	123-0	4/28
9		Karyssa MACK	SO	#1	Washington (Mo {4}	37.45m	122-11	4/28
10		Michelle LEE	SO	#4	Case Western Re {2}	37.28m	122-4	4/28

Women's Hammer

1	28	Molly LAUMAKIS	SR	#2	Chicago	51.59m	169-3	4/28
2	53	Lauren ROSKUSZKA	JR	#4	Case Western Re	48.93m	160-7	3/16
3	70	Ailean DUFFIE	JR	#4	Case Western Re {2}	47.88m	157-1	4/28
4		Rachel GINN	JR	#4	Case Western Re {3}	46.46m	152-5	4/28
5		Michelle LEE	SO	#4	Case Western Re {4}	44.78m	146-11	3/16
6		Adrienne WACHTMAN	JR	#4	Case Western Re {5}	43.60m	143-1	3/16
7		Mikayla WISE	SR	#1	Washington (Mo	43.38m	142-4	4/20
8		Brooke CALDWELL	FR	#2	Chicago	{2} 43.32m	142-2	4/13
9		Taylor SIMPSON	JR	#1	Washington (Mo {2}	43.16m	141-7	4/28
10		Kayla ROUNTREE	JR	#5	Carnegie Mellon	42.77m	140-4	3/30

Women's Javelin

1	6	Adrienne WACHTMAN	JR	#4	Case Western Re	44.09m	144-8	4/28
2	11	Lauren ROSKUSZKA	JR	#4	Case Western Re {2}	42.11m	138-2	4/28
3	23	Mable MUTUMWA	FR	#3	Emory	40.52m	132-11	4/6
4	46	Emma GRUNIN	SO	#7	NYU	39.06m	128-2	4/13
5	74	Nikki BOON	JR	#3	Emory	{2} 37.66m	123-7	4/28
6		Jolie WASSERMAN	JR	#5	Carnegie Mellon	35.29m	115-10	4/18
7		Yichen DING	FR	#2	Chicago	34.40m	112-11	3/29
8		Sammi DUNN	JR	#2	Chicago	{2} 33.47m	109-10	4/28
9		Sara VETTER	JR	#2	Chicago	{3} 32.72m	107-4	4/13
10		Maddie MARTINEZ	FR	#4	Case Western Re {3}	31.75m	104-2	4/20

Women's Heptathlon

1	2	Nikki BOON	JR	#3	Emory	5,107		4/13
---	----------	------------	----	-----------	-------	--------------	--	------



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



UEC

as of 5/7/2024 6:44:28 AM ET

Women's 100 Meters

1	32	Oceana BROWN	FR	#4	Gallaudet	12.03	(-2.3)	4/20
2	96	Leah GRAY	SR	#7	Penn State Harri	12.31	(0.1)	5/5
3		Molly WAGNER	JR	#5	Carlow (Pa.)	12.63	(0.2)	4/5
4		Hannah WETZEL	SR	#4	Gallaudet {2}	12.70	(0.2)	5/5
5		Madison KAPPELER	JR	#1	Penn State Behr	12.81	(0.2)	5/5
6		Chay'La RIVERS	SO	#2	St. Mary's (Md.)	12.84	(0.2)	5/5
7		Gabriel MCDONALD	FR	#8	Cedar Crest	12.94	(0.1)	5/5
8		Sarah RIVET	SR	#3	Alfred State	13.08	(0.2)	5/5
9		Trista MILLER	JR	#5	Carlow (Pa.) {2}	13.20	(0.8)	4/27
10		Peyton GRIMM	FR	#1	Penn State Behr {2}	13.33	(0.1)	5/5

Women's 100 Meter Hurdles

1		Chay'La RIVERS	SO	#2	St. Mary's (Md.)	16.06	(-0.2)	5/5
2		Grace WEBER	SO	#7	Penn State Harri	16.40	(-0.2)	5/5
3		Haley FELTON	JR	#1	Penn State Behr	16.99	(0.9)	4/18
4		Tahlia KOSEK	JR	#9	Hilbert	18.23	(1.2)	4/27
5		Charis EVANS	FR	#3	Alfred State	18.79	(-0.2)	5/5
6		Adrainna GILL	SO	#3	Alfred State {2}	19.45	(-0.2)	5/5
7		Madison KAPPELER	JR	#1	Penn State Behr {2}	19.74w	(2.1)	4/13
8		Dina JONES	SO	#2	St. Mary's (Md.) {2}	20.18	(-0.2)	5/5

Women's 200 Meters

1	24	Oceana BROWN	FR	#4	Gallaudet	24.63	(0.1)	5/5
2		Leah GRAY	SR	#7	Penn State Harri	25.40	(0.2)	5/5
3		Hannah WETZEL	SR	#4	Gallaudet {2}	25.83	(0.3)	5/5
4		Madison KAPPELER	JR	#1	Penn State Behr	26.14	(0.1)	5/5
5		Molly WAGNER	JR	#5	Carlow (Pa.)	26.16	(1.9)	4/27
6		Sarah RIVET	SR	#3	Alfred State	26.60	(0.1)	5/5
7		Chay'La RIVERS	SO	#2	St. Mary's (Md.)	27.00w	(3.5)	3/16
8		Gabriel MCDONALD	FR	#8	Cedar Crest	27.10	(0.4)	5/5
9		Ivy LAFFAN	JR	#1	Penn State Behr {2}	27.44w	(3.8)	4/21
10		Trista MILLER	JR	#5	Carlow (Pa.) {2}	27.46	(0.2)	5/5

Women's 400 Meters

1		Oli KRAYNIK	FR	#3	Alfred State	59.32		5/5
2		Molly WAGNER	JR	#5	Carlow (Pa.)	1:00.18		5/5
3		Ivy LAFFAN	JR	#1	Penn State Behr	1:01.11		4/18
4		Savannah OWENS	SO	#2	St. Mary's (Md.)	1:01.16		5/5
5		Avery ARRIZI	FR	#2	St. Mary's (Md.) {2}	1:01.96		4/20
6		Lily SCHNELL	SR	#3	Alfred State {2}	1:02.71		4/13
7		Elizabeth LIEB	JR	#6	Lancaster Bible	1:03.65		5/5
8		Sarah RIVET	SR	#3	Alfred State {3}	1:03.70		4/13
9		Madeline MATUSZAK	SO	#9	Hilbert	1:04.47		5/5
10		Rajena GUETTLER	SO	#4	Gallaudet	1:04.73		3/23

Women's 400 Meter Hurdles

1		Grace WEBER	SO	#7	Penn State Harri	1:07.72		5/5
2		Chay'La RIVERS	SO	#2	St. Mary's (Md.)	1:10.34		5/5
3		Ivy LAFFAN	JR	#1	Penn State Behr	1:10.98		5/5
4		Bridget MCMASTER	FR	#1	Penn State Behr {2}	1:11.58		5/5
5		Haley FELTON	JR	#1	Penn State Behr {3}	1:15.22		4/13
6		Adrainna GILL	SO	#3	Alfred State	1:15.23		5/5
7		Dina JONES	SO	#2	St. Mary's (Md.) {2}	1:15.31		5/5
8		Charis EVANS	FR	#3	Alfred State {2}	1:17.71		5/5
9		Tahlia KOSEK	JR	#9	Hilbert	1:22.44		5/5

Women's 800 Meters

1		Brittney DOUGLAS	JR	#2	St. Mary's (Md.)	2:26.27		3/30
2		Savannah OWENS	SO	#2	St. Mary's (Md.) {2}	2:26.85		3/30
3		Isabelle POPOFF	SR	#3	Alfred State	2:27.52		5/5
4		Hailey KUMPF	FR	#3	Alfred State {2}	2:27.66		5/5
5		Avery ARRIZI	FR	#2	St. Mary's (Md.) {3}	2:31.82		3/30
6		Bridget MCMASTER	FR	#1	Penn State Behr	2:33.21		3/30
7		Maddie FUSCO	SR	#9	Hilbert	2:33.84		4/27
8		Kaylee HOLSTON	FR	#2	St. Mary's (Md.) {4}	2:34.65		3/16
9		Hartle LINDSEY	SO	#1	Penn State Behr {2}	2:35.78		3/30
10		Ella CLOAK	SO	#5	Carlow (Pa.)	2:36.41		4/27

Women's 1500 Meters

1		Isabelle POPOFF	SR	#3	Alfred State	4:58.77		5/5
2		Maddie FUSCO	SR	#9	Hilbert	5:01.68		5/5
3		Elizabeth ROBEY	JR	#2	St. Mary's (Md.)	5:10.66		5/5
4		Brittney DOUGLAS	JR	#2	St. Mary's (Md.) {2}	5:13.18		5/5
5		Hartle LINDSEY	SO	#1	Penn State Behr	5:16.61		4/27
6		Hailey KUMPF	FR	#3	Alfred State {2}	5:20.23		4/6
7		Litwiler BETHANY	SO	#1	Penn State Behr {2}	5:27.84		4/27
8		Kaylee HOLSTON	FR	#2	St. Mary's (Md.) {3}	5:31.63		3/16
9		Madison KINGSLEY	FR	#2	St. Mary's (Md.) {4}	5:40.56		3/16
10		Weiya CARTER	FR	#2	St. Mary's (Md.) {5}	5:45.08		3/16

Women's Steeplechase

1		Bridget MCMASTER	FR	#1	Penn State Behr	12:48.36		5/5
2		Litwiler BETHANY	SO	#1	Penn State Behr {2}	13:02.80		5/5
3		Elizabeth ROBEY	JR	#2	St. Mary's (Md.)	13:20.05		5/5
4		Lydia GOODLING	FR	#6	Lancaster Bible	15:11.64		5/5
5		Taylor NGUYEN	SR	#4	Gallaudet	16:02.00		4/27
6		Olivia KELLY	SR	#8	Cedar Crest	17:13.38		4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



UEC

as of 5/7/2024 6:44:29 AM ET

Women's 5000 Meters

1	Maddie FUSCO	SR	#9 Hilbert	18:59.94	3/30
2	Hartle LINDSEY	SO	#1 Penn State Behr	19:21.60	4/18
3	Litwiler BETHANY	SO	#1 Penn State Behr {2}	20:44.15	4/6
4	Elizabeth ROBEY	JR	#2 St. Mary's (Md.)	20:46.23	5/5
5	Brielle WORRALL	SR	#10 Penn State Abin	22:00.73	4/6
6	Jonquil LOEFFELHOLZ	JR	#8 Cedar Crest	22:02.10	4/27
7	Madison KINGSLEY	FR	#2 St. Mary's (Md.) {2}	22:22.12	3/30
8	Laci SCHWIRIAN	SO	#5 Carlow (Pa.)	22:22.27	4/20
9	Weiya CARTER	FR	#2 St. Mary's (Md.) {3}	22:23.91	3/30
10	Lydia GOODLING	FR	#6 Lancaster Bible	23:49.53	4/21

Women's 10,000 Meters

1	Litwiler BETHANY	SO	#1 Penn State Behr	45:54.74	4/18
2	Bridget MCMASTER	FR	#1 Penn State Behr {2}	47:08.25	4/18
3	Hartle LINDSEY	SO	#1 Penn State Behr {3}	47:39.43	5/5
4	Madison KINGSLEY	FR	#2 St. Mary's (Md.)	48:05.96	4/20
5	Angelina COMPEGGIE	SO	#1 Penn State Behr {4}	50:15.49	5/5
6	Stacie LALLY	JR	#2 St. Mary's (Md.) {2}	50:33.91	3/16
7	Lydia GOODLING	FR	#6 Lancaster Bible	51:31.60	4/13
8	Rosa JOHNSON	FR	#6 Lancaster Bible {2}	53:49.81	4/13

Women's 4x100 Relay

1	Priscilla Berrios, Oceana Brown, Olivia Brown, Hannah Wetzels	#4 Gallaudet	50.20	4/20
2	Trista Miller, Sydney Taylor, Ella Cloak, Molly Wagner	#5 Carlow (Pa.)	50.79	4/27
3	Peyton Grimm, Ivy Laffan, Rylee Long, Madison Kappeler	#1 Penn State Behr	51.05	5/5
4	Sarah Rivet, Oli Kraynik, Laura Walter, Madison Snayczuk	#3 Alfred State	51.17	4/19
5	Chay'La Rivers, Ariat Ojulu, Tray Mobray, Avery Arrizi	#2 St. Mary's (Md.)	52.75	3/16
6	Elizabeth Lieb, Allison Robinson, Jessica Merena, Faith Garber	#6 Lancaster Bible	54.18	4/27

Women's 4x400 Relay

1	Sarah Rivet, Lily Schnell, Hailey Kumpf, Oli Kraynik	#3 Alfred State	4:08.34	5/5
2	Avery Arrizi, Savannah Owens, Ariat Ojulu, Brittney Douglas	#2 St. Mary's (Md.)	4:14.31	3/30
3	Peyton Grimm, Madison Kappeler, Victoria Dietrich, Ivy Laffan	#1 Penn State Behr	4:17.13	5/5
4	Alexandra Liszkiewicz, Tahlia Kosek, Paige Gajewski, Madeline Matuszak	#9 Hilbert	4:35.27	5/5
5	Faith Garber, Jessica Merena, Lydia Goodling, Elizabeth Lieb	#6 Lancaster Bible	4:35.39	4/27
6	Ella Cloak, Laci Schwirian, Trista Miller, Molly Wagner	#5 Carlow (Pa.)	4:37.70	5/5
7	#Type!	#8 Cedar Crest	4:54.70	5/5
8	Kritka Singh, Nicole Hakman, Himani Bhawe, Tracee Jones	#10 Penn State Abin	5:31.58	3/30

Women's High Jump

1	15 Hannah WETZEL	SR	#4 Gallaudet	1.68m	5-6	4/20
2	Christina SMITH	SR	#5 Carlow (Pa.)	1.50m	4-11	4/5
3	Elise KINYANJUI	SO	#2 St. Mary's (Md.)	1.47m	4-9¾	5/5
4	Chay'La RIVERS	SO	#2 St. Mary's (Md.) {2}	1.45m	4-9	3/30
5	Julia BALASKI	SO	#1 Penn State Behr	1.43m	4-8¼	4/27
6	Tahlia KOSEK	JR	#9 Hilbert	1.42m	4-7¾	5/5
7	LEIA DAY	SO	#5 Carlow (Pa.) {2}	1.41m	4-7½	4/20
8	Olivia HORNINGER	SO	#8 Cedar Crest	1.40m	4-7	4/13
9	Haley FELTON	JR	#1 Penn State Behr {2}	1.32m	4-4	4/21
10	Jessica MERENA	SO	#6 Lancaster Bible	1.25m	4-1¼	3/27

Women's Pole Vault

1	35 Madison KAPPELER	JR	#1 Penn State Behr	3.60m	11-9¾	4/18
2	Katrin CAVANAUGH	FR	#7 Penn State Harri	3.10m	10-2	5/5
3	Noelani TAKEI	JR	#1 Penn State Behr {2}	3.00m	9-10	4/18
4	Laura WALTER	SR	#3 Alfred State	2.75m	9-¼	4/6
5	Emma MCMURRAY	SO	#6 Lancaster Bible	2.65m	8-8¼	5/5
5	Oli KRAYNIK	FR	#3 Alfred State {2}	2.65m	8-8¼	5/5
7	Gracie JONES	JR	#1 Penn State Behr {3}	2.55m	8-4¼	4/27
8	Lilian NELSON	JR	#4 Gallaudet	2.40m	7-10½	3/30
9	Isabelle TAVERAS	SO	#4 Gallaudet {2}	2.08m	6-9¾	4/20
10	Alecia MILLER	FR	#4 Gallaudet {3}	1.78m	5-10	4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



UEC

as of 5/7/2024 6:44:29 AM ET

Women's Long Jump

1	31	Hannah WETZEL	SR	#4 Gallaudet	5.63m	18-5¾ (1.2)	4/20
2		Madison KAPPELER	JR	#1 Penn State Behr	5.26mw	17-3¼ (2.1)	5/5
3		Madison SNAYCZUK	JR	#3 Alfred State	5.21m	17-1¼ (1.8)	5/5
4		Rylee LONG	FR	#1 Penn State Behr	{2} 4.99m	16-4½ (0.0)	4/18
5		Peyton GRIMM	FR	#1 Penn State Behr	{3} 4.81mw	15-9½ (3.7)	5/5
6		Lily SCHNELL	SR	#3 Alfred State	{2} 4.78mw	15-8¼ (2.4)	5/5
7		Laura WALTER	SR	#3 Alfred State	{3} 4.73m	15-6¼ (0.0)	4/19
8		LEIA DAY	SO	#5 Carlow (Pa.)	4.71m	15-5½ (1.7)	5/5
9		Sydney TAYLOR	FR	#5 Carlow (Pa.)	{2} 4.67m	15-4 (1.0)	4/27
10		Chay'La RIVERS	SO	#2 St. Mary's (Md.)	4.43m	14-6½ (0.8)	5/5

Women's Triple Jump

1	26	Hannah WETZEL	SR	#4 Gallaudet	11.71m	38-5 (0.1)	3/30
2		Madison SNAYCZUK	JR	#3 Alfred State	10.78m	35-4½ (1.7)	4/13
3		Rylee LONG	FR	#1 Penn State Behr	10.67mw	35-¼ (2.9)	4/6
4		Sydney TAYLOR	FR	#5 Carlow (Pa.)	10.63m	34-10½ (2.0)	4/27
5		Chay'La RIVERS	SO	#2 St. Mary's (Md.)	10.09mw	33-1¼ (2.2)	4/20
6		Malina HALL	JR	#5 Carlow (Pa.)	{2} 9.77m	32-¾ (-0.5)	4/5
7		Lily SCHNELL	SR	#3 Alfred State	{2} 9.44m	30-11¾ (1.5)	4/19
8		Katrin CAVANAUGH	FR	#7 Penn State Harri	8.97m	29-5¼ (1.7)	4/13
9		Gracie JONES	JR	#1 Penn State Behr	{2} 8.56m	28-1 (0.8)	5/5

Women's Shot Put

1		Midajah DAVIS	JR	#4 Gallaudet	12.28m	40-3½	3/23
2		Jillian ZUKLEY	FR	#2 St. Mary's (Md.)	12.27m	40-3¼	3/16
3		Stephanie REIDER	SR	#7 Penn State Harri	11.17m	36-7¾	4/21
4		Paige MASSEY	SO	#1 Penn State Behr	11.06m	36-3½	4/21
5		Martha WEAVER	FR	#6 Lancaster Bible	10.77m	35-4	4/6
6		Erin WILSEY	JR	#6 Lancaster Bible	{2} 10.69m	35-1	4/21
7		Amira WHITAKER	SO	#2 St. Mary's (Md.)	{2} 10.09m	33-1¼	5/5
8		Juliana OGRODOWSKI	SO	#5 Carlow (Pa.)	9.77m	32-¾	5/5
9		Brianna THIGPEN	JR	#4 Gallaudet	{2} 9.69m	31-9½	3/30
10		Isabella BOZEN	SO	#8 Cedar Crest	9.59m	31-5¾	5/5

Women's Discus

1		Jillian ZUKLEY	FR	#2 St. Mary's (Md.)	34.84m	114-4	5/5
2		Stephanie REIDER	SR	#7 Penn State Harri	34.76m	114-1	5/5
3		Isabella BOZEN	SO	#8 Cedar Crest	34.59m	113-6	5/5
4		Gabrielle DEITRICH	FR	#7 Penn State Harri	{2} 33.83m	111-0	5/5
5		Brianna THIGPEN	JR	#4 Gallaudet	32.52m	106-9	3/30
6		Paige MASSEY	SO	#1 Penn State Behr	31.83m	104-5	3/30
7		Mya WAAGE	SO	#5 Carlow (Pa.)	31.50m	103-4	4/27
8		Safiya STIMELY	FR	#2 St. Mary's (Md.)	{2} 29.65m	97-3½	5/5
9		Marcy FOLTZ	SO	#6 Lancaster Bible	29.41m	96-6	4/13
10		Martha WEAVER	FR	#6 Lancaster Bible	{2} 29.35m	96-3½	5/5

Women's Hammer

1		Jillian ZUKLEY	FR	#2 St. Mary's (Md.)	43.82m	143-9	5/5
2		Mackenzie GILLETTE	JR	#3 Alfred State	43.03m	141-2	5/5
3		Martha WEAVER	FR	#6 Lancaster Bible	39.10m	128-4	5/5
4		Jessica PARK	SO	#1 Penn State Behr	38.05m	124-10	4/18
5		Stephanie REIDER	SR	#7 Penn State Harri	35.16m	115-4	4/6
6		Jileena STEARNS	FR	#3 Alfred State	{2} 33.62m	110-4	5/5
7		Gabrielle DEITRICH	FR	#7 Penn State Harri	{2} 33.18m	108-10	4/6
8		Erin WILSEY	JR	#6 Lancaster Bible	{2} 32.50m	106-8	5/5
9		Fladaina BRUNO	SO	#2 St. Mary's (Md.)	{2} 32.25m	105-10	5/5
10		Midajah DAVIS	JR	#4 Gallaudet	31.08m	102-0	3/2

Women's Javelin

1	42	Julia BALASKI	SO	#1 Penn State Behr	39.16m	128-6	5/5
2		Cassidy PERRY	SO	#4 Gallaudet	33.41m	109-8	4/6
3		Marcy FOLTZ	SO	#6 Lancaster Bible	32.63m	107-1	5/5
4		Sadie TRUBILLA	SO	#8 Cedar Crest	31.90m	104-8	3/30
5		Isabella BOZEN	SO	#8 Cedar Crest	{2} 29.47m	96-8¼	5/5
6		Brianna DOWNING	JR	#1 Penn State Behr	{2} 28.32m	92-11	5/5
7		Haley FELTON	JR	#1 Penn State Behr	{3} 28.11m	92-2¾	4/21
8		Tahlia KOSEK	JR	#9 Hilbert	27.51m	90-3¼	5/5
9		Keely ACOR	JR	#5 Carlow (Pa.)	26.95m	88-5	4/5
10		Allison ROBINSON	FR	#6 Lancaster Bible	{2} 26.26m	86-2	5/5



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



UMAC

as of 5/7/2024 6:44:29 AM ET

Women's 100 Meters

1	Camille RING	FR	#7 Crown	12.69	(1.8)	4/13
2	Deanna TRUCKSESS	SR	#6 Northwestern-Si	12.72	(1.8)	4/13
3	Allison ALESSI	FR	#1 UW-Superior	13.08w	(2.6)	4/6
4	Cassidy GIBSON	FR	#4 Bethany Luthera	13.19	(0.8)	5/4
5	Grace MORAVCHIK	FR	#6 Northwestern-Si{2}	13.22	(0.4)	5/4
5	Alvine NJOUNANG	FR	#6 Northwestern-Si{2}	13.22	(0.4)	5/4
7	Serena LANES	JR	#3 North Central (M	13.28	(0.6)	4/13
8	Deshawna HODGES	FR	#3 North Central (M{2}	13.33	(2.0)	4/6
9	Colleen CLAUDE	SO	#1 UW-Superior {2}	13.36	(-0.1)	5/4
10	Cora SCHMITZ	SO	#1 UW-Superior {3}	13.42w	(2.6)	4/6

Women's 100 Meter Hurdles

1	Stephanie WITBROD	JR	#4 Bethany Luthera	15.49	(0.5)	5/4
2	Brayli REIMER	FR	#7 Crown	16.00	(1.7)	5/4
3	Camille RING	FR	#7 Crown {2}	16.06	(0.5)	5/4
4	Grace MORAVCHIK	FR	#6 Northwestern-Si	16.29	(0.9)	4/27
5	Alexxa DEQUEVEDO	JR	#1 UW-Superior	16.42	(1.7)	5/4
6	Summer HESSELD AHL	FR	#1 UW-Superior {2}	17.02	(1.7)	5/4
7	Naomi ANDERSON	JR	#4 Bethany Luthera{2}	17.60	(1.0)	5/4
8	Grace SEIM	JR	#2 Martin Luther	17.92	(1.7)	5/4
9	Ramiyah WORDS	FR	#3 North Central (M	18.28w	(2.6)	4/13
10	Aubrey HARTZELL	FR	#2 Martin Luther {2}	18.50	(-0.4)	4/24

Women's 200 Meters

1	Camille RING	FR	#7 Crown	25.89c	(26.29) (1.1	4/27
2	Deanna TRUCKSESS	SR	#6 Northwestern-Si	26.73	(1.0)	5/4
3	Cassidy GIBSON	FR	#4 Bethany Luthera	27.16	(1.0)	5/4
4	Colleen CLAUDE	SO	#1 UW-Superior	27.18	(1.0)	5/4
5	Serena LANES	JR	#3 North Central (M	27.46	(1.0)	5/4
6	Stephanie WITBROD	JR	#4 Bethany Luthera{2}	27.59	(0.1)	4/27
7	Deshawna HODGES	FR	#3 North Central (M{2}	27.61w	(2.5)	4/13
8	Allison ALESSI	FR	#1 UW-Superior {2}	27.68	(1.0)	5/4
9	Alvine NJOUNANG	FR	#6 Northwestern-Si{2}	27.74	(1.0)	5/4
10	MacKenzie HOLZBAUER	SR	#2 Martin Luther	27.75c	(28.18) (0.5	4/17

Women's 400 Meters

1	Deanna TRUCKSESS	SR	#6 Northwestern-Si	1:00.82		5/4
2	Colleen CLAUDE	SO	#1 UW-Superior	1:01.49		5/4
3	Brayli REIMER	FR	#7 Crown	1:01.55		4/6
4	Ruth BRUECKNER	SO	#7 Crown {2}	1:01.88		4/6
5	Serena LANES	JR	#3 North Central (M	1:02.17		5/4
6	Brycelyn BREWSTER	SO	#3 North Central (M{2}	1:02.49		4/13
7	Alvine NJOUNANG	FR	#6 Northwestern-Si{2}	1:02.82		5/4
8	Savi RAE L	FR	#3 North Central (M{3}	1:02.93		5/1
9	Naomi FOLEY	SO	#2 Martin Luther	1:03.51		4/24
10	Deshawna HODGES	FR	#3 North Central (M{4}	1:03.84		4/27

Women's 400 Meter Hurdles

1	65 Grace MORAVCHIK	FR	#6 Northwestern-Si	1:05.09		5/4
2	68 Brayli REIMER	FR	#7 Crown	1:05.18		5/4
3	Ruth BRUECKNER	SO	#7 Crown {2}	1:08.98		5/4
4	Naomi ANDERSON	JR	#4 Bethany Luthera	1:09.70		5/4
5	Emma NELSON	SR	#2 Martin Luther	1:10.99		4/24
6	Alexxa DEQUEVEDO	JR	#1 UW-Superior	1:11.19		5/4
7	Aubrey HARTZELL	FR	#2 Martin Luther {2}	1:14.80		4/17
8	Summer HESSELD AHL	FR	#1 UW-Superior {2}	1:15.82		5/4
9	Ramiyah WORDS	FR	#3 North Central (M	1:18.04		5/4
10	Macie VANDENHEUVEL	SO	#2 Martin Luther {3}	1:18.36		5/4

Women's 800 Meters

1	Emery MAKI	FR	#6 Northwestern-Si	2:18.68		4/24
2	Ella DUFAULT	FR	#7 Crown	2:20.97		5/4
3	Simone STEPHENS	FR	#1 UW-Superior	2:20.98		5/4
4	Savi RAE L	FR	#3 North Central (M	2:25.69		4/24
5	Halle BARKER	JR	#1 UW-Superior {2}	2:27.68		4/20
6	Ruth BRUECKNER	SO	#7 Crown {2}	2:27.76		4/13
7	Naomi FOLEY	SO	#2 Martin Luther	2:28.20c	(2:29.90)	4/27
8	Taylor DECOOK	FR	#1 UW-Superior {3}	2:30.82		3/16
9	Jessica REDMAN	FR	#3 North Central (M{2}	2:32.95c	(2:34.71)	4/17
10	Brycelyn BREWSTER	SO	#3 North Central (M{3}	2:33.11		4/24

Women's 1500 Meters

1	Ella DUFAULT	FR	#7 Crown	4:53.13		5/4
2	Emery MAKI	FR	#6 Northwestern-Si	4:53.29		4/6
3	Simone STEPHENS	FR	#1 UW-Superior	4:54.05		4/27
4	Halle BARKER	JR	#1 UW-Superior {2}	4:56.03		4/13
5	Taylor DECOOK	FR	#1 UW-Superior {3}	5:10.48		5/4
6	Tea BOERNER	JR	#1 UW-Superior {4}	5:12.10		5/4
7	Katelyn MENSCHING	JR	#2 Martin Luther	5:12.98		5/4
8	Jessica REDMAN	FR	#3 North Central (M	5:21.20		4/24
9	Maya HABBEN	SR	#2 Martin Luther {2}	5:23.13		4/24
10	Cora HUDELLA	SO	#1 UW-Superior {5}	5:23.94		4/13

Women's Steeplechase

1	96 Ella DUFAULT	FR	#7 Crown	11:34.36		5/4
2	Maya HABBEN	SR	#2 Martin Luther	12:38.89		5/4
3	Jordan MERWIN	SR	#4 Bethany Luthera	12:51.00		4/26
4	Hope SULZLE	JR	#2 Martin Luther {2}	12:56.55		5/4
5	Jessica REDMAN	FR	#3 North Central (M	12:56.61		5/4
6	Liberty VANDENHEUVEL	FR	#2 Martin Luther {3}	13:06.61		5/4
7	Lilley SMITH	FR	#1 UW-Superior	13:43.28		5/4
8	Callie MONTGOMERY	JR	#4 Bethany Luthera{2}	13:59.96		5/4
9	Nicole TRAPP	SO	#2 Martin Luther {4}	14:21.53		5/4
10	Abbee OLSEN	JR	#2 Martin Luther {5}	14:37.90		5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



UMAC

as of 5/7/2024 6:44:29 AM ET

Women's 5000 Meters

1	Halle BARKER	JR	#1 UW-Superior	18:36.11	4/27
2	Tea BOERNER	JR	#1 UW-Superior {2}	19:19.85	4/27
3	Simone STEPHENS	FR	#1 UW-Superior {3}	19:28.74	5/4
4	Katelyn MENSCHING	JR	#2 Martin Luther	20:09.18c (20:18.44)	4/27
5	Izzy YUHANNA	FR	#6 Northwestern-Si	20:16.72	4/13
6	Cora HUDELLA	SO	#1 UW-Superior {4}	20:17.20	5/4
7	Maya HABBEN	SR	#2 Martin Luther {2}	20:33.04	5/4
8	Anna K. SCHWARTZ	FR	#4 Bethany Luthera	20:43.02c (20:52.54)	4/27
9	Avah KRAUSHAAR	FR	#3 North Central (M	20:43.26	5/4
10	Sylvia PESCH	FR	#5 Minnesota Morri	20:54.61	4/13

Women's 10,000 Meters

1	Maya HABBEN	SR	#2 Martin Luther	42:25.83	4/21
2	Hope SULZLE	JR	#2 Martin Luther {2}	42:58.20	4/21
3	Izzy YUHANNA	FR	#6 Northwestern-Si	43:10.19	4/20

Women's 4x100 Relay

1	Lydia Rieschl, Deanna Trucksess, Alvine Njounang, Grace Moravchik	#6 Northwestern-Si	50.67	4/13
2	Summer Hesseldahl, Allison Alessi, Colleen Claude, Cora Schmitz	#1 UW-Superior	50.95	4/27
3	Brayli Reimer, Lydia Carpenter, Ruth Brueckner, Camille Ring	#7 Crown	51.45	5/4
4	Anna Schwartz, Naomi Anderson, Riley Ping, Stephanie Witbrod	#4 Bethany Luthera	51.72	4/27
5	Nevaeh Henderson, Serena Lanes, Kristen Ragasa, Deshawna Hodges	#3 North Central (M	52.42	4/13
6	Grace Hambike, Kim Peters, Paige Diekmann, Nibras Luqman	#5 Minnesota Morri	53.87	5/4
7	MacKenzie Holzbauer, Matteah Gehl, Macie VanDenHeuvel, Aubrey Hartzell	#2 Martin Luther	54.36	5/4

Women's 4x400 Relay

1	Alvine Njounang, Deanna Trucksess, Emery Maki, Grace Moravchik	#6 Northwestern-Si	4:09.06	5/4
2	Brycelyn Brewster, Deshawna Hodges, Serena Lanes, Savi Rael	#3 North Central (M	4:12.66	4/27
3	Brayli Reimer, Ruth Brueckner, Ella Dufault, Camille Ring	#7 Crown	4:16.95	4/13
4	Naomi Foley, Emma Nelson, Aubrey Hartzell, Elena Brauer	#2 Martin Luther	4:24.96	5/4
5	Riley Ping, Angela Zaccaria, Jordan Merwin, Naomi Anderson	#4 Bethany Luthera	4:27.53c (4:31.08)	4/27
6	Summer Hesseldahl, Cora Schmitz, Alexxa DeQuevedo, Taylor DeCook	#1 UW-Superior	4:29.49	5/4
7	Nibras Luqman, Paige Diekmann, Abby Hachmeister, Grace Hambike	#5 Minnesota Morri	4:50.61	5/4

Women's High Jump

1	Cassidy GIBSON	FR	#4 Bethany Luthera	1.58m	5-2¼	4/27
2	Elena BRAUER	SO	#2 Martin Luther	1.52m	4-11¾	5/4
2	Ella SCHLEI	SO	#2 Martin Luther	1.52m	4-11¾	4/13
4	Stephanie WITBROD	JR	#4 Bethany Luthera {2}	1.47m	4-9¾	5/4
5	Kristen RAGASA	FR	#3 North Central (M	1.42m	4-7¾	5/4
6	Alexxa DEQUEVEDO	JR	#1 UW-Superior	1.37m	4-6	5/4
6	Myla VOLK	SO	#1 UW-Superior	1.37m	4-6	5/4
6	Catie MCPHERSON	SO	#1 UW-Superior	1.37m	4-6	5/4
9	Ellen BECKIUS	JR	#5 Minnesota Morri	1.35m	4-5	4/23
9	Grace SEIM	JR	#2 Martin Luther {3}	1.35m	4-5	4/17

Women's Pole Vault

1	Anna SCHWARTZ	FR	#4 Bethany Luthera	3.17m	10-4¾	4/13
2	Maggie LANDWER	JR	#5 Minnesota Morri	2.63m	8-7½	5/4
2	Naomi FOLEY	SO	#2 Martin Luther	2.63m	8-7½	5/4
4	Siri OVERTURF	SO	#5 Minnesota Morri {2}	2.42m	7-11¼	4/13
5	McKenna NASH	FR	#1 UW-Superior	2.40m	7-10½	4/6
6	Kenzy KREUZER	JR	#1 UW-Superior {2}	2.30m	7-6½	4/27
7	Jenna KOEHLER	JR	#2 Martin Luther {2}	2.28m	7-5¾	4/21
8	Elizabeth DAHL	FR	#3 North Central (M	2.26m	7-5	4/13
9	Arieana HAYTON	FR	#3 North Central (M {2}	2.10m	6-10¾	4/17
10	Paige DIEKMANN	SO	#5 Minnesota Morri {3}	2.03m	6-7¾	5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



UMAC

as of 5/7/2024 6:44:29 AM ET

Women's Long Jump

1	38	Stephanie WITBROD	JR	#4	Bethany Luthera	5.60m	18-4½ (2.0)	4/6
2		Grace MORAVCHIK	FR	#6	Northwestern-Si	5.11m	16-9¼ (-2.9)	5/4
3		Kim PETERS	JR	#5	Minnesota Morri	4.92m	16-1¾ (-1.6)	5/4
4		Summer HESSELD AHL	FR	#1	UW-Superior	4.84m	15-10½ (-1.1)	5/4
5		Camille RING	FR	#7	Crown	4.80m	15-9 (0.0)	5/4
6		Aylie DAHL	FR	#1	UW-Superior	{2} 4.76m	15-7½ (-0.5)	5/4
7		Lydia RIESCHL	FR	#6	Northwestern-Si	{2} 4.65m	15-3¼ (0.3)	4/20
8		Myla VOLK	SO	#1	UW-Superior	{3} 4.49m	14-8¾ (0.0)	5/4
9		Naomi FOLEY	SO	#2	Martin Luther	4.47m	14-8 (-1.2)	5/4
10		Colleen CLAUDE	SO	#1	UW-Superior	{4} 4.43m	14-6½ (0.0)	4/27

Women's Triple Jump

1	11	Stephanie WITBROD	JR	#4	Bethany Luthera	12.16mw	39-10¾ (4.0)	4/12
2		Kim PETERS	JR	#5	Minnesota Morri	10.67m	35-¼ (1.7)	5/4
3		Myla VOLK	SO	#1	UW-Superior	10.36m	34-0 (0.0)	5/4
4		Kristen RAGASA	FR	#3	North Central (M	10.20m	33-5¾ (0.7)	4/20
5		Macie VANDENHEUVEL	SO	#2	Martin Luther	9.92m	32-6½ (1.3)	5/4
6		Catie MCPHERSON	SO	#1	UW-Superior	{2} 9.68m	31-9¼ (2.0)	5/4
7		Ella SCHLEI	SO	#2	Martin Luther	{2} 9.66m	31-8½ (1.3)	5/4
8		Naomi ANDERSON	JR	#4	Bethany Luthera	{2} 9.56m	31-4½ (1.5)	5/4
9		Naomi FOLEY	SO	#2	Martin Luther	{3} 9.52mw	31-2¾ (3.7)	4/13
10		Chloe BJORLIN	FR	#3	North Central (M	{2} 9.45m	31-0 (1.0)	5/4

Women's Shot Put

1	26	Stephanie WITBROD	JR	#4	Bethany Luthera	13.47m	44-2½	5/4
2		Elise NOLTE	SO	#2	Martin Luther	11.85m	38-10½	5/4
3		Emma JOHNSON	FR	#1	UW-Superior	11.48m	37-8	5/4
4		Madelinn ROMSDAHL	SO	#2	Martin Luther	{2} 11.12m	36-5¾	5/4
5		Sidney BADER	SO	#1	UW-Superior	{2} 10.98m	36-¼	5/4
6		Kylie ELMES	FR	#5	Minnesota Morri	10.95m	35-11¼	5/4
7		Emma NELSON	SR	#2	Martin Luther	{3} 10.83m	35-6½	5/4
8		Ella SCHLEI	SO	#2	Martin Luther	{4} 10.28m	33-8¾	4/27
9		Anna BRIGGS	JR	#5	Minnesota Morri	{2} 10.17m	33-4½	4/20
10		Claire MARCUS	FR	#4	Bethany Luthera	{2} 10.08m	33-1	5/4

Women's Discus

1		Madelinn ROMSDAHL	SO	#2	Martin Luther	36.83m	120-10	4/27
2		Emma JOHNSON	FR	#1	UW-Superior	36.60m	120-1	5/4
3		Emma NELSON	SR	#2	Martin Luther	{2} 36.05m	118-3	4/27
4		Ella SCHLEI	SO	#2	Martin Luther	{3} 35.77m	117-4	5/4
5		Sidney BADER	SO	#1	UW-Superior	{2} 34.98m	114-9	5/4
6		Natalie ENRIGHT	FR	#5	Minnesota Morri	34.09m	111-10	5/4
7		Elise NOLTE	SO	#2	Martin Luther	{4} 33.10m	108-7	4/13
8		Grace KING	FR	#3	North Central (M	32.23m	105-9	4/20
9		Leah DOMKE	SO	#2	Martin Luther	{5} 32.01m	105-0	4/17
10		Anna BRIGGS	JR	#5	Minnesota Morri	{2} 31.34m	102-10	4/13

Women's Hammer

1		Stephanie WITBROD	JR	#4	Bethany Luthera	45.84m	150-5	4/13
2		Anna BRIGGS	JR	#5	Minnesota Morri	44.37m	145-7	4/13
3		Emma JOHNSON	FR	#1	UW-Superior	42.13m	138-3	5/4
4		MiCayla JONES	SR	#3	North Central (M	41.45m	136-0	5/1
5		Siri OVERTURF	SO	#5	Minnesota Morri	{2} 41.29m	135-6	4/23
6		Elise NOLTE	SO	#2	Martin Luther	38.49m	126-4	5/4
7		Sidney BADER	SO	#1	UW-Superior	{2} 37.89m	124-4	4/27
8		Kat PLACIDO	FR	#5	Minnesota Morri	{3} 37.75m	123-10	4/23
9		Ella SCHLEI	SO	#2	Martin Luther	{2} 33.35m	109-5	4/27
10		Sydney COX	SO	#1	UW-Superior	{3} 33.31m	109-4	4/13

Women's Javelin

1	49	Emily ASHTON	SO	#6	Northwestern-Si	38.87m	127-7	4/13
2		Stephanie WITBROD	JR	#4	Bethany Luthera	35.95m	118-0	5/4
3		Sidney BADER	SO	#1	UW-Superior	35.79m	117-5	4/27
4		Kassidy SIEDOW	JR	#5	Minnesota Morri	35.54m	116-7	4/13
5		Cassidy GIBSON	FR	#4	Bethany Luthera	{2} 34.36m	112-9	4/6
6		Rachel GROTH	FR	#2	Martin Luther	31.85m	104-6	4/13
7		Elena BRAUER	SO	#2	Martin Luther	{2} 31.71m	104-1	5/4
8		Alexxa DEQUEVEDO	JR	#1	UW-Superior	{2} 29.79m	97-9	5/4
9		Ava HANLEY	FR	#4	Bethany Luthera	{3} 29.28m	96-¾	5/4
10		Grace KING	FR	#3	North Central (M	29.12m	95-6½	4/27

Women's Heptathlon

1	46	Stephanie WITBROD	JR	#4	Bethany Luthera	4,171		4/6
2		Alexxa DEQUEVEDO	JR	#1	UW-Superior	3,250		4/20



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



USA South

as of 5/7/2024 6:44:29 AM ET

Women's 100 Meters

1	16	Ti'asia BRYANT	FR	#6 North Carolina V	11.92w	(3.9)	4/6
2	31	Kamiah WOOTEN	FR	#6 North Carolina W{2}	12.01	(1.5)	4/6
3		Jaela THOMAS	SR	#2 Pfeiffer	12.35	(1.0)	4/27
4		Makayla STREET	SO	#5 Brevard (N.C.)	12.39	(-0.6)	4/5
5		Mariah BROOKS	JR	#6 North Carolina W{3}	12.54w	(3.0)	4/6
6		Lia SAVAGE	FR	#1 Southern Virgini	12.79w	(2.7)	3/30
7		Brandi GARDNER	SO	#3 Methodist	12.87	(-0.4)	4/13
8		Elise CURTIS	FR	#1 Southern Virgini{2}	13.17	(1.2)	4/27
9		Imani KEE	FR	#3 Methodist {2}	13.25	(1.0)	4/27
10		Treasure ROSARIO-WATSON	SO	#3 Methodist {3}	13.28	(0.3)	3/1

Women's 100 Meter Hurdles

1		Shandrey ALLMAN	SO	#1 Southern Virgini	15.70	(0.6)	4/27
2		Folole TORRES	JR	#1 Southern Virgini{2}	15.76w	(4.0)	3/30
3		Katena MORRISON	FR	#3 Methodist	16.78	(0.6)	4/27
4		Riley HEWARD	SR	#1 Southern Virgini{3}	16.92	(0.6)	4/27
5		Grace HEARNS	SR	#7 Mary Baldwin	17.14w	(2.1)	3/30
6		Haylea Layne MILLER	JR	#5 Brevard (N.C.)	18.15	(1.8)	3/16
7		Taylor MUHLESTEIN	FR	#1 Southern Virgini{4}	18.31	(1.9)	4/20
8		Arriana WHITE	FR	#3 Methodist {2}	18.55w	(2.7)	4/13
9		Hannah EASTRIDGE	SR	#7 Mary Baldwin {2}	20.76	(0.6)	4/27

Women's 200 Meters

1	8	Kamiah WOOTEN	FR	#6 North Carolina V	24.32	(-0.3)	4/20
2	59	Jaela THOMAS	SR	#2 Pfeiffer	24.97	(-0.3)	4/27
3	81	Ti'asia BRYANT	FR	#6 North Carolina W{2}	25.15	(-0.3)	4/27
4		Makayla STREET	SO	#5 Brevard (N.C.)	25.72	(1.3)	4/20
5		Brandi GARDNER	SO	#3 Methodist	25.75	(1.1)	4/27
6		Treasure ROSARIO-WATSON	SO	#3 Methodist {2}	25.89	(0.7)	4/27
7		Lia SAVAGE	FR	#1 Southern Virgini	26.21	(0.1)	3/16
8		Folole TORRES	JR	#1 Southern Virgini{2}	26.28	(-0.3)	4/20
9		Mariah BROOKS	JR	#6 North Carolina W{3}	26.64	(2.0)	4/6
10		Erykalyn NEAL	SO	#3 Methodist {3}	26.81w	(2.6)	4/13

Women's 400 Meters

1	19	Kamiah WOOTEN	FR	#6 North Carolina V	56.26		4/20
2		Treasure ROSARIO-WATSON	SO	#3 Methodist	58.24		4/27
3		Tessa MILLER	FR	#1 Southern Virgini	1:00.40c	(1:00.29A)	3/30
4		Ti'asia BRYANT	FR	#6 North Carolina W{2}	1:00.55		4/27
5		Katelyn LENTZ	FR	#2 Pfeiffer	1:00.64		4/27
6		Addie PARKER	JR	#1 Southern Virgini{2}	1:01.13		4/27
7		Folole TORRES	JR	#1 Southern Virgini{3}	1:01.22		3/30
8		Heidi BARTON	SO	#1 Southern Virgini{4}	1:02.54		3/16
9		Channing BARKER	SR	#5 Brevard (N.C.)	1:04.84		3/2
10		Kayla JEAN	FR	#5 Brevard (N.C.) {2}	1:05.43		4/20

Women's 400 Meter Hurdles

1	74	Folole TORRES	JR	#1 Southern Virgini	1:05.35		4/27
2		Katena MORRISON	FR	#3 Methodist	1:08.73		4/27
3		Shandrey ALLMAN	SO	#1 Southern Virgini{2}	1:09.48		4/27
4		Lola CABANISS	FR	#2 Pfeiffer	1:15.06		4/27
5		Amethyst JOSEPH	SO	#4 Meredith	1:15.15		4/27
6		Haylea Layne MILLER	JR	#5 Brevard (N.C.)	1:15.31		4/20
7		Taylor MUHLESTEIN	FR	#1 Southern Virgini{3}	1:18.33		4/13

Women's 800 Meters

1		Channing BARKER	SR	#5 Brevard (N.C.)	2:17.53		4/20
2		Tessa MILLER	FR	#1 Southern Virgini	2:18.76		3/16
3		Carly O'TOOLE	SO	#4 Meredith	2:20.28		4/13
4		Heidi BARTON	SO	#1 Southern Virgini{2}	2:20.92		3/30
5		Savanna CHAPIN	SR	#1 Southern Virgini{3}	2:21.47		4/13
6		Madelyn MERNA	SO	#4 Meredith {2}	2:23.60		3/1
7		Katelyn LENTZ	FR	#2 Pfeiffer	2:24.30		3/22
8		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{4}	2:27.05		3/16
9		Andrea GALLEGOS	SR	#4 Meredith {3}	2:27.07		4/13
10		Makayla BORST	FR	#2 Pfeiffer {2}	2:28.85		3/22

Women's 1500 Meters

1		Madison LOWERY	SR	#2 Pfeiffer	4:44.63		4/6
2		Heidi BARTON	SO	#1 Southern Virgini	4:46.07		4/27
3		Channing BARKER	SR	#5 Brevard (N.C.)	4:48.82		4/27
4		Carly O'TOOLE	SO	#4 Meredith	4:52.19		4/27
5		Savanna CHAPIN	SR	#1 Southern Virgini{2}	4:54.00		4/27
6		Tessa MILLER	FR	#1 Southern Virgini{3}	4:55.82		4/13
7		Andrea GALLEGOS	SR	#4 Meredith {2}	5:00.11		4/27
8		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{4}	5:03.59		4/27
9		Lissie HILL	FR	#1 Southern Virgini{5}	5:04.57		4/13
10		Lilly DALEBOUT	JR	#1 Southern Virgini{6}	5:10.44		4/13

Women's Steeplechase

1		Maddie HLADIK	FR	#2 Pfeiffer	11:48.43		4/27
2		Madelyn MERNA	SO	#4 Meredith	12:09.08		3/22
3		Makayla BORST	FR	#2 Pfeiffer {2}	12:11.10		4/27
4		Amethyst JOSEPH	SO	#4 Meredith {2}	12:16.59		4/27
5		Micah WELBORN	SR	#2 Pfeiffer {3}	12:39.14		4/27
6		McKenzie BALL	FR	#1 Southern Virgini	12:52.03		4/27
7		Sandra DIAZ-MARTINEZ	SO	#5 Brevard (N.C.)	13:40.38		4/27



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



USA South

as of 5/7/2024 6:44:30 AM ET

Women's 5000 Meters

1	Madison LOWERY	SR	#2 Pfeiffer	17:40.93	3/16
2	Delaney BUNDY	FR	#4 Meredith	18:24.28	3/1
3	Maddie HLADIK	FR	#2 Pfeiffer {2}	18:41.01	4/13
4	Lissie HILL	FR	#1 Southern Virgini	18:50.85	4/27
5	Lilly DALEBOUT	JR	#1 Southern Virgini{2}	18:56.85	4/20
6	Heidi BARTON	SO	#1 Southern Virgini{3}	19:06.69	4/20
7	Andrea GALLEGOS	SR	#4 Meredith {2}	19:16.25	3/1
8	Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{4}	19:36.32	4/20
9	Savanna CHAPIN	SR	#1 Southern Virgini{5}	19:40.26	4/20
10	Micah WELBORN	SR	#2 Pfeiffer {3}	19:59.02	4/6

Women's 10,000 Meters

1	Delaney BUNDY	FR	#4 Meredith	38:37.19	4/13
2	Madison LOWERY	SR	#2 Pfeiffer	39:07.24	4/27
3	Lilly DALEBOUT	JR	#1 Southern Virgini	39:41.28	4/6
4	Hayley BORST	FR	#2 Pfeiffer {2}	45:33.59	4/27
5	Zoe CAPPS	JR	#5 Brevard (N.C.)	47:41.79	4/27

Women's 4x100 Relay

1	50	Mariah Brooks, Ti'asia Bryant, Tysheka Moore, Kamiyah Wooten	#6 North Carolina V	48.24	3/22
2	75	Brandi Gardner, Quierra Hawkins, Treasure Rosario-watson, Imani Kee	#3 Methodist	48.83	4/27
3		Imani Singleton, Kayla Jean, Haylea Layne Miller, Makayla Street	#5 Brevard (N.C.)	49.99	4/27
4		Riley Heward, Lia Savage, Elise Curtis, Addie Parker	#1 Southern Virgini	50.63	3/30
5		Jaela Thomas, Aspen King, Katelyn Lentz, Micah Welborn	#2 Pfeiffer	52.20	4/27
6		Kendall Carroll, Anyla Lucas, Barresha Jones, Rachel Romska	#4 Meredith	54.88	4/27
7		Hannah Eastridge, Alexis Edmonds, Savannah Gibbs, Gianna Gilmore	#7 Mary Baldwin	59.18	4/27

Women's 4x400 Relay

1	56	Tessa Miller, Savanna Chapin, Folole Torres, Addie Parker	#1 Southern Virgini	4:00.00	5/1
2	98	Brandi Gardner, Patti Busch, Katena Morrison, Treasure Rosario-watson	#3 Methodist	4:04.70	4/27
3		Katelyn Lentz, Micah Welborn, Madison Lowery, Jaela Thomas	#2 Pfeiffer	4:07.95	4/27
4		Kayla Jean, Channing Barker, Sandra Diaz-Martinez, Haylea Layne Miller	#5 Brevard (N.C.)	4:17.27	4/27
5		Carly O'Toole, Caitlin Brown, Andrea Gallegos, Kendall Carroll	#4 Meredith	4:40.93	4/27

Women's High Jump

1	70	Jocelyn BAKER	FR	#1 Southern Virgini	1.60m	5-3	4/27
2		Makayla STREET	SO	#5 Brevard (N.C.)	1.57m	5-1¾	3/23
3		Elyssa HOLMAN	FR	#1 Southern Virgini{2}	1.55m	5-1	4/27
4		Mikki PROWS	SO	#1 Southern Virgini{3}	1.53m	5-¼	5/1
5		Barresha JONES	JR	#4 Meredith	1.50m	4-11	4/27
5		Elise CURTIS	FR	#1 Southern Virgini{4}	1.50m	4-11	4/27
7		Jilane PEDERSEN	JR	#1 Southern Virgini{5}	1.45m	4-9	3/30
7		Treasure ROSARIO-WATSON	SO	#3 Methodist	1.45m	4-9	4/13
9		Lola CABANISS	FR	#2 Pfeiffer	1.40m	4-7	4/13

Women's Pole Vault

1		Jocelyn BAKER	FR	#1 Southern Virgini	2.90m	9-6¼	4/27
2		Savanna CHAPIN	SR	#1 Southern Virgini{2}	2.80m	9-2¼	4/20

Women's Long Jump

1	34	Brandi GARDNER	SO	#3 Methodist	5.62m	18-5¼ (-0.9)	4/13
2		Haylea Layne MILLER	JR	#5 Brevard (N.C.)	4.93m	16-2¼ (0.0)	3/16
3		Makayla STREET	SO	#5 Brevard (N.C.) {2}	4.83m	15-10¼ (-3)	3/23
4		Aspen KING	FR	#2 Pfeiffer	4.79m	15-8¾ (-0.1)	4/13
5		Jocelyn BAKER	FR	#1 Southern Virgini	4.73m	15-6¼ (0.3)	3/30
6		Kaitlin BOWER	JR	#7 Mary Baldwin	4.69m	15-4¾ (-0.1)	3/30
7		Elyssa HOLMAN	FR	#1 Southern Virgini{2}	4.48m	14-8½ (0.5)	4/13
8		De'Ja MORGAN	JR	#4 Meredith	4.47m	14-8 (1.5)	3/22
9		Addie PARKER	JR	#1 Southern Virgini{3}	4.40m	14-5¼ (0.5)	3/30
10		Grace HEARNS	SR	#7 Mary Baldwin {2}	4.38m	14-4½ (-0.8)	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



USA South

as of 5/7/2024 6:44:30 AM ET

Women's Triple Jump

1	Brandi GARDNER	SO	#3 Methodist	10.90m	35-9¼ (0.0)	4/27
2	Makayla STREET	SO	#5 Brevard (N.C.)	10.59mw	34-9 (2.4)	4/27
3	Grace HEARNS	SR	#7 Mary Baldwin	10.42m	34-2¼ (1.0)	4/20
4	Katena MORRISON	FR	#3 Methodist {2}	10.37m	34-¼ (1.6)	4/27
5	Elyssa HOLMAN	FR	#1 Southern Virgini	10.36m	34-0 (0.3)	4/27
6	Kaitlin BOWER	JR	#7 Mary Baldwin {2}	9.34m	30-7¾ (0.5)	4/27
7	Jilane PEDERSEN	JR	#1 Southern Virgini{2}	9.27mw	30-5 (2.2)	4/27
8	Lola CABANISS	FR	#2 Pfeiffer	9.16m	30-¾ (1.5)	4/27
9	Kendall CARROLL	FR	#4 Meredith	8.87m	29-1¼ (1.6)	4/27

Women's Shot Put

1	Christian VAN NORDEN	JR	#6 North Carolina V	12.20m	40-½	4/27
2	Majesty SMITH	JR	#8 William Peace	11.25m	36-11	4/12
3	Isabell MUSSER	SO	#5 Brevard (N.C.)	11.23m	36-10¼	3/23
4	Paris BENNETT	FR	#2 Pfeiffer	10.53m	34-6¾	4/13
5	Rebecca MCGAUGHNEA	SO	#3 Methodist	10.02m	32-10½	4/27
6	Alex STANCELL	SR	#2 Pfeiffer {2}	9.81m	32-2¼	4/13
7	Lusiana MAILAKEBA	JR	#3 Methodist {2}	9.74m	31-11½	4/27
7	Katrina GARDNER	FR	#1 Southern Virgini	9.74m	31-11½	3/16
9	Mikki PROWS	SO	#1 Southern Virgini{2}	9.62m	31-6¾	4/6
10	Ashlyn STONE-AWONG	SO	#1 Southern Virgini{3}	9.56m	31-4½	3/16

Women's Discus

1	Isabell MUSSER	SO	#5 Brevard (N.C.)	34.49m	113-2	4/27
2	Presley HEGGIE	SO	#1 Southern Virgini	33.24m	109-1	4/27
3	Paris BENNETT	FR	#2 Pfeiffer	32.60m	107-0	4/27
4	Rebecca MCGAUGHNEA	SO	#3 Methodist	32.00m	105-0	4/6
5	Danika RAY	JR	#4 Meredith	31.49m	103-4	4/27
6	Alea WILLIS	SR	#1 Southern Virgini{2}	27.90m	91-6½	4/20
7	Majesty SMITH	JR	#8 William Peace	27.43m	90-0	4/27
8	Elizabeth JONES	JR	#2 Pfeiffer {2}	27.08m	88-10¼	4/27
9	Christian VAN NORDEN	JR	#6 North Carolina V	26.97m	88-6	3/22
10	Ashlyn STONE-AWONG	SO	#1 Southern Virgini{3}	26.92m	88-4	4/27

Women's Hammer

1	Elizabeth JONES	JR	#2 Pfeiffer	41.64m	136-8	4/13
2	Ashlyn STONE-AWONG	SO	#1 Southern Virgini	41.47m	136-1	4/27
3	Majesty SMITH	JR	#8 William Peace	39.70m	130-3	4/27
4	Alea WILLIS	SR	#1 Southern Virgini{2}	39.27m	128-10	4/27
5	Alex STANCELL	SR	#2 Pfeiffer {2}	37.80m	124-0	4/27
6	Katrina GARDNER	FR	#1 Southern Virgini{3}	34.90m	114-6	3/16
7	Janie DECKER	SO	#2 Pfeiffer {3}	34.80m	114-2	4/27
8	Rebecca MCGAUGHNEA	SO	#3 Methodist	34.19m	112-2	4/27
9	Paris BENNETT	FR	#2 Pfeiffer {4}	33.59m	110-3	4/27
10	Lusiana MAILAKEBA	JR	#3 Methodist {2}	31.95m	104-10	4/27

Women's Javelin

1	39 Jilane PEDERSEN	JR	#1 Southern Virgini	39.28m	128-11	4/27
2	Presley HEGGIE	SO	#1 Southern Virgini{2}	35.35m	116-0	4/27
3	Alex STANCELL	SR	#2 Pfeiffer	34.10m	111-11	4/27
4	Alesha TURNBOW	FR	#1 Southern Virgini{3}	27.55m	90-4¾	4/27
5	Ashlyn STONE-AWONG	SO	#1 Southern Virgini{4}	26.10m	85-7¾	4/27
6	Lusiana MAILAKEBA	JR	#3 Methodist	26.06m	85-6	4/27
7	Caitlin BOBBITT	JR	#8 William Peace	25.43m	83-5¼	4/27
8	Imari KNIGHT	SO	#7 Mary Baldwin	23.87m	78-3¾	4/20
9	Mary Grace VALLENTINE	FR	#5 Brevard (N.C.)	23.80m	78-1	4/27
10	Hedi LAYNE	JR	#3 Methodist {2}	23.60m	77-5¼	4/6



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



WIAC

as of 5/7/2024 6:44:30 AM ET

Women's 100 Meters

1	1	Lauren JARRETT	SO	#1	UW-La Crosse	11.44w	(3.1)	5/4
2	3	Tina SHELTON	JR	#5	UW-Whitewater	11.73w	(4.0)	4/20
3	12	Makenna ZAK	SO	#1	UW-La Crosse	{2} 11.87w	(3.1)	5/4
4	39	Danielle POUSKA	SO	#5	UW-Whitewater	{2} 12.09w	(3.1)	5/4
5	46	Anika REILAND	FR	#1	UW-La Crosse	{3} 12.12w	(3.1)	5/4
6	47	Makayla DURANGO	FR	#3	UW-Stout	12.13w	(3.1)	5/4
7	48	Ella AHLSTRAND	FR	#4	UW-Oshkosh	12.14w	(3.1)	5/4
8	53	Molly KALLENBACH	JR	#2	UW-Eau Claire	12.16w	(3.1)	5/4
8	53	Taylor MOLLING	FR	#1	UW-La Crosse	{4} 12.16w	(3.1)	5/4
10	59	Allyson KAKES	FR	#2	UW-Eau Claire	{2} 12.18w	(3.1)	5/4

Women's 100 Meter Hurdles

1	1	Hannah ZASTROW	JR	#3	UW-Stout	13.65w	(3.8)	5/4
2	12	Hannah HOLM	JR	#1	UW-La Crosse	14.20w	(3.8)	5/4
3	19	Emilee BOOKER	JR	#2	UW-Eau Claire	14.28	(0.0)	5/4
4	32	Lilly ROBERTS	SO	#3	UW-Stout	{2} 14.58w	(3.8)	5/4
5	37	Brie ECKERMAN	FR	#1	UW-La Crosse	{2} 14.66w	(3.8)	5/4
6	41	Lexi LEFEVER	SR	#8	UW-River Falls	14.72w	(3.8)	5/4
7	51	Amber GROSSE	SO	#1	UW-La Crosse	{3} 14.80	(0.6)	5/4
8	53	Jaryn JOHANNSEN	JR	#2	UW-Eau Claire	{2} 14.81w	(3.8)	5/4
9	62	Alexys SCHEUERELL	SO	#1	UW-La Crosse	{4} 14.88	(0.6)	5/4
10	97	Camille FABER	FR	#2	UW-Eau Claire	{3} 15.19	(1.7)	4/27

Women's 200 Meters

1	5	Lauren JARRETT	SO	#1	UW-La Crosse	24.17	(1.5)	5/4
2	18	Tina SHELTON	JR	#5	UW-Whitewater	24.54	(-0.2)	4/13
3	35	Allyson KAKES	FR	#2	UW-Eau Claire	24.78w	(2.5)	5/4
4	45	Anika REILAND	FR	#1	UW-La Crosse	{2} 24.87	(-0.2)	4/13
5	65	Lexi LEFEVER	SR	#8	UW-River Falls	25.02	(1.2)	3/21
6	68	Makenna ZAK	SO	#1	UW-La Crosse	{3} 25.04w	(2.5)	5/4
7	81	Danielle POUSKA	SO	#5	UW-Whitewater	{2} 25.15	(0.6)	5/4
8	96	Taylor MOLLING	FR	#1	UW-La Crosse	{4} 25.24w	(2.5)	5/4
9		Molly KALLENBACH	JR	#2	UW-Eau Claire	{2} 25.30	(1.5)	5/4
10		Ella AHLSTRAND	FR	#4	UW-Oshkosh	25.59	(0.6)	5/4

Women's 400 Meters

1	43	Morgan JENNINGS	SO	#1	UW-La Crosse	56.91		5/4
2	46	Maddy LAVOI	FR	#4	UW-Oshkosh	57.02		5/4
3	67	Amber JOHNSON	SR	#1	UW-La Crosse	{2} 57.61	4/13	
4	98	Hannah BILODEAU	SO	#5	UW-Whitewater	58.02		5/4
5		Anna PLAUTZ	FR	#1	UW-La Crosse	{3} 58.12		5/4
6		Sarah GRUBBS	FR	#1	UW-La Crosse	{4} 58.50		5/4
7		Maddie HECKER	FR	#1	UW-La Crosse	{5} 58.60		5/4
7		Anetha VOGELE	JR	#6	UW-Stevens Poir	58.60		5/4
9		Kylee GRABARSKI	SO	#2	UW-Eau Claire	58.73		5/4
10		Mya CINNAMO	FR	#2	UW-Eau Claire	{2} 58.75		5/4

Women's 400 Meter Hurdles

1	16	Ashley BARTELT	JR	#6	UW-Stevens Poir	1:03.03		5/4
2	19	Lilly ROBERTS	SO	#3	UW-Stout	1:03.16		5/4
3	31	Jaryn JOHANNSEN	JR	#2	UW-Eau Claire	1:03.68		5/4
4	35	Gretchen MCNEAL	SO	#1	UW-La Crosse	1:03.91	4/27	
5	40	Michaela DICK	FR	#2	UW-Eau Claire	{2} 1:04.10		5/4
6	52	Jessica BUSS	SR	#7	UW-Platteville	1:04.82		5/4
7	61	Ava SULLIVAN	FR	#1	UW-La Crosse	{2} 1:05.00		5/4
8	86	Camille FABER	FR	#2	UW-Eau Claire	{3} 1:05.73		5/4
9	90	Malina CARATTINI	FR	#6	UW-Stevens Poir	{2} 1:05.84		5/4
10		Megan LIEBERS	FR	#3	UW-Stout	{2} 1:06.47		5/4

Women's 800 Meters

1	14	Maddie HANNAN	SR	#1	UW-La Crosse	2:10.53		5/4
2	16	Cyna MADIGAN	JR	#4	UW-Oshkosh	2:11.16	4/27	
3	23	Greta KOEHLER	SR	#1	UW-La Crosse	{2} 2:12.11		5/4
4	30	Libby GEISNESS	JR	#4	UW-Oshkosh	{2} 2:12.61		5/4
5	40	Anna SCHUETH	SR	#2	UW-Eau Claire	2:13.40		5/4
6	44	Paige FASSBENDER	JR	#5	UW-Whitewater	2:14.05		5/4
7	74	Gwen HINZ	SO	#1	UW-La Crosse	{3} 2:16.12		5/4
8		Olivia STENZEL	SO	#4	UW-Oshkosh	{3} 2:17.04		5/4
9		Mikayla HADY	JR	#2	UW-Eau Claire	{2} 2:17.27		5/4
10		Alli THOMAS	FR	#1	UW-La Crosse	{4} 2:17.30		5/4

Women's 1500 Meters

1	29	Amelia LEHMAN	SR	#4	UW-Oshkosh	4:32.94	4/27	
2	45	Maddie HANNAN	SR	#1	UW-La Crosse	4:35.86	4/6	
3	71	McKayla FELTON	JR	#3	UW-Stout	4:39.34	4/6	
4	78	Greta KOEHLER	SR	#1	UW-La Crosse	{2} 4:40.01		5/4
5	87	Gwen HINZ	SO	#1	UW-La Crosse	{3} 4:40.63	4/24	
6	93	Sierra RABE	SR	#1	UW-La Crosse	{4} 4:40.97		5/4
7		Cyna MADIGAN	JR	#4	UW-Oshkosh	{2} 4:42.76	4/20	
8		Mikayla HADY	JR	#2	UW-Eau Claire	4:42.77	4/20	
9		Olivia DONOHUE	JR	#3	UW-Stout	{2} 4:43.33	4/6	
10		Lily HIGGINS	FR	#1	UW-La Crosse	{5} 4:43.62		5/4

Women's Steeplechase

1	13	Katelyn CHADWICK	JR	#1	UW-La Crosse	10:46.17	3/29	
2	18	McKayla FELTON	JR	#3	UW-Stout	10:51.39		5/4
3	30	Gracie BUCHINGER	SO	#4	UW-Oshkosh	11:02.68		5/4
4	37	Breklyn LAMMERT	JR	#3	UW-Stout	{2} 11:09.64		5/4
5	42	Maddy VANTASSEL	SR	#1	UW-La Crosse	{2} 11:12.24		5/4
6	44	Ari DE LA CERDA	JR	#5	UW-Whitewater	11:12.75		5/4
7	50	Becca IMMER	FR	#1	UW-La Crosse	{3} 11:14.89		5/4
8	53	Lily HIGGINS	FR	#1	UW-La Crosse	{4} 11:15.86		5/4
9	75	Meygan BENZING	SR	#4	UW-Oshkosh	{2} 11:24.79		5/4
10	85	Natalie JOHNSON	SO	#6	UW-Stevens Poir	11:28.59		5/4



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



WIAC

as of 5/7/2024 6:44:30 AM ET

Women's 5000 Meters

1	25	Amelia LEHMAN	SR	#4 UW-Oshkosh	16:55.99	4/13
2	31	McKayla FELTON	JR	#3 UW-Stout	16:59.87	4/13
3	50	Katelyn CHADWICK	JR	#1 UW-La Crosse	17:15.36	4/13
4	86	Arelly JAIME-LUEVANO	JR	#3 UW-Stout {2}	17:34.47	4/13
5	91	Morgan DAHL	JR	#2 UW-Eau Claire	17:37.55	4/13
6		Gwen HINZ	SO	#1 UW-La Crosse {2}	17:40.54	4/13
7		Ari DE LA CERDA	JR	#5 UW-Whitewater	17:41.45	4/13
8		Madelynn MCINTYRE	JR	#1 UW-La Crosse {3}	17:42.47	4/13
9		Olivia DONOHUE	JR	#3 UW-Stout {3}	17:44.87	4/13
10		Mallory REISER	FR	#1 UW-La Crosse {4}	17:45.12	4/13

Women's 10,000 Meters

1	27	Madelynn MCINTYRE	JR	#1 UW-La Crosse	35:49.77	4/20
2	35	Arelly JAIME-LUEVANO	JR	#3 UW-Stout	36:11.75	4/20
3	37	Morgan DAHL	JR	#2 UW-Eau Claire	36:15.78	4/20
4	38	Ava MATEJCEK	SO	#2 UW-Eau Claire {2}	36:15.90	4/20
5	39	Mallory REISER	FR	#1 UW-La Crosse {2}	36:19.65	4/20
6	51	Autumn CANAVERA	SR	#2 UW-Eau Claire {3}	36:39.37	4/20
7	52	Keeley BEHR	SO	#2 UW-Eau Claire {4}	36:40.57	4/20
8	58	Christi FORMAN	JR	#2 UW-Eau Claire {5}	36:48.97	4/20
9	62	Hannah FLISS	SR	#7 UW-Platteville	36:53.05	4/20
10	63	Brooklyn LUEBKE	FR	#1 UW-La Crosse {3}	36:54.68	3/29

Women's 4x100 Relay

1	11	Makenna Zak, Anika Reiland, Taylor Molling, Lauren Jarrett		#1 UW-La Crosse	47.08	4/20
2	15	Hannah Bilodeau, Tina Shelton, Jacqueline Kornowski, Danielle Pouska		#5 UW-Whitewater	47.49	4/13
3	27	Jenna Driscoll, Lilly Gamache, Esme Irel, Makayla Durango		#3 UW-Stout	47.81	5/4
4	32	Hope Schueller, Allyson Kakes, Kylee Grabarski, Molly Kallenbach		#2 UW-Eau Claire	47.89	5/4
5	57	Caitlynn Hahn, Kayla Lipsey, Alexis Healey, Elianna Dalamangas		#7 UW-Platteville	48.45	5/4
6	62	Ella Ahlstrand, Andrea Glaz, Molly Greeninger, Devin Hable		#4 UW-Oshkosh	48.59	5/4
7	100	Adyn Theriault, Kadence Knipp, Grace Goodness, Chloe Dettmers		#6 UW-Stevens Poir	49.41	5/4
8		Elena Fuglestad, Sarah Hansen, Cailyn Kuechle, Lexi LeFever		#8 UW-River Falls	50.03	5/4

Women's 4x400 Relay

1	10	Anna Plautz, Anika Reiland, Morgan Jennings, Amber Johnson		#1 UW-La Crosse	3:49.74	4/24
2	17	Julia Steger, Cyna Madigan, Olivia Stenzel, Maddy LaVoi		#4 UW-Oshkosh	3:52.72	4/27
3	31	Kylee Grabarski, Jane Kautz, Lauren Dimler, Emilee Booker		#2 UW-Eau Claire	3:56.54	4/13
4	41	Malina Carattini, Anetha Vogele, Jaimie Deschand, Ashley Bartelt		#6 UW-Stevens Poir	3:58.01	5/4
5	68	Paige Fassbender, Abby Giese, Katie McNamara, Hannah Bilodeau		#5 UW-Whitewater	4:01.46	4/20
6	71	Margaret Rusch, Kayla Lipsey, Jessica Buss, Elianna Dalamangas		#7 UW-Platteville	4:02.10	5/4
7	83	Corrina Tvedt, Brekkyn Lammert, McKayla Felton, Esme Irel		#3 UW-Stout	4:03.40	5/4
8		Sarah Hansen, Cailyn Kuechle, Elena Fuglestad, Megan Halbach		#8 UW-River Falls	4:17.41	5/4

Women's High Jump

1	9	Hannah ZASTROW	JR	#3 UW-Stout	1.69m	5-6½	4/20
1	9	Hailey CAMPBELL	FR	#7 UW-Platteville	1.69m	5-6½	5/4
1	9	Macie TODD	JR	#1 UW-La Crosse	1.69m	5-6½	4/20
4	15	Ainsley HANSEN	SO	#1 UW-La Crosse {2}	1.68m	5-6	4/6
5	35	Ella WILLIAMSON	JR	#2 UW-Eau Claire	1.64m	5-4½	4/20
6	39	Emma GRUEN	JR	#2 UW-Eau Claire {2}	1.63m	5-4¼	5/4
6	39	Emily WILLIAMS	JR	#2 UW-Eau Claire {2}	1.63m	5-4¼	4/6
6	39	Alexys SCHEUERELL	SO	#1 UW-La Crosse {3}	1.63m	5-4¼	4/20
9	70	Madeline ZIRBEL	SO	#6 UW-Stevens Poir	1.60m	5-3	4/27
9	70	Brynn FUERSTENBERG	SO	#5 UW-Whitewater	1.60m	5-3	4/13
9	70	Laura BERTRANG	FR	#2 UW-Eau Claire {4}	1.60m	5-3	4/13



USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, May 7



WIAC

as of 5/7/2024 6:44:30 AM ET

Women's Pole Vault

1	3	Gracie HOLLAND	JR	#5 UW-Whitewater	3.93m	12-10¾	4/13
2	4	Annika GUNDERSON	SO	#8 UW-River Falls	3.90m	12-9½	3/29
3	13	Leah ZASTROW	SO	#3 UW-Stout	3.81m	12-6	4/20
4	16	Maddy HABBERSTAD	FR	#1 UW-La Crosse	3.77m	12-4½	5/4
5	18	Ayden FLEECHARTY	SR	#2 UW-Eau Claire	3.76m	12-4	4/20
6	32	Emily SHAFRON	SO	#1 UW-La Crosse	{2} 3.63m	11-10¾	4/13
7	44	Zoe JENKS-RECKER	SO	#5 UW-Whitewater	{2} 3.56m	11-8	4/25
8	60	Marisa HARVEY	FR	#1 UW-La Crosse	{3} 3.48m	11-5	4/13
8	60	Araceli DE LEO LOPEZ	SO	#1 UW-La Crosse	{3} 3.48m	11-5	4/13
10	63	Izzy KECK	FR	#1 UW-La Crosse	{5} 3.47m	11-4½	5/4
10	63	Mack CHAMPION	FR	#3 UW-Stout	{2} 3.47m	11-4½	5/4
10	63	Haley BLAGDON	JR	#2 UW-Eau Claire	{2} 3.47m	11-4½	5/4
10	63	Ella MAHER	JR	#5 UW-Whitewater	{3} 3.47m	11-4½	5/4

Women's Long Jump

1	7	Maya EVANS	SO	#1 UW-La Crosse	5.88m	19-3½ (1.5)	5/4
2	17	Megan HUNT	JR	#4 UW-Oshkosh	5.75m	18-10½ (0.9)	5/3
3	25	Jenna DRISCOLL	JR	#3 UW-Stout	5.70m	18-8½ (0.0)	5/3
4	31	Emilee BOOKER	JR	#2 UW-Eau Claire	5.63m	18-5¾ (1.7)	5/4
5	36	Ashley DAVIES	FR	#1 UW-La Crosse	{2} 5.61m	18-5 (1.3)	5/4
5	36	Ava FOLEY	SO	#1 UW-La Crosse	{2} 5.61m	18-5 (-0.9)	5/4
7	54	Lexi LEFEVER	SR	#8 UW-River Falls	5.55m	18-2½ (0.0)	5/4
7	54	Gracie HOLLAND	JR	#5 UW-Whitewater	5.55m	18-2½ (0.1)	5/4
9	71	Samantha BARRETT	JR	#1 UW-La Crosse	{4} 5.49m	18-¼ (1.3)	5/4
9	71	Jenna MILLER	SO	#1 UW-La Crosse	{4} 5.49m	18-¼ (0.0)	5/4

Women's Triple Jump

1	5	Samantha BARRETT	JR	#1 UW-La Crosse	12.32m	40-5 (1.3)	5/4
2	19	Maya EVANS	SO	#1 UW-La Crosse	{2} 11.93m	39-1¾ (1.7)	5/3
3	21	Miah KELLER	SR	#1 UW-La Crosse	{3} 11.88mw	38-11¾ (3.2)	5/3
4	40	Mackenzey KRONBERG	SO	#1 UW-La Crosse	{4} 11.56m	37-11¼ (2.0)	4/13
5	49	Elianna DALAMANGAS	FR	#7 UW-Platteville	11.44m	37-6½ (1.0)	4/25
6	75	Carly SCHREURS	JR	#1 UW-La Crosse	{5} 11.25m	36-11 (1.8)	5/4
7	86	Alexa GORDEE	FR	#4 UW-Oshkosh	11.19m	36-8½ (0.9)	5/4
8	90	Ashley DAVIES	FR	#1 UW-La Crosse	{6} 11.18m	36-8¼ (1.1)	4/6
9	96	Molly KALLENBACH	JR	#2 UW-Eau Claire	11.16m	36-7½ (0.9)	5/4
10		Josie BLUM	FR	#1 UW-La Crosse	{7} 11.09m	36-4¾ (0.0)	4/13

Women's Shot Put

1	10	Brenna MASLOROFF	SR	#4 UW-Oshkosh	14.03m	46-½	4/25
2	16	Raina STECHER	JR	#2 UW-Eau Claire	13.67m	44-10¼	4/13
3	20	Brenna NOON	JR	#7 UW-Platteville	13.56m	44-6	5/4
3	20	Izzy CARROLL	JR	#1 UW-La Crosse	13.56m	44-6	3/29
5	38	Kayla BEHNKE	JR	#2 UW-Eau Claire	{2} 13.15m	43-1¾	5/4
6	42	Madilyn VANDER SANDEN	FR	#1 UW-La Crosse	{2} 13.08m	42-11	4/13
7	54	Teagan JONES	JR	#2 UW-Eau Claire	{3} 12.87m	42-2¾	5/4
8	69	Lupe CORN	JR	#6 UW-Stevens Poir	12.63m	41-5¼	4/5
9	87	Bella HARRIMAN	SO	#6 UW-Stevens Poir	{2} 12.42m	40-9	5/4
10	92	Kailee SELLEN	JR	#2 UW-Eau Claire	{4} 12.38m	40-7½	4/6

Women's Discus

1	4	Kayla BEHNKE	JR	#2 UW-Eau Claire	48.96m	160-8	4/6
2	17	Teagan JONES	JR	#2 UW-Eau Claire	{2} 44.34m	145-6	5/4
3	27	Izzy CARROLL	JR	#1 UW-La Crosse	43.44m	142-6	4/13
4	38	Katie HAASE	SR	#8 UW-River Falls	42.82m	140-6	5/4
5	42	Raina STECHER	JR	#2 UW-Eau Claire	{3} 42.59m	139-9	5/4
6	51	Bella HARRIMAN	SO	#6 UW-Stevens Poir	41.92m	137-7	4/27
7	61	Kenni CZARNECKI	JR	#5 UW-Whitewater	41.35m	135-8	4/20
8	64	Brooke BAUMANN	SO	#3 UW-Stout	41.20m	135-2	4/27
9	71	Ryleigh CZARNECKI	FR	#5 UW-Whitewater	{2} 40.79m	133-10	5/4
10	72	Aubree KOENINGS	FR	#3 UW-Stout	{2} 40.75m	133-9	4/13

Women's Hammer

1	1	Teagan JONES	JR	#2 UW-Eau Claire	59.73m	196-0	4/27
2	4	Brenna MASLOROFF	SR	#4 UW-Oshkosh	58.34m	191-5	5/4
3	9	Kayla BEHNKE	JR	#2 UW-Eau Claire	{2} 54.50m	178-10	4/6
4	11	Kenni CZARNECKI	JR	#5 UW-Whitewater	54.14m	177-8	4/25
5	17	Izzy CARROLL	JR	#1 UW-La Crosse	53.13m	174-4	4/6
6	26	Aubree KOENINGS	FR	#3 UW-Stout	51.97m	170-6	4/27
7	32	Raina STECHER	JR	#2 UW-Eau Claire	{3} 50.96m	167-2	5/4
8	49	Bobbi BLAHNIK	JR	#4 UW-Oshkosh	{2} 49.13m	161-2	4/25
9	80	Madilyn VANDER SANDEN	FR	#1 UW-La Crosse	{2} 47.43m	155-8	5/4
10	82	Katie HAASE	SR	#8 UW-River Falls	47.37m	155-5	4/20

Women's Javelin

1	14	Gabby JOHNSON	JR	#1 UW-La Crosse	41.73m	136-11	3/29
2	32	Laura BERTRANG	FR	#2 UW-Eau Claire	39.82m	130-8	5/4
3		Tina SHELTON	JR	#5 UW-Whitewater	36.51m	119-10	3/29
4		Ella PULS	SO	#1 UW-La Crosse	{2} 36.41m	119-6	4/6
5		Noelle HACKENMUELLER	SO	#1 UW-La Crosse	{3} 36.37m	119-4	5/4
6		Emily WILLIAMS	JR	#2 UW-Eau Claire	{2} 36.21m	118-10	4/13
7		Amber GROSSE	SO	#1 UW-La Crosse	{4} 35.24m	115-8	5/4
8		Lindsey TAYLOR	FR	#6 UW-Stevens Poir	34.85m	114-4	5/4
9		Sloan HORGAN	FR	#3 UW-Stout	34.44m	113-0	5/4
10		Kaydee JOHNSON	JR	#1 UW-La Crosse	{5} 33.97m	111-6	4/6

Women's Heptathlon

1	9	Amber GROSSE	SO	#1 UW-La Crosse	4,692		5/4
2	11	Lauryn RUSTAD	FR	#2 UW-Eau Claire	4,636		5/4
3	12	Lexi LEFEVER	SR	#8 UW-River Falls	4,632		3/22
4	14	Jane KAUTZ	SR	#2 UW-Eau Claire	{2} 4,618		5/4
5	15	Emma GRUEN	JR	#2 UW-Eau Claire	{3} 4,561		5/4
6	18	Emilee BOOKER	JR	#2 UW-Eau Claire	{4} 4,530		4/20
7	20	Alexys SCHEUERELL	SO	#1 UW-La Crosse	{2} 4,511		5/4
8	24	Megan HUNT	JR	#4 UW-Oshkosh	4,494		5/4
9	33	Noelle HACKENMUELLER	SO	#1 UW-La Crosse	{3} 4,315		5/4
10	41	Becca HANSEN	FR	#3 UW-Stout	4,222		5/4