



National TFRI Event Summary

Women's 60 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Joy UDO-GABRIEL	SO #14 Missouri Southern	23.04	7.24	2/21/25 Arkansas Qualifier
2	Alexis BROWN	JR #11 Lenoir-Rhyne	20.75	7.26	2/8/25 Doc Hale Virginia Tech Elite
3	E'lexis HOLLIS	SR #12 Central Washington	17.88	7.32	2/8/25 Riverfront Invitational & Multi
4	Marie-Eloise LECLAIR	SR #15 Simon Fraser	15.46	7.35	2/18/25 GNAC Indoor Championships
5	Toni Ann LINDSAY	SO #16 Academy of Art	13.32	7.36c (7.34A)	1/11/25 Silver & Blue Invitational
6	Ashley BARRETT	JR New Mexico Highland	11.18	7.37c (7.35A)	12/7/24 Mines Alumni Classic
6	Jahzara HART	JR Tusculum	11.18	7.37	12/7/24 Commonwealth College Open
8	Futura HARRIS	FR #23 Mount Olive	8.89	7.39	2/15/25 Virginia Beach Pre-National
9	Shantae GEORGE	SR Lincoln (Mo.)	7.78	7.40	2/8/25 Bearcat Invite
9	Diandrenique GAINES	SR #3 Pittsburg State	7.78	7.40	12/7/24 Crimson & Gold Invitational
11	Laila CLEARE	JR #20 U-Mary	5.69	7.41	2/22/25 Marauders Tune-Up
11	Jordan TAYLOR	SR #17 Findlay	5.69	7.41	2/14/25 Grand Valley State Big Meet
11	Sade DE SOUSA	JR Carson-Newman	5.69	7.41	1/18/25 Finn Pincus Invitational
14	Candace MORRIS	SO West Virginia State	2.60	7.42	2/24/25 Mountain East Indoor Champi
15	Leah SMITH	SO #17 Findlay {2}	2.00	7.43	2/21/25 Flag City Tune-Up
15	Nydia CHANCE	SO #24 Fresno Pacific	2.00	7.43c (7.41A)	2/8/25 Wolf Pack Classic
17	Shavante ROBERTS	JR MSU Moorhead	1.41	7.44	12/14/24 Dakota Alumni Classic
18	Collinique FARRINGTON	SR Southwest Baptist	1.22	7.45	2/8/25 Bearcat Invite
19	Tamia HORTON	JR Sioux Falls	0.96	7.47	2/21/25 SDSU Last Chance
20	Jordyn DORTCH	SO Alabama-Huntsville	0.77	7.49	2/21/25 GSC (Gulf South) Indoor Cha
20	Adeyah BREWSTER	SR #1 Minnesota State	0.77	7.49	2/14/25 Maverick Premier #1
22	Gaby HORTON	JR Colorado Mesa	0.52	7.50c (7.46A)	12/7/24 Mountaineer Open
22	Nerissa THOMPSON	JR Western Oregon	0.52	7.50	2/8/25 Riverfront Invitational & Multi
24	Ally HAMMOND	SR #1 Minnesota State {2}	0.30	7.52	2/14/25 Maverick Premier #1
24	Jacent NYAMAHUNGE	SR Angelo State	0.30	7.52c (7.50A)	1/25/25 Dr. Martin Luther King, Jr. Invi
24	Grizell SCARLETT	SO Eastern New Mexico	0.30	7.52c (7.50A)	2/22/25 Lone Star Indoor Championsh
24	Victoria FARINAS	SR #13 UC-Colorado Springs	0.30	7.52c (7.50A)	12/7/24 Mines Alumni Classic
28	Summer SWARTWOUT	FR Cedarville	0.10	7.53	2/8/25 NCCAA Indoor Championship
28	Emma CANNAN	JR #15 Simon Fraser {2}	0.10	7.53c (7.51A)	2/8/25 Wolf Pack Classic
28	Alyssa HUTCHERSON	SR #18 Washburn	0.10	7.53	12/7/24 Washburn Alumni Invitational
31	Alena WILLIAMS	SR #9 Ashland	0.04	7.54	2/15/25 Doug Raymond Invitational
31	Jaeland CUMMINGS	JR #15 Simon Fraser {3}	0.04	7.54	2/18/25 GNAC Indoor Championships
33	McKenzie HAYSE	FR #18 Washburn {2}	0.02	7.55	12/7/24 Washburn Alumni Invitational
33	Taniya LOONEY	JR #3 Pittsburg State {2}	0.02	7.55	1/24/25 Rumble in the Jungle Invitati
33	Liz LANNOM	FR #21 Lee (Tenn.)	0.02	7.55	2/21/25 GSC (Gulf South) Indoor Cha
33	Tionce WALROND	SO #20 U-Mary {2}	0.02	7.55	12/7/24 Mike Thorson Open
33	Brianna BENLOSS	SO Winston-Salem State	0.02	7.55	2/17/25 CIAA Indoor Championships



National TFRI Event Summary

Women's 60 Meter Hurdles — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Grace JOHNSON	SR	#1 Minnesota State	23.03		8.28	2/1/25 Mark Schuck Open and Multi
2	Kayvon NUBINE	FR	#3 Pittsburg State	20.31		8.34	2/1/25 Pitt State Invitational
3	Melody JONES	SR	#11 Lenoir-Rhyne	17.95		8.37	2/8/25 Doc Hale Virginia Tech Elite
4	Madelyn MARQUEZ	SR	#3 Pittsburg State {2}	15.60		8.40	2/1/25 Pitt State Invitational
5	Adeyha BREWSTER	SR	#1 Minnesota State {2}	13.48		8.41	2/8/25 Frank Sevigne Husker Invitati
6	Esaba OKWARAOI	SO	#1 Minnesota State {3}	11.25		8.43	2/1/25 Mark Schuck Open and Multi
7	Ally HAMMOND	SR	#1 Minnesota State {4}	10.02		8.45	2/1/25 Mark Schuck Open and Multi
7	Neshara SMITH	JR	Cal Poly Pomona	10.02		8.45	2/14/25 Maverick Premier #1
9	Brianna GREEN	SR	#24 Fresno Pacific	7.85		8.47c	(8.47A) 2/8/25 Wolf Pack Classic
9	Esther CONDE-TURPIN	JR	#5 Azusa Pacific	2.85	D	8.47c	(8.47A) 12/7/24 Silver State Invitational & Mul
9	Charnessa REID	JR	Winston-Salem State	7.85		8.47	2/17/25 CIAA Indoor Championships
12	Theresa GREEN-WHITE	JR	Tusculum	4.54		8.51	2/1/25 VMI Winter Relays
13	Avery WRIGHT	JR	#8 Colo. School of Mines	3.46		8.52c	(8.52A) 12/7/24 Mines Alumni Classic
14	Tia HORNING	SR	#20 U-Mary	2.38		8.53	2/22/25 Marauders Tune-Up
15	Aisha CARRINGTON	SR	Lincoln (Pa.)	1.83		8.54	2/17/25 CIAA Indoor Championships
15	Ashanti HARVEY	JR	#1 Minnesota State {5}	1.83		8.54	2/14/25 Maverick Premier #1
17	Valerie OLSON	SR	#19 Oklahoma Baptist	1.29		8.55	2/15/25 Russ Jewett Indoor Gorilla Cla
17	Hannah CHANG	JR	Seattle Pacific	1.29		8.55	12/14/24 Spokane Invitational
17	Caroline MAYES	JR	William Jewell	1.29		8.55	12/7/24 Mel Tjeerdsma Classic
20	Noemie THIBAUD	FR	#1 Minnesota State {6}	0.91		8.57	2/22/25 Snowshoe Open
21	Aniya SEWARD	SR	#9 Ashland	0.77		8.58	2/8/25 Jud Logan Light Giver Collegi
22	Ellyse WOLFRATH	SR	Northern Michigan	0.64		8.59	2/15/25 Maverick Premier #2
22	Amari JOHNSON	SR	Adelphi	0.64		8.59	2/23/25 Northeast-10 Indoor Champio
24	Patreece CLARKE	JR	New Mexico Highland	0.40		8.60c	(8.60A) 12/7/24 Mines Alumni Classic
25	An'Janae LATCHINSON	JR	Tuskegee	0.26		8.61	2/21/25 SIAC Indoor Championship
25	Isabelle PETERS	SR	#3 Pittsburg State {3}	0.26		8.61	2/1/25 Pitt State Invitational
27	Odessa SMITH	SO	#9 Ashland {2}	0.15		8.62	2/22/25 Ashland Last Chance Meet
28	Bracie VAUGHN	JR	UT Tyler	0.10		8.63c	(8.63A) 2/22/25 Lone Star Indoor Championsh
28	Obiageli AKUBUDE	SO	Claflin	0.10		8.63	2/17/25 CIAA Indoor Championships
28	Miranda LAUVSTAD	JR	#1 Minnesota State {7}	0.10		8.63	2/22/25 Snowshoe Open
31	Channie JEFFERSON	JR	#23 Mount Olive	0.04		8.64	2/24/25 Conference Carolinas Indoor
31	Kylie RAY	SR	#17 Findlay	0.04		8.64	2/1/25 Penn State National
31	Liv HEITE	SO	Alaska Anchorage	0.04		8.64	2/8/25 Riverfront Invitational & Multi
34	Emily SWANSON	SR	Sioux Falls	0.02		8.65	2/21/25 SDSU Last Chance
35	Amarianna LOFTON	JR	Central State	0.01		8.67	2/8/25 Jud Logan Light Giver Collegi



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Marie-Eloise LECLAIR	SR	#15 Simon Fraser	22.25	23.61	2/1/25	John Thomas Terrier Classic
2	Alexis BROWN	JR	#11 Lenoir-Rhyne	19.74	23.73	2/8/25	Doc Hale Virginia Tech Elite
3	Brianna GREEN	SR	#24 Fresno Pacific	17.65	23.75c	(23.68A)	1/11/25 Silver & Blue Invitational
4	Emma CANNAN	JR	#15 Simon Fraser {2}	15.57	23.77		2/18/25 GNAC Indoor Championships
5	Jacent NYAMAHUNGE	SR	Angelo State	13.48	23.79c	(23.72A)	2/22/25 Lone Star Indoor Championsh
6	Jordan TAYLOR	SR	#17 Findlay	11.36	23.82 OT		2/14/25 Grand Valley State Big Meet
7	Collinique FARRINGTON	SR	Southwest Baptist	10.23	23.85 OT		2/1/25 Pitt State Invitational
7	Blessing AKINTOYE	SO	#6 West Texas A&M	10.23	23.85c	(23.78A)	2/22/25 Lone Star Indoor Championsh
9	Futura HARRIS	FR	#23 Mount Olive	8.14	23.87c	(24.24f)	2/24/25 Conference Carolinas Indoor
10	E'lexis HOLLIS	SR	#12 Central Washington	6.85	23.94		2/8/25 Riverfront Invitational & Multi
11	Jordyn DORTCH	SO	Alabama-Huntsville	5.77	23.96		2/21/25 GSC (Gulf South) Indoor Cha
12	Robynn ROLLE-CURRY	SR	#1 Minnesota State	4.64	23.99c	(24.36f)	2/15/25 Maverick Premier #2
13	Gaby HORTON	JR	Colorado Mesa	3.56	24.02c	(24.25fA)	2/21/25 RMAC Last Chance Qualifier
14	Rasha BADRANI	JR	Cal State San Marcos	2.50	24.04c	(24.42f)	2/14/25 Maverick Premier #1
15	Toni Ann LINDSAY	SO	#16 Academy of Art	1.92	24.07c	(24.00A)	1/25/25 Nevada Invitational & Multi
16	Cynai CHRISTOPHER	SR	#10 Texas A&M-Kingsville	1.58	24.11c	(24.04A)	2/22/25 Lone Star Indoor Championsh
17	Trinity MILLER	SR	#5 Azusa Pacific	1.27	24.16c	(24.09A)	2/8/25 New Mexico Collegiate Classic
18	Chloe SAENZ	SR	#25 Northwest Missouri	1.15	24.17		2/1/25 Washburn Open & Multis
19	Deborah ACHEAMPONG	SO	#6 West Texas A&M {2}	1.02	24.19c	(24.12A)	2/22/25 Lone Star Indoor Championsh
19	Leah SMITH	SO	#17 Findlay {2}	1.02	24.19 OT		2/14/25 Grand Valley State Big Meet
19	Sakena MASSIAH	SR	#20 U-Mary	1.02	24.19 OT		2/15/25 SDSU Indoor Classic
22	Tionce WALROND	SO	#20 U-Mary {2}	0.71	24.20c	(24.57f)	12/7/24 Mike Thorson Open
23	Grace OBOUR	JR	#1 Minnesota State {2}	0.58	24.22c	(24.59f)	2/15/25 Maverick Premier #2
24	Nyanas KUR	SR	Augustana (S.D.)	0.47	24.23 OT		2/1/25 SDSU D2/NAIA Open
25	Diandrenique GAINES	SR	#3 Pittsburg State	0.34	24.25 OT		2/15/25 Russ Jewett Indoor Gorilla Cla
26	Eilika LANE	SR	#1 Minnesota State {3}	0.28	24.26c	(24.64f)	2/1/25 Mark Schuck Open and Multi
27	Brianna CHENEVEY	SO	#9 Ashland	0.23	24.28 OT		1/25/25 Ashland Invitational
28	Shantae GEORGE	SR	Lincoln (Mo.)	0.17	24.30 OT		2/15/25 Russ Jewett Indoor Gorilla Cla
29	McKenzie HAYSE	FR	#18 Washburn	0.12	24.32		2/1/25 Washburn Open & Multis
30	Peace NWAELEHIA	FR	#6 West Texas A&M {3}	0.08	24.33c	(24.26A)	2/1/25 Texas Tech Stan Scott Memor
31	Liz LANNOM	FR	#21 Lee (Tenn.)	0.04	24.35		2/21/25 GSC (Gulf South) Indoor Cha
31	Heavan ROBERTS	SO	#23 Mount Olive {2}	0.04	24.35c	(24.73f)	2/1/25 Bast-Cregger Invitational
33	Caliyah WALLACE	SO	Tiffin	0.02	24.36 OT		2/8/25 Jud Logan Light Giver Collegi
34	Jamiya MORGAN	SR	#3 Pittsburg State {2}	0.02	24.38 OT		2/15/25 Russ Jewett Indoor Gorilla Cla
35	Alaina DIAZ	SO	#2 Grand Valley State	0.01	24.39 OT		2/15/25 Grand Valley State Big Meet II



National TFRI Event Summary

Women's 400 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Rasha BADRANI	JR	Cal State San Marcos	22.76	52.92c	(52.81A)	2/8/25 Wolf Pack Classic
2	Blessing AKINTOYE	SO	#6 West Texas A&M	20.28	53.21c	(53.10A)	2/22/25 Lone Star Indoor Championsh
3	Tiffany HUGHEY		#25 Northwest Missouri	18.06	53.34		2/23/25 USATF Indoor Championships
4	Hannah CAIOLA	JR	Southern Connecticut	15.96	53.40		2/1/25 John Thomas Terrier Classic
5	Peace NWAELEHIA	FR	#6 West Texas A&M {2}	13.90	53.44c	(53.33A)	2/22/25 Lone Star Indoor Championsh
6	Aerin THOMPSON	JR	UT Tyler	11.30	53.80c	(53.69A)	2/22/25 Lone Star Indoor Championsh
7	Cynai CHRISTOPHER	SR	#10 Texas A&M-Kingsville	10.07	53.98c	(53.87A)	2/22/25 Lone Star Indoor Championsh
8	Anna SALISBURY	JR	Lubbock Christian	8.96	54.08c	(53.97A)	2/22/25 Lone Star Indoor Championsh
9	Alayna VERNER	SR	#5 Azusa Pacific	7.93	54.11c	(54.00A)	2/8/25 New Mexico Collegiate Classic
10	Chloe SAENZ	SR	#25 Northwest Missouri {2}	6.86	54.17		2/8/25 Bearcat Invite
11	Kamani JOHNS	SR	Lincoln (Pa.)	5.82	54.21c	(54.93f)	2/17/25 CIAA Indoor Championships
12	Bec BENNETT	JR	Western Washington	4.61	54.40 OT		1/17/25 Washington Indoor Preview
13	Asia FOSTER	JR	#19 Oklahoma Baptist	3.51	54.50		2/8/25 Charlie Thomas Invitational
14	Eilika LANE	SR	#1 Minnesota State	2.46	54.54c	(55.27f)	2/14/25 Maverick Premier #1
15	Sakena MASSIAH	SR	#20 U-Mary	1.81	54.74 OT		2/15/25 SDSU Indoor Classic
16	Kylie RAY	SR	#17 Findlay	1.54	54.78		2/1/25 Penn State National
17	Shevanae THOMAS	SR	Lincoln (Mo.)	1.26	54.84 OT		2/15/25 Russ Jewett Indoor Gorilla Cla
18	Kamaria CARR	SO	UT Tyler {2}	1.14	54.87c	(54.76A)	2/22/25 Lone Star Indoor Championsh
19	Tetiana KHARASHCHUK	FR	Harding	0.95	55.05 OT		2/22/25 Alex Wilson Invitational
20	Collinique FARRINGTON	SR	Southwest Baptist	0.80	55.15 OT		2/15/25 Russ Jewett Indoor Gorilla Cla
21	Nyanas KUR	SR	Augustana (S.D.)	0.66	55.22 OT		2/15/25 SDSU Indoor Classic
22	Melanie ROLAND	JR	#25 Northwest Missouri {3}	0.55	55.24		2/21/25 Arkansas Qualifier
23	Tayen WERNER	FR	#20 U-Mary {2}	0.43	55.28 OT		2/15/25 SDSU Indoor Classic
23	Stephanique DEAN	JR	Southwest Baptist {2}	0.43	55.28 OT		2/15/25 Russ Jewett Indoor Gorilla Cla
25	Robynn ROLLE-CURRY	SR	#1 Minnesota State {2}	0.21	55.31c	(56.04f)	1/17/25 Bearson-Gathje Classic
26	Jamiya MORGAN	SR	#3 Pittsburg State	0.15	55.46		2/21/25 Arkansas Qualifier
26	Kennedy COOK	SO	Western Washington {2}	0.15	55.46		2/18/25 GNAC Indoor Championships
28	Anitria SANGSTER	SR	Tuskegee	0.10	55.51		2/21/25 SIAC Indoor Championship
29	Olivia LOWREY	SR	#3 Pittsburg State {2}	0.08	55.55		2/21/25 Arkansas Qualifier
30	Shaniya RANDOLPH	SO	#24 Fresno Pacific	0.05	55.56c	(55.45A)	2/8/25 Wolf Pack Classic
31	Olivia ALEXANDRE	SR	#5 Azusa Pacific {2}	0.04	55.58c	(55.47A)	1/25/25 Nevada Invitational & Multi
32	Jacent NYAMAHUNGE	SR	Angelo State	0.03	55.60c	(55.49A)	1/25/25 Dr. Martin Luther King, Jr. Invi
33	Britney BROWN	JR	Lincoln (Mo.) {2}	0.02	55.64		12/13/24 Husker Holiday Open
33	Oneika BRISSETT	FR	#10 Texas A&M-Kingsville{2}	0.02	55.64c	(55.53A)	2/22/25 Lone Star Indoor Championsh
35	Jordan BURNETT	JR	Colorado Mesa	0.01	55.65c	(56.17fA)	2/21/25 RMAC Last Chance Qualifier



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Helen BRAYBROOK	SR	#7 CSU Pueblo	23.42	2:03.90	2/8/25 Bruce Lehane Scarlet and Whi
2	Olivia ALEXANDRE	SR	#5 Azusa Pacific	20.80	2:04.77 OT	2/15/25 Husky Classic
3	Lina HANICH	SR	#16 Academy of Art	18.36	2:05.41	2/1/25 John Thomas Terrier Classic
4	Abigail ABUGIRE	FR	#6 West Texas A&M	15.71	2:06.34	2/15/25 David Hemery Valentine Invit
5	Elizabeth ACHESON	SR	#20 U-Mary	13.52	2:06.62 OT	2/15/25 SDSU Indoor Classic
6	Leah KEISLER	JR	#7 CSU Pueblo {2}	11.04	2:07.65	2/8/25 Bruce Lehane Scarlet and Whi
7	Lieke HOOGSTEEEN	JR	#4 Adams State	9.95	2:07.83c (2:11.17fA)	2/21/25 RMAC Last Chance Qualifier
8	Jadyn HERRON	JR	#7 CSU Pueblo {3}	8.84	2:08.09	2/8/25 Bruce Lehane Scarlet and Whi
9	Jess CHISAR	SO	Alaska Anchorage	7.76	2:08.27 OT	2/1/25 Washington Invitational
10	Ellie FRYE	JR	Dallas Baptist	6.65	2:08.51 OT	2/14/25 Grand Valley State Big Meet
11	Alaysia BROOKS	SR	Ursuline	5.62	2:08.58	2/1/25 Midwest Classic
12	Kylie RAY	SR	#17 Findlay	4.52	2:08.80 OT	2/8/25 Jud Logan Light Giver Collegi
13	Jade AVANCE	JR	#9 Ashland	3.42	2:09.03 OT	2/8/25 Jud Logan Light Giver Collegi
14	Lilly ALBERTS	SO	#2 Grand Valley State	2.39	2:09.09 OT	2/14/25 Grand Valley State Big Meet
15	Lexie FONTAINE	JR	#18 Washburn	1.87	2:09.13	2/21/25 Arkansas Qualifier
16	Lydia MCGLOCKLIN	JR	#25 Northwest Missouri	1.56	2:09.27	2/21/25 Arkansas Qualifier
17	Nidhi SINGH	SR	Midwestern State	1.25	2:09.43c (2:10.15A)	2/22/25 Lone Star Indoor Championsh
18	Emily GORDON	SR	Wayne State (Mich.)	1.13	2:09.54 OT	2/14/25 Grand Valley State Big Meet
19	Marie DEA	FR	#25 Northwest Missouri {2}	1.02	2:09.56	2/21/25 Arkansas Qualifier
20	Aria HAWKINS	SR	#21 Lee (Tenn.)	0.86	2:09.85	2/21/25 GSC (Gulf South) Indoor Cha
21	Kate STRADER	SR	#3 Pittsburg State	0.75	2:09.89 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
22	Mia CROCKER	SR	Western Washington	0.60	2:10.12 OT	2/15/25 Husky Classic
23	Reese DRAGOVICH	SR	Hillsdale	0.48	2:10.20 OT	2/14/25 Grand Valley State Big Meet
24	Annie WILD	SO	Stanislaus State	0.35	2:10.34 OT	2/15/25 Husky Classic
25	Addie MATHIS	SR	Truman	0.24	2:10.40 OT	2/14/25 Grand Valley State Big Meet
26	Hope SIEVERT	JR	#9 Ashland {2}	0.17	2:10.47 OT	2/14/25 Grand Valley State Big Meet
27	Megan POSTMA	FR	#2 Grand Valley State {2}	0.14	2:10.51 OT	2/14/25 Grand Valley State Big Meet
28	Addison WASHLER	FR	#2 Grand Valley State {3}	0.10	2:10.59 OT	12/6/24 Grand Valley State Holiday Op
29	Claire BRUENING	SR	#3 Pittsburg State {2}	0.08	2:10.82	2/21/25 Arkansas Qualifier
30	Bailey BLAKE	SR	#25 Northwest Missouri {3}	0.05	2:10.84	2/22/25 Friday Night Lights
31	Shoneal CLARKE-GIDDING	SO	Lincoln (Mo.)	0.04	2:10.92 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
32	Tristian SPENCE	SO	#4 Adams State {2}	0.03	2:10.97c (2:14.29fA)	1/24/25 Adams State Qualifier #1
33	Brooke MILLER	SR	Colorado Mesa	0.02	2:11.11c (2:14.53fA)	12/7/24 Mountaineer Open
34	Kate HEDLUND	SR	#13 UC-Colorado Springs	0.02	2:11.15c OT (2:12.00A)	1/18/25 Colorado Classic
35	Arisa HATCHER	JR	Cal Poly Pomona	0.01	2:11.24c (2:12.75f)	2/14/25 Maverick Premier #1



National TFRI Event Summary

Women's Mile — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Helen BRAYBROOK	SR	#7 CSU Pueblo	22.35		4:39.25 OT	2/14/25 Grand Valley State Big Meet
2	Tristian SPENCE	SO	#4 Adams State	4.32	D	4:39.33c (4:45.55A)	1/31/25 New Mexico Team Open
3	Ava O'CONNOR	SR	#4 Adams State {2}	18.02		4:40.11c (4:46.34A)	1/31/25 New Mexico Team Open
4	Kate HEDLUND	SR	#13 UC-Colorado Springs	15.87		4:40.53	2/8/25 Bruce Lehane Scarlet and Whi
5	Elena CAREY	SR	#4 Adams State {3}	13.61		4:41.22c (4:47.48A)	1/31/25 New Mexico Team Open
6	Aria HAWKINS	SR	#21 Lee (Tenn.)	11.56		4:41.36 OT	1/17/25 Vanderbilt Indoor Invitational
6	Maggie MCCLESKEY	JR	#4 Adams State {4}	11.56		4:41.36c (4:56.65fA)	1/25/25 Adams State Qualifier #2
8	Natalie GRABER	SR	#2 Grand Valley State	9.30		4:42.06 OT	2/14/25 Grand Valley State Big Meet
9	Anna FAUSKE	SR	#13 UC-Colorado Springs {2}	2.97	D	4:42.96c OT (4:50.03A)	1/18/25 Colorado Classic
10	Jadyn HERRON	JR	#7 CSU Pueblo {2}	6.53		4:44.74 OT	2/14/25 Grand Valley State Big Meet
11	Lauren KILEY	JR	#2 Grand Valley State {2}	2.46	D	4:45.16 OT	2/14/25 Grand Valley State Big Meet
12	Maria MITCHELL	SR	#2 Grand Valley State {3}	4.42		4:45.52 OT	2/14/25 Grand Valley State Big Meet
13	Evie BROOKS	SO	Wingate	3.41		4:45.62	2/15/25 David Hemery Valentine Invit
14	Abigail ABUGIRE	FR	#6 West Texas A&M	2.39		4:45.75c (4:52.11A)	2/22/25 Lone Star Indoor Championsh
15	Annie WILD	SO	Stanislaus State	1.85		4:46.05 OT	1/17/25 Washington Indoor Preview
16	Allison BEASLEY	SR	Western Colorado	1.60		4:46.11c (5:02.17fA)	2/1/25 Big Red Machine Open
17	Grace STRONGMAN	JR	#8 Colo. School of Mines	1.28		4:46.62c OT (4:53.78A)	2/1/25 CU Invitational
18	Shannon KING	SR	Colorado Christian	1.18		4:46.69	2/15/25 David Hemery Valentine Invit
19	Kate STRADER	SR	#3 Pittsburg State	1.08		4:46.70	2/21/25 Arkansas Qualifier
20	Leah KEISLER	JR	#7 CSU Pueblo {3}	0.92		4:47.20 OT	2/15/25 Grand Valley State Big Meet II
21	Mia CABRERA	SO	Wingate {2}	0.78		4:47.46	2/1/25 John Thomas Terrier Classic
22	Eliette CHAPUT	JR	#6 West Texas A&M {2}	0.66		4:47.70c (4:54.10A)	2/22/25 Lone Star Indoor Championsh
23	Katie HUGHES	JR	#4 Adams State {5}	0.48		4:48.30c (4:54.72A)	1/31/25 New Mexico Team Open
24	Emma KJELLEN	JR	Western Colorado {2}	0.37		4:48.39c (5:04.58fA)	2/21/25 RMAC Last Chance Qualifier
25	Emily LAMENA	FR	#8 Colo. School of Mines {2}	0.20		4:49.30c OT (4:56.53A)	2/1/25 CU Invitational
26	Evyn HUMPHREY	FR	Hillsdale	0.15		4:49.31 OT	2/14/25 Grand Valley State Big Meet
27	Alyna THIBAUT	SR	#25 Northwest Missouri	0.13		4:49.62	2/1/25 Washburn Open & Multis
28	Taylor STONE	JR	Flagler	0.10		4:49.90	2/1/25 The Legends of Alachua Coun
29	Fiona HAWKINS	SR	#4 Adams State {6}	0.08		4:50.02c (4:56.47A)	1/31/25 New Mexico Team Open
30	Lieke HOOGSTEEN	JR	#4 Adams State {7}	0.05		4:50.18c (4:56.64A)	2/15/25 Don Kirby Collegiate Elite
31	Lauren WILLSON	JR	Western Colorado {3}	0.04		4:50.28c (5:06.57fA)	2/21/25 RMAC Last Chance Qualifier
32	Ella BARYO	SR	Davenport (Mich.)	0.03		4:50.48 OT	2/14/25 Grand Valley State Big Meet
33	Annika ESVELT	SR	Seattle Pacific	0.02		4:51.18	2/18/25 GNAC Indoor Championships
33	Rachael WATKINS	JR	#15 Simon Fraser	0.02		4:51.18	2/1/25 John Thomas Terrier Classic
35	Lily HARE	SR	#21 Lee (Tenn.) {2}	0.01		4:51.55	2/21/25 GSC (Gulf South) Indoor Cha



National TFRI Event Summary

Women's 3000 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Tristian SPENCE	SO	#4 Adams State	23.55		9:07.95	2/15/25 David Hemery Valentine Invit
2	Lauren KILEY	JR	#2 Grand Valley State	20.54		9:13.90 OT	2/1/25 Meyo Invitational
3	Ava O'CONNOR	SR	#4 Adams State {2}	18.08		9:16.64	2/15/25 David Hemery Valentine Invit
4	Natalie GRABER	SR	#2 Grand Valley State {2}	15.96		9:17.37 OT	2/1/25 Meyo Invitational
5	Aria HAWKINS	SR	#21 Lee (Tenn.)	13.61		9:19.54	12/7/24 Sharon Colyear-Danville Seas
6	Maggie MCCLESKEY	JR	#4 Adams State {3}	11.34		9:21.18	2/15/25 David Hemery Valentine Invit
7	Anna FAUSKE	SR	#13 UC-Colorado Springs	10.13		9:22.53c (9:48.58fA)	1/25/25 Colorado Running Company
8	Annika ESVELT	SR	Seattle Pacific	8.89		9:24.80 OT	2/1/25 Washington Invitational
9	Emily SCHOELLKOPF	SR	#4 Adams State {4}	7.64		9:27.13c (10:00.95fA)	1/25/25 Adams State Qualifier #2
10	Alyssa BECKER	SR	#20 U-Mary	6.58		9:27.61c OT (9:43.80A)	2/1/25 CU Invitational
11	Taylor STONE	JR	Flagler	5.58		9:27.63	2/15/25 David Hemery Valentine Invit
12	Allison BEASLEY	SR	Western Colorado	4.55		9:27.90c (10:02.90fA)	2/21/25 RMAC Last Chance Qualifier
13	Kalkidan VINCENDEAU	SR	#6 West Texas A&M	3.45		9:28.82	12/7/24 Sharon Colyear-Danville Seas
14	Maria MITCHELL	SR	#2 Grand Valley State {3}	2.43		9:29.05 OT	2/1/25 Meyo Invitational
15	Mia CABRERA	SO	Wingate	1.86		9:29.72	12/7/24 Sharon Colyear-Danville Seas
16	Emily LAMENA	FR	#8 Colo. School of Mines	1.58		9:29.99	2/7/25 Steve Miller Invitational
17	Paige MULLEN	SO	#3 Pittsburg State	1.31		9:30.22	2/21/25 Arkansas Qualifier
18	Naomi ADDO	FR	#6 West Texas A&M {2}	1.14		9:31.15c (9:45.57A)	2/22/25 Lone Star Indoor Championsh
19	Margot THOMAS	SR	#7 CSU Pueblo	0.95		9:32.80	2/8/25 Bruce Lehane Scarlet and Whi
20	Hannah SMRCKA	SR	Lewis	0.80		9:33.87 OT	2/14/25 Grand Valley State Big Meet
21	Katie HUGHES	JR	#4 Adams State {5}	0.69		9:33.94c (9:48.43A)	1/31/25 New Mexico Team Open
22	Sarah KOOMSON	SO	#6 West Texas A&M {3}	0.55		9:34.76c (9:49.27A)	1/31/25 New Mexico Team Open
23	Lesli SALAS	SO	Dallas Baptist	0.43		9:35.13	12/7/24 Sharon Colyear-Danville Seas
24	Lily DOWDELL	SR	#9 Ashland	0.30		9:36.03 OT	2/22/25 Ashland Last Chance Meet
25	Megan WILLIAMSON	SR	Dallas Baptist {2}	0.20		9:36.65c (9:51.21A)	2/22/25 Lone Star Indoor Championsh
26	Allie ARNSMAN	SO	#2 Grand Valley State {4}	0.15		9:37.02 OT	2/14/25 Grand Valley State Big Meet
27	Kate STRADER	SR	#3 Pittsburg State {2}	0.13		9:38.04	12/7/24 Sharon Colyear-Danville Seas
28	Sophia STRANGE	SR	#19 Oklahoma Baptist	0.10		9:38.16 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
29	Grace STRONGMAN	JR	#8 Colo. School of Mines {2}	0.08		9:38.24	2/7/25 Steve Miller Invitational
30	Sarah MAY	SR	Lewis {2}	0.05		9:38.99 OT	2/14/25 Grand Valley State Big Meet
31	Kristine KALTHOFF	SR	#20 U-Mary {2}	0.04		9:39.06c OT (9:55.57A)	2/1/25 CU Invitational
32	Rachael WATKINS	JR	#15 Simon Fraser	0.03		9:39.33c (9:51.56A)	2/8/25 Wolf Pack Classic
33	Camille RENOUE	SR	#7 CSU Pueblo {2}	0.02		9:39.53 OT	2/14/25 Grand Valley State Big Meet
34	Firdaouss HRICHE	FR	Wingate {2}	0.02		9:39.69	12/7/24 Sharon Colyear-Danville Seas
35	Jessica KAMPMAN	SR	#5 Azusa Pacific	0.01		9:39.84	12/7/24 Sharon Colyear-Danville Seas



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Jenna RAMSEY-RUTLEDGE	SR	#8 Colo. School of Mines	24.06	15:40.98	12/7/24 Sharon Colyear-Danville Seas
2	Tristian SPENCE	SO	#4 Adams State	21.08	15:53.52	12/7/24 Sharon Colyear-Danville Seas
3	Hannah HARTWELL	SO	Fort Lewis	17.98	16:08.22 OT	2/14/25 Grand Valley State Big Meet
4	Annika ESVELT	SR	Seattle Pacific	15.85	16:09.93	12/7/24 Sharon Colyear-Danville Seas
5	Anna FAUSKE	SR	#13 UC-Colorado Springs	13.45	16:15.34	2/8/25 Bruce Lehane Scarlet and Whi
6	Emily SCHOELLKOPF	SR	#4 Adams State {2}	11.36	16:16.62	2/15/25 David Hemery Valentine Invit
7	Lauren KILEY	JR	#2 Grand Valley State	10.10	16:21.32 OT	12/6/24 Grand Valley State Holiday Op
8	Lily DOWDELL	SR	#9 Ashland	8.79	16:27.78 OT	2/14/25 Grand Valley State Big Meet
9	Alyssa BECKER	SR	#20 U-Mary	7.64	16:30.86 OT	2/15/25 SDSU Indoor Classic
10	Naomi ADDO	FR	#6 West Texas A&M	6.59	16:31.99	2/15/25 David Hemery Valentine Invit
11	Allie ARNSMAN	SO	#2 Grand Valley State {2}	5.51	16:33.60 OT	12/6/24 Grand Valley State Holiday Op
12	Anna IGIMS	SR	Slippery Rock	4.36	16:36.79 OT	2/14/25 Grand Valley State Big Meet
13	Maddie MILLER	JR	Illinois-Springfield	3.33	16:37.46 OT	2/14/25 Grand Valley State Big Meet
14	Elise LEVEEL	SR	#6 West Texas A&M {2}	2.32	16:37.74	2/15/25 David Hemery Valentine Invit
15	Hannah SMRCKA	SR	Lewis	1.80	16:38.18 OT	12/6/24 Grand Valley State Holiday Op
16	Margaux BASART	JR	#8 Colo. School of Mines {2}	1.48	16:41.15	12/7/24 Sharon Colyear-Danville Seas
17	Julie LAFARE	JR	#6 West Texas A&M {3}	1.23	16:41.19	2/15/25 David Hemery Valentine Invit
18	Reagan JUSTICE	SR	Wayne State (Mich.)	1.11	16:42.20 OT	2/14/25 Grand Valley State Big Meet
19	Abby OLSON	SR	#2 Grand Valley State {3}	0.99	16:43.12 OT	12/6/24 Grand Valley State Holiday Op
20	Jacqueline SANCHEZ	SO	Stanislaus State	0.82	16:46.10 OT	2/15/25 Husky Classic
21	Grace STRONGMAN	JR	#8 Colo. School of Mines {3}	0.69	16:47.35	12/7/24 Sharon Colyear-Danville Seas
22	Sophia STRANGE	SR	#19 Oklahoma Baptist	0.59	16:47.40 OT	12/7/24 Crimson & Gold Invitational
23	Sarah KOOMSON	SO	#6 West Texas A&M {4}	0.46	16:48.54c (17:15.94A)	2/22/25 Lone Star Indoor Championsh
24	Grace BURRELL	SR	Wingate	0.35	16:49.15	12/7/24 Sharon Colyear-Danville Seas
25	Emily LAMENA	FR	#8 Colo. School of Mines {4}	0.20	16:54.83	12/7/24 Sharon Colyear-Danville Seas
26	Ella BAKKEN	SR	Augustana (S.D.)	0.15	16:55.40	12/7/24 Sharon Colyear-Danville Seas
27	Abbey KOZAK	SR	Lewis {2}	0.13	16:55.46 OT	12/6/24 Grand Valley State Holiday Op
28	Anna MARTIN	JR	Wingate {2}	0.10	16:56.47	12/7/24 Sharon Colyear-Danville Seas
29	Shannon KING	SR	Colorado Christian	0.08	16:56.68	12/7/24 Sharon Colyear-Danville Seas
30	Corinne LYNCH	JR	Cedarville	0.05	16:58.11 OT	2/14/25 Grand Valley State Big Meet
31	Beth SYKES	JR	Charleston (W.Va.)	0.04	16:59.98 OT	12/6/24 Grand Valley State Holiday Op
32	Kennedy ROUSH	SO	Anderson (S.C.)	0.03	17:01.12	2/15/25 David Hemery Valentine Invit
33	Kylie ANDERSON	JR	Winona State	0.02	17:01.19c (17:09.01f)	2/15/25 Maverick Premier #2
34	Sarah MAY	SR	Lewis {3}	0.02	17:01.82 OT	12/6/24 Grand Valley State Holiday Op
35	Maria WIDMANN	JR	#2 Grand Valley State {4}	0.01	17:02.28 OT	2/14/25 Grand Valley State Big Meet



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	#Type!	Concord	22.30	3:39.69	1/25/25	Hokie Invitational
2	Shoneal Clarke-Giddings, Maria Diamond, Shevanae Thomas, Shantae George	Lincoln (Mo.)	20.26	3:39.76c (3:42.67f)	12/7/24	Bob Timmons Challenge
3	Vitiana Robert, Sakara Wade, Oneika Brissett, Cynai Christopher	#10 Texas A&M-Kingsville	18.09	3:40.06c (3:39.62A)	2/22/25	Lone Star Indoor Championsh
4	Mary Ellis, Leah Smith, Jordan Taylor, Kylie RAY	#17 Findlay	15.73	3:40.70	2/1/25	Penn State National
5	Hannah Lakin, Kamaria Carr, Kymia Woodard, Aerin Thompson	UT Tyler	13.56	3:41.00c (3:40.56A)	2/22/25	Lone Star Indoor Championsh
6	Robynn Rolle-Curry, Grace Obour, Brianna Shroyer, Eilika Lane	#1 Minnesota State	11.40	3:41.28c (3:44.22f)	2/15/25	Maverick Premier #2
7	Catherine Guckenberger, Claire Neumann, Addison Washler, Alaina Diaz	#2 Grand Valley State	9.21	3:41.62 OT	2/21/25	Grand Valley State Tune-Up
8	Maddie O'Neill, Jamiya Morgan, Kinleigh Hall, Olivia Lowrey	#3 Pittsburg State	7.07	3:41.87 OT	2/15/25	Russ Jewett Indoor Gorilla Cla
9	Peace Nwaelehia, Asana Hamidu, Temitope Adenuga, Blessing Akintoye	#6 West Texas A&M	5.95	3:42.09c (3:41.65A)	2/15/25	Texas Tech Jarvis Scott Invite
10	Brianna Green, Shaniya Randolph, Ariana Vera, Kenahdi Haslip	#24 Fresno Pacific	4.91	3:42.16 OT	2/15/25	Husky Classic
10	Isila Apkup, Sarah Cohen, Victoria Amiadamen, Alese Sartain	#4 Adams State	4.91	3:42.16c (3:41.72A)	2/15/25	Don Kirby Collegiate Elite
12	Asia Foster, Delaney Riekert, Mary McKey, Kimberly McKinney	#19 Oklahoma Baptist	1.66	3:42.76 OT	2/15/25	Russ Jewett Indoor Gorilla Cla
13	Brianna Chenevey, Montana Walker, Jade Avance, Mia Gardner	#9 Ashland	1.47	3:43.00 OT	2/21/25	Grand Valley State Tune-Up
14	Chloe Saenz, Jadyn Barnes, Anjelena Carder, Melanie Roland	#25 Northwest Missouri	1.25	3:43.33	1/25/25	Bob Teel Invitational
14	Avery Winters, Kisha Francois, Ella Maclean, Hannah Caiola	Southern Connecticut	1.25	3:43.33	2/1/25	John Thomas Terrier Classic
16	Esther Conde-Turpin, Olivia Alexandre, Trinity Miller, Alayna Verner	#5 Azusa Pacific	1.00	3:43.48 OT	2/15/25	Husky Classic
17	Elizabeth Florez, Joy Egwu, Jozlyn Arana, Anna Salisbury	Lubbock Christian	0.78	3:43.79c (3:43.35A)	2/15/25	Texas Tech Jarvis Scott Invite
18	Cassandra Uribe, Caliyah Wallace, Nevaeh Lewis, Liana Rodriguez	Tiffin	0.66	3:43.85 OT	2/14/25	Grand Valley State Big Meet
19	Jessie Heath, Trell'Kyras Watkins, Maggie Neal, Nidhi Singh	Midwestern State	0.55	3:43.87c (3:43.43A)	2/22/25	Lone Star Indoor Championsh
20	Elizabeth Vanderput, Claire Bosma, Emma Cannan, Marie-Eloise Leclair	#15 Simon Fraser	0.34	3:44.22	2/1/25	John Thomas Terrier Classic



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #5, February 25

21	Kelescia Downes, Tayen Werner, Morgan Hertz, Sakena Massiah	#20 U-Mary	0.24	3:44.23 OT	2/15/25 SDSU Indoor Classic
22	Daijion Lee, Asheika Smith, Simone Kelly, Olivia Cosby	Winston-Salem State	0.02	3:44.91	2/22/25 USC Indoor Open



National TFRI Event Summary

Women's Distance Medley Relay — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Maggie McCleskey, Alese Sartain, Lieke Hoogsteen, Tristian Spence	#4 Adams State	24.05	11:06.41c	(11:16.65A)	1/31/25	New Mexico Team Open
2	Jadyn Herron, Gabrielle Dunich, Leah Keisler, Helen Braybrook	#7 CSU Pueblo	21.71	11:08.55c	(11:18.82A)	1/31/25	New Mexico Team Open
3	Kalkidan Vincendeau, Blessing Akintoye, Abigail Abugire, Eliette Chaput	#6 West Texas A&M	18.23	11:17.93c	(11:28.34A)	1/31/25	New Mexico Team Open
4	Lauren Kiley, Catherine Guckenberger, Maria Mitchell, Natalie Graber	#2 Grand Valley State	16.10	11:18.80 OT		2/15/25	Grand Valley State Big Meet II
5	Kate Hedlund, Krissie Sanders, Rachel Goodrich, Anna Fauske	#13 UC-Colorado Springs	13.36	11:23.59c	(11:46.39fA)	2/16/25	Mountain Lion Open
6	Ana Patricia Campos, Maddox Mayfield, Lily Hare, Aria Hawkins	#21 Lee (Tenn.)	11.18	11:24.74		2/21/25	GSC (Gulf South) Indoor Cha
7	Paige Mullen, Olivia Lowrey, Claire Bruening, Kate Strader	#3 Pittsburg State	9.06	11:25.92 OT		2/15/25	Russ Jewett Indoor Gorilla Cla
8	Sophie Wright, Bec Bennett, Emmy Kroontje, Ila Davis	Western Washington	6.97	11:26.85 OT		2/1/25	Washington Invitational
9	Evie Brooks, Dounia Routbi, Baia Touza, Mia Cabrera	Wingate	5.94	11:27.09		2/8/25	Doc Hale Virginia Tech Elite
10	Hope Sievert, Montana Walker, Jade Avance, Lily Dowdell	#9 Ashland	4.80	11:28.53 OT		2/8/25	Jud Logan Light Giver Collegi
11	Megan Williamson, Jesse Swan, Ellie Frye, Lesli Salas	Dallas Baptist	2.59	11:30.57 OT		2/15/25	Grand Valley State Big Meet II
12	Hailey Wilson, Jordan Taylor, Kylie RAY, Ella Webster	#17 Findlay	1.42	11:32.23 OT		2/15/25	Grand Valley State Big Meet II
13	Lydia McGlocklin, Chloe Saenz, Marie Dea, Alyna Thibault	#25 Northwest Missouri	1.31	11:32.38		2/8/25	Bearcat Invite
14	Addie Mathis, Raina Baker, Phoebe Canatsey, Lexy Henrikson	Truman	0.93	11:36.69 OT		2/15/25	Grand Valley State Big Meet II
15	Anna Kozak, Faith Wyman, Janellisa Ocegueda, Sarah MAY	Lewis	0.74	11:38.32 OT		2/15/25	Grand Valley State Big Meet II
16	Jacqueline Sanchez, Mila Real, Crystal Hernandez, Annie Wild	Stanislaus State	0.60	11:40.50c	(11:49.62A)	2/8/25	Wolf Pack Classic
17	Kaylen King, Asia Foster, Kimberly McKinney, Sophia Strange	#19 Oklahoma Baptist	0.50	11:41.45 OT		2/15/25	Russ Jewett Indoor Gorilla Cla
18	Terez Wycklendt, Gabrieli Apelian, Elizabeth Acheson, Alyssa Becker	#20 U-Mary	0.40	11:41.64 OT		2/15/25	SDSU Indoor Classic
19	Emma Kjellsen, Kelia Portis, Peyton Weiss, Lauren Willson	Western Colorado	0.30	11:41.90c	(11:51.32A)	2/15/25	Mountain State Games
20	Emily Gordon, Renae Kutcha, Rachel Felstow, Taylor Hopkins	Wayne State (Mich.)	0.20	11:44.27 OT		2/15/25	Grand Valley State Big Meet II



National TFRI Event Summary

Women's Distance Medley Relay — 2025 Checkpoint #5, February 25

21	Kate Nachtigal, Anna Woolsey, Jaci McGregor, Izzi Breaux	Ouachita Baptist	0.10	11:45.11 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
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National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Alexandra HART	JR #18 Washburn	22.56	1.79m	5-10½	2/15/25	Ichabod Invitational
2	Kaylee DIAMOND	JR #2 Grand Valley State	20.12	1.78m	5-10	2/1/25	PNC Lenny Lyles Invitational
2	Erica SCHAMEL	SR #3 Pittsburg State	20.12	1.78m	5-10	2/15/25	Russ Jewett Indoor Gorilla Cla
2	Esther CONDE-TURPIN	JR #5 Azusa Pacific	20.12	1.78mA	5-10	12/7/24	Silver State Invitational & Mul
5	Kora COOK	SO Western Washington	13.26	1.76m	5-9¼	12/14/24	Spokane Invitational
5	Haleigh HADLEY	SR #3 Pittsburg State {2}	13.26	1.76m	5-9¼	2/1/25	Pitt State Invitational
5	Rachel WILSON	JR #3 Pittsburg State {2}	13.26	1.76m	5-9¼	2/1/25	Pitt State Invitational
8	Jamora HORACE	JR #19 Oklahoma Baptist	8.97	1.75m	5-8¾	2/15/25	Russ Jewett Indoor Gorilla Cla
8	Amarianna LOFTON	JR Central State	8.97	1.75m	5-8¾	1/18/25	HBCU Showcase
8	Eliana SAUNDERS	SR #5 Azusa Pacific {2}	8.97	1.75m	5-8¾	2/15/25	Husky Classic
8	Luisa FISCHER	SR #5 Azusa Pacific {2}	8.97	1.75mA	5-8¾	12/7/24	Silver State Invitational & Mul
8	Noemie THIBAUD	FR #1 Minnesota State	8.97	1.75m	5-8¾	2/22/25	Snowshoe Open
13	Emy NTEKPERE	SO #12 Central Washington	3.67	1.74m	5-8½	12/14/24	Spokane Invitational
14	Bryn GREENWALDT	JR Augustana (S.D.)	2.41	1.73m	5-8	2/1/25	SDSU D2/NAIA Open
14	Madison ALEGRIA	SR #10 Texas A&M-Kingsville	2.41	1.73mA	5-8	2/22/25	Lone Star Indoor Championsh
16	Lillian WASHINGTON	JR #1 Minnesota State {2}	1.51	1.72m	5-7¾	2/1/25	Mark Schuck Open and Multi
16	Madison RAMOS	JR #10 Texas A&M-Kingsville {2}	1.51	1.72m	5-7¾	2/1/25	Robert Platt Invitational
16	Porschia BENNETT	SO East Stroudsburg	1.51	1.72m	5-7¾	1/17/25	Ramapo Season Opener
19	Liezl THERON	JR #21 Lee (Tenn.)	0.91	1.71m	5-7¼	2/21/25	GSC (Gulf South) Indoor Cha
19	Nykole MESHEW	SO Western Colorado	0.91	1.71mA	5-7¼	2/21/25	RMAC Last Chance Qualifier
21	Hannah COOPER	SO Montana St.-Billings	0.60	1.70mA	5-7	2/20/25	Big Sky Tuner
21	Amber WALKER	FR Sonoma State	0.60	1.70mA	5-7	12/7/24	Silver State Invitational & Mul
21	Samantha BRETZ	SR Western Colorado {2}	0.60	1.70mA	5-7	1/25/25	Colorado Running Company
21	Ellie Lengerich	SR Indianapolis	0.60	1.70m	5-7	12/7/24	Scott Fangman Invitational
21	Liz LANNOM	FR #21 Lee (Tenn.) {2}	0.60	1.70m	5-7	1/17/25	Vanderbilt Indoor Invitational
21	Nailah TAYLOR	SO UW-Parkside	0.60	1.70m	5-7	1/25/25	John Tierney Classic
21	Coryn FAIR	FR #14 Missouri Southern	0.60	1.70m	5-7	1/17/25	Washburn Rust Buster
21	Jazmine SEVERO	SO Sonoma State	0.60	1.70m	5-7	1/17/25	NYC Gotham Cup
29	Abbi WEBB	SR Sioux Falls	0.08	1.69m	5-6½	2/7/25	Ted Nelson Classic
29	Karmen KUROWICKA	SO Lewis	0.08	1.69m	5-6½	1/10/25	Lewis VS PNW Dual
29	Lily BROWN	FR #3 Pittsburg State {4}	0.08	1.69m	5-6½	12/6/24	Boo Rogers Combined Events
29	Emily SWANSON	SR Sioux Falls	0.08	1.69m	5-6½	12/14/24	Dakota Alumni Classic
29	Baelyn ZITZMANN	FR Hillsdale	0.08	1.69m	5-6½	1/18/25	Hoosier Horsepower Classic
34	Toni DENMARK	SR Walsh	0.02	1.68m	5-6	2/8/25	Jud Logan Light Giver Collegi
34	Jerrica PACHL	JR #20 U-Mary	0.02	1.68m	5-6	2/22/25	Marauders Tune-Up
34	Ashley CRIDLEBAUGH	SR #1 Minnesota State {3}	0.02	1.68m	5-6	2/21/25	Maverick Invitational
34	C'aira CARTER	SR Tiffin	0.02	1.68m	5-6	2/8/25	Jud Logan Light Giver Collegi
34	Heidi NEWHOUSE	FR #2 Grand Valley State {2}	0.02	1.68m	5-6	2/14/25	Grand Valley State Big Meet
34	Juliane FRUEH	JR UT Tyler	0.02	1.68m	5-6	2/1/25	Washburn Open & Multis
34	Ashley SIGMON	JR #17 Findlay	0.02	1.68m	5-6	2/21/25	Flag City Tune-Up
34	Sydney DAVIS	SO Neb.-Kearney	0.02	1.68m	5-6	2/8/25	Bearcat Invite
34	Dunya VAN DEN TOOREN	FR Point Park (Pa.)	0.02	1.68m	5-6	2/8/25	Sykes-Sabock Challenge Cup
34	Viktoriia ERMOLAEVA	SO #1 Minnesota State {3}	0.02	1.68m	5-6	2/1/25	Mark Schuck Open and Multi
34	Amity DETERS	SR Western Oregon	0.02	1.68mA	5-6	1/25/25	Nevada Invitational & Multi
34	Shannon HARNETT	SO East Stroudsburg {2}	0.02	1.68m	5-6	2/8/25	Sykes-Sabock Challenge Cup



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Brynn KING	SR	#22 Roberts Wesleyan	24.62	4.60m	15-1	2/14/25	YSU Last Chance	
2	Hayley RAYBURN	SR	#8 Colo. School of Mines	20.78	4.40mA	14-5¼	2/1/25	Mines Winter Classic	
3	Kyla DAVIS	SR	#3 Pittsburg State	18.13	4.33m	14-2½	2/15/25	Russ Jewett Indoor Gorilla Cla	
4	Annabeth BAALMANN	JR	Fort Hays State	15.69	4.28m	14-½	2/21/25	Loper Tune-Up	
5	Isabelle PETERS	SR	#3 Pittsburg State {2}	13.62	4.27m	14-0	2/8/25	Frank Sevigne Husker Invitati	
6	Isabel DEMARCO	FR	#18 Washburn	11.56	4.26m	13-11¾	2/1/25	Washburn Open & Multis	
7	Brooke BOWERS	FR	#2 Grand Valley State	10.18	4.20m	13-9¼	2/21/25	Grand Valley State Tune-Up	
8	Sarah FERGUSON	SO	#22 Roberts Wesleyan {2}	8.87	4.15m	13-7¼	2/8/25	Brockport Multi & Invitational	
8	Cannon BOOKER	FR	#3 Pittsburg State {3}	8.87	4.15m	13-7¼	2/21/25	Arkansas Qualifier	
10	Lauryn MCGOUGH	SO	#12 Central Washington	6.51	4.08m	13-4½	2/18/25	GNAC Indoor Championships	
11	Cadence SANSOM	JR	Harding	5.35	4.03m	13-2½	2/22/25	Alex Wilson Invitational	
11	Tara TOWNSEND	JR	Hillsdale	5.35	4.03m	13-2½	1/31/25	Akron Invitational	
13	Darian HAUF	SR	Millersville	3.32	4.02m	13-2¼	2/1/25	Bison Open & Multis	
13	Paige HICKSON	SR	#1 Minnesota State	3.32	4.02m	13-2¼	12/7/24	Chuck Petersen Open	
15	Elvira COLLVIN	FR	#1 Minnesota State {2}	1.66	3.97m	13-¼	2/14/25	Maverick Premier #1	
16	Brynlee KEERAN	JR	Lewis	1.38	3.96m	12-11¾	2/7/25	Lewis Invitational	
17	Sarah MASUOKA	SR	#9 Ashland	1.10	3.95m	12-11½	1/25/25	Ashland Invitational	
17	Victoria HARVEY	SO	#17 Findlay	1.10	3.95m	12-11½	2/1/25	Penn State National	
17	Melia COUCHMAN	SO	#22 Roberts Wesleyan {3}	1.10	3.95m	12-11½	12/6/24	Akron Haynes Lancaster Open	
17	Reagan HOUSLEY	SO	#18 Washburn {2}	1.10	3.95m	12-11½	12/7/24	Washburn Alumni Invitational	
21	Dale THOMPSON	SR	#8 Colo. School of Mines {2}	0.66	3.94mA	12-11	2/16/25	Mountain Lion Open	
21	Colleen STEINMETZ	FR	#17 Findlay {2}	0.66	3.94m	12-11	2/15/25	Doug Raymond Invitational	
23	Quincey TURNER	FR	#3 Pittsburg State {4}	0.43	3.93m	12-10¾	2/15/25	Russ Jewett Indoor Gorilla Cla	
24	Lizzy DAUGHERTY	SR	Seattle Pacific	0.30	3.92m	12-10¼	2/18/25	GNAC Indoor Championships	
25	Abby HOBBS	JR	#14 Missouri Southern	0.20	3.91m	12-10	12/7/24	Crimson & Gold Invitational	
26	Karis KRAF	FR	#22 Roberts Wesleyan {4}	0.15	3.90m	12-9½	2/8/25	Brockport Multi & Invitational	
27	McKenna COMSTOCK	SR	Sioux Falls	0.13	3.86m	12-8	2/21/25	SDSU Last Chance	
28	Alexandrea ROBERTSON	FR	#22 Roberts Wesleyan {5}	0.10	3.83m	12-6¾	2/22/25	Highlander Last Chance Invite	
29	Sydney MOHLMAN	SO	Western Washington	0.08	3.82m	12-6¼	2/18/25	GNAC Indoor Championships	
29	Makyna FAUST	SO	#3 Pittsburg State {5}	0.08	3.82m	12-6¼	2/8/25	Frank Sevigne Husker Invitati	
31	Brynn DEPINET	JR	#21 Lee (Tenn.)	0.04	3.81m	12-6	2/8/25	UAB Green and Gold Invitatio	
32	Brooke PETERSON	JR	#13 UC-Colorado Springs	0.03	3.80mA	12-5½	2/1/25	Big Red Machine Open	
32	Tru BUDDENBERG	SO	#17 Findlay {3}	0.03	3.80m	12-5½	2/1/25	Penn State National	
32	Kylie PADEN	JR	Angelo State	0.03	3.80mA	12-5½	2/22/25	Lone Star Indoor Championsh	
35	Ava KOWALSKI	SR	#8 Colo. School of Mines {3}	0.01	3.79mA	12-5¼	2/16/25	Mountain Lion Open	
35	Sophia SCHNEIDER	JR	Cedarville	0.01	3.79m	12-5¼	2/22/25	Wittenberg Indoor Last Chanc	



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Miranda LAUVSTAD	JR	#1 Minnesota State	23.68	6.22m	20-5	1/31/25	Mark Schuck Open and Multi
2	Denise HERNANDEZ	JR	Lewis	20.92	6.17m	20-3	2/14/25	NCC Chicagoland Intercollegi
3	Marie-Jeanne OUREGA	SR	#16 Academy of Art	18.76	6.16m	20-2½	12/5/24	Silver State Invitational & Mul
4	Anisha HENDERSON	SR	#19 Oklahoma Baptist	15.33	6.05m	19-10¼	1/17/25	Owen Hewett Invitational
4	Rachel BLASKOWSKI	JR	UW-Parkside	15.33	6.05m	19-10¼	12/7/24	Forever Red Alumni Classic
6	Alaina DIAZ	SO	#2 Grand Valley State	11.02	6.02m	19-9	2/21/25	Grand Valley State Tune-Up
6	MacKenzie WISSBROECKE	FR	Winona State	11.02	6.02m	19-9	2/15/25	Maverick Premier #2
6	Jasmyn CRAWFORD	SR	CUI	11.02	6.02m	19-9	1/25/25	Concordia (Neb.) Classic
9	Makayla WATSON	JR	#3 Pittsburg State	7.92	6.01m	19-8¾	12/7/24	Crimson & Gold Invitational
10	Laniyah CURRY	FR	Oklahoma Christian	6.82	6.00m	19-8¾	1/17/25	Owen Hewett Invitational
11	Haniyyah JOHNSON	JR	#23 Mount Olive	5.72	5.99m	19-8	1/17/25	Finn Pincus Invitational
12	Siby YAO	SR	#3 Pittsburg State {2}	4.61	5.98m	19-7½	12/6/24	Crimson & Gold Invitational
13	Jada KAMTHA	SO	New Haven	3.51	5.97m	19-7	12/7/24	Yale Season Opener
14	Neshara SMITH	JR	Cal Poly Pomona	2.36	5.95m	19-6¼	2/15/25	Maverick Premier #2
15	Adeyiah BREWSTER	SR	#1 Minnesota State {2}	1.81	5.94m	19-6	2/14/25	Maverick Premier #1
15	Ky'Ara ROSS	SO	West Liberty State	1.81	5.94m	19-6	2/24/25	Mountain East Indoor Champi
17	Makayla PAVELKA	JR	#3 Pittsburg State {3}	1.20	5.92m	19-5¼	2/14/25	Russ Jewett Indoor Gorilla Cla
18	Jazmin BARRY	FR	MSU Moorhead	1.00	5.90m	19-4¼	12/13/24	Dakota Alumni Classic
19	Taylor WEIDNER	SR	#20 U-Mary	0.85	5.89m	19-4	2/22/25	Marauders Tune-Up
20	Ujunwa NWOKOMA	SR	Western Oregon	0.70	5.88m	19-3½	12/5/24	Silver State Invitational & Mul
20	Janara BRYANT	FR	#23 Mount Olive {2}	0.70	5.88m	19-3½	2/24/25	Conference Carolinas Indoor
22	Emy NTEKPERE	SO	#12 Central Washington	0.50	5.87m	19-3¼	2/18/25	GNAC Indoor Championships
23	Viktoriia ERMOLAEVA	SO	#1 Minnesota State {3}	0.40	5.86m	19-2¾	2/15/25	Maverick Premier #2
24	Jodian STEWART	SO	Eastern New Mexico	0.30	5.85m	19-2½	2/21/25	Lone Star Indoor Championsh
25	Jai PIAZZA	SO	Emmanuel (Ga.)	0.20	5.84m	19-2	1/19/25	KMS Indoor Invitational
25	Kylee SALLEE	SR	Augustana (S.D.)	0.20	5.84m	19-2	2/7/25	Ted Nelson Classic
27	Hailey RIOS	SO	#9 Ashland	0.13	5.83m	19-1½	1/31/25	Midwest Classic
27	Auna CHILDRESS	SR	#3 Pittsburg State {4}	0.13	5.83m	19-1½	12/6/24	Crimson & Gold Invitational
29	Kisha FRANCOIS	SR	Southern Connecticut	0.08	5.82m	19-1¼	2/1/25	Coach Greg Roy-al Rumble
30	Channie JEFFERSON	JR	#23 Mount Olive {3}	0.05	5.81m	19-¾	2/24/25	Conference Carolinas Indoor
31	Brooklyn BAKER	FR	#3 Pittsburg State {5}	0.04	5.80m	19-½	1/17/25	Washburn Rust Buster
31	Brittania INGRAM	JR	Lincoln (Mo.)	0.04	5.80m	19-½	1/31/25	Washburn Open & Multis
33	Kailee BENTON	JR	#6 West Texas A&M	0.02	5.79m	19-0	12/13/24	Colorado Running Company P
33	Sydney MCCARTY	SR	Carson-Newman	0.02	5.79m	19-0	2/8/25	Liberty Open
33	Jonon YOUNG	SO	Cal State LA	0.02	5.79m	19-0	2/15/25	Grand Valley State Big Meet II
33	Vivien LIESSFELD	SO	Alaska Anchorage	0.02	5.79m	19-0	1/11/25	Silver & Blue Invitational



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Emy NTEKPERE	SO	#12 Central Washington	23.17	12.83m	42-1¼	2/8/25	Riverfront Invitational & Multi
2	Ghada HAMDANI	SO	#1 Minnesota State	20.30	12.67m	41-7	12/7/24	Chuck Petersen Open
3	Stella NEOPHYTOU	SR	#1 Minnesota State {2}	18.25	12.66m	41-6½	12/7/24	Chuck Petersen Open
4	Lillian WASHINGTON	JR	#1 Minnesota State {3}	15.87	12.59m	41-3¾	1/17/25	Bearson-Gathje Classic
5	Mikaela MILES	JR	Embry-Riddle (Fla.)	13.65	12.55m	41-2¼	2/18/25	Peach Belt Indoor Champions
6	Auna CHILDRESS	SR	#3 Pittsburg State	11.22	12.44m	40-9¾	1/24/25	Rumble in the Jungle Invitati
7	Jazmin RAY	SR	#10 Texas A&M-Kingsville	10.04	12.39m	40-7¾	2/14/25	Howie Ryan Invitational
7	Leidy CUESTA	FR	#6 West Texas A&M	10.04	12.39m	40-7¾	2/21/25	Lone Star Indoor Championsh
9	Jonon YOUNG	SO	Cal State LA	7.89	12.35m	40-6¼	2/15/25	Grand Valley State Big Meet II
10	Hanna REICHENBERGER	SR	Winona State	6.75	12.31m	40-4¾	2/15/25	Maverick Premier #2
11	Janara BRYANT	FR	#23 Mount Olive	5.57	12.26m	40-2¾	2/24/25	Conference Carolinas Indoor
12	Lily BROWN	FR	#3 Pittsburg State {2}	4.52	12.23m	40-1½	1/24/25	Rumble in the Jungle Invitati
13	Karla HORMAZABAL	SR	#23 Mount Olive {2}	3.39	12.16m	39-10¾	12/6/24	Liberty Kickoff
14	Claire KINTZLEY	SR	#8 Colo. School of Mines	2.37	12.15m	39-10½	1/31/25	Mines Winter Classic
15	Hanna ONOFRIIEVA	SO	Harding	1.85	12.14m	39-10	12/6/24	Crimson & Gold Invitational
16	Samantha CASH	SR	West Virginia Wesleya	1.47	12.07m	39-7¼	2/24/25	Mountain East Indoor Champi
17	Payton RODGERS	FR	#13 UC-Colorado Springs	1.20	12.06m	39-6¾	2/15/25	Mountain Lion Open
18	Aniya SEWARD	SR	#9 Ashland	1.09	12.05m	39-6½	1/18/25	Jud Logan Memorial Tune-Up
19	Holly KONE	SR	#11 Lenoir-Rhyne	0.97	12.04m	39-6	2/1/25	Carolina Challenge
20	Camila SALVUCCI	FR	Chadron State	0.85	12.03mA	39-5¾	2/22/25	Eagle Last Chance
21	Jada DAVID	JR	Benedict	0.73	12.02m	39-5¼	2/20/25	SIAC Indoor Championship
22	Marie-Jeanne OUREGA	SR	#16 Academy of Art	0.61	12.01m	39-5	12/5/24	Silver State Invitational & Mul
22	Gabrielle TEEL	JR	New Haven	0.61	12.01m	39-5	1/31/25	Harvard Invitational
24	Kathryn CARROLL	JR	#13 UC-Colorado Springs {2}	0.39	12.00mA	39-4½	1/25/25	Colorado Running Company
25	Mallory HANEY	SR	UNC Pembroke	0.28	11.99m	39-4	2/24/25	Conference Carolinas Indoor
25	Savahnna GYASI-NIMAKO	SO	Ursuline	0.28	11.99m	39-4	2/21/25	Penn State Tune-Up
27	Jhnyia KNUCKLES	SO	Claflin	0.18	11.98m	39-3¾	2/16/25	CIAA Indoor Championships
28	Ujunwa NWOKOMA	SR	Western Oregon	0.12	11.96m	39-3	2/17/25	GNAC Indoor Championships
28	Makayla PAVELKA	JR	#3 Pittsburg State {3}	0.12	11.96m	39-3	2/14/25	Russ Jewett Indoor Gorilla Cla
30	Laura DELGADO DE TORRES	JR	Charleston (W.Va.)	0.05	11.95m	39-2½	2/24/25	Mountain East Indoor Champi
31	Tyleah MOORER	JR	Limestone	0.04	11.93m	39-1¾	2/22/25	USC Indoor Open
32	Brittania INGRAM	JR	Lincoln (Mo.)	0.03	11.92m	39-1¼	1/31/25	Washburn Open & Multis
33	Shannon HARNETT	SO	East Stroudsburg	0.02	11.88m	38-11¾	1/17/25	Ramapo Season Opener
34	Makayla WATSON	JR	#3 Pittsburg State {4}	0.02	11.87m	38-11½	2/1/25	Pitt State Invitational
35	Eireann DONOHOE	SR	Western Colorado	0.01	11.86mA	38-11	2/21/25	RMAC Last Chance Qualifier



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Erika BEISTLE	JR	#2 Grand Valley State	26.26	17.20m	56-5¼	1/24/25	GVSU Bill Clinger Classic
2	Hannah RICHARDSON	SO	#5 Azusa Pacific	20.23	15.78mA	51-9¼	12/7/24	Silver State Invitational & Mul
3	Makenzie GARR	SO	Missouri Western	18.20	15.77m	51-9	1/18/25	Richard Alsop Open
4	Katryna HERNANDEZ	SR	#10 Texas A&M-Kingsville	15.39	15.42mA	50-7¼	2/22/25	Lone Star Indoor Championsh
5	Katherine HIGGINS	SR	#7 CSU Pueblo	13.23	15.34mA	50-4	1/18/25	Colorado Classic
6	Dailynn VANDEREN	FR	#14 Missouri Southern	11.02	15.23m	49-11¾	2/21/25	Arkansas Qualifier
7	Cydney BANKS	SR	William Jewell	9.98	15.21m	49-11	2/8/25	Bearcat Invite
8	Briar GILLUM	SO	#14 Missouri Southern {2}	8.89	15.16m	49-9	1/18/25	Richard Alsop Open
9	Mele TAULA	SO	Emporia State	7.87	15.15m	49-8½	12/7/24	Washburn Alumni Invitational
10	Febe WESSELS	JR	#7 CSU Pueblo {2}	6.85	15.14mA	49-8¼	12/7/24	Early Grizzly Open
11	Molly WINNER	SO	#9 Ashland	5.77	15.10m	49-6½	1/18/25	Jud Logan Memorial Tune-Up
12	Kitt RUPAR	SR	#8 Colo. School of Mines	4.46	14.87mA	48-9½	2/16/25	Mountain Lion Open
13	Mackenzie BOHRER	SR	#2 Grand Valley State {2}	3.31	14.72m	48-3½	1/18/25	GVSU Bob Eubanks Open
14	Yassine KAMARA	JR	Bowie State	2.21	14.62m	47-11¾	1/31/25	Marlin Invitational
15	Kaitlyn GUM	SO	Tiffin	1.66	14.57m	47-9¾	2/8/25	Jud Logan Light Giver Collegi
16	Kennedy JACKSON	FR	#2 Grand Valley State {3}	1.39	14.55m	47-9	2/14/25	Grand Valley State Big Meet
17	Allyssa MAHONE	SR	Missouri Western {2}	1.03	14.43m	47-4¼	2/22/25	Friday Night Lights
18	Margaret STEVENSON	SR	#2 Grand Valley State {4}	0.90	14.33m	47-¼	2/8/25	GVSU Mike Lints Alumni Open
19	Graice WAITE	FR	#21 Lee (Tenn.)	0.80	14.27m	46-10	2/21/25	GSC (Gulf South) Indoor Cha
20	Coulter BROOKE	SR	#17 Findlay	0.70	14.13m	46-4¼	2/8/25	Jud Logan Light Giver Collegi
21	Jessica POLKINGHORN	FR	Western Washington	0.60	14.09m	46-2¾	2/18/25	GNAC Indoor Championships
21	Fedra FLORENTIN	SR	Angelo State	0.60	14.09m	46-2¾	2/15/25	Texas Tech Jarvis Scott Invite
23	Kelsey KINSLEY	SR	#9 Ashland {2}	0.40	14.01m	45-11¾	2/8/25	Jud Logan Light Giver Collegi
24	Irieyanna WILSON	JR	Southern Arkansas	0.30	13.99m	45-10¾	2/1/25	Washburn Open & Multis
25	Kayla VANOSDEL	SR	Sioux Falls	0.20	13.78m	45-2½	2/14/25	Maverick Premier #1
26	Lily NOVACEK	JR	Neb.-Kearney	0.15	13.77m	45-2¼	12/13/24	UNK Pre-Holiday Invitational
27	Kelsey HANSEN	SO	Northwood (Mich.)	0.13	13.76m	45-1¾	12/7/24	Saginaw Valley State Holiday
27	Kirsten WOMACK	SO	#14 Missouri Southern {3}	0.13	13.76m	45-1¾	2/15/25	Russ Jewett Indoor Gorilla Cla
29	Abby LASITER	JR	#3 Pittsburg State	0.08	13.75m	45-1½	1/17/25	Washburn Rust Buster
30	Meadow GALLENTINE	JR	#6 West Texas A&M	0.05	13.72mA	45-¼	2/22/25	Lone Star Indoor Championsh
30	Rebecca MARTIN	JR	Slippery Rock	0.05	13.72m	45-¼	12/6/24	Youngstown State Icebreaker
32	Kamryn WILLIAMS	SO	Angelo State {2}	0.03	13.70mA	44-11½	2/22/25	Lone Star Indoor Championsh
33	Liberty BOOKER	JR	Fort Hays State	0.02	13.67m	44-10¼	1/17/25	Washburn Rust Buster
34	Katie SAYLES	SR	Hillsdale	0.02	13.66m	44-9¾	2/14/25	Grand Valley State Big Meet
35	Devon WILLIAMS	JR	#10 Texas A&M-Kingsville{2}	0.01	13.65mA	44-9½	2/22/25	Lone Star Indoor Championsh



National TFRI Event Summary

Women's Weight Throw — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Molly WINNER	SO	#9 Ashland	23.60	20.04m	65-9	2/1/25	Midwest Classic
2	Lily NOVACEK	JR	Neb.-Kearney	20.71	19.77m	64-10½	2/21/25	Loper Tune-Up
3	Leslie POLLOCK	SO	#9 Ashland {2}	18.61	19.74m	64-9¼	2/1/25	Midwest Classic
4	Meadow GALLENTINE	JR	#6 West Texas A&M	15.93	19.53mA	64-1	1/25/25	Colorado Running Company
5	Shelby ULVEN	JR	#2 Grand Valley State	13.57	19.37m	63-6¾	2/21/25	Grand Valley State Tune-Up
6	Allyssa MAHONE	SR	Missouri Western	11.50	19.34m	63-5½	2/15/25	Russ Jewett Indoor Gorilla Cla
7	Zoe PENTECOST	SR	Indianapolis	10.37	19.28m	63-3¼	1/31/25	Wildcat Open
8	Katie SAYLES	SR	Hillsdale	8.97	19.10m	62-8	1/18/25	Hoosier Horsepower Classic
9	Dailynn VANDEREN	FR	#14 Missouri Southern	7.63	18.95m	62-2¼	12/7/24	Crimson & Gold Invitational
10	Alaina OMONODE	SR	#2 Grand Valley State {2}	6.61	18.94m	62-1¾	12/6/24	Grand Valley State Holiday Op
10	Richella SPIELVOGEL	SR	Lake Erie	6.61	18.94m	62-1¾	2/15/25	SPIRE Collegiate Indoor Game
12	Briar GILLUM	SO	#14 Missouri Southern {2}	4.48	18.86m	61-10½	2/21/25	Arkansas Qualifier
12	Rachael MOLLOY	SR	Central Missouri	4.48	18.86m	61-10½	2/8/25	Bearcat Invite
14	Kamry LINDSEY	SR	Sioux Falls	2.45	18.83m	61-9½	2/21/25	SDSU Last Chance
15	Cydney BANKS	SR	William Jewell	1.78	18.68m	61-3½	2/8/25	Bearcat Invite
16	Aubri BROWN	SO	#1 Minnesota State	1.46	18.62m	61-1¼	12/7/24	Chuck Petersen Open
17	Abby MCKINNEY	JR	Charleston (W.Va.)	1.00	18.42m	60-5¼	12/6/24	Marshall Opener
18	Jennifer JARNAGIN	SR	#8 Colo. School of Mines	0.90	18.26mA	59-11	2/16/25	Mountain Lion Open
19	Olivia NEWSOME	FR	Hillsdale {2}	0.80	18.24m	59-10¼	1/31/25	Akron Invitational
20	Samiyah LITTLE	JR	East Stroudsburg	0.70	18.18m	59-7¾	2/21/25	Bucknell Tune-Up
21	Abigail GILLESPIE	SR	#8 Colo. School of Mines {2}	0.60	18.11m	59-5	2/7/25	Steve Miller Invitational
22	Irma WATSON-PEREZ	SR	Newberry	0.50	18.07m	59-3½	2/22/25	USC Indoor Open
23	Mony ANDERSEN	JR	#1 Minnesota State {2}	0.40	18.02m	59-1½	2/14/25	Maverick Premier #1
24	Audra HOGAN	SR	Indianapolis {2}	0.30	17.97m	58-11½	2/22/25	John Gartland Team Invitatio
25	Abby LASITER	JR	#3 Pittsburg State	0.20	17.88m	58-8	12/7/24	Crimson & Gold Invitational
26	Lily BENEKE	SR	#1 Minnesota State {3}	0.15	17.87m	58-7½	2/21/25	Maverick Invitational
27	Kirsten WOMACK	SO	#14 Missouri Southern {3}	0.13	17.71m	58-1¼	2/1/25	Pitt State Invitational
28	Olivia BAUMBERGER	SR	Sioux Falls {2}	0.10	17.67m	57-11¾	2/8/25	Wayne State (Neb.) Indoor Cla
29	Kelsey KENNON	SR	#17 Findlay	0.08	17.43m	57-2¼	2/21/25	Flag City Tune-Up
30	Kelsey HANSEN	SO	Northwood (Mich.)	0.05	17.42m	57-2	2/21/25	SVSU Tune-Up
30	Brooke BURNS	SR	Charleston (W.Va.) {2}	0.05	17.42m	57-2	12/6/24	Marshall Opener
32	Madison VERMETTEN	JR	Emporia State	0.03	17.41m	57-1½	2/15/25	Ichabod Invitational
32	Olivia OOSTDYK	SR	Lake Erie {2}	0.03	17.41m	57-1½	2/15/25	SPIRE Collegiate Indoor Game
32	Marie SCHULER	JR	Angelo State	0.03	17.41mA	57-1½	2/22/25	Lone Star Indoor Championsh
35	Makenzie GARR	SO	Missouri Western {2}	0.01	17.32m	56-10	2/22/25	Friday Night Lights



National TFRI Event Summary

Women's Pentathlon — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Esther CONDE-TURPIN	JR	#5 Azusa Pacific	25.60	4,258c	(4258A)	12/7/24 Silver State Invitational & Mul
2	Miranda LAUVSTAD	JR	#1 Minnesota State	21.72	4,074		2/1/25 Mark Schuck Open and Multi
3	Luisa FISCHER	SR	#5 Azusa Pacific {2}	18.44	3,949c	(3949A)	12/7/24 Silver State Invitational & Mul
4	Viktoriia ERMOLAEVA	SO	#1 Minnesota State {2}	16.00	3,904		2/1/25 Mark Schuck Open and Multi
5	Avery WRIGHT	JR	#8 Colo. School of Mines	13.43	3,822cu	(3822A)	12/7/24 Mines Alumni Classic
6	Valerie OLSON	SR	#19 Oklahoma Baptist	11.23	3,793		2/1/25 Washburn Open & Multis
7	Emily SWANSON	SR	Sioux Falls	10.03	3,765		12/14/24 Dakota Alumni Classic
8	Brooklyn GOULD	SR	Embry-Riddle (Fla.)	8.59	3,702		1/25/25 RADD College Invitational
9	Ellie LENERICH	SR	Indianapolis	7.53	3,693		12/7/24 Scott Fangman Invitational
10	Naiuri KREIN	JR	#18 Washburn	6.37	3,671		2/1/25 Washburn Open & Multis
11	Samantha CASH	SR	West Virginia Wesleya	5.22	3,634 OT		2/24/25 Mountain East Indoor Champi
12	Jadyn MULLEN	SO	#22 Roberts Wesleyan	4.17	3,618		2/22/25 Springfield College Triangle Cl
13	Alexa POST	JR	#1 Minnesota State {3}	3.14	3,610		2/1/25 Mark Schuck Open and Multi
13	Maria PEDROSO	SR	Augustana (S.D.)	3.14	3,610 OT		12/7/24 SDSU Holiday Open and Multi
15	Lily BROWN	FR	#3 Pittsburg State	1.63	3,608 OT		12/6/24 Boo Rogers Combined Events
16	Liezl THERON	JR	#21 Lee (Tenn.)	1.38	3,607		2/21/25 GSC (Gulf South) Indoor Cha
17	Laura DELGADO DE TORRES	JR	Charleston (W.Va.)	1.06	3,588 OT		2/24/25 Mountain East Indoor Champi
18	Kylee SALLEE	SR	Augustana (S.D.) {2}	0.95	3,584		2/1/25 Mark Schuck Open and Multi
19	Afaf BENHADJA	SO	#10 Texas A&M-Kingsville	0.83	3,579c	(3579A)	2/22/25 Lone Star Indoor Championsh
20	Emma HEIN	FR	#5 Azusa Pacific {3}	0.70	3,548c	(3548.00A)	2/8/25 New Mexico Collegiate Classic
21	Sterling WEBB	SO	Lincoln Memorial	0.60	3,517		1/25/25 Brant Tolsma Invitational
22	Lisa SUTHERLAND	SO	#8 Colo. School of Mines {2}	0.50	3,506cu	(3506A)	12/7/24 Mines Alumni Classic
23	Emily CURTICE	SR	Tiffin	0.40	3,505		12/14/24 Jimmy Grant Invitational
24	Maika CUENCA	JR	#16 Academy of Art	0.30	3,503		2/8/25 Riverfront Invitational & Multi
25	Giovana PELASCINI	SO	CUI	0.20	3,489		1/25/25 Concordia (Neb.) Classic
26	Toni DENMARK	SR	Walsh	0.15	3,483 OT		2/8/25 Jud Logan Light Giver Collegi
27	Kylie FRUSH	JR	Angelo State	0.13	3,464 OT		12/6/24 Boo Rogers Combined Events
28	Maggie SALSURY	FR	#3 Pittsburg State {2}	0.10	3,450 OT		12/6/24 Boo Rogers Combined Events
29	Amariyah CLAY	JR	Western Oregon	0.08	3,436		2/18/25 GNAC Indoor Championships
30	Macy CLEMENS	SR	Western Oregon {2}	0.05	3,435		2/18/25 GNAC Indoor Championships
31	Baelyn ZITZMANN	FR	Hillsdale	0.04	3,419 OT		2/8/25 Jud Logan Light Giver Collegi
32	Vivien LIESSFELD	SO	Alaska Anchorage	0.03	3,380		2/18/25 GNAC Indoor Championships
33	Payton PHILLIPS	SO	#3 Pittsburg State {3}	0.02	3,363		2/8/25 Frank Sevigne Husker Invitati
34	Mara ANDRITSCH	FR	#6 West Texas A&M	0.02	3,362c	(3362A)	2/22/25 Lone Star Indoor Championsh
35	Kylie CARROLL	SR	Montevallo	0.01	3,351		2/21/25 GSC (Gulf South) Indoor Cha