



## WOMEN — 2024 Week #4, April 16

## 100 METERS

| Current | Team                  | Score  | Last Week |
|---------|-----------------------|--------|-----------|
| 1       | Fort Scott (Kan.) CC  | -47.23 | 1         |
| 2       | South Plains (Texas)  | -47.66 | 2         |
| 3       | Coffeyville (Kan.) CC | -47.67 | 3         |
| 4       | Barton (Kan.) CC      | -47.93 | 4         |
| 5       | Mesa (Ariz.) CC       | -48.84 | 5         |
| 6       | Hinds (Miss.) CC      | -49.56 | 6         |
| 7       | Pratt (Kan.) CC       | -49.65 | 6 ▼1      |
| 8       | Iowa Western CC       | -49.67 | 11 ▲3     |
| 9       | Highland (Kan.) CC    | -49.90 | 8 ▼1      |
| 10      | Richard Bland (Va.)   | -50.35 | 9 ▼1      |

## 100 METER HURDLES

| Current | Team            | Score  | Last Week |
|---------|-----------------|--------|-----------|
| 1       | Mesa (Ariz.) CC | -59.89 | 1         |
| 2       | Iowa Western CC | -60.21 | 4 ▲2      |
| 3       | Iowa Central CC | -61.01 | 2 ▼1      |
| 4       | Pima (Ariz.) CC | -61.89 | 3 ▼1      |

## 200 METERS

| Current | Team                   | Score   | Last Week |
|---------|------------------------|---------|-----------|
| 1       | Indian Hills (Iowa) CC | -97.71  | 1         |
| 2       | Fort Scott (Kan.) CC   | -97.90  | 2         |
| 3       | Western Texas          | -99.11  | 3         |
| 4       | Iowa Western CC        | -99.34  | 4         |
| 5       | Coffeyville (Kan.) CC  | -100.09 | 5         |
| 6       | South Plains (Texas)   | -100.44 | 6         |
| 7       | Central Arizona        | -100.80 | 7         |
| 8       | Mesa (Ariz.) CC        | -101.50 | 8         |
| 9       | Barton (Kan.) CC       | -102.28 | 9         |
| 10      | Highland (Kan.) CC     | -102.39 | 10        |

## 400 METERS

| Current | Team                  | Score   | Last Week |
|---------|-----------------------|---------|-----------|
| 1       | Western Texas         | -220.51 | 1         |
| 2       | New Mexico JC         | -224.49 | NR        |
| 3       | Hinds (Miss.) CC      | -224.82 | 2 ▼1      |
| 4       | Central Arizona       | -225.46 | 3 ▼1      |
| 5       | Mesa (Ariz.) CC       | -226.45 | 4 ▼1      |
| 6       | Fort Scott (Kan.) CC  | -228.72 | 5 ▼1      |
| 7       | Cloud County (Kan.) C | -228.80 | 6 ▼1      |
| 8       | Iowa Western CC       | -229.62 | NR        |
| 9       | Butler (Kan.) CC      | -230.96 | 8 ▼1      |
| 10      | Meridian (Miss.) CC   | -233.55 | 7 ▼3      |

## 400 METER HURDLES

| Current | Team                 | Score   | Last Week |
|---------|----------------------|---------|-----------|
| 1       | Western Texas        | -248.41 | NR        |
| 2       | Mesa (Ariz.) CC      | -266.55 | 1 ▼1      |
| 3       | Fort Scott (Kan.) CC | -295.42 | 2 ▼1      |

## 800 METERS

| Current | Team                    | Score   | Last Week |
|---------|-------------------------|---------|-----------|
| 1       | Cloud County (Kan.) C   | -545.80 | 1         |
| 2       | New Mexico JC           | -546.87 | 2         |
| 3       | Butler (Kan.) CC        | -561.49 | 3         |
| 4       | Monroe-New Rochelle     | -563.70 | NR        |
| 5       | North Central Texas     | -565.61 | 4 ▼1      |
| 6       | Central Arizona         | -569.33 | NR        |
| 7       | Salt Lake (Utah) CC     | -580.22 | 5 ▼2      |
| 8       | Paradise Valley (Ariz.) | -592.79 | 6 ▼2      |
| 9       | Mesa (Ariz.) CC         | -595.80 | 8 ▼1      |
| 10      | Jacksonville (Texas)    | -599.76 | 9 ▼1      |

## 1500 METERS

| Current | Team                    | Score    | Last Week |
|---------|-------------------------|----------|-----------|
| 1       | Salt Lake (Utah) CC     | -1140.99 | 1         |
| 2       | Southern Idaho          | -1144.90 | 2         |
| 3       | New Mexico JC           | -1170.35 | 3         |
| 4       | Colby (Kan.) CC         | -1173.24 | NR        |
| 5       | Paradise Valley (Ariz.) | -1176.24 | 4 ▼1      |
| 6       | Cloud County (Kan.) C   | -1177.84 | 5 ▼1      |
| 7       | Trinidad State (Colo.)  | -1184.82 | 6 ▼1      |
| 8       | Monroe-New Rochelle     | -1201.38 | 7 ▼1      |
| 9       | North Central Texas     | -1205.86 | 8 ▼1      |
| 10      | Hutchinson (Kan.) CC    | -1208.64 | 9 ▼1      |

## STEEPLECHASE

| Current | Team                | Score    | Last Week |
|---------|---------------------|----------|-----------|
| 1       | Salt Lake (Utah) CC | -2767.55 | NR        |

## 5000 METERS

| Current | Team                 | Score    | Last Week |
|---------|----------------------|----------|-----------|
| 1       | Salt Lake (Utah) CC  | -4339.27 | 1         |
| 2       | Hutchinson (Kan.) CC | -4592.29 | NR        |
| 3       | Central Arizona      | -4826.53 | 2 ▼1      |
| 4       | Pima (Ariz.) CC      | -4923.71 | 3 ▼1      |
| 5       | North Central Texas  | -4987.74 | 4 ▼1      |

## 10,000 METERS

| Current | Team                | Score    | Last Week |
|---------|---------------------|----------|-----------|
| 1       | Southern Idaho      | -9345.19 | 1         |
| 2       | Salt Lake (Utah) CC | -9469.06 | NR        |

## HIGH JUMP

| Current | Team            | Score | Last Week |
|---------|-----------------|-------|-----------|
| 1       | Pima (Ariz.) CC | 6.59  | 1         |

## LONG JUMP

| Current | Team                 | Score | Last Week |
|---------|----------------------|-------|-----------|
| 1       | South Plains (Texas) | 21.98 | 1         |
| 2       | Iowa Western CC      | 21.76 | 4 ▲2      |
| 3       | Mesa (Ariz.) CC      | 21.30 | 2 ▼1      |
| 4       | Pima (Ariz.) CC      | 21.20 | 3 ▼1      |
| 5       | Richard Bland (Va.)  | 21.08 | 5         |
| 6       | Glendale (Ariz.) CC  | 20.74 | NR        |

## TRIPLE JUMP

| Current | Team            | Score | Last Week |
|---------|-----------------|-------|-----------|
| 1       | Pima (Ariz.) CC | 45.81 | 1         |

## SHOT PUT

| Current | Team                  | Score | Last Week |
|---------|-----------------------|-------|-----------|
| 1       | Central Arizona       | 49.41 | NR        |
| 2       | Cloud County (Kan.) C | 48.46 | 1 ▼1      |
| 3       | Garden City (Kan.) CC | 48.17 | 2 ▼1      |
| 4       | Iowa Central CC       | 44.35 | 3 ▼1      |
| 5       | Bismarck State (N.D.) | 44.26 | 5         |
| 6       | Cowley (Kan.)         | 43.80 | 4 ▼2      |
| 7       | Mesa (Ariz.) CC       | 41.31 | 6 ▼1      |
| 8       | Pima (Ariz.) CC       | 39.54 | 7 ▼1      |
| 9       | Hawkeye (Iowa) CC     | 37.15 | 8 ▼1      |
| 10      | Howard (Md.) CC       | 37.07 | 8 ▼2      |

## DISCUS

| Current | Team                  | Score  | Last Week |
|---------|-----------------------|--------|-----------|
| 1       | Cloud County (Kan.) C | 167.25 | 1         |
| 2       | Hutchinson (Kan.) CC  | 139.53 | 2         |
| 3       | Garden City (Kan.) CC | 138.56 | 3         |
| 4       | Cowley (Kan.)         | 131.82 | 4         |
| 5       | Bismarck State (N.D.) | 126.54 | 5         |
| 6       | Hawkeye (Iowa) CC     | 101.69 | NR        |

## HAMMER

| Current | Team                  | Score  | Last Week |
|---------|-----------------------|--------|-----------|
| 1       | Cloud County (Kan.) C | 179.07 | 1         |
| 2       | Garden City (Kan.) CC | 167.65 | 2         |
| 3       | Cowley (Kan.)         | 160.91 | 3         |
| 4       | Coffeyville (Kan.) CC | 157.52 | 5 ▲1      |
| 5       | Hutchinson (Kan.) CC  | 156.12 | 4 ▼1      |
| 6       | Iowa Central CC       | 150.52 | 6         |
| 7       | Bismarck State (N.D.) | 131.86 | 7         |
| 8       | Hawkeye (Iowa) CC     | 131.34 | NR        |

## JAVELIN

| Current | Team                  | Score  | Last Week |
|---------|-----------------------|--------|-----------|
| 1       | Central Arizona       | 157.35 | 1         |
| 2       | Bismarck State (N.D.) | 136.75 | 2         |
| 3       | Iowa Central CC       | 128.13 | 3         |
| 4       | Garden City (Kan.) CC | 101.05 | 4         |