



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Week #1, January 28



East

as of 1/28/2025 9:16:07 AM ET

## Women's 60 Meters

1	25	Aryianna GARCEAU	JR	#10 UMass Boston	7.76	1/18
2	27	Simone WAHEED	SO	#3 Colby	7.77	12/6
3	38	Kiara ABRANTES	SR	#5 Bridgewater Sta	7.82	1/18
4	56	Jailene ESCALERA	SR	#5 Bridgewater Sta	{2} 7.88	1/18
4	56	Amaris GOODWIN	SR	#11 Gordon (Mass.)	7.88	12/7
6	62	Janiah YOUNG	JR	#7 Southern Maine	7.89	1/11
7	82	Sophia YOUNG	SO	#6 Bowdoin	7.94	1/17
7	82	Michaina LORISTON	JR	#16 Wheaton (Mass.)	7.94	1/25
7	82	Simi LAVAL	SO	#2 Tufts	7.94	1/18
10	100	Jainaba CONTEH	SO	#8 Suffolk	7.97	1/18
10	100	Rayna THOMPSON	FR	#20 WPI	7.97	1/25
10	100	Savanna VARGAS	SO	#16 Wheaton (Mass.)	{2} 7.97	1/25
10	100	Kennedy KIRKLAND	SO	#6 Bowdoin	{2} 7.97	12/7

## Women's 60 Meter Hurdles

1	1	Aryianna GARCEAU	JR	#10 UMass Boston	8.65	1/11
2	7	Alison MCDONOUGH	SR	#5 Bridgewater Sta	8.84	1/18
3	51	Emma BURR	SO	#13 Thomas (Maine)	9.25	1/25
4	53	Erica JOHNSON	JR	#17 UMaine Farming	9.26	12/6
5	77	Molly LU MCKELLAR	JR	#12 Keene State	9.37	1/25
6		Bailey STODDARD-BAUGHMAN	FR	#8 Suffolk	9.47	12/7
7		Isa MOUSTAKAS	FR	#7 Southern Maine	9.50	12/14
8		Juno ROGERS	FR	#4 Bates	9.51	1/18
9		Lila BRILLHART	FR	#23 Colby-Sawyer	9.54	12/7
10		Corryn FISHER	JR	#20 WPI	9.56	1/25

## Women's 200 Meters

1	8	Kiara ABRANTES	SR	#5 Bridgewater Sta	24.88c (25.26f)	1/18
2	24	Fiona MEJICO	SR	#3 Colby	25.42	1/26
3	28	Aryianna GARCEAU	JR	#10 UMass Boston	25.47	12/7
3	28	Simone WAHEED	SO	#3 Colby	{2} 25.47c (25.86f)	12/6
5	34	Amaris GOODWIN	SR	#11 Gordon (Mass.)	25.51	12/7
6	41	Kennedy KIRKLAND	SO	#6 Bowdoin	25.57	1/26
7	45	Jailene ESCALERA	SR	#5 Bridgewater Sta	{2} 25.60c (25.99f)	1/18
8	52	Marina MILLER	SR	#1 MIT	25.67	1/25
9	57	Janiah YOUNG	JR	#7 Southern Maine	25.73c (26.13f)	12/14
10	77	Olivia DIAS	SR	#1 MIT	{2} 25.87	1/25

## Women's 400 Meters

1	10	Kiara ABRANTES	SR	#5 Bridgewater Sta	56.65	12/14
2	11	Fiona MEJICO	SR	#3 Colby	57.01	1/26
3	17	Marina MILLER	SR	#1 MIT	57.72	1/25
4	41	Hannah BOHBOT-DRIDI	SR	#9 Brandeis	58.73c (59.51f)	1/25
5	45	Olivia DIAS	SR	#1 MIT	{2} 58.81	1/25
6	71	Tally ZELLER	JR	#3 Colby	{2} 59.61	1/26
6	71	Amaris GOODWIN	SR	#11 Gordon (Mass.)	59.61	1/18
8	82	Shreya KALYAN	JR	#1 MIT	{3} 59.78	1/25
9	84	Makayla MORIARTY	FR	#2 Tufts	59.79	1/26
10	86	Emily CONCEPCION	SR	#8 Suffolk	59.86	12/7

## Women's 800 Meters

1	2	Krystal MONTGOMERY	JR	#1 MIT	2:11.35	1/25
2	28	Kaitlyn EWALD	SO	#3 Colby	2:16.86	1/26
3	35	Olivia DIAS	SR	#1 MIT	{2} 2:18.03	12/7
4	61	Astrid MCGUIRE	FR	#6 Bowdoin	2:20.43	1/26
5	68	Fiona MEJICO	SR	#3 Colby	{2} 2:20.81c (2:22.43f)	12/6
6	69	Amalia DORION	SR	#8 Suffolk	2:20.86	1/11
7	71	Rose KAROW	SO	#14 Plymouth State	2:20.93c (2:22.55f)	1/18
8	83	Jacqueline EARNER	JR	#10 UMass Boston	2:21.60c (2:23.23f)	1/25
9	84	Michelle BARNES	SO	#3 Colby	{3} 2:21.69c (2:23.32f)	12/6
10		Carly RINKO	SR	#2 Tufts	2:23.11	1/26

## Women's Mile

1	3	Kate SANDERSON	JR	#1 MIT	4:53.22	1/25
2	16	Liv GIRAND	SO	#1 MIT	{2} 4:59.91	1/25
3	27	Amalia DORION	SR	#8 Suffolk	5:02.62	1/11
4	46	Heather JENSEN	SO	#1 MIT	{3} 5:06.80	1/25
5	50	Lexi DEAN	JR	#2 Tufts	5:07.56	1/26
6	84	Eleanor WHITEHOUSE	FR	#2 Tufts	{2} 5:12.29c (5:15.38f)	1/18
7		Megan DIULUS	SO	#1 MIT	{4} 5:14.54	1/25
8		Naomi CASS	SO	#5 Bridgewater Sta	5:14.94c (5:18.05f)	1/18
9		Carolyn DAY	SR	#11 Gordon (Mass.)	5:16.86	1/18
10		Angelina HICKEY	FR	#6 Bowdoin	5:16.89	1/26

## Women's 3000 Meters

1	22	Amalia DORION	SR	#8 Suffolk	9:59.90	1/25
2	27	Christina CROW	SR	#1 MIT	10:01.54	12/7
3	44	Naomi CASS	SO	#5 Bridgewater Sta	10:10.47	1/25
4	67	Lexi DEAN	JR	#2 Tufts	10:18.72	12/7
5	82	Claire BEEBE	SR	#3 Colby	10:22.11c (10:27.44f)	1/18
6	92	Phoebe POHL	SR	#4 Bates	10:24.15c (10:29.50f)	1/18
7	96	Elizabeth DONAHUE	JR	#2 Tufts	{2} 10:25.06	1/26
8		Leah WHITE	SO	#4 Bates	{2} 10:27.66	12/7
9		Katya HENISZ	SO	#2 Tufts	{3} 10:28.40	1/26
10		Isabelle DEMERITT	SR	#4 Bates	{3} 10:29.84c (10:35.24f)	1/18

## Women's 5000 Meters

1	6	Rujuta SANE	JR	#1 MIT	16:48.09	12/7
2	7	Kate SANDERSON	JR	#1 MIT	{2} 16:52.40	12/7
3	9	Rachel BRENNAN	SR	#11 Gordon (Mass.)	16:53.00	12/7
4	14	Liv GIRAND	SO	#1 MIT	{3} 17:04.58	12/7
5	26	Elizabeth DONAHUE	JR	#2 Tufts	17:36.31	12/7
6	45	Amalia DORION	SR	#8 Suffolk	17:55.23	12/7
7	53	Naomi CASS	SO	#5 Bridgewater Sta	17:59.00	1/11
8	60	Grace OGDEN	JR	#2 Tufts	{2} 18:10.65	12/7
9	67	Phoebe POHL	SR	#4 Bates	18:17.59	12/7
10	68	Sydney FOGG	SR	#8 Suffolk	{2} 18:17.68	12/7



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WOMEN — 2025 Week #1, January 28



East

as of 1/28/2025 9:16:07 AM ET

## Women's 4x400 Relay

1	8	Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico, Charlotte Brake-Hoffman	#3 Colby	3:56.42c (3:59.55f)	1/18
2	9	Arielle Chechile, Harper Meek, Annika Kral, Emma Smith	#2 Tufts	3:58.17c (4:01.33f)	1/18
3	44	Alexis Karantz, Allie Kimball, Mya Austin, Heaven Conley	#7 Southern Maine	4:07.79c (4:11.08f)	12/14
4	56	Madison Alves, Graca Bila, Lia Traficante, Dara Salka	#4 Bates	4:10.89	1/11
5	67	Kiara Abrantes, Grace Inacio, Bella Grover, Kate Brown	#5 Bridgewater Sta	4:12.67	1/25
6	69	Amanda Walden, Kaylie Groom, Shannon Groom, Emily Concepcion	#8 Suffolk	4:12.91	1/18
7	89	Aoife Fitzgerald, Sara Maeve Klingensmith, Claire Peng, Charlie Barron	#22 Wellesley	4:16.37c (4:19.77f)	1/25
8		Joy Sefilino, Jenna Lindsay, Emily Bengtson, Amaris Goodwin	#11 Gordon (Mass.)	4:18.31	1/18
9		Kristen Raferty, Caroline Carey, Olivia Costa, Aida Davis	#19 Emmanuel (Mas)	4:23.87	12/7
10		Catherine Uwakwe, Anna Kim, Arly Rodriguez, Rose Jenkins	#6 Bowdoin	4:24.37	1/26

## Women's Distance Medley Relay

1	10	Lexi Dean, Carly Rinko, Samara McVey, Taylor Neldner	#2 Tufts	12:52.07	1/26
2	16	#Type!	#12 Keene State	13:02.01c(13:10.38f)	1/18
3	26	Abby Marston, Haley Greenwood, Abby Snow, Rose Karow	#14 Plymouth State	13:34.76	1/25
4	27	Meadow Gregory, Evelyn Marchand, Livi Sonne, Mikayla Ferguson	#4 Bates	13:35.14	1/26
5	36	Anna MacDonald, Kennedy Todd, Lina Martinez Nocito, Eve Poteet	#17 UMaine Farming	14:15.20c(14:24.36f)	12/6
6	39	Grace Bedore, Mackenzie Emerson, Madelaine Jackson, Abby Hunt	#15 Husson	14:21.27c(14:30.49f)	12/13
7	41	AnnMarie Limberger, Anabel Melanson, Whitney Davenport, Julia Szewc	#7 Southern Maine	14:27.55	1/25
8	43	#Type!	#23 Colby-Sawyer	14:35.07c(14:44.44f)	1/18
9	48	Savaughn Kungxat-Facenda, Rebekah Ireland, Amanda Winslow, Emma Burr	#13 Thomas (Maine)	15:00.80	1/25

## Women's High Jump

1	7	Aïana COLAS	FR	#9 Brandeis	1.67m	5-5¾	1/25
2	9	Serenity SANDS	SR	#5 Bridgewater Sta	1.66m	5-5¾	1/18
2	9	Lexi KING	SO	#2 Tufts	1.66m	5-5¾	1/18
4	27	Averie DENELLE	FR	#8 Suffolk	1.61m	5-3¾	1/25
5	58	Katherine KEMPFF	JR	#1 MIT	1.58m	5-2¼	1/11
5	58	Alannah ARDREY	SO	#4 Bates	1.58m	5-2¼	1/11
7	80	Nina GREGORY	JR	#15 Husson	1.56m	5-1¼	12/7
7	80	Emma BURR	SO	#13 Thomas (Maine)	1.56m	5-1¼	12/6
7	80	Juliana PATRONE	SR	#5 Bridgewater Sta{2}	1.56m	5-1¼	1/18
7	80	Arielle CHECHILE	FR	#2 Tufts	{2} 1.56m	5-1¼	1/18
7	80	Harper MEEK	SR	#2 Tufts	{2} 1.56m	5-1¼	1/26
7	80	Dorinda OKORJI	SR	#10 UMass Boston	1.56m	5-1¼	1/25
7	80	Autumn GERRY	JR	#7 Southern Maine	1.56m	5-1¼	1/18
7	80	Ani FLYNN	FR	#14 Plymouth State	1.56m	5-1¼	12/6
7	80	Rose JENKINS	SO	#6 Bowdoin	1.56m	5-1¼	1/26
7	80	Campbell JOHNSON	FR	#4 Bates	{2} 1.56m	5-1¼	1/18



## Regional TFRI Event Summary



East

as of 1/28/2025 9:16:08 AM ET

## Women's Pole Vault

1	3	Hailey SURACE	JR	#1 MIT	3.90m	12-9½	1/11
2	4	Sarah FIRTH	SR	#2 Tufts	3.86m	12-8	1/26
3	10	Katelyn HOWARD	JR	#1 MIT	{2} 3.70m	12-1½	1/25
4	20	Alisha ANDERSON	JR	#9 Brandeis	3.55m	11-7¾	1/18
5	35	Elise DOYLE	FR	#1 MIT	{3} 3.45m	11-3¾	1/11
6	46	Emma GALL	SO	#2 Tufts	{2} 3.40m	11-1¾	1/18
7	86	Nyla THOMPSON	SR	#2 Tufts	{3} 3.25m	10-8	1/18
7	86	Sonia KATAHDIN	FR	#6 Bowdoin	3.25m	10-8	1/17
7	86	Devyn BATTISTONI	SO	#8 Suffolk	3.25m	10-8	1/25
7	86	Riley REITCHEL	JR	#7 Southern Maine	3.25m	10-8	12/14
7	86	Natalie GERMANOV	FR	#2 Tufts	{3} 3.25m	10-8	1/18

## Women's Long Jump

1	10	Kennedy KIRKLAND	SO	#6 Bowdoin	5.68m	18-7¾	1/26
2	53	Kason HUYNH	SO	#19 Emmanuel (Mass)	5.35m	17-6¾	12/7
3	61	Natasha MONREAL	FR	#15 Husson	5.31m	17-5¼	1/17
3	61	Dorinda OKORJI	SR	#10 UMass Boston	5.31m	17-5¼	1/25
3	61	Elysse CUMBERLAND	FR	#2 Tufts	5.31m	17-5¼	1/18
3	61	Khalsa HAMMITH	FR	#7 Southern Maine	5.31m	17-5¼	1/11
7	84	Jordan ANDREW	SR	#2 Tufts	{2} 5.28m	17-4	1/26
8	97	Ciara ADU-ADDIO	SO	#21 Worcester State	5.24m	17-2¼	1/25
9		Olivia JALBERT	SR	#7 Southern Maine	{2} 5.17m	16-11½	12/14
10		Aryianna GARCEAU	JR	#10 UMass Boston	{2} 5.16m	16-11¼	1/18

## Women's Triple Jump

1	6	Sarai SEALY	FR	#9 Brandeis	11.97m	39-3¼	1/18
2	16	Nony OTU UGWU	JR	#1 MIT	11.50m	37-8¾	12/7
3	25	Shaniece NUGENT	SR	#9 Brandeis	{2} 11.30m	37-1	1/25
4	26	Jordan ANDREW	SR	#2 Tufts	11.29m	37-½	1/18
5	42	Alannah ARDREY	SO	#4 Bates	11.06m	36-3½	1/26
6	44	Elysse CUMBERLAND	FR	#2 Tufts	{2} 11.02m	36-2	1/26
7	84	Campbell JOHNSON	FR	#4 Bates	{2} 10.71m	35-1¾	1/18
8	87	Tamia DUBIDAD	JR	#2 Tufts	{3} 10.69m	35-1	1/18
9	96	Natasha MONREAL	FR	#15 Husson	10.65m	34-11¼	12/7
9	96	Nora JEAN-JACQUES	SO	#2 Tufts	{4} 10.65m	34-11¼	1/26

## Women's Shot Put

1	1	Alexis BOYKIN	SR	#1 MIT	15.12m	49-7¼	1/18
2	32	Zoe BARNES	SR	#7 Southern Maine	12.73m	41-9¼	12/14
3	33	Emily BALL	SR	#1 MIT	{2} 12.71m	41-8½	1/11
4	81	Emma GIBBENS	SR	#6 Bowdoin	12.08m	39-7¾	1/26
5		Kate HOCKENBURY	SR	#18 UMass Dartmouth	11.77m	38-7½	1/25
6		Molly LU MCKELLAR	JR	#12 Keene State	11.73m	38-6	1/18
7		Mardy NOVAK	SO	#6 Bowdoin	{2} 11.66m	38-3¼	1/17
8		Neisha BOITEUX	SR	#18 UMass Dartmouth	{2} 11.49m	37-8½	1/18
9		Jadah STOKES	SO	#21 Worcester State	11.38m	37-4	12/7
10		Emily HESKETH	SO	#18 UMass Dartmouth	{3} 11.22m	36-9¾	1/18

## Women's Weight Throw

1	1	Alexis BOYKIN	SR	#1 MIT	20.12m	66-¼	1/25
2	19	Carli CIAVARELLI	JR	#4 Bates	16.63m	54-6¾	12/7
3	31	Anika WAGNER	JR	#16 Wheaton (Mass.)	15.60m	51-2¼	1/18
4	42	Alivia GERAGHTY	SO	#11 Gordon (Mass.)	15.40m	50-6¼	1/18
5	45	Zoe BARNES	SR	#7 Southern Maine	15.39m	50-6	1/11
6	56	Lilia OULD-HAMMOU	JR	#1 MIT	{2} 15.19m	49-10	12/7
7	78	Cecilia LABARGE	SO	#2 Tufts	14.93m	48-11¾	1/18
8	88	Mardy NOVAK	SO	#6 Bowdoin	14.78m	48-6	12/7
9		Elizabeth GRAHAM	SR	#2 Tufts	{2} 14.50m	47-7	1/26
10		Emma LIU	JR	#9 Brandeis	13.87m	45-6¼	1/18

## Women's Pentathlon

1	13	Emma BURR	SO	#13 Thomas (Maine)	3,137		1/18
2	16	Molly LU MCKELLAR	JR	#12 Keene State	3,063		12/14
3	23	Fiona MEJICO	SR	#3 Colby	2,943		12/6
4	33	Juno ROGERS	FR	#4 Bates	2,774		1/18
5	58	Michelle BARNES	SO	#3 Colby	{2} 2,354		12/6
6	66	Carrie BURR	SR	#17 UMaine Farming	2,117		12/6
7	67	Carly BUCK	SO	#4 Bates	{2} 2,090		1/18
8	75	Sarah LENOX	FR	#3 Colby	{3} 1,833		12/6



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Great Lakes

as of 1/28/2025 9:16:08 AM ET

## Women's 60 Meters

1	6	Madjo DOUMBIA	SR	#4 Centre	7.66	12/7
2	33	Jaleesa HERMAN	JR	#14 Berea (Ky.)	7.80	12/7
3	36	Dakota HOUSTON	FR	#6 John Carroll	7.81	1/17
4	41	Kymiah BLAIR	SR	#14 Berea (Ky.)	{2} 7.83	1/18
5	56	Paige SIMPSON	SO	#2 Ohio Northern	7.88	1/25
6	62	Sara SCHERMERHORN	JR	#8 Hope	7.89	1/18
6	62	Katherine DORTMUND	FR	#9 Ohio Wesleyan	7.89	1/18
8	82	Sydney RADIGAN	JR	#7 Calvin	7.94	1/25
9	91	Mackenzie MILLER	SR	#5 Trine	7.95	12/7
9	91	Meghan FRAZIER	SR	#3 Wittenberg	7.95	1/18

## Women's 60 Meter Hurdles

1	13	Katherine DORTMUND	FR	#9 Ohio Wesleyan	8.90	1/25
1	13	Jameire HONZU	FR	#12 Baldwin Wallace	8.90	1/25
3	26	Liberty SCOTT	SO	#13 DePauw	9.09	12/7
4	46	Daysia HARGRAVE	SR	Wooster	9.22	1/18
5	55	Mira RENALDI	FR	#25 Denison	9.28	12/7
6	64	Katie MOORE	SR	#13 DePauw	{2} 9.33	12/7
7	80	Ashley COCKRELL	SO	#1 Mount Union	9.38	12/7
8	81	Alexandria MASDEN	FR	#4 Centre	9.39	12/7
9	93	Je'Leycia PROCTER	FR	#2 Ohio Northern	9.43	1/17
10		Isabelle HENDERSON	FR	#3 Wittenberg	9.46	1/25

## Women's 200 Meters

1	6	Madjo DOUMBIA	SR	#4 Centre	24.69c (25.07f)	12/7
2	7	Sara SCHERMERHORN	JR	#8 Hope	24.80 OT	12/6
3	28	Madison MILES	SR	#1 Mount Union	25.47c (25.86f)	12/7
4	31	Chloe HEIN	SO	#4 Centre	{2} 25.48c (25.87f)	12/7
5	33	Tatum WALSH	FR	#2 Ohio Northern	25.49c (25.88f)	1/17
6	47	Shelby STALL	SO	#13 DePauw	25.61c (26.00f)	12/7
7	56	Sydney RADIGAN	JR	#7 Calvin	25.72	1/25
8	70	Olivia SPARKS	SO	#21 Transylvania	25.84	1/24
9	71	Abby COLLIER	SR	#12 Baldwin Wallace	25.85 OT	1/25
10	80	Meghan FRAZIER	SR	#3 Wittenberg	25.91 OT	12/7

## Women's 400 Meters

1	2	Sara SCHERMERHORN	JR	#8 Hope	55.41 OT	12/6
2	12	Meghan FRAZIER	SR	#3 Wittenberg	57.22 OT	1/25
3	18	Madison MILES	SR	#1 Mount Union	57.77c (58.53f)	12/7
4	37	Catherine LEAHY	JR	#8 Hope	{2} 58.64c (59.41f)	1/24
5	41	Abby COLLIER	SR	#12 Baldwin Wallace	58.73 OT	1/25
6	68	Rose TALBERT	SO	Rose-Hulman	59.55 OT	12/7
7	76	Mary MASON	SR	#1 Mount Union	{2} 59.71 OT	1/18
8	79	Halle COCHRAN	SR	#1 Mount Union	{3} 59.73c (1:00.52f)	12/7
9	90	Olivia SPARKS	SO	#21 Transylvania	59.96	1/24
10		Cora LISKAI	FR	#1 Mount Union	{4} 1:00.45c (1:01.25f)	12/7

## Women's 800 Meters

1	21	Mary MASON	SR	#1 Mount Union	2:16.47 OT	1/25
2	41	Jessica CAMPBELL	SR	#15 Franciscan	2:18.71 OT	1/17
3	59	Abigail DERRY	JR	#19 Muskingum	2:20.35c (2:21.96f)	1/25
4	77	Halle COCHRAN	SR	#1 Mount Union	{2} 2:21.42 OT	1/25
5	88	Sage SERRAINO	SR	Oberlin	2:21.84c (2:23.47f)	1/25
6	91	Lauren DOSCH	SO	#15 Franciscan	{2} 2:21.97 OT	1/17
7	100	Meghan SCHWARTZ	FR	#1 Mount Union	{3} 2:22.41 OT	1/25
8		Chesnee MILLER	FR	#18 Manchester	2:22.62	1/24
9		Halle OVERMIRE	SO	#5 Trine	2:22.76c (2:24.40f)	1/18
10		Gianini VENUTO	SR	#1 Mount Union	{4} 2:22.93 OT	1/18

## Women's Mile

1	5	Faith DUNCAN	JR	#11 Wilmington (Ohi)	4:54.61c (4:57.52f)	1/25
2	31	Natalie TEBBEN	SR	#7 Calvin	5:04.52	1/25
3	44	Bailey PUCKETT	JR	#5 Trine	5:06.52c (5:09.55f)	1/18
4	47	Sophie BULL	JR	#7 Calvin	{2} 5:07.00	1/25
5	59	Courtney STUDY	FR	#5 Trine	{2} 5:09.30c (5:12.36f)	1/18
6	68	Gianini VENUTO	SR	#1 Mount Union	5:11.13 OT	1/18
7	86	Allison DIETZ	SO	#9 Ohio Wesleyan	5:12.67c (5:15.76f)	1/25
8	95	Zoe WARD	SO	#9 Ohio Wesleyan	{2} 5:13.54c (5:16.64f)	1/25
9	97	AnnaSophia GOWER	SO	#2 Ohio Northern	5:13.77c (5:16.87f)	1/25
10		Jessica CAMPBELL	SR	#15 Franciscan	5:14.14c (5:17.25f)	1/25

## Women's 3000 Meters

1	21	Faith DUNCAN	JR	#11 Wilmington (Ohi)	9:59.60c (10:04.74f)	1/18
2	36	Gianini VENUTO	SR	#1 Mount Union	10:06.34 OT	1/25
3	39	Lauren IAGNEMMA	JR	#10 Case Western Re	10:08.21c (10:13.42f)	1/25
4	40	Abby SCHROFF	JR	#6 John Carroll	10:08.55 OT	1/25
5	55	Natalie TEBBEN	SR	#7 Calvin	10:15.39 OT	12/6
6	69	Sidney SWICK	JR	#5 Trine	10:19.45c (10:24.76f)	1/18
7	85	Chloe BONSON	JR	#17 Allegheny (Pa.)	10:22.73c (10:28.06f)	1/18
8	93	Eleanor YOUNG	JR	#5 Trine	{2} 10:24.44c (10:29.79f)	1/18
9	94	Hailey ERICKSON	SO	#7 Calvin	{2} 10:24.46	1/25
10	95	Annie HIGGINS	SR	#6 John Carroll	{2} 10:24.49 OT	1/25

## Women's 5000 Meters

1	1	Faith DUNCAN	JR	#11 Wilmington (Ohi)	16:07.53 OT	12/6
2	8	Sophie BULL	JR	#7 Calvin	16:52.99 OT	12/6
3	32	Bailey PUCKETT	JR	#5 Trine	17:41.45 OT	12/6
4	38	Sophie BOULDIN	JR	#4 Centre	17:47.35c (17:55.52f)	12/7
5	42	Gianini VENUTO	SR	#1 Mount Union	17:52.86 OT	12/6
6	47	Eleanor YOUNG	JR	#5 Trine	{2} 17:56.51 OT	12/6
7	49	Sidney SWICK	JR	#5 Trine	{3} 17:57.05 OT	12/6
8	63	Chloe GOODRICH	SR	#5 Trine	{4} 18:14.52 OT	12/6
9	70	Ashley HOCKSTOK	SR	#2 Ohio Northern	18:17.96c (18:26.36f)	1/25
10	81	Hannah PARKER	SR	#5 Trine	{5} 18:28.86 OT	12/6



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Week #1, January 28



## Great Lakes

as of 1/28/2025 9:16:08 AM ET

### Women's 4x400 Relay

1	15	Ainsley Wilson, Alexandria Masden, Chloe Hein, Madjo Dolumbia	#4 Centre	4:00.31c (4:03.50f)	12/7
2	19	Abigail Danne, Meghan Frazier, Isabelle Henderson, Victoria Pipinich	#3 Wittenberg	4:02.19 OT	1/25
3	22	Catherine Leahy, Sofia Fisher, Frances Cozzens, Sara Schermerhorn	#8 Hope	4:02.88 OT	1/18
4	26	Dakota Houston, Sandra King, Kaleigh McNamara, Ellie Kitsmiller	#6 John Carroll	4:04.51 OT	1/25
5	30	Abby Collier, Hope Murphy, Jameire Honzu, Morgan Aloï	#12 Baldwin Wallace	4:05.35 OT	1/25
6	48	Katerina Kovalevskaya, Kymiah Blair, Kristin Fischli, Ashyia Maddicks	#14 Berea (Ky.)	4:09.11c (4:12.41f)	1/18
7	53	Kristen Walters, Halle Cochran, Paula Incorvati, Cora Liskai	#1 Mount Union	4:09.84 OT	1/25
8	60	Abbey Rowe, Hannah Cox, Kaycee Moore, Olivia Sparks	#21 Transylvania	4:11.44	1/24
9	63	Audrey Howell, Jessie Bossenbroek, Peyton Ludwig, Natalie Tebben	#7 Calvin	4:11.93	1/25
10	76	Adrienne Jackson, Sophia Peter, Aniyah Small, Ariana Todd	#5 Trine	4:14.66c (4:18.04f)	1/25

### Women's Distance Medley Relay

1	8	Abby Schroff, Paige Munchick, Natalie Chryst, Meah Prutzman	#6 John Carroll	12:43.94 OT	1/25
2	19	McKenna Downing, River Hamilton, Alyssa Henry, Elsa Hoam	#9 Ohio Wesleyan	13:06.87c (13:15.30f)	1/18
3	20	Hayden Setty, Chloe Lovett, Haley Cook, Faith Duncan	#11 Wilmington (Ohi)	13:07.15c (13:15.58f)	1/18
4	30	Sophia Sanford, Madelyn Strauss, Jordan Fox, Melanie Werner	#22 Alma	13:55.47c (14:04.43f)	1/17
5	31	Aly Kolonchuk, Kyngston Collins, Riley Colestock, Emily Zmuda	#3 Wittenberg	13:57.26c (14:06.23f)	1/18
6	34	Julia Gooding, Anna Packer, Sicilia Eshman, Amanda Zerhusen	Mount St. Josepl	14:07.67c (14:16.75f)	1/11
7	44	Kylie Moser, Frances Popik, Alisah Ward, Kairi Etsitty	Hiram	14:35.95 OT	1/25
8	47	Muskan Jamshed, Eryn Rataiczak, Avory Hamblen, Reganne Piercy	Spalding	14:47.59c (14:57.10f)	1/11

### Women's High Jump

1	6	Serena MCNEILLY	SO	#4 Centre	1.68m	5-6	12/7
2	7	Alysia TOWNSEND	FR	Adrian	1.67m	5-5¾	12/7
3	12	Taylor WEISS	SR	#3 Wittenberg	1.65m	5-5	1/18
4	21	Emersyn GERKEN	FR	#2 Ohio Northern	1.63m	5-4¼	1/17
5	27	Julissa WILLIAMS	SR	#3 Wittenberg	{2} 1.61m	5-3¼	12/7
6	34	Michaela BRYAN	SR	#6 John Carroll	1.60m	5-3	12/7
6	34	Riley HEITKAMP	JR	#2 Ohio Northern	{2} 1.60m	5-3	1/17
6	34	Helena SNYDER	SR	#22 Alma	1.60m	5-3	1/17
6	34	Rylee GORRELL	SO	#12 Baldwin Wallace	1.60m	5-3	1/25
10	100	Kennadi LAKINS	JR	Hanover	1.55m	5-1	1/17
10	100	Taylor ROARK	SR	#21 Transylvania	1.55m	5-1	1/24
10	100	Katelynn EBERHARDT	FR	#1 Mount Union	1.55m	5-1	1/25
10	100	Isabelle HENDERSON	FR	#3 Wittenberg	{3} 1.55m	5-1	1/18
10	100	Karalyn RUTKOWSKI	JR	Hiram	1.55m	5-1	1/25





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## Women's Pole Vault

1	5	Claire SCHWELLER	JR	#2 Ohio Northern	3.82m	12-6¼	1/17
2	14	Emily THOMPSON	JR	#16 Marietta	3.60m	11-9¾	1/25
3	18	Ellie FORD	JR	#2 Ohio Northern {2}	3.57m	11-8½	12/5
4	29	Holly SCHREIBER	SO	#10 Case Western Re	3.52m	11-6½	12/7
5	33	Eryn RATAICZAK	FR	Spalding	3.46m	11-4¼	1/24
6	57	Claire COLEMAN	JR	#9 Ohio Wesleyan	3.36m	11-¼	1/25
6	57	Addie BECK	SO	#9 Ohio Wesleyan	3.36m	11-¼	1/25
8	59	Story LAING	SO	#3 Wittenberg	3.35m	10-11¾	1/18
8	59	Katie SEINEN	JR	#7 Calvin	3.35m	10-11¾	12/6
8	59	Tiffany HIX	JR	#3 Wittenberg	3.35m	10-11¾	12/7

## Women's Long Jump

1	6	Chloe HEIN	SO	#4 Centre	5.79m	19-0	12/7
2	16	Isabelle HENDERSON	FR	#3 Wittenberg	5.59m	18-4¼	1/25
3	18	Callie GORMLEY	SR	#4 Centre {2}	5.55m	18-2½	12/7
4	21	Kalie CAMPBELL	SO	#1 Mount Union	5.50m	18-½	1/18
5	25	Dakota HOUSTON	FR	#6 John Carroll	5.49m	18-¼	1/17
6	36	Serena MCNEILLY	SO	#4 Centre {3}	5.43m	17-9¾	12/7
7	44	Evie ELLENBERGER	FR	#17 Allegheny (Pa.)	5.39m	17-8¼	1/25
8	69	Rylie HAYNES	SO	#1 Mount Union {2}	5.30m	17-4¾	12/7
9	76	Emma FORKER	JR	#5 Trine	5.29m	17-4¼	12/7
9	76	Lexi WACHTMAN	SR	Heidelberg	5.29m	17-4¼	1/25
9	76	Aniela BALOG	FR	#6 John Carroll {2}	5.29m	17-4¼	1/25

## Women's Triple Jump

1	40	Paula SORIC	SR	#20 Kenyon	11.08m	36-4¼	12/7
2	46	Madeline BURGESS	FR	#1 Mount Union	10.97m	36-0	1/18
3	51	Emma FEHRMAN	SR	#16 Marietta	10.94m	35-10¾	1/18
4		Julissa WILLIAMS	SR	#3 Wittenberg	10.59m	34-9	12/7
4		Ashley BAKER	SO	#2 Ohio Northern	10.59m	34-9	12/5
6		Ashyia MADDICKES	SO	#14 Berea (Ky.)	10.54m	34-7	1/18
7		Tessa KOCHERT	JR	#13 DePauw	10.52m	34-6¼	12/7
8		Rebecca SANTOM	SR	#1 Mount Union {2}	10.45m	34-3½	12/7
9		Taylor WEISS	SR	#3 Wittenberg {2}	10.42m	34-2¼	1/25
10		Lauryn WOLTERS	JR	#2 Ohio Northern {2}	10.40m	34-1½	1/17

## Women's Shot Put

1	12	Izzy BURMAN	SR	#2 Ohio Northern	13.45m	44-1½	1/25
2	13	Carley CAMP	SR	#18 Manchester	13.38m	43-10¾	1/24
3	14	Makayla SITZLAR	JR	#1 Mount Union	13.06m	42-10¼	12/7
4	55	Jessica DOTSON	SO	#19 Muskingum	12.37m	40-7	12/7
5	62	Samantha SELLERS	SR	#2 Ohio Northern {2}	12.27m	40-3¼	1/17
6	69	Greta ROBRAHN	SR	#8 Hope	12.20m	40-½	1/18
7	71	Evie SANFORD	JR	Wooster	12.18m	39-11½	1/18
8	76	Tess ANTHONY	SR	#23 Albion	12.15m	39-10½	1/18
9	78	Makenna RUDY	SO	#1 Mount Union {2}	12.14m	39-10	12/7
10	85	Hannah FRIEND	SR	#2 Ohio Northern {3}	12.06m	39-6¾	12/5

## Women's Weight Throw

1	12	Izzy BURMAN	SR	#2 Ohio Northern	17.61m	57-9½	1/17
2	48	Abby SANNER	JR	#5 Trine	15.35m	50-4½	12/7
2	48	Ailean DUFFIE	SR	#10 Case Western Re	15.35m	50-4½	12/7
4	52	Michelle LEE	JR	#10 Case Western Re {2}	15.23m	49-11¾	12/7
5	54	Tess ANTHONY	SR	#23 Albion	15.20m	49-10½	1/18
6	57	Cara JEWETT	SR	#6 John Carroll	15.17m	49-9¼	1/25
7	65	Lucy TROUT	JR	#11 Wilmington (Ohi	15.10m	49-6½	1/25
7	65	Emily TORRES	SR	#12 Baldwin Wallace	15.10m	49-6½	12/7
9	70	Lauren ROSKUSZKA	SR	#10 Case Western Re {3}	15.06m	49-5	1/25
10	80	Hannah FRIEND	SR	#2 Ohio Northern {2}	14.91m	48-11	1/17

## Women's Pentathlon

1	10	Katie MOORE	SR	#13 DePauw	3,215		12/7
2	17	Serena MCNEILLY	SO	#4 Centre	3,058 OT		1/17
3	27	Isabelle HENDERSON	FR	#3 Wittenberg	2,892		12/5
4	31	Ziciah GIBSON	JR	#3 Wittenberg {2}	2,823		12/5
5	37	Charlie DOLLIVER	JR	#24 Otterbein	2,634		12/5
6	41	Lainee VALENTINE	SR	#3 Wittenberg {3}	2,593		12/5
7	44	Haley TROY	SO	#3 Wittenberg {4}	2,519		12/5
8	45	Cayla EATON	FR	#3 Wittenberg {5}	2,474		12/5
9	59	Adrienne JACKSON	JR	#5 Trine	2,340 OT		12/7



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## Women's 60 Meters

1	8	Gbarper DWAH	JR	#11 Ramapo	7.67	12/7
2	33	Mariam KOITA	SO	#1 Widener	7.80	1/24
3	45	Maria MUZZARELLI	SR	#1 Widener	{2} 7.84	12/7
4	47	Toshel GOFFE	FR	#15 Medgar Evers	7.85	1/11
5	56	Abigail GIAMONI	SR	#4 Moravian	7.88	12/7
6	62	Molly LODGE	SR	#2 Rowan	7.89	1/17
7	71	Kayla ROBINSON	SO	#1 Widener	{3} 7.90	1/18
8	79	Sage HENDERSHOT	SO	#9 Drew	7.93	12/7
9	82	McKay ALBY	FR	#14 Montclair State	7.94	12/7
9	82	Kayla JULIEN	SO	#2 Rowan	{2} 7.94	12/6

## Women's 60 Meter Hurdles

1	35	Elaina STYER	SO	#5 Stockton	9.14	1/25
1	35	Eliza BRUNCAJ	SR	#3 TCNJ	9.14	12/7
3	39	Maya RICHWINE	SO	#18 Muhlenberg	9.16	1/24
4	42	Nyla JONES	FR	#2 Rowan	9.17	12/7
5	92	Mackenzie BURKE	SO	#3 TCNJ	{2} 9.42	12/7
6		Zahara SIMMONS	FR	#1 Widener	9.47	1/24
7		Samantha WECHSLER	SO	#6 Ursinus	9.48	12/7
8		Emma SHAFNISKY	FR	#4 Moravian	9.56	12/7
8		Kayla ROBINSON	SO	#1 Widener	{2} 9.56	12/7
10		Sarah SCEPKOWSKI	JR	#3 TCNJ	{3} 9.64	12/7

## Women's 200 Meters

1	10	Mariam KOITA	SO	#1 Widener	24.95	1/24
2	36	Abigail GIAMONI	SR	#4 Moravian	25.52c (25.91f)	12/7
3	65	Jasmine BROADWAY	SR	#2 Rowan	25.81	1/24
3	65	Molly LODGE	SR	#2 Rowan	25.81	1/17
5	74	Maria MUZZARELLI	SR	#1 Widener	{2} 25.86	1/24
6	82	Emily CAMLET	JR	#9 Drew	25.92	1/24
7	85	Toshel GOFFE	FR	#15 Medgar Evers	25.95	1/25
8		Reyanna HENDERSON	SR	#13 New Jersey City	26.17	1/10
9		Ava REILLY	FR	#2 Rowan	{3} 26.18	1/17
10		Mya WALKER	SO	#2 Rowan	{4} 26.26	12/6

## Women's 400 Meters

1	22	Emily CAMLET	JR	#9 Drew	57.88	1/17
2	31	Abigail GIAMONI	SR	#4 Moravian	58.37c (59.14f)	1/18
3	57	Reyanna HENDERSON	SR	#13 New Jersey City	59.20	1/17
4	59	Kayla KASS	JR	#5 Stockton	59.22c (1:00.00f)	1/25
5	67	Rukiyat DARANIJO	SO	#3 TCNJ	59.48c (1:00.27f)	1/18
6	81	Kelly O'GRADY	JR	#3 TCNJ	{2} 59.77c (1:00.56f)	1/18
7	88	#Type!	FR	#3 TCNJ	{3} 59.94	12/7
8		Kayla SULLIVAN	SR	#5 Stockton	{2} 1:00.50c (1:01.30f)	1/25
9		Bianca BURKE	JR	#20 FDU Florham	1:00.93	1/25
10		Isabella SHANLEY	SO	#8 Stevens	1:01.16	1/24

## Women's 800 Meters

1	76	Dale LEONARD	SO	#11 Ramapo	2:21.37	1/24
2		Gabriella PAGANO	JR	#2 Rowan	2:22.86	1/24
3		Ania WONG	FR	#7 Swarthmore	2:22.88	1/24
4		Hailey SHREFFLER	SR	#10 Eastern (Pa.)	2:22.91	1/24
5		Kay WISCOUNT	FR	#12 DeSales	2:23.27	1/24
6		Lisa O'SULLIVAN	FR	#2 Rowan	{2} 2:23.41	1/17
7		Rizzo AVA	SO	#2 Rowan	{3} 2:23.51	1/24
8		Elaina STYER	SO	#5 Stockton	2:23.73c (2:25.38f)	12/7
9		Gabriella NYE	JR	#1 Widener	2:24.87c (2:26.54f)	1/18
10		Meghan CARROLL	SR	#6 Ursinus	2:25.98	12/6

## Women's Mile

1	37	Dale LEONARD	SO	#11 Ramapo	5:05.65	1/24
2	53	Hailey SHREFFLER	SR	#10 Eastern (Pa.)	5:07.90	1/24
3	66	Gabriella NYE	JR	#1 Widener	5:09.66c (5:12.72f)	1/18
4	69	Ally WERNIK	SO	#2 Rowan	5:11.29	1/24
5	81	Emily ZANNI	SO	#2 Rowan	{2} 5:12.07	1/24
6		Tara SMURLA	JR	#4 Moravian	5:14.42	1/25
7		Gabriella PAGANO	JR	#2 Rowan	{3} 5:14.89	1/17
8		Kathryn LONG	JR	#1 Widener	{2} 5:16.37c (5:19.50f)	1/18
9		Elizabeth PAGE	FR	#7 Swarthmore	5:17.13	1/24
10		Olivia MONTINI	JR	#7 Swarthmore	{2} 5:17.84	1/24

## Women's 3000 Meters

1	47	Dale LEONARD	SO	#11 Ramapo	10:11.31	1/17
2	60	Tara SMURLA	JR	#4 Moravian	10:16.77c (10:22.05f)	1/18
3	86	Cassidy QUINN	SR	#3 TCNJ	10:23.22c (10:28.56f)	1/25
4		Haley ESTUS	SR	#12 DeSales	10:26.69	1/24
5		Ellie KOZICH	FR	#12 DeSales	{2} 10:34.46c (10:39.90f)	1/18
6		Loralei GOLEMBIEWSKI	FR	#1 Widener	10:34.58c (10:40.02f)	1/11
7		Gabriella PAGANO	JR	#2 Rowan	10:38.17	1/24
8		Zoey CASSAVELL	SR	#11 Ramapo	{2} 10:39.42	1/17
9		Mia SIDERIS	JR	#6 Ursinus	10:39.62	12/6
10		Kathryn LONG	JR	#1 Widener	{2} 10:39.67c (10:45.15f)	1/11

## Women's 5000 Meters

1	24	Tara SMURLA	JR	#4 Moravian	17:31.16c (17:39.21f)	12/7
2	34	Gabriella NYE	JR	#1 Widener	17:43.92	1/24
3	56	Hailey SHREFFLER	SR	#10 Eastern (Pa.)	18:05.58c (18:13.89f)	12/6
4	66	Kathryn LONG	JR	#1 Widener	{2} 18:16.64	1/24
5		Grace CHEN	SO	#17 Haverford	18:55.08	1/24
6		Lauren KITAY	SR	#16 Bryn Mawr	19:03.03c (19:11.78f)	12/7
7		Kayla O'NEIL	SO	#4 Moravian	{2} 19:17.51c (19:26.37f)	12/7
8		Meghan MYERS	JR	#4 Moravian	{3} 19:29.12c (19:38.07f)	12/7
9		Liz EGAN	JR	#1 Widener	{3} 19:39.83	1/24
10		Sofie PRIETO	JR	#16 Bryn Mawr	{2} 19:40.21c (19:49.24f)	12/7



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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## Women's 4x400 Relay

1	<b>7</b>	Kelly O'Grady, Mackenzie Burke, Eliza Bruncaj, Rukiyat Daranijo	<b>#3</b> TCNJ	<b>3:56.22c</b> (3:59.35f)	<b>1/25</b>
2	<b>13</b>	Kayla Kass, Elaina Styer, Emma Petrolia, Kayla Sullivan	<b>#5</b> Stockton	<b>3:59.30c</b> (4:02.47f)	<b>1/25</b>
3	<b>29</b>	Molly Lodge, Nyla Jones, Ava Reilly, Jasmine Broadway	<b>#2</b> Rowan	<b>4:04.66</b>	12/7
4	<b>74</b>	#Type!	<b>#14</b> Montclair State	<b>4:13.81</b>	12/7
5	<b>92</b>	#Type!	<b>#9</b> Drew	<b>4:16.69</b>	12/7
6	<b>99</b>	Isabella Shanley, Anya Sadowski, Lauren Alley, Isabel Vogel	<b>#8</b> Stevens	<b>4:17.67</b>	<b>1/24</b>
7		Dominique La grenade, Veronica Kanachova, Rachel November, Anastasia Jaycobs	<b>#17</b> Haverford	<b>4:18.41</b>	<b>1/24</b>
8		Brown Rinnah, Thompson Thenica, Kenia Irish-Bramble, Chung Shaniya	<b>#15</b> Medgar Evers	<b>4:20.49c</b> (4:23.94f)	12/14
9		Jezena Aponte, Reyanna Henderson, Raven Orange, Evelyn Wymer	<b>#13</b> New Jersey City	<b>4:21.75c</b> (4:25.22f)	12/7
10		Tiana Miller, Gisella Croge, Mya Cadena, Anahrie Anderson	<b>#10</b> Eastern (Pa.)	<b>4:22.36c</b> (4:25.84f)	12/6

## Women's Distance Medley Relay

1	<b>4</b>	Molly Bossdorf, Cameron Ruffini, Alex Grivas, Ava Biemuller	<b>#3</b> TCNJ	<b>12:36.09c</b> (12:44.19f)	<b>1/25</b>
2	<b>28</b>	Evelyn Austin, Madelin Carter, Rachel Hayes, Amanda McNally	<b>#5</b> Stockton	<b>13:35.91</b>	1/17
3	<b>33</b>	Rizzo Ava, Lisa O'Sullivan, Isabelle Smith, Jenna Spadaro	<b>#2</b> Rowan	<b>14:05.36</b>	1/17
4	<b>42</b>	Nana Samake, Thompson Thenica, Chung Shaniya, Kenia Irish-Bramble	<b>#15</b> Medgar Evers	<b>14:33.84c</b> (14:43.20f)	12/14

## Women's High Jump

1	<b>9</b>	Trelstad T	SR	<b>#7</b> Swarthmore	<b>1.66m</b> 5-5½	<b>1/25</b>
2	<b>12</b>	Elaina STYER	SO	<b>#5</b> Stockton	<b>1.65m</b> 5-5	1/17
3	<b>34</b>	Tonna OGINA	FR	<b>#13</b> New Jersey City	<b>1.60m</b> 5-3	1/17
3	<b>34</b>	Caroline TIGHE	SR	<b>#8</b> Stevens	<b>1.60m</b> 5-3	<b>1/24</b>
3	<b>34</b>	Allie CANCIANI	SR	<b>#8</b> Stevens	<b>1.60m</b> 5-3	1/18
6	<b>58</b>	Maggie PREVIGLIAN	JR	<b>#8</b> Stevens	{3} <b>1.58m</b> 5-2¼	12/7
7	<b>66</b>	Anna SAVOLAINEN	FR	<b>#7</b> Swarthmore	{2} <b>1.57m</b> 5-1¾	12/6
8	100	Blessing KOROMA	FR	<b>#2</b> Rowan	<b>1.55m</b> 5-1	12/6
8	100	Amanda TRASKA	JR	<b>#6</b> Ursinus	<b>1.55m</b> 5-1	12/7
10		Sarah SCEPKOWSKI	JR	<b>#3</b> TCNJ	<b>1.53m</b> 5-¼	12/7
10		Meghan KREINBERG	FR	<b>#20</b> FDU Florham	<b>1.53m</b> 5-¼	12/7
10		Jessica JOHNSON	JR	<b>#16</b> Bryn Mawr	<b>1.53m</b> 5-¼	1/10
10		Theresa KERVICK	SR	<b>#1</b> Widener	<b>1.53m</b> 5-¼	12/7

## Women's Pole Vault

1	<b>73</b>	Alexis MEROLA	JR	<b>#8</b> Stevens	<b>3.30m</b> 10-9¾	12/13
1	<b>73</b>	Eva MORRISON	JR	<b>#5</b> Stockton	<b>3.30m</b> 10-9¾	12/6
3		Juniper BAUROTH- SHERMAN	JR	<b>#6</b> Ursinus	<b>3.05m</b> 10-0	1/19
3		Mia BOMPENSA	FR	<b>#6</b> Ursinus	<b>3.05m</b> 10-0	12/7
5		Alyson GOLDBACHER	FR	<b>#7</b> Swarthmore	<b>3.03m</b> 9-11¼	<b>1/25</b>
5		Tessa HOPKINS	FR	<b>#4</b> Moravian	<b>3.03m</b> 9-11¼	<b>1/25</b>
5		Emma MELE	SR	<b>#12</b> DeSales	<b>3.03m</b> 9-11¼	1/18
8		Lennix HORSBURGH	FR	<b>#23</b> Delaware Valley	<b>3.00m</b> 9-10	12/7
8		Maya SCANNELL	SO	<b>#3</b> TCNJ	<b>3.00m</b> 9-10	12/7
10		Stephanie RYAZANOVA	JR	<b>#8</b> Stevens	{2} <b>2.90m</b> 9-6¼	<b>1/24</b>

## Women's Long Jump

1	<b>3</b>	Rainah DUNHAM	SR	<b>#6</b> Ursinus	<b>5.83m</b> 19-1½	<b>1/24</b>
2	<b>8</b>	Sage HENDERSHOT	SO	<b>#9</b> Drew	<b>5.73m</b> 18-9¾	<b>1/24</b>
3	<b>27</b>	Kayla ROBINSON	SO	<b>#1</b> Widener	<b>5.48m</b> 17-11¾	<b>1/24</b>
4	<b>41</b>	Lia MALAVE	SO	<b>#3</b> TCNJ	<b>5.40m</b> 17-8¾	12/7
5	<b>69</b>	Emma SHAFNISKY	FR	<b>#4</b> Moravian	<b>5.30m</b> 17-4¾	12/7
6	<b>76</b>	Samantha WECHSLER	SO	<b>#6</b> Ursinus	{2} <b>5.29m</b> 17-4¼	<b>1/24</b>
7	<b>97</b>	Emily BARLAM	FR	<b>#6</b> Ursinus	{3} <b>5.24m</b> 17-2¼	12/6
8		Mia FLEMING	SO	<b>#19</b> Arcadia	<b>5.17m</b> 16-11½	12/7
9		Emma PETROLIA	JR	<b>#5</b> Stockton	<b>5.15m</b> 16-10¾	12/6
10		Marlie DIPALMA	FR	<b>#5</b> Stockton	{2} <b>5.12m</b> 16-9¾	1/17

## Women's Triple Jump

1	<b>2</b>	Rainah DUNHAM	SR	<b>#6</b> Ursinus	<b>12.50m</b> 41-¼	<b>1/24</b>
2	<b>3</b>	Kayla ROBINSON	SO	<b>#1</b> Widener	<b>12.45m</b> 40-10¼	<b>1/24</b>
3	<b>24</b>	Molly FANCHER	SO	<b>#16</b> Bryn Mawr	<b>11.32m</b> 37-1¾	12/13
4	<b>29</b>	Lauryn BROWN	FR	<b>#9</b> Drew	<b>11.22m</b> 36-9¾	1/17
5	<b>47</b>	Tonna OGINA	FR	<b>#13</b> New Jersey City	<b>10.96m</b> 35-11½	1/17
6	<b>53</b>	Jessica JOHNSON	JR	<b>#16</b> Bryn Mawr	{2} <b>10.91m</b> 35-9½	<b>1/25</b>
7	<b>59</b>	Julia ACEVEDO	SR	<b>#14</b> Montclair State	<b>10.87m</b> 35-8	12/7
8	<b>62</b>	Shanice WILLIAMS	JR	<b>#18</b> Muhlenberg	<b>10.86m</b> 35-7¾	1/18
9	<b>66</b>	Brooke VALAN	SR	<b>#3</b> TCNJ	<b>10.84m</b> 35-6¾	<b>1/25</b>
10	<b>71</b>	Ali HAEFELE	JR	<b>#4</b> Moravian	<b>10.80m</b> 35-5¼	<b>1/25</b>





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Metro

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## Women's Shot Put

1	<b>16</b>	Kayla ROBINSON	SO	<b>#1</b> Widener	<b>13.04m</b>	42-9½	12/7
2	<b>24</b>	Tate GARCIA	JR	<b>#7</b> Swarthmore	<b>12.88m</b>	42-3¼	12/6
3	<b>47</b>	Donya BAXTER	JR	<b>#19</b> Arcadia	<b>12.43m</b>	40-9½	<b>1/24</b>
4	<b>71</b>	Victoria DEGRAW	FR	<b>#22</b> Farmingdale Sta	<b>12.18m</b>	39-11½	12/14
5	<b>90</b>	Meghan KREINBERG	FR	<b>#20</b> FDU Florham	<b>12.00m</b>	39-4½	12/7
6		Savana DODD	SO	<b>#10</b> Eastern (Pa.)	<b>11.82m</b>	38-9½	1/18
7		Kerri MCCARTHY	SR	<b>#3</b> TCNJ	<b>11.74m</b>	38-6¼	<b>1/25</b>
8		Shanil AUGUSTE	SR	<b>#21</b> Rutgers-Newark	<b>11.50m</b>	37-8¾	1/10
9		Margie RAYNE	JR	<b>#4</b> Moravian	<b>11.46m</b>	37-7¼	1/18
10		Hannah SWALE	JR	<b>#7</b> Swarthmore	<b>{2} 11.36m</b>	37-3¼	<b>1/25</b>

## Women's Weight Throw

1	<b>27</b>	Jessica REILLY	SR	<b>#3</b> TCNJ	<b>15.85m</b>	52-0	<b>1/25</b>
2	<b>28</b>	Isabella FRED A	SR	<b>#5</b> Stockton	<b>15.79m</b>	51-9¾	12/6
3	<b>31</b>	Kara VASHEY	JR	<b>#4</b> Moravian	<b>15.60m</b>	51-2¼	<b>1/25</b>
4	<b>64</b>	Shanil AUGUSTE	SR	<b>#21</b> Rutgers-Newark	<b>15.11m</b>	49-7	1/17
5	<b>73</b>	Alexia BEY	JR	<b>#2</b> Rowan	<b>15.02m</b>	49-3½	12/6
6	<b>84</b>	Savana DODD	SO	<b>#10</b> Eastern (Pa.)	<b>14.84m</b>	48-8¼	12/13
7		Elizabeth AGYEI	SR	<b>#7</b> Swarthmore	<b>14.37m</b>	47-1¾	<b>1/25</b>
8		Sadie FENSTERMAKER	FR	<b>#12</b> DeSales	<b>13.94m</b>	45-9	<b>1/24</b>
9		Caillie FISH	SR	<b>#4</b> Moravian	<b>{2} 13.88m</b>	45-6½	<b>1/25</b>
10		Maya YESALONIS	SO	<b>#14</b> Montclair State	<b>13.85m</b>	45-5¼	1/17

## Women's Pentathlon

1	<b>4</b>	Kayla ROBINSON	SO	<b>#1</b> Widener	<b>3,451</b>	12/7
2	<b>5</b>	Elaina STYER	SO	<b>#5</b> Stockton	<b>3,383</b>	12/7
3	<b>20</b>	Theresa KERVICK	SR	<b>#1</b> Widener	<b>{2} 2,976</b>	12/7
4	<b>30</b>	Isabella SHANLEY	SO	<b>#8</b> Stevens	<b>2,847</b>	12/7
5	<b>35</b>	Julia ACEVEDO	SR	<b>#14</b> Montclair State	<b>2,748</b>	12/13
6	<b>46</b>	Janitza HERNANDEZ-ALBINO	SO	<b>#10</b> Eastern (Pa.)	<b>2,473</b>	12/13
7	<b>47</b>	Aaliyah BARTHOLOMEW	SO	<b>#15</b> Medgar Evers	<b>2,466</b>	12/14
8	<b>55</b>	Brown RINNAH	FR	<b>#15</b> Medgar Evers	<b>{2} 2,382</b>	12/14
9	<b>56</b>	Stephanie RYAZANOVA	JR	<b>#8</b> Stevens	<b>{2} 2,375</b>	12/7
10	<b>60</b>	Maya LAPINSKI	SO	<b>#8</b> Stevens	<b>{3} 2,328</b>	12/7



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## Mid-Atlantic

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### Women's 60 Meters

1	18	Nancy NYADONGO	FR	#5	Goucher	7.73	12/7
2	62	Chloe ZHANG	SO	#1	Johns Hopkins	7.89	1/18
3	76	Lauren DUNNIGAN	SO	#14	Franklin & Marsh	7.92	1/25
4	91	Jocelyn SMITH	SO	#4	Scranton	7.95	1/25
4	91	Samantha SHARROW	JR	#4	Scranton	7.95	1/25
6		Erin OLSAVSKY	JR	#8	Dickinson	8.01	12/8
7		Halle JENNETT	SR	#12	Messiah	8.03	1/18
8		Kaia GRANTHAM	FR	#4	Scranton	{3}8.04	12/7
8		Angela NUSE	SO	#21	York (Pa.)	8.04	12/6
10		Molly WAGNER	SR		Carlow (Pa.)	8.07	1/25
10		Hannah ALDERFER	SR	#7	Susquehanna	8.07	1/18

### Women's 60 Meter Hurdles

1	2	Chloe YODER	SR	#7	Susquehanna	8.75	1/25
2	26	Lauren DUNNIGAN	SO	#14	Franklin & Marsh	9.09	1/18
3	64	Hannah ALDERFER	SR	#7	Susquehanna	{2}9.33	12/7
4	77	Alin AYDOGAN	FR	#2	Carnegie Mellon	9.37	12/7
5	89	Kara BROWN	JR	#12	Messiah	9.41	1/24
5	89	Kate BENDALL	SO	#13	Elizabethtown	9.41	1/25
7	95	Claudia OUMET	FR	#1	Johns Hopkins	9.44	1/25
8		Jadyn HARTNER	SR	#16	Washington & Je	9.48	12/7
8		Breannnda DAVIS	SR	#3	Westminster (Pa)	9.48	1/17
8		Brooke HAMER	SO	#10	Salisbury	9.48	12/8

### Women's 200 Meters

1	9	Nancy NYADONGO	FR	#5	Goucher	24.93c	(25.31f)	1/18
2	87	Halle JENNETT	SR	#12	Messiah	25.97c	(26.37f)	1/18
3	90	Samantha SHARROW	JR	#4	Scranton	26.02c	(26.42f)	1/18
4		Jocelyn SMITH	SO	#4	Scranton	{2}26.08c	(26.48f)	12/7
5		Erin OLSAVSKY	JR	#8	Dickinson	26.19c	(26.59f)	12/8
6		Karia FORVIL	JR	#10	Salisbury	26.46c	(26.87f)	12/8
7		Lianne SAUSSY	JR	#1	Johns Hopkins	26.49c	(26.90f)	1/18
8		Olivia BARBACCI	JR	#23	Juniata	26.52c	(26.93f)	12/13
9		Ava MATTER	FR	#6	Lebanon Valley	26.56c	(26.97f)	1/18
10		Molly WAGNER	SR		Carlow (Pa.)	26.65 OT		1/25

### Women's 400 Meters

1	30	Nancy NYADONGO	FR	#5	Goucher	58.34		12/7
2	32	Annie HUANG	SR	#1	Johns Hopkins	58.38c	(59.15f)	1/18
3	53	Kelty OASTER		#13	Elizabethtown	59.05		1/25
4	61	Lianne SAUSSY	JR	#1	Johns Hopkins {2}	59.29		1/25
5	85	Jadyn HARTNER	SR	#16	Washington & Je	59.84c	(1:00.63f)	12/7
6	95	Terrica THORNTON-FILLYAW	FR	#5	Goucher {2}	1:00.08		12/7
7	100	Imogen DEBLOIS	FR	#25	Thiel	1:00.34 OT		1/25
8		Halle JENNETT	SR	#12	Messiah	1:00.87c	(1:01.67f)	12/6
9		Madison BROWN	SR	#8	Dickinson	1:01.62c	(1:02.43f)	12/8
10		Ryan BIGELOW	SO	#1	Johns Hopkins {3}	1:01.65		1/25

### Women's 800 Meters

1	1	Annie HUANG	SR	#1	Johns Hopkins	2:09.41	1/25
2	5	Tanise THORNTON-FILLYAW	JR	#5	Goucher	2:12.71c	(2:14.24f) 1/18
3	7	Kelty OASTER		#13	Elizabethtown	2:14.05c	(2:15.59f) 1/18
4	40	Audrey KARWOWSKI	JR	#9	Grove City	2:18.65 OT	1/25
5	55	Jacqueline LIU	JR	#2	Carnegie Mellon	2:20.19 OT	1/25
6	57	Diana VALENTINI	SO	#1	Johns Hopkins	{2}2:20.26c	(2:21.87f) 1/18
7	64	Emily ROSKOWSKI	FR	#1	Johns Hopkins	{3}2:20.60c	(2:22.22f) 1/18
8	80	Lily TREMBA	SO	#1	Johns Hopkins	{4}2:21.55c	(2:23.18f) 1/18
9		Emma HORSLEY	FR	#2	Carnegie Mellon	{2}2:22.51 OT	1/18
10		Amiyah PRIEBE	SR	#8	Dickinson	2:22.61c	(2:24.25f) 12/13

### Women's Mile

1	11	Mackenzie SETTON	JR	#1	Johns Hopkins	4:58.00	1/25
2	20	Harrinee SENTHILKUMAR	SR	#1	Johns Hopkins	{2}5:01.31	1/24
3	21	Emma KOTHARI	JR	#1	Johns Hopkins	{3}5:01.34	1/25
4	23	Lydia BENNETT	SR	#9	Grove City	5:02.11c	(5:05.10f) 12/7
5	29	Emma PUETZ	SR	#1	Johns Hopkins	{4}5:03.76c	(5:06.76f) 1/18
6	33	Elena BLODNIKAR	FR	#1	Johns Hopkins	{5}5:05.09c	(5:08.11f) 1/18
7	35	Diana VALENTINI	SO	#1	Johns Hopkins	{6}5:05.43	1/25
8	43	Carter BROTHERTON	FR	#1	Johns Hopkins	{7}5:06.50c	(5:09.53f) 1/18
9	57	Anna BODMER	SO	#10	Salisbury	5:08.79c	(5:11.84f) 12/8
9	57	Miranda CINCOTTA	SO	#20	Saint Vincent	5:08.79 OT	1/25

### Women's 3000 Meters

1	11	Adriana CATALANO	JR	#1	Johns Hopkins	9:55.84	1/25
2	12	Elena BLODNIKAR	FR	#1	Johns Hopkins	{2}9:55.88	1/25
3	13	Emma PUETZ	SR	#1	Johns Hopkins	{3}9:56.63	1/25
4	18	Carter BROTHERTON	FR	#1	Johns Hopkins	{4}9:58.24	1/25
5	33	Mackenzie SETTON	JR	#1	Johns Hopkins	{5}10:05.75	12/7
6	35	Aisling CALLAHAN	JR	#1	Johns Hopkins	{6}10:06.33	12/7
7	45	Ananya DEVPURA	SO	#2	Carnegie Mellon	10:11.16 OT	1/25
8	57	Maya DUCKER	SO	#2	Carnegie Mellon	{2}10:15.40 OT	1/25
9	73	Grace GALLAGHER	JR	#18	Misericordia	10:20.72	1/10
10	83	Storrie KULYNYCH-IRVIN	FR	#1	Johns Hopkins	{7}10:22.51c	(10:27.84f) 1/18

### Women's 5000 Meters

1	23	Triya ROY	SR	#1	Johns Hopkins	17:25.92c	(17:33.93f) 12/7
2	27	Sydney SHOCK	FR	#1	Johns Hopkins	{2}17:38.34c	(17:46.44f) 12/7
3	28	Claire ANDERSON	JR	#16	Washington & Je	17:38.94 OT	12/6
4	29	Cooper BROTHERTON	JR	#1	Johns Hopkins	{3}17:40.45c	(17:48.57f) 12/7
5	41	Jamie STELNIK	SR	#1	Johns Hopkins	{4}17:52.82c	(18:01.03f) 12/7
6	43	Izzy NOBILLI	JR	#1	Johns Hopkins	{5}17:54.07c	(18:02.29f) 12/7
7	48	Grace NEUBERT	FR	#20	Saint Vincent	17:56.58 OT	1/17
8	61	Bella STENHOUSE	SO	#1	Johns Hopkins	{6}18:11.99c	(18:20.35f) 12/7
9	73	Grace GALLAGHER	JR	#18	Misericordia	18:19.41c	(18:27.83f) 1/25
10	86	Alyssa HOFFMAN	SR	#2	Carnegie Mellon	18:31.29 OT	1/18



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### Women's 4x400 Relay

1	<b>12</b>	Annie Huang, Lianne Saussy, Ryan Bigelow, Lorna Arcese	<b>#1</b> Johns Hopkins	<b>3:59.23</b>	<b>1/25</b>
2	<b>21</b>	Terrica Thornton-Fillyaw, Imaya Edmonds, Nancy Nyadongo, Tanise Thornton-Fillyaw	<b>#5</b> Goucher	<b>4:02.84</b>	12/7
3	<b>58</b>	Abbe Kitchin, Marley Kurey, Lily Swain, Madison Brown	<b>#8</b> Dickinson	<b>4:11.05c</b> (4:14.38f)	1/18
4	<b>64</b>	Lilly Williams, Karia Forvil, Marlyse Haack, Emma Smyser	<b>#10</b> Salisbury	<b>4:12.38c</b> (4:15.73f)	12/8
5	<b>72</b>	Abigail Reed, Darrian Berkheimer, Charleigh Seifert, Mileyska Calderon	<b>#6</b> Lebanon Valley	<b>4:13.60c</b> (4:16.96f)	1/10
6	<b>73</b>	Cara Doyle, Mary Grasso, Emily Krevey, Grace Morningstar	<b>#18</b> Misericordia	<b>4:13.74c</b> (4:17.10f)	<b>1/25</b>
7	<b>77</b>	Nadine Lauffer, Audrey Karwowski, Annie Herrmann, Megan Marchand	<b>#9</b> Grove City	<b>4:15.07 OT</b>	<b>1/25</b>
8	<b>81</b>	Abby Bachman, Jordyn Collie, Emily Jones, Annalise Kauffman	<b>#14</b> Franklin & Marsh	<b>4:15.39c</b> (4:18.78f)	12/6
9	<b>87</b>	Clara Benner, Elana Pineda, Meagan Kime, Halle Jennett	<b>#12</b> Messiah	<b>4:16.20</b>	<b>1/24</b>
10	<b>97</b>	Tasia Miniotis, Isabella Delgado, Alicia Acosta, Kelsey Myler	<b>#4</b> Scranton	<b>4:17.35c</b> (4:20.76f)	12/7

### Women's Distance Medley Relay

1	<b>1</b>	Harrinee Senthilkumar, Lily Tremba, Emily Roskowski, Mackenzie Setton	<b>#1</b> Johns Hopkins	<b>12:05.43c</b> (12:13.20f)	1/18
2	<b>11</b>	Kyrianna Nemitz, Sierra Kapcsos, Emily Miller, Autumn Garges	<b>#6</b> Lebanon Valley	<b>12:52.56c</b> (13:00.83f)	1/18
3	<b>18</b>	Katie Scott, Annalise Kauffman, Jordyn Collie, Tara Silverman	<b>#14</b> Franklin & Marsh	<b>13:05.80c</b> (13:14.21f)	1/18
4	<b>25</b>	Emily Hopkins, Alexandra Roueche, Katherine Harren, Sophia Abbott	<b>#4</b> Scranton	<b>13:30.33c</b> (13:39.01f)	1/18
5	<b>32</b>	Mi'Leah Cotton, Avery Arrizi, Macy Woroniecki, Madison Kingsley	<b>#17</b> St. Mary's (Md.)	<b>14:02.50</b>	1/10
6	<b>35</b>	Paige Redman, Abby Megotz, Abigail Adamsky, Milana Straub	<b>#19</b> Marywood	<b>14:09.78c</b> (14:18.88f)	1/18
7	<b>37</b>	Sydney Querry, Liza Levin, Gabby Howe, Katie Wojton	<b>#7</b> Susquehanna	<b>14:15.96c</b> (14:25.13f)	1/18
8	<b>38</b>	Lindsey Eyer, Sarah Hartzell, Julia Johnson, Cecilia Chipriano	<b>#11</b> King's College (P	<b>14:20.43c</b> (14:29.64f)	1/18
9	<b>40</b>	Ella Boothe, JaLisa Fuller, Lilly Ryer, Grace Tanksley	Waynesburg	<b>14:25.27c</b> (14:34.54f)	<b>1/25</b>

### Women's High Jump

1	<b>34</b>	Elly BRUNER	SO	<b>#9</b> Grove City	<b>1.60m</b>	5-3	12/7
1	<b>34</b>	Breannnda DAVIS	SR	<b>#3</b> Westminster (Pa	<b>1.60m</b>	5-3	1/17
3	<b>50</b>	Aurielle BRUNNER	SR	<b>#15</b> Chatham	<b>1.59m</b>	5-2½	<b>1/25</b>
4	<b>66</b>	Jaclyn DONOHO	JR	<b>#1</b> Johns Hopkins	<b>1.57m</b>	5-1¾	1/18
4	<b>66</b>	Anna SAWICKI	FR	<b>#6</b> Lebanon Valley	<b>1.57m</b>	5-1¾	12/6
6	<b>80</b>	Molly WHITE	JR	<b>#4</b> Scranton	<b>1.56m</b>	5-1¼	12/7
6	<b>80</b>	Ryann ESSEY	JR	<b>#3</b> Westminster (Pa{2}	<b>1.56m</b>	5-1¼	12/6
8	100	Kendall CODDINGTON	SO	<b>#9</b> Grove City	<b>{2} 1.55m</b>	5-1	<b>1/25</b>
8	100	Grace IWIG	FR	<b>#3</b> Westminster (Pa{3}	<b>1.55m</b>	5-1	<b>1/25</b>
8	100	Melena KOUTCH	SR	<b>#6</b> Lebanon Valley	<b>{2} 1.55m</b>	5-1	1/18

### Women's Pole Vault

1	<b>30</b>	Hannah WITTER	JR	<b>#12</b> Messiah	<b>3.50m</b>	11-5¾	1/18
1	<b>30</b>	Clarissa NEWMAN	FR	<b>#1</b> Johns Hopkins	<b>3.50m</b>	11-5¾	12/7
3	<b>35</b>	Madison CONLEY	SR	<b>#3</b> Westminster (Pa	<b>3.45m</b>	11-3¾	<b>1/25</b>
3	<b>35</b>	Grace IWIG	FR	<b>#3</b> Westminster (Pa	<b>3.45m</b>	11-3¾	<b>1/25</b>
5	<b>46</b>	Missy TREHARN	JR	<b>#3</b> Westminster (Pa{3}	<b>3.40m</b>	11-1¾	12/6
5	<b>46</b>	Hazel BUONOPANE	SO	<b>#2</b> Carnegie Mellon	<b>3.40m</b>	11-1¾	12/7
5	<b>46</b>	Alaina GATTO	FR	<b>#3</b> Westminster (Pa{3}	<b>3.40m</b>	11-1¾	12/6
8	<b>71</b>	Olivia BARBACCI	JR	<b>#23</b> Juniata	<b>3.33m</b>	10-11	<b>1/25</b>
9	<b>73</b>	Ava BARNES	FR	<b>#2</b> Carnegie Mellon {2}	<b>3.30m</b>	10-9¾	<b>1/25</b>
9	<b>73</b>	Sarah BOWER	SR	<b>#7</b> Susquehanna	<b>3.30m</b>	10-9¾	12/13



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Week #1, January 28



## Mid-Atlantic

as of 1/28/2025 9:16:09 AM ET

### Women's Long Jump

1	<b>11</b>	Aurielle BRUNNER	SR	#15 Chatham	<b>5.62m</b>	18-5¼	1/18
2	<b>27</b>	Samantha SHARROW	JR	<b>#4</b> Scranton	<b>5.48m</b>	17-11¾	1/18
3	<b>31</b>	Mia HILL	JR	#10 Salisbury	<b>5.45m</b>	17-10¾	12/8
4	<b>36</b>	Marlyse HAACK	JR	#10 Salisbury	{2} <b>5.43m</b>	17-9¾	<b>1/24</b>
5	<b>38</b>	Annie LEDER	SR	#8 Dickinson	<b>5.42m</b>	17-9½	12/13
6	<b>40</b>	Hannah ALDERFER	SR	#7 Susquehanna	<b>5.41m</b>	17-9	<b>1/25</b>
7	<b>44</b>	Chloe ZHANG	SO	<b>#1</b> Johns Hopkins	<b>5.39m</b>	17-8¼	<b>1/25</b>
8	<b>54</b>	Claudia OUIMET	FR	<b>#1</b> Johns Hopkins	{2} <b>5.34m</b>	17-6¼	12/7
9	<b>69</b>	Sara BARTLETT	SR	<b>#1</b> Johns Hopkins	{3} <b>5.30m</b>	17-4¾	<b>1/25</b>
10	<b>84</b>	Aryanna PAULENA	FR	<b>#5</b> Goucher	<b>5.28m</b>	17-4	12/7

### Women's Triple Jump

1	<b>4</b>	Aurielle BRUNNER	SR	#15 Chatham	<b>12.31m</b>	40-4¾	1/18
2	<b>7</b>	Sara BARTLETT	SR	<b>#1</b> Johns Hopkins	<b>11.96m</b>	39-3	<b>1/25</b>
3	<b>12</b>	Aryanna PAULENA	FR	<b>#5</b> Goucher	<b>11.72m</b>	38-5½	1/10
4	<b>17</b>	Mylina CASTILLO	SR	#22 Alvernia	<b>11.46m</b>	37-7¼	<b>1/24</b>
4	<b>17</b>	Remi ACORD	SR	#7 Susquehanna	<b>11.46m</b>	37-7¼	<b>1/25</b>
6	<b>53</b>	Jocelyn KIEFEL	SR	<b>#2</b> Carnegie Mellon	<b>10.91m</b>	35-9½	12/7
7	<b>56</b>	Emma CHRISTMAN	JR	#10 Salisbury	<b>10.89m</b>	35-8¾	<b>1/24</b>
8	<b>74</b>	Iniyaa MOHANRAJ	JR	<b>#2</b> Carnegie Mellon	{2} <b>10.78m</b>	35-4½	<b>1/25</b>
8	<b>74</b>	Eva CARACHILO	FR	<b>#4</b> Scranton	<b>10.78m</b>	35-4½	12/7
10	<b>92</b>	Annie LEDER	SR	#8 Dickinson	<b>10.66m</b>	34-11¾	<b>1/25</b>
10	<b>92</b>	Kate BENDALL	SO	#13 Elizabethtown	<b>10.66m</b>	34-11¾	<b>1/25</b>

### Women's Shot Put

1	<b>26</b>	Brandy VARNER	JR	#11 King's College (P	<b>12.83m</b>	42-1¼	<b>1/24</b>
2	<b>30</b>	Erika EZUMBA	JR	<b>#1</b> Johns Hopkins	<b>12.75m</b>	41-10	1/18
3	<b>40</b>	Rosalyn PAGE	SR	#19 Marywood	<b>12.60m</b>	41-4¼	12/7
4	<b>52</b>	Lexi SHIDERLY	SR	<b>#3</b> Westminster (Pa	<b>12.39m</b>	40-7¾	<b>1/25</b>
5	<b>88</b>	Shelby RAMBO	JR	<b>#3</b> Westminster (Pa	{2} <b>12.02m</b>	39-5¼	1/17
6	<b>96</b>	Kathleen MONAHAN	JR	<b>#2</b> Carnegie Mellon	<b>11.94m</b>	39-2¼	12/7
7		Mylea NEIDIG		#13 Elizabethtown	<b>11.86m</b>	38-11	12/6
8		Jillian ZUKLEY	SO	#17 St. Mary's (Md.)	<b>11.83m</b>	38-9¾	12/7
9		Megan WISE	JR	#9 Grove City	<b>11.33m</b>	37-2¼	12/7
10		Delaney HILFERTY	SR	#11 King's College (P	{2} <b>11.27m</b>	36-11¾	<b>1/24</b>

### Women's Weight Throw

1	<b>22</b>	Erika EZUMBA	JR	<b>#1</b> Johns Hopkins	<b>16.26m</b>	53-4¼	12/7
2	<b>30</b>	Katelyn SHOEMAKER	JR	#11 King's College (P	<b>15.76m</b>	51-8½	<b>1/24</b>
3	<b>41</b>	Alexis MAHAFFEY	SR	#24 Bethany (W.Va.)	<b>15.41m</b>	50-6¾	12/6
4	<b>82</b>	Lauren ASSANTE	SR	#6 Lebanon Valley	<b>14.87m</b>	48-9½	12/6
5	<b>86</b>	Brandy VARNER	JR	#11 King's College (P	{2} <b>14.83m</b>	48-8	<b>1/24</b>
6	<b>98</b>	Phoebe WILLIAMS	JR	<b>#1</b> Johns Hopkins	{2} <b>14.60m</b>	47-10¾	<b>1/24</b>
7		Allison STANDISH	JR	Geneva	<b>14.33m</b>	47-¼	1/18
8		Danika SUDAR	SR	#9 Grove City	<b>14.23m</b>	46-8¼	1/17
9		Delaney HILFERTY	SR	#11 King's College (P	{3} <b>14.22m</b>	46-8	<b>1/24</b>
10		Hailey SHERWOOD	SO	#21 York (Pa.)	<b>14.17m</b>	46-6	12/6

### Women's Pentathlon

1	<b>14</b>	Hannah ALDERFER	SR	#7 Susquehanna	<b>3,118</b>	12/13
2	<b>15</b>	Anna SAWICKI	FR	#6 Lebanon Valley	<b>3,081</b>	1/10
3	<b>25</b>	Alin AYDOGAN	FR	<b>#2</b> Carnegie Mellon	<b>2,913</b>	12/7
4	<b>28</b>	Leah BIWOTT	SR	#8 Dickinson	<b>2,872</b>	12/13
5	<b>39</b>	Kate BENDALL	SO	#13 Elizabethtown	<b>2,608</b>	12/13
6	<b>53</b>	Charlotte HOULE	SO	#7 Susquehanna	{2} <b>2,420</b>	12/13
7	<b>68</b>	Carolina WEGMAN	JR	#6 Lebanon Valley	{2} <b>2,086</b>	1/10



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Week #1, January 28



## Mideast

as of 1/28/2025 9:16:09 AM ET

### Women's 60 Meters

1	6	Rachel ARTHUR	SR	#1 Williams	7.66	1/26
2	20	Jillian STRYNAR	FR	#9 Trinity (Conn.)	7.74	1/26
3	56	Heloise HUGHES	SO	#2 Amherst	7.88	1/26
4	62	Tayshia CARY	SO	#8 Rhode Island Col	7.89	1/25
4	62	Bella KING-HARVEY	SO	#1 Williams	{2} 7.89	1/26
6		Alaina STONEBRAKER	JR	#4 Coast Guard	8.00	1/18
7		Ella SUKUP	JR	#1 Williams	{3} 8.04	1/26
8		Trinity HAYES	SR	#8 Rhode Island Col	{2} 8.05	12/7
9		Rachel HUBLEY	SO	#2 Amherst	{2} 8.06	1/17
9		Mackenzie DAGGITT	SR	#3 Middlebury	8.06	1/11
9		Katie BRUNO	JR	#3 Middlebury	8.06	1/17

### Women's 60 Meter Hurdles

1	19	Eliza CARDWELL	SR	#2 Amherst	8.99	1/26
2	24	Katherine DEFOSSE	SO	#6 Springfield (Mas)	9.08	1/25
3	34	Cali LEONARD	JR	#10 Hartford	9.13	12/7
4	35	Jahmilia DENNIS	JR	#7 Vassar	9.14	12/7
5	45	Ioanna TSONI	SO	#13 Mount Holyoke	9.21	1/25
6	46	Arissa GRACE MCGOWAN	JR	#2 Amherst	{2} 9.22	1/26
6	46	Emma MCGUINN	JR	#5 RPI	9.22	1/17
8	51	Emily RUBIO	JR	#3 Middlebury	9.25	1/26
9	81	Olivia LABELLE	FR	#1 Williams	9.39	1/26
10		Tamara GREENE	FR	#10 Hartford	{2} 9.48	12/13

### Women's 200 Meters

1	16	Heloise HUGHES	SO	#2 Amherst	25.09	1/26
2	17	Jillian STRYNAR	FR	#9 Trinity (Conn.)	25.12	1/26
2	17	Bella KING-HARVEY	SO	#1 Williams	25.12	1/26
4	59	Alaina STONEBRAKER	JR	#4 Coast Guard	25.74	12/7
5	86	Juliette SULLIVAN	SO	#12 Wesleyan (Conn.)	25.96	1/26
6	87	Trinity HAYES	SR	#8 Rhode Island Col	25.97c (26.37f)	1/25
7	90	Christine MALLETTE	SR	#5 RPI	26.02c (26.42f)	1/17
8	96	Maggie NICHOLS	FR	#1 Williams	{2} 26.03	1/26
9	100	Ella SUKUP	JR	#1 Williams	{3} 26.06	1/26
10		Tayshia CARY	SO	#8 Rhode Island Col	{2} 26.08c (26.48f)	1/18

### Women's 400 Meters

1	6	Bella KING-HARVEY	SO	#1 Williams	56.36	12/7
2	24	Cate DONALDSON	SO	#1 Williams	{2} 58.00	1/26
3	48	Anna KROUSE	SR	#3 Middlebury	58.85c (59.63f)	1/11
4	54	Claire JENSEN	SO	#1 Williams	{3} 59.11	12/7
5	56	Mary ELLIOT	JR	#3 Middlebury	{2} 59.19	1/17
6	64	Trinity HAYES	SR	#8 Rhode Island Col	59.37c (1:00.15f)	1/25
7	66	Ella BESANT	SO	#4 Coast Guard	59.42	1/25
8	74	Lauren SZALKOWSKI	SO	#5 RPI	59.68c (1:00.47f)	12/7
9	97	Addie MORRISON	SR	#3 Middlebury	{3} 1:00.22	1/26
10	99	Katie MANNING	SR	#5 RPI	{2} 1:00.26c (1:01.06f)	1/17

### Women's 800 Meters

1	9	Annika PALUSKA	FR	#1 Williams	2:14.75	1/26
2	12	Piper LENTZ	JR	#2 Amherst	2:15.05	1/26
3	14	Lily YAMPOLSKY	FR	#1 Williams	{2} 2:15.32	1/26
4	15	Zoe MARCUS	SO	#2 Amherst	{2} 2:15.46	12/7
5	16	Alexa ESTES	JR	#11 Connecticut Coll	2:15.98	1/26
6	17	Grace MCDONOUGH	JR	#11 Connecticut Coll	{2} 2:16.05	1/26
7	29	Makenna TOPP	SO	#4 Coast Guard	2:17.24	12/7
8	30	Erin VONHOUSEN		#5 RPI	2:17.49c (2:19.07f)	1/17
9	36	Hannah ADHIKARI	FR	#2 Amherst	{3} 2:18.09	12/7
10	38	Jules BLESKOSKI	SO	#5 RPI	{2} 2:18.59c (2:20.18f)	1/17

### Women's Mile

1	4	Kate TUTTLE	FR	#1 Williams	4:53.91	1/26
2	6	Jules BLESKOSKI	SO	#5 RPI	4:56.23c (4:59.16f)	1/17
3	7	Erin VONHOUSEN		#5 RPI	{2} 4:56.37c (4:59.30f)	1/17
4	18	Lily YAMPOLSKY	FR	#1 Williams	{2} 5:00.71	12/7
5	22	Pria PARKER	SR	#16 Smith	5:02.07	1/11
6	24	Flora BIRO	FR	#2 Amherst	5:02.35	1/26
7	26	Catherine DACEY	SR	#18 Union (N.Y.)	5:02.55c (5:05.54f)	12/7
8	41	Piper LENTZ	JR	#2 Amherst	{2} 5:06.14	12/7
9	49	Julia SCHOR	SR	#2 Amherst	{3} 5:07.43	1/17
10	54	Adelaide NYHAN	SO	#7 Vassar	5:08.20c (5:11.25f)	12/7

### Women's 3000 Meters

1	1	Haley SCHOENEGGE	SO	#7 Vassar	9:38.73	12/7
2	4	Paige PHILLIPS	SR	#4 Coast Guard	9:45.83	1/25
3	6	Kate TUTTLE	FR	#1 Williams	9:51.43	12/7
4	16	Blakeley BUCKINGHAM	SR	#1 Williams	{2} 9:57.11	1/26
5	19	Hannah STEPHENSON	FR	#2 Amherst	9:59.46	1/17
6	20	Claire SEMEROD	JR	#4 Coast Guard	{2} 9:59.53	1/25
7	24	Grace MCDONOUGH	JR	#11 Connecticut Coll	10:00.95	1/11
8	26	Julia SCHOR	SR	#2 Amherst	{2} 10:01.47	12/7
9	32	Flora BIRO	FR	#2 Amherst	{3} 10:05.48	1/17
10	38	Nora JOHNSON	SR	#1 Williams	{3} 10:08.06	12/7

### Women's 5000 Meters

1	11	Stephanie AGER	JR	#12 Wesleyan (Conn.)	17:01.92c (17:09.74f)	12/7
2	15	Claire SEMEROD	JR	#4 Coast Guard	17:08.37	12/7
3	17	Flora BIRO	FR	#2 Amherst	17:18.51c (17:26.46f)	12/7
4	20	Paige PHILLIPS	SR	#4 Coast Guard	{2} 17:21.98	12/7
5	22	Kate SWANN	JR	#1 Williams	17:25.35	12/7
6	25	Morgan EIGEL	SO	#1 Williams	{2} 17:35.25	12/7
7	30	Charlene PENG	SO	#1 Williams	{3} 17:40.93	12/7
8	33	Bea PARR	SR	#3 Middlebury	17:42.21	1/26
9	39	Fiona PICONE	JR	#1 Williams	{4} 17:49.00	12/7
10	50	Hayley BALLARD	SO	#1 Williams	{5} 17:57.13	12/7





# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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## Mideast

as of 1/28/2025 9:16:09 AM ET

### Women's 4x400 Relay

1	<b>3</b>	Bella King-Harvey, Annika Paluska, Claire Jensen, Cate Donaldson	<b>#1 Williams</b>	<b>3:51.27</b>	12/7
2	<b>23</b>	#Type!	<b>#3 Middlebury</b>	<b>4:03.10c</b> (4:06.32f)	1/11
3	<b>34</b>	Anoua Carrie, Lauren Szalkowski, Emma McGuinn, Ava Marcucci	<b>#5 RPI</b>	<b>4:06.02c</b> (4:09.28f)	12/14
4	<b>35</b>	Ella Besant, Grace Flynn, Millie Wymbs, Tara Jessen	<b>#4 Coast Guard</b>	<b>4:06.39</b>	<b>1/25</b>
5	<b>36</b>	Piper Lentz, Zoe Marcus, Leila Bata, Hannah Adhikari	<b>#2 Amherst</b>	<b>4:06.67</b>	12/7
6	<b>75</b>	Isabella Scott, Emma Mahoney, Brianna Wise, Grace Yarkosky	<b>#20 SUNY Plattsburg</b>	<b>4:14.40c</b> (4:17.77f)	<b>1/25</b>
7	<b>80</b>	Shams Ferver, Sofia Jurusz, Amelia Dion, Pria Parker	<b>#16 Smith</b>	<b>4:15.15c</b> (4:18.53f)	1/18
8	<b>86</b>	Ashley Gentile, Laci Davis, Saige Kirkland, Jasmine Charlery	<b>#17 Eastern Connect</b>	<b>4:15.86c</b> (4:19.25f)	1/18
9	<b>90</b>	Kyleigh Record, Catherine Dacey, Gabrielle Baker, Katherine Doran	<b>#18 Union (N.Y.)</b>	<b>4:16.51c</b> (4:19.91f)	1/17
10		Sachi Robinson, Greta Trapp, Anjali Phadnis, Kim Beaver	<b>#13 Mount Holyoke</b>	<b>4:19.14c</b> (4:22.58f)	1/18

### Women's Distance Medley Relay

1	<b>2</b>	Abby Fernald, LK Tucker, Alexa Estes, Grace McDonough	<b>#11 Connecticut Coll</b>	<b>12:07.89</b>	<b>1/26</b>
2	<b>5</b>	Sheldyn Fisher, Lily Bulczynski, Caroline VanSchaick, Mary Cestaro	<b>#3 Middlebury</b>	<b>12:37.35</b>	<b>1/26</b>
3	<b>6</b>	Elanora Smith, Juliette Sullivan, Stella Loezos, Jordan Walter	<b>#12 Wesleyan (Conn.)</b>	<b>12:38.34</b>	<b>1/26</b>
4	<b>7</b>	Julia Schor, Leila Bata, Maya Levine, Sylvan Wold	<b>#2 Amherst</b>	<b>12:38.62</b>	1/17
5	<b>12</b>	Vivian Jacobstownsley, Jillian Strynar, Paige Orr, Maggie Furer	<b>#9 Trinity (Conn.)</b>	<b>12:53.20</b>	<b>1/26</b>
6	<b>14</b>	Quinn Sirgany, Cameran Stone, Adriana Cecchetelli, Avery Blanchard	<b>#19 St. Lawrence</b>	<b>12:57.38c</b> (13:05.70f)	<b>1/25</b>

### Women's High Jump

1	<b>1</b>	Allie WILDSMITH	JR	<b>#4 Coast Guard</b>	<b>1.80m</b>	5-10¾	1/18
2	<b>12</b>	Emily RUBIO	JR	<b>#3 Middlebury</b>	<b>1.65m</b>	5-5	1/17
3	<b>21</b>	Jordan MURPHY	SO	<b>#10 Hartford</b>	<b>1.63m</b>	5-4¼	12/7
4	<b>27</b>	Ashley SHELDON	SO	<b>#18 Union (N.Y.)</b>	<b>1.61m</b>	5-3¼	<b>1/25</b>
4	<b>27</b>	Autumn BACIK	FR	<b>#6 Springfield (Mas)</b>	<b>1.61m</b>	5-3¼	12/7
6	<b>50</b>	Anaya THOMAS	SR	<b>#2 Amherst</b>	<b>1.59m</b>	5-2½	1/17
7	<b>66</b>	Lauren GRATTAN	FR	<b>#9 Trinity (Conn.)</b>	<b>1.57m</b>	5-1¾	1/17
8	<b>80</b>	Amelie JAMANKA	JR	<b>#1 Williams</b>	<b>1.56m</b>	5-1¼	<b>1/26</b>
9		Angelina TACCOGNA	FR	<b>#17 Eastern Connect</b>	<b>1.53m</b>	5-¼	12/7
10		Gabrieane CHERY	FR	<b>#9 Trinity (Conn.)</b>	<b>{2} 1.52m</b>	4-11¾	1/17

### Women's Pole Vault

1	<b>20</b>	Zoe WANG	SR	<b>#3 Middlebury</b>	<b>3.55m</b>	11-7¾	1/17
1	<b>20</b>	Jae YU	SR	<b>#1 Williams</b>	<b>3.55m</b>	11-7¾	<b>1/26</b>
1	<b>20</b>	Poppy MILLER	SR	<b>#1 Williams</b>	<b>3.55m</b>	11-7¾	<b>1/26</b>
1	<b>20</b>	Ellie FITZGERALD	JR	<b>#1 Williams</b>	<b>3.55m</b>	11-7¾	<b>1/26</b>
5	<b>46</b>	Natasha FRISCH	FR	<b>#17 Eastern Connect</b>	<b>3.40m</b>	11-1¾	12/7
6	<b>86</b>	Cadence SORENSON	FR	<b>#16 Smith</b>	<b>3.25m</b>	10-8	1/18
6	<b>86</b>	Autumn BACIK	FR	<b>#6 Springfield (Mas)</b>	<b>3.25m</b>	10-8	12/7
6	<b>86</b>	Jillian SCOTT	SR	<b>#6 Springfield (Mas)</b>	<b>3.25m</b>	10-8	<b>1/25</b>
6	<b>86</b>	Payton SORENSEN	SR	<b>#2 Amherst</b>	<b>3.25m</b>	10-8	12/7
10		Jordan HECKER	SR	<b>#2 Amherst</b>	<b>{2} 3.10m</b>	10-2	<b>1/26</b>
10		Mollie BRINKER	JR	<b>#4 Coast Guard</b>	<b>3.10m</b>	10-2	1/18
10		Ella SMITH	SR	<b>#6 Springfield (Mas)</b>	<b>{3} 3.10m</b>	10-2	1/18
10		Jillian DA COSTA PINTO	JR	<b>#16 Smith</b>	<b>{2} 3.10m</b>	10-2	1/18

### Women's Long Jump

1	<b>30</b>	Mackenzie DAGGITT	SR	<b>#3 Middlebury</b>	<b>5.47m</b>	17-11½	1/17
2	<b>48</b>	Quiana PEZZA	FR	<b>#8 Rhode Island Col</b>	<b>5.37m</b>	17-7½	12/7
3	<b>76</b>	Ioanna TSONI	SO	<b>#13 Mount Holyoke</b>	<b>5.29m</b>	17-4¼	12/7
3	<b>76</b>	Emily RUBIO	JR	<b>#3 Middlebury</b>	<b>{2} 5.29m</b>	17-4¼	<b>1/26</b>
5	<b>84</b>	Eliza CARDWELL	SR	<b>#2 Amherst</b>	<b>5.28m</b>	17-4	<b>1/26</b>
6	<b>88</b>	Alice BRAMBATI	FR	<b>#5 RPI</b>	<b>5.27m</b>	17-3½	1/17
7		Leah SMITH	SO	<b>#2 Amherst</b>	<b>{2} 5.19m</b>	17-½	1/17
8		Eliza LEE	JR	<b>#14 Westfield State</b>	<b>5.16m</b>	16-11¼	<b>1/25</b>
9		Sophia FORD	FR	<b>#2 Amherst</b>	<b>{3} 5.09m</b>	16-8½	1/17
10		Katie MANNING	SR	<b>#5 RPI</b>	<b>{2} 5.06m</b>	16-7¼	1/11

### Women's Triple Jump

1	<b>21</b>	Rafaela DELGADO	SO	<b>#1 Williams</b>	<b>11.42m</b>	37-5¾	<b>1/26</b>
2	<b>23</b>	Samantha PAUL	SR	<b>#6 Springfield (Mas)</b>	<b>11.38m</b>	37-4	1/18
3	<b>27</b>	Mireya KING	FR	<b>#1 Williams</b>	<b>{2} 11.25m</b>	36-11	<b>1/26</b>
4	<b>32</b>	Ioanna TSONI	SO	<b>#13 Mount Holyoke</b>	<b>11.17m</b>	36-7¾	<b>1/25</b>
4	<b>32</b>	Jahmilia DENNIS	JR	<b>#7 Vassar</b>	<b>11.17m</b>	36-7¾	12/7
6	<b>37</b>	Alice BRAMBATI	FR	<b>#5 RPI</b>	<b>11.12m</b>	36-5¾	1/17
7	<b>52</b>	Eliza LEE	JR	<b>#14 Westfield State</b>	<b>10.92m</b>	35-10	<b>1/25</b>
8	<b>59</b>	Sophia FORD	FR	<b>#2 Amherst</b>	<b>10.87m</b>	35-8	<b>1/26</b>
9	<b>64</b>	Grace HALL	FR	<b>#3 Middlebury</b>	<b>10.85m</b>	35-7¼	<b>1/26</b>
10	<b>77</b>	Quiana PEZZA	FR	<b>#8 Rhode Island Col</b>	<b>10.75m</b>	35-3¼	12/7



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Week #1, January 28



## Mideast

as of 1/28/2025 9:16:10 AM ET

### Women's Shot Put

1	22	Maureen HAMMOND	SR	#4 Coast Guard	12.90m	42-4	12/7
2	47	Julia TULIMIERI	JR	#3 Middlebury	12.43m	40-9½	1/26
3	58	Katelynn TAYLOR	SR	#6 Springfield (Mas:	12.31m	40-4¾	12/7
4	68	KayInn STEVENSON	SO	#15 Castleton	12.21m	40-¾	1/25
5	94	Maria FARETI	FR	#1 Williams	11.96m	39-3	1/26
6		Samantha SAINRISTILL	SR	#8 Rhode Island Col	11.82m	38-9½	1/18
7		Lillian WURTZ	JR	#3 Middlebury {2}	11.76m	38-7	1/26
8		Hannah DEBIAN	FR	#6 Springfield (Mas:{2}	11.71m	38-5	12/7
9		Lily MEADOWS	FR	#2 Amherst	11.43m	37-6	1/26
10		Bronwyn PINSLY	SO	#14 Westfield State	11.34m	37-2½	12/14
10		Yovanna CRUZ	JR	#10 Hartford	11.34m	37-2½	12/13

### Women's Weight Throw

1	26	Chloe SCHNEEBERG	SR	#1 Williams	15.97m	52-4¾	1/26
2	37	Maria FARETI	FR	#1 Williams {2}	15.51m	50-10¾	12/7
3	61	Samantha SAINRISTILL	SR	#8 Rhode Island Col	15.13m	49-7¾	1/11
4	97	Madison DIPASQUALE	JR	#10 Hartford	14.61m	47-11¼	12/13
5	99	Katie LYNCH	JR	#5 RPI	14.54m	47-8½	12/14
6		Katelynn TAYLOR	SR	#6 Springfield (Mas:	14.51m	47-7¼	1/18
7		Lillian WURTZ	JR	#3 Middlebury	14.19m	46-6¾	1/26
8		KayInn STEVENSON	SO	#15 Castleton	13.80m	45-3½	12/14
9		Karli MARTIN	SO	#15 Castleton {2}	13.49m	44-3¼	12/7
10		Jacey TIPPMAN	SR	#4 Coast Guard	13.38m	43-10¾	12/7

### Women's Pentathlon

1	29	Faye STEVENS	SR	#7 Vassar	2,848		12/7
2	36	Eliza LEE	JR	#14 Westfield State	2,734		1/25
3	38	Tara JESSEN	SO	#4 Coast Guard	2,625		12/5
4	48	Elana PUKEL	FR	#7 Vassar {2}	2,461		12/7
5	72	Lilly O'BRIEN	JR	#21 Mount Saint Mar	1,996		12/7
6	77	Jillian BARRY	SO	#6 Springfield (Mas:	1,683		1/25
7	78	Abbe COLGAN	JR	#7 Vassar {3}	1,568		12/7



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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## Midwest

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### Women's 60 Meters

1	2	Alyssa BUSKER	SR	#4 Elmhurst	7.45	12/7
2	3	Emma SEIPEL	SR	#3 Loras	7.61	12/7
2	3	Jasmine WRIGHT	JR	#1 Washington (Mo.	7.61	12/7
4	8	De'Andranay CHISM	FR	#12 Millikin	7.67	12/7
4	8	Lauren MARSHALL	SR	#4 Elmhurst {2}	7.67	1/18
6	12	McKenzie RESER	SR	#7 Augustana (Ill.)	7.69	12/7
7	17	Lindsey NOVAK	SR	#6 North Central (Ill)	7.71	1/18
8	18	Gabri MESCHINO	SR	#2 Chicago	7.73	12/6
9	20	Riana HAYES	JR	#15 North Park	7.74	1/18
10	41	Lauren GAY	SR	#1 Washington (Mo){2}	7.83	1/18

### Women's 60 Meter Hurdles

1	2	Ren BROWN	SR	#2 Chicago	8.75	1/18
2	9	Lauren GAY	SR	#1 Washington (Mo.	8.86	12/7
3	10	Nakala NADEAU	SR	#4 Elmhurst	8.87	1/25
4	11	Tiana GRADY	SO	#4 Elmhurst {2}	8.88	12/13
5	15	Claire SCHROEDER	FR	#17 Buena Vista	8.93	1/25
6	20	Grace BRADEN	SO	#5 Wartburg	9.03	1/24
7	22	JoJo TYNISMAA	JR	#5 Wartburg {2}	9.05	1/24
8	26	Keeley HOURIGAN	SR	#9 Nebraska Wesley	9.09	1/18
8	26	Thea RING	JR	#15 North Park	9.09	12/7
10	35	Olivia BOHLEN	JR	#8 Central (Iowa)	9.14	1/24

### Women's 200 Meters

1	3	De'Andranay CHISM	FR	#12 Millikin	24.42c	(24.80f) 1/18
2	4	Alyssa BUSKER	SR	#4 Elmhurst	24.51	12/13
3	5	Lindsey NOVAK	SR	#6 North Central (Ill)	24.59c	(24.97f) 1/18
4	12	McKenzie RESER	SR	#7 Augustana (Ill.)	25.00c	(25.38f) 1/18
5	13	Thea RING	JR	#15 North Park	25.01c	(25.39f) 12/7
6	14	Lauren GAY	SR	#1 Washington (Mo.	25.06c	(25.45f) 12/7
7	20	Lauren MARSHALL	SR	#4 Elmhurst {2}	25.19	1/25
8	22	Jasmine WRIGHT	JR	#1 Washington (Mo){2}	25.35	1/25
9	23	Riana HAYES	JR	#15 North Park {2}	25.36	12/13
10	27	Nicole STEWART	SR	#1 Washington (Mo){3}	25.46	1/25

### Women's 400 Meters

1	7	Ren BROWN	SR	#2 Chicago	56.50c	(57.25f) 1/10
2	9	Lindsey NOVAK	SR	#6 North Central (Ill)	56.63c	(57.38f) 1/18
3	13	Hailey WEIR	FR	#1 Washington (Mo.	57.30c	(58.06f) 12/7
4	20	Julia CORIC	SO	#1 Washington (Mo){2}	57.85	1/25
5	23	Kylie SPYTEK	JR	#1 Washington (Mo){3}	57.93c	(58.69f) 12/7
6	32	Catherine CHRISTOPHER	SO	#1 Washington (Mo){4}	58.38	1/25
7	35	Carmela WOODS	SO	#4 Elmhurst	58.54c	(59.31f) 12/7
8	38	Quinn BIRD	FR	#1 Washington (Mo){5}	58.65	1/25
9	41	Amelia MOSEMAN	JR	#21 Illinois Tech	58.73	1/25
10	45	Nicole STEWART	SR	#1 Washington (Mo){6}	58.81	1/25

### Women's 800 Meters

1	6	Claudia HARNETT	SR	#2 Chicago	2:12.81 OT	1/18
2	8	Lina MAATOUK	SR	#7 Augustana (Ill.)	2:14.53c	(2:16.08f) 12/7
3	11	Izzy GORTON	SR	#1 Washington (Mo.	2:15.03	1/25
4	19	Elisabeth CAMIC	SR	#2 Chicago {2}	2:16.33c	(2:17.90f) 1/10
4	19	Caroline ECHOLS	SO	#1 Washington (Mo){2}	2:16.33	1/25
6	22	Elly BURDS	JR	#3 Loras	2:16.48c	(2:18.05f) 1/18
7	26	Emma KELLY	JR	#2 Chicago {3}	2:16.76	1/25
8	27	Ren BROWN	SR	#2 Chicago {4}	2:16.78 OT	1/18
9	31	Haley MEYER	JR	#5 Wartburg	2:17.52 OT	1/24
10	32	Ava CLAUSSEN-TUBBS	JR	#16 Cornell College	2:17.58c	(2:19.16f) 1/25

### Women's Mile

1	1	Claudia HARNETT	SR	#2 Chicago	4:52.31	1/25
2	2	Deyanneira COLON MALDONADO	SR	#11 Aurora	4:52.70	1/25
3	9	Jillian HETH	JR	#1 Washington (Mo.	4:57.67	1/25
4	10	Elisabeth CAMIC	SR	#2 Chicago {2}	4:57.94 OT	1/18
5	12	Virginia PRIDGEN	SR	#1 Washington (Mo){2}	4:58.15	1/25
6	13	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago {3}	4:58.28 OT	1/18
7	15	Peyton STEFFEN	JR	#8 Central (Iowa)	4:58.75	1/24
8	19	Nora HOLMES	JR	#2 Chicago {4}	5:00.95	1/25
9	25	Frankie CHAIDEZ	SR	#3 Loras	5:02.36c	(5:05.35f) 12/7
10	32	Maggie HORN	FR	#2 Chicago {5}	5:04.94	1/25

### Women's 3000 Meters

1	3	Peyton STEFFEN	JR	#8 Central (Iowa)	9:40.35 OT	12/14
2	5	Deyanneira COLON MALDONADO	SR	#11 Aurora	9:47.32	1/25
3	7	Addy PARROTT	SR	#8 Central (Iowa) {2}	9:52.46 OT	12/14
4	9	Nora HOLMES	JR	#2 Chicago	9:54.64 OT	1/18
5	10	Jillian HETH	JR	#1 Washington (Mo.	9:55.54c	(10:00.64f) 1/18
6	25	Anna WATSON	SR	#2 Chicago {2}	10:01.10 OT	1/18
7	28	Estelle SNIDER	SO	#2 Chicago {3}	10:01.65 OT	1/18
8	41	Teghan BOOTH	SR	#22 Simpson (Iowa)	10:08.89 OT	1/24
9	43	Maggie HORN	FR	#2 Chicago {4}	10:10.13 OT	1/18
10	66	Sofia SHELDON	FR	#1 Washington (Mo){2}	10:18.55c	(10:23.85f) 1/18

### Women's 5000 Meters

1	5	Deyanneira COLON MALDONADO	SR	#11 Aurora	16:47.72 OT	12/6
2	19	Emma ODLE	SR	#7 Augustana (Ill.)	17:21.29c	(17:29.26f) 12/7
3	35	Ellie MEYER	SR	#5 Wartburg	17:45.21c	(17:53.36f) 12/7
4	46	Karle KRAMER	JR	#5 Wartburg {2}	17:56.10c	(18:04.34f) 12/7
5	51	Lydia MAAS	FR	#5 Wartburg {3}	17:58.95c	(18:07.21f) 12/7
6	58	Haley MEYER	JR	#5 Wartburg {4}	18:08.19c	(18:16.52f) 12/7
7	71	Alyza KOPPES	JR	#16 Cornell College	18:18.45c	(18:26.86f) 12/7
8	76	Kelly GIARDINA	JR	#5 Wartburg {5}	18:21.90c	(18:30.33f) 1/18
9	88	Julia BENES	SR	#6 North Central (Ill)	18:34.00c	(18:42.53f) 1/18
10		Lily ANDERSON	SO	#6 North Central (Ill){2}	18:40.50c	(18:49.08f) 1/18



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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## Midwest

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### Women's 4x400 Relay

1	<b>1</b>	Hailey Weir, Kylie Spytek, Catherine Christopher, Izzy Gorton	<b>#1</b> Washington (Mo.)	<b>3:50.15</b>	<b>1/25</b>
2	<b>6</b>	Chloe Hayden, Ava Hagwell, Christin Facey, Ren Brown	<b>#2</b> Chicago	<b>3:56.13</b>	<b>1/25</b>
3	<b>14</b>	Cora Deemer, McKenzie Reser, Jordyn VanSanten, Lina Maatouk	<b>#7</b> Augustana (Ill.)	<b>3:59.82c</b> (4:03.00f)	1/18
4	<b>17</b>	Isabella Gonzalez, Adriana Crabtree, Alexandra Reinhart, Jordynn Griffin	<b>#10</b> Illinois Wesleyan	<b>4:01.90c</b> (4:05.11f)	<b>1/24</b>
5	<b>18</b>	Haley Meyer, Ryann Decker, Bella Skay, JoJo Tynismaa	<b>#5</b> Wartburg	<b>4:02.08c</b> (4:05.29f)	1/18
6	<b>24</b>	Elly Burds, Layla Hughes, Emma Seipel, Harmony Creasy	<b>#3</b> Loras	<b>4:03.41c</b> (4:06.64f)	12/7
7	<b>25</b>	Natalie Cummins, Keeley Hourigan, Raegan Levi, Chloe Mooberry	<b>#9</b> Nebraska Wesley	<b>4:04.04</b>	12/13
8	<b>49</b>	Alayna Schultz, Brooklynn Sweikar, Ashlyn Duncan, De'Andranay Chism	<b>#12</b> Millikin	<b>4:09.18c</b> (4:12.48f)	1/18
9	<b>50</b>	Zoe Turner, Olivia Jameson, Amelia Moseman, Sophia Halama	<b>#21</b> Illinois Tech	<b>4:09.30</b>	<b>1/25</b>
10	<b>52</b>	Lauren Bliefernicht, Skylar Gibbs, Alayna Koehler, Mika Fields	<b>#11</b> Aurora	<b>4:09.51</b>	<b>1/25</b>

### Women's Distance Medley Relay

1	<b>24</b>	Elly Burds, Layla Hughes, Emily Delamora, Natalia Wrobel	<b>#3</b> Loras	<b>13:24.64c</b> (13:33.26f)	<b>1/24</b>
2	<b>50</b>	Alora Huver, Brianna Krantz, Novalee Lackey, Olivia Letkey	<b>#20</b> Lyon (Ark.)	<b>15:29.40c</b> (15:39.35f)	<b>1/25</b>

### Women's High Jump

1	<b>2</b>	Sara HOSKINS	SR	<b>#3</b> Loras	<b>1.70m</b>	5-7	12/7
1	<b>2</b>	Ebunoluwa OPATA	SR	<b>#1</b> Washington (Mo.)	<b>1.70m</b>	5-7	12/7
3	<b>4</b>	Hailey CAROLAN	JR	<b>#16</b> Cornell College	<b>1.69m</b>	5-6½	12/14
4	<b>12</b>	Sammi DUNN	SR	<b>#2</b> Chicago	<b>1.65m</b>	5-5	1/18
4	<b>12</b>	Elizabeth MULVANEY	SO	<b>#2</b> Chicago	<b>1.65m</b>	5-5	1/18
4	<b>12</b>	Hailey CARAWAY	FR	<b>#4</b> Elmhurst	<b>1.65m</b>	5-5	12/7
7	<b>21</b>	Faith LADIN	SR	<b>#6</b> North Central (Ill.)	<b>1.63m</b>	5-4¼	<b>1/24</b>
8	<b>24</b>	Grace CROWDER	SO	<b>#23</b> Wheaton (Ill.)	<b>1.62m</b>	5-3¾	12/7
9	<b>34</b>	Olivia THEISEN	SO	<b>#1</b> Washington (Mo.)	<b>1.60m</b>	5-3	<b>1/25</b>
9	<b>34</b>	Julia KLEIN	JR	<b>#3</b> Loras	<b>1.60m</b>	5-3	1/18
9	<b>34</b>	Samantha NIELSEN	JR	<b>#5</b> Wartburg	<b>1.60m</b>	5-3	<b>1/24</b>
9	<b>34</b>	Jaden GATTS	SO	<b>#18</b> Dubuque	<b>1.60m</b>	5-3	<b>1/25</b>

### Women's Pole Vault

1	<b>2</b>	Yasmin RUFF	SR	<b>#1</b> Washington (Mo.)	<b>3.95m</b>	12-11½	12/7
2	<b>8</b>	Gwen BERENYI	JR	<b>#6</b> North Central (Ill.)	<b>3.77m</b>	12-4½	1/18
3	<b>20</b>	Natalie JOHNSON	SR	<b>#6</b> North Central (Ill.)	<b>3.55m</b>	11-7¾	1/18
3	<b>20</b>	Kenzie KURDYS	SO	<b>#14</b> Greenville	<b>3.55m</b>	11-7¾	12/7
5	<b>35</b>	Amber VROMAN	SR	<b>#8</b> Central (Iowa)	<b>3.45m</b>	11-3¾	12/13
5	<b>35</b>	Meredyth BARR	SO	<b>#1</b> Washington (Mo.)	<b>3.45m</b>	11-3¾	<b>1/25</b>
7	<b>44</b>	Emily DRUSE	SR	<b>#9</b> Nebraska Wesley	<b>3.42m</b>	11-2½	12/13
8	<b>46</b>	Miranda HURSEY	JR	<b>#13</b> Monmouth (Ill.)	<b>3.40m</b>	11-1¾	<b>1/24</b>
9	<b>59</b>	Reece BAKER	JR	<b>#2</b> Chicago	<b>3.35m</b>	10-11¾	<b>1/25</b>
9	<b>59</b>	Haylee YELLE	JR	<b>#12</b> Millikin	<b>3.35m</b>	10-11¾	<b>1/25</b>
9	<b>59</b>	Madeline BENSON	SR	<b>#19</b> Illinois College	<b>3.35m</b>	10-11¾	<b>1/25</b>
9	<b>59</b>	Makenzie STOCK	SR	<b>#1</b> Washington (Mo.)	<b>3.35m</b>	10-11¾	1/18

### Women's Long Jump

1	<b>1</b>	Emma SEIPEL	SR	<b>#3</b> Loras	<b>5.98m</b>	19-7½	12/7
2	<b>4</b>	Paulina TINAJERO	SO	<b>#4</b> Elmhurst	<b>5.80m</b>	19-½	12/13
3	<b>7</b>	Lauren MARSHALL	SR	<b>#4</b> Elmhurst	<b>5.75m</b>	18-10½	12/13
4	<b>11</b>	Ebunoluwa OPATA	SR	<b>#1</b> Washington (Mo.)	<b>5.62m</b>	18-5¼	<b>1/25</b>
5	<b>16</b>	Harmony CREASY	SR	<b>#3</b> Loras	<b>5.59m</b>	18-4¼	12/7
6	<b>20</b>	Chloe SELMER	FR	<b>#4</b> Elmhurst	<b>5.53m</b>	18-1¾	<b>1/25</b>
7	<b>25</b>	Marina SEMPLER	JR	<b>#2</b> Chicago	<b>5.49m</b>	18-¼	12/6
8	<b>33</b>	Deja ANDERSON	SO	<b>#19</b> Illinois College	<b>5.44m</b>	17-10¼	<b>1/25</b>
9	<b>38</b>	Faith LADIN	SR	<b>#6</b> North Central (Ill.)	<b>5.42m</b>	17-9½	1/18
10	<b>41</b>	Vanessa CARR	JR	<b>#4</b> Elmhurst	<b>5.40m</b>	17-8¾	12/7

### Women's Triple Jump

1	<b>1</b>	Ebunoluwa OPATA	SR	<b>#1</b> Washington (Mo.)	<b>12.54m</b>	41-1¾	<b>1/25</b>
2	<b>5</b>	Imani OGUNRIBIDO	SO	<b>#10</b> Illinois Wesleyan	<b>12.28m</b>	40-3½	<b>1/24</b>
3	<b>13</b>	Paulina TINAJERO	SO	<b>#4</b> Elmhurst	<b>11.57m</b>	37-11½	12/7
4	<b>15</b>	Chloe SELMER	FR	<b>#4</b> Elmhurst	<b>11.51m</b>	37-9¼	<b>1/25</b>
5	<b>20</b>	Jazmyn HARMON	SO	<b>#14</b> Greenville	<b>11.44m</b>	37-6½	12/7
6	<b>22</b>	Emma SEIPEL	SR	<b>#3</b> Loras	<b>11.40m</b>	37-5	1/18
7	<b>29</b>	Madelyn (Maddie) MUCCI	FR	<b>#3</b> Loras	<b>11.22m</b>	36-9¾	1/18
8	<b>47</b>	Sofia ROSENZWEIG	SO	<b>#1</b> Washington (Mo.)	<b>10.96m</b>	35-11½	<b>1/25</b>
9	<b>62</b>	Shaniah JOHNSON	SR	<b>#5</b> Wartburg	<b>10.86m</b>	35-7¾	<b>1/24</b>
10	<b>66</b>	Francesca SMITH	SR	<b>#10</b> Illinois Wesleyan	<b>10.84m</b>	35-6¾	12/7



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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## Midwest

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### Women's Shot Put

1	2	Jenae BOTHE	JR	#1 Washington (Mo.)	14.44m	47-4½	12/7
2	3	Heather MICHALSKI	SR	#7 Augustana (Ill.)	13.86m	45-5¾	1/18
3	4	Maddie BOLEY	SR	#13 Monmouth (Ill.)	13.66m	44-9¾	1/24
4	8	Chloe REISER	SO	#18 Dubuque	13.60m	44-7½	1/25
5	11	Talahiva TALANOA	SR	#14 Greenville	13.50m	44-3½	1/18
6	17	Emmily BERGLUND	SO	#9 Nebraska Wesley	13.03m	42-9	1/17
7	18	Taylor FLAIG	SR	#3 Loras	13.01m	42-8¼	1/18
8	21	Courtney JOHNSON	SR	#17 Buena Vista	12.91m	42-4¼	12/7
9	28	Payton SCHERMERHORN	SO	#17 Buena Vista {2}	12.77m	41-10¾	1/25
10	35	Riley VICE	SR	#3 Loras {2}	12.67m	41-7	12/7

### Women's Weight Throw

1	2	Caitlyn COX	JR	#3 Loras	19.08m	62-7¼	12/7
2	7	Maddie BOLEY	SR	#13 Monmouth (Ill.)	17.95m	58-10¾	1/24
2	7	Taylor FLAIG	SR	#3 Loras {2}	17.95m	58-10¾	1/18
4	9	Emma TRUE	SR	#5 Wartburg	17.77m	58-3¾	1/24
5	11	Talahiva TALANOA	SR	#14 Greenville	17.63m	57-10¼	1/18
6	15	Carlyssa KING	SR	#10 Illinois Wesleyan	17.01m	55-9¾	1/24
7	20	Kaelyn MEANS	SO	#9 Nebraska Wesley	16.46m	54-0	12/13
8	21	Gabrielle HARDING	SR	#6 North Central (Ill)	16.36m	53-8¼	1/18
9	34	Jillian TOTH	JR	#13 Monmouth (Ill.) {2}	15.56m	51-¾	1/18
10	40	Ja'Dein MADISON	JR	#9 Nebraska Wesley {2}	15.42m	50-7¼	1/17

### Women's Pentathlon

1	2	Thea RING	JR	#15 North Park	3,576		12/7
2	9	Hailey CAROLAN	JR	#16 Cornell College	3,258		12/14
3	51	Ava MILLS	FR	#17 Buena Vista	2,433 OT		12/7
4	57	Bridgette SMITH	SO	#3 Loras	2,359		12/7





# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Week #1, January 28



Niagara

as of 1/28/2025 9:16:10 AM ET

## Women's 60 Meters

1	5	Victoria BREWSTER	SO	#12 Houghton	7.64	1/25
2	12	Brynn MOONEY	JR	#1 SUNY Geneseo	7.69	1/25
3	22	Shaesha JOHNSON		#14 SUNY Delhi	7.75	12/7
4	27	Khia LASTER	SR	#13 Buffalo State	7.77	1/17
5	32	Aynisha MCQUILLAR	FR	#2 Ithaca	7.78	12/7
6	33	Laura SUPPA	JR	#2 Ithaca	{2} 7.80	12/7
7	52	Autumn PITTMAN	SR	#8 SUNY Cortland	7.86	12/7
8	79	Alaina MORLEY	JR	#9 Nazareth	7.93	12/6
9	97	Miranda COLE	JR	#14 SUNY Delhi	{2} 7.96	12/7
9	97	Kendall SOBCZYK	JR	#8 SUNY Cortland	{2} 7.96	12/7

## Women's 60 Meter Hurdles

1	4	Laura SUPPA	JR	#2 Ithaca	8.80	12/7
2	6	Rachel LARSON	JR	#2 Ithaca	{2} 8.81	1/18
3	24	Natalia SAWYER	JR	#13 Buffalo State	9.08	1/25
4	32	Ava BAGLEY	SO	#1 SUNY Geneseo	9.12	12/6
4	32	Jill AMBLER	SO	#1 SUNY Geneseo	9.12	12/6
6	49	Jaiden SCHRAG	FR	#15 SUNY Oneonta	9.23	1/18
7	58	Nora CHEN	SO	#6 Rochester (N.Y.)	9.30	1/25
8	69	Allison REGNANTE	SR	#5 RIT	9.35	1/17
8	69	Dasha JACKSON	JR	#3 NYU	9.35	12/6
10	84	Lainey FLAITZ	SO	#1 SUNY Geneseo	{3} 9.40	12/6

## Women's 200 Meters

1	2	Sadie SCHREINER	JR	#5 RIT	24.13c	(24.50f) 1/17
2	45	Caroline HILL	SR	#5 RIT	{2} 25.60c	(25.99f) 1/17
3	57	Victoria BREWSTER	SO	#12 Houghton	25.73c	(26.13f) 1/25
4	61	Autumn PITTMAN	SR	#8 SUNY Cortland	25.76c	(26.16f) 1/25
4	61	Aynisha MCQUILLAR	FR	#2 Ithaca	25.76c	(26.16f) 1/25
6	63	Marykate RUDNICKI	FR	#2 Ithaca	{2} 25.78c	(26.18f) 1/25
7	78	Laura SUPPA	JR	#2 Ithaca	{3} 25.88c	(26.28f) 1/11
8		Zoe RODI	JR	#14 SUNY Delhi	26.08c	(26.48f) 12/7
9		Shaesha JOHNSON		#14 SUNY Delhi	{2} 26.12c	(26.52f) 12/7
10		Jill AMBLER	SO	#1 SUNY Geneseo	26.17c	(26.57f) 1/25

## Women's 400 Meters

1	1	Sadie SCHREINER	JR	#5 RIT	55.18c	(55.91f) 1/17
2	4	Megan BELL	SR	#6 Rochester (N.Y.)	56.03c	(56.77f) 1/25
3	15	Brynn MOONEY	JR	#1 SUNY Geneseo	57.48c	(58.24f) 12/6
4	28	Nora CHEN	SO	#6 Rochester (N.Y.)	{2} 58.25c	(59.02f) 12/6
5	36	Ava BAGLEY	SO	#1 SUNY Geneseo	{2} 58.62c	(59.39f) 12/6
6	39	Eva CIUFFETELLI	SO	#6 Rochester (N.Y.)	{3} 58.69c	(59.47f) 12/6
7	40	Marissa WISE	SR	#4 SUNY Brockport	58.71c	(59.49f) 1/17
8	49	Caroline HILL	SR	#5 RIT	{2} 58.91c	(59.69f) 12/6
9	55	Zoe RODI	JR	#14 SUNY Delhi	59.15c	(59.93f) 12/7
10	78	Lexi RODRIGUEZ	JR	#4 SUNY Brockport	{2} 59.72c	(1:00.51f) 1/17

## Women's 800 Meters

1	13	Gianna DAWSON	FR	#3 NYU	2:15.14	1/25
2	34	Ethne DEGAN	FR	#4 SUNY Brockport	2:17.85c	(2:19.44f) 1/17
3	43	Oli KRAYNIK	SO	#16 Alfred State	2:18.90c	(2:20.50f) 1/25
4	45	Mia VIZCAINO	SR	#4 SUNY Brockport	{2} 2:18.98c	(2:20.58f) 1/17
5	50	Keira ROGAN	FR	#10 Hamilton	2:19.72c	(2:21.33f) 1/17
6	54	Caitlin VOLOSHEN	JR	#7 St. John Fisher	2:20.17	1/18
7	70	Natalia SWEAT	FR	#15 SUNY Oneonta	2:20.87c	(2:22.49f) 1/25
8	73	Brianne HURLBURT	FR	#7 St. John Fisher	{2} 2:20.97c	(2:22.59f) 1/11
9	78	Emily LEO	JR	#4 SUNY Brockport	{3} 2:21.52c	(2:23.15f) 1/17
10		Hannah WIERER	SO	#1 SUNY Geneseo	2:22.55c	(2:24.19f) 12/6

## Women's Mile

1	8	Keira ROGAN	FR	#10 Hamilton	4:57.07	1/26
2	17	Penelope GREENE	SR	#1 SUNY Geneseo	5:00.21c	(5:03.18f) 1/25
3	28	Stella KUTTNER	FR	#3 NYU	5:03.69	1/25
4	45	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo	{2} 5:06.58c	(5:09.61f) 1/25
5	73	Katherine CHENG	SR	#3 NYU	{2} 5:11.63	1/25
6	90	Ari REBACK	FR	#1 SUNY Geneseo	{3} 5:13.22c	(5:16.32f) 1/25
7	96	Joy PETERSEN	JR	#2 Ithaca	5:13.69c	(5:16.79f) 1/11
8	100	Emily POGOZELSKI	JR	#10 Hamilton	{2} 5:14.07	1/26
9		Ethne DEGAN	FR	#4 SUNY Brockport	5:14.20	1/10
10		Gianna DAWSON	FR	#3 NYU	{3} 5:14.41	12/6

## Women's 3000 Meters

1	2	Janie COOPER	JR	#3 NYU	9:40.17	1/25
2	23	Josephine DZIEDZIC	SO	#3 NYU	{2} 10:00.65	1/25
3	30	Lucy GOTT	JR	#3 NYU	{3} 10:02.03	1/25
4	50	Kate COCHRAN	SR	#3 NYU	{4} 10:11.86	1/25
5	51	Daniela SEKHAR	JR	#3 NYU	{5} 10:13.62	1/25
6	55	Stella KUTTNER	FR	#3 NYU	{6} 10:15.39	1/17
7	59	Ann BRENNAN	JR	#1 SUNY Geneseo	10:16.65c	(10:21.93f) 1/25
8	62	Gabriella MCCARTHY	SR	#1 SUNY Geneseo	{2} 10:17.68c	(10:22.97f) 1/25
9	63	Mia VIZCAINO	SR	#4 SUNY Brockport	10:17.75	1/10
10	91	Olivia JACKSON	SO	#3 NYU	{7} 10:24.01	1/25

## Women's 5000 Meters

1	4	Penelope GREENE	SR	#1 SUNY Geneseo	16:35.83	12/7
2	12	Kate COCHRAN	SR	#3 NYU	17:02.79	12/7
3	13	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo	{2} 17:03.81	12/7
4	16	Janie COOPER	JR	#3 NYU	{2} 17:11.63	12/7
5	37	Gabriella MCCARTHY	SR	#1 SUNY Geneseo	{3} 17:46.10c	(17:54.26f) 12/6
6	44	Jillian O'ROURKE	SO	#1 SUNY Geneseo	{4} 17:54.57c	(18:02.80f) 12/6
7	52	Ann BRENNAN	JR	#1 SUNY Geneseo	{5} 17:58.99c	(18:07.25f) 12/6
8	64	Annika HURLEY	JR	#1 SUNY Geneseo	{6} 18:14.75c	(18:23.13f) 1/25
9	89	Gia ENGEL	SO	#15 SUNY Oneonta	18:34.24c	(18:42.77f) 12/7
10	93	Lily MURPHY	SO	#10 Hamilton	18:35.72	1/26



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Week #1, January 28



## Niagara

as of 1/28/2025 9:16:10 AM ET

### Women's 4x400 Relay

1	4	Eva Ciuffetelli, Nora Chen, Raquella Casserino, Megan Bell	#6 Rochester (N.Y.)	3:51.83c (3:54.90f)	1/25
2	5	Brynn Mooney, Janelle Eckl, Sophia Barclay, Nicole Gretzinger	#1 SUNY Geneseo	3:55.71c (3:58.83f)	1/25
3	37	Lauren Bendall, Alexis Lasher, Samantha Luba, Jordan Wagner	#9 Nazareth	4:06.70c (4:09.97f)	1/25
4	38	Ava Butler, Natalie MacArthur, Cameron Ting, Julia Ryba	#2 Ithaca	4:06.85c (4:10.12f)	1/25
5	43	Alexa Thomas, Olivia Waruch, Katherine Scibelli, Claire Tratnyek	#10 Hamilton	4:07.59c (4:10.87f)	1/17
6	45	Lexi Rodriguez, Monica Cammarota, Lily Rexford, Courtney Bostic	#4 SUNY Brockport	4:07.89c (4:11.18f)	1/17
7	47	Amelia Burger, Samantha Crisci, Jorja DeCarlo, Caroline Hill	#5 RIT	4:09.01c (4:12.31f)	12/6
8	57	Izzie Bosko, Matty Lucey, Faith Nelson, Yasmine Peralta	#8 SUNY Cortland	4:10.94c (4:14.27f)	1/18
9	62	Abigail Dorunda, Sophia Leach, Allison Nickson, Grace Wright	#7 St. John Fisher	4:11.86c (4:15.20f)	1/11
10	70	Danielle Jackson, Jaiden Schrag, Eva Woodworth, Natalia Sweat	#15 SUNY Oneonta	4:13.21c (4:16.57f)	1/18

### Women's Distance Medley Relay

1	3	Ella Grinnell, Ava Brogan, Dakota Limbert, Ari Reback	#1 SUNY Geneseo	12:34.62c(12:42.70f)	1/25
2	9	Ethne Degan, Marissa Wise, Mia Vizcaino, Julianne Wilson	#4 SUNY Brockport	12:44.30	1/10
3	15	Olivia Grinnell, Allison Nickson, Brienne Hurlburt, Caitlin Voloshen	#7 St. John Fisher	12:58.53	1/18
4	17	Joy Petersen, Lyla Powers, Carolina Cedraschi, Emily Johnson	#2 Ithaca	13:03.02c(13:11.40f)	1/25
5	45	Caity Strecker, Oli Kraynik, Olivia Plummer, Ava Sylvester	#16 Alfred State	14:44.77c(14:54.24f)	1/18
6	46	Catherine Manna, Caroline Young, Madalyn Haaf, Meghan Sonnacchio	#11 Utica	14:47.48c(14:56.98f)	1/25
7	51	Irving Jiang, Salma El bezzaoui, Gabriela Miranda, Melanie LIU	#18 Hunter	16:02.08	1/10

### Women's High Jump

1	20	Alexa BELANGER	FR	#12 Houghton	1.64m 5-4½	12/6
2	27	Kathryn HILLYARD	FR	#7 St. John Fisher	1.61m 5-3¼	12/6
3	58	Hannah ALLISON	SO	#11 Utica	1.58m 5-2¼	1/17
3	58	Celia RYAN	SO	#2 Ithaca	1.58m 5-2¼	1/25
3	58	Madeleine WRIGHT	SO	#2 Ithaca	1.58m 5-2¼	1/18
6	66	Tessa PATCHEN	FR	#4 SUNY Brockport	1.57m 5-1¾	12/6
6	66	Michaela LEVESQUE	SR	#4 SUNY Brockport	1.57m 5-1¾	12/6
6	66	Reilly QUINN	SO	#8 SUNY Cortland	1.57m 5-1¾	12/7
6	66	Rhiannon BUTCHKO	SO	#19 SUNY Oswego	1.57m 5-1¾	12/6
10	100	Brayton TRIPI	FR	#17 Fredonia	1.55m 5-1	12/7
10	100	Cecelia LABONTE	JR	#2 Ithaca	{3} 1.55m 5-1	12/7

### Women's Pole Vault

1	14	Isabel MORSE	JR	#9 Nazareth	3.60m 11-9¾	12/6
1	14	Bree BOYLE	JR	#2 Ithaca	3.60m 11-9¾	1/25
1	14	Talia HUTCHINSON	SO	#2 Ithaca	3.60m 11-9¾	1/25
4	35	Cara PELLECHIA	JR	#17 Fredonia	3.45m 11-3¾	1/25
4	35	Isabel SWYERS	SO	#4 SUNY Brockport	3.45m 11-3¾	1/17
4	35	Kiara TORNUSCIOLO	JR	#9 Nazareth	{2} 3.45m 11-3¾	12/6
4	35	Erin EASTWOOD	JR	#2 Ithaca	{3} 3.45m 11-3¾	1/18
8	73	Teagan KIGER	FR	#2 Ithaca	{4} 3.30m 10-9¾	1/25
8	73	Becca BREADY	JR	#4 SUNY Brockport	{2} 3.30m 10-9¾	1/17
8	73	Kathryn HILLYARD	FR	#7 St. John Fisher	3.30m 10-9¾	1/24



## Regional TFRI Event Summary



Niagara

as of 1/28/2025 9:16:11 AM ET

## Women's Long Jump

1	<b>4</b>	Khia LASTER	SR	#13 Buffalo State	<b>5.80m</b>	19-½	1/17
2	<b>41</b>	Ariana D'ONOFRIO	SO	<b>#1</b> SUNY Geneseo	<b>5.40m</b>	17-8¾	12/6
3	<b>44</b>	Veronica DUELL	SR	#7 St. John Fisher	<b>5.39m</b>	17-8¼	12/6
3	<b>44</b>	Sasha SCHRAMM	JR	<b>#4</b> SUNY Brockport	<b>5.39m</b>	17-8¼	1/17
5	<b>48</b>	Jill AMBLER	SO	<b>#1</b> SUNY Geneseo	{2} <b>5.37m</b>	17-7½	12/6
6	<b>54</b>	Janelle ECKL	SR	<b>#1</b> SUNY Geneseo	{3} <b>5.34m</b>	17-6¼	<b>1/25</b>
7	<b>58</b>	Allison REGNANTE	SR	<b>#5</b> RIT	<b>5.33m</b>	17-6	<b>1/24</b>
7	<b>58</b>	Nyasia MARSH	SO	#11 Utica	<b>5.33m</b>	17-6	1/17
9	<b>61</b>	Alaina MORLEY	JR	#9 Nazareth	<b>5.31m</b>	17-5¼	12/6
9	<b>61</b>	Rachel KULP	FR	<b>#5</b> RIT	{2} <b>5.31m</b>	17-5¼	<b>1/24</b>

## Women's Triple Jump

1	<b>32</b>	Nora DEVITT	SR	#11 Utica	<b>11.17m</b>	36-7¾	12/7
2	<b>35</b>	Elyse KLUMP	FR	<b>#1</b> SUNY Geneseo	<b>11.14m</b>	36-6¾	12/6
3	<b>41</b>	Eliana BARNETT	FR	<b>#2</b> Ithaca	<b>11.07m</b>	36-4	1/11
4	<b>43</b>	Sasha SCHRAMM	JR	<b>#4</b> SUNY Brockport	<b>11.05m</b>	36-3	1/17
5	<b>50</b>	Areyanna MCCARTHY	JR	<b>#3</b> NYU	<b>10.95m</b>	35-11¼	12/6
6	<b>56</b>	Alexis BROWN	SO	<b>#2</b> Ithaca	{2} <b>10.89m</b>	35-8¾	1/11
7	<b>66</b>	Rania SABRI	JR	<b>#5</b> RIT	<b>10.84m</b>	35-6¾	<b>1/24</b>
8	<b>69</b>	Jamie RISSO	FR	#18 Hunter	<b>10.82m</b>	35-6	1/3
9	<b>81</b>	Sydney LASALLE	JR	#9 Nazareth	<b>10.73m</b>	35-2½	12/6
10	<b>82</b>	Kianna NAVAL	FR	#7 St. John Fisher	<b>10.72m</b>	35-2	12/6

## Women's Shot Put

1	<b>23</b>	Zoe CONNER	SR	<b>#1</b> SUNY Geneseo	<b>12.89m</b>	42-3½	12/6
2	<b>47</b>	Emily DIMARCO	SR	<b>#5</b> RIT	<b>12.43m</b>	40-9½	<b>1/24</b>
2	<b>47</b>	Lily SEYFERT	JR	<b>#2</b> Ithaca	<b>12.43m</b>	40-9½	1/18
4	<b>59</b>	Lauren JAKLITSCH	JR	<b>#1</b> SUNY Geneseo	{2} <b>12.30m</b>	40-4¼	12/6
5	<b>65</b>	Cora ROSE	SR	#6 Rochester (N.Y.)	<b>12.23m</b>	40-1½	12/6
6	<b>69</b>	Ella MANELLIS	FR	<b>#1</b> SUNY Geneseo	{3} <b>12.20m</b>	40-½	<b>1/25</b>
7	<b>73</b>	Payton MEHALICK	JR	<b>#1</b> SUNY Geneseo	{4} <b>12.16m</b>	39-10¾	12/6
8	<b>79</b>	Trinity DEES	JR	<b>#4</b> SUNY Brockport	<b>12.11m</b>	39-8¾	1/17
9	<b>81</b>	Jennifer NDUKWU	JR	#8 SUNY Cortland	<b>12.08m</b>	39-7¾	12/7
10	<b>83</b>	Hannah MCMASTERS	JR	#8 SUNY Cortland	{2} <b>12.07m</b>	39-7¼	12/7

## Women's Weight Throw

1	<b>14</b>	Zoe CONNER	SR	<b>#1</b> SUNY Geneseo	<b>17.33m</b>	56-10¼	<b>1/25</b>
2	<b>16</b>	Lea RICHARD	SR	#9 Nazareth	<b>16.93m</b>	55-6½	12/6
3	<b>23</b>	Lauren JAKLITSCH	JR	<b>#1</b> SUNY Geneseo	{2} <b>16.24m</b>	53-3½	<b>1/25</b>
4	<b>34</b>	Ella MANELLIS	FR	<b>#1</b> SUNY Geneseo	{3} <b>15.56m</b>	51-¾	<b>1/25</b>
5	<b>38</b>	Deziree GARRICK	SR	#6 Rochester (N.Y.)	<b>15.49m</b>	50-10	<b>1/25</b>
6	<b>45</b>	Jennifer NDUKWU	JR	#8 SUNY Cortland	<b>15.39m</b>	50-6	12/7
7	<b>65</b>	Emily DIMARCO	SR	<b>#5</b> RIT	<b>15.10m</b>	49-6½	12/6
8	<b>76</b>	Lily SEYFERT	JR	<b>#2</b> Ithaca	<b>14.95m</b>	49-¾	1/11
9	<b>86</b>	Katrina CHANDLER	JR	<b>#4</b> SUNY Brockport	<b>14.83m</b>	48-8	<b>1/24</b>
10	<b>88</b>	Jazelle MCINTYRE	JR	#7 St. John Fisher	<b>14.78m</b>	48-6	<b>1/24</b>

## Women's Pentathlon

1	<b>22</b>	Cecelia LABONTE	JR	<b>#2</b> Ithaca	<b>2,956</b>		12/7
2	<b>25</b>	Cameron TING	FR	<b>#2</b> Ithaca	{2} <b>2,913</b>		12/7



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Week #1, January 28



North

as of 1/28/2025 9:16:11 AM ET

## Women's 60 Meters

1	<b>1</b>	Lauren JARRETT	JR	<b>#1</b> UW-La Crosse	<b>7.37</b>	<b>1/25</b>
2	<b>15</b>	McKenna SEDLACEK	FR	<b>#1</b> UW-La Crosse {2}	<b>7.70</b>	<b>1/25</b>
3	<b>27</b>	Cici STENNETT	FR	<b>#4</b> UW-Whitewater	<b>7.77</b>	1/18
4	<b>38</b>	Taylor MOLLING	SO	<b>#1</b> UW-La Crosse {3}	<b>7.82</b>	<b>1/25</b>
5	<b>41</b>	Julie YANG	FR	<b>#1</b> UW-La Crosse {4}	<b>7.83</b>	<b>1/25</b>
5	<b>41</b>	Andrea GLAZ	SR	<b>#2</b> UW-Oshkosh	<b>7.83</b>	12/7
7	<b>47</b>	Kelly HUERTA	FR	<b>#4</b> UW-Whitewater {2}	<b>7.85</b>	<b>1/25</b>
8	<b>52</b>	Zari YOUNG	FR	<b>#21</b> Saint Mary's (Mir	<b>7.86</b>	1/18
9	<b>62</b>	Nicole MAKOPÉ	SR	<b>#11</b> St. Norbert	<b>7.89</b>	12/7
10	<b>72</b>	Allyson KAKES	SO	<b>#3</b> UW-Eau Claire	<b>7.91</b>	1/18
10	<b>72</b>	Dakota MITCHELL	FR	<b>#4</b> UW-Whitewater {3}	<b>7.91</b>	1/18

## Women's 60 Meter Hurdles

1	<b>4</b>	Hannah ZASTROW	SR	<b>#5</b> UW-Stout	<b>8.80</b>	<b>1/25</b>
2	<b>8</b>	Emilee BOOKER	SR	<b>#3</b> UW-Eau Claire	<b>8.85</b>	<b>1/25</b>
3	<b>11</b>	Regan SCOTT	FR	<b>#1</b> UW-La Crosse	<b>8.88</b>	<b>1/25</b>
4	<b>21</b>	Olivia NAVIN	FR	<b>#1</b> UW-La Crosse {2}	<b>9.04</b>	<b>1/25</b>
5	<b>23</b>	Megan ZEMKE	FR	<b>#1</b> UW-La Crosse {3}	<b>9.06</b>	<b>1/25</b>
6	<b>30</b>	Amber GROSSE	JR	<b>#1</b> UW-La Crosse {4}	<b>9.10</b>	<b>1/25</b>
7	<b>39</b>	Lilly ROBERTS	JR	<b>#5</b> UW-Stout {2}	<b>9.16</b>	<b>1/25</b>
8	<b>42</b>	Andie OTTO	FR	<b>#1</b> UW-La Crosse {5}	<b>9.17</b>	<b>1/25</b>
9	<b>50</b>	Brielle KUECHLE	FR	<b>#9</b> UW-River Falls	<b>9.24</b>	12/14
10	<b>55</b>	Sam BURGE	FR	<b>#4</b> UW-Whitewater	<b>9.28</b>	<b>1/25</b>
10	<b>55</b>	Brie ECKERMAN	SO	<b>#1</b> UW-La Crosse {6}	<b>9.28</b>	<b>1/25</b>

## Women's 200 Meters

1	<b>1</b>	Lauren JARRETT	JR	<b>#1</b> UW-La Crosse	<b>23.89c</b> (24.26f)	<b>1/25</b>
2	<b>14</b>	Anika REILAND	SO	<b>#1</b> UW-La Crosse {2}	<b>25.06c</b> (25.45f)	<b>1/25</b>
3	<b>21</b>	Ariella ROGAHN-PRESS	FR	<b>#13</b> Macalester	<b>25.20c</b> (25.59f)	<b>1/25</b>
4	<b>36</b>	Megan GERAETS	SR	<b>#12</b> Gustavus Adolph	<b>25.52c</b> (25.91f)	1/18
5	<b>38</b>	McKenna SEDLACEK	FR	<b>#1</b> UW-La Crosse {3}	<b>25.55c</b> (25.94f)	<b>1/25</b>
6	<b>41</b>	Jenna MILLER	JR	<b>#1</b> UW-La Crosse {4}	<b>25.57c</b> (25.96f)	<b>1/25</b>
7	<b>43</b>	Kelly HUERTA	FR	<b>#4</b> UW-Whitewater	<b>25.58c</b> (25.97f)	<b>1/25</b>
8	<b>49</b>	Makenna ZAK	JR	<b>#1</b> UW-La Crosse {5}	<b>25.63c</b> (26.02f)	<b>1/25</b>
9	<b>50</b>	Andrea GLAZ	SR	<b>#2</b> UW-Oshkosh	<b>25.65c</b> (26.04f)	12/7
10	<b>53</b>	Addie BAKER	FR	<b>#2</b> UW-Oshkosh {2}	<b>25.69c</b> (26.09f)	12/7
10	<b>53</b>	Allyson KAKES	SO	<b>#3</b> UW-Eau Claire	<b>25.69</b>	<b>1/25</b>

## Women's 400 Meters

1	<b>5</b>	Anna PLAUTZ	SO	<b>#1</b> UW-La Crosse	<b>56.31c</b> (57.05f)	<b>1/25</b>
2	<b>8</b>	Ariella ROGAHN-PRESS	FR	<b>#13</b> Macalester	<b>56.59c</b> (57.34f)	12/7
3	<b>14</b>	Allison HOOKOM	JR	<b>#19</b> Augsburg	<b>57.40c</b> (58.16f)	<b>1/25</b>
4	<b>19</b>	Megan GERAETS	SR	<b>#12</b> Gustavus Adolph	<b>57.81c</b> (58.57f)	<b>1/25</b>
5	<b>20</b>	Maddy LAVOI	SO	<b>#2</b> UW-Oshkosh	<b>57.85c</b> (58.61f)	12/7
6	<b>25</b>	Morgan JENNINGS	JR	<b>#1</b> UW-La Crosse {2}	<b>58.08c</b> (58.85f)	<b>1/25</b>
7	<b>26</b>	Macy REYBROCK	FR	<b>#1</b> UW-La Crosse {3}	<b>58.09c</b> (58.86f)	<b>1/25</b>
8	<b>32</b>	Kyla NYGAARD	JR	<b>#15</b> Concordia Moorl	<b>58.38c</b> (59.16f)	12/14
9	<b>51</b>	Kylee GRABARSKI	JR	<b>#3</b> UW-Eau Claire	<b>59.01c</b> (59.79f)	1/18
9	<b>51</b>	Julia STEGER	SO	<b>#2</b> UW-Oshkosh {2}	<b>59.01c</b> (59.79f)	12/7

## Women's 800 Meters

1	<b>3</b>	Isabel WYATT	JR	<b>#7</b> St. Olaf	<b>2:11.94c</b> (2:13.46f)	1/18
2	<b>4</b>	Cyna MADIGAN	SR	<b>#2</b> UW-Oshkosh	<b>2:12.20c</b> (2:13.72f)	12/7
3	<b>23</b>	Alli THOMAS	FR	<b>#1</b> UW-La Crosse	<b>2:16.53c</b> (2:18.10f)	<b>1/25</b>
4	<b>24</b>	Ceanna DIETZ	FR	<b>#2</b> UW-Oshkosh {2}	<b>2:16.59c</b> (2:18.16f)	12/7
5	<b>25</b>	Kylie STOCKTON	JR	<b>#1</b> UW-La Crosse {2}	<b>2:16.61c</b> (2:18.18f)	<b>1/25</b>
6	<b>33</b>	Olivia STENZEL	JR	<b>#2</b> UW-Oshkosh {3}	<b>2:17.62c</b> (2:19.20f)	12/7
7	<b>48</b>	Jules FROMM	SR	<b>#7</b> St. Olaf {2}	<b>2:19.36c</b> (2:20.96f)	1/18
8	<b>53</b>	Jessica WILSON	JR	<b>#1</b> UW-La Crosse {3}	<b>2:20.12c</b> (2:21.73f)	<b>1/25</b>
9	<b>58</b>	Lara ERICKSON	SR	<b>#6</b> Carleton	<b>2:20.34c</b> (2:21.95f)	<b>1/25</b>
10	<b>60</b>	Ella DUFAULT	SO	<b>Crown</b>	<b>2:20.41c</b> (2:22.03f)	1/18

## Women's Mile

1	<b>14</b>	Amelia LEHMAN	SR	<b>#2</b> UW-Oshkosh	<b>4:58.72c</b> (5:01.67f)	12/7
2	<b>36</b>	Ari DE LA CERDA	SR	<b>#4</b> UW-Whitewater	<b>5:05.60c</b> (5:08.62f)	<b>1/25</b>
3	<b>38</b>	Breklyn LAMMERT	SR	<b>#5</b> UW-Stout	<b>5:05.67c</b> (5:08.69f)	<b>1/25</b>
4	<b>59</b>	Aliya LARSEN	JR	<b>#6</b> Carleton	<b>5:09.30c</b> (5:12.36f)	<b>1/25</b>
5	<b>70</b>	Keeley BEHR	JR	<b>#3</b> UW-Eau Claire	<b>5:11.33c</b> (5:14.41f)	<b>1/25</b>
6	<b>75</b>	Lindsey JOSSIE	JR	<b>#18</b> UW-Stevens Poir	<b>5:11.66c</b> (5:14.74f)	<b>1/25</b>
7	<b>79</b>	Libby ROWLAND	SR	<b>#6</b> Carleton {2}	<b>5:11.95c</b> (5:15.03f)	<b>1/25</b>
8	<b>83</b>	Bella HOOKER	FR	<b>#3</b> UW-Eau Claire {2}	<b>5:12.18c</b> (5:15.27f)	<b>1/25</b>
9	<b>91</b>	Olivia HEILMAN	FR	<b>#1</b> UW-La Crosse	<b>5:13.27c</b> (5:16.37f)	<b>1/25</b>
10	<b>94</b>	Saige PETERSON	FR	<b>#3</b> UW-Eau Claire {3}	<b>5:13.52c</b> (5:16.62f)	<b>1/25</b>

## Women's 3000 Meters

1	<b>8</b>	Mallory REISER	FR	<b>#1</b> UW-La Crosse	<b>9:54.28c</b> (9:59.37f)	<b>1/25</b>
2	<b>14</b>	Gwen HINZ	JR	<b>#1</b> UW-La Crosse {2}	<b>9:56.93c</b> (10:02.04f)	<b>1/25</b>
3	<b>15</b>	Hannah PREISSER	JR	<b>#6</b> Carleton	<b>9:57.02c</b> (10:02.13f)	1/18
4	<b>29</b>	Brooklyn LUEBKE	JR	<b>#1</b> UW-La Crosse {3}	<b>10:01.89c</b> (10:07.05f)	<b>1/25</b>
5	<b>34</b>	Madelynn MCINTYRE	SR	<b>#1</b> UW-La Crosse {4}	<b>10:05.76c</b> (10:10.95f)	<b>1/25</b>
6	<b>37</b>	Lucy DUCHAC	JR	<b>#1</b> UW-La Crosse {5}	<b>10:07.38c</b> (10:12.58f)	<b>1/25</b>
7	<b>42</b>	Sophie MCMANUS	SR	<b>#6</b> Carleton {2}	<b>10:09.37c</b> (10:14.59f)	1/18
8	<b>48</b>	Sofia CARLSON	SR	<b>#7</b> St. Olaf	<b>10:11.37c</b> (10:16.61f)	1/18
9	<b>54</b>	Molly NOVOTNY	SO	<b>#1</b> UW-La Crosse {6}	<b>10:14.72c</b> (10:19.99f)	<b>1/25</b>
10	<b>61</b>	Elizabeth SCHWARTZ	SO	<b>#1</b> UW-La Crosse {7}	<b>10:17.24c</b> (10:22.53f)	<b>1/25</b>

## Women's 5000 Meters

1	<b>10</b>	Hannah PREISSER	JR	<b>#6</b> Carleton	<b>16:59.93c</b> (17:07.74f)	<b>1/25</b>
2	<b>21</b>	Sophie MCMANUS	SR	<b>#6</b> Carleton {2}	<b>17:23.23c</b> (17:31.22f)	<b>1/25</b>
3	<b>31</b>	Lauren WALDA	JR	<b>#7</b> St. Olaf	<b>17:40.96c</b> (17:49.08f)	12/7
4	<b>40</b>	Sofia CARLSON	SR	<b>#7</b> St. Olaf {2}	<b>17:49.88c</b> (17:58.07f)	<b>1/25</b>
5	<b>65</b>	Gwen FEITL	JR	<b>#2</b> UW-Oshkosh	<b>18:15.09c</b> (18:23.47f)	12/7
6	<b>74</b>	Jamie CATANIA	JR	<b>#2</b> UW-Oshkosh {2}	<b>18:20.95c</b> (18:29.38f)	12/7
7	<b>77</b>	Molly LISTON	JR	<b>#12</b> Gustavus Adolph	<b>18:22.19c</b> (18:30.63f)	<b>1/25</b>
8	<b>97</b>	Ella KOJIS	JR	<b>#2</b> UW-Oshkosh {3}	<b>18:38.24c</b> (18:46.80f)	12/7
9		Allison VAN DER WEGEN	SO	<b>#2</b> UW-Oshkosh {4}	<b>18:43.61c</b> (18:52.21f)	12/7
10		Sydney HAGEN	SR	<b>#12</b> Gustavus Adolph {2}	<b>18:44.85c</b> (18:53.46f)	<b>1/25</b>





# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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## Women's 4x400 Relay

1	2	Anika Reiland, Sarah Grubbs, Andie Otto, Morgan Jennings	#1 UW-La Crosse	3:50.48c	(3:53.54f)	1/25
2	11	Kylee Grabarski, Mya Cinnamo, McKenzie Kruse, Allyson Kakes	#3 UW-Eau Claire	3:58.83		1/25
3	16	Emma Boegh, Ceanna Dietz, Cyna Madigan, Olivia Stenzel	#2 UW-Oshkosh	4:00.42c	(4:03.61f)	12/7
4	20	Caitlyn Wrzesien, Sarah Stellmach, Abbie Swenson, Hailey Gregg	#10 Bethel (Minn.)	4:02.50c	(4:05.71f)	1/25
5	39	Emily Rengo, Emma Warner, Meg Shercliffe, Kyla Nygaard	#15 Concordia Moorl	4:07.11c	(4:10.39f)	1/25
6	41	Hadley Wilkins, Ariella Rogahn-Press, Kate Fox, Megan Worry	#13 Macalester	4:07.40c	(4:10.68f)	1/25
7	42	#Type!	#11 St. Norbert	4:07.43		1/18
8	54	Molly DiNardo, Willemijn Leiner, Madeline Daugherty, Kayla Sieck	#7 St. Olaf	4:10.10c	(4:13.42f)	1/25
9	79	Anika Tollerud, Hana Smith, Tirzah Losos, Taylor Olund	#16 Carroll (Wis.)	4:15.10c	(4:18.48f)	12/7
10	81	Jenny Cortes, Heleyna Weiss, Madylyn Woyak, Devin Ibarra	Ripon	4:15.39c	(4:18.78f)	1/24

## Women's Distance Medley Relay

1	22	Katie Erb, Emma Henningfeld, Kaitlyn Burke, Brinley Everson	#4 UW-Whitewater	13:16.03c	(13:24.55f)	1/25
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## Women's High Jump

1	4	Macie TODD	SR	#1 UW-La Crosse	1.69m	5-6½	1/25
2	12	Hailey CAMPBELL	SO	#14 UW-Platteville	1.65m	5-5	1/25
3	24	McKailey REISEN	FR	#3 UW-Eau Claire	1.62m	5-3¾	1/18
3	24	Bella HOOKER	FR	#3 UW-Eau Claire	1.62m	5-3¾	1/18
5	34	Laura BERTRANG	SO	#3 UW-Eau Claire	{3} 1.60m	5-3	1/25
5	34	Brielle KUECHLE	FR	#9 UW-River Falls	1.60m	5-3	12/14
5	34	Madeline ZIRBEL	JR	#18 UW-Stevens Poir	1.60m	5-3	1/18
8	50	Rachel ROMENS	SR	#22 Wisconsin Luthe	1.59m	5-2½	1/25
8	50	Eden MARANELL	SO	#11 St. Norbert	1.59m	5-2½	12/7
8	50	Elle THORSON		#10 Bethel (Minn.)	1.59m	5-2½	1/25
8	50	Hannah ZASTROW	SR	#5 UW-Stout	1.59m	5-2½	1/25
8	50	Izzy BENDER	FR	#1 UW-La Crosse	{2} 1.59m	5-2½	1/25

## Women's Pole Vault

1	1	Gracie HOLLAND	SR	#4 UW-Whitewater	4.02m	13-2¼	1/25
2	6	Maddy HABBERSTAD	SO	#1 UW-La Crosse	3.78m	12-4¾	1/25
2	6	Leah ZASTROW	JR	#5 UW-Stout	3.78m	12-4¾	1/25
4	9	Annika GUNDERSON	JR	#9 UW-River Falls	3.71m	12-2	12/14
5	10	Haley BLAGDON	SR	#3 UW-Eau Claire	3.70m	12-1½	1/25
6	12	Marisa HARVEY	SO	#1 UW-La Crosse	{2} 3.68m	12-¾	1/25
7	27	Emily SHAFRON	JR	#1 UW-La Crosse	{3} 3.53m	11-7	1/25
7	27	Araceli DE LEO LOPEZ	JR	#1 UW-La Crosse	{3} 3.53m	11-7	1/25
9	33	Alli GRAFF	SR	#12 Gustavus Adolp	3.46m	11-4¼	1/25
10	53	Gabby PATTERSON	FR	#1 UW-La Crosse	{5} 3.38m	11-1	1/25
10	53	Nina MORRISON	SR	#1 UW-La Crosse	{5} 3.38m	11-1	1/25
10	53	Amanda VANCALSTER	FR	#1 UW-La Crosse	{5} 3.38m	11-1	1/25
10	53	Jackie BERGERON	FR	#1 UW-La Crosse	{5} 3.38m	11-1	1/25

## Women's Long Jump

1	2	Megan HUNT	SR	#2 UW-Oshkosh	5.86m	19-2¾	12/7
2	9	Maya EVANS	JR	#1 UW-La Crosse	5.72m	18-9¼	1/25
3	13	Christina HALL	JR	#8 Carthage	5.60m	18-4½	1/18
3	13	Jenna MILLER	JR	#1 UW-La Crosse	{2} 5.60m	18-4½	1/25
5	19	Ava FOLEY	JR	#1 UW-La Crosse	{3} 5.54m	18-2¼	1/25
6	21	Alison DAUGHERTY	SO	#1 UW-La Crosse	{4} 5.50m	18-½	1/25
6	21	Ashley DAVIES	SO	#1 UW-La Crosse	{4} 5.50m	18-½	1/25
6	21	Brielle KUECHLE	FR	#9 UW-River Falls	5.50m	18-½	1/18
9	31	Gracie HOLLAND	SR	#4 UW-Whitewater	5.45m	17-10¾	1/25
10	33	Megan GERAETS	SR	#12 Gustavus Adolp	5.44m	17-10¼	12/7

## Women's Triple Jump

1	8	Samantha BARRETT	SR	#1 UW-La Crosse	11.93m	39-1¾	1/25
2	9	Eden MARANELL	SO	#11 St. Norbert	11.91m	39-1	12/13
3	10	Abigail CALHOUN	SR	#8 Carthage	11.86m	38-11	12/7
4	14	Mackenzey KRONBERG	JR	#1 UW-La Crosse	{2} 11.52m	37-9½	1/25
5	27	Tara SCHAALMA	SO	#8 Carthage	{2} 11.25m	36-11	12/7
6	31	Emily BLASKOWSKI	SO	#1 UW-La Crosse	{3} 11.20m	36-9	1/25
7	39	Amereka MCPHERSON	JR	#11 St. Norbert	{2} 11.10m	36-5	12/7
8	45	Jaden HACKEL	FR	#1 UW-La Crosse	{4} 11.00m	36-1¼	1/25
9	47	Piper OSBORNE	SO	#15 Concordia Moorl	10.96m	35-11½	12/14
10	55	Anna THALER	FR	#3 UW-Eau Claire	10.90m	35-9¼	1/25

## Women's Shot Put

1	4	Brenna MASLOROFF	SR	#2 UW-Oshkosh	13.66m	44-9¾	12/7
2	6	Brenna NOON	SR	#14 UW-Platteville	13.62m	44-8¼	1/25
2	6	Maria FALK	SR	#16 Carroll (Wis.)	13.62m	44-8¼	12/7
4	8	Madison PAYNE	JR	#8 Carthage	13.60m	44-7½	12/7
5	15	Kayla BEHNKE	JR	#3 UW-Eau Claire	13.05m	42-9¾	1/18
6	18	Madielyn VANDER SANDEN	SO	#1 UW-La Crosse	13.01m	42-8¼	1/25
7	20	Katrina WAWRZYN	SR	#17 MSOE	12.92m	42-4¾	1/10
8	25	Vanessa UITENBROEK	SR	#16 Carroll (Wis.)	{2} 12.84m	42-1½	12/7
9	27	Lincoln WELLSMITH	JR	#5 UW-Stout	12.81m	42-½	1/25
10	30	Addy MOSELER	FR	#1 UW-La Crosse	{2} 12.75m	41-10	1/25





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## Women's Weight Throw

1	<b>3</b>	Kayla BEHNKE	JR	<b>#3</b> UW-Eau Claire	<b>18.63m</b>	61-1½	1/18
2	<b>4</b>	Brenna MASLOROFF	SR	<b>#2</b> UW-Oshkosh	<b>18.38m</b>	60-3¾	<b>1/25</b>
3	<b>5</b>	Teagan JONES	SR	<b>#3</b> UW-Eau Claire {2}	<b>18.28m</b>	59-11¾	<b>1/25</b>
4	<b>6</b>	Kenni CZARNECKI	SR	<b>#4</b> UW-Whitewater	<b>18.11m</b>	59-5	<b>1/25</b>
5	<b>10</b>	Aubree KOENINGS	SO	<b>#5</b> UW-Stout	<b>17.67m</b>	57-11¾	<b>1/25</b>
6	<b>13</b>	Nicole TARPLEY	SR	<b>#8</b> Carthage	<b>17.49m</b>	57-4¾	1/18
7	<b>18</b>	Lexi BRAINER	SR	<b>#23</b> Hamline	<b>16.70m</b>	54-9½	1/17
8	<b>25</b>	Maddie RAHMAN	SO	<b>#3</b> UW-Eau Claire {3}	<b>16.00m</b>	52-6	<b>1/25</b>
9	<b>29</b>	Kylie CRUM	JR	<b>#17</b> MSOE	<b>15.77m</b>	51-9	1/10
10	<b>33</b>	Abi MASLOROFF	SO	<b>#2</b> UW-Oshkosh {2}	<b>15.57m</b>	51-1	<b>1/25</b>

## Women's Pentathlon

1	<b>3</b>	Megan HUNT	SR	<b>#2</b> UW-Oshkosh	<b>3,482</b>	12/7
2	<b>6</b>	Elle THORSON		<b>#10</b> Bethel (Minn.)	<b>3,358</b>	<b>1/25</b>
3	<b>7</b>	Eden MARANELL	SO	<b>#11</b> St. Norbert	<b>3,348</b>	12/7
4	<b>11</b>	Brielle KUECHLE	FR	<b>#9</b> UW-River Falls	<b>3,165</b>	<b>1/25</b>
5	<b>19</b>	Ellie HERNES	JR	<b>#10</b> Bethel (Minn.) {2}	<b>3,028</b>	<b>1/25</b>
6	<b>21</b>	Haylie RASMUSSEN	SO	<b>#9</b> UW-River Falls {2}	<b>2,962</b>	<b>1/25</b>
7	<b>34</b>	Tessa MYATT	SO	<b>#13</b> Macalester	<b>2,749</b>	12/7
8	<b>40</b>	Hailey SCHOLTEN	JR	<b>#10</b> Bethel (Minn.) {3}	<b>2,603</b>	<b>1/25</b>
9	<b>41</b>	Halle MEYER	SO	<b>#2</b> UW-Oshkosh {2}	<b>2,593</b>	12/7
10	<b>43</b>	Claire KEECH	JR	<b>#7</b> St. Olaf	<b>2,556</b>	<b>1/25</b>



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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South

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## Women's 60 Meters

1	8	Olivia FREEMAN	JR	#14 Rhodes	7.67	1/17
2	12	Jada KENNER	FR	#1 Emory	7.69	1/17
3	15	Kamiyah WOOTEN	SO	#9 North Carolina W	7.70	1/18
4	22	Audrey JOHNSON	SR	#1 Emory	{2} 7.75	12/6
4	22	Ti'asia BRYANT	SO	#9 North Carolina W	{2} 7.75	1/18
6	27	Kaya BINETTI	SR	#1 Emory	{3} 7.77	12/6
7	36	Eva CARCHIDI	SR	#1 Emory	{4} 7.81	1/17
8	45	Natashe TATE	SO	#12 Virginia Wesleya	7.84	1/17
9	54	Jade BUCKLES	JR	#5 Bridgewater (Va.	7.87	1/10
10	72	Dashiel TAO HARRIS	SR	#1 Emory	{5} 7.91	12/6

## Women's 60 Meter Hurdles

1	17	Nikki BOON	SR	#1 Emory	8.97	1/17
2	31	Betsy MOHNKERN	SR	#3 Lynchburg	9.11	1/10
3	58	Brigid BYRNES	SO	#4 Catholic (D.C.)	9.30	12/7
4	68	Amanda ROMANO	SR	#2 Washington and	9.34	1/18
5	69	Ellie NUCKOLS	SO	#7 Christopher New	9.35	1/25
5	69	Rebecca CARR	SO	#10 Roanoke	9.35	1/18
7	73	Olivia VIERS	SO	#10 Roanoke	{2} 9.36	12/8
7	73	Deziree CONKLIN	SR	#20 Marymount (Va.)	9.36	1/18
9	81	Macy MURDOCK	JR	#6 Berry	9.39	1/25
10	95	Flo TORRES	SR	#13 Southern Virgini	9.44	1/25

## Women's 200 Meters

1	11	Audrey JOHNSON	SR	#1 Emory	24.98	1/17
2	19	Eva CARCHIDI	SR	#1 Emory	{2} 25.17	12/6
3	38	Kaya BINETTI	SR	#1 Emory	{3} 25.55	12/6
4	43	Jada KENNER	FR	#1 Emory	{4} 25.58	1/17
5	60	Kimona HAYNES	JR	#11 Belhaven (Miss.)	25.75	12/6
6	87	Ashaunti JONES	SR	#11 Belhaven (Miss.)	{2} 25.97	12/6
7	90	Sydney TRUSSELL	SR	#7 Christopher New	26.02	1/25
8	97	Ti'asia BRYANT	SO	#9 North Carolina W	26.04	1/18
9	100	Olivia FREEMAN	JR	#14 Rhodes	26.06	12/6
9	100	Jade BUCKLES	JR	#5 Bridgewater (Va.	26.06c (26.46f)	1/18

## Women's 400 Meters

1	3	Kamiyah WOOTEN	SO	#9 North Carolina W	55.76	1/18
2	15	Ashaunti JONES	SR	#11 Belhaven (Miss.)	57.48	1/17
3	27	Aaliyah JALLOH	FR	#1 Emory	58.20	1/17
4	44	Kimona HAYNES	JR	#11 Belhaven (Miss.)	{2} 58.80	12/6
5	50	Ellie NUCKOLS	SO	#7 Christopher New	58.93	1/25
6	74	Clare MARSH	SR	#4 Catholic (D.C.)	59.68	1/25
7	76	Sydney TRUSSELL	SR	#7 Christopher New	{2} 59.71	1/25
8	80	Macy MURDOCK	JR	#6 Berry	59.75	12/6
9		Zoey BROWN	SO	#4 Catholic (D.C.)	{2} 1:00.53	12/7
10		Kaya BINETTI	SR	#1 Emory	{2} 1:00.61	1/17

## Women's 800 Meters

1	10	Emily MOEHRINGER	SR	#4 Catholic (D.C.)	2:14.87c (2:16.42f)	1/18
2	18	Aaliyah JALLOH	FR	#1 Emory	2:16.18	12/6
3	37	Molly SILVA	SR	#3 Lynchburg	2:18.56	1/25
4	86	Channing BARKER	SR	#21 Brevard (N.C.)	2:21.74c (2:23.37f)	1/18
5		Nikki BOON	SR	#1 Emory	{2} 2:24.65	12/6
6		Katelyn LENTZ	SO	#19 Pfeiffer	2:24.74c (2:26.40f)	12/8
7		Makenna THRUSH	SR	#8 Shenandoah	2:25.65c (2:27.33f)	1/18
8		Heidi BARTON	JR	#13 Southern Virgini	2:25.87	1/25
9		Payton FLEMING	SO	#1 Emory	{3} 2:26.63	1/17
10		Annabelle TANNER	SO	#1 Emory	{4} 2:26.77	1/17

## Women's Mile

1	30	Cassie CARR	SR	#2 Washington and	5:03.96c (5:06.97f)	1/18
2	40	Kate INGLIS	SR	#4 Catholic (D.C.)	5:06.11c (5:09.14f)	1/18
3	48	Emily MOEHRINGER	SR	#4 Catholic (D.C.)	{2} 5:07.33	12/7
4	52	Taylor MYERS	FR	#5 Bridgewater (Va.	5:07.85	1/10
5	63	Sophia BRESCHI	JR	#2 Washington and	{2} 5:09.42c (5:12.49f)	1/18
6	64	Madison TIAFFAY	JR	#1 Emory	5:09.50	1/17
7	82	Lily HOFFMAN	FR	#15 Mary Washingto	5:12.13	1/25
8	88	Allison DELL	JR	#3 Lynchburg	5:13.03	1/10
9		Reese BROWN	SO	#2 Washington and	{3} 5:19.96c (5:23.12f)	1/18
10		Rowan MILLER	FR	#1 Emory	{2} 5:20.35	1/17

## Women's 3000 Meters

1	17	Olivia WARR	SO	#2 Washington and	9:57.15	1/25
2	31	Cassie CARR	SR	#2 Washington and	{2} 10:05.38	1/25
3	46	Sophia BRESCHI	JR	#2 Washington and	{3} 10:11.26	1/25
4	52	Anna ROSE	SR	#6 Berry	10:14.46	12/6
5	68	Ashlyn PALLOTTA	FR	#1 Emory	10:19.09	1/17
6	74	Emma MITCHELL	SR	#2 Washington and	{4} 10:20.98	1/25
7	79	Kate INGLIS	SR	#4 Catholic (D.C.)	10:21.62c (10:26.95f)	1/18
8	81	Lily HOFFMAN	FR	#15 Mary Washingto	10:22.02c (10:27.35f)	1/18
9		Madeline LOTT	SR	#8 Shenandoah	10:31.09c (10:36.50f)	12/8
10		Allison DELL	JR	#3 Lynchburg	10:34.01	1/10

## Women's 5000 Meters

1	2	Brigid HANLEY	SR	#1 Emory	16:25.03	12/7
2	18	Liesl SCHERRER	SR	#1 Emory	{2} 17:20.18	12/7
3	36	Taylor MYERS	FR	#5 Bridgewater (Va.	17:45.40c (17:53.56f)	1/18
4	62	Lily HOFFMAN	FR	#15 Mary Washingto	18:12.04c (18:20.40f)	1/18
5	85	Makenna THRUSH	SR	#8 Shenandoah	18:31.00c (18:39.50f)	1/18
6	99	Sarah DAKE	SO	#7 Christopher New	18:38.58	1/25
7		Madeline LOTT	SR	#8 Shenandoah	{2} 18:41.06c (18:49.64f)	1/18
8		Madison CHORNEY	FR	#8 Shenandoah	{3} 18:52.06c (19:00.73f)	1/18
9		Laurel MCMAHON	SO	#4 Catholic (D.C.)	18:53.92	12/7
10		Georgie LANHAM	SO	#3 Lynchburg	18:58.05	1/25



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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South

as of 1/28/2025 9:16:11 AM ET

## Women's 4x400 Relay

1	<b>10</b>	Amaya Grant, Jada Kenner, Aaliyah Jalloh, Hannah Riley	<b>#1 Emory</b>	<b>3:58.22</b>	12/6
2	<b>27</b>	Mae Kaufman, Lindsey Hobin, Maryrose Molina-Shuman, Nadira Cantey	<b>#10 Roanoke</b>	<b>4:04.53c</b> (4:07.78f)	1/18
3	<b>28</b>	Mia McConnell, Alexa Grassi, Emily Moehringer, Clare Marsh	<b>#4 Catholic (D.C.)</b>	<b>4:04.63c</b> (4:07.87f)	1/18
4	<b>33</b>	Betsy Mohnkern, Rylee Turner, Hannah Edwards, Molly Silva	<b>#3 Lynchburg</b>	<b>4:05.77</b>	<b>1/25</b>
5	<b>40</b>	Ana Hodneland, Lucie Graziano, Amanda Romano, Jesma Evans	<b>#2 Washington and</b>	<b>4:07.34</b>	<b>1/25</b>
6	<b>59</b>	Mesiyah Howell, Katelyn Lentz, Ryan Germain, Jada Thomas	<b>#19 Pfeiffer</b>	<b>4:11.23c</b> (4:14.56f)	12/8
7	<b>94</b>	Alexis Hubbard, Mackenzie Plowman, Amy Oleksy, Grace Semow	<b>#8 Shenandoah</b>	<b>4:16.86</b>	<b>1/24</b>
8	<b>98</b>	Ashley Eley, Sydney Trussell, Kendal Brown, Ellie Nuckols	<b>#7 Christopher New</b>	<b>4:17.41c</b> (4:20.82f)	12/8
9		#Type!	<b>#17 Oglethorpe</b>	<b>4:19.62</b>	1/18
10		Emma Christensen, Sophia Velleco, Daehla Smith, Josephine Swinburnson	<b>#23 Covenant</b>	<b>4:25.11c</b> (4:28.62f)	<b>1/25</b>

## Women's Distance Medley Relay

1	<b>13</b>	Lucie Graziano, Sofia Petrucelli, Adia Vera, Reese Brown	<b>#2 Washington and</b>	<b>12:54.26</b>	<b>1/25</b>
2	<b>23</b>	Megan Wimmer, Molly Williamson, Izzy Green, Paige Hiserman	<b>#5 Bridgewater (Va.)</b>	<b>13:24.09c</b> (13:32.70f)	1/18
3	<b>29</b>	Allie Gallaher, McKenna Riolo, Evelyn Magee, Savannah Reid	<b>#10 Roanoke</b>	<b>13:47.18c</b> (13:56.05f)	1/18
4	<b>49</b>	Mia Viccora, Electra McPherson, Alia Peets, Carolina Wilson	<b>#24 Sweet Briar</b>	<b>15:16.59c</b> (15:26.41f)	1/18

## Women's High Jump

1	<b>12</b>	Camille GILLUM	JR	<b>#2 Washington and</b>	<b>1.65m</b>	5-5	<b>1/25</b>
2	<b>27</b>	Kris WILLIAMS	SO	<b>#6 Berry</b>	<b>1.61m</b>	5-3½	<b>1/25</b>
3	<b>58</b>	Ashley ELEY	SO	<b>#7 Christopher New</b>	<b>1.58m</b>	5-2¼	12/8
4	<b>80</b>	Nikki BOON	SR	<b>#1 Emory</b>	<b>1.56m</b>	5-1¼	1/17
5	100	Summer WALLACE	SO	<b>#5 Bridgewater (Va.)</b>	<b>1.55m</b>	5-1	1/10
5	100	Kym YOUNG	SR	<b>#14 Rhodes</b>	<b>1.55m</b>	5-1	12/6
5	100	Marin SIMONS	FR	<b>#13 Southern Virgini.</b>	<b>1.55m</b>	5-1	1/18
5	100	Mikki PROWS	JR	<b>#13 Southern Virgini.</b>	<b>1.55m</b>	5-1	1/18
5	100	Katya HOOVER	SR	<b>#8 Shenandoah</b>	<b>1.55m</b>	5-1	12/8
10		Norah CIANO	SR	<b>#12 Virginia Wesleya</b>	<b>1.54m</b>	5-½	1/17

## Women's Pole Vault

1	<b>13</b>	Ashley D'AMBROSIA	SR	<b>#2 Washington and</b>	<b>3.65m</b>	11-11¾	1/18
2	<b>30</b>	Allison BOBST	SR	<b>#3 Lynchburg</b>	<b>3.50m</b>	11-5¾	12/6
3	<b>45</b>	Hannah RILEY	SO	<b>#1 Emory</b>	<b>3.41m</b>	11-2¼	1/18
4	<b>46</b>	Erin MAKHANIAN	FR	<b>#1 Emory</b>	<b>{2} 3.40m</b>	11-1¾	12/6
5	<b>59</b>	Madi FUERST	FR	<b>#4 Catholic (D.C.)</b>	<b>3.35m</b>	10-11¾	1/18
5	<b>59</b>	Layla KEADLE	FR	<b>#2 Washington and</b>	<b>{2} 3.35m</b>	10-11¾	1/18
5	<b>59</b>	Surraiya MAHMUD	FR	<b>#13 Southern Virgini.</b>	<b>3.35m</b>	10-11¾	1/18
5	<b>59</b>	Cameron WEBER	SO	<b>#3 Lynchburg</b>	<b>{2} 3.35m</b>	10-11¾	1/18
9	<b>86</b>	Ella PINE	SO	<b>#6 Berry</b>	<b>3.25m</b>	10-8	12/6
9	<b>86</b>	Madeline HUBBERT	SR	<b>#6 Berry</b>	<b>3.25m</b>	10-8	12/6

## Women's Long Jump

1	<b>33</b>	Nikki BOON	SR	<b>#1 Emory</b>	<b>5.44m</b>	17-10¼	12/6
2	<b>51</b>	Macy MURDOCK	JR	<b>#6 Berry</b>	<b>5.36m</b>	17-7	<b>1/25</b>
3	<b>54</b>	Kennedy CHAPMAN	SO	<b>#12 Virginia Wesleya</b>	<b>5.34m</b>	17-6¼	1/17
4	<b>92</b>	Summer WALLACE	SO	<b>#5 Bridgewater (Va.)</b>	<b>5.25m</b>	17-2¾	<b>1/25</b>
5		Ellie NUCKOLS	SO	<b>#7 Christopher New</b>	<b>5.14m</b>	16-10½	<b>1/25</b>
6		Margo FOX	JR	<b>#3 Lynchburg</b>	<b>5.12m</b>	16-9¾	12/6
6		Deziree CONKLIN	SR	<b>#20 Marymount (Va.)</b>	<b>5.12m</b>	16-9¾	1/18
8		Jade BUCKLES	JR	<b>#5 Bridgewater (Va.)</b>	<b>{2} 5.07m</b>	16-7¾	1/10
8		Alexis HUBBARD	SR	<b>#8 Shenandoah</b>	<b>5.07m</b>	16-7¾	1/18
10		Dijaye CARPENTER	SO	<b>#1 Emory</b>	<b>{2} 5.04m</b>	16-6½	12/6

## Women's Triple Jump

1	<b>36</b>	Amaya GRANT	FR	<b>#1 Emory</b>	<b>11.13m</b>	36-6¼	12/6
2	<b>58</b>	Olivia BATES	JR	<b>#5 Bridgewater (Va.)</b>	<b>10.88m</b>	35-8½	<b>1/25</b>
3	<b>59</b>	Angel DAVID	SO	<b>#16 Eastern Mennon</b>	<b>10.87m</b>	35-8	12/6
4	<b>64</b>	Caroline HANSEN	SR	<b>#1 Emory</b>	<b>{2} 10.85m</b>	35-7¼	12/6
5	<b>79</b>	Jakia JOINER	SO	<b>#11 Belhaven (Miss.)</b>	<b>10.74m</b>	35-3	12/6
6	<b>82</b>	Arianna GOMEZ	FR	<b>#22 Hollins</b>	<b>10.72m</b>	35-2	1/18
7	<b>92</b>	KeSondra PICKETT	FR	<b>#9 North Carolina W</b>	<b>10.66m</b>	34-11¾	12/6
8	<b>96</b>	Courtney JONES	SR	<b>#6 Berry</b>	<b>10.65m</b>	34-11¼	12/6
9		Keri EDWARDS	FR	<b>#17 Oglethorpe</b>	<b>10.59m</b>	34-9	12/6
10		Elsa BILDSTEN	SO	<b>#1 Emory</b>	<b>{3} 10.47m</b>	34-4¼	1/17



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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South

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## Women's Shot Put

1	28	Abby MIKOLAY	SO	#5 Bridgewater (Va.	12.77m	41-10¾	1/10
2	52	Katherine STEVENS	SR	#7 Christopher New	12.39m	40-7¾	12/8
2	52	Nikki BOON	SR	#1 Emory	12.39m	40-7¾	12/6
4	56	Sarah FINEMAN	SR	#1 Emory	{2}12.35m	40-6¼	12/7
5	65	Ciara DONEGAN	SR	#4 Catholic (D.C.)	12.23m	40-1½	12/7
6	73	Midajah DAVIS	SR	Gallaudet	12.16m	39-10¾	12/7
7		Kenzie SWICEGOOD	SO	#3 Lynchburg	11.86m	38-11	12/8
8		Christian VAN NORDEN	SR	#9 North Carolina W	11.69m	38-4¼	1/11
9		Jeanette HYDUKOVICH	FR	#1 Emory	{3}11.50m	37-8¾	1/18
10		Kym YOUNG	SR	#14 Rhodes	11.48m	37-8	12/6

## Women's Weight Throw

1	24	Bailey HEDGEMON	JR	#2 Washington and	16.17m	53-¾	1/18
2	47	Katherine STEVENS	SR	#7 Christopher New	15.36m	50-4¾	12/8
3	59	Kiersten ALLING	SO	#18 Randolph	15.14m	49-8¼	1/18
4	61	Daryl TUCKER	JR	#12 Virginia Wesleya	15.13m	49-7¾	1/17
5		Abby MIKOLAY	SO	#5 Bridgewater (Va.	14.43m	47-4¼	1/18
6		Abbey COX	FR	#25 Maryville (Tenn.)	14.33m	47-¼	1/18
7		Brianna MORGAN	JR	#5 Bridgewater (Va.)	{2}14.29m	46-10¾	1/18
8		Kenzie SWICEGOOD	SO	#3 Lynchburg	14.27m	46-10	1/25
9		Malysa WINSTON	JR	#6 Berry	14.20m	46-7¼	1/25
10		Avery JONES	JR	#6 Berry	{2}14.16m	46-5½	1/25

## Women's Pentathlon

1	1	Nikki BOON	SR	#1 Emory	3,715		12/6
2	24	Margo FOX	JR	#3 Lynchburg	2,927		12/6
3	32	Macy MURDOCK	JR	#6 Berry	2,778		1/17
4	54	Anna MILLER	SO	#3 Lynchburg	{2}2,393		12/6
5	65	Cortney BROWN	SR	#6 Berry	{2}2,178		1/17



# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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West

as of 1/28/2025 9:16:12 AM ET

## Women's 60 Meters

1	25	Josephine JETT	SO	#2 Claremont-Mudc	7.76	(0.0)	1/25
2	27	Kyrstin WILSON	JR	#13 Puget Sound	7.77		12/14
3	38	Kira HAWAABOO	SO	#10 Linfield	7.82		1/17
4	79	Jordyn LUNGO	SR	#3 Whitworth	7.93		1/18
5		Kylah WASHINGTON	SO	#5 Hardin-Simmons	7.98		12/7
6		Quadetra WILBURN	FR	#8 St. Thomas (Tex)	8.06		1/25
7		Mikayla KIDNEY	FR	#7 Texas Lutheran	8.07		1/17
8		Dawson BELL	SR	#17 La Verne	8.08c	(8.06A)	1/25
9		Brianna TIRA	SO	#3 Whitworth	{2}8.10		1/18
10		Mallory VENEZIA	FR	#2 Claremont-Mudc	{2}8.12	(0.0)	1/25
10		Nia SCOTT	FR	#1 Trinity (Texas)	8.12		1/25

## Women's 60 Meter Hurdles

1	16	Allyson HAMMOND	JR	#14 Pacific (Ore.)	8.94		1/17
2	18	Eleanor BACHMEIER	SR	#4 Redlands (Calif.)	8.98		12/7
3	39	Josephine JETT	SO	#2 Claremont-Mudc	9.16	(0.0)	1/25
4		Kaitlyn CREIGHTON	FR	#2 Claremont-Mudc	{2}9.46	(0.0)	1/25
5		Emily JACKSON	FR	#9 McMurry	9.51		12/7
6		Danya SELBER	SR	#1 Trinity (Texas)	9.53		1/25
7		Naj CAMPBELL	SR	#9 McMurry	{2}9.54		12/7
8		Taylor NORRELL	SR	#7 Texas Lutheran	9.57		1/25
9		Elisabeth EICHINGER	JR	#4 Redlands (Calif.)	{2}9.61		12/7
10		Kira HAWAABOO	SO	#10 Linfield	9.82		1/25

## Women's 200 Meters

1	25	Allyson HAMMOND	JR	#14 Pacific (Ore.)	25.43 OT		1/17
2	26	Kyrstin WILSON	JR	#13 Puget Sound	25.44		12/14
3	53	Trinity PROVOST	JR	#8 St. Thomas (Tex)	25.69		1/25
4		Josephine JETT	SO	#2 Claremont-Mudc	26.36	(0.0)	1/25
5		Kylah WASHINGTON	SO	#5 Hardin-Simmons	26.42		12/7
6		Dawson BELL	SR	#17 La Verne	26.59c	(26.52A)	1/25
7		Arden NEFF	SR	#6 Southwestern (T	26.73		1/25
8		CC GRAY	SR	#1 Trinity (Texas)	26.89 OT		12/6
9		Kaela SAWYERS	SR	#8 St. Thomas (Tex)	{2}26.95c	(27.36f)	1/17
10		Danya SELBER	SR	#1 Trinity (Texas)	{2}27.05		1/25

## Women's 400 Meters

1	28	CC GRAY	SR	#1 Trinity (Texas)	58.25 OT		12/6
2	57	Emily BROWN	SO	#3 Whitworth	59.20		12/14
3	63	Trinity PROVOST	JR	#8 St. Thomas (Tex)	59.33c	(1:00.11f)	1/17
4		Christina STINSON	SR	#8 St. Thomas (Tex)	{2}1:00.52c	(1:01.32f)	1/17
5		Arden NEFF	SR	#6 Southwestern (T	1:00.63		1/25
6		Clara LIPPERT	JR	#11 Colorado Colleg	1:00.67c	(1:01.26fA)	1/25
7		Kathryn KOSTELNIK	SO	#7 Texas Lutheran	1:01.91c	(1:02.73f)	1/17
8		Makayla POWELL	JR	#8 St. Thomas (Tex)	{3}1:01.93c	(1:02.75f)	1/17
9		Danielle PENA	JR	#5 Hardin-Simmons	1:01.95		12/7
10		Gabriela LUES	SO	#11 Colorado Colleg	{2}1:02.54c	(1:03.15fA)	12/13

## Women's 800 Meters

1	80	Breanna STEELE	JR	#6 Southwestern (T	2:21.55		1/25
2	89	Emerson VOLDAN	FR	#1 Trinity (Texas)	2:21.89		1/25
3	92	Annette SMITH	SO	#1 Trinity (Texas)	{2}2:22.06		1/25
4		Halle HAMILTON	JR	#1 Trinity (Texas)	{3}2:24.11		1/25
5		Eleanor BACHMEIER	SR	#4 Redlands (Calif.)	2:24.94c	(2:26.61f)	12/7
6		Felice MULLINAX	FR	#15 LeTourneau	2:29.42		1/25
7		Carly HUNT	FR	#1 Trinity (Texas)	{4}2:31.02		1/25
8		Madelyn DELOSSANTOS	SO	#15 LeTourneau	{2}2:35.35		1/25
9		Hope GREENWALD	JR	#15 LeTourneau	{3}2:35.36		1/25
10		Emily CHAIRES	JR	#6 Southwestern (T	{2}2:35.77		1/25

## Women's Mile

1	39	Josette GURULE	JR	#1 Trinity (Texas)	5:05.71		1/25
2	51	Breanna STEELE	JR	#6 Southwestern (T	5:07.68		1/25
3	98	Malia HEIEN	JR	#16 Lewis & Clark	5:13.80 OT		1/26
4		Elliot SINGER	SR	#11 Colorado Colleg	5:18.15c	(5:31.76fA)	1/25
5		Erin SCHMIDLIN	SO	#13 Puget Sound	5:21.14 OT		1/26
6		Alison MUELLER-HICKLER	JR	#11 Colorado Colleg	{2}5:23.23c	(5:37.05fA)	1/25
7		Madeleine BOYLE	JR	#16 Lewis & Clark	{2}5:28.88 OT		1/26
8		Natalie TAYLOR	SR	#14 Pacific (Ore.)	5:29.05 OT		1/26
9		Cali GOOD	SO	#1 Trinity (Texas)	{2}5:31.19		1/25
10		Emily MOORE	FR	#13 Puget Sound	{2}5:31.68 OT		1/26

## Women's 3000 Meters

1	49	Sadie DRUCKER	SO	#2 Claremont-Mudc	10:11.41		1/25
2		Gianna KEENA	JR	#1 Trinity (Texas)	10:28.19		1/25
3		Jie YI DENISE CHEN	FR	#2 Claremont-Mudc	{2}10:36.51		1/25
4		Angela GUSHUE	SR	#2 Claremont-Mudc	{3}10:37.73		1/25
5		Talia GREEN	FR	#2 Claremont-Mudc	{4}10:59.81		1/25
6		Anne SNIDER	FR	#1 Trinity (Texas)	{2}11:02.42		1/25
7		Emily KENDRICK	JR	#2 Claremont-Mudc	{5}11:04.65		1/25
8		Grace ETZEL	JR	#1 Trinity (Texas)	{3}11:17.68		1/25
9		Kate BOONE	FR	#1 Trinity (Texas)	{4}11:21.07		1/25
10		Samantha HERNANDEZ	SR	#8 St. Thomas (Tex)	11:28.52		1/25

## Women's 5000 Meters

1	3	Riley BUESE	SR	#16 Lewis & Clark	16:31.51		12/7
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# USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Week #1, January 28



West

as of 1/28/2025 9:16:12 AM ET

## Women's 4x400 Relay

1	31	Makayla Powell, Christina Stinson, Selest Edwards, Trinity Provost	#8 St. Thomas (Tex)	4:05.49	1/25
2	32	Ella Frerichs, Emily Brown, Jordyn Lungo, Marlee Paget	#3 Whitworth	4:05.74	1/18
3	46	Halle Hamilton, Emerson Voldan, Lilly Broussard, Annette Smith	#1 Trinity (Texas)	4:08.79	1/25
4	51	Allison Barker, Chloe Johnson, Gabriela Lues, Molly Vance	#11 Colorado College	4:09.46c (4:11.92fA)	12/13
5	66	Kaitlyn Creighton, Lily Dyre, Mia Voce, Shriya Velichala	#2 Claremont-Mudc	4:12.66	1/25
6	96	Kathryn Kostelnik, Sage Bartlett, Natalie Garcia, Hazel Bowman	#7 Texas Lutheran	4:17.21	1/25
7		Elizabeth Cunningham, Annikah Frank, Emily Jackson, Naj Campbell	#9 McMurry	4:22.16 OT	12/7
8		Kooper Bogenschutz, Madelyn DeLosSantos, Heather Shaw, Felice Mullinax	#15 LeTourneau	4:27.56	1/25
9		Katrina Brisbois, Lauren Ortega, Megan Feitz, Angelica Gatica Gomez	#14 Pacific (Ore.)	4:28.95 OT	1/26
10		Triniti Gray, Brinn Rhodes, Lauren Penders, Lily McWhorter	#6 Southwestern (T	4:31.36	1/25

## Women's Distance Medley Relay

1	21	Lulu Brady, Ella Frerichs, Lily Jones, Ashlyn Dary	#3 Whitworth	13:08.75	1/18
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## Women's High Jump

1	27	Abigail CAPRYE	SO #12 Pacific Lutheran	1.61m	5-3¼	12/14
2		Madisyn TAYLOR	FR #5 Hardin-Simmons	1.51m	4-11½	1/17
2		Avalon GRIGGS	SO #5 Hardin-Simmons	1.51m	4-11½	1/17
4		Sophia ORTIZ	FR #1 Trinity (Texas)	1.50m	4-11	1/25
4		Mari EVONUK	FR #4 Redlands (Calif.)	1.50m	4-11	12/7
4		Katie BALLER	SR #5 Hardin-Simmons{3}	1.50m	4-11	1/25
4		Simone ROGERS	SR #2 Claremont-Mudc	1.50m	4-11	1/25
4		Emmalee HORTON	JR #5 Hardin-Simmons{3}	1.50m	4-11	1/25
9		Elisabeth EICHINGER	JR #4 Redlands (Calif.){2}	1.47m	4-9¾	12/7
9		Kira HAWAABOO	SO #10 Linfield	1.47m	4-9¾	1/25

## Women's Pole Vault

1	19	Brenna STELL	SO #9 McMurry	3.56m	11-8	12/7
2	72	Analissa PARESA	FR #10 Linfield	3.31m	10-10¼	1/25
3	98	Evie BRADBURY	FR #3 Whitworth	3.21m	10-6¼	1/18
4	99	Kaelin LEISHMAN	JR #1 Trinity (Texas)	3.20m	10-6	1/25
4	99	Addison DOSS	FR #1 Trinity (Texas)	3.20m	10-6	1/25
6		Madeline SEIFERT	JR #2 Claremont-Mudc	3.19m	10-5½	1/25
7		Kiana NEIR	FR #12 Pacific Lutheran	3.01m	9-10½	12/14
8		Josephine LOUIS	SO #11 Colorado College	2.77m	9-1	12/13
9		Madison DOWNEY	SO #12 Pacific Lutheran{2}	2.71m	8-10¾	12/14
10		Charlotte ALMOND	FR #2 Claremont-Mudc{2}	2.29m	7-6	1/25

## Women's Long Jump

1	13	Kira HAWAABOO	SO #10 Linfield	5.60m	18-4½	1/25
2	27	Maigan ADAMS	SR #4 Redlands (Calif.)	5.48m	17-11¾	12/7
3	92	Joy AREOLA	SR #1 Trinity (Texas)	5.25m	17-2¾	1/25
4		Ella LEWIS	SO #6 Southwestern (T	5.19m	17-½	1/25
5		Haley SMITH	FR #5 Hardin-Simmons	5.15m	16-10¾	12/7
6		Brianna TIRA	SO #3 Whitworth	5.10m	16-8¾	12/14
7		Eleanor BACHMEIER	SR #4 Redlands (Calif.){2}	5.08m	16-8	12/7
8		Elisabeth EICHINGER	JR #4 Redlands (Calif.){3}	5.07m	16-7¾	12/7
9		Kyleigh ARCHER	SO #12 Pacific Lutheran	4.85m	15-11	12/14
10		Mariah BOYD	FR #5 Hardin-Simmons{2}	4.83m	15-10¼	12/7

## Women's Triple Jump

1	11	Maigan ADAMS	SR #4 Redlands (Calif.)	11.83m	38-9¾	12/7
2	19	Joy AREOLA	SR #1 Trinity (Texas)	11.45m	37-6¾	1/25
3	38	Isabella PEREIRA	SO #3 Whitworth	11.11m	36-5½	12/14
4	90	Kyleigh ARCHER	SO #12 Pacific Lutheran	10.67m	35-¼	12/14
5		Ciandra CARRICO	SO #1 Trinity (Texas) {2}	10.52m	34-6¼	1/25
6		Madison DOWNEY	SO #12 Pacific Lutheran{2}	10.46m	34-4	12/14
7		Mariah BOYD	FR #5 Hardin-Simmons	9.78m	32-1	12/7

## Women's Shot Put

1	10	Amblessed OKEMGBO	JR #3 Whitworth	13.57m	44-6¼	1/18
2	37	Kendra HUMPHRIES	SO #9 McMurry	12.66m	41-6½	12/7
3	57	Tori COLMAN	SO #9 McMurry {2}	12.34m	40-6	12/7
4	65	Madison CARR	SO #3 Whitworth {2}	12.23m	40-1½	1/18
5	73	Erin CAPELL	SR #11 Colorado College	12.16m	39-10¾	1/25
6		Julissa RODRIGUEZ	SR #7 Texas Lutheran	11.47m	37-7¾	1/17
7		Izzy BOYD	SO #3 Whitworth {3}	11.25m	36-11	1/18
8		Jaycee GREEN	FR #6 Southwestern (T	11.17m	36-7¾	1/25
9		Kylie LOVELESS	SO #3 Whitworth {4}	10.74m	35-3	1/18
10		Kate BALLENGEE	SR #1 Trinity (Texas)	10.64m	34-11	1/25



## Regional TFRI Event Summary



West

as of 1/28/2025 9:16:12 AM ET

## Women's Weight Throw

1	<b>17</b>	Gilbert DOMINGUEZ	SR	#7 Texas Lutheran	<b>16.75m</b>	54-11½	1/17
2		Tori COLMAN	SO	#9 McMurry	<b>13.54m</b>	44-5¼	12/7
3		Izzy CARPENTER	JR	#3 Whitworth	<b>13.34m</b>	43-9¼	1/18
4		Kenna KUBENKA	JR	#7 Texas Lutheran {2}	<b>13.33m</b>	43-8¾	<b>1/25</b>
5		Jaycee GREEN	FR	#6 Southwestern (T	<b>13.03m</b>	42-9	<b>1/25</b>
6		Julissa RODRIGUEZ	SR	#7 Texas Lutheran {3}	<b>12.73m</b>	41-9¼	1/17
7		Antonia HEKSTER	SR	#2 Claremont-Mudc	<b>12.50m</b>	41-¼	<b>1/25</b>
8		Sophie HULKE	FR	#10 Linfield	<b>12.27m</b>	40-3¼	<b>1/25</b>
9		Kylie LOVELESS	SO	#3 Whitworth {2}	<b>12.18m</b>	39-11½	1/18
10		Kendra HUMPHRIES	SO	#9 McMurry {2}	<b>12.15m</b>	39-10½	12/7

## Women's Pentathlon

1	<b>8</b>	Eleanor BACHMEIER	SR	#4 Redlands (Calif.)	<b>3,299</b>		12/7
2	<b>12</b>	Kira HAWAABOO	SO	#10 Linfield	<b>3,149 OT</b>		<b>1/25</b>
3	<b>18</b>	Elisabeth EICHINGER	JR	#4 Redlands (Calif.) {2}	<b>3,047</b>		12/7
4	<b>52</b>	Mari EVONUK	FR	#4 Redlands (Calif.) {3}	<b>2,423</b>		12/7