



Conference TFRI Team Summary



MEN — 2025 Checkpoint #2, February 4

CIAA			
Current	Team	Score	Last Week
1	Virginia Union	424.46	1
2	Claflin	408.25	3 ▲ 1
3	Virginia State	352.07	2 ▼ 1
4	Johnson C. Smith	289.18	4
5	Livingstone	219.83	5
6	Bowie State	204.58	6
7	Lincoln (Pa.)	88.53	7
8	Bluefield State	65.06	8

CONFERENCE CAROLINAS			
Current	Team	Score	Last Week
1	Mount Olive	512.33	1
2	UNC Pembroke	423.93	3 ▲ 1
3	Converse	332.95	2 ▼ 1
4	Belmont Abbey	311.84	4
5	Lees-McRae	173.24	8 ▲ 3
6	Southern Wesleyan (S	169.03	5 ▼ 1
7	Emmanuel (Ga.)	111.51	7
8	King	110.26	6 ▼ 2
9	North Greenville	95.81	11 ▲ 2
10	Barton	87.46	9 ▼ 1
11	Erskine	51.70	13 ▲ 2
12	Shorter	51.63	10 ▼ 2
13	Young Harris	46.12	12 ▼ 1

ECC			
Current	Team	Score	Last Week
1	Roberts Wesleyan	525.09	1
2	Holy Family (Pa.)	440.60	2
3	Felician	306.31	3
4	Georgian Court	259.45	4
5	Molloy	218.39	6 ▲ 1
6	St. Thomas Aquinas	195.95	7 ▲ 1
7	Staten Island	179.38	5 ▼ 2
8	Queens (N.Y.)	133.85	8
9	Daemen	113.39	9

GLIAC			
Current	Team	Score	Last Week
1	Grand Valley State	1230.61	1
2	Davenport (Mich.)	340.56	2
3	Saginaw Valley State	267.13	3
4	Purdue Northwest (In	191.29	4
5	UW-Parkside	166.49	5
6	Ferris State	163.43	6
7	Roosevelt (Ill.)	24.87	7
8	Lake Superior State	23.10	8

GLVC			
Current	Team	Score	Last Week
1	Lewis	522.50	1
2	Lincoln (Mo.)	404.38	2
3	Indianapolis	281.93	3
4	Maryville (Mo.)	220.78	4
5	Southwest Baptist	207.00	7 ▲ 2
6	Truman	196.05	6
7	Missouri S&T	179.03	5 ▼ 2
8	William Jewell	104.62	11 ▲ 3
9	Drury	96.50	8 ▼ 1
10	McKendree	92.99	9 ▼ 1
11	Illinois-Springfield	87.68	10 ▼ 1
12	Rockhurst	63.06	12
13	UMSL	32.51	13
14	Quincy (Ill.)	29.46	14

G-MAC			
Current	Team	Score	Last Week
1	Tiffin	623.29	2 ▲ 1
2	Ashland	560.12	1 ▼ 1
3	Findlay	390.23	3
4	Cedarville	206.88	4
5	Hillsdale	169.96	7 ▲ 2
6	Walsh	158.63	5 ▼ 1
7	Northwood (Mich.)	151.31	6 ▼ 1
8	Lake Erie	121.63	8
9	Malone	75.20	9
10	Ohio Dominican	39.08	10
11	Thomas More (Ky.)	26.05	11

GNAC			
Current	Team	Score	Last Week
1	Western Washington	758.13	1
2	Central Washington	332.04	3 ▲ 1
3	Western Oregon	318.65	2 ▼ 1
4	Simon Fraser	257.48	4
5	Northwest Nazarene	233.45	6 ▲ 1
6	Alaska Anchorage	194.70	5 ▼ 1
7	Montana St.-Billings	137.83	7
8	Seattle Pacific	108.62	8
9	Saint Martin's	58.00	9

GSC			
Current	Team	Score	Last Week
1	Alabama-Huntsville	901.20	1
2	Lee (Tenn.)	476.33	2
3	Mississippi College	422.43	3
4	Montevallo	355.24	4
5	Trevecca Nazarene	118.88	5
6	Christian Brothers	78.94	6

INDEPENDENTS			
Current	Team	Score	Last Week
1	Harding	468.03	1
2	Oklahoma Baptist	320.54	2
3	Florida Southern	269.80	3
4	Academy of Art	267.46	4
5	Azusa Pacific	206.79	5
6	Southern Arkansas	149.66	10 ▲ 4
7	Fresno Pacific	146.95	6 ▼ 1
8	CUI	112.62	7 ▼ 1
9	Cal State LA	112.26	8 ▼ 1
10	Ouachita Baptist	88.92	12 ▲ 2
11	Tampa	84.88	NR
12	Cal Poly Humboldt	84.14	9 ▼ 3
13	Goldey-Beacom	46.27	NR
14	Southern Nazarene	45.41	11 ▼ 3
15	Florida Tech	41.75	13 ▼ 2
16	Bridgeport	39.29	14 ▼ 2
17	Wilmington (Del.)	34.02	15 ▼ 2
18	Michigan Tech	18.70	16 ▼ 2
19	Vanguard (Calif.)	13.83	17 ▼ 2
20	Northwestern Oklaho	13.72	18 ▼ 2
21	Dominican (N.Y.)	2.45	NR
22	Saint Michael's	1.05	19 ▼ 3
23	Cheyney	0.50	21 ▼ 2

LONE STAR			
Current	Team	Score	Last Week
1	West Texas A&M	753.53	1
2	Texas A&M-Kingsville	313.55	2
3	Angelo State	297.94	5 ▲ 2
4	UT Tyler	286.26	3 ▼ 1
5	Dallas Baptist	178.60	4 ▼ 1
6	Eastern New Mexico	157.43	6
7	Lubbock Christian	153.85	7
8	Oklahoma Christian	141.32	8
9	St. Edward's	52.69	9
10	Cameron	0.20	NR

MIAA			
Current	Team	Score	Last Week
1	Pittsburg State	693.34	1
2	Northwest Missouri	385.59	3 ▲ 1
3	Washburn	327.31	2 ▼ 1
4	Missouri Southern	260.91	6 ▲ 2
5	Emporia State	241.82	5
6	Fort Hays State	237.70	4 ▼ 2
7	Central Missouri	193.00	7
8	Neb.-Kearney	149.24	8
9	Missouri Western	45.90	9
10	Rogers State	43.34	10



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MOUNTAIN EAST

Current	Team	Score	Last Week
1	Charleston (W.Va.)	438.47	1
2	Davis and Elkins	333.27	6 ▲ 4
3	West Liberty State	297.73	2 ▼ 1
4	West Virginia State	296.96	5 ▲ 1
5	Frostburg State	290.83	3 ▼ 2
6	West Virginia Wesleyan	264.46	7 ▲ 1
7	Point Park (Pa.)	260.81	4 ▼ 3
8	Glenville State	169.01	8
9	Concord	165.65	9
10	Wheeling	51.41	10

NORTHEAST-10

Current	Team	Score	Last Week
1	Southern Connecticut	568.19	1
2	New Haven	465.89	2
3	Franklin Pierce	339.48	4 ▲ 1
4	Adelphi	334.22	5 ▲ 1
5	Assumption	293.31	3 ▼ 2
6	Saint Anselm	197.57	6
7	American International	128.39	8 ▲ 1
8	Bentley	128.24	7 ▼ 1

NSIC

Current	Team	Score	Last Week
1	Minnesota State	789.77	1
2	Northern State	294.67	3 ▲ 1
3	U-Mary	278.02	2 ▼ 1
4	Concordia-St. Paul	239.43	6 ▲ 2
5	Sioux Falls	223.60	4 ▼ 1
6	Minnesota Duluth	186.80	5 ▼ 1
7	Augustana (S.D.)	181.20	9 ▲ 2
8	MSU Moorhead	167.63	7 ▼ 1
9	Wayne State (Neb.)	154.46	8 ▼ 1
10	Southwest Minnesota	91.13	10
11	Minot State	25.02	11

PBC

Current	Team	Score	Last Week
1	Embry-Riddle (Fla.)	924.95	1
2	Flagler	603.81	3 ▲ 1
3	USC Beaufort (S.C.)	330.37	2 ▼ 1
4	Clayton State	189.35	4
5	Lander	165.31	5

PSAC

Current	Team	Score	Last Week
1	East Stroudsburg	489.84	2 ▲ 1
2	Shippensburg	473.66	1 ▼ 1
3	Slippery Rock	431.29	3
4	Kutztown	301.82	5 ▲ 1
5	Lock Haven	266.14	4 ▼ 1
6	West Chester	187.55	6
7	Seton Hill	171.87	7
8	California (Pa.)	111.52	9 ▲ 1
9	Indiana (Pa.)	107.31	8 ▼ 1
10	Bloomsburg	93.89	11 ▲ 1
11	Pitt Johnstown	50.61	10 ▼ 1
12	Mansfield	13.64	12

RMAC

Current	Team	Score	Last Week
1	UC-Colorado Springs	592.12	1
2	Colo. School of Mines	559.09	2
3	Adams State	308.56	3
4	CSU Pueblo	207.72	6 ▲ 2
5	Chadron State	194.41	5
6	Colorado Mesa	175.72	4 ▼ 2
7	Western Colorado	132.60	10 ▲ 3
8	MSU Denver	125.29	8
9	Black Hills State	114.79	7 ▼ 2
10	South Dakota Mines	99.74	9 ▼ 1
11	Fort Lewis	47.91	13 ▲ 2
12	Westminster (Utah)	30.34	11 ▼ 1
13	Colorado Christian	21.59	12 ▼ 1

SAC

Current	Team	Score	Last Week
1	Wingate	704.22	1
2	Lenoir-Rhyne	393.17	2
3	Carson-Newman	252.97	3
4	Limestone	213.52	4
5	Tusculum	192.14	6 ▲ 1
6	Anderson (S.C.)	183.00	5 ▼ 1
7	Mars Hill	136.26	9 ▲ 2
8	Catawba	128.91	7 ▼ 1
9	Newberry	120.73	8 ▼ 1
10	Emory and Henry	90.16	10
11	Coker	67.21	12 ▲ 1
12	UVa-Wise	64.66	13 ▲ 1
13	Lincoln Memorial	57.44	11 ▼ 2

SIAC

Current	Team	Score	Last Week
1	Morehouse	594.17	1
2	Benedict	333.52	5 ▲ 3
3	Tuskegee	320.24	2 ▼ 1
4	Central State	290.14	4
5	Kentucky State	265.60	3 ▼ 2
6	Allen (S.C.)	163.38	6
7	LeMoyne-Owen	115.41	7