

as of 3/10/25 3:40 PM ET



National TFRI Event Summary

Men's 60 Meters — 2025 Checkpoint #7, March 11

NPR	Athlete		(Team Rank) Institution		Team Pts.		Scored Performance	Meet
1	Samuel BLASKOWSKI	SR	#1 UW-La Crosse		22.74	6.60	3/1/25	WIAC Indoor Championships
2	Davian WILLEMS	JR	#2 UW-Oshkosh		20.35	6.63	3/1/25	WIAC Indoor Championships
3	Landen LIU	JR	#9 Bethel (Minn.)		17.83	6.67	1/25/25	Jack Johnson Classic
4	Caleb BEIGHTOL	SO	#6 UW-Whitewater		15.32	6.71	2/15/25	Midwest ELITE Invitational
5	Stefan KLECHEFSKI	SR	#8 UW-Eau Claire		13.06	6.73	3/8/25	UW-La Crosse Final Qualifier
6	Tristan WRIGHT	FR	#5 Lynchburg		10.78	6.76	3/2/25	ODAC Indoor Championships
6	Jereme OMBOGO	JR	North Park		10.78	6.76	3/1/25	CCIW Indoor Championships
8	Will DAVIS	SR	Albion		8.69	6.77	3/1/25	Michigan Intercollegiate Indo
9	Eddie JONES	FR	#2 UW-Oshkosh	{2}	7.61	6.78	3/8/25	UW-La Crosse Final Qualifier
9	Max REIS	FR	#16 Saint John's (Minn.)		7.61	6.78	3/1/25	MIAC Indoor Championships
9	Charles BOOTHBY	SO	#23 Ohio Northern		7.61	6.78	12/5/24	Oiler Opener
9	Londyn LITTLE	SR	#2 UW-Oshkosh	{2}	7.61	6.78	1/25/25	Karl Schlender Invitational
9	Raymond SCHMITT	SR	#25 TCNJ		7.61	6.78	2/23/25	NJAC Indoor Championships
14	Maxim RYCHKOV	FR	#25 TCNJ	{2}	2.53	6.79	2/23/25	NJAC Indoor Championships
15	Michael NOSSEK	FR	Suffolk		1.94	6.80	2/1/25	Harvard Open
15	Donnell HARVEY JR	FR	Middlebury		1.94	6.80	3/8/25	Tufts National Qualifying Meet
17	Kendrick ACHEBE	JR	Simpson (Iowa)		1.36	6.81	3/8/25	Wartburg Qualifier
17	Ethan SHAIN	SR	Southern Maine		1.36	6.81	3/1/25	New England Division III Indoo
19	Ricky YAWSON	FR	Hamline		1.08	6.82	3/1/25	MIAC Indoor Championships
19	Masai BYRD	JR	#3 Rowan		1.08	6.82	3/8/25	AARTFC (All-DIII Atlantic Regio
19	Danny VINSON	SR	#2 UW-Oshkosh	{4}	1.08	6.82	2/8/25	UW-La Crosse Mark Guthrie Le
22	Ni'Male GREENWOOD	SO	Eastern (Pa.)		0.69	6.83	3/1/25	Middle Atlantic (MAC) Indoor
22	Liam DANITZ	JR	Норе		0.69	6.83	3/1/25	Michigan Intercollegiate Indo
22	Joey KEAN	SR	#2 UW-Oshkosh	{5}	0.69	6.83	2/22/25	UW-Oshkosh Titan Challenge
22	Sam VARGAS	FR	#6 UW-Whitewater	{2}	0.69	6.83	1/18/25	Firebird First Invitational
22	Dayvion FOREMAN	SR	#24 Loras		0.69	6.83	3/1/25	American Rivers (ARC) Indoor
22	Caliyph MCCLINTON	SO	Bethany (W.Va.)		0.69	6.83	3/8/25	DIII South Region Final Qualifi
28	Franklyn AKABI-DURING	FR	Dickinson		0.22	6.84	3/2/25	Centennial Indoor Champions
28	Dylan DOSS	SO	Illinois College		0.22	6.84	2/1/25	Grinnell Invitational
28	Jacoby CEFALU	SR	Ripon		0.22	6.84	2/22/25	UW-Oshkosh Titan Challenge
28	Ryder GREENWOOD	FR	Mount Union		0.22	6.84	3/1/25	OAC Indoor Championships
28	Richard BILLINGS	SO	Misericordia		0.22	6.84	3/1/25	Middle Atlantic (MAC) Indoor
28	AJ WRIGHT	FR	#10 Wartburg		0.22	6.84	3/1/25	American Rivers (ARC) Indoor
34	Frank DAY	SR	#24 Loras	{2}	0.09	6.85	2/7/25	Wartburg Friday Night Lights
	William CROWDER	SR	Shenandoah		0.09	6.85		ODAC Indoor Championships
34	Marco MOTRONI	SR	Middlebury	{2}	0.09	6.85	3/8/25	Tufts National Qualifying Meet
34	Kelvin PETERSON	SR	Wheaton (Mass.)		0.09	6.85	2/8/25	Showdown at The Heights
38	Amari CARTER	FR	Roanoke		0.04	6.86	, ,	ODAC Indoor Championships
38	Ryder SMITH	JR	#1 UW-La Crosse	{2}	0.04	6.86	2/21/25	Caged Eagle Invite
38	Evan PLOECKELMAN	SR	MSOE		0.04	6.86	, ,	NACC Indoor Championships
38	Ibrahim DIAKITE	FR	Millikin		0.04	6.86	3/1/25	CCIW Indoor Championships
38	Josh IHEGIHU	JR	#13 RPI		0.04	6.86	3/8/25	Tufts National Qualifying Meet
38	Charles CYPRESS	JR	SUNY Plattsburgh		0.04	6.86		SUNYAC Indoor Championshi
38	Myles ANDERSON	SO	#6 UW-Whitewater	{3}	0.04	6.86	2/1/25	Leonard "Squig" Converse Inv
38	Henry BRANDSTADTER	JR	#14 Emory		0.04	6.86	3/2/25	UAA Indoor Championships



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National TFRI Event Summary

Men's 60 Meter Hurdles — 2025 Checkpoint #7, March 11

NPR	Athlete		(Team Rank) Institution		Team Pts.		Scored Performance	Meet	
1	Jamir BROWN	FR	#3 Rowan		23.71	7.72	12/6/24	Fastrack Metro Season Opene	
2	Jason AGYEMANG	JR	#3 Rowan	{2}	20.80	7.80	3/8/25	AARTFC (All-DIII Atlantic Regio	
3	Kwaku NKRUMAH	JR	#3 Rowan	{3}	18.02	7.87	3/8/25	AARTFC (All-DIII Atlantic Regio	
4	Dontre SINEGAL	SR	#15 McMurry		15.91	7.88	12/7/24	Crimson & Gold Invitational	
5	Jayson EKIYOR	SR	#9 Bethel (Minn.)		13.36	7.93	2/8/25	UW-La Crosse Mark Guthrie Le	
6	Marquise YOUNG	SR	#3 Rowan	{4}	11.15	7.95	2/23/25	NJAC Indoor Championships	
7	Marlon CYSTRUNK	SR	#6 UW-Whitewater		9.93	7.98	2/15/25	Midwest ELITE Invitational	
8	Eli ETHERTON	SR	Nebraska Wesleyan		8.86	7.99	2/1/25	Fred Beile Classic	
9	Grant MILLER	JR	#17 Central (Iowa)		7.64	8.02	2/15/25	Darren Young Classic	
10	Deyton LOVE	SR	#10 Wartburg		6.57	8.03	1/24/25	Cyclone Open	
10	Blake HARDISON	SR	#19 Dubuque		6.57	8.03	3/8/25	UW-La Crosse Final Qualifier	
12	Gavin SHAFFER	JR	Salisbury		4.36	8.06	2/22/25	Coast-to-Coast Athletic Indoo	
12	Ari SKOLNIK	SR	Denison		4.36	8.06	2/28/25	NCAC Indoor Championships	
12	Aden SEARS	SR	#2 UW-Oshkosh		4.36	8.06	2/15/25	Midwest ELITE Invitational	
12	Gunner MEYER	JR	#17 Central (Iowa)	{2}	4.36	8.06	3/1/25	American Rivers (ARC) Indoor	
16	Noah SMITH	JR	Nebraska Wesleyan	{2}	1.54	8.07	3/1/25	American Rivers (ARC) Indoor	
16	Aaron POELMA	FR	#1 UW-La Crosse		1.54	8.07	3/8/25	UW-La Crosse Final Qualifier	
16	Jimmy KARTSONAS	SR	John Carroll		1.54	8.07	2/21/25	Ed Finnigan Greater Cleveland	
19	Kane DEMERS	JR	Bowdoin		1.05	8.08	3/1/25	New England Division III Indoo	
20	Josh WILKIE	JR	Tufts		0.92	8.09	3/8/25	Tufts National Qualifying Meet	
21	Luke FREIMANIS	FR	Carnegie Mellon		0.78	8.10	1/18/25	Jud Logan Memorial Tune-Up	
21	Walter TRUITT	SR	#4 MIT		0.78	8.10	3/8/25	New England (NEICAAA) Indoo	
23	Josh THOMSEN	SR	#9 Bethel (Minn.)	{2}	0.54	8.11	3/8/25	UW-La Crosse Final Qualifier	
24	Tariq EARL	SO	SUNY Oneonta		0.37	8.13	3/1/25	SUNYAC Indoor Championshi	
24	Lukas JOHNSON	SR	#1 UW-La Crosse	{2}	0.37	8.13	3/8/25	UW-La Crosse Final Qualifier	
26	Reid PAKKEBIER	SR	#17 Central (Iowa)	{3}	0.19	8.14	3/1/25	American Rivers (ARC) Indoor	
27	Michael LAWRENCE	JR	#3 Rowan	{5}	0.13	8.15	3/8/25	AARTFC (All-DIII Atlantic Regio	
27	Connor MIKLOS	SR	#17 Central (Iowa)	{4}	0.13	8.15	3/8/25	Wartburg Qualifier	
27	Blake POSTLER	FR	#8 UW-Eau Claire		0.13	8.15	3/8/25	UW-La Crosse Final Qualifier	
30	Michael ANDERSON	SO	Springfield (Mass.)		0.05	8.16	3/1/25	New England Division III Indoo	
30	Brandon ZIMMERMAN	SR	Susquehanna		0.05	8.16	2/21/25	Susquehanna Tune-Up	
32	Tawakal OMAR	FR	SUNY Delhi		0.03	8.17	3/8/25	AARTFC (All-DIII Atlantic Regio	
33	Brady LARSON	FR	#2 UW-Oshkosh	{2}	0.02	8.18	3/1/25	WIAC Indoor Championships	
33	David MYRES	SR	#9 Bethel (Minn.)	{3}	0.02	8.18	2/22/25	Snowshoe Open	
33	Jacob SANDLIN	FR	DePauw		0.02	8.18	2/28/25	NCAC Indoor Championships	
33	Kamil KOKOT	FR	#12 North Central (Ill.)		0.02	8.18	3/1/25	CCIW Indoor Championships	



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National TFRI Event Summary

Men's 200 Meters — 2025 Checkpoint #7, March 11

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NPR	Athlete		(Team Rank) Institution	n	Team Pts.	Sco	<mark>ored Performance</mark>	j	Meet
1	Dylan DOSS	SO	Illinois College		24.75	20.32c	(20.580f)	2/16/25	Roger Haynes Invitational
2	Samuel BLASKOWSKI	SR	#1 UW-La Crosse		20.08	20.97c	(21.34f)	1/25/25	UW-La Crosse Pat Healy Classi
3	Londyn LITTLE	SR	#2 UW-Oshkosh		17.60	21.09c	(21.47f)	2/14/25	Maverick Premier #1
4	Liam DANITZ	JR	Норе		15.13	21.21c	(21.59f)	3/1/25	Michigan Intercollegiate Indo
5	Kai SMITH	JR	Salisbury		12.94	21.26c	(21.64f)	3/8/25	AARTFC (All-DIII Atlantic Regio
6	Maxim RYCHKOV	FR	#25 TCNJ		10.82	21.29		3/2/25	Boston University Last Chance
7	Jereme OMBOGO	JR	North Park		9.78	21.30c	(21.68f)	3/1/25	CCIW Indoor Championships
8	Grant NELSON	JR	#9 Bethel (Minn.)		8.70	21.33c	(21.71f)	3/1/25	MIAC Indoor Championships
9	Rajahn DIXON	FR	#3 Rowan		7.68	21.34		2/23/25	NJAC Indoor Championships
10	Eli HENDRICKS	SO	#3 Rowan	{2}	6.65	21.35c	(21.73f)	3/8/25	AARTFC (All-DIII Atlantic Regio
11	Alexander RHODES	SO	Puget Sound		5.57	21.38 OT		2/1/25	Washington Invitational
12	Jahari JONES	SR	Berry		4.50	21.41c	(21.79f)	3/1/25	SAA Indoor Championships
12	Jacob PARENT	SR	#9 Bethel (Minn.)	{2}	4.50	21.41c	(21.79f)	2/8/25	UW-La Crosse Mark Guthrie Le
14	Will DAVIS	SR	Albion		2.47	21.42c	(21.80f)	3/1/25	Michigan Intercollegiate Indo
15	Jacoby CEFALU	SR	Ripon		1.92	21.44c	(21.83f)	1/18/25	Ripon Alumni Meet
16	Cody PIERCE	JR	Amherst		1.65	21.45c	(21.83f)	3/8/25	Tufts National Qualifying Meet
16	Josh JEFFES	SR	#7 SUNY Cortland		1.65	21.45c	(21.83f)	3/1/25	SUNYAC Indoor Championshi
18	Nolan MILAS	SO	#2 UW-Oshkosh	{2}	1.14	21.51c	(21.90f)	2/8/25	Red Hawk Invitational
19	Collin CONZEMIUS	SO	#1 UW-La Crosse	{2}	1.02	21.52c	(21.90f)	2/21/25	Caged Eagle Invite
20	Franklyn AKABI-DURING	FR	Dickinson		0.89	21.53c	(21.91f)	3/8/25	DIII South Region Final Qualifi
21	Jackson PRICE	SR	# 14 Emory		0.77	21.54c	(21.92f)	3/8/25	Tufts National Qualifying Meet
22	Sam AHERN	SR	Union (N.Y.)		0.65	21.55c	(21.93f)	2/15/25	DIII Elite Meet
23	Ronen STEWART	SO	#13 RPI		0.53	21.56c	(21.94f)	3/8/25	Tufts National Qualifying Meet
23	Kane DEMERS	JR	Bowdoin		0.53	21.56c	(21.94f)	3/8/25	Tufts National Qualifying Meet
23	Nolan LENTZ	SR	#19 Dubuque		0.53	21.56c	(21.94f)	3/8/25	Wartburg Qualifier
26	Evan LOWDER	JR	Illinois Wesleyan		0.27	21.57c	(21.95f)	3/8/25	UW-La Crosse Final Qualifier
26	Brady FOWLER	SR	Roanoke		0.27	21.57c	(21.95f)	3/2/25	ODAC Indoor Championships
28	lan IRWIN	FR	Colby		0.21	21.58		3/1/25	New England Division III Indoo
28	Michael SCOTT	SR	Springfield (Mass.)		0.21	21.58		3/1/25	New England Division III Indoo
30	Mitchell (Mitch) LIENERT	SR	#22 Rochester (N.Y.)		0.13	21.60c	(21.98f)	2/8/25	Brockport Multi & Invitational
30	Evan JENSEN	SR	#7 SUNY Cortland	{2}	0.13	21.60c	(21.98f)	3/1/25	SUNYAC Indoor Championshi
30	Ryder GREENWOOD	FR	Mount Union		0.13	21.60c	(21.98f)	2/16/25	All-Ohio D-III Indoor Champio
30	Tristan WRIGHT	FR	#5 Lynchburg		0.13	21.60c	(21.98f)	3/2/25	ODAC Indoor Championships
34	Dylan GRAMLEY	JR	#2 UW-Oshkosh	{3}	0.07	21.62c	(22.01f)	2/8/25	Red Hawk Invitational
34	Jack SCHREIBER	SO	#8 UW-Eau Claire		0.07	21.62c	(22.00f)	2/21/25	Caged Eagle Invite
36	Jacinto JONES II	JR	Mary Washington		0.05	21.63		2/8/25	Liberty Open
36	Luke VANCE	SR	#1 UW-La Crosse	{3}	0.05	21.63c	(22.01f)	3/8/25	UW-La Crosse Final Qualifier
38	Jordan DEAN	SR	#23 Ohio Northern		0.03	21.64c	(22.02f)	12/5/24	Oiler Opener
38	lan NAFF	SO	Coast Guard		0.03	21.64		3/1/25	New England Division III Indoo
40	Kelvin PETERSON	SR	Wheaton (Mass.)		0.02	21.65		2/8/25	Showdown at The Heights
40	Evan MAURUD	FR	#1 UW-La Crosse	{4}	0.02	21.65c	(22.03f)	2/21/25	Caged Eagle Invite
40	Mason FARA	JR	Chapman		0.02	21.65		2/15/25	Whitworth Invitational
40	Basheer ALRAMAHI	JR	John Carroll		0.02	21.65 OT		1/25/25	SPIRE Midwest Indoor Open
40	Colin MCCLOWRY	SR	#8 UW-Eau Claire	{2}	0.02	21.65c	(22.03f)	2/21/25	Caged Eagle Invite
40	Elliott DAVIS	SR	Susquehanna		0.02	21.65c	(22.03f)	2/1/25	Ithaca Bomber Invitational
40	Charles CYPRESS	JR	SUNY Plattsburgh		0.02	21.65c	(22.03f)		AARTFC (All-DIII Atlantic Regio



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National TFRI Event Summary

Men's 400 Meters — 2025 Checkpoint #7, March 11

NPR	Athlete		(Τε	eam Rank) Institution	1	Team Pts.	Sco	ored Performance		Meet
1	Alexander RHODES	SO		Puget Sound		22.94	46.44		2/23/25	USATF Indoor Championships
2	Basheer ALRAMAHI	JR		John Carroll		20.00	46.92c	(47.66f)	2/8/25	UW-La Crosse Mark Guthrie Le
3	Collin CONZEMIUS	SO	#1	UW-La Crosse		17.58	47.14c	(47.89f)	2/8/25	UW-La Crosse Mark Guthrie Le
4	Josh JEFFES	SR	#7	SUNY Cortland		15.41	47.23c	(47.98f)	3/1/25	SUNYAC Indoor Championshi
5	Evan LOWDER	JR		Illinois Wesleyan		13.30	47.29c	(48.04f)	3/8/25	UW-La Crosse Final Qualifier
6	Jordan DEAN	SR	#23	Ohio Northern		10.96	47.47c	(48.22f)	3/1/25	OAC Indoor Championships
7	Grant NELSON	JR	#9	Bethel (Minn.)		9.90	47.50c	(48.25f)	2/22/25	Snowshoe Open
8	Jacob MILLER	JR		SUNY Geneseo		8.86	47.52c	(48.27f)	3/1/25	Empire 8 Indoor Championshi
9	Chase DOORNINK	JR	#1	UW-La Crosse	{2}	7.69	47.61c	(48.37f)	3/8/25	UW-La Crosse Final Qualifier
9	Alexander MITCHELL	JR		Grove City		7.69	47.61 OT		2/27/25	PAC Indoor Championships
11	Evan JENSEN	SR	#7	SUNY Cortland	{2}	5.59	47.69c	(48.45f)	2/22/25	Marc Deneault Invitational
11	Samuel KNOWLES	SR		Widener		5.59	47.69c	(48.45f)	2/22/25	Marc Deneault Invitational
13	Tyran BENDER	FR	#2	UW-Oshkosh		3.53	47.74c	(48.50f)	12/7/24	UW-Oshkosh Early Bird Invitat
14	Arlo HEITLER	SR		Macalester		2.49	47.77c	(48.53f)	3/8/25	Wartburg Qualifier
15	Spencer VANEK	SR		UW-Platteville		1.98	47.78c	(48.54f)	3/8/25	UW-La Crosse Final Qualifier
16	Dylan DOSS	SO		Illinois College		1.64	47.85c	(48.61f)	3/1/25	Midwest Conference Indoor C
17	Truman WILLIAMS	SR		Bates		1.33	47.90		2/15/25	David Hemery Valentine Invita
18	Mason FARA	JR		Chapman		1.22	47.91		2/15/25	Whitworth Invitational
18	Jacob PARENT	SR	#9	Bethel (Minn.)	{2}	1.22	47.91c	(48.67f)	2/22/25	Snowshoe Open
20	Andrew HACKBARTH	SO	#1	UW-La Crosse	{3}	0.97	47.95c	(48.71f)	2/21/25	Caged Eagle Invite
21	Kobe CHANDLER	JR	#6	UW-Whitewater		0.84	47.97с	(48.73f)	3/8/25	UW-La Crosse Final Qualifier
21	Maxim RYCHKOV	FR	#25	TCNJ		0.84	47.97с	(48.73f)	3/8/25	AARTFC (All-DIII Atlantic Regio
23	Jacob HOHMAN	JR	#1	UW-La Crosse	{4}	0.60	48.00c	(48.76f)	2/8/25	UW-La Crosse Mark Guthrie Le
23	Ren ZANZE	SR		Colby		0.60	48.00c	(48.76f)	3/8/25	AARTFC (All-DIII Atlantic Regio
23	lan NAFF	SO		Coast Guard		0.60	48.00		3/1/25	New England Division III Indoo
26	Elliott DAVIS	SR		Susquehanna		0.35	48.01c	(48.77f)	2/1/25	Ithaca Bomber Invitational
27	Oscar NEWMAN	SR		Williams		0.31	48.03c	(48.79f)	3/8/25	Tufts National Qualifying Meet
28	Londyn LITTLE	SR	#2	UW-Oshkosh	{2}	0.27	48.05c	(48.81f)	2/22/25	UW-Oshkosh Titan Challenge
29	Joey RICHARDS	FR		Southern Maine		0.24	48.07		2/1/25	John Thomas Terrier Classic
30	Rajahn DIXON	FR	#3	Rowan		0.19	48.11c	(48.87f)	3/8/25	AARTFC (All-DIII Atlantic Regio
31	Jack DEFEO	SO		RIT		0.17	48.12c	(48.88f)	3/1/25	Liberty League Indoor Champi
32	Alexander SWANN	SR		Middlebury		0.14	48.16		3/1/25	New England Division III Indoo
33	Josh WILLIAMS	FR		Colorado College		0.11	48.19c	(48.95f)	3/8/25	Wartburg Qualifier
34	Avery KEITH	SO		Puget Sound	{2}	0.05	48.28		2/15/25	Whitworth Invitational
34	Max STEIN	SR		RIT	{2}	0.05	48.28c	(49.05f)	3/1/25	Liberty League Indoor Champi
36	Zion CHEATHAM	SO	#7	SUNY Cortland	{3}	0.03	48.29c	(49.06f)	3/1/25	SUNYAC Indoor Championshi
37	Jack KITTLE	FR		Wittenberg		0.01	48.31c	(49.08f)	2/28/25	NCAC Indoor Championships



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National TFRI Event Summary

Men's 800 Meters — 2025 Checkpoint #7, March 11 Team Pts. Scored Performance

NPR	Athlete		(Team Rank) Institution	1	Team Pts.	Score	d Performance	9	Meet	
1	Ziyad HASSAN	SR	#4 MIT		22.57	1:48.63		2/1/25	John Thomas Terrier Classic	
2	Dawit DEAN	SR	#14 Emory		19.86	1:49.41c	(1:50.97f)	3/2/25	UAA Indoor Championships	
3	Julian ASKE	SO	NYU		17.76	1:49.52		2/15/25	David Hemery Valentine Invita	
4	Will NEUBAUER	SR	Wabash		15.57	1:49.73c	(1:51.30f)	3/8/25	Wartburg Qualifier	
5	Hutton EDNEY	SO	#10 Wartburg		13.35	1:49.98c	(1:51.55f)	2/1/25	Wartburg Indoor Select	
6	Garret RIEDEN	JR	Brandeis		11.25	1:50.10c	(1:51.67f)	3/8/25	Tufts National Qualifying Meet	
7	Tor HOTUNG-DAVIDSEN	SR	#5 Lynchburg		9.99	1:50.39 OT		2/1/25	Steemer Showcase	
8	Cael SCHOEMANN	JR	#1 UW-La Crosse		8.83	1:50.57c	(1:52.15f)	3/1/25	WIAC Indoor Championships	
9	Trevor RICHWINE	JR	Dickinson		7.65	1:50.86		2/1/25	Penn State National	
10	Ben BUFFONE	JR	Ithaca		6.64	1:50.87c	(1:52.45f)	3/8/25	AARTFC (All-DIII Atlantic Regio	
11	Joe FRANKE	SR	#24 Loras		5.62	1:50.91c	(1:52.49f)	2/21/25	Caged Eagle Invite	
12	David WHITAKER	SO	#4 MIT	{2}	4.58	1:50.97		2/15/25	David Hemery Valentine Invita	
13	Andrew HUTCHINSON	SR	#19 Dubuque		3.56	1:51.00c	(1:52.58f)	3/1/25	American Rivers (ARC) Indoor	
14	Ben DAVIS	JR	Amherst		2.52	1:51.08		2/15/25	David Hemery Valentine Invita	
15	Carter CRUISE	SR	#10 Wartburg	{2}	2.01	1:51.10c	(1:52.68f)	2/7/25	Wartburg Friday Night Lights	
16	Pierce CLARK	FR	Claremont-Mudd-Scr	ri	1.73	1:51.14		3/2/25	Boston University Last Chance	
17	Kyle MILLER	SR	Buena Vista		1.46	1:51.17c	(1:52.76f)	2/1/25	Wartburg Indoor Select	
18	Joseph WONG	SR	Springfield (Mass.)		1.32	1:51.25c	(1:52.84f)	3/8/25	Tufts National Qualifying Meet	
19	Kevin MCBIRNEY	JR	Bridgewater State		1.13	1:51.41c	(1:53.00f)	3/8/25	Tufts National Qualifying Meet	
20	Rylan MARTIN	SO	#10 Wartburg	{3}	1.00	1:51.46c	(1:53.05f)	3/8/25	Wartburg Qualifier	
21	Jonathan ZAVALA	SR	SUNY Brockport		0.89	1:51.47c	(1:53.06f)	3/8/25	AARTFC (All-DIII Atlantic Regio	
22	William FROHLING	SO	Washington (Mo.)		0.73	1:51.57c	(1:53.16f)	3/8/25	Wartburg Qualifier	
23	Austin SPRINGER	SO	MSOE		0.63	1:51.58c	(1:53.17f)	2/8/25	Red Hawk Invitational	
24	Ashton DERISO	SR	Oglethorpe		0.50	1:51.63c	(1:53.22f)	3/8/25	Tufts National Qualifying Meet	
25	Nicholas LYNDAKER	JR	St. Lawrence		0.35	1:51.74c	(1:53.33f)	3/8/25	AARTFC (All-DIII Atlantic Regio	
26	Sean MILLER	SO	Vassar		0.29	1:51.77c	(1:53.36f)	3/8/25	Tufts National Qualifying Meet	
27	Jared STEINS	JR	#4 MIT	{3}	0.25	1:51.81c	(1:53.40f)	2/8/25	Tufts Cupid Challenge	
28	Ryan HAGAN	SO	SUNY Geneseo		0.19	1:51.96c	(1:53.56f)	2/21/25	Nazareth Conference Tune-Up	
29	John IHRKE	FR	Macalester		0.16	1:51.97c	(1:53.57f)	3/8/25	Wartburg Qualifier	
30	Oliver BRANDES	SO	Bowdoin		0.12	1:52.01		3/1/25	New England Division III Indoo	
31	Noah NELSON	SO	Lewis & Clark		0.11	1:52.02 OT		2/15/25	Husky Classic	
32	David SEEL	SO	Muhlenberg		0.09	1:52.06		2/7/25	Fastrack National Invitational	
33	Lucas GUIDONE	SR	Норе		0.04	1:52.19c	(1:53.79f)	3/8/25	Wartburg Qualifier	
34	Eli NEWTON	SR	Monmouth (Ill.)		0.02	1:52.27c	(1:53.87f)	3/8/25	Wartburg Qualifier	
35	Sam KURIAN	SO	Tufts		0.01	1:52.39c	(1:53.99f)	3/8/25	Tufts National Qualifying Meet	



as of 3/10/25 3:40 PM ET



National TFRI Event Summary

Men's Mile — 2025 Checkpoint #7, March 11

1 Ziyad HASSAN SR #4 MIT 22.56 4:01.13 2/15/25 David Hemery Valentine Invita 2 Chasen HUNT JR #5 Lynchburg 19.95 4:02.58 OT 2/12/25 Steemer Showcase 3 Nicholas LYNDAKER JR St. Lawrence 17.63 4:03.36 2:17/15/25 David Hemery Valentine Invita 4 Issac VANWESTRIENEN JR #22 Cornell College 15.19 4:04.41c (4:07.52/) 2/7/25 Steemer Showcase 3 Tor HOTUNG-DAVIDSEN SR #5 Lynchburg (2) 13.17 4:04.41c (4:07.59/) 3/2/25 ODAC Indoor Championships 5 Tor HOTUNG-DAVIDSEN SR #4 MIT (2) 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 4 Issac VANWESTRIENEN JR #4 MIT (2) 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 4 Issac VANWESTRIENEN JR #4 MIT (2) 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 4 Issac VANWESTRIENEN JR #4 MIT (2) 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 4 Issac VANWESTRIENEN JR #4 MIT (2) 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 4 Issac VANWESTRIENEN JR #4 MIT (2) 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 4 Issac VANWESTRIENEN JR #4 MIT (2) 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 10 Lucas RACKERS SR #11 Johns Hopkins 6:79 4:05.39 2/15/25 David Hemery Valentine Invita 11 Julian ASKE SO NYU 5.73 4:05.54 2/17/25 Fastrack National Invitational 11 Lance SOBASKI JR #10 Wortburg 4:68 4:05.66c (4:08.799) 2/17/25 Wartburg Friday Night Lights 13 Derek PENZKOVER SR UW-Stevens Point 3:67 4:05.70c (4:08.837) 3/8/25 Wartburg Qualifier 14 Eric ANDERSON SR UC Santo Cruz 2:62 4:05.82c (4:08.95) 3/8/25 Wartburg Qualifier 15 Jack BROWN SO #17 Central (lowa) 2:03 4:06.15 2/15/25 David Hemery Valentine Invita 16 Jayden ZYWICKI JR 13 UW-La Crosse (2) 1.75 4:06.25c (4:09.397) 3/8/25 Wartburg Qualifier 15 Jack BROWN SR MSOE 1:21 4:06.96c (4:10.297) 3/8/25 Turk National Qualifying Meet 17 Pablo ARROYO SR #4 MIT (3) 1.41 4:06.96c (4:09.744) 3/8/25 Turk National Qualifying Meet 18 Adam SHAW SR MSOE 1:21 4:06.96c (4:10.297) 3/8/25 David Hemery Valentine Invita 19 Jack CZANNECKI SO #13 RPI 1.10 4:07.00 2/15/25 David Hemery Valentine Invita 19 Jack CZANNECKI SR SR MSOE 1:21 4:06.96c (ALL I		/ -				15 6		Mank
2 Chasen HUNT JR 55 clumence 17.63 de103.46 2/11/25 Steemer Showcase 3 Nicholas LYNDAKER JR St. Lowence 17.63 de103.36 2/15/25 David Hemery Valentine Invita 4 Isaac VANWESTRIENEN JR St. Lowence 17.63 de103.36 2/15/25 David Hemery Valentine Invita 5 Tor HOTUNG-DAVIDSEN SR 35 Lynchburg [2] 13.17 de104.47c (4:07.59f) 3/2/25 ODAC Indoor Championships 6 Sam COUTTS SR 44 MIT [2] 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 7 Reza ESHIGHI SR Hoverford 9.96 4:04.97c (4:08.09f) 3/2/25 Concentral Indoor Champions 9 Mason SHEA SR 18 UW-La Crosse 8.94 4:05.29c (4:08.47f) 3/8/25 UW-La Crosse Final Qualifier 10 Lucas RACKERS SR 411 Johns Hopkins 6.79 4:05.39 2/15/25 David Hemery Valentine Invita 11 Julian ASKE SO NYU 5.73 4:05.54 2/7/25 Fastrack National Invitational Invitational 12 Lance SOBASKI JR 810 Wortburg 4.68 4:05.60c (4:08.87f) 3/8/25	NPR		-	<u> </u>	7			ea Pertormance		
3 Nicholas LYNDAKER JR St. Lawrence 17.63 4:03.36 2/15/25 David Hemery Valentine Invita 4 Issae VANWESTRIENEN JR #21 Connell College 15:19 4:04.41c (4:07.52f) 2/17/25 Wartburg Friday Night Lights 5 Tor HOTUNG-DAVIDSEN SR #3 Lynchburg (2) 13.17 4:04.47c (4:07.59f) 3/2/25 ODAC Indoor Championships 6 Sam COUTTS SR #4 MIT (2) 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 7 Reza ESHGHI SR Haverford 9.96 4:04.97c (4:08.09f) 3/2/25 David Hemery Valentine Invita 7 Reza ESHGHI SR Haverford 9.96 4:04.97c (4:08.09f) 3/2/25 David Hemery Valentine Invita 7 Reza ESHGHI SR Haverford 9.96 4:04.97c (4:08.09f) 3/2/25 David Hemery Valentine Invita 7 Reza ESHGHI SR Haverford 9.96 4:04.97c (4:08.09f) 3/2/25 David Hemery Valentine Invita 7 Reza ESHGHI SR Haverford 9.96 4:05.29c (4:08.42f) 3/2/25 UW-La Crosse Mark Guthrie Le 9 Mason SHEA SR #8 UW-Eau Claire 7.83 4:05.29c (4:08.42f) 3/2/25 UW-La Crosse Mark Guthrie Le 10 Lucas RACKERS SR #11 Johns Hopkins 6.79 4:05.39 2/15/25 David Hemery Valentine Invita 11 Julian ASKE SO NYU 5.73 4:05.54 (4:08.42f) 3/2/25 UW-La Crosse Final Qualifier 11 Lace SOBASKI JR #10 Wortburg 4.68 4:05.66c (4:08.79f) 2/17/25 Fastrack National Invitational 11 Lace SOBASKI JR #10 Wortburg 4.68 4:05.66c (4:08.89f) 2/17/25 Fastrack National Invitational 11 Lace SOBASKI JR #10 Wortburg 4.68 4:05.66c (4:08.89f) 3/2/25 UW-La Crosse Final Qualifier 11 Eric ANDERSON SR UV-Santa Cruz 2.62 4:05.82c (4:08.89f) 3/2/25 UW-La Crosse Final Qualifier 11 Lace Brown Shall Mark SR WSOE 1.11 4:06.60c (4:09.74f) 3/8/25 UW-La Crosse Mark Guthrie Le 17 Pablo ARROYO SR #4 MIT (3) 1.41 4:06.60c (4:09.74f) 3/8/25 UW-La Crosse Mark Guthrie Le 17 Pablo ARROYO SR #4 MIT (3) 1.41 4:06.60c (4:09.74f) 3/8/25 UW-La Crosse Final Qualifier 2 Multi 19 Jack CZARNECKI SR WSOE 1.21 4:06.95c (4:10.22f) 3/8/25 White Grosse Mark Guthrie Le 17 Danathan ZAVALA SR SUMY Brockport 0.87 4:07.13c (4:10.22f) 3/8/25 White Grosse Mark Guthrie Le 18 Jack CZARNECKI SR WSOE 0.36 4:07.13c (4:10.22f) 3/8/25 Wartburg Qualifier 2 Multi 19 Jack CZARNECKI SR SR WS										•
4 Isaac VANWESTRIENEN				, ,					, , -	
5 TOR HOTUNG-DAVIDSEN SR Lynchburg (2) 13.17 4:04.47c (4:07.59f) 3/2/25 ODAC Indoor Championships 6 Sam COUTTS SR 4MIT (2) 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 7 Reza ESHGHI SR Haverford 9.96 4:04.97c (4:08.09f) 3/2/25 Centennial Indoor Champions 8 Cael SCHOEMANN JR 10 W-La Crosse 8.94 4:05.03c (4:08.15f) 2/8/25 UW-La Crosse Mark Guthrie Le 9 Mason SHEA SR 88 UW-Eau Claire 7.83 4:05.29c (4:08.42f) 3/8/25 UW-La Crosse Final Qualifier 10 Lucas RACKERS SR #11 Johns Hopkins 6.79 4:05.54 2.7/12/5 20 Methemery Valentine Invita 11 Julian ASKE SO NYU 5.73 4:05.54 2.7/12/5 Seathcurst National Invitational 12 Lance SOBASKI JR #10 Waraburg 4.68 4:05.66c (4:08.29f) 2/15/25 David Themery Valentine Invita 14 Eric ANDERSON SR UC Sonta Cruz	3								, -, -	•
6 Sam COUTTS SR #4 MIT {2} 11.15 4:04.51 2/15/25 David Hemery Valentine Invita 7 Reza ESHGHI SR Hoverford 9.96 4:04.97C (4:08.09) 3/2/25 Centennial Indoor Champions 8 Cael SCHOEMANN JR 1 UW-La Crosse 8.94 4:05.03c (4:08.19) 2/15/25 Centennial Indoor Champions 8 DMSON SHEA SR 81 UW-Eau Claire 7.83 4:05.19c (4:08.42f) 3/8/25 UW-La Crosse Final Qualifier 10 Lucas RACKERS SR 911 Johns Hopkins 6.79 4:05.39 2/15/25 David Hemery Valentine Invita 11 Julian ASKE SO NYU 5.73 4:05.54 2/7/25 Fast de Hemery Valentine Invita 12 Lance SOBASKI JR #10 Wartburg 4.68 4:05.66c (4:08.83f) 3/8/25 W-La Crosse Final Qualifier 14 Eric ANDERSON SR UC Santa Cruz 2.62 4:05.82c (4:08.95f) 3/8/25 Wartburg Qualifier 15 Jack BROWN SO #17 Central (lowa) 2.03	4						4:04.41c	(4:07.52f)		
7 Reza ESHGHI SR Haverford 9.96 4:04.97c (4:08.09f) 3/2/25 Centennial Indoor Champions 8 Cael SCHOEMANN JR 31 WW-La Crosse 8.94 4:05.03c (4:08.15f) 2/8/25 UW-La Crosse Mark Guthrie Le 9 Mason SHEA SR #8 WW-Eau Claire 7.83 4:05.29c (4:08.42f) 3/8/25 UW-La Crosse Final Qualifier 10 Lucas RACKERS SR #11 Johns Hopkins 6.79 4:05.39 2/15/25 David Hemery Valentine Invitational 11 Julian ASKE 50 NYU 5.73 4:05.56c (4:08.79f) 2/17/25 Past bury Walentine Invitational 12 Lance SOBASKI JR #10 Wortburg 4.68 4:05.66c (4:08.79f) 2/17/25 Wartburg Past New Valentine Invitational 13 Derek PENZKOVER SR WW-Stevens Point 3.67 4:05.56c (4:08.89f) 3/8/25 Wurbar bury Larcosse Final Qualifier 14 Eric ANDERSON SR #17 Central (lowa) 2.03 4:06.35c (4:09	5	Tor HOTUNG-DAVIDSEN	SR	y	{2}	13.17	4:04.47c	(4:07.59f)	-, , -	· ·
8 Cael SCHOEMANN JR 11 UW-La Crosse 8.94 4:05.03c (4:08.15f) 2/8/25 UW-La Crosse Mark Guthrie Le 9 Mason SHEA SR #8 UW-Eau Claire 7.83 4:05.29c (4:08.42f) 3/8/25 UW-La Crosse Final Qualifier 10 Lucas RACKERS SR #11 Johns Hopkins 6.79 4:05.39 2/15/25 David Hemery Valentine Invita 11 Julian ASKE SO NYU 5.73 4:05.54 2/17/25 Fastrack National Invitational Invitational Invitational Invitational Value 12 Lance SOBASKI JR #10 Wortburg 4.68 4:05.66c (4:08.79f) 2/17/25 Wartburg Friday Night Lights 13 Derek PENZKOVER SR UW-Stevens Point 3.67 4:05.70c (4:08.83f) 3/8/25 Wartburg Qualifier 14 Eric ANDERSON SR UC Santa Cruz 2.62 4:05.50c (4:08.93f) 3/8/25 Wartburg Qualifier 15 Jack BROWN SD #17 Central (lowa) 2.03 4:06.55c (4:09.39f) 2/8/25 UW-La Crosse Final Qualifier 17 Pablo ARROYO S	6	Sam COUTTS	SR	#4 MIT	{2}	11.15	4:04.51		2/15/25	David Hemery Valentine Invita
9 Mason SHEA SR #8 UW-Eau Claire 7.83 4:05.29c (4:08.42f) 3/8/25 UW-La Crosse Final Qualifier 10 Lucas RACKERS SR #11 Johns Hopkins 6.79 4:05.39 2/15/25 David Hemery Valentine Invita 11 Julian ASKE SO NYU 5.73 4:05.54 2/17/25 Eartack National Invitational 12 Lance SOBASKI JR #10 Wortburg 4.68 4:05.66c (4:08.79f) 2/17/25 Sartack National Invitational 13 Derek PENZKOVER SR UW-Stevens Point 3.67 4:05.70c (4:08.83f) 3/8/25 Wur-La Crosse Final Qualifier 14 Eric ANDERSON SR UC Santa Cruz 2.62 4:05.82c (4:08.95f) 3/8/25 Wur-La Crosse Final Qualifier 15 Jack BROWN SO #17 Central (lowa) 2.03 4:06.15 2/15/25 David Hemery Valentine Invita 16 Jayden ZYWICKI JR 31 UW-La Crosse [2] 1.75 4:06.25c (4:09.39f) 2/8/25 Urls Crosse Final Qualifier 17 Pablo ARROYO SR #4 MIT [3]	7	Reza ESHGHI	SR	Haverford		9.96	4:04.97c	(4:08.09f)	3/2/25	Centennial Indoor Champions
10 Lucas RACKERS SR #11 Johns Hopkins 6.79 4:05.39 2/15/25 David Hemery Valentine Invita	8	Cael SCHOEMANN	JR	#1 UW-La Crosse		8.94	4:05.03c	(4:08.15f)	2/8/25	UW-La Crosse Mark Guthrie Le
11 Julian ASKE SO NYU 5.73 4:05.54 2/T/25 Fastrack National Invitational 12 Lance SOBASKI JR #10 Wartburg 4.68 4:05.66c (4:08.79f) 2/T/25 Wartburg Friday Night Lights 13 Derek PENZKOVER SR UW-Stevens Point 3.67 4:05.70c (4:08.83f) 3/8/25 WH-Lorosse Final Qualifier 14 Eric ANDERSON SR UW-Stevens Point 3.67 4:05.82c (4:08.95f) 3/8/25 UW-Lorosse Final Qualifier 15 Jack BROWN SO #17 Central (lowa) 2.03 4:06.15 2/15/25 David Hemery Valentine Invita 16 Jayden ZYWICKI JR #1 UW-La Crosse {2} 1.75 4:06.25c (4:09.39f) 2/8/25 UW-La Crosse Mark Guthrie Le 17 Pablo ARROYO SR #4 MIT (3) 1.41 4:06.25c (4:09.39f) 2/8/25 Uw-La Crosse Mark Guthrie Le 18 Adam SHAW SR MSOE 1.21 4:07.00	9	Mason SHEA	SR	#8 UW-Eau Claire		7.83	4:05.29c	(4:08.42f)	3/8/25	UW-La Crosse Final Qualifier
12 Lance SOBASKI JR #10 Wartburg 4.68 4:05.66c (4:08.79f) 2/T/25 Wartburg Friday Night Lights 13 Derek PENZKOVER SR UW-Stevens Point 3.67 4:05.70c (4:08.83f) 3/8/25 UW-La Crosse Final Qualifier 14 Eric ANDERSON SR UC Santa Cruz 2.62 4:05.82c (4:08.95f) 3/8/25 Wartburg Qualifier 15 Jack BROWN SO #17 Central (lowa) 2.03 4:06.15 2/15/25 David Hemery Valentine Invita 16 Jayden ZYWICKI JR #1 UW-La Crosse {2} 1.75 4:06.25c (4:09.39f) 2/8/25 UW-La Crosse Mark Guthrie Lee 17 Pablo ARROYO SR #4 MIT {3} 1.41 4:06.60c (4:09.74f) 3/8/25 Tufts National Qualifier & Guthrie Lee 18 Adam SHAW SR MSOE 1.21 4:06.60c (4:10.12f) 3/8/25 Ripon Final Qualifier and Walti 20 Brady GOSS SO Concordia Moorhead	10	Lucas RACKERS	SR	#11 Johns Hopkins		6.79	4:05.39		2/15/25	David Hemery Valentine Invita
13 Derek PENZKOVER SR UW-Stevens Point 3.67 4:05.70c (4:08.83f) 3/8/25 UW-La Crosse Final Qualifier 14 Eric ANDERSON SR UC Santa Cruz 2.62 4:05.82c (4:08.95f) 3/8/25 Wartburg Qualifier 15 Jack BROWN SO #17 Central (lowa) 2.03 4:06.15 2/15/25 David Hemery Valentine Invita 16 Jayden ZYWICKI JR #1 UW-La Crosse [2] 1.75 4:06.25c (4:09.39f) 2/8/25 UW-La Crosse Mark Guthrie Le 17 Pablo ARROYO SR #4 MIT [3] 1.41 4:06.60c (4:09.39f) 2/8/25 UW-La Crosse Mark Guthrie Le 18 Adam SHAW SR MSOE 1.21 4:06.60c (4:10.12f) 3/8/25 Turt's National Qualifier & Multi 19 Jack CZARNECKI SO #13 RPI 1.10 4:07.00c (4:10.20f) 3/8/25 Wartburg Qualifier 20 Brady GOSS SO Concordia Moorhead 0.99 4:07.05c (4:10.20f)	11	Julian ASKE	SO	NYU		5.73	4:05.54		2/7/25	Fastrack National Invitational
14 Eric ANDERSON SR UC Santa Cruz 2.62 4:05.82c (4:08.95f) 3/8/25 Wartburg Qualifier 15 Jack BROWN SO #17 Central (lowa) 2.03 4:06.15 2/15/25 David Hemery Valentine Invita 16 Jayden ZYWICKI JR 11 UW-La Crosse {2} 1.75 4:06.25c (4:09.39f) 2/8/25 DW-La Crosse Mark Guthrie Le 17 Pablo ARROYO SR #4 MIT (3) 1.41 4:06.60c (4:09.74f) 3/8/25 Tufts National Qualifying Meet 18 Adam SHAW SR MSOE 1.21 4:06.96c (4:10.12f) 3/8/25 Tufts National Qualifying Meet 19 Jack CZARNECKI SO #13 RPI 1.10 4:07.00 2/15/25 David Hemery Valentine Invita 20 Brady GOSS SO Concordia Moorhead 0.99 4:07.13c (4:10.20f) 3/8/25 Wartburg Qualifier 21 Jonathan ZAVALA SR SUNV Brockport 0.87 4:07.13c <	12	Lance SOBASKI	JR	#10 Wartburg		4.68	4:05.66c	(4:08.79f)	2/7/25	Wartburg Friday Night Lights
15 Jack BROWN SO #17 Central (lowa) 2.03 4:06.15 2/15/25 David Hemery Valentine Invita 16 Jayden ZYWICKI JR #1 UW-La Crosse {2} 1.75 4:06.25c (4:09.39f) 2/8/25 UW-La Crosse Mark Guthrie Le 17 Pablo ARROYO SR #4 MIT {3} 1.41 4:06.60c (4:09.74f) 3/8/25 Tufts National Qualifying Meet 18 Adam SHAW SR MSOE 1.21 4:06.96c (4:10.12f) 3/8/25 Ripon Final Qualifier & Multi 19 Jack CZARNECKI SO #13 RPI 1.10 4:07.00 2/15/25 David Hemery Valentine Invita 20 Brady GOSS SO Concordia Moorhead 0.99 4:07.00 2/15/25 David Hemery Valentine Invita 21 Jonathan ZAVALA SR SUNY Brockport 0.87 4:07.13c (4:10.26f) 3/8/25 Wartburg Qualifier 21 Jonathan ZAVALA SR SUNY Brockport 0.87 4:07.13c (4:10.26f) 3	13	Derek PENZKOVER	SR	UW-Stevens Point		3.67	4:05.70c	(4:08.83f)	3/8/25	UW-La Crosse Final Qualifier
16 Jayden ZYWICKI JR #1 UW-La Crosse {2} 1.75 4:06.25c (4:09.39f) 2/8/25 UW-La Crosse Mark Guthrie Le 17 Pablo ARROYO SR #4 MIT {3} 1.41 4:06.60c (4:09.74f) 3/8/25 Tufts National Qualifying Meet 18 Adam SHAW SR MSOE 1.21 4:06.96c (4:10.12f) 3/8/25 Ripon Final Qualifier & Multi 19 Jack CZARNECKI SO #13 RPI 1.10 4:07.00 2/15/25 David Hemery Valentine Invita 20 Brady GOSS SO Concordia Moorhead 0.99 4:07.05c (4:10.20f) 3/8/25 Wartburg Qualifier 21 Jonathan ZAVALA SR SUNY Brockport 0.87 4:07.13c (4:10.28f) 3/1/25 Empire 8 Indoor Championshi 22 Joey SULLIVAN JR #1 UW-La Crosse {3} 0.76 4:07.13c (4:10.29f) 3/8/25 UW-La Crosse Final Qualifier 23 Sean HENDRICKS SR #2	14	Eric ANDERSON	SR	UC Santa Cruz		2.62	4:05.82c	(4:08.95f)	3/8/25	Wartburg Qualifier
17 Pablo ARROYO SR #4 MIT {3} 1.41 4:06.60c (4:09.74f) 3/8/25 Tufts National Qualifying Meet 18 Adam SHAW SR MSOE 1.21 4:06.96c (4:10.12f) 3/8/25 Ripon Final Qualifier & Multi 19 Jack CZARNECKI SO #13 RPI 1.10 4:07.00 2/15/25 David Hemery Valentine Invita 20 Brady GOSS SO Concordia Moorhead 0.99 4:07.05c (4:10.20f) 3/8/25 Wartburg Qualifier 21 Jonathan ZAVALA SR SUNY Brockport 0.87 4:07.13c (4:10.28f) 3/1/25 Empire 8 Indoor Championshi 22 Joey SULLIVAN JR #11 UW-La Crosse {3} 0.76 4:07.13c (4:10.29f) 3/8/25 UW-La Crosse Final Qualifier 23 Sean HENDRICKS SR #22 Rochester (N.Y.) 0.61 4:07.33c (4:10.48f) 3/8/25 ARTFC (All-DIII Atlantic Regio 24 Connor RISS SR #12 North Central (III.) 0.50 4:07.37c (4:10.52f) 1/10/25 Cardinal Opener 25 Ross TEJEDA	15	Jack BROWN	SO	#17 Central (Iowa)		2.03	4:06.15		2/15/25	David Hemery Valentine Invita
18 Adam SHAW SR MSOE 1.21 4:06.96c (4:10.12f) 3/8/25 Ripon Final Qualifier & Multi 19 Jack CZARNECKI SO #13 RPI 1.10 4:07.00 2/15/25 David Hemery Valentine Invita 20 Brady GOSS SO Concordia Moorhead 0.99 4:07.05c (4:10.20f) 3/8/25 Wartburg Qualifier 21 Jonathan ZAVALA SR SUNY Brockport 0.87 4:07.13c (4:10.28f) 3/1/25 Empire & Indoor Championshi 22 Joey SULLIVAN JR #1 UW-La Crosse {3} 0.76 4:07.14c (4:10.29f) 3/8/25 UW-La Crosse Final Qualifier 23 Sean HENDRICKS SR #22 Rochester (N.Y.) 0.61 4:07.33c (4:10.48f) 3/8/25 ARTFC (All-DIII Atlantic Regio 24 Connor RISS SR #12 North Central (III.) 0.50 4:07.37c (4:10.52f) 1/10/25 Cardinal Opener 25 Ross TEJEDA JR Bates 0.36 4:07.37c (4:10.52f) 1/10/25 David Hemery Valentine Invita 26 Aidan DECKER </td <th>16</th> <td>Jayden ZYWICKI</td> <td>JR</td> <td>#1 UW-La Crosse</td> <td>{2}</td> <td>1.75</td> <td>4:06.25c</td> <td>(4:09.39f)</td> <td>2/8/25</td> <td>UW-La Crosse Mark Guthrie Le</td>	16	Jayden ZYWICKI	JR	#1 UW-La Crosse	{2}	1.75	4:06.25c	(4:09.39f)	2/8/25	UW-La Crosse Mark Guthrie Le
19 Jack CZARNECKI SO #13 RPI 1.10 4:07.00 2/15/25 David Hemery Valentine Invita 20 Brady GOSS SO Concordia Moorhead 0.99 4:07.05c (4:10.20f) 3/8/25 Wartburg Qualifier 21 Jonathan ZAVALA SR SUNY Brockport 0.87 4:07.13c (4:10.28f) 3/1/25 Empire 8 Indoor Championshi 22 Joey SULLIVAN JR 31 UW-La Crosse {3} 0.76 4:07.14c (4:10.29f) 3/8/25 UW-La Crosse Final Qualifier 23 Sean HENDRICKS SR #22 Rochester (N.Y.) 0.61 4:07.33c (4:10.48f) 3/8/25 ARTFC (All-DIII Atlantic Regio 24 Connor RISS SR #12 North Central (Ill.) 0.50 4:07.37c (4:10.52f) 1/10/25 Cardinal Opener 25 Ross TEJEDA JR Bates 0.36 4:07.55 2/15/25 David Hemery Valentine Invita 26 Aidan DECKER FR #10 Wartburg 2 0.30 4:07.55 2/15/25	17	Pablo ARROYO	SR	#4 MIT	{3}	1.41	4:06.60c	(4:09.74f)	3/8/25	Tufts National Qualifying Meet
20 Brady GOSS SO Concordia Moorhead 0.99 4:07.05c (4:10.20f) 3/8/25 Wartburg Qualifier 21 Jonathan ZAVALA SR SUNY Brockport 0.87 4:07.13c (4:10.28f) 3/1/25 Empire 8 Indoor Championshi 22 Joey SULLIVAN JR 11 UW-La Crosse [3] 0.76 4:07.14c (4:10.29f) 3/8/25 UW-La Crosse Final Qualifier 23 Sean HENDRICKS SR #22 Rochester (N.Y.) 0.61 4:07.33c (4:10.48f) 3/8/25 AARTFC (All-DIII Atlantic Regio 24 Connor RISS SR #12 North Central (III.) 0.50 4:07.37c (4:10.52f) 1/10/25 Cardinal Opener 25 Ross TEJEDA JR Bates 0.36 4:07.55 2/15/25 David Hemery Valentine Invita 26 Aidan DECKER FR #10 Wartburg [2] 0.30 4:07.55 2/15/25 David Hemery Valentine Invita 27 Tim BARRY SR Suffolk 0.26 4:07.72 3	18	Adam SHAW	SR	MSOE		1.21	4:06.96c	(4:10.12f)	3/8/25	Ripon Final Qualifier & Multi
21 Jonathan ZAVALA SR SUNY Brockport 0.87 4:07.13c (4:10.28f) 3/1/25 Empire 8 Indoor Championshi 22 Joey SULLIVAN JR #1 UW-La Crosse {3} 0.76 4:07.14c (4:10.29f) 3/8/25 UW-La Crosse Final Qualifier 23 Sean HENDRICKS SR #22 Rochester (N.Y.) 0.61 4:07.33c (4:10.48f) 3/8/25 AARTFC (All-DIII Atlantic Regio 24 Connor RISS SR #12 North Central (III.) 0.50 4:07.37c (4:10.52f) 1/10/25 Cardinal Opener 25 Ross TEJEDA JR Bates 0.36 4:07.55 2/15/25 David Hemery Valentine Invita 26 Aidan DECKER FR #10 Wartburg {2} 0.30 4:07.63c (4:10.79f) 3/8/25 Wartburg Qualifier 27 Tim BARRY SR Suffolk 0.26 4:07.72 3/1/25 New England Division III Indoo 28 Calvin BOONE SR St. Scholastica 0.23 4:07.77c (4:10.93f) 2/8/25 UW-La Crosse Mark Guthrie Le 29 Zygmund GODDARD SR Middlebury 0.15 4:08.15c (4:11.45f) 2/8/25 Maine State Championshi	19	Jack CZARNECKI	SO	#13 RPI		1.10	4:07.00		2/15/25	David Hemery Valentine Invita
22 Joey SULLIVAN JR #1 UW-La Crosse {3} 0.76 4:07.14c (4:10.29f) 3/8/25 UW-La Crosse Final Qualifier 23 Sean HENDRICKS SR #22 Rochester (N.Y.) 0.61 4:07.33c (4:10.48f) 3/8/25 AARTFC (All-DIII Atlantic Regio 24 Connor RISS SR #12 North Central (III.) 0.50 4:07.37c (4:10.52f) 1/10/25 Cardinal Opener 25 Ross TEJEDA JR Bates 0.36 4:07.55 2/15/25 David Hemery Valentine Invita 26 Aidan DECKER FR #10 Wartburg {2} 0.30 4:07.63c (4:10.79f) 3/8/25 Wartburg Qualifier 27 Tim BARRY SR Suffolk 0.26 4:07.72 3/1/25 New England Division III Indoo 28 Calvin BOONE SR St. Scholastica 0.23 4:07.77c (4:10.93f) 2/8/25 UW-La Crosse Mark Guthrie Le 29 Zygmund GODDARD SR Middlebury 0.15 4:08.15c (4:11.31f) 3/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODD	20	Brady GOSS	SO	Concordia Moorhed	nd	0.99	4:07.05c	(4:10.20f)	3/8/25	Wartburg Qualifier
23 Sean HENDRICKS SR #22 Rochester (N.Y.) 0.61 4:07.33c (4:10.48f) 3/8/25 AARTFC (All-DIII Atlantic Regio 24 Connor RISS SR #12 North Central (Ill.) 0.50 4:07.37c (4:10.52f) 1/10/25 Cardinal Opener 25 Ross TEJEDA JR Bates 0.36 4:07.55 2/15/25 David Hemery Valentine Invita 26 Aidan DECKER FR #10 Wartburg {2} 0.30 4:07.63c (4:10.79f) 3/8/25 Wartburg Qualifier 27 Tim BARRY SR Suffolk 0.26 4:07.72 3/1/25 New England Division III Indoo 28 Calvin BOONE SR St. Scholastica 0.23 4:07.77c (4:10.93f) 2/8/25 UW-La Crosse Mark Guthrie Le 29 Zygmund GODDARD SR St. Scholastica {2} 0.11 4:08.29c (4:11.45f) 2/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODDARD SR Bowdoin 0.09 4:08.36c	21	Jonathan ZAVALA	SR	SUNY Brockport		0.87	4:07.13c	(4:10.28f)	3/1/25	Empire 8 Indoor Championshi
24 Connor RISS SR #12 North Central (III.) 0.50 4:07.37c (4:10.52f) 1/10/25 Cardinal Opener 25 Ross TEJEDA JR Bates 0.36 4:07.55 2/15/25 David Hemery Valentine Invita 26 Aidan DECKER FR #10 Wartburg {2} 0.30 4:07.63c (4:10.79f) 3/8/25 Wartburg Qualifier 27 Tim BARRY SR Suffolk 0.26 4:07.72 3/1/25 New England Division III Indoo 28 Calvin BOONE SR St. Scholastica 0.23 4:07.77c (4:10.93f) 2/8/25 UW-La Crosse Mark Guthrie Le 29 Zygmund GODDARD SR Middlebury 0.15 4:08.15c (4:11.31f) 3/8/25 Tufts National Qualifying Meet 30 Lars DEWALL SR St. Scholastica {2} 0.11 4:08.29c (4:11.45f) 2/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODDARD SR Bowdoin 0.09 4:08.36c (4:11.53f) 2/8/25 Maine State Championships 32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25 Wartburg Qualifier 33 Tim NEUMANN JR #4 MIT 4/4 0.05 4:08.54c (4:11.71f) 2/8/25 Tuft	22	Joey SULLIVAN	JR	#1 UW-La Crosse	{3}	0.76	4:07.14c	(4:10.29f)	3/8/25	UW-La Crosse Final Qualifier
25 Ross TEJEDA JR Bates 0.36 4:07.55 2/15/25 David Hemery Valentine Invita 26 Aidan DECKER FR #10 Wartburg {2} 0.30 4:07.63c (4:10.79f) 3/8/25 Wartburg Qualifier 27 Tim BARRY SR Suffolk 0.26 4:07.72 3/1/25 New England Division III Indoo 28 Calvin BOONE SR St. Scholastica 0.23 4:07.77c (4:10.93f) 2/8/25 UW-La Crosse Mark Guthrie Le 29 Zygmund GODDARD SR Middlebury 0.15 4:08.15c (4:11.31f) 3/8/25 Tufts National Qualifying Meet 30 Lars DEWALL SR St. Scholastica {2} 0.11 4:08.29c (4:11.45f) 2/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODDARD SR Bowdoin 0.09 4:08.36c (4:11.53f) 2/8/25 Maine State Championships 32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25	23	Sean HENDRICKS	SR	#22 Rochester (N.Y.)		0.61	4:07.33c	(4:10.48f)	3/8/25	AARTFC (All-DIII Atlantic Regio
26 Aidan DECKER FR #10 Wartburg {2} 0.30 4:07.63c (4:10.79f) 3/8/25 Wartburg Qualifier 27 Tim BARRY SR Suffolk 0.26 4:07.72 3/1/25 New England Division III Indoo 28 Calvin BOONE SR St. Scholastica 0.23 4:07.77c (4:10.93f) 2/8/25 UW-La Crosse Mark Guthrie Le 29 Zygmund GODDARD SR Middlebury 0.15 4:08.15c (4:11.31f) 3/8/25 Tufts National Qualifying Meet 30 Lars DEWALL SR St. Scholastica {2} 0.11 4:08.29c (4:11.45f) 2/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODDARD SR Bowdoin 0.09 4:08.36c (4:11.53f) 2/8/25 Maine State Championships 32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25 Wartburg Qualifier 33 Tim NEUMANN JR MIT 41 0.05 4:08.54c (4:11.71f)	24	Connor RISS	SR	#12 North Central (Ill.)		0.50	4:07.37c	(4:10.52f)	1/10/25	Cardinal Opener
27 Tim BARRY SR Suffolk 0.26 4:07.72 3/1/25 New England Division III Indoo 28 Calvin BOONE SR St. Scholastica 0.23 4:07.77c (4:10.93f) 2/8/25 UW-La Crosse Mark Guthrie Le 29 Zygmund GODDARD SR Middlebury 0.15 4:08.15c (4:11.31f) 3/8/25 Tufts National Qualifying Meet 30 Lars DEWALL SR St. Scholastica {2} 0.11 4:08.29c (4:11.45f) 2/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODDARD SR Bowdoin 0.09 4:08.36c (4:11.53f) 2/8/25 Maine State Championships 32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25 Wartburg Qualifier 33 Tim NEUMANN JR MIT {4} 0.05 4:08.54c (4:11.71f) 2/8/25 Tufts Cupid Challenge 34 Vincent GIUMENTI SR Mount Union 0.04 4:08.58 2/15/25 David Hemery Valentine Invita	25	Ross TEJEDA	JR						2/15/25	David Hemery Valentine Invita
27 Tim BARRY SR Suffolk 0.26 4:07.72 3/1/25 New England Division III Indoo 28 Calvin BOONE SR St. Scholastica 0.23 4:07.77c (4:10.93f) 2/8/25 UW-La Crosse Mark Guthrie Le 29 Zygmund GODDARD SR Middlebury 0.15 4:08.15c (4:11.31f) 3/8/25 Tufts National Qualifying Meet 30 Lars DEWALL SR St. Scholastica {2} 0.11 4:08.29c (4:11.45f) 2/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODDARD SR Bowdoin 0.09 4:08.36c (4:11.53f) 2/8/25 Maine State Championships 32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25 Wartburg Qualifier 33 Tim NEUMANN JR #4 MIT 41 0.05 4:08.54c (4:11.71f) 2/8/25 Tufts Cupid Challenge 34 Vincent GIUMENTI SR Mount Union 0.04 4:08.58 2/15/25 David Hemery Valentine Invita	26	Aidan DECKER	FR	#10 Wartburg	{2}	0.30	4:07.63c	(4:10.79f)	3/8/25	Wartburg Qualifier
28 Calvin BOONE SR St. Scholastica 0.23 4:07.77c (4:10.93f) 2/8/25 UW-La Crosse Mark Guthrie Le 29 Zygmund GODDARD SR Middlebury 0.15 4:08.15c (4:11.31f) 3/8/25 Tufts National Qualifying Meet 30 Lars DEWALL SR St. Scholastica {2} 0.11 4:08.29c (4:11.45f) 2/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODDARD SR Bowdoin 0.09 4:08.36c (4:11.53f) 2/8/25 Maine State Championships 32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25 Wartburg Qualifier 33 Tim NEUMANN JR #4 MIT 41 0.05 4:08.54c (4:11.71f) 2/8/25 Tufts Cupid Challenge 34 Vincent GIUMENTI SR Mount Union 0.04 4:08.58 2/15/25 David Hemery Valentine Invita	27	Tim BARRY	SR			0.26	4:07.72	,	3/1/25	New England Division III Indoo
29 Zygmund GODDARD SR Middlebury 0.15 4:08.15c (4:11.31f) 3/8/25 Tufts National Qualifying Meet 30 Lars DEWALL SR St. Scholastica {2} 0.11 4:08.29c (4:11.45f) 2/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODDARD SR Bowdoin 0.09 4:08.36c (4:11.53f) 2/8/25 Maine State Championships 32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25 Wartburg Qualifier 33 Tim NEUMANN JR #4 MIT {4} 0.05 4:08.54c (4:11.71f) 2/8/25 Tufts Cupid Challenge 34 Vincent GIUMENTI SR Mount Union 0.04 4:08.58 2/15/25 David Hemery Valentine Invita	28	Calvin BOONE		St. Scholastica		0.23	4:07.77c	(4:10.93f)	2/8/25	UW-La Crosse Mark Guthrie Le
30 Lars DEWALL SR St. Scholastica {2} 0.11 4:08.29c (4:11.45f) 2/8/25 UW-La Crosse Mark Guthrie Le 31 Will GODDARD SR Bowdoin 0.09 4:08.36c (4:11.53f) 2/8/25 Maine State Championships 32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25 Wartburg Qualifier 33 Tim NEUMANN JR #4 MIT {4} 0.05 4:08.54c (4:11.71f) 2/8/25 Tufts Cupid Challenge 34 Vincent GIUMENTI SR Mount Union 0.04 4:08.58 2/15/25 David Hemery Valentine Invita								, ,	, -, -	
31 Will GODDARD SR Bowdoin 0.09 4:08.36c (4:11.53f) 2/8/25 Maine State Championships 32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25 Wartburg Qualifier 33 Tim NEUMANN JR #4 MIT {4} 0.05 4:08.54c (4:11.71f) 2/8/25 Tufts Cupid Challenge 34 Vincent GIUMENTI SR Mount Union 0.04 4:08.58 2/15/25 David Hemery Valentine Invita					{2}					· · · -
32 Sean HARTNEY SR St. Olaf 0.06 4:08.48c (4:11.65f) 3/8/25 Wartburg Qualifier 33 Tim NEUMANN JR #4 MIT {4} 0.05 4:08.54c (4:11.71f) 2/8/25 Tufts Cupid Challenge 34 Vincent GIUMENTI SR Mount Union 0.04 4:08.58 2/15/25 David Hemery Valentine Invita								, ,	, -, -	
33 Tim NEUMANN JR #4 MIT {4} 0.05 4:08.54c (4:11.71f) 2/8/25 Tufts Cupid Challenge 34 Vincent GIUMENTI SR Mount Union 0.04 4:08.58 2/15/25 David Hemery Valentine Invita										
34 Vincent GIUMENTI SR Mount Union 0.04 4:08.58 2/15/25 David Hemery Valentine Invita					{4}					
					.,			(, -, -	, ,
	35	Braden NICHOLSON	SR	#12 North Central (Ill.)	{2}	0.01	4:08.77c	(4:11.94f)	, ,	•



as of 3/10/25 3:40 PM ET



National TFRI Event Summary

Men's 3000 Meters — 2025 Checkpoint #7, March 11

NPR	Athlete		(Team Rank) Institution	,	Team Pts.		Score	ed Performance)	Meet
1	Chasen HUNT	JR	#5 Lynchburg		22.72		7:56.92	ea r errormance		David Hemery Valentine Invita
2	Emmanuel LEBLOND	JR	#11 Johns Hopkins		20.53		7:57.85			David Hemery Valentine Invita
3	Grant MATTHAI	SO	#1 UW-La Crosse		17.82		8:01.32c	(8:06.92f)	, -, -	UW-La Crosse Mark Guthrie Le
4	Braden NICHOLSON	SR	#12 North Central (Ill.)		15.75		8:01.70c	(8:07.30f)	, -, -	UW-La Crosse Pat Healy Classi
5	Reza ESHGHI	SR	Haverford		13.41		8:03.39	(8.07.301)		David Hemery Valentine Invita
6	Isaac VANWESTRIENEN	JR	#21 Cornell College			D	8:03.80c	(8:09.42f)	, -, -	Hilltop Invitational
			#6 UW-Whitewater			_	8:05.21	(0.03.421)		John Thomas Terrier Classic
7	Christian PATZKA Aidan MATTHAI	SR	#1 UW-La Crosse	ເວາ	10.05			(0.11 22f)		UW-La Crosse Mark Guthrie Le
8		JR			8.96		8:05.67c	(8:11.32f)		
9	Adam LOENSER	SR	#1 UW-La Crosse	{3}	7.88		8:06.07c	(8:11.72f)	, -, -	UW-La Crosse Mark Guthrie Le
10	Gunner SCHLENDER	SR	#6 UW-Whitewater	{2}	6.77		8:06.85		, , -	John Thomas Terrier Classic
11	Tim NEUMANN	JR	#4 MIT		5.52		8:08.74	(6)	-, , -	Boston University Last Chance
12	Quinn WHITE	SO	Pomona-Pitzer		4.44		8:09.35c	(8:15.04f)		Tufts Stampede
13	Charlie VATER	FR	#1 UW-La Crosse		3.41		8:09.56c	(8:15.25f)		UW-La Crosse Pat Healy Classi
14	Matt SCARDIGNO	SR	Connecticut College	9	2.39		8:09.76		2/15/25	David Hemery Valentine Invita
15	Mason SHEA	SR	#8 UW-Eau Claire		1.87		8:09.87c	(8:15.57f)	3/1/25	WIAC Indoor Championships
16	Lars DEWALL	SR	St. Scholastica		1.61		8:09.98c	(8:15.68f)	2/1/25	Wartburg Indoor Select
16	Michael GOODENBOUR	SR	#10 Wartburg		1.61		8:09.98c	(8:15.68f)	2/1/25	Wartburg Indoor Select
18	Nicholas LYNDAKER	JR	St. Lawrence		1.24		8:10.14		2/7/25	Fastrack National Invitational
19	Ryan TOBIN	SR	NYU		1.14		8:10.15c	(8:15.85f)	3/2/25	UAA Indoor Championships
20	Sam COUTTS	SR	<mark>#4</mark> MIT	{2}	0.96		8:10.87		2/1/25	John Thomas Terrier Classic
21	Joey SULLIVAN	JR	#1 UW-La Crosse	{5}	0.80		8:11.83c	(8:17.55f)	1/25/25	UW-La Crosse Pat Healy Classi
22	Gabe NICHOLS	JR	Carleton		0.66		8:12.46c	(8:18.19f)	2/8/25	Meet of the Hearts
23	Mohammed BATI	JR	Augsburg		0.56		8:12.48c	(8:18.21f)	1/25/25	Jack Johnson Classic
24	Dan ANDERSON	JR	#6 UW-Whitewater	{3}	0.41		8:13.26		2/1/25	John Thomas Terrier Classic
25	Caden SCHNEIDER	JR	UW-Platteville		0.31		8:13.28c	(8:19.01f)	3/1/25	WIAC Indoor Championships
26	Jack CZARNECKI	SO	#13 RPI		0.25		8:13.38c	(8:19.12f)	2/8/25	Utica Blue and Orange Invitati
27	Jack LOUGHERY	JR	#13 RPI	{2}	0.19		8:13.86c	(8:19.60f)	2/8/25	Utica Blue and Orange Invitati
28	Isaiah HAMMERAND	SO	#10 Wartburg	{2}	0.15		8:14.16 OT		1/24/25	Cyclone Open
29	Vince SIMONETTI	SR	#13 RPI	{3}	0.12		8:14.28c	(8:20.03f)	3/8/25	Tufts National Qualifying Meet
30	Jacob GREEN	SR	#10 Wartburg	{3}	0.07		8:14.62c	(8:20.37f)	2/1/25	Wartburg Indoor Select
31	Tobin DURHAM	JR	#13 RPI	{4}	0.04		8:15.20c	(8:20.96f)	2/8/25	Utica Blue and Orange Invitati
	Avi BISSOONDIAL	SR	WPI		0.03		8:15.70c	(8:21.46f)		Tufts National Qualifying Meet
32		SO	Trine		0.03		8:15.70 OT	, , , , ,		Steemer Showcase
34	Connor OILER	JR	#11 Johns Hopkins	{2}			8:15.72		, , -	David Hemery Valentine Invita
35		SR	Middlebury	. ,	0.01		8:15.73			New England Division III Indoo
33	David (Dicty) DOWNIOL	5/1	madicodiy		3.01		5.25.75		5,1,25	J



as of 3/10/25 3:40 PM ET



National TFRI Event Summary

Men's 5000 Meters — 2025 Checkpoint #7, March 11

NES	Addition		/T B / / / / //		T		d Davida		Most
NPR	Athlete		(Team Rank) Institution	n	Team Pts.		d Performance		Meet
1	Gunner SCHLENDER	SR	#6 UW-Whitewater		22.08	13:50.91c	(13:59.81f)		Midwest ELITE Invitational
2	Aidan MATTHAI	JR	#1 UW-La Crosse		20.03	13:51.40c	(14:00.30f)	, -, -	Midwest ELITE Invitational
3	Isaac VANWESTRIENEN	JR	#21 Cornell College	4	18.01	13:51.58c	(14:00.49f)		Midwest ELITE Invitational
4	Christian PATZKA	SR	#6 UW-Whitewater		15.95	13:52.21c	(14:01.12f)		Midwest ELITE Invitational
5	Grant MATTHAI	SO	#1 UW-La Crosse	{2}	13.87	13:52.94c	(14:01.86f)	, -, -	Midwest ELITE Invitational
6	Emmanuel LEBLOND	JR	#11 Johns Hopkins		11.71	13:54.45		, ,	Sharon Colyear-Danville Seas
7	Vince SIMONETTI	SR	#13 RPI		9.82	14:04.71		2/15/25	David Hemery Valentine Invita
8	Braden NICHOLSON	SR	#12 North Central (Ill.)		8.79	14:05.20c	(14:14.25f)		Pat Heenan Invitational
9	Mohammed BATI	JR	Augsburg		7.71	14:06.27c	(14:15.33f)	1/25/25	St. Olaf Multi Events
10	Adam LOENSER	SR	#1 UW-La Crosse	{3}	6.70	14:06.42c	(14:15.48f)	2/15/25	Midwest ELITE Invitational
11	Ryan TOBIN	SR	NYU		5.68	14:06.77		2/15/25	David Hemery Valentine Invita
12	Matthew COYLE	SR	Carnegie Mellon		4.53	14:08.97		2/15/25	David Hemery Valentine Invita
13	Joe LANGRIDGE	SR	Augustana (Ill.)		3.51	14:09.28c	(14:18.37f)	2/15/25	Midwest ELITE Invitational
14	Connor RISS	SR	#12 North Central (Ill.)	{2}	2.47	14:09.88c	(14:18.98f)	1/18/25	Pat Heenan Invitational
15	Tyler SCHERMERHORN	JR	#10 Wartburg		1.91	14:10.85c	(14:19.96f)	3/1/25	American Rivers (ARC) Indoor
16	Cameron HATLER	SR	Pomona-Pitzer		1.61	14:11.59		2/15/25	David Hemery Valentine Invita
17	Quinn WHITE	SO	Pomona-Pitzer	{2}	1.35	14:11.65		2/15/25	David Hemery Valentine Invita
18	Jacob GREEN	SR	#10 Wartburg	{2}	1.25	14:11.70c	(14:20.82f)	2/15/25	Midwest ELITE Invitational
19	Brayden CURNUTT	SR	Wabash		1.14	14:11.87c	(14:20.99f)	2/15/25	Midwest ELITE Invitational
20	Isaiah HAMMERAND	SO	#10 Wartburg	{3}	1.03	14:11.99c	(14:21.11f)	12/7/24	Frigid Bee Invitational
21	Kevin TURLINGTON	JR	St. Olaf		0.80	14:14.01c	(14:23.16f)	1/25/25	St. Olaf Multi Events
21	Charlie VATER	FR	#1 UW-La Crosse	{4}	0.80	14:14.01c	(14:23.16f)	2/15/25	Midwest ELITE Invitational
23	Connor HAVENS	SR	Manchester		0.57	14:15.11c	(14:24.27f)	3/8/25	Wartburg Qualifier
24	Luke WITVLIET	SR	Calvin		0.43	14:16.34c	(14:25.51f)	3/8/25	Wartburg Qualifier
25	Charlie WILSON	SR	SUNY Geneseo		0.29	14:17.41		2/15/25	David Hemery Valentine Invita
26	Michael GOODENBOUR	SR	#10 Wartburg	{4}	0.23	14:17.66c	(14:26.84f)	2/15/25	Midwest ELITE Invitational
27	Lance SOBASKI	JR	#10 Wartburg	{5}	0.20	14:17.87c	(14:27.06f)	12/7/24	Frigid Bee Invitational
28	Max VAN HUIS	SO	Trine		0.12	14:19.44 OT		2/14/25	Grand Valley State Big Meet
29	Tobin DURHAM	JR	#13 RPI	{2}	0.08	14:20.42		2/15/25	David Hemery Valentine Invita
30	BJ SORG	SO	#12 North Central (Ill.)	{3}	0.05	14:20.61c	(14:29.83f)	3/8/25	Wartburg Qualifier
31	Ryan PODNAR	JR	Carnegie Mellon	{2}	0.04	14:23.63		2/15/25	David Hemery Valentine Invita
32	Anthony RODRIGUEZ	SR	Babson		0.03	14:23.96		2/15/25	David Hemery Valentine Invita
33	Evan SHERMAN	SR	NYU	{2}	0.02	14:26.13c	(14:35.41f)	3/8/25	Tufts National Qualifying Meet
34	Logan MURPHY	SO	UW-Stevens Point		0.02	14:26.89c	(14:36.17f)	2/15/25	Midwest ELITE Invitational
35	Jonathan CRAUN	SR	#13 RPI	{3}	0.01	14:27.06		2/15/25	David Hemery Valentine Invita



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Men's 4x400 Rela	v — 2025 Checkp	oint #7, March 11
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		Men's 4x400 R	etay — 202	23 CHECKP			
NPR	Athlete	(Team Rank) Institution	Team Pts.	Sco	red Performand	ce Meet	
1	Jacob Hohman, Andrew Hackbarth, Devin Williams, Dirk Lueck	#1 UW-La Crosse	23.45	3:10.21c	(3:13.24f)	3/8/25 UW-La Crosse Final Qualifier	
2	Peter Martel, Sam Graubart, Levi Biery, Ren Zanze	Colby	20.15	3:12.01c	(3:15.07f)	3/8/25 AARTFC (All-DIII Atlantic Regio	
3	Sam Belmont, Arjun Ojha, Matthew Sheehan, Jacob Miller	SUNY Geneseo	17.96	3:12.28c	(3:15.34f)	3/8/25 AARTFC (All-DIII Atlantic Regio	
4	Matthew Eiden, Joshua Rivers, Weston Lerdal, Londyn Little	#2 UW-Oshkosh	15.82	3:12.47c	(3:15.54f)	3/8/25 UW-La Crosse Final Qualifier	
5	Evan Jensen, Zion Cheatham, Harrison Gavalas, Josh Jeffes	#7 SUNY Cortland	13.54	3:12.87		2/15/25 David Hemery Valentine Invita	
6	Noah Traverso, Anthony Senatore, Jack Attali, Maxim Rychkov	#25 TCNJ	11.42	3:13.04		3/2/25 Boston University Last Chance	
7	Marquise Young, Nana Agyemang, Samael Milevoix, Rajahn Dixon	#3 Rowan	9.34	3:13.15		2/15/25 David Hemery Valentine Invita	
8	Victor Lelinga, Grant Nelson, Jacob Parent, Sam Raitz	#9 Bethel (Minn.)	7.32	3:13.18c	(3:16.26f)	2/8/25 UW-La Crosse Mark Guthrie Le	
9	Peter Cavanaugh, Donova Myrick, Alex Flynn, Josh Ihegihu	#13 RPI	6.27	3:13.25c	(3:16.33f)	3/8/25 Tufts National Qualifying Meet	
10	John Elliot, Max Stein, Noah Flanders, Jack Defeo	RIT	5.08	3:13.52c	(3:16.60f)	3/1/25 Liberty League Indoor Champi	
11	Jaberrius Peake, Kali Freeman, Otis Patterson, Andrew Hutchinson	#19 Dubuque	2.86	3:13.83c	(3:16.92f)	3/8/25 Wartburg Qualifier	
12	Ted Kruse, Matt Kruse, Joe Franke, Ian Fagan	#24 Loras	1.83	3:13.88c	(3:16.97f)	3/8/25 Wartburg Qualifier	
13	Ian Neyens, David William: Hutton Edney, Jensen Clapp	#10 Wartburg	1.46	3:14.27c	(3:17.36f)	3/8/25 Wartburg Qualifier	
14	Mason Winslow, Ben Bulger, Brandon Zimmerman, Elliott Davis	Susquehanna	1.03	3:14.98c	(3:18.09f)	1/25/25 Nazareth Conference Challen	
15	Spencer Vanek, James Ketterer, Owen Wise, Zach Zenner	UW-Platteville	0.81	3:15.36c	(3:18.47f)	3/8/25 UW-La Crosse Final Qualifier	
16	Dylan Terpstra, Alexander Daniels, Joshua Ennen, Liam Danitz	Норе	0.64	3:15.67c	(3:18.79f)	3/8/25 Wartburg Qualifier	
17	Corbin DeBoer, Ben Habers, Connor Lubberts, Koby VanderWoude	Calvin	0.51	3:15.80c	(3:18.92f)	3/8/25 Wartburg Qualifier	
18	Izaak Clendenning, Jack Schreiber, Harrison Cull, Colin McClowry	#8 UW-Eau Claire	0.40	3:15.88c	(3:19.00f)	2/21/25 Caged Eagle Invite	
19	Kristian Praizner, Connor Sterling, Davis Lee, Jared Steins	<mark>#4</mark> MIT	0.30	3:16.28		2/1/25 John Thomas Terrier Classic	
20	Haden Gibson, Nick Scherson, Calil McCray, Yahir Hill	Mount Union	0.20	3:16.64c	(3:19.77f)	3/8/25 Polar Bear Last Chance Qualifi	



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Men's 4x400 Relay - 2025 Checkpoint #7, March 11

20 Isaiah Rivera, Hayden Myers, Dominic Roddy, Kai Smith Salisbury

0.20

3:16.64c

(3:19.77f)

3/8/25 AARTFC (All-DIII Atlantic Regio



as of 3/10/25 3:40 PM ET



National TFRI Event Summary

		Men's Distance Med	ey Relay	— 2025 Ch	eckpoint	#7, March 11
PR	Athlete	(Team Rank) Institution	Team Pts.	Sco	red Performan	ce Meet
1	Jayden Zywicki, Dirk Lueck, Cael Schoemann, Grant Matthai	#1 UW-La Crosse	22.88	9:39.42c	(9:47.29f)	2/21/25 Caged Eagle Invite
2	Marko Kovacevic, Michael Hamm, Tor Hotung- Davidsen, Chasen Hunt	#5 Lynchburg	20.07	9:42.95c	(9:50.86f)	2/15/25 Tufts Stampede
3	Aidan Decker, Jensen Clapp, Hutton Edney, Lance Sobaski	#10 Wartburg	18.05	9:43.07c	(9:50.99f)	2/21/25 Caged Eagle Invite
4	Aiden Tomov, Alex Colletti Fisayo Omonije, Lucas Rackers	#11 Johns Hopkins	15.83	9:44.02c	(9:51.95f)	3/8/25 Tufts National Qualifying Meet
5	Nick Edwards-levin, Cody Pierce, Ben Davis, Parker Boyle	Amherst	13.76	9:44.34c	(9:52.27f)	3/8/25 Tufts National Qualifying Meet
6	Danny Gall, Alex Flynn, Dominic Pena, Jack Czarnecki	#13 RPI	11.45	9:45.73c	(9:53.68f)	3/8/25 Tufts National Qualifying Meet
7	Ziyad Hassan, Jared Steins, David Whitaker, Sam Coutts	<mark>#4</mark> MIT	9.39	9:46.00c	(9:53.96f)	2/15/25 Tufts Stampede
8	Matthew Servin, Adepoju Arogundade, Oliver Brandes, Will Goddard	Bowdoin	7.34	9:46.20c	(9:54.16f)	3/8/25 Tufts National Qualifying Meet
9	Zach Utz, Emerson Kington, William Lavey, David (Drew) Donahue	Middlebury	6.33	9:46.26c	(9:54.22f)	3/8/25 Tufts National Qualifying Meet
10	Marcus Cheema, Ryan McGonigle, Spencer Watry, Scott Masterson	#14 Emory	5.26	9:46.58c	(9:54.54f)	3/8/25 Tufts National Qualifying Meet
11	Jacob Belha, Ian Fagan, Joe Franke, Carlo Dannenfelser	#24 Loras	2.70	9:49.18c	(9:57.18f)	3/8/25 Wartburg Qualifier
12	Frankie Lynch, Brandon Brazil, William Frohling, James Corbett	Washington (Mo.)	1.61	9:49.79c	(9:57.80f)	3/8/25 Wartburg Qualifier
13	Aidan Rooney, Truman Williams, Jackson Monz, Ross Tejeda	Bates	1.48	9:50.00c	(9:58.01f)	3/8/25 Tufts National Qualifying Meet
14	Pierce Young, Jacob Miller Matthew Sheehan, Ryan Hagan	SUNY Geneseo	1.37	9:50.06c	(9:58.07f)	2/15/25 Tufts Stampede
15	Mason Kutz, Haden Gibsor Curtis Joppeck, Vincent Giumenti	Mount Union	0.89	9:53.10 OT		2/8/25 Jud Logan Light Giver Collegia
16	Ryan Massie, Ross Schlatter, Trey Myers, Trey Masterson	#23 Ohio Northern	0.60	9:56.13c	(10:04.22f)	3/8/25 Polar Bear Last Chance Qualifi
17	Nick St. Peter, Wyatt Witschen, Owen Montreuil, Cole Stencel	#16 Saint John's (Minn.)	0.50	9:56.79c	(10:04.89f)	3/8/25 Wartburg Qualifier
18	Derek Webster, Jrake Van Hemert, Jack Every, Jack Brown	#17 Central (lowa)	0.40	9:57.76c	(10:05.87f)	3/8/25 Wartburg Qualifier
19	James Corbett, William Frohling, Caleb Brox, Frankie Lynch	Washington (Mo.) {2	0.30	9:58.69c	(10:06.82f)	3/2/25 UAA Indoor Championships
20	Erickson Kunzler, Alexander Daniels, Lucas Guidone, Connor Vachon	Норе	0.20	9:58.75c	(10:06.88f)	3/8/25 Wartburg Qualifier







Men's Distance Medley Relay — 2025 Checkpoint #7, March 11

21 Sam Sikorski, Wesley Noeth, William Prato, Dillon Hach Baldwin Wallace

0.10 **9:59.02c**

(10:07.15f)

3/8/25 Polar Bear Last Chance Qualifi



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Fli MACKOWSK

Daniel INYANG

Jerome LUCKEY

Sean COCHRANE

Antwan DORSETT

Otis PATTERSON

Casey PLOEDERL

Ezra SCHERMACHER

Jayton HALL

Amari WADDY

Connor CRUZ

Isaac WEIERS

SR

SR

FR

JR

SR

SR

FR

SR

JR

JR

.IR

SO

#13 RPI

Nebraska Wesleyan

North Central (Minn.)

UW-Platteville

St. John Fisher

Southern Virginia

UW-Stevens Point

Baldwin Wallace

Manchester

St. Norbert

#19 Dubuque

Moravian

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USTFCCCA NCAA Division III Indoor Track & Field

as of 3/10/25 3:40 PM ET

2/1/25 Fred Beile Classic

2/21/25 Sol Butler Classic

3/8/25 Tufts National Qualifying Meet

3/1/25 Landmark Indoor Champions

3/1/25 UMAC Indoor Championships

3/8/25 Polar Bear Last Chance Qualifi

3/7/25 UW-Platteville Final Qualifyin

2/21/25 Rockingham Collegiate Classi

3/1/25 NACC Indoor Championships

3/8/25 Polar Bear Last Chance Qualifi

12/6/24 Nazareth Alumni Invite

2/8/25 Big Dawg Invitational



National TFRI Event Summary

Men's High Jump - 2025 Checkpoint #7, March 11 Athlete Meet NPR (Team Rank) Institution Team Pts. Scored Performance 1 Jackson BLIEY JR #4 MIT 23.99 2.18m 7-13/ 3/1/25 New England Division III Indoo **#12** North Central (III.) 2 Cole OLESON JR 21.33 2.16m 7-1 2/1/25 Leonard "Squig" Converse Inv 6-111/2 1/18/25 GVSU Bob Eubanks Open Imran SERIFOVIC FR Chicago 18.02 3 2.12m 3/1/25 MIAC Indoor Championships Jackson MCDOWELL SO #16 Saint John's (Minn.) 15.69 2.11m 6-11 #2 UW-Oshkosh 3/8/25 UW-La Crosse Final Qualifier SR 13.36 5 Caleb CORNELIUS 2.10m 6-103/4 5 **Christian PFEIFFER** SR Baldwin Wallace 13.36 2.10m 6-103/4 3/1/25 OAC Indoor Championships 12/6/24 Fastrack Metro Season Opene #3 Rowan 7 Jamile GANTT SO 10.12 2.09m 6-101/4 **Devondre CHANDLER** SO Olivet 6-91/2 1/25/25 Hillsdale Wide Track Classic 8.68 2.07m 8 8 Ben FISHER SR Ripon 8.68 2.07m 6-91/2 1/24/25 Red Hawk Opener 2/1/25 Dr. Taraschke Team Challenge **Connor SMITH** SO Ohio Wesleyan 6.46 2.06m 6-9 10 #2 UW-Oshkosh 1/25/25 Karl Schlender Invitational 10 Kyle WISNIEWSKI SO 6.46 2.06m 6-9 3/1/25 New England Division III Indoo Sam MCGARRAHAN SR Middlebury 4.24 6-83/4 12 2.05m 1/25/25 FasTrak Collegiate Invitationa **Gunner HELM** JR Hardin-Simmons 4.24 2.05m 6-83/4 12 #1 UW-La Crosse 12 Nathan ANDRINGA SR 4.24 2.05m 6-83/4 1/25/25 UW-La Crosse Pat Healy Classi 12 Christian THOMPSON FR #2 UW-Oshkosh {3} 4 24 6-83/4 3/1/25 WIAC Indoor Championships 2.05m #8 UW-Eau Claire 6-83/4 3/7/25 UW-Platteville Final Qualifyin 12 Wes KELLER SR 4.24 2.05m #4 MIT 1/11/25 Suffolk Relays **Anthony MENG** {2} 6-83/4 12 SO 4.24 2.05m 3/1/25 New England Division III Indoo 12 Alex HUYNH FR Bridgewater State 4.24 2.05m 6-83/4 1/25/25 UW-La Crosse Pat Healy Classi 12 Lawson DAVIS SO **UW-Stout** 4.24 2.05m 6-83/4 Nick WALKER FR Illinois Wesleyan 4 24 2.05m 6-83/4 3/1/25 CCIW Indoor Championships 12 3/8/25 DIII South Region Final Qualifi Jamarcus BROWN FR #5 Lynchburg 4.24 6-83/4 12 2.05m 2/8/25 Keck Invitational Matthew LINDBERG SO Illinois Wesleyan 22 {2} 0.62 2.04m 6-81/4 Yaih MARIAL JR **UW-River Falls** 0.62 2.04m 6-81/4 1/25/25 Jack Johnson Classic 2/15/25 Tiffin University Open III **Justin NORRIS** SR 6-81/4 22 Wittenberg 0.62 2.04m 3/2/25 UAA Indoor Championships Arvan SHRIVASTAVA JR {2} 0.62 6-81/4 22 Chicago 2.04m 2/15/25 Texas Tech Jarvis Scott Invite **Matthew HICKS** SR St. Thomas (Texas) 0.16 2.03m 6-73/4

2.03m

2.03m

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6-73/4

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as of 3/10/25 3:40 PM ET



National TFRI Event Summary

Men's Pole Vault — 2025 Checkpoint #7, March 11

Men 3 Fote vautt — 2023 Checkpoint #1, March 11												
PR	Athlete		(Тес	am Rank) Institution		Team Pts.			Scored Performance	·	Meet	
1	Christian DI NICOLANTONIO	SR		Catholic (D.C.)		23.46	!	5.25m	17-2¾	2/8/25	Doc Hale Virginia Tech Elite	
2	Logan ISAACS	SR	#20	Centre		20.89		5.21m	17-1	2/22/25	Wittenberg Indoor Last Chanc	
3	Kyle HENSLEY	SO		Millikin		18.75	į	5.20m	17-¾	3/1/25	CCIW Indoor Championships	
4	Aiden ANDERSON	SR		St. Norbert		15.29		5.07m	16-71/2	3/1/25	NACC Indoor Championships	
5	Johnny BOTSCH	FR	#8	UW-Eau Claire		13.19		5.06m	16-71/4	3/1/25	WIAC Indoor Championships	
6	Jesse MCMILLAN	SR		Chapman		11.10		5.05m	16-6¾	2/15/25	Whitworth Invitational	
6	Tommaso MAIOCCO	SR		Washington (Mo.)		11.10		5.05m	16-6¾	1/25/25	Bob Teel Invitational	
6	Peter LICHTENBERGER	SO		Washington (Mo.)		11.10		5.05m	16-6¾	2/21/25	Illinois College Hilltop Invitati	
9	Andrew TUMMINARO	SO	#1	UW-La Crosse		7.72		5.01m	16-51/4	3/1/25	WIAC Indoor Championships	
10	Christopher KOSKINEN	SR		Connecticut College		6.62		5.00m	16-4¾	2/7/25	CGA Bear Invite	
10	Alden MCDONALD	SR		Berry		6.62		5.00m	16-4¾	1/25/25	Centre Indoor Showcase	
12	Ben DRUMMEY	SR		Southern Maine		4.52	4	4.98m	16-4	3/8/25	New England (NEICAAA) Indoo	
13	Vincent VANMAAREN	SO		Williams		3.33	4	4.94m	16-21/2	3/1/25	New England Division III Indoo	
13	Mitchell DAVIS	FR		Ursinus		3.33	4	4.94m	16-21/2	1/31/25	Scarlet Knight Open	
15	Connor BOYLE	FR	#1	UW-La Crosse	{2}	1.78	4	4.93m	16-2	2/21/25	Caged Eagle Invite	
16	Devon SCHULTZ	SO		Buena Vista		1.49	4	4.92m	16-1¾	3/8/25	UW-La Crosse Final Qualifier	
16	Moss DENGLER	SO	#13	RPI		1.49	4	4.92m	16-1¾	3/1/25	Liberty League Indoor Champi	
16	James ZEOLLA	SR	#13	RPI		1.49	4	4.92m	16-1¾	2/8/25	Utica Blue and Orange Invitati	
16	Sam KNOX	SO		UW-Stout		1.49	4	4.92m	16-1¾	3/8/25	UW-La Crosse Final Qualifier	
20	Hayden KUNKEL	JR		Washington (Mo.)	{3}	0.89	4	4.91m	16-11/4	3/8/25	Wartburg Qualifier	
21	Jaden MCKEE	FR	#4	MIT		0.74	4	4.90m	16-¾	2/8/25	Crimson Elite	
21	Austin SCHLOEDER	SO		Hamline		0.74	4	4.90m	16-¾	2/21/25	Tostrud Classic	
21	George BOURDIER	JR		Washington (Mo.)	{4}	0.74	4	4.90m	16-¾	2/8/25	Keck Invitational	
21	Ian STEBBINS	SR		Bowdoin		0.74	4	4.90m	16-¾	2/15/25	Lynn Ruddy Invitational	
25	Caleb MOORE	SO	#1	UW-La Crosse	{3}	0.20	4	4.85m	15-11	2/8/25	UW-La Crosse Mark Guthrie Le	
25	Ezra ACERO	SR		Texas Lutheran		0.20	4	4.85m	15-11	2/8/25	FasTrak Collegiate Qualifier	
25	Ayden STANKUS	SR		Lebanon Valley		0.20	4	4.85m	15-11	2/15/25	Widener Indoor Classic	
28	Logan TURNEY	JR		Elmhurst		0.10	4	4.80m	15-9	2/21/25	F. Lee Slick Invitational	
29	Mark GOVERO	SO		Webster		0.08	4	4.78m	15-81/4	12/7/24	Scott Fangman Invitational	
30	Jonathon ZELL	SR	#1	UW-La Crosse	{4}	0.05	4	4.77m	15-7¾	3/8/25	UW-La Crosse Final Qualifier	
31	Brayden ECKER	JR		York (Pa.)		0.04	4	4.76m	15-71/4	3/8/25	AARTFC (All-DIII Atlantic Regio	
31	Lexington LEHNERT	FR		Colby		0.04	4	4.76m	15-71/4	3/8/25	AARTFC (All-DIII Atlantic Regio	
31	Zach ZIRGIBEL	SR	#2	UW-Oshkosh		0.04	4	4.76m	15-71/4	3/1/25	WIAC Indoor Championships	
31	Carson COLLET	SR	#10	Wartburg		0.04	4	4.76m	15-71/4	3/8/25	Wartburg Qualifier	
31	Alec KUZYK	SO		Amherst		0.04	4	4.76m	15-71/4	3/8/25	Tufts National Qualifying Meet	



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National TFRI Event Summary

Men's Long Jump — 2025 Checkpoint #7, March 11

NPR	Athlete		(Team Rank) Institution	Team Pts.	Sci	ored Performance		Meet
1	Joshua RIVERS	JR	#2 UW-Oshkosh	28.10	8.13m	26-81/4	2/7/24	UW-Oshkosh Early Bird Invitat
2	Henry BRANDSTADTER	JR	#14 Emory	19.47	7.39m	24-3 1,	/31/25	Carolina Challenge
2	Owen HAAS	SR	#13 RPI	19.47	7.39m	24-3	2/7/24	Utica Holiday Classic
4	Charles BOOTHBY	SO	#23 Ohio Northern	15.11	7.35m	24-1½ 2,	/28/25	OAC Indoor Championships
4	Dontre SINEGAL	SR	#15 McMurry	3.11 D	7.35m	<i>24-11</i> / ₂ 1	2/7/24	Crimson & Gold Invitational
6	Michael COLLINS JR.	SO	Eastern Connecticut	S 10.84	7.32m	24-1/4 12,	/13/24	The Art Kadish Elm City Challe
7	Derik BUNTEN	SR	#24 Loras	9.71	7.30m	23-11½ 2,	/28/25	American Rivers (ARC) Indoor
8	Sebastian JEFFERSON	JR	#1 UW-La Crosse	8.59	7.28m	23-10¾ 1,	/25/25	UW-La Crosse Pat Healy Classi
9	Christopher HERGOTT	SO	Hartford	7.53	7.27m	23-101/4	3/1/25	New England Division III Indoo
10	Aidan LAW	JR	Keene State	6.47	7.26m	23-10	3/8/25	Tufts National Qualifying Meet
10	Cole GOODMAN	SR	#22 Rochester (N.Y.)	6.47	7.26m	23-10 2,	/28/25	Liberty League Indoor Champi
12	Gavin DUNN	FR	Hiram	4.41	7.25m	23-9½	3/7/25	Polar Bear Last Chance Qualifi
12	Lincoln BEGIN	FR	#6 UW-Whitewater	4.41	7.25m	23-9½ 2,	/28/25	WIAC Indoor Championships
12	Kaedan FAGGS	JR	Baldwin Wallace	4.41	7.25m	23-9½ 2,	/21/25	Ed Finnigan Greater Cleveland
15	Caleb WRIGHT	JR	#2 UW-Oshkosh	{2} 1.85	7.24m	23-9 1	2/7/24	UW-Oshkosh Early Bird Invitat
16	Gabe GIANNINI	SR	SUNY Brockport	1.54	7.23m	23-8¾ 1,	/17/25	Brockport Friday Night Rust B
17	Dylan DOSS	SO	Illinois College	1.23	7.22m	23-81/4 1,	/25/25	Illinois College Snow Bird Invit
17	Carter PEARSON	SO	#1 UW-La Crosse	{2} 1.23	7.22m	23-81/4	3/1/25	WIAC Indoor Championships
19	Elliott BOND	FR	#10 Wartburg	0.97	7.21m	23-8	3/1/25	American Rivers (ARC) Indoor
19	Max ALBERTSON	SO	St. Olaf	0.97	7.21m	23-8 2,	/27/25	MIAC Indoor Championships
19	Zach SCHAFFER	JR	#16 Saint John's (Minn.)	0.97	7.21m	23-8	3/8/25	UW-La Crosse Final Qualifier
22	Manuel SEPULVEDA	SO	St. John Fisher	0.60	7.19m	23-71/4 2,	/28/25	Empire 8 Indoor Championshi
23	Charlie NOLAN	JR	#2 UW-Oshkosh	{3} 0.47	7.18m	23-6¾ 1,	/25/25	Karl Schlender Invitational
23	Richmond HONKPO	SO	Otterbein	0.47	7.18m	23-6¾ 2,	/28/25	OAC Indoor Championships
25	Aden SEARS	SR	#2 UW-Oshkosh	{4} <i>0.24</i>	7.17m	23-61/4 1	2/6/24	UW-Oshkosh Early Bird Invitat
25	Ahmad FOGG	SO	Stockton	0.24	7.17m	23-61/4 1,	/25/25	Nazareth Conference Challen
25	Kane DEMERS	JR	Bowdoin	0.24	7.17m	23-61/4 2,	/28/25	New England Division III Indoo
28	Brandon KONIECZKI	SO	Penn State Behrend	0.11	7.16m	23-6	3/8/25	AARTFC (All-DIII Atlantic Regio
28	Cameron SAMPLE	JR	Fredonia	0.11	7.16m	23-6	3/1/25	SUNYAC Indoor Championshi
30	Londyn LITTLE	SR	#2 UW-Oshkosh	{5} <i>0.05</i>	7.15m	23-5½	3/8/25	UW-La Crosse Final Qualifier
30	Cree ROSS	SO	#20 Centre	0.05	7.15m	23-5½	3/8/25	Centre Last Chance Indoor Qu
32	Cavan DOBBERSTEIN	SO	#2 UW-Oshkosh	{6} <i>0.03</i>	7.14m	23-51/4	3/1/25	WIAC Indoor Championships
32	Amarian HUGHES	SR	#7 SUNY Cortland	0.03	7.14m	23-51/4 2,	/15/25	Kane Invitational
34	Jacob BALCOME	SO	UW-River Falls	0.02	7.13m	23-4¾	2/8/25	Falcon Winter Classic
34	Matthieu BRUNELLE	SR	Misericordia	0.02	7.13m	23-4¾	3/8/25	AARTFC (All-DIII Atlantic Regio



33

Michael ABBEY

Taeyoung KIM

Sean MCNEIL

SO

FR

FR

Amherst

SUNY Delhi

Muhlenberg

0.02

0.02

0.01

14.25m

14.24m

14.22m

46-9

46-8

46-83/4

USTFCCCA NCAA Division III Indoor Track & Field

as of 3/10/25 3:40 PM ET

1/26/25 Middlebury's NESCAC Invite

1/18/25 Moravian College Indoor Meet

12/7/24 Utica Holiday Classic



National TFRI Event Summary

Men's Triple Jump — 2025 Checkpoint #7, March 11 Athlete Meet NPR (Team Rank) Institution Team Pts. Scored Performance 12/6/24 Nazareth Alumni Invite 1 Cole GOODMAN SR #22 Rochester (N.Y.) 23.77 15.57m 51-1 2/28/25 SUNYAC Indoor Championshi 2 **Amarian HUGHES** SR **#7** SUNY Cortland 20.85 15.34m 50-4 1/31/25 J.D. Martin Invitational Dontre SINEGAL #15 McMurry 49-10 3 SR 18.24 15.19m 3/1/25 Middle Atlantic (MAC) Indoor Matayo MCGRAW SO Widener 15.96 15.12m 49-71/4 3/1/25 Empire 8 Indoor Championshi 5 Manuel SEPULVEDA SO St. John Fisher 13.44 14.97m 49-11/2 6 Joshua JUSTIN SO #3 Rowan 11.19 14.88m 48-10 2/23/25 NJAC Indoor Championships 3/7/25 AARTFC (All-DIII Atlantic Regio 7 **Hiven BIFFOT** FR Montclair State 10.03 14.82m 48-71/2 Kale PURCELL JR #17 Central (Iowa) 2/22/25 Liz Wuertz Invitational 8.87 14.76m 48-51/4 8 9 **Gabe OLSEN** SO #1 UW-La Crosse 7.79 14.73m 48-4 3/1/25 WIAC Indoor Championships 1/26/25 Middlebury's NESCAC Invite 10 Luke BENSON FR Tufts 6.68 14.69m 48-21/2 **#12** North Central (III.) 3/1/25 CCIW Indoor Championships 11 Jayden LEISE SO 5.43 14.59m 47-101/2 #1 UW-La Crosse 2/15/25 Midwest ELITE Invitational William CADY SR 47-93/4 12 {2} 4.41 14.57m 3/8/25 UW-La Crosse Final Qualifier Jaidyn WILLIAMS SR #19 Dubuque 3.35 14.53m 47-8 13 Carter PEARSON SO #1 UW-La Crosse {3} 2.31 14.50m 47-7 2/28/25 WIAC Indoor Championships Ian LILLOUIST SR **UW-Stevens Point** 47-61/2 2/22/25 UW-Oshkosh Titan Challenge 15 1 80 14.49m SO **#11** Johns Hopkins 2/14/25 Widener Indoor Classic 16 Oluwademilade ADENIRAN 1.45 14.42m 47-33/4 2/16/25 All-Ohio D-III Indoor Champio Namu MAKATIANI Oberlin 47-31/2 17 1.19 14.41m 2/8/25 Dr. Jim Green Classic 17 Nana KORANTENG JR Principia 1.19 14.41m 47-31/2 19 Cree ROSS SO #20 Centre 0.96 14.39m 47-21/2 2/15/25 Centre Indoor Invitational James AMMENHAUSER SO **#12** North Central (III.) 0.84 14.38m 47-21/4 3/1/25 CCIW Indoor Championships 20 Jabez THOMAS SR Montclair State 0.73 47-13/4 3/7/25 AARTFC (All-DIII Atlantic Regio 14.37m #1 UW-La Crosse 47-1/4 2/28/25 WIAC Indoor Championships 22 **Christian CRUMBAKER** SO {4} 0.57 14.33m Aryan SHRIVASTAVA JR Chicago 0.57 14.33m 47-1/4 3/2/25 UAA Indoor Championships 3/1/25 UAA Indoor Championships Sam GOUVALARIS **#14** Emory 47-1/4 22 FR 0.57 14.33m 3/8/25 Tufts National Qualifying Meet 25 **Ahmad FOGG** SO Stockton 0.25 46-111/2 14.31m 1/25/25 Wesleyan (Conn.) Invitational 25 Daniel BAMFO JR Farmingdale State 0.25 14.31m 46-111/2 3/2/25 UAA Indoor Championships Seyi KADIRI IR Chicago {2} 0.16 14.30m 46-11 SO 12/7/24 Titan "First Chance" Meet 27 **Ethan GODSEY** Illinois Wesleyan 0.16 14.30m 46-11 2/22/25 Milwaukee Panther Tune-Up FR Wisconsin Lutheran 29 Sam EHLKE 0.08 14.28m 46-101/4 30 **Jack ROEBER** SR **UW-Stout** 0.05 14.27m 46-10 3/8/25 UW-La Crosse Final Qualifier 30 Isaiah WATSON FR Hamline 0.05 14.27m 46-10 2/27/25 MIAC Indoor Championships Jimmy KARTSONAS SR John Carroll 0.03 14.26m 46-91/2 1/17/25 Rob & Patty Lydic Invitational 32



28

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31

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Latrell FOMBY

Mason LOBECK

Kaleu TELLAS

Kieran MAUDE

Chris SLATER

Mason KIESEL

Nicholas WALECHKA

USTFCCCA NCAA Division III Indoor Track & Field

as of 3/10/25 3:40 PM ET

3/8/25 DIII South Region Final Qualifi

3/8/25 Polar Bear Last Chance Qualifi

3/8/25 Ripon Final Qualifier & Multi

2/28/25 NCAC Indoor Championships

3/7/25 UW-Platteville Final Qualifyin

3/1/25 OAC Indoor Championships

2/15/25 Darren Young Classic



National TFRI Event Summary

Christopher Newport

Baldwin Wallace

UW-Platteville

Baldwin Wallace

#10 Wartburg

#2 UW-Oshkosh

Denison

0.10

0.05

0.04

0.04

0.02

0.01

{2} 0.02

SR

SR

SR

JR

SR

SR

Men's Shot Put — 2025 Checkpoint #7, March 11 Athlete Meet NPR (Team Rank) Institution Team Pts. Scored Performance 1 Trent BESETH JR St. Scholastica 24.48 18.29m 60-1/4 2/21/25 Tostrud Classic 3/8/25 UW-La Crosse Final Qualifier 2 Adam STROUF SR #8 UW-Eau Claire 22.01 18.15m 59-63/4 Isaiah BRUNACHE **#7** SUNY Cortland 2/1/25 Ithaca Bomber Invitational .IR 57-73/4 3 18.07 17.57m **UW-Stout** 4 Karter RASHKE JR 15.90 17.52m 57-53/4 2/15/25 UW-Stout Quad 3/1/25 American Rivers (ARC) Indoor DreAnthony (Dre) JACKSO JR **#24** Loras 5 13.16 17.25m 56-71/4 6 Jacob EDWARDS-PALMERI SR #19 Dubuque 11.00 17.18m 56-41/2 2/21/25 Sol Butler Classic 2/22/25 UW-Oshkosh Titan Challenge 7 **Austin RENNHACK** SR **UW-Stevens Point** 9.93 17.15m 56-31/4 York (Pa.) 8.91 3/8/25 AARTFC (All-DIII Atlantic Regio **Andrew MOTT** SR 17.14m 56-23/4 8 Dakota HOFFMAN JR #19 Dubuque {2} 8.91 17.14m 56-23/4 3/1/25 American Rivers (ARC) Indoor Cooper FOLKESTAD JR Concordia Moorhead 6.51 55-73/4 3/1/25 MIAC Indoor Championships 10 16.96m Owen FREMEAU 3/1/25 Michigan Intercollegiate Indo 11 SO Olivet 5.50 16.95m 55-71/2 3/8/25 Wartburg Qualifier Steven TINSLEY SR 12 Aurora 4.42 16.88m 55-43/4 3/8/25 AARTFC (All-DIII Atlantic Regio **Hunter LOGAN** SR Utica 3.36 55-23/4 13 16.83m 14 Caleb TOBERMAN SR Monmouth (Ill.) 2.31 16.78m 55-3/4 2/21/25 Illinois College Hilltop Invitati **Ben YOUNGWORTH** SO #1 UW-La Crosse 1 75 54-103/ 1/25/25 UW-La Crosse Pat Healy Classi 15 16.73m SO 2/22/25 UW-Oshkosh Titan Challenge 16 Jacob KLITZKE St. Norbert 1.44 16.68m 54-83/4 2/7/25 Concordia (Neb.) Indoor Invita Samuel CLEMENTS Nebraska Wesleyan 17 FR 1.09 16.59m 54-51/4 3/1/25 OAC Indoor Championships 18 Ryan MCVICKER JR **Mount Union** 0.90 16.45m 53-113/4 3/8/25 UW-La Crosse Final Qualifier 19 Soren JOHNSON JR #8 UW-Eau Claire {2} 0.80 16.41m 53-101/4 #19 Dubuque 20 7ach SANFORD IR {3} 0.70 16.38m 53-9 3/1/25 American Rivers (ARC) Indoor Ben BALBOA #12 North Central (Ill.) 53-81/2 3/1/25 CCIW Indoor Championships 0.60 16.37m 2/15/25 SPIRE Collegiate Indoor Game JR Penn State Behrend 21 **Alex COTTON** 0.60 16.37m 53-81/2 **Gavin SCHMIDT Amherst** 0.40 16.33m 53-7 2/8/25 Tufts Cupid Challenge 3/2/25 UAA Indoor Championships 24 Simon DIXON JR Chicago 0.30 16.29m 53-51/2 2/15/25 SDSU Indoor Classic 25 Colin WOJTKIEWICZ JR Nebraska Weslevan {2} 0.20 53-31/2 16.24m 26 **Eddie HINES** SR Albion 0.15 16.19m 53-11/2 3/1/25 Michigan Intercollegiate Indo 2/8/25 UW-La Crosse Mark Guthrie Le 27 **Hudson GOODWIN** IR #8 UW-Eau Claire {3} 0.13 16.16m 53-1/4 3/7/25 UW-Platteville Final Qualifyin 28 Cohen PFOHL SO **UW-Platteville** 0.10 16.12m 52-103/4

16.12m

16.11m

16.08m

16.08m

16.05m

16.03m

16.01m

52-103/4

52-101/4

52-91/4

52-91/4

52-8

52-71/4

52-61/2



as of 3/10/25 3:40 PM ET



National TFRI Event Summary

Men's Weight Throw — 2025 Checkpoint #7, March 11

				3						
NPR	Athlete			eam Rank) Institution		Team Pts.		Scored Performanc		Meet
1	JJ DURR	SR	#18	Wilmington (Ohio)		23.05	20.04m	65-9	3/1/25	OAC Indoor Championships
2	Shane ANDERSON	SR		Monmouth (Ill.)		20.93	20.00m	65-7½	3/8/25	Wartburg Qualifier
3	Gavin FRITSCH	JR	#2	UW-Oshkosh		18.36	19.81m	65-0	3/8/25	Ripon Final Qualifier & Multi
3	Chris SLATER	SR		Denison		18.36	19.81m	65-0	2/22/25	Wittenberg Indoor Last Chanc
5	Nathan BORGAN	SR	#18	Wilmington (Ohio)	{2}	13.88	19.65m	64-5¾	2/15/25	Tiffin University Open III
6	Michael SWEIGART	SR		Anderson (Ind.)		11.64	19.55m	64-1¾	3/8/25	Polar Bear Last Chance Qualifi
7	Chris BAKER	SR		Coe		10.28	19.37m	63-6¾	3/8/25	Wartburg Qualifier
8	Isaiah BRUNACHE	JR	#7	SUNY Cortland		8.75	19.11m	62-81/2	3/1/25	SUNYAC Indoor Championshi
8	Steven TINSLEY	SR		Aurora		8.75	19.11m	62-81/2	3/8/25	Wartburg Qualifier
10	Lucas LEAL	SR		Carthage		6.71	19.09m	62-7¾	3/1/25	CCIW Indoor Championships
11	Reagan OWEN	SR	#15	McMurry		5.63	19.05m	62-6	3/8/25	UW-La Crosse Final Qualifier
12	Caleb TOBERMAN	SR		Monmouth (Ill.)	{2}	4.55	19.01m	62-41/2	2/16/25	Roger Haynes Invitational
13	Jordan JOHNSON	SR	#22	? Rochester (N.Y.)		3.36	18.91m	62-1/2	3/8/25	AARTFC (All-DIII Atlantic Regio
14	Owen FREMEAU	SO		Olivet		2.32	18.88m	61-11½	3/1/25	Michigan Intercollegiate Indo
15	Bryce HALE	SO	#2	UW-Oshkosh	{2}	1.72	18.78m	61-71/2	3/1/25	WIAC Indoor Championships
16	Tyler ROSE	JR		Carthage	{2}	1.44	18.75m	61-61/4	2/8/25	Tadd Metzger Invitational
17	Christian NUNLEY	SR	#10	Wartburg		1.02	18.58m	60-11½	3/1/25	American Rivers (ARC) Indoor
18	Justin SHUGA	SR	#18	Wilmington (Ohio)	{3}	0.90	18.55m	60-101/2	3/1/25	OAC Indoor Championships
19	Magnus WELLS	JR		Augustana (Ill.)		0.80	18.50m	60-81/2	3/1/25	CCIW Indoor Championships
20	Eric LENZ	SR		Nebraska Wesleyan		0.70	18.48m	60-7¾	2/15/25	SDSU Indoor Classic
21	Joseph UWANOGHO	SR		UMass Dartmouth		0.60	18.46m	60-6¾	1/11/25	Suffolk Relays
22	Maverick METZGER	SO		UW-Stout		0.50	18.44m	60-6	3/1/25	WIAC Indoor Championships
23	Kitar OLSEN	SO		Baldwin Wallace		0.40	18.40m	60-41/2	3/1/25	OAC Indoor Championships
24	Adam HOKANSON	JR	#9	Bethel (Minn.)		0.30	18.31m	60-1	3/8/25	UW-La Crosse Final Qualifier
25	Steven WAUER	JR	#2	UW-Oshkosh	{3}	0.20	18.24m	59-101/4	2/22/25	UW-Oshkosh Titan Challenge
26	Jacob EDWARDS-PALMERI	SR	#19	Dubuque		0.15	18.23m	59-9¾	3/1/25	American Rivers (ARC) Indoor
26	Quinn SHOLAR	JR		Wabash		0.15	18.23m	59-9¾	2/28/25	NCAC Indoor Championships
28	Logan POWERS	SR	#1	UW-La Crosse		0.10	18.20m	59-8½	3/8/25	UW-La Crosse Final Qualifier
29	Simon DIXON	JR		Chicago		0.08	18.15m	59-6¾	2/14/25	NCC Chicagoland Intercollegia
30	Latrell FOMBY	SR		Christopher Newpor	t	0.05	18.07m	59-3½	3/8/25	DIII South Region Final Qualifi
31	Brandon KAPLAN	JR		St. John Fisher		0.04	17.99m	59-1⁄4	2/21/25	Nazareth Conference Tune-Up
32	Anthony ZAJAC	SR	#12	North Central (Ill.)		0.03	17.91m	58-91/4	1/10/25	Cardinal Opener
33	Evan COLLETTE	SO	#7	SUNY Cortland	{2}	0.02	17.88m	58-8	2/21/25	Nazareth Conference Tune-Up
34	Aidan ROLLINSON	JR		York (Pa.)		0.02	17.86m	58-71/4	2/21/25	Bucknell Tune-Up
35	Thomas HICKMAN	SR		Baldwin Wallace	{2}	0.01	17.84m	58-61/2	3/1/25	OAC Indoor Championships
35	Sean LARSEN	SR	#6	UW-Whitewater		0.01	17.84m	58-61/2	3/8/25	Ripon Final Qualifier & Multi



Emmett HANSEN

Ian LUCAS

Evan HOFSTETTER

USTFCCCA NCAA Division III Indoor Track & Field

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3/8/25 AARTFC (All-DIII Atlantic Regio

3/1/25 American Rivers (ARC) Indoor

3/8/25 Wartburg Qualifier



National TFRI Event Summary

#22 Rochester (N.Y.)

#24 Loras

UC Santa Cruz

0.02

0.02

0.01

4,661

4,656

4,648

FR

SO

Men's Heptathlon — 2025 Checkpoint #7, March 11 Athlete Meet NPR (Team Rank) Institution Team Pts. Scored Performance UW-Oshkosh 12/7/24 UW-Oshkosh Early Bird Invitat 1 Aden SEARS SR 23.85 5,243 #2 UW-Oshkosh {2} 20.30 2/1/25 Warren Bowlus Invite 2 Charlie NOLAN JR 5,121 Luke FREIMANIS FR 12/7/24 Bison Opener Carnegie Mellon 17.93 5,092 3 2/15/25 Centre Indoor Invitational 4 **Nick WHITLOW** SR 15.68 5,072 3/8/25 Wartburg Qualifier SR **#16** Saint John's (Minn.) 13.56 5 Max I FI WICA 5,063 6 Ezra SCHERMACHER JR St. Norbert 11.34 5,045 12/7/24 UW-Oshkosh Early Bird Invitat 3/1/25 American Rivers (ARC) Indoor 7 **Ulysses PATTERSON** SR Simpson (Iowa) 10.11 5,021 1/31/25 Dutch Winter Multi Kale HOBART SO #17 Central (Iowa) 9.10 5,019 8 #2 UW-Oshkosh 9 Cavan DOBBERSTEIN SO 7.88 4,994 12/7/24 UW-Oshkosh Early Bird Invitat 3/8/25 Ripon Final Qualifier & Multi 10 Jacob HUSET SR Redlands (Calif.) 6.78 4,982 Reid PAKKEBIER #17 Central (Iowa) {2} 1/31/25 Dutch Winter Multi 11 SR 5.68 4,970 SO 1/17/25 Middlebury Winter Classic Caleb SMITH Middlebury 4,952 12 4.59 2/1/25 SVSU Jet's Pizza Invitational 13 **Ethan SPAHR** SR Trine 3.55 4,942 OT 14 Jacob BALCOME SO **UW-River Falls** 2.47 4,923 1/25/25 Jack Johnson Classic **Anthony THURK** SR **#16** Saint John's (Minn.) {2} 2 47 4,923 3/1/25 MIAC Indoor Championships 14 #1 UW-La Crosse 4,864 3/8/25 Wartburg Qualifier 16 **Bryant YANKE** JR 1.46 2/1/25 Ithaca Bomber Invitational Brandon ZIMMERMAN 1.20 SR Susquehanna 17 4,861 3/8/25 DIII South Region Final Qualifi 18 Casey POTREBIC SR Carnegie Mellon 1.03 4,846 #2 UW-Oshkosh 12/7/24 UW-Oshkosh Early Bird Invitat 19 **Payton WHITE** SR 0.87 4,831 20 **Gabe THYNE** SR #22 Rochester (N.Y.) 0.75 4,828 3/1/25 Liberty League Indoor Champi Clarke LATCHAM SR Simpson (Iowa) 4,825 3/8/25 Wartburg Qualifier 0.64 3/1/25 American Rivers (ARC) Indoor Zak KUBITZ 0.50 22 SR **#10** Wartburg 4,811 Oak SULLIVAN Williams 0.50 4,811 3/1/25 New England Division III Indoo 2/1/25 Warren Bowlus Invite Max FOLAND SR #8 UW-Eau Claire 4,795 24 0.30 4,790 12/7/24 UW-Oshkosh Early Bird Invitat 25 **Christian THOMPSON** FR #2 UW-Oshkosh 0.20 2/1/25 Bast-Cregger Invitational 26 Micah LEECH SO #5 Lynchburg 0.15 4,785 2/8/25 Brockport Multi & Invitational 27 Gabe GIANNINI SO SUNY Brockport 0.13 4,753 SO 0.10 4,745 3/1/25 MIAC Indoor Championships 28 Soren KASTER Carleton Jack CAMPBELL JR #8 UW-Eau Claire 0.08 2/1/25 Warren Bowlus Invite 29 4,729 12/7/24 UW-Oshkosh Early Bird Invitat 30 Corte PETERSON SR Redlands (Calif.) 0.05 4,705 31 Tanner JOHNSON SR Nebraska Wesleyan 0.04 4,684 3/1/25 American Rivers (ARC) Indoor 32 **Daniel JANSEN** SR DePauw 0.03 4,663 2/23/25 NCAC Indoor Championships