



National TFRI Event Summary

Women's 60 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Joy UDO-GABRIEL	SO #14 Missouri Southern	24.06	7.13	3/2/25 MIAA Indoor Championships
2	Alexis BROWN	JR #11 Lenoir-Rhyne	20.34	7.26	2/8/25 Doc Hale Virginia Tech Elite
3	E'lexis HOLLIS	SR #17 Central Washington	17.56	7.32	2/8/25 Riverfront Invitational & Multi
4	Marie-Eloise LECLAIR	SR #10 Simon Fraser	15.18	7.35	2/18/25 GNAC Indoor Championships
5	Laila CLEARE	JR #19 U-Mary	13.06	7.36	3/1/25 NSIC Indoor Championships
5	Toni Ann LINDSAY	SO #15 Academy of Art	13.06	7.36c (7.34A)	1/11/25 Silver & Blue Invitational
7	Jahzara HART	JR Tusculum	9.93	7.37	12/7/24 Commonwealth College Open
7	Ashley BARRETT	JR New Mexico Highland	9.93	7.37c (7.35A)	12/7/24 Mines Alumni Classic
9	Futura HARRIS	FR Mount Olive	7.68	7.39	2/15/25 Virginia Beach Pre-National
9	Shantae GEORGE	SR #25 Lincoln (Mo.)	7.68	7.39	3/2/25 GLVC Indoor Championships
11	Diandrenique GAINES	SR #2 Pittsburg State	5.58	7.40	12/7/24 Crimson & Gold Invitational
12	Sade DE SOUSA	JR Carson-Newman	4.49	7.41	1/18/25 Finn Pincus Invitational
12	Jordan TAYLOR	SR #13 Findlay	4.49	7.41	2/14/25 Grand Valley State Big Meet
12	Ta'Mijha NICHOLS	SO #16 Washburn	4.49	7.41	3/2/25 MIAA Indoor Championships
15	Shavante ROBERTS	JR MSU Moorhead	1.91	7.42	3/1/25 NSIC Indoor Championships
15	Leah SMITH	SO #13 Findlay {2}	1.91	7.42	3/1/25 G-MAC Indoor Championships
15	Tamia HORTON	JR Sioux Falls	1.91	7.42	3/1/25 NSIC Indoor Championships
15	Candace MORRIS	SO West Virginia State	1.91	7.42	2/24/25 Mountain East Indoor Champi
19	Hailey RIOS	SO #8 Ashland	1.13	7.43	3/1/25 G-MAC Indoor Championships
19	Nydia CHANCE	SO Fresno Pacific	1.13	7.43c (7.41A)	2/8/25 Wolf Pack Classic
21	Rujeko MUNETSI	FR New Mexico Highland {2}	0.84	7.44c (7.40A)	3/1/25 RMAC Indoor Championships
22	Collinique FARRINGTON	SR #21 Southwest Baptist	0.69	7.45	2/8/25 Bearcat Invite
22	Alena WILLIAMS	SR #8 Ashland {2}	0.69	7.45	3/1/25 G-MAC Indoor Championships
22	Nevaeh LEWIS	FR Tiffin	0.69	7.45	3/1/25 G-MAC Indoor Championships
25	Lexie GILBERT	SR #20 Northwest Missouri	0.30	7.47	3/2/25 MIAA Indoor Championships
25	Gaby HORTON	JR Colorado Mesa	0.30	7.47c (7.43A)	3/1/25 RMAC Indoor Championships
25	Adeyah BREWSTER	SR #1 Minnesota State	0.30	7.47	3/1/25 NSIC Indoor Championships
28	Jordyn DORTCH	SO Alabama-Huntsville	0.12	7.49	2/21/25 GSC (Gulf South) Indoor Cha
28	Sarai BROWN	JR Maryville (Mo.)	0.12	7.49	3/2/25 GLVC Indoor Championships
28	Stephanique DEAN	JR #21 Southwest Baptist {2}	0.12	7.49	3/2/25 GLVC Indoor Championships
31	Alyssa HUTCHERSON	SR #16 Washburn {2}	0.04	7.50	3/2/25 MIAA Indoor Championships
31	Nerissa THOMPSON	JR Western Oregon	0.04	7.50	2/8/25 Riverfront Invitational & Multi
31	Samantha GILBERT	SR Slippery Rock	0.04	7.50	3/2/25 PSAC Indoor Championships
34	Victoria FARINAS	SR #12 UC-Colorado Springs	0.02	7.51c (7.47A)	3/1/25 RMAC Indoor Championships
35	Grizell SCARLETT	SO Eastern New Mexico	0.01	7.52c (7.50A)	2/22/25 Lone Star Indoor Championsh
35	Jacent NYAMAHUNGE	SR Angelo State	0.01	7.52c (7.50A)	1/25/25 Dr. Martin Luther King, Jr. Invi
35	McKenzie HAYSE	FR #16 Washburn {3}	0.01	7.52	3/2/25 MIAA Indoor Championships
35	Ally HAMMOND	SR #1 Minnesota State {2}	0.01	7.52	2/14/25 Maverick Premier #1



National TFRI Event Summary

Women's 60 Meter Hurdles — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Grace JOHNSON	SR	#1 Minnesota State	23.02		8.24	3/1/25 NSIC Indoor Championships
2	Adeyah BREWSTER	SR	#1 Minnesota State {2}	20.56		8.28	3/1/25 NSIC Indoor Championships
3	Kayvon NUBINE	FR	#2 Pittsburg State	17.88		8.34	2/1/25 Pitt State Invitational
4	Melody JONES	SR	#11 Lenoir-Rhyne	15.55		8.37	2/8/25 Doc Hale Virginia Tech Elite
5	Madelyn MARQUEZ	SR	#2 Pittsburg State {2}	13.22		8.40	2/1/25 Pitt State Invitational
6	Patreece CLARKE	JR	New Mexico Highland	11.00		8.42c (8.42A)	3/1/25 RMAC Indoor Championships
7	Esaba OKWARAOI	SO	#1 Minnesota State {3}	9.91		8.43	2/1/25 Mark Schuck Open and Multi
8	Ally HAMMOND	SR	#1 Minnesota State {4}	8.76		8.45	2/1/25 Mark Schuck Open and Multi
8	Neshara SMITH	JR	Cal Poly Pomona	8.76		8.45	2/14/25 Maverick Premier #1
8	Isabelle PETERS	SR	#2 Pittsburg State {3}	8.76		8.45	3/2/25 MIAA Indoor Championships
11	Aniya SEWARD	SR	#8 Ashland	5.69		8.46	3/1/25 G-MAC Indoor Championships
11	Ellyse WOLFRATH	SR	Northern Michigan	5.69		8.46	3/2/25 GLIAC Indoor Championships
13	Charnessa REID	JR	Winston-Salem State	3.62		8.47	2/17/25 CIAA Indoor Championships
13	Esther CONDE-TURPIN	JR	#6 Azusa Pacific	2.62	D	8.47c (8.47A)	12/7/24 Silver State Invitational & Mul
13	Brianna GREEN	SR	Fresno Pacific	3.62		8.47c (8.47A)	2/8/25 Wolf Pack Classic
16	Ashanti HARVEY	JR	#1 Minnesota State {5}	1.72		8.49	3/1/25 NSIC Indoor Championships
17	Miranda LAUVSTAD	JR	#1 Minnesota State {6}	1.40		8.50	3/1/25 NSIC Indoor Championships
18	Theresa GREEN-WHITE	JR	Tusculum	1.23		8.51	2/1/25 VMI Winter Relays
19	Avery WRIGHT	JR	#9 Colo. School of Mines	1.05		8.52c (8.52A)	12/7/24 Mines Alumni Classic
20	Tia HORNING	SR	#19 U-Mary	0.88		8.53	2/22/25 Marauders Tune-Up
20	Noemie THIBAUD	FR	#1 Minnesota State {7}	0.88		8.53	3/1/25 NSIC Indoor Championships
22	Aisha CARRINGTON	SR	Lincoln (Pa.)	0.63		8.54	2/17/25 CIAA Indoor Championships
23	Odessa SMITH	SO	#8 Ashland {2}	0.49		8.55	3/1/25 G-MAC Indoor Championships
23	Valerie OLSON	SR	#24 Oklahoma Baptist	0.49		8.55	2/15/25 Russ Jewett Indoor Gorilla Cla
23	Caroline MAYES	JR	William Jewell	0.49		8.55	12/7/24 Mel Tjeerdsma Classic
23	Hannah CHANG	JR	Seattle Pacific	0.49		8.55	12/14/24 Spokane Invitational
27	Jada KAMTHA	SO	New Haven	0.18		8.56	2/28/25 Fastrack Last Chance
28	Amari JOHNSON	SR	Adelphi	0.10		8.59	2/23/25 Northeast-10 Indoor Champio
29	An'Janae LATCHINSON	JR	Tuskegee	0.08		8.61	2/21/25 SIAC Indoor Championship
30	Maya RIES	SR	MSU Denver	0.05		8.62c (8.62A)	3/1/25 RMAC Indoor Championships
30	Kori MOORE	FR	Tusculum {2}	0.05		8.62	3/2/25 SAC Indoor Championships
32	Obiageli AKUBUDE	SO	Clafin	0.03		8.63	2/17/25 CIAA Indoor Championships
32	Bracie VAUGHN	JR	UT Tyler	0.03		8.63c (8.63A)	2/22/25 Lone Star Indoor Championsh
34	Kylie RAY	SR	#13 Findlay	0.02		8.64	2/1/25 Penn State National
34	Channie JEFFERSON	JR	Mount Olive	0.02		8.64	2/24/25 Conference Carolinas Indoor
34	Liv HEITE	SO	Alaska Anchorage	0.02		8.64	2/8/25 Riverfront Invitational & Multi



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Alexis BROWN	JR #11 Lenoir-Rhyne	22.92	23.35c	(23.71f)	3/2/25 SAC Indoor Championships
2	Marie-Eloise LECLAIR	SR #10 Simon Fraser	19.80	23.61		2/1/25 John Thomas Terrier Classic
3	Jordan TAYLOR	SR #13 Findlay	17.67	23.64 OT		3/1/25 G-MAC Indoor Championships
4	Collinique FARRINGTON	SR #21 Southwest Baptist	15.54	23.67c	(24.03f)	3/2/25 GLVC Indoor Championships
5	Brianna GREEN	SR Fresno Pacific	13.21	23.75c	(23.68A)	1/11/25 Silver & Blue Invitational
6	Emma CANNAN	JR #10 Simon Fraser {2}	11.12	23.77		2/18/25 GNAC Indoor Championships
7	Jacent NYAMAHUNGE	SR Angelo State	10.04	23.79c	(23.72A)	2/22/25 Lone Star Indoor Championsh
8	Stephanique DEAN	JR #21 Southwest Baptist {2}	9.00	23.80c	(24.17f)	3/2/25 GLVC Indoor Championships
9	Blessing AKINTOYE	SO #5 West Texas A&M	7.79	23.85c	(23.78A)	2/22/25 Lone Star Indoor Championsh
10	Diandrenique GAINES	SR #2 Pittsburg State	6.75	23.86 OT		3/2/25 MIAA Indoor Championships
11	Futura HARRIS	FR Mount Olive	5.70	23.87c	(24.24f)	2/24/25 Conference Carolinas Indoor
12	Robynn ROLLE-CURRY	SR #1 Minnesota State	4.55	23.92c	(24.30f)	3/1/25 NSIC Indoor Championships
13	E'lexis HOLLIS	SR #17 Central Washington	3.50	23.94		2/8/25 Riverfront Invitational & Multi
13	Leah SMITH	SO #13 Findlay {2}	3.50	23.94 OT		3/1/25 G-MAC Indoor Championships
15	Jordyn DORTCH	SO Alabama-Huntsville	1.94	23.96		2/21/25 GSC (Gulf South) Indoor Cha
15	Ashley BARRETT	JR New Mexico Highland	1.94	23.96c	(24.19fA)	3/1/25 RMAC Indoor Championships
17	Brianna CHENEVEY	SO #8 Ashland	1.36	23.99 OT		3/1/25 G-MAC Indoor Championships
17	Gaby HORTON	JR Colorado Mesa	1.36	23.99c	(24.22fA)	3/1/25 RMAC Indoor Championships
19	Laila CLEARE	JR #19 U-Mary	1.13	24.00c	(24.37f)	3/1/25 NSIC Indoor Championships
20	Grace OBOUR	JR #1 Minnesota State {2}	0.95	24.03c	(24.40f)	3/1/25 NSIC Indoor Championships
21	Chloe SAENZ	SR #20 Northwest Missouri	0.82	24.04 OT		3/2/25 MIAA Indoor Championships
21	Rasha BADRANI	JR Cal State San Marcos	0.82	24.04c	(24.42f)	2/14/25 Maverick Premier #1
21	Ta'Mijha NICHOLS	SO #16 Washburn	0.82	24.04 OT		3/2/25 MIAA Indoor Championships
24	Jamiya MORGAN	SR #2 Pittsburg State {2}	0.51	24.05 OT		3/2/25 MIAA Indoor Championships
25	Toni Ann LINDSAY	SO #15 Academy of Art	0.38	24.07c	(24.00A)	1/25/25 Nevada Invitational & Multi
26	McKenzie HAYSE	FR #16 Washburn {2}	0.32	24.08 OT		3/2/25 MIAA Indoor Championships
27	Shevanae THOMAS	SR #25 Lincoln (Mo.)	0.26	24.10c	(24.47f)	3/2/25 GLVC Indoor Championships
28	Cynai CHRISTOPHER	SR #18 Texas A&M-Kingsville	0.23	24.11c	(24.04A)	2/22/25 Lone Star Indoor Championsh
29	Caliyah WALLACE	SO Tiffin	0.16	24.14 OT		3/1/25 G-MAC Indoor Championships
30	Tionce WALROND	SO #19 U-Mary {2}	0.12	24.15c	(24.52f)	3/1/25 NSIC Indoor Championships
31	Trinity MILLER	SR #6 Azusa Pacific	0.10	24.16c	(24.09A)	2/8/25 New Mexico Collegiate Classic
32	Deborah ACHEAMPONG	SO #5 West Texas A&M {2}	0.05	24.19c	(24.12A)	2/22/25 Lone Star Indoor Championsh
32	Sakena MASSIAH	SR #19 U-Mary {3}	0.05	24.19 OT		2/15/25 SDSU Indoor Classic
34	Shanice COX	JR Tusculum	0.02	24.23c	(24.60f)	3/2/25 SAC Indoor Championships
34	Nyanas KUR	SR Augustana (S.D.)	0.02	24.23 OT		2/1/25 SDSU D2/NAIA Open



National TFRI Event Summary

Women's 400 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Rasha BADRANI	JR	Cal State San Marcos	22.53	52.92c	(52.81A)	2/8/25	Wolf Pack Classic	
2	Blessing AKINTOYE	SO	#5 West Texas A&M	20.02	53.21c	(53.10A)	2/22/25	Lone Star Indoor Championsh	
3	Tiffany HUGHEY		#20 Northwest Missouri	17.79	53.34		2/23/25	USATF Indoor Championships	
4	Hannah CAIOLA	JR	Southern Connecticut	15.68	53.40		2/1/25	John Thomas Terrier Classic	
5	Peace NWAELEHIA	FR	#5 West Texas A&M {2}	13.61	53.44c	(53.33A)	2/22/25	Lone Star Indoor Championsh	
6	Collinique FARRINGTON	SR	#21 Southwest Baptist	11.56	53.47c	(54.18f)	3/2/25	GLVC Indoor Championships	
7	Robynn ROLLE-CURRY	SR	#1 Minnesota State	10.37	53.58c	(54.29f)	3/1/25	NSIC Indoor Championships	
8	Aerin THOMPSON	JR	UT Tyler	8.99	53.80c	(53.69A)	2/22/25	Lone Star Indoor Championsh	
9	Chloe SAENZ	SR	#20 Northwest Missouri {2}	7.83	53.90 OT		3/2/25	MIAA Indoor Championships	
10	Cynai CHRISTOPHER	SR	#18 Texas A&M-Kingsville	6.74	53.98c	(53.87A)	2/22/25	Lone Star Indoor Championsh	
11	Shevanae THOMAS	SR	#25 Lincoln (Mo.)	5.68	54.03c	(54.74f)	3/2/25	GLVC Indoor Championships	
12	Eilika LANE	SR	#1 Minnesota State {2}	4.65	54.06c	(54.78f)	3/1/25	NSIC Indoor Championships	
13	Anna SALISBURY	JR	Lubbock Christian	3.62	54.08c	(53.97A)	2/22/25	Lone Star Indoor Championsh	
14	Alayna VERNER	SR	#6 Azusa Pacific	2.59	54.11c	(54.00A)	2/8/25	New Mexico Collegiate Classic	
15	Kamani JOHNS	SR	Lincoln (Pa.)	2.07	54.13		2/28/25	Fastrack Last Chance	
16	Melanie ROLAND	JR	#20 Northwest Missouri {3}	1.56	54.37 OT		3/2/25	MIAA Indoor Championships	
17	Kylie RAY	SR	#13 Findlay	1.29	54.40 OT		3/1/25	G-MAC Indoor Championships	
17	Bec BENNETT	JR	Western Washington	1.29	54.40 OT		1/17/25	Washington Indoor Preview	
19	Asia FOSTER	JR	#24 Oklahoma Baptist	1.09	54.41		3/2/25	Boston University Last Chanc	
20	Liana RODRIGUEZ	SR	Tiffin	0.97	54.44 OT		3/1/25	G-MAC Indoor Championships	
21	Caliyah WALLACE	SO	Tiffin {2}	0.78	54.59 OT		3/1/25	G-MAC Indoor Championships	
22	Sakena MASSIAH	SR	#19 U-Mary	0.60	54.74 OT		2/15/25	SDSU Indoor Classic	
23	Kamaria CARR	SO	UT Tyler {2}	0.43	54.87c	(54.76A)	2/22/25	Lone Star Indoor Championsh	
24	Grace OBOUR	JR	#1 Minnesota State {3}	0.31	54.90c	(55.63f)	3/1/25	NSIC Indoor Championships	
25	Tetiana KHARASHCHUK	FR	Harding	0.20	55.05 OT		2/22/25	Alex Wilson Invitational	
26	Mia GARDNER	SR	#8 Ashland	0.15	55.09 OT		3/1/25	G-MAC Indoor Championships	
27	Sai BROOKINS-FLEMING	SO	Central Oklahoma	0.13	55.11 OT		3/2/25	MIAA Indoor Championships	
28	Kereser AUGUSTIN	JR	#16 Washburn	0.10	55.14 OT		3/2/25	MIAA Indoor Championships	
29	Sharonda PRIESTER	SO	#11 Lenoir-Rhyne	0.08	55.19c	(55.92f)	3/2/25	SAC Indoor Championships	
30	Nyanas KUR	SR	Augustana (S.D.)	0.05	55.22 OT		2/15/25	SDSU Indoor Classic	
31	Stephanique DEAN	JR	#21 Southwest Baptist {2}	0.04	55.28 OT		2/15/25	Russ Jewett Indoor Gorilla Cla	
31	Tayen WERNER	FR	#19 U-Mary {2}	0.04	55.28 OT		2/15/25	SDSU Indoor Classic	
33	Catherine GUCKENBERGE	SO	#3 Grand Valley State	0.02	55.33 OT		3/2/25	GLIAC Indoor Championships	
34	Jamiya MORGAN	SR	#2 Pittsburg State	0.02	55.46		2/21/25	Arkansas Qualifier	
34	Kennedy COOK	SO	Western Washington {2}	0.02	55.46		2/18/25	GNAC Indoor Championships	



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Helen BRAYBROOK	SR	#7 CSU Pueblo	23.09	2:03.90	2/8/25 Bruce Lehane Scarlet and Whi
2	Lina HANICH	SR	#15 Academy of Art	20.68	2:04.49	3/2/25 Boston University Last Chanc
3	Olivia ALEXANDRE	SR	#6 Azusa Pacific	18.48	2:04.77 OT	2/15/25 Husky Classic
4	Abigail ABUGIRE	FR	#5 West Texas A&M	15.48	2:06.34	2/15/25 David Hemery Valentine Invit
5	Nidhi SINGH	SR	Midwestern State	13.41	2:06.48	3/2/25 Boston University Last Chanc
6	Elizabeth ACHESON	SR	#19 U-Mary	11.35	2:06.62 OT	2/15/25 SDSU Indoor Classic
7	Lieke HOOGSTEN	JR	#4 Adams State	10.24	2:06.85c (2:09.49fA)	3/1/25 RMAC Indoor Championships
8	Leah KEISLER	JR	#7 CSU Pueblo {2}	8.89	2:07.65	2/8/25 Bruce Lehane Scarlet and Whi
9	Ellie FRYE	JR	Dallas Baptist	7.86	2:07.71	3/2/25 Boston University Last Chanc
10	Jadyn HERRON	JR	#7 CSU Pueblo {3}	6.69	2:08.09	2/8/25 Bruce Lehane Scarlet and Whi
11	Jess CHISAR	SO	Alaska Anchorage	5.61	2:08.27 OT	2/1/25 Washington Invitational
12	Marie DEA	FR	#20 Northwest Missouri	4.49	2:08.55 OT	3/2/25 MIAA Indoor Championships
13	Alaysia BROOKS	SR	Ursuline	3.47	2:08.58	2/1/25 Midwest Classic
14	Kylie RAY	SR	#13 Findlay	2.38	2:08.80 OT	2/8/25 Jud Logan Light Giver Collegi
15	Jade AVANCE	JR	#8 Ashland	1.86	2:08.83 OT	3/1/25 G-MAC Indoor Championships
16	Lilly ALBERTS	SO	#3 Grand Valley State	1.53	2:09.09 OT	2/14/25 Grand Valley State Big Meet
17	Lexie FONTAINE	JR	#16 Washburn	1.27	2:09.13	2/21/25 Arkansas Qualifier
18	Lydia MCGLOCKLIN	JR	#20 Northwest Missouri {2}	1.14	2:09.27	2/21/25 Arkansas Qualifier
19	Emily GORDON	SR	Wayne State (Mich.)	0.98	2:09.54 OT	2/14/25 Grand Valley State Big Meet
20	Aria HAWKINS	SR	#23 Lee (Tenn.)	0.82	2:09.85	2/21/25 GSC (Gulf South) Indoor Cha
21	Kate STRADER	SR	#2 Pittsburg State	0.71	2:09.89 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
22	Michaela ANDREWS	JR	#15 Academy of Art {2}	0.59	2:09.96	3/2/25 Boston University Last Chanc
23	Savannah SCHLEY	SR	Minnesota Duluth	0.48	2:10.04c (2:11.54f)	3/1/25 NSIC Indoor Championships
24	Mia CROCKER	SR	Western Washington	0.36	2:10.12 OT	2/15/25 Husky Classic
25	Reese DRAGOVICH	SR	Hillsdale	0.25	2:10.18 OT	3/1/25 G-MAC Indoor Championships
26	Isabela SHEPARD	SR	#1 Minnesota State	0.17	2:10.29c (2:11.79f)	3/1/25 NSIC Indoor Championships
27	Annie WILD	SO	Stanislaus State	0.14	2:10.34 OT	2/15/25 Husky Classic
28	Addison WASHLER	FR	#3 Grand Valley State {2}	0.10	2:10.39 OT	3/2/25 GLIAC Indoor Championships
29	Addie MATHIS	SR	Truman	0.08	2:10.40 OT	2/14/25 Grand Valley State Big Meet
30	Hope SIEVERT	JR	#8 Ashland {2}	0.05	2:10.47 OT	2/14/25 Grand Valley State Big Meet
31	Megan POSTMA	FR	#3 Grand Valley State {3}	0.04	2:10.51 OT	2/14/25 Grand Valley State Big Meet
32	Brooke MILLER	SR	Colorado Mesa	0.03	2:10.62c (2:13.33fA)	3/1/25 RMAC Indoor Championships
33	Claire BRUENING	SR	#2 Pittsburg State {2}	0.02	2:10.82	2/21/25 Arkansas Qualifier
34	Bailey BLAKE	SR	#20 Northwest Missouri {3}	0.02	2:10.84 OT	2/22/25 Friday Night Lights
35	Taylor ROTH	SO	Embry-Riddle (Fla.)	0.01	2:10.88	3/2/25 Boston University Last Chanc



National TFRI Event Summary

Women's Mile — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Helen BRAYBROOK	SR	#7 CSU Pueblo	22.06		4:39.25 OT	2/14/25 Grand Valley State Big Meet
2	Tristian SPENCE	SO	#4 Adams State	4.04	D	4:39.33c (4:45.55A)	1/31/25 New Mexico Team Open
3	Annie WILD	SO	Stanislaus State	17.83		4:39.92	3/2/25 Boston University Last Chanc
4	Ava O'CONNOR	SR	#4 Adams State {2}	15.76		4:40.11c (4:46.34A)	1/31/25 New Mexico Team Open
5	Kate HEDLUND	SR	#12 UC-Colorado Springs	13.61		4:40.53	2/8/25 Bruce Lehane Scarlet and Whi
6	Elena CAREY	SR	#4 Adams State {3}	11.37		4:41.22c (4:47.48A)	1/31/25 New Mexico Team Open
7	Aria HAWKINS	SR	#23 Lee (Tenn.)	10.32		4:41.36 OT	1/17/25 Vanderbilt Indoor Invitational
7	Maggie MCCLESKEY	JR	#4 Adams State {4}	10.32		4:41.36c (4:56.65fA)	1/25/25 Adams State Qualifier #2
9	Natalie GRABER	SR	#3 Grand Valley State	8.07		4:42.06 OT	2/14/25 Grand Valley State Big Meet
10	Mia CABRERA	SO	Wingate	6.95		4:42.41c (4:45.20f)	3/2/25 SAC Indoor Championships
11	Taylor STONE	JR	Flagler	5.93		4:42.45	3/2/25 Boston University Last Chanc
12	Anna FAUSKE	SR	#12 UC-Colorado Springs {2}	2.78	D	4:42.96c OT (4:50.03A)	1/18/25 Colorado Classic
13	Jadyn HERRON	JR	#7 CSU Pueblo {2}	3.43		4:44.74 OT	2/14/25 Grand Valley State Big Meet
14	Lauren KILEY	JR	#3 Grand Valley State {2}	2.38		4:45.16 OT	2/14/25 Grand Valley State Big Meet
15	Maria MITCHELL	SR	#3 Grand Valley State {3}	1.84		4:45.52 OT	2/14/25 Grand Valley State Big Meet
16	Evie BROOKS	SO	Wingate {2}	1.58		4:45.62	2/15/25 David Hemery Valentine Invit
17	Abigail ABUGIRE	FR	#5 West Texas A&M	1.31		4:45.75c (4:52.11A)	2/22/25 Lone Star Indoor Championsh
18	Allison BEASLEY	SR	Western Colorado	1.17		4:46.11c (5:02.17fA)	2/1/25 Big Red Machine Open
19	Grace STRONGMAN	JR	#9 Colo. School of Mines	1.01		4:46.62c OT (4:53.78A)	2/1/25 CU Invitational
20	Shannon KING	SR	Colorado Christian	0.91		4:46.69	2/15/25 David Hemery Valentine Invit
21	Kate STRADER	SR	#2 Pittsburg State	0.81		4:46.70	2/21/25 Arkansas Qualifier
22	Leah KEISLER	JR	#7 CSU Pueblo {3}	0.65		4:47.20 OT	2/15/25 Grand Valley State Big Meet II
23	Eliette CHAPUT	JR	#5 West Texas A&M {2}	0.49		4:47.70c (4:54.10A)	2/22/25 Lone Star Indoor Championsh
24	Katie HUGHES	JR	#4 Adams State {5}	0.32		4:48.30c (4:54.72A)	1/31/25 New Mexico Team Open
25	Emma KJELLEN	JR	Western Colorado {2}	0.21		4:48.39c (5:04.58fA)	2/21/25 RMAC Last Chance Qualifier
26	Evyn HUMPHREY	FR	Hillsdale	0.15		4:48.94 OT	3/1/25 G-MAC Indoor Championships
27	Emily LAMENA	FR	#9 Colo. School of Mines {2}	0.13		4:49.30c OT (4:56.53A)	2/1/25 CU Invitational
28	Alyna THIBAUT	SR	#20 Northwest Missouri	0.10		4:49.62	2/1/25 Washburn Open & Multis
29	Lily DOWDELL	SR	#8 Ashland	0.08		4:49.82 OT	3/1/25 G-MAC Indoor Championships
30	Caitlin BURMESTER	SR	Bentley	0.05		4:49.90	3/2/25 Boston University Last Chanc
31	Fiona HAWKINS	SR	#4 Adams State {6}	0.04		4:50.02c (4:56.47A)	1/31/25 New Mexico Team Open
32	Lieke HOOGSTEN	JR	#4 Adams State {7}	0.03		4:50.18c (4:56.64A)	2/15/25 Don Kirby Collegiate Elite
33	Lauren WILLSON	JR	Western Colorado {3}	0.02		4:50.28c (5:06.57fA)	2/21/25 RMAC Last Chance Qualifier
34	Ella BARYO	SR	Davenport (Mich.)	0.02		4:50.48 OT	2/14/25 Grand Valley State Big Meet
35	Rachael WATKINS	JR	#10 Simon Fraser	0.01		4:51.18	2/1/25 John Thomas Terrier Classic
35	Annika ESVELT	SR	Seattle Pacific	0.01		4:51.18	2/18/25 GNAC Indoor Championships



National TFRI Event Summary

Women's 3000 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Tristian SPENCE	SO	#4 Adams State	23.33		9:07.95	2/15/25 David Hemery Valentine Invit
2	Lauren KILEY	JR	#3 Grand Valley State	20.38		9:13.90 OT	2/1/25 Meyo Invitational
3	Ava O'CONNOR	SR	#4 Adams State {2}	17.95		9:16.64	2/15/25 David Hemery Valentine Invit
4	Natalie GRABER	SR	#3 Grand Valley State {2}	15.83		9:17.37 OT	2/1/25 Meyo Invitational
5	Anna FAUSKE	SR	#12 UC-Colorado Springs	13.59		9:18.96c (9:44.85fA)	3/1/25 RMAC Indoor Championships
6	Aria HAWKINS	SR	#23 Lee (Tenn.)	11.50		9:19.54	12/7/24 Sharon Colyear-Danville Seas
7	Maggie MCCLESKEY	JR	#4 Adams State {3}	10.24		9:21.18	2/15/25 David Hemery Valentine Invit
8	Emily LAMENA	FR	#9 Colo. School of Mines	8.83		9:24.63c (9:50.78fA)	3/1/25 RMAC Indoor Championships
9	Annika ESVELT	SR	Seattle Pacific	7.82		9:24.80 OT	2/1/25 Washington Invitational
10	Emily SCHOELLKOPF	SR	#4 Adams State {4}	6.58		9:27.13c (10:00.95fA)	1/25/25 Adams State Qualifier #2
11	Maria MITCHELL	SR	#3 Grand Valley State {3}	5.54		9:27.48 OT	3/2/25 GLIAC Indoor Championships
12	Alyssa BECKER	SR	#19 U-Mary	4.53		9:27.61c OT (9:43.80A)	2/1/25 CU Invitational
13	Taylor STONE	JR	Flagler	3.53		9:27.63	2/15/25 David Hemery Valentine Invit
14	Allison BEASLEY	SR	Western Colorado	2.50		9:27.90c (10:02.90fA)	2/21/25 RMAC Last Chance Qualifier
15	Kalkidan VINCENTEAU	SR	#5 West Texas A&M	1.91		9:28.82	12/7/24 Sharon Colyear-Danville Seas
16	Mia CABRERA	SO	Wingate	1.57		9:29.72	12/7/24 Sharon Colyear-Danville Seas
17	Paige MULLEN	SO	#2 Pittsburg State	1.27		9:30.22	2/21/25 Arkansas Qualifier
18	Hannah HARTWELL	SO	Fort Lewis	1.12		9:31.07c (9:57.52fA)	3/1/25 RMAC Indoor Championships
19	Naomi ADDO	FR	#5 West Texas A&M {2}	1.02		9:31.15c (9:45.57A)	2/22/25 Lone Star Indoor Championsh
20	Margot THOMAS	SR	#7 CSU Pueblo	0.91		9:31.17c (9:57.63fA)	3/1/25 RMAC Indoor Championships
21	Hannah SMRCKA	SR	Lewis	0.68		9:33.87 OT	2/14/25 Grand Valley State Big Meet
22	Katie HUGHES	JR	#4 Adams State {5}	0.58		9:33.94c (9:48.43A)	1/31/25 New Mexico Team Open
23	Sarah KOOMSON	SO	#5 West Texas A&M {3}	0.44		9:34.76c (9:49.27A)	1/31/25 New Mexico Team Open
24	Lesli SALAS	SO	Dallas Baptist	0.32		9:35.13	12/7/24 Sharon Colyear-Danville Seas
25	Allie ARNSMAN	SO	#3 Grand Valley State {4}	0.20		9:35.64 OT	3/2/25 GLIAC Indoor Championships
26	Lily DOWDELL	SR	#8 Ashland	0.15		9:36.03 OT	2/22/25 Ashland Last Chance Meet
27	Megan WILLIAMSON	SR	Dallas Baptist {2}	0.13		9:36.65c (9:51.21A)	2/22/25 Lone Star Indoor Championsh
28	Kate STRADER	SR	#2 Pittsburg State {2}	0.10		9:38.04	12/7/24 Sharon Colyear-Danville Seas
29	Sophia STRANGE	SR	#24 Oklahoma Baptist	0.08		9:38.16 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
30	Grace STRONGMAN	JR	#9 Colo. School of Mines {2}	0.05		9:38.24	2/7/25 Steve Miller Invitational
31	Sarah MAY	SR	Lewis {2}	0.04		9:38.99 OT	2/14/25 Grand Valley State Big Meet
32	Kristine KALTHOFF	SR	#19 U-Mary {2}	0.03		9:39.06c OT (9:55.57A)	2/1/25 CU Invitational
33	Rachael WATKINS	JR	#10 Simon Fraser	0.02		9:39.33c (9:51.56A)	2/8/25 Wolf Pack Classic
34	Camille RENOUE	SR	#7 CSU Pueblo {2}	0.02		9:39.53 OT	2/14/25 Grand Valley State Big Meet
35	Firdaouss HRICHE	FR	Wingate {2}	0.01		9:39.69	12/7/24 Sharon Colyear-Danville Seas



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Jenna RAMSEY-RUTLEDGE	SR	#9 Colo. School of Mines	24.15	15:40.98	12/7/24 Sharon Colyear-Danville Seas
2	Tristian SPENCE	SO	#4 Adams State	21.13	15:53.52	12/7/24 Sharon Colyear-Danville Seas
3	Hannah HARTWELL	SO	Fort Lewis	17.98	16:08.22 OT	2/14/25 Grand Valley State Big Meet
4	Annika ESVELT	SR	Seattle Pacific	15.85	16:09.93	12/7/24 Sharon Colyear-Danville Seas
5	Anna FAUSKE	SR	#12 UC-Colorado Springs	13.43	16:15.34	2/8/25 Bruce Lehane Scarlet and Whi
6	Emily SCHOELLKOPF	SR	#4 Adams State {2}	11.33	16:16.62	2/15/25 David Hemery Valentine Invit
7	Lauren KILEY	JR	#3 Grand Valley State	10.06	16:21.32 OT	12/6/24 Grand Valley State Holiday Op
8	Lily DOWDELL	SR	#8 Ashland	8.73	16:27.78 OT	2/14/25 Grand Valley State Big Meet
9	Alyssa BECKER	SR	#19 U-Mary	7.58	16:30.86 OT	2/15/25 SDSU Indoor Classic
10	Naomi ADDO	FR	#5 West Texas A&M	6.52	16:31.99	2/15/25 David Hemery Valentine Invit
11	Allie ARNSMAN	SO	#3 Grand Valley State {2}	5.44	16:33.60 OT	12/6/24 Grand Valley State Holiday Op
12	Paige MULLEN	SO	#2 Pittsburg State	4.40	16:34.56 OT	3/2/25 MIAA Indoor Championships
13	Lesli SALAS	SO	Dallas Baptist	3.38	16:34.98	3/2/25 Boston University Last Chanc
14	Megan WILLIAMSON	SR	Dallas Baptist {2}	2.34	16:35.65	3/2/25 Boston University Last Chanc
15	Anna IGIMS	SR	Slippery Rock	1.79	16:36.79 OT	2/14/25 Grand Valley State Big Meet
16	Maddie MILLER	JR	Illinois-Springfield	1.50	16:37.46 OT	2/14/25 Grand Valley State Big Meet
17	Elise LEVEEL	SR	#5 West Texas A&M {2}	1.24	16:37.74	2/15/25 David Hemery Valentine Invit
18	Hannah SMRCKA	SR	Lewis	1.13	16:38.18 OT	12/6/24 Grand Valley State Holiday Op
19	Margaux BASART	JR	#9 Colo. School of Mines {2}	0.96	16:41.15	12/7/24 Sharon Colyear-Danville Seas
20	Julie LAFARE	JR	#5 West Texas A&M {3}	0.85	16:41.19	2/15/25 David Hemery Valentine Invit
21	Reagan JUSTICE	SR	Wayne State (Mich.)	0.73	16:42.20 OT	2/14/25 Grand Valley State Big Meet
22	Abby OLSON	SR	#3 Grand Valley State {3}	0.61	16:43.12 OT	12/6/24 Grand Valley State Holiday Op
23	Ella BAKKEN	SR	Augustana (S.D.)	0.49	16:43.97c (16:51.66f)	3/1/25 NSIC Indoor Championships
24	Jacqueline SANCHEZ	SO	Stanislaus State	0.33	16:46.10 OT	2/15/25 Husky Classic
25	Grace STRONGMAN	JR	#9 Colo. School of Mines {3}	0.20	16:47.35	12/7/24 Sharon Colyear-Danville Seas
26	Sophia STRANGE	SR	#24 Oklahoma Baptist	0.15	16:47.40 OT	12/7/24 Crimson & Gold Invitational
27	Sarah KOOMSON	SO	#5 West Texas A&M {4}	0.13	16:48.54c (17:15.94A)	2/22/25 Lone Star Indoor Championsh
28	Grace BURRELL	SR	Wingate	0.10	16:49.15	12/7/24 Sharon Colyear-Danville Seas
29	Emily LAMENA	FR	#9 Colo. School of Mines {4}	0.08	16:54.83	12/7/24 Sharon Colyear-Danville Seas
30	Abbey KOZAK	SR	Lewis {2}	0.05	16:55.46 OT	12/6/24 Grand Valley State Holiday Op
31	Anna MARTIN	JR	Wingate {2}	0.04	16:56.47	12/7/24 Sharon Colyear-Danville Seas
32	Shannon KING	SR	Colorado Christian	0.03	16:56.68	12/7/24 Sharon Colyear-Danville Seas
33	Corinne LYNCH	JR	Cedarville	0.02	16:58.11 OT	2/14/25 Grand Valley State Big Meet
34	Beth SYKES	JR	Charleston (W.Va.)	0.02	16:59.98 OT	12/6/24 Grand Valley State Holiday Op
35	Kennedy ROUSH	SO	Anderson (S.C.)	0.01	17:01.12	2/15/25 David Hemery Valentine Invit



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Mary Ellis, Leah Smith, Jordan Taylor, Kylie RAY	#13 Findlay	22.68	3:38.21 OT	3/1/25	G-MAC Indoor Championships
2	Shoneal Clarke-Giddings, Shevanae Thomas, Maria Diamond, Shantae George	#25 Lincoln (Mo.)	20.32	3:38.86c (3:41.76f)	3/2/25	GLVC Indoor Championships
3	#Type!	Concord	17.85	3:39.69	1/25/25	Hokie Invitational
4	Elizabeth Vanderput, Claire Bosma, Emma Cannan, Marie-Eloise Leclair	#10 Simon Fraser	15.81	3:39.78	3/2/25	Boston University Last Chanc
5	Vitiana Robert, Sakara Wade, Oneika Brissett, Cynai Christopher	#18 Texas A&M-Kingsville	13.65	3:40.06c (3:39.62A)	2/22/25	Lone Star Indoor Championsh
6	Peace Nwaelehia, Asana Hamidu, Abigail Abugire, Blessing Akintoye	#5 West Texas A&M	11.57	3:40.21	3/2/25	Boston University Last Chanc
7	Brianna Chenevey, Montana Walker, Jade Avance, Mia Gardner	#8 Ashland	9.47	3:40.38 OT	3/1/25	G-MAC Indoor Championships
8	Hannah Lakin, Kamaria Carr, Kymia Woodard, Aerin Thompson	UT Tyler	7.13	3:41.00c (3:40.56A)	2/22/25	Lone Star Indoor Championsh
9	Robynn Rolle-Curry, Grace Obour, Brianna Shroyer, Eilika Lane	#1 Minnesota State	5.98	3:41.28c (3:44.22f)	2/15/25	Maverick Premier #2
10	Chloe Saenz, Jadyn Barnes, Anjelena Carder, Melanie Roland	#20 Northwest Missouri	4.94	3:41.35 OT	3/2/25	MIAA Indoor Championships
11	Catherine Guckenberger, Claire Neumann, Addison Washler, Alaina Diaz	#3 Grand Valley State	2.79	3:41.62 OT	2/21/25	Grand Valley State Tune-Up
12	Maddie O'Neill, Jamiya Morgan, Kinleigh Hall, Olivia Lowrey	#2 Pittsburg State	1.66	3:41.87 OT	2/15/25	Russ Jewett Indoor Gorilla Cla
13	Brianna Green, Shaniya Randolph, Ariana Vera, Kenahdi Haslip	Fresno Pacific	1.44	3:42.16 OT	2/15/25	Husky Classic
13	Isila Apkup, Sarah Cohen, Victoria Amiadamen, Alese Sartain	#4 Adams State	1.44	3:42.16c (3:41.72A)	2/15/25	Don Kirby Collegiate Elite
15	Cassandra Uribe, Caliyah Wallace, Nevaeh Lewis, Liana Rodriguez	Tiffin	1.08	3:42.62 OT	3/1/25	G-MAC Indoor Championships
16	Asia Foster, Delaney Riekert, Mary McKey, Kimberly McKinney	#24 Oklahoma Baptist	0.93	3:42.76 OT	2/15/25	Russ Jewett Indoor Gorilla Cla
17	Avery Winters, Kisha Francois, Ella Maclean, Hannah Caiola	Southern Connecticut	0.64	3:43.33	2/1/25	John Thomas Terrier Classic
18	Esther Conde-Turpin, Olivia Alexandre, Trinity Miller, Alayna Verner	#6 Azusa Pacific	0.51	3:43.48 OT	2/15/25	Husky Classic
19	Elizabeth Florez, Joy Egwu, Jozlyn Arana, Anna Salisbury	Lubbock Christian	0.36	3:43.79c (3:43.35A)	2/15/25	Texas Tech Jarvis Scott Invite
20	Jessie Heath, Trell'Kyrach Watkins, Maggie Neal, Nidhi Singh	Midwestern State	0.24	3:43.87c (3:43.43A)	2/22/25	Lone Star Indoor Championsh



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #6, March 4

21	Kelescia Downes, Tayen Werner, Morgan Hertz, Sakena Massiah	#19 U-Mary	0.10	3:44.23 OT	2/15/25 SDSU Indoor Classic
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National TFRI Event Summary

Women's Distance Medley Relay — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Maggie McCleskey, Alese Sartain, Lieke Hoogsteen, Tristian Spence	#4 Adams State	23.99	11:06.41c	(11:16.65A)	1/31/25	New Mexico Team Open
2	Jadyn Herron, Gabrielle Dunich, Leah Keisler, Helen Braybrook	#7 CSU Pueblo	21.65	11:08.55c	(11:18.82A)	1/31/25	New Mexico Team Open
3	Kalkidan Vincendeau, Blessing Akintoye, Abigail Abugire, Eliette Chaput	#5 West Texas A&M	18.20	11:17.93c	(11:28.34A)	1/31/25	New Mexico Team Open
4	Lauren Kiley, Catherine Guckenberger, Maria Mitchell, Natalie Graber	#3 Grand Valley State	16.06	11:18.80 OT		2/15/25	Grand Valley State Big Meet II
5	Kate Hedlund, Krissie Sanders, Rachel Goodrich, Anna Fauske	#12 UC-Colorado Springs	13.34	11:23.59c	(11:46.39fA)	2/16/25	Mountain Lion Open
6	Ana Patricia Campos, Maddox Mayfield, Lily Hare, Aria Hawkins	#23 Lee (Tenn.)	11.17	11:24.74		2/21/25	GSC (Gulf South) Indoor Cha
7	Paige Mullen, Olivia Lowrey, Claire Bruening, Kate Strader	#2 Pittsburg State	9.05	11:25.92 OT		2/15/25	Russ Jewett Indoor Gorilla Cla
8	Sophie Wright, Bec Bennett, Emmy Kroontje, Ila Davis	Western Washington	6.95	11:26.85 OT		2/1/25	Washington Invitational
9	Evie Brooks, Dounia Routbi, Baia Touza, Mia Cabrera	Wingate	5.93	11:27.09		2/8/25	Doc Hale Virginia Tech Elite
10	Hope Sievert, Montana Walker, Jade Avance, Lily Dowdell	#8 Ashland	4.83	11:28.08 OT		3/1/25	G-MAC Indoor Championships
11	Megan Williamson, Jesse Swan, Ellie Frye, Lesli Salas	Dallas Baptist	2.58	11:30.57 OT		2/15/25	Grand Valley State Big Meet II
12	Hailey Wilson, Jordan Taylor, Kylie RAY, Ella Webster	#13 Findlay	1.42	11:32.23 OT		2/15/25	Grand Valley State Big Meet II
13	Lydia McGlocklin, Chloe Saenz, Marie Dea, Alyna Thibault	#20 Northwest Missouri	1.30	11:32.38 OT		2/8/25	Bearcat Invite
14	Emma Kjellsen, Kelia Portis, Lauren Willson, Allison Beasley	Western Colorado	1.06	11:33.82c	(11:56.96fA)	3/1/25	RMAC Indoor Championships
15	Addie Mathis, Raina Baker, Phoebe Canatsey, Lexy Henrikson	Truman	0.82	11:36.69 OT		2/15/25	Grand Valley State Big Meet II
16	Anna Kozak, Faith Wyman, Janellisa Oceguela, Sarah MAY	Lewis	0.64	11:38.32 OT		2/15/25	Grand Valley State Big Meet II
17	Jacqueline Sanchez, Mila Real, Crystal Hernandez, Annie Wild	Stanislaus State	0.50	11:40.50c	(11:49.62A)	2/8/25	Wolf Pack Classic
18	Grace Strongman, Maya Evans, Avary Catchings, Jenna Ramsey-Rutledge	#9 Colo. School of Mines	0.40	11:40.86c	(12:04.24fA)	3/1/25	RMAC Indoor Championships
19	Kaylen King, Asia Foster, Kimberly McKinney, Sophia Strange	#24 Oklahoma Baptist	0.30	11:41.45 OT		2/15/25	Russ Jewett Indoor Gorilla Cla
20	Terez Wycklendt, Gabriell Apelian, Elizabeth Acheson, Alyssa Becker	#19 U-Mary	0.20	11:41.64 OT		2/15/25	SDSU Indoor Classic



National TFRI Event Summary

Women's Distance Medley Relay — 2025 Checkpoint #6, March 4

21	Emily Gordon, Renae Kutcha, Rachel Felstow, Taylor Hopkins	Wayne State (Mich.)	0.10	11:44.27 OT	2/15/25 Grand Valley State Big Meet II
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National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Kaylee DIAMOND	JR	#3 Grand Valley State	23.02	1.80m	5-10¾	3/2/25	GLIAC Indoor Championships
2	Alexandra HART	JR	#16 Washburn	20.52	1.79m	5-10½	2/15/25	Ichabod Invitational
3	Esther CONDE-TURPIN	JR	#6 Azusa Pacific	18.03	1.78m	5-10	12/7/24	Silver State Invitational & Mul
3	Erica SCHAMEL	SR	#2 Pittsburg State	18.03	1.78m	5-10	2/15/25	Russ Jewett Indoor Gorilla Cla
3	Samantha BRETZ	SR	Western Colorado	18.03	1.78m	5-10	3/1/25	RMAC Indoor Championships
6	Kora COOK	SO	Western Washington	11.08	1.76m	5-9¼	12/14/24	Spokane Invitational
6	Rachel WILSON	JR	#2 Pittsburg State {2}	11.08	1.76m	5-9¼	2/1/25	Pitt State Invitational
6	Haleigh HADLEY	SR	#2 Pittsburg State {2}	11.08	1.76m	5-9¼	2/1/25	Pitt State Invitational
9	Jamora HORACE	JR	#24 Oklahoma Baptist	7.75	1.75m	5-8¾	2/15/25	Russ Jewett Indoor Gorilla Cla
9	Eliana SAUNDERS	SR	#6 Azusa Pacific {2}	7.75	1.75m	5-8¾	2/15/25	Husky Classic
9	Amarianna LOFTON	JR	Central State	7.75	1.75m	5-8¾	1/18/25	HBCU Showcase
9	Luisa FISCHER	SR	#6 Azusa Pacific {2}	7.75	1.75m	5-8¾	12/7/24	Silver State Invitational & Mul
9	Noemie THIBAUD	FR	#1 Minnesota State	7.75	1.75m	5-8¾	2/22/25	Snowshoe Open
14	Emy NTEKPERE	SO	#17 Central Washington	2.46	1.74m	5-8½	12/14/24	Spokane Invitational
15	Bryn GREENWALDT	JR	Augustana (S.D.)	1.79	1.73m	5-8	2/1/25	SDSU D2/NAIA Open
15	Madison ALEGRIA	SR	#18 Texas A&M-Kingsville	1.79	1.73m	5-8	2/22/25	Lone Star Indoor Championsh
17	Madison RAMOS	JR	#18 Texas A&M-Kingsville {2}	1.12	1.72m	5-7¾	2/1/25	Robert Platt Invitational
17	Lillian WASHINGTON	JR	#1 Minnesota State {2}	1.12	1.72m	5-7¾	2/1/25	Mark Schuck Open and Multi
17	Porschia BENNETT	SO	East Stroudsburg	1.12	1.72m	5-7¾	1/17/25	Ramapo Season Opener
20	Nycole MESHEW	SO	Western Colorado {2}	0.70	1.71m	5-7¼	2/21/25	RMAC Last Chance Qualifier
20	Liezl THERON	JR	#23 Lee (Tenn.)	0.70	1.71m	5-7¼	2/21/25	GSC (Gulf South) Indoor Cha
20	Emily SWANSON	SR	Sioux Falls	0.70	1.71m	5-7¼	3/1/25	NSIC Indoor Championships
23	Nailah TAYLOR	SO	UW-Parkside	0.40	1.70m	5-7	1/25/25	John Tierney Classic
23	Hannah COOPER	SO	Montana St.-Billings	0.40	1.70m	5-7	2/20/25	Big Sky Tuner
23	Coryn FAIR	FR	#14 Missouri Southern	0.40	1.70m	5-7	1/17/25	Washburn Rust Buster
23	Ellie Lengerich	SR	Indianapolis	0.40	1.70m	5-7	12/7/24	Scott Fangman Invitational
23	Liz LANNOM	FR	#23 Lee (Tenn.) {2}	0.40	1.70m	5-7	1/17/25	Vanderbilt Indoor Invitational
23	Jazmine SEVERO	SO	Sonoma State	0.40	1.70m	5-7	1/17/25	NYC Gotham Cup
23	Samantha CASH	SR	West Virginia Wesleya	0.40	1.70m	5-7	2/24/25	Mountain East Indoor Champi
23	Abby WHEELER	JR	#8 Ashland	0.40	1.70m	5-7	3/1/25	G-MAC Indoor Championships
23	C'aira CARTER	SR	Tiffin	0.40	1.70m	5-7	3/1/25	G-MAC Indoor Championships
23	Amber WALKER	FR	Sonoma State	0.40	1.70m	5-7	12/7/24	Silver State Invitational & Mul
33	Karmen KUROWICKA	SO	Lewis	0.02	1.69m	5-6½	1/10/25	Lewis VS PNW Dual
33	Baelyn ZITZMANN	FR	Hillsdale	0.02	1.69m	5-6½	1/18/25	Hoosier Horsepower Classic
33	Sterling WEBB	SO	Lincoln Memorial	0.02	1.69m	5-6½	3/2/25	SAC Indoor Championships
33	Lily BROWN	FR	#2 Pittsburg State {4}	0.02	1.69m	5-6½	12/6/24	Boo Rogers Combined Events
33	Abbi WEBB	SR	Sioux Falls {2}	0.02	1.69m	5-6½	2/7/25	Ted Nelson Classic



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Brynn KING	SR #22 Roberts Wesleyan	24.86	4.60m	15-1	2/14/25	YSU Last Chance
2	Hayley RAYBURN	SR #9 Colo. School of Mines	20.89	4.40mA	14-5¼	2/1/25	Mines Winter Classic
3	Kyla DAVIS	SR #2 Pittsburg State	18.20	4.33m	14-2½	2/15/25	Russ Jewett Indoor Gorilla Cla
4	Annabeth BAALMANN	JR Fort Hays State	15.73	4.28m	14-½	2/21/25	Loper Tune-Up
5	Isabelle PETERS	SR #2 Pittsburg State {2}	13.66	4.27m	14-0	2/8/25	Frank Sevigne Husker Invitati
6	Isabel DEMARCO	FR #16 Washburn	11.59	4.26m	13-11¾	2/1/25	Washburn Open & Multis
7	Brooke BOWERS	FR #3 Grand Valley State	10.19	4.20m	13-9¼	2/21/25	Grand Valley State Tune-Up
8	Sarah FERGUSON	SO #22 Roberts Wesleyan {2}	8.85	4.15m	13-7¼	2/8/25	Brockport Multi & Invitational
8	Cannon BOOKER	FR #2 Pittsburg State {3}	8.85	4.15m	13-7¼	2/21/25	Arkansas Qualifier
10	Lauryn MCGOUGH	SO #17 Central Washington	6.48	4.08m	13-4½	2/18/25	GNAC Indoor Championships
11	Tara TOWNSEND	JR Hillsdale	5.31	4.03m	13-2½	1/31/25	Akron Invitational
11	Cadence SANSOM	JR Harding	5.31	4.03m	13-2½	2/22/25	Alex Wilson Invitational
13	Paige HICKSON	SR #1 Minnesota State	3.27	4.02m	13-2¼	12/7/24	Chuck Petersen Open
13	Darian HAUF	SR Millersville	3.27	4.02m	13-2¼	2/1/25	Bison Open & Multis
15	Dale THOMPSON	SR #9 Colo. School of Mines {2}	1.64	3.98mA	13-¾	3/1/25	RMAC Indoor Championships
15	Reagan HOUSLEY	SO #16 Washburn {2}	1.64	3.98m	13-¾	3/2/25	MIAA Indoor Championships
17	Elvira COLLVIN	FR #1 Minnesota State {2}	1.10	3.97m	13-¼	2/14/25	Maverick Premier #1
18	Brynlee KEERAN	JR Lewis	0.97	3.96m	12-11¾	2/7/25	Lewis Invitational
19	Melia COUCHMAN	SO #22 Roberts Wesleyan {3}	0.83	3.95m	12-11½	12/6/24	Akron Haynes Lancaster Open
19	Victoria HARVEY	SO #13 Findlay	0.83	3.95m	12-11½	2/1/25	Penn State National
19	Sarah MASUOKA	SR #8 Ashland	0.83	3.95m	12-11½	1/25/25	Ashland Invitational
22	Colleen STEINMETZ	FR #13 Findlay {2}	0.50	3.94m	12-11	2/15/25	Doug Raymond Invitational
23	Quincey TURNER	FR #2 Pittsburg State {4}	0.40	3.93m	12-10¾	2/15/25	Russ Jewett Indoor Gorilla Cla
23	Alexandrea ROBERTSON	FR #22 Roberts Wesleyan {4}	0.40	3.93m	12-10¾	2/28/25	Fastrack Last Chance
23	Karis KRAF	FR #22 Roberts Wesleyan {4}	0.40	3.93m	12-10¾	2/28/25	Fastrack Last Chance
26	Lizzy DAUGHERTY	SR Seattle Pacific	0.15	3.92m	12-10¼	2/18/25	GNAC Indoor Championships
27	Abby HOBBS	JR #14 Missouri Southern	0.13	3.91m	12-10	12/7/24	Crimson & Gold Invitational
28	Peyton PROFFITT	SO Ohio Dominican	0.10	3.88m	12-8¾	3/1/25	G-MAC Indoor Championships
28	Kaylee JACKSON	SR Hillsdale {2}	0.10	3.88m	12-8¾	3/1/25	G-MAC Indoor Championships
30	McKenna COMSTOCK	SR Sioux Falls	0.05	3.86m	12-8	2/21/25	SDSU Last Chance
31	Makyna FAUST	SO #2 Pittsburg State {5}	0.04	3.82m	12-6¼	2/8/25	Frank Sevigne Husker Invitati
31	Sydney MOHLMAN	SO Western Washington	0.04	3.82m	12-6¼	2/18/25	GNAC Indoor Championships
33	Brynn DEPINET	JR #23 Lee (Tenn.)	0.02	3.81m	12-6	2/8/25	UAB Green and Gold Invitatio
34	Kylie PADEN	JR Angelo State	0.02	3.80mA	12-5½	2/22/25	Lone Star Indoor Championsh
34	Tru BUDDENBERG	SO #13 Findlay {3}	0.02	3.80m	12-5½	2/1/25	Penn State National
34	Brooke PETERSON	JR #12 UC-Colorado Springs	0.02	3.80mA	12-5½	2/1/25	Big Red Machine Open



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Miranda LAUVSTAD	JR	#1 Minnesota State	23.60	6.22m	20-5	2/1/25	Mark Schuck Open and Multi
2	Denise HERNANDEZ	JR	Lewis	20.82	6.17m	20-3	2/14/25	NCC Chicagoland Intercollegi
3	Marie-Jeanne OUREGA	SR	#15 Academy of Art	18.66	6.16m	20-2½	12/7/24	Silver State Invitational & Mul
4	Anisha HENDERSON	SR	#24 Oklahoma Baptist	15.20	6.05m	19-10¼	1/17/25	Owen Hewett Invitational
4	Rachel BLASKOWSKI	JR	UW-Parkside	15.20	6.05m	19-10¼	12/7/24	Forever Red Alumni Classic
6	Mellanie NELLMER	FR	Central Missouri	11.10	6.04m	19-9¾	3/2/25	MIAA Indoor Championships
7	Jasmyn CRAWFORD	SR	CUI	9.89	6.02m	19-9	1/24/25	Concordia (Neb.) Classic
7	Adeyab BREWSTER	SR	#1 Minnesota State {2}	9.89	6.02m	19-9	3/1/25	NSIC Indoor Championships
7	MacKenzie WISSBROECKE	FR	Winona State	9.89	6.02m	19-9	1/17/25	Bearson-Gathje Classic
7	Alaina DIAZ	SO	#3 Grand Valley State	9.89	6.02m	19-9	2/21/25	Grand Valley State Tune-Up
11	Makayla WATSON	JR	#2 Pittsburg State	5.78	6.01m	19-8¾	12/7/24	Crimson & Gold Invitational
12	Laniyah CURRY	FR	Oklahoma Christian	4.68	6.00m	19-8¾	1/17/25	Owen Hewett Invitational
13	Haniyyah JOHNSON	JR	Mount Olive	3.58	5.99m	19-8	1/17/25	Finn Pincus Invitational
13	Auna CHILDRESS	SR	#2 Pittsburg State {2}	3.58	5.99m	19-8	2/28/25	MIAA Indoor Championships
15	Siby YAO	SR	#2 Pittsburg State {3}	1.97	5.98m	19-7½	12/7/24	Crimson & Gold Invitational
16	Jada KAMTHA	SO	New Haven	1.62	5.97m	19-7	12/7/24	Yale Season Opener
17	Neshara SMITH	JR	Cal Poly Pomona	1.21	5.95m	19-6¼	2/15/25	Maverick Premier #2
18	Ky'Ara ROSS	SO	West Liberty State	1.06	5.94m	19-6	2/24/25	Mountain East Indoor Champi
19	Makayla PAVELKA	JR	#2 Pittsburg State {4}	0.85	5.92m	19-5¼	2/14/25	Russ Jewett Indoor Gorilla Cla
20	Brooklyn BAKER	FR	#2 Pittsburg State {5}	0.70	5.91m	19-4¾	3/2/25	MIAA Indoor Championships
21	Jazmin BARRY	FR	MSU Moorhead	0.60	5.90m	19-4¼	12/13/24	Dakota Alumni Classic
22	Taylor WEIDNER	SR	#19 U-Mary	0.50	5.89m	19-4	2/22/25	Marauders Tune-Up
23	Ujunwa NWOKOMA	SR	Western Oregon	0.40	5.88m	19-3½	12/5/24	Silver State Invitational & Mul
23	Janara BRYANT	FR	Mount Olive {2}	0.40	5.88m	19-3½	2/24/25	Conference Carolinas Indoor
25	Emy NTEKPERE	SO	#17 Central Washington	0.20	5.87m	19-3¼	2/18/25	GNAC Indoor Championships
26	Viktoriia ERMOLAEVA	SO	#1 Minnesota State {3}	0.15	5.86m	19-2¾	2/15/25	Maverick Premier #2
27	Jodian STEWART	SO	Eastern New Mexico	0.13	5.85m	19-2½	2/22/25	Lone Star Indoor Championsh
28	Jai PIAZZA	SO	Emmanuel (Ga.)	0.10	5.84m	19-2	1/19/25	KMS Indoor Invitational
28	Sydney MCCARTY	SR	Carson-Newman	0.10	5.84m	19-2	3/1/25	SAC Indoor Championships
28	Kylee SALLEE	SR	Augustana (S.D.)	0.10	5.84m	19-2	2/7/25	Ted Nelson Classic
28	Jonon YOUNG	SO	Cal State LA	0.10	5.84m	19-2	2/28/25	Fastrack Last Chance
32	Hailey RIOS	SO	#8 Ashland	0.03	5.83m	19-1½	2/1/25	Midwest Classic
33	Kisha FRANCOIS	SR	Southern Connecticut	0.02	5.82m	19-1¼	2/1/25	Coach Greg Roy-al Rumble
33	Laura DELGADO DE TORRES	JR	Charleston (W.Va.)	0.02	5.82m	19-1¼	2/23/25	Mountain East Indoor Champi
35	Channie JEFFERSON	JR	Mount Olive {3}	0.01	5.81m	19-¾	2/24/25	Conference Carolinas Indoor
35	Shinelle JHAGROO	FR	McKendree	0.01	5.81m	19-¾	3/2/25	GLVC Indoor Championships



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Auna CHILDRESS	SR	#2 Pittsburg State	23.09	12.86m	42-2¼	2/28/25	MIAA Indoor Championships
2	Emy NTEKPERE	SO	#17 Central Washington	20.93	12.83m	42-1¼	2/8/25	Riverfront Invitational & Multi
3	Stella NEOPHYTOU	SR	#1 Minnesota State	18.39	12.73m	41-9¼	2/28/25	NSIC Indoor Championships
4	Ghada HAMDANI	SO	#1 Minnesota State {2}	16.07	12.67m	41-7	12/7/24	Chuck Petersen Open
5	Lillian WASHINGTON	JR	#1 Minnesota State {3}	13.66	12.59m	41-3¾	1/17/25	Bearson-Gathje Classic
6	Mikaela MILES	JR	Embry-Riddle (Fla.)	11.52	12.55m	41-2¼	2/18/25	Peach Belt Indoor Champions
7	Jonon YOUNG	SO	Cal State LA	10.27	12.48m	40-11½	2/28/25	Fasttrack Last Chance
8	Jazmin RAY	SR	#18 Texas A&M-Kingsville	8.94	12.39m	40-7¾	2/14/25	Howie Ryan Invitational
8	Leidy CUESTA	FR	#5 West Texas A&M	8.94	12.39m	40-7¾	2/21/25	Lone Star Indoor Championsh
10	Hanna REICHENBERGER	SR	Winona State	6.65	12.31m	40-4¾	2/15/25	Maverick Premier #2
11	Janara BRYANT	FR	Mount Olive	5.48	12.26m	40-2¾	2/24/25	Conference Carolinas Indoor
12	Lily BROWN	FR	#2 Pittsburg State {2}	4.42	12.23m	40-1½	1/24/25	Rumble in the Jungle Invitati
13	Karla HORMAZABAL	SR	Mount Olive {2}	3.30	12.16m	39-10¾	12/5/24	Liberty Kickoff
14	Claire KINTZLEY	SR	#9 Colo. School of Mines	2.28	12.15m	39-10½	1/31/25	Mines Winter Classic
15	Hanna ONOFRIIEVA	SO	Harding	1.76	12.14m	39-10	12/7/24	Crimson & Gold Invitational
16	Myah MORRIS	JR	Central Missouri	1.47	12.12m	39-9¼	2/28/25	MIAA Indoor Championships
17	Samantha CASH	SR	West Virginia Wesleya	1.13	12.07m	39-7¼	2/23/25	Mountain East Indoor Champi
18	Payton RODGERS	FR	#12 UC-Colorado Springs	1.01	12.06m	39-6¾	2/15/25	Mountain Lion Open
18	Aniya SEWARD	SR	#8 Ashland	1.01	12.06m	39-6¾	3/1/25	G-MAC Indoor Championships
20	Holly KONE	SR	#11 Lenoir-Rhyne	0.78	12.04m	39-6	2/1/25	Carolina Challenge
21	Camila SALVUCCI	FR	Chadron State	0.66	12.03m	39-5¾	2/22/25	Eagle Last Chance
22	Jada DAVID	JR	Benedict	0.54	12.02m	39-5¼	2/20/25	SIAC Indoor Championship
23	Marie-Jeanne OUREGA	SR	#15 Academy of Art	0.42	12.01m	39-5	12/5/24	Silver State Invitational & Mul
23	Gabrielle TEEL	JR	New Haven	0.42	12.01m	39-5	1/31/25	Harvard Invitational
25	Taylor WEIDNER	SR	#19 U-Mary	0.20	12.00m	39-4½	3/1/25	NSIC Indoor Championships
25	Kathryn CARROLL	JR	#12 UC-Colorado Springs {2}	0.20	12.00mA	39-4½	1/25/25	Colorado Running Company
27	Mallory HANEY	SR	UNC Pembroke	0.13	11.99m	39-4	2/24/25	Conference Carolinas Indoor
27	Savahnna GYASI-NIMAKO	SO	Ursuline	0.13	11.99m	39-4	2/21/25	Penn State Tune-Up
29	Jhnyia KNUCKLES	SO	Claflin	0.08	11.98m	39-3¾	2/17/25	CIAA Indoor Championships
30	Shannon HARNETT	SO	East Stroudsburg	0.05	11.96m	39-3	3/2/25	PSAC Indoor Championships
30	Ujunwa NWOKOMA	SR	Western Oregon	0.05	11.96m	39-3	2/17/25	GNAC Indoor Championships
30	Makayla PAVELKA	JR	#2 Pittsburg State {3}	0.05	11.96m	39-3	2/14/25	Russ Jewett Indoor Gorilla Cla
33	Laura DELGADO DE TORRES	JR	Charleston (W.Va.)	0.02	11.95m	39-2½	2/24/25	Mountain East Indoor Champi
34	Tyleah MOORER	JR	Limestone	0.02	11.93m	39-1¾	2/22/25	USC Indoor Open
35	Brittania INGRAM	JR	#25 Lincoln (Mo.)	0.01	11.92m	39-1¼	1/31/25	Washburn Open & Multis
35	Sasha LEE	SR	Shippensburg	0.01	11.92m	39-1¼	3/2/25	PSAC Indoor Championships



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Erika BEISTLE	JR	#3 Grand Valley State	26.31	17.20m	56-5¼	1/24/25	GVSU Bill Clinger Classic
2	Hannah RICHARDSON	SO	#6 Azusa Pacific	20.17	15.78mA	51-9¼	12/7/24	Silver State Invitational & Mul
3	Makenzie GARR	SO	Missouri Western	18.14	15.77m	51-9	1/18/25	Richard Alsup Open
4	Katryna HERNANDEZ	SR	#18 Texas A&M-Kingsville	15.30	15.42mA	50-7¼	2/22/25	Lone Star Indoor Championsh
4	Katherine HIGGINS	SR	#7 CSU Pueblo	15.30	15.42mA	50-7¼	3/1/25	RMAC Indoor Championships
6	Molly WINNER	SO	#8 Ashland	10.95	15.24m	50-0	3/1/25	G-MAC Indoor Championships
7	Dailynn VANDEREN	FR	#14 Missouri Southern	9.93	15.23m	49-11¾	2/21/25	Arkansas Qualifier
8	Cydney BANKS	SR	William Jewell	8.89	15.21m	49-11	2/8/25	Bearcat Invite
9	Briar GILLUM	SO	#14 Missouri Southern {2}	7.79	15.16m	49-9	1/18/25	Richard Alsup Open
10	Mele TAULA	SO	Emporia State	6.77	15.15m	49-8½	12/7/24	Washburn Alumni Invitational
11	Febe WESSELS	JR	#7 CSU Pueblo {2}	5.75	15.14mA	49-8¼	12/7/24	Early Grizzly Open
12	Kitt RUPAR	SR	#9 Colo. School of Mines	4.42	14.89mA	48-10¼	3/1/25	RMAC Indoor Championships
13	Kirsten WOMACK	SO	#14 Missouri Southern {3}	3.38	14.85m	48-8¾	3/2/25	MIAA Indoor Championships
14	Mackenzie BOHRER	SR	#3 Grand Valley State {2}	2.34	14.81m	48-7¼	3/2/25	GLIAC Indoor Championships
15	Allyssa MAHONE	SR	Missouri Western {2}	1.73	14.70m	48-2¾	3/2/25	MIAA Indoor Championships
16	Yassine KAMARA	JR	Bowie State	1.40	14.62m	47-11¾	1/31/25	Marlin Invitational
17	Kaitlyn GUM	SO	Tiffin	1.10	14.57m	47-9¾	2/8/25	Jud Logan Light Giver Collegi
18	Kennedy JACKSON	FR	#3 Grand Valley State {3}	0.98	14.55m	47-9	2/14/25	Grand Valley State Big Meet
19	Margaret STEVENSON	SR	#3 Grand Valley State {4}	0.80	14.33m	47-¼	2/8/25	GVSU Mike Lints Alumni Open
20	Kelsey KINSLEY	SR	#8 Ashland {2}	0.70	14.31m	46-11½	3/1/25	G-MAC Indoor Championships
21	Graice WAITE	FR	#23 Lee (Tenn.)	0.60	14.27m	46-10	2/21/25	GSC (Gulf South) Indoor Cha
22	Lily NOVACEK	JR	Neb.-Kearney	0.50	14.19m	46-6¾	3/2/25	MIAA Indoor Championships
23	Coulter BROOKE	SR	#13 Findlay	0.40	14.13m	46-4¼	2/8/25	Jud Logan Light Giver Collegi
24	Jessica POLKINGHORN	FR	Western Washington	0.30	14.09m	46-2¾	2/18/25	GNAC Indoor Championships
24	Fedra FLORENTIN	SR	Angelo State	0.30	14.09m	46-2¾	2/15/25	Texas Tech Jarvis Scott Invite
26	Kelsey HANSEN	SO	Northwood (Mich.)	0.15	14.02m	46-0	3/1/25	G-MAC Indoor Championships
27	Irieyanna WILSON	JR	Southern Arkansas	0.13	13.99m	45-10¾	2/1/25	Washburn Open & Multis
28	Madison MEARS	JR	Central Missouri	0.10	13.90m	45-7¼	3/2/25	MIAA Indoor Championships
29	Savannah SCHNECK	SO	Slippery Rock	0.08	13.82m	45-4¼	3/2/25	PSAC Indoor Championships
30	Kayla VANOSDEL	SR	Sioux Falls	0.05	13.78m	45-2½	2/14/25	Maverick Premier #1
31	Abby LASITER	JR	#2 Pittsburg State	0.04	13.75m	45-1½	1/17/25	Washburn Rust Buster
32	Rebecca MARTIN	JR	Slippery Rock {2}	0.03	13.72m	45-¼	12/6/24	Youngstown State Icebreaker
32	Meadow GALLENTINE	JR	#5 West Texas A&M	0.03	13.72mA	45-¼	2/22/25	Lone Star Indoor Championsh
34	Kamryn WILLIAMS	SO	Angelo State {2}	0.02	13.70mA	44-11½	2/22/25	Lone Star Indoor Championsh
35	Sarah HESSLER	JR	Millersville	0.01	13.68m	44-10¾	3/2/25	PSAC Indoor Championships



National TFRI Event Summary

Women's Weight Throw — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Molly WINNER	SO	#8 Ashland	24.23	20.36m	66-9¾	3/1/25	G-MAC Indoor Championships
2	Lily NOVACEK	JR	Neb.-Kearney	20.32	19.77m	64-10½	2/21/25	Loper Tune-Up
3	Leslie POLLOCK	SO	#8 Ashland {2}	18.23	19.74m	64-9¼	2/1/25	Midwest Classic
4	Meadow GALLENTINE	JR	#5 West Texas A&M	15.56	19.53mA	64-1	1/25/25	Colorado Running Company
4	Zoe PENTECOST	SR	Indianapolis	15.56	19.53m	64-1	3/2/25	GLVC Indoor Championships
6	Shelby ULVEN	JR	#3 Grand Valley State	11.30	19.41m	63-8¼	3/2/25	GLIAC Indoor Championships
7	Richella SPIELVOGEL	SR	Lake Erie	10.17	19.35m	63-6	3/1/25	G-MAC Indoor Championships
8	Allyssa MAHONE	SR	Missouri Western	9.15	19.34m	63-5½	2/15/25	Russ Jewett Indoor Gorilla Cla
9	Dailynn VANDEREN	FR	#14 Missouri Southern	7.82	19.19m	62-11½	3/2/25	MIAA Indoor Championships
10	Katie SAYLES	SR	Hillsdale	6.67	19.10m	62-8	1/18/25	Hoosier Horsepower Classic
11	Rachael MOLLOY	SR	Central Missouri	5.61	19.04m	62-5¾	3/2/25	MIAA Indoor Championships
12	Jennifer JARNAGIN	SR	#9 Colo. School of Mines	4.55	18.99mA	62-3¾	3/1/25	RMAC Indoor Championships
13	Alaina OMONODE	SR	#3 Grand Valley State {2}	3.50	18.94m	62-1¾	12/6/24	Grand Valley State Holiday Op
14	Briar GILLUM	SO	#14 Missouri Southern {2}	2.41	18.86m	61-10½	2/21/25	Arkansas Qualifier
15	Kamry LINDSEY	SR	Sioux Falls	1.87	18.83m	61-9½	2/21/25	SDSU Last Chance
16	Cydney BANKS	SR	William Jewell	1.46	18.68m	61-3½	2/8/25	Bearcat Invite
17	Audra HOGAN	SR	Indianapolis {2}	1.20	18.67m	61-3	3/2/25	GLVC Indoor Championships
18	Aubri BROWN	SO	#1 Minnesota State	1.04	18.62m	61-1¼	12/7/24	Chuck Petersen Open
19	Abby MCKINNEY	JR	Charleston (W.Va.)	0.80	18.42m	60-5¼	12/6/24	Marshall Opener
20	Mony ANDERSEN	JR	#1 Minnesota State {2}	0.70	18.41m	60-4¾	3/1/25	NSIC Indoor Championships
21	Adriel HOLLOWAY	JR	#16 Washburn	0.60	18.28m	59-11¾	3/2/25	MIAA Indoor Championships
22	Olivia NEWSOME	FR	Hillsdale {2}	0.50	18.24m	59-10¼	1/31/25	Akron Invitational
23	Samiyah LITTLE	JR	East Stroudsburg	0.40	18.18m	59-7¾	2/21/25	Bucknell Tune-Up
24	Abigail GILLESPIE	SR	#9 Colo. School of Mines {2}	0.30	18.11m	59-5	2/7/25	Steve Miller Invitational
25	Irma WATSON-PEREZ	SR	Newberry	0.20	18.07m	59-3½	2/22/25	USC Indoor Open
26	Abby LASITER	JR	#2 Pittsburg State	0.15	17.88m	58-8	12/7/24	Crimson & Gold Invitational
27	Lily BENEKE	SR	#1 Minnesota State {3}	0.13	17.87m	58-7½	2/21/25	Maverick Invitational
28	Kirsten WOMACK	SO	#14 Missouri Southern {3}	0.10	17.84m	58-6½	3/2/25	MIAA Indoor Championships
29	Olivia BAUMBERGER	SR	Sioux Falls {2}	0.08	17.67m	57-11¾	2/8/25	Wayne State (Neb.) Indoor Cla
30	Kelsey HANSEN	SO	Northwood (Mich.)	0.05	17.55m	57-7	3/1/25	G-MAC Indoor Championships
31	Savannah JORGENS	JR	#12 UC-Colorado Springs	0.04	17.52mA	57-5¾	3/1/25	RMAC Indoor Championships
32	Tatum MILLER	SO	Walsh	0.03	17.46m	57-3½	3/1/25	G-MAC Indoor Championships
33	Kelsey KENNON	SR	#13 Findlay	0.02	17.43m	57-2¼	2/21/25	Flag City Tune-Up
34	Brooke BURNS	SR	Charleston (W.Va.) {2}	0.02	17.42m	57-2	12/6/24	Marshall Opener
35	Marie SCHULER	JR	Angelo State	0.01	17.41mA	57-1½	2/22/25	Lone Star Indoor Championsh
35	Olivia OOSTDYK	SR	Lake Erie {2}	0.01	17.41m	57-1½	2/15/25	SPIRE Collegiate Indoor Game
35	Madison VERMETTEN	JR	Emporia State	0.01	17.41m	57-1½	2/15/25	Ichabod Invitational



National TFRI Event Summary

Women's Pentathlon — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Esther CONDE-TURPIN	JR	#6 Azusa Pacific	25.08	4,258c	(4258A)	12/7/24	Silver State Invitational & Mul
2	Miranda LAUVSTAD	JR	#1 Minnesota State	21.24	4,074		2/1/25	Mark Schuck Open and Multi
3	Emily SWANSON	SR	Sioux Falls	18.22	3,973		3/1/25	NSIC Indoor Championships
4	Luisa FISCHER	SR	#6 Azusa Pacific {2}	15.98	3,949c	(3949A)	12/7/24	Silver State Invitational & Mul
5	Viktoriia ERMOLAEVA	SO	#1 Minnesota State {2}	13.63	3,904		2/1/25	Mark Schuck Open and Multi
6	Avery WRIGHT	JR	#9 Colo. School of Mines	11.06	3,822cu	(3822A)	12/7/24	Mines Alumni Classic
7	Naiuri KREIN	JR	#16 Washburn	10.06	3,821 OT		3/2/25	MIAA Indoor Championships
8	Valerie OLSON	SR	#24 Oklahoma Baptist	8.87	3,793		2/1/25	Washburn Open & Multis
9	Lily BROWN	FR	#2 Pittsburg State	7.52	3,730 OT		3/2/25	MIAA Indoor Championships
10	Maria PEDROSO	SR	Augustana (S.D.)	6.45	3,709		3/1/25	NSIC Indoor Championships
11	Brooklyn GOULD	SR	Embry-Riddle (Fla.)	5.42	3,702		1/25/25	RADD College Invitational
12	Ellie Lengerich	SR	Indianapolis	4.39	3,693		12/7/24	Scott Fangman Invitational
13	Sterling WEBB	SO	Lincoln Memorial	3.31	3,670		3/2/25	SAC Indoor Championships
14	Kylee SALLEE	SR	Augustana (S.D.) {2}	2.21	3,641		3/1/25	NSIC Indoor Championships
15	Samantha CASH	SR	West Virginia Wesleya	1.68	3,634 OT		2/24/25	Mountain East Indoor Champi
16	Jadyn MULLEN	SO	#22 Roberts Wesleyan	1.38	3,618		2/22/25	Springfield College Triangle Cl
17	Alexa POST	JR	#1 Minnesota State {3}	1.10	3,610		2/1/25	Mark Schuck Open and Multi
18	Liezl THERON	JR	#23 Lee (Tenn.)	0.99	3,607		2/21/25	GSC (Gulf South) Indoor Cha
19	Maggie SALSURY	FR	#2 Pittsburg State {2}	0.85	3,597 OT		3/2/25	MIAA Indoor Championships
20	Laura DELGADO DE TORRES	JR	Charleston (W.Va.)	0.72	3,588 OT		2/24/25	Mountain East Indoor Champi
21	Afaf BENHADJA	SO	#18 Texas A&M-Kingsville	0.60	3,579c	(3579A)	2/22/25	Lone Star Indoor Championsh
22	Baelyn ZITZMANN	FR	Hillsdale	0.50	3,560 OT		3/1/25	G-MAC Indoor Championships
23	Toni DENMARK	SR	Walsh	0.40	3,551 OT		3/1/25	G-MAC Indoor Championships
24	Emma HEIN	FR	#6 Azusa Pacific {3}	0.30	3,548c	(3548.00A)	2/8/25	New Mexico Collegiate Classic
25	Kara FIELDS	SO	#8 Ashland	0.20	3,539 OT		3/1/25	G-MAC Indoor Championships
26	Ally HOLMBERG	SO	Wingate	0.15	3,517		3/2/25	SAC Indoor Championships
27	Lisa SUTHERLAND	SO	#9 Colo. School of Mines {2}	0.13	3,506cu	(3506A)	12/7/24	Mines Alumni Classic
28	Emily CURTICE	SR	Tiffin	0.10	3,505		12/14/24	Jimmy Grant Invitational
29	Maika CUENCA	JR	#15 Academy of Art	0.08	3,503		2/8/25	Riverfront Invitational & Multi
30	Payton PHILLIPS	SO	#2 Pittsburg State {3}	0.05	3,492 OT		3/2/25	MIAA Indoor Championships
31	Giovana PELASCINI	SO	CUI	0.04	3,489		1/25/25	Concordia (Neb.) Classic
32	Madeline NEWARK	JR	Edinboro	0.03	3,487		3/2/25	PSAC Indoor Championships
33	Isabella DAVIE	FR	Emporia State	0.02	3,470 OT		3/2/25	MIAA Indoor Championships
34	Kylie FRUSH	JR	Angelo State	0.02	3,464 OT		12/6/24	Boo Rogers Combined Events
35	Maya WRIGHT	JR	Missouri S&T	0.01	3,438		3/2/25	GLVC Indoor Championships