



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2025 Checkpoint #4, April 22



Central

as of 4/22/2025 12:03:30 AM ET

Men's 100 Meters

1	1	Weston WHITE	SO	#1 DuPage (Ill.)	10.71	(1.7)	4/5
2	2	Timothy MCMILLER	SO	#1 DuPage (Ill.)	{2} 10.74	(1.8)	4/17
3	3	Alek LEDEZMA	SO	#2 Harper (Ill.)	10.88	(0.9)	3/29
4	4	Azariah HENRY-BOLLS	FR	#3 Joliet (Ill.) JC	10.92	(1.2)	4/17
5	5	Fred MCCRAY	SO	#6 Delaware County	10.94	(1.2)	4/19
6	8	Landon ZIMMY	FR	#1 DuPage (Ill.)	{3} 11.00	(1.2)	4/17
6	8	Elijah PHIPPS	SO	#1 DuPage (Ill.)	{3} 11.00	(0.5)	3/28
8	10	Michael RINGBERG	FR	#3 Joliet (Ill.) JC	{2} 11.06	(1.0)	3/29
8	10	Aidan HEPPARD	SO	#6 Delaware County	{2} 11.06	(1.2)	4/19
10	14	Ivan RODRIGUEZ	FR	#2 Harper (Ill.)	{2} 11.19	(1.6)	4/18

Men's 110 Meter Hurdles

1	1	Camden MAYES	FR	#4 Mineral Area (Mc	15.49	(1.6)	3/29
2	2	Prince ELLINGTON	FR	#2 Harper (Ill.)	15.68	(-0.7)	4/13
3	4	Cory MILLER	SO	#4 Mineral Area (Mc	{2} 16.14	(1.6)	3/29
4	6	Karam TAJEDDIN	FR	#1 DuPage (Ill.)	16.19	(2.0)	4/17
5	7	Tyler THYMIAN	FR	#2 Harper (Ill.)	{2} 16.26w	(3.2)	4/18
6	8	Daishon BILLOPS	FR	#6 Delaware County	16.62	(1.1)	4/5
7	12	Charles BOCKENKAMP	SO	#4 Mineral Area (Mc	{3} 17.15	(0.0)	3/22
8	20	Jonah LONGENECKER	SO	#5 Thaddeus Steve	19.76	(-1.7)	4/12
9	22	Sam SHIPLEY	FR	#5 Thaddeus Steve	{2} 20.16	(-0.9)	4/19
10	23	Johnathan WITMER	FR	#5 Thaddeus Steve	{3} 20.38	(-2.7)	4/12

Men's 200 Meters

1	1	Weston WHITE	SO	#1 DuPage (Ill.)	21.64	(0.4)	4/12
2	2	Alek LEDEZMA	SO	#2 Harper (Ill.)	21.69	(1.7)	3/29
3	3	Elijah PHIPPS	SO	#1 DuPage (Ill.)	{2} 21.95	(0.4)	4/12
4	4	Landon ZIMMY	FR	#1 DuPage (Ill.)	{3} 21.99	(0.4)	4/12
5	6	Andrew RASHAD	FR	#2 Harper (Ill.)	{2} 22.13	(0.5)	4/5
6	8	Ivan RODRIGUEZ	FR	#2 Harper (Ill.)	{3} 22.27w	(2.7)	4/18
7	9	Alex JOHNSON	SO	#3 Joliet (Ill.) JC	22.32w	(2.2)	3/29
8	10	Kolyn MCBRIDE	FR	#4 Mineral Area (Mc	22.34	(1.4)	4/12
9	12	Azariah HENRY-BOLLS	FR	#3 Joliet (Ill.) JC	{2} 22.45w	(3.1)	4/17
9	12	Timothy MCMILLER	SO	#1 DuPage (Ill.)	{4} 22.45	(-0.5)	4/12

Men's 400 Meters

1	1	Andrew RASHAD	FR	#2 Harper (Ill.)	48.97		4/13
2	3	Alex JOHNSON	SO	#3 Joliet (Ill.) JC	49.35		4/5
3	4	Chris JOHNSON	SO	#3 Joliet (Ill.) JC	{2} 49.61		4/13
4	6	Vince DEMMA	FR	#3 Joliet (Ill.) JC	{3} 50.16		4/13
5	7	Owen FITZGERALD	FR	#1 DuPage (Ill.)	50.18		4/12
6	9	William KALLAS	FR	#1 DuPage (Ill.)	{2} 50.71		4/12
7	10	Fortis VARIANO	SO	#2 Harper (Ill.)	{2} 51.01		4/13
8	11	Chris RUCHAJ	SO	#1 DuPage (Ill.)	{3} 51.02		4/12
9	12	Joel JONES	SO	#2 Harper (Ill.)	{3} 51.19		4/13
10	13	Anthony LOBUE	FR	#2 Harper (Ill.)	{4} 51.43		4/18

Men's 400 Meter Hurdles

1	2	Daniel MCLAUGHLIN	FR	#6 Delaware County	58.22		3/29
2	3	Charles BOCKENKAMP	SO	#4 Mineral Area (Mc	58.26		3/29
3	4	Karam TAJEDDIN	FR	#1 DuPage (Ill.)	59.47		4/17
4	5	Keaton STRONER	FR	#3 Joliet (Ill.) JC	59.88		4/5
5	6	Michael WELCOME	SO	#3 Joliet (Ill.) JC	{2} 59.95		4/17
6	8	Cory MILLER	SO	#4 Mineral Area (Mc	{2} 59.99		3/22
7	12	Khalil HAMILTON	FR	#1 DuPage (Ill.)	{2} 1:01.22		4/17
8	16	Joel JONES	SO	#2 Harper (Ill.)	1:03.04		4/18
9	18	Justin BROWN	FR	#2 Harper (Ill.)	{2} 1:04.27		4/18
10	20	Nicholas NAVARRETE	FR	#2 Harper (Ill.)	{3} 1:05.08		4/18

Men's 800 Meters

1	1	Alex JOHNSON	SO	#3 Joliet (Ill.) JC	1:53.95		4/17
2	2	Nathan CIARLETTE	FR	#3 Joliet (Ill.) JC	{2} 1:54.79		3/29
3	3	Chris JOHNSON	SO	#3 Joliet (Ill.) JC	{3} 1:55.87		4/17
4	4	Dakota WHITE	SO	#2 Harper (Ill.)	1:58.00		3/29
5	7	Shaymis POWELL	FR	#1 DuPage (Ill.)	2:01.04		4/17
6	8	Jack SCHULTZ	FR	#1 DuPage (Ill.)	{2} 2:01.08		4/17
7	9	Caleb KIES	FR	#3 Joliet (Ill.) JC	{4} 2:01.26		4/5
8	10	Connor ARIUNBAT	SO	#2 Harper (Ill.)	{2} 2:01.40		4/13
9	11	Jason SCHMIDT	SO	#2 Harper (Ill.)	{3} 2:03.81		4/13
10	13	Owen WHELAN	SO	#2 Harper (Ill.)	{4} 2:04.53		4/5

Men's 1500 Meters

1	1	Nathan CIARLETTE	FR	#3 Joliet (Ill.) JC	3:54.63		4/13
2	2	Sam VAUGHN	FR	#4 Mineral Area (Mc	4:03.96		3/22
3	4	Ryan GOLDEN	FR	#2 Harper (Ill.)	4:09.06		4/13
4	5	Owen WHELAN	SO	#2 Harper (Ill.)	{2} 4:10.30		3/29
5	7	Jack SCHULTZ	FR	#1 DuPage (Ill.)	4:11.54		4/12
6	8	Caleb KIES	FR	#3 Joliet (Ill.) JC	{2} 4:11.73		4/13
7	9	Jason SCHMIDT	SO	#2 Harper (Ill.)	{3} 4:12.98		3/29
8	10	Dakota WHITE	SO	#2 Harper (Ill.)	{4} 4:13.50		4/13
9	11	Addisu WOLSKI	SO	#1 DuPage (Ill.)	{2} 4:15.15		4/12
10	12	Shaymis POWELL	FR	#1 DuPage (Ill.)	{3} 4:15.50		4/12

Men's Steeplechase

1	2	Jason SCHMIDT	SO	#2 Harper (Ill.)	10:12.96		3/29
2	3	John BUCHANAN	SO	#1 DuPage (Ill.)	10:30.88		4/5
3	5	Thomas PAYNE	FR	#1 DuPage (Ill.)	{2} 10:56.04		4/5
4	6	Michael WELCOME	SO	#3 Joliet (Ill.) JC	11:07.07		3/29
5	7	Shaymis POWELL	FR	#1 DuPage (Ill.)	{3} 11:07.91		3/29
6	8	Zachary KAHSEN	FR	#1 DuPage (Ill.)	{4} 11:18.69		4/5
7	10	Gavin CARLSON	FR	#3 Joliet (Ill.) JC	{2} 11:25.22		3/29
8	15	Samuel SANCHEZ	FR	#1 DuPage (Ill.)	{5} 13:16.05		4/12



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Central

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Men's 5000 Meters

1	1	Owen WHELAN	SO	#2 Harper (Ill.)	15:44.36	4/13
2	2	Jose MORALES	SO	#2 Harper (Ill.)	{2} 15:46.88	4/13
3	3	Ryan GOLDEN	FR	#2 Harper (Ill.)	{3} 15:47.18	4/18
4	5	Nathan CIARLETTE	FR	#3 Joliet (Ill.) JC	15:59.67	4/13
5	8	Addisu WOLSKI	SO	#1 DuPage (Ill.)	16:22.00	3/29
6	9	Jerome GRAESSLE	SO	#2 Harper (Ill.)	{4} 16:26.44	4/13
7	10	John BUCHANAN	SO	#1 DuPage (Ill.)	{2} 16:28.70	4/12
8	11	Logan SCHMIDT	FR	#3 Joliet (Ill.) JC	{2} 16:28.87	4/5
9	12	Jack SCHULTZ	FR	#1 DuPage (Ill.)	{3} 16:36.54	3/29
10	13	Gavin CARLSON	FR	#3 Joliet (Ill.) JC	{3} 16:38.76	4/13

Men's 10,000 Meters

1	1	Jose MORALES	SO	#2 Harper (Ill.)	34:17.67	3/29
2	3	Jerome GRAESSLE	SO	#2 Harper (Ill.)	{2} 34:52.88	3/29
3	4	Roman NEVAREZ	FR	#1 DuPage (Ill.)	35:12.21	3/29
4	6	John BUCHANAN	SO	#1 DuPage (Ill.)	{2} 36:22.13	3/29
5	7	Logan SCHMIDT	FR	#3 Joliet (Ill.) JC	36:32.54	3/29
6	8	Eric GOMEZ	FR	#3 Joliet (Ill.) JC	{2} 37:21.33	4/17
7	9	RJ MONIRI	SO	#2 Harper (Ill.)	{3} 37:31.10	4/18
8	10	David AVILES	FR	#1 DuPage (Ill.)	{3} 37:36.03	3/29
9	16	Zachary KAHSEN	FR	#1 DuPage (Ill.)	{4} 38:09.20	4/17
10	17	Thomas PAYNE	FR	#1 DuPage (Ill.)	{5} 38:13.50	4/17

Men's 4x100 Relay

1	1	Landon Zimmy, Timothy McMiller, Weston White, Elijah Phipps	#1 DuPage (Ill.)	41.60	4/12
2	4	Jaylen Calhoun, Andrew Rashad, Lucas McMillan, Alek Ledezma	#2 Harper (Ill.)	43.05	4/5
3	5	Azariah Henry-Bolls, Michael Ringberg, Joe Baumhardt, Jalen McCaskill	#3 Joliet (Ill.) JC	43.07	4/5
4	6	#Type!	#6 Delaware County	43.38	4/19
5	8	Mason Moore, Robert Spivey, Keith Ford, Isaiah Marshall	#5 Thaddeus Steve	43.86	3/29
6	9	Charles Bockenkamp, Camden Mayes, Luke Brabham, Kolyn McBride	#4 Mineral Area (Mc	43.99	4/12
7	13	Anthony Beacham, Samuel Elusoji, Daniel Taborsky, Kyrn Watts	#8 Triton (Ill.)	45.17	3/29

Men's 4x400 Relay

1	1	Alex Johnson, Chris Johnson, Vince Demma, Caleb Kies	#3 Joliet (Ill.) JC	3:21.04	4/13
2	2	Lucas McMillan, Fortis Variano, Dakota White, Andrew Rashad	#2 Harper (Ill.)	3:21.39	4/13
3	3	Owen Fitzgerald, Chris Ruchaj, Elijah Phipps, William Kallas	#1 DuPage (Ill.)	3:22.91	4/17
4	8	#Type!	#5 Thaddeus Steve	3:34.00	4/5
5	10	#Type!	#6 Delaware Count	3:38.80	4/5
6	13	Cory Miller, Grant Ogle, Luke Brabham, Kolyn McBride	#4 Mineral Area (Mc	3:40.69	4/12

Men's 4x800 Relay

1	1	Wyatt Tomison, Carter Bruckhart, Isaiah Marshall, Benjamin Madison	#5 Thaddeus Steve	8:50.90	3/29
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Men's High Jump

1	2	Ronan CORNELIUS	SO	#1 DuPage (Ill.)	1.95m	6-4¾	3/28
2	4	Isaiah NEVEL	FR	#4 Mineral Area (Mc	1.90m	6-2¾	3/29
2	4	Jaylen CALHOUN	FR	#2 Harper (Ill.)	1.90m	6-2¾	3/29
4	7	Jyaveion GREEN	FR	#3 Joliet (Ill.) JC	1.86m	6-1¼	4/5
5	8	Khalil HAMILTON	FR	#1 DuPage (Ill.)	{2} 1.84m	6-½	4/17
6	12	Grant OGLE	FR	#4 Mineral Area (Mc	{2} 1.83m	6-0	4/12
7	13	Andrew RASHAD	FR	#2 Harper (Ill.)	{2} 1.80m	5-10¾	4/13
8	16	Bryan POCHOWICZ	FR	#1 DuPage (Ill.)	{3} 1.79m	5-10½	4/12
9	17	Robert SPIVEY	FR	#5 Thaddeus Steve	1.76m	5-9¼	4/19
10	19	Jonah LONGENECKER	SO	#5 Thaddeus Steve	{2} 1.73m	5-8	4/12

Men's Pole Vault

1	1	William KALLAS	FR	#1 DuPage (Ill.)	4.85m	15-11	3/28
2	2	Stephen OSEI	FR	#2 Harper (Ill.)	4.35m	14-3¾	4/5
3	4	Lucas MCMILLAN	SO	#2 Harper (Ill.)	{2} 4.00m	13-1½	4/13
4	6	Jack CHEMLIK	FR	#1 DuPage (Ill.)	{2} 3.70m	12-1½	4/12
5	7	Johnathan WITMER	FR	#5 Thaddeus Steve	3.55m	11-7¾	4/12
6	8	Andy HALLMAN	FR	#5 Thaddeus Steve	{2} 3.42m	11-2½	4/12
7	11	Jonah LONGENECKER	SO	#5 Thaddeus Steve	{3} 2.75m	9-¼	4/12
8	12	Cody CRAWFORD	SO	#5 Thaddeus Steve	{4} 2.62m	8-7	4/19
9	14	Landon SNIDER	FR	#5 Thaddeus Steve	{5} 2.35m	7-8½	4/12



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Central

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Men's Long Jump

1	1	Matthew HOEFT	FR	#7 St. Charles (Mo.)	7.05m	23-1¾ (0.5)	4/11
2	4	Camden MAYES	FR	#4 Mineral Area (Mc	6.72mw	22-¾ (3.4)	3/29
3	5	Ronan CORNELIUS	SO	#1 DuPage (Ill.)	6.65m	21-10 (1.6)	4/12
4	6	Prince ELLINGTON	FR	#2 Harper (Ill.)	6.57mw	21-6¾ (2.4)	4/18
5	8	Jaylen CALHOUN	FR	#2 Harper (Ill.)	{2} 6.47m	21-2¾ (1.4)	3/29
6	10	Elijah PHIPPS	SO	#1 DuPage (Ill.)	{2} 6.35m	20-10 (0.0)	4/5
7	11	Robert SPIVEY	FR	#5 Thaddeus Stevei	6.26m	20-6½ (-0.4)	3/28
8	12	Anothony URBAN	SO	#1 DuPage (Ill.)	{3} 6.25m	20-6¼ (0.8)	4/12
9	13	Isaiah NEVEL	FR	#4 Mineral Area (Mc{2}	6.14m	20-1¾ (0.0)	3/22
9	13	Seth COHEN	FR	#2 Harper (Ill.)	{3} 6.14m	20-1¾ (0.7)	3/29

Men's Triple Jump

1	2	Camden MAYES	FR	#4 Mineral Area (Mc	13.63m	44-8¾ (1.4)	3/29
2	5	Romello ALI	SO	#3 Joliet (Ill.) JC	13.07m	42-10¾ (-1.	4/5
3	6	Karam TAJEDDIN	FR	#1 DuPage (Ill.)	12.75m	41-10 (-1.4)	4/5
4	7	Shamar ALLWOOD	FR	#2 Harper (Ill.)	12.67m	41-7 (-2.4)	4/5
5	11	Jyaveion GREEN	FR	#3 Joliet (Ill.) JC	{2} 11.58m	38-0 (0.9)	3/29

Men's Shot Put

1	1	Collin DAMES	SO	#3 Joliet (Ill.) JC	14.60m	47-10¾	4/13
2	3	Sterling SAWICKI	SO	#1 DuPage (Ill.)	13.63m	44-8¾	4/12
3	4	Tayo TAIWO	FR	#1 DuPage (Ill.)	{2} 13.50m	44-3½	4/12
4	6	Zach VAN TIEGHEM	FR	#4 Mineral Area (Mc	13.08m	42-11	3/22
5	7	John TARPEH	FR	#1 DuPage (Ill.)	{3} 12.90m	42-4	4/17
6	8	Colin RILATT	FR	#5 Thaddeus Stevei	12.61m	41-4½	4/19
7	9	Zack ANTHONY	FR	#5 Thaddeus Stevei{2}	12.42m	40-9	4/5
8	12	Alonzo KATER	SO	#5 Thaddeus Stevei{3}	11.60m	38-¾	4/12
9	13	Vladyslav NAKHIM	FR	#2 Harper (Ill.)	11.41m	37-5¼	4/13
10	15	Jacob MATLOCK	FR	#3 Joliet (Ill.) JC	{2} 11.10m	36-5	3/29

Men's Discus

1	2	Colin RILATT	FR	#5 Thaddeus Stevei	39.35m	129-1	3/29
2	3	John TARPEH	FR	#1 DuPage (Ill.)	37.76m	123-11	4/5
3	5	Luke POWELL	FR	#4 Mineral Area (Mc	37.32m	122-5	3/22
4	6	Jacob MATLOCK	FR	#3 Joliet (Ill.) JC	36.30m	119-1	4/13
5	8	Nicholas BRADIGAN	FR	#5 Thaddeus Stevei{2}	35.80m	117-6	4/19
6	9	Zach VAN TIEGHEM	FR	#4 Mineral Area (Mc{2}	35.66m	117-0	3/22
7	10	Zack ANTHONY	FR	#5 Thaddeus Stevei{3}	35.65m	117-0	4/19
8	11	Sterling SAWICKI	SO	#1 DuPage (Ill.)	{2} 35.52m	116-7	4/5
9	14	Vladyslav NAKHIM	FR	#2 Harper (Ill.)	33.38m	109-6	4/13
10	20	Peyton WOMBLE	SO	#4 Mineral Area (Mc{3}	31.35m	102-10	3/29

Men's Hammer

1	1	Sterling SAWICKI	SO	#1 DuPage (Ill.)	47.53m	155-11	3/28
2	2	Tayo TAIWO	FR	#1 DuPage (Ill.)	{2} 44.81m	147-0	4/12
3	4	John TARPEH	FR	#1 DuPage (Ill.)	{3} 41.51m	136-2	3/28
4	6	Nicholas BRADIGAN	FR	#5 Thaddeus Stevei	36.16m	118-8	4/19
5	7	Collin DAMES	SO	#3 Joliet (Ill.) JC	35.97m	118-0	4/13
6	8	Rodolfo MARTINEZ	FR	#2 Harper (Ill.)	35.10m	115-2	4/18
7	10	Zach VAN TIEGHEM	FR	#4 Mineral Area (Mc	34.02m	111-8	3/22
8	11	Matthew EDBORG	FR	#1 DuPage (Ill.)	{4} 33.97m	111-6	4/17
9	13	Zack ANTHONY	FR	#5 Thaddeus Stevei{2}	32.28m	105-11	3/29
10	14	Matthew PAULINO	FR	#1 DuPage (Ill.)	{5} 31.48m	103-4	4/12

Men's Javelin

1	1	Luke POWELL	FR	#4 Mineral Area (Mc	50.68m	166-3	3/22
2	2	Peyton WOMBLE	SO	#4 Mineral Area (Mc{2}	50.47m	165-7	4/12
3	3	Sean MCCOY	SO	#5 Thaddeus Stevei	44.28m	145-4	4/12
4	5	Keenan O'KEEFE	SO	#1 DuPage (Ill.)	41.63m	136-7	4/12
5	8	Vladyslav NAKHIM	FR	#2 Harper (Ill.)	41.41m	135-11	4/5
6	9	Jonah LONGENECKER	SO	#5 Thaddeus Stevei{2}	40.92m	134-3	3/29
7	11	Blake DORRIS	FR	#4 Mineral Area (Mc{3}	39.10m	128-4	4/12
8	15	Matthew PAULINO	FR	#1 DuPage (Ill.)	{2} 35.02m	114-11	4/17
9	16	Keaton STRONER	FR	#3 Joliet (Ill.) JC	34.94m	114-8	4/5
10	19	Anothony URBAN	SO	#1 DuPage (Ill.)	{3} 33.60m	110-3	4/17



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East

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Men's 100 Meters

1	6	Rae-Jaun GAYLE	FR	#2 RCSJ Gloucester	10.97	(1.8)	4/12
2	7	Fitzgerald ASHER	SO	#10 Camden County	10.98w	(2.7)	4/4
3	23	Darius SIMMONS	FR	#1 Hudson Valley (N)	11.33	(1.7)	4/18
3	23	Caleb LUTKE	SO	#3 Mohawk Valley (11.33w	(3.2)	4/19
3	23	Khalif HORTON	JR	#2 RCSJ Gloucester{2}	11.33	(-0.5)	3/29
6	30	Sylas PETRIE	FR	#1 Hudson Valley (N{2}	11.41	(1.7)	4/18
7	32	Mamadou BARRIE	FR	#1 Hudson Valley (N{3}	11.42	(1.7)	4/18
8	39	Carlos MELENDEZ	FR	#8 RCSJ Cumberland	11.51	(0.7)	4/19
9	44	Charles LARRABEE	FR	#5 SUNY Broome C(11.57	(1.0)	4/12
10	51	Vinny DIODATI	FR	#3 Mohawk Valley ({2}	11.65w	(2.7)	4/6

Men's 110 Meter Hurdles

1	3	Nicholas RUSHFORD	FR	#1 Hudson Valley (N	15.89	(1.8)	4/18
2	10	Xavier HUGHES	SO	#1 Hudson Valley (N{2}	16.81	(0.1)	3/28
3	14	Charlie JIMENEZ	FR	#2 RCSJ Gloucester	17.74	(-0.3)	4/19
4	15	Aiden CAMENGA	FR	#3 Mohawk Valley (17.96w	(2.3)	4/12
5	16	Amin WAGNER	FR	#5 SUNY Broome C(18.08w	(2.1)	4/6
6	17	Ashon OLIVER	FR	#1 Hudson Valley (N{3}	18.59	(-0.4)	4/5
7	18	Camryn CURET	FR	#1 Hudson Valley (N{4}	18.73	(1.3)	4/19
8	19	Derrick PIERRE PAUL	FR	#9 Northern Essex (18.85	(0.2)	4/14
9	21	Avery PALUMBO	FR	#5 SUNY Broome C{2}	20.07w	(2.1)	4/6
10	24	Quajon KINSEY	FR	#8 RCSJ Cumberland	21.41	(-0.1)	3/22

Men's 200 Meters

1	5	Darius SIMMONS	FR	#1 Hudson Valley (N	22.09w	(2.6)	4/18
2	7	Jair OLIVA	FR	#1 Hudson Valley (N{2}	22.16w	(3.6)	4/18
3	11	Rae-Jaun GAYLE	FR	#2 RCSJ Gloucester	22.39	(0.2)	4/19
4	17	Fitzgerald ASHER	SO	#10 Camden County	22.71w	(2.4)	4/4
5	18	Khalif HORTON	JR	#2 RCSJ Gloucester{2}	22.78	(0.0)	4/19
6	23	Kejhaune LESTER	SO	#1 Hudson Valley (N{3}	22.98w	(3.6)	4/18
7	29	Caleb LUTKE	SO	#3 Mohawk Valley (23.21	(0.0)	4/6
8	31	Mamadou BARRIE	FR	#1 Hudson Valley (N{4}	23.26w	(2.6)	4/18
9	32	Carlos MELENDEZ	FR	#8 RCSJ Cumberland	23.31	(0.0)	4/19
10	35	Brandon GORDON	FR	#1 Hudson Valley (N{5}	23.36w	(3.6)	4/18

Men's 400 Meters

1	2	Jair OLIVA	FR	#1 Hudson Valley (N	49.04		4/18
2	14	Heriberto CAMACHO	SO	#2 RCSJ Gloucester	51.56		4/19
2	14	Khalif HORTON	JR	#2 RCSJ Gloucester	51.56		4/19
4	21	Darrell FARROW		#2 RCSJ Gloucester{3}	52.18		4/19
5	24	Caleb LUTKE	SO	#3 Mohawk Valley (52.53		4/19
6	25	Xavier HUGHES	SO	#1 Hudson Valley (N{2}	52.63		4/12
7	27	Victor SOUZA	FR	#4 Bergen (N.J.) CC	52.84		3/29
8	28	Isaiah SOBOLEWSKI	SO	#3 Mohawk Valley ({2}	52.88		3/30
9	39	Victor METIVIER	FR	#9 Northern Essex (54.98		4/19
10	43	Amir MANGAL	SO	#4 Bergen (N.J.) CC{2}	55.48		3/29

Men's 400 Meter Hurdles

1	1	Xavier HUGHES	SO	#1 Hudson Valley (N	56.95		3/28
2	6	Chauncey KHAMANI	SO	#1 Hudson Valley (N{2}	59.95		4/18
3	9	Nicholas RUSHFORD	FR	#1 Hudson Valley (N{3}	1:00.41		4/18
4	10	Ashon OLIVER	FR	#1 Hudson Valley (N{4}	1:01.09		3/28
5	13	Gary BOYD JR.	FR	#2 RCSJ Gloucester	1:01.61		4/19
6	14	Aiden CAMENGA	FR	#3 Mohawk Valley (1:02.42		4/12
7	17	Quajon KINSEY	FR	#8 RCSJ Cumberland	1:04.05		4/19
8	19	Avery PALUMBO	FR	#5 SUNY Broome C(1:04.28		4/19
9	21	Charlie JIMENEZ	FR	#2 RCSJ Gloucester{2}	1:05.17		4/5
10	26	Corey MINOR	FR	#11 Union County (N	1:16.08		4/12

Men's 800 Meters

1	6	Joseph HENDERSON	SO	#4 Bergen (N.J.) CC	2:00.64		4/4
2	12	Gavin CASELLA		#2 RCSJ Gloucester	2:04.50		3/29
3	25	Eugenio BARRALES	FR	#4 Bergen (N.J.) CC{2}	2:07.45		4/4
4	26	CJ GILMORE	FR	#2 RCSJ Gloucester{2}	2:08.10		4/5
5	28	Michael GREEN	SO	#6 Herkimer County	2:08.44		4/19
6	31	Jayden TAYLOR	FR	#3 Mohawk Valley (2:09.63		4/19
7	33	Cole HARRIS	SO	#1 Hudson Valley (N	2:10.14		4/18
8	34	Donnell DAVIS	SO	#6 Herkimer County{2}	2:10.77		4/6
9	35	Gary SCHWEGEL	FR	#2 RCSJ Gloucester{3}	2:11.32		4/19
10	37	Amir MANGAL	SO	#4 Bergen (N.J.) CC{3}	2:12.98		3/29

Men's 1500 Meters

1	3	Joseph HENDERSON	SO	#4 Bergen (N.J.) CC	4:07.69		3/22
2	18	Matthew TOZER	FR	#8 RCSJ Cumberland	4:26.34		4/19
3	21	CJ GILMORE	FR	#2 RCSJ Gloucester	4:28.31		4/12
4	22	Donnell DAVIS	SO	#6 Herkimer County	4:28.77		4/6
5	26	Gavin CASELLA		#2 RCSJ Gloucester{2}	4:31.10		3/22
6	27	Jayden TAYLOR	FR	#3 Mohawk Valley (4:31.85		4/19
7	30	Branden LACHOWICZ		#2 RCSJ Gloucester{3}	4:35.85		3/29
8	31	Samuel FAGA	FR	#1 Hudson Valley (N	4:36.04		4/12
9	33	Cole HARRIS	SO	#1 Hudson Valley (N{2}	4:36.93		4/5
10	40	Michael KLEINMAN	FR	#1 Hudson Valley (N{3}	4:42.52		3/28

Men's Steeplechase

1	4	CJ GILMORE	FR	#2 RCSJ Gloucester	10:38.34		4/19
2	9	Gavin CASELLA		#2 RCSJ Gloucester{2}	11:23.08		3/8
3	11	Cole HARRIS	SO	#1 Hudson Valley (N	11:34.33		3/28
4	12	Micheal SORRENTINO	SO	#4 Bergen (N.J.) CC	12:00.48		4/4
5	13	Sean GALLO	FR	#2 RCSJ Gloucester{3}	12:10.17		3/29
6	14	Kaleb PETTIT	FR	#1 Hudson Valley (N{2}	12:22.88		3/28

Men's 5000 Meters

1	4	Samuel FAGA	FR	#1 Hudson Valley (N	15:49.28		3/28
2	14	Gavin CASELLA		#2 RCSJ Gloucester	17:00.36		4/5
3	18	Donnell DAVIS	SO	#6 Herkimer County	17:32.98		4/12
4	22	Robert WILTSIE	FR	#1 Hudson Valley (N{2}	18:07.14		4/5
5	28	Matthew TOZER	FR	#8 RCSJ Cumberland	19:36.92		3/29
6	31	John CAMPAGNA	FR	#6 Herkimer County{2}	20:24.90		4/12
7	32	Vincent BOSCO	FR	#8 RCSJ Cumberland{2}	20:37.52		3/29
8	33	Aaron WILCOX	FR	#1 Hudson Valley (N{3}	20:53.68		4/5



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2025 Checkpoint #4, April 22



East

as of 4/22/2025 12:03:30 AM ET

Men's 10,000 Meters

1	5	Donnell DAVIS	SO	#6 Herkimer County	36:16.74	3/30
2	12	Zavien RUHANA	SO	#5 SUNY Broome CC	37:50.03	4/19
3	13	Branden LACHOWICZ		#2 RCSJ Gloucester	37:50.98	4/19
4	14	Walker OSBORNE	FR	#2 RCSJ Gloucester	37:55.63	4/19
5	15	Robert WILTSIE	FR	#1 Hudson Valley (N)	38:08.51	4/19
6	20	Kevin PROFICO	FR	#2 RCSJ Gloucester	39:53.49	4/19
7	21	Sean GALLO	FR	#2 RCSJ Gloucester	40:31.22	4/19
8	22	Edarius TRIMBLE	FR	#7 Finger Lakes (N.)	41:25.95	4/19
9	24	William ANDREW	FR	#7 Finger Lakes (N.)	41:30.73	4/19
10	25	Griffin MILLER	FR	#7 Finger Lakes (N.)	42:11.94	4/19

Men's 4x100 Relay

1	2	Nicholas Rushford, Jair Oliva, Sylas Petrie, Darius Simmons	#1 Hudson Valley (N)	42.69	4/18
2	7	#Type!	#2 RCSJ Gloucester	43.56	4/19
3	11	Yuri Britch, Braedon Goerlich, Charles Larrabee, Lucas McPeck	#5 SUNY Broome CC	45.12	4/6
4	15	Othmane ElHayani, Adriel Rosa Sanchez, Victor Metivier, Edwin Sammbaka	#9 Northern Essex (45.52	4/14
5	18	#Type!	#8 RCSJ Cumberlan	47.40	4/19
6	19	Charles Sherman, Timothy Trost, Edwin DelAngel, Dylan Peck	#7 Finger Lakes (N.)	48.41	4/13

Men's 4x400 Relay

1	4	Chauncey Khamani, Xavier Hughes, Ashon Oliver, Jair Oliva	#1 Hudson Valley (N)	3:26.06	4/18
2	5	#Type!	#2 RCSJ Gloucester	3:28.26	4/5
3	7	Caleb Lutke, Jayden Taylor, Aaron Johnson, Isaiah Sobolewski	#3 Mohawk Valley (3:33.01	4/19
4	15	Ya'Siin Bacchas, Nevan Doubleday, Charles Larrabee, Avery Palumbo	#5 SUNY Broome CC	3:42.98	4/19
5	16	#Type!	#4 Bergen (N.J.) CC	3:47.73	3/29
6	17	#Type!	#8 RCSJ Cumberlan	3:54.57	4/19

Men's 4x800 Relay

1	3	Michael Green, Donnell Davis, Logan Kraszewski, John Campagna	#6 Herkimer County	9:37.96	4/19
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Men's High Jump

1	1	Makai GORDON	FR	#1 Hudson Valley (N)	2.00m	6-6¾	3/28
2	2	Camryn CURET	FR	#1 Hudson Valley (N)	1.95m	6-4¾	3/28
3	8	Terreque DAVIS	SO	#7 Finger Lakes (N.)	1.84m	6-½	4/5
3	8	David AKULIS	SO	#5 SUNY Broome CC	1.84m	6-½	4/12
5	13	Derrick PIERRE PAUL	FR	#9 Northern Essex (1.80m	5-10¾	3/28
6	17	Jason JONES	FR	#2 RCSJ Gloucester	1.76m	5-9¼	3/22
7	20	Gary BOYD JR.	FR	#2 RCSJ Gloucester	1.71m	5-7¼	3/22
8	21	Nevan DOUBLEDAY	FR	#5 SUNY Broome CC	1.69m	5-6½	4/12
9	25	Nino DE LAS NIEVES	FR	#3 Mohawk Valley (1.65m	5-5	4/6
10	28	Aiden CAMENGA	FR	#3 Mohawk Valley (N)	1.44m	4-8¾	4/19

Men's Pole Vault

1	3	Aaron JOHNSON	FR	#3 Mohawk Valley (4.15m	13-7¼	3/30
2	5	Cameron VOCE	FR	#6 Herkimer County	3.85m	12-7½	4/6
3	9	Camden HARTSHORN	SO	#1 Hudson Valley (N)	3.20m	10-6	3/28
4	13	Camryn CURET	FR	#1 Hudson Valley (N)	2.55m	8-4¼	4/19
5	14	Mike OLEJARNIK	SO	#3 Mohawk Valley (N)	2.35m	7-8½	4/19
6	16	Aiden CAMENGA	FR	#3 Mohawk Valley (N)	2.25m	7-4½	4/19

Men's Long Jump

1	16	Terreque DAVIS	SO	#7 Finger Lakes (N.)	6.02mw	19-9 (4.0)	4/19
1	16	Camryn CURET	FR	#1 Hudson Valley (N)	6.02m	19-9 (-0.4)	4/12
3	19	Amir MANGAL	SO	#4 Bergen (N.J.) CC	5.97m	19-7 (-0.7)	3/29
4	20	Nino DE LAS NIEVES	FR	#3 Mohawk Valley (5.94mw	19-6 (4.0)	3/30
5	22	Aiden CAMENGA	FR	#3 Mohawk Valley (N)	5.88m	19-3½ (0.8)	4/6
6	23	Brymir BROWN	FR	#10 Camden County	5.75m	18-10½ (0.0)	3/22
7	24	Mike OLEJARNIK	SO	#3 Mohawk Valley (N)	5.73m	18-9¾ (1.3)	4/12
8	26	Jason JONES	FR	#2 RCSJ Gloucester	5.66m	18-7 (0.0)	3/29
9	29	Charles SHERMAN	FR	#7 Finger Lakes (N.)	5.60m	18-4½ (-3.7)	4/5
10	41	Demetrius WILSON	FR	#5 SUNY Broome CC	4.99m	16-4½ (0.0)	4/12

Men's Triple Jump

1	3	Brymir BROWN	FR	#10 Camden County	13.36m	43-10 (1.9)	3/29
2	9	Aiden CAMENGA	FR	#3 Mohawk Valley (12.48m	40-11½ (1.9)	4/6
3	10	Jason JONES	FR	#2 RCSJ Gloucester	11.64m	38-2¼ (1.1)	4/5

Men's Shot Put

1	2	Quinn JENNINGS	SO	#3 Mohawk Valley (13.68m	44-10¾	4/19
2	5	Walter MOORE	FR	#2 RCSJ Gloucester	13.09m	42-11½	3/22
3	10	Cameron BORGES	SO	#6 Herkimer County	12.26m	40-2¾	3/30
4	16	Karl WOLFGANG	SO	#9 Northern Essex (10.82m	35-6	3/28
5	18	Wyatt CLEMENTS	FR	#3 Mohawk Valley (N)	10.65m	34-11¼	4/19
6	20	Wyatt POYNTER	SO	#3 Mohawk Valley (N)	10.24m	33-7¼	4/6
7	27	Joseph ALTIERI	SO	#4 Bergen (N.J.) CC	9.99m	32-9½	3/29
8	29	Trent BUNKER	SO	#3 Mohawk Valley (N)	9.79m	32-1½	4/19
9	35	Jahiem GITTENS	FR	#1 Hudson Valley (N)	8.46m	27-9¼	3/28
10	41	Camryn CURET	FR	#1 Hudson Valley (N)	8.32m	27-3¾	4/19



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2025 Checkpoint #4, April 22



East

as of 4/22/2025 12:03:31 AM ET

Men's Discus

1	1	Walter MOORE	FR	#2	RCSJ Gloucester	40.13m	131-8	3/22
2	7	Quinn JENNINGS	SO	#3	Mohawk Valley (36.06m	118-4	4/19
3	12	Joseph ALTIERI	SO	#4	Bergen (N.J.) CC	35.45m	116-4	3/22
4	17	Jason HUNT-MCLEAN	SO	#7	Finger Lakes (N.'	32.30m	106-0	4/13
5	18	Karl WOLFGANG	SO	#9	Northern Essex (31.73m	104-1	3/28
6	19	Cameron BORGES	SO	#6	Herkimer County	31.42m	103-1	4/6
7	22	Wyatt POYNTER	SO	#3	Mohawk Valley ({2}	30.59m	100-5	4/19
8	25	Trent BUNKER	SO	#3	Mohawk Valley ({3}	29.27m	96-½	4/6
9	29	Isaiah SOBOLEWSKI	SO	#3	Mohawk Valley ({4}	28.49m	93-5¾	4/19
10	32	Wyatt CLEMENTS	FR	#3	Mohawk Valley ({5}	27.34m	89-8½	4/19

Men's Hammer

1	3	Quinn JENNINGS	SO	#3	Mohawk Valley (42.95m	140-11	4/19
2	5	Trent BUNKER	SO	#3	Mohawk Valley ({2}	38.27m	125-7	4/19
3	19	Derrick CORBIN	FR	#2	RCSJ Gloucester	24.44m	80-2¼	3/22
4	23	Walter MOORE	FR	#2	RCSJ Gloucester{2}	20.95m	68-8¾	3/22

Men's Javelin

1	5	Derrick CORBIN	FR	#2	RCSJ Gloucester	41.63m	136-7	4/19
2	7	Dylan IZZO	FR	#1	Hudson Valley (N	41.42m	135-11	4/18
3	13	Jason HUNT-MCLEAN	SO	#7	Finger Lakes (N.'	37.81m	124-1	4/5
4	18	Isaiah SOBOLEWSKI	SO	#3	Mohawk Valley (33.63m	110-4	4/19
5	21	Quinn JENNINGS	SO	#3	Mohawk Valley ({2}	33.03m	108-5	4/6
6	22	Mikhail KOCOVIC	FR	#3	Mohawk Valley ({3}	32.45m	106-6	4/12
7	25	Paul MIELKE	FR	#4	Bergen (N.J.) CC	31.60m	103-8	4/4
8	26	Rodrigo GONZALEZ	FR	#8	RCSJ Cumberland	31.30m	102-8	4/19
9	27	Camryn CURET	FR	#1	Hudson Valley (N{2}	30.31m	99-5½	4/19
10	30	Charles SHERMAN	FR	#7	Finger Lakes (N.{2}	28.17m	92-5¼	4/19

Men's Decathlon

1	2	Camryn CURET	FR	#1	Hudson Valley (N	4,610	4/19
2	3	Aiden CAMENGA	FR	#3	Mohawk Valley (3,484	4/19
3	4	Mike OLEJARNIK	SO	#3	Mohawk Valley ({2}	3,477	4/19



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2025 Checkpoint #4, April 22



Northeast

as of 4/22/2025 12:03:31 AM ET

Men's 100 Meters

1	12	Bradock SALISBURY	FR	#2 Onondaga (N.Y.)	11.08	(0.6)	4/19
2	13	Jaydin WASHINGTON	FR	#3 Nassau (N.Y.) CC	11.15w	(2.9)	3/29
3	15	Aiden MCMAHON	SO	#2 Onondaga (N.Y.) {2}	11.21w	(3.2)	4/19
4	26	LaDuke HARRIS	SO	#1 Suffolk County (I)	11.34	(0.1)	4/19
5	37	Arthur HENRY	FR	#1 Suffolk County (I {2}	11.47	(0.8)	3/29
6	41	Thomas STROUBLE	SO	#5 BMCC (N.Y.)	11.54	(1.9)	4/11
7	48	Aidan BIRMINGHAM	SO	#2 Onondaga (N.Y.) {3}	11.62w	(2.7)	4/6
8	49	Peter KRAYNAK	SO	#2 Onondaga (N.Y.) {4}	11.63w	(2.9)	4/19
9	50	Oluwademilade (Demi) OSINONO	SO	#6 Roxbury CC	11.64	(-0.3)	4/5
10	52	Jalen SWINTON	SO	#1 Suffolk County (I {3}	11.66	(1.7)	3/29

Men's 110 Meter Hurdles

1	5	Logan ZAPP	FR	#2 Onondaga (N.Y.)	16.15	(1.8)	4/19
2	9	Charleston HUNTE	SO	#1 Suffolk County (I)	16.74	(0.5)	3/29
3	11	Matthew FLOOD	FR	#1 Suffolk County (I {2}	16.94	(1.1)	4/12
4	13	Aiden MCMAHON	SO	#2 Onondaga (N.Y.) {2}	17.32w	(2.8)	4/19

Men's 200 Meters

1	19	Bradock SALISBURY	FR	#2 Onondaga (N.Y.)	22.81	(0.0)	4/6
2	21	Arthur HENRY	FR	#1 Suffolk County (I)	22.84	(0.5)	4/19
3	33	Thomas STROUBLE	SO	#5 BMCC (N.Y.)	23.32w	(2.2)	4/11
4	38	Kenyon COLBERT	SO	#6 Roxbury CC	23.43	(-0.9)	4/5
5	40	Gary LESCHINSKI	FR	#3 Nassau (N.Y.) CC	23.50	(0.3)	3/29
6	43	Anderson KESHON	FR	#3 Nassau (N.Y.) CC {2}	23.60	(0.0)	3/29
7	49	Jaydin WASHINGTON	FR	#3 Nassau (N.Y.) CC {3}	23.75	(0.3)	3/29
8	51	Oluwademilade (Demi) OSINONO	SO	#6 Roxbury CC {2}	23.77	(-0.6)	4/5
9	56	Marc ANTOINE	FR	#4 Queensborough	23.85	(1.2)	3/29
10	59	Peter KRAYNAK	SO	#2 Onondaga (N.Y.) {2}	23.88	(0.3)	4/19

Men's 400 Meters

1	5	Daniel BLAE	FR	#3 Nassau (N.Y.) CC	49.98		3/29
2	8	Arthur HENRY	FR	#1 Suffolk County (I)	50.68		4/19
3	26	Kenyon COLBERT	SO	#6 Roxbury CC	52.77		4/19
4	29	Payton HICKEY	FR	#2 Onondaga (N.Y.)	52.91		4/19
5	32	Matthew FLOOD	FR	#1 Suffolk County (I {2}	53.33		4/12
6	34	Jude ADINNU	SO	#4 Queensborough	53.64		4/5
7	35	Jaydin WASHINGTON	FR	#3 Nassau (N.Y.) CC {2}	53.66		3/29
8	40	Gary LESCHINSKI	FR	#3 Nassau (N.Y.) CC {3}	54.99		4/12
9	41	Josue QUINTANILLA	SO	#1 Suffolk County (I {3}	55.12		4/19
10	44	Anthony BARDALES	FR	#4 Queensborough {2}	55.65		3/29

Men's 400 Meter Hurdles

1	11	Charleston HUNTE	SO	#1 Suffolk County (I)	1:01.16		4/19
2	15	Alexander BENTO	FR	#1 Suffolk County (I {2}	1:02.89		4/12
3	22	Joab GASPARD	FR	#3 Nassau (N.Y.) CC	1:05.99		4/12
4	25	Hassani BANGURAH	FR	#5 BMCC (N.Y.)	1:10.78		3/29

Men's 800 Meters

1	5	Paul CLARK	FR	#2 Onondaga (N.Y.)	1:58.76		4/6
2	21	Christian SCHOLL	SO	#1 Suffolk County (I	2:06.50		3/29
3	22	Alexander BENTO	FR	#1 Suffolk County (I {2}	2:06.66		4/19
4	30	Daniel BLAE	FR	#3 Nassau (N.Y.) CC	2:09.41		4/5
5	46	Jude ADINNU	SO	#4 Queensborough	2:18.37		4/5
6	51	Joseph VILLAMIL LOPEZ	FR	#4 Queensborough {2}	2:19.82		3/29
7	52	Bryce BURDICK	FR	#2 Onondaga (N.Y.) {2}	2:20.40		4/19
8	55	William FERNANDEZ	FR	#5 BMCC (N.Y.)	2:22.09		3/29
9	57	Dylan KAPLAN	SO	#3 Nassau (N.Y.) CC {2}	2:22.24		3/29
10	60	Taha ZIA	SO	#3 Nassau (N.Y.) CC {3}	2:22.86		4/5

Men's 1500 Meters

1	6	Paul CLARK	FR	#2 Onondaga (N.Y.)	4:10.43		4/19
2	13	Christian SCHOLL	SO	#1 Suffolk County (I	4:16.47		4/19
3	24	Alexander BENTO	FR	#1 Suffolk County (I {2}	4:29.09		3/29
4	45	Bryce BURDICK	FR	#2 Onondaga (N.Y.) {2}	4:46.57		4/6
5	49	Matthew FLOOD	FR	#1 Suffolk County (I {3}	4:52.95		4/5
6	50	Joseph VILLAMIL LOPEZ	FR	#4 Queensborough	4:55.99		3/29
7	54	William FERNANDEZ	FR	#5 BMCC (N.Y.)	4:59.53		3/29
8	56	Hamilton GRANGER	FR	#1 Suffolk County (I {4}	5:00.17		4/19
9	57	Liam REILLY	FR	#1 Suffolk County (I {5}	5:00.44		4/19
10	66	Michael JOCZ	SO	#2 Onondaga (N.Y.) {3}	5:09.91		4/6

Men's Steeplechase

1	1	Alexander BENTO	FR	#1 Suffolk County (I	9:46.17		4/19
2	16	Isaac RUIZ	SO	#4 Queensborough	13:34.54		3/29

Men's 5000 Meters

1	6	Paul CLARK	FR	#2 Onondaga (N.Y.)	15:59.74		3/30
2	7	Christian SCHOLL	SO	#1 Suffolk County (I	16:11.78		4/12
3	20	Nickolas PIROVOLIKOS	JR	#4 Queensborough	17:48.98		4/11
4	25	Hamilton GRANGER	FR	#1 Suffolk County (I {2}	18:52.07		4/19
5	26	Joseph VILLAMIL LOPEZ	FR	#4 Queensborough {2}	19:14.42		4/11
6	27	Liam REILLY	FR	#1 Suffolk County (I {3}	19:26.26		4/12
7	29	Michael JOCZ	SO	#2 Onondaga (N.Y.) {2}	19:50.82		4/19
8	30	Gabriel DENEAU	FR	#4 Queensborough {3}	20:01.01		3/29
9	34	Isaac RUIZ	SO	#4 Queensborough {4}	21:10.61		4/11

Men's 10,000 Meters

1	2	Christian SCHOLL	SO	#1 Suffolk County (I	34:18.99		4/19
2	11	Paul CLARK	FR	#2 Onondaga (N.Y.)	37:39.48		4/19
3	23	Liam REILLY	FR	#1 Suffolk County (I {2}	41:29.34		4/19



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2025 Checkpoint #4, April 22



Northeast

as of 4/22/2025 12:03:31 AM ET

Men's 4x100 Relay

1	2	Ny'Quez Madison, Aiden McMahon, Aidan Birmingham, Bradock Salisbury	#2 Onondaga (N.Y.)	42.69	4/19
2	10	Jeremy Martinez, Anderson Keshon, Trevon Morgan, Joab Gaspard	#3 Nassau (N.Y.) CC	44.45	3/29
3	11	#Type!	#1 Suffolk County (I	45.12	4/19
4	14	Oluwademilade (Demi) Osinono, Kenyon Colbert, Jamar Goss, Xavier Harry-Richardson	#6 Roxbury CC	45.24	4/19
5	16	Marc Antoine, Jasai Canty, Jaylen Ward, Chukwunonso Egonu	#4 Queensborough	45.91	3/29
6	17	#Type!	#5 BMCC (N.Y.)	45.98	3/29

Men's 4x400 Relay

1	6	#Type!	#1 Suffolk County (I	3:30.67	4/19
2	9	Daniel Blae, Taha Zia, Gary Leschinski, Charles Demartino	#3 Nassau (N.Y.) CC	3:35.91	3/29
3	11	Payton Hickey, Julian Cineas, Logan Zapf, Peter Kraynak	#2 Onondaga (N.Y.)	3:39.26	4/19
4	12	Jude Adinnu, Jasai Canty, Anthony Bardales, Marc Antoine	#4 Queensborough	3:39.96	3/29
5	14	#Type!	#5 BMCC (N.Y.)	3:40.91	3/29

Men's 4x800 Relay

1	2	Paul Clark, Payton Hickey, Bryce Burdick, Cayden McKay	#2 Onondaga (N.Y.)	9:08.81	4/19
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Men's High Jump

1	6	LaDuke HARRIS	SO	#1 Suffolk County (I	1.89m	6-2¼	3/29
2	8	Clayton WARD II	SO	#1 Suffolk County ({2}	1.84m	6-½	3/29
3	13	Ny'Quez MADISON	FR	#2 Onondaga (N.Y.)	1.80m	5-10¾	4/6
4	21	Matthew FLOOD	FR	#1 Suffolk County ({3}	1.69m	5-6½	4/12
5	26	AJ (Austin) ZALESKI	SO	#2 Onondaga (N.Y.) {2}	1.56m	5-1¼	4/19

Men's Pole Vault

1	10	Matthew FLOOD	FR	#1 Suffolk County (I	2.88m	9-5¼	4/12
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Men's Long Jump

1	2	Ny'Quez MADISON	FR	#2 Onondaga (N.Y.)	6.99m	22-11¼ (1.2)	4/4
2	3	LaDuke HARRIS	SO	#1 Suffolk County (I	6.86m	22-6¼ (1.8)	4/11
3	7	Aiden MCMAHON	SO	#2 Onondaga (N.Y.) {2}	6.52m	21-4¾ (2.0)	3/30
4	8	Matthew FLOOD	FR	#1 Suffolk County ({2}	6.47m	21-2¾ (1.0)	4/11
5	16	Jacai SANDERS	SO	#2 Onondaga (N.Y.) {3}	6.02mw	19-9 (3.0)	4/19
6	25	Jude ADINNU	SO	#4 Queensborough	5.71m	18-8¾ (1.3)	3/29
7	31	Jai'lynn HOLLOMAN	FR	#2 Onondaga (N.Y.) {4}	5.57mw	18-3¼ (2.2)	4/19
8	32	Jacob STEWART	FR	#4 Queensborough {2}	5.51m	18-1 (1.3)	3/29
9	35	Christian DAVIS	SO	#5 BMCC (N.Y.)	5.42m	17-9½ (0.0)	4/11
10	38	Anthony BARDALES	FR	#4 Queensborough {3}	5.30m	17-4¾ (0.1)	3/29

Men's Triple Jump

1	1	Ny'Quez MADISON	FR	#2 Onondaga (N.Y.)	13.83m	45-4½ (0.0)	4/6
2	4	LaDuke HARRIS	SO	#1 Suffolk County (I	13.27m	43-6½ (0.2)	4/19
3	8	Logan ZAPF	FR	#2 Onondaga (N.Y.) {2}	12.65m	41-6 (2.0)	4/6

Men's Shot Put

1	11	Parrish MORRISON	FR	#2 Onondaga (N.Y.)	11.95m	39-2½	4/19
2	14	Theodore LORENZEN	SO	#1 Suffolk County (I	11.40m	37-5	4/5
3	20	Ashley VIRGILE	FR	#1 Suffolk County ({2}	10.24m	33-7¼	3/29
4	22	AJ (Austin) ZALESKI	SO	#2 Onondaga (N.Y.) {2}	10.20m	33-5¾	4/19
5	24	David MEYERS	FR	#3 Nassau (N.Y.) CC	10.10m	33-1¾	3/29
5	24	Ezechiel MOISE	FR	#3 Nassau (N.Y.) CC	10.10m	33-1¾	3/29
7	26	Jude ADINNU	SO	#4 Queensborough	10.09m	33-1¼	3/29
8	28	Matthew RENFROE	SO	#1 Suffolk County ({3}	9.91m	32-6¼	4/5
9	30	Matthew FLOOD	FR	#1 Suffolk County ({4}	9.74m	31-11½	4/12
10	31	Abdulla AFLAK	FR	#3 Nassau (N.Y.) CC {3}	9.71m	31-10¼	3/29

Men's Discus

1	4	Theodore LORENZEN	SO	#1 Suffolk County (I	37.58m	123-4	3/29
2	13	Parrish MORRISON	FR	#2 Onondaga (N.Y.)	34.06m	111-9	4/6
3	15	LJ REMIREZ	SO	#6 Roxbury CC	32.96m	108-2	4/19
4	16	Austin LALLY	SO	#1 Suffolk County ({2}	32.31m	106-0	3/29
5	21	Matthew RENFROE	SO	#1 Suffolk County ({3}	31.22m	102-5	4/12
6	24	AJ (Austin) ZALESKI	SO	#2 Onondaga (N.Y.) {2}	29.61m	97-1¾	4/19
7	28	Ashley VIRGILE	FR	#1 Suffolk County ({4}	28.51m	93-6½	4/19
8	35	Matthew FLOOD	FR	#1 Suffolk County ({5}	26.13m	85-8¾	4/12
9	36	Ezechiel MOISE	FR	#3 Nassau (N.Y.) CC	24.37m	79-11½	4/12
10	37	Max ST. LEGER	FR	#2 Onondaga (N.Y.) {3}	24.07m	78-11¾	4/19

Men's Hammer

1	9	Matthew RENFROE	SO	#1 Suffolk County (I	34.65m	113-8	4/19
2	12	Austin LALLY	SO	#1 Suffolk County ({2}	33.27m	109-2	4/19
3	17	LJ REMIREZ	SO	#6 Roxbury CC	29.54m	96-11	3/29
4	21	Theodore LORENZEN	SO	#1 Suffolk County ({3}	22.13m	72-7¼	4/19

Men's Javelin

1	4	Matthew FLOOD	FR	#1 Suffolk County (I	43.51m	142-9	4/12
2	10	Theodore LORENZEN	SO	#1 Suffolk County ({2}	39.11m	128-4	4/19
3	12	Matthew RENFROE	SO	#1 Suffolk County ({3}	38.11m	125-1	4/19
4	14	Mordechai COLLINS	FR	#4 Queensborough	36.83m	120-10	3/29
5	17	AJ (Austin) ZALESKI	SO	#2 Onondaga (N.Y.)	34.27m	112-5	3/30
6	28	Anthony SPENCER	SO	#2 Onondaga (N.Y.) {2}	28.49m	93-5¾	4/19
7	36	Isaac RUIZ	SO	#4 Queensborough {2}	21.12m	69-3½	3/29



USTFCCCA NJCAA Division III Outdoor Track & Field
Regional TFRI Event Summary

MEN — 2025 Checkpoint #4, April 22



Northeast

as of 4/22/2025 12:03:31 AM ET

Men's Decathlon					
1	1	Matthew FLOOD	FR	#1 Suffolk County (I	5,354 4/12
2	5	AJ (Austin) ZALESKI	SO	#2 Onondaga (N.Y.)	3,392 4/19