

1 **Texas Tech**
Big 12

2
LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	2	Success UMUKORO	SR	7.15c (7.13A)	2/8/25	18	1.66	19.66
► 60m	9	Brianna HOWARD	SR	7.22c (7.20A)	1/18/25	7	0.75	7.75
► 60m	22	Alyssa COLBERT	SR	7.28c (7.26A)	2/1/25	0.5	0.22	0.72
► 60H	1	Naomi KREBS	JR	7.97c (7.97A)	2/8/25	20	2.22	22.22
► 60H	17	Destiny SMITH	SR	8.14c (8.14A)	2/1/25	1	0.29	1.29
► 60H	20	Tonie-Ann FORBES	SO	8.16c (8.16A)	1/24/25	0.7	0.21	0.91
► 200m	18	Brianna HOWARD	SR	23.19c (23.12A)	1/24/25	0.9	0.30	1.20
► 800m	20	Fanny ARENDT	SR	2:03.75c (2:04.10A)	2/1/25	0.7	0.25	0.95
► HJ	2	Temitope ADESHINA	SO	1.93m 6-4	1/24/25	18	2.84	20.84
► HJ	6	Evelyn LAVIELLE	JR	1.86m 6-1¼	1/18/25	10	0.81	10.81
► HJ	28	Alexis IVY	SR	1.80m 5-10¾	2/1/25	0.1	0.00	0.10
► HJ	28	Claire LOWREY	SO	1.80m 5-10¾	1/24/25	0.1	0.00	0.10
► PV	21	Kashlee DICKINSON	SO	4.37mA 14-4	2/8/25	0.6	0.00	0.60
► PV	29	Olivia CADE	SR	4.27mA 14-0	2/8/25	0.075	0.00	0.08
► TJ	1	Ruta LASMANE	SR	14.00m 45-11¼	1/24/25	20	3.95	23.95
► TJ	6	Suzan OGUNLEYE	JR	13.47m 44-2½	1/24/25	10	1.06	11.06
► TJ	12	Tamiah WASHINGTON	SO	13.34mA 43-9¼	2/8/25	4	0.51	4.51
► TJ	18	Busola AKINDURO	SR	13.26m 43-6	1/17/25	0.9	0.24	1.14
► WT	3	Shelby FRANK	SR	22.91m 75-2	2/1/25	16	1.85	17.85
TEXAS TECH TFRI Team Total								145.76

2 Arkansas
SEC

1
LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	20	Rachel GLENN	JR	8.16	2/1/25	0.7	0.21	0.91
▶ 200m	11	Kaylyn BROWN	SO	23.03	1/17/25	5	0.76	5.76
▶ 200m	27	Joanne REID	SR	23.29	1/17/25	0.125	0.13	0.26
▶ 400m	1	Isabella WHITTAKER	JR	51.29	2/1/25	20	2.67	22.67
▶ 400m	5	Joanne REID	SR	52.01	1/17/25	12	1.26	13.26
▶ 400m	17	Sanaria BUTLER	JR	52.58	1/17/25	1	0.39	1.39
▶ 400m	28	Analisse BATISTA	SO	53.09	2/1/25	0.1	0.01	0.11
▶ 400m	32	Ashanti DENTON	SR	53.20	2/1/25	0.03	0.00	0.03
▶ 400m	34	Aaliyah PYATT	SR	53.21	2/1/25	0.015	0.00	0.02
▶ 800m	10	Isabella WHITTAKER	JR	2:02.68	1/17/25	6	0.78	6.78
▶ 800m	14	Sanu JALLOW	JR	2:03.32	2/1/25	2	0.44	2.44
▶ 800m	26	Anna PODOJIL	SR	2:04.63	2/1/25	0.15	0.02	0.17
▶ 800m	28	Tiana LOSTRACCO	SR	2:04.70	2/1/25	0.1	0.00	0.10
▶ Mile	32	Paityn NOE	SO	4:34.02	2/1/25	0.03	0.07	0.10
▶ 5000m	10	Paityn NOE	SO	15:23.41	12/7/24	6	0.68	6.68
▶ 4x400	1	Rachel Glenn, Isabella Whittaker, Sanaria Butler, Sanu Jallow		3:27.47	2/1/25	20	3.32	23.32
▶ DMR	4	Anna Podojil, Isabella Whittaker, Sanu Jallow, Tiana LoStracco		10:55.09	2/1/25	14	2.36	16.36
▶ HJ	4	Rachel GLENN	JR	1.91m	6-3¼	14	2.13	16.13
▶ HJ	28	Sydney BILLINGTON	SR	1.80m	5-10¾	0.1	0.00	0.10
▶ PV	26	Rachel HOMOLY	SO	4.30m	14-1¼	0.15	0.00	0.15
▶ LJ	8	Nia ROBINSON	SR	6.55m	21-6	8	0.88	8.88
▶ LJ	12	Funminiyi OLAJIDE	SR	6.48m	21-3¼	4	0.42	4.42
▶ TJ	9	Nia ROBINSON	SR	13.41m	44-0	7	0.81	7.81
▶ PENT	31	Heidi HUDSON	FR	3,927	2/1/25	0.04	0.00	0.04
ARKANSAS TFRI Team Total								137.88

National TFRI Team Summary



as of 2/11/25 7:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

3

Oregon
Big Ten



1

LW: 2

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	6	Jadyn MAYS	SR	7.20	2/1/25	10	1.01	11.01
▶ 60H	6	Aaliyah MCCORMICK	JR	8.06	2/1/25	10	1.11	11.11
▶ 200m	5	Jadyn MAYS	SR	22.91	2/1/25	12	1.23	13.23
▶ 400m	14	Ella CLAYTON	SR	52.49	2/1/25	2	0.50	2.50
▶ 800m	22	Ella NELSON	JR	2:03.95	2/1/25	0.5	0.20	0.70
▶ Mile	2	Wilma NIELSEN	JR	4:25.78	2/8/25	18	2.19	20.19
▶ Mile	5	Silan AYYILDIZ	JR	4:27.84	2/1/25	12	1.42	13.42
▶ Mile	12	Ali INCE	FR	4:30.85	2/1/25	4	0.55	4.55
▶ Mile	31	Julia NIELSEN	SR	4:33.96	2/1/25	0.04	0.08	0.12
▶ 3000m	7	Silan AYYILDIZ	JR	8:46.33	12/7/24	9	1.67	10.67
▶ 3000m	28	Anika THOMPSON	SR	9:05.75	2/1/25	0.1	0.00	0.10
▶ 3000m	30	Juliet CHERUBET	SO	9:06.79	2/1/25	0.05	0.00	0.05
▶ 5000m	15	Anika THOMPSON	SR	15:31.93	12/7/24	1.5	0.26	1.76
▶ 4x400	16	Ella Clayton, Moriah Oliveira, Katriina Wright, Annaleise Taylor		3:34.79	2/1/25	0.6	0.26	0.86
▶ DMR	1	Ali Ince, Ella Clayton, Ella Nelson, Silan Ayyildiz		10:48.45	2/1/25	20	3.43	23.43
▶ TJ	11	Ryann PORTER	SR	13.36m 43-10	1/17/25	5	0.59	5.59
▶ SP	5	Jaida ROSS	SR	18.20m 59-8½	2/1/25	12	1.56	13.56
▶ PENT	20	Gianna BULLOCK	SR	4,089	2/1/25	0.7	0.00	0.70
OREGON TFRI Team Total								133.56

4

Illinois
Big Ten

unch

LW: 4

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	15	Asia THOMAS	SO	7.26c (7.24A)	2/8/25	1.5	0.36	1.86
▶ 200m	26	Asia THOMAS	SO	23.28c (23.21A)	2/8/25	0.15	0.15	0.30
▶ HJ	3	Rose YEBOAH	SO	1.92mA 6-3½	2/8/25	16	2.49	18.49
▶ HJ	13	Bara SAJDOKOVA	SR	1.84m 6-½	1/18/25	3	0.35	3.35
▶ PV	6	Tori THOMAS	SR	4.57m 14-11¾	1/25/25	10	1.72	11.72
▶ LJ	2	Tacoria HUMPHREY	SR	6.78m 22-3	1/11/25	18	2.65	20.65
▶ LJ	4	Sophia BECKMON	SO	6.71m 22-¼	1/11/25	14	1.96	15.96
▶ LJ	9	Darja SOPOVA	SR	6.51m 21-4¼	1/11/25	7	0.61	7.61
▶ LJ	11	Morgan SMALLS	SR	6.49m 21-3½	1/11/25	5	0.47	5.47
▶ LJ	16	Elizabeth NDUDI	SO	6.42m 21-¾	1/11/25	1.25	0.22	1.47
▶ LJ	20	Lucie KIENAST	FR	6.33m 20-9¼	1/11/25	0.7	0.00	0.70
▶ TJ	23	Darja SOPOVA	JR	13.08mA 42-11	2/8/25	0.4	0.00	0.40
▶ SP	16	Abria SMITH	SR	17.27mA 56-8	2/8/25	1.25	0.19	1.44
▶ WT	8	Phethisang MAKHETHE	SR	22.52mA 73-10¾	2/8/25	8	1.14	9.14
▶ WT	20	Jordan KOSKONDY	SO	21.16m 69-5¼	1/18/25	0.7	0.00	0.70
▶ WT	25	Abria SMITH	SR	20.68m 67-10¼	1/25/25	0.2	0.00	0.20
▶ PENT	3	Lucie KIENAST	FR	4,405	1/25/25	16	2.82	18.82
▶ PENT	34	Melissa WULLSCHLEGER	FR	3,903	1/25/25	0.015	0.00	0.02
ILLINOIS TFRI Team Total								118.28



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

5

Stanford
ACC



2

LW: 7

STANFORD TFRI Team Total 94.13

6

BYU
Big 12

unch

LW: 6

BYU TFRI Team Total 84.72

7

Texas A&M
SEC



1

LW: 8

TEXAS A&M TFRI Team Total 83.98

8

Georgia
SEC



3

LW: 5

GEORGIA TFR1 Team Total 82.08



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

9

Florida
SEC



2

LW: 11

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	22	Gabrielle MATTHEWS	JR	7.28c (7.26A)	1/18/25	0.5	0.22	0.72
► Mile	19	Bethan MORLEY	JR	4:32.88	2/1/25	0.8	0.21	1.01
► 3000m	8	Hilda OLEMOMOI	SR	8:51.05	2/8/25	8	0.98	8.98
► 5000m	2	Hilda OLEMOMOI	SR	14:52.84	12/7/24	18	2.74	20.74
► DMR	3	Tia Wilson, Gabrielle Matthews, Bethan Morley, Hilda Olemomoi		10:52.08	2/1/25	16	2.85	18.85
► LJ	1	Anthaya CHARLTON	JR	6.98m 22-10¾	1/31/25	20	4.64	24.64
► LJ	17	Alyssa BANALES	FR	6.40m 21-0	1/31/25	1	0.15	1.15
► TJ	23	Asia PHILLIPS	FR	13.08m 42-11	1/18/25	0.4	0.00	0.40
► SP	29	Gracelyn LEISETH	SO	16.82m 55-2¼	2/1/25	0.075	0.00	0.08
FLORIDA TFRI Team Total								76.56

10

South Carolina



2

LW: 12

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	37	Cynteria JAMES	SO	7.32	12/6/24	0	0.06	0.06
► 200m	10	JaMeesia FORD	SO	23.02	2/8/25	6	0.80	6.80
► 200m	19	Zaya AKINS	SO	23.20	2/1/25	0.8	0.28	1.08
► 400m	2	JaMeesia FORD	SO	51.31c (51.20A)	1/18/25	18	2.63	20.63
► 400m	10	Zaya AKINS	SO	52.26c (52.15A)	1/18/25	6	0.80	6.80
► Mile	13	Salma ELBADRA	SO	4:31.01	2/8/25	3	0.51	3.51
► 3000m	15	Salma ELBADRA	SO	8:58.95	2/8/25	1.5	0.29	1.79
► 4x400	8	Zaya Akins, Jayla Jamison, Sylvia Chelangat, JaMeesia Ford		3:32.18	2/1/25	6	1.05	7.05
► DMR	6	Abigail White, JaMeesia Ford, Sylvia Chelangat, Salma Elbadra		11:02.54	2/1/25	10	1.38	11.38
► HJ	6	Cheyla SCOTT	JR	1.86m 6-1¼	1/11/25	10	0.81	10.81
SOUTH CAROLINA TFRI Team Total								69.90

11

Harvard
Ivy League



6

LW: 17

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 400m	6	Victoria BOSSONG	SR	52.02	2/8/25	10	1.24	11.24	
▶ 400m	23	Chloe FAIR	JR	52.92	2/8/25	0.4	0.11	0.51	
▶ 800m	3	Victoria BOSSONG	SR	2:00.79	2/1/25	16	2.11	18.11	
▶ 800m	7	Sophia GORRIARAN	SO	2:02.23	2/1/25	9	1.01	10.01	
▶ 4x400	6	Chloe Fair, Izzy Goudros, Sophia Gorriaran, Victoria Bossong		3:31.57	2/1/25	10	1.26	11.26	
▶ PV	17	Anastasia RETSA	SR	4.41m	14-5½'	1	0.17	1.17	
▶ PV	33	Ella MCRITCHIE	FR	4.26m	13-11¾'	0.02	0.00	0.02	
▶ LJ	28	Izzy GOUDROS	SR	6.28m	20-7¼"	2/8/25	0.1	0.00	0.10
▶ PENT	4	Izzy GOUDROS	SR	4,313	2/8/25	14	1.72	15.72	
HARVARD TFRI Team Total								68.15	

12

Nebraska

Big Ten



2

LW: 14

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► DMR	14	Brynna McQuillen, Luciana Medina, Alea Hardie, Berlyn Schutz		11:16.82	2/1/25	0.8	0.20	1.00	
► HJ	1	Jenna ROGERS	SR	1.94m	6-4¼	1/25/25	20	3.20	23.20
► PV	35	Kylie CLARK	SR	4.22m	13-10	2/1/25	0.01	0.00	0.01
► LJ	19	Lishanna ILVES	SR	6.35m	20-10	12/13/24	0.8	0.00	0.80
► TJ	7	Rhianna PHIPPS	SR	13.44m	44-1¼	2/1/25	9	0.94	9.94
► TJ	17	Velecia WILLIAMS	SR	13.27m	43-6½	2/1/25	1	0.26	1.26
► SP	2	Axelina JOHANSSON	SR	18.59m	61-0	1/25/25	18	2.78	20.78
► SP	11	Kalynn MEYER	SR	17.57m	57-7¾	2/8/25	5	0.52	5.52
► SP	14	Mine DE KLERK	JR	17.41m	57-1½	12/13/24	2	0.34	2.34
► SP	24	Amelia FLYNT	JR	16.92m	55-6¼	12/13/24	0.3	0.00	0.30
NEBRASKA TFR1 Team Total								65.16	



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

13 Washington

unch
LW: 13

14 **Oklahoma**  **4**
SEC LW: 10

OKLAHOMA TFRI Team Total	59.71
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15 **Baylor**
Big 12

 **4**
LW: 19

BAYLOR TFRI Team Total	58.56
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16 Southern California

9
LW: 25

SOUTHERN CALIFORNIA TFRI Team Total 57.72

National TFRI Team Summary



as of 2/11/25 7:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

17 Providence

▼ 1
LW: 16

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► Mile	6	Kimberley MAY	SR	4:28.33	1/12/25	10	1.24		11.24
► Mile	14	Shannon FLOCKHART	SR	4:31.71	2/1/25	2	0.35		2.35
► 3000m	3	Kimberley MAY	SR	8:44.73	2/1/25	16	1.93		17.93
► 3000m	4	Shannon FLOCKHART	SR	8:45.67	12/7/24	14	1.78		15.78
► 5000m	9	Alex MILLARD	SR	15:22.71	2/1/25	7	0.71		7.71
PROVIDENCE TFRI Team Total									55.01

18 **LSU**
SEC

3
LW: 21

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	3	Tima GODBLESS	SO	7.16c (7.14A)	2/8/25	16	1.53	17.53
► 200m	21	Ella ONOJUVWEVWO	JR	23.26c (23.19A)	2/8/25	0.6	0.17	0.77
► 200m	21	Tima GODBLESS	SO	23.26c (23.19A)	2/8/25	0.6	0.17	0.77
► 200m	30	Aniyah BIGAM	SO	23.34c (23.27A)	2/8/25	0.05	0.07	0.12
► Mile	21	Lorena RANGEL BATRES	SR	4:33.05	2/1/25	0.6	0.19	0.79
► DMR	2	Callie Hardy, Garriel White, Michaela Rose, Lorena Rangel Batres		10:51.40	2/1/25	18	2.96	20.96
► LJ	5	Machaeda LINTON	JR	6.63m 21-9	1/31/25	12	1.42	13.42
LSU TFRI Team Total								54.35

19 **Clemson**
ACC

▼ **10**
LW: 9

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 60m	9	Aniyah KITT	FR	7.22	1/25/25	7	0.75	7.75	
▶ 60m	22	Aleksandra STOILOVA	JR	7.28	1/31/25	0.5	0.22	0.72	
▶ 60H	12	Oneka WILSON	JR	8.09	1/31/25	4	0.74	4.74	
▶ 200m	14	Aleksandra STOILOVA	JR	23.10	1/31/25	2	0.54	2.54	
▶ 200m	16	Aniyah KITT	FR	23.16	1/11/25	1.25	0.38	1.63	
▶ 800m	11	Gladys CHEPNGETICH	SO	2:02.69	1/25/25	5	0.77	5.77	
▶ 800m	25	Judy KOSGEI	SO	2:04.38	1/25/25	0.2	0.09	0.29	
▶ 4x400	12	JodyAnn Dixon, Shanque Williams, Aniyah Kitt, Mackenzie Osher		3:34.17	1/31/25	1	0.38	1.38	
▶ DMR	7	Gladys Chepngetich, Shanque Williams, Judy Kosgei, Silvia Jelego		11:03.87	1/31/25	8	1.24	9.24	
▶ TJ	3	Shantae FOREMAN	SR	13.84m	45-5	1/11/25	16	2.93	18.93
CLEMSON TFRI Team Total								53.01	

20 Notre Dame

▼ 5
LW: 15

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60H	25	Jadin O'BRIEN	SR	8.17	1/18/25	0.2	0.17	0.37
► Mile	24	Sophie NOVAK	SR	4:33.29 O	2/1/25	0.3	0.16	0.46
► 3000m	24	Siona CHISHOLM	SR	9:03.15 O	2/1/25	0.3	0.07	0.37
► 5000m	19	Erin STRZELECKI	SR	15:34.64	12/7/24	0.8	0.19	0.99
► HJ	6	Madison SCHMIDT	SR	1.86m 6-1¼	2/1/25	10	0.81	10.81
► PENT	1	Jadin O'BRIEN	SR	4,552	2/1/25	20	4.94	24.94
► PENT	5	Alaina BRADY	SR	4,235	2/1/25	12	0.95	12.95
► PENT	18	Addison BERRY	SR	4,105	2/1/25	0.9	0.08	0.98
NOTRE DAME TFRI Team Total								51.87



National TFRI Team Summary



WOMEN — 2025 Checkpoint #3, February 11

21

TCU
Big 12▲ 1
LW: 22

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	1	Indya MAYBERRY	FR	7.13c (7.11A)	1/18/25	20	1.92	21.92
▶ 60H	15	Amari KILUVIA	SO	8.13c (8.13A)	2/8/25	1.5	0.37	1.87
▶ 200m	1	Indya MAYBERRY	FR	22.48c (22.41A)	2/8/25	20	2.96	22.96
▶ 200m	25	Iyana GRAY	SR	23.27	1/25/25	0.2	0.16	0.36
▶ 800m	32	Tabitha NGAO	SO	2:05.01 O	2/1/25	0.03	0.00	0.03
▶ 4x400	17	Samarra Monrroy, Iyana Gray, Indya Mayberry, Amelliah Birdow		3:34.96c (3:34.52A)	2/8/25	0.5	0.23	0.73
▶ DMR	12	Tabitha Kalunde Ngao, Kelaiah Daniyan, Georgia Scott, Anastacia Gonzales		11:13.91	2/1/25	1	0.34	1.34

TCU TFRI Team Total 49.22

22

UCLA
Big Ten▲ 33
LW: 55

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	6	Yanla NDJIP-NYEMECK	SR	8.06c (8.06A)	2/8/25	10	1.11	11.11
▶ 60H	17	Bella WITT	SR	8.14c (8.14A)	2/8/25	1	0.29	1.29
▶ 200m	8	Taylor SNAER	SO	22.99c (22.92A)	2/8/25	8	0.92	8.92
▶ 200m	13	Naomi JOHNSON	JR	23.09c (23.02A)	2/8/25	3	0.56	3.56
▶ 4x400	3	Alyssa Conyers, Taylor Snaer, Kaylen Fletcher, Naomi Johnson		3:29.04c (3:28.60A)	2/8/25	16	2.50	18.50
▶ PV	29	Ka'leila ABRILLE	SR	4.27mA 14-0	2/8/25	0.075	0.00	0.08
▶ TJ	30	Asha FLETCHER	SR	12.99m 42-7½	1/24/25	0.05	0.00	0.05
▶ PENT	19	Sydney JOHNSON	SR	4:090c (4090.00A)	2/8/25	0.8	0.00	0.80

UCLA TFRI Team Total 44.30

23

Tennessee
SEC▼ 5
LW: 18

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	15	Milan FIELDS	SR	7.26	1/17/25	1.5	0.36	1.86
▶ 60H	5	Layla ANDERSON	JR	8.04	2/1/25	12	1.35	13.35
▶ 60H	6	Myreanna BEBE	SR	8.06	1/10/25	10	1.11	11.11
▶ 60H	26	Kiara SMITH	SR	8.18	2/1/25	0.15	0.13	0.28
▶ 400m	13	Javonya VALCOURT	JR	52.42	2/1/25	3	0.59	3.59
▶ 400m	18	Cydney WRIGHT	JR	52.69	2/1/25	0.9	0.26	1.16
▶ 4x400	9	Javonya Valcourt, Kaniya Johnson, Cydney Wright, Brianna White		3:32.84	2/1/25	5	0.83	5.83
▶ PV	15	Sarah SCHMITT	SR	4.42m 14-6	2/8/25	1.5	0.23	1.73
▶ PV	15	Mya STRAHM	FR	4.42m 14-6	2/8/25	1.5	0.23	1.73

TENNESSEE TFRI Team Total 40.63

24

Alabama
SEC▼ 4
LW: 20

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 3000m	13	Doris LEMNGOLE	SO	8:54.65	1/25/25	3	0.60	3.60
▶ 5000m	1	Doris LEMNGOLE	SO	14:52.57	12/7/24	20	2.76	22.76
▶ 5000m	18	Brenda TUWEI	JR	15:34.10	12/7/24	0.9	0.20	1.10
▶ HJ	14	Miracle AILES	SR	1.83m 6-0	1/25/25	2	0.22	2.22
▶ LJ	27	Mariia HORIELOVA	SO	6.30m 20-8	1/24/25	0.125	0.00	0.13
▶ LJ	28	Caelyn HARRIS	JR	6.28mA 20-7¼	1/31/25	0.1	0.00	0.10
▶ SP	10	Myejoi WILLIAMS	SR	17.68mA 58-¼	1/31/25	6	0.64	6.64
▶ SP	13	Treneese HAMILTON	JR	17.46mA 57-3½	1/31/25	3	0.40	3.40
▶ PENT	35	Miracle AILES	SR	3,899	1/25/25	0.01	0.00	0.01

ALABAMA TFRI Team Total 39.96



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

25 New Mexico

Mountain West

▼ **1**
LW: 24

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 400m	22	Louanne POUZANCRE	SR	52.91c (52.80A)	2/8/25		0.5	0.12	0.62
► 400m	24	Rebecca GRIEVE	JR	52.93c (52.82A)	2/8/25		0.3	0.11	0.41
► Mile	11	Pamela KOSGEI	FR	4:30.68c (4:36.70A)	1/25/25	D	2	0.59	2.59
► 3000m	2	Pamela KOSGEI	FR	8:44.62 O	2/1/25		18	1.95	19.95
► 5000m	4	Pamela KOSGEI	FR	15:00.36	12/7/24		14	2.11	16.11
NEW MEXICO TFRI Team Total									39.67

26 **Texas**
SEC

12
LW: 38

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	29	Kenondra DAVIS	SR	7.30c (7.28A)	1/25/25	0.075	0.14	0.2
► 60m	29	Carleta BERNARD	SO	7.30c (7.28A)	2/8/25	0.075	0.14	0.21
► 200m	20	Ramiah ELLIOTT	JR	23.24c (23.17A)	2/8/25	0.7	0.20	0.90
► 200m	21	Kenondra DAVIS	SR	23.26c (23.19A)	2/8/25	0.6	0.17	0.77
► 200m	29	Carleta BERNARD	SO	23.30c (23.23A)	2/8/25	0.075	0.12	0.20
► 400m	12	Akala GARRETT	SO	52.36c (52.25A)	2/8/25	4	0.67	4.67
► 4x400	4	Lauren Lewis, Kenondra Davis, Akala Garrett, Ramiah Elliott		3:30.80c (3:30.36A)	2/8/25	14	1.59	15.59
► LJ	14	Aaliyah FOSTER	SO	6.46m 21-2½	1/24/25	2	0.35	2.35
► SP	7	Nina NDUBUISI	SO	18.08mA 59-4	2/8/25	9	1.30	10.30
► SP	27	Chrystal HERPIN	SR	16.84m 55-3	1/17/25	0.125	0.00	0.13
TEXAS TFRI Team Total								35.33

27 Northern Arizona

▼ **1**
LW: 26

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	4	Alex CARLSON	SR	4:27.20c (4:37.27A)	1/17/25	14	1.66	15.66
► Mile	16	Alyson CHURCHILL	SR	4:31.89c (4:42.14A)	1/31/25	1.25	0.33	1.58
► 3000m	11	Alex CARLSON	SR	8:53.77	2/1/25	5	0.69	5.69
► 3000m	19	Agnes MCTIGHE	JR	8:59.68	2/1/25	0.8	0.25	1.05
► 3000m	29	Karrie BALOGA	SO	9:06.69	2/1/25	0.075	0.00	0.08
► 5000m	8	Elise STEARNS	SR	15:21.43	2/1/25	8	0.78	8.78
► 5000m	14	Aliandrea (Ali) UPSHAW	SR	15:27.86	12/7/24	2	0.44	2.44
NORTHERN ARIZONA TRI Team Total								35.28

28 **UTEP**
Conference USA

▼ **1**
LW: 27

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	22	Niesha BURGHER	JR	7.28c (7.26A)	1/31/25	0.5	0.22	0.72
► 60H	3	Marissa SIMPSON	SR	8.02c (8.02A)	1/18/25	16	1.60	17.60
► 200m	4	Niesha BURGHER	JR	22.86c (22.79A)	1/31/25	14	1.43	15.43
UTEP TFRI Team Total								33.75



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

29

Kentucky SEC



6

LW: 23

KENTUCKY TFRI Team Total	31.91
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30

Iowa
Big Ten



15

LW: 45

IOWA TFR/ Team Total	31.67
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IOWA TFRI Team Total 31.67

31

Minnesota

Big Ten



12

LW: 43

MINNESOTA TFRI Team Total	31.07
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MINNESOTA TFRI Team Total 31.07

32

Portland



1

LW: 33

PORTLAND TFRI Team Total	29.25
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PORTLAND TFR1 Team Total 29.25

33

Virginia Tech
ACC



5

LW: 28

VIRGINIA TECH TFRI Team Total	29.01
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VIRGINIA TECH TFRI Team Total 29.01



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

34

Colorado State

Mountain West

▼

5

LW: 29

35

Penn State

Big Ten

▼

5

LW: 30

36

Louisville

ACC

▼

2

LW: 34

37 **Missouri**  **2**
SEC LW: 35

38

San Jose State

Mountain West

▼

1

LW: 37

39

Florida State

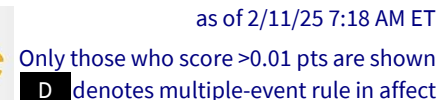
ACC

▼

8

LW: 31

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	6	Shenese WALKER	JR	7.20	1/11/25	10	1.01	11.01
► Mile	34	Bieke SCHIPPEREN	JR	4:34.15	1/18/25	0.015	0.06	0.07
► 4x400	19	Kaelyaah Liburd, Tyra Wilson, Alvia Green, Jaden Francis		3:35.30	2/1/25	0.3	0.17	0.47
► DMR	5	Suus Altorf, Kaelyaah Liburd, Brooke Mullins, Bieke Schipperen		10:57.00	2/1/25	12	2.06	14.06
FLORIDA STATE TFRI Team Total								25.61



40

Rutgers

Big Ten

▼

1

LW: 39

41 **California** **unch**
ACC LW: 41

42

Wisconsin

Big Ten

▼

10

LW: 32

43 **Washington State**  **3**
MPSF LW: 40

44

North Carolina

ACC

▲ 2

LW: 46

45 **Auburn**  **9**
SEC LW: 36

46

Michigan

Big Ten

▼

2

LW: 44

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	17	Aasia LAURENCIN	SR	8.14	1/24/25	1	0.29	1.29
▶ 200m	21	Savannah SUTHERLAND	SR	23.26	1/24/25	0.6	0.17	0.77
▶ 400m	7	Savannah SUTHERLAND	SR	52.03	1/24/25	9	1.22	10.22
▶ 400m	32	Payton SMITH	FR	53.20	2/8/25	0.03	0.00	0.03
▶ 4x400	20	Amare Harlan, Payton Smith, Sidney Green, Savannah Sutherland		3:35.38	1/24/25	0.2	0.16	0.36
▶ SP	9	Elizabeth TAPPER	SO	17.77m 58-3¼	2/8/25	7	0.74	7.74
MICHIGAN TFRI Team Total								20.41

National TFRI Team Summary



as of 2/11/25 7:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

47

Ole Miss
SEC

unch
LW: 47

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	4	Akaoma ODELUKA	SO	18.37m 60-3¼	1/11/25	14	2.08	16.08
► WT	15	Akaoma ODELUKA	SO	21.47m 70-5¼	1/17/25	1.5	0.23	1.73
► WT	23	Skylar SOLI	SO	20.96m 68-9¼	2/8/25	0.4	0.00	0.40
OLE MISS TFRI Team Total								18.21

48

Georgetown

Big East

2
LW: 50

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	10	Melissa RIGGINS	SR	4:30.47	2/1/25	6	0.64	6.64
► 3000m	14	Melissa RIGGINS	SR	8:57.53	12/7/24	2	0.36	2.36
► 5000m	11	Chloe SCRIMGEOUR	JR	15:24.78	12/7/24	5	0.60	5.60
► 5000m	13	Lucy JENKS	SR	15:27.82	12/7/24	3	0.44	3.44
GEORGETOWN TFRI Team Total								18.05

49

Tarleton State

▼ 1
LW: 48

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	3	Victoria CAMERON	FR	7.16c (7.14A)	2/1/25	16	1.53	17.53
TARLETON STATE TFRI Team Total								17.53

50

Arizona

▼ **1**
LW: 49

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	20	Jade BROWN	SO	7.27c (7.23A)	1/10/25	0.7	0.28	0.98
► 200m	33	McKenna WATSON	SO	23.38c (23.31A)	2/1/25	0.02	0.02	0.04
► 4x400	22	Ava Simms, Keilee Hall, Brook Nordman, Antonia Sanchez Nunez		3:36.14c (3:35.70A)	2/8/25	0	0.03	0.03
► HJ	6	Emma GATES	JR	1.86m 6-1¼	2/1/25	10	0.81	10.81
► HJ	12	Paris MIKINSKI	JR	1.85mA 6-¾	1/10/25	4	0.57	4.57
► SP	21	Tapenisa HAVEA	JR	17.04mA 55-11	2/8/25	0.6	0.00	0.60
► PENT	23	Hollan POWERS	SR	4,066	2/1/25	0.4	0.00	0.40
ARIZONA TFRI Team Total								17.43

51

Arizona State

Big 12

11
LW: 62

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	5	Adriana TATUM	SR	22.91c (22.84A)	2/8/25	12	1.23	13.23
► HJ	14	Josie COFFEY	SR	1.83m 6-0	1/18/25	2	0.22	2.22
► LJ	23	Alexia SCHOFIELD	SR	6.32m 20-9	1/10/25	0.4	0.00	0.40
ARIZONA STATE TFRI Team Total								15.85

52

North Dakota

21
LW: 73

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► WT	4	Kenna CURRY	SR	22.87m 75-½	2/8/25	14	1.76	15.76
► PENT	32	Tiffanie MAGNUSSON	JR	3,922	12/14/24	0.03	0.00	0.03
NORTH DAKOTA TFRI Team Total								15.79



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

53 West Virginia

▼ **1**
LW: 52

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	30	Sarah TAIT	SR	4:33.91	2/1/25	0.05	0.09	0.14
► 3000m	5	Ceili MCCABE	SR	8:45.97	12/7/24	12	1.73	13.73
► 3000m	16	Joy NAUKOT	FR	8:59.10	2/1/25	1.25	0.28	1.53
► 3000m	26	Sarah TAIT	SR	9:03.78	12/7/24	0.15	0.04	0.19
WEST VIRGINIA TFRI Team Total								15.58

54 **Virginia**
ACC

▼ **1**
LW: 53

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	23	Tatum DAVID	SO	4:33.27	1/25/25	0.4	0.16	0.56
► Mile	25	Margot APPLETON	SR	4:33.34	1/25/25	0.2	0.16	0.36
► 3000m	6	Margot APPLETON	SR	8:46.23	12/7/24	10	1.69	11.69
► 5000m	22	Jenny SCHILLING	SO	15:37.62	12/7/24	0.5	0.11	0.61
► HJ	14	Celia RIFATERRA	JR	1.83m 6-0	2/8/25	2	0.22	2.22
► HJ	28	Carly TARENTINO	SR	1.80m 5-10¾	12/6/24	0.1	0.00	0.10
► TJ	33	Lily HULLAND	SR	12.89m 42-3½	12/5/24	0.02	0.00	0.02
► SP	34	Brooke LUMPKIN	SR	16.74m 54-11¼	2/8/25	0.015	0.00	0.02
VIRGINIA TFRI Team Total								15.57

55 Princeton Ivy League

▼ 4
LW: 51

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	12	Mena SCATCHARD	SR	2:03.26	2/1/25	4	0.47	4.47
► 800m	17	Hannah RIGGINS	SO	2:03.66	2/1/25	1	0.27	1.27
► Mile	20	Mena SCATCHARD	SR	4:32.95	1/25/25	0.7	0.20	0.90
► 3000m	21	Mena SCATCHARD	SR	9:00.86	12/7/24	0.6	0.19	0.79
► DMR	8	Mena Scatchard, Adelaide Asante, Peyton Leigh, Hannah Riggins		11:04.51	2/1/25	6	1.18	7.18
► PV	22	Tessa MUDD	JR	4.36m 14-3½	1/25/25	0.5	0.00	0.50
► LJ	31	Georgina SCOOT	JR	6.26m 20-6½	1/11/25	0.04	0.00	0.04
► TJ	25	Georgina SCOOT	JR	13.07m 42-10¾	1/18/25	0.2	0.00	0.20
► PENT	30	Julia JONGEJEUGD	JR	3,929	2/1/25	0.05	0.00	0.05
PRINCETON TFRI Team Total								15.40

56 **Purdue**
Big Ten

12
LW: 68

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 60m	37	Nia WILSON	SO	7.32	1/11/25	0	0.06		0.06
► 60H	10	Zoe SULLIVAN	SR	8.08	1/11/25	6	0.86		6.86
► PENT	9	Jalen ELROD	SR	4,218c (4218.00A)	2/8/25	7	0.79		7.79
PURDUE TFRI Team Total									14.71

57 **UCF**
Big 12

▼ **15**
LW: 42

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	37	I'Asia WILSON	SR	7.32c (7.30A)	2/1/25	0	0.06	0.06
▶ 60H	6	Adaobi TABUGBO	SR	8.06c (8.06A)	2/1/25	10	1.11	11.11
▶ 200m	31	Kiah WILLIAMS	SR	23.35c (23.28A)	2/1/25	0.04	0.06	0.10
▶ 400m	18	Kiah WILLIAMS	SR	52.69	1/25/25	0.9	0.26	1.16
▶ 4x400	14	Jazmen Newberry, Kiah Williams, Twaniese Johnson, Deja Shaw-Huckaby		3:34.25c (3:33.81A)	2/1/25	0.8	0.36	1.16
▶ TJ	20	Asherah COLLINS	SR	13.16m 43-2¼	1/25/25	0.7	0.03	0.73
UCF TFRI Team Total								14.30



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

58 **Houston**
Big 12

1
LW: 59

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	20	Kaycee MCCOY	JR	8.16	2/1/25	0.7	0.21	0.91
▶ SP	6	KeAyla DOVE	SR	18.16m 59-7	2/8/25	10	1.47	11.47
HOUSTON TFRI Team Total								12.38

59 **Michigan State**
Big Ten

7
LW: 66

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	32	Rachel FORSYTH	FR	4:34.02 O	2/1/25	0.03	0.07	0.10
► 3000m	18	Rachel FORSYTH	FR	8:59.41	12/7/24	0.9	0.26	1.16
► DMR	10	#Type!		11:10.84	2/1/25	4	0.52	4.52
► SP	26	Jessica STIEB	SO	16.87m 55-4¼	2/8/25	0.15	0.00	0.15
► WT	11	Elle ADRIAN	JR	22.35m 73-4	2/8/25	5	0.90	5.90
► WT	22	Valadian PALLETT	SR	21.09m 69-2½	1/18/25	0.5	0.00	0.50
MICHIGAN STATE TFRI Team Total								12.34

60 **NC State**
ACC

▼ 4
LW: 56

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 3000m	35	Angelina NAPOLEON	SO	9:07.71	12/7/24	0.01	0.00	0.01
▶ 5000m	6	Grace HARTMAN	JR	15:12.73c(15:19.72f)	1/26/25	10	1.25	11.25
▶ 5000m	26	Hannah GAPES	JR	15:47.35	12/7/24	0.15	0.00	0.15
▶ DMR	20	Angelina Napoleon, Jordyn Parker, Kate Putman, Brooke Rauber		11:25.05	1/25/25	0.2	0.00	0.20
NC STATE TFRI Team Total								11.61

61 North Florida

14
LW: 75

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	6	Smilla KOLBE	JR	2:02.08	2/7/25	10	1.09	11.09
NORTH FLORIDA TFRI Team Total								11.09

62 East Carolina American

▼ 8
LW: 54

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	15	Kelly UFODIAMA	FR	7.26	1/11/25	1.5	0.36	1.86
► 200m	8	Kelly UFODIAMA	FR	22.99	1/11/25	8	0.92	8.92
► TJ	27	Faith SPENCER	JR	13.03m 42-9	1/25/25	0.125	0.00	0.13
EAST CAROLINA TFRI Team Total								10.90

63 Connecticut Big East

▼ **3**
LW: 60

Event	NOR	Athlete	Yr	Season Qual, Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 5000m	7	Chloe THOMAS	SR	15:17.47	12/7/24	9	1.00	10.00
▶ PENT	25	Maresa HENSE	FR	4,021	12/6/24	0.2	0.00	0.20
CANNONICUT TFR! Team Total								10.20

64 **High Point**
Big South

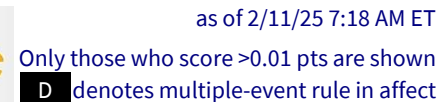
12
LW: 76

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	7	Sydney HORN	SR	4.48m	14-8¼	2/8/25	9	0.81
HIGH POINT TFRI Team Total								9.81

65 Iowa State Big 12

▼ 4
LW: 61

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 800m	9	Makayla CLARK	JR	2:02.44	2/1/25	7	0.90		7.90
► 3000m	22	Maelle PORCHER	JR	9:01.17	12/7/24	0.5	0.17		0.67
► DMR	15	Riley Beach, Becca Heitzig, Cameron Moon, Ashlyn Keeney		11:18.27	2/1/25	0.7	0.12		0.82
IOWA STATE TFRI Team Total									9.40



66

Kansas

Big 12

▼

9

LW: 57

67	South Dakota Summit League	▼ 3 LW: 64
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68

VCU

Atlantic 10

12

LW: 80

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► WT	9	Gudrun HALLGRIMSDOTTIR	SR	22.43m	73-7¼	2/8/25	7	1.01
VCU TFRI Team Total								8.01

69

Ohio State

Big Ten

▼

11

LW: 58

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	11	Leah BERTRAND	SR	7.23c (7.21A)	2/1/25	5	0.63	5.63
▶ 60H	27	Olivia POWELL	SO	8.19c (8.19A)	2/1/25	0.125	0.09	0.21
▶ 60H	32	Janela SPENCER	JR	8.21c (8.21A)	2/1/25	0.03	0.01	0.04
▶ SP	15	Lacey STRINGER	SR	17.36m 56-11½	1/24/25	1.5	0.29	1.79
OHIO STATE TFRI Team Total								
								7.67

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72

San Diego State

Mountain West

9

LW: 63

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	27	Shaquena FOOTE	JR	23.29c (23.22A)	1/11/25	0.125	0.13	0.26
▶ LJ	18	Hannah WALLER	SR	6.37m 20-10¾	1/31/25	0.9	0.05	0.95
▶ PENT	12	Jenna Fee FEYERABEND	SR	4.169	2/1/25	4	0.39	4.39
SAN DIEGO STATE TFRI Team Total								5.60

73

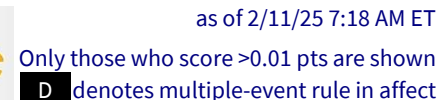
Ball State

Mid-American

6

LW: 67

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PENT	11	Jenelle ROGERS	SR	4,188	2/1/25	5	0.49	5.49
BALL STATE TFRI Team Total								5.49



74 **Oklahoma State** **2**
 Big 12 LW: 72

75

Miami (Fla.)
ACC

10

LW: 65

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	29	Gabriella GRISSOM	JR	2:04.84	2/1/25	0.075	0.00	0.08
▶ 4x400	13	Iyonna Codd, Gabriella Grissom, Sanaa Hebron, Janay Moorer		3:34.21	2/1/25	0.9	0.37	1.27
▶ HJ	14	Helga SIGURJONSDOTTIR	SR	1.83m 6-0	1/18/25	2	0.22	2.22
MIAMI (FLA.) TFR1 Team Total								3.57

76	North Carolina A&T		CAA		LW: 77		1	
	Event		NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts. Bonus TOTAL
Scored bests come from CURRENT qualifying season								
► 60H	13	Lucheyona WEAVER	SR	8.11c	(8.11A)	1/18/25	3	0.54 3.54
NORTH CAROLINA A&T TFRI Team Total								3.54

79

Montana State

Big Sky

▼

8

LW: 71

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► LJ	23	Hailey COEY	JR	6.32m 20-9	1/31/25	0.4	0.00	0.40
► PENT	14	Shelby SCHWEYEN	SR	4,161c (4161A)	1/31/25	2	0.35	2.35
MONTANA STATE TFRI Team Total								2.75

80

Kansas State

Big 12

8

LW: 88

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ HJ	22	Sharie ENOE	JR	1.81m 5-11¼	2/1/25	0.5	0.00	0.50
▶ LJ	23	Shalom OLOTU	SR	6.32m 20-9	2/1/25	0.4	0.00	0.40
▶ LJ	31	Tesia THOMAS	JR	6.26m 20-6½	1/31/25	0.04	0.00	0.04
▶ TJ	15	Shalom OLOTU	SR	13.29m 43-7¼	2/7/25	1.5	0.31	1.81
KANSAS STATE TFRI Team Total								2.75

81

Colorado
Big 12

LW: 98

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 3000m	23	Jessie SECOR	FR	9:02.81	2/1/25	0.4	0.09	0.49
▶ HJ	19	Allie ROUTLEDGE	SR	1.82m 5-11½"	2/8/25	0.8	0.10	0.90
▶ PENT	17	Allie ROUTLEDGE	SR	4,120	2/8/25	1	0.15	1.15
COLORADO TFRI Team Total								2.54



USTFCCCA NCAA Division I Indoor Track & Field National TFRI Team Summary



as of 2/11/25 7:18 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

82 Duke **26**
ACC LW: 108

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 4x400	11	Megan McGinnis, Braelyn Baker, Aliya Garozzo, Lauren Tolbert		3:34.12	2/8/25	2	0.40	2.40

DUKE TFRI Team Total 2.40

83 Oregon State **2**
MPSF LW: 81

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ HJ	14	Dede NORMAN	SO	1.83mA 6-0	1/25/25	2	0.22	2.22
▶ WT	29	Jayla HOOPER	SR	20.53mA 67-4¼	1/25/25	0.075	0.00	0.08

OREGON STATE TFRI Team Total 2.30

84 Liberty **10**
Conference USA LW: 74

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 3000m	33	Allie ZEALAND	FR	9:07.33	12/7/24	0.02	0.00	0.02
▶ DMR	17	Kate Goodyear, Patasha Bryan, Jessica Palisca, Allie Zealand		11:21.25	2/1/25	0.5	0.00	0.50
▶ PENT	16	Meredith ENGLE	JR	4,131	2/1/25	1.25	0.20	1.45
▶ PENT	28	Patasha BRYAN	JR	3,965	2/1/25	0.1	0.00	0.10

LIBERTY TFRI Team Total 2.07

85 Illinois State **unch**
Missouri Valley LW: 85

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	15	Immaculate DANIEL	SO	7.26	1/17/25	1.5	0.36	1.86
▶ HJ	28	Kiley SANDERS	SR	1.80m 5-10¾	12/7/24	0.1	0.00	0.10

ILLINOIS STATE TFRI Team Total 1.96

86 Cal State Fullerton **4**
MPSF LW: 82

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	15	Jahzara DAVIS	SR	8.13c (8.13A)	12/7/24	1.5	0.37	1.87

CAL STATE FULLERTON TFRI Team Total 1.87

87 Grand Canyon **29**
WAC LW: 116

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ TJ	16	Taryn BURKETT	SR	13.28m 43-7	2/8/25	1.25	0.29	1.54

GRAND CANYON TFRI Team Total 1.54

88 Hampton **5**
CAA LW: 83

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 3000m	16	Peninah MUTISYA	SO	8:59.10	2/1/25	1.25	0.28	1.53

HAMPTON TFRI Team Total 1.53

89 Boston University **16**
Patriot LW: 105

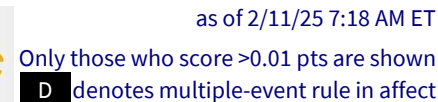
Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ Mile	17	Vera SJOBERG	JR	4:32.44	2/8/25	1	0.26	1.26
▶ 5000m	25	Vera SJOBERG	JR	15:45.75	12/7/24	0.2	0.00	0.20

BOSTON UNIVERSITY TFRI Team Total 1.46

90 Indiana State **3**
Missouri Valley LW: 87

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	27	Rachel MEHRINGER	SO	8.19	1/24/25	0.125	0.09	0.21
▶ WT	17	Niesha ANDERSON	JR	21.28m 69-9¾	1/24/25	1	0.09	1.09

INDIANA STATE TFRI Team Total 1.30



91 **Texas A&M-Corpus Christi** **unch**
 Southland LW: 91

92

Pittsburgh

ACC

▼

6

LW: 86

93

Wichita State

American

▼

9

LW: 84

94 **East Texas A&M**  **1**
Southland LW: 93

94 **Hawai'i**  **2**
MPSF LW: 92

96

Indiana

Big Ten

▼

6

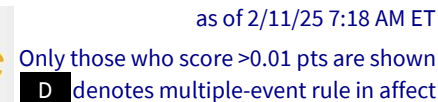
LW: 90

97 **Murray State** ▼ **8**
 Missouri Valley LW: 89

98 **UTRGV**  **2**
Southland LW: 96

99 Northern Iowa  **5**
Missouri Valley LW: 94

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	20	Katie FARE	SR	17.09m 56-1	12/14/24	0.7	0.00	0.70
NORTHERN IOWA TFRI Team Total								0.70



100

Boston College

ACC

▼

5

LW: 95

101

Furman

SoCon

▼

1

LW: 100

102

Air Force

Mountain West

▼

5

LW: 97

102

Wake Forest

ACC

▲

1

LW: 103

104

Yale

Ivy League

▼

2

LW: 102

105

Gonzaga

Independent

▲

1

LW: 106

105

Idaho

Big Sky

▲

1

LW: 106

107

Nevada

Mountain West

▼

3

LW: 104

Event	NQR	Athlete	Yr	Season Qual, Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	27	Maggie GEORGE	SO	7.29c (7.27A)	1/11/25	0.125	0.18	0.31
► TJ	32	Meekness DOGONYARO	SO	12.97m A 42-64	1/25/25	0.03	0.00	0.03
NEVADA TFRI Team Total								0.34



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, February 11

108 **Dartmouth**
Ivy League

 **1**
LW: 109

109

Mississippi State

SEC

▲

9

LW: 118

110 Penn  **3**
Ivy League LW: 113

111 **Utah Valley**
WAC LW:

112

Northeastern

CAA

▲

7

LW: 119

113

Maryland

Big Ten

LW: 115

▲ 2

114 **Utah**  **2**
Big 12 LW: 112

115 DePaul Big East LW: 

116

Charlotte

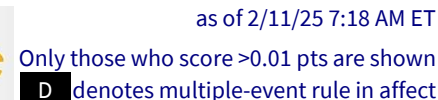
American

▼

2

LW: 114

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	43	Joyasia SMITH	JR	7.33	12/8/24	0	0.01	0.01
▶ PV	28	Sarah BROWN	SR	4.28m	14-½ 1/31/25	0.1	0.00	0.10
CHARLOTTE TRI Team Total								0.11



117 **Arkansas State** **unch**
Sun Belt LW: 117

118

Monmouth

CAA

▼

9

LW: 109

119 **Texas State** **unch**
Sun Belt LW: 119

120

Fresno State

Mountain West

▼ 21

LW: 99

121 **Army West Point**  **12**
Patriot LW: 109

122 Long Beach State **unch**
 MPSF LW: 122

123

Lipscomb

ASUN

▲

1

LW: 124

123 **Miami (Ohio)**
Mid-American LW:

123 **Northwestern State**  **22**
Southland LW: 101

126

Villanova

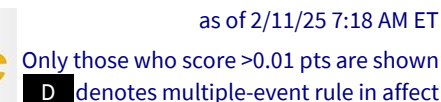
Big East

▼

1

LW: 125

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	31	Sadie SIGFSTEAD	JR	15:52.27	12/7/24	0.04	0.00	0.04
VILLANOVA TFRI Team Total								0.04



WOMEN — 2025 Checkpoint #3, February 11

127 **New Mexico State**
Conference USA

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► 60H	32	Aliyah LOGAN	SR	8.21c	(8.21A)	2/8/25	0.03	0.01	0.04
NEW MEXICO STATE TFRI Team Total									0.04

128 Eastern Washington

Big Sky

LW: 123

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► LJ	35	Kimberly SMITH	JR	6.25m	20-6¼	1/25/25	0.01	0.00	0.01
► TJ	33	Caitlin SIMMONS	SR	12.89m	42-3½	12/14/24	0.02	0.00	0.02
EASTERN WASHINGTON TRI Team Total									0.03

128 **Syracuse**
ACC

LW: 127

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	32	Savannah ROARK	SR	15:53.96	12/7/24	0.03	0.00	0.03
SYRACUSE TFRI Team Total								0.03

130 **Appalachian State**
Sun Belt

LW: 121

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	33	Lilly NICHOLS	FR	4.26m	13-11¾	1/18/25	0.02	0.00
APPALACHIAN STATE TFRI Team Total								0.02

130 **Montana**
Big Sky

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PENT	33	Whitney MORRISON	SR	3,905	2/8/25	0.02	0.00	0.02
MONTANA TFR1 Team Total								0.02

132 Coastal Carolina

unch
LW: 132

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	43	Jada MCDOUGLE	SR	7.33	1/25/25	0	0.01	0.01
COASTAL CAROLINA TFRI Team Total								0.01

132 **Rice**
American

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	43	Saniya FRIENDLY	JR	7.33	2/8/25	0	0.01	0.01
RICE TFR1 Team Total								0.01

134 Georgia Southern

LW: 128

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► LJ	35	Imani MOORE	SR	6.25m	20-6¼	1/31/25	0.01	0.00
GEORGIA SOUTHERN TFRI Team Total								0.01

134 **Kennesaw State**
Conference USA

LW: 130

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	35	Emma SULLIVAN	SR	2:05.15	2/1/25	0.01	0.00	0.01
KENNESAW STATE TFRI Team Total								0.01