



Conference TFRI Team Summary

WOMEN — 2025 Checkpoint #7, March 11

CIAA

Current	Team	Score	Last Week
1	Fayetteville State	537.91	1
2	Winston-Salem State	476.51	2
3	Claflin	290.93	3
4	Virginia State	224.89	4
5	Lincoln (Pa.)	200.26	5
6	Johnson C. Smith	142.58	6
7	Livingstone	109.15	7
8	Bowie State	94.52	8
9	Virginia Union	86.16	9
10	Bluefield State	27.95	10
11	Shaw	6.83	11

CONFERENCE CAROLINAS

Current	Team	Score	Last Week
1	Mount Olive	638.83	1
2	Converse	462.84	2
3	UNC Pembroke	267.22	3
4	North Greenville	256.69	4
5	Belmont Abbey	246.62	5
6	Lees-McRae	142.71	6
7	Shorter	141.90	7
8	King	92.10	8
9	Barton	76.82	9
10	Southern Wesleyan (S	67.65	10
11	Emmanuel (Ga.)	52.30	11
12	Erschine	28.49	12
13	Young Harris	27.84	13

ECC

Current	Team	Score	Last Week
1	Felician	431.94	1
2	Roberts Wesleyan	425.89	2
3	UDC	294.21	3
4	D'Youville	273.78	4
5	Holy Family (Pa.)	245.21	5
6	Molloy	183.75	6
7	St. Thomas Aquinas	139.87	7
8	Daemen	137.08	8
9	Staten Island	117.07	9
10	Georgian Court	88.72	10
11	Queens (N.Y.)	60.12	11

GLIAC

Current	Team	Score	Last Week
1	Grand Valley State	1074.92	1
2	Wayne State (Mich.)	348.95	2
3	Northern Michigan	308.54	3
4	Saginaw Valley State	255.93	4
5	UW-Parkside	244.27	5
6	Davenport (Mich.)	173.21	6
7	Purdue Northwest (In	106.60	7
8	Ferris State	94.17	8
9	Lake Superior State	24.74	9
10	Roosevelt (Ill.)	5.48	10

GLVC

Current	Team	Score	Last Week
1	Lewis	628.45	1
2	Indianapolis	365.68	2
3	Lincoln (Mo.)	362.59	3
4	Southwest Baptist	272.98	4
5	Maryville (Mo.)	197.10	5
6	Missouri S&T	187.38	6
7	Truman	183.89	7
8	William Jewell	105.26	8
9	McKendree	75.73	9
10	Illinois-Springfield	75.09	10
11	Drury	41.58	11
12	Upper Iowa	30.73	12
13	Rockhurst	14.97	13
14	UMSL	11.06	14
15	Quincy (Ill.)	2.88	15

G-MAC

Current	Team	Score	Last Week
1	Ashland	639.23	1
2	Findlay	475.68	2
3	Hillsdale	401.81	3
4	Tiffin	329.04	4
5	Walsh	220.08	5
6	Cedarville	218.28	6
7	Ursuline	128.33	7
8	Northwood (Mich.)	85.55	8
9	Malone	37.40	9
10	Lake Erie	33.21	10
11	Ohio Dominican	16.43	11
12	Thomas More (Ky.)	10.44	12

GNAC

Current	Team	Score	Last Week
1	Western Washington	589.36	1
2	Western Oregon	380.00	2
3	Central Washington	377.18	3
4	Simon Fraser	352.93	4
5	Seattle Pacific	242.30	5
6	Alaska Anchorage	239.66	6
7	Northwest Nazarene	145.58	7
8	Montana St.-Billings	133.71	8
9	Saint Martin's	67.44	9

GSC

Current	Team	Score	Last Week
1	Lee (Tenn.)	805.54	1
2	Alabama-Huntsville	633.10	2
3	Mississippi College	367.85	4 ▲ 1
4	Montevallo	366.64	3 ▼ 1
5	Trevecca Nazarene	63.71	5
6	Christian Brothers	63.44	6



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INDEPENDENTS

Current	Team	Score	Last Week
1	Azusa Pacific	402.48	1
2	Oklahoma Baptist	279.96	2
3	Academy of Art	237.56	3
4	Fresno Pacific	192.34	4
5	Harding	189.33	5
6	Cal Poly Pomona	187.47	6
7	Stanislaus State	179.05	7
8	CUI	149.64	8
9	Cal State San Marcos	133.57	9
10	Ouachita Baptist	123.67	10
11	Sonoma State	116.12	11
12	Southern Arkansas	84.11	12
13	Cal State LA	54.82	13
14	Southeastern Oklaho	51.82	14
15	Northwestern Oklaho	42.83	15
16	Southern Nazarene	37.15	16
17	Michigan Tech	33.64	23 ▲ 6
18	West Alabama	29.55	22 ▲ 4
19	Cal Poly Humboldt	26.17	17 ▼ 2
20	Jessup (Calif.)	26.09	18 ▼ 2
21	Florida Southern	23.55	19 ▼ 2
22	Vanguard (Calif.)	20.29	20 ▼ 2
23	Arkansas Tech	18.57	21 ▼ 2
24	Tampa	6.36	24
25	UPR Rio Piedras	3.62	25
26	Wilmington (Del.)	3.14	26
27	Cal State Dominguez	1.52	28 ▲ 1
28	Dominican (N.Y.)	1.13	27 ▼ 1
29	Southwestern Oklaho	0.98	29
30	Bridgeport	0.94	30
31	Goldey-Beacom	0.86	31
32	Saint Michael's	0.80	32
33	Chestnut Hill	0.20	33

LONE STAR

Current	Team	Score	Last Week
1	West Texas A&M	729.01	1
2	Texas A&M-Kingsville	361.69	2
3	Angelo State	355.21	3
4	UT Tyler	253.21	4
5	Dallas Baptist	194.42	5
6	Eastern New Mexico	171.90	6
7	Oklahoma Christian	171.08	7
8	Midwestern State	139.66	8
9	Lubbock Christian	133.59	9
10	St. Edward's	38.87	10
11	Cameron	1.86	11

MIAA

Current	Team	Score	Last Week
1	Pittsburg State	842.02	1
2	Northwest Missouri	363.22	2
3	Washburn	334.23	3
4	Missouri Southern	262.38	4
5	Neb.-Kearney	180.73	5
6	Central Missouri	165.14	6
7	Fort Hays State	123.07	7
8	Emporia State	108.89	8
9	Rogers State	88.63	9
10	Missouri Western	87.01	10
11	Central Oklahoma	62.38	11

MOUNTAIN EAST

Current	Team	Score	Last Week
1	Charleston (W.Va.)	563.40	1
2	Point Park (Pa.)	365.02	2
3	West Liberty State	282.94	3
4	West Virginia Wesleya	266.99	4
5	West Virginia State	232.63	5
6	Davis and Elkins	211.69	6
7	Glenville State	179.09	7
8	Frostburg State	141.99	8
9	Concord	101.16	9
10	Wheeling	83.88	10

NORTHEAST-10

Current	Team	Score	Last Week
1	Southern Connecticut	724.62	1
2	New Haven	394.25	2
3	Saint Anselm	330.96	3
4	Southern New Hamps	320.89	4
5	Adelphi	206.54	5
6	Franklin Pierce	203.93	6
7	Assumption	171.24	7
8	Bentley	123.01	8
9	American International	39.52	9

NSIC

Current	Team	Score	Last Week
1	Minnesota State	929.08	1
2	U-Mary	432.49	2
3	Sioux Falls	303.45	3
4	Augustana (S.D.)	236.47	4
5	Winona State	201.60	5
6	Minnesota Duluth	134.99	6
7	Northern State	107.08	7
8	MSU Moorhead	67.62	8
9	Wayne State (Neb.)	58.18	9
10	Concordia-St. Paul	53.55	10
11	Southwest Minnesota	53.43	11
12	Bemidji State	35.16	12
13	Minot State	31.18	13
14	St. Cloud State	8.75	14

PBC

Current	Team	Score	Last Week
1	Embry-Riddle (Fla.)	900.74	1
2	Flagler	472.00	2
3	Clayton State	257.72	3
4	Lander	247.56	4
5	USC Beaufort (S.C.)	143.10	5

PSAC

Current	Team	Score	Last Week
1	Slippery Rock	527.51	1
2	Shippensburg	314.30	2
3	Millersville	256.81	3
4	East Stroudsburg	233.32	4
5	Kutztown	231.56	5
6	Edinboro	194.20	6
7	California (Pa.)	186.62	7
8	West Chester	139.55	8
9	Bloomsburg	136.24	9
10	Indiana (Pa.)	131.08	10
11	Lock Haven	108.76	11
12	Seton Hill	105.67	12
13	Pitt Johnstown	33.89	13
14	Clarion	33.00	14
15	Mansfield	7.78	15



Conference TFRI Team Summary

WOMEN — 2025 Checkpoint #7, March 11**RMAC**

Current	Team	Score	Last Week
1	UC-Colorado Springs	485.81	1
2	Colo. School of Mines	476.65	2
3	Colorado Mesa	358.61	3
4	Adams State	302.05	4
5	CSU Pueblo	256.59	5
6	New Mexico Highland	211.21	6
7	Western Colorado	204.71	7
8	MSU Denver	102.16	8
9	Black Hills State	85.18	9
10	Chadron State	50.58	10
11	Fort Lewis	47.06	11
12	Colorado Christian	40.60	12
13	South Dakota Mines	20.88	13
14	Westminster (Utah)	14.34	14
15	Regis (Colo.)	3.11	15

SAC

Current	Team	Score	Last Week
1	Wingate	619.02	1
2	Lenoir-Rhyne	437.27	2
3	Catawba	249.64	3
4	Tusculum	224.34	4
5	Anderson (S.C.)	214.79	5
6	Lincoln Memorial	211.16	6
7	Carson-Newman	186.56	7
8	Newberry	167.28	8
9	Mars Hill	76.17	9
10	Limestone	75.44	10
11	UVa-Wise	63.42	11
12	Emory and Henry	39.19	12
13	Coker	29.53	13

SIAC

Current	Team	Score	Last Week
1	Tuskegee	578.27	1
2	Central State	428.94	2
3	Benedict	379.76	3
4	Kentucky State	202.41	4
5	LeMoyne-Owen	150.21	5
6	Allen (S.C.)	140.11	6
7	Miles	130.90	7
8	Savannah State	87.18	8