



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #3, February 11



Atlantic

as of 2/11/2025 9:05:34 AM ET

Women's 60 Meters

1	33	Brianna BENLOSS	SO	#2	Winston-Salem	7.57	2/7
2	36	Candace MORRIS	SO	#17	West Virginia Sta	7.58	1/18
2	36	Ronee TUDOR	SR	#8	Fayetteville Stat	7.58	1/31
4	61	Samantha GILBERT	SR	#1	Slippery Rock	7.64	2/8
5	71	Nijah LEWIS	FR	#19	Johnson C. Smit	7.65	12/8
6	74	Jadah RASOOL	SO	#10	Claflin	7.66	2/1
7	89	Colette PATTI	SO	#3	Charleston (W.V.	7.69	2/8
7	89	Tenae MINOR	SR		Virginia Union	7.69	1/12
7	89	Aasly DE LEON	FR	#7	Millersville	7.69	12/7
10		Jayla GREENE	JR	#18	Virginia State	7.72	1/31

Women's 60 Meter Hurdles

1	19	Charnessa REID	JR	#2	Winston-Salem	8.63	2/7
2	23	Aisha CARRINGTON	SR	#14	Lincoln (Pa.)	8.67	2/1
3	32	Morgan COVERSON-SPRINGS	FR	#10	Claflin	8.73	12/6
4	38	Obiageli AKUBUDE	SO	#10	Claflin	{2} 8.75	1/11
5	42	Gabrielle MAYE	SO	#19	Johnson C. Smit	8.78	2/7
6	48	Layla SIMPSON	JR	#2	Winston-Salem	{2} 8.81	12/7
7	51	Jhourni EASON	FR	#10	Claflin	{3} 8.84	2/1
7	51	Zoe MCDONALD	SO	#17	West Virginia Sta	8.84	12/7
9	84	Sasha LEE	SR	#5	Shippensburg	8.99	12/7
10	86	Minke ENGELBRECHT	SO	#3	Charleston (W.V.	9.01	1/25

Women's 200 Meters

1	42	Janya MOORE	SO	#8	Fayetteville Stat	24.60c	(24.98f) 12/8
2	62	Asheika SMITH	SO	#2	Winston-Salem	24.85c	(25.23f) 2/7
3	80	Brianna BENLOSS	SO	#2	Winston-Salem	{2} 24.97c	(25.35f) 2/7
4	85	Ziyah ETCHISON	SO	#8	Fayetteville Stat	{2} 25.01c	(25.39f) 12/8
5	100	Loreena MANSER	FR	#20	California (Pa.)	25.09 OT	12/6
6		Olivia COSBY	SO	#2	Winston-Salem	{3} 25.12c	(25.51f) 12/7
7		Candace MORRIS	SO	#17	West Virginia Sta	25.13 OT	1/31
8		Zoe LEDET	SO	#17	West Virginia Sta	{2} 25.14 OT	1/31
9		Ky'Ara ROSS	SO	#16	West Liberty Sta	25.16 OT	12/6
10		Nijah LEWIS	FR	#19	Johnson C. Smit	25.28c	(25.67f) 12/8
10		Obiageli AKUBUDE	SO	#10	Claflin	25.28	1/18

Women's 400 Meters

1	12	Kamani JOHNS	SR	#14	Lincoln (Pa.)	55.05	1/24
2	53	Jianna LONG	FR	#1	Slippery Rock	56.60 OT	2/8
3	67	Maya CLARK	SO	#3	Charleston (W.V.	56.93 OT	2/8
4	72	Olivia COSBY	SO	#2	Winston-Salem	57.02	1/25
5	89	Berna ZUKINA	JR	#12	Edinboro	57.31 OT	2/8
6	100	Asheika SMITH	SO	#2	Winston-Salem	{2} 57.48	1/11
7		Raechel BONNER	SR	#11	Kutztown	57.62	2/8
8		Janya MOORE	SO	#8	Fayetteville Stat	57.73c	(58.49f) 2/7
9		Haley BRENNY	SR	#21	Seton Hill	57.79 OT	12/6
10		Nemani MOON	FR	#21	Seton Hill	{2} 58.04	2/1

Women's 800 Meters

1	64	Beth SYKES	JR	#3	Charleston (W.V.	2:15.00 OT	2/8
2	69	Riley TRENTOWSKI	FR	#4	East Stroudsbur	2:15.21	2/8
3	86	Kamani JOHNS	SR	#14	Lincoln (Pa.)	2:16.38	2/1
4		Elicia BRYANT	SO	#2	Winston-Salem	2:17.46c	(2:19.04f) 1/26
5		Mackey DONOVAN	JR	#11	Kutztown	2:18.08	2/8
6		Rainn SHEPPARD	SO	#2	Winston-Salem	{2} 2:19.84c	(2:21.45f) 1/26
7		Jana SCHMID	SR	#9	Point Park (Pa.)	2:19.87	2/8
8		Cameryn WHEELER	SO	#6	Davis and Elkins	2:20.35	2/8
9		Lauren TWYMAN	JR	#6	Davis and Elkins	{2} 2:20.39	2/8
10		Natalie BARR	SO	#25	Glenville State	2:20.41 OT	1/25

Women's Mile

1	43	Anna IGIMS	SR	#1	Slippery Rock	4:55.10 OT	2/8
2		Beth SYKES	JR	#3	Charleston (W.V.	5:04.43 OT	1/17
3		Lauren TWYMAN	JR	#6	Davis and Elkins	5:04.85	2/8
4		Ruthie HUGHES	JR	#1	Slippery Rock	{2} 5:08.45c	(5:11.50f) 2/1
5		Kelsey HULL	JR	#5	Shippensburg	5:08.48c	(5:11.53f) 1/25
6		Payton FALKENSTEIN	SO	#4	East Stroudsbur	5:11.28c	(5:14.36f) 1/11
6		Kadi BAUER	SO	#12	Edinboro	5:11.28 OT	1/25
8		Rose MUTURI	FR	#18	Virginia State	5:12.33c	(5:15.42f) 12/7
9		Jennifer CICHRA	JR	#1	Slippery Rock	{3} 5:12.37 OT	1/25
10		Bri POLLOCK	SO	#7	Millersville	5:12.57c	(5:15.66f) 12/7

Women's 3000 Meters

1	41	Anna IGIMS	SR	#1	Slippery Rock	9:52.72 OT	2/8
2	68	Savanna HARDMAN	JR	#6	Davis and Elkins	9:59.44	2/8
3	94	Cassandra O'CONNOR	SO	#9	Point Park (Pa.)	10:04.86	2/8
4	100	Payton FALKENSTEIN	SO	#4	East Stroudsbur	10:06.59	2/8
5		Ruthie HUGHES	JR	#1	Slippery Rock	{2} 10:06.86 OT	1/25
6		Lydia FALKENSTEIN	SO	#6	Davis and Elkins	{2} 10:08.51	2/8
7		Rose MUTURI	FR	#18	Virginia State	10:13.03	1/18
8		Leigha HALL	SR	#13	West Virginia We	10:13.82 OT	1/11
9		Lauren TWYMAN	JR	#6	Davis and Elkins	{3} 10:15.29	2/1
10		Daniella NAPOLI	SR	#4	East Stroudsbur	{2} 10:18.71	2/8

Women's 5000 Meters

1	22	Beth SYKES	JR	#3	Charleston (W.V.	16:59.98 OT	12/6
2	46	Cassandra O'CONNOR	SO	#9	Point Park (Pa.)	17:31.10	2/1
3	59	Leigha HALL	SR	#13	West Virginia We	17:42.66	2/1
4	61	Lydia FALKENSTEIN	SO	#6	Davis and Elkins	17:43.12 OT	12/6
5	65	Savanna HARDMAN	JR	#6	Davis and Elkins	{2} 17:44.66 OT	12/6
6	75	Ruthie HUGHES	JR	#1	Slippery Rock	17:51.30 OT	12/6
7	77	Madison WOOLWINE	SR	#3	Charleston (W.V.	{2} 17:51.52 OT	12/6
8	78	Payton FALKENSTEIN	SO	#4	East Stroudsbur	17:52.98c	(18:01.19f) 1/25
9	81	Lauren TWYMAN	JR	#6	Davis and Elkins	{3} 17:54.08 OT	12/6
10		Kristina TAPIA	JR	#15	West Chester	18:11.93	12/6



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Women's 4x400 Relay

1	1 #Type!	#23 Concord	3:39.69	1/25
2	29 Brea Childs, Obiageli Akubude, Morgan Coverson-Springs, Jonnica Fuller	#10 Claflin	3:51.25	1/18
3	34 Simone Kelly, Asheika Smith, Daijion Lee, Olivia Cosby	#2 Winston-Salem S	3:52.79	1/25
4	42 Kiana Young, Taniyah Lawler, Beth Schearer, Raechel Bonner	#11 Kutztown	3:55.17	2/8
5	51 Leannah Jordan, Jazlynn Church, Aisha Carrington, Kamani Johns	#14 Lincoln (Pa.)	3:57.18c (4:00.32f)	12/7
6	54 Nemani Moon, Haley Brenny, Carly Yanek, Layla Robertson	#21 Seton Hill	3:57.40 OT	12/6
7	57 Alice Bogia, Samantha Gilbert, Jianna Long, Lydia Reed	#1 Slippery Rock	3:58.22 OT	2/8
8	69 Maya Clark, Camilia Hoya, Beth Sykes, Alexandra Pekic	#3 Charleston (W.V.)	4:00.42 OT	2/8
9	70 Janya Moore, Malaysia Barber, Gabrielle Cheek, Ziyah Etchison	#8 Fayetteville Stat	4:00.57c (4:03.76f)	1/18
10	75 Abigail Wicks, Gabrielle Maye, Nijah Lewis, Kamaya Speight	#19 Johnson C. Smit	4:01.57	1/18

Women's Distance Medley Relay

1	25 Lauren Twyman, Taytum Walls, Cameryn Wheeler, Savanna Hardman	#6 Davis and Elkins	12:21.48	2/1
2	30 #Type!	#11 Kutztown	12:33.95c (12:42.02f)	2/1
3	31 #Type!	#24 Lock Haven	12:34.67c (12:42.75f)	2/1
4	32 Magdalena Jakubowska, Mackenzie Huston, Madeline Hammond, Kadi Bauer	#12 Edinboro	12:36.20 OT	2/8
5	33 #Type!	#7 Millersville	12:36.39c (12:44.49f)	2/1
6	34 #Type!	#4 East Stroudsburg	12:36.83c (12:44.93f)	2/1
7	36 Madison Murtland, Riley Tighe, Gabriella Fralin, Rosalyn Perozzi	#20 California (Pa.)	12:38.26c (12:46.38f)	2/8
8	39 Nia Gibson, Ashley Bell, Repline Cheptoo, Brenda Cheboi	#8 Fayetteville Stat	12:39.21c (12:47.34f)	2/8
9	40 #Type!	#15 West Chester	12:40.01c (12:48.15f)	2/1
10	44 Rainn Sheppard, Tinasia Davis, Kayla Nobles, Elicia Bryant	#2 Winston-Salem S	12:42.13c (12:50.29f)	2/8

Women's High Jump

1	14 Porschia BENNETT	SO	#4 East Stroudsburg	1.72m	5-7¾	1/17
2	32 Dunya VAN DEN TOOREN	FR	#9 Point Park (Pa.)	1.68m	5-6	2/8
2	32 Shannon HARNETT	SO	#4 East Stroudsburg {2}	1.68m	5-6	2/8
4	40 Paige GRIFFITH	JR	#1 Slippery Rock	1.67m	5-5¾	2/1
5	51 Ally RICHWINE	JR	#5 Shippensburg	1.65m	5-5	12/7
5	51 Kenedy SHIELDS	FR	#18 Virginia State	1.65m	5-5	1/12
5	51 Samantha CASH	SR	#13 West Virginia We	1.65m	5-5	1/11
8	65 Madeline NEWARK	JR	#12 Edinboro	1.64m	5-4½	1/17
8	65 Ashley LAUKUS	SO	#5 Shippensburg {2}	1.64m	5-4½	1/18
10	90 Elliot OLIPHANT	SO	#5 Shippensburg {3}	1.61m	5-3¾	1/18
10	90 Cassidy DAVIS	SO	#1 Slippery Rock {2}	1.61m	5-3¾	12/6
10	90 Emma PAVELEK	JR	#9 Point Park (Pa.) {2}	1.61m	5-3¾	12/6

Women's Pole Vault

1	11 Darian HAUF	SR	#7 Millersville	4.02m	13-2¼	2/1
2	47 Annika HUMMEL	SR	#15 West Chester	3.65m	11-11¾	1/18
2	47 Megan MALECKI	SR	#7 Millersville {2}	3.65m	11-11¾	1/18
4	55 Allison TAYLOR	JR	#1 Slippery Rock	3.59m	11-9¼	2/1
5	61 Taylor FUNK	SO	#11 Kutztown	3.56m	11-8	2/1
6	65 Carissa BENDER	SO	#5 Shippensburg	3.54m	11-7¼	2/7
7	86 Anna SCHUESSLER	FR	#20 California (Pa.)	3.45m	11-3¾	1/25
7	86 Reese RUGGIERO	SO	#4 East Stroudsburg	3.45m	11-3¾	2/2
7	86 Aina GALAN	FR	#4 East Stroudsburg	3.45m	11-3¾	2/2
7	86 Coral SHIVOK	SO	#22 Bloomsburg	3.45m	11-3¾	12/13



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Women's Long Jump

1	14	Ky'Ara ROSS	SO	#16	West Liberty Sta	5.92m	19-5¼	12/6
2	30	Zariyah WHIGHAM	FR	#5	Shippensburg	5.76m	18-10¾	12/7
3	35	Charnessa REID	JR	#2	Winston-Salem	5.73m	18-9¾	2/1
4	50	Sierra LANHAM	JR	#16	West Liberty Sta	5.66m	18-7	12/6
5	51	Samantha GILBERT	SR	#1	Slippery Rock	5.65m	18-6½	1/25
6	55	Baylee BLAUSER	JR	#1	Slippery Rock	5.64m	18-6	2/8
6	55	Destiny ROSS-BATES	FR		Livingstone	5.64m	18-6	12/7
8	60	Sasha LEE	SR	#5	Shippensburg	5.62m	18-5¼	12/7
9	71	Aria MESSNER	FR	#22	Bloomsburg	5.59m	18-4¼	1/18
10	84	Nataiah ROBERTSON	SO		Indiana (Pa.)	5.56m	18-3	1/25

Women's Triple Jump

1	20	Shannon HARNETT	SO	#4	East Stroudsbu	11.88m	38-11¾	1/17
2	22	Samantha CASH	SR	#13	West Virginia We	11.86m	38-11	2/8
3	35	Sasha LEE	SR	#5	Shippensburg	11.70m	38-4¾	12/7
4	45	Delaney BEARD	SR	#11	Kutztown	11.62m	38-1½	2/1
5	50	Marlayna MCBRIDE	SO	#10	Claflin	11.57m	37-11½	2/1
6	54	Victoria GBODI	FR	#15	West Chester	11.51m	37-9¼	1/24
7	57	Mikalyn CHAMBERS	SO	#8	Fayetteville Stat	11.49m	37-8½	12/7
8	64	Laura DELGADO DE TORRES	JR	#3	Charleston (W.V.	11.42m	37-5¾	2/8
9	65	Alice BOGIA	JR	#1	Slippery Rock	11.41m	37-5¼	12/6
9	65	Aleksandra BROZESKI	SR	#1	Slippery Rock	11.41m	37-5¼	12/6

Women's Shot Put

1	13	Yassine KAMARA	JR		Bowie State	14.62m	47-11¾	1/31
2	28	Rebecca MARTIN	JR	#1	Slippery Rock	13.72m	45-¼	12/6
3	34	Olivia HECKMAN	JR	#1	Slippery Rock	13.48m	44-2¾	2/8
4	47	Sarah HESSLER	JR	#7	Millersville	13.31m	43-8	1/18
5	64	Aaliyah WHYTE	JR	#8	Fayetteville Stat	13.02m	42-8¾	12/8
6	67	Pamela KANDRACH	FR	#16	West Liberty Sta	12.97m	42-6¾	12/7
7	70	Janae SCOTT	SO	#25	Glenville State	12.94m	42-5½	12/6
8	77	Janiya HARMON	JR	#18	Virginia State	12.82m	42-¾	1/12
9	90	Savannah SCHNECK	SO	#1	Slippery Rock	12.70m	41-8	2/8
10		Zhayria WASHINGTON	SR	#15	West Chester	12.54m	41-1¾	2/8

Women's Weight Throw

1	15	Abby MCKINNEY	JR	#3	Charleston (W.V.	18.42m	60-5¼	12/6
2	18	Samiyah LITTLE	JR	#4	East Stroudsbu	18.15m	59-6¾	2/8
3	29	Brooke BURNS	SR	#3	Charleston (W.V.	17.42m	57-2	12/6
4	74	Sarah HESSLER	JR	#7	Millersville	16.10m	52-10	2/7
5	88	Anna ELDER	SO	#12	Edinboro	15.88m	52-1¼	2/1
6	92	Savannah SCHNECK	SO	#1	Slippery Rock	15.83m	51-11¼	12/6
7		Lauren BELLOWS	JR	#5	Shippensburg	15.65m	51-4¼	2/7
8		Aaliyah WHYTE	JR	#8	Fayetteville Stat	15.39m	50-6	12/7
9		Sarah GILLIAM	SR	#21	Seton Hill	15.38m	50-5½	2/8
10		Zhayria WASHINGTON	SR	#15	West Chester	15.35m	50-4½	2/8

Women's Pentathlon

1	14	Samantha CASH	SR	#13	West Virginia We	3,591	2/1
2	25	Laura DELGADO DE TORRES	JR	#3	Charleston (W.V.	3,436	2/1
3	37	Madeline NEWARK	JR	#12	Edinboro	3,303 OT	2/8
4	56	Charnessa REID	JR	#2	Winston-Salem	3,157	2/1
5	59	Dunya VAN DEN TOOREN	FR	#9	Point Park (Pa.)	3,134	2/1
6	62	Layla SIMPSON	JR	#2	Winston-Salem	3,109	2/1
7	76	Nicola PUGGE	SR	#5	Shippensburg	3,043	12/7
8	81	Sabela ZABACKIS	SR	#7	Millersville	2,996	2/1
9	82	Ellie ZURO	SO		Pitt Johnstown	2,993	2/1
10	83	Renee SIMMONDS	JR		Indiana (Pa.)	2,989 OT	2/8



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Central

as of 2/11/2025 9:05:35 AM ET

Women's 60 Meters

1	7	Joy UDO-GABRIEL	SO	#5 Missouri Southe	7.40	2/8
1	7	Shantae GEORGE	SR	#8 Lincoln (Mo.)	7.40	2/8
1	7	Diandrenique GAINES	SR	#1 Pittsburg State	7.40	12/7
4	12	Laila CLEARE	JR	#3 U-Mary	7.43	2/8
5	14	Shavante ROBERTS	JR	#18 MSU Moorhead	7.44	12/14
6	20	Adeyah BREWSTER	SR	#2 Minnesota State	7.52	2/8
7	24	Alyssa HUTCHERSON	SR	#7 Washburn	7.53	12/7
8	27	Taniya LOONEY	JR	#1 Pittsburg State {2}	7.55	1/24
8	27	McKenzie HAYSE	FR	#7 Washburn {2}	7.55	12/7
8	27	Tionce WALROND	SO	#3 U-Mary {2}	7.55	12/7

Women's 60 Meter Hurdles

1	1	Grace JOHNSON	SR	#2 Minnesota State	8.28	2/1
2	2	Kayvon NUBINE	FR	#1 Pittsburg State	8.34	2/1
3	4	Madelyn MARQUEZ	SR	#1 Pittsburg State {2}	8.40	2/1
4	5	Adeyah BREWSTER	SR	#2 Minnesota State {2}	8.41	2/8
5	6	Esaba OKWARAMOI	SO	#2 Minnesota State {3}	8.43	2/1
6	7	Ally HAMMOND	SR	#2 Minnesota State {4}	8.45	2/1
7	15	Ashanti HARVEY	JR	#2 Minnesota State {5}	8.58	2/1
8	18	Isabelle PETERS	SR	#1 Pittsburg State {3}	8.61	2/1
9	26	Aaliyannah ANDERSON	SO	#8 Lincoln (Mo.)	8.68	12/7
10	29	Valerie OLSON	SR	#6 Oklahoma Bapti	8.71	2/1

Women's 200 Meters

1	8	Robynn ROLLE-CURRY	SR	#2 Minnesota State	24.03c (24.41f)	2/1
2	11	Chloe SAENZ	SR	#4 Northwest Missc	24.17	2/1
3	12	Tionce WALROND	SO	#3 U-Mary	24.20c (24.57f)	12/7
4	14	Nyanas KUR	SR	#9 Augustana (S.D.)	24.23 OT	2/1
5	15	Eilika LANE	SR	#2 Minnesota State {2}	24.26c (24.64f)	2/1
6	19	McKenzie HAYSE	FR	#7 Washburn	24.32	2/1
7	22	Sakena MASSIAH	SR	#3 U-Mary {2}	24.36 OT	2/1
7	22	Diandrenique GAINES	SR	#1 Pittsburg State	24.36	2/8
9	25	Shantae GEORGE	SR	#8 Lincoln (Mo.)	24.37	2/8
10	27	Jamiya MORGAN	SR	#1 Pittsburg State {2}	24.42 OT	2/1

Women's 400 Meters

1	4	Chloe SAENZ	SR	#4 Northwest Missc	54.17	2/8
2	6	Asia FOSTER	JR	#6 Oklahoma Bapti	54.50	2/8
3	9	Shevanae THOMAS	SR	#8 Lincoln (Mo.)	54.99	2/8
4	11	Sakena MASSIAH	SR	#3 U-Mary	55.04 OT	2/1
5	13	Nyanas KUR	SR	#9 Augustana (S.D.)	55.30 OT	1/25
6	15	Robynn ROLLE-CURRY	SR	#2 Minnesota State	55.31c (56.04f)	1/17
7	18	Melanie ROLAND	JR	#4 Northwest Missc {2}	55.37	2/8
8	19	Eilika LANE	SR	#2 Minnesota State {2}	55.47	2/8
9	24	Britney BROWN	JR	#8 Lincoln (Mo.) {2}	55.64	12/13
10	28	Jadyn BARNES	SO	#4 Northwest Missc {3}	55.86	1/25

Women's 800 Meters

1	11	Lexie FONTAINE	JR	#7 Washburn	2:09.61	2/1
2	12	Marie DEA	FR	#4 Northwest Missc	2:09.66	2/8
3	15	Lydia MCGLOCKLIN	JR	#4 Northwest Missc {2}	2:09.91	2/8
4	18	Elizabeth ACHESON	SR	#3 U-Mary	2:10.62c (2:11.47A)	2/1
5	25	Shoneal CLARKE-GIDDINGS	SO	#8 Lincoln (Mo.)	2:11.25	2/8
6	33	Bailey BLAKE	SR	#4 Northwest Missc {3}	2:12.40	2/8
7	37	Maria DIAMOND	SR	#8 Lincoln (Mo.) {2}	2:12.78	2/8
8	40	Madeline VERKERKE	SR	#20 Minnesota Dulut	2:12.94c (2:14.47f)	2/7
9	44	Savannah SCHLEY	SR	#20 Minnesota Dulut {2}	2:13.20c (2:14.74f)	2/7
10	46	Kimberly MCKINNEY	SR	#6 Oklahoma Bapti	2:13.52 OT	1/24

Women's Mile

1	18	Alyna THIBAUT	SR	#4 Northwest Missc	4:49.62	2/1
2	27	Kate STRADER	SR	#1 Pittsburg State	4:52.30 OT	2/1
3	30	Elizabeth ACHESON	SR	#3 U-Mary	4:52.85c (4:55.74f)	1/18
4	37	Sophia TAARUD	JR	#10 Winona State	4:53.68c (4:56.59f)	1/17
4	37	Alyssa BECKER	SR	#3 U-Mary {2}	4:53.68c (4:56.58f)	1/18
6	50	Claire BRUENING	SR	#1 Pittsburg State {2}	4:56.07 OT	2/1
7	56	Ashley OVERGAAUW	SO	#2 Minnesota State	4:56.80c (4:59.74f)	2/1
8	63	Whitney POST	JR	#4 Northwest Missc {2}	4:57.72	1/25
9	64	Kristine KALTHOFF	SR	#3 U-Mary {3}	4:57.81c (5:00.75f)	1/18
10	72	Sophia STRANGE	SR	#6 Oklahoma Bapti	4:58.92 OT	1/24

Women's 3000 Meters

1	7	Alyssa BECKER	SR	#3 U-Mary	9:27.61c (9:43.80A)	2/1
2	16	Kate STRADER	SR	#1 Pittsburg State	9:38.04	12/7
3	17	Kristine KALTHOFF	SR	#3 U-Mary {2}	9:39.06c (9:55.57A)	2/1
4	30	Paige MULLEN	SO	#1 Pittsburg State {2}	9:46.30 OT	2/1
5	33	Kylie ANDERSON	JR	#10 Winona State	9:47.69c (9:52.72f)	2/8
6	43	Emily DIERCKS	JR	#13 Fort Hays State	9:52.99 OT	1/24
7	44	Sophia TAARUD	JR	#10 Winona State {2}	9:53.16c (9:58.24f)	1/25
8	62	Lorna RAE PIERCE	FR	#1 Pittsburg State {3}	9:57.98 OT	2/1
9	65	Marissa DICK	SR	#1 Pittsburg State {4}	9:59.06 OT	12/7
10	69	Alyna THIBAUT	SR	#4 Northwest Missc	9:59.58 OT	1/18

Women's 5000 Meters

1	12	Sophia STRANGE	SR	#6 Oklahoma Bapti	16:47.40 OT	12/7
2	17	Ella BAKKEN	SR	#9 Augustana (S.D.)	16:55.40	12/7
3	31	Emily DIERCKS	JR	#13 Fort Hays State	17:14.41 OT	12/7
4	33	Jordan WALLACE	FR	#15 Rogers State	17:15.62 OT	12/7
5	35	Ashley OVERGAAUW	SO	#2 Minnesota State	17:18.09c (17:26.04f)	1/25
6	39	Madison MATZEK	JR	#2 Minnesota State {2}	17:18.95c (17:26.90f)	1/25
7	41	Marissa DICK	SR	#1 Pittsburg State	17:19.86 OT	12/7
8	44	Ashley RIGGENBACH	SR	#15 Rogers State {2}	17:27.52 OT	12/7
9	58	Jenari LOPEZ	SR	#5 Missouri Southe	17:40.67	2/1
10	74	Emily CUNNINGHAM	SR	#2 Minnesota State {3}	17:50.35c (17:58.54f)	1/25



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Central

as of 2/11/2025 9:05:35 AM ET

Women's 4x400 Relay

1	2	Shoneal Clarke-Giddings, Maria Diamond, Shevanae Thomas, Shantae George	#8 Lincoln (Mo.)	3:39.76c (3:42.67f)	12/7
2	4	Robynn Rolle-Curry, Grace Obour, Brianna Shroyer, Eilika Lane	#2 Minnesota State	3:42.42	1/25
3	5	Chloe Saenz, Jady Barnes, Anjelena Carder, Melanie Roland	#4 Northwest Missc	3:43.33	1/25
4	11	Asia Foster, Delaney Riekert, Mary McKey, Kimberly McKinney	#6 Oklahoma Bapti	3:44.07	2/8
5	13	Maddie O'Neill, Jamiya Morgan, Kinleigh Hall, Olivia Lowrey	#1 Pittsburg State	3:44.87	2/8
6	25	Maia Peterson, Ella Heinitz, Caitlin Ostbye, Nyanas Kur	#9 Augustana (S.D.)	3:50.13 OT	2/1
7	26	Tayen Werner, Mara Bruno, Gabriella Apelian, Morgan Hertz	#3 U-Mary	3:50.94c (3:54.00f)	12/14
8	27	Isabella Kupka, Katelyn Jones, Kaylee James, Kereser Augustin	#7 Washburn	3:50.95 OT	1/24
9	33	Kylee Terry, Emily Meeks, Anayla Waters, Brooklynn Holtman	#17 Central Missouri	3:52.18 OT	12/7
10	46	Sai Brookins-Fleming, Kerrigan Huynh, Treasure Vallerie, Deriyah Lee	Central Oklahor	3:56.61 OT	1/24

Women's Distance Medley Relay

1	7	Lydia McGlocklin, Chloe Saenz, Marie Dea, Alyna Thibault	#4 Northwest Missc	11:32.38	2/8
2	11	Terez Wycklendt, Morgan Hertz, Elizabeth Acheson, Kristine Kalthoff	#3 U-Mary	11:52.57c (12:16.94u)	2/1
3	12	Marissa Dick, Maddie O'Neill, Claire Bruening, Kate Strader	#1 Pittsburg State	11:55.76 OT	2/1
4	15	Makayla Bishop, Brianna Shroyer, Isabela Shepard, Ashley Overgaauw	#2 Minnesota State	12:03.76c (12:11.51f)	2/1
5	16	Kassidy Stuckey, Maeli Meier, Charis Robinson, Reece Ewoldt	#11 Neb.-Kearney	12:05.15	2/8
6	17	Sisely Mitchell, Kenzie Gilliam, Katie Byrd, Cadence Cordova	#15 Rogers State	12:05.61 OT	2/1
7	19	Izzi Breaux, Anna Woolsey, Jaci McGregor, Macie Cash	#21 Ouachita Baptist	12:09.15 OT	2/1
8	22	Maria Diamond, Shevanae Thomas, Hannah Fatade, Shoneal Clarke-Giddings	#8 Lincoln (Mo.)	12:17.45	2/8
9	35	Macie Langstraat, Sierra Clifford, Kyra Kusnierek, Madison Marco	Southwest Minn	12:37.68c (12:45.80f)	2/1
10	57	Alexis Longoria, Ashlen Clem, Katlen Clem, Anjelika Abraham	#25 Southeastern Ol	12:56.57	2/8

Women's High Jump

1	3	Alexandra HART	JR	#7 Washburn	1.77m	5-9¾	2/1
2	4	Haleigh HADLEY	SR	#1 Pittsburg State	1.76m	5-9¼	2/1
2	4	Erica SCHAMEL	SR	#1 Pittsburg State	1.76m	5-9¼	1/24
2	4	Rachel WILSON	JR	#1 Pittsburg State	1.76m	5-9¼	2/1
5	11	Bryn GREENWALDT	JR	#9 Augustana (S.D.)	1.73m	5-8	2/1
5	11	Jamora HORACE	JR	#6 Oklahoma Bapti	1.73m	5-8	1/24
7	14	Lillian WASHINGTON	JR	#2 Minnesota State	1.72m	5-7¾	2/1
8	17	Coryn FAIR	FR	#5 Missouri Southe	1.70m	5-7	1/17
9	26	Emily SWANSON	SR	#12 Sioux Falls	1.69m	5-6½	12/14
9	26	Lily BROWN	FR	#1 Pittsburg State {4}	1.69m	5-6½	12/6
9	26	Abbi WEBB	SR	#12 Sioux Falls	1.69m	5-6½	2/7



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Women's Pole Vault

1	3	Kyla DAVIS	SR	#1 Pittsburg State	4.28m	14-½	2/1
2	4	Isabelle PETERS	SR	#1 Pittsburg State {2}	4.27m	14-0	2/8
3	5	Isabel DEMARCO	FR	#7 Washburn	4.26m	13-11¾	2/1
4	8	Cannon BOOKER	FR	#1 Pittsburg State {3}	4.12m	13-6¼	2/8
5	9	Annabeth BAALMANN	JR	#13 Fort Hays State	4.06m	13-3¾	12/13
6	11	Paige HICKSON	SR	#2 Minnesota State	4.02m	13-2¼	12/7
7	15	Reagan HOUSLEY	SO	#7 Washburn {2}	3.95m	12-11½	12/7
8	20	Abby HOBBS	JR	#5 Missouri Southern	3.91m	12-10	12/7
9	23	Elvira COLLVIN	FR	#2 Minnesota State {2}	3.88m	12-8¾	1/17
10	24	Makyna FAUST	SO	#1 Pittsburg State {4}	3.82m	12-6¼	2/8

Women's Long Jump

1	1	Miranda LAUVSTAD	JR	#2 Minnesota State	6.22m	20-5	1/31
2	3	Anisha HENDERSON	SR	#6 Oklahoma Baptist	6.05m	19-10¼	1/17
3	6	MacKenzie WISSBROECKER	FR	#10 Winona State	6.02m	19-9	1/17
4	8	Makayla WATSON	JR	#1 Pittsburg State	6.01m	19-8¾	12/6
5	12	Siby YAO	SR	#1 Pittsburg State {2}	5.98m	19-7½	12/7
6	15	Jazmin BARRY	FR	#18 MSU Moorhead	5.90m	19-4¼	12/14
7	17	Adeyah BREWSTER	SR	#2 Minnesota State {2}	5.86m	19-2¾	2/8
8	18	Kylee SALLEE	SR	#9 Augustana (S.D.)	5.84m	19-2	2/7
9	20	Auna CHILDRESS	SR	#1 Pittsburg State {3}	5.83m	19-1½	12/7
10	22	Victoriia ERMOLAEVA	SO	#2 Minnesota State {3}	5.82m	19-1¼	1/17

Women's Triple Jump

1	2	Ghada HAMDANI	SO	#2 Minnesota State	12.67m	41-7	12/7
2	3	Stella NEOPHYTOU	SR	#2 Minnesota State {2}	12.66m	41-6½	12/7
3	4	Lillian WASHINGTON	JR	#2 Minnesota State {3}	12.59m	41-3¾	1/17
4	6	Auna CHILDRESS	SR	#1 Pittsburg State	12.44m	40-9¾	1/24
5	7	Lily BROWN	FR	#1 Pittsburg State {2}	12.23m	40-1½	1/24
6	10	Hanna ONOFRIIEVA	SO	#16 Harding	12.14m	39-10	12/6
7	19	Brittania INGRAM	JR	#8 Lincoln (Mo.)	11.92m	39-1¼	2/1
8	21	Makayla WATSON	JR	#1 Pittsburg State {3}	11.87m	38-11½	2/1
9	22	Hanna REICHENBERGER	SR	#10 Winona State	11.86m	38-11	1/31
10	26	Kinley SMITH	SO	#1 Pittsburg State {4}	11.80m	38-8¾	2/1

Women's Shot Put

1	3	Makenzie GARR	SO	#14 Missouri Western	15.77m	51-9	1/18
2	6	Briar GILLUM	SO	#5 Missouri Southern	15.16m	49-9	1/18
3	7	Mele TAULA	SO	#19 Emporia State	15.15m	49-8½	12/7
4	10	Dailynn VANDEREN	FR	#5 Missouri Southern {2}	15.08m	49-5¾	12/7
5	17	Allyssa MAHONE	SR	#14 Missouri Western {2}	14.24m	46-8¾	1/24
6	22	Irieyanna WILSON	JR	#22 Southern Arkansas	13.99m	45-10¾	2/1
7	24	Lily NOVACEK	JR	#11 Neb.-Kearney	13.77m	45-2¼	12/13
8	26	Kayla VANOSDEL	SR	#12 Sioux Falls	13.75m	45-1½	2/8
8	26	Abby LASITER	JR	#1 Pittsburg State	13.75m	45-1½	1/17
10	28	Kirsten WOMACK	SO	#5 Missouri Southern {3}	13.72m	45-¼	12/7

Women's Weight Throw

1	4	Lily NOVACEK	JR	#11 Neb.-Kearney	19.42m	63-8¾	2/8
2	8	Dailynn VANDEREN	FR	#5 Missouri Southern	18.95m	62-2¼	12/7
3	10	Rachael MOLLOY	SR	#17 Central Missouri	18.86m	61-10½	2/8
4	11	Allyssa MAHONE	SR	#14 Missouri Western	18.85m	61-10¼	2/1
5	13	Aubri BROWN	SO	#2 Minnesota State	18.62m	61-1¼	12/7
6	14	Kamry LINDSEY	SR	#12 Sioux Falls	18.58m	60-11½	1/25
7	16	Briar GILLUM	SO	#5 Missouri Southern {2}	18.26m	59-11	12/7
8	20	Abby LASITER	JR	#1 Pittsburg State	17.88m	58-8	12/7
9	22	Lily BENEKE	SR	#2 Minnesota State {2}	17.78m	58-4	2/7
10	24	Kirsten WOMACK	SO	#5 Missouri Southern {3}	17.71m	58-1¼	2/1
10	24	Mony ANDERSEN	JR	#2 Minnesota State {3}	17.71m	58-1¼	1/25

Women's Pentathlon

1	2	Miranda LAUVSTAD	JR	#2 Minnesota State	4,074	2/1
2	4	Victoriia ERMOLAEVA	SO	#2 Minnesota State {2}	3,904	2/1
3	6	Valerie OLSON	SR	#6 Oklahoma Baptist	3,793	2/1
4	7	Emily SWANSON	SR	#12 Sioux Falls	3,765	12/14
5	10	Naiuri KREIN	JR	#7 Washburn	3,671	2/1
6	11	Alexa POST	JR	#2 Minnesota State {3}	3,610	2/1
6	11	Maria PEDROSO	SR	#9 Augustana (S.D.)	3,610 OT	12/7
8	13	Lily BROWN	FR	#1 Pittsburg State	3,608 OT	12/6
9	15	Kylee SALLEE	SR	#9 Augustana (S.D.) {2}	3,584	2/1
10	24	Maggie SALSBUURY	FR	#1 Pittsburg State {2}	3,450 OT	12/6



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East

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Women's 60 Meters

1	52	Ella MACLEAN	SR	#1 Southern Conne	7.61	12/14
2	59	Iyanna JACKSON	SR	#6 UDC	7.63	2/1
3	94	Kayla COOPER	JR	#6 UDC	{2} 7.70	2/1
4		Jenna CAPOLUPO	SO	#8 D'Youville	7.72	12/6
5		Kisha FRANCOIS	SR	#1 Southern Conne	{2} 7.73	12/14
6		Jahtivya WILLIAMS	JR	#11 Holy Family (Pa.	7.79	1/31
7		Shareve BLAIR	FR	#9 Adelphi	7.84	12/6
8		Sereana VULAONA	FR	#3 New Haven	7.86	12/14
9		Meredith PASQUAROSA	SO	#5 Saint Anselm	7.90	12/6
10		Janel BAXTER	JR	#6 UDC	{3} 7.93	1/12
10		Athena COMEAU	SR	#15 Assumption	7.93	1/11

Women's 60 Meter Hurdles

1	30	Amari JOHNSON	SR	#9 Adelphi	8.72	2/1
2	34	Patrice MANSFIELD	JR	#1 Southern Conne	8.74	12/14
3	54	Jada KAMTHA	SO	#3 New Haven	8.85	12/7
4	66	Ocelia JONES	SO	#11 Holy Family (Pa.	8.90	1/31
5	93	Aarysa MOORE	SO	#4 Felician	9.05	1/31
6	96	Katrina SULLIVAN	JR	#15 Assumption	9.06	2/8
7		Briahna BOUCHARD	SR	#13 Franklin Pierce	9.18	2/1
8		Ginny MULLEN	FR	#1 Southern Conne	{2} 9.24	12/7
9		Jada CARROLL	SR	#4 Felician	{2} 9.26	12/13
10		Aniya BUSH	SO	#3 New Haven	{2} 9.29	1/25

Women's 200 Meters

1	78	Kisha FRANCOIS	SR	#1 Southern Conne	24.94c	(25.32f) 12/14
2	88	Ella MACLEAN	SR	#1 Southern Conne	{2} 25.03c	(25.41f) 12/14
3		Avery WINTERS	JR	#1 Southern Conne	{3} 25.28c	(25.67f) 12/14
4		Patrice MANSFIELD	JR	#1 Southern Conne	{4} 25.39c	(25.78f) 12/14
5		Kayla COOPER	JR	#6 UDC	25.64	1/18
6		Chantoya THOMAS	SR	#4 Felician	25.66	1/31
7		Meredith PASQUAROSA	SO	#5 Saint Anselm	25.71c	(26.11f) 12/6
8		Jahtivya WILLIAMS	JR	#11 Holy Family (Pa.	25.92	1/24
8		Rebecca CADY	SO	#5 Saint Anselm	{2} 25.92	1/25
10		Athena COMEAU	SR	#15 Assumption	25.97	2/1

Women's 400 Meters

1	2	Hannah CAIOLA	JR	#1 Southern Conne	53.40	2/1
2	69	Avery WINTERS	JR	#1 Southern Conne	{2} 56.95c	(57.70f) 12/14
3		Rebecca CADY	SO	#5 Saint Anselm	57.77	2/1
4		Chantoya THOMAS	SR	#4 Felician	57.90	1/31
5		Fiona MALONEY	SR	#9 Adelphi	58.57	2/1
6		Hannah SIPPEL	FR	#7 Southern New H	58.93c	(59.71f) 2/1
7		Rayniah MERCEDAT	FR	#3 New Haven	59.24c	(1:00.02f) 12/14
8		Camille LOPEZ	SR	#15 Assumption	59.29	2/1
9		Ocelia JONES	SO	#11 Holy Family (Pa.	59.30	1/17
10		Samantha DUCHARME	FR	#5 Saint Anselm	{2} 59.50	1/25

Women's 800 Meters

1	67	Caitlin BURMESTER	SR	#12 Bentley	2:15.01c	(2:16.56f) 2/8
2	99	Carly KOPROWSKI	SO	#17 Queens (N.Y.)	2:16.94	2/7
3		Jadyn MULLEN	SO	#2 Roberts Wesleya	2:17.91c	(2:19.50f) 1/17
4		Samantha DUCHARME	FR	#5 Saint Anselm	2:20.33	2/1
5		Amirah BEASLEY	SR	#20 Georgian Court	2:20.75	12/6
6		Catherine CATIPAY	SR	#4 Felician	2:20.99	2/8
6		Paige MCINERNEY	FR	#7 Southern New H	2:20.99c	(2:22.61f) 2/1
8		Megan SOHL	SR	#10 Molloy	2:22.46	2/1
9		Julia MANSFIELD	SR	#1 Southern Conne	2:22.47	2/1
10		Zoe MERRYMAN	SO	#14 St. Thomas Aqu	2:23.18	1/31

Women's Mile

1	34	Caitlin BURMESTER	SR	#12 Bentley	4:53.52	2/1
2	59	Kylee ODELL	SR	#2 Roberts Wesleya	4:57.04	2/1
3		Sabrina SPEZIA	JR	#10 Molloy	5:06.25	2/1
4		Kimberly MORAN	SR	#1 Southern Conne	5:07.74	1/12
5		Lainie SMITH	JR	#8 D'Youville	5:10.97c	(5:14.04f) 2/8
6		Lily TEDFORD	FR	#12 Bentley	{2} 5:11.05	2/1
7		Rachel HORNER-RICHARDSON	JR	#2 Roberts Wesleya	{2} 5:15.34c	(5:18.46f) 1/17
8		Ava O'DONNELL	SO	#5 Saint Anselm	5:15.87	2/1
9		Zoe MERRYMAN	SO	#14 St. Thomas Aqu	5:15.95	1/31
10		Lydia ROSELUND	SR	#2 Roberts Wesleya	{3} 5:16.74c	(5:19.87f) 1/17

Women's 3000 Meters

1	64	Kimberly MORAN	SR	#1 Southern Conne	9:58.79	2/1
2	97	Caitlin BURMESTER	SR	#12 Bentley	10:06.38	12/7
3		Lainie SMITH	JR	#8 D'Youville	10:16.12 OT	1/17
4		Kathleen HEALY	SO	#10 Molloy	10:28.37	2/8
5		Corrina OBERNESSER	JR	#7 Southern New H	10:33.77	1/25
6		Camryn BAILEY	SR	#16 Daemen	10:34.04	2/1
7		Zoe MERRYMAN	SO	#14 St. Thomas Aqu	10:36.60	1/25
8		Sabrina SPEZIA	JR	#10 Molloy	{2} 10:37.57	12/7
9		Ava O'DONNELL	SO	#5 Saint Anselm	10:38.06	1/25
10		Paige REESER	FR	#2 Roberts Wesleya	10:38.94	2/1

Women's 5000 Meters

1	57	Lainie SMITH	JR	#8 D'Youville	17:40.16	1/25
2	93	Rachel HORNER-RICHARDSON	JR	#2 Roberts Wesleya	18:00.81	2/1
3		Kathleen HEALY	SO	#10 Molloy	18:30.77	2/1
4		Nora CONWAY	SO	#5 Saint Anselm	18:37.86	2/1
5		Hailey DESMARAI	FR	#13 Franklin Pierce	18:49.78	12/7
6		Lucia KUTNER	JR	#9 Adelphi	18:55.40	2/1
7		Brooke NERI	SR	#12 Bentley	18:57.93	2/1
8		Corrina OBERNESSER	JR	#7 Southern New H	19:10.74c	(19:19.55f) 2/1
9		Sophia OLSEN	SO	#5 Saint Anselm	{2} 19:11.63c	(19:20.45f) 2/1
10		Deirdre BAILAT	SO	#7 Southern New H	{2} 19:21.93c	(19:30.82f) 2/1



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East

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Women's 4x400 Relay

1	5	Avery Winters, Kisha Francois, Ella Maclean, Hannah Caiola	#1 Southern Conne	3:43.33	2/1
2	47	Darrian Lewis, Imani Fitzpatrick, Chantoya Thomas, Mia Martinez	#4 Felician	3:56.82	1/25
3	59	Maya Harper, Jade Jones, Danalee Brock, Lesedi Anyika	#11 Holy Family (Pa.	3:58.63	1/24
4	79	Ayesha Jarrett, Kayla Cooper, Yalix Lina, Samantha Morrison	#6 UDC	4:02.03	12/7
5	89	Rebecca Cady, Samantha Ducharme, Anyelina Martinez, Meredith Pasquarosa	#5 Saint Anselm	4:03.57c (4:06.80f)	1/18
6		Maggie McInerney, Paige McInerney, Hope Hanafin, Hannah Sippel	#7 Southern New H	4:06.11c (4:09.37f)	12/14
7		Marissa Haye, Fiona Maloney, Sanai Springer, Joanna Weber	#9 Adelphi	4:08.73	2/1
8		Rayniah Mercedat, Lakay-Sha Clarke, Deja Harris, Jada Bonds	#3 New Haven	4:010.00	12/7
9		Sevilla Groebe, Lydia Smith, Lainie Smith, Lexie Hillman	#8 D'Youville	4:11.46 OT	1/17
10		Alyson Simpson, Michaela Namiotka, Reagan Davis, Jada McCown	#15 Assumption	4:11.70c (4:15.04f)	2/8

Women's Distance Medley Relay

1	47	Ciara Durcan, Isabella Farino-Esposito, Zoe Merryman, Yulessa Johnson	#14 St. Thomas Aqu	12:47.53	2/7
2	61	#Type!	#7 Southern New H	12:58.13c (13:06.46f)	1/18
3	71	Fatima Morrobel, Hayley Matthews, Carly Koprowski, Rachel Mow	#17 Queens (N.Y.)	13:33.00	2/7
4	81	Kayley Catalano, Lakay-Sha Clarke, Jennifer Torres, Angelina Schilling	#3 New Haven	14:15.98c (14:25.15f)	12/14
5	82	Tahasia Thomas, Catherine Catipay, Kaitlyn Vieira, Callie Negro	#4 Felician	14:22.05	1/10
6	86	Angelina Guerriero, Adonijah Washington, Alexandria Jackson, Elizabeth Nicotra	#19 Staten Island	14:31.55	1/10
7	90	#Type!	#22 Saint Michael's	15:41.18	1/17

Women's High Jump

1	70	Talia FERGUSON	SR	#4 Felician	1.63m	5-4¼	12/13
2		Jada CARROLL	SR	#4 Felician	{2} 1.60m	5-3	1/25
2		D'Jior DELISSER	SO	#3 New Haven	1.60m	5-3	12/14
2		Aarysa MOORE	SO	#4 Felician	{2} 1.60m	5-3	1/25
2		Sydonia TURNER	JR	#11 Holy Family (Pa.	1.60m	5-3	1/17
2		Wilnye JOSEPH	FR	#3 New Haven	1.60m	5-3	12/14
2		Zoe SHAW	JR	#6 UDC	1.60m	5-3	1/12
2		Madison MACNEILL	SO	#8 D'Youville	1.60m	5-3	1/17
9		Tori ALLEN	SR	#7 Southern New H	1.58m	5-2¼	2/8
10		April DISLA	FR	#4 Felician	{4} 1.57m	5-1¾	1/17

Women's Pole Vault

1	1	Brynn KING	SR	#2 Roberts Wesleya	4.52m	14-10	1/25
2	6	Sarah FERGUSON	SO	#2 Roberts Wesleya	{2} 4.15m	13-7¼	2/8
3	15	Melia COUCHMAN	SO	#2 Roberts Wesleya	{3} 3.95m	12-11½	12/6
4	22	Karis KRAF	FR	#2 Roberts Wesleya	{4} 3.90m	12-9½	2/8
5	27	Alexandrea ROBERTSON	FR	#2 Roberts Wesleya	{5} 3.80m	12-5½	12/6
6	52	Sarah OUELETTE	FR	#2 Roberts Wesleya	{6} 3.60m	11-9¾	2/8
7		Maddie HATHORN	JR	#1 Southern Conne	3.30m	10-9¾	12/7
7		Molly WINGER	FR	#2 Roberts Wesleya	{7} 3.30m	10-9¾	2/8
9		Cora SEABURG	SO	#2 Roberts Wesleya	{8} 3.15m	10-4	2/8
10		Ava BENARD	SO	#15 Assumption	3.01m	9-10½	2/8



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East

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Women's Long Jump

1	13	Jada KAMTHA	SO	#3	New Haven	5.97m	19-7	12/7
2	22	Kisha FRANCOIS	SR	#1	Southern Conne	5.82m	19-1¼	2/1
3	42	Valencia BEAUBRUN	JR	#9	Adelphi	5.70m	18-8½	12/6
4	45	D'Jior DELISSER	SO	#3	New Haven	{2} 5.69m	18-8	2/1
5	64	Kayla COOPER	JR	#6	UDC	5.61m	18-5	1/18
6	69	Jenna CAPOLUPO	SO	#8	D'Youville	5.60m	18-4½	12/6
7	100	Mackenzie GLENN	SR	#1	Southern Conne	{2} 5.53m	18-1¼	2/1
8		Talia FERGUSON	SR	#4	Felician	5.51m	18-1	12/13
9		Gabrielle TEEL	JR	#3	New Haven	{3} 5.42m	17-9½	12/14
10		Deja FITZPATRICK-BELL	FR	#1	Southern Conne	{3} 5.41m	17-9	1/11

Women's Triple Jump

1	14	Gabrielle TEEL	JR	#3	New Haven	12.01m	39-5	1/31
2	45	Zoe SHAW	JR	#6	UDC	11.62m	38-1½	2/1
3	49	Jada CARROLL	SR	#4	Felician	11.61m	38-1¼	12/13
4	57	Sophia HINES	FR	#10	Molloy	11.49m	37-8½	1/17
5	61	Adonijah WASHINGTON	FR	#19	Staten Island	11.47m	37-7¾	1/17
6	85	Deja FITZPATRICK-BELL	FR	#1	Southern Conne	11.22m	36-9¾	12/14
7	88	Ava HOULE	SO	#5	Saint Anselm	11.20m	36-9	12/6
8		Tishanna COHEN	JR	#20	Georgian Court	11.11m	36-5½	12/6
9		Madelyn RUTLEDGE	FR	#2	Roberts Wesleya	10.97m	36-0	1/30
10		Uliana POKUTNIA	FR	#1	Southern Conne	{2} 10.89m	35-8¾	12/14

Women's Shot Put

1	53	Belle SMITH	SO	#1	Southern Conne	13.20m	43-3¾	1/11
2		Sytieia BROWN	FR	#18	Wilmington (Del.	12.58m	41-3¼	2/8
3		Vanessa CONNOLLY	JR	#3	New Haven	12.11m	39-8¾	12/14
4		Destiny ELLERBE	SR	#4	Felician	12.08m	39-7¾	1/17
5		Darla JAGROSSE	JR	#1	Southern Conne	{2} 12.07m	39-7¼	12/14
6		Laila BUNNITT	SR	#7	Southern New H	11.97m	39-3¼	12/14
7		Alanah WEAVER	SO	#3	New Haven	{2} 11.85m	38-10½	12/14
8		Ashley CRAIG	SO	#3	New Haven	{3} 11.81m	38-9	12/14
9		Kayla JOHNSON	FR	#1	Southern Conne	{3} 11.61m	38-1¼	12/14
10		Moriah MILLS	SR	#2	Roberts Wesleya	11.52m	37-9½	2/8

Women's Weight Throw

1	59	Belle SMITH	SO	#1	Southern Conne	16.49m	54-1¼	2/1
2	84	Laila BUNNITT	SR	#7	Southern New H	15.91m	52-2½	2/1
3	86	Emmanuela KOUAMI-KATOU	JR	#6	UDC	15.90m	52-2	2/1
4		Kristen OLIVER	SO	#16	Daemen	15.44m	50-8	2/1
5		Jada OBEGI	JR	#18	Wilmington (Del.	14.40m	47-3	12/7
6		Emily NHUN	JR	#13	Franklin Pierce	14.24m	46-8¾	1/25
7		Destiny ELLERBE	SR	#4	Felician	14.11m	46-3½	2/7
8		Anita HODGE	JR	#3	New Haven	14.02m	46-0	12/7
9		Kaylea WAGNER	FR	#2	Roberts Wesleya	13.78m	45-2½	1/17
10		Ava THOMPSON	SR	#19	Staten Island	13.73m	45-½	1/17

Women's Pentathlon

1	26	Jadyn MULLEN	SO	#2	Roberts Wesleya	3,421	2/8
2	68	Jada KAMTHA	SO	#3	New Haven	3,074	12/14
3	92	Lydia SMITH	SR	#8	D'Youville	2,908	2/8
4		Isabella SORRENTINO	SO	#1	Southern Conne	2,854	12/14
5		Briahna BOUCHARD	SR	#13	Franklin Pierce	2,814	12/14
6		Skylar SAVAGE	SO	#8	D'Youville	{2} 2,708	2/8
7		Ginny MULLEN	FR	#1	Southern Conne	{2} 2,651	12/14
8		Emily MAZZUCCO	JR	#3	New Haven	{2} 2,492	12/14
9		Nicole GYSIN	SR	#14	St. Thomas Aqu	2,473	1/31
10		Tayden PERSONS	FR	#8	D'Youville	{3} 2,376	2/8



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Midwest

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Women's 60 Meters

1	15	Leah SMITH	SO	#3 Findlay	7.45	12/5
1	15	Collinique FARRINGTON	SR	#7 Southwest Bapti	7.45	2/8
3	17	Jordan TAYLOR	SR	#3 Findlay	{2} 7.49	12/5
4	24	Summer SWARTWOUT	FR	#13 Cedarville	7.53	2/8
5	30	Sarai BROWN	JR	#17 Maryville (Mo.)	7.56	12/7
5	30	Stephanique DEAN	JR	#7 Southwest Bapti	{2} 7.56	2/8
7	36	Alena WILLIAMS	SR	#2 Ashland	7.58	2/8
7	36	Nevaeh LEWIS	FR	#6 Tiffin	7.58	1/18
9	43	Hailey RIOS	SO	#2 Ashland	{2} 7.59	12/7
9	43	Taylor KYLE	SR	#1 Grand Valley Sta	7.59	12/6

Women's 60 Meter Hurdles

1	12	Caroline MAYES	JR	#14 William Jewell	8.55	12/7
2	15	Aniya SEWARD	SR	#2 Ashland	8.58	2/8
3	20	Kylie RAY	SR	#3 Findlay	8.64	2/1
4	22	Ellyse WOLFRATH	SR	#11 Northern Michig	8.66	12/7
5	23	Odessa SMITH	SO	#2 Ashland	{2} 8.67	2/8
6	44	Brooke BARKOCY	SR	#1 Grand Valley Sta	8.80	1/24
7	49	Sarah CHAPPELLE	FR	#4 Hillsdale	8.82	2/8
8	51	Crystal WALKER	SR	#11 Northern Michig	{2} 8.84	2/1
9	59	Jaynae PINDER	FR	#7 Southwest Bapti	8.88	2/8
10	73	Sofi DIOP	SO	#11 Northern Michig	{3} 8.94	12/7

Women's 200 Meters

1	4	Collinique FARRINGTON	SR	#7 Southwest Bapti	23.85 OT	2/1
2	6	Jordan TAYLOR	SR	#3 Findlay	23.90	2/1
3	16	Brianna CHENEVEY	SO	#2 Ashland	24.28 OT	1/25
4	22	Caliyah WALLACE	SO	#6 Tiffin	24.36 OT	2/8
5	26	Stephanique DEAN	JR	#7 Southwest Bapti	{2} 24.40 OT	2/1
6	37	Alaina DIAZ	SO	#1 Grand Valley Sta	24.51	2/1
6	37	Summer SWARTWOUT	FR	#13 Cedarville	24.51c (24.89f)	2/8
8	39	Leah SMITH	SO	#3 Findlay	{2} 24.52	2/1
9	42	Eleanor MINNING	JR	#4 Hillsdale	24.60 OT	2/8
9	42	Nevaeh LEWIS	FR	#6 Tiffin	{2} 24.60 OT	2/8

Women's 400 Meters

1	8	Kylie RAY	SR	#3 Findlay	54.78	2/1
2	16	Collinique FARRINGTON	SR	#7 Southwest Bapti	55.34 OT	2/1
3	26	Liana RODRIGUEZ	SR	#6 Tiffin	55.81 OT	2/8
4	27	Caliyah WALLACE	SO	#6 Tiffin	{2} 55.83 OT	2/1
5	30	Jordan TAYLOR	SR	#3 Findlay	{2} 55.90c (56.64f)	1/25
6	31	Jade AVANCE	JR	#2 Ashland	55.92 OT	1/25
7	38	Brianna CHENEVEY	SO	#2 Ashland	{2} 56.06 OT	1/18
8	47	Mia GARDNER	SR	#2 Ashland	{3} 56.36 OT	2/8
8	47	Alaysia BROOKS	SR	#12 Ursuline	56.36 OT	2/8
10	49	Claire NEUMANN	FR	#1 Grand Valley Sta	56.37 OT	1/24

Women's 800 Meters

1	8	Alaysia BROOKS	SR	#12 Ursuline	2:08.58	2/1
2	9	Kylie RAY	SR	#3 Findlay	2:08.80 OT	2/8
3	10	Jade AVANCE	JR	#2 Ashland	2:09.03 OT	2/8
4	17	Addison WASHLER	FR	#1 Grand Valley Sta	2:10.59 OT	12/6
5	23	Reese DRAGOVICH	SR	#4 Hillsdale	2:11.22c (2:12.73f)	12/5
6	27	Lilly ALBERTS	SO	#1 Grand Valley Sta	{2} 2:11.64 OT	2/8
7	29	Addie MATHIS	SR	#18 Truman	2:12.11 OT	1/18
8	30	Zoe BURKE	SO	#4 Hillsdale	{2} 2:12.33c (2:13.85f)	12/5
9	48	Hope SIEVERT	JR	#2 Ashland	{2} 2:13.92	2/1
10	49	Emily GORDON	SR	#9 Wayne State (Mi	2:14.30 OT	1/24

Women's Mile

1	9	Natalie GRABER	SR	#1 Grand Valley Sta	4:44.07 OT	1/24
2	12	Lauren KILEY	JR	#1 Grand Valley Sta	{2} 4:46.33 OT	1/24
3	13	Maria MITCHELL	SR	#1 Grand Valley Sta	{3} 4:46.42 OT	1/24
4	23	Lily DOWDELL	SR	#2 Ashland	4:51.65 OT	2/8
5	32	Ella BARYO	SR	#16 Davenport (Mich	4:53.34	2/8
6	33	Anna KOZAK	SR	#5 Lewis	4:53.39 OT	1/25
7	41	Sarah MAY	SR	#5 Lewis	{2} 4:54.52	2/7
8	49	Lexy HENRIKSON	SR	#18 Truman	4:55.96	2/1
9	51	Evyn HUMPHREY	FR	#4 Hillsdale	4:56.11c (4:59.04f)	1/25
10	52	Hailey OROSZ	JR	#8 Indianapolis	4:56.30	2/7

Women's 3000 Meters

1	1	Lauren KILEY	JR	#1 Grand Valley Sta	9:13.90 OT	2/1
2	2	Natalie GRABER	SR	#1 Grand Valley Sta	{2} 9:17.37 OT	2/1
3	9	Maria MITCHELL	SR	#1 Grand Valley Sta	{3} 9:29.05 OT	2/1
4	27	Lily DOWDELL	SR	#2 Ashland	9:44.93	2/1
5	28	Reagan JUSTICE	SR	#9 Wayne State (Mi	9:45.20 OT	1/24
6	31	Abbi STEINER	SO	#10 UW-Parkside	9:46.53 OT	12/6
7	34	Maddie MILLER	JR	#23 Illinois-Springfie	9:48.45	1/24
8	41	Cara NEWMAN	FR	#1 Grand Valley Sta	{4} 9:52.72 OT	1/24
9	46	Hannah SMRCKA	SR	#5 Lewis	9:53.95 OT	1/25
10	47	Evyn HUMPHREY	FR	#4 Hillsdale	9:54.08 OT	2/8

Women's 5000 Meters

1	5	Lauren KILEY	JR	#1 Grand Valley Sta	16:21.32 OT	12/6
2	6	Allie ARNSMAN	SO	#1 Grand Valley Sta	{2} 16:33.60 OT	12/6
3	7	Hannah SMRCKA	SR	#5 Lewis	16:38.18 OT	12/6
4	10	Abby OLSON	SR	#1 Grand Valley Sta	{3} 16:43.12 OT	12/6
5	13	Reagan JUSTICE	SR	#9 Wayne State (Mi	16:47.89 OT	12/6
6	18	Abbey KOZAK	SR	#5 Lewis	{2} 16:55.46 OT	12/6
7	23	Sarah MAY	SR	#5 Lewis	{3} 17:01.82 OT	12/6
8	24	Naylah ALLEN	SR	#5 Lewis	{4} 17:03.99 OT	12/6
9	25	Maggie O'MALLEY	JR	#1 Grand Valley Sta	{4} 17:04.74 OT	12/6
10	29	Corinne LYNCH	JR	#13 Cedarville	17:10.24 OT	1/25



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Midwest

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Women's 4x400 Relay

1	3	Mary Ellis, Leah Smith, Jordan Taylor, Kylie RAY	#3 Findlay	3:40.70	2/1
2	8	Montana Walker, Brianna Chenevey, Jade Avance, Mia Gardner	#2 Ashland	3:43.64 OT	1/25
3	16	Nevaeh Lewis, Liana Rodriguez, Cassandra Uribe, Caliyah Wallace	#6 Tiffin	3:46.05 OT	2/8
4	20	Stephanique Dean, Collinique Farrington, Brianna Lord, Laura Dixon	#7 Southwest Bapti	3:47.28	2/8
5	22	Francesca Federici, Zoe Burke, Reese Dragovich, Josee Behling	#4 Hillsdale	3:48.57 OT	2/8
6	24	Elyse Miller, Avery Wilson, Makenzie Wellner, Renae Kutcha	#9 Wayne State (Mi	3:49.98	2/1
7	32	Catherine Guckenberger, Claire Neumann, Ashtyn Gluck, Alaina Diaz	#1 Grand Valley Sta	3:51.96	2/1
8	40	Jorjia Ferguson, Ellie Lengerich, Trinity Gleitz, Emily Sonderman	#8 Indianapolis	3:54.63	2/8
9	53	Soleil Moore, Erin Boettcher, Maria Da Cunha, Lacy Hess	#16 Davenport (Mich	3:57.25	1/11
10	55	Ahna Larson, Ellyse Wolfrath, Ciara Ostrenga, Beverly Harper	#11 Northern Michig	3:57.84c (4:00.99f)	12/7

Women's Distance Medley Relay

1	6	Hope Sievert, Montana Walker, Jade Avance, Lily Dowdell	#2 Ashland	11:28.53 OT	2/8
2	10	Megan Roberts, Zoe Burke, Reese Dragovich, Evyn Humphrey	#4 Hillsdale	11:48.02 OT	2/8
3	13	Taylor Hopkins, Elyse Miller, Rachel Felstow, Emily Gordon	#9 Wayne State (Mi	12:01.97	2/1
4	20	Lamar Gordon, Ciara Ostrenga, Beverly Harper, Gianna Hoving	#11 Northern Michig	12:12.30 OT	2/1
5	24	Mallorie Metzger, Alexa Lofgren, Fatimah Almamori, Lyric Ford	#17 Maryville (Mo.)	12:20.17c(12:28.10f)	1/25
6	28	Ariel Warner, Kaylee Locke, Katherine Haupt, Sarah Zehr	#20 Northwood (Mic	12:25.28 OT	2/8
7	42	Rebekah Stoneman, Cara Pipitone, Jenna Cassidy, Kristin Yeager	#24 Malone	12:40.86c(12:49.01f)	2/8
8	43	Daisy Englund, Abby Winkle, Taylor Huntoon, Ella Kowatch	Ferris State	12:41.44 OT	2/1
9	46	Greta Macadam, Zaynah Tate, Caitlyn Pokorny, Cassandra Uribe	#6 Tiffin	12:46.55 OT	2/8
10	49	Contessa Silva, Katherine Ramirez, Laurel Brown, Amelia Maier	#13 Cedarville	12:49.66c(12:57.90f)	2/8

Women's High Jump

1	1	Kaylee DIAMOND	JR	#1 Grand Valley Sta	1.78m	5-10	2/1
2	17	Ellie Lengerich	SR	#8 Indianapolis	1.70m	5-7	12/7
2	17	Nailah TAYLOR	SO	#10 UW-Parkside	1.70m	5-7	1/25
4	26	Karmen KUROWICKA	SO	#5 Lewis	1.69m	5-6½	1/10
4	26	Baelyn ZITZMANN	FR	#4 Hillsdale	1.69m	5-6½	1/18
6	32	C'airra CARTER	SR	#6 Tiffin	1.68m	5-6	2/8
6	32	Toni DENMARK	SR	#15 Walsh	1.68m	5-6	2/8
8	40	Olivia FINDLAY	FR	#9 Wayne State (Mi	1.67m	5-5¾	12/7
9	46	Olivia HENKEL	SR	#19 Missouri S&T	1.66m	5-5¾	12/7
10	51	Imogene BRUMBAUGH	FR	#1 Grand Valley Sta{2}	1.65m	5-5	1/18
10	51	Abby WHEELER	JR	#2 Ashland	1.65m	5-5	2/8



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Midwest

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Women's Pole Vault

1	6	Brooke BOWERS	FR	#1 Grand Valley Sta	4.15m	13-7¼	2/8
2	10	Tara TOWNSEND	JR	#4 Hillsdale	4.03m	13-2½	1/31
3	14	Brynlee KEERAN	JR	#5 Lewis	3.96m	12-11¾	2/7
4	15	Sarah MASUOKA	SR	#2 Ashland	3.95m	12-11½	1/25
4	15	Victoria HARVEY	SO	#3 Findlay	3.95m	12-11½	2/1
6	19	Colleen STEINMETZ	FR	#3 Findlay	{2} 3.93m	12-10¾	2/8
7	27	Tru BUDDENBERG	SO	#3 Findlay	{3} 3.80m	12-5½	2/1
8	33	Allie DUNLAP	SO	#2 Ashland	{2} 3.75m	12-3½	1/18
8	33	Miranda FIRARI	JR	#1 Grand Valley Sta	{2} 3.75m	12-3½	1/18
10	37	Peyton PROFFITT	SO	Ohio Dominican	3.73m	12-2¾	12/7

Women's Long Jump

1	3	Rachel BLASKOWSKI	JR	#10 UW-Parkside	6.05m	19-10¼	12/7
2	5	Denise HERNANDEZ	JR	#5 Lewis	6.03m	19-9½	1/10
3	10	Alaina DIAZ	SO	#1 Grand Valley Sta	5.99m	19-8	1/24
4	20	Hailey RIOS	SO	#2 Ashland	5.83m	19-1½	2/1
5	45	Kaitlyn MOLNAR	FR	#1 Grand Valley Sta	{2} 5.69m	18-8	1/24
6	55	Katerina KAKAELAKI	FR	#5 Lewis	{2} 5.64m	18-6	2/7
7	64	Angela WILLIAMS	FR	#13 Cedarville	5.61m	18-5	1/31
8	79	Crystal WALKER	SR	#11 Northern Michig	5.57m	18-3¼	1/25
9	84	Ellie LINGERICH	SR	#8 Indianapolis	5.56m	18-3	2/8
10	100	Savahnna GYASI-NIMAKO	SO	#12 Ursuline	5.53m	18-1¾	1/25

Women's Triple Jump

1	12	Aniya SEWARD	SR	#2 Ashland	12.05m	39-6½	1/18
2	30	Essence BURROWS	FR	#10 UW-Parkside	11.77m	38-7½	2/7
3	31	Savahnna GYASI-NIMAKO	SO	#12 Ursuline	11.74m	38-6¼	1/17
4	54	Denise HERNANDEZ	JR	#5 Lewis	11.51m	37-9¼	1/10
4	54	Kiara SPATES	SR	#22 Purdue Northwe	11.51m	37-9¼	2/7
6	67	Katelyn HEATH	JR	#3 Findlay	11.39m	37-4½	2/8
7	73	Grace CHEN	SR	#4 Hillsdale	11.31m	37-1¼	2/8
8	81	Sidney SHEPPERT	SO	#2 Ashland	{2} 11.25m	36-11	1/25
9	88	Brynlee KEERAN	JR	#5 Lewis	{2} 11.20m	36-9	1/18
10	93	Moselle PUNNI	SO	#6 Tiffin	11.19m	36-8½	2/8

Women's Shot Put

1	1	Erika BEISTLE	JR	#1 Grand Valley Sta	17.20m	56-5¼	1/24
2	5	Cydney BANKS	SR	#14 William Jewell	15.21m	49-11	2/8
3	9	Molly WINNER	SO	#2 Ashland	15.10m	49-6½	1/18
4	12	Mackenzie BOHRER	SR	#1 Grand Valley Sta	{2} 14.72m	48-3½	1/18
5	14	Kaitlyn GUM	SO	#6 Tiffin	14.57m	47-9¾	2/8
6	16	Margaret STEVENSON	SR	#1 Grand Valley Sta	{3} 14.33m	47-¼	2/8
7	18	Coulter BROOKE	SR	#3 Findlay	14.13m	46-4¼	2/8
8	21	Kelsey KINSLEY	SR	#2 Ashland	{2} 14.01m	45-11¾	2/8
9	25	Kelsey HANSEN	SO	#20 Northwood (Mic	13.76m	45-1¾	12/7
10	32	Emily CURTICE	SR	#6 Tiffin	{2} 13.50m	44-3½	12/7

Women's Weight Throw

1	1	Molly WINNER	SO	#2 Ashland	20.04m	65-9	2/1
2	2	Leslie POLLOCK	SO	#2 Ashland	{2} 19.74m	64-9¼	2/1
3	5	Zoe PENTECOST	SR	#8 Indianapolis	19.28m	63-3¼	1/31
4	6	Shelby ULVEN	JR	#1 Grand Valley Sta	19.27m	63-2¾	1/18
5	7	Katie SAYLES	SR	#4 Hillsdale	19.10m	62-8	1/18
6	9	Alaina OMONODE	SR	#1 Grand Valley Sta	{2} 18.94m	62-1¾	12/6
7	12	Cydney BANKS	SR	#14 William Jewell	18.68m	61-3½	2/8
8	17	Olivia NEWSOME	FR	#4 Hillsdale	{2} 18.24m	59-10¼	1/31
9	19	Richella SPIELVOGEL	SR	#25 Lake Erie	18.09m	59-4¼	2/8
10	23	Audra HOGAN	SR	#8 Indianapolis	{2} 17.74m	58-2½	2/8

Women's Pentathlon

1	9	Ellie LINGERICH	SR	#8 Indianapolis	3,693		12/7
2	19	Emily CURTICE	SR	#6 Tiffin	3,505		12/14
3	22	Toni DENMARK	SR	#15 Walsh	3,483 OT		2/8
4	27	Baelyn ZITZMANN	FR	#4 Hillsdale	3,419 OT		2/8
5	34	Cassidy VOGT	SR	#6 Tiffin	{2} 3,309 OT		2/8
6	36	Neva POLO	SR	#4 Hillsdale	{2} 3,307		12/5
7	46	Maya WRIGHT	JR	#19 Missouri S&T	3,232 OT		12/6
8	49	Kara FIELDS	SO	#2 Ashland	3,227 OT		2/8
9	54	Kelsey CRABTREE	FR	#7 Southwest Bapti	3,184		2/8
10	61	Jorjia FERGUSON	FR	#8 Indianapolis	{2} 3,113		12/7



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South

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Women's 60 Meters

1	20	Jordyn DORTCH	SO	#2 Alabama-Huntsv	7.52	2/7
2	30	Liz LANNOM	FR	#1 Lee (Tenn.)	7.56	2/2
3	61	Kamora TAYLOR	SO	#13 Miles	7.64	2/2
4		Estefania RIVERA-GONZALEZ	FR	#15 UPR Rio Piedras	7.73	1/17
5		Madison ROSE	SR	#10 Shorter	7.74	12/6
6		Alana GREEN	JR	#4 Mississippi Colle	7.77	12/6
7		Skye LIVINGSTON	SR	#6 Central State	7.79	1/31
8		Anitria SANGSTER	SR	#7 Tuskegee	7.84	1/19
9		Shantel WILLIAMS		#8 Benedict	7.85	2/1
10		Trinity GEGORY	JR	#10 Shorter {2}	7.87	2/7

Women's 60 Meter Hurdles

1	23	Amarianna LOFTON	JR	#6 Central State	8.67	2/8
2	26	Liz LANNOM	FR	#1 Lee (Tenn.)	8.68	2/8
3	34	An'Janae LATCHINSON	JR	#7 Tuskegee	8.74	2/7
4	72	Ane PEASLSY	SO	#1 Lee (Tenn.) {2}	8.93	2/2
5	84	Katie GATES	SO	#4 Mississippi Colle	8.99	2/1
6	93	Ivy TEACHEY	SO	#2 Alabama-Huntsv	9.05	2/1
7	99	Ashanti SLAUGHTER	FR	#2 Alabama-Huntsv {2}	9.07	2/1
8		Molly MORRIS	FR	#11 Tampa	9.10	2/7
9		Madison FLUGENCE	SO	#4 Mississippi Colle {2}	9.13	1/18
10		Lily BROWN	SO	#1 Lee (Tenn.) {3}	9.22	12/6

Women's 200 Meters

1	27	Jordyn DORTCH	SO	#2 Alabama-Huntsv	24.42	12/6
2	30	Liz LANNOM	FR	#1 Lee (Tenn.)	24.43	2/8
3	36	Amiah MURRY	SO	#2 Alabama-Huntsv {2}	24.50	1/17
4		Anitria SANGSTER	SR	#7 Tuskegee	25.10	2/8
5		Alana GREEN	JR	#4 Mississippi Colle	25.12	12/6
6		Estefania RIVERA-GONZALEZ	FR	#15 UPR Rio Piedras	25.15	1/17
7		Jurnie HEMSLEY	SR	#6 Central State	25.16c (25.55f)	1/31
8		Hilary UDECHUKWU	SR	#4 Mississippi Colle {2}	25.31	12/6
9		Deja HINES	FR	#2 Alabama-Huntsv {3}	25.38	1/17
10		An'Janae LATCHINSON	JR	#7 Tuskegee {2}	25.46	2/8

Women's 400 Meters

1	64	Amiah MURRY	SO	#2 Alabama-Huntsv	56.81	2/8
2	75	Jordyn DORTCH	SO	#2 Alabama-Huntsv {2}	57.10	2/8
3	97	Jurnie HEMSLEY	SR	#6 Central State	57.42 OT	2/8
4		Aniya JOHNSON	SO	#2 Alabama-Huntsv {3}	57.49	2/8
5		Hilary UDECHUKWU	SR	#4 Mississippi Colle	57.52	2/7
6		Anitria SANGSTER	SR	#7 Tuskegee	57.85	2/2
7		Liora BEST	FR	#3 Embry-Riddle (F)	57.87	1/25
8		Kapri DAWKINS	SR	#6 Central State {2}	57.91 OT	2/8
9		An'Janae LATCHINSON	JR	#7 Tuskegee {2}	58.01	2/7
10		Maddox MAYFIELD	FR	#1 Lee (Tenn.)	58.15	12/6

Women's 800 Meters

1	32	Taylor ROTH	SO	#3 Embry-Riddle (F)	2:12.38	2/7
2	38	Lily HARE	SR	#1 Lee (Tenn.)	2:12.81	2/1
3	42	Aria HAWKINS	SR	#1 Lee (Tenn.) {2}	2:13.13 OT	1/17
4	47	Katie BEAM	FR	#1 Lee (Tenn.) {3}	2:13.87	2/2
5	54	Grace HAMPEL	JR	#2 Alabama-Huntsv	2:14.38	2/1
6	77	Abi MOORE	FR	#1 Lee (Tenn.) {4}	2:15.76 OT	1/17
7	82	Taylor BENOIT	JR	#4 Mississippi Colle	2:16.16 OT	1/24
8	87	Estella CLEMONS	FR	#1 Lee (Tenn.) {5}	2:16.44	12/7
9		Sarah COTHRAN	FR	#2 Alabama-Huntsv {2}	2:18.21	2/7
10		Meghan TURNER	SR	#16 Christian Brothe	2:18.39	2/2

Women's Mile

1	5	Aria HAWKINS	SR	#1 Lee (Tenn.)	4:41.36 OT	1/17
2	25	Estella CLEMONS	FR	#1 Lee (Tenn.) {2}	4:52.19	12/7
3	57	Lily HARE	SR	#1 Lee (Tenn.) {3}	4:56.99	2/1
4	75	Katie BEAM	FR	#1 Lee (Tenn.) {4}	4:59.41 OT	1/17
5	95	Megan ADAMS	JR	#1 Lee (Tenn.) {5}	5:01.70	2/8
6	96	Taylor BENOIT	JR	#4 Mississippi Colle	5:01.95	1/18
7		Emma MUSSANTE	JR	#9 Florida Southerr	5:03.80	1/25
8		Taylor ROTH	SO	#3 Embry-Riddle (F)	5:04.92	2/1
9		Ashlyn ILIFF	SR	#1 Lee (Tenn.) {6}	5:05.36	2/2
10		Abi MOORE	FR	#1 Lee (Tenn.) {7}	5:11.22	12/6

Women's 3000 Meters

1	3	Aria HAWKINS	SR	#1 Lee (Tenn.)	9:19.54	12/7
2	29	Ana Patricia CAMPOS	SR	#1 Lee (Tenn.) {2}	9:46.26 OT	1/17
3	36	Taylor BENOIT	JR	#4 Mississippi Colle	9:49.74	2/7
4	45	Megan ADAMS	JR	#1 Lee (Tenn.) {3}	9:53.34	2/1
5	55	Lily HARE	SR	#1 Lee (Tenn.) {4}	9:56.44	12/7
6	58	Katie KRUEGER	SR	#1 Lee (Tenn.) {5}	9:57.20	2/2
7	81	Emma MUSSANTE	JR	#9 Florida Southerr	10:01.96	2/1
8		Campbell CALDWELL	JR	#11 Tampa	10:06.91	2/1
9		Tamsyn GIBBS	FR	#2 Alabama-Huntsv	10:13.55	2/7
10		Ashlyn ILIFF	SR	#1 Lee (Tenn.) {6}	10:14.42	2/8

Women's 5000 Meters

1	38	Ana Patricia CAMPOS	SR	#1 Lee (Tenn.)	17:18.75	2/1
2	42	Megan ADAMS	JR	#1 Lee (Tenn.) {2}	17:21.06 OT	1/17
3	83	Katie KRUEGER	SR	#1 Lee (Tenn.) {3}	17:55.18 OT	1/17
4	85	Ellie FLUMAN	SR	#9 Florida Southerr	17:55.92	2/1
5	94	Lyndi CHAPMAN	FR	#1 Lee (Tenn.) {4}	18:01.88	2/2
6		Ava WARDLAW	JR	#4 Mississippi Colle	18:30.67 OT	2/1
7		Mya STAM	JR	#9 Florida Southerr {2}	18:31.92	2/7
8		Emily TUBBS	FR	#3 Embry-Riddle (F)	18:37.05	1/25
9		Remmy ARNEY	FR	#17 Trevecca Nazare	18:38.07 OT	2/8
10		Charlotte O'BRIEN	FR	#3 Embry-Riddle (F) {2}	18:40.41	1/25



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Women's 4x400 Relay

1	23	Jordyn Dortch, Amiah Murry, Summer Sutherlin, Aniya Johnson	#2 Alabama-Huntsv	3:48.67	2/1
2	45	Taylor Roth, Brooklyn Gould, Liora Best, Shenya O'Connell	#3 Embry-Riddle (F	3:55.30	2/1
3	48	Jaylin Bradshaw, Ciara Valentine, Anyah Stevenson, Kayla Robinson	#6 Central State	3:56.91 OT	2/8
4	64	Sydney White, Liz Lannom, Lily Brown, Maddox Mayfield	#1 Lee (Tenn.)	3:59.78	2/2
5	88	Ann Cobb, Livia Fischer, Taylor Benoit, Hilary Udechukwu	#4 Mississippi Colle	4:03.27 OT	2/1
6	98	Lindsey Kownick, Molly Morris, Elizabeth York, Allie Murphy	#11 Tampa	4:04.71	2/1
7		Anitria Sangster, An'Janae Latchinson, Akierah Walker, Amira Broussard	#7 Tuskegee	4:06.55	2/2
8		Kilaya Lucien, Treneice Grimes, Savannah Welch, Trinity Gecory	#10 Shorter	4:07.31	12/6
9		Zhakeya Hawkins, Hailey Tucker, Alexandria Woods, Iyanna Thompson- Carson	#18 Kentucky State	4:14.34c (4:17.71f)	12/7
10		#Type!	#5 Montevallo	4:20.13	1/18

Women's Distance Medley Relay

1	8	Lily Hare, Maddox Mayfield, Katie Beam, Aria Hawkins	#1 Lee (Tenn.)	11:37.58	2/8
2	38	Tamsyn Gibbs, Anna Katherine Hopkins, Holly Sillivant, Sophia Knox	#2 Alabama-Huntsv	12:38.97	1/25
3	55	Abby Snyder, Samantha Bennett, Sarah Turner, Natalie Warner	#5 Montevallo	12:52.79	12/6
4	59	Taylor Roth, Nithya Chummar, Allegra Triner, Kylie Davis	#3 Embry-Riddle (F	12:57.28	1/25
5	79	Akierah Walker, Amira Broussard, Genesis Harrell, Anaya Martin	#7 Tuskegee	14:01.45	1/19

Women's High Jump

1	8	Amarianna LOFTON	JR	#6 Central State	1.75m	5-8¾	1/18
2	17	Liz LANNOM	FR	#1 Lee (Tenn.)	1.70m	5-7	1/17
3	51	Brooklyn GOULD	SR	#3 Embry-Riddle (F	1.65m	5-5	1/25
3	51	Jade TCHOUAUOU NAYAP	FR	#3 Embry-Riddle (F	1.65m	5-5	1/25
5	90	Zauren BURTON	SR	#5 Montevallo	1.61m	5-3¼	1/17
6		Aniya JOHNSON	SO	#2 Alabama-Huntsv	1.60m	5-3	1/18
7		Liezl THERON	JR	#1 Lee (Tenn.)	{2} 1.59m	5-2½	2/2
8		Gioia SCOPEL	JR	#16 Christian Brothe	1.55m	5-1	1/18
9		Savannah SPARKS	FR	#13 Miles	1.54m	5-½	2/2
10		Elizabeth HAYHURST	JR	#5 Montevallo	{2} 1.51m	4-11½	1/17

Women's Pole Vault

1	26	Brynn DEPINET	JR	#1 Lee (Tenn.)	3.81m	12-6	2/8
2	45	Raegan MILLER	JR	#2 Alabama-Huntsv	3.66m	12-0	2/7
3	97	Leah DENDY	JR	#5 Montevallo	3.43m	11-3	2/8
3	97	Nicole COUNTER	SO	#1 Lee (Tenn.)	{2} 3.43m	11-3	2/8
5		Hallie GRACE WILLIAMSON	SR	#2 Alabama-Huntsv	{2} 3.25m	10-8	12/6
6		Leilani SPRUILL	FR	#3 Embry-Riddle (F	3.10m	10-2	2/1
6		Skylar SUGGITT	SR	#5 Montevallo	{2} 3.10m	10-2	12/6
8		Ayla MISAVAGE	FR	#1 Lee (Tenn.)	{3} 2.95m	9-8	12/6
8		Jenna ROLEN	JR	#10 Shorter	2.95m	9-8	2/7
8		Mckenna PANOS	FR	#3 Embry-Riddle (F	{2} 2.95m	9-8	1/18

Women's Long Jump

1	51	Measha JONES	JR	#12 Allen (S.C.)	5.65m	18-6½	2/7
2	60	Jadlyn DEBARLABON	SO	#2 Alabama-Huntsv	5.62m	18-5¼	12/6
3		Brooklyn GOULD	SR	#3 Embry-Riddle (F	5.41m	17-9	1/25
4		Mikaela MILES	JR	#3 Embry-Riddle (F	{2} 5.36m	17-7	1/25
5		Anyah STEVENSON	FR	#6 Central State	5.32m	17-5½	1/31
5		Khila CORROTHERS	SO	#5 Montevallo	5.32m	17-5½	1/17
7		Kylie CARROLL	SR	#5 Montevallo	{2} 5.31m	17-5¼	1/17
7		Tajana SIMS	SO	#14 LeMoyné-Owen	5.31m	17-5¼	12/6
9		Madison ROSE	SR	#10 Shorter	5.29m	17-4¼	2/7
10		De'Shell CARR	JR	#7 Tuskegee	5.24m	17-2¼	2/7

Women's Triple Jump

1	5	Mikaela MILES	JR	#3 Embry-Riddle (F	12.52m	41-1	2/1
2	27	Jada DAVID	JR	#8 Benedict	11.79m	38-8¼	1/31
3	70	Amiah MURRY	SO	#2 Alabama-Huntsv	11.36m	37-3¼	2/8
4		Jydia FAUCETTE	JR	#1 Lee (Tenn.)	10.89m	35-8¾	2/8
5		Kyla ROHLING	FR	#2 Alabama-Huntsv	{2} 10.81m	35-5¾	12/6
6		Anyah STEVENSON	FR	#6 Central State	10.69m	35-1	2/8
7		Michala DANIELS	JR	#3 Embry-Riddle (F	{2} 10.55m	34-7½	1/25
8		Jadlyn DEBARLABON	SO	#2 Alabama-Huntsv	{3} 10.54m	34-7	1/17
9		Alana COLEMAN	FR	#2 Alabama-Huntsv	{4} 10.42m	34-2¼	2/1
9		Saniya SWAIN	FR	#19 Savannah State	10.42m	34-2¼	2/7



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South

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Women's Shot Put

1	23	Graice WAITE	FR	#1	Lee (Tenn.)	13.78m	45-2½	2/8
2	55	Emily WOLF	SO	#5	Montevallo	13.12m	43-½	2/8
3		Yasmine CHAMBERS	JR	#8	Benedict	12.38m	40-7½	1/11
4		A'Cynthia BROWN	FR	#2	Alabama-Huntsv	12.32m	40-5	2/1
5		Madison MORRIS	JR	#3	Embry-Riddle (F	11.92m	39-1¼	1/18
6		Darcey DORRIS	JR	#6	Central State	11.77m	38-7½	12/7
7		Cierra CRUSOE	SO	#14	LeMoyne-Owen	11.68m	38-4	12/7
8		Samara BRINKS	JR	#1	Lee (Tenn.)	{2} 11.64m	38-2¼	1/17
9		Rashanna THORNE	SR	#4	Mississippi Colle	11.63m	38-2	2/7
10		Rebekah ZWEERINK	FR	#4	Mississippi Colle	{2} 11.50m	37-8¾	2/7

Women's Weight Throw

1	42	Kirsten ROLLE	JR	#3	Embry-Riddle (F	16.96m	55-7¾	1/25
2	79	Samara BRINKS	JR	#1	Lee (Tenn.)	15.99m	52-5½	12/6
3	98	Emily WOLF	SO	#5	Montevallo	15.68m	51-5½	1/17
4		Sarah TANG	SO	#2	Alabama-Huntsv	15.60m	51-2¼	1/18
5		TaNiyah THOMAS	SR	#2	Alabama-Huntsv	{2} 15.54m	51-0	2/8
6		Hailey SMITH	JR	#2	Alabama-Huntsv	{3} 15.45m	50-8¼	2/1
7		Kennedy THOMPSON	SO	#4	Mississippi Colle	15.43m	50-7½	2/1
8		Rashanna THORNE	SR	#4	Mississippi Colle	{2} 14.80m	48-6¾	12/6
9		Keva THOMAS	FR	#4	Mississippi Colle	{3} 14.73m	48-4	1/24
10		Graice WAITE	FR	#1	Lee (Tenn.)	{2} 14.10m	46-3¼	2/2

Women's Pentathlon

1	8	Brooklyn GOULD	SR	#3	Embry-Riddle (F	3,702		1/25
2	33	Liz LANNOM	FR	#1	Lee (Tenn.)	3,310	OT	1/17
3	53	Sydney WHITE	SR	#1	Lee (Tenn.)	{2} 3,190	OT	1/17
4	66	Kylie CARROLL	SR	#5	Montevallo	3,076		1/17
5		Jahkaya MCBURNEY	SO	#7	Tuskegee	2,753		2/7
6		Hope COLLINS	FR	#2	Alabama-Huntsv	2,686		1/25
7		Hallie HARRELL	FR	#5	Montevallo	{2} 2,638		1/17
8		Sarah COTHRAN	FR	#2	Alabama-Huntsv	{2} 2,607		1/25
9		Sydney CASH	JR	#3	Embry-Riddle (F	{2} 2,534		1/25
10		Campbell JOHNSON	JR	#17	Trevecca Nazare	2,459	OT	2/8



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South Central

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Women's 60 Meters

1	4	Ashley BARRETT	JR	#10	New Mexico Highl	7.37c	(7.35A)	12/7
2	18	Gaby HORTON	JR	#7	Colorado Mesa	7.50c	(7.46A)	12/7
3	20	Jacent NYAMAHUNGE	SR	#8	Angelo State	7.52c	(7.50A)	1/25
3	20	Victoria FARINAS	SR	#3	UC-Colorado Spi	7.52c	(7.50A)	12/7
5	48	Grizell SCARLETT	SO	#16	Eastern New Me	7.60		12/7
6	52	Myia DANTZLER	SR	#11	Western Colorad	7.61c	(7.57A)	2/1
7	55	Rujeko MUNETSI	FR	#10	New Mexico Highl	7.62c	(7.60A)	12/7
8	61	Cynai CHRISTOPHER	SR	#4	Texas A&M-King	7.64		2/8
9	74	Isila APKUP	SR	#5	Adams State	7.66c	(7.62A)	1/25
10	81	Nellie WARTANIAN	FR	#11	Western Colorad	7.67c	(7.63A)	1/25

Women's 60 Meter Hurdles

1	11	Avery WRIGHT	JR	#1	Colo. School of M	8.52c	(8.52A)	12/7
2	17	Patreece CLARKE	JR	#10	New Mexico Highl	8.60c	(8.60A)	12/7
3	26	Temitope ADENUGA	FR	#2	West Texas A&M	8.68c	(8.68A)	12/13
4	41	Krissie SANDERS	SO	#3	UC-Colorado Spi	8.77c	(8.77A)	12/7
5	62	Lisa SUTHERLAND	SO	#1	Colo. School of M	8.89c	(8.89A)	12/7
5	62	Allison COMER	SR	#1	Colo. School of M	8.89c	(8.89A)	2/1
7	66	Maya RIES	SR	#17	MSU Denver	8.90c	(8.90A)	2/1
8	74	Bracie VAUGHN	JR	#9	UT Tyler	8.95		1/18
9	78	Abigail FREY	JR	#3	UC-Colorado Spi	8.97c	(8.97A)	12/7
10	80	Taylor GONZALEZ	JR	#2	West Texas A&M	8.98c	(8.98A)	12/13

Women's 200 Meters

1	12	Cynai CHRISTOPHER	SR	#4	Texas A&M-King	24.20		2/8
2	16	Gaby HORTON	JR	#7	Colorado Mesa	24.28c	(24.51fA)	12/7
3	18	Jacent NYAMAHUNGE	SR	#8	Angelo State	24.29c	(24.22A)	2/1
4	20	Peace NWAELEHIA	FR	#2	West Texas A&M	24.33c	(24.26A)	2/1
5	42	Ashley BARRETT	JR	#10	New Mexico Highl	24.60c	(24.53A)	1/31
6	51	Aerin THOMPSON	JR	#9	UT Tyler	24.71c	(24.64A)	2/1
7	55	Isila APKUP	SR	#5	Adams State	24.78c	(24.71A)	1/31
8	58	Jordan BURNETT	JR	#7	Colorado Mesa	24.83c OT	(24.76A)	2/1
9	73	Jasmine HAYWOOD	SO	#9	UT Tyler	24.92		1/17
10	75	Oneika BRISETT	FR	#4	Texas A&M-King	24.93		2/8

Women's 400 Meters

1	7	Blessing AKINTOYE	SO	#2	West Texas A&M	54.64c	(54.53A)	1/24
2	9	Kamaria CARR	SO	#9	UT Tyler	54.99c	(54.88A)	2/1
3	13	Cynai CHRISTOPHER	SR	#4	Texas A&M-King	55.30 OT		12/7
4	17	Peace NWAELEHIA	FR	#2	West Texas A&M	55.35c	(55.24A)	2/1
5	21	Aerin THOMPSON	JR	#9	UT Tyler	55.57 OT		12/7
6	23	Jacent NYAMAHUNGE	SR	#8	Angelo State	55.60c	(55.49A)	1/25
7	32	Nidhi SINGH	SR	#13	Midwestern Stat	55.94c	(56.68f)	1/17
8	34	Anna SALISBURY	JR	#15	Lubbock Christi	55.97c	(55.86A)	2/1
9	37	Naleia SOWELL	SR	#17	MSU Denver	56.05c OT	(55.94A)	1/11
10	41	Hannah LAKIN	FR	#9	UT Tyler	56.16 OT		1/24

Women's 800 Meters

1	1	Helen BRAYBROOK	SR	#6	CSU Pueblo	2:03.90		2/8
2	4	Abigail ABUGIRE	FR	#2	West Texas A&M	2:06.83c	(2:07.19A)	1/24
3	5	Leah KEISLER	JR	#6	CSU Pueblo	2:07.65		2/8
4	6	Jadyn HERRON	JR	#6	CSU Pueblo	2:08.09		2/8
5	13	Lieke HOOGSTEEN	JR	#5	Adams State	2:09.70c	(2:10.42A)	1/31
6	14	Ellie FRYE	JR	#14	Dallas Baptist	2:09.75		2/1
7	16	Nidhi SINGH	SR	#13	Midwestern Stat	2:10.35c	(2:10.72A)	2/1
8	19	Tristian SPENCE	SO	#5	Adams State	2:10.97c	(2:14.29fA)	1/24
9	20	Brooke MILLER	SR	#7	Colorado Mesa	2:11.11c	(2:14.53fA)	12/7
10	22	Kate HEDLUND	SR	#3	UC-Colorado Spi	2:11.15c OT	(2:12.00A)	1/18

Women's Mile

1	1	Tristian SPENCE	SO	#5	Adams State	4:39.33c	(4:45.55A)	1/31
2	2	Ava O'CONNOR	SR	#5	Adams State	4:40.11c	(4:46.34A)	1/31
3	3	Kate HEDLUND	SR	#3	UC-Colorado Spi	4:40.53		2/8
4	4	Elena CAREY	SR	#5	Adams State	4:41.22c	(4:47.48A)	1/31
5	5	Maggie MCCLESKEY	JR	#5	Adams State	4:41.36c	(4:56.65fA)	1/25
6	7	Helen BRAYBROOK	SR	#6	CSU Pueblo	4:42.07c OT	(4:49.12A)	1/18
7	8	Anna FAUSKE	SR	#3	UC-Colorado Spi	4:42.96c OT	(5:00.03A)	1/18
8	11	Allison BEASLEY	SR	#11	Western Colorad	4:46.11c	(5:02.17fA)	2/1
9	14	Grace STRONGMAN	JR	#1	Colo. School of M	4:46.62c OT	(5:53.78A)	2/1
10	16	Katie HUGHES	JR	#5	Adams State	4:48.30c	(4:54.72A)	1/31

Women's 3000 Meters

1	4	Anna FAUSKE	SR	#3	UC-Colorado Spi	9:22.53c	(9:48.58fA)	1/25
2	6	Emily SCHOELLKOPF	SR	#5	Adams State	9:27.13c	(10:00.95fA)	1/25
3	8	Kalkidan VINCENDEAU	SR	#2	West Texas A&M	9:28.82		12/7
4	11	Margot THOMAS	SR	#6	CSU Pueblo	9:32.80		2/8
5	12	Katie HUGHES	JR	#5	Adams State	9:33.94c	(9:48.43A)	1/31
6	13	Sarah KOOMSON	SO	#2	West Texas A&M	9:34.76c	(9:49.27A)	1/31
7	14	Lesli SALAS	SO	#14	Dallas Baptist	9:35.13		12/7
8	15	Naomi ADDO	FR	#2	West Texas A&M	9:37.74c	(9:52.33A)	1/31
9	21	Eliette CHAPUT	JR	#2	West Texas A&M	9:40.47		12/7
10	22	Maggie MCCLESKEY	JR	#5	Adams State	9:42.16		12/7

Women's 5000 Meters

1	1	Jenna RAMSEY-RUTLEDGE	SR	#1	Colo. School of M	15:40.98		12/7
2	2	Tristian SPENCE	SO	#5	Adams State	15:53.52		12/7
3	4	Anna FAUSKE	SR	#3	UC-Colorado Spi	16:15.34		2/8
4	8	Margaux BASART	JR	#1	Colo. School of M	16:41.15		12/7
5	9	Naomi ADDO	FR	#2	West Texas A&M	16:42.07		12/7
6	11	Grace STRONGMAN	JR	#1	Colo. School of M	16:47.35		12/7
7	15	Emily SCHOELLKOPF	SR	#5	Adams State	16:52.95		12/7
8	16	Emily LAMENA	FR	#1	Colo. School of M	16:54.83		12/7
9	20	Shannon KING	SR	#19	Colorado Christi	16:56.68		12/7
10	21	Elise LEVEEL	SR	#2	West Texas A&M	16:58.91		12/7



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South Central

as of 2/11/2025 9:05:37 AM ET

Women's 4x400 Relay

1	9	#Type!	#4 Texas A&M-King:	3:43.70	2/1
2	10	Hannah Lakin, Kamaria Carr, Kymia Woodard, Aerin Thompson	#9 UT Tyler	3:43.93 OT	12/7
3	15	Elizabeth Florez, Jozlyn Arana, Joy Egwu, Anna Salisbury	#15 Lubbock Christi:	3:45.62c (3:45.18A)	2/1
4	17	Asana Hamidu, Peace Nwaelehia, Temitope Adenuga, Blessing Akintoye	#2 West Texas A&M	3:46.29c (3:45.85A)	1/18
5	18	Daiza Jones, Jessie Heath, Maggie Neal, Nidhi Singh	#13 Midwestern Stat	3:46.41 OT	12/7
6	28	Shackelia Green, Jacent Nyamahunge, Kylie Frush, Lainey Jernigan	#8 Angelo State	3:51.24c (3:50.80A)	1/25
7	30	Gabrielle Dunich, Jadyn Herron, Leah Keisler, Helen Braybrook	#6 CSU Pueblo	3:51.40c (3:50.96A)	1/31
8	31	Gaby Horton, Kammi Merritt, Brooke Miller, Jordan Burnett	#7 Colorado Mesa	3:51.58c (3:51.14A)	2/1
9	36	Maya Evans, Avary Catchings, Aani Hardesty, Allison Comer	#1 Colo. School of M	3:53.02c (3:55.26fA)	1/25
10	38	Gigi Douillard, Danaya Kinnard, Lilyana Delagarza, Krissie Sanders	#3 UC-Colorado Spi	3:54.35c (3:56.61fA)	1/25

Women's Distance Medley Relay

1	1	Maggie McCleskey, Alese Sartain, Lieke Hoogsteen, Tristian Spence	#5 Adams State	11:06.41c(11:16.65A)	1/31
2	2	Jadyn Herron, Gabrielle Dunich, Leah Keisler, Helen Braybrook	#6 CSU Pueblo	11:08.55c(11:18.82A)	1/31
3	3	Kalkidan Vincendeau, Blessing Akintoye, Abigail Abugire, Eliette Chaput	#2 West Texas A&M	11:17.93c(11:28.34A)	1/31
4	18	Brooke Latham, Katie Bosley, Kristen Kirk, Kinley Kite	#12 Oklahoma Christ	12:07.13 OT	2/1
5	21	Delaney Long, Hailey Rodriguez, Juliana Merlo, Sarah Willson	#20 St. Edward's	12:13.55	2/8
6	23	Nathalia Escontrias, Trell'Kyrah Watkins, Jadyn Dangerfield, Ella Pando	#13 Midwestern Stat	12:18.42c(12:24.43A)	2/1
7	29	Kendall White, Brooke Miller, Autumn McQuitty, Kirstin Williams	#7 Colorado Mesa	12:33.71c(12:43.53A)	1/25
8	41	Emily Cole, Meggie Morris, Emme O'Donnell, Courtney Richman	#14 Dallas Baptist	12:40.22 OT	2/1
9	50	Emma Smith, Carlie DeBoer, Jillian Brennan, Evie Boyd	#18 Black Hills State	12:49.94c(13:05.59fA)	1/18

Women's High Jump

1	14	Madison RAMOS	JR	#4 Texas A&M-King:	1.72m	5-7¾	2/1
2	17	Madison ALEGRIA	SR	#4 Texas A&M-King:{2}	1.70m	5-7	1/25
2	17	Nycole MESHEW	SO	#11 Western Colorad	1.70mA	5-7	12/7
2	17	Samantha BRETZ	SR	#11 Western Colorad	1.70mA	5-7	1/25
5	32	Juliane FRUEH	JR	#9 UT Tyler	1.68m	5-6	2/1
6	51	Hope MATTESON	SR	#7 Colorado Mesa	1.65mA	5-5	12/7
6	51	Afaf BENHADJA	SO	#4 Texas A&M-King:{3}	1.65m	5-5	1/10
8	70	Lilyana DELAGARZA	SO	#3 UC-Colorado Spi	1.63mA	5-4¼	2/1
9	77	Atahlia MILLS	FR	#7 Colorado Mesa {2}	1.62mA	5-3¾	2/1
10	90	Mara ANDRITSCH	FR	#2 West Texas A&M	1.61mA	5-3¼	2/8
10	90	Abbey BRADSHAW	JR	#14 Dallas Baptist	1.61m	5-3¼	1/24



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South Central

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Women's Pole Vault

1	2	Hayley RAYBURN	SR	#1 Colo. School of M	4.40mA	14-5¼	2/1
2	24	Dale THOMPSON	SR	#1 Colo. School of M	3.82mA	12-6¼	1/25
3	27	Brooke PETERSON	JR	#3 UC-Colorado Spi	3.80mA	12-5½	2/1
4	37	Ava KOWALSKI	SR	#1 Colo. School of M	3.73mA	12-2¾	2/1
4	37	Taylor HINDMAN	FR	#1 Colo. School of M	3.73mA	12-2¾	2/1
6	52	Erin WEIBEL	JR	#18 Black Hills State	3.60m	11-9¾	2/1
7	56	Phia EDWARDS	SO	#3 UC-Colorado Spi	3.57mA	11-8½	12/7
7	56	Olivia MITCHELL	JR	#9 UT Tyler	3.57m	11-8½	2/1
9	68	Kylie PADEN	JR	#8 Angelo State	3.52mA	11-6½	1/25
10	75	Camryn BARROS	SR	#8 Angelo State	{2} 3.50m	11-5¾	1/17

Women's Long Jump

1	9	Laniyah CURRY	FR	#12 Oklahoma Christ	6.00m	19-8¼	1/17
2	27	Kailee BENTON	JR	#2 West Texas A&M	5.79mA	19-0	12/13
3	30	Chisom OBIOHA	SR	#10 New Mexico High	5.76mA	18-10¾	12/7
4	42	Paige CORDERO	SO	#3 UC-Colorado Spi	5.70mA	18-8½	12/7
5	45	Jamie MORGAN	FR	#12 Oklahoma Christ	{2} 5.69m	18-8	1/17
6	55	Mary LOFTISS	SO	#12 Oklahoma Christ	{3} 5.64m	18-6	1/17
7	60	Afaf BENHADJA	SO	#4 Texas A&M-King	5.62m	18-5¼	2/8
8	64	Claire KINTZLEY	SR	#1 Colo. School of M	5.61mA	18-5	1/25
9	69	Danaya KINNARD	SO	#3 UC-Colorado Spi	{2} 5.60mA	18-4½	12/7
10	71	Chelsea HOWARD	JR	#3 UC-Colorado Spi	{3} 5.59mA	18-4¼	12/13
10	71	Leidy CUESTA	FR	#2 West Texas A&M	{2} 5.59mA	18-4¼	12/13

Women's Triple Jump

1	9	Claire KINTZLEY	SR	#1 Colo. School of M	12.15m	39-10½	1/31
2	16	Kathryn CARROLL	JR	#3 UC-Colorado Spi	12.00mA	39-4½	1/25
2	16	Leidy CUESTA	FR	#2 West Texas A&M	12.00m	39-4½	1/24
2	16	Jazmin RAY	SR	#4 Texas A&M-King	12.00m	39-4½	1/25
5	24	Payton RODGERS	FR	#3 UC-Colorado Spi	{2} 11.83m	38-9¾	2/1
6	33	Eireann DONOHUE	SR	#11 Western Colorad	11.71mA	38-5	12/7
6	33	Camila SALVUCCI	FR	#21 Chadron State	11.71mA	38-5	12/7
8	39	Audrey UZOUKWU	SR	#2 West Texas A&M	{2} 11.66mA	38-3¼	12/13
9	62	Celina THOMAS	SO	#16 Eastern New Me	11.46mA	37-7¼	1/10
10	72	Kendra RITZMAN	FR	#7 Colorado Mesa	11.32mA	37-1¾	12/7

Women's Shot Put

1	4	Katherine HIGGINS	SR	#6 CSU Pueblo	15.34mA	50-4	1/18
2	8	Febe WESSELS	JR	#6 CSU Pueblo	{2} 15.14mA	49-8¼	12/7
3	11	Katryna HERNANDEZ	SR	#4 Texas A&M-King	14.76m	48-5¼	1/10
4	14	Kitt RUPAR	SR	#1 Colo. School of M	14.57mA	47-9¾	1/18
5	19	Fedra FLORENTIN	SR	#8 Angelo State	14.08m	46-2½	2/1
6	43	Meadow GALLENTINE	JR	#2 West Texas A&M	13.37mA	43-10½	12/13
7	45	Christina PALMER	SR	#7 Colorado Mesa	13.34mA	43-9¼	12/7
8	48	Federica DOZIO	FR	#8 Angelo State	{2} 13.29m	43-7¼	1/17
9	66	Karina ALVAREZ	SO	#4 Texas A&M-King	{2} 12.98m	42-7	2/1
10	68	Alexandria TICE	JR	#2 West Texas A&M	{2} 12.95mA	42-6	1/25

Women's Weight Throw

1	3	Meadow GALLENTINE	JR	#2 West Texas A&M	19.53mA	64-1	1/25
2	21	Jennifer JARNAGIN	SR	#1 Colo. School of M	17.87mA	58-7½	2/1
3	28	Abigail GILLESPIE	SR	#1 Colo. School of M	{2} 17.48mA	57-4¼	1/25
4	31	Savannah JORGENSE	JR	#3 UC-Colorado Spi	17.27mA	56-8	2/1
5	33	Augustine HANCOCK	JR	#7 Colorado Mesa	17.22mA	56-6	12/7
6	37	Hope GRAY	JR	#2 West Texas A&M	{2} 17.16mA	56-3¾	1/25
7	49	Kitt RUPAR	SR	#1 Colo. School of M	{3} 16.78mA	55-¾	12/7
8	60	Katryna HERNANDEZ	SR	#4 Texas A&M-King	16.44m	53-11¼	2/8
9	64	Marie SCHULER	JR	#8 Angelo State	16.38mA	53-9	1/25
10	65	Olivia MIKAELIAN	SR	#6 CSU Pueblo	16.26mA	53-4¼	12/7

Women's Pentathlon

1	5	Avery WRIGHT	JR	#1 Colo. School of M	3,822cu	(3822A)	12/7
2	18	Lisa SUTHERLAND	SO	#1 Colo. School of M	{2} 3,506cu	(3506A)	12/7
3	23	Kylie FRUSH	JR	#8 Angelo State	3,464 OT		12/6
4	40	Afaf BENHADJA	SO	#4 Texas A&M-King	3,293 OT		12/6
5	41	Whitney WILLEFORD	JR	#14 Dallas Baptist	3,256 OT		12/6
6	43	Mara ANDRITSCH	FR	#2 West Texas A&M	3,250c	(3250.00A)	2/8
7	44	Katie THOMSON	JR	#7 Colorado Mesa	3,249cu	(3249A)	2/1
8	46	Kailee BENTON	JR	#2 West Texas A&M	{2} 3,232c	(3232A)	12/13
8	46	Hope MATTESON	SR	#7 Colorado Mesa	{2} 3,232cu	(3232A)	12/7
10	55	Sophia LINDAUER	SR	#7 Colorado Mesa	{3} 3,158cu	(3158A)	12/7



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Southeast

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Women's 60 Meters

1	1	Alexis BROWN	JR	#3	Lenoir-Rhyne	7.26	2/8
2	4	Jahzara HART	JR	#4	Tusculum	7.37	12/7
3	7	Futoria HARRIS	FR	#2	Mount Olive	7.40	2/8
4	11	Sade DE SOUSA	JR	#9	Carson-Newman	7.41	1/18
5	33	Shanice COX	JR	#4	Tusculum	{2} 7.57	12/7
6	43	Eseose OKODUWA	SR	#5	Converse	7.59	12/7
7	55	Aniya HECKSTALL	JR	#19	Barton	7.62	12/7
8	61	Mallory WITHERSPOON	SR	#7	Catawba	7.64	12/8
8	61	Kiera TAYLOR	JR	#4	Tusculum	{3} 7.64	12/7
8	61	Heaven ROBERTS	SO	#2	Mount Olive	{2} 7.64	1/10

Women's 60 Meter Hurdles

1	3	Melody JONES	SR	#3	Lenoir-Rhyne	8.37	2/8
2	10	Theresa GREEN-WHITE	JR	#4	Tusculum	8.51	2/1
3	34	Kori MOORE	FR	#4	Tusculum	{2} 8.74	1/25
3	34	Channie JEFFERSON	JR	#2	Mount Olive	8.74	2/8
5	44	Diaman LEE	FR	#1	Wingate	8.80	1/26
6	54	Isabelle FLORES	SR	#14	Belmont Abbey	8.85	2/7
6	54	Sharonda PRIESTER	SO	#3	Lenoir-Rhyne	{2} 8.85	1/26
8	62	Sterling WEBB	SO	#8	Lincoln Memoria	8.89	1/25
9	66	Kennedy WRIGHT	FR	#5	Converse	8.90	2/1
10	76	Dounia ROUTBI	JR	#1	Wingate	{2} 8.96	12/7

Women's 200 Meters

1	2	Alexis BROWN	JR	#3	Lenoir-Rhyne	23.73	2/8
2	21	Heaven ROBERTS	SO	#2	Mount Olive	24.35c (24.73f)	2/1
3	27	Jahzara HART	JR	#4	Tusculum	24.42	12/7
4	40	Shanice COX	JR	#4	Tusculum	{2} 24.53	12/7
5	41	Futoria HARRIS	FR	#2	Mount Olive	{2} 24.58	2/8
6	49	Kiera TAYLOR	JR	#4	Tusculum	{3} 24.66	12/7
7	65	Hannah HILL	SR	#17	North Greenville	24.90	2/1
8	70	Isabelle FLORES	SR	#14	Belmont Abbey	24.91c (25.29f)	2/7
9	85	Eseose OKODUWA	SR	#5	Converse	25.01	1/25
10		Qitarah CASTLIN	FR	#4	Tusculum	{4} 25.13	2/8

Women's 400 Meters

1	40	Sharonda PRIESTER	SO	#3	Lenoir-Rhyne	56.15	2/8
2	76	Katie-Marie SHERLOCK	SO	#12	UNC Pembroke	57.13	2/1
3	82	Isabelle FLORES	SR	#14	Belmont Abbey	57.24	2/1
4	95	Hannah HILL	SR	#17	North Greenville	57.39	2/8
5		Tytiana WILSON	SR	#9	Carson-Newman	57.56	2/8
6		Lacey BOOZER	SR	#6	Anderson (S.C.)	57.70c (58.46f)	2/7
7		Jermiya BETHEL	SO	#5	Converse	58.09c (58.86f)	12/7
8		Channie JEFFERSON	JR	#2	Mount Olive	58.13c (58.90f)	2/1
9		Letsi BURGOS	FR	#7	Catawba	58.24c (59.01f)	2/7
10		Natalie PINZAN	JR	#1	Wingate	58.53c (59.30f)	2/7

Women's 800 Meters

1	34	Eden BARNWELL	FR	#7	Catawba	2:12.62c (2:14.15f)	2/8
2	41	Taylor STONE	JR	#11	Flagler	2:13.02	2/1
3	53	Mia CABRERA	SO	#1	Wingate	2:14.37c (2:15.92f)	1/26
4	64	Abigail MISCH	JR	#11	Flagler	{2} 2:15.00	2/7
5	89	Baia TOUZA	FR	#1	Wingate	{2} 2:16.55	2/1
6	98	Carolyn FUEHREN	JR	#3	Lenoir-Rhyne	2:16.87	2/1
7		Emma WHITAKER	JR	#6	Anderson (S.C.)	2:17.89	1/25
8		Evie BROOKS	SO	#1	Wingate	{3} 2:17.90c (2:19.49f)	1/26
9		Harper RUSSELL	SR	#8	Lincoln Memoria	2:17.92 OT	1/17
10		Olivia OVERHOLT	JR	#3	Lenoir-Rhyne	{2} 2:19.39	2/1

Women's Mile

1	15	Mia CABRERA	SO	#1	Wingate	4:47.46	2/1
2	19	Taylor STONE	JR	#11	Flagler	4:49.90	2/1
3	31	Evie BROOKS	SO	#1	Wingate	{2} 4:53.15	2/8
4	67	Sira BO	JR	#1	Wingate	{3} 4:58.05	2/8
5	69	Natalie ALMOND	JR	#7	Catawba	4:58.24c (5:01.19f)	2/8
6		Emer MCGLYNN	FR	#7	Catawba	{2} 5:02.51c (5:05.50f)	2/8
7		Delaney ELLER	JR	#22	Emory and Henr	5:03.08c (5:06.08f)	1/26
8		Carolyn FUEHREN	JR	#3	Lenoir-Rhyne	5:04.76c (5:07.77f)	1/26
9		Firdaouss HRICHE	FR	#1	Wingate	{4} 5:05.35	12/13
10		Hannah CAUDILL	SO	#7	Catawba	{3} 5:08.62c (5:11.67f)	1/26

Women's 3000 Meters

1	10	Mia CABRERA	SO	#1	Wingate	9:29.72	12/7
2	19	Firdaouss HRICHE	FR	#1	Wingate	{2} 9:39.69	12/7
3	23	Evie BROOKS	SO	#1	Wingate	{3} 9:42.59	12/7
4	24	Taylor STONE	JR	#11	Flagler	9:43.73	1/25
5	32	Grace BURRELL	SR	#1	Wingate	{4} 9:47.46	2/1
6	39	Hannah CAUDILL	SO	#7	Catawba	9:51.64c (9:56.71f)	2/8
7	52	Sira BO	JR	#1	Wingate	{5} 9:55.74	12/7
8	67	Kennedy ROUSH	SO	#6	Anderson (S.C.)	9:59.32	1/25
9	88	Natalie ALMOND	JR	#7	Catawba	{2} 10:03.44c (10:08.61f)	1/26
10	89	Monique WHITEMAN	SR	#11	Flagler	{2} 10:03.76	1/25

Women's 5000 Meters

1	14	Grace BURRELL	SR	#1	Wingate	16:49.15	12/7
2	19	Anna MARTIN	JR	#1	Wingate	{2} 16:56.47	12/7
3	27	Kennedy ROUSH	SO	#6	Anderson (S.C.)	17:06.15	12/7
4	28	Laila ABOUZAIID	SR	#1	Wingate	{3} 17:06.51	12/7
5	63	Sophie RATCLIFF	FR	#13	Mars Hill	17:44.16	2/8
6	64	Monique WHITEMAN	SR	#11	Flagler	17:44.17	2/1
7	69	Lucy SCHMITT	JR	#6	Anderson (S.C.)	{2} 17:47.90	12/7
8	72	Madison CLAY	JR	#7	Catawba	17:48.78c (17:56.96f)	2/8
9	79	Riya KESHAW	SO	#1	Wingate	{4} 17:53.07	2/1
10	88	Grace ROSE	SR	#8	Lincoln Memoria	17:58.48	1/25



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Southeast

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Women's 4x400 Relay

1	41	Amaira Dyer, Essence Terry-London, Hoyane Esper, Natalie Pinzan	#1 Wingate	3:54.88	12/7
2	43	Kiera Taylor, Alonda Shelton, Jahzara Hart, Shanice Cox	#4 Tusculum	3:55.21 OT	1/17
3	56	Katie-Marie Sherlock, Amiya Winston, Mallory Haney, Geri Herrera	#12 UNC Pembroke	3:58.06	2/1
4	81	Letsi Burgos, Skylar Southern, Sanaia Hill, Eden Barnwell	#7 Catawba	4:02.23c (4:05.44f)	2/7
5	83	Triniti Muldrow-Green, Kennedy Wright, Latavia Bracey-Ransom, Jermyra Bethel	#5 Converse	4:02.42	1/25
6	96	Mackenzie Moretina, Ally Macurda, Abby Kwasny, Lacey Boozer	#6 Anderson (S.C.)	4:04.60	2/2
7		Bianca Belfon, Myasia Matthews, Nia Overby, Magnalen Camara	#15 Limestone	4:06.27	12/6
8		Lidija Djokic, Sterling Webb, Trinity Hine, Ereyonna Gore	#8 Lincoln Memoria	4:07.79c (4:11.08f)	12/7
9		Keianna Mims, Heaven Roberts, Macie Inman, Channie Jefferson	#2 Mount Olive	4:08.04	1/25
10		Ziona Harris, JaBresha Palmer, Ivorie Smith, Jada Jenkins	Clayton State	4:09.33	2/7

Women's Distance Medley Relay

1	5	Evie Brooks, Dounia Routbi, Baia Touza, Mia Cabrera	#1 Wingate	11:27.09	2/8
2	26	Harper Russell, Ereyonna Gore, Jacie Begley, Reaghan Curde	#8 Lincoln Memoria	12:21.81 OT	1/17
3	37	Elizabeth Kessler, Olivia Overholt, Maria Carmona, Carolin Fuehren	#3 Lenoir-Rhyne	12:38.43	2/1
4	45	Emma Whitaker, Molly Hanlon, Sarah Rudolph, Mclayne Wyatt	#6 Anderson (S.C.)	12:42.83c (12:51.00f)	2/8
5	58	Grace Adams, Lindsey Jenkins, Natalee Powers, Sophie Ratcliff	#13 Mars Hill	12:56.70c (13:05.03f)	2/1
6	60	Ermay Vazquez Adame, Amanda Lowery, Lily Bjerkness, Morgan Whitley	#24 King	12:57.81	1/25
7	64	Maggie Hope, Lauren Tabor, Steffi Johnson, Jenna Pittman	#9 Carson-Newman	13:03.52	1/25
8	68	Campbell Dille, Landri Martinka, Rebecca Kleiber, Megan Knapp	#18 Lees-McRae	13:16.51	2/1
9	70	Macey Morgan, Ava LaBrant, Kristi Gallegher, Merritt Smith	#21 Southern Wesley	13:25.49c (13:34.12f)	2/8
10	73	Lauren Beatty, Paisley Stepp, Bayley Robinson, Peyton MacMillan	#5 Converse	13:47.62c (13:56.49f)	2/1

Women's High Jump

1	51	Mia DIONISIO	SO	#10 Newberry	1.65m	5-5	1/18
2	65	Ally HOLMBERG	SO	#1 Wingate	1.64m	5-4½	12/7
3	70	Assiya ELHAFYAN	SO	#1 Wingate	{2} 1.63m	5-4¼	2/1
4	77	Isabel FARUP	FR	#10 Newberry	{2} 1.62m	5-3¾	12/8
5		Sterling WEBB	SO	#8 Lincoln Memoria	1.58m	5-2¼	1/25
5		Miranda MARR	SR	#3 Lenoir-Rhyne	1.58m	5-2¼	2/8
5		Margaux SHELTON	SR	#1 Wingate	{3} 1.58m	5-2¼	1/26
8		Patricija NEMANYTE	SO	#3 Lenoir-Rhyne	{2} 1.57m	5-1¾	12/8
9		Janara BRYANT	FR	#2 Mount Olive	1.55m	5-1	1/10
9		Kennedy WRIGHT	FR	#5 Converse	1.55m	5-1	1/25
9		Karla HORMAZABAL	SR	#2 Mount Olive	1.55m	5-1	12/6
9		Mallory HANEY	SR	#12 UNC Pembroke	1.55m	5-1	1/18
9		Dakota JERNIGAN	FR	#23 Coker	1.55m	5-1	2/8
9		Kamille CUNNINGHAM	SO	#5 Converse	1.55m	5-1	1/25
9		Shamy HUDSON	FR	#25 Erskine	1.55m	5-1	2/8



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Southeast

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Women's Pole Vault

1	56	Rylie JENKINS	SO	#6 Anderson (S.C.)	3.57m	11-8½	1/25
2	75	Haley EDDINGER	JR	#13 Mars Hill	3.50m	11-5¾	1/18
2	75	Carina FIORUCCI	SO	#12 UNC Pembroke	3.50m	11-5¾	1/18
4		Pearl BALLARD	SR	#3 Lenoir-Rhyne	3.35m	10-11¾	1/18
5		Avery MARSHALL	FR	#6 Anderson (S.C.) {2}	3.27m	10-8¾	1/25
6		Caitlyn LENSCH	SO	#3 Lenoir-Rhyne {2}	3.15m	10-4	2/1
7		Jorja FOX	SO	#6 Anderson (S.C.) {3}	3.12m	10-2¾	1/25
8		Tylee HEFNEY	FR	#9 Carson-Newman	3.10m	10-2	2/8
8		Ava LABRANT	SR	#21 Southern Wesley	3.10m	10-2	1/18
10		Harper RAMSDALE	FR	#3 Lenoir-Rhyne {3}	3.05m	10-0	1/18
10		Addisen PETERSEN	FR	#9 Carson-Newman {2}	3.05m	10-0	1/18

Women's Long Jump

1	10	Haniyyah JOHNSON	JR	#2 Mount Olive	5.99m	19-8	1/18
2	18	Jai PIAZZA	SO	#20 Emmanuel (Ga.)	5.84m	19-2	1/19
3	24	Janara BRYANT	FR	#2 Mount Olive {2}	5.81m	19-¾	2/8
4	27	Sydney MCCARTY	SR	#9 Carson-Newman	5.79m	19-0	2/8
5	39	Alexis BROWN	JR	#3 Lenoir-Rhyne	5.71m	18-8¾	2/1
6	59	Channie JEFFERSON	JR	#2 Mount Olive {3}	5.63m	18-5¾	2/8
7	64	Karla HORMAZABAL	SR	#2 Mount Olive {4}	5.61m	18-5	12/6
8	71	Aniya HECKSTALL	JR	#19 Barton	5.59m	18-4¼	2/9
9	84	Ally HOLMBERG	SO	#1 Wingate	5.56m	18-3	1/26
10	88	Kimberley OWENS	SR	#3 Lenoir-Rhyne {2}	5.55m	18-2½	2/1
10	88	Brooke TAYLOR	JR	#9 Carson-Newman {2}	5.55m	18-2½	2/8
10	88	Sterling WEBB	SO	#8 Lincoln Memoria	5.55m	18-2½	1/17

Women's Triple Jump

1	8	Karla HORMAZABAL	SR	#2 Mount Olive	12.16m	39-10¾	12/5
2	11	Janara BRYANT	FR	#2 Mount Olive {2}	12.07m	39-7¼	2/1
3	13	Holly KONE	SR	#3 Lenoir-Rhyne	12.04m	39-6	1/31
4	27	Leah DOTSON	SR	#15 Limestone	11.79m	38-8¼	1/31
5	39	Ennessey SORRELLS	SR	#1 Wingate	11.66m	38-3¼	2/8
6	44	Mallory HANEY	SR	#12 UNC Pembroke	11.63m	38-2	1/18
7	45	Keza GREEN	JR	#2 Mount Olive {3}	11.62m	38-1½	12/6
7	45	Lora DILLON	JR	#18 Lees-McRae	11.62m	38-1½	2/1
9	60	Mackenzie WHITESIDE	SR	#5 Converse	11.48m	37-8	2/1
10	67	Tyleah MOORER	JR	#15 Limestone {2}	11.39m	37-4½	2/1

Women's Shot Put

1	42	Jasmine COLWELL	FR	#2 Mount Olive	13.38m	43-10¾	2/1
2	59	Amber LAWLESS	JR	#1 Wingate	13.10m	42-11¾	2/1
3	96	Bella MARTIN	JR	#5 Converse	12.62m	41-5	1/25
4		Ashley PARRISH	SO	#8 Lincoln Memoria	12.43m	40-9½	1/17
5		Nia ROGERS	SR	#16 UVa-Wise	12.21m	40-¾	1/25
6		Ashley LINDSEY	JR	#2 Mount Olive {2}	12.17m	39-11¼	1/18
7		Kiori BUTLER	SO	#10 Newberry	11.83m	38-9¾	1/25
8		Ally HOLMBERG	SO	#1 Wingate {2}	11.79m	38-8¼	2/1
9		Leonie SAMUELS	JR	#10 Newberry {2}	11.72m	38-5½	12/8
10		Alla HUTCHINS	FR	#5 Converse {2}	11.60m	38-¾	1/25

Women's Weight Throw

1	27	Irma WATSON-PEREZ	SR	#10 Newberry	17.59m	57-8½	1/25
2	36	Kenisha BARNES	JR	#2 Mount Olive	17.17m	56-4	2/8
3	53	Bella MARTIN	JR	#5 Converse	16.63m	54-6¾	12/7
4	93	Elin RYDQVIST	SO	#2 Mount Olive {2}	15.82m	51-11	2/8
5		Rolanda DESIR-MOREAU	SR	#2 Mount Olive {3}	15.66m	51-4½	2/8
6		Jasmine COLWELL	FR	#2 Mount Olive {4}	14.67m	48-1¾	2/1
7		Nia ROGERS	SR	#16 UVa-Wise	14.39m	47-2½	12/7
8		Isabelle GRENA	FR	#2 Mount Olive {5}	14.38m	47-2¼	2/1
9		Kaitlin KENAN	SR	#2 Mount Olive {6}	14.25m	46-9	1/25
10		Nevaeh KERNS	JR	#8 Lincoln Memoria	14.12m	46-4	2/1

Women's Pentathlon

1	17	Sterling WEBB	SO	#8 Lincoln Memoria	3,517		1/25
2	31	Mathilde ETIENNE	SR	#3 Lenoir-Rhyne	3,329		2/8
3	51	Miranda MARR	SR	#3 Lenoir-Rhyne {2}	3,211		2/8
4	60	Melissa SILER	SR	#9 Carson-Newman	3,122		2/1
5	72	Kennedy WRIGHT	FR	#5 Converse	3,048		2/1
6		Kamille CUNNINGHAM	SO	#5 Converse {2}	2,772		2/1
7		Keagan OSIKA	JR	#18 Lees-McRae	2,704		2/1
8		Tylyia TRIGGS	SR	#2 Mount Olive	2,691		2/1
9		Haley KELLS	SR	#14 Belmont Abbey	2,689		2/1
10		Maggie SANDERSON	JR	#8 Lincoln Memoria {2}	2,667		2/1



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West

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Women's 60 Meters

1	2	E'lexis HOLLIS	SR	#5 Central Washing	7.32		2/8
2	3	Toni Ann LINDSAY	SO	#3 Academy of Art	7.36c	(7.34A)	1/11
3	6	Marie-Eloise LECLAIR	SR	#4 Simon Fraser	7.39c	(7.37A)	2/8
4	12	Nydia CHANCE	SO	#6 Fresno Pacific	7.43c	(7.41A)	2/8
5	18	Nerissa THOMPSON	JR	#8 Western Oregon	7.50		2/8
6	24	Emma CANNAN	JR	#4 Simon Fraser {2}	7.53c	(7.51A)	2/8
7	33	Caitlyn CHENEY	SR	#2 Western Washin	7.57		1/17
8	36	Trinity MILLER	SR	#1 Azusa Pacific	7.58c	(7.56A)	2/8
9	52	Jaeland CUMMINGS	JR	#4 Simon Fraser {3}	7.61		1/17
10	55	Jasmyn CRAWFORD	SR	#13 CUI	7.62		1/24

Women's 60 Meter Hurdles

1	8	Brianna GREEN	SR	#6 Fresno Pacific	8.47c	(8.47A)	2/8
1	8	Esther CONDE-TURPIN	JR	#1 Azusa Pacific	8.47c	(8.47A)	12/7
3	12	Neshara SMITH	JR	#12 Cal Poly Pomona	8.55		2/1
3	12	Hannah CHANG	JR	#7 Seattle Pacific	8.55		12/14
5	20	Liv HEITE	SO	#11 Alaska Anchorage	8.64		2/8
6	58	Alexis RANGER-DUNBAR	SR	#6 Fresno Pacific {2}	8.86c	(8.86A)	1/25
7	59	Lacie SIMMONS	SO	#11 Alaska Anchorage {2}	8.88c	(8.88A)	1/25
8	74	Avril MENDOZA	FR	#6 Fresno Pacific {3}	8.95c	(8.95A)	2/8
9	86	Giovana PELASCINI	SO	#13 CUI	9.01		1/25
10	90	Maika CUENCA	JR	#3 Academy of Art	9.03		2/1
10	90	Shaylee MUTKA	SO	#14 Cal State San Ma	9.03c	(9.03A)	12/13

Women's 200 Meters

1	1	Marie-Eloise LECLAIR	SR	#4 Simon Fraser	23.61		2/1
2	3	Brianna GREEN	SR	#6 Fresno Pacific	23.75c	(23.68A)	1/11
3	5	Emma CANNAN	JR	#4 Simon Fraser {2}	23.89c	(23.82A)	2/8
4	7	E'lexis HOLLIS	SR	#5 Central Washing	23.94		2/8
5	9	Toni Ann LINDSAY	SO	#3 Academy of Art	24.07c	(24.00A)	1/25
6	10	Trinity MILLER	SR	#1 Azusa Pacific	24.16c	(24.09A)	2/8
7	31	Alayna VERNER	SR	#1 Azusa Pacific {2}	24.44c	(24.37A)	12/7
8	35	Nydia CHANCE	SO	#6 Fresno Pacific {2}	24.48c	(24.41A)	1/11
9	58	Jaeland CUMMINGS	JR	#4 Simon Fraser {3}	24.83c	(24.76A)	2/8
10	63	Bec BENNETT	JR	#2 Western Washin	24.89 OT		2/1

Women's 400 Meters

1	1	Rasha BADRANI	JR	#14 Cal State San Ma	52.92c	(52.81A)	2/8
2	3	Alayna VERNER	SR	#1 Azusa Pacific	54.11c	(54.00A)	2/8
3	5	Bec BENNETT	JR	#2 Western Washin	54.40 OT		1/17
4	20	Shaniya RANDOLPH	SO	#6 Fresno Pacific	55.56c	(55.45A)	2/8
5	22	Olivia ALEXANDRE	SR	#1 Azusa Pacific {2}	55.58c	(55.47A)	1/25
6	25	Ariana VERA	SR	#6 Fresno Pacific {2}	55.73c	(55.62A)	2/8
7	29	Lina HANICH	SR	#3 Academy of Art	55.88		2/8
8	36	Kennedy COOK	SO	#2 Western Washin {2}	56.02		12/14
9	44	Kenahdi HASLIP	SO	#6 Fresno Pacific {3}	56.27c	(56.16A)	2/8
10	45	Toni Ann LINDSAY	SO	#3 Academy of Art {2}	56.32c	(56.21A)	1/11

Women's 800 Meters

1	2	Lina HANICH	SR	#3 Academy of Art	2:05.41		2/1
2	3	Olivia ALEXANDRE	SR	#1 Azusa Pacific	2:05.54c	(2:06.24A)	2/8
3	7	Jess CHISAR	SO	#11 Alaska Anchorage	2:08.27 OT		2/1
4	20	Mia CROCKER	SR	#2 Western Washin	2:11.11 OT		1/17
5	24	Annie WILD	SO	#10 Stanislaus State	2:11.23 OT		1/17
6	26	Emmy KROONTJE	JR	#2 Western Washin {2}	2:11.63 OT		1/17
7	28	Arisa HATCHER	JR	#12 Cal Poly Pomona	2:12.10		2/1
8	31	Sophie WRIGHT	SR	#2 Western Washin {3}	2:12.34 OT		1/17
9	39	Michaela ANDREWS	JR	#3 Academy of Art {2}	2:12.85		2/1
10	55	Selin TASDEMIR	JR	#4 Simon Fraser	2:14.40		2/1

Women's Mile

1	10	Annie WILD	SO	#10 Stanislaus State	4:46.05 OT		1/17
2	22	Rachael WATKINS	JR	#4 Simon Fraser	4:51.18		2/1
3	24	Sophie WRIGHT	SR	#2 Western Washin	4:52.16 OT		1/17
4	44	Emmy KROONTJE	JR	#2 Western Washin {2}	4:55.11 OT		1/17
5	45	Mia CROCKER	SR	#2 Western Washin {3}	4:55.37 OT		1/17
6	46	Selin TASDEMIR	JR	#4 Simon Fraser {2}	4:55.38		2/1
7	48	Ila DAVIS	SR	#2 Western Washin {4}	4:55.68 OT		2/1
8	79	Elie BASSETT	JR	#2 Western Washin {5}	4:59.88 OT		2/1
9	86	Jill PHILBIN	JR	#2 Western Washin {6}	5:01.17 OT		1/17
10	89	Ryann SMITH	SO	#11 Alaska Anchorage	5:01.35 OT		2/1

Women's 3000 Meters

1	5	Annika ESVELT	SR	#7 Seattle Pacific	9:24.80 OT		2/1
2	18	Rachael WATKINS	JR	#4 Simon Fraser	9:39.33c	(9:51.56A)	2/8
3	20	Jessica KAMPMAN	SR	#1 Azusa Pacific	9:39.84		12/7
4	37	Selin TASDEMIR	JR	#4 Simon Fraser {2}	9:50.55 OT		1/17
5	50	Taylor WHITFIELD	JR	#13 CUI	9:55.08		1/24
6	53	Ila DAVIS	SR	#2 Western Washin	9:55.85 OT		1/17
7	60	Morgan ERLER	JR	#16 Northwest Nazarene	9:57.81		1/18
8	74	Grace SOUTHERN	JR	#3 Academy of Art	10:00.23c	(10:12.90A)	12/7
9	75	Jacqueline SANCHEZ	SO	#10 Stanislaus State	10:00.30 OT		1/17
10	76	Ryann SMITH	SO	#11 Alaska Anchorage	10:00.62 OT		1/17

Women's 5000 Meters

1	3	Annika ESVELT	SR	#7 Seattle Pacific	16:09.93		12/7
2	47	Ella EDENS	SO	#2 Western Washin	17:31.55 OT		2/1
3	49	Kyla POTRATZ	FR	#8 Western Oregon	17:32.01 OT		2/1
4	50	Constance ONEAL	JR	#9 Sonoma State	17:32.07c	(17:40.12f)	1/18
5	53	Avery WILLIAMSON	JR	#11 Alaska Anchorage	17:36.96 OT		2/1
6	54	Emma SMITH	JR	#2 Western Washin {2}	17:38.26 OT		2/1
7	55	Alanna PARKER	JR	#2 Western Washin {3}	17:38.95 OT		2/1
8	95	Sophie RODRIGUEZ	SR	#9 Sonoma State {2}	18:02.03c	(18:26.64A)	12/7
9		Maya EWING	JR	#7 Seattle Pacific {2}	18:10.41		12/14
10		Laura HALSELL	JR	#2 Western Washin {4}	18:12.77 OT		2/1



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West

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Women's 4x400 Relay

1	7	Trinity Miller, Olivia Alexandre, Esther Conde-Turpin, Alayna Verner	#1 Azusa Pacific	3:43.63c (3:43.19A)	2/8
2	12	Elizabeth Vanderput, Claire Bosma, Emma Cannan, Marie-Eloise Leclair	#4 Simon Fraser	3:44.22	2/1
3	14	Hannah Polkinghorn, Caitlyn Cheney, Kennedy Cook, Bec Bennett	#2 Western Washin	3:45.10 OT	2/1
4	19	Kenahdi Haslip, Ariana Vera, Brianna Green, Shaniya Randolph	#6 Fresno Pacific	3:46.98c (3:46.54A)	1/25
5	21	Tresley Love, Lina Hanich, Toni Ann Lindsay, Michaela Andrews	#3 Academy of Art	3:47.89	2/1
6	35	Tianna Jardstrom, Arissa Hatcher, Trinity Moseby, Jessica James	#12 Cal Poly Pomona	3:52.92c (3:52.48A)	1/25
7	37	Ashlyn Nielsen, Zoe McDevitt, Elise Hopper, Donna Marie Harris	#5 Central Washing	3:53.07	2/8
8	44	Emmerson Wiggins, Destiny Moedano, Dalia Roma, Paula Romo	#21 Cal State LA	3:55.22c (3:54.78A)	1/25
9	52	Ruby Bishop, Giovana Pelascini, Logan Nelson, Porshe Eismann	#13 CUI	3:57.24c (4:00.39f)	1/25
10	62	Jada Sarrys, Johanna Brown, Sophie Mock, Evey Rowland	#7 Seattle Pacific	3:59.68 OT	2/1

Women's Distance Medley Relay

1	4	Sophie Wright, Bec Bennett, Emmy Kroontje, Ila Davis	#2 Western Washin	11:26.85 OT	2/1
2	9	Jacqueline Sanchez, Mila Real, Crystal Hernandez, Annie Wild	#10 Stanislaus State	11:40.50c (11:49.62A)	2/8
3	14	Lina Hanich, Toni Ann Lindsay, Michaela Andrews, Grace Southern	#3 Academy of Art	12:03.06	1/18
4	27	Mikenna Conan, Brielle Jimerson, Cocome McKamey, Artana Nice	#20 Cal Poly Humbol	12:24.00	2/8
5	51	Madelyn Buckley, Lucia Templeton, Alexa Gossett, Anna Prussian	#7 Seattle Pacific	12:51.37 OT	2/1
6	53	Mckenna Lechner, Olivia Klein, Becca Darwood, Morgan Erler	#16 Northwest Naza	12:51.68c (13:01.73A)	12/7
7	56	Sophie Rodriguez, Mia Cecilio, Jada Turner, Constance Oneal	#9 Sonoma State	12:53.39c (13:03.46A)	12/7
8	69	Sydney Sydney, Bellela Colas, Hailey Quiroz, Madyson Nakamura	#17 Vanguard (Calif.)	13:22.96	1/25

Women's High Jump

1	1	Esther CONDE-TURPIN	JR	#1 Azusa Pacific	1.78m A 5-10	12/7
2	4	Kora COOK	SO	#2 Western Washin	1.76m 5-9¼	12/14
3	8	Luisa FISCHER	SR	#1 Azusa Pacific	{2} 1.75m A 5-8¾	12/7
4	10	Emy NTEKPERE	SO	#5 Central Washing	1.74m 5-8½	12/14
5	11	Eliana SAUNDERS	SR	#1 Azusa Pacific	{3} 1.73m A 5-8	1/25
6	17	Jazmine SEVERO	SO	#9 Sonoma State	1.70m 5-7	1/17
6	17	Amber WALKER	FR	#9 Sonoma State	1.70m A 5-7	12/7
8	26	Hannah COOPER	SO	#15 Montana St.-Billi	1.69m A 5-6½	1/25
9	32	Amity DETERS	SR	#8 Western Oregon	1.68m A 5-6	1/25
10	46	Ashley HUME	SR	#1 Azusa Pacific	{4} 1.66m A 5-5¼	12/7

Women's Pole Vault

1	11	Lauryn MCGOUGH	SO	#5 Central Washing	4.02m 13-2¼	2/8
2	20	Lizzy DAUGHERTY	SR	#7 Seattle Pacific	3.91m 12-10	12/14
3	32	Emily THOMASON	SR	#7 Seattle Pacific	{2} 3.76m 12-4	12/14
4	33	Isabelle CARREON	SR	#12 Cal Poly Pomona	3.75m A 12-3½	12/7
5	68	Lauren MEREDITH	JR	#14 Cal State San Ma	3.52m A 11-6½	12/13
6	84	Kaitlyn ASKSAY	FR	#7 Seattle Pacific	{3} 3.46m 11-4¼	12/14
7	86	Cariann BRYANT	SO	#5 Central Washing	{2} 3.45m A 11-3¾	1/25
7	86	Paloma BAUMERT	SO	#19 Jessup (Calif.)	3.45m A 11-3¾	1/11
9		Katie SNEDDEN	FR	#9 Sonoma State	3.25m 10-8	1/17
9		Bridget BOURDON	FR	#13 CUI	3.25m 10-8	1/25



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West

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Women's Long Jump

1	2	Marie-Jeanne OUREGA	SR	#3	Academy of Art	6.16m	20-2½	12/5
2	6	Jasmyn CRAWFORD	SR	#13	CUI	6.02m	19-9	1/25
3	16	Ujunwa NWOKOMA	JR	#8	Western Oregon	5.88mA	19-3½	12/7
4	27	Vivien LIESSFELD	SO	#11	Alaska Anchorage	5.79mA	19-0	1/11
5	30	Esther CONDE-TURPIN	JR	#1	Azusa Pacific	5.76mA	18-10¾	2/8
6	34	Luisa FISCHER	SR	#1	Azusa Pacific	{2} 5.74mA	18-10	1/25
7	37	Emy NTEKPERE	SO	#5	Central Washington	5.72m	18-9¼	2/1
7	37	Jordyn BROOKS	SO	#14	Cal State San Marcos	5.72mA	18-9¼	12/13
9	79	Hannah POLKINGHORN	JR	#2	Western Washington	5.57m	18-3¼	2/1
10		Jaylen WALKER	JR	#3	Academy of Art	{2} 5.52mA	18-1½	1/25

Women's Triple Jump

1	1	Emy NTEKPERE	SO	#5	Central Washington	12.83m	42-1¼	2/8
2	14	Marie-Jeanne OUREGA	SR	#3	Academy of Art	12.01m	39-5	12/5
3	25	Ujunwa NWOKOMA	JR	#8	Western Oregon	11.81mA	38-9	1/25
4	43	Jaylen WALKER	JR	#3	Academy of Art	{2} 11.64m	38-2¼	2/1
5	57	Olivia WINDBIEL	JR	#4	Simon Fraser	11.49m	37-8½	2/1
6	63	Jordyn BROOKS	SO	#14	Cal State San Marcos	11.44mA	37-6½	12/13
7	69	Amariyah CLAY	JR	#8	Western Oregon	{2} 11.38mA	37-4	1/25
8	73	Alyssa DUNCAN	JR	#18	Saint Martin's	11.31m	37-1¼	2/8
9	79	Kerlinda CHATWIN	SO	#4	Simon Fraser	{2} 11.27m	36-11¾	1/17
10	88	Kolena APANA	FR	#17	Vanguard (Calif.)	11.20m		1/25

Women's Shot Put

1	2	Hannah RICHARDSON	SO	#1	Azusa Pacific	15.78mA	51-9¼	12/7
2	20	Jessica POLKINGHORN	FR	#2	Western Washington	14.03m	46-½	1/17
3	34	Alexis NINO	SO	#10	Stanislaus State	13.48mA	44-2¾	1/25
4	38	Molly OLSON	SR	#1	Azusa Pacific	{2} 13.42mA	44-½	1/25
5	50	Luisa FISCHER	SR	#1	Azusa Pacific	{3} 13.23mA	43-5	12/7
6	51	Julia PISENTI	SO	#19	Jessup (Calif.)	13.21mA	43-4¼	12/7
7	54	Esther CONDE-TURPIN	JR	#1	Azusa Pacific	{4} 13.13mA	43-1	12/7
8	65	Ariyah FORD	JR	#9	Sonoma State	13.00m	42-8	1/18
9	79	Nevaeh DYER	FR	#13	CUI	12.81m	42-½	1/25
10	81	Kathryn CHAPIN	FR	#2	Western Washington	{2} 12.79m	41-11½	2/1

Women's Weight Throw

1	47	Hannah COOPER	SO	#15	Montana St.-Billings	16.85mA	55-3½	1/25
2	50	Halle MCDANIELS	JR	#9	Sonoma State	16.74mA	54-11¼	1/11
3	52	Hannah RICHARDSON	SO	#1	Azusa Pacific	16.67mA	54-8¼	12/7
4	70	Jocelyn SARIBAY	SR	#18	Saint Martin's	16.14m	52-11½	1/17
5	73	Mi'ah MOLLETTE	SO	#12	Cal Poly Pomona	16.11mA	52-10¼	12/7
6	94	Jaida GREEN	JR	#15	Montana St.-Billings	{2} 15.81m	51-10½	12/7
7	98	Jordan ELDRIDGE	SR	#16	Northwest Nazarene	15.68m	51-5½	2/1
8		Jazmin MENDOZA	SR	#5	Central Washington	15.45mA	50-8¼	1/25
9		Jaelah BUTLER	SR	#17	Vanguard (Calif.)	15.26m	50-¾	1/25
10		Alexis NINO	SO	#10	Stanislaus State	15.21mA	49-11	1/25

Women's Pentathlon

1	1	Esther CONDE-TURPIN	JR	#1	Azusa Pacific	4,258c	(4258A)	12/7
2	3	Luisa FISCHER	SR	#1	Azusa Pacific	{2} 3,949c	(3949A)	12/7
3	16	Emma HEIN	FR	#1	Azusa Pacific	{3} 3,548c	(3548.00A)	2/8
4	20	Maika CUENCA	JR	#3	Academy of Art	3,503		2/8
5	21	Giovana PELASCINI	SO	#13	CUI	3,489		1/25
6	32	Carley HUBER	SR	#5	Central Washington	3,319 OT		2/1
7	35	Neshara SMITH	JR	#12	Cal Poly Pomona	3,308c	(3308A)	12/7
8	38	Vivien LIESSFELD	SO	#11	Alaska Anchorage	3,300c	(3300A)	1/25
8	38	Macy CLEMENS	SR	#8	Western Oregon	3,300c	(3300A)	12/7
10	45	Ashley HUME	SR	#1	Azusa Pacific	{4} 3,247c	(3247A)	12/7