

WOMEN — 2024 Week #6, May 1

1

Harper (Ill.)

Region 4

unch

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	3	Svetlozara UVAKOVA	SO	12.51 (1.0)	4/25/24	26	3.15	29.15
► 100m	17	Perla VARGAS	FR	13.55 (0.4)	3/29/24	4.5	0.51	5.01
► 100m	18	Zoe PAVLU	FR	13.57 (0.0)	4/25/24	4	0.49	4.49
► 100H	1	Chloe WINTERGERST	SO	16.15 (1.6)	4/13/24	30	2.58	32.58
► 100H	8	Lucia SANCHEZ SCRIVEN	FR	17.64 (1.9)	3/29/24	D 2	1.60	3.60
► 200m	4	Svetlozara UVAKOVA	SO	26.68w (2.7)	4/13/24	24	2.15	26.15
► 200m	8	Araxi BOGHOSSIAN	SO	27.36 (0.6)	4/25/24	16	1.24	17.24
► 200m	9	Natalia POCICA	FR	27.42 (0.0)	4/25/24	D 2	1.16	3.16
► 200m	11	Perla VARGAS	FR	27.48 (-4.2)	4/13/24	D 2	1.08	TM-4
► 200m	17	Zoe PAVLU	FR	28.15 (0.6)	4/25/24	4.5	0.54	TM-5
► 200m	27	Lucia SANCHEZ SCRIVEN	FR	29.02 (0.6)	4/25/24	0.85	0.01	TM-6
► 200m	36	Kasey LEDINSKY	FR	29.70 (1.0)	3/29/24	0.4	0.00	TM-7
► 400m	1	Lilly ALBERTS	SO	56.09	4/25/24	30	6.15	36.15
► 400m	4	Araxi BOGHOSSIAN	SO	1:00.38	4/25/24	24	2.97	26.97
► 400m	8	Perla VARGAS	FR	1:04.66	4/25/24	16	1.07	17.07
► 400m	15	Kasey LEDINSKY	FR	1:06.86	4/20/24	D 2	0.48	TM-4
► 400H	2	Chloe WINTERGERST	SO	1:11.61	4/13/24	28	5.54	33.54
► 400H	3	Kasey LEDINSKY	FR	1:13.76	4/25/24	26	2.17	28.17
► 400H	14	Lucia SANCHEZ SCRIVEN	FR	1:22.21	4/6/24	D 2	0.00	2.00
► 800m	1	Lilly ALBERTS	SO	2:10.81	3/29/24	30	7.47	37.47
► 800m	6	Kaïli DECKER	SO	2:33.61	4/25/24	20	1.47	21.47
► 800m	7	Brianna RUIZ	SO	2:33.94	4/25/24	18	1.42	19.42
► 800m	8	Melanie KEHR	SO	2:35.08	4/6/24	16	1.25	TM-4
► 1500m	1	Lilly ALBERTS	SO	4:40.25	4/6/24	D 2	5.40	7.40
► 1500m	9	Isabela WOJCIEKOWSKI	FR	5:16.56	3/29/24	D 2	1.30	3.30
► 1500m	10	Kaïli DECKER	SO	5:21.91	4/25/24	12	1.02	13.02
► 1500m	11	Claudia WOJCIEKOWSKI	FR	5:23.17	3/29/24	D 2	0.97	TM-4
► 1500m	13	Melanie KEHR	SO	5:27.27	4/25/24	8	0.82	TM-5
► 1500m	28	Danielle GIOVENCO	SO	5:55.66	4/13/24	0.8	0.00	TM-6
► 1500m	43	Teresa PUCHALSKI	FR	8:21.35	4/6/24	0.175	0.00	TM-7
► 5000m	1	Isabela WOJCIEKOWSKI	FR	19:24.94	4/20/24	30	6.82	36.82
► 5000m	3	Claudia WOJCIEKOWSKI	FR	19:43.24	3/29/24	26	4.75	30.75
► 5000m	11	Danielle GIOVENCO	SO	21:47.46	4/20/24	10	0.00	10.00
► 10,000m	2	Isabela WOJCIEKOWSKI	FR	42:33.58	4/6/24	28	6.48	34.48
► 10,000m	3	Claudia WOJCIEKOWSKI	FR	43:30.43	4/6/24	26	4.03	30.03
► 10,000m	10	Danielle GIOVENCO	SO	46:56.99	4/6/24	12	0.00	12.00

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Harper (Ill.)

Region 4

unch

LW: 1

[illegible]

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2024 Week #6, May 1

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DuPage (Ill.)

Region 4

unch

LW: 2

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	1	Ellie LOGSDON	FR	12.22 (1.7)	4/13/24	30	4.38	34.38
► 100m	2	Patrycja KARPIESIUK	SO	12.32w (2.2)	4/13/24	28	3.95	31.95
► 100m	12	Molly MORRIS	FR	13.42 (1.7)	4/13/24	D 2	0.67	2.67
► 100m	15	Fonida KHAMISSI	FR	13.47w (2.4)	4/13/24	6	0.61	TM-4
► 100m	16	Chakhia JENKINS HICK	FR	13.54 (-1.0)	4/25/24	5	0.53	TM-5
► 100m	24	Delmarea WILLIS	FR	13.84w (2.2)	4/13/24	1	0.16	TM-6
► 100m	26	Caliah THOMAS	FR	14.11 (1.1)	4/6/24	0.9	0.00	TM-7
► 100m	43	Tessa BLEERS	SO	15.03 (-1.0)	4/25/24	0.175	0.00	TM-8
► 200m	2	Ellie LOGSDON	FR	25.56 (1.6)	4/20/24	D 2	4.22	6.22
► 200m	3	Patrycja KARPIESIUK	SO	25.95 (1.0)	4/13/24	D 2	3.37	5.37
► 200m	15	Fonida KHAMISSI	FR	28.04 (1.3)	4/13/24	6	0.61	6.61
► 200m	16	Molly MORRIS	FR	28.06 (1.3)	4/13/24	D 2	0.60	TM-4
► 200m	24	Chakhia JENKINS HICK	FR	28.74 (1.1)	4/13/24	1	0.18	TM-5
► 200m	34	Delmarea WILLIS	FR	29.57 (1.5)	4/20/24	0.5	0.00	TM-6
► 200m	46	Caliah THOMAS	FR	30.58 (0.6)	4/25/24	0.1	0.00	TM-7
► 400m	2	Ellie LOGSDON	FR	57.43	4/20/24	D 2	5.11	7.11
► 400m	3	Patrycja KARPIESIUK	SO	59.73	4/20/24	D 2	3.42	5.42
► 400m	7	Molly MORRIS	FR	1:04.41	4/6/24	18	1.17	19.17
► 400m	23	Chakhia JENKINS HICK	FR	1:08.42	4/20/24	1.5	0.18	TM-4
► 400m	28	Caliah THOMAS	FR	1:09.55	4/25/24	0.8	0.00	TM-5
► 400m	31	Delmarea WILLIS	FR	1:10.34	4/20/24	0.65	0.00	TM-6
► 400m	43	Christina ROCHEL	FR	1:15.26	4/25/24	0.175	0.00	TM-7
► 400H	1	Ellie LOGSDON	FR	1:06.11	4/13/24	30	15.17	45.17
► 400H	12	Delmarea WILLIS	FR	1:17.37	4/13/24	9	0.00	9.00
► 800m	4	Carmen SOLIS	FR	2:30.60	4/13/24	D 2	2.03	4.03
► 800m	38	Alexandra ABOOD	FR	2:56.33	4/13/24	0.3	0.00	0.30
► 800m	43	Bianca NUNEZ	FR	3:00.28	4/25/24	0.175	0.00	0.18
► 800m	47	Christina ROCHEL	FR	3:03.56	4/6/24	0.075	0.00	TM-4
► 1500m	4	Carmen SOLIS	FR	5:07.07	4/25/24	24	2.10	26.10
► 1500m	26	Alexandra ABOOD	FR	5:52.64	4/20/24	0.9	0.00	0.90
► 1500m	36	Bianca NUNEZ	FR	6:27.29	4/13/24	0.4	0.00	0.40
► Steeple	3	Alexandra ABOOD	FR	13:42.69	4/25/24	26	2.63	28.63
► Steeple	6	Bianca NUNEZ	FR	14:48.07	4/20/24	20	1.74	21.74
► 5000m	2	Carmen SOLIS	FR	19:25.27	4/20/24	28	6.79	34.79
► 4x100	1	Ellie Logsdon, Molly Morris, Fonida Khamissi, Patrycja Karpiesiuk		49.65	4/13/24	30	5.45	35.45

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DuPage (Ill.)

Region 4

unch

LW: 2

[illegible]

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2024 Week #6, May 1

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Suffolk County (N.Y.) CC

Region 15



1

LW: 4

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	11	Kayla COQ	FR	13.38 (1.4)	4/13/24	D 2	0.73	2.73
► 100m	22	Amanda MANNINO	JR	13.76 (1.3)	3/30/24	2	0.26	2.26
► 100m	25	Catherine SHAW	SO	14.01 (0.1)	3/30/24	0.95	0.00	0.95
► 100m	38	Tasheyana RICHARDS	FR	14.61 (-3.6)	4/7/24	0.3	0.00	TM-4
► 100H	2	Malia FOWLER	SO	16.49 (0.0)	4/20/24	28	2.31	30.31
► 200m	13	Amanda MANNINO	JR	27.85 (1.0)	4/13/24	8	0.74	8.74
► 200m	21	Catherine SHAW	SO	28.62 (0.3)	3/30/24	D 2	0.25	2.25
► 200m	22	Malia FOWLER	SO	28.65 (-0.4)	4/20/24	2	0.23	2.23
► 200m	25	Kayla COQ	FR	28.90 (-2.6)	4/7/24	0.95	0.08	TM-4
► 200m	29	Ruth GONZALEZ	FR	29.12 (1.8)	3/30/24	0.75	0.00	TM-5
► 400m	6	Amanda MANNINO	JR	1:04.11	4/20/24	20	1.30	21.30
► 400m	16	Catherine SHAW	SO	1:07.10	4/20/24	5	0.43	5.43
► 400H	9	Malia FOWLER	SO	1:15.81	4/13/24	D 2	0.08	2.08
► 800m	9	Brenin MAHON	SO	2:35.64	4/27/24	14	1.16	15.16
► 800m	10	Ruth GONZALEZ	FR	2:35.75	4/13/24	12	1.14	13.14
► 800m	18	Catherine SHAW	SO	2:44.60	4/27/24	4	0.41	4.41
► 800m	41	Aine MCELHINNEY	FR	2:59.76	4/27/24	0.225	0.00	TM-4
► 800m	49	Malia FOWLER	SO	3:05.95	4/20/24	0.025	0.00	TM-5
► 1500m	3	Brenin MAHON	SO	5:06.68	4/27/24	26	2.15	28.15
► 1500m	38	Brooke RONCA	FR	6:48.53	3/24/24	0.3	0.00	0.30
► 5000m	10	Brenin MAHON	SO	21:11.44	3/30/24	D 2	0.00	2.00
► 5000m	17	Brooke RONCA	FR	24:30.89	4/7/24	4.5	0.00	4.50
► 5000m	18	Aine MCELHINNEY	FR	24:56.63	4/7/24	4	0.00	4.00
► 10,000m	13	Aine MCELHINNEY	FR	50:33.70	4/20/24	8	0.00	8.00
► 4x100	3	#Type!		52.48	4/27/24	26	2.53	28.53
► 4x400	3	Ruth Gonzalez, Brenin Mahon, Catherine Shaw, Amanda Mannino		4:25.90	4/7/24	26	2.96	28.96
► 4x800	2	Brenin Mahon, Brooke Ronca, Ruth Gonzalez, Malia Fowler		12:07.61	3/24/24	28	1.48	29.48
► HJ	1	Malia FOWLER	SO	1.57m 5-1¼	4/27/24	30	6.86	36.86
► LJ	2	Aaliyah SHORTER	SO	5.12m 16-9¾ (1.9)	4/27/24	28	2.62	30.62
► LJ	5	Kayla COQ	FR	4.92m 16-1¾ (0.8)	4/7/24	22	1.86	23.86
► LJ	15	Malia FOWLER	SO	4.45m 14-7¼ (-1.7)	3/30/24	D 2	0.79	2.79
► LJ	19	Tasheyana RICHARDS	FR	4.30m 14-1¼ (0.1)	4/7/24	3.5	0.53	TM-4
► TJ	1	Aaliyah SHORTER	SO	10.44m 34-3 (0.0)	4/19/24	30	6.66	36.66
► TJ	7	Kayla COQ	FR	9.85m 32-3¾ (0.0)	4/19/24	18	1.14	19.14
► SP	7	Madison GRANT	FR	9.82m 32-2¾	4/20/24	D 2	1.36	3.36
► SP	11	Aaliyah SHORTER	SO	9.28m 30-5½	4/20/24	D 2	0.94	2.94

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Suffolk County (N.Y.) CC

Region 15



1

LW: 4

Event	NQR	Athlete	Yr	Season Qual.	Best	Date	Pl.	Pts.	Bonus	TOTAL
► SP	18	Malia FOWLER	SO	8.39m	27-6½	3/30/24	D	2	0.39	2.39
► SP	28	Juliah TRIANA	SO	7.10m	23-3½	4/13/24		0.8	0.00	TM-4
► DISC	4	Madison GRANT	FR	32.14m	105-6	3/30/24		24	2.35	26.35
► DISC	8	Aaliyah SHORTER	SO	26.85m	88-1¼	4/7/24	D	2	1.38	3.38
► DISC	12	Juliah TRIANA	SO	23.25m	76-3½	3/30/24		9	0.94	9.94
► JAV	5	Madison GRANT	FR	28.67m	94-¾	3/30/24		22	2.00	24.00
► JAV	13	Aaliyah SHORTER	SO	24.12m	79-1¼	4/7/24	D	2	1.11	3.11
► JAV	17	Malia FOWLER	SO	20.03m	65-8¾	4/7/24	D	2	0.51	2.51
► JAV	18	Juliah TRIANA	SO	19.17m	62-10¾	4/7/24	D	2	0.39	TM-4

SUFFOLK COUNTY (N.Y.) CC TFRI Team Total

482.37

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

Only those who score >0.01 pts are shown

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WOMEN — 2024 Week #6, May 1

4

Mineral Area (Mo.)

Region 16



1

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	4	Amaya RIQUE	FR	12.59 (0.9)	4/27/24	24	2.83	26.83
► 100m	9	Felicity KESTER	FR	13.24w (2.9)	4/27/24	14	1.04	15.04
► 100m	35	Kenleigh LANGE	FR	14.41 (0.2)	4/13/24	0.45	0.00	0.45
► 100H	7	Kenleigh LANGE	FR	17.61w (2.3)	4/27/24	18	1.62	19.62
► 200m	1	Amaya RIQUE	FR	25.30cw (25.69) (2.7)	4/27/24	30	4.80	34.80
► 200m	6	Felicity KESTER	FR	27.11cw (27.53) (3.5)	4/27/24	20	1.57	21.57
► 400H	8	Kiera FINN	SO	1:15.16	4/6/24	16	0.56	16.56
► 800m	11	Celeste SANSEGRAW	FR	2:39.30	4/21/24	D 2	0.80	2.80
► 800m	13	Kiera FINN	SO	2:41.26	3/30/24	D 2	0.65	2.65
► 800m	17	Janson KING	FR	2:42.95	4/6/24	4.5	0.53	5.03
► 800m	19	Riley PETSCH	SO	2:46.16	4/6/24	D 2	0.30	TM-4
► 800m	25	Aubree JONES	FR	2:49.00	4/6/24	0.95	0.11	TM-5
► 800m	33	Abigail DEAN	SO	2:52.26c (2:54.24)	4/27/24	0.55	0.00	TM-6
► 800m	37	Grace BONE	FR	2:55.61	4/21/24	0.35	0.00	TM-7
► 800m	44	Melayna BROWN	SO	3:01.55	3/30/24	0.15	0.00	TM-8
► 1500m	8	Celeste SANSEGRAW	FR	5:15.91	4/21/24	D 2	1.35	3.35
► 1500m	16	Riley PETSCH	SO	5:29.71	4/6/24	D 2	0.74	2.74
► 1500m	22	Abigail DEAN	SO	5:48.44	4/27/24	2	0.12	2.12
► 1500m	27	Aubree JONES	FR	5:53.41	4/27/24	0.85	0.00	TM-4
► 1500m	31	Grace BONE	FR	6:02.77	4/27/24	0.65	0.00	TM-5
► 1500m	33	Melayna BROWN	SO	6:09.15	4/27/24	0.55	0.00	TM-6
► Steeple	4	Kiera FINN	SO	14:03.89	4/27/24	24	2.27	26.27
► 5000m	6	Celeste SANSEGRAW	FR	20:24.73	4/13/24	20	1.82	21.82
► 5000m	7	Riley PETSCH	SO	20:25.90	4/13/24	18	1.76	19.76
► 5000m	8	Abigail DEAN	SO	20:47.27	3/23/24	16	0.64	16.64
► 10,000m	7	Celeste SANSEGRAW	FR	45:16.53	3/29/24	18	1.29	19.29
► 10,000m	8	Abigail DEAN	SO	45:54.52	3/29/24	16	0.54	16.54
► 10,000m	9	Riley PETSCH	SO	46:11.55	3/29/24	14	0.21	14.21
► 4x100	5	Amaya Rique, Cassidy Herget, Kenleigh Lange, Felicity Kester		53.19	4/21/24	22	1.93	23.93
► 4x400	4	Amaya Rique, Kaydence Gibson, Janson King, Kiera Finn		4:33.49	4/13/24	24	1.80	25.80
► HJ	2	Cassidy HERGET	FR	1.55m 5-1	4/6/24	28	5.59	33.59
► HJ	6	Kenleigh LANGE	FR	1.43m 4-8¼	4/13/24	20	1.13	21.13
► PV	5	Kaydence GIBSON	FR	2.60m 8-6¼	3/23/24	22	0.00	22.00
► TJ	5	Cassidy HERGET	FR	9.97m 32-8½ (1.6)	4/13/24	D 2	1.83	3.83
► JAV	1	Cassidy HERGET	FR	37.19m 122-0	4/27/24	30	4.43	34.43
► JAV	11	Kaydence GIBSON	FR	25.84m 84-9½	4/27/24	10	1.36	11.36

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Mineral Area (Mo.)

Region 16



1

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
MINERAL AREA (MO.) TFR1 Team Total								470.62



USTFCCCA NJCAA Division III Outdoor Track & Field

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

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WOMEN — 2024 Week #6, May 1

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RCSJ Gloucester (N.J.)

Region 19

unch

LW: 5

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	30	Emily MURROW	FR	14.18 (0.2)	4/27/24	0.7	0.00	0.70
▶ 200m	31	Emily MURROW	FR	29.53 (0.8)	4/20/24	0.65	0.00	0.65
▶ 400m	21	Susana SERRANO	SO	1:08.26	4/27/24	D 2	0.21	2.21
▶ 400m	27	Emily MURROW	FR	1:09.49	4/20/24	0.85	0.00	0.85
▶ 400m	35	Courtney O'HARA		1:11.61	4/27/24	0.45	0.00	0.45
▶ 400m	46	Emma HARVERSON	FR	1:16.56	4/13/24	0.1	0.00	TM-4
▶ 400m	47	Francesca MACCARONE	FR	1:18.12	4/13/24	0.075	0.00	TM-5
▶ 400H	13	Susana SERRANO	SO	1:18.33	4/27/24	8	0.00	8.00
▶ 800m	15	Courtney O'HARA		2:42.01	4/20/24	6	0.60	6.60
▶ 800m	21	Mackenzie COCHRAN	SO	2:48.12	4/20/24	2.5	0.17	2.67
▶ 800m	22	Alexandra CAMPO		2:48.13	4/27/24	2	0.17	2.17
▶ 800m	30	Susana SERRANO	SO	2:51.83	3/16/24	0.7	0.00	TM-4
▶ 1500m	18	Alexandra CAMPO		5:38.85	4/20/24	4	0.43	4.43
▶ 1500m	19	Courtney O'HARA		5:41.42	4/20/24	D 2	0.34	2.34
▶ 1500m	21	Mackenzie COCHRAN	SO	5:44.27	4/27/24	2.5	0.25	2.75
▶ 5000m	9	Courtney O'HARA		20:59.45	4/13/24	14	0.02	14.02
▶ 5000m	12	Alexandra CAMPO		22:02.75	4/27/24	9	0.00	9.00
▶ 4x100	9	#Type!		57.47	4/20/24	14	0.00	14.00
▶ 4x400	7	#Type!		4:44.63	4/20/24	18	0.61	18.61
▶ 4x800	1	Alexandra Campo, Mackenzie Cochran, Courtney O'Hara, Susana Serrano		11:21.67	3/30/24	30	3.81	33.81
▶ HJ	7	Emma HARVERSON	FR	1.42m 4-7¾	3/30/24	18	0.80	18.80
▶ PV	6	Francesca MACCARONE	FR	2.25m 7-4½	4/27/24	20	0.00	20.00
▶ LJ	11	Susana SERRANO	SO	4.73mw 15-6¼ (4.4)	3/29/24	10	1.29	11.29
▶ TJ	12	Emma HARVERSON	FR	8.62m 28-3½ (-2.4)	3/2/24	9	0.00	9.00
▶ SP	2	Kara KNORR	JR	12.13m 39-9¾	4/27/24	28	4.19	32.19
▶ SP	16	Sophia DUNNING	FR	8.73m 28-7¾	4/27/24	D 2	0.60	2.60
▶ DISC	2	Sophia DUNNING	FR	36.75m 120-7	4/27/24	28	3.33	31.33
▶ DISC	6	Kara KNORR	JR	31.00m 101-9	4/27/24	D 2	2.14	4.14
▶ DISC	14	Francesca MACCARONE	FR	21.02m 68-11¾	4/27/24	7	0.68	7.68
▶ DISC	21	Grace WAHL	FR	17.96m 58-11¼	4/27/24	2.5	0.32	TM-4
▶ HT	1	Kara KNORR	JR	40.02m 131-4	4/27/24	30	5.62	35.62
▶ HT	5	Sophia DUNNING	FR	30.29m 99-4½	4/27/24	22	2.41	24.41
▶ JAV	2	Kara KNORR	JR	33.06m 108-6	3/30/24	D 2	3.13	5.13
▶ JAV	9	Sophia DUNNING	FR	25.98m 85-3	3/30/24	D 2	1.38	3.38
▶ JAV	14	Grace WAHL	FR	22.41m 73-6¼	3/30/24	7	0.86	7.86

RCSJ GLOUCESTER (N.J.) TFRI Team Total 340.40

6

Mohawk Valley (N.Y.) CC

Region 3

unch

LW: 6

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	13	Jacey HINDS	FR	13.44 (1.0)	3/30/24	D 2	0.65	2.65
▶ 100m	23	Olga AKHRENMENKO	SO	13.77w (3.4)	4/6/24	1.5	0.25	1.75
▶ 100m	28	Sydney HIGHT	FR	14.13w (3.4)	4/6/24	0.8	0.00	0.80
▶ 100H	6	Breanne MILLSON	SO	17.44 (1.0)	4/26/24	D 2	1.70	3.70
▶ 100H	17	Jacey HINDS	FR	19.99w (2.2)	4/20/24	D 2	0.98	2.98
▶ 100H	19	Marlee SHAFER	FR	20.98w (2.8)	4/20/24	D 2	0.78	2.78
▶ 100H	20	Sydney HIGHT	FR	20.99w (2.2)	4/20/24	3	0.78	TM-4
▶ 200m	14	Jacey HINDS	FR	27.99w (2.3)	4/20/24	D 2	0.65	2.65
▶ 200m	23	Breanne MILLSON	SO	28.67 (1.9)	4/20/24	1.5	0.22	1.72
▶ 200m	35	Olga AKHRENMENKO	SO	29.63 (-1.2)	4/20/24	0.45	0.00	0.45
▶ 200m	50	Sydney HIGHT	FR	30.95 (1.9)	4/20/24	0.01	0.00	TM-4
▶ 400m	10	Jacey HINDS	FR	1:05.37	4/13/24	12	0.79	12.79
▶ 400m	29	Marlee SHAFER	FR	1:09.89	4/6/24	0.75	0.00	0.75
▶ 400H	5	Breanne MILLSON	SO	1:14.54	4/26/24	22	1.02	23.02
▶ 800m	14	Lauren SUPPE	FR	2:41.94	4/6/24	D 2	0.60	2.60
▶ 800m	20	Breanne MILLSON	SO	2:47.88	4/20/24	D 2	0.18	2.18
▶ 800m	24	Jacey HINDS	FR	2:48.88	4/20/24	1	0.11	1.11
▶ 800m	29	Tessie SHAFER	FR	2:51.70	4/13/24	0.75	0.00	TM-4
▶ 800m	31	Marlee SHAFER	FR	2:51.96	4/20/24	0.65	0.00	TM-5
▶ 1500m	17	Lauren SUPPE	FR	5:31.88	4/6/24	D 2	0.66	2.66
▶ 1500m	23	Tessie SHAFER	FR	5:48.54	4/6/24	1.5	0.11	1.61
▶ Steeple	2	Lauren SUPPE	FR	13:34.77	4/26/24	28	2.82	30.82
▶ 10,000m	6	Lauren SUPPE	FR	44:54.97	4/20/24	20	1.72	21.72
▶ 10,000m	12	Tessie SHAFER	FR	50:20.64	4/20/24	9	0.00	9.00
▶ 4x100	6	Sydney Hight, Olga Akhrenmenko, Breanne Millson, Jacey Hinds		53.27	4/6/24	20	1.89	21.89
▶ 4x400	6	Marlee Shafer, Tessie Shafer, Lauren Suppe, Breanne Millson		4:44.42	4/6/24	20	0.64	20.64
▶ HJ	15	Marlee SHAFER	FR	1.27m 4-2	4/20/24	6	0.00	6.00
▶ HJ	15	Jacey HINDS	FR	1.27m 4-2	4/20/24	D 2	0.00	2.00
▶ HJ	20	Breanne MILLSON	SO	1.24m 4-¾	4/20/24	D 2	0.00	2.00
▶ HJ	21	Sydney HIGHT	FR	1.21m 3-11½	4/20/24	D 2	0.00	TM-4
▶ LJ	13	Jacey HINDS	FR	4.50m 14-9¼ (0.0)	4/20/24	D 2	0.88	2.88
▶ LJ	14	Breanne MILLSON	SO	4.48m 14-8½ (0.6)	4/20/24	D 2	0.85	2.85
▶ LJ	24	Marlee SHAFER	FR	4.04m 13-3¼ (0.0)	4/20/24	1	0.07	1.07
▶ LJ	33	Sydney HIGHT	FR	3.66m 12-¼ (-3.6)	4/20/24	0.55	0.00	TM-4
▶ SP	25	Prayz'ah BRUMFIELD	FR	7.79m 25-6¾	4/6/24	0.95	0.02	0.97
▶ SP	27	Breanne MILLSON	SO	7.14m 23-5¼	4/20/24	0.85	0.00	0.85



USTFCCCA NJCAA Division III Outdoor Track & Field

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

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D denotes multiple-event rule in affect

WOMEN — 2024 Week #6, May 1

6

Mohawk Valley (N.Y.) CC

Region 3

unch

LW: 6

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
▶ SP	31	Jacey HINDS	FR	6.58m	21-7¼	4/20/24	0.65	0.00	0.65
▶ SP	33	Marlee SHAFER	FR	6.33m	20-9¼	4/20/24	0.55	0.00	TM-4
▶ SP	33	Sydney HIGHT	FR	6.33m	20-9¼	4/20/24	0.55	0.00	TM-4
▶ SP	39	Cheryl BIELBY	SO	4.95m	16-3	4/6/24	0.275	0.00	TM-6
▶ DISC	19	Prayz'ah BRUMFIELD	FR	19.36m	63-6¼	4/6/24	3.5	0.49	3.99
▶ DISC	22	Cheryl BIELBY	SO	17.17m	56-4	4/6/24	2	0.23	2.23
▶ JAV	28	Cheryl BIELBY	SO	14.57m	47-9¾	3/30/24	0.8	0.00	0.80
▶ JAV	29	Jacey HINDS	FR	13.24m	43-5¼	4/20/24	0.75	0.00	0.75
▶ JAV	30	Marlee SHAFER	FR	13.02m	42-8¾	4/20/24	0.7	0.00	0.70
▶ JAV	31	Breanne MILLSON	SO	10.82m	35-6	4/20/24	0.65	0.00	TM-4
▶ JAV	32	Sydney HIGHT	FR	10.59m	34-9	4/20/24	0.6	0.00	TM-5
▶ HEPT	2	Breanne MILLSON	SO	2,846		4/20/24	28	4.02	32.02
▶ HEPT	3	Jacey HINDS	FR	2,690		4/20/24	26	0.59	26.59
▶ HEPT	4	Marlee SHAFER	FR	2,217		4/20/24	24	0.00	24.00
▶ HEPT	5	Sydney HIGHT	FR	1,826		4/20/24	D 2	0.00	TM-4

MOHAWK VALLEY (N.Y.) CC TFRI Team Total 292.98

7

Joliet (Ill.) JC

Region 4

unch

LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	10	Regan FURMANKIEWICZ	FR	13.31w (2.8)	4/20/24	12	0.87	12.87
▶ 100H	4	Meg SUKLEY	SO	17.22 (0.5)	4/25/24	24	1.81	25.81
▶ 100H	12	Kayla WILLIAMS	SO	19.10 (-1.2)	4/25/24	9	1.19	10.19
▶ 100H	18	Brooklyn STUCKEY	FR	20.59 (1.6)	4/6/24	4	0.86	4.86
▶ 200m	5	Regan FURMANKIEWICZ	FR	26.96w (2.7)	4/13/24	22	1.77	23.77
▶ 200m	18	Adrienne KARPEN	SO	28.26 (0.6)	4/25/24	4	0.47	4.47
▶ 200m	39	Meg SUKLEY	SO	29.96 (1.0)	3/29/24	0.275	0.00	0.28
▶ 400m	13	Regan FURMANKIEWICZ	FR	1:06.83	4/25/24	D 2	0.49	2.49
▶ 400m	18	Adrienne KARPEN	SO	1:07.70	4/13/24	4	0.32	4.32
▶ 400m	25	Kayla WILLIAMS	SO	1:08.70	4/20/24	0.95	0.12	1.07
▶ 400m	26	Meg SUKLEY	SO	1:09.02	4/20/24	0.9	0.06	TM-4
▶ 400H	10	Kayla WILLIAMS	SO	1:16.56	4/6/24	12	0.00	12.00
▶ 400H	11	Meg SUKLEY	SO	1:16.87	4/27/24	10	0.00	10.00
▶ 800m	26	Emma CECICH	SO	2:49.21	4/6/24	0.9	0.09	0.99
▶ 1500m	14	Emma CECICH	SO	5:27.77	4/20/24	7	0.81	7.81
▶ Steeple	1	Emma CECICH	SO	12:54.40	4/25/24	30	3.84	33.84
▶ 4x100	4	Meg Sukley, Regan Furmankiewicz, Adrienne Karpen, Kayla Williams		52.74	4/6/24	24	2.28	26.28
▶ 4x400	5	Regan Furmankiewicz, Adrienne Karpen, Kayla Williams, Meg Sukley		4:36.11	4/27/24	22	1.52	23.52
▶ HJ	9	Brooklyn STUCKEY	FR	1.40m 4-7	4/27/24	14	0.14	14.14
▶ LJ	22	Brooklyn STUCKEY	FR	4.15m 13-7½ (1.0)	4/13/24	2	0.27	2.27
▶ SP	4	Nikiya ROBERTSON	FR	10.91m 35-9½	3/29/24	24	2.57	26.57
▶ SP	22	Fallon HAMILTON	SO	8.04m 26-4½	3/29/24	2	0.17	2.17
▶ SP	30	Brooklyn STUCKEY	FR	6.95m 22-9¾	4/13/24	0.7	0.00	0.70
▶ DISC	20	Fallon HAMILTON	SO	18.41m 60-4¾	4/13/24	3	0.38	3.38
▶ HT	9	Fallon HAMILTON	SO	18.22m 59-9½	4/20/24	14	0.00	14.00
▶ JAV	19	Adrienne KARPEN	SO	18.49m 60-8	4/25/24	D 2	0.29	2.29
▶ JAV	20	Fallon HAMILTON	SO	17.47m 57-3¾	4/27/24	D 2	0.14	2.14
▶ JAV	26	Brooklyn STUCKEY	FR	15.09m 49-6¼	4/27/24	0.9	0.00	0.90

JOLIET (ILL.) JC TFRI Team Total 274.06



USTFCCCA NJCAA Division III Outdoor Track & Field

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

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WOMEN — 2024 Week #6, May 1

8

Hudson Valley (N.Y.) CC

Region 3

unch

LW: 8

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	10	Olivia SKYLSTAD	JR	17.90w (2.9)	4/12/24	12	1.50	13.50
▶ 100H	13	Dava MARCIL	FR	19.34 (0.5)	4/19/24	8	1.13	9.13
▶ 200m	31	Taiwo OMOYA	FR	29.53w (2.1)	4/12/24	0.65	0.00	0.65
▶ 200m	39	Madison WASHBURN	FR	29.96w (2.2)	4/12/24	0.275	0.00	0.28
▶ 400m	9	Taiwo OMOYA	FR	1:04.84	4/12/24	14	0.99	14.99
▶ 400m	24	Madison WASHBURN	FR	1:08.66	4/19/24	1	0.13	1.13
▶ 400H	7	Olivia SKYLSTAD	JR	1:15.00	4/26/24	18	0.68	18.68
▶ 800m	34	Olivia SKYLSTAD	JR	2:52.79	3/23/24	0.5	0.00	0.50
▶ 800m	48	Rebecca SEITER	FR	3:04.92	4/26/24	0.05	0.00	0.05
▶ 1500m	34	Rebecca MARTIN	FR	6:16.15	4/26/24	0.5	0.00	0.50
▶ 5000m	14	Laurel TICER	SO	22:15.66	3/23/24	7	0.00	7.00
▶ 5000m	15	Rebecca MARTIN	FR	22:15.80	3/23/24	6	0.00	6.00
▶ 10,000m	11	Rebecca MARTIN	FR	49:12.52	4/20/24	10	0.00	10.00
▶ 4x100	7	Olivia Skylstad, Taiwo Omoia, Madison Washburn, Abigale Dunlavey		56.49	4/19/24	18	0.40	18.40
▶ 4x400	8	Olivia Skylstad, Madison Washburn, Abigale Dunlavey, Taiwo Omoia		4:47.83	4/26/24	16	0.29	16.29
▶ LJ	17	Abigale DUNLAVEY	FR	4.41m 14-5¾ (1.9)	4/12/24	4.5	0.72	5.22
▶ LJ	29	Sydney SWEDISH	FR	3.97mw 13-¼ (2.2)	4/12/24	0.75	0.00	0.75
▶ TJ	11	Abigale DUNLAVEY	FR	9.23m 30-3½ (0.7)	4/11/24	10	0.00	10.00
▶ SP	6	Siri SORENSON	FR	9.90m 32-5¾	3/23/24	20	1.45	21.45
▶ SP	8	Iamies HASSAN	FR	9.74m 31-11½	4/26/24	16	1.27	17.27
▶ SP	13	Angelica SLINGERLAND	FR	9.17m 30-1	4/26/24	D 2	0.87	2.87
▶ SP	19	Jessica SLINGERLAND	FR	8.30m 27-2¾	4/26/24	D 2	0.33	TM-4
▶ SP	35	Shaquinta WHEATLEY	FR	6.25m 20-6¼	4/26/24	0.45	0.00	TM-5
▶ DISC	10	Jessica SLINGERLAND	FR	25.06m 82-2¾	4/12/24	D 2	1.15	3.15
▶ DISC	13	Angelica SLINGERLAND	FR	21.50m 70-6½	4/12/24	D 2	0.74	2.74
▶ DISC	15	Siri SORENSON	FR	21.00m 68-10¾	4/12/24	6	0.68	6.68
▶ HT	8	Jessica SLINGERLAND	FR	19.25m 63-2	4/12/24	16	0.04	16.04
▶ HT	10	Angelica SLINGERLAND	FR	17.24m 56-6¾	4/12/24	12	0.00	12.00
▶ JAV	4	Jessica SLINGERLAND	FR	30.07m 98-8	3/23/24	24	2.33	26.33
▶ JAV	7	Angelica SLINGERLAND	FR	27.48m 90-2	4/26/24	18	1.71	19.71

HUDSON VALLEY (N.Y.) CC TFRI Team Total 264.08

9

Queensborough (N.Y.) CC

Region 15

▲ 1

LW: 10

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	48	Medina SCRIBNER	FR	15.27 (-2.0)	4/7/24	0.05	0.00	0.05
▶ 100m	50	Kayla HERNANDEZ	FR	15.38 (-1.4)	4/7/24	0.01	0.00	0.01
▶ 100H	14	Medina SCRIBNER	FR	19.36w (2.2)	4/12/24	7	1.13	8.13
▶ 100H	21	Ange COMPERE	SO	22.26 (1.5)	4/12/24	2.5	0.54	3.04
▶ 100H	22	Emely PALACIOS	FR	22.98 (1.5)	4/12/24	2	0.41	2.41
▶ 100H	23	Isabel TORRES	FR	23.41 (1.5)	4/12/24	1.5	0.34	TM-4
▶ 200m	38	Medina SCRIBNER	FR	29.94	4/26/24	0.3	0.00	0.30
▶ 200m	47	Kayla HERNANDEZ	FR	30.68	4/26/24	0.075	0.00	0.08
▶ 200m	49	Julianne COSSIN	FR	30.82 (-1.9)	4/7/24	0.025	0.00	0.03
▶ 400m	22	Medina SCRIBNER	FR	1:08.33	3/30/24	2	0.19	2.19
▶ 400m	30	Julianne COSSIN	FR	1:10.24	4/12/24	0.7	0.00	0.70
▶ 400m	38	Kayla HERNANDEZ	FR	1:14.14	4/7/24	0.3	0.00	0.30
▶ 400m	44	Isabel TORRES	FR	1:15.62	4/26/24	0.15	0.00	TM-4
▶ 400m	50	Vicki YE	FR	1:29.68	4/7/24	0.01	0.00	TM-5
▶ 400H	6	Medina SCRIBNER	FR	1:14.81	4/20/24	20	0.82	20.82
▶ 400H	15	Emely PALACIOS	FR	1:35.01	4/26/24	6	0.00	6.00
▶ 800m	23	Julianne COSSIN	FR	2:48.24	4/26/24	1.5	0.16	1.66
▶ 800m	39	Manar ELNOOR	FR	2:56.55	4/20/24	0.275	0.00	0.28
▶ 800m	45	Medina SCRIBNER	FR	3:01.96	4/7/24	0.125	0.00	0.13
▶ 1500m	37	Manar ELNOOR	FR	6:37.55	4/12/24	0.35	0.00	0.35
▶ 1500m	42	Shu Qi YANG	FR	7:49.90	3/24/24	0.2	0.00	0.20
▶ Steeple	7	Manar ELNOOR	FR	15:34.07	4/7/24	18	1.24	19.24
▶ Steeple	8	Emely PALACIOS	FR	17:41.14	4/26/24	16	0.08	16.08
▶ Steeple	9	Shu Qi YANG	FR	19:25.76	4/7/24	14	0.00	14.00
▶ 10,000m	15	Shu Qi YANG	FR	59:58.42	4/20/24	6	0.00	6.00
▶ 4x100	8	Kayla Hernandez, Medina Scribner, Isabel Torres, Julianne Cossin		56.84	4/26/24	16	0.25	16.25
▶ 4x400	9	Julianne Cossin, Kayla Hernandez, Sheila Da Silva, Medina Scribner		4:57.11	3/24/24	14	0.00	14.00
▶ 4x800	3	Manar Elnoor, Julianne Cossin, Sheila Da Silva, Shu Qi Yang		12:32.69	3/24/24	26	0.33	26.33
▶ HJ	17	Sheila DA SILVA	FR	1.25m 4-1¼	4/7/24	4.5	0.00	4.50
▶ HJ	17	Emely PALACIOS	FR	1.25m 4-1¼	4/7/24	D 2	0.00	2.00
▶ HJ	22	Isabel TORRES	FR	1.20m 3-11¼	4/12/24	2	0.00	2.00
▶ LJ	20	Julianne COSSIN	FR	4.26m 13-11¾ (0.1)	4/7/24	3	0.46	3.46
▶ LJ	25	Sheila DA SILVA	FR	4.03m 13-2¾ (0.6)	4/7/24	0.95	0.05	1.00
▶ LJ	26	Medina SCRIBNER	FR	4.00m 13-1½	4/26/24	0.9	0.00	TM-3

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

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D denotes multiple-event rule in affect

WOMEN — 2024 Week #6, May 1

9

Queensborough (N.Y.) CC

Region 15



1

LW: 10

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
► LJ	26	Ange COMPERE	SO	4.00mw 13-1½ (2.5)	4/7/24	0.9	0.00	0.90
► LJ	31	Isabel TORRES	FR	3.95m 12-11½ (0.0)	4/20/24	0.65	0.00	TM-5
► TJ	9	Julianne COSSIN	FR	9.32m 30-7	4/26/24	14	0.00	14.00
► SP	23	Isabel TORRES	FR	7.98m 26-2¼	4/20/24	1.5	0.13	1.63
► SP	24	Ange COMPERE	SO	7.84m 25-8¾	3/24/24	1	0.05	1.05
► SP	26	Emely PALACIOS	FR	7.17m 23-6¼	4/20/24	0.9	0.00	0.90
► HT	11	Ange COMPERE	SO	16.74m 54-11¼	4/20/24	10	0.00	10.00
► JAV	16	Isabel TORRES	FR	20.79m 68-2½	4/20/24	5	0.62	5.62
► JAV	21	Emely PALACIOS	FR	17.16m 56-3¾	4/7/24	D 2	0.09	2.09
► JAV	24	Ange COMPERE	SO	16.70m 54-9½	4/7/24	1	0.02	1.02

QUEENSBOROUGH (N.Y.) CC TFRI Team Total 212.30

10

Finger Lakes (N.Y.) CC

Region 3



1

LW: 9

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	6	Trinity ORTIZ	SO	12.82 (1.4)	4/20/24	D 2	2.14	4.14
▶ 100H	16	Juliette VENTURA	SO	19.69w (3.3)	4/13/24	D 2	1.05	3.05
▶ 200m	7	Trinity ORTIZ	SO	27.34w (2.1)	4/13/24	D 2	1.26	3.26
▶ 200m	37	Juliette VENTURA	SO	29.85 (1.9)	4/20/24	0.35	0.00	0.35
▶ 400m	37	Grace HOLMES	FR	1:12.74	4/13/24	0.35	0.00	0.35
▶ 800m	35	Megan CALDER	FR	2:53.54	4/7/24	0.45	0.00	0.45
▶ 800m	40	Morgan CHENEY	SO	2:57.17	4/20/24	0.25	0.00	0.25
▶ 800m	42	Juliette VENTURA	SO	2:59.90	4/13/24	0.2	0.00	0.20
▶ 1500m	24	Megan CALDER	FR	5:48.71	4/13/24	1	0.11	1.11
▶ 1500m	29	Morgan CHENEY	SO	5:56.42	4/7/24	0.75	0.00	0.75
▶ Steeple	5	Morgan CHENEY	SO	14:05.46	3/30/24	22	2.25	24.25
▶ HJ	4	Trinity ORTIZ	SO	1.54m 5-½	4/7/24	24	4.96	28.96
▶ HJ	10	Juliette VENTURA	SO	1.39m 4-6¾	4/13/24	D 2	0.00	2.00
▶ PV	7	Grace HOLMES	FR	2.20m 7-2½	4/7/24	18	0.00	18.00
▶ LJ	1	Trinity ORTIZ	SO	5.51m 18-1 (1.3)	4/19/24	30	4.43	34.43
▶ LJ	10	Juliette VENTURA	SO	4.79mw 15-8¾ (4.1)	4/7/24	D 2	1.43	3.43
▶ LJ	30	Grace HOLMES	FR	3.96m 13-0 (0.3)	3/30/24	0.7	0.00	0.70
▶ SP	14	Phallon RIVERA	FR	8.81m 28-11	4/7/24	7	0.65	7.65
▶ SP	21	Juliette VENTURA	SO	8.20m 26-11	4/20/24	D 2	0.27	2.27
▶ DISC	11	Phallon RIVERA	FR	24.57m 80-7½	3/30/24	10	1.10	11.10
▶ JAV	6	Juliette VENTURA	SO	27.92m 91-7¼	4/20/24	20	1.82	21.82
▶ JAV	27	Morgan CHENEY	SO	14.92m 48-11½	3/30/24	0.85	0.00	0.85
▶ HEPT	1	Juliette VENTURA	SO	2,880	4/13/24	30	4.77	34.77

FINGER LAKES (N.Y.) CC TFR/ Team Total 204.13

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN – 2024 Week #6, May 1

11

Springfield Tech (Mass.) CC

Region 21



1

LW: 12

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	5	Amia TODMAN		12.70 (-1.0)	3/16/24	22	2.46	24.46
▶ 100m	8	Macayla LOGAN		13.22 (-1.3)	3/16/24	16	1.09	17.09
▶ 200m	10	Macayla LOGAN		27.46 (0.2)	3/16/24	12	1.11	13.11
▶ LJ	12	Dejoue SEBASTINE		4.68m 15-4¼ (-0.9)	3/16/24	9	1.20	10.20
▶ SP	1	Savianna JOSEPH		12.39m 40-7¾	3/16/24	30	4.59	34.59
▶ SP	5	Romeeda DAVIS		10.64m 34-11	3/16/24	22	2.27	24.27
▶ SP	9	Makeda CHRISTOPHER		9.71m 31-10¼	3/16/24	14	1.23	15.23

SPRINGFIELD TECH (MASS.) CC TFRI Team Total	138.95
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12

Onondaga (N.Y.) CC

Region 3



1

LW: 11

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	21	Kaprice SIGLER	FR	13.66 (1.0)	4/7/24	D 2	0.38	2.38
► 100m	33	Justine BELL	FR	14.33 (-0.7)	4/13/24	0.55	0.00	0.55
► 100m	40	Deja-Monet COLEMAN	SO	14.68 (1.8)	4/7/24	0.25	0.00	0.25
► 100H	5	Justine BELL	FR	17.29 (2.0)	4/20/24	22	1.77	23.77
► 100H	9	Kaprice SIGLER	FR	17.86w (3.8)	4/13/24	14	1.51	15.51
► 100H	15	Abib MUSE	FR	19.63w (3.6)	4/7/24	6	1.06	7.06
► 200m	20	Kaprice SIGLER	FR	28.61 (-1.1)	4/7/24	D 2	0.26	2.26
► 200m	42	Abib MUSE	FR	30.19 (-0.1)	4/7/24	0.2	0.00	0.20
► 200m	50	Deja-Monet COLEMAN	SO	30.95 (-0.1)	4/7/24	0.01	0.00	0.01
► 400H	4	Kaprice SIGLER	FR	1:13.81	4/20/24	24	2.09	26.09
► 800m	46	Kaitlyn FICO	FR	3:02.66	4/7/24	0.1	0.00	0.10
► 1500m	32	Kaitlyn FICO	FR	6:04.46	4/20/24	0.6	0.00	0.60
► 1500m	39	Elizabeth KRAYNAK	SO	6:51.91	4/7/24	0.275	0.00	0.28
► 5000m	19	Elizabeth KRAYNAK	SO	26:07.66	4/13/24	3.5	0.00	3.50
► 10,000m	14	Elizabeth KRAYNAK	SO	53:32.11	4/20/24	7	0.00	7.00
► LJ	32	Deja-Monet COLEMAN	SO	3.94mw 12-11¼4 (2.5)	4/20/24	0.6	0.00	0.60
► DISC	1	Bryn WHITMAN	SO	40.28m 132-2	4/7/24	30	4.16	34.16
► JAV	10	Bryn WHITMAN	SO	25.91m 85-¼4	4/23/24	12	1.37	13.37

ONONDAGA (N.Y.) CC TFRI Team Total	137.69
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13

Herkimer County (N.Y.) CC

Region 3

unch

LW: 13

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	32	Asaria WRIGHT	SO	14.31w (2.1)	4/20/24	0.6	0.00	0.60
▶ 100m	45	Eleyna RIVAS	FR	15.11 (0.8)	3/30/24	0.125	0.00	0.13
▶ 100m	49	Vanessa ADDO	FR	15.35 (1.4)	4/20/24	0.025	0.00	0.03
▶ 200m	44	Eleyna RIVAS	FR	30.34 (-1.6)	4/13/24	0.15	0.00	0.15
▶ 200m	45	Alisea SCOTT	SO	30.43w (2.8)	4/6/24	0.125	0.00	0.13
▶ 400m	12	Alexis HEATH	FR	1:06.56	4/20/24	D 2	0.54	2.54
▶ 400m	19	Amelia BOWMAN-MCCOY	SO	1:07.99	4/13/24	D 2	0.26	2.26
▶ 400m	33	Eleyna RIVAS	FR	1:10.68	4/26/24	0.55	0.00	0.55
▶ 800m	3	Amelia BOWMAN-MCCOY	SO	2:30.05	4/20/24	26	2.16	28.16
▶ 800m	5	Alexis HEATH	FR	2:31.41	4/26/24	22	1.84	23.84
▶ 1500m	5	Alexis HEATH	FR	5:07.50	4/20/24	22	2.06	24.06
▶ 1500m	6	Amelia BOWMAN-MCCOY	SO	5:12.79	4/26/24	D 2	1.58	3.58
▶ 5000m	5	Amelia BOWMAN-MCCOY	SO	20:01.55	3/30/24	22	3.08	25.08
▶ 10,000m	5	Amelia BOWMAN-MCCOY	SO	44:07.36	4/6/24	D 2	2.71	4.71
▶ HJ	11	Eleyna RIVAS	FR	1.37m 4-6	4/6/24	10	0.00	10.00
▶ LJ	23	Eleyna RIVAS	FR	4.05m 13-3½ (0.4)	3/30/24	1.5	0.09	1.59
▶ LJ	28	Vanessa ADDO	FR	3.98m 13-¾ (0.7)	4/26/24	0.8	0.00	0.80
▶ SP	36	Kathleen MISENO-BOWLES	FR	5.51m 18-1	4/20/24	0.4	0.00	0.40
▶ DISC	24	Kathleen MISENO-BOWLES	FR	15.34m 50-4	4/20/24	1	0.02	1.02
▶ JAV	23	Kathleen MISENO-BOWLES	FR	16.89m 55-5	4/20/24	1.5	0.05	1.55

HERKIMER COUNTY (N.Y.) CC TFRI Team Total 131.15

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2024 Week #6, May 1

14

SUNY Broome CC

Region 3

unch

LW: 14

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	37	Ava SCHIFF	FR	14.57 (1.1)	4/20/24	0.35	0.00	0.35
► 100H	11	Ava SCHIFF	FR	18.54 (2.0)	4/20/24	10	1.33	11.33
► 200m	30	Aja JACKSON	SO	29.38 (-1.7)	4/20/24	0.7	0.00	0.70
► 400m	5	Aja JACKSON	SO	1:02.56	4/20/24	D 2	1.97	3.97
► 400m	38	Riley PRECOURT	FR	1:14.14	4/20/24	0.3	0.00	0.30
► 1500m	7	Aja JACKSON	SO	5:14.76	4/20/24	D 2	1.43	3.43
► 5000m	4	Aja JACKSON	SO	19:47.27	4/6/24	24	4.31	28.31
► 10,000m	1	Aja JACKSON	SO	42:18.21	3/30/24	30	7.17	37.17
► HJ	17	Ava SCHIFF	FR	1.25m 4-1¼	4/13/24	D 2	0.00	2.00
► LJ	21	Ava SCHIFF	FR	4.19m 13-9 (0.1)	3/30/24	D 2	0.34	2.34
► LJ	34	Riley PRECOURT	FR	3.29m 10-9½ (0.0)	4/20/24	0.5	0.00	0.50
► TJ	8	Ava SCHIFF	FR	9.75m 32-0 (1.2)	3/30/24	16	0.56	16.56
► SP	20	Ava SCHIFF	FR	8.23m 27-0	3/30/24	D 2	0.29	2.29
► SP	38	Riley PRECOURT	FR	5.09m 16-8½	4/20/24	0.3	0.00	0.30
► SP	41	Leivis ERAZO	FR	3.94m 12-11¼	3/30/24	0.225	0.00	0.23
► JAV	22	Riley PRECOURT	FR	17.01m 55-9¾	4/20/24	2	0.07	2.07
► JAV	25	Ava SCHIFF	FR	15.61m 51-2¾	4/13/24	0.95	0.00	0.95
► JAV	33	Leivis ERAZO	FR	9.69m 31-9½	4/13/24	0.55	0.00	0.55

SUNY BROOME CC TFRI Team Total 113.34

15

FIT (N.Y.)

Region 15

unch

LW: 15

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	27	Esther BABAFEMI	FR	14.12w (2.4)	4/20/24	0.85	0.00	0.85
► 100m	40	Sydney SNOW	FR	14.68w (2.4)	4/20/24	0.25	0.00	0.25
► 100m	42	Jennifer RUBIANO	SO	14.89w (2.4)	4/20/24	0.2	0.00	0.20
► 200m	43	Esther BABAFEMI	FR	30.20 (0.0)	4/27/24	0.175	0.00	0.18
► 800m	2	Kimiko QUAYLE	SO	2:23.31	4/27/24	28	3.86	31.86
► 800m	12	Kaylee LUPOWITZ	FR	2:40.33	4/27/24	9	0.72	9.72
► 800m	16	Maria TOVAR	FR	2:42.13	4/27/24	5	0.59	5.59
► 1500m	2	Kimiko QUAYLE	SO	4:49.58	4/27/24	28	4.19	32.19
► 1500m	15	Kaylee LUPOWITZ	FR	5:29.47	4/27/24	6	0.75	6.75

<i>FIT (N.Y.) TFR1 Team Total</i>	87.58
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16

Camden County (N.J.)

Region 19

unch

LW: 16

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	3	Kayla FRANKLIN	SO	11.60m 38-¾	3/30/24	26	3.38	29.38
► SP	32	Abigail SORIANO	FR	6.52m 21-4¾	3/30/24	0.6	0.00	0.60
► DISC	3	Kayla FRANKLIN	SO	34.59m 113-6	3/16/24	D 2	2.82	4.82
► DISC	23	Abigail SORIANO	FR	16.18m 53-1	3/30/24	1.5	0.12	1.62
► JAV	3	Kayla FRANKLIN	SO	32.20m 105-8	3/30/24	26	2.86	28.86

CAMDEN COUNTY (N.J.) TFRI Team Total 65.29

17

CC of Philadelphia (Pa.)

Region 19

unch

LW·17

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	7	Arieana HORTON	FR	13.11w (3.7)	3/29/24	18	1.37	19.37
▶ 100m	36	Ashley STEELE	SO	14.55 (1.1)	4/12/24	0.4	0.00	0.40
▶ 200m	12	Arieana HORTON	FR	27.58 (-0.6)	3/30/24	9	0.95	9.95
▶ 400m	14	Arieana HORTON	FR	1:06.84	4/6/24	D 2	0.49	2.49
▶ HJ	13	Ashley STEELE	SO	1.30m 4-3¼	4/12/24	8	0.00	8.00
▶ LJ	7	Ashley STEELE	SO	4.82m 15-9¾ (0.8)	3/30/24	18	1.53	19.53

CC OF PHILADELPHIA (PA.) TFR1 Team Total 59.74

18

St. Charles (Mo.) CC

Region 16

unch

LW: 18

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	19	Katie MAJORS	SO	13.59 (1.7)	4/20/24	D 2	0.46	2.46
► 100m	30	Dyamond JEWELL	FR	14.18w (2.9)	4/27/24	0.7	0.00	0.70
► 100m	44	Anita DZEREMO	FR	15.07w (2.9)	4/27/24	0.15	0.00	0.15
► 200m	28	Dyamond JEWELL	FR	29.03cw (29.48) (3.5)	4/27/24	0.8	0.00	0.80
► 200m	41	Anita DZEREMO	FR	30.00cw (30.46) (3.5)	4/27/24	0.225	0.00	0.23
► HJ	2	Katie MAJORS	SO	1.55m 5-1	3/30/24	28	5.59	33.59
► LJ	8	Katie MAJORS	SO	4.81m 15-9½ (-1.1)	4/5/24	16	1.50	17.50

ST. CHARLES (MO.) CC TFRI Team Total 55.43

National TFRI Team Summary



as of 5/7/24 5:22 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2024 Week #6, May 1

19 Bergen (N.J.) CC

unch
LW: 19

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	42	Fulya BILGIN	FR	1:14.95	4/26/24	0.2	0.00	0.20
► SP	10	Hannah OTTERSTEDT	FR	9.50m 31-2	3/30/24	12	1.07	13.07
► SP	29	Hilary VALDEZ	FR	6.97m 22-10½	4/26/24	0.75	0.00	0.75
► DISC	5	Hannah OTTERSTEDT	FR	31.10m 102-1	3/30/24	22	2.16	24.16
► DISC	18	Hilary VALDEZ	FR	19.39m 63-7½	3/30/24	4	0.49	4.49
BERGEN (N.J.) CC TFRI Team Total								42.68

20 **BMCC (N.Y.)**
Region 15

unch
LW: 20

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	36	Kylah HETMEYER	FR	1:11.87	4/7/24	0.4	0.00	0.40
▶ 400m	40	Maria GODOY FORNO DE STEIN		1:14.25	4/27/24	0.25	0.00	0.25
▶ 800m	27	Kylah HETMEYER	FR	2:50.70	4/27/24	0.85	0.00	0.85
▶ 1500m	40	An Ling ZHU		7:00.88	4/27/24	0.25	0.00	0.25
▶ 5000m	13	Lea REIMER	FR	22:11.80	4/7/24	8	0.00	8.00
▶ 10,000m	4	Lea REIMER	FR	43:31.47	3/24/24	24	3.99	27.99
BMCC (N.Y.) TFRI Team Total								37.74

21 Roxbury CC Region 21

unch
LW: 21

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► DISC	16	Agnessa LYSENKO	FR	20.29m	66-7	4/7/24	5 0.60	5.60
► HT	2	Agnessa LYSENKO	FR	33.18m	108-10	3/30/24	28 3.26	31.26
ROXBURY CC TFR1 Team Total								36.86

22 **Triton (Ill.)**
Region 4

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100H	3	Ava CONNERTY	FR	16.93 (-1.2)	4/25/24	26	1.99	27.99
TRITON (ILL.) TFRI Team Total								27.99

23 Nassau (N.Y.) CC
Region 15

1
LW: 24

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	14	Russo-Sanchez GIANNA	FR	13.46 (1.3)	4/13/24	7	0.62	7.62
▶ 100m	29	White D'AVE	FR	14.16 (1.3)	4/13/24	0.75	0.00	0.75
▶ 200m	18	Russo-Sanchez GIANNA	FR	28.26 (-1.9)	4/27/24	D 2	0.47	2.47
▶ 400m	17	Russo-Sanchez GIANNA	FR	1:07.46	4/7/24	4.5	0.36	4.86
▶ 400m	34	Ciarra PARRIAG	FR	1:11.48	4/20/24	0.5	0.00	0.50
NASSAU (N.Y.) CC TFRI Team Total								16.21

24 Valley Forge Military (Pa.) Region 19

2
LW: 22

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	39	Telia ROBINSON	SO	14.65w (2.7)	4/20/24	0.275	0.00	0.28
▶ 100m	46	Bethsaida MYRTHIL	FR	15.20 (1.5)	4/13/24	0.1	0.00	0.10
▶ 200m	48	Telia ROBINSON	SO	30.81 (1.5)	4/6/24	0.05	0.00	0.05
▶ 400m	41	Bethsaida MYRTHIL	FR	1:14.29	4/6/24	0.225	0.00	0.23
▶ 400m	45	Sofia TROLAND	SO	1:16.02	4/6/24	0.125	0.00	0.13
▶ 800m	36	Sofia TROLAND	SO	2:53.58	4/20/24	0.4	0.00	0.40
▶ 800m	50	Danielle HORNE	SO	3:17.04	4/13/24	0.01	0.00	0.01
▶ 1500m	25	Sofia TROLAND	SO	5:49.12	4/20/24	0.95	0.10	1.05
▶ 1500m	30	Hannah KOPEC	JR	6:01.20	4/20/24	0.7	0.00	0.70
▶ 1500m	35	Danielle HORNE	SO	6:19.84	4/20/24	0.45	0.00	0.45
▶ 1500m	41	Mariah LYON	FR	7:45.11	4/6/24	0.225	0.00	TM-4
▶ 4x400	10	Sofia Troland, Danielle Horne, Telia Robinson, Hannah Kopec		5:10.29	4/20/24	12	0.00	12.00
▶ SP	37	Danalis ALVARADO	FR	5.41m 17-9	4/6/24	0.35	0.00	0.35
VALLEY FORGE MILITARY (PA.) TFRI Team Total								15.96

