



Conference TFRI Team Summary



MEN — 2025 Checkpoint #6, March 4

AMERICAN RIVERS

Current	Team	Score	Last Week
1	Wartburg	848.87	1
2	Dubuque	435.09	2
3	Loras	387.46	3
4	Nebraska Wesleyan	328.08	4
5	Central (Iowa)	310.49	5
6	Simpson (Iowa)	184.77	6
7	Buena Vista	73.86	7
8	Coe	42.53	8
9	Luther	28.98	9

C2C

Current	Team	Score	Last Week
1	Christopher Newport	735.81	1
2	Salisbury	623.06	2
3	UC Santa Cruz	478.98	3
4	Mary Washington	251.55	4

CCIW

Current	Team	Score	Last Week
1	North Central (Ill.)	765.99	1
2	Illinois Wesleyan	429.12	2
3	Augustana (Ill.)	327.46	3
4	Millikin	294.64	4
5	Carthage	280.29	5
6	Wheaton (Ill.)	163.15	6
7	Elmhurst	153.14	7
8	Carroll (Wis.)	83.26	9 ▲ 1
9	North Park	82.54	8 ▼ 1

CCS

Current	Team	Score	Last Week
1	Piedmont	704.01	1
2	Covenant	366.91	2
3	Huntingdon (Ala.)	315.33	3
4	Belhaven (Miss.)	271.40	4

CENTENNIAL

Current	Team	Score	Last Week
1	Johns Hopkins	750.49	1
2	Ursinus	463.60	2
3	Dickinson	271.39	3
4	Haverford	222.10	4
5	Muhlenberg	214.34	5
6	Swarthmore	189.96	6
7	Gettysburg	188.76	7
8	McDaniel	164.33	8
9	Franklin & Marshall	130.53	9

CUNYAC

Current	Team	Score	Last Week
1	Medgar Evers	711.61	1
2	Hunter	541.79	2
3	Lehman	247.01	3
4	York (N.Y.)	145.36	4

EMPIRE 8

Current	Team	Score	Last Week
1	SUNY Geneseo	776.96	1
2	SUNY Brockport	700.78	2
3	Utica	347.13	3
4	St. John Fisher	317.97	4
5	Nazareth	262.08	5
6	Houghton	104.27	6
7	Alfred	54.77	7
8	Hartwick	32.59	8
9	Sage Colleges	10.67	9

GNAC

Current	Team	Score	Last Week
1	Saint Joseph's (Maine)	705.87	1
2	Suffolk	525.53	2
3	Regis (Mass.)	365.69	3
4	Lasell	186.06	4
5	Colby-Sawyer	168.22	5
6	Emmanuel (Mass.)	161.28	6

HCAC

Current	Team	Score	Last Week
1	Rose-Hulman	634.79	1
2	Manchester	460.96	2
3	Hanover	292.62	3
4	Franklin	237.32	4
5	Mount St. Joseph	169.17	5
6	Bluffton	162.29	6
7	Berea (Ky.)	123.67	8 ▲ 1
8	Anderson (Ind.)	121.15	7 ▼ 1
9	Transylvania	114.04	9
10	Earlham	49.78	10

INDEPENDENT

Current	Team	Score	Last Week
1	MIT	428.22	1
2	Amherst	211.56	3 ▲ 1
3	Middlebury	200.55	4 ▲ 1
4	Bates	162.58	2 ▼ 2
5	Tufts	147.87	5
6	Bowdoin	140.24	7 ▲ 1
7	McMurry	126.49	6 ▼ 1
8	Williams	125.42	8
9	Colby	109.89	9
10	Redlands (Calif.)	85.68	10
11	Puget Sound	74.90	11
12	Springfield (Mass.)	73.41	15 ▲ 3
13	Pomona-Pitzer	66.64	12 ▼ 1
14	Connecticut College	58.98	14
15	Chapman	58.24	13 ▼ 2
16	Wesleyan (Conn.)	49.22	20 ▲ 4
17	Claremont-Mudd-Scri	47.56	23 ▲ 6
18	Wheaton (Mass.)	46.73	16 ▼ 2
19	WPI	46.24	17 ▼ 2
20	Hartford	41.59	19 ▼ 1
21	Whitworth	40.56	21
22	Babson	37.81	22
23	Trinity (Conn.)	34.45	31 ▲ 8
24	Coast Guard	32.58	32 ▲ 8
25	Texas Lutheran	28.80	24 ▼ 1
26	Wentworth (Mass.)	24.68	29 ▲ 3
27	Merchant Marine Aca	23.77	27
28	George Fox	22.71	25 ▼ 3
29	Hardin-Simmons	21.97	28 ▼ 1
30	LeTourneau	21.39	30
31	Southwestern (Texas)	19.76	26 ▼ 5
32	Marywood	16.07	34 ▲ 2
33	St. Thomas (Texas)	14.84	33
34	UMaine Farmington	12.96	37 ▲ 3
35	Roger Williams	12.12	40 ▲ 5
36	Trinity (Texas)	11.26	39 ▲ 3
37	Thomas (Maine)	11.01	38 ▲ 1
38	Lewis & Clark	10.36	36 ▼ 2
39	Pacific Lutheran	9.10	41 ▲ 2
40	Colorado College	9.00	35 ▼ 5
41	Occidental	7.67	43 ▲ 2
42	Linfield	4.75	42
43	Asbury (Ky.)	3.30	44 ▲ 1
44	Maryville (Tenn.)	2.15	45 ▲ 1
45	Gordon (Mass.)	1.77	46 ▲ 1
46	Hamilton	1.36	48 ▲ 2
47	Dallas	1.26	47
48	La Verne	1.20	49 ▲ 1
49	Pacific (Ore.)	0.90	50 ▲ 1



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50	Cal Lutheran	0.17	53	▲ 3
51	Gwynedd Mercy	0.08	52	▲ 1
52	Marymount (Va.)	0.05	54	▲ 2
53	Husson	0.03	51	▼ 2
54	Caltech	0.01	55	▲ 1

LANDMARK

Current	Team	Score	Last Week
1	Susquehanna	679.69	1
2	Moravian	484.24	2
3	Catholic (D.C.)	416.54	3
4	Elizabethtown	245.91	4
5	Scranton	176.32	5
6	Drew	152.67	6
7	Goucher	146.18	7
8	Juniata	133.56	8

LIBERTY LEAGUE

Current	Team	Score	Last Week
1	RPI	877.89	1
2	Rochester (N.Y.)	637.24	2
3	RIT	372.51	3
4	St. Lawrence	226.86	5 ▲ 1
5	Ithaca	221.05	4 ▼ 1
6	Union (N.Y.)	138.84	6
7	Vassar	66.71	7

LITTLE EAST

Current	Team	Score	Last Week
1	Southern Maine	506.11	1
2	UMass Dartmouth	422.30	2
3	Keene State	340.13	5 ▲ 2
4	Plymouth State	339.26	4
5	Eastern Connecticut S	337.62	3 ▼ 2
6	Rhode Island College	231.80	6
7	Castleton	106.46	7
8	Western Connecticut	64.62	8
9	UMass Boston	54.52	9

MAC

Current	Team	Score	Last Week
1	Lebanon Valley	416.82	1
2	Messiah	338.74	3 ▲ 1
3	Widener	321.55	2 ▼ 1
4	Misericordia	275.09	4
5	Eastern (Pa.)	221.68	6 ▲ 1
6	Stevens	203.85	5 ▼ 1
7	York (Pa.)	191.06	7
8	Arcadia	144.95	8
9	DeSales	143.28	10 ▲ 1
10	King's College (Pa.)	138.57	9 ▼ 1
11	Stevenson	87.70	11
12	Alvernia	73.55	12
13	Delaware Valley	56.30	13
14	FDU Florham	23.05	14
15	Hood	20.49	15
16	Albright	2.00	16

MASCAC

Current	Team	Score	Last Week
1	Bridgewater State	888.46	1
2	Westfield State	600.98	2
3	Fitchburg State	375.63	3
4	Worcester State	224.17	4

MIAA

Current	Team	Score	Last Week
1	Trine	581.13	1
2	Hope	532.24	2
3	Calvin	458.48	3
4	Albion	280.88	4
5	Adrian	220.07	6 ▲ 1
6	Olivet	214.43	5 ▼ 1
7	Alma	85.04	7

MIAC

Current	Team	Score	Last Week
1	Bethel (Minn.)	531.67	1
2	Saint John's (Minn.)	423.86	3 ▲ 1
3	St. Olaf	387.13	2 ▼ 1
4	Concordia Moorhead	233.25	5 ▲ 1
5	St. Scholastica	232.09	4 ▼ 1
6	Macalester	214.39	6
7	Gustavus Adolphus	182.04	7
8	Carleton	159.91	9 ▲ 1
9	Hamline	157.65	8 ▼ 1
10	Saint Mary's (Minn.)	73.06	10
11	Augsburg	60.61	11

MWC

Current	Team	Score	Last Week
1	Ripon	401.44	2 ▲ 1
2	Cornell College	379.31	3 ▲ 1
3	Monmouth (Ill.)	373.67	1 ▼ 2
4	Grinnell	312.84	4
5	Illinois College	292.24	5
6	Beloit	213.87	6
7	Lawrence	205.44	7
8	Knox	110.47	8
9	Lake Forest	73.70	9

NACC

Current	Team	Score	Last Week
1	MSOE	686.94	1
2	St. Norbert	591.84	2
3	Aurora	271.93	3
4	Benedictine (Ill.)	257.47	4
5	Concordia Wisconsin	197.57	6 ▲ 1
6	Concordia Chicago	175.87	5 ▼ 1
7	Wisconsin Lutheran	164.73	7
8	Illinois Tech	111.75	8
9	Edgewood	54.95	9
10	Dominican (Ill.)	14.95	11 ▲ 1
11	Lakeland (Wis.)	14.04	10 ▼ 1
12	Marian (Wis.)	3.07	12

NCAC

Current	Team	Score	Last Week
1	Wabash	476.63	1
2	Wittenberg	449.32	2
3	DePauw	374.33	3
4	Denison	362.95	4
5	Ohio Wesleyan	303.00	6 ▲ 1
6	Oberlin	289.51	5 ▼ 1
7	Wooster	175.35	7
8	Kenyon	134.49	8
9	Hiram	60.93	9

NJAC

Current	Team	Score	Last Week
1	Rowan	970.87	1
2	TCNJ	679.19	2
3	Stockton	236.74	3
4	Farmingdale State	166.32	4
5	Ramapo	155.36	5
6	Montclair State	138.26	6
7	Rutgers-Camden	81.52	7
8	Rutgers-Newark	79.35	8
9	New Jersey City	44.07	9



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OAC

Current	Team	Score	Last Week
1	Mount Union	579.38	1
2	Baldwin Wallace	473.12	2
3	Ohio Northern	387.02	3
4	John Carroll	340.06	4
5	Otterbein	278.49	5
6	Wilmington (Ohio)	202.63	6
7	Muskingum	105.64	7
8	Capital	86.19	8
9	Marietta	69.89	9
10	Heidelberg	57.74	10

ODAC

Current	Team	Score	Last Week
1	Lynchburg	700.22	1
2	Washington and Lee	376.46	2
3	Bridgewater (Va.)	295.85	4 ▲ 1
4	Roanoke	278.84	3 ▼ 1
5	Virginia Wesleyan	226.80	5
6	Randolph	215.16	6
7	Eastern Mennonite	133.24	7
8	Ferrum	124.99	8
9	Shenandoah	90.47	9
10	Hampden-Sydney	20.74	11 ▲ 1
11	Averett	13.32	10 ▼ 1
12	Guilford	7.23	12

PAC

Current	Team	Score	Last Week
1	Grove City	444.66	1
2	Washington & Jeffers	363.35	2
3	Westminster (Pa.)	313.51	4 ▲ 1
4	Allegheny (Pa.)	308.48	3 ▼ 1
5	Geneva	229.42	5
6	Saint Vincent	192.94	6
7	Waynesburg	159.47	7
8	Bethany (W.Va.)	149.11	8
9	Franciscan	123.37	9
10	Thiel	68.78	10
11	Chatham	39.31	11

SAA

Current	Team	Score	Last Week
1	Centre	909.77	1
2	Berry	507.79	2
3	Rhodes	331.72	3
4	Oglethorpe	322.14	4
5	Univ. of the South	136.79	5
6	Millsaps	1.95	6

SLIAC

Current	Team	Score	Last Week
1	Greenville	710.96	1
2	Webster	478.90	2
3	Principia	334.06	3
4	Spalding	228.69	4
5	Mississippi Univ. for W	177.77	5
6	Lyon (Ark.)	169.61	6
7	Blackburn	74.26	7
8	Eureka	68.80	8
9	Westminster (Mo.)	48.43	9
10	Fontbonne	5.01	10

SUNYAC

Current	Team	Score	Last Week
1	SUNY Cortland	911.21	1
2	SUNY Oneonta	386.00	2
3	Fredonia	271.90	3
4	SUNY Plattsburgh	202.45	6 ▲ 2
5	Penn State Behrend	201.72	4 ▼ 1
6	Buffalo State	194.06	5 ▼ 1
7	SUNY Delhi	184.64	NR
8	Alfred State	131.02	7 ▼ 1
9	SUNY Oswego	109.08	8 ▼ 1
10	SUNY Morrisville	28.55	9 ▼ 1
11	SUNY Potsdam	7.56	10 ▼ 1

UAA

Current	Team	Score	Last Week
1	Chicago	558.37	1
2	Emory	492.82	2
3	Carnegie Mellon	465.08	3
4	Washington (Mo.)	382.10	4
5	Case Western Reserve	245.65	5
6	NYU	239.51	6
7	Brandeis	124.43	7

UEC

Current	Team	Score	Last Week
1	St. Mary's (Md.)	666.23	1
2	Penn State Harrisbur	489.66	2
3	Lancaster Bible	362.84	3
4	Gallaudet	263.29	4
5	Carlow (Pa.)	153.32	5

UMAC

Current	Team	Score	Last Week
1	UW-Superior	807.15	1
2	Martin Luther	531.85	2
3	Crown	268.25	3
4	Minnesota Morris	164.99	4
5	North Central (Minn.)	148.38	5
6	Northwestern-St. Pau	141.15	6
7	Bethany Lutheran	84.69	7

USA SOUTH

Current	Team	Score	Last Week
1	Southern Virginia	624.97	2 ▲ 1
2	Pfeiffer	598.19	1 ▼ 1
3	Methodist	542.95	3
4	Brevard (N.C.)	278.94	4
5	Mary Baldwin	87.10	5
6	North Carolina Wesle	53.68	6

WIAC

Current	Team	Score	Last Week
1	UW-La Crosse	885.66	1
2	UW-Oshkosh	648.97	2
3	UW-Whitewater	273.30	3
4	UW-Eau Claire	251.10	4
5	UW-Stevens Point	196.82	5
6	UW-Stout	179.69	6
7	UW-Platteville	122.65	7
8	UW-River Falls	86.26	8