



USTFCCCA NCAA Division II Indoor Track & Field Regional TFRI Team Summary



WOMEN — 2025 Checkpoint #7, March 11

ATLANTIC			
Current	Team	Score	Last Week
1	Slippery Rock	318.93	1
2	Charleston (W.Va.)	202.46	2
3	Winston-Salem State	196.70	3
4	East Stroudsburg	155.98	4
5	Shippensburg	148.83	5
6	Claflin	142.93	6
7	West Virginia Wesleyan	118.45	7
8	Millersville	115.65	8
9	Fayetteville State	115.03	9
10	Point Park (Pa.)	109.36	11 ▲ 1
11	Davis and Elkins	104.60	10 ▼ 1
12	Lincoln (Pa.)	95.65	12
13	Edinboro	92.63	13
14	Kutztown	91.51	14
15	West Virginia State	85.00	15

CENTRAL			
Current	Team	Score	Last Week
1	Pittsburg State	526.86	1
2	Minnesota State	479.87	2
3	U-Mary	240.58	3
4	Northwest Missouri	208.57	4
5	Washburn	162.68	5
6	Missouri Southern	139.93	6
7	Oklahoma Baptist	135.44	7
8	Lincoln (Mo.)	94.19	8
9	Sioux Falls	93.21	9
10	Winona State	87.81	10
11	Augustana (S.D.)	82.21	11
12	Central Missouri	64.95	12
13	Neb.-Kearney	60.93	13
14	Missouri Western	59.28	14
15	Fort Hays State	46.49	15

EAST			
Current	Team	Score	Last Week
1	Southern Connecticut	520.72	1
2	Roberts Wesleyan	295.74	2
3	New Haven	248.04	3
4	Felician	201.87	4
5	Southern New Hamps	193.45	5
6	UDC	163.80	6
7	Saint Anselm	158.59	7
8	D'Youville	142.13	8
9	Adelphi	96.58	9
10	Franklin Pierce	89.94	10
11	Molloy	86.77	11
12	Bentley	84.72	12
13	Holy Family (Pa.)	77.44	13
14	Assumption	73.18	14
15	St. Thomas Aquinas	48.44	15

MIDWEST			
Current	Team	Score	Last Week
1	Grand Valley State	527.25	1
2	Ashland	422.23	2
3	Findlay	265.29	3
4	Hillsdale	200.91	4
5	Lewis	190.57	5
6	Tiffin	186.83	6
7	Southwest Baptist	113.56	7
8	Indianapolis	99.10	8
9	UW-Parkside	83.08	9
10	Wayne State (Mich.)	77.14	10
11	Northern Michigan	68.99	11
12	Ursuline	57.74	12
13	Walsh	49.80	13
14	Cedarville	46.90	14
15	William Jewell	46.14	15

SOUTH			
Current	Team	Score	Last Week
1	Lee (Tenn.)	666.06	1
2	Alabama-Huntsville	411.70	2
3	Embry-Riddle (Fla.)	309.22	3
4	Montevallo	207.50	4
5	Mississippi College	205.56	5
6	Tuskegee	143.85	6
7	Central State	125.13	7
8	Benedict	109.86	8
9	Shorter	65.25	9
10	West Alabama	57.42	12 ▲ 2
11	Kentucky State	44.10	11
12	Florida Southern	41.47	10 ▼ 2
13	Miles	32.98	13
14	Allen (S.C.)	29.75	14
15	Christian Brothers	26.09	15

SOUTH CENTRAL			
Current	Team	Score	Last Week
1	West Texas A&M	365.33	1
2	Colo. School of Mines	330.00	2
3	UC-Colorado Springs	285.11	3
4	Texas A&M-Kingsville	236.64	4
5	Adams State	233.81	5
6	CSU Pueblo	186.29	6
7	Angelo State	166.17	7
8	Colorado Mesa	136.26	8
9	UT Tyler	120.27	9
10	New Mexico Highland	119.74	10
11	Western Colorado	110.59	11
12	Oklahoma Christian	70.95	12
13	Dallas Baptist	65.19	13
14	Eastern New Mexico	61.41	14
15	Lubbock Christian	49.53	15

SOUTHEAST			
Current	Team	Score	Last Week
1	Wingate	481.35	1
2	Mount Olive	353.77	2
3	Lenoir-Rhyne	322.27	3
4	Catawba	181.18	4
5	Converse	167.49	5
6	Tusculum	160.40	6
7	Anderson (S.C.)	156.67	7
8	Lincoln Memorial	148.15	8
9	Flagler	105.58	9
10	Carson-Newman	97.79	10
11	Newberry	93.39	11
12	UNC Pembroke	71.56	12
13	Mars Hill	49.10	13
14	Belmont Abbey	48.02	14
15	North Greenville	34.14	15

WEST			
Current	Team	Score	Last Week
1	Azusa Pacific	356.73	1
2	Western Washington	314.02	2
3	Simon Fraser	218.61	3
4	Academy of Art	202.79	4
5	Central Washington	184.43	5
6	Fresno Pacific	153.03	6
7	Western Oregon	148.86	7
8	Cal Poly Pomona	148.75	8
9	Stanislaus State	146.28	9
10	Seattle Pacific	145.43	10
11	CUI	116.63	11
12	Cal State San Marcos	105.99	12
13	Sonoma State	92.16	13
14	Alaska Anchorage	89.39	14
15	Montana St.-Billings	50.73	15