



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



Atlantic

as of 4/23/2024 8:31:36 AM ET

Women's 100 Meters

1	21	Haniyyah JOHNSON	SO	#9 Richard Bland (V	11.99w	(2.2)	4/6
2	39	Akira HAMILTON	FR	#9 Richard Bland (V{2}	12.22w	(2.2)	4/6
3	52	Ashia MARTIN	FR	#2 Essex County (N.	12.41	(1.2)	4/20
4	55	Kimberly BAKER	FR	#2 Essex County (N.{2}	12.44w	(2.3)	4/13
4	55	Ilyona DAVIS	FR	#6 Howard (Md.) CC	12.44w	(2.3)	4/13
6	67	Ma-Avian WILLIAMS	FR	#2 Essex County (N.{3}	12.55	(1.3)	4/13
7	70	Nasjai WHITE	FR	#12 Lake-Sumter Sta	12.57	(1.7)	4/20
8	79	Kiana CASIMIR	SO	#2 Essex County (N.{4}	12.69	(1.2)	4/20
9	86	Makenzey GLASS	FR	#7 Marion Military I	12.75	(0.9)	3/16
10	92	Kiliyah TAYLOR	FR	#7 Marion Military I{2}	12.80	(0.9)	3/16

Women's 100 Meter Hurdles

1	15	Quaycian DAVIS	FR	#1 Monroe-New Ro	14.47	(-0.5)	4/13
2	25	Kahliyah SMITH	SO	#1 Monroe-New Ro{2}	15.03	(1.8)	4/20
3	34	Ma-Avian WILLIAMS	FR	#2 Essex County (N.	15.32	(1.7)	4/20
4	42	Zinzile GUMPO	FR	#4 Vincennes (Ind.)	15.86w	(2.7)	4/5
5	49	Myasia MATTHEWS	SO	#5 Cuyahoga (Ohio)	16.34	(-0.3)	3/23
6	51	Demaris SOTO	FR	#12 Lake-Sumter Sta	16.43	(1.3)	4/20
6	51	Erin SMITH	FR	#9 Richard Bland (V	16.43w	(2.5)	4/12
8	63	Paula ORUSEDE	FR	#1 Monroe-New Ro{3}	17.68	(0.0)	4/6
9	68	Steffanie MCGUFFEY	FR	#8 Muskegon (Mich.	18.20	(-1.8)	4/20
10	74	Myah ADAMS	FR	#11 Spartanburg Me	19.20	(0.5)	3/2

Women's 200 Meters

1	62	Kettia AMBROSE	FR	#1 Monroe-New Ro	25.66w	(3.9)	4/13
2	68	Kimberly BAKER	FR	#2 Essex County (N.	25.73	(0.7)	4/20
3	91	Ilyona DAVIS	FR	#6 Howard (Md.) CC	26.31	(1.6)	4/20
4	95	Kimmley JOHNSON	SO	#14 Denmark Tech (S	26.40	(1.4)	4/6
5	98	Nasjai WHITE	FR	#12 Lake-Sumter Sta	26.45	(1.7)	3/2
6		Serena DOUGLAS	FR	#2 Essex County (N.{2}	26.48	(-1.0)	4/10
7		Natalie ERICKSON	JR	#8 Muskegon (Mich.	26.65w	(3.2)	4/6
8		Kiana CASIMIR	SO	#2 Essex County (N.{3}	26.67	(0.0)	4/6
9		Kiliyah TAYLOR	FR	#7 Marion Military I	26.73	(1.9)	4/20
10		Keyonna MCGILL	FR	#5 Cuyahoga (Ohio)	27.07	(-0.7)	3/30

Women's 400 Meters

1	49	Kettia AMBROSE	FR	#1 Monroe-New Ro	58.32		4/20
2	51	Kimberly BAKER	FR	#2 Essex County (N.	58.45		4/20
3	55	Kayla JOHNSON	SO	#1 Monroe-New Ro{2}	58.57		4/20
4	63	Serena DOUGLAS	FR	#2 Essex County (N.{2}	59.21		4/10
5	73	Jacarla BLACK	FR	#5 Cuyahoga (Ohio)	1:00.39		4/13
6	82	Keyonna MCGILL	FR	#5 Cuyahoga (Ohio){2}	1:01.02		3/30
7	94	Paula ORUSEDE	FR	#1 Monroe-New Ro{3}	1:02.11		4/20
8	96	Vegonia JEAN BAPTISTE	SO	#1 Monroe-New Ro{4}	1:02.16		4/6
9		Emilly SILVA	FR	#4 Vincennes (Ind.)	1:02.56		3/30
10		Ilyona DAVIS	FR	#6 Howard (Md.) CC	1:02.61		3/23

Women's 400 Meter Hurdles

1	21	Myasia MATTHEWS	SO	#5 Cuyahoga (Ohio)	1:06.98		4/13
2	25	Paula ORUSEDE	FR	#1 Monroe-New Ro	1:07.78		4/20
3	34	Sophia OUTHOUS	FR	#11 Spartanburg Me	1:09.24		3/23
4	39	Erin SMITH	FR	#9 Richard Bland (V	1:10.75		4/20
5	43	Demaris SOTO	FR	#12 Lake-Sumter Sta	1:13.01		3/2
6	46	Kahliyah SMITH	SO	#1 Monroe-New Ro{2}	1:13.95		4/20
7	50	Polly ADDINGTON	FR	#11 Spartanburg Me{2}	1:16.15		4/5
8	51	Steffanie MCGUFFEY	FR	#8 Muskegon (Mich.	1:20.07		4/6
9	54	Sarayah LYLES	FR	#5 Cuyahoga (Ohio){2}	1:35.52		3/23

Women's 800 Meters

1	18	Serena DOUGLAS	FR	#2 Essex County (N.	2:16.33		4/13
2	22	Attoya HARVEY	FR	#1 Monroe-New Ro	2:17.22		4/13
3	24	Emilly SILVA	FR	#4 Vincennes (Ind.)	2:17.77		4/5
4	25	Kayla JOHNSON	SO	#1 Monroe-New Ro{2}	2:18.14		4/6
5	30	Shaquka TYRELL	SO	#1 Monroe-New Ro{3}	2:18.84		4/13
6	68	Adi FULLER	FR	#4 Vincennes (Ind.) {2}	2:26.86		4/5
7	77	Jacarla BLACK	FR	#5 Cuyahoga (Ohio)	2:28.87		4/20
8	79	Aaliyah HEADLEY	FR	#1 Monroe-New Ro{4}	2:29.50		4/6
9	92	Morgan JARRELL	FR	#3 Hagerstown (Md	2:31.99		3/16
10		Jasmyn SELF	FR	#4 Vincennes (Ind.) {3}	2:34.99		4/5

Women's 1500 Meters

1	19	Attoya HARVEY	FR	#1 Monroe-New Ro	4:44.58		4/6
2	30	Kayla JOHNSON	SO	#1 Monroe-New Ro{2}	4:51.70		4/13
3	35	Emilly SILVA	FR	#4 Vincennes (Ind.)	4:55.70		3/30
4	38	Shaquka TYRELL	SO	#1 Monroe-New Ro{3}	4:56.80		4/6
5	52	Jana STIFFLER	SO	#10 Lansing (Mich.) C	5:00.33		4/5
6	61	Adi FULLER	FR	#4 Vincennes (Ind.) {2}	5:04.57		4/5
7	64	Rebecca TELLEZ	FR	#3 Hagerstown (Md	5:05.30		3/16
8	77	Serena DOUGLAS	FR	#2 Essex County (N.	5:13.40		4/13
9	90	Jasmyn SELF	FR	#4 Vincennes (Ind.) {3}	5:22.99		3/30
10	99	Ja'llian PAIGE	FR	#17 Louisburg (N.C.)	5:25.18		4/6

Women's Steeplechase

1	20	Sophia OUTHOUS	FR	#11 Spartanburg Me	12:20.59		3/23
2	21	Adi FULLER	FR	#4 Vincennes (Ind.)	12:22.63		3/30
3	28	Marion JEPTOO	FR	#2 Essex County (N.	12:59.52		4/20
4	30	Maggie THOMPSON	SO	#3 Hagerstown (Md	14:06.57		4/20
5	31	Arial CRAWFORD	FR	#3 Hagerstown (Md){2}	14:17.36		3/16
6	32	Arrisyn AMTOWER	SO	#15 Potomac State (I	14:21.14		4/13
7	33	Clare WOODRING	FR	#3 Hagerstown (Md){3}	14:33.87		3/16
8	34	Minka AMTOWER	SO	#15 Potomac State (I{2}	14:43.85		4/13
9	36	Lucy LILLIS	FR	#13 Marian Ancilla (I	17:54.39		3/23



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Women's 5000 Meters

1	10	Jana STIFFLER	SO	#10 Lansing (Mich.) C	17:58.49	4/20
2	23	Ava LAMILZA	FR	#16 Macomb (Mich.)	18:38.83	4/6
3	29	Rebecca TELLEZ	FR	#3 Hagerstown (Md)	18:51.48	3/22
4	55	Marion JEPTOO	FR	#2 Essex County (N.	20:34.27	4/6
5	67	Lily KOGUT	FR	#10 Lansing (Mich.) C{2}	21:37.18	4/20
6	69	Averi VANCE	FR	#11 Spartanburg Me	21:54.75	3/2
7	71	Hannah CUNNINGHAM	FR	#5 Cuyahoga (Ohio)	21:59.76	3/23
8	74	Clare WOODRING	FR	#3 Hagerstown (Md){2}	22:26.12	4/20
9	76	Arial CRAWFORD	FR	#3 Hagerstown (Md){3}	22:30.73	4/20
10	78	Mariela VELAZQUEZ	SO	#11 Spartanburg Me{2}	22:54.48	3/2

Women's 10,000 Meters

1	23	Rebecca TELLEZ	FR	#3 Hagerstown (Md)	41:51.71	4/12
2	32	Morgan JARRELL	FR	#3 Hagerstown (Md){2}	47:13.51	4/12

Women's 4x100 Relay

1	17	Kimberly Baker, Kiana Casimir, Ashia Martin, Ma-Avian Williams	#2 Essex County (N.	48.50	4/20
2	24	Kiliyah Taylor, Tiana Jones, Gloria Morrow, Makenzey Glass	#7 Marion Military I	52.13	3/30

Women's 4x400 Relay

1	12	Kettia Ambrose, Kayla Johnson, Shaquka Tyrell, Attoya Harvey	#1 Monroe-New Ro	3:55.03	4/13
2	18	Kimberly Baker, Serena Douglas, Ashia Martin, Kiana Casimir	#2 Essex County (N.	4:14.56	4/6
3	20	Myasia Matthews, Jacarla Black, Reis Johnson, Keyonna Mcgill	#5 Cuyahoga (Ohio)	4:15.43	4/20
4	27	Diamond Croft, Sophia Outhous, Alondra Velazquez, Polly Addington	#11 Spartanburg Me	4:30.66	3/2
5	28	Carley Carrol, Madeleine McKenna, Andrea Morales-Mocada, Lily Novac	#12 Lake-Sumter Sta	4:32.26	4/20
6	30	kristina Wilde, Jana Stiffler, Reyna Rojas, Reva Lance	#10 Lansing (Mich.) C	4:37.45	3/23
7	31	Zinzile Gumpo, Emilly Silva, Jasmyn Self, Grayson Haynes	#4 Vincennes (Ind.)	4:37.63	4/5
8	32	Michaela Carney, Rebecca Tellez, Aidan Faith, Arial Crawford	#3 Hagerstown (Md)	4:38.32	3/16
9	33	Temiloluwa Akinsanya, Rashelle Buynum, Blessing Omoniye, Iyona Davis	#6 Howard (Md.) CC	4:38.41	3/16
10	34	Kristalyn Steadman, Sipriana Hill, Gloria Morrow, Kiliyah Taylor	#7 Marion Military I	4:44.08	3/16

Women's 4x800 Relay

1	6	Sophia Outhous, Alondra Velazquez, Mariela Velazquez, Averi Vance	#11 Spartanburg Me	12:04.31	3/23
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Women's High Jump

1	1	Gabrielle COOK	SO	#3 Hagerstown (Md)	1.74m	5-8½	4/6
2	16	Kimbley JOHNSON	SO	#14 Denmark Tech (S	1.61m	5-3¼	4/6
3	17	Aidan FAITH	FR	#3 Hagerstown (Md){2}	1.60m	5-3	3/16
4	32	Iyona DAVIS	FR	#6 Howard (Md.) CC	1.52m	4-11¾	4/20
5	34	Steffanie MCGUFFEY	FR	#8 Muskegon (Mich.	1.50m	4-11	4/6
6	46	Reva LANCE	SO	#10 Lansing (Mich.) C	1.40m	4-7	4/6
7	53	Rashelle BUYNUM	SO	#6 Howard (Md.) CC{2}	1.31m	4-3½	4/20



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Women's Pole Vault

1	1	Sophia DO AMARAL SALVI	FR	#4	Vincennes (Ind.)	3.95m	12-11½	3/30
2	5	Mikaila EK	SO	#3	Hagerstown (Md)	3.55m	11-7¾	4/20
3	6	Reis JOHNSON	FR	#5	Cuyahoga (Ohio)	3.51m	11-6¼	3/23
4	13	Julia DO AMARAL SALVI	SO	#4	Vincennes (Ind.) {2}	3.35m	10-11¾	3/30
5	16	Michaela CARNEY	FR	#3	Hagerstown (Md){2}	3.20m	10-6	4/12
6	23	Reyna ROJAS	FR	#10	Lansing (Mich.) C	2.65m	8-8¼	4/20
7	26	Rashelle BUYNUM	SO	#6	Howard (Md.) CC	2.28m	7-5¾	4/13

Women's Long Jump

1	9	Haniyyah JOHNSON	SO	#9	Richard Bland (V	5.74m	18-10 (-4.7)	4/12
2	18	Akira HAMILTON	FR	#9	Richard Bland (V{2}	5.60mw	18-4½ (2.3)	4/6
3	33	Ciarra MOORE	FR	#9	Richard Bland (V{3}	5.24m	17-2¼ (-3.0)	4/12
4	37	Nasjai WHITE	FR	#12	Lake-Sumter Sta	5.17m	16-11½ (0.4	3/30
5	40	Julia HEAD	FR	#5	Cuyahoga (Ohio)	5.08m	16-8 (0.0)	3/30
6	44	Kimmlay JOHNSON	SO	#14	Denmark Tech (S	5.05mw	16-7 (2.3)	3/22
7	50	Blessing OMONIYI	JR	#6	Howard (Md.) CC	4.98m	16-4¼ (0.0)	4/20
8	54	Rashelle BUYNUM	SO	#6	Howard (Md.) CC{2}	4.87m	15-11¾ (0.4	3/16
9	55	Akayla PICKERSGILL	SO	#1	Monroe-New Ro	4.79m	15-8¾ (0.5)	4/20
10	65	Erin SMITH	FR	#9	Richard Bland (V{4}	4.50m	14-9¼ (0.0)	4/6

Women's Triple Jump

1	10	Ciarra MOORE	FR	#9	Richard Bland (V	11.24mw	36-10½ (2.3	3/29
2	13	Kimmlay JOHNSON	SO	#14	Denmark Tech (S	11.05mw	36-3 (3.0)	4/6
3	16	Erin SMITH	FR	#9	Richard Bland (V{2}	10.67mw	35-¼ (3.5)	4/6

Women's Shot Put

1	17	Madison DAVIS	SO	#4	Vincennes (Ind.)	12.17m	39-11¼	4/5
2	28	Rahmat SHOWA	SO	#1	Monroe-New Ro	11.20m	36-9	4/20
3	32	Lynniya WHITAKER	FR	#6	Howard (Md.) CC	10.98m	36-¼	3/30
4	65	Temiloluwa AKINSANYA	FR	#6	Howard (Md.) CC{2}	9.13m	29-11½	3/23
5	69	Mariella SEBASTIAN	SO	#7	Marion Military I	8.88m	29-1¾	4/20
6	77	Rashelle BUYNUM	SO	#6	Howard (Md.) CC{3}	8.50m	27-10¾	3/30
7	78	Briana JACKSON	SO	#6	Howard (Md.) CC{4}	8.46m	27-9¼	4/13
8	81	Jaylynn KING	FR	#5	Cuyahoga (Ohio)	8.32m	27-3¾	3/23
9	88	Layna ATALLAH	FR	#10	Lansing (Mich.) C	7.08m	23-2¾	4/6
10	90	Legacy PRATT	FR	#5	Cuyahoga (Ohio){2}	6.95m	22-9¾	4/13

Women's Discus

1	13	Maya REEVE	FR	#8	Muskegon (Mich.	39.71m	130-4	4/20
2	16	Jaylynn KING	FR	#5	Cuyahoga (Ohio)	38.24m	125-6	4/13
3	17	Raina MASSEY	FR	#7	Marion Military I	38.13m	125-1	3/16
4	21	Gaby REEVE	FR	#8	Muskegon (Mich){2}	37.20m	122-1	4/20
5	32	Aliyah WILLIAMS	SO	#7	Marion Military I{2}	34.56m	113-5	3/30
6	50	Brooke BERRY	FR	#8	Muskegon (Mich){3}	31.86m	104-7	4/6
7	54	Madison DAVIS	SO	#4	Vincennes (Ind.)	31.13m	102-2	4/5
8	67	Mariella SEBASTIAN	SO	#7	Marion Military I{3}	28.46m	93-4½	3/16
9	68	Temiloluwa AKINSANYA	FR	#6	Howard (Md.) CC	28.41m	93-2½	4/13
10	81	Briana JACKSON	SO	#6	Howard (Md.) CC{2}	24.90m	81-8½	3/16

Women's Hammer

1	21	Raina MASSEY	FR	#7	Marion Military I	42.06m	138-0	4/20
2	24	Aliyah WILLIAMS	SO	#7	Marion Military I{2}	40.21m	131-11	3/30
3	38	Gaby REEVE	FR	#8	Muskegon (Mich.	36.59m	120-1	4/13
4	41	Jaylynn KING	FR	#5	Cuyahoga (Ohio)	36.12m	118-6	4/13
5	47	Lynniya WHITAKER	FR	#6	Howard (Md.) CC	34.74m	114-0	4/20
6	53	Maya REEVE	FR	#8	Muskegon (Mich){2}	33.69m	110-7	4/13
7	61	Temiloluwa AKINSANYA	FR	#6	Howard (Md.) CC{2}	32.20m	105-8	4/20
8	75	Briana JACKSON	SO	#6	Howard (Md.) CC{3}	27.40m	89-10¾	4/13
9	79	Brooke BERRY	FR	#8	Muskegon (Mich){3}	26.69m	87-6¾	4/20
10	83	Rahmat SHOWA	SO	#1	Monroe-New Ro	23.28m	76-4½	4/6

Women's Javelin

1	41	Rashelle BUYNUM	SO	#6	Howard (Md.) CC	27.19m	89-2½	4/13
2	48	Natalie WAGLER	SO	#4	Vincennes (Ind.)	25.39m	83-3¾	3/30
3	51	Lucy LILLIS	FR	#13	Marian Ancilla (I	24.50m	80-4¾	4/13
4	55	Annabelle FOLLMAN	FR	#7	Marion Military I	22.61m	74-2¼	4/6
5	56	Phoebe ROMINGER	FR	#7	Marion Military I{2}	21.73m	71-3½	3/30
6	59	Reva LANCE	SO	#10	Lansing (Mich.) C	21.05m	69-¾	4/13
7	63	Olivia DATEMA	FR	#10	Lansing (Mich.) C{2}	19.80m	64-11½	4/13
8	67	Sam BENNINGHOFF	FR	#13	Marian Ancilla (I{2}	14.61m	47-11¼	4/13

Women's Heptathlon

1	10	Rashelle BUYNUM	SO	#6	Howard (Md.) CC	3,184	4/20
2	15	Reva LANCE	SO	#10	Lansing (Mich.) C	2,916	4/13



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Central

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Women's 100 Meters

1	1	Anita AFRIFA	FR	#12 Colby (Kan.) CC	11.44w	(3.6)	4/13
2	2	Chaniqua TONGE	JR	#4 Fort Scott (Kan.)	11.54w	(3.0)	3/14
3	4	Keliza SMITH	FR	#2 Barton (Kan.) CC	11.57	(0.1)	4/6
3	4	Jalia BUNN	SO	#7 Coffeyville (Kan.)	11.57w	(2.3)	4/6
5	6	Kayveonna JACKSON	FR	#5 Butler (Kan.) CC	11.67w	(3.7)	4/6
6	7	Crystal CHAMBERS	FR	#4 Fort Scott (Kan.) {2}	11.68w	(3.6)	4/13
7	11	Ashley SHAW	FR	#2 Barton (Kan.) CC {2}	11.81w	(2.9)	4/20
8	13	Linya GEDEON	FR	#7 Coffeyville (Kan.) {2}	11.88w	(2.9)	4/6
9	14	Queanna TAYLOR	SO	#8 Garden City (Kan.)	11.89w	(3.3)	4/6
10	15	Brandi DRAKE	JR	#4 Fort Scott (Kan.) {3}	11.90w	(3.6)	4/13

Women's 100 Meter Hurdles

1	3	Kaylee JAMES	SO	#3 Hutchinson (Kan.)	13.98	(1.2)	4/13
2	6	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC	14.07	(0.3)	4/6
3	11	Linya GEDEON	FR	#7 Coffeyville (Kan.)	14.36w	(2.1)	4/20
4	14	Chenessa DAVIS	FR	#1 Cloud County (Kan.)	14.45	(1.5)	3/28
5	18	Ana COUTO	SO	#2 Barton (Kan.) CC {2}	14.58	(1.2)	4/13
6	22	DiaMonae THOMAS	FR	#10 Highland (Kan.)	14.83	(-1.1)	4/21
7	26	Malajia BOCAGE	FR	#4 Fort Scott (Kan.)	15.06w	(3.3)	4/17
8	30	Joana VAKASOBUDURU	SO	#11 Neosho County (Kan.)	15.22w	(3.0)	3/30
9	32	Wildlife VERMILUS	FR	#2 Barton (Kan.) CC {3}	15.27w	(3.4)	4/13
10	33	Sequoia MCADOO	SO	#9 Dodge City (Kan.)	15.31w	(2.7)	4/19

Women's 200 Meters

1	1	Anita AFRIFA	FR	#12 Colby (Kan.) CC	23.33w	(3.8)	4/13
2	2	Keliza SMITH	FR	#2 Barton (Kan.) CC	23.73	(0.4)	4/20
3	6	Chaniqua TONGE	JR	#4 Fort Scott (Kan.)	23.92w	(3.1)	3/30
4	12	Jalia BUNN	SO	#7 Coffeyville (Kan.)	24.15w	(2.8)	4/17
5	13	Linya GEDEON	FR	#7 Coffeyville (Kan.) {2}	24.23w	(2.8)	4/17
6	15	Ashley SHAW	FR	#2 Barton (Kan.) CC {2}	24.45	(1.7)	4/20
7	16	Ivana ODONKOR	FR	#4 Fort Scott (Kan.) {2}	24.50w	(2.4)	3/14
8	21	Camryn VASHER	FR	#4 Fort Scott (Kan.) {3}	24.67w	(2.8)	4/17
9	23	Brandi DRAKE	JR	#4 Fort Scott (Kan.) {4}	24.74	(1.2)	3/14
9	23	Emmanuella SQUIRE	FR	#4 Fort Scott (Kan.) {4}	24.74w	(2.3)	4/6

Women's 400 Meters

1	6	Rafiatu NUHU	FR	#1 Cloud County (Kan.)	54.84		3/28
2	11	Nontokozi NCUBE	FR	#1 Cloud County (Kan.) {2}	55.42		4/13
3	13	Ivana ODONKOR	FR	#4 Fort Scott (Kan.)	55.64		3/30
4	19	Trishanie WARNER	SO	#5 Butler (Kan.) CC	56.19		4/6
5	20	Dayjonique CATO	FR	#4 Fort Scott (Kan.) {2}	56.30		4/13
6	30	Emmanuella SQUIRE	FR	#4 Fort Scott (Kan.) {3}	56.98		4/17
7	33	Ala' Jah BROOKS	FR	#5 Butler (Kan.) CC {2}	57.19		4/13
8	37	Kennedy MOSLEY	FR	#4 Fort Scott (Kan.) {4}	57.38		4/17
9	39	Star MPAMA	SO	#5 Butler (Kan.) CC {3}	57.49		4/13
10	41	Bianca GLEIM	FR	#9 Dodge City (Kan.)	57.64		4/19
10	41	Dhakiya BLAKE	FR	#7 Coffeyville (Kan.)	57.64		4/17

Women's 400 Meter Hurdles

1	12	Kialia CLAIBORNE	FR	#2 Barton (Kan.) CC	1:03.22		4/20
2	16	Landrea SEARS	SO	#11 Neosho County (Kan.)	1:04.57		4/20
3	17	Antonia MOUTRIE	FR	#8 Garden City (Kan.)	1:04.65		4/13
4	18	Berlynn BLACK	FR	#10 Highland (Kan.)	1:05.47		4/21
5	19	Sequoia MCADOO	SO	#9 Dodge City (Kan.)	1:05.78		4/13
6	26	Deyunsha (Dede) WESTBROOK	FR	#7 Coffeyville (Kan.)	1:07.80		4/13
7	27	Jaelyn RUMBACK	FR	#1 Cloud County (Kan.)	1:07.81		4/20
8	29	Mikel FRENCH	FR	#10 Highland (Kan.) {2}	1:08.51		4/12
9	31	Marcy MONELL	FR	#4 Fort Scott (Kan.)	1:09.11		4/13
9	31	Brooklyn GOWDY-WILLIAMS	FR	#5 Butler (Kan.) CC	1:09.11		3/28

Women's 800 Meters

1	3	Nontokozi NCUBE	FR	#1 Cloud County (Kan.)	2:09.62		4/20
2	8	Sanae HASSNAOUI	FR	#2 Barton (Kan.) CC	2:13.03		3/28
3	10	Star MPAMA	SO	#5 Butler (Kan.) CC	2:13.59		4/13
4	12	N Vanee ANCHIKE	FR	#1 Cloud County (Kan.) {2}	2:14.14		3/16
5	21	Shone WALTERS	FR	#2 Barton (Kan.) CC {2}	2:17.16		4/13
6	26	Tavarie CAMPBELL	FR	#6 Cowley (Kan.)	2:18.17		4/19
7	27	Mercy ANGAAMCHAAB	FR	#1 Cloud County (Kan.) {3}	2:18.34		4/13
8	33	Kenya DEXTER	FR	#5 Butler (Kan.) CC {2}	2:20.09		3/28
9	40	Ozia TRUJILLO	FR	#1 Cloud County (Kan.) {4}	2:21.31		3/16
10	43	Taylor HOSKINSON	SO	#3 Hutchinson (Kan.)	2:22.00		4/19

Women's 1500 Meters

1	1	Sanae HASSNAOUI	FR	#2 Barton (Kan.) CC	4:23.82		4/20
2	3	N Vanee ANCHIKE	FR	#1 Cloud County (Kan.)	4:31.24		4/13
3	7	Rosemary ARTHUR	FR	#12 Colby (Kan.) CC	4:35.33		4/13
4	17	Tara BERT	SO	#12 Colby (Kan.) CC {2}	4:42.84		4/13
5	21	Ozia TRUJILLO	FR	#1 Cloud County (Kan.) {2}	4:46.33		4/20
6	22	Tavarie CAMPBELL	FR	#6 Cowley (Kan.)	4:46.57		4/13
7	23	Ann BADAWI	SO	#12 Colby (Kan.) CC {3}	4:47.21		4/13
8	24	Taylor HOSKINSON	SO	#3 Hutchinson (Kan.)	4:47.88		4/19
9	25	Ellie VAN ZELFDEN	SO	#3 Hutchinson (Kan.) {2}	4:48.77		4/19
10	27	Mercy ANGAAMCHAAB	FR	#1 Cloud County (Kan.) {3}	4:50.78		3/28

Women's Steeplechase

1	8	Ozia TRUJILLO	FR	#1 Cloud County (Kan.)	11:33.23		4/6
2	9	Heidi GRIMMETT	SO	#5 Butler (Kan.) CC	11:42.56		4/20
3	22	Maissane JOUEN	SO	#12 Colby (Kan.) CC	12:25.59		4/13
4	23	Valyrie FREEMAN	FR	#5 Butler (Kan.) CC {2}	12:25.66		4/20
5	25	Nevaeh CARRIZAL	SO	#9 Dodge City (Kan.)	12:27.42		4/19



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Central

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Women's 5000 Meters

1	4	N Vanee ANCHIKE	FR	#1 Cloud County (K	17:27.28	3/28
2	6	Khloi BIRD	SO	#5 Butler (Kan.) CC	17:39.54	4/20
3	15	Rosemary ARTHUR	FR	#12 Colby (Kan.) CC	18:09.01	4/6
4	17	Ozia TRUJILLO	FR	#1 Cloud County (K{2}	18:11.48	4/13
5	20	Serenity LARSON	SO	#3 Hutchinson (Kan	18:28.64	4/19
6	26	Jordyn PICOLET	FR	#3 Hutchinson (Kan{2}	18:44.62	4/19
7	30	Alison UNRUH	FR	#5 Butler (Kan.) CC {2}	18:53.68	3/28
8	33	Taylor HOSKINSON	SO	#3 Hutchinson (Kan{3}	19:08.97	4/13
9	35	Nonhlanhla MABUZA	SO	#12 Colby (Kan.) CC {2}	19:14.13	4/6
10	39	Lauren ADEN	SO	#3 Hutchinson (Kan{4}	19:29.24	4/13

Women's 10,000 Meters

1	5	Khloi BIRD	SO	#5 Butler (Kan.) CC	37:55.74	4/13
2	17	Norma RODRIGUEZ	SO	#9 Dodge City (Kan.	40:21.40	4/13
3	20	Alison UNRUH	FR	#5 Butler (Kan.) CC {2}	40:46.83	4/13
4	26	Ava WASHINGTON	FR	#9 Dodge City (Kan.{2}	42:28.94	3/28
5	28	Nikola PROCHAZKOVA	SO	#1 Cloud County (K	44:36.79	4/13
6	30	Nevaeh CARRIZAL	SO	#9 Dodge City (Kan.{3}	45:17.81	3/28

Women's 4x100 Relay

1	3	Keliza Smith, Maria Umoibang, Ashley Shaw, Chloe Perryman	#2 Barton (Kan.) CC	45.58	4/6
2	6	Kamerin Carter, Ivana Odonkor, Brandi Drake, Chaniqua Tonge	#4 Fort Scott (Kan.)	46.13	3/14
3	7	Jalia Bunn, Linya Gedeon, Jaiden Leighton, Royanah Farmer	#7 Coffeyville (Kan.	46.18	4/17
4	10	Kayveonna Jackson, Deslyne Cooper, Michaela Rippe, Ala' Jah Brooks	#5 Butler (Kan.) CC	47.01	4/13
5	11	#Type!	#10 Highland (Kan.) (	47.07	4/20
6	13	Serenity Jackson, Tasia Bell, Naomi Vagher, Mikayla Henry	#13 Pratt (Kan.) CC	47.89	4/17
7	15	Queanna Taylor, Maya White Eagle, Kanya Campbell, Antonicia Moultrie	#8 Garden City (Kar	48.40	4/6
8	16	Isabella Kupka, Genesis Bautista, Mahalee Bilhimer, Riannon St. Clair	#6 Cowley (Kan.)	48.49	3/23
9	18	Gabriela Elizalde, Bianca Gleim, Kya Edwards, Sequoya McAdoo	#9 Dodge City (Kan.	48.66	3/23
10	20	Nhubia Coney, Kemisha Williams-Dominique, Taniyah Cox, Kaylee James	#3 Hutchinson (Kan	49.20	4/13

Women's 4x400 Relay

1	6	Kennedy Mosley, Dayjonique Cato, Emmanuella Squire, Ivana Odonkor	#4 Fort Scott (Kan.)	3:47.25	4/6
2	8	Chidinma Nwachukwu, Mercy Angaamchaab, Nontokozi Ncube, Rafiatu Nuhu	#1 Cloud County (K	3:52.76	3/28
3	9	Deyunsha (Dede) Westbrook, Amalinally Pemberton, Jalia Bunn, Dhakiya Blake	#7 Coffeyville (Kan.	3:53.42	3/30
4	11	#Type!	#5 Butler (Kan.) CC	3:53.69	4/20
5	16	Caylee May, Gabriela Elizalde, Bianca Gleim, Sequoya McAdoo	#9 Dodge City (Kan.	4:12.23	3/28
6	17	Berlynn Black, Mikel French, Julia Redondo, Alyana Wallace	#10 Highland (Kan.) (	4:12.94	4/6
7	21	Joana Vakasobuduru, Vilorina Tuilawaki, Landrea Sears, Amy Styles	#11 Neosho County (	4:18.56	3/23
8	23	Maya White Eagle, Queanna Taylor, Antonicia Moultrie, Kerrishma Williams	#8 Garden City (Kar	4:22.36	4/20
9	26	Dayanna Brito-Hernandez, Brianna LeRiche, Esther Vazquez, Mahalee Bilhimer	#6 Cowley (Kan.)	4:28.50	3/23

Women's 4x800 Relay

1	1	#Type!	#1 Cloud County (K	9:03.69	4/20
2	4	#Type!	#10 Highland (Kan.) (	10:27.60	4/20
3	5	Vilorina Tuilawaki, Lauryn Peterson, Mia Cruz, Natalia Guardado	#11 Neosho County (	10:37.88	4/6

Women's High Jump

1	6	Brooke HAWKINS	FR	#3 Hutchinson (Kan	1.67m	5-5¾	4/13
2	7	Shackala HENRY	SO	#1 Cloud County (K	1.65m	5-5	4/6
2	7	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC	1.65m	5-5	4/6
4	17	Alyana WALLACE	FR	#10 Highland (Kan.) (	1.60m	5-3	3/16
5	21	Liberty LIMON	SO	#3 Hutchinson (Kan{2}	1.58m	5-2¼	3/23
5	21	Kerrishma WILLIAMS	SO	#8 Garden City (Kar	1.58m	5-2¼	3/16
7	26	Riannon ST. CLAIR	FR	#6 Cowley (Kan.)	1.55m	5-1	4/6
7	26	Chenessa DAVIS	FR	#1 Cloud County (K{2}	1.55m	5-1	4/6
9	29	Berlynn BLACK	FR	#10 Highland (Kan.) {2}	1.54m	5-½	3/30
10	30	Alexis HORSCH	FR	#3 Hutchinson (Kan{3}	1.53m	5-¼	3/23



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Central

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Women's Pole Vault

1	2	Jasmine SAKAGUCHI	SO	#1 Cloud County (K	3.62m	11-10½	4/13
2	7	Dakota DAPPER	FR	#6 Cowley (Kan.)	3.47m	11-4½	4/13
2	7	Bradie MEDINA	FR	#1 Cloud County (K{2}	3.47m	11-4½	4/13
4	14	Elizabeth DUNHAM	FR	#1 Cloud County (K{3}	3.32m	10-10¾	3/23
5	15	Kennedy KIZARR	FR	#6 Cowley (Kan.) {2}	3.30m	10-9¾	4/20
6	17	Alivia NOLL	SO	#3 Hutchinson (Kan	3.12m	10-2¾	3/23
6	17	Nakaela O'HAIR	FR	#3 Hutchinson (Kan	3.12m	10-2¾	3/23
8	22	Kaylen MILLS	SO	#6 Cowley (Kan.) {3}	2.67m	8-9	3/23
9	29	Mia CRUZ	FR	#11 Neosho County (	1.70m	5-7	4/17
10	30	Lauryn PETERSON	SO	#11 Neosho County ({2}	1.50m	4-11	4/17

Women's Long Jump

1	6	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC	5.80m	19-½ (0.0)	4/20
2	11	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC{2}	5.73m	18-9¾ (-1.2)	4/6
3	14	Chenessa DAVIS	FR	#1 Cloud County (K)	5.68m	18-7¾ (1.5)	4/6
3	14	Kerrishma WILLIAMS	SO	#8 Garden City (Kar	5.68mw	18-7¾ (3.8)	4/6
3	14	Briana GREEN	FR	#4 Fort Scott (Kan.)	5.68m	18-7¾ (1.5)	4/6
6	20	Genesis BAUTISTA	SO	#6 Cowley (Kan.)	5.55m	18-2½ (0.0)	3/23
6	20	Chloe PERRYMAN	FR	#2 Barton (Kan.) CC{3}	5.55m	18-2½ (0.0)	4/20
8	26	Alexia LEWIS	FR	#10 Highland (Kan.) (	5.42m	17-9½ (1.1)	4/20
9	30	Joana VAKASOBUDURU	SO	#11 Neosho County (	5.36m	17-7 (1.9)	3/30
10	34	Yaya MORENO	FR	#3 Hutchinson (Kan	5.23m	17-2 (0.6)	4/20

Women's Triple Jump

1	6	Brooke HAWKINS	FR	#3 Hutchinson (Kan	11.96mw	39-3 (3.5)	4/12
2	11	Kay-Lagay CLARKE	SO	#2 Barton (Kan.) CC	11.16m	36-7½ (0.0)	4/20
3	12	Braela SARGENT	FR	#4 Fort Scott (Kan.)	11.08mw	36-4¼ (2.1)	4/6
4	14	Jazmine WILLIAMSON	SO	#2 Barton (Kan.) CC{2}	10.96mw	35-11½ (3.8)	4/13
5	16	Genesis BAUTISTA	SO	#6 Cowley (Kan.)	10.67m	35-¼ (-4.2)	3/23
6	22	Teonia WHITELOW	SO	#7 Coffeyville (Kan.	10.57mw	34-8¼ (3.6)	4/17
7	24	Yaya MORENO	FR	#3 Hutchinson (Kan{2}	10.43mw	34-2¾ (3.6)	3/28
8	26	Liberty LIMON	SO	#3 Hutchinson (Kan{3}	10.28mw	33-8¾ (3.0)	4/6
9	29	Davein TURNER	FR	#11 Neosho County (	9.58mw	31-5¼ (3.2)	3/30

Women's Shot Put

1	2	Treneese HAMILTON	SO	#2 Barton (Kan.) CC	13.98m	45-10½	4/6
2	3	Cierra GRAY	FR	#6 Cowley (Kan.)	13.96m	45-9¾	4/20
3	5	Beatriz FERREIRA	SO	#8 Garden City (Kar	13.80m	45-3½	4/6
4	8	Adrienne LOCKE-GARCIA	FR	#1 Cloud County (K)	13.33m	43-8¾	4/20
5	9	Ivanilda SEMEDO	FR	#2 Barton (Kan.) CC{2}	13.18m	43-3	4/6
6	11	Emilie SCHWEIZER	FR	#3 Hutchinson (Kan	12.83m	42-1¼	4/13
7	14	Cloe KALANICK	SO	#8 Garden City (Kar{2}	12.36m	40-6¾	4/6
8	16	Tamara THOMPSON	SO	#1 Cloud County (K{2}	12.30m	40-4¼	3/28
9	19	Caitlyn SONDAY	FR	#9 Dodge City (Kan.	11.84m	38-10¼	3/28
10	20	Aiyanna GREEN	FR	#3 Hutchinson (Kan{2}	11.71m	38-5	4/13

Women's Discus

1	1	Cedricka WILLIAMS	FR	#2 Barton (Kan.) CC	57.80m	189-8	4/20
2	2	Ivanilda SEMEDO	FR	#2 Barton (Kan.) CC{2}	53.98m	177-1	4/13
3	4	Tamara THOMPSON	SO	#1 Cloud County (K)	50.55m	165-10	4/20
4	8	Adrienne LOCKE-GARCIA	FR	#1 Cloud County (K{2}	42.23m	138-7	4/13
5	10	Bree ROWE	FR	#6 Cowley (Kan.)	40.36m	132-5	4/13
6	12	Cloe KALANICK	SO	#8 Garden City (Kar	40.10m	131-7	4/13
7	14	Margherita SALA	FR	#1 Cloud County (K{3}	39.30m	128-11	3/23
8	19	Emery MAY	FR	#1 Cloud County (K{4}	37.57m	123-3	4/13
9	22	Chanelle CHANDLER	SO	#3 Hutchinson (Kan	37.08m	121-8	4/6
10	24	Carmen FIELDS	FR	#11 Neosho County (	36.55m	119-11	4/17

Women's Hammer

1	3	Tamara THOMPSON	SO	#1 Cloud County (K)	50.26m	164-11	4/6
2	4	Cloe KALANICK	SO	#8 Garden City (Kar	48.94m	160-7	3/28
3	6	Ana MANOUSARIDIS	FR	#7 Coffeyville (Kan.	48.06m	157-8	4/20
4	10	Beatriz FERREIRA	SO	#8 Garden City (Kar{2}	47.16mA	154-9	3/16
5	11	Treneese HAMILTON	SO	#2 Barton (Kan.) CC	46.85m	153-9	3/23
6	12	Margherita SALA	FR	#1 Cloud County (K{2}	45.69m	149-11	4/6
7	15	Kyndall BLESSING	FR	#2 Barton (Kan.) CC{2}	43.29m	142-1	4/13
8	16	Adrienne LOCKE-GARCIA	FR	#1 Cloud County (K{3}	43.28m	142-0	4/6
9	18	McKayla KUPICKI	FR	#7 Coffeyville (Kan.{2}	42.91m	140-10	4/13
10	20	Mayce McDONALD	FR	#6 Cowley (Kan.)	42.39m	139-1	4/20

Women's Javelin

1	4	Jenna KUEPKER	FR	#3 Hutchinson (Kan	47.02m	154-3	4/13
2	6	Treneese HAMILTON	SO	#2 Barton (Kan.) CC	43.39m	142-4	3/23
3	10	Kyndall BLESSING	FR	#2 Barton (Kan.) CC{2}	38.86m	127-6	4/13
4	12	Alexis O'FARRELL	SO	#10 Highland (Kan.) (	38.52m	126-5	4/20
5	18	Jamilet BAUTISTA INFANTE	SO	#6 Cowley (Kan.)	36.63m	120-2	3/23
6	23	Emery MAY	FR	#1 Cloud County (K)	34.08m	111-10	4/13
7	24	Ryland HAWKINSON	FR	#3 Hutchinson (Kan{2}	33.85m	111-1	4/20
8	29	Hailey MCGOWEN	FR	#4 Fort Scott (Kan.)	29.59m	97-1	4/17
9	32	Ezra WOOD	SO	#11 Neosho County (	29.05m	95-3¾	4/20
10	33	McKenzie BOHRER	FR	#4 Fort Scott (Kan.){2}	28.83m	94-7	4/17

Women's Heptathlon

1	5	Joana VAKASOBUDURU	SO	#11 Neosho County (	4,251		4/12
2	8	Kerrishma WILLIAMS	SO	#8 Garden City (Kar	3,536		3/28
3	9	Caylee MAY	FR	#9 Dodge City (Kan.	3,200		3/28
4	13	Maya WHITE EAGLE	SO	#8 Garden City (Kar{2}	3,067		3/28
5	16	Teonia WHITELOW	SO	#7 Coffeyville (Kan.	2,628		4/6



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WOMEN — 2024 Week #5, April 23



Great Lakes

as of 4/23/2024 8:31:37 AM ET

Women's High Jump

1	40	Carrie MOORE	FR	#1	Carroll (Md.) CC	1.47m	4-9¾	4/21
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Women's Pole Vault

1	25	Julia BASSETT	SO	#1	Carroll (Md.) CC	2.43m	7-11½	4/13
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2	27	Carrie MOORE	FR	#1	Carroll (Md.) CC {2}	2.15m	7-½	4/21
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Women's Shot Put

1	60	Cameron KLEIN	SO	#1	Carroll (Md.) CC	9.47m	31-1	4/13
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2	76	Kamryn STEFANOSKI	FR	#1	Carroll (Md.) CC {2}	8.62m	28-3½	4/21
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Women's Discus

1	44	Brooke PRIBULICK	FR	#1	Carroll (Md.) CC	32.46m	106-6	4/21
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2	69	Cameron KLEIN	SO	#1	Carroll (Md.) CC {2}	28.40m	93-2¼	4/13
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3	86	Kamryn STEFANOSKI	FR	#1	Carroll (Md.) CC {3}	22.59m	74-1½	4/21
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Women's Javelin

1	43	Cameron KLEIN	SO	#1	Carroll (Md.) CC	26.64m	87-5	4/13
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2	49	Brooke PRIBULICK	FR	#1	Carroll (Md.) CC {2}	25.34m	83-1¾	4/21
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3	61	Kamryn STEFANOSKI	FR	#1	Carroll (Md.) CC {3}	20.13m	66-½	4/21
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WOMEN — 2024 Week #5, April 23



Midwest

as of 4/23/2024 8:31:37 AM ET

Women's 100 Meters

1	8	Taliyah LINDSAY	SO	#6 Meridian (Miss.)	11.69	(0.4)	3/30
2	9	Shanice COX	SO	#3 Indian Hills (low:	11.71w	(3.1)	4/12
3	11	Zekira SNOW	FR	#3 Indian Hills (low:{2}	11.81w	(3.1)	4/12
4	17	Destiny MITCHELL	FR	#3 Indian Hills (low:{3}	11.93	(-1.0)	4/19
5	23	Ritorion VIGNE	FR	#4 Hinds (Miss.) CC	12.03	(1.5)	4/12
6	30	Judith KOUMEDZINA	FR	#1 Iowa Western CC	12.12w	(3.6)	4/13
7	35	Moya MITCHELL	FR	#1 Iowa Western CC{2}	12.18w	(2.8)	4/6
8	37	Zakiya PORTER	SO	#3 Indian Hills (low:{4}	12.19	(2.0)	4/12
9	46	Destini RICHARDSON	FR	#4 Hinds (Miss.) CC {2}	12.34w	(3.3)	3/23
10	51	Sidney COLE	SO	#1 Iowa Western CC{3}	12.39w	(2.8)	4/6

Women's 100 Meter Hurdles

1	4	Lenasia DRUMMOND	FR	#4 Hinds (Miss.) CC	14.05	(1.6)	3/30
2	8	Dymonde NAVE	FR	#3 Indian Hills (low:	14.14w	(2.2)	4/12
3	10	Kalli HUSBAND	SO	#4 Hinds (Miss.) CC {2}	14.35	(1.6)	3/30
4	13	Tanique TAYLOR	FR	#1 Iowa Western CC	14.39	(0.9)	4/13
5	16	Dayvione BRIGGS	SO	#2 Iowa Central CC	14.52w	(2.8)	4/6
6	19	Abigail FREY	SO	#2 Iowa Central CC {2}	14.59	(0.4)	4/12
7	21	Calleisha CHANCE	SO	#1 Iowa Western CC{2}	14.80w	(3.5)	4/13
8	24	Hailey MARTIN	FR	#1 Iowa Western CC{3}	14.94	(0.9)	4/13
9	40	Tina SAMSON	FR	#2 Iowa Central CC {3}	15.69w	(2.4)	4/6
10	41	Veronica ANDRUSYSHYN	FR	#1 Iowa Western CC{4}	15.76	(1.1)	4/20

Women's 200 Meters

1	4	Taliyah LINDSAY	SO	#6 Meridian (Miss.)	23.78	(2.0)	4/20
2	5	Kaylia KELLY	FR	#1 Iowa Western CC	23.79w	(2.3)	3/30
3	7	Shanice COX	SO	#3 Indian Hills (low:	24.00w	(3.6)	3/28
3	7	Adalin ROBINSON	SO	#3 Indian Hills (low:	24.00w	(2.6)	4/6
5	19	Nyla NORMAN	FR	#3 Indian Hills (low:{3}	24.66w	(3.6)	3/28
6	21	Zekira SNOW	FR	#3 Indian Hills (low:{4}	24.67	(1.6)	4/19
7	29	Ethel AMISSAH	SO	#1 Iowa Western CC{2}	24.95w	(2.7)	3/30
8	32	Destiny MITCHELL	FR	#3 Indian Hills (low:{5}	25.05w	(3.9)	4/6
9	40	Ritorion VIGNE	FR	#4 Hinds (Miss.) CC	25.18w	(3.4)	3/23
10	43	Zaniya KING	SO	#3 Indian Hills (low:{6}	25.26	(1.2)	4/19

Women's 400 Meters

1	2	Adalin ROBINSON	SO	#3 Indian Hills (low:	53.81		4/19
2	5	Ethel AMISSAH	SO	#1 Iowa Western CC	54.27		4/13
3	9	Twyshanna HUIE	FR	#4 Hinds (Miss.) CC	55.05		4/6
4	16	T'kyla BENNETT	FR	#4 Hinds (Miss.) CC {2}	55.91		4/20
5	17	Angeline ESTRADA	FR	#1 Iowa Western CC{2}	56.10		4/13
6	23	Caydence BREWER	FR	#4 Hinds (Miss.) CC {3}	56.54		3/23
7	24	Shaneil JOHNSON	FR	#4 Hinds (Miss.) CC {4}	56.68		4/12
8	29	Glory OKON	FR	#1 Iowa Western CC{3}	56.97		4/13
9	31	Tinesha MCLAURIN	FR	#4 Hinds (Miss.) CC {5}	56.99		4/6
10	35	Nyla NORMAN	FR	#3 Indian Hills (low:{2}	57.34		4/12

Women's 400 Meter Hurdles

1	2	T'kyla BENNETT	FR	#4 Hinds (Miss.) CC	1:00.32		4/6
2	5	Twyshanna HUIE	FR	#4 Hinds (Miss.) CC {2}	1:01.54		3/23
3	7	Dayvione BRIGGS	SO	#2 Iowa Central CC	1:01.76		4/12
4	14	Abigail FREY	SO	#2 Iowa Central CC {2}	1:04.11		4/12
5	22	Tanique TAYLOR	FR	#1 Iowa Western CC	1:07.39		4/13
6	28	Arriana JOHNSON	FR	#3 Indian Hills (low:	1:08.45		4/19
7	30	Taja CONLEY	FR	#8 North Iowa Area	1:08.85		4/12
8	35	Nicole SCHAEFER	FR	#2 Iowa Central CC {3}	1:09.36		4/12
9	37	Lilly RADCLIFFE	FR	#8 North Iowa Area {2}	1:10.15		4/12
10	44	Hailey MARTIN	FR	#1 Iowa Western CC{2}	1:13.24		3/30

Women's 800 Meters

1	1	Privilege CHIKARA	SO	#6 Meridian (Miss.)	2:04.87		4/20
2	5	Angeline ESTRADA	FR	#1 Iowa Western CC	2:10.07		3/30
3	17	Adriel AUSTIN	FR	#4 Hinds (Miss.) CC	2:15.94		3/23
4	32	Selket REID-EL	SO	#3 Indian Hills (low:	2:19.32		4/19
5	35	Natalie BOGDANOVA KIRILOVA	FR	#2 Iowa Central CC	2:20.45		3/28
6	36	Amber HOMAN	SO	#7 Hawkeye (Iowa)	2:20.91		4/6
7	42	Nora BRADY	FR	#10 Heartland (Ill.) C	2:21.73		4/13
8	52	Silvia GRADIZZI	FR	#1 Iowa Western CC{2}	2:24.10		3/30
9	70	Arianna PEDRIN	FR	#11 Southeastern (Ic	2:27.52		4/13
10	71	Cassidy YALEY	SO	#11 Southeastern (Ic{2}	2:27.98		4/13

Women's 1500 Meters

1	2	Privilege CHIKARA	SO	#6 Meridian (Miss.)	4:25.28		4/6
2	6	Angeline ESTRADA	FR	#1 Iowa Western CC	4:33.83		4/13
3	11	Nora BRADY	FR	#10 Heartland (Ill.) C	4:39.36		4/13
4	20	Silvia GRADIZZI	FR	#1 Iowa Western CC{2}	4:44.80		3/29
5	46	Selket REID-EL	SO	#3 Indian Hills (low:	4:58.96		4/12
6	49	Faith JEPTOO	FR	#13 Crowder (Mo.)	4:59.68		3/30
7	50	Amaree HAMILTON	SO	#3 Indian Hills (low:{2}	4:59.73		3/28
8	54	Arianna PEDRIN	FR	#11 Southeastern (Ic	5:01.75		4/13
9	55	Carissa MACKEY	SO	#11 Southeastern (Ic{2}	5:02.21		4/13
10	60	Natalie BOGDANOVA KIRILOVA	FR	#2 Iowa Central CC	5:03.27		4/12

Women's Steeplechase

1	3	Barbara NEIVA	FR	#1 Iowa Western CC	10:54.62		3/29
2	12	Lauren PIERSON	SO	#1 Iowa Western CC{2}	11:55.88		4/13
3	35	Cloey USHER	FR	#8 North Iowa Area	14:47.59		4/6

Women's 5000 Meters

1	3	Nora BRADY	FR	#10 Heartland (Ill.) C	17:25.19		3/30
2	13	Faith JEPTOO	FR	#13 Crowder (Mo.)	18:04.72		4/20
3	27	Addysen CLARK	SO	#10 Heartland (Ill.) C{2}	18:45.99		4/13
4	28	Ayianna OLIVAS	FR	#1 Iowa Western CC	18:48.00		3/30
5	40	Joan JEPNETICH	FR	#2 Iowa Central CC	19:29.46		4/12
6	48	Tanner MAGGARD	SO	#5 State Fair (Mo.)	19:49.22		3/30
7	51	Juliana DROLL	FR	#8 North Iowa Area	20:05.29		4/20
8	54	Maurine LIMO	FR	#2 Iowa Central CC {2}	20:25.91		4/12
9	57	Emmal COX	FR	#10 Heartland (Ill.) C{3}	20:44.22		4/6



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Midwest

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Women's 10,000 Meters

1	4	Barbara NEIVA	FR	#1 Iowa Western CC	37:37.93	4/13
2	8	Ayianna OLIVAS	FR	#1 Iowa Western CC {2}	38:32.89	4/13
3	12	Addysen CLARK	SO	#10 Heartland (Ill.) C	39:14.94	3/29

Women's 4x100 Relay

1	1	Judith Koumedzina, Kaylia Kelly, Glory Okon, Ethel Amissah	#1 Iowa Western CC	45.39	4/13
2	5	Zakiya Porter, Shanice Cox, Destiny Mitchell, Zekira Snow	#3 Indian Hills (Iowa)	46.12	4/19
3	8	Twyshanna Huie, Ritorion Vigne, T'kyla Bennett, La'Nica Locker	#4 Hinds (Miss.) CC	46.22	4/20
4	19	Dayvione Briggs, Abigail Frey, Nicole Schaefer, Tina Samson	#2 Iowa Central CC	48.75	4/20
5	25	#Type!	#7 Hawkeye (Iowa)	52.25	4/13
6	26	Taja Conley, Gift Gonpue, Lilly Radcliffe, Emily Usher	#8 North Iowa Area	52.34	4/12
7	27	#Type!	#9 Sauk Valley (Ill.)	52.90	4/13

Women's 4x400 Relay

1	4	Twyshanna Huie, Caydence Brewer, T'kyla Bennett, Shaneil Johnson	#4 Hinds (Miss.) CC	3:45.13	4/20
2	5	Glory Okon, Ethel Amissah, Kaylia Kelly, Angeline Estrada	#1 Iowa Western CC	3:45.22	3/30
3	10	Cadese Higgins, Taliyah Lindsay, Cshanti Pierce, Privilege Chikara	#6 Meridian (Miss.)	3:53.63	4/20
4	14	Abigail Frey, Nicole Schaefer, Natalie Bogdanova Kirilova, Dayvione Briggs	#2 Iowa Central CC	4:02.57	4/12
5	24	#Type!	#11 Southeastern (Iowa)	4:24.97	4/6
6	25	Taja Conley, Lilly Radcliffe, Maddy Welbes, Tenisha Herbert	#8 North Iowa Area	4:26.27	4/6

Women's High Jump

1	10	Tina SAMSON	FR	#2 Iowa Central CC	1.63m	5-4¼	4/6
2	15	Calleisha CHANCE	SO	#1 Iowa Western CC	1.62m	5-3¾	4/13
3	21	Kamdyn STANLEY	SO	#1 Iowa Western CC {2}	1.58m	5-2¼	3/23
4	25	Destiny MITCHELL	FR	#3 Indian Hills (Iowa)	1.56m	5-1¼	4/6
5	34	Arriana JOHNSON	FR	#3 Indian Hills (Iowa) {2}	1.50m	4-11	4/19
5	34	Meghan CAMPISE	FR	#5 State Fair (Mo.)	1.50m	4-11	4/20
7	40	Jillian HULSING	FR	#9 Sauk Valley (Ill.)	1.47m	4-9¾	4/20
8	42	Kira PHIPPS	FR	#5 State Fair (Mo.) {2}	1.45m	4-9	4/20
9	44	Landry MCCOID	FR	#2 Iowa Central CC {2}	1.43m	4-8¼	4/12
10	48	Tasha WILLIAMS	SO	#7 Hawkeye (Iowa)	1.37m	4-6	4/20

Women's Pole Vault

1	23	Kira PHIPPS	FR	#5 State Fair (Mo.)	2.65m	8-8½	4/20
2	27	Christina GIFFORD	FR	#5 State Fair (Mo.) {2}	2.15m	7-½	3/16

Women's Long Jump

1	3	Tina SAMSON	FR	#2 Iowa Central CC	6.02mw	19-9 (2.8)	3/28
2	5	Calleisha CHANCE	SO	#1 Iowa Western CC	5.85m	19-2½ (0.0)	3/30
3	8	Sakina UMAR	FR	#1 Iowa Western CC {2}	5.76mw	18-10¾ (2.3)	4/12
4	19	Charm RONE	FR	#6 Meridian (Miss.)	5.57m	18-3¼ (0.0)	4/20
5	23	Dymonde NAVE	FR	#3 Indian Hills (Iowa)	5.53mw	18-1¾ (2.1)	4/12
6	24	Brandi ECHOLS	SO	#4 Hinds (Miss.) CC	5.48mw	17-11¾ (2.6)	3/30
7	26	Zekira SNOW	FR	#3 Indian Hills (Iowa) {2}	5.42mw	17-9½ (3.9)	3/28
8	34	Jayla BROWN	SO	#1 Iowa Western CC {3}	5.23m	17-2 (0.5)	4/20
9	42	Ashanti PATTON	FR	#6 Meridian (Miss.) {2}	5.06m	16-7¼ (0.0)	3/30
9	42	Kamdyn STANLEY	SO	#1 Iowa Western CC {4}	5.06m	16-7¼ (2.0)	3/23

Women's Triple Jump

1	1	Mercy HONESTY	FR	#1 Iowa Western CC	12.83mw	42-1¼ (3.2)	4/12
2	4	Jayla BROWN	SO	#1 Iowa Western CC {2}	12.16mw	39-10¾ (2.5)	4/12
3	8	Sakina UMAR	FR	#1 Iowa Western CC {3}	11.72m	38-5½ (1.0)	3/30
4	21	Ashanti PATTON	FR	#6 Meridian (Miss.)	10.60m	34-9½ (1.5)	3/21
5	31	Graycee FUNDERBURG	FR	#9 Sauk Valley (Ill.)	9.47m	31-1 (0.4)	4/13

Women's Shot Put

1	6	Sarai SIMPSON	FR	#1 Iowa Western CC	13.71m	44-11¾	4/13
2	7	Chin-Loy RAYMOND	FR	#1 Iowa Western CC {2}	13.52m	44-4¼	3/30
3	21	Zuriya ROBINSON	FR	#2 Iowa Central CC	11.68m	38-4	3/28
4	23	Molly PRICHARD	FR	#5 State Fair (Mo.)	11.57m	37-11½	3/16
5	26	Sara DIEW	SO	#2 Iowa Central CC {2}	11.27m	36-11¾	3/28
6	31	Delaney KOPRIVA	SO	#7 Hawkeye (Iowa)	10.99m	36-¾	4/13
7	38	Rowland KIRTON-BROWNE	FR	#2 Iowa Central CC {3}	10.75m	35-3¼	4/12
8	39	Tina SAMSON	FR	#2 Iowa Central CC {4}	10.65m	34-11¼	4/6
9	51	Aliyah HENRY	FR	#2 Iowa Central CC {5}	9.91m	32-6¼	3/28
10	52	Abbi RICHTER	FR	#12 Southwestern (Ill.)	9.88m	32-5	3/28

Women's Discus

1	15	Sara DIEW	SO	#2 Iowa Central CC	38.78m	127-3	3/16
2	18	Chin-Loy RAYMOND	FR	#1 Iowa Western CC	38.12m	125-1	4/20
3	23	Maya GARTIN	SO	#9 Sauk Valley (Ill.)	36.62m	120-2	4/20
4	27	Zuriya ROBINSON	FR	#2 Iowa Central CC {2}	36.19m	118-9	3/16
5	29	Natalie ALBERT	SO	#1 Iowa Western CC {2}	35.92m	117-10	4/13
6	30	Aliyah HENRY	FR	#2 Iowa Central CC {3}	34.88m	114-5	4/20
7	33	Elyse TRUNCK	SO	#7 Hawkeye (Iowa)	34.43m	113-0	4/6
8	35	Molly PRICHARD	FR	#5 State Fair (Mo.)	34.19m	112-2	4/20
9	48	Rowland KIRTON-BROWNE	FR	#2 Iowa Central CC {4}	32.14m	105-6	4/20
10	52	Sarai SIMPSON	FR	#1 Iowa Western CC {3}	31.18m	102-4	4/6



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Midwest

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Women's Hammer

1	2	Natalie ALBERT	SO	#1 Iowa Western CC	50.88m	166-11	4/20
2	17	Zuriya ROBINSON	FR	#2 Iowa Central CC	43.09m	141-5	4/20
3	19	Chloe LARSEN	SO	#1 Iowa Western CC {2}	42.64m	139-11	4/20
4	29	Sara DIEW	SO	#2 Iowa Central CC {2}	38.72m	127-1	3/28
5	42	Elyse TRUNCK	SO	#7 Hawkeye (Iowa)	36.00m	118-2	4/20
6	44	Rowland KIRTON-BROWNE	FR	#2 Iowa Central CC {3}	34.91m	114-7	3/16
7	45	Delaney KOPRIVA	SO	#7 Hawkeye (Iowa) {2}	34.79m	114-2	4/13
7	45	Molly PRICHARD	FR	#5 State Fair (Mo.)	34.79m	114-2	3/23
9	48	Aliyah HENRY	FR	#2 Iowa Central CC {4}	34.30m	112-7	3/16
10	56	Chin-Loy RAYMOND	FR	#1 Iowa Western CC {3}	32.92m	108-0	4/20

Women's Javelin

1	5	Bailey HASELHORST	FR	#5 State Fair (Mo.)	43.72m	143-5	3/30
2	9	Rowland KIRTON-BROWNE	FR	#2 Iowa Central CC	39.01m	128-0	4/12
3	13	Tina SAMSON	FR	#2 Iowa Central CC {2}	38.12m	125-1	3/16
4	16	Claire NICHOLS	FR	#5 State Fair (Mo.) {2}	36.92m	121-2	3/23
5	19	Natalie ALBERT	SO	#1 Iowa Western CC	36.46m	119-8	4/13
6	27	Maya GARTIN	SO	#9 Sauk Valley (Ill.)	31.62m	103-9	4/20
7	30	Veronica ANDRUSYSHYN	FR	#1 Iowa Western CC {2}	29.42m	96-6¼	3/23
8	31	Malori LEONARD	SO	#12 Southwestern (Ia)	29.06m	95-4¼	3/28
9	44	Abbi RICHTER	FR	#12 Southwestern (Ia) {2}	26.37m	86-6¼	4/20
10	45	Landry MCCOID	FR	#2 Iowa Central CC {3}	26.02m	85-4½	3/28

Women's Heptathlon

1	3	Tina SAMSON	FR	#2 Iowa Central CC	4,728	4/6
2	11	Veronica ANDRUSYSHYN	FR	#1 Iowa Western CC	3,112	4/6
3	14	Jillian HULSING	FR	#9 Sauk Valley (Ill.)	2,996	4/20
4	17	Graycee FUNDERBURG	FR	#9 Sauk Valley (Ill.) {2}	2,547	4/20



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West

as of 4/23/2024 8:31:37 AM ET

Women's 100 Meters

1	2	Kamaria KNIGHT	FR	#1 New Mexico JC	11.54c	(11.51A) (1.0)	4/6
2	10	Ruth AGADAMA	FR	#3 South Plains (Te: {2})	11.72w	(2.3)	4/6
3	16	Deshay TURNER	SO	#2 Mesa (Ariz.) CC	11.92	(-1.6)	3/16
4	17	Brandy HALL	SO	#3 South Plains (Te: {2})	11.93w	(3.7)	4/6
5	19	Breanna CLARKE	SO	#3 South Plains (Te: {3})	11.95w	(2.9)	4/6
6	20	Suraia AMER	SO	#6 Glendale (Ariz.) C	11.98	(0.9)	4/19
7	22	Kavel RITCHIE	FR	#1 New Mexico JC {2}	12.02cw	(11.99A) (3.0)	4/6
8	25	Sydney ROQUEBRUN	FR	#3 South Plains (Te: {4})	12.06w	(2.3)	4/6
9	27	Odelia LEMONS	FR	#2 Mesa (Ariz.) CC {2}	12.11	(0.9)	4/19
10	32	Katherine LEMISH	SO	#2 Mesa (Ariz.) CC {3}	12.13w	(3.4)	3/23

Women's 100 Meter Hurdles

1	1	Lovina EWUSI	FR	#7 Western Texas	13.87	(1.7)	3/16
2	2	Maliah EDWARDS	FR	#1 New Mexico JC	13.96cw	(13.92A) (3.0)	3/23
3	4	Brianna BOYCE	FR	#7 Western Texas {2}	14.05w	(3.9)	4/13
4	7	Katherine LEMISH	SO	#2 Mesa (Ariz.) CC	14.08	(1.0)	4/19
5	9	Larissa BLANCHARD	FR	#4 Pima (Ariz.) CC	14.31	(1.0)	4/19
6	12	Mikelia STRONG	SO	#5 Central Arizona	14.37	(1.2)	4/6
7	17	Leila BARMORE	SO	#6 Glendale (Ariz.) C	14.53	(0.0)	3/23
8	20	Amber SIMPSON	SO	#3 South Plains (Te: {2})	14.62	(0.1)	4/6
9	23	Aliyah GIDHARRY	SO	#5 Central Arizona {2}	14.85	(0.4)	4/13
10	27	Kaelyn GIARRUSSO	FR	#6 Glendale (Ariz.) C {2}	15.10	(1.0)	4/19

Women's 200 Meters

1	3	Lovina EWUSI	FR	#7 Western Texas	23.75cw	(23.68A) (2.0)	3/23
2	9	Nandy KIHUYU	FR	#1 New Mexico JC	24.02cw	(23.95A) (2.0)	4/6
3	10	Deshay TURNER	SO	#2 Mesa (Ariz.) CC	24.12	(1.5)	3/16
4	11	Kamaria KNIGHT	FR	#1 New Mexico JC {2}	24.13	(1.2)	4/13
5	14	Grace OBOUR	SO	#7 Western Texas {2}	24.24w	(3.1)	4/6
6	17	Suraia AMER	SO	#6 Glendale (Ariz.) C	24.51	(0.7)	4/19
7	18	Mikelia STRONG	SO	#5 Central Arizona	24.53	(-0.5)	3/23
8	19	Safhia HINDS	SO	#3 South Plains (Te: {2})	24.66cw	(24.59A) (3.0)	3/23
9	27	Odelia LEMONS	FR	#2 Mesa (Ariz.) CC {2}	24.92	(0.5)	4/19
10	33	Ruth AGADAMA	FR	#3 South Plains (Te: {2})	25.09cw	(25.02A) (3.0)	3/23
10	33	Brianna BOYCE	FR	#7 Western Texas {3}	25.09	(2.0)	3/16

Women's 400 Meters

1	1	Lovina EWUSI	FR	#7 Western Texas	53.13		4/13
2	3	Dejona SIMPSON	SO	#1 New Mexico JC	54.04c	(53.93A)	4/6
3	4	Lacarthea COOPER	SO	#1 New Mexico JC {2}	54.10c	(53.99A)	4/6
4	7	T'Anna LIBURD	FR	#5 Central Arizona	54.95		4/6
5	8	Brianna BOYCE	FR	#7 Western Texas {2}	55.04		4/6
6	10	Grace KOMBETTO	FR	#5 Central Arizona {2}	55.40		4/19
7	12	Nandy KIHUYU	FR	#1 New Mexico JC {3}	55.56c	(55.45A)	3/23
8	14	Grace OBOUR	SO	#7 Western Texas {3}	55.75		4/13
9	15	Reanna CAMPBELL	FR	#2 Mesa (Ariz.) CC	55.77		4/19
10	18	Trinity BETHEA	SO	#4 Pima (Ariz.) CC	56.12		4/19

Women's 400 Meter Hurdles

1	1	Grace KOMBETTO	FR	#5 Central Arizona	59.60		4/13
2	3	Safhia HINDS	SO	#3 South Plains (Te: {2})	1:00.87		3/30
3	4	Lovina EWUSI	FR	#7 Western Texas	1:01.16		3/30
4	6	Brianna BOYCE	FR	#7 Western Texas {2}	1:01.67		4/13
5	8	Leticia QUINGOSTAS	SO	#3 South Plains (Te: {2})	1:02.03		4/6
6	9	Asia FOSTER	SO	#7 Western Texas {3}	1:02.67		4/6
7	10	Katherine LEMISH	SO	#2 Mesa (Ariz.) CC	1:02.76		3/23
8	11	Shackelia GREEN	SO	#7 Western Texas {4}	1:02.91		4/13
9	13	Taylor CRANE	FR	#4 Pima (Ariz.) CC	1:03.52		4/13
10	15	Elizabeth WEAD	FR	#2 Mesa (Ariz.) CC {2}	1:04.20		4/19

Women's 800 Meters

1	2	Grace KOMBETTO	FR	#5 Central Arizona	2:08.51		4/13
2	4	Rushana DWYER	SO	#3 South Plains (Te: {2})	2:09.68c	(2:10.12A)	4/21
3	6	Jennaveve BINGHAM	FR	#9 Southern Idaho	2:11.88		3/30
4	7	Brianna SAMUELS	SO	#5 Central Arizona {2}	2:12.79		3/9
5	9	Lilliana GUERRERO	SO	#3 South Plains (Te: {2})	2:13.08		4/6
6	11	Taylor JACOBS	SO	#2 Mesa (Ariz.) CC	2:13.92		4/19
7	13	Jody ANN MITCHELL	FR	#1 New Mexico JC	2:14.77		4/20
8	14	Jayne ELVIN	FR	#1 New Mexico JC {2}	2:15.28		3/30
9	15	Megan GARRETT	FR	#12 Trinidad State (C	2:15.50c	(2:16.22A)	3/16
10	16	Jazmin ESTRADA	SO	#11 Paradise Valley (	2:15.77		4/19

Women's 1500 Meters

1	4	Megan GARRETT	FR	#12 Trinidad State (C	4:31.32c	(4:37.15A)	3/22
2	5	Alliyah MOLINA	SO	#12 Trinidad State (C {2})	4:32.69		4/13
3	8	Emerald KEHR	FR	#8 Salt Lake (Utah)	4:36.64		4/13
4	9	Madelyn CHRISTENSEN	FR	#9 Southern Idaho	4:37.19c	(5:05.62A)	4/5
5	10	Elayna LOVERIDGE	FR	#8 Salt Lake (Utah) {2}	4:37.39		3/22
6	12	Elizabeth PHILLIPS	SO	#9 Southern Idaho {2}	4:40.36c	(5:09.11A)	4/5
7	13	Jayne ELVIN	FR	#1 New Mexico JC	4:40.81		4/20
8	14	Lisanne SCHAPENDONK	FR	#1 New Mexico JC {2}	4:41.32		4/20
9	15	Jazmin ESTRADA	SO	#11 Paradise Valley (	4:41.35		4/13
10	16	Anna HARMON	JR	#2 Mesa (Ariz.) CC	4:41.44		4/13

Women's Steeplechase

1	1	Megan GARRETT	FR	#12 Trinidad State (C	10:46.91		4/13
2	2	Madelyn CHRISTENSEN	FR	#9 Southern Idaho	10:50.89c	(11:05.83A)	4/19
3	4	Emerald KEHR	FR	#8 Salt Lake (Utah)	11:11.12		4/13
4	5	Molly JENSEN	SO	#8 Salt Lake (Utah) {2}	11:27.44		3/30
5	6	Kennedy SWAIN	SO	#8 Salt Lake (Utah) {3}	11:30.19		3/30
6	7	Jazmin ESTRADA	SO	#11 Paradise Valley (	11:30.22		3/29
7	10	Katlyn CLEM	SO	#13 North Central Te	11:52.79		4/13
8	11	Rozzlyn CAZIER	FR	#9 Southern Idaho {2}	11:55.12c	(12:11.53A)	4/19
9	13	Mackenzie BETHANCOURT	FR	#11 Paradise Valley ({2})	11:57.54		4/13
10	14	Brielle LEE	FR	#8 Salt Lake (Utah) {4}	11:58.80		4/13



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



West

as of 4/23/2024 8:31:37 AM ET

Women's 5000 Meters

1	1	Alliyah MOLINA	SO	#12 Trinidad State (C	16:40.94	4/13
2	2	Elizabeth PHILLIPS	SO	#9 Southern Idaho	17:19.32c (17:45.00A)	4/19
3	5	Jazmin ESTRADA	SO	#11 Paradise Valley (	17:35.07	4/13
4	7	Anna HARMON	JR	#2 Mesa (Ariz.) CC	17:54.59	3/23
5	8	Carolyne KIMAIYO	SO	#1 New Mexico JC	17:57.44	4/20
6	9	Keira DAMRON	FR	#11 Paradise Valley ({2}	17:58.16	4/13
7	11	Kennedy SWAIN	SO	#8 Salt Lake (Utah)	17:58.68	4/13
8	12	Madison LOPEZ	SO	#8 Salt Lake (Utah) {2}	18:01.45	4/13
9	14	Lindsie FAUSETT	FR	#8 Salt Lake (Utah) {3}	18:07.21	4/13
10	16	Abigail CASE	SO	#9 Southern Idaho {2}	18:11.04c (18:38.00A)	4/19

Women's 10,000 Meters

1	1	Lindsie FAUSETT	FR	#8 Salt Lake (Utah)	35:42.55	3/30
2	2	Alliyah MOLINA	SO	#12 Trinidad State (C	36:02.44c (37:09.75A)	3/16
3	3	Anna HARMON	JR	#2 Mesa (Ariz.) CC	36:27.76	4/13
4	6	Lillian NEFF	FR	#9 Southern Idaho	38:26.78	3/30
5	7	Abigail CASE	SO	#9 Southern Idaho {2}	38:30.76	3/30
6	9	Angy SALADO FERNANDEZ	FR	#8 Salt Lake (Utah) {2}	38:41.91	4/13
7	10	Lilian MATEO TORREZ	FR	#3 South Plains (Te:	38:45.96c (39:23.69A)	3/23
8	11	Karen KIRATU	FR	#14 Southeast (Neb.)	39:03.58	4/13
9	13	Marryn POLL	SO	#9 Southern Idaho {3}	39:20.13	3/30
10	14	Macie CHUGG	FR	#9 Southern Idaho {4}	39:27.52	3/30

Women's 4x100 Relay

1	2	Shackelia Green, Lovina Ewusi, Brieanna Boyce, Grace Obour	#7 Western Texas	45.45	4/13
2	4	Ruth Agadama, Sydney Roquebrun, Brandy Hall, Breanna Clarke	#3 South Plains (Te:	45.96c (45.84A)	4/21
3	9	Katherine Lemish, Odelia Lemons, Zamirah Parker, Deshay Turner	#2 Mesa (Ariz.) CC	46.83	3/29
4	12	Lailah Campbell, Leila Barmore, Kaelyn Giarrusso, Suraia Amer	#6 Glendale (Ariz.) (	47.84	4/19
5	13	Aliyah Gidharry, Patience Boahemaa, T'Anna Liburd, Mikelia Strong	#5 Central Arizona	47.89	3/16
6	21	Mckailyn Morris, Brianne Roberts, Larissa Blanchard, Tristin Duron	#4 Pima (Ariz.) CC	49.73	3/29
7	22	Aisha Zaffino, Aliya Schock, Emma Mckenzie, Tiana Culmer	#10 Bismarck State (	49.90	4/21

Women's 4x400 Relay

1	1	Grace Obour, Brieanna Boyce, Asia Foster, Lovina Ewusi	#7 Western Texas	3:43.60	4/13
2	2	Mikelia Strong, T'Anna Liburd, Brianna Samuels, Grace Kombetto	#5 Central Arizona	3:44.62	3/23
3	3	Safhia Hinds, Leticia Quingostas, Lilliana Guerrero, Rushana Dwyer	#3 South Plains (Te:	3:44.77	3/30
4	7	Deshay Turner, Diane Ondobo, Reanna Campbell, Taylor Jacobs	#2 Mesa (Ariz.) CC	3:48.08	3/29
5	13	Trinity Bethea, Tristin Duron, Naiomi Hereim, Tayler Crane	#4 Pima (Ariz.) CC	4:00.58	4/13
6	15	Rachael Bethancourt, Mackenzie Bethancourt, Keira Damron, Jazmin Estrada	#11 Paradise Valley (	4:09.61	4/19
7	19	Jaresa Jackson, Elizabeth Stanley, Elizabeth Phillips, Laynee Rowley	#9 Southern Idaho	4:14.94c (4:14.50A)	4/19
8	22	Aliya Schock, Aisha Zaffino, Ava Stafford, Tiana Culmer	#10 Bismarck State (	4:21.41	4/12
9	29	Lailah Campbell, Lauren Allard, Alexandra Carey, Celisa Scarbrough	#6 Glendale (Ariz.) (	4:33.17	4/13

Women's 4x800 Relay

1	2	Jayne Elvin, Vanessa Gallegos, Daphne Kausz, Lisanne Schapendonk	#1 New Mexico JC	9:21.01	3/30
2	3	Maria Burgos, Katlyn Clem, Glorie Kabuin, Ashlen Clem	#13 North Central Te	9:44.62	3/30

Women's High Jump

1	2	Achol MAYWIN	SO	#1 New Mexico JC	1.73m A 5-8	4/6
2	3	Abril OKON	FR	#3 South Plains (Te:	1.70m A 5-7	4/21
3	4	Kaelyn GIARRUSSO	FR	#6 Glendale (Ariz.) (	1.68m 5-6	4/13
3	4	Janiya ROSS	FR	#4 Pima (Ariz.) CC	1.68m 5-6	3/29
5	7	April NECAISE	FR	#4 Pima (Ariz.) CC {2}	1.65m 5-5	3/23
6	10	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC	1.63m 5-4½	3/15
6	10	Daniel HINDS	SO	#1 New Mexico JC {2}	1.63m A 5-4½	4/6
6	10	Bella HOFFMAN	FR	#4 Pima (Ariz.) CC {3}	1.63m 5-4½	3/29
6	10	Isabel GREEN	FR	#4 Pima (Ariz.) CC {3}	1.63m 5-4½	3/29
10	19	Mikayla GUMBS	FR	#1 New Mexico JC {3}	1.59m A 5-2½	4/6
10	19	Amber SIMPSON	SO	#3 South Plains (Te:{2}	1.59m 5-2½	4/6



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, April 23



West

as of 4/23/2024 8:31:38 AM ET

Women's Pole Vault

1	3	Sarah NIPPER	FR	#2 Mesa (Ariz.) CC	3.60m	11-9¾	3/29
2	4	Morgan PEPE	FR	#4 Pima (Ariz.) CC	3.57m	11-8½	4/19
3	9	Giuliana SAPORITO SCHIESARO	FR	#3 South Plains (Te: {2}	3.46mA	11-4¼	3/23
4	10	Alexandra CAREY	FR	#6 Glendale (Ariz.) (	3.42m	11-2½	4/19
4	10	Brianne ROBERTS	FR	#4 Pima (Ariz.) CC {2}	3.42m	11-2½	3/29
4	10	Raely PALMER	FR	#2 Mesa (Ariz.) CC {2}	3.42m	11-2½	4/13
7	17	Celisa SCARBROUGH	FR	#6 Glendale (Ariz.) (2}	3.12m	10-2¾	3/29
7	17	Lauren ALLARD	FR	#6 Glendale (Ariz.) (2}	3.12m	10-2¾	4/13
9	21	Maryn TERRY	FR	#3 South Plains (Te: {2}	2.97m	9-9	4/6

Women's Long Jump

1	1	Kavel RITCHIE	FR	#1 New Mexico JC	6.13mw	20-1½ (3.1)	4/4
2	2	Kyla METZLER	FR	#13 North Central Te	6.06mw	19-10¾ (3.1)	3/15
3	4	Ruth AGADAMA	FR	#3 South Plains (Te: {2}	5.98m	19-7½ (0.4)	4/21
4	7	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC	5.79m	19-0 (0.0)	3/29
5	9	Sydney ROQUEBRUN	FR	#3 South Plains (Te: {2}	5.74mWA	18-10 (3.0)	3/23
6	11	Leila BARMORE	SO	#6 Glendale (Ariz.) (	5.73m	18-9¾ (0.0)	3/23
7	13	Maylee THOMPSON	FR	#4 Pima (Ariz.) CC	5.70m	18-8½ (0.8)	3/23
8	17	Alexia ANDERSON	FR	#10 Bismarck State (	5.67mw	18-7¼ (3.7)	4/12
9	22	Marisa HENNIX	FR	#2 Mesa (Ariz.) CC {2}	5.54m	18-2¼ (0.0)	3/29
10	25	Amber SIMPSON	SO	#3 South Plains (Te: {3}	5.45mWA	17-10¾ (2.6)	4/21

Women's Triple Jump

1	2	Leila BARMORE	SO	#6 Glendale (Ariz.) (	12.80m	42-0 (0.0)	3/14
2	3	Tianna MOSLEY	SO	#4 Pima (Ariz.) CC	12.35m	40-6¼ (2.0)	3/22
3	4	Bella HOFFMAN	FR	#4 Pima (Ariz.) CC {2}	12.16mw	39-10¾ (2.9)	3/22
4	7	Kavel RITCHIE	FR	#1 New Mexico JC	11.94mw	39-2¼ (3.9)	3/22
5	9	Kyla METZLER	FR	#13 North Central Te	11.43m	37-6 (-0.1)	3/9
6	15	Oyindamola ADETUTU	FR	#6 Glendale (Ariz.) (2}	10.76m	35-3¾ (0.0)	4/19
7	16	April NECAISE	FR	#4 Pima (Ariz.) CC {3}	10.67m	35-¼ (0.0)	3/29
7	16	Alexia ANDERSON	FR	#10 Bismarck State (	10.67mw	35-¼ (3.4)	4/12
9	20	Roxy CHRISTENSEN	FR	#4 Pima (Ariz.) CC {4}	10.63m	34-10½ (1.3)	3/23
10	23	Zamirah PARKER	SO	#2 Mesa (Ariz.) CC	10.53m	34-6¾ (0.0)	3/16

Women's Shot Put

1	1	Esteisy SALAS	FR	#1 New Mexico JC	15.12m	49-7¼	4/13
2	4	Kasie UGEH	JR	#5 Central Arizona	13.81m	45-3¾	3/16
3	10	Yosiris CORDOBA	FR	#1 New Mexico JC {2}	13.02mA	42-8¾	4/6
4	12	Rejoice AGBEWODIE	FR	#5 Central Arizona {2}	12.81m	42-½	4/6
5	13	Jamelia NICHOLAS	FR	#5 Central Arizona {3}	12.68m	41-7¼	3/16
6	14	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC	12.36m	40-6¾	4/19
7	18	Catherine GREEN	SO	#3 South Plains (Te: {2}	11.98m	39-3¾	4/6
8	24	Julia CLEMENTS	FR	#10 Bismarck State (	11.56m	37-11¼	3/29
9	27	Alison HOFF	SO	#10 Bismarck State {2}	11.25m	36-11	4/12
10	30	Kapualani MAGNANI	SO	#4 Pima (Ariz.) CC	11.00m	36-1¼	3/16

Women's Discus

1	3	Yosiris CORDOBA	FR	#1 New Mexico JC	53.63mA	176-0	3/23
2	5	Rejoice AGBEWODIE	FR	#5 Central Arizona	49.96m	163-11	3/29
3	6	Kasie UGEH	JR	#5 Central Arizona {2}	45.85m	150-5	4/6
4	7	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC	45.53m	149-5	4/13
5	9	Catherine GREEN	SO	#3 South Plains (Te: {2}	41.78mA	137-1	3/23
6	11	Jamelia NICHOLAS	FR	#5 Central Arizona {3}	40.26m	132-1	3/29
7	20	Alison HOFF	SO	#10 Bismarck State (	37.49m	123-0	4/12
8	27	Vanessa ESPARZA	FR	#1 New Mexico JC {2}	36.19mA	118-9	4/6
9	31	Kapualani MAGNANI	SO	#4 Pima (Ariz.) CC	34.86m	114-5	4/13
10	40	Angelina THIEL	SO	#6 Glendale (Ariz.) (	33.21m	109-0	4/19

Women's Hammer

1	1	Tania DA SILVA	FR	#1 New Mexico JC	55.73m	182-10	4/13
2	5	Maleah TUCKER	FR	#2 Mesa (Ariz.) CC	48.82m	160-2	4/13
3	7	Kapualani MAGNANI	SO	#4 Pima (Ariz.) CC	48.03m	157-7	3/23
4	8	Annika ARVAYO	SO	#4 Pima (Ariz.) CC {2}	47.43m	155-8	3/23
5	9	Rejoice AGBEWODIE	FR	#5 Central Arizona	47.31m	155-3	3/16
6	13	Seioriana GLASS	FR	#2 Mesa (Ariz.) CC {2}	44.31m	145-5	4/19
7	14	Jenyce LOPEZ	SO	#4 Pima (Ariz.) CC {3}	44.30m	145-4	4/19
8	37	Angelina THIEL	SO	#6 Glendale (Ariz.) (	36.63m	120-2	4/19
9	51	Julia CLEMENTS	FR	#10 Bismarck State (	34.12m	112-0	4/12
10	52	Alison HOFF	SO	#10 Bismarck State {2}	34.10m	111-11	4/12

Women's Javelin

1	1	Anisha GIBBONS	SO	#1 New Mexico JC	49.44m	162-3	4/13
2	2	Rejoice AGBEWODIE	FR	#5 Central Arizona	48.69m	159-9	4/13
3	3	Bruna VIEIRA DE JESUS	FR	#1 New Mexico JC {2}	48.36m	158-8	4/13
4	7	Aliyah GIDHARRY	SO	#5 Central Arizona {2}	40.69m	133-6	4/13
5	8	Kasie UGEH	JR	#5 Central Arizona {3}	39.82m	130-8	3/23
6	11	Sara JACOBSON	JR	#2 Mesa (Ariz.) CC	38.83m	127-5	4/19
7	14	Vivica ADDISON	FR	#7 Western Texas	37.54mA	123-2	3/23
8	15	Brynn HYTTINEN	SO	#10 Bismarck State (	37.15m	121-11	4/21
9	17	Maylee THOMPSON	FR	#4 Pima (Ariz.) CC	36.64m	120-3	3/23
10	20	Mya SHELDON	FR	#10 Bismarck State {2}	36.04m	118-3	4/6

Women's Heptathlon

1	1	Aliyah GIDHARRY	SO	#5 Central Arizona	4,867		4/13
2	2	Maliyah ROSS	SO	#2 Mesa (Ariz.) CC	4,827		3/15
3	4	Abril OKON	FR	#3 South Plains (Te: {2}	4,253		4/6
4	6	Amber SIMPSON	SO	#3 South Plains (Te: {2}	4,195		4/6
5	7	Maylee THOMPSON	FR	#4 Pima (Ariz.) CC	4,012		3/15
6	12	Lucille LOVELACE	SO	#2 Mesa (Ariz.) CC {2}	3,087		3/15
7	18	Simone GRISHAM-DOBBS		#11 Paradise Valley (	1,786		3/29