



Conference TFRI Team Summary



MEN — 2025 Checkpoint #7, March 11

AMERICAN RIVERS

Current	Team	Score	Last Week
1	Wartburg	857.90	1
2	Dubuque	444.51	2
3	Loras	366.30	3
4	Nebraska Wesleyan	327.40	4
5	Central (Iowa)	303.65	5
6	Simpson (Iowa)	191.03	6
7	Buena Vista	72.99	7
8	Coe	45.44	8
9	Luther	28.90	9

C2C

Current	Team	Score	Last Week
1	Christopher Newport	776.03	1
2	Salisbury	619.74	2
3	UC Santa Cruz	494.79	3
4	Mary Washington	246.97	4

CCIW

Current	Team	Score	Last Week
1	North Central (Ill.)	764.85	1
2	Illinois Wesleyan	425.04	2
3	Augustana (Ill.)	332.91	3
4	Millikin	293.37	4
5	Carthage	281.24	5
6	Wheaton (Ill.)	162.81	6
7	Elmhurst	152.80	7
8	North Park	84.29	9 ▲ 1
9	Carroll (Wis.)	84.24	8 ▼ 1

CCS

Current	Team	Score	Last Week
1	Piedmont	672.64	1
2	Covenant	363.22	2
3	Huntingdon (Ala.)	319.49	3
4	Belhaven (Miss.)	310.55	4

CENTENNIAL

Current	Team	Score	Last Week
1	Johns Hopkins	747.03	1
2	Ursinus	456.56	2
3	Dickinson	270.09	3
4	Haverford	221.71	4
5	Muhlenberg	214.10	5
6	Swarthmore	188.09	6
7	Gettysburg	184.11	7
8	McDaniel	182.76	8
9	Franklin & Marshall	129.43	9

CUNYAC

Current	Team	Score	Last Week
1	Medgar Evers	711.61	1
2	Hunter	541.79	2
3	Lehman	247.01	3
4	York (N.Y.)	145.36	4

EMPIRE 8

Current	Team	Score	Last Week
1	SUNY Geneseo	778.68	1
2	SUNY Brockport	701.75	2
3	Utica	345.40	3
4	St. John Fisher	313.52	4
5	Nazareth	259.74	5
6	Houghton	105.27	6
7	Alfred	54.63	7
8	Hartwick	32.55	8
9	Sage Colleges	10.67	9

GNAC

Current	Team	Score	Last Week
1	Saint Joseph's (Maine)	705.87	1
2	Suffolk	525.53	2
3	Regis (Mass.)	365.69	3
4	Lasell	186.06	4
5	Colby-Sawyer	168.22	5
6	Emmanuel (Mass.)	161.28	6

HCAC

Current	Team	Score	Last Week
1	Rose-Hulman	620.02	1
2	Manchester	470.75	2
3	Hanover	291.90	3
4	Franklin	240.06	4
5	Mount St. Joseph	168.90	5
6	Bluffton	164.44	6
7	Berea (Ky.)	126.40	7
8	Anderson (Ind.)	120.57	8
9	Transylvania	112.90	9
10	Earlham	48.56	10

INDEPENDENT

Current	Team	Score	Last Week
1	MIT	408.76	1
2	Amherst	214.51	2
3	Middlebury	203.39	3
4	Tufts	162.39	5 ▲ 1
5	Bates	156.72	4 ▼ 1
6	Williams	135.54	8 ▲ 2
7	Bowdoin	135.08	6 ▼ 1
8	McMurry	122.51	7 ▼ 1
9	Colby	117.44	9
10	Redlands (Calif.)	86.82	10
11	Springfield (Mass.)	74.94	12 ▲ 1
12	Puget Sound	66.89	11 ▼ 1
13	Pomona-Pitzer	66.63	13
14	WPI	61.17	19 ▲ 5
15	Connecticut College	58.70	14 ▼ 1
16	Chapman	54.23	15 ▼ 1
17	Wesleyan (Conn.)	46.67	16 ▼ 1
18	Wheaton (Mass.)	43.27	18
19	Claremont-Mudd-Scri	42.96	17 ▼ 2
20	Whitworth	40.10	21 ▲ 1
21	Hartford	39.00	20 ▼ 1
22	Babson	35.64	22
23	Trinity (Conn.)	31.96	23
24	Coast Guard	30.27	24
25	Texas Lutheran	27.51	25
26	Wentworth (Mass.)	24.24	26
27	Merchant Marine Acad	23.76	27
28	George Fox	22.49	28
29	Hardin-Simmons	21.94	29
30	LeTourneau	19.92	30
31	Southwestern (Texas)	19.74	31
32	St. Thomas (Texas)	14.81	33 ▲ 1
33	Colorado College	14.52	40 ▲ 7
34	UMaine Farmington	12.90	34
35	Marywood	11.66	32 ▼ 3
36	Roger Williams	11.04	35 ▼ 1
37	Trinity (Texas)	11.00	36 ▼ 1
38	Thomas (Maine)	9.97	37 ▼ 1
39	Lewis & Clark	9.19	38 ▼ 1
40	Pacific Lutheran	8.86	39 ▼ 1
41	Asbury (Ky.)	8.70	43 ▲ 2
42	Occidental	7.64	41 ▼ 1
43	Linfield	3.70	42 ▼ 1
44	Hamilton	2.59	46 ▲ 2
45	Maryville (Tenn.)	2.05	44 ▼ 1
46	Gordon (Mass.)	1.77	45 ▼ 1
47	Dallas	1.26	47
48	La Verne	1.10	48
49	Pacific (Ore.)	0.80	49



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50	Cal Lutheran	0.17	50
51	Marymount (Va.)	0.05	52 ▲ 1
51	Gwynedd Mercy	0.05	51
53	Husson	0.02	53
54	Caltech	0.01	54

LANDMARK

Current	Team	Score	Last Week
1	Susquehanna	675.07	1
2	Moravian	491.55	2
3	Catholic (D.C.)	413.18	3
4	Elizabethtown	243.34	4
5	Scranton	178.02	5
6	Drew	152.78	6
7	Goucher	143.80	7
8	Juniata	138.87	8

LIBERTY LEAGUE

Current	Team	Score	Last Week
1	RPI	891.69	1
2	Rochester (N.Y.)	641.79	2
3	RIT	361.89	3
4	Ithaca	238.95	5 ▲ 1
5	St. Lawrence	224.28	4 ▼ 1
6	Union (N.Y.)	136.98	6
7	Vassar	72.25	7

LITTLE EAST

Current	Team	Score	Last Week
1	Southern Maine	503.76	1
2	UMass Dartmouth	429.54	2
3	Keene State	350.42	3
4	Plymouth State	341.06	4
5	Eastern Connecticut S	334.00	5
6	Rhode Island College	235.33	6
7	Castleton	106.37	7
8	Western Connecticut	64.61	8
9	UMass Boston	54.49	9

MAC

Current	Team	Score	Last Week
1	Lebanon Valley	409.10	1
2	Messiah	331.27	2
3	Widener	315.78	3
4	Misericordia	294.70	4
5	Eastern (Pa.)	221.39	5
6	Stevens	199.08	6
7	York (Pa.)	189.98	7
8	DeSales	153.25	9 ▲ 1
9	Arcadia	144.76	8 ▼ 1
10	King's College (Pa.)	138.23	10
11	Stevenson	86.52	11
12	Alvernia	75.92	12
13	Delaware Valley	56.24	13
14	FDU Florham	23.00	14
15	Hood	20.44	15
16	Albright	2.00	16

MASCAC

Current	Team	Score	Last Week
1	Bridgewater State	888.35	1
2	Westfield State	600.73	2
3	Fitchburg State	376.11	3
4	Worcester State	224.05	4

MIAA

Current	Team	Score	Last Week
1	Trine	578.02	1
2	Hope	535.87	2
3	Calvin	469.54	3
4	Albion	280.66	4
5	Adrian	219.57	5
6	Olivet	213.91	6
7	Alma	84.95	7

MIAC

Current	Team	Score	Last Week
1	Bethel (Minn.)	524.05	1
2	Saint John's (Minn.)	424.30	2
3	St. Olaf	382.28	3
4	Concordia Moorhead	247.30	4
5	St. Scholastica	226.69	5
6	Macalester	214.90	6
7	Gustavus Adolphus	178.50	7
8	Hamline	157.27	9 ▲ 1
9	Carleton	154.89	8 ▼ 1
10	Saint Mary's (Minn.)	73.00	10
11	Augsburg	60.49	11

MWC

Current	Team	Score	Last Week
1	Ripon	407.68	1
2	Cornell College	376.88	2
3	Monmouth (Ill.)	376.41	3
4	Grinnell	314.94	4
5	Illinois College	291.86	5
6	Beloit	212.64	6
7	Lawrence	199.86	7
8	Knox	110.28	8
9	Lake Forest	73.48	9

NACC

Current	Team	Score	Last Week
1	MSOE	687.50	1
2	St. Norbert	588.87	2
3	Aurora	275.66	3
4	Benedictine (Ill.)	255.23	4
5	Concordia Wisconsin	194.88	5
6	Concordia Chicago	175.73	6
7	Wisconsin Lutheran	171.98	7
8	Illinois Tech	110.26	8
9	Edgewood	55.03	9
10	Dominican (Ill.)	14.95	10
11	Lakeland (Wis.)	14.03	11
12	Marian (Wis.)	2.90	12

NCAC

Current	Team	Score	Last Week
1	Wabash	476.20	1
2	Wittenberg	447.84	2
3	DePauw	370.49	3
4	Denison	360.68	4
5	Ohio Wesleyan	302.34	5
6	Oberlin	298.09	6
7	Wooster	170.14	7
8	Kenyon	133.67	8
9	Hiram	67.59	9

NJAC

Current	Team	Score	Last Week
1	Rowan	970.63	1
2	TCNJ	678.63	2
3	Stockton	231.53	3
4	Farmingdale State	168.45	4
5	Ramapo	152.62	5
6	Montclair State	137.42	6
7	Rutgers-Newark	81.73	8 ▲ 1
8	Rutgers-Camden	81.48	7 ▼ 1
9	New Jersey City	46.18	9



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OAC

Current	Team	Score	Last Week
1	Mount Union	604.08	1
2	Baldwin Wallace	462.20	2
3	Ohio Northern	396.48	3
4	John Carroll	328.93	4
5	Otterbein	275.52	5
6	Wilmington (Ohio)	199.10	6
7	Muskingum	105.28	7
8	Capital	85.58	8
9	Marietta	67.32	9
10	Heidelberg	57.39	10

ODAC

Current	Team	Score	Last Week
1	Lynchburg	721.15	1
2	Washington and Lee	373.83	2
3	Bridgewater (Va.)	297.93	3
4	Roanoke	272.94	4
5	Virginia Wesleyan	240.47	5
6	Randolph	214.94	6
7	Eastern Mennonite	133.17	7
8	Ferrum	119.89	8
9	Shenandoah	90.21	9
10	Hampden-Sydney	20.73	10
11	Averett	13.32	11
12	Guilford	7.23	12

PAC

Current	Team	Score	Last Week
1	Grove City	444.54	1
2	Washington & Jeffers	362.29	2
3	Westminster (Pa.)	317.25	3
4	Allegheny (Pa.)	312.92	4
5	Geneva	229.31	5
6	Saint Vincent	192.89	6
7	Bethany (W.Va.)	185.04	8 ▲ 1
8	Waynesburg	157.08	7 ▼ 1
9	Franciscan	123.31	9
10	Thiel	68.73	10
11	Chatham	39.49	11

SAA

Current	Team	Score	Last Week
1	Centre	909.79	1
2	Berry	507.11	2
3	Rhodes	331.29	3
4	Oglethorpe	323.32	4
5	Univ. of the South	136.71	5
6	Millsaps	1.95	6

SLIAC

Current	Team	Score	Last Week
1	Greenville	707.46	1
2	Webster	477.05	2
3	Principia	332.52	3
4	Spalding	227.24	4
5	Mississippi Univ. for W	191.62	5
6	Lyon (Ark.)	168.98	6
7	Blackburn	74.26	7
8	Eureka	68.80	8
9	Westminster (Mo.)	46.32	9
10	Fontbonne	5.01	10

SUNYAC

Current	Team	Score	Last Week
1	SUNY Cortland	910.71	1
2	SUNY Oneonta	386.40	2
3	Fredonia	266.52	3
4	Penn State Behrend	203.45	5 ▲ 1
5	SUNY Plattsburgh	202.21	4 ▼ 1
6	Buffalo State	192.67	6
7	SUNY Delhi	180.32	7
8	Alfred State	128.75	8
9	SUNY Oswego	125.26	9
10	SUNY Morrisville	26.36	10
11	SUNY Potsdam	5.56	11

UAA

Current	Team	Score	Last Week
1	Chicago	545.96	1
2	Emory	501.63	2
3	Carnegie Mellon	447.33	3
4	Washington (Mo.)	395.62	4
5	NYU	272.44	6 ▲ 1
6	Case Western Reserve	245.46	5 ▼ 1
7	Brandeis	120.81	7

UEC

Current	Team	Score	Last Week
1	St. Mary's (Md.)	666.23	1
2	Penn State Harrisburg	489.66	2
3	Lancaster Bible	362.84	3
4	Gallaudet	263.29	4
5	Carlow (Pa.)	153.32	5

UMAC

Current	Team	Score	Last Week
1	UW-Superior	807.34	1
2	Martin Luther	531.68	2
3	Crown	268.22	3
4	Minnesota Morris	164.99	4
5	North Central (Minn.)	148.38	5
6	Northwestern-St. Pau	141.15	6
7	Bethany Lutheran	84.69	7

USA SOUTH

Current	Team	Score	Last Week
1	Southern Virginia	630.65	1
2	Pfeiffer	594.71	2
3	Methodist	542.75	3
4	Brevard (N.C.)	278.94	4
5	Mary Baldwin	87.10	5
6	North Carolina Wesley	53.68	6

WIAC

Current	Team	Score	Last Week
1	UW-La Crosse	874.95	1
2	UW-Oshkosh	635.31	2
3	UW-Whitewater	279.81	3
4	UW-Eau Claire	279.37	4
5	UW-Stevens Point	196.12	5
6	UW-Stout	175.08	6
7	UW-Platteville	125.60	7
8	UW-River Falls	77.23	8