



National TFRI Event Summary

Women's 100 Meters — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Patrycja KARPIESIUK	SO #4 DuPage (Ill.)	33.76	12.49w	(3.0)	4/6/24	Chicagoland Invitational
2	Amaya RIQUE	FR #2 Mineral Area (Mo.)	31.36	12.60	(2.0)	4/6/24	Lincoln University Open
3	Amia TODMAN	#11 Springfield Tech (Mass)	29.00	12.70	(-1.0)	3/16/24	UPR Rio Piedras Spring Break
4	Svetlozara UVAKOVA	SO #1 Harper (Ill.)	26.44	12.87	(0.7)	3/29/24	First Chance Invitational
5	Trinity ORTIZ	SO #8 Finger Lakes (N.Y.) CC	4.25 D	12.95w	(2.2)	4/7/24	SUNY Cortland Red Dragon Op
6	Arieana HORTON	FR #16 CC of Philadelphia (Pa)	3.87 D	13.11w	(3.7)	3/29/24	Towson Invitational
7	Macayla LOGAN	#11 Springfield Tech (Mass)	19.62	13.22	(-1.3)	3/16/24	UPR Rio Piedras Spring Break
8	Regan FURMANKIEWICZ	FR #6 Joliet (Ill.) JC	17.35	13.34	(0.7)	3/29/24	First Chance Invitational
9	Jacey HINDS	FR #9 Mohawk Valley (N.Y.) C	15.13	13.44	(1.0)	3/30/24	Saints Ice Breaker Open
10	Perla VARGAS	FR #1 Harper (Ill.)	{2} 12.97	13.55	(0.4)	3/29/24	First Chance Invitational
11	Zoe PAVLU	FR #1 Harper (Ill.)	{3} 10.88	13.63w	(3.0)	4/6/24	Chicagoland Invitational
12	Kaprice SIGLER	FR #13 Onondaga (N.Y.) CC	9.85	13.66	(1.0)	4/7/24	SUNY Cortland Red Dragon Op
13	Katie MAJORS	SO #17 St. Charles (Mo.) CC	2.81 D	13.69	(0.6)	4/5/24	Billiken Invitational
14	Fonida KHAMISSI	FR #4 DuPage (Ill.)	{2} 7.79	13.71	(1.9)	4/6/24	Chicagoland Invitational
15	Amanda MANNINO	JR #3 Suffolk County (N.Y.) C	6.74	13.76	(1.3)	3/30/24	Ramapo College Invitational
16	Olga AKHRENMENKO	SO #9 Mohawk Valley (N.Y.) C	5.73	13.77w	(3.4)	4/6/24	Utica Pioneer Spring Invite
17	Russo-Sanchez GIANNA	FR #22 Nassau (N.Y.) CC	5.10	13.89	(-2.0)	4/7/24	The Coach Omeltchenko Invit
18	Chakhia JENKINS HICK	FR #4 DuPage (Ill.)	{3} 4.53	13.95	(1.8)	4/6/24	Chicagoland Invitational
19	Felicity KESTER	FR #2 Mineral Area (Mo.)	{2} 4.02	13.96	(-1.7)	4/6/24	Lincoln University Open
20	Catherine SHAW	SO #3 Suffolk County (N.Y.) C	2.47 D	14.01	(0.1)	3/30/24	Ramapo College Invitational
21	Caliah THOMAS	FR #4 DuPage (Ill.)	{4} TM-4	14.11	(1.1)	4/6/24	Chicagoland Invitational
22	Bintu SHERIFF	FR Delaware County (Pa.)	2.36	14.12	(2.0)	3/23/24	Purple and Gold Invitational
23	Sydney HIGHT	FR #9 Mohawk Valley (N.Y.) C	{3} 1.85	14.13w	(3.4)	4/6/24	Utica Pioneer Spring Invite
24	Delmarea WILLIS	FR #4 DuPage (Ill.)	{5} TM-5	14.33	(1.6)	4/6/24	Chicagoland Invitational
25	Genesis LONG	FR #21 Kingsborough (N.Y.) C	1.05	14.37	(-2.0)	4/7/24	The Coach Omeltchenko Invit
26	Asaria WRIGHT	SO #14 Herkimer County (N.Y.)	0.90	14.48	(1.0)	3/30/24	Saints Ice Breaker Open
27	Julianne COSSIN	FR #7 Queensborough (N.Y.)	0.85	14.52	(0.0)	3/1/24	Queensborough Relays
28	Tasheyana RICHARDS	FR #3 Suffolk County (N.Y.) C	{3} 0.80	14.61	(-3.6)	4/7/24	The Coach Omeltchenko Invit
29	Deja-Monet COLEMAN	SO #13 Onondaga (N.Y.) CC	{2} 0.75	14.68	(1.8)	4/7/24	SUNY Cortland Red Dragon Op
30	Diamond JEWELL	FR #17 St. Charles (Mo.) CC	{2} 0.70	14.78	(1.5)	4/5/24	Billiken Invitational
31	Emily MURROW	FR #5 RCSJ Gloucester (N.J.)	0.65	14.86	(1.3)	3/16/24	Towson Spring Opener
32	Esther BABAFEMI	FR #19 FIT (N.Y.)	0.60	14.87	(-2.4)	4/7/24	The Coach Omeltchenko Invit
33	Ashley STEELE	SO #16 CC of Philadelphia (Pa)	{2} 0.55	15.01	(0.3)	3/30/24	Danny Curran Invitational
34	Eleyna RIVAS	FR #14 Herkimer County (N.Y.)	{3} 0.50	15.11	(0.8)	3/30/24	Saints Ice Breaker Open
35	Medina SCRIBNER	FR #7 Queensborough (N.Y.)	{2} 0.45	15.27	(-2.0)	4/7/24	The Coach Omeltchenko Invit
36	Kayla HERNANDEZ	FR #7 Queensborough (N.Y.)	{3} 0.40	15.38	(-1.4)	4/7/24	The Coach Omeltchenko Invit
37	Telia ROBINSON	SO #25 Valley Forge Military (	0.35	15.39	(0.4)	4/6/24	Ursinus College Invitational
38	Vanessa ADDO	FR #14 Herkimer County (N.Y.)	{3} 0.30	15.41w	(3.4)	4/6/24	Utica Pioneer Spring Invite
39	Anita DZEREMO	FR #17 St. Charles (Mo.) CC	{3} 0.28	15.50	(1.5)	4/5/24	Billiken Invitational
40	White D'AVE	FR #22 Nassau (N.Y.) CC	{2} 0.25	15.55	(0.0)	3/1/24	Queensborough Relays
41	Bethsaida MYRTHIL	FR #25 Valley Forge Military	{2} 0.23	15.58	(0.0)	4/6/24	Ursinus College Invitational
42	Emma HARVERSON	FR #5 RCSJ Gloucester (N.J.)	{2} 0.20	15.60	(-1.2)	3/30/24	Osprey Open
43	Riley PRECOURT	FR #12 SUNY Broome CC	0.18	15.81	(0.1)	3/30/24	Geneseo Early Season Invite
44	Jennifer RUBIANO	SO #19 FIT (N.Y.)	{2} 0.15	15.85	(-3.2)	4/7/24	The Coach Omeltchenko Invit
45	Kylie MACRAE	SO #18 Bergen (N.J.) CC	0.13	16.17	(0.6)	3/30/24	Ramapo College Invitational
46	Sheila DA SILVA	FR #7 Queensborough (N.Y.)	{4} TM-4	16.24	(-2.1)	4/7/24	The Coach Omeltchenko Invit
47	Lauren BROWN	SO #23 Manor (Pa.)	0.08	16.43	(1.8)	3/23/24	Purple and Gold Invitational
48	Jessie DUPRE	SO #23 Manor (Pa.)	{2} 0.05	16.60w	(2.1)	3/23/24	Purple and Gold Invitational
49	Eva MURPHY	SO #13 Onondaga (N.Y.) CC	{3} 0.03	16.77	(1.8)	4/7/24	SUNY Cortland Red Dragon Op
50	Madelyn OAKLEY	FR #25 Valley Forge Military	{3} 0.01	17.05	(0.7)	4/6/24	Ursinus College Invitational



National TFRI Event Summary

Women's 100 Meter Hurdles — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Chloe WINTERGERST	SO	#1 Harper (Ill.)	37.55	16.73	(1.7)	4/6/24	Chicagoland Invitational
2	Lucia SANCHEZ SCRIVEN	FR	#1 Harper (Ill.) {2}	32.61	17.64	(1.9)	3/29/24	First Chance Invitational
3	Kenleigh LANGE	FR	#2 Mineral Area (Mo.)	29.56	17.99	(0.2)	4/6/24	Lincoln University Open
4	Ava SCHIFF	FR	#12 SUNY Broome CC	25.73	19.06w	(2.7)	4/6/24	Utica Pioneer Spring Invite
5	Kayla WILLIAMS	SO	#6 Joliet (Ill.) JC	23.36	19.33	(2.0)	4/6/24	Chicagoland Invitational
6	Abib MUSE	FR	#13 Onondaga (N.Y.) CC	20.96	19.63w	(3.6)	4/7/24	SUNY Cortland Red Dragon Op
7	Dava MARCIL	FR	#10 Hudson Valley (N.Y.) C	18.60	19.91	(-1.3)	3/23/24	Wesleyan (Conn.) Swanson In
8	Juliette VENTURA	SO	#8 Finger Lakes (N.Y.) CC	16.25	20.19w	(3.6)	4/7/24	SUNY Cortland Red Dragon Op
9	Brooklyn STUCKEY	FR	#6 Joliet (Ill.) JC {2}	14.00	20.59	(1.6)	4/6/24	Chicagoland Invitational
10	Emely PALACIOS	FR	#7 Queensborough (N.Y.)	12.00	23.26	(-1.5)	4/7/24	The Coach Omeltchenko Invit
11	Stephanie GRANADOS	FR	SUNY Sullivan	10.00	27.56	(0.0)	3/30/24	The Big Hurt Invite



National TFRI Event Summary

Women's 200 Meters — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Patrycja KARPIESIUK	SO #4 DuPage (Ill.)	34.97	26.06 (-1.7)	4/6/24 Chicagoland Invitational
2	Amaya RIQUE	FR #2 Mineral Area (Mo.)	32.00	26.56w (3.6)	3/30/24 Joey Haines Invitational
3	Macayla LOGAN	#11 Springfield Tech (Mass)	28.33	27.46 (0.2)	3/16/24 UPR Rio Piedras Spring Break
4	Arieana HORTON	FR #16 CC of Philadelphia (Pa)	26.12	27.58 (-0.6)	3/30/24 Danny Curran Invitational
5	Trinity ORTIZ	SO #8 Finger Lakes (N.Y.) CC	3.57 D	27.97 (-1.4)	3/30/24 Geneseo Early Season Invite
6	Regan FURMANKIEWICZ	FR #6 Joliet (Ill.) JC	21.38	28.13 (0.6)	3/29/24 First Chance Invitational
7	Jacey HINDS	FR #9 Mohawk Valley (N.Y.) C	19.33	28.17 (0.6)	3/30/24 Saints Ice Breaker Open
8	Svetlozara UVAKOVA	SO #1 Harper (Ill.)	17.30	28.20 (-2.9)	4/6/24 Chicagoland Invitational
9	Molly MORRIS	FR #4 DuPage (Ill.) {2}	3.29 D	28.21 (-0.8)	4/6/24 Chicagoland Invitational
10	Amanda MANNINO	JR #3 Suffolk County (N.Y.) C	12.96	28.51 (1.4)	3/30/24 Ramapo College Invitational
11	Felicity KESTER	FR #2 Mineral Area (Mo.) {2}	10.91	28.60 (1.4)	3/23/24 Missouri S&T Miner Invitationa
12	Fonida KHAMISSI	FR #4 DuPage (Ill.) {3}	9.90	28.61 (-1.3)	4/6/24 Chicagoland Invitational
12	Kaprice SIGLER	FR #13 Onondaga (N.Y.) CC	9.90	28.61 (-1.1)	4/7/24 SUNY Cortland Red Dragon Op
14	Catherine SHAW	SO #3 Suffolk County (N.Y.) {2}	7.90	28.62 (0.3)	3/30/24 Ramapo College Invitational
15	Kayla COQ	FR #3 Suffolk County (N.Y.) {3}	6.74	28.90 (-2.6)	4/7/24 The Coach Omettchenko Invit
16	Perla VARGAS	FR #1 Harper (Ill.) {2}	5.70	28.96 (-2.9)	4/6/24 Chicagoland Invitational
17	Bintu SHERIFF	FR Delaware County (Pa.)	5.18	28.99 (0.1)	4/6/24 Ursinus College Invitational
18	Zoe PAVLU	FR #1 Harper (Ill.) {3}	4.65	29.06 (0.3)	3/29/24 First Chance Invitational
19	Ruth GONZALEZ	FR #3 Suffolk County (N.Y.) {4}	TM-4	29.12 (1.8)	3/30/24 Ramapo College Invitational
20	Russo-Sanchez GIANNA	FR #22 Nassau (N.Y.) CC	2.61 D	29.13 (-1.5)	3/30/24 Osprey Open
21	Genesis LONG	FR #21 Kingsborough (N.Y.) C	2.88	29.54 (-1.4)	4/7/24 The Coach Omettchenko Invit
22	Kasey LEDINSKY	FR #1 Harper (Ill.) {4}	TM-4	29.70 (1.0)	3/29/24 First Chance Invitational
23	Adrienne KARPEN	SO #6 Joliet (Ill.) JC {2}	1.77	29.75 (1.0)	3/29/24 First Chance Invitational
24	Meg SUKLEY	SO #6 Joliet (Ill.) JC {3}	1.16	29.96 (1.0)	3/29/24 First Chance Invitational
25	Abib MUSE	FR #13 Onondaga (N.Y.) CC {2}	0.99	30.19 (-0.1)	4/7/24 SUNY Cortland Red Dragon Op
26	Olga AKHRENMENKO	SO #9 Mohawk Valley (N.Y.) {2}	0.93	30.21 (0.6)	3/30/24 Saints Ice Breaker Open
27	Alisea SCOTT	SO #14 Herkimer County (N.Y.)	0.85	30.43w (2.8)	4/6/24 Utica Pioneer Spring Invite
28	Emily MURROW	FR #5 RCSJ Gloucester (N.J.)	0.80	30.78 (-2.4)	3/30/24 Osprey Open
29	Telia ROBINSON	SO #25 Valley Forge Military (	0.75	30.81 (1.5)	4/6/24 Ursinus College Invitational
30	Eleyna RIVAS	FR #14 Herkimer County (N.Y.) {2}	0.70	30.82 (0.0)	3/30/24 Saints Ice Breaker Open
30	Julianne COSSIN	FR #7 Queensborough (N.Y.)	0.70	30.82 (-1.9)	4/7/24 The Coach Omettchenko Invit
32	Esther BABAFEMI	FR #19 FIT (N.Y.)	0.60	30.91 (-0.7)	4/7/24 The Coach Omettchenko Invit
33	Deja-Monet COLEMAN	SO #13 Onondaga (N.Y.) CC {3}	0.55	30.95 (-0.1)	4/7/24 SUNY Cortland Red Dragon Op
34	Diamond JEWELL	FR #17 St. Charles (Mo.) CC	0.50	31.00 (0.8)	3/30/24 Central Methodist Invitational
35	Lucia SANCHEZ SCRIVEN	FR #1 Harper (Ill.) {5}	TM-5	31.09 (1.2)	3/29/24 First Chance Invitational
36	Justine BELL	FR #13 Onondaga (N.Y.) CC {4}	TM-4	31.13 (-4.1)	4/7/24 SUNY Cortland Red Dragon Op
37	Juliette VENTURA	SO #8 Finger Lakes (N.Y.) CC {2}	0.35	31.49 (-1.1)	3/30/24 Geneseo Early Season Invite
38	Ava SCHIFF	FR #12 SUNY Broome CC	0.30	32.06 (-1.4)	3/30/24 Geneseo Early Season Invite
39	Anita DZEREMO	FR #17 St. Charles (Mo.) CC {2}	0.28	32.13 (0.4)	4/5/24 Billiken Invitational
40	Riley PRECOURT	FR #12 SUNY Broome CC {2}	0.25	32.60w (2.8)	4/6/24 Utica Pioneer Spring Invite
41	Kylie MACRAE	SO #18 Bergen (N.J.) CC	0.23	33.42w (2.4)	3/30/24 Ramapo College Invitational
42	Bethsaida MYRTHIL	FR #25 Valley Forge Military {2}	0.20	33.68 (1.5)	4/6/24 Ursinus College Invitational
43	Kaitlyn FICO	FR #13 Onondaga (N.Y.) CC {5}	TM-5	33.76 (-0.1)	4/7/24 SUNY Cortland Red Dragon Op
44	Jennifer RUBIANO	SO #19 FIT (N.Y.) {2}	0.15	33.97 (-0.7)	4/7/24 The Coach Omettchenko Invit
45	Lauren BROWN	SO #23 Manor (Pa.)	0.13	34.68 (0.0)	3/30/24 Danny Curran Invitational
46	Neysha MEDINA	SO #23 Manor (Pa.) {2}	0.10	35.59 (1.9)	3/23/24 Purple and Gold Invitational
47	Olivia MORTON	SO #23 Manor (Pa.) {3}	0.08	35.75 (1.5)	4/6/24 Ursinus College Invitational
48	Eva MURPHY	SO #13 Onondaga (N.Y.) CC {6}	TM-6	35.81 (-0.1)	4/7/24 SUNY Cortland Red Dragon Op
49	Madelyn OAKLEY	FR #25 Valley Forge Military {3}	0.03	35.94 (1.5)	4/6/24 Ursinus College Invitational
50	Aidan GEIGER	SO #23 Manor (Pa.) {4}	TM-4	39.79 (0.0)	3/30/24 Danny Curran Invitational



National TFRI Event Summary

Women's 400 Meters — 2024 Week #3, April 10

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Ellie LOGSDON	FR #4	DuPage (Ill.)	34.66	57.98	4/6/24 Chicagoland Invitational
2	Araxi BOGHOSSIAN	SO #1	Harper (Ill.)	31.12	1:01.90	4/6/24 Chicagoland Invitational
3	Molly MORRIS	FR #4	DuPage (Ill.) {2}	28.24	1:04.41	4/6/24 Chicagoland Invitational
4	Arieana HORTON	FR #16	CC of Philadelphia (Pa)	25.62	1:06.84	4/6/24 Golden Ram Collegiate Invitati
5	Amanda KELLY	FR #21	Kingsborough (N.Y.) C	23.60	1:06.94	3/1/24 Queensborough Relays
6	Russo-Sanchez GIANNA	FR #22	Nassau (N.Y.) CC	21.49	1:07.46	4/7/24 The Coach Omeltchenko Invit
7	Catherine SHAW	SO #3	Suffolk County (N.Y.) C	19.42	1:07.78	4/7/24 The Coach Omeltchenko Invit
8	Adrienne KARPEN	SO #6	Joliet (Ill.) JC	17.40	1:07.86	4/6/24 Chicagoland Invitational
9	Medina SCRIBNER	FR #7	Queensborough (N.Y.)	15.30	1:08.33	3/30/24 The Big Hurt Invite
10	Regan FURMANKIEWICZ	FR #6	Joliet (Ill.) JC {2}	3.24 D	1:08.75	4/6/24 Chicagoland Invitational
11	Susana SERRANO	SO #5	RCSJ Gloucester (N.J.)	11.11	1:09.84	3/30/24 Osprey Open
12	Marlee SHAFER	FR #9	Mohawk Valley (N.Y.) C	10.11	1:09.89	4/6/24 Utica Pioneer Spring Invite
13	Taiwo OMOYA	#10	Hudson Valley (N.Y.) C	9.10	1:10.02	3/23/24 Wesleyan (Conn.) Swanson In
14	Meg SUKLEY	SO #6	Joliet (Ill.) JC {3}	8.09	1:10.07	4/6/24 Chicagoland Invitational
15	Julianne COSSIN	FR #7	Queensborough (N.Y.) {2}	7.00	1:10.94	4/7/24 The Coach Omeltchenko Invit
16	Genesis LONG	FR #21	Kingsborough (N.Y.) {2}	5.87	1:12.11	3/1/24 Queensborough Relays
17	Grace HOLMES	FR #8	Finger Lakes (N.Y.) CC	5.27	1:13.17	3/30/24 Geneseo Early Season Invite
18	Kayla HERNANDEZ	FR #7	Queensborough (N.Y.) {3}	4.67	1:14.14	4/7/24 The Coach Omeltchenko Invit
19	Bethsaida MYRTHIL	FR #25	Valley Forge Military (	4.16	1:14.29	4/6/24 Ursinus College Invitational
20	Sofia TROLAND	SO #25	Valley Forge Military {2}	3.49	1:16.02	4/6/24 Ursinus College Invitational
21	Laylani CRESPO	SO	Northern Essex (Mass.)	2.96	1:16.40	4/6/24 Jonathan Tymann Invitational
22	Emma HARVERSON	FR #5	RCSJ Gloucester (N.J.) {2}	2.35	1:17.65	4/6/24 Delaware Invitational
23	Francesca MACCARONE	FR #5	RCSJ Gloucester (N.J.) {3}	1.65	1:19.93	4/6/24 Delaware Invitational
24	Riley PRECOURT	FR #12	SUNY Broome CC	1.07	1:20.98	4/6/24 Utica Pioneer Spring Invite
25	Emily MURROW	FR #5	RCSJ Gloucester (N.J.) {4}	TM-4	1:21.93	3/2/24 Lloyd Sigler Spring Meet
26	Vicki YE	FR #7	Queensborough (N.Y.) {4}	TM-4	1:29.68	4/7/24 The Coach Omeltchenko Invit
27	Danielle HORNE	SO #25	Valley Forge Military {3}	0.85	1:30.51	3/23/24 Purple and Gold Invitational
28	Olivia MORTON	SO #23	Manor (Pa.)	0.80	1:32.07	4/6/24 Ursinus College Invitational
29	Neysha MEDINA	SO #23	Manor (Pa.) {2}	0.75	1:32.26	3/23/24 Purple and Gold Invitational



National TFRI Event Summary

Women's 400 Meter Hurdles — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Chloe WINTERGERST	SO	#1 Harper (Ill.)	33.53		1:14.04	4/6/24 Chicagoland Invitational
2	Kasey LEDINSKY	FR	#1 Harper (Ill.) {2}	31.06		1:14.73	4/6/24 Chicagoland Invitational
3	Kiera FINN	SO	#2 Mineral Area (Mo.)	28.78		1:15.16	4/6/24 Lincoln University Open
4	Breanne MILLSON	SO	#9 Mohawk Valley (N.Y.) C	26.30		1:15.89	3/30/24 Saints Ice Breaker Open
5	Kayla WILLIAMS	SO	#6 Joliet (Ill.) JC	24.07		1:16.56	4/6/24 Chicagoland Invitational
6	Olivia SKYLSTAD	JR	#10 Hudson Valley (N.Y.) C	20.70		1:20.90	3/23/24 Wesleyan (Conn.) Swanson In
7	Lucia SANCHEZ SCRIVEN	FR	#1 Harper (Ill.) {3}	2.32	D	1:22.21	4/6/24 Chicagoland Invitational
8	Medina SCRIBNER	FR	#7 Queensborough (N.Y.)	16.24		1:22.50	3/24/24



National TFRI Event Summary

Women's 800 Meters — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Lilly ALBERTS	SO	#1 Harper (Ill.)	37.26		2:10.81	3/29/24 First Chance Invitational
2	Melanie KEHR	SO	#1 Harper (Ill.) {2}	30.12		2:35.08	4/6/24 Chicagoland Invitational
3	Brianna RUIZ	SO	#1 Harper (Ill.) {3}	27.98		2:35.85	4/6/24 Chicagoland Invitational
4	Kaili DECKER	SO	#1 Harper (Ill.) {4}	TM-4		2:36.17	3/29/24 First Chance Invitational
5	Ruth GONZALEZ	FR	#3 Suffolk County (N.Y.) C	23.91		2:36.21	3/30/24 Ramapo College Invitational
6	Carmen SOLIS	FR	#4 DuPage (Ill.)	21.89		2:36.33	4/6/24 Chicagoland Invitational
7	Celeste SANSEGRAW	FR	#2 Mineral Area (Mo.)	3.26	D	2:41.24	4/6/24 Lincoln University Open
8	Kiera FINN	SO	#2 Mineral Area (Mo.) {2}	17.26		2:41.26	3/30/24 Joey Haines Invitational
9	Lauren SUPPE	FR	#9 Mohawk Valley (N.Y.) C	15.18		2:41.94	4/6/24 Utica Pioneer Spring Invite
10	Janson KING	FR	#2 Mineral Area (Mo.) {3}	13.07		2:42.95	4/6/24 Lincoln University Open
11	Courtney O'HARA		#5 RCSJ Gloucester (N.J.)	10.92		2:45.48	3/30/24 Osprey Open
12	Riley PETSCH	SO	#2 Mineral Area (Mo.) {4}	TM-4	D	2:46.16	4/6/24 Lincoln University Open
13	Mackenzie COCHRAN	SO	#5 RCSJ Gloucester (N.J.) {2}	8.73		2:48.97	3/30/24 Osprey Open
14	Aubree JONES	FR	#2 Mineral Area (Mo.) {5}	TM-5		2:49.00	4/6/24 Lincoln University Open
15	Emma CECICH	SO	#6 Joliet (Ill.) JC	2.71	D	2:49.21	4/6/24 Chicagoland Invitational
16	Alheli RAMOS-GARCIA	SO	#24 Patrick & Henry (Va.) C	5.61		2:51.18	3/30/24 Lynchburg Hornet Open
17	Susana SERRANO	SO	#5 RCSJ Gloucester (N.J.) {3}	5.07		2:51.83	3/16/24 Towson Spring Opener
18	Amanda KELLY	FR	#21 Kingsborough (N.Y.) C	4.56		2:52.05	4/7/24 The Coach Omeltchenko Invit
19	Olivia SKYLSTAD	JR	#10 Hudson Valley (N.Y.) C	4.02		2:52.79	3/23/24 Wesleyan (Conn.) Swanson In
20	Megan CALDER	FR	#8 Finger Lakes (N.Y.) CC	3.48		2:53.54	4/7/24 SUNY Cortland Red Dragon Op
21	Alexandra CAMPO		#5 RCSJ Gloucester (N.J.) {4}	TM-4		2:53.90	3/16/24 Towson Spring Opener
22	Tessie SHAFER	FR	#9 Mohawk Valley (N.Y.) {2}	2.45		2:54.10	4/6/24 Utica Pioneer Spring Invite
23	Marlee SHAFER	FR	#9 Mohawk Valley (N.Y.) {3}	1.77		2:57.79	3/30/24 Saints Ice Breaker Open
24	Melayna BROWN	SO	#2 Mineral Area (Mo.) {6}	TM-6		3:01.55	3/30/24 Joey Haines Invitational
25	Medina SCRIBNER	FR	#7 Queensborough (N.Y.)	1.02		3:01.96	4/7/24 The Coach Omeltchenko Invit
26	Kaitlyn FICO	FR	#13 Onondaga (N.Y.) CC	0.93		3:02.66	4/7/24 SUNY Cortland Red Dragon Op
27	Morgan CHENEY	SO	#8 Finger Lakes (N.Y.) C {2}	0.88		3:02.68	4/7/24 SUNY Cortland Red Dragon Op
28	Bianca NUNEZ	FR	#4 DuPage (Ill.) {2}	0.82		3:02.95	4/6/24 Chicagoland Invitational
29	Christina ROCHEL	FR	#4 DuPage (Ill.) {3}	0.75		3:03.56	4/6/24 Chicagoland Invitational
30	Sofia TROLAND	SO	#25 Valley Forge Military (	0.70		3:03.58	4/6/24 Ursinus College Invitational
31	Juliette VENTURA	SO	#8 Finger Lakes (N.Y.) C {3}	0.65		3:06.53	4/7/24 SUNY Cortland Red Dragon Op
32	Manar ELNOOR	FR	#7 Queensborough (N.Y.) {2}	0.60		3:07.27	4/7/24 The Coach Omeltchenko Invit
33	Elizabeth KRAYNAK	SO	#13 Onondaga (N.Y.) CC {2}	0.55		3:22.06	4/7/24 SUNY Cortland Red Dragon Op
34	Bayley STOKES	FR	#25 Valley Forge Military {2}	0.50		3:23.37	3/23/24 Purple and Gold Invitational
35	Lauren BROWN	SO	#23 Manor (Pa.)	0.45		3:25.97	4/6/24 Ursinus College Invitational
36	Rebecca SEITER	FR	#10 Hudson Valley (N.Y.) {2}	0.40		3:30.91	3/23/24 Wesleyan (Conn.) Swanson In
37	Beatriz RUIZ	FR	Triton (Ill.)	0.35		3:35.37	4/6/24 Chicagoland Invitational
38	Danielle HORNE	SO	#25 Valley Forge Military {3}	0.30		3:35.49	3/23/24 Purple and Gold Invitational
39	Neysha MEDINA	SO	#23 Manor (Pa.) {2}	0.28		3:54.08	4/6/24 Ursinus College Invitational
40	Mariah LYON	FR	#25 Valley Forge Military {4}	TM-4		3:55.55	4/6/24 Ursinus College Invitational
41	Danalys ALVARADO	FR	#25 Valley Forge Military {5}	TM-5		4:21.56	4/6/24 Ursinus College Invitational



National TFRI Event Summary

Women's 1500 Meters — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Lilly ALBERTS	SO #1 Harper (Ill.)	33.85	4:40.25	4/6/24 Chicagoland Invitational
2	Kimiko QUAYLE	SO #19 FIT (N.Y.)	30.69	4:58.91	4/7/24 The Coach Omeltchenko Invit
3	Brenin MAHON	SO #3 Suffolk County (N.Y.) C	28.00	5:11.15	4/7/24 The Coach Omeltchenko Invit
4	Celeste SANSEGRAW	FR #2 Mineral Area (Mo.)	25.76	5:16.42	4/6/24 Lincoln University Open
5	Isabela WOJCIEKOWSKI	FR #1 Harper (Ill.) {2}	3.75 D	5:16.56	3/29/24 First Chance Invitational
6	Alexis HEATH	FR #14 Herkimer County (N.Y.)	21.74	5:16.94	4/6/24 Utica Pioneer Spring Invite
7	Claudia WOJCIEKOWSKI	FR #1 Harper (Ill.) {3}	3.51 D	5:23.17	3/29/24 First Chance Invitational
8	Kaili DECKER	SO #1 Harper (Ill.) {4}	TM-4	5:26.35	4/6/24 Chicagoland Invitational
9	Riley PETSCH	SO #2 Mineral Area (Mo.) {2}	3.29 D	5:29.71	4/6/24 Lincoln University Open
10	Lauren SUPPE	FR #9 Mohawk Valley (N.Y.) C	13.25	5:31.88	4/6/24 Utica Pioneer Spring Invite
11	Kaylee LUPOWITZ	FR #19 FIT (N.Y.) {2}	11.06	5:42.20	4/7/24 The Coach Omeltchenko Invit
12	Alheli RAMOS-GARCIA	SO #24 Patrick & Henry (Va.) C	10.05	5:43.17	3/30/24 Lynchburg Hornet Open
13	Emma CECICH	SO #6 Joliet (Ill.) JC	8.99	5:46.13	4/6/24 Chicagoland Invitational
14	Courtney O'HARA	#5 RCSJ Gloucester (N.J.)	7.99	5:46.39	3/2/24 Lloyd Sigler Spring Meet
15	Tessie SHAFER	FR #9 Mohawk Valley (N.Y.) {2}	6.95	5:48.54	4/6/24 Utica Pioneer Spring Invite
16	Alexandra CAMPO	#5 RCSJ Gloucester (N.J.) {2}	5.93	5:49.91	3/30/24 Osprey Open
17	Megan CALDER	FR #8 Finger Lakes (N.Y.) CC	5.39	5:52.34	4/7/24 SUNY Cortland Red Dragon Op
18	Morgan CHENEY	SO #8 Finger Lakes (N.Y.) C {2}	4.82	5:56.42	4/7/24 SUNY Cortland Red Dragon Op
19	Danielle GIOVENCO	SO #1 Harper (Ill.) {5}	TM-5	5:56.50	3/29/24 First Chance Invitational
20	Mackenzie COCHRAN	SO #5 RCSJ Gloucester (N.J.) {3}	3.78	5:59.24	3/16/24 Towson Spring Opener
21	Sofia TROLAND	SO #25 Valley Forge Military (	3.20	6:04.09	4/6/24 Ursinus College Invitational
22	Melayna BROWN	SO #2 Mineral Area (Mo.) {3}	2.62	6:09.30	4/6/24 Lincoln University Open
23	Brooke RONCA	FR #3 Suffolk County (N.Y.) {2}	1.59	6:48.53	3/1/24 Queensborough Relays
24	Elizabeth KRAYNAK	SO #13 Onondaga (N.Y.) CC	1.05	6:51.91	4/7/24 SUNY Cortland Red Dragon Op
25	Danielle HORNE	SO #25 Valley Forge Military {2}	0.95	7:01.74	4/6/24 Ursinus College Invitational
26	Mariah LYON	FR #25 Valley Forge Military {3}	0.90	7:45.11	4/6/24 Ursinus College Invitational
27	Shu Qi YANG	FR #7 Queensborough (N.Y.)	0.85	7:49.90	3/24/24
28	Teresa PUCHALSKI	FR #1 Harper (Ill.) {6}	TM-6	8:21.35	4/6/24 Chicagoland Invitational



National TFRI Event Summary

Women's Steeplechase — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Emma CECICH	SO	#6 Joliet (Ill.) JC	34.51	14:04.07	3/29/24 First Chance Invitational
2	Morgan CHENEY	SO	#8 Finger Lakes (N.Y.) CC	32.43	14:05.46	3/30/24 Geneseo Early Season Invite
3	Bianca NUNEZ	FR	#4 DuPage (Ill.)	26.44	15:21.83	4/6/24 Chicagoland Invitational
4	Manar ELNOOR	FR	#7 Queensborough (N.Y.)	24.00	15:34.07	4/7/24 The Coach Omeltchenko Invit
5	Shu Qi YANG	FR	#7 Queensborough (N.Y.) ^{2}	22.00	19:25.76	4/7/24 The Coach Omeltchenko Invit



National TFRI Event Summary

Women's 5000 Meters — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Isabela WOJCIEKOWSKI	FR	#1 Harper (Ill.)	34.96	19:29.32	3/29/24 First Chance Invitational
2	Carmen SOLIS	FR	#4 DuPage (Ill.)	32.26	19:38.73	4/6/24 Chicagoland Invitational
3	Claudia WOJCIEKOWSKI	FR	#1 Harper (Ill.) {2}	29.93	19:43.24	3/29/24 First Chance Invitational
4	Aja JACKSON	SO	#12 SUNY Broome CC	27.64	19:47.27	4/6/24 Utica Pioneer Spring Invite
5	Amelia BOWMAN-MCCOY	SO	#14 Herkimer County (N.Y.)	24.84	20:01.55	3/30/24 Saints Ice Breaker Open
6	Riley PETSCH	SO	#2 Mineral Area (Mo.)	21.22	20:47.26	3/23/24 Missouri S&T Miner Invitationa
7	Abigail DEAN	SO	#2 Mineral Area (Mo.) {2}	19.22	20:47.27	3/23/24 Missouri S&T Miner Invitationa
8	Brenin MAHON	SO	#3 Suffolk County (N.Y.) C	16.42	21:11.44	3/30/24 Ramapo College Invitational
9	Laurel TICER	SO	#10 Hudson Valley (N.Y.) C	14.00	22:15.66	3/23/24 Wesleyan (Conn.) Swanson In
10	Rebecca MARTIN	FR	#10 Hudson Valley (N.Y.) {2}	12.00	22:15.80	3/23/24 Wesleyan (Conn.) Swanson In
11	Brooke RONCA	FR	#3 Suffolk County (N.Y.) {2}	10.00	24:30.89	4/7/24 The Coach Omeltchenko Invit
12	Aine MCELHINNEY	FR	#3 Suffolk County (N.Y.) {3}	9.00	24:56.63	4/7/24 The Coach Omeltchenko Invit



National TFRI Event Summary

Women's 10,000 Meters — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Aja JACKSON	SO	#12 SUNY Broome CC	34.00	42:18.21	3/30/24 Geneseo Early Season Invite
2	Isabela WOJCIEKOWSKI	FR	#1 Harper (Ill.)	31.68	42:33.58	4/6/24 Chicagoland Invitational
3	Claudia WOJCIEKOWSKI	FR	#1 Harper (Ill.) {2}	28.51	43:30.43	4/6/24 Chicagoland Invitational
4	Amelia BOWMAN-MCCOY	SO	#14 Herkimer County (N.Y.)	25.87	44:07.36	4/6/24 Utica Pioneer Spring Invite
5	Celeste SANSEGRAW	FR	#2 Mineral Area (Mo.)	23.19	45:16.53	3/29/24 Washington (Mo.) Distance Ca
6	Abigail DEAN	SO	#2 Mineral Area (Mo.) {2}	20.83	45:54.52	3/29/24 Washington (Mo.) Distance Ca
7	Riley PETSCH	SO	#2 Mineral Area (Mo.) {3}	18.67	46:11.55	3/29/24 Washington (Mo.) Distance Ca
8	Danielle GIOVENCO	SO	#1 Harper (Ill.) {3}	16.25	46:56.99	4/6/24 Chicagoland Invitational



National TFRI Event Summary

Women's 4x100 Relay — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Molly Morris, Ellie Logsdor Fonida Khamissi, Patrycja Karpiesiuk	#4 DuPage (Ill.)	33.42	50.01	4/6/24 Chicagoland Invitational
2	Araxi Boghossian, Perla Vargas, Svetlozara Uvakova, Lily Wintergerst	#1 Harper (Ill.)	30.76	51.71	3/29/24 First Chance Invitational
3	Meg Sukley, Regan Furmankiewicz, Adrienne Karpen, Kayla Williams	#6 Joliet (Ill.) JC	28.39	52.74	4/6/24 Chicagoland Invitational
4	Sydney Hight, Olga Akhrenmenko, Breanne Millson, Jacey Hinds	#9 Mohawk Valley (N.Y.) C	26.20	53.27	4/6/24 Utica Pioneer Spring Invite
5	Amaya Rique, Kaydence Gibson, Kenleigh Lange, Felicity Kester	#2 Mineral Area (Mo.)	23.97	54.42	4/6/24 Lincoln University Open
6	Emma Harverson, Francesca Maccarone, Emily Murrow, Susana Serrano	#5 RCSJ Gloucester (N.J.)	21.26	58.49	3/30/24 Osprey Open
7	Sheila Da Silva, Kayla Hernandez, Medina Scribner, Julianne Cossin	#7 Queensborough (N.Y.)	18.91	1:00.68	4/7/24 The Coach Omeltchenko Invit
8	#Type!	#23 Manor (Pa.)	16.08	1:06.68	4/6/24 Ursinus College Invitational



National TFRI Event Summary

Women's 4x400 Relay — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Araxi Boghossian, Svetlozara Uvakova, Kasey Ledinsky, Lilly Alberts	#1 Harper (Ill.)	37.57	4:14.18	4/6/24 Chicagoland Invitational
2	Ellie Logsdon, Carmen Solis, Chakhia Jenkins Hick, Patrycja Karpiesiuk	#4 DuPage (Ill.)	32.20	4:20.39	4/6/24 Chicagoland Invitational
3	Ruth Gonzalez, Brenin Mahon, Catherine Shaw, Amanda Mannino	#3 Suffolk County (N.Y.) C	27.35	4:25.90	4/7/24 The Coach Omeltchenko Invit
4	Marlee Shafer, Tessie Shafer, Lauren Suppe, Breanne Millson	#9 Mohawk Valley (N.Y.) C	24.00	4:44.42	4/6/24 Utica Pioneer Spring Invite
5	Mackenzie Cochran, Emm. Harverson, Emily Murrow, Susana Serrano	#5 RCSJ Gloucester (N.J.)	22.00	4:46.70	3/30/24 Osprey Open
6	Meg Sukley, Kayla Williams, Adrienne Karpen, Regan Furmankiewicz	#6 Joliet (Ill.) JC	20.00	4:52.73	4/6/24 Chicagoland Invitational
7	Julianne Cossin, Kayla Hernandez, Sheila Da Silva, Medina Scribner	#7 Queensborough (N.Y.)	18.00	4:57.11	3/1/24 Queensborough Relays



National TFRI Event Summary

Women's 4x800 Relay — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Alexandra Campo, Mackenzie Cochran, Courtney O'Hara, Susana Serrano	#5 RCSJ Gloucester (N.J.)	33.81	11:21.67	3/30/24 Osprey Open
2	Brenin Mahon, Brooke Ronca, Ruth Gonzalez, Malia Fowler	#3 Suffolk County (N.Y.) C	29.48	12:07.61	3/1/24 Queensborough Relays
3	Manar Elnoor, Julianne Cossin, Sheila Da Slva, Shu Qi Yang	#7 Queensborough (N.Y.)	26.33	12:32.69	3/1/24 Queensborough Relays



National TFRI Event Summary

Women's High Jump — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Katie MAJORS	SO #17 St. Charles (Mo.) CC	36.73	1.55m 5-1 3/30/24	Central Methodist Invitational
1	Cassidy HERGET	FR #2 Mineral Area (Mo.)	36.73	1.55m 5-1 4/6/24	Lincoln University Open
3	Trinity ORTIZ	SO #8 Finger Lakes (N.Y.) CC	32.11	1.54m 5-½ 4/7/24	SUNY Cortland Red Dragon Op
4	Patrycja KARPIESIUKE	SO #4 DuPage (Ill.)	5.06 D	1.46m 4-9½ 4/6/24	Chicagoland Invitational
5	Emma HARVERSON	FR #5 RCSJ Gloucester (N.J.)	23.75	1.42m 4-7¾ 3/30/24	Osprey Open
5	Malia FOWLER	SO #3 Suffolk County (N.Y.) C	23.75	1.42m 4-7¾ 3/30/24	Ramapo College Invitational
7	Kasey LEDINSKY	FR #1 Harper (Ill.)	3.43 D	1.41m 4-7½ 4/6/24	Chicagoland Invitational
8	Brooklyn STUCKEY	FR #6 Joliet (Ill.) JC	16.45	1.38m 4-6¼ 3/29/24	First Chance Invitational
9	Eleyna RIVAS	FR #14 Herkimer County (N.Y.)	14.12	1.37m 4-6 4/6/24	Utica Pioneer Spring Invite
10	Juliette VENTURA	SO #8 Finger Lakes (N.Y.) CC {2}	12.00	1.36m 4-5½ 4/7/24	SUNY Cortland Red Dragon Op
11	Kenleigh LANGE	FR #2 Mineral Area (Mo.) {2}	10.00	1.35m 4-5 3/23/24	Missouri S&T Miner Invitationa
12	Chloe WINTERGERST	SO #1 Harper (Ill.) {2}	2.00 D	1.33m 4-4¼ 3/29/24	First Chance Invitational
13	Rose WAGNER	FR #1 Harper (Ill.) {3}	2.00 D	1.28m 4-2¼ 3/29/24	First Chance Invitational
14	Emely PALACIOS	FR #7 Queensborough (N.Y.)	7.00	1.25m 4-1¼ 4/7/24	The Coach Omeltchenko Invit
14	Sheila DA SILVA	FR #7 Queensborough (N.Y.)	7.00	1.25m 4-1¼ 4/7/24	The Coach Omeltchenko Invit



National TFRI Event Summary

Women's Pole Vault — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Lily WINTERGERST	SO	#1 Harper (Ill.)	36.34		3.05m	10-0	3/29/24	First Chance Invitational
2	Chloe WINTERGERST	SO	#1 Harper (Ill.) {2}	4.34	D	2.75m	9-¼	3/29/24	First Chance Invitational
3	Lucia SANCHEZ SCRIVEN	FR	#1 Harper (Ill.) {3}	2.35	D	2.60m	8-6¼	3/29/24	First Chance Invitational
3	Kaydence GIBSON	FR	#2 Mineral Area (Mo.)	26.35		2.60m	8-6¼	3/23/24	Missouri S&T Miner Invitationa
5	Grace HOLMES	FR	#8 Finger Lakes (N.Y.) CC	22.00		2.20m	7-2½	4/7/24	SUNY Cortland Red Dragon Op



National TFRI Event Summary

Women's Long Jump — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Trinity ORTIZ	SO	#8 Finger Lakes (N.Y.) CC	44.09		5.21m	17-1¼ (0.0)	3/30/24	Geneseo Early Season Invite
2	Lucia SANCHEZ SCRIVEN	FR	#1 Harper (Ill.)	34.94		5.01m	16-5¼ (0.0)	4/6/24	Chicagoland Invitational
3	Kayla COQ	FR	#3 Suffolk County (N.Y.) C	29.73		4.92m	16-1¾ (0.8)	4/7/24	The Coach Omeltchenko Invit
4	Molly MORRIS	FR	#4 DuPage (Ill.)	25.41		4.84m	15-10½ (1.9)	4/6/24	Chicagoland Invitational
5	Lily WINTERGERST	SO	#1 Harper (Ill.) {2}	3.05	D	4.82m	15-9¾ (0.6)	3/29/24	First Chance Invitational
5	Ashley STEELE	SO	#16 CC of Philadelphia (Pa)	23.05		4.82m	15-9¾ (0.8)	3/30/24	Danny Curran Invitational
7	Katie MAJORS	SO	#17 St. Charles (Mo.) CC	18.87		4.81m	15-9½ (-1.1)	4/5/24	Billiken Invitational
7	Natalia POCICA	FR	#1 Harper (Ill.) {3}	18.87		4.81m	15-9½ (1.1)	3/29/24	First Chance Invitational
9	Dejoue SEBASTINE		#11 Springfield Tech (Mass)	14.00		4.68m	15-4¼ (-0.9)	3/16/24	UPR Rio Piedras Spring Break
10	Breanne MILLSON	SO	#9 Mohawk Valley (N.Y.) C	12.00		4.46m	14-7¾ (0.8)	4/6/24	Utica Pioneer Spring Invite
11	Malia FOWLER	SO	#3 Suffolk County (N.Y.) {2}	10.00		4.45m	14-7¼ (-1.7)	3/30/24	Ramapo College Invitational
12	Emilie MIHOV	FR	#1 Harper (Ill.) {4}	TM-4		4.44m	14-6¾ (0.0)	4/6/24	Chicagoland Invitational
13	Tasheyana RICHARDS	FR	#3 Suffolk County (N.Y.) {3}	8.00		4.30m	14-1¼ (0.1)	4/7/24	The Coach Omeltchenko Invit
14	Julianne COSSIN	FR	#7 Queensborough (N.Y.)	7.00		4.26m	13-11¾ (0.1)	4/7/24	The Coach Omeltchenko Invit
15	Ava SCHIFF	FR	#12 SUNY Broome CC	2.00	D	4.19m	13-9 (0.1)	3/30/24	Geneseo Early Season Invite
16	Aaliyah SHORTER	SO	#3 Suffolk County (N.Y.) {4}	TM-4	D	4.09m	13-5 (-0.4)	3/30/24	Ramapo College Invitational
17	Eleyna RIVAS	FR	#14 Herkimer County (N.Y.)	4.50		4.05m	13-3½ (0.4)	3/30/24	Saints Ice Breaker Open
18	Sheila DA SILVA	FR	#7 Queensborough (N.Y.) {2}	4.00		4.03m	13-2¾ (0.6)	4/7/24	The Coach Omeltchenko Invit
19	Ange COMPERE	SO	#7 Queensborough (N.Y.) {3}	2.00	D	4.00mw	13-1½ (2.5)	4/7/24	The Coach Omeltchenko Invit
20	Grace HOLMES	FR	#8 Finger Lakes (N.Y.) C {2}	2.00	D	3.96m	13-0 (0.3)	3/30/24	Geneseo Early Season Invite
21	Vanessa ADDO	FR	#14 Herkimer County (N.Y.) {2}	2.50		3.74m	12-3¼ (0.8)	4/6/24	Utica Pioneer Spring Invite



National TFRI Event Summary

Women's Triple Jump — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Lily WINTERGERST	SO	#1 Harper (Ill.)	35.62		10.26m	33-8 (0.2)	3/29/24	First Chance Invitational
2	Natalia POCICA	FR	#1 Harper (Ill.) {2}	31.69		10.16m	33-4 (0.3)	3/29/24	First Chance Invitational
3	Lucia SANCHEZ SCRIVEN	FR	#1 Harper (Ill.) {3}	3.95	D	10.07m	33-½ (1.2)	4/6/24	Chicagoland Invitational
4	Emilie MIHOV	FR	#1 Harper (Ill.) {4}	TM-4		9.95m	32-7¾ (-1.6)	4/6/24	Chicagoland Invitational
5	Ava SCHIFF	FR	#12 SUNY Broome CC	22.00		9.75m	32-0 (1.2)	3/30/24	Geneseo Early Season Invite
6	Emma HARVERSON	FR	#5 RCSJ Gloucester (N.J.)	20.00		8.62m	28-3½ (-2.4)	3/2/24	Lloyd Sigler Spring Meet



National TFRI Event Summary

Women's Shot Put — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Savianna JOSEPH	#11 Springfield Tech (Mass)	33.87		12.39m	40-7¾ 3/16/24 UPR Rio Piedras Spring Break
2	Kayla FRANKLIN	SO #15 Camden County (N.J.)	5.08	D	11.60m	38-¾ 3/30/24 Osprey Open
3	Nikiya ROBERTSON	FR #6 Joliet (Ill.) JC	28.39		10.91m	35-9½ 3/29/24 First Chance Invitational
4	Romeena DAVIS	#11 Springfield Tech (Mass)	26.16		10.64m	34-11 3/16/24 UPR Rio Piedras Spring Break
5	Kara KNORR	JR #5 RCSJ Gloucester (N.J.)	3.89	D	10.28m	33-8¾ 3/16/24 Towson Spring Opener
6	Siri SORENSON	FR #10 Hudson Valley (N.Y.) C	21.61		9.90m	32-5¾ 3/23/24 Wesleyan (Conn.) Swanson In
7	Madison GRANT	FR #3 Suffolk County (N.Y.) C	3.48	D	9.73m	31-11¼ 4/7/24 The Coach Omeltchenko Invit
8	Makeda CHRISTOPHER	#11 Springfield Tech (Mass)	17.47		9.71m	31-10¼ 3/16/24 UPR Rio Piedras Spring Break
9	Iamies HASSAN	FR #10 Hudson Valley (N.Y.) C	15.42		9.65m	31-8 3/23/24 Wesleyan (Conn.) Swanson In
10	Hannah OTTERSTEDT	FR #18 Bergen (N.J.) CC	13.35		9.50m	31-2 3/30/24 Ramapo College Invitational
11	Aaliyah SHORTER	SO #3 Suffolk County (N.Y.) C	11.17		9.11m	29-10¾ 3/1/24 Queensborough Relays
12	Phallon RIVERA	FR #8 Finger Lakes (N.Y.) CC	10.04		8.81m	28-11 4/7/24 SUNY Cortland Red Dragon Op
13	Kasey LEDINSKY	FR #1 Harper (Ill.)	3.04	D	8.80m	28-10½ 4/6/24 Chicagoland Invitational
14	Malia FOWLER	SO #3 Suffolk County (N.Y.) C	2.86	D	8.39m	27-6½ 3/30/24 Ramapo College Invitational
15	Teegan ROACH	FR #4 DuPage (Ill.)	2.79	D	8.25m	27-¾ 4/6/24 Chicagoland Invitational
16	Ava SCHIFF	FR #12 SUNY Broome CC	2.79	D	8.23m	27-0 3/30/24 Geneseo Early Season Invite
17	Fallon HAMILTON	SO #6 Joliet (Ill.) JC	5.20		8.04m	26-4½ 3/29/24 First Chance Invitational
18	Juliette VENTURA	SO #8 Finger Lakes (N.Y.) CC	2.64	D	7.89m	25-10¾ 3/30/24 Geneseo Early Season Invite
19	Ange COMPERE	SO #7 Queensborough (N.Y.)	4.11		7.84m	25-8¾ 3/1/24 Queensborough Relays
20	Prayz'ah BRUMFIELD	FR #9 Mohawk Valley (N.Y.) C	3.59		7.79m	25-6¾ 4/6/24 Utica Pioneer Spring Invite
21	Jaeda MANNS	SO #24 Patrick & Henry (Va.) C	2.96		7.49m	24-7 3/30/24 Lynchburg Hornet Open
22	Isabel TORRES	FR #7 Queensborough (N.Y.)	2.38		7.32m	24-¼ 3/24/24
23	Emely PALACIOS	FR #7 Queensborough (N.Y.)	1.65		6.80m	22-3¾ 4/7/24 The Coach Omeltchenko Invit
24	Hilary VALDEZ	FR #18 Bergen (N.J.) CC	1.03		6.52m	21-4¾ 3/30/24 Ramapo College Invitational
24	Abigail SORIANO	FR #15 Camden County (N.J.)	1.03		6.52m	21-4¾ 3/30/24 Osprey Open
26	Kathleen MISENO-BOWLE	FR #14 Herkimer County (N.Y.)	0.90		5.49m	18-¼ 3/30/24 Saints Ice Breaker Open
27	Danalys ALVARADO	FR #25 Valley Forge Military (	0.85		5.41m	17-9 4/6/24 Ursinus College Invitational
28	Riley PRECOURT	FR #12 SUNY Broome CC	0.80		4.99m	16-4½ 4/6/24 Utica Pioneer Spring Invite
29	Cheryl BIELBY	SO #9 Mohawk Valley (N.Y.)	0.75		4.95m	16-3 4/6/24 Utica Pioneer Spring Invite
30	Leivis ERAZO	FR #12 SUNY Broome CC	0.70		3.94m	12-11¼ 3/30/24 Geneseo Early Season Invite



National TFRI Event Summary

Women's Discus — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Bryn WHITMAN	SO #13 Onondaga (N.Y.) CC	42.31	40.28m 132-2	4/7/24 SUNY Cortland Red Dragon Op
2	Kayla FRANKLIN	SO #15 Camden County (N.J.)	34.12	34.59m 113-6	3/16/24 Towson Spring Opener
3	Madison GRANT	FR #3 Suffolk County (N.Y.) C	29.45	32.14m 105-6	3/30/24 Ramapo College Invitational
4	Hannah OTTERSTEDT	FR #18 Bergen (N.J.) CC	26.68	31.10m 102-1	3/30/24 Ramapo College Invitational
5	Kara KNORR	JR #5 RCSJ Gloucester (N.J.)	4.42	D 30.66m 100-7	4/6/24 Delaware Invitational
6	Kasey LEDINSKY	FR #1 Harper (Ill.)	3.72	D 29.49m 96-9	3/29/24 First Chance Invitational
7	Sophia DUNNING	FR #5 RCSJ Gloucester (N.Y.) {2}	3.13	D 28.49m 93-5¾	3/30/24 Osprey Open
8	Aaliyah SHORTER	SO #3 Suffolk County (N.Y.) {2}	16.16	26.85m 88-1¼	4/7/24 The Coach Omeltchenko Invit
9	Rose WAGNER	FR #1 Harper (Ill.) {2}	14.00	26.56m 87-1¾	4/6/24 Chicagoland Invitational
10	Phallon RIVERA	FR #8 Finger Lakes (N.Y.) CC	12.00	24.57m 80-7½	3/30/24 Geneseo Early Season Invite
11	Juliah TRIANA	SO #3 Suffolk County (N.Y.) {3}	10.00	23.25m 76-3½	3/30/24 Ramapo College Invitational
12	Agnessa LYSENKO	FR #20 Roxbury CC	9.00	20.29m 66-7	4/7/24 The Coach Omeltchenko Invit
13	Teegan ROACH	FR #4 DuPage (Ill.)	8.00	19.46m 63-10¼	4/6/24 Chicagoland Invitational
14	Hilary VALDEZ	FR #18 Bergen (N.J.) CC {2}	7.00	19.39m 63-7½	3/30/24 Ramapo College Invitational
15	Prayz'ah BRUMFIELD	FR #9 Mohawk Valley (N.Y.) C	6.00	19.36m 63-6¼	4/6/24 Utica Pioneer Spring Invite
16	Fallon HAMILTON	SO #6 Joliet (Ill.) JC	5.00	17.66m 57-11¼	3/29/24 First Chance Invitational
17	Cheryl BIELBY	SO #9 Mohawk Valley (N.Y.) {2}	4.50	17.17m 56-4	4/6/24 Utica Pioneer Spring Invite
18	Abigail SORIANO	FR #15 Camden County (N.J.) {2}	4.00	16.18m 53-1	3/30/24 Osprey Open
19	Grace WAHL	FR #5 RCSJ Gloucester (N.J.) {3}	3.50	14.42m 47-3¾	4/6/24 Delaware Invitational
20	Kathleen MISENO-BOWLE	FR #14 Herkimer County (N.Y.)	3.00	12.24m 40-2	3/30/24 Saints Ice Breaker Open



National TFRI Event Summary

Women's Hammer — 2024 Week #3, April 10

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Kara KNORR	JR	#5 RCSJ Gloucester (N.J.)	34.55	37.31m	122-5	4/6/24	Delaware Invitational
2	Agnessa LYSENKO	FR	#20 Roxbury CC	31.49	33.18m	108-10	3/30/24	Embry-Riddle Running Eleme
3	Samantha WALTON	FR	#1 Harper (Ill.)	28.62	29.75m	97-7¼	4/6/24	Chicagoland Invitational
4	Kasey LEDINSKY	FR	#1 Harper (Ill.) {2}	26.56	29.52m	96-10¼	3/29/24	First Chance Invitational
5	Rose WAGNER	FR	#1 Harper (Ill.) {3}	24.25	27.72m	90-11½	4/6/24	Chicagoland Invitational
6	Sophia DUNNING	FR	#5 RCSJ Gloucester (N.J.) {2}	21.69	24.47m	80-3½	4/6/24	Delaware Invitational
7	Teegan ROACH	FR	#4 DuPage (Ill.)	19.57	23.74m	77-10¾	4/6/24	Chicagoland Invitational
8	Jessica SLINGERLAND	FR	#10 Hudson Valley (N.Y.) C	16.03	14.73m	48-4	3/23/24	Wesleyan (Conn.) Swanson In
9	Ange COMPERE	SO	#7 Queensborough (N.Y.)	14.00	14.58m	47-10	4/7/24	The Coach Omeltchenko Invit
10	Angelica SLINGERLAND	FR	#10 Hudson Valley (N.Y.) {2}	12.00	13.89m	45-7	3/23/24	Wesleyan (Conn.) Swanson In



National TFRI Event Summary

Women's Javelin — 2024 Week #3, April 10

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Kara KNORR	JR #5 RCSJ Gloucester (N.J.)	39.14	33.06m 108-6	3/30/24 Osprey Open
2	Kayla FRANKLIN	SO #15 Camden County (N.J.)	35.83	32.20m 105-8	3/30/24 Osprey Open
3	Jessica SLINGERLAND	FR #10 Hudson Valley (N.Y.) C	30.58	30.07m 98-8	3/23/24 Wesleyan (Conn.) Swanson In
4	Cassidy HERGET	FR #2 Mineral Area (Mo.)	27.36	28.85m 94-8	3/23/24 Missouri S&T Miner Invitationa
5	Madison GRANT	FR #3 Suffolk County (N.Y.) C	25.21	28.67m 94-¾	3/30/24 Ramapo College Invitational
6	Sophia DUNNING	FR #5 RCSJ Gloucester (N.J.) {2}	20.97	25.98m 85-3	3/30/24 Osprey Open
7	Chloe WINTERGERST	SO #1 Harper (Ill.)	2.62 D	25.56m 83-10¼	3/29/24 First Chance Invitational
8	Bryn WHITMAN	SO #13 Onondaga (N.Y.) CC	16.21	25.06m 82-2¾	4/7/24 SUNY Cortland Red Dragon Op
9	Kayla FRANKLIN	#15 Camden County (N.J.) {2}	14.08	24.90m 81-8½	3/23/24 Oscar Moore Invitational
10	Lily WINTERGERST	SO #1 Harper (Ill.) {2}	2.00 D	24.22m 79-5½	3/29/24 First Chance Invitational
11	Aaliyah SHORTER	SO #3 Suffolk County (N.Y.) {2}	2.00 D	24.12m 79-1¾	4/7/24 The Coach Omeltchenko Invit
12	Grace WAHL	FR #5 RCSJ Gloucester (N.J.) {3}	9.00	22.41m 73-6¼	3/30/24 Osprey Open
13	Juliette VENTURA	SO #8 Finger Lakes (N.Y.) CC	2.00 D	22.04m 72-3¾	3/30/24 Geneseo Early Season Invite
14	Angelica SLINGERLAND	FR #10 Hudson Valley (N.Y.) {2}	7.00	21.09m 69-2½	3/23/24 Wesleyan (Conn.) Swanson In
15	Malia FOWLER	SO #3 Suffolk County (N.Y.) {3}	2.00 D	20.03m 65-8¾	4/7/24 The Coach Omeltchenko Invit
16	Juliah TRIANA	SO #3 Suffolk County (N.Y.) {4}	TM-4	19.17m 62-10¾	4/7/24 The Coach Omeltchenko Invit
17	Emely PALACIOS	FR #7 Queensborough (N.Y.)	2.00 D	17.16m 56-3¾	4/7/24 The Coach Omeltchenko Invit
18	Ange COMPERE	SO #7 Queensborough (N.Y.) {2}	2.00 D	16.70m 54-9½	4/7/24 The Coach Omeltchenko Invit
19	Kathleen MISENO-BOWLE	FR #14 Herkimer County (N.Y.)	3.50	16.39m 53-9¼	3/30/24 Saints Ice Breaker Open
20	Isabel TORRES	FR #7 Queensborough (N.Y.) {3}	3.00	15.11m 49-7	3/24/24
21	Morgan CHENEY	SO #8 Finger Lakes (N.Y.) C {2}	2.00 D	14.92m 48-11½	3/30/24 Geneseo Early Season Invite
22	Cheryl BIELBY	SO #9 Mohawk Valley (N.Y.) C	2.00	14.57m 47-9¾	3/30/24 Saints Ice Breaker Open