



Regional TFRI Event Summary



Great Lakes

as of 3/25/2024 4:34:20 PM ET

Women's 100 Meters

1	24	Abia KANTE	FR	#1	Cumberlands (K)	12.37	(-0.7)	3/23
2	32	Alexia BOYD	SR	#5	Campbellsville (I	12.51	(-1.4)	3/23
3	40	Mya GRESCHNER	SO	#3	Point Park (Pa.)	12.56	(0.7)	3/16
4	56	Maliyah WILSON-TAYLOR	SR	#10	Brescia (Ky.)	12.66w	(2.2)	3/16
4	56	Diamond RUSH	JR	#3	Point Park (Pa.) {2}	12.66	(0.6)	3/16
6	67	Allie BRYSON	FR	#1	Cumberlands (K){2}	12.78	(0.1)	3/23
7	69	Kathryn COUCH	SR	#1	Cumberlands (K){3}	12.79	(-0.4)	3/23
8	72	Paris DEBORD	SO	#8	Rio Grande (Ohic	12.81	(1.0)	3/16
8	72	Brianna BRUDY	FR	#11	Shawnee State (I	12.81	(0.4)	3/16
10	80	Jaida REED	JR	#1	Cumberlands (K){4}	12.85	(0.0)	3/15

Women's 100 Meter Hurdles

1	12	Natalea HILLEN	SR	#3	Point Park (Pa.)	14.88w	(2.4)	3/23
2	20	Emma ROEMER	FR	#3	Point Park (Pa.) {2}	15.10	(0.8)	3/23
3	24	Nina MARINKOVIC	FR	#2	Marian (Ind.)	15.28	(-1.3)	3/23
4	26	Makiyah ALLEN	SO	#5	Campbellsville (I	15.36	(-1.5)	3/23
5	61	Mya HINES	FR	#1	Cumberlands (K)	16.65	(-1.8)	3/23
6	78	Abigail BURGETT	SR	#10	Brescia (Ky.)	17.43	(0.4)	3/15
6	78	Erin PEASE	FR	#23	Union (Ky.)	17.43	(-0.6)	3/23
8		Jaci WOODS	FR	#1	Cumberlands (K){2}	18.85	(0.0)	3/15
9		Luchama LUBIN	JR	#3	Point Park (Pa.) {3}	19.07	(1.8)	3/16
10		Ariana SIMMONS	SO	#5	Campbellsville (I){2}	19.89	(0.3)	3/23

Women's 200 Meters

1	18	Abia KANTE	FR	#1	Cumberlands (K)	25.11	(-0.8)	3/23
2	20	Diamond RUSH	JR	#3	Point Park (Pa.)	25.22	(0.6)	3/16
3	68	Kathryn COUCH	SR	#1	Cumberlands (K){2}	26.35	(1.3)	3/23
4	74	Natalea HILLEN	SR	#3	Point Park (Pa.) {2}	26.51	(-0.6)	3/16
4	74	Julia ROSSINI	JR	#9	Spring Arbor (Mi	26.51w	(3.5)	3/23
6	81	Paris DEBORD	SO	#8	Rio Grande (Ohic	26.54w	(2.3)	3/16
6	81	Brianna BRUDY	FR	#11	Shawnee State (I	26.54	(-0.6)	3/16
8	90	Abigail BURGETT	SR	#10	Brescia (Ky.)	26.68w	(2.8)	3/15
9		Beatriz DE SOUZA	SO	#1	Cumberlands (K){3}	26.79	(0.0)	3/15
10		Piper CLARK	FR	#5	Campbellsville (I	26.84	(-2.2)	3/23

Women's 400 Meters

1	11	Abia KANTE	FR	#1	Cumberlands (K)	57.96		3/15
2	13	Mya GRESCHNER	SO	#3	Point Park (Pa.)	58.09		3/16
3	21	Victoria YOUNG	SO	#5	Campbellsville (I	59.48		3/23
4	28	Piper CLARK	FR	#5	Campbellsville (I){2}	1:00.16		3/23
5	47	Kendra GROOMS	JR	#8	Rio Grande (Ohic	1:01.21		3/23
6	52	Dylainey FLOYD	FR	#4	Indiana Wesleyan	1:01.50		3/23
7	53	Hallie KOOYER	FR	#6	Cornerstone (Mi	1:01.55		3/23
8	56	Madi HAID	SR	#6	Cornerstone (Mi){2}	1:01.65		3/23
9	59	Ashley TERRY	JR	#1	Cumberlands (K){2}	1:01.86		3/23
10	64	Jayden ROACH	JR	#8	Rio Grande (Ohic){2}	1:02.05		3/23

Women's 400 Meter Hurdles

1	16	Ally HAWK	SO	#4	Indiana Wesleyan	1:05.59		3/23
2	21	Diamond RUSH	JR	#3	Point Park (Pa.)	1:06.82		3/16
3	22	Natalea HILLEN	SR	#3	Point Park (Pa.) {2}	1:06.95		3/16
4	30	Ella MAAS	SO	#4	Indiana Wesleyan {2}	1:07.96		3/23
5	34	Faith KURTZ	JR	#6	Cornerstone (Mi	1:08.83		3/23
6	43	Vanessa TEMPLE	SO	#15	IU East (Ind.)	1:09.95		3/16
7	53	Makiyah ALLEN	SO	#5	Campbellsville (I	1:11.55		3/23
8	59	Anna BURK	FR	#6	Cornerstone (Mi){2}	1:12.24		3/23
9	74	Cecily FAGER	FR	#6	Cornerstone (Mi){3}	1:14.74		3/23
10	76	Mia WELLINGTON	SR	#13	Goshen (Ind.)	1:15.20		3/23

Women's 800 Meters

1	4	Katie WOODS	SO	#2	Marian (Ind.)	2:15.62		3/23
2	10	Kiara BAHENA	FR	#14	Saint Francis (In	2:17.34		3/16
3	20	Hanna REUTER	SO	#2	Marian (Ind.) {2}	2:19.66		3/23
4	29	Nora STEELE	JR	#2	Marian (Ind.) {3}	2:21.59		3/23
5	33	Taylor THOMAS	SR	#2	Marian (Ind.) {4}	2:21.96		3/23
6	41	Annika ALDERFER FISHER	SR	#13	Goshen (Ind.)	2:23.04		3/23
7	42	Jana SCHMID	JR	#3	Point Park (Pa.)	2:23.15		3/23
8	50	Summer COOPER	SR	#13	Goshen (Ind.) {2}	2:24.22		3/23
9	52	Ashlyn LIDDLE	JR	#1	Cumberlands (K)	2:24.52		3/23
10	76	Jozzi BROWN	SR	#11	Shawnee State (I	2:27.41		3/16

Women's 1500 Meters

1	5	Katie WOODS	SO	#2	Marian (Ind.)	4:38.81		3/23
2	13	Elizabeth LUCASON	SO	#1	Cumberlands (K)	4:44.79		3/23
3	17	Kylie SAUDER	JR	#7	Grace (Ind.)	4:47.08		3/23
4	26	Anna HULSTEDT	SR	#7	Grace (Ind.) {2}	4:49.33		3/23
5	28	Kiara BAHENA	FR	#14	Saint Francis (In	4:49.36		3/16
6	30	Allison PLASSIO	SR	#3	Point Park (Pa.)	4:49.86		3/16
7	33	Elke WIJKMANS	JR	#1	Cumberlands (K){2}	4:50.71		3/23
8	37	Annika ALDERFER FISHER	SR	#13	Goshen (Ind.)	4:51.48		3/23
9	44	Summer COOPER	SR	#13	Goshen (Ind.) {2}	4:52.98		3/23
10	55	Jacqueline ALBO	SR		Lawrence Tech (I	4:56.45		3/23

Women's 5000 Meters

1	4	Addi DEWEY	JR	#4	Indiana Wesleyan	17:33.43		3/23
2	5	Elizabeth BARRETT	SO	#4	Indiana Wesleyan {2}	17:35.28		3/23
3	7	Emily TEDDER	JR	#18	Huntington (Ind.	17:42.50		3/23
4	8	Malarie PINWAR	SO	#18	Huntington (Ind.) {2}	17:45.40		3/23
5	14	Mallory HIATT	SR	#7	Grace (Ind.)	17:59.67		3/23
6	18	Samantha PATTERSON	FR	#22	Taylor (Ind.)	18:09.39		3/23
7	25	Tara FRIESEN	SR	#7	Grace (Ind.) {2}	18:23.72		3/23
8	26	Olivia CISCO	SO	#11	Shawnee State (I	18:25.49		3/16
9	27	Madelyn SKIDMORE	SR	#7	Grace (Ind.) {3}	18:34.73		3/23
10	38	Katie ACKER	JR	#7	Grace (Ind.) {4}	18:51.99		3/23



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Great Lakes

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Women's 5000m Race Walk

1	1	Alexa GOVERNOR	FR	#1 Cumberlands (Ky.)	25:46.25	3/23
2	2	Lilian BITTENCOURT	FR	#1 Cumberlands (Ky.) ^{2}	26:51.59	3/23
3	3	Ava NEWKIRK	FR	#1 Cumberlands (Ky.) ^{3}	28:23.79	3/23
4	5	Grace FORREST	FR	#8 Rio Grande (Ohio)	28:43.68	3/23
5	7	Isabelle BLATZ	JR	#1 Cumberlands (Ky.) ^{4}	37:31.70	3/23

Women's 4x100 Relay

1	11	Natalea Hillen, Diamond Rush, RaKeya Ellsberry, Mya Greschner	#3 Point Park (Pa.)	48.82	3/16
2	18	Shailin Golden, Julia Rossini, Camaria Epperson, Hope Taylor	#9 Spring Arbor (Michigan)	50.01	3/23
3	22	Jeneil Morris, Jordyn Cardwell, Maliyah Wilson-Taylor, Abigail Burgett	#10 Brescia (Ky.)	50.13	3/16
4	34	Haidyn Wamsley, Ivy Gentry, Makaela Lovely, Brianna Brudy	#11 Shawnee State (Ohio)	52.22	3/16
5	36	Lalah Boyd, Rebekah Ankrum, Jaydi Jones, Paige Brooks	#12 IU Kokomo (Indiana)	53.08	3/23
6	39	Faith Newsom, Heaven Carver, Jaida Garrett, Gisele Young	#19 Pikeville (Ky.)	53.47	3/23
7	40	Kaleah Loudon, Vanessa Temple, Brooke Sudhoff, India Benton	#15 IU East (Indiana)	53.62	3/23
8	42	A'maya Hodges, Tamyah Worthy, Natalie Sample, Paige Thomas	#21 Lourdes (Ohio)	54.58	3/23

Women's 4x400 Relay

1	12	Adrianna Boyd, Jade Dogan, Maya Mundy, Holli Reuter	#2 Marian (Ind.)	4:08.87	3/23
2	15	Ally Hawk, Karis Hunter, Ella Maas, Erin Wadley	#4 Indiana Wesleyan	4:10.27	3/23
3	16	Paris DeBord, Kendra Grooms, Jayden Roach, Amarissa Kerns	#8 Rio Grande (Ohio)	4:12.32	3/16
4	28	Ava Houghton, Lonna Perna, Matley Rose, Allison Teed	#9 Spring Arbor (Michigan)	4:26.32	3/23
5	34	Tamyah Worthy, Natalie Sample, Paige Thomas, Aliyah Perez	#21 Lourdes (Ohio)	4:40.50	3/23
6	36	Emilee Cecil, Trinity Smith, Jasmine Clouse, Abby Baldrige	#17 Midway (Ky.)	4:42.65	3/16

Women's 4x800 Relay

1	2	Liz Loichinger, Hanna Reuter, Katie Woods, Taylor Thomas	#2 Marian (Ind.)	9:22.51	3/23
2	5	Ashley Terry, Savannah Hossfeld, Ashlyn Liddle, Elizabeth Lucason	#1 Cumberlands (Ky.)	9:34.60	3/23
3	8	Jana Schmid, Olivia Hare, Karen Rios, Allison Plassio	#3 Point Park (Pa.)	9:49.80	3/16
4	10	Kendra Grooms, Jayden Roach, Grace Forrest, Amarissa Kerns	#8 Rio Grande (Ohio)	10:25.75	3/16

Women's High Jump

1	3	Emma PAVELEK	JR	#3 Point Park (Pa.)	1.65m	5-5	3/16
1	3	Abi HUME	SR	#4 Indiana Wesleyan	1.65m	5-5	3/23
3	11	Haidyn WAMSLEY	JR	#11 Shawnee State (Ohio)	1.60m	5-3	3/16
3	11	Josey REINEMAN	JR	#18 Huntington (Ind.)	1.60m	5-3	3/23
5	21	Madison AXSOM	SO	#13 Goshen (Ind.)	1.55m	5-1	3/23
5	21	TaMya DAVIS	FR	#5 Campbellsville (Ind.)	1.55m	5-1	3/23
5	21	Emily MCCREARY	JR	#7 Grace (Ind.)	1.55m	5-1	3/23
5	21	Emerson VANSKOY	FR	#17 Midway (Ky.)	1.55m	5-1	3/16
9	32	Kendra GROOMS	JR	#8 Rio Grande (Ohio)	1.53m	5-¼	3/16
10	35	Nina MARINKOVIC	FR	#2 Marian (Ind.)	1.52m	4-11¾	3/23
10	35	Makenna LOVELY	FR	#11 Shawnee State (Ohio) ^{2}	1.52m	4-11¾	3/16

Women's Pole Vault

1	7	Brooke HOLLOWAY	SO	#24 Mount Vernon Nazarene	3.41m	11-2¼	3/23
2	11	Emma STEWART	FR	#9 Spring Arbor (Michigan)	3.29m	10-9½	3/23
3	12	Cecily FAGER	FR	#6 Cornerstone (Michigan)	3.25m	10-8	3/23
4	15	Trinity SHERROD	SR	#1 Cumberlands (Ky.)	2.95m	9-8	3/23
4	15	Vanessa TEMPLE	SO	#15 IU East (Indiana)	2.95m	9-8	3/23
4	15	Brooke SUDHOFF	SO	#15 IU East (Indiana)	2.95m	9-8	3/23
4	15	Mia CURRAN	FR	#2 Marian (Ind.)	2.95m	9-8	3/23
8	22	Katelyn LATOUR	JR	#6 Cornerstone (Michigan) ^{2}	2.75m	9-¼	3/23
8	22	Hailey HOLBROOK	FR	#4 Indiana Wesleyan	2.75m	9-¼	3/23
10	31	Amber AVERY	SO	#1 Cumberlands (Ky.) ^{2}	2.50m	8-2½	3/23

Women's Long Jump

1	20	Alexia BOYD	SR	#5 Campbellsville (Ind.)	5.37m	17-7½ (0.0)	3/23
2	24	TaMya DAVIS	FR	#5 Campbellsville (Ind.) ^{2}	5.32m	17-5½ (0.2)	3/23
3	28	Mya HINES	FR	#1 Cumberlands (Ky.)	5.27m	17-3½ (0.6)	3/23
4	29	Nina MARINKOVIC	FR	#2 Marian (Ind.)	5.26m	17-3¼ (0.0)	3/23
5	34	Alyssa BUDD	FR	#9 Spring Arbor (Michigan)	5.16m	16-11¼ (-2)	3/23
6	35	Jordyn CARDWELL	JR	#10 Brescia (Ky.)	5.15mw	16-10¾ (4.0)	3/16
7	41	Hanna REUTER	SO	#2 Marian (Ind.)	{2} 5.07m	16-7¾ (0.3)	3/23
8	45	Mya GRESCHNER	SO	#3 Point Park (Pa.)	5.03m	16-6 (0.3)	3/16
9	47	Emma PAVELEK	JR	#3 Point Park (Pa.)	{2} 5.02m	16-5¾ (-0.1)	3/16
10	81	Abigail BURGETT	SR	#10 Brescia (Ky.)	{2} 4.78mw	15-8¼ (2.4)	3/15



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Women's Triple Jump

1	6	DaKyra HOWARD	FR	#20 Oakland City (In	11.73m	38-6 (0.0)	3/23
2	23	Shirmara ANDERSON	SO	#2 Marian (Ind.)	10.72m	35-2 (0.0)	3/23
3	25	Jaci WOODS	FR	#1 Cumberland (K)	10.66m	34-11 3/4 (0.0)	3/23
4	35	Haidyn WAMSLEY	JR	#11 Shawnee State (I	10.45m	34-3 1/2 (0.4)	3/16
5	45	Dasia GARLAND	FR	#5 Campbellsville (I	10.17m	33-4 1/2 (-2.1)	3/23
6	47	Naomi WALTERS	SR	#2 Marian (Ind.)	{2}10.10m	33-1 3/4 (1.0)	3/23
7	53	Luchama LUBIN	JR	#3 Point Park (Pa.)	9.92m	32-6 1/2 (1.9)	3/16
8	59	Makayla CLARK	SO	#1 Cumberland (K)	{2}9.70m	31-10 (0.5)	3/23
9	61	Emma ROEMER	FR	#3 Point Park (Pa.)	{2}9.62m	31-6 3/4 (1.6)	3/16
10	68	Amelia CASEY	FR	#19 Pikeville (Ky.)	9.50m	31-2 (0.0)	3/23

Women's Shot Put

1	2	Princess KARA	SR	#4 Indiana Wesleya	13.98m	45-10 1/2	3/23
2	3	Arriana BENJAMIN	SR	#2 Marian (Ind.)	13.95m	45-9 1/4	3/23
3	4	Lena KORTE	JR	#16 Concordia (Mich	13.79m	45-3	3/23
4	5	Sydney DUNCAN	FR	#12 IU Kokomo (Ind.)	13.78m	45-2 1/2	3/23
5	29	Trinity GOTTLER	FR	#17 Midway (Ky.)	11.95m	39-2 1/2	3/16
6	32	Bri NICHOLS	SO	#4 Indiana Wesleya	{2}11.80m	38-8 3/4	3/23
7	35	Mackenzie PARKER	SR	#7 Grace (Ind.)	11.69m	38-4 1/4	3/23
7	35	Hannah BOERSEMA	SO	#14 Saint Francis (In	11.69m	38-4 1/4	3/16
9	39	Claire MEACHAM	SO	#6 Cornerstone (Mic	11.61m	38-1 1/4	3/23
10	41	Emma BYRUM	SR	#12 IU Kokomo (Ind.)	{2}11.51m	37-9 1/4	3/23

Women's Discus

1	1	Princess KARA	SR	#4 Indiana Wesleya	50.63m	166-2	3/23
2	3	Arriana BENJAMIN	SR	#2 Marian (Ind.)	45.14m	148-1	3/23
3	8	Lanae CROWE	JR	#7 Grace (Ind.)	41.54m	136-4	3/23
4	9	Gabi BILBREY	FR	#2 Marian (Ind.)	{2}41.35m	135-8	3/23
5	10	Merideth DEVRIES	JR	#4 Indiana Wesleya	{2}40.27m	132-2	3/23
6	11	Bri NICHOLS	SO	#4 Indiana Wesleya	{3}40.19m	131-10	3/23
7	16	Tracey GOOCH	FR	#2 Marian (Ind.)	{3}39.33m	129-1	3/23
8	20	Trinity GOTTLER	FR	#17 Midway (Ky.)	38.83m	127-5	3/16
9	30	Mackenzie PARKER	SR	#7 Grace (Ind.)	{2}37.51m	123-1	3/23
10	32	Valerie KENDRICK	JR	#19 Pikeville (Ky.)	37.17m	122-0	3/23

Women's Hammer

1	7	Arriana BENJAMIN	SR	#2 Marian (Ind.)	50.38m	165-4	3/23
2	13	Bri NICHOLS	SO	#4 Indiana Wesleya	47.38m	155-6	3/23
3	17	Keeley HUGHES	JR	#2 Marian (Ind.)	{2}46.47m	152-6	3/23
4	23	Pia STERN	FR	#1 Cumberland (K)	45.44m	149-1	3/23
5	27	Nhaydia WATSON	SO	#2 Marian (Ind.)	{3}44.93m	147-5	3/23
6	29	Lena KORTE	JR	#16 Concordia (Mich	43.82m	143-9	3/23
7	30	Sydney DUNCAN	FR	#12 IU Kokomo (Ind.)	43.63m	143-2	3/23
8	37	Claire MEACHAM	SO	#6 Cornerstone (Mic	42.57m	139-8	3/23
9	40	Allie MILLER	JR	#2 Marian (Ind.)	{4}42.14m	138-3	3/23
10	44	Madisen HINDERLITER	SR	#14 Saint Francis (In	41.26m	135-5	3/23

Women's Javelin

1	20	Hannah BOERSEMA	SO	#14 Saint Francis (In	36.28m	119-1	3/16
2	23	Emma BYRUM	SR	#12 IU Kokomo (Ind.)	35.61m	116-10	3/23
3	29	Trinity GOTTLER	FR	#17 Midway (Ky.)	34.93m	114-7	3/16
4	35	Lena KORTE	JR	#16 Concordia (Mich	33.91m	111-3	3/23
5	41	Amber AVERY	SO	#1 Cumberland (K)	32.18m	105-7	3/23
6	44	Lina SINGLE	FR	#3 Point Park (Pa.)	31.60m	103-8	3/16
7	65	Hailey STASIUKINAS	JR	#16 Concordia (Mich	{2}28.45m	93-4 1/4	3/23
8	70	Bella DEAN	FR	#2 Marian (Ind.)	28.04m	92-0	3/23
9	80	Emma PAVELEK	JR	#3 Point Park (Pa.)	{2}26.91m	88-3 1/2	3/23
10	81	Ashby GREENWELL	JR	#10 Brescia (Ky.)	26.89m	88-2 3/4	3/16

Women's Heptathlon

1	8	Abigail BURGETT	SR	#10 Brescia (Ky.)	3,413		3/15
2	10	Ariana SIMMONS	SO	#5 Campbellsville (I	2,675		3/23



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Midwest

as of 3/25/2024 4:34:20 PM ET

Women's 100 Meters

1	Alexandra ROSE	SR	#2 William Penn (Io	13.02	(-0.2)	3/23
2	Grace WILLMS	SR	#2 William Penn (Io{2}	13.04	(0.0)	3/23
3	Vashansti GLOVER	FR	#2 William Penn (Io{3}	13.23	(-0.2)	3/23
4	Lilly OSTERT	FR	#2 William Penn (Io{4}	13.35	(-0.2)	3/23
5	Tabitha ROGERS	JR	#2 William Penn (Io{5}	13.38	(-0.2)	3/23

Women's 200 Meters

1	61 A'luel MILLER	FR	#2 William Penn (Io	26.20	(0.7)	3/23
2	87 Neenah GUERRERO	FR	#3 Midland (Neb.)	26.64w	(2.2)	3/22
3	Abigaille BATU-TIAKO	SR	#2 William Penn (Io{2}	27.08	(0.7)	3/23
4	Vashansti GLOVER	FR	#2 William Penn (Io{3}	27.17	(0.7)	3/23
5	Alexandra ROSE	SR	#2 William Penn (Io{4}	27.34	(1.2)	3/23
6	Tabitha ROGERS	JR	#2 William Penn (Io{5}	27.68	(1.7)	3/23
7	Michaela HARRIS	FR	#5 Hastings (Neb.)	30.77	(-1.4)	3/23

Women's 400 Meters

1	41 Olivia MATHIS	SO	#1 Saint Xavier (Ill.)	1:00.78		3/23
2	99 Nevaeh SARABIA	SO	#3 Midland (Neb.)	1:03.63		3/22
3	Kristin BOOKER	JR	#1 Saint Xavier (Ill.){2}	1:05.45		3/23
4	Kylah VOGEL	FR	#3 Midland (Neb.) {2}	1:09.35		3/22

Women's 400 Meter Hurdles

1	9 Rhys MAXEY	SR	#5 Hastings (Neb.)	1:04.56		3/23
2	24 Lana MUSA	SR	#1 Saint Xavier (Ill.)	1:07.26		3/23

Women's 800 Meters

1	3 Veronica PINKERTON	SR	#5 Hastings (Neb.)	2:15.20		3/23
2	24 Alexandra CLARKE	JR	#1 Saint Xavier (Ill.)	2:20.52		3/23
3	Cecilia VELARDE	JR	#5 Hastings (Neb.) {2}	2:30.09		3/23
4	Cynthia CHAPARRO BELLOC	JR	#5 Hastings (Neb.) {3}	2:36.30		3/23
5	Kenia SALGADO	SO	#1 Saint Xavier (Ill.){2}	2:45.44		3/23

Women's 1500 Meters

1	Daniella NINO	SR	#1 Saint Xavier (Ill.)	5:22.15		3/23
2	Myia JOHNSON	SR	#3 Midland (Neb.)	5:22.54		3/22

Women's 5000 Meters

1	Myia JOHNSON	SR	#3 Midland (Neb.)	21:19.60		3/22
2	Magdalena DE LA O	FR	#3 Midland (Neb.) {2}	21:19.69		3/22
3	Carley DAVIS	SR	#5 Hastings (Neb.)	23:17.08		3/23

Women's 4x400 Relay

1	29 Nevaeh Sarabia, Neenah Guerrero, Emma Strom, Amber Rodgers	#3 Midland (Neb.)	4:27.69		3/22
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Women's High Jump

1	11 Zailee POULSON	JR	#5 Hastings (Neb.)	1.60m	5-3	3/23
2	21 Nadia ROBERTS	SR	#1 Saint Xavier (Ill.)	1.55m	5-1	3/23
3	35 Krista HARDY	SO	#3 Midland (Neb.)	1.52m	4-11¾	3/22
4	57 Dala DROWNE		#3 Midland (Neb.) {2}	1.47m	4-9¾	3/22
4	57 Shyanne PIPKIN	SO	#3 Midland (Neb.) {2}	1.47m	4-9¾	3/22

Women's Long Jump

1	8 Abigaille BATU-TIAKO	SR	#2 William Penn (Io	5.53m	18-1¾ (0.1)	3/23
2	A'luel MILLER	FR	#2 William Penn (Io{2}	4.34m	14-3 (1.3)	3/23

Women's Shot Put

1	6 Abigail GERBER	SR	#4 Concordia (Neb.)	13.76m	45-1¾	3/23
2	10 Maggie HEESCH	SO	#3 Midland (Neb.)	12.92m	42-4¾	3/22
3	26 Erica MARTIN	SR	#2 William Penn (Io	11.98m	39-3¾	3/23
4	27 Kamryn POKORNEY	SR	#4 Concordia (Neb.){2}	11.97m	39-3¾	3/23
5	31 Jamie SIEROCKI	SO	#1 Saint Xavier (Ill.)	11.81m	38-9	3/23
6	52 Phoebe BURT	JR	#2 William Penn (Io{2}	11.14m	36-6¾	3/23
7	62 Brittni KINNE	FR	#4 Concordia (Neb.){3}	11.01m	36-1½	3/23
8	84 Aliyah SINN	FR	#4 Concordia (Neb.){4}	10.63m	34-10½	3/23
9	92 Katie DEHAAN	SO	#1 Saint Xavier (Ill.){2}	10.51m	34-5¾	3/23
10	Kylee HASSELMANN	SO	#5 Hastings (Neb.)	10.10m	33-1¾	3/23

Women's Discus

1	18 Precious AGUAGYO	SO	#1 Saint Xavier (Ill.)	39.01m	128-0	3/23
2	26 Abigail GERBER	SR	#4 Concordia (Neb.)	37.90m	124-4	3/23
3	37 Phoebe BURT	JR	#2 William Penn (Io	36.95m	121-3	3/23
4	58 Marissa HEINS	FR	#4 Concordia (Neb.){2}	34.55m	113-4	3/23
5	68 Jamie SIEROCKI	SO	#1 Saint Xavier (Ill.){2}	33.85m	111-1	3/23
6	74 Maggie HEESCH	SO	#3 Midland (Neb.)	33.45m	109-9	3/22
7	77 Kalee BROSIUS	FR	#4 Concordia (Neb.){3}	33.32m	109-4	3/23

Women's Hammer

1	6 Abi WOHLGEMUTH	JR	#4 Concordia (Neb.)	50.45m	165-6	3/23
2	9 Kamryn POKORNEY	SR	#4 Concordia (Neb.){2}	48.52m	159-2	3/23
3	11 Precious AGUAGYO	SO	#1 Saint Xavier (Ill.)	48.29m	158-5	3/23
4	12 Maggie HEESCH	SO	#3 Midland (Neb.)	47.78m	156-9	3/22
5	17 Abigail GERBER	SR	#4 Concordia (Neb.){3}	46.47m	152-6	3/23
6	38 Layla ALEXANDER	SR	#1 Saint Xavier (Ill.){2}	42.52m	139-6	3/23
7	56 Jersey PANOCK	SR	#1 Saint Xavier (Ill.){3}	39.86m	130-9	3/23
8	62 Erica MARTIN	SR	#2 William Penn (Io	38.78m	127-3	3/23
9	83 Kylee HASSELMANN	SO	#5 Hastings (Neb.)	37.08m	121-8	3/23
10	85 Brittni KINNE	FR	#4 Concordia (Neb.){4}	36.87m	121-0	3/23

Women's Javelin

1	9 Gretchen STOTTEMYRE	JR	#4 Concordia (Neb.)	38.16m	125-3	3/23
2	45 Jamie SIEROCKI	SO	#1 Saint Xavier (Ill.)	31.57m	103-7	3/23
3	56 Shyanne PIPKIN	SO	#3 Midland (Neb.)	29.94m	98-2¾	3/22
4	67 Katie DEHAAN	SO	#1 Saint Xavier (Ill.){2}	28.25m	92-8¾	3/23
5	97 Kalee BROSIUS	FR	#4 Concordia (Neb.){2}	25.34m	83-1¾	3/23
6	Lana MUSA	SR	#1 Saint Xavier (Ill.){3}	22.77m	74-8½	3/23



Regional TFRI Event Summary



South

as of 3/25/2024 4:34:20 PM ET

Women's 100 Meters

1	1	Kevell BYRD	JR	#7 Dillard (La.)	11.68	(1.7)	3/23
2	4	Ta'nijal MATTHEWS	JR	#7 Dillard (La.)	{2} 11.94	(1.7)	3/23
3	5	Tori BURTON	SO	#7 Dillard (La.)	{3} 12.01	(1.7)	3/23
3	5	Tyese SMITH	SO	#2 William Carey (M	12.01	(1.0)	3/21
5	8	Nicole JOHNSON	SR	#15 Warner (Fla.)	12.04	(-0.6)	3/23
6	10	Irmiris MENDEZ	JR	#1 Southeastern (FI	12.08	(0.0)	3/16
7	11	Jordyn MINOR	FR	#5 Loyola (La.)	12.11	(1.3)	3/16
8	13	Nevaeh LACEY	FR	#4 Xavier (La.)	12.19	(1.3)	3/16
9	16	Shannon LEVY	FR	#23 Florida Memoria	12.24	(0.9)	3/23
10	18	Jahhi CLARKE-BLOOMFIELD	FR	#15 Warner (Fla.)	{2} 12.28	(1.2)	3/23

Women's 100 Meter Hurdles

1	1	Salieci MYLES	JR	#2 William Carey (M	13.35	(1.7)	3/21
2	2	Emma JOHNSON	SR	#10 Columbia Intern.	14.36w	(3.1)	3/23
3	5	Irmiris MENDEZ	JR	#1 Southeastern (FI	14.43	(-0.1)	3/22
4	6	Emma DIVERONICA	JR	#6 St. Thomas (Fla.)	14.52	(0.5)	3/16
5	8	Ar'Briel SCOTT	FR	#1 Southeastern (FI{2}	14.63	(-0.3)	3/22
6	11	Mackenzie PRINGLE	FR	#11 Columbia (S.C.)	14.83	(1.4)	3/16
7	13	Jade HARRIS	SO	#4 Xavier (La.)	14.89	(1.7)	3/16
8	14	Kyla COLEMAN	SO	#4 Xavier (La.)	{2} 14.91	(1.6)	3/16
9	19	Leojai HIBBERT	FR	#4 Xavier (La.)	{3} 15.05	(1.7)	3/16
10	21	Caitlyn O'BRIEN	SO	#17 Ave Maria (Fla.)	15.14	(1.3)	3/23

Women's 200 Meters

1	1	Praise IDAMADUDU	JR	#9 Cumberland (Tei	24.08	(0.4)	3/23
2	2	Kevell BYRD	JR	#7 Dillard (La.)	24.26	(0.1)	3/16
3	5	Jaelyn MITCHELL	FR	#4 Xavier (La.)	24.59	(0.2)	3/16
4	7	Geraldine HERRERA	FR	#15 Warner (Fla.)	24.65	(1.2)	3/23
5	9	Irmiris MENDEZ	JR	#1 Southeastern (FI	24.72	(0.9)	3/16
6	12	Tori BURTON	SO	#7 Dillard (La.)	{2} 24.88	(-0.5)	3/16
7	13	Ja'Niya MCDONALD	SO	#2 William Carey (M	24.96	(1.6)	3/21
8	14	Ifunanya MUOGHALU	SO	#9 Cumberland (Tei{2}	25.01	(0.4)	3/23
9	16	Nevaeh LACEY	FR	#4 Xavier (La.)	{2} 25.06	(0.2)	3/16
10	17	Oluwafikayom LAWRENCE	SR	#1 Southeastern (FI{2}	25.07	(1.1)	3/16

Women's 400 Meters

1	2	Kevell BYRD	JR	#7 Dillard (La.)	55.41		3/16
2	4	Oluwafikayom LAWRENCE	SR	#1 Southeastern (FI	56.24		3/16
3	6	Maria SIMANCAS	SR	#2 William Carey (M	56.84		3/21
4	7	Fedjine BELL	SO	#4 Xavier (La.)	57.17		3/16
5	8	Oluwafikayomi LAWRENCE	SR	#1 Southeastern (FI{2}	57.37		3/22
6	9	Jennifer EZEOKA	SO	#2 William Carey (M{2}	57.57		3/21
6	9	Ta'nijal MATTHEWS	JR	#7 Dillard (La.)	{2} 57.57		3/16
8	15	Jaelyn MITCHELL	FR	#4 Xavier (La.)	{2} 58.64		3/16
9	25	Chelsee MARTINO	SR	#1 Southeastern (FI{3}	59.63		3/16
10	27	Wislande PIERRE-LOUIS	SR	#6 St. Thomas (Fla.)	59.94		3/23

Women's 400 Meter Hurdles

1	1	Fegor CLIFFORD	SR	#2 William Carey (M	59.07		3/21
2	2	Joy ABU	SR	#2 William Carey (M{2}	1:01.18		3/21
3	7	Chelsee MARTINO	SR	#1 Southeastern (FI	1:04.49		3/16
4	10	Ar'Briel SCOTT	FR	#1 Southeastern (FI{2}	1:04.74		3/16
5	17	Emma DIVERONICA	JR	#6 St. Thomas (Fla.)	1:05.86		3/23
6	19	Daena DRYER	SO	#2 William Carey (M{3}	1:05.99		3/21
7	20	Marie MARC	SR	#12 Keiser (Fla.)	1:06.49		3/23
8	23	Daniela LOGRONO	FR	#12 Keiser (Fla.)	{2} 1:07.20		3/23
9	25	Emma JOHNSON	SR	#10 Columbia Intern.	1:07.40		3/23
10	28	Jessica BROWN	FR	#1 Southeastern (FI{3}	1:07.78		3/23

Women's 800 Meters

1	5	Maria SIMANCAS	SR	#2 William Carey (M	2:15.63		3/21
2	8	Melissa GRIPACUS	SO	#12 Keiser (Fla.)	2:16.44		3/23
3	13	Aoife MAHONY	SR	#1 Southeastern (FI	2:18.14		3/16
4	26	Jillian BLASER	JR	#1 Southeastern (FI{2}	2:21.33		3/16
5	28	Ashlyn VANLANDINGHAM	SO	#19 SCAD Atlanta (Ga	2:21.58		3/23
6	30	Clare OWEN	FR	#17 Ave Maria (Fla.)	2:21.61		3/2
7	31	Brianna SHEPPARD	FR	#1 Southeastern (FI{3}	2:21.88		3/23
8	35	Grace FEDER	JR	#1 Southeastern (FI{4}	2:22.17		3/16
9	36	Madisyn ACOSTA	SR	#5 Loyola (La.)	2:22.37		3/23
9	36	Natalie ROHM	SO	#1 Southeastern (FI{5}	2:22.37		3/16

Women's 1500 Meters

1	14	Maria TIRADO	FR	#2 William Carey (M	4:45.03		3/21
2	15	Aoife MAHONY	SR	#1 Southeastern (FI	4:45.87		3/16
3	21	Dylan GARCIA	JR	#3 Montreat (N.C.)	4:48.50		3/23
4	29	Madisyn ACOSTA	SR	#5 Loyola (La.)	4:49.77		3/23
5	40	Kilia HASTY	JR	#3 Montreat (N.C.)	{2} 4:51.99		3/16
6	45	Christina ADAMS	JR	Florida National	4:53.93		3/2
7	46	Ashlyn HAAS	SO	#16 Milligan (Tenn.)	4:54.23		3/23
8	49	Grace FEDER	JR	#1 Southeastern (FI{2}	4:54.90		3/23
9	51	Ashlyn VANLANDINGHAM	SO	#19 SCAD Atlanta (Ga	4:55.14		3/23
10	56	Mahaley CRONK	SR	#3 Montreat (N.C.)	{3} 4:56.59		3/16

Women's 5000 Meters

1	12	Avery RAYMOND	FR	#19 SCAD Atlanta (Ga	17:57.82		3/23
2	21	Blanca CONESA	JR	#2 William Carey (M	18:16.62		3/21
3	23	Madisyn ACOSTA	SR	#5 Loyola (La.)	18:19.87		3/16
4	24	Dylan GARCIA	JR	#3 Montreat (N.C.)	18:23.29		3/16
5	28	Carlyn BOBO	FR	#3 Montreat (N.C.)	{2} 18:35.54		3/16
6	29	Ali RAY	JR	#3 Montreat (N.C.)	{3} 18:38.62		3/2
7	30	Sarah FOREMAN	SR	#1 Southeastern (FI	18:39.29		3/23
8	31	Catherine TRUEEMPER	SO	#24 Blue Mountain (N	18:41.76		3/2
9	50	Alyssa ANDREA	FR	Tennessee South	19:04.56		3/16
10	56	Madison THOMAS	SO	#17 Ave Maria (Fla.)	19:12.95		3/16

Women's 5000m Race Walk

1	4	Mina SHULL	FR	#11 Columbia (S.C.)	28:42.29		3/23
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Regional TFRI Event Summary



South

as of 3/25/2024 4:34:21 PM ET

Women's 4x100 Relay

1	1	Tori Burton, Kevell Byrd, Ta'nijal Matthews, Ryan Smith	#7 Dillard (La.)	46.23	3/16
2	2	Fedjine Bell, Nevaeh Lacey, Jaelyn Mitchell, Kynneddy Turner	#4 Xavier (La.)	47.03	3/16
3	3	Ar'Briel Scott, Oluwafikayom Lawrence, Ariyah Smith, Irmiris Mendez	#1 Southeastern (Fl)	47.05	3/16
4	5	LaKeisha Manning, Yamina Numan, Emma DiVeronica, Khila Darrisaw	#6 St. Thomas (Fla.)	47.67	3/23
5	8	Dhenecia Pinnock, Kishawna Wallace, Dhaenia Pinnock, Lamoy Duffus	#20 Talladega (Ala.)	48.01	3/21
6	12	Kwamecia Marks, Ashante Shaw, Myikayla Howard, Latrice Brown	#11 Columbia (S.C.)	49.07	3/23
7	16	Paige Manney, Chaggie Bassar, Ann Moses, Morgan Stancil	#18 Tennessee Wesle	49.66	3/23
8	19	Kyleigh Johnson, Myesha Hall, Brooke Wilmoth, Adella Twinomugisha	#14 Truett-McConne	50.03	3/23
9	26	Kamryn Chambliss, Kendra Martin, Emelia Askew, Jasmine Johnson	#13 Brenau (Ga.)	50.62	3/23
10	30	Aaliyah Allen, Jaleah Rhett, Khamaria Smith, Ziona Harris	#22 Brewton-Parker	51.51	3/23

Women's 4x400 Relay

1	2	Ezthia Maycock, Ifunanya Muoghalu, Leesa Mutandwa, Praise Idamadudu	#9 Cumberland (Te	3:47.07	3/23
2	3	Ar'Briel Scott, Irmiris Mendez, Chelsee Martino, Oluwafikayom Lawrence	#1 Southeastern (Fl	3:49.92	3/23
3	4	Ta'nijal Matthews, Kevell Byrd, Tori Burton, Desire Robinson	#7 Dillard (La.)	3:55.61	3/23
4	5	Melissa Gripacus, Daniela Logrono, Marie Marc, Jasheena Owens	#12 Keiser (Fla.)	3:58.26	3/23
5	10	Emma Barnes, Kaylene Manternach, Yessenia Castellanos, Emily Standifer	#3 Montreat (N.C.)	4:04.10	3/23
6	11	Wislande Pierre-Louis, Niecy Brown, Ahlia Sandifer, Camille Barron	#6 St. Thomas (Fla.)	4:05.44	3/23
7	18	Kyleigh Johnson, Sarah Owen, Autumn Shepherd, Myesha Hall	#14 Truett-McConne	4:13.40	3/23
8	20	Emma Perreault, Carol Long, Regina Pirolli, Clare Owen	#17 Ave Maria (Fla.)	4:14.31	3/23
9	27	Kamryn Chambliss, Mikhailah Hayes, Emelia Askew, Laila Reed	#13 Brenau (Ga.)	4:22.14	3/16
10	35	Madisyn Acosta, Jasmine Martinez, Sara Haas, Madison Reado	#5 Loyola (La.)	4:40.98	3/23

Women's 4x800 Relay

1	7	Emily Standifer, Mahaley Cronk, Yessenia Castellanos, Kilia Hasty	#3 Montreat (N.C.)	9:46.59	3/23
2	11	Harley Garner, Aubrey Britt, Katie Meeks, Catherine Truemper	#24 Blue Mountain (N	10:34.84	3/15
3	15	Skylah Barton, Senya Aisola, Amber Parks, Hannah Stoutmire	#4 Xavier (La.)	11:32.43	3/9



Regional TFRI Event Summary



South

as of 3/25/2024 4:34:21 PM ET

Women's High Jump

1	16	Aiana COLAS	SO	#12 Keiser (Fla.)	1.58m	5-2¼	3/23
2	32	Paige MANNEY	SR	#18 Tennessee Wesle	1.53m	5-¼	3/23
2	32	Yasmine RODGERS	FR	#12 Keiser (Fla.)	{2}1.53m	5-¼	3/23
4	41	Laila REED	SO	#13 Brenau (Ga.)	1.50m	4-11	3/16
4	41	Danaysia ROBERTS	FR	#22 Brewton-Parker	1.50m	4-11	3/23
6	62	Abigail REVIEL	SR	#5 Loyola (La.)	1.45m	4-9	3/23
6	62	Elizabeth HARRINGTON	FR	#3 Montreat (N.C.)	1.45m	4-9	3/2
8	74	Macy HINKLE	FR	#16 Milligan (Tenn.)	1.42m	4-7¾	3/23
9	76	Ane` PEASLEY	FR	#10 Columbia Intern.	1.41m	4-7½	3/23
10	77	Madison ROOKER	SO	#18 Tennessee Wesle	{2}1.40m	4-7	3/23

Women's Pole Vault

1	5	Megan JUDGE	JR	#8 Life (Ga.)	3.45m	11-3¾	3/23
2	10	Cameron KELPERIS	FR	#8 Life (Ga.)	{2}3.30m	10-9¾	3/23
3	31	Mary CUSTODIO	FR	#16 Milligan (Tenn.)	2.50m	8-2½	3/23
4	37	Emelia ASKEW	SO	#13 Brenau (Ga.)	2.39m	7-10	3/23
5	39	Katlin GOULD	FR	#13 Brenau (Ga.)	{2}2.33m	7-7¾	3/16
5	39	Kamryn CHAMBLISS	SO	#13 Brenau (Ga.)	{2}2.33m	7-7¾	3/16
5	39	Cassidi JONES	JR	#13 Brenau (Ga.)	{2}2.33m	7-7¾	3/16

Women's Long Jump

1	1	Machaeda LINTON	SO	#2 William Carey (M	6.05m	19-10¼ (0.8	3/21
2	2	Myesha HALL	JR	#14 Truett-McConne	5.86m	19-2¾ (0.0)	3/2
3	3	Zaniyah WILSON	SO	#2 William Carey (M	{2}5.62m	18-5¼ (0.5)	3/21
3	3	Blessing SAMUEL	SO	#9 Cumberland (Tei	5.62m	18-5¼ (0.0)	3/23
5	7	Trinyty GREGORY	SO	#10 Columbia Intern.	5.54mw	18-2¼ (2.2)	3/23
6	9	Caitlyn O'BRIEN	SO	#17 Ave Maria (Fla.)	5.51mw	18-1 (3.3)	3/23
7	14	Selena JOHNSON	SR	#15 Warner (Fla.)	5.45m	17-10¾ (1.4	3/23
8	19	Jessica GAKERI	JR	#3 Montreat (N.C.)	5.38m	17-8 (0.9)	3/23
9	20	Jordyn MINOR	FR	#5 Loyola (La.)	5.37m	17-7½ (1.4)	3/16
10	36	Adrianna GULLETTE	JR	#3 Montreat (N.C.)	{2}5.12m	16-9¾ (0.0)	3/23

Women's Triple Jump

1	1	Fegor CLIFFORD	SR	#2 William Carey (M	12.39m	40-7¾ (0.9)	3/21
2	2	Machaeda LINTON	SO	#2 William Carey (M	{2}12.34m	40-6 (1.4)	3/21
3	4	Blessing SAMUEL	SO	#9 Cumberland (Tei	11.87m	38-11½ (-2.	3/23
4	5	Mackenzie PRINGLE	FR	#11 Columbia (S.C.)	11.84m	38-10¼ (0.0	3/23
5	7	Selena JOHNSON	SR	#15 Warner (Fla.)	11.64m	38-2¼ (-0.1)	3/23
6	9	Zaniyah WILSON	SO	#2 William Carey (M	{3}11.51m	37-9¼ (1.2)	3/21
7	10	Yasmine RODGERS	FR	#12 Keiser (Fla.)	11.49m	37-8½ (0.8)	3/23
8	13	Jayda LOWE	JR	Voorhees (S.C.)	11.36m	37-3¼ (1.0)	3/23
9	16	Jessica GAKERI	JR	#3 Montreat (N.C.)	11.05m	36-3 (-1.0)	3/23
10	20	Lamoy DUFFUS	JR	#20 Talladega (Ala.)	10.92m	35-10 (1.3)	3/21

Women's Shot Put

1	1	Daveina WATSON	JR	#9 Cumberland (Tei	15.22m	49-11¼	3/23
2	17	Julia SCHARNELL	FR	#12 Keiser (Fla.)	12.41m	40-8¾	3/23
3	18	Darci DAWSON	JR	#11 Columbia (S.C.)	12.29m	40-4	3/23
4	21	Toynelle MING	SR	#6 St. Thomas (Fla.)	12.19m	40-0	3/16
5	25	Renee ANDERSON	FR	#5 Loyola (La.)	12.04m	39-6	3/16
6	32	Diamond ATKINS	SR	#8 Life (Ga.)	11.80m	38-8¾	3/23
7	34	Bryana BAZILE	SR	#5 Loyola (La.)	{2}11.79m	38-8¼	3/23
8	37	MarieAnge MOUSSIGNAC	SO	#1 Southeastern (Fl	11.63m	38-2	3/16
9	49	Katelyn MENDOZA	FR	#8 Life (Ga.)	{2}11.36m	37-3¼	3/23
10	51	Elise ADAMS	SR	#4 Xavier (La.)	11.17m	36-7¾	3/9

Women's Discus

1	7	Bryana BAZILE	SR	#5 Loyola (La.)	41.98m	137-9	3/23
2	19	Toynelle MING	SR	#6 St. Thomas (Fla.)	38.88m	127-7	3/23
3	23	Marquia WHITE	SO	#21 Reinhardt (Ga.)	38.76m	127-2	3/23
4	25	Darci DAWSON	JR	#11 Columbia (S.C.)	37.95m	124-6	3/16
5	31	YaNelli DAWKINS	FR	#8 Life (Ga.)	37.27m	122-4	3/23
6	37	Eve D'ANTIGNAC		#19 SCAD Atlanta (Ga	36.95m	121-3	3/23
7	39	Ryeyauni BUSH	SO	#23 Florida Memoria	36.92m	121-2	3/23
8	40	Diamond ATKINS	SR	#8 Life (Ga.)	{2}36.89m	121-1	3/23
9	52	Acoya HUNT	JR	#10 Columbia Intern.	35.51m	116-6	3/23
10	60	Elise ADAMS	SR	#4 Xavier (La.)	34.40m	112-11	3/16

Women's Hammer

1	1	Jennifer BATU	SR	#8 Life (Ga.)	57.02m	187-1	3/23
2	16	Sophiat OMIZI	JR	#9 Cumberland (Tei	46.63m	153-0	3/23
3	19	Dazanni HINTON	SR	#10 Columbia Intern.	46.23m	151-8	3/23
4	26	Diamond ATKINS	SR	#8 Life (Ga.)	{2}45.02m	147-9	3/23
5	36	Coral CURRY	FR	#10 Columbia Intern.	{2}42.59m	139-9	3/9
6	46	Bryana BAZILE	SR	#5 Loyola (La.)	41.01m	134-7	3/16
7	48	Doreshia MCALLISTER	FR	#11 Columbia (S.C.)	40.72m	133-7	3/16
8	55	Darci DAWSON	JR	#11 Columbia (S.C.)	{2}40.00m	131-3	3/23
9	58	Kloey PICKENS	JR	#10 Columbia Intern.	{3}39.50m	129-7	3/9
10	65	Hannah Grace SPARKS	JR	#10 Columbia Intern.	{4}38.68m	126-11	3/23

Women's Javelin

1	3	Katilyn BABB	SR	#14 Truett-McConne	40.70m	133-7	3/23
2	4	Davanna COLLIE	SO	#6 St. Thomas (Fla.)	40.51m	132-11	3/16
3	6	Rian BOUB	JR	#6 St. Thomas (Fla.)	{2}39.44m	129-5	3/23
4	7	Ellie EMERSON	SO	#15 Warner (Fla.)	38.42m	126-1	3/23
5	14	Avery BRINCAT	FR	#1 Southeastern (Fl	37.39m	122-8	3/23
6	15	Abigail CRUZ	SO	#21 Reinhardt (Ga.)	37.20m	122-1	3/16
7	22	Emma BARNES	SO	#3 Montreat (N.C.)	35.97m	118-0	3/2
8	31	Megan JUDGE	JR	#8 Life (Ga.)	34.62m	113-7	3/23
9	38	Emma TERRY	SO	#1 Southeastern (Fl	{2}33.51m	109-11	3/23
10	50	Grace JONES	JR	#14 Truett-McConne	{2}30.80m	101-1	3/23

Women's Heptathlon

1	4	Emma BARNES	SO	#3 Montreat (N.C.)	3,723		3/16
2	7	Madison ROOKER	SO	#18 Tennessee Wesle	3,480		3/23
3	11	Caley ESSIE	SR	#18 Tennessee Wesle	{2}2,545		3/23
4	13	Abigail GENTRY	FR	#13 Brenau (Ga.)	902		3/23



Regional TFRI Event Summary



South Central

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Women's 100 Meters

1	3	Gretchen RANEY	JR	#4 Saint Mary (Kan.)	11.85	(2.0)	3/16
2	7	Jaelynn WILLIAMS	JR	#7 Texas Wesleyan	12.03	(-0.8)	3/23
3	15	Malaisha CARTWRIGHT	SR	#22 UNT Dallas	12.22w	(2.7)	3/23
4	18	Shannon MILLS	FR	#16 Wiley (Texas)	12.28	(0.4)	3/16
5	21	Larrisa MCHENRY	JR	#1 Our Lady of the L	12.34w	(2.3)	3/3
5	21	Jordyn WEEMS	JR	#6 Ottawa (Kan.)	12.34	(2.0)	3/16
7	24	Samantha COLSON	JR	#4 Saint Mary (Kan.) {2}	12.37	(2.0)	3/16
8	29	Morgan LILLY		#12 Evangel (Mo.)	12.46	(2.0)	3/16
9	32	Lexi WARDLOW	SR	#4 Saint Mary (Kan.) {3}	12.51	(2.0)	3/16
10	46	Asia SMITH	FR	#16 Wiley (Texas) {2}	12.60	(0.4)	3/16

Women's 100 Meter Hurdles

1	3	Kailey JOHNSON	SR	#2 Central Methodi	14.38	(1.9)	3/16
2	7	JayOnna PERRY	SO	#6 Ottawa (Kan.)	14.54	(1.1)	3/16
3	9	Aziza CLARK	FR	#1 Our Lady of the L	14.64w	(2.7)	3/16
4	10	Renee FINKE	JR	#2 Central Methodi {2}	14.68w	(2.8)	3/23
5	16	Lori TURNER	FR	#1 Our Lady of the L {2}	14.97w	(2.6)	3/16
6	22	Moriah SHAW	JR	#8 Friends (Kan.)	15.19w	(2.1)	3/23
7	23	Irian PADULLES	JR	#8 Friends (Kan.) {2}	15.24c	(15.20A) (1.	3/16
8	27	Lidia DILOLO	FR	#8 Friends (Kan.) {3}	15.37c	(15.33A) (1.	3/16
9	30	Taylor WASHINGTON	SO	#21 St. Louis Pharma	15.47	(1.9)	3/16
10	34	Shannon O'NEIL	SO	#15 Culver-Stockton	15.55	(2.0)	3/23

Women's 200 Meters

1	10	Jaelynn WILLIAMS	JR	#7 Texas Wesleyan	24.84w	(2.6)	3/23
2	11	Gretchen RANEY	JR	#4 Saint Mary (Kan.)	24.87w	(3.6)	3/16
3	23	Jordyn WEEMS	JR	#6 Ottawa (Kan.)	25.28w	(3.6)	3/16
4	25	Shelby BIRMINGHAM	SR	#11 Park (Mo.)	25.32	(0.9)	3/16
5	27	Jazmyne WHITE	FR	#20 Huston-Tillotson	25.35w	(3.2)	3/9
6	30	Savannah LEWIS	JR	#17 Saint Mary-of-th	25.47	(1.3)	3/16
7	32	Malaisha CARTWRIGHT	SR	#22 UNT Dallas	25.66w	(3.4)	3/23
8	34	Daizy SOLIR	JR	#5 MidAmerica Naz	25.71	(1.5)	3/23
9	35	Jadae FREEMAN	FR	#1 Our Lady of the L	25.73	(-1.2)	3/23
10	39	Larrisa MCHENRY	JR	#1 Our Lady of the L {2}	25.82	(1.7)	3/3

Women's 400 Meters

1	5	Darly CAMILO-MONTENEG	SR	#2 Central Methodi	56.80		3/23
2	16	Alexandria SEGURA	JR	#1 Our Lady of the L	58.91		3/23
3	17	Aziza CLARK	FR	#1 Our Lady of the L {2}	59.22		3/23
4	18	Chaleica BOOKER	FR	#20 Huston-Tillotson	59.36		3/16
5	19	Tara MADRID	FR	#1 Our Lady of the L {3}	59.45		3/23
6	20	Lasharia GORDON	JR	#7 Texas Wesleyan	59.46		3/23
7	22	Lakin ESSEX	FR	#5 MidAmerica Naz	59.50		3/23
8	31	Angela WARD	FR	#18 Missouri Baptist	1:00.30		3/23
9	37	Yanira DEANA PANINKA	SO	#2 Central Methodi {2}	1:00.53		3/16
10	44	Daizy SOLIR	JR	#5 MidAmerica Naz {2}	1:01.13		3/23

Women's 400 Meter Hurdles

1	3	JayOnna PERRY	SO	#6 Ottawa (Kan.)	1:01.48		3/16
2	4	Aziza CLARK	FR	#1 Our Lady of the L	1:01.88		3/16
3	5	Alison AMBUUL	JR	#3 Benedictine (Kar	1:02.48		3/16
4	8	Yanira DEANA PANINKA	SO	#2 Central Methodi	1:04.53		3/23
5	11	Lori TURNER	FR	#1 Our Lady of the L {2}	1:05.02		3/23
6	12	Shannon O'NEIL	SO	#15 Culver-Stockton	1:05.04		3/23
7	13	Cayna LOVE	JR	#3 Benedictine (Kar {2}	1:05.31		3/23
8	27	Myleiah GUY	FR	#1 Our Lady of the L {3}	1:07.57		3/16
9	37	Abigail GOOD	SR	#12 Evangel (Mo.)	1:09.48		3/16
10	42	Federica GAMMAROTA	SO	#19 Missouri Valley	1:09.67		3/23

Women's 800 Meters

1	7	Madison PEREZ	FR	#1 Our Lady of the L	2:16.42		3/23
2	11	Sanai ROBINSON	FR	#1 Our Lady of the L {2}	2:17.65		3/16
3	12	Ashlei MCDONALD	SO	#7 Texas Wesleyan	2:17.74		3/23
4	14	Madisyn EHRlich	SO	#14 Kansas Wesleyan	2:18.36		3/23
5	15	Danielle ALLISON	SR	#9 Tabor (Kan.)	2:18.66		3/23
6	18	Brooke WIEBE	JR	#9 Tabor (Kan.) {2}	2:19.11		3/23
7	19	Carlie GREGG	SR	#4 Saint Mary (Kan.)	2:19.61		3/16
8	21	Jaymee YELTON	JR	#20 Huston-Tillotson	2:19.76		3/9
9	23	Sonya ZIMMERMAN	JR	#9 Tabor (Kan.) {3}	2:20.36		3/23
10	25	Mia ROMAN	JR	Bethel (Kan.)	2:20.56		3/23

Women's 1500 Meters

1	8	Madisyn EHRlich	SO	#14 Kansas Wesleyan	4:41.11		3/16
2	11	Ashlei MCDONALD	SO	#7 Texas Wesleyan	4:44.41		3/23
3	12	Reagan HIEBERT	SR	#4 Saint Mary (Kan.)	4:44.63		3/16
4	16	Maddy WALTER-SHERRETTS	SR	#4 Saint Mary (Kan.) {2}	4:46.72		3/16
5	18	Brooke WIEBE	JR	#9 Tabor (Kan.)	4:47.43		3/16
6	22	Josie TYRRELL	FR	#4 Saint Mary (Kan.) {3}	4:48.74		3/16
7	24	Kristen TORRES	FR	#1 Our Lady of the L	4:48.99		3/23
8	25	Danielle ALLISON	SR	#9 Tabor (Kan.) {2}	4:49.26		3/16
9	32	Sonya ZIMMERMAN	JR	#9 Tabor (Kan.) {3}	4:50.61		3/16
10	34	Antonina JACKOWIAK	FR	#8 Friends (Kan.)	4:50.92		3/16

Women's 5000 Meters

1	3	Kate MADSEN	JR	#4 Saint Mary (Kan.)	17:32.56		3/16
2	6	Aubrey BAHNER	JR	#9 Tabor (Kan.)	17:37.25		3/16
3	11	Mekayla GIBSON	JR	#13 William Woods (I	17:55.45		3/16
4	15	Hannah SHOWALTER	SR	#4 Saint Mary (Kan.) {2}	18:00.91		3/16
5	17	Natasha ORTIZ	SR	#3 Benedictine (Kar	18:06.03		3/16
6	19	Ashlei MCDONALD	SO	#7 Texas Wesleyan	18:09.90		3/16
7	20	Shannen DORN	JR	#4 Saint Mary (Kan.) {3}	18:15.66		3/16
8	32	Monse GUERRERO-CHAPULA	JR	#4 Saint Mary (Kan.) {4}	18:43.77		3/16
9	33	Catherine AARON	SO	#3 Benedictine (Kar {2}	18:47.05		3/16
10	34	Hailey GERARD	SO	#13 William Woods (I {2}	18:48.93		3/16



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South Central

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Women's 4x100 Relay

1	4	Kamdyn Burgess, Jadae Freeman, Autumn Roberts, Larrisa Mchenry	#1 Our Lady of the L	47.42	3/23
2	6	Zaira Spencer, Samantha Colson, Lexi Wardlow, Gretchen Raney	#4 Saint Mary (Kan.	47.84	3/16
3	7	Jaelynn Williams, Lasharia Gordon, Kenna Conner, Kayla Wildy	#7 Texas Wesleyan	47.98	3/23
4	10	Hannah Mand, Shelby Birmingham, Grace Pearson, Mya Charles	#11 Park (Mo.)	48.74	3/16
5	13	Arianna Maddock, Madison Inman, McKenzie Robbins, Morgan Lilly	#12 Evangel (Mo.)	49.11	3/16
6	17	Kiana Johnson, Zanajah Nelloms, Tamara Beasley, Aryah Norwood	Jarvis Christian (	49.91	3/16
7	21	Asia Smith, Shannon Mills, Kaiden Taylor, LaDija Thomas	#16 Wiley (Texas)	50.06	3/16
8	22	Alison Ambuul, Ashlynn Triplett, Cayna Love, Addisynn Riley	#3 Benedictine (Kar	50.13	3/16
9	24	Madison Dixon, Hallee Wengert, Saylor Richardson, Nia Hawkins	#13 William Woods (I	50.39	3/16
10	27	Jaci Stone, Savannah Lewis, Diamond Bryant, Hope McGuire	#17 Saint Mary-of-th	50.78	3/16

Women's 4x400 Relay

1	6	Myleiah Guy, Tara Madrid, Alexandria Segura, Madison Walker	#1 Our Lady of the L	4:00.00	3/23
2	8	Alison Ambuul, Brynna Gormley, Cayna Love, Antonia Smith	#3 Benedictine (Kar	4:03.27	3/23
3	17	Yanira Deana Paninka, Kailey Johnson, Parys Smith, Carter Hawkins	#2 Central Methodi:	4:13.35	3/16
4	19	Rachel Hargis, Taylor Yoder, Kierstin Maddox, Caleigh Huot	#10 Columbia (Mo.)	4:13.53	3/23
5	22	Brionna Floyd, Joni Schroeder, Madisyn Ehrlich, Shelby Lingle	#14 Kansas Wesleyar	4:17.16	3/23
6	30	Malia Carmack, Delaney Straus, Morgan Keith, Caroline Lindsey	#15 Culver-Stockton	4:28.78	3/23
7	31	Emily Lechuga, Choize Hysten, Federica Gammarota, Ahnesty Shurme	#19 Missouri Valley	4:29.92	3/16
8	33	Saylor Richardson, Hailey Gerard, Crystal Ruden, Mekayla Gibson	#13 William Woods (I	4:31.84	3/23
9	37	Yanibah Begay, Aysa Benally, Liani Coon, Neena Lasley	#25 Haskell	4:55.54	3/23

Women's 4x800 Relay

1	4	Maddy Walter- Sherretts, Carlie Gregg, Carly Holadia, Abigail White	#4 Saint Mary (Kan.	9:31.42	3/16
2	6	Danielle Allison, Brooke Wiebe, Hannah Grover, Sonya Zimmerman	#9 Tabor (Kan.)	9:35.70	3/16
3	9	Gemma Downey, Helen Ullrich, Emilie Nelson, Josie Jansen	#3 Benedictine (Kar	10:02.01	3/16
4	12	Tiajhae Nez, Bailey Mike, Jayme Morris, Kaydence Platero	#25 Haskell	10:47.05	3/23
5	13	Hannah Mand, Destiny Pearson, Adison Hayden, Jasmin Klaunig	#11 Park (Mo.)	11:08.83	3/16
6	14	Delaney Straus, Malia Carmack, Morgan Keith, Zoi Smith	#15 Culver-Stockton	11:18.42	3/16



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South Central

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Women's High Jump

1	1	Renee FINKE	JR	#2 Central Methodist	1.68m	5-6	3/23
2	3	Delaney MILLER	SR	#2 Central Methodist	1.65m	5-5	3/23
3	9	Mia FRANCIS	FR	#1 Our Lady of the L	1.62m	5-3¾	3/3
4	16	Chioma OBI	FR	#7 Texas Wesleyan	1.58m	5-2¼	3/23
5	19	Leah CHANETTE	FR	#1 Our Lady of the L	1.57m	5-1¾	3/3
6	21	Taylor WASHINGTON	SO	#21 St. Louis Pharma	1.55m	5-1	3/16
6	21	Taryn ST. CLAIR	FR	#5 MidAmerica Naz	1.55m	5-1	3/23
6	21	Carly LINDENMEYER	SR	#5 MidAmerica Naz	1.55m	5-1	3/23
6	21	Maria CONNEALY	FR	#3 Benedictine (Kar	1.55m	5-1	3/16
10	35	Jah-Nisha CAMPBELL	FR	#6 Ottawa (Kan.)	1.52m	4-11¾	3/23

Women's Pole Vault

1	1	Krislynn BAILEY	SR	#17 Saint Mary-of-th	3.65m	11-11¾	3/16
2	12	Alaina SCOTT	JR	#18 Missouri Baptist	3.25m	10-8	3/23
3	14	Abby BEETS		#12 Evangel (Mo.)	3.18m	10-5¼	3/16
4	19	Naomi WELSH	FR	#3 Benedictine (Kar	2.90m	9-6¼	3/16
5	22	Kinlie JUDD	FR	#15 Culver-Stockton	2.75m	9-¼	3/16
5	22	Samantha ROSGA	SO	#3 Benedictine (Kar	2.75m	9-¼	3/16
5	22	Amara REICHERT	SR	#2 Central Methodist	2.75m	9-¼	3/16
8	27	Ashley GROTHAUS	JR	#18 Missouri Baptist	2.60m	8-6¼	3/23
8	27	Ashley STRODE	SO	#13 William Woods (I	2.60m	8-6¼	3/23
10	30	Ashley COCKRAM	JR	Southwestern (K	2.52m	8-3¼	3/23

Women's Long Jump

1	5	Chante MATTHEWS	JR	#1 Our Lady of the L	5.59mw	18-4¼ (3.5)	3/23
2	11	Na'Zariah JAMES	FR	#2 Central Methodist	5.47m	17-11½ (1.1)	3/16
3	12	LaShae SMITH	JR	#5 MidAmerica Naz	5.46m	17-11 (0.0)	3/23
4	14	Jordyn WEEMS	JR	#6 Ottawa (Kan.)	5.45mw	17-10¾ (3.2)	3/16
5	16	Meeyesha TUTT-MOOTOUO	SO	#16 Wiley (Texas)	5.44mw	17-10¼ (2.9)	3/9
6	23	Carly LINDENMEYER	SR	#5 MidAmerica Naz	5.33m	17-6 (1.4)	3/23
7	24	Reanna GREEN	JR	#5 MidAmerica Naz	5.32m	17-5½ (0.0)	3/23
8	27	Nia HAWKINS		#13 William Woods (I	5.29m	17-4¼ (1.4)	3/16
9	31	Lilian MERRICK		#12 Evangel (Mo.)	5.22m	17-1½ (1.7)	3/16
10	32	Dawn MCINTYRE	SO	#11 Park (Mo.)	5.21mw	17-1¼ (2.6)	3/16

Women's Triple Jump

1	8	Anya WALTON	SR	#8 Friends (Kan.)	11.59mw	38-¼ (3.6)	3/16
2	12	Chante MATTHEWS	JR	#1 Our Lady of the L	11.38m	37-4 (-1.8)	3/23
3	14	Na'Zariah JAMES	FR	#2 Central Methodist	11.26m	36-11½ (1.5)	3/16
3	14	Hayley LOEWEN	SO	#5 MidAmerica Naz	11.26m	36-11½ (0.5)	3/23
5	17	Aneesa SHEPPARD	FR	#8 Friends (Kan.)	11.02mw	36-2 (2.9)	3/16
6	18	Janiyah BROWN	FR	#2 Central Methodist	10.97m	36-0 (0.2)	3/23
7	21	Victoria SWEENEY	JR	#1 Our Lady of the L	10.87m	35-8 (0.3)	3/23
8	22	Jada PEREZ	FR	#8 Friends (Kan.)	10.73m	35-2½ (1.9)	3/16
9	27	Carissa MARTIN	SO	#4 Saint Mary (Kan.	10.61m	34-9¾ (0.7)	3/16
10	28	Madeline BURTON	JR	#10 Columbia (Mo.)	10.60m	34-9½ (0.0)	3/23
10	28	Kyla DEYON	FR	#16 Wiley (Texas)	10.60mw	34-9½ (4.0)	3/9

Women's Shot Put

1	9	Baylee BEARD	SO	#2 Central Methodist	12.99m	42-7½	3/23
2	11	Victoria LOTZ	JR	#5 MidAmerica Naz	12.77m	41-10¾	3/23
3	13	Victoria URBANCYZK	FR	#1 Our Lady of the L	12.57m	41-3	3/16
4	14	Jeanette WOEHRL	SR	#10 Columbia (Mo.)	12.54m	41-1¾	3/23
4	14	Kaylyn POWERS	JR	#24 Hannibal-LaGrar	12.54m	41-1¾	3/16
6	16	Elizabeth STOUT	SO	#14 Kansas Wesleyan	12.45m	40-10¼	3/23
7	19	Karli WOLFE	SR	#2 Central Methodist	12.28m	40-3½	3/16
8	22	Anshika ROUTRAY	FR	#7 Texas Wesleyan	12.16m	39-10¾	3/16
9	28	Deja DELAINE	SR	#6 Ottawa (Kan.)	11.96m	39-3	3/16
10	37	Paula ROMERO RODRIGUEZ	JR	#19 Missouri Valley	11.63m	38-2	3/23

Women's Discus

1	5	Deja DELAINE	SR	#6 Ottawa (Kan.)	43.36m	142-3	3/16
2	6	Victoria LOTZ	JR	#5 MidAmerica Naz	43.04m	141-3	3/23
3	13	Kali BROWN	SO	#2 Central Methodist	39.52m	129-8	3/23
4	14	Colbie FAIRLEY	SR	#23 Baker (Kan.)	39.49m	129-7	3/16
5	15	Karli WOLFE	SR	#2 Central Methodist	39.35m	129-1	3/16
6	21	Jeanette WOEHRL	SR	#10 Columbia (Mo.)	38.77m	127-3	3/23
7	24	Kaitlyn HATFIELD	FR	#10 Columbia (Mo.)	38.09m	125-0	3/23
8	29	Alyssa HALL	JR	#3 Benedictine (Kar	37.56m	123-3	3/23
9	35	Kaylyn POWERS	JR	#24 Hannibal-LaGrar	36.99m	121-4	3/16
10	43	Victoria OLIVAREZ	SR	#2 Central Methodist	36.53m	119-10	3/16

Women's Hammer

1	3	Baylee BEARD	SO	#2 Central Methodist	53.86m	176-9	3/23
2	5	Karli WOLFE	SR	#2 Central Methodist	50.94m	167-2	3/23
3	8	Abby GREEN	SO	#8 Friends (Kan.)	49.22m	161-6	3/16
4	10	Naiyah LANDRUM	SR	#11 Park (Mo.)	48.47m	159-0	3/16
5	15	Deja DELAINE	SR	#6 Ottawa (Kan.)	47.05m	154-5	3/23
6	20	Paula ROMERO RODRIGUEZ	JR	#19 Missouri Valley	45.80m	150-3	3/23
7	25	Kennise ANDERSON	SR	#11 Park (Mo.)	45.10m	148-0	3/16
8	32	Alyssa HALL	JR	#3 Benedictine (Kar	43.34m	142-2	3/23
9	33	Kali BROWN	SO	#2 Central Methodist	43.23m	141-10	3/16
10	38	Kaylyn POWERS	JR	#24 Hannibal-LaGrar	42.52m	139-6	3/16

Women's Javelin

1	2	Laurel BARBER	SR	#5 MidAmerica Naz	40.98m	134-6	3/23
2	8	Natalie THOMAS	SR	#13 William Woods (I	38.32m	125-9	3/23
3	11	Grace GODARD	JR	#3 Benedictine (Kar	38.08m	124-11	3/23
4	25	Allison THOMAS		#12 Evangel (Mo.)	35.38m	116-1	3/16
5	26	Victoria SWEENEY	JR	#1 Our Lady of the L	35.21m	115-6	3/23
6	27	Evelyn ROLAND	JR	#10 Columbia (Mo.)	35.04m	115-0	3/23
7	28	Mary WHITESIDE	FR	#3 Benedictine (Kar	34.95m	114-8	3/23
8	39	Nora POWERS	FR	#5 MidAmerica Naz	33.34m	109-5	3/23
9	42	Madison MITTAG	SR	Williams Baptist	32.03m	105-1	3/2
10	43	Emma LAWSON	FR	#18 Missouri Baptist	31.86m	104-7	3/23



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West

as of 3/25/2024 4:34:21 PM ET

Women's 100 Meters

1	2	Trinity MONTGOMERY	FR	#8 Multnomah (Ore	11.81	(1.1)	3/16
2	9	Hanna SOBKOWICH	JR	#15 British Columbia	12.06	(-0.1)	3/16
3	12	Jordyn BURKE	JR	#1 Vanguard (Calif.)	12.17	(1.4)	3/16
4	14	Elizabeth BETTEN	SO	#1 Vanguard (Calif.) {2}	12.20	(1.6)	3/16
5	17	Brooke DALGITY	JR	#1 Vanguard (Calif.) {3}	12.27	(1.4)	3/16
6	27	Karina DEYOUNG	FR	#4 Eastern Oregon	12.39	(0.8)	3/16
7	28	Tanya DHOANA		#15 British Columbia {2}	12.45	(-0.1)	3/16
8	30	Charlotte BOWMAN	JR	#3 College of Idaho	12.47	(-0.3)	3/22
9	41	Kayly GUTHRIE	JR	#8 Multnomah (Ore) {2}	12.58	(-0.4)	3/23
9	41	Katie BROWN	JR	#4 Eastern Oregon {2}	12.58	(1.1)	3/16

Women's 100 Meter Hurdles

1	4	Madigan KELLY	JR	#5 Lewis-Clark Stat	14.42	(1.2)	3/23
2	15	Charlize DAVIS	FR	#9 Rocky Mountain	14.95	(0.0)	3/16
3	16	Erica WASEQ	SO	#6 Jessup (Calif.)	14.97	(1.1)	3/16
4	18	Penelopi LEACH	JR	#1 Vanguard (Calif.)	15.00w	(3.0)	3/16
5	27	Ally ODELL	SO	#14 Oregon Tech	15.37	(1.2)	3/23
6	29	Lizzy GRANDLE	SO	#4 Eastern Oregon	15.43	(0.6)	3/16
7	31	Abi STEVENS	JR	#7 Southern Oregon	15.48	(-0.2)	3/9
8	32	Skotlyn HILL	JR	#4 Eastern Oregon {2}	15.54	(0.6)	3/16
9	37	Karli BEDARD	SR	#4 Eastern Oregon {3}	15.69	(0.6)	3/16
10	39	Sydney PECK	SO	#4 Eastern Oregon {4}	15.71	(0.6)	3/16

Women's 200 Meters

1	3	Eryn BURKE	JR	#1 Vanguard (Calif.)	24.28w	(2.5)	3/16
2	4	Trinity MONTGOMERY	FR	#8 Multnomah (Ore	24.34	(1.2)	3/16
3	6	Brooke DALGITY	JR	#1 Vanguard (Calif.) {2}	24.63w	(2.5)	3/16
4	8	Elizabeth BETTEN	SO	#1 Vanguard (Calif.) {3}	24.66w	(2.5)	3/16
5	15	Jordyn BURKE	JR	#1 Vanguard (Calif.) {4}	25.03w	(2.5)	3/16
6	18	Hanna SOBKOWICH	JR	#15 British Columbia	25.11	(-0.9)	3/16
7	45	Charlotte BOWMAN	JR	#3 College of Idaho	25.90	(-0.3)	3/22
8	48	Katie BROWN	JR	#4 Eastern Oregon	25.98	(1.2)	3/16
9	49	Jane FREEMAN	JR	#1 Vanguard (Calif.) {5}	25.99w	(2.1)	3/16
10	54	Taylor JOYCE	FR	#4 Eastern Oregon {2}	26.07	(1.2)	3/16

Women's 400 Meters

1	1	Eryn BURKE	JR	#1 Vanguard (Calif.)	55.39		3/16
2	3	Brooke DALGITY	JR	#1 Vanguard (Calif.) {2}	55.62		3/9
3	12	Elizabeth BETTEN	SO	#1 Vanguard (Calif.) {3}	58.01		2/15
4	13	Emily COLLINS	SO	#5 Lewis-Clark Stat	58.09		3/16
5	23	Juliette COLUNGA	FR	#2 The Master's (Ca	59.51		2/15
5	23	Maya PEARCY	FR	#9 Rocky Mountain	59.51		3/16
7	26	Mia CAMERON		#15 British Columbia	59.66		3/16
8	30	Jane FREEMAN	JR	#1 Vanguard (Calif.) {4}	1:00.26		3/16
9	32	Anika GROGAN	SR	#5 Lewis-Clark Stat {2}	1:00.46		3/23
9	32	Jenna HILLMAN	SO	#9 Rocky Mountain {2}	1:00.46		3/16

Women's 400 Meter Hurdles

1	6	Madigan KELLY	JR	#5 Lewis-Clark Stat	1:03.22		3/16
2	14	Skotlyn HILL	JR	#4 Eastern Oregon	1:05.36		3/16
3	15	India ORTIZ	SO	#7 Southern Oregon	1:05.52		3/16
4	17	Sara HATHAWAY	SR	#5 Lewis-Clark Stat {2}	1:05.86		3/23
5	26	Sydney PECK	SO	#4 Eastern Oregon {2}	1:07.47		3/16
6	31	Gracie FREUDENTHAL	JR	#7 Southern Oregon {2}	1:08.11		3/16
7	32	Rylee HERBSTTRITT	FR	#10 Carroll (Mont.)	1:08.15c	(1:08.04A)	3/22
8	35	Sierra JANIKOWSKI	SR	#11 Bushnell (Ore.)	1:09.03		3/23
9	40	Eva WAGONER		#10 Carroll (Mont.) {2}	1:09.52c	(1:09.41A)	3/22
10	45	Jade ROBERTS	JR	#16 Arizona Christian	1:10.22		3/16

Women's 800 Meters

1	1	Ellen PALMGREN	SR	#2 The Master's (Ca	2:09.80		3/9
2	2	Suzie JOHNSON	SO	#2 The Master's (Ca {2}	2:10.93		3/9
3	6	Geraldin CORREA	SR	#5 Lewis-Clark Stat	2:15.89		3/16
4	9	Kate BARANSKI	JR	#1 Vanguard (Calif.)	2:17.13		3/16
5	16	Grace TIEGS	SO	#5 Lewis-Clark Stat {2}	2:18.81		3/23
6	17	Aubree WILLIAMS	FR	#5 Lewis-Clark Stat {3}	2:18.86		3/23
7	22	Rebekah NIEDNAGEL	SO	#2 The Master's (Ca {3}	2:19.96		3/16
8	32	Ariana RODRIGUEZ	JR	#1 Vanguard (Calif.) {2}	2:21.90		3/16
9	43	Madalen SHIPMAN	SO	#10 Carroll (Mont.)	2:23.21c	(2:23.62A)	3/22
10	48	Penelopi LEACH	JR	#1 Vanguard (Calif.) {3}	2:24.12		3/22

Women's 1500 Meters

1	1	Abbey SHIRTS	SR	#3 College of Idaho	4:28.44		3/22
2	2	Hannah FREDERICKS	JR	#2 The Master's (Ca	4:28.97		3/22
3	3	Suzie JOHNSON	SO	#2 The Master's (Ca {2}	4:32.86		3/22
4	4	Kate BARANSKI	JR	#1 Vanguard (Calif.)	4:38.62		3/16
5	6	Ellen PALMGREN	SR	#2 The Master's (Ca {3}	4:39.24		3/22
6	7	Rebekah NIEDNAGEL	SO	#2 The Master's (Ca {4}	4:39.31		3/22
7	9	Charlie DUFF	SR	#3 College of Idaho {2}	4:43.04		3/22
8	10	Brooklyn SHELL	SR	#5 Lewis-Clark Stat	4:43.92		3/23
9	19	Riley MORRIS	SO	#4 Eastern Oregon	4:47.72		3/16
10	20	Kallyn WILKINS	SO	#9 Rocky Mountain	4:48.05		3/16

Women's 5000 Meters

1	1	Hannah FREDERICKS	JR	#2 The Master's (Ca	17:06.57		3/9
2	2	Alauna CARSTENS	SO	#17 Evergreen State	17:11.81		3/23
3	9	Charlie DUFF	SR	#3 College of Idaho	17:45.71		3/22
4	10	Kate BARANSKI	JR	#1 Vanguard (Calif.)	17:49.61		3/9
5	13	Kahea FIGUEIRA	JR	#3 College of Idaho {2}	17:59.66		3/22
6	16	Alyssa LOVETT	SO	#2 The Master's (Ca {2}	18:01.21		3/16
7	22	Molly CONNOR	JR	#3 College of Idaho {3}	18:18.01		3/22
8	37	Alyssa PLANT	FR	#13 Montana Tech	18:51.29c	(19:06.23A)	3/22
9	43	Brooke CREGAN	SO	#2 The Master's (Ca {3}	18:58.00		3/9
10	47	Chloe OVERBERG	SO	#5 Lewis-Clark Stat	19:00.91		3/16

Women's 5000m Race Walk

1	6	Allie METHUM	JR	#2 The Master's (Ca	28:51.08		3/23
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Regional TFRI Event Summary



West

as of 3/25/2024 4:34:21 PM ET

Women's 4x100 Relay

1	9	Karina DeYoung, Sydney Peck, Katie Brown, Taylor Joyce	#4 Eastern Oregon	48.05	3/16
2	14	Erica Waseq, Paloma Baumert, Julissa Casillas, Eleanor Kania	#6 Jessup (Calif.)	49.12	3/16
3	15	Adrienne Mai, Macayla Parrish, Madeline Desemone, Sierra Janikowski	#11 Bushnell (Ore.)	49.63	3/16
4	20	Kristin Wemhoff, Addison Trent, Laken Wolf, Charlotte Bowman	#3 College of Idaho	50.04	3/22
5	25	Kendall Wahl, Kellan Wahl, Charelize Davis, Vaidyn Vanderploeg	#9 Rocky Mountain	50.60	3/16
6	29	Juliette Colunga, Oliva Prettyman, Kayli Lincoln, Ashleey Milton	#2 The Master's (Ca)	51.46	3/9
7	32	Jocelyn Odiott, Zoe Davidson, Kourtney Bruner, Jade Roberts	#16 Arizona Christiar	51.58	3/16
8	44	Corona Parker, Abigail Strickland, Iris Campesino, Nadya Miller	#17 Evergreen State	55.25	3/8

Women's 4x400 Relay

1	1	Elizabeth Betten, Eryn Burke, Brooke Dalgity, Ariana Rodriguez	#1 Vanguard (Calif.)	3:44.32	3/16
2	7	Rebekah Niednagel, Hannah Fredericks, Suzie Johnson, Ellen Palmgren	#2 The Master's (Ca)	4:01.33	3/16
3	9	Abbey Shirts, Kristin Wemhoff, Charlotte Bowman, Laken Wolf	#3 College of Idaho	4:03.50	3/22
4	13	India Ortiz, Sarah Mauk, Gracie Freudenthal, Abi Stevens	#7 Southern Oregon	4:09.19	3/9
5	14	Mayah Pappas, Madeline Desemone, Kaitlin Cook, Adrienne Mai	#11 Bushnell (Ore.)	4:10.20	3/16
6	21	Nardia Padilla, Maryam Sharif, Mallory Turner, Madison Turner	#18 Park (Ariz.)	4:15.21	3/23
7	23	Taylen Stinson, Lauren Rodacker, Kallyn Wilkins, Rylie Schoenfeld	#9 Rocky Mountain	4:18.11	3/16
8	24	#Type!	#12 Corban (Ore.)	4:19.40	3/21
9	25	Julissa Casillas, Paloma Baumert, Erica Waseq, Eleanor Kania	#6 Jessup (Calif.)	4:19.63	3/9
10	26	MaKenzie Sheils, Ellie Aron, Taleigh Adrian, Alyssa Jany	#13 Montana Tech	4:20.64	3/16

Women's 4x800 Relay

1	1	Rebekah Niednagel, Suzie Johnson, Ellen Palmgren, Hannah Fredericks	#2 The Master's (Ca)	9:10.70	3/23
2	3	Kate Baranski, Ariana Rodriguez, Penelopi Leach, Hannah Finch	#1 Vanguard (Calif.)	9:28.74	2/15

Women's High Jump

1	1	Kayla MORGAN	SO	#12 Corban (Ore.)	1.68m	5-6	3/16
2	3	Oliva PRETTYMAN	JR	#2 The Master's (Ca)	1.65m	5-5	2/15
2	3	Jennah CARPENTER	JR	#5 Lewis-Clark Stat	1.65m	5-5	3/23
2	3	Sarah PIMBLETT	SO	#15 British Columbia	1.65m	5-5	3/16
5	9	Abi STEVENS	JR	#7 Southern Oregon	1.62m	5-3¾	3/16
6	11	Adrienne WASHINGTON	SO	#4 Eastern Oregon	1.60m	5-3	3/16
6	11	Abby CLARK	JR	#13 Montana Tech	1.60m	5-3	3/22
8	16	Mallory TURNER	SO	#18 Park (Ariz.)	1.58m	5-2¼	3/16
9	19	Corona PARKER	JR	#17 Evergreen State	1.57m	5-1¾	3/2
10	21	Ally ODELL	SO	#14 Oregon Tech	1.55m	5-1	3/23
10	21	RACHEL PLY	FR	#16 Arizona Christiar	1.55m	5-1	2/2



USTFCCA NAIA Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, March 25



West

as of 3/25/2024 4:34:22 PM ET

Women's Pole Vault

1	1	Dakota MANECKE	SR	#9 Rocky Mountain	3.65m	11-11¾	3/16
2	3	Taylor JOYCE	FR	#4 Eastern Oregon	3.55m	11-7¾	3/16
3	4	Paloma BAUMERT	FR	#6 Jessup (Calif.)	3.50m	11-5¾	2/17
4	6	Mckenna ROGERS	FR	#16 Arizona Christiar	3.42m	11-2½	3/16
5	8	Chloe GALLAGHER	SR	#10 Carroll (Mont.)	3.40m	11-1¾	3/22
6	9	Katherine MARTINEZ	JR	#7 Southern Oregon	3.38m	11-1	3/9
7	19	Harlee GRANT	FR	#4 Eastern Oregon {2}	2.90m	9-6¼	3/16
8	21	Leah NASTRI	JR	#12 Corban (Ore.)	2.80m	9-2¼	3/16
9	27	Emberlynn MACK	SO	#5 Lewis-Clark Stat	2.60m	8-6¼	3/16
10	33	Johnna WADDELL	FR	#12 Corban (Ore.) {2}	2.48m	8-1½	3/9

Women's Long Jump

1	6	Abi STEVENS	JR	#7 Southern Oregon	5.57m	18-3¼ (0.0)	3/9
2	10	Jennah CARPENTER	JR	#5 Lewis-Clark Stat	5.48m	17-11¾ (1.1)	3/23
3	12	Princess BROWNE	JR	#8 Multnomah (Ore)	5.46m	17-11 (0.0)	3/16
4	16	Mayah PAPPAS	SR	#11 Bushnell (Ore.)	5.44m	17-10¼ (1.0)	3/9
5	18	Sydney ZYWINA	JR	#5 Lewis-Clark Stat {2}	5.39m	17-8¼ (-0.3)	3/23
6	22	Brooke WIRKALA	SO	#9 Rocky Mountain	5.34m	17-6¼ (0.9)	3/16
7	26	Addison TRENT	SO	#3 College of Idaho	5.30m	17-4¾ (0.0)	3/22
8	30	MaKenzie SHEILS	FR	#13 Montana Tech	5.23m	17-2 (0.0)	3/16
9	32	Jordyn BURKE	JR	#1 Vanguard (Calif.)	5.21m	17-1¼ (0.7)	3/9
10	40	Brittany COLEMAN	SR	#8 Multnomah (Ore) {2}	5.08m	16-8 (0.0)	3/16

Women's Triple Jump

1	3	Brittany COLEMAN	SR	#8 Multnomah (Ore)	11.88m	38-11¾ (0.8)	3/16
2	11	Princess BROWNE	JR	#8 Multnomah (Ore) {2}	11.43m	37-6 (0.0)	3/16
3	19	Sienna BAUER	SR	#7 Southern Oregon	10.95mw	35-11¼ (2.4)	3/16
4	36	Kendall WAHL	FR	#9 Rocky Mountain	10.43m	34-2¾ (1.3)	3/16
5	38	Julia PISENTI	FR	#6 Jessup (Calif.)	10.32mw	33-10¼ (2.6)	3/2
5	38	Kayli LINCOLN	FR	#2 The Master's (Ca	10.32m	33-10¼ (1.5)	3/16
7	41	Sophie LOVELESS	SR	#10 Carroll (Mont.)	10.26m	33-8 (-0.1)	3/22
8	42	Faith PALMER	JR	#11 Bushnell (Ore.)	10.25m	33-7½ (0.8)	3/16
9	49	Ashlee MILTON	SO	#2 The Master's (Ca {2}	10.02mw	32-10½ (2.2)	2/15
10	52	Kassidy CHAMBERLIN	SO	#8 Multnomah (Ore) {3}	9.93m	32-7 (0.0)	3/16

Women's Shot Put

1	7	Julia PISENTI	FR	#6 Jessup (Calif.)	13.16m	43-2¼	3/9
2	8	Taylor DURFEY	SO	#3 College of Idaho	13.14m	43-1½	3/22
3	12	Jessica PEDRETTI	JR	#6 Jessup (Calif.) {2}	12.68m	41-7¼	3/9
4	19	Jaelah BUTLER	JR	#1 Vanguard (Calif.)	12.28m	40-3½	3/9
5	23	Libby MATHIS	JR	#11 Bushnell (Ore.)	12.12m	39-9¼	3/9
6	24	Soa MOLIGA	FR	#3 College of Idaho {2}	12.09m	39-8	3/22
7	30	Lizzy GRANDLE	SO	#4 Eastern Oregon	11.89m	39-¼	3/16
8	42	Haylee APPLEFORD	FR	#5 Lewis-Clark Stat	11.46m	37-7¼	3/23
9	45	Ruby KESSINGER	SO	#3 College of Idaho {3}	11.41m	37-5¼	3/22
10	58	Kenna WOODWARD	SR	#4 Eastern Oregon {2}	11.05m	36-3	3/16

Women's Discus

1	2	Julia PISENTI	FR	#6 Jessup (Calif.)	46.80m	153-7	3/16
2	4	Jessica PEDRETTI	JR	#6 Jessup (Calif.) {2}	44.79m	147-0	3/9
3	12	Aaliyah ESPINOZA	SO	#1 Vanguard (Calif.)	39.65m	130-1	3/16
4	17	Ilyhia GREELY	JR	#7 Southern Oregon	39.26m	128-10	3/16
5	21	Star HERRON	JR	#3 College of Idaho	38.77m	127-3	3/22
6	27	Haylee APPLEFORD	FR	#5 Lewis-Clark Stat	37.87m	124-3	3/16
7	28	Jaelah BUTLER	JR	#1 Vanguard (Calif.) {2}	37.80m	124-0	3/9
8	34	Gabrielle TATA-RODRIGUES	JR	#12 Corban (Ore.)	37.00m	121-5	3/16
9	42	Grace OSBORNE	SO	#5 Lewis-Clark Stat {2}	36.55m	119-11	3/16
10	44	Kayla BOTKIN	SO	#10 Carroll (Mont.)	36.10m	118-5	3/22

Women's Hammer

1	2	Star HERRON	JR	#3 College of Idaho	55.82m	183-2	3/22
2	4	Kenna WOODWARD	SR	#4 Eastern Oregon	52.94m	173-8	3/16
3	14	Jessica PEDRETTI	JR	#6 Jessup (Calif.)	47.30m	155-2	3/16
4	21	Katie MULL	SR	#14 Oregon Tech	45.65m	149-9	3/23
5	22	Ilyhia GREELY	JR	#7 Southern Oregon	45.53m	149-5	3/23
6	24	Ruby KESSINGER	SO	#3 College of Idaho {2}	45.26m	148-6	3/22
7	28	Taylor DURFEY	SO	#3 College of Idaho {3}	43.98m	144-4	3/22
8	31	Jaelah BUTLER	JR	#1 Vanguard (Calif.)	43.46m	142-7	3/16
9	34	Kaylee JONES	JR	#1 Vanguard (Calif.) {2}	43.21m	141-9	3/16
10	35	Gabrielle TATA-RODRIGUES	JR	#12 Corban (Ore.)	42.60m	139-9	3/16

Women's Javelin

1	1	Kea STIEGLITZ	SR	#5 Lewis-Clark Stat	42.30m	138-10	3/16
2	5	Sorren REESE	SO	#10 Carroll (Mont.)	39.66m	130-2	3/22
3	10	Tyra OPPERMAN	FR	#13 Montana Tech	38.11m	125-1	3/16
4	12	Lilly MCCARGAR	FR	#4 Eastern Oregon	37.79m	124-0	3/16
5	13	Jenna JORDAN	JR	#13 Montana Tech {2}	37.74m	123-10	3/22
6	16	Sierra HALE	FR	#2 The Master's (Ca	37.02m	121-6	3/23
7	17	Madison MACMILLAN	JR	#4 Eastern Oregon {2}	36.94m	121-3	3/16
8	18	Ally ODELL	SO	#14 Oregon Tech	36.70m	120-5	3/23
9	19	Keelyn O'REILLY	JR	#12 Corban (Ore.)	36.57m	120-0	3/21
10	21	Halsie KELTNER	JR	#20 Northwest (Wasl	36.16m	118-8	3/8

Women's Heptathlon

1	1	Ally ODELL	SO	#14 Oregon Tech	4,428	3/23
2	2	Penelopi LEACH	JR	#1 Vanguard (Calif.)	4,130	3/22
3	3	Mattie SHIRTS	FR	#3 College of Idaho	3,750	3/22
4	5	Lillian GUZMAN	FR	#8 Multnomah (Ore)	3,507	3/23
5	6	Hannah FINCH	SO	#1 Vanguard (Calif.) {2}	3,489	3/22
6	9	Isabelle RAASCH	SO	#8 Multnomah (Ore) {2}	3,147	3/23
7	12	Jaylee HAMEISTER	SO	#6 Jessup (Calif.)	2,406	2/23