



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Atlantic

as of 4/9/2024 7:44:26 AM ET

Women's 100 Meters

1	16	Haniyyah JOHNSON	SO	#9 Richard Bland (V	11.99w	(2.2)	4/6
2	33	Akira HAMILTON	FR	#9 Richard Bland (V{2}	12.22w	(2.2)	4/6
3	48	Iyona DAVIS	FR	#5 Howard (Md.) CC	12.46	(0.2)	3/30
4	57	Ashia MARTIN	FR	#10 Essex County (N.	12.64	(0.0)	4/6
5	63	Nasjai WHITE	FR	#12 Lake-Sumter Sta	12.72	(1.7)	3/23
6	65	Makenzey GLASS	FR	#3 Marion Military I	12.75	(0.9)	3/16
7	72	Kiliyah TAYLOR	FR	#3 Marion Military I{2}	12.80	(0.9)	3/16
8	73	Jayla WERTS	FR	#9 Richard Bland (V{3}	12.83w	(2.7)	4/6
9	76	Shakeira BARTLEY	FR	#1 Monroe-New Ro	12.86w	(3.7)	3/29
10	78	Natalie ERICKSON	JR	#7 Muskegon (Mich.	12.88	(1.8)	4/6

Women's 100 Meter Hurdles

1	19	Kahliyah SMITH	SO	#1 Monroe-New Ro	15.11w	(3.0)	4/6
2	36	Zinzile GUMPO	FR	#2 Vincennes (Ind.)	15.86w	(2.7)	4/5
3	44	Myasia MATTHEWS	SO	#4 Cuyahoga (Ohio)	16.34	(-0.3)	3/23
4	46	Ma-Avian WILLIAMS	FR	#10 Essex County (N.	16.53	(0.0)	4/6
5	47	Erin SMITH	FR	#9 Richard Bland (V	16.90w	(2.6)	4/6
6	57	Demaris SOTO	FR	#12 Lake-Sumter Sta	17.55	(1.0)	3/30
7	59	Paula ORUSEDE	FR	#1 Monroe-New Ro{2}	17.68	(0.0)	4/6
8	65	Myah ADAMS	FR	#8 Spartanburg Me	19.20	(0.5)	3/2
9	70	Polly ADDINGTON	FR	#8 Spartanburg Me{2}	19.91	(-1.8)	3/23

Women's 200 Meters

1	63	Kettia AMBROSE	FR	#1 Monroe-New Ro	25.86w	(2.2)	4/6
2	69	Kimberly BAKER	FR	#10 Essex County (N.	26.01	(0.0)	4/6
3	85	Kimmley JOHNSON	SO	#13 Denmark Tech (S	26.40	(1.4)	4/6
4	87	Nasjai WHITE	FR	#12 Lake-Sumter Sta	26.45	(1.7)	3/2
5	93	Natalie ERICKSON	JR	#7 Muskegon (Mich.	26.65w	(3.2)	4/6
6	96	Kiana CASIMIR	SO	#10 Essex County (N.{2}	26.67	(0.0)	4/6
7	100	Kiliyah TAYLOR	FR	#3 Marion Military I	26.82	(1.8)	3/16
8		Iyona DAVIS	FR	#5 Howard (Md.) CC	26.91	(0.2)	3/16
9		Keyonna MCGILL	FR	#4 Cuyahoga (Ohio)	27.07	(-0.7)	3/30
10		Ma-Avian WILLIAMS	FR	#10 Essex County (N.{3}	27.49	(0.0)	4/6

Women's 400 Meters

1	53	Kettia AMBROSE	FR	#1 Monroe-New Ro	59.87		4/6
2	66	Keyonna MCGILL	FR	#4 Cuyahoga (Ohio)	1:01.02		3/30
3	68	Jacarla BLACK	FR	#4 Cuyahoga (Ohio){2}	1:01.24		3/30
4	76	Vegonia JEAN BAPTISTE	SO	#1 Monroe-New Ro{2}	1:02.16		4/6
5	83	Emily SILVA	FR	#2 Vincennes (Ind.)	1:02.56		3/30
6	84	Iyona DAVIS	FR	#5 Howard (Md.) CC	1:02.61		3/23
7	88	Kiliyah TAYLOR	FR	#3 Marion Military I	1:03.17		3/16
8	98	Kahliyah SMITH	SO	#1 Monroe-New Ro{3}	1:05.06		3/29
9		Julihanna JOHNSON	FR	#1 Monroe-New Ro{4}	1:05.94		4/6
10		Lainey CANAN	SO	#7 Muskegon (Mich.	1:06.71		4/6

Women's 400 Meter Hurdles

1	24	Sophia OUTHOUS	FR	#8 Spartanburg Me	1:09.24		3/23
2	27	Paula ORUSEDE	FR	#1 Monroe-New Ro	1:09.75		3/29
3	38	Demaris SOTO	FR	#12 Lake-Sumter Sta	1:13.01		3/2
4	40	Erin SMITH	FR	#9 Richard Bland (V	1:14.33		4/6
5	42	Myasia MATTHEWS	SO	#4 Cuyahoga (Ohio)	1:15.10		3/23
6	44	Polly ADDINGTON	FR	#8 Spartanburg Me{2}	1:16.15		4/5
7	45	Steffanie MCGUFFEY	FR	#7 Muskegon (Mich.	1:20.07		4/6
8	47	Sarayah LYLES	FR	#4 Cuyahoga (Ohio){2}	1:35.52		3/23

Women's 800 Meters

1	18	Emily SILVA	FR	#2 Vincennes (Ind.)	2:17.77		4/5
2	19	Kayla JOHNSON	SO	#1 Monroe-New Ro	2:18.14		4/6
3	30	Shaquka TYRELL	SO	#1 Monroe-New Ro{2}	2:21.05		4/6
4	50	Adi FULLER	FR	#2 Vincennes (Ind.) {2}	2:26.86		4/5
5	51	Serena DOUGLAS	FR	#10 Essex County (N.	2:27.20		4/6
6	61	Aaliyah HEADLEY	FR	#1 Monroe-New Ro{3}	2:29.50		4/6
7	69	Morgan JARRELL	FR	#6 Hagerstown (Md	2:31.99		3/16
8	86	Jasmyn SELF	FR	#2 Vincennes (Ind.) {3}	2:34.99		4/5
9	94	Ja'llian PAIGE	FR	#15 Louisburg (N.C.)	2:38.08		3/1
10	98	kristina WILDE	FR	#11 Lansing (Mich.) C	2:38.48		4/5

Women's 1500 Meters

1	9	Attoya HARVEY	FR	#1 Monroe-New Ro	4:44.58		4/6
2	25	Emily SILVA	FR	#2 Vincennes (Ind.)	4:55.70		3/30
3	28	Kayla JOHNSON	SO	#1 Monroe-New Ro{2}	4:56.68		3/29
4	29	Shaquka TYRELL	SO	#1 Monroe-New Ro{3}	4:56.80		4/6
5	38	Jana STIFFLER	SO	#11 Lansing (Mich.) C	5:00.33		4/5
6	47	Adi FULLER	FR	#2 Vincennes (Ind.) {2}	5:04.57		4/5
7	50	Rebecca TELLEZ	FR	#6 Hagerstown (Md	5:05.30		3/16
8	79	Jasmyn SELF	FR	#2 Vincennes (Ind.) {3}	5:22.99		3/30
9	86	Ja'llian PAIGE	FR	#15 Louisburg (N.C.)	5:25.18		4/6
10	89	Kierra FLEGEL	FR	#7 Muskegon (Mich.	5:27.57		4/6

Women's Steeplechase

1	12	Sophia OUTHOUS	FR	#8 Spartanburg Me	12:20.59		3/23
2	13	Adi FULLER	FR	#2 Vincennes (Ind.)	12:22.63		3/30
3	23	Maggie THOMPSON	SO	#6 Hagerstown (Md	14:13.43		3/29
4	24	Arial CRAWFORD	FR	#6 Hagerstown (Md){2}	14:17.36		3/16
5	25	Clare WOODRING	FR	#6 Hagerstown (Md){3}	14:33.87		3/16

Women's 5000 Meters

1	4	Jana STIFFLER	SO	#11 Lansing (Mich.) C	18:05.21		3/23
2	11	Ava LAMILZA	FR	#14 Macomb (Mich.)	18:38.83		4/6
3	16	Rebecca TELLEZ	FR	#6 Hagerstown (Md	18:51.48		3/22
4	35	Marion JEPTOO	FR	#10 Essex County (N.	20:34.27		4/6
5	48	Averi VANCE	FR	#8 Spartanburg Me	21:54.75		3/2
6	50	Hannah CUNNINGHAM	FR	#4 Cuyahoga (Ohio)	21:59.76		3/23
7	55	Mariela VELAZQUEZ	SO	#8 Spartanburg Me{2}	22:54.48		3/2

Women's 4x100 Relay

1	20	Kiliyah Taylor, Tiana Jones, Gloria Morrow, Makenzey Glass	#3 Marion Military I	52.13			3/30
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USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Atlantic

as of 4/9/2024 7:44:26 AM ET

Women's 4x400 Relay

1	14	Kimberly Baker, Serena Douglas, Ashia Martin, Kiana Casimir	#10 Essex County (N.	4:14.56	4/6
2	20	Diamond Croft, Sophia Outhous, Alondra Velazquez, Polly Addington	#8 Spartanburg Me	4:30.66	3/2
3	21	Hannah Cunningham, Jacarla Black, Reis Johnson, Keyonna Mcgill	#4 Cuyahoga (Ohio)	4:32.99	3/30
4	23	kristina Wilde, Jana Stiffler, Reyna Rojas, Reva Lance	#11 Lansing (Mich.) C	4:37.45	3/23
5	24	Zinzile Gumpo, Emily Silva, Jasmyn Self, Grayson Haynes	#2 Vincennes (Ind.)	4:37.63	4/5
6	25	Michaela Carney, Rebecca Tellez, Aidan Faith, Arial Crawford	#6 Hagerstown (Md	4:38.32	3/16
7	26	Temiloluwa Akinsanya, Rashelle Buynum, Blessing Omoniyi, Iyona Davis	#5 Howard (Md.) CC	4:38.41	3/16
8	27	Kristalyn Steadman, Sipriana Hill, Gloria Morrow, Kiliyah Taylor	#3 Marion Military I	4:44.08	3/16

Women's 4x800 Relay

1	5	Sophia Outhous, Alondra Velazquez, Mariela Velazquez, Averi Vance	#8 Spartanburg Me	12:04.31	3/23
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Women's High Jump

1	1	Gabrielle COOK	SO	#6 Hagerstown (Md	1.74m	5-8½	4/6
2	13	Kimmley JOHNSON	SO	#13 Denmark Tech (S	1.61m	5-3¼	4/6
3	15	Aidan FAITH	FR	#6 Hagerstown (Md){2}	1.60m	5-3	3/16
4	31	Steffanie MCGUFFEY	FR	#7 Muskegon (Mich.	1.50m	4-11	4/6
5	36	Reva LANCE	SO	#11 Lansing (Mich.) C	1.40m	4-7	4/6

Women's Pole Vault

1	1	Sophia DO AMARAL SALVI	FR	#2 Vincennes (Ind.)	3.95m	12-11½	3/30
2	4	Reis JOHNSON	FR	#4 Cuyahoga (Ohio)	3.51m	11-6¼	3/23
3	5	Mikaila EK	SO	#6 Hagerstown (Md	3.50m	11-5¼	3/22
4	9	Julia DO AMARAL SALVI	SO	#2 Vincennes (Ind.) {2}	3.35m	10-11¾	3/30
5	21	Michaela CARNEY	FR	#6 Hagerstown (Md){2}	2.96m	9-8½	4/6

Women's Long Jump

1	15	Haniyyah JOHNSON	SO	#9 Richard Bland (V	5.60m	18-4½ (1.1)	4/6
1	15	Akira HAMILTON	FR	#9 Richard Bland (V	5.60mw	18-4½ (2.3)	4/6
3	29	Nasjai WHITE	FR	#12 Lake-Sumter Sta	5.17m	16-11½ (0.4	3/30
4	33	Julia HEAD	FR	#4 Cuyahoga (Ohio)	5.08m	16-8 (0.0)	3/30
5	37	Kimmley JOHNSON	SO	#13 Denmark Tech (S	5.05mw	16-7 (2.3)	3/22
6	45	Rashelle BUYNUM	SO	#5 Howard (Md.) CC	4.87m	15-11¾ (0.4	3/16
7	50	Blessing OMONIYI	JR	#5 Howard (Md.) CC{2}	4.76m	15-7½ (0.1)	3/16
8	58	Akayla PICKERSGILL	SO	#1 Monroe-New Ro	4.50m	14-9¼ (0.6)	3/29
8	58	Erin SMITH	FR	#9 Richard Bland (V{3}	4.50m	14-9¼ (0.0)	4/6
10	64	Sarayah LYLES	FR	#4 Cuyahoga (Ohio){2}	4.16mw	13-7¾ (2.3)	3/30

Women's Triple Jump

1	10	Ciarra MOORE	FR	#9 Richard Bland (V	11.24mw	36-10½ (2.3	3/29
2	12	Kimmley JOHNSON	SO	#13 Denmark Tech (S	11.05mw	36-3 (3.0)	4/6
3	13	Erin SMITH	FR	#9 Richard Bland (V{2}	10.67mw	35-¼ (3.5)	4/6

Women's Shot Put

1	15	Madison DAVIS	SO	#2 Vincennes (Ind.)	12.17m	39-11¼	4/5
2	29	Lynniya WHITAKER	FR	#5 Howard (Md.) CC	10.98m	36-¼	3/30
3	37	Rahmat SHOWA	SO	#1 Monroe-New Ro	10.54m	34-7	4/6
4	58	Temiloluwa AKINSANYA	FR	#5 Howard (Md.) CC{2}	9.13m	29-11½	3/23
5	67	Mariella SEBASTIAN	SO	#3 Marion Military I	8.64m	28-4¼	3/30
6	68	Rashelle BUYNUM	SO	#5 Howard (Md.) CC{3}	8.50m	27-10¾	3/30
7	72	Jaylynn KING	FR	#4 Cuyahoga (Ohio)	8.32m	27-3¾	3/23
8	74	Briana JACKSON	SO	#5 Howard (Md.) CC{4}	8.02m	26-3¾	3/16
9	80	Layna ATALLAH	FR	#11 Lansing (Mich.) C	7.08m	23-2¾	4/6
10	82	Legacy PRATT	FR	#4 Cuyahoga (Ohio){2}	6.92m	22-8½	3/30

Women's Discus

1	13	Raina MASSEY	FR	#3 Marion Military I	38.13m	125-1	3/16
2	24	Jaylynn KING	FR	#4 Cuyahoga (Ohio)	35.16m	115-4	3/30
3	25	Maya REEVE	FR	#7 Muskegon (Mich.	35.01m	114-11	4/6
4	26	Aliyah WILLIAMS	SO	#3 Marion Military I{2}	34.56m	113-5	3/30
5	34	Gaby REEVE	FR	#7 Muskegon (Mich){2}	33.11m	108-8	4/6
6	42	Brooke BERRY	FR	#7 Muskegon (Mich){3}	31.86m	104-7	4/6
7	46	Madison DAVIS	SO	#2 Vincennes (Ind.)	31.13m	102-2	4/5
8	60	Mariella SEBASTIAN	SO	#3 Marion Military I{3}	28.46m	93-4½	3/16
9	69	Temiloluwa AKINSANYA	FR	#5 Howard (Md.) CC	26.60m	87-3¼	3/16
10	74	Briana JACKSON	SO	#5 Howard (Md.) CC{2}	24.90m	81-8½	3/16

Women's Hammer

1	20	Aliyah WILLIAMS	SO	#3 Marion Military I	40.21m	131-11	3/30
2	27	Raina MASSEY	FR	#3 Marion Military I{2}	38.99m	127-11	4/6
3	38	Gaby REEVE	FR	#7 Muskegon (Mich.	35.08m	115-1	4/6
4	51	Lynniya WHITAKER	FR	#5 Howard (Md.) CC	32.80m	107-8	3/30
5	58	Temiloluwa AKINSANYA	FR	#5 Howard (Md.) CC{2}	30.75m	100-11	3/16
6	61	Maya REEVE	FR	#7 Muskegon (Mich){2}	29.91m	98-1¾	4/6
7	69	Brooke BERRY	FR	#7 Muskegon (Mich){3}	26.14m	85-9¼	4/6
8	71	Briana JACKSON	SO	#5 Howard (Md.) CC{3}	24.76m	81-2¾	3/30
9	74	Rahmat SHOWA	SO	#1 Monroe-New Ro	23.28m	76-4½	4/6



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WOMEN — 2024 Week #3, April 9



Atlantic

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Women's Javelin						
1	39	Rashelle BUYNUM	SO	#5 Howard (Md.) CC	25.83m	84-9 3/16
2	40	Natalie WAGLER	SO	#2 Vincennes (Ind.)	25.39m	83-3¾ 3/30
3	45	Annabelle FOLLMAN	FR	#3 Marion Military I	22.61m	74-2¼ 4/6
4	46	Phoebe ROMINGER	FR	#3 Marion Military I {2}	21.73m	71-3½ 3/30
5	51	Reva LANCE	SO	#11 Lansing (Mich.) C	20.05m	65-9½ 4/6
6	53	Olivia DATEMA	FR	#11 Lansing (Mich.) C {2}	19.33m	63-5 3/23



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WOMEN — 2024 Week #3, April 9



Central

as of 4/9/2024 7:44:27 AM ET

Women's 100 Meters

1	1	Chaniqua TONGE	JR	#3	Fort Scott (Kan.)	11.54w	(3.0)	3/14
2	3	Keliza SMITH	FR	#2	Barton (Kan.) CC	11.57	(0.1)	4/6
2	3	Jalia BUNN	SO	#8	Coffeyville (Kan.)	11.57w	(2.3)	4/6
4	5	Anita AFRIFA	FR	#12	Colby (Kan.) CC	11.66	(0.6)	3/30
5	6	Kayveonna JACKSON	FR	#9	Butler (Kan.) CC	11.67w	(3.7)	4/6
6	9	Linya GEDEON	FR	#8	Coffeyville (Kan.)	11.88w	(2.9)	4/6
7	10	Queanna TAYLOR	SO	#6	Garden City (Kan.)	11.89w	(3.3)	4/6
8	11	Crystal CHAMBERS	FR	#3	Fort Scott (Kan.)	11.92w	(2.2)	4/6
8	11	Brandi DRAKE	JR	#3	Fort Scott (Kan.)	11.92w	(2.3)	3/30
10	19	Ashley SHAW	FR	#2	Barton (Kan.) CC	12.07	(-0.7)	4/6

Women's 100 Meter Hurdles

1	3	Kaylee JAMES	SO	#4	Hutchinson (Kan.)	14.04w	(3.3)	4/6
2	5	Kay-Lagay CLARKE	SO	#2	Barton (Kan.) CC	14.07	(0.3)	4/6
3	11	Chenessa DAVIS	FR	#1	Cloud County (Kan.)	14.45	(1.5)	3/28
4	14	Linya GEDEON	FR	#8	Coffeyville (Kan.)	14.56w	(3.4)	3/30
5	23	Joana VAKASOBUDURU	SO	#11	Neosho County (Kan.)	15.22w	(3.0)	3/30
6	25	DiaMonae THOMAS	FR	#10	Highland (Kan.)	15.28w	(3.7)	4/6
7	27	Malajia BOCAGE	FR	#3	Fort Scott (Kan.)	15.39w	(3.7)	4/6
8	33	Genesis BAUTISTA	SO	#5	Cowley (Kan.)	15.65w	(2.7)	3/30
9	35	Widlife VERMILUS	FR	#2	Barton (Kan.) CC	15.76	(1.5)	3/28
10	38	Landrea SEARS	SO	#11	Neosho County (Kan.)	16.00	(-1.2)	3/23

Women's 200 Meters

1	1	Anita AFRIFA	FR	#12	Colby (Kan.) CC	23.42	(0.5)	3/30
2	5	Chaniqua TONGE	JR	#3	Fort Scott (Kan.)	23.92w	(3.1)	3/30
3	9	Keliza SMITH	FR	#2	Barton (Kan.) CC	24.05	(0.9)	4/6
4	12	Jalia BUNN	SO	#8	Coffeyville (Kan.)	24.47	(0.7)	4/6
5	13	Ivana ODONKOR	FR	#3	Fort Scott (Kan.)	24.50w	(2.4)	3/14
6	17	Linya GEDEON	FR	#8	Coffeyville (Kan.)	24.68	(1.6)	4/6
7	18	Ashley SHAW	FR	#2	Barton (Kan.) CC	24.70	(0.4)	4/6
8	19	Brandi DRAKE	JR	#3	Fort Scott (Kan.)	24.74	(1.2)	3/14
8	19	Emmanuella SQUIRE	FR	#3	Fort Scott (Kan.)	24.74w	(2.3)	4/6
10	21	Camryn VASHER	FR	#3	Fort Scott (Kan.)	24.93w	(2.7)	4/6

Women's 400 Meters

1	3	Rafiatu NUHU	FR	#1	Cloud County (Kan.)	54.84		3/28
2	9	Ivana ODONKOR	FR	#3	Fort Scott (Kan.)	55.64		3/30
3	10	Nontokozi NCUBE	FR	#1	Cloud County (Kan.)	55.92		3/23
4	12	Trishanie WARNER	SO	#9	Butler (Kan.) CC	56.19		4/6
5	20	Dayjonique CATO	FR	#3	Fort Scott (Kan.)	56.63		4/6
6	30	Ala' Jah BROOKS	FR	#9	Butler (Kan.) CC	57.67		4/6
7	31	Emmanuella SQUIRE	FR	#3	Fort Scott (Kan.)	57.79		3/14
8	35	Bianca GLEIM	FR	#7	Dodge City (Kan.)	58.29		3/23
9	37	Chidinma NWACHUKWU	FR	#1	Cloud County (Kan.)	58.34		3/23
10	38	Isabella KUPKA	SO	#5	Cowley (Kan.)	58.44		3/23

Women's 400 Meter Hurdles

1	11	Kialia CLAIBORNE	FR	#2	Barton (Kan.) CC	1:04.44		4/6
2	15	Antonia MOUTRIE	FR	#6	Garden City (Kan.)	1:06.67		3/28
3	16	Landrea SEARS	SO	#11	Neosho County (Kan.)	1:06.90		3/23
4	17	Sequoya MCADOO	SO	#7	Dodge City (Kan.)	1:06.98		3/23
5	20	Berlynn BLACK	FR	#10	Highland (Kan.)	1:07.51		4/6
6	22	Jaelyn RUMBACK	FR	#1	Cloud County (Kan.)	1:08.85		4/6
7	23	Brooklyn GOWDY-WILLIAMS	FR	#9	Butler (Kan.) CC	1:09.11		3/28
8	25	Marcy MONELL	FR	#3	Fort Scott (Kan.)	1:09.41		3/23
9	28	Deyunsha (Dede) WESTBROOK	FR	#8	Coffeyville (Kan.)	1:09.79		4/6
10	32	Kayla SALTER	FR	#3	Fort Scott (Kan.)	1:11.35		4/6

Women's 800 Meters

1	4	Nontokozi NCUBE	FR	#1	Cloud County (Kan.)	2:12.01		3/16
2	7	Sanae HASSNAOUI	FR	#2	Barton (Kan.) CC	2:13.03		3/28
3	9	N Vanee ANCHIKE	FR	#1	Cloud County (Kan.)	2:14.14		3/16
4	15	Star MPAMA	SO	#9	Butler (Kan.) CC	2:16.24		3/28
5	20	Mercy ANGAAMCHAAB	FR	#1	Cloud County (Kan.)	2:18.57		3/16
6	24	Kenya DEXTER	FR	#9	Butler (Kan.) CC	2:20.09		3/28
7	31	Ozia TRUJILLO	FR	#1	Cloud County (Kan.)	2:21.31		3/16
8	34	Taylor HOSKINSON	SO	#4	Hutchinson (Kan.)	2:23.14		4/6
9	35	Trishanie WARNER	SO	#9	Butler (Kan.) CC	2:23.69		3/23
10	36	Aliyaha HERON	SO	#3	Fort Scott (Kan.)	2:23.76		3/23

Women's 1500 Meters

1	4	N Vanee ANCHIKE	FR	#1	Cloud County (Kan.)	4:37.69		3/28
2	15	Ozia TRUJILLO	FR	#1	Cloud County (Kan.)	4:48.11		3/16
3	18	Tavarie CAMPBELL	FR	#5	Cowley (Kan.)	4:48.63		3/30
4	20	Mercy ANGAAMCHAAB	FR	#1	Cloud County (Kan.)	4:50.78		3/28
5	24	Khloi BIRD	SO	#9	Butler (Kan.) CC	4:54.43		3/16
6	26	Taylor HOSKINSON	SO	#4	Hutchinson (Kan.)	4:56.00		4/6
7	31	Brittannia WILLIS	FR	#5	Cowley (Kan.)	4:57.92		3/30
8	39	Ellie VAN ZELFDEN	SO	#4	Hutchinson (Kan.)	5:00.45		4/6
9	43	Tara BERT	SO	#12	Colby (Kan.) CC	5:02.08		4/6
10	51	Heidi GRIMMETT	SO	#9	Butler (Kan.) CC	5:05.38		3/28

Women's Steeplechase

1	5	Ozia TRUJILLO	FR	#1	Cloud County (Kan.)	11:33.23		4/6
2	9	Heidi GRIMMETT	SO	#9	Butler (Kan.) CC	12:04.17		3/23
3	18	Valyrie FREEMAN	FR	#9	Butler (Kan.) CC	12:39.31		4/6
4	20	Nevaeh CARRIZAL	SO	#7	Dodge City (Kan.)	13:07.10		3/23



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Central

as of 4/9/2024 7:44:27 AM ET

Women's 5000 Meters

1	2	N Vanee ANCHIKE	FR	#1 Cloud County (K	17:27.28	3/28
2	5	Rosemary ARTHUR	FR	#12 Colby (Kan.) CC	18:09.01	4/6
3	17	Alison UNRUH	FR	#9 Butler (Kan.) CC	18:53.68	3/28
4	20	Ozia TRUJILLO	FR	#1 Cloud County (K	19:11.70	3/28
5	21	Nonhlanhla MABUZA	SO	#12 Colby (Kan.) CC	19:14.13	4/6
6	25	Ava WASHINGTON	FR	#7 Dodge City (Kan.	19:33.34	3/23
7	26	Norma RODRIGUEZ	SO	#7 Dodge City (Kan.	19:34.78	3/23
8	42	Nikola PROCHAZKOVA	SO	#1 Cloud County (K	21:08.30	3/23
9	44	Lillyan GEROW	SO	#14 Allen (Kan.) CC	21:19.58	4/6
10	47	Teressa MARTINEZ	FR	#7 Dodge City (Kan.	21:40.94	3/23

Women's 10,000 Meters

1	15	Norma RODRIGUEZ	SO	#7 Dodge City (Kan.	42:21.41	3/28
2	16	Ava WASHINGTON	FR	#7 Dodge City (Kan.	42:28.94	3/28
3	18	Nevaeh CARRIZAL	SO	#7 Dodge City (Kan.	45:17.81	3/28

Women's 4x100 Relay

1	1	Keliza Smith, Maria Umoibang, Ashley Shaw, Chloe Perryman	#2 Barton (Kan.) CC	45.58	4/6
2	2	Kamerin Carter, Ivana Odonkor, Brandi Drake, Chaniqua Tonge	#3 Fort Scott (Kan.)	46.13	3/14
3	6	Jalia Bunn, Royanah Farmer, Linya Gedeon, Dhakiya Blake	#8 Coffeyville (Kan.	46.95	3/30
4	7	Anurika Sinclair, Ala' Jah Brooks, Deslyne Cooper, Kayveonna Jackson	#9 Butler (Kan.) CC	47.19	3/23
5	8	Alexia Lewis, Jola Felix, DiaMonae Thomas, Shanteria Washington	#10 Highland (Kan.)	47.82	3/30
6	10	Queanna Taylor, Maya White Eagle, Kanya Campbell, Antonicia Moultrie	#6 Garden City (Kar	48.40	4/6
7	12	Isabella Kupka, Genesis Bautista, Mahalee Bilhimer, Riannon St. Clair	#5 Cowley (Kan.)	48.49	3/23
8	13	Gabriela Elizalde, Bianca Gleim, Kya Edwards, Sequoya McAdoo	#7 Dodge City (Kan.	48.66	3/23
9	14	Serenity Jackson, Mikayla Henry, Naomi Vagher, Tasia Bell	#13 Pratt (Kan.) CC	49.12c (49.00A)	3/16
10	15	Nhubia Coney, Taniyah Cox, Kemisha Williams-Dominique, Kaylee James	#4 Hutchinson (Kan	49.42	4/6



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Central

as of 4/9/2024 7:44:27 AM ET

Women's 4x400 Relay

1	5	Kennedy Mosley, Dayjonique Cato, Emmanuella Squire, Ivana Odonkor	#3 Fort Scott (Kan.)	3:47.25	4/6
2	8	Chidinma Nwachukwu, Mercy Angaamchaab, Nontokozi Ncube, Rafiatu Nuhu	#1 Cloud County (K)	3:52.76	3/28
3	9	Deyunsha (Dede) Westbrook, Amalinally Pemberton, Jalia Bunn, Dhakiya Blake	#8 Coffeyville (Kan.)	3:53.42	3/30
4	12	Caylee May, Gabriela Elizalde, Bianca Gleim, Sequoyia McAdoo	#7 Dodge City (Kan.)	4:12.23	3/28
5	13	Berlynn Black, Mikel French, Julia Redondo, Alyana Wallace	#10 Highland (Kan.)	4:12.94	4/6
6	15	Joana Vakasobuduru, Vilorina Tuilawaki, Landrea Sears, Amy Styles	#11 Neosho County (	4:18.56	3/23
7	19	Dayanna Brito- Hernandez, Brianna LeRiche, Esther Vazquez, Mahalee Bilhimer	#5 Cowley (Kan.)	4:28.50	3/23

Women's 4x800 Relay

1	1	Jaelyn Rumback, Mercy Angaamchaab, N Vanee Anchike, Nontokozi Ncube	#1 Cloud County (K)	9:10.55	4/6
2	4	Vilorina Tuilawaki, Lauryn Peterson, Mia Cruz, Natalia Guardado	#11 Neosho County (	10:37.88	4/6

Women's High Jump

1	5	Shackala HENRY	SO	#1 Cloud County (K)	1.65m	5-5	4/6
1	5	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC	1.65m	5-5	4/6
3	13	Brooke HAWKINS	FR	#4 Hutchinson (Kan)	1.61m	5-3 1/4	4/6
4	15	Alyana WALLACE	FR	#10 Highland (Kan.)	1.60m	5-3	3/16
5	19	Kerrishma WILLIAMS	SO	#6 Garden City (Kar	1.58m	5-2 1/4	3/16
5	19	Liberty LIMON	SO	#4 Hutchinson (Kan){2}	1.58m	5-2 1/4	3/23
7	25	Riannon ST. CLAIR	FR	#5 Cowley (Kan.)	1.55m	5-1	4/6
7	25	Chenessa DAVIS	FR	#1 Cloud County (K){2}	1.55m	5-1	4/6
9	27	Berlynn BLACK	FR	#10 Highland (Kan.)	1.54m	5-1/2	3/30
10	28	Alexis HORSCH	FR	#4 Hutchinson (Kan){3}	1.53m	5-1/4	3/23

Women's Pole Vault

1	3	Jasmine SAKAGUCHI	SO	#1 Cloud County (K)	3.57m	11-8 1/2	3/28
2	10	Elizabeth DUNHAM	FR	#1 Cloud County (K){2}	3.32m	10-10 3/4	3/23
3	11	Bradie MEDINA	FR	#1 Cloud County (K){3}	3.27m	10-8 3/4	3/28
4	13	Kennedy KIZARR	FR	#5 Cowley (Kan.)	3.25m	10-8	4/6
5	14	Dakota DAPPER	FR	#5 Cowley (Kan.)	3.22m	10-6 3/4	3/23
6	15	Nakaela O'HAIR	FR	#4 Hutchinson (Kan)	3.12m	10-2 3/4	3/23
6	15	Alivia NOLL	SO	#4 Hutchinson (Kan)	3.12m	10-2 3/4	3/23
8	22	Kaylen MILLS	SO	#5 Cowley (Kan.)	2.67m	8-9	3/23

Women's Long Jump

1	8	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC	5.73m	18-9 3/4 (-1.2)	4/6
2	10	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC{2}	5.70m	18-8 1/2 (1.9)	4/6
3	12	Briana GREEN	FR	#3 Fort Scott (Kan.)	5.68m	18-7 3/4 (1.5)	4/6
3	12	Chenessa DAVIS	FR	#1 Cloud County (K)	5.68m	18-7 3/4 (1.5)	4/6
5	14	Kerrishma WILLIAMS	SO	#6 Garden City (Kar	5.67mw	18-7 1/4 (3.0)	3/28
6	18	Genesis BAUTISTA	SO	#5 Cowley (Kan.)	5.55m	18-2 1/2 (0.0)	3/23
7	23	Alexia LEWIS	FR	#10 Highland (Kan.)	5.41m	17-9 (-0.6)	3/30
8	26	Joana VAKASOBUDURU	SO	#11 Neosho County (	5.36m	17-7 (1.9)	3/30
9	40	Gabriela ELIZALDE	SO	#7 Dodge City (Kan.)	5.01m	16-5 1/4 (0.0)	3/23
10	42	Teonia WHITELOW	SO	#8 Coffeyville (Kan.)	4.95m	16-3 (0.8)	3/23

Women's Triple Jump

1	7	Brooke HAWKINS	FR	#4 Hutchinson (Kan)	11.87m	38-11 1/2 (-2)	3/23
2	11	Braela SARGENT	FR	#3 Fort Scott (Kan.)	11.08mw	36-4 1/4 (2.1)	4/6
3	13	Genesis BAUTISTA	SO	#5 Cowley (Kan.)	10.67m	35-1/4 (-4.2)	3/23
4	20	Yaya MORENO	FR	#4 Hutchinson (Kan){2}	10.43mw	34-2 3/4 (3.6)	3/28
5	22	Liberty LIMON	SO	#4 Hutchinson (Kan){3}	10.28mw	33-8 3/4 (3.0)	4/6
6	23	Teonia WHITELOW	SO	#8 Coffeyville (Kan.)	10.17m	33-4 1/2 (-2.3)	3/23
7	26	Davein TURNER	FR	#11 Neosho County (	9.58mw	31-5 1/4 (3.2)	3/30

Women's Shot Put

1	2	Treneese HAMILTON	SO	#2 Barton (Kan.) CC	13.98m	45-10 1/2	4/6
2	4	Beatriz FERREIRA	SO	#6 Garden City (Kar	13.80m	45-3 1/2	4/6
3	5	Cierra GRAY	FR	#5 Cowley (Kan.)	13.67m	44-10 1/4	3/30
4	7	Adrienne LOCKE- GARCIA	FR	#1 Cloud County (K)	13.29m	43-7 1/4	3/23
5	8	Ivanilda SEMEDO	FR	#2 Barton (Kan.) CC{2}	13.18m	43-3	4/6
6	13	Cloe KALANICK	SO	#6 Garden City (Kar){2}	12.36m	40-6 3/4	4/6
7	14	Tamara THOMPSON	SO	#1 Cloud County (K){2}	12.30m	40-4 1/4	3/28
8	17	Caitlyn SONDAY	FR	#7 Dodge City (Kan.)	11.84m	38-10 1/4	3/28
9	19	Emilie SCHWEIZER	FR	#4 Hutchinson (Kan)	11.74m	38-6 1/4	3/23
10	23	Emery MAY	FR	#1 Cloud County (K){3}	11.46m	37-7 1/4	3/28



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Central

as of 4/9/2024 7:44:27 AM ET

Women's Discus

1	1	Cedricka WILLIAMS	FR	#2	Barton (Kan.) CC	55.39m	181-9	3/28
2	3	Ivanilda SEMEDO	FR	#2	Barton (Kan.) CC{2}	53.49m	175-6	3/28
3	5	Tamara THOMPSON	SO	#1	Cloud County (K	48.15m	158-0	3/28
4	10	Adrienne LOCKE-GARCIA	FR	#1	Cloud County (K){2}	39.89m	130-11	4/6
5	11	Margherita SALA	FR	#1	Cloud County (K){3}	39.30m	128-11	3/23
6	14	Cloe KALANICK	SO	#6	Garden City (Kar	38.12m	125-1	3/28
7	15	Bree ROWE	FR	#5	Cowley (Kan.)	37.61m	123-5	3/23
8	16	Chanelle CHANDLER	SO	#4	Hutchinson (Kan	37.08m	121-8	4/6
9	17	McKayla KUPICKI	FR	#8	Coffeyville (Kan.	36.36m	119-4	4/6
10	21	Treneese HAMILTON	SO	#2	Barton (Kan.) CC{3}	35.76m	117-4	3/23

Women's Hammer

1	2	Tamara THOMPSON	SO	#1	Cloud County (K	50.26m	164-11	4/6
2	3	Cloe KALANICK	SO	#6	Garden City (Kar	48.94m	160-7	3/28
3	7	Ana MANOUSARIDIS	FR	#8	Coffeyville (Kan.	47.52m	155-11	4/6
4	10	Beatriz FERREIRA	SO	#6	Garden City (Kar){2}	47.16mA	154-9	3/16
5	11	Treneese HAMILTON	SO	#2	Barton (Kan.) CC	46.85m	153-9	3/23
6	12	Margherita SALA	FR	#1	Cloud County (K){2}	45.69m	149-11	4/6
7	13	Adrienne LOCKE-GARCIA	FR	#1	Cloud County (K){3}	43.28m	142-0	4/6
8	15	Mayce MCDONALD	FR	#5	Cowley (Kan.)	42.18m	138-5	4/6
9	16	Hayleigh BURKE	SO	#4	Hutchinson (Kan	42.02m	137-11	3/28
10	17	McKayla KUPICKI	FR	#8	Coffeyville (Kan.){2}	41.07m	134-9	4/6

Women's Javelin

1	5	Treneese HAMILTON	SO	#2	Barton (Kan.) CC	43.39m	142-4	3/23
2	6	Jenna KUEPKER	FR	#4	Hutchinson (Kan	40.46m	132-9	3/23
3	9	Alexis O'FARRELL	SO	#10	Highland (Kan.)	38.16m	125-3	3/23
4	13	Kyndall BLESSING	FR	#2	Barton (Kan.) CC{2}	36.88m	121-0	3/23
5	16	Jamilet BAUTISTA INFANTE	SO	#5	Cowley (Kan.)	36.63m	120-2	3/23
6	21	Ryland HAWKINSON	FR	#4	Hutchinson (Kan){2}	33.30m	109-3	3/28
7	23	Emery MAY	FR	#1	Cloud County (K	32.74m	107-5	3/28
8	30	Taia VELASCO	FR	#6	Garden City (Kar	27.94m	91-8	4/6
9	31	Tomi GALL	FR	#6	Garden City (Kar){2}	27.76m	91-1	3/28
10	33	Maya WHITE EAGLE	SO	#6	Garden City (Kar){3}	27.42m	89-11½	3/28

Women's Heptathlon

1	6	Kerrishma WILLIAMS	SO	#6	Garden City (Kar	3,536		3/28
2	7	Caylee MAY	FR	#7	Dodge City (Kan.	3,200		3/28
3	10	Maya WHITE EAGLE	SO	#6	Garden City (Kar){2}	3,067		3/28
4	11	Teonia WHITELOW	SO	#8	Coffeyville (Kan.	2,628		4/6



USTFCCA NJCAA Division I Outdoor Track & Field
Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Great Lakes

as of 4/9/2024 7:44:27 AM ET

Women's Pole Vault

1	24	Julia BASSETT	SO	#1 Carroll (Md.) CC	2.40m	7-10½	4/6
2	26	Carrie MOORE		#1 Carroll (Md.) CC {2}	2.10m	6-10¾	4/6

Women's Shot Put

1	71	Cameron KLEIN	SO	#1 Carroll (Md.) CC	8.34m	27-4½	4/6
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Women's Discus

1	49	Brooke PRIBULICK		#1 Carroll (Md.) CC	30.59m	100-5	4/6
2	67	Cameron KLEIN	SO	#1 Carroll (Md.) CC {2}	26.95m	88-5	4/6

Women's Javelin

1	43	Cameron KLEIN	SO	#1 Carroll (Md.) CC	24.92m	81-9¼	4/6
2	49	Brooke PRIBULICK		#1 Carroll (Md.) CC {2}	20.52m	67-4	4/6



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Midwest

as of 4/9/2024 7:44:27 AM ET

Women's 100 Meters

1	7	Taliyah LINDSAY	SO	#6 Meridian (Miss.)	11.69	(0.4)	3/30
2	24	Ritorion VIGNE	FR	#3 Hinds (Miss.) CC	12.12	(1.5)	3/30
3	30	Moya MITCHELL	FR	#1 Iowa Western CC	12.18w	(2.8)	4/6
4	32	Zakiya PORTER	SO	#4 Indian Hills (Iowa)	12.21w	(4.0)	3/28
5	39	Destini RICHARDSON	FR	#3 Hinds (Miss.) CC {2}	12.34w	(3.3)	3/23
6	44	Sidney COLE	SO	#1 Iowa Western CC {2}	12.39w	(2.8)	4/6
7	51	Lenasia DRUMMOND	FR	#3 Hinds (Miss.) CC {3}	12.50w	(2.6)	3/23
8	55	Zaniya KING	SO	#4 Indian Hills (Iowa)	12.55w	(4.0)	3/28
9	56	Keiyah COLE	SO	#5 State Fair (Mo.)	12.62	(0.5)	3/30
10	60	Kalli HUSBAND	SO	#3 Hinds (Miss.) CC {4}	12.69	(2.0)	3/23

Women's 100 Meter Hurdles

1	4	Lenasia DRUMMOND	FR	#3 Hinds (Miss.) CC	14.05	(1.6)	3/30
2	7	Kalli HUSBAND	SO	#3 Hinds (Miss.) CC {2}	14.35	(1.6)	3/30
3	12	Dayvione BRIGGS	SO	#2 Iowa Central CC	14.52w	(2.8)	4/6
4	15	Dymonde NAVE	FR	#4 Indian Hills (Iowa)	14.60	(1.5)	3/28
5	16	Abigail FREY	SO	#2 Iowa Central CC {2}	14.76	(1.6)	3/16
6	18	Tanique TAYLOR	FR	#1 Iowa Western CC	14.92w	(2.6)	3/30
7	20	Hailey MARTIN	FR	#1 Iowa Western CC {2}	15.12	(1.8)	3/30
8	34	Tina SAMSON	FR	#2 Iowa Central CC {3}	15.69w	(2.4)	4/6
9	39	Veronica ANDRUSYSHYN	FR	#1 Iowa Western CC {3}	16.08	(2.0)	4/6
10	40	Nicole SCHAEFER	FR	#2 Iowa Central CC {4}	16.21w	(2.7)	3/28

Women's 200 Meters

1	3	Kaylia KELLY	FR	#1 Iowa Western CC	23.79w	(2.3)	3/30
2	4	Taliyah LINDSAY	SO	#6 Meridian (Miss.)	23.81	(0.2)	4/6
3	6	Shanice COX	SO	#4 Indian Hills (Iowa)	24.00w	(3.6)	3/28
3	6	Adalin ROBINSON	SO	#4 Indian Hills (Iowa)	24.00w	(2.6)	4/6
5	16	Nyla NORMAN	FR	#4 Indian Hills (Iowa)	24.66w	(3.6)	3/28
6	22	Ethel AMISSAH	SO	#1 Iowa Western CC {2}	24.95w	(2.7)	3/30
7	26	Destiny MITCHELL	FR	#4 Indian Hills (Iowa)	25.05w	(3.9)	4/6
8	31	Zekira SNOW	FR	#4 Indian Hills (Iowa)	25.18w	(3.6)	3/28
8	31	Ritorion VIGNE	FR	#3 Hinds (Miss.) CC	25.18w	(3.4)	3/23
10	38	Moya MITCHELL	FR	#1 Iowa Western CC {3}	25.29w	(2.1)	4/6

Women's 400 Meters

1	4	Adalin ROBINSON	SO	#4 Indian Hills (Iowa)	54.92		3/28
2	7	Twyshanna HUIE	FR	#3 Hinds (Miss.) CC	55.05		4/6
3	17	Caydence BREWER	FR	#3 Hinds (Miss.) CC {2}	56.54		3/23
4	18	T'kyla BENNETT	FR	#3 Hinds (Miss.) CC {3}	56.55		3/30
5	24	Tinesha MCLAURIN	FR	#3 Hinds (Miss.) CC {4}	56.99		4/6
6	27	Shaneil JOHNSON	FR	#3 Hinds (Miss.) CC {5}	57.33		3/30
7	28	Adriel AUSTIN	FR	#3 Hinds (Miss.) CC {6}	57.35		3/30
8	32	Cadese HIGGINS	FR	#6 Meridian (Miss.)	57.85		3/30
9	33	Mahria MILLER	FR	#3 Hinds (Miss.) CC {7}	58.12		3/30
10	34	Taliyah LINDSAY	SO	#6 Meridian (Miss.) {2}	58.25		3/21

Women's 400 Meter Hurdles

1	1	T'kyla BENNETT	FR	#3 Hinds (Miss.) CC	1:00.32		4/6
2	5	Twyshanna HUIE	FR	#3 Hinds (Miss.) CC {2}	1:01.54		3/23
3	10	Dayvione BRIGGS	SO	#2 Iowa Central CC	1:04.12		3/28
4	14	Abigail FREY	SO	#2 Iowa Central CC {2}	1:05.49		3/16
5	26	Taja CONLEY	FR	#7 North Iowa Area	1:09.61		4/6
6	29	Tanique TAYLOR	FR	#1 Iowa Western CC	1:09.83		3/30
7	30	Lilly RADCLIFFE	FR	#7 North Iowa Area {2}	1:11.00		4/6
8	31	Nicole SCHAEFER	FR	#2 Iowa Central CC {3}	1:11.10		4/6
9	39	Hailey MARTIN	FR	#1 Iowa Western CC {2}	1:13.24		3/30

Women's 800 Meters

1	1	Angeline ESTRADA	FR	#1 Iowa Western CC	2:10.07		3/30
2	13	Adriel AUSTIN	FR	#3 Hinds (Miss.) CC	2:15.94		3/23
3	26	Selket REID-EL	SO	#4 Indian Hills (Iowa)	2:20.43		4/6
4	27	Natalie BOGDANOVA KIRILOVA	FR	#2 Iowa Central CC	2:20.45		3/28
5	28	Amber HOMAN	SO	#9 Hawkeye (Iowa)	2:20.91		4/6
6	38	Silvia GRADIZZI	FR	#1 Iowa Western CC {2}	2:24.10		3/30
7	60	Arianna PEDRIN	FR	#8 Southeastern (Iowa)	2:28.99		4/6
8	68	Carissa MACKEY	SO	#8 Southeastern (Iowa)	2:31.52		3/28
9	71	Tanner MAGGARD	SO	#5 State Fair (Mo.)	2:32.44		3/23
10	73	Cassidy YALEY	SO	#8 Southeastern (Iowa)	2:32.93		4/6

Women's 1500 Meters

1	1	Privilege CHIKARA	SO	#6 Meridian (Miss.)	4:25.28		4/6
2	8	Angeline ESTRADA	FR	#1 Iowa Western CC	4:44.14		4/6
3	10	Silvia GRADIZZI	FR	#1 Iowa Western CC {2}	4:44.80		3/29
4	36	Amaree HAMILTON	SO	#4 Indian Hills (Iowa)	4:59.73		3/28
5	42	Selket REID-EL	SO	#4 Indian Hills (Iowa)	5:01.99		3/28
6	57	Arianna PEDRIN	FR	#8 Southeastern (Iowa)	5:08.80		3/28
7	62	Natalie BOGDANOVA KIRILOVA	FR	#2 Iowa Central CC	5:10.84		4/6
8	67	Cassidy YALEY	SO	#8 Southeastern (Iowa)	5:13.81		3/28
9	75	Tanner MAGGARD	SO	#5 State Fair (Mo.)	5:19.48		3/23
10	76	Shelby WEST	FR	#5 State Fair (Mo.) {2}	5:20.93		3/23

Women's Steeplechase

1	1	Barbara NEIVA	FR	#1 Iowa Western CC	10:54.62		3/29
2	26	Cloey USHER	FR	#7 North Iowa Area	14:47.59		4/6

Women's 5000 Meters

1	1	Nora BRADY	FR	#10 Heartland (Ill.) C	17:25.19		3/30
2	15	Ayianna OLIVAS	FR	#1 Iowa Western CC	18:48.00		3/30
3	27	Joan JEPNGETICH	FR	#2 Iowa Central CC	19:44.80		4/6
4	30	Tanner MAGGARD	SO	#5 State Fair (Mo.)	19:49.22		3/30
5	36	Emmal COX	FR	#10 Heartland (Ill.) C {2}	20:44.22		4/6
6	46	Maurine LIMO	FR	#2 Iowa Central CC {2}	21:35.82		4/6

Women's 10,000 Meters

1	5	Addysen CLARK	SO	#10 Heartland (Ill.) C	39:14.94		3/29
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USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Midwest

as of 4/9/2024 7:44:27 AM ET

Women's 4x100 Relay

1	4	Shanice Cox, Kenyatta Grate, Destiny Mitchell, Zekira Snow	#4 Indian Hills (low: 46.66	3/28
2	16	Abigail Frey, Dayvione Briggs, Nicole Schaefer, Tina Samson	#2 Iowa Central CC 49.52	3/28
3	21	Graycee Funderburg, Mikayla Gazo, Hadley Lutz, Kaydence Weeks	#12 Sauk Valley (Ill.) 54.94	4/6
4	22	Taja Conley, Gift Gonpue, Tenisha Herbert, Maddy Welbes	#7 North Iowa Area 56.29	3/28

Women's 4x400 Relay

1	4	Glory Okon, Ethel Amissah, Kaylia Kelly, Angeline Estrada	#1 Iowa Western CC 3:45.22	3/30
2	7	Twyshanna Huie, Caydence Brewer, T'kyla Bennett, Tinesha McLaurin	#3 Hinds (Miss.) CC 3:50.36	3/30
3	10	Cadese Higgins, Taliyah Lindsay, Cshanti Pierce, Privilege Chikara	#6 Meridian (Miss.) 4:01.72	3/21
4	16	#Type!	#8 Southeastern (Ia 4:24.97	4/6
5	17	Taja Conley, Lilly Radcliffe, Maddy Welbes, Tenisha Herbert	#7 North Iowa Area 4:26.27	4/6

Women's High Jump

1	8	Tina SAMSON	FR #2 Iowa Central CC 1.63m 5-4¼	4/6
2	19	Kamdyn STANLEY	SO #1 Iowa Western CC 1.58m 5-2¼	3/23
3	23	Calleisha CHANCE	SO #1 Iowa Western CC{2} 1.56m 5-1¼	3/30
3	23	Destiny MITCHELL	FR #4 Indian Hills (low: 1.56m 5-1¼	4/6
5	33	Meghan CAMPISE	FR #5 State Fair (Mo.) 1.44m 4-8¾	3/30
6	38	Veronica ANDRUSYSHYN	FR #1 Iowa Western CC{3} 1.36m 4-5½	4/6

Women's Pole Vault

1	23	Kira PHIPPS	FR #5 State Fair (Mo.) 2.45m 8-½	3/16
2	25	Christina GIFFORD	FR #5 State Fair (Mo.) {2} 2.15m 7-½	3/16

Women's Long Jump

1	3	Tina SAMSON	FR #2 Iowa Central CC 6.02mw 19-9 (2.8)	3/28
2	5	Calleisha CHANCE	SO #1 Iowa Western CC 5.85m 19-2½ (0.0)	3/30
3	17	Charm RONE	FR #6 Meridian (Miss.) 5.56m 18-3 (1.9)	3/30
4	20	Brandi ECHOLS	SO #3 Hinds (Miss.) CC 5.48mw 17-11¾ (2.6)	3/30
5	21	Dymonde NAVE	FR #4 Indian Hills (low: 5.45mw 17-10¾ (3.4)	4/6
6	22	Zekira SNOW	FR #4 Indian Hills (low: 5.42mw 17-9½ (3.9)	3/28
7	32	Jayla BROWN	SO #1 Iowa Western CC{2} 5.09m 16-8½ (2.0)	3/30
8	35	Ashanti PATTON	FR #6 Meridian (Miss.) {2} 5.06m 16-7¼ (0.0)	3/30
8	35	Kamdyn STANLEY	SO #1 Iowa Western CC{3} 5.06m 16-7¼ (2.0)	3/23
10	41	Sidney COLE	SO #1 Iowa Western CC{4} 4.98m 16-4¼ (0.0)	3/23

Women's Triple Jump

1	1	Mercy HONESTY	FR #1 Iowa Western CC 12.53m 41-1½ (0.5)	3/30
2	5	Jayla BROWN	SO #1 Iowa Western CC{2} 11.99m 39-4 (1.0)	3/30
3	8	Sakina UMAR	FR #1 Iowa Western CC{3} 11.72m 38-5½ (1.0)	3/30
4	17	Ashanti PATTON	FR #6 Meridian (Miss.) 10.60m 34-9½ (1.5)	3/21
5	28	Graycee FUNDERBURG	FR #12 Sauk Valley (Ill.) 9.26m 30-4¾ (1.2)	4/6

Women's Shot Put

1	6	Chin-Loy RAYMOND	FR #1 Iowa Western CC 13.52m 44-4¼	3/30
2	11	Sarai SIMPSON	FR #1 Iowa Western CC{2} 12.74m 41-9¾	4/6
3	20	Zuriya ROBINSON	FR #2 Iowa Central CC 11.68m 38-4	3/28
4	21	Molly PRICHARD	FR #5 State Fair (Mo.) 11.57m 37-11½	3/16
5	25	Sara DIEW	SO #2 Iowa Central CC {2} 11.27m 36-11¾	3/28
6	34	Tina SAMSON	FR #2 Iowa Central CC {3} 10.65m 34-11¼	4/6
7	35	Rowland KIRTON- BROWNE	FR #2 Iowa Central CC {4} 10.63m 34-10½	3/28
8	40	Delaney KOPRIVA	SO #9 Hawkeye (Iowa) 10.47m 34-4¼	4/6
9	48	Aliyah HENRY	FR #2 Iowa Central CC {5} 9.91m 32-6¼	3/28
10	49	Abbi RICHTER	FR #11 Southwestern (Ia 9.88m 32-5	3/28

Women's Discus

1	12	Sara DIEW	SO #2 Iowa Central CC 38.78m 127-3	3/16
2	18	Zuriya ROBINSON	FR #2 Iowa Central CC {2} 36.19m 118-9	3/16
3	20	Natalie ALBERT	SO #1 Iowa Western CC 35.78m 117-5	4/6
4	27	Elyse TRUNCK	SO #9 Hawkeye (Iowa) 34.43m 113-0	4/6
5	39	Aliyah HENRY	FR #2 Iowa Central CC {3} 32.11m 105-4	3/16
6	44	Sarai SIMPSON	FR #1 Iowa Western CC{2} 31.18m 102-4	4/6
7	48	Abbi RICHTER	FR #11 Southwestern (Ia 30.67m 100-8	3/28
8	54	Molly PRICHARD	FR #5 State Fair (Mo.) 29.62m 97-2¼	3/23
9	58	Claire NICHOLS	FR #5 State Fair (Mo.) {2} 28.84m 94-7½	3/30
10	73	Kasey SPRINGER	FR #11 Southwestern (Ia{2} 25.11m 82-4¾	4/6

Women's Hammer

1	5	Natalie ALBERT	SO #1 Iowa Western CC 48.46m 159-0	3/30
2	14	Zuriya ROBINSON	FR #2 Iowa Central CC 42.59m 139-9	3/16
3	21	Chloe LARSEN	SO #1 Iowa Western CC{2} 39.98m 131-2	3/23
4	29	Sara DIEW	SO #2 Iowa Central CC {2} 38.72m 127-1	3/28
5	39	Rowland KIRTON- BROWNE	FR #2 Iowa Central CC {3} 34.91m 114-7	3/16
6	40	Molly PRICHARD	FR #5 State Fair (Mo.) 34.79m 114-2	3/23
7	41	Aliyah HENRY	FR #2 Iowa Central CC {4} 34.30m 112-7	3/16
8	46	Delaney KOPRIVA	SO #9 Hawkeye (Iowa) 33.79m 110-11	3/29
9	52	Abbi RICHTER	FR #11 Southwestern (Ia 32.57m 106-10	3/28
10	57	Elyse TRUNCK	SO #9 Hawkeye (Iowa) {2} 31.54m 103-6	4/6



USTFCCA NJCAA Division I Outdoor Track & Field
Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



Midwest

as of 4/9/2024 7:44:27 AM ET

Women's Javelin

1	4	Bailey HASELHORST	FR	#5 State Fair (Mo.)	43.72m	143-5	3/30
2	10	Tina SAMSON	FR	#2 Iowa Central CC	38.12m	125-1	3/16
3	12	Claire NICHOLS	FR	#5 State Fair (Mo.) {2}	36.92m	121-2	3/23
4	14	Rowland KIRTON-BROWNE	FR	#2 Iowa Central CC {2}	36.73m	120-6	4/6
5	26	Veronica ANDRUSYSHYN	FR	#1 Iowa Western CC	29.42m	96-6¼	3/23
6	27	Malori LEONARD	SO	#11 Southwestern (Ia)	29.06m	95-4¼	3/28
7	37	Abbi RICHTER	FR	#11 Southwestern (Ia) {2}	26.12m	85-8½	3/28
8	38	Landry MCCOID	FR	#2 Iowa Central CC {3}	26.02m	85-4½	3/28
9	42	Sara DIEW	SO	#2 Iowa Central CC {4}	24.98m	81-11½	3/28
10	50	Madison STECKLER	FR	#1 Iowa Western CC {2}	20.14m	66-1	3/23

Women's Heptathlon

1	2	Tina SAMSON	FR	#2 Iowa Central CC	4,728	4/6
2	8	Veronica ANDRUSYSHYN	FR	#1 Iowa Western CC	3,112	4/6



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



West

as of 4/9/2024 7:44:27 AM ET

Women's 100 Meters

1	1	Kamaria KNIGHT	FR	#1	New Mexico JC	11.54c	(11.51A) (1.0)	4/6
2	8	Ruth AGADAMA	FR	#3	South Plains (Te: {2})	11.72w	(2.3)	4/6
3	11	Deshay TURNER	SO	#2	Mesa (Ariz.) CC	11.92	(-1.6)	3/16
4	14	Brandy HALL	SO	#3	South Plains (Te: {2})	11.93w	(3.7)	4/6
5	15	Breanna CLARKE	SO	#3	South Plains (Te: {3})	11.95w	(2.9)	4/6
6	17	Kavel RITCHIE	FR	#1	New Mexico JC {2}	12.02cw	(11.99A) (3.0)	4/6
7	18	Sydney ROQUEBRUN	FR	#3	South Plains (Te: {4})	12.06w	(2.3)	4/6
8	26	Katherine LEMISH	SO	#2	Mesa (Ariz.) CC {2}	12.13w	(3.4)	3/23
9	28	Odelia LEMONS	FR	#2	Mesa (Ariz.) CC {3}	12.15	(-0.4)	3/29
10	34	Trinity BETHEA	SO	#4	Pima (Ariz.) CC	12.25	(0.5)	3/23

Women's 100 Meter Hurdles

1	1	Lovina EWUSI	FR	#7	Western Texas	13.87	(1.7)	3/16
2	2	Maliah EDWARDS	FR	#1	New Mexico JC	13.92w	(3.7)	3/23
3	6	Katherine LEMISH	SO	#2	Mesa (Ariz.) CC	14.28	(0.0)	3/23
4	8	Larissa BLANCHARD	FR	#4	Pima (Ariz.) CC	14.36	(-1.6)	3/16
4	8	Brieanna BOYCE	FR	#7	Western Texas {2}	14.36w	(3.5)	3/30
6	10	Mikelia STRONG	SO	#5	Central Arizona	14.37	(1.2)	4/6
7	13	Leila BARMORE	SO	#8	Glendale (Ariz.) C	14.53	(0.0)	3/23
8	17	Amber SIMPSON	SO	#3	South Plains (Te: {2})	14.91w	(3.4)	3/30
9	20	Odelia LEMONS	FR	#2	Mesa (Ariz.) CC {2}	15.12	(-1.2)	3/29
10	22	Aliyah GIDHARRY	SO	#5	Central Arizona {2}	15.15	(-0.9)	3/23

Women's 200 Meters

1	2	Lovina EWUSI	FR	#7	Western Texas	23.68w	(2.5)	3/23
2	8	Nandy KIHUYU	FR	#1	New Mexico JC	24.02cw	(23.95A) (2.0)	4/6
3	10	Deshay TURNER	SO	#2	Mesa (Ariz.) CC	24.12	(1.5)	3/16
4	11	Grace OBOUR	SO	#7	Western Texas {2}	24.24w	(3.1)	4/6
5	14	Mikelia STRONG	SO	#5	Central Arizona	24.53	(-0.5)	3/23
6	15	Safhia HINDS	SO	#3	South Plains (Te: {2})	24.59w	(3.4)	3/23
7	24	Ruth AGADAMA	FR	#3	South Plains (Te: {2})	25.02w	(3.0)	3/23
8	27	Brieanna BOYCE	FR	#7	Western Texas {3}	25.09	(2.0)	3/16
9	28	Leticia QUINGOSTAS	SO	#3	South Plains (Te: {3})	25.11c	(25.04A) (1.0)	3/16
10	30	Trinity BETHEA	SO	#4	Pima (Ariz.) CC	25.14	(-0.5)	3/23

Women's 400 Meters

1	1	Dejona SIMPSON	SO	#1	New Mexico JC	54.04c	(53.93A)	4/6
2	2	Lacarthea COOPER	SO	#1	New Mexico JC {2}	54.10c	(53.99A)	4/6
3	5	T'Anna LIBURD	FR	#5	Central Arizona	54.95		4/6
4	6	Brieanna BOYCE	FR	#7	Western Texas	55.04		4/6
5	8	Nandy KIHUYU	FR	#1	New Mexico JC {3}	55.45		3/23
6	11	Grace OBOUR	SO	#7	Western Texas {2}	55.96		3/23
7	13	Trinity BETHEA	SO	#4	Pima (Ariz.) CC	56.23		3/23
8	14	Reanna CAMPBELL	FR	#2	Mesa (Ariz.) CC	56.36		3/29
8	14	Mikelia STRONG	SO	#5	Central Arizona {2}	56.36		3/23
10	16	Diane ONDOBO	SO	#2	Mesa (Ariz.) CC {2}	56.38		3/23

Women's 400 Meter Hurdles

1	2	Safhia HINDS	SO	#3	South Plains (Te: {2})	1:00.87		3/30
2	3	Lovina EWUSI	FR	#7	Western Texas	1:01.16		3/30
3	4	Grace KOMBETTO	FR	#5	Central Arizona	1:01.36		3/29
4	6	Leticia QUINGOSTAS	SO	#3	South Plains (Te: {2})	1:02.03		4/6
5	7	Brieanna BOYCE	FR	#7	Western Texas {2}	1:02.55		3/23
6	8	Asia FOSTER	SO	#7	Western Texas {3}	1:02.67		4/6
7	9	Katherine LEMISH	SO	#2	Mesa (Ariz.) CC	1:02.76		3/23
8	12	Elizabeth WEAD	FR	#2	Mesa (Ariz.) CC {2}	1:04.57		3/23
9	13	Taylor CRANE	FR	#4	Pima (Ariz.) CC	1:05.01		4/6
10	18	Odelia LEMONS	FR	#2	Mesa (Ariz.) CC {3}	1:07.41		3/23

Women's 800 Meters

1	2	Grace KOMBETTO	FR	#5	Central Arizona	2:10.18		3/23
2	3	Jennaveve BINGHAM	FR	#10	Southern Idaho	2:11.88		3/30
3	5	Rushana DWYER	SO	#3	South Plains (Te: {2})	2:12.25		4/6
4	6	Brianna SAMUELS	SO	#5	Central Arizona {2}	2:12.79		3/9
5	8	Lilliana GUERRERO	SO	#3	South Plains (Te: {2})	2:13.08		4/6
6	10	Taylor JACOBS	SO	#2	Mesa (Ariz.) CC	2:14.66		3/16
7	11	Jayne ELVIN	FR	#1	New Mexico JC	2:15.28		3/30
8	12	Megan GARRETT	FR	#13	Trinidad State (C	2:15.50c	(2:16.22A)	3/16
9	14	Jody ANN MITCHELL	FR	#1	New Mexico JC {2}	2:16.11c	(2:16.57A)	4/6
10	16	Lisanne SCHAPENDONK	FR	#1	New Mexico JC {3}	2:16.49		3/30

Women's 1500 Meters

1	2	Megan GARRETT	FR	#13	Trinidad State (C	4:31.32c	(4:37.15A)	3/22
2	3	Elayna LOVERIDGE	FR	#6	Salt Lake (Utah)	4:37.39		3/22
3	5	Emerald KEHR	FR	#6	Salt Lake (Utah) {2}	4:37.86		3/22
4	6	Alliyah MOLINA	SO	#13	Trinidad State (C{2})	4:39.07c	(4:45.07A)	3/30
5	7	Ashlen CLEM	SO	#11	North Central Te	4:43.53		3/30
6	11	Jayne ELVIN	FR	#1	New Mexico JC	4:45.77c	(4:49.83A)	4/6
7	12	Lisanne SCHAPENDONK	FR	#1	New Mexico JC {2}	4:46.16c	(4:50.22A)	4/6
8	13	Anna HARMON	JR	#2	Mesa (Ariz.) CC	4:46.89		3/16
9	14	Elizabeth PHILLIPS	SO	#10	Southern Idaho	4:47.34		3/30
10	16	Madelyn CHRISTENSEN	FR	#10	Southern Idaho {2}	4:48.22		3/30

Women's Steeplechase

1	2	Molly JENSEN	SO	#6	Salt Lake (Utah)	11:27.44		3/30
2	3	Kennedy SWAIN	SO	#6	Salt Lake (Utah) {2}	11:30.19		3/30
3	4	Jazmin ESTRADA	SO	#12	Paradise Valley (	11:30.22		3/29
4	6	Megan GARRETT	FR	#13	Trinidad State (C	11:35.92c	(11:52.85A)	3/30
5	7	Katlyn CLEM	SO	#11	North Central Te	11:55.29		3/16
6	8	Sophia RIDING	FR	#6	Salt Lake (Utah) {3}	12:03.51		3/22
7	10	Stephania HERNANDEZ	FR	#10	Southern Idaho	12:07.31		3/30
8	11	Temyra BIA	FR	#5	Central Arizona	12:20.40		3/29
9	14	Mackenzie BETHANCOURT	FR	#12	Paradise Valley ({2})	12:32.19		3/29
10	15	Elizabeth STANLEY	SO	#10	Southern Idaho {2}	12:32.21c	(12:49.96A)	4/5



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



West

as of 4/9/2024 7:44:28 AM ET

Women's 5000 Meters

1	3	Anna HARMON	JR	#2 Mesa (Ariz.) CC	17:54.59	3/23
2	6	Madison LOPEZ	SO	#6 Salt Lake (Utah)	18:10.05	3/22
3	7	Angy SALADO FERNANDEZ	FR	#6 Salt Lake (Utah) {2}	18:11.93c (18:39.16A)	3/30
4	8	Elayna LOVERIDGE	FR	#6 Salt Lake (Utah) {3}	18:14.50	3/30
5	9	Carolyne KIMAIYO	SO	#1 New Mexico JC	18:22.64	3/30
6	10	Jazmin ESTRADA	SO	#12 Paradise Valley (	18:25.94	3/16
7	12	Anjelica ABRAHAM	SO	#11 North Central Te	18:39.79	3/16
8	13	Molly JENSEN	SO	#6 Salt Lake (Utah) {4}	18:42.49	3/30
9	14	Keira DAMRON	FR	#12 Paradise Valley {2}	18:44.32	3/23
10	18	Temyra BIA	FR	#5 Central Arizona	18:56.69	4/6

Women's 10,000 Meters

1	1	Lindsie FAUSETT	FR	#6 Salt Lake (Utah)	35:42.55	3/30
2	2	Alliyah MOLINA	SO	#13 Trinidad State (C	36:02.44c (37:09.75A)	3/16
3	3	Lillian NEFF	FR	#10 Southern Idaho	38:26.78	3/30
4	4	Abigail CASE	SO	#10 Southern Idaho {2}	38:30.76	3/30
5	6	Marryn POLL	SO	#10 Southern Idaho {3}	39:20.13	3/30
6	7	Lilian MATEO TORREZ	FR	#3 South Plains (Te:	39:23.69	3/23
7	8	Anna HARMON	JR	#2 Mesa (Ariz.) CC	39:24.98	3/16
8	9	Macie CHUGG	FR	#10 Southern Idaho {4}	39:27.52	3/30
9	10	Carolyne KIMAIYO	SO	#1 New Mexico JC	40:00.65c (40:47.91A)	4/6
10	11	Carmella BALDWIN	FR	#2 Mesa (Ariz.) CC {2}	40:40.20	3/16

Women's 4x100 Relay

1	3	Ruth Agadama, Saffia Hinds, Leticia Quingostas, Breanna Clarke	#3 South Plains (Te:	46.34	4/6
2	5	Katherine Lemish, Odelia Lemons, Zamirah Parker, Deshay Turner	#2 Mesa (Ariz.) CC	46.83	3/29
3	9	Aliyah Gidharry, Patience Boahemaa, T'Anna Liburd, Mikelia Strong	#5 Central Arizona	47.89	3/16
4	11	Kaelyn Giarrusso, Leila Barmore, Lailah Campbell, Suraia Amer	#8 Glendale (Ariz.) (	48.42	3/29
5	17	Mckailyn Morris, Brienne Roberts, Larissa Blanchard, Tristin Duron	#4 Pima (Ariz.) CC	49.73	3/29
6	18	Aisha Zaffino, Aliya Schock, Emma Mckenzie, Tiana Culmer	#9 Bismarck State (	50.57	3/29

Women's 4x400 Relay

1	1	Brieanna Boyce, Lovina Ewusi, Asia Foster, Grace Obour	#7 Western Texas	3:44.46	3/30
2	2	Mikelia Strong, T'Anna Liburd, Brianna Samuels, Grace Kombetto	#5 Central Arizona	3:44.62	3/23
3	3	Saffia Hinds, Leticia Quingostas, Lilliana Guerrero, Rushana Dwyer	#3 South Plains (Te:	3:44.77	3/30
4	6	Deshay Turner, Diane Ondobo, Reanna Campbell, Taylor Jacobs	#2 Mesa (Ariz.) CC	3:48.08	3/29
5	11	Tristin Duron, Tayler Crane, Tianna Mosley, Trinity Bethea	#4 Pima (Ariz.) CC	4:05.82	3/23
6	18	#Type!	#6 Salt Lake (Utah)	4:27.45c (4:27.01A)	3/30
7	22	Celisa Scarbrough, Lailah Campbell, Hannah Hurley, Lauren Allard	#8 Glendale (Ariz.) (	4:36.66	3/29

Women's 4x800 Relay

1	2	Jayne Elvin, Vanessa Gallegos, Daphne Kausz, Lisanne Schapendonk	#1 New Mexico JC	9:21.01	3/30
2	3	Maria Burgos, Katlyn Clem, Glorie Kabuin, Ashlen Clem	#11 North Central Te	9:44.62	3/30

Women's High Jump

1	2	Achol MAYWIN	SO	#1 New Mexico JC	1.73m	5-8	4/6
2	3	Abril OKON	FR	#3 South Plains (Te:	1.68m	5-6	4/6
2	3	Janiya ROSS	FR	#4 Pima (Ariz.) CC	1.68m	5-6	3/29
4	5	April NECAISE	FR	#4 Pima (Ariz.) CC {2}	1.65m	5-5	3/23
5	8	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC	1.63m	5-4 1/4	3/15
5	8	Isabel GREEN	FR	#4 Pima (Ariz.) CC {3}	1.63m	5-4 1/4	3/29
5	8	Bella HOFFMAN	FR	#4 Pima (Ariz.) CC {3}	1.63m	5-4 1/4	3/29
5	8	Daniel HINDS	SO	#1 New Mexico JC {2}	1.63m	5-4 1/4	4/6
9	17	Amber SIMPSON	SO	#3 South Plains (Te:	1.59m	5-2 1/2	4/6
9	17	Mikayla GUMBS	FR	#1 New Mexico JC {3}	1.59m	5-2 1/2	4/6

Women's Pole Vault

1	2	Sarah NIPPER	FR	#2 Mesa (Ariz.) CC	3.60m	11-9 3/4	3/29
2	5	Morgan PEPE	FR	#4 Pima (Ariz.) CC	3.50m	11-5 3/4	3/29
3	7	Giuliana SAPORITO SCHIESARO	FR	#3 South Plains (Te:	3.46m	11-4 1/4	3/23
4	8	Brianne ROBERTS	FR	#4 Pima (Ariz.) CC {2}	3.42m	11-2 1/2	3/29
5	11	Raely PALMER	FR	#2 Mesa (Ariz.) CC {2}	3.27m	10-8 3/4	3/16
6	15	Celisa SCARBROUGH	FR	#8 Glendale (Ariz.) (	3.12m	10-2 3/4	3/29
7	18	Alexandra CAREY	FR	#8 Glendale (Ariz.) (2}	3.00m	9-10	3/23
7	18	Lauren ALLARD	FR	#8 Glendale (Ariz.) (2}	3.00m	9-10	3/23
9	20	Maryn TERRY	FR	#3 South Plains (Te:	2.97m	9-9	4/6



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #3, April 9



West

as of 4/9/2024 7:44:28 AM ET

Women's Long Jump

1	1	Kavel RITCHIE	FR	#1 New Mexico JC	6.13mw	20-1½ (3.1)	4/6
2	2	Kyla METZLER	FR	#11 North Central Te	6.06mw	19-10¾ (3.1)	3/16
3	4	Ruth AGADAMA	FR	#3 South Plains (Te:	5.96mw	19-6¾ (3.0)	4/6
4	6	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC	5.79m	19-0 (0.0)	3/29
5	7	Sydney ROQUEBRUN	FR	#3 South Plains (Te:	5.74mw	18-10 (3.0)	3/23
6	8	Leila BARMORE	SO	#8 Glendale (Ariz.) C	5.73m	18-9¾ (0.0)	3/23
7	10	Maylee THOMPSON	FR	#4 Pima (Ariz.) CC	5.70m	18-8½ (0.8)	3/23
8	19	Marisa HENNIX	FR	#2 Mesa (Ariz.) CC {2}	5.54m	18-2¼ (0.0)	3/29
9	23	Zamirah PARKER	SO	#2 Mesa (Ariz.) CC {3}	5.41m	17-9 (0.6)	3/23
10	25	Alexia ANDERSON	FR	#9 Bismarck State (	5.40m	17-8¾ (2.0)	4/6

Women's Triple Jump

1	2	Tianna MOSLEY	SO	#4 Pima (Ariz.) CC	12.35m	40-6¼ (2.0)	3/23
2	3	Leila BARMORE	SO	#8 Glendale (Ariz.) C	12.29m	40-4 (1.0)	3/23
3	4	Bella HOFFMAN	FR	#4 Pima (Ariz.) CC {2}	12.16mw	39-10¾ (2.9)	3/23
4	6	Kavel RITCHIE	FR	#1 New Mexico JC	11.94mw	39-2¼ (3.9)	3/23
5	9	Kyla METZLER	FR	#11 North Central Te	11.43m	37-6 (-0.1)	3/9
6	13	April NECAISE	FR	#4 Pima (Ariz.) CC {3}	10.67m	35-¼ (0.0)	3/29
7	16	Roxy CHRISTENSEN	FR	#4 Pima (Ariz.) CC {4}	10.63m	34-10½ (1.3)	3/23
8	18	Zamirah PARKER	SO	#2 Mesa (Ariz.) CC	10.53m	34-6¾ (0.0)	3/16
9	19	Oyindamola ADETUTU	FR	#8 Glendale (Ariz.) C	10.49m	34-5 (1.6)	3/23
10	21	Aliyah GIDHARRY	SO	#5 Central Arizona	10.35m	33-11½ (0.0)	3/29

Women's Shot Put

1	1	Esteisy SALAS	FR	#1 New Mexico JC	15.02m	49-3½	3/30
2	3	Kasie UGEH	JR	#5 Central Arizona	13.81m	45-3¾	3/16
3	9	Yosiris CORDOBA	FR	#1 New Mexico JC {2}	13.02mA	42-8¾	4/6
4	10	Rejoice AGBEWODIE	FR	#5 Central Arizona {2}	12.81m	42-½	4/6
5	12	Jamelia NICHOLAS	FR	#5 Central Arizona {3}	12.68m	41-7¼	3/16
6	16	Catherine GREEN	SO	#3 South Plains (Te:	11.98m	39-3¾	4/6
7	18	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC	11.75m	38-6¾	3/16
8	22	Julia CLEMENTS	FR	#9 Bismarck State (	11.56m	37-11¼	3/29
9	28	Kapualani MAGNANI	SO	#4 Pima (Ariz.) CC	11.00m	36-1¼	3/16
10	30	Taryn SIEG	FR	#9 Bismarck State ({2}	10.96m	35-11½	3/29
10	30	Seioriana GLASS	FR	#2 Mesa (Ariz.) CC {2}	10.96m	35-11½	3/23

Women's Discus

1	2	Yosiris CORDOBA	FR	#1 New Mexico JC	53.63m	176-0	3/23
2	4	Rejoice AGBEWODIE	FR	#5 Central Arizona	49.96m	163-11	3/29
3	6	Kasie UGEH	JR	#5 Central Arizona {2}	45.85m	150-5	4/6
4	7	Catherine GREEN	SO	#3 South Plains (Te:	41.78m	137-1	3/23
5	8	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC	40.78m	133-10	3/29
6	9	Jamelia NICHOLAS	FR	#5 Central Arizona {3}	40.26m	132-1	3/29
7	18	Vanessa ESPARZA	FR	#1 New Mexico JC {2}	36.19mA	118-9	4/6
8	22	Alison HOFF	SO	#9 Bismarck State (	35.30m	115-10	4/6
9	35	Wiley WALLER	FR	#9 Bismarck State ({2}	33.01m	108-4	4/6
10	41	Kapualani MAGNANI	SO	#4 Pima (Ariz.) CC	32.02m	105-1	3/29

Women's Hammer

1	1	Tania DA SILVA	FR	#1 New Mexico JC	52.44m	172-1	3/30
2	4	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC	48.48m	159-1	3/23
3	6	Kapualani MAGNANI	SO	#4 Pima (Ariz.) CC	48.03m	157-7	3/23
4	8	Annika ARVAYO	SO	#4 Pima (Ariz.) CC {2}	47.43m	155-8	3/23
5	9	Rejoice AGBEWODIE	FR	#5 Central Arizona	47.31m	155-3	3/16
6	18	Jenyce LOPEZ	SO	#4 Pima (Ariz.) CC {3}	40.52m	132-11	3/29
7	22	Seioriana GLASS	FR	#2 Mesa (Ariz.) CC {2}	39.96m	131-1	3/29
8	45	Angelina THIEL	SO	#8 Glendale (Ariz.) C	33.94m	111-4	3/16
9	47	Julia CLEMENTS	FR	#9 Bismarck State (	33.51m	109-11	4/6
10	54	Abbigal BISHOP	FR	#8 Glendale (Ariz.) C	32.03m	105-1	3/16

Women's Javelin

1	1	Bruna VIEIRA DE JESUS	FR	#1 New Mexico JC	46.98m	154-2	3/23
2	2	Anisha GIBBONS	SO	#1 New Mexico JC {2}	45.72m	150-0	3/30
3	3	Rejoice AGBEWODIE	FR	#5 Central Arizona	45.34m	148-9	3/23
4	7	Kasie UGEH	JR	#5 Central Arizona {2}	39.82m	130-8	3/23
5	8	Aliyah GIDHARRY	SO	#5 Central Arizona {3}	38.36m	125-10	3/16
6	11	Vivica ADDISON	FR	#7 Western Texas	37.54m	123-2	3/23
7	15	Maylee THOMPSON	FR	#4 Pima (Ariz.) CC	36.64m	120-3	3/23
8	17	Mya SHELTON	FR	#9 Bismarck State (	36.04m	118-3	4/6
9	18	April NECAISE	FR	#4 Pima (Ariz.) CC {2}	34.19m	112-2	3/29
9	18	Julia CLEMENTS	FR	#9 Bismarck State ({2}	34.19m	112-2	3/29

Women's Heptathlon

1	1	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC	4,827		3/15
2	3	Abril OKON	FR	#3 South Plains (Te:	4,253		4/6
3	4	Amber SIMPSON	SO	#3 South Plains (Te:	4,195		4/6
4	5	Maylee THOMPSON	FR	#4 Pima (Ariz.) CC	4,012		3/15
5	9	Lucille LOVELACE	SO	#2 Mesa (Ariz.) CC {2}	3,087		3/15
6	12	Simone GRISHAM-DOBBS		#12 Paradise Valley (	1,786		3/29