

National TFRI Team Summary



as of 3/5/25 8:09 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, March 11

1

Arkansas SEC

unch

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	13	Anya JACKSON	FR	22.87	2/28/25	3	0.67	3.67
► 400m	2	Isabella WHITTAKER	JR	49.90	2/28/25	18	3.50	21.50
► 400m	3	Kaylyn BROWN	SO	50.70	2/28/25	16	2.06	18.06
► 800m	2	Sanu JALLOW	JR	1:59.77	2/15/25	18	2.36	20.36
► 800m	12	Analisse BATISTA	JR	2:01.60	2/28/25	4	0.73	4.73
► 3000m	15	Paityn NOE	FR	8:47.17	2/15/25	1.5	0.72	2.22
► 5000m	6	Paityn NOE	FR	15:11.27	2/28/25	10	1.29	11.29
► 4x400	3	Glenn,Whittaker,Butler,Jallow		3:27.47	2/1/25	16	1.56	17.56
► HJ	1	Rachel GLENN	JR	1.98m 6-6	2/28/25	20	3.98	23.98
► HJ	15	Sydney BILLINGTON	SR	1.85m 6-¾	2/15/25	1.5	0.26	1.74
► LJ	5	Funminiyi OLAJIDE	SR	6.67m 21-10¾	2/14/25	12	1.26	13.26
► LJ	11	Nia ROBINSON	SR	6.55m 21-6	2/1/25	5	0.45	5.45
► TJ	14	Nia ROBINSON	SR	13.41m 44-0	2/1/25	2	0.41	2.41

ARKANSAS TFR Team Total 146.22

2

Oregon
Big Ten

unch

LW: 2

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	6	Jadyn MAYS	SR	7.15	3/1/25	10	1.35	11.35
► 60H	4	Aaliyah MCCORMICK	JR	7.97	3/1/25	14	1.83	15.83
► 200m	4	Jadyn MAYS	SR	22.61	3/1/25	14	1.65	15.65
► Mile	1	Silan AYYILDIZ	JR	4:23.46	2/15/25	20	2.54	22.54
► Mile	5	Wilma NIELSEN	JR	4:25.78	2/8/25	12	1.59	13.59
► Mile	15	Mia BARNETT	SR	4:28.77	2/15/25	1.5	0.52	2.02
► 3000m	13	Silan AYYILDIZ	JR	8:46.33	12/7/24	3	0.85	3.85
► DMR	5	Nielsen,Oliveira,Barnett,Ayyildi z		10:42.05	2/21/25	12	1.50	13.50
► TJ	16	Ryann PORTER	SR	13.37m 43-10½	3/1/25	1.25	0.26	1.51
► SP	4	Jaida ROSS	SR	18.47m 60-7¼	3/1/25	14	1.40	15.40

OREGON TFRI Team Total 115.24

3

BYU
Big 12

unch

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	14	Sami OBLAD	SR	51.81	3/1/25	2	0.47	2.47
► 800m	3	Meghan HUNTER	SR	2:00.21	2/1/25	16	1.95	17.95
► Mile	16	Carmen ALDER	SR	4:29.49	2/1/25	1.25	0.36	1.61
► 3000m	1	Lexy HALLADAY-LOWRY	SR	8:40.60	2/15/25	20	2.11	22.11
► 3000m	2	Riley CHAMBERLAIN	JR	8:40.89	2/15/25	18	2.05	20.05
► 5000m	3	Lexy HALLADAY-LOWRY	SR	14:57.63	2/1/25	16	2.51	18.51
► DMR	1	Alder,Hunter,Buswell,Chamberlain		10:37.58	2/15/25	20	2.15	22.15
► PV	11	Maren GARNETT	SR	4.46m 14-7½	3/1/25	5	0.22	5.22

BYU TFR1 Team Total 110.06

4

Stanford
ACC

3

LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	1	Juliette WHITTAKER	JR	1:59.44	2/15/25	20	2.67	22.67
▶ 800m	10	Roisin WILLIS	JR	2:01.31	3/3/25	6	0.94	6.94
▶ 3000m	5	Sophia KENNEDY	SO	8:42.53	2/15/25	12	1.68	13.68
▶ 3000m	6	Amy BUNNAGE	SO	8:43.82	2/1/25	10	1.40	11.40
▶ 5000m	5	Amy BUNNAGE	SO	15:00.75	12/7/24	12	2.19	14.19
▶ 5000m	14	Sophia KENNEDY	SO	15:26.14	12/7/24	2	0.37	2.37
▶ DMR	2	Whittaker,Peters,Willis,Bunnage		10:38.93	2/15/25	18	1.95	19.95
▶ HJ	7	Alyssa JONES	JR	1.89m 6-2¼	3/3/25	9	0.98	9.98
▶ LJ	9	Alyssa JONES	JR	6.60m 21-8	1/25/25	7	0.76	7.76

STANFORD TFR1 Team Total 108.93

National TFRI Team Summary



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WOMEN — 2025 Checkpoint #7, March 11

5

Georgia
SEC



1

LW: 4

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 60m	3	Kaila JACKSON	JR	7.12	2/28/25	16	1.83	17.83	
▶ 200m	14	Kaila JACKSON	JR	22.91	2/28/25	2	0.55	2.55	
▶ 400m	1	Aaliyah BUTLER	JR	49.78	2/28/25	20	3.72	23.72	
▶ 400m	4	Dejanea OAKLEY	JR	50.90	2/28/25	14	1.71	15.71	
▶ 4x400	1	Oakley,Smith,Tate,Butler		3:26.42	2/28/25	20	1.75	21.75	
▶ HJ	2	Elena KULICHENKO	SR	1.95m	6-4¾	2/28/25	18	2.85	20.85
▶ PENT	11	Ella RUSH	JR	4,217	2/1/25	5	0.49	5.49	

GEORGIA TFRI Team Total 107.90

6

Illinois
Big Ten

unch

LW: 6

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► HJ	5	Rose YEBOAH	JR	1.92m	6-3½	2/8/25	12	1.74	13.74
► HJ	13	Bara SAJDOKOVA	SR	1.86m	6-1¼	3/1/25	3	0.36	3.36
► PV	7	Tori THOMAS	SR	4.57m	14-11¾	1/25/25	9	0.98	9.98
► LJ	2	Tacoria HUMPHREY	SR	6.94m	22-9¼	2/28/25	18	3.91	21.91
► LJ	4	Sophia BECKMON	SO	6.71m	22-¼	1/11/25	14	1.55	15.55
► LJ	14	Darja SOPOVA	SR	6.51m	21-4¼	1/11/25	2	0.31	2.31
► LJ	16	Morgan SMALLS	SR	6.49m	21-3½	1/11/25	1.25	0.23	1.48
► SP	12	Abria SMITH	SR	17.87m	58-7½	3/1/25	4	0.42	4.42
► WT	5	Phethisang MAKHETHE	JR	23.11m	75-10	2/15/25	12	1.69	13.69
► WT	12	Jordan KOSKONDY	SO	22.28m	73-1¼	3/1/25	4	0.56	4.56
► PENT	4	Lucie KIENAST	FR	4.405		1/25/25	14	2.00	16.00

ILLINOIS TFRI Team Total 106.99

7

LSU
SEC

1

LW: 8

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	1	Tima GODBLESS	SO	7.08	2/15/25	20	2.48	22.48
▶ 60m	4	Brianna LYSTON	JR	7.13	2/15/25	14	1.67	15.67
▶ 400m	6	Ella ONOJUWWEVWO	JR	51.06	2/28/25	10	1.43	11.43
▶ 800m	4	Michaela ROSE	SR	2:00.25	2/28/25	14	1.91	15.91
▶ Mile	9	Lorena RANGEL BATRES	SR	4:26.56	2/15/25	7	1.27	8.27
▶ DMR	11	Hardy,Onojuwwevwo,Rose,Rang el Batres		10:50.15	2/28/25	2	0.55	2.55

LSU TFRI Team Total	97.32
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8

Texas Tech
Big 12



3

LW: 5

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	6	Success UMUKORO	SR	7.15	2/8/25	10	1.35	11.35
► 60H	3	Naomi KREBS	JR	7.96	3/1/25	16	1.97	17.97
► 200m	7	Brianna HOWARD	SR	22.74	3/1/25	9	1.08	10.08
► 800m	16	Fanny ARENDT	JR	2:01.99	3/1/25	1.25	0.49	1.74
► HJ	4	Temitope ADESHINA	SO	1.93m	6-4 1/24/25	14	2.11	16.11
► HJ	11	Evelyn LAVIELLE	JR	1.87m	6-1 1/2 3/1/25	5	0.49	5.49
► TJ	9	Tamiah WASHINGTON	SO	13.50m	44-3 1/2 2/28/25	7	0.76	7.76
► TJ	11	Suzan OGUNLEYE	JR	13.47m	44-2 1/2 1/24/25	5	0.64	5.64
► WT	3	Shelby FRANK	SR	23.45m	76-11 1/4 2/15/25	16	2.35	18.35

TEXAS TECH TFRI Team Total 94.50



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WOMEN — 2025 Checkpoint #7, March 11

9 Washington Big Ten

unch
LW: 9

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	7	Amina MAATOUG	SR	4:26.39	2/21/25	9	1.34	10.34
► Mile	8	Chloe FOERSTER	JR	4:26.54	2/21/25	8	1.28	9.28
► 3000m	11	Amina MAATOUG	SR	8:46.20	2/15/25	5	0.87	5.87
► DMR	4	Foerster,Terrell,Yerby,Maatoug		10:40.44	2/15/25	14	1.73	15.73
► PV	1	Amanda MOLL	SO	4.91m	16-1¼	20	5.38	25.38
► PV	2	Hana MOLL	SO	4.81m	15-9¼	18	3.94	21.94
WASHINGTON TFRI Team Total								88.54

10 Oklahoma SEC

unch
LW: 10

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► PV	5	Olivia LUEKING	SR	4.59m	15-¾	2/15/25	12	1.17	13.17
► LJ	7	Jasmine AKINS	SR	6.63m	21-9	2/14/25	9	0.97	9.97
► TJ	5	Agur DWOL	JR	13.75m	45-1½	2/15/25	12	1.83	13.83
► TJ	11	Jasmine AKINS	SR	13.47m	44-2½	2/27/25	5	0.64	5.64
► SP	11	Paige LOW	SR	18.05m	59-2¾	1/24/25	5	0.60	5.60
► PENT	1	Pippi Lotta ENOK	SR	4,593		2/28/25	20	3.81	23.81
► PENT	7	Angel RICHMORE	SR	4,271		2/28/25	9	0.92	9.92
OKLAHOMA TFRI Team Total									81.95

11 Southern California

unch
LW: 11

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► 60m	2	Dajaz DEFRAND	JR	7.10	3/1/25	18	2.16	20.16	
► 60m	10	Samirah MOODY	JR	7.17	1/24/25	6	1.03	7.03	
► 60H	13	Nonah WALDRON	SO	8.08	2/8/25	3	0.47	3.47	
► 200m	5	Dajaz DEFRAND	JR	22.62	3/1/25	12	1.60	13.60	
► 200m	6	Madison WHYTE	SO	22.73	3/1/25	10	1.11	11.11	
► 200m	15	Jassani CARTER	JR	22.92	3/1/25	1.5	0.51	2.01	
► 400m	13	Yemi JOHN	JR	51.76	3/1/25	3	0.53	3.53	
► 4x400	9	John,Mallard,Carter,Whyte		3:29.97	3/1/25	5	1.15	6.15	
► TJ	6	Temitope OJORA	SR	13.57m	44-6¼	2/14/25	10	1.03	11.03
SOUTHERN CALIFORNIA TFRI Team Total								78.10	

12 Tennessee
SEC

2
LW: 14

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	10	Layla ANDERSON	SR	7.17	2/28/25	6	1.03	7.03
► 60m	13	Milan FIELDS	SR	7.20	2/15/25	3	0.60	3.60
► 60H	1	Myreanna BEBE	SR	7.95	2/28/25	20	2.12	22.12
► 60H	6	Layla ANDERSON	SR	7.98	2/28/25	10	1.69	11.69
► 60H	16	Kiara SMITH	SR	8.10	2/15/25	1.25	0.38	1.63
► 400m	11	Javonya VALCOURT	JR	51.73	2/28/25	5	0.56	5.56
► 4x400	4	Wright,White,Joseph,Valcourt		3:27.60	2/15/25	14	1.54	15.54
► PV	11	Sarah SCHMITT	SR	4.46m 14-7½	2/28/25	5	0.22	5.22
TENNESSEE TFRI Team Total								72.39

13 **Texas A&M**
SEC

unch
LW: 13

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	8	Jaiya COVINGTON	JR	8.00	1/31/25	8	1.41	9.41
▶ 200m	12	Camryn DICKSON	JR	22.84	2/28/25	4	0.77	4.77
▶ 400m	16	Jermaisha ARNOLD	SR	51.86	2/8/25	1.25	0.41	1.66
▶ 4x400	5	Dickson, Montgomery, Smith, Arn old		3:28.43	2/28/25	12	1.39	13.39
▶ TJ	1	Winnie BII	JR	14.01m 45-11¾	2/14/25	20	3.34	23.34
▶ PENT	3	Sofia IAKUSHINA	FR	4,556	2/28/25	16	3.38	19.38
TEXAS A&M TFRI Team Total								71.94

14 South Carolina SEC

▼ 2
LW: 12

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	1	JaMeesia FORD	SO	22.34	2/15/25	20	2.96	22.96
► 200m	16	Jayla JAMISON	SR	22.96	2/28/25	1.25	0.39	1.64
► 400m	7	Zaya AKINS	SO	51.39	2/28/25	9	0.95	9.95
► 4x400	2	Akins,Chelangat,Ford,Jamison		3:27.24	2/28/25	18	1.60	19.60
► HJ	7	Cheylla SCOTT	JR	1.89m	6-2¼	9	0.98	9.98
SOUTH CAROLINA TFRI Team Total								64.13



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15

Clemson

ACC

▲

2

LW: 17

Northern Arizona

Big Sky

LW: 19

Event	NOR	Athlete	Yr	Season Qual, Best	Date	Pl.	Pts.	Bonus	TOTAL
Mile	11	Alex CARLSON	SR	4:27.20	1/17/25	5	1.01		6.01
Mile	12	Maggi CONGDON	SR	4:27.77	2/15/25	4	0.79		4.79
3000m	3	Elise STEARNS	SR	8:41.07	2/15/25	16	2.01		18.01
5000m	9	Elise STEARNS	SR	15:21.43	2/1/25	7	0.63		7.63
5000m	15	Aliandrea (Ali) UPSHAW	SR	15:27.86	12/7/24	1.5	0.31		1.81
DMR	3	McTighe,Reigh,Carlson,Congdon		10:39.44	2/15/25	16	1.88		17.88
NORTHERN ARIZONA TFRI Team Total									56.12

17

Florida

SEC

▼

1

LW: 16

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	10	Bethan MORLEY	JR	4:26.76	2/15/25	6	1.19	7.19
► 5000m	2	Hilda OLEMOMOI	SR	14:52.84	12/7/24	18	2.99	20.99
► LJ	1	Anthaya CHARLTON	JR	6.98m 22-10¾	1/31/25	20	4.33	24.33
► TJ	15	Asia PHILLIPS	FR	13.38m 43-10¾	2/28/25	1.5	0.29	1.79
FLORIDA TFRI Team Total								54.30

[illegible]

20

Alabama
SEC

unch
LW: 20

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 3000m	4	Doris LEMNGOLE	SO	8:41.83	2/15/25	14	1.84	15.84
▶ 5000m	1	Doris LEMNGOLE	SO	14:52.57	12/7/24	20	3.02	23.02
▶ SP	10	Treneese HAMILTON	JR	18.14m 59-6¼	2/28/25	6	0.75	6.75
▶ SP	14	Myejoi WILLIAMS	SR	17.85m 58-6¾	2/28/25	2	0.40	2.40
ALABAMA TFRI Team Total								48.01

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WOMEN — 2025 Checkpoint #7, March 11

21

San Jose State
Mountain West

unch
LW: 21

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► LJ	10	Emilia SJOSTRAND	SR	6.59m	21-7½"	1/30/25	6	0.69	6.69
► TJ	1	Emilia SJOSTRAND	SR	14.01m	45-11¾"	2/27/25	20	3.34	23.34
► TJ	4	Simone JOHNSON	SR	13.78m	45-2½"	2/14/25	14	2.00	16.00

SAN JOSE STATE TFR1 Team Total 46.03

22

Georgetown

Big East

2
LW: 24

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	2	Melissa RIGGINS	SR	4:24.98	2/15/25	18	1.91	19.91
► 5000m	8	Lucy JENKS	SR	15:15.58	2/15/25	8	1.01	9.01
► 5000m	11	Chloe SCRIMGEOUR	JR	15:22.85	2/15/25	5	0.54	5.54
► DMR	8	Tomkinson, Ochan, Bell, Riggins		10:47.20	2/21/25	6	0.83	6.83

GEORGETOWN TFRI Team Total 41.29

23

Notre Dame
ACC

unch
LW: 23

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► 5000m	12	Siona CHISHOLM	JR	15:23.37	2/15/25	4	0.50	4.50	
► HJ	13	Madison SCHMIDT	SR	1.86m	6-1¼	2/1/25	3	0.36	3.36
► PENT	2	Jadin O'BRIEN	SR	4,580	3/3/25	18	3.66	21.66	
► PENT	8	Alaina BRADY	SR	4,235	2/1/25	8	0.64	8.64	

NOTRE DAME TFRI Team Total 38.16

24

Harvard
Ivy League

▼ 2
LW: 22

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	6	Victoria BOSSONG	SR	2:00.79	2/1/25	10	1.41	11.41
► 800m	9	Sophia GORRIARAN	SO	2:01.27	2/15/25	7	0.97	7.97
► 4x400	12	Bossong,Goudros,Gorriaran,Fair		3:46.32	2/1/25	1	0.12	1.12
► DMR	9	Gorriaran,Fair,Bossong,Salmon		10:47.92	2/21/25	5	0.76	5.76
► PENT	6	Izzy GOUDROS	JR	4,313	2/8/25	10	1.26	11.26

HARVARD TFRI Team Total 37.52

25

TCU
Big 12

1
LW: 26

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	4	Indya MAYBERRY	FR	7.13	1/18/25	14	1.67	15.67
► 200m	3	Indya MAYBERRY	FR	22.48	2/8/25	16	2.27	18.27
► 800m	14	Tabitha NGAO	SO	2:01.71	2/21/25	2	0.66	2.66

TCU TFRI Team Total 36.61

26

Virginia Tech
ACC

1
LW: 27

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	8	Star PRICE	SR	2:01.17	2/21/25	8	1.06	9.06
► PV	6	Julia FIXSEN	SR	4.58m	15-¼ 1/25/25	10	1.07	11.07
► WT	7	Sara KILLINEN	SR	22.76m	74-8¼ 2/15/25	9	1.17	10.17

VIRGINIA TECH TFRI Team Total 30.31

27

Michigan

Big Ten

5
LW: 32

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	4	Aasia LAURENCIN	SR	7.97	3/1/25	14	1.83	15.83
▶ 400m	12	Savannah SUTHERLAND	SR	51.74	3/1/25	4	0.55	4.55
▶ SP	8	Elizabeth TAPPER	SO	18.26m 59-11	3/1/25	8	0.99	8.99

MICHIGAN TFRI Team Total 29.37



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

36

North Carolina

ACC

▲

2

LW: 38

37

Wisconsin

Big Ten

▲ 2

LW: 39

38 **Kentucky**  **1**
SEC LW: 37

39

Iowa

Big Ten

▼

3

LW: 36

40

Penn State

Big Ten

▲

6

LW: 46

41

California

ACC

▲ 2

LW: 43

42 **Colorado State** **unch**
Mountain West LW: 42

43

Tarleton State

WAC

▲ 1

LW: 44

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► 60m	8	Victoria CAMERON	FR	7.16	2/1/25	8	1.19	9.19	
► LJ	6	Prestina OCHONOGOR	FR	6.64m	21-9%	3/1/25	10	1.05	11.05
TARLETON STATE TFR1 Team Total								20.24	

National TFRI Team Summary



as of 3/5/25 8:09 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, March 11

44 **Louisville**
ACC

1
LW: 45

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► PV	10	Natalie LARK	SR	4.47m	14-8	2/1/25	6	0.27	6.27
► SP	5	Jayden ULRICH	SR	18.40m	60-4½	2/1/25	12	1.27	13.27
LOUISVILLE TFRI Team Total									19.53

45 **NC State**
ACC

▼ 20
LW: 25

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 3000m	14	Grace HARTMAN	SO	8:46.57	2/15/25	2	0.81	2.81
▶ 3000m	16	Hannah GAPES	FR	8:48.96	3/3/25	1.25	0.46	1.71
▶ 5000m	7	Grace HARTMAN	SO	15:12.73	1/26/25	9	1.20	10.20
▶ DMR	10	Gapes,Parker,Rauber,Hartman		10:48.51	2/21/25	4	0.71	4.71
NC STATE TFRI Team Total								19.42

46 Rutgers
Big Ten

1
LW: 47

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	3	Chloe TIMBERG	SR	4.72m	15-5%	1/31/25	16	2.65 18.65
RUTGERS TFRI Team Total								18.65

47 **Texas**
SEC

3
LW: 50

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► 4x400	11	Lewis,Davis,Garrett,Elliott		3:30.80	2/8/25	2	1.05	3.05	
► LJ	12	Aaliyah FOSTER	SO	6.54m	21-5½"	2/14/25	4	0.41	4.41
► SP	7	Nina NDUBUISI	SO	18.35m	60-2½"	2/15/25	9	1.17	10.17
TEXAS TFRI Team Total								17.63	

48 Auburn SEC

unch
LW: 48

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	12	Ana-Liese TORIAN	SO	8.07	2/28/25	4	0.56	4.56
▶ 400m	8	Vimbayi MAISVOREWA	SR	51.55	2/28/25	8	0.77	8.77
▶ WT	13	Maura HUWALT	SR	22.27m	73-¾ 1/31/25	3	0.55	3.55
AUBURN TFRI Team Total								16.88

49 Arizona

unch
LW: 49

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ HJ	6	Emma GATES	JR	1.90m	6-2¾	3/1/25	10	1.23 11.23
▶ HJ	11	Paris MIKINSKI	SO	1.87m	6-1½	2/21/25	5	0.49 5.49
ARIZONA TFRI Team Total								16.73

50 **Missouri**
SEC

1
LW: 51

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► HJ	9	Kristi PEREZ-SNYMAN	SR	1.88m	6-2	2/15/25	7	0.73	7.73
► HJ	15	Claudina DIAZ	SR	1.85m	6-¾	2/15/25	1.5	0.24	1.74
► TJ	10	Euphenie ANDRE	SR	13.49m	44-3¼	1/11/25	6	0.72	6.72
MISSOURI TFRI Team Total								16.19	

51 Portland MPSE

▼ **16**
LW: 35

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	4	Laura PELLICORO	SR	4:25.60	2/1/25	14	1.66	15.66
PORTLAND TFR1 Team Total								15.66



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WOMEN — 2025 Checkpoint #7, March 11

52

Washington State

MPSF

▲ 1

LW: 53

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	8	Micaela DE MELLO	SR	8.00		2/22/25	8 1.41	9.41
▶ PV	11	Tatum MOKU	SO	4.46m	14-7½	3/2/25	5 0.22	5.22
WASHINGTON STATE TFRI Team Total								14.63

53 **Iowa State**  **1**
Big 12 LW: 52

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	5	Rachel JOSEPH	JR	50.99	3/1/25	12	1.55	13.55
IOWA STATE TFRI Team Total								13.55

54 **Kansas** **unch**
Big 12 LW: 54

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	9	Mason MEINERSHAGEN	SO	4.56m	14-11½	3/1/25	7 0.88	7.88
► PV	11	Erica ELLIS	SR	4.46m	14-7½	3/1/25	5 0.22	5.22
KANSAS TFRI Team Total								13.10

55

North Dakota

Summit League

▲ 1

LW: 56

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 5000m	16	Jadyn KEELER	JR	15:28.29	2/15/25	1.25	0.30	1.55
▶ WT	6	Kenna CURRY	SR	22.87m	75-½ 2/8/25	10	1.33	11.33
NORTH DAKOTA TFR1 Team Total								12.88

56

East Carolina

American

▲ 2

LW: 58

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	13	Kelly UFODIAMA	FR	7.20	2/15/25	3	0.60	3.60
▶ 200m	9	Kelly UFODIAMA	FR	22.76	2/15/25	7	1.02	8.02
EAST CAROLINA TFRI Team Total								11.62

57 **Utah** **unch**
Big 12 LW: 57

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► DMR	6	Rinn,Martin,Martin,Vringer		10:42.56	2/15/25	10	1.43	11.43
UTAH TFRI Team Total								11.43

58 **Ole Miss**  **3**
SEC LW: 55

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	6	Akaoma ODEUGA	SO	18.37m 60-3¼	1/11/25	10	1.21	11.21
OLE MISS TFRI Team Total								11.21

59

Purdue

Big Ten

▲

1

LW: 60

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	13	Zoe SULLIVAN	SR	8.08	1/11/25	3	0.47	3.47
▶ PENT	10	Jalen ELROD	SR	4,222	3/1/25	6	0.53	6.53
PURDUE TFRI Team Total								10.00

60

High Point

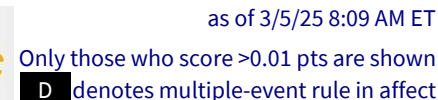
Big South

▼

1

LW: 59

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► PV	7	Sydney HORN	SR	4.57m	14-11¾	2/22/25	9	0.98	9.98
HIGH POINT TFRI Team Total									9.98



61

San Diego State

Mountain West

▲ 1

LW: 62

62 **Florida State**  **8**
ACC LW: 70

63 **Arizona State** **unch**
 Big 12 LW: 63

64

Texas State

Sun Belt

▲ 2

LW: 66

65 **Kansas State**  **4**
 Big 12 LW: 61

66 **VCU**  **2**
Atlantic 10 LW: 68

67 **West Virginia** **unch**
Big 12 LW: 67

68 **UTSA**  **1**
American LW: 69

69

Michigan State

Big Ten

▲ 3

LW: 72

70 **Cincinnati** ▼ **6**
 Big 12 LW: 64

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	11	Abby KNOUFF	SR	4.46m	14-7½	3/1/25	5 0.22	5.22
CINCINNATI TFR1 Team Total								5.22



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WOMEN — 2025 Checkpoint #7, March 11

71 Miami (Fla.) ACC

3
LW: 74

72

Ohio State

Big Ten

▼

1

LW: 71

73 **Liberty** **unch**
Conference USA LW: 73

74 Boston University  **5**
Patriot LW: 79

75

Princeton

Ivy League

▲ 1

LW: 76

76 **Ball State**  **2**
Mid-American LW: 78

77 **Oklahoma State**  **2**
Big 12 LW: 75

78 **Pittsburgh**  **1**
ACC LW: 77

79 **Florida International**  **2**
Conference USA LW: 81

80

Montana State

Big Sky

▲ 3

LW: 83

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PENT	16	Shelby SCHWEYEN	SR	4,161	1/31/25	1.25	0.17	1.42
MONTANA STATE TFRI Team Total								1.42



as of 3/5/25 8:09 AM ET

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D denotes multiple-event rule in affect

81 Arkansas State Sun Belt

 **3**
LW: 84

Scored bests come from CURRENT qualifying season

▶ WT	16	Michelle OGBEMUDIA	SR	21.75m	71-4¼	2/25/25	1.25	0.16	1.41
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ARKANSAS STATE TFRI Team Total	1.41
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