



WOMEN — 2024 Week #5, April 23

100 METERS

Current	Team	Score	Last Week
1	Fort Scott (Kan.) CC	-47.23	1
2	Coffeyville (Kan.) CC	-47.63	3 ▲ 1
3	Indian Hills (Iowa) CC	-47.64	NR
4	South Plains (Texas)	-47.66	2 ▼ 2
5	Barton (Kan.) CC	-47.67	4 ▼ 1
6	Mesa (Ariz.) CC	-48.62	5 ▼ 1
7	Iowa Western CC	-49.44	8 ▲ 1
8	Hinds (Miss.) CC	-49.56	6 ▼ 2
9	Pratt (Kan.) CC	-49.65	7 ▼ 2
10	Highland (Kan.) CC	-49.74	9 ▼ 1

100 METER HURDLES

Current	Team	Score	Last Week
1	Mesa (Ariz.) CC	-59.61	1
2	Iowa Western CC	-59.89	2
3	Iowa Central CC	-61.01	3
4	Pima (Ariz.) CC	-61.84	4

200 METERS

Current	Team	Score	Last Week
1	Indian Hills (Iowa) CC	-97.33	1
2	Fort Scott (Kan.) CC	-97.83	2
3	Coffeyville (Kan.) CC	-98.11	5 ▲ 2
4	Western Texas	-99.18	3 ▼ 1
5	Iowa Western CC	-99.34	4 ▼ 1
6	Mesa (Ariz.) CC	-100.29	8 ▲ 2
7	Central Arizona	-100.48	7
8	South Plains (Texas)	-100.58	6 ▼ 2
9	Barton (Kan.) CC	-101.71	9
10	Highland (Kan.) CC	-102.05	10

400 METERS

Current	Team	Score	Last Week
1	Western Texas	-220.62	1
2	Central Arizona	-223.95	4 ▲ 2
3	Hinds (Miss.) CC	-224.18	3
4	New Mexico JC	-224.60	2 ▼ 2
5	Mesa (Ariz.) CC	-225.62	5
6	Fort Scott (Kan.) CC	-226.30	6
7	Cloud County (Kan.) C	-227.99	7
8	Iowa Western CC	-229.62	8
9	Butler (Kan.) CC	-229.68	9
10	Meridian (Miss.) CC	-233.16	10

400 METER HURDLES

Current	Team	Score	Last Week
1	Western Texas	-248.41	1
2	Mesa (Ariz.) CC	-266.18	2
3	Fort Scott (Kan.) CC	-295.42	3

800 METERS

Current	Team	Score	Last Week
1	Cloud County (Kan.) C	-543.41	1
2	New Mexico JC	-545.37	2
3	Central Arizona	-555.23	6 ▲ 3
4	Mesa (Ariz.) CC	-555.93	9 ▲ 5
5	Southern Idaho	-559.54	NR
6	Paradise Valley (Ariz.)	-560.36	8 ▲ 2
7	Butler (Kan.) CC	-561.49	3 ▼ 4
8	Monroe-New Rochelle	-563.70	4 ▼ 4
9	North Central Texas	-565.61	5 ▼ 4
10	Salt Lake (Utah) CC	-572.01	7 ▼ 3

1500 METERS

Current	Team	Score	Last Week
1	Salt Lake (Utah) CC	-1140.99	1
2	Southern Idaho	-1144.90	2
3	New Mexico JC	-1149.00	3
4	Colby (Kan.) CC	-1173.24	4
5	Cloud County (Kan.) C	1176.06	6 ▲ 1
6	Paradise Valley (Ariz.)	1176.24	5 ▼ 1
7	Trinidad State (Colo.)	1184.82	7
8	Hutchinson (Kan.) CC	1187.99	10 ▲ 2
9	Monroe-New Rochelle	1201.38	8 ▼ 1
10	North Central Texas	-1205.86	9 ▼ 1

STEEPLECHASE

Current	Team	Score	Last Week
1	Salt Lake (Utah) CC	-2767.55	1
2	Southern Idaho	-2845.53	NR

5000 METERS

Current	Team	Score	Last Week
1	Salt Lake (Utah) CC	-4339.27	1
2	Southern Idaho	-4382.23	NR
3	Hutchinson (Kan.) CC	-4551.47	2 ▼ 1
4	Central Arizona	-4826.53	3 ▼ 1
5	Pima (Ariz.) CC	-4923.71	4 ▼ 1
6	North Central Texas	-4987.74	5 ▼ 1

10,000 METERS

Current	Team	Score	Last Week
1	Southern Idaho	-9345.19	1
2	Salt Lake (Utah) CC	-9469.06	2
3	Central Arizona	-10659.39	NR
4	Pima (Ariz.) CC	-11365.40	NR

HIGH JUMP

Current	Team	Score	Last Week
1	Pima (Ariz.) CC	6.59	1
2	Cloud County (Kan.) C	5.98	NR

LONG JUMP

Current	Team	Score	Last Week
1	South Plains (Texas)	22.56	1
2	Iowa Western CC	21.90	2
3	Mesa (Ariz.) CC	21.30	3
4	Glendale (Ariz.) CC	21.21	6 ▲ 2
5	Pima (Ariz.) CC	21.20	4 ▼ 1
6	Richard Bland (Va.)	21.08	5 ▼ 1

TRIPLE JUMP

Current	Team	Score	Last Week
1	Pima (Ariz.) CC	45.81	1

SHOT PUT

Current	Team	Score	Last Week
1	Central Arizona	49.41	1
2	Cloud County (Kan.) C	48.72	2
3	Garden City (Kan.) CC	48.17	3
4	Iowa Central CC	44.35	4
5	Bismarck State (N.D.)	44.26	5
6	Cowley (Kan.)	44.04	6
7	Mesa (Ariz.) CC	43.51	7
8	Pima (Ariz.) CC	39.58	8
9	Hawkeye (Iowa) CC	37.78	9
10	Howard (Md.) CC	37.07	10

DISCUS

Current	Team	Score	Last Week
1	Cloud County (Kan.) C	169.65	1
2	Iowa Central CC	141.99	NR
3	Hutchinson (Kan.) CC	139.53	2 ▼ 1
4	Garden City (Kan.) CC	138.56	3 ▼ 1
5	Cowley (Kan.)	135.43	4 ▼ 1
6	Bismarck State (N.D.)	126.54	5 ▼ 1
7	Hawkeye (Iowa) CC	106.60	6 ▼ 1

HAMMER

Current	Team	Score	Last Week
1	Cloud County (Kan.) C	179.07	1
2	Garden City (Kan.) CC	167.65	2
3	Cowley (Kan.)	161.12	3
4	Coffeyville (Kan.) CC	159.97	4
5	Hutchinson (Kan.) CC	156.40	5
6	Iowa Central CC	151.02	6
7	Bismarck State (N.D.)	131.86	7
8	Hawkeye (Iowa) CC	131.63	8

JAVELIN

Current	Team	Score	Last Week
1	Central Arizona	157.35	1
2	Bismarck State (N.D.)	137.97	2
3	Iowa Central CC	128.13	3
4	Garden City (Kan.) CC	101.05	4