



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Academy of Art — Women

as of 3/10/25 4:24 PM CT

31	60 Meters	31.09		
LW: 31		average 7.77		
5	Toni Ann LINDSAY	SO 7.36c	(7.34A)	1/11 Silver & Blue Inv
88	Juvonna CORNETTE	JR 7.65c	(7.63A)	1/25 Nevada Invitati
	Marie-Jeanne OUREGA	SR 7.97		1/18 Spokane Sports
	Tresley LOVE	FR 8.11c	(8.09A)	1/11 Silver & Blue Inv
43	200 Meters	1:41.65		
LW: 43		average 25.41		
25	Toni Ann LINDSAY	SO 24.07c	(24.00A)	1/25 Nevada Invitati
	Juvonna CORNETTE	JR 24.85		3/2 Boston Universi
	Erine COLLARD	SR 26.20c	(26.13A)	1/25 Nevada Invitati
	Maika CUENCA	JR 26.53		1/18 Spokane Sports
18	400 Meters	3:47.86		
LW: 18		average 56.96		
50	Lina HANICH	SR 55.88		2/8 Riverfront Invite
80	Toni Ann LINDSAY	SO 56.32c	(56.21A)	1/11 Silver & Blue Inv
	Tresley LOVE	FR 57.16		2/1 John Thomas T
	Michaela ANDREWS	JR 58.50		2/8 Riverfront Invite
13	800 Meters	8:58.32		
LW: 13		average 2:14.58		
2	Lina HANICH	SR 2:04.49		3/2 Boston Universi
22	Michaela ANDREWS	JR 2:09.96		3/2 Boston Universi
	Grace SOUTHERN	JR 2:17.05		1/18 Spokane Sports
	Maika CUENCA	JR 2:26.82		2/8 Riverfront Invite
24	Long Jump	21.84m	71-8	
LW: 24		average 5.46m	17-11	
3	Marie-Jeanne OUREGA	SR 6.16m	20-2½	12/5 Silver State Invi
	Jaylen WALKER	JR 5.52mA	18-1½	1/25 Nevada Invitati
	Maika CUENCA	JR 5.50m	18-½	2/8 Riverfront Invite
	Zoe ARNOLD	SO 4.66mA	15-3½	1/25 Nevada Invitati
109	Shot Put	36.96m	121-3	
LW: 109		average 9.24m	30-3¾	
	Maika CUENCA	JR 9.69m	31-9½	2/8 Riverfront Invite
	Kaia FITTZ	FR 9.48mA	31-1¼	1/25 Nevada Invitati
	Chandra REED	FR 9.31m	30-6½	1/18 Spokane Sports
	Elle EDEKER	JR 8.48mA	27-10	1/25 Nevada Invitati



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Adams State — Women

as of 3/10/25 4:24 PM CT

4 800 Meters

8:48.96

LW: 4

average 2:12.24

7	Lieke HOOGSTEEN	JR	2:06.85c	(2:09.49fA)	3/1	RMAC
37	Tristian SPENCE	SO	2:10.97c	(2:14.29fA)	1/24	Adams State Qu
87	Megan GARRETT	SO	2:15.18c	(2:17.99fA)	3/1	RMAC
	Fiona HAWKINS	SR	2:15.96c	(2:19.41fA)	1/24	Adams State Qu

1 Mile

18:42.02

LW: 1

average 4:40.50

2	Tristian SPENCE	SO	4:39.33c	(4:45.55A)	1/31	New Mexico Inv
4	Ava O'CONNOR	SR	4:40.11c	(4:46.34A)	1/31	New Mexico Inv
6	Elena CAREY	SR	4:41.22c	(4:47.48A)	1/31	New Mexico Inv
7	Maggie MCCLESKEY	JR	4:41.36c	(4:56.65fA)	1/25	Adams State Qu

1 3000 Meters

37:12.90

LW: 1

average 9:18.23

1	Tristian SPENCE	SO	9:07.95		2/15	David Hemery v
3	Ava O'CONNOR	SR	9:16.64		2/15	David Hemery v
7	Maggie MCCLESKEY	JR	9:21.18		2/15	David Hemery v
10	Emily SCHOELLKOPF	SR	9:27.13c	(10:00.95fA)	1/25	Adams State Qu



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Adelphi — Women

as of 3/10/25 4:24 PM CT

102	60 Meters	32.28
LW: 102		average 8.07

Shareve BLAIR	FR	7.84	12/6	Fastrack Metro
Amari JOHNSON	SR	8.02	2/23	Northeast-10
Valencia BEAUBRUN	JR	8.15	2/15	NYU DIII Invitati
Sanai SPRINGER	FR	8.27	2/23	Northeast-10

98	200 Meters	1:45.55
LW: 98		average 26.39

Marissa HAYE	SO	26.01	2/23	Northeast-10
Valencia BEAUBRUN	JR	26.04	12/6	Fastrack Metro
Fiona MALONEY	SR	26.73	1/25	Riverhawk Invit
Shareve BLAIR	FR	26.77	12/6	Fastrack Metro

78	400 Meters	4:01.68
LW: 78		average 1:00.42

Fiona MALONEY	SR	58.57	2/1	John Thomas T
Marissa HAYE	SO	1:00.60	2/15	David Hemery v
Eva GONZALEZ	FR	1:00.79	2/15	David Hemery v
Joanna WEBER	JR	1:01.72	2/1	John Thomas T

96	800 Meters	9:52.07
LW: 95 ▼ 1		average 2:28.02

Sumaira MAYAN	SR	2:23.25	1/25	Riverhawk Invit
Eva GONZALEZ	FR	2:25.31	2/23	Northeast-10
Caleigh HOPKINS	SO	2:31.36	2/1	John Thomas T
Lucia KUTNER	JR	2:32.15	1/25	Riverhawk Invit

105	Mile	22:01.35
LW: 104 ▼ 1		average 5:30.34

Lucia KUTNER	JR	5:21.73	1/25	Riverhawk Invit
Sumaira MAYAN	SR	5:23.71	2/1	John Thomas T
Maya SUAREZ	FR	5:35.77	2/23	Northeast-10
Caleigh HOPKINS	SO	5:40.14	1/25	Riverhawk Invit

113	3000 Meters	45:18.56
LW: 113		average 11:19.64

Lucia KUTNER	JR	10:51.82	2/23	Northeast-10
Maya SUAREZ	FR	11:12.35	2/15	NYU DIII Invitati
Sumaira MAYAN	SR	11:26.00	12/6	Fastrack Metro
Karen JACKSON	FR	11:48.39	1/17	NYC Gotham Cu

66	5000 Meters	1:20:11
LW: 65 ▼ 1		average 20:02.68

Lucia KUTNER	JR	18:55.40	2/1	John Thomas T
Maya SUAREZ	FR	19:40.94	2/1	John Thomas T
Maddie GERBY	JR	20:46.43	2/23	Northeast-10
Maggie HANNAN	SR	20:47.96	1/25	Riverhawk Invit

67	High Jump	5.72m	18-9¼
LW: 67		average 1.43m	4-8¼

Gabrielle STAFFORD	FR	1.50m	4-11	1/25	Riverhawk Invit
Brooke FESSLER	FR	1.50m	4-11	2/15	NYU DIII Invitati
Julia MILLER	JR	1.45m	4-9	2/23	Northeast-10
Lori MELVILLE	FR	1.27m	4-2	2/23	Northeast-10

61	Long Jump	20.67m	67-9¾
LW: 61		average 5.17m	16-11½

58	Valencia BEAUBRUN	JR	5.71m	18-8¾	2/22	Northeast-10
	Kayla ESPOSITO	SO	5.07m	16-7¾	12/6	Fastrack Metro
	Imani MUDIAY	SO	4.96m	16-3¼	1/17	NYC Gotham Cu
	Shareve BLAIR	FR	4.93m	16-2¼	2/15	NYU DIII Invitati

34	Triple Jump	41.33m	135-7
LW: 34		average 10.33m	33-10¾

Shareve BLAIR	FR	10.78m	35-4½	2/7	Fastrack Natio
Imani MUDIAY	SO	10.48m	34-4¾	2/23	Northeast-10
Kayla ESPOSITO	SO	10.22m	33-6½	12/6	Fastrack Metro
Brooke FESSLER	FR	9.85m	32-3¾	2/7	Fastrack Natio

99	Shot Put	39.46m	129-6
LW: 99		average 9.86m	32-4½

Gabrielle STAFFORD	FR	10.58m	34-8½	2/15	NYU DIII Invitati
Lori MELVILLE	FR	10.26m	33-8	2/23	Northeast-10
Madeline STALEY	FR	10.22m	33-6½	2/7	Fastrack Natio
Izma MIR	FR	8.40m	27-6¾	12/6	Fastrack Metro



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Alabama-Huntsville — Women

as of 3/10/25 4:24 PM CT

26	60 Meters	31.01
LW: 26		average 7.75

28	Jordyn DORTCH	SO	7.49	2/21	GSC
	Summer SUTHERLIN	FR	7.80	2/21	GSC
	Deja HINES	FR	7.83	2/21	GSC
	Keziah MICKLER	SO	7.89	2/21	GSC

68	60 Meter Hurdles	38.66
LW: 68		average 9.66

100	Ivy TEACHEY	SO	8.97	2/21	GSC
	Ashanti SLAUGHTER	FR	9.07	2/1	PNC Lenny Lyle
	Hope COLLINS	FR	9.84	2/8	UAB Green and
	Sarah COTHRAN	FR	10.78	1/25	RADD College Ir

20	200 Meters	1:39.45
LW: 20		average 24.86

15	Jordyn DORTCH	SO	23.96	2/21	GSC
57	Amiah MURRY	SO	24.50	1/17	Samford Invitat
	Deja HINES	FR	25.23	2/21	GSC
	Aniya JOHNSON	SO	25.76	2/21	GSC

19	400 Meters	3:47.97
LW: 19		average 56.99

	Amiah MURRY	SO	56.81	2/8	UAB Green and
	Aniya JOHNSON	SO	56.97	2/21	GSC
	Summer SUTHERLIN	FR	57.09	2/21	GSC
	Jordyn DORTCH	SO	57.10	2/8	UAB Green and

25	800 Meters	9:07.49
LW: 25		average 2:16.87

58	Grace HAMPEL	JR	2:13.73	2/21	GSC
66	Sarah COTHRAN	FR	2:14.26	2/21	GSC
	Anna Katherine HOPKINS	FR	2:18.07	2/21	GSC
	Sophia KNOX	SO	2:21.43	2/8	UAB Green and

64	Mile	21:01.43
LW: 64		average 5:15.36

	Tamsyn GIBBS	FR	5:11.80	2/8	UAB Green and
	Sophia KNOX	SO	5:12.79	2/21	GSC
	Lucy BARKER	FR	5:17.75	2/8	UAB Green and
	Lucy HORNE	FR	5:19.09	1/25	RADD College Ir

77	3000 Meters	42:50.28
LW: 77		average 10:42.57

	Tamsyn GIBBS	FR	10:13.55	2/7	UAB Vulcan Invi
	Lucy BARKER	FR	10:24.05	2/7	UAB Vulcan Invi
	Amelia BRADY	SR	11:04.40	2/8	UAB Green and
	Abby WEIST	SR	11:08.28	2/7	UAB Vulcan Invi

48	5000 Meters	1:15:21
LW: 47 ▼ 1		average 18:50.28

	Lucy BARKER	FR	18:46.61	1/25	RADD College Ir
	Abby WEIST	SR	18:47.66	1/25	RADD College Ir
	Aylin VEGA	SO	18:52.74	2/21	GSC
	Amelia BRADY	SR	18:54.12	2/21	GSC

66	High Jump	5.73m	18-9½
LW: 66		average 1.43m	4-8¼

	Aniya JOHNSON	SO	1.60m	5-3	1/18 Samford Janua
	Cali POLASTRO	SR	1.40m	4-7	2/21 GSC
	Sarah COTHRAN	FR	1.38m	4-6¼	2/21 GSC
	Hope COLLINS	FR	1.35m	4-5	2/21 GSC

53	Long Jump	20.90m	68-7
LW: 52 ▼ 1		average 5.22m	17-1¾

72	Jadlyn DEBARDLABON	SO	5.67m	18-7¼	2/21 GSC
	Alana COLEMAN	FR	5.16m	16-11¼	2/8 UAB Green and
	Kyla ROHLING	FR	5.09m	16-8½	2/7 UAB Vulcan Invi
	Hope COLLINS	FR	4.98m	16-4¼	1/18 Samford Janua

22	Triple Jump	43.46m	142-7
LW: 22		average 10.86m	35-7¾

92	Amiah MURRY	SO	11.36m	37-3¼	2/8 UAB Green and
	Kyla ROHLING	FR	11.03m	36-2¼	2/21 GSC
	Jadlyn DEBARDLABON	SO	10.65m	34-11¼	2/21 GSC
	Alana COLEMAN	FR	10.42m	34-2¼	2/1 PNC Lenny Lyle

62	Shot Put	44.06m	144-7
LW: 62		average 11.02m	36-1¾

	A'Cynthia BROWN	FR	12.32m	40-5	2/1 PNC Lenny Lyle
	Sarah TANG	SO	11.70m	38-4¾	2/21 GSC
	TaNiyah THOMAS	SR	10.90m	35-9¼	2/21 GSC
	Hailey SMITH	JR	9.14m	30-0	2/21 GSC

21	Weight Throw	61.70m	202-5
LW: 21		average 15.42m	50-7¼

	Sarah TANG	SO	15.84m	51-11¾	2/21 GSC
	Hailey SMITH	JR	15.55m	51-¼	2/21 GSC
	TaNiyah THOMAS	SR	15.54m	51-0	2/8 UAB Green and
	A'Cynthia BROWN	FR	14.77m	48-5½	2/21 GSC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Alaska Anchorage — Women

as of 3/10/25 4:24 PM CT

117	60 Meters	32.63
LW: 117		average 8.16
	Vivien LIESSFELD	SO 7.92c (7.90A) 1/11 Silver & Blue Invitational
	Liv HEITE	SO 8.00 2/1 Inland Northwest
	Mya CAMPBELL	FR 8.22c (8.20A) 1/25 Nevada Invitational
	McKinley EDDINGTON	FR 8.49 2/1 Inland Northwest

12	60 Meter Hurdles	35.96
LW: 12		average 8.99
34	Liv HEITE	SO 8.64 2/8 Riverfront Invitational
80	Lacie SIMMONS	SO 8.88c (8.88A) 1/25 Nevada Invitational
	Mette VAN DER MEER	JR 9.14 2/8 Riverfront Invitational
	Vivien LIESSFELD	SO 9.30c (9.30A) 1/25 Nevada Invitational

100	200 Meters	1:45.57
LW: 100		average 26.39
	Liv HEITE	SO 25.90 2/8 Riverfront Invitational
	Mya CAMPBELL	FR 26.34 2/8 Riverfront Invitational
	Jess CHISAR	SO 26.54 2/8 Riverfront Invitational
	Vivien LIESSFELD	SO 26.79 2/8 Riverfront Invitational

113	400 Meters	4:11.06
LW: 112 1		average 1:02.77
	Jess CHISAR	SO 58.13c (58.02A) 1/11 Silver & Blue Invitational
	Lucia GARCIA	SO 1:01.99 2/1 Inland Northwest
	McKinley EDDINGTON	FR 1:02.47 2/18 GNAC
	Daisy MACIAS	JR 1:08.47c (1:08.36A) 1/11 Silver & Blue Invitational

19	800 Meters	9:05.11
LW: 19		average 2:16.28
11	Jess CHISAR	SO 2:08.27 2/1 Washington Invitational
	Ryann SMITH	SO 2:17.91 2/1 Washington Invitational
	Lilli LINDNER	JR 2:18.18 2/18 GNAC
	Lucia GARCIA	SO 2:20.75c (2:21.39A) 1/25 Nevada Invitational

55	Mile	20:51.36
LW: 55		average 5:12.84
	Ryann SMITH	SO 5:01.35 2/1 Washington Invitational
	Avery WILLIAMSON	JR 5:09.75 1/17 Washington Invitational
	Lilli LINDNER	JR 5:17.03 2/18 GNAC
	Makendra MCCARTY	FR 5:23.23 1/17 Washington Invitational

38	3000 Meters	41:11.20
LW: 38		average 10:17.80
	Ryann SMITH	SO 10:00.62 1/17 Washington Invitational
	Avery WILLIAMSON	JR 10:09.36 1/17 Washington Invitational
	Makendra MCCARTY	FR 10:21.76 1/17 Washington Invitational
	Lilli LINDNER	JR 10:39.46 2/1 Inland Northwest

61	High Jump		5.92m	19-5
LW: 61			average 1.48m	4-10¼
	Vivien LIESSFELD	SO 1.55m	5-1 2/18	GNAC
	Mya CAMPBELL	FR 1.53m	5-¼ 2/18	GNAC
	Daisy MACIAS	JR 1.46m	4-9½ 2/18	GNAC
	Jess CHISAR	SO 1.38m	4-6¼ 2/8	Riverfront Invitational

63	Long Jump		20.66m	67-9½
LW: 63			average 5.16m	16-11½
39	Vivien LIESSFELD	SO 5.79mA	19-0 1/11	Silver & Blue Invitational
82	Mya CAMPBELL	FR 5.64m	18-6 2/18	GNAC
	Jess CHISAR	SO 4.66mA	15-3½ 1/25	Nevada Invitational
	Daisy MACIAS	JR 4.57mA	15-0 1/11	Silver & Blue Invitational

104	Shot Put		38.65m	126-10
LW: 104			average 9.66m	31-8½
	Vivien LIESSFELD	SO 11.12mA	36-5¾	1/25 Nevada Invitational
	Mette VAN DER MEER	JR 10.65mA	34-11¼	1/25 Nevada Invitational
	Jess CHISAR	SO 8.46mA	27-9¼	1/25 Nevada Invitational
	Daisy MACIAS	JR 8.42mA	27-7½	1/25 Nevada Invitational



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Allen (S.C.) — Women

as of 3/10/25 4:24 PM CT

135 60 Meters

32.99

LW: 135

average 8.25

Aisha PATTERSON	SR	7.93	1/26 JDL Flat is Fast
Amira BELK	SO	8.03	2/21 SIAC Indoor Chc
Measha JONES	JR	8.14	1/26 JDL Flat is Fast
Myiah UPSHAW	SO	8.89	2/7 Camel City Invit

88 200 Meters

1:44.89

LW: 88

average 26.22

Keturah WALKER	SO	25.48c	(25.87f) 2/7 Camel City Invit
Amira BELK	SO	26.35	2/21 SIAC Indoor Chc
Aisha PATTERSON	SR	26.53c	(26.94f) 1/18 Mondo College
Measha JONES	JR	26.53c	(26.94f) 2/7 Camel City Invit

129 400 Meters

4:20.51

LW: 127 2

average 1:05.13

Keturah WALKER	SO	1:02.49c	(1:03.32f) 1/26 JDL Flat is Fast
Ja'braisha LANE	FR	1:03.37c	(1:04.21f) 2/7 Camel City Invit
Caseyona HIGHT	SO	1:04.94c	(1:05.80f) 1/18 Mondo College
Myiah UPSHAW	SO	1:09.71c	(1:10.63f) 1/18 Mondo College

158 800 Meters

11:19.57

LW: 158

average 2:49.89

Ja'braisha LANE	FR	2:34.91	2/21 SIAC Indoor Chc
Deborah BOYD	SO	2:46.02c	(2:47.93f) 1/26 JDL Flat is Fast
Keturah WALKER	SO	2:56.67c	(2:58.70f) 2/8 Camel City Invit
Caseyona HIGHT	SO	3:01.97c	(3:04.06f) 2/8 Camel City Invit



#EventSquad Rankings — 2025 Checkpoint #7, March 11

American International — Women

as of 3/10/25 4:24 PM CT

160	800 Meters	11:25.25
LW: 160		average 2:51.31
Fransiscah CHEROTICH	JR 2:30.96	1/31 Roxbury Comm
Lillie KAEMPFE	SR 2:51.39	1/10 St. Thomas Aqu
Nicole WIDEGREN	SO 2:51.41	1/17 Ramapo Seaso
Gabriela KRISTJANSDDOTTIR	SO 3:11.49	1/17 Ramapo Seaso



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Anderson (S.C.) — Women

as of 3/10/25 4:24 PM CT

57	60 Meter Hurdles	37.96
LW: 57		average 9.49
99	Mackenzie MORETINA	FR 8.96 3/2 SAC Indoor
	Jessa KINDEL	SR 9.53 3/2 SAC Indoor
	Abby KWASNY	SO 9.57 2/22 JDL Last Chance
	Ally MACURDA	SO 9.90 3/2 SAC Indoor
83	400 Meters	4:03.09
LW: 83		average 1:00.77
89	Lacey BOOZER	SR 56.52c (57.27f) 3/2 SAC Indoor
	Mackenzie MORETINA	FR 59.66 2/2 South Alabama
	Ally MACURDA	SO 1:02.63c (1:03.459f) 12/7 Visit Winston-Salem
	Abby KWASNY	SO 1:04.28c (1:05.126f) 12/7 Visit Winston-Salem
94	Mile	21:48.15
LW: 93 ▼ 1		average 5:27.04
	Emma WHITAKER	JR 5:15.73c (5:18.85f) 2/8 Camel City Invite
	Natalie STATES	FR 5:21.81c (5:24.99f) 2/22 JDL Last Chance
	Molly HANLON	FR 5:28.10c (5:31.34f) 2/8 Camel City Invite
	Lindsey BRIGHT	SO 5:42.51c (5:45.90f) 2/8 Camel City Invite
45	3000 Meters	41:27.37
LW: 45		average 10:21.84
99	Kennedy ROUSH	SO 9:59.32 1/25 Orange & Purple
	Mclayne WYATT	SR 10:21.15 1/25 Orange & Purple
	Natalie STATES	FR 10:29.93 (10:35.33f) 12/7 Visit Winston-Salem
	Emma WHITAKER	JR 10:36.97 (10:42.43f) 12/7 Visit Winston-Salem
20	5000 Meters	1:11:010
LW: 20		average 17:47.45
35	Kennedy ROUSH	SO 17:01.12 2/15 David Hemery v
	Lucy SCHMITT	JR 17:47.90 12/7 the TRACK at ne
	Hannah REEDY	SR 18:07.79 (18:16.12f) 3/2 SAC Indoor
	Mclayne WYATT	SR 18:12.99 2/2 South Alabama
18	Pole Vault	13.61m 44-7¾
LW: 18		average 3.40m 11-2
76	Rylie JENKINS	SO 3.57m 11-8½ 1/25 Orange & Purple
80	Avery MARSHALL	FR 3.55m 11-7¾ 2/22 JDL Last Chance
	Kirsten LEONARD	JR 3.32m 10-10¾ 3/2 SAC Indoor
	Jorja FOX	SO 3.17m 10-4¾ 3/2 SAC Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Angelo State — Women

as of 3/10/25 4:24 PM CT

25	60 Meter Hurdles	36.64
LW: 25		average 9.16
92	Lainey JERNIGAN	FR 8.94c (8.94A) 2/22 Lone Star
	Kaylee PRICE	FR 9.12 1/17 Owen Hewett In
	Kylie FRUSH	JR 9.20 12/6 Boo Rogers Con
	Gracie STEPHENS	FR 9.38c (9.38A) 2/22 Lone Star
32	400 Meters	3:53.01
LW: 32		average 58.25
40	Jacent NYAMAHUNGE	SR 55.60c (55.49A) 1/25 MLK Inv
	Shackelia GREEN	JR 57.78c (57.67A) 1/25 MLK Inv
	Lainey JERNIGAN	FR 59.33c (59.22A) 1/25 MLK Inv
	Brylee GUTIERREZ	FR 1:00.30c (1:00.19A) 2/15 Texas Tech Jarv
45	High Jump	6.15m 20-2
LW: 44 ▼ 1		average 1.54m 5-½
	Kylie PADEN	JR 1.60mA 5-3 2/22 Lone Star
	Ashtyn WARREN	SO 1.55mA 5-1 1/25 MLK Inv
	Kylie FRUSH	JR 1.50mA 4-11 1/25 MLK Inv
	Gracie STEPHENS	FR 1.50mA 4-11 2/22 Lone Star
19	Pole Vault	13.60m 44-7½
LW: 19		average 3.40m 11-1¾
34	Kylie PADEN	JR 3.80mA 12-5½ 2/22 Lone Star
88	Camryn BARROS	SR 3.50m 11-5¾ 1/17 Owen Hewett In
	Jillian HALFMANN	SO 3.30mA 10-9¾ 2/22 Lone Star
	Katelyn BOHENSKY	SR 3.00m 9-10 1/17 Owen Hewett In
11	Shot Put	52.32m 171-8
LW: 11		average 13.08m 42-11
24	Fedra FLORENTIN	SR 14.09m 46-2¾ 2/15 Texas Tech Jarv
34	Kamryn WILLIAMS	SO 13.70mA 44-11½ 2/22 Lone Star
60	Federica DOZIO	FR 13.29m 43-7¼ 1/17 Owen Hewett In
	Tiamara HILL-JOHNSON	SR 11.24mA 36-10½ 1/25 MLK Inv
13	Weight Throw	64.23m 210-9
LW: 13		average 16.06m 52-8¼
35	Marie SCHULER	JR 17.41mA 57-1½ 2/22 Lone Star
84	Kamryn WILLIAMS	SO 16.17m 53-¾ 2/1 Texas Tech Star
99	Esma PAJT	SR 15.91mA 52-2½ 2/22 Lone Star
	Tiamara HILL-JOHNSON	SR 14.74mA 48-4½ 2/22 Lone Star



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Arkansas Tech — Women

as of 3/10/25 4:24 PM CT

93	800 Meters	9:50.43
LW: 93		average 2:27.61
	Peyton CARSON	FR 2:24.91 2/15 Russ Jewett Ind
	Ellie AKINS	FR 2:27.23 1/24 Rumble in the J
	Kaitlynn ELMORE	JR 2:28.61 2/15 Russ Jewett Ind
	Calli BESHORE	SR 2:29.68 2/15 Russ Jewett Ind
93	Mile	21:47.34
LW: 92 ▼ 1		average 5:26.83
	Peyton CARSON	FR 5:21.18 2/15 Russ Jewett Ind
	Audrey HILL	JR 5:21.18 1/24 Rumble in the J
	Ellie AKINS	FR 5:28.40 2/15 Russ Jewett Ind
	Aidan FISHER	FR 5:36.58 2/15 Russ Jewett Ind
82	3000 Meters	43:02.51
LW: 82		average 10:45.63
	Audrey HILL	JR 10:22.90 2/15 Russ Jewett Ind
	Amaya GRANT	FR 10:29.98 2/15 Russ Jewett Ind
	Avery STANLEY	JR 10:35.57 2/15 Russ Jewett Ind
	Julia MINTON	JR 11:34.06 1/24 Rumble in the J



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Ashland — Women

as of 3/10/25 4:24 PM CT

3	60 Meters	30.18
LW: 3		average 7.54
19	Hailey RIOS	SO 7.43 3/1 G-MAC
22	Alena WILLIAMS	SR 7.45 3/1 G-MAC
49	Brianna CHENEVEY	SO 7.57 3/1 G-MAC
	Montana WALKER	JR 7.73 1/25 Ashland Invitati

3	60 Meter Hurdles	35.24
LW: 3		average 8.81
11	Aniya SEWARD	SR 8.46 3/1 G-MAC
23	Odessa SMITH	SO 8.55 3/1 G-MAC
76	Kara FIELDS	SO 8.87 3/1 G-MAC
	Jordan HAMPTON	SR 9.36 2/8 Jud Logan Ligh

11	200 Meters	1:38.38
LW: 11		average 24.60
17	Brianna CHENEVEY	SO 23.99 OT 3/1 G-MAC
77	Hailey RIOS	SO 24.66 OT 3/1 G-MAC
79	Alena WILLIAMS	SR 24.67 OT 3/1 G-MAC
	Montana WALKER	JR 25.06 OT 1/25 Ashland Invitati

11	400 Meters	3:44.26
LW: 11		average 56.06
26	Mia GARDNER	SR 55.09 OT 3/1 G-MAC
54	Jade AVANCE	JR 55.92 OT 1/25 Ashland Invitati
62	Brianna CHENEVEY	SO 56.06 OT 1/18 Jud Logan Merr
	Montana WALKER	JR 57.19 OT 2/15 Doug Raymond

7	800 Meters	8:52.64
LW: 7		average 2:13.16
15	Jade AVANCE	JR 2:08.83 3/1 G-MAC
30	Hope SIEVERT	JR 2:10.47 2/14 GVSU Big I
	Emilie LEMON	JR 2:16.24 2/8 Jud Logan Ligh
	Madilyn ELSON	SO 2:17.10 1/18 Jud Logan Merr

24	Mile	20:12.13
LW: 24		average 5:03.03
29	Lily DOWDELL	SR 4:49.82 3/1 G-MAC
86	Emilie LEMON	JR 4:57.39 3/1 G-MAC
	Hope SIEVERT	JR 5:06.71 1/25 Ashland Invitati
	Amandine BINET	SO 5:18.21 2/22 Ashland Last Cf

57	3000 Meters	42:05.48
LW: 57		average 10:31.37
26	Lily DOWDELL	SR 9:36.03 2/22 Ashland Last Cf
	Molly COLEMAN	SO 10:39.47 2/8 Jud Logan Ligh
	Lauren BERO	SO 10:41.01 2/8 Jud Logan Ligh
	Elisabeth WILLETT	SO 11:08.97 1/25 Ashland Invitati

27	5000 Meters	1:12:07
LW: 27		average 18:01.67
8	Lily DOWDELL	SR 16:27.78 2/14 GVSU Big I
	Molly COLEMAN	SO 18:19.03 3/1 G-MAC
	Lauren BERO	SO 18:27.23 12/7 Saginaw Valley
	Emma WISE	FR 18:52.64 3/1 G-MAC

10	High Jump		6.49m	21-3½
LW: 10			average 1.62m	5-3¾
23	Abby WHEELER	JR 1.70m	5-7	3/1 G-MAC
97	Kara FIELDS	SO 1.62m	5-3¾	3/1 G-MAC
	Abigail HARTZLER	SO 1.61m	5-3¾	12/7 Saginaw Valley
	Hailey MALOON	SR 1.56m	5-1¼	12/7 Saginaw Valley

9	Pole Vault		14.49m	47-6½
LW: 9			average 3.62m	11-10½
19	Sarah MASUOKA	SR 3.95m	12-11½	1/25 Ashland Invitati
41	Allie DUNLAP	SO 3.75m	12-3½	1/18 Jud Logan Merr
	Mckayla WYMER	SO 3.45m	11-3¾	1/18 Jud Logan Merr
	Lily TESSMER	SO 3.34m	10-11½	2/15 Doug Raymond

15	Long Jump		22.15m	72-8
LW: 15			average 5.54m	18-2
32	Hailey RIOS	SO 5.83m	19-1½	2/1 Midwest Classic
97	Aniya SEWARD	SR 5.60m	18-4½	3/1 G-MAC
	Alaina HELLER	FR 5.41m	17-9	3/1 G-MAC
	Sidney SHEPPERT	SO 5.31m	17-5¼	2/22 Ashland Last Cl

16	Triple Jump		44.11m	144-9
LW: 16			average 11.03m	36-2¼
19	Aniya SEWARD	SR 12.06m	39-6¾	3/1 G-MAC
	Sidney SHEPPERT	SO 11.25m	36-11	1/25 Ashland Invitat
	Allison MEIXNER	SO 10.63m	34-10½	3/1 G-MAC
	Olyvia STOOT	FR 10.17m	33-4½	2/22 Ashland Last Cl

3	Shot Put		56.62m	185-9
LW: 3			average 14.16m	46-5¼
6	Molly WINNER	SO	15.24m	50-0 3/1 G-MAC
20	Kelsey KINSLEY	SR	14.31m	46-11½ 3/1 G-MAC
39	Kennedy FLORES	JR	13.60m	44-7½ 3/1 G-MAC
49	Jennifer PATRICK	FR	13.47m	44-2½ 2/22 Ashland Last Cl

1	Weight Throw		74.06m	243-0
LW: 1			average 18.52m	60-9
1	Molly WINNER	SO 20.36m	66-9¾	3/1 G-MAC
3	Leslie POLLOCK	SO 19.74m	64-9¼	2/1 Midwest Classic
42	Kennedy FLORES	JR 17.21m	56-5¾	3/1 G-MAC
68	Kaylyn BARNETTE	SR 16.75m	54-11½	2/21 GVSU Tune-Up



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Ashland — Women

as of 3/10/25 4:24 PM CT

11	Pentathlon	11,195
LW: 11		average 2,799
25	Kara FIELDS	SO 3,539 OT 3/1 G-MAC
	Josalyn PATTERSON	SO 2,759 OT 12/7 Saginaw Valley
	Olivia LAZARUS	SO 2,629 OT 3/1 G-MAC
	Joyce STALLARD	FR 2,268 OT 2/8 Jud Logan Ligh



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Assumption — Women

as of 3/10/25 4:24 PM CT

91	60 Meters	32.09
LW: 91		average 8.02
	Athena COMEAU	SR 7.86 2/23 Northeast-10
	Camille LOPEZ	SR 7.99 12/7 the TRACK at ne
	Katrina SULLIVAN	JR 8.04 12/7 the TRACK at ne
	Alyson SIMPSON	SR 8.20 12/7 the TRACK at ne

83	200 Meters	1:44.66
LW: 83		average 26.16
	Athena COMEAU	SR 25.58 2/15 David Hemery v
	Camille LOPEZ	SR 25.73 2/23 Northeast-10
	Jada MCCOWN	SO 26.19c (26.59f) 1/11 William Sutherl
	Alyson SIMPSON	SR 27.16 2/15 David Hemery v

71	400 Meters	4:00.32
LW: 71		average 1:00.08
	Camille LOPEZ	SR 58.14 2/23 Northeast-10
	Alyson SIMPSON	SR 59.98 2/1 John Thomas T
	Jada MCCOWN	SO 1:00.58c (1:01.38f) 1/18 URI Invitational
	Reagan DAVIS	FR 1:01.62 2/23 Northeast-10

119	800 Meters	10:06.58
LW: 119		average 2:31.64
	Rose CONNOLLY	JR 2:27.29c (2:28.98f) 2/15 Tufts Stampede
	Michaela NAMIOTKA	JR 2:27.85 2/1 John Thomas T
	Anna ROMANO	FR 2:30.37c (2:32.10f) 2/8 URI Coaches Inv
	Camryn SPRAGUE	FR 2:41.07 2/1 John Thomas T

130	Mile	22:56.17
LW: 129 1		average 5:44.04
	Rose CONNOLLY	JR 5:21.03 2/23 Northeast-10
	Michaela NAMIOTKA	JR 5:48.38c (5:51.82f) 1/11 William Sutherl
	Camryn SPRAGUE	FR 5:53.03c (5:56.52f) 2/15 Tufts Stampede
	Grace REILLY	FR 5:53.73c (5:57.23f) 2/15 Tufts Stampede

124	3000 Meters	48:26.23
LW: 124		average 12:06.56
	Rose CONNOLLY	JR 11:14.25 (11:20.03f) 1/25 Southern Maine
	Camryn SPRAGUE	FR 11:41.60 (11:47.61f) 1/18 URI Invitational
	Tatiana CHAPLIN	FR 12:10.41 (12:16.67f) 2/8 URI Coaches Inv
	Meredith MEDINA	SR 13:19.97 (13:26.82f) 2/8 URI Coaches Inv

104	Long Jump		18.82m	61-9
LW: 103 ▼ 1			average 4.70m	15-5¼
	Malina BOHLMANN	FR 4.76m	15-7½	12/7 the TRACK at ne
	Emily MORAN	SR 4.76m	15-7½	1/11 William Sutherl
	Christina BARRETT	SO 4.67m	15-4	2/23 Northeast-10
	Allie BARTON	SO 4.63m	15-2¼	1/18 URI Invitational

36	Triple Jump		39.53m	129-8
LW: 36			average 9.88m	32-5¼
	Katrina SULLIVAN	JR 10.48m	34-4¾	2/15 Tufts Stampede
	Emily MORAN	SR 9.81m	32-2¼	1/18 URI Invitational
	Makayla SANDERS	FR 9.74m	31-11½	1/11 William Sutherland
	Norah SANTOS	FR 9.50m	31-2	1/11 William Sutherland



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Augustana (S.D.) — Women

as of 3/10/25 4:24 PM CT

39	60 Meters	31.25
LW: 39		average 7.81
54	Lily JUHNKE	JR 7.58 2/7 Ted Nelson Clas
	Kylee SALLEE	SR 7.86 2/7 Ted Nelson Clas
	Jennifer NOUTSOUGAN	SO 7.88 2/21 SDSU Last Char
	Ellen MERKLEY	FR 7.93 12/7 SDSU Holiday

21	60 Meter Hurdles	36.49
LW: 21		average 9.12
89	Maria PEDROSO	SR 8.91 3/1 NSIC
	Kylee SALLEE	SR 9.07 2/1 Mark Schuck Op
	Baylee VAN ZEE	JR 9.20 3/1 NSIC
	Ashton MASSEY	FR 9.31 2/1 Mark Schuck Op

36	200 Meters	1:41.10
LW: 36		average 25.28
34	Nyanas KUR	SR 24.23 OT 2/1 SDSU D2/NAIA C
	Lily JUHNKE	JR 25.20 OT 2/15 SDSU Indoor Cl
	Jennifer NOUTSOUGAN	SO 25.79 OT 2/21 SDSU Last Char
	Caitlin OSTBYE	FR 25.88c (26.28f) 2/7 Ted Nelson Clas

17	400 Meters	3:47.81
LW: 17		average 56.95
30	Nyanas KUR	SR 55.22 OT 2/15 SDSU Indoor Cl
69	Maia PETERSON	SR 56.18c (56.93f) 3/1 NSIC
	Ella HEINITZ	SR 57.08c (57.83f) 3/1 NSIC
	Jayda BECKER	SR 59.33 OT 2/15 SDSU Indoor Cl

30	800 Meters	9:11.03
LW: 30		average 2:17.76
57	Caroline SUDBECK	SR 2:13.71c (2:15.25f) 3/1 NSIC
	Sydnee SERCK	SO 2:16.56 2/15 SDSU Indoor Cl
	Tenley NELSON	SO 2:18.26 2/1 SDSU D2/NAIA C
	Ashton MASSEY	FR 2:22.50c (2:24.14f) 2/1 Mark Schuck Op

23	Mile	20:09.03
LW: 23		average 5:02.26
83	Ella BAKKEN	SR 4:57.11 2/15 SDSU Indoor Cl
	Lindsey YOUNG	JR 5:02.01c (5:05.00f) 3/1 NSIC
	Tenley NELSON	SO 5:02.50 2/15 SDSU Indoor Cl
	Ramsey KARIM	FR 5:07.41c (5:10.45f) 2/7 Ted Nelson Clas

28	3000 Meters	40:36.48
LW: 28		average 10:09.12
39	Ella BAKKEN	SR 9:43.52c (9:48.53f) 3/1 NSIC
	Ally SAMPLE	FR 10:08.61 (10:13.83f) 3/1 NSIC
	Taylor MELTON	SR 10:17.68 (10:22.97f) 3/1 NSIC
	Lindsey YOUNG	JR 10:26.67 2/15 SDSU Indoor Cl

9	High Jump	6.51m	21-4¼
LW: 9		average 1.63m	5-4
15	Bryn GREENWALDT	JR 1.73m	5-8 2/1 SDSU D2/NAIA C
89	Maria PEDROSO	SR 1.63m	5-4¼ 12/7 SDSU Holiday
97	Kylee SALLEE	SR 1.62m	5-3¾ 3/1 NSIC
	Clara BINSTOCK	FR 1.53m	5-¼ 2/15 SDSU Indoor Cl

16	Long Jump		22.14m	72-7¾
LW: 16			average 5.54m	18-2
28	Kylee SALLEE	SR 5.84m	19-2	2/7 Ted Nelson Clas
	Jayda BECKER	SR 5.51m	18-1	2/7 Ted Nelson Clas
	Maria PEDROSO	SR 5.47m	17-11½	3/1 NSIC
	Ellen MERKLEY	FR 5.32m	17-5½	12/7 SDSU Holiday

26	Triple Jump		42.90m	140-9
LW: 26			average 10.73m	35-2¼
	Mackenzie HEMMER	JR 10.96m	35-11½	2/1 SDSU D2/NAIA C
	Nyamal CHANGESON	FR 10.73m	35-2½	1/25 Emmerich Inv
	Ashton MASSEY	FR 10.63m	34-10½	1/25 Emmerich Inv
	Lexi OLDERBAK	SO 10.58m	34-8½	3/1 NSIC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Azusa Pacific — Women

as of 3/10/25 4:24 PM CT

58	60 Meters	31.46
LW: 58		average 7.86
54	Trinity MILLER	SR 7.58c (7.56A) 2/8 UNM Classic
88	Alayna VERNER	SR 7.65c (7.63A) 1/25 Nevada Invitati
	Nevaeh WILLIAMS	SO 7.81c (7.79A) 2/8 UNM Classic
	Jordan DAVENPORT	SO 8.42c (8.40A) 1/25 Nevada Invitati

14	60 Meter Hurdles	36.05
LW: 14		average 9.01
13	Esther CONDE-TURPIN	JR 8.47c (8.47A) 12/7 Silver State Invi
	Sierra NELSON	SO 9.08c (9.08A) 12/7 Silver State Invi
	Luisa FISCHER	SR 9.13c (9.13A) 12/7 Silver State Invi
	Emma HEIN	FR 9.37c (9.37A) 2/8 UNM Classic

32	200 Meters	1:40.57
LW: 32		average 25.14
31	Trinity MILLER	SR 24.16c (24.09A) 2/8 UNM Classic
50	Alayna VERNER	SR 24.44c (24.37A) 12/7 Silver State Invi
	Nevaeh WILLIAMS	SO 25.20c (25.13A) 2/8 UNM Classic
	Jordan DAVENPORT	SO 26.77c (26.70A) 1/25 Nevada Invitati

34	800 Meters	9:13.10
LW: 34		average 2:18.28
3	Olivia ALEXANDRE	SR 2:04.77 (2:04.77A) 2/15 Husky Cl
	Luisa FISCHER	SR 2:22.38c (2:23.03A) 1/25 Nevada Invitati
	Emma HEIN	FR 2:22.71c (2:23.51A) 2/8 UNM Classic
	Esther CONDE-TURPIN	JR 2:23.24c (2:23.89A) 12/7 Silver State Invi

2	High Jump		6.94m	22-9¼
LW: 2			average 1.74m	5-8¼
3	Esther CONDE-TURPIN	JR	1.78mA	5-10 12/7 Silver State Invi
9	Eliana SAUNDERS	SR	1.75m	5-8¾ 2/15 Husky Cl
9	Luisa FISCHER	SR	1.75mA	5-8¾ 12/7 Silver State Invi
60	Ashley HUME	SR	1.66mA	5-5¼ 12/7 Silver State Invi

17	Long Jump		22.08m	72-5¼
LW: 17			average 5.52m	18-1½
45	Esther CONDE-TURPIN	JR	5.76m	18-10¾ 2/7 UNM Classic
50	Luisa FISCHER	SR	5.74m	18-10 1/23 Nevada Invitati
	Ashley HUME	SR	5.29mA	17-4¼ 12/7 Silver State Invi
	Emma HEIN	FR	5.29mA	17-4¼ 12/7 Silver State Invi

4	Shot Put		55.56m	182-4
LW: 4			average 13.89m	45-7
2	Hannah RICHARDSON	SO	15.78mA	51-9¼ 12/7 Silver State Invi
51	Molly OLSON	SR	13.42mA	44-½ 1/25 Nevada Invitati
64	Luisa FISCHER	SR	13.23mA	43-5 12/7 Silver State Invi
71	Esther CONDE-TURPIN	JR	13.13mA	43-1 12/7 Silver State Invi

1	Pentathlon	15,002
LW: 1		average 3,750
1	Esther CONDE-TURPIN	JR 4,258c (4258A) 12/7 Silver State Invi
4	Luisa FISCHER	SR 3,949c (3949A) 12/7 Silver State Invi
24	Emma HEIN	FR 3,548c (3548.00A) 2/8 UNM Classic
59	Ashley HUME	SR 3,247c (3247A) 12/7 Silver State Invi



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Barton — Women

as of 3/10/25 4:24 PM CT

42	60 Meters	31.30
LW: 42		average 7.82
70	Aniya HECKSTALL	JR 7.62 12/7 Visit Winston-Salem
	Keiarra TUTT	JR 7.83 1/18 Dick Taylor Car
	Angel AGYEMAN	FR 7.87 12/7 Visit Winston-Salem
	Erica MCCLARY	SO 7.98 1/26 JDL Flat is Fast
56	200 Meters	1:42.51
LW: 55 ♥ 1		average 25.63
57	Aniya HECKSTALL	JR 24.50c (24.88f) 2/24 Conference Car
	Keiarra TUTT	JR 25.30c (25.69f) 2/24 Conference Car
	Erica MCCLARY	SO 26.18 2/9 Rogers Inv
	Evet JONES	FR 26.53c (26.94f) 1/26 JDL Flat is Fast
126	400 Meters	4:17.65
LW: 124 ♥ 2		average 1:04.41
	Keiarra TUTT	JR 1:00.30c (1:01.10f) 1/26 JDL Flat is Fast
	Evet JONES	FR 1:02.89c (1:03.72f) 12/7 Visit Winston-Salem
	Aniya HECKSTALL	JR 1:06.11c (1:06.980f) 12/7 Visit Winston-Salem
	Erica HARRELL	FR 1:08.35c (1:09.25f) 12/7 Visit Winston-Salem



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Belmont Abbey — Women

as of 3/10/25 4:24 PM CT

147	60 Meters	33.40
LW: 147		average 8.35
Jasmine BANKS	FR 7.92	12/7 Visit Winston-Salem
Ella FEEHAN	FR 8.30	2/13 JDL Fast Track
Olivia WHITE	SR 8.56	1/18 Mondo College
Mia WILLIAMS	SO 8.62	2/7 Camel City Invit

35	60 Meter Hurdles	37.05
LW: 35		average 9.26
58 Isabelle FLORES	SR 8.80	2/24 Conference Car
Alexandra THOMAS	SO 9.09	2/24 Conference Car
Ella FEEHAN	FR 9.48	2/1 Carolina Challe
Haley KELLS	SR 9.68	2/24 Conference Car

107	200 Meters	1:45.72
LW: 107		average 26.43
Isabelle FLORES	SR 24.91c	(25.29f) 2/7 Camel City Invit
Jasmine BANKS	FR 26.61c	(27.02f) 1/18 Mondo College
Alexandra THOMAS	SO 27.05c	(27.47f) 2/7 Camel City Invit
Ella FEEHAN	FR 27.15c	(27.57f) 2/7 Camel City Invit

128	400 Meters	4:20.06
LW: 126▼ 2		average 1:05.02
Isabelle FLORES	SR 56.70c	(57.45f) 2/24 Conference Car
Tori THOMPSON	JR 1:03.26c	(1:04.10f) 2/13 JDL Fast Track
Caitlin KEGHLIAN	SR 1:09.99c	(1:10.92f) 1/18 Mondo College
Alexis MOORE	FR 1:10.11c	(1:11.04f) 1/18 Mondo College

101	800 Meters	9:55.36
LW: 101		average 2:28.84
Mia ZUNIGA	SR 2:21.45c	(2:23.08f) 2/13 JDL Fast Track
Annika DEVEAU	JR 2:28.26c	(2:29.97f) 2/24 Conference Car
Tori THOMPSON	JR 2:30.43c	(2:32.16f) 2/24 Conference Car
Miranda WILKERSON	FR 2:35.22c	(2:37.01f) 2/13 JDL Fast Track

124	Mile	22:44.89
LW: 123▼ 1		average 5:41.22
Elizabeth YOUNG	FR 5:30.82c	(5:34.09f) 2/24 Conference Car
Mia ZUNIGA	SR 5:31.32c	(5:34.59f) 2/13 JDL Fast Track
Annika DEVEAU	JR 5:45.25c	(5:48.66f) 2/8 Camel City Invit
Francesca DINAPOLI	SR 5:57.50c	(6:01.03f) 2/13 JDL Fast Track

48	High Jump	6.06m	19-10½
LW: 48		average 1.52m	4-11½
Angely SOTO	FR 1.54m	5-½ 12/7	Visit Winston-Salem
Haley KELLS	SR 1.53m	5-¼ 2/24	Conference Car
Fina MOCHI	SO 1.50m	4-11 2/24	Conference Car
Ann THIERFELDER	JR 1.49m	4-10½ 2/1	Bast-Cregger In

84	Long Jump	20.00m	65-7½
LW: 83 ▼ 1		average 5.00m	16-5
Ella FEEHAN	FR 5.41m	17-9	2/1 Carolina Challe
Haley KELLS	SR 5.21m	17-1¼	2/24 Conference Car
Olivia WHITE	SR 4.79m	15-8¾	2/1 Bast-Cregger In
Jasmine BANKS	FR 4.59m	15-¾	2/1 Carolina Challe

112	Shot Put	36.22m	118-10
LW: 112		average 9.06m	29-8½
Elizabeth WOODRUFF	JR 10.11m	33-2	2/8 Camel City Invit
Haley KELLS	SR 9.99m	32-9½	2/24 Conference Car
Angely SOTO	FR 8.56m	28-1	2/1 Bast-Cregger In
Fina MOCHI	SO 7.56m	24-9¾	2/24 Conference Car

18	Pentathlon	10,301
LW: 18		average 2,575
Haley KELLS	SR 2,990	2/24 Conference Car
Angely SOTO	FR 2,597	2/1 Bast-Cregger In
Mia WILLIAMS	SO 2,472	2/24 Conference Car
Fina MOCHI	SO 2,242	2/24 Conference Car



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Bemidji State — Women

as of 3/10/25 4:24 PM CT

86	60 Meters	32.02
LW: 86		average 8.00
	Karina OLSON	SO 7.82 12/14 Dakota Alumni
	Mille ROSAEG	SO 7.88 12/7 Battle for the Po
	Olivia OLSON	SR 8.03 12/14 Dakota Alumni
	Reese TURNER	FR 8.29 2/21 North Dakota Ir

81	60 Meter Hurdles	39.85
LW: 81		average 9.96
58	Karina OLSON	SO 8.80 12/14 Dakota Alumni
	Mille ROSAEG	SO 9.09 2/21 North Dakota Ir
	Reese TURNER	FR 10.21 12/14 Dakota Alumni
	Gabrielle WILSON	SO 11.75 12/7 Battle for the Po

179	200 Meters	1:54.93
LW: 178 ▼ 1		average 28.73
	Kylie MORTON	FR 27.10 OT 2/21 North Dakota Ir
	Reese TURNER	FR 27.13 OT 2/21 North Dakota Ir
	Jayden WODARZ	FR 28.59 OT 2/21 North Dakota Ir
	Gabrielle WILSON	SO 32.11 OT 2/21 North Dakota Ir

125	400 Meters	4:17.16
LW: 123 ▼ 2		average 1:04.29
	Josie AITKEN	JR 1:01.78c (1:02.60f) 2/8 NDSU Bison Op
	Kylie MORTON	FR 1:03.66 2/15 SDSU Indoor Cl
	Makenna FRAZIER	SO 1:04.93c (1:05.79f) 1/31 CSB/SJU vs St. C
	Hailey SELLY	FR 1:06.79c (1:07.68f) 12/14 Dakota Alumni

84	Mile	21:33.63
LW: 83 ▼ 1		average 5:23.41
	Maggie MCCARTHY	JR 5:15.37c (5:18.49f) 2/8 NDSU Bison Op
	Sophie RYLANCE	FR 5:16.40c (5:19.53f) 1/18 Twin Ports Invit
	Carol MILLER	SR 5:21.14 2/15 SDSU Indoor Cl
	Carmen LYON	SO 5:40.72c (5:44.09f) 2/8 NDSU Bison Op

26	Shot Put		48.69m	159-9
LW: 26			average 12.17m	39-11¼
50	Mikenna PATTRIN	SR	13.46m	44-2 2/8 NDSU Bison Op
	Zayda PRIEBE	JR	12.53m	41-1½ 2/21 North Dakota Ir
	Trista BILDEN	FR	12.07m	39-7¼ 1/25 Cobber Open
	Mille ROSAEG	SO	10.63m	34-10½ 12/14 Dakota Alumni

37	Weight Throw		56.90m	186-8
LW: 37			average 14.23m	46-8
77	Mikenna PATTRIN	SR 16.42m	53-10½	3/1 NSIC
	Maya WAGNER	FR 15.16m	49-9	3/1 NSIC
	Cassidy SCHMIDT	JR 12.92m	42-4¾	12/7 Battle for the Po
	Elle BETTCHER	FR 12.40m	40-8¾	1/18 Twin Ports Invit



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Benedict — Women

as of 3/10/25 4:24 PM CT

92	60 Meters	32.09	
LW: 92		average 8.02	
	Shantel WILLIAMS	SR 7.75	2/21 SIAC Indoor Chc
	Xaria BASCOMBE	JR 7.82	2/21 SIAC Indoor Chc
	Kiara SCOTT	SO 8.23	2/21 SIAC Indoor Chc
	Joslynn MOULTRIE	FR 8.29	2/21 SIAC Indoor Chc
84	60 Meter Hurdles	40.49	
LW: 84		average 10.12	
70	Santiona FREEMAN	SR 8.85	2/21 SIAC Indoor Chc
	Anaiya HOUSEAL	FR 9.59	2/21 SIAC Indoor Chc
	Bre'Ashia LESTER	FR 11.02	2/21 SIAC Indoor Chc
	Adrienne DANIELS	JR 11.03	2/21 SIAC Indoor Chc
64	High Jump	5.88m	19-3½
LW: 64		average 1.47m	4-9¾
	Anaiya HOUSEAL	FR 1.60m	5-3 2/21 SIAC Indoor Chc
	Desire' YOUNG	SO 1.55m	5-1 2/21 SIAC Indoor Chc
	Karma MOULTRIE	FR 1.55m	5-1 2/21 SIAC Indoor Chc
	Adrienne DANIELS	JR 1.18m	3-10½ 2/21 SIAC Indoor Chc
88	Long Jump	19.92m	65-4¼
LW: 87 ▼ 1		average 4.98m	16-4¼
	Santiona FREEMAN	SR 5.06m	16-7¼ 2/1 Carolina Challe
	Jada DAVID	SR 5.02m	16-5¾ 2/21 SIAC Indoor Chc
	Joslynn MOULTRIE	FR 4.95m	16-3 2/21 SIAC Indoor Chc
	Kiara SCOTT	SO 4.89m	16-½ 2/21 SIAC Indoor Chc
57	Shot Put	44.91m	147-4
LW: 58 ▲ 1		average 11.23m	36-10
	Yassmine CHAMBERS	JR 12.71m	41-8½ 3/8 HBCU National
	Daneika WILLIAMSON	JR 11.80m	38-8¾ 2/21 SIAC Indoor Chc
	Paris STANTON	SR 10.98m	36-¼ 2/21 SIAC Indoor Chc
	Isabella MCKINNEY	FR 9.42m	30-11 2/21 SIAC Indoor Chc
69	Weight Throw	48.85m	160-3
LW: 69		average 12.21m	40-1
	Yassmine CHAMBERS	JR 14.11m	46-3½ 3/8 HBCU National
	Paris STANTON	SR 13.04m	42-9½ 2/21 SIAC Indoor Chc
	Daneika WILLIAMSON	JR 11.94m	39-2¼ 2/21 SIAC Indoor Chc
	Isabella MCKINNEY	FR 9.76m	32-¼ 2/21 SIAC Indoor Chc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Bentley — Women

as of 3/10/25 4:24 PM CT

168	60 Meters	35.03
LW: 168		average 8.76
	Hailian ROWAN	JR 8.26 12/7 the TRACK at ne
	Bridget GLEASON	SR 8.39 2/8 URI Coaches Inv
	Maddie OH	JR 8.99 12/7 the TRACK at ne
	India HAYNESWORTH	SO 9.39 1/25 Riverhawk Invit
182	200 Meters	1:56.68
LW: 181 ▼ 1		average 29.17
	Bridget GLEASON	SR 27.73 2/23 Northeast-10
	India HAYNESWORTH	SO 29.46 2/23 Northeast-10
	Hannah CROTEAU	JR 29.61 12/7 the TRACK at ne
	Maddie OH	JR 29.88 12/7 the TRACK at ne
66	Mile	21:03.59
LW: 66		average 5:15.90
30	Caitlin BURMESTER	SR 4:49.90 3/2 Boston Universi
	Lily TEDFORD	FR 5:04.92 3/2 Boston Universi
	Samantha DORAN	FR 5:31.58c (5:34.86f) 1/18 Reggie Poyau Ir
	Molly CAPECE	SO 5:37.19c (5:40.52f) 1/18 Reggie Poyau Ir
68	3000 Meters	42:27.95
LW: 69 ▲ 1		average 10:36.99
	Caitlin BURMESTER	SR 10:06.38 12/7 the TRACK at ne
	Lily TEDFORD	FR 10:41.93 12/7 the TRACK at ne
	Molly CAPECE	SO 10:47.79 12/7 the TRACK at ne
	Brooke NERI	SR 10:51.85 3/8 New England (N



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Black Hills State — Women

as of 3/10/25 4:24 PM CT

141	200 Meters	1:48.53
LW: 141		average 27.13

	Saraya AFRANK	FR	26.41cu	(27.01uA)	12/7	Birds and Bees
	Alessandra BROUSSARD	FR	26.82cu	(27.43uA)	12/7	Birds and Bees
	Gracie WILTS	FR	27.17cu	(27.79uA)	12/7	Birds and Bees
	Alivia WEATHERS	JR	28.13cu	(28.78uA)	12/7	Birds and Bees

37	800 Meters	9:13.87
LW: 37		average 2:18.47

89	Kendall TIETJEN	JR	2:15.22c	(2:16.09A)	2/1	CU Invitational
	Katelyn KRIEGER	SO	2:18.41c	(2:21.10uA)	2/22	Eagle Last Char
	Norah ENTZI	SO	2:19.68c	(2:22.39uA)	2/22	Eagle Last Char
	Jillian BRENNAN	SR	2:20.56		2/15	SDSU Indoor Cl

56	Mile	20:51.60
LW: 56		average 5:12.90

	Katelyn KRIEGER	SO	5:06.97c	(5:14.64A)	2/1	CU Invitational
	Sylvia BROWN	SR	5:09.07c	(5:16.42fA)	1/18	Dave Little Alun
	Emma HOFMEISTER	FR	5:16.88		2/15	SDSU Indoor Cl
	Norah ENTZI	SO	5:18.68		2/15	SDSU Indoor Cl

41	3000 Meters	41:20.91
LW: 41		average 10:20.23

	Evie BOYD	JR	10:14.92	(10:32.46A)	2/1	CU Invitational
	Sylvia BROWN	SR	10:18.97	(10:36.62A)	2/1	CU Invitational
	Emma HOFMEISTER	FR	10:21.51	(10:39.23A)	2/1	CU Invitational
	Katelyn KRIEGER	SO	10:25.51		2/15	SDSU Indoor Cl

28	5000 Meters	1:12:08
LW: 28		average 18:02.01

43	Sylvia BROWN	SR	17:05.25		2/15	David Hemery v
	Evie BOYD	JR	17:46.82	18:38.25fA)	3/1	RMAC
	Emma HOFMEISTER	FR	18:15.22		2/15	SDSU Indoor Cl
	Gracie CRAIG	FR	19:00.76	19:27.90fA)	1/18	Dave Little Alun

22	Pole Vault	13.11m	43-0
LW: 22		average 3.28m	10-9

54	Erin WEIBEL	JR	3.68mA	12-¾	3/1	RMAC
	Gretchen ADAMSKI	FR	3.38mA	11-1	3/1	RMAC
	Brekkan LOCKHART	SO	3.25mA	10-8	1/25	Myrle Hanson Y
	Lauryn BENNETT	FR	2.80mA	9-2¼	1/18	Dave Little Alun

76	Long Jump	20.18m	66-2½
LW: 75 ▼ 1		average 5.04m	16-6¾

	Sophie LOUDERBACK	FR	5.28mA	17-4	12/7	Birds and Bees
	Saraya AFRANK	FR	5.16mA	16-11¼	12/7	Birds and Bees
	Alessandra BROUSSARD	FR	4.92mA	16-1¾	1/25	Myrle Hanson Y
	Alivia WEATHERS	JR	4.82mA	15-9¾	3/1	RMAC

39	Shot Put	47.13m	154-8
LW: 39		average 11.78m	38-8

	Isabell HIGGINS	FR	12.35mA	40-6¼	1/25	Myrle Hanson Y
	Christianna WALL	JR	12.07mA	39-7¼	1/25	Myrle Hanson Y
	Cassidy GODDARD	FR	11.61mA	38-1¼	1/25	Myrle Hanson Y
	KyleeJo SYMONDS	SO	11.10mA	36-5	2/22	Eagle Last Char

35	Weight Throw	57.01m	187-1
LW: 35		average 14.25m	46-9¼

77	Isabell HIGGINS	FR	16.42mA	53-10½	2/22	Eagle Last Char
	Christianna WALL	JR	14.25m	46-9	2/15	SDSU Indoor Cl
	Cassidy GODDARD	FR	13.40mA	43-11¾	2/22	Eagle Last Char
	Elissa KIPP	FR	12.94mA	42-5½	1/25	Myrle Hanson Y



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Bloomsburg — Women

as of 3/10/25 4:24 PM CT

136	60 Meters	33.08
LW: 136		average 8.27
Aria MESSNER	FR 8.17	2/14 YSU Last Chanc
Anika KRASNAI	SO 8.22	2/14 YSU Last Chanc
Abby PARISE	FR 8.34	2/14 YSU Last Chanc
Emma KAY	JR 8.35	12/7 Bison Opener

63	60 Meter Hurdles	38.47
LW: 63		average 9.62
Abby PARISE	FR 9.13	2/21 Bucknell Tune-l
Madeline IKELER	SO 9.24	12/7 Bison Opener
Lindsey PELAEZ	FR 9.85	2/8 Utica Blue and
Cameron HOOVER	SO 10.25	12/7 Bison Opener

139	200 Meters	1:48.28
LW: 139		average 27.07
Anika KRASNAI	SO 26.33c	(26.73f) 2/21 Bucknell Tune-l
Abby PARISE	FR 26.81c	(27.22f) 1/25 Gulden Invitatic
Aria MESSNER	FR 27.34c	(27.76f) 2/1 Bison Open & M
Madeline IKELER	SO 27.80c	(28.23f) 1/25 Gulden Invitatic

108	400 Meters	4:10.07
LW: 108		average 1:02.52
Natalya HEARD	SR 59.67 OT	2/14 YSU Last Chanc
Liberty GEARINGER	SO 1:01.22c	(1:02.03f) 12/7 Bison Opener
Megan GAMBOGI	SR 1:02.55	2/14 YSU Last Chanc
Kelsie ROBINSON	JR 1:06.63c	(1:07.51f) 1/18 Susquehanna R

74	800 Meters	9:39.16
LW: 74		average 2:24.79
Sydney WERNER	SO 2:23.22	2/14 YSU Last Chanc
Meah ESHELMAN	SO 2:23.68c	(2:25.33f) 2/21 Bucknell Tune-l
Ashlyn ALBRIGHT	SO 2:24.72c	(2:26.38f) 2/21 Bucknell Tune-l
Megan GAMBOGI	SR 2:27.54c	(2:29.24f) 12/13 Susquehanna E

69	Mile	21:05.31
LW: 69		average 5:16.33
Sydney WERNER	SO 5:08.50c	(5:11.55f) 3/2 PSAC
Alyssa CUNNINGHAM	SO 5:15.85	2/14 YSU Last Chanc
Jaime DIEDEL	SR 5:18.26	2/7 Fastrack Nator
Amanda KELLY	JR 5:22.70	2/7 Fastrack Nator

46	3000 Meters	41:40.74
LW: 46		average 10:25.19
Alyssa CUNNINGHAM	SO 10:13.96	(10:19.22f) 3/2 PSAC
Amanda KELLY	JR 10:18.08	(10:23.37f) 3/2 PSAC
Josephine REED	FR 10:25.37	(10:30.73f) 2/1 Bison Open & M
Jaime DIEDEL	SR 10:43.33	2/14 YSU Last Chanc

65	High Jump	5.81m	19-¾
LW: 65		average 1.45m	4-9¼
Aria MESSNER	FR 1.53m	5-¼	1/18 Susquehanna R
Isabella HORVATH	SR 1.43m	4-8¼	1/18 Susquehanna R
Victoria WAGNER	SO 1.43m	4-8¼	12/13 Susquehanna E
Paige CASTERLINE	SO 1.42m	4-7¾	2/21 Bucknell Tune-l

25	Long Jump	21.80m	71-6¼
LW: 25		average 5.45m	17-10¾
Aria MESSNER	FR 5.59m	18-4¼	1/18 Susquehanna R
Abby PARISE	FR 5.47m	17-11½	12/13 Susquehanna E
Devin HUBLER	JR 5.41m	17-9	3/2 PSAC
Lorelei EBERLY	JR 5.33m	17-6	12/13 Susquehanna E

60	Shot Put	44.36m	145-7
LW: 60		average 11.09m	36-4¾
Becca MARTIN	SR 12.58m	41-3¼	2/14 YSU Last Chanc
Julia BECCARI	FR 11.80m	38-8¾	2/1 Bison Open & M
Mikaela SULLIVAN	FR 11.30m	37-1	2/14 YSU Last Chanc
Raquelle RIGGINS	FR 8.68m	28-5¾	2/1 Bison Open & M

55	Weight Throw	53.52m	175-7
LW: 55		average 13.38m	43-10¾
Briannan ECKARD	SR 14.03m	46-½	2/1 Bison Open & M
Julia BECCARI	FR 13.76m	45-1¾	2/14 YSU Last Chanc
Grace LIPPINCOTT	SO 13.22m	43-4½	2/14 YSU Last Chanc
Mikaela SULLIVAN	FR 12.51m	41-½	2/14 YSU Last Chanc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Bowie State — Women

as of 3/10/25 4:24 PM CT

145	60 Meters	33.35
LW: 145		average 8.34
	Ashley AYUKEGBA	SO 8.09 1/11 VMI Team Chall
	Anijah MEDLEY	SO 8.21 2/17 CIAA
	Ashley LOFTON	FR 8.23 12/6 Fastrack Metro
	Angelica EMORY	SO 8.82 12/6 Fastrack Metro
138	200 Meters	1:48.26
LW: 138		average 27.06
	Ashley AYUKEGBA	SO 26.09 12/6 Fastrack Metro
	Ashley LOFTON	FR 27.00 12/6 Fastrack Metro
	Anijah MEDLEY	SO 27.09 12/6 Fastrack Metro
	Catherine ENWEREJI	JR 28.08 1/11 VMI Team Chall
110	800 Meters	10:00.82
LW: 110		average 2:30.20
	Emetem BEZEUH	JR 2:26.82c (2:28.51f) 2/17 CIAA
	Mylah FAULK	SO 2:27.04 1/18 HBCU Showcas
	Fisayo SULE	FR 2:31.59c (2:33.33f) 2/17 CIAA
	Tamera-Lee RODRIQUES	FR 2:35.37 12/6 Fastrack Metro
109	Long Jump	18.49m 60-8
LW: 108▼1		average 4.62m 15-2
	Shakila CAMPBELL	JR 4.98m 16-4¼ 1/11 VMI Team Chall
	Anijah MEDLEY	SO 4.86m 15-11½ 1/24 Widener Winter.
	Angelica EMORY	SO 4.42m 14-6 12/6 Fastrack Metro
	Zaniya GAVINS	SO 4.23m 13-10½ 1/31 Marlin Invitatio
32	Triple Jump	41.65m 136-8
LW: 32		average 10.41m 34-2
	Anijah MEDLEY	SO 10.92m 35-10 2/17 CIAA
	Shakila CAMPBELL	JR 10.66m 34-11¾ 12/6 Fastrack Metro
	Zaniya GAVINS	SO 10.61m 34-9¾ 1/11 VMI Team Chall
	Layla HUSBANDS	SO 9.46m 31-½ 12/6 Fastrack Metro



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Bridgeport — Women

as of 3/10/25 4:24 PM CT

160 60 Meters **34.19**
LW: 160 *average 8.55*

Kara SAMPATH	SR	8.40	12/6 Fastrack Metro
Kesiri GONZALES	SO	8.44	12/14 The Art Kadish I
Abety KIVAGHENI	FR	8.65	2/28 Fastrack Last C
Ricki VOGUES	FR	8.70	1/17 NYC Gotham Cu

168 200 Meters **1:52.91**
LW: 167♥ 1 *average 28.23*

Kara SAMPATH	SR	27.09	12/6 Fastrack Metro
Kesiri GONZALES	SO	27.79c	(28.22f) 12/14 The Art Kadish I
Abety KIVAGHENI	FR	28.61	2/28 Fastrack Last C
Ricki VOGUES	FR	29.42c	(29.87f) 12/14 The Art Kadish I



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Cal Poly Humboldt — Women

as of 3/10/25 4:24 PM CT

110 200 Meters 1:45.79

LW: 110

average 26.45

Brielle JIMERSON	FR	26.14	2/8 Riverfront Invitc
Mia ROBERTS	SO	26.23 OT	2/14 GVSU Big I
Cocome MCKAMEY	SO	26.51 OT	2/15 GVSU Big II
Ginny BROOKS	SO	26.91c (26.84A)	12/7 Silver State Invi

105 400 Meters 4:08.65

LW: 105

average 1:02.16

Brielle JIMERSON	FR	59.46 OT	2/14 GVSU Big I
Cocome MCKAMEY	SO	59.71	2/8 Riverfront Invitc
Mia ROBERTS	SO	1:02.77	2/8 Riverfront Invitc
Tully LEONARD	FR	1:06.71	2/8 Riverfront Invitc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Cal Poly Pomona — Women

as of 3/10/25 4:24 PM CT

57	60 Meters	31.45
LW: 57		average 7.86

	Ta'Ahhjah FANN	SO	7.79	2/15	Maverick Premi
	Samira STEVENSON	FR	7.81	2/1	Midwest Classic
	Jessica JAMES	SO	7.90c	(7.88A)	12/7 Silver State Invi
	Trinity MOSEBY	JR	7.95c	(7.93A)	1/25 MLK Inv

38	60 Meter Hurdles	37.41
LW: 38		average 9.35

8	Neshara SMITH	JR	8.45	2/14	Maverick Premi
	Tianna JARDSTROM	JR	9.45	2/14	Maverick Premi
	Amelia ADAMSON	SO	9.68c	(9.68A)	12/7 Silver State Invi
	Sarah LINDENTHAL	SR	9.83c	(9.83A)	12/7 Silver State Invi

59	200 Meters	1:42.72
LW: 58 ▼ 1		average 25.68

	Jessica JAMES	SO	25.04c	(24.97A)	1/25 MLK Inv
	Samira STEVENSON	FR	25.16c	(25.55f)	2/14 Maverick Premi
	Tianna JARDSTROM	JR	25.99c	(25.92A)	12/7 Silver State Invi
	Trinity MOSEBY	JR	26.53	2/1	Midwest Classic

40	400 Meters	3:54.26
LW: 40		average 58.56

74	Jessica JAMES	SO	56.24c	(56.98f)	2/14 Maverick Premi
	Tianna JARDSTROM	JR	57.40c	(58.17f)	2/14 Maverick Premi
	Jordan GARCIA	SO	1:00.09c	(1:00.88f)	2/14 Maverick Premi
	Keneyia HALL	FR	1:00.53	2/1	Midwest Classic

143	800 Meters	10:26.13
LW: 143		average 2:36.53

39	Arisa HATCHER	JR	2:11.24c	(2:12.75f)	2/14 Maverick Premi
	Galilea JIMENEZ	SO	2:23.27c	(2:24.07A)	1/25 MLK Inv
	Amelia ADAMSON	SO	2:47.01c	(2:47.77A)	12/7 Silver State Invi
	Neshara SMITH	JR	3:04.61c	(3:05.45A)	12/7 Silver State Invi

33	3000 Meters	40:57.71
LW: 33		average 10:14.43

76	Vivian MARTINEZ	JR	9:55.79c	(10:00.89f)	2/14 Maverick Premi
	Jade KINGSTON	FR	10:06.86	2/1	Midwest Classic
	Miranda PALACIOS	FR	10:26.48	2/1	Midwest Classic
	Galilea JIMENEZ	SO	10:28.58	2/1	Midwest Classic

26	High Jump	6.30m	20-8
LW: 26		average 1.58m	5-2

	Sarah LINDENTHAL	SR	1.60mA	5-3	1/25 MLK Inv
	Neshara SMITH	JR	1.60mA	5-3	12/7 Silver State Invi
	Aaliyah MENDOZA	SO	1.60mA	5-3	12/7 Silver State Invi
	Katie SHADRICK	FR	1.50mA	4-11	1/25 MLK Inv

9	Long Jump	22.40m	73-6
LW: 9		average 5.60m	18-4½

17	Neshara SMITH	JR	5.95m	19-6¼	2/15 Maverick Premi
	Nyah PAULDING	SR	5.55m	18-2½	2/14 Maverick Premi
	Megan CARRIGAN	FR	5.55m	18-2½	2/15 Maverick Premi
	Natalie LIN	SR	5.35m	17-6¾	2/14 Maverick Premi

23	Triple Jump	43.43m	142-6
LW: 23		average 10.86m	35-7½

	Nyah PAULDING	SR	11.25m	36-11	2/14 Maverick Premi
	Natalie LIN	SR	11.20m	36-9	2/14 Maverick Premi
	Megan CARRIGAN	FR	10.56mA	34-7¾	12/7 Silver State Invi
	Ehinomen EGHOBOR	FR	10.42mA	34-2¼	12/7 Silver State Invi

66	Shot Put	43.24m	141-11
LW: 66		average 10.81m	35-5¾

	Mi'ah MOLETTE	SO	12.50m	41-¼	2/15 Maverick Premi
	Neshara SMITH	JR	11.42mA	37-5¾	12/7 Silver State Invi
	Devin JACKSON	FR	10.80m	35-5¼	2/14 Maverick Premi
	Amelia ADAMSON	SO	8.52mA	27-11½	12/7 Silver State Invi



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Cal State Dominguez Hills — Women

as of 3/10/25 4:24 PM CT

94	60 Meters	32.14
LW: 94		average 8.04
Alyssa MEEKS	JR 7.91	1/18 Richard Alsup C
Leloni ERVIN	JR 7.94 (0.0)	1/25 CMS Outdoor-In
Teloni ERVIN	JR 8.14	2/7 UAB Vulcan Invi
Raisa MILLER	FR 8.15 (0.0)	1/25 CMS Outdoor-In
107	200 Meters	1:45.72
LW: 107		average 26.43
Alyssa MEEKS	JR 25.83	2/7 UAB Vulcan Invi
Leloni ERVIN	JR 26.31 (0.0)	1/25 CMS Outdoor-In
Raisa MILLER	FR 26.52 OT	1/18 Richard Alsup C
Teloni ERVIN	JR 27.06 OT	1/18 Richard Alsup C
109	400 Meters	4:10.35
LW: 109		average 1:02.59
Leloni ERVIN	JR 1:01.93	2/7 UAB Vulcan Invi
Alyssa MEEKS	JR 1:02.30	2/8 UAB Green and
Teloni ERVIN	JR 1:02.33	2/8 UAB Green and
Jaida BROWN	FR 1:03.79	2/8 UAB Green and
159	800 Meters	11:20.52
LW: 159		average 2:50.13
Christine DUARTE	SO 2:24.20	2/7 UAB Vulcan Invi
Hanna ESPINOZA	SO 2:34.12	2/7 UAB Vulcan Invi
Addison TOLLIVER	JR 3:07.69	1/18 Richard Alsup C
Jacy CHINCHILLA	FR 3:14.51	1/18 Richard Alsup C



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Cal State LA — Women

as of 3/10/25 4:24 PM CT

115 60 Meters**32.61**

LW: 115

average 8.15

Emmerson WIGGINS	FR	7.96c	(7.92A)	1/10 Friday Night
Ski'lar WALLACE	FR	8.12c	(8.10A)	1/25 Nevada Invitati
Jonon YOUNG	SO	8.19		2/15 GVSU Big II
Samiya STEVENS	FR	8.34c	(8.32A)	1/25 Nevada Invitati

113 200 Meters**1:45.92**

LW: 113

average 26.48

Emmerson WIGGINS	FR	25.38 OT		2/15 GVSU Big II
Dalia ROMA	SO	26.78 OT		2/15 GVSU Big II
Ski'lar WALLACE	FR	26.82 OT		2/15 GVSU Big II
Paula ROMO	SO	26.94 OT		2/15 GVSU Big II

56 400 Meters**3:56.94**

LW: 56

average 59.24

78 Destiny MOEDANO	JR	56.28		2/28 Fastrack Last C
Emmerson WIGGINS	FR	59.13 OT		2/14 GVSU Big I
Dalia ROMA	SO	59.94c	(59.83A)	1/25 Nevada Invitati
Paula ROMO	SO	1:01.59		2/14 GVSU Big I



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Cal State San Marcos — Women

as of 3/10/25 4:24 PM CT

76	60 Meters	31.83			
LW: 76		average 7.96			
	Rasha BADRANI	JR 7.81	2/14	Maverick Premi	
	Taylor GOMEZ	SO 7.99	2/14	Maverick Premi	
	Kylie ATTEBERRY	FR 8.01c	(7.99A)	12/7	Silver State Invi
	Aubri LE	SO 8.02	2/14	Maverick Premi	

87	60 Meter Hurdles	41.86			
LW: 87		average 10.46			
	Shaylee MUTKA	SO 9.03c	(9.03A)	12/13	Colorado Runni
	Lauren MEREDITH	JR 9.13	2/14	Maverick Premi	
	Isabella SANCHEZ	JR 11.74c	(11.74A)	12/13	Colorado Runni
	Ashlyn HOLSON	FR 11.96c	(11.96A)	12/13	Colorado Runni

58	200 Meters	1:42.71			
LW: 57 ▼ 1		average 25.68			
21	Rasha BADRANI	JR 24.04c	(24.42f)	2/14	Maverick Premi
	Aubri LE	SO 25.88c	(26.28f)	2/14	Maverick Premi
	Clara HAUNGS	FR 26.36c	(26.77f)	2/14	Maverick Premi
	Adriana HEWITT	FR 26.43c	(26.69fA)	12/13	Colorado Runni

162	800 Meters	12:17.36			
LW: 162		average 3:04.34			
	Emma STEELE	FR 2:59.51c	(3:00.33A)	12/7	Silver State Invi
	Shaylee MUTKA	SO 3:01.58c	(3:02.41A)	12/7	Silver State Invi
	Samone CABLE	FR 3:04.14c	(3:07.97fA)	12/13	Colorado Runni
	Isabella SANCHEZ	JR 3:12.13c	(3:16.13fA)	12/13	Colorado Runni

36	High Jump	6.22m	20-4¾		
LW: 36		average 1.56m	5-1¼		
97	Ashlyn HOLSON	FR 1.62mA	5-3¾	12/13	Colorado Runni
	Samone CABLE	FR 1.55mA	5-1	12/7	Silver State Invi
	Isabella SANCHEZ	JR 1.55mA	5-1	12/13	Colorado Runni
	Taylor CARTWRIGHT	JR 1.50mA	4-11	12/7	Silver State Invi

26	Long Jump	21.79m	71-6		
LW: 26		average 5.45m	17-10½		
53	Autumn SHOMAKER	FR 5.73m	18-9¾	2/15	Maverick Premi
57	Jordyn BROOKS	SO 5.72mA	18-9¼	12/13	Colorado Runni
	Aliyah RATCLIFFE	FR 5.22mA	17-1½	12/7	Silver State Invi
	Shaylee MUTKA	SO 5.12m	16-9¾	2/15	Maverick Premi

18	Triple Jump	43.95m	144-3		
LW: 18		average 10.99m	36-¾		
83	Jordyn BROOKS	SO 11.44mA	37-6½	12/13	Colorado Runni
	Andrea ALVARADO	FR 11.11mA	36-5½	12/13	Colorado Runni
	Shaylee MUTKA	SO 10.87m	35-8	2/14	Maverick Premi
	Aliyah RATCLIFFE	FR 10.53mA	34-6¾	12/13	Colorado Runni

119	Shot Put	28.36m	93-½		
LW: 119		average 7.09m	23-3¼		
	Shaylee MUTKA	SO 7.81mA	25-7½	12/7	Silver State Invi
	Emma STEELE	FR 7.08mA	23-2¾	12/7	Silver State Invi
	Samone CABLE	FR 6.78mA	22-3	12/13	Colorado Runni
	Lauren MEREDITH	JR 6.69mA	21-11½	12/13	Colorado Runni

24	Pentathlon	8,245			
LW: 24		average 2,061			
	Shaylee MUTKA	SO 2,545c	(2545A)	12/7	Silver State Invi
	Emma STEELE	FR 1,960c	(1960A)	12/7	Silver State Invi
	Samone CABLE	FR 1,899c	(1899A)	12/13	Colorado Runni
	Isabella SANCHEZ	JR 1,841c	(1841A)	12/13	Colorado Runni



#EventSquad Rankings — 2025 Checkpoint #7, March 11

California (Pa.) — Women

as of 3/10/25 4:24 PM CT

62	60 Meters	31.51
LW: 62		average 7.88
	Loreena MANSER	FR 7.74 3/2 PSAC
	Riley TIGHE	FR 7.82 2/21 Muskie Meet #4
	Alessandra PECCON	SO 7.89 2/8 Bob Shannon Ir.
	Alice ETIENNE	JR 8.06 12/6 Youngstown Stc
94	200 Meters	1:45.16
LW: 94		average 26.29
	Loreena MANSER	FR 24.83c (25.21f) 3/2 PSAC
	Riley TIGHE	FR 26.25c (26.65f) 2/21 Muskie Meet #4
	Alessandra PECCON	SO 26.71c (27.12f) 2/8 Bob Shannon Ir.
	Tatia BATTISTE	SR 27.37c (27.79f) 2/8 Bob Shannon Ir.
85	400 Meters	4:03.74
LW: 85		average 1:00.94
	Loreena MANSER	FR 59.51c (1:00.30f) 2/8 Bob Shannon Ir.
	Kirsten GROSS	JR 59.94 2/21 Penn State Tun
	Bekah PRIANO	SO 1:00.68 12/6 Youngstown Stc
	Iyana CAMPBELL	SR 1:03.61 12/6 Youngstown Stc
77	800 Meters	9:40.52
LW: 77		average 2:25.13
	Gabriella FRALIN	SO 2:20.65 2/15 Darius Dixon Me
	Madison MURLAND	SR 2:22.60 2/15 Darius Dixon Me
	Rosalyn PEROZZI	SO 2:24.02 2/15 Darius Dixon Me
	Sarabeth CALDWELL	SO 2:33.25c (2:35.01f) 2/8 Bob Shannon Ir.
48	Long Jump	21.16m 69-5¼
LW: 47 ♥ 1		average 5.29m 17-4¼
	Alice ETIENNE	JR 5.50m 18-½ 3/2 PSAC
	Loreena MANSER	FR 5.38m 17-8 12/6 Youngstown Stc
	Tatum HOFFMAN	SR 5.21m 17-1¼ 2/1 YSU Mid Major I
	Brianna LEE	FR 5.07m 16-7¾ 12/6 Youngstown Stc
12	Triple Jump	44.42m 145-9
LW: 12		average 11.10m 36-5¼
44	Alice ETIENNE	JR 11.81m 38-9 3/2 PSAC
	Jazzy HARPER	SR 10.94m 35-10¾ 3/2 PSAC
	Alison WATTS	FR 10.85m 35-7¼ 12/6 Youngstown Stc
	Skylar RIEDEL	JR 10.82m 35-6 12/6 Youngstown Stc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Cameron — Women

as of 3/10/25 4:24 PM CT

104 Mile

22:00.48

LW: 103 ▼ 1

average 5:30.12

Kaat DE STAERCKE	FR	5:11.47c	(5:14.55f)	1/31	J.D. Martin Invit
Marie SOMMER	JR	5:19.04c	(5:22.19f)	1/31	J.D. Martin Invit
Mireia PLANESAS	FR	5:44.54c	(5:47.95f)	1/31	J.D. Martin Invit
Tamica JOOSTE	JR	5:45.43c	(5:48.84f)	1/31	J.D. Martin Invit

108 3000 Meters

44:59.32

LW: 108

average 11:14.83

Marie SOMMER	JR	10:31.36	(10:36.77f)	1/31	J.D. Martin Invit
Akaya LIGHTBOURNE	SO	10:31.68	(10:37.09f)	1/31	J.D. Martin Invit
Pia SCHWEITZER	FR	11:34.47	(11:40.42f)	1/31	J.D. Martin Invit
Evalynn PEDROSA	JR	12:21.81	(12:28.17f)	1/31	J.D. Martin Invit



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Carson-Newman — Women

as of 3/10/25 4:24 PM CT

55	60 Meters	31.44
LW: 55		average 7.86
12	Sade DE SOUSA	JR 7.41 1/18 Finn Pincus Invi
	Brooke TAYLOR	JR 7.89 2/8 Liberty Open
	Tytiana WILSON	SR 7.98 1/18 Finn Pincus Invi
	Sydney MCCARTY	SR 8.16 1/25 Keydet Invitatic

81	60 Meter Hurdles	39.85
LW: 81		average 9.96
	Melissa SILER	SR 9.67 3/2 SAC Indoor
	Eliza COLLINS	FR 9.87 3/2 SAC Indoor
	Ava CLARK	FR 10.01 3/2 SAC Indoor
	Lauren TABOR	SR 10.30 1/25 Keydet Invitatic

87	200 Meters	1:44.85
LW: 87		average 26.21
	Sade DE SOUSA	JR 25.02 OT 2/15 Music City Chall
	Tytiana WILSON	SR 25.58 OT 2/15 Music City Chall
	Lauren TABOR	SR 25.98c (26.38f) 3/2 SAC Indoor
	Amanda CLABO	SR 28.27 1/25 Keydet Invitatic

111	400 Meters	4:10.80
LW: 110▼1		average 1:02.70
97	Tytiana WILSON	SR 56.65c (57.40f) 3/2 SAC Indoor
	Lauren TABOR	SR 58.56 OT 2/15 Music City Chall
	Kellie IVENS	JR 1:07.60c (1:08.49f) 2/13 JDL Fast Track
	Eliza COLLINS	FR 1:07.99c (1:08.89f) 2/13 JDL Fast Track

146	800 Meters	10:32.05
LW: 146		average 2:38.01
	Jenna PITTMAN	SO 2:28.89c (2:30.60f) 1/18 Finn Pincus Invi
	Melissa SILER	SR 2:33.76 2/1 VMI Winter Rela
	Kellie IVENS	JR 2:44.15c (2:46.04f) 3/2 SAC Indoor
	Anna RICHASON	JR 2:45.25c (2:47.15f) 2/13 JDL Fast Track

108	Mile	22:08.42
LW: 107▼1		average 5:32.11
	Jenna PITTMAN	SO 5:09.59c (5:12.65f) 3/2 SAC Indoor
	Steffi JOHNSON	SO 5:38.37c (5:41.71f) 3/2 SAC Indoor
	Peyton COUCH	SO 5:40.10c (5:43.47f) 1/18 Finn Pincus Invi
	Maggie HOPE	JR 5:40.36c (5:43.73f) 1/18 Finn Pincus Invi

60	High Jump		5.95m	19-6¼
LW: 60			average 1.49m	4-10½
	Kendall WHITEHEAD	SO 1.52m	4-11¾	2/13 JDL Fast Track
	Melissa SILER	SR 1.51m	4-11½	2/1 VMI Winter Rela
	Kellie IVENS	JR 1.47m	4-9¾	2/13 JDL Fast Track
	Eliza COLLINS	FR 1.45m	4-9	2/1 VMI Winter Rela

21	Long Jump			22.00m	72-2¼
LW: 21				average 5.50m	18-½
28	Sydney MCCARTY	SR	5.84m	19-2	3/1 SAC Indoor
	Brooke TAYLOR	JR	5.55m	18-2½	2/8 Liberty Open
	Brooke VISSER	SR	5.51m	18-1	2/8 Liberty Open
	Melissa SILER	SR	5.10m	16-8¾	2/1 VMI Winter Rela

20	Triple Jump		43.70m	143-5
LW: 20			average 10.92m	35-10¼
87	Brooke TAYLOR	JR 11.40m	37-5	2/15 Music City Chal
	Kendall WHITEHEAD	SO 11.16m	36-7½	2/13 JDL Fast Track
	Brooke VISSER	SR 10.80m	35-5¼	3/2 SAC Indoor
	Sydney MCCARTY	SR 10.34m	33-11¼	1/11 VMI Team Chal

89	Shot Put		40.92m	134-3
LW: 89			average 10.23m	33-6¾
	Melissa SILER	SR 10.64m	34-11	2/1 VMI Winter Relays
	Taylor STEELE	JR 10.41m	34-2	1/25 Keydet Invitational
	Lizzy HALL	FR 10.36m	34-0	1/18 Finn Pincus Invitational
	Eliza COLLINS	FR 9.51m	31-2½	2/1 VMI Winter Relays

15	Pentathlon	10,645
LW: 15		average 2,661
82	Melissa SILER	SR 3,122 2/1 VMI Winter Rela
	Eliza COLLINS	FR 2,580 2/1 VMI Winter Rela
	Kellie IVENS	JR 2,480 3/2 SAC Indoor
	Ava CLARK	FR 2,463 3/2 SAC Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Catawba — Women

as of 3/10/25 4:24 PM CT

53	60 Meters	31.42
LW: 53		average 7.86
77	Mallory WITHERSPOON	SR 7.64 12/8 JDL Early Bird I
	Efemena EGBERI	JR 7.74 12/8 JDL Early Bird I
	Lea LEGROS	SO 7.96 12/8 JDL Early Bird I
	Skylar SOUTHERN	FR 8.08 1/26 JDL Flat is Fast
57	200 Meters	1:42.64
LW: 56 ▼ 1		average 25.66
	Efemena EGBERI	JR 25.20c (25.59f) 3/2 SAC Indoor
	Skylar SOUTHERN	FR 25.55c (25.94f) 2/7 Camel City Invit
	Mallory WITHERSPOON	SR 25.71c (26.11f) 3/2 SAC Indoor
	Lea LEGROS	SO 26.18c (26.58f) 1/26 JDL Flat is Fast
50	400 Meters	3:56.29
LW: 50		average 59.07
	Letsi BURGOS	FR 57.80c (58.56f) 3/2 SAC Indoor
	Skylar SOUTHERN	FR 58.00c (58.77f) 3/2 SAC Indoor
	Onii BIVENS	JR 59.35c (1:00.13f) 12/8 JDL Early Bird I
	Tatiana CHIGWEREWE	SO 1:01.14c (1:01.95f) 12/8 JDL Early Bird I
26	800 Meters	9:08.33
LW: 26		average 2:17.08
41	Eden BARNWELL	FR 2:11.69c (2:13.20f) 3/2 SAC Indoor
	Joanna OW CZARZ	FR 2:17.13c (2:18.71f) 3/2 SAC Indoor
	Charity DAVIES	JR 2:19.61c (2:21.22f) 2/8 Camel City Invit
	Sydney COCKERHAM	SR 2:19.90 2/15 Virginia Beach I
28	Mile	20:15.58
LW: 28		average 5:03.89
87	Natalie ALMOND	JR 4:57.45c (5:00.39f) 3/2 SAC Indoor
	Emer MCGLYNN	FR 5:02.51c (5:05.50f) 2/8 Camel City Invit
	Eden BARNWELL	FR 5:07.00 2/15 Virginia Beach I
	Hannah CAUDILL	SO 5:08.62c (5:11.67f) 1/26 JDL Flat is Fast
16	3000 Meters	40:11.75
LW: 16		average 10:02.94
61	Hannah CAUDILL	SO 9:51.64c (9:56.71f) 2/8 Camel City Invit
84	Natalie ALMOND	JR 9:57.15 2/15 Virginia Beach I
	Madison CLAY	JR 10:04.37 (10:09.55f) 1/26 JDL Flat is Fast
	Emer MCGLYNN	FR 10:18.59 (10:23.89f) 3/2 SAC Indoor
59	Long Jump	20.72m 67-11¾
LW: 58 ▼ 1		average 5.18m 17-0
74	Efemena EGBERI	JR 5.66m 18-7 3/2 SAC Indoor
	Onii BIVENS	JR 5.14m 16-10½ 12/8 JDL Early Bird I
	Haleigh WASHINGTON	JR 5.01m 16-5¼ 3/2 SAC Indoor
	Lilly WOLF	JR 4.91m 16-1½ 3/2 SAC Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Cedarville — Women

as of 3/10/25 4:24 PM CT

42	60 Meters	31.30
LW: 42	average 7.82	
39	Summer SWARTWOUT	FR 7.53 2/8 NCCAA Indoor C
	Nora HAGAN	SR 7.80 12/7 Wittenberg Tige
	Angela WILLIAMS	FR 7.89 1/31 Cedarville Colle
	Mallory GASPER	SO 8.08 12/7 Wittenberg Tige
51	200 Meters	1:42.35
LW: 50 ♥ 1	average 25.59	
60	Summer SWARTWOUT	FR 24.51c (24.89f) 2/8 NCCAA Indoor C
	Nora HAGAN	SR 25.77 OT 3/1 G-MAC
	Mallory GASPER	SO 25.89c (26.29f) 2/8 NCCAA Indoor C
	Angela WILLIAMS	FR 26.18 OT 12/7 Wittenberg Tige
60	400 Meters	3:57.92
LW: 60	average 59.48	
	Angela WILLIAMS	FR 59.24 OT 1/25 Ashland Invitatu
	Jessica FERGUSON	JR 59.30 OT 12/7 Wittenberg Tige
	Sydney DIEDRICH	JR 59.48 OT 2/22 Wittenberg Indc
	Hope CARROLL	SO 59.90 OT 3/1 G-MAC
40	800 Meters	9:17.95
LW: 40	average 2:19.49	
90	Sydney DIEDRICH	JR 2:15.27 3/1 G-MAC
	Audrianna ENNS	JR 2:19.09c (2:20.69f) 2/8 NCCAA Indoor C
	Jessica FERGUSON	JR 2:20.09 3/1 G-MAC
	Caroline SCHAECKENBACH	SR 2:23.50 3/1 G-MAC
19	Mile	20:05.74
LW: 19	average 5:01.44	
55	Emily WALSH	SR 4:54.22 2/14 GVSU Big I
	Alyson ENNS	FR 5:00.52 3/1 G-MAC
	Aubrey HAYES	JR 5:05.03c (5:08.04f) 2/8 NCCAA Indoor C
	Savannah ACKLEY	SR 5:05.97c (5:08.99f) 1/31 Cedarville Colle
20	3000 Meters	40:20.43
LW: 20	average 10:05.11	
89	Abby DROSDAK	SO 9:57.96c (10:03.08f) 2/8 NCCAA Indoor C
92	Corinne LYNCH	JR 9:58.29c (10:03.41f) 2/8 NCCAA Indoor C
	Aubrey HAYES	JR 10:11.69 (10:16.93f) 1/31 Cedarville Colle
	Savannah ACKLEY	SR 10:12.49 (10:17.74f) 2/8 NCCAA Indoor C
10	5000 Meters	1:09:55
LW: 10	average 17:28.68	
33	Corinne LYNCH	JR 16:58.11 2/14 GVSU Big I
79	Abby DROSDAK	SO 17:26.87 2/14 GVSU Big I
	Aubrey HAYES	JR 17:42.56 2/14 GVSU Big I
	Savannah ACKLEY	SR 17:47.18 3/1 G-MAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Central Missouri — Women

as of 3/10/25 4:24 PM CT

27	60 Meters	31.05
LW: 27		average 7.76

71	Emily MEEKS	SR	7.63	3/2	MIAA
	Phebe THOMPSON	FR	7.77	3/2	MIAA
	Marissa AUSTENE	FR	7.82	3/2	MIAA
	Brooklynn HOLTMAN	JR	7.83	2/21	Ark Qual

66	60 Meter Hurdles	38.60
LW: 66		average 9.65

	Joey HETTINGER	SO	9.36	2/22	Friday Night Lig
	Myah MORRIS	JR	9.37	3/2	MIAA
	Jazmin CORBIN	SO	9.71	2/8	Bearcat Invite (
	Marah KLOVER	SO	10.16	3/2	MIAA

26	200 Meters	1:39.80
LW: 26		average 24.95

41	Brooklynn HOLTMAN	JR	24.28 OT	3/2	MIAA
64	Emily MEEKS	SR	24.55 OT	3/2	MIAA
	Mellanie NELLMER	FR	25.33 OT	2/1	Pitt State Invita
	Kylee TERRY	SO	25.64 OT	12/7	Crimson & Gold

28	400 Meters	3:50.78
LW: 28		average 57.70

	Emily MEEKS	SR	57.33 OT	12/7	Crimson & Gold
	Brooklynn HOLTMAN	JR	57.35 OT	12/7	Crimson & Gold
	Kylee TERRY	SO	57.63 OT	3/2	MIAA
	Anayla WATERS	SO	58.47 OT	2/22	Friday Night Lig

120	800 Meters	10:06.96
LW: 120		average 2:31.74

	Chloee BELGUM	JR	2:27.08	2/1	Pitt State Invita
	Clara LACKMAN	FR	2:31.65	2/8	Bearcat Invite (
	Ella JETT	JR	2:33.92	2/1	Pitt State Invita
	Marah KLOVER	SO	2:34.31	3/2	MIAA

119	Mile	22:28.34
LW: 118 1		average 5:37.08

	Chloee BELGUM	JR	5:28.75	2/8	Bearcat Invite (
	Abigael KIMURGOR	FR	5:32.20	2/1	Pitt State Invita
	Clara LACKMAN	FR	5:39.37	2/1	Pitt State Invita
	Callie MANNING	SO	5:48.02	2/15	Russ Jewett Ina

37	High Jump	6.21m	20-4½
LW: 37		average 1.55m	5-1

	Therese REINDL	JR	1.60m	5-3	1/24 Central Missour
	Marah KLOVER	SO	1.59m	5-2½	2/1 Pitt State Invita
	Cate COOPER	JR	1.55m	5-1	2/15 Russ Jewett Ina
	Joey HETTINGER	SO	1.47m	4-9¾	1/24 Central Missour

16	Pole Vault	13.90m	45-7¼
LW: 16		average 3.48m	11-4¾

70	Kaira MANNIO	FR	3.58m	11-9	3/2 MIAA
87	Sydney BERNARD	FR	3.51m	11-6¼	2/8 Bearcat Invite (
	Haley SEXTON	FR	3.45m	11-3¾	1/24 Central Missour
	Makenna PAYNE	FR	3.36m	11-¼	2/8 Bearcat Invite (

5	Long Jump	22.85m	74-11¾
LW: 5		average 5.71m	18-9

6	Mellanie NELLMER	FR	6.04m	19-9¾	2/28 MIAA
47	Phebe THOMPSON	FR	5.75m	18-10½	2/28 MIAA
58	Marissa AUSTENE	FR	5.71m	18-8¾	2/1 Pitt State Invita
	Aubree BELL	JR	5.35m	17-6¾	3/2 MIAA

46	Shot Put	46.17m	151-6
LW: 46		average 11.54m	37-10½

28	Madison MEARS	JR	13.90m	45-7¼	3/2 MIAA
	Laken MANNS	SO	11.42m	37-5¾	1/24 Central Missour
	Kaitlyn HATFIELD	SO	10.91m	35-9½	2/8 Bearcat Invite (
	Marah KLOVER	SO	9.94m	32-7½	3/2 MIAA

17	Weight Throw	62.82m	206-1
LW: 17		average 15.70m	51-6½

11	Rachael MOLLOY	SR	19.04m	62-5¾	3/2 MIAA
49	Kaitlin PEEK	JR	17.15m	56-3¼	2/15 Russ Jewett Ina
	Madison MEARS	JR	14.73m	48-4	1/24 Central Missour
	Kaitlyn HATFIELD	SO	11.90m	39-½	2/1 Pitt State Invita



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Central Oklahoma — Women

as of 3/10/25 4:24 PM CT

78	60 Meters	31.89
LW: 78		average 7.97
	Sai BROOKINS-FLEMING SO 7.79	1/11 Friends First Ch
	Kerrigan HUYNH SO 7.87	1/11 Friends First Ch
	Mikayla STEPHENSON SO 8.10	2/15 Russ Jewett Ind
	Genevieve YOUNG SR 8.13	1/11 Friends First Ch
48	200 Meters	1:42.19
LW: 47 1		average 25.55
72	Sai BROOKINS-FLEMING SO 24.63 OT	3/2 MIAA
	Treasure VALLERIE SO 24.94 OT	3/2 MIAA
	Kerrigan HUYNH SO 25.96 OT	1/24 Rumble in the J
	Amiya HILL FR 26.66	12/7 Washburn Alum
16	400 Meters	3:47.51
LW: 16		average 56.88
27	Sai BROOKINS-FLEMING SO 55.11 OT	3/2 MIAA
48	Treasure VALLERIE SO 55.83 OT	3/2 MIAA
	Kerrigan HUYNH SO 57.54 OT	3/2 MIAA
	Genevieve YOUNG SR 59.03 OT	2/15 Russ Jewett Ind



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Central State — Women

as of 3/10/25 4:24 PM CT

53	60 Meter Hurdles	37.75
LW: 53		average 9.44
39	Amarianna LOFTON JR 8.67	2/8 Jud Logan Ligh
	Paige TURNER JR 9.49	1/31 Cedarville Colle
	Anyah STEVENSON FR 9.65	1/31 Cedarville Colle
	Aiyana DA'SILVA FR 9.94	12/7 Wittenberg Tige
50	200 Meters	1:42.34
LW: 49 ♥ 1		average 25.58
	Jurnie HEMSLEY SR 25.16c (25.55f)	1/31 Cedarville Colle
	Amarianna LOFTON JR 25.35	2/21 SIAC Indoor Chc
	Kapri DAWKINS SR 25.59	2/21 SIAC Indoor Chc
	Ciara VALENTINE SO 26.24c (26.64f)	1/31 Cedarville Colle
34	400 Meters	3:53.54
LW: 34		average 58.38
	Jurnie HEMSLEY SR 57.42 OT	2/8 Jud Logan Ligh
	Kapri DAWKINS SR 57.91	2/21 SIAC Indoor Chc
	Jaylin BRADSHAW SR 58.62	2/21 SIAC Indoor Chc
	Ciara VALENTINE SO 59.59 OT	2/8 Jud Logan Ligh
139	800 Meters	10:22.88
LW: 139		average 2:35.72
	Michael ADDISON SR 2:26.28	2/8 Jud Logan Ligh
	Jasmine WILLIAMS SO 2:32.23	2/21 SIAC Indoor Chc
	Kaitylnn JONES FR 2:40.80	2/21 SIAC Indoor Chc
	Mariah HUSTON JR 2:43.57	12/7 Wittenberg Tige
107	Long Jump	18.57m 60-11¼
LW: 106 ♥ 1		average 4.64m 15-2¾
	Anyah STEVENSON FR 5.32m 17-5½	1/31 Cedarville Colle
	Amarianna LOFTON JR 5.05m 16-7	2/21 SIAC Indoor Chc
	Paige TURNER JR 4.28m 14-½	2/8 Jud Logan Ligh
	Brianna TAYLOR SO 3.92m 12-10½	12/7 Wittenberg Tige
65	Shot Put	43.30m 142-1
LW: 65		average 10.82m 35-6¼
	Darcey DORRIS JR 12.30m 40-4¼	2/21 SIAC Indoor Chc
	Aleah OTABOR JR 11.44m 37-6½	12/7 Wittenberg Tige
	Kayla ROBINSON FR 10.12m 33-2½	1/31 Cedarville Colle
	Skye LIVINGSTON SR 9.44m 30-11¾	2/21 SIAC Indoor Chc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Central Washington — Women

as of 3/10/25 4:24 PM CT

14	60 Meters	30.69
LW: 14		average 7.67

3	E'lexis HOLLIS	SR	7.32	2/8 Riverfront Invitc
77	Ashlyn NIELSEN	FR	7.64	12/14 Spokane Invitat
	Donna Marie HARRIS	JR	7.86	2/18 GNAC
	Zoe GONZALES	SO	7.87	2/18 GNAC

56	60 Meter Hurdles	37.94
LW: 56		average 9.48

	Emy NTEKPERE	SO	9.03	2/18 GNAC
	Carley HUBER	SR	9.28	2/1 Washington Inv
	Ashlyn NIELSEN	FR	9.71	2/18 GNAC
	Leighton MENGE	FR	9.92	12/14 Spokane Invitat

22	200 Meters	1:39.54
LW: 22		average 24.88

13	E'lexis HOLLIS	SR	23.94	2/8 Riverfront Invitc
74	Ashlyn NIELSEN	FR	24.64	2/18 GNAC
	Elise HOPPER	JR	24.97	2/18 GNAC
	Zoe GONZALES	SO	25.99	2/8 Riverfront Invitc

60	800 Meters	9:28.23
LW: 59 ▼ 1		average 2:22.06

79	Zoe MCDEVITT	SR	2:14.92	2/18 GNAC
	Carley HUBER	SR	2:20.81	2/1 Washington Inv
	Araceli ESQUIVEL	FR	2:24.06	2/8 Riverfront Invitc
	Helayna BONILLA	FR	2:28.44	2/8 Riverfront Invitc

95	Mile	21:49.47
LW: 94 ▼ 1		average 5:27.37

	Hannah PIDDUCK	FR	5:24.00	2/8 Riverfront Invitc
	Beatrice LE GORE	JR	5:25.80	2/18 GNAC
	Julie JOHNSON	FR	5:29.21	1/17 Washington Ina
	Araceli ESQUIVEL	FR	5:30.46	1/17 Washington Ina

85	3000 Meters	43:08.16
LW: 85		average 10:47.04

	Payton CONOVER	FR	10:32.84	2/8 Riverfront Invitc
	Julie JOHNSON	FR	10:34.06	1/17 Washington Ina
	Hannah PIDDUCK	FR	10:52.30	1/17 Washington Ina
	Beatrice LE GORE	JR	11:08.96	2/18 GNAC

30	High Jump	6.27m	20-6¾
LW: 30		average 1.57m	5-1¾

14	Emy NTEKPERE	SO	1.74m	5-8½ 12/14 Spokane Invitat
	Samantha DELAY	FR	1.53m	5-¼ 2/8 Riverfront Invitc
	Carley HUBER	SR	1.51m	4-11½ 12/14 Spokane Invitat
	Joy AYODEJI	FR	1.49m	4-10½ 2/18 GNAC

17	Pole Vault	13.86m	45-5½
LW: 17		average 3.46m	11-4¼

10	Lauryn MCGOUGH	SO	4.08m	13-4½ 2/18 GNAC
65	Cariann BRYANT	SO	3.61m	11-10 2/18 GNAC
	Audrey SMITH	FR	3.16m	10-4¼ 2/18 GNAC
	Alena ROSS	SO	3.01m	9-10½ 2/18 GNAC

60	Long Jump	20.71m	67-11½
LW: 59 ▼ 1		average 5.18m	17-0

25	Emy NTEKPERE	SO	5.87m	19-3¼ 2/17 GNAC
	Carley HUBER	SR	5.14m	16-10½ 1/18 Spokane Sports
	Leighton MENGE	FR	4.92m	16-1¾ 2/8 Riverfront Invitc
	Joy AYODEJI	FR	4.78m	15-8¼ 2/18 GNAC

48	Shot Put	46.11m	151-4
LW: 48		average 11.53m	37-10

91	Kamila SALANOA	FR	12.85m	42-2 2/18 GNAC
	Brenna BOARD	SR	11.54m	37-10½ 2/18 GNAC
	Joy AYODEJI	FR	11.23m	36-10¼ 2/1 Washington Inv
	Jazmin MENDOZA	SR	10.49m	34-5 2/18 GNAC

42	Weight Throw	56.37m	184-11
LW: 42		average 14.09m	46-3

	Jazmin MENDOZA	SR	15.72m	51-7 2/18 GNAC
	Kamila SALANOA	FR	14.62m	47-11¾ 2/1 Washington Inv
	Payton ELENBAAS	SR	13.28m	43-7 2/18 GNAC
	Ellie PRAZER	SO	12.75m	41-10 2/18 GNAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Chadron State — Women

as of 3/10/25 4:24 PM CT

111	60 Meters	32.57
LW: 111		average 8.14
Shantae MORGAN	SR 7.86	2/8 Wayne State (N)
Camila SALVUCCI	FR 8.20c	(8.18A) 12/7 Birds and Bees
Laynie GOERTZ	FR 8.23c	(8.21A) 12/7 Birds and Bees
Riley WIESE	FR 8.28c	(8.26A) 2/22 Eagle Last Char

80	60 Meter Hurdles	39.74
LW: 80		average 9.94
Eva NITSCHKE	SO 9.18c	(9.18A) 2/22 Eagle Last Char
Riley WIESE	FR 9.63c	(9.63A) 2/22 Eagle Last Char
Allison BEARD	SO 10.29c	(10.29A) 12/7 Birds and Bees
Kailey KLEIN	SO 10.64c	(10.64A) 2/22 Eagle Last Char

119	200 Meters	1:46.71
LW: 119		average 26.68
Shantae MORGAN	SR 26.21cu	(26.81uA) 2/22 Eagle Last Char
Eva NITSCHKE	SO 26.35cu	(26.95uA) 2/22 Eagle Last Char
Laynie GOERTZ	FR 26.90cu	(27.52uA) 12/7 Birds and Bees
Camila SALVUCCI	FR 27.25c	(27.60fA) 1/18 Dave Little Alun

142	800 Meters	10:25.87
LW: 142		average 2:36.47
Kyndall CARNAHAN	FR 2:30.81c	(2:33.74uA) 2/22 Eagle Last Char
Katelyn BESHARA	SO 2:33.23c	(2:36.21uA) 2/22 Eagle Last Char
Ivy HISE	SO 2:37.28c	(2:40.34uA) 2/22 Eagle Last Char
Zelma RUDD	SO 2:44.55c	(2:46.99fA) 1/25 Myrle Hanson Y

80	Mile	21:27.03
LW: 80		average 5:21.76
Alissa WIEMAN	SR 5:08.82	2/15 SDSU Indoor Cl
Lydia PETERS	JR 5:16.91	2/15 SDSU Indoor Cl
Samantha RODEWALD	SO 5:23.58c	(5:31.27fA) 1/25 Myrle Hanson Y
Kyndall CARNAHAN	FR 5:37.72	2/15 SDSU Indoor Cl

81	3000 Meters	43:01.22
LW: 81		average 10:45.31
Alissa WIEMAN	SR 10:18.60	2/8 Wayne State (N)
Lydia PETERS	JR 10:40.73	2/15 SDSU Indoor Cl
Samantha RODEWALD	SO 10:50.54	2/8 Wayne State (N)
Katelyn BESHARA	SO 11:11.35	2/8 Wayne State (N)

58	High Jump	5.97m	19-7
LW: 58		average 1.49m	4-10¾
Megan BALOUN	JR 1.54mA	5-½ 3/1	RMAC
Kailey KLEIN	SO 1.50mA	4-11 12/7	Birds and Bees
Mataya WARD	FR 1.48mA	4-10¾ 1/25	Myrle Hanson Y
Allison BEARD	SO 1.45mA	4-9 12/7	Birds and Bees

98	Long Jump	19.37m	63-6¾
LW: 97 ▼ 1		average 4.84m	15-10¾
Camila SALVUCCI	FR 5.11mA	16-9¼	1/25 Myrle Hanson Y
Mataya WARD	FR 4.87mA	15-11¾	12/7 Birds and Bees
Megan BALOUN	JR 4.83mA	15-10¼	12/7 Birds and Bees
Madison CLAUSE	JR 4.56mA	14-11½	1/25 Myrle Hanson Y

47	Shot Put		46.16m	151-6
LW: 47			average 11.54m	37-10½
Morgan EKWALL	SR	12.17mA	39-11¼	2/22 Eagle Last Char
Ashlyn TAPIO	SO	12.14mA	39-10	2/22 Eagle Last Char
Kailey FOBARE	SO	11.05mA	36-3	1/18 Dave Little Alun
Sydney ALLES	SO	10.80mA	35-5¼	12/7 Birds and Bees

43	Weight Throw	56.23m	184-6
LW: 43		average 14.06m	46-1½
Morgan EKWALL	SR 14.45mA	47-5	2/22 Eagle Last Char
Sydney ALLES	SO 14.25mA	46-9	2/22 Eagle Last Char
Ashlyn TAPIO	SO 14.14m	46-4¾	2/1 SDSU D2/NAIA C
Kailey FOBARE	SO 13.39m	43-11¼	2/1 SDSU D2/NAIA C



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Charleston (W.Va.) — Women

as of 3/10/25 4:24 PM CT

72	60 Meters	31.78
LW: 72		average 7.94
64	Colette PATTI	SO 7.61 2/24 Mountain East
	Alexandra PEKIC	SR 7.96 12/6 Marshall Open
	Lydia CLARKE	FR 8.03 2/24 Mountain East
	Maliah MCCANN-COLES	JR 8.18 12/6 Marshall Open

55	60 Meter Hurdles	37.86
LW: 55		average 9.46
80	Minke ENGELBRECHT	SO 8.88 2/24 Mountain East
92	Laura DELGADO DE TORRES	JR 8.94 2/24 Mountain East
	Payton KRAFCHEK	FR 9.52 2/24 Mountain East
	Kendal DOMENICK	JR 10.52 2/24 Mountain East

62	200 Meters	1:42.89
LW: 61 ▼ 1		average 25.72
	Colette PATTI	SO 25.07 OT 2/24 Mountain East
	Maya CLARK	SO 25.16 OT 2/24 Mountain East
	Camilia HOYA	SR 26.06 OT 1/25 Ashland Invitat
	Alexandra PEKIC	SR 26.60 OT 1/25 Ashland Invitat

33	400 Meters	3:53.47
LW: 33		average 58.37
85	Maya CLARK	SO 56.43 OT 2/14 GVSU Big I
	Alexandra PEKIC	SR 58.65 OT 2/24 Mountain East
	Camila HOYA	SR 58.75 OT 2/24 Mountain East
	Camilia HOYA	SR 59.64 OT 1/25 Ashland Invitat

42	800 Meters	9:19.11
LW: 42		average 2:19.78
81	Beth SYKES	JR 2:15.00 2/8 Jud Logan Ligh
	Amanda FERRANTE	FR 2:20.24 2/24 Mountain East
	Abbey BOLTON	FR 2:20.94 2/8 Jud Logan Ligh
	Emma NEWTON	FR 2:22.93 2/24 Mountain East

52	Mile	20:47.40
LW: 52		average 5:11.85
71	Beth SYKES	JR 4:55.73 2/15 David Hemery V
	Madison WOOLWINE	SR 5:13.83 1/17 Youngstown St
	Mercy JEPLETING	SR 5:18.01 2/8 Jud Logan Ligh
	Sara CAMPANA	SO 5:19.83 2/24 Mountain East

65	3000 Meters	42:21.93
LW: 65		average 10:35.48
	Mercy JEPLETING	SR 10:26.79 12/6 Marshall Open
	Lia MARKERT	SR 10:27.00 12/6 Marshall Open
	Madison WOOLWINE	SR 10:28.29 2/8 Jud Logan Ligh
	Abbey BOLTON	FR 10:59.85 12/6 Marshall Open

31	Long Jump		21.70m	71-2½
LW: 31			average 5.43m	17-9¼
33	Laura DELGADO DE TORRES	JR	5.82m	19-1¼ 2/24 Mountain East
	Kayla LEMKUS	SR	5.40m	17-8¾ 2/24 Mountain East
	Sydney PFEIFFER	FR	5.29m	17-4¼ 2/24 Mountain East
	Stefani VASILEVA	SR	5.19m	17-½ 2/24 Mountain East

6	Triple Jump		45.47m	149-2
LW: 6			average 11.37m	37-3½
33	Laura DELGADO DE TORRES	JR 11.95m	39-2½	2/23 Mountain East
69	Stefani VASILEVA	SR 11.53m	37-10	2/24 Mountain East
	Camila HOYA	SR 11.09m	36-4¾	2/24 Mountain East
	Camilia HOYA	SR 10.90m	35-9¼	2/8 Jud Logan Ligh

36	Shot Put		47.34m	155-4
LW: 36			average 11.84m	38-10
	Abby MCKINNEY	JR 12.28m	40-3½	2/8 Jud Logan Ligh
	Brooke BURNS	SR 12.28m	40-3½	2/24 Mountain East
	Mallory CROWDER	SO 11.76m	38-7	1/25 Ashland Invitat
	Ella NILSSON	SO 11.02m	36-2	2/8 Jud Logan Ligh

11	Weight Throw		65.59m	215-2
LW: 11			average 16.40m	53-9¾
19	Abby MCKINNEY	JR 18.42m	60-5¼	12/6 Marshall Open
34	Brooke BURNS	SR 17.42m	57-2	12/6 Marshall Open
	Mallory CROWDER	SO 15.49m	50-10	2/24 Mountain East
	Ella NILSSON	SO 14.26m	46-9½	12/6 Marshall Open



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Chestnut Hill — Women

as of 3/10/25 4:24 PM CT

149	Mile	25:32.30
LW: 148▼1		average 6:23.07
Rebecca DALTON	JR 5:51.23	2/15 Widener Indoor
Gabby HASSLER	SO 6:29.71	1/31 Scarlet Knight C
Grace MOTT	FR 6:33.63	1/31 Scarlet Knight C
Soleil CASSEUS	FR 6:37.73	1/31 Scarlet Knight C



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Christian Brothers — Women

as of 3/10/25 4:24 PM CT

111	Mile	22:10.07
LW: 110▼1		average 5:32.52
Meghan TURNER	SR 5:16.54	1/18 Samford Janua
Louisa WOOP	JR 5:35.40	2/2 South Alabama
Lauren BLYTH	FR 5:39.03	2/21 GSC
Laura DE LLANO	SO 5:39.10	2/2 South Alabama



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Claflin — Women

as of 3/10/25 4:24 PM CT

63	60 Meters	31.54
LW: 63		average 7.88
64	Jadah RASOOL	SO 7.61 2/22 USC Indoor Ope
	Jhourni EASON	FR 7.93 2/1 Carolina Challe
	Cheyenne WILLIAMS	FR 7.97 1/11 Gamecock Ope
	Pheijana BURNSIDE	JR 8.03 2/17 CIAA
7	60 Meter Hurdles	35.65
LW: 7		average 8.91
32	Obiageli AKUBUDE	SO 8.63 2/17 CIAA
43	Morgan COVERSON-SPRINGS	FR 8.69 2/17 CIAA
64	Jhourni EASON	FR 8.83 2/17 CIAA
	Pheijana BURNSIDE	JR 9.50 1/18 Mondo College
35	200 Meters	1:40.91
LW: 35		average 25.23
82	Brea CHILDS	FR 24.71c (25.09f) 2/17 CIAA
	Obiageli AKUBUDE	SO 25.28 1/18 Virginia Tech In
	Morgan COVERSON-SPRINGS	FR 25.34 1/18 Virginia Tech In
	Jhourni EASON	FR 25.58 2/22 USC Indoor Ope
58	400 Meters	3:57.42
LW: 58		average 59.36
63	Brea CHILDS	FR 56.07c (56.81f) 2/17 CIAA
	Obiageli AKUBUDE	SO 58.27c (59.04f) 2/17 CIAA
	Jonnica FULLER	SR 58.98 2/22 USC Indoor Ope
	Pheijana BURNSIDE	JR 1:04.10 1/11 Gamecock Ope
124	800 Meters	10:10.11
LW: 124		average 2:32.53
	Nia SINGLETON	FR 2:27.61 12/6 Liberty Kickoff
	Jasmine YOUNG	SO 2:31.06 2/1 Carolina Challe
	Faith JONES	FR 2:32.44 12/6 Liberty Kickoff
	Kamili WILEY	FR 2:39.00 2/1 Carolina Challe
85	Long Jump	19.98m 65-6¾
LW: 84 ▼ 1		average 5.00m 16-4¾
	Jhnyia KNUCKLES	SO 5.35m 17-6¾ 2/22 USC Indoor Ope
	Marlayna MCBRIDE	SO 5.11m 16-9¼ 12/6 Liberty Kickoff
	JeNia HAIGLER	FR 4.79m 15-8¾ 12/6 Liberty Kickoff
	Pheijana BURNSIDE	JR 4.73m 15-6¾ 2/1 Carolina Challe
4	Triple Jump	46.03m 151-0
LW: 4		average 11.51m 37-9
29	Jhnyia KNUCKLES	SO 11.98m 39-3¾ 2/17 CIAA
49	Morgan COVERSON-SPRINGS	FR 11.78m 38-7¾ 2/17 CIAA
65	Marlayna MCBRIDE	SO 11.57m 37-11½ 2/1 Carolina Challe
	JeNia HAIGLER	FR 10.70m 35-1¼ 12/6 Liberty Kickoff



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Clarion — Women

as of 3/10/25 4:24 PM CT

169	60 Meters	35.10
LW: 169		average 8.78
	Raegan STADER	FR 8.22 2/14 YSU Last Chanc
	Hannah REDWOOD	JR 8.27 12/6 Youngstown Stc
	Isabelle SNYDER	SR 9.10 1/25 SPIRE Midwest i
	Chelsea BULGER	FR 9.51 2/21 Mount Union La
183	200 Meters	1:57.55
LW: 182♥ 1		average 29.39
	Raegan STADER	FR 27.27c (27.69f) 2/21 Mount Union La
	Hannah REDWOOD	JR 27.43 OT 12/6 Youngstown Stc
	Isabelle SNYDER	SR 30.67 OT 1/25 SPIRE Midwest i
	Chelsea BULGER	FR 32.18c (32.68f) 2/21 Mount Union La
141	800 Meters	10:24.45
LW: 141		average 2:36.11
	Abby STITZER	FR 2:19.34c (2:20.94f) 3/2 PSAC
	Ciara DIMAURO	SO 2:35.87 2/14 YSU Last Chanc
	Leah PERRY	SR 2:43.02c (2:44.90f) 3/2 PSAC
	Ariana DANDU	FR 2:46.22c (2:48.13f) 2/21 Mount Union La
140	Mile	23:26.88
LW: 139♥ 1		average 5:51.72
	Hope BUNDASH	FR 5:40.26 2/14 YSU Last Chanc
	Emmy DAVIS	SO 5:46.04c (5:49.46f) 2/21 Mount Union La
	Ariana DANDU	FR 5:58.12 2/14 YSU Last Chanc
	Caleigh AIGLER	JR 6:02.46 12/6 Youngstown Stc
120	3000 Meters	46:44.20
LW: 120		average 11:41.05
	Abigail BUTERA	FR 11:13.39 12/6 Youngstown Stc
	Jessica SHELDERFER	FR 11:26.49 (11:32.37f) 2/21 Mount Union La
	Paige BREWER	SO 11:46.59 12/6 Youngstown Stc
	Chesnee WILLIAMS	FR 12:17.73 12/6 Youngstown Stc
102	Shot Put	38.93m 127-9
LW: 102		average 9.73m 31-11¼
	Maddison HO	SR 11.77m 38-7½ 2/21 Mount Union La
	Renee WATERMAN	SO 9.35m 30-8¼ 2/1 YSU Mid Major I
	Leah PERRY	SR 8.97m 29-5¼ 3/2 PSAC
	Madison FORINGER	JR 8.84m 29-0 12/6 Youngstown Stc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Clayton State — Women

as of 3/10/25 4:24 PM CT

77	60 Meters	31.87
LW: 77		average 7.97
	Destiny HANNA	JR 7.85 2/18 Peach Belt Indo
	Jada JENKINS	JR 7.89 2/18 Peach Belt Indo
	Payton KNOWLES	FR 7.98 2/18 Peach Belt Indo
	Cassidy JENKINS	JR 8.15 1/19 KMS Indoor Invi
86	200 Meters	1:44.83
LW: 86		average 26.21
	Jada JENKINS	JR 25.83 2/18 Peach Belt Indo
	Ziona HARRIS	SO 26.16 2/18 Peach Belt Indo
	Destiny HANNA	JR 26.33 2/18 Peach Belt Indo
	Payton KNOWLES	FR 26.51 2/18 Peach Belt Indo
66	400 Meters	3:59.39
LW: 66		average 59.85
	Marley TATE	JR 58.91 2/18 Peach Belt Indo
	Ziona HARRIS	SO 58.99 2/18 Peach Belt Indo
	JaBresha PALMER	JR 1:00.10 2/18 Peach Belt Indo
	Rebecca OJI	FR 1:01.39 2/7 UAB Vulcan Invi
91	800 Meters	9:48.71
LW: 91		average 2:27.18
	Ivorie SMITH	JR 2:23.74 2/18 Peach Belt Indo
	Marley TATE	JR 2:26.38 2/7 UAB Vulcan Invi
	JaBresha PALMER	JR 2:28.38 1/19 KMS Indoor Invi
	Ahlana FAILEY	JR 2:30.21 1/19 KMS Indoor Invi



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Coker — Women

as of 3/10/25 4:24 PM CT

152 60 Meters **33.63**
LW: 152 *average 8.41*

Massassi MAXWELL-SMITH	JR	8.25	1/18 Mondo College
Alejandra ALONSO	SO	8.37	12/6 Liberty Kickoff
Ashlynn COOK	FR	8.40	12/6 Liberty Kickoff
Diamond BAILEY	FR	8.61	2/7 Camel City Invit

153 200 Meters **1:50.00**
LW: 152♥ 1 *average 27.50*

Patience LISBON	FR	26.16	12/6 Liberty Kickoff
Alejandra ALONSO	SO	27.62c	(28.05f) 2/1 Bast-Cregger In
Diamond BAILEY	FR	27.82c	(28.25f) 2/7 Camel City Invit
Massassi MAXWELL-SMITH	JR	28.40	12/6 Liberty Kickoff



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Colo. School of Mines — Women

as of 3/10/25 4:24 PM CT

6	60 Meter Hurdles	35.54
LW: 6		average 8.88
19	Avery WRIGHT JR	8.52c (8.52A) 12/7 Mines Alumni Cl
64	Allison COMER SR	8.83c (8.83A) 3/1 RMAC
84	Lisa SUTHERLAND SO	8.89c (8.89A) 12/7 Mines Alumni Cl
	Aani HARDESTY SO	9.30c (9.30A) 2/1 Mines Winter Cl

26	400 Meters	3:50.24
LW: 26		average 57.56
	Grace GALVIN SR	57.03c (57.57fA) 3/1 RMAC
	Allison COMER SR	57.11c (57.65fA) 3/1 RMAC
	Aani HARDESTY SO	57.61cu (58.68uA) 12/7 Mines Alumni Cl
	Maya EVANS FR	58.49c (59.05fA) 3/1 RMAC

8	Mile	19:24.00
LW: 8		average 4:51.00
19	Grace STRONGMAN JR	4:46.62c (4:53.78A) 2/1 CU Invitational
27	Emily LAMENA FR	4:49.30c (4:56.53A) 2/1 CU Invitational
42	Imani FERNANDEZ-GORBEA SO	4:52.69 12/7 BU Opener
68	Alexis HERR JR	4:55.39c (5:08.02fA) 3/1 RMAC

5	3000 Meters	38:45.92
LW: 5		average 9:41.48
8	Emily LAMENA FR	9:24.63c (9:50.78fA) 3/1 RMAC
30	Grace STRONGMAN JR	9:38.24 2/7 Steve Miller Invi
40	Margaux BASART JR	9:43.66 2/7 Steve Miller Invi
100	Callen NASH SO	9:59.39c '10:27.15fA) 2/16 Mountain Lion C

1	5000 Meters	1:06:04
LW: 1		average 16:31.08
1	Jenna RAMSEY-RUTLEDGE SR	15:40.98 12/7 BU Opener
19	Margaux BASART JR	16:41.15 12/7 BU Opener
25	Grace STRONGMAN JR	16:47.35 12/7 BU Opener
29	Emily LAMENA FR	16:54.83 12/7 BU Opener

3 Pole Vault		15.90m	52-2
LW: 3		average 3.98m	13-½
2	Hayley RAYBURN	SR 4.40mA	14-5¼ 2/1 Mines Winter Cl
15	Dale THOMPSON	SR 3.98mA	13-¾ 3/1 RMAC
37	Ava KOWALSKI	SR 3.79mA	12-5¼ 2/16 Mountain Lion C
47	Taylor HINDMAN	FR 3.73mA	12-2¾ 2/1 Mines Winter Cl

15	Shot Put		51.25m	168-2
LW: 15			average 12.81m	42-½
12	Kitt RUPAR	SR	14.89mA	48-10¼ 3/1 RMAC
89	Avery WRIGHT	JR	12.93mA	42-5¼ 2/16 Mountain Lion C
	Jennifer JARNAGIN	SR	12.24mA	40-2 3/1 RMAC
	Lisa SUTHERLAND	SO	11.19mA	36-8½ 12/7 Mines Alumni Cl

8	Weight Throw	68.83m	225-10
LW: 8		average 17.21m	56-5½
12	Jennifer JARNAGIN	SR 18.99mA	62-3¾ 3/1 RMAC
24	Abigail GILLESPIE	SR 18.11m	59-5 2/7 Steve Miller Inv
66	Kitt RUPAR	SR 16.78mA	55-¾ 12/7 Mines Alumni C
	Audrey OTT	FR 14.95mA	49-¾ 3/1 RMAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Colorado Christian — Women

as of 3/10/25 4:24 PM CT

151 60 Meters

33.60

LW: 151

average 8.40

Tara SMOKER	SR	8.08c	(8.06A)	12/7 Mines Alumni Cl
Madeline SCHEMLING	JR	8.41		2/15 Ichabod Invitat
Laken MEIER	FR	8.44c	(8.42A)	12/7 Mines Alumni Cl
Catie FAIRFIELD	FR	8.67c	(8.63A)	12/13 Colorado Runni

165 200 Meters

1:52.00

LW: 164 1

average 28.00

Tara SMOKER	SR	26.90c O	(26.83A)	2/1 CU Invitational
Hannah ZUGICH	SO	28.03c	(28.32fA)	12/13 Colorado Runni
Laken MEIER	FR	28.07c O	(28.00A)	2/1 CU Invitational
Madeline SCHEMLING	JR	29.00c O	(28.93A)	2/1 CU Invitational

48 800 Meters

9:22.34

LW: 48

average 2:20.59

48 Shannon KING	SR	2:12.72c	(2:15.48fA)	1/25 Colorado Runni
Kathryn MILLER	FR	2:17.33		12/7 BU Opener
Ava MAGINITY	SO	2:22.33c	(2:25.29fA)	1/25 Colorado Runni
Brooke CONNOLLY	SO	2:29.96		2/15 Ichabod Invitat

31 Mile

20:22.27

LW: 31

average 5:05.57

20 Shannon KING	SR	4:46.69		2/15 David Hemery v
Kathryn MILLER	FR	5:04.01		12/7 BU Opener
Ava MAGINITY	SO	5:08.60c	(5:21.80fA)	12/13 Colorado Runni
Brooke CONNOLLY	SO	5:22.97		2/15 Ichabod Invitat

90 3000 Meters

43:29.96

LW: 90

average 10:52.49

Rachel HARPT	FR	10:47.97		2/15 Ichabod Invitat
Maleah WARDLAW	SR	10:50.39		2/15 Ichabod Invitat
Kaylie BOOKOUT	SO	10:54.12	11:24.42fA)	12/13 Colorado Runni
Lorelei DAUGHERTY	FR	10:57.48		2/15 Ichabod Invitat

37 5000 Meters

1:13:50

LW: 37

average 18:27.55

32 Shannon KING	SR	16:56.68		12/7 BU Opener
Maleah WARDLAW	SR	18:53.38		2/15 Ichabod Invitat
Norah THOMPSON	JR	18:58.34		2/15 Ichabod Invitat
Lorelei DAUGHERTY	FR	19:01.79		2/15 Ichabod Invitat



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Colorado Mesa — Women

as of 3/10/25 4:24 PM CT

20	60 Meters	30.82
LW: 20		average 7.70

25	Gaby HORTON	JR	7.47c	(7.43A)	3/1	RMAC
	Sylvia JOHANSEN	SO	7.74c	(7.70A)	12/7	Mountaineer Op
	Kammi MERRITT	FR	7.80c	(7.76A)	12/7	Mountaineer Op
	Serenity BURNETT-PERRY	SR	7.81c	(7.77A)	12/7	Mountaineer Op

20	60 Meter Hurdles	36.45
LW: 20		average 9.11

	Kaitlyn PEARSON	FR	8.98c	(8.98A)	3/1	RMAC
	Atahlia MILLS	FR	8.99c	(8.99A)	3/1	RMAC
	Rimari FACEY	SO	9.23c	(9.23A)	2/21	RMAC Last Char
	Katie THOMSON	JR	9.25c	(9.25A)	2/1	Mines Winter Cl

15	200 Meters	1:39.04
LW: 15		average 24.76

17	Gaby HORTON	JR	23.99c	(24.22fA)	3/1	RMAC
82	Jordan BURNETT	JR	24.71		2/15	Ichabod Invitat
	Serenity BURNETT-PERRY	SR	25.10c	(25.34fA)	12/7	Mountaineer Op
	Kammi MERRITT	FR	25.24c	(25.49fA)	12/7	Mountaineer Op

36	400 Meters	3:53.73
LW: 36		average 58.43

43	Jordan BURNETT	JR	55.65c	(56.17fA)	2/21	RMAC Last Char
	Lexie WILLIAMS	SR	59.10		2/15	Ichabod Invitat
	Sophia LINDAUER	SR	59.14		2/15	Ichabod Invitat
	Rimari FACEY	SO	59.84		2/15	Ichabod Invitat

49	800 Meters	9:24.36
LW: 49		average 2:21.09

32	Brooke MILLER	SR	2:10.62c	(2:13.33fA)	3/1	RMAC
	Jordan STANISZEWSKI	FR	2:20.73		2/15	Ichabod Invitat
	Autumn MCQUITTY	SO	2:26.24c	(2:27.19A)	2/1	CU Invitational
	Katie THOMSON	JR	2:26.77c	(2:29.82fA)	3/1	RMAC

38	Mile	20:28.63
LW: 38		average 5:07.16

	Megan HODGES	JR	5:01.69c	(5:18.62fA)	12/7	Mountaineer Op
	Brooke MILLER	SR	5:02.52c	(5:08.22A)	1/25	Nevada Invitati
	Autumn MCQUITTY	SO	5:07.99c	(5:13.79A)	1/25	Nevada Invitati
	Shirley WEAVER	FR	5:16.43c	(5:24.34A)	2/1	CU Invitational

32	3000 Meters	40:51.42
LW: 32		average 10:12.86

	Kirstin WILLIAMS	SR	10:04.30	(10:21.53A)	2/1	CU Invitational
	Megan HODGES	JR	10:08.42		2/15	Ichabod Invitat
	Kendall WHITE	SR	10:08.84	(10:46.37fA)	12/7	Mountaineer Op
	Shirley WEAVER	FR	10:29.86	(10:47.82A)	2/1	CU Invitational

17	High Jump	6.40m	21-0
LW: 17		average 1.60m	5-3

66	Hope MATTESON	SR	1.65mA	5-5	12/7	Mines Alumni C
97	Atahlia MILLS	FR	1.62mA	5-3¾	2/1	Mines Winter Cl
	Kaelea GIBSON	JR	1.59mA	5-2½	3/1	RMAC
	Sophia LINDAUER	SR	1.54mA	5-½	3/1	RMAC

28	Long Jump	21.78m	71-5½
LW: 28		average 5.44m	17-10½

97	Addy KIRKPATRICK	JR	5.60mA	18-4½	3/1	RMAC
	Lily NIESLANIK	SR	5.49mA	18-¼	2/1	Mines Winter Cl
	Waycee HARVEY	FR	5.35mA	17-6¾	2/1	Mines Winter Cl
	Hope MATTESON	SR	5.34mA	17-6¼	2/1	Mines Winter Cl

23	Shot Put	49.41m	162-1
LW: 23		average 12.35m	40-6½

56	Christina PALMER	SR	13.34mA	43-9¼	12/7	Mountaineer Op
	Augustine HANCOCK	JR	12.38mA	40-7½	12/7	Mountaineer Op
	Katie THOMSON	JR	12.21mA	40-¾	12/7	Mines Alumni C
	Aaliyah BOS	SO	11.48m	37-8	2/15	Ichabod Invitat

22	Weight Throw	61.55m	201-11
LW: 22		average 15.39m	50-6

41	Augustine HANCOCK	JR	17.22mA	56-6	12/7	Mountaineer Op
	Christina PALMER	SR	15.24m	50-0	2/15	Ichabod Invitat
	Aaliyah BOS	SO	14.73m	48-4	2/15	Ichabod Invitat
	Elly THIEM	FR	14.36mA	47-1½	12/7	Mountaineer Op

5	Pentathlon	13,001
LW: 5		average 3,250

42	Katie THOMSON	JR	3,376c	(3376.00A)	3/1	RMAC
60	Hope MATTESON	SR	3,232cu	(3232A)	12/7	Mines Alumni C
63	Sophia LINDAUER	SR	3,213c	(3213.00A)	3/1	RMAC
72	Kaitlyn PEARSON	FR	3,180c	(3180.00A)	3/1	RMAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Concord — Women

as of 3/10/25 4:24 PM CT

156	60 Meters	33.84
LW: 156		average 8.46
Isabelle WILLIAMS	SO 8.17	1/18 Finn Pincus Invi
Cassidy HAMMONDS	FR 8.20	12/7 Saints Holiday I
Kendall LILLY	FR 8.72	2/8 Liberty Open
Megan CANTERBURY	FR 8.75	12/7 Saints Holiday I

177	200 Meters	1:54.79
LW: 176♥ 1		average 28.70
Isabelle WILLIAMS	SO 26.49	2/8 Liberty Open
Jenna WEBB	FR 29.02c	(29.47f) 2/1 Bast-Cregger In
Megan CANTERBURY	FR 29.25c	(29.70f) 1/18 Finn Pincus Invi
Kendall LILLY	FR 30.03	2/8 Liberty Open

136	400 Meters	4:25.26
LW: 134♥ 2		average 1:06.31
Isabelle WILLIAMS	SO 1:01.91c	(1:02.73f) 2/1 Bast-Cregger In
Jenna WEBB	FR 1:05.60c	(1:06.47f) 12/7 Saints Holiday I
Megan CANTERBURY	FR 1:08.54c	(1:09.45f) 12/7 Saints Holiday I
Alexis ANZEVINO	SO 1:09.21c	(1:10.12f) 12/7 Saints Holiday I

138	800 Meters	10:22.61
LW: 138		average 2:35.65
Emma JENKINS	JR 2:28.84c	(2:30.55f) 2/15 Joe LaRocco Im
Kate KELLY	FR 2:32.53c	(2:34.29f) 2/1 Bast-Cregger In
Cassidy HAMMONDS	FR 2:40.39	2/24 Mountain East
Charlotte MCGINNIS	SO 2:40.85c	(2:42.71f) 2/1 Bast-Cregger In

118	Mile	22:26.44
LW: 117♥ 1		average 5:36.61
Emma JENKINS	JR 5:25.71	2/24 Mountain East
Katy WALKUP	JR 5:39.11c	(5:42.46f) 1/25 Muskie Meet #2
Kate KELLY	FR 5:40.53	2/24 Mountain East
Madison CORNETT	SR 5:41.09c	(5:44.46f) 1/25 Muskie Meet #2

111	3000 Meters	45:12.28
LW: 111		average 11:18.07
Katy WALKUP	JR 10:48.93	(10:54.49f) 2/1 Bast-Cregger In
Madison CORNETT	SR 10:52.07	(10:57.66f) 2/1 Bast-Cregger In
Sarah TURNER	SO 11:42.00	(11:48.02f) 2/1 Bast-Cregger In
Emma JENKINS	JR 11:49.28	(11:55.37f) 1/18 Finn Pincus Invi

63	High Jump	5.91m	19-4¾
LW: 63		average 1.48m	4-10
Cierra PARKER	FR 1.60m	5-3	1/18 Finn Pincus Invi
Cassidy HAMMONDS	FR 1.46m	4-9½	2/24 Mountain East
Lilly JACKSON	JR 1.45m	4-9	12/7 Saints Holiday I
Kendall LILLY	FR 1.40m	4-7	12/7 Saints Holiday I

105	Shot Put	38.30m	125-8
LW: 105		average 9.57m	31-5
Abby WALLACE	SR 10.49m	34-5	2/1 Bast-Cregger In
Meagan POTICHER	SO 10.49m	34-5	2/1 Bast-Cregger In
Gracie MCALLISTER	FR 8.72m	28-7½	1/25 Muskie Meet #2
Abby HUMPHREY	SO 8.60m	28-2¾	12/7 Saints Holiday I



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Concordia-St. Paul — Women

as of 3/10/25 4:24 PM CT

98	60 Meters	32.22
LW: 98		average 8.06
	Chidera OSUOHA	JR 7.99 2/22 Snowshoe Oper
	Destiny MATTINGLY	SR 8.00 2/14 Maverick Premi
	Ella FRIELING	FR 8.10 2/22 Snowshoe Oper
	Cadence TANNER	SO 8.13 2/1 Mark Schuck Op

62	60 Meter Hurdles	38.38
LW: 62		average 9.59
	100 Cadence TANNER	SO 8.97 2/8 Gopher Classic
	Mackenzie LOVEJOY	FR 9.36 3/1 NSIC
	Mehlayna STRAUB	SO 9.43 3/1 NSIC
	Elizabeth BITZ	FR 10.62 2/22 Snowshoe Oper

95	200 Meters	1:45.28
LW: 95		average 26.32
	Destiny MATTINGLY	SR 25.60c (26.00f) 2/14 Maverick Premi
	Chidera OSUOHA	JR 26.31c (26.71f) 2/22 Snowshoe Oper
	Ella FRIELING	FR 26.64c (27.05f) 2/22 Snowshoe Oper
	Mehlayna STRAUB	SO 26.73c (27.14f) 2/14 Maverick Premi

88	400 Meters	4:04.40
LW: 88		average 1:01.10
	Destiny MATTINGLY	SR 58.60c (59.37f) 2/8 Gopher Classic
	Karlina ZIMMERMAN	JR 59.77c (1:00.56f) 2/22 Snowshoe Oper
	Addison NELSON	FR 1:02.76c (1:03.59f) 2/22 Snowshoe Oper
	Erica PADILLA	SO 1:03.27c (1:04.11f) 2/8 Gopher Classic

112	800 Meters	10:02.14
LW: 112		average 2:30.53
	Nyadio CHAN	JR 2:16.29c (2:17.86f) 3/1 NSIC
	Kayla ANDERSON	FR 2:26.65c (2:28.35f) 1/17 Bearson-Gathje
	Mehlayna STRAUB	SO 2:38.51c (2:40.33f) 3/1 NSIC
	Elise ATKINS	FR 2:40.69c (2:42.55f) 2/15 Maverick Premi

29	Shot Put		48.06m	157-8
LW: 29			average 12.02m	39-5
40	Maya LAVENDUSKY	JR 13.58m	44-6¾	2/22 Snowshoe Oper
	Bernie BARNHARDT	FR 12.59m	41-3¾	2/15 Maverick Premi
	Mehlayna STRAUB	SO 11.54m	37-10½	1/25 St. Olaf Multi Ev
	Natalie GIMM	FR 10.35m	33-11½	2/14 Maverick Premi

47	Weight Throw		55.17m	181-0
LW: 47			average 13.79m	45-3
94	Bernie BARNHARDT	FR 15.99m	52-5½	3/1 NSIC
	Maya LAVENDUSKY	JR 13.99m	45-10¾	2/1 Mark Schuck Op
	Jenna MORRIS	SR 13.27m	43-6½	1/25 St. Olaf Multi Ev
	Natalie GIMM	FR 11.92m	39-1¼	2/21 Tostrud Classic



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Converse — Women

as of 3/10/25 4:24 PM CT

38	60 Meters	31.23
LW: 38		average 7.81
59	Eseose OKODUWA	SR 7.59 12/7 Visit Winston-Salem
	Kamille CUNNINGHAM	SO 7.78 12/7 Visit Winston-Salem
	Madison GRIFFIN	JR 7.89 2/7 Camel City Invitational
	Madison MATEEN	FR 7.97 2/7 Camel City Invitational

46	60 Meter Hurdles	37.62
LW: 46		average 9.41
87	Kennedy WRIGHT	FR 8.90 2/1 Bast-Cregger Invitational
	Kamille CUNNINGHAM	SO 9.31 2/24 Conference Carolinas
	D'asia THOMAS	JR 9.51 2/24 Conference Carolinas
	Talajjah BARTLEY	FR 9.90 1/25 Keydet Invitational

60	200 Meters	1:42.83
LW: 59 ▼ 1		average 25.71
	Eseose OKODUWA	SR 24.89c (25.27f) 2/24 Conference Carolinas
	Jermiya BETHEL	SO 25.51c (25.90f) 2/24 Conference Carolinas
	Kamille CUNNINGHAM	SO 26.21c (26.61f) 12/7 Visit Winston-Salem
	Madison GRIFFIN	JR 26.22c (26.62f) 2/7 Camel City Invitational

128	800 Meters	10:13.02
LW: 127 ▼ 1		average 2:33.25
	Bayley ROBINSON	SR 2:24.77c (2:26.44f) 2/24 Conference Carolinas
	Peyton MACMILLAN	FR 2:31.12c (2:32.86f) 2/24 Conference Carolinas
	Paisley STEPP	SO 2:37.84c (2:39.66f) 2/8 Camel City Invitational
	Latavia BRACEY-RANSOM	JR 2:39.29c (2:41.13f) 2/1 Bast-Cregger Invitational

119	3000 Meters	46:29.76
LW: 119		average 11:37.44
	Ashley SOSA	SR 10:42.91 (10:48.42f) 12/7 Visit Winston-Salem
	Lauren BEATTY	JR 10:50.29 1/25 Keydet Invitational
	Paisley STEPP	SO 11:20.38 (11:26.21f) 12/7 Visit Winston-Salem
	Hailey JONES	FR 13:36.18 1/25 Keydet Invitational

17	High Jump	6.40m	21-0
LW: 17		average 1.60m	5-3
83	Jordan BROWN	SR 1.64m 5-4½ 2/24 Conference Carolinas	
97	Kamille CUNNINGHAM	SO 1.62m 5-3¾ 2/24 Conference Carolinas	
	Janyia PINCKNEY	SR 1.58m 5-2¼ 2/24 Conference Carolinas	
	D'asia THOMAS	JR 1.56m 5-1¼ 2/24 Conference Carolinas	

89	Long Jump	19.86m	65-2
LW: 88 ▼ 1		average 4.96m	16-3½
	Eseose OKODUWA	SR 5.52m 18-1½ 1/25 Keydet Invitational	
	Kennedy WRIGHT	FR 4.90m 16-1 2/1 Bast-Cregger Invitational	
	Kamille CUNNINGHAM	SO 4.77m 15-7¾ 1/25 Keydet Invitational	
	D'asia THOMAS	JR 4.67m 15-4 2/1 Bast-Cregger Invitational	

49	Shot Put	46.04m	151-1
LW: 49		average 11.51m	37-9¼
	Bella MARTIN	JR 12.62m 41-5 1/25 Keydet Invitational	
	Alla HUTCHINS	FR 11.64m 38-2¼ 2/24 Conference Carolinas	
	Anna EVATT	FR 11.18m 36-8¼ 2/1 Bast-Cregger Invitational	
	Asha CURRY	FR 10.60m 34-9½ 12/7 Visit Winston-Salem	

59	Weight Throw	52.32m	171-8
LW: 59		average 13.08m	42-11
61	Bella MARTIN	JR 16.91m 55-5¼ 2/24 Conference Carolinas	
	Asha CURRY	FR 12.41m 40-8¾ 2/7 Camel City Invitational	
	Alla HUTCHINS	FR 11.76m 38-7 2/7 Camel City Invitational	
	Anna EVATT	FR 11.24m 36-10½ 1/25 Keydet Invitational	

16	Pentathlon	10,565
LW: 16		average 2,641
93	Kennedy WRIGHT	FR 3,048 2/1 Bast-Cregger Invitational
	Kamille CUNNINGHAM	SO 2,895 2/24 Conference Carolinas
	D'asia THOMAS	JR 2,493 2/24 Conference Carolinas
	Latavia BRACEY-RANSOM	JR 2,129 2/1 Bast-Cregger Invitational



#EventSquad Rankings — 2025 Checkpoint #7, March 11

CSU Pueblo — Women

as of 3/10/25 4:24 PM CT

73	200 Meters	1:44.08		
LW: 73		average 26.02		
	Janise EVERETT	SO 25.10c	(25.34fA)	3/1 RMAC
	Leyah MARTINEZ	JR 26.15c	(26.41fA)	2/16 Mountain Lion C
	Gabrielle DUNICH	JR 26.17c	(26.43fA)	12/13 Colorado Runni
	Riley WILSON	FR 26.66c	(26.93fA)	12/7 Early Grizzly Op
1	800 Meters	8:35.78		
LW: 1		average 2:08.94		
1	Helen BRAYBROOK	SR 2:03.90		2/8 Scarlet/White Ir
8	Leah KEISLER	JR 2:07.65		2/8 Scarlet/White Ir
10	Jadyn HERRON	JR 2:08.09		2/8 Scarlet/White Ir
	Margot THOMAS	SR 2:16.14		2/15 GVSU Big II
2	Mile	19:06.26		
LW: 2		average 4:46.56		
1	Helen BRAYBROOK	SR 4:39.25		2/14 GVSU Big I
13	Jadyn HERRON	JR 4:44.74		2/14 GVSU Big I
22	Leah KEISLER	JR 4:47.20		2/15 GVSU Big II
60	Margot THOMAS	SR 4:55.07c	(5:01.64A)	1/31 New Mexico Inv
14	3000 Meters	40:06.71		
LW: 14		average 10:01.68		
20	Margot THOMAS	SR 9:31.17c	(9:57.63fA)	3/1 RMAC
34	Camille RENOU	SR 9:39.53		2/14 GVSU Big I
	Sarah RENBERG	JR 10:16.88	'10:53.67fA)	12/7 Early Grizzly Op
	Crystal ARMIJO	SR 10:39.13	(10:55.27A)	1/31 New Mexico Inv
21	5000 Meters	1:11:010		
LW: 21		average 17:47.53		
40	Margot THOMAS	SR 17:02.94		2/14 GVSU Big I
90	Sarah RENBERG	JR 17:35.31	'18:26.18fA)	12/13 Colorado Runni
	Crystal ARMIJO	SR 18:07.47	'18:59.89fA)	2/16 Mountain Lion C
	Lily SMITHSON	FR 18:24.40	'19:17.64fA)	2/16 Mountain Lion C
13	Shot Put	51.63m	169-5	
LW: 13		average 12.91m	42-4¼	
4	Katherine HIGGINS	SR 15.42mA	50-7¼	3/1 RMAC
11	Febe WESSELS	JR 15.14mA	49-8¼	12/7 Early Grizzly Op
	Olivia MIKAELIAN	SR 11.01mA	36-1½	1/18 Colorado Classi
	Kylee MENDEZ	FR 10.06mA	33-¼	12/13 Colorado Runni



#EventSquad Rankings — 2025 Checkpoint #7, March 11

CUI — Women

as of 3/10/25 4:24 PM CT

48	60 Meters	31.35
LW: 48		average 7.84
49	Jasmyn CRAWFORD	SR 7.57 2/15 GVSU Big II
	Nataleah YANEZ	JR 7.86 2/14 GVSU Big I
	Ruby BISHOP	JR 7.90 1/24 Prairie Wolf Ind
	Logan NELSON	SR 8.02 2/14 GVSU Big I
61	200 Meters	1:42.88
LW: 60 ▼ 1		average 25.72
54	Jasmyn CRAWFORD	SR 24.48 OT 2/14 GVSU Big I
	Ruby BISHOP	JR 25.61 OT 2/14 GVSU Big I
	Logan NELSON	SR 26.01 1/24 Prairie Wolf Ind
	Nataleah YANEZ	JR 26.78 OT 2/15 GVSU Big II
54	800 Meters	9:26.90
LW: 53 ▼ 1		average 2:21.72
63	Porshe EISMANN	SR 2:14.02 2/14 GVSU Big I
	Taylor WHITFIELD	JR 2:20.29c (2:21.90f) 1/25 Concordia (Neb)
	Giovana PELASCINI	SO 2:25.50c (2:27.17f) 1/25 Concordia (Neb)
	Mariza CHAVEZ	FR 2:27.09c (2:28.78f) 1/25 Concordia (Neb)
30	Mile	20:22.23
LW: 30		average 5:05.56
	Porshe EISMANN	SR 5:01.60 2/15 GVSU Big II
	Taylor WHITFIELD	JR 5:03.00c (5:05.99f) 1/25 Concordia (Neb)
	Mariza CHAVEZ	FR 5:07.51 2/14 GVSU Big I
	Claudia VERA	SO 5:10.12 2/14 GVSU Big I
44	3000 Meters	41:23.77
LW: 44		average 10:20.94
41	Taylor WHITFIELD	JR 9:43.86 2/14 GVSU Big I
	Mariza CHAVEZ	FR 10:22.46 2/15 GVSU Big II
	Emily LITTLEFIELD	SO 10:38.70 2/15 GVSU Big II
	Claudia VERA	SO 10:38.75 2/15 GVSU Big II



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Daemen — Women

as of 3/10/25 4:24 PM CT

165	60 Meters	34.58	
LW: 165		average 8.64	
	Rebecca SCHULTZ	JR 8.49	1/17 Brockport Frida
	Margaret MIDDAUGH	FR 8.52	12/6 Houghton Dece
	D'Naesha QUICKSEY	SO 8.64	1/25 Highlander Invi
	Alyssa AMIRATO	SR 8.93	1/25 Highlander Invi

184	200 Meters	1:59.11	
LW: 183♥ 1		average 29.78	
	Margaret MIDDAUGH	FR 29.35	2/16 ECC
	Rebecca SCHULTZ	JR 29.72c (30.18f)	1/17 Brockport Frida
	D'Naesha QUICKSEY	SO 29.84c (30.30f)	1/25 Highlander Invi
	Grace GOMINIAK	JR 30.20 OT	2/1 YSU Mid Major I

130	800 Meters	10:16.62	
LW: 130		average 2:34.16	
	Camryn BAILEY	SR 2:31.14c (2:32.88f)	1/25 Highlander Invi
	Lia BRASSACHIO	FR 2:31.41c (2:33.15f)	1/25 Highlander Invi
	Emma GRZEBINSKI	SR 2:32.87c (2:34.63f)	1/25 Highlander Invi
	Alexis NGUYEN	JR 2:41.20	2/16 ECC

128	Mile	22:53.46	
LW: 127♥ 1		average 5:43.37	
	Camryn BAILEY	SR 5:21.25c (5:24.43f)	1/25 Highlander Invi
	Patsy OBERHOLZER	JR 5:41.74	2/1 YSU Mid Major I
	Emma CAIN	SR 5:55.08c (5:58.59f)	1/25 Highlander Invi
	Kylie PIEKARSKI	FR 5:55.39c (5:58.90f)	1/25 Highlander Invi

110	3000 Meters	45:03.63	
LW: 110		average 11:15.91	
	Camryn BAILEY	SR 10:34.04	2/1 YSU Mid Major I
	Patsy OBERHOLZER	JR 11:14.15	2/16 ECC
	Kylie PIEKARSKI	FR 11:25.15	2/16 ECC
	Emma CAIN	SR 11:50.29 (11:56.38f)	1/17 Brockport Frida

112	Long Jump	17.29m	56-8¾
LW: 111♥ 1		average 4.32m	14-2¼
	Rebecca SCHULTZ	JR 4.84m	15-10½ 2/16 ECC
	Alyssa AMIRATO	SR 4.73m	15-6¼ 1/17 Brockport Frida
	Morgan HALL	SO 3.86m	12-8 12/6 Houghton Dece
	Margaret MIDDAUGH	FR 3.86m	12-8 12/6 Houghton Dece

37	Triple Jump	38.43m	126-1
LW: 37		average 9.61m	31-6¼
	Alyssa AMIRATO	SR 10.30m	33-9½ 12/6 Houghton Dece
	D'Naesha QUICKSEY	SO 10.21m	33-6 12/6 Houghton Dece
	Rebecca SCHULTZ	JR 9.70m	31-10 2/16 ECC
	Grace GOMINIAK	JR 8.22m	26-11¾ 1/25 Highlander Invi

101	Shot Put	39.23m	128-9
LW: 101		average 9.81m	32-2¼
	Kristen OLIVER	SO 11.06m	36-3½ 2/8 Brockport Multi
	Julia PETRY	SO 10.29m	33-9¼ 2/16 ECC
	Samantha KABEL	JR 9.35m	30-8¼ 12/6 Houghton Dece
	D'Naesha QUICKSEY	SO 8.53m	28-0 2/1 YSU Mid Major I

50	Weight Throw	54.36m	178-4
LW: 50		average 13.59m	44-7
	Kristen OLIVER	SO 15.44m	50-8 2/1 YSU Mid Major I
	Julia PETRY	SO 13.20m	43-3¾ 2/16 ECC
	Samantha KABEL	JR 12.99m	42-7½ 2/1 YSU Mid Major I
	Grace COVEY	SO 12.73m	41-9¼ 2/1 YSU Mid Major I



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Dallas Baptist — Women

as of 3/10/25 4:24 PM CT

122	60 Meters	32.67
LW: 122		average 8.17
	Meggie MORRIS	JR 8.12 12/7 Crimson & Gold
	Madysen CASTELLION	SO 8.17 2/1 Pitt State Invita
	Kamryn RUCKER	FR 8.17 12/7 Crimson & Gold
	Aubrey FORD	FR 8.21 2/15 Ichabod Invitat

65	60 Meter Hurdles	38.58
LW: 65		average 9.64
	Meadow HOUSMAN	SR 9.02c (9.02A) 2/22 Lone Star
	Whitney WILLEFORD	JR 9.39 12/6 Boo Rogers Con
	Kendal BROWN	SO 9.64c (9.64A) 2/22 Lone Star
	Talitha BROWN	FR 10.53 2/15 Ichabod Invitat

104	200 Meters	1:45.67
LW: 104		average 26.42
	Meggie MORRIS	JR 25.97 OT 2/1 Pitt State Invita
	Madysen CASTELLION	SO 26.29 2/15 Ichabod Invitat
	Aubrey FORD	FR 26.55 OT 12/7 Crimson & Gold
	Kamryn RUCKER	FR 26.86 OT 12/7 Crimson & Gold

31	800 Meters	9:11.50
LW: 31		average 2:17.88
	9 Ellie FRYE	JR 2:07.71 3/2 Boston Universi
	Danielle GRAHAM	FR 2:20.75 2/1 Pitt State Invita
	Emme O'DONNELL	SR 2:21.45c (2:22.24A) 2/22 Lone Star
	Jesse SWAN	SO 2:21.59 2/1 Pitt State Invita

25	Mile	20:12.14
LW: 25		average 5:03.03
	78 Megan WILLIAMSON	SR 4:56.71 2/1 John Thomas T
	84 Lesli SALAS	SO 4:57.27 1/24 Rumble in the J
	Emily COLE	SR 5:07.70 2/1 Pitt State Invita
	Courtney RICHMAN	SO 5:10.46 2/1 Pitt State Invita

15	3000 Meters	40:09.92
LW: 15		average 10:02.48
	24 Lesli SALAS	SO 9:35.13 12/7 BU Opener
	27 Megan WILLIAMSON	SR 9:36.65c (9:51.21A) 2/22 Lone Star
	Emily COLE	SR 10:25.73 1/24 Rumble in the J
	Jetzibe TREVINO	SO 10:32.41 2/1 Pitt State Invita

9	5000 Meters	1:09:46
LW: 9		average 17:26.59
	13 Lesli SALAS	SO 16:34.98 3/2 Boston Universi
	14 Megan WILLIAMSON	SR 16:35.65 3/2 Boston Universi
	Emily COLE	SR 18:06.89 12/7 Crimson & Gold
	Jetzibe TREVINO	SO 18:28.82 2/15 Ichabod Invitat

42	High Jump		6.16m	20-2½
LW: 42			average 1.54m	5-½
	Abbey BRADSHAW	JR 1.61m	5-3¼	1/24 Rumble in the J
	Amanda CHACON	SR 1.60mA	5-3	2/22 Lone Star
	Whitney WILLEFORD	JR 1.51m	4-11½	12/6 Boo Rogers Con
	Kendal BROWN	SO 1.44mA	4-8¾	2/22 Lone Star



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Davenport (Mich.) — Women

as of 3/10/25 4:24 PM CT

46	60 Meters	31.34
LW: 46		average 7.84

71	Julia TUURI	SR	7.63	3/2	GLIAC
	Jakya MACK-SMITH	FR	7.87	2/21	GVSU Tune-Up
	Arrionna WALLACE	SO	7.88	2/1	SVSU Jet's Pizza
	Jaiden YOUNG	FR	7.96	2/1	SVSU Jet's Pizza

60	60 Meter Hurdles	38.25
LW: 60		average 9.56

	Maria DA CUNHA	JR	9.30	3/2	GLIAC
	Kay-Lee MCSWAIN	SR	9.35	12/6	Grand Valley St
	Julia OTT	SO	9.63	12/6	Grand Valley St
	Kierstyn STOIN	SR	9.97	3/2	GLIAC

45	200 Meters	1:41.97
LW: 44 ▼ 1		average 25.49

72	Julia TUURI	SR	24.63 OT	3/2	GLIAC
	Soleil MOORE	SO	25.49 OT	2/15	GVSU Big II
	Erin BOETTCHE	SR	25.82 OT	2/1	SVSU Jet's Pizza
	Julia OTT	SO	26.03 OT	12/6	Grand Valley St

45	400 Meters	3:55.20
LW: 45		average 58.80

61	Erin BOETTCHE	SR	56.00 OT	3/2	GLIAC
	Soleil MOORE	SO	58.07 OT	3/2	GLIAC
	Lacy HESS	FR	59.49 OT	2/1	SVSU Jet's Pizza
	Madalyn DANIELS	FR	1:01.64	2/8	Lints/GVSU

145	800 Meters	10:29.19
LW: 145		average 2:37.30

92	Ella BARYO	SR	2:15.41	2/1	SVSU Jet's Pizza
	Kierstyn STOIN	SR	2:32.18	3/2	GLIAC
	Britta JOHNSON	FR	2:47.36	3/2	GLIAC
	Tessa BLANKENSHIP	SR	2:54.24	3/2	GLIAC

90	Mile	21:41.31
LW: 88 ▼ 2		average 5:25.33

34	Ella BARYO	SR	4:50.48	2/14	GVSU Big I
	Alivia LAMBORNE	SR	5:33.63	2/21	GVSU Tune-Up
	Kaylen CLARK	FR	5:34.01	2/8	Lints/GVSU
	Alyssa BUTTERFIELD	FR	5:43.19	2/21	GVSU Tune-Up

100	3000 Meters	44:04.96
LW: 99 ▼ 1		average 11:01.24

88	Ella BARYO	SR	9:57.91	2/15	GVSU Big II
	Kaylen CLARK	FR	10:55.03	3/2	GLIAC
	Alivia LAMBORNE	SR	11:16.62	1/18	GVSU Bob Euba
	Alyssa BUTTERFIELD	FR	11:55.40	2/15	GVSU Big II

70	High Jump	5.54m	18-2
LW: 70		average 1.38m	4-6½

	Julia OTT	SO	1.54m	5-½	12/6	Grand Valley St
	Tessa BLANKENSHIP	SR	1.37m	4-6	3/2	GLIAC
	Britta JOHNSON	FR	1.35m	4-5	2/1	SVSU Jet's Pizza
	Kierstyn STOIN	SR	1.28m	4-2¼	3/2	GLIAC

99	Long Jump	19.35m	63-6
LW: 98 ▼ 1		average 4.84m	15-10½

	Tessa BLANKENSHIP	SR	5.16m	16-11¼	1/24	Grand Rapids S
	Bree HARDY	FR	4.78m	15-8¼	2/21	GVSU Tune-Up
	Kierstyn STOIN	SR	4.73m	15-6¼	3/2	GLIAC
	Brielle REASON	FR	4.68m	15-4¼	12/6	Grand Valley St

61	Shot Put	44.33m	145-5
LW: 61		average 11.08m	36-4½

	Jayla PROCTER	SO	12.45m	40-10¼	3/2	GLIAC
	Hannah FITZPATRICK	FR	11.62m	38-1½	3/2	GLIAC
	Bronte HODSON	SO	10.25m	33-7½	1/18	GVSU Bob Euba
	Tessa BLANKENSHIP	SR	10.01m	32-10¼	2/21	GVSU Tune-Up

67	Weight Throw	50.01m	164-1
LW: 67		average 12.50m	41-¼

	Anna NIXON	SO	13.96m	45-9¾	1/18	GVSU Bob Euba
	Jayla PROCTER	SO	13.10m	42-11¾	1/11	Wolverine Invite
	Hannah FITZPATRICK	FR	11.97m	39-3¼	2/8	Lints/GVSU
	Karis WATSON	FR	10.98m	36-¼	2/15	GVSU Big II



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Davis and Elkins — Women

as of 3/10/25 4:24 PM CT

64	800 Meters	9:29.58
LW: 64		average 2:22.39
	Cameryn WHEELER	SO 2:20.35 2/8 Sykes-Sabock C
	Lauren TWYMAN	JR 2:20.39 2/8 Sykes-Sabock C
	Ella HESSON	SR 2:23.50 2/1 YSU Mid Major I
	Taytum WALLS	SO 2:25.34 12/6 Youngstown Stc
46	Mile	20:45.91
LW: 46		average 5:11.48
	Lauren TWYMAN	JR 5:04.85 2/8 Sykes-Sabock C
	Savanna HARDMAN	JR 5:13.01 2/1 YSU Mid Major I
	Ella HESSON	SR 5:13.09 2/8 Sykes-Sabock C
	Lydia FALKENSTEIN	SO 5:14.96 2/1 YSU Mid Major I
31	3000 Meters	40:48.14
LW: 31		average 10:12.03
	Savanna HARDMAN	JR 9:59.44 2/8 Sykes-Sabock C
	Lydia FALKENSTEIN	SO 10:08.51 2/8 Sykes-Sabock C
	Lauren TWYMAN	JR 10:15.29 2/1 YSU Mid Major I
	Zoe BELSHAN	SO 10:24.90 2/24 Mountain East
19	5000 Meters	1:11:01
LW: 19		average 17:45.25
81	Lydia FALKENSTEIN	SO 17:28.82 2/24 Mountain East
89	Savanna HARDMAN	JR 17:33.34 2/24 Mountain East
	Lauren TWYMAN	JR 17:54.08 12/6 Youngstown Stc
	Zoe BELSHAN	SO 18:04.77 2/24 Mountain East



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Dominican (N.Y.) — Women

as of 3/10/25 4:24 PM CT

178	200 Meters	1:54.88
LW: 177▼1		average 28.72
Tiara CARGILL	SO 27.69	2/28 Fastrack Last C
Lynn JACOB	FR 28.08	2/28 Fastrack Last C
Kiana THOMAS	SO 29.16	1/31 Scarlet Knight C
Genesis JIMENEZ	FR 29.95c (30.41f)	2/23 West Point Tune



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Drury — Women

as of 3/10/25 4:24 PM CT

109 800 Meters 10:00.73

LW: 109

average 2:30.18

Jasmyn DOUGLAS	SR	2:20.84c	(2:22.46f)	3/2	GLVC
Brylee GOGEL	SR	2:28.19		2/15	Russ Jewett Ind
Alexis WORKMAN	JR	2:34.80		1/17	Washburn Rust
Morgan MILLER	JR	2:36.90		1/17	Washburn Rust

62 Mile 21:00.59

LW: 62

average 5:15.15

Josie DIFFENDAFFER	SO	5:08.54		2/15	Russ Jewett Ind
Cera ECKRENROTH	SO	5:10.38		2/8	Bearcat Invite (
Morgan MILLER	JR	5:18.47c	(5:21.62f)	3/2	GLVC
Jasmyn DOUGLAS	SR	5:23.20		2/8	Bearcat Invite (

54 3000 Meters 41:55.02

LW: 54

average 10:28.75

Josie DIFFENDAFFER	SO	10:11.72	(10:16.96f)	3/2	GLVC
Cera ECKRENROTH	SO	10:11.79		2/15	Russ Jewett Ind
Ashley SEXTON	SO	10:33.24	(10:38.66f)	3/2	GLVC
Alexis WORKMAN	JR	10:58.27		2/8	Bearcat Invite (



#EventSquad Rankings — 2025 Checkpoint #7, March 11

D'Youville — Women

as of 3/10/25 4:24 PM CT

154	60 Meters	33.76
LW: 154		average 8.44
Jenna CAPOLUPO	SO 7.72	12/6 Houghton Dece
Skylar SAVAGE	SO 8.33	1/11 Southern Tier C
Gabrielle TRIPI	FR 8.64	2/16 ECC
Felicity COOPER	FR 9.07	12/6 Houghton Dece

160	200 Meters	1:50.89
LW: 159 ▼ 1		average 27.72
Jenna CAPOLUPO	SO 26.02c	(26.42f) 1/11 Southern Tier C
Gabrielle TRIPI	FR 27.86c	(28.29f) 2/8 Brockport Multi
Madison MACNEILL	SO 28.12c	(28.55f) 2/8 Brockport Multi
Sevilla GROEBE	SR 28.89c	(29.33f) 1/11 Southern Tier C

107	400 Meters	4:08.98
LW: 107		average 1:02.25
Atasia WILLIAMS	FR 1:00.71c	(1:01.51f) 12/6 Houghton Dece
Sevilla GROEBE	SR 1:01.24c	(1:02.05f) 2/8 Brockport Multi
Madison MACNEILL	SO 1:01.89c	(1:02.71f) 2/8 Brockport Multi
Skylar SAVAGE	SO 1:05.14c	(1:06.00f) 1/11 Southern Tier C

121	800 Meters	10:07.23
LW: 121		average 2:31.81
Lainie SMITH	JR 2:25.89c	(2:27.57f) 2/8 Brockport Multi
Lydia SMITH	SR 2:26.20c	(2:27.88f) 2/8 Brockport Multi
Sevilla GROEBE	SR 2:37.46	1/17 Al Campbell Inv
Barbara KUNZ	SO 2:37.68	2/16 ECC

109	Mile	22:08.55
LW: 108 ▼ 1		average 5:32.14
Lainie SMITH	JR 5:10.97c	(5:14.04f) 2/8 Brockport Multi
Lydia SMITH	SR 5:32.24	1/17 Al Campbell Inv
Lily SCHULZ	SO 5:42.65c	(5:46.04f) 2/8 Brockport Multi
Lexie HILLMAN	JR 5:42.69	2/16 ECC

102	3000 Meters	44:22.11
LW: 102		average 11:05.53
Lainie SMITH	JR 10:16.12	1/17 Al Campbell Inv
Lydia SMITH	SR 10:51.43	1/25 Riverhawk Invit
Lexie HILLMAN	JR 11:36.16	(11:42.12f) 2/8 Brockport Multi
Lily SCHULZ	SO 11:38.40	1/17 Al Campbell Inv

54	High Jump	6.02m	19-9
LW: 54		average 1.50m	4-11¼
Madison MACNEILL	SO 1.60m	5-3	1/17 Al Campbell Inv
Lydia SMITH	SR 1.53m	5-¼	2/8 Brockport Multi
Kelly LUCAS	JR 1.49m	4-10½	2/8 Brockport Multi
Tayden PERSONS	FR 1.40m	4-7	1/17 Al Campbell Inv

77	Long Jump	20.13m	66-½
LW: 76 ▼ 1		average 5.03m	16-6¼
97 Jenna CAPOLUPO	SO 5.60m	18-4½	12/6 Houghton Dece
Skylar SAVAGE	SO 5.17m	16-11½	12/6 Houghton Dece
Lydia SMITH	SR 4.86m	15-11½	2/8 Brockport Multi
Tayden PERSONS	FR 4.50m	14-9¼	12/6 Houghton Dece



#EventSquad Rankings — 2025 Checkpoint #7, March 11

East Stroudsburg — Women

as of 3/10/25 4:24 PM CT

140	60 Meters	33.26
LW: 140		average 8.32
Kristian DORSETT	FR 8.07	2/2 DeSchriv Invit
Alyssa VOGT	SO 8.18	2/21 Bucknell Tune-l
Makayla SMITH	SO 8.32	2/15 SPIRE Collegiat
LeAnn GRIER	SO 8.69	1/25 Gulden Invitatic

142	200 Meters	1:48.82
LW: 142		average 27.20
Kristian DORSETT	FR 26.50c	(26.91f) 2/21 Bucknell Tune-l
Makayla SMITH	SO 27.35c	(27.77f) 2/2 DeSchriv Invit
Alyssa VOGT	SO 27.48 OT	2/15 SPIRE Collegiat
Aaliyah CANCEL	SO 27.49	1/17 Ramapo Season

115	400 Meters	4:12.27
LW: 115		average 1:03.07
Aaliyah CANCEL	SO 59.59c	(1:00.38f) 2/2 DeSchriv Invit
Aubrey BONNER	FR 1:03.75	2/15 SPIRE Collegiat
Lilah MATTHEWS	FR 1:04.16	2/15 SPIRE Collegiat
Anthonette BANTAMOI	FR 1:04.77	1/17 Ramapo Season

63	800 Meters	9:29.32
LW: 63		average 2:22.33
88 Riley TRENTOWSKI	FR 2:15.21	2/8 Sykes-Sabock C
Carla BAUTISTA	SO 2:23.71	2/8 Sykes-Sabock C
Hannah SKELLY	SO 2:25.15c	(2:26.82f) 2/21 Bucknell Tune-l
Alex CHOBANY	FR 2:25.25c	(2:26.92f) 2/21 Bucknell Tune-l

58	Mile	20:56.53
LW: 58		average 5:14.13
Payton FALKENSTEIN	SO 5:06.88c	(5:09.91f) 3/2 PSAC
Riley TRENTOWSKI	FR 5:15.35	1/17 Ramapo Season
Sidney HUTT	SO 5:15.53c	(5:18.65f) 2/21 Bucknell Tune-l
Carla BAUTISTA	SO 5:18.77	1/17 Ramapo Season

80	3000 Meters	42:58.96
LW: 80		average 10:44.74
Payton FALKENSTEIN	SO 10:06.59	2/8 Sykes-Sabock C
Daniella NAPOLI	SR 10:18.71	2/8 Sykes-Sabock C
Megan ELGRIM	JR 11:15.43	(11:21.22f) 2/2 DeSchriv Invit
Kiera WIMBUSH	SO 11:18.23	2/15 SPIRE Collegiat

44	5000 Meters	1:14:49
LW: 44		average 18:42.19
Payton FALKENSTEIN	SO 17:43.54	(17:51.68f) 3/2 PSAC
Daniella NAPOLI	SR 18:06.58	(18:14.90f) 3/2 PSAC
Mia SISILLI	SO 19:25.63	(19:34.55f) 1/25 Gulden Invitatic
Megan ELGRIM	JR 19:33.01	(19:41.99f) 1/25 Gulden Invitatic

23	Weight Throw	60.90m	199-10
LW: 23		average 15.22m	49-11½
23 Samiyah LITTLE	JR 18.18m	59-7¾	2/21 Bucknell Tune-l
Olivia SFORZA	SR 14.89m	48-10¼	3/2 PSAC
Sarah ROTH	JR 14.61m	47-11¼	3/2 PSAC
Bailey GRASSMAN	SO 13.22m	43-4½	2/2 DeSchriv Invit



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Eastern New Mexico — Women

as of 3/10/25 4:24 PM CT

19	60 Meters	30.80
LW: 19		average 7.70
35	Grizell SCARLETT	SO 7.52c (7.50A) 2/22 Lone Star
88	Jodian STEWART	SO 7.65c (7.63A) 2/22 Lone Star
	Riley MIDGETT	JR 7.80c (7.78A) 2/22 Lone Star
	Gabriela ELIZALDE	JR 7.83 12/7 Crimson & Gold
33	200 Meters	1:40.75
LW: 33		average 25.19
89	Grizell SCARLETT	SO 24.73c (24.66A) 2/15 Kirby Elite
	Gabriela ELIZALDE	JR 25.25c (25.18A) 2/22 Lone Star
	Helena KLUTSEY-CARBOO	SO 25.25c (25.18A) 2/22 Lone Star
	Riley MIDGETT	JR 25.52c (25.45A) 2/15 Kirby Elite
63	400 Meters	3:58.74
LW: 63		average 59.68
	Helena KLUTSEY-CARBOO	SO 58.15c (58.04A) 2/22 Lone Star
	Minerva CERDA-HERNANDEZ	SO 58.48 OT 12/7 Crimson & Gold
	Meghan RODRIGUEZ	JR 1:00.29c (1:00.18A) 1/25 MLK Inv
	Meredith BROWN	FR 1:01.82c (1:01.61A) 1/10 Friday Night
29	Long Jump	21.72m 71-3¼
LW: 29		average 5.43m 17-9¾
27	Jodian STEWART	SO 5.85mA 19-2½ 2/22 Lone Star
	Celina THOMAS	SO 5.49mA 18-¼ 2/22 Lone Star
	Journie ALEXANDER	SO 5.37mA 17-7½ 2/15 Kirby Elite
	Gabriela ELIZALDE	JR 5.01mA 16-5¼ 1/10 Friday Night
33	Weight Throw	57.15m 187-6
LW: 33		average 14.29m 46-10½
	Jha'Niah JOHNSON	JR 15.12m 49-7¼ 2/1 Texas Tech Star
	Kennedy ULMER	JR 14.81mA 48-7¼ 2/15 Kirby Elite
	Olivia LUCERO	FR 14.03mA 46-½ 2/22 Lone Star
	Leslie JAQUEZ	JR 13.19mA 43-3¼ 1/10 Friday Night



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Edinboro — Women

as of 3/10/25 4:24 PM CT

133	60 Meters	32.97
LW: 133		average 8.24
Berna ZUKINA	JR 7.97	2/8 Jud Logan Ligh
Maddison DOREN	SR 8.22	12/6 Youngstown Stc
Mackenzie HUSTON	JR 8.30	1/17 Youngstown Stc
Mackenzie FLETCHER	JR 8.48	1/17 Youngstown Stc

128	200 Meters	1:47.23
LW: 128		average 26.81
Berna ZUKINA	JR 25.12c (25.51f)	3/2 PSAC
Madeline NEWARK	JR 26.49 OT	2/15 SPIRE Collegiat
Mackenzie HUSTON	JR 27.29 OT	2/15 SPIRE Collegiat
Mackenzie FLETCHER	JR 28.33 OT	2/22 Ashland Last Cl

102	400 Meters	4:07.78
LW: 102		average 1:01.95
87 Berna ZUKINA	JR 56.47 OT	2/14 GVSU Big I
Mackenzie HUSTON	JR 1:02.65	2/15 SPIRE Collegiat
Mackenzie FLETCHER	JR 1:03.34	12/6 Youngstown Stc
Jacey CIHAK	SR 1:05.32	2/8 Jud Logan Ligh

83	800 Meters	9:43.70
LW: 83		average 2:25.93
Kadi BAUER	SO 2:20.66	2/15 GVSU Big II
Katie SHOPE	FR 2:26.23	2/22 Ashland Last Cl
Madeline NEWARK	JR 2:27.18c (2:28.87f)	3/2 PSAC
Madeline HAMMOND	SO 2:29.63	2/22 Ashland Last Cl

87	Mile	21:38.97
LW: 85 ▼ 2		average 5:24.74
Kadi BAUER	SO 5:05.49c (5:08.51f)	3/2 PSAC
Magdalena JAKUBOWSKA	FR 5:14.33	2/14 GVSU Big I
Katie SHOPE	FR 5:34.48	2/15 SPIRE Collegiat
Madeline HAMMOND	SO 5:44.67	1/17 Youngstown Stc

47	3000 Meters	41:40.90
LW: 47		average 10:25.23
Kate SZEP	SR 10:16.44 (10:21.72f)	3/2 PSAC
Magdalena JAKUBOWSKA	FR 10:21.24	2/8 Jud Logan Ligh
Kadi BAUER	SO 10:22.27	1/17 Youngstown Stc
Alexa TRAX	SR 10:40.95	2/8 Jud Logan Ligh

40	5000 Meters	1:14:03
LW: 40		average 18:30.66
98 Kate SZEP	SR 17:38.30	2/14 GVSU Big I
Alexa TRAX	SR 18:42.85	1/25 SPIRE Midwest
Katie SLIMON	SO 18:48.25	2/14 GVSU Big I
Jocelyn WILSON	SO 18:53.23	1/25 SPIRE Midwest

93	Long Jump	19.61m	64-4
LW: 92 ▼ 1		average 4.90m	16-1
Maddison DOREN	SR 5.26m	17-3¼	2/1 YSU Mid Major I
Madeline NEWARK	JR 5.15m	16-10¾	3/2 PSAC
Mackenzie FLETCHER	JR 5.04m	16-6½	12/6 Youngstown Stc
Kaci SMITH	SO 4.16m	13-7¾	2/15 SPIRE Collegiat

92	Shot Put	40.40m	132-7
LW: 92		average 10.10m	33-1¾
Anna ELDER	SO 11.41m	37-5¼	2/8 Jud Logan Ligh
Madeline NEWARK	JR 10.62m	34-10¼	1/25 SPIRE Midwest
Eden RUSH	FR 9.98m	32-9	12/6 Youngstown Stc
Jillian KLINE	FR 8.39m	27-6½	12/6 Youngstown Stc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Embry-Riddle (Fla.) — Women

as of 3/10/25 4:24 PM CT

95	60 Meters	32.17	
LW: 95		average 8.04	
	Shenya O'CONNELL	SR 7.81	2/18 Peach Belt Indc
	Michala DANIELS	JR 7.87	2/18 Peach Belt Indc
	Jade TCHOUAWOU NAYAP	FR 8.10	2/18 Peach Belt Indc
	Helena HUYKE	JR 8.39	2/1 The Legends of

29	60 Meter Hurdles	36.85	
LW: 29		average 9.21	
	Dejah SAUNDERS	JR 9.06	2/18 Peach Belt Indc
	Michala DANIELS	JR 9.15	2/18 Peach Belt Indc
	Brooklyn GOULD	SR 9.27	2/18 Peach Belt Indc
	Helena HUYKE	JR 9.37	2/18 Peach Belt Indc

124	200 Meters	1:46.94	
LW: 124		average 26.74	
	Liora BEST	FR 25.03	2/18 Peach Belt Indc
	Shenya O'CONNELL	SR 25.76	2/18 Peach Belt Indc
	Kylie DAVIS	FR 26.92	2/7 Celebration Poi
	Dejah SAUNDERS	JR 29.23	2/7 Celebration Poi

47	400 Meters	3:55.87	
LW: 47		average 58.97	
	Liora BEST	FR 57.03	2/18 Peach Belt Indc
	Allegra TRINER	FR 58.57	2/18 Peach Belt Indc
	Taylor ROTH	SO 59.90	1/25 RADD College Ir
	Nithya CHUMMAR	SR 1:00.37	2/1 The Legends of

28	800 Meters	9:09.73	
LW: 28		average 2:17.43	
35	Taylor ROTH	SO 2:10.88	3/2 Boston Universi
	Allegra TRINER	FR 2:17.94	2/18 Peach Belt Indc
	Brooklyn GOULD	SR 2:19.52	1/25 RADD College Ir
	Nithya CHUMMAR	SR 2:21.39	2/1 The Legends of

71	Mile	21:10.09	
LW: 71		average 5:17.52	
	Taylor ROTH	SO 5:04.92	2/1 The Legends of
	Mackenzie KELLER	JR 5:12.33	2/18 Peach Belt Indc
	Emily TUBBS	FR 5:24.60	2/1 The Legends of
	Allegra TRINER	FR 5:28.24	1/18 Jimmy Carnes I

28	High Jump	6.29m	20-7½
LW: 28		average 1.57m	5-1¾
66	Brooklyn GOULD	SR 1.65m	5-5 1/25 RADD College Ir
66	Jade TCHOUAWOU NAYAP	FR 1.65m	5-5 1/25 RADD College Ir
	Megan GRANT	SO 1.52m	4-11¾ 2/18 Peach Belt Indc
	Hannah ROBINSON	SO 1.47m	4-9¾ 2/1 The Legends of

26	Pole Vault	11.71m	38-5
LW: 26		average 2.93m	9-7¼
	Leilani SPRUILL	FR 3.12m	10-2¾ 2/18 Peach Belt Indc
	Resa AKERS	JR 2.97m	9-9 2/18 Peach Belt Indc
	Mckenna PANOS	FR 2.95m	9-8 1/18 Jimmy Carnes I
	Madeline AMPLEMAN	FR 2.67m	8-9 2/18 Peach Belt Indc

40	Long Jump	21.34m	70-¼
LW: 40		average 5.34m	17-6
	Mikaela MILES	JR 5.59m	18-4¼ 2/18 Peach Belt Indc
	Brooklyn GOULD	SR 5.54m	18-2¼ 2/18 Peach Belt Indc
	Jade TCHOUAWOU NAYAP	FR 5.19m	17-½ 1/25 RADD College Ir
	Michala DANIELS	JR 5.02m	16-5¾ 2/18 Peach Belt Indc

79	Shot Put	42.22m	138-6
LW: 79		average 10.56m	34-7½
	Madison MORRIS	JR 12.15m	39-10½ 2/18 Peach Belt Indc
	Brooklyn GOULD	SR 10.65m	34-11¼ 2/18 Peach Belt Indc
	Anaya SHRIDER	FR 10.64m	34-11 2/18 Peach Belt Indc
	Ally FUGATE	FR 8.78m	28-9¾ 2/18 Peach Belt Indc

44	Weight Throw	56.18m	184-4
LW: 44		average 14.04m	46-1
43	Kirsten ROLLE	JR 17.20m	56-5¼ 2/18 Peach Belt Indc
	Madison MORRIS	JR 14.22m	46-8 2/18 Peach Belt Indc
	Hailey BRUCE	SO 13.28m	43-7 2/18 Peach Belt Indc
	Ally FUGATE	FR 11.48m	37-8 2/18 Peach Belt Indc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Emmanuel (Ga.) — Women

as of 3/10/25 4:24 PM CT

162 60 Meters **34.26**
LW: 162 *average 8.56*

Valasha CARTER	SO	8.32	12/8 JDL Early Bird I
Alexis WILCHER	FR	8.42	2/24 Conference Car
Rayven THURSTON	SO	8.53	12/8 JDL Early Bird I
Janiya ROBINSON	SO	8.99	1/19 KMS Indoor Invi

156 200 Meters **1:50.60**
LW: 155♥ 1 *average 27.65*

Jai PIAZZA	SO	25.75c	(26.15f) 12/8 JDL Early Bird I
Morgan HALL	SO	26.83c	(27.24f) 1/26 JDL Flat is Fast
Alexis WILCHER	FR	28.75c	(29.19f) 1/26 JDL Flat is Fast
Ashley WILLIAMS	SR	29.27c	(29.72f) 1/26 JDL Flat is Fast

127 400 Meters **4:18.44**
LW: 125♥ 2 *average 1:04.61*

Jai PIAZZA	SO	1:01.70c	(1:02.514f) 12/7 Visit Winston-Sc
Morgan HALL	SO	1:02.94c	(1:03.77f) 12/7 Visit Winston-Sc
Ashley WILLIAMS	SR	1:05.36c	(1:06.22f) 12/8 JDL Early Bird I
Janiya ROBINSON	SO	1:08.44c	(1:09.34f) 12/8 JDL Early Bird I

157 800 Meters **11:12.63**
LW: 157 *average 2:48.16*

Jayda SPIKES	JR	2:43.73c	(2:45.61f) 2/24 Conference Car
Gracie WOODS	SO	2:43.94c	(2:45.83f) 1/18 Mondo College
Paola RUBIO	SR	2:52.20c	(2:54.18f) 1/18 Mondo College
Rose REARDIN	FR	2:52.76c	(2:54.75f) 12/7 Visit Winston-Sc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Emory and Henry — Women

as of 3/10/25 4:24 PM CT

153	60 Meters	33.71
LW: 153		average 8.43
	Aiyana BLAKEY	FR 8.18 2/22 JDL Last Chance
	Kai THOMAS	FR 8.46 2/15 Joe LaRocco Inv
	Ella KNIGHT	SO 8.53 2/15 Joe LaRocco Inv
	Mia SPANGLER	FR 8.54 2/15 Joe LaRocco Inv
172	200 Meters	1:53.69
LW: 171 ▼ 1		average 28.42
	Aiyana BLAKEY	FR 26.83c (27.24f) 2/22 JDL Last Chance
	Kai THOMAS	FR 28.67c (29.12f) 2/15 Joe LaRocco Inv
	Madison RICKETTS	JR 28.81 2/8 VMI Winter Clas
	Ella KNIGHT	SO 29.38c (29.84f) 2/15 Joe LaRocco Inv
141	400 Meters	4:33.87
LW: 139 ▼ 2		average 1:08.47
	Aiyana BLAKEY	FR 1:04.79c (1:05.65f) 2/22 JDL Last Chance
	Madison RICKETTS	JR 1:05.32c (1:06.18f) 2/15 Joe LaRocco Inv
	Abby HARRIS	FR 1:09.47 2/8 VMI Winter Clas
	Chloe JONES	SR 1:14.29c (1:15.28f) 2/15 Joe LaRocco Inv
90	800 Meters	9:47.63
LW: 90		average 2:26.91
	McKenzie TATE	SO 2:25.90c (2:27.58f) 2/22 JDL Last Chance
	Tess SOMERVELL	FR 2:26.24c (2:27.92f) 2/22 JDL Last Chance
	Kennedy HARRIS	SO 2:27.42c (2:29.12f) 3/2 SAC Indoor
	Maya TURNER	SO 2:28.07c (2:29.77f) 3/2 SAC Indoor
114	Mile	22:13.54
LW: 113 ▼ 1		average 5:33.38
	89 Delaney ELLER	JR 4:57.71c (5:00.65f) 3/2 SAC Indoor
	McKenzie TATE	SO 5:38.97c (5:42.32f) 2/15 Joe LaRocco Inv
	Kennedy HARRIS	SO 5:45.21 2/8 VMI Winter Clas
	Elise MCKINNEY	JR 5:51.65c (5:55.13f) 2/15 Joe LaRocco Inv
105	3000 Meters	44:39.44
LW: 105		average 11:09.86
	79 Delaney ELLER	JR 9:56.58c (10:01.69f) 2/22 JDL Last Chance
	Elise MCKINNEY	JR 11:15.18 (11:20.96f) 2/22 JDL Last Chance
	Kennedy HARRIS	SO 11:36.68 2/8 VMI Winter Clas
	Madison FISCUS	SO 11:51.00 (11:57.09f) 2/22 JDL Last Chance
67	5000 Meters	1:20:27
LW: 66 ▼ 1		average 20:06.85
	Delaney ELLER	JR 18:16.13 2/8 VMI Winter Clas
	Elise MCKINNEY	JR 19:49.14 (19:58.24f) 3/2 SAC Indoor
	Madison FISCUS	SO 20:23.12 (20:32.48f) 3/2 SAC Indoor
	Hannah ROSEN	SO 21:58.99 (22:09.09f) 3/2 SAC Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Emporia State — Women

as of 3/10/25 4:24 PM CT

110	60 Meters	32.56
LW: 110		average 8.14
	Barbara BENTUM	FR 7.82 3/2 MIAA
	Jayda HARRIS	SO 8.12 1/17 Washburn Rust
	Josie OREAR	JR 8.28 2/8 Bearcat Invite (
	Hailey ANDERSON	JR 8.34 2/8 Bearcat Invite (

116	200 Meters	1:46.14
LW: 116		average 26.54
	Barbara BENTUM	FR 25.37 OT 3/2 MIAA
	Abigael REID	SR 26.62 1/17 Washburn Rust
	Josie OREAR	JR 27.03 OT 3/2 MIAA
	Isabella DAVIE	FR 27.12 OT 1/24 Rumble in the J

78	800 Meters	9:40.55
LW: 78		average 2:25.14
	Isabella DAVIE	FR 2:17.98 3/2 MIAA
	Mason BINA	SR 2:19.94 2/15 Ichabod Invitat
	Emma BARTHOLOME	FR 2:25.11 2/1 Washburn Oper
	Isabel VIKOLER	SO 2:37.52 2/1 Washburn Oper

110	Mile	22:09.01
LW: 109 ▼ 1		average 5:32.25
	Mason BINA	SR 5:25.00 1/17 Washburn Rust
	Emma BARTHOLOME	FR 5:27.96 3/2 MIAA
	Elizabeth WILLHITE	FR 5:28.85 12/7 Washburn Alum
	Heidi GRIMMETT	JR 5:47.20 1/24 Rumble in the J

38	High Jump	6.19m	20-3¾
LW: 38		average 1.55m	5-1
Lily ZEIGLER	FR 1.60m	5-3	2/15 Ichabod Invitat
Isabella DAVIE	FR 1.55m	5-1	1/17 Washburn Rust
Scarlett BEGLEY	SO 1.55mA	5-1	12/13 Colorado Runni
Isabel VIKOLER	SO 1.49m	4-10½	3/2 MIAA

55	Long Jump	20.84m	68-4½
LW: 54 ▼ 1		average 5.21m	17-1¼
Isabel VIKOLER	SO 5.34mA	17-6¼	12/13 Colorado Runni
Isabella DAVIE	FR 5.30mA	17-4¾	12/13 Colorado Runni
Renee NICHOL	SR 5.12m	16-9¾	12/7 Washburn Alum
Scarlett BEGLEY	SO 5.08m	16-8	12/7 Washburn Alum

17	Shot Put		50.63m	166-2
LW: 17			average 12.66m	41-6½
10	Mele TAULA	SO	15.15m	49-8½ 12/7 Washburn Alum
82	Emma SEIDL	SR	13.04m	42-9½ 1/24 Rumble in the J
	Tailynn BUETTGENBACH	SO	11.52m	37-9½ 2/8 Bearcat Invite (
	Madison VERMETTEN	JR	10.92m	35-10 2/8 Bearcat Invite (

20	Weight Throw		61.73m	202-7
LW: 20			average 15.43m	50-7¾
35	Madison VERMETTEN	JR 17.41m	57-1½	2/15 Ichabod Invitat
43	Mele TAULA	SO 17.20m	56-5¼	1/17 Washburn Rust
	Rachelle REICHERT	SR 14.61m	47-11¼	3/2 MIAA
	Avery REDMON	FR 12.51m	41-½	12/7 Washburn Alum



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Erskine — Women

as of 3/10/25 4:24 PM CT

181 200 Meters 1:55.75LW: 180 ▼ 1 **average 28.94**

Colette DISMUKES	FR	27.13c	(27.55f)	2/24	Conference Car
Mckenna PHILLIPS	JR	29.07c	(29.52f)	2/7	Camel City Invit
Antaja WHITEHEAD	SR	29.32c	(29.77f)	1/26	JDL Flat is Fast
Ashlyn STROUD	SR	30.23		2/1	Carolina Challe

139 400 Meters 4:31.02LW: 137 ▼ 2 **average 1:07.75**

Shamya HUDSON	FR	1:03.47c	(1:04.31f)	2/24	Conference Car
Chloe MUMAW	JR	1:08.40c	(1:09.30f)	2/7	Camel City Invit
Sophie SEDESKA	SR	1:09.22c	(1:10.13f)	2/7	Camel City Invit
Ashlyn STROUD	SR	1:09.93c	(1:10.85f)	2/7	Camel City Invit

152 800 Meters 10:47.69LW: 152 **average 2:41.92**

Chloe MUMAW	JR	2:35.15c	(2:36.94f)	2/8	Camel City Invit
Raleigh FAULKNER	JR	2:38.71c	(2:40.54f)	1/26	JDL Flat is Fast
Adaline RUDDER	FR	2:44.94c	(2:46.84f)	2/8	Camel City Invit
Sophie SEDESKA	SR	2:48.89c	(2:50.83f)	1/26	JDL Flat is Fast



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Fayetteville State — Women

as of 3/10/25 4:24 PM CT

29	60 Meters	31.07
LW: 29		average 7.77
54	Ronee TUDOR SR 7.58	1/31 Marlin Invitatio
	Ziyah ETCHISON SO 7.68	2/17 CIAA
	Jayla WILLIAMS SO 7.87	2/17 CIAA
	Tramoni MYLES JR 7.94	2/17 CIAA

54	60 Meter Hurdles	37.79
LW: 54		average 9.45
	Gabrielle CHEEK FR 9.30	2/7 Camel City Invit
	Tanzania WASHINGTON SO 9.33	2/17 CIAA
	Sanai PHILLIPS FR 9.49	2/17 CIAA
	Domanique KNOWLES JR 9.67	12/7 Visit Winston-Sc

31	200 Meters	1:40.56
LW: 31		average 25.14
56	Janya MOORE SO 24.49c (24.87f)	2/17 CIAA
	Ziyah ETCHISON SO 24.93c (25.31f)	2/17 CIAA
	Ronee TUDOR SR 25.19c (25.58f)	2/17 CIAA
	Jeaneva GOLDEN SO 25.95c (26.35f)	2/17 CIAA

36	400 Meters	3:53.73
LW: 36		average 58.43
51	Janya MOORE SO 55.89c (56.63f)	2/17 CIAA
	Jeaneva GOLDEN SO 58.64c (59.41f)	2/17 CIAA
	Sierrah MATTHEWS SO 59.53c (1:00.318f)	12/7 Visit Winston-Sc
	Gabrielle CHEEK FR 59.67	1/31 Marlin Invitatio

57	800 Meters	9:27.52
LW: 56 ▼ 1		average 2:21.88
	Brenda CHEBOI JR 2:18.50c (2:20.09f)	2/17 CIAA
	Ashley BELL SO 2:19.84c (2:21.45f)	2/17 CIAA
	Repline CHEPTOO JR 2:23.54c (2:25.19f)	2/17 CIAA
	Nia GIBSON JR 2:25.64	1/31 Marlin Invitatio

91	Mile	21:42.22
LW: 89 ▼ 2		average 5:25.56
	Brenda CHEBOI JR 5:19.84c (5:23.00f)	2/17 CIAA
	Ashley BELL SO 5:23.60c (5:26.80f)	2/17 CIAA
	Nia GIBSON JR 5:24.05c (5:27.25f)	2/17 CIAA
	Repline CHEPTOO JR 5:34.73c (5:38.04f)	2/8 Camel City Invit

116	3000 Meters	45:41.54
LW: 116		average 11:25.38
	Brenda CHEBOI JR 10:52.83 (10:58.42f)	2/17 CIAA
	Nia GIBSON JR 11:06.00 (11:11.71f)	2/17 CIAA
	Repline CHEPTOO JR 11:41.38 (11:47.39f)	2/17 CIAA
	Faith KIPKOSGEI SO 12:01.33 (12:07.51f)	12/8 JDL Early Bird I

48	High Jump	6.06m	19-10½
LW: 48		average 1.52m	4-11½
	Domanique KNOWLES JR 1.61m	5-3¼	2/17 CIAA
	Sheree WRIGHT JR 1.54m	5-½	12/7 Visit Winston-Sc
	Sanai PHILLIPS FR 1.48m	4-10¼	1/31 Marlin Invitatio
	Kaiya WRIGHT SO 1.43m	4-8¼	1/31 Marlin Invitatio

37	Long Jump	21.48m	70-5¾
LW: 37		average 5.37m	17-7½
	Mikalyn CHAMBERS SO 5.44m	17-10¼	1/31 Marlin Invitatio
	Holley JOHNSON SO 5.39m	17-8¼	2/17 CIAA
	Abraonna WILLIAMS JR 5.38m	17-8	2/17 CIAA
	Mia THOMPSON SO 5.27m	17-3½	2/22 JDL Last Chanc

13	Triple Jump	44.39m	145-8
LW: 13		average 11.10m	36-5
49	Domanique KNOWLES JR 11.78m	38-7¾	2/16 CIAA
75	Mikalyn CHAMBERS SO 11.49m	37-8½	12/7 Visit Winston-Sc
	Gabrielle CHEEK FR 10.97m	36-0	1/31 Marlin Invitatio
	Mia THOMPSON SO 10.15m	33-3¾	1/18 Mondo College

55	Shot Put	44.99m	147-7
LW: 55		average 11.25m	36-11
71	Aaliyah WHYTE JR 13.13m	43-1	2/17 CIAA
	Paige SIMMONS-NORRIS FR 11.23m	36-10¼	2/17 CIAA
	Da'Sia SMITH SO 11.20m	36-9	2/17 CIAA
	Sanai PHILLIPS FR 9.43m	30-11¼	2/17 CIAA

19	Pentathlon	10,221
LW: 19		average 2,555
	Domanique KNOWLES JR 2,748	2/17 CIAA
	Sanai PHILLIPS FR 2,641	2/17 CIAA
	Tanzania WASHINGTON SO 2,432	2/17 CIAA
	Holley JOHNSON SO 2,400	2/17 CIAA



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Felician — Women

as of 3/10/25 4:24 PM CT

130	60 Meters	32.90	
LW: 130		average 8.22	
	Chimeremya ODOH	FR 7.94	2/7 Fastrack Natio
	Shaquira WALCOTT	JR 8.09	2/8 Frank Colden In
	Aarysa MOORE	SO 8.36	1/17 Ramapo Seaso
	Sophie GARTLAND	SO 8.51	1/10 St. Thomas Aqu

91	200 Meters	1:45.02	
LW: 91		average 26.26	
	Chantoya THOMAS	SR 25.45	2/16 ECC
	Darrian LEWIS	JR 26.33c (26.73f)	2/8 Frank Colden In
	Chimeremya ODOH	FR 26.34	2/7 Fastrack Natio
	Selena ERTTELL-EASLEY	FR 26.90	2/16 ECC

61	400 Meters	3:58.41	
LW: 61		average 59.60	
	Chantoya THOMAS	SR 57.58	2/16 ECC
	Imani FITZPATRICK	JR 58.99c (59.77f)	2/8 Frank Colden In
	Mia MARTINEZ	SR 1:00.85	2/16 ECC
	Darrian LEWIS	JR 1:00.99	2/16 ECC

131	800 Meters	10:16.79	
LW: 131		average 2:34.20	
	Catherine CATIPAY	SR 2:19.39c (2:20.99f)	2/8 Frank Colden In
	Mia MARTINEZ	SR 2:32.42	1/17 Ramapo Seaso
	Kaitlyn VIEIRA	SO 2:38.65	1/17 Ramapo Seaso
	Callie NEGRO	SR 2:46.33	1/31 Marlin Invitatio

133	Mile	23:05.67	
LW: 132 1		average 5:46.42	
	Catherine CATIPAY	SR 5:28.32	1/17 Ramapo Seaso
	Cynthia DELAPAZ	SR 5:45.25	12/13 Seahawk Shoot
	Tahasia THOMAS	SR 5:55.56c (5:59.07f)	2/8 Frank Colden In
	Callie NEGRO	SR 5:56.54c (6:00.06f)	2/8 Frank Colden In

122	3000 Meters	47:00.46	
LW: 122		average 11:45.12	
	Cynthia DELAPAZ	SR 10:48.54	1/10 St. Thomas Aqu
	Crystal MARGOTTA	FR 11:38.70	1/10 St. Thomas Aqu
	Callie NEGRO	SR 12:15.31	12/13 Seahawk Shoot
	Kelsey PEREIRA	SR 12:17.91 (12:24.23f)	2/8 Frank Colden In

17	High Jump	6.40m	21-0
LW: 17		average 1.60m	5-3
	89 Talia FERGUSON	SR 1.63m	5-4¼ 12/13 Seahawk Shoot
	Jada CARROLL	SR 1.60m	5-3 1/25 Sander Chal.
	Aarysa MOORE	SO 1.60m	5-3 1/25 Sander Chal.
	April DISLA	FR 1.57m	5-1¾ 1/17 Ramapo Seaso

44	Long Jump	21.18m	69-6
LW: 44		average 5.30m	17-4½
	Talia FERGUSON	SR 5.51m	18-1 12/13 Seahawk Shoot
	Jada CARROLL	SR 5.48m	17-11¾ 2/16 ECC
	Aarysa MOORE	SO 5.31m	17-5¼ 12/13 Seahawk Shoot
	Akera REID	FR 4.88m	16-¼ 1/10 St. Thomas Aqu

50	Shot Put	45.97m	150-10
LW: 50		average 11.49m	37-8½
	Destiny ELLERBE	SR 12.24m	40-2 2/16 ECC
	Destiny FIELDS	JR 11.60m	38-¾ 2/16 ECC
	Daliana ROJAS	FR 11.10m	36-5 2/16 ECC
	Ana LOPEZ	SR 11.03m	36-2¼ 2/16 ECC

60	Weight Throw	52.23m	171-4
LW: 60		average 13.06m	42-10¼
	Destiny ELLERBE	SR 14.11m	46-3½ 2/7 Fastrack Natio
	Valerie HARTMAN	SR 13.39m	43-11¼ 2/16 ECC
	Destiny FIELDS	JR 13.14m	43-1½ 2/16 ECC
	Daliana ROJAS	FR 11.59m	38-¼ 2/16 ECC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Ferris State — Women

as of 3/10/25 4:24 PM CT

96	60 Meters	32.19
LW: 96		average 8.05
Allie DELOST	SO 7.75	3/2 GLIAC
Lacey ZIMMERMAN	SO 8.01	3/2 GLIAC
Ana FORTIER	SO 8.07	3/2 GLIAC
Darnesha FRALEY	SO 8.36	12/6 Grand Valley St
77	200 Meters	1:44.29
LW: 77		average 26.07
Abby WINKLE	JR 25.42 OT	3/2 GLIAC
Lacey ZIMMERMAN	SO 26.11 OT	2/21 SVSU Tune-Up
Darnesha FRALEY	SO 26.29 OT	3/2 GLIAC
Angela KOTECKI	JR 26.47 OT	12/6 Grand Valley St
90	400 Meters	4:04.72
LW: 90		average 1:01.18
Abby WINKLE	JR 57.12 OT	3/2 GLIAC
Oliviah MALLOY	FR 1:01.96	12/6 Grand Valley St
Kendra MONTAGUE	SR 1:02.63	12/6 Grand Valley St
Nyah TYRON	JR 1:03.01	2/1 SVSU Jet's Pizz
45	800 Meters	9:21.56
LW: 45		average 2:20.39
Daisy ENGLUND	SR 2:16.25	1/24 GVSU Bill Clinge
Ella KOWATCH	SO 2:20.67	2/21 SVSU Tune-Up
Taylor HUNTOON	JR 2:21.81	2/21 SVSU Tune-Up
Abby GRIFFITH	FR 2:22.83	2/21 SVSU Tune-Up
42	Mile	20:35.24
LW: 42		average 5:08.81
Hanna BROCK	SR 5:00.89	2/1 SVSU Jet's Pizz
Whitney FARRELL	JR 5:04.99	2/21 SVSU Tune-Up
Daisy ENGLUND	SR 5:14.31	2/15 GVSU Big II
Jessica DURKEE	JR 5:15.05	2/1 SVSU Jet's Pizz
49	3000 Meters	41:45.48
LW: 49		average 10:26.37
Whitney FARRELL	JR 10:08.17	3/2 GLIAC
Hanna BROCK	SR 10:08.58	2/15 GVSU Big II
Emily PLOUFF	JR 10:43.30	3/2 GLIAC
Jessica DURKEE	JR 10:45.43	2/21 SVSU Tune-Up
32	5000 Meters	1:13:05
LW: 32		average 18:16.31
84 Hanna BROCK	SR 17:31.19	3/2 GLIAC
96 Whitney FARRELL	JR 17:38.05	3/2 GLIAC
Jessica DURKEE	JR 18:35.44	2/1 SVSU Jet's Pizz
Tessa WOHLSCHLEGEL	FR 19:20.56	2/1 SVSU Jet's Pizz



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Findlay — Women

as of 3/10/25 4:24 PM CT

8	60 Meters	30.43
LW: 8		average 7.61
12	Jordan TAYLOR	SR 7.41 2/14 GVSU Big I
15	Leah SMITH	SO 7.42 3/1 G-MAC
	Kylie RAY	SR 7.77 1/18 Findlay Alumni
	Taylor SCRIBNER	FR 7.83 2/21 Flag City Tune-I

8	60 Meter Hurdles	35.87
LW: 8		average 8.97
34	Kylie RAY	SR 8.64 2/1 Penn State Natl
100	Amelia MIZELLE	JR 8.97 3/1 G-MAC
	Gloria MENGOLLO	FR 8.98 3/1 G-MAC
	Zanri BLACK	FR 9.28 3/1 G-MAC

2	200 Meters	1:37.05
LW: 2		average 24.26
3	Jordan TAYLOR	SR 23.64 OT 3/1 G-MAC
13	Leah SMITH	SO 23.94 OT 3/1 G-MAC
46	Kylie RAY	SR 24.37 OT 3/1 G-MAC
	Mary ELLIS	SO 25.10c (25.49f) 2/21 Flag City Tune-I

7	400 Meters	3:42.40
LW: 7		average 55.60
17	Kylie RAY	SR 54.40 OT 3/1 G-MAC
47	Mary ELLIS	SO 55.82 OT 3/1 G-MAC
52	Jordan TAYLOR	SR 55.90c (56.64f) 1/25 Hillsdale Wide I
78	Taylor IVORY	SR 56.28 OT 3/1 G-MAC

11	800 Meters	8:58.11
LW: 11		average 2:14.53
14	Kylie RAY	SR 2:08.80 2/8 Jud Logan Ligh
62	Bailey CHENEVEY	SR 2:13.96 2/14 GVSU Big I
	Hailey WILSON	SR 2:17.03 3/1 G-MAC
	Emma HAMMER	FR 2:18.32c (2:19.91f) 12/5 Oiler Opener

18	Mile	20:03.05
LW: 18		average 5:00.76
59	Ella WEBSTER	JR 4:54.95 3/1 G-MAC
	Hailey WILSON	SR 4:59.34 3/1 G-MAC
	Ava BEAM	SR 5:01.33 3/1 G-MAC
	Bailey CHENEVEY	SR 5:07.43c (5:10.47f) 1/25 Hillsdale Wide I

35	3000 Meters	41:02.98
LW: 35		average 10:15.75
	Ella WEBSTER	JR 10:04.82 2/1 Penn State Natl
	Sarah REINHART	JR 10:16.89 (10:22.17f) 1/18 Findlay Alumni
	Ava BEAM	SR 10:16.95 (10:22.23f) 1/25 Hillsdale Wide I
	Sydney SWAN	JR 10:24.32 3/1 G-MAC

35	5000 Meters	1:13:16
LW: 35		average 18:19.11
	Ava BEAM	SR 17:45.33 2/14 GVSU Big I
	Sarah REINHART	JR 18:20.23 2/14 GVSU Big I
	Sydney SWAN	JR 18:22.04 2/14 GVSU Big I
	Claire BACHMAN	JR 18:48.83 3/1 G-MAC

41	High Jump	6.17m	20-2¾
LW: 41		average 1.54m	5-¾
38	Ashley SIGMON	JR 1.68m	5-6 2/21 Flag City Tune-I
	Kassandra STINE	SR 1.58m	5-2¼ 1/25 Hillsdale Wide I
	Kennedy SHAULL	FR 1.48m	4-10¼ 2/21 Flag City Tune-I
	Stephanie SMITH	FR 1.43m	4-8¼ 1/25 Hillsdale Wide I

4	Pole Vault		15.27m	50-1¼
LW: 4			average 3.82m	12-6¼
19	Victoria HARVEY	SO	3.95m	12-11½ 2/1 Penn State Natl
22	Colleen STEINMETZ	FR	3.94m	12-11 2/15 Doug Raymond
34	Tru BUDDENBERG	SO	3.80m	12-5½ 2/1 Penn State Natl
70	Maci AMES	SO	3.58m	11-9 3/1 G-MAC

34	Long Jump	21.53m	70-7¾
LW: 34		average 5.38m	17-8
	Ashley SIGMON	JR 5.56m	18-3 3/1 G-MAC
	Katelyn HEATH	JR 5.40m	17-8¾ 3/1 G-MAC
	Kassandra STINE	SR 5.32m	17-5½ 2/21 Flag City Tune-I
	Peyton HEITMEYER	JR 5.25m	17-2¾ 3/1 G-MAC

9	Shot Put		52.87m	173-6
LW: 9			average 13.22m	43-4½
23	Coulter BROOKE	SR	14.13m	46-4¼ 2/8 Jud Logan Ligh
61	Kelsey KENNON	SR	13.28m	43-7 2/8 Jud Logan Ligh
81	Ava KIEFER	JR	13.05m	42-9¾ 2/21 Flag City Tune-I
	Lena ROUBINEK	FR	12.41m	40-8¾ 3/1 G-MAC

16	Weight Throw		63.03m	206-10
LW: 16			average 15.76m	51-8½
33	Kelsey KENNON	SR 17.43m	57-2¼	2/21 Flag City Tune-I
58	Coulter BROOKE	SR 16.98m	55-8½	2/21 Flag City Tune-I
	Ava KIEFER	JR 14.54m	47-8½	1/18 Findlay Alumni
	Lena ROUBINEK	FR 14.08m	46-2½	2/15 Tiffin University



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Flagler — Women

as of 3/10/25 4:24 PM CT

163	60 Meters	34.33
LW: 163		average 8.58
	Madison MILLER	SO 8.42 2/18 Peach Belt Indo
	Zoe ZINNIE	SO 8.45 1/18 Jimmy Carnes I.
	Megan VREELAND	FR 8.67 1/18 Jimmy Carnes I.
	Courtney MCGOUGH	FR 8.79 2/1 The Legends of
173	200 Meters	1:53.77
LW: 172 ▼ 1		average 28.44
	Madison MILLER	SO 27.90 2/18 Peach Belt Indo
	Tessa THOMPSON	FR 28.02 2/1 The Legends of
	Megan VREELAND	FR 28.62 2/1 The Legends of
	Sara MILLER	FR 29.23 2/7 Celebration Poi
131	400 Meters	4:22.19
LW: 129 ▼ 2		average 1:05.55
	Tessa THOMPSON	FR 1:03.64 2/7 Celebration Poi
	Megan VREELAND	FR 1:04.08 2/18 Peach Belt Indo
	Maddi HOOD	SR 1:04.16 1/18 Jimmy Carnes I.
	Sara MILLER	FR 1:10.31 1/18 Jimmy Carnes I.
22	800 Meters	9:06.79
LW: 22		average 2:16.70
46	Taylor STONE	JR 2:12.51 2/18 Peach Belt Indo
81	Abigail MISCH	JR 2:15.00 2/7 Celebration Poi
	Zoie MARCHANT	SO 2:17.36 3/2 Boston Universi
	Clemence TREGUER	JR 2:21.92 2/1 The Legends of
26	Mile	20:12.92
LW: 26		average 5:03.23
11	Taylor STONE	JR 4:42.45 3/2 Boston Universi
	Monique WHITEMAN	SR 5:05.41 3/2 Boston Universi
	Zoie MARCHANT	SO 5:12.21 2/18 Peach Belt Indo
	Clemence TREGUER	JR 5:12.85 2/1 The Legends of
19	3000 Meters	40:19.68
LW: 19		average 10:04.92
13	Taylor STONE	JR 9:27.63 2/15 David Hemery v
	Monique WHITEMAN	SR 10:03.76 1/25 RADD College Ir
	Enola SAVEL	SR 10:21.64 1/25 RADD College Ir
	Abigail MISCH	JR 10:26.65 1/25 RADD College Ir
31	5000 Meters	1:12:52
LW: 31		average 18:13.06
	Monique WHITEMAN	SR 17:44.17 2/1 The Legends of
	Enola SAVEL	SR 18:05.52 2/18 Peach Belt Indo
	Chloe SMITH	JR 18:13.83 2/18 Peach Belt Indo
	Hope SINER	JR 18:48.71 2/18 Peach Belt Indo



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Florida Southern — Women

as of 3/10/25 4:24 PM CT

80	800 Meters	9:41.27
LW: 80		average 2:25.32
	Caitlin BEERY JR	2:19.87 1/25 RADD College Ir
	Jinia JOHNSON SR	2:25.20 1/25 RADD College Ir
	Alena PEZZOLI FR	2:25.72 1/25 RADD College Ir
	Katrina MACHADO FR	2:30.48 1/25 RADD College Ir
50	Mile	20:46.85
LW: 50		average 5:11.71
	Emma MUSSANTE JR	5:03.80 1/25 RADD College Ir
	Caitlin BEERY JR	5:13.67 2/7 Celebration Poi
	Grace REED SO	5:13.81 2/7 Celebration Poi
	Kira MOTHERSHED SO	5:15.57 1/25 RADD College Ir
42	3000 Meters	41:22.20
LW: 42		average 10:20.55
	Emma MUSSANTE JR	10:01.96 2/1 John Thomas T
	Grace REED SO	10:25.39 2/1 John Thomas T
	Ellie FLUMAN SR	10:25.72 1/25 RADD College Ir
	Rachel HOCKENBERRY JR	10:29.13 2/1 The Legends of



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Fort Hays State — Women

as of 3/10/25 4:24 PM CT

101 60 Meters

32.26

LW: 101

average 8.07

Reba MADER	JR	7.96	3/2 MIAA
Donna JACKSON	SO	7.97	12/7 Washburn Alum
Jayne HAGERMAN	SO	8.16	12/7 Washburn Alum
Chloe MADER	FR	8.17	2/21 Loper Tune-Up

63 60 Meter Hurdles

38.47

LW: 63

average 9.62

Chloe MADER	FR	9.25	3/2 MIAA
Donna JACKSON	SO	9.29	12/13 UNK Pre-Holida
Elysia KUNKLER	SR	9.85	12/13 UNK Pre-Holida
Kylin RUDZIK	JR	10.08	2/1 Washburn Oper

137 800 Meters

10:21.84

LW: 137

average 2:35.46

Eden BATHURST	FR	2:18.46	3/2 MIAA
Makenzie PREMER	FR	2:23.48	2/15 Russ Jewett Ind
Kyra NIPPERT	FR	2:29.21c (2:31.66u)	12/13 UNK Pre-Holida
Kylin RUDZIK	JR	3:10.69	3/2 MIAA

67 Mile

21:03.85

LW: 67

average 5:15.96

Emily DIERCKS	JR	5:00.83	2/1 Washburn Oper
Alayna COSSAART	FR	5:15.05	2/1 Washburn Oper
Madison SUTTERFIELD	SO	5:21.62	2/15 Russ Jewett Ind
Keziah BACHMAN	FR	5:26.35c (5:30.61u)	1/31 Charlie Foster C

37 3000 Meters

41:08.85

LW: 37

average 10:17.21

53 Emily DIERCKS	JR	9:49.27	3/2 MIAA
Ashlyn HARBAUGH	JR	10:22.99	2/15 Russ Jewett Ind
Taylor HOSKINSON	JR	10:26.37	1/17 Washburn Rust
Abbye HUDSON	SO	10:30.22	2/15 Russ Jewett Ind

29 5000 Meters

1:12:08

LW: 29

average 18:02.09

45 Emily DIERCKS	JR	17:05.62	3/2 MIAA
Ashlyn HARBAUGH	JR	17:59.53	2/1 Washburn Oper
Taylor HOSKINSON	JR	18:10.93	12/7 Crimson & Gold
Abbye HUDSON	SO	18:52.27	2/1 Washburn Oper

42 Long Jump

21.27m

69-9½

LW: 42

average 5.32m

17-5½

82 Jayme HAGERMAN	SO	5.64m	18-6	2/21 Loper Tune-Up
Donna JACKSON	SO	5.50m	18-½	1/31 Charlie Foster C
Abby RUESCHHOFF	SR	5.14m	16-10½	2/21 Loper Tune-Up
Elysia KUNKLER	SR	4.99m	16-4½	1/31 Charlie Foster C



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Fort Lewis — Women

as of 3/10/25 4:24 PM CT

118 200 Meters 1:46.49

LW: 118

average 26.62

Addisyn LEEDS	FR	26.05c	(25.98A)	1/31	New Mexico Inv
Josie COULTER	SO	26.71c	(26.64A)	2/15	Kirby Elite
Janaya MANCELL	FR	26.71c	(26.64A)	2/15	Kirby Elite
Taylor RITTMAN	FR	27.02c	(26.95A)	1/31	New Mexico Inv

94 400 Meters 4:05.81

LW: 94

average 1:01.45

Josie COULTER	SO	59.05c O	(58.84A)	2/21	NAU Tune-Up
Taylor RITTMAN	FR	59.65c	(59.54A)	1/31	New Mexico Inv
Janaya MANCELL	FR	1:01.83c	(1:01.62A)	2/21	NAU Tune-Up
Hazel MCBRIDE	SO	1:05.28c	(1:05.93fA)	12/7	Early Grizzly Op

106 800 Meters 9:58.29

LW: 106

average 2:29.57

Taylor RITTMAN	FR	2:23.93c	(2:25.53A)	2/21	NAU Tune-Up
Claire PETERSON	JR	2:24.34c	(2:25.95A)	2/21	NAU Tune-Up
Marisol CASTILLEJA	JR	2:33.36c	(2:34.22A)	2/15	Kirby Elite
Emily DOERFLER	SO	2:36.66c	(2:37.54A)	2/15	Kirby Elite

102 Mile 21:59.45

LW: 101 ▼ 1

average 5:29.86

Marisol CASTILLEJA	JR	5:25.93c	(5:33.18A)	2/15	Kirby Elite
Siena YODER	FR	5:30.62c	(5:37.98A)	2/15	Kirby Elite
Taylor SKINNER	FR	5:31.07c	(5:38.44A)	2/15	Kirby Elite
Celine NEZ	SR	5:31.83c	(5:39.22A)	2/15	Kirby Elite

43 3000 Meters 41:22.21

LW: 43

average 10:20.55

18 Hannah HARTWELL	SO	9:31.07c	(9:57.52fA)	3/1	RMAC
Alliyah MOLINA	JR	10:11.13	(10:37.64A)	2/21	NAU Tune-Up
Taylor SKINNER	FR	10:44.11	(11:00.37A)	2/15	Kirby Elite
Celine NEZ	SR	10:55.90	(11:12.46A)	2/15	Kirby Elite



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Franklin Pierce — Women

as of 3/10/25 4:24 PM CT

106	60 Meters	32.50
LW: 106		average 8.12
Issys PRICE	FR 7.94	2/15 Gordon Kelly Im
Briahna BOUCHARD	SR 8.06	2/1 Harvard Open
Abigail JACOBSON	FR 8.23	2/15 Gordon Kelly Im
Sidney CHAPMAN	SO 8.27	12/7 the TRACK at ne

129	200 Meters	1:47.36
LW: 129		average 26.84
Lanette STJOHN	SO 26.38	12/7 the TRACK at ne
Abigail JACOBSON	FR 26.80c (27.21f)	2/15 Gordon Kelly Im
Briahna BOUCHARD	SR 26.84	2/1 Harvard Open
Sidney CHAPMAN	SO 27.34	12/7 the TRACK at ne

133	800 Meters	10:18.11
LW: 133		average 2:34.53
Meghan SHELIN	SR 2:32.38c (2:34.13f)	1/25 Southern Maine
Ellie MCONIE-LOWNSBROUGH	FR 2:34.62c (2:36.40f)	1/25 Southern Maine
Lanette STJOHN	SO 2:34.85	2/23 Northeast-10
Briahna BOUCHARD	SR 2:36.26	2/23 Northeast-10

138	Mile	23:24.46
LW: 137 1		average 5:51.12
Tatum SEASTRAND	SR 5:42.78c (5:46.17f)	2/15 Gordon Kelly Im
Meghan SHELIN	SR 5:46.11c (5:49.53f)	2/1 Panther Invitati
Hailey DESMARAI	FR 5:53.31c (5:56.80f)	1/18 Plymouth State
Ellie MCONIE-LOWNSBROUGH	FR 6:02.26c (6:05.84f)	2/1 Panther Invitati

51	High Jump	6.04m	19-9¾
LW: 51		average 1.51m	4-11½
Mackenzie LUTH	JR 1.56m	5-1¼	1/18 Plymouth State
Jennifer KULICK	JR 1.56m	5-1¼	1/18 Plymouth State
Julie GREENE	FR 1.46m	4-9½	1/18 Plymouth State
Lanette STJOHN	SO 1.46m	4-9½	1/25 Southern Maine

79	Long Jump	20.12m	66-¼
LW: 78 1		average 5.03m	16-6
Issys PRICE	FR 5.20m	17-¾	1/18 Plymouth State
Briahna BOUCHARD	SR 5.05m	16-7	1/18 Plymouth State
Abigail JACOBSON	FR 5.04m	16-6½	1/18 Plymouth State
Lanette STJOHN	SO 4.83m	15-10¼	2/23 Northeast-10

76	Shot Put	42.51m	139-6
LW: 76		average 10.63m	34-10½
Emily NHUN	JR 11.46m	37-7¼	1/18 Plymouth State
Elizabeth JONES	JR 10.71m	35-1¾	2/15 Gordon Kelly Im
Ellie NUNES	SO 10.23m	33-6¾	2/1 Panther Invitati
Emma CRAHAN	SO 10.11m	33-2	2/23 Northeast-10

62	Weight Throw	52.08m	170-11
LW: 62		average 13.02m	42-8¾
Emily NHUN	JR 14.93m	48-11¾	2/23 Northeast-10
Abigail PHILBIN	FR 13.81m	45-3¾	2/23 Northeast-10
Emma CRAHAN	SO 11.90m	39-½	2/23 Northeast-10
Ellie NUNES	SO 11.44m	37-6½	2/23 Northeast-10



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Fresno Pacific — Women

as of 3/10/25 4:24 PM CT

17	60 Meters	30.77
LW: 17		average 7.69
19	Nydia CHANCE	SO 7.43c (7.41A) 2/8 Wolf Pack Class
	Riley ALLEN	FR 7.69 2/15 Husky Cl
	Ariana VERA	SR 7.77c (7.75A) 2/8 Wolf Pack Class
	Mikiyla ROYAL	FR 7.88c (7.86A) 2/8 Wolf Pack Class
5	60 Meter Hurdles	35.47
LW: 5		average 8.87
13	Brianna GREEN	SR 8.47c (8.47A) 2/8 Wolf Pack Class
74	Alexis RANGER-DUNBAR	SR 8.86c (8.86A) 1/25 Nevada Invitati
94	Avril MENDOZA	FR 8.95c (8.95A) 2/8 Wolf Pack Class
	Cyan HASLIP	FR 9.19c (9.19A) 2/8 Wolf Pack Class
9	200 Meters	1:38.17
LW: 9		average 24.54
5	Brianna GREEN	SR 23.75c (23.68A) 1/11 Silver & Blue Im
54	Nydia CHANCE	SO 24.48c (24.41A) 1/11 Silver & Blue Im
	Ariana VERA	SR 24.93c (24.86A) 1/25 Nevada Invitati
	Mikiyla ROYAL	FR 25.01c (24.94A) 2/8 Wolf Pack Class
13	400 Meters	3:45.11
LW: 13		average 56.28
38	Shaniya RANDOLPH	SO 55.56c (55.45A) 2/8 Wolf Pack Class
45	Ariana VERA	SR 55.73c (55.62A) 2/8 Wolf Pack Class
77	Kenahdi HASLIP	SO 56.27c (56.16A) 2/8 Wolf Pack Class
	Avril MENDOZA	FR 57.55c (57.44A) 2/8 Wolf Pack Class



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Frostburg State — Women

as of 3/10/25 4:24 PM CT

128	60 Meters	32.82
LW: 128		average 8.20
Valerie BOARDS	JR 7.85	2/24 Mountain East
Isabella MASTRIA	SO 7.91	2/14 YSU Last Chanc
Lucy CROWE	SO 8.38	2/1 YSU Mid Major I
Erin COLLINS	FR 8.68	1/17 Youngstown Stc

123	200 Meters	1:46.92
LW: 123		average 26.73
Valerie BOARDS	JR 25.20 OT	2/14 YSU Last Chanc
Isabella MASTRIA	SO 26.46 OT	2/1 YSU Mid Major I
Lucy CROWE	SO 27.43 OT	1/17 Youngstown Stc
Erin COLLINS	FR 27.83 OT	2/14 YSU Last Chanc

138	400 Meters	4:27.27
LW: 136 ▼ 2		average 1:06.82
Lucy CROWE	SO 1:01.60	2/14 YSU Last Chanc
Isabella MASTRIA	SO 1:01.61	1/25 SPIRE Midwest i
Gwen BATES	FR 1:11.75	2/14 YSU Last Chanc
Claire BREIGNER	JR 1:12.31	12/6 Youngstown Stc

125	800 Meters	10:11.18
LW: 125		average 2:32.80
Emily WISHART	SO 2:30.32	1/17 Youngstown Stc
Isabella MASTRIA	SO 2:32.79	2/24 Mountain East
Paige ETNOYER	SO 2:33.33	12/6 Youngstown Stc
Amy TARCZA	SR 2:34.74	1/25 SPIRE Midwest i

120	Mile	22:31.82
LW: 119 ▼ 1		average 5:37.95
Emily WISHART	SO 5:16.78	1/25 SPIRE Midwest i
Paige ETNOYER	SO 5:23.78	1/25 SPIRE Midwest i
Keira TAYLOR	FR 5:43.47	1/25 SPIRE Midwest i
Amy TARCZA	SR 6:07.79	12/6 Youngstown Stc

126	3000 Meters	49:41.14
LW: 126		average 12:25.28
Hannah SCHAUMAN	SO 11:35.58	1/25 SPIRE Midwest i
Amy TARCZA	SR 11:46.78	1/17 Youngstown Stc
Chelsea MONTAU	SR 12:28.47	1/25 SPIRE Midwest i
Clare WOODRING	SO 13:50.31	2/14 YSU Last Chanc

57	Long Jump	20.78m	68-2¼
LW: 56 ▼ 1		average 5.20m	17-½
Isabella MASTRIA	SO 5.54m	18-2¼	2/14 YSU Last Chanc
Lucy CROWE	SO 5.28m	17-4	12/6 Youngstown Stc
Reghan SIVIC	FR 4.98m	16-4¼	1/17 Youngstown Stc
Erin HAVILAND	SR 4.98m	16-4¼	1/17 Youngstown Stc

100	Shot Put	39.33m	129-1
LW: 100		average 9.83m	32-¾
Raegan PHILIPS	SO 10.56m	34-7¾	12/6 Youngstown Stc
Sydney JOHNSON	FR 10.33m	33-10¾	2/14 YSU Last Chanc
Erin HAVILAND	SR 9.53m	31-3¼	12/7 Bison Opener
Reghan SIVIC	FR 8.91m	29-2¾	2/1 YSU Mid Major I

75	Weight Throw	41.78m	137-1
LW: 75		average 10.44m	34-¾
Sydney JOHNSON	FR 13.10m	42-11¾	1/25 SPIRE Midwest i
Raegan PHILIPS	SO 10.58m	34-8½	1/25 SPIRE Midwest i
Lindsay ALDRIDGE	JR 9.55m	31-4	1/17 Youngstown Stc
Tia MOYE	SR 8.55m	28-¾	2/1 YSU Mid Major I



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Georgian Court — Women

as of 3/10/25 4:24 PM CT

167 200 Meters 1:52.78

LW: 166 1

average 28.20

Jewel PIERRECHARLES	FR	27.03	1/17 NYC Gotham Cu
Molly BURNS	JR	27.92	2/16 ECC
Leela MCCONNELL	SO	28.51	12/6 Fastrack Metro
Addison RIVERA	FR	29.32	1/17 NYC Gotham Cu

155 800 Meters 11:11.27

LW: 155

average 2:47.82

Amirah BEASLEY	SR	2:20.75	12/6 Fastrack Metro
Jurnee TUTTLE	FR	2:46.74	2/16 ECC
Brenna SULLIVAN	JR	2:59.26	1/17 NYC Gotham Cu
Samantha LONSETH	JR	3:04.52	1/17 NYC Gotham Cu



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Glenville State — Women

as of 3/10/25 4:24 PM CT

174 200 Meters 1:53.95

LW: 173 ▼ 1

average 28.49

Isabella TORRES	JR	27.23 OT	2/15 Marshall Inv
Ivy MARTINEZ DE LA PAZ	FR	28.38 OT	2/15 Marshall Inv
Jayden COVER	JR	29.12c (29.57f)	2/1 Muskie Meet #3
Bella SKEENS	SO	29.22 OT	12/6 Marshall Opene

119 400 Meters 4:15.07

LW: 117 ▼ 2

average 1:03.77

Isabella TORRES	JR	1:02.47	2/15 Marshall Inv
Hannah ROWAN	FR	1:03.63	1/25 Ashland Invitati
Hannah HILL	JR	1:03.68	2/15 Marshall Inv
Abby DIXON	FR	1:05.29	12/6 Marshall Opene

89 800 Meters 9:47.06

LW: 89

average 2:26.76

95 Natalie BARR	SO	2:15.56	2/15 Marshall Inv
Hannah ROWAN	FR	2:27.15	2/15 Marshall Inv
Savannah CUNNINGHAM	JR	2:31.46	1/25 Ashland Invitati
Jenna BARNETT	FR	2:32.89c (2:34.65f)	1/18 Muskie Meet #1

42 Shot Put 46.85m 153-9

LW: 42

average 11.71m 38-5¼

68 Janae SCOTT	SO	13.16m	43-2¼ 2/24 Mountain East
Addy COTTRILL	JR	12.42m	40-9 2/15 Marshall Inv
Keleigh CHRISMAN	FR	10.89m	35-8¾ 2/24 Mountain East
Brianna BROWNING	JR	10.38m	34-¾ 12/6 Marshall Opene

52 Weight Throw 54.19m 177-10

LW: 52

average 13.55m 44-5½

Addy COTTRILL	JR	15.33m	50-3½ 2/24 Mountain East
Janae SCOTT	SO	14.43m	47-4¼ 2/24 Mountain East
Macy HILVERS	SO	12.82m	42-¾ 12/6 Marshall Opene
Brianna BROWNING	JR	11.61m	38-1¼ 2/15 Marshall Inv



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Goldey-Beacom — Women

as of 3/10/25 4:24 PM CT

148	800 Meters	10:34.80		
LW: 148		average 2:38.70		
	Liv DREWING	FR 2:21.62	2/21	Penn State Tun
	Izzy POPOFF	SR 2:37.41	2/21	Penn State Tun
	Ny'jashia SMITH	SR 2:44.39	2/15	Widener Indoor
	Aiyana ADAMS	FR 2:51.38	2/1	John Thomas T
98	Shot Put	39.49m	129-7	
LW: 98		average 9.87m	32-4¾	
	Jourdyn RUMPH	JR 10.48m	34-4¾	2/1 John Thomas T
	Dominque LEWIS	FR 10.25m	33-7½	2/15 Widener Indoor
	Madison MCGOWAN	JR 10.17m	33-4½	2/1 John Thomas T
	Maya WHITE-EAGLE	FR 8.59m	28-2¼	2/15 Widener Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Grand Valley State — Women

as of 3/10/25 4:24 PM CT

15	60 Meters	30.74
LW: 15		average 7.68
59	Taylor KYLE	SR 7.59 12/6 Grand Valley St
	Jayla GRAHAM	FR 7.68 3/2 GLIAC
	Claire NEUMANN	FR 7.72 1/18 GVSU Bob Euba
	Alaina DIAZ	SO 7.75 2/15 GVSU Big II

18	60 Meter Hurdles	36.12
LW: 18		average 9.03
43	Brooke BARKOCY	SR 8.69 3/2 GLIAC
64	Destini DORKINS	JR 8.83 3/2 GLIAC
	Kennedy GARDNER	SO 9.26 1/18 GVSU Bob Euba
	Hannah HOLLISTER	SR 9.34 1/24 GVSU Bill Clinge

17	200 Meters	1:39.12
LW: 17		average 24.78
47	Alaina DIAZ	SO 24.39 OT 2/15 GVSU Big II
87	Claire NEUMANN	FR 24.72 OT 3/2 GLIAC
	Catherine GUCKENBERGER	SO 24.90 OT 1/18 GVSU Bob Euba
	Jayla GRAHAM	FR 25.11 OT 3/2 GLIAC

12	400 Meters	3:44.40
LW: 12		average 56.10
33	Catherine GUCKENBERGER	SO 55.33 OT 3/2 GLIAC
44	Claire NEUMANN	FR 55.66 OT 3/2 GLIAC
92	Addison WASHLER	FR 56.58 OT 2/14 GVSU Big I
	Lilly ALBERTS	SO 56.83 OT 2/21 GVSU Tune-Up

3	800 Meters	8:45.62
LW: 3		average 2:11.40
16	Lilly ALBERTS	SO 2:09.09 2/14 GVSU Big I
28	Addison WASHLER	FR 2:10.39 3/2 GLIAC
31	Megan POSTMA	FR 2:10.51 2/14 GVSU Big I
96	Cara NEWMAN	FR 2:15.63 2/8 Lints/GVSU

3	Mile	19:06.74
LW: 3		average 4:46.68
9	Natalie GRABER	SR 4:42.06 2/14 GVSU Big I
14	Lauren KILEY	JR 4:45.16 2/14 GVSU Big I
15	Maria MITCHELL	SR 4:45.52 2/14 GVSU Big I
53	Cara NEWMAN	FR 4:54.00 3/2 GLIAC

2	3000 Meters	37:34.39
LW: 2		average 9:23.60
2	Lauren KILEY	JR 9:13.90 2/1 Meyo Invitation
4	Natalie GRABER	SR 9:17.37 2/1 Meyo Invitation
11	Maria MITCHELL	SR 9:27.48 3/2 GLIAC
25	Allie ARNSMAN	SO 9:35.64 3/2 GLIAC

3	5000 Meters	1:06:40
LW: 3		average 16:40.08
7	Lauren KILEY	JR 16:21.32 12/6 Grand Valley St
11	Allie ARNSMAN	SO 16:33.60 12/6 Grand Valley St
22	Abby OLSON	SR 16:43.12 12/6 Grand Valley St
39	Maria WIDMANN	JR 17:02.28 2/14 GVSU Big I

4	High Jump	6.78m	22-3
LW: 4		average 1.69m	5-6¾
1	Kaylee DIAMOND	JR 1.80m 5-10¾ 3/2 GLIAC	
38	Heidi NEWHOUSE	FR 1.68m 5-6 2/14 GVSU Big I	
66	Alexis WEBER	SO 1.65m 5-5 3/2 GLIAC	
66	Imogene BRUMBAUGH	FR 1.65m 5-5 1/18 GVSU Bob Euba	

7	Pole Vault	14.72m	48-3½
LW: 7		average 3.68m	12-¾
7	Brooke BOWERS	FR 4.20m 13-9¼ 2/21 GVSU Tune-Up	
41	Miranda FIRARI	JR 3.75m 12-3½ 1/18 GVSU Bob Euba	
84	Ava COLLIER	FR 3.52m 11-6½ 1/24 GVSU Bill Clinge	
	Giuliana SERAPIGLIA	FR 3.25m 10-8 2/15 GVSU Big II	

6	Long Jump	22.81m	74-10
LW: 6		average 5.70m	18-8½
7	Alaina DIAZ	SO 6.02m 19-9 2/21 GVSU Tune-Up	
67	Kaitlyn MOLNAR	FR 5.69m 18-8 1/24 GVSU Bill Clinge	
	Nyla REED	FR 5.59m 18-4¼ 3/2 GLIAC	
	Zoe ZEISER	FR 5.51m 18-1 2/15 GVSU Big II	

1	Shot Put	60.89m	199-9
LW: 1		average 15.22m	49-11½
1	Erika BEISTLE	JR 17.20m 56-5¼ 1/24 GVSU Bill Clinge	
14	Mackenzie BOHRER	SR 14.81m 48-7¼ 3/2 GLIAC	
18	Kennedy JACKSON	FR 14.55m 47-9 2/14 GVSU Big I	
19	Margaret STEVENSON	SR 14.33m 47-¼ 2/8 Lints/GVSU	

4	Weight Throw	70.85m	232-6
LW: 4		average 17.71m	58-1½
6	Shelby ULVEN	JR 19.41m 63-8¼ 3/2 GLIAC	
13	Alaina OMONODE	SR 18.94m 62-1¾ 12/6 Grand Valley St	
70	Kennedy JACKSON	FR 16.72m 54-10¼ 3/2 GLIAC	
	Natalia PLUFF	SO 15.78m 51-9¼ 2/15 GVSU Big II	



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Harding — Women

as of 3/10/25 4:24 PM CT

51	60 Meters	31.38
LW: 51		average 7.84
59	Jerlana WILLIAMS	FR 7.59 1/17 Samford Invitat
	Leila NGAPOUT	SO 7.71 12/7 Crimson & Gold
	Cella NGUEMA	JR 7.82 12/7 Crimson & Gold
	Kadi VAUGHN	FR 8.26 12/7 Crimson & Gold

79	60 Meter Hurdles	39.59
LW: 79		average 9.90
49	Cella NGUEMA	JR 8.73 1/17 Samford Invitat
	Carly TUCKER	FR 9.88 2/15 Music City Chali
	Ally CHEEK	SO 10.16 2/1 Pitt State Invita
	Celeste PUGA	FR 10.82 12/6 Boo Rogers Con

64	200 Meters	1:43.08
LW: 64		average 25.77
	Tetiana KHARASHCHUK	FR 24.82 1/17 Samford Invitat
	Leila NGAPOUT	SO 25.20 1/17 Samford Invitat
	Jerlana WILLIAMS	FR 25.76 OT 2/1 Pitt State Invita
	Carabeth HILL	FR 27.30 OT 2/15 Music City Chali

41	400 Meters	3:54.43
LW: 41		average 58.61
25	Tetiana KHARASHCHUK	FR 55.05 OT 2/22 Alex Wilson Invi
	Lisa RETAILLEAU	JR 56.74 OT 1/24 Rumble in the J
	Jayden BOWMAN	FR 58.14 OT 2/1 Pitt State Invita
	Sadie HUTCHINSON	FR 1:04.50 1/24 Rumble in the J

107	800 Meters	9:58.50
LW: 107		average 2:29.62
	Josie PARKS	JR 2:20.35 2/1 Pitt State Invita
	Dinah WINDERS	JR 2:20.74 2/15 Music City Chali
	Emily DRISKILL	FR 2:35.83 1/24 Rumble in the J
	Carly TUCKER	FR 2:41.58 1/17 Samford Multi M

99	Mile	21:53.23
LW: 98 ▼ 1		average 5:28.31
	Dinah WINDERS	JR 5:03.04 2/15 Music City Chali
	Josie PARKS	JR 5:09.14 2/1 Pitt State Invita
	Emily DRISKILL	FR 5:40.78 1/24 Rumble in the J
	Juliah RODGERS	SO 6:00.27 2/1 Pitt State Invita

16	High Jump	6.41m		21-¼
LW: 16		average	1.60m	5-3
60	Kiera BLANKINSHIP	JR 1.66m	5-5¼	1/17 Samford Invitat
	Ally CHEEK	SO 1.61m	5-3¼	1/17 Samford Invitat
	Carly TUCKER	FR 1.58m	5-2¼	1/17 Samford Multi M
	Emily PATTERSON	SR 1.56m	5-1¼	1/17 Samford Invitat

50	Long Jump	21.09m	69-2½
LW: 49 ▼ 1		average 5.27m	17-3¾
Carly TUCKER	FR 5.54m	18-2¼	2/15 Music City Chali
Celeste PUGA	FR 5.29m	17-4¼	2/15 Music City Chali
Emily PATTERSON	SR 5.20m	17-¾	2/15 Music City Chali
Mattie HANNAH	FR 5.06m	16-7¼	1/24 Rumble in the J

95	Shot Put		39.93m	131-0
LW: 95			average 9.98m	32-9
	Rachel MILLIKAN	FR 11.60m	38-¾	2/1 Pitt State Invita
	Carley HALL	SO 11.10m	36-5	1/24 Rumble in the J
	Celeste PUGA	FR 9.10m	29-10¼	1/17 Samford Multi M
	Carly TUCKER	FR 8.13m	26-8¼	1/17 Samford Multi M

22	Pentathlon	9,535
LW: 22		average 2,384
	Carly TUCKER	FR 2,974 1/17 Samford Multi M
	Ally CHEEK	SO 2,592 OT 12/6 Boo Rogers Con
	Celeste PUGA	FR 2,276 1/17 Samford Multi M
	Katherine HOOPES	FR 1,693 1/17 Samford Multi M



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Hillsdale — Women

as of 3/10/25 4:24 PM CT

52	60 Meters	31.39
LW: 52		average 7.85

54	Eleanor MINNING	JR	7.58	3/1	G-MAC
	Tara TOWNSEND	JR	7.89	2/21	Hillsdale Tune-
	Anna LAMOREAUX	JR	7.94	3/1	G-MAC
	Sarah CHAPPELLE	FR	7.98	2/1	SVSU Jet's Pizz

24	60 Meter Hurdles	36.62
LW: 24		average 9.16

53	Sarah CHAPPELLE	FR	8.75	3/1	G-MAC
	Baelyn ZITZMANN	FR	9.06	3/1	G-MAC
	Neva POLO	SR	9.26	12/5	Hillsdale Mid-W
	Nola HIPKINS	SO	9.55	2/21	Hillsdale Tune-

42	200 Meters	1:41.50
LW: 42		average 25.38

47	Eleanor MINNING	JR	24.39 OT	3/1	G-MAC
	Anna LAMOREAUX	JR	25.56c (25.95f)	2/21	Hillsdale Tune-
	Francesca FEDERICI	JR	25.58c (25.97f)	2/21	Hillsdale Tune-
	Josee BEHLING	SR	25.97c (26.37f)	2/21	Hillsdale Tune-

21	400 Meters	3:49.11
LW: 21		average 57.28

72	Josee BEHLING	SR	56.21 OT	3/1	G-MAC
	Francesca FEDERICI	JR	57.39 OT	3/1	G-MAC
	Reese DRAGOVICH	SR	57.43 OT	1/24	GVSU Bill Clinge
	Zoe BURKE	SO	58.08 OT	1/24	GVSU Bill Clinge

6	800 Meters	8:52.57
LW: 6		average 2:13.14

25	Reese DRAGOVICH	SR	2:10.18	3/1	G-MAC
44	Zoe BURKE	SO	2:12.33c (2:13.85f)	12/5	Oiler Opener
56	Nicole MARSHALL	SR	2:13.70	3/1	G-MAC
	Megan ROBERTS	SO	2:16.36	3/1	G-MAC

32	Mile	20:22.87
LW: 32		average 5:05.72

26	Evyn HUMPHREY	FR	4:48.94	3/1	G-MAC
	Allison KUZMA	FR	5:05.81c (5:08.83f)	1/25	Hillsdale Wide
	Anna ROBERTS	JR	5:10.96	2/8	Jud Logan Ligh
	Savannah FRALEY	SO	5:17.16	1/18	Hoosier Horsep

36	3000 Meters	41:06.81
LW: 36		average 10:16.70

67	Evyn HUMPHREY	FR	9:54.08	2/8	Jud Logan Ligh
	Allison KUZMA	FR	10:00.85	3/1	G-MAC
	Savannah FRALEY	SO	10:14.15	2/1	SVSU Jet's Pizz
	Kayla LOESCHER	SR	10:57.73	3/1	G-MAC

30	5000 Meters	1:12:20
LW: 30		average 18:04.92

37	Allison KUZMA	FR	17:01.48	3/1	G-MAC
	Savannah FRALEY	SO	17:58.57	2/8	Jud Logan Ligh
	Eleanor CLARK	SO	18:22.62	3/1	G-MAC
	Anna STIRTON	SO	18:57.03	3/1	G-MAC

20	High Jump	6.38m	20-11¼
LW: 20		average 1.60m	5-2¾

33	Baelyn ZITZMANN	FR	1.69m	5-6½	1/18	Hoosier Horsep
97	Reagan DAHLQUIST	SR	1.62m	5-3¾	2/21	Hillsdale Tune-
	Aubrie WILSON	FR	1.55m	5-1	2/15	Tiffin University
	Elaine KUTAS	SO	1.52m	4-11¾	12/5	Oiler Opener

6	Pole Vault	14.80m	48-6¾
LW: 6		average 3.70m	12-1½

11	Tara TOWNSEND	JR	4.03m	13-2½	1/31	Akron Invitatio
28	Kaylee JACKSON	SR	3.88m	12-8¾	3/1	G-MAC
50	Katie CLIFFORD	SR	3.72m	12-2½	12/5	Oiler Opener
	Grace CHEN	SR	3.17m	10-4¾	2/21	Hillsdale Tune-

49	Long Jump	21.14m	69-4¼
LW: 48 ▼ 1		average 5.28m	17-4¼

	Katie KENNEDY	FR	5.37m	17-7½	3/1	G-MAC
	Baelyn ZITZMANN	FR	5.31m	17-5¼	3/1	G-MAC
	Grace CHEN	SR	5.26m	17-3¾	12/5	Oiler Opener
	Gianna LODICE	FR	5.20m	17-¾	2/15	Tiffin University

31	Shot Put	47.77m	156-9
LW: 31		average 11.94m	39-2¼

37	Katie SAYLES	SR	13.66m	44-9¾	2/14	GVSU Big I
	Mackenzie MORRISON	SR	12.60m	41-4¼	1/25	Hillsdale Wide
	Neva POLO	SR	10.91m	35-9½	12/5	Hillsdale Mid-W
	Olivia NEWSOME	FR	10.60m	34-9½	12/5	Oiler Opener

6	Weight Throw	70.15m	230-2
LW: 6		average 17.54m	57-6½

10	Katie SAYLES	SR	19.10m	62-8	1/18	Hoosier Horsep
22	Olivia NEWSOME	FR	18.24m	59-10¼	1/31	Akron Invitatio
60	Juliet BERNARD	SR	16.93m	55-6½	2/8	Lints/GVSU
	Regan WIGHT	SO	15.88m	52-1¼	1/31	Akron Invitatio

8	Pentathlon	11,853
LW: 8		average 2,963

22	Baelyn ZITZMANN	FR	3,560 OT	3/1	G-MAC
53	Neva POLO	SR	3,307	12/5	Hillsdale Mid-W
	Aubrie WILSON	FR	2,904 OT	3/1	G-MAC
	Elaine KUTAS	SO	2,082 OT	2/8	Jud Logan Ligh



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Holy Family (Pa.) — Women

as of 3/10/25 4:24 PM CT

82	60 Meters	31.93	
LW: 82		average 7.98	
	Jahtivya WILLIAMS	JR 7.77	2/16 ECC
	Katelyn PERAZZIA	FR 8.01	12/6 Fastrack Metro
	Kahdia JONES	SR 8.04	12/13 Seahawk Shoot
	Danalee BROCK	SR 8.11	1/10 St. Thomas Aqu
74	60 Meter Hurdles	39.12	
LW: 74		average 9.78	
49	Ocelia JONES	SO 8.73	2/16 ECC
	Brianna COATES	JR 9.39	2/16 ECC
	Danalee BROCK	SR 9.42	12/6 Fastrack Metro
	A'Janae ONA	SO 11.58	12/6 Fastrack Metro
106	200 Meters	1:45.70	
LW: 106		average 26.42	
	Jahtivya WILLIAMS	JR 25.80	2/16 ECC
	Katelyn PERAZZIA	FR 26.30	2/16 ECC
	Kahdia JONES	SR 26.56	1/24 Widener Winter.
	Kenisha GREENWOOD	SR 27.04	2/16 ECC
70	400 Meters	4:00.24	
LW: 70		average 1:00.06	
	Ocelia JONES	SO 59.11	2/16 ECC
	Lesedi ANYIKA	FR 1:00.13	1/31 Scarlet Knight C
	Maya HARPER	JR 1:00.27	1/24 Widener Winter.
	Kenisha GREENWOOD	SR 1:00.73	2/16 ECC
118	800 Meters	10:06.09	
LW: 118		average 2:31.52	
	Maya HARPER	JR 2:28.91	12/6 Fastrack Metro
	Jade JONES	SR 2:31.10	12/6 Fastrack Metro
	Zane MCNEIL	SR 2:31.75	1/31 Scarlet Knight C
	Kenisha GREENWOOD	SR 2:34.33	1/24 Widener Winter.
150	Mile	26:30.94	
LW: 149 ▼ 1		average 6:37.74	
	Emma MCNAMEE	SR 5:38.43	12/13 Seahawk Shoot
	Ava COWDEN	FR 6:39.49	12/6 Fastrack Metro
	Zane MCNEIL	SR 6:41.14	1/17 NYC Gotham Cu
	Kaitlyn DURNING	SR 7:31.88	2/16 ECC
100	Long Jump	19.33m	63-5
LW: 99 ▼ 1		average 4.83m	15-10¼
	Sydonia TURNER	JR 5.35m	17-6¾ 2/16 ECC
	Mikayla HALL	JR 4.90m	16-1 12/6 Fastrack Metro
	Ghynaia MORGAN	SR 4.71m	15-5½ 1/17 NYC Gotham Cu
	Kenisha GREENWOOD	SR 4.37m	14-4 1/10 St. Thomas Aqu



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Illinois-Springfield — Women

as of 3/10/25 4:24 PM CT

73	800 Meters	9:38.35
LW: 73		average 2:24.59
	Norah WRIGHT	FR 2:20.95c (2:22.57f) 3/2 GLVC
	Kali GADEN	SO 2:24.00c (2:25.66f) 2/21 Illinois College I
	Josslyn GOANA	FR 2:25.41 1/24 Bellarmine Clas
	Lillian BUZANI	SR 2:27.99 2/7 Lewis Invitation
51	Mile	20:47.06
LW: 51		average 5:11.76
80	Maddie MILLER	JR 4:57.00 2/7 Lewis Invitation
	Marissa ROGGENSACK	SO 5:13.13 2/7 Lewis Invitation
	Lillian BUZANI	SR 5:17.15 2/7 Lewis Invitation
	Josslyn GOANA	FR 5:19.78 2/15 GVSU Big II
26	3000 Meters	40:35.21
LW: 26		average 10:08.80
51	Maddie MILLER	JR 9:48.45 1/24 Bellarmine Clas
	Kaleigh INNISS	SO 10:00.74 (10:05.89f) 3/2 GLVC
	Josslyn GOANA	FR 10:21.50 2/7 Lewis Invitation
	Jordan SERRAHN	SR 10:24.52 2/15 GVSU Big II
16	5000 Meters	1:10:49
LW: 16		average 17:42.13
16	Maddie MILLER	JR 16:37.46 2/14 GVSU Big I
95	Kaleigh INNISS	SO 17:37.98 (17:46.08f) 3/2 GLVC
	Jordan SERRAHN	SR 18:13.03 2/14 GVSU Big I
	Lillian BUZANI	SR 18:20.06 (18:28.48f) 3/2 GLVC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Indiana (Pa.) — Women

as of 3/10/25 4:24 PM CT

65	60 Meters	31.61
LW: 65		average 7.90
	Sterlene SCOTT	JR 7.70 2/21 Penn State Tun
	Cahsia PAGE	SR 7.79 3/2 PSAC
	Emma LAUGHLIN	JR 7.97 3/2 PSAC
	Anna KADLUBEK	SR 8.15 12/6 Youngstown Sta

42	60 Meter Hurdles	37.58
LW: 42		average 9.40
100	Bryna KELLY	JR 8.97 2/21 Penn State Tun
	Renee SIMMONDS	JR 9.29 3/2 PSAC
	Hedda FOLKHAGE	SO 9.38 3/2 PSAC
	Bella BROZESKI	SO 9.94 2/15 SPIRE Collegiat

133	200 Meters	1:47.58
LW: 133		average 26.90
	Cahsia PAGE	SR 25.48c (25.87f) 3/2 PSAC
	Emma LAUGHLIN	JR 26.78 OT 1/25 SPIRE Midwest
	Anna KADLUBEK	SR 26.83 OT 12/6 Youngstown Sta
	Alice FINISTERRA	JR 28.49 OT 12/6 Youngstown Sta

122	800 Meters	10:07.49
LW: 122		average 2:31.87
	Grace BOGACZ	SO 2:26.01 2/21 Penn State Tun
	Alyssa HOOVER	JR 2:31.49 12/6 Youngstown Sta
	Stella KUNTZ	JR 2:34.97 2/15 SPIRE Collegiat
	Abby DOUGLAS	SO 2:35.02 2/15 SPIRE Collegiat

141	Mile	23:29.77
LW: 140 ▼ 1		average 5:52.44
	Lexi LOVRICH	SO 5:42.37 2/21 Penn State Tun
	Abby DOUGLAS	SO 5:45.91 2/21 Penn State Tun
	Stella KUNTZ	JR 5:57.59 2/21 Penn State Tun
	Zaya MCCUNE	SO 6:03.90 2/15 SPIRE Collegiat

114	3000 Meters	45:23.28
LW: 114		average 11:20.82
	Julia O'BRIEN	JR 10:36.89 2/21 Penn State Tun
	Hannah WEAVER	SR 10:58.23 2/21 Penn State Tun
	Haley FILCHECK	FR 11:51.39 1/25 SPIRE Midwest
	Lexi LOVRICH	SO 11:56.77 1/25 SPIRE Midwest

52	5000 Meters	1:17:05
LW: 51 ▼ 1		average 19:16.15
	Julia O'BRIEN	JR 18:02.37 (18:10.66f) 3/2 PSAC
	Hannah WEAVER	SR 18:37.36 2/15 SPIRE Collegiat
	Lexi LOVRICH	SO 20:05.72 2/15 SPIRE Collegiat
	Haley FILCHECK	FR 20:19.16 2/15 SPIRE Collegiat

38	High Jump		6.19m	20-3¾
LW: 38			average 1.55m	5-1
	Seasia LOVELL	SO 1.57m	5-1¾	3/2 PSAC
	Ella EVANS	SO 1.57m	5-1¾	3/2 PSAC
	Renee SIMMONDS	JR 1.54m	5-½	3/2 PSAC
	Amanda GWINN	SR 1.51m	4-11½	12/6 Youngstown St

72	Long Jump	20.36m	66-9¾
LW: 71 ▼ 1		average 5.09m	16-8½
Nataiah ROBERTSON	SO 5.56m	18-3	1/25 SPIRE Midwest
Jahnaya TROTTER-WIMBERLY	FR 5.07m	16-7¾	1/25 SPIRE Midwest
Renee SIMMONDS	JR 4.97m	16-3¾	3/2 PSAC
Hannah YEYKAL	JR 4.76m	15-7½	12/6 Youngstown St



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Indianapolis — Women

as of 3/10/25 4:24 PM CT

39	60 Meter Hurdles	37.44
LW: 39		average 9.36
	Jorjia FERGUSON	FR 9.19 3/2 GLVC
	Ellie LENCHERICH	SR 9.26 2/8 Fairgrounds Inv
	Caressa ADDISON	SO 9.32 3/2 GLVC
	Cloey SIMON	JR 9.67 3/2 GLVC

74	200 Meters	1:44.17
LW: 74		average 26.04
	Emily SONDERMAN	SR 25.25c (25.64f) 3/2 GLVC
	Ellie LENCHERICH	SR 25.98c (26.38f) 12/7 Scott Fangman
	Madison SCHOFIELD	JR 26.06c (26.46f) 1/31 Wildcat Open
	Ashley SANDERSON	FR 26.88c (27.29f) 2/22 John Gartland

73	400 Meters	4:00.93
LW: 73		average 1:00.23
	99 Emily SONDERMAN	SR 56.68 OT 2/14 GVSU Big I
	Ashley SANDERSON	FR 1:00.88 2/7 Lewis Invitation
	Marina AGAPIOS	FR 1:01.54c (1:02.35f) 12/7 Scott Fangman
	Trinity GLEITZ	SR 1:01.83c (1:02.65f) 1/31 Wildcat Open

134	800 Meters	10:19.53
LW: 134		average 2:34.88
	Ellie LENCHERICH	SR 2:23.88c (2:25.54f) 12/7 Scott Fangman
	Jorjia FERGUSON	FR 2:24.46c (2:26.12f) 3/2 GLVC
	Clare WIGGER	JR 2:36.40c (2:38.20f) 2/22 John Gartland
	Joanna FIELDS	JR 2:54.79c (2:56.80f) 12/7 Scott Fangman

81	Mile	21:27.16
LW: 81		average 5:21.79
	73 Hailey OROSZ	JR 4:56.30 2/7 Lewis Invitation
	Lex WILHELM	SR 5:15.91c (5:19.03f) 2/22 John Gartland
	Emma GASTON	JR 5:25.98c (5:29.20f) 1/31 Wildcat Open
	Kaylin CASNER	SR 5:48.97c (5:52.42f) 1/31 Wildcat Open

47	Long Jump	21.17m	69-5½
LW: 46 ▼ 1		average 5.29m	17-4½
Ellie LENCHERICH	SR 5.56m	18-3	2/8 Fairgrounds Inv
Joanna FIELDS	JR 5.45m	17-10¾	1/25 George Glass In
Jorjia FERGUSON	FR 5.14m	16-10½	3/2 GLVC
Rebekah MAPPES	SR 5.02m	16-5¾	1/25 George Glass In

12	Shot Put		52.13m	171-1
LW: 12			average 13.03m	42-9¼
47	Hannah DART	FR	13.48m	44-2¾ 3/2 GLVC
63	Faith HENSEL	JR	13.24m	43-5¼ 3/2 GLVC
86	Loria SNOWDEN	FR	12.98m	42-7 3/2 GLVC
	Amanda NOEL	SO	12.43m	40-9½ 2/22 John Gartland

3	Weight Throw			71.98m	236-2
LW: 3				average 18.00m	59-½
4	Zoe PENTECOST	SR	19.53m	64-1	3/2 GLVC
17	Audra HOGAN	SR	18.67m	61-3	3/2 GLVC
54	Macie SWINEHART	SO	17.07m	56-0	2/15 GVSU Big II
71	Maya EFODI	FR	16.71m	54-10	2/7 Lewis Invitation



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Jessup (Calif.) — Women

as of 3/10/25 4:24 PM CT

126 60 Meters **32.80**
LW: 126 **average 8.20**

Paloma BAUMERT	SO	7.90	2/8	NCCAA Indoor C
Erica WASEQ	JR	7.95	2/8	NCCAA Indoor C
Holly BURGHARDT	FR	8.18c	(8.16A)	1/25 Nevada Invitati
Karsyn LEIKAUF	SO	8.77c	(8.75A)	12/7 Silver State Invi

86 60 Meter Hurdles **41.38**
LW: 86 **average 10.34**

Erica WASEQ	JR	9.33c	(9.33A)	12/7 Silver State Invi
Jocelyn PEDRETTI	SO	9.62c	(9.62A)	1/25 Nevada Invitati
Karsyn LEIKAUF	SO	10.68c	(10.68A)	1/25 Nevada Invitati
Jaylee HAMEISTER	SO	11.75c	(11.75A)	1/25 Nevada Invitati

152 200 Meters **1:49.82**
LW: 151 **1** **average 27.46**

Paloma BAUMERT	SO	26.77c	(27.18f)	2/8 NCCAA Indoor C
Jocelyn PEDRETTI	SO	27.25c	(27.18A)	1/11 Silver & Blue In
Holly BURGHARDT	FR	27.89c	(27.82A)	12/7 Silver State Invi
Erica WASEQ	JR	27.91c	(27.84A)	1/25 Nevada Invitati

91 Long Jump **19.73m** **64-8¾**
LW: 90 **1** **average 4.93m** **16-2¼**

Holly BURGHARDT	FR	5.15m	16-10¾	2/8 NCCAA Indoor C
Jocelyn PEDRETTI	SO	5.01mA	16-5¼	12/7 Silver State Invi
Aurora OSBURN	FR	4.79mA	15-8¾	1/11 Silver & Blue In
Julia PISENTI	SO	4.78mA	15-8¼	12/7 Silver State Invi

97 Shot Put **39.71m** **130-4**
LW: 97 **average 9.93m** **32-7**

66 Julia PISENTI	SO	13.21mA	43-4¼	12/7 Silver State Invi
Jocelyn PEDRETTI	SO	11.37mA	37-3¾	1/25 Nevada Invitati
Jaylee HAMEISTER	SO	8.60mA	28-2¾	1/25 Nevada Invitati
Chanel BENISH		6.53mA	21-5¼	12/7 Silver State Invi



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Johnson C. Smith — Women

as of 3/10/25 4:24 PM CT

48	60 Meters	31.35
LW: 48		average 7.84
88	Nijah LEWIS	FR 7.65 12/8 JDL Early Bird I
	Athauna WILLIAMS	FR 7.85 12/6 Clemson Opene
	Maniah POWELL	FR 7.86 12/8 JDL Early Bird I
	Timaya RAY	SR 7.99 2/17 CIAA
42	60 Meter Hurdles	37.58
LW: 42		average 9.40
56	Gabrielle MAYE	SO 8.78 2/7 Camel City Invit
	Abigail WICKS	SO 9.27 2/7 Camel City Invit
	Rihan PRICE	FR 9.70 1/18 HBCU Showcas
	Athauna WILLIAMS	FR 9.83 12/8 JDL Early Bird I
54	200 Meters	1:42.49
LW: 53 ▼ 1		average 25.62
	Nijah LEWIS	FR 25.28c (25.67f) 12/8 JDL Early Bird I
	Gabrielle MAYE	SO 25.35c (25.74f) 2/7 Camel City Invit
	Timaya RAY	SR 25.80c (26.20f) 2/17 CIAA
	Abigail WICKS	SO 26.06c (26.46f) 2/7 Camel City Invit
55	400 Meters	3:56.62
LW: 55		average 59.16
	Abigail WICKS	SO 57.34 2/22 USC Indoor Ope
	Gabrielle MAYE	SO 57.56c (58.32f) 2/17 CIAA
	Kamaya SPEIGHT	FR 1:00.21 1/18 HBCU Showcas
	Rihan PRICE	FR 1:01.51 12/6 Clemson Opene



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Kentucky State — Women

as of 3/10/25 4:24 PM CT

90	60 Meters	32.08
LW: 90		average 8.02
	MyRajah RANKIN	SO 7.72 2/21 SIAC Indoor Chc
	Alecza Andrea COFFIE	FR 8.04 2/21 SIAC Indoor Chc
	Alexandria WOODS	SO 8.10 2/21 SIAC Indoor Chc
	Zhakeya HAWKINS	FR 8.22 2/7 Eastern Indoors
115	200 Meters	1:46.08
LW: 115		average 26.52
	MyRajah RANKIN	SO 24.96 2/21 SIAC Indoor Chc
	Zhakeya HAWKINS	FR 26.40c (26.81f) 1/31 Cedarville Colle
	Jada MURRY	FR 27.33c (27.75f) 1/31 Cedarville Colle
	Hailey TUCKER	SO 27.39 2/7 Eastern Indoors
110	400 Meters	4:10.59
LW: 113▲ 3		average 1:02.65
	Zhakeya HAWKINS	FR 59.71 3/8 HBCU National
	Hailey TUCKER	SO 1:01.86 2/21 SIAC Indoor Chc
	Iyanna THOMPSON-CARSON	FR 1:02.11c (1:02.93f) 12/7 Centre First Chc
	Jada MURRY	FR 1:06.91 2/21 SIAC Indoor Chc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

King — Women

as of 3/10/25 4:24 PM CT

104 800 Meters 9:57.27

LW: 104 average 2:29.32

Ermay VAZQUEZ ADAME	SO	2:25.07c	(2:26.74f)	2/24	Conference Car
Morgan WHITLEY	SR	2:28.00		2/8	Liberty Open
Lily BJERKNESS	FR	2:31.89c	(2:33.65f)	2/1	Bast-Cregger In
Amanda LOWERY	JR	2:32.31		2/8	Liberty Open

115 Mile 22:13.56

LW: 114♥ 1 average 5:33.39

Morgan WHITLEY	SR	5:13.56c	(5:16.66f)	2/24	Conference Car
Ermay VAZQUEZ ADAME	SO	5:24.27c	(5:27.48f)	2/24	Conference Car
Lily BJERKNESS	FR	5:46.77		1/25	Keydet Invitatic
Emily WARD	JR	5:48.96c	(5:52.41f)	12/7	Visit Winston-Sc

101 3000 Meters 44:16.37

LW: 101 average 11:04.09

Morgan WHITLEY	SR	10:37.04	(10:42.50f)	2/1	Bast-Cregger In
Emily WARD	JR	10:54.50	(11:00.11f)	12/7	Visit Winston-Sc
Ermay VAZQUEZ ADAME	SO	10:57.83	(11:03.47f)	12/7	Visit Winston-Sc
Lily BJERKNESS	FR	11:47.00	(11:53.06f)	12/7	Visit Winston-Sc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Kutztown — Women

as of 3/10/25 4:24 PM CT

80	60 Meters	31.90
LW: 80		average 7.98
	Kiana YOUNG	JR 7.82 3/2 PSAC
	Brook SMITH	SO 7.85 3/2 PSAC
	Beth SCHEARER	SO 8.02 12/7 Fast Times at Le
	Taniyah LAWLER	SR 8.21 1/18 Alvernia Winter

38	200 Meters	1:41.29
LW: 38		average 25.32
	Beth SCHEARER	SO 25.16c (25.55f) 3/2 PSAC
	Raechel BONNER	SR 25.21c (25.60f) 3/2 PSAC
	Kiana YOUNG	JR 25.29 2/15 Widener Indoor
	Brook SMITH	SO 25.63 2/15 Widener Indoor

67	400 Meters	3:59.65
LW: 67		average 59.91
	Raechel BONNER	SR 57.32c (58.08f) 3/2 PSAC
	Kiana YOUNG	JR 59.94c (1:00.73f) 1/18 Alvernia Winter
	Taniyah LAWLER	SR 1:00.17 2/15 Widener Indoor
	Mackey DONOVAN	JR 1:02.22 2/15 Widener Indoor

72	800 Meters	9:35.75
LW: 72		average 2:23.94
	Mackey DONOVAN	JR 2:18.08 2/8 Sykes-Sabock C
	Jensen KRAFT	SO 2:23.39c (2:25.04f) 3/2 PSAC
	Deandra YOUNG	JR 2:24.08 1/24 Widener Winter.
	Jaelyn D'AMELIO	SR 2:30.20 2/15 Widener Indoor

75	Mile	21:15.13
LW: 75		average 5:18.78
	Deandra YOUNG	JR 5:11.01c (5:14.08f) 3/2 PSAC
	Jaelyn D'AMELIO	SR 5:16.47 2/15 Widener Indoor
	Jensen KRAFT	SO 5:22.93c (5:26.12f) 2/1 Bison Open & M
	Olivia SOLOMON	FR 5:24.72 2/15 Widener Indoor

63	3000 Meters	42:15.54
LW: 63		average 10:33.88
	Jaelyn D'AMELIO	SR 10:14.39 (10:19.65f) 3/2 PSAC
	Sophia KNERR	SR 10:22.44 2/15 Widener Indoor
	Maura LENHART	SO 10:46.54 2/15 Widener Indoor
	Taylor BARNETT	JR 10:52.17 (10:57.76f) 1/18 Alvernia Winter

24	Pole Vault		12.91m	42-4¼
LW: 24			average 3.23m	10-7
78	Taylor FUNK	SO 3.56m	11-8	2/1 Bison Open & M
	Natalie HOLLAND	FR 3.35m	10-11¾	1/18 Alvernia Winter
	Marissa MCNAMEE	SO 3.35m	10-11¾	3/2 PSAC
	Cassandra TIPA-BOWMAN	SO 2.65m	8-8¼	12/7 Fast Times at Le

94	Shot Put		40.13m	131-8
LW: 94			average 10.03m	32-11
	Maria CLARK	FR 12.72m	41-8¾	2/21 Golden Bear Inv
	Sofia BEARD	SO 10.45m	34-3½	2/21 Golden Bear Inv
	Kennedy BULGER	JR 9.92m	32-6½	1/18 Alvernia Winter
	Scarlett HELMECKI	FR 7.04m	23-1¼	12/7 Fast Times at Le

72	Weight Throw		47.57m	156-1
LW: 72			average 11.89m	39-¼
	Maria CLARK	FR 14.26m	46-9½	2/21 Golden Bear Inv
	Kennedy BULGER	JR 14.16m	46-5½	2/15 Widener Indoor
	Sofia BEARD	SO 11.78m	38-7¾	1/24 Widener Winter
	Scarlett HELMECKI	FR 7.37m	24-2¼	2/21 Golden Bear Inv



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lake Erie — Women

as of 3/10/25 4:24 PM CT

144 400 Meters 4:40.14

LW: 142 ▼ 2

average 1:10.03

Talia MAURO	SO	1:03.26	1/17 Al Campbell Inv
Lanie BOWER	JR	1:06.00c (1:06.87f)	2/1 Muskie Meet #3
Brooklyn BROADWAY	SR	1:11.37	3/1 G-MAC
Melayna PRINDLE	FR	1:19.51	2/8 Jud Logan Ligh

105 800 Meters 9:57.41

LW: 105

average 2:29.35

Talia MAURO	SO	2:19.15	2/8 Jud Logan Ligh
Julia LAUDATO	SR	2:27.80c (2:29.50f)	2/1 Muskie Meet #3
Lanie BOWER	JR	2:32.74	3/1 G-MAC
Mckenna BLORE	FR	2:37.72	2/15 SPIRE Collegiat

107 Shot Put 37.82m 124-1

LW: 107

average 9.46m 31-¼

Samantha GARRETT	SR	11.30m	37-1 2/8 Jud Logan Ligh
Kaitlyn GRILL	SO	11.09m	36-4¾ 3/1 G-MAC
Samantha WEBER	SR	9.26m	30-4¾ 1/17 Al Campbell Inv
Maggie WALDO	JR	6.17m	20-3 1/17 Al Campbell Inv

19 Weight Throw 62.43m 204-10

LW: 19

average 15.61m 51-2½

7 Richella SPIELVOGEL	SR	19.35m	63-6 3/1 G-MAC
35 Olivia OOSTDYK	SR	17.41m	57-1½ 2/15 SPIRE Collegiat
Samantha GARRETT	SR	13.86m	45-5¾ 12/6 Akron Haynes L
Kaitlyn GRILL	SO	11.81m	38-9 3/1 G-MAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lake Superior State — Women

as of 3/10/25 4:24 PM CT

117 800 Meters 10:04.36

LW: 117

average 2:31.09

Madison MORGAN	FR	2:24.67	3/2 GLIAC
Sydney KAPUSHINSKI	SR	2:27.05	3/2 GLIAC
Olivia PETER	SO	2:33.39	3/2 GLIAC
Keira LAMMING	SO	2:39.25	2/1 SVSU Jet's Pizzc

103 Mile 22:00.37

LW: 102♥ 1

average 5:30.09

Izzy YEOMAN	FR	5:14.93	2/15 GVSU Big II
Noel BLACK	FR	5:25.90	2/15 GVSU Big II
Madison MORGAN	FR	5:38.83c (5:42.18f)	1/17 Jack Skoog Mee
Olivia PETER	SO	5:40.71	2/1 SVSU Jet's Pizzc

109 3000 Meters 45:00.72

LW: 109

average 11:15.18

Izzy YEOMAN	FR	10:25.68	3/2 GLIAC
Noel BLACK	FR	10:38.38	2/15 GVSU Big II
Olivia PETER	SO	11:42.50	12/7 Saginaw Valley
Sarah MCDANIEL	SO	12:14.16	2/15 GVSU Big II



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lander — Women

as of 3/10/25 4:24 PM CT

160	60 Meters	34.19		
LW: 160		average 8.55		
	Caalyn HYMAN	FR 7.94	2/18	Peach Belt Indo
	Tymia WILLIS	FR 8.53	1/26	JDL Flat is Fast
	McCayla WILLINGHAM	SR 8.86	1/18	Mondo College
	Kiersten THATCHER	SO 8.86	1/18	Mondo College
166	200 Meters	1:52.68		
LW: 165 1		average 28.17		
	Caalyn HYMAN	FR 26.65 (0.8)	3/1	Susan Rouse Im
	Tymia WILLIS	FR 26.72	2/18	Peach Belt Indo
	Tamiya MOBLEY	FR 29.01c (29.46f)	1/26	JDL Flat is Fast
	Kiersten THATCHER	SO 30.30c (30.77f)	1/18	Mondo College
153	800 Meters	10:53.16		
LW: 153		average 2:43.29		
	Amara HILLE	FR 2:35.89	3/1	Susan Rouse Im
	Madeline BEAL	SO 2:40.63	3/1	Susan Rouse Im
	Kaelynn LAROSE	FR 2:48.20	2/8	Liberty Open
	Kiersten THATCHER	SO 2:48.44	3/1	Susan Rouse Im
132	Mile	22:59.32		
LW: 131 1		average 5:44.83		
	Amara HILLE	FR 5:34.72	2/18	Peach Belt Indo
	Carly FUEL	SO 5:36.28	3/1	Susan Rouse Im
	Kayla BARNHARDT	FR 5:49.77	2/8	Liberty Open
	Rachel SCHENCK	JR 5:58.55c (6:02.09f)	1/18	Mondo College
113	Shot Put	35.83m	117-7	
LW: 113		average 8.96m	29-4¾	
	Jakeira ANDERSON	FR 10.31m 33-10	3/1	Susan Rouse Im
	Yiddisha LYLES	FR 9.88m 32-5	2/8	Liberty Open
	Emma AVANT	JR 7.85m 25-9¼	3/1	Susan Rouse Im
	Elizabeth COVINGTON	FR 7.79m 25-6¾	2/8	Liberty Open
76	Weight Throw	41.32m	135-7	
LW: 76		average 10.33m	33-10¾	
	Jakeira ANDERSON	FR 11.80m 38-8¾	2/18	Peach Belt Indo
	Yiddisha LYLES	FR 11.63m 38-2	2/8	Liberty Open
	Emma AVANT	JR 9.12m 29-11¼	1/26	JDL Flat is Fast
	Elizabeth COVINGTON	FR 8.77m 28-9¼	2/8	Liberty Open



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lee (Tenn.) — Women

as of 3/10/25 4:24 PM CT

70	60 Meters	31.76
LW: 70		average 7.94
43	Liz LANNOM	FR 7.55 2/21 GSC
	Ane PEASLSY	SO 7.99 2/8 UAB Green and
	Jydia FAUCETTE	JR 8.08 2/21 GSC
	Brynn DEPINET	JR 8.14 12/6 Birmingham Ice

11	60 Meter Hurdles	35.95
LW: 11		average 8.99
40	Liz LANNOM	FR 8.68 2/8 UAB Green and
91	Ane PEASLSY	SO 8.93 2/2 South Alabama
	Liezl THERON	JR 9.12 2/21 GSC
	Lily BROWN	SO 9.22 12/6 Birmingham Ice

68	200 Meters	1:43.53
LW: 68		average 25.88
44	Liz LANNOM	FR 24.35 2/21 GSC
	Maddox MAYFIELD	FR 26.20 OT 1/17 Vanderbilt Indo
	Sydney WHITE	SR 26.30 2/8 UAB Green and
	Jydia FAUCETTE	JR 26.68 2/21 GSC

54	400 Meters	3:56.60
LW: 54		average 59.15
	Maddox MAYFIELD	FR 57.47 2/21 GSC
	Sydney WHITE	SR 58.29 2/21 GSC
	Delphine DAH	SR 1:00.27 2/21 GSC
	Lily BROWN	SO 1:00.57 2/8 UAB Green and

5	800 Meters	8:52.29
LW: 5		average 2:13.07
20	Aria HAWKINS	SR 2:09.85 2/21 GSC
50	Lily HARE	SR 2:12.81 2/1 John Thomas T
61	Katie BEAM	FR 2:13.87 2/2 South Alabama
97	Abi MOORE	FR 2:15.76 1/17 Vanderbilt Indo

5	Mile	19:18.18
LW: 5		average 4:49.55
7	Aria HAWKINS	SR 4:41.36 1/17 Vanderbilt Indo
37	Lily HARE	SR 4:51.55 2/21 GSC
40	Estella CLEMONS	FR 4:52.19 12/7 BU Opener
45	Ana Patricia CAMPOS	SR 4:53.08 2/15 Music City Chal

6	3000 Meters	38:55.58
LW: 6		average 9:43.89
6	Aria HAWKINS	SR 9:19.54 12/7 BU Opener
46	Ana Patricia CAMPOS	SR 9:46.26 1/17 Vanderbilt Indo
66	Megan ADAMS	JR 9:53.34 2/1 John Thomas T
78	Lily HARE	SR 9:56.44 12/7 BU Opener

7	5000 Meters	1:09:15
LW: 7		average 17:18.75
57	Megan ADAMS	JR 17:16.85 2/21 GSC
58	Katie KRUEGER	SR 17:16.86 2/21 GSC
61	Ana Patricia CAMPOS	SR 17:18.75 2/1 John Thomas T
71	Ashlyn ILIFF	SR 17:22.54 2/21 GSC

32	High Jump	6.26m	20-6½
LW: 32		average 1.56m	5-1½
20	Liezl THERON	JR 1.71m 5-7¼ 2/21 GSC	
23	Liz LANNOM	FR 1.70m 5-7 1/17 Vanderbilt Indo	
	Sydney WHITE	SR 1.50m 4-11 2/21 GSC	
	Lily BROWN	SO 1.35m 4-5 2/21 GSC	

40	Long Jump	21.34m	70-¼
LW: 40		average 5.34m	17-6
	Liezl THERON	JR 5.54m 18-2¼ 2/21 GSC	
	Jydia FAUCETTE	JR 5.47m 17-11½ 2/15 Music City Chal	
	Liz LANNOM	FR 5.27m 17-3½ 2/21 GSC	
	Sydney WHITE	SR 5.06m 16-7¼ 1/17 Vanderbilt Indo	

27	Shot Put	48.66m	159-8
LW: 27		average 12.16m	39-11
21	Graice WAITE	FR 14.27m 46-10 2/21 GSC	
	Samara BRINKS	JR 11.64m 38-2¼ 1/17 Vanderbilt Indo	
	Sydney WHITE	SR 11.57m 37-11½ 2/21 GSC	
	Olivia DAVIDSON	SO 11.18m 36-8¼ 2/21 GSC	

3	Pentathlon	13,162
LW: 3		average 3,290
18	Liezl THERON	JR 3,607 2/21 GSC
49	Liz LANNOM	FR 3,310 OT 1/17 Vanderbilt Indo
49	Sydney WHITE	SR 3,310 2/21 GSC
	Lily BROWN	SO 2,935 2/21 GSC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lees-McRae — Women

as of 3/10/25 4:24 PM CT

132 60 Meters

32.95

LW: 132

average 8.24

Symone TAYLOR	JR	7.89	2/7 Camel City Invit
Sandryne CAMIRE	SO	8.05	2/13 JDL Fast Track
Ellie COBB	FR	8.38c	(7.78A) 12/7 John Weaver In
Landri MARTINKA	SO	8.63c	(8.01A) 12/7 John Weaver In

135 200 Meters

1:47.85

LW: 135

average 26.96

Keagan OSIKA	JR	26.26	2/1 VMI Winter Rela
Sandryne CAMIRE	SO	26.78c	(27.19f) 2/13 JDL Fast Track
Symone TAYLOR	JR	26.92c	(27.33f) 2/13 JDL Fast Track
Landri MARTINKA	SO	27.89c	(28.32f) 2/7 Camel City Invit

115 Shot Put

33.26m 109-2

LW: 115

average 8.32m 27-3½

Morgan GRAY	SO	10.57mA	34-8¼ 12/7 John Weaver In
Keagan OSIKA	JR	8.51m	27-11 2/1 VMI Winter Rela
Devon DAVIS	JR	7.94mA	26-¾ 12/7 John Weaver In
Kaylee MESSICK	SR	6.24mA	20-5¾ 12/7 John Weaver In



#EventSquad Rankings — 2025 Checkpoint #7, March 11

LeMoyne-Owen — Women

as of 3/10/25 4:24 PM CT

148 60 Meters **33.48**
LW: 148 *average 8.37*

Mya MCKENZIE	SO	8.15	2/21 SIAC Indoor Chc
Zamayia DAVISON	FR	8.18	2/15 Music City Chali
Tajana SIMS	SO	8.41	2/21 SIAC Indoor Chc
Jyana WOODS	FR	8.74	12/7 ONU Holiday Im

176 200 Meters **1:54.17**
LW: 175 1 *average 28.54*

Zamayia DAVISON	FR	27.47	2/7 UAB Vulcan Invi
Mya MCKENZIE	SO	27.79c	(28.22f) 12/7 ONU Holiday Im
Tajana SIMS	SO	28.14	12/6 Windy City Invit
Jyana WOODS	FR	30.77	12/6 Windy City Invit

142 400 Meters **4:34.33**
LW: 140 2 *average 1:08.58*

Jamea LINDLEY	FR	1:03.13	2/15 Music City Chali
Mashanti SADDLER	JR	1:08.64	2/15 Music City Chali
Dariyah WEBB	FR	1:09.08	2/7 UAB Vulcan Invi
Johnasia O'NEAL	SO	1:13.48	2/15 Music City Chali

96 Long Jump **19.45m** **63-9¾**
LW: 95 1 *average 4.86m 15-11½*

Tajana SIMS	SO	5.31m	17-5¼ 12/6 Windy City Invit
Mya MCKENZIE	SO	4.87m	15-11¾ 2/21 SIAC Indoor Chc
Dariyah WEBB	FR	4.82m	15-9¾ 2/21 SIAC Indoor Chc
Jyana WOODS	FR	4.45m	14-7¼ 12/6 Windy City Invit



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lenoir-Rhyne — Women

as of 3/10/25 4:24 PM CT

7	60 Meters	30.29
LW: 7		average 7.57

2	Alexis BROWN	JR	7.26	2/8	Doc Hale Virgin
77	Melody JONES	SR	7.64	3/2	SAC Indoor
88	Zanetta UDO-OBONG	SO	7.65	3/2	SAC Indoor
	Molly MCGRATH	JR	7.74	2/1	Bast-Cregger In

15	60 Meter Hurdles	36.07
LW: 15		average 9.02

4	Melody JONES	SR	8.37	2/8	Doc Hale Virgin
70	Sharonda PRIESTER	SO	8.85	1/26	JDL Flat is Fast
	Miranda MARR	SR	9.25	3/2	SAC Indoor
	Mathilde ETIENNE	SR	9.60	3/2	SAC Indoor

10	200 Meters	1:38.29
LW: 10		average 24.57

1	Alexis BROWN	JR	23.35c	(23.71f)	3/2	SAC Indoor
	Melody JONES	SR	24.87c	(25.25f)	3/2	SAC Indoor
	Damyja ALEJANDRO-ORTIZ	JR	24.98c	(25.36f)	3/2	SAC Indoor
	Sharonda PRIESTER	SO	25.09c	(25.48f)	3/2	SAC Indoor

22	400 Meters	3:49.21
LW: 22		average 57.30

29	Sharonda PRIESTER	SO	55.19c	(55.92f)	3/2	SAC Indoor
76	Damyja ALEJANDRO-ORTIZ	JR	56.26c	(57.00f)	3/2	SAC Indoor
	Jani DAY	JR	57.99c	(58.76f)	3/2	SAC Indoor
	Kimberley OWENS	SR	59.77c	(1:00.56f)	3/2	SAC Indoor

50	800 Meters	9:24.85
LW: 50		average 2:21.21

Carolyn FUEHREN	JR	2:16.87	2/1	Carolina Challenge
Olivia OVERHOLT	JR	2:18.27c (2:19.86f)	3/2	SAC Indoor
Mathilde ETIENNE	SR	2:22.30c (2:23.94f)	3/2	SAC Indoor
Maria CARMONA	SO	2:27.41	2/1	Carolina Challenge

41	Mile	20:31.01
LW: 41		average 5:07.75

	Carolyn FUEHREN	JR	5:04.76c	(5:07.77f)	1/26	JDL Flat is Fast
	Caitlyn CHRISTIE	SO	5:08.00c	(5:11.04f)	3/2	SAC Indoor
	Maria CARMONA	SO	5:08.14c	(5:11.19f)	3/2	SAC Indoor
	Elizabeth KESSLER	SR	5:10.11c	(5:13.18f)	3/2	SAC Indoor

53	3000 Meters	41:52.76
LW: 53		average 10:28.19

Sabrina FLEIG	JR	10:15.67	2/15	Darius Dixon Me
Elizabeth KESSLER	SR	10:18.15	2/15	Darius Dixon Me
Eliska RIHOVA	JR	10:38.44 (10:43.91f)	1/26	JDL Flat is Fast
Isis GASKIN	FR	10:40.50 (10:45.99f)	1/26	JDL Flat is Fast

47	High Jump	6.12m	20-1
LW: 46		average 1.53m	5-¼

	Miranda MARR	SR	1.58m	5-2¼	2/8	Doc Hale Virgin
	Patricija NEMANYTE	SO	1.57m	5-1¾	12/8	JDL Early Bird I
	Mathilde ETIENNE	SR	1.54m	5-½	3/2	SAC Indoor
	Jani DAY	JR	1.43m	4-8¼	1/26	JDL Flat is Fast

25	Pole Vault	12.34m	40-5¾
LW: 25		average 3.08m	10-1½

	Pearl BALLARD	SR	3.42m	11-2½	3/2	SAC Indoor
	Caitlyn LENSCH	SO	3.15m	10-4	2/1	Bast-Cregger In
	Harper RAMSDALE	FR	3.05m	10-0	1/18	Finn Pincus Invi
	Adair DUPREE	JR	2.72m	8-11	3/2	SAC Indoor

7	Long Jump	22.58m	74-1
LW: 7		average 5.64m	18-6¼

42	Kimberley OWENS	SR	5.78m	18-11¾	2/14	Darius Dixon Me
58	Alexis BROWN	JR	5.71m	18-8¾	1/31	Carolina Challe
92	Melody JONES	SR	5.61m	18-5	3/2	SAC Indoor
	Mathilde ETIENNE	SR	5.48m	17-11¾	2/8	Doc Hale Virgin

85	Shot Put	41.31m	135-7
LW: 85		average 10.33m	33-10¾

	Savannah NIPPA	SR	10.79m	35-4¾	2/22	JDL Last Chanc
	Mathilde ETIENNE	SR	10.67m	35-¼	3/2	SAC Indoor
	Patricija NEMANYTE	SO	10.19m	33-5¼	12/8	JDL Early Bird I
	Miranda MARR	SR	9.66m	31-8½	2/8	Doc Hale Virgin



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lewis — Women

as of 3/10/25 4:24 PM CT

41	60 Meters	31.29
LW: 41		average 7.82
	Rebecca CRAVEDI	SR 7.72 2/21 F. Lee Slick Invit
	Denise HERNANDEZ	JR 7.78 3/2 GLVC
	Faith WYMAN	SR 7.83 12/7 Saginaw Valley
	Kaitlyn HUTCHINSON	SO 7.96 12/7 Saginaw Valley

49	60 Meter Hurdles	37.69
LW: 49		average 9.42
	100 Caitlyn O'BOYLE	SO 8.97 3/2 GLVC
	Karmen KUROWICKA	SO 9.13 3/2 GLVC
	Brynlee KEERAN	JR 9.41 2/21 F. Lee Slick Invit
	Aine RONAN	SO 10.18 3/2 GLVC

53	200 Meters	1:42.47
LW: 52 ▼ 1		average 25.62
	81 Faith WYMAN	SR 24.69c (25.07f) 2/21 F. Lee Slick Invit
	Rebecca CRAVEDI	SR 24.99c (25.37f) 2/21 F. Lee Slick Invit
	Patrycja KARPIESIUKE	JR 26.34c (26.75f) 2/21 F. Lee Slick Invit
	Caitlyn O'BOYLE	SO 26.45c (26.86f) 2/14 NCC Chicagolar

65	400 Meters	3:58.80
LW: 65		average 59.70
	Faith WYMAN	SR 57.29 2/7 Lewis Invitation
	Janellisa OCEGUERA	FR 58.93 OT 12/6 Grand Valley St
	Rebecca CRAVEDI	SR 1:01.22 1/25 Notre Dame Inv
	Kristina FINDLEY	FR 1:01.36 12/6 Grand Valley St

29	800 Meters	9:10.63
LW: 29		average 2:17.66
	98 Janellisa OCEGUERA	FR 2:15.84 2/14 GVSU Big I
	Mary EDWARDS	SO 2:17.21c (2:18.79f) 2/21 F. Lee Slick Invit
	Kristina FINDLEY	FR 2:18.73c (2:20.33f) 2/21 F. Lee Slick Invit
	Anna KOZAK	SR 2:18.85 2/7 Lewis Invitation

13	Mile	19:46.72
LW: 13		average 4:56.68
	46 Anna KOZAK	SR 4:53.17 2/14 GVSU Big I
	56 Sarah MAY	SR 4:54.52 2/7 Lewis Invitation
	Hannah SMRCKA	SR 4:59.36 2/7 Lewis Invitation
	Kate GUDERJAN	JR 4:59.67 2/7 Lewis Invitation

7	3000 Meters	38:56.58
LW: 7		average 9:44.14
	21 Hannah SMRCKA	SR 9:33.87 2/14 GVSU Big I
	31 Sarah MAY	SR 9:38.99 2/14 GVSU Big I
	52 Mary EDWARDS	SO 9:48.70 2/14 GVSU Big I
	70 Anna KOZAK	SR 9:55.02 12/6 Grand Valley St

4	5000 Meters	1:07:39
LW: 4		average 16:54.86
	18 Hannah SMRCKA	SR 16:38.18 12/6 Grand Valley St
	30 Abbey KOZAK	SR 16:55.46 12/6 Grand Valley St
	38 Sarah MAY	SR 17:01.82 12/6 Grand Valley St
	41 Naylah ALLEN	SR 17:03.99 12/6 Grand Valley St

8	Pole Vault		14.58m	47-10
LW: 8			average 3.64m	11-11½
18	Brynlee KEERAN	JR	3.96m	12-11¾ 2/7 Lewis Invitation
70	Sofia OLSSON	FR	3.58m	11-9 3/2 GLVC
70	Riley WARREN	FR	3.58m	11-9 3/2 GLVC
98	Patrycja KARPIESIUKE	JR	3.46m	11-4¾ 2/21 F. Lee Slick Invit

10	Long Jump		22.38m	73-5¼
LW: 10			average 5.60m	18-4¼
2	Denise HERNANDEZ	JR 6.17m	20-3	2/14 NCC Chicagolar
64	Katerina KAKAELAKI	FR 5.70m	18-8½	2/21 F. Lee Slick Invi
	Kaitlyn HUTCHINSON	SO 5.26m	17-3¼	2/21 F. Lee Slick Invi
	Brynlee KEERAN	JR 5.25m	17-2¾	3/2 GLVC

14	Triple Jump		44.35m	145-6
LW: 14			average 11.09m	36-4½
67	Denise HERNANDEZ	JR 11.56m	37-11¼	3/2 GLVC
	Brynlee KEERAN	JR 11.20m	36-9	1/18 Hoosier Horsep
	Caitlyn O'BOYLE	SO 10.81m	35-5¾	2/21 F. Lee Slick Invi
	Riley WARREN	FR 10.78m	35-4½	3/2 GLVC

59	Shot Put		44.58m	146-3
LW: 59			average 11.14m	36-6¾
	Aubrey BRINKMAN	JR 12.12m	39-9¼	3/2 GLVC
	Lauren WATTAWA	SO 11.43m	37-6	2/21 F. Lee Slick Invit
	Brynlee KEERAN	JR 11.26m	36-11½	3/2 GLVC
	Gracie SCHULTZ	SR 9.77m	32-¾	2/1 Windy City Rum

45	Weight Throw		55.95m	183-7
LW: 45			average 13.99m	45-10¾
90	Aubrey BRINKMAN	JR 16.11m	52-10¼	2/21 F. Lee Slick Invit
	Lauren WATTAWA	SO 14.09m	46-2¾	12/7 Saginaw Valley
	Weronika BAFIA	FR 12.95m	42-6	2/7 Lewis Invitation
	Gracie SCHULTZ	SR 12.80m	42-0	2/21 F. Lee Slick Invit



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Limestone — Women

as of 3/10/25 4:24 PM CT

131 200 Meters 1:47.56

LW: 131

average 26.89

Hughasia FYFFE	SR	25.61c	(26.00f)	1/18 Mondo College
Tonya RAWLINS	FR	26.78c	(27.19f)	1/18 Mondo College
Myasia MATTHEWS	JR	27.23		2/22 USC Indoor Ope
Tamiya ELLIS	SR	27.94		2/22 USC Indoor Ope

87 400 Meters 4:04.11

LW: 87

average 1:01.03

Nia OVERBY	SO	58.92c	(59.70f)	3/2 SAC Indoor
Magnalen CAMARA	SR	1:00.51		2/22 USC Indoor Ope
Bianca BELFON	SR	1:00.76c	(1:01.56f)	1/18 Mondo College
Lily SAVIKAS	FR	1:03.92		2/22 USC Indoor Ope

75 Long Jump 20.29m 66-7

LW: 74 ▼ 1

average 5.07m 16-7¾

Tyleah MOORER	JR	5.18m	17-0	3/2 SAC Indoor
Daryn MCDONALD	SR	5.14m	16-10½	2/1 Carolina Challe
JoAnn SMILING	SR	5.02m	16-5¾	12/6 Clemson Opene
Kaila HEMPHILL	SR	4.95m	16-3	3/2 SAC Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lincoln (Mo.) — Women

as of 3/10/25 4:24 PM CT

22	60 Meters	30.89
LW: 22		average 7.72
9	Shantae GEORGE	SR 7.39 3/2 GLVC
	Aaliyannah ANDERSON	SO 7.69 2/1 Washburn Oper
	Mattie BROWN	SO 7.88 3/2 GLVC
	Monea CAREY	SR 7.93 3/2 GLVC
26	60 Meter Hurdles	36.69
LW: 26		average 9.17
40	Aaliyannah ANDERSON	SO 8.68 12/7 Bob Timmons C
	Ava AMEY	FR 9.21 2/8 Dr. Jim Green C
	Deschanique DOUGLAS	FR 9.27 12/7 Bob Timmons C
	Shanette ALLISON	SR 9.53 12/7 Bob Timmons C
25	200 Meters	1:39.72
LW: 25		average 24.93
27	Shevanae THOMAS	SR 24.10c (24.47f) 3/2 GLVC
39	Shantae GEORGE	SR 24.27c (24.64f) 3/2 GLVC
	Denita JACKSON	SR 25.21c (25.60f) 12/7 Bob Timmons C
	Aaliyannah ANDERSON	SO 26.14 12/13 Husker Holiday
6	400 Meters	3:41.68
LW: 6		average 55.42
11	Shevanae THOMAS	SR 54.03c (54.74f) 3/2 GLVC
41	Britney BROWN	JR 55.64 12/13 Husker Holiday
55	Maria DIAMOND	SR 55.94c (56.68f) 3/2 GLVC
63	Odeshia NANTON	SO 56.07 2/1 Washburn Oper
15	800 Meters	9:02.22
LW: 15		average 2:15.56
36	Shoneal CLARKE-GIDDINGS	SO 2:10.92 2/15 Russ Jewett Ind
49	Maria DIAMOND	SR 2:12.78 2/8 Bearcat Invite (
94	Britney BROWN	JR 2:15.50c (2:17.06f) 12/7 Bob Timmons C
	Hannah FATADE	FR 2:23.02c (2:24.67f) 3/2 GLVC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lincoln (Pa.) — Women

as of 3/10/25 4:24 PM CT

100	60 Meters	32.26
LW: 100		average 8.06
	Aisha CARRINGTON	SR 7.70 2/17 CIAA
	Sabianka ALEXIS	FR 7.77 2/28 Fastrack Last C
	Aleah LANGLEY	SO 8.38 2/8 Frank Colden In
	Talia SIMPSON	SR 8.41 2/8 Frank Colden In
104	200 Meters	1:45.67
LW: 104		average 26.42
	Sabianka ALEXIS	FR 25.33 2/28 Fastrack Last C
	Aisha CARRINGTON	SR 26.07 1/12 VCU Ram Indoo
	Leannah JORDAN	FR 26.44 2/1 VMI Winter Rela
	Paris TALLEY	SO 27.83 1/24 Widener Winter.
31	400 Meters	3:51.81
LW: 31		average 57.95
15	Kamani JOHNS	SR 54.13 2/28 Fastrack Last C
	Leannah JORDAN	FR 58.05 2/28 Fastrack Last C
	Jazlynn CHURCH	SR 58.25 3/8 HBCU National
	Aniya WHITFIELD	SO 1:01.38 2/28 Fastrack Last C
85	800 Meters	9:44.32
LW: 85		average 2:26.08
77	Kamani JOHNS	SR 2:14.84c (2:16.39f) 2/17 CIAA
	Jazlynn CHURCH	SR 2:22.34c (2:23.98f) 2/17 CIAA
	Madison MORGAN	FR 2:31.68 1/12 VCU Ram Indoo
	Aniya WHITFIELD	SO 2:35.46c (2:37.25f) 2/8 Frank Colden In
146	Mile	24:27.93
LW: 145 1		average 6:06.98
	Madison MORGAN	FR 5:41.73c (5:45.11f) 2/17 CIAA
	Miranda MCLEAN	SO 5:54.13c (5:57.63f) 2/8 Frank Colden In
	Christine PERKINS	SO 6:16.20 1/24 Widener Winter.
	Isabella WRIGHT	FR 6:35.87 12/13 Seahawk Shoot
118	Shot Put	28.43m 93-3¼
LW: 118		average 7.11m 23-4
	Tyasia DOYLE	FR 9.85m 32-3¾ 12/7 Bison Opener
	Taylor ALLEN	SR 7.21m 23-8 12/7 Bison Opener
	Ida Rose MOORE	SR 6.22m 20-5 2/17 CIAA
	Amani ADAMS	JR 5.15m 16-10¾ 2/17 CIAA



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lincoln Memorial — Women

as of 3/10/25 4:24 PM CT

39	800 Meters	9:15.30		
LW: 39		average 2:18.82		
	Jacie BEGLEY	FR 2:17.41c	(2:18.99f)	3/2 SAC Indoor
	Harper RUSSELL	SR 2:17.65c	(2:19.23f)	3/2 SAC Indoor
	Reaghan CURDE	JR 2:20.11c	(2:21.72f)	2/15 Centre Indoor Ir
	Theresa BROSTHAUS	SO 2:20.13c	(2:21.74f)	3/2 SAC Indoor
59	Mile	20:58.59		
LW: 59		average 5:14.65		
	Harper RUSSELL	SR 5:10.68c	(5:13.75f)	2/15 Centre Indoor Ir
	Reaghan CURDE	JR 5:12.65c	(5:15.74f)	3/2 SAC Indoor
	Grace ROSE	SR 5:15.03c	(5:18.14f)	2/15 Centre Indoor Ir
	Weslyn MCINTOSH	SO 5:20.23		1/25 Brant Tolsma Ir
62	3000 Meters	42:15.14		
LW: 62		average 10:33.78		
	Weslyn MCINTOSH	SO 10:20.54	(10:25.86f)	3/2 SAC Indoor
	Grace ROSE	SR 10:22.05		1/17 Vanderbilt Indo
	Nadine MCINTYRE	FR 10:25.64	(10:31.00f)	2/15 Centre Indoor Ir
	Katie SMOCK	SR 11:06.91	(11:12.62f)	2/15 Centre Indoor Ir
54	5000 Meters	1:17:12		
LW: 53 ▼ 1		average 19:17.98		
	Grace ROSE	SR 17:46.44	(17:54.60f)	3/2 SAC Indoor
	Katie SMOCK	SR 18:43.40		2/1 VMI Winter Rela
	Aubrey BACHTEL	JR 20:15.73	(20:25.04f)	3/2 SAC Indoor
	Olivia TRUELOVE	JR 20:26.34	(20:35.73f)	3/2 SAC Indoor
67	Shot Put	43.20m	141-9	
LW: 67		average 10.80m	35-5¼	
94	Ashley PARRISH	SO 12.82m	42-¾	3/2 SAC Indoor
	Kylee ALVIS	JR 11.43m	37-6	3/2 SAC Indoor
	Nevaeh KERNS	JR 9.56m	31-4½	1/25 Brant Tolsma Ir
	Maggie SANDERSON	JR 9.39m	30-9¾	3/2 SAC Indoor
40	Weight Throw	56.54m	185-6	
LW: 40		average 14.14m	46-4½	
	Nevaeh KERNS	JR 15.32m	50-3¼	3/2 SAC Indoor
	Ashley PARRISH	SO 15.05m	49-4½	3/2 SAC Indoor
	Cate TURNER	SO 13.57m	44-6¼	1/25 Brant Tolsma Ir
	Kylee ALVIS	JR 12.60m	41-4¼	3/2 SAC Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Livingstone — Women

as of 3/10/25 4:24 PM CT

80	60 Meters	31.90
LW: 80		average 7.98
	Ty'kira GARRETT	SO 7.79c (7.23A) 12/7 John Weaver In
	Destiny ROSS-BATES	FR 7.93 2/17 CIAA
	Aleisia ROBINSON	SO 8.03c (7.45A) 12/7 John Weaver In
	Madison CAMPBELL	FR 8.15c (7.56A) 12/7 John Weaver In

83	60 Meter Hurdles	40.17
LW: 83		average 10.04
	Kharonay BROWN	SO 9.56 2/17 CIAA
	Keneah ROMNEY	JR 10.00c (9.29A) 12/7 John Weaver In
	Dajaneen ALEJANDRO-ORTIZ	SR 10.08 2/17 CIAA
	Love RILEY	FR 10.53 2/17 CIAA

112	200 Meters	1:45.85
LW: 112		average 26.46
	Ty'kira GARRETT	SO 25.42c (25.81f) 2/7 Camel City Invit
	Amaya WILLIAMS	JR 26.73c (27.14f) 2/7 Camel City Invit
	Madison CAMPBELL	FR 26.82c (27.23f) 1/26 JDL Flat is Fast
	Destiny ROSS-BATES	FR 26.88c (27.29f) 2/7 Camel City Invit

117	400 Meters	4:14.30
LW: 116 1		average 1:03.57
	Keneah ROMNEY	JR 1:01.54c (1:02.35f) 1/26 JDL Flat is Fast
	Thomyka VALCENT	SR 1:02.49c (1:03.32f) 2/7 Camel City Invit
	Kharonay BROWN	SO 1:03.67c (1:04.51f) 1/26 JDL Flat is Fast
	Abigail WEST	FR 1:06.60c (1:07.48f) 1/26 JDL Flat is Fast

154	800 Meters	11:07.17
LW: 154		average 2:46.79
	Trinity BUMBRY	JR 2:22.64c (2:24.28f) 2/8 Camel City Invit
	Dajaneen ALEJANDRO-ORTIZ	SR 2:51.22c (2:53.19f) 2/17 CIAA
	Tania STARKIE	SO 2:55.09c (2:57.11f) 2/17 CIAA
	Keneah ROMNEY	JR 2:58.22c (3:00.27f) 2/17 CIAA

69	High Jump	5.68m	18-7½
LW: 69		average 1.42m	4-7¾
	Dajaneen ALEJANDRO-ORTIZ	SR 1.48mA 4-10¼ 12/7 John Weaver In	
	Love RILEY	FR 1.46m 4-9½ 2/17 CIAA	
	Tania STARKIE	SO 1.40m 4-7 2/17 CIAA	
	Keneah ROMNEY	JR 1.34m 4-4¾ 2/17 CIAA	

69	Long Jump	20.47m	67-2
LW: 68 1		average 5.12m	16-9½
82	Destiny ROSS-BATES	FR 5.64mA 18-6 12/7 John Weaver In	
	Tania STARKIE	SO 5.00m 16-5 2/17 CIAA	
	Sabrena HOGAN	FR 5.00m 16-5 1/26 JDL Flat is Fast	
	Nariah FURR	SO 4.83m 15-10¼ 2/1 East Coast Elite	

27	Triple Jump	42.50m	139-5
LW: 27		average 10.62m	34-10½
	Sabrena HOGAN	FR 11.12m 36-5¾ 1/18 Dick Taylor Car	
	Nariah FURR	SO 10.92m 35-10 2/8 Camel City Invit	
	Ty'kira GARRETT	SO 10.29m 33-9¼ 2/17 CIAA	
	Makya BING	FR 10.17m 33-4½ 1/26 JDL Flat is Fast	

91	Shot Put	40.78m	133-10
LW: 91		average 10.20m	33-5½
	Kalia HOPSON	FR 11.13m 36-6¼ 2/1 East Coast Elite	
	Olivia LAWRENCE	FR 10.60m 34-9½ 2/8 Camel City Invit	
	Tamia HOLMES	FR 9.80mA 32-2 12/7 John Weaver In	
	Dajaneen ALEJANDRO-ORTIZ	SR 9.25m 30-4¼ 2/17 CIAA	

23	Pentathlon	9,244
LW: 23		average 2,311
	Dajaneen ALEJANDRO-ORTIZ	SR 2,475 2/17 CIAA
	Tania STARKIE	SO 2,323 2/17 CIAA
	Love RILEY	FR 2,312 2/17 CIAA
	Keneah ROMNEY	JR 2,134 2/17 CIAA



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lock Haven — Women

as of 3/10/25 4:24 PM CT

143	60 Meters	33.32
LW: 143		average 8.33

Havanna GORDON	FR	8.23	12/7	Bison Opener
Samantha TRENCH	SO	8.30	2/1	Bison Open & M
Lillian BRADLEY	FR	8.35	2/21	Penn State Tun
AlexAnne FITE	SO	8.44	1/18	Susquehanna R

139	200 Meters	1:48.28
LW: 139		average 27.07

Havanna GORDON	FR	26.29c	(26.69f)	12/7	Bison Opener
Lillian BRADLEY	FR	26.95		2/21	Penn State Tun
AlexAnne FITE	SO	27.42c	(27.84f)	1/25	Gulden Invitatic
Natalie GENTZEL	JR	27.62 OT		2/14	YSU Last Chanc

93	400 Meters	4:05.44
LW: 93		average 1:01.36

Elizabeth SHULTZ	FR	59.74c	(1:00.53f)	3/2	PSAC
Natalie GENTZEL	JR	1:01.39		2/14	YSU Last Chanc
Nicole CARROLL	SO	1:01.51		2/21	Penn State Tun
Makayla WEBER	JR	1:02.80		2/21	Penn State Tun

52	800 Meters	9:25.17
LW: 51 ▼ 1		average 2:21.29

Nicole CARROLL	SO	2:17.48c	(2:19.06f)	3/2	PSAC
Aubrey SECHRIST	SR	2:18.12c	(2:19.71f)	3/2	PSAC
Claire HAUSER	SR	2:18.44		2/21	Penn State Tun
Jenna Lynn SMITH	SR	2:31.13		2/21	Penn State Tun

73	Mile	21:13.72
LW: 73		average 5:18.43

Nicole CARROLL	SO	5:16.13c	(5:19.25f)	2/8	Utica Blue and
Gwen LLOYD	SR	5:16.48		2/21	Penn State Tun
Claire HAUSER	SR	5:20.32c	(5:23.49f)	2/22	Marc Deneault i
Aubrey SECHRIST	SR	5:20.79c	(5:23.96f)	12/7	Bison Opener

94	3000 Meters	43:49.39
LW: 94		average 10:57.35

Gwen LLOYD	SR	10:27.98		2/15	Widener Indoor
Kaydence STRANGE	FR	10:48.63	(10:54.19f)	12/13	Susquehanna E
Kiersten LLOYD	SR	10:51.63		2/15	Widener Indoor
Addison FARRER	FR	11:41.15	(11:47.16f)	1/25	Gulden Invitatic

56	5000 Meters	1:17:25
LW: 55 ▼ 1		average 19:21.18

Gwen LLOYD	SR	18:30.35	(18:38.85f)	1/25	Gulden Invitatic
Kaydence STRANGE	FR	19:00.73	(19:09.46f)	1/25	Gulden Invitatic
Addison FARRER	FR	19:49.69	(19:58.80f)	2/8	Utica Blue and
Adra SCHELL	JR	20:03.96	(20:13.18f)	2/21	Susquehanna T

80	Shot Put	42.19m	138-5
LW: 80		average 10.55m	34-7¼

Clarissa DAVIS	SO	12.21m	40-¾	2/1	Bison Open & M
Mallory ECK	JR	11.63m	38-2	12/13	Susquehanna E
Alyssa VANGORDER	JR	9.49m	31-1¾	2/8	Utica Blue and
Madalyn SMITH	FR	8.86m	29-1	2/21	Susquehanna T

65	Weight Throw	51.06m	167-6
LW: 65		average 12.76m	41-10¾

Laurie THOMPSON	SO	13.78m	45-2½	2/21	Susquehanna T
Mallory ECK	JR	13.28m	43-7	2/1	Bison Open & M
Alyssa VANGORDER	JR	12.97m	42-6¾	1/25	Gulden Invitatic
Maria PUGLIA	FR	11.03m	36-2¼	2/21	Susquehanna T



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Lubbock Christian — Women

as of 3/10/25 4:24 PM CT

19	200 Meters	1:39.42
LW: 19		average 24.86
62	Reanna ARGULLIN	SR 24.53c (24.46A) 2/22 Lone Star
90	Joy EGWU	JR 24.75c (24.68A) 2/22 Lone Star
	Anika BEUKES	SO 25.04c (24.97A) 2/22 Lone Star
	Anne-Lie WAITE	FR 25.10c (25.03A) 2/22 Lone Star
23	400 Meters	3:49.50
LW: 23		average 57.38
13	Anna SALISBURY	JR 54.08c (53.97A) 2/22 Lone Star
96	Elizabeth FLOREZ	SO 56.64c (56.53A) 2/1 Texas Tech Star
	Jozlyn ARANA	JR 56.82c (56.71A) 2/1 Texas Tech Star
	Mia ST CLAIR	SO 1:01.96c (1:01.85A) 2/15 Kirby Elite
88	Mile	21:39.45
LW: 86 ▼ 2		average 5:24.86
	Olivia WEIDER	JR 5:14.30c (5:21.29A) 1/25 MLK Inv
	Madelyn MERRELL	SR 5:20.72c (5:27.86A) 1/25 MLK Inv
	Yahaira MARTINEZ	SO 5:31.80c (5:35.70A) 1/18 Corky Classic
	Bucki SMITH	SO 5:32.63c (5:36.54A) 2/1 Texas Tech Star
92	3000 Meters	43:34.76
LW: 92		average 10:53.69
	Olivia WEIDER	JR 10:25.53 (10:41.32A) 2/22 Lone Star
	Yahaira MARTINEZ	SO 10:44.29 (10:52.15A) 2/1 Texas Tech Star
	Amy TEW	SO 11:08.93 (11:17.09A) 1/18 Corky Classic
	Chloe TRULL	SR 11:16.01 (11:24.26A) 2/1 Texas Tech Star
59	5000 Meters	1:18:07
LW: 58 ▼ 1		average 19:31.71
	Chloe TRULL	SR 19:13.25 (19:28.62A) 2/15 Texas Tech Jarv
	Yahaira MARTINEZ	SO 19:22.35 (19:37.85A) 2/15 Texas Tech Jarv
	Amy TEW	SO 19:40.86 (19:56.60A) 2/15 Texas Tech Jarv
	Brooke MOORELOCK	FR 19:50.40 (20:06.27A) 2/15 Texas Tech Jarv
64	Weight Throw	51.62m 169-4
LW: 64		average 12.90m 42-4¼
	Abigail JONES	SR 15.64mA 51-3¾ 2/22 Lone Star
	Jazmene DURAN	JR 14.72mA 48-3½ 2/15 Kirby Elite
	Skyler DEMPSEY	SR 12.28mA 40-3½ 1/25 MLK Inv
	Shelby ROBINSON	8.98mA 29-5½ 1/25 MLK Inv



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Malone — Women

as of 3/10/25 4:24 PM CT

115 60 Meters **32.61**
LW: 115 **average 8.15**

Macey HICKS	SR	8.02	3/1 G-MAC
Allea GRAVES	FR	8.08	2/1 Steemer Showc
Amber MORRIS	JR	8.24	3/1 G-MAC
Abigail BLAZ	SO	8.27	3/1 G-MAC

98 200 Meters **1:45.55**
LW: 98 **average 26.39**

Macey HICKS	SR	25.80 OT	3/1 G-MAC
Allea GRAVES	FR	25.82 OT	3/1 G-MAC
Abigail BLAZ	SO	26.72 OT	3/1 G-MAC
Brooklyn MCINTYLRE	FR	27.21c (27.63f)	12/7 Toy Drive Invite

101 400 Meters **4:07.74**
LW: 101 **average 1:01.94**

Allea GRAVES	FR	58.86 OT	3/1 G-MAC
Brooklyn MCINTYLRE	FR	1:01.39c (1:02.20f)	12/7 Toy Drive Invite
Cara PIPITONE	FR	1:03.14c (1:03.97f)	12/7 Toy Drive Invite
Gabriella GUDGER	SO	1:04.35c (1:05.20f)	12/7 Toy Drive Invite

46 800 Meters **9:22.30**
LW: 46 **average 2:20.57**

Rebekah STONEMAN	SR	2:19.58	3/1 G-MAC
Brooklyn MCINTYLRE	FR	2:19.66	3/1 G-MAC
Jenna CASSIDY	JR	2:21.38	2/1 Steemer Showc
Kristin YEAGER	JR	2:21.68	2/1 Steemer Showc

57 Mile **20:55.62**
LW: 57 **average 5:13.90**

Rylee YOCUM	SR	5:06.57	3/1 G-MAC
Kristin YEAGER	JR	5:10.92	2/1 Steemer Showc
Jenna CASSIDY	JR	5:15.86c (5:18.98f)	2/21 Mount Union La
Kylee GRAY	JR	5:22.27	2/15 SPIRE Collegiat

75 3000 Meters **42:46.95**
LW: 75 **average 10:41.74**

Rylee YOCUM	SR	10:26.11	2/1 Steemer Showc
Kristin YEAGER	JR	10:36.58	1/25 SPIRE Midwest i
Kylee GRAY	JR	10:46.09 (10:51.62f)	2/21 Mount Union La
Kaelyn JONES	SR	10:58.17	3/1 G-MAC

53 5000 Meters **1:17:06**
LW: 52 **1** **average 19:16.40**

Rylee YOCUM	SR	18:00.57 (18:08.84f)	2/8 NCCAA Indoor C
Kylee GRAY	JR	18:44.28	3/1 G-MAC
Carolyn MILLER	SO	19:52.90	3/1 G-MAC
Marissa BROWN	SO	20:27.85	3/1 G-MAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Mansfield — Women

as of 3/10/25 4:24 PM CT

164 60 Meters

34.48

LW: 164

average 8.62

Madison ZISKA	JR	8.28	1/30 RIT January Thu
Makayla ROBICHEAUX	FR	8.57	1/30 RIT January Thu
Sandra LEMUS	FR	8.62	2/22 Highlander Las
Alexis MCNITT	FR	9.01	1/24 RIT January Fri

175 200 Meters

1:54.11

LW: 174♥ 1

average 28.53

Madison ZISKA	JR	26.77c	(27.18f)	2/8 Brockport Multi
Makayla ROBICHEAUX	FR	28.20c	(28.63f)	2/8 Brockport Multi
Sandra LEMUS	FR	29.49c	(29.94f)	2/8 Brockport Multi
Alexis MCNITT	FR	29.65c	(30.11f)	2/8 Brockport Multi



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Mars Hill — Women

as of 3/10/25 4:24 PM CT

133	400 Meters	4:22.84
LW: 131▼2	average 1:05.71	
Alina MUELLER	SR 1:02.89c (1:03.721f)	12/7 Visit Winston-Salem
Lindsey JENKINS	JR 1:04.10c (1:04.945f)	12/7 Visit Winston-Salem
Natalee POWERS	FR 1:07.53c (1:08.423f)	12/7 Visit Winston-Salem
Jimena MONTERO	FR 1:08.32c (1:09.223f)	12/7 Visit Winston-Salem

129	800 Meters	10:13.05
LW: 128▼1	average 2:33.26	
Natalee POWERS	FR 2:22.56c (2:24.20f)	2/22 JDL Last Chance
Lindsey JENKINS	JR 2:28.94	2/8 Liberty Open
Fernanda OSUNA	FR 2:39.22c (2:41.06f)	2/1 Bast-Cregger Indoor
Allyson BOERGER	FR 2:42.33	2/8 Liberty Open

106	Mile	22:04.51
LW: 105▼1	average 5:31.13	
Sophie RATCLIFF	FR 5:06.48c (5:09.51f)	2/22 JDL Last Chance
Grace ADAMS	JR 5:36.06c (5:39.38f)	12/7 Visit Winston-Salem
Hannah FRAZER	SO 5:39.89c (5:43.25f)	12/7 Visit Winston-Salem
Mary MALCOLM	FR 5:42.08c (5:45.46f)	12/7 Visit Winston-Salem

70	3000 Meters	42:36.83
LW: 70	average 10:39.21	
Sophie RATCLIFF	FR 10:06.39 (10:11.59f)	2/1 Bast-Cregger Indoor
Grace ADAMS	JR 10:40.62 (10:46.11f)	3/2 SAC Indoor
Hannah FRAZER	SO 10:47.02 (10:52.56f)	3/2 SAC Indoor
Natalee POWERS	FR 11:02.80 (11:08.48f)	12/7 Visit Winston-Salem

110	Long Jump	17.96m	58-11¼
LW: 109▼1	average 4.49m		14-8¾
Alina MUELLER	SR 4.93m	16-2¼	12/7 Visit Winston-Salem
Amaya CASIANO	FR 4.68m	15-4¼	2/22 JDL Last Chance
Maya ADAMS	JR 4.45m	14-7¼	2/1 Bast-Cregger Indoor
Jimena MONTERO	FR 3.90m	12-9½	2/1 Bast-Cregger Indoor

96	Shot Put	39.83m	130-8
LW: 96	average 9.96m		32-8
Cierra WILLIAMS	JR 12.13m	39-9¾	3/2 SAC Indoor
La'miya BLAKE	SR 11.29m	37-½	3/2 SAC Indoor
Jimena MONTERO	FR 8.32m	27-3¾	2/1 Bast-Cregger Indoor
Kayla RICE	SO 8.09m	26-6½	1/18 Mondo College



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Maryville (Mo.) — Women

as of 3/10/25 4:24 PM CT

32	60 Meters	31.17
LW: 32		average 7.79
28	Sarai BROWN	JR 7.49 3/2 GLVC
	Lorena ALONSO	JR 7.88 3/2 GLVC
	Makayla MYERS	SO 7.89 12/13 Dutch Holiday F
	Chloe DAVIS	JR 7.91 3/2 GLVC

34	200 Meters	1:40.84
LW: 34		average 25.21
67	Sarai BROWN	JR 24.56c (24.94f) 3/2 GLVC
	Emoni OWENS	FR 25.05c (25.44f) 2/8 Keck Invitationc
	Makayla MYERS	SO 25.38c (25.77f) 3/2 GLVC
	Chloe DAVIS	JR 25.85c (26.25f) 3/2 GLVC

68	400 Meters	3:59.74
LW: 68		average 59.94
	Emoni OWENS	FR 57.85c (58.61f) 2/15 Blue-White Clas
	Courtney TALLEY	SO 58.77c (59.55f) 2/15 Blue-White Clas
	Alexa LOFGREN	SR 1:00.77c (1:01.57f) 2/8 Keck Invitationc
	Lorena ALONSO	JR 1:02.35c (1:03.17f) 1/18 Eastern Illinois.

55	800 Meters	9:27.29
LW: 54 ▼ 1		average 2:21.82
	Mallorie METZGER	SO 2:15.94c (2:17.50f) 2/15 Blue-White Clas
	Fatimah ALMAMORI	SO 2:21.25c (2:22.87f) 3/2 GLVC
	Lyric FORD	SO 2:22.29c (2:23.93f) 1/25 Illinois College :
	Jade MATTHEWS	FR 2:27.81c (2:29.51f) 2/15 Blue-White Clas

60	Mile	21:00.25
LW: 60		average 5:15.06
	Lyric FORD	SO 5:05.22c (5:08.24f) 2/15 Blue-White Clas
	Mallorie METZGER	SO 5:14.46 2/1 Washburn Oper
	Savannah LESHER	SR 5:16.07c (5:19.19f) 1/18 Eastern Illinois.
	Maddie MARSCHEL	SO 5:24.50c (5:27.71f) 1/18 Eastern Illinois.

48	3000 Meters	41:41.49
LW: 48		average 10:25.37
	Savannah LESHER	SR 10:11.67 (10:16.91f) 3/2 GLVC
	Lyric FORD	SO 10:13.76 (10:19.02f) 3/2 GLVC
	Emma NEAL	JR 10:35.87 (10:41.32f) 2/15 Blue-White Clas
	Maddie MARSCHEL	SO 10:40.19 2/1 Washburn Oper

82	Long Jump		20.03m	65-8¾
LW: 81 ▼ 1			average 5.01m	16-5¼
	Morgan AHLE	JR 5.14m	16-10½	2/1 Washburn Oper
	Autumn HAWKINS	SO 5.07m	16-7¾	12/7 Saluki Fast Star
	Makaila WILLIAMS	JR 5.01m	16-5¼	1/25 Illinois College :
	Grace GRAHAM	JR 4.81m	15-9½	12/13 Dutch Holiday F

22	Shot Put		49.58m	162-8	
LW: 22			average	12.40m	40-8
62	Julia HAHN	JR	13.25m	43-5¾	3/2 GLVC
69	Liz VERMILLION	JR	13.15m	43-1¾	3/2 GLVC
	Nia LYLES	SR	12.37m	40-7	3/2 GLVC
	Jessica MACE	FR	10.81m	35-5¾	12/13 Dutch Holiday P

36	Weight Throw	56.92m	186-9
LW: 36		average 14.23m	46-8¼
Julia HAHN	JR 15.65m	51-4¼	1/25 Illinois College :
Nia LYLES	SR 15.06m	49-5	1/25 Illinois College :
Liz VERMILLION	JR 13.83m	45-4½	12/13 Dutch Holiday F
Liliana MORALES	FR 12.38m	40-7½	1/25 Illinois College :



#EventSquad Rankings — 2025 Checkpoint #7, March 11

McKendree — Women

as of 3/10/25 4:24 PM CT

129	60 Meters	32.88
LW: 129		average 8.22
	Amber COTTON	SO 8.06 12/7 Scott Fangman
	Rajae SAUNDERS	FR 8.17 2/15 Blue-White Clas
	Helena ROHDE	FR 8.32 1/18 Eastern Illinois.
	Paula NIUBO	SO 8.33 1/18 Eastern Illinois.
157	200 Meters	1:50.64
LW: 156♥ 1		average 27.66
	Shinelle JHAGROO	FR 26.52c (26.93f) 1/18 Eastern Illinois.
	Helena ROHDE	FR 27.56c (27.98f) 2/1 Principia Relays
	Amber COTTON	SO 27.62c (28.05f) 12/7 Scott Fangman
	Kennise MAJORS	FR 28.94c (29.39f) 2/15 Blue-White Clas
75	400 Meters	4:01.01
LW: 75		average 1:00.25
	Mickayla SUTHERLAND	FR 57.84c (58.60f) 3/2 GLVC
	Divine OZOMMA	SO 1:00.27c (1:01.07f) 2/15 Blue-White Clas
	Iyanna DEAR	SO 1:01.11c (1:01.92f) 1/24 Jason Dennis In
	Sara BELLOSO	SO 1:01.79c (1:02.61f) 2/15 Blue-White Clas
148	Mile	24:44.69
LW: 147♥ 1		average 6:11.17
	Lydia TRUMP	SO 5:27.82c (5:31.06f) 3/2 GLVC
	Chloe GOUGH	SO 5:53.47c (5:56.96f) 2/1 Principia Relays
	Bree HAZELRIGG	FR 6:33.04c (6:36.93f) 12/7 Scott Fangman
	Oaklie LAYTON	FR 6:50.36c (6:54.42f) 2/1 Principia Relays
80	Long Jump	20.05m 65-9½
LW: 79♥ 1		average 5.01m 16-5½
35	Shinelle JHAGROO	FR 5.81m 19-¾ 3/2 GLVC
	Paula NIUBO	SO 5.32m 17-5½ 1/24 Jason Dennis In
	Elise JOHNSON	SR 4.48m 14-8½ 12/7 Scott Fangman
	Adonya TAYLOR	SO 4.44m 14-6¾ 12/7 Scott Fangman



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Michigan Tech — Women

as of 3/10/25 4:24 PM CT

46	5000 Meters	1:14:49
LW: --	average	18:42.29
Sophia RHEIN	SO 17:53.16	12/6 Grand Valley St
Cedar GORDON	SR 18:31.09 (18:39.60f)	3/8 Ripon Final Quc
Alex LI	FR 19:06.39 (19:15.17f)	3/8 Ripon Final Quc
Alisa TEIGE	SO 19:18.52 (19:27.39f)	3/8 Ripon Final Quc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Midwestern State — Women

as of 3/10/25 4:24 PM CT

48	60 Meters	31.35
LW: 48		average 7.84
	Corinne THORPE	SR 7.74 1/17 Owen Hewett Ir.
	Hailee JANZEN	FR 7.82 12/7 Crimson & Gold
	Trell'Kyras WATKINS	JR 7.86 1/17 Owen Hewett Ir.
	Karissa NIXON	SO 7.93c (7.91A) 2/22 Lone Star
39	200 Meters	1:41.34
LW: 39		average 25.34
	Corinne THORPE	SR 25.13c (25.06A) 2/22 Lone Star
	Hailee JANZEN	FR 25.23c (25.16A) 2/22 Lone Star
	Karissa NIXON	SO 25.46c (25.39A) 2/15 Texas Tech Jan
	Trell'Kyras WATKINS	JR 25.52c (25.91f) 1/17 Owen Hewett Ir.
20	400 Meters	3:48.33
LW: 20		average 57.08
	55 Nidhi SINGH	SR 55.94c (56.68f) 1/17 Owen Hewett Ir.
	Jessie HEATH	SO 56.96c (56.85A) 2/22 Lone Star
	Trell'Kyras WATKINS	JR 57.51 OT 12/7 Crimson & Gold
	Maggie NEAL	FR 57.92c (57.81A) 2/1 Texas Tech Star
8	800 Meters	8:53.53
LW: 8		average 2:13.38
	5 Nidhi SINGH	SR 2:06.48 3/2 Boston Universi
	42 Maggie NEAL	FR 2:11.83c (2:12.57A) 2/22 Lone Star
	64 Jady DANGERFIELD	JR 2:14.13c (2:14.88A) 2/22 Lone Star
	Bailee BOWERS	FR 2:21.09c (2:21.88A) 2/22 Lone Star
43	Mile	20:37.28
LW: 43		average 5:09.32
	Grace PINEDA	FR 5:03.43 12/7 Crimson & Gold
	Jaycee LYONS	SO 5:06.04c (5:12.85A) 2/22 Lone Star
	Nathalia ESCONTRIAS	SR 5:06.73 12/7 Crimson & Gold
	Ella PANDO	JR 5:21.08c (5:24.85A) 2/1 Texas Tech Star
51	3000 Meters	41:46.50
LW: 51		average 10:26.62
	Ella PANDO	JR 10:21.36 12/7 Crimson & Gold
	Grace PINEDA	FR 10:22.81 12/7 Crimson & Gold
	Jaycee LYONS	SO 10:27.21 12/7 Crimson & Gold
	Lula NOLEN	JR 10:35.12 (10:42.87A) 2/1 Texas Tech Star
36	5000 Meters	1:13:39
LW: 36		average 18:24.79
	Ella PANDO	JR 17:39.00 12/7 Crimson & Gold
	Rosalene REYES PEREZ	JR 18:14.63 12/7 Crimson & Gold
	Lula NOLEN	JR 18:44.34 12/7 Crimson & Gold
	Perla FLORES	JR 19:01.20 12/7 Crimson & Gold



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Miles — Women

as of 3/10/25 4:24 PM CT

103	Shot Put	38.66m	126-10
LW: 103		average 9.66m	31-8½
La'chelsea MOORE	FR 11.04m	36-2¾	2/2 South Alabama
Kendall TOWNSEND	SO 9.83m	32-3	2/21 SIAC Indoor Ch
Jai GAINES	SR 9.12m	29-11¼	2/2 South Alabama
Makayla KIRKMAN	SR 8.67m	28-5½	2/21 SIAC Indoor Ch



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Millersville — Women

as of 3/10/25 4:24 PM CT

64	60 Meters	31.58
LW: 64		average 7.90
77	Aasly DE LEON	FR 7.64 3/2 PSAC
	Chanel HERCULES	SO 7.95 3/2 PSAC
	Darian HAUF	SR 7.98 12/7 Bison Opener
	Jillian SYDNOR	FR 8.01 1/25 Coach "I" Open

40	60 Meter Hurdles	37.47
LW: 40		average 9.37
94	Katelyn MURPHY	SO 8.95 3/2 PSAC
	Sabela ZABACKIS	SR 9.31 3/2 PSAC
	Lillian LABURE	JR 9.50 3/2 PSAC
	Victoria MASSOOM	FR 9.71 2/21 Penn State Tun

72	200 Meters	1:43.77
LW: 72		average 25.94
	Aasly DE LEON	FR 25.34c (25.73f) 3/2 PSAC
	Jillian SYDNOR	FR 25.89c (26.29f) 2/1 Bison Open & M
	Milan SNELL	FR 26.22c (26.62f) 12/7 Bison Opener
	Arianna KOUAKOU	SR 26.32 2/21 Penn State Tun

48	400 Meters	3:56.15
LW: 48		average 59.04
	Jillian SYDNOR	FR 57.84c (58.60f) 3/2 PSAC
	Shelby DERKOSH	JR 58.37c (59.14f) 3/2 PSAC
	Aubrey SYDNOR	SR 59.18 2/21 Penn State Tun
	Mary WEISS	JR 1:00.76 2/21 Penn State Tun

92	800 Meters	9:48.82
LW: 92		average 2:27.20
	Cora HEILMAN	JR 2:18.66c (2:20.25f) 3/2 PSAC
	Bri POLLOCK	SO 2:27.50c (2:29.20f) 2/15 Susquehanna I
	Isabella REUFLE	FR 2:28.14c (2:29.84f) 2/15 Susquehanna I
	Emily BEERS	JR 2:34.52c (2:36.30f) 1/25 Coach "I" Open

78	Mile	21:19.67
LW: 78		average 5:19.92
	Bri POLLOCK	SO 5:12.57c (5:15.66f) 12/7 Bison Opener
	Emily MASSAGE	SR 5:17.33c (5:20.47f) 12/7 Bison Opener
	Marissa MOUNCE	SO 5:22.61c (5:25.80f) 12/7 Bison Opener
	Cora HEILMAN	JR 5:27.16c (5:30.39f) 1/25 Coach "I" Open

87	3000 Meters	43:19.93
LW: 87		average 10:49.98
	Bri POLLOCK	SO 10:29.54 2/7 Fastrack Natio
	Emily MASSAGE	SR 10:49.56 (10:55.12f) 2/8 Blue & White Im
	Olivia SUNDERLAND	JR 10:56.73 (11:02.36f) 2/15 Susquehanna I
	Isabella MUSGROVE	JR 11:04.10 (11:09.79f) 12/7 Bison Opener

55	5000 Meters	1:17:24
LW: 54 ▼ 1		average 19:21.00
	Emily MASSAGE	SR 18:23.95 (18:32.40f) 3/2 PSAC
	Emilea ALLEMAN	JR 18:55.05 (19:03.74f) 2/15 Susquehanna I
	Isabella MUSGROVE	JR 20:01.11 (20:10.30f) 2/1 Bison Open & M
	Breia MAYES	JR 20:03.88 (20:13.10f) 2/1 Bison Open & M

61	High Jump		5.92m	19-5
		LW: 61	average 1.48m	4-10¼
	Sabela ZABBLACKIS	SR 1.57m	5-1¾	3/2 PSAC
	Braelyn HEIM	FR 1.45m	4-9	1/18 Alvernia Winter
	Lyndsey KREGEL	JR 1.45m	4-9	12/7 Bison Opener
	Katelyn FERENCE	SO 1.45m	4-9	12/7 Bison Opener

71	Long Jump	20.45m	67-1¼
LW: 70 ▼ 1		average 5.11m	16-9¼
Chanel HERCULES	SO 5.47m	17-11½	3/2 PSAC
Marissa HILLEGAS	FR 5.04m	16-6½	1/18 Alvernia Winter
Ava CEULERS	JR 4.98m	16-4¼	2/15 Susquehanna I
Victoria MASSOOM	FR 4.96m	16-3¼	1/25 Coach "I" Open

40	Shot Put		47.04m	154-4
LW: 40			average 11.76m	38-7
35	Sarah HESSLER	JR 13.68m	44-10¾	3/2 PSAC
	Maddy DOWNS	SR 12.00m	39-4½	2/8 Blue & White Inv
	Seya TRUJILLO	JR 10.92m	35-10	2/7 Fastrack Nation
	Emily SHEFFEE	FR 10.44m	34-3	2/21 Penn State Tun

32	Weight Throw	57.36m	188-2
LW: 32		average 14.34m	47-¾
80	Sarah HESSLER	JR 16.28m	53-5 2/21 Penn State Tun
	Maddy DOWNS	SR 15.43m	50-7½ 3/2 PSAC
	Seya TRUJILLO	JR 14.58m	47-10 2/21 Penn State Tun
	Emily SHEFFEE	FR 11.07m	36-4 2/21 Penn State Tun



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Minnesota Duluth — Women

as of 3/10/25 4:24 PM CT

55	60 Meters	31.44
LW: 55		average 7.86
	Hailey HOLLAR	FR 7.74 3/1 NSIC
	Kate FITZGERALD	JR 7.86 1/25 Jack Johnson
	Emily ANDERSON	JR 7.86 1/17 Bearson-Gathje
	Jordan GRELL	JR 7.98 2/7 Ted Nelson Clas

32	60 Meter Hurdles	36.93
LW: 32		average 9.23
	Megan GILLES	SR 9.01 3/1 NSIC
	Lillian WANZEK	SO 9.13 12/14 The CSS Openen
	Nyebol JOCK	FR 9.39 12/14 The CSS Openen
	Sevanna BURKE	FR 9.40 12/14 The CSS Openen

46	200 Meters	1:42.08
LW: 45 ▼ 1		average 25.52
	Hailey HOLLAR	FR 25.08c (25.47f) 3/1 NSIC
	Kate FITZGERALD	JR 25.34c (25.73f) 3/1 NSIC
	Allysah LARSON	FR 25.81c (26.21f) 2/7 Ted Nelson Clas
	Jordan GRELL	JR 25.85c (26.25f) 2/22 Snowshoe Oper

38	400 Meters	3:54.03
LW: 38		average 58.51
	Megan GILLES	SR 58.34c (59.12f) 3/1 NSIC
	Kate FITZGERALD	JR 58.34c (59.12f) 1/17 Bearson-Gathje
	Avary FITZPATRICK	FR 58.64c (59.41f) 2/22 Snowshoe Oper
	Emily BASTIAN	SO 58.71c (59.49f) 12/14 The CSS Openen

9	800 Meters	8:54.09
LW: 9		average 2:13.52
23	Savannah SCHLEY	SR 2:10.04c (2:11.54f) 3/1 NSIC
51	Madeline VERKERKE	SR 2:12.94c (2:14.47f) 2/7 Ted Nelson Clas
59	Rachel ULRICH	SO 2:13.83c (2:15.38f) 2/15 Maday Classic
	Sierra INGLE	FR 2:17.28c (2:18.86f) 3/1 NSIC

40	Mile	20:30.63
LW: 40		average 5:07.66
	Rachel ULRICH	SO 5:00.79c (5:03.76f) 3/1 NSIC
	Madeline VERKERKE	SR 5:01.97c (5:04.95f) 1/17 Bearson-Gathje
	Elizabeth VANLOON	JR 5:10.07c (5:13.14f) 2/1 Mark Schuck Op
	Eve ANDERSON	SR 5:17.80c (5:20.95f) 2/1 Mark Schuck Op

52	3000 Meters	41:52.65
LW: 52		average 10:28.16
	Eve ANDERSON	SR 10:18.32 (10:23.62f) 2/22 Snowshoe Oper
	Elizabeth VANLOON	JR 10:22.36 (10:27.69f) 2/7 Ted Nelson Clas
	Kira ALMSBERGER	JR 10:27.30 (10:32.68f) 2/7 Ted Nelson Clas
	Julia RADEMACHER	SO 10:44.67 (10:50.19f) 2/22 Snowshoe Oper

39	5000 Meters	1:13:58
LW: 39		average 18:29.48
	Kira ALMSBERGER	JR 18:13.92 (18:22.29f) 1/25 St. Olaf Multi Ev
	Elizabeth VANLOON	JR 18:19.24 (18:27.65f) 3/1 NSIC
	Eve ANDERSON	SR 18:20.14 (18:28.56f) 1/25 St. Olaf Multi Ev
	Julia RADEMACHER	SO 19:04.61 (19:13.37f) 2/15 Maday Classic

44	Long Jump	21.18m	69-6
LW: 44		average 5.30m	17-4½
	Allysah LARSON	FR 5.37m 17-7½ 12/14 The CSS Openen	
	Lillian WANZEK	SO 5.33m 17-6 3/1 NSIC	
	Judsona CHEA	FR 5.27m 17-3½ 12/14 The CSS Openen	
	Lindsey ROOT	SR 5.21m 17-1¼ 2/1 Mark Schuck Op	

32	Shot Put	47.76m	156-9
LW: 32		average 11.94m	39-2¼
	Annaka BOGENHOLM	FR 12.57m 41-3 3/1 NSIC	
	Sabrina SEGAR	SR 12.39m 40-7¾ 2/7 Ted Nelson Clas	
	Amelia DAVIS	FR 11.52m 37-9½ 2/1 Mark Schuck Op	
	Justine CARSRUD	SO 11.28m 37-¼ 2/15 Maday Classic	

56	Weight Throw	53.43m	175-4
LW: 56		average 13.36m	43-10
	Justine CARSRUD	SO 14.54m 47-8½ 2/21 Maverick Invita	
	Svea SMESTAD	JR 14.00m 45-11¼ 1/18 Twin Ports Invit	
	Graycee ROUBINEK	SO 12.47m 40-11 2/15 Maday Classic	
	Annaka BOGENHOLM	FR 12.42m 40-9 1/18 Twin Ports Invit	



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Minnesota State — Women

as of 3/10/25 4:24 PM CT

5	60 Meters	30.21
LW: 5		average 7.55
25	Adeyah BREWSTER SR 7.47	3/1 NSIC
35	Ally HAMMOND SR 7.52	2/14 Maverick Premi
64	Antianna WALSH JR 7.61	3/1 NSIC
64	Norah D'ALMEIDA JR 7.61	3/1 NSIC

1	60 Meter Hurdles	33.40
LW: 1		average 8.35
1	Grace JOHNSON SR 8.24	3/1 NSIC
2	Adeyah BREWSTER SR 8.28	3/1 NSIC
7	Esaba OKWARAMOI SO 8.43	2/1 Mark Schuck Op
8	Ally HAMMOND SR 8.45	2/1 Mark Schuck Op

1	200 Meters	1:36.81
LW: 1		average 24.20
12	Robynn ROLLE-CURRY SR 23.92c (24.30f) 3/1 NSIC	
20	Grace OBOUR JR 24.03c (24.40f) 3/1 NSIC	
36	Eilika LANE SR 24.24c (24.61f) 3/1 NSIC	
70	Antianna WALSH JR 24.62c (25.00f) 2/14 Maverick Premi	

2	400 Meters	3:38.74
LW: 2		average 54.68
7	Robynn ROLLE-CURRY SR 53.58c (54.29f) 3/1 NSIC	
12	Eilika LANE SR 54.06c (54.78f) 3/1 NSIC	
24	Grace OBOUR JR 54.90c (55.63f) 3/1 NSIC	
70	Brianna SHROYER SO 56.20c (56.94f) 3/1 NSIC	

27	800 Meters	9:08.39
LW: 27		average 2:17.10
26	Isabela SHEPARD SR 2:10.29c (2:11.79f) 3/1 NSIC	
	Makayla BISHOP SR 2:18.03c (2:19.62f) 2/15 Maverick Premi	
	Miranda LAUVSTAD JR 2:19.82c (2:21.43f) 2/1 Mark Schuck Op	
	Kennedy SPEER JR 2:20.25c (2:21.87f) 2/21 Maverick Invita	

35	Mile	20:24.57
LW: 35		average 5:06.14
58	Ashley OVERGAAUW SO 4:54.69c (4:57.61f) 3/1 NSIC	
	Emily CUNNINGHAM SR 5:09.01c (5:12.07f) 1/17 Bearson-Gathje	
	Makayla BISHOP SR 5:10.32c (5:13.39f) 2/21 Maverick Invita	
	Amanda OVERGAAUW FR 5:10.55c (5:13.63f) 2/15 Maverick Premi	

24	3000 Meters	40:33.34
LW: 24		average 10:08.34
97	Amanda OVERGAAUW FR 9:59.24c (10:04.38f) 3/1 NSIC	
	Madison MATZEK JR 10:02.07 (10:07.23f) 3/1 NSIC	
	Emily CUNNINGHAM SR 10:10.96 (10:16.19f) 2/7 Ted Nelson Clas	
	Alexi MACDONALD JR 10:21.07 (10:26.39f) 2/7 Ted Nelson Clas	

11	5000 Meters	1:09:56
LW: 11		average 17:28.94
47	Madison MATZEK JR 17:08.75 (17:16.63f) 2/15 Maverick Premi	
59	Ashley OVERGAAUW SO 17:18.09 (17:26.04f) 1/25 St. Olaf Multi Ev	
99	Alexi MACDONALD JR 17:38.56 (17:46.67f) 3/1 NSIC	
	Emily CUNNINGHAM SR 17:50.35 (17:58.54f) 1/25 St. Olaf Multi Ev	

3	High Jump	6.83m	22-4¾
LW: 3		average 1.71m	5-7¼
9	Noemie THIBAUD FR 1.75m 5-8¾ 2/22 Snowshoe Oper		
17	Lillian WASHINGTON JR 1.72m 5-7¾ 2/1 Mark Schuck Op		
38	Ashley CRIDLEBAUGH SR 1.68m 5-6 2/21 Maverick Invita		
38	Viktoriia ERMOLAEVA SO 1.68m 5-6 2/1 Mark Schuck Op		

5	Pole Vault	15.20m	49-10½
LW: 5		average 3.80m	12-5½
13	Paige HICKSON SR 4.02m 13-2¼ 12/7 Chuck Petersen		
17	Elvira COLLVIN FR 3.97m 13-¼ 2/14 Maverick Premi		
56	Hope STANGEL SO 3.67m 12-½ 2/14 Maverick Premi		
81	Jenna SIKEL JR 3.54m 11-7¼ 3/1 NSIC		

2	Long Jump	23.85m	78-3
LW: 2		average 5.96m	19-6¾
1	Miranda LAUVSTAD JR 6.22m 20-5 1/31 Mark Schuck Op		
7	Adeyah BREWSTER SR 6.02m 19-9 2/28 NSIC		
26	Viktoriia ERMOLAEVA SO 5.86m 19-2¾ 2/15 Maverick Premi		
47	Arabella KNUDSON FR 5.75m 18-10½ 1/31 Mark Schuck Op		

1	Triple Jump	49.66m	162-11
LW: 1		average 12.42m	40-8¾
3	Stella NEOPHYTOU SR 12.73m 41-9¼ 2/28 NSIC		
4	Ghada HAMDANI SO 12.67m 41-7 12/7 Chuck Petersen		
5	Lillian WASHINGTON JR 12.59m 41-3¾ 1/17 Bearson-Gathje		
59	Adeyah BREWSTER SR 11.67m 38-3½ 2/15 Maverick Premi		

8	Shot Put	52.96m	173-9
LW: 8		average 13.24m	43-5¼
52	Jocelyn HART FR 13.40m 43-11¾ 3/1 NSIC		
52	Emma OSIER SO 13.40m 43-11¾ 2/7 Ted Nelson Clas		
58	Mony ANDERSEN JR 13.33m 43-8¾ 3/1 NSIC		
92	Jadyn HART SO 12.83m 42-1¼ 3/1 NSIC		

2	Weight Throw	72.00m	236-3
LW: 2		average 18.00m	59-¾
18	Aubri BROWN SO 18.62m 61-1¼ 12/7 Chuck Petersen		
20	Mony ANDERSEN JR 18.41m 60-4¾ 3/1 NSIC		
27	Lily BENEKE SR 17.87m 58-7½ 2/21 Maverick Invita		
51	Lauren BIRD SO 17.10m 56-1¼ 2/21 Maverick Invita		



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Minnesota State — Women

as of 3/10/25 4:24 PM CT

2	Pentathlon	14,897
LW: 2		average 3,724
2	Miranda LAUVSTAD	JR 4,074 2/1 Mark Schuck Op
5	Viktoriia ERMOLAEVA	SO 3,904 2/1 Mark Schuck Op
17	Alexa POST	JR 3,610 2/1 Mark Schuck Op
51	Esther MILLER	SR 3,309 3/1 NSIC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Minot State — Women

as of 3/10/25 4:24 PM CT

104 60 Meters

32.46

LW: 104

average 8.12

96	Summer KREBSBACH	JR	7.66	1/18	Marauders Indc
	Camryn ADAMS	SO	7.86	2/1	North Dakota Ir
	Macey MOORE	SO	8.26	1/18	Marauders Indc
	Kaydee BOYCE	FR	8.68	1/18	Marauders Indc

81 200 Meters

1:44.61

LW: 81

average 26.15

	Summer KREBSBACH	JR	25.03 OT	2/1	North Dakota Ir
	Camryn ADAMS	SO	25.69 OT	2/15	SDSU Indoor Cl
	Emily MATTERN	FR	26.11 OT	2/15	SDSU Indoor Cl
	Macey MOORE	SO	27.78c (28.21f)	2/8	NDSU Bison Op

79 800 Meters

9:40.91

LW: 79

average 2:25.23

	Bailey WRIDE	SO	2:18.35	2/15	SDSU Indoor Cl
	Sidra SADOWSKY	SR	2:19.00c (2:20.60f)	2/8	NDSU Bison Op
	Afton WRIDE	FR	2:27.31	2/15	SDSU Indoor Cl
	Natalie BECKER	FR	2:36.25	2/15	SDSU Indoor Cl

63 Mile

21:00.95

LW: 63

average 5:15.24

	Bailey WRIDE	SO	5:04.22c (5:07.23f)	1/18	Marauders Indc
	Sidra SADOWSKY	SR	5:06.66	2/1	North Dakota Ir
	Paulette DOMINGUEZ	SR	5:23.81	2/1	North Dakota Ir
	Emery SMITH	JR	5:26.26	2/15	SDSU Indoor Cl

83 3000 Meters

43:06.25

LW: 83

average 10:46.56

	Sidra SADOWSKY	SR	10:28.20	2/15	SDSU Indoor Cl
	Paulette DOMINGUEZ	SR	10:30.17 (10:35.57f)	2/8	NDSU Bison Op
	Emery SMITH	JR	10:38.90 (10:44.38f)	2/8	NDSU Bison Op
	Julie FOLK	FR	11:28.98	2/15	SDSU Indoor Cl

108 Long Jump

18.51m

60-8¾

LW: 107 1

average 4.63m

15-2¼

	Kaydee BOYCE	FR	4.98m	16-4¼	12/7 Mike Thorson O
	Afton WRIDE	FR	4.96m	16-3¼	1/25 U-Mary Winter C
	Jessica SANCHEZ	FR	4.49m	14-8¾	2/1 North Dakota Ir
	Billie EVANS	SO	4.08m	13-4¾	2/1 North Dakota Ir



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Mississippi College — Women

as of 3/10/25 4:24 PM CT

69	60 Meters	31.76
LW: 69		average 7.94
	Alana GREEN	JR 7.77 12/6 Birmingham Ice
	Livia FISCHER	JR 7.81 2/21 GSC
	Hannah JACKSON	SO 8.07 2/1 Pitt State Invita
	Hilary UDECHUKWU	SR 8.11 1/24 Rumble in the J

44	200 Meters	1:41.80
LW: 63 ▲ 19		average 25.45
	Alana GREEN	JR 25.12 12/6 Birmingham Ice
	Hilary UDECHUKWU	SR 25.18 2/21 GSC
	Livia FISCHER	JR 25.40 (1.2) 3/9 UWA Invitationc
	Madison FLUGENCE	SO 26.10 (1.2) 3/9 UWA Invitationc

57	400 Meters	3:57.03
LW: 57		average 59.26
81	Hilary UDECHUKWU	SR 56.36 2/21 GSC
	Hannah JACKSON	SO 59.91 2/21 GSC
	Livia FISCHER	JR 59.96 2/21 GSC
	Alana GREEN	JR 1:00.80 3/9 UWA Invitationc

75	800 Meters	9:39.30
LW: 75		average 2:24.82
	Taylor BENOIT	JR 2:16.16 1/24 Rumble in the J
	Brooklyn BIDINGER	FR 2:25.58 2/21 GSC
	Shana SELLERS	JR 2:26.31 2/21 GSC
	Caroline DOOLING	SR 2:31.25 2/21 GSC

82	Mile	21:30.34
LW: 82		average 5:22.59
	Taylor BENOIT	JR 5:01.95 1/18 Samford Janua
	Shana SELLERS	JR 5:10.25 2/21 GSC
	Caroline DOOLING	SR 5:25.67 2/21 GSC
	Kirsten DOBSON	FR 5:52.47 2/7 UAB Vulcan Invi

39	3000 Meters	41:13.79
LW: 39		average 10:18.45
56	Taylor BENOIT	JR 9:49.74 2/7 UAB Vulcan Invi
	Kinley HARRIS	FR 10:25.32 2/21 GSC
	Shana SELLERS	JR 10:29.20 2/7 UAB Vulcan Invi
	Ava WARDLAW	JR 10:29.53 2/7 UAB Vulcan Invi

38	5000 Meters	1:13:52
LW: 38		average 18:27.93
	Ava WARDLAW	JR 18:05.59 2/21 GSC
	Kinley HARRIS	FR 18:20.61 2/21 GSC
	Kathryn FINCH	FR 18:29.46 2/21 GSC
	Shana SELLERS	JR 18:56.07 2/1 Pitt State Invita

65	Long Jump		20.61m	67-7½
LW: --			average 5.15m	16-11
89	Madison FLUGENCE	SO	5.62m	18-5¼ (2.0)
	Hannah JACKSON	SO	5.19m	17-½
	Ann COBB	FR	4.91m	16-1½ (0.5)
	Katie GATES	SO	4.89m	16-½

53	Shot Put		45.53m	149-5
LW: 53			average 11.38m	37-4¼
	Rashanna THORNE	SR 11.63m	38-2	2/7 UAB Vulcan Invi
	Rebekah ZWEERINK	FR 11.50m	37-8¾	2/7 UAB Vulcan Invi
	Keva THOMAS	FR 11.36m	37-3¼	2/21 GSC
	Morgan THRIFT	FR 11.04m	36-2¾	12/6 Birmingham Ice

28	Weight Throw		58.57m	192-2
LW: 28			average 14.64m	48-½
	Kennedy THOMPSON	SO 15.43m	50-7½	2/1 Pitt State Invita
	Rashanna THORNE	SR 14.80m	48-6¾	12/6 Birmingham Ice
	Keva THOMAS	FR 14.73m	48-4	1/24 Rumble in the J
	Morgan THRIFT	FR 13.61m	44-8	2/1 Pitt State Invita



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Missouri S&T — Women

as of 3/10/25 4:24 PM CT

47	60 Meter Hurdles	37.67
LW: 47		average 9.42
	Mary KIMMERLE	FR 9.11 1/24 Central Missouri
	Maya WRIGHT	JR 9.22 2/21 Illinois College
	Alexis LAY	FR 9.55 3/2 GLVC
	Olivia MILES	FR 9.79 2/8 Dr. Jim Green College
145	200 Meters	1:49.01
LW: 145		average 27.25
	Olivia MILES	FR 26.76c (27.17f) 3/2 GLVC
	Maya WRIGHT	JR 27.29c (27.71f) 2/21 Illinois College
	Mary KIMMERLE	FR 27.41c (27.83f) 2/8 Dr. Jim Green College
	Lauryn FENOGLIO	SO 27.55c (27.97f) 2/21 Illinois College
127	800 Meters	10:12.25
LW: 126 1		average 2:33.06
	Maya WRIGHT	JR 2:24.70c (2:26.36f) 3/2 GLVC
	Grace JOHNSON	SO 2:35.06c (2:36.84f) 2/8 Dr. Jim Green College
	Mary KIMMERLE	FR 2:35.57c (2:37.36f) 3/2 GLVC
	Ali MCCLURE	FR 2:36.92c (2:38.73f) 3/2 GLVC
42	High Jump	6.16m 20-2½
LW: 42		average 1.54m 5-½
52	Olivia HENKEL	SR 1.67m 5-5¾ 2/21 Illinois College
	Maya WRIGHT	JR 1.58m 5-2¼ 3/2 GLVC
	Lauryn FENOGLIO	SO 1.48m 4-10¼ 2/1 Principia Relays
	Ali MCCLURE	FR 1.43m 4-8¼ 3/2 GLVC
43	Long Jump	21.23m 69-8
LW: 43		average 5.31m 17-5
	Mary KIMMERLE	FR 5.53m 18-1¾ 3/2 GLVC
	Ali MCCLURE	FR 5.32m 17-5½ 3/2 GLVC
	Maya WRIGHT	JR 5.24m 17-2¼ 3/2 GLVC
	Hailey SMITH	SO 5.14m 16-10½ 2/8 Dr. Jim Green College
56	Shot Put	44.92m 147-5
LW: 56		average 11.23m 36-10¼
	Sydney MORRIS	FR 12.58m 41-3¼ 1/24 Central Missouri
	Madelaine FISCHER	FR 11.45m 37-6¾ 3/2 GLVC
	Alexis LAY	FR 10.61m 34-9¾ 3/2 GLVC
	Kinsley PATTON	FR 10.28m 33-8¾ 12/7 Crimson & Gold
7	Pentathlon	12,378
LW: 7		average 3,094
35	Maya WRIGHT	JR 3,438 3/2 GLVC
80	Mary KIMMERLE	FR 3,132 3/2 GLVC
	Ali MCCLURE	FR 2,904 3/2 GLVC
	Lauryn FENOGLIO	SO 2,904 3/2 GLVC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Missouri Southern — Women

as of 3/10/25 4:24 PM CT

25	60 Meters	30.99
LW: 25	average 7.75	
1	Joy UDO-GABRIEL	SO 7.13 3/2 MIAA
	Gabbi MCPHERSON	SO 7.91 2/8 Bearcat Invite (
	Keilee JOHNSON	SO 7.92 2/1 Pitt State Invita
	Aryah MOORE	FR 8.03 1/25 Bob Teel Invitat
52	60 Meter Hurdles	37.71
LW: 52	average 9.43	
53	Aryah MOORE	FR 8.75 3/2 MIAA
	Maggie KAUK	SO 9.14 1/25 Bob Teel Invitat
	Claire COLE	SO 9.78 2/8 Bearcat Invite (
	Alaina NORMAN	FR 10.04 1/24 Rumble in the J
21	3000 Meters	40:23.70
LW: 21	average 10:05.92	
68	Isabella FROST	FR 9:54.73 3/2 MIAA
71	Jenari LOPEZ	SR 9:55.22 3/2 MIAA
	Lilah GENEL	JR 10:13.74 2/15 Russ Jewett Ind
	Jayna GUNTER	JR 10:20.01 2/8 Bearcat Invite (
15	5000 Meters	1:10:44
LW: 15	average 17:41.09	
69	Jenari LOPEZ	SR 17:22.32 3/2 MIAA
	Lilah GENEL	JR 17:41.78 3/2 MIAA
	Jayna GUNTER	JR 17:46.12 3/2 MIAA
	Hailey NELSON	SO 17:54.13 3/2 MIAA
30	High Jump	6.27m 20-6¾
LW: 30	average 1.57m 5-1¾	
23	Coryn FAIR	FR 1.70m 5-7 1/17 Washburn Rust
	Lillian HART	JR 1.55m 5-1 2/15 Russ Jewett Ind
	Claire COLE	SO 1.52m 4-11¾ 2/8 Bearcat Invite (
	Alaina NORMAN	FR 1.50m 4-11 1/17 Washburn Rust
2	Shot Put	57.09m 187-4
LW: 2	average 14.27m 46-10	
7	Dailynn VANDEREN	FR 15.23m 49-11¾ 2/21 Ark Qual
9	Briar GILLUM	SO 15.16m 49-9 1/18 Richard Alsup C
13	Kirsten WOMACK	SO 14.85m 48-8¾ 3/2 MIAA
	Alaina NORMAN	FR 11.85m 38-10½ 12/7 Crimson & Gold
5	Weight Throw	70.31m 230-8
LW: 5	average 17.58m 57-8	
9	Dailynn VANDEREN	FR 19.19m 62-11½ 3/2 MIAA
14	Briar GILLUM	SO 18.86m 61-10½ 2/21 Ark Qual
28	Kirsten WOMACK	SO 17.84m 58-6½ 3/2 MIAA
	Aubrey SKINNER	SO 14.42m 47-3¾ 12/7 Crimson & Gold



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Missouri Western — Women

as of 3/10/25 4:24 PM CT

59	400 Meters	3:57.82
LW: 59		average 59.46
	Haley SAMPSON JR	57.18 OT 2/15 Russ Jewett Ind
	Aneesa ABDUL-HAMEED SR	57.79 OT 2/15 Russ Jewett Ind
	Sydney MCNEELEY SO	1:00.99 12/7 Mel Tjeerdsma
	Yesenia CARRILLO SO	1:01.86 12/7 Mel Tjeerdsma
102	800 Meters	9:55.74
LW: 102		average 2:28.94
	Lillian CUTLER SR	2:21.98 1/24 Rumble in the J
	Bailey CUTLER SO	2:26.37 2/22 Friday Night Lig
	MJ HAGEMAN SO	2:31.26 1/24 Rumble in the J
	Reagan CRAIG JR	2:36.13 12/7 Mel Tjeerdsma
107	Mile	22:08.00
LW: 106 ♥ 1		average 5:32.00
	Lillian CUTLER SR	5:00.82 3/2 MIAA
	Madison NASH SR	5:14.75 2/15 Russ Jewett Ind
	Cadynce SHIPMAN FR	5:54.44 1/18 Richard Alsup C
	Abby SMITH SO	5:57.99 2/22 Friday Night Lig
96	3000 Meters	43:50.30
LW: 96		average 10:57.57
	Madison NASH SR	10:23.06 2/22 Friday Night Lig
	Annika MULLER FR	10:42.25 3/2 MIAA
	Cadynce SHIPMAN FR	11:16.06 12/7 Mel Tjeerdsma
	Kat HUDSON FR	11:28.93 2/22 Friday Night Lig
61	5000 Meters	1:18:28
LW: 60 ♥ 1		average 19:37.12
	Madison NASH SR	18:10.15 3/2 MIAA
	Cadynce SHIPMAN FR	19:18.46 3/2 MIAA
	Bethani GROVE SO	20:26.86 3/2 MIAA
	Kat HUDSON FR	20:33.01 2/1 Pitt State Invita



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Molloy — Women

as of 3/10/25 4:24 PM CT

125	60 Meters	32.79
LW: 125		average 8.20
	Julianna ROAN	FR 8.08 2/16 ECC
	Jailah SWIFT	FR 8.17 12/7 Youree Spence-
	Sophia HINES	FR 8.24 12/13 Seahawk Shoot
	Alexandria MARTOSCIA	FR 8.30 12/7 Youree Spence-
148	200 Meters	1:49.24
LW: 147♥ 1		average 27.31
	Sophia HINES	FR 26.35 2/1 John Thomas T
	Alexandria MARTOSCIA	FR 27.35 2/8 Big Apple Invita
	Julianna ROAN	FR 27.66 2/16 ECC
	Jailah SWIFT	FR 27.88 12/7 Youree Spence-
112	3000 Meters	45:13.90
LW: 112		average 11:18.48
	Kathleen HEALY	SO 10:28.37 2/8 Big Apple Invita
	Sabrina SPEZIA	JR 10:37.57 12/7 Youree Spence-
	Carli SCHEIFFELE	FR 11:00.17 12/13 Seahawk Shoot
	Sophia MICHAELS	FR 13:07.79 12/13 Seahawk Shoot
102	Long Jump	19.32m 63-4¾
LW: 101♥ 1		average 4.83m 15-10¼
	Sophia HINES	FR 5.28m 17-4 2/8 Big Apple Invita
	MaryGrace COLL	SO 4.86m 15-11½ 1/17 NYC Gotham Cu
	Alexandria MARTOSCIA	FR 4.85m 15-11 12/7 Youree Spence-
	Ava SHEPHERD	FR 4.33m 14-2½ 12/7 Youree Spence-



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Montana St.-Billings — Women

as of 3/10/25 4:24 PM CT

120	60 Meters	32.65
LW: 120		average 8.16
	Mya RICHARDSON	JR 7.85 2/18 GNAC
	Katelyn HAMILL	SR 8.19c (8.17A) 12/5 Bobcat Preview
	Kyanna JARVIS	FR 8.25c (8.23A) 12/5 Bobcat Preview
	Maddy LLOYD	FR 8.36c (8.34A) 12/5 Bobcat Preview
134	200 Meters	1:47.63
LW: 134		average 26.91
	Mya RICHARDSON	JR 26.14 2/18 GNAC
	Katelyn HAMILL	SR 26.96c (27.30fA) 12/5 Bobcat Preview
	Maddy LLOYD	FR 26.96c (27.30fA) 12/5 Bobcat Preview
	Bella KLEIN	JR 27.57c (27.99f) 1/18 Marauders Indc
118	3000 Meters	45:56.42
LW: 118		average 11:29.11
	Cecily EAGLETON	JR 10:57.22 2/18 GNAC
	Gabi BECKER	JR 11:25.52 2/18 GNAC
	Sara MCCABE	FR 11:43.54 (11:49.57f) 1/18 Marauders Indc
	Toree MANNING	JR 11:50.14 (12:05.63A) 2/8 Stacy Dragila Ir
65	5000 Meters	1:19:46
LW: 64 ▼ 1		average 19:56.62
	Cecily EAGLETON	JR 19:27.99 '20:08.57fA) 12/5 Bobcat Preview
	Sara MCCABE	FR 19:40.91 '20:21.94fA) 12/5 Bobcat Preview
	Gabi BECKER	JR 20:11.54 '20:53.63fA) 12/5 Bobcat Preview
	Toree MANNING	JR 20:26.02 '21:08.61fA) 12/5 Bobcat Preview



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Montevallo — Women

as of 3/10/25 4:24 PM CT

147	200 Meters	1:49.14
LW: --	average 27.28	

Samantha BENNETT	FR	25.61	(1.2)	3/9	UWA Invitationc
Khila CORROTHERS	SO	26.78		12/6	Birmingham Ice
Leah DENDY	JR	28.37	(1.8)	3/9	UWA Invitationc
Rachel SMITH	SR	28.38	(1.8)	3/9	UWA Invitationc

116	400 Meters	4:13.27
LW: --	average 1:03.32	

Samantha BENNETT	FR	1:02.33		2/7	UAB Vulcan Invi
Sarah TURNER	JR	1:02.83		3/9	UWA Invitationc
Lauren DELLEZAY	SO	1:03.72		2/21	GSC
Libby WRIGHT	SO	1:04.39		2/21	GSC

126	800 Meters	10:12.06
LW: 129▲ 3	average 2:33.01	

Sarah TURNER	JR	2:23.28		2/8	UAB Green and
Kylie CARROLL	SR	2:29.01		2/21	GSC
Abby SNYDER	SR	2:32.22		3/9	UWA Invitationc
Hallie HARRELL	FR	2:47.55		2/21	GSC

83	Mile	21:31.58
LW: --	average 5:22.89	

Sarah TURNER	JR	5:14.51		2/21	GSC
Natalie WARNER	SR	5:15.56		3/9	UWA Invitationc
Abby SNYDER	SR	5:28.35		3/9	UWA Invitationc
Reagan OLIVER	SR	5:33.16		3/9	UWA Invitationc

99	3000 Meters	43:58.00
LW: 100▲ 1	average 10:59.50	

Natalie WARNER	SR	10:21.95		12/6	Birmingham Ice
Reagan OLIVER	SR	11:10.89		12/6	Birmingham Ice
Morgan REMLEY	JR	11:12.00		12/6	Birmingham Ice
Sarah TURNER	JR	11:13.16		3/9	UWA Invitationc

42	High Jump	6.16m	20-2½
LW: 47▲ 5	average 1.54m		5-½

Zauren BURTON	SR	1.61m	5-3¼	1/17	Samford Inviat
Elizabeth HAYHURST	JR	1.55m	5-1	2/21	GSC
Alyssa PEREZ	SR	1.50m	4-11	2/21	GSC
Morgan MCCARTNEY	FR	1.50m	4-11	3/9	UWA Invitationc

46	Long Jump	21.17m	69-5½
LW: 60▲ 14	average 5.29m		17-4½

Kylie CARROLL	SR	5.54m	18-2¼	2/21	GSC
Khila CORROTHERS	SO	5.43m	17-9¾	2/21	GSC
Hallie HARRELL	FR	5.22m	17-1½	2/21	GSC
Farrah HAWKINS	SO	4.98mw	16-4¼ (2.5)	3/9	UWA Invitationc

37	Shot Put	47.30m	155-2
LW: 38▲ 1	average 11.82m		38-9½

74	Emily WOLF	SO	13.12m	43-½	2/8	UAB Green and
	McKenna JACKSON	FR	12.53m	41-1½	2/21	GSC
	Katie WILKERSON	FR	10.98m	36-¼	3/9	UWA Invitationc
	Kylie CARROLL	SR	10.67m	35-¼	1/17	Samford Multi M

57	Weight Throw	53.27m	174-9
LW: 57	average 13.32m		43-8½

	Emily WOLF	SO	15.85m	52-0	2/21	GSC
	Tristan WALLINGSFORD	SR	13.29m	43-7¼	12/6	Birmingham Ice
	McKenna JACKSON	FR	12.63m	41-5¼	2/21	GSC
	Vivian JONES	FR	11.50m	37-8¾	12/6	Birmingham Ice



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Mount Olive — Women

as of 3/10/25 4:24 PM CT

10	60 Meters	30.54
LW: 10		average 7.64

9	Futura HARRIS	FR	7.39	2/15	Virginia Beach I
54	Heavan ROBERTS	SO	7.58	2/24	Conference Car
	LaSira NICHOLSON	JR	7.75	2/24	Conference Car
	Sanyiah SHIELDS	FR	7.82	1/18	Finn Pincus Invi

9	60 Meter Hurdles	35.92
LW: 9		average 8.98

34	Channie JEFFERSON	JR	8.64	2/24	Conference Car
100	Kianna PEMBERTON	SR	8.97	2/24	Conference Car
	Zaria WASHINGTON	FR	9.03	2/15	Virginia Beach I
	Tylyia TRIGGS	SR	9.28	1/18	Finn Pincus Invi

14	200 Meters	1:38.77
LW: 14		average 24.69

11	Futura HARRIS	FR	23.87c	(24.24f)	2/24	Conference Car
44	Heavan ROBERTS	SO	24.35c	(24.73f)	2/1	Bast-Cregger In
	Sanyiah SHIELDS	FR	25.02c	(25.40f)	2/24	Conference Car
	Channie JEFFERSON	JR	25.53		12/6	Liberty Kickoff

74	400 Meters	4:01.00
LW: 74		average 1:00.25

63	Channie JEFFERSON	JR	56.07c	(56.81f)	2/24	Conference Car
	Essence SLATE	SO	1:01.57		12/6	Liberty Kickoff
	Keianna MIMS	SO	1:01.60c	(1:02.41f)	1/18	Finn Pincus Invi
	Macie INMAN	FR	1:01.76c	(1:02.58f)	12/8	JDL Early Bird I

147	800 Meters	10:33.34
LW: 147		average 2:38.34

	Linn LINDEVIK	FR	2:23.40c	(2:25.05f)	2/24	Conference Car
	Ruby COFONE	JR	2:34.07c	(2:35.84f)	2/24	Conference Car
	Alyssa CALLIHAN	FR	2:47.06		2/8	Liberty Open
	Tylyia TRIGGS	SR	2:48.81c	(2:50.75f)	2/1	Bast-Cregger In

56	High Jump	5.98m	19-7½
LW: 56		average 1.50m	4-10¾

	Janara BRYANT	FR	1.58m	5-2¼	2/24	Conference Car
	Karla HORMAZABAL	SR	1.55m	5-1	12/6	Liberty Kickoff
	Natalyah WILSON	SR	1.45m	4-9	12/6	Liberty Kickoff
	Macie INMAN	FR	1.40m	4-7	1/10	The Burg Open

3	Long Jump	23.29m	76-5
LW: 3		average 5.82m	19-1¼

13	Haniyyah JOHNSON	JR	5.99m	19-8	1/17	Finn Pincus Invi
23	Janara BRYANT	FR	5.88m	19-3½	2/24	Conference Car
35	Channie JEFFERSON	JR	5.81m	19-¾	2/23	Conference Car
92	Karla HORMAZABAL	SR	5.61m	18-5	12/6	Liberty Kickoff

24	Shot Put	48.92m	160-6
LW: 24		average 12.23m	40-1½

54	Jasmine COLWELL	FR	13.38m	43-10¾	2/1	Bast-Cregger In
	Ashley LINDSEY	JR	12.17m	39-11¼	1/18	Finn Pincus Invi
	Haniyyah JOHNSON	JR	11.91m	39-1	2/24	Conference Car
	Cynthia THOMAS	JR	11.46m	37-7¼	1/18	Finn Pincus Invi

14	Weight Throw	64.08m	210-3
LW: 14		average 16.02m	52-6¾

47	Kenisha BARNES	JR	17.17m	56-4	2/8	Doc Hale Virgin
	Elin RYDQVIST	SO	15.82m	51-11	2/8	Doc Hale Virgin
	Rolanda DESIR-MOREAU	SR	15.66m	51-4½	2/8	Doc Hale Virgin
	Kaitlin KENAN	SR	15.43m	50-7½	2/24	Conference Car



#EventSquad Rankings — 2025 Checkpoint #7, March 11

MSU Denver — Women

as of 3/10/25 4:24 PM CT

67	60 Meters	31.72
LW: 67		average 7.93
	Odone OMOFOMA	FR 7.82c (7.78A) 12/13 Colorado Runni
	Naleia SOWELL	SR 7.92c (7.90A) 1/18 Colorado Classi
	Jessica HOBSON	JR 7.98c (7.94A) 2/21 RMAC Last Char
	Maya RIES	SR 8.00c (7.96A) 2/21 RMAC Last Char

70	60 Meter Hurdles	38.94
LW: 70		average 9.74
30	Maya RIES	SR 8.62c (8.62A) 3/1 RMAC
	Jocelyn KORBE	SR 9.55c (9.55A) 2/21 RMAC Last Char
	Mara RODGERS	FR 10.35c (10.35A) 2/16 Mountain Lion C
	Sidnei CUMINGS	FR 10.42c (10.42A) 3/1 RMAC

84	200 Meters	1:44.68
LW: 84		average 26.17
	Naleia SOWELL	SR 25.31c (25.24A) 2/15 Kirby Elite
	Odone OMOFOMA	FR 25.59c (25.52A) 2/15 Kirby Elite
	Jessica HOBSON	JR 26.36c O (26.29A) 2/1 CU Invitational
	Ana FRESQUEZ-CASTRO	FR 27.42c (27.70fA) 2/16 Mountain Lion C

95	400 Meters	4:05.88
LW: 95		average 1:01.47
46	Naleia SOWELL	SR 55.75c (55.64A) 2/15 Kirby Elite
	Mara RODGERS	FR 1:02.37c (1:02.98fA) 2/16 Mountain Lion C
	Sidnei CUMINGS	FR 1:03.33c (1:03.95fA) 1/25 Colorado Runni
	Jocelyn KORBE	SR 1:04.43c (1:05.07fA) 12/13 Colorado Runni

62	800 Meters	9:28.90
LW: 62		average 2:22.22
	Audrynn STREET	SR 2:16.96c (2:17.85A) 2/1 CU Invitational
	Tanis CHAVEZ	JR 2:18.64c (2:19.54A) 2/1 CU Invitational
	Peyton MEIER	SO 2:24.85c (2:27.86fA) 2/16 Mountain Lion C
	Marin SMITH	FR 2:28.45c (2:29.28A) 2/15 Kirby Elite

89	3000 Meters	43:25.74
LW: 89		average 10:51.43
	Paige TACK	FR 10:04.15 (10:19.40A) 2/15 Kirby Elite
	Marissa BRUNO	FR 10:53.62 (11:12.26A) 2/1 CU Invitational
	Alexa MCAFEE	SO 10:59.86 (11:30.42fA) 1/25 Colorado Runni
	Audrey ORSTEAD	SR 11:28.11 (11:59.98fA) 1/25 Colorado Runni

61	Long Jump	20.67m	67-9¾
LW: 61		average 5.17m	16-11½
	Taylor WEBER	JR 5.39mA	17-8¾ 12/7 Mines Alumni Cl
	Jocelyn KORBE	SR 5.33mA	17-6 2/16 Mountain Lion C
	Breauna SORENSEN	SO 5.23mA	17-2 12/7 Mines Alumni Cl
	Jaelyn KORBE	FR 4.72mA	15-6 3/1 RMAC

72	Shot Put	42.70m	140-1
LW: 72		average 10.68m	35-¼
	Lushous DAVIS	SR 12.68mA	41-7¼ 2/15 Kirby Elite
	Jocelyn KORBE	SR 11.16mA	36-7½ 12/7 Mines Alumni Cl
	Odone OMOFOMA	FR 10.02mA	32-10½ 2/1 Mines Winter Cl
	Jaelyn KORBE	FR 8.84mA	29-0 2/1 Mines Winter Cl



#EventSquad Rankings — 2025 Checkpoint #7, March 11

MSU Moorhead — Women

as of 3/10/25 4:24 PM CT

40	60 Meters	31.26
LW: 40		average 7.82
15	Shavante ROBERTS JR 7.42	3/1 NSIC
	Jazmin BARRY FR 7.89	2/15 SDSU Indoor Cl
	Desiree LOYD SO 7.95	2/15 SDSU Indoor Cl
	Brihonne CARGILL FR 8.00	2/15 SDSU Indoor Cl
71	200 Meters	1:43.71
LW: 71		average 25.93
42	Shavante ROBERTS JR 24.31c	(24.68f) 3/1 NSIC
	Brihonne CARGILL FR 25.87c	(26.27f) 1/18 Bison Team Cup
	Jazmin BARRY FR 26.60c	(27.01f) 1/18 Bison Team Cup
	Liv BIRKELAND SO 26.93 OT	2/21 North Dakota Ir
98	3000 Meters	43:56.67
LW: 97 ▼ 1		average 10:59.17
	Grace DORSHER SR 10:17.22	(10:22.51f) 3/1 NSIC
	Kaela TRAUGOTT FR 10:44.45	(10:49.98f) 1/18 Bison Team Cup
	Madison KEPNER FR 11:26.99	(11:32.88f) 2/8 NDSU Bison Op
	Sophia NESS FR 11:28.01	2/15 SDSU Indoor Cl
25	High Jump	6.33m 20-9¼
LW: 25		average 1.58m 5-2¼
97	Hunter PETERSEN SO 1.62m	5-3¾ 2/8 NDSU Bison Op
	Tylah PRATT JR 1.59m	5-2½ 1/18 Bison Team Cup
	Kilee BLADOW JR 1.57m	5-1¾ 12/14 Dakota Alumni
	Desiree LOYD SO 1.55m	5-1 3/1 NSIC
23	Long Jump	21.91m 71-10¾
LW: 23		average 5.48m 17-11¾
21	Jazmin BARRY FR 5.90m	19-4¼ 12/14 Dakota Alumni
	Tylah PRATT JR 5.54m	18-2¼ 12/14 Dakota Alumni
	Nevaeh COFFER FR 5.28m	17-4 12/14 Dakota Alumni
	McKenna SCHREIBER SO 5.19m	17-½ 2/15 SDSU Indoor Cl



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Neb.-Kearney — Women

as of 3/10/25 4:24 PM CT

117	60 Meters	32.63
LW: 117		average 8.16
	Aaliyah FRANKLIN	SO 7.91 2/15 Ichabod Invitat.
	Kendyl FLAMING	FR 8.15 1/25 Concordia (Neb)
	Grace WILLIAMS	SO 8.27 12/13 UNK Pre-Holida
	Aubrey BARNES	FR 8.30 1/31 Charlie Foster C

146	200 Meters	1:49.07
LW: 146		average 27.27
	Aaliyah FRANKLIN	SO 25.68cu (26.34u) 2/21 Loper Tune-Up
	Koral SCHMIDT	FR 27.53c (27.95f) 1/25 Concordia (Neb)
	Anna LINDSTROM	JR 27.66 1/18 Graduate Class.
	Kendyl FLAMING	FR 28.20c (28.63f) 1/25 Concordia (Neb)

80	400 Meters	4:01.86
LW: 80		average 1:00.46
	Maeli MEIER	JR 58.51 2/15 Ichabod Invitat.
	Anna LINDSTROM	JR 59.12 OT 2/8 Bearcat Invite (
	Koral SCHMIDT	FR 1:00.16c (1:01.39u) 1/31 Charlie Foster C
	Aubrey BARNES	FR 1:04.07c (1:04.92f) 1/25 Concordia (Neb)

35	800 Meters	9:13.27
LW: 35		average 2:18.32
	72 Maeli MEIER	JR 2:14.62c (2:16.83u) 1/31 Charlie Foster C
	93 Charis ROBINSON	SO 2:15.45c (2:17.68u) 1/31 Charlie Foster C
	Reece EWOLDT	FR 2:16.70c (2:18.95u) 1/31 Charlie Foster C
	Jordyn WISSING	FR 2:26.50 2/21 Nebraska Tune-

21	Mile	20:08.53
LW: 21		average 5:02.13
	77 Cassidy STUCKEY	FR 4:56.67 3/2 MIAA
	Brynn HIRSCHFELD	JR 5:00.43 2/21 Nebraska Tune-
	Reece EWOLDT	FR 5:02.37c (5:05.36f) 1/25 Concordia (Neb)
	Charis ROBINSON	SO 5:09.06 2/8 Bearcat Invite (

18	3000 Meters	40:16.99
LW: 18		average 10:04.25
	58 Reece EWOLDT	FR 9:50.47 3/2 MIAA
	Kassidy STUCKEY	FR 10:05.06 2/15 Ichabod Invitat.
	Brynn HIRSCHFELD	JR 10:05.68 2/15 Ichabod Invitat.
	Noelle ABELS	JR 10:15.78 2/15 Ichabod Invitat.

34	5000 Meters	1:13:15
LW: 34		average 18:18.81
	Noelle ABELS	JR 18:01.94 3/2 MIAA
	Emma BONSALL	JR 18:07.82 3/2 MIAA
	Grace BONSALL	SR 18:17.55 3/2 MIAA
	Hannah SWANSON	FR 18:47.92 2/8 Bearcat Invite (

6	High Jump		6.59m	21-7½
LW: 6			average 1.65m	5-4¾
38	Sydney DAVIS	SO	1.68m	5-6 2/8 Bearcat Invite (
52	Keira JONES	FR	1.67m	5-5¾ 1/31 Charlie Foster C
97	Brianna RUSSELL	JR	1.62m	5-3¾ 12/13 UNK Pre-Holida
97	Brooklyn STAAB	SR	1.62m	5-3¾ 1/31 Charlie Foster C

14	Pole Vault		14.11m	46-3½
LW: 14			average 3.53m	11-6¾
64	Samantha SCHEMPER	SR 3.62m	11-10½	1/31 Charlie Foster C
70	Greta GALBRAITH	FR 3.58m	11-9	3/2 MIAA
95	Maddy CARPENTER-ROSS	FR 3.49m	11-5¼	1/18 Graduate Class
	Megyn SCOTT	FR 3.42m	11-2½	12/13 UNK Pre-Holida

16	Shot Put		51.11m	167-8
LW: 16			average 12.78m	41-11
22	Lily NOVACEK	JR	14.19m	46-6¾ 3/2 MIAA
76	Michalee BROWNAWELL	SO	13.11m	43-¼ 1/25 Concordia (Neb)
	Maddie SCHNEIDER	FR	12.10m	39-8½ 3/2 MIAA
	McKenzie CAMPBELL	FR	11.71m	38-5 12/13 UNK Pre-Holida

9	Weight Throw		68.35m	224-3
LW: 9			average 17.09m	56-¾
2	Lily NOVACEK	JR 19.77m	64-10½	2/21 Loper Tune-Up
63	Toree SLAVIK	SO 16.87m	55-4¼	2/15 Ichabod Invitat
97	McKenzie CAMPBELL	FR 15.95m	52-4	12/13 UNK Pre-Holida
	Michalee BROWNAWELL	SO 15.76m	51-8½	2/15 Ichabod Invitat



#EventSquad Rankings — 2025 Checkpoint #7, March 11

New Haven — Women

as of 3/10/25 4:24 PM CT

84	60 Meters	31.97
LW: 84		average 7.99
	Jada KAMTHA	SO 7.82 2/15 Yale Giegengac
	Sereana VULAONA	FR 7.86 12/14 The Art Kadish I
	Lakay-Sha CLARKE	FR 8.13 12/7 Yale Season Op
	Deja HARRIS	JR 8.16 12/7 Yale Season Op

96	200 Meters	1:45.29
LW: 96		average 26.32
	Jada KAMTHA	SO 26.23 1/17 Ramapo Season
	Deja HARRIS	JR 26.27 2/23 Northeast-10
	Lakay-Sha CLARKE	FR 26.27 2/23 Northeast-10
	D'Jior DELISSER	SO 26.52c (26.93f) 12/14 The Art Kadish I

83	400 Meters	4:03.09
LW: 83		average 1:00.77
	Rayniah MERCEDAT	FR 58.99 2/23 Northeast-10
	Deja HARRIS	JR 1:00.12 2/1 Harvard Invitat
	Jada BONDS	FR 1:01.35c (1:02.16f) 12/14 The Art Kadish I
	Christina CROWLEY	SO 1:02.63 2/23 Northeast-10

103	800 Meters	9:55.99
LW: 103		average 2:29.00
	Isabella BOSTIC	SR 2:25.91 2/23 Northeast-10
	Angelina SCHILLING	SR 2:26.34 2/1 Harvard Invitat
	Elsie KAAS	JR 2:30.92 2/15 Yale Giegengac
	Violet COYLE	FR 2:32.82 2/15 Yale Giegengac

137	Mile	23:16.25
LW: 136♥ 1		average 5:49.06
	Angelina SCHILLING	SR 5:41.00c (5:44.37f) 1/25 Wesleyan (Conr
	Elsie KAAS	JR 5:41.92 2/23 Northeast-10
	Violet COYLE	FR 5:49.84c (5:53.30f) 1/11 William Sutherl
	Josie THOMPSON	FR 6:03.49 2/15 Yale Giegengac

33	High Jump	6.25m	20-6
LW: 33		average 1.56m	5-1½
Wilnye JOSEPH	FR 1.60m	5-3 12/14	The Art Kadish I
D'Jior DELISSER	SO 1.60m	5-3 12/14	The Art Kadish I
Miana QUINONEZ	FR 1.53m	5-¼ 12/7	Yale Season Op
Isabella BOSTIC	SR 1.52m	4-11¾ 1/25	Wesleyan (Conr

8	Long Jump		22.50m	73-10
LW: 8			average 5.62m	18-5½
16	Jada KAMTHA	SO 5.97m	19-7	12/7 Yale Season Op
47	D'Jior DELISSER	SO 5.75m	18-10½	2/28 Fastrack Last C
	Gabrielle TEEL	JR 5.42m	17-9½	12/14 The Art Kadish I
	Aniya BUSH	SO 5.36m	17-7	12/14 The Art Kadish I

17	Triple Jump		43.99m	144-4
LW: 17			average 11.00m	36-1
23	Gabrielle TEEL	JR 12.01m	39-5	1/31 Harvard Invitat
	Aniya BUSH	SO 11.12m	36-5¾	2/23 Northeast-10
	Mariama DIAKHATE	SR 10.44m	34-3	12/14 The Art Kadish I
	Angela MERCALDI	SR 10.42m	34-2¼	12/14 The Art Kadish I

34	Shot Put		47.40m	155-6
LW: 34			average 11.85m	38-10½
	Vanessa CONNOLLY	JR 12.11m	39-8¾	12/14 The Art Kadish I
	Alanah WEAVER	SO 11.85m	38-10½	12/14 The Art Kadish I
	Ashley CRAIG	SO 11.81m	38-9	12/14 The Art Kadish I
	Sereana VULAONA	FR 11.63m	38-2	2/23 Northeast-10

54	Weight Throw		53.64m	176-0
	LW: 54		average 13.41m	44-0
	Anita HODGE	JR	14.28m	46-10¼ 2/23 Northeast-10
	Payton BANFILL	SO	13.14m	43-1½ 12/14 The Art Kadish I
	Ashley CRAIG	SO	13.13m	43-1 2/23 Northeast-10
	Jamison O'BRIEN	SO	13.09m	42-11½ 2/23 Northeast-10



#EventSquad Rankings — 2025 Checkpoint #7, March 11

New Mexico Highlands — Women

as of 3/10/25 4:24 PM CT

2	60 Meters	30.15
LW: 2		average 7.54
7	Ashley BARRETT JR 7.37c (7.35A) 12/7 Mines Alumni Cl	
21	Rujeko MUNETSI FR 7.44c (7.40A) 3/1 RMAC	
100	Kacian POWELL SO 7.67c (7.63A) 2/16 Mountain Lion C	
100	Patreece CLARKE JR 7.67c (7.63A) 3/1 RMAC	
28	200 Meters	1:39.86
LW: 28		average 24.96
15	Ashley BARRETT JR 23.96c (24.19fA) 3/1 RMAC	
100	Kacian POWELL SO 24.81c (25.05fA) 3/1 RMAC	
	Rujeko MUNETSI FR 24.87c (25.11fA) 3/1 RMAC	
	Amoya JAMEISON SO 26.22c (26.48fA) 1/24 Adams State Qu	
76	400 Meters	4:01.12
LW: 76		average 1:00.28
	Amoya JAMEISON SO 56.97c (57.51fA) 3/1 RMAC	
	Kacian POWELL SO 57.37cu (58.43uA) 12/7 Mines Alumni Cl	
	Ashley BARRETT JR 59.39c (59.96fA) 1/25 Adams State Qu	
	Alanna PINA-JARAMILLO FR 1:07.39c (1:08.66uA) 12/7 Mines Alumni Cl	
88	Shot Put	40.95m 134-4
LW: 88		average 10.24m 33-7
	Nizhoni APODACA FR 11.37mA 37-3¾ 12/7 Mines Alumni Cl	
	Zaivein BROWN FR 10.53mA 34-6¾ 12/7 Mines Alumni Cl	
	Patreece CLARKE JR 9.85mA 32-3¾ 1/25 Adams State Qu	
	Zaivein BOWEN FR 9.20mA 30-2¼ 1/24 Adams State Qu	



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Newberry — Women

as of 3/10/25 4:24 PM CT

131	200 Meters			1:47.56	
LW: 131				average 26.89	
	Leiyana ROSE	FR	26.62c	(27.03f)	2/13 JDL Fast Track
	Jameria DAVIS	SO	26.66c	(27.07f)	12/8 JDL Early Bird
	Kamryn ADDERTON	FR	26.89		2/1 Carolina Challe
	Mia DIONISIO	SO	27.39		1/25 Keydet Invitatic
12	High Jump			6.47m	21-2³/₄
LW: 12				average 1.62m	5-3 ³ / ₄
38	Mia DIONISIO	SO	1.68m	5-6	3/2 SAC Indoor
97	Isabel FARUP	FR	1.62m	5-3 ³ / ₄	12/8 JDL Early Bird
97	Meah JACKSON	FR	1.62m	5-3 ³ / ₄	2/13 JDL Fast Track
	Jameria DAVIS	SO	1.55m	5-1	3/2 SAC Indoor
52	Shot Put			45.64m	149-9
LW: 52				average 11.41m	37-5 ¹ / ₄
	Kiori BUTLER	SO	12.18m	39-11 ¹ / ₂	3/2 SAC Indoor
	Leonie SAMUELS	JR	11.72m	38-5 ¹ / ₂	12/8 JDL Early Bird
	ShaNadia MARSHALL	SR	11.36m	37-3 ¹ / ₄	1/25 Keydet Invitatic
	Kennedy MYERS	SR	10.38m	34- ³ / ₄	1/25 Keydet Invitatic
27	Weight Throw			59.01m	193-7
LW: 27				average 14.75m	48-5
25	Irma WATSON-PEREZ	SR	18.07m	59-3 ¹ / ₂	2/22 USC Indoor Ope
	Andrea PASCUAL RIVERA	SR	14.06m	46-1 ¹ / ₂	2/22 USC Indoor Ope
	ShaNadia MARSHALL	SR	13.46m	44-2	1/25 Keydet Invitatic
	Kiori BUTLER	SO	13.42m	44- ¹ / ₂	3/2 SAC Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

North Greenville — Women

as of 3/10/25 4:24 PM CT

100 800 Meters 9:54.79

LW: 100

average 2:28.70

Julia VAN DINE	SO	2:24.83	2/8 Liberty Open
Zoie JUSTICE	JR	2:27.47c (2:29.17f)	2/24 Conference Car
Cecily ANDERTON	SO	2:31.21c (2:32.95f)	1/18 Mondo College
Riley SHOPE	SO	2:31.28c (2:33.02f)	1/18 Mondo College

98 Mile 21:52.18

LW: 97 ▼ 1

average 5:28.05

Ellie TIMMONS	FR	5:10.62c (5:13.69f)	2/24 Conference Car
Riley NICHOLSON	JR	5:27.56c (5:30.80f)	1/18 Mondo College
Julia VAN DINE	SO	5:28.84c (5:32.09f)	1/18 Mondo College
Michaela LANIER	SO	5:45.16	2/1 Carolina Challe

69 3000 Meters 42:30.98

LW: 68 ▼ 1

average 10:37.75

Cecily ANDERTON	SO	10:29.03	2/8 Liberty Open
Ellie TIMMONS	FR	10:32.76	2/1 Carolina Challe
Riley SHOPE	SO	10:36.63 (10:42.08f)	2/24 Conference Car
Paris ALSUP	JR	10:52.56 (10:58.15f)	2/24 Conference Car

45 5000 Meters 1:14:49

LW: 45

average 18:42.23

Cecily ANDERTON	SO	18:05.62 (18:13.93f)	2/24 Conference Car
Riley SHOPE	SO	18:38.25	2/1 Carolina Challe
Paris ALSUP	JR	18:48.56 (18:57.20f)	2/24 Conference Car
Christiana GIDNEY	JR	19:16.51 (19:25.36f)	2/24 Conference Car



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Northern Michigan — Women

as of 3/10/25 4:24 PM CT

103	60 Meters	32.37
LW: 103		average 8.09
	Ellyse WOLFRATH	SR 7.87 2/8 Wildcat, Cardin
	Crystal WALKER	SR 8.03 2/8 Wildcat, Cardin
	Ciara OSTRENGA	JR 8.15 1/25 Karl Schlender
	Kanya CAMPBELL	FR 8.32 1/25 Karl Schlender

4	60 Meter Hurdles	35.45
LW: 4		average 8.86
	11 Ellyse WOLFRATH	SR 8.46 3/2 GLIAC
	52 Crystal WALKER	SR 8.74 3/2 GLIAC
	76 Sofi DIOP	SO 8.87 3/2 GLIAC
	Ahna LARSON	SR 9.38 2/22 UW-Parkside Cl

76	200 Meters	1:44.23
LW: 76		average 26.06
	Ellyse WOLFRATH	SR 25.46 OT 3/2 GLIAC
	Ahna LARSON	SR 25.72c (26.12f) 2/22 UW-Parkside Cl
	Ciara OSTRENGA	JR 25.73c (26.13f) 2/22 UW-Parkside Cl
	Brooklyn WILLIAMSON	FR 27.32c (27.74f) 2/22 UW-Parkside Cl

104	400 Meters	4:08.63
LW: 104		average 1:02.16
	Ahna LARSON	SR 57.59c (58.36f) 2/15 Maverick Premi
	Ciara OSTRENGA	JR 58.19c (58.96f) 2/15 Maverick Premi
	Elle MCKINNEY	FR 1:04.82c (1:05.68f) 2/22 UW-Parkside Cl
	Kanya CAMPBELL	FR 1:08.03 2/1 SVSU Jet's Pizz

33	800 Meters	9:11.96
LW: 33		average 2:17.99
	91 Beverly HARPER	JR 2:15.30c (2:16.86f) 2/15 Maverick Premi
	Gianna HOVING	JR 2:17.11c (2:18.69f) 2/15 Maverick Premi
	Lana MAC	SO 2:19.61 3/2 GLIAC
	Lamar GORDON	SO 2:19.94 2/1 SVSU Jet's Pizz

44	Mile	20:38.10
LW: 44		average 5:09.52
	Gianna HOVING	JR 4:59.50c (5:02.46f) 2/22 UW-Parkside Cl
	Lamar GORDON	SO 5:02.85 3/2 GLIAC
	Emma SWEENEY	JR 5:15.83c (5:18.96f) 2/15 Maverick Premi
	Ella DEBRUYN	FR 5:19.92 3/2 GLIAC

50	3000 Meters	41:45.79
LW: 50		average 10:26.45
	Gianna HOVING	JR 10:20.44 (10:25.75f) 2/22 UW-Parkside Cl
	Emma SWEENEY	JR 10:28.22 3/2 GLIAC
	Skylar GRUBB	SR 10:28.40 3/2 GLIAC
	Sophia POTTER	JR 10:28.73 3/2 GLIAC

26	5000 Meters	1:12:04
LW: 26		average 18:01.12
	Sophia POTTER	JR 17:52.78 3/2 GLIAC
	Skylar GRUBB	SR 17:54.57 3/2 GLIAC
	Dani VANLENTE	SO 17:55.96 3/2 GLIAC
	Claire WALIGORSKI	SO 18:21.17 2/1 SVSU Jet's Pizz

53	High Jump	6.03m	19-9¼
LW: 53		average 1.51m	4-11¼
Eva ZONCA	SO 1.52m	4-11¾	2/8 Wildcat, Cardin
Grace WOLFE	FR 1.52m	4-11¾	2/8 Wildcat, Cardin
Elizabeth SIMPSON	FR 1.50m	4-11	2/22 UW-Parkside Cl
Natasha NOWAKOWSKI	SO 1.49m	4-10½	3/2 GLIAC

21	Pole Vault		13.49m	44-3
LW: 21			average 3.37m	11-¾
66	Kati SMITH	SO 3.60m	11-9¾	2/8 Wildcat, Cardin
	Emily CZEISZPERGER	JR 3.45m	11-3¾	2/8 Wildcat, Cardin
	Rebecca LANE	JR 3.35m	10-11¾	12/7 UW-Oshkosh Ea
	Alayna VANDEGRIFF	FR 3.09m	10-1½	3/2 GLIAC

39	Long Jump		21.35m	70-½
LW: 39			average 5.34m	17-6¼
50	Crystal WALKER	SR 5.74m	18-10	2/15 Maverick Premi
97	Sofi DIOP	SO 5.60m	18-4½	2/15 Maverick Premi
	Grace WOLFE	FR 5.12m	16-9¾	2/15 Maverick Premi
	Alayna VANDEGRIFF	FR 4.89m	16-½	12/7 UW-Oshkosh Ea

31	Triple Jump	41.82m	137-3
LW: 31		average 10.46m	34-3¾
Alayna VANDEGRIFF	FR 11.27m	36-11¾	3/2 GLIAC
Emily CZEISZPERGER	JR 10.23m	33-6¾	2/22 UW-Parkside Cl
Eva ZONCA	SO 10.22m	33-6½	12/7 UW-Oshkosh Ea
Amaya TEAGUE	FR 10.10m	33-1¾	2/8 Wildcat, Cardin

41	Shot Put		46.92m	153-11
	LW: 41		average 11.73m	38-6
	Alizabeth LITTLE	JR 12.36m	40-6¾	12/7 UW-Oshkosh Ea
	Teiolla HARVEY	JR 12.14m	39-10	2/8 Wildcat, Cardin
	Adelyn SANDERS	SR 11.86m	38-11	2/8 Wildcat, Cardin
	Caterina THELEN	SO 10.56m	34-7¾	3/2 GLIAC

63	Weight Throw		51.87m	170-2
LW: 63			average 12.97m	42-6½
	Teiolla HARVEY	JR 15.11m	49-7 2/8	Wildcat, Cardin
	Alizabeth LITTLE	JR 14.13m	46-4¼ 2/8	Wildcat, Cardin
	Caterina THELEN	SO 12.51m	41-½ 2/8	Wildcat, Cardin
	Stella SPONSLER	FR 10.12m	33-2½ 2/8	Wildcat, Cardin



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Northern Michigan — Women

as of 3/10/25 4:24 PM CT

9	Pentathlon	11,424
LW: 9		average 2,856
Eva ZONCA	SO 2,969 OT	3/2 GLIAC
Natasha NOWAKOWSKI	SO 2,902 OT	3/2 GLIAC
Grace WOLFE	FR 2,859 OT	3/2 GLIAC
Elizabeth SIMPSON	FR 2,694 OT	3/2 GLIAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Northern State — Women

as of 3/10/25 4:24 PM CT

32	60 Meter Hurdles	36.93
LW: 32		average 9.23
49	Renea TAYLOR SR	8.73 2/21 SDSU Last Char
	Morgan SHELTON JR	9.04 3/1 NSIC
	Tayla DOBRENSKI SO	9.44 2/1 SDSU D2/NAIA C
	Addison CUMBOW JR	9.72 12/7 Mike Thorson O

70	200 Meters	1:43.70
LW: 70		average 25.92
	Renea TAYLOR SR	24.86c (25.24f) 3/1 NSIC
	Kyanna COLLYMORE JR	25.97cu (26.63u) 12/14 Northern State
	Anna SKACHENKO FR	26.32cu (26.99u) 1/18 Northern State
	Elisabet OSK JONSDOTTIR SO	26.55cu (27.23u) 12/14 Northern State

42	400 Meters	3:54.72
LW: 42		average 58.68
	Anna SKACHENKO FR	57.74 OT 2/21 SDSU Last Char
	Alli JACKSON SR	58.31 OT 2/21 SDSU Last Char
	Elisabet OSK JONSDOTTIR SO	59.01c (59.79f) 3/1 NSIC
	Kyanna COLLYMORE JR	59.66 OT 2/15 SDSU Indoor Cl

81	800 Meters	9:42.31
LW: 81		average 2:25.58
	Summer CARLSON SR	2:16.28 2/15 SDSU Indoor Cl
	Alli JACKSON SR	2:18.29 2/15 SDSU Indoor Cl
	Payton KEMNITZ FR	2:32.73c (2:35.24u) 1/18 Northern State
	Morgan SHELTON JR	2:35.01c (2:36.80f) 3/1 NSIC

20	High Jump	6.38m	20-11¼
LW: 20		average 1.60m	5-2¾
52	Tayla DOBRENSKI SO	1.67m	5-5¾ 1/18 Northern State
	Morgan SHELTON JR	1.61m	5-3¾ 1/18 Northern State
	Emily BRESKE JR	1.59m	5-2½ 12/7 Mike Thorson O
	Jordan WEST SO	1.51m	4-11½ 1/18 Northern State

12	Pole Vault	14.28m	46-10¼
LW: 12		average 3.57m	11-8½
41	Bekah WALZ SO	3.75m	12-3½ 2/1 SDSU D2/NAIA C
46	Romane MAUGEST FR	3.74m	12-3¼ 3/1 NSIC
61	Gitte BELLEMANS FR	3.64m	11-11¼ 3/1 NSIC
	Makenna GLANZER JR	3.15m	10-4 2/1 SDSU D2/NAIA C

94	Long Jump	19.50m	63-11¾
LW: 93 ▼ 1		average 4.88m	16-0
	Morgan SHELTON JR	5.01m	16-5¼ 2/1 SDSU D2/NAIA C
	Tayla DOBRENSKI SO	4.89m	16-½ 12/14 Northern State
	Addison CUMBOW JR	4.88m	16-¼ 1/18 Northern State
	Kamryn SCHWARTZ JR	4.72m	15-6 1/18 Northern State

51	Shot Put	45.82m	150-4
LW: 51		average 11.46m	37-7
	Morgan SHELTON JR	12.36m	40-6¾ 3/1 NSIC
	Grace KUCH FR	11.60m	38-¾ 1/25 U-Mary Winter C
	Andi MEHRER SO	11.13m	36-6¼ 1/25 U-Mary Winter C
	Olivia ASHLEY SO	10.73m	35-2½ 1/25 U-Mary Winter C

53	Weight Throw	53.96m	177-1
LW: 53		average 13.49m	44-3¼
	Brooke MUSHATT FR	14.22m	46-8 2/21 SDSU Last Char
	Andi MEHRER SO	13.70m	44-11½ 1/25 U-Mary Winter C
	Paige BISHOP SO	13.12m	43-½ 2/15 SDSU Indoor Cl
	Grace KUCH FR	12.92m	42-4¾ 2/21 SDSU Last Char

10	Pentathlon	11,375
LW: 10		average 2,844
38	Morgan SHELTON JR	3,434 3/1 NSIC
	Tayla DOBRENSKI SO	2,926 OT 2/1 SDSU D2/NAIA C
	Addison CUMBOW JR	2,602 3/1 NSIC
	Jordan WEST SO	2,413 3/1 NSIC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Northwest Missouri — Women

as of 3/10/25 4:24 PM CT

9	60 Meters	30.44
LW: 9		average 7.61
25	Lexie GILBERT	SR 7.47 3/2 MIAA
48	Campbell BARTA	FR 7.56 3/2 MIAA
96	Kyah LUHRING	SR 7.66 3/2 MIAA
	Jaurdin MALLORY	SO 7.75 2/22 Friday Night Lig
16	200 Meters	1:39.06
LW: 16		average 24.76
21	Chloe SAENZ	SR 24.04 OT 3/2 MIAA
82	Lexie GILBERT	SR 24.71 OT 3/2 MIAA
92	Melanie ROLAND	JR 24.76 1/25 Bob Teel Invitat
	Anjelena CARDER	FR 25.55 2/1 Washburn Oper
1	400 Meters	3:37.47
LW: 1		average 54.37
3	Tiffany HUGHEY	53.34 2/23 USATF Indoor
9	Chloe SAENZ	SR 53.90 OT 3/2 MIAA
16	Melanie ROLAND	JR 54.37 OT 3/2 MIAA
49	Jadyn BARNES	SO 55.86 1/25 Bob Teel Invitat
2	800 Meters	8:43.42
LW: 2		average 2:10.86
12	Marie DEA	FR 2:08.55 3/2 MIAA
18	Lydia MCGLOCKLIN	JR 2:09.27 2/21 Ark Qual
34	Bailey BLAKE	SR 2:10.84 2/22 Friday Night Lig
74	Alyna THIBAULT	SR 2:14.76 2/8 Bearcat Invite (
14	Mile	19:48.88
LW: 14		average 4:57.22
28	Alyna THIBAULT	SR 4:49.62 2/1 Washburn Oper
82	Whitney POST	JR 4:57.05 3/2 MIAA
	Mayson HARTLEY	SO 5:01.10 2/8 Bearcat Invite (
	Olivia BAKKER	FR 5:01.11 3/2 MIAA
13	3000 Meters	39:54.65
LW: 13		average 9:58.66
43	Lydia MCGLOCKLIN	JR 9:44.97 3/2 MIAA
54	Mayson HARTLEY	SO 9:49.67 2/15 Russ Jewett Ind
	Alyna THIBAULT	SR 9:59.58 1/18 Richard Alsup C
	Whitney POST	JR 10:20.43 1/18 Richard Alsup C



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Northwest Nazarene — Women

as of 3/10/25 4:24 PM CT

68	60 Meters	31.73
LW: 68		average 7.93
	Kayla BANIAGA	SR 7.76 1/18 Spokane Sports
	Alejandra GOMEZ	SR 7.90 2/1 Inland Northwe
	Gabbie HARMS	SO 8.02 2/18 GNAC
	Gabriella HARMS	SO 8.05 2/1 Inland Northwe
82	200 Meters	1:44.64
LW: 82		average 26.16
	Kayla BANIAGA	SR 25.71 1/18 Spokane Sports
	Alejandra GOMEZ	SR 25.86c (25.79A) 2/8 Wolf Pack Class
	Gabbie HARMS	SO 26.39c (26.32A) 2/8 Wolf Pack Class
	Gabriella HARMS	SO 26.68 2/1 Inland Northwe
81	400 Meters	4:02.68
LW: 81		average 1:00.67
	Alejandra GOMEZ	SR 57.68c (57.57A) 2/8 Wolf Pack Class
	Gabriella HARMS	SO 1:01.26 1/18 Spokane Sports
	Makenze KNOWLES	JR 1:01.34 2/1 Inland Northwe
	Shayna WILLIAMS	SR 1:02.40 2/18 GNAC
76	800 Meters	9:39.99
LW: 76		average 2:25.00
	Olivia KLEIN	SR 2:23.35 2/1 Inland Northwe
	Casey COLLOM	SO 2:24.15 2/18 GNAC
	Alyssa BLUM	FR 2:25.33c (2:25.99A) 2/8 Wolf Pack Class
	Mckenna LECHNER	SO 2:27.16c (2:27.83A) 2/8 Wolf Pack Class
96	Mile	21:49.95
LW: 95 ▼ 1		average 5:27.49
	Becca DARWOOD	SO 5:24.09c (5:30.20A) 2/8 Wolf Pack Class
	Keelin STEWART	JR 5:26.24c (5:32.39A) 2/8 Wolf Pack Class
	Mckenna LECHNER	SO 5:29.36c (5:35.57A) 2/8 Wolf Pack Class
	Casey COLLOM	SO 5:30.26c (5:36.48A) 2/8 Wolf Pack Class
61	3000 Meters	42:11.27
LW: 61		average 10:32.82
	87 Morgan ERLER	JR 9:57.81 1/18 Spokane Sports
	Keelin STEWART	JR 10:38.37 (10:51.84A) 2/8 Wolf Pack Class
	Mckenna LECHNER	SO 10:43.20 1/18 Spokane Sports
	Becca DARWOOD	SO 10:51.89 2/1 Inland Northwe
111	Long Jump	17.93m 58-10
LW: 110 ▼ 1		average 4.48m 14-8½
	Julie CHRISMAN	FR 5.03m 16-6 2/1 Inland Northwe
	Rylee KILTGAARD	FR 4.94mA 16-2½ 12/7 Silver State Invi
	Shayna WILLIAMS	SR 4.04m 13-3¼ 2/1 Inland Northwe
	Sherlyn RUEDA I	SO 3.92m 12-10½ 2/1 Inland Northwe



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Northwestern Oklahoma State — Women

as of 3/10/25 4:24 PM CT

73	60 Meters	31.79
LW: 73		average 7.95
	Harmonie HUGHES	FR 7.84 2/1 Herm Wilson Inv
	Diamond HILTON	SR 7.86 2/21 Nebraska Tune-
	Darianne THOMPSON	JR 8.02 2/1 Herm Wilson Inv
	Brianisha ROLLING	JR 8.07 2/15 Ichabod Invitat

88	60 Meter Hurdles	41.97
LW: 88		average 10.49
	Olivia SIPOS	FR 9.75 2/21 Nebraska Tune-
	Kaydence BERGDALL	SO 9.99 2/1 Herm Wilson Inv
	Anayah GREEN	JR 10.58 2/21 Nebraska Tune-
	Taylor BASS	FR 11.65 2/21 Nebraska Tune-

102	200 Meters	1:45.64
LW: 102		average 26.41
	Harmonie HUGHES	FR 25.89c (26.29f) 2/1 Herm Wilson Inv
	Diamond HILTON	SR 25.94 2/21 Nebraska Tune-
	Darianne THOMPSON	JR 26.83c (27.24f) 2/1 Herm Wilson Inv
	Camille DATES	FR 26.98c (27.40f) 2/1 Herm Wilson Inv

98	400 Meters	4:06.87
LW: 98		average 1:01.72
	Krissalynn HENDERSON	SR 59.90 2/21 Nebraska Tune-
	Harmonie HUGHES	FR 1:01.70c (1:02.52f) 1/17 Owen Hewett Ir
	Renaja ENGERMANN	JR 1:02.63c (1:03.46f) 2/1 Herm Wilson Inv
	Diamond HILTON	SR 1:02.64 1/24 Rumble in the J

140	800 Meters	10:24.12
LW: 140		average 2:36.03
	Cadence LONG-TORRES	SO 2:26.50c (2:28.19f) 2/1 Herm Wilson Inv
	Elisa BERNARDEZ	FR 2:33.30 2/15 Ichabod Invitat
	Ava MILLER	FR 2:39.67 1/24 Rumble in the J
	Reina GONZALES	SO 2:44.65 2/15 Ichabod Invitat

127	Mile	22:51.52
LW: 126 1		average 5:42.88
	Cadence LONG-TORRES	SO 5:29.88 1/24 Rumble in the J
	Jamaira ROSS	SR 5:35.53 1/24 Rumble in the J
	Ava MILLER	FR 5:40.29 12/7 Washburn Alum
	Elizabeth DORADO-BARRERA	SR 6:05.82c (6:09.44f) 2/1 Herm Wilson Inv

121	3000 Meters	46:47.86
LW: 121		average 11:41.96
	Cadence LONG-TORRES	SO 10:59.54 (11:05.19f) 2/1 Herm Wilson Inv
	Jamaira ROSS	SR 11:28.84 (11:34.74f) 2/1 Herm Wilson Inv
	Ava MILLER	FR 12:00.68 (12:06.85f) 1/17 Owen Hewett Ir
	Elizabeth DORADO-BARRERA	SR 12:18.80 (12:25.13f) 2/1 Herm Wilson Inv

51	Long Jump	21.05m	69-¾
LW: 50 ▼1		average 5.26m	17-3¼
58	Gabriella HALL	FR 5.71m	18-8¾ 2/21 Nebraska Tune
	Darianne THOMPSON	JR 5.22m	17-1½ 2/15 Ichabod Invitat
	Olivia SIPOS	FR 5.08m	16-8 2/1 Herm Wilson Inv
	Brianisha ROLLING	JR 5.04m	16-6½ 12/7 Washburn Alum

11	Triple Jump	44.80m	147-0
LW: 11		average 11.20m	36-9
56	Harmonie HUGHES	FR 11.69m	38-4¼ 2/15 Ichabod Invitat
100	Gabriella HALL	FR 11.29m	37-½ 2/1 Herm Wilson Inv
	Jenesis TOMLINSON	FR 11.15m	36-7 2/1 Herm Wilson Inv
	Olivia SIPOS	FR 10.67m	35-¼ 12/7 Washburn Alum



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Northwood (Mich.) — Women

as of 3/10/25 4:24 PM CT

139 60 Meters**33.19**

LW: 139

average 8.30

Keiyera JOHNSON	SO	8.15	1/17 Saginaw Valley
Vivian WILLIAMS	JR	8.23	1/25 Bob Parks Mem
Breanna HYDE	SO	8.35	12/7 Saginaw Valley
Brooke BERNEY	JR	8.46	3/1 G-MAC

143 200 Meters**1:49.00**

LW: 143

average 27.25

Keiyera JOHNSON	SO	26.29 OT	12/7 Saginaw Valley
Vivian WILLIAMS	JR	27.31 OT	12/7 Saginaw Valley
Breanna HYDE	SO	27.36 OT	12/7 Saginaw Valley
Brooklyn WOLCOTT	SO	28.04 OT	2/1 SVSU Jet's Pizzc

89 400 Meters**4:04.57**

LW: 89

average 1:01.14

Kaylee LOCKE	SO	59.77 OT	2/21 SVSU Tune-Up
Brooklyn WOLCOTT	SO	1:01.12	2/21 SVSU Tune-Up
Nava SANOCKI	SO	1:01.50	2/21 SVSU Tune-Up
Gabby JONES	JR	1:02.18	12/7 Saginaw Valley

61 Mile**21:00.34**

LW: 61

average 5:15.09

Ariel WARNER	SO	5:04.92	2/14 GVSU Big I
Landry KOSKI	JR	5:14.01	2/8 Lints/GVSU
Sarah ZEHR	SR	5:15.22	1/17 Saginaw Valley
Katherine HAUPT	SR	5:26.19	1/17 Saginaw Valley

76 3000 Meters**42:48.07**

LW: 76

average 10:42.02

Sarah ZEHR	SR	10:26.73	3/1 G-MAC
Landry KOSKI	JR	10:30.45	3/1 G-MAC
Rachael SIERAKOWSKI	JR	10:48.33	2/1 SVSU Jet's Pizzc
Riley HACKER	JR	11:02.56	3/1 G-MAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Ohio Dominican — Women

as of 3/10/25 4:24 PM CT

108	60 Meters	32.51
LW: 108		average 8.13
Faith YANCEY	FR 7.92	3/1 G-MAC
G'nae MORRISON	SR 8.05	12/7 Wittenberg Tig
Shyla PEMBERTON	JR 8.26	2/22 Ashland Last Cl
Nikane AMBOS	JR 8.28	3/1 G-MAC
158	200 Meters	1:50.73
LW: 157▼ 1		average 27.68
Faith YANCEY	FR 26.15 OT	3/1 G-MAC
Shyla PEMBERTON	JR 27.04 OT	2/22 Ashland Last Cl
Nikane AMBOS	JR 27.99 OT	3/1 G-MAC
Naomi HARING	FR 29.55 OT	3/1 G-MAC
137	400 Meters	4:25.72
LW: 135▼ 2		average 1:06.43
Shyla PEMBERTON	JR 1:01.68	3/1 G-MAC
Kassydee OWENS	SR 1:04.55	12/7 Wittenberg Tig
Naomi HARING	FR 1:08.19c (1:09.09f)	1/18 Otterbein Invita
Gabrielle REED	SO 1:11.30c (1:12.24f)	1/18 Otterbein Invita
142	Mile	23:30.11
LW: 141▼ 1		average 5:52.53
Eva DULLE	FR 5:36.83	2/22 Ashland Last Cl
Gabrielle REED	SO 5:49.22	3/1 G-MAC
Aileen CASTILLO	FR 5:59.04	3/1 G-MAC
Anna BLACKSTONE	SO 6:05.02	2/22 Ashland Last Cl



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Oklahoma Baptist — Women

as of 3/10/25 4:24 PM CT

22	60 Meter Hurdles	36.55
LW: 22		average 9.14
23	Valerie OLSON	SR 8.55 2/15 Russ Jewett Ind
	Bella DRIVER	FR 8.98 1/24 Rumble in the J
	Savanna MEEK	FR 9.44 2/15 Russ Jewett Ind
	Kyndall HICKS	JR 9.58 12/7 Crimson & Gold

65	200 Meters	1:43.13
LW: 65		average 25.78
	Delaney RIEKERT	JR 25.55 OT 2/15 Russ Jewett Ind
	Olivia TATE	JR 25.58 2/1 Washburn Oper
	Ashli BARRON	FR 25.59 OT 12/7 Crimson & Gold
	Deja ROSE	SO 26.41 OT 1/24 Rumble in the J

30	400 Meters	3:51.77
LW: 30		average 57.94
19	Asia FOSTER	JR 54.41 3/2 Boston Universi
	Mary MCKEY	SR 57.31 2/1 Washburn Oper
	Delaney RIEKERT	JR 58.24 2/1 Washburn Oper
	Bella DRIVER	FR 1:01.81 1/24 Rumble in the J

16	800 Meters	9:03.38
LW: 16		average 2:15.84
53	Kimberly MCKINNEY	SR 2:13.52 1/24 Rumble in the J
74	Kaylen KING	SR 2:14.76 2/1 Washburn Oper
78	Zoe WEAVER	SR 2:14.89 2/1 Washburn Oper
	Shayna HENDRIX	SO 2:20.21 1/24 Rumble in the J

49	Mile	20:46.50
LW: 49		average 5:11.62
99	Sophia STRANGE	SR 4:58.92 1/24 Rumble in the J
	Kaylen KING	SR 5:05.69 1/24 Rumble in the J
	Shayna HENDRIX	SO 5:20.22 12/7 Crimson & Gold
	Jadyn PAVLIK	SR 5:21.67 1/24 Rumble in the J

59	3000 Meters	42:08.81
LW: 59		average 10:32.20
29	Sophia STRANGE	SR 9:38.16 2/15 Russ Jewett Ind
	Jadyn PAVLIK	SR 10:44.42 1/24 Rumble in the J
	Kaylen KING	SR 10:46.56 12/7 Crimson & Gold
	Jade ROBINSON	SR 10:59.67 2/15 Russ Jewett Ind

33	Shot Put		47.52m	155-11
LW: 33			average 11.88m	38-11¾
78	Altyn BARTLEY	SO	13.09m	42-11½ 12/7 Washburn Alum
	Lauren OLSON	JR	12.02m	39-5¼ 1/17 Owen Hewett Ir
	Valerie OLSON	SR	11.73m	38-6 2/1 Washburn Oper
	JuliAnna CREWS	FR	10.68m	35-½ 1/31 J.D. Martin Invit

25	Weight Throw		60.01m	196-11
LW: 25			average 15.00m	49-2¾
50	Altyn BARTLEY	SO 17.13m	56-2½	12/7 Washburn Alum
	Jade BYRD	SR 15.67m	51-5	1/24 Rumble in the J
	JuliAnna CREWS	FR 13.86m	45-5¾	12/7 Washburn Alum
	Lauren OLSON	JR 13.35m	43-9¾	1/31 J.D. Martin Invit



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Oklahoma Christian — Women

as of 3/10/25 4:24 PM CT

83	60 Meters	31.97
LW: 83		average 7.99
	Jamie MORGAN	FR 7.70 2/15 Russ Jewett Ind
	Laniyah CURRY	FR 7.76 2/15 Russ Jewett Ind
	Katie BOSLEY	SO 8.07 1/17 Owen Hewett Ir
	Aaliyah HAUGH	SO 8.44 1/11 Friends First Ch
126	200 Meters	1:47.12
LW: 126		average 26.78
	Jamie MORGAN	FR 25.93c (26.33f) 1/31 J.D. Martin Invit
	Katie BOSLEY	SO 26.44 OT 12/7 Crimson & Gold
	Aaliyah HAUGH	SO 26.66 OT 2/15 Russ Jewett Ind
	Sydney ADEE	FR 28.09 OT 2/15 Russ Jewett Ind
96	400 Meters	4:05.90
LW: 96		average 1:01.48
	Katie BOSLEY	SO 58.93 OT 12/7 Crimson & Gold
	Jamie MORGAN	FR 1:00.81 12/7 Crimson & Gold
	Aaliyah HAUGH	SO 1:02.32 12/7 Crimson & Gold
	Sydney ADEE	FR 1:03.84 2/1 Pitt State Invita
38	800 Meters	9:14.79
LW: 38		average 2:18.70
	Brooke LATHAM	JR 2:16.82c (2:18.39f) 1/17 Owen Hewett Ir
	Kinley KITE	FR 2:17.86c (2:19.45f) 1/17 Owen Hewett Ir
	Kristen KIRK	FR 2:18.61 1/24 Rumble in the J
	Lauren KIRK	FR 2:21.50c (2:23.13f) 1/17 Owen Hewett Ir
45	Mile	20:42.46
LW: 45		average 5:10.62
75	Kinley KITE	FR 4:56.37c (5:02.97A) 2/22 Lone Star
	Brooke LATHAM	JR 4:59.79 2/1 Pitt State Invita
	Kristen KIRK	FR 5:06.12 2/15 Russ Jewett Ind
	Itzel FLORES	SO 5:40.18 1/24 Rumble in the J



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Ouachita Baptist — Women

as of 3/10/25 4:24 PM CT

78	60 Meters	31.89
LW: 78		average 7.97
Anna WOOLSEY	SO 7.70	12/7 Crimson & Gold
Angie ROJAS	FR 8.01	2/15 Russ Jewett Ind
Bella MAXON	FR 8.08	12/7 Crimson & Gold
Addrienna GRAY	SO 8.10	12/7 Crimson & Gold

42	60 Meter Hurdles	37.58
LW: 42		average 9.40
Belle LINDSEY	SO 8.98	2/15 Russ Jewett Ind
Bella MAXON	FR 9.37	12/7 Crimson & Gold
Addrienna GRAY	SO 9.59	2/15 Russ Jewett Ind
Addison SKELTON	SO 9.64	2/1 Pitt State Invita

89	200 Meters	1:44.95
LW: 89		average 26.24
Anna WOOLSEY	SO 24.89 OT	12/7 Crimson & Gold
Angie ROJAS	FR 26.19 OT	2/15 Russ Jewett Ind
Addrienna GRAY	SO 26.81 OT	2/15 Russ Jewett Ind
Bella MAXON	FR 27.06 OT	2/15 Russ Jewett Ind

92	400 Meters	4:04.95
LW: 92		average 1:01.24
91 Anna WOOLSEY	SO 56.55	2/21 Ark Qual
Laynie WHITE	SR 1:00.55	1/18 Samford Janua
Alyssa STRICKLAND	FR 1:02.71	12/7 Crimson & Gold
Ashlynn HECHT	JR 1:05.14	12/7 Crimson & Gold

58	800 Meters	9:27.96
LW: 57 ▼ 1		average 2:21.99
Jaci MCGREGOR	SR 2:16.91	2/15 Russ Jewett Ind
Addi DURAND	FR 2:22.24	2/15 Russ Jewett Ind
Rylee WALKER	FR 2:23.42	2/15 Russ Jewett Ind
Laynie WHITE	SR 2:25.39	12/6 Boo Rogers Con

48	Mile	20:46.17
LW: 48		average 5:11.54
Izzi BREAU	SR 5:02.00	2/1 Pitt State Invita
Elise KNIGHT	JR 5:03.39	2/21 Ark Qual
Kate NACHTIGAL	JR 5:14.67	2/1 Pitt State Invita
Lucy HOLDEN	SO 5:26.11	1/18 Samford Janua

25	3000 Meters	40:35.06
LW: 25		average 10:08.76
94 Kate NACHTIGAL	JR 9:58.83	2/15 Russ Jewett Ind
Elise KNIGHT	JR 10:04.24	2/15 Russ Jewett Ind
Mackenzie DAVIS	SR 10:12.24	2/1 Pitt State Invita
Izzi BREAU	SR 10:19.75	1/18 Samford Janua

41	5000 Meters	1:14:12
LW: 41		average 18:32.93
Allison HYLKEMA	JR 17:47.24	2/15 Russ Jewett Ind
Mackenzie DAVIS	SR 18:18.84	2/15 Russ Jewett Ind
Marin MURRAY	FR 18:23.26	2/15 Russ Jewett Ind
Maggie GREGORY	JR 19:42.37	2/1 Pitt State Invita

90	Long Jump	19.85m	65-1½
LW: 89 ▼ 1		average 4.96m	16-3½
Rachel DUNN	SO 5.08m	16-8	12/7 Crimson & Gold
Belle LINDSEY	SO 5.02m	16-5¾	1/17 Samford Multi M
Laynie WHITE	SR 4.91m	16-1½	12/6 Boo Rogers Con
Mariah WHITTLE	FR 4.84m	15-10½	1/18 Samford Janua

54	Shot Put	45.07m	147-11
LW: 54		average 11.27m	36-11¾
Brenlee LEONARD	SO 12.54m	41-1¾	2/1 Pitt State Invita
Ariana NEAL	FR 11.59m	38-¾	12/7 Crimson & Gold
Rylee GRAY	FR 10.73m	35-2½	2/1 Pitt State Invita
Laynie WHITE	SR 10.21m	33-6	12/6 Boo Rogers Con



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Pitt Johnstown — Women

as of 3/10/25 4:24 PM CT

137 60 Meters **33.10**
LW: 137 *average 8.28*

Mayah CHARITY	SR	7.79	3/2 PSAC
Kara MCKENZIE	SR	8.13	12/6 Youngstown Stc
Ava MENZIES	FR	8.56	2/15 Susquehanna li
Kaela GRANT	SR	8.62	12/6 Youngstown Stc

169 200 Meters **1:52.97**
LW: 168 **1** *average 28.24*

Mayah CHARITY	SR	25.75c	(26.15f) 2/21 Mount Union La
Ava MENZIES	FR	27.76c	(28.19f) 2/15 Susquehanna li
Rihanna HILLEGAS	FR	29.50c	(29.95f) 2/21 Mount Union La
Kaela GRANT	SR	29.96 OT	12/6 Youngstown Stc

116 Shot Put **33.06m** **108-6**
LW: 116 *average 8.26m 27-1½*

Ellie ZURO	SO	9.59m	31-5¾ 3/2 PSAC
Izzy PORTELLO	SO	8.83m	28-11¾ 12/6 Youngstown Stc
Anna STEWART	FR	7.43m	24-4½ 12/6 Youngstown Stc
Kaela GRANT	SR	7.21m	23-8 2/21 Mount Union La



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Pittsburg State — Women

as of 3/10/25 4:24 PM CT

4	60 Meters	30.20
LW: 4		average 7.55
11	Diandrenique GAINES SR 7.40	12/7 Crimson & Gold
43	Taniya LOONEY JR 7.55	1/24 Rumble in the J
64	Jamiya MORGAN SR 7.61	3/2 MIAA
77	Siby YAO SR 7.64	2/1 Pitt State Invita

2	60 Meter Hurdles	34.09
LW: 2		average 8.52
3	Kayvon NUBINE FR 8.34	2/1 Pitt State Invita
5	Madelyn MARQUEZ SR 8.40	2/1 Pitt State Invita
8	Isabelle PETERS SR 8.45	3/2 MIAA
87	Payton PHILLIPS SO 8.90	2/15 Russ Jewett Ina

6	200 Meters	1:37.78
LW: 6		average 24.44
10	Diandrenique GAINES SR 23.86 OT	3/2 MIAA
24	Jamiya MORGAN SR 24.05 OT	3/2 MIAA
98	Taniya LOONEY JR 24.79 OT	1/24 Rumble in the J
	Kinleigh HALL JR 25.08 OT	2/15 Russ Jewett Ina

10	400 Meters	3:43.64
LW: 10		average 55.91
34	Jamiya MORGAN SR 55.46	2/21 Ark Qual
37	Olivia LOWREY SR 55.55	2/21 Ark Qual
55	Kinleigh HALL JR 55.94 OT	3/2 MIAA
100	Maddie O'NEILL SR 56.69	2/21 Ark Qual

43	800 Meters	9:19.18
LW: 43		average 2:19.79
21	Kate STRADER SR 2:09.89	2/15 Russ Jewett Ina
33	Claire BRUENING SR 2:10.82	2/21 Ark Qual
	Maggie SALSBUY FR 2:25.16	2/8 Seignie Husker
	Lily BROWN FR 2:33.31	3/2 MIAA

10	Mile	19:36.30
LW: 10		average 4:54.07
21	Kate STRADER SR 4:46.70	2/21 Ark Qual
54	Paige MULLEN SO 4:54.08	3/2 MIAA
72	Claire BRUENING SR 4:56.07	2/1 Pitt State Invita
	Marissa DICK SR 4:59.45	2/21 Ark Qual

8	3000 Meters	38:59.41
LW: 8		average 9:44.85
17	Paige MULLEN SO 9:30.22	2/21 Ark Qual
28	Kate STRADER SR 9:38.04	12/7 BU Opener
65	Marissa DICK SR 9:53.17	2/15 Russ Jewett Ina
90	Lorna RAE PIERCE FR 9:57.98	2/1 Pitt State Invita

8	5000 Meters	1:09:34
LW: 8		average 17:23.39
12	Paige MULLEN SO 16:34.56	3/2 MIAA
53	Lorna RAE PIERCE FR 17:15.07	3/2 MIAA
64	Marissa DICK SR 17:19.86	12/7 Crimson & Gold
	Erika BAKER SR 18:24.09	12/7 Crimson & Gold

1	High Jump	6.99m	22-11¼
LW: 1		average 1.75m	5-8¾
3	Erica SCHAMEL SR 1.78m	5-10	2/15 Russ Jewett Ina
6	Haleigh HADLEY SR 1.76m	5-9¼	2/1 Pitt State Invita
6	Rachel WILSON JR 1.76m	5-9¼	2/1 Pitt State Invita
33	Lily BROWN FR 1.69m	5-6½	12/6 Boo Rogers Cor

1	Pole Vault	16.68m	54-8¾
LW: 1		average 4.17m	13-8¾
3	Kyla DAVIS SR 4.33m	14-2½	2/15 Russ Jewett Ina
5	Isabelle PETERS SR 4.27m	14-0	2/8 Seignie Husker
8	Cannon BOOKER FR 4.15m	13-7¼	2/21 Ark Qual
23	Quincey TURNER FR 3.93m	12-10¾	2/15 Russ Jewett Ina

1	Long Jump	23.90m	78-5
LW: 1		average 5.98m	19-7¼
11	Makayla WATSON JR 6.01m	19-8¾	12/7 Crimson & Gold
13	Auna CHILDRESS SR 5.99m	19-8	2/28 MIAA
15	Siby YAO SR 5.98m	19-7½	12/6 Crimson & Gold
19	Makayla PAVELKA JR 5.92m	19-5¼	2/15 Russ Jewett Ina

2	Triple Jump	48.92m	160-6
LW: 2		average 12.23m	40-1½
1	Auna CHILDRESS SR 12.86m	42-2¼	3/2 MIAA
13	Lily BROWN FR 12.23m	40-1½	1/24 Rumble in the J
30	Makayla PAVELKA JR 11.96m	39-3	2/15 Russ Jewett Ina
37	Makayla WATSON JR 11.87m	38-11½	2/1 Pitt State Invita

14	Shot Put	51.27m	168-3
LW: 14		average 12.82m	42-¾
31	Abby LASITER JR 13.75m	45-1½	1/17 Washburn Rust
	Kaylee BROWN SO 12.69m	41-7¼	2/1 Pitt State Invita
	Lily BROWN FR 12.64m	41-5¾	2/8 Seignie Husker
	Payton PHILLIPS SO 12.19m	40-0	3/2 MIAA

15	Weight Throw	63.64m	208-10
LW: 15		average 15.91m	52-2½
26	Abby LASITER JR 17.88m	58-8	12/7 Crimson & Gold
59	Addison HINTERWEGER JR 16.95m	55-7½	3/2 MIAA
	Kaylee BROWN SO 14.48m	47-6¼	1/24 Rumble in the J
	Makenzie JACKSON SO 14.33m	47-¼	12/7 Crimson & Gold



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Point Park (Pa.) — Women

as of 3/10/25 4:24 PM CT

123	60 Meters	32.75
LW: 123		average 8.19

Diamond RUSH	SR	7.99	2/24 Mountain East
Mya GRESCHNER	JR	8.11	12/6 Youngstown St
RaKeya ELLSBERRY	SR	8.26	2/8 Sykes-Sabock C
Emma ROEMER	SO	8.39	1/18 Jud Logan Mem

69	60 Meter Hurdles	38.83
LW: 69		average 9.71

Emma ROEMER	SO	9.29	2/24 Mountain East
Casey COLCOMBE	FR	9.47	2/24 Mountain East
Dunya VAN DEN TOOREN	FR	9.89	2/8 Sykes-Sabock C
Hannah BOND	SR	10.18	2/24 Mountain East

130	200 Meters	1:47.39
LW: 130		average 26.85

Diamond RUSH	SR	24.96	3/9 IC4A/ECAC Indo
Mya GRESCHNER	JR	26.50	2/8 Sykes-Sabock C
Tanais ROJAS	FR	27.79 OT	2/15 SPIRE Collegiat
Emma ROEMER	SO	28.14 OT	1/18 Jud Logan Mem

63	400 Meters	3:58.74
LW: 63		average 59.68

Diamond RUSH	SR	57.20 OT	2/24 Mountain East
Mya GRESCHNER	JR	58.30 OT	12/6 Youngstown St
Paige MARNELL	FR	1:01.14	2/24 Mountain East
Lotte ZETHOF	JR	1:02.10	2/24 Mountain East

51	800 Meters	9:24.94
LW: 60 ▲ 9		average 2:21.24

Allison PLASSIO	SR	2:18.03	3/9 IC4A/ECAC Indo
Jana SCHMID	SR	2:18.80	2/24 Mountain East
Lotte ZETHOF	JR	2:20.92	3/9 IC4A/ECAC Indo
Paige MARNELL	FR	2:27.19	2/1 YSU Mid Major I

76	Mile	21:15.41
LW: 76		average 5:18.85

Allison PLASSIO	SR	5:12.91	2/8 Sykes-Sabock C
Jana SCHMID	SR	5:16.01	1/25 Sander Chal.
Cassandra O'CONNOR	SO	5:16.84	2/15 SPIRE Collegiat
Lotte ZETHOF	JR	5:29.65	12/6 Youngstown St

67	3000 Meters	42:26.48
LW: 67		average 10:36.62

Cassandra O'CONNOR	SO	10:04.86	2/8 Sykes-Sabock C
Allison PLASSIO	SR	10:20.46	2/15 SPIRE Collegiat
Jana SCHMID	SR	10:27.91	2/15 SPIRE Collegiat
Kiyara SAWYERS	JR	11:33.25	1/25 Ashland Invitati

49	5000 Meters	1:15:34
LW: 49		average 18:53.56

51	Cassandra O'CONNOR	SO	17:11.96	3/9 IC4A/ECAC Indo
	Allison PLASSIO	SR	18:50.42	12/6 Youngstown St
	Sterre KUIJPER	SR	19:31.05	2/15 SPIRE Collegiat
	Beth MOODY	FR	20:00.82	12/6 Youngstown St

33	High Jump	6.25m	20-6
LW: 33		average 1.56m	5-1½

38	Dunya VAN DEN TOOREN	FR	1.68m	5-6	2/8 Sykes-Sabock C
52	Emma PAVELEK	JR	1.67m	5-5¾	2/24 Mountain East
	Casey COLCOMBE	FR	1.50m	4-11	2/24 Mountain East
	Emma ROEMER	SO	1.40m	4-7	2/24 Mountain East

52	Long Jump	20.99m	68-10½
LW: 51 ▼ 1		average 5.25m	17-2¾

	Mya GRESCHNER	JR	5.57m	18-3¾	2/24 Mountain East
	Dunya VAN DEN TOOREN	FR	5.35m	17-6¾	2/24 Mountain East
	Emma ROEMER	SO	5.24m	17-2¼	2/24 Mountain East
	Luchama LUBIN	SR	4.83m	15-10¼	2/1 YSU Mid Major I

33	Triple Jump	41.38m	135-9
LW: 33		average 10.34m	33-11¼

	Mya GRESCHNER	JR	10.61m	34-9¾	2/15 SPIRE Collegiat
	Emma ROEMER	SO	10.42m	34-2¼	2/15 SPIRE Collegiat
	Luchama LUBIN	SR	10.22m	33-6½	12/6 Youngstown St
	Casey COLCOMBE	FR	10.13m	33-3	2/15 SPIRE Collegiat

114	Shot Put	35.68m	117-1
LW: 114		average 8.92m	29-3¼

	Emma ROEMER	SO	9.80m	32-2	2/1 YSU Mid Major I
	Lina SINGLE	SO	9.45m	31-0	1/25 Ashland Invitati
	Dunya VAN DEN TOOREN	FR	8.31m	27-3¼	2/1 YSU Mid Major I
	Casey COLCOMBE	FR	8.12m	26-7¾	2/24 Mountain East

13	Pentathlon	11,000
LW: 13		average 2,750

79	Dunya VAN DEN TOOREN	FR	3,134 OT	2/1 YSU Mid Major I
	Casey COLCOMBE	FR	2,842 OT	2/24 Mountain East
	Emma ROEMER	SO	2,789 OT	2/1 YSU Mid Major I
	Luchama LUBIN	SR	2,235 OT	2/1 YSU Mid Major I



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Purdue Northwest (Ind.) — Women

as of 3/10/25 4:24 PM CT

109	60 Meters	32.54
LW: 109		average 8.14
DeAndria FRANKLIN	JR 7.93	12/6 Grand Valley St
Carley GRABARCZYK	FR 8.03	12/6 Grand Valley St
Chisom CHUKWUOCHA	FR 8.15	1/10 Lewis VS PNW D
Cailey WEBER	FR 8.43	12/6 Grand Valley St

71	60 Meter Hurdles	39.01
LW: 71		average 9.75
Alaina SCHULTZE	JR 9.20	2/7 Lewis Invitation
Cailey WEBER	FR 9.70	3/2 GLIAC
Kelli BLISSETT	SO 10.03	3/2 GLIAC
McKenna KELLEY	FR 10.08	2/15 GVSU Big II

127	200 Meters	1:47.16
LW: 127		average 26.79
DeAndria FRANKLIN	JR 26.65 OT	12/6 Grand Valley St
Chisom CHUKWUOCHA	FR 26.72 OT	12/6 Grand Valley St
Carley GRABARCZYK	FR 26.72	12/13 Blue Demon Ho
Da'Ja JONES	JR 27.07	2/7 Lewis Invitation

94	800 Meters	9:50.98
LW: 94		average 2:27.75
Sara MCGRAW	SO 2:19.47	2/7 Lewis Invitation
Alyssa DUNLAP	SO 2:24.36	3/2 GLIAC
Kennedy COX	SO 2:33.07	2/21 GVSU Tune-Up
Sonya WAGNER	SO 2:34.08	12/6 Grand Valley St

59	High Jump	5.96m	19-6½
LW: 59		average 1.49m	4-10½
Kelli BLISSETT	SO 1.55m	5-1	3/2 GLIAC
Alaina SCHULTZE	JR 1.51m	4-11½	1/10 Lewis VS PNW D
Cailey WEBER	FR 1.46m	4-9½	3/2 GLIAC
Jerralee TESTA	SR 1.44m	4-8¾	12/6 Grand Valley St

67	Long Jump	20.56m	67-5½
LW: 66 ▼ 1		average 5.14m	16-10½
Kiara SPATES	SR 5.31m	17-5¼	2/15 GVSU Big II
Malia BUTLER	JR 5.10m	16-8¾	1/10 Lewis VS PNW D
Alaina SCHULTZE	JR 5.08m	16-8	12/6 Grand Valley St
Jerralee TESTA	SR 5.07m	16-7¾	12/6 Grand Valley St

110	Shot Put	36.84m	120-11
LW: 110		average 9.21m	30-2¾
Alaina SCHULTZE	JR 10.45m	34-3½	3/2 GLIAC
Jada ADDO	JR 9.34m	30-7¾	3/2 GLIAC
Jerralee TESTA	SR 8.62m	28-3½	1/10 Lewis VS PNW D
Kaelin KREISCHER	FR 8.43m	27-8	3/2 GLIAC

17	Pentathlon	10,418
LW: 17		average 2,604
Alaina SCHULTZE	JR 2,996 OT	3/2 GLIAC
Cailey WEBER	FR 2,729 OT	3/2 GLIAC
Kelli BLISSETT	SO 2,390 OT	3/2 GLIAC
McKenna KELLEY	FR 2,303 OT	3/2 GLIAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Queens (N.Y.) — Women

as of 3/10/25 4:24 PM CT

170 60 Meters **37.87**
LW: 170 **average 9.47**

Kierstin GALLOWAY	SO	8.95	2/7 Fastrack Natio
Moisa MONEUS	SO	9.14	2/7 Fastrack Natio
Maria FLORES	JR	9.33	1/10 St. Thomas Aqu
Dymond WILKINSON	SO	10.45	1/10 St. Thomas Aqu

185 200 Meters **2:01.45**
LW: 184 **1** **average 30.36**

Asia KIRKPATRICK	FR	27.65	12/6 Fastrack Metro
Moisa MONEUS	SO	30.43	1/17 Ramapo Season
Maria FLORES	JR	31.51	12/6 Fastrack Metro
Jennifer SALAZAR	JR	31.86	1/17 Ramapo Season

140 400 Meters **4:32.79**
LW: 138 **2** **average 1:08.20**

Fatima MORROBEL	SR	1:04.60	1/17 Ramapo Season
Asia KIRKPATRICK	FR	1:04.79	12/6 Fastrack Metro
Moisa MONEUS	SO	1:10.50	12/6 Fastrack Metro
Jennifer SALAZAR	JR	1:12.90	1/17 Ramapo Season



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Quincy (Ill.) — Women

as of 3/10/25 4:24 PM CT

147	Mile	24:29.84
LW: 146▼1		average 6:07.46
Katie PARK	SO 5:49.16c	(5:52.61f) 2/1 Principia Relays
Ava CERTA	FR 6:07.71c	(6:11.35f) 2/1 Principia Relays
Briana OBERMAIER	JR 6:13.20c	(6:16.89f) 2/8 Dr. Jim Green C
Carlie DAVIS	FR 6:19.77c	(6:23.52f) 2/21 Illinois College I



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Regis (Colo.) — Women

as of 3/10/25 4:24 PM CT

132	800 Meters	10:17.27
LW: 132		average 2:34.32
Melayna BARCLAY	FR 2:17.97c	(2:18.86A) 1/18 Colorado Classi
Caitie SLATTERY	FR 2:23.87c	(2:24.80A) 2/1 CU Invitational
Madilyn GIFFORD	FR 2:40.77c	(2:41.81A) 2/1 CU Invitational
Gaia PRICE	FR 2:54.66c	(2:55.79A) 2/1 CU Invitational



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Roberts Wesleyan — Women

as of 3/10/25 4:24 PM CT

53	Mile	20:49.99
LW: 53		average 5:12.50
81	Kylee ODELL	SR 4:57.04 2/1 John Thomas T
	Rachel HORNER-RICHARDSON	JR 5:15.31 3/2 Boston Universi
	Lydia ROSELUND	SR 5:16.74c (5:19.87f) 1/17 Brockport Frida
	Evelyn SCHMIT	FR 5:20.90 3/2 Boston Universi
84	3000 Meters	43:06.40
LW: 84		average 10:46.60
	Rachel HORNER-RICHARDSON	JR 10:20.51 3/2 Boston Universi
	Paige REESER	FR 10:38.94 2/1 John Thomas T
	Evelyn SCHMIT	FR 10:48.12 2/16 ECC
	Kennedy MITCHELL	FR 11:18.83 12/6 Grand Valley St
2	Pole Vault	16.63m 54-6¾
LW: 2		average 4.16m 13-7¾
1	Brynn KING	SR 4.60m 15-1 2/14 YSU Last Chanc
8	Sarah FERGUSON	SO 4.15m 13-7¼ 2/8 Brockport Multi
19	Melia COUCHMAN	SO 3.95m 12-11½ 12/6 Akron Haynes L
23	Alexandrea ROBERTSON	FR 3.93m 12-10¾ 2/28 Fastrack Last C
84	Shot Put	41.63m 136-7
LW: 84		average 10.41m 34-1¾
	Moriah MILLS	SR 11.52m 37-9½ 2/8 Brockport Multi
	Kaylea WAGNER	FR 10.60m 34-9½ 12/6 Houghton Dece
	Jadyn MULLEN	SO 10.40m 34-1½ 12/13 Susquehanna E
	Ally FLINT	SR 9.11m 29-10¾ 1/30 RIT January Thu
77	Weight Throw	39.14m 128-5
LW: 77		average 9.78m 32-1¼
	Kaylea WAGNER	FR 14.16m 46-5½ 2/16 ECC
	Ally FLINT	SR 10.80m 35-5¼ 1/30 RIT January Thu
	Mikayla MULL	JR 7.37m 24-2¼ 1/30 RIT January Thu
	Sophia VANE	SO 6.81m 22-4¼ 12/6 Houghton Dece



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Rockhurst — Women

as of 3/10/25 4:24 PM CT

149	200 Meters	1:49.44
LW: 148 ▼ 1	average 27.36	
Paige PISTONO	SR 26.99 OT	12/7 Mel Tjeerdsma
Leah HECK	FR 27.39c (27.81f)	2/1 Herm Wilson Inv
Elena HOFFMAN	FR 27.48 OT	12/7 Mel Tjeerdsma
Ar'Janay LANDERS	FR 27.58 OT	12/7 Mel Tjeerdsma
120	400 Meters	4:15.22
LW: 118 ▼ 2	average 1:03.80	
Ellie BECK	FR 1:02.38	1/17 Washburn Rust
Paige PISTONO	SR 1:03.06c (1:03.89f)	2/1 Herm Wilson Inv
Theresa BERGER	FR 1:04.72c (1:05.58f)	2/1 Herm Wilson Inv
Elena HOFFMAN	FR 1:05.06c (1:05.92f)	2/1 Herm Wilson Inv
99	800 Meters	9:54.16
LW: 99	average 2:28.54	
Alexis BORUM	SO 2:23.91c (2:25.57f)	3/2 GLVC
Ellie BECK	FR 2:25.23c (2:26.90f)	2/1 Herm Wilson Inv
Alexis O'MARA	SO 2:32.47c (2:34.22f)	2/1 Herm Wilson Inv
Theresa BERGER	FR 2:32.55	2/15 Ichabod Invitat
117	Mile	22:21.02
LW: 116 ▼ 1	average 5:35.25	
Jillian VAUGHN	SR 5:30.63c (5:33.90f)	2/1 Herm Wilson Inv
Molly MCCLUNG	SO 5:34.02	2/15 Ichabod Invitat
Sarah FARRENS	SO 5:36.42	2/15 Ichabod Invitat
Laney PARMELEY	FR 5:39.95	2/15 Ichabod Invitat
107	3000 Meters	44:49.04
LW: 107	average 11:12.26	
Molly MCCLUNG	SO 11:04.44 (11:10.13f)	2/1 Herm Wilson Inv
Sarah FARRENS	SO 11:11.41	2/15 Ichabod Invitat
Laney PARMELEY	FR 11:15.97	2/15 Ichabod Invitat
Cara SUPER	SR 11:17.22 (11:23.02f)	2/1 Herm Wilson Inv
58	5000 Meters	1:18:01
LW: 57 ▼ 1	average 19:30.30	
Keira NAIDOO	FR 19:19.14	12/7 Mel Tjeerdsma
Laney PARMELEY	FR 19:20.52	12/7 Mel Tjeerdsma
Jillian VAUGHN	SR 19:29.27 (19:38.22f)	2/1 Herm Wilson Inv
Sarah FARRENS	SO 19:52.27 (20:01.40f)	3/2 GLVC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Rogers State — Women

as of 3/10/25 4:24 PM CT

46	800 Meters	9:22.30
LW: 46		average 2:20.57
	Sisely MITCHELL	FR 2:18.32 2/8 Bearcat Invite (
	Savanna WAINSCOTT	FR 2:19.51 3/2 MIAA
	Kenzie GILLIAM	FR 2:21.54 3/2 MIAA
	Kaylee NAY	FR 2:22.93 2/1 Pitt State Invita
33	Mile	20:23.65
LW: 33		average 5:05.91
91	Cadence CORDOVA	JR 4:57.83 3/2 MIAA
	Katie BYRD	SR 5:02.49 3/2 MIAA
	Sisely MITCHELL	FR 5:06.21 3/2 MIAA
	Rayna KUCHARYSKI	SO 5:17.12 1/17 Washburn Rust
30	3000 Meters	40:42.63
LW: 30		average 10:10.66
98	Cadence CORDOVA	JR 9:59.28 3/2 MIAA
	Katie BYRD	SR 10:12.40 3/2 MIAA
	Ashley RIGGENBACH	SR 10:15.06 2/15 Russ Jewett Ind
	Jordan WALLACE	FR 10:15.89 2/15 Russ Jewett Ind
13	5000 Meters	1:10:04
LW: 13		average 17:30.90
55	Jordan WALLACE	FR 17:15.62 12/7 Crimson & Gold
80	Ashley RIGGENBACH	SR 17:27.52 12/7 Crimson & Gold
	Katie BYRD	SR 17:39.99 2/15 Russ Jewett Ind
	Cadence CORDOVA	JR 17:40.48 2/15 Russ Jewett Ind



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Roosevelt (Ill.) — Women

as of 3/10/25 4:24 PM CT

146 60 Meters

33.39

LW: 146

average 8.35

Khaniya HIGGINBOTHAM	SO	8.09	1/24 ONU Invitation
Angela LOUIS	SR	8.10	3/2 GLIAC
Kennilyn ALEXANDER	FR	8.18	12/7 ONU Holiday Inv
Kitana WATSON	JR	9.02	12/7 ONU Holiday Inv

163 200 Meters

1:51.76

LW: 162♥ 1

average 27.94

Angela LOUIS	SR	26.51 OT	3/2 GLIAC
Khaniya HIGGINBOTHAM	SO	26.52c (26.93f)	12/7 ONU Holiday Inv
Kennilyn ALEXANDER	FR	27.75 OT	3/2 GLIAC
Millicent GHAPSON	JR	30.98c (31.47f)	12/7 ONU Holiday Inv

151 800 Meters

10:45.05

LW: 151

average 2:41.26

Destiny ASHCRAFT	SR	2:33.18c (2:34.95f)	12/7 ONU Holiday Inv
Cristin MORENO	FR	2:37.67	3/2 GLIAC
Lisset MUNOZ	SO	2:42.14c (2:44.01f)	12/7 ONU Holiday Inv
Shelsee ISASSI	SO	2:52.06	2/1 Lake Michigan C



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Saginaw Valley State — Women

as of 3/10/25 4:24 PM CT

23	60 Meters	30.91
LW: 23		average 7.73
43	Chaniya MADISON JR 7.55	3/2 GLIAC
	Angelina DELBOSQUE SR 7.76	3/2 GLIAC
	Sophia THELEN SR 7.76	2/1 SVSU Jet's Pizz
	Trinity GREER JR 7.84	1/24 Doug Hansen O

45	60 Meter Hurdles	37.60
LW: 45		average 9.40
64	Olivia CARPENTER SR 8.83	3/2 GLIAC
	Sarah GRAY SO 9.45	2/8 Wildcat, Cardin
	Makayla FUERST SR 9.61	2/15 Tiffin University
	Abby KISSLING FR 9.71	2/21 SVSU Tune-Up

36	200 Meters	1:41.10
LW: 36		average 25.28
	Angelina DELBOSQUE SR 24.82 OT	3/2 GLIAC
	Sophia THELEN SR 24.99 OT	2/8 Wildcat, Cardin
	Trinity GREER JR 25.31 OT	2/1 SVSU Jet's Pizz
	Chaniya MADISON JR 25.98 OT	1/17 Saginaw Valley

49	400 Meters	3:56.23
LW: 49		average 59.06
	Trinity GREER JR 56.76 OT	3/2 GLIAC
	Taylor MOYER JR 58.55 OT	2/21 SVSU Tune-Up
	Mallory FARMER JR 1:00.29	3/2 GLIAC
	Makayla FUERST SR 1:00.63	2/21 SVSU Tune-Up

44	800 Meters	9:21.08
LW: 44		average 2:20.27
67	Jenna PICARD SR 2:14.31	3/2 GLIAC
	Karissa PICARD JR 2:16.70	2/8 Wildcat, Cardin
	Clara KRUPP JR 2:20.25	2/1 SVSU Jet's Pizz
	Kayla MCINTYRE JR 2:29.82	2/21 SVSU Tune-Up

36	Mile	20:26.11
LW: 36		average 5:06.53
43	Karissa PICARD JR 4:52.75	3/2 GLIAC
	Jenna PICARD SR 5:03.80	2/8 Wildcat, Cardin
	Jenna SWEENEY FR 5:13.33	2/8 Wildcat, Cardin
	Tara SZUPER SO 5:16.23	2/8 Wildcat, Cardin

56	3000 Meters	41:57.54
LW: 56		average 10:29.38
	Karissa PICARD JR 10:19.38	2/1 SVSU Jet's Pizz
	Jenna SWEENEY FR 10:23.30	2/1 SVSU Jet's Pizz
	Tara SZUPER SO 10:33.73	2/1 SVSU Jet's Pizz
	Alexis TRACY JR 10:41.13	3/2 GLIAC

25	5000 Meters	1:12:02
LW: 25		average 18:00.62
86	Jenna PICARD SR 17:31.81	12/7 Saginaw Valley
	Karissa PICARD JR 17:43.00	12/7 Saginaw Valley
	Jenna SWEENEY FR 18:20.06	2/14 GVSU Big I
	Tara SZUPER SO 18:27.63	2/14 GVSU Big I

74	Long Jump	20.32m	66-8
LW: 73 ▼ 1		average 5.08m	16-8
	Tori HENSON FR 5.27m	17-3½	1/17 Saginaw Valley
	Makaylah ROBERTS SR 5.15m	16-10¾	2/21 SVSU Tune-Up
	Sarah GRAY SO 4.99m	16-4½	3/2 GLIAC
	Abby KISSLING FR 4.91m	16-1½	2/8 Wildcat, Cardin

68	Shot Put	43.02m	141-2
LW: 68		average 10.76m	35-3½
80	Janae HUDSON FR 13.07m	42-10¾	3/2 GLIAC
	Abby KARST SO 11.30m	37-1	2/8 Wildcat, Cardin
	Sarah GRAY SO 9.36m	30-8½	3/2 GLIAC
	Olivia CARPENTER SR 9.29m	30-5¾	3/2 GLIAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Saint Anselm — Women

as of 3/10/25 4:24 PM CT

85	60 Meters	31.99
LW: 85		average 8.00
Mia CRUZ	SO 7.89	2/23 Northeast-10
Meredith PASQUAROSA	SO 7.90	12/6 Plymouth State
Rebecca CADY	SO 7.95	12/6 Plymouth State
Jennifer BAKER	SO 8.25	2/23 Northeast-10

75	60 Meter Hurdles	39.17
LW: 75		average 9.79
Reese NICOLosi	FR 9.39	2/15 Plymouth State
Petrina OFORI	FR 9.43	2/23 Northeast-10
Lidya BELLANGER	SO 9.95	2/23 Northeast-10
Shaylee OWENS	SO 10.40	12/6 Plymouth State

90	200 Meters	1:44.97
LW: 90		average 26.24
Rebecca CADY	SO 25.38	2/23 Northeast-10
Meredith PASQUAROSA	SO 25.71c (26.11f)	12/6 Plymouth State
Mia CRUZ	SO 26.90	2/1 John Thomas T
Samantha DUCHARME	FR 26.98	1/25 Riverhawk Invit

100	400 Meters	4:06.98
LW: 100		average 1:01.75
Rebecca CADY	SO 57.40	2/23 Northeast-10
Samantha DUCHARME	FR 59.50	1/25 Riverhawk Invit
Jessica BREMBERG	FR 1:02.99c (1:03.82f)	2/15 Plymouth State
Erica KOROWSKI	FR 1:07.09	1/25 Riverhawk Invit

87	800 Meters	9:45.34
LW: 87		average 2:26.34
100 Samantha DUCHARME	FR 2:15.88	3/2 Boston Universi
Ava O'DONNELL	SO 2:21.99	2/23 Northeast-10
Shannon BRESNAHAN	SO 2:28.46	2/15 David Hemery v
Gracie FLYNN	SO 2:39.01c (2:40.84f)	2/15 Plymouth State

92	Mile	21:45.39
LW: 91 ▼ 1		average 5:26.35
Ava O'DONNELL	SO 5:13.16	2/23 Northeast-10
Anyelina MARTINEZ	JR 5:20.63	2/1 Harvard Open
Nora CONWAY	SO 5:34.87c (5:38.18f)	1/18 Reggie Poyau Ir
Shannon BRESNAHAN	SO 5:36.73c (5:40.06f)	12/6 Plymouth State

104	3000 Meters	44:34.58
LW: 104		average 11:08.64
Ava O'DONNELL	SO 10:38.06	1/25 Riverhawk Invit
Nora CONWAY	SO 11:01.82	2/23 Northeast-10
Sophia OLSEN	SO 11:19.07	1/25 Riverhawk Invit
Lauren-Kate GARCEAU	SO 11:35.63 (11:41.59f)	1/18 Reggie Poyau Ir

60	5000 Meters	1:18:28
LW: 59 ▼ 1		average 19:37.02
Nora CONWAY	SO 18:34.95	2/23 Northeast-10
Sophia OLSEN	SO 19:11.63 (19:20.45f)	2/1 Panther Invitat
Abby BERNABEI	SO 20:05.47 (20:14.70f)	2/1 Panther Invitat
Lauren-Kate GARCEAU	SO 20:36.03 (20:45.49f)	2/1 Panther Invitat

56	High Jump	5.98m	19-7½
LW: 56		average 1.50m	4-10¾
Petrina OFORI	FR 1.56m	5-1¼	12/6 Plymouth State
Mia CRUZ	SO 1.51m	4-11½	12/6 Plymouth State
Shaylee OWENS	SO 1.46m	4-9½	12/6 Plymouth State
Lidya BELLANGER	SO 1.45m	4-9	2/1 Harvard Open

95	Long Jump	19.49m	63-11½
LW: 94 ▼ 1		average 4.87m	16-0
Ava HOULE	SO 5.15m	16-10¾	2/23 Northeast-10
Sara HARRIS	SO 4.85m	15-11	2/1 Panther Invitat
Jessica BREMBERG	FR 4.79m	15-8¾	2/15 Plymouth State
Shaylee OWENS	SO 4.70m	15-5	12/6 Plymouth State

35	Triple Jump	40.94m	134-4
LW: 35		average 10.24m	33-7
Ava HOULE	SO 11.20m	36-9	12/6 Plymouth State
Sara HARRIS	SO 10.41m	34-2	2/23 Northeast-10
Jessica BREMBERG	FR 9.98m	32-9	2/1 Harvard Open
Chloe LAWRENCE	SO 9.35m	30-8¾	2/1 Harvard Open

90	Shot Put	40.87m	134-1
LW: 90		average 10.22m	33-6¼
Brianne RETT	SR 11.55m	37-10¾	2/23 Northeast-10
Sophia MORIN	SO 11.14m	36-6¾	2/1 Harvard Open
Marissa ABBIS	FR 9.16m	30-¾	2/15 Plymouth State
Shaylee OWENS	SO 9.02m	29-7¼	1/18 Reggie Poyau Ir



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Saint Martin's — Women

as of 3/10/25 4:24 PM CT

143	Mile	23:47.78
LW: 142▼1		average 5:56.94
Kya RAMIREZ	SR 5:38.37	1/17 Washington Ina
Charis DEITEMEYER	FR 5:57.52	1/17 Washington Ina
Mira JAYARAMA	FR 6:00.49	1/17 Washington Ina
Taylor AMES	FR 6:11.40	2/18 GNAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Savannah State — Women

as of 3/10/25 4:24 PM CT

112 60 Meters **32.58**
LW: 112 *average 8.14*

Macada MCDONALD	FR	8.02	2/21 SIAC Indoor Chc
Victoria TAYLOR	FR	8.02	2/14 Bulldog Invitati
Aneya KIGHT	FR	8.14	2/14 Bulldog Invitati
Nasiya THOMAS	FR	8.40	2/7 Celebration Poi

155 200 Meters **1:50.58**
LW: 154 1 *average 27.64*

Victoria TAYLOR	FR	27.00	2/14 Bulldog Invitati
Aneya KIGHT	FR	27.42	2/14 Bulldog Invitati
Nasiya THOMAS	FR	28.02	2/21 SIAC Indoor Chc
Samyah BERRY	FR	28.14	2/21 SIAC Indoor Chc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Seattle Pacific — Women

as of 3/10/25 4:24 PM CT

138	60 Meters	33.16
LW: 138		average 8.29
	Jada SARRYS	FR 7.96 1/17 Washington Ina
	Sarah BAILEY	FR 8.15 12/14 Spokane Invitat
	Sophie HANAY	FR 8.34 1/17 Washington Ina
	Maliyah HICKS	JR 8.71 12/14 Spokane Invitat
61	60 Meter Hurdles	38.35
LW: 61		average 9.59
23	Hannah CHANG	JR 8.55 12/14 Spokane Invitat
	Tia CATES	FR 9.78 2/18 GNAC
	Sophie MOCK	SO 9.83 2/1 Washington Inv
	Linnea NAONE	FR 10.19 12/14 Spokane Invitat
85	200 Meters	1:44.81
LW: 85		average 26.20
	Jada SARRYS	FR 25.96 12/14 Spokane Invitat
	Johanna BROWN	SR 26.12 12/14 Spokane Invitat
	Hannah CHANG	JR 26.21 12/14 Spokane Invitat
	Evangeline ROWLAND	FR 26.52 12/14 Spokane Invitat
37	Mile	20:26.96
LW: 37		average 5:06.74
35	Annika ESVELT	SR 4:51.18 2/18 GNAC
	Maya EWING	JR 5:06.40 2/1 Washington Inv
	Madelyn BUCKLEY	SR 5:12.30 1/17 Washington Ina
	Alexa GOSSETT	FR 5:17.08 2/18 GNAC
34	3000 Meters	41:01.14
LW: 34		average 10:15.28
9	Annika ESVELT	SR 9:24.80 2/1 Washington Inv
	Maya EWING	JR 10:08.48 1/17 Washington Ina
	Anna PRUSSIAN	SO 10:26.41 2/18 GNAC
	Matise MULCH	JR 11:01.45 2/18 GNAC
14	5000 Meters	1:10:27
LW: 14		average 17:36.79
4	Annika ESVELT	SR 16:09.93 12/7 BU Opener
77	Maya EWING	JR 17:24.40 2/18 GNAC
	Anna PRUSSIAN	SO 18:19.29 2/18 GNAC
	Matise MULCH	JR 18:33.53 12/14 Spokane Invitat
80	Long Jump	20.05m 65-9½
LW: 79 ▼ 1		average 5.01m 16-5½
	Tia CATES	FR 5.19m 17-½ 2/18 GNAC
	Sophie HANAY	FR 5.03m 16-6 2/1 Washington Inv
	Hannah CHANG	JR 4.96m 16-3¼ 12/14 Spokane Invitat
	Maliyah HICKS	JR 4.87m 15-11¾ 2/1 Washington Inv



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Seton Hill — Women

as of 3/10/25 4:24 PM CT

131	60 Meters	32.94		
LW: 131		average 8.24		
	Koschinya JEFFERSON	SR 8.08	12/6	Youngstown Sta
	Nemani MOON	FR 8.08	2/22	Ashland Last Cf
	Ayiana MARTIN	SO 8.39	1/25	Muskie Meet #2
	Artemis CONABOY	FR 8.39	2/22	Ashland Last Cf
109	200 Meters	1:45.73		
LW: 109		average 26.43		
	Nemani MOON	FR 25.97 OT	2/15	GVSU Big II
	Haley BRENNY	SR 26.10 OT	2/22	Ashland Last Cf
	Layla ROBERTSON	JR 26.57 OT	2/22	Ashland Last Cf
	Ayiana MARTIN	SO 27.09 OT	2/1	YSU Mid Major I
44	400 Meters	3:55.02		
LW: 44		average 58.76		
	Nemani MOON	FR 57.60c (58.36f)	3/2	PSAC
	Haley BRENNY	SR 57.79 OT	12/6	Youngstown Sta
	Layla ROBERTSON	JR 59.29c (1:00.07f)	3/2	PSAC
	Carly YANEK	SO 1:00.34c (1:01.14f)	3/2	PSAC
116	800 Meters	10:04.16		
LW: 116		average 2:31.04		
	Kate PIPILO	SR 2:21.73c (2:23.36f)	1/25	Muskie Meet #2
	Jordan FAIRMAN	SR 2:28.91c (2:30.62f)	2/8	Bob Shannon Ir
	Jada FREEMAN	JR 2:31.25	2/22	Ashland Last Cf
	Allison O'BRIEN	SO 2:42.27c (2:44.14f)	2/8	Bob Shannon Ir
126	Mile	22:49.45		
LW: 125♥ 1		average 5:42.36		
	Kate PIPILO	SR 5:05.69c (5:08.71f)	3/2	PSAC
	Marissa MANKO	SO 5:49.48	2/1	YSU Mid Major I
	Jada FREEMAN	JR 5:52.66c (5:56.15f)	2/8	Bob Shannon Ir
	Katelyn STRAVINSKY	FR 6:01.62	2/22	Ashland Last Cf
73	Shot Put	42.66m	140-0	
LW: 73		average 10.66m	35-0	
	Koschinya JEFFERSON	SR 11.58m	38-0	12/6 Youngstown Sta
	Rebekah DANISZEWSKI	SR 10.88m	35-8½	2/8 Bob Shannon Ir
	Sarah GILLIAM	SR 10.73m	35-2½	12/6 Youngstown Sta
	Maddie ROBERTS	SR 9.47m	31-1	1/25 Muskie Meet #2



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Shaw — Women

as of 3/10/25 4:24 PM CT

159 60 Meters **33.93**
LW: 159 *average 8.48*

Isis COVINGTON	SO	8.25	2/7	Camel City Invit
Kimmley JOHNSON	JR	8.43	1/18	Mondo College
Lisandra CONFIDENTE	FR	8.60	2/7	Camel City Invit
Reginae BASTIAN	FR	8.65	2/7	Camel City Invit

151 200 Meters **1:49.70**
LW: 150 **1** *average 27.42*

Shaneil JOHNSON	SO	26.33c	(26.74f)	2/7	Camel City Invit
Kimmley JOHNSON	JR	26.69c	(27.10f)	2/7	Camel City Invit
Isis COVINGTON	SO	27.24c	(27.66f)	2/7	Camel City Invit
Eva BAANA	FR	29.44c	(29.89f)	2/7	Camel City Invit



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Shippensburg — Women

as of 3/10/25 4:24 PM CT

99	60 Meters	32.25	
LW: 99		average 8.06	
	Aliyah SERRANO	SR 7.83	1/18 Alvernia Winter
	Melanie BARGER	JR 7.98	12/7 Bison Opener
	Addalyn BROWER	SO 8.03	2/21 Bucknell Tune-l
	Abigail URBAN	FR 8.41	2/21 Bucknell Tune-l

23	60 Meter Hurdles	36.59	
LW: 23		average 9.15	
	64 Sasha LEE	SR 8.83	3/2 PSAC
	100 Madison MALCOLM	SO 8.97	3/2 PSAC
	Nicola PUGGE	SR 9.37	3/2 PSAC
	Camryn PYLE	FR 9.42	3/2 PSAC

79	200 Meters	1:44.49	
LW: 79		average 26.12	
	Aliyah SERRANO	SR 25.61c (26.00f)	2/1 Bison Open & M
	Emily CALAMIA	JR 26.07c (26.47f)	12/7 Bison Opener
	Alyssa WERT	JR 26.15c (26.55f)	12/7 Bison Opener
	Addalyn BROWER	SO 26.66c (27.07f)	2/21 Bucknell Tune-l

53	400 Meters	3:56.56	
LW: 53		average 59.14	
	Alyssa WERT	JR 57.65c (58.41f)	3/2 PSAC
	Emily CALAMIA	JR 58.07c (58.84f)	3/2 PSAC
	Madison MALCOLM	SO 1:00.40c (1:01.20f)	2/1 Bison Open & M
	Melanie BARGER	JR 1:00.44c (1:01.24f)	1/18 Alvernia Winter

123	800 Meters	10:09.29	
LW: 123		average 2:32.32	
	Faith WILSON	JR 2:29.08c (2:30.80f)	1/25 Gulden Invitatic
	Grace NESKO	FR 2:31.58c (2:33.32f)	1/18 Alvernia Winter
	Lilah DRAGER	SO 2:34.11c (2:35.88f)	2/21 Bucknell Tune-l
	Alexa KAPSCHULL	FR 2:34.52c (2:36.30f)	12/7 Bison Opener

85	Mile	21:33.80	
LW: 84 ▼ 1		average 5:23.45	
	Kelsey HULL	JR 5:08.48c (5:11.53f)	1/25 Gulden Invitatic
	Faith WILSON	JR 5:25.07c (5:28.28f)	2/1 Bison Open & M
	Shaela KRUSKIE	FR 5:27.90c (5:31.14f)	1/18 Alvernia Winter
	Grace NESKO	FR 5:32.35c (5:35.64f)	1/18 Alvernia Winter

71	3000 Meters	42:38.80	
LW: 71		average 10:39.70	
	Victoria MATTIOLI	SR 10:25.03 (10:30.38f)	2/1 Bison Open & M
	Kelsey HULL	JR 10:32.41 (10:37.83f)	1/18 Alvernia Winter
	Shaela KRUSKIE	FR 10:48.36 (10:53.91f)	1/25 Gulden Invitatic
	Morgan HESS	JR 10:53.00 (10:58.59f)	2/21 Bucknell Tune-l

11	High Jump	6.48m	21-3
LW: 11		average 1.62m	5-3¾
	52 Ashley LAUKUS	SO 1.67m	5-5¾ 3/2 PSAC
	60 Ally RICHWINE	JR 1.66m	5-5¼ 2/15 Darius Dixon Me
	Elliot OLIPHANT	SO 1.61m	5-3¼ 1/18 Alvernia Winter
	Nicola PUGGE	SR 1.54m	5-½ 3/2 PSAC

12	Long Jump	22.27m	73-¾
LW: 12		average 5.57m	18-3¼
	37 Sasha LEE	SR 5.80m	19-½ 3/1 PSAC
	43 Zariyah WHIGHAM	FR 5.77m	18-11¼ 2/14 Darius Dixon Me
	Kaitlin CALVELLO	FR 5.37m	17-7½ 2/7 River Hawk Fria
	Nicola PUGGE	SR 5.33m	17-6 3/2 PSAC

9	Triple Jump	45.12m	148-1
LW: 9		average 11.28m	37-¼
	35 Sasha LEE	SR 11.92m	39-1¼ 3/2 PSAC
	61 Zariyah WHIGHAM	FR 11.63m	38-2 3/2 PSAC
	Anne GARDNER	FR 11.22m	36-9¾ 3/2 PSAC
	Ellie MANYARA	FR 10.35m	33-11½ 2/21 Bucknell Tune-l

25	Shot Put	48.81m	160-2
LW: 25		average 12.20m	40-½
	ShanAnn SIMMONS	SR 12.65m	41-6 3/2 PSAC
	Makalya DECKER	JR 12.29m	40-4 2/1 Bison Open & M
	Kyra LOVE	SO 12.22m	40-1¼ 12/7 Bison Opener
	Caroline MERCER	FR 11.65m	38-2¾ 2/21 Bucknell Tune-l

46	Weight Throw	55.44m	181-11
LW: 46		average 13.86m	45-5¾
	Lauren BELLOWS	JR 15.65m	51-4¼ 2/7 River Hawk Fria
	ShanAnn SIMMONS	SR 14.06m	46-1½ 2/1 Bison Open & M
	Makalya DECKER	JR 12.95m	42-6 2/7 River Hawk Fria
	Caroline MERCER	FR 12.78m	41-11¼ 2/21 Bucknell Tune-l



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Shorter — Women

as of 3/10/25 4:24 PM CT

44	60 Meters	31.31
LW: 44		average 7.83
	Madison ROSE	SR 7.73 2/24 Conference Car
	Tracey YELEGOIYEE	FR 7.78 2/24 Conference Car
	Trinity GEGORY	JR 7.86 2/24 Conference Car
	Savannah WELCH	FR 7.94 2/16 Samford Bulldo
69	200 Meters	1:43.62
LW: 69		average 25.90
	Savannah WELCH	FR 25.35 2/16 Samford Bulldo
	Kilaya LUCIEN	SO 25.96 2/7 Celebration Poi
	Treneice GRIMES	SR 26.04c (26.44f) 2/24 Conference Car
	Madison ROSE	SR 26.27 2/16 Samford Bulldo



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Simon Fraser — Women

as of 3/10/25 4:24 PM CT

21	60 Meters	30.87		
LW: 21		average 7.72		
4	Marie-Eloise LECLAIR	SR 7.35	2/18	GNAC
39	Emma CANNAN	JR 7.53c (7.51A)	2/8	Wolf Pack Class
42	Jaeland CUMMINGS	JR 7.54	2/18	GNAC
	Serena KENNEDY-HAILU	SO 8.45	2/18	GNAC
7	200 Meters	1:37.79		
LW: 7		average 24.45		
2	Marie-Eloise LECLAIR	SR 23.61	2/1	John Thomas T
6	Emma CANNAN	JR 23.77	2/18	GNAC
	Jaeland CUMMINGS	JR 24.83c (24.76A)	2/8	Wolf Pack Class
	Kerlinda CHATWIN	SO 25.58	2/1	John Thomas T
20	800 Meters	9:05.43		
LW: 20		average 2:16.36		
70	Selin TASDEMIR	JR 2:14.40	2/1	Harvard Invitat
81	Elizabeth VANDERPUT	SR 2:15.00	1/17	Washington Ina
	Rachael WATKINS	JR 2:17.64	2/1	Harvard Invitat
	Stephanie MILLAR	SO 2:18.39	2/1	John Thomas T
22	Mile	20:08.86		
LW: 22		average 5:02.22		
35	Rachael WATKINS	JR 4:51.18	2/1	John Thomas T
67	Selin TASDEMIR	JR 4:55.38	2/1	John Thomas T
	Charlotte PRANGLEY	SR 5:09.47	2/1	John Thomas T
	Alicia RANAHAH	SR 5:12.83	2/1	Washington Inv
23	3000 Meters	40:30.60		
LW: 23		average 10:07.65		
33	Rachael WATKINS	JR 9:39.33c (9:51.56A)	2/8	Wolf Pack Class
59	Selin TASDEMIR	JR 9:50.55	1/17	Washington Ina
	Milena KALISCH	SR 10:23.42	1/17	Washington Ina
	Ella MARION	SR 10:37.30	2/18	GNAC
77	Long Jump	20.13m	66-1/2	
LW: 76 ▼ 1		average 5.03m	16-6 1/4	
	Jasleen NAGRA	FR 5.41m	17-9	2/1 Harvard Invitat
	Kerlinda CHATWIN	SO 5.35mA	17-6 3/4	2/8 Wolf Pack Class
	Dominique RONSE	SR 4.73m	15-6 1/4	2/18 GNAC
	Serena KENNEDY-HAILU	SO 4.64m	15-2 3/4	2/18 GNAC
24	Triple Jump	43.06m	141-3	
LW: 24		average 10.76m	35-4	
53	Olivia WINDBIEL	JR 11.73m	38-6	2/15 Husky Cl
	Kerlinda CHATWIN	SO 11.27m	36-11 3/4	1/17 Washington Ina
	Jasleen NAGRA	FR 10.55m	34-7 1/2	2/1 John Thomas T
	Madison PAUGH	SR 9.51m	31-2 1/2	2/1 Washington Inv



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Sioux Falls — Women

as of 3/10/25 4:24 PM CT

32	60 Meters	31.17
LW: 32		average 7.79
15	Tamia HORTON JR	7.42 3/1 NSIC
	Paige HAACK SO	7.79 3/1 NSIC
	Kendall ANDERSON JR	7.90 2/14 Maverick Premi
	Emily SWANSON SR	8.06 2/21 SDSU Last Char

16	60 Meter Hurdles	36.08
LW: 16		average 9.02
37	Emily SWANSON SR	8.65 2/21 SDSU Last Char
43	Kendall ANDERSON JR	8.69 2/21 SDSU Last Char
	Piper HANSON FR	9.36 12/7 SDSU Holiday
	Madison HOCHSTETTER FR	9.38 3/1 NSIC

111	200 Meters	1:45.82
LW: 111		average 26.46
	Kendall ANDERSON JR	25.87 OT 2/21 SDSU Last Char
	Paige HAACK SO	26.31 OT 2/21 SDSU Last Char
	Emily SWANSON SR	26.65c (27.06f) 1/11 Mount Marty Op
	Piper HANSON FR	26.99c (27.41f) 1/11 Mount Marty Op

86	400 Meters	4:03.78
LW: 86		average 1:00.95
	Mackenzie EVERSON SO	1:00.23 1/25 Emmerich Inv
	Tierney FAULK SO	1:00.79 2/21 SDSU Last Char
	Paige HAACK SO	1:01.18c (1:01.99f) 2/14 Maverick Premi
	Piper HANSON FR	1:01.58 2/21 SDSU Last Char

41	800 Meters	9:18.99
LW: 41		average 2:19.75
	Khot JUAC SR	2:16.24c (2:17.81f) 3/1 NSIC
	Morgan GEHL SR	2:16.57c (2:18.14f) 2/1 Mark Schuck Op
	Emily SWANSON SR	2:21.84c (2:23.48f) 3/1 NSIC
	Faith RUSTAD JR	2:24.34c (2:26.00f) 1/18 South Dakota A

29	Mile	20:20.73
LW: 29		average 5:05.18
63	Morgan GEHL SR	4:55.17c (4:58.09f) 3/1 NSIC
	Khot JUAC SR	5:00.12c (5:03.09f) 3/1 NSIC
	Maddie SWANSON JR	5:02.09c (5:05.08f) 3/1 NSIC
	Mallory SALAZAR JR	5:23.35 1/25 Emmerich Inv

66	3000 Meters	42:24.04
LW: 66		average 10:36.01
	Maddie SWANSON JR	10:10.93 (10:16.17f) 3/1 NSIC
	Mallory SALAZAR JR	10:30.00 (10:35.41f) 3/1 NSIC
	Josephine BOYD SR	10:50.14 2/21 SDSU Last Char
	Ella KOLB SR	10:52.97 1/25 Emmerich Inv

5	High Jump		6.69m	21-11¼
LW: 5			average 1.67m	5-5¾
20	Emily SWANSON	SR	1.71m	5-7¼ 3/1 NSIC
33	Abbi WEBB	SR	1.69m	5-6½ 2/7 Ted Nelson Clas
66	Madison HOCHSTETTER	FR	1.65m	5-5 1/25 Emmerich Inv
83	Erika IMDIEKE	FR	1.64m	5-4½ 2/14 Maverick Premi

11	Pole Vault		14.34m	47-½
LW: 11			average 3.58m	11-9
30	McKenna COMSTOCK	SR	3.86m	12-8 2/21 SDSU Last Char
61	Peyton HANSON	SO	3.64m	11-11¼ 3/1 NSIC
88	Lyndi KOOSMAN	FR	3.50m	11-5¾ 1/25 Emmerich Inv
	Greta SNAZA	SR	3.34m	10-11½ 1/18 South Dakota A

30	Long Jump		21.71m	71-2¾
LW: 30			average 5.43m	17-9¾
	Abbi WEBB	SR	5.57m	18-3¾ 2/14 Maverick Premi
	Emily SWANSON	SR	5.55m	18-2½ 3/1 NSIC
	Kendra KING	FR	5.34m	17-6¾ 2/14 Maverick Premi
	Ella STEUSSY	SO	5.25m	17-2¾ 2/1 Mark Schuck Op

14	Triple Jump		44.35m	145-6
LW: 14			average 11.09m	36-4½
90	Ella STEUSSY	SO	11.38m	37-4 2/14 Maverick Premi
	Kendra KING	FR	11.14m	36-6¾ 2/1 Mark Schuck Op
	Kendra HALL	FR	11.05m	36-3 3/1 NSIC
	Lyndi KOOSMAN	FR	10.78m	35-4½ 1/25 Emmerich Inv

6	Shot Put		53.73m	176-4
LW: 6			average 13.43m	44-1
30	Kayla VANOSDEL	SR	13.78m	45-2½ 2/14 Maverick Premi
42	Nicole FLYNN	SR	13.56m	44-6 3/1 NSIC
55	Delanie VANDRIEL	JR	13.35m	43-9¾ 1/25 Emmerich Inv
82	Kamry LINDSEY	SR	13.04m	42-9½ 1/11 Mount Marty Op

7	Weight Throw		69.43m	227-10
LW: 7			average 17.36m	56-11½
15	Kamry LINDSEY	SR	18.83m	61-9½ 2/21 SDSU Last Char
29	Olivia BAUMBERGER	SR	17.67m	57-11¾ 2/8 Wayne State (N
51	Nicole FLYNN	SR	17.10m	56-1¼ 3/1 NSIC
	Delanie VANDRIEL	JR	15.83m	51-11¼ 2/21 SDSU Last Char



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Slippery Rock — Women

as of 3/10/25 4:24 PM CT

36	60 Meters	31.21
LW: 36		average 7.80
31	Samantha GILBERT	SR 7.50 3/2 PSAC
	Regan JOHNSON	SR 7.77 3/2 PSAC
	Jianna LONG	FR 7.94 2/8 Jud Logan Ligh
	Layne MILLER	JR 8.00 2/21 Mount Union La

58	60 Meter Hurdles	38.01
LW: 58		average 9.50
	Chaley YOUNKIN	SR 9.05 3/2 PSAC
	Madelyn MILLER	JR 9.47 3/2 PSAC
	Erin SCHAEFFER	FR 9.72 2/8 Jud Logan Ligh
	Evabella COX	FR 9.77 12/6 Youngstown Stc

41	200 Meters	1:41.40
LW: 41		average 25.35
51	Samantha GILBERT	SR 24.46c (24.84f) 3/2 PSAC
	Regan JOHNSON	SR 25.34c (25.73f) 3/2 PSAC
	Jianna LONG	FR 25.66 OT 2/15 SPIRE Collegiat
	Lydia REED	SO 25.94 OT 2/8 Jud Logan Ligh

52	400 Meters	3:56.52
LW: 52		average 59.13
94	Jianna LONG	FR 56.60 OT 2/8 Jud Logan Ligh
	Lydia REED	SO 59.03 OT 2/8 Jud Logan Ligh
	Annasophia STAUFFER	SO 1:00.09 2/15 SPIRE Collegiat
	Shannon MCCULLOUGH	SO 1:00.80 12/6 Youngstown Stc

84	800 Meters	9:44.26
LW: 84		average 2:26.06
	Jennifer CICHRA	JR 2:21.68c (2:23.31f) 2/1 Mount Union W
	Tatiana HOLT	FR 2:23.18c (2:24.83f) 2/21 Mount Union La
	Maddie GRILLO	SR 2:29.49c (2:31.21f) 2/21 Mount Union La
	Lydia VALERIANO	JR 2:29.91c (2:31.63f) 2/21 Mount Union La

39	Mile	20:29.37
LW: 39		average 5:07.34
61	Anna IGIMS	SR 4:55.10 2/8 Jud Logan Ligh
	Ruthie HUGHES	JR 5:05.66c (5:08.68f) 3/2 PSAC
	Jennifer CICHRA	JR 5:12.37 1/25 Ashland Invitati
	Maddie GRILLO	SR 5:16.24c (5:19.37f) 3/2 PSAC

40	3000 Meters	41:14.73
LW: 40		average 10:18.68
63	Anna IGIMS	SR 9:52.72 2/8 Jud Logan Ligh
	Ruthie HUGHES	JR 10:06.86 1/25 Ashland Invitati
	Jennifer CICHRA	JR 10:34.60 2/15 SPIRE Collegiat
	Morgan DENNISON	SR 10:40.55 (10:46.04f) 2/21 Mount Union La

18	5000 Meters	1:10:60
LW: 18		average 17:44.91
15	Anna IGIMS	SR 16:36.79 2/14 GVSU Big I
62	Ruthie HUGHES	JR 17:19.00 2/14 GVSU Big I
	Morgan DENNISON	SR 18:27.42 (18:35.90f) 3/2 PSAC
	Jennifer CICHRA	JR 18:36.44 (18:44.99f) 2/1 Mount Union W

20	High Jump	6.38m 20-11¼
LW: 20		average 1.60m 5-2¾
52	Paige GRIFFITH	JR 1.67m 5-5¾ 2/1 Mount Union W
97	Cassidy DAVIS	SO 1.62m 5-3¾ 3/2 PSAC
	Sophia YARD	FR 1.58m 5-2¼ 2/1 Mount Union W
	Madelyn MILLER	JR 1.51m 4-11½ 3/2 PSAC

15	Pole Vault	14.01m 45-11½
LW: 15		average 3.50m 11-5¾
60	Allison TAYLOR	JR 3.65m 11-11¾ 3/2 PSAC
88	Grace PARRETT	SR 3.50m 11-5¾ 3/2 PSAC
96	Addison LYLES	FR 3.47m 11-4½ 2/21 Mount Union La
	Hanna ZEILER	SR 3.39m 11-1½ 2/1 Mount Union W

22	Long Jump	21.97m 72-1
LW: 22		average 5.49m 18-¼
78	Samantha GILBERT	SR 5.65m 18-6½ 1/25 Ashland Invitati
82	Baylee BLAUSER	JR 5.64m 18-6 2/8 Jud Logan Ligh
	Aleksandra BROZESKI	SR 5.46m 17-11 3/2 PSAC
	Autumn WYATT	JR 5.22m 17-1½ 3/2 PSAC

5	Triple Jump	45.61m 149-8
LW: 5		average 11.40m 37-5
65	Aleksandra BROZESKI	SR 11.57m 37-11½ 3/2 PSAC
73	Baylee BLAUSER	JR 11.52m 37-9½ 3/2 PSAC
85	Alice BOGIA	JR 11.41m 37-5¼ 12/6 Youngstown Stc
	Rylee LONG	SO 11.11m 36-5½ 2/15 SPIRE Collegiat

7	Shot Put	53.03m 174-0
LW: 7		average 13.26m 43-6
29	Savannah SCHNECK	SO 13.82m 45-4¼ 3/2 PSAC
32	Rebecca MARTIN	JR 13.72m 45-¼ 12/6 Youngstown Stc
44	Olivia HECKMAN	JR 13.51m 44-4 2/21 Mount Union La
	Autumn STEWART	SO 11.98m 39-3¾ 3/2 PSAC

14	Pentathlon	10,913
LW: 14		average 2,728
	Madelyn MILLER	JR 2,999 3/2 PSAC
	Autumn WYATT	JR 2,867 3/2 PSAC
	Leighanne SWAN	SO 2,727 OT 2/8 Jud Logan Ligh
	Kate WALASAVAGE	JR 2,320 3/2 PSAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Sonoma State — Women

as of 3/10/25 4:24 PM CT

121 200 Meters **1:46.81**
LW: 121 **average 26.70**

Katie SHELDON	SR	25.88c	(25.81A)	12/7	Silver State Invi
Mia CECILIO	JR	26.29c	(26.22A)	1/11	Silver & Blue Im
Sydney LOPES	SR	26.77		1/17	NYC Gotham Cu
Aniaya BISHOP	SO	27.87c	(27.80A)	12/7	Silver State Invi

14 High Jump **6.45m** **21-2**
LW: 14 **average 1.61m** **5-3½**

23 Jazmine SEVERO	SO	1.70m	5-7	1/17	NYC Gotham Cu
23 Amber WALKER	FR	1.70mA	5-7	12/7	Silver State Invi
Kathryn RUST	JR	1.55mA	5-1	12/7	Silver State Invi
Katie SNEDDEN	FR	1.50m	4-11	1/18	Moravian Collec

28 Shot Put **48.10m** **157-10**
LW: 28 **average 12.02m** **39-5½**

85 Ariyah FORD	JR	13.00m	42-8	1/18	Moravian Collec
Halle MCDANIELS	JR	12.67mA	41-7	12/7	Silver State Invi
Tesa LIUFAU	FR	11.24mA	36-10½	12/7	Silver State Invi
Chole TRAXLER	SO	11.19mA	36-8½	12/7	Silver State Invi

29 Weight Throw **57.88m** **189-11**
LW: 29 **average 14.47m** **47-5¾**

69 Halle MCDANIELS	JR	16.74mA	54-11¼	1/11	Silver & Blue Im
Ariyah FORD	JR	15.20mA	49-10½	1/11	Silver & Blue Im
Kyra TOGNI	JR	13.34mA	43-9¼	12/7	Silver State Invi
Itzel BARRIOS		12.60mA	41-4¼	12/7	Silver State Invi



#EventSquad Rankings — 2025 Checkpoint #7, March 11

South Dakota Mines — Women

as of 3/10/25 4:24 PM CT

97	800 Meters	9:52.22	
LW: 96 ▼ 1		average 2:28.06	
	Abbie SALINE	SR 2:19.47	2/1 SDSU D2/NAIA C
	Addison SMETANA	FR 2:27.58c (2:30.45uA)	2/22 Eagle Last Char
	Katie MAGNI	SR 2:31.82	2/15 SDSU Indoor Cl
	Madalyn MCQUISTAN	JR 2:33.35c (2:35.63fA)	1/25 Myrle Hanson Y
89	Mile	21:39.68	
LW: 87 ▼ 2		average 5:24.92	
	Allyson HEIDEN	SR 5:15.49c (5:23.47uA)	2/22 Eagle Last Char
	Laine MANNES	JR 5:24.26	2/15 SDSU Indoor Cl
	Clare FISCHER	JR 5:29.04c (5:32.29f)	1/25 U-Mary Winter C
	Addison SMETANA	FR 5:30.89c (5:34.16f)	1/25 U-Mary Winter C
91	3000 Meters	43:31.54	
LW: 91		average 10:52.88	
	Allyson HEIDEN	SR 10:28.97	2/1 SDSU D2/NAIA C
	Clare FISCHER	JR 10:32.21	2/1 SDSU D2/NAIA C
	Addison SMETANA	FR 10:56.32	2/1 SDSU D2/NAIA C
	Laine MANNES	JR 11:34.04	2/1 SDSU D2/NAIA C
57	5000 Meters	1:17:33	
LW: 56 ▼ 1		average 19:23.22	
	Allyson HEIDEN	SR 17:54.38	2/15 SDSU Indoor Cl
	Clare FISCHER	JR 18:18.63	2/15 SDSU Indoor Cl
	Alana HOWARD	JR 19:45.17	2/15 SDSU Indoor Cl
	Alyssa BLAKE	SR 21:34.70	2/15 SDSU Indoor Cl
100	Long Jump	19.33m	63-5
LW: 99 ▼ 1		average 4.83m	15-10¼
	Emily NOVAK	FR 5.20mA	17-¾ 3/1 RMAC
	Emily HUBMER	FR 5.09mA	16-8½ 2/22 Eagle Last Char
	Abby KRUMPUS	SR 4.60m	15-1¼ 12/14 Northern State
	Tatum HANSON	JR 4.44m	14-6¾ 12/14 Northern State
81	Shot Put	42.09m	138-1
LW: 81		average 10.52m	34-6¼
	64 Adisyn SCHENCK	JR 13.23mA	43-5 3/1 RMAC
	Josie BYRNE	SO 10.32m	33-10¼ 2/1 SDSU D2/NAIA C
	Victoria VERHEY	FR 9.40m	30-10¼ 1/25 U-Mary Winter C
	Emily NOVAK	FR 9.14mA	30-0 2/22 Eagle Last Char



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Southeastern Oklahoma State — Women

as of 3/10/25 4:24 PM CT

87	60 Meters	32.03
LW: 87		average 8.01
	Je'Mela HARRIS	FR 7.91 12/7 Washburn Alum.
	Jaiden LEIGHTON	JR 7.97 12/7 Washburn Alum.
	Andria WILLIAMS	FR 8.05 12/7 Washburn Alum.
	Camaella ACHUO	FR 8.10 12/7 Washburn Alum.

59	60 Meter Hurdles	38.22
LW: 59		average 9.56
	Jayda WILLIAMS	SO 9.14 12/7 Washburn Alum.
	Keyana BREWER	FR 9.32 2/15 Russ Jewett Ind
	Jada JOHNSON	SO 9.42 12/7 Washburn Alum.
	Kelsey SAWYER	FR 10.34 1/17 Owen Hewett Ir

67	200 Meters	1:43.33
LW: 67		average 25.83
	Madison ROWE	JR 25.28 12/7 Washburn Alum.
	Ashton CARTER	SO 25.70 12/7 Washburn Alum.
	Jaiden LEIGHTON	JR 26.15 OT 1/24 Rumble in the J
	Andria WILLIAMS	FR 26.20 OT 2/15 Russ Jewett Ind

62	400 Meters	3:58.68
LW: 62		average 59.67
	Madison ROWE	JR 58.09 OT 2/15 Russ Jewett Ind
	Andria WILLIAMS	FR 1:00.03 2/8 FasTrak Collegi
	Tailyn HIGGINBOTHAM	FR 1:00.16 2/15 Russ Jewett Ind
	Kaitlyn CEDILLO	SR 1:00.40 1/24 Rumble in the J

68	800 Meters	9:30.99
LW: 68		average 2:22.75
	Katlen CLEM	JR 2:20.84 2/15 Russ Jewett Ind
	Madison ROWE	JR 2:21.43c (2:23.06f) 1/31 J.D. Martin Invit
	Alexis LONGORIA	SR 2:22.88 2/15 Russ Jewett Ind
	Tailyn HIGGINBOTHAM	FR 2:25.84 2/8 FasTrak Collegi

97	Mile	21:50.11
LW: 96 ▼ 1		average 5:27.53
	Alexis LONGORIA	SR 5:23.61 2/15 Russ Jewett Ind
	Ashlen CLEM	JR 5:25.54 2/8 FasTrak Collegi
	Katlen CLEM	JR 5:25.68 1/24 Rumble in the J
	Rayla CASTILLO	FR 5:35.28 1/24 Rumble in the J

117	3000 Meters	45:55.41
LW: 117		average 11:28.85
	Anjelika ABRAHAM	JR 11:14.59 2/15 Russ Jewett Ind
	Devyn DOAKES	JR 11:24.96 (11:30.83f) 1/31 J.D. Martin Invit
	Kiley KEENE	SO 11:29.99 (11:35.90f) 1/31 J.D. Martin Invit
	Sarah COBLENTZ	JR 11:45.87 (11:51.92f) 1/31 J.D. Martin Invit

68	High Jump		5.70m	18-8¼
LW: 68			average 1.42m	4-8
	Mildred MEDINA	FR 1.51m	4-11½	1/31 J.D. Martin Invit
	Aniyah BLEDSOE	FR 1.43m	4-8¼	1/24 Rumble in the J
	Jada JOHNSON	SO 1.41m	4-7½	1/17 Owen Hewett Ir
	Caliyah GRAHAM	FR 1.35m	4-5	1/31 J.D. Martin Invit

103	Long Jump	19.30m	63-4
LW: 102 ▼ 1		average 4.82m	15-10
Jayla MARKS	FR 5.03m	16-6	1/31 J.D. Martin Invit
Je'Mela HARRIS	FR 4.91m	16-1½	12/7 Washburn Alum
Kendal FELLEGY	JR 4.77m	15-7¾	12/7 Washburn Alum
Kelsey SAWYER	FR 4.59m	15-¾	12/7 Washburn Alum

45	Shot Put		46.46m	152-5
LW: 45			average 11.62m	38-1¼
40	Samantha WALLIS	SR 13.58m	44-6¾	2/15 Russ Jewett Invit
	Chanesse CHANDLER	JR 11.65m	38-2¾	12/7 Washburn Alum
	Chanelle CHANDLER	JR 10.73m	35-2½	1/31 J.D. Martin Invit
	Khoreah HORTON	FR 10.50m	34-5½	12/7 Washburn Alum

31	Weight Throw		57.41m	188-4
LW: 31			average 14.35m	47-1¼
83	Samantha WALLIS	SR	16.20m	53-1¾ 1/31 J.D. Martin Invit
	Emma BERRY	SO	14.25m	46-9 12/7 Washburn Alum.
	Chanelle CHANDLER	JR	13.74m	45-1 1/31 J.D. Martin Invit
	Chanesse CHANDLER	JR	13.22m	43-4½ 1/31 J.D. Martin Invit



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Southern Arkansas — Women

as of 3/10/25 4:24 PM CT

105	60 Meters	32.48		
LW: 105		average 8.12		
	Jordan COLLINS	JR 7.95	1/24 Rumble in the J	
	Edriana HUNTER	SO 8.10	1/24 Rumble in the J	
	Breyonna STEWARD	JR 8.21	1/24 Rumble in the J	
	Jayla DAVILA	SO 8.22	1/24 Rumble in the J	
121	Mile	22:33.70		
LW: 120 ♥ 1		average 5:38.43		
	Madysen PENCE	SO 5:24.72	2/8 FasTrak Collegi	
	Logan WARREN	JR 5:31.86	1/24 Rumble in the J	
	Ava ZINDLER	JR 5:45.76	1/24 Rumble in the J	
	Savannah ESTERLINE	FR 5:51.36	2/8 FasTrak Collegi	
72	Long Jump	20.36m	66-9¾	
LW: 71 ♥ 1		average 5.09m	16-8½	
70	Diamond BRUNN	JR 5.68m	18-7¾	2/1 Washburn Oper
	Breyonna STEWARD	JR 5.07m	16-7¾	2/1 Washburn Oper
	Carmin TOLLIVER	FR 4.86m	15-11½	2/8 FasTrak Collegi
	Bree KIRK	SO 4.75m	15-7	2/1 Washburn Oper
21	Shot Put	49.71m	163-1	
LW: 21		average 12.43m	40-9¼	
27	Iriyanna WILSON	JR 13.99m	45-10¾	2/1 Washburn Oper
	Kailyn THOMAS	JR 12.49m	40-11¾	2/15 Russ Jewett Ind
	Keyonce BROWN	JR 12.43m	40-9½	2/15 Russ Jewett Ind
	Anaya ERVIN	JR 10.80m	35-5¼	2/15 Russ Jewett Ind
24	Weight Throw	60.67m	199-1	
LW: 24		average 15.17m	49-9¼	
51	Kailyn THOMAS	JR 17.10m	56-1¼	2/8 FasTrak Collegi
98	Iriyanna WILSON	JR 15.93m	52-3¾	2/1 Washburn Oper
	Keyonce BROWN	JR 15.79m	51-9¾	2/1 Washburn Oper
	Kylie PUGH	SO 11.85m	38-10½	2/8 FasTrak Collegi



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Southern Connecticut — Women

as of 3/10/25 4:24 PM CT

34	60 Meters	31.18
LW: 34		average 7.80

64	Ella MACLEAN	SR	7.61	12/14	The Art Kadish I
	Kisha FRANCOIS	SR	7.73	12/14	The Art Kadish I
	Mackenzie GLENN	SR	7.92	2/23	Northeast-10
	Dardielle EXANTUS	SR	7.92	2/23	Northeast-10

28	60 Meter Hurdles	36.84
LW: 28		average 9.21

46	Patrice MANSFIELD	JR	8.71	2/15	Yale Giegengac
	Ginny MULLEN	FR	9.24	12/7	Yale Season Op
	Isabella SORRENTINO	SO	9.25	2/23	Northeast-10
	Johniece JONES	JR	9.64	2/1	Coach Greg Roy

18	200 Meters	1:39.30
LW: 18		average 24.83

49	Hannah CAIOLA	JR	24.42	2/23	Northeast-10
	Avery WINTERS	JR	24.91	2/23	Northeast-10
	Kisha FRANCOIS	SR	24.94c	(25.32f)	12/14 The Art Kadish I
	Ella MACLEAN	SR	25.03c	(25.41f)	12/14 The Art Kadish I

25	400 Meters	3:50.18
LW: 25		average 57.54

4	Hannah CAIOLA	JR	53.40	2/1	John Thomas T
	Avery WINTERS	JR	56.95c	(57.70f)	12/14 The Art Kadish I
	Megan SWAN	SO	59.54	2/23	Northeast-10
	Cali BEEBE	FR	1:00.29	2/23	Northeast-10

66	800 Meters	9:30.55
LW: 66		average 2:22.64

	Leticia DONASCIMENTO	SO	2:18.58	2/23	Northeast-10
	Julia MANSFIELD	SR	2:20.71	2/23	Northeast-10
	Abigail BAJOREK	SO	2:25.11	2/8	Showdown at T
	Erin SOLA	FR	2:26.15	2/1	John Thomas T

77	Mile	21:16.78
LW: 77		average 5:19.19

	Kimberly MORAN	SR	5:07.74	1/12	University of Mc
	Erin SOLA	FR	5:18.07	2/23	Northeast-10
	Abigail BAJOREK	SO	5:20.62	2/23	Northeast-10
	Briana GRECCO	SR	5:30.35	2/23	Northeast-10

60	3000 Meters	42:09.30
LW: 60		average 10:32.33

93	Kimberly MORAN	SR	9:58.79	2/1	John Thomas T
	Megan WHITNELL	SR	10:39.93	2/1	John Thomas T
	Peyton DAUPHINAIS	SO	10:42.13	2/1	John Thomas T
	Emilie NOREIKA	SR	10:48.45	2/23	Northeast-10

13	Long Jump	22.20m	72-10
LW: 13		average 5.55m	18-2½

33	Kisha FRANCOIS	SR	5.82m	19-1¼	2/1	Coach Greg Roy
97	Mackenzie GLENN	SR	5.60m	18-4½	2/23	Northeast-10
	Deja FITZPATRICK-BELL	FR	5.41m	17-9	1/11	William Sutherl
	Delaney SPEED	FR	5.37m	17-7½	2/1	Coach Greg Roy

30	Shot Put	47.88m	157-1
LW: 30		average 11.97m	39-3¼

67	Belle SMITH	SO	13.20m	43-3¾	1/11	William Sutherl
	Darla JAGROSSE	JR	12.09m	39-8	2/15	Yale Giegengac
	Kayla JOHNSON	FR	11.79m	38-8¼	2/15	Yale Giegengac
	Isabella SORRENTINO	SO	10.80m	35-5¼	12/14	The Art Kadish I

38	Weight Throw	56.55m	185-7
LW: 38		average 14.14m	46-4¾

75	Belle SMITH	SO	16.49m	54-1¼	2/1	Coach Greg Roy
	Celine BOZUKLUIAN	SO	14.16m	46-5½	2/23	Northeast-10
	Dolbier SYDNEY	SR	13.02m	42-8¾	2/23	Northeast-10
	Valerie TORRES	SO	12.88m	42-3¾	2/23	Northeast-10



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Southern Nazarene — Women

as of 3/10/25 4:24 PM CT

143	400 Meters	4:39.46
LW: 141▼2		average 1:09.87
Jasmine BROWN	FR 1:04.55c	(1:05.40f) 1/31 J.D. Martin Invit
Chloe BRUMAGE	JR 1:06.37c	(1:07.25f) 1/31 J.D. Martin Invit
Chloe CHOUBER	FR 1:12.42c	(1:13.38f) 1/17 Owen Hewett Ir.
Ivy BRENNAN	SO 1:16.12c	(1:17.13f) 1/17 Owen Hewett Ir.



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Southern New Hampshire — Women

as of 3/10/25 4:24 PM CT

123	60 Meters	32.75
LW: 123		average 8.19

Hope SINCLAIR	JR	7.95	12/8 Joe Donahue Bo
Hannah SIPPEL	FR	7.99	12/8 Joe Donahue Bo
Hope HANAFIN	FR	8.34	12/8 Joe Donahue Bo
Maggie MCINERNEY	JR	8.47	1/25 Southern Maine

67	60 Meter Hurdles	38.62
LW: 67		average 9.65

Jordan WHEATON	SO	9.11	2/23 Northeast-10
Tori ALLEN	SR	9.69	2/23 Northeast-10
Madison LYONS	SO	9.90	2/23 Northeast-10
Maggie MCINERNEY	JR	9.92	12/8 Joe Donahue Bo

122	200 Meters	1:46.83
LW: 122		average 26.71

Maggie MCINERNEY	JR	26.07	12/8 Joe Donahue Bo
Hannah SIPPEL	FR	26.08	2/23 Northeast-10
Hope SINCLAIR	JR	26.60	2/23 Northeast-10
Paige ZIMMERMAN	FR	28.08	2/23 Northeast-10

79	400 Meters	4:01.76
LW: 79		average 1:00.44

Hannah SIPPEL	FR	58.16	2/23 Northeast-10
Maggie MCINERNEY	JR	58.47	2/15 David Hemery v
Hope HANAFIN	FR	1:00.91	2/23 Northeast-10
Kay WHEELock	SO	1:04.22	2/23 Northeast-10

95	800 Meters	9:51.24
LW: 97 ▲ 2		average 2:27.81

Paige MCINERNEY	FR	2:20.99c	(2:22.61f) 2/1 Panther Invitati
Erika WOJCIK	FR	2:21.17	3/8 New England (N
Anne WIERSMA	JR	2:24.43	2/8 Showdown at T
Tori ALLEN	SR	2:44.65	2/23 Northeast-10

86	Mile	21:38.93
LW: 90 ▲ 4		average 5:24.73

Paige MCINERNEY	FR	5:12.77	3/8 New England (N
Corrina OBERNESSER	JR	5:25.06	2/8 Showdown at T
Erika WOJCIK	FR	5:28.92	2/8 Showdown at T
Anne WIERSMA	JR	5:32.18	2/23 Northeast-10

97	3000 Meters	43:55.50
LW: 98 ▲ 1		average 10:58.88

Corrina OBERNESSER	JR	10:33.77	1/25 Riverhawk Invit
Deirdre BAILAT	SO	10:54.38	2/8 Showdown at T
Anne WIERSMA	JR	11:05.56	3/8 New England (N
Aveline MCCABE	SO	11:21.79	2/8 Showdown at T

63	5000 Meters	1:19:02
LW: 62 ▼ 1		average 19:45.53

Corrina OBERNESSER	JR	19:10.74	(19:19.55f) 2/1 Panther Invitati
Deirdre BAILAT	SO	19:11.83	2/23 Northeast-10
Aveline MCCABE	SO	19:52.70	2/23 Northeast-10
Ari HETTRICK-RIVERA	FR	20:46.84	1/25 Riverhawk Invit

46	High Jump	6.13m	20-1¼
LW: 45 ▼ 1		average 1.53m	5-¼

Tori ALLEN	SR	1.60m	5-3 2/23 Northeast-10
Maggie MCINERNEY	JR	1.56m	5-1¼ 1/18 Plymouth State
Jordan WHEATON	SO	1.52m	4-11¾ 12/14 USM Alumni Op
Angela MATEOS	SO	1.45m	4-9 2/23 Northeast-10

106	Long Jump	18.66m	61-2¾
LW: 105 ▼ 1		average 4.66m	15-3¾

Maggie MCINERNEY	JR	5.33m	17-6 1/18 Plymouth State
Madison LYONS	SO	5.11m	16-9¼ 1/18 Plymouth State
Tori ALLEN	SR	4.64m	15-2¾ 2/23 Northeast-10
Angela MATEOS	SO	3.58m	11-9 2/15 Gordon Kelly In

63	Shot Put	44.01m	144-5
LW: 63		average 11.00m	36-1¼

92 Laila BUNNITT	SR	12.83m	42-1¼ 2/23 Northeast-10
Brooke BIBBO	JR	11.15m	36-7 12/8 Joe Donahue Bo
Tori ALLEN	SR	10.39m	34-1¼ 2/15 Gordon Kelly In
Kayla FRANKS	SO	9.64m	31-7½ 2/23 Northeast-10



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Southern Wesleyan (S.C.) — Women

as of 3/10/25 4:24 PM CT

134 60 Meters

32.98

LW: 134

average 8.25

Makayla WILSON	JR	8.00	12/7	Visit Winston-Salem
Sarah RICHARDSON	SO	8.15	12/7	Visit Winston-Salem
Cianna LAGINESTRA	SO	8.40	1/18	Mondo College
Kyla JOHNSON	SR	8.43	1/18	Mondo College

154 200 Meters

1:50.44

LW: 153 ▼ 1

average 27.61

Makayla WILSON	JR	26.85	(0.8)	3/1	Susan Rouse Invitational
Alyse DAVIS	SO	27.52c	(27.94f)	1/18	Mondo College
Cianna LAGINESTRA	SO	27.85c	(28.28f)	12/7	Visit Winston-Salem
Amariah DAVIS	SO	28.22c	(28.65f)	1/18	Mondo College

122 400 Meters

4:16.39

LW: 120 ▼ 2

average 1:04.10

Alyse DAVIS	SO	1:03.12c	(1:03.956f)	12/7	Visit Winston-Salem
Ava LABRANT	SR	1:03.17c	(1:04.005f)	12/7	Visit Winston-Salem
Makayla WILSON	JR	1:03.29c	(1:04.123f)	12/7	Visit Winston-Salem
Kyla JOHNSON	SR	1:06.81c	(1:07.69f)	2/7	Camel City Invitational

135 800 Meters

10:20.05

LW: 135

average 2:35.01

Kristi GALLEGHER	SO	2:28.53c	(2:30.24f)	2/24	Conference Carolinas
Ava LABRANT	SR	2:32.64c	(2:34.40f)	2/8	Camel City Invitational
Merritt SMITH	JR	2:36.07c	(2:37.87f)	2/8	Camel City Invitational
Divinity ERVIN	SO	2:42.81c	(2:44.68f)	2/8	Camel City Invitational

135 Mile

23:12.01

LW: 134 ▼ 1

average 5:48.00

Merritt SMITH	JR	5:29.01c	(5:32.26f)	2/24	Conference Carolinas
Macey MORGAN	SR	5:39.01c	(5:42.36f)	2/24	Conference Carolinas
Kristi GALLEGHER	SO	5:48.83		3/1	Susan Rouse Invitational
Susie STUTZ	JR	6:15.16c	(6:18.87f)	1/18	Mondo College



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Southwest Baptist — Women

as of 3/10/25 4:24 PM CT

12	60 Meters	30.56
LW: 12		average 7.64
22	Collinique FARRINGTON SR 7.45	2/8 Bearcat Invite (
28	Stephanique DEAN JR 7.49	3/2 GLVC
	Laura DIXON SO 7.79	12/7 Crimson & Gold
	Brianna LORD SO 7.83	2/8 Bearcat Invite (

3	200 Meters	1:37.23
LW: 3		average 24.31
4	Collinique FARRINGTON SR 23.67c	(24.03f) 3/2 GLVC
8	Stephanique DEAN JR 23.80c	(24.17f) 3/2 GLVC
64	Laura DIXON SO 24.55 OT	2/15 Russ Jewett Ind
	Brianna LORD SO 25.21c	(25.60f) 3/2 GLVC

4	400 Meters	3:41.05
LW: 4		average 55.26
6	Collinique FARRINGTON SR 53.47c	(54.18f) 3/2 GLVC
31	Stephanique DEAN JR 55.28 OT	2/15 Russ Jewett Ind
63	Brianna LORD SO 56.07c	(56.81f) 3/2 GLVC
73	Laura DIXON SO 56.23c	(56.97f) 3/2 GLVC

67	800 Meters	9:30.61
LW: 67		average 2:22.65
	Kadence WALLACE FR 2:20.43	2/8 Bearcat Invite (
	Paige FRANKS SO 2:20.43c	(2:22.05f) 1/24 Central Missour
	Ellie KITCHIN JR 2:21.42	2/8 Bearcat Invite (
	Kelsey CRABTREE FR 2:28.33c	(2:30.04f) 3/2 GLVC

70	Mile	21:05.46
LW: 70		average 5:16.37
	Lily HUNSUCKER SO 5:09.07	2/15 Russ Jewett Ind
	Natalie GERDES FR 5:13.70	2/8 Bearcat Invite (
	Paige FRANKS SO 5:21.34	12/7 Crimson & Gold
	Olivia LITTLETON SR 5:21.35	2/8 Bearcat Invite (

79	3000 Meters	42:57.78
LW: 79		average 10:44.45
	Olivia LITTLETON SR 10:29.77	(10:35.16f) 1/24 Central Missour
	Natalie GERDES FR 10:34.74	12/7 Crimson & Gold
	Lily HUNSUCKER SO 10:46.19	12/7 Crimson & Gold
	Marie DAGGETT FR 11:07.08	12/7 Crimson & Gold

33	5000 Meters	1:13.13
LW: 33		average 18:18.28
	Kiersten POTTER SO 17:49.24	2/1 Pitt State Invita
	Natalie GERDES FR 17:53.68	(18:01.90f) 3/2 GLVC
	Olivia LITTLETON SR 18:10.65	2/15 Russ Jewett Ind
	Adaline COLON SO 19:19.55	2/8 Bearcat Invite (

83	Long Jump	20.01m	65-7¾
LW: 82 ▼ 1		average 5.00m	16-5
	Kelsey CRABTREE FR 5.41m	17-9	2/8 Bearcat Invite (
	Emily YOUNG SO 4.96m	16-3¼	2/1 Pitt State Invita
	Kailyn WAKE FR 4.82m	15-9¾	2/1 Pitt State Invita
	Taylor GREEN FR 4.82m	15-9¾	2/1 Pitt State Invita

48	Weight Throw	55.00m	180-6
LW: 48		average 13.75m	45-1½
	Dylan COLEMAN JR 14.66m	48-1¼	2/15 Russ Jewett Ina
	Alexis O'FARRELL JR 14.33m	47-¼	1/24 Central Missour
	Audra LLOYD FR 13.61m	44-8	2/8 Bearcat Invite (
	Lydia SEXTON SR 12.40m	40-8¼	1/24 Central Missour



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Southwest Minnesota State — Women

as of 3/10/25 4:24 PM CT

113	60 Meters	32.59
LW: 113		average 8.15
	Michelle MARQUARD	FR 8.08 2/15 Saint John's (M)
	Lexy GILBERT	SR 8.13 2/15 Saint John's (M)
	Tavashia HILL	FR 8.16 12/7 SDSU Holiday
	Nina THIESCHAFER	FR 8.22 2/21 Maverick Invita
103	200 Meters	1:45.66
LW: 103		average 26.42
	Sierra CLIFFORD	SR 25.89c (26.29f) 2/15 Saint John's (M)
	Ella DOBLE	SO 26.32c (26.73f) 2/21 Maverick Invita
	Allison WATTS	FR 26.72c (27.13f) 2/21 Maverick Invita
	Tavashia HILL	FR 26.73c (27.15f) 2/21 Maverick Invita
97	400 Meters	4:05.97
LW: 97		average 1:01.49
	Sierra CLIFFORD	SR 58.17c (58.95f) 2/7 Ted Nelson Clas
	Ella DOBLE	SO 1:00.30c (1:01.10f) 3/1 NSIC
	Jada BACKES	FR 1:03.42 12/7 SDSU Holiday
	Kaaryna SMIDEL	SR 1:04.08c (1:04.93f) 2/21 Maverick Invita
112	Mile	22:10.19
LW: 111 ▼ 1		average 5:32.55
	Macie LANGSTRAAT	SR 5:23.68c (5:26.88f) 1/25 Cobber Open
	Madison MARCO	SO 5:23.77c (5:26.97f) 1/25 Cobber Open
	Kyra KUSNIEREK	JR 5:34.20c (5:37.51f) 1/25 Cobber Open
	Catherine IHRKE	SR 5:48.54 12/7 SDSU Holiday
23	Pole Vault	13.02m 42-8½
LW: 23		average 3.26m 10-8
	Shealyn TOM	SR 3.35m 10-11¾ 12/7 SDSU Holiday
	Victoria ROBILLARD	FR 3.29m 10-9½ 3/1 NSIC
	Michelle MARQUARD	FR 3.24m 10-7½ 2/21 Maverick Invita
	Zoe RUSCHMEIER	JR 3.14m 10-3½ 3/1 NSIC
38	Shot Put	47.26m 155-1
LW: 37 ▼ 1		average 11.82m 38-9¼
	43 Nadia SANFORD	SR 13.54m 44-5¼ 3/1 NSIC
	Emily LORENTZ	JR 12.14m 39-10 2/15 Saint John's (M)
	Brigitte ROHRER	FR 11.40m 37-5 2/15 Saint John's (M)
	Sydni BADERTSCHER	FR 10.18m 33-4¾ 2/21 Maverick Invita
30	Weight Throw	57.72m 189-5
LW: 30		average 14.43m 47-4¼
	85 Emily LORENTZ	JR 16.16m 53-¼ 3/1 NSIC
	91 Nadia SANFORD	SR 16.10m 52-10 2/15 Saint John's (M)
	Brigitte ROHRER	FR 12.88m 42-3¾ 2/21 Maverick Invita
	Seely STOCKMOE	FR 12.58m 41-3¾ 2/1 Mark Schuck Op



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Southwestern Oklahoma State — Women

as of 3/10/25 4:24 PM CT

155 60 Meters

33.82

LW: 155

average 8.46

Deuna MILLER	JR	8.09	2/15 Russ Jewett Ind
Jackie HORNE	FR	8.22	12/7 Crimson & Gold
Delaney YORK	SR	8.75	12/7 Crimson & Gold
Madisan WORKMAN	JR	8.76	12/7 Crimson & Gold

170 200 Meters

1:53.57

LW: 169 1

average 28.39

Deuna MILLER	JR	27.12 OT	2/15 Russ Jewett Ind
Jackie HORNE	FR	27.99 OT	12/7 Crimson & Gold
Madisan WORKMAN	JR	29.06 OT	2/15 Russ Jewett Ind
Delaney YORK	SR	29.40 OT	12/7 Crimson & Gold



#EventSquad Rankings — 2025 Checkpoint #7, March 11

St. Cloud State — Women

as of 3/10/25 4:24 PM CT

93	60 Meters	32.10
LW: 93		average 8.02

100	Katie LAVATO	SR	7.67	3/1	NSIC
	Zaria STAPLETON	FR	8.04	12/7	Battle for the Pe
	Viola OKEY-EZEALAH	SO	8.17	2/14	Maverick Premi
	Jarai KAMARA	FR	8.22	12/14	The CSS Open

76	60 Meter Hurdles	39.24
LW: 76		average 9.81

	Myesha THOMPSON	SO	9.61	3/1	NSIC
	Shelby ROMIG	SR	9.77	12/14	The CSS Open
	Kinsey MOHWINKLE	FR	9.86	1/31	CSB/SJU vs St. C
	Makaylin CHRISTENSON	SR	10.00	2/8	NDSU Bison Op

97	200 Meters	1:45.29
LW: 97		average 26.32

	Katie LAVATO	SR	25.23c	(25.63f)	3/1	NSIC
	Viola OKEY-EZEALAH	SO	26.41c	(26.82f)	2/14	Maverick Premi
	Jarai KAMARA	FR	26.60c	(27.01f)	12/7	Battle for the Pe
	Zaria STAPLETON	FR	27.05c	(27.47f)	2/14	Maverick Premi

106	400 Meters	4:08.84
LW: 106		average 1:02.21

	Katie LAVATO	SR	1:00.41c	(1:01.21f)	1/25	Jack Johnson
	Makaylin CHRISTENSON	SR	1:00.99c	(1:01.80f)	12/7	Battle for the Pe
	Viola OKEY-EZEALAH	SO	1:02.80c	(1:03.64f)	2/14	Maverick Premi
	Abbygail NUNEZ	FR	1:04.64c	(1:05.49f)	1/31	CSB/SJU vs St. C

108	800 Meters	9:59.48
LW: 108		average 2:29.87

	Abbygail NUNEZ	FR	2:27.60c	(2:29.30f)	1/25	Jack Johnson
	Alea BRIGGS	FR	2:30.42c	(2:32.15f)	2/14	Maverick Premi
	Makaylin CHRISTENSON	SR	2:30.46c	(2:32.19f)	3/1	NSIC
	MerriAnna JOHNSON	FR	2:31.00c	(2:32.74f)	2/14	Maverick Premi

129	Mile	22:55.29
LW: 129		average 5:43.82

	Alena DONAHUE	SO	5:22.04c	(5:25.23f)	2/8	NDSU Bison Op
	Abbygail NUNEZ	FR	5:34.02c	(5:37.32f)	12/14	The CSS Open
	MerriAnna JOHNSON	FR	5:54.49c	(5:57.99f)	1/31	CSB/SJU vs St. C
	Alea BRIGGS	FR	6:04.74c	(6:08.35f)	1/17	St. Thomas (Mir

48	High Jump	6.06m	19-10½
LW: 48		average 1.52m	4-11½

	Makaylin CHRISTENSON	SR	1.59m	5-2½	1/17	St. Thomas (Mir
	Kinsey MOHWINKLE	FR	1.55m	5-1	3/1	NSIC
	Myesha THOMPSON	SO	1.53m	5-¼	1/25	St. Olaf Multi Ev
	Trinity WALLENDAL	SO	1.39m	4-6¾	1/17	St. Thomas (Mir

58	Long Jump	20.77m	68-1¾
LW: 57		average 5.19m	17-½

	Myesha THOMPSON	SO	5.34m	17-6¼	1/31	CSB/SJU vs St. C
	Kinsey MOHWINKLE	FR	5.20m	17-¾	1/31	CSB/SJU vs St. C
	Makaylin CHRISTENSON	SR	5.18m	17-0	2/14	Maverick Premi
	Ava WILMANNNS	JR	5.05m	16-7	12/7	Battle for the Pe

74	Shot Put	42.57m	139-8
LW: 74		average 10.64m	34-11

	Hannah BRUSKIEWICZ	SO	11.88m	38-11¾	1/31	CSB/SJU vs St. C
	Mackenzie MCMAHON	FR	11.16m	36-7½	2/14	Maverick Premi
	Alicia JENNISSSEN	SO	10.56m	34-7¾	1/25	Jack Johnson
	Kim FELLER	FR	8.97m	29-5¼	12/7	Battle for the Pe

71	Weight Throw	48.67m	159-8
LW: 71		average 12.17m	39-11

	Alicia JENNISSSEN	SO	13.45m	44-1½	1/31	CSB/SJU vs St. C
	Hannah BRUSKIEWICZ	SO	11.93m	39-1¾	1/31	CSB/SJU vs St. C
	Mackenzie MCMAHON	FR	11.74m	38-6¼	2/14	Maverick Premi
	Kim FELLER	FR	11.55m	37-10¾	1/25	Jack Johnson



#EventSquad Rankings — 2025 Checkpoint #7, March 11

St. Edward's — Women

as of 3/10/25 4:24 PM CT

106 60 Meters

32.50

LW: 106

average 8.12

Jasmine COOKE	JR	8.00c	(7.98A)	2/22 Lone Star
Karly WEYAND	FR	8.13		2/8 FasTrak Collegi
Audrey WISTAIN	SR	8.14		2/8 FasTrak Collegi
Bre'Asia VEAL	FR	8.23		12/7 Crimson & Gold

114 200 Meters

1:45.98

LW: 114

average 26.50

Hailey RODRIGUEZ	JR	26.38 OT		12/7 Crimson & Gold
Yamila CARTWRIGHT	JR	26.47 OT		12/7 Crimson & Gold
Karly WEYAND	FR	26.53		2/8 FasTrak Collegi
Jasmine COOKE	JR	26.60		2/8 FasTrak Collegi

99 400 Meters

4:06.95

LW: 99

average 1:01.74

Hailey RODRIGUEZ	JR	58.38 OT		12/7 Crimson & Gold
Yamila CARTWRIGHT	JR	1:00.23		12/7 Crimson & Gold
Karly WEYAND	FR	1:02.49		1/25 FasTrak Collegi
Tori PONCE	SO	1:05.85		1/25 FasTrak Collegi

111 800 Meters

10:01.65

LW: 111

average 2:30.41

Juliana MERLO	JR	2:20.70		2/8 FasTrak Collegi
Jordan SANDERS	SR	2:31.09		2/8 FasTrak Collegi
Bryn PETERS	SR	2:32.34		2/8 FasTrak Collegi
Sammy SALAZAR	SO	2:37.52		2/8 FasTrak Collegi

54 Mile

20:51.27

LW: 54

average 5:12.82

Mia RIVERA	JR	5:06.39		2/8 FasTrak Collegi
Juliana MERLO	JR	5:07.13		12/7 Crimson & Gold
Delaney LONG	JR	5:08.03c	(5:14.89A)	2/22 Lone Star
Sammy SALAZAR	SO	5:29.72		12/7 Crimson & Gold

78 3000 Meters

42:50.36

LW: 78

average 10:42.59

Mia RIVERA	JR	10:03.22		1/25 FasTrak Collegi
Delaney LONG	JR	10:45.88		12/7 Crimson & Gold
Sydney SMITH	SR	10:59.98		1/25 FasTrak Collegi
Jordan SANDERS	SR	11:01.28		1/25 FasTrak Collegi

50 5000 Meters

1:15:45

LW: 48 ▼ 2

average 18:56.22

Jordan SANDERS	SR	18:46.08		12/7 Crimson & Gold
Victoria HOYT	FR	18:50.47		12/7 Crimson & Gold
Caroline WILDRICK	SR	18:59.48		2/8 FasTrak Collegi
Myla CASTILLO	JR	19:08.87		12/7 Crimson & Gold



#EventSquad Rankings — 2025 Checkpoint #7, March 11

St. Thomas Aquinas — Women

as of 3/10/25 4:24 PM CT

149 60 Meters **33.56**
LW: 149 **average 8.39**

Yulessa JOHNSON	FR	8.16	12/7 TCNJ Indoor Op
Aalianne GILBERT	SO	8.28	12/7 TCNJ Indoor Op
Diamond BROWN	FR	8.46	12/7 TCNJ Indoor Op
Ciara DOYLE	JR	8.66	12/7 TCNJ Indoor Op

161 200 Meters **1:51.07**
LW: 160 **1** **average 27.77**

Yulessa JOHNSON	FR	26.46	2/16 ECC
Aalianne GILBERT	SO	26.63	2/16 ECC
Emma NEIL	SR	28.79	1/31 Scarlet Knight C
Ciara DOYLE	JR	29.19	2/16 ECC

114 400 Meters **4:11.71**
LW: 114 **average 1:02.93**

Yulessa JOHNSON	FR	1:02.20	1/31 Scarlet Knight C
Aalianne GILBERT	SO	1:02.72	2/16 ECC
Isabella FARINO-ESPOSITO	SR	1:02.95	1/31 Scarlet Knight C
Veronica VALENTIK	SO	1:03.84	2/16 ECC

98 800 Meters **9:53.18**
LW: 98 **average 2:28.30**

Zoe MERRYMAN	SO	2:23.18	1/31 Scarlet Knight C
Ciara DURCAN	SR	2:27.27	1/31 Scarlet Knight C
Isabella FARINO-ESPOSITO	SR	2:27.32	1/31 Scarlet Knight C
Sophonie MICHEL	FR	2:35.41	1/17 Ramapo Season

131 Mile **22:58.84**
LW: 130 **1** **average 5:44.71**

Zoe MERRYMAN	SO	5:15.95	1/31 Scarlet Knight C
Ciara DURCAN	SR	5:24.94	1/31 Scarlet Knight C
Sophonie MICHEL	FR	5:57.34	1/3 Wagner Invitati
Samantha FRISBEE	SR	6:20.61	1/31 Scarlet Knight C

111 Shot Put **36.24m** **118-11**
LW: 111 **average 9.06m** **29-8¾**

Alexis KRAUSE	SR	9.97m	32-8½ 2/8 Big Apple Invita
Ayanie THOMAS	FR	9.41m	30-10½ 12/13 Seahawk Shoot
Dayna JIMENEZ	FR	9.11m	29-10¾ 2/16 ECC
Nicole GYSIN	SR	7.75m	25-5¼ 1/31 Scarlet Knight C



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Stanislaus State — Women

as of 3/10/25 4:24 PM CT

32	800 Meters	9:11.84
LW: 32		average 2:17.96
27	Annie WILD	SO 2:10.34 2/15 Husky Cl
	Crystal HERNANDEZ	SO 2:17.14 1/17 Washington Ina
	Devianna SALCEDO	SR 2:21.39 1/17 Washington Ina
	Jacqueline SANCHEZ	SO 2:22.97c (2:23.62A) 2/8 Wolf Pack Class
15	Mile	19:53.72
LW: 15		average 4:58.43
3	Annie WILD	SO 4:39.92 3/2 Boston Universi
	Jacqueline SANCHEZ	SO 5:03.70c (5:09.42A) 1/25 Nevada Invitati
	Yahaira ZUNIGA	JR 5:05.01c (5:10.76A) 2/8 Wolf Pack Class
	Crystal HERNANDEZ	SO 5:05.09 1/17 Washington Ina
12	3000 Meters	39:52.33
LW: 12		average 9:58.08
48	Yahaira ZUNIGA	JR 9:47.33 2/15 Husky Cl
55	Crystal HERNANDEZ	SO 9:49.73 2/15 Husky Cl
	Jacqueline SANCHEZ	SO 10:00.30 1/17 Washington Ina
	Noheli RON	SO 10:14.97 1/17 Washington Ina



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Staten Island — Women

as of 3/10/25 4:24 PM CT

158	60 Meters	33.87
LW: 158		average 8.47
	Inioluwa OGUNFOWORA	SR 8.11 2/1 Harvard Open
	Precious DILLON	JR 8.21 12/7 Youree Spence-
	Alexandra TAVAREZ	FR 8.77 12/7 Youree Spence-
	Alexis DOYLE	FR 8.78 12/13 Seahawk Shoot
143	200 Meters	1:49.00
LW: 143		average 27.25
	Adonijah WASHINGTON	FR 26.29 1/17 NYC Gotham Cu
	Precious DILLON	JR 27.00 2/16 ECC
	Inioluwa OGUNFOWORA	SR 27.38 2/1 Harvard Open
	Alexandra TAVAREZ	FR 28.33 2/16 ECC
135	400 Meters	4:24.03
LW: 133 2		average 1:06.01
	Adonijah WASHINGTON	FR 1:02.79 2/1 Harvard Open
	Alexandrea JACKSON	SR 1:04.88 1/25 Sander Chal.
	Alexis DOYLE	FR 1:06.38 2/1 Harvard Open
	Camryn KOCH	FR 1:09.98 2/16 ECC
108	Shot Put	37.69m 123-8
LW: 108		average 9.42m 30-11
	Skylar POINTER	SR 11.59m 38-¼ 2/16 ECC
	Ava THOMPSON	SR 9.46m 31-½ 1/17 NYC Gotham Cu
	Mary-Lee MITCHELL	JR 8.96m 29-4¾ 2/1 Harvard Open
	Tacia MARSHALL	JR 7.68m 25-2½ 12/7 Youree Spence-
74	Weight Throw	44.53m 146-1
LW: 74		average 11.13m 36-6¼
	Ava THOMPSON	SR 14.51m 47-7¼ 2/16 ECC
	Skylar POINTER	SR 12.76m 41-10½ 12/7 Youree Spence-
	Tacia MARSHALL	JR 8.90m 29-2½ 2/1 Harvard Open
	Mary-Lee MITCHELL	JR 8.36m 27-5¼ 2/16 ECC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Tampa — Women

as of 3/10/25 4:24 PM CT

121 60 Meters

32.66

LW: 121

average 8.16

Sarah MARTINEZ	SO	7.92	2/7 Celebration Poi
Chloe GREEN	SO	8.05	2/1 The Legends of
Lillian HICKS	SR	8.18	2/1 The Legends of
Ashley MOSESSO	FR	8.51	2/1 The Legends of

37 60 Meter Hurdles

37.39

LW: 37

average 9.35

Molly MORRIS	FR	9.10	2/7 Celebration Poi
Kate CARTER	FR	9.38	2/1 The Legends of
Allie MURPHY	JR	9.44	2/7 Celebration Poi
Lindsey KOWNICK	SO	9.47	2/7 Celebration Poi

100 200 Meters

1:45.57

LW: 100

average 26.39

Sarah MARTINEZ	SO	25.88	2/1 The Legends of
Lillian HICKS	SR	26.26	2/1 The Legends of
Molly MORRIS	FR	26.71	2/7 Celebration Poi
Marielle CLAYTON	FR	26.72	2/1 The Legends of

69 400 Meters

3:59.83

LW: 69

average 59.96

Allie MURPHY	JR	59.11	2/1 The Legends of
Kate CARTER	FR	59.95	2/1 The Legends of
Marielle CLAYTON	FR	1:00.21	2/7 Celebration Poi
Lillian HICKS	SR	1:00.56	2/7 Celebration Poi

101 Mile

21:57.21

LW: 100 1

average 5:29.30

Kara BERGERON	FR	5:19.82	2/7 Celebration Poi
Molly DEMARZO	JR	5:20.97	2/1 The Legends of
Ellie IRWIN	FR	5:21.36	2/1 The Legends of
Nora ZEMP	FR	5:55.06	2/7 Celebration Poi

64 3000 Meters

42:20.08

LW: 64

average 10:35.02

Campbell CALDWELL	JR	10:06.91	2/1 The Legends of
Alaina WILLIAMS	FR	10:35.14	2/1 The Legends of
Abbey BRENDE	FR	10:47.30	2/1 The Legends of
Brooke GABLE	SO	10:50.73	2/1 The Legends of



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Texas A&M-Kingsville — Women

as of 3/10/25 4:24 PM CT

71	60 Meters	31.77
LW: 71		average 7.94
77	Cynai CHRISTOPHER	SR 7.64 2/8 FasTrak Collegi
	Oneika BRISSETT	FR 7.92 2/8 FasTrak Collegi
	Jazmin RAY	SR 8.07 2/1 Robert Platt Inv
	Kyra NUNEZ	SO 8.14 2/14 Howie Ryan Inv

24	200 Meters	1:39.66
LW: 24		average 24.92
28	Cynai CHRISTOPHER	SR 24.11c (24.04A) 2/22 Lone Star
52	Oneika BRISSETT	FR 24.47c (24.40A) 2/22 Lone Star
	Vitiana ROBERT	SR 25.54 2/8 FasTrak Collegi
	Jazmine MILLER	JR 25.54 2/14 Howie Ryan Inv

8	400 Meters	3:42.60
LW: 8		average 55.65
10	Cynai CHRISTOPHER	SR 53.98c (53.87A) 2/22 Lone Star
41	Oneika BRISSETT	FR 55.64c (55.53A) 2/22 Lone Star
83	Sakara WADE	FR 56.38c (56.27A) 2/22 Lone Star
94	Vitiana ROBERT	SR 56.60c (56.49A) 2/22 Lone Star

71	800 Meters	9:34.91
LW: 71		average 2:23.73
68	Maya ESPINOSA	SR 2:14.35 12/7 Crimson & Gold
	Sophie MOSSMAN	SO 2:22.69 2/14 Howie Ryan Inv
	Ivanova YANES	SR 2:26.40 2/8 FasTrak Collegi
	Afaf BENHADJA	SO 2:31.47c (2:32.32A) 2/22 Lone Star

79	Mile	21:26.80
LW: 79		average 5:21.70
98	Maya ESPINOSA	SR 4:58.71c (5:05.36A) 2/22 Lone Star
	Ivanova YANES	SR 5:04.65 1/10 Hilton Inv
	Ella HESTER	FR 5:41.30 2/14 Howie Ryan Inv
	Yaritzzy ACOSTA	FR 5:42.14 2/14 Howie Ryan Inv

72	3000 Meters	42:39.06
LW: 72		average 10:39.76
62	Maya ESPINOSA	SR 9:51.70 12/7 Crimson & Gold
	Ivanova YANES	SR 10:05.31 12/7 Crimson & Gold
	Janeth CHACON	JR 10:57.77 1/25 FasTrak Collegi
	Yaritzzy ACOSTA	FR 11:44.28 1/25 FasTrak Collegi

42	5000 Meters	1:14:41
LW: 42		average 18:40.28
56	Ivanova YANES	SR 17:16.76 12/7 Crimson & Gold
	Maya ESPINOSA	SR 17:56.60 2/8 FasTrak Collegi
	Janeth CHACON	JR 18:55.21 2/8 FasTrak Collegi
	Yaritzzy ACOSTA	FR 20:32.54 2/8 FasTrak Collegi

14	Long Jump		22.18m	72-9¼
LW: 14			average 5.54m	18-2½
70	Jazmin RAY	SR 5.68mA	18-7¾	2/22 Lone Star
74	Afaf BENHADJA	SO 5.66mA	18-7	2/22 Lone Star
	Madison ALEGRIA	SR 5.54m	18-2¼	2/8 FasTrak Collegi
	Kyra NUNEZ	SO 5.30mA	17-4¾	2/22 Lone Star

5	Shot Put		54.98m	180-5
LW: 5			average 13.74m	45-1¼
4	Katryna HERNANDEZ	SR	15.42mA	50-7¼ 2/22 Lone Star
38	Devon WILLIAMS	JR	13.65mA	44-9½ 2/22 Lone Star
74	Karina ALVAREZ	SO	13.12m	43-½ 2/14 Howie Ryan Inv
98	Kaylea DEMETRIUS	SO	12.79mA	41-11½ 2/22 Lone Star

41	Weight Throw		56.42m	185-1
LW: 41			average 14.10m	46-3½
67	Katryna HERNANDEZ	SR 16.77m	55-¼	2/14 Howie Ryan Inv
	Andrea JIMENEZ	SR 14.20mA	46-7¼	2/22 Lone Star
	Jenna LLOYD	JR 12.74m	41-9¾	2/1 Robert Platt Inv
	Devon WILLIAMS	JR 12.71m	41-8½	2/8 FasTrak Collegi



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Thomas More (Ky.) — Women

as of 3/10/25 4:24 PM CT

167	60 Meters	34.78
LW: 167		average 8.70
	Madison JOHNS	JR 8.34 2/1 Steemer Showc
	Makayla ABBOTT	JR 8.45 2/15 Centre Indoor Ir
	Jessica SANDERS	JR 8.95 3/1 G-MAC
	Jadyn DANBURY	FR 9.04 2/15 Centre Indoor Ir

180	200 Meters	1:55.36
LW: 179♥ 1		average 28.84
	Makayla ABBOTT	JR 27.20c (27.62f) 2/15 Centre Indoor Ir
	Madison JOHNS	JR 28.89c (29.33f) 1/25 Tiffin University
	Joelle KLAON	FR 29.46c (29.91f) 1/11 MSJ January In
	Jessica SANDERS	JR 29.81 OT 3/1 G-MAC

134	400 Meters	4:22.93
LW: 132♥ 2		average 1:05.73
	Makayla ABBOTT	JR 1:01.71c (1:02.53f) 2/15 Centre Indoor Ir
	Joelle KLAON	FR 1:03.69c (1:04.53f) 1/25 Tiffin University
	Jessica SANDERS	JR 1:08.69 3/1 G-MAC
	Margaret MCSORLEY	JR 1:08.84 3/1 G-MAC

115	800 Meters	10:02.82
LW: 115		average 2:30.70
	Dyllan HASLER	JR 2:23.69c (2:25.34f) 1/25 Tiffin University
	Marlee ROSS	JR 2:26.37c (2:28.05f) 1/25 Tiffin University
	Ashtyn GINDLING	FR 2:35.91c (2:37.70f) 2/15 Centre Indoor Ir
	Margaret MCSORLEY	JR 2:36.85 3/1 G-MAC

134	Mile	23:06.57
LW: 133♥ 1		average 5:46.64
	Dyllan HASLER	JR 5:19.87c (5:23.03f) 2/15 Centre Indoor Ir
	Savannah FAUGHT	JR 5:29.64c (5:32.90f) 1/25 Tiffin University
	Ashtyn GINDLING	FR 5:37.95 3/1 G-MAC
	Taylor CRAWFORD	SO 6:39.11 2/1 Steemer Showc

128	3000 Meters	50:25.02
LW: 128		average 12:36.25
	Savannah FAUGHT	JR 10:59.92 3/1 G-MAC
	Margaret MCSORLEY	JR 12:49.85 (12:56.45f) 2/15 Centre Indoor Ir
	Mya BROSS	JR 12:54.32 3/1 G-MAC
	Emily BROWN	FR 13:40.93 (13:47.96f) 2/15 Centre Indoor Ir

117	Shot Put		32.20m	105-8
LW: 117			average 8.05m	26-5
	McKenzie BIEN	SO 9.87m	32-4¾	3/1 G-MAC
	Victoria TODD	SR 8.36m	27-5¼	1/25 Tiffin University
	Emma BOTKINS	SO 7.30m	23-11½	2/15 Centre Indoor Ir
	Miranda CSORDAS	SO 6.67m	21-10¾	1/11 MSJ January In



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Tiffin — Women

as of 3/10/25 4:24 PM CT

11	60 Meters	30.55
LW: 11		average 7.64
22	Nevaeh LEWIS	FR 7.45 3/1 G-MAC
77	Tatiana COOPER-LAYLOR	SR 7.64 2/1 Steemer Showc
100	Caliyah WALLACE	SO 7.67 2/15 Tiffin University
	Nevaeh WHITE	FR 7.79 3/1 G-MAC

34	60 Meter Hurdles	36.94
LW: 34		average 9.24
	Cassidy VOGT	SR 9.01 3/1 G-MAC
	Emily CURTICE	SR 9.15 12/7 Tiffin University
	Kyla GARBE	SO 9.24 3/1 G-MAC
	C'airra CARTER	SR 9.54 2/8 Jud Logan Ligh

13	200 Meters	1:38.67
LW: 13		average 24.67
29	Caliyah WALLACE	SO 24.14 OT 3/1 G-MAC
38	Nevaeh LEWIS	FR 24.26 OT 3/1 G-MAC
	Liana RODRIGUEZ	SR 24.90 OT 2/8 Jud Logan Ligh
	Tatiana COOPER-LAYLOR	SR 25.37 OT 2/1 Steemer Showc

14	400 Meters	3:45.72
LW: 14		average 56.43
20	Liana RODRIGUEZ	SR 54.44 OT 3/1 G-MAC
21	Caliyah WALLACE	SO 54.59 OT 3/1 G-MAC
	Cassandra URIBE	JR 56.98 OT 3/1 G-MAC
	Kyla GARBE	SO 59.71 OT 2/8 Jud Logan Ligh

61	800 Meters	9:28.76
LW: 61		average 2:22.19
	Greta MACADAM	SR 2:18.41c (2:20.00f) 2/21 Flag City Tune-l
	Zaynah TATE	JR 2:19.73c (2:21.34f) 2/21 Flag City Tune-l
	Caitlyn POKORNY	SO 2:23.05 2/1 Steemer Showc
	Kyla GARBE	SO 2:27.57 3/1 G-MAC

65	Mile	21:01.90
LW: 65		average 5:15.48
	Greta MACADAM	SR 5:03.88 12/14 Jimmy Grant In
	Acadia TREMAIN	FR 5:15.05 12/14 Jimmy Grant In
	Zaynah TATE	JR 5:19.69 2/15 GVSU Big II
	Audrey SANZONE	JR 5:23.28 2/15 GVSU Big II

74	3000 Meters	42:46.35
LW: 74		average 10:41.59
	Greta MACADAM	SR 10:21.87 12/6 Grand Valley St
	Acadia TREMAIN	FR 10:37.92 12/6 Grand Valley St
	Audrey SANZONE	JR 10:39.79 12/6 Grand Valley St
	Caitlin WEITZEL	SO 11:06.77 2/15 GVSU Big II

20	High Jump		6.38m	20-11¼
LW: 20			average 1.60m	5-2¾
23	C'airra CARTER	SR 1.70m	5-7	3/1 G-MAC
97	Cassidy VOGT	SR 1.62m	5-3¾	2/8 Jud Logan Ligh
	Emily CURTICE	SR 1.55m	5-1	12/5 Hillsdale Mid-W
	Kearston LUNSFORD	JR 1.51m	4-11½	12/7 Tiffin University

36	Long Jump		21.51m	70-7
LW: 36			average 5.38m	17-7¾
82	C'airra CARTER	SR	5.64m	18-6 3/1 G-MAC
	Cassidy VOGT	SR	5.39m	17-8¼ 3/1 G-MAC
	Kyla GARBE	SO	5.30m	17-4¾ 3/1 G-MAC
	Deona DAVIS	SR	5.18m	17-0 2/15 Tiffin University

10	Shot Put		52.35m	171-9
LW: 10			average 13.09m	42-11¼
17	Kaitlyn GUM	SO 14.57m	47-9¾	2/8 Jud Logan Ligh
45	Emily CURTICE	SR 13.50m	44-3½	12/7 Tiffin University
	Harley WEST	SR 12.72m	41-8¾	2/21 Flag City Tune-l
	Annie KARSHNER	JR 11.56m	37-11¼	3/1 G-MAC

4	Pentathlon	13,106
LW: 4		average 3,276
28	Emily CURTICE	SR 3,505 12/14 Jimmy Grant In
40	Cassidy VOGT	SR 3,396 OT 3/1 G-MAC
74	Kyla GARBE	SO 3,165 OT 3/1 G-MAC
95	C'airra CARTER	SR 3,040 OT 2/8 Jud Logan Ligh



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Trevecca Nazarene — Women

as of 3/10/25 4:24 PM CT

136 800 Meters 10:21.53

LW: 136

average 2:35.38

Ximenia ACOSTA	FR	2:24.06	1/17 Ramapo Season
Raegan HELDT	SR	2:26.71	2/8 Jud Logan Ligh
Nina WILLOUGHBY	SO	2:43.36	2/21 GSC
Campbell JOHNSON	JR	2:47.40	2/21 GSC

122 Mile 22:34.07

LW: 121 ▼ 1

average 5:38.52

Remmy ARNEY	FR	5:36.25	1/11 Commodore
Ashley ALSVIG	SO	5:36.89	1/11 Commodore
Ximenia ACOSTA	FR	5:40.01	1/11 Commodore
Hope ILLIAS	JR	5:40.92	1/17 Ramapo Season

106 3000 Meters 44:40.82

LW: 106

average 11:10.20

Ruth PENNEY	SR	10:36.43	1/17 Ramapo Season
Remmy ARNEY	FR	10:59.01	1/17 Ramapo Season
Ashley ALSVIG	SO	11:03.93	1/17 Ramapo Season
Anne Maree CRECHALE	FR	12:01.45	2/21 GSC

64 5000 Meters 1:19:04

LW: 63 ▼ 1

average 19:45.91

Remmy ARNEY	FR	18:38.07	2/8 Jud Logan Ligh
Ruth PENNEY	SR	18:51.91	2/21 GSC
Ashley ALSVIG	SO	20:33.21	2/8 Jud Logan Ligh
Emmy MATTINGLY	SR	21:00.46	1/17 Ramapo Season



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Truman — Women

as of 3/10/25 4:24 PM CT

12	800 Meters	8:58.15	
LW: 12		average 2:14.54	
29	Addie MATHIS	SR 2:10.40	2/14 GVSU Big I
84	Lexy HENRIKSON	SR 2:15.06	1/18 Richard Alsop C
85	Raina BAKER	JR 2:15.07	2/14 GVSU Big I
	Lydia LEHMBECK	SR 2:17.62c (2:19.20f)	3/2 GLVC
20	Mile	20:08.32	
LW: 20		average 5:02.08	
57	Lexy HENRIKSON	SR 4:54.57	2/14 GVSU Big I
64	Addie MATHIS	SR 4:55.27c (4:58.19f)	3/2 GLVC
	Phoebe CANATSEY	FR 5:05.87	2/14 GVSU Big I
	Sarah WILLIAMS	FR 5:12.61	2/15 Russ Jewett Ind
86	3000 Meters	43:18.87	
LW: 86		average 10:49.72	
	Sarah WILLIAMS	FR 10:34.08	2/8 Bearcat Invite (
	Kati SCHOENEBERG	SR 10:38.72	2/1 Washburn Oper
	Kate DOYLE	FR 10:54.59 (11:00.20f)	1/24 Central Missour
	Emma SCHULTZ	JR 11:11.48 (11:17.23f)	2/21 Illinois College I
92	Long Jump	19.62m	64-4½
LW: 91 ▼ 1		average 4.90m	16-1¼
	Addison WALKER	SR 5.26m	17-3¼ 12/7 Mel Tjeerdsma
	Vada MOORE	SO 4.87m	15-11¼ 3/2 GLVC
	Laurie LEROY	FR 4.78m	15-8¼ 12/7 Mel Tjeerdsma
	Hailey DERBOVEN	SO 4.71m	15-5½ 12/7 Mel Tjeerdsma
87	Shot Put	40.97m	134-5
LW: 87		average 10.24m	33-7¼
	Elaina GORTON	SR 11.82m	38-9½ 2/21 Illinois College I
	Destiny ZIMDARS	JR 9.85m	32-3¾ 12/7 Mel Tjeerdsma
	Vada MOORE	SO 9.72m	31-10¾ 3/2 GLVC
	Laurie LEROY	FR 9.58m	31-5¼ 2/21 Illinois College I
49	Weight Throw	54.93m	180-3
LW: 49		average 13.73m	45-¾
79	Destiny ZIMDARS	JR 16.41m	53-10¼ 2/21 Illinois College I
	Elaina GORTON	SR 15.03m	49-3¾ 2/8 Bearcat Invite (
	Laurie LEROY	FR 12.59m	41-3¾ 2/8 Bearcat Invite (
	Christina STANLEY	FR 10.90m	35-9¼ 2/21 Illinois College I



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Tusculum — Women

as of 3/10/25 4:24 PM CT

6	60 Meters	30.22
LW: 6		average 7.56
7	Jahzara HART	JR 7.37 12/7 Commonwealth
49	Shanice COX	JR 7.57 12/7 Commonwealth
77	Theresa GREEN-WHITE	JR 7.64 3/2 SAC Indoor
77	Kiera TAYLOR	JR 7.64 12/7 Commonwealth
41	60 Meter Hurdles	37.48
LW: 41		average 9.37
18	Theresa GREEN-WHITE	JR 8.51 2/1 VMI Winter Rela
30	Kori MOORE	FR 8.62 3/2 SAC Indoor
	Kieley SMITH	SO 9.90 1/25 Keydet Invitatic
	Eva TOLLIVER	SR 10.45 2/8 Liberty Open
8	200 Meters	1:38.03
LW: 8		average 24.51
34	Shanice COX	JR 24.23c (24.60f) 3/2 SAC Indoor
36	Jahzara HART	JR 24.24c (24.61f) 3/2 SAC Indoor
77	Kiera TAYLOR	JR 24.66 12/7 Commonwealth
	Theresa GREEN-WHITE	JR 24.90c (25.28f) 3/2 SAC Indoor
42	400 Meters	3:54.72
LW: 42		average 58.68
	Tashianna GRAY	SR 57.60c (58.36f) 3/2 SAC Indoor
	McKenzie MORTON	SO 58.81 2/1 VMI Winter Rela
	Qitarah CASTLIN	FR 59.01 2/8 Liberty Open
	Alonda SHELTON	SO 59.30 2/1 VMI Winter Rela
144	800 Meters	10:27.86
LW: 144		average 2:36.97
	Tashianna GRAY	SR 2:24.42 2/8 Liberty Open
	Zothile Jesica MBHAMALI	JR 2:32.21 2/8 Liberty Open
	Alayna SUITE	SR 2:35.92 2/8 Liberty Open
	Megah HUMISTON	SR 2:55.31 12/7 Commonwealth



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Tuskegee — Women

as of 3/10/25 4:24 PM CT

88	60 Meters	32.04
LW: 88		average 8.01
An'Janae LATCHINSON	JR 7.70	2/21 SIAC Indoor Chc
Anitria SANGSTER	SR 7.71	2/21 SIAC Indoor Chc
Amira BROUSSARD	SO 8.31	2/8 UAB Green and
Nadia JONES	FR 8.32	1/19 KMS Indoor Invi

47	60 Meter Hurdles	37.67
LW: 47		average 9.42
29 An'Janae LATCHINSON	JR 8.61	2/21 SIAC Indoor Chc
Jahkaya MCBURNEY	SO 9.13	2/21 SIAC Indoor Chc
Amira BROUSSARD	SO 9.22	2/21 SIAC Indoor Chc
Serenity MITCHELL	FR 10.71	2/21 SIAC Indoor Chc

49	200 Meters	1:42.20
LW: 48 ▼ 1		average 25.55
92 Anitria SANGSTER	SR 24.76	2/21 SIAC Indoor Chc
95 An'Janae LATCHINSON	JR 24.78	2/21 SIAC Indoor Chc
Amira BROUSSARD	SO 25.95	2/21 SIAC Indoor Chc
Nadia JONES	FR 26.71	2/21 SIAC Indoor Chc

34	400 Meters	3:53.54
LW: 34		average 58.38
36 Anitria SANGSTER	SR 55.51	2/21 SIAC Indoor Chc
86 An'Janae LATCHINSON	JR 56.45	2/21 SIAC Indoor Chc
Amira BROUSSARD	SO 1:00.16	2/21 SIAC Indoor Chc
Jahkaya MCBURNEY	SO 1:01.42	2/2 South Alabama

113	800 Meters	10:02.60
LW: 113		average 2:30.65
Akierah WALKER	JR 2:24.95	2/21 SIAC Indoor Chc
Anaya MARTIN	SO 2:25.77	2/21 SIAC Indoor Chc
Jurni JANAC	FR 2:34.31	2/21 SIAC Indoor Chc
Genesis HARRELL	FR 2:37.57	2/8 UAB Green and

136	Mile	23:14.04
LW: 135 ▼ 1		average 5:48.51
Anaya MARTIN	SO 5:31.57	2/21 SIAC Indoor Chc
Akierah WALKER	JR 5:45.96	2/21 SIAC Indoor Chc
Genesis HARRELL	FR 5:50.73	2/21 SIAC Indoor Chc
Jurni JANAC	FR 6:05.78	2/2 South Alabama

127	3000 Meters	49:52.82
LW: 127		average 12:28.20
Anaya MARTIN	SO 11:29.63	2/2 South Alabama
Genesis HARRELL	FR 12:12.09	2/7 UAB Vulcan Invi
Shalyah TRESVANT	FR 12:48.54	2/21 SIAC Indoor Chc
Jurni JANAC	FR 13:22.56	2/7 UAB Vulcan Invi

68	5000 Meters	1:30:07
LW: 67 ▼ 1		average 22:31.74
Anaya MARTIN	SO 20:47.71	2/21 SIAC Indoor Chc
Shalyah TRESVANT	FR 22:31.70	2/21 SIAC Indoor Chc
Genesis HARRELL	FR 22:43.21	2/21 SIAC Indoor Chc
Jurni JANAC	FR 24:04.35	2/21 SIAC Indoor Chc

87	Long Jump	19.94m	65-5
LW: 86 ▼ 1		average 4.98m	16-4¼
De'Shell CARR	JR 5.34m	17-6¼	2/21 SIAC Indoor Chc
Amira BROUSSARD	SO 5.09m	16-8½	1/19 KMS Indoor Invi
Jahkaya MCBURNEY	SO 4.77m	15-7¾	2/21 SIAC Indoor Chc
Serenity MITCHELL	FR 4.74m	15-6¾	2/7 UAB Vulcan Invi

77	Shot Put	42.42m	139-2
LW: 77		average 10.60m	34-9½
Matealia HARPER	JR 11.12m	36-5¾	2/21 SIAC Indoor Chc
Danielle WILSON	JR 10.88m	35-8½	2/7 UAB Vulcan Invi
Serenity MITCHELL	FR 10.22m	33-6½	2/21 SIAC Indoor Chc
Aliyah PURNELL	FR 10.20m	33-5¾	2/2 South Alabama

21	Pentathlon	9,652
LW: 21		average 2,413
Jahkaya MCBURNEY	SO 2,753	2/7 UAB Vulcan Invi
Amira BROUSSARD	SO 2,614	2/21 SIAC Indoor Chc
De'Shell CARR	JR 2,383	2/21 SIAC Indoor Chc
Serenity MITCHELL	FR 1,902	2/7 UAB Vulcan Invi



#EventSquad Rankings — 2025 Checkpoint #7, March 11

UC-Colorado Springs — Women

as of 3/10/25 4:24 PM CT

17	60 Meters	30.77
LW: 17		average 7.69
34	Victoria FARINAS	SR 7.51c (7.47A) 3/1 RMAC
	Danaya KINNARD	SO 7.73c (7.71A) 12/7 Mines Alumni C
	Madissyn MOORE	JR 7.75c (7.71A) 3/1 RMAC
	Taryn FETTIG	SO 7.78c (7.74A) 12/13 Colorado Runni

9	60 Meter Hurdles	35.92
LW: 9		average 8.98
38	Krissie SANDERS	SO 8.66c (8.66A) 3/1 RMAC
100	Abigail FREY	JR 8.97c (8.97A) 12/7 Mines Alumni C
100	Payton RODGERS	FR 8.97c (8.97A) 2/16 Mountain Lion C
	Gigi DOUILLARD	SR 9.32c (9.32A) 3/1 RMAC

40	200 Meters	1:41.36
LW: 40		average 25.34
70	Victoria FARINAS	SR 24.62c (24.86fA) 3/1 RMAC
	Danaya KINNARD	SO 25.25c (25.50fA) 12/13 Colorado Runni
	Zane BULLOCK	SO 25.56c (25.81fA) 2/1 Big Red Machin
	Krissie SANDERS	SO 25.93c (26.19fA) 2/1 Big Red Machin

46	400 Meters	3:55.35
LW: 46		average 58.84
	Krissie SANDERS	SO 57.23c (57.77fA) 3/1 RMAC
	Gigi DOUILLARD	SR 58.75c (59.31fA) 3/1 RMAC
	Lilyana DELAGARZA	SO 59.61c (1:00.18fA) 2/16 Mountain Lion C
	Alyssa LOPEZ	SR 59.76c (1:00.34fA) 2/16 Mountain Lion C

24	800 Meters	9:07.43
LW: 24		average 2:16.86
38	Kate HEDLUND	SR 2:11.15c (2:12.00A) 1/18 Colorado Classi
	Rachel GOODRICH	SR 2:16.82c (2:20.39fA) 2/1 Big Red Machin
	Olivia SARGENT	FR 2:18.28c (2:21.89fA) 2/1 Big Red Machin
	Molly BREUER	JR 2:21.18c (2:24.11fA) 2/16 Mountain Lion C

4	Mile	19:15.54
LW: 4		average 4:48.88
5	Kate HEDLUND	SR 4:40.53 2/8 Scarlet/White Ir
12	Anna FAUSKE	SR 4:42.96c (4:50.03A) 1/18 Colorado Classi
52	Rachel RICHTMAN	SR 4:53.98c (5:06.55fA) 3/1 RMAC
94	Emma MONTOYA	SO 4:58.07c (5:10.82fA) 2/16 Mountain Lion C

9	3000 Meters	39:14.09
LW: 9		average 9:48.52
5	Anna FAUSKE	SR 9:18.96c (9:44.85fA) 3/1 RMAC
81	Madison BROSIG	FR 9:56.65c '10:24.29fA) 2/16 Mountain Lion C
83	Rachel RICHTMAN	SR 9:57.03c '10:24.68fA) 1/25 Colorado Runni
	Kseniya NIKANOROV	SO 10:01.45 '10:29.31fA) 1/25 Colorado Runni

6	5000 Meters	1:08:41
LW: 6		average 17:10.25
5	Anna FAUSKE	SR 16:15.34 2/8 Scarlet/White Ir
44	Kseniya NIKANOROV	SO 17:05.51 '17:54.95fA) 2/16 Mountain Lion C
73	Audrey BRUNKEN	SO 17:22.69 '18:12.96fA) 3/1 RMAC
	Kaya PILLIVANT	SO 17:57.46 '18:49.40fA) 2/16 Mountain Lion C

27	High Jump			6.30m		20-8
LW: 27				average	1.58m	5-2
66	Dallis ROBINSON	SO	1.65mA	5-5	2/16	Mountain Lion C
89	Lilyana DELAGARZA	SO	1.63mA	5-4¼	2/1	Big Red Machin
	Kathryn CARROLL	JR	1.52mA	4-11¾	12/13	Colorado Runni
	Brianna SPENCER	JR	1.50mA	4-11	1/25	Colorado Runni

13	Pole Vault			14.27m	46-9¾
LW: 13				average 3.57m	11-8½
34	Brooke PETERSON	JR	3.80mA	12-5½	2/1 Big Red Machin
54	Phia EDWARDS	SO	3.68mA	12-¾	3/1 RMAC
	Brianna SPENCER	JR	3.42mA	11-2½	12/7 Mines Alumni C
	Josie GATES	FR	3.37mA	11-¾	12/13 Colorado Runni

4	Long Jump		22.88m	75-¾
LW: 4			average 5.72m	18-9¼
39	Paige CORDERO	SO	5.79mA	19-0 3/1 RMAC
50	Danaya KINNARD	SO	5.74m	18-10 2/28 RMAC
67	Kathryn CARROLL	JR	5.69mA	18-8 2/16 Mountain Lion C
74	Madissyn MOORE	JR	5.66mA	18-7 3/1 RMAC

3	Triple Jump	46.97m	154-1
LW: 3		average 11.74m	38-6¼
19	Payton RODGERS	FR 12.06m	39-6¾ 2/15 Mountain Lion C
25	Kathryn CARROLL	JR 12.00m	39-4½ 1/25 Colorado Runni
69	Brielle BRACKEN	SO 11.53mA	37-10 2/16 Mountain Lion C
90	Sophia BOWSER	FR 11.38mA	37-4 3/1 RMAC

78	Shot Put		42.31m	138-10
LW: 78			average 10.58m	34-8½
	Savannah JORGENS	JR 12.73mA	41-9¼	3/1 RMAC
	Jaedyn KOHN	FR 11.83mA	38-9¼	2/16 Mountain Lion C
	Payton RODGERS	FR 9.28mA	30-5½	12/13 Colorado Runni
	Lilyana DELAGARZA	SO 8.47mA	27-9½	3/1 RMAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

UDC — Women

as of 3/10/25 4:24 PM CT

28	60 Meters	31.06
LW: 28		average 7.76
71	Iyanna JACKSON	SR 7.63 2/1 VMI Winter Rela
100	Kayla COOPER	JR 7.67 2/16 ECC
	Janel BAXTER	JR 7.86 2/16 ECC
	Dayna THOMPSON	JR 7.90 2/16 ECC
78	200 Meters	1:44.33
LW: 78		average 26.08
	Kayla COOPER	JR 25.25 2/16 ECC
	Iyanna JACKSON	SR 26.27 1/18 HBCU Showcas
	Dayna THOMPSON	JR 26.30 2/1 VMI Winter Rela
	Ayesha JARRETT	SR 26.51 1/18 HBCU Showcas
112	400 Meters	4:10.86
LW: 111 ▼ 1		average 1:02.72
	Ayesha JARRETT	SR 1:00.04 2/1 VMI Winter Rela
	Tukey FRANCIS	JR 1:00.45 2/16 ECC
	Yalix LINA	FR 1:03.00 2/1 VMI Winter Rela
	Mariela HERNANDEZ	SO 1:07.37 2/1 VMI Winter Rela



#EventSquad Rankings — 2025 Checkpoint #7, March 11

U-Mary — Women

as of 3/10/25 4:24 PM CT

13	60 Meters	30.64
LW: 13		average 7.66

5	Laila CLEARE	JR	7.36	3/1 NSIC
43	Tionce WALROND	SO	7.55	12/7 Mike Thorson O
	Micah BERNARD	SR	7.86	2/22 Marauders Tun
	Gabriella APELIAN	FR	7.87	12/14 Dakota Alumni

19	60 Meter Hurdles	36.27
LW: 19		average 9.07

20	Tia HORNING	SR	8.53	2/22 Marauders Tun
	Makayla ALLMARAS	FR	9.01	2/22 Marauders Tun
	Anna RADER	JR	9.25	12/14 Dakota Alumni
	Bernadette BELZER	SO	9.48	1/18 Marauders Indc

4	200 Meters	1:37.32
LW: 4		average 24.33

19	Laila CLEARE	JR	24.00c	(24.37f) 3/1 NSIC
30	Tionce WALROND	SO	24.15c	(24.52f) 3/1 NSIC
32	Sakena MASSIAH	SR	24.19 OT	2/15 SDSU Indoor Cl
	Tayen WERNER	FR	24.98c	(25.36f) 12/7 Mike Thorson O

9	400 Meters	3:43.37
LW: 9		average 55.84

22	Sakena MASSIAH	SR	54.74 OT	2/15 SDSU Indoor Cl
31	Tayen WERNER	FR	55.28 OT	2/15 SDSU Indoor Cl
88	Kelescica DOWNES	FR	56.51 OT	2/15 SDSU Indoor Cl
	Gabriella APELIAN	FR	56.84c	(57.60f) 3/1 NSIC

17	800 Meters	9:04.06
LW: 17		average 2:16.01

6	Elizabeth ACHESON	SR	2:06.62	2/15 SDSU Indoor Cl
55	Amber ROSEMEIER	FR	2:13.66c	(2:15.21f) 3/1 NSIC
	Sophie OLSONAWSKI	FR	2:21.69	2/15 SDSU Indoor Cl
	Ellyn ENGELS	FR	2:22.09	2/15 SDSU Indoor Cl

12	Mile	19:45.90
LW: 12		average 4:56.48

44	Elizabeth ACHESON	SR	4:52.85c	(4:55.74f) 1/18 Marauders Indc
48	Alyssa BECKER	SR	4:53.68c	(4:56.58f) 1/18 Marauders Indc
79	Kristine KALTHOFF	SR	4:56.83c	(4:59.76f) 3/1 NSIC
	Terez WYCKLENDT	JR	5:02.54c	(5:05.53f) 1/18 Marauders Indc

10	3000 Meters	39:19.92
LW: 10		average 9:49.98

12	Alyssa BECKER	SR	9:27.61c	(9:43.80A) 2/1 CU Invitational
32	Kristine KALTHOFF	SR	9:39.06c	(9:55.57A) 2/1 CU Invitational
	Andrijana FUNDAK	SR	10:01.62	(10:06.77f) 3/1 NSIC
	Terez WYCKLENDT	JR	10:11.63	2/15 SDSU Indoor Cl

24	5000 Meters	1:11:57
LW: 24		average 17:59.16

9	Alyssa BECKER	SR	16:30.86	2/15 SDSU Indoor Cl
49	Andrijana FUNDAK	SR	17:11.04	(17:18.94f) 3/1 NSIC
	Hannah WESTIN	SO	18:58.41	(19:07.13f) 3/1 NSIC
	Sarah GROTERBERG	FR	19:16.33	2/1 North Dakota Ir

38	High Jump	6.19m	20-3¾
LW: 38		average 1.55m	5-1

38	Jerrica PACHL	JR	1.68m	5-6 2/22 Marauders Tun
	Anna NASSET	FR	1.58m	5-2¼ 1/25 U-Mary Winter C
	Anna RADER	JR	1.57m	5-1¾ 12/14 Dakota Alumni
	Grace BAKER	FR	1.36m	4-5½ 12/14 Dakota Alumni

20	Long Jump	22.04m	72-3¾
LW: 20		average 5.51m	18-1

22	Taylor WEIDNER	SR	5.89m	19-4 2/22 Marauders Tun
58	Anna BRUNO	SO	5.71m	18-8¾ 1/25 U-Mary Winter C
	Kennedy MARCUS	FR	5.24m	17-2¼ 2/15 Maverick Premi
	Anna RADER	JR	5.20m	17-¾ 12/7 Mike Thorson O

7	Triple Jump	45.37m	148-10
LW: 7		average 11.34m	37-2¾

25	Taylor WEIDNER	SR	12.00m	39-4½ 2/28 NSIC
93	Kennedy MARCUS	FR	11.34m	37-2½ 2/22 Marauders Tun
	Anna NASSET	FR	11.15m	36-7 2/22 Marauders Tun
	Anna BRUNO	SO	10.88m	35-8½ 2/22 Marauders Tun



#EventSquad Rankings — 2025 Checkpoint #7, March 11

UMSL — Women

as of 3/10/25 4:24 PM CT

145	Mile	24:25.91
LW: 144▼1		average 6:06.48
Bridget RAGAN	FR 5:31.72c	(5:35.00f) 2/1 Principia Relays
Ella TYNAN	JR 5:39.40c	(5:42.75f) 2/21 Illinois College
Ansley CASEY	SO 6:14.46c	(6:18.16f) 2/8 Keck Invitation
Zoey LOSCH	SO 7:00.33c	(7:04.49f) 1/25 Illinois College



#EventSquad Rankings — 2025 Checkpoint #7, March 11

UNC Pembroke — Women

as of 3/10/25 4:24 PM CT

88	60 Meters	32.04
LW: 88		average 8.01
Ashlyn TURNER	FR 7.92	1/18 Finn Pincus Invi
Geri HERRERA	SO 7.94	2/1 VMI Winter Rela
Taniyah GLASPIE	SO 7.97	2/15 Virginia Beach I
Amiya WINSTON	FR 8.21	12/8 JDL Early Bird I

52	200 Meters	1:42.37
LW: 51 ▼ 1		average 25.59
87 Geri HERRERA	SO 24.72c	(25.10f) 2/24 Conference Car
Katie-Marie SHERLOCK	SO 25.61c	(26.00f) 1/18 Finn Pincus Invi
Amiya WINSTON	FR 25.97c	(26.37f) 2/24 Conference Car
Taniyah GLASPIE	SO 26.07	2/15 Virginia Beach I

113	Mile	22:12.20
LW: 112 ▼ 1		average 5:33.05
Moureen KIMAIYO	SO 5:20.85c	(5:24.02f) 2/13 JDL Fast Track
Jackline KOSGEI	SR 5:30.03c	(5:33.29f) 2/8 Camel City Invit
Malea BENNEWITZ	SO 5:30.73	2/1 VMI Winter Rela
Sharon NGETCH	FR 5:50.59c	(5:54.06f) 2/13 JDL Fast Track

95	3000 Meters	43:50.13
LW: 95		average 10:57.53
Moureen KIMAIYO	SO 10:23.37	(10:28.71f) 2/8 Camel City Invit
Sharon NGETCH	FR 11:08.18	(11:13.90f) 2/24 Conference Car
Malea BENNEWITZ	SO 11:08.47	(11:14.20f) 1/18 Finn Pincus Invi
Michela GRITTI	SO 11:10.11	(11:15.85f) 2/24 Conference Car

47	5000 Meters	1:15:010
LW: 46 ▼ 1		average 18:47.62
Moureen KIMAIYO	SO 18:02.60	(18:10.89f) 2/24 Conference Car
Malea BENNEWITZ	SO 18:43.74	(18:52.34f) 2/24 Conference Car
Sharon NGETCH	FR 19:09.89	(19:18.69f) 2/24 Conference Car
Michela GRITTI	SO 19:14.24	(19:23.08f) 2/24 Conference Car

97	Long Jump	19.39m	63-7½
LW: 96 ▼ 1		average 4.85m	15-11
Kyleigh POLLOCK	FR 5.28m	17-4	2/24 Conference Car
Mallory HANEY	SR 5.15m	16-10¾	2/15 Virginia Beach I
Ariana LIBERATORE	FR 4.69m	15-4¾	12/8 JDL Early Bird I
Taylor JORDAN	FR 4.27m	14-¼	12/8 JDL Early Bird I

86	Shot Put	41.00m	134-6
LW: 86		average 10.25m	33-7½
Yanelli DAWKINS	FR 11.14m	36-6¾	2/24 Conference Car
Rhianna GARMENDIZ	FR 10.21m	33-6	2/8 Camel City Invit
Jenella OLALEYE	SO 10.01m	32-10¼	2/1 VMI Winter Rela
Gloriest LUBAMBA	SO 9.64m	31-7½	2/15 Virginia Beach I

61	Weight Throw	52.12m	171-0
LW: 61		average 13.03m	42-9
Comfort AGWU	SO 14.13m	46-4¼	2/24 Conference Car
Yanelli DAWKINS	FR 13.36m	43-10	12/8 JDL Early Bird I
Makayla VANDUSEN	SO 12.66m	41-6½	2/24 Conference Car
Jenella OLALEYE	SO 11.97m	39-3¼	2/13 JDL Fast Track



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Upper Iowa — Women

as of 3/10/25 4:24 PM CT

142 60 Meters

33.29

LW: 142

average 8.32

Haylie HUTCHINSON	SO	8.13	12/6 Cornell Winter C
Carolina REGALADO	SR	8.22	2/23 Liz Wuertz Invita
Jillian DODDS	JR	8.25	2/23 Liz Wuertz Invita
Jordan SEKAFETZ	SR	8.69	1/25 Hilltop Invitatio

150 200 Meters

1:49.65

LW: 149 ♥ 1

average 27.41

Haylie HUTCHINSON	SO	26.91c	(27.32f)	1/25 Hilltop Invitatio
Jillian DODDS	JR	27.10c	(27.52f)	2/8 Luther Invitatio
Carolina REGALADO	SR	27.61c	(28.04f)	2/23 Liz Wuertz Invita
Jasheana TRACEY	FR	28.03c	(28.46f)	2/23 Liz Wuertz Invita

123 400 Meters

4:16.82

LW: 121 ♥ 2

average 1:04.20

Haylie HUTCHINSON	SO	1:02.96c	(1:03.79f)	2/1 Grinnell Inv
Eryn SABELKA	JR	1:03.72c	(1:04.56f)	2/23 Liz Wuertz Invita
Jasheana TRACEY	FR	1:05.07c	(1:05.93f)	2/1 Grinnell Inv
Jillian DODDS	JR	1:05.07c	(1:05.93f)	1/18 Chelsey M Henk



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Ursuline — Women

as of 3/10/25 4:24 PM CT

119	60 Meters	32.64
LW: 119		average 8.16
	Dayahana DOUGLAS	SR 7.77 2/8 Jud Logan Ligh
	Savahnna GYASI-NIMAKO	SO 8.10 1/18 Muskie Meet #1
	Autumn BURGESS	SR 8.24 2/21 Ed Finnigan Gre
	Malicca BROWN	SO 8.53 1/25 Tiffin University

77	60 Meter Hurdles	39.49
LW: 77		average 9.87
	Karrington GREEN	JR 9.44 3/1 G-MAC
	Breanna BANKS	SR 9.76 12/7 Spartan Holida
	Mya KNIGHT	SO 10.13 3/1 G-MAC
	Aaliyah BANKS	FR 10.16 2/8 Jud Logan Ligh

125	200 Meters	1:46.95
LW: 125		average 26.74
	Dayahana DOUGLAS	SR 25.38 OT 3/1 G-MAC
	Savahnna GYASI-NIMAKO	SO 27.13 OT 2/8 Jud Logan Ligh
	Autumn BURGESS	SR 27.20c (27.62f) 1/18 Muskie Meet #1
	Malicca BROWN	SO 27.24c (27.66f) 1/18 Muskie Meet #1

76	400 Meters	4:01.12
LW: 76		average 1:00.28
	81 Alaysia BROOKS	SR 56.36 OT 2/8 Jud Logan Ligh
	Eljoenai WEHL	FR 1:00.28 3/1 G-MAC
	Kennedy OUTLAND	FR 1:02.13 3/1 G-MAC
	Breanna BANKS	SR 1:02.35 2/21 Penn State Tun

23	800 Meters	9:06.87
LW: 23		average 2:16.72
	13 Alaysia BROOKS	SR 2:08.58 2/1 Midwest Classic
	A'Zaria THOMAS	SR 2:17.26c (2:18.84f) 1/18 Muskie Meet #1
	Jocelyn DORNBIRER	JR 2:20.50 3/1 G-MAC
	Katie LANE	FR 2:20.53 2/15 GVSU Big II

74	Mile	21:13.94
LW: 74		average 5:18.49
	A'Zaria THOMAS	SR 4:59.93 2/21 Penn State Tun
	Katie LANE	FR 5:14.50 2/21 Penn State Tun
	Emma ESTEVES	SR 5:24.92c (5:28.13f) 2/21 Ed Finnigan Gre
	Dominique WEISZ	SO 5:34.59 3/1 G-MAC

103	3000 Meters	44:23.37
LW: 103		average 11:05.84
	A'Zaria THOMAS	SR 10:14.25 12/13 Seahawk Shoot
	Emma ESTEVES	SR 10:31.55 2/15 GVSU Big II
	Emma SMITH	SR 11:37.10 3/1 G-MAC
	Gisele CABRERA	SO 12:00.47 2/8 Jud Logan Ligh

56	Long Jump		20.81m	68-3¼
LW: 55 ▼ 1			average 5.20m	17-1
82	Savahnna GYASI-NIMAKO	SO 5.64m	18-6 2/21	Penn State Tun
	Malicca BROWN	SO 5.15m	16-10¾ 2/15	Doug Raymond
	Mya KNIGHT	SO 5.15m	16-10¾ 2/15	Doug Raymond
	Karrington GREEN	JR 4.87m	15-11¾ 2/8	Jud Logan Ligh

82	Shot Put		41.86m	137-4
LW: 82			average 10.46m	34-4
	Jasmine JAMISON	JR 11.76m	38-7	12/7 Spartan Holiday
	Magdalene FURST	FR 10.17m	33-4½	2/15 Baldwin Wallace
	Maggie FURST	FR 10.03m	32-11	12/7 Spartan Holiday
	Adrianna RUBLE	SO 9.90m	32-5¾	1/25 Tiffin University

58	Weight Throw		52.86m	173-5
LW: 58			average 13.22m	43-4¼
	Jasmine JAMISON	JR 13.76m	45-1¾	2/21 Ed Finnigan Gre
	Claryssa PANAYOTTI	SO 13.66m	44-9¾	2/8 Jud Logan Ligh
	Meghan HODGES	SR 12.86m	42-2¼	12/13 Seahawk Shoot
	Delaney MACLAY	FR 12.58m	41-3¾	3/1 G-MAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

USC Beaufort (S.C.) — Women

as of 3/10/25 4:24 PM CT

166 60 Meters

34.67

LW: 166

average 8.67

Dionna RIVERS	FR	8.08	2/18 Peach Belt Indo
LeeAisha FORD	JR	8.24	2/18 Peach Belt Indo
Lily RAINTREE	FR	9.16	12/6 Birmingham Ice
Giana MCNEIL	FR	9.19	2/8 Liberty Open

159 200 Meters

1:50.77

LW: 158 1

average 27.69

LeeAisha FORD	JR	26.93	2/18 Peach Belt Indo
Dionna RIVERS	FR	26.99	2/18 Peach Belt Indo
Kasey THOMPSON	FR	28.40	2/1 Carolina Challe
Lailah-Hope WILLIAMS	FR	28.45	12/6 Birmingham Ice



#EventSquad Rankings — 2025 Checkpoint #7, March 11

UT Tyler — Women

as of 3/10/25 4:24 PM CT

58	60 Meters	31.46
LW: 58		average 7.86
	Brandi DRAKE	JR 7.71c (7.69A) 2/22 Lone Star
	Jasmine HAYWOOD	SO 7.86 1/17 Samford Invitat
	Aerin THOMPSON	JR 7.87 12/7 Crimson & Gold
	Bracie VAUGHN	JR 8.02 1/18 Samford Janua
27	200 Meters	1:39.84
LW: 27		average 24.96
52	Aerin THOMPSON	JR 24.47c (24.40A) 2/22 Lone Star
	Jasmine HAYWOOD	SO 24.92 1/17 Samford Invitat
	Brandi DRAKE	JR 25.09c (25.02A) 2/1 Texas Tech Star
	Kymia WOODARD	FR 25.36 1/18 Samford Janua
5	400 Meters	3:41.41
LW: 5		average 55.35
8	Aerin THOMPSON	JR 53.80c (53.69A) 2/22 Lone Star
23	Kamaria CARR	SO 54.87c (54.76A) 2/22 Lone Star
68	Hannah LAKIN	FR 56.16 OT 1/24 Rumble in the J
92	Kymia WOODARD	FR 56.58 2/1 Washburn Oper
21	800 Meters	9:05.65
LW: 21		average 2:16.41
47	Kamaria CARR	SO 2:12.65c (2:13.03A) 2/1 Texas Tech Star
	Macy COGBURN	FR 2:15.89 2/15 Russ Jewett Ind
	Calista SEGURA	SR 2:17.35 1/17 Samford Invitat
	Kymia WOODARD	FR 2:19.76 1/17 Samford Invitat
47	Mile	20:46.16
LW: 47		average 5:11.54
	Macy COGBURN	FR 5:00.92c (5:07.62A) 2/22 Lone Star
	Kailynn DENNEY	SO 5:05.15c (5:11.94A) 2/22 Lone Star
	Calista TURNER	FR 5:19.51 1/24 Rumble in the J
	Calista SEGURA	SR 5:20.58 1/18 Samford Janua
58	3000 Meters	42:06.79
LW: 58		average 10:31.70
	Gracie LADNER	SO 10:25.00 2/1 Washburn Oper
	Macy COGBURN	FR 10:25.64 1/18 Samford Janua
	Kailynn DENNEY	SO 10:35.72 1/18 Samford Janua
	Finley HUNTING	SO 10:40.43 1/24 Rumble in the J
43	5000 Meters	1:14:46
LW: 43		average 18:41.46
	Elayna METZGER	JR 18:29.66 12/7 Crimson & Gold
	Finley HUNTING	SO 18:32.86 12/7 Crimson & Gold
	Gracie LADNER	SO 18:38.22 12/7 Crimson & Gold
	Calista TURNER	FR 19:05.10 12/7 Crimson & Gold



#EventSquad Rankings — 2025 Checkpoint #7, March 11

UVa-Wise — Women

as of 3/10/25 4:24 PM CT

113	60 Meters	32.59
LW: 113		average 8.15
	Madison OUTLAND	SO 7.90 12/7 Centre First Ch
	Madison SUTHERLAND	FR 8.11 12/7 Centre First Ch
	Haley FAULKNER	FR 8.17 12/7 Centre First Ch
	Olivia MCCLINTOCK	FR 8.41 12/7 Centre First Ch

137	200 Meters	1:47.91
LW: 137		average 26.98
	Madison OUTLAND	SO 26.09c (26.49f) 3/2 SAC Indoor
	Haley FAULKNER	FR 26.46c (26.87f) 12/7 Centre First Ch
	Madison SUTHERLAND	FR 26.54c (26.95f) 3/2 SAC Indoor
	Paige PHILLIPS	FR 28.82c (29.26f) 12/7 Centre First Ch

161	800 Meters	11:45.63
LW: 161		average 2:56.41
	Amelia HAMILTON	FR 2:52.43c (2:54.41f) 2/15 Centre Indoor Ir
	Braelynn STROUTH	FR 2:52.82c (2:54.81f) 3/2 SAC Indoor
	Nicole POSTON	SO 2:57.15c (2:59.19f) 2/15 Centre Indoor Ir
	Jayden SISK	SO 3:03.23c (3:05.34f) 2/15 Centre Indoor Ir

86	Long Jump	19.96m	65-6
LW: 85 ▼ 1		average 4.99m	16-4½
Madison OUTLAND	SO 5.16m	16-11¼	3/2 SAC Indoor
Braelynn STROUTH	FR 5.01m	16-5¼	2/15 Centre Indoor Ir
Madison SUTHERLAND	FR 4.98m	16-4¼	2/15 Centre Indoor Ir
Haley FAULKNER	FR 4.81m	15-9½	1/25 Keydet Invitatic

29	Triple Jump		42.35m	139-0
LW: 29			average 10.59m	34-9
	Braelynn STROUTH	FR 10.85m	35-7¼	12/7 Centre First Ch
	Madison OUTLAND	SO 10.72m	35-2	3/2 SAC Indoor
	Kylie BRODT	FR 10.51m	34-5¾	3/2 SAC Indoor
	Raegan COX	FR 10.27m	33-8½	2/15 Centre Indoor Ir

83	Shot Put		41.64m	136-8
LW: 83			average 10.41m	34-2
	Nia ROGERS	SR 12.21m	40-¾	1/25 Keydet Invitatic
	Olyvia FLEMING	SO 10.01m	32-10¼	1/25 Keydet Invitatic
	Emma GIBSON	FR 9.77m	32-¾	1/25 Keydet Invitatic
	Emma BOBBITT	FR 9.65m	31-8	1/25 Keydet Invitatic

68	Weight Throw		49.86m	163-7
LW: 68			average 12.46m	40-10¾
	Nia ROGERS	SR 14.39m	47-2½	12/7 Centre First Ch
	Olyvia FLEMING	SO 12.61m	41-4½	2/15 Centre Indoor Ir
	Emma DINGUS	JR 11.86m	38-11	2/15 Centre Indoor Ir
	Emma BOBBITT	FR 11.00m	36-1¼	3/2 SAC Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

UW-Parkside — Women

as of 3/10/25 4:24 PM CT

66	60 Meters	31.70
LW: 66		average 7.93
	Essence BURROWS	FR 7.82 12/7 Forever Red Alu
	Mayda CONRAD	SO 7.86 3/2 GLIAC
	Rachel BLASKOWSKI	JR 7.88 1/18 Firebird First In
	Keira COOPER	FR 8.14 3/2 GLIAC

117	200 Meters	1:46.30
LW: 117		average 26.58
	Mayda CONRAD	SO 26.06 OT 3/2 GLIAC
	Keira COOPER	FR 26.44 OT 3/2 GLIAC
	Lainey FREDRICK	FR 26.50c (26.91f) 2/22 UW-Parkside Cl
	Arianah CARROLL	SR 27.30 OT 3/2 GLIAC

103	400 Meters	4:08.11
LW: 103		average 1:02.03
	Grace MILDICE	JR 58.02 OT 3/2 GLIAC
	Jasmine SIEBEN	FR 1:01.15 3/2 GLIAC
	Jacy BOBERG	SO 1:04.28c (1:05.13f) 2/22 UW-Parkside Cl
	Lainey FREDRICK	FR 1:04.66 2/1 Lake Michigan C

36	800 Meters	9:13.75
LW: 36		average 2:18.44
86	Johanna EBERT	FR 2:15.12 3/2 GLIAC
	Abbi STEINER	SO 2:17.98c (2:19.57f) 1/25 John Tierney Cl
	Grace MILDICE	JR 2:19.25 2/7 Lewis Invitation
	Audrey AMAYA	JR 2:21.40 2/7 Lewis Invitation

34	Mile	20:24.11
LW: 34		average 5:06.03
96	Johanna EBERT	FR 4:58.40 2/14 GVSU Big I
	Abbi STEINER	SO 5:01.43 2/1 Lake Michigan C
	Audrey AMAYA	JR 5:05.52 2/14 GVSU Big I
	Madison PEREZ	SO 5:18.76 3/2 GLIAC

55	3000 Meters	41:55.36
LW: 55		average 10:28.84
47	Abbi STEINER	SO 9:46.53 12/6 Grand Valley St
	Ella RONDEAU	SR 10:25.37 (10:30.73f) 1/25 John Tierney Cl
	Josie KOOIMA	FR 10:40.83 (10:46.32f) 2/22 UW-Parkside Cl
	Abby ROBSON	FR 11:02.63 2/7 Lewis Invitation

19	Long Jump	22.06m	72-4½
LW: 19		average 5.52m	18-1¼
4	Rachel BLASKOWSKI	JR 6.05m 19-10¼ 12/7 Forever Red Alu	
89	Essence BURROWS	FR 5.62m 18-5¼ 3/2 GLIAC	
	Keira COOPER	FR 5.33m 17-6 2/22 UW-Parkside Cl	
	Lainey FREDRICK	FR 5.06m 16-7¼ 2/1 Lake Michigan C	

64	Shot Put	43.33m	142-2
LW: 64		average 10.83m	35-6½
	Brooke MADER	JR 11.66m 38-3¼ 2/22 UW-Parkside Cl	
	Michelle BARNVOS	SR 11.15m 36-7 2/15 GVSU Big II	
	Shelby HANSHAW	FR 10.46m 34-4 2/1 Lake Michigan C	
	Hannah VLIES	JR 10.06m 33-¼ 1/18 Firebird First In	

34	Weight Throw	57.05m	187-2
LW: 34		average 14.26m	46-9½
	Brooke MADER	JR 15.49m 50-10 2/1 Lake Michigan C	
	Hannah VLIES	JR 14.78m 48-6 1/18 Firebird First In	
	Emily MAYNARD	SR 13.43m 44-¾ 2/15 GVSU Big II	
	Shelby HANSHAW	FR 13.35m 43-9¾ 3/2 GLIAC	



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Vanguard (Calif.) — Women

as of 3/10/25 4:24 PM CT

93	3000 Meters	43:38.99	
LW: 93		average 10:54.75	
	Kate BARANSKI	SR 10:23.77	1/25 CMS Outdoor-In
	Jessina MORALES	SR 10:33.76	1/25 CMS Outdoor-In
	Madyson NAKAMURA	FR 11:00.48	1/25 CMS Outdoor-In
	Emily NOYES	FR 11:40.98	1/25 CMS Outdoor-In
69	Shot Put	43.00m	141-1
LW: 69		average 10.75m	35-3¼
	Jaelah BUTLER	SR 12.73m	41-9¼ 1/25 CMS Outdoor-In
	Kaylee JONES	SR 10.25m	33-7½ 1/25 CMS Outdoor-In
	Gimena HURTADO	FR 10.25m	33-7½ 1/25 CMS Outdoor-In
	Andrea ESPINOZA NORIEGA	FR 9.77m	32-¾ 1/25 CMS Outdoor-In
70	Weight Throw	48.79m	160-1
LW: 70		average 12.20m	40-¼
	Jaelah BUTLER	SR 15.26m	50-¾ 1/25 CMS Outdoor-In
	Kaylee JONES	SR 12.55m	41-2¼ 1/25 CMS Outdoor-In
	Gimena HURTADO	FR 10.67m	35-¼ 1/25 CMS Outdoor-In
	Andrea ESPINOZA NORIEGA	FR 10.31m	33-10 1/25 CMS Outdoor-In



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Virginia State — Women

as of 3/10/25 4:24 PM CT

61	60 Meters	31.50
LW: 61		average 7.88
	Jayla GREENE	JR 7.72 1/31 Marlin Invitatio
	Eden RAMIREZ	SO 7.87 1/12 VCU Ram Indoo
	Markeria KING	SO 7.90 12/7 Visit Winston-Sc
	Elisha BARNES	JR 8.01 1/12 VCU Ram Indoo
49	60 Meter Hurdles	37.69
LW: 49		average 9.42
100	Jaelynn WYNDER-HILL	JR 8.97 2/17 CIAA
	Jada STARKS	SO 9.30 1/18 HBCU Showcas
	Skye MITCHELL	FR 9.67 12/8 JDL Early Bird I
	Gabrielle FREEMAN	FR 9.75 2/8 VMI Winter Clas
63	200 Meters	1:42.98
LW: 62 ▼ 1		average 25.74
80	Elisha BARNES	JR 24.68c (25.06f) 2/17 CIAA
	Jayla GREENE	JR 25.94 2/8 VMI Winter Clas
	Eden RAMIREZ	SO 26.14c (26.54f) 12/7 Visit Winston-Sc
	Markeria KING	SO 26.22c (26.62f) 2/17 CIAA
91	400 Meters	4:04.93
LW: 91		average 1:01.23
	Gabrielle FREEMAN	FR 1:00.69c (1:01.49f) 2/17 CIAA
	Torie SATTERWHITE	FR 1:00.74 1/31 Marlin Invitatio
	Desairey GRAY	JR 1:01.35 1/18 HBCU Showcas
	Elisha BARNES	JR 1:02.15c (1:02.97f) 12/7 Visit Winston-Sc
53	Long Jump	20.90m 68-7
LW: 52 ▼ 1		average 5.22m 17-1¾
	Kenedy SHIELDS	FR 5.50m 18-½ 1/18 HBCU Showcas
	A'Marah PARRISH	FR 5.23m 17-2 1/31 Marlin Invitatio
	Samiya DELL	SO 5.22m 17-1½ 1/31 Marlin Invitatio
	Jaelynn WYNDER-HILL	JR 4.95m 16-3 2/17 CIAA



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Virginia Union — Women

as of 3/10/25 4:24 PM CT

74	60 Meters	31.82	
LW: 74		average 7.96	
	Tenae MINOR	SR 7.69	1/12 VCU Ram Indoo
	Kayla LEE	SR 7.83	2/17 CIAA
	Christal ROLACK	JR 8.08	12/7 Visit Winston-Sc
	Reyani CHANCE	FR 8.22	1/25 Keydet Invitatic
80	200 Meters	1:44.54	
LW: 80		average 26.14	
	Tenae MINOR	SR 25.43	1/25 Keydet Invitatic
	Kayla LEE	SR 26.13c (26.53f)	2/17 CIAA
	Christal ROLACK	JR 26.47c (26.88f)	2/17 CIAA
	Nia RANDELL	SO 26.51c (26.92f)	12/7 Visit Winston-Sc
82	400 Meters	4:02.95	
LW: 82		average 1:00.74	
	Toni MIDDLEBROOKS	SO 59.08c (59.86f)	2/17 CIAA
	Jailyn JOHNSON	SO 1:00.80c (1:01.60f)	2/17 CIAA
	Christal ROLACK	JR 1:00.81c (1:01.612f)	12/7 Visit Winston-Sc
	Rhea BARNES	FR 1:02.26c (1:03.08f)	12/8 Christopher Neu
69	Long Jump	20.47m	67-2
LW: 68 ▼ 1		average 5.12m	16-9½
	Jade LANE	SR 5.55m	18-2½ 1/25 Keydet Invitatic
	Reyani CHANCE	FR 5.00m	16-5 2/17 CIAA
	Taylor PORTER	FR 5.00m	16-5 2/8 Liberty Open
	Angell GARRISON	JR 4.92m	16-1¾ 1/25 Keydet Invitatic



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Walsh — Women

as of 3/10/25 4:24 PM CT

150	60 Meters	33.57
LW: 150		average 8.39
	Camille NEUTZLING	FR 8.24 2/8 Jud Logan Ligh
	Talia MCLIN	SR 8.27 2/8 Jud Logan Ligh
	Kyla MILLER	FR 8.49 1/18 Muskie Meet #1
	Mackenzie CUTLIP	SO 8.57 12/6 Akron Haynes L

31	60 Meter Hurdles	36.89
LW: 31		average 9.22
	Toni DENMARK	SR 9.11 3/1 G-MAC
	Julie WHITE	SR 9.23 3/1 G-MAC
	Kyla MILLER	FR 9.23 1/31 Akron Invitator
	Camille NEUTZLING	FR 9.32 2/8 Jud Logan Ligh

162	200 Meters	1:51.65
LW: 161 ▼ 1		average 27.91
	Julie WHITE	SR 27.00 OT 1/25 Ashland Invitati
	Talia MCLIN	SR 27.95 OT 1/25 Ashland Invitati
	Skye MORRIS	FR 28.04c (28.47f) 2/21 Muskie Meet #4
	Kyla MILLER	FR 28.66 OT 1/25 Ashland Invitati

56	800 Meters	9:27.45
LW: 55 ▼ 1		average 2:21.86
	Claire RETHMAN	JR 2:19.36 1/25 Ashland Invitati
	Andi MANN	SR 2:19.66 2/22 Ashland Last Cf
	Eloise WILLET	FR 2:23.19 2/22 Ashland Last Cf
	Julie WHITE	SR 2:25.24 1/31 Akron Invitator

27	Mile	20:13.60
LW: 27		average 5:03.40
38	Claire RETHMAN	JR 4:52.14 3/1 G-MAC
	Andi MANN	SR 5:00.95 2/14 GVSU Big I
	Bella GRAHAM	FR 5:09.58 1/31 Akron Invitator
	Izzy RAMMEL	SR 5:10.93 3/1 G-MAC

22	3000 Meters	40:25.72
LW: 22		average 10:06.43
96	Bella GRAHAM	FR 9:59.06 2/8 Jud Logan Ligh
	Claire RETHMAN	JR 10:00.70 1/31 Akron Invitator
	Alyssa STONER	SO 10:08.37 1/25 Ashland Invitati
	Camryn BARKER	JR 10:17.59 1/25 Ashland Invitati

12	5000 Meters	1:10:04
LW: 12		average 17:30.89
68	Alyssa STONER	SO 17:21.51 2/14 GVSU Big I
72	Bella GRAHAM	FR 17:22.55 3/1 G-MAC
93	Camryn BARKER	JR 17:36.12 2/14 GVSU Big I
	Andi MANN	SR 17:43.38 12/6 Youngstown Stc

64	Long Jump		20.64m	67-8¾
LW: 64			average 5.16m	16-11¼
	Julie WHITE	SR 5.58m	18-3¾	3/1 G-MAC
	Toni DENMARK	SR 5.34m	17-6¼	2/8 Jud Logan Ligh
	Mackenzie CUTLIP	SO 5.16m	16-11¼	2/8 Jud Logan Ligh
	Porter SMITH	FR 4.56m	14-11½	1/18 Muskie Meet #1

71	Shot Put	42.92m	140-10
LW: 71		average 10.73m	35-2½
Tatum MILLER	SO 12.32m	40-5	12/6 Akron Haynes L
Maddie SWARTZ	SO 11.11m	36-5½	3/1 G-MAC
Toni DENMARK	SR 10.02m	32-10½	3/1 G-MAC
Maria REINHART	FR 9.47m	31-1	12/6 Akron Haynes L

26	Weight Throw		59.34m	194-8
LW: 26			average 14.84m	48-8¾
32	Tatum MILLER	SO 17.46m	57-3½	3/1 G-MAC
	Maddie SWARTZ	SO 15.32m	50-3¼	2/15 Doug Raymond
	Paige ANDERSON	SO 13.69m	44-11	2/8 Jud Logan Ligh
	Julia COSTEA	FR 12.87m	42-2¾	1/31 Akron Invitator



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Washburn — Women

as of 3/10/25 4:24 PM CT

1	60 Meters	30.08
LW: 1		average 7.52

12	Ta'Mijha NICHOLS	SO	7.41	3/2	MIAA
31	Alyssa HUTCHERSON	SR	7.50	3/2	MIAA
35	McKenzie HAYSE	FR	7.52	3/2	MIAA
88	Maya PATTISON	JR	7.65	3/2	MIAA

27	60 Meter Hurdles	36.76
LW: 27		average 9.19

46	Kaylee JAMES	JR	8.71	3/2	MIAA
70	Naiuri KREIN	JR	8.85	3/2	MIAA
	Addison WEBSTER	JR	9.40	2/15	Ichabod Invitat
	Ashley HEAVNER	JR	9.80	1/17	Washburn Rust

5	200 Meters	1:37.69
LW: 5		average 24.42

21	Ta'Mijha NICHOLS	SO	24.04 OT	3/2	MIAA
26	McKenzie HAYSE	FR	24.08 OT	3/2	MIAA
60	Alyssa HUTCHERSON	SR	24.51 OT	3/2	MIAA
	Maya PATTISON	JR	25.06	2/15	Ichabod Invitat

27	400 Meters	3:50.30
LW: 27		average 57.58

28	Kereser AUGUSTIN	JR	55.14 OT	3/2	MIAA
	Isabella KUPKA	JR	57.70 OT	1/24	Rumble in the J
	Katelyn JONES	SR	58.36	1/17	Washburn Rust
	Ashley HEAVNER	JR	59.10	2/15	Ichabod Invitat

53	800 Meters	9:26.70
LW: 52 ♥ 1		average 2:21.68

17	Lexie FONTAINE	JR	2:09.13	2/21	Ark Qual
	Riley AMMONS	FR	2:24.01	2/1	Washburn Oper
	Naiuri KREIN	JR	2:24.24	2/1	Washburn Oper
	Kenzie ROSS	FR	2:29.32	1/17	Washburn Rust

72	Mile	21:13.64
LW: 72		average 5:18.41

	Lexie FONTAINE	JR	5:02.35	2/15	Ichabod Invitat
	Eve WEBER	SR	5:12.03	1/17	Washburn Rust
	Jolie EVANS	FR	5:27.98	1/17	Washburn Rust
	Riley BRITTON	FR	5:31.28	2/15	Ichabod Invitat

73	3000 Meters	42:44.18
LW: 73		average 10:41.04

	Eve WEBER	SR	10:12.28	2/1	Washburn Oper
	Jolie EVANS	FR	10:38.62	2/1	Washburn Oper
	Sofia WENDELL	FR	10:48.61	2/1	Washburn Oper
	Riley BRITTON	FR	11:04.67	2/1	Washburn Oper

8	High Jump	6.53m	21-5
LW: 8		average 1.63m	5-4¼

2	Alexandra HART	JR	1.79m	5-10½	2/15	Ichabod Invitat
66	Paige PLATT	FR	1.65m	5-5	12/7	Washburn Alum
	Naiuri KREIN	JR	1.61m	5-3¼	3/2	MIAA
	Sheronika SIMEON	JR	1.48m	4-10¼	1/24	Rumble in the J

10	Pole Vault	14.48m	47-6
LW: 10		average 3.62m	11-10½

6	Isabel DEMARCO	FR	4.26m	13-11¼	2/1	Washburn Oper
15	Reagan HOUSLEY	SO	3.98m	13-¾	3/2	MIAA
	Abbey REDD	SO	3.12m	10-2¾	1/17	Washburn Rust
	Savannah BISHOP	JR	3.12m	10-2¾	1/17	Washburn Rust

17	Long Jump	22.08m	72-5¼
LW: 17		average 5.52m	18-1½

64	Alyssa HUTCHERSON	SR	5.70m	18-8½	3/2	MIAA
72	McKenzie HAYSE	FR	5.67m	18-7¼	12/7	Washburn Alum
	Naiuri KREIN	JR	5.50m	18-½	3/2	MIAA
	Taylor GRASSER	SR	5.21m	17-1¼	3/2	MIAA

34	Shot Put	47.40m	155-6
LW: 34		average 11.85m	38-10½

56	Adriel HOLLOWAY	JR	13.34m	43-9¼	1/24	Rumble in the J
	Ilaria VILLA	JR	12.66m	41-6½	1/24	Rumble in the J
	Naiuri KREIN	JR	12.35m	40-6¼	2/1	Washburn Oper
	Jadyn FALLEY	JR	9.05m	29-8¼	12/7	Washburn Alum

18	Weight Throw	62.72m	205-9
LW: 18		average 15.68m	51-5½

21	Adriel HOLLOWAY	JR	18.28m	59-11¾	3/2	MIAA
57	Paola CASTALDI	SR	17.04m	55-11	3/2	MIAA
	Ilaria VILLA	JR	14.08m	46-2½	2/15	Ichabod Invitat
	Tyler SMITH	SR	13.32m	43-8½	1/17	Washburn Rust



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Wayne State (Mich.) — Women

as of 3/10/25 4:24 PM CT

30	60 Meters	31.08
LW: 30		average 7.77
	Sasha-Gay THOMPSON	SO 7.68 12/7 Saginaw Valley
	Elyse MILLER	JR 7.69 12/7 Saginaw Valley
	Avery WILSON	JR 7.85 12/7 Saginaw Valley
	Hanne BASTIAANSEN	JR 7.86 12/7 Saginaw Valley

29	200 Meters	1:40.15
LW: 29		average 25.04
64	Hanne BASTIAANSEN	JR 24.55 OT 3/2 GLIAC
	Sasha-Gay THOMPSON	SO 25.08 OT 3/2 GLIAC
	Elyse MILLER	JR 25.23 OT 3/2 GLIAC
	Rachel OVERGAARD	SO 25.29 OT 3/2 GLIAC

24	400 Meters	3:49.73
LW: 24		average 57.43
	Avery WILSON	JR 56.72 OT 3/2 GLIAC
	Renae KUTCHA	SR 57.08 OT 3/2 GLIAC
	Emily GORDON	SR 57.65 OT 2/8 Wildcat, Cardin
	Makenzie WELLNER	SR 58.28 OT 2/21 SVSU Tune-Up

14	800 Meters	9:01.74
LW: 14		average 2:15.44
19	Emily GORDON	SR 2:09.54 2/14 GVSU Big I
73	Rachel FELSTOW	JR 2:14.71 2/21 SVSU Tune-Up
	Anna GDOWSKI	SO 2:15.94 2/14 GVSU Big I
	Annalise ELLIOTT	FR 2:21.55 2/21 SVSU Tune-Up

16	Mile	20:01.56
LW: 16		average 5:00.39
88	Emily GORDON	SR 4:57.54 2/1 PNC Lenny Lyle
90	Reagan JUSTICE	SR 4:57.81 2/21 SVSU Tune-Up
	Taylor HOPKINS	JR 4:59.24 3/2 GLIAC
	Robin BRESOLIN	SR 5:06.97 3/2 GLIAC

29	3000 Meters	40:39.05
LW: 29		average 10:09.76
44	Reagan JUSTICE	SR 9:45.20 1/24 GVSU Bill Clinge
	Taylor HOPKINS	JR 10:11.09 3/2 GLIAC
	Robin BRESOLIN	SR 10:17.49 2/15 GVSU Big II
	Aubrey MIGOSKI	JR 10:25.27 1/24 GVSU Bill Clinge

22	5000 Meters	1:11:17
LW: 22		average 17:49.14
21	Reagan JUSTICE	SR 16:42.20 2/14 GVSU Big I
	Annalee MISCH	SR 17:51.93 3/2 GLIAC
	Mattie DRENNAN	SR 18:08.49 3/2 GLIAC
	Aubrey MIGOSKI	JR 18:33.96 2/14 GVSU Big I

20	High Jump	6.38m	20-11¼
LW: 20		average 1.60m	5-2¾
52	Olivia FINDLAY	FR 1.67m	5-5¾ 12/7 Saginaw Valley
89	Ava STEINHEBEL	FR 1.63m	5-4¼ 2/21 SVSU Tune-Up
	Nevaeh BRANSON	SO 1.56m	5-1¼ 12/7 Saginaw Valley
	Gracie KLINK	SO 1.52m	4-11¾ 2/8 Wildcat, Cardin

30	Triple Jump		42.28m	138-9
LW: 30			average 10.57m	34-8¼
	Renae KUTCHA	SR 10.87m	35-8	1/18 Findlay Alumni
	Nicole WARREN	SO 10.76m	35-3¾	3/2 GLIAC
	Olivia FINDLAY	FR 10.48m	34-4¾	12/7 Saginaw Valley
	Annabelle SMITH	JR 10.17m	33-4½	12/7 Saginaw Valley



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Wayne State (Neb.) — Women

as of 3/10/25 4:24 PM CT

127	60 Meters	32.81
LW: 127		average 8.20

Alyssa FOLDS	FR 8.03	2/8 Wayne State (Neb)
Reagan MURPHY	FR 8.23	2/1 Mark Schuck Op
Ava WATKINS	FR 8.25	12/7 SDSU Holiday
Lindsey KNEIFL	JR 8.30	2/8 Wayne State (Neb)

73	60 Meter Hurdles	39.09
LW: 73		average 9.77

Reagan MURPHY	FR 9.10	2/8 Wayne State (Neb)
Jayrn WARECJKA	FR 9.75	12/7 SDSU Holiday
Olivia WILLIAMS	FR 10.01	2/8 Wayne State (Neb)
Kaylea BRUXVOORT	FR 10.23	1/18 Mount Marty La

120	200 Meters	1:46.77
LW: 120		average 26.69

Reagan MURPHY	FR 26.32 OT	2/21 SDSU Last Char
Alyssa FOLDS	FR 26.65 OT	2/8 Wayne State (Neb)
Zoey HOLMES	FR 26.79c (27.20f)	1/25 Concordia (Neb)
Kaylea BRUXVOORT	FR 27.01 OT	2/8 Wayne State (Neb)

70	800 Meters	9:32.57
LW: 70		average 2:23.14

Kaitlyn BLOOMENRADER	FR 2:20.68	2/21 SDSU Last Char
Zoey HOLMES	FR 2:21.01	2/15 SDSU Indoor Cl
Callie KIRCHNER	SO 2:23.62	2/15 SDSU Indoor Cl
Jozlyn BARNES	JR 2:27.26c (2:28.96f)	2/1 Mark Schuck Op

116	Mile	22:15.92
LW: 115♥ 1		average 5:33.98

Callie KIRCHNER	SO 5:26.30c (5:29.53f)	1/25 Concordia (Neb)
Allie CZAPLA	FR 5:26.68	2/15 SDSU Indoor Cl
Madeline KUNZ	JR 5:40.87c (5:44.25f)	2/1 Mark Schuck Op
Meghan CUNNINGHAM	SO 5:42.07	2/15 SDSU Indoor Cl

115	3000 Meters	45:40.60
LW: 115		average 11:25.15

Madeline KUNZ	JR 11:03.06 (11:08.74f)	1/25 Concordia (Neb)
Sydney ESCRITT	SO 11:03.89 (11:09.58f)	1/25 Concordia (Neb)
Allie CZAPLA	FR 11:33.45	12/7 SDSU Holiday
Maelee BEACOM	JR 12:00.20	2/8 Wayne State (Neb)

51	High Jump	6.04m	19-9¾
LW: 51		average 1.51m	4-11½

Jerika BAKENHUS	SO 1.60m	5-3	2/8 Wayne State (Neb)
Anna COFFEE	JR 1.58m	5-2¼	2/15 SDSU Indoor Cl
Jayrn WARECJKA	FR 1.45m	4-9	2/8 Wayne State (Neb)
Olivia WILLIAMS	FR 1.41m	4-7½	2/1 Mark Schuck Op

20	Shot Put	49.85m	163-7
LW: 20		average 12.46m	40-10¾

45	Olivia SCHWARZROCK	JR 13.50m	44-3½	12/7 SDSU Holiday
	Jalecia WILLIAMS	FR 12.35m	40-6¼	12/7 SDSU Holiday
	McKinley GROVER	FR 12.06m	39-6¾	2/1 Mark Schuck Op
	McKenna MARKLE	SR 11.94m	39-2¼	2/8 Wayne State (Neb)

10	Weight Throw	66.19m	217-2
LW: 10		average 16.55m	54-3½

39	Olivia SCHWARZROCK	JR 17.27m	56-8	12/7 SDSU Holiday
54	Hailey BAKER	SR 17.07m	56-0	1/18 Mount Marty La
89	Reilly YOUNG	SR 16.12m	52-10¾	2/8 Wayne State (Neb)
	Taylor ARP	FR 15.73m	51-7¼	1/18 Mount Marty La



#EventSquad Rankings — 2025 Checkpoint #7, March 11

West Alabama — Women

as of 3/10/25 4:24 PM CT

118	400 Meters	4:14.73
LW: --		average 1:03.68
Gabriel STEPHENS	JR 1:01.92	3/9 UWA Invitationc
Jamaya DANCY	FR 1:02.00	3/9 UWA Invitationc
Erica SMITH	SO 1:04.40	2/16 Samford Bulldo
Boneica MEADOWS	SO 1:06.41	3/9 UWA Invitationc



#EventSquad Rankings — 2025 Checkpoint #7, March 11

West Chester — Women

as of 3/10/25 4:24 PM CT

97	60 Meters	32.20
LW: 97		average 8.05
Lily PALACIO-LEWIS	SR 7.70	3/2 PSAC
Katja LARSEN	SO 7.91	3/2 PSAC
Genevieve MCDONALD	SO 8.16	1/18 Alvernia Winter
Rebekah BURNSHAW	FR 8.43	12/6 Fastrack Metro

72	60 Meter Hurdles	39.08
LW: 72		average 9.77
Cate HILDEBRAND	FR 9.46	12/6 Fastrack Metro
Morgan PERA	FR 9.50	2/22 Keogh Invitatio
Amanda MARQUIS	JR 10.00	3/2 PSAC
Kamryn FONTAINE	SO 10.12	12/13 Seahawk Shoot

75	200 Meters	1:44.22
LW: 75		average 26.06
Lily PALACIO-LEWIS	SR 25.04c (25.43f)	3/2 PSAC
Amanda MARQUIS	JR 26.11c (26.51f)	2/22 Keogh Invitatio
Katja LARSEN	SO 26.20c (26.60f)	2/22 Keogh Invitatio
Genevieve MCDONALD	SO 26.87c (27.28f)	1/18 Alvernia Winter

130	400 Meters	4:21.67
LW: 128▼2		average 1:05.42
Rebekah BURNSHAW	FR 1:01.63	2/15 Widener Indoor
Genevieve MCDONALD	SO 1:02.56	2/15 Widener Indoor
Jenell MOEBIUS	FR 1:07.54c (1:08.43f)	2/8 Frank Colden In
Kamryn FONTAINE	SO 1:09.94	12/6 Fastrack Metro

114	800 Meters	10:02.71
LW: 114		average 2:30.68
Kristina TAPIA	JR 2:25.88	2/15 Widener Indoor
Ellie GOLDBERG	JR 2:30.86	2/15 Widener Indoor
Amanda MARQUIS	JR 2:32.07c (2:33.82f)	3/2 PSAC
Haley DUBOIS	FR 2:33.90c (2:35.67f)	2/1 Bison Open & M

100	Mile	21:56.43
LW: 99▼1		average 5:29.11
Kristina TAPIA	JR 5:11.61	2/15 Widener Indoor
Ellie GOLDBERG	JR 5:15.83	2/15 Widener Indoor
Haley DUBOIS	FR 5:43.07	2/15 Widener Indoor
Rebecca KRAMER	SR 5:45.92	12/13 Seahawk Shoot

20	Pole Vault	13.55m	44-5½
LW: 20		average 3.39m	11-1¼
52 Annika HUMMEL	SR 3.70m	12-1½	3/2 PSAC
Kaylie GROFF	SO 3.35m	10-11¾	1/18 Alvernia Winter
Emily DONOGHEN	JR 3.35m	10-11¾	1/24 Widener Winter
Hannah LAFAVE	FR 3.15m	10-4	2/1 PLEX Shootout

66	Long Jump	20.59m	67-6¾
LW: 65▼1		average 5.15m	16-10¾
Katie PIESLAK	JR 5.27m	17-3½	2/22 Keogh Invitatio
Ryan LAYTON	FR 5.15m	16-10¾	12/13 Seahawk Shoot
Victoria GBODI	FR 5.14m	16-10½	1/24 Widener Winter
Amanda MARQUIS	JR 5.03m	16-6	2/8 Frank Colden In

21	Triple Jump	43.48m	142-8
LW: 21		average 10.87m	35-8
74 Victoria GBODI	FR 11.51m	37-9¼	1/24 Widener Winter
Katie PIESLAK	JR 11.04m	36-2¾	2/15 Widener Indoor
Ryan LAYTON	FR 10.47m	34-4¼	12/13 Seahawk Shoot
Nikolien BEZUIDENHOUT	FR 10.46m	34-4	12/13 Seahawk Shoot

70	Shot Put	42.95m	140-11
LW: 70		average 10.74m	35-2¾
Zhayria WASHINGTON	SR 12.54m	41-1¾	2/8 Frank Colden In
Emma DEYARIM	SO 11.30m	37-1	2/22 Keogh Invitatio
Jaclyn BORCKY	SO 9.71m	31-10¼	12/6 Fastrack Metro
Alyson VOGT	FR 9.40m	30-10¼	2/22 Keogh Invitatio

51	Weight Throw	54.21m	177-10
LW: 51		average 13.55m	44-5¾
Zhayria WASHINGTON	SR 15.45m	50-8¼	2/15 Widener Indoor
Emma DEYARIM	SO 14.02m	46-0	2/22 Keogh Invitatio
Adrianna BRYANT	SR 13.30m	43-7¾	2/22 Keogh Invitatio
Alyson VOGT	FR 11.44m	37-6½	2/22 Keogh Invitatio



#EventSquad Rankings — 2025 Checkpoint #7, March 11

West Liberty State — Women

as of 3/10/25 4:24 PM CT

74	60 Meters	31.82
LW: 74		average 7.96
96	Ky'Ara ROSS	SO 7.66 2/24 Mountain East
	Sierra LANHAM	JR 7.83 2/24 Mountain East
	Sasha HUNTER	FR 8.10 12/6 Youngstown Stc
	Brookelyn REYNOLDS	SO 8.23 2/15 SPIRE Collegiat

85	60 Meter Hurdles	41.12
LW: 85		average 10.28
	Marissa SCOTT	SO 9.13 2/24 Mountain East
	Kiara KESNER	FR 10.57 1/25 Ashland Invitati
	Jillian HUFFMAN	FR 10.68 2/24 Mountain East
	Madelyn CISAR	SO 10.74 2/8 Jud Logan Ligh

93	200 Meters	1:45.05
LW: 93		average 26.26
	Ky'Ara ROSS	SO 24.88 OT 2/24 Mountain East
	Sierra LANHAM	JR 25.72 OT 12/6 Youngstown Stc
	Brookelyn REYNOLDS	SO 26.73 OT 2/15 SPIRE Collegiat
	Kaylee DAVIS	FR 27.72 OT 2/15 SPIRE Collegiat

121	400 Meters	4:15.82
LW: 119▼ 2		average 1:03.95
	Brookelyn REYNOLDS	SO 59.16 OT 2/24 Mountain East
	Sasha HUNTER	FR 1:01.40 12/6 Youngstown Stc
	Kiara KESNER	FR 1:07.09 12/6 Youngstown Stc
	Madelyn CISAR	SO 1:08.17c (1:09.07f) 1/18 Muskie Meet #1

156	800 Meters	11:11.97
LW: 156		average 2:47.99
	Lacey DIMIT	SO 2:19.46 2/24 Mountain East
	Jillian HUFFMAN	FR 2:50.96 2/24 Mountain East
	Makayla CARTER	FR 2:55.96 2/15 SPIRE Collegiat
	Ashley MARTIN	FR 3:05.59 2/1 YSU Mid Major I

139	Mile	23:24.57
LW: 138▼ 1		average 5:51.14
	Lacey DIMIT	SO 5:23.52 2/1 YSU Mid Major I
	Morgan LESNANSKY	JR 5:27.70 1/25 Ashland Invitati
	Ally HICKS	JR 6:07.08c (6:10.71f) 1/18 Muskie Meet #1
	Makayla CARTER	FR 6:26.27 2/15 SPIRE Collegiat

62	5000 Meters	1:18:34
LW: 61▼ 1		average 19:38.45
	Lacey DIMIT	SO 18:21.25 12/6 Youngstown Stc
	Morgan LESNANSKY	JR 18:49.16 12/6 Youngstown Stc
	Ally HICKS	JR 20:07.48 12/6 Youngstown Stc
	Makayla CARTER	FR 21:15.89 12/6 Youngstown Stc

55	High Jump		6.01m	19-8½
LW: 55			average 1.50m	4-11
	Hailey HARRIS	FR 1.55m	5-1	1/18 Muskie Meet #1
	Jillian HUFFMAN	FR 1.55m	5-1	2/8 Jud Logan Ligh
	Sierra LANHAM	JR 1.50m	4-11	2/24 Mountain East
	Ava HOFFMAN	FR 1.41m	4-7½	2/15 Baldwin Wallac

68	Long Jump	20.51m	67-3½
LW: 67 ▼ 1		average 5.13m	16-10
18	Ky'Ara ROSS	SO 5.94m	19-6 2/24 Mountain East
53	Sierra LANHAM	JR 5.73m	18-9¾ 2/24 Mountain East
	Jillian HUFFMAN	FR 4.59m	15-¾ 2/1 YSU Mid Major I
	Ashley MARTIN	FR 4.25m	13-11½ 2/1 YSU Mid Major I

43	Shot Put		46.51m	152-7
LW: 43			average 11.63m	38-1¾
87	Pamela KANDRACH	FR	12.97m	42-6¾ 12/7 Toy Drive Invite
	Sierra DAVIS	SO	11.83m	38-9¾ 2/1 YSU Mid Major I
	Haley NORRIS	JR	10.89m	35-8¾ 2/24 Mountain East
	Rylyn BIELINSKI	FR	10.82m	35-6 2/24 Mountain East

38	Weight Throw		56.55m	185-7
LW: 38			average 14.14m	46-4¾
	Sierra DAVIS	SO 14.26m	46-9½	12/7 Toy Drive Invite
	Haley NORRIS	JR 14.26m	46-9½	12/7 Toy Drive Invite
	Katie HILL	SR 14.02m	46-0	2/24 Mountain East
	Pamela KANDRACH	FR 14.01m	45-11¾	2/15 SPIRE Collegiat



#EventSquad Rankings — 2025 Checkpoint #7, March 11

West Texas A&M — Women

as of 3/10/25 4:24 PM CT

45	60 Meters	31.32
LW: 45		average 7.83
62	Deborah ACHEAMPONG	SO 7.60c (7.58A) 2/22 Lone Star
100	DeOndra GREEN	SR 7.67c (7.65A) 2/15 Texas Tech Jar
	Leah RUTHARDT	FR 7.95c (7.93A) 1/18 Corky Classic
	Kailee BENTON	JR 8.10c (8.08A) 1/18 Corky Classic

13	60 Meter Hurdles	36.02
LW: 13		average 9.01
40	Temitope ADENUGA	FR 8.68c (8.68A) 12/13 Colorado Runni
	Taylor GONZALEZ	JR 8.98c (8.98A) 12/13 Colorado Runni
	Janae KELLY	SR 9.14c (9.14A) 2/22 Lone Star
	Kailee BENTON	JR 9.22c (9.22A) 2/22 Lone Star

12	200 Meters	1:38.52
LW: 12		average 24.63
9	Blessing AKINTOYE	SO 23.85c (23.78A) 2/22 Lone Star
32	Deborah ACHEAMPONG	SO 24.19c (24.12A) 2/22 Lone Star
43	Peace NWAELEHIA	FR 24.33c (24.26A) 2/1 Texas Tech Star
	Leah RUTHARDT	FR 26.15c (26.08A) 2/15 Texas Tech Jar

3	400 Meters	3:39.88
LW: 3		average 54.97
2	Blessing AKINTOYE	SO 53.21c (53.10A) 2/22 Lone Star
5	Peace NWAELEHIA	FR 53.44c (53.33A) 2/22 Lone Star
59	Asana HAMIDU	FR 55.97c (55.86A) 2/22 Lone Star
	Temitope ADENUGA	FR 57.26c (57.15A) 1/24 Red Raider

82	800 Meters	9:42.66
LW: 82		average 2:25.66
4	Abigail ABUGIRE	FR 2:06.34 2/15 David Hemery v
	Isabella CELIS	FR 2:26.10c (2:26.52A) 1/24 Red Raider
	Jessica GARCIA	SO 2:28.41c (2:28.83A) 1/24 Red Raider
	Kailee BENTON	JR 2:41.81c (2:42.71A) 2/22 Lone Star

7	Mile	19:19.16
LW: 7		average 4:49.79
17	Abigail ABUGIRE	FR 4:45.75c (4:52.11A) 2/22 Lone Star
23	Eliette CHAPUT	JR 4:47.70c (4:54.10A) 2/22 Lone Star
40	Kalkidan VINCENDEAU	SR 4:52.19c (4:58.69A) 1/31 New Mexico Inv
47	Sarah KOOMSON	SO 4:53.52c (5:00.05A) 1/31 New Mexico Inv

3	3000 Meters	38:15.20
LW: 3		average 9:33.80
15	Kalkidan VINCENDEAU	SR 9:28.82 12/7 BU Opener
19	Naomi ADDO	FR 9:31.15c (9:45.57A) 2/22 Lone Star
23	Sarah KOOMSON	SO 9:34.76c (9:49.27A) 1/31 New Mexico Inv
37	Eliette CHAPUT	JR 9:40.47 12/7 BU Opener

2	5000 Meters	1:06:39
LW: 2		average 16:39.87
10	Naomi ADDO	FR 16:31.99 2/15 David Hemery v
17	Elise LEVEEL	SR 16:37.74 2/15 David Hemery v
20	Julie LAFARE	JR 16:41.19 2/15 David Hemery v
27	Sarah KOOMSON	SO 16:48.54 (17:15.94A) 2/22 Lone Star

11	Long Jump		22.37m	73-4¾
LW: 11			average 5.59m	18-4¼
39	Kailee BENTON	JR 5.79m	19-0	12/13 Colorado Runni
	Leidy CUESTA	FR 5.59mA	18-4¼	12/13 Colorado Runni
	Haisley HUFFMAN	FR 5.54mA	18-2¼	12/13 Colorado Runni
	Mara ANDRITSCH	FR 5.45mA	17-10¾	2/22 Lone Star

8	Triple Jump	45.25m	148-6
LW: 8		average 11.31m	37-1½
8	Leidy CUESTA	FR 12.39mA	40-7¾ 2/22 Lone Star
42	Audrey UZOUKWU	SR 11.84mA	38-10¼ 2/22 Lone Star
	Haisley HUFFMAN	FR 10.66mA	34-11¾ 12/13 Colorado Runni
	Ariadna DE LA ROSA	FR 10.36mA	34-0 12/13 Colorado Runni

19	Shot Put		50.06m	164-3
LW: 19			average 12.52m	41-¾
32	Meadow GALLENTINE	JR 13.72mA	45-¼ 2/22	Lone Star
87	Alexandria TICE	JR 12.97mA	42-6¾ 2/22	Lone Star
	Hope GRAY	JR 12.41mA	40-8¾ 1/25	Colorado Runni
	Abigail PROVOST	SO 10.96mA	35-11½ 2/22	Lone Star

12	Weight Throw			64.95m	213-1
LW: 12				average 16.24m	53-3¼
4	Meadow GALLENTEINE	JR	19.53mA	64-1	1/25 Colorado Runni
48	Hope GRAY	JR	17.16mA	56-3¾	1/25 Colorado Runni
	Abigail PROVOST	SO	15.00mA	49-2½	2/22 Lone Star
	Alexandria TICE	JR	13.26mA	43-6	12/13 Colorado Runni



#EventSquad Rankings — 2025 Checkpoint #7, March 11

West Virginia State — Women

as of 3/10/25 4:24 PM CT

24	60 Meters	30.96
LW: 24		average 7.74
15	Candace MORRIS	SO 7.42 2/24 Mountain East
96	Zoe LEDET	SO 7.66 2/24 Mountain East
	Zoe MCDONALD	SO 7.90 2/24 Mountain East
	Antiya MCALISTER	SO 7.98 2/15 Marshall Inv
30	200 Meters	1:40.29
LW: 30		average 25.07
75	Zoe LEDET	SO 24.65 OT 2/24 Mountain East
82	Candace MORRIS	SO 24.71 OT 2/24 Mountain East
	Antiya MCALISTER	SO 25.45 OT 2/15 Marshall Inv
	Jaime PRESTON	SO 25.48 OT 1/31 Akron Invitator
51	400 Meters	3:56.40
LW: 51		average 59.10
	Jaime PRESTON	SO 58.14 OT 1/31 Akron Invitator
	Jayla WOODS	FR 58.14 OT 2/15 Marshall Inv
	Deja Simone CURRY-BROWN	FR 59.49 OT 2/15 Marshall Inv
	Shaienne WILEY	SO 1:00.63 2/24 Mountain East
150	800 Meters	10:40.34
LW: 150		average 2:40.08
	Trinity CHARLES	FR 2:25.43 2/15 Marshall Inv
	Shaienne WILEY	SO 2:29.98 2/15 Marshall Inv
	Jaylin CLAYTON	SO 2:50.14 1/25 Brant Tolsma Ir
	Ami V. DEKPOH	FR 2:54.79 2/15 Marshall Inv



#EventSquad Rankings — 2025 Checkpoint #7, March 11

West Virginia Wesleyan — Women

as of 3/10/25 4:24 PM CT

78	60 Meter Hurdles	39.56
LW: 78		average 9.89
	Samantha CASH	SR 9.03 2/24 Mountain East
	Ayanna WOODS	SO 9.09 2/24 Mountain East
	Jorden GOLDEN	FR 9.22 2/24 Mountain East
	Carlee DILLARD	FR 12.22 2/1 YSU Mid Major I

171	200 Meters	1:53.60
LW: 170 ▼ 1		average 28.40
	Ayanna WOODS	SO 27.45 OT 1/11 Marshall Classic
	Samantha CASH	SR 27.93 OT 1/11 Marshall Classic
	Jorden GOLDEN	FR 28.99 OT 1/11 Marshall Classic
	Taryn VELTRI	FR 29.23c (29.68f) 1/18 Muskie Meet #1

132	400 Meters	4:22.73
LW: 130 ▼ 2		average 1:05.68
	Dakota JOHNSON	JR 1:00.09 2/24 Mountain East
	Marimo AKITA	JR 1:02.90c (1:03.73f) 1/18 Muskie Meet #1
	Taryn VELTRI	FR 1:06.67 2/1 YSU Mid Major I
	Shaelyn CAPICOLA	FR 1:13.07 1/11 Marshall Classic

65	800 Meters	9:29.95
LW: 65		average 2:22.49
	Lindsey DILLON	FR 2:17.37 2/24 Mountain East
	Dakota JOHNSON	JR 2:23.36 1/11 Marshall Classic
	Samantha CASH	SR 2:24.36 2/24 Mountain East
	Reyna HEADLEY	FR 2:24.86 2/15 Marshall Inv

123	Mile	22:42.37
LW: 122 ▼ 1		average 5:40.59
	Lindsey DILLON	FR 5:17.38c (5:20.52f) 1/18 Muskie Meet #1
	Aubrey PAES	FR 5:22.88c (5:26.07f) 1/18 Muskie Meet #1
	Sofia PANCOAST	SO 5:50.32c (5:53.78f) 1/18 Muskie Meet #1
	Kristina LESHIO	JR 6:11.79 2/1 YSU Mid Major I

88	3000 Meters	43:24.75
LW: 88		average 10:51.19
	95 Leigha HALL	SR 9:58.85 2/24 Mountain East
	Aubrey PAES	FR 10:36.06 2/1 YSU Mid Major I
	Lindsey DILLON	FR 10:42.85 2/1 YSU Mid Major I
	Jessica WILLIAMS	SO 12:06.99 1/11 Marshall Classic

51	5000 Meters	1:16:04
LW: 50 ▼ 1		average 19:01.07
	60 Leigha HALL	SR 17:18.40 2/24 Mountain East
	Taylor HESS	FR 18:38.86 2/24 Mountain East
	Aubrey PAES	FR 18:52.27 2/15 Marshall Inv
	Madison LOOKER	SO 21:14.75 2/15 Marshall Inv

75	Shot Put		42.56m	139-8
LW: 75			average 10.64m	34-11
	Mallory MCGINNIS	SO 12.26m	40-2¾	2/24 Mountain East
	Clíodhna COLLINS	FR 10.69m	35-1	1/18 Muskie Meet #1
	Jacquelin LEAMAN	JR 10.19m	33-5¼	2/1 YSU Mid Major I
	Jazmyn BROWN	FR 9.42m	30-11	1/18 Muskie Meet #1

73	Weight Throw	46.36m	152-1
LW: 73		average 11.59m	38-¼
Jacqualin LEAMAN	JR 13.27m	43-6½	2/24 Mountain East
Mallory MCGINNIS	SO 11.13m	36-6¼	1/18 Muskie Meet #1
Clíodhna COLLINS	FR 11.09m	36-4¾	2/15 Marshall Inv
Chloe COX	FR 10.87m	35-8	2/15 Marshall Inv



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Western Colorado — Women

as of 3/10/25 4:24 PM CT

16	60 Meters	30.76
LW: 16		average 7.69
39	Myia DANTZLER	SR 7.53c (7.49A) 3/1 RMAC
100	Nellie WARTANIAN	FR 7.67c (7.63A) 1/25 Colorado Runni
	Gabi HUGGINS	SO 7.76c (7.72A) 3/1 RMAC
	Liz JOHNSON	JR 7.80c (7.76A) 3/1 RMAC

47	200 Meters	1:42.12
LW: 46 ♥ 1		average 25.53
68	Myia DANTZLER	SR 24.58c (24.82fA) 2/21 RMAC Last Char
	Liz JOHNSON	JR 25.25c (25.50fA) 2/21 RMAC Last Char
	Kelia PORTIS	SR 25.38c (25.63fA) 2/21 RMAC Last Char
	Penny NICHOLS	FR 26.91c (27.18fA) 2/21 RMAC Last Char

72	400 Meters	4:00.88
LW: 72		average 1:00.22
	Kelia PORTIS	SR 57.55c (58.10fA) 2/21 RMAC Last Char
	Myia DANTZLER	SR 1:00.22c (1:00.11A) 2/15 Mountain State
	Kiarra LAPP	JR 1:00.58c (1:01.17fA) 12/7 Mountaineer Op
	Liz JOHNSON	JR 1:02.53c (1:03.14fA) 1/25 Colorado Runni

9	Mile	19:27.13
LW: 9		average 4:51.78
18	Allison BEASLEY	SR 4:46.11c (5:02.17fA) 2/1 Big Red Machin
25	Emma KJELLENSEN	JR 4:48.39c (5:04.58fA) 2/21 RMAC Last Char
33	Lauren WILLSON	JR 4:50.28c (5:06.57fA) 2/21 RMAC Last Char
	Peyton WEISS	SO 5:02.35c (5:19.32fA) 12/7 Mountaineer Op

11	3000 Meters	39:46.26
LW: 11		average 9:56.57
14	Allison BEASLEY	SR 9:27.90c '10:02.90fA) 2/21 RMAC Last Char
74	Lauren WILLSON	JR 9:55.64c '10:32.36fA) 12/7 Mountaineer Op
	Gretchen SLATTUM	SR 10:11.32 '10:49.00fA) 2/1 Big Red Machin
	Jayda NIX	SO 10:11.40 '10:49.09fA) 12/7 Mountaineer Op

23	5000 Meters	1:11:24
LW: 23		average 17:50.91
	Gretchen SLATTUM	SR 17:39.34 '18:30.41fA) 3/1 RMAC
	Haley WOOD	SR 17:39.34 '18:30.41fA) 3/1 RMAC
	Emma BERG	JR 17:51.89 (18:17.08A) 2/15 Mountain State
	Lacey KUNZ	JR 18:13.06 (18:38.75A) 2/15 Mountain State

15	High Jump	6.44m	21-1½
LW: 15		average 1.61m	5-3¼
3	Samantha BRETZ	SR 1.78mA 5-10 3/1 RMAC	
20	Nycole MESHEW	SO 1.71mA 5-7¼ 2/21 RMAC Last Char	
	Penny NICHOLS	FR 1.50mA 4-11 12/7 Mountaineer Op	
	Ainsley ROSENOW	JR 1.45mA 4-9 12/7 Mountaineer Op	

38	Long Jump	21.47m	70-5¼
LW: 38		average 5.37m	17-7½
	Gabi HUGGINS	SO 5.52mA 18-1½ 2/1 Big Red Machin	
	Eireann DONOHOE	SR 5.40mA 17-8¾ 2/1 Big Red Machin	
	Emma ALFORD	SO 5.29mA 17-4¼ 2/1 Big Red Machin	
	Maya WALTERS	SO 5.26mA 17-3¼ 12/7 Mountaineer Op	

19	Triple Jump	43.87m	143-11
LW: 19		average 10.97m	35-11¾
39	Eireann DONOHOE	SR 11.86mA 38-11 2/21 RMAC Last Char	
	Emma ALFORD	SO 11.07mA 36-4 2/21 RMAC Last Char	
	Maya WALTERS	SO 10.72mA 35-2 12/7 Mountaineer Op	
	Emily KOETTERITZ	SO 10.22mA 33-6½ 2/1 Big Red Machin	



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Western Oregon — Women

as of 3/10/25 4:24 PM CT

54	60 Meters	31.43
LW: 54		average 7.86
31	Nerissa THOMPSON JR 7.50	2/8 Riverfront Invit
	Jazmine DOTSON JR 7.81	2/18 GNAC
	Annika MORROW FR 7.87	12/14 Spokane Invitat
	Alyse FOUNTAIN FR 8.25	2/8 George Fox Ind

30	60 Meter Hurdles	36.88
LW: 30		average 9.22
	Aliyah TABA FR 9.02	2/18 GNAC
	Macy CLEMENS SR 9.21	2/18 GNAC
	Amariyah CLAY JR 9.27	2/18 GNAC
	Isabel ZAMORA-MERCADO FR 9.38c	(9.38A) 1/25 Nevada Invitati

91	200 Meters	1:45.02
LW: 91		average 26.26
	Nerissa THOMPSON JR 25.34	2/8 Riverfront Invit
	Jazmine DOTSON JR 25.73	2/18 GNAC
	Annika MORROW FR 26.93 OT	1/17 Washington Ina
	Madeline LAMBING SR 27.02	2/8 Riverfront Invit

88	800 Meters	9:46.50
LW: 88		average 2:26.62
	Kaydence NGUYEN SO 2:17.13	2/18 GNAC
	Madison HURI FR 2:24.72	2/8 Riverfront Invit
	Macy CLEMENS SR 2:32.24	2/18 GNAC
	Amariyah CLAY JR 2:32.41	2/18 GNAC

68	Mile	21:03.93
LW: 68		average 5:15.98
	Jazmine LIEBL FR 5:10.01	2/1 Washington Inv
	Kaydence NGUYEN SO 5:11.52	1/17 Washington Ina
	Maslin SIGLER FR 5:18.84	1/17 Washington Ina
	Kyla POTRATZ FR 5:23.56	1/17 Washington Ina

7	High Jump	6.56m	21-6¼
LW: 7		average 1.64m	5-4½
38	Amity DETERS SR 1.68mA	5-6	1/25 Nevada Invitati
66	Kylie GRIFFIN JR 1.65m	5-5	1/17 Washington Ina
97	Amariyah CLAY JR 1.62m	5-3¾	2/8 George Fox Ind
	Macy CLEMENS SR 1.61m	5-3¾	2/18 GNAC

26	Long Jump	21.79m	71-6
LW: 26		average 5.45m	17-10½
23	Ujunwa NWOKOMA JR 5.88mA	19-3½	12/7 Silver State Invi
	Amariyah CLAY JR 5.42m	17-9½	2/18 GNAC
	Macy CLEMENS SR 5.33m	17-6	2/18 GNAC
	Amity DETERS SR 5.16mA	16-11¼	1/25 Nevada Invitati

10	Triple Jump	44.93m	147-5
LW: 10		average 11.23m	36-10¼
30	Ujunwa NWOKOMA JR 11.96m	39-3	2/18 GNAC
40	Amariyah CLAY SO 11.85m	38-10½	2/17 GNAC
	Macy CLEMENS SR 11.01m	36-1½	2/18 GNAC
	Alecia LEMEZA SO 10.11m	33-2	2/18 GNAC

58	Shot Put	44.91m	147-4
LW: 57 ▼ 1		average 11.23m	36-10
	Guinevere RYDBERG JR 11.87mA	38-11½	1/25 Nevada Invitati
	Grace LAM TIANG JR 11.86m	38-11	2/18 GNAC
	Amariyah CLAY JR 11.56mA	37-11¼	12/7 Silver State Invi
	Macy CLEMENS SR 9.62m	31-6¾	2/18 GNAC

6	Pentathlon	12,689
LW: 6		average 3,172
36	Amariyah CLAY JR 3,436	2/18 GNAC
37	Macy CLEMENS SR 3,435	2/18 GNAC
70	Amity DETERS SR 3,183	2/18 GNAC
	Alexa MCGOWAN FR 2,635	2/18 GNAC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Western Washington — Women

as of 3/10/25 4:24 PM CT

60	60 Meters	31.47	
LW: 60		average 7.87	
49	Caitlyn CHENEY	SR 7.57	1/17 Washington Ina
	Bec BENNETT	JR 7.91	1/17 Washington Ina
	Hannah POLKINGHORN	JR 7.91	12/14 Spokane Invitat
	Kennedy COOK	SO 8.08	12/14 Spokane Invitat

51	60 Meter Hurdles	37.70	
LW: 51		average 9.43	
	Ari NGUYEN	SO 9.13	2/15 Husky Cl
	Isabella PORTER	SR 9.46	2/18 GNAC
	Karma WALKER	SO 9.55	2/18 GNAC
	Nicole AVERY	JR 9.56	2/18 GNAC

21	200 Meters	1:39.50	
LW: 21		average 24.88	
57	Bec BENNETT	JR 24.50	2/18 GNAC
98	Caitlyn CHENEY	SR 24.79	2/18 GNAC
	Kennedy COOK	SO 25.06	2/18 GNAC
	Hannah POLKINGHORN	JR 25.15	2/18 GNAC

10	800 Meters	8:55.56	
LW: 10		average 2:13.89	
24	Mia CROCKER	SR 2:10.12	2/15 Husky Cl
40	Emmy KROONTJE	JR 2:11.63	1/17 Washington Ina
45	Sophie WRIGHT	SR 2:12.34	1/17 Washington Ina
	Skye STENEHJEM	FR 2:21.47	2/1 Washington Inv

11	Mile	19:38.32	
LW: 11		average 4:54.58	
39	Sophie WRIGHT	SR 4:52.16	1/17 Washington Ina
62	Emmy KROONTJE	JR 4:55.11	1/17 Washington Ina
66	Mia CROCKER	SR 4:55.37	1/17 Washington Ina
70	Ila DAVIS	SR 4:55.68	2/1 Washington Inv

27	3000 Meters	40:36.21	
LW: 27		average 10:09.05	
77	Ila DAVIS	SR 9:55.85	1/17 Washington Ina
	Ella EDENS	SO 10:08.63	1/17 Washington Ina
	Alanna PARKER	JR 10:12.80	1/17 Washington Ina
	Alexis PARKER	JR 10:18.93	1/17 Washington Ina

17	5000 Meters	1:10:53	
LW: 17		average 17:43.26	
85	Ella EDENS	SO 17:31.55	2/1 Washington Inv
97	Emma SMITH	JR 17:38.26	2/1 Washington Inv
	Alanna PARKER	JR 17:38.95	2/1 Washington Inv
	Alexis PARKER	JR 18:04.30	2/18 GNAC

33	High Jump	6.25m	20-6
LW: 33		average 1.56m	5-1½
6	Kora COOK	SO 1.76m	5-9¼ 12/14 Spokane Invitat
	Karma WALKER	SO 1.53m	5-¼ 2/18 GNAC
	Nicole AVERY	JR 1.49m	4-10½ 2/1 Washington Inv
	Cassandra SCHULBERG	SO 1.47m	4-9¾ 1/25 Lauren McClusk

32	Long Jump	21.69m	71-2
LW: 32		average 5.42m	17-9½
	Hannah POLKINGHORN	JR 5.57m	18-3¼ 2/1 Washington Inv
	Kora COOK	SO 5.47m	17-11½ 2/18 GNAC
	Nicole AVERY	JR 5.37m	17-7½ 2/18 GNAC
	Ayla DANNER-BUNN	SO 5.28m	17-4 2/18 GNAC

18	Shot Put	50.12m	164-5
LW: 18		average 12.53m	41-1½
24	Jessica POLKINGHORN	FR 14.09m	46-2¾ 2/18 GNAC
58	Kathryn CHAPIN	FR 13.33m	43-8¾ 2/18 GNAC
	Rylee ANDREWS	FR 12.16m	39-10¾ 12/14 Spokane Invitat
	Karma WALKER	SO 10.54m	34-7 12/14 Spokane Invitat

20	Pentathlon	10,110	
LW: 20		average 2,528	
	Nicole AVERY	JR 2,972 OT	2/1 Washington Inv
	Karma WALKER	SO 2,489 OT	2/1 Washington Inv
	Tess KING	SO 2,341 OT	1/25 Lauren McClusk
	Cassandra SCHULBERG	SO 2,308 OT	1/25 Lauren McClusk



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Westminster (Utah) — Women

as of 3/10/25 4:24 PM CT

157	60 Meters	33.86		
LW: 157		average 8.46		
	Alivia PRESTON	SR 8.05c	(8.03A)	1/18 Snake River Op
	Angela MARTIN-RUBIN	FR 8.41c	(8.39A)	2/1 Roman Ruiz Spe
	Lily CROFTS	JR 8.64c	(8.62A)	2/15 Mountain State
	Rylee CUDNEY	SO 8.76c	(8.74A)	2/15 Mountain State
86	800 Meters	9:44.57		
LW: 86		average 2:26.14		
	Angela MARTIN-RUBIN	FR 2:20.37c	(2:21.03A)	2/8 Stacy Dragila Ir
	Mia MCKAY	FR 2:24.68c	(2:25.36A)	1/18 Snake River Op
	Haven FINLEY	SO 2:28.08c	(2:28.78A)	1/18 Snake River Op
	Jocelyn OLSON	FR 2:31.44c	(2:32.16A)	1/18 Snake River Op
105	Long Jump	18.77m	61-7	
LW: 104 1		average 4.69m	15-4¾	
	Lily CROFTS	JR 5.00mA	16-5	2/15 Mountain State
	Mia MCKAY	FR 4.98mA	16-4¼	12/6 Idaho State Wir
	Alexis MONSON	JR 4.75mA	15-7	12/6 Idaho State Wir
	Rylee CUDNEY	SO 4.04mA	13-3¼	2/1 Roman Ruiz Spe
106	Shot Put	38.13m	125-1	
LW: 106		average 9.53m	31-3¼	
	Kamille TSOSIE-NEZ	SO 11.41mA	37-5¼	2/8 Stacy Dragila Ir
	Mia MCKAY	FR 9.33mA	30-7½	3/1 RMAC
	Kate GARRETT	FR 9.33mA	30-7½	2/15 Mountain State
	Sophia PREITO	SR 8.06mA	26-5½	1/10 Weber State Inv



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Wheeling — Women

as of 3/10/25 4:24 PM CT

141	60 Meters	33.27
LW: 141		average 8.32
Shannon FARROW	SR 7.85	2/24 Mountain East
Deja RYALS	SR 7.95	2/24 Mountain East
Bre'ya CLOPPER	SR 8.54	1/25 SPIRE Midwest
Nyja SHORT	FR 8.93	2/1 YSU Mid Major



#EventSquad Rankings — 2025 Checkpoint #7, March 11

William Jewell — Women

as of 3/10/25 4:24 PM CT

143 60 Meters

33.32

LW: 143

average 8.33

Caroline MAYES	JR	7.88	12/7 Mel Tjeerdsma
Camryn THOMAS	SO	8.39	1/18 Richard Alsup C
Kennedy VERNON	FR	8.51	2/15 Ichabod Invitat
Mia RYAN	SO	8.54	12/7 Mel Tjeerdsma

136 200 Meters

1:47.87

LW: 136

average 26.97

Caroline MAYES	JR	26.37 OT	2/8 Bearcat Invite (
Caprice ROBERTSON	FR	26.81 OT	2/8 Bearcat Invite (
Camryn THOMAS	SO	27.05c (27.47f)	3/2 GLVC
Leila MOORE	SO	27.64 OT	2/1 Pitt State Invita

123 400 Meters

4:16.82

LW: 121 ▼ 2

average 1:04.20

Caprice ROBERTSON	FR	1:00.03c (1:00.82f)	3/2 GLVC
Leila MOORE	SO	1:01.92	2/15 Ichabod Invitat
Camryn THOMAS	SO	1:04.68	2/8 Bearcat Invite (
Morgan MAYO	JR	1:10.19	12/7 Mel Tjeerdsma



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Wilmington (Del.) — Women

as of 3/10/25 4:24 PM CT

164	200 Meters	1:51.84
LW: 163▼1		average 27.96
Deja CURRY	JR 27.04c	(27.46f) 2/8 Frank Colden In
Eliza HILDRETH	SO 27.42c	(27.84f) 2/8 Frank Colden In
Temiloluwa MUSTAPHA	SR 28.17c	(28.60f) 2/8 Frank Colden In
Angelina DAVIS	FR 29.21c	(29.66f) 2/8 Frank Colden In



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Wingate — Women

as of 3/10/25 4:24 PM CT

46	60 Meters	31.34
LW: 46		average 7.84
	Margaux SHELTON	SR 7.73 2/1 Carolina Challe
	Naiobi WHITE	SR 7.84 3/2 SAC Indoor
	Chelsey THOMAS	JR 7.88 2/1 Carolina Challe
	Ajiuna UPSHAW	SO 7.89 3/2 SAC Indoor

17	60 Meter Hurdles	36.10
LW: 17		average 9.02
	58 Diaman LEE	FR 8.80 1/26 JDL Flat is Fast
	84 Dounia ROUTBI	JR 8.89 3/2 SAC Indoor
	Hoyane ESPER	JR 9.10 3/2 SAC Indoor
	Candace TAYLOR	JR 9.31 12/8 JDL Early Bird I

55	200 Meters	1:42.50
LW: 54 ▼ 1		average 25.62
	Naiobi WHITE	SR 25.19c (25.58f) 3/2 SAC Indoor
	Taylor WILSON	JR 25.72c (26.12f) 3/2 SAC Indoor
	Margaux SHELTON	SR 25.77c (26.17f) 3/2 SAC Indoor
	Hayat ABDESELAM	FR 25.82c (26.22f) 2/7 Camel City Invit

29	400 Meters	3:51.67
LW: 29		average 57.92
	Natalie PINZAN	JR 57.06c (57.81f) 3/2 SAC Indoor
	Hoyane ESPER	JR 57.76c (58.52f) 3/2 SAC Indoor
	Dounia ROUTBI	JR 57.94c (58.71f) 3/2 SAC Indoor
	Taylor WILSON	JR 58.91c (59.69f) 12/7 Visit Winston-Sc

18	800 Meters	9:04.11
LW: 18		average 2:16.03
	43 Evie BROOKS	SO 2:11.87c (2:13.39f) 3/2 SAC Indoor
	69 Mia CABRERA	SO 2:14.37c (2:15.92f) 1/26 JDL Flat is Fast
	Baia TOUZA	FR 2:16.55 2/1 Carolina Challe
	Firdaouss HRICHE	FR 2:21.32c (2:22.95f) 1/26 JDL Flat is Fast

6	Mile	19:18.20
LW: 6		average 4:49.55
	10 Mia CABRERA	SO 4:42.41c (4:45.20f) 3/2 SAC Indoor
	16 Evie BROOKS	SO 4:45.62 2/15 David Hemery v
	50 Sira BO	JR 4:53.81 2/15 David Hemery v
	74 Firdaouss HRICHE	FR 4:56.36c (4:59.29f) 3/2 SAC Indoor

4	3000 Meters	38:39.46
LW: 4		average 9:39.87
	16 Mia CABRERA	SO 9:29.72 12/7 BU Opener
	35 Firdaouss HRICHE	FR 9:39.69 12/7 BU Opener
	38 Evie BROOKS	SO 9:42.59 12/7 BU Opener
	49 Grace BURRELL	SR 9:47.46 2/1 John Thomas T

5	5000 Meters	1:08:36
LW: 5		average 17:08.91
	28 Grace BURRELL	SR 16:49.15 12/7 BU Opener
	31 Anna MARTIN	JR 16:56.47 12/7 BU Opener
	46 Laila ABOUZAID	SR 17:06.51 12/7 BU Opener
	Tea GEARY	SO 17:43.50 (17:51.64f) 3/2 SAC Indoor

13	High Jump		6.46m	21-2¼
LW: 13			average 1.62m	5-3½
38	Assiya ELHAFYAN	SO 1.68m	5-6	3/2 SAC Indoor
83	Ally HOLMBERG	SO 1.64m	5-4½	12/7 Visit Winston-Sc
	Margaux SHELTON	SR 1.60m	5-3	3/2 SAC Indoor
	Judith VAQUERO	JR 1.54m	5-½	12/7 Visit Winston-Sc

35	Long Jump		21.51m	70-7
LW: 35			average 5.38m	17-7¾
78	Ally HOLMBERG	SO	5.65m	18-6½ 3/2 SAC Indoor
	Ennessey SORRELLS	SR	5.49m	18-¼ 3/2 SAC Indoor
	Kimberly NAVARRETE	JR	5.24m	17-2¼ 3/2 SAC Indoor
	Amy JONATHAN	SO	5.13m	16-10 3/2 SAC Indoor

25	Triple Jump		43.00m	141-1
LW: 25			average 10.75m	35-3¼
37	Ennessey SORRELLS	SR 11.87m	38-11½	3/1 SAC Indoor
	Amy JONATHAN	SO 10.80m	35-5¼	3/2 SAC Indoor
	Kimberly NAVARRETE	JR 10.27m	33-8½	3/2 SAC Indoor
	Claire DAVISSON	FR 10.06m	33-¼	3/2 SAC Indoor

44	Shot Put		46.47m	152-6
LW: 44			average 11.62m	38-1½
77	Amber LAWLESS	JR	13.10m	42-11¾ 2/1 Carolina Challe
	Ally HOLMBERG	SO	11.79m	38-8¾ 2/1 Carolina Challe
	Judith VAQUERO	JR	11.04m	36-2¾ 12/7 Visit Winston-Sc
	Morgan REDFEARN	SO	10.54m	34-7 12/8 JDL Early Bird I

66	Weight Throw	50.32m	165-1
LW: 66		average 12.58m	41-3¼
	Amber LAWLESS	JR 13.88m	45-6½ 3/2 SAC Indoor
	Morgan REDFEARN	SO 13.15m	43-1¾ 2/1 Carolina Challe
	Gracie STINSON	JR 12.10m	39-8½ 3/2 SAC Indoor
	Cadence SIMMONS	FR 11.19m	36-8½ 3/2 SAC Indoor



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Winona State — Women

as of 3/10/25 4:24 PM CT

36	60 Meters	31.21
LW: 36		average 7.80
	Courtney LUKAS	JR 7.77 3/1 NSIC
	Sasha STEINBACH	FR 7.77 2/15 Maverick Premi
	MacKenzie WISSBROECKER	FR 7.81 2/8 UW-La Crosse M
	Caitlyn CASELLA	FR 7.86 2/15 Maverick Premi
66	200 Meters	1:43.18
LW: 66		average 25.80
	Caitlyn CASELLA	FR 25.46c (25.86f) 2/15 Maverick Premi
	Sasha STEINBACH	FR 25.64c (26.04f) 2/15 Maverick Premi
	Courtney LUKAS	JR 25.96c (26.36f) 2/8 UW-La Crosse M
	Karissa BIRCH	FR 26.12c (26.52f) 2/8 UW-La Crosse M
39	400 Meters	3:54.14
LW: 39		average 58.54
60	Regan FEIT	SR 55.98c (56.72f) 2/8 UW-La Crosse M
	Alyssa LARSON	JR 58.16c (58.93f) 2/8 UW-La Crosse M
	Karissa BIRCH	FR 58.86c (59.64f) 2/15 Maverick Premi
	Caitlyn CASELLA	FR 1:01.14c (1:01.96f) 1/17 Bearson-Gathje
59	800 Meters	9:28.00
LW: 58 ▼ 1		average 2:22.00
	Jenna ANDERS	SO 2:16.04c (2:17.61f) 3/1 NSIC
	Sam HARKE	SO 2:18.00c (2:19.59f) 2/8 UW-La Crosse M
	Bellamy SUKALSKI	JR 2:26.88c (2:28.57f) 2/8 UW-La Crosse M
	Josie TIESKOETTER	FR 2:27.08c (2:28.78f) 2/15 Maverick Premi
17	Mile	20:02.18
LW: 17		average 5:00.55
48	Sophia TAARUD	JR 4:53.68c (4:56.59f) 1/17 Bearson-Gathje
	Sam HARKE	SO 4:59.17c (5:02.13f) 2/15 Maverick Premi
	Kylie ANDERSON	JR 5:01.12c (5:04.10f) 1/25 UW-La Crosse P
	McKenna TAYLOR	SR 5:08.21c (5:11.26f) 2/21 Caged Eagle Im
17	3000 Meters	40:13.18
LW: 17		average 10:03.29
50	Kylie ANDERSON	JR 9:47.69c (9:52.72f) 2/8 UW-La Crosse M
64	Sophia TAARUD	JR 9:53.16c (9:58.24f) 1/25 UW-La Crosse P
	McKenna TAYLOR	SR 10:14.56 (10:19.82f) 2/8 UW-La Crosse M
	Ella VOIT	FR 10:17.77 (10:23.07f) 3/1 NSIC



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Winston-Salem State — Women

as of 3/10/25 4:24 PM CT

35	60 Meters	31.20
LW: 35		average 7.80
43	Brianna BENLOSS	SO 7.55 2/17 CIAA
	Malaysia GABRIEL	SO 7.87 2/17 CIAA
	Zaniah FIELD	FR 7.87 2/17 CIAA
	Daijion LEE	JR 7.91 2/1 Bast-Cregger In

36	60 Meter Hurdles	37.09
LW: 36		average 9.27
13	Charnessa REID	JR 8.47 2/17 CIAA
61	Layla SIMPSON	JR 8.81 12/7 Visit Winston-Salem
	Amiyah MURRAY	SR 9.28 2/7 Camel City Invit
	Zaniah FIELD	FR 10.53 2/17 CIAA

23	200 Meters	1:39.58
LW: 23		average 24.90
82	Asheika SMITH	SO 24.71c (25.09f) 2/17 CIAA
	Brianna BENLOSS	SO 24.87c (25.25f) 2/17 CIAA
	Olivia COSBY	SO 24.94c (25.32f) 2/17 CIAA
	Daijion LEE	JR 25.06c (25.45f) 2/17 CIAA

15	400 Meters	3:47.18
LW: 15		average 56.80
53	Olivia COSBY	SO 55.91c (56.65f) 2/17 CIAA
67	Asheika SMITH	SO 56.15c (56.89f) 2/17 CIAA
	Daijion LEE	JR 57.04c (57.79f) 2/17 CIAA
	Simone KELLY	SO 58.08 1/18 HBCU Showcas

69	800 Meters	9:32.55
LW: 69		average 2:23.14
	Elicia BRYANT	SO 2:16.30c (2:17.87f) 2/17 CIAA
	Rainn SHEPPARD	SO 2:16.92c (2:18.49f) 2/17 CIAA
	Tinasia DAVIS	SR 2:28.99c (2:30.70f) 2/8 Camel City Invit
	Kayla NOBLES	FR 2:30.34c (2:32.07f) 2/17 CIAA

125	Mile	22:46.76
LW: 124 1		average 5:41.69
	Elicia BRYANT	SO 5:13.07c (5:16.16f) 2/17 CIAA
	Rainn SHEPPARD	SO 5:39.63c (5:42.99f) 2/17 CIAA
	Jaiyah NELSON	JR 5:49.84c (5:53.30f) 2/17 CIAA
	Tinasia DAVIS	SR 6:04.22c (6:07.82f) 1/26 JDL Flat is Fast

123	3000 Meters	48:05.53
LW: 123		average 12:01.38
	Elicia BRYANT	SO 11:14.10 (11:19.87f) 2/17 CIAA
	Jaiyah NELSON	JR 11:50.39 (11:56.48f) 2/17 CIAA
	Tinasia DAVIS	SR 12:12.42 (12:18.69f) 2/17 CIAA
	Kayla NOBLES	FR 12:48.62 (12:55.21f) 2/17 CIAA

29	High Jump		6.27m	20-6¾
LW: 29			average 1.57m	5-1¾
	Layla SIMPSON	JR 1.60m	5-3 2/1	Bast-Cregger In
	Zoe CHESSON	FR 1.59m	5-2½ 2/1	Bast-Cregger In
	Charnessa REID	JR 1.58m	5-2¼ 2/17	CIAA
	Amiyah MURRAY	SR 1.50m	4-11 1/18	HBCU Showcas

33	Long Jump		21.57m	70-9¼
LW: 33			average 5.39m	17-8¼
53	Charnessa REID	JR 5.73m	18-9¾	2/1 Bast-Cregger In
	Allysa FRYER	SR 5.44m	17-10¼	2/1 Bast-Cregger In
	Trinity BROOKS	FR 5.30m	17-4¾	2/7 Camel City Invit
	Zaniah FIELD	FR 5.10m	16-8¾	2/1 Bast-Cregger In

28	Triple Jump		42.40m	139-1
LW: 28			average 10.60m	34-9½
	Trinity BROOKS	FR 11.08m	36-4¼	2/17 CIAA
	Layla SIMPSON	JR 10.92m	35-10	2/1 Bast-Cregger In
	Kyndall BARROW	SR 10.52m	34-6¼	2/8 Camel City Invi
	Jasmine HIGGINS	SO 9.88m	32-5	2/8 Camel City Invi

93	Shot Put		40.24m	132-0
LW: 93			average 10.06m	33-¼
	Maeghan WALLACE	JR 11.56m	37-11¼	1/26 JDL Flat is Fast
	Amiyah MURRAY	SR 10.76m	35-3¾	2/8 Camel City Invit
	Alaina MOODY	SO 9.14m	30-0	2/8 Camel City Invit
	Charnessa REID	JR 8.78m	28-9¾	2/1 Bast-Cregger In

12	Pentathlon	11,182
LW: 12		average 2,796
75	Charnessa REID	JR 3,157 2/1 Bast-Cregger In
78	Layla SIMPSON	JR 3,145 2/17 CIAA
	Amiyah MURRAY	SR 2,683 2/1 Bast-Cregger In
	Zaniah FIELD	FR 2,197 2/1 Bast-Cregger In



#EventSquad Rankings — 2025 Checkpoint #7, March 11

Young Harris — Women

as of 3/10/25 4:24 PM CT

149 800 Meters **10:36.12**
LW: 149 **average 2:39.03**

Brynley WALRAVEN	FR	2:23.77c	(2:25.42f)	2/24	Conference Car
Piper MARSINGILL	FR	2:43.79c	(2:45.68f)	2/1	Bast-Cregger In
Emma ANDERSON	FR	2:43.85c	(2:45.74f)	2/1	Bast-Cregger In
Cadence MCCLUNG	FR	2:44.71c	(2:46.61f)	2/24	Conference Car

144 Mile **24:13.22**
LW: 143 **1** **average 6:03.31**

Emma ANDERSON	FR	5:52.64c	(5:56.13f)	2/24	Conference Car
Piper MARSINGILL	FR	6:04.56c	(6:08.16f)	12/8	JDL Early Bird In
Emily BAARS	FR	6:06.52c	(6:10.14f)	12/7	Visit Winston-Sc
Julia HARGROVE	FR	6:09.50c	(6:13.15f)	12/7	Visit Winston-Sc

125 3000 Meters **48:36.86**
LW: 125 **average 12:09.21**

Emily BAARS	FR	11:59.06	(12:05.22f)	2/24	Conference Car
Julia HARGROVE	FR	12:07.22	(12:13.45f)	12/8	JDL Early Bird In
Emma ANDERSON	FR	12:13.30	(12:19.58f)	12/8	JDL Early Bird In
Natalie PAYNE	FR	12:17.28	(12:23.60f)	12/8	JDL Early Bird In