



USTFCCCA NCAA Division III Outdoor Track & Field Regional TFRI Team Summary



MEN — 2025 Checkpoint #4, April 22

EAST			
Current	Team	Score	Last Week
1	MIT	1024.29	2 ▲ 1
2	Tufts	982.61	1 ▼ 1
3	WPI	524.83	3
4	Colby	501.17	4
5	Bowdoin	378.06	6 ▲ 1
6	Bates	363.31	5 ▼ 1
7	Southern Maine	316.30	9 ▲ 2
8	Babson	295.28	8
9	Bridgewater State	264.00	10 ▲ 1
10	UMass Dartmouth	263.34	7 ▼ 3
11	Wheaton (Mass.)	223.56	13 ▲ 2
12	Saint Joseph's (Maine)	189.20	12
13	Brandeis	186.33	15 ▲ 2
14	Keene State	135.15	11 ▼ 3
15	Fitchburg State	128.65	14 ▼ 1

GREAT LAKES			
Current	Team	Score	Last Week
1	Mount Union	521.69	1
2	Baldwin Wallace	446.36	2
3	Hope	381.05	3
4	John Carroll	360.41	4
5	Centre	343.53	6 ▲ 1
6	Ohio Northern	320.05	5 ▼ 1
7	Wilmington (Ohio)	308.36	11 ▲ 4
8	Wittenberg	301.65	7 ▼ 1
9	Trine	284.28	12 ▲ 3
10	Calvin	275.88	9 ▼ 1
11	Denison	254.10	10 ▼ 1
12	Otterbein	253.37	8 ▼ 4
13	Wabash	201.40	13
14	Ohio Wesleyan	195.60	15 ▲ 1
15	DePauw	192.01	14 ▼ 1

METRO			
Current	Team	Score	Last Week
1	Rowan	1271.50	1
2	TCNJ	683.48	2
3	Moravian	476.00	3
4	Widener	432.28	5 ▲ 1
5	Stevens	409.56	6 ▲ 1
6	Ursinus	369.72	4 ▼ 2
7	Eastern (Pa.)	282.05	7
8	Haverford	278.51	9 ▲ 1
9	DeSales	254.20	8 ▼ 1
10	Ramapo	250.60	11 ▲ 1
11	Stockton	221.56	12 ▲ 1
12	Muhlenberg	219.63	10 ▼ 2
13	Swarthmore	195.25	13
14	Montclair State	183.60	17 ▲ 3
15	Farmingdale State	160.97	14 ▼ 1

MID-ATLANTIC			
Current	Team	Score	Last Week
1	Susquehanna	722.45	1
2	Johns Hopkins	665.36	3 ▲ 1
3	Carnegie Mellon	656.25	2 ▼ 1
4	Salisbury	465.01	4
5	Lebanon Valley	427.59	5
6	Misericordia	369.92	6
7	York (Pa.)	329.09	7
8	Dickinson	321.21	9 ▲ 1
9	Elizabethtown	253.67	8 ▼ 1
10	Messiah	234.59	10
11	Gettysburg	191.87	12 ▲ 1
12	Grove City	189.64	11 ▼ 1
13	Washington & Jeffers	159.64	14 ▲ 1
14	King's College (Pa.)	147.37	13 ▼ 1
15	Westminster (Pa.)	147.09	17 ▲ 2

MIDEAST			
Current	Team	Score	Last Week
1	RPI	1091.38	2 ▲ 1
2	Middlebury	929.86	1 ▼ 1
3	Amherst	718.17	3
4	Williams	551.34	4
5	Springfield (Mass.)	345.66	5
6	Roger Williams	314.23	7 ▲ 1
7	Rhode Island College	304.60	6 ▼ 1
8	Hartford	289.02	9 ▲ 1
9	Wesleyan (Conn.)	279.38	8 ▼ 1
10	Trinity (Conn.)	247.64	15 ▲ 5
11	Coast Guard	197.03	10 ▼ 1
12	Connecticut College	195.31	11 ▼ 1
13	Eastern Connecticut S	194.07	13
14	SUNY Plattsburgh	184.36	18 ▲ 4
15	Westfield State	157.21	12 ▼ 3

MIDWEST			
Current	Team	Score	Last Week
1	Wartburg	970.21	1
2	Dubuque	681.14	2
3	North Central (Ill.)	494.40	3
4	Central (Iowa)	475.61	8 ▲ 4
5	Loras	438.93	5
6	Washington (Mo.)	438.90	4 ▼ 2
7	Nebraska Wesleyan	389.55	7
8	Chicago	367.58	6 ▼ 2
9	Augustana (Ill.)	279.86	9
10	Illinois Wesleyan	223.98	10
11	Simpson (Iowa)	221.68	11
12	Greenville	186.33	12
13	Millikin	166.02	13
14	Illinois College	146.34	14
15	Wheaton (Ill.)	126.03	15

NIAGARA			
Current	Team	Score	Last Week
1	SUNY Geneseo	1040.76	1
2	SUNY Cortland	905.94	2
3	Rochester (N.Y.)	614.07	5 ▲ 2
4	SUNY Brockport	550.19	3 ▼ 1
5	RIT	514.06	4 ▼ 1
6	Penn State Behrend	377.07	6
7	Utica	352.75	7
8	NYU	316.31	8
9	SUNY Delhi	312.30	15 ▲ 6
10	SUNY Oneonta	299.27	10
11	St. John Fisher	252.25	9 ▼ 2
12	Ithaca	186.64	12
13	Buffalo State	184.57	13
14	Nazareth	179.75	11 ▼ 3
15	Fredonia	95.60	23 ▲ 8

NORTH			
Current	Team	Score	Last Week
1	UW-La Crosse	1203.50	1
2	UW-Oshkosh	833.01	2
3	UW-Eau Claire	684.16	4 ▲ 1
4	UW-Whitewater	638.52	3 ▼ 1
5	UW-Stevens Point	322.40	7 ▲ 2
6	UW-Platteville	314.96	10 ▲ 4
7	Bethel (Minn.)	310.37	6 ▼ 1
8	Saint John's (Minn.)	302.10	5 ▼ 3
9	UW-Stout	296.50	9
10	St. Olaf	222.79	8 ▼ 2
11	Carthage	207.60	11
12	Concordia Moorhead	187.17	12
13	UW-River Falls	139.90	13
14	Hamline	100.66	14
15	MSOE	99.94	15

SOUTH			
Current	Team	Score	Last Week
1	Emory	879.00	1
2	Lynchburg	795.38	2
3	Christopher Newport	494.09	4 ▲ 1
4	Washington and Lee	478.50	3 ▼ 1
5	Roanoke	314.81	6 ▲ 1
6	Pfeiffer	302.79	5 ▼ 1
7	Berry	292.66	7
8	Southern Virginia	283.66	8
9	Bridgewater (Va.)	242.26	10 ▲ 1
10	Piedmont	223.03	11 ▲ 1
11	Methodist	217.59	9 ▼ 2
12	Randolph	217.09	13 ▲ 1
13	Virginia Wesleyan	213.40	18 ▲ 5
14	Catholic (D.C.)	197.21	14
15	Rhodes	192.59	12 ▼ 3



Regional TFRI Team Summary

MEN — 2025 Checkpoint #4, April 22**WEST**

Current	Team	Score	Last Week
1	McMurry	697.77	1
2	Claremont-Mudd-Scri	579.36	2
3	George Fox	544.16	3
4	Whitworth	387.97	5 ▲ 1
5	Pomona-Pitzer	384.84	6 ▲ 1
6	Trinity (Texas)	319.07	4 ▼ 2
7	UC Santa Cruz	302.50	13 ▲ 6
8	Hardin-Simmons	290.52	9 ▲ 1
9	Texas Lutheran	281.31	7 ▼ 2
10	Chapman	279.72	8 ▼ 2
11	Colorado College	275.62	10 ▼ 1
12	Redlands (Calif.)	271.90	11 ▼ 1
13	Willamette	239.57	12 ▼ 1
14	Pacific Lutheran	223.85	14
15	Occidental	181.30	15