



Conference TFRI Team Summary



MEN — 2025 Checkpoint #3, February 11

CIAA			
Current	Team	Score	Last Week
1	Virginia Union	484.52	1
2	Claflin	396.87	2
3	Virginia State	344.99	3
4	Johnson C. Smith	275.62	4
5	Livingstone	252.73	5
6	Bowie State	192.80	6
7	Lincoln (Pa.)	104.26	7
8	Bluefield State	67.93	8

CONFERENCE CAROLINAS			
Current	Team	Score	Last Week
1	Mount Olive	494.41	1
2	UNC Pembroke	387.11	2
3	Converse	372.12	3
4	Belmont Abbey	317.74	4
5	Southern Wesleyan (S	203.54	6 ▲ 1
6	Lees-McRae	187.92	5 ▼ 1
7	Emmanuel (Ga.)	99.33	7
8	North Greenville	91.83	9 ▲ 1
9	King	91.70	8 ▼ 1
10	Barton	85.57	10
11	Shorter	80.57	12 ▲ 1
12	Erskine	55.54	11 ▼ 1
13	Young Harris	43.25	13

ECC			
Current	Team	Score	Last Week
1	Roberts Wesleyan	541.64	1
2	Holy Family (Pa.)	431.17	2
3	Felician	316.90	3
4	Georgian Court	259.43	4
5	St. Thomas Aquinas	211.37	6 ▲ 1
6	Molloy	206.43	5 ▼ 1
7	Staten Island	178.91	7
8	Queens (N.Y.)	132.17	8
9	Daemen	108.29	9

GLIAC			
Current	Team	Score	Last Week
1	Grand Valley State	1264.40	1
2	Davenport (Mich.)	334.55	2
3	Saginaw Valley State	255.86	3
4	UW-Parkside	193.19	5 ▲ 1
5	Purdue Northwest (In	186.32	4 ▼ 1
6	Ferris State	152.38	6
7	Roosevelt (Ill.)	26.03	7
8	Lake Superior State	19.17	8

GLVC			
Current	Team	Score	Last Week
1	Lewis	480.57	1
2	Lincoln (Mo.)	440.96	2
3	Indianapolis	291.07	3
4	Southwest Baptist	235.33	5 ▲ 1
5	Maryville (Mo.)	206.15	4 ▼ 1
6	Truman	185.92	6
7	Missouri S&T	173.35	7
8	Drury	157.39	9 ▲ 1
9	William Jewell	91.13	8 ▼ 1
10	Illinois-Springfield	87.57	11 ▲ 1
11	McKendree	77.45	10 ▼ 1
12	UMSL	53.28	13 ▲ 1
13	Quincy (Ill.)	49.91	14 ▲ 1
14	Rockhurst	48.97	12 ▼ 2

G-MAC			
Current	Team	Score	Last Week
1	Ashland	616.17	2 ▲ 1
2	Tiffin	606.80	1 ▼ 1
3	Findlay	398.36	3
4	Cedarville	219.56	4
5	Walsh	168.42	6 ▲ 1
6	Northwood (Mich.)	167.58	7 ▲ 1
7	Hillsdale	156.42	5 ▼ 2
8	Lake Erie	129.84	8
9	Malone	100.73	9
10	Ohio Dominican	39.36	10
11	Thomas More (Ky.)	12.65	11

GNAC			
Current	Team	Score	Last Week
1	Western Washington	691.49	1
2	Central Washington	360.06	2
3	Western Oregon	345.27	3
4	Simon Fraser	275.41	4
5	Northwest Nazarene	255.27	5
6	Alaska Anchorage	185.35	6
7	Montana St.-Billings	122.14	7
8	Saint Martin's	92.71	9 ▲ 1
9	Seattle Pacific	91.52	8 ▼ 1

GSC			
Current	Team	Score	Last Week
1	Alabama-Huntsville	845.41	1
2	Lee (Tenn.)	564.28	2
3	Mississippi College	417.05	3
4	Montevallo	370.82	4
5	Trevecca Nazarene	170.63	5
6	Christian Brothers	62.25	6

INDEPENDENTS			
Current	Team	Score	Last Week
1	Harding	424.70	1
2	Oklahoma Baptist	293.95	2
3	Azusa Pacific	273.79	5 ▲ 2
4	Florida Southern	258.37	3 ▼ 1
5	Academy of Art	243.62	4 ▼ 1
6	Fresno Pacific	169.50	7 ▲ 1
7	Southern Arkansas	136.34	6 ▼ 1
8	CUI	105.68	8
9	Tampa	98.29	11 ▲ 2
10	Cal State LA	98.02	9 ▼ 1
11	Cal Poly Humboldt	95.78	12 ▲ 1
12	Northwestern Oklaho	94.93	20 ▲ 8
13	Ouachita Baptist	70.26	10 ▼ 3
14	Florida Tech	43.04	15 ▲ 1
15	Wilmington (Del.)	41.68	17 ▲ 2
16	Goldey-Beacom	37.22	13 ▼ 3
17	Southern Nazarene	30.11	14 ▼ 3
18	Bridgeport	26.33	16 ▼ 2
19	Savannah State	25.47	NR
20	Michigan Tech	14.41	18 ▼ 2
21	Vanguard (Calif.)	10.53	19 ▼ 2
22	Dominican (N.Y.)	1.99	21 ▼ 1
23	Saint Michael's	0.80	22 ▼ 1
24	UPR Rio Piedras	0.05	NR
25	Cheyney	0.02	23 ▼ 2

LONE STAR			
Current	Team	Score	Last Week
1	West Texas A&M	750.54	1
2	Texas A&M-Kingsville	350.01	2
3	Angelo State	295.38	3
4	UT Tyler	281.57	4
5	Dallas Baptist	168.06	5
6	Lubbock Christian	150.44	7 ▲ 1
7	Eastern New Mexico	149.29	6 ▼ 1
8	Oklahoma Christian	133.09	8
9	St. Edward's	98.64	9
10	Cameron	0.20	10

MIAA			
Current	Team	Score	Last Week
1	Pittsburg State	720.29	1
2	Northwest Missouri	413.13	2
3	Washburn	302.75	3
4	Missouri Southern	294.70	4
5	Emporia State	230.78	5
6	Fort Hays State	209.08	6
7	Central Missouri	199.62	7
8	Neb.-Kearney	182.45	8
9	Missouri Western	55.78	9
10	Rogers State	30.50	10



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MOUNTAIN EAST

Current	Team	Score	Last Week
1	Charleston (W.Va.)	504.88	1
2	Davis and Elkins	326.74	2
3	West Liberty State	292.52	3
4	West Virginia State	273.54	4
5	Frostburg State	268.72	5
6	West Virginia Wesleyan	265.06	6
7	Point Park (Pa.)	237.16	7
8	Concord	175.33	9 ▲ 1
9	Glenville State	151.27	8 ▼ 1
10	Wheeling	56.62	10

NORTHEAST-10

Current	Team	Score	Last Week
1	Southern Connecticut	596.60	1
2	New Haven	447.30	2
3	Franklin Pierce	341.21	3
4	Adelphi	319.64	4
5	Assumption	300.01	5
6	Saint Anselm	196.09	6
7	Bentley	148.48	8 ▲ 1
8	American International	127.13	7 ▼ 1

NSIC

Current	Team	Score	Last Week
1	Minnesota State	767.66	1
2	Northern State	257.04	2
3	U-Mary	253.60	3
4	Augustana (S.D.)	242.95	7 ▲ 3
5	Concordia-St. Paul	237.49	4 ▼ 1
6	Wayne State (Neb.)	221.76	9 ▲ 3
7	Minnesota Duluth	184.90	6 ▼ 1
8	Sioux Falls	182.06	5 ▼ 3
9	MSU Moorhead	175.04	8 ▼ 1
10	Southwest Minnesota	100.66	10
11	Minot State	18.34	11

PBC

Current	Team	Score	Last Week
1	Embry-Riddle (Fla.)	918.90	1
2	Flagler	643.38	2
3	USC Beaufort (S.C.)	324.68	3
4	Lander	190.43	5 ▲ 1
5	Clayton State	171.22	4 ▼ 1

PSAC

Current	Team	Score	Last Week
1	Shippensburg	523.78	2 ▲ 1
2	East Stroudsburg	485.66	1 ▼ 1
3	Slippery Rock	435.84	3
4	Kutztown	291.35	4
5	Lock Haven	242.77	5
6	West Chester	164.32	6
7	Seton Hill	161.53	7
8	California (Pa.)	109.22	8
9	Bloomsburg	98.56	10 ▲ 1
10	Indiana (Pa.)	90.24	9 ▼ 1
11	Pitt Johnstown	69.30	11
12	Mansfield	21.27	12

RMAC

Current	Team	Score	Last Week
1	UC-Colorado Springs	583.26	1
2	Colo. School of Mines	555.92	2
3	Adams State	292.36	3
4	Chadron State	253.80	5 ▲ 1
5	CSU Pueblo	198.67	4 ▼ 1
6	Colorado Mesa	162.63	6
7	Western Colorado	132.11	7
8	MSU Denver	115.33	8
9	Black Hills State	114.74	9
10	South Dakota Mines	97.56	10
11	Fort Lewis	43.34	11
12	Westminster (Utah)	30.31	12
13	Colorado Christian	21.59	13

SAC

Current	Team	Score	Last Week
1	Wingate	749.37	1
2	Lenoir-Rhyne	389.39	2
3	Carson-Newman	279.73	3
4	Limestone	198.91	4
5	Anderson (S.C.)	196.27	6 ▲ 1
6	Tusculum	196.24	5 ▼ 1
7	Mars Hill	127.55	7
8	Catawba	122.82	8
9	Newberry	109.20	9
10	Emory and Henry	98.21	10
11	Coker	64.55	11
12	UVa-Wise	57.24	12
13	Lincoln Memorial	49.00	13

SIAC

Current	Team	Score	Last Week
1	Morehouse	549.72	1
2	Tuskegee	358.55	3 ▲ 1
3	Benedict	326.18	2 ▼ 1
4	Central State	292.59	4
5	Kentucky State	288.06	5
6	Allen (S.C.)	176.47	6
7	LeMoyne-Owen	114.39	7