



National TFRI Event Summary

Women's 100 Meters — 2024 Week #1, March 27

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Iyona DAVIS	FR	#2 Howard (Md.) CC	34.42		12.69	(0.4)	3/16/24	Virginia Beach Spring Break In
2	Amia TODMAN		#4 Springfield Tech (Mass)	32.39		12.70	(-1.0)	3/16/24	UPR Rio Piedras Spring Break
3	Rashelle BUYNUM	SO	#2 Howard (Md.) CC {2}	29.00		13.15	(0.5)	3/23/24	Maryland Invitational
4	Amaya RIQUE	FR	#3 Mineral Area (Mo.)	26.89		13.19	(0.2)	3/23/24	Missouri S&T Miner Invitationa
5	Macayla LOGAN		#4 Springfield Tech (Mass)	24.80		13.22	(-1.3)	3/16/24	UPR Rio Piedras Spring Break
6	Blessing OMONIYI	JR	#2 Howard (Md.) CC {3}	4.53	D	13.34	(0.5)	3/23/24	Maryland Invitational
7	Emily MURROW	FR	#1 RCSJ Gloucester (N.J.)	18.43		14.86	(1.3)	3/16/24	Towson Spring Opener
8	Diamond JEWELL	FR	#5 St. Charles (Mo.) CC	16.18		15.06	(0.5)	3/23/24	Missouri S&T Miner Invitationa
9	Emma HARVERSON	FR	#1 RCSJ Gloucester (N.J.) {2}	2.00	D	15.68	(0.7)	3/16/24	Towson Spring Opener
10	Francesca MACCARONE	FR	#1 RCSJ Gloucester (N.J.) {3}	12.00		17.08	(-2.1)	3/2/24	Lloyd Sigler Spring Meet
11	Sophie STEFFENS	FR	#1 RCSJ Gloucester (N.J.) {4}	TM-4		18.30	(-2.1)	3/2/24	Lloyd Sigler Spring Meet



National TFRI Event Summary

Women's 100 Meter Hurdles — 2024 Week #1, March 27

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Kenleigh LANGE	FR #3 Mineral Area (Mo.)	30.00	18.06 (0.1)	3/23/24 Missouri S&T Miner Invitationa



National TFRI Event Summary

Women's 200 Meters — 2024 Week #1, March 27

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Iyona DAVIS	FR	#2 Howard (Md.) CC	33.29		26.91 (0.2)	3/16/24 Virginia Beach Spring Break In
2	Amaya RIQUE	FR	#3 Mineral Area (Mo.)	30.88		27.25 (0.7)	3/23/24 Missouri S&T Miner Invitationa
3	Macayla LOGAN		#4 Springfield Tech (Mass	28.63		27.46 (0.2)	3/16/24 UPR Rio Piedras Spring Break
4	Blessing OMONIYI	JR	#2 Howard (Md.) CC {2}	25.96		28.29 (0.2)	3/16/24 Virginia Beach Spring Break In
5	Rashelle BUYNUM	SO	#2 Howard (Md.) CC {3}	3.94	D	28.33 (0.2)	3/16/24 Virginia Beach Spring Break In
6	Felicity KESTER	FR	#3 Mineral Area (Mo.) {2}	21.78		28.60 (1.4)	3/23/24 Missouri S&T Miner Invitationa
7	Diamond JEWELL	FR	#5 St. Charles (Mo.) CC	18.37		31.23 (1.7)	3/23/24 Missouri S&T Miner Invitationa
8	Emily MURROW	FR	#1 RCSJ Gloucester (N.J.)	2.15	D	31.68 (0.9)	3/16/24 Towson Spring Opener



National TFRI Event Summary

Women's 400 Meters — 2024 Week #1, March 27

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Iyona DAVIS	FR	#2 Howard (Md.) CC	2.00	D	1:02.61	3/23/24 Maryland Invitational
2	Emily MURROW	FR	#1 RCSJ Gloucester (N.J.)	28.00		1:21.93	3/2/24 Lloyd Sigler Spring Meet



National TFRI Event Summary

Women's 800 Meters — 2024 Week #1, March 27

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Courtney O'HARA	#1	RCSJ Gloucester (N.J.)	35.98	2:49.43	3/16/24 Towson Spring Opener
2	Susana SERRANO	SO	#1 RCSJ Gloucester (N.J.) {2}	31.62	2:51.83	3/16/24 Towson Spring Opener
3	Alexandra CAMPO		#1 RCSJ Gloucester (N.J.) {3}	27.64	2:53.90	3/16/24 Towson Spring Opener
4	Aubree JONES	FR	#3 Mineral Area (Mo.)	24.00	2:56.29	3/23/24 Missouri S&T Miner Invitationa
5	Melayna BROWN	SO	#3 Mineral Area (Mo.) {2}	22.00	3:03.19	3/23/24 Missouri S&T Miner Invitationa
6	Beatriz RUIZ	FR	#8 Triton (Ill.)	20.00	3:43.15	3/23/24 Polar Bear Invitational (Indian



National TFRI Event Summary

Women's 1500 Meters — 2024 Week #1, March 27

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Celeste SANSEGRAW	FR	#3 Mineral Area (Mo.)	37.41	5:17.77	3/23/24 Missouri S&T Miner Invitationa
2	Alheli RAMOS-GARCIA	SO	#7 Patrick & Henry (Va.) C	29.22	5:44.17	3/16/24 Lenoir-Rhyne Opener
3	Courtney O'HARA		#1 RCSJ Gloucester (N.J.)	26.74	5:46.39	3/2/24 Lloyd Sigler Spring Meet
4	Mackenzie COCHRAN	SO	#1 RCSJ Gloucester (N.J.) ^{2}	24.00	5:59.24	3/16/24 Towson Spring Opener
5	Alexandra CAMPO		#1 RCSJ Gloucester (N.J.) ^{3}	22.00	6:00.75	3/2/24 Lloyd Sigler Spring Meet



National TFRI Event Summary

Women's 5000 Meters — 2024 Week #1, March 27

NPR	Athlete		(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Riley PETSCH	SO	#3	Mineral Area (Mo.)	30.00	20:47.26	3/23/24	Missouri S&T Miner Invitationa
2	Abigail DEAN	SO	#3	Mineral Area (Mo.) {2}	28.00	20:47.27	3/23/24	Missouri S&T Miner Invitationa



National TFRI Event Summary

Women's 4x100 Relay — 2024 Week #1, March 27

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Emma Harverson, Emily Murrow, Susana Serrano, Francesca Maccarone	#1 RCSJ Gloucester (N.J.)	30.00	59.66	3/16/24 Towson Spring Opener



National TFRI Event Summary

Women's 4x400 Relay — 2024 Week #1, March 27

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Temiloluwa Akinsanya, Rashelle Buynum, Blessing Omoniyi, Iyona Davis	#2 Howard (Md.) CC	30.00	4:38.41	3/16/24 Virginia Beach Spring Break In



National TFRI Event Summary

Women's High Jump — 2024 Week #1, March 27

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Katie MAJORS	SO	#5 St. Charles (Mo.) CC	33.46	1.50m	4-11	3/23/24	Missouri S&T Miner Invitationa
1	Cassidy HERGET	FR	#3 Mineral Area (Mo.)	33.46	1.50m	4-11	3/23/24	Missouri S&T Miner Invitationa
3	Kenleigh LANGE	FR	#3 Mineral Area (Mo.) {2}	26.29	1.35m	4-5	3/23/24	Missouri S&T Miner Invitationa
3	Emma HARVERSON	FR	#1 RCSJ Gloucester (N.J.)	26.29	1.35m	4-5	3/16/24	Towson Spring Opener



National TFRI Event Summary

Women's Pole Vault — 2024 Week #1, March 27

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Kaydence GIBSON	FR #3 Mineral Area (Mo.)	30.00	2.60m	8-6¼	3/23/24 Missouri S&T Miner Invitationa



National TFRI Event Summary

Women's Long Jump — 2024 Week #1, March 27

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Rashelle BUYNUM	SO	#2 Howard (Md.) CC	34.04	4.87m	15-11¾ (0.4)	3/16/24	Virginia Beach Spring Break In
2	Katie MAJORS	SO	#5 St. Charles (Mo.) CC	30.24	4.80mw	15-9 (2.1)	3/16/24	Central Methodist Open
3	Blessing OMONIYI	JR	#2 Howard (Md.) CC {2}	27.22	4.76m	15-7½ (0.1)	3/16/24	Virginia Beach Spring Break In
4	Dejoue SEBASTINE		#4 Springfield Tech (Mass)	24.00	4.68m	15-4¼ (-0.9)	3/16/24	UPR Rio Piedras Spring Break



National TFRI Event Summary

Women's Triple Jump — 2024 Week #1, March 27

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Emma HARVERSON	FR #1 RCSJ Gloucester (N.J.)	30.00	8.62m	28-3½ (-2.4)	3/2/24 Lloyd Sigler Spring Meet



National TFRI Event Summary

Women's Shot Put — 2024 Week #1, March 27

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Savianna JOSEPH		#4 Springfield Tech (Mass)	34.99		12.39m	40-7¾	3/16/24	UPR Rio Piedras Spring Break
2	Kayla FRANKLIN	SO	#6 Camden County (N.J.)	30.95		11.03m	36-2¼	3/16/24	Towson Spring Opener
3	Romeena DAVIS		#4 Springfield Tech (Mass)	28.37		10.64m	34-11	3/16/24	UPR Rio Piedras Spring Break
4	Kara KNORR	JR	#1 RCSJ Gloucester (N.J.)	4.00	D	10.28m	33-8¾	3/16/24	Towson Spring Opener
5	Lynniya WHITAKER	FR	#2 Howard (Md.) CC	23.97		10.25m	33-7½	3/23/24	Maryland Invitational
6	Makeda CHRISTOPHER		#4 Springfield Tech (Mass)	21.51		9.71m	31-10¼	3/16/24	UPR Rio Piedras Spring Break
7	Temiloluwa AKINSANYA	FR	#2 Howard (Md.) CC	{2} 3.02	D	9.13m	29-11½	3/23/24	Maryland Invitational
8	Briana JACKSON	SO	#2 Howard (Md.) CC	{3} 2.07	D	8.02m	26-3¾	3/16/24	Virginia Beach Spring Break In
9	Abigail SORIANO	FR	#6 Camden County (N.J.)	{2} 14.00		6.20m	20-4¼	3/16/24	Towson Spring Opener



National TFRI Event Summary

Women's Discus — 2024 Week #1, March 27

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Kayla FRANKLIN	SO	#6 Camden County (N.J.)	36.20	34.59m	113-6	3/16/24	Towson Spring Opener
2	Kara KNORR	JR	#1 RCSJ Gloucester (N.J.)	30.98	30.30m	99-5	3/2/24	Lloyd Sigler Spring Meet
3	Temiloluwa AKINSANYA	FR	#2 Howard (Md.) CC	26.20	26.60m	87-3¼	3/16/24	Virginia Beach Spring Break In
4	Briana JACKSON	SO	#2 Howard (Md.) CC	{2} 24.00	24.90m	81-8½	3/16/24	Virginia Beach Spring Break In
5	Lynniya WHITAKER	FR	#2 Howard (Md.) CC	{3} 2.00	D 19.10m	62-8	3/16/24	Virginia Beach Spring Break In



National TFRI Event Summary

Women's Hammer — 2024 Week #1, March 27

NPR	Athlete		(Team Rank)	Institution	Team Pts.	Scored Performance		Meet	
1	Lynniya WHITAKER	FR	#2	Howard (Md.) CC	33.02	32.24m	105-9	3/16/24	Virginia Beach Spring Break In
2	Temiloluwa AKINSANYA	FR	#2	Howard (Md.) CC	{2} 30.52	30.75m	100-11	3/16/24	Virginia Beach Spring Break In
3	Briana JACKSON	SO	#2	Howard (Md.) CC	{3} 26.08	23.47m	77-0	3/16/24	Virginia Beach Spring Break In



National TFRI Event Summary

Women's Javelin — 2024 Week #1, March 27

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Kara KNORR	JR	#1 RCSJ Gloucester (N.J.)	35.53		29.65m	97-3½	3/16/24	Towson Spring Opener
2	Kayla FRANKLIN	SO	#6 Camden County (N.J.)	4.38	D	29.03m	95-3	3/16/24	Towson Spring Opener
3	Cassidy HERGET	FR	#3 Mineral Area (Mo.)	27.47		28.85m	94-8	3/23/24	Missouri S&T Miner Invitationa
4	Rashelle BUYNUM	SO	#2 Howard (Md.) CC	2.00	D	25.83m	84-9	3/16/24	Virginia Beach Spring Break In
5	Grace WAHL	FR	#1 RCSJ Gloucester (N.J.)	22.00		21.22m	69-7½	3/16/24	Towson Spring Opener