



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



American Rivers

as of 1/28/2025 9:16:37 AM ET

Women's 60 Meters

1	3	Emma SEIPEL	SR	#2 Loras	7.61	12/7
2	54	Harmony CREASY	SR	#2 Loras	{2}7.87	12/7
3	72	Emily MCMARTIN	JR	#3 Central (Iowa)	7.91	1/17
4	76	Ava PARKINS	SO	#3 Central (Iowa)	{2}7.92	1/17
5	82	Natalie CUMMINS	SR	#4 Nebraska Wesley	7.94	1/17
6		Madison HAYS	JR	#5 Simpson (Iowa)	8.00	12/13
7		JoJo TYNISMMAA	JR	#1 Wartburg	8.02	1/24
8		Mary GUSTASON	JR	#3 Central (Iowa)	{3}8.04	1/17
9		Meghan MCDONALD	SO	#2 Loras	{3}8.09	12/7
9		Jenna THORNBURG	FR	#5 Simpson (Iowa)	{2}8.09	1/18

Women's 800 Meters

1	22	Elly BURDS	JR	#2 Loras	2:16.48c	(2:18.05f)	1/18
2	31	Haley MEYER	JR	#1 Wartburg	2:17.52 OT		1/24
3	62	Delaney VACEK	JR	#4 Nebraska Wesley	2:20.44		1/24
4	93	Megan BAKKE	SO	#6 Buena Vista	2:22.08c	(2:23.71f)	1/25
5	96	Hannah RAMSEY	SO	#1 Wartburg	{2}2:22.31 OT		1/24
6		JoJo TYNISMMAA	JR	#1 Wartburg	{3}2:24.25c	(2:25.91f)	1/18
7		Jade ANDERSON	SO	#1 Wartburg	{4}2:24.59c	(2:26.25f)	12/7
8		Frankie CHAIDEZ	SR	#2 Loras	{2}2:25.39c	(2:27.06f)	1/24
9		Ava CARDER	JR	#5 Simpson (Iowa)	2:25.66 OT		1/24
10		Megan PICKAR	FR	#1 Wartburg	{5}2:27.38 OT		1/24

Women's 60 Meter Hurdles

1	15	Claire SCHROEDER	FR	#6 Buena Vista	8.93	1/25
2	20	Grace BRADEN	SO	#1 Wartburg	9.03	1/24
3	22	JoJo TYNISMMAA	JR	#1 Wartburg	{2}9.05	1/24
4	26	Keeley HOURIGAN	SR	#4 Nebraska Wesley	9.09	1/18
5	35	Olivia BOHLEN	JR	#3 Central (Iowa)	9.14	1/24
6	54	Ryann DECKER	FR	#1 Wartburg	{3}9.27	1/18
7	84	Annika ELCO	JR	#8 Luther	9.40	1/18
8	89	Rachel SMITH	SO	#4 Nebraska Wesley	{2}9.41	1/24
9		Lindsey MOORE	FR	#1 Wartburg	{4}9.51	1/18
10		Sophia STAHLE	SO	#1 Wartburg	{5}9.52	1/24

Women's Mile

1	15	Peyton STEFFEN	JR	#3 Central (Iowa)	4:58.75	1/24	
2	25	Frankie CHAIDEZ	SR	#2 Loras	5:02.36c	(5:05.35f)	12/7
3	61	Addy PARROTT	SR	#3 Central (Iowa)	{2}5:09.33	1/24	
4		Lydia MAAS	FR	#1 Wartburg	5:18.62c	(5:21.77f)	1/18
5		Becca DIDDIA	SR	#2 Loras	{2}5:19.37c	(5:22.53f)	1/18
6		Teah MILLER	FR	#3 Central (Iowa)	{3}5:20.71	1/24	
7		Bailey VAUGHAN	JR	#2 Loras	{3}5:23.78c	(5:26.98f)	1/18
8		Natalia WROBEL	SO	#2 Loras	{4}5:25.80c	(5:29.02f)	1/18
9		Kari MATHSEN	SO	#4 Nebraska Wesley	5:29.98	1/24	
10		Ella JOHNSON	SO	#1 Wartburg	{2}5:31.27 OT	1/24	

Women's 200 Meters

1	51	Emma SEIPEL	SR	#2 Loras	25.66c	(26.05f)	1/24
2	90	Emily MCMARTIN	JR	#3 Central (Iowa)	26.02	1/24	
3		Ava PARKINS	SO	#3 Central (Iowa)	{2}26.08	1/24	
4		Raegan LEVI	JR	#4 Nebraska Wesley	26.33c	(26.73f)	1/17
5		Natalie CUMMINS	SR	#4 Nebraska Wesley	{2}26.34c	(26.75f)	1/17
6		Madison HAYS	JR	#5 Simpson (Iowa)	26.38	12/13	
7		Chloe MOOBERRY	SO	#4 Nebraska Wesley	{3}26.82c	(27.23f)	1/17
8		Harmony CREASY	SR	#2 Loras	{2}26.97c	(27.38f)	1/24
9		Claire SCHROEDER	FR	#6 Buena Vista	26.98c	(27.40f)	1/25
10		Emma COOPER	FR	#5 Simpson (Iowa)	{2}27.27 OT	1/24	

Women's 3000 Meters

1	3	Peyton STEFFEN	JR	#3 Central (Iowa)	9:40.35 OT	12/14	
2	7	Addy PARROTT	SR	#3 Central (Iowa)	{2}9:52.46 OT	12/14	
3	41	Teghan BOOTH	SR	#5 Simpson (Iowa)	10:08.89 OT	1/24	
4		Maddie MERNA	JR	#1 Wartburg	10:32.98c	(10:38.40f)	1/18
5		Lydia MAAS	FR	#1 Wartburg	{2}10:33.22 OT	1/24	
6		Karle KRAMER	JR	#1 Wartburg	{3}10:47.77c	(10:53.32f)	1/18
7		Lily PETERSON	JR	#1 Wartburg	{4}10:49.43c	(10:54.99f)	1/18
8		Sydney BOCHMANN	FR	#1 Wartburg	{5}10:49.91 OT	1/24	
9		Ava VANCE	FR	#1 Wartburg	{6}10:54.42c	(11:00.03f)	1/18
10		Kate HUISINGA	JR	#5 Simpson (Iowa)	{2}10:57.60 OT	1/24	

Women's 400 Meters

1	60	Ava PARKINS	SO	#3 Central (Iowa)	59.26	1/24	
2	68	Emily MCMARTIN	JR	#3 Central (Iowa)	{2}59.55 OT	12/14	
3		Lizzy VAN UTRECHT	SO	#3 Central (Iowa)	{3}1:00.71 OT	12/14	
4		Claire SCHROEDER	FR	#6 Buena Vista	1:01.57 OT	12/7	
5		Jenna THORNBURG	FR	#5 Simpson (Iowa)	1:01.73 OT	1/24	
6		Olivia TOLLARI	JR	#1 Wartburg	1:02.55 OT	1/24	
7		Ava CUMMINGS	FR	#8 Luther	1:04.31c	(1:05.16f)	12/6
8		Maggie PREUSS	FR	#9 Coe	1:04.81c	(1:05.67f)	1/18
9		Chloe WIERSON	FR	#5 Simpson (Iowa)	{2}1:04.82c	(1:05.68f)	1/18
10		Abby PIERCE	SO	#2 Loras	1:05.53c	(1:06.40f)	1/24

Women's 5000 Meters

1	35	Ellie MEYER	SR	#1 Wartburg	17:45.21c	(17:53.36f)	12/7
2	46	Karle KRAMER	JR	#1 Wartburg	{2}17:56.10c	(18:04.34f)	12/7
3	51	Lydia MAAS	FR	#1 Wartburg	{3}17:58.95c	(18:07.21f)	12/7
4	58	Haley MEYER	JR	#1 Wartburg	{4}18:08.19c	(18:16.52f)	12/7
5	76	Kelly GIARDINA	JR	#1 Wartburg	{5}18:21.90c	(18:30.33f)	1/18
6		Sydney BOCHMANN	FR	#1 Wartburg	{6}18:46.98c	(18:55.61f)	12/7
7		Morgan ENGEL	SO	#1 Wartburg	{7}18:48.30c	(18:56.94f)	1/18
8		Emily RICHTER	SR	#1 Wartburg	{8}18:51.41c	(19:00.07f)	12/7
9		Abbey ANGUS	FR	#1 Wartburg	{9}19:03.11c	(19:11.86f)	1/18
10		Nadia BOWDEN	FR	#1 Wartburg	19:09.66c	(19:18.46f)	12/7



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American Rivers

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Women's 4x400 Relay

1	18	Haley Meyer, Ryann Decker, Bella Skay, JoJo Tynismaa	#1 Wartburg	4:02.08c	(4:05.29f)	1/18
2	24	Elly Burds, Layla Hughes, Emma Seipel, Harmony Creasy	#2 Loras	4:03.41c	(4:06.64f)	12/7
3	25	Natalie Cummins, Keeley Hourigan, Raegan Levi, Chloe Mooberry	#4 Nebraska Wesley	4:04.04		12/13
4	65	Madison Hays, Jenna Thornburg, Nicole Middents, Chloe Wierson	#5 Simpson (Iowa)	4:12.46c	(4:15.81f)	12/6
5	71	Mary Gustason, Olivia Bohlen, Alivia Roerdink, Riley Packer	#3 Central (Iowa)	4:13.33		1/24
6		Grace Kahon, Jaide Flowers, Faith Hayes, Amanda Pisciotta	#7 Dubuque	4:25.76c	(4:29.28f)	1/25
7		Megan Bakke, Ana Siech, Takara Conley, Ava Mills	#6 Buena Vista	4:30.74c	(4:34.33f)	1/18

Women's Distance Medley Relay

1	24	Elly Burds, Layla Hughes, Emily Delamora, Natalia Wrobel	#2 Loras	13:24.64c	(13:33.26f)	1/24
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Women's High Jump

1	2	Sara HOSKINS	SR	#2 Loras	1.70m	5-7	12/7
2	34	Julia KLEIN	JR	#2 Loras	{2}1.60m	5-3	1/18
2	34	Samantha NIELSEN	JR	#1 Wartburg	1.60m	5-3	1/24
2	34	Jaden GATTS	SO	#7 Dubuque	1.60m	5-3	1/25
5	80	Abigail WHITE	SR	#3 Central (Iowa)	1.56m	5-1¼	1/17
6	100	Katie DAILEY	SR	#8 Luther	1.55m	5-1	1/25
6	100	Aaliyah JOHNSON	SR	#5 Simpson (Iowa)	1.55m	5-1	12/6
8		Cadence SINCLAIR	SO	#3 Central (Iowa)	{2}1.53m	5-¼	1/17
9		Jessica LARSON	FR	#3 Central (Iowa)	{3}1.51m	4-11½	12/13
10		Grace CUMMINS	SO	#2 Loras	{3}1.50m	4-11	12/7
10		Ava MILLS	FR	#6 Buena Vista	1.50m	4-11	1/11

Women's Pole Vault

1	35	Amber VROMAN	SR	#3 Central (Iowa)	3.45m	11-3¾	12/13
2	44	Emily DRUSE	SR	#4 Nebraska Wesley	3.42m	11-2½	12/13
3		Leah HOWARD	JR	#3 Central (Iowa)	{2}3.05m	10-0	12/13
3		Autumn MCLAUGHLIN	JR	#7 Dubuque	3.05m	10-0	1/25
5		Kendra POPPE	SO	#4 Nebraska Wesley	{2}3.00m	9-10	1/17
5		Kylie MEYER	FR	#3 Central (Iowa)	{3}3.00m	9-10	1/17
7		Sydnee CHEEK	FR	#4 Nebraska Wesley	{3}2.97m	9-9	12/13
7		Libby DRIVER	FR	#4 Nebraska Wesley	{3}2.97m	9-9	12/13
9		Mya PLOOR	SR	#8 Luther	2.90m	9-6¼	1/25
10		Linnea HEDIN	JR	#8 Luther	{2}2.60m	8-6¼	12/6

Women's Long Jump

1	1	Emma SEIPEL	SR	#2 Loras	5.98m	19-7½	12/7
2	16	Harmony CREAMY	SR	#2 Loras	{2}5.59m	18-4¼	12/7
3	51	Natalie CUMMINS	SR	#4 Nebraska Wesley	5.36m	17-7	1/17
4	92	Madelyn (Maddie) MUCCI	FR	#2 Loras	{3}5.25m	17-2¾	12/7
5	99	Isabelle NORING	FR	#5 Simpson (Iowa)	5.23m	17-2	12/6
6		Shaniah JOHNSON	SR	#1 Wartburg	5.19m	17-½	1/18
7		Chloe MOOBERRY	SO	#4 Nebraska Wesley	{2}5.17m	16-11½	1/17
8		Emma LUECK	FR	#5 Simpson (Iowa)	{2}5.13m	16-10	12/13
9		Aaliyah JOHNSON	SR	#5 Simpson (Iowa)	{3}5.03m	16-6	12/6
10		Victoria ZOLTOWSKA	SR	#7 Dubuque	5.02m	16-5¾	1/25

Women's Triple Jump

1	22	Emma SEIPEL	SR	#2 Loras	11.40m	37-5	1/18
2	29	Madelyn (Maddie) MUCCI	FR	#2 Loras	{2}11.22m	36-9¾	1/18
3	62	Shaniah JOHNSON	SR	#1 Wartburg	10.86m	35-7¾	1/24
4	89	Julia KLEIN	JR	#2 Loras	{3}10.68m	35-½	12/7
5		Aaliyah JOHNSON	SR	#5 Simpson (Iowa)	10.58m	34-8½	12/13
6		Madeline BOULANGER	SO	#1 Wartburg	{2}10.49m	34-5	1/18
7		Samantha NIELSEN	JR	#1 Wartburg	{3}10.46m	34-4	1/18
8		Sangai DUKULY	SR	#9 Coe	10.24m	33-7¼	1/18
9		Amelia WRIGHT	FR	#1 Wartburg	{4}10.04m	32-11¼	1/18
10		Ella JUMPER	FR	#3 Central (Iowa)	9.52m	31-2¾	12/13

Women's Shot Put

1	8	Chloe REISER	SO	#7 Dubuque	13.60m	44-7½	1/25
2	17	Emmily BERGLUND	SO	#4 Nebraska Wesley	13.03m	42-9	1/17
3	18	Taylor FLAIG	SR	#2 Loras	13.01m	42-8¼	1/18
4	21	Courtney JOHNSON	SR	#6 Buena Vista	12.91m	42-4¼	12/7
5	28	Payton SCHERMERHORN	SO	#6 Buena Vista	{2}12.77m	41-10¾	1/25
6	35	Riley VICE	SR	#2 Loras	{2}12.67m	41-7	12/7
7	41	Abby VELD	FR	#1 Wartburg	12.57m	41-3	1/18
8	42	Ja'Dein MADISON	JR	#4 Nebraska Wesley	{2}12.55m	41-2¼	1/24
9	44	Caitlyn COX	JR	#2 Loras	{3}12.48m	40-11½	1/24
10	80	Olivia MERRILL	FR	#5 Simpson (Iowa)	12.09m	39-8	1/18

Women's Weight Throw

1	2	Caitlyn COX	JR	#2 Loras	19.08m	62-7¼	12/7
2	7	Taylor FLAIG	SR	#2 Loras	{2}17.95m	58-10¾	1/18
3	9	Emma TRUE	SR	#1 Wartburg	17.77m	58-3¾	1/24
4	20	Kaelyn MEANS	SO	#4 Nebraska Wesley	16.46m	54-0	12/13
5	40	Ja'Dein MADISON	JR	#4 Nebraska Wesley	{2}15.42m	50-7¼	1/17
6	70	Breen DUFFY	JR	#7 Dubuque	15.06m	49-5	1/25
7	75	Lyndsie BOSQUEZ	FR	#4 Nebraska Wesley	{3}14.96m	49-1	1/24
8	93	Abby VELD	FR	#1 Wartburg	{2}14.69m	48-2½	1/18
9	96	Tara JOCHUMSEN	SR	#1 Wartburg	{3}14.65m	48-¾	1/18
10		Riley VICE	SR	#2 Loras	{3}14.51m	47-7¼	1/24

Women's Pentathlon

1	51	Ava MILLS	FR	#6 Buena Vista	2,433 OT	12/7
2	57	Bridgette SMITH	SO	#2 Loras	2,359	12/7



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WOMEN — 2025 Week #1, January 28



C2C

as of 1/28/2025 9:16:37 AM ET

Women's 60 Meters

1	82 Yasmin DEANE	FR	#3 Mary Washington	7.94	12/6
2	Sophia REDMOND	JR	#3 Mary Washington	{2}8.00	1/25
3	Karia FORVIL	JR	#2 Salisbury	8.10	12/8
4	Lilly WILLIAMS	SO	#2 Salisbury	{2}8.15	12/8
5	Brooke HAMER	SO	#2 Salisbury	{3}8.29	1/24
6	Emma CHRISTMAN	JR	#2 Salisbury	{4}8.35	12/8
7	D'Yan ROBINSON	SO	#1 Christopher New	8.42	12/8
8	Carter FRENCH	SO	#1 Christopher New	{2}8.49	12/8
9	Jolene ADU	FR	#3 Mary Washington	{3}8.62	12/6
10	Alexandra GUZMAN	JR	#1 Christopher New	{3}8.78	1/17

Women's 60 Meter Hurdles

1	69 Ellie NUCKOLS	SO	#1 Christopher New	9.35	1/25
2	Brooke HAMER	SO	#2 Salisbury	9.48	12/8
3	Kennedy ATKINS	SO	#2 Salisbury	{2}9.68	12/8
4	Hayden ADAMS	FR	#2 Salisbury	{3}10.33	12/8
5	Alyssa WOHLFARTH	JR	#2 Salisbury	{4}10.43	12/8
6	Kendal BROWN		#1 Christopher New	{2}11.24	1/17
7	Mikaylea HARPER-LOUIS		#1 Christopher New	{3}12.12	1/17

Women's 200 Meters

1	90 Sydney TRUSSELL	SR	#1 Christopher New	26.02	1/25
2	Karia FORVIL	JR	#2 Salisbury	26.46c (26.87f)	12/8
3	Sophia REDMOND	JR	#3 Mary Washington	26.94c (27.35f)	1/18
4	Lilly WILLIAMS	SO	#2 Salisbury	{2}27.03c (27.45f)	12/8
5	Marlyse HAACK	JR	#2 Salisbury	{3}27.09	1/24
6	Mia HILL	JR	#2 Salisbury	{4}27.32	1/24
7	Brooke HAMER	SO	#2 Salisbury	{5}27.57c (27.99f)	12/8
8	Arieon MCKOY		#2 Salisbury	{6}27.75c (28.18f)	12/8
9	Alyssa WOHLFARTH	JR	#2 Salisbury	{7}30.04c (30.50f)	12/8

Women's 400 Meters

1	50 Ellie NUCKOLS	SO	#1 Christopher New	58.93	1/25
2	76 Sydney TRUSSELL	SR	#1 Christopher New	{2}59.71	1/25
3	Emma SMYSER	FR	#2 Salisbury	1:01.88c (1:02.70f)	12/8

Women's 800 Meters

1	Peri NELSON	SO	#2 Salisbury	2:26.66c (2:28.35f)	12/8
2	Josie BRUMFIELD	JR	#1 Christopher New	2:28.48	1/25
3	Morgan JARRELL	SO	#2 Salisbury	{2}2:32.20c (2:33.95f)	12/8
4	Sydney CHIPPERFIELD		#1 Christopher New	{2}2:35.92c (2:37.71f)	1/17
5	Katherine ARMSTRONG	JR	#3 Mary Washington	2:36.99c (2:38.80f)	1/18
6	Eyaya FLETCHER	SO	#3 Mary Washington	{2}2:37.80c (2:39.62f)	1/18
7	Didi DASILVA	SO	#1 Christopher New	{3}2:39.64c (2:41.48f)	1/17
8	Eliana RAMIREZ	SR	#3 Mary Washington	{3}2:58.87	12/6

Women's Mile

1	57 Anna BODMER	SO	#2 Salisbury	5:08.79c (5:11.84f)	12/8
2	82 Lily HOFFMAN	FR	#3 Mary Washington	5:12.13	1/25
3	Sarah DAKE	SO	#1 Christopher New	5:22.40c (5:25.59f)	1/17
4	Leah SNYDER	JR	#2 Salisbury	{2}5:31.49c (5:34.77f)	12/8
5	Lena BLAGG		#1 Christopher New	{2}5:34.63c (5:37.94f)	1/17
6	Josie BRUMFIELD	JR	#1 Christopher New	{3}5:36.98c (5:40.31f)	1/17
7	Jessica OBERLIES	SR	#3 Mary Washington	{2}5:41.94	1/25
8	Addy WALLIN	FR	#3 Mary Washington	{3}5:47.16	1/25
9	Katherine STREETER		#1 Christopher New	{4}5:49.27c (5:52.72f)	1/17
10	Ava WRAY	FR	#3 Mary Washington	{4}5:49.92	1/25

Women's 3000 Meters

1	81 Lily HOFFMAN	FR	#3 Mary Washington	10:22.02c(10:27.35f)	1/18
2	Sarah DAKE	SO	#1 Christopher New	10:52.73c(10:58.32f)	1/17
3	Madi SISSON	JR	#2 Salisbury	10:59.40	1/24
4	Kayla LOPEZ	SO	#1 Christopher New	{2}11:03.63c(11:09.32f)	1/17
5	Lena BLAGG		#1 Christopher New	{3}11:10.61	1/25
6	Jessica OBERLIES	SR	#3 Mary Washington	{2}11:15.70	1/25
7	Josie BRUMFIELD	JR	#1 Christopher New	{4}11:18.05c(11:23.86f)	1/17
8	Ava WRAY	FR	#3 Mary Washington	{3}11:49.44	12/6
9	Addy WALLIN	FR	#3 Mary Washington	{4}11:50.18	1/25
10	Katherine STREETER		#1 Christopher New	{5}11:54.95c(12:01.08f)	1/17

Women's 5000 Meters

1	62 Lily HOFFMAN	FR	#3 Mary Washington	18:12.04c(18:20.40f)	1/18
2	99 Sarah DAKE	SO	#1 Christopher New	18:38.58	1/25
3	Jessica OBERLIES	SR	#3 Mary Washington	{2}19:53.28c(20:02.41f)	1/18
4	Addy WALLIN	FR	#3 Mary Washington	{3}20:04.69	12/6
5	Ava WRAY	FR	#3 Mary Washington	{4}20:23.13	12/6

Women's 4x400 Relay

1	64 Lilly Williams, Karia Forvil, Marlyse Haack, Emma Smyser		#2 Salisbury	4:12.38c (4:15.73f)	12/8
2	98 Ashley Eley, Sydney Trussell, Kendal Brown, Ellie Nuckols		#1 Christopher New	4:17.41c (4:20.82f)	12/8

Women's High Jump

1	58 Ashley ELEY	SO	#1 Christopher New	1.58m	5-2¼	12/8
2	Hannah KING	SO	#2 Salisbury	1.53m	5-½	12/8
3	Ellie NUCKOLS	SO	#1 Christopher New	{2}1.44m	4-8¾	1/17
3	Mikaylea HARPER-LOUIS		#1 Christopher New	{2}1.44m	4-8¾	1/17
5	Kendal BROWN		#1 Christopher New	{4}1.43m	4-8¼	12/8

Women's Pole Vault

1	Lily KNOWLES	SO	#1 Christopher New	2.93m	9-7¼	12/8
1	Emma SMYSER	FR	#2 Salisbury	2.93m	9-7¼	12/8
3	Elizabeth LACOMBE	SO	#1 Christopher New	{2}2.77m	9-1	1/17
4	Mackenzie TATE	JR	#1 Christopher New	{3}2.62m	8-7	1/17



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C2C

as of 1/28/2025 9:16:38 AM ET

Women's Long Jump

1	31	Mia HILL	JR	#2 Salisbury	5.45m	17-10 ³ / ₄	12/8
2	36	Marlyse HAACK	JR	#2 Salisbury	{2}5.43m	17-9 ³ / ₄	1/24
3		Ellie NUCKOLS	SO	#1 Christopher New	5.14m	16-10 ¹ / ₂	1/25
4		Emma CHRISTMAN	JR	#2 Salisbury	{3}5.09m	16-8 ¹ / ₂	12/8
5		Kennedy ATKINS	SO	#2 Salisbury	{4}4.97m	16-3 ³ / ₄	1/24
6		Arieon MCKOY		#2 Salisbury	{5}4.91m	16-1 ¹ / ₂	12/8
7		Grace DAMEWOOD	SR	#1 Christopher New	{2}4.83m	15-10 ¹ / ₄	12/8
8		Hayden ADAMS	FR	#2 Salisbury	{6}4.70m	15-5	1/24
9		D'Yan ROBINSON	SO	#1 Christopher New	{3}4.66m	15-3 ¹ / ₂	1/17
10		Alexandra GUZMAN	JR	#1 Christopher New	{4}4.64m	15-2 ³ / ₄	1/17

Women's Triple Jump

1	56	Emma CHRISTMAN	JR	#2 Salisbury	10.89m	35-8 ³ / ₄	1/24
2		Marlyse HAACK	JR	#2 Salisbury	{2}10.55m	34-7 ¹ / ₂	1/24
3		Alexandra GUZMAN	JR	#1 Christopher New	10.45m	34-3 ¹ / ₂	1/17
4		D'Yan ROBINSON	SO	#1 Christopher New	{2}10.35m	33-11 ¹ / ₂	1/17
5		Mikaylea HARPER-LOUIS		#1 Christopher New	{3}9.92m	32-6 ¹ / ₂	12/8
6		Jolene ADU	FR	#3 Mary Washington	9.79m	32-1 ¹ / ₂	12/6
7		Arieon MCKOY		#2 Salisbury	{3}9.46m	31- ¹ / ₂	12/8

Women's Shot Put

1	52	Katherine STEVENS	SR	#1 Christopher New	12.39m	40-7 ³ / ₄	12/8
2		Kailey JARBOE	JR	#2 Salisbury	9.39m	30-9 ³ / ₄	12/8
3		Rylee EHRETT	SO	#1 Christopher New	{2}9.18m	30-1 ¹ / ₂	1/17
4		Alexa FRICK		#2 Salisbury	{2}9.05m	29-8 ¹ / ₄	12/8
5		Jenna WEINGARD		#2 Salisbury	{3}8.95m	29-4 ¹ / ₂	12/8
6		Charlotte WALDEMAR		#1 Christopher New	{3}8.71m	28-7	1/17
7		Theresa OETGEN	SO	#3 Mary Washington	7.96m	26-1 ¹ / ₂	1/18
8		Eleanor EUNGARD	JR	#1 Christopher New	{4}6.58m	21-7 ¹ / ₄	12/8

Women's Weight Throw

1	47	Katherine STEVENS	SR	#1 Christopher New	15.36m	50-4 ³ / ₄	12/8
2		Rylee EHRETT	SO	#1 Christopher New	{2}13.15m	43-1 ³ / ₄	1/17
3		Charlotte WALDEMAR		#1 Christopher New	{3}12.06m	39-6 ³ / ₄	12/8
4		Kailey JARBOE	JR	#2 Salisbury	11.43m	37-6	12/8
5		Eleanor EUNGARD	JR	#1 Christopher New	{4}10.34m	33-11 ¹ / ₄	12/8
6		Alexa FRICK		#2 Salisbury	{2}9.89m	32-5 ¹ / ₂	12/8
7		Jenna WEINGARD		#2 Salisbury	{3}8.48m	27-10	12/8
8		Theresa OETGEN	SO	#3 Mary Washington	7.75m	25-5 ¹ / ₄	1/18



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CCIW

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Women's 60 Meters

1	2	Alyssa BUSKER	SR	#1 Elmhurst	7.45	12/7
2	8	Lauren MARSHALL	SR	#1 Elmhurst	{2}7.67	1/18
2	8	De'Andranay CHISM	FR	#6 Millikin	7.67	12/7
4	12	McKenzie RESER	SR	#3 Augustana (Ill.)	7.69	12/7
5	17	Lindsey NOVAK	SR	#2 North Central (Ill)	7.71	1/18
6	20	Riana HAYES	JR	#8 North Park	7.74	1/18
7	47	Tiana GRADY	SO	#1 Elmhurst	{3}7.85	12/7
7	47	Imani OGUNRIBIDO	SO	#5 Illinois Wesleyan	7.85	12/7
9		Meja LINDBERG	SO	#8 North Park	{2}7.98	12/7
9		Allie DOCKINS	SR	#2 North Central (Ill){2}	7.98	1/10

Women's 800 Meters

1	8	Lina MAATOUK	SR	#3 Augustana (Ill.)	2:14.53c	(2:16.08f)	12/7
2	46	Alexandra REINHART	FR	#5 Illinois Wesleyan	2:19.14c	(2:20.74f)	1/18
3	51	Nayeli VILLEGAS	SO	#1 Elmhurst	2:19.91c	(2:21.52f)	12/7
4	67	Adriana CRABTREE	JR	#5 Illinois Wesleyan{2}	2:20.79c	(2:22.41f)	1/24
5	75	Emma MCGRATH	SR	#5 Illinois Wesleyan{3}	2:21.22c	(2:22.84f)	1/24
6	85	Brooklynn SWEIKAR	FR	#6 Millikin	2:21.71c	(2:23.34f)	1/18
7		Thea RING	JR	#8 North Park	2:22.89c	(2:24.53f)	12/7
8		Rebekah BUBOLTZ	JR	#7 Carroll (Wis.)	2:22.94c	(2:24.59f)	12/7
9		Hana SMITH	FR	#7 Carroll (Wis.)	{2}2:25.33c	(2:27.01f)	12/7
10		Kristin FARABAUGH	FR	#4 Carthage	2:26.37c	(2:28.06f)	1/24

Women's 60 Meter Hurdles

1	10	Nakala NADEAU	SR	#1 Elmhurst	8.87	1/25
2	11	Tiana GRADY	SO	#1 Elmhurst	{2}8.88	12/13
3	26	Thea RING	JR	#8 North Park	9.09	12/7
4	64	Isabella VALENTIN	FR	#2 North Central (Ill)	9.33	1/18
5	73	Brooke GREAVES	FR	#1 Elmhurst	{3}9.36	1/18
6		Anna ANDRETICH	SO	#1 Elmhurst	{4}9.64	12/7
6		Anna COTTER	SR	#2 North Central (Ill){2}	9.64	1/10
8		Kelsey MOORE	FR	#5 Illinois Wesleyan	9.77	12/7
9		Charlotte ROSSI	FR	#2 North Central (Ill){3}	9.78	1/18
10		Caylah BOYD	SO	#1 Elmhurst	{5}9.79	12/7

Women's Mile

1		Julia BENES	SR	#2 North Central (Ill)	5:24.24c	(5:27.45f)	1/10
2		Molly ROBERTS	JR	#1 Elmhurst	5:26.04		1/25
3		Emma MALLORY	SR	#6 Millikin	5:26.36c	(5:29.59f)	1/25
4		Marissa MAGANA	SO	#2 North Central (Ill){2}	5:29.14c	(5:32.39f)	1/18
5		Lily ANDERSON	SO	#2 North Central (Ill){3}	5:29.28c	(5:32.53f)	1/10
6		Keira NELSON	SR	#3 Augustana (Ill.)	5:29.90c	(5:33.16f)	1/18
7		Esther BROWN	SR	#1 Elmhurst	{2}5:34.09		1/25
8		Kylie FLORANCE	SO	#4 Carthage	5:36.96c	(5:40.29f)	12/7
9		Ryan JEDNACHOWSKI	SO	#3 Augustana (Ill.)	{2}5:38.69c	(5:42.04f)	1/18
10		Marie WEBER	FR	#3 Augustana (Ill.)	{3}5:39.18c	(5:42.53f)	1/18

Women's 200 Meters

1	3	De'Andranay CHISM	FR	#6 Millikin	24.42c	(24.80f)	1/18
2	4	Alyssa BUSKER	SR	#1 Elmhurst	24.51	12/13	
3	5	Lindsey NOVAK	SR	#2 North Central (Ill)	24.59c	(24.97f)	1/18
4	12	McKenzie RESER	SR	#3 Augustana (Ill.)	25.00c	(25.38f)	1/18
5	13	Thea RING	JR	#8 North Park	25.01c	(25.39f)	12/7
6	20	Lauren MARSHALL	SR	#1 Elmhurst	{2}25.19		1/25
7	23	Riana HAYES	JR	#8 North Park	{2}25.36	12/13	
8	47	Tiana GRADY	SO	#1 Elmhurst	{3}25.61	12/13	
9	64	Carmela WOODS	SO	#1 Elmhurst	{4}25.79c	(26.19f)	12/7
10		Allie DOCKINS	SR	#2 North Central (Ill){2}	26.11c	(26.51f)	1/18

Women's 3000 Meters

1	71	Emma ODLE	SR	#3 Augustana (Ill.)	10:20.52		1/25
2		Molly ROBERTS	JR	#1 Elmhurst	10:44.56c	(10:50.08f)	12/7
3		Keagan KNUE	FR	#7 Carroll (Wis.)	10:57.97c	(11:03.61f)	1/25
4		Julia BENES	SR	#2 North Central (Ill)	10:59.72c	(11:05.37f)	1/10
5		Lily ANDERSON	SO	#2 North Central (Ill){2}	11:11.70c	(11:17.45f)	1/10
6		Marissa MAGANA	SO	#2 North Central (Ill){3}	11:13.02c	(11:18.79f)	1/10
7		Teyla WENDT	FR	#6 Millikin	11:17.24c	(11:23.04f)	1/25
8		Jessica SOLAR	SO	#1 Elmhurst	{2}11:19.69		1/25
9		Sabrina KADOW	FR	#1 Elmhurst	{3}11:22.01		1/25
10		Katie JERBI	JR	#4 Carthage	11:30.66c	(11:36.58f)	1/18

Women's 400 Meters

1	9	Lindsey NOVAK	SR	#2 North Central (Ill)	56.63c	(57.38f)	1/18
2	35	Carmela WOODS	SO	#1 Elmhurst	58.54c	(59.31f)	12/7
3		Alexandra REINHART	FR	#5 Illinois Wesleyan	1:00.42c	(1:01.22f)	1/24
4		Cali MINKIE	JR	#2 North Central (Ill){2}	1:00.48c	(1:01.28f)	1/18
5		Nayeli VILLEGAS	SO	#1 Elmhurst	{2}1:01.43	12/13	
6		Gianna KONIECZNY	SR	#1 Elmhurst	{3}1:02.71c	(1:03.54f)	12/7
7		Rianna SCHULTZ	FR	#7 Carroll (Wis.)	1:03.08c	(1:03.91f)	1/25
8		#Type!	FR	#9 Wheaton (Ill.)	1:03.67c	(1:04.51f)	12/7
9		Svetlozara UVAKOVA	JR	#2 North Central (Ill){3}	1:05.06c	(1:05.92f)	1/24
10		Ashlyn DUNCAN	SR	#6 Millikin	1:05.52c	(1:06.39f)	1/25
10		Sherlyn CEBRERO FLORES	FR	#1 Elmhurst	{4}1:05.52c	(1:06.39f)	1/18

Women's 5000 Meters

1	19	Emma ODLE	SR	#3 Augustana (Ill.)	17:21.29c	(17:29.26f)	12/7
2	88	Julia BENES	SR	#2 North Central (Ill)	18:34.00c	(18:42.53f)	1/18
3		Lily ANDERSON	SO	#2 North Central (Ill){2}	18:40.50c	(18:49.08f)	1/18
4		Abby QUINN	JR	#5 Illinois Wesleyan	19:49.54c	(19:58.65f)	1/24
5		Annalese CHUDY	SR	#5 Illinois Wesleyan{2}	19:49.91c	(19:59.02f)	1/24
6		Brianna RUIZ	JR	#2 North Central (Ill){3}	20:04.48c	(20:13.70f)	1/18
7		Alyssa ROELLI	JR	#1 Elmhurst	20:18.99		1/25
8		Paige RUNKLE	SR	#2 North Central (Ill){4}	20:19.31c	(20:28.64f)	1/18
9		Katie NALLEY	SR	#1 Elmhurst	{2}20:37.08		1/25
10		Molly GLOVER	SR	#1 Elmhurst	{3}20:44.03		1/25



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Women's 4x400 Relay

1	14	Cora Deemer, McKenzie Reser, Jordyn VanSanten, Lina Maatouk	#3 Augustana (Ill.)	3:59.82c	(4:03.00f)	1/18
2	17	Isabella Gonzalez, Adriana Crabtree, Alexandra Reinhart, Jordynn Griffin	#5 Illinois Wesleyan	4:01.90c	(4:05.11f)	1/24
3	49	Alayna Schultz, Brooklynn Sweikar, Ashlyn Duncan, De'Andranay Chism	#6 Millikin	4:09.18c	(4:12.48f)	1/18
4	55	#Type!	#2 North Central (Ill)	4:10.24c	(4:13.56f)	1/18
5	61	Carmela Woods, Sherlyn Cebrero Flores, Gianna Konieczny, Sadie Hartmann	#1 Elmhurst	4:11.68		1/25
6	79	Anika Tollerud, Hana Smith, Tirzah Losos, Taylor Olund	#7 Carroll (Wis.)	4:15.10c	(4:18.48f)	12/7
7	93	Julie Heinrichs, Serena Coleman, Grace Nisius, Tara Schaalma	#4 Carthage	4:16.85c	(4:20.26f)	12/7
8	100	#Type!	#8 North Park	4:17.79c	(4:21.21f)	1/18
9		Hannah Harris, Chloe Dew, Olivia Kiddy, Abby Lawson	#9 Wheaton (Ill.)	4:19.19c	(4:22.63f)	12/7

Women's High Jump

1	12	Hailey CARAWAY	FR #1 Elmhurst	1.65m	5-5	12/7
2	21	Faith LADIN	SR #2 North Central (Ill)	1.63m	5-4¼	1/24
3	24	Grace CROWDER	SO #9 Wheaton (Ill.)	1.62m	5-3¾	12/7
4	58	Hannah SAGO	JR #6 Millikin	1.58m	5-2¼	1/18
5	66	Teagan JOHNSTON	SR #4 Carthage	1.57m	5-1¾	12/7
6	80	Thea RING	JR #8 North Park	1.56m	5-1¼	12/7
6	80	Pola KUBRAK	JR #2 North Central (Ill){2}	1.56m	5-1¼	1/18
6	80	Angelina CAMACI	JR #1 Elmhurst	{2}1.56m	5-1¼	1/25
9	100	Clare WHITNEY	FR #7 Carroll (Wis.)	1.55m	5-1	1/11
9	100	Evie WILSON	SR #5 Illinois Wesleyan	1.55m	5-1	12/7

Women's Pole Vault

1	8	Gwen BERENYI	JR #2 North Central (Ill)	3.77m	12-4½	1/18
2	20	Natalie JOHNSON	SR #2 North Central (Ill){2}	3.55m	11-7¾	1/18
3	59	Haylee YELLE	JR #6 Millikin	3.35m	10-11¾	1/25
4	99	Cora HELLER	FR #3 Augustana (Ill.)	3.20m	10-6	12/6
4	99	Julia KLEIN	JR #8 North Park	3.20m	10-6	12/7
6		Hailey NEWILL	JR #6 Millikin	{2}3.10m	10-2	1/18
6		Ariana RIVERA	SR #2 North Central (Ill){3}	3.10m	10-2	1/18
8		Kate WEBER	JR #1 Elmhurst	3.05m	10-0	12/7
9		Bella BACKUS	FR #7 Carroll (Wis.)	2.97m	9-9	1/25
10		Sophia BACZAK	FR #5 Illinois Wesleyan	2.95m	9-8	12/7
10		Lily WINTERGERST	JR #2 North Central (Ill){4}	2.95m	9-8	1/18
10		Ashtin ROY	SO #9 Wheaton (Ill.)	2.95m	9-8	12/7

Women's Long Jump

1	4	Paulina TINAJERO	SO #1 Elmhurst	5.80m	19-½	12/13
2	7	Lauren MARSHALL	SR #1 Elmhurst	{2}5.75m	18-10½	12/13
3	13	Christina HALL	JR #4 Carthage	5.60m	18-4½	1/18
4	20	Chloe SELMER	FR #1 Elmhurst	{3}5.53m	18-1¾	1/25
5	38	Faith LADIN	SR #2 North Central (Ill)	5.42m	17-9½	1/18
6	41	Vanessa CARR	JR #1 Elmhurst	{4}5.40m	17-8¾	12/7
7	54	Thea RING	JR #8 North Park	5.34m	17-6¼	12/7
8	69	Zena ROBERTS	SO #6 Millikin	5.30m	17-4¾	12/7
9	88	Abigail CALHOUN	SR #4 Carthage	{2}5.27m	17-3½	1/18
10		#Type!	FR #9 Wheaton (Ill.)	5.21m	17-1¼	12/7

Women's Triple Jump

1	5	Imani OGUNRIBIDO	SO #5 Illinois Wesleyan	12.28m	40-3½	1/24
2	10	Abigail CALHOUN	SR #4 Carthage	11.86m	38-11	12/7
3	13	Paulina TINAJERO	SO #1 Elmhurst	11.57m	37-11½	12/7
4	15	Chloe SELMER	FR #1 Elmhurst	{2}11.51m	37-9¼	1/25
5	27	Tara SCHAALMA	SO #4 Carthage	{2}11.25m	36-11	12/7
6	66	Francesca SMITH	SR #5 Illinois Wesleyan	{2}10.84m	35-6¾	12/7
7	70	Katie JANVRIN	JR #6 Millikin	10.81m	35-5¾	1/25
8	76	Vanessa CARR	JR #1 Elmhurst	{3}10.77m	35-4	12/7
9	87	Abbie LAYNE	SO #2 North Central (Ill)	10.69m	35-1	1/10
10		Sarah POLLEY	FR #5 Illinois Wesleyan	{3}10.58m	34-8½	12/7

Women's Shot Put

1	3	Heather MICHALSKI	SR #3 Augustana (Ill.)	13.86m	45-5¾	1/18
2	6	Maria FALK	SR #7 Carroll (Wis.)	13.62m	44-8¼	12/7
3	8	Madison PAYNE	JR #4 Carthage	13.60m	44-7½	12/7
4	25	Vanessa UITENBROEK	SR #7 Carroll (Wis.)	{2}12.84m	42-1½	12/7
5	43	Mikayla WRIGHT	SR #4 Carthage	{2}12.51m	41-½	1/24
6	45	Jackie TUZIL	JR #4 Carthage	{3}12.46m	40-10½	12/7
7	47	Makensie PEARSON	SO #4 Carthage	{4}12.43m	40-9½	12/7
8	86	Skyler BARBER	SO #3 Augustana (Ill.)	{2}12.03m	39-5¾	1/18
9		Lillian TOWNSEND	SO #4 Carthage	{5}11.76m	38-7	12/7
10		Bridget WUNDERLICH	SR #3 Augustana (Ill.)	{3}11.70m	38-4¾	1/18

Women's Weight Throw

1	13	Nicole TARPLEY	SR #4 Carthage	17.49m	57-4¾	1/18
2	15	Carlyssa KING	SR #5 Illinois Wesleyan	17.01m	55-9¾	1/24
3	21	Gabrielle HARDING	SR #2 North Central (Ill)	16.36m	53-8¼	1/18
4	50	Heather MICHALSKI	SR #3 Augustana (Ill.)	15.28m	50-1¾	1/18
5	59	Madison PAYNE	JR #4 Carthage	{2}15.14m	49-8¼	1/24
6	73	Vanessa UITENBROEK	SR #7 Carroll (Wis.)	15.02m	49-3½	1/25
7	95	Maria FALK	SR #7 Carroll (Wis.)	{2}14.68m	48-2	1/25
8		Caroline PLASIL	SO #7 Carroll (Wis.)	{3}14.30m	46-11	1/25
9		Jackie TUZIL	JR #4 Carthage	{3}14.02m	46-0	12/7
10		Bridget WUNDERLICH	SR #3 Augustana (Ill.)	{2}13.89m	45-7	12/7

Women's Pentathlon

1	2	Thea RING	JR #8 North Park	3,576		12/7
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Women's 60 Meters

1	Keyuna PEEBLES	SO	#2 Piedmont	8.30	1/19
2	Emma CHRISTENSEN	SR	#1 Covenant	8.33	1/25
3	Allison CANTRELL	SO	#2 Piedmont	{2}8.37	1/25
4	Annesha GREER	SR	#3 Belhaven (Miss.)	8.48	12/6
5	Nariah TRAVIS	FR	#4 Huntingdon (Ala)	8.90	1/19
6	Sara BJERKE	FR	#2 Piedmont	{3}9.14	1/19
7	Anna FREEMAN	FR	#2 Piedmont	{4}9.50	1/19

Women's Mile

1	Evangelia BERRY	SO	#1 Covenant	5:26.73	1/18
2	Skyler SEEBER	JR	#2 Piedmont	5:43.17	1/19
3	Kenzi STAPLETON	FR	#1 Covenant	{2}5:47.90	1/18
4	Emerson TILLERY	SO	#1 Covenant	{3}5:54.44	1/18
5	Claire MELLOTT	SO	#1 Covenant	{4}6:02.75c (6:06.34f)	1/25
6	Michaela MOORE	SO	#4 Huntingdon (Ala)	6:05.80	1/19
7	Ashley DAVIDSON	SO	#3 Belhaven (Miss.)	6:20.78	1/17
8	Kali HINA	SR	#1 Covenant	{5}6:39.26c (6:43.21f)	1/25
9	Evie GARRETT	FR	#4 Huntingdon (Ala)	{2}6:47.90	12/6
10	Myisha TURNER	JR	#3 Belhaven (Miss.)	{2}6:56.18	1/18

Women's 60 Meter Hurdles

1	Michelle CATES	JR	#2 Piedmont	10.51	1/25
2	Sara BJERKE	FR	#2 Piedmont	{2}11.02	1/25
3	Mya FARMER	FR	#4 Huntingdon (Ala)	11.26	12/6
4	Anna FREEMAN	FR	#2 Piedmont	{3}11.75	1/25

Women's 3000 Meters

1	Evangelia BERRY	SO	#1 Covenant	11:15.09	12/6
2	Emerson TILLERY	SO	#1 Covenant	{2}11:29.20	12/6
3	JoAnna CORNETTE	FR	#3 Belhaven (Miss.)	11:39.35	12/6
4	Greta MCLEAN	FR	#1 Covenant	{3}11:52.21	1/18
5	Michaela MOORE	SO	#4 Huntingdon (Ala)	12:11.62	1/19
6	Ashley DAVIDSON	SO	#3 Belhaven (Miss.)	{2}12:15.25	1/18
7	Claire MELLOTT	SO	#1 Covenant	{4}12:32.16	1/18

Women's 200 Meters

1	60 Kimona HAYNES	JR	#3 Belhaven (Miss.)	25.75	12/6
2	87 Ashaunti JONES	SR	#3 Belhaven (Miss.)	{2}25.97	12/6
3	Allison CANTRELL	SO	#2 Piedmont	27.68	1/19
4	Emma CHRISTENSEN	SR	#1 Covenant	27.77	1/18
5	Jakia JOINER	SO	#3 Belhaven (Miss.)	{3}27.95	1/18
6	Josephine SWINBURNSON	FR	#1 Covenant	{2}28.34	12/6
7	Daehla SMITH	SR	#1 Covenant	{3}28.67	12/6
8	Michelle CATES	JR	#2 Piedmont	{2}28.81	1/19
9	Annesha GREER	SR	#3 Belhaven (Miss.)	{4}29.10	12/6
10	Nariah TRAVIS	FR	#4 Huntingdon (Ala)	29.14	1/19

Women's 5000 Meters

1	Evangelia BERRY	SO	#1 Covenant	19:27.12c (19:36.05f)	1/25
2	Emerson TILLERY	SO	#1 Covenant	{2}19:54.78c (20:03.93f)	1/25
3	Greta MCLEAN	FR	#1 Covenant	{3}20:58.06c (21:07.69f)	1/25

Women's 400 Meters

1	15 Ashaunti JONES	SR	#3 Belhaven (Miss.)	57.48	1/17
2	44 Kimona HAYNES	JR	#3 Belhaven (Miss.)	{2}58.80	12/6
3	Josephine SWINBURNSON	FR	#1 Covenant	1:04.14	1/18
4	Sophia VELLECO	FR	#1 Covenant	{2}1:05.38	1/18
5	Tanea DAVIS	JR	#2 Piedmont	1:07.20c (1:08.09f)	1/25
6	Daehla SMITH	SR	#1 Covenant	{3}1:08.08	1/18
7	Taylor FAKES	SO	#3 Belhaven (Miss.)	{3}1:11.71	1/18
8	Bre TAYLOR	FR	#3 Belhaven (Miss.)	{4}1:14.14	1/18

Women's 4x400 Relay

1	Emma Christensen, Sophia Velleco, Daehla Smith, Josephine Swinburnson	#1 Covenant	4:25.11c (4:28.62f)	1/25
2	Michelle Cates, Bella Caccamo, Tanea Davis, Allison Cantrell	#2 Piedmont	4:25.14c (4:28.66f)	1/25

Women's 800 Meters

1	Ashaunti JONES	SR	#3 Belhaven (Miss.)	2:34.83	1/18
2	Sophia VELLECO	FR	#1 Covenant	2:37.21c (2:39.02f)	1/25
3	Kimona HAYNES	JR	#3 Belhaven (Miss.)	{2}2:40.21	1/18
4	Kate SMITH	SR	#4 Huntingdon (Ala)	2:41.07	1/19
5	JoAnna CORNETTE	FR	#3 Belhaven (Miss.)	{3}2:41.37	1/17
6	Michaela MOORE	SO	#4 Huntingdon (Ala)	{2}2:43.94	12/6
7	Myisha TURNER	JR	#3 Belhaven (Miss.)	{4}2:47.67	12/6
8	Courtney ADAMS	FR	#3 Belhaven (Miss.)	{5}2:48.43	1/18
9	Kali HINA	SR	#1 Covenant	{2}2:54.23	1/18
10	Evie GARRETT	FR	#4 Huntingdon (Ala)	{3}2:59.77	1/19

Women's High Jump

1	Emma CHRISTENSEN	SR	#1 Covenant	1.50m	4-11	1/25
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Women's Pole Vault

1	Sarah HOLLER	SR	#1 Covenant	2.70m	8-10¼	1/25
2	McLeer HALEY	FR	#2 Piedmont	2.55m	8-4¼	1/25
3	Ja'Nia GRAY	FR	#2 Piedmont	{2}2.30m	7-6½	1/19

Women's Long Jump

1	Allison CANTRELL	SO	#2 Piedmont	4.86m	15-11½	1/19
2	Josephine SWINBURNSON	FR	#1 Covenant	4.71m	15-5½	1/18
3	Jakia JOINER	SO	#3 Belhaven (Miss.)	4.69m	15-4¾	1/18
4	Tierra KELLY	FR	#3 Belhaven (Miss.)	{2}4.63m	15-2¼	1/18
5	Natalie BLACK	FR	#3 Belhaven (Miss.)	{3}4.60m	15-1¼	12/6
6	Emma CHRISTENSEN	SR	#1 Covenant	{2}4.52m	14-10	12/6
7	Daehla SMITH	SR	#1 Covenant	{3}4.25m	13-11½	1/25
8	Sara BJERKE	FR	#2 Piedmont	{2}4.09m	13-5	1/25



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CCS

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Women's Triple Jump

1	79	Jakia JOINER	SO	#3 Belhaven (Miss.)	10.74m	35-3	12/6
2		Natalie BLACK	FR	#3 Belhaven (Miss.) {2}	10.44m	34-3	1/17
3		Elie BERNDT	FR	#1 Covenant	9.40m	30-10¼	1/25

Women's Shot Put

1		Kayla WARD	SO	#2 Piedmont	10.61m	34-9¾	1/25
2		Sophia WIERSEMA	JR	#1 Covenant	10.50m	34-5½	1/18
3		Kailyn THOMAS	SR	#2 Piedmont	{2}9.23m	30-3½	1/19
4		Allie FELTUS	SR	#2 Piedmont	{3}8.89m	29-2	1/25
5		Taylor HOPGOOD	SO	#3 Belhaven (Miss.)	8.84m	29-0	1/17
6		Trinity TREADWAY	SO	#4 Huntingdon (Ala)	8.82m	28-11¼	12/6
7		Taylor SAVAGE	JR	#3 Belhaven (Miss.) {2}	8.52m	27-11½	12/6
8		Elie BERNDT	FR	#1 Covenant	{2}8.02m	26-3¾	1/25
9		Emma CHRISTENSEN	SR	#1 Covenant	{3}6.77m	22-2½	12/6

Women's Weight Throw

1		Kailyn THOMAS	SR	#2 Piedmont	12.66m	41-6½	1/19
2		Allie FELTUS	SR	#2 Piedmont	{2}12.54m	41-1¾	1/19
3		Sheelee GALLEGOS	SO	#2 Piedmont	{3}11.81m	38-9	1/19
4		Kayla WARD	SO	#2 Piedmont	{4}10.98m	36-¼	1/25
5		Trinity TREADWAY	SO	#4 Huntingdon (Ala)	9.23m	30-3½	1/19



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Centennial

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Women's 60 Meters

1	62	Chloe ZHANG	SO	#1 Johns Hopkins	7.89	1/18
2	76	Lauren DUNNIGAN	SO	#5 Franklin & Marsh	7.92	1/25
3		Nadly GYAPONG	FR	#3 Ursinus	7.99	12/6
4		Erin OLSAVSKY	JR	#2 Dickinson	8.01	12/8
5		Rainah DUNHAM	SR	#3 Ursinus	{2}8.12	1/19
6		Leah VALENTINE	FR	#1 Johns Hopkins	{2}8.14	12/7
7		Awurabena ANANE	SO	#7 Bryn Mawr	8.15	12/7
8		Lauren SIESKY	FR	#6 Muhlenberg	8.21	12/7
9		Maya RICHWINE	SO	#6 Muhlenberg	{2}8.24	1/18
10		Mirra KLIMOV	JR	#1 Johns Hopkins	{3}8.25	1/18

Women's 800 Meters

1	1	Annie HUANG	SR	#1 Johns Hopkins	2:09.41	1/25
2	57	Diana VALENTINI	SO	#1 Johns Hopkins	{2}2:20.26c (2:21.87f)	1/18
3	64	Emily ROSKOWSKI	FR	#1 Johns Hopkins	{3}2:20.60c (2:22.22f)	1/18
4	80	Lily TREMBA	SO	#1 Johns Hopkins	{4}2:21.55c (2:23.18f)	1/18
5		Amiyah PRIEBE	SR	#2 Dickinson	2:22.61c (2:24.25f)	12/13
6		Ania WONG	FR	#4 Swarthmore	2:22.88	1/24
7		Emma KOTHARI	JR	#1 Johns Hopkins	{5}2:23.04c (2:24.69f)	1/18
8		Myra NAQVI	SR	#2 Dickinson	{2}2:24.63c (2:26.29f)	1/18
8		Marley KUREY	SO	#2 Dickinson	{2}2:24.63c (2:26.29f)	1/18
10		Annalise KAUFFMAN	JR	#5 Franklin & Marsh	2:24.78c (2:26.45f)	12/6

Women's 60 Meter Hurdles

1	26	Lauren DUNNIGAN	SO	#5 Franklin & Marsh	9.09	1/18
2	39	Maya RICHWINE	SO	#6 Muhlenberg	9.16	1/24
3	95	Claudia OUIMET	FR	#1 Johns Hopkins	9.44	1/25
4		Samantha WECHSLER	SO	#3 Ursinus	9.48	12/7
5		Leah BIWOTT	SR	#2 Dickinson	9.72	1/25
5		Kaelin RYAN	JR	#3 Ursinus	{2}9.72	1/25
7		Annie LEDER	SR	#2 Dickinson	{2}9.79	12/13
8		Hannah SWALE	JR	#4 Swarthmore	9.91	1/17
9		Niki MATTHEWS	JR	#6 Muhlenberg	{2}10.05	1/24
10		Jaclyn DONOHO	JR	#1 Johns Hopkins	{2}10.13	1/24

Women's Mile

1	11	Mackenzie SETTON	JR	#1 Johns Hopkins	4:58.00	1/25
2	20	Harrinee SENTHILKUMAR	SR	#1 Johns Hopkins	{2}5:01.31	1/24
3	21	Emma KOTHARI	JR	#1 Johns Hopkins	{3}5:01.34	1/25
4	29	Emma PUETZ	SR	#1 Johns Hopkins	{4}5:03.76c (5:06.76f)	1/18
5	33	Elena BLODNIKAR	FR	#1 Johns Hopkins	{5}5:05.09c (5:08.11f)	1/18
6	35	Diana VALENTINI	SO	#1 Johns Hopkins	{6}5:05.43	1/25
7	43	Carter BROTHERTON	FR	#1 Johns Hopkins	{7}5:06.50c (5:09.53f)	1/18
8	80	Amiyah PRIEBE	SR	#2 Dickinson	5:12.02c (5:15.10f)	12/8
9	99	Phoebe WHITE	SR	#1 Johns Hopkins	{8}5:14.04	1/25
10		Amaiah MCINTOSH	SR	#1 Johns Hopkins	{9}5:16.76	1/24

Women's 200 Meters

1		Erin OLSAVSKY	JR	#2 Dickinson	26.19c (26.59f)	12/8
2		Lianne SAUSSY	JR	#1 Johns Hopkins	26.49c (26.90f)	1/18
3		Nadly GYAPONG	FR	#3 Ursinus	26.50	12/6
4		Ellie LEWIS	SO	#1 Johns Hopkins	{2}26.77c (27.18f)	1/18
5		Kaelin RYAN	JR	#3 Ursinus	{2}26.80c (27.21f)	1/19
6		Maya RICHWINE	SO	#6 Muhlenberg	26.83	1/24
7		Hannah GARROU	JR	#4 Swarthmore	27.05	1/25
8		Ryan BIGELOW	SO	#1 Johns Hopkins	{3}27.08c (27.50f)	1/18
9		Leah VALENTINE	FR	#1 Johns Hopkins	{4}27.10	12/7
10		Bella JOHNSON		#5 Franklin & Marsh	27.29c (27.71f)	1/18

Women's 3000 Meters

1	11	Adriana CATALANO	JR	#1 Johns Hopkins	9:55.84	1/25
2	12	Elena BLODNIKAR	FR	#1 Johns Hopkins	{2}9:55.88	1/25
3	13	Emma PUETZ	SR	#1 Johns Hopkins	{3}9:56.63	1/25
4	18	Carter BROTHERTON	FR	#1 Johns Hopkins	{4}9:58.24	1/25
5	33	Mackenzie SETTON	JR	#1 Johns Hopkins	{5}10:05.75	12/7
6	35	Aisling CALLAHAN	JR	#1 Johns Hopkins	{6}10:06.33	12/7
7	83	Storrie KULYNYCH-IRVIN	FR	#1 Johns Hopkins	{7}10:22.51c(10:27.84f)	1/18
8	87	Cooper BROTHERTON	JR	#1 Johns Hopkins	{8}10:23.61	1/25
9	97	Phoebe WHITE	SR	#1 Johns Hopkins	{9}10:25.49	12/7
10		Liza BARBASH	FR	#2 Dickinson	10:28.67c(10:34.06f)	1/18

Women's 400 Meters

1	32	Annie HUANG	SR	#1 Johns Hopkins	58.38c (59.15f)	1/18
2	61	Lianne SAUSSY	JR	#1 Johns Hopkins	{2}59.29	1/25
3		Madison BROWN	SR	#2 Dickinson	1:01.62c (1:02.43f)	12/8
4		Ryan BIGELOW	SO	#1 Johns Hopkins	{3}1:01.65	1/25
5		Abbe KITCHIN	SR	#2 Dickinson	{2}1:01.67c (1:02.48f)	1/18
6		Bella JOHNSON		#5 Franklin & Marsh	1:01.85c (1:02.67f)	12/6
7		Lorna ARCESE	JR	#1 Johns Hopkins	{4}1:02.43	1/25
8		Marley KUREY	SO	#2 Dickinson	{3}1:02.89c (1:03.72f)	12/13
8		Kaelin RYAN	JR	#3 Ursinus	1:02.89	1/25
10		Hannah GARROU	JR	#4 Swarthmore	1:03.09	1/25

Women's 5000 Meters

1	23	Triya ROY	SR	#1 Johns Hopkins	17:25.92c(17:33.93f)	12/7
2	27	Sydney SHOCK	FR	#1 Johns Hopkins	{2}17:38.34c(17:46.44f)	12/7
3	29	Cooper BROTHERTON	JR	#1 Johns Hopkins	{3}17:40.45c(17:48.57f)	12/7
4	41	Jamie STELNIK	SR	#1 Johns Hopkins	{4}17:52.82c(18:01.03f)	12/7
5	43	Izzy NOBILLI	JR	#1 Johns Hopkins	{5}17:54.07c(18:02.29f)	12/7
6	61	Bella STENHOUSE	SO	#1 Johns Hopkins	{6}18:11.99c(18:20.35f)	12/7
7	90	Myra NAQVI	SR	#2 Dickinson	18:34.53c(18:43.06f)	12/8
8	91	Natalie BOQUIST	SO	#1 Johns Hopkins	{7}18:34.65c(18:43.18f)	12/7
9	94	Amelia GILES	SO	#1 Johns Hopkins	{8}18:36.94c(18:45.49f)	12/7
10	95	Gabrielle THIRY		#8 Gettysburg	18:36.96	1/25



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Centennial

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Women's 4x400 Relay

1	12	Annie Huang, Lianne Saussy, Ryan Bigelow, Lorna Arcese	#1 Johns Hopkins	3:59.23		1/25
2	58	Abbe Kitchin, Marley Kurey, Lily Swain, Madison Brown	#2 Dickinson	4:11.05c (4:14.38f)		1/18
3	81	Abby Bachman, Jordyn Collie, Emily Jones, Annalise Kauffman	#5 Franklin & Marsh	4:15.39c (4:18.78f)		12/6
4		Dominique La grenade, Veronica Kanachova, Rachel November, Anastasia Jaycobs	#9 Haverford	4:18.41		1/24
5		Molly Fancher, Malin Just, Megan McDonald, Cora Rosin	#7 Bryn Mawr	4:31.25c (4:34.85f)		12/7
6		Anna Rando, Piper Nagaraj, Anna Kale, Angel Bidgell	#10 McDaniel	4:38.62c (4:42.31f)		12/8

Women's Distance Medley Relay

1	1	Harrinee Senthikumar, Lily Tremba, Emily Roskowski, Mackenzie Setton	#1 Johns Hopkins	12:05.43c (12:13.20f)		1/18
2	18	Katie Scott, Annalise Kauffman, Jordyn Collie, Tara Silverman	#5 Franklin & Marsh	13:05.80c (13:14.21f)		1/18

Women's High Jump

1	9	Trelstad T	SR	#4 Swarthmore	1.66m	5-5¼	1/25
2	66	Anna SAVOLAINEN	FR	#4 Swarthmore	{2} 1.57m	5-1¾	12/6
2	66	Jaclyn DONOHO	JR	#1 Johns Hopkins	1.57m	5-1¾	1/18
4	100	Amanda TRASKA	JR	#3 Ursinus	1.55m	5-1	12/7
5		Jessica JOHNSON	JR	#7 Bryn Mawr	1.53m	5-¼	1/10
6		Hannah SWALE	JR	#4 Swarthmore	{3} 1.52m	4-11¾	12/6
6		Abigail LOVELACE	SO	#1 Johns Hopkins	{2} 1.52m	4-11¾	1/18
8		Morgan MOORADIAN	SR	#2 Dickinson	1.48m	4-10¼	12/13
9		Leah BIWOTT	SR	#2 Dickinson	{2} 1.47m	4-9¾	1/25
9		Kailey SCHISSLER	SO	#8 Gettysburg	1.47m	4-9¾	12/6

Women's Pole Vault

1	30	Clarissa NEWMAN	FR	#1 Johns Hopkins	3.50m	11-5¾	12/7
2	99	Cassidy BROWN	SR	#1 Johns Hopkins	{2} 3.20m	10-6	1/18
3		Mia BOMPENSA	FR	#3 Ursinus	3.05m	10-0	12/7
3		Bethany ROLLEY		#8 Gettysburg	3.05m	10-0	12/6
3		Sarah-Caulley SOTO	JR	#1 Johns Hopkins	{3} 3.05m	10-0	12/7
3		Juniper BAUROTH-SHERMAN	JR	#3 Ursinus	3.05m	10-0	1/19
3		Cassidy WOODHAM	FR	#1 Johns Hopkins	{3} 3.05m	10-0	1/24
8		Alyson GOLDBACHER	FR	#4 Swarthmore	3.03m	9-11¼	1/25
8		Sophia LEONE	SO	#10 McDaniel	3.03m	9-11¼	1/25
10		Lily SWAIN	SR	#2 Dickinson	2.90m	9-6¼	1/18

Women's Long Jump

1	3	Rainah DUNHAM	SR	#3 Ursinus	5.83m	19-1½	1/24
2	38	Annie LEDER	SR	#2 Dickinson	5.42m	17-9½	12/13
3	44	Chloe ZHANG	SO	#1 Johns Hopkins	5.39m	17-8¼	1/25
4	54	Claudia OUMET	FR	#1 Johns Hopkins	{2} 5.34m	17-6¼	12/7
5	69	Sara BARTLETT	SR	#1 Johns Hopkins	{3} 5.30m	17-4¾	1/25
6	76	Samantha WECHSLER	SO	#3 Ursinus	{2} 5.29m	17-4¼	1/24
7	97	Emily BARLAM	FR	#3 Ursinus	{3} 5.24m	17-2¼	12/6
8		Clarissa NEWMAN	FR	#1 Johns Hopkins	{4} 5.05m	16-7	12/7
8		Sam LEO	FR	#3 Ursinus	{4} 5.05m	16-7	1/19
10		Jessica JOHNSON	JR	#7 Bryn Mawr	5.01m	16-5¼	12/13

Women's Triple Jump

1	2	Rainah DUNHAM	SR	#3 Ursinus	12.50m	41-¼	1/24
2	7	Sara BARTLETT	SR	#1 Johns Hopkins	11.96m	39-3	1/25
3	24	Molly FANCHER	SO	#7 Bryn Mawr	11.32m	37-1¾	12/13
4	53	Jessica JOHNSON	JR	#7 Bryn Mawr	{2} 10.91m	35-9½	1/25
5	62	Shanice WILLIAMS	JR	#6 Muhlenberg	10.86m	35-7¾	1/18
6	92	Annie LEDER	SR	#2 Dickinson	10.66m	34-11¾	1/25
7		Samantha WECHSLER	SO	#3 Ursinus	{2} 10.50m	34-5½	1/24
8		Grace HANNIGAN	SO	#9 Haverford	10.48m	34-4¾	1/24
9		Chloe ZHANG	SO	#1 Johns Hopkins	{2} 10.28m	33-8¾	12/7
10		Angel BIDGELL	SR	#10 McDaniel	10.17m	33-4½	12/8

Women's Shot Put

1	24	Tate GARCIA	JR	#4 Swarthmore	12.88m	42-3¼	12/6
2	30	Erika EZUMBA	JR	#1 Johns Hopkins	12.75m	41-10	1/18
3		Hannah SWALE	JR	#4 Swarthmore	{2} 11.36m	37-3¼	1/25
4		Sarah WILCHER	JR	#9 Haverford	11.25m	36-11	1/24
5		Lee BICKFORD	SR	#4 Swarthmore	{3} 11.15m	36-7	12/6
6		Kellen IEVERS	FR	#1 Johns Hopkins	{2} 11.02m	36-2	1/24
7		Phoebe WILLIAMS	JR	#1 Johns Hopkins	{3} 10.96m	35-11½	1/18
8		Damien LABRADA	SO	#2 Dickinson	10.70m	35-1¼	1/18
9		Jordyn BERNARD	SR	#4 Swarthmore	{4} 10.50m	34-5½	1/25
10		Jenna DEEP	JR	#2 Dickinson	{2} 10.45m	34-3½	12/8

Women's Weight Throw

1	22	Erika EZUMBA	JR	#1 Johns Hopkins	16.26m	53-4¼	12/7
2	98	Phoebe WILLIAMS	JR	#1 Johns Hopkins	{2} 14.60m	47-10¾	1/24
3		Elizabeth AGYEI	SR	#4 Swarthmore	14.37m	47-1¾	1/25
4		Hannah QUINN	SO	#3 Ursinus	13.57m	44-6¼	1/19
5		Jenna DEEP	JR	#2 Dickinson	13.39m	43-11¼	1/25
6		Erica BORBI	SR	#6 Muhlenberg	13.26m	43-6	1/24
7		Damien LABRADA	SO	#2 Dickinson	{2} 13.16m	43-2¼	12/13
8		Caroline GENSINGER	JR	#8 Gettysburg	12.65m	41-6	1/25
9		Lee BICKFORD	SR	#4 Swarthmore	{2} 12.54m	41-1¾	12/6
10		Tate GARCIA	JR	#4 Swarthmore	{3} 11.99m	39-4	1/25

Women's Pentathlon

1	28	Leah BIWOTT	SR	#2 Dickinson	2,872		12/13
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Women's 60 Meters

1	47 Toshel GOFFE	FR	#2 Medgar Evers	7.85	1/11
2	Thompson THENICA	FR	#2 Medgar Evers {2}	8.22	1/11
3	Becky LI	SO	#1 Hunter	8.42	12/7
4	Jamie RISSO	FR	#1 Hunter {2}	8.44	12/7
5	Chung SHANIYA	FR	#2 Medgar Evers {3}	8.46	12/14
6	Jimmanie JOSEPH	SO	#1 Hunter {3}	8.51	12/7
7	Thais BECKFORD	FR	#1 Hunter {4}	8.62	1/3
8	Brown RINNAH	FR	#2 Medgar Evers {4}	8.70	1/25
9	Isabella MOSELEY	SO	#1 Hunter {5}	8.71	12/7
9	Danajah LAWRENCE	FR	#2 Medgar Evers {5}	8.71	12/14

Women's 60 Meter Hurdles

1	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	9.97	1/25
2	Brown RINNAH	FR	#2 Medgar Evers {2}	10.09	12/14
3	Jamie RISSO	FR	#1 Hunter	10.42	1/17
4	Taelyn MURRAY	JR	#1 Hunter {2}	10.67	1/17
5	Becky LI	SO	#1 Hunter {3}	11.09	12/7
6	Rubilyn NAVARRO	JR	#1 Hunter {4}	11.17	12/7
7	Lambert JADA	SO	#2 Medgar Evers {3}	12.16	12/14
8	Thais BECKFORD	FR	#1 Hunter {5}	13.32	1/17

Women's 200 Meters

1	85 Toshel GOFFE	FR	#2 Medgar Evers	25.95	1/25
2	Thompson THENICA	FR	#2 Medgar Evers {2}	27.10cu (27.79u)	1/18
3	Jamie RISSO	FR	#1 Hunter	27.71	1/10
4	Jimmanie JOSEPH	SO	#1 Hunter {2}	28.94	12/7
4	Becky LI	SO	#1 Hunter {2}	28.94	1/17
6	Isabella MOSELEY	SO	#1 Hunter {4}	28.97	12/7
7	Chung SHANIYA	FR	#2 Medgar Evers {3}	29.17	1/25
8	Chloe COLON	FR	#3 Lehman	29.48	1/17
9	Colby CORLEY	SO	#3 Lehman {2}	29.56	12/6
10	Danajah LAWRENCE	FR	#2 Medgar Evers {4}	29.79c (30.25f)	12/14

Women's 400 Meters

1	Kenia IRISH-BRAMBLE	SO	#2 Medgar Evers	1:04.41c (1:05.26f)	1/11
2	Mikaelle CESAR	FR	#1 Hunter	1:04.48	12/7
3	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers {2}	1:07.27c (1:08.16f)	12/14
4	Chung SHANIYA	FR	#2 Medgar Evers {3}	1:07.37c (1:08.26f)	12/14
5	Isabella MOSELEY	SO	#1 Hunter {2}	1:10.35	1/3
6	Salma EL BEZZAOUI	FR	#1 Hunter {3}	1:13.14	1/17
7	Lambert JADA	SO	#2 Medgar Evers {4}	1:13.45c (1:14.42f)	1/11
8	Chloe COLON	FR	#3 Lehman	1:15.81	1/10
9	Melanie LIU	FR	#1 Hunter {4}	1:16.08	12/7
10	Colby CORLEY	SO	#3 Lehman {2}	1:16.38	12/6

Women's 800 Meters

1	Mikaelle CESAR	FR	#1 Hunter	2:34.13	1/10
2	Kenia IRISH-BRAMBLE	SO	#2 Medgar Evers	2:44.79c (2:46.69f)	1/11
3	Melanie LIU	FR	#1 Hunter {2}	2:46.96	1/10
4	Nana SAMAKE	JR	#2 Medgar Evers {2}	2:47.53c (2:49.46f)	12/14
5	Samantha SURIEL	SR	#1 Hunter {3}	2:47.75	1/3
6	Brown RINNAH	FR	#2 Medgar Evers {3}	2:48.01c (2:49.94f)	12/14
7	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers {4}	2:48.25cu (2:51.02u)	1/18
8	Gabriela MIRANDA	FR	#1 Hunter {4}	2:58.44	1/17
9	Irving JIANG	SR	#1 Hunter {5}	2:58.52	1/17
10	Lambert JADA	SO	#2 Medgar Evers {5}	3:02.49c (3:04.59f)	12/14

Women's Mile

1	Shannon FERRI	FR	#1 Hunter	5:51.86	1/3
2	Kenia IRISH-BRAMBLE	SO	#2 Medgar Evers	6:03.38c (6:06.97f)	12/14
3	Samantha SURIEL	SR	#1 Hunter {2}	6:06.98	1/10
4	Nana SAMAKE	JR	#2 Medgar Evers {2}	6:14.50c (6:18.20f)	1/11
5	Peach KILROY	FR	#1 Hunter {3}	6:23.38	1/10
6	Melanie LIU	FR	#1 Hunter {4}	6:44.70	1/3

Women's 3000 Meters

1	Shannon FERRI	FR	#1 Hunter	12:00.49	12/7
2	Peach KILROY	FR	#1 Hunter {2}	12:38.52	12/7
3	Samantha SURIEL	SR	#1 Hunter {3}	12:41.90	12/7
4	Nana SAMAKE	JR	#2 Medgar Evers	12:46.55	12/7

Women's 5000 Meters

1	Nana SAMAKE	JR	#2 Medgar Evers	21:29.91	1/25
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Women's 4x400 Relay

1	Brown Rinnah, Thompson Thenica, Kenia Irish-Bramble, Chung Shaniya	#2 Medgar Evers	4:20.49c (4:23.94f)	12/14
2	Mikaelle Cesar, Irving Jiang, Salma El bezzaoui, Samantha Suriel	#1 Hunter	4:50.46	1/3

Women's Distance Medley Relay

1	42 Nana Samake, Thompson Thenica, Chung Shaniya, Kenia Irish-Bramble	#2 Medgar Evers	14:33.84c (14:43.20f)	12/14
2	51 Irving Jiang, Salma El bezzaoui, Gabriela Miranda, Melanie LIU	#1 Hunter	16:02.08	1/10

Women's High Jump

1	Daria NIEBRZYDOWSKI	JR	#1 Hunter	1.50m	4-11	1/3
2	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	1.41m	4-7½	1/25
3	Brown RINNAH	FR	#2 Medgar Evers {2}	1.34m	4-4¾	12/14



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Women's Long Jump

1	88	Jamie RISSO	FR	#1 Hunter	5.27m	17-3½	1/3
2		Brown RINNAH	FR	#2 Medgar Evers	4.88m	16-¼	12/14
3		Becky LI	SO	#1 Hunter	{2}4.73m	15-6¼	12/7
4		Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	{2}4.60m	15-1¼	1/25
5		Taelyn MURRAY	JR	#1 Hunter	{3}4.59m	15-¾	1/17
6		Thompson THENICA	FR	#2 Medgar Evers	{3}4.49m	14-8¾	1/25
7		Rubilyn NAVARRO	JR	#1 Hunter	{4}4.43m	14-6½	12/7
8		Colby CORLEY	SO	#3 Lehman	4.17m	13-8¼	1/10
9		Janette KALIVOGUI	FR	#1 Hunter	{5}4.06m	13-4	12/7
10		Amariah EMANUEL-TAYLER	SO	#3 Lehman	{2}4.02m	13-2¼	1/3

Women's Triple Jump

1	69	Jamie RISSO	FR	#1 Hunter	10.82m	35-6	1/3
2		Taelyn MURRAY	JR	#1 Hunter	{2}10.59m	34-9	1/17
3		Rubilyn NAVARRO	JR	#1 Hunter	{3}9.56m	31-4½	12/7
4		Lambert JADA	SO	#2 Medgar Evers	9.39m	30-9¾	1/11
5		Becky LI	SO	#1 Hunter	{4}9.25m	30-4¼	1/17

Women's Shot Put

1		Torey RICHARDS	SO	#2 Medgar Evers	9.73m	31-11¼	12/14
2		Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	{2}9.63m	31-7¼	12/14
3		Taelyn MURRAY	JR	#1 Hunter	9.52m	31-2¾	1/10
4		Nia BUTLER	SO	#2 Medgar Evers	{3}9.46m	31-½	12/14
5		Jada CLAYTON	SO	#2 Medgar Evers	{4}8.82m	28-11¼	1/25
6		Elainne ROJAS MESA	JR	#3 Lehman	8.23m	27-0	12/6
7		Camaya SEALY	FR	#2 Medgar Evers	{5}8.20m	26-11	12/7
8		Lambert JADA	SO	#2 Medgar Evers	{6}7.11m	23-4	12/14
9		Rawnaa ELSHITA	SR	#1 Hunter	{2}6.80m	22-3¾	1/10
10		Brown RINNAH	FR	#2 Medgar Evers	{7}6.79m	22-3½	12/14

Women's Weight Throw

1		Nia BUTLER	SO	#2 Medgar Evers	12.45m	40-10¼	1/25
2		Torey RICHARDS	SO	#2 Medgar Evers	{2}9.83m	32-3	12/7
3		Jada CLAYTON	SO	#2 Medgar Evers	{3}8.88m	29-1¾	1/25
4		Elainne ROJAS MESA	JR	#3 Lehman	7.58m	24-10½	12/6
5		Rawnaa ELSHITA	SR	#1 Hunter	7.43m	24-4½	1/3

Women's Pentathlon

1	47	Aaliyah BARTHOLOMEW	SO	#2 Medgar Evers	2,466		12/14
2	55	Brown RINNAH	FR	#2 Medgar Evers	{2}2,382		12/14
3	80	Lambert JADA	SO	#2 Medgar Evers	{3}1,298		12/14



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Women's 60 Meters

1	5	Victoria BREWSTER	SO	#6 Houghton	7.64	1/25
2	12	Brynn MOONEY	JR	#1 SUNY Geneseo	7.69	1/25
3	79	Alaina MORLEY	JR	#4 Nazareth	7.93	12/6
4		Abigail DORUNDA	FR	#3 St. John Fisher	8.03	1/24
5		Alexis LASHER	JR	#4 Nazareth	{2}8.10	12/6
6		Kayla HUBA	JR	#1 SUNY Geneseo	{2}8.12	12/6
7		Nyasia MARSH	SO	#5 Utica	8.13	1/17
8		Makenna MANSON	FR	#3 St. John Fisher	{2}8.19	12/6
9		Shiann WILLIAMS		#5 Utica	{2}8.22	12/7
10		Lexi RODRIGUEZ	JR	#2 SUNY Brockport	8.25	12/6

Women's 800 Meters

1	34	Ethne DEGAN	FR	#2 SUNY Brockport	2:17.85c (2:19.44f)	1/17
2	45	Mia VIZCAINO	SR	#2 SUNY Brockport {2}	2:18.98c (2:20.58f)	1/17
3	54	Caitlin VOLOSHEN	JR	#3 St. John Fisher	2:20.17	1/18
4	73	Brianne HURLBURT	FR	#3 St. John Fisher {2}	2:20.97c (2:22.59f)	1/11
5	78	Emily LEO	JR	#2 SUNY Brockport {3}	2:21.52c (2:23.15f)	1/17
6		Hannah WIERER	SO	#1 SUNY Geneseo	2:22.55c (2:24.19f)	12/6
7		Julianne WILSON	SR	#2 SUNY Brockport {4}	2:22.63c (2:24.27f)	1/17
8		Nieve MAHOOD	SR	#1 SUNY Geneseo {2}	2:22.74c (2:24.38f)	12/6
9		Maeve ROBARGE	JR	#2 SUNY Brockport {5}	2:26.16c (2:27.84f)	1/24
10		Marissa WISE	SR	#2 SUNY Brockport {6}	2:27.10c (2:28.79f)	1/24

Women's 60 Meter Hurdles

1	32	Ava BAGLEY	SO	#1 SUNY Geneseo	9.12	12/6
1	32	Jill AMBLER	SO	#1 SUNY Geneseo	9.12	12/6
3	84	Lainey FLAITZ	SO	#1 SUNY Geneseo {3}	9.40	12/6
4	95	Anne SPILA	JR	#7 Alfred	9.44	12/6
5		Samantha LUBA	JR	#4 Nazareth	9.57	12/6
6		Lexi RODRIGUEZ	JR	#2 SUNY Brockport	9.60	1/17
7		Lily REXFORD	SO	#2 SUNY Brockport {2}	9.77	1/17
8		Janelle ECKL	SR	#1 SUNY Geneseo {4}	9.78	1/25
9		Sophia BARCLAY	SO	#1 SUNY Geneseo {5}	9.83	12/6
10		Stefania GRIMALDI	SO	#5 Utica	9.84	1/25

Women's Mile

1	17	Penelope GREENE	SR	#1 SUNY Geneseo	5:00.21c (5:03.18f)	1/25
2	45	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo {2}	5:06.58c (5:09.61f)	1/25
3	90	Ari REBACK	FR	#1 SUNY Geneseo {3}	5:13.22c (5:16.32f)	1/25
4		Ethne DEGAN	FR	#2 SUNY Brockport	5:14.20	1/10
5		Jillian O'ROURKE	SO	#1 SUNY Geneseo {4}	5:14.84c (5:17.95f)	1/25
6		Caitlin VOLOSHEN	JR	#3 St. John Fisher	5:18.09c (5:21.23f)	1/11
7		Olivia GRINNELL	JR	#3 St. John Fisher {2}	5:18.40	1/18
8		Ella GRINNELL	FR	#1 SUNY Geneseo {5}	5:18.91c (5:22.06f)	1/25
9		Kaitlyn GROSSMAN	SR	#1 SUNY Geneseo {6}	5:19.30c (5:22.46f)	1/25
10		Dakota LIMBERT	FR	#1 SUNY Geneseo {7}	5:22.04c (5:25.22f)	12/6

Women's 200 Meters

1	57	Victoria BREWSTER	SO	#6 Houghton	25.73c (26.13f)	1/25
2		Jill AMBLER	SO	#1 SUNY Geneseo	26.17c (26.57f)	1/25
3		Marissa WISE	SR	#2 SUNY Brockport	26.23	1/10
4		Sam PYNN	SR	#1 SUNY Geneseo {2}	26.28c (26.68f)	1/25
5		Lexi RODRIGUEZ	JR	#2 SUNY Brockport {2}	26.51c (26.92f)	1/24
6		Lindsay TELLEZ	FR	#1 SUNY Geneseo {3}	26.56c (26.97f)	1/25
7		Abigail DORUNDA	FR	#3 St. John Fisher	26.57c (26.98f)	1/11
8		Kayla HUBA	JR	#1 SUNY Geneseo {4}	26.80c (27.21f)	1/25
9		Shiann WILLIAMS		#5 Utica	26.88c (27.29f)	12/7
10		Sarah CODDINGTON	SO	#6 Houghton {2}	26.93c (27.34f)	12/6

Women's 3000 Meters

1	59	Ann BRENNAN	JR	#1 SUNY Geneseo	10:16.65c(10:21.93f)	1/25
2	62	Gabriella MCCARTHY	SR	#1 SUNY Geneseo {2}	10:17.68c(10:22.97f)	1/25
3	63	Mia VIZCAINO	SR	#2 SUNY Brockport	10:17.75	1/10
4		Ella IMPAGLIA	JR	#4 Nazareth	10:43.56c(10:49.07f)	1/25
5		Olivia GRINNELL	JR	#3 St. John Fisher	10:49.19c(10:54.75f)	1/11
6		Catherine MANNA		#5 Utica	10:58.36c(11:04.00f)	12/7
7		Jade DENING	SR	#5 Utica {2}	10:59.29c(11:04.94f)	12/7
8		Sabrina ANTONINI	SR	#3 St. John Fisher {2}	11:00.11c(11:05.76f)	1/11
9		Katherine PETERSON	SR	#1 SUNY Geneseo {3}	11:01.36c(11:07.03f)	1/25
10		Marlo TOWNSEND		#5 Utica {3}	11:01.39c(11:07.06f)	1/25

Women's 400 Meters

1	15	Brynn MOONEY	JR	#1 SUNY Geneseo	57.48c (58.24f)	12/6
2	36	Ava BAGLEY	SO	#1 SUNY Geneseo {2}	58.62c (59.39f)	12/6
3	40	Marissa WISE	SR	#2 SUNY Brockport	58.71c (59.49f)	1/17
4	78	Lexi RODRIGUEZ	JR	#2 SUNY Brockport {2}	59.72c (1:00.51f)	1/17
5	88	Nicole GRETZINGER	JR	#1 SUNY Geneseo {3}	59.94c (1:00.73f)	12/6
6	96	Arianna MCCLENDON	SO	#5 Utica	1:00.20c (1:01.00f)	1/25
7		Lindsay TELLEZ	FR	#1 SUNY Geneseo {4}	1:00.55c (1:01.35f)	12/6
8		Shiann WILLIAMS		#5 Utica {2}	1:00.64c (1:01.44f)	1/25
9		Grace WRIGHT	SR	#3 St. John Fisher	1:00.88c (1:01.68f)	1/24
10		Isabella LAGIOS	FR	#1 SUNY Geneseo {5}	1:01.26c (1:02.07f)	1/25

Women's 5000 Meters

1	4	Penelope GREENE	SR	#1 SUNY Geneseo	16:35.83	12/7
2	13	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo {2}	17:03.81	12/7
3	37	Gabriella MCCARTHY	SR	#1 SUNY Geneseo {3}	17:46.10c(17:54.26f)	12/6
4	44	Jillian O'ROURKE	SO	#1 SUNY Geneseo {4}	17:54.57c(18:02.80f)	12/6
5	52	Ann BRENNAN	JR	#1 SUNY Geneseo {5}	17:58.99c(18:07.25f)	12/6
6	64	Annika HURLEY	JR	#1 SUNY Geneseo {6}	18:14.75c(18:23.13f)	1/25
7	100	Isabel MARZEC	SR	#1 SUNY Geneseo {7}	18:39.21c(18:47.78f)	12/6
8		Marlo TOWNSEND		#5 Utica	19:20.89c(19:29.78f)	12/7
9		Maria STUHLMAN		#5 Utica {2}	19:45.14c(19:54.21f)	12/7
10		Audrey CARRAGHER	SR	#3 St. John Fisher	19:45.84c(19:54.92f)	1/24



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Women's 4x400 Relay

1	5	Brynn Mooney, Janelle Eckl, Sophia Barclay, Nicole Gretzinger	#1 SUNY Geneseo	3:55.71c (3:58.83f)	1/25
2	37	Lauren Bendall, Alexis Lasher, Samantha Luba, Jordan Wagner	#4 Nazareth	4:06.70c (4:09.97f)	1/25
3	45	Lexi Rodriguez, Monica Cammarota, Lily Rexford, Courtney Bostic	#2 SUNY Brockport	4:07.89c (4:11.18f)	1/17
4	62	Abigail Dorunda, Sophia Leach, Allison Nickson, Grace Wright	#3 St. John Fisher	4:11.86c (4:15.20f)	1/11
5		Kyra Binney, Risa Palmer, Gwenna Haas, Tabitha Clark	#6 Houghton	4:29.49c (4:33.06f)	1/25
6		Anne Spila, Desirea Stuart, Octavia Fred, Natalya Ryckman	#7 Alfred	4:42.77c (4:46.52f)	1/25
7		Nyasia Marsh, Olivia Jensen, Madalyn Haaf, Arianna McClendon	#5 Utica	4:59.25c (5:03.22f)	12/7

Women's Distance Medley Relay

1	3	Ella Grinnell, Ava Brogan, Dakota Limbirt, Ari Reback	#1 SUNY Geneseo	12:34.62c (12:42.70f)	1/25
2	9	Ethne Degan, Marissa Wise, Mia Vizcaino, Julianne Wilson	#2 SUNY Brockport	12:44.30	1/10
3	15	Olivia Grinnell, Allison Nickson, Brianna Hurlburt, Caitlin Voloshen	#3 St. John Fisher	12:58.53	1/18
4	46	Catherine Manna, Caroline Young, Madalyn Haaf, Meghan Sonnacchio	#5 Utica	14:47.48c (14:56.98f)	1/25

Women's High Jump

1	20	Alexa BELANGER	FR #6 Houghton	1.64m 5-4½	12/6
2	27	Kathryn HILLYARD	FR #3 St. John Fisher	1.61m 5-3¼	12/6
3	58	Hannah ALLISON	SO #5 Utica	1.58m 5-2¼	1/17
4	66	Tessa PATCHEN	FR #2 SUNY Brockport	1.57m 5-1¾	12/6
4	66	Michaela LEVESQUE	SR #2 SUNY Brockport	1.57m 5-1¾	12/6
6		Lainey FLAITZ	SO #1 SUNY Geneseo	1.53m 5-¼	1/25
7		Justice CRANE	SO #2 SUNY Brockport	1.52m 4-11¾	12/6
8		Sasha SCHRAMM	JR #2 SUNY Brockport	1.50m 4-11	1/10
9		Sydney LASALLE	JR #4 Nazareth	1.48m 4-10¼	12/6
10		Jada ANTHONY	SO #5 Utica	1.45m 4-9	12/7
10		Isabella FRICK	#5 Utica	1.45m 4-9	12/7

Women's Pole Vault

1	14	Isabel MORSE	JR #4 Nazareth	3.60m 11-9¾	12/6
2	35	Kiara TORNUSCIOLO	JR #4 Nazareth	3.45m 11-3¾	12/6
2	35	Isabel SWYERS	SO #2 SUNY Brockport	3.45m 11-3¾	1/17
4	73	Kathryn HILLYARD	FR #3 St. John Fisher	3.30m 10-9¾	1/24
4	73	Becca BREADY	JR #2 SUNY Brockport	3.30m 10-9¾	1/17
6		Kora DININNY	FR #2 SUNY Brockport	3.00m 9-10	1/17
6		Madysen BUSH	FR #4 Nazareth	3.00m 9-10	1/25
6		Mya HENRY	SR #2 SUNY Brockport	3.00m 9-10	1/17
9		Nicole GRETZINGER	JR #1 SUNY Geneseo	2.85m 9-4¼	1/25
9		Gianna BATISTA	JR #1 SUNY Geneseo	2.85m 9-4¼	12/6
9		Emily FRECH	SR #3 St. John Fisher	2.85m 9-4¼	1/24
9		Cassandra WOOD	SO #5 Utica	2.85m 9-4¼	12/7
9		Amber PIERSMA	#5 Utica	2.85m 9-4¼	12/7

Women's Long Jump

1	41	Ariana D'ONOFRIO	SO #1 SUNY Geneseo	5.40m 17-8¾	12/6
2	44	Sasha SCHRAMM	JR #2 SUNY Brockport	5.39m 17-8¼	1/17
2	44	Veronica DUELL	SR #3 St. John Fisher	5.39m 17-8¼	12/6
4	48	Jill AMBLER	SO #1 SUNY Geneseo	5.37m 17-7½	12/6
5	54	Janelle ECKL	SR #1 SUNY Geneseo	5.34m 17-6¼	1/25
6	58	Nyasia MARSH	SO #5 Utica	5.33m 17-6	1/17
7	61	Alaina MORLEY	JR #4 Nazareth	5.31m 17-5¼	12/6
8	69	Kayla HUBA	JR #1 SUNY Geneseo	5.30m 17-4¾	12/6
8	69	Nora DEVITT	SR #5 Utica	5.30m 17-4¾	12/7
10		Sam PYNN	SR #1 SUNY Geneseo	5.18m 17-0	12/6

Women's Triple Jump

1	32	Nora DEVITT	SR #5 Utica	11.17m 36-7¾	12/7
2	35	Elyse KLUMP	FR #1 SUNY Geneseo	11.14m 36-6¾	12/6
3	43	Sasha SCHRAMM	JR #2 SUNY Brockport	11.05m 36-3	1/17
4	81	Sydney LASALLE	JR #4 Nazareth	10.73m 35-2½	12/6
5	82	Kianna NAVAL	FR #3 St. John Fisher	10.72m 35-2	12/6
6		Isabelle BRIGGS	FR #1 SUNY Geneseo	10.57m 34-8¼	1/25
7		Peytyn GEER	SO #4 Nazareth	10.42m 34-2¼	1/25
7		Hannah RAGULE	SR #4 Nazareth	10.42m 34-2¼	1/25
9		Sophia BRUCE	SO #5 Utica	10.39m 34-1¼	12/7
10		Emily LOPEZ	SO #1 SUNY Geneseo	10.38m 34-¾	1/25

Women's Shot Put

1	23	Zoe CONNER	SR #1 SUNY Geneseo	12.89m 42-3½	12/6
2	59	Lauren JAKLITSCH	JR #1 SUNY Geneseo	12.30m 40-4¼	12/6
3	69	Ella MANELLIS	FR #1 SUNY Geneseo	12.20m 40-½	1/25
4	73	Payton MEHALICK	JR #1 SUNY Geneseo	12.16m 39-10¾	12/6
5	79	Trinity DEES	JR #2 SUNY Brockport	12.11m 39-8¾	1/17
6		Rebecca HEULER	JR #2 SUNY Brockport	11.78m 38-7¾	1/17
7		Erin MCGUINNESS	JR #3 St. John Fisher	11.70m 38-4¾	12/6
8		Emily ROLINCE	SO #4 Nazareth	10.85m 35-7¼	12/6
9		Morgan COLLAZO	SR #3 St. John Fisher	10.78m 35-4½	12/6
10		Bella RIVERIA	FR #2 SUNY Brockport	10.69m 35-1	1/17



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Women's Weight Throw

1	14	Zoe CONNER	SR	#1 SUNY Geneseo	17.33m	56-10¼	1/25
2	16	Lea RICHARD	SR	#4 Nazareth	16.93m	55-6½	12/6
3	23	Lauren JAKLITSCH	JR	#1 SUNY Geneseo {2}	16.24m	53-3½	1/25
4	34	Ella MANELLIS	FR	#1 SUNY Geneseo {3}	15.56m	51-¾	1/25
5	86	Katrina CHANDLER	JR	#2 SUNY Brockport	14.83m	48-8	1/24
6	88	Jazelle MCINTYRE	JR	#3 St. John Fisher	14.78m	48-6	1/24
7	92	Riley KING	SO	#5 Utica	14.71m	48-3¼	1/25
8		Sarah PARR	SR	#2 SUNY Brockport {2}	14.22m	46-8	1/24
9		Rhian CROWLEY	SO	#2 SUNY Brockport {3}	14.00m	45-11¼	1/24
10		Hailey HROUDA	SO	#5 Utica {2}	13.86m	45-5¾	1/25



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



GNAC

as of 1/28/2025 9:16:39 AM ET

Women's 60 Meters

1	100 Jainaba CONTEH	SO	#1 Suffolk	7.97	1/18
2	Hilma ORTEGA	SO	#1 Suffolk	{2}8.22	1/18
3	Amanda WALDEN	SR	#1 Suffolk	{3}8.23	1/11
4	Aleyo AMASA-TITUS	SO	#4 Regis (Mass.)	8.27	12/7
5	Caroline CAREY	SR	#2 Emmanuel (Mas)	8.30	1/25
6	Lila BRILLHART	FR	#5 Colby-Sawyer	8.35	1/18
7	Olivia DENCH	JR	#4 Regis (Mass.)	{2}8.37	1/25
8	Madilyn EBBINGHAUS	SO	#7 Lasell	8.40	12/7
9	Kayoni JORDAN	SO	#7 Lasell	{2}8.42	1/11
10	Zoe SCHMALING	JR	#6 Simmons	8.48	12/7

Women's 800 Meters

1	69 Amalia DORION	SR	#1 Suffolk	2:20.86	1/11
2	Sofia MOUKADDEM	SO	#1 Suffolk	{2}2:27.57	1/25
3	Kendall NEWTON	SO	#2 Emmanuel (Mas)	2:34.56c (2:36.34f)	1/25
4	Wanda CIRILLO		#6 Simmons	2:37.55	12/7
5	Hannah BERGERON	SO	#6 Simmons	{2}2:40.04	12/7
5	Emily GREENE	JR	#2 Emmanuel (Mas)	{2}2:40.04c (2:41.88f)	1/25
7	Alexia YOUNG	JR	#3 Saint Joseph's (I)	2:41.76	1/11
8	Sydney GONZALEZ	JR	#2 Emmanuel (Mas)	{3}2:42.76	12/7
9	Maisy HILL	SO	#5 Colby-Sawyer	2:44.91c (2:46.81f)	1/18
10	Emma BRAGA	FR	#2 Emmanuel (Mas)	{4}2:46.07	12/7

Women's 60 Meter Hurdles

1	Bailey STODDARD-BAUGHMAN	FR	#1 Suffolk	9.47	12/7
2	Lila BRILLHART	FR	#5 Colby-Sawyer	9.54	12/7
3	Audrey BILODEAU	SO	#3 Saint Joseph's (I)	9.79	1/25
4	Catherine MADDEN	SR	#1 Suffolk	{2}9.82	12/7
5	Hilma ORTEGA	SO	#1 Suffolk	{3}9.97	12/7
6	Donna GAUVIN	FR	#2 Emmanuel (Mas)	10.20	1/25
7	Averie DENELLE	FR	#1 Suffolk	{4}10.46	1/25
8	Colleen CURRAN	SO	#4 Regis (Mass.)	10.54	12/7
9	Alexis PATTERSON	FR	#2 Emmanuel (Mas)	{2}10.62	1/25
10	Kason HUYNH	SO	#2 Emmanuel (Mas)	{3}10.87	1/11

Women's Mile

1	27 Amalia DORION	SR	#1 Suffolk	5:02.62	1/11
2	Amy PATTELENA	JR	#1 Suffolk	{2}5:16.97	1/25
3	Sofia MOUKADDEM	SO	#1 Suffolk	{3}5:20.79	1/18
4	Sydney GONZALEZ	JR	#2 Emmanuel (Mas)	5:44.95c (5:48.36f)	1/25
5	Adriana NADEAU	JR	#5 Colby-Sawyer	5:46.50	1/25
6	Megan DUNN		FR #1 Suffolk	{4}5:47.41	12/7
7	Charlotte SHAW	FR	#6 Simmons	5:49.25	1/18
8	Shannon GROOM	JR	#1 Suffolk	{5}5:51.63	12/7
9	Kendall NEWTON	SO	#2 Emmanuel (Mas)	{2}5:52.41c (5:55.89f)	1/18
10	Leah O'NEILL	JR	#5 Colby-Sawyer	{2}6:02.63	1/25

Women's 200 Meters

1	Amanda WALDEN	SR	#1 Suffolk	26.44	1/25
2	Aleyo AMASA-TITUS	SO	#4 Regis (Mass.)	26.69c (27.10f)	12/7
3	Jainaba CONTEH	SO	#1 Suffolk	{2}26.91	1/18
4	Madilyn EBBINGHAUS	SO	#7 Lasell	27.45c (27.87f)	12/7
4	Emily CONCEPCION	SR	#1 Suffolk	{3}27.45	1/18
6	Hilma ORTEGA	SO	#1 Suffolk	{4}27.87	12/7
7	Zoe SCHMALING	JR	#6 Simmons	27.88	12/14
8	Lila BRILLHART	FR	#5 Colby-Sawyer	27.91c (28.34f)	1/18
9	Caroline CAREY	SR	#2 Emmanuel (Mas)	28.04	12/7
10	Olivia DENCH	JR	#4 Regis (Mass.)	{2}28.14c (28.57f)	1/25

Women's 3000 Meters

1	22 Amalia DORION	SR	#1 Suffolk	9:59.90	1/25
2	Sydney FOGG	SR	#1 Suffolk	{2}10:43.67	1/25
3	Adriana NADEAU	JR	#5 Colby-Sawyer	11:24.45c(11:30.31f)	1/11
4	Leah O'NEILL	JR	#5 Colby-Sawyer	{2}11:45.47c(11:51.51f)	1/11
5	Caroline ABBOTT	FR	#2 Emmanuel (Mas)	11:52.12	12/7
6	Sydney GONZALEZ	JR	#2 Emmanuel (Mas)	{2}12:05.56	12/7
7	Sofia GIRIONI	FR	#6 Simmons	12:36.91	1/18
8	Lenah HELLERICH	FR	#5 Colby-Sawyer	{3}12:46.08	12/7
9	Mia DEMORE	SO	#2 Emmanuel (Mas)	{3}12:49.80c(12:56.40f)	1/25
10	Jonnie CHAREST	JR	#4 Regis (Mass.)	12:53.76c(13:00.39f)	12/7

Women's 400 Meters

1	86 Emily CONCEPCION	SR	#1 Suffolk	59.86	12/7
2	Audrey BILODEAU	SO	#3 Saint Joseph's (I)	1:03.65c (1:04.49f)	1/18
3	Alyssa RODRIGUEZ	SR	#1 Suffolk	{2}1:03.95	12/7
4	Caroline CAREY	SR	#2 Emmanuel (Mas)	1:04.06	12/7
5	Aida DAVIS	FR	#2 Emmanuel (Mas)	{2}1:04.79c (1:05.65f)	1/25
6	Ava SMART	SO	#3 Saint Joseph's (I)	{2}1:05.26	1/25
7	Kaylie GROOM	JR	#1 Suffolk	{3}1:06.00	12/7
8	Olivia COSTA	FR	#2 Emmanuel (Mas)	{3}1:06.35	12/7
9	Zoe SCHMALING	JR	#6 Simmons	1:06.51	1/25
10	Kristen RAFERTY	SR	#2 Emmanuel (Mas)	{4}1:07.35	12/7

Women's 5000 Meters

1	45 Amalia DORION	SR	#1 Suffolk	17:55.23	12/7
2	68 Sydney FOGG	SR	#1 Suffolk	{2}18:17.68	12/7
3	92 Sofia MOUKADDEM	SO	#1 Suffolk	{3}18:35.70	12/7
4	Adriana NADEAU	JR	#5 Colby-Sawyer	19:53.75c(20:02.89f)	1/18
5	Leah O'NEILL	JR	#5 Colby-Sawyer	{2}20:32.80c(20:42.24f)	1/18
6	Caroline ABBOTT	FR	#2 Emmanuel (Mas)	21:01.51c(21:11.17f)	1/18
7	Sydney GONZALEZ	JR	#2 Emmanuel (Mas)	{2}21:21.36c(21:31.17f)	1/18
8	Jonnie CHAREST	JR	#4 Regis (Mass.)	22:56.01c(23:06.54f)	1/18



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GNAC

as of 1/28/2025 9:16:40 AM ET

Women's 4x400 Relay

1	69	Amanda Walden, Kaylie Groom, Shannon Groom, Emily Concepcion	#1 Suffolk	4:12.91	1/18
2		Kristen Raferty, Caroline Carey, Olivia Costa, Aida Davis	#2 Emmanuel (Mas)	4:23.87	12/7
3		Alexia Young, Olivia Bean, Ava Smart, Audrey Bilodeau	#3 Saint Joseph's (I)	4:29.68	1/11
4		Zoe Schmalig, Wanda Cirillo, Hannah Bergeron, Julia Pellegrino	#6 Simmons	4:36.19	12/7
5		Madilyn Ebbinghaus, Caitlyn Boston, Hanna Babek, Colleen Bartel	#7 Lasell	5:02.08c (5:06.09f)	12/7

Women's Distance Medley Relay

1	43	#Type!	#5 Colby-Sawyer	14:35.07c(14:44.44f)	1/18
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Women's High Jump

1	27	Averie DENELLE	FR #1 Suffolk	1.61m	5-3¼	1/25
2		Breya WHITMAN	SO #3 Saint Joseph's (I)	1.53m	5-½	1/11
2		Catherine BROWN	JR #1 Suffolk	{2}1.53m	5-½	1/11
4		Emily GREENE	JR #2 Emmanuel (Mas)	1.47m	4-9¾	1/25
5		Kason HUYNH	SO #2 Emmanuel (Mas)	{2}1.45m	4-9	12/7
5		Evelyn LANSING	SO #1 Suffolk	{3}1.45m	4-9	12/7
7		Grace MICKLON	JR #4 Regis (Mass.)	1.40m	4-7	12/7
7		Zahara WIDITO	FR #2 Emmanuel (Mas)	{3}1.40m	4-7	12/7

Women's Pole Vault

1	86	Devyn BATTISTONI	SO #1 Suffolk	3.25m	10-8	1/25
2		Kara SICKLE	JR #1 Suffolk	{2}3.15m	10-4	1/18
3		Grace MICKLON	JR #4 Regis (Mass.)	2.50m	8-2½	1/25
4		Sasha HELFGOTT-WATERS	SO #1 Suffolk	{3}2.45m	8-½	12/7
5		Jordan HUNTLEY	SO #3 Saint Joseph's (I)	2.05m	6-8¾	1/25

Women's Long Jump

1	53	Kason HUYNH	SO #2 Emmanuel (Mas)	5.35m	17-6¾	12/7
2		Zahara WIDITO	FR #2 Emmanuel (Mas)	{2}4.86m	15-11½	12/7
3		Aleyo AMASA-TITUS	SO #4 Regis (Mass.)	4.77m	15-7¾	1/25
4		Evelyn LANSING	SO #1 Suffolk	4.72m	15-6	1/25
4		Ella LABRIE	FR #3 Saint Joseph's (I)	4.72m	15-6	1/25
6		Alexis COWAN	SO #3 Saint Joseph's (I)	{2}4.60m	15-1¼	12/6
7		Desiree ROBINSON	SR #2 Emmanuel (Mas)	{3}4.57m	15-0	12/7
8		Emily AHO	SR #4 Regis (Mass.)	{2}4.50m	14-9¾	1/18
9		Colleen CURRAN	SO #4 Regis (Mass.)	{3}4.46m	14-7¾	12/7
10		Olivia BEAN	FR #3 Saint Joseph's (I)	{3}4.43m	14-6½	1/25

Women's Triple Jump

1		Bailey STODDARD-BAUGHMAN	FR #1 Suffolk	10.42m	34-2¼	12/7
2		Olivia BEAN	FR #3 Saint Joseph's (I)	10.26m	33-8	12/6
3		Cynthia BRITO	SR #2 Emmanuel (Mas)	10.16m	33-4	1/11
4		Breya WHITMAN	SO #3 Saint Joseph's (I)	{2}9.92m	32-6½	1/25
5		Donna GAUVIN	FR #2 Emmanuel (Mas)	{2}9.77m	32-¾	1/25
6		Alexis COWAN	SO #3 Saint Joseph's (I)	{3}9.52m	31-2¾	1/18
6		Emily AHO	SR #4 Regis (Mass.)	9.52m	31-2¾	12/7
8		Colleen BARTEL	FR #7 Lasell	9.33m	30-7½	1/18
9		Sasha HELFGOTT-WATERS	SO #1 Suffolk	{2}9.07m	29-9¼	12/7
10		Zahara WIDITO	FR #2 Emmanuel (Mas)	{3}9.00m	29-6½	12/7

Women's Shot Put

1		Ellie LEECH	FR #3 Saint Joseph's (I)	11.00m	36-1¼	12/6
2		Ava FISHER	JR #2 Emmanuel (Mas)	10.70m	35-1¼	1/25
3		Divinity JOHNSON	SO #1 Suffolk	9.65m	31-8	12/7
4		Susy DANIELS	FR #7 Lasell	9.59m	31-5¾	12/7
5		Katelynn REYNOLDS	JR #3 Saint Joseph's (I)	{2}9.46m	31-½	1/18
6		Jenna SARGENT	JR #7 Lasell	{2}9.04m	29-8	12/7
7		Savannah WERNER	SO #7 Lasell	{3}8.72m	28-7½	1/18
8		Teddy POLLACK	FR #5 Colby-Sawyer	8.65m	28-4½	1/18
9		Gracie O'CONNELL	SR #1 Suffolk	{2}8.63m	28-3¾	1/25
10		Lillian SULLIVAN	FR #7 Lasell	{4}8.56m	28-1	1/18

Women's Weight Throw

1		Abby O'BRIEN	SR #3 Saint Joseph's (I)	12.70m	41-8	1/18
2		Agnessa LYSENKO	FR #6 Simmons	11.93m	39-1¼	12/14
3		Madison REILLY	SO #2 Emmanuel (Mas)	11.80m	38-8¾	12/7
4		Divinity JOHNSON	SO #1 Suffolk	11.75m	38-6¾	1/18
5		Gracie O'CONNELL	SR #1 Suffolk	{2}11.34m	37-2½	1/25
6		Bailee MALLET	SR #1 Suffolk	{3}11.31m	37-1¼	12/7
7		Katelynn REYNOLDS	JR #3 Saint Joseph's (I)	{2}11.29m	37-½	1/18
8		Ava FISHER	JR #2 Emmanuel (Mas)	{2}11.28m	37-¼	1/25
9		Sharaden CALDWELL	SO #1 Suffolk	{4}11.26m	36-11½	1/18
10		Teddy POLLACK	FR #5 Colby-Sawyer	10.85m	35-7¼	1/18



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HCAC

as of 1/28/2025 9:16:40 AM ET

Women's 60 Meters

1	33	Jaleesa HERMAN	JR	#2 Berea (Ky.)	7.80	12/7
2	41	Kymiah BLAIR	SR	#2 Berea (Ky.)	{2} 7.83	1/18
3		Alexandra ADAMS	JR	#1 Rose-Hulman	8.15	1/24
4		Abbey ROWE	SR	#3 Transylvania	8.18	1/18
5		Narindwa SEMAKULA	JR	#1 Rose-Hulman	{2} 8.20	1/24
6		Olivia SPARKS	SO	#3 Transylvania	{2} 8.24	1/18
7		Ashyia MADDICKES	SO	#2 Berea (Ky.)	{3} 8.28	12/7
8		Emma GILL	FR	#5 Hanover	8.44	1/17
9		Irma ROBLES	FR	#4 Manchester	8.58	1/24
10		Olivia FORTE	SO	#6 Mount St. Joseph	8.61	12/7

Women's 60 Meter Hurdles

1		Natalie DAY	JR	#5 Hanover	10.03	1/17
2		Coco TRUELOVE	FR	#4 Manchester	10.29	1/24
3		Katie RIPBERGER	FR	#8 Anderson (Ind.)	10.40	1/25
4		Anna STANFIELD	FR	#5 Hanover	{2} 10.46	1/24
5		Isabella LECKLITNER	FR	#7 Earlham	10.52	12/7
6		Gabby PARRISH	SO	#5 Hanover	{3} 10.60	1/24
7		Jaleesa HERMAN	JR	#2 Berea (Ky.)	10.83	1/25

Women's 200 Meters

1	70	Olivia SPARKS	SO	#3 Transylvania	25.84	1/24
2		Rose TALBERT	SO	#1 Rose-Hulman	26.39	1/24
3		Ashyia MADDICKES	SO	#2 Berea (Ky.)	26.48c (26.89f)	1/18
4		Abbey ROWE	SR	#3 Transylvania	{2} 26.64	1/24
5		Jaleesa HERMAN	JR	#2 Berea (Ky.)	{2} 27.38c (27.80f)	12/7
6		Natalie DAY	JR	#5 Hanover	27.84c (28.27f)	1/17
7		Narindwa SEMAKULA	JR	#1 Rose-Hulman	{2} 27.85	1/24
7		Alexandra ADAMS	JR	#1 Rose-Hulman	{2} 27.85	1/24
9		Hannah COX	FR	#3 Transylvania	{3} 28.27c (28.71f)	1/18
10		Emerson PINGER	FR	#6 Mount St. Joseph	28.36c (28.80f)	12/7

Women's 400 Meters

1	68	Rose TALBERT	SO	#1 Rose-Hulman	59.55 OT	12/7
2	90	Olivia SPARKS	SO	#3 Transylvania	59.96	1/24
3		Abbey ROWE	SR	#3 Transylvania	{2} 1:01.75	1/24
4		Kristin FISCHLI	JR	#2 Berea (Ky.)	1:02.60c (1:03.43f)	1/18
5		Natalie DAY	JR	#5 Hanover	1:04.60	1/24
6		Jakeisha LEWIS	SR	#2 Berea (Ky.)	{2} 1:05.31c (1:06.17f)	1/25
7		Hannah COX	FR	#3 Transylvania	{3} 1:05.61	1/24
8		Peyton TAN	SO	#3 Transylvania	{4} 1:05.67	1/24
9		Peyton POTTS	SO	#2 Berea (Ky.)	{3} 1:06.11c (1:06.98f)	1/18
10		Emma JOHNS	SO	#1 Rose-Hulman	{2} 1:06.14	1/24

Women's 800 Meters

1		Chesnee MILLER	FR	#4 Manchester	2:22.62	1/24
2		Kaycee MOORE	JR	#3 Transylvania	2:24.42	1/24
3		Jada HUNTER-HAYS	SR	#1 Rose-Hulman	2:26.88 OT	12/7
4		Sophie RICHARDS	JR	#3 Transylvania	{2} 2:31.37	1/24
5		Anna PACKER	JR	#6 Mount St. Joseph	2:31.69c (2:33.44f)	1/18
6		Emma LITZELMAN	JR	#5 Hanover	2:31.71	1/24
7		Kelsey WEIL	FR	#3 Transylvania	{3} 2:32.25	1/24
8		Julia GOODING	SR	#6 Mount St. Joseph	{2} 2:35.03c (2:36.81f)	1/18
9		Mackenna BESSLER	FR	#1 Rose-Hulman	{2} 2:37.46	1/24
10		Sophia CHEN	FR	#4 Manchester	{2} 2:37.94	1/24

Women's Mile

1		Jocelyn ONSTOT	SO	#1 Rose-Hulman	5:19.04	1/24
2		Ava EGOLF	FR	#4 Manchester	5:19.70	1/24
3		Kaycee MOORE	JR	#3 Transylvania	5:24.25c (5:27.46f)	1/18
4		Gwyneth CUNNINGHAM	SO	#3 Transylvania	{2} 5:29.01	1/24
5		Sophie RICHARDS	JR	#3 Transylvania	{3} 5:31.73c (5:35.01f)	1/18
6		Paige WILDMAN	SO	#5 Hanover	5:33.78	1/24
7		Muhorakeye JOYEUSE	SO	#2 Berea (Ky.)	5:39.43c (5:42.79f)	1/18
8		Amanda ZERHUSEN	FR	#6 Mount St. Joseph	5:40.70c (5:44.07f)	1/18
9		Rylee STEPHANY	JR	#4 Manchester	{2} 5:42.02	1/24
10		Sara SMITH	FR	#9 Bluffton	5:43.65c (5:47.05f)	1/17

Women's 3000 Meters

1		Madison STONESTREET	JR	#2 Berea (Ky.)	10:35.01c (10:40.45f)	12/7
2		Muhorakeye JOYEUSE	SO	#2 Berea (Ky.)	{2} 10:51.02c (10:56.60f)	12/7
3		Callie SWEGMAN	JR	#5 Hanover	10:52.62	1/24
4		Brianna BITTEL	SO	#1 Rose-Hulman	11:02.00	1/24
5		Lanie ROBERTS	FR	#5 Hanover	{2} 11:06.85	1/24
6		Kaylee KINSER	FR	#5 Hanover	{3} 11:24.79	1/24
7		Cleo SALTZ	FR	#7 Earlham	11:25.25	1/24
8		Emilie GAUDRON	SO	#3 Transylvania	11:30.12	1/24
9		Camden WILSON	JR	#3 Transylvania	{2} 11:36.05	1/24
10		Sarah JONES	JR	#5 Hanover	{4} 11:44.37	1/24



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as of 1/28/2025 9:16:40 AM ET

Women's 4x400 Relay

1	48	Katerina Kovalevskaya, Kymiah Blair, Kristin Fischli, Ashyia Maddickes	#2 Berea (Ky.)	4:09.11c (4:12.41f)	1/18
2	60	Abbey Rowe, Hannah Cox, Kaycee Moore, Olivia Sparks	#3 Transylvania	4:11.44	1/24
3		Rose Talbert, Iliana Hernandez, Ally Smith, Jada Hunter-Hays	#1 Rose-Hulman	4:23.11	1/24
4		Jasmyn Benjamin, Katie Ripberger, Madison Merder, Jaycie Sones	#8 Anderson (Ind.)	4:38.79c (4:42.49f)	1/25
5		Julia Gooding, Amanda Zerhusen, Sicilia Eshman, Anna Packer	#6 Mount St. Josepl	4:40.36c (4:44.08f)	1/18

Women's Distance Medley Relay

1	34	Julia Gooding, Anna Packer, Sicilia Eshman, Amanda Zerhusen	#6 Mount St. Josepl	14:07.67c (14:16.75f)	1/11
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Women's High Jump

1	100	Taylor ROARK	SR	#3 Transylvania	1.55m	5-1	1/24
1	100	Kennadi LAKINS	JR	#5 Hanover	1.55m	5-1	1/17
3		Ameila ADAMS	SO	#9 Bluffton	1.50m	4-11	1/25
3		Ashyia MADDICKES	SO	#2 Berea (Ky.)	1.50m	4-11	12/7
5		Audrey EDWARDS	SO	#1 Rose-Hulman	1.45m	4-9	12/7
6		Alivia PAUL	SO	#4 Manchester	1.43m	4-8¾	1/24
7		Megan KORTE	JR	#1 Rose-Hulman	{2} 1.38m	4-6¼	1/24

Women's Pole Vault

1		Irene LEMA MADUENO	SO	#1 Rose-Hulman	2.97m	9-9	1/24
2		Ally MCGUIRE	SR	#5 Hanover	2.86m	9-4½	1/24
3		Josie RIGDON	FR	#6 Mount St. Josepl	2.75m	9-¼	12/7
4		Amelia THIEMAN	JR	#1 Rose-Hulman	{2} 2.35m	7-8½	1/24
5		Natalie OLIC	SR	#1 Rose-Hulman	{3} 2.20m	7-2½	1/24
6		Ashley BAILEY	SO	#2 Berea (Ky.)	2.10m	6-10¾	1/25
7		Olivia HECKENLIVELY	SO	#1 Rose-Hulman	{4} 2.05m	6-8¾	1/24
8		Angel PATTERSON	SR	#2 Berea (Ky.)	{2} 1.95m	6-4¾	1/25

Women's Long Jump

1		Ashyia MADDICKES	SO	#2 Berea (Ky.)	5.18m	17-0	1/25
2		Prynces ROBINSON	FR	#7 Earlham	4.91m	16-1½	12/7
3		Jakeisha LEWIS	SR	#2 Berea (Ky.)	{2} 4.86m	15-11½	12/7
4		Kennadi LAKINS	JR	#5 Hanover	4.82m	15-9¾	1/24
5		Audrey EDWARDS	SO	#1 Rose-Hulman	4.53m	14-10½	1/24
6		Jay'ana BLAKELY	JR	#4 Manchester	4.52m	14-10	1/24
6		Emma GILL	FR	#5 Hanover	{2} 4.52m	14-10	1/24
8		Jameela HYDRE-YUSOFF	SO	#4 Manchester	{2} 4.47m	14-8	1/24
9		Londyn FRAZIER	JR	#6 Mount St. Josepl	4.39m	14-5	12/7
10		Alivia PAUL	SO	#4 Manchester	{3} 4.36m	14-3¾	1/24

Women's Triple Jump

1		Ashyia MADDICKES	SO	#2 Berea (Ky.)	10.54m	34-7	1/18
2		Prynces ROBINSON	FR	#7 Earlham	10.30m	33-9½	1/24
3		Jakeisha LEWIS	SR	#2 Berea (Ky.)	{2} 9.90m	32-5¾	1/18
4		Rachel CROSS	FR	#6 Mount St. Josepl	9.28m	30-5½	12/7
5		Audrey EDWARDS	SO	#1 Rose-Hulman	9.19m	30-2	1/24
6		Londyn FRAZIER	JR	#6 Mount St. Josepl	{2} 9.13m	29-11½	12/7
7		Megan KORTE	JR	#1 Rose-Hulman	{2} 8.94m	29-4	1/24

Women's Shot Put

1	13	Carley CAMP	SR	#4 Manchester	13.38m	43-10¾	1/24
2		Madalyn HUDNALL	JR	#6 Mount St. Josepl	11.54m	37-10½	12/7
3		Charlotte WILSON	JR	#4 Manchester	{2} 11.09m	36-4¾	1/24
4		Katrina SEJOUR	SO	#4 Manchester	{3} 10.72m	35-2	1/24
5		Abbi KOHLER	FR	#4 Manchester	{4} 10.59m	34-9	1/24
6		Cheyanna LESLIE	FR	#5 Hanover	10.01m	32-10¼	1/17
7		Carolina SNYDER-PEREZ	JR	#1 Rose-Hulman	9.64m	31-7½	1/24
8		Bailey STAMPER	SO	#10 Franklin	9.46m	31-½	1/24
9		Katie GRANDSTAFF	FR	#2 Berea (Ky.)	9.04m	29-8	1/25
10		Alisyn RISNER	SO	#4 Manchester	{5} 9.01m	29-6¾	1/24

Women's Weight Throw

1	84	Carley CAMP	SR	#4 Manchester	14.84m	48-8¾	1/24
2		Abbi KOHLER	FR	#4 Manchester	{2} 13.75m	45-1½	1/24
3		Madalyn HUDNALL	JR	#6 Mount St. Josepl	12.88m	42-3¼	1/18
4		Charlotte WILSON	JR	#4 Manchester	{3} 12.78m	41-11¼	1/24
5		Sienna SLAUGHTER	JR	#6 Mount St. Josepl	{2} 12.55m	41-2¼	1/11
6		Carolina SNYDER-PEREZ	JR	#1 Rose-Hulman	12.40m	40-8¼	1/24
7		Bailey STAMPER	SO	#10 Franklin	11.74m	38-6¼	1/24
8		Ashley HOUSER	SO	#5 Hanover	10.04m	32-11¼	1/24
9		Alisyn RISNER	SO	#4 Manchester	{4} 9.95m	32-7¾	1/24
10		Katie GRANDSTAFF	FR	#2 Berea (Ky.)	9.66m	31-8½	1/25



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Women's 60 Meters

1	6	Rachel ARTHUR	SR	#1 Williams	7.66	1/26
2	20	Jillian STRYNAR	FR	#14 Trinity (Conn.)	7.74	1/26
3	22	Shaasha JOHNSON		#24 SUNY Delhi	7.75	12/7
4	25	Josephine JETT	SO	#21 Claremont-Mudc	7.76 (0.0)	1/25
5	27	Kyrstin WILSON	JR	Puget Sound	7.77	12/14
5	27	Simone WAHEED	SO	#7 Colby	7.77	12/6
7	38	Kira HAWAABOO	SO	#16 Linfield	7.82	1/17
8	56	Amaris GOODWIN	SR	#17 Gordon (Mass.)	7.88	12/7
8	56	Heloise HUGHES	SO	#3 Amherst	7.88	1/26
10	62	Bella KING-HARVEY	SO	#1 Williams	{2}7.89	1/26

Women's 60 Meter Hurdles

1	16	Allyson HAMMOND	JR	#22 Pacific (Ore.)	8.94	1/17
2	18	Eleanor BACHMEIER	SR	#8 Redlands (Calif.)	8.98	12/7
3	19	Eliza CARDWELL	SR	#3 Amherst	8.99	1/26
4	24	Katherine DEFOSSÉ	SO	#11 Springfield (Mas)	9.08	1/25
5	34	Cali LEONARD	JR	#19 Hartford	9.13	12/7
6	39	Josephine JETT	SO	#21 Claremont-Mudc	9.16 (0.0)	1/25
7	45	Ioanna TSONI	SO	Mount Holyoke	9.21	1/25
8	46	Arissa GRACE MCGOWAN	JR	#3 Amherst	{2}9.22	1/26
9	51	Emily RUBIO	JR	#6 Middlebury	9.25	1/26
9	51	Emma BURR	SO	#23 Thomas (Maine)	9.25	1/25

Women's 200 Meters

1	16	Heloise HUGHES	SO	#3 Amherst	25.09	1/26
2	17	Bella KING-HARVEY	SO	#1 Williams	25.12	1/26
2	17	Jillian STRYNAR	FR	#14 Trinity (Conn.)	25.12	1/26
4	24	Fiona MEJICO	SR	#7 Colby	25.42	1/26
5	25	Allyson HAMMOND	JR	#22 Pacific (Ore.)	25.43 OT	1/17
6	26	Kyrstin WILSON	JR	Puget Sound	25.44	12/14
7	28	Simone WAHEED	SO	#7 Colby	{2}25.47c (25.86f)	12/6
8	34	Amaris GOODWIN	SR	#17 Gordon (Mass.)	25.51	12/7
9	41	Kennedy KIRKLAND	SO	#13 Bowdoin	25.57	1/26
10	52	Marina MILLER	SR	#2 MIT	25.67	1/25

Women's 400 Meters

1	6	Bella KING-HARVEY	SO	#1 Williams	56.36	12/7
2	11	Fiona MEJICO	SR	#7 Colby	57.01	1/26
3	17	Marina MILLER	SR	#2 MIT	57.72	1/25
4	24	Cate DONALDSON	SO	#1 Williams	{2}58.00	1/26
5	28	CC GRAY	SR	#15 Trinity (Texas)	58.25 OT	12/6
6	45	Olivia DIAS	SR	#2 MIT	{2}58.81	1/25
7	48	Anna KROUSE	SR	#6 Middlebury	58.85c (59.63f)	1/11
8	54	Claire JENSEN	SO	#1 Williams	{3}59.11	12/7
9	55	Zoe RODI	JR	#24 SUNY Delhi	59.15c (59.93f)	12/7
10	56	Mary ELLIOT	JR	#6 Middlebury	{2}59.19	1/17

Women's 800 Meters

1	2	Krystal MONTGOMERY	JR	#2 MIT	2:11.35	1/25
2	9	Annika PALUSKA	FR	#1 Williams	2:14.75	1/26
3	12	Piper LENTZ	JR	#3 Amherst	2:15.05	1/26
4	14	Lily YAMPOLSKY	FR	#1 Williams	{2}2:15.32	1/26
5	15	Zoe MARCUS	SO	#3 Amherst	{2}2:15.46	12/7
6	16	Alexa ESTES	JR	#12 Connecticut Coll	2:15.98	1/26
7	17	Grace MCDONOUGH	JR	#12 Connecticut Coll	{2}2:16.05	1/26
8	28	Kaitlyn EWALD	SO	#7 Colby	2:16.86	1/26
9	29	Makenna TOPP	SO	#5 Coast Guard	2:17.24	12/7
10	35	Olivia DIAS	SR	#2 MIT	{2}2:18.03	12/7

Women's Mile

1	3	Kate SANDERSON	JR	#2 MIT	4:53.22	1/25
2	4	Kate TUTTLE	FR	#1 Williams	4:53.91	1/26
3	8	Keira ROGAN	FR	#25 Hamilton	4:57.07	1/26
4	16	Liv GIRAND	SO	#2 MIT	{2}4:59.91	1/25
5	18	Lily YAMPOLSKY	FR	#1 Williams	{2}5:00.71	12/7
6	22	Pria PARKER	SR	Smith	5:02.07	1/11
7	24	Flora BIRO	FR	#3 Amherst	5:02.35	1/26
8	39	Josette GURULE	JR	#15 Trinity (Texas)	5:05.71	1/25
9	41	Piper LENTZ	JR	#3 Amherst	{2}5:06.14	12/7
10	46	Heather JENSEN	SO	#2 MIT	{3}5:06.80	1/25

Women's 3000 Meters

1	4	Paige PHILLIPS	SR	#5 Coast Guard	9:45.83	1/25
2	6	Kate TUTTLE	FR	#1 Williams	9:51.43	12/7
3	16	Blakeley BUCKINGHAM	SR	#1 Williams	{2}9:57.11	1/26
4	19	Hannah STEPHENSON	FR	#3 Amherst	9:59.46	1/17
5	20	Claire SEMEROD	JR	#5 Coast Guard	{2}9:59.53	1/25
6	24	Grace MCDONOUGH	JR	#12 Connecticut Coll	10:00.95	1/11
7	26	Julia SCHOR	SR	#3 Amherst	{2}10:01.47	12/7
8	27	Christina CROW	SR	#2 MIT	10:01.54	12/7
9	32	Flora BIRO	FR	#3 Amherst	{3}10:05.48	1/17
10	38	Nora JOHNSON	SR	#1 Williams	{3}10:08.06	12/7

Women's 5000 Meters

1	3	Riley BUESE	SR	Lewis & Clark	16:31.51	12/7
2	6	Rujuta SANE	JR	#2 MIT	16:48.09	12/7
3	7	Kate SANDERSON	JR	#2 MIT	{2}16:52.40	12/7
4	9	Rachel BRENNAN	SR	#17 Gordon (Mass.)	16:53.00	12/7
5	11	Stephanie AGER	JR	#20 Wesleyan (Conn.)	17:01.92c(17:09.74f)	12/7
6	14	Liv GIRAND	SO	#2 MIT	{3}17:04.58	12/7
7	15	Claire SEMEROD	JR	#5 Coast Guard	17:08.37	12/7
8	17	Flora BIRO	FR	#3 Amherst	17:18.51c(17:26.46f)	12/7
9	20	Paige PHILLIPS	SR	#5 Coast Guard	{2}17:21.98	12/7
10	22	Kate SWANN	JR	#1 Williams	17:25.35	12/7



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Women's 4x400 Relay

1	3	Bella King-Harvey, Annika Paluska, Claire Jensen, Cate Donaldson	#1 Williams	3:51.27	12/7
2	8	Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico, Charlotte Brake-Hoffman	#7 Colby	3:56.42c (3:59.55f)	1/18
3	9	Arielle Chechile, Harper Meek, Annika Kral, Emma Smith	#4 Tufts	3:58.17c (4:01.33f)	1/18
4	23	#Type!	#6 Middlebury	4:03.10c (4:06.32f)	1/11
5	31	Makayla Powell, Christina Stinson, Selest Edwards, Trinity Provost	St. Thomas (Tex)	4:05.49	1/25
6	32	Ella Frerichs, Emily Brown, Jordyn Lungo, Marlee Paget	#9 Whitworth	4:05.74	1/18
7	35	Ella Besant, Grace Flynn, Millie Wymbs, Tara Jessen	#5 Coast Guard	4:06.39	1/25
8	36	Piper Lentz, Zoe Marcus, Leila Bata, Hannah Adhikari	#3 Amherst	4:06.67	12/7
9	43	Alexa Thomas, Olivia Waruch, Katherine Scibelli, Claire Tratnyek	#25 Hamilton	4:07.59c (4:10.87f)	1/17
10	46	Halle Hamilton, Emerson Voldan, Lilly Broussard, Annette Smith	#15 Trinity (Texas)	4:08.79	1/25

Women's Distance Medley Relay

1	2	Abby Fernald, LK Tucker, Alexa Estes, Grace McDonough	#12 Connecticut Coll	12:07.89	1/26
2	5	Sheldyn Fisher, Lily Bulczynski, Caroline VanSchaick, Mary Cestaro	#6 Middlebury	12:37.35	1/26
3	6	Elanora Smith, Juliette Sullivan, Stella Loezos, Jordan Walter	#20 Wesleyan (Conn.)	12:38.34	1/26
4	7	Julia Schor, Leila Bata, Maya Levine, Sylvan Wold	#3 Amherst	12:38.62	1/17
5	10	Lexi Dean, Carly Rinko, Samara McVey, Taylor Neldner	#4 Tufts	12:52.07	1/26
6	12	Vivian Jacobs-townsley, Jillian Strynar, Paige Orr, Maggie Furer	#14 Trinity (Conn.)	12:53.20	1/26
7	21	Lulu Brady, Ella Frerichs, Lily Jones, Ashlyn Dary	#9 Whitworth	13:08.75	1/18
8	27	Meadow Gregory, Evelyn Marchand, Livi Sonne, Mikayla Ferguson	#10 Bates	13:35.14	1/26
9	35	Paige Redman, Abby Megotz, Abigail Adamsky, Milana Straub	Marywood	14:09.78c (14:18.88f)	1/18
10	36	Anna MacDonald, Kennedy Todd, Lina Martinez Nocito, Eve Potet	UMaine Farming	14:15.20c (14:24.36f)	12/6

Women's High Jump

1	1	Allie WILDSMITH	JR	#5 Coast Guard	1.80m	5-10¾	1/18
2	9	Lexi KING	SO	#4 Tufts	1.66m	5-5¼	1/18
3	12	Emily RUBIO	JR	#6 Middlebury	1.65m	5-5	1/17
4	21	Jordan MURPHY	SO	#19 Hartford	1.63m	5-4¼	12/7
5	27	Abigail CAPRYE	SO	Pacific Lutheran	1.61m	5-3¼	12/14
5	27	Autumn BACIK	FR	#11 Springfield (Mas)	1.61m	5-3¼	12/7
7	50	Anaya THOMAS	SR	#3 Amherst	1.59m	5-2½	1/17
8	58	Alannah ARDREY	SO	#10 Bates	1.58m	5-2¼	1/11
8	58	Katherine KEMPF	JR	#2 MIT	1.58m	5-2¼	1/11
10	66	Lauren GRATTAN	FR	#14 Trinity (Conn.)	1.57m	5-1¾	1/17



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Women's Pole Vault

1	3	Hailey SURACE	JR	#2 MIT	3.90m	12-9½	1/11
2	4	Sarah FIRTH	SR	#4 Tufts	3.86m	12-8	1/26
3	10	Katelyn HOWARD	JR	#2 MIT	{2}3.70m	12-1½	1/25
4	19	Brenna STELL	SO	#18 McMurry	3.56m	11-8	12/7
5	20	Zoe WANG	SR	#6 Middlebury	3.55m	11-7¾	1/17
5	20	Ellie FITZGERALD	JR	#1 Williams	3.55m	11-7¾	1/26
5	20	Jae YU	SR	#1 Williams	3.55m	11-7¾	1/26
5	20	Poppy MILLER	SR	#1 Williams	3.55m	11-7¾	1/26
9	35	Elise DOYLE	FR	#2 MIT	{3}3.45m	11-3¾	1/11
10	46	Emma GALL	SO	#4 Tufts	{2}3.40m	11-1¾	1/18

Women's Weight Throw

1	1	Alexis BOYKIN	SR	#2 MIT	20.12m	66-¼	1/25
2	17	Gilbert DOMINGUEZ	SR	Texas Lutheran	16.75m	54-11½	1/17
3	19	Carli CIAVARELLI	JR	#10 Bates	16.63m	54-6¾	12/7
4	26	Chloe SCHNEEBERG	SR	#1 Williams	15.97m	52-4¾	1/26
5	31	Anika WAGNER	JR	Wheaton (Mass.)	15.60m	51-2¼	1/18
6	37	Maria FARETI	FR	#1 Williams	{2}15.51m	50-10¾	12/7
7	42	Alivia GERAGHTY	SO	#17 Gordon (Mass.)	15.40m	50-6¼	1/18
8	56	Lilia OULD-HAMMOU	JR	#2 MIT	{2}15.19m	49-10	12/7
9	78	Cecilia LABARGE	SO	#4 Tufts	14.93m	48-11¾	1/18
10	88	Mardy NOVAK	SO	#13 Bowdoin	14.78m	48-6	12/7

Women's Long Jump

1	10	Kennedy KIRKLAND	SO	#13 Bowdoin	5.68m	18-7¾	1/26
2	13	Kira HAWAABOO	SO	#16 Linfield	5.60m	18-4½	1/25
3	27	Maigan ADAMS	SR	#8 Redlands (Calif.)	5.48m	17-11¾	12/7
4	30	Mackenzie DAGGITT	SR	#6 Middlebury	5.47m	17-11½	1/17
5	61	Natasha MONREAL	FR	Husson	5.31m	17-5¼	1/17
5	61	Elysse CUMBERLAND	FR	#4 Tufts	5.31m	17-5¼	1/18
7	76	Ioanna TSONI	SO	Mount Holyoke	5.29m	17-4¼	12/7
7	76	Emily RUBIO	JR	#6 Middlebury	{2}5.29m	17-4¼	1/26
9	84	Jordan ANDREW	SR	#4 Tufts	{2}5.28m	17-4	1/26
9	84	Eliza CARDWELL	SR	#3 Amherst	5.28m	17-4	1/26

Women's Pentathlon

1	8	Eleanor BACHMEIER	SR	#8 Redlands (Calif.)	3,299		12/7
2	12	Kira HAWAABOO	SO	#16 Linfield	3,149 OT		1/25
3	13	Emma BURR	SO	#23 Thomas (Maine)	3,137		1/18
4	18	Elisabeth EICHINGER	JR	#8 Redlands (Calif.)	{2}3,047		12/7
5	23	Fiona MEJICO	SR	#7 Colby	2,943		12/6
6	33	Juno ROGERS	FR	#10 Bates	2,774		1/18
7	38	Tara JESSEN	SO	#5 Coast Guard	2,625		12/5
8	52	Mari EVONUK	FR	#8 Redlands (Calif.)	{3}2,423		12/7
9	58	Michelle BARNES	SO	#7 Colby	{2}2,354		12/6
10	66	Carrie BURR	SR	UMaine Farming	2,117		12/6

Women's Triple Jump

1	11	Maigan ADAMS	SR	#8 Redlands (Calif.)	11.83m	38-9¾	12/7
2	16	Nony OTU UGWU	JR	#2 MIT	11.50m	37-8¾	12/7
3	19	Joy AREOLA	SR	#15 Trinity (Texas)	11.45m	37-6¾	1/25
4	21	Rafaela DELGADO	SO	#1 Williams	11.42m	37-5¾	1/26
5	23	Samantha PAUL	SR	#11 Springfield (Mas)	11.38m	37-4	1/18
6	26	Jordan ANDREW	SR	#4 Tufts	11.29m	37-½	1/18
7	27	Mireya KING	FR	#1 Williams	{2}11.25m	36-11	1/26
8	32	Ioanna TSONI	SO	Mount Holyoke	11.17m	36-7¾	1/25
9	38	Isabella PEREIRA	SO	#9 Whitworth	11.11m	36-5½	12/14
10	42	Alannah ARDREY	SO	#10 Bates	11.06m	36-3½	1/26

Women's Shot Put

1	1	Alexis BOYKIN	SR	#2 MIT	15.12m	49-7¼	1/18
2	10	Amblessed OKEMGBO	JR	#9 Whitworth	13.57m	44-6¼	1/18
3	22	Maureen HAMMOND	SR	#5 Coast Guard	12.90m	42-4	12/7
4	33	Emily BALL	SR	#2 MIT	{2}12.71m	41-8½	1/11
5	37	Kendra HUMPHRIES	SO	#18 McMurry	12.66m	41-6½	12/7
6	40	Rosalyn PAGE	SR	Marywood	12.60m	41-4¼	12/7
7	47	Julia TULIMIERI	JR	#6 Middlebury	12.43m	40-9½	1/26
8	57	Tori COLMAN	SO	#18 McMurry	{2}12.34m	40-6	12/7
9	58	Katelynn TAYLOR	SR	#11 Springfield (Mas)	12.31m	40-4¾	12/7
10	65	Madison CARR	SO	#9 Whitworth	{2}12.23m	40-1½	1/18



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Women's 60 Meters

1	18	Nancy NYADONGO	FR	#6 Goucher	7.73	12/7
2	56	Abigail GIAMONI	SR	#1 Moravian	7.88	12/7
3	79	Sage HENDERSHOT	SO	#7 Drew	7.93	12/7
4	91	Samantha SHARROW	JR	#3 Scranton	7.95	1/25
4	91	Jocelyn SMITH	SO	#3 Scranton	7.95	1/25
6		Kaia GRANTHAM	FR	#3 Scranton	{3}8.04	12/7
7		Hannah ALDERFER	SR	#4 Susquehanna	8.07	1/18
8		Erin BUCKLEY	SO	#2 Catholic (D.C.)	8.08	12/7
9		Amelia VENABLE	FR	#6 Goucher	{2}8.15	12/7
10		Megan BURNS	SO	#2 Catholic (D.C.)	{2}8.17	12/7
10		Molly FERULLO	SR	#3 Scranton	{4}8.17	1/25

Women's 60 Meter Hurdles

1	2	Chloe YODER	SR	#4 Susquehanna	8.75	1/25
2	58	Brigid BYRNES	SO	#2 Catholic (D.C.)	9.30	12/7
3	64	Hannah ALDERFER	SR	#4 Susquehanna	{2}9.33	12/7
4	89	Kate BENDALL	SO	#5 Elizabethtown	9.41	1/25
5		Emma SHAFNISKY	FR	#1 Moravian	9.56	12/7
6		Molly WHITE	JR	#3 Scranton	9.73	1/25
7		Alicia VO	SO	#2 Catholic (D.C.)	{2}9.86	1/25
8		Denicia GERMAN	SO	#4 Susquehanna	{3}9.94	1/18
9		Edith TOMASEK	SO	#2 Catholic (D.C.)	{3}9.98	12/7
10		Olivia BARBACCI	JR	#8 Juniata	10.00	1/18

Women's 200 Meters

1	9	Nancy NYADONGO	FR	#6 Goucher	24.93c	(25.31f) 1/18
2	36	Abigail GIAMONI	SR	#1 Moravian	25.52c	(25.91f) 12/7
3	82	Emily CAMLET	JR	#7 Drew	25.92	1/24
4	90	Samantha SHARROW	JR	#3 Scranton	26.02c	(26.42f) 1/18
5		Jocelyn SMITH	SO	#3 Scranton	{2}26.08c	(26.48f) 12/7
6		Olivia BARBACCI	JR	#8 Juniata	26.52c	(26.93f) 12/13
7		Sage HENDERSHOT	SO	#7 Drew	{2}26.53	1/17
8		Kaia GRANTHAM	FR	#3 Scranton	{3}26.78c	(27.19f) 12/7
9		Caleigh BOLD	SO	#5 Elizabethtown	26.99c	(27.41f) 12/6
9		Zoey BROWN	SO	#2 Catholic (D.C.)	26.99c	(27.41f) 1/18

Women's 400 Meters

1	22	Emily CAMLET	JR	#7 Drew	57.88	1/17
2	30	Nancy NYADONGO	FR	#6 Goucher	58.34	12/7
3	31	Abigail GIAMONI	SR	#1 Moravian	58.37c	(59.14f) 1/18
4	53	Kelty OASTER		#5 Elizabethtown	59.05	1/25
5	74	Clare MARSH	SR	#2 Catholic (D.C.)	59.68	1/25
6	95	Terrica THORNTON-FILLYAW	FR	#6 Goucher	{2}1:00.08	12/7
7		Zoey BROWN	SO	#2 Catholic (D.C.)	{2}1:00.53	12/7
8		Brigid BYRNES	SO	#2 Catholic (D.C.)	{3}1:00.72	1/25
9		Rachele GRIGOLI	SO	#1 Moravian	{2}1:01.27c	(1:02.08f) 1/18
10		Mia MCCONNELL	SO	#2 Catholic (D.C.)	{4}1:01.53	12/7

Women's 800 Meters

1	5	Tanise THORNTON-FILLYAW	JR	#6 Goucher	2:12.71c	(2:14.24f) 1/18
2	7	Kelty OASTER		#5 Elizabethtown	2:14.05c	(2:15.59f) 1/18
3	10	Emily MOEHRINGER	SR	#2 Catholic (D.C.)	2:14.87c	(2:16.42f) 1/18
4		Liza LEVIN	SR	#4 Susquehanna	2:26.74c	(2:28.43f) 1/18
5		Alexa GRASSI	SO	#2 Catholic (D.C.)	{2}2:27.26c	(2:28.95f) 1/18
6		Addison KLEINLE		#5 Elizabethtown	{2}2:27.88c	(2:29.58f) 1/18
7		Rebecca CHRISTOPHEL	SR	#8 Juniata	2:29.92c	(2:31.64f) 12/13
8		Kirsten NAVICH		#5 Elizabethtown	{3}2:31.42	1/25
9		Camille MCROBERTS	SO	#8 Juniata	{2}2:32.38c	(2:34.13f) 12/13
10		Hannah ALDERFER	SR	#4 Susquehanna	{2}2:33.19c	(2:34.95f) 12/13

Women's Mile

1	40	Kate INGLIS	SR	#2 Catholic (D.C.)	5:06.11c	(5:09.14f) 1/18
2	48	Emily MOEHRINGER	SR	#2 Catholic (D.C.)	{2}5:07.33	12/7
3	93	Samantha HOFFMANN	SR	#3 Scranton	5:13.49c	(5:16.59f) 1/25
4		Tara SMURLA	JR	#1 Moravian	5:14.42	1/25
5		Georgia NUSSEY	SR	#2 Catholic (D.C.)	{3}5:22.04c	(5:25.22f) 1/18
6		Kelty OASTER		#5 Elizabethtown	5:23.15	1/25
7		Callie GORMAN	SO	#3 Scranton	{2}5:28.92c	(5:32.17f) 1/25
8		Ellie HEILMAN	SO	#5 Elizabethtown	{2}5:31.79	1/25
9		Rachael GOODMAN	SR	#1 Moravian	{2}5:31.87c	(5:35.15f) 12/7
10		Sophia BOSTWICK	SO	#4 Susquehanna	5:34.34c	(5:37.64f) 1/25

Women's 3000 Meters

1	60	Tara SMURLA	JR	#1 Moravian	10:16.77c	(10:22.05f) 1/18
2	79	Kate INGLIS	SR	#2 Catholic (D.C.)	10:21.62c	(10:26.95f) 1/18
3	89	Emily HOPKINS	JR	#3 Scranton	10:23.81c	(10:29.15f) 1/25
4		Callie GORMAN	SO	#3 Scranton	{2}10:41.43c	(10:46.92f) 1/25
5		Samantha HOFFMANN	SR	#3 Scranton	{3}10:45.43c	(10:50.96f) 1/18
6		Georgia NUSSEY	SR	#2 Catholic (D.C.)	{2}10:50.19c	(10:55.76f) 1/18
7		Laurel MCMAHON	SO	#2 Catholic (D.C.)	{3}11:02.74c	(11:08.42f) 1/18
8		Gwyneth YOUNG	JR	#5 Elizabethtown	11:06.82c	(11:12.53f) 1/18
9		Maureen BOSAK	SR	#5 Elizabethtown	{2}11:10.03c	(11:15.77f) 1/18
10		Rachael GOODMAN	SR	#1 Moravian	{2}11:10.71c	(11:16.46f) 1/18

Women's 5000 Meters

1	24	Tara SMURLA	JR	#1 Moravian	17:31.16c	(17:39.21f) 12/7
2		Laurel MCMAHON	SO	#2 Catholic (D.C.)	18:53.92	12/7
3		Georgia NUSSEY	SR	#2 Catholic (D.C.)	{2}19:09.09	12/7
4		Kayla O'NEIL	SO	#1 Moravian	{2}19:17.51c	(19:26.37f) 12/7
5		Keely FITZGERALD	SO	#5 Elizabethtown	19:25.75c	(19:34.67f) 1/18
6		Meghan MYERS	JR	#1 Moravian	{3}19:29.12c	(19:38.07f) 12/7
7		Tori CHAMPAGNE	JR	#1 Moravian	{4}19:43.78c	(19:52.84f) 12/7
8		Rachael GOODMAN	SR	#1 Moravian	{5}19:48.13	1/25
9		Gwyneth YOUNG	JR	#5 Elizabethtown	{2}19:54.79	1/25
10		Jordan BENDER	SR	#4 Susquehanna	19:55.92c	(20:05.07f) 1/25



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



Landmark

as of 1/28/2025 9:16:40 AM ET

Women's 4x400 Relay

1	21	Terrica Thornton-Fillyaw, Imaya Edmonds, Nancy Nyadongo, Tanise Thornton-Fillyaw	#6 Goucher	4:02.84	12/7
2	28	Mia McConnell, Alexa Grassi, Emily Moehringer, Clare Marsh	#2 Catholic (D.C.)	4:04.63c (4:07.87f)	1/18
3	92	#Type!	#7 Drew	4:16.69	12/7
4	97	Tasia Miniotis, Isabella Delgado, Alicia Acosta, Kelsey Myler	#3 Scranton	4:17.35c (4:20.76f)	12/7
5		Caleigh Bold, Ellie Heilman, Addison Kleinle, Kelty Oaster	#5 Elizabethtown	4:21.87c (4:25.34f)	1/18
6		Gabby Howe, Liza Levin, Sydney Querry, Ayla Kerwan	#4 Susquehanna	4:27.50c (4:31.05f)	1/25
7		Olivia Barbacci, Ashley Alfree, Jackie Bryant, Chloe Reilley	#8 Juniata	4:38.40c (4:42.09f)	1/18

Women's Distance Medley Relay

1	25	Emily Hopkins, Alexandra Roueche, Katherine Harren, Sophia Abbott	#3 Scranton	13:30.33c (13:39.01f)	1/18
2	37	Sydney Querry, Liza Levin, Gabby Howe, Katie Wojton	#4 Susquehanna	14:15.96c (14:25.13f)	1/18

Women's High Jump

1	80	Molly WHITE	JR #3 Scranton	1.56m	5-1¼	12/7
2		Charlotte HOULE	SO #4 Susquehanna	1.53m	5-¼	12/13
2		Aryanna PAULENA	FR #6 Goucher	1.53m	5-¼	12/7
2		Elena FUNK	SO #3 Scranton	{2} 1.53m	5-¼	1/25
5		Caroline MELILLO	SO #1 Moravian	1.50m	4-11	1/18
6		Ashley ALFREE	JR #8 Juniata	1.48m	4-10¼	1/18
7		Alicia VO	SO #2 Catholic (D.C.)	1.47m	4-9¾	1/25
7		Ali HAEFELE	JR #1 Moravian	{2} 1.47m	4-9¾	1/25
7		Ash RICH	SO #5 Elizabethtown	1.47m	4-9¾	1/25
10		Vincentia MCDONOUGH	FR #3 Scranton	{3} 1.43m	4-8¼	1/25
10		Hannah ALDERFER	SR #4 Susquehanna	{2} 1.43m	4-8¼	1/18
10		Mazzy CIRINELLI	JR #7 Drew	1.43m	4-8¼	12/7

Women's Pole Vault

1	59	Madi FUERST	FR #2 Catholic (D.C.)	3.35m	10-11¾	1/18
2	71	Olivia BARBACCI	JR #8 Juniata	3.33m	10-11	1/25
3	73	Sarah BOWER	SR #4 Susquehanna	3.30m	10-9¾	12/13
4		Aryanna PAULENA	FR #6 Goucher	3.05m	10-0	1/18
5		Tessa HOPKINS	FR #1 Moravian	3.03m	9-11¼	1/25
6		Grace KOLTER	FR #2 Catholic (D.C.)	{2} 3.00m	9-10	12/7
7		Alison SPONSELLER	SO #4 Susquehanna	{2} 2.85m	9-4¼	1/25
8		Katie SEAL	SR #3 Scranton	2.80m	9-2¼	12/7
9		Josie KELLY	SO #8 Juniata	{2} 2.73m	8-11½	1/25
10		Lily KELLEHER	FR #3 Scranton	{2} 2.70m	8-10¼	1/25

Women's Long Jump

1	8	Sage HENDERSHOT	SO #7 Drew	5.73m	18-9¾	1/24
2	27	Samantha SHARROW	JR #3 Scranton	5.48m	17-11¾	1/18
3	40	Hannah ALDERFER	SR #4 Susquehanna	5.41m	17-9	1/25
4	69	Emma SHAFNISKY	FR #1 Moravian	5.30m	17-4¾	12/7
5	84	Aryanna PAULENA	FR #6 Goucher	5.28m	17-4	12/7
6		Chloe YODER	SR #4 Susquehanna	{2} 5.13m	16-10	12/13
7		Lauryn BROWN	FR #7 Drew	{2} 5.06m	16-7¼	1/24
8		Remi ACORD	SR #4 Susquehanna	{3} 4.98m	16-4¼	12/7
9		Kate BENDALL	SO #5 Elizabethtown	4.97m	16-3¾	1/18
10		Ali HAEFELE	JR #1 Moravian	{2} 4.94m	16-2½	1/18

Women's Triple Jump

1	12	Aryanna PAULENA	FR #6 Goucher	11.72m	38-5½	1/10
2	17	Remi ACORD	SR #4 Susquehanna	11.46m	37-7¼	1/25
3	29	Lauryn BROWN	FR #7 Drew	11.22m	36-9¾	1/17
4	71	Ali HAEFELE	JR #1 Moravian	10.80m	35-5¼	1/25
5	74	Eva CARACHILLO	FR #3 Scranton	10.78m	35-4½	12/7
6	92	Kate BENDALL	SO #5 Elizabethtown	10.66m	34-11¾	1/25
7	99	Molly WHITE	JR #3 Scranton	{2} 10.64m	34-11	12/7
8		Danielle KRAMER	FR #3 Scranton	{3} 10.56m	34-7¾	1/25
9		Bella FIORE	FR #1 Moravian	{2} 10.46m	34-4	12/7
10		Hailey MONAGHAN	SR #3 Scranton	{4} 10.09m	33-1¼	1/18

Women's Shot Put

1	65	Ciara DONEGAN	SR #2 Catholic (D.C.)	12.23m	40-1½	12/7
2		Mylea NEIDIG	#5 Elizabethtown	11.86m	38-11	12/6
3		Margie RAYNE	JR #1 Moravian	11.46m	37-7¼	1/18
4		Max MCCOY	FR #6 Goucher	11.06m	36-3½	12/7
5		Mikayla WOODRING	SR #1 Moravian	{2} 10.98m	36-¼	1/25
6		Isabella COWGER	#5 Elizabethtown	{2} 10.89m	35-8¾	12/6
7		Arin PEYKAR	SR #1 Moravian	{3} 10.51m	34-5¾	12/7
8		Bella DAUBERMAN	SO #4 Susquehanna	10.43m	34-2¾	12/7
9		Kara VASHEY	JR #1 Moravian	{4} 10.35m	33-11½	12/7
10		Chloe SAUER	SO #8 Juniata	10.10m	33-1¾	12/13



Conference TFRI Event Summary



Landmark

as of 1/28/2025 9:16:41 AM ET

Women's Weight Throw

1	31	Kara VASHEY	JR	#1	Moravian	15.60m	51-2¼	1/25
2		Caillie FISH	SR	#1	Moravian	{2} 13.88m	45-6½	1/25
3		Bella DAUBERMAN	SO	#4	Susquehanna	13.79m	45-3	1/18
4		Margie RAYNE	JR	#1	Moravian	{3} 13.55m	44-5½	1/25
5		Heather ADAMS	JR	#1	Moravian	{4} 13.36m	43-10	1/18
6		Ciara DONEGAN	SR	#2	Catholic (D.C.)	13.25m	43-5¾	1/18
7		Mikayla WOODRING	SR	#1	Moravian	{5} 13.16m	43-2¼	1/25
8		Arin PEYKAR	SR	#1	Moravian	{6} 13.05m	42-9¾	12/7
9		Liz MISKOVSKY	SR	#1	Moravian	{7} 12.80m	42-0	12/7
10		Mylea NEIDIG		#5	Elizabethtown	12.71m	41-8½	12/6

Women's Pentathlon

1	14	Hannah ALDERFER	SR	#4	Susquehanna	3,118		12/13
2	39	Kate BENDALL	SO	#5	Elizabethtown	2,608		12/13
3	53	Charlotte HOULE	SO	#4	Susquehanna	{2} 2,420		12/13



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



Liberty League

as of 1/28/2025 9:16:41 AM ET

Women's 60 Meters

1	32	Aynisha MCQUILLAR	FR	#1 Ithaca	7.78	12/7
2	33	Laura SUPPA	JR	#1 Ithaca	{2}7.80	12/7
3		Rachel LARSON	JR	#1 Ithaca	{3}8.02	12/7
4		Marykate RUDNICKI	FR	#1 Ithaca	{4}8.04	12/7
5		Christine MALLETTE	SR	#3 RPI	8.14	12/14
6		Lainie D'AURIA	FR	#5 Vassar	8.16	12/7
6		Eliana BARNETT	FR	#1 Ithaca	{5}8.16	12/7
8		Rachel KULP	FR	#4 RIT	8.19	1/24
9		Ava BUTLER	SO	#1 Ithaca	{6}8.20	1/18
9		Cecelia LABONTE	JR	#1 Ithaca	{6}8.20	1/25

Women's 800 Meters

1	30	Erin VONHOUSEN		#3 RPI	2:17.49c (2:19.07f)	1/17
2	38	Jules BLESKOSKI	SO	#3 RPI	{2}2:18.59c (2:20.18f)	1/17
3	52	Kyleigh RECORD	FR	#7 Union (N.Y.)	2:20.07c (2:21.68f)	1/17
4	87	Catherine DACEY	SR	#7 Union (N.Y.)	{2}2:21.78c (2:23.41f)	1/17
5		Quinn SIRGANY	SO	#6 St. Lawrence	2:24.60c (2:26.26f)	1/25
6		Bethel FLANAGAN	FR	#7 Union (N.Y.)	{3}2:26.18c (2:27.86f)	1/17
7		Emily JOHNSON	SR	#1 Ithaca	2:26.51c (2:28.20f)	1/11
8		Lyla POWERS	SO	#1 Ithaca	{2}2:27.59c (2:29.29f)	1/18
9		Sophia DIGENNARO	FR	#4 RIT	2:27.82c (2:29.52f)	1/24
10		Anoua CARRIE	FR	#3 RPI	{3}2:28.63c (2:30.34f)	12/14

Women's 60 Meter Hurdles

1	4	Laura SUPPA	JR	#1 Ithaca	8.80	12/7
2	6	Rachel LARSON	JR	#1 Ithaca	{2}8.81	1/18
3	35	Jahmilia DENNIS	JR	#5 Vassar	9.14	12/7
4	46	Emma MCGUINN	JR	#3 RPI	9.22	1/17
5	58	Nora CHEN	SO	#2 Rochester (N.Y.)	9.30	1/25
6	69	Allison REGNANTE	SR	#4 RIT	9.35	1/17
7		Ashley SHELDON	SO	#7 Union (N.Y.)	9.61	12/7
8		Cecelia LABONTE	JR	#1 Ithaca	{3}9.65	12/7
9		Alice BRAMBATI	FR	#3 RPI	{2}9.67	1/11
10		Cameron TING	FR	#1 Ithaca	{4}9.78	12/7

Women's Mile

1	6	Jules BLESKOSKI	SO	#3 RPI	4:56.23c (4:59.16f)	1/17
2	7	Erin VONHOUSEN		#3 RPI	{2}4:56.37c (4:59.30f)	1/17
3	26	Catherine DACEY	SR	#7 Union (N.Y.)	5:02.55c (5:05.54f)	12/7
4	54	Adelaide NYHAN	SO	#5 Vassar	5:08.20c (5:11.25f)	12/7
5	70	Norah READE	SO	#5 Vassar	{2}5:11.33c (5:14.41f)	12/7
6	89	Sophia HENDERSON	SR	#5 Vassar	{3}5:13.13c (5:16.22f)	12/7
7	96	Joy PETERSEN	JR	#1 Ithaca	5:13.69c (5:16.79f)	1/11
8		Lizzie LOWE	FR	#5 Vassar	{4}5:15.88c (5:19.00f)	12/7
9		Sarah FRANCE	FR	#5 Vassar	{5}5:16.26c (5:19.39f)	12/7
10		Avery BLANCHARD	FR	#6 St. Lawrence	5:19.19c (5:22.34f)	1/25

Women's 200 Meters

1	2	Sadie SCHREINER	JR	#4 RIT	24.13c (24.50f)	1/17
2	45	Caroline HILL	SR	#4 RIT	{2}25.60c (25.99f)	1/17
3	61	Aynisha MCQUILLAR	FR	#1 Ithaca	25.76c (26.16f)	1/25
4	63	Marykate RUDNICKI	FR	#1 Ithaca	{2}25.78c (26.18f)	1/25
5	78	Laura SUPPA	JR	#1 Ithaca	{3}25.88c (26.28f)	1/11
6	90	Christine MALLETTE	SR	#3 RPI	26.02c (26.42f)	1/17
7		Katie MANNING	SR	#3 RPI	{2}26.14c (26.54f)	12/14
8		Lauren SZALKOWSKI	SO	#3 RPI	{3}26.40c (26.81f)	12/7
9		Ava BUTLER	SO	#1 Ithaca	{4}26.60c (27.01f)	1/18
10		Ava MARCUCCI	FR	#3 RPI	{4}26.71c (27.12f)	1/17

Women's 3000 Meters

1	1	Haley SCHOENEGGE	SO	#5 Vassar	9:38.73	12/7
2	84	Adelaide NYHAN	SO	#5 Vassar	{2}10:22.63c(10:27.96f)	12/7
3		Norah READE	SO	#5 Vassar	{3}10:31.24c(10:36.65f)	12/7
4		Cayley SWAIM	SO	#5 Vassar	{4}10:35.99c(10:41.44f)	12/7
5		Acadia HELFAND	SO	#5 Vassar	{5}10:38.89c(10:44.36f)	12/7
6		Avery BLANCHARD	FR	#6 St. Lawrence	10:40.17c(10:45.65f)	1/11
7		Claudia WOLF	JR	#3 RPI	10:40.99c(10:46.48f)	1/17
8		Joy PETERSEN	JR	#1 Ithaca	10:41.17c(10:46.66f)	1/18
9		Quinn SIRGANY	SO	#6 St. Lawrence	{2}10:42.34c(10:47.84f)	1/17
10		Anika MUELLER-HICKLER	JR	#5 Vassar	{6}10:42.61c(10:48.12f)	12/7

Women's 400 Meters

1	1	Sadie SCHREINER	JR	#4 RIT	55.18c (55.91f)	1/17
2	4	Megan BELL	SR	#2 Rochester (N.Y.)	56.03c (56.77f)	1/25
3	28	Nora CHEN	SO	#2 Rochester (N.Y.)	{2}58.25c (59.02f)	12/6
4	39	Eva CIUFFETELLI	SO	#2 Rochester (N.Y.)	{3}58.69c (59.47f)	12/6
5	49	Caroline HILL	SR	#4 RIT	{2}58.91c (59.69f)	12/6
6	74	Lauren SZALKOWSKI	SO	#3 RPI	59.68c (1:00.47f)	12/7
7	92	Natalie MACARTHUR	SR	#1 Ithaca	1:00.05c (1:00.84f)	1/25
8	99	Katie MANNING	SR	#3 RPI	{2}1:00.26c (1:01.06f)	1/17
9		Ava BUTLER	SO	#1 Ithaca	{2}1:00.69c (1:01.49f)	1/11
10		Anoua CARRIE	FR	#3 RPI	{3}1:00.84c (1:01.64f)	1/17

Women's 5000 Meters

1	57	Avery BLANCHARD	FR	#6 St. Lawrence	18:06.86c(18:15.18f)	1/17
2		Riley JOSEPH	JR	#2 Rochester (N.Y.)	18:47.57c(18:56.20f)	1/25
3		Adriana CECCHETELLI	JR	#6 St. Lawrence	{2}18:47.99c(18:56.62f)	1/17
4		Annabel DOBASH	SO	#7 Union (N.Y.)	18:48.79c(18:57.43f)	12/7
5		Andie BURTON	SR	#2 Rochester (N.Y.)	{2}18:50.10c(18:58.75f)	1/25
6		Alicia LAWSON	SR	#2 Rochester (N.Y.)	{3}18:51.19c(18:59.85f)	1/25
7		Ella BLAU	SO	#2 Rochester (N.Y.)	{4}18:54.09c(19:02.77f)	1/25
8		Logan BRASACCHIO	JR	#1 Ithaca	18:58.62c(19:07.34f)	1/25
9		Tessa BOSSOM	JR	#3 RPI	19:02.29c(19:11.03f)	1/17
10		Emilie ROSECAN	SO	#7 Union (N.Y.)	{2}19:29.67c(19:38.62f)	12/7



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



Liberty League

as of 1/28/2025 9:16:41 AM ET

Women's 4x400 Relay

1	4	Eva Ciuffetelli, Nora Chen, Raquella Casserino, Megan Bell	#2 Rochester (N.Y.)	3:51.83c (3:54.90f)	1/25
2	34	Anoua Carrie, Lauren Szalkowski, Emma McGuinn, Ava Marcucci	#3 RPI	4:06.02c (4:09.28f)	12/14
3	38	Ava Butler, Natalie MacArthur, Cameron Ting, Julia Ryba	#1 Ithaca	4:06.85c (4:10.12f)	1/25
4	47	Amelia Burger, Samantha Crisci, Jorja DeCarlo, Caroline Hill	#4 RIT	4:09.01c (4:12.31f)	12/6
5	90	Kyleigh Record, Catherine Dacey, Gabrielle Baker, Katherine Doran	#7 Union (N.Y.)	4:16.51c (4:19.91f)	1/17
6		Caroline Thelen, Maya Carey, Lianna Camille, Skylar Spiro	#5 Vassar	4:20.97c (4:24.43f)	12/7
7		#Type!	#6 St. Lawrence	4:37.93c (4:41.62f)	1/11

Women's Distance Medley Relay

1	14	Quinn Sirgany, Cameran Stone, Adriana Cecchetelli, Avery Blanchard	#6 St. Lawrence	12:57.38c (13:05.70f)	1/25
2	17	Joy Petersen, Lyla Powers, Carolina Cedraschi, Emily Johnson	#1 Ithaca	13:03.02c (13:11.40f)	1/25

Women's High Jump

1	27	Ashley SHELDON	SO #7 Union (N.Y.)	1.61m	5-3¼	1/25
2	58	Celia RYAN	SO #1 Ithaca	1.58m	5-2¼	1/25
2	58	Madeleine WRIGHT	SO #1 Ithaca	1.58m	5-2¼	1/18
4	100	Cecelia LABONTE	JR #1 Ithaca	{3} 1.55m	5-1	12/7
5		Lydia BARBER	SO #1 Ithaca	{4} 1.53m	5-¼	1/25
6		Tooni OLALEYE	SO #3 RPI	1.50m	4-11	1/11
7		Cameron TING	FR #1 Ithaca	{5} 1.49m	4-10½	12/7
8		Amelia BERTHOLD	JR #6 St. Lawrence	1.45m	4-9	1/11
9		Mia GERBER	SO #4 RIT	1.44m	4-8¾	1/17
10		Abigail SASSON	SO #5 Vassar	1.40m	4-7	12/7
10		Faye STEVENS	SR #5 Vassar	1.40m	4-7	12/7

Women's Pole Vault

1	14	Bree BOYLE	JR #1 Ithaca	3.60m	11-9¾	1/25
1	14	Talia HUTCHINSON	SO #1 Ithaca	3.60m	11-9¾	1/25
3	35	Erin EASTWOOD	JR #1 Ithaca	{3} 3.45m	11-3¾	1/18
4	73	Teagan KIGER	FR #1 Ithaca	{4} 3.30m	10-9¾	1/25
5		Abby KOPECK	FR #2 Rochester (N.Y.)	3.15m	10-4	12/6
6		Abby REPERT	FR #1 Ithaca	{5} 3.00m	9-10	1/18
6		Katie ATKINS	FR #2 Rochester (N.Y.)	{2} 3.00m	9-10	1/25
8		Laura SUPPA	JR #1 Ithaca	{6} 2.98m	9-9¼	12/7
9		Raessler GUTHRIE	FR #1 Ithaca	{7} 2.85m	9-4¼	1/18
9		Samantha SCHLECTMAN	JR #4 RIT	2.85m	9-4¼	1/17

Women's Long Jump

1	58	Allison REGNANTE	SR #4 RIT	5.33m	17-6	1/24
2	61	Rachel KULP	FR #4 RIT	{2} 5.31m	17-5¼	1/24
3	88	Alice BRAMBATI	FR #3 RPI	5.27m	17-3½	1/17
4		Ashleigh BARRETT	JR #2 Rochester (N.Y.)	5.16m	16-11¼	1/25
5		Elli CLOUTIER	SO #1 Ithaca	5.11m	16-9¼	1/18
6		Katie MANNING	SR #3 RPI	{2} 5.06m	16-7¼	1/11
7		Alexis BROWN	SO #1 Ithaca	{2} 5.04m	16-6½	1/25
8		Jordyn DOLAN	JR #1 Ithaca	{3} 5.03m	16-6	1/25
9		Cecelia LABONTE	JR #1 Ithaca	{4} 5.02m	16-5¾	1/25
10		Cameron TING	FR #1 Ithaca	{5} 4.97m	16-3¾	12/7
10		Hannah HOFFMAN	SO #1 Ithaca	{5} 4.97m	16-3¾	1/18
10		Raelen GREEN	FR #2 Rochester (N.Y.)	{2} 4.97m	16-3¾	1/25

Women's Triple Jump

1	32	Jahmilia DENNIS	JR #5 Vassar	11.17m	36-7¾	12/7
2	37	Alice BRAMBATI	FR #3 RPI	11.12m	36-5¾	1/17
3	41	Eliana BARNETT	FR #1 Ithaca	11.07m	36-4	1/11
4	56	Alexis BROWN	SO #1 Ithaca	{2} 10.89m	35-8¾	1/11
5	66	Rania SABRI	JR #4 RIT	10.84m	35-6¾	1/24
6		Gracie CONLAN	FR #2 Rochester (N.Y.)	10.56m	34-7¾	12/6
7		Celia RYAN	SO #1 Ithaca	{3} 10.40m	34-1½	1/18
8		Luca PECORA	SR #1 Ithaca	{4} 10.33m	33-10¾	12/7
8		Violet AMEELE	SR #4 RIT	{2} 10.33m	33-10¾	12/6
10		Ashleigh BARRETT	JR #2 Rochester (N.Y.)	{2} 10.01m	32-10¼	12/6

Women's Shot Put

1	47	Emily DIMARCO	SR #4 RIT	12.43m	40-9½	1/24
1	47	Lily SEYFERT	JR #1 Ithaca	12.43m	40-9½	1/18
3	65	Cora ROSE	SR #2 Rochester (N.Y.)	12.23m	40-1½	12/6
4	90	Marinna HEICHBERGER	JR #4 RIT	{2} 12.00m	39-4½	1/17
5	98	Aimee OSZER	SO #2 Rochester (N.Y.)	{2} 11.92m	39-1¼	12/6
6		Deziree GARRICK	SR #2 Rochester (N.Y.)	{3} 11.72m	38-5½	1/25
7		Amelia GECK	SO #4 RIT	{3} 11.59m	38-¼	1/17
8		Madison VARGAS	SO #2 Rochester (N.Y.)	{4} 10.96m	35-11½	12/6
9		Leanny CASTRO	FR #1 Ithaca	{2} 10.94m	35-10¾	12/7
10		Autumn BERNAVA	SO #4 RIT	{4} 10.91m	35-9½	12/6
10		Charlotte POWELL	SO #1 Ithaca	{3} 10.91m	35-9½	1/18



Conference TFRI Event Summary



Liberty League

as of 1/28/2025 9:16:41 AM ET

Women's Weight Throw

1	38	Deziree GARRICK	SR	#2	Rochester (N.Y.)	15.49m	50-10	1/25
2	65	Emily DIMARCO	SR	#4	RIT	15.10m	49-6½	12/6
3	76	Lily SEYFERT	JR	#1	Ithaca	14.95m	49-¾	1/11
4	99	Katie LYNCH	JR	#3	RPI	14.54m	47-8½	12/14
5		Marinna HEICHBERGER	JR	#4	RIT	{2} 14.38m	47-2¼	1/24
6		Cora ROSE	SR	#2	Rochester (N.Y.)	{2} 14.16m	46-5½	12/6
7		Autumn BERNAVA	SO	#4	RIT	{3} 14.11m	46-3½	12/6
8		Liv ILASZ	JR	#2	Rochester (N.Y.)	{3} 14.10m	46-3¼	12/6
9		Enya GREEN	SO	#1	Ithaca	{2} 13.80m	45-3½	1/18
10		Charlotte POWELL	SO	#1	Ithaca	{3} 13.44m	44-1¼	1/11

Women's Pentathlon

1	22	Cecelia LABONTE	JR	#1	Ithaca	2,956		12/7
2	25	Cameron TING	FR	#1	Ithaca	{2} 2,913		12/7
3	29	Faye STEVENS	SR	#5	Vassar	2,848		12/7
4	48	Elana PUKEL	FR	#5	Vassar	{2} 2,461		12/7
5	78	Abbe COLGAN	JR	#5	Vassar	{3} 1,568		12/7



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



Little East

as of 1/28/2025 9:16:41 AM ET

Women's 60 Meters

1	25	Aryianna GARCEAU	JR	#7 UMass Boston	7.76	1/18
2	62	Tayshia CARY	SO	#3 Rhode Island Col	7.89	1/25
2	62	Janiah YOUNG	JR	#1 Southern Maine	7.89	1/11
4		Khalsa HAMMITH	FR	#1 Southern Maine {2}	8.04	1/25
5		Trinity HAYES	SR	#3 Rhode Island Col {2}	8.05	12/7
6		JHnelle EVANS	SO	#7 UMass Boston {2}	8.06	12/7
7		Quiana PEZZA	FR	#3 Rhode Island Col {3}	8.07	1/25
8		Keely GIORDANO	FR	#2 Keene State	8.09	1/18
9		Paige HURST	SR	#5 Plymouth State	8.11	12/6
10		JHenelle EVANS	SO	#7 UMass Boston {3}	8.12	1/25

Women's 800 Meters

1	71	Rose KAROW	SO	#5 Plymouth State	2:20.93c	(2:22.55f) 1/18
2	83	Jacqueline EARNER	JR	#7 UMass Boston	2:21.60c	(2:23.23f) 1/25
3	97	Haley OLIVER	JR	#3 Rhode Island Col	2:22.33c	(2:23.97f) 1/25
4		Sarah AMES	SR	#2 Keene State	2:24.63c	(2:26.29f) 1/18
5		Bryn DICKINSON	SO	#2 Keene State {2}	2:28.90c	(2:30.61f) 1/18
6		AnnMarie LIMBERGER	JR	#1 Southern Maine	2:31.88	1/25
7		Emely MELENDEZ	FR	#4 Eastern Connect	2:33.79c	(2:35.56f) 1/25
8		Abby MARSTON	FR	#5 Plymouth State {2}	2:33.93c	(2:35.70f) 1/18
9		Molly LU MCKELLAR	JR	#2 Keene State {3}	2:34.41c	(2:36.19f) 12/14
10		Abby SNOW	SR	#5 Plymouth State {3}	2:35.16	1/25

Women's 60 Meter Hurdles

1	1	Aryianna GARCEAU	JR	#7 UMass Boston	8.65	1/11
2	77	Molly LU MCKELLAR	JR	#2 Keene State	9.37	1/25
3		Isa MOUSTAKAS	FR	#1 Southern Maine	9.50	12/14
4		Saya BREITING-BROWN	FR	#1 Southern Maine {2}	9.72	1/25
5		McKenna CASTOR	SO	#8 Castleton	9.78	1/18
6		Ani FLYNN	FR	#5 Plymouth State	9.95	1/18
7		Belleya FRANCK	FR	#6 UMass Dartmouth	10.00	1/25
8		Adria OTASH	FR	#1 Southern Maine {3}	10.05	12/14
9		Megan MOYNIHAN	JR	#5 Plymouth State {2}	10.43	1/18
10		Analiene POISSON	SR	#4 Eastern Connect	10.44	1/25

Women's Mile

1	56	Haley OLIVER	JR	#3 Rhode Island Col	5:08.52c	(5:11.57f) 12/7
2		Emma STEEDMAN	SO	#6 UMass Dartmouth	5:22.43c	(5:25.62f) 1/25
3		Shea ROCHE	JR	#7 UMass Boston	5:29.71c	(5:32.97f) 1/25
4		Rose KAROW	SO	#5 Plymouth State	5:30.10c	(5:33.36f) 1/11
5		Alison LECLERC	SR	#4 Eastern Connect	5:30.28c	(5:33.54f) 1/18
6		Anna O'REILLY	JR	#2 Keene State	5:30.84c	(5:34.11f) 1/18
7		Anya AADLAND	SO	#6 UMass Dartmouth {2}	5:31.23c	(5:34.50f) 1/25
8		Emily PHILBROOK	SR	#6 UMass Dartmouth {3}	5:31.68c	(5:34.96f) 1/25
9		Gwen CATALANO	FR	#1 Southern Maine	5:32.40c	(5:35.69f) 12/14
10		Julia LATURA	SR	#6 UMass Dartmouth {4}	5:33.99c	(5:37.29f) 1/18

Women's 200 Meters

1	28	Aryianna GARCEAU	JR	#7 UMass Boston	25.47	12/7
2	57	Janiah YOUNG	JR	#1 Southern Maine	25.73c	(26.13f) 12/14
3	87	Trinity HAYES	SR	#3 Rhode Island Col	25.97c	(26.37f) 1/25
4	99	Isa MOUSTAKAS	FR	#1 Southern Maine {2}	26.05c	(26.45f) 1/18
5		Tayshia CARY	SO	#3 Rhode Island Col {2}	26.08c	(26.48f) 1/18
6		Saige KIRKLAND	SO	#4 Eastern Connect	26.26	12/7
7		Paige HURST	SR	#5 Plymouth State	26.42c	(26.83f) 1/11
8		Keely GIORDANO	FR	#2 Keene State	26.43	1/25
9		Quiana PEZZA	FR	#3 Rhode Island Col {3}	26.52c	(26.93f) 1/18
10		Heaven CONLEY	SR	#1 Southern Maine {3}	26.76	1/11

Women's 3000 Meters

1		Haley OLIVER	JR	#3 Rhode Island Col	10:31.86	1/11
2		Margaret ST JOHN	SR	#2 Keene State	10:46.39	1/25
3		Anna O'REILLY	JR	#2 Keene State {2}	10:47.60	1/25
4		Shea ROCHE	JR	#7 UMass Boston	10:48.43c	(10:53.98f) 1/18
5		Sarah AMES	SR	#2 Keene State {3}	10:51.72	1/25
6		Gwen CATALANO	FR	#1 Southern Maine	11:00.90	1/11
7		Emily PHILBROOK	SR	#6 UMass Dartmouth	11:02.42c	(11:08.09f) 1/18
8		Anya AADLAND	SO	#6 UMass Dartmouth {2}	11:08.92c	(11:14.65f) 1/18
9		Emma STEEDMAN	SO	#6 UMass Dartmouth {3}	11:09.99c	(11:15.73f) 1/18
10		Sara CHRISTIAN	SR	#2 Keene State {4}	11:12.78c	(11:18.54f) 1/11

Women's 400 Meters

1	64	Trinity HAYES	SR	#3 Rhode Island Col	59.37c	(1:00.15f) 1/25
2		Heaven CONLEY	SR	#1 Southern Maine	1:00.67c	(1:01.47f) 1/18
3		Saige KIRKLAND	SO	#4 Eastern Connect	1:01.45c	(1:02.26f) 1/25
4		Paige HURST	SR	#5 Plymouth State	1:02.11	1/25
5		Allie KIMBALL	SO	#1 Southern Maine {2}	1:02.64c	(1:03.47f) 1/18
6		Mya AUSTIN	FR	#1 Southern Maine {3}	1:03.49	1/25
7		Rose KAROW	SO	#5 Plymouth State {2}	1:03.55	1/25
8		Ashley GENTILE	SR	#4 Eastern Connect {2}	1:03.67	12/7
9		Meara MCVEARRY	FR	#1 Southern Maine {4}	1:04.19	1/25
10		Haley GREENWOOD	FR	#5 Plymouth State {3}	1:04.99c	(1:05.85f) 1/18

Women's 5000 Meters

1	83	Margaret ST JOHN	SR	#2 Keene State	18:30.14c	(18:38.64f) 12/7
2		Alison LECLERC	SR	#4 Eastern Connect	18:41.56c	(18:50.15f) 12/7
3		Gwen CATALANO	FR	#1 Southern Maine	19:05.52c	(19:14.29f) 1/18
4		Kallie WARNER	FR	#2 Keene State {2}	19:06.23	1/25
5		Emily PHILBROOK	SR	#6 UMass Dartmouth	19:09.44	1/11
6		Sara CHRISTIAN	SR	#2 Keene State {3}	19:21.94	1/25
7		Mia SWEENEY	FR	#5 Plymouth State	20:10.24c	(20:19.50f) 1/18
8		Sarah LYNCH	SO	#6 UMass Dartmouth {2}	20:11.30c	(20:20.57f) 1/25
9		Carly ALSTON	SR	#4 Eastern Connect {2}	20:22.21c	(20:31.57f) 1/25
10		Lucy DEPOLITO	JR	#1 Southern Maine {2}	20:24.48c	(20:33.85f) 1/18



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



Little East

as of 1/28/2025 9:16:41 AM ET

Women's 4x400 Relay

1	44	Alexis Karantza, Allie Kimball, Mya Austin, Heaven Conley	#1 Southern Maine	4:07.79c	(4:11.08f)	12/14
2	86	Ashley Gentile, Laci Davis, Saige Kirkland, Jasmine Charley	#4 Eastern Connect	4:15.86c	(4:19.25f)	1/18
3		Bendu Kamara, Tayshia Cary, Trinity Hayes, Haley Oliver	#3 Rhode Island Col	4:24.04c	(4:27.54f)	12/7
4		harleen Bassan, Jacqueline Earner, Shea Roche, Aryianna Garceau	#7 UMass Boston	4:26.64c	(4:30.18f)	1/25
5		Montana Casa, Sofia D'addona, Megan Moynihan, Cassidy Hanson	#5 Plymouth State	4:30.88		1/25
6		Emma Steedman, Julia Latura, Kyla Palmer, Sara Lopez	#6 UMass Dartmouth	4:41.37		1/11
7		Dani Pleau, Bryn Dickinson, Maya Wedge, Helena Papadopolulos	#2 Keene State	4:58.31c	(5:02.27f)	12/7

Women's Distance Medley Relay

1	16	#Type!	#2 Keene State	13:02.01c	(13:10.38f)	1/18
2	26	Abby Marston, Haley Greenwood, Abby Snow, Rose Karow	#5 Plymouth State	13:34.76		1/25
3	41	AnnMarie Limberger, Anabel Melanson, Whitney Davenport, Julia Szewc	#1 Southern Maine	14:27.55		1/25

Women's High Jump

1	80	Dorinda OKORJI	SR #7 UMass Boston	1.56m	5-1¼	1/25
1	80	Autumn GERRY	JR #1 Southern Maine	1.56m	5-1¼	1/18
1	80	Ani FLYNN	FR #5 Plymouth State	1.56m	5-1¼	12/6
4		Angelina TACCOGNA	FR #4 Eastern Connect	1.53m	5-½	12/7
5		Isabella TACCOGNA	JR #6 UMass Dartmouth	1.51m	4-11½	1/25
6		Olivia JALBERT	SR #1 Southern Maine {2}	1.48m	4-10¼	1/11
7		Molly LU MCKELLAR	JR #2 Keene State	1.46m	4-9½	1/18
7		Allyse BRIEN	FR #2 Keene State	1.46m	4-9½	1/25
7		Belleya FRANCK	FR #6 UMass Dartmouth {2}	1.46m	4-9½	1/18
7		Abigail SEAMAN	JR #8 Castleton	1.46m	4-9½	1/25
7		Emma COUTUIER	SO #5 Plymouth State {2}	1.46m	4-9½	12/6
7		Drea DEFREITAS	FR #2 Keene State	1.46m	4-9½	1/25

Women's Pole Vault

1	46	Natasha FRISCH	FR #4 Eastern Connect	3.40m	11-1¾	12/7
2	86	Riley REITCHEL	JR #1 Southern Maine	3.25m	10-8	12/14
3		Carlie CRONIN	SO #2 Keene State	3.00m	9-10	1/18
4		Katelyn DENUNZIO	SO #4 Eastern Connect {2}	2.35m	7-8½	12/7
4		Mackenzie JORGENSEN	SR #7 UMass Boston	2.35m	7-8½	1/18

Women's Long Jump

1	48	Quiana PEZZA	FR #3 Rhode Island Col	5.37m	17-7½	12/7
2	61	Dorinda OKORJI	SR #7 UMass Boston	5.31m	17-5¼	1/25
2	61	Khalsa HAMMITH	FR #1 Southern Maine	5.31m	17-5¼	1/11
4		Olivia JALBERT	SR #1 Southern Maine {2}	5.17m	16-11½	12/14
5		Aryianna GARCEAU	JR #7 UMass Boston {2}	5.16m	16-11¼	1/18
6		Emma COUTUIER	SO #5 Plymouth State	5.12m	16-9¾	1/18
7		Drea DEFREITAS	FR #2 Keene State	5.10m	16-8¾	12/7
8		Molly LU MCKELLAR	JR #2 Keene State {2}	4.89m	16-½	1/25
9		Senai WHIGHAM	FR #7 UMass Boston {3}	4.86m	15-11½	12/7
10		Laci DAVIS	SO #4 Eastern Connect	4.84m	15-10½	12/14
10		Amara CALHUM-FLOWERS	FR #1 Southern Maine {3}	4.84m	15-10½	12/14

Women's Triple Jump

1	77	Quiana PEZZA	FR #3 Rhode Island Col	10.75m	35-3¼	12/7
2	84	Laci DAVIS	SO #4 Eastern Connect	10.71m	35-1¾	12/14
3		Abigail SEAMAN	JR #8 Castleton	10.52m	34-6¼	12/7
4		Drea DEFREITAS	FR #2 Keene State	10.31m	33-10	1/18
5		Givanni PERRY	FR #4 Eastern Connect {2}	10.25m	33-7½	1/25
6		Amara CALHUM-FLOWERS	FR #1 Southern Maine	10.05m	32-11¾	1/11
6		Angelina TACCOGNA	FR #4 Eastern Connect {3}	10.05m	32-11¾	1/25
8		Olivia JALBERT	SR #1 Southern Maine {2}	9.98m	32-9	12/14
8		Isabella TACCOGNA	JR #6 UMass Dartmouth	9.98m	32-9	1/25
10		Caroline COOPER	FR #2 Keene State {2}	9.92m	32-6½	1/25

Women's Shot Put

1	32	Zoe BARNES	SR #1 Southern Maine	12.73m	41-9¼	12/14
2	68	KaylInn STEVENSON	SO #8 Castleton	12.21m	40-¾	1/25
3		Samantha SAINRISTILL	SR #3 Rhode Island Col	11.82m	38-9½	1/18
4		Kate HOCKENBURY	SR #6 UMass Dartmouth	11.77m	38-7½	1/25
5		Molly LU MCKELLAR	JR #2 Keene State	11.73m	38-6	1/18
6		Neisha BOITEUX	SR #6 UMass Dartmouth {2}	11.49m	37-8½	1/18
7		Isabell LANFEAR	JR #8 Castleton {2}	11.28m	37-¼	1/25
8		Emily HESKETH	SO #6 UMass Dartmouth {3}	11.22m	36-9¾	1/18
9		Karli MARTIN	SO #8 Castleton {3}	10.62m	34-10¼	1/25
10		Izzy GRAY	JR #1 Southern Maine {2}	10.44m	34-3	12/14

Women's Weight Throw

1	45	Zoe BARNES	SR #1 Southern Maine	15.39m	50-6	1/11
2	61	Samantha SAINRISTILL	SR #3 Rhode Island Col	15.13m	49-7¾	1/11
3		KaylInn STEVENSON	SO #8 Castleton	13.80m	45-3½	12/14
4		Emily HESKETH	SO #6 UMass Dartmouth	13.57m	44-6¼	1/11
5		Karli MARTIN	SO #8 Castleton {2}	13.49m	44-3¼	12/7
6		Kylie TAYLOR	JR #5 Plymouth State	13.41m	44-0	1/18
7		Neisha BOITEUX	SR #6 UMass Dartmouth {2}	13.24m	43-5¼	1/18
8		Libby MCINTYRE	SR #5 Plymouth State {2}	13.05m	42-9¾	1/18
9		Lamari DAVIS	FR #2 Keene State	13.00m	42-8	12/7
10		Izzy GRAY	JR #1 Southern Maine {2}	12.73m	41-9¼	12/14

Women's Pentathlon

1	16	Molly LU MCKELLAR	JR #2 Keene State	3,063		12/14
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USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



MAC

as of 1/28/2025 9:16:41 AM ET

Women's 60 Meters

1	33	Mariam KOITA	SO	#1 Widener	7.80	1/24
2	45	Maria MUZZARELLI	SR	#1 Widener {2}	7.84	12/7
3	71	Kayla ROBINSON	SO	#1 Widener {3}	7.90	1/18
4		Halle JENNETT	SR	#3 Messiah	8.03	1/18
5		Angela NUSE	SO	#9 York (Pa.)	8.04	12/6
6		Arwyn GRUENWALD	JR	#3 Messiah {2}	8.08	12/6
7		Ava MATTER	FR	#2 Lebanon Valley	8.09	1/10
8		Jayla GORE	JR	#1 Widener {4}	8.14	1/24
9		Elizabeth SCHWARZ	SR	#11 Alvernia	8.17	12/7
9		Grace KANE	SR	#13 Delaware Valley	8.17	12/7

Women's 60 Meter Hurdles

1	89	Kara BROWN	JR	#3 Messiah	9.41	1/24
2		Zahara SIMMONS	FR	#1 Widener	9.47	1/24
3		Kayla ROBINSON	SO	#1 Widener {2}	9.56	12/7
4		Mikayla MITCHELL	SO	#2 Lebanon Valley	9.64	1/25
5		Cara DOYLE	FR	#6 Misericordia	9.67	1/25
6		Abigail REED	SO	#2 Lebanon Valley {2}	9.70	1/10
7		Anna SAWICKI	FR	#2 Lebanon Valley {3}	9.73	1/10
8		Victoria ZULTEVICZ	SR	#5 King's College (P	9.74	12/7
9		Sydni BELL	JR	#1 Widener {3}	9.76	12/7
10		Am'yra JOHNSON	FR	#7 Eastern (Pa.)	9.90	12/6
10		Claudia GROSS	JR	#9 York (Pa.)	9.90	12/6

Women's 200 Meters

1	10	Mariam KOITA	SO	#1 Widener	24.95	1/24
2	74	Maria MUZZARELLI	SR	#1 Widener {2}	25.86	1/24
3	87	Halle JENNETT	SR	#3 Messiah	25.97c	(26.37f) 1/18
4		Ava MATTER	FR	#2 Lebanon Valley	26.56c	(26.97f) 1/18
5		Bianca BURKE	JR	#12 FDU Florham	26.72	1/17
6		Grace KANE	SR	#13 Delaware Valley	26.73c	(27.14f) 12/7
7		Abigail SPRINGER	SR	#5 King's College (P	26.81c	(27.22f) 12/7
8		Darrian BERKHEIMER	SR	#2 Lebanon Valley {2}	26.97c	(27.39f) 1/18
9		Anahrie ANDERSON	SO	#7 Eastern (Pa.)	27.03c	(27.45f) 12/13
10		Arwyn GRUENWALD	JR	#3 Messiah {2}	27.05	1/24

Women's 400 Meters

1		Halle JENNETT	SR	#3 Messiah	1:00.87c	(1:01.67f) 12/6
2		Bianca BURKE	JR	#12 FDU Florham	1:00.93	1/25
3		Isabella SHANLEY	SO	#4 Stevens	1:01.16	1/24
4		Emma SCHULTZ	SR	#1 Widener	1:01.81	12/7
5		Anahrie ANDERSON	SO	#7 Eastern (Pa.)	1:02.52c	(1:03.35f) 12/6
6		Anya SADOWSKI	FR	#4 Stevens {2}	1:03.01c	(1:03.84f) 1/18
7		Ava BUTCHER	SO	#5 King's College (P	1:03.03c	(1:03.86f) 12/7
8		Theresa KERVICK	SR	#1 Widener {2}	1:03.05c	(1:03.88f) 1/18
9		Isabel TENNEY	SO	#9 York (Pa.)	1:03.20c	(1:04.03f) 1/18
10		Tiana MILLER	FR	#7 Eastern (Pa.) {2}	1:03.26c	(1:04.10f) 12/6

Women's 800 Meters

1		Elana PINEDA	FR	#3 Messiah	2:22.71c	(2:24.35f) 1/18
2		Hailey SHREFFLER	SR	#7 Eastern (Pa.)	2:22.91	1/24
3		Kay WISCOUNT	FR	#8 DeSales	2:23.27	1/24
4		Gabriella NYE	JR	#1 Widener	2:24.87c	(2:26.54f) 1/18
5		Brianna WAGNER	SR	#6 Misericordia	2:26.11c	(2:27.79f) 1/17
6		Abigail HUNT	JR	#2 Lebanon Valley	2:27.31	1/25
7		Grace MORNINGSTAR	SO	#6 Misericordia {2}	2:27.47	1/10
8		Kathryn LONG	JR	#1 Widener {2}	2:27.55c	(2:29.25f) 1/18
9		Isabella SHANLEY	SO	#4 Stevens	2:28.08c	(2:29.78f) 12/7
10		Rosnelly SANCHEZ	SO	#11 Alvernia	2:28.17c	(2:29.87f) 1/18

Women's Mile

1	53	Hailey SHREFFLER	SR	#7 Eastern (Pa.)	5:07.90	1/24
2	66	Gabriella NYE	JR	#1 Widener	5:09.66c	(5:12.72f) 1/18
3		Brianna WAGNER	SR	#6 Misericordia	5:14.17c	(5:17.28f) 1/17
4		Abigail HUNT	JR	#2 Lebanon Valley	5:14.54c	(5:17.65f) 1/18
5		Kathryn LONG	JR	#1 Widener {2}	5:16.37c	(5:19.50f) 1/18
6		Grace MORNINGSTAR	SO	#6 Misericordia {2}	5:18.92c	(5:22.07f) 1/25
7		Haley ESTUS	SR	#8 DeSales	5:19.49c	(5:22.65f) 1/18
8		Coyla BARTHOLOMEW	JR	#2 Lebanon Valley {2}	5:21.98c	(5:25.16f) 1/10
9		Liz EGAN	JR	#1 Widener {3}	5:23.25c	(5:26.45f) 1/11
10		Loralei GOLEMBIEWSKI	FR	#1 Widener {4}	5:24.90c	(5:28.11f) 1/18

Women's 3000 Meters

1	73	Grace GALLAGHER	JR	#6 Misericordia	10:20.72	1/10
2		Haley ESTUS	SR	#8 DeSales	10:26.69	1/24
3		Brianna WAGNER	SR	#6 Misericordia {2}	10:28.87c	(10:34.26f) 1/25
4		Ellie KOZICH	FR	#8 DeSales {2}	10:34.46c	(10:39.90f) 1/18
5		Loralei GOLEMBIEWSKI	FR	#1 Widener	10:34.58c	(10:40.02f) 1/11
6		Kathryn LONG	JR	#1 Widener {2}	10:39.67c	(10:45.15f) 1/11
7		Liz EGAN	JR	#1 Widener {3}	10:45.53c	(10:51.06f) 1/18
8		Coyla BARTHOLOMEW	JR	#2 Lebanon Valley	10:46.71c	(10:52.25f) 1/10
9		Autumn GARGES	JR	#2 Lebanon Valley {2}	10:49.93c	(10:55.50f) 1/10
10		Kyrianna NEMITZ	SO	#2 Lebanon Valley {3}	10:50.55c	(10:56.12f) 1/18

Women's 5000 Meters

1	34	Gabriella NYE	JR	#1 Widener	17:43.92	1/24
2	56	Hailey SHREFFLER	SR	#7 Eastern (Pa.)	18:05.58c	(18:13.89f) 12/6
3	66	Kathryn LONG	JR	#1 Widener {2}	18:16.64	1/24
4	73	Grace GALLAGHER	JR	#6 Misericordia	18:19.41c	(18:27.83f) 1/25
5		Ella SWAYNE	SO	#3 Messiah	19:07.98c	(19:16.77f) 12/6
6		Lindsay FRY	SR	#9 York (Pa.)	19:27.31	1/25
7		Madison KIMMEL	SO	#3 Messiah {2}	19:30.19c	(19:39.15f) 12/6
8		Rachel ULRICH	JR	#6 Misericordia {2}	19:35.37c	(19:44.37f) 1/25
9		Liz EGAN	JR	#1 Widener {3}	19:39.83	1/24
10		Nina VIGLIANTI	SR	#8 DeSales	19:44.90	1/24



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MAC

as of 1/28/2025 9:16:41 AM ET

Women's 4x400 Relay

1	72	Abigail Reed, Darrian Berkheimer, Charleigh Seifert, Mileyshka Calderon	#2 Lebanon Valley	4:13.60c (4:16.96f)	1/10
2	73	Cara Doyle, Mary Grasso, Emily Kreyev, Grace Morningstar	#6 Misericordia	4:13.74c (4:17.10f)	1/25
3	87	Clara Benner, Elana Pineda, Meagan Kime, Halle Jennett	#3 Messiah	4:16.20	1/24
4	99	Isabella Shanley, Anya Sadowski, Lauren Alley, Isabel Vogel	#4 Stevens	4:17.67	1/24
5		Isabel Tenney, Kayla Reidenbaugh, Payton Mann, Keziah Boyce	#9 York (Pa.)	4:18.47	1/24
6		Tiana Miller, Gisella Croge, Mya Cadena, Anahrie Anderson	#7 Eastern (Pa.)	4:22.36c (4:25.84f)	12/6
7		Kay Wiscount, Angelina Klein, Haley Estus, Avery Peluszak	#8 DeSales	4:22.92c (4:26.41f)	1/18
8		Jacqueline Engler, Emma Mae Jones, Kate Smilovic, Grace Curnow	#10 Arcadia	4:24.09	1/24
9		Ava Butcher, Julia Johnson, Lindsey Eyer, Sarah Hartzell	#5 King's College (P)	4:40.44c (4:44.16f)	1/18
10	#Type!		#15 Hood	4:44.82c (4:48.60f)	1/18

Women's Distance Medley Relay

1	11	Kyrianna Nemitz, Sierra Kapcsos, Emily Miller, Autumn Garges	#2 Lebanon Valley	12:52.56c (13:00.83f)	1/18
2	38	Lindsey Eyer, Sarah Hartzell, Julia Johnson, Cecilia Chipriano	#5 King's College (P)	14:20.43c (14:29.64f)	1/18

Women's High Jump

1	34	Allie CANCIANI	SR #4 Stevens	1.60m	5-3	1/18
1	34	Caroline TIGHE	SR #4 Stevens	1.60m	5-3	1/24
3	58	Maggie PREVIGLIAN	JR #4 Stevens {3}	1.58m	5-2¼	12/7
4	66	Anna SAWICKI	FR #2 Lebanon Valley	1.57m	5-1¾	12/6
5	100	Melena KOUTCH	SR #2 Lebanon Valley {2}	1.55m	5-1	1/18
6		Theresa KERVICK	SR #1 Widener	1.53m	5-¼	12/7
6		Carolina WEGMAN	JR #2 Lebanon Valley {3}	1.53m	5-¼	1/10
6		Meghan KREINBERG	FR #12 FDU Florham	1.53m	5-¼	12/7
6		Madison ARMITAGE	SR #5 King's College (P)	1.53m	5-¼	1/18
10		Maya LAPINSKI	SO #4 Stevens {4}	1.50m	4-11	12/7
10		Brooke SIGNORELLA	FR #8 DeSales	1.50m	4-11	1/18
10		Kayla ROBINSON	SO #1 Widener {2}	1.50m	4-11	12/7
10		Angelise RODRIGUEZ	FR #11 Alvernia	1.50m	4-11	1/18
10		Zahara SIMMONS	FR #1 Widener {2}	1.50m	4-11	1/18
10		Kara BROWN	JR #3 Messiah	1.50m	4-11	1/18

Women's Pole Vault

1	30	Hannah WITTER	JR #3 Messiah	3.50m	11-5¾	1/18
2	73	Alexis MEROLA	JR #4 Stevens	3.30m	10-9¾	12/13
3	99	Rachel SNAVELY	SR #2 Lebanon Valley	3.20m	10-6	1/10
3	99	Victoria ZULTEVICZ	SR #5 King's College (P)	3.20m	10-6	1/18
3	99	Alita PARAGON	FR #9 York (Pa.)	3.20m	10-6	1/18
6		Emma MELE	SR #8 DeSales	3.03m	9-11¼	1/18
7		Lennix HORSBURGH	FR #13 Delaware Valley	3.00m	9-10	12/7
8		Hailee KREISER	#2 Lebanon Valley {2}	2.90m	9-6¼	12/6
8		Stephanie RYAZANOVA	JR #4 Stevens {2}	2.90m	9-6¼	1/24
10		Emily ORIEL	JR #2 Lebanon Valley {3}	2.88m	9-5¼	1/18
10		Luisanna POLANCO	SO #2 Lebanon Valley {3}	2.88m	9-5¼	1/10

Women's Long Jump

1	27	Kayla ROBINSON	SO #1 Widener	5.48m	17-11¾	1/24
2		Britney ANYIA	FR #11 Alvernia	5.20m	17-¾	1/24
3		Mia FLEMING	SO #10 Arcadia	5.17m	16-11½	12/7
4		Melissa PELLER	SR #8 DeSales	5.10m	16-8¾	1/18
5		Omotola OYINKOLADE	FR #2 Lebanon Valley	4.98m	16-4¼	1/10
6		Theresa KERVICK	SR #1 Widener {2}	4.91m	16-1½	1/24
7		Anna SAWICKI	FR #2 Lebanon Valley {2}	4.86m	15-11½	1/10
8		Olivia SCHOTT	SO #10 Arcadia {2}	4.84m	15-10½	1/24
9		Maggie PREVIGLIAN	JR #4 Stevens	4.83m	15-10¼	12/7
10		Hailey MYERS	FR #2 Lebanon Valley {3}	4.82m	15-9¾	12/6
10		Ella SANTORO	SR #4 Stevens {2}	4.82m	15-9¾	12/7

Women's Triple Jump

1	3	Kayla ROBINSON	SO #1 Widener	12.45m	40-10¼	1/24
2	17	Mylina CASTILLO	SR #11 Alvernia	11.46m	37-7¼	1/24
3		Mia FLEMING	SO #10 Arcadia	10.38m	34-¾	12/7
4		Omotola OYINKOLADE	FR #2 Lebanon Valley	10.29m	33-9¼	1/18
5		Janitza HERNANDEZ-ALBINO	SO #7 Eastern (Pa.)	10.28m	33-8¾	1/25
6		Olivia SCHOTT	SO #10 Arcadia {2}	10.25m	33-7½	1/10
7		Haley THUNBERG	SR #2 Lebanon Valley {2}	10.02m	32-10½	1/18
8		Chloe GRADY	SO #2 Lebanon Valley {3}	9.96m	32-8¼	12/6
9		Hailey MYERS	FR #2 Lebanon Valley {4}	9.91m	32-6¼	1/10
10		Kaitlyn HESS	JR #14 Stevenson	9.87m	32-4¾	12/8

Women's Shot Put

1	16	Kayla ROBINSON	SO #1 Widener	13.04m	42-9½	12/7
2	26	Brandy VARNER	JR #5 King's College (P)	12.83m	42-1¼	1/24
3	47	Donya BAXTER	JR #10 Arcadia	12.43m	40-9½	1/24
4	90	Meghan KREINBERG	FR #12 FDU Florham	12.00m	39-4½	12/7
5		Savana DODD	SO #7 Eastern (Pa.)	11.82m	38-9½	1/18
6		Delaney HILFERTY	SR #5 King's College (P){2}	11.27m	36-11¾	1/24
7		Sadie FENSTERMAKER	FR #8 DeSales	11.08m	36-4¼	1/18
8		Alyssa BETZ	SR #2 Lebanon Valley	10.92m	35-10	12/6
9		Leah FERSTER	SR #3 Messiah	10.75m	35-3¼	12/6
10		Anna SAWICKI	FR #2 Lebanon Valley {2}	10.68m	35-½	1/18



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Women's Weight Throw

1	30	Katelyn SHOEMAKER	JR	#5	King's College (P	15.76m	51-8½	1/24
2	82	Lauren ASSANTE	SR	#2	Lebanon Valley	14.87m	48-9½	12/6
3	84	Savana DODD	SO	#7	Eastern (Pa.)	14.84m	48-8¼	12/13
4	86	Brandy VARNER	JR	#5	King's College (P{2}	14.83m	48-8	1/24
5		Delaney HILFERTY	SR	#5	King's College (P{3}	14.22m	46-8	1/24
6		Hailey SHERWOOD	SO	#9	York (Pa.)	14.17m	46-6	12/6
7		Sadie FENSTERMAKER	FR	#8	DeSales	13.94m	45-9	1/24
8		Donya BAXTER	JR	#10	Arcadia	13.81m	45-3¾	1/24
9		Caitlin KIRK	SO	#5	King's College (P{4}	13.79m	45-3	12/7
10		Isabel RODRIGUEZ	JR	#1	Widener	13.46m	44-2	1/24

Women's Pentathlon

1	4	Kayla ROBINSON	SO	#1	Widener	3,451		12/7
2	15	Anna SAWICKI	FR	#2	Lebanon Valley	3,081		1/10
3	20	Theresa KERVICK	SR	#1	Widener	{2} 2,976		12/7
4	30	Isabella SHANLEY	SO	#4	Stevens	2,847		12/7
5	46	Janitza HERNANDEZ-ALBINO	SO	#7	Eastern (Pa.)	2,473		12/13
6	56	Stephanie RYAZANOVA	JR	#4	Stevens	{2} 2,375		12/7
7	60	Maya LAPINSKI	SO	#4	Stevens	{3} 2,328		12/7
8	68	Carolina WEGMAN	JR	#2	Lebanon Valley	{2} 2,086		1/10



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Women's 60 Meters

1	38	Kiara ABRANTES	SR	#2 Bridgewater Sta	7.82	1/18
2	56	Jailene ESCALERA	SR	#2 Bridgewater Sta {2}	7.88	1/18
3		Grace INACIO	FR	#2 Bridgewater Sta {3}	8.00	1/18
4		Delaney PARKER	SR	#1 Westfield State	8.12	12/7
5		Alexis STRONG	SO	#3 Worcester State	8.23	12/7
6		Arianna FARRELL	FR	#3 Worcester State {2}	8.52	12/7
7		Devin WHALEN	SO	#1 Westfield State {2}	8.54	1/25
8		Eliza LEE	JR	#1 Westfield State {3}	8.57	12/7
9		Arieyana ROBINSON	FR	#4 Fitchburg State	8.65	12/7
10		Emerson RICCIARDI	FR	#2 Bridgewater Sta {4}	8.80	1/18

Women's 60 Meter Hurdles

1	7	Alison MCDONOUGH	SR	#2 Bridgewater Sta	8.84	1/18
2		Devin WHALEN	SO	#1 Westfield State	9.78	1/18
3		Eliza LEE	JR	#1 Westfield State {2}	10.07	1/25
4		Paola QUINONES RAMOS	FR	#1 Westfield State {3}	10.17	12/7
5		Arianna FARRELL	FR	#3 Worcester State	11.00	1/25
6		Madison ROOT	FR	#2 Bridgewater Sta {2}	11.10	1/18
7		Alex LAPOINTE	FR	#3 Worcester State {2}	11.12	1/25
8		Kaylynn BAUMGARD	FR	#1 Westfield State {4}	11.16	1/18

Women's 200 Meters

1	8	Kiara ABRANTES	SR	#2 Bridgewater Sta	24.88c	(25.26f) 1/18
2	45	Jailene ESCALERA	SR	#2 Bridgewater Sta {2}	25.60c	(25.99f) 1/18
3		Alison MCDONOUGH	SR	#2 Bridgewater Sta {3}	26.07	1/25
4		Grace INACIO	FR	#2 Bridgewater Sta {4}	26.09	1/25
5		Eliza LEE	JR	#1 Westfield State	27.59cu	(28.30u) 1/18
6		Delaney PARKER	SR	#1 Westfield State {2}	27.83c	(28.26f) 12/7
7		Devin WHALEN	SO	#1 Westfield State {3}	28.01c	(28.44f) 1/25
8		Anjalina LUBARSKY	SO	#1 Westfield State {4}	28.27c	(28.71f) 12/7
9		Caroline GILSON	SR	#3 Worcester State	28.35c	(28.79f) 12/7
10		Emily BODWELL	FR	#3 Worcester State {2}	28.65c	(29.09f) 12/7

Women's 400 Meters

1	10	Kiara ABRANTES	SR	#2 Bridgewater Sta	56.65	12/14
2		Eliza LEE	JR	#1 Westfield State	1:01.28c	(1:02.09f) 12/14
3		Caroline GILSON	SR	#3 Worcester State	1:03.96c	(1:04.80f) 12/7
4		Jailene FELIX	FR	#1 Westfield State {2}	1:04.50c	(1:05.35f) 12/14
5		Bella GROVER	FR	#2 Bridgewater Sta {2}	1:05.03	1/25
6		Trishannah SCOTT	JR	#4 Fitchburg State	1:05.74c	(1:06.61f) 1/18
7		Emily BODWELL	FR	#3 Worcester State {2}	1:05.86c	(1:06.73f) 12/7
8		Rayna CONSIGLIO	SR	#1 Westfield State {3}	1:07.47c	(1:08.36f) 1/25
9		Aria DICATO	SO	#4 Fitchburg State {2}	1:08.74c	(1:09.65f) 1/18
10		Paola QUINONES RAMOS	FR	#1 Westfield State {4}	1:09.08cu	(1:10.49u) 1/18

Women's 800 Meters

1		Naomi CASS	SO	#2 Bridgewater Sta	2:29.06	1/11
2		Molly KENNEDY	SR	#1 Westfield State	2:30.93c	(2:32.67f) 1/25
3		Brynne LECOURS	JR	#1 Westfield State {2}	2:33.15c	(2:34.91f) 12/14
4		Eliza LEE	JR	#1 Westfield State {3}	2:34.88c	(2:36.66f) 1/25
5		Ana IMRIE	JR	#2 Bridgewater Sta {2}	2:42.78	1/25
6		Alison DOWNIN	SR	#1 Westfield State {4}	2:47.49cu	(2:50.24u) 1/18
7		Erin VASU	JR	#1 Westfield State {5}	2:49.69cu	(2:52.48u) 1/18
8		Aubrey TUNNERA	JR	#3 Worcester State	2:49.81c	(2:51.76f) 1/25
9		Aria DICATO	SO	#4 Fitchburg State	2:50.35c	(2:52.31f) 1/25
10		Brooke SOUCY	FR	#1 Westfield State {6}	2:52.64cu	(2:55.48u) 1/18

Women's Mile

1		Naomi CASS	SO	#2 Bridgewater Sta	5:14.94c	(5:18.05f) 1/18
2		Tealei CHANDONNET	JR	#1 Westfield State	5:21.22c	(5:24.40f) 12/7
3		Shea HAMEL	JR	#1 Westfield State {2}	5:29.53cu	(5:33.83u) 1/18
4		Reese STEVENS	FR	#1 Westfield State {3}	5:31.23cu	(5:35.55u) 1/18
5		Lily VALCOVIC	SR	#2 Bridgewater Sta {2}	5:33.44	12/14
6		Kate BROWN	JR	#2 Bridgewater Sta {3}	5:33.97	12/14
7		Brynne LECOURS	JR	#1 Westfield State {4}	5:40.21c	(5:43.57f) 12/7
8		Julianne KELLY	JR	#1 Westfield State {5}	5:40.41c	(5:43.78f) 12/7
9		Molly KENNEDY	SR	#1 Westfield State {6}	5:42.14c	(5:45.52f) 12/7
10		Skye GOBA	JR	#4 Fitchburg State	5:49.56c	(5:53.02f) 1/25

Women's 3000 Meters

1	44	Naomi CASS	SO	#2 Bridgewater Sta	10:10.47	1/25
2	88	Tealei CHANDONNET	JR	#1 Westfield State	10:23.63c	(10:28.97f) 12/14
3		Shea HAMEL	JR	#1 Westfield State {2}	10:52.56c	(10:58.15f) 12/14
4		Julianne KELLY	JR	#1 Westfield State {3}	11:00.47c	(11:06.13f) 12/14
5		Reese STEVENS	FR	#1 Westfield State {4}	11:03.52c	(11:09.20f) 12/14
6		Rebecca PATEL	SR	#1 Westfield State {5}	11:34.58c	(11:40.53f) 12/14
7		Molly KENNEDY	SR	#1 Westfield State {6}	11:38.16c	(11:44.14f) 12/7
8		Brynne LECOURS	JR	#1 Westfield State {7}	11:50.53c	(11:56.62f) 12/7
9		Erin VASU	JR	#1 Westfield State {8}	11:56.89c	(12:03.03f) 12/7
10		Kelsey GENDREAU	JR	#3 Worcester State	11:59.55c	(12:05.71f) 12/7

Women's 5000 Meters

1	53	Naomi CASS	SO	#2 Bridgewater Sta	17:59.00	1/11
2		Shea HAMEL	JR	#1 Westfield State	18:56.56c	(19:05.26f) 1/25
3		Lily VALCOVIC	SR	#2 Bridgewater Sta {2}	19:01.61	1/25
4		Tealei CHANDONNET	JR	#1 Westfield State {2}	19:11.13c	(19:19.94f) 1/25
5		Julianne KELLY	JR	#1 Westfield State {3}	19:31.97c	(19:40.94f) 1/25
6		Reese STEVENS	FR	#1 Westfield State {4}	19:36.62c	(19:45.63f) 1/25
7		Erin VASU	JR	#1 Westfield State {5}	21:29.84c	(21:39.71f) 1/25
8		Alison DOWNIN	SR	#1 Westfield State {6}	21:40.96c	(21:50.92f) 1/25
9		Ariann LECOURS	SR	#1 Westfield State {7}	22:13.91c	(22:24.12f) 1/25



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WOMEN — 2025 Week #1, January 28



MASCAC

as of 1/28/2025 9:16:42 AM ET

Women's 4x400 Relay

1	67	Kiara Abrantes, Grace Inacio, Bella Grover, Kate Brown	#2 Bridgewater State	4:12.67		1/25
2		Rayna Consiglio, Brynne LeCours, Tealei Chandonnet, Molly Kennedy	#1 Westfield State	4:34.81c (4:38.45f)		1/25
3		Emily Bodwell, Meghan Driscoll, Caroline Gilson, Bridget O'malley	#3 Worcester State	4:51.23c (4:55.09f)		1/25

Women's Weight Throw

1		Taylor CROUT	SO	#4 Fitchburg State	12.70m	41-8	12/14
2		Cassie ISRAELSON	JR	#4 Fitchburg State {2}	11.43m	37-6	12/14
2		Sthanisha MOREAU	SR	#3 Worcester State	11.43m	37-6	12/7
4		Arianna CONSTANT	SR	#3 Worcester State {2}	10.60m	34-9½	12/7
5		Sophia SALAMONE	JR	#4 Fitchburg State {3}	10.34m	33-11¼	1/25
6		Natalie KALGREN	SO	#2 Bridgewater State	10.06m	33-¼	1/18
7		Luana GRAU-MOURA	SO	#3 Worcester State {3}	9.98m	32-9	12/7
8		Charlotte COLLINS	FR	#3 Worcester State {4}	9.95m	32-7¼	1/25
9		Sophie HEPLER	FR	#4 Fitchburg State {4}	9.11m	29-10¾	12/14
10		Bronwyn PINSLY	SO	#1 Westfield State	8.68m	28-5¾	12/14

Women's High Jump

1	9	Serenity SANDS	SR	#2 Bridgewater State	1.66m	5-5¼	1/18
2	80	Juliana PATRONE	SR	#2 Bridgewater State {2}	1.56m	5-1¼	1/18
3		Bella GROVER	FR	#2 Bridgewater State {3}	1.51m	4-11½	1/18
4		Lauren CONDIKE	SO	#3 Worcester State	1.47m	4-9¾	1/25
5		Emily OTTOMANIELLO	JR	#1 Westfield State	1.41m	4-7½	12/14
6		Alex LAPOINTE	FR	#3 Worcester State {2}	1.40m	4-7	12/7
6		Chloe DAVIES	FR	#2 Bridgewater State {4}	1.40m	4-7	12/7
8		Eliza LEE	JR	#1 Westfield State {2}	1.38m	4-6¼	1/25

Women's Pentathlon

1	36	Eliza LEE	JR	#1 Westfield State	2,734		1/25
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Women's Long Jump

1	97	Ciara ADU-ADDO	SO	#3 Worcester State	5.24m	17-2¼	1/25
2		Eliza LEE	JR	#1 Westfield State	5.16m	16-11¼	1/25
3		Alexis STRONG	SO	#3 Worcester State {2}	4.91m	16-1½	12/7
4		Delaney PARKER	SR	#1 Westfield State {2}	4.78m	15-8¼	1/25
5		Emily OTTOMANIELLO	JR	#1 Westfield State {3}	4.40m	14-5¼	12/14
6		Alanis VELEZ	JR	#4 Fitchburg State	4.20m	13-9½	1/25
7		Kaylynn BAUMGARD	FR	#1 Westfield State {4}	4.02m	13-2¼	1/25
8		Maribelis ALCANTARA	FR	#4 Fitchburg State {2}	3.75m	12-3¾	12/7

Women's Triple Jump

1	52	Eliza LEE	JR	#1 Westfield State	10.92m	35-10	1/25
2		Delaney PARKER	SR	#1 Westfield State {2}	10.09m	33-1¼	12/14
3		Emily OTTOMANIELLO	JR	#1 Westfield State {3}	9.67m	31-8¾	12/7
4		Trishannah SCOTT	JR	#4 Fitchburg State	9.46m	31-½	12/7
5		Lauren CONDIKE	SO	#3 Worcester State	9.04m	29-8	1/25

Women's Shot Put

1		Jadah STOKES	SO	#3 Worcester State	11.38m	37-4	12/7
2		Bronwyn PINSLY	SO	#1 Westfield State	11.34m	37-2½	12/14
3		Sthanisha MOREAU	SR	#3 Worcester State {2}	10.16m	33-4	1/25
4		Taylor CROUT	SO	#4 Fitchburg State	10.07m	33-½	12/14
5		Natalie KALGREN	SO	#2 Bridgewater State	9.54m	31-3¾	1/25
6		Sophie HEPLER	FR	#4 Fitchburg State {2}	9.07m	29-9¼	1/18
7		Angela CROGNALO-TORREZ	FR	#3 Worcester State {3}	8.85m	29-½	12/7
8		Luana GRAU-MOURA	SO	#3 Worcester State {4}	8.71m	28-7	12/7
9		Cassie ISRAELSON	JR	#4 Fitchburg State {3}	8.57m	28-1½	1/18
10		Michelle RAY	SO	#1 Westfield State {2}	8.22m	26-11¾	12/14



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

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Women's 60 Meters

1	62 Sara SCHERMERHORN	JR	#3 Hope	7.89	1/18
2	82 Sydney RADIGAN	JR	#2 Calvin	7.94	1/25
3	91 Mackenzie MILLER	SR	#1 Trine	7.95	12/7
4	Aniyah SMALL	JR	#1 Trine	{2}8.12	12/7
5	Ariana TODD	FR	#1 Trine	{3}8.15	1/18
6	Ava SCHMIDT	JR	#3 Hope	{2}8.18	12/6
6	Jessie BOSSNBROEK	FR	#2 Calvin	{2}8.18	1/25
8	Sophia PETER	FR	#1 Trine	{4}8.19	1/18
9	Sofia FISHER	FR	#3 Hope	{3}8.20	1/24
10	Emma FORKER	JR	#1 Trine	{5}8.21	12/7

Women's 60 Meter Hurdles

1	Sophia PETER	FR	#1 Trine	9.50	12/7
2	Emily NORKOWSKI	SR	#6 Olivet	9.51	12/7
3	Brynn MERICLE	JR	#1 Trine	{2}9.54	12/7
4	Mia DEJONGE	JR	#2 Calvin	9.57	12/6
5	Cadence DROUGAL	FR	#2 Calvin	{2}9.63	12/6
6	London ELDRIDGE	SR	#6 Olivet	{2}9.73	12/7
7	Ella EASTERLING	FR	#2 Calvin	{3}9.90	1/25
8	Lydia ROWE	FR	#3 Hope	9.96	1/24
9	Helena SNYDER	SR	#5 Alma	10.15	1/24
10	Adrienne JACKSON	JR	#1 Trine	{3}10.18	12/7

Women's 200 Meters

1	7 Sara SCHERMERHORN	JR	#3 Hope	24.80 OT	12/6
2	56 Sydney RADIGAN	JR	#2 Calvin	25.72	1/25
3	Catherine LEAHY	JR	#3 Hope	{2}26.29c (26.69f)	1/24
4	Aniyah SMALL	JR	#1 Trine	26.52 OT	12/7
5	Mackenzie MILLER	SR	#1 Trine	{2}26.65 OT	12/7
6	Alysia TOWNSEND	FR	#7 Adrian	26.74c (27.15f)	1/18
7	Sofia FISHER	FR	#3 Hope	{3}26.93 OT	12/6
8	Jessie BOSSNBROEK	FR	#2 Calvin	{2}26.95	1/25
9	Audrey HOWELL	FR	#2 Calvin	{3}27.11 OT	12/6
10	Ariana TODD	FR	#1 Trine	{3}27.13 OT	12/7

Women's 400 Meters

1	2 Sara SCHERMERHORN	JR	#3 Hope	55.41 OT	12/6
2	37 Catherine LEAHY	JR	#3 Hope	{2}58.64c (59.41f)	1/24
3	Lauren BRAWT	SO	#5 Alma	1:01.20 OT	12/7
4	Alysia TOWNSEND	FR	#7 Adrian	1:01.92 OT	12/7
4	Jessie BOSSNBROEK	FR	#2 Calvin	1:01.92 OT	12/6
6	Frances COZZENS	JR	#3 Hope	{3}1:01.94 OT	1/18
7	Josie BARRIGER	FR	#1 Trine	1:02.06c (1:02.88f)	1/18
8	Adrienne JACKSON	JR	#1 Trine	{2}1:03.03c (1:03.86f)	1/18
9	Halle OVERMIRE	SO	#1 Trine	{3}1:03.15c (1:03.98f)	1/25
10	Emily WAHL	JR	#1 Trine	{4}1:03.66c (1:04.50f)	1/18

Women's 800 Meters

1	Halle OVERMIRE	SO	#1 Trine	2:22.76c (2:24.40f)	1/18
2	Emily WAHL	JR	#1 Trine	{2}2:24.43c (2:26.09f)	1/25
3	Jordan FOX	JR	#5 Alma	2:25.61 OT	1/24
4	Kennedi WOOD	FR	#2 Calvin	2:26.58	1/25
5	Bianca WIEGERINK	JR	#4 Albion	2:27.13c (2:28.82f)	1/25
6	Taryn PRATT	FR	#1 Trine	{3}2:27.16c (2:28.85f)	1/25
7	Kelly VALLE	JR	#1 Trine	{4}2:28.12c (2:29.82f)	1/18
8	Peyton LUDWIG	FR	#2 Calvin	{2}2:29.25	1/25
9	Lily SACKRIDER	FR	#3 Hope	2:29.80c (2:31.52f)	1/24
10	Sophia ALTMAN	SO	#1 Trine	{5}2:30.01c (2:31.74f)	1/18

Women's Mile

1	31 Natalie TEBBEN	SR	#2 Calvin	5:04.52	1/25
2	44 Bailey PUCKETT	JR	#1 Trine	5:06.52c (5:09.55f)	1/18
3	47 Sophie BULL	JR	#2 Calvin	{2}5:07.00	1/25
4	59 Courtney STUDY	FR	#1 Trine	{2}5:09.30c (5:12.36f)	1/18
5	Mary ENGLAND	SO	#3 Hope	5:17.35 OT	1/18
6	Jenna ALLMAN	SR	#2 Calvin	{3}5:18.05	1/25
7	Maddie VANDEBUNTE	FR	#3 Hope	{2}5:21.41 OT	1/18
8	Fatima CRUZ	SR	#4 Albion	5:24.20c (5:27.40f)	1/25
9	Kennedi WOOD	FR	#2 Calvin	{4}5:26.24 OT	12/6
10	Sophia ALTMAN	SO	#1 Trine	{3}5:27.59c (5:30.83f)	1/25

Women's 3000 Meters

1	55 Natalie TEBBEN	SR	#2 Calvin	10:15.39 OT	12/6
2	69 Sidney SWICK	JR	#1 Trine	10:19.45c(10:24.76f)	1/18
3	93 Eleanor YOUNG	JR	#1 Trine	{2}10:24.44c(10:29.79f)	1/18
4	94 Hailey ERICKSON	SO	#2 Calvin	{2}10:24.46	1/25
5	Mary ENGLAND	SO	#3 Hope	10:36.59 OT	12/6
6	Chloe GOODRICH	SR	#1 Trine	{3}10:38.82c(10:44.29f)	1/18
7	Hannah PARKER	SR	#1 Trine	{4}10:45.83c(10:51.36f)	1/18
8	Grace DUBSKY	FR	#1 Trine	{5}11:00.77c(11:06.43f)	1/18
9	Alaina SMITH	SO	#2 Calvin	{3}11:03.06 OT	1/24
10	Annika SYTSMAN	SO	#3 Hope	{2}11:03.12c(11:08.80f)	1/24

Women's 5000 Meters

1	8 Sophie BULL	JR	#2 Calvin	16:52.99 OT	12/6
2	32 Bailey PUCKETT	JR	#1 Trine	17:41.45 OT	12/6
3	47 Eleanor YOUNG	JR	#1 Trine	{2}17:56.51 OT	12/6
4	49 Sidney SWICK	JR	#1 Trine	{3}17:57.05 OT	12/6
5	63 Chloe GOODRICH	SR	#1 Trine	{4}18:14.52 OT	12/6
6	81 Hannah PARKER	SR	#1 Trine	{5}18:28.86 OT	12/6
7	Olivia DEGRAAF	SR	#4 Albion	18:39.94 OT	12/7
8	Piper BARKER	JR	#1 Trine	{6}20:32.64 OT	12/7



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as of 1/28/2025 9:16:42 AM ET

Women's 4x400 Relay

1	22	Catherine Leahy, Sofia Fisher, Frances Cozzens, Sara Schermerhorn	#3 Hope	4:02.88 OT	1/18
2	63	Audrey Howell, Jessie Bossenbroek, Peyton Ludwig, Natalie Tebben	#2 Calvin	4:11.93	1/25
3	76	Adrienne Jackson, Sophia Peter, Aniyah Small, Ariana Todd	#1 Trine	4:14.66c (4:18.04f)	1/25
4	91	Lauren Brawt, Sophia Sanford, Jordan Fox, Helena Snyder	#5 Alma	4:16.68 OT	1/24
5		Adalyn Mata, Sarah Kozal, Brianna Bennett, LaRayda Warnsley	#4 Albion	4:36.12c (4:39.78f)	1/25
6		Isabelle Salazar, Olivia Dunscombe, Ciara Heslet, Abigail Raftis	#7 Adrian	4:37.04 OT	12/7

Women's Distance Medley Relay

1	30	Sophia Sanford, Madelyn Strauss, Jordan Fox, Melanie Werner	#5 Alma	13:55.47c (14:04.43f)	1/17
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Women's High Jump

1	7	Alysia TOWNSEND	FR #7 Adrian	1.67m	5-5¾	12/7
2	34	Helena SNYDER	SR #5 Alma	1.60m	5-3	1/17
3		Isabel FERGUSON	SO #1 Trine	1.54m	5-½	1/18
4		Gabi KEMPF	FR #2 Calvin	1.53m	5-¼	1/24
5		Reagan KEYSER	JR #5 Alma	{2} 1.50m	4-11	1/17
5		Allison SCHRAM	SR #3 Hope	1.50m	4-11	1/18
7		Ella EASTERLING	FR #2 Calvin	{2} 1.48m	4-10¼	1/24
8		Emmaline LEATHERMAN	SO #1 Trine	{2} 1.45m	4-9	1/18
8		Joey WILSON	SO #6 Olivet	1.45m	4-9	1/17
8		Aurali GARCIA	FR #6 Olivet	1.45m	4-9	1/17

Women's Pole Vault

1	59	Katie SEINEN	JR #2 Calvin	3.35m	10-11¾	12/6
2		Olivia ANDREWS	FR #1 Trine	3.15m	10-4	1/18
3		Lauren MCCARTHY	JR #5 Alma	2.85m	9-4¼	1/17
4		Megan LARGE	JR #1 Trine	{2} 2.72m	8-11	12/7
5		Abigail CUMINGS	SO #3 Hope	2.70m	8-10¼	1/18
6		Morgan MOSLOW	SR #1 Trine	{3} 2.60m	8-6¼	1/18
6		Alayna PAETH	JR #7 Adrian	2.60m	8-6¼	1/18
6		Katelyn THELEN	FR #7 Adrian	2.60m	8-6¼	1/25
6		Kelah HODGE	FR #6 Olivet	2.60m	8-6¼	1/25
10		Natalie BENNETT	SO #3 Hope	{2} 2.55m	8-4¼	1/18

Women's Long Jump

1	76	Emma FORKER	JR #1 Trine	5.29m	17-4¼	12/7
2		Elliana JOHNSON	JR #3 Hope	5.22m	17-1½	1/24
3		Emily NORKOWSKI	SR #6 Olivet	5.01m	16-5¼	12/7
4		Lauren BRAWT	SO #5 Alma	5.00m	16-5	12/7
5		Mackenzie MILLER	SR #1 Trine	{2} 4.97m	16-3¾	12/7
6		Katelyn DEJONGE	JR #2 Calvin	4.88m	16-¼	1/24
7		Ella EASTERLING	FR #2 Calvin	{2} 4.85m	15-11	1/25
8		Audra DAVIDS	FR #2 Calvin	{3} 4.79m	15-8¾	12/6
9		Meredith KRAMER	JR #3 Hope	{2} 4.71m	15-5½	1/24
10		Piper PIERCE	FR #7 Adrian	4.67m	15-4	12/7

Women's Triple Jump

1		Elliana JOHNSON	JR #3 Hope	10.37m	34-¼	12/6
2		Emily NORKOWSKI	SR #6 Olivet	10.14m	33-3¼	1/17
3		Isabel FERGUSON	SO #1 Trine	9.84m	32-3½	1/25
4		Meredith KRAMER	JR #3 Hope	{2} 9.64m	31-7½	1/24
5		Kiersten SCHMITT	SO #3 Hope	{3} 9.61m	31-6½	1/24
6		Emma TUBERGEN	FR #2 Calvin	9.30m	30-6¼	1/24
7		Allison SCHRAM	SR #3 Hope	{4} 9.10m	29-10¼	1/24

Women's Shot Put

1	69	Greta ROBRAHN	SR #3 Hope	12.20m	40-½	1/18
2	76	Tess ANTHONY	SR #4 Albion	12.15m	39-10½	1/18
3	93	Abby SANNER	JR #1 Trine	11.98m	39-3¾	12/7
4		Brooke JANKWIETZ	FR #6 Olivet	11.61m	38-1¼	1/17
5		Ryann ROHRER	FR #2 Calvin	11.48m	37-8	1/24
6		Karen BEKHET	SR #2 Calvin	{2} 11.47m	37-7¾	12/6
7		Kamryn BICE	JR #3 Hope	{2} 11.40m	37-5	1/24
8		Lily BURNS	FR #2 Calvin	{3} 10.83m	35-6½	12/6
9		Kenzie GRAY	FR #6 Olivet	{2} 10.51m	34-5¾	1/17
9		Ashley BOOTH	SR #4 Albion	{2} 10.51m	34-5¾	1/25

Women's Weight Throw

1	48	Abby SANNER	JR #1 Trine	15.35m	50-4½	12/7
2	54	Tess ANTHONY	SR #4 Albion	15.20m	49-10½	1/18
3		Ashley BOOTH	SR #4 Albion	{2} 13.96m	45-9¾	1/25
4		Mikah BAZIUN	SO #2 Calvin	13.94m	45-9	12/6
5		Skye DICKSON	SR #4 Albion	{3} 13.46m	44-2	1/25
6		Leilani CASTEELE	JR #4 Albion	{4} 13.29m	43-7¼	1/25
7		Morgan HURD	SO #4 Albion	{5} 12.19m	40-0	1/18
8		Lily RUSSELL	FR #6 Olivet	12.04m	39-6	1/25
9		Lily BURNS	FR #2 Calvin	{2} 11.99m	39-4	1/24
10		Macy BONIFIELD	SO #1 Trine	{2} 11.80m	38-8¾	12/7

Women's Pentathlon

1	59	Adrienne JACKSON	JR #1 Trine	2,340 OT	12/7
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Women's 60 Meters

1	52	Zari YOUNG	FR	#7 Saint Mary's (Mir)	7.86	1/18
2	91	Emily RENGÓ	JR	#5 Concordia Moorl	7.95	12/14
3	100	Andie SANDMAN	SO	#5 Concordia Moorl{2}	7.97	1/25
4		Kate CARLSON	SR	#2 Gustavus Adolp†	7.98	1/25
5		Piper OSBORNE	SO	#5 Concordia Moorl{3}	8.04	1/25
6		Samantha MUNSON	JR	#7 Saint Mary's (Mir){2}	8.07	1/25
7		Ava FINK	JR	#9 St. Scholastica	8.20	1/25
8		Lydia FYNBOH	SO	#5 Concordia Moorl{4}	8.22	12/14
9		Autumn MAKI		#3 Bethel (Minn.)	8.24	1/25
10		Grace BUNTROCK	SO	#6 Saint Benedict	8.27	1/25

Women's 800 Meters

1	3	Isabel WYATT	JR	#1 St. Olaf	2:11.94c (2:13.46f)	1/18
2	48	Jules FROMM	SR	#1 St. Olaf	{2}2:19.36c (2:20.96f)	1/18
3	58	Lara ERICKSON	SR	#4 Carleton	2:20.34c (2:21.95f)	1/25
4	71	Kayla SIECK	JR	#1 St. Olaf	{3}2:20.93c (2:22.55f)	1/18
5		Celia SILVERSTEIN	JR	#4 Carleton	{2}2:22.69c (2:24.33f)	1/18
6		Kayla MARX	FR	#4 Carleton	{3}2:22.89c (2:24.53f)	1/18
7		Regan DEWITT	SO	#9 St. Scholastica	2:24.06	1/25
8		Nora MICKELSON	SO	#1 St. Olaf	{4}2:24.11c (2:25.77f)	1/18
9		Molly DINARDO	SO	#1 St. Olaf	{5}2:24.94c (2:26.61f)	1/18
10		Brooke BAUMANN	JR	#10 Hamline	2:26.12c (2:27.80f)	1/25

Women's 60 Meter Hurdles

1	58	Elle THORSON		#3 Bethel (Minn.)	9.30	1/25
2	62	Jenna KALEVIK	SR	#5 Concordia Moorl	9.32	1/25
3	95	Ellie HERNES	JR	#3 Bethel (Minn.)	{2}9.44	1/25
4		Laura THAUVIN	FR	#2 Gustavus Adolp†	9.58	1/25
5		Justus FLOREN	SR	#6 Saint Benedict	9.70	1/25
6		Peyton SELLE	SR	#5 Concordia Moorl{2}	9.78	1/25
7		Emily PODULKE	FR	#2 Gustavus Adolp†{2}	9.88	1/25
8		Chelsea STAHL	SO	#2 Gustavus Adolp†{3}	9.91	1/18
9		Anya ADELGREN	SO	#6 Saint Benedict	{2}9.94	1/25
10		Kayla KAJER	FR	#2 Gustavus Adolp†{4}	9.99	1/18

Women's Mile

1	59	Aliya LARSEN	JR	#4 Carleton	5:09.30c (5:12.36f)	1/25
2	79	Libby ROWLAND	SR	#4 Carleton	{2}5:11.95c (5:15.03f)	1/25
3		Sophie ABERNETHY	SR	#1 St. Olaf	5:15.47c (5:18.59f)	12/7
4		Mya SLAVIN	FR	#7 Saint Mary's (Mir)	5:15.50c (5:18.62f)	1/25
5		Grace MOELLER	JR	#1 St. Olaf	{2}5:17.16c (5:20.30f)	12/7
6		Regan DEWITT	SO	#9 St. Scholastica	5:17.60c (5:20.75f)	12/14
7		Abigale LINDQUIST	FR	#1 St. Olaf	{3}5:17.91c (5:21.05f)	1/25
8		Grace MCCORMICK	SO	#9 St. Scholastica	{2}5:18.97c (5:22.12f)	12/14
9		Nora DALEY	SO	#4 Carleton	{3}5:20.92c (5:24.09f)	1/25
10		Willemijn LEINER	FR	#1 St. Olaf	{4}5:21.03c (5:24.20f)	1/18

Women's 200 Meters

1	21	Ariella ROGAHN-PRESS	FR	#8 Macalester	25.20c (25.59f)	1/25
2	36	Megan GERAETS	SR	#2 Gustavus Adolp†	25.52c (25.91f)	1/18
3	79	Kate CARLSON	SR	#2 Gustavus Adolp†{2}	25.90c (26.30f)	1/18
4	84	Emily RENGÓ	JR	#5 Concordia Moorl	25.94c (26.34f)	12/14
5		Andie SANDMAN	SO	#5 Concordia Moorl{2}	26.07c (26.48f)	12/14
6		Allison HOOKOM	JR	#11 Augsburg	26.32c (26.72f)	1/25
7		Samantha MUNSON	JR	#7 Saint Mary's (Mir)	26.38c (26.79f)	1/25
8		Piper OSBORNE	SO	#5 Concordia Moorl{3}	26.46c (26.87f)	1/25
9		Abbie SWENSON	SR	#3 Bethel (Minn.)	26.51c (26.92f)	1/25
10		Ava FINK	JR	#9 St. Scholastica	26.63c (27.04f)	12/14

Women's 3000 Meters

1	15	Hannah PREISSER	JR	#4 Carleton	9:57.02c (10:02.13f)	1/18
2	42	Sophie MCMANUS	SR	#4 Carleton	{2}10:09.37c(10:14.59f)	1/18
3	48	Sofia CARLSON	SR	#1 St. Olaf	10:11.37c(10:16.61f)	1/18
4		Aliya LARSEN	JR	#4 Carleton	{3}10:26.58c(10:31.95f)	1/18
5		Mya SLAVIN	FR	#7 Saint Mary's (Mir)	10:40.05c(10:45.53f)	1/18
6		Grace MCCORMICK	SO	#9 St. Scholastica	10:43.05c(10:48.56f)	1/18
7		Molly LISTON	JR	#2 Gustavus Adolp†	10:43.23c(10:48.74f)	1/18
8		Sydney HAGEN	SR	#2 Gustavus Adolp†{2}	10:44.53c(10:50.05f)	1/18
9		Abigale LINDQUIST	FR	#1 St. Olaf	{2}10:45.93c(10:51.46f)	1/18
10		Kailyn WALUKAS	SR	#2 Gustavus Adolp†{3}	10:55.34c(11:00.95f)	1/18

Women's 400 Meters

1	8	Ariella ROGAHN-PRESS	FR	#8 Macalester	56.59c (57.34f)	12/7
2	14	Allison HOOKOM	JR	#11 Augsburg	57.40c (58.16f)	1/25
3	19	Megan GERAETS	SR	#2 Gustavus Adolp†	57.81c (58.57f)	1/25
4	32	Kyla NYGAARD	JR	#5 Concordia Moorl	58.38c (59.16f)	12/14
5	62	Charlotte KUSCH	FR	#4 Carleton	59.32c (1:00.10f)	1/18
6		Ava REVOIR	FR	#6 Saint Benedict	1:00.36	1/25
7		Lauren BERG	JR	#6 Saint Benedict	{2}1:01.25	1/25
8		Emma DAUNER	SO	#1 St. Olaf	1:01.43c (1:02.24f)	1/18
8		McKenzie LUETMER	SO	#2 Gustavus Adolp†{2}	1:01.43c (1:02.24f)	1/25
10		Izzi JAECKLE	FR	#1 St. Olaf	{2}1:01.51c (1:02.32f)	1/25

Women's 5000 Meters

1	10	Hannah PREISSER	JR	#4 Carleton	16:59.93c(17:07.74f)	1/25
2	21	Sophie MCMANUS	SR	#4 Carleton	{2}17:23.23c(17:31.22f)	1/25
3	31	Lauren WALDA	JR	#1 St. Olaf	17:40.96c(17:49.08f)	12/7
4	40	Sofia CARLSON	SR	#1 St. Olaf	{2}17:49.88c(17:58.07f)	1/25
5	77	Molly LISTON	JR	#2 Gustavus Adolp†	18:22.19c(18:30.63f)	1/25
6		Sydney HAGEN	SR	#2 Gustavus Adolp†{2}	18:44.85c(18:53.46f)	1/25
7		Kathleen MADDEN	SO	#1 St. Olaf	{3}18:45.81c(18:54.43f)	1/25
8		Kendra KLOBE	SR	#7 Saint Mary's (Mir)	19:17.53c(19:26.39f)	1/25
9		Gracia LARSEN-SCHMIDT	SR	#1 St. Olaf	{4}19:21.32c(19:30.21f)	1/25
10		Cate GLEASON	SR	#1 St. Olaf	{5}19:43.81c(19:52.87f)	12/7



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MIAC

as of 1/28/2025 9:16:42 AM ET

Women's 4x400 Relay

1	20	Caitlyn Wrzesien, Sarah Stellmach, Abbie Swenson, Hailey Gregg	#3 Bethel (Minn.)	4:02.50c	(4:05.71f)	1/25
2	39	Emily Rengo, Emma Warner, Meg Shercliffe, Kyla Nygaard	#5 Concordia Moorl	4:07.11c	(4:10.39f)	1/25
3	41	Hadley Wilkins, Ariella Rogahn-Press, Kate Fox, Megan Worry	#8 Macalester	4:07.40c	(4:10.68f)	1/25
4	54	Molly DiNardo, Willemijn Leiner, Madeline Daugherty, Kayla Sieck	#1 St. Olaf	4:10.10c	(4:13.42f)	1/25
5	83	McKenzie Luetmer, Allison Stacy, Aubrey Mair, Megan Geraets	#2 Gustavus Adolp†	4:15.52c	(4:18.91f)	1/25
6		Jaden Ellefson, Tayah Anderson, Adelyn McCorison, Kayla Nelson	#9 St. Scholastica	4:21.49c	(4:24.96f)	12/14
7		Marissa Albers, Claire Siems, Alexi Schneider, Brooke Baumann	#10 Hamline	4:29.16c	(4:32.73f)	1/17
8		#Type!	#7 Saint Mary's (Mir)	4:37.23c	(4:40.91f)	1/25

Women's High Jump

1	50	Elle THORSON	#3 Bethel (Minn.)	1.59m	5-2½	1/25
2	100	Kayla KAJER	FR #2 Gustavus Adolp†	1.55m	5-1	1/25
3		Frankie WITHAM	SO #10 Hamline	1.54m	5-½	1/17
4		Jenna KALEVIK	SR #5 Concordia Moorl	1.52m	4-11¾	12/14
5		Ashlyn JORE	SO #1 St. Olaf	1.50m	4-11	12/7
5		Alice ISLAM	FR #4 Carleton	1.50m	4-11	1/25
5		Juliet REICHARDT	FR #8 Macalester	1.50m	4-11	1/25
8		Kiera STOMMES	FR #6 Saint Benedict	1.45m	4-9	1/25
9		Hailey SCHOLTEN	JR #3 Bethel (Minn.) {2}	1.44m	4-8¾	1/25
9		Hannah MOE	JR #3 Bethel (Minn.) {2}	1.44m	4-8¾	1/25
9		Ellie HERNES	JR #3 Bethel (Minn.) {2}	1.44m	4-8¾	1/25

Women's Pole Vault

1	33	Alli GRAFF	SR #2 Gustavus Adolp†	3.46m	11-4¼	1/25
2	99	Jaylyn AHLBERG	JR #6 Saint Benedict	3.20m	10-6	1/25
2	99	Camille FINNEY	SO #2 Gustavus Adolp†{2}	3.20m	10-6	1/25
2	99	Emily PEARSON	SO #3 Bethel (Minn.)	3.20m	10-6	1/25
5		Seneca WILSON	SO #8 Macalester	3.11m	10-2½	12/7
6		Brynley COLEMAN	FR #5 Concordia Moorl	3.07m	10-¾	1/25
7		Xara GIN	FR #7 Saint Mary's (Mir)	3.00m	9-10	1/18
7		Erika NESSETH	FR #1 St. Olaf	3.00m	9-10	1/18
9		Savannah BROWN	SO #10 Hamline	2.92m	9-7	1/17
10		Molly NELSON	JR #3 Bethel (Minn.) {2}	2.75m	9-¼	1/25
10		Jenna BUNKER	SR #2 Gustavus Adolp†{3}	2.75m	9-¼	1/25

Women's Long Jump

1	33	Megan GERAETS	SR #2 Gustavus Adolp†	5.44m	17-10¼	12/7
2	61	Sabriya FARQUHARSON	SO #6 Saint Benedict	5.31m	17-5¼	1/25
3		Ashlyn JORE	SO #1 St. Olaf	5.21m	17-1¼	12/7
4		Ellie HERNES	JR #3 Bethel (Minn.)	5.20m	17-¾	1/25
5		Shayna WICK	FR #9 St. Scholastica	5.13m	16-10	12/14
5		Elle THORSON	#3 Bethel (Minn.) {2}	5.13m	16-10	1/25
7		Tessa MYATT	SO #8 Macalester	4.99m	16-4½	12/7
8		Sarrah LINDNER	JR #2 Gustavus Adolp†{2}	4.89m	16-½	1/25
9		Laura THAUVIN	FR #2 Gustavus Adolp†{3}	4.84m	15-10½	1/18
10		Claire BECKLEY	FR #8 Macalester {2}	4.78m	15-8¼	12/7

Women's Triple Jump

1	47	Piper OSBORNE	SO #5 Concordia Moorl	10.96m	35-11½	12/14
2	77	Sabriya FARQUHARSON	SO #6 Saint Benedict	10.75m	35-3¼	1/25
3		Sarrah LINDNER	JR #2 Gustavus Adolp†	10.37m	34-¼	1/18
4		Anna GRIES	FR #6 Saint Benedict {2}	10.23m	33-6¾	1/25
5		Elli SCHRITZ	SO #9 St. Scholastica	9.83m	32-3	12/14
6		Maggie MCCABE	FR #6 Saint Benedict {3}	9.80m	32-2	1/25
7		Sydney WGEISHOFSKI	JR #9 St. Scholastica {2}	9.72m	31-10¾	12/14
8		Ameyrn DOSTAL	FR #7 Saint Mary's (Mir)	9.70m	31-10	1/18
9		Jillian BILBEN	FR #9 St. Scholastica {3}	9.55m	31-4	12/14
10		Claire MIYOSHI	FR #4 Carleton	9.38m	30-9¼	1/25

Women's Shot Put

1	37	Tessa MYATT	SO #8 Macalester	12.66m	41-6½	1/25
2	88	Morgan WALLENDAL	SR #7 Saint Mary's (Mir)	12.02m	39-5¼	1/18
3		Desirae DATES	JR #10 Hamline	11.85m	38-10½	1/17
4		Lexi BRAINER	SR #10 Hamline {2}	11.74m	38-6¼	1/25
5		Sydney JACKMAN	SR #7 Saint Mary's (Mir){2}	11.57m	37-11½	1/25
6		Nora WILHELM	JR #3 Bethel (Minn.)	11.50m	37-8¾	1/25
7		Miranda TRAVIS	SO #5 Concordia Moorl	11.49m	37-8½	1/25
8		Ava RUSSELL	FR #8 Macalester {2}	11.18m	36-8¼	1/25
9		Cecelia DOOLEY	FR #10 Hamline {3}	11.01m	36-1½	1/25
10		Ella ENGEN	JR #9 St. Scholastica	10.99m	36-¾	12/14

Women's Weight Throw

1	18	Lexi BRAINER	SR #10 Hamline	16.70m	54-9½	1/17
2	69	Anna BECKER	SR #7 Saint Mary's (Mir)	15.08m	49-5¾	1/25
3	76	Morgan WALLENDAL	SR #7 Saint Mary's (Mir){2}	14.95m	49-¾	1/18
4	82	Ella STRITESKY	JR #9 St. Scholastica	14.87m	48-9½	12/14
5		Anna SPERATOS	JR #3 Bethel (Minn.)	14.31m	46-11½	1/25
6		Brooke TRACY	JR #10 Hamline {2}	14.29m	46-10¾	1/17
7		Ella ENGEN	JR #9 St. Scholastica {2}	14.26m	46-9½	12/14
8		Nora WILHELM	JR #3 Bethel (Minn.) {2}	14.13m	46-4¼	1/25
9		Brooke KANGAS	SR #5 Concordia Moorl	13.78m	45-2½	12/14
10		Jade HUNT	SR #10 Hamline {3}	13.64m	44-9	1/25



Conference TFRI Event Summary



MIAC

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Women's Pentathlon

1	6	Elle THORSON		#3 Bethel (Minn.)	3,358	1/25
2	19	Ellie HERNES	JR	#3 Bethel (Minn.)	{2} 3,028	1/25
3	34	Tessa MYATT	SO	#8 Macalester	2,749	12/7
4	40	Hailey SCHOLTEN	JR	#3 Bethel (Minn.)	{3} 2,603	1/25
5	43	Claire KEECH	JR	#1 St. Olaf	2,556	1/25
6	49	Ally TYVOLL	SO	#3 Bethel (Minn.)	{4} 2,444	1/25
7	50	Hannah MOE	JR	#3 Bethel (Minn.)	{5} 2,442	1/25
8	64	Logan PAULSEN	FR	#1 St. Olaf	{2} 2,181	1/25
9	71	Aubree KLEIN	SO	#1 St. Olaf	{3} 2,035	12/7
10	73	Hope IVERSON	SO	#3 Bethel (Minn.)	{6} 1,968	1/25



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MWC

as of 1/28/2025 9:16:43 AM ET

Women's 60 Meters

1	91	Deja ANDERSON	SO	#1 Illinois College	7.95	12/7
2		Makaiha MOORE-BELL	SO	#2 Monmouth (Ill.)	8.12	1/24
3		Haley GARRETT	SO	#1 Illinois College {2}	8.13	12/7
4		Fynesse JONES	JR	#1 Illinois College {3}	8.21	1/25
5		Sidney HOFFA	SO	#3 Ripon	8.25	12/7
6		Maddie RUSK	JR	#2 Monmouth (Ill.) {2}	8.30	12/13
6		Ava TAYLOR	SR	#4 Grinnell	8.30	1/17
6		Maile CROWE	SR	#4 Grinnell	8.30	12/6
9		Rajanea LANDERS	FR	#4 Grinnell {3}	8.31	12/6
9		McKenzie MURRAY	FR	#1 Illinois College {4}	8.31	1/25

Women's 800 Meters

1	32	Ava CLAUSSEN-TUBBS	JR	#6 Cornell College	2:17.58c (2:19.16f)	1/25
2		Mila WESTRA	FR	#5 Lawrence	2:22.97c (2:24.62f)	1/24
3		Tennyson SHULTZ	FR	#4 Grinnell	2:24.72c (2:26.38f)	1/25
4		Joley BERGER	FR	#3 Ripon	2:28.81c (2:30.53f)	1/24
5		Hailey CAROLAN	JR	#6 Cornell College {2}	2:29.03c (2:30.74f)	12/14
6		Gabby ALLARD	SO	#3 Ripon {2}	2:29.15c (2:30.87f)	1/24
7		Caroline PETERS	SO	#1 Illinois College	2:30.27c (2:32.00f)	1/25
8		Faith ONUKAOGU	JR	#5 Lawrence {2}	2:30.62c (2:32.35f)	1/18
9		Laura HENZE	SO	#5 Lawrence {3}	2:31.61c (2:33.36f)	1/24
10		Beatrice EBEL	FR	#4 Grinnell {2}	2:32.47c (2:34.22f)	1/17

Women's 60 Meter Hurdles

1	93	Aleese TRIMINGHAM	SO	#1 Illinois College	9.43	12/7
2		Hailey CAROLAN	JR	#6 Cornell College	9.80	1/25
3		Irene YANK	SR	#5 Lawrence	10.22	1/24
4		Niomee CASEY	JR	#7 Beloit	10.52	1/18
5		Maddy FOWLER	FR	#5 Lawrence {2}	10.76	1/24
5		Jessie GOODMAN	JR	#4 Grinnell	10.76	1/25
7		Jacquelyn HAN	JR	#8 Lake Forest	10.80	1/18
8		Patricia RIVERA	SR	#1 Illinois College {2}	11.28	1/25
9		Nicole ARNHOLD	JR	#3 Ripon	11.52	1/18
10		Haley CARLIN	SO	#7 Beloit {2}	11.79	1/25

Women's Mile

1		Joley BERGER	FR	#3 Ripon	5:17.68c (5:20.82f)	1/24
2		Mila WESTRA	FR	#5 Lawrence	5:18.33c (5:21.48f)	1/18
3		Gabby ALLARD	SO	#3 Ripon {2}	5:23.42c (5:26.62f)	1/24
4		Riley WINEBRENNER	SR	#5 Lawrence {2}	5:26.10c (5:29.32f)	1/18
5		Tennyson SHULTZ	FR	#4 Grinnell	5:31.08c (5:34.35f)	1/17
6		Genevieve MADIGAN	FR	#4 Grinnell {2}	5:31.17c (5:34.44f)	1/17
7		Carley SEELEY	FR	#6 Cornell College	5:31.63c (5:34.91f)	1/25
8		Kiki SHERMAN	SR	#3 Ripon {3}	5:33.93c (5:37.24f)	1/18
9		Letitia HODA	SO	#8 Lake Forest	5:34.92c (5:38.23f)	12/7
10		Noelle VU	FR	#4 Grinnell {3}	5:35.19c (5:38.50f)	1/17

Women's 200 Meters

1		Haley GARRETT	SO	#1 Illinois College	26.56c (26.97f)	1/25
2		Deja ANDERSON	SO	#1 Illinois College {2}	26.85c (27.26f)	1/25
3		McKenzie MURRAY	FR	#1 Illinois College {3}	26.95c (27.36f)	1/25
4		Fynesse JONES	JR	#1 Illinois College {4}	27.06c (27.48f)	12/7
5		Rajanea LANDERS	FR	#4 Grinnell	27.23c (27.65f)	1/17
6		Aleese TRIMINGHAM	SO	#1 Illinois College {5}	27.24c (27.66f)	1/25
7		Sidney HOFFA	SO	#3 Ripon	27.28c (27.70f)	12/7
8		Maddie RUSK	JR	#2 Monmouth (Ill.)	27.34c (27.76f)	1/24
9		Madyson SALISBURY	SO	#1 Illinois College {6}	27.39c (27.81f)	1/25
10		Maile CROWE	SR	#4 Grinnell {2}	27.50c (27.92f)	1/25

Women's 3000 Meters

1	72	Hannah ROARK	JR	#4 Grinnell	10:20.71c(10:26.03f)	1/25
2		Jenny CORTES	JR	#3 Ripon	10:26.83c(10:32.21f)	1/18
3		Gabby ALLARD	SO	#3 Ripon {2}	10:39.78c(10:45.26f)	1/18
4		Joley BERGER	FR	#3 Ripon {3}	10:42.72c(10:48.23f)	1/18
5		Alyza KOPPES	JR	#6 Cornell College	10:46.74c(10:52.28f)	1/25
6		Lidia DAHLMAN	FR	#6 Cornell College {2}	10:47.23c(10:52.77f)	1/25
7		Cristyn OLIVER	SR	#5 Lawrence	10:49.83c(10:55.41f)	1/24
8		Riley WINEBRENNER	SR	#5 Lawrence {2}	10:52.42c(10:58.02f)	1/24
9		Edythmae FRODL	SR	#5 Lawrence {3}	10:55.13c(11:00.75f)	1/24
10		Kiki SHERMAN	SR	#3 Ripon {4}	10:55.87c(11:01.49f)	1/24

Women's 400 Meters

1		Madylyn WOYAK	SO	#3 Ripon	1:00.98c (1:01.79f)	1/24
2		Brooke OAKLEY	JR	#1 Illinois College	1:01.44c (1:02.25f)	1/25
3		Jenny CORTES	JR	#3 Ripon {2}	1:01.58c (1:02.40f)	12/7
4		Ella FAJARDO-WILDE	SO	#5 Lawrence	1:02.67c (1:03.50f)	1/18
5		Kami RHOADES	FR	#1 Illinois College {2}	1:03.02c (1:03.85f)	1/25
6		Apiphany PATTERSON	SO	#1 Illinois College {3}	1:03.12c (1:03.95f)	1/25
7		Willow ZIEGLER	SO	#6 Cornell College	1:03.32c (1:04.16f)	12/6
8		Gaby SKORCZEWSKI	SO	#5 Lawrence {2}	1:03.44c (1:04.28f)	1/24
9		Tatum TRUDELL	FR	#3 Ripon {3}	1:04.67c (1:05.53f)	1/24
10		Alexa HUGART	FR	#6 Cornell College {2}	1:05.48c (1:06.35f)	1/25

Women's 5000 Meters

1	71	Alyza KOPPES	JR	#6 Cornell College	18:18.45c(18:26.86f)	12/7
2		Sophie STUMBO	SO	#6 Cornell College {2}	20:34.64c(20:44.09f)	1/25
3		Natalie ANDERSON	SR	#5 Lawrence	20:47.15c(20:56.70f)	1/24
4		Sophia FORD	SR	#4 Grinnell	20:51.97c(21:01.55f)	1/25
5		Zoe PEESEL	SO	#6 Cornell College {3}	21:05.63c(21:15.32f)	1/25
6		Eli WUNDERLICH	SO	#5 Lawrence {2}	22:50.20c(23:00.69f)	1/24



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MWC

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Women's 4x400 Relay

1	68 #Type!	#6 Cornell College	4:12.71c (4:16.06f)	1/25
2	81 Jenny Cortes, Heleyna Weiss, Madylyn Woyak, Devin Ibarra	#3 Ripon	4:15.39c (4:18.78f)	1/24
3	95 #Type!	#4 Grinnell	4:17.07c (4:20.48f)	1/25
4	Faith Onukaogu, Ella Fajardo-Wilde, Laura Henze, Mollie Davis	#5 Lawrence	4:23.99c (4:27.50f)	1/24
5	Jaslyn Gama, Alayna Furch, Cole Miller, Jaeonie Echols	#7 Beloit	4:36.81c (4:40.48f)	1/25
6	Farah Tawfik, Jacquelyn Han, Andrea Fernandez, Stella Abernethy	#8 Lake Forest	4:42.44c (4:46.19f)	12/7

Women's High Jump

1	4 Hailey CAROLAN	JR	#6 Cornell College	1.69m	5-6½	12/14
2	80 Chloe STUDINSKI	SO	#3 Ripon	1.56m	5-1¼	1/18
3	Lily MAYO	FR	#4 Grinnell	1.47m	4-9¾	12/6
4	Naomi MURPHY	SO	#7 Beloit	1.46m	4-9½	1/18
5	Brooke OAKLEY	JR	#1 Illinois College	1.45m	4-9	1/25
6	Nicole ARNHOLD	JR	#3 Ripon	{2} 1.42m	4-7¾	1/24
7	Ashlee LONG	SO	#5 Lawrence	1.41m	4-7½	1/18
8	Natalee KRAGIE	FR	#5 Lawrence	{2} 1.40m	4-7	1/10

Women's Pole Vault

1	46 Miranda HURSEY	JR	#2 Monmouth (Ill.)	3.40m	11-1¾	1/24
2	59 Madeline BENSON	SR	#1 Illinois College	3.35m	10-11¾	1/25
3	Naomee CASEY	JR	#7 Beloit	2.97m	9-9	1/25
4	Delaney REXROAT	SR	#2 Monmouth (Ill.)	{2} 2.90m	9-6¼	12/13
4	Megan DAILEY	SR	#2 Monmouth (Ill.)	{2} 2.90m	9-6¼	12/13
6	Leah BARRINGER	FR	#4 Grinnell	2.60m	8-6¼	1/25
7	Haley CARLIN	SO	#7 Beloit	{2} 2.50m	8-2½	1/11
8	Maddy FOWLER	FR	#5 Lawrence	2.28m	7-5¾	1/24
9	Alice GORINSHTEYN	FR	#5 Lawrence	{2} 2.13m	6-11¾	1/24
9	Mila WESTRA	FR	#5 Lawrence	{2} 2.13m	6-11¾	1/24

Women's Long Jump

1	33 Deja ANDERSON	SO	#1 Illinois College	5.44m	17-10¼	1/25
2	Fynesse JONES	JR	#1 Illinois College	{2} 5.21m	17-1¼	12/7
3	Sidney HOFFA	SO	#3 Ripon	5.14m	16-10½	1/18
4	Lily MAYO	FR	#4 Grinnell	5.03m	16-6	12/6
5	Maddie RUSK	JR	#2 Monmouth (Ill.)	5.01m	16-5¼	1/24
6	Nicole ARNHOLD	JR	#3 Ripon	{2} 4.96m	16-3¼	1/24
7	Rajanea LANDERS	FR	#4 Grinnell	{2} 4.90m	16-1	1/25
8	Hailey CAROLAN	JR	#6 Cornell College	4.88m	16-¼	12/14
9	Lacie SCHULTZ	SO	#1 Illinois College	{3} 4.74m	15-6¾	12/7
10	Sia BEAR	FR	#6 Cornell College	{2} 4.70m	15-5	12/6
10	Heleyna WEISS	SO	#3 Ripon	{3} 4.70m	15-5	1/24

Women's Triple Jump

1	Rajanea LANDERS	FR	#4 Grinnell	10.31m	33-10	1/17
2	Delaney REXROAT	SR	#2 Monmouth (Ill.)	10.09m	33-1¼	1/24
3	Nicole ARNHOLD	JR	#3 Ripon	10.04m	32-11¼	1/18
4	Irene YANK	SR	#5 Lawrence	9.86m	32-4¼	1/18
5	Anna VANDEN ACKER	JR	#5 Lawrence	{2} 9.71m	31-10¼	1/18
6	Melanie ODEN	SR	#4 Grinnell	{2} 9.65m	31-8	1/25
7	Maddie RUSK	JR	#2 Monmouth (Ill.)	{2} 9.60m	31-6	1/24
8	Ashlee LONG	SO	#5 Lawrence	{3} 9.43m	30-11¼	1/24
9	Chloe ALLEN	SO	#2 Monmouth (Ill.)	{3} 9.03m	29-7½	1/18

Women's Shot Put

1	4 Maddie BOLEY	SR	#2 Monmouth (Ill.)	13.66m	44-9¾	1/24
2	61 Kayla BRAUN	JR	#2 Monmouth (Ill.)	{2} 12.29m	40-4	1/18
3	83 Jillian TOTH	JR	#2 Monmouth (Ill.)	{3} 12.07m	39-7¼	1/24
4	97 Alayna EARLE	SO	#2 Monmouth (Ill.)	{4} 11.93m	39-1¾	1/24
5	Leslie EARLES	SR	#1 Illinois College	11.74m	38-6¼	12/7
6	Kylie GALOWITZ	JR	#4 Grinnell	11.39m	37-4½	1/17
7	Lindsey RUFF	SR	#1 Illinois College	{2} 11.15m	36-7	12/7
8	Bri OSTERSON	SR	#6 Cornell College	10.84m	35-6¾	1/25
9	Natalie HASTING	FR	#1 Illinois College	{3} 10.77m	35-4	1/25
10	Abbie JOHNSON	JR	#2 Monmouth (Ill.)	{5} 10.66m	34-11¾	1/24

Women's Weight Throw

1	7 Maddie BOLEY	SR	#2 Monmouth (Ill.)	17.95m	58-10¾	1/24
2	34 Jillian TOTH	JR	#2 Monmouth (Ill.)	{2} 15.56m	51-¾	1/18
3	42 Kayla BRAUN	JR	#2 Monmouth (Ill.)	{3} 15.40m	50-6¼	12/13
4	Natalie HASTING	FR	#1 Illinois College	14.32m	46-11¾	12/7
5	Leslie EARLES	SR	#1 Illinois College	{2} 13.84m	45-5	1/25
6	Brynn HOGAN	JR	#2 Monmouth (Ill.)	{4} 13.77m	45-2¼	12/13
7	Katherine KRONBERGER	SO	#7 Beloit	13.76m	45-1¾	1/25
8	Kevlynn DEJAYNES	FR	#1 Illinois College	{3} 13.59m	44-7	1/25
9	Stephanie NELSON	SO	#9 Knox	13.55m	44-5½	1/24
10	Abbie JOHNSON	JR	#2 Monmouth (Ill.)	{5} 13.52m	44-4¼	1/24

Women's Pentathlon

1	9 Hailey CAROLAN	JR	#6 Cornell College	3,258	12/14
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Women's 60 Meters

1	56	Lauren BLIEFERNICHT	SR	#2 Aurora	7.88	12/7
2	62	Nicole MAKOPE	SR	#1 St. Norbert	7.89	12/7
3		Jacey READ	FR	#3 Concordia Wisco	7.99	12/7
4		Ellie STAEHLING	SR	#1 St. Norbert	{2}8.14	12/7
5		Gracie WOLFE	JR	#1 St. Norbert	{3}8.15	12/7
6		Cassandra VAUGHN	FR	#1 St. Norbert	{4}8.20	12/7
7		Katie SMITH	SO	#1 St. Norbert	{5}8.21	12/7
8		Maya HIELSCHER	SR	#3 Concordia Wisco	{2}8.24	1/25
9		Mary WEISENSEL	FR	#1 St. Norbert	{6}8.26	12/7
10		Sabrina MOORE	SR	#3 Concordia Wisco	{3}8.27	12/7
10		Gillian MCDANIEL	JR	#4 MSOE	8.27	1/25

Women's 800 Meters

1		Danielle VAN GRINSVEN	JR	#3 Concordia Wisco	2:24.23c	(2:25.89f)	1/18
2		Olivia SHIP	SR	#1 St. Norbert	2:24.49c	(2:26.15f)	1/24
3		Olivia EBEL	SO	#3 Concordia Wisco	{2}2:26.99		1/25
4		Eden MARANELL	SO	#1 St. Norbert	{2}2:28.67c	(2:30.38f)	12/7
5		Mika FIELDS	SO	#2 Aurora	2:29.10		1/25
6		Izzy FAIRLESS	SO	#5 Concordia Chica	2:29.35c	(2:31.07f)	1/18
7		Kera RILEY	SO	#1 St. Norbert	{3}2:30.40		1/18
8		Kendra TROXEL	SO	#1 St. Norbert	{4}2:31.94c	(2:33.69f)	1/24
9		Natalia ARTEAGA	FR	#1 St. Norbert	{5}2:32.73c	(2:34.49f)	1/24
10		N'Dya FIELDS	JR	#2 Aurora	{2}2:32.91c	(2:34.67f)	1/18

Women's 60 Meter Hurdles

1	44	Eve SHELTON	SR	#5 Concordia Chica	9.19	12/7
2		Gretchen SCHWARZ	SO	#1 St. Norbert	9.47	12/7
3		Maya HIELSCHER	SR	#3 Concordia Wisco	9.53	12/7
4		Skylar GIBBS	SR	#2 Aurora	9.55	1/25
5		Eden MARANELL	SO	#1 St. Norbert	{2}9.60	12/7
6		Jerzey ALLEN	SR	#5 Concordia Chica	{2}10.02	12/7
7		Emma EILERTSON	SO	#3 Concordia Wisco	{2}10.18	1/25
8		Alayna KOEHLER	SR	#2 Aurora	{2}10.28	1/25
9		Mariette SOGLOHUN	JR	#2 Aurora	{3}10.36	12/7
10		Kyra KOPEC	SO	#1 St. Norbert	{3}10.44	1/18

Women's Mile

1	2	Deyanneira COLON MALDONADO	SR	#2 Aurora	4:52.70		1/25
2		Ainara SAINZ DE ROZAS	JR	#3 Concordia Wisco	5:14.18		1/25
3		Melanie ARVIS	JR	#3 Concordia Wisco	{2}5:15.88		1/25
4		Emma AHRENS	SO	#3 Concordia Wisco	{3}5:15.92		1/25
5		N'Dya FIELDS	JR	#2 Aurora	{2}5:22.51c	(5:25.70f)	1/18
6		Danielle VAN GRINSVEN	JR	#3 Concordia Wisco	{4}5:24.45		1/25
7		Olivia SHIP	SR	#1 St. Norbert	5:25.00		1/18
8		Kera RILEY	SO	#1 St. Norbert	{2}5:34.79c	(5:38.10f)	1/24
9		Rachel BRETTIN	JR	#6 Illinois Tech	5:35.41		1/25
10		Susana MARTINEZ	FR	#2 Aurora	{3}5:37.20		1/25

Women's 200 Meters

1	34	Lauren BLIEFERNICHT	SR	#2 Aurora	25.51c	(25.90f)	12/7
2		Katie SMITH	SO	#1 St. Norbert	26.36c	(26.77f)	12/7
3		Nicole MAKOPE	SR	#1 St. Norbert	{2}26.56c	(26.97f)	1/24
4		Madi CROSSMAN	SO	#1 St. Norbert	{3}26.83c	(27.25f)	1/24
5		Zoe TURNER	JR	#6 Illinois Tech	26.96		1/25
6		Ari MACK	SR	#2 Aurora	{2}26.97c	(27.38f)	12/7
7		Eden MARANELL	SO	#1 St. Norbert	{4}27.06c	(27.48f)	1/24
8		Alanah CURTIS	FR	#7 Benedictine (Ill.)	27.15c	(27.57f)	12/7
9		Madison GRAMBLICKA	FR	#1 St. Norbert	{5}27.19c	(27.61f)	1/24
10		Gillian MCDANIEL	JR	#4 MSOE	27.23c	(27.65f)	1/25

Women's 3000 Meters

1	5	Deyanneira COLON MALDONADO	SR	#2 Aurora	9:47.32		1/25
2	98	Emma AHRENS	SO	#3 Concordia Wisco	10:26.12c	(10:31.48f)	1/18
3	99	Ainara SAINZ DE ROZAS	JR	#3 Concordia Wisco	{2}10:26.19c	(10:31.55f)	1/18
4		Ella JERDEE	JR	#1 St. Norbert	11:06.46c	(11:12.17f)	1/24
5		Anna FITZGERALD	SO	#1 St. Norbert	{2}11:34.67		1/18
6		Ella KWATERSKI	SO	#4 MSOE	11:37.40c	(11:43.37f)	1/25
7		Ellee GRUNWALD	SR	#1 St. Norbert	{3}11:40.98		1/18
8		Alex GONZALEZ	SR	#2 Aurora	{2}11:42.98		1/25
9		Sabryn BLEY	SR	#4 MSOE	{2}11:47.55c	(11:53.61f)	1/25
10		Holly BLEY	SO	#4 MSOE	{3}11:48.21c	(11:54.28f)	1/25

Women's 400 Meters

1	41	Amelia MOSEMAN	JR	#6 Illinois Tech	58.73		1/25
2		Katie SMITH	SO	#1 St. Norbert	1:02.42c	(1:03.25f)	1/24
3		Nikki TRANEL	SR	#1 St. Norbert	{2}1:02.55		1/18
4		Mika FIELDS	SO	#2 Aurora	1:02.65c	(1:03.48f)	1/18
5		Ally ZICKERT	SR	#1 St. Norbert	{3}1:02.91		1/18
6		Kaitlyn DENAPOLI	SO	#4 MSOE	1:03.94c	(1:04.78f)	1/25
7		Olivia EBEL	SO	#3 Concordia Wisco	1:03.98c	(1:04.83f)	1/18
8		Tegan OAS	SR	#5 Concordia Chica	1:04.42c	(1:05.27f)	1/10
9		Laura Anna KOSKINEN	SO	#1 St. Norbert	{4}1:06.13c	(1:07.00f)	1/24
10		Bijou PHILLIPS	JR	#1 St. Norbert	{5}1:06.24		1/18

Women's 5000 Meters

1	5	Deyanneira COLON MALDONADO	SR	#2 Aurora	16:47.72 OT		12/6
2		N'Dya FIELDS	JR	#2 Aurora	{2}19:02.51		1/25
3		Emma JASUTIS	SO	#2 Aurora	{3}19:50.53		1/25
4		Ella JERDEE	JR	#1 St. Norbert	19:52.92		1/18
5		Ella KWATERSKI	SO	#4 MSOE	20:59.76c	(21:09.40f)	1/10
6		Holly BLEY	SO	#4 MSOE	{2}20:59.96c	(21:09.60f)	1/10
7		Gianna CARROLL	FR	#1 St. Norbert	{2}21:14.26		1/18
8		Lily TRUSKOWSKI	SO	#1 St. Norbert	{3}21:45.98		1/18
9		Isabella ENCINAS	SR	#2 Aurora	{4}21:56.12c	(22:06.20f)	1/18



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Women's 4x400 Relay

1	42	#Type!	#1 St. Norbert	4:07.43	1/18
2	50	Zoe Turner, Olivia Jameson, Amelia Moseman, Sophia Halama	#6 Illinois Tech	4:09.30	1/25
3	52	Lauren Bliefert, Skylar Gibbs, Alayna Koehler, Mika Fields	#2 Aurora	4:09.51	1/25
4		#Type!	#5 Concordia Chica	4:22.68c (4:26.16f)	1/18
5		Annabelle Gonnering, Elizabeth Backus, Kylee Camble, Olivia Ebel	#3 Concordia Wisco	4:30.81	1/25
6		#Type!	#4 MSOE	4:45.73c (4:49.52f)	1/10
7		Melanie Galarza, Fatima Duran, Mary Bitter, Camila Salcedo	#10 Dominican (Ill.)	5:05.08c (5:09.13f)	1/18

Women's High Jump

1	50	Rachel ROMENS	SR	#8 Wisconsin Luthe	1.59m	5-2½	1/25
1	50	Eden MARANELL	SO	#1 St. Norbert	1.59m	5-2½	12/7
1	50	Olivia JAMESON	JR	#6 Illinois Tech	1.59m	5-2½	1/25
4	80	Emma EILERTSON	SO	#3 Concordia Wisco	1.56m	5-1¼	1/18
5	100	Alayna KOEHLER	SR	#2 Aurora	1.55m	5-1	12/7
5	100	Keyara BAILEY	JR	#2 Aurora	1.55m	5-1	12/7
7		Noor SAMMOUR	JR	#5 Concordia Chica	1.50m	4-11	1/10
8		Larissa HUFFMAN	SO	#1 St. Norbert	{2}1.47m	4-9¾	1/24
9		Maya HIELSCHER	SR	#3 Concordia Wisco	{2}1.45m	4-9	1/18
9		Grace BEILFUSS	SO	#2 Aurora	{3}1.45m	4-9	12/7

Women's Pole Vault

1	99	Carly GRIESEMER	JR	#1 St. Norbert	3.20m	10-6	12/7
1	99	Lara DESHLER	JR	#1 St. Norbert	3.20m	10-6	12/7
3		Isabella GALINDO	JR	#1 St. Norbert	{3}3.11m	10-2½	1/18
4		Jaden PROPSON	SO	#1 St. Norbert	{4}2.81m	9-2½	1/18
5		Kaitlyn KOTULA	JR	#3 Concordia Wisco	2.80m	9-2¼	1/18
6		Caitlyn WEITZEL	SO	#3 Concordia Wisco	{2}2.75m	9-¼	1/25
7		Skylar GIBBS	SR	#2 Aurora	2.65m	8-8¼	12/7
8		Lexa WITTMACK	SO	#1 St. Norbert	{5}2.60m	8-6¼	12/7
9		Amelia KELLEY	FR	#8 Wisconsin Luthe	2.30m	7-6½	1/18
10		Anabel HOWIE	FR	#1 St. Norbert	{6}2.13m	6-11¾	1/24

Women's Long Jump

1	58	Alanah CURTIS	FR	#7 Benedictine (Ill.)	5.33m	17-6	1/18
2	69	Eden MARANELL	SO	#1 St. Norbert	5.30m	17-4¾	1/18
3		Rachel ROMENS	SR	#8 Wisconsin Luthe	5.14m	16-10½	1/18
4		Kirsten BOCKHORST	FR	#5 Concordia Chica	5.12m	16-9¾	1/18
5		Maya HIELSCHER	SR	#3 Concordia Wisco	5.11m	16-9¼	1/25
6		Nicole MAKOPE	SR	#1 St. Norbert	{2}5.09m	16-8½	12/7
7		Gillian MCDANIEL	JR	#4 MSOE	4.95m	16-3	1/25
8		Alli CLARK	SO	#1 St. Norbert	{3}4.94m	16-2½	1/24
8		Cassandra VAUGHN	FR	#1 St. Norbert	{3}4.94m	16-2½	1/18
10		Amereka MCPHERSON	JR	#1 St. Norbert	{5}4.90m	16-1	12/7

Women's Triple Jump

1	9	Eden MARANELL	SO	#1 St. Norbert	11.91m	39-1	12/13
2	39	Amereka MCPHERSON	JR	#1 St. Norbert	{2}11.10m	36-5	12/7
3	73	Rachel ROMENS	SR	#8 Wisconsin Luthe	10.79m	35-4¾	1/25
4		Marissa LORENZ	SR	#1 St. Norbert	{3}10.57m	34-8¼	1/18
5		Kailey NICHOLAS	FR	#6 Illinois Tech	10.45m	34-3½	1/25
6		Faustyna KARPIESIUK	SR	#2 Aurora	10.33m	33-10¾	12/7
7		Alli CLARK	SO	#1 St. Norbert	{4}10.22m	33-6½	1/24
8		Natiya BALLARD	FR	#3 Concordia Wisco	10.03m	32-11	12/7
9		Kaitlyn KOTULA	JR	#3 Concordia Wisco	{2}9.95m	32-7¾	1/18
10		Noor SAMMOUR	JR	#5 Concordia Chica	9.82m	32-2¾	12/7

Women's Shot Put

1	20	Katrina WAWRZYN	SR	#4 MSOE	12.92m	42-4¾	1/10
2	35	Josephine JACKLIN	JR	#4 MSOE	{2}12.67m	41-7	1/10
3	45	Jessa ALDERMAN	JR	#4 MSOE	{3}12.46m	40-10½	1/10
4	63	Jordan MONROE	SO	#4 MSOE	{4}12.26m	40-2¾	1/10
5	76	Peyton PANKA	SR	#7 Benedictine (Ill.)	12.15m	39-10½	12/7
6	90	Kayla MIOTK	SO	#9 Edgewood	12.00m	39-4½	12/7
7		Kylee DOHERTY	JR	#9 Edgewood	{2}11.76m	38-7	12/7
8		Velda NDANG	FR	#5 Concordia Chica	10.96m	35-11½	12/7
9		Paige SCHREIBER	SO	#3 Concordia Wisco	10.88m	35-8½	12/7
10		Avery BROWN	FR	#10 Dominican (Ill.)	10.80m	35-5¼	1/18

Women's Weight Throw

1	29	Kylie CRUM	JR	#4 MSOE	15.77m	51-9	1/10
2	36	Jessa ALDERMAN	JR	#4 MSOE	{2}15.52m	50-11	1/10
3	42	Katrina WAWRZYN	SR	#4 MSOE	{3}15.40m	50-6¼	1/10
4	51	Josephine JACKLIN	JR	#4 MSOE	{4}15.26m	50-¾	1/10
5	63	Ava LARSON	SR	#4 MSOE	{5}15.12m	49-7¼	1/25
6	68	Jordan MONROE	SO	#4 MSOE	{6}15.09m	49-6¼	1/10
7	93	Kayla STARNES	SR	#1 St. Norbert	14.69m	48-2½	1/24
8		Gloria TYLER	SR	#1 St. Norbert	{2}13.74m	45-1	1/24
9		Marisa JANECEK	JR	#2 Aurora	13.33m	43-8¾	12/7
10		Bryanna MURSCH	SO	#3 Concordia Wisco	12.39m	40-7¾	1/25

Women's Pentathlon

1	7	Eden MARANELL	SO	#1 St. Norbert	3,348	12/7
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Women's 60 Meters

1	62 Katherine DORTMUND	FR	#2 Ohio Wesleyan	7.89	1/18
2	91 Meghan FRAZIER	SR	#1 Wittenberg	7.95	1/18
3	Aelyn BAUMBARGER	FR	#2 Ohio Wesleyan {2}	8.04	1/18
4	Zora SHAKHAN	SR	#1 Wittenberg {2}	8.09	1/25
4	Shelby STALL	SO	#5 DePauw	8.09	12/7
6	Kennedy ELFERS	FR	#2 Ohio Wesleyan {3}	8.12	1/18
6	Noa HELMBRECHT	FR	#4 Kenyon	8.12	12/7
8	Anaya JOLIVETTE	SR	#3 Denison	8.13	1/18
9	Lindsey MAGOTEAUX	SR	#1 Wittenberg {3}	8.14	12/7
10	Taylor WEISS	SR	#1 Wittenberg {4}	8.18	1/25

Women's 60 Meter Hurdles

1	13 Katherine DORTMUND	FR	#2 Ohio Wesleyan	8.90	1/25
2	26 Liberty SCOTT	SO	#5 DePauw	9.09	12/7
3	46 Daysia HARGRAVE	SR	#7 Wooster	9.22	1/18
4	55 Mira RENALDI	FR	#3 Denison	9.28	12/7
5	64 Katie MOORE	SR	#5 DePauw {2}	9.33	12/7
6	Isabelle HENDERSON	FR	#1 Wittenberg	9.46	1/25
7	Sydney BROWN	JR	#3 Denison {2}	9.55	12/7
8	Reese NEUMEYER	SR	#1 Wittenberg {2}	9.63	12/7
9	Emma GRAY	SO	#5 DePauw {3}	9.68	12/7
10	Trezure BATES	SO	#8 Hiram	9.74	12/7

Women's 200 Meters

1	47 Shelby STALL	SO	#5 DePauw	25.61c (26.00f)	12/7
2	80 Meghan FRAZIER	SR	#1 Wittenberg	25.91 OT	12/7
3	Isabelle HENDERSON	FR	#1 Wittenberg {2}	26.34c (26.75f)	1/18
4	Kennedy ELFERS	FR	#2 Ohio Wesleyan	26.39 OT	12/6
5	Anaya JOLIVETTE	SR	#3 Denison	26.47c (26.88f)	1/25
6	Katherine DORTMUND	FR	#2 Ohio Wesleyan {2}	26.63 OT	12/6
7	Noa HELMBRECHT	FR	#4 Kenyon	26.83 OT	12/7
8	Aelyn BAUMBARGER	FR	#2 Ohio Wesleyan {3}	26.84c (27.25f)	1/25
9	Lindsey MAGOTEAUX	SR	#1 Wittenberg {3}	26.85 OT	12/7
10	Ari SOBEL	FR	#4 Kenyon {2}	27.02c (27.44f)	1/18

Women's 400 Meters

1	12 Meghan FRAZIER	SR	#1 Wittenberg	57.22 OT	1/25
2	Ari SOBEL	FR	#4 Kenyon	1:00.52c (1:01.32f)	1/25
3	Aubrey GLOVER	FR	#1 Wittenberg {2}	1:01.08 OT	12/7
4	Abigail DANNE	JR	#1 Wittenberg {3}	1:01.73 OT	1/25
5	Camila CIEMBRONIEWICZ	SR	#6 Oberlin	1:02.02c (1:02.84f)	1/18
6	Brianna MONTGOMERY	SO	#2 Ohio Wesleyan	1:02.76c (1:03.59f)	1/25
7	Victoria PIPINICH	SR	#1 Wittenberg {4}	1:02.80c (1:03.63f)	1/18
8	Aliisa JAMES	SR	#2 Ohio Wesleyan {2}	1:03.12 OT	12/6
9	Yehdeiah DENNIS	FR	#2 Ohio Wesleyan {3}	1:03.79 OT	12/6
10	Hallie HAINES	SO	#1 Wittenberg {5}	1:04.00 OT	12/7

Women's 800 Meters

1	88 Sage SERRAINO	SR	#6 Oberlin	2:21.84c (2:23.47f)	1/25
2	Anna BROWN	JR	#4 Kenyon	2:24.10c (2:25.76f)	1/18
3	Victoria PIPINICH	SR	#1 Wittenberg	2:24.74 OT	12/7
4	Camila CIEMBRONIEWICZ	SR	#6 Oberlin {2}	2:26.37c (2:28.05f)	1/25
5	Katie MOORE	SR	#5 DePauw	2:27.40c (2:29.10f)	12/7
6	Abigail DANNE	JR	#1 Wittenberg {2}	2:29.62 OT	12/7
7	Danielle WILLIAMS	FR	#1 Wittenberg {3}	2:30.88 OT	12/7
8	Kylie MOSER	SO	#8 Hiram	2:33.96 OT	1/25
9	Rigby ZENTNER	SO	#4 Kenyon {2}	2:34.01c (2:35.78f)	1/18
10	Logan VIDAL	SR	#4 Kenyon {3}	2:35.13c (2:36.91f)	1/18

Women's Mile

1	86 Allison DIETZ	SO	#2 Ohio Wesleyan	5:12.67c (5:15.76f)	1/25
2	95 Zoe WARD	SO	#2 Ohio Wesleyan {2}	5:13.54c (5:16.64f)	1/25
3	Brianna MONTGOMERY	SO	#2 Ohio Wesleyan {3}	5:22.79c (5:25.98f)	1/25
4	Sophie COTTS	SO	#2 Ohio Wesleyan {4}	5:24.24c (5:27.44f)	1/25
5	Ella CHOMIC	FR	#2 Ohio Wesleyan {5}	5:24.34c (5:27.55f)	1/25
6	Anna BROWN	JR	#4 Kenyon	5:24.44c (5:27.65f)	1/25
7	Fiona MARTINELLI	SO	#3 Denison	5:28.72c (5:31.97f)	1/18
8	Alexis VERDELL	SO	#3 Denison {2}	5:28.83c (5:32.08f)	1/25
9	Alex COUCH	SO	#1 Wittenberg	5:29.50 OT	1/25
10	Olivia IDE	SO	#4 Kenyon {2}	5:29.66c (5:32.92f)	1/25

Women's 3000 Meters

1	Megan KEYS	SR	#1 Wittenberg	10:29.52c(10:34.91f)	1/18
2	Alex COUCH	SO	#1 Wittenberg {2}	10:41.04c(10:46.53f)	1/18
3	Maddi CLARK	SO	#1 Wittenberg {3}	10:44.44c(10:49.96f)	1/18
4	Elise GREENWALD	SR	#7 Wooster	10:52.93c(10:58.52f)	1/18
5	Charlotte PURCELL	SO	#6 Oberlin	10:56.00c(11:01.62f)	1/25
6	Olivia IDE	SO	#4 Kenyon	10:57.20c(11:02.83f)	1/18
7	Emma HAWK	JR	#1 Wittenberg {4}	11:01.04c(11:06.70f)	1/18
8	Mackenzie KELLEY	JR	#1 Wittenberg {5}	11:03.37 OT	1/25
9	Caleigh LYONS	SR	#6 Oberlin {2}	11:10.30c(11:16.04f)	1/25
10	Eleanor LUTTMAN	SR	#2 Ohio Wesleyan	11:17.20c(11:23.00f)	1/25

Women's 5000 Meters

1	Alyson MARSHALL	SO	#3 Denison	21:37.39c(21:47.32f)	1/18
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USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

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NCAC

as of 1/28/2025 9:16:43 AM ET

Women's 4x400 Relay

1	19	Abigail Danne, Meghan Frazier, Isabelle Henderson, Victoria Pipinich	#1 Wittenberg	4:02.19 OT	1/25
2		Yehdeiah Dennis, Katelyn Stapleton, Abrianna Hite, Tianna Haten	#2 Ohio Wesleyan	4:19.03c (4:22.46f)	1/25
3		Sage Serraino, Camila Ciembroniewicz, Charlotte Purcell, Clara Smith	#6 Oberlin	4:20.44c (4:23.89f)	1/18
4		Alexis Verdell, Sydney Brown, Abby McChesney, Mira Renaldi	#3 Denison	4:20.84c (4:24.30f)	1/25
5		Emily Munson, Ignacia Mendez, Amy Butorac Gabrovsek, Daysia Hargrave	#7 Wooster	4:22.40c (4:25.88f)	1/25
6		Anna Brown, Logan Vidal, Sasha Langholm, Rigby Zentner	#4 Kenyon	4:29.32c (4:32.89f)	1/18

Women's Distance Medley Relay

1	19	McKenna Downing, River Hamilton, Alyssa Henry, Elsa Hoam	#2 Ohio Wesleyan	13:06.87c (13:15.30f)	1/18
2	31	Aly Kolonchuk, Kynston Collins, Riley Colestock, Emily Zmuda	#1 Wittenberg	13:57.26c (14:06.23f)	1/18
3	44	Kylie Moser, Frances Popik, Alisah Ward, Kairi Etsitty	#8 Hiram	14:35.95 OT	1/25

Women's High Jump

1	12	Taylor WEISS	SR	#1 Wittenberg	1.65m	5-5	1/18
2	27	Julissa WILLIAMS	SR	#1 Wittenberg	{2} 1.61m	5-3¼	12/7
3	100	Isabelle HENDERSON	FR	#1 Wittenberg	{3} 1.55m	5-1	1/18
3	100	Karalyn RUTKOWSKI	JR	#8 Hiram	1.55m	5-1	1/25
5		Niyah SHIPMAN	FR	#2 Ohio Wesleyan	1.51m	4-11½	1/25
6		Cayla EATON	FR	#1 Wittenberg	{4} 1.50m	4-11	12/5
6		Hallie HAINES	SO	#1 Wittenberg	{4} 1.50m	4-11	12/7
6		Amarah MCPHAUL	SO	#2 Ohio Wesleyan	{2} 1.50m	4-11	1/18
6		Ziciah GIBSON	JR	#1 Wittenberg	{4} 1.50m	4-11	1/18
10		Katie MOORE	SR	#5 DePauw	1.49m	4-10½	12/7

Women's Pole Vault

1	57	Addie BECK	SO	#2 Ohio Wesleyan	3.36m	11-¼	1/25
1	57	Claire COLEMAN	JR	#2 Ohio Wesleyan	3.36m	11-¼	1/25
3	59	Tiffany HIX	JR	#1 Wittenberg	3.35m	10-11¾	12/7
3	59	Story LAING	SO	#1 Wittenberg	3.35m	10-11¾	1/18
5		Lexie GREER	FR	#1 Wittenberg	{3} 3.05m	10-0	12/7
5		Cate GAGNIER	SR	#3 Denison	3.05m	10-0	12/7
7		Ciarra HIATT	FR	#5 DePauw	2.82m	9-3	12/7
8		Evangelina SPARKS	FR	#3 Denison	{2} 2.75m	9-¼	1/18
8		Sarah HIESTAND	JR	#7 Wooster	2.75m	9-¼	1/18
10		Lily VAUGHT	JR	#5 DePauw	{2} 2.67m	8-9	12/7

Women's Long Jump

1	16	Isabelle HENDERSON	FR	#1 Wittenberg	5.59m	18-4¼	1/25
2		Jenna DELP	SO	#1 Wittenberg	{2} 5.04m	16-6½	1/25
3		Heather BENWAY	SR	#6 Oberlin	5.02m	16-5¾	1/25
4		Julia SCHENA	FR	#3 Denison	5.00m	16-5	12/7
5		Julissa WILLIAMS	SR	#1 Wittenberg	{3} 4.99m	16-4½	1/25
5		Anaya JOLIVETTE	SR	#3 Denison	{2} 4.99m	16-4½	1/25
7		Lainee VALENTINE	SR	#1 Wittenberg	{4} 4.95m	16-3	1/25
8		Sydney BROWN	JR	#3 Denison	{3} 4.93m	16-2¼	12/7
9		Brooke DEHART	SO	#1 Wittenberg	{5} 4.92m	16-1¾	12/7
10		Anna FRITZ	JR	#6 Oberlin	{2} 4.89m	16-½	1/25
10		Niyah SHIPMAN	FR	#2 Ohio Wesleyan	4.89m	16-½	1/25
10		Kali KOHLER	FR	#2 Ohio Wesleyan	4.89m	16-½	1/25

Women's Triple Jump

1	40	Paula SORIC	SR	#4 Kenyon	11.08m	36-4¼	12/7
2		Julissa WILLIAMS	SR	#1 Wittenberg	10.59m	34-9	12/7
3		Tessa KOCHERT	JR	#5 DePauw	10.52m	34-6¼	12/7
4		Taylor WEISS	SR	#1 Wittenberg	{2} 10.42m	34-2¼	1/25
5		Reese NEUMEYER	SR	#1 Wittenberg	{3} 10.38m	34-¾	1/18
6		Julia SCHENA	FR	#3 Denison	10.37m	34-¼	12/7
7		Ellie FOX	SO	#7 Wooster	9.68m	31-9¼	1/18
8		Sadie OLSON	SO	#4 Kenyon	{2} 9.56m	31-4½	12/7
9		Eno KISSI	FR	#3 Denison	{2} 9.12m	29-11¼	12/7
10		Kelsey DOWNS	SO	#8 Hiram	8.23m	27-0	1/25

Women's Shot Put

1	71	Evie SANFORD	JR	#7 Wooster	12.18m	39-11½	1/18
2		Sydney FLORES	JR	#3 Denison	11.69m	38-4¼	1/25
3		Jera HOY	FR	#2 Ohio Wesleyan	11.30m	37-1	12/6
4		Penelope ARTEMIS	FR	#4 Kenyon	11.27m	36-11¾	1/25
5		Samantha VOLPE	SO	#8 Hiram	11.10m	36-5	12/7
6		Alexis EUSEY	SO	#2 Ohio Wesleyan	{2} 10.96m	35-11½	1/18
7		Ziciah GIBSON	JR	#1 Wittenberg	10.73m	35-2½	1/18
8		Phoebe DRESCHER	SO	#2 Ohio Wesleyan	{3} 10.59m	34-9	1/18
9		Emma HALL	JR	#2 Ohio Wesleyan	{4} 10.15m	33-3¾	12/6
10		Katie MOORE	SR	#5 DePauw	10.11m	33-2	12/7



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NCAC

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Women's Weight Throw

1	Marief DROST	SO	#3 Denison	14.17m	46-6	12/7
2	Emma HALL	JR	#2 Ohio Wesleyan	12.91m	42-4¼	1/25
3	Penelope ARTEMIS	FR	#4 Kenyon	12.35m	40-6¼	1/18
4	Emily DAVIS	JR	#2 Ohio Wesleyan {2}	12.13m	39-9¾	1/25
5	Macy DEHART	JR	#1 Wittenberg	12.04m	39-6	12/7
6	Evie SANFORD	JR	#7 Wooster	11.84m	38-10¼	1/25
7	Phoebe DRESCHER	SO	#2 Ohio Wesleyan {3}	11.83m	38-9¾	1/25
8	Maddie HOMO	FR	#5 DePauw	11.71m	38-5	12/7
9	Samarah DESTIN	SO	#7 Wooster {2}	11.21m	36-9½	1/25
10	Lucy STOKES	JR	#5 DePauw {2}	10.67m	35-¼	12/7

Women's Pentathlon

1	10 Katie MOORE	SR	#5 DePauw	3,215	12/7
2	27 Isabelle HENDERSON	FR	#1 Wittenberg	2,892	12/5
3	31 Ziciah GIBSON	JR	#1 Wittenberg {2}	2,823	12/5
4	41 Laine VALENTINE	SR	#1 Wittenberg {3}	2,593	12/5
5	44 Haley TROY	SO	#1 Wittenberg {4}	2,519	12/5
6	45 Cayla EATON	FR	#1 Wittenberg {5}	2,474	12/5



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NJAC

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Women's 60 Meters

1	8	Gbarper DWAH	JR	#5 Ramapo	7.67	12/7
2	62	Molly LODGE	SR	#2 Rowan	7.89	1/17
3	82	Kayla JULIEN	SO	#2 Rowan	{2} 7.94	12/6
3	82	McKay ALBY	FR	#4 Montclair State	7.94	12/7
5	100	Michelle ITOUA	JR	#4 Montclair State	{2} 7.97	12/7
6		Reyanna HENDERSON	SR	#6 New Jersey City	8.03	1/17
6		Mackenzie BURKE	SO	#1 TCNJ	8.03	12/7
8		Mya WALKER	SO	#2 Rowan	{3} 8.04	12/6
9		Rhi'Onna TIMMONS	FR	#2 Rowan	{4} 8.05	12/6
10		Maile O'NEILL	FR	#4 Montclair State	{3} 8.06	12/7

Women's 800 Meters

1	76	Dale LEONARD	SO	#5 Ramapo	2:21.37	1/24
2		Gabriella PAGANO	JR	#2 Rowan	2:22.86	1/24
3		Lisa O'SULLIVAN	FR	#2 Rowan	{2} 2:23.41	1/17
4		Rizzo AVA	SO	#2 Rowan	{3} 2:23.51	1/24
5		Elaina STYER	SO	#3 Stockton	2:23.73c (2:25.38f)	12/7
6		Abigail CHURCHILL	FR	#4 Montclair State	2:29.36	1/17
7		Denisse AGUILAR	SR	#4 Montclair State	{2} 2:31.14	1/17
8		Olivia CLASS	SR	#1 TCNJ	2:31.61c (2:33.35f)	1/18
9		Madelin CARTER	FR	#3 Stockton	{2} 2:32.22	1/17
10		Zoey CASSAVELL	SR	#5 Ramapo	{2} 2:32.81	1/24

Women's 60 Meter Hurdles

1	35	Elaina STYER	SO	#3 Stockton	9.14	1/25
1	35	Eliza BRUNCAJ	SR	#1 TCNJ	9.14	12/7
3	42	Nyla JONES	FR	#2 Rowan	9.17	12/7
4	92	Mackenzie BURKE	SO	#1 TCNJ	{2} 9.42	12/7
5		Sarah SCEPKOWSKI	JR	#1 TCNJ	{3} 9.64	12/7
6		Lia MALAVE	SO	#1 TCNJ	{4} 9.76	12/7
7		Jayda CHISOLM	FR	#5 Ramapo	9.95	12/7
8		Julia ACEVEDO	SR	#4 Montclair State	10.01	12/7
9		Marlie DIPALMA	FR	#3 Stockton	{2} 10.03	1/25
10		Abigail GALLACHER	SO	#3 Stockton	{3} 10.33	1/17

Women's Mile

1	37	Dale LEONARD	SO	#5 Ramapo	5:05.65	1/24
2	69	Ally WERNIK	SO	#2 Rowan	5:11.29	1/24
3	81	Emily ZANNI	SO	#2 Rowan	{2} 5:12.07	1/24
4		Gabriella PAGANO	JR	#2 Rowan	{3} 5:14.89	1/17
5		Jezena APONTE	SO	#6 New Jersey City	5:20.47	1/17
6		Zoey CASSAVELL	SR	#5 Ramapo	{2} 5:21.51	1/24
7		Abigail CHURCHILL	FR	#4 Montclair State	5:22.17	1/17
8		Denisse AGUILAR	SR	#4 Montclair State	{2} 5:26.42	1/17
9		Ava BIEMULLER	FR	#1 TCNJ	5:27.64c (5:30.88f)	1/18
10		Cassidy QUINN	SR	#1 TCNJ	{2} 5:28.02c (5:31.26f)	1/18

Women's 200 Meters

1	65	Jasmine BROADWAY	SR	#2 Rowan	25.81	1/24
1	65	Molly LODGE	SR	#2 Rowan	25.81	1/17
3		Reyanna HENDERSON	SR	#6 New Jersey City	26.17	1/10
4		Ava REILLY	FR	#2 Rowan	{3} 26.18	1/17
5		Mya WALKER	SO	#2 Rowan	{4} 26.26	12/6
6		Rukiyat DARANIJO	SO	#1 TCNJ	26.35c (26.76f)	1/18
7		Kayla JULIEN	SO	#2 Rowan	{5} 26.42	1/24
8		Michelle ITOUA	JR	#4 Montclair State	26.55	1/17
9		Mackenzie BURKE	SO	#1 TCNJ	{2} 26.62c (27.03f)	1/18
9		Raven ORANGE	FR	#6 New Jersey City	{2} 26.62c (27.03f)	12/7

Women's 3000 Meters

1	47	Dale LEONARD	SO	#5 Ramapo	10:11.31	1/17
2	86	Cassidy QUINN	SR	#1 TCNJ	10:23.22c (10:28.56f)	1/25
3		Gabriella PAGANO	JR	#2 Rowan	10:38.17	1/24
4		Zoey CASSAVELL	SR	#5 Ramapo	{2} 10:39.42	1/17
5		Emily ZANNI	SO	#2 Rowan	{2} 10:44.18	1/17
6		Naesha GADIE	SO	#1 TCNJ	{2} 10:52.29c (10:57.88f)	1/25
7		Jezena APONTE	SO	#6 New Jersey City	10:53.37	1/10
8		Madelyn VALASEK	JR	#3 Stockton	10:54.85	1/17
9		Ava BIEMULLER	FR	#1 TCNJ	{3} 10:59.81c (11:05.46f)	1/18
10		Ella DALY	FR	#1 TCNJ	{4} 11:12.11c (11:17.87f)	1/25

Women's 400 Meters

1	57	Reyanna HENDERSON	SR	#6 New Jersey City	59.20	1/17
2	59	Kayla KASS	JR	#3 Stockton	59.22c (1:00.00f)	1/25
3	67	Rukiyat DARANIJO	SO	#1 TCNJ	59.48c (1:00.27f)	1/18
4	81	Kelly O'GRADY	JR	#1 TCNJ	{2} 59.77c (1:00.56f)	1/18
5	88	#Type!	FR	#1 TCNJ	{3} 59.94	12/7
6		Kayla SULLIVAN	SR	#3 Stockton	{2} 1:00.50c (1:01.30f)	1/25
7		Paige FRANKLIN	FR	#2 Rowan	1:01.18	1/17
8		Emma CONROY	JR	#3 Stockton	{3} 1:02.26	12/6
9		Odalys GUERRERO-DOMINGUEZ	JR	#4 Montclair State	1:03.18	1/17
9		Alice VALENZUELA	FR	#7 Farmingdale Sta	1:03.18c (1:04.01f)	1/11

Women's 5000 Meters

1		Isabella CAMPIGLIA	JR	#3 Stockton	20:28.19c (20:37.59f)	1/25
2		Julissa SIERRA	FR	#2 Rowan	21:49.97	1/24



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Women's 4x400 Relay

1	7	Kelly O'Grady, Mackenzie Burke, Eliza Bruncaj, Rukiyat Daranijo	#1 TCNJ	3:56.22c (3:59.35f)	1/25
2	13	Kayla Kass, Elaina Styer, Emma Petrolia, Kayla Sullivan	#3 Stockton	3:59.30c (4:02.47f)	1/25
3	29	Molly Lodge, Nyla Jones, Ava Reilly, Jasmine Broadway	#2 Rowan	4:04.66	12/7
4	74	#Type!	#4 Montclair State	4:13.81	12/7
5		Jezena Aponte, Reyanna Henderson, Raven Orange, Evelyn Wymer	#6 New Jersey City	4:21.75c (4:25.22f)	12/7
6		Barbara Exilus, Victoria Romanov, Kamalah Williams, Lynell Thomas	#5 Ramapo	4:22.42	12/7
7		Kimberlyn David, Sydnee Simmons, Keilyn Melgar, Myah Roberts	#7 Farmingdale Sta	4:48.41c (4:52.23f)	1/25
8		Sydnie Marshall, A'maya Stanard, Matogoma Meite, Evelyn Macias	#9 Rutgers-Camden	4:56.21	12/6

Women's Distance Medley Relay

1	4	Molly Bossdorf, Cameron Ruffini, Alex Grivas, Ava Biemuller	#1 TCNJ	12:36.09c (12:44.19f)	1/25
2	28	Evelyn Austin, Madelin Carter, Rachel Hayes, Amanda McNally	#3 Stockton	13:35.91	1/17
3	33	Rizzo Ava, Lisa O'Sullivan, Isabelle Smith, Jenna Spadaro	#2 Rowan	14:05.36	1/17

Women's High Jump

1	12	Elaina STYER	SO #3 Stockton	1.65m 5-5	1/17
2	34	Tonna OGINA	FR #6 New Jersey City	1.60m 5-3	1/17
3	100	Blessing KOROMA	FR #2 Rowan	1.55m 5-1	12/6
4		Sarah SCEPKOWSKI	JR #1 TCNJ	1.53m 5-¼	12/7
5		Abigail PFAFF	SR #1 TCNJ {2}	1.48m 4-10¼	12/7
5		Eliza BRUNCAJ	SR #1 TCNJ {2}	1.48m 4-10¼	1/18
5		Petra DOHERTY	FR #1 TCNJ {2}	1.48m 4-10¼	12/7
8		Julia ACEVEDO	SR #4 Montclair State	1.47m 4-9¾	1/17
8		Bryanna SHEPPERSON	FR #5 Ramapo	1.47m 4-9¾	1/17
10		Sarah LUMAS	FR #4 Montclair State {2}	1.43m 4-8¼	12/7

Women's Pole Vault

1	73	Eva MORRISON	JR #3 Stockton	3.30m 10-9¾	12/6
2		Maya SCANNELL	SO #1 TCNJ	3.00m 9-10	12/7
3		Sydney RICK	FR #3 Stockton {2}	2.85m 9-4¼	12/6
4		Isabella MRAZ	JR #1 TCNJ {2}	2.70m 8-10¼	12/7
4		Erika SCHINASI	FR #2 Rowan	2.70m 8-10¼	12/6
4		Remington WALTER	JR #2 Rowan	2.70m 8-10¼	12/6
7		Cadence MULLER	SO #2 Rowan {3}	2.40m 7-10½	12/6
8		Mishell DELGADO	SO #7 Farmingdale Sta	2.05m 6-8¾	1/25

Women's Long Jump

1	41	Lia MALAVE	SO #1 TCNJ	5.40m 17-8¾	12/7
2		Emma PETROLIA	JR #3 Stockton	5.15m 16-10¾	12/6
3		Marlie DIPALMA	FR #3 Stockton {2}	5.12m 16-9¾	1/17
4		Sarah SCEPKOWSKI	JR #1 TCNJ {2}	5.08m 16-8	1/18
5		Elaina STYER	SO #3 Stockton {3}	5.05m 16-7	12/7
6		Rhi'Onna TIMMONS	FR #2 Rowan	5.00m 16-5	12/7
6		Tonna OGINA	FR #6 New Jersey City	5.00m 16-5	1/25
8		Kaelyn RODRIGUEZ	FR #4 Montclair State	4.95m 16-3	1/18
9		Isabel DUVAL	SO #3 Stockton {4}	4.91m 16-1½	12/6
9		Sidney WHETSTONE	SR #2 Rowan {2}	4.91m 16-1½	1/17

Women's Triple Jump

1	47	Tonna OGINA	FR #6 New Jersey City	10.96m 35-11½	1/17
2	59	Julia ACEVEDO	SR #4 Montclair State	10.87m 35-8	12/7
3	66	Brooke VALAN	SR #1 TCNJ	10.84m 35-6¾	1/25
4	100	Emma PETROLIA	JR #3 Stockton	10.63m 34-10½	12/6
5		Lia MALAVE	SO #1 TCNJ {2}	10.06m 33-¼	1/25
6		Treesha JAYAKODY	SO #7 Farmingdale Sta	9.77m 32-¾	12/14
7		Sarah LUMAS	FR #4 Montclair State {2}	9.75m 32-0	12/7
8		Erin MCGAULEY	JR #1 TCNJ {3}	9.61m 31-6½	1/18
9		Maryam KARIYM	FR #4 Montclair State {3}	9.60m 31-6	12/7

Women's Shot Put

1	71	Victoria DEGRAW	FR #7 Farmingdale Sta	12.18m 39-11½	12/14
2		Kerri MCCARTHY	SR #1 TCNJ	11.74m 38-6¼	1/25
3		Shanil AUGUSTE	SR #8 Rutgers-Newark	11.50m 37-8¾	1/10
4		Alexia BEY	JR #2 Rowan	10.87m 35-8	1/24
5		Allison LAVIN	SO #1 TCNJ {2}	10.80m 35-5¼	12/7
6		Maya YESALONIS	SO #4 Montclair State	10.78m 35-4½	1/17
7		Deonte WILSON	FR #9 Rutgers-Camden	10.74m 35-3	1/24
8		Jess BENTLEY	SO #3 Stockton	10.52m 34-6¼	12/6
9		Ashley TORO	SO #7 Farmingdale Sta {2}	10.49m 34-5	1/18
10		Chloe BRIJBAG	FR #4 Montclair State {2}	9.97m 32-8½	1/18



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Women's Weight Throw

1	27	Jessica REILLY	SR	#1 TCNJ	15.85m	52-0	1/25
2	28	Isabella FREDA	SR	#3 Stockton	15.79m	51-9¾	12/6
3	64	Shanil AUGUSTE	SR	#8 Rutgers-Newark	15.11m	49-7	1/17
4	73	Alexia BEY	JR	#2 Rowan	15.02m	49-3½	12/6
5		Maya YESALONIS	SO	#4 Montclair State	13.85m	45-5¼	1/17
6		Kerri MCCARTHY	SR	#1 TCNJ	{2} 12.48m	40-11½	1/25
7		Victoria DEGRAW	FR	#7 Farmingdale Sta	12.43m	40-9½	1/25
8		Allison LAVIN	SO	#1 TCNJ	{3} 12.39m	40-7¾	1/25
9		Bree COONEY	FR	#2 Rowan	{2} 11.87m	38-11½	1/17
10		Shyanne ANSON	JR	#6 New Jersey City	11.73m	38-6	1/17

Women's Pentathlon

1	5	Elaina STYER	SO	#3 Stockton	3,383	12/7
2	35	Julia ACEVEDO	SR	#4 Montclair State	2,748	12/13



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Women's 60 Meters

1	36	Dakota HOUSTON	FR	#3 John Carroll	7.81	1/17
2	56	Paige SIMPSON	SO	#2 Ohio Northern	7.88	1/25
3	97	Tatum WALSH	FR	#2 Ohio Northern {2}	7.96	1/17
4		Kendra KRICHBAUM	SR	#2 Ohio Northern {3}	7.98	12/5
5		Mia SCOTT	SR	#3 John Carroll {2}	8.01	12/7
6		Kennedy BERGER	FR	#1 Mount Union	8.03	12/7
7		Brianna BRAATZ	FR	#9 Heidelberg	8.08	1/25
8		Kate BALLAND	FR	#3 John Carroll {3}	8.11	1/17
9		Sadie GRAY	FR	#8 Marietta	8.12	12/7
10		Monica CLARK	SO	#1 Mount Union {2}	8.16	12/7

Women's 60 Meter Hurdles

1	13	Jameire HONZU	FR	#4 Baldwin Wallace	8.90	1/25
2	80	Ashley COCKRELL	SO	#1 Mount Union	9.38	12/7
3	93	Je'Leycia PROCTER	FR	#2 Ohio Northern	9.43	1/17
4		Kenni VOYTEK	SR	#4 Baldwin Wallace {2}	9.66	1/25
5		Olyvia ASHBROOK	SR	#2 Ohio Northern {2}	9.70	1/25
6		Charlie DOLLIVER	JR	#6 Otterbein	9.83	12/5
7		Rebecca SANTOM	SR	#1 Mount Union {2}	9.87	12/7
8		Alex VARGO	FR	#2 Ohio Northern {3}	9.93	1/17
9		Savannah JONES	FR	#1 Mount Union {3}	9.98	1/25
10		Savannah STRAWMYER	JR	#7 Muskingum	10.01	12/7

Women's 200 Meters

1	28	Madison MILES	SR	#1 Mount Union	25.47c (25.86f)	12/7
2	33	Tatum WALSH	FR	#2 Ohio Northern	25.49c (25.88f)	1/17
3	71	Abby COLLIER	SR	#4 Baldwin Wallace	25.85 OT	1/25
4		Paige SIMPSON	SO	#2 Ohio Northern {2}	26.20c (26.60f)	1/17
5		Sandra KING	FR	#3 John Carroll	26.21c (26.61f)	12/7
6		Brianna BRAATZ	FR	#9 Heidelberg	26.26c (26.66f)	1/25
7		Rylie HAYNES	SO	#1 Mount Union {2}	26.58c (26.99f)	12/7
8		Kenae MOORE	FR	#4 Baldwin Wallace {2}	26.61 OT	1/25
9		Kendra KRICHBAUM	SR	#2 Ohio Northern {3}	26.62c (27.03f)	1/17
10		Paige MUNCHICK	JR	#3 John Carroll {2}	26.67 OT	1/25

Women's 400 Meters

1	18	Madison MILES	SR	#1 Mount Union	57.77c (58.53f)	12/7
2	41	Abby COLLIER	SR	#4 Baldwin Wallace	58.73 OT	1/25
3	76	Mary MASON	SR	#1 Mount Union {2}	59.71 OT	1/18
4	79	Halle COCHRAN	SR	#1 Mount Union {3}	59.73c (1:00.52f)	12/7
5		Cora LISKAI	FR	#1 Mount Union {4}	1:00.45c (1:01.25f)	12/7
6		Haley COOK	SR	#5 Wilmington (Ohi)	1:00.75 OT	12/7
7		Sandra KING	FR	#3 John Carroll	1:00.94c (1:01.74f)	12/7
8		Elizabeth FUNKHOUSER	SO	#1 Mount Union {5}	1:01.08c (1:01.89f)	12/7
9		Morgan ALOI	JR	#4 Baldwin Wallace {2}	1:01.28c (1:02.09f)	12/7
10		Tatum WALSH	FR	#2 Ohio Northern	1:01.46	12/5

Women's 800 Meters

1	21	Mary MASON	SR	#1 Mount Union	2:16.47 OT	1/25
2	59	Abigail DERRY	JR	#7 Muskingum	2:20.35c (2:21.96f)	1/25
3	77	Halle COCHRAN	SR	#1 Mount Union {2}	2:21.42 OT	1/25
4	100	Meghan SCHWARTZ	FR	#1 Mount Union {3}	2:22.41 OT	1/25
5		Gianini VENUTO	SR	#1 Mount Union {4}	2:22.93 OT	1/18
6		Taylor HENNESSY	SO	#1 Mount Union {5}	2:24.08 OT	1/25
7		Callie CYRUS	FR	#1 Mount Union {6}	2:24.88 OT	1/25
8		Haley COOK	SR	#5 Wilmington (Ohi)	2:25.97c (2:27.65f)	1/25
9		Michaela HIERONYMUS	JR	#8 Marietta	2:26.90 OT	1/25
10		Kylie BENNINGTON	FR	#3 John Carroll	2:27.41 OT	1/25

Women's Mile

1	5	Faith DUNCAN	JR	#5 Wilmington (Ohi)	4:54.61c (4:57.52f)	1/25
2	68	Gianini VENUTO	SR	#1 Mount Union	5:11.13 OT	1/18
3	97	AnnaSophia GOWER	SO	#2 Ohio Northern	5:13.77c (5:16.87f)	1/25
4		Alyssa MATTIS	SR	#6 Otterbein	5:14.42c (5:17.53f)	1/25
5		Samantha ROTH	JR	#2 Ohio Northern {2}	5:16.06c (5:19.18f)	1/25
6		Ellie KITSMILLER	SR	#3 John Carroll	5:23.07 OT	1/25
7		Abigail DERRY	JR	#7 Muskingum	5:25.98c (5:29.20f)	1/18
8		Katurah PLECKO	JR	#4 Baldwin Wallace	5:26.76c (5:29.99f)	12/7
9		Kennedy SCHLESSMAN	SO	#1 Mount Union {2}	5:27.80 OT	1/18
10		Isa RAMOS	SO	#2 Ohio Northern {3}	5:29.31c (5:32.57f)	1/25
10		Jasmine ARNOLD	SR	#1 Mount Union {3}	5:29.31 OT	1/18

Women's 3000 Meters

1	21	Faith DUNCAN	JR	#5 Wilmington (Ohi)	9:59.60c (10:04.74f)	1/18
2	36	Gianini VENUTO	SR	#1 Mount Union	10:06.34 OT	1/25
3	40	Abby SCHROFF	JR	#3 John Carroll	10:08.55 OT	1/25
4	95	Annie HIGGINS	SR	#3 John Carroll {2}	10:24.49 OT	1/25
5	100	AnnaSophia GOWER	SO	#2 Ohio Northern	10:26.51c (10:31.88f)	1/17
6		Alyssa VIS	SO	#3 John Carroll {3}	10:34.31 OT	1/25
7		Jasmine ARNOLD	SR	#1 Mount Union {2}	10:36.33 OT	1/25
8		Samantha ROTH	JR	#2 Ohio Northern {2}	10:40.52c (10:46.01f)	1/17
9		Natalie ARMBRUSTER	JR	#2 Ohio Northern {3}	10:40.76c (10:46.25f)	1/25
10		Kennedy RADER	JR	#2 Ohio Northern {4}	10:44.16c (10:49.68f)	1/17

Women's 5000 Meters

1	1	Faith DUNCAN	JR	#5 Wilmington (Ohi)	16:07.53 OT	12/6
2	42	Gianini VENUTO	SR	#1 Mount Union	17:52.86 OT	12/6
3	70	Ashley HOCKSTOK	SR	#2 Ohio Northern	18:17.96c (18:26.36f)	1/25
4	84	Kennedy RADER	JR	#2 Ohio Northern {2}	18:30.24c (18:38.74f)	1/25
5		Madison PRIGGE	SO	#4 Baldwin Wallace	20:03.00 OT	1/25
6		Kennedy HELTON	FR	#6 Otterbein	20:31.23c (20:40.65f)	1/25
7		Kalyn KIMBALL	SO	#2 Ohio Northern {3}	20:33.88c (20:43.33f)	1/25
8		Rachel ZIEL	JR	#6 Otterbein {2}	20:38.24c (20:47.72f)	1/25
9		Brooke KENNEDY	SO	#4 Baldwin Wallace {2}	21:01.58 OT	1/25
10		Charlotte JONES	JR	#4 Baldwin Wallace {3}	21:33.94 OT	1/25



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Women's 4x400 Relay

1	26	Dakota Houston, Sandra King, Kaleigh McNamara, Ellie Kitsmiller	#3 John Carroll	4:04.51 OT	1/25
2	30	Abby Collier, Hope Murphy, Jameire Honzu, Morgan Aloï	#4 Baldwin Wallace	4:05.35 OT	1/25
3	53	Kristen Walters, Halle Cochran, Paula Incorvati, Cora Liskai	#1 Mount Union	4:09.84 OT	1/25
4	84	Chloe Lovett, Sophia Hardwick, Hayden Setty, Haley Cook	#5 Wilmington (Ohi	4:15.76 OT	12/7
5	85	Olyvia Ashbrook, Tatum Walsh, Je'Leycia Procter, Lily Wolfe	#2 Ohio Northern	4:15.85c (4:19.24f)	1/17
6		Emma Fehrman, Michaela Hieronymus, Eden Tepe, Emily Randulic	#8 Marietta	4:20.52 OT	1/25
7		Rachel Bollo, Mallory Bostick, Assir Yisrael, Natalie Nichols	#6 Otterbein	4:21.34c (4:24.81f)	1/25
8		Abigail Derry, Maura Seibert, Mea Kaufman, Lydia Black	#7 Muskingum	4:25.60c (4:29.12f)	1/25
9		#Type!	#9 Heidelberg	4:54.70c (4:58.61f)	1/18

Women's Distance Medley Relay

1	8	Abby Schroff, Paige Munchick, Natalie Chryst, Meah Prutzman	#3 John Carroll	12:43.94 OT	1/25
2	20	Hayden Setty, Chloe Lovett, Haley Cook, Faith Duncan	#5 Wilmington (Ohi	13:07.15c(13:15.58f)	1/18

Women's High Jump

1	21	Emersyn GERKEN	FR #2 Ohio Northern	1.63m	5-4¼	1/17
2	34	Riley HEITKAMP	JR #2 Ohio Northern {2}	1.60m	5-3	1/17
2	34	Rylee GORRELL	SO #4 Baldwin Wallace	1.60m	5-3	1/25
2	34	Michaela BRYAN	SR #3 John Carroll	1.60m	5-3	12/7
5	100	Katelynn EBERHARDT	FR #1 Mount Union	1.55m	5-1	1/25
6		Laney DUFF	SO #1 Mount Union {2}	1.53m	5-¼	1/18
7		Makenna OSZUST	FR #1 Mount Union {3}	1.50m	4-11	1/25
8		Lindsay WEININGER	JR #2 Ohio Northern {3}	1.49m	4-10½	1/17
9		Megan MAHAFFEY	FR #1 Mount Union {4}	1.47m	4-9¾	12/7
9		Dacianelle ANDREWS	FR #1 Mount Union {4}	1.47m	4-9¾	12/7

Women's Pole Vault

1	5	Claire SCHWELLER	JR #2 Ohio Northern	3.82m	12-6¼	1/17
2	14	Emily THOMPSON	JR #8 Marietta	3.60m	11-9¾	1/25
3	18	Ellie FORD	JR #2 Ohio Northern {2}	3.57m	11-8½	12/5
4		Jessica MASON	SO #1 Mount Union	3.15m	10-4	1/18
5		Leah FRITSCH	JR #3 John Carroll	3.12m	10-2¾	1/17
5		Anna MARCHINY	FR #2 Ohio Northern {3}	3.12m	10-2¾	1/17
7		Suzi LEE	FR #2 Ohio Northern {4}	3.11m	10-2½	1/25
8		Lucy MCCHESENEY-BETLER	FR #4 Baldwin Wallace	3.07m	10-¾	12/7
9		Avery HART	JR #10 Capital	3.05m	10-0	1/10
10		Morgan RILEY	FR #4 Baldwin Wallace{2}	3.00m	9-10	1/25

Women's Long Jump

1	21	Kalie CAMPBELL	SO #1 Mount Union	5.50m	18-½	1/18
2	25	Dakota HOUSTON	FR #3 John Carroll	5.49m	18-¼	1/17
3	69	Rylie HAYNES	SO #1 Mount Union {2}	5.30m	17-4¾	12/7
4	76	Lexi WACHTMAN	SR #9 Heidelberg	5.29m	17-4¼	1/25
4	76	Aniela BALOG	FR #3 John Carroll {2}	5.29m	17-4¼	1/25
6	84	Lauryn WOLTERS	JR #2 Ohio Northern	5.28m	17-4	12/5
7	92	Mackenzie DAVIS	SO #1 Mount Union {3}	5.25m	17-2¾	12/7
8		Paige MUNCHICK	JR #3 John Carroll {3}	5.16m	16-11¼	1/17
9		Emma FEHRMAN	SR #8 Marietta	5.06m	16-7¼	12/7
9		Eriana HOLLOWELL	FR #4 Baldwin Wallace	5.06m	16-7¼	12/7

Women's Triple Jump

1	46	Madeline BURGESS	FR #1 Mount Union	10.97m	36-0	1/18
2	51	Emma FEHRMAN	SR #8 Marietta	10.94m	35-10¾	1/18
3		Ashley BAKER	SO #2 Ohio Northern	10.59m	34-9	12/5
4		Rebecca SANTOM	SR #1 Mount Union {2}	10.45m	34-3½	12/7
5		Lauryn WOLTERS	JR #2 Ohio Northern {2}	10.40m	34-1½	1/17
6		Ella GILL	FR #3 John Carroll	10.37m	34-¼	1/25
7		Charlie DOLLIVER	JR #6 Otterbein	10.34m	33-11¼	1/18
8		Kyla RUSH	FR #5 Wilmington (Ohi	10.16m	33-4	12/7
9		Carlisha BELL	FR #6 Otterbein {2}	10.11m	33-2	12/5
10		Massey ANDRYKOVITCH	SR #3 John Carroll {2}	9.91m	32-6¼	12/7

Women's Shot Put

1	12	Izzy BURMAN	SR #2 Ohio Northern	13.45m	44-1½	1/25
2	14	Makayla SITZLAR	JR #1 Mount Union	13.06m	42-10¼	12/7
3	55	Jessica DOTSON	SO #7 Muskingum	12.37m	40-7	12/7
4	62	Samantha SELLERS	SR #2 Ohio Northern {2}	12.27m	40-3¼	1/17
5	78	Makenna RUDY	SO #1 Mount Union {2}	12.14m	39-10	12/7
6	85	Hannah FRIEND	SR #2 Ohio Northern {3}	12.06m	39-6¾	12/5
7	86	Kenna JOHNSTON	SR #1 Mount Union {3}	12.03m	39-5¾	12/7
8		Anastasia SMITH	FR #6 Otterbein	11.82m	38-9½	1/25
9		Buzz KLINE	SR #1 Mount Union {4}	11.74m	38-6¼	12/7
10		Katelyn WAGNER	SO #2 Ohio Northern {4}	11.72m	38-5½	12/5



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Women's Weight Throw

1	12	Izzy BURMAN	SR	#2 Ohio Northern	17.61m	57-9½	1/17
2	57	Cara JEWETT	SR	#3 John Carroll	15.17m	49-9¼	1/25
3	65	Emily TORRES	SR	#4 Baldwin Wallace	15.10m	49-6½	12/7
3	65	Lucy TROUT	JR	#5 Wilmington (Ohi	15.10m	49-6½	1/25
5	80	Hannah FRIEND	SR	#2 Ohio Northern	{2}14.91m	48-11	1/17
6		Sarah HART	JR	#3 John Carroll	{2}14.18m	46-6¼	12/7
7		Buzz KLINE	SR	#1 Mount Union	14.08m	46-2½	1/25
8		Ravyn GOODSON	SR	#6 Otterbein	13.94m	45-9	1/18
9		Katelyn WAGNER	SO	#2 Ohio Northern	{3}13.90m	45-7¼	1/17
9		Amy MYERS	JR	#5 Wilmington (Ohi	{2}13.90m	45-7¼	1/18
9		Amber CORLL	JR	#7 Muskingum	13.90m	45-7¼	1/18

Women's Pentathlon

1	37	Charlie DOLLIVER	JR	#6 Otterbein	2,634	12/5
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Women's 60 Meters

1	45	Natashe TATE	SO	#6 Virginia Wesleya	7.84	1/17
2	54	Jade BUCKLES	JR	#4 Bridgewater (Va.)	7.87	1/10
3		Kennedy CHAPMAN	SO	#6 Virginia Wesleya {2}	8.01	12/8
3		Nalonda HENDERSON	SO	#3 Roanoke	8.01	12/8
5		Rylee TURNER	JR	#2 Lynchburg	8.08	1/25
6		Lyric HOGGARD	JR	#6 Virginia Wesleya {3}	8.09	12/8
7		Lilly VERSEN	FR	#1 Washington and	8.12	1/18
8		Eleanor HINCKLEY	SR	#3 Roanoke {2}	8.14	1/18
9		Lindsey HOBIN	JR	#3 Roanoke {3}	8.18	1/18
10		Kendra SMITH	SR	#8 Randolph	8.20	1/18
10		Jessica TAYLOR	SO	#8 Randolph	8.20	1/10

Women's 800 Meters

1	37	Molly SILVA	SR	#2 Lynchburg	2:18.56	1/25
2		Makenna THRUSH	SR	#5 Shenandoah	2:25.65c (2:27.33f)	1/18
3		Grace SEMOW	FR	#5 Shenandoah {2}	2:26.89	1/24
4		Charlotte GARDNER	FR	#1 Washington and	2:27.09	1/25
5		Megan WIMMER	SR	#4 Bridgewater (Va.)	2:29.64	1/25
6		Amy OLEKSY	JR	#5 Shenandoah {3}	2:29.74c (2:31.46f)	12/8
7		Elili ASEFA	JR	#7 Eastern Mennon	2:30.26	1/25
8		Kiera COLEMAN	SO	#6 Virginia Wesleya	2:30.41c (2:32.14f)	1/17
9		Allie GALLAHER	SO	#3 Roanoke	2:31.27c (2:33.01f)	1/18
10		Jenna WEAVER	SR	#7 Eastern Mennon {2}	2:32.07c (2:33.82f)	12/8

Women's 60 Meter Hurdles

1	31	Betsy MOHNKERN	SR	#2 Lynchburg	9.11	1/10
2	68	Amanda ROMANO	SR	#1 Washington and	9.34	1/18
3	69	Rebecca CARR	SO	#3 Roanoke	9.35	1/18
4	73	Olivia VIERS	SO	#3 Roanoke {2}	9.36	12/8
5		Olivia CRIGGER	FR	#4 Bridgewater (Va.)	9.57	1/10
6		Abby ATWOOD	FR	#7 Eastern Mennon	9.68	12/8
7		Cammi WINSTON	SR	#3 Roanoke {3}	9.74	12/8
8		McKenna RIOLO	SO	#3 Roanoke {4}	9.77	1/18
9		Olivia BATES	JR	#4 Bridgewater (Va.) {2}	9.78	1/10
10		Maddie WATSON	FR	#4 Bridgewater (Va.) {3}	10.00	1/10

Women's Mile

1	30	Cassie CARR	SR	#1 Washington and	5:03.96c (5:06.97f)	1/18
2	52	Taylor MYERS	FR	#4 Bridgewater (Va.)	5:07.85	1/10
3	63	Sophia BRESCHI	JR	#1 Washington and {2}	5:09.42c (5:12.49f)	1/18
4	88	Allison DELL	JR	#2 Lynchburg	5:13.03	1/10
5		Reese BROWN	SO	#1 Washington and {3}	5:19.96c (5:23.12f)	1/18
6		Adia VERA	SR	#1 Washington and {4}	5:23.76c (5:26.96f)	12/8
7		Emily SANSBURY	JR	#1 Washington and {5}	5:24.99	1/25
8		Jenna WEAVER	SR	#7 Eastern Mennon	5:29.85c (5:33.11f)	1/18
9		Halie MAST	SR	#7 Eastern Mennon {2}	5:30.03c (5:33.29f)	1/12
10		Mary GORSKY	FR	#1 Washington and {6}	5:33.88	1/25

Women's 200 Meters

1	100	Jade BUCKLES	JR	#4 Bridgewater (Va.)	26.06c (26.46f)	1/18
2		Summer WALLACE	SO	#4 Bridgewater (Va.) {2}	26.43	1/25
3		Kennedy CHAPMAN	SO	#6 Virginia Wesleya	26.44c (26.85f)	1/17
3		Rylee TURNER	JR	#2 Lynchburg	26.44	1/25
5		Lindsey HOBIN	JR	#3 Roanoke	26.54c (26.96f)	1/18
6		Eleanor HINCKLEY	SR	#3 Roanoke {2}	26.56c (26.97f)	1/18
7		Jessica TAYLOR	SO	#8 Randolph	26.59	1/10
7		Betsy MOHNKERN	SR	#2 Lynchburg {2}	26.59	1/25
9		Mae KAUFMAN	FR	#3 Roanoke {3}	26.79c (27.20f)	12/8
10		Tatianna LANGSTON	SO	#8 Randolph {2}	26.88c (27.30f)	1/18

Women's 3000 Meters

1	17	Olivia WARR	SO	#1 Washington and	9:57.15	1/25
2	31	Cassie CARR	SR	#1 Washington and {2}	10:05.38	1/25
3	46	Sophia BRESCHI	JR	#1 Washington and {3}	10:11.26	1/25
4	74	Emma MITCHELL	SR	#1 Washington and {4}	10:20.98	1/25
5		Madeline LOTT	SR	#5 Shenandoah	10:31.09c (10:36.50f)	12/8
6		Allison DELL	JR	#2 Lynchburg	10:34.01	1/10
7		Molly SILVA	SR	#2 Lynchburg {2}	10:34.59	1/10
8		Makenna THRUSH	SR	#5 Shenandoah {2}	10:40.70c (10:46.19f)	12/8
9		Eve SPENCER	JR	#1 Washington and {5}	10:41.86c (10:47.36f)	12/8
10		Jenna WEAVER	SR	#7 Eastern Mennon	10:48.63	1/25

Women's 400 Meters

1		Jesma EVANS	JR	#1 Washington and	1:00.70c (1:01.51f)	1/18
2		Jessica TAYLOR	SO	#8 Randolph	1:00.97	1/10
3		Mae KAUFMAN	FR	#3 Roanoke	1:01.01c (1:01.82f)	1/18
4		Maryrose MOLINA-SHUMAN	JR	#3 Roanoke {2}	1:01.83c (1:02.65f)	1/18
5		Nadira CANTEY	FR	#3 Roanoke {3}	1:01.97c (1:02.80f)	1/18
6		Lucie GRAZIANO	SR	#1 Washington and {2}	1:01.98c (1:02.80f)	12/8
7		Amia BARNES	SR	#6 Virginia Wesleya	1:02.07c (1:02.89f)	12/8
8		Lindsey HOBIN	JR	#3 Roanoke {4}	1:02.51	1/25
9		Alexis HUBBARD	SR	#5 Shenandoah	1:02.65c (1:03.48f)	1/12
10		Ophelia LADNER	JR	#3 Roanoke {5}	1:03.13c (1:03.97f)	1/18

Women's 5000 Meters

1	36	Taylor MYERS	FR	#4 Bridgewater (Va.)	17:45.40c (17:53.56f)	1/18
2	85	Makenna THRUSH	SR	#5 Shenandoah	18:31.00c (18:39.50f)	1/18
3		Madeline LOTT	SR	#5 Shenandoah {2}	18:41.06c (18:49.64f)	1/18
4		Madison CHORNEY	FR	#5 Shenandoah {3}	18:52.06c (19:00.73f)	1/18
5		Georgie LANHAM	SO	#2 Lynchburg	18:58.05	1/25
6		Kailey LAMONT	FR	#5 Shenandoah {4}	19:02.93c (19:11.68f)	1/18
7		Savannah REID	SR	#3 Roanoke	19:59.19c (20:08.38f)	1/18
8		Sarah CHRISTY	SR	#5 Shenandoah {5}	20:07.75	1/24
9		Lauren TOOMAN	SO	#5 Shenandoah {6}	20:25.10	1/24
10		Sarah KOCHANSKI	JR	#3 Roanoke {2}	21:04.26c (21:13.94f)	12/8



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ODAC

as of 1/28/2025 9:16:44 AM ET

Women's 4x400 Relay

1	27	Mae Kaufman, Lindsey Hobin, Maryrose Molina- Shuman, Nadira Cantey	#3 Roanoke	4:04.53c (4:07.78f)	1/18
2	33	Betsy Mohnkern, Rylee Turner, Hannah Edwards, Molly Silva	#2 Lynchburg	4:05.77	1/25
3	40	Ana Hodneland, Lucie Graziano, Amanda Romano, Jesma Evans	#1 Washington and	4:07.34	1/25
4	94	Alexis Hubbard, Mackenzie Plowman, Amy Oleksy, Grace Semow	#5 Shenandoah	4:16.86	1/24
5		Angel David, Abby Atwood, Elili Asefa, Halie Mast	#7 Eastern Mennon	4:33.05c (4:36.67f)	1/12
6		Amia Barnes, Lyric Hoggard, Tijjah Mosley, Naimah Rafiq	#6 Virginia Wesleya	4:34.77c (4:38.41f)	12/8

Women's Distance Medley Relay

1	13	Lucie Graziano, Sofia Petrucci, Adia Vera, Reese Brown	#1 Washington and	12:54.26	1/25
2	23	Megan Wimmer, Molly Williamson, Izzy Green, Paige Hiserman	#4 Bridgewater (Va.	13:24.09c(13:32.70f)	1/18
3	29	Allie Gallaher, McKenna Riolo, Evelyn Magee, Savannah Reid	#3 Roanoke	13:47.18c(13:56.05f)	1/18
4	49	Mia Viccora, Electra McPherson, Alia Peets, Carolina Wilson	#10 Sweet Briar	15:16.59c(15:26.41f)	1/18

Women's High Jump

1	12	Camille GILLUM	JR	#1 Washington and	1.65m	5-5	1/25
2	100	Summer WALLACE	SO	#4 Bridgewater (Va.	1.55m	5-1	1/10
2	100	Katya HOOVER	SR	#5 Shenandoah	1.55m	5-1	12/8
4		Norah CIANO	SR	#6 Virginia Wesleya	1.54m	5-½	1/17
5		Abby ATWOOD	FR	#7 Eastern Mennon	1.52m	4-11¾	1/12
6		Madison FREIDEMAN	FR	#9 Hollins	1.50m	4-11	1/18
7		Margo FOX	JR	#2 Lynchburg	1.49m	4-10½	12/6
8		Faith SCHULTZ	SO	#7 Eastern Mennon{2}	1.47m	4-9¾	1/12
9		Simone KASISCHKE	FR	#1 Washington and {2}	1.45m	4-9	1/18
9		Rebecca CARR	SO	#3 Roanoke	1.45m	4-9	1/18

Women's Pole Vault

1	13	Ashley D'AMBROSIA	SR	#1 Washington and	3.65m	11-11¾	1/18
2	30	Allison BOBST	SR	#2 Lynchburg	3.50m	11-5¾	12/6
3	59	Layla KEADLE	FR	#1 Washington and {2}	3.35m	10-11¾	1/18
3	59	Cameron WEBER	SO	#2 Lynchburg {2}	3.35m	10-11¾	1/18
5	99	Abby CHOLEWA	SO	#1 Washington and {3}	3.20m	10-6	1/18
5	99	Tasha MILLER	JR	#3 Roanoke	3.20m	10-6	1/18
7		Gabby PULLEN	FR	#1 Washington and {4}	3.05m	10-0	1/18

Women's Long Jump

1	54	Kennedy CHAPMAN	SO	#6 Virginia Wesleya	5.34m	17-6¼	1/17
2	92	Summer WALLACE	SO	#4 Bridgewater (Va.	5.25m	17-2¾	1/25
3		Margo FOX	JR	#2 Lynchburg	5.12m	16-9¾	12/6
4		Alexis HUBBARD	SR	#5 Shenandoah	5.07m	16-7¾	1/18
4		Jade BUCKLES	JR	#4 Bridgewater (Va.{2}	5.07m	16-7¾	1/10
6		Angel DAVID	SO	#7 Eastern Mennon	5.01m	16-5¼	12/8
7		Mackenzie MORANTE	SO	#1 Washington and	4.99m	16-4½	1/18
8		Kendra SMITH	SR	#8 Randolph	4.93m	16-2¼	1/25
9		Madelyn VENABLE	SR	#1 Washington and {2}	4.92m	16-1¾	1/18
10		Faith SCHULTZ	SO	#7 Eastern Mennon{2}	4.90m	16-1	12/8

Women's Triple Jump

1	58	Olivia BATES	JR	#4 Bridgewater (Va.	10.88m	35-8½	1/25
2	59	Angel DAVID	SO	#7 Eastern Mennon	10.87m	35-8	12/6
3	82	Arianna GOMEZ	FR	#9 Hollins	10.72m	35-2	1/18
4		Summer WALLACE	SO	#4 Bridgewater (Va.{2}	10.44m	34-3	1/18
5		Mackenzie MORANTE	SO	#1 Washington and	10.37m	34-¼	12/8
6		Cammi WINSTON	SR	#3 Roanoke	10.32m	33-10¼	1/25
7		Maddie WATSON	FR	#4 Bridgewater (Va.{3}	10.09m	33-1¼	1/10
8		Kiara SMITH	SR	#2 Lynchburg	10.08m	33-1	1/25
8		Jade BUCKLES	JR	#4 Bridgewater (Va.{4}	10.08m	33-1	1/25
10		Kendra SMITH	SR	#8 Randolph	9.98m	32-9	1/25

Women's Shot Put

1	28	Abby MIKOLAY	SO	#4 Bridgewater (Va.	12.77m	41-10¾	1/10
2		Kenzie SWICEGOOD	SO	#2 Lynchburg	11.86m	38-11	12/8
3		Katie WOOD	FR	#1 Washington and	11.46m	37-7¼	12/8
4		Bailey HEDGEMON	JR	#1 Washington and {2}	11.40m	37-5	1/25
5		Mackenzie SWANSON	JR	#6 Virginia Wesleya	11.29m	37-½	1/17
6		Emily JACKSON	FR	#1 Washington and {3}	11.23m	36-10¼	1/18
7		Katya HOOVER	SR	#5 Shenandoah	11.20m	36-9	1/18
8		Sarah FUCHS	JR	#3 Roanoke	11.19m	36-8½	12/8
9		Daryl TUCKER	JR	#6 Virginia Wesleya {2}	10.96m	35-11½	1/17
10		Kiersten ALLING	SO	#8 Randolph	10.86m	35-7¾	12/8



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Women's Weight Throw

1	24	Bailey HEDGEMON	JR	#1 Washington and	16.17m	53-3/4	1/18
2	59	Kiersten ALLING	SO	#8 Randolph	15.14m	49-8 1/4	1/18
3	61	Daryl TUCKER	JR	#6 Virginia Wesleya	15.13m	49-7 3/4	1/17
4		Abby MIKOLAY	SO	#4 Bridgewater (Va.	14.43m	47-4 1/4	1/18
5		Brianna MORGAN	JR	#4 Bridgewater (Va. {2}	14.29m	46-10 3/4	1/18
6		Kenzie SWICEGOOD	SO	#2 Lynchburg	14.27m	46-10	1/25
7		Denise KAMGAING		#6 Virginia Wesleya {2}	14.11m	46-3 1/2	1/17
8		Sanaa BELTON	JR	#9 Hollins	13.50m	44-3 1/2	1/18
9		Kya RUCKER	JR	#2 Lynchburg	{2}13.35m	43-9 3/4	1/18
10		Madeline BRAINARD	JR	#2 Lynchburg	{3}13.18m	43-3	1/18

Women's Pentathlon

1	24	Margo FOX	JR	#2 Lynchburg	2,927		12/6
2	54	Anna MILLER	SO	#2 Lynchburg	{2}2,393		12/6



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Women's 60 Meters

1	Kiara WHITE	FR	#1 Grove City	8.09	1/17
2	Arionna WHITE	FR	#4 Geneva	8.23	12/7
2	Carolyn COLTERYAHN	SR	#1 Grove City	{2}8.23	12/7
4	Sara VOS	FR	#4 Geneva	{2}8.29	1/18
5	Rowan DENNIS	JR	#4 Geneva	{3}8.39	1/25
6	Rebecca VEZZOSI	SO	#1 Grove City	{3}8.43	1/25
7	Gabrielle DOVE	FR	#5 Saint Vincent	8.44	12/6
8	Evie ELLENBERGER	FR	#2 Allegheny (Pa.)	8.46	1/18
9	Aubryanna SNYDER	SO	#2 Allegheny (Pa.)	{2}8.48	1/25
10	Madison DONELSON	SO	#11 Bethany (W.Va.)	8.49	1/25

Women's 800 Meters

1	40 Audrey KARWOWSKI	JR	#1 Grove City	2:18.65 OT	1/25
2	41 Jessica CAMPBELL	SR	#7 Franciscan	2:18.71 OT	1/17
3	91 Lauren DOSCH	SO	#7 Franciscan	{2}2:21.97 OT	1/17
4	Miranda CINCOTTA	SO	#5 Saint Vincent	2:22.65 OT	1/17
5	Chloe BONSON	JR	#2 Allegheny (Pa.)	2:23.99c (2:25.65f)	1/25
6	Celia COCCA	SR	#2 Allegheny (Pa.)	{2}2:26.17c (2:27.85f)	1/18
7	Grace SMITH	SR	#1 Grove City	{2}2:26.21 OT	1/25
8	Cayla LAWRENCE	SO	#1 Grove City	{3}2:26.84 OT	1/25
9	Shyann RULANDER	SO	#2 Allegheny (Pa.)	{3}2:32.07c (2:33.82f)	1/25
10	Annie HERRMANN	SO	#1 Grove City	{4}2:32.12 OT	1/25

Women's 60 Meter Hurdles

1	Breanna DAVIS	SR	#3 Westminster (Pa)	9.48	1/17
1	Jadyn HARTNER	SR	#6 Washington & Je	9.48	12/7
3	Sarah SCHNEIDER	JR	#6 Washington & Je	{2}9.62	12/7
4	Caroline KOZERA	SO	#5 Saint Vincent	9.80	12/6
5	Aurielle BRUNNER	SR	#8 Chatham	9.85	1/25
6	Rosa MONARCH	SO	#2 Allegheny (Pa.)	9.93	1/25
7	Ryann ESSEY	JR	#3 Westminster (Pa)	{2}9.97	12/6
8	Lucy GYERGYO	FR	#1 Grove City	10.49	1/17
9	Hannah COSTA	SO	#1 Grove City	{2}10.58	1/17
10	Lainey HARTNER	FR	#6 Washington & Je	{3}10.90	1/25

Women's Mile

1	23 Lydia BENNETT	SR	#1 Grove City	5:02.11c (5:05.10f)	12/7
2	57 Miranda CINCOTTA	SO	#5 Saint Vincent	5:08.79 OT	1/25
3	87 Grace SMITH	SR	#1 Grove City	{2}5:12.94 OT	1/25
4	Jessica CAMPBELL	SR	#7 Franciscan	5:14.14c (5:17.25f)	1/25
5	Carmen MEDVIT	JR	#4 Geneva	5:16.21c (5:19.34f)	1/18
6	Cayla LAWRENCE	SO	#1 Grove City	{3}5:16.46 OT	1/25
7	Audrey KARWOWSKI	JR	#1 Grove City	{4}5:24.26 OT	1/17
8	Cassy LANZA	JR	#5 Saint Vincent	{2}5:24.44 OT	1/25
9	Ella LYLE	SR	#1 Grove City	{5}5:26.65 OT	1/25
10	Lauren DOSCH	SO	#7 Franciscan	{2}5:29.48c (5:32.74f)	1/25

Women's 200 Meters

1	Kiara WHITE	FR	#1 Grove City	26.71 OT	1/17
2	Aurielle BRUNNER	SR	#8 Chatham	26.99c (27.41f)	1/18
3	Ella RISHHELL	SO	#10 Waynesburg	27.00c (27.42f)	1/25
4	Nadine LAUFFER	FR	#1 Grove City	{2}27.27 OT	1/17
5	Imogen DEBLOIS	FR	#9 Thiel	27.44 OT	1/17
6	Logan WAGNER	JR	#2 Allegheny (Pa.)	27.45c (27.87f)	12/7
7	Carolyn COLTERYAHN	SR	#1 Grove City	{3}27.71c (28.14f)	12/7
8	Gabrielle DOVE	FR	#5 Saint Vincent	27.72 OT	12/6
9	Jadyn HARTNER	SR	#6 Washington & Je	27.74c (28.17f)	12/7
10	Jenna ZENDRON	SO	#3 Westminster (Pa)	28.09 OT	1/17

Women's 3000 Meters

1	85 Chloe BONSON	JR	#2 Allegheny (Pa.)	10:22.73c(10:28.06f)	1/18
2	Grace SMITH	SR	#1 Grove City	10:29.27c(10:34.66f)	12/7
3	Ella LYLE	SR	#1 Grove City	{2}10:34.21c(10:39.64f)	12/7
4	Nelly STAFFORD	SR	#2 Allegheny (Pa.)	{2}10:39.31c(10:44.79f)	1/18
5	Marrin CRIST	SR	#2 Allegheny (Pa.)	{3}10:40.01c(10:45.49f)	1/18
6	Carmen MEDVIT	JR	#4 Geneva	10:50.37 OT	1/25
7	Virginia WILLIAMS	SR	#1 Grove City	{3}10:58.81 OT	1/25
8	Jessica CAMPBELL	SR	#7 Franciscan	10:59.93c(11:05.58f)	12/7
9	Julia BAUER	SR	#1 Grove City	{4}11:12.35 OT	1/25
10	Cassy LANZA	JR	#5 Saint Vincent	11:13.53 OT	1/17

Women's 400 Meters

1	85 Jadyn HARTNER	SR	#6 Washington & Je	59.84c (1:00.63f)	12/7
2	100 Imogen DEBLOIS	FR	#9 Thiel	1:00.34 OT	1/25
3	Logan WAGNER	JR	#2 Allegheny (Pa.)	1:01.47c (1:02.28f)	12/7
4	Ella RISHHELL	SO	#10 Waynesburg	1:02.05 OT	12/6
5	Renee TETLOW	JR	#2 Allegheny (Pa.)	{2}1:02.32c (1:03.14f)	1/25
6	Jenna ZENDRON	SO	#3 Westminster (Pa)	1:02.52 OT	1/17
7	Audrey KARWOWSKI	JR	#1 Grove City	1:02.55 OT	1/17
8	Nadine LAUFFER	FR	#1 Grove City	{2}1:02.67 OT	1/17
9	Celia COCCA	SR	#2 Allegheny (Pa.)	{3}1:02.92c (1:03.75f)	1/25
10	Kendall SIRIGNANO	SR	#8 Chatham	1:03.83c (1:04.67f)	1/25

Women's 5000 Meters

1	28 Claire ANDERSON	JR	#6 Washington & Je	17:38.94 OT	12/6
2	48 Grace NEUBERT	FR	#5 Saint Vincent	17:56.58 OT	1/17
3	98 Kristen PRINCE	JR	#5 Saint Vincent	{2}18:38.30 OT	1/25
4	Claire WALTERS	SR	#7 Franciscan	18:48.26c(18:56.90f)	1/25
5	Julia BAUER	SR	#1 Grove City	18:54.74c(19:03.43f)	12/7
6	Virginia WILLIAMS	SR	#1 Grove City	{2}18:55.68c(19:04.37f)	12/7
7	Maria GILLES	JR	#6 Washington & Je	{2}19:03.97 OT	12/6
8	Julianna LINDBERG	FR	#1 Grove City	{3}19:04.27c(19:13.03f)	12/7
9	Francesca RIVERS	SO	#7 Franciscan	{2}20:20.33c(20:29.67f)	1/25
10	Lauren SCHEMMELE	FR	#5 Saint Vincent	{3}20:28.96 OT	1/25



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Women's 4x400 Relay

1	77	Nadine Lauffer, Audrey Karwowski, Annie Herrmann, Megan Marchand	#1 Grove City	4:15.07 OT	1/25
2		Chloe Bonson, Celia Cocca, Renee Tetlow, Shyann Rulander	#2 Allegheny (Pa.)	4:19.79c (4:23.23f)	1/25
3		Rebecca Bolster, Kathryn Bolster, Jessica Campbell, Lauren Dosch	#7 Franciscan	4:21.57c (4:25.04f)	1/25
4		Jenna Zendron, Lily Atwood, Ryann Essey, Abigail Painter	#3 Westminster (Pa)	4:24.73 OT	1/17
5		Miranda Guthrie, Lily Murphy, Miranda Cincotta, Cassy Lanza	#5 Saint Vincent	4:28.51 OT	1/25

Women's Distance Medley Relay

1	40	Ella Boothe, JaLisa Fuller, Lilly Ryer, Grace Tanksley	#10 Waynesburg	14:25.27c(14:34.54f)	1/25
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Women's High Jump

1	34	Elly BRUNER	SO	#1 Grove City	1.60m	5-3	12/7
1	34	Breanna DAVIS	SR	#3 Westminster (Pa)	1.60m	5-3	1/17
3	50	Aurielle BRUNNER	SR	#8 Chatham	1.59m	5-2½	1/25
4	80	Ryann ESSEY	JR	#3 Westminster (Pa){2}	1.56m	5-1¼	12/6
5	100	Kendall CODDINGTON	SO	#1 Grove City {2}	1.55m	5-1	1/25
5	100	Grace IWIG	FR	#3 Westminster (Pa){3}	1.55m	5-1	1/25
7		Sha'nia STIERS- ROYAL	SR	#9 Thiel	1.53m	5-¼	1/17
8		Daphne ALEXANDER	SO	#4 Geneva	1.52m	4-11¾	12/7
8		Olivia SEETOO	FR	#4 Geneva	1.52m	4-11¾	12/7
10		Megan ZIMMERMAN	FR	#2 Allegheny (Pa.)	1.50m	4-11	1/18
10		Tori STEWART	SR	#1 Grove City {3}	1.50m	4-11	12/7

Women's Pole Vault

1	35	Madison CONLEY	SR	#3 Westminster (Pa)	3.45m	11-3¾	1/25
1	35	Grace IWIG	FR	#3 Westminster (Pa)	3.45m	11-3¾	1/25
3	46	Missy TREHARN	JR	#3 Westminster (Pa){3}	3.40m	11-1¾	12/6
3	46	Alaina GATTO	FR	#3 Westminster (Pa){3}	3.40m	11-1¾	12/6
5	99	Corinne INKLEY	SO	#2 Allegheny (Pa.)	3.20m	10-6	1/25
6		Kimbria LANCE	SR	#7 Franciscan	3.08m	10-1¼	1/17
7		Hannah HERRMANN	FR	#1 Grove City	3.00m	9-10	1/25
8		Jessica ROSS	SO	#8 Chatham	2.95m	9-8	12/6
9		Evie ELLENBERGER	FR	#2 Allegheny (Pa.) {2}	2.75m	9-¼	1/25
10		Emma THELLMAN	FR	#4 Geneva	2.59m	8-6	1/18

Women's Long Jump

1	11	Aurielle BRUNNER	SR	#8 Chatham	5.62m	18-5¼	1/18
2	44	Evie ELLENBERGER	FR	#2 Allegheny (Pa.)	5.39m	17-8¼	1/25
3		Rebecca VEZZOSI	SO	#1 Grove City	5.17m	16-11½	12/7
4		Breanna DAVIS	SR	#3 Westminster (Pa)	5.15m	16-10¾	12/6
5		Sarah SCHNEIDER	JR	#6 Washington & Je	5.04m	16-6½	1/25
6		Aubryanna SNYDER	SO	#2 Allegheny (Pa.) {2}	4.99m	16-4½	1/25
7		Ella RISHHELL	SO	#10 Waynesburg	4.96m	16-3¼	12/6
7		Sha'nia STIERS- ROYAL	SR	#9 Thiel	4.96m	16-3¼	1/17
9		Kaelyn HARTMAN	SO	#4 Geneva	4.78m	15-8¼	1/18
10		Corinne INKLEY	SO	#2 Allegheny (Pa.) {3}	4.76m	15-7½	1/25

Women's Triple Jump

1	4	Aurielle BRUNNER	SR	#8 Chatham	12.31m	40-4¾	1/18
2		Alexis MCFADDEN	SR	#9 Thiel	10.34m	33-11¼	1/25
3		Aubryanna SNYDER	SO	#2 Allegheny (Pa.)	10.29m	33-9¼	1/25
4		Ella RISHHELL	SO	#10 Waynesburg	9.98m	32-9	12/6
5		Kaelyn HARTMAN	SO	#4 Geneva	9.93m	32-7	12/7
6		Victoria LEAK	SO	#1 Grove City	9.66m	31-8½	1/17
7		Alexandra SENKO	FR	#1 Grove City {2}	9.61m	31-6½	1/17
8		Najiyah SMITH	FR	#8 Chatham {2}	9.59m	31-5¾	12/6
9		Kaya SKINNER	SR	#3 Westminster (Pa)	9.54m	31-3¾	1/25
10		Lucy GYERGYO	FR	#1 Grove City {3}	9.52m	31-2¾	1/17

Women's Shot Put

1	52	Lexi SHIDERLY	SR	#3 Westminster (Pa)	12.39m	40-7¾	1/25
2	88	Shelby RAMBO	JR	#3 Westminster (Pa){2}	12.02m	39-5¼	1/17
3	99	Emma MILLER	SR	#2 Allegheny (Pa.)	11.89m	39-¼	1/25
4		Megan WISE	JR	#1 Grove City	11.33m	37-2¼	12/7
5		Maggie CLAIR	FR	#10 Waynesburg	10.93m	35-10½	1/25
6		Rachel BRADY	JR	#3 Westminster (Pa){3}	10.84m	35-6¾	1/17
7		Alexis MAHAFFEY	SR	#11 Bethany (W.Va.)	10.79m	35-4¾	1/25
8		Allison STANDISH	JR	#4 Geneva	10.65m	34-11¼	1/25
9		Angie BAWEK	SO	#2 Allegheny (Pa.) {2}	10.53m	34-6¾	1/18
10		Danika SUDAR	SR	#1 Grove City {2}	10.51m	34-5¾	1/17

Women's Weight Throw

1	41	Alexis MAHAFFEY	SR	#11 Bethany (W.Va.)	15.41m	50-6¾	12/6
2		Allison STANDISH	JR	#4 Geneva	14.33m	47-¼	1/18
3		Danika SUDAR	SR	#1 Grove City	14.23m	46-8¼	1/17
4		Emma MILLER	SR	#2 Allegheny (Pa.)	13.55m	44-5½	1/25
5		Lexi SHIDERLY	SR	#3 Westminster (Pa)	13.09m	42-11½	12/6
6		Rachel BRADY	JR	#3 Westminster (Pa){2}	12.50m	41-¼	1/25
7		Kyla PARKS	FR	#4 Geneva {2}	11.75m	38-6¾	1/25
8		Sarah YANNAYON	SO	#8 Chatham	11.50m	37-8¾	1/25
9		Makenna PHILSON	JR	#11 Bethany (W.Va.) {2}	11.43m	37-6	1/25
10		Sarahgrace PORTER	JR	#6 Washington & Je	11.40m	37-5	1/18



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WOMEN — 2025 Week #1, January 28



SAA

as of 1/28/2025 9:16:45 AM ET

Women's 60 Meters

1	6	Madjo DOUMBIA	SR	#1 Centre	7.66	12/7
2	8	Olivia FREEMAN	JR	#4 Rhodes	7.67	1/17
3	100	Aubrey GUYDEN	JR	#3 Oglethorpe	7.97	1/18
4		Lucy NICHOLSON	FR	#2 Berry	8.05	1/25
5		Amari ROBINSON	SO	#1 Centre	{2}8.07	12/7
6		Evan THOMAS	SO	#3 Oglethorpe	{2}8.23	1/18
6		Kirsten WRIGHT	SO	#3 Oglethorpe	{2}8.23	1/18
8		Kori NEIE	SO	#1 Centre	{3}8.30	12/7
9		Julia SHIPES	SO	#2 Berry	{2}8.32	12/6
10		Macy MURDOCK	JR	#2 Berry	{3}8.33	1/18
10		Journey MORRISON	FR	#5 Univ. of the Sout	8.33	12/7

Women's 800 Meters

1		Hannah RHODES	JR	#3 Oglethorpe	2:26.96	1/18
2		Kate KELLER	SR	#1 Centre	2:31.28c (2:33.02f)	12/7
3		Erin HAUGH	SR	#1 Centre	{2}2:31.63c (2:33.37f)	12/7
4		Abigail ARMSTRONG	SO	#5 Univ. of the Sout	2:35.51	1/19
5		Macy MURDOCK	JR	#2 Berry	2:37.20	1/17
6		Cece CHERRY	FR	#5 Univ. of the Sout	{2}2:38.23	1/19
7		Lizzy RANDALL	FR	#4 Rhodes	2:38.35	12/6
8		Serena MCNEILLY	SO	#1 Centre	{3}2:43.64 OT	1/17
9		Sybella BERTOLINI	FR	#3 Oglethorpe	{2}2:49.58	12/6
10		Kiersten STRYKER	FR	#2 Berry	{2}3:00.52	12/6

Women's 60 Meter Hurdles

1	81	Macy MURDOCK	JR	#2 Berry	9.39	1/25
1	81	Alexandria MASDEN	FR	#1 Centre	9.39	12/7
3		Callie GORMLEY	SR	#1 Centre	{2}9.59	12/7
4		Josie LOGGINS	JR	#2 Berry	{2}9.73	1/25
5		Serena MCNEILLY	SO	#1 Centre	{3}9.89	1/17
6		Megan WEILMUNSTER	SR	#4 Rhodes	9.92	1/17
7		Janea BOTTINELLI	SR	#1 Centre	{4}9.93	12/7
8		Joyner JIKANG	SO	#1 Centre	{5}10.04	12/7
9		Lyla BORDWINE	FR	#1 Centre	{6}10.23	12/7
10		Emory RHODES	FR	#5 Univ. of the Sout	10.27	1/19

Women's Mile

1		Erin HAUGH	SR	#1 Centre	5:23.82c (5:27.02f)	12/7
2		Hannah RHODES	JR	#3 Oglethorpe	5:32.95	12/6
3		Kate KELLER	SR	#1 Centre	{2}5:34.26c (5:37.56f)	12/7
4		Elizabeth COOK	FR	#5 Univ. of the Sout	5:51.90	1/19
5		Sybella BERTOLINI	FR	#3 Oglethorpe	{2}6:17.56	12/6
6		Molly EMMETT	FR	#5 Univ. of the Sout	{2}6:35.91	1/19

Women's 3000 Meters

1	52	Anna ROSE	SR	#2 Berry	10:14.46	12/6
2		Emma MUSGRAVE	SO	#1 Centre	10:51.37c(10:56.95f)	12/7
3		Cara TAYLOR	JR	#1 Centre	{2}11:02.10c(11:07.77f)	12/7
4		Vivian KALB	JR	#4 Rhodes	11:18.58 OT	1/17
5		Sydney HOWARD	JR	#2 Berry	{2}11:27.81	12/6
6		Rachel GAYNOR	SR	#1 Centre	{3}11:29.23c(11:35.13f)	12/7
7		Sarah PAPE	JR	#1 Centre	{4}11:39.54c(11:45.53f)	12/7
8		Hannah JANE MILLER	SR	#4 Rhodes	{2}11:44.23 OT	1/17
9		Katie FRANKMAN	JR	#2 Berry	{3}11:48.91	12/6
10		Riley MICHAUD	SR	#3 Oglethorpe	12:06.27	1/18

Women's 200 Meters

1	6	Madjo DOUMBIA	SR	#1 Centre	24.69c (25.07f)	12/7
2	31	Chloe HEIN	SO	#1 Centre	{2}25.48c (25.87f)	12/7
3	100	Olivia FREEMAN	JR	#4 Rhodes	26.06	12/6
4		Amari ROBINSON	SO	#1 Centre	{3}26.21c (26.61f)	12/7
5		Evan THOMAS	SO	#3 Oglethorpe	26.62	1/18
6		Lucy NICHOLSON	FR	#2 Berry	26.63c (27.04f)	1/25
7		Faith PETERSON	FR	#1 Centre	{4}26.92c (27.33f)	1/25
8		Aubrey GUYDEN	JR	#3 Oglethorpe	{2}27.22	1/18
9		Kori NEIE	SO	#1 Centre	{5}27.31c (27.73f)	12/7
10		Megan WEILMUNSTER	SR	#4 Rhodes	{2}27.62	12/6

Women's 5000 Meters

1	38	Sophie BOULDIN	JR	#1 Centre	17:47.35c(17:55.52f)	12/7
2		Claire BARNETT	FR	#1 Centre	{2}19:43.33c(19:52.39f)	12/7
3		Maddie RILEY	SR	#1 Centre	{3}20:20.75c(20:30.09f)	12/7
4		Marissa POLIO	JR	#1 Centre	{4}20:30.83c(20:40.25f)	12/7

Women's 400 Meters

1	80	Macy MURDOCK	JR	#2 Berry	59.75	12/6
2		Ainsley WILSON	SO	#1 Centre	1:00.58c (1:01.38f)	12/7
3		Janea BOTTINELLI	SR	#1 Centre	{2}1:00.91c (1:01.71f)	12/7
4		Alexandria MASDEN	FR	#1 Centre	{3}1:00.97c (1:01.78f)	1/25
5		Julianne SHIRLEY	FR	#2 Berry	{2}1:03.48	1/18
6		Syra LUNDERGAN	FR	#1 Centre	{4}1:03.50c (1:04.34f)	12/7
7		Megan WEILMUNSTER	SR	#4 Rhodes	1:03.65	12/6
8		Alanna MASDEN	FR	#1 Centre	{5}1:04.05c (1:04.90f)	1/25
9		Shannen ALACK	SO	#4 Rhodes	{2}1:04.12	12/6
10		Marianna MOELL	SR	#2 Berry	{3}1:05.15	1/18

Women's 4x400 Relay

1	15	Ainsley Wilson, Alexandria Masden, Chloe Hein, Madjo Dumbia		#1 Centre	4:00.31c (4:03.50f)	12/7
2		#Type!		#3 Oglethorpe	4:19.62	1/18
3		Jocelyn Covaney, Emory Rhodes, Abigail Armstrong, Cece Cherry		#5 Univ. of the Sout	4:33.97	1/19



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Women's High Jump

1	6	Serena MCNEILLY	SO	#1 Centre	1.68m	5-6	12/7
2	27	Kris WILLIAMS	SO	#2 Berry	1.61m	5-3¼	1/25
3	100	Kym YOUNG	SR	#4 Rhodes	1.55m	5-1	12/6
4		Hailey WRIGHT	JR	#3 Oglethorpe	1.50m	4-11	1/18
4		Shannen ALACK	SO	#4 Rhodes	{2}1.50m	4-11	12/6
4		Julia SHIPES	SO	#2 Berry	{2}1.50m	4-11	12/6
4		Madi DUKE	SR	#2 Berry	{2}1.50m	4-11	12/6
8		Macy MURDOCK	JR	#2 Berry	{4}1.43m	4-8¼	1/17
9		Riley BROWN	JR	#1 Centre	{2}1.40m	4-7	12/7
10		Grace POTTER	FR	#5 Univ. of the Sout	1.33m	4-4¼	12/7

Women's Weight Throw

1		Malysa WINSTON	JR	#2 Berry	14.20m	46-7¼	1/25
2		Avery JONES	JR	#2 Berry	{2}14.16m	46-5½	1/25
3		Kym YOUNG	SR	#4 Rhodes	14.06m	46-1½	12/6
4		Lindsey BROWNING	JR	#1 Centre	14.04m	46-¾	12/7
5		Zoey SHAHID-SCOTT	FR	#1 Centre	{2}13.15m	43-1¾	1/25
6		Sofia HENDERSON	SO	#2 Berry	{3}12.93m	42-5¼	1/18
7		Sadie PHILLIPS	JR	#2 Berry	{4}12.75m	41-10	1/25
8		Zoe CURTIS	SR	#4 Rhodes	{2}12.54m	41-1¾	12/6
9		Hadley WILLIAMS	SO	#2 Berry	{5}11.72m	38-5½	1/18
10		Kamilla HAIDAIENKO	SO	#5 Univ. of the Sout	11.25m	36-11	12/7

Women's Pole Vault

1	86	Madeline HUBBERT	SR	#2 Berry	3.25m	10-8	12/6
1	86	Ella PINE	SO	#2 Berry	3.25m	10-8	12/6
3		Emilee EASLEY	SO	#2 Berry	{3}3.10m	10-2	12/6
4		Lyla BORDWINE	FR	#1 Centre	3.05m	10-0	12/7
5		Wrenna MORRIS	SO	#5 Univ. of the Sout	2.90m	9-6¼	12/7
6		Emory RHODES	FR	#5 Univ. of the Sout	{2}2.75m	9-¼	12/7
7		Addie BLAKE	SR	#2 Berry	{4}2.70m	8-10¼	1/25
8		Kylee CRAIG	SR	#4 Rhodes	2.65m	8-8¼	12/6
9		Jessica PETERSON	SO	#1 Centre	{2}2.55m	8-4¼	12/7

Women's Pentathlon

1	17	Serena MCNEILLY	SO	#1 Centre	3,058 OT		1/17
2	32	Macy MURDOCK	JR	#2 Berry	2,778		1/17
3	65	Cortney BROWN	SR	#2 Berry	{2}2,178		1/17

Women's Long Jump

1	6	Chloe HEIN	SO	#1 Centre	5.79m	19-0	12/7
2	18	Callie GORMLEY	SR	#1 Centre	{2}5.55m	18-2½	12/7
3	36	Serena MCNEILLY	SO	#1 Centre	{3}5.43m	17-9¾	12/7
4	51	Macy MURDOCK	JR	#2 Berry	5.36m	17-7	1/25
5		Courtney JONES	SR	#2 Berry	{2}4.84m	15-10½	1/25
6		Julia SHIPES	SO	#2 Berry	{3}4.79m	15-8¾	1/18
7		Keri EDWARDS	FR	#3 Oglethorpe	4.76m	15-7½	12/6
8		Arden CAMPBELL	SO	#1 Centre	{4}4.58m	15-½	1/25
9		Marissa GREEN	SO	#2 Berry	{4}4.51m	14-9¾	1/18
10		Marie DE AMOUR MANIRAKIZA	FR	#1 Centre	{5}4.47m	14-8	1/25

Women's Triple Jump

1	96	Courtney JONES	SR	#2 Berry	10.65m	34-11¼	12/6
2		Keri EDWARDS	FR	#3 Oglethorpe	10.59m	34-9	12/6
3		Marie DE AMOUR MANIRAKIZA	FR	#1 Centre	10.14m	33-3¼	12/7

Women's Shot Put

1		Zoey SHAHID-SCOTT	FR	#1 Centre	11.57m	37-11½	12/7
2		Kym YOUNG	SR	#4 Rhodes	11.48m	37-8	12/6
3		Avery JONES	JR	#2 Berry	11.15m	36-7	1/25
4		Malysa WINSTON	JR	#2 Berry	{2}11.02m	36-2	1/25
5		Sophia HUGHES	FR	#2 Berry	{3}10.72m	35-2	1/18
6		Lindsey BROWNING	JR	#1 Centre	{2}10.71m	35-1¾	12/7
7		Zoe CURTIS	SR	#4 Rhodes	{2}10.08m	33-1	12/6
7		Caeley WILSON	FR	#1 Centre	{3}10.08m	33-1	1/25
9		Yvonne MINUTELLA	FR	#3 Oglethorpe	9.74m	31-11½	12/6
10		Kamilla HAIDAIENKO	SO	#5 Univ. of the Sout	9.67m	31-8¾	1/19



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Women's 60 Meters

1	47	Sana UDOEKONG	FR	#5 Principia	7.85	1/17
2	82	Jocelyn FRITZ	SR	#1 Greenville	7.94	1/18
3		Holly HIGGS	SO	#3 Spalding	8.16	1/11
4		Michaiah ADAMS	SR	#2 Mississippi Univ.	8.19	1/18
5		Amarachi EJIMADU	SO	#5 Principia	{2}8.20	1/25
6		Aissata KAMARA	JR	#4 Webster	8.23	12/7
7		Kianna PATTON	SR	#4 Webster	{2}8.27	1/24
8		Vonisha TOWNS	SR	#2 Mississippi Univ.	{2}8.30	1/19
9		Madison KACEVICIUS	FR	#1 Greenville	{2}8.40	1/25
10		Keliyse FAULKNER	FR	#2 Mississippi Univ.	{3}8.41	12/6
10		Margaret BELLEW	SO	#1 Greenville	{3}8.41	1/18

Women's 800 Meters

1		Norah SWINIGAN	JR	#1 Greenville	2:33.55c	(2:35.32f)	1/18
2		Myka FENTON	SO	#5 Principia	2:38.74c	(2:40.57f)	1/25
3		Rachel FISHER	JR	#8 Eureka	2:39.01c	(2:40.84f)	1/18
4		Raven VANCE	SO	#1 Greenville	{2}2:40.88c	(2:42.73f)	1/18
5		Avory HAMBLEN	FR	#3 Spalding	2:45.92c	(2:47.83f)	1/11
6		Kendall CLAY	FR	#2 Mississippi Univ.	2:46.67		1/18
7		Kalee SANDERS	SR	#2 Mississippi Univ.	{2}2:51.89		1/18
8		Olivia LETKEY	FR	#6 Lyon (Ark.)	2:57.74c	(2:59.79f)	1/25
9		Makayla CORDES	FR	#7 Westminster (Mc	2:58.63c	(3:00.69f)	1/25
10		Emily BAKER	JR	#8 Eureka	{2}3:07.18c	(3:09.33f)	1/24

Women's 60 Meter Hurdles

1	99	TyKiaza JONES	FR	#1 Greenville	9.45	1/18
2		Kenzie KURDYS	SO	#1 Greenville	{2}9.71	12/7
3		Princess LOFTON	FR	#2 Mississippi Univ.	10.12	12/6
4		Madison KACEVICIUS	FR	#1 Greenville	{3}10.16	12/7
5		Olivia NELSEN	JR	#4 Webster	10.81	12/7
6		Amaya JONES	SO	#3 Spalding	11.96	1/24
7		Alyssa BUFFINGTON	FR	#1 Greenville	{4}11.99	1/25

Women's Mile

1		Gretchen CARIE	SR	#1 Greenville	5:39.44c	(5:42.80f)	1/18
2		Norah SWINIGAN	JR	#1 Greenville	{2}5:43.90c	(5:47.30f)	1/25
3		Alivia CLAYTON	FR	#1 Greenville	{3}5:59.55c	(6:03.10f)	1/18
4		Raven VANCE	SO	#1 Greenville	{4}6:00.33c	(6:03.89f)	1/25
5		Makayla CORDES	FR	#7 Westminster (Mc	6:19.04c	(6:22.79f)	1/25
6		Hannah OWENS	SO	#2 Mississippi Univ.	6:19.59		12/6
7		Nina MARTINEZ	FR	#5 Principia	6:20.24c	(6:24.00f)	1/25
8		Olivia LETKEY	FR	#6 Lyon (Ark.)	6:21.70c	(6:25.47f)	1/25
9		Madison COX	FR	#4 Webster	6:32.33c	(6:36.21f)	12/7
10		Emily BAKER	JR	#8 Eureka	6:38.08c	(6:42.02f)	12/7

Women's 200 Meters

1	38	Sana UDOEKONG	FR	#5 Principia	25.55	1/17
2	97	Jocelyn FRITZ	SR	#1 Greenville	26.04c	(26.44f) 12/7
3		Taylor TUCKER	SR	#1 Greenville	{2}27.49c	(27.91f) 1/25
4		Amarachi EJIMADU	SO	#5 Principia	{2}27.53	1/17
4		Vonisha TOWNS	SR	#2 Mississippi Univ.	27.53	1/19
6		Aissata KAMARA	JR	#4 Webster	27.60c	(28.02f) 12/7
7		Michaiah ADAMS	SR	#2 Mississippi Univ.	{2}27.77	1/18
8		Keliyse FAULKNER	FR	#2 Mississippi Univ.	{3}27.95	1/19
9		Moenaisha SIDIQUE	SR	#7 Westminster (Mc	27.99c	(28.42f) 1/25
10		Madison KACEVICIUS	FR	#1 Greenville	{3}28.00c	(28.43f) 12/7

Women's 3000 Meters

1		Gretchen CARIE	SR	#1 Greenville	10:56.62c	(11:02.25f)	1/25
2		Alivia CLAYTON	FR	#1 Greenville	{2}11:41.34c	(11:47.35f)	1/25
3		Chloe AUBUSCHON	FR	#1 Greenville	{3}11:52.35c	(11:58.45f)	1/25
4		Hannah OWENS	SO	#2 Mississippi Univ.	12:20.74		12/6
5		Nina MARTINEZ	FR	#5 Principia	12:38.25c	(12:44.75f)	1/25
6		Muskan JAMSHED	SO	#3 Spalding	12:41.45c	(12:47.97f)	1/11
7		Reganne PIERCY	SO	#3 Spalding	{2}12:52.02c	(12:58.63f)	1/11
8		Brie INMAN	FR	#4 Webster	13:28.82		1/24
9		Hannah WYMER	JR	#5 Principia	{2}13:52.13c	(13:59.26f)	1/25
10		Savanna HULBERT	SO	#1 Greenville	{4}14:56.63c	(15:04.31f)	1/25

Women's 400 Meters

1		Jazmyn HARMON	SO	#1 Greenville	1:01.55c	(1:02.36f)	1/18
2		Eva SCHWAAB	SR	#1 Greenville	{2}1:03.07c	(1:03.90f)	1/25
3		Amarachi EJIMADU	SO	#5 Principia	1:03.52c	(1:04.36f)	1/25
4		Brianna KRANTZ	SO	#6 Lyon (Ark.)	1:04.01c	(1:04.86f)	1/25
5		Moenaisha SIDIQUE	SR	#7 Westminster (Mc	1:04.32c	(1:05.17f)	1/25
6		Lauren HAACKE	FR	#1 Greenville	{3}1:04.71c	(1:05.56f)	1/25
7		Roslyn STULL	SO	#3 Spalding	1:07.19		1/17
8		Kamiyah WHITING	FR	#2 Mississippi Univ.	1:07.46		1/19
9		Rachel FISHER	JR	#8 Eureka	1:07.75c	(1:08.65f)	1/24
10		Avory HAMBLEN	FR	#3 Spalding	{2}1:08.93		1/24

Women's 4x400 Relay

1		Amarachi Ejimadu, Mirsa Boyer, Myka Fenton, Joy Onyechi	#5 Principia	4:19.48c	(4:22.92f)	1/25
2		Lauren Haacke, Eva Schwaab, Jazmyn Harmon, Norah Swinigan	#1 Greenville	4:27.57c	(4:31.12f)	1/25
3		Princess Lofton, Vonisha Towns, Emerie Johnson, Armoni King	#2 Mississippi Univ.	4:30.13		12/6
4		Madison Cox, Brianna Inman, Emily Horowitz, Abigail Szydowski	#4 Webster	5:30.49c	(5:34.87f)	12/7



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Women's Distance Medley Relay

1	47	Muskan Jamshed, Eryn Rataiczak, Avory Hamblen, Reganne Piercy	#3 Spalding	14:47.59c (14:57.10f)	1/11
2	50	Alora Huver, Brianna Krantz, Novalee Lackey, Olivia Letkey	#6 Lyon (Ark.)	15:29.40c (15:39.35f)	1/25

Women's High Jump

1	100	Anna Beth VANCIL	SR	#1 Greenville	1.55m	5-1	1/18
2		Emerie JOHNSON	FR	#2 Mississippi Univ.	1.50m	4-11	12/6
3		Samantha LOVE	FR	#6 Lyon (Ark.)	1.40m	4-7	1/25
4		Elicia THEROFF	FR	#4 Webster	1.35m	4-5	12/7
5		Daisia JONES	FR	#3 Spalding	1.30m	4-3¼	1/11

Women's Pole Vault

1	20	Kenzie KURDYS	SO	#1 Greenville	3.55m	11-7¾	12/7
2	33	Eryn RATAICZAK	FR	#3 Spalding	3.46m	11-4¼	1/24
3		Takara WILLIAMS	SO	#3 Spalding	{2} 2.53m	8-3½	1/11

Women's Long Jump

1		Jazmyn HARMON	SO	#1 Greenville	5.21m	17-1¼	1/25
2		Madison KACEVICIUS	FR	#1 Greenville	{2} 5.01m	16-5¼	12/7
3		Lainey HICKS	JR	#1 Greenville	{3} 4.85m	15-11	1/25
4		Shyanne HAGAN	JR	#3 Spalding	4.73m	15-6¼	1/17
5		Kendrailia NASH	FR	#2 Mississippi Univ.	4.71m	15-5½	12/6
6		Karmen DAINELS	SO	#9 Fontbonne	4.37m	14-4	1/25
7		Daisia JONES	FR	#3 Spalding	{2} 4.30m	14-1¼	1/24
8		Olivia LETKEY	FR	#6 Lyon (Ark.)	4.23m	13-10½	1/25
9		Lana BALLARD	JR	#6 Lyon (Ark.)	{2} 4.22m	13-10¼	1/25
10		Mirsa BOYER	JR	#5 Principia	4.09m	13-5	1/25

Women's Triple Jump

1	20	Jazmyn HARMON	SO	#1 Greenville	11.44m	37-6½	12/7
2		Waters MADELEINE	FR	#5 Principia	10.22m	33-6½	1/25
3		Lainey HICKS	JR	#1 Greenville	{2} 10.16m	33-4	1/25
4		Shyanne HAGAN	JR	#3 Spalding	9.95m	32-7¾	1/11
5		Daisia JONES	FR	#3 Spalding	{2} 9.25m	30-4¼	1/11

Women's Shot Put

1	11	Talahiva TALANOVA	SR	#1 Greenville	13.50m	44-3½	1/18
2		Ella RAY	SR	#1 Greenville	{2} 11.13m	36-6¼	1/25
3		Brooklyn KELLEY	FR	#2 Mississippi Univ.	11.04m	36-2¾	1/18
4		Isabelle LLEWELLYN	SR	#4 Webster	10.80m	35-5¼	12/7
5		Cali PAVLISKO	JR	#4 Webster	{2} 10.70m	35-1¼	1/18
6		Riana CALDWELL	SO	#3 Spalding	10.08m	33-1	1/11
7		Arie'Onna MCCOLLUM	SO	#2 Mississippi Univ.	{2} 10.06m	33-¼	12/6
8		Emma BRABY	SO	#7 Westminster (Mc	9.93m	32-7	1/25
9		Symphony SCHODROSKI	SO	#4 Webster	{3} 9.32m	30-7	12/7
10		Makayla GIVAN	FR	#2 Mississippi Univ.	{3} 9.07m	29-9¼	1/19

Women's Weight Throw

1	11	Talahiva TALANOVA	SR	#1 Greenville	17.63m	57-10¼	1/18
2	80	Isabelle LLEWELLYN	SR	#4 Webster	14.91m	48-11	12/7
3		Ella RAY	SR	#1 Greenville	{2} 13.75m	45-1½	12/7
4		Brooklyn KELLEY	FR	#2 Mississippi Univ.	13.59m	44-7	1/19
5		Takeyah CONN	SO	#3 Spalding	12.35m	40-6¼	1/11
6		Cali PAVLISKO	JR	#4 Webster	{2} 11.97m	39-3¼	12/7
7		Symphony SCHODROSKI	SO	#4 Webster	{3} 10.86m	35-7¾	12/7
8		Grace ROSE	FR	#4 Webster	{4} 10.38m	34-¾	1/24
9		Grace WALDROP	SO	#1 Greenville	{3} 10.22m	33-6½	12/7
10		Riana CALDWELL	SO	#3 Spalding	{2} 10.18m	33-4¾	1/11



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



SUNYAC

as of 1/28/2025 9:16:45 AM ET

Women's 60 Meters

1	27	Khia LASTER	SR	#6 Buffalo State	7.77	1/17
2	52	Autumn PITTMAN	SR	#1 SUNY Cortland	7.86	12/7
3	97	Kendall SOBCZYK	JR	#1 SUNY Cortland {2}	7.96	12/7
4		Cara PELLECHIA	JR	#4 Fredonia	8.03	12/7
5		Alexia PRINCE	SO	#1 SUNY Cortland {3}	8.04	12/7
6		Nicolette DUBOSE	SO	#2 SUNY Oneonta	8.17	12/7
7		Danielle JACKSON	SR	#2 SUNY Oneonta {2}	8.19	1/11
8		Jaiden SCHRAG	FR	#2 SUNY Oneonta {3}	8.25	1/25
9		Madison WAGNER	JR	#8 SUNY Potsdam	8.28	1/25
10		Gianna MOTTO	JR	#1 SUNY Cortland {4}	8.33	12/7

Women's 800 Meters

1	43	Oli KRAYNIK	SO	#7 Alfred State	2:18.90c	(2:20.50f)	1/25
2	70	Natalia SWEAT	FR	#2 SUNY Oneonta	2:20.87c	(2:22.49f)	1/25
3		Grace YARKOSKY	SO	#3 SUNY Plattsburg	2:25.30c	(2:26.97f)	1/25
4		Eva WOODWORTH	JR	#2 SUNY Oneonta {2}	2:26.52c	(2:28.21f)	1/25
5		Sabrina MENA	SR	#2 SUNY Oneonta {3}	2:26.57c	(2:28.26f)	1/25
6		Elena GAFFNEY	FR	#5 SUNY Oswego	2:30.33c	(2:32.06f)	1/17
7		Kaylee MATHIS		#1 SUNY Cortland	2:33.01c	(2:34.77f)	12/7
8		Kristin IEVA	JR	#1 SUNY Cortland {2}	2:33.46c	(2:35.23f)	1/18
9		Alexa WOLCOTT	JR	#1 SUNY Cortland {3}	2:35.50c	(2:37.29f)	1/18
10		Melissa INNOCENT	SO	#1 SUNY Cortland {4}	2:35.99c	(2:37.78f)	1/18

Women's 60 Meter Hurdles

1	24	Natalia SAWYER	JR	#6 Buffalo State	9.08	1/25
2	49	Jaiden SCHRAG	FR	#2 SUNY Oneonta	9.23	1/18
3		AnJalyna TALMADGE	JR	#1 SUNY Cortland	9.69	1/18
4		Lilly SWYERS	JR	#1 SUNY Cortland {2}	9.74	12/7
5		Eko DODD-BROWN	SO	#2 SUNY Oneonta {2}	9.76	1/18
6		Gabby COLLINS	FR	#1 SUNY Cortland {3}	10.09	12/7
7		Eilise MARINO	FR	#1 SUNY Cortland {4}	10.20	12/7
7		Amari GERMANY	FR	#6 Buffalo State {2}	10.20	12/6
9		Marissa LEDUC	JR	#3 SUNY Plattsburg	10.29	1/25
10		Ashlee SPHABMIXAY	JR	#2 SUNY Oneonta {3}	10.39	1/25

Women's Mile

1		Elena GAFFNEY	FR	#5 SUNY Oswego	5:21.35c	(5:24.53f)	1/17
2		Melissa INNOCENT	SO	#1 SUNY Cortland	5:21.94c	(5:25.12f)	1/18
3		Natalia SWEAT	FR	#2 SUNY Oneonta	5:25.26c	(5:28.48f)	1/18
4		Sabrina MENA	SR	#2 SUNY Oneonta {2}	5:28.69c	(5:31.94f)	1/18
5		Kristin IEVA	JR	#1 SUNY Cortland {2}	5:31.64c	(5:34.92f)	12/7
6		Samantha KRAYESKI	SR	#2 SUNY Oneonta {3}	5:33.58c	(5:36.88f)	1/25
7		Alexa WOLCOTT	JR	#1 SUNY Cortland {3}	5:34.66c	(5:37.97f)	1/18
8		Anne BARNEY	SO	#1 SUNY Cortland {4}	5:34.67c	(5:37.98f)	1/18
9		Grace ESTUS	SO	#3 SUNY Plattsburg	5:35.00c	(5:38.31f)	1/25
10		Phoebe PEER	FR	#1 SUNY Cortland {5}	5:38.10c	(5:41.44f)	1/25

Women's 200 Meters

1	61	Autumn PITTMAN	SR	#1 SUNY Cortland	25.76c	(26.16f)	1/25
2		Alexia PRINCE	SO	#1 SUNY Cortland {2}	26.34c	(26.75f)	12/7
3		Faith NELSON	SR	#1 SUNY Cortland {3}	26.72c	(27.13f)	12/7
4		Cara PELLECHIA	JR	#4 Fredonia	26.79c	(27.20f)	12/7
5		Kendall SOBCZYK	JR	#1 SUNY Cortland {4}	27.00c	(27.42f)	1/25
6		Danielle JACKSON	SR	#2 SUNY Oneonta	27.02c	(27.44f)	1/18
7		Nicolette DUBOSE	SO	#2 SUNY Oneonta {2}	27.16c	(27.58f)	1/25
8		Matty LUCEY	SO	#1 SUNY Cortland {5}	27.17c	(27.59f)	1/25
9		Izzie BOSKO	SO	#1 SUNY Cortland {6}	27.39c	(27.81f)	12/7
9		Yasmine PERALTA	JR	#1 SUNY Cortland {6}	27.39c	(27.81f)	1/25

Women's 3000 Meters

1		Sabrina MENA	SR	#2 SUNY Oneonta	10:34.92c	(10:40.36f)	12/7
2		Melissa INNOCENT	SO	#1 SUNY Cortland	10:36.78c	(10:42.24f)	1/25
3		Anne BARNEY	SO	#1 SUNY Cortland {2}	11:02.56c	(11:08.24f)	1/25
4		Marissa COLVIN	JR	#3 SUNY Plattsburg	11:07.08		1/17
5		Gia ENGEL	SO	#2 SUNY Oneonta {2}	11:07.90c	(11:13.62f)	1/25
6		Julia BENTON	FR	#1 SUNY Cortland {3}	11:08.28c	(11:14.00f)	1/25
7		Calie HUDSON	FR	#4 Fredonia	11:08.51c	(11:14.24f)	12/7
8		Deirdre SULLIVAN	SR	#1 SUNY Cortland {4}	11:09.29c	(11:15.02f)	1/25
9		Eva WOODWORTH	JR	#2 SUNY Oneonta {3}	11:13.96c	(11:19.73f)	12/7
10		Samantha KRAYESKI	SR	#2 SUNY Oneonta {4}	11:22.83c	(11:28.68f)	1/18

Women's 400 Meters

1		Izzie BOSKO	SO	#1 SUNY Cortland	1:01.30c	(1:02.11f)	12/7
2		Grace YARKOSKY	SO	#3 SUNY Plattsburg	1:01.63		1/17
3		Emily YOUSEY	SR	#8 SUNY Potsdam	1:01.65c	(1:02.46f)	1/25
4		Danielle JACKSON	SR	#2 SUNY Oneonta	1:01.73c	(1:02.55f)	12/7
5		Yasmine PERALTA	JR	#1 SUNY Cortland {2}	1:01.74c	(1:02.56f)	12/7
6		Matty LUCEY	SO	#1 SUNY Cortland {3}	1:02.26c	(1:03.08f)	1/25
7		Faith NELSON	SR	#1 SUNY Cortland {4}	1:02.44c	(1:03.26f)	12/7
8		Isabella SCOTT	FR	#3 SUNY Plattsburg {2}	1:03.59c	(1:04.43f)	1/25
9		Jaiden SCHRAG	FR	#2 SUNY Oneonta {2}	1:03.63c	(1:04.47f)	12/7
10		Sage DOUGLASS	SR	#2 SUNY Oneonta {3}	1:04.19c	(1:05.04f)	12/7

Women's 5000 Meters

1	89	Gia ENGEL	SO	#2 SUNY Oneonta	18:34.24c	(18:42.77f)	12/7
2		Elena GAFFNEY	FR	#5 SUNY Oswego	18:48.44c	(18:57.08f)	12/6
3		Deirdre SULLIVAN	SR	#1 SUNY Cortland	19:03.76c	(19:12.52f)	12/7
4		Julia BENTON	FR	#1 SUNY Cortland {2}	19:05.27c	(19:14.04f)	12/7
5		Anne BARNEY	SO	#1 SUNY Cortland {3}	19:20.25c	(19:29.13f)	12/7
6		Marissa COLVIN	JR	#3 SUNY Plattsburg	19:23.04c	(19:31.94f)	1/25
7		Phoebe PEER	FR	#1 SUNY Cortland {4}	19:24.63c	(19:33.54f)	12/7
8		Sarah SMITH	SR	#3 SUNY Plattsburg {2}	19:38.35c	(19:47.37f)	1/25
9		Alexa WOLCOTT	JR	#1 SUNY Cortland {5}	19:44.79c	(19:53.86f)	1/25
10		Anyia SLOTH		#2 SUNY Oneonta {2}	20:19.17c	(20:28.50f)	12/7



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



SUNYAC

as of 1/28/2025 9:16:46 AM ET

Women's 4x400 Relay

1	57	Izzie Bosko, Matty Lucey, Faith Nelson, Yasmine Peralta	#1 SUNY Cortland	4:10.94c (4:14.27f)	1/18
2	70	Danielle Jackson, Jaiden Schrag, Eva Woodworth, Natalia Sweet	#2 SUNY Oneonta	4:13.21c (4:16.57f)	1/18
3	75	Isabella Scott, Emma Mahoney, Brianna Wise, Grace Yarkosky	#3 SUNY Plattsburg	4:14.40c (4:17.77f)	1/25
4		Amilcar Centeno, Shona Boehmer, Evelyn Zdrojewski, Vanessa Ryhal	#4 Fredonia	4:35.34c (4:38.99f)	1/25
5		Natalie Hartmann, Emily Yousey, Adrianna Orlando, Makayla Farmer	#8 SUNY Potsdam	4:37.86c (4:41.54f)	1/17

Women's Distance Medley Relay

1	45	Caity Strecker, Oli Kraynik, Olivia Plummer, Ava Sylvester	#7 Alfred State	14:44.77c (14:54.24f)	1/18
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Women's High Jump

1	66	Rhiannon BUTCHKO	SO	#5 SUNY Oswego	1.57m 5-1¾	12/6
1	66	Reilly QUINN	SO	#1 SUNY Cortland	1.57m 5-1¾	12/7
3	100	Brayton TRIPI	FR	#4 Fredonia	1.55m 5-1	12/7
4		Emily RICHARDSON	FR	#7 Alfred State	1.52m 4-11¾	12/6
5		Danielle JACKSON	SR	#2 SUNY Oneonta	1.50m 4-11	12/7
6		AnJalyna TALMADGE	JR	#1 SUNY Cortland	{2} 1.48m 4-10¼	1/25
7		Marissa LEDUC	JR	#3 SUNY Plattsburg	1.45m 4-9	1/25
8		Kaleigh DURSO	FR	#5 SUNY Oswego	{2} 1.43m 4-8¼	1/24
8		Regan KAISER	SR	#1 SUNY Cortland	{3} 1.43m 4-8¼	1/18
10		Grace REED	FR	#1 SUNY Cortland	{4} 1.42m 4-7¾	12/7

Women's Pole Vault

1	35	Cara PELLECHIA	JR	#4 Fredonia	3.45m 11-3¾	1/25
2		Ryan STARK	FR	#1 SUNY Cortland	3.15m 10-4	1/25
3		Skylar FRENCH	FR	#4 Fredonia	{2} 3.07m 10-¾	12/7
4		Faith HOYT	JR	#1 SUNY Cortland	{2} 3.00m 9-10	1/18
5		Abby CARBERRY	SO	#1 SUNY Cortland	{3} 2.83m 9-3¼	12/7
6		Ashley LAREDDOLA	FR	#2 SUNY Oneonta	2.75m 9-¼	1/25

Women's Long Jump

1	4	Khia LASTER	SR	#6 Buffalo State	5.80m 19-½	1/17
2		Lilly SWYERS	JR	#1 SUNY Cortland	5.03m 16-6	1/18
3		AnJalyna TALMADGE	JR	#1 SUNY Cortland	{2} 4.98m 16-4¼	1/18
4		Madison WAGNER	JR	#8 SUNY Potsdam	4.81m 15-9½	1/17
5		Jaiden SCHRAG	FR	#2 SUNY Oneonta	4.80m 15-9	1/25
6		Eko DODD-BROWN	SO	#2 SUNY Oneonta	{2} 4.77m 15-7¾	1/25
7		Brayton TRIPI	FR	#4 Fredonia	4.76m 15-7½	12/7
8		Marissa LEDUC	JR	#3 SUNY Plattsburg	4.73m 15-6¼	1/17
9		Katie BALL	FR	#1 SUNY Cortland	{3} 4.70m 15-5	1/18
10		Emma ROBBINS	SR	#8 SUNY Potsdam	{2} 4.69m 15-4¾	1/25

Women's Triple Jump

1		Lilly SWYERS	JR	#1 SUNY Cortland	10.60m 34-9½	12/7
2		Hannah NOLAN	FR	#1 SUNY Cortland	{2} 10.16m 33-4	12/7
3		Lexi CLARK	FR	#1 SUNY Cortland	{3} 10.12m 33-2½	1/25
4		Kira DAVIDSON	JR	#4 Fredonia	9.80m 32-2	12/7
5		Allison BARTOSZEK		#4 Fredonia	{2} 9.51m 31-2½	1/17
6		Andreia VASCONCELOS-MENESES	SO	#1 SUNY Cortland	{4} 9.04m 29-8	12/7

Women's Shot Put

1	81	Jennifer NDUKWU	JR	#1 SUNY Cortland	12.08m 39-7¾	12/7
2	83	Hannah MCMASTERS	JR	#1 SUNY Cortland	{2} 12.07m 39-7¼	12/7
3	100	Mackenzie LAWRENCE	FR	#2 SUNY Oneonta	11.87m 38-11½	1/25
4		Teghan GARRIS	SR	#2 SUNY Oneonta	{2} 11.72m 38-5½	1/11
5		Tarryn HERMAN	JR	#2 SUNY Oneonta	{3} 11.59m 38-¼	12/7
6		Cheyenne MCPEEK	SO	#1 SUNY Cortland	{3} 11.53m 37-10	1/25
7		AnJalyna TALMADGE	JR	#1 SUNY Cortland	{4} 11.43m 37-6	12/7
8		Kayla TRETOLA	FR	#1 SUNY Cortland	{5} 11.19m 36-8½	1/25
9		Gabi RAGOZZINE	JR	#2 SUNY Oneonta	{4} 10.93m 35-10½	1/25
10		Paige PAVELSKI	SO	#6 Buffalo State	10.86m 35-7¾	12/6

Women's Weight Throw

1	45	Jennifer NDUKWU	JR	#1 SUNY Cortland	15.39m 50-6	12/7
2	90	Cheyenne MCPEEK	SO	#1 SUNY Cortland	{2} 14.76m 48-5¼	12/7
3		Hannah MCMASTERS	JR	#1 SUNY Cortland	{3} 14.49m 47-6½	1/18
4		Gabi RAGOZZINE	JR	#2 SUNY Oneonta	14.12m 46-4	12/7
5		Suzu CONNERS	JR	#1 SUNY Cortland	{4} 13.48m 44-2¾	12/7
6		Tarryn HERMAN	JR	#2 SUNY Oneonta	{2} 13.34m 43-9¼	1/11
6		Kayla TRETOLA	FR	#1 SUNY Cortland	{5} 13.34m 43-9¼	1/25
8		Taygin JUMP	SO	#3 SUNY Plattsburg	12.52m 41-1	1/25
9		Harmony SANDERS	FR	#3 SUNY Plattsburg	{2} 12.42m 40-9	1/17
10		Mackenzie LAWRENCE	FR	#2 SUNY Oneonta	{3} 12.33m 40-5½	1/25



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



UAA

as of 1/28/2025 9:16:46 AM ET

Women's 60 Meters

1	3	Jasmine WRIGHT	JR	#1 Washington (Mo.)	7.61	12/7
2	12	Jada KENNER	FR	#3 Emory	7.69	1/17
3	18	Gabri MESCHINO	SR	#2 Chicago	7.73	12/6
4	22	Audrey JOHNSON	SR	#3 Emory	{2}7.75	12/6
5	27	Kaya BINETTI	SR	#3 Emory	{3}7.77	12/6
6	36	Eva CARCHIDI	SR	#3 Emory	{4}7.81	1/17
7	41	Lauren GAY	SR	#1 Washington (Mo.)	{2}7.83	1/18
8	62	Maya DAVIS	SO	#1 Washington (Mo.)	{3}7.89	12/7
9	72	Dashiel TAO HARRIS	SR	#3 Emory	{5}7.91	12/6
10		Sarai SEALY	FR	#7 Brandeis	7.98	1/18

Women's 800 Meters

1	6	Claudia HARNETT	SR	#2 Chicago	2:12.81 OT	1/18
2	11	Izzy GORTON	SR	#1 Washington (Mo.)	2:15.03	1/25
3	13	Gianna DAWSON	FR	#5 NYU	2:15.14	1/25
4	18	Aaliyah JALLOH	FR	#3 Emory	2:16.18	12/6
5	19	Caroline ECHOLS	SO	#1 Washington (Mo.)	{2}2:16.33	1/25
5	19	Elisabeth CAMIC	SR	#2 Chicago	{2}2:16.33c (2:17.90f)	1/10
7	26	Emma KELLY	JR	#2 Chicago	{3}2:16.76	1/25
8	27	Ren BROWN	SR	#2 Chicago	{4}2:16.78 OT	1/18
9	39	Cate STEVENS	JR	#1 Washington (Mo.)	{3}2:18.64c (2:20.23f)	12/7
10	41	Rachel SINGER	SO	#2 Chicago	{5}2:18.71c (2:20.31f)	1/10

Women's 60 Meter Hurdles

1	2	Ren BROWN	SR	#2 Chicago	8.75	1/18
2	9	Lauren GAY	SR	#1 Washington (Mo.)	8.86	12/7
3	17	Nikki BOON	SR	#3 Emory	8.97	1/17
4	69	Dasha JACKSON	JR	#5 NYU	9.35	12/6
5	77	Alin AYDOGAN	FR	#4 Carnegie Mellon	9.37	12/7
6		Grace MISIUNAS	JR	#6 Case Western Re	9.48	12/7
7		Holland KANTAR	SO	#1 Washington (Mo.)	{2}9.75	12/7
8		Sharona SCHWAB	JR	#2 Chicago	{2}9.88	1/25
9		Iniyaa MOHANRAJ	JR	#4 Carnegie Mellon	{2}9.89	1/25
10		Shaniece NUGENT	SR	#7 Brandeis	9.91	1/18

Women's Mile

1	1	Claudia HARNETT	SR	#2 Chicago	4:52.31	1/25
2	9	Jillian HETH	JR	#1 Washington (Mo.)	4:57.67	1/25
3	10	Elisabeth CAMIC	SR	#2 Chicago	{2}4:57.94 OT	1/18
4	12	Virginia PRIDGEN	SR	#1 Washington (Mo.)	{2}4:58.15	1/25
5	13	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	{3}4:58.28 OT	1/18
6	19	Nora HOLMES	JR	#2 Chicago	{4}5:00.95	1/25
7	28	Stella KUTTNER	FR	#5 NYU	5:03.69	1/25
8	32	Maggie HORN	FR	#2 Chicago	{5}5:04.94	1/25
9	34	Estelle SNIDER	SO	#2 Chicago	{6}5:05.40	1/25
10	42	Katie RECTOR	JR	#1 Washington (Mo.)	{3}5:06.49	1/25

Women's 200 Meters

1	11	Audrey JOHNSON	SR	#3 Emory	24.98	1/17
2	14	Lauren GAY	SR	#1 Washington (Mo.)	25.06c (25.45f)	12/7
3	19	Eva CARCHIDI	SR	#3 Emory	{2}25.17	12/6
4	22	Jasmine WRIGHT	JR	#1 Washington (Mo.)	{2}25.35	1/25
5	27	Nicole STEWART	SR	#1 Washington (Mo.)	{3}25.46	1/25
6	31	Ren BROWN	SR	#2 Chicago	25.48c (25.87f)	1/10
7	38	Kaya BINETTI	SR	#3 Emory	{3}25.55	12/6
8	43	Jada KENNER	FR	#3 Emory	{4}25.58	1/17
9	65	Quinn BIRD	FR	#1 Washington (Mo.)	{4}25.81	1/25
10	74	Kylie SPYTEK	JR	#1 Washington (Mo.)	{5}25.86	1/25

Women's 3000 Meters

1	2	Janie COOPER	JR	#5 NYU	9:40.17	1/25
2	9	Nora HOLMES	JR	#2 Chicago	9:54.64 OT	1/18
3	10	Jillian HETH	JR	#1 Washington (Mo.)	9:55.54c (10:00.64f)	1/18
4	23	Josephine DZIEDZIC	SO	#5 NYU	{2}10:00.65	1/25
5	25	Anna WATSON	SR	#2 Chicago	{2}10:01.10 OT	1/18
6	28	Estelle SNIDER	SO	#2 Chicago	{3}10:01.65 OT	1/18
7	30	Lucy GOTT	JR	#5 NYU	{3}10:02.03	1/25
8	39	Lauren IAGNEMMA	JR	#6 Case Western Re	10:08.21c(10:13.42f)	1/25
9	43	Maggie HORN	FR	#2 Chicago	{4}10:10.13 OT	1/18
10	45	Ananya DEVPURA	SO	#4 Carnegie Mellon	10:11.16 OT	1/25

Women's 400 Meters

1	7	Ren BROWN	SR	#2 Chicago	56.50c (57.25f)	1/10
2	13	Hailey WEIR	FR	#1 Washington (Mo.)	57.30c (58.06f)	12/7
3	20	Julia CORIC	SO	#1 Washington (Mo.)	{2}57.85	1/25
4	23	Kylie SPYTEK	JR	#1 Washington (Mo.)	{3}57.93c (58.69f)	12/7
5	27	Aaliyah JALLOH	FR	#3 Emory	58.20	1/17
6	32	Catherine CHRISTOPHER	SO	#1 Washington (Mo.)	{4}58.38	1/25
7	38	Quinn BIRD	FR	#1 Washington (Mo.)	{5}58.65	1/25
8	41	Hannah BOHBOT-DRIDI	SR	#7 Brandeis	58.73c (59.51f)	1/25
9	45	Nicole STEWART	SR	#1 Washington (Mo.)	{6}58.81	1/25
10	47	Gayle HENDERSON	SO	#1 Washington (Mo.)	{7}58.84c (59.62f)	12/7

Women's 5000 Meters

1	2	Brigid HANLEY	SR	#3 Emory	16:25.03	12/7
2	12	Kate COCHRAN	SR	#5 NYU	17:02.79	12/7
3	16	Janie COOPER	JR	#5 NYU	{2}17:11.63	12/7
4	18	Liesl SCHERRER	SR	#3 Emory	{2}17:20.18	12/7
5	86	Alyssa HOFFMAN	SR	#4 Carnegie Mellon	18:31.29 OT	1/18
6		Lauryn MCKENNA	SR	#4 Carnegie Mellon	{2}19:08.49 OT	1/25
7		Sophie GINSBERG	SO	#2 Chicago	19:09.29	1/25
8		Eleanor MCNICHOLS	SO	#2 Chicago	{2}19:09.74	1/25
9		Kara MATHIAS	SO	#4 Carnegie Mellon	{3}19:35.93 OT	1/25
10		Norah CZAJKA	SR	#4 Carnegie Mellon	{4}20:23.24 OT	1/25



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UAA

as of 1/28/2025 9:16:46 AM ET

Women's 4x400 Relay

1	1	Hailey Weir, Kylie Spytek, Catherine Christopher, Izzy Gorton	#1 Washington (Mo.)	3:50.15		1/25
2	6	Chloe Hayden, Ava Hagwell, Christin Facey, Ren Brown	#2 Chicago	3:56.13		1/25
3	10	Amaya Grant, Jada Kenner, Aaliyah Jalloh, Hannah Riley	#3 Emory	3:58.22		12/6
4	78	Grace Misiunas, Eyoha Teshome, Melanie Taylor, Siena Kannenberg	#6 Case Western Re	4:15.08c (4:18.46f)		12/7
5		Jacqueline Liu, Estee Teo, Emma Horsley, Mia Constantin	#4 Carnegie Mellon	4:19.12 OT		1/18
6		Natalie Liapis, Aiana Colas, Sadie Harrow, Zada Forde	#7 Brandeis	4:31.38c (4:34.98f)		1/18

Women's High Jump

1	2	Ebunoluwa OPATA	SR	#1 Washington (Mo.)	1.70m	5-7	12/7
2	7	Aiana COLAS	FR	#7 Brandeis	1.67m	5-5¾	1/25
3	12	Sammi DUNN	SR	#2 Chicago	1.65m	5-5	1/18
3	12	Elizabeth MULVANEY	SO	#2 Chicago	1.65m	5-5	1/18
5	34	Olivia THEISEN	SO	#1 Washington (Mo.)	1.60m	5-3	1/25
6	80	Nikki BOON	SR	#3 Emory	1.56m	5-1¼	1/17
7	100	Selah DUNGEY	JR	#2 Chicago	1.55m	5-1	12/6
8		Catalina HOWELLS	FR	#4 Carnegie Mellon	1.52m	4-11¾	12/7
9		Eyoha TESHOME	FR	#6 Case Western Re	1.51m	4-11½	1/25
10		Anna JENNINGS	FR	#3 Emory	1.50m	4-11	12/6

Women's Pole Vault

1	2	Yasmin RUFF	SR	#1 Washington (Mo.)	3.95m	12-11½	12/7
2	20	Alisha ANDERSON	JR	#7 Brandeis	3.55m	11-7¾	1/18
3	29	Holly SCHREIBER	SO	#6 Case Western Re	3.52m	11-6½	12/7
4	35	Meredyth BARR	SO	#1 Washington (Mo.)	3.45m	11-3¾	1/25
5	45	Hannah RILEY	SO	#3 Emory	3.41m	11-2¼	1/18
6	46	Erin MAKHANIAN	FR	#3 Emory	3.40m	11-1¾	12/6
6	46	Hazel BUONOPANE	SO	#4 Carnegie Mellon	3.40m	11-1¾	12/7
8	59	Reece BAKER	JR	#2 Chicago	3.35m	10-11¾	1/25
8	59	Makenzie STOCK	SR	#1 Washington (Mo.)	3.35m	10-11¾	1/18
10	73	Ava BARNES	FR	#4 Carnegie Mellon	3.30m	10-9¾	1/25

Women's Long Jump

1	11	Ebunoluwa OPATA	SR	#1 Washington (Mo.)	5.62m	18-5¼	1/25
2	25	Marina SEMPLE	JR	#2 Chicago	5.49m	18-¼	12/6
3	33	Nikki BOON	SR	#3 Emory	5.44m	17-10¼	12/6
4		Alexandra WATSON	FR	#2 Chicago	5.22m	17-1½	12/6
5		Iniyaa MOHANRAJ	JR	#4 Carnegie Mellon	5.09m	16-8½	12/7
6		Grace STERNBERGER	SO	#2 Chicago	5.08m	16-8	1/25
7		Alin AYDOGAN	FR	#4 Carnegie Mellon	5.07m	16-7¾	1/25
8		Jocelyn KIEFEL	SR	#4 Carnegie Mellon	5.05m	16-7	12/7
9		Zoe KING	JR	#4 Carnegie Mellon	5.04m	16-6½	12/7
9		Dijaye CARPENTER	SO	#3 Emory	5.04m	16-6½	12/6

Women's Triple Jump

1	1	Ebunoluwa OPATA	SR	#1 Washington (Mo.)	12.54m	41-1¾	1/25
2	6	Sarai SEALY	FR	#7 Brandeis	11.97m	39-3¼	1/18
3	25	Shaniece NUGENT	SR	#7 Brandeis	11.30m	37-1	1/25
4	36	Amaya GRANT	FR	#3 Emory	11.13m	36-6¼	12/6
5	47	Sofia ROSENZWEIG	SO	#1 Washington (Mo.)	10.96m	35-11½	1/25
6	50	Areyanna MCCARTHY	JR	#5 NYU	10.95m	35-11¼	12/6
7	53	Jocelyn KIEFEL	SR	#4 Carnegie Mellon	10.91m	35-9½	12/7
8	64	Caroline HANSEN	SR	#3 Emory	10.85m	35-7¼	12/6
9	74	Iniyaa MOHANRAJ	JR	#4 Carnegie Mellon	10.78m	35-4½	1/25
10	79	Arielle TROADEC	SO	#2 Chicago	10.74m	35-3	12/6

Women's Shot Put

1	2	Jenae BOTHE	JR	#1 Washington (Mo.)	14.44m	47-4½	12/7
2	52	Nikki BOON	SR	#3 Emory	12.39m	40-7¾	12/6
3	56	Sarah FINEMAN	SR	#3 Emory	12.35m	40-6¼	12/7
4	96	Kathleen MONAHAN	JR	#4 Carnegie Mellon	11.94m	39-2¼	12/7
5		Rielly MCNEILL	SO	#2 Chicago	11.85m	38-10½	1/18
6		Catryn CATTOOR	FR	#1 Washington (Mo.)	11.72m	38-5½	12/7
7		Taylor SIMPSON	SR	#1 Washington (Mo.)	11.66m	38-3¼	1/25
8		Jeanette HYDUKOVICH	FR	#3 Emory	11.50m	37-8¾	1/18
9		Michaela BURKHAUSER	SR	#6 Case Western Re	11.39m	37-4½	1/25
10		Taylor SYMONETTE	SR	#4 Carnegie Mellon	10.82m	35-6	1/18

Women's Weight Throw

1	48	Ailean DUFFIE	SR	#6 Case Western Re	15.35m	50-4½	12/7
2	52	Michelle LEE	JR	#6 Case Western Re	15.23m	49-11¾	12/7
3	70	Lauren ROSKUSZKA	SR	#6 Case Western Re	15.06m	49-5	1/25
4	100	Jenae BOTHE	JR	#1 Washington (Mo.)	14.52m	47-7¾	1/18
5		Michaela BURKHAUSER	SR	#6 Case Western Re	14.45m	47-5	1/25
6		Emma LIU	JR	#7 Brandeis	13.87m	45-6¼	1/18
6		Rachel GINN	SR	#6 Case Western Re	13.87m	45-6¼	1/25
8		Kathleen MONAHAN	JR	#4 Carnegie Mellon	13.72m	45-¼	12/7
9		Brooke CALDWELL	SO	#2 Chicago	13.56m	44-6	1/10
10		Blair PENN	SR	#2 Chicago	13.33m	43-8¾	1/18

Women's Pentathlon

1	1	Nikki BOON	SR	#3 Emory	3,715	12/6
2	25	Alin AYDOGAN	FR	#4 Carnegie Mellon	2,913	12/7



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UEC

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Women's 60 Meters

1	Molly WAGNER	SR	#4 Carlow (Pa.)	8.07	1/25
2	Rocksann SMITH	FR	#1 St. Mary's (Md.)	8.18	1/18
3	Chay'La RIVERS	JR	#1 St. Mary's (Md.) {2}	8.37	1/18
4	Jaade DUNCAN	FR	#2 Penn State Behr	8.40	12/7
5	Trista MILLER	SR	#4 Carlow (Pa.) {2}	8.49	12/7
6	Madison KAPPELER	SR	#2 Penn State Behr {2}	8.53	12/7
7	Lizzie DIMOV	FR	#3 Lancaster Bible	8.62	1/10
8	Ella MCGOWAN	FR	#2 Penn State Behr {3}	8.65	12/7
9	Daphnny GOMES	FR	#5 Penn State Harri	8.75	12/6
10	Taylor NICHOLAS	FR	#5 Penn State Harri {2}	8.83	12/6

Women's 60 Meter Hurdles

1	Chay'La RIVERS	JR	#1 St. Mary's (Md.)	9.58	1/10
2	Faith GARBER	SO	#3 Lancaster Bible	12.96	1/25

Women's 200 Meters

1	Molly WAGNER	SR	#4 Carlow (Pa.)	26.65 OT	1/25
2	Madison KAPPELER	SR	#2 Penn State Behr	27.42c (27.84f)	12/7
3	Rocksann SMITH	FR	#1 St. Mary's (Md.)	27.61c (28.03f)	12/7
4	Chay'La RIVERS	JR	#1 St. Mary's (Md.) {2}	28.13	1/10
5	Ivy LAFFAN	SR	#2 Penn State Behr {2}	28.19c (28.62f)	1/25
6	Lizzie DIMOV	FR	#3 Lancaster Bible	28.24c (28.67f)	12/6
7	Gracie JONES	SR	#2 Penn State Behr {3}	28.45c (28.89f)	12/7
8	Trista MILLER	SR	#4 Carlow (Pa.) {2}	28.75 OT	1/25
9	Taylor NICHOLAS	FR	#5 Penn State Harri	28.84c (29.28f)	12/6
10	Oluwadamilola AKINSANYA	FR	#1 St. Mary's (Md.) {3}	29.27c (29.72f)	12/7

Women's 400 Meters

1	Ivy LAFFAN	SR	#2 Penn State Behr	1:04.30c (1:05.15f)	1/25
2	Destiny SAMUELS	FR	#5 Penn State Harri	1:04.84c (1:05.70f)	1/18
3	Avery ARRIZI	SO	#1 St. Mary's (Md.)	1:05.49c (1:06.36f)	1/18
4	Ella CLOAK	JR	#4 Carlow (Pa.)	1:06.72c (1:07.60f)	12/7
5	Oluwadamilola AKINSANYA	FR	#1 St. Mary's (Md.) {2}	1:07.64c (1:08.53f)	12/7
6	Ella MCGOWAN	FR	#2 Penn State Behr {2}	1:11.06c (1:12.00f)	12/7
7	Chloe TOLSON	JR	#1 St. Mary's (Md.) {3}	1:13.17c (1:14.14f)	12/7
8	Elise GEIGER	FR	#1 St. Mary's (Md.) {4}	1:17.91c (1:18.94f)	1/18
9	Lou SANTIAGO	FR	#6 Gallaudet	1:20.08c (1:21.14f)	12/7

Women's 800 Meters

1	Mi'Leah COTTON	FR	#1 St. Mary's (Md.)	2:27.83c (2:29.53f)	1/18
2	Destiny SAMUELS	FR	#5 Penn State Harri	2:30.89c (2:32.63f)	12/6
3	Brittney DOUGLAS	JR	#1 St. Mary's (Md.) {2}	2:31.23c (2:32.97f)	12/7
4	Avery ARRIZI	SO	#1 St. Mary's (Md.) {3}	2:37.16c (2:38.97f)	12/7
5	Ella CLOAK	JR	#4 Carlow (Pa.)	2:38.45 OT	1/25
6	Kylee ANTRIM	FR	#3 Lancaster Bible	2:53.52	1/25
7	Cadee CAMERON	FR	#3 Lancaster Bible {2}	2:56.08	1/25
8	Carly AMON	SO	#2 Penn State Behr	2:56.66c (2:58.69f)	1/25
9	Elise GEIGER	FR	#1 St. Mary's (Md.) {4}	3:06.49c (3:08.64f)	12/7
10	Alexis HODGES	SO	#1 St. Mary's (Md.) {5}	3:20.58c (3:22.89f)	12/7

Women's Mile

1	Elizabeth ROBEY	SR	#1 St. Mary's (Md.)	5:37.00c (5:40.33f)	12/7
2	Mi'Leah COTTON	FR	#1 St. Mary's (Md.) {2}	5:37.48c (5:40.82f)	12/7
3	Abby AMES	SO	#3 Lancaster Bible	5:50.10	1/25
4	Brittney DOUGLAS	JR	#1 St. Mary's (Md.) {3}	5:52.54c (5:56.02f)	12/7
5	Sam ABATE		#2 Penn State Behr	5:55.82c (5:59.34f)	1/25
6	Madison KINGSLEY	SO	#1 St. Mary's (Md.) {4}	6:06.62	1/10
7	Cadee CAMERON	FR	#3 Lancaster Bible {2}	6:13.67c (6:17.36f)	1/18
8	Abby MAJOR	SO	#2 Penn State Behr {2}	6:18.75c (6:22.49f)	1/25
9	Laci SCHWIRIAN	JR	#4 Carlow (Pa.)	6:22.86c (6:26.65f)	12/7
10	Mackenna RANKIN	FR	#4 Carlow (Pa.) {2}	6:33.02c (6:36.91f)	12/7

Women's 3000 Meters

1	Seana DOUGHERTY	FR	#3 Lancaster Bible	11:08.73c(11:14.46f)	1/18
2	Hartle LINDSEY	JR	#2 Penn State Behr	11:14.35c(11:20.13f)	1/25
3	Baylee DERNAR		#2 Penn State Behr {2}	11:49.40c(11:55.48f)	1/25
4	Macy WORONIECKI	FR	#1 St. Mary's (Md.)	11:51.32c(11:57.41f)	12/7
5	Litwiler BETHANY	JR	#2 Penn State Behr {3}	11:53.96c(12:00.08f)	1/25
6	Elizabeth ROBEY	SR	#1 St. Mary's (Md.) {2}	12:08.69c(12:14.93f)	12/7
7	Ariana LECOURAS	SR	#1 St. Mary's (Md.) {3}	12:40.08c(12:46.59f)	1/18
8	Kylee ANTRIM	FR	#3 Lancaster Bible {2}	13:06.03c(13:12.76f)	1/18
9	Laci SCHWIRIAN	JR	#4 Carlow (Pa.)	13:24.14c(13:31.03f)	12/7
10	Mackenna RANKIN	FR	#4 Carlow (Pa.) {2}	13:28.90c(13:35.83f)	12/7

Women's 5000 Meters

1	Seana DOUGHERTY	FR	#3 Lancaster Bible	19:41.03	1/25
2	Abby AMES	SO	#3 Lancaster Bible {2}	19:56.02c(20:05.18f)	12/6
3	Macy WORONIECKI	FR	#1 St. Mary's (Md.)	19:56.36c(20:05.52f)	12/7
4	Alivia HETRICK		#2 Penn State Behr	21:14.03c(21:23.78f)	1/25
5	Weiya CARTER	SO	#1 St. Mary's (Md.) {2}	21:40.68c(21:50.64f)	12/7

Women's 4x400 Relay

1	Avery Arrizi, Mi'Leah Cotton, Brittney Douglas, Oluwadamilola Akinsanya		#1 St. Mary's (Md.)	4:25.32c (4:28.84f)	12/7
2	Ella Cloak, Laci Schwirian, Mackenna Rankin, Molly Wagner		#4 Carlow (Pa.)	4:49.94 OT	1/25
3	Abby Ames, Kylee Antrim, Lizzie Dimov, Seana Dougherty		#3 Lancaster Bible	4:51.26c (4:55.12f)	12/6
4	Carly Amon, Abby Major, Madison Kappeler, Ivy Laffan		#2 Penn State Behr	5:00.94c (5:04.93f)	1/25

Women's Distance Medley Relay

1	32 Mi'Leah Cotton, Avery Arrizi, Macy Woroniecki, Madison Kingsley		#1 St. Mary's (Md.)	14:02.50	1/10
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Women's High Jump

1	Rocksann SMITH	FR	#1 St. Mary's (Md.)	1.45m	4-9	12/7
2	Olivia SWINARSKI		#2 Penn State Behr	1.40m	4-7	1/25
3	Chay'La RIVERS	JR	#1 St. Mary's (Md.) {2}	1.35m	4-5	1/18
4	Audrey VOSBURG	FR	#3 Lancaster Bible	1.22m	4-0	12/6



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Women's Pole Vault

1	85	Madison KAPPELER	SR	#2 Penn State Behr	3.26m	10-8¼	12/7
2		Katrin CAVANAUGH	SO	#5 Penn State Harri	3.05m	10-0	12/6
3		Noelani TAKEI	SR	#2 Penn State Behr{2}	2.81m	9-2½	12/7
4		Emma MCMURRAY	JR	#3 Lancaster Bible	2.60m	8-6¼	1/18
5		Gracie JONES	SR	#2 Penn State Behr{3}	2.36m	7-8¾	12/7

Women's Long Jump

1		Madison KAPPELER	SR	#2 Penn State Behr	5.10m	16-8¾	1/25
2		Sydney TAYLOR	SO	#4 Carlow (Pa.)	4.81m	15-9½	12/7
3		Chay'La RIVERS	JR	#1 St. Mary's (Md.)	4.49m	14-8¾	1/10
4		Daphnny GOMES	FR	#5 Penn State Harri	4.40m	14-5¼	12/6
5		Trista MILLER	SR	#4 Carlow (Pa.) {2}	4.22m	13-10¼	1/25
6		Lizzie DIMOV	FR	#3 Lancaster Bible	4.19m	13-9	1/25
7		LEIA DAY	JR	#4 Carlow (Pa.) {3}	4.02m	13-2¼	1/25
8		Sofia DELK	FR	#6 Gallaudet	4.01m	13-2	12/7
9		Taylor NICHOLAS	FR	#5 Penn State Harri{2}	3.12m	10-3	1/18

Women's Triple Jump

1		Rocksann SMITH	FR	#1 St. Mary's (Md.)	10.43m	34-2¾	1/10
2		Sydney TAYLOR	SO	#4 Carlow (Pa.)	9.63m	31-7¼	12/7
3		Chay'La RIVERS	JR	#1 St. Mary's (Md.) {2}	8.96m	29-4¾	1/18
4		LEIA DAY	JR	#4 Carlow (Pa.) {2}	8.39m	27-6½	1/25

Women's Shot Put

1	73	Midajah DAVIS	SR	#6 Gallaudet	12.16m	39-10¾	12/7
2		Jillian ZUKLEY	SO	#1 St. Mary's (Md.)	11.83m	38-9¾	12/7
3		Martha WEAVER	SO	#3 Lancaster Bible	10.90m	35-9¼	1/10
4		Braylee LUKEHART	FR	#2 Penn State Behr	10.11m	33-2	1/25
5		Isabella MCGUIRE	FR	#5 Penn State Harri	9.84m	32-3½	12/6
6		Emma SOVICH	SR	#4 Carlow (Pa.)	8.79m	28-10¼	12/7
7		Caroline LEWIS	FR	#2 Penn State Behr{2}	8.75m	28-8½	12/7
8		Rocksann SMITH	FR	#1 St. Mary's (Md.) {2}	8.68m	28-5¾	1/18
9		Safiya STIMELY	FR	#1 St. Mary's (Md.) {3}	8.59m	28-2¼	1/18
10		Elaina TORTA	JR	#5 Penn State Harri{2}	8.57m	28-1½	12/6

Women's Weight Throw

1		Jillian ZUKLEY	SO	#1 St. Mary's (Md.)	13.75m	45-1½	1/18
2		Martha WEAVER	SO	#3 Lancaster Bible	12.87m	42-2¾	1/25
3		Jessica PARK	JR	#2 Penn State Behr	12.80m	42-0	1/25
4		Fladaina BRUNO	JR	#1 St. Mary's (Md.) {2}	11.15m	36-7	1/10
5		Gabrielle DEITRICH	SO	#5 Penn State Harri	10.60m	34-9½	12/6
6		Norah KEENEY	FR	#2 Penn State Behr{2}	10.26m	33-8	12/7
7		Safiya STIMELY	FR	#1 St. Mary's (Md.) {3}	9.91m	32-6¼	1/18
8		Rocksann SMITH	FR	#1 St. Mary's (Md.) {4}	9.76m	32-¼	1/18
9		Braylee LUKEHART	FR	#2 Penn State Behr{3}	9.18m	30-1½	1/25
10		Selina SOSA	FR	#1 St. Mary's (Md.) {5}	8.03m	26-4¼	1/18



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UMAC

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Women's 60 Meters

1	Camille RING	SO	#4 Crown	8.25	12/7
2	Deanna TRUCKSESS	SR	#3 Northwestern-St	8.29	1/25
3	Cora SCHMITZ	JR	#1 UW-Superior	8.66	12/14
4	Alvine NJOUNANG	SO	#3 Northwestern-St{2}	8.69	1/25
5	Jazzmin CELIS	FR	#7 North Central (M	8.74	1/25
6	Nibras LUQMAN	JR	#5 Minnesota Morri	8.88	1/25
7	Mariah SCHULTZ	FR	#2 Martin Luther	8.95	1/18
8	McKenna NASH	SO	#1 UW-Superior {2}	9.03	12/14
9	Hannah HUTTON	FR	#1 UW-Superior {3}	9.06	1/18
10	Adelyn KEMNITZ	FR	#2 Martin Luther {2}	9.08	1/18

Women's 800 Meters

1	60 Ella DUFAULT	SO	#4 Crown	2:20.41c	(2:22.03f)	1/18
2	Emery MAKI	SO	#3 Northwestern-St	2:22.47c	(2:24.11f)	1/25
3	Ruth BRUECKNER	JR	#4 Crown	{2}2:26.75 OT		12/7
4	Jemimah HABBEN	FR	#2 Martin Luther	2:26.87c	(2:28.56f)	1/25
5	Mia ARROYO	FR	#4 Crown	{3}2:26.98c	(2:28.67f)	1/25
6	Simone STEPHENS	SO	#1 UW-Superior	2:31.39		1/25
7	Lindsey MORRISON	FR	#4 Crown	{4}2:32.26c	(2:34.01f)	1/25
8	Jessica REDMAN	SO	#7 North Central (M	2:42.39c	(2:44.26f)	1/25
9	Olivia STANLEY	FR	#4 Crown	{5}2:43.97 OT		12/7
10	Kimberlyn CASE	FR	#3 Northwestern-St{2}	2:46.53c	(2:48.45f)	1/25

Women's 60 Meter Hurdles

1	Camille RING	SO	#4 Crown	9.65	1/18
2	Grace MORAVCHIK	SO	#3 Northwestern-St	9.70	1/25
3	Summer HESSELD AHL	SO	#1 UW-Superior	9.80	1/25
4	Joyce HORTON	FR	#7 North Central (M	10.06	1/25
5	Ari KLEIN	FR	#7 North Central (M{2}	10.48	1/25
6	Mariah SCHULTZ	FR	#2 Martin Luther	11.06	1/25
7	Riley TOIVONEN	FR	#1 UW-Superior {2}	11.17	12/7
8	Keira HESSELD AHL	FR	#1 UW-Superior {3}	11.62	1/25
9	Bel DIMAZE	FR	#1 UW-Superior {4}	11.80	12/7

Women's Mile

1	Simone STEPHENS	SO	#1 UW-Superior	5:18.35c	(5:21.50f)	1/18
2	Emery MAKI	SO	#3 Northwestern-St	5:21.81c	(5:24.99f)	1/17
3	Jemimah HABBEN	FR	#2 Martin Luther	5:23.64c	(5:26.84f)	1/18
4	Mia ARROYO	FR	#4 Crown	5:24.86c	(5:28.07f)	1/18
5	Ruth BRUECKNER	JR	#4 Crown	{2}5:39.02 OT		12/7
6	Izzy YUHANNA	SO	#3 Northwestern-St{2}	5:41.85c	(5:45.23f)	1/17
7	Tea BOERNER	SR	#1 UW-Superior {2}	5:44.87		1/25
8	Cora HUDELLA	JR	#1 UW-Superior {3}	5:46.72		1/25
9	Halle BARKER	SR	#1 UW-Superior {4}	5:50.93		1/25
10	Taylor DECOOK	SO	#1 UW-Superior {5}	6:06.51		1/25

Women's 200 Meters

1	Grace MORAVCHIK	SO	#3 Northwestern-St	27.18c	(27.60f)	1/25
2	Camille RING	SO	#4 Crown	27.29 OT		12/7
3	Deanna TRUCKSESS	SR	#3 Northwestern-St{2}	27.95c	(28.38f)	1/25
4	Jazzmin CELIS	FR	#7 North Central (M	28.74c	(29.18f)	1/25
5	Alvine NJOUNANG	SO	#3 Northwestern-St{3}	28.85c	(29.30f)	1/25
6	Lily CISKE	FR	#7 North Central (M{2}	28.89c	(29.33f)	1/25
7	Riley PING	SO	#6 Bethany Luthera	29.03c	(29.48f)	12/7
8	Cora SCHMITZ	JR	#1 UW-Superior	29.25c	(29.70f)	12/14
9	Mariah SCHULTZ	FR	#2 Martin Luther	29.36c	(29.81f)	1/18
10	Elizabeth FRIAS	SR	#5 Minnesota Morri	30.03		1/25

Women's 3000 Meters

1	Izzy YUHANNA	SO	#3 Northwestern-St	11:01.69c	(11:07.37f)	1/25
2	Cora HUDELLA	JR	#1 UW-Superior	11:13.02c	(11:18.79f)	1/18
3	Tea BOERNER	SR	#1 UW-Superior {2}	11:15.51c	(11:21.30f)	1/18
4	Maya HABBEN	JR	#2 Martin Luther	11:47.30c	(11:53.36f)	1/18
5	Lilley SMITH	SO	#1 UW-Superior {3}	12:01.46		1/25
6	Alicia ARREDONDO	FR	#3 Northwestern-St{2}	12:20.48c	(12:26.82f)	1/25
7	Lindsey MORRISON	FR	#4 Crown	12:22.36c	(12:28.72f)	1/25
8	Lily BANDY	SO	#4 Crown {2}	12:25.22c	(12:31.60f)	1/25
9	Gracelyn FOSTER	FR	#4 Crown {3}	12:42.94c	(12:49.48f)	1/18
10	Nicole TRAPP	JR	#2 Martin Luther {2}	12:46.17c	(12:52.73f)	1/25

Women's 400 Meters

1	Emma WARNER	FR	#6 Bethany Luthera	1:02.98c	(1:03.82f)	12/7
2	Naomi FOLEY	JR	#2 Martin Luther	1:04.91c	(1:05.77f)	1/18
3	Lindsey HAUSE	FR	#5 Minnesota Morri	1:08.06		1/25
4	Taylor SCHUETTEL	FR	#2 Martin Luther {2}	1:09.88c	(1:10.80f)	1/18
5	Mariah SCHULTZ	FR	#2 Martin Luther {3}	1:10.17c	(1:11.10f)	1/18
6	Tabitha LARSON	FR	#6 Bethany Luthera{2}	1:10.44c	(1:11.37f)	1/18
7	Lillianna JONES	FR	#1 UW-Superior	1:13.58		1/25
8	Paige DIEKMANN	JR	#5 Minnesota Morri{2}	1:13.88		1/25

Women's 5000 Meters

1	Jemimah HABBEN	FR	#2 Martin Luther	18:45.55c	(18:54.17f)	1/25
2	Simone STEPHENS	SO	#1 UW-Superior	19:11.31c	(19:20.13f)	12/14
3	Mia ARROYO	FR	#4 Crown	19:27.61c	(19:36.55f)	1/25
4	Maya HABBEN	JR	#2 Martin Luther {2}	20:22.62c	(20:31.98f)	1/25
5	Lily BANDY	SO	#4 Crown {2}	21:34.06 OT		12/7
6	Cora HUDELLA	JR	#1 UW-Superior {2}	21:52.18c	(22:02.23f)	12/14
7	Tea BOERNER	SR	#1 UW-Superior {3}	21:52.21c	(22:02.26f)	12/14
8	Hope SULZLE	SR	#2 Martin Luther {3}	21:54.27c	(22:04.33f)	1/25
9	Scarlett VANDERSCH EUREN	FR	#1 UW-Superior {4}	23:31.48c	(23:42.29f)	12/14
10	Aubrey PETERSON	SO	#1 UW-Superior {5}	23:36.45c	(23:47.30f)	12/14



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UMAC

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Women's 4x400 Relay

1	88 Deanna Trucksess, Grace Moravchik, Meghan Corbett, Emery Maki	#3 Northwestern-St	4:16.33c (4:19.74f)	1/25
2	Olivia Stanley, Mia Arroyo, Camille Ring, Ruth Brueckner	#4 Crown	4:27.65 OT	12/7
3	#Type!	#1 UW-Superior	4:51.48c (4:55.35f)	1/18

Women's High Jump

1	Bel DIMAZE	FR	#1 UW-Superior	1.51m	4-11½	1/18
2	Lily HUBBARD	FR	#3 Northwestern-St	1.50m	4-11	1/25
3	Joyce HORTON	FR	#7 North Central (M	1.45m	4-9	1/25
4	Ella SCHLEI	JR	#2 Martin Luther	1.40m	4-7	1/18
4	Myla VOLK	JR	#1 UW-Superior	{2} 1.40m	4-7	12/14
4	Naomi WALLACE	FR	#3 Northwestern-St	{2} 1.40m	4-7	1/25
7	Camille RING	SO	#4 Crown	1.32m	4-4	1/25
8	Riley TOIVONEN	FR	#1 UW-Superior	{3} 1.26m	4-1½	12/7

Women's Pole Vault

1	Hannah HUTTON	FR	#1 UW-Superior	2.65m	8-8¼	12/14
1	Kayela PUTNAM	FR	#1 UW-Superior	2.65m	8-8¼	12/14
3	Naomi FOLEY	JR	#2 Martin Luther	2.55m	8-4¼	1/18
4	McKenna NASH	SO	#1 UW-Superior	{3} 2.35m	7-8½	12/14
4	Keira HESSELD AHL	FR	#1 UW-Superior	{3} 2.35m	7-8½	12/14

Women's Long Jump

1	Summer HESSELD AHL	SO	#1 UW-Superior	5.00m	16-5	12/14
2	Bel DIMAZE	FR	#1 UW-Superior	{2} 4.70m	15-5	12/7
3	Myla VOLK	JR	#1 UW-Superior	{3} 4.68m	15-4¼	12/14
4	Camille RING	SO	#4 Crown	4.49m	14-8¾	1/25
5	Grace NONNEMACHER	FR	#1 UW-Superior	{4} 4.46m	14-7¾	1/18
6	Trinity VERRETT	FR	#4 Crown	{2} 4.19m	13-9	1/18
6	Naomi FOLEY	JR	#2 Martin Luther	4.19m	13-9	1/25
6	Anna SCHWARTZ	SO	#6 Bethany Luthera	4.19m	13-9	1/18
9	Riley TOIVONEN	FR	#1 UW-Superior	{5} 3.98m	13-¾	12/14
10	Sheena JAMES	SR	#5 Minnesota Morri	3.97m	13-¼	1/25

Women's Triple Jump

1	71 Stephanie WITBROD	SR	#6 Bethany Luthera	10.80m	35-5¼	12/7
2	Myla VOLK	JR	#1 UW-Superior	10.09m	33-1¼	12/14
3	Joyce HORTON	FR	#7 North Central (M	10.00m	32-9¾	1/25
4	Lily CISKE	FR	#7 North Central (M	{2} 9.61m	31-6½	1/25
5	Sheena JAMES	SR	#5 Minnesota Morri	8.23m	27-0	1/18

Women's Shot Put

1	34 Stephanie WITBROD	SR	#6 Bethany Luthera	12.68m	41-7¼	12/7
2	Elise NOLTE	JR	#2 Martin Luther	11.05m	36-3	1/25
3	Madelinn ROMSDAHL	JR	#2 Martin Luther	{2} 10.96m	35-11½	1/25
4	Amaya WILLIS	FR	#5 Minnesota Morri	10.57m	34-8¼	1/25
5	Ella SCHLEI	JR	#2 Martin Luther	{3} 10.43m	34-2¾	1/25
6	Katelynn TORTORELLA	SO	#6 Bethany Luthera	{2} 10.18m	33-4¾	1/18
7	Kory WINDISH	FR	#1 UW-Superior	10.15m	33-3¾	1/18
8	Kylie ELMES	SO	#5 Minnesota Morri	{2} 10.06m	33-¼	1/25
9	Anna BRIGGS	SR	#5 Minnesota Morri	{3} 9.96m	32-8¼	1/18
10	Natalie ENRIGHT	SO	#5 Minnesota Morri	{4} 9.38m	30-9¼	1/25

Women's Weight Throw

1	Siri OVERTURF	JR	#5 Minnesota Morri	12.80m	42-0	1/25
2	Amaya WILLIS	FR	#5 Minnesota Morri	{2} 12.58m	41-3¼	1/25
3	Kylie ELMES	SO	#5 Minnesota Morri	{3} 12.29m	40-4	1/25
4	Anna BRIGGS	SR	#5 Minnesota Morri	{4} 12.18m	39-11½	1/25
5	Madelinn ROMSDAHL	JR	#2 Martin Luther	12.17m	39-11¼	1/18
6	Elise NOLTE	JR	#2 Martin Luther	{2} 11.91m	39-1	1/18
7	Leah DOMKE	JR	#2 Martin Luther	{3} 11.84m	38-10¼	1/25
8	Ella SCHLEI	JR	#2 Martin Luther	{4} 11.62m	38-1½	1/25
9	Natalie ENRIGHT	SO	#5 Minnesota Morri	{5} 11.00m	36-1¼	1/25
10	Kory WINDISH	FR	#1 UW-Superior	10.71m	35-1¾	1/25

Women's Pentathlon

1	63 Camille RING	SO	#4 Crown	2,233	1/25
2	70 Bel DIMAZE	FR	#1 UW-Superior	2,048	12/7
3	79 Riley TOIVONEN	FR	#1 UW-Superior	{2} 1,456	12/7



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USA South

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Women's 60 Meters

1	15	Kamiyah WOOTEN	SO	#4 North Carolina W	7.70	1/18
2	22	Ti'asia BRYANT	SO	#4 North Carolina W{2}	7.75	1/18
3		Sarah BARE	FR	#3 Brevard (N.C.)	7.98c (7.40A)	12/7
4		Mesiyah HOWELL	FR	#2 Pfeiffer	8.15	12/8
5		Serenity JORDAN	FR	#3 Brevard (N.C.) {2}	8.26c (7.66A)	12/7
6		Maia HUNT	FR	#1 Southern Virgini	8.40	1/25
7		Imani SINGLETON	JR	#3 Brevard (N.C.) {3}	8.42	1/18
8		Kaitlin BOWER	SR	#5 Mary Baldwin	8.53	1/25
9		Elise CURTIS	SO	#1 Southern Virgini{2}	8.57	1/18
10		Remly FRY	FR	#1 Southern Virgini{3}	8.61	1/18

Women's 800 Meters

1	86	Channing BARKER	SR	#3 Brevard (N.C.)	2:21.74c (2:23.37f)	1/18
2		Katelyn LENTZ	SO	#2 Pfeiffer	2:24.74c (2:26.40f)	12/8
3		Heidi BARTON	JR	#1 Southern Virgini	2:25.87	1/25
4		Ryan GERMAIN	FR	#2 Pfeiffer {2}	2:28.72c (2:30.43f)	1/26
5		Makayla BORST	SO	#2 Pfeiffer {3}	2:30.17c (2:31.90f)	1/26
6		Nicky BLACK	FR	#5 Mary Baldwin	2:30.47	1/25
7		Bayleigh REDD	SO	#1 Southern Virgini{2}	2:31.29c (2:33.04f)	1/18
8		Lilly DALEBOUT	SR	#1 Southern Virgini{3}	2:34.23c (2:36.01f)	1/18
9		Izzy WALLEY	FR	#1 Southern Virgini{4}	2:35.20	1/25
10		Emmalee HALE	JR	#1 Southern Virgini{5}	2:38.12	1/25

Women's 60 Meter Hurdles

1	95	Flo TORRES	SR	#1 Southern Virgini	9.44	1/25
2		Katena MORRISON	SO	#6 Methodist	10.31	12/8
3		Elizabeth FOSTER	FR	#3 Brevard (N.C.)	10.70c (9.94A)	12/7
4		Shandrey ALLMAN	JR	#1 Southern Virgini{2}	10.83	1/25
5		Ellie-Reed ZIMMERMAN	FR	#7 Meredith	10.91	1/18
6		Haylea Layne MILLER	SR	#3 Brevard (N.C.) {2}	12.07c (11.22A)	12/7
7		ZiNiyah CANNON	FR	#2 Pfeiffer	13.36	1/26

Women's Mile

1		Bayleigh REDD	SO	#1 Southern Virgini	5:25.21	1/25
2		Channing BARKER	SR	#3 Brevard (N.C.)	5:27.20c (5:30.43f)	1/18
3		Makayla BORST	SO	#2 Pfeiffer	5:30.96c (5:34.23f)	12/8
4		Nicky BLACK	FR	#5 Mary Baldwin	5:35.44	1/11
5		Lilly DALEBOUT	SR	#1 Southern Virgini{2}	5:40.86	1/25
6		Ryan GERMAIN	FR	#2 Pfeiffer {2}	5:42.06c (5:45.44f)	1/26
7		Caroline MOTLEY	SR	#5 Mary Baldwin {2}	5:48.10	1/11
8		Maddie HLADIK	SO	#2 Pfeiffer {3}	5:56.63c (6:00.16f)	1/26
9		Hayley BORST	SO	#2 Pfeiffer {4}	6:14.93c (6:18.64f)	1/26
10		Laura BROWN	JR	#7 Meredith	6:20.90c (6:24.67f)	1/18

Women's 200 Meters

1	97	Ti'asia BRYANT	SO	#4 North Carolina W	26.04	1/18
2		KeSondra PICKETT	FR	#4 North Carolina W{2}	26.15	12/6
3		Flo TORRES	SR	#1 Southern Virgini	26.91c (27.33f)	1/18
4		Mesiyah HOWELL	FR	#2 Pfeiffer	27.11c (27.53f)	1/26
5		Sarah BARE	FR	#3 Brevard (N.C.)	27.33c (27.75f)	1/18
6		Treasure ROSARIO-WATSON	JR	#6 Methodist	27.35c (27.77f)	1/18
7		Serenity JORDAN	FR	#3 Brevard (N.C.) {2}	27.73c (28.16f)	1/18
8		Imani SINGLETON	JR	#3 Brevard (N.C.) {3}	28.17c (28.60f)	1/18
9		Elise CURTIS	SO	#1 Southern Virgini{2}	28.37c (28.81f)	1/18
10		Maia HUNT	FR	#1 Southern Virgini{3}	28.50c (28.94f)	1/18

Women's 3000 Meters

1		Nicky BLACK	FR	#5 Mary Baldwin	10:54.15	1/25
2		Maddie HLADIK	SO	#2 Pfeiffer	11:09.81c(11:15.55f)	12/8
3		Caroline MOTLEY	SR	#5 Mary Baldwin {2}	11:14.72c(11:20.50f)	12/8
4		Channing BARKER	SR	#3 Brevard (N.C.)	11:16.19c(11:24.96A)	12/7
5		Hayley BORST	SO	#2 Pfeiffer {2}	12:17.84c(12:24.16f)	12/8

Women's 4x400 Relay

1	59	Mesiyah Howell, Katelyn Lentz, Ryan Germain, Jada Thomas		#2 Pfeiffer	4:11.23c (4:14.56f)	12/8
2		Treasure Rosario-watson, Alexandra Wilborn, Patti Busch, Katena Morrison		#6 Methodist	4:26.32c (4:29.85f)	1/18
3		Maddie Morton, Ellie-Reed Zimmerman, Natasha Elder, Abigail Clayton		#7 Meredith	4:38.22c (4:41.91f)	1/18
4		Ashley Bennett, Caroline Motley, Nicky Black, Kaitlin Bower		#5 Mary Baldwin	4:44.54	1/11

Women's 400 Meters

1	3	Kamiyah WOOTEN	SO	#4 North Carolina W	55.76	1/18
2		KeSondra PICKETT	FR	#4 North Carolina W{2}	1:01.65	12/6
3		Mesiyah HOWELL	FR	#2 Pfeiffer	1:02.43c (1:03.25f)	12/8
4		Katelyn LENTZ	SO	#2 Pfeiffer {2}	1:02.54c (1:03.37f)	1/26
5		Flo TORRES	SR	#1 Southern Virgini	1:02.64	1/25
6		Abigail CLAYTON	FR	#7 Meredith	1:02.66c (1:03.49f)	1/18
7		Jada THOMAS	SO	#2 Pfeiffer {3}	1:05.63c (1:06.50f)	12/8
8		Sedajah LAW	SO	#6 Methodist	1:07.25c (1:08.14f)	12/8
9		Haylea Layne MILLER	SR	#3 Brevard (N.C.)	1:07.45c (1:08.34f)	1/18
10		Maddie MORTON	FR	#7 Meredith {2}	1:08.42c (1:09.32f)	1/18

Women's High Jump

1	100	Mikki PROWS	JR	#1 Southern Virgini	1.55m	5-1	1/18
1	100	Marin SIMONS	FR	#1 Southern Virgini	1.55m	5-1	1/18
3		Elyssa HOLMAN	SO	#1 Southern Virgini{3}	1.50m	4-11	1/18
4		Elise CURTIS	SO	#1 Southern Virgini{4}	1.45m	4-9	1/18

Women's Pole Vault

1	59	Surraiya MAHMUD	FR	#1 Southern Virgini	3.35m	10-11¾	1/18
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Women's Long Jump

1	Imani SINGLETON	JR	#3 Brevard (N.C.)	4.88mA	16-1/4	12/7
1	Andee NELSON	FR	#1 Southern Virgini	4.88m	16-1/4	1/18
3	Treazure ROSARIO-WATSON	JR	#6 Methodist	4.65m	15-3/4	1/18
4	Kaitlin BOWER	SR	#5 Mary Baldwin	4.59m	15-3/4	1/11
5	Elyssa HOLMAN	SO	#1 Southern Virgini	{2}4.52m	14-10	1/25
6	Katena MORRISON	SO	#6 Methodist	{2}4.41m	14-5 3/4	11/16
7	#Type!	JR	#3 Brevard (N.C.)	{2}4.36mA	14-3 3/4	12/7
8	Alyssa CERVANTES	SR	#6 Methodist	{3}4.35m	14-3 3/4	12/8
9	Imari KNIGHT	JR	#5 Mary Baldwin	{2}4.29m	14-1	12/8
10	Elizabeth FOSTER	FR	#3 Brevard (N.C.)	{3}3.97mA	13-1/4	12/7

Women's Triple Jump

1	92 KeSondra PICKETT	FR	#4 North Carolina W	10.66m	34-11 3/4	12/6
2	Treazure ROSARIO-WATSON	JR	#6 Methodist	10.36m	34-0	11/16
3	Katena MORRISON	SO	#6 Methodist	{2}10.09m	33-1 1/4	12/8
4	Elyssa HOLMAN	SO	#1 Southern Virgini	9.64m	31-7 1/2	1/25

Women's Shot Put

1	Christian VAN NORDEN	SR	#4 North Carolina W	11.69m	38-4 1/4	1/11
2	Mikki PROWS	JR	#1 Southern Virgini	10.79m	35-4 3/4	1/25
3	Surraiya MAHMUD	FR	#1 Southern Virgini	{2}10.21m	33-6	1/25
4	Lamiyah MARTINEZ	JR	#5 Mary Baldwin	9.88m	32-5	1/25
5	Paris BENNETT	SO	#2 Pfeiffer	9.79m	32-1 1/2	12/8
6	Johannah DILLAWAY	SR	#5 Mary Baldwin	{2}9.22m	30-3	1/11
7	Mary Grace VALENTINE	SO	#3 Brevard (N.C.)	9.07mA	29-9 1/4	12/7
8	Kinsley BURRIS-WHITESIDES	FR	#3 Brevard (N.C.)	{2}8.51mA	27-11	12/7
9	Hazel ALLEN	FR	#1 Southern Virgini	{3}8.35m	27-4 3/4	1/25
10	Kayla RICHARDSON	SR	#5 Mary Baldwin	{3}8.28m	27-2	1/11

Women's Weight Throw

1	Mar'Shaylah SUTTON	FR	#4 North Carolina W	12.83m	42-1 1/4	12/6
2	Christian VAN NORDEN	SR	#4 North Carolina W	{2}11.72m	38-5 1/2	1/11
3	Mikki PROWS	JR	#1 Southern Virgini	11.07m	36-4	1/18
4	Kinsley BURRIS-WHITESIDES	FR	#3 Brevard (N.C.)	10.88mA	35-8 1/2	12/7
5	Jordan PECORELLA	SR	#6 Methodist	10.24m	33-7 1/4	12/8
6	Polosomo RHYNE	SO	#1 Southern Virgini	{2}7.83m	25-8 1/4	1/25
7	Mason RINKER	FR	#5 Mary Baldwin	6.62m	21-8 3/4	12/8
8	Caidyn BARRIGER	SO	#6 Methodist	{2}6.51m	21-4 1/4	1/18



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Women's 60 Meters

1	1	Lauren JARRETT	JR	#1 UW-La Crosse	7.37	1/25
2	15	McKenna SEDLACEK	FR	#1 UW-La Crosse {2}	7.70	1/25
3	27	Cici STENNETT	FR	#5 UW-Whitewater	7.77	1/18
4	38	Taylor MOLLING	SO	#1 UW-La Crosse {3}	7.82	1/25
5	41	Julie YANG	FR	#1 UW-La Crosse {4}	7.83	1/25
5	41	Andrea GLAZ	SR	#2 UW-Oshkosh	7.83	12/7
7	47	Kelly HUERTA	FR	#5 UW-Whitewater {2}	7.85	1/25
8	72	Allyson KAKES	SO	#3 UW-Eau Claire	7.91	1/18
8	72	Dakota MITCHELL	FR	#5 UW-Whitewater {3}	7.91	1/18
10	76	Hope SCHUELLER	SO	#3 UW-Eau Claire {2}	7.92	1/18

Women's 800 Meters

1	4	Cyna MADIGAN	SR	#2 UW-Oshkosh	2:12.20c (2:13.72f)	12/7
2	23	Alli THOMAS	FR	#1 UW-La Crosse	2:16.53c (2:18.10f)	1/25
3	24	Ceanna DIETZ	FR	#2 UW-Oshkosh {2}	2:16.59c (2:18.16f)	12/7
4	25	Kylie STOCKTON	JR	#1 UW-La Crosse {2}	2:16.61c (2:18.18f)	1/25
5	33	Olivia STENZEL	JR	#2 UW-Oshkosh {3}	2:17.62c (2:19.20f)	12/7
6	53	Jessica WILSON	JR	#1 UW-La Crosse {3}	2:20.12c (2:21.73f)	1/25
7	66	Emma WINDINGLAND	SO	#1 UW-La Crosse {4}	2:20.78c (2:22.40f)	1/25
8	90	Amelia LEHMAN	SR	#2 UW-Oshkosh {4}	2:21.90c (2:23.53f)	1/18
9		Cailyn KUECHLE	SR	#4 UW-River Falls	2:23.70c (2:25.36f)	12/14
10		Emma BOEGH	FR	#2 UW-Oshkosh {5}	2:24.32c (2:25.98f)	1/18

Women's 60 Meter Hurdles

1	4	Hannah ZASTROW	SR	#6 UW-Stout	8.80	1/25
2	8	Emilee BOOKER	SR	#3 UW-Eau Claire	8.85	1/25
3	11	Regan SCOTT	FR	#1 UW-La Crosse	8.88	1/25
4	21	Olivia NAVIN	FR	#1 UW-La Crosse {2}	9.04	1/25
5	23	Megan ZEMKE	FR	#1 UW-La Crosse {3}	9.06	1/25
6	30	Amber GROSSE	JR	#1 UW-La Crosse {4}	9.10	1/25
7	39	Lilly ROBERTS	JR	#6 UW-Stout {2}	9.16	1/25
8	42	Andie OTTO	FR	#1 UW-La Crosse {5}	9.17	1/25
9	50	Brielle KUECHLE	FR	#4 UW-River Falls	9.24	12/14
10	55	Sam BURGE	FR	#5 UW-Whitewater	9.28	1/25
10	55	Brie ECKERMAN	SO	#1 UW-La Crosse {6}	9.28	1/25

Women's Mile

1	14	Amelia LEHMAN	SR	#2 UW-Oshkosh	4:58.72c (5:01.67f)	12/7
2	36	Ari DE LA CERDA	SR	#5 UW-Whitewater	5:05.60c (5:08.62f)	1/25
3	38	Breklyn LAMMERT	SR	#6 UW-Stout	5:05.67c (5:08.69f)	1/25
4	70	Keeley BEHR	JR	#3 UW-Eau Claire	5:11.33c (5:14.41f)	1/25
5	75	Lindsey JOSSIE	JR	#8 UW-Stevens Poir	5:11.66c (5:14.74f)	1/25
6	83	Bella HOOKER	FR	#3 UW-Eau Claire {2}	5:12.18c (5:15.27f)	1/25
7	91	Olivia HEILMAN	FR	#1 UW-La Crosse	5:13.27c (5:16.37f)	1/25
8	94	Saige PETERSON	FR	#3 UW-Eau Claire {3}	5:13.52c (5:16.62f)	1/25
9		Allison WEISSINGER	SR	#3 UW-Eau Claire {4}	5:15.36c (5:18.48f)	1/25
10		Reagan ZIMMERMAN	JR	#3 UW-Eau Claire {5}	5:16.09c (5:19.21f)	1/25

Women's 200 Meters

1	1	Lauren JARRETT	JR	#1 UW-La Crosse	23.89c (24.26f)	1/25
2	14	Anika REILAND	SO	#1 UW-La Crosse {2}	25.06c (25.45f)	1/25
3	38	McKenna SEDLACEK	FR	#1 UW-La Crosse {3}	25.55c (25.94f)	1/25
4	41	Jenna MILLER	JR	#1 UW-La Crosse {4}	25.57c (25.96f)	1/25
5	43	Kelly HUERTA	FR	#5 UW-Whitewater	25.58c (25.97f)	1/25
6	49	Makenna ZAK	JR	#1 UW-La Crosse {5}	25.63c (26.02f)	1/25
7	50	Andrea GLAZ	SR	#2 UW-Oshkosh	25.65c (26.04f)	12/7
8	53	Allyson KAKES	SO	#3 UW-Eau Claire	25.69	1/25
8	53	Addie BAKER	FR	#2 UW-Oshkosh {2}	25.69c (26.09f)	12/7
10	68	Cici STENNETT	FR	#5 UW-Whitewater {2}	25.82c (26.22f)	1/25
10	68	Danielle POUSKA	JR	#5 UW-Whitewater {2}	25.82c (26.22f)	1/25

Women's 3000 Meters

1	8	Mallory REISER	FR	#1 UW-La Crosse	9:54.28c (9:59.37f)	1/25
2	14	Gwen HINZ	JR	#1 UW-La Crosse {2}	9:56.93c (10:02.04f)	1/25
3	29	Brooklyn LUEBKE	JR	#1 UW-La Crosse {3}	10:01.89c (10:07.05f)	1/25
4	34	Madelynn MCINTYRE	SR	#1 UW-La Crosse {4}	10:05.76c (10:10.95f)	1/25
5	37	Lucy DUCHAC	JR	#1 UW-La Crosse {5}	10:07.38c (10:12.58f)	1/25
6	54	Molly NOVOTNY	SO	#1 UW-La Crosse {6}	10:14.72c (10:19.99f)	1/25
7	61	Elizabeth SCHWARTZ	SO	#1 UW-La Crosse {7}	10:17.24c (10:22.53f)	1/25
8	65	Becca IMMERS	SO	#1 UW-La Crosse {8}	10:18.35c (10:23.65f)	1/25
9	70	Madison TWARLING	FR	#1 UW-La Crosse {9}	10:20.48c (10:25.80f)	1/25
10		Lily HIGGINS	SO	#1 UW-La Crosse {10}	10:30.28c (10:35.68f)	1/25

Women's 400 Meters

1	5	Anna PLAUTZ	SO	#1 UW-La Crosse	56.31c (57.05f)	1/25
2	20	Maddy LAVOI	SO	#2 UW-Oshkosh	57.85c (58.61f)	12/7
3	25	Morgan JENNINGS	JR	#1 UW-La Crosse {2}	58.08c (58.85f)	1/25
4	26	Macy REYBROCK	FR	#1 UW-La Crosse {3}	58.09c (58.86f)	1/25
5	51	Kylee GRABARSKI	JR	#3 UW-Eau Claire	59.01c (59.79f)	1/18
5	51	Julia STEGER	SO	#2 UW-Oshkosh {2}	59.01c (59.79f)	12/7
7	70	Olivia STENZEL	JR	#2 UW-Oshkosh {3}	59.58c (1:00.37f)	1/18
8	73	Mya CINNAMO	SO	#3 UW-Eau Claire {2}	59.66	1/25
9	87	Ceanna DIETZ	FR	#2 UW-Oshkosh {4}	59.92c (1:00.71f)	1/18
10		Lauren JEX	JR	#3 UW-Eau Claire {3}	1:00.37c (1:01.17f)	1/18

Women's 5000 Meters

1	65	Gwen FEITL	JR	#2 UW-Oshkosh	18:15.09c (18:23.47f)	12/7
2	74	Jamie CATANIA	JR	#2 UW-Oshkosh {2}	18:20.95c (18:29.38f)	12/7
3	97	Ella KOJIS	JR	#2 UW-Oshkosh {3}	18:38.24c (18:46.80f)	12/7
4		Allison VAN DER WEGEN	SO	#2 UW-Oshkosh {4}	18:43.61c (18:52.21f)	12/7
5		MacKenzie DIX	JR	#2 UW-Oshkosh {5}	19:09.94c (19:18.74f)	12/7
6		Laina VIERE	SO	#4 UW-River Falls	19:11.58c (19:20.40f)	1/25
7		Peyton OPSAHL	JR	#4 UW-River Falls {2}	19:16.42c (19:25.27f)	1/25
8		Emma MALY	SO	#2 UW-Oshkosh {6}	19:41.02c (19:50.06f)	12/7



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Week #1, January 28



WIAC

as of 1/28/2025 9:16:47 AM ET

Women's 4x400 Relay

1	2	Anika Reiland, Sarah Grubbs, Andie Otto, Morgan Jennings	#1 UW-La Crosse	3:50.48c (3:53.54f)	1/25
2	11	Kylee Grabarski, Mya Cinnamo, McKenzie Kruse, Allyson Kakes	#3 UW-Eau Claire	3:58.83	1/25
3	16	Emma Boegh, Ceanna Dietz, Cyna Madigan, Olivia Stenzel	#2 UW-Oshkosh	4:00.42c (4:03.61f)	12/7
4		Rachel Perry, Anetha Voegel, Elida Nerothin, Maria Cannon	#8 UW-Stevens Poir	4:18.15c (4:21.57f)	1/25
5		Elena Fuglestad, Sidney Gronski, Jazzmine Jones, Brielle Kuechle	#4 UW-River Falls	4:21.12c (4:24.58f)	12/14
6		Leah Digmann, Kendra Downing, Ava Garrard, Hannah Fliss	#7 UW-Platteville	4:26.24c (4:29.77f)	1/25

Women's Distance Medley Relay

1	22	Katie Erb, Emma Henningfeld, Kaitlyn Burke, Brinley Everson	#5 UW-Whitewater	13:16.03c (13:24.55f)	1/25
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Women's High Jump

1	4	Macie TODD	SR	#1 UW-La Crosse	1.69m	5-6½	1/25
2	12	Hailey CAMPBELL	SO	#7 UW-Platteville	1.65m	5-5	1/25
3	24	McKailey REISEN	FR	#3 UW-Eau Claire	1.62m	5-3¾	1/18
3	24	Bella HOOKER	FR	#3 UW-Eau Claire	1.62m	5-3¾	1/18
5	34	Madeline ZIRBEL	JR	#8 UW-Stevens Poir	1.60m	5-3	1/18
5	34	Brielle KUECHLE	FR	#4 UW-River Falls	1.60m	5-3	12/14
5	34	Laura BERTRANG	SO	#3 UW-Eau Claire	{3} 1.60m	5-3	1/25
8	50	Izzy BENDER	FR	#1 UW-La Crosse	{2} 1.59m	5-2½	1/25
8	50	Hannah ZASTROW	SR	#6 UW-Stout	1.59m	5-2½	1/25
10	66	Emilee BOOKER	SR	#3 UW-Eau Claire	{4} 1.57m	5-1¾	1/18
10	66	Emma GRUEN	SR	#3 UW-Eau Claire	{4} 1.57m	5-1¾	1/18
10	66	Ella WILLIAMSON	SR	#3 UW-Eau Claire	{4} 1.57m	5-1¾	1/18
10	66	Alyssa DRAHEIM	SO	#3 UW-Eau Claire	{4} 1.57m	5-1¾	1/18
10	66	Lauryn RUSTAD	SO	#3 UW-Eau Claire	{4} 1.57m	5-1¾	1/18

Women's Pole Vault

1	1	Gracie HOLLAND	SR	#5 UW-Whitewater	4.02m	13-2¼	1/25
2	6	Leah ZASTROW	JR	#6 UW-Stout	3.78m	12-4¾	1/25
2	6	Maddy HABBERSTAD	SO	#1 UW-La Crosse	3.78m	12-4¾	1/25
4	9	Annika GUNDERSON	JR	#4 UW-River Falls	3.71m	12-2	12/14
5	10	Haley BLAGDON	SR	#3 UW-Eau Claire	3.70m	12-1½	1/25
6	12	Marisa HARVEY	SO	#1 UW-La Crosse	{2} 3.68m	12-¾	1/25
7	27	Emily SHAFRON	JR	#1 UW-La Crosse	{3} 3.53m	11-7	1/25
7	27	Araceli DE LEO LOPEZ	JR	#1 UW-La Crosse	{3} 3.53m	11-7	1/25
9	53	Gabby PATTERSON	FR	#1 UW-La Crosse	{5} 3.38m	11-1	1/25
9	53	Jackie BERGERON	FR	#1 UW-La Crosse	{5} 3.38m	11-1	1/25
9	53	Nina MORRISON	SR	#1 UW-La Crosse	{5} 3.38m	11-1	1/25
9	53	Amanda VANCALSTER	FR	#1 UW-La Crosse	{5} 3.38m	11-1	1/25

Women's Long Jump

1	2	Megan HUNT	SR	#2 UW-Oshkosh	5.86m	19-2¾	12/7
2	9	Maya EVANS	JR	#1 UW-La Crosse	5.72m	18-9¼	1/25
3	13	Jenna MILLER	JR	#1 UW-La Crosse	{2} 5.60m	18-4½	1/25
4	19	Ava FOLEY	JR	#1 UW-La Crosse	{3} 5.54m	18-2¼	1/25
5	21	Brielle KUECHLE	FR	#4 UW-River Falls	5.50m	18-½	1/18
5	21	Alison DAUGHERTY	SO	#1 UW-La Crosse	{4} 5.50m	18-½	1/25
5	21	Ashley DAVIES	SO	#1 UW-La Crosse	{4} 5.50m	18-½	1/25
8	31	Gracie HOLLAND	SR	#5 UW-Whitewater	5.45m	17-10¾	1/25
9	48	Jenna DRISCOLL	SR	#6 UW-Stout	5.37m	17-7½	1/25
10	61	Audrey BRAUN	JR	#1 UW-La Crosse	{6} 5.31m	17-5¼	1/25

Women's Triple Jump

1	8	Samantha BARRETT	SR	#1 UW-La Crosse	11.93m	39-1¾	1/25
2	14	Mackenzey KRONBERG	JR	#1 UW-La Crosse	{2} 11.52m	37-9½	1/25
3	31	Emily BLASKOWSKI	SO	#1 UW-La Crosse	{3} 11.20m	36-9	1/25
4	45	Jaden HACKEL	FR	#1 UW-La Crosse	{4} 11.00m	36-1¼	1/25
5	55	Anna THALER	FR	#3 UW-Eau Claire	10.90m	35-9¼	1/25
6	86	Isabelle JAENICKE	FR	#6 UW-Stout	10.70m	35-1¼	1/25
7	92	Ally AMUNDSON	JR	#6 UW-Stout	{2} 10.66m	34-11¾	1/25
8	100	Makaiah KEMPE	FR	#4 UW-River Falls	10.63m	34-10½	12/14
9		Grace BROWN	SO	#3 UW-Eau Claire	{2} 10.62m	34-10¼	1/25
9		Brenna SCHWARTZ	JR	#4 UW-River Falls	{2} 10.62m	34-10¼	12/14

Women's Shot Put

1	4	Brenna MASLOROFF	SR	#2 UW-Oshkosh	13.66m	44-9¾	12/7
2	6	Brenna NOON	SR	#7 UW-Platteville	13.62m	44-8¼	1/25
3	15	Kayla BEHNKE	JR	#3 UW-Eau Claire	13.05m	42-9¾	1/18
4	18	Madilyn VANDER SANDEN	SO	#1 UW-La Crosse	13.01m	42-8¼	1/25
5	27	Lincoln WELLSMITH	JR	#6 UW-Stout	12.81m	42-½	1/25
6	30	Addy MOSELER	FR	#1 UW-La Crosse	{2} 12.75m	41-10	1/25
7	39	Alexis KOCH	FR	#4 UW-River Falls	12.62m	41-5	1/25
8	59	Georgia MUNDT	FR	#4 UW-River Falls	{2} 12.30m	40-4¼	1/25
9	64	Lauryn SCHUTZ	FR	#4 UW-River Falls	{3} 12.25m	40-2¼	12/14
10	95	Kenni CZARNECKI	SR	#5 UW-Whitewater	11.95m	39-2½	1/18



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Conference TFRI Event Summary

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WIAC

as of 1/28/2025 9:16:47 AM ET

Women's Weight Throw

1	3	Kayla BEHNKE	JR	#3 UW-Eau Claire	18.63m	61-1½	1/18
2	4	Brenna MASLOROFF	SR	#2 UW-Oshkosh	18.38m	60-3¾	1/25
3	5	Teagan JONES	SR	#3 UW-Eau Claire {2}	18.28m	59-11¾	1/25
4	6	Kenni CZARNECKI	SR	#5 UW-Whitewater	18.11m	59-5	1/25
5	10	Aubree KOENINGS	SO	#6 UW-Stout	17.67m	57-11¾	1/25
6	25	Maddie RAHMAN	SO	#3 UW-Eau Claire {3}	16.00m	52-6	1/25
7	33	Abi MASLOROFF	SO	#2 UW-Oshkosh {2}	15.57m	51-1	1/25
8	39	Bobbi BLAHNIK	SR	#2 UW-Oshkosh {3}	15.45m	50-8¼	1/18
9	53	Amelia RETZLAFF	SR	#8 UW-Stevens Poir	15.21m	49-11	1/25
10	54	Lauryn SCHUTZ	FR	#4 UW-River Falls	15.20m	49-10½	1/25

Women's Pentathlon

1	3	Megan HUNT	SR	#2 UW-Oshkosh	3,482	12/7
2	11	Brielle KUECHLE	FR	#4 UW-River Falls	3,165	1/25
3	21	Haylie RASMUSSEN	SO	#4 UW-River Falls {2}	2,962	1/25
4	41	Halle MEYER	SO	#2 UW-Oshkosh {2}	2,593	12/7
5	61	Lauren MACHACEK	FR	#4 UW-River Falls {3}	2,327	1/25
6	62	Katherine BRAUN	FR	#2 UW-Oshkosh {3}	2,277	12/7
7	69	Elena FUGLESTAD	SO	#4 UW-River Falls {4}	2,063	1/25
8	74	Jacklyn TEPLEY	FR	#4 UW-River Falls {5}	1,908	1/25