



Conference TFRI Team Summary



MEN — 2025 Checkpoint #3, February 11

AMERICAN RIVERS			
Current	Team	Score	Last Week
1	Wartburg	827.49	1
2	Loras	422.13	2
3	Nebraska Wesleyan	388.65	4 ▲ 1
4	Dubuque	364.76	3 ▼ 1
5	Central (Iowa)	250.34	5
6	Simpson (Iowa)	165.41	6
7	Buena Vista	80.15	7
8	Coe	43.79	8
9	Luther	17.26	9

C2C			
Current	Team	Score	Last Week
1	Christopher Newport	752.41	1
2	Salisbury	694.02	2
3	Mary Washington	297.91	3
4	UC Santa Cruz	270.92	NR

CCIW			
Current	Team	Score	Last Week
1	North Central (Ill.)	751.28	1
2	Illinois Wesleyan	371.15	2
3	Augustana (Ill.)	292.27	5 ▲ 2
4	Millikin	287.30	4
5	Carthage	275.83	3 ▼ 2
6	Wheaton (Ill.)	146.31	8 ▲ 2
7	Elmhurst	140.61	6 ▼ 1
8	North Park	92.62	7 ▼ 1
9	Carroll (Wis.)	69.53	9

CCS			
Current	Team	Score	Last Week
1	Piedmont	590.11	1
2	Covenant	370.30	2
3	Belhaven (Miss.)	303.37	3
4	Huntingdon (Ala.)	295.12	4

CENTENNIAL			
Current	Team	Score	Last Week
1	Johns Hopkins	756.22	1
2	Ursinus	455.32	2
3	Dickinson	247.51	3
4	Haverford	203.38	4
5	Muhlenberg	182.98	8 ▲ 3
6	Swarthmore	162.13	6
7	Gettysburg	156.18	7
8	McDaniel	149.14	5 ▼ 3
9	Franklin & Marshall	127.75	9

CUNYAC			
Current	Team	Score	Last Week
1	Medgar Evers	706.37	1
2	Hunter	518.98	2
3	Lehman	228.36	3
4	York (N.Y.)	133.09	4

EMPIRE 8			
Current	Team	Score	Last Week
1	SUNY Brockport	713.37	1
2	SUNY Geneseo	707.86	2
3	Utica	381.99	3
4	St. John Fisher	318.52	4
5	Nazareth	222.03	5
6	Houghton	102.89	6
7	Hartwick	45.11	7
8	Alfred	44.57	8
9	Sage Colleges	8.63	9

GNAC			
Current	Team	Score	Last Week
1	Saint Joseph's (Maine)	719.47	1
2	Suffolk	512.10	2
3	Regis (Mass.)	326.12	3
4	Lasell	173.58	5 ▲ 1
5	Colby-Sawyer	167.14	4 ▼ 1
6	Emmanuel (Mass.)	145.95	6

HCAC			
Current	Team	Score	Last Week
1	Rose-Hulman	681.33	1
2	Manchester	417.64	2
3	Hanover	279.38	3
4	Mount St. Joseph	223.57	4
5	Franklin	157.35	6 ▲ 1
6	Berea (Ky.)	115.00	5 ▼ 1
7	Anderson (Ind.)	106.80	8 ▲ 1
8	Bluffton	104.99	9 ▲ 1
9	Transylvania	100.04	7 ▼ 2
10	Earlham	54.33	10

INDEPENDENT			
Current	Team	Score	Last Week
1	MIT	422.58	1
2	Bates	211.54	4 ▲ 2
3	Amherst	182.68	2 ▼ 1
4	Williams	163.80	5 ▲ 1
5	Tufts	163.15	7 ▲ 2
6	Middlebury	161.33	3 ▼ 3
7	McMurry	133.44	6 ▼ 1
8	Bowdoin	129.16	11 ▲ 3
9	Colby	93.87	9
10	Puget Sound	78.09	10
11	Springfield (Mass.)	69.59	8 ▼ 3
12	Redlands (Calif.)	64.54	12
13	Wesleyan (Conn.)	64.07	13
14	WPI	61.71	14
15	Wheaton (Mass.)	54.93	30 ▲ 15
16	Hartford	51.14	15 ▼ 1
17	Connecticut College	50.52	17
18	Whitworth	45.67	18
19	SUNY Delhi	44.46	16 ▼ 3
20	Texas Lutheran	43.28	25 ▲ 5
21	Marywood	39.75	19 ▼ 2
22	Trinity (Conn.)	31.02	21 ▼ 1
23	Coast Guard	30.59	22 ▼ 1
24	Merchant Marine Aca	27.44	24
25	Southwestern (Texas)	27.14	37 ▲ 12
26	Pomona-Pitzer	26.77	23 ▼ 3
27	Wentworth (Mass.)	25.83	34 ▲ 7
28	Colorado College	23.75	26 ▼ 2
29	Hardin-Simmons	23.60	27 ▼ 2
30	LeTourneau	21.89	28 ▼ 2
31	UMaine Farmington	19.89	20 ▼ 11
32	Claremont-Mudd-Scri	18.93	29 ▼ 3
33	St. Thomas (Texas)	18.36	33
34	La Verne	16.53	31 ▼ 3
35	Trinity (Texas)	15.25	38 ▲ 3
36	Thomas (Maine)	11.97	35 ▼ 1
37	Pacific Lutheran	10.31	32 ▼ 5
38	Asbury (Ky.)	9.06	45 ▲ 7
39	Occidental	7.07	40 ▲ 1
40	Linfield	6.96	36 ▼ 4
41	Gordon (Mass.)	3.89	39 ▼ 2
42	George Fox	3.86	NR
43	Pacific (Ore.)	3.24	43
44	Maryville (Tenn.)	1.68	44
45	Husson	1.62	41 ▼ 4
46	Hamilton	1.34	42 ▼ 4
47	UT Dallas	0.60	49 ▲ 2
48	Babson	0.40	46 ▼ 2
49	Nichols	0.30	NR



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50	Marymount (Va.)	0.14	47 ▼3
51	Caltech	0.07	48 ▼3
52	Dallas	0.02	NR
53	Gwynedd Mercy	0.01	50 ▼3

LANDMARK

Current	Team	Score	Last Week
1	Susquehanna	720.30	1
2	Moravian	462.80	2
3	Catholic (D.C.)	406.35	3
4	Elizabethtown	228.57	4
5	Scranton	168.09	5
6	Drew	145.96	6
7	Goucher	128.43	7
8	Juniata	125.10	8

LIBERTY LEAGUE

Current	Team	Score	Last Week
1	RPI	798.09	1
2	Rochester (N.Y.)	659.70	2
3	RIT	330.24	3
4	Ithaca	276.28	4
5	St. Lawrence	235.11	5
6	Union (N.Y.)	155.72	6
7	Vassar	61.38	7

LITTLE EAST

Current	Team	Score	Last Week
1	Southern Maine	508.89	1
2	UMass Dartmouth	430.01	2
3	Keene State	352.81	3
4	Eastern Connecticut S	331.08	4
5	Plymouth State	278.45	5
6	Rhode Island College	232.33	6
7	Castleton	110.90	7
8	Western Connecticut	69.26	9 ▲1
9	UMass Boston	57.68	8 ▼1

MAC

Current	Team	Score	Last Week
1	Lebanon Valley	436.00	1
2	Misericordia	286.95	2
3	Messiah	274.98	3
4	Stevens	244.33	5 ▲1
5	Widener	241.69	4 ▼1
6	Eastern (Pa.)	208.25	6
7	Arcadia	171.42	7
8	York (Pa.)	164.81	8
9	DeSales	154.42	9
10	King's College (Pa.)	128.96	10
11	Alvernia	89.26	11
12	Stevenson	78.08	12
13	Delaware Valley	41.17	15 ▲2
14	FDU Florham	36.86	13 ▼1
15	Hood	25.77	14 ▼1
16	Albright	2.24	16

MASCAC

Current	Team	Score	Last Week
1	Bridgewater State	922.49	1
2	Westfield State	557.63	2
3	Fitchburg State	376.72	3
4	Worcester State	213.47	4

MIAA

Current	Team	Score	Last Week
1	Trine	668.40	1
2	Hope	492.70	2
3	Calvin	391.52	3
4	Albion	245.91	6 ▲2
5	Olivet	244.53	4 ▼1
6	Adrian	207.02	5 ▼1
7	Alma	88.07	7

MIAC

Current	Team	Score	Last Week
1	Bethel (Minn.)	519.16	2 ▲1
2	Saint John's (Minn.)	395.82	3 ▲1
3	St. Olaf	392.10	1 ▼2
4	St. Scholastica	229.28	4
5	Concordia Moorhead	216.99	5
6	Macalester	209.74	7 ▲1
7	Gustavus Adolphus	169.61	6 ▼1
8	Carleton	151.31	8
9	Hamline	120.57	9
10	Saint Mary's (Minn.)	80.82	10
11	Augsburg	46.04	11

MWC

Current	Team	Score	Last Week
1	Monmouth (Ill.)	374.97	1
2	Ripon	362.11	2
3	Grinnell	328.44	3
4	Cornell College	320.65	4
5	Illinois College	303.05	5
6	Beloit	207.43	6
7	Lawrence	190.16	7
8	Lake Forest	73.68	8
9	Knox	68.81	9

NACC

Current	Team	Score	Last Week
1	MSOE	687.82	1
2	St. Norbert	528.98	2
3	Benedictine (Ill.)	307.18	3
4	Aurora	248.66	4
5	Concordia Chicago	203.73	6 ▲1
6	Concordia Wisconsin	192.00	5 ▼1
7	Illinois Tech	129.26	8 ▲1
8	Wisconsin Lutheran	106.78	7 ▼1
9	Edgewood	39.69	9
10	Lakeland (Wis.)	11.84	NR
11	Dominican (Ill.)	6.88	10 ▼1
12	Marian (Wis.)	3.50	11 ▼1

NCAC

Current	Team	Score	Last Week
1	Wittenberg	473.42	1
2	Wabash	441.27	2
3	Denison	356.35	3
4	Ohio Wesleyan	319.12	4
5	Oberlin	297.09	5
6	DePauw	291.33	6
7	Wooster	128.52	7
8	Kenyon	115.37	8
9	Hiram	61.77	9

NJAC

Current	Team	Score	Last Week
1	Rowan	960.65	1
2	TCNJ	642.34	2
3	Farmingdale State	215.91	3
4	Stockton	210.53	4
5	Ramapo	116.09	5
6	Montclair State	112.41	6
7	Rutgers-Camden	75.06	7
8	New Jersey City	44.78	8
9	Rutgers-Newark	36.18	9



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OAC

Current	Team	Score	Last Week
1	Mount Union	633.16	1
2	Baldwin Wallace	472.32	2
3	Ohio Northern	369.33	3
4	John Carroll	315.71	4
5	Otterbein	252.65	6 ▲ 1
6	Wilmington (Ohio)	214.01	5 ▼ 1
7	Muskingum	90.05	8 ▲ 1
8	Capital	79.47	7 ▼ 1
9	Marietta	73.69	10 ▲ 1
10	Heidelberg	62.28	9 ▼ 1

ODAC

Current	Team	Score	Last Week
1	Lynchburg	707.80	1
2	Washington and Lee	370.23	2
3	Roanoke	274.00	3
4	Bridgewater (Va.)	255.31	4
5	Virginia Wesleyan	222.44	5
6	Randolph	222.28	6
7	Ferrum	118.66	8 ▲ 1
8	Eastern Mennonite	116.97	7 ▼ 1
9	Shenandoah	97.09	9
10	Averett	22.37	10
11	Guilford	4.87	11
12	Hampden-Sydney	1.45	NR

PAC

Current	Team	Score	Last Week
1	Grove City	401.13	1
2	Washington & Jeffers	370.56	2
3	Allegheny (Pa.)	315.91	3
4	Westminster (Pa.)	278.84	4
5	Geneva	241.10	6 ▲ 1
6	Saint Vincent	208.41	5 ▼ 1
7	Waynesburg	169.05	7
8	Bethany (W.Va.)	126.33	9 ▲ 1
9	Franciscan	122.74	8 ▼ 1
10	Chatham	61.63	10
11	Thiel	56.03	11

SAA

Current	Team	Score	Last Week
1	Centre	824.68	1
2	Berry	365.32	2
3	Oglethorpe	291.71	3
4	Rhodes	287.88	5 ▲ 1
5	Univ. of the South	159.20	4 ▼ 1

SLIAC

Current	Team	Score	Last Week
1	Greenville	620.08	1
2	Webster	478.02	2
3	Principia	282.81	4 ▲ 1
4	Spalding	248.50	3 ▼ 1
5	Mississippi Univ. for W	200.48	5
6	Lyon (Ark.)	120.75	6
7	Eureka	61.23	7
8	Westminster (Mo.)	52.28	8
9	Blackburn	44.36	9
10	Fontbonne	5.02	10

SUNYAC

Current	Team	Score	Last Week
1	SUNY Cortland	984.14	1
2	SUNY Oneonta	434.69	2
3	Fredonia	238.52	3
4	Buffalo State	197.68	4
5	Penn State Behrend	196.15	NR
6	Alfred State	140.00	5 ▼ 1
7	SUNY Plattsburgh	132.79	6 ▼ 1
8	SUNY Oswego	85.56	7 ▼ 1
9	SUNY Morrisville	10.19	NR
10	SUNY Potsdam	9.59	8 ▼ 2

UAA

Current	Team	Score	Last Week
1	Chicago	552.34	1
2	Emory	530.25	2
3	Carnegie Mellon	436.36	3
4	Washington (Mo.)	401.49	4
5	Case Western Reserve	231.44	6 ▲ 1
6	NYU	213.44	5 ▼ 1
7	Brandeis	86.68	7

UEC

Current	Team	Score	Last Week
1	St. Mary's (Md.)	639.31	2 ▲ 1
2	Penn State Harrisbur	450.61	4 ▲ 2
3	Lancaster Bible	384.39	3
4	Gallaudet	241.87	6 ▲ 2
5	Carlow (Pa.)	139.55	5

UMAC

Current	Team	Score	Last Week
1	UW-Superior	805.09	1
2	Martin Luther	506.56	2
3	Crown	258.93	3
4	Minnesota Morris	145.84	5 ▲ 1
5	North Central (Minn.)	133.71	4 ▼ 1
6	Bethany Lutheran	68.72	6
7	Northwestern-St. Pau	63.95	7

USA SOUTH

Current	Team	Score	Last Week
1	Pfeiffer	600.81	2 ▲ 1
2	Methodist	520.36	1 ▼ 1
3	Southern Virginia	496.70	3
4	Brevard (N.C.)	251.94	4
5	Mary Baldwin	70.16	5
6	North Carolina Wesle	43.59	6

WIAC

Current	Team	Score	Last Week
1	UW-La Crosse	771.25	2 ▲ 1
2	UW-Oshkosh	650.79	1 ▼ 1
3	UW-Eau Claire	276.77	4 ▲ 1
4	UW-Whitewater	235.60	3 ▼ 1
5	UW-Stout	164.80	5
6	UW-Platteville	153.42	6
7	UW-Stevens Point	145.95	8 ▲ 1
8	UW-River Falls	134.91	7 ▼ 1