



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

1

MIT
Independent



2

2

Washington (Mo.)



1

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	3	Jasmine WRIGHT	JR	7.61	12/7/24	16	1.33	17.33
▶ 60H	11	Lauren GAY	SR	8.86	12/7/24	5	0.59	5.59
▶ 200m	17	Lauren GAY	SR	25.06c (25.45f)	12/7/24	1	0.22	1.22
▶ 200m	30	Jasmine WRIGHT	JR	25.35	1/25/25	0.05	0.00	0.05
▶ 400m	16	Hailey WEIR	FR	57.30c (58.06f)	12/7/24	1.25	0.29	1.54
▶ 400m	25	Julia CORIC	SO	57.85	1/25/25	0.2	0.01	0.21
▶ 400m	28	Kylie SPYTEK	JR	57.93c (58.69f)	12/7/24	0.1	0.00	0.10
▶ 800m	14	Izzy GORTON	SR	2:14.89	1/31/25	2	0.30	2.30
▶ 800m	27	Caroline ECHOLS	SO	2:16.33	1/25/25	0.125	0.02	0.14
▶ Mile	15	Jillian HETH	JR	4:57.67	1/25/25	1.5	0.36	1.86
▶ Mile	18	Virginia PRIDGEN	SR	4:58.15	1/25/25	0.9	0.30	1.20
▶ 3000m	14	Jillian HETH	JR	9:55.54c (10:00.64f)	1/18/25	2	0.28	2.28
▶ 4x400	2	Hailey Weir, Kylie Spytek, Catherine Christopher, Izzy Gorton		3:50.15	1/25/25	18	2.58	20.58
▶ HJ	3	Ebunoluwa OPATA	SR	1.70m 5-7	12/7/24	16	1.51	17.51
▶ HJ	3	Olivia THEISEN	SO	1.70m 5-7	1/31/25	16	1.51	17.51
▶ PV	1	Yasmin RUFF	SR	4.08m 13-4½	1/31/25	20	4.50	24.50
▶ LJ	15	Ebunoluwa OPATA	SR	5.62m 18-5¼	1/25/25	1.5	0.25	1.75
▶ TJ	1	Ebunoluwa OPATA	SR	12.54m 41-1¾	1/25/25	20	2.94	22.94
▶ SP	2	Jenae BOTHE	JR	14.44m 47-4½	12/7/24	18	3.40	21.40
WASHINGTON (MO.) TFRI Team Total								160.01

WASHINGTON (MO.) TFRI Team Total 160.01



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WOMEN — 2025 Checkpoint #2, February 4

3

UW-La Crosse
WIAC

▼ 1
LW: 2

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	1	Lauren JARRETT	JR	7.37	1/25/25	20	4.11	24.11
► 60m	17	McKenna SEDLACEK	FR	7.70	1/25/25	1	0.38	1.38
► 60H	14	Regan SCOTT	FR	8.88	1/25/25	2	0.44	2.44
► 60H	25	Olivia NAVIN	FR	9.04	1/25/25	0.2	0.00	0.20
► 60H	26	Megan ZEMKE	FR	9.06	1/25/25	0.15	0.00	0.15
► 60H	32	Amber GROSSE	JR	9.10	1/25/25	0.03	0.00	0.03
► 200m	1	Lauren JARRETT	JR	23.89c (24.26f)	1/25/25	20	3.62	23.62
► 200m	17	Anika REILAND	SO	25.06c (25.45f)	1/25/25	1	0.22	1.22
► 400m	7	Anna PLAUTZ	SO	56.31c (57.05f)	1/25/25	9	1.14	10.14
► 400m	31	Morgan JENNINGS	JR	58.08c (58.85f)	1/25/25	0.04	0.00	0.04
► 400m	32	Macy REYBROCK	FR	58.09c (58.86f)	1/25/25	0.03	0.00	0.03
► 800m	32	Alli THOMAS	FR	2:16.53c (2:18.10f)	1/25/25	0.03	0.00	0.03
► 800m	33	Kylie STOCKTON	JR	2:16.61c (2:18.18f)	1/25/25	0.02	0.00	0.02
► 3000m	12	Mallory REISER	FR	9:54.28c (9:59.37f)	1/25/25	4	0.34	4.34
► 3000m	18	Gwen HINZ	JR	9:56.93c (10:02.04f)	1/25/25	0.9	0.22	1.12
► 3000m	35	Brooklyn LUEBKE	JR	10:01.89c(10:07.05f)	1/25/25	0.01	0.00	0.01
► 4x400	3	Anika Reiland, Sarah Grubbs, Andie Otto, Morgan Jennings		3:50.48c (3:53.54f)	1/25/25	16	2.44	18.44
► HJ	6	Macie TODD	SR	1.69m 5-6½	1/25/25	10	1.10	11.10
► HJ	30	Alexys SCHEUERELL	SR	1.62m 5-3¾	2/1/25	0.05	0.00	0.05
► PV	8	Maddy HABBERSTAD	SR	3.78m 12-4¾	1/25/25	8	0.92	8.92
► PV	9	Araceli DE LEO LOPEZ	JR	3.76m 12-4	2/1/25	7	0.74	7.74
► PV	14	Marisa HARVEY	SO	3.68m 12-¾	1/25/25	2	0.30	2.30
► PV	17	Emily SHAFRON	JR	3.61m 11-10	2/1/25	1	0.00	1.00
► LJ	9	Maya EVANS	JR	5.72m 18-9¼	1/25/25	7	0.89	7.89
► LJ	15	Jenna MILLER	JR	5.62m 18-5¼	2/1/25	1.5	0.25	1.75
► LJ	23	Ava FOLEY	JR	5.54m 18-2¼	1/25/25	0.4	0.00	0.40
► LJ	26	Ashley DAVIES	SO	5.50m 18-½	1/25/25	0.15	0.00	0.15
► LJ	26	Alison DAUGHERTY	SO	5.50m 18-½	1/25/25	0.15	0.00	0.15
► TJ	9	Samantha BARRETT	JR	11.93m 39-1¾	1/25/25	7	0.92	7.92
► TJ	15	Mackenzey KRONBERG	JR	11.52m 37-9½	1/25/25	1.5	0.18	1.68
► TJ	35	Emily BLASKOWSKI	SO	11.20m 36-9	1/25/25	0.01	0.00	0.01
► SP	16	Madilyn VANDER SANDEN	SO	13.27m 43-6½	2/1/25	1.25	0.16	1.41
► SP	35	Addy MOSELER	FR	12.75m 41-10	1/25/25	0.01	0.00	0.01
► PENT	7	Alexys SCHEUERELL	SR	3,417	2/1/25	9	1.05	10.05
► PENT	12	Amber GROSSE	JR	3,330	2/1/25	4	0.48	4.48
► PENT	26	Audrey BRAUN	JR	3,148	2/1/25	0.15	0.00	0.15
► PENT	28	Noelle HACKENMUELLER	JR	3,104	2/1/25	0.1	0.00	0.1

3

UW-La Crosse
WIAC

1
LW: 2

[illegible]

4

Loras
American Rivers

 **1**
LW: 5

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 60m	3	Emma SEIPEL	SR	7.61		12/7/24	16	1.33	17.33
► 800m	31	Elly BURDS	JR	2:16.48c	(2:18.05f)	1/18/25	0.04	0.00	0.04
► Mile	35	Frankie CHAIDEZ	SR	5:02.36c	(5:05.35f)	12/7/24	0.01	0.00	0.01
► HJ	3	Sara HOSKINS	SR	1.70m	5-7	12/7/24	16	1.51	17.51
► LJ	1	Emma SEIPEL	SR	5.98m	19-7½	12/7/24	20	3.95	23.95
► LJ	19	Harmony CREASY	SR	5.59m	18-4¼	12/7/24	0.8	0.12	0.92
► TJ	25	Emma SEIPEL	SR	11.40m	37-5	1/18/25	0.2	0.01	0.21
► TJ	33	Madelyn (Maddie) MUCCI	FR	11.22m	36-9¾	1/18/25	0.02	0.00	0.02
► SP	22	Taylor FLAIG	SR	13.01m	42-8¼	1/18/25	0.5	0.00	0.50
► WT	2	Caitlyn COX	JR	19.08m	62-7¼	12/7/24	18	2.78	20.78
► WT	8	Taylor FLAIG	SR	17.95m	58-10¾	1/18/25	8	0.88	8.88
LORAS TFR1 Team Total									90.14



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WOMEN — 2025 Checkpoint #2, February 4

5

UW-Eau Claire

WIAC

7

LW: 12

UW-EAU CLAIRE TFRI Team Total 87.96

6

Williams

Independent



2

LW: 8

WILLIAMS TFERI Team Total	84.81
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7 **Elmhurst**
CCIW

1
LW: 6

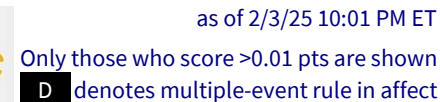
8 Emory
UAA

2
LW: 10

9 UW-Oshkosh
WIAC

LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	25	Maddy LAVOI	SO	57.85c (58.61f)	12/7/24	0.2	0.01	0.21
► 800m	8	Cyna MADIGAN	SR	2:12.20c (2:13.72f)	12/7/24	8	1.20	9.20
► 800m	15	Ceanna DIETZ	FR	2:14.96c (2:16.51f)	2/1/25	1.5	0.28	1.78
► 800m	25	Olivia STENZEL	JR	2:16.07c (2:17.63f)	2/1/25	0.2	0.07	0.27
► Mile	20	Amelia LEHMAN	SR	4:58.72c (5:01.67f)	12/7/24	0.7	0.24	0.94
► 3000m	23	Amelia LEHMAN	SR	9:57.65c (10:02.77f)	2/1/25	0.4	0.19	0.59
► LJ	2	Megan HUNT	SR	5.86m 19-2¾	12/6/24	18	2.40	20.40
► SP	6	Brenna MASLOROFF	SR	13.66m 44-9¾	12/7/24	10	0.84	10.84
► WT	5	Brenna MASLOROFF	SR	18.38m 60-3¾	1/25/25	12	1.45	13.45
► PENT	4	Megan HUNT	SR	3,482	12/7/24	14	1.63	15.63
UW-OSHKOSH TFRI Team Total								73.31



10 **Johns Hopkins**
Centennial

LW: 9

JOHNS HOPKINS TFRI Team Total 64.14

11 **Chicago**
UAA

LW: 4

CHICAGO TFRI Team Total 62.43



12 **SUNY Geneseo**
Empire 8

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	13	Brynn MOONEY	JR	7.69	1/25/25	3	0.46	3.46
► 60H	18	Jill AMBLER	SO	8.93	1/30/25	0.9	0.18	1.08
► 60H	33	Ava BAGLEY	SO	9.12	12/6/24	0.02	0.00	0.02
► 400m	19	Brynn MOONEY	JR	57.48c (58.24f)	12/6/24	0.8	0.20	1.00
► Mile	26	Penelope GREENE	SR	5:00.21c (5:03.18f)	1/25/25	0.15	0.08	0.23
► 5000m	4	Penelope GREENE	SR	16:35.83	12/7/24	14	1.96	15.96
► 5000m	13	Lilly FOWLER-CONNER	SR	17:03.81	12/7/24	3	0.44	3.44
► 4x400	10	Brynn Mooney, Janelle Eckl, Sophia Barclay, Nicole Gretzinger		3:55.71c (3:58.83f)	1/25/25	4	0.65	4.65
► DMR	4	Ella Grinnell, Ava Brogan, Dakota Limbert, Ari Reback		12:34.62c(12:42.70f)	1/25/25	14	1.24	15.24
► LJ	17	Jill AMBLER	SO	5.61m 18-5	1/30/25	1	0.20	1.20
► SP	23	Zoe CONNER	SR	12.96m 42-6¼	1/30/25	0.4	0.00	0.40
► WT	10	Zoe CONNER	SR	17.81m 58-5¼	1/30/25	6	0.69	6.69
► WT	15	Lauren JAKLITSCH	JR	17.11m 56-1¾	1/30/25	1.5	0.19	1.69
SUNY GENESEO TFRI Team Total								55.05

13 Wilmington (Ohio)

5
LW: 18

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	9	Faith DUNCAN	JR	4:54.61c (4:57.52f)	1/25/25	D	2	1.04 3.04
► 3000m	1	Faith DUNCAN	JR	9:28.56 O	2/1/25	20	3.37	23.37
► 5000m	1	Faith DUNCAN	JR	16:07.53	12/6/24	20	4.17	24.17
WILMINGTON (OHIO) TFRI Team Total								50.59

14 Rochester (N.Y.) Liberty League

12
LW: 26

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	6	Megan BELL	SR	56.03c (56.77f)	1/25/25	10	1.57	11.57
▶ 400m	13	Nora CHEN	SO	57.18c (57.93f)	1/30/25	3	0.35	3.35
▶ 800m	2	Megan BELL	SR	2:09.50	2/1/25	18	2.87	20.87
▶ 4x400	6	Eva Ciuffetelli, Nora Chen, Raquella Casserino, Megan Bell		3:51.83c (3:54.90f)	1/25/25	10	1.87	11.87
ROCHESTER (N.Y.) TFRI Team Total								47.65

15 **Coast Guard**
Independent

▼ **1**
LW: 14

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	13	Paige PHILLIPS	SR	4:57.09	2/1/25	3	0.42	3.42
► Mile	29	Claire SEMEROD	JR	5:01.06	2/1/25	0.075	0.00	0.08
► 3000m	8	Paige PHILLIPS	SR	9:45.83	1/25/25	8	0.99	8.99
► 3000m	27	Claire SEMEROD	JR	9:59.53	1/25/25	0.125	0.10	0.23
► 5000m	15	Claire SEMEROD	JR	17:08.37	12/7/24	1.5	0.33	1.83
► 5000m	22	Paige PHILLIPS	SR	17:21.98	12/7/24	0.5	0.00	0.50
► 4x400	9	Ella Besant, Grace Flynn, Sophia White, Makenna Topp		3:55.70	2/1/25	5	0.65	5.65
► HJ	1	Allie WILDSMITH	JR	1.80m 5-10¾	1/18/25	20	5.59	25.59
► SP	26	Maureen HAMMOND	SR	12.90m 42-4	12/7/24	0.15	0.00	0.15
COAST GUARD TFRI Team Total								46.44



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16 **Centre** **3**
SAA LW: 13

17 **RIT**  **2**
Liberty League LW: 15

18 **Connecticut College**  **16**
Independent LW: 34

19 UW-Stout  **5**
WIAC LW: 24

20 North Central (Ill.)  **2**
CCIW LW: 22

21 **North Carolina Wesleyan**  **26**
USA South LW: 47

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	13	Kamiah WOOTEN	SO	7.69	2/1/25	D 2	0.46	2.46
▶ 60m	24	Ti'asia BRYANT	SO	7.75	1/18/25	0.3	0.06	0.36
▶ 200m	3	Kamiah WOOTEN	SO	24.29	2/1/25	16	2.20	18.20
▶ 400m	4	Kamiah WOOTEN	SO	55.76	1/18/25	14	1.99	15.99
NORTH CAROLINA WESLEYAN TFRI Team Total								37.01



USTFCCA NCAA Division III Indoor Track & Field National TFRI Team Summary



as of 2/3/25 10:01 PM ET

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WOMEN — 2025 Checkpoint #2, February 4

22 Aurora NACC

▼ 2
LW: 20

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	4	Deyanneira COLON MALDONADO	SR	4:52.70	1/25/25	14	1.69	15.69
► 3000m	3	Deyanneira COLON MALDONADO	SR	9:38.90 O	2/1/25	16	1.90	17.90
► 5000m	5	Deyanneira COLON MALDONADO	SR	16:47.72	12/6/24 D	2	1.22	3.22

AURORA TFRI Team Total 36.80

23 Ursinus Centennial

▼ 6
LW: 17

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► LJ	4	Rainah DUNHAM	SR	5.83m 19-1½	1/24/25	14	2.01	16.01
► TJ	2	Rainah DUNHAM	SR	12.50m 41-¼	1/24/25	18	2.77	20.77

URSINUS TFRI Team Total 36.78

24 Widener MAC

▼ 8
LW: 16

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	13	Mariam KOITA	SO	24.95	1/24/25	3	0.42	3.42
► LJ	31	Kayla ROBINSON	SR	5.48m 17-11¾	1/24/25	0.04	0.00	0.04
► TJ	3	Kayla ROBINSON	SR	12.45m 40-10¼	1/24/25	16	2.56	18.56
► SP	20	Kayla ROBINSON	SO	13.04m 42-9½	12/7/24	0.7	0.00	0.70
► PENT	6	Kayla ROBINSON	SO	3,451	12/7/24	10	1.35	11.35

WIDENER TFRI Team Total 34.08

25 Washington and Lee ODAC

▲ 40
LW: 65

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 3000m	21	Olivia WARR	SO	9:57.15	1/25/25	0.6	0.21	0.81
► 5000m	17	Olivia WARR	SO	17:13.79	2/1/25	1	0.20	1.20
► DMR	1	#Type!		12:04.50c(12:12.26f)	2/1/25	20	4.37	24.37
► HJ	12	Camille GILLUM	JR	1.67m 5-5¾	2/1/25	4	0.46	4.46
► PV	16	Ashley D'AMBROSIA	SR	3.65m 11-11¾	1/18/25	1.25	0.16	1.41
► WT	24	Bailey HEDGEMON	JR	16.17m 53-¾	1/18/25	0.3	0.00	0.30

WASHINGTON AND LEE TFRI Team Total 32.55

26 Central (Iowa) American Rivers

▲ 4
LW: 30

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60H	35	Olivia BOHLEN	JR	9.14	1/24/25	0.01	0.00	0.01
► Mile	21	Peyton STEFFEN	JR	4:58.75	1/24/25	0.6	0.24	0.84
► 3000m	6	Peyton STEFFEN	JR	9:40.35 O	12/14/24	10	1.70	11.70
► 3000m	11	Addy PARROTT	SR	9:52.46 O	12/14/24	5	0.42	5.42
► 4x400	15	Lizzy Van Utrecht, Emily McMartin, Peyton Steffen, Ava Parkins		3:58.00c (4:01.16f)	2/1/25	0.7	0.07	0.77
► PENT	5	Olivia BOHLEN	JR	3,476	1/31/25	12	1.58	13.58

CENTRAL (IOWA) TFRI Team Total 32.31

27 Bridgewater State MASCAC

▼ 2
LW: 25

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	19	Alison MCDONOUGH	SR	7.72	2/1/25	0.8	0.24	1.04
► 60H	8	Alison MCDONOUGH	SR	8.81	2/1/25	8	1.00	9.00
► 200m	10	Kiara ABRANTES	SR	24.88c (25.26f)	1/18/25	6	0.58	6.58
► 400m	10	Kiara ABRANTES	SR	56.65	12/14/24	6	0.79	6.79
► HJ	8	Serenity SANDS	JR	1.68m 5-6	1/31/25	8	0.73	8.73

BRIDGEWATER STATE TFRI Team Total 32.13



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WOMEN — 2025 Checkpoint #2, February 4

28 UW-Whitewater
WIAC

▼ 7
LW: 21

UW-WHITEWATER TFR1 Team Total 32.11

29 **Colby**
Independent

31
LW: 60

COLBY TFRI Team Total 29.60

30 **RPI**
Liberty League

15
LW: 45

RPI TFRI Team Total 29.58

31 NYU UAA

2
LW: 29

NYU TFR1 Team Total 29.30

32 **Hope**
MIAA

▼ 4
LW: 28

HOPE TFRI Team Total 28.29

33 Chatham
PAC

11
LW: 44

CHATHAM TFRI Team Total 27.48



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34 **Tufts**
Independent

▼ **11**
LW: 23

35 Augustana (Ill.) CCIW

16
LW: 19

36 Wartburg  **34**
American Rivers LW: 70

37 **UMass Boston**
Little East

1
LW: 38

38 North Park

5
IW 33

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	22	Riana HAYES	JR	7.74	1/18/25	0.5	0.10	0.60
▶ 60H	29	Thea RING	JR	9.09	12/7/24	0.075	0.00	0.08
▶ 200m	16	Thea RING	JR	25.01c (25.39f)	12/7/24	1.25	0.29	1.54
▶ 200m	31	Riana HAYES	JR	25.36	12/13/24	0.04	0.00	0.04
▶ 400m	22	Thea RING	JR	57.61 OT	1/31/25	0.5	0.13	0.63
▶ PENT	2	Thea RING	JR	3,576	12/7/24	18	2.81	20.81
NORTH PARK TFR1 Team Total								23.70



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #2, February 4

39 **Buffalo State**
SUNYAC

16
LW: 55

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	7	Khia LASTER	SR	7.65	2/1/25	9	0.89	9.89
▶ 60H	27	Natalia SAWYER	JR	9.08	1/25/25	0.125	0.00	0.13
▶ 200m	33	Khia LASTER	SR	25.38	2/1/25	0.02	0.00	0.02
▶ LJ	5	Khia LASTER	SR	5.80m	19-½	1/17/25	1.62	13.62
BUFFALO STATE TFRI Team Total								23.65

40 **Millikin**
CCIW

▼ 8
LW: 32

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	9	De'Andranay CHISM	FR	7.67	12/7/24	7	0.66	7.66
▶ 200m	4	De'Andranay CHISM	FR	24.42c (24.80f)	1/18/25	14	1.75	15.75
▶ 400m	27	De'Andranay CHISM	FR	57.88	1/31/25	0.125	0.00	0.13
MILLIKIN TFRI Team Total								23.54

41 **Whitworth**
Independent

 **40**
LW: 81

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	35	Jordyn LUNGO	SR	7.79	2/1/25	0.01	0.00	0.01
► HJ	12	Brianna TIRA	SO	1.67m 5-5¾	2/1/25	4	0.46	4.46
► SP	3	Amblessed OKEMGBO	JR	13.99m 45-10¾	2/1/25	16	1.80	17.80
WHITWORTH TFRI Team Total								22.27

42 **Ithaca**
Liberty League

▼ 15
LW: 27

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	29	Aynisha MCQUILLAR	FR	7.77	2/1/25	0.075	0.00	0.08
► 60H	6	Laura SUPPA	JR	8.80	12/7/24	10	1.11	11.11
► 60H	8	Rachel LARSON	JR	8.81	1/18/25	8	1.00	9.00
► HJ	26	Madeleine WRIGHT	SO	1.63m 5-4¼	2/1/25	0.15	0.00	0.15
► PV	18	Talia HUTCHINSON	SO	3.60m 11-9¾	1/25/25	0.9	0.00	0.90
► PV	18	Bree BOYLE	JR	3.60m 11-9¾	1/25/25	0.9	0.00	0.90
► PENT	34	Cecelia LABONTE	JR	3,057	2/1/25	0.015	0.00	0.02
ITHACA TFRI Team Total								22.15

43 **Carroll (Wis.)**
CCIW

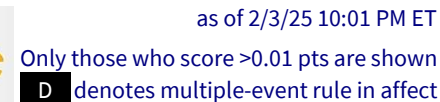
 **20**
LW: 63

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	5	Vanessa Uitenbroek	SR	13.83m 45-4½	2/1/25	12	1.25	13.25
► SP	8	Maria FALK	SR	13.62m 44-8¼	12/7/24	8	0.75	8.75
CARROLL (WIS.) TFRI Team Total								22.00

44 Ohio Northern
OAC

▼ 7
LW: 37

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	26	Tatum WALSH	FR	25.26c (25.65f)	1/31/25	0.15	0.00	0.15
► HJ	24	Emersyn GERKEN	FR	1.64m 5-4½	1/31/25	0.3	0.00	0.30
► PV	6	Claire SCHWELLER	JR	3.82m 12-6¼	1/17/25	10	1.27	11.27
► PV	15	Ellie FORD	JR	3.67m 12-½	1/31/25	1.5	0.25	1.75
► SP	14	Izzy BURMAN	SR	13.47m 44-2½	1/31/25	2	0.40	2.40
► WT	11	Izzy BURMAN	SR	17.72m 58-1¾	1/31/25	5	0.60	5.60
OHIO NORTHERN TFRI Team Total								21.49



45 **Susquehanna** **6**
Landmark LW: 39

46

Vassar

Liberty League

5

LW: 41

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	35	Jahmilia DENNIS	JR	9.14	12/7/24	0.01	0.00	0.01
▶ 3000m	2	Haley SCHOENEGGE	SO	9:38.73	12/7/24	18	1.92	19.92
VASSAR TFRI Team Total								19.93

47

Monmouth (Ill.)
MWC

12

LW: 35

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ SP	6	Maddie BOLEY	SR	13.66m 44-9¾	1/24/25	10	0.84	10.84
▶ WT	8	Maddie BOLEY	SR	17.95m 58-10¾	1/24/25	8	0.88	8.88
MONMOUTH (ILL.) TFRI Team Total								19.72

48

Pacific (Ore.)
Independent

LW: 100

52

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60H	3	Allyson HAMMOND	JR	8.73	2/1/25	16	1.92		17.92
▶ 200m	22	Allyson HAMMOND	JR	25.13	2/1/25	0.5	0.14		0.64
PACIFIC (ORE.) TFRI Team Total									18.56

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51

Carthage

CCIW

9

LW: 42

Event	NQR	Athlete	Yr	Season Qual, Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► LJ	18	Christina HALL	JR	5.60m 18-4½	1/18/25	0.9	0.16	1.06
► TJ	11	Abigail CALHOUN	SR	11.86m 38-11	12/7/24	5	0.73	5.73
► TJ	31	Tara SCHAALMA	SO	11.25m 36-11	12/7/24	0.04	0.00	0.04
► SP	10	Madison PAYNE	JR	13.60m 44-7½	12/7/24	6	0.70	6.70
► WT	13	Nicole TARPLEY	SR	17.64m 57-10½	2/1/25	3	0.55	3.55
CARTHAGE TFRI Team Total								
								17.07

52

Goucher

Landmark

▼

21

LW: 31

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	20	Nancy NYADONGO	FR	7.73	12/7/24	0.7	0.16	0.86
▶ 200m	12	Nancy NYADONGO	FR	24.93c (25.31f)	1/18/25	4	0.47	4.47
▶ 800m	9	Tanise THORNTON - FILLYAW	JR	2:12.71c (2:14.24f)	1/18/25	7	0.90	7.90
▶ TJ	13	Aryanna PAULENA	FR	11.72m 38-5½	1/10/25	3	0.47	3.47
GOUCHER TFRI Team Total								
								16.69



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #2, February 4

53

Brandeis
UAA



10

LW: 43

BRANDEIS TFRI Team Total 16.57

54

George Fox
Independent

LW:

GEORGE FOX TFRI Team Total 15.64

55

Illinois Wesleyan
CCIW



1

LW: 56

ILLINOIS WESLEYAN TFR1 Team Total 15.28

56

TCNJ
NJAC



20

LW: 36

TCNJ TFRI Team Total 14.59

57

Wesleyan (Conn.)
Independent



4

LW: 53

WESLEYAN (CONN.) TFR/ Team Total 14.44

58

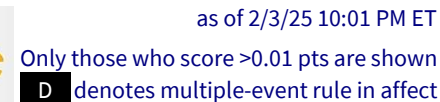
Macalester
MIAC



9

LW: 67

MACALESTER TFRI Team Total 14.01



59 **Houghton** **unch**
Empire 8 LW: 59

60 **Cornell College**  **20**
MWC LW: 40

61 **St. Norbert**  **10**
NACC LW: 51

62 **Middlebury**  **13**
Independent LW: 49

63 **Amherst**  **17**
Independent LW: 46

64 **Redlands (Calif.)**  **10**
Independent LW: 54

65 **Gustavus Adolphus**  **39**
 MIAC LW: 104

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	11	Megan GERAETS	SR	24.91c (25.30f)	2/1/25	5	0.51	5.51
► 400m	24	Megan GERAETS	SR	57.81c (58.57f)	1/25/25	0.3	0.03	0.33
► DMR	19	Kailyn Walukas, McKenzie Luetmer, Aubrey Mair, Mackenzie Murphy		12:57.63c(13:05.96f)	2/1/25	0.3	0.00	0.30
► LJ	11	Megan GERAETS	SR	5.67m 18-7¼	2/1/25	5	0.47	5.47
GUSTAVUS ADOLPHUS TFRI Team Total								11.61



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

66 **St. Olaf** **14**
 MIAC LW: 52

67

Drew

Landmark

▲ 2

LW: 69

68 Calvin  **4**
MIAA I W: 72

69 **Stockton**  **21**
NJAC LW: 48

70 **Gordon (Mass.)**  **7**
Independent LW: 77

71

Dubuque

American Rivers

▲

3

I W: 74

72 Carleton  **1**
 MIAC | W: 71

73

Ramapo

NJAC

▲

2

I W: 75

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	9	Gbarper DWAH	JR	7.67	12/7/24	7	0.66	7.66
RAMAPO TFR1 Team Total								7.66



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #2, February 4

73 **Rhodes**
SAA

2
LW: 75

Scored bests come from CURRENT qualifying season

RHODES TFRI Team Total 7.66

75 Baldwin Wallace

14
LW: 89

Scored bests come from CURRENT qualifying season

BALDWIN WALLACE TFR/ Team Total 7.47

76 **Smith**
Independent

39
LW: 115

Scored bests come from CURRENT qualifying season

SMITH TFRI Team Total 6.91

77 **Greenville**
SLIAC

▼ **16**
LW: 61

Scored bests come from CURRENT qualifying season

GREENVILLE TFR1 Team Total 6.69

78 **Bethel (Minn.)**
MIAC

▼ 16
LW: 62

Scored bests come from CURRENT qualifying season

BETHEL (MINN.) TFRI Team Total 6.68

79 Bowdoin
Independent

 **4**
LW: 83

Scored bests come from CURRENT qualifying season

BOWDOIN TFERI Team Total 6.54

80 UW-River Falls
WIAC

▼ **22**
LW: 58

Scored bests come from CURRENT qualifying season

UW-RIVER FALLS TFRI Team Total 6.20

81 **Elizabethtown**
Landmark

▼ **15**
LW: 66

Scored bests come from CURRENT qualifying season

ELIZABETHTOWN TFR Team Total 5.46



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #2, February 4

82 **Manchester**
HCAC

 **9**
LW: 91

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	12	Carley CAMP	SR	13.53m	44-4¾	2/1/25	4	0.53	4.53
MANCHESTER TFRI Team Total									4.53

83 **John Carroll**
OAC

▼ 3
LW: 80

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► DMR	10	Abby Schroff, Paige Munchick, Natalie Chryst, Meah Prutzman		12:43.94	1/25/25	4	0.46	4.46	
► LJ	30	Dakota HOUSTON	FR	5.49m	18-¼	1/17/25	0.05	0.00	0.05
JOHN CARROLL TFR1 Team Total								4.51	

84 **Adrian**
MIAA

▼ **16**
LW: 68

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HJ	12	Alysia TOWNSEND	FR	1.67m	5-5¾	12/7/24	4	0.46
ADRIAN TFRI Team Total								4.46

85 **Hamilton**
Independent

▼ 12
LW: 73

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	12	Keira ROGAN	FR	4:57.07	1/26/25	4	0.43	4.43
HAMILTON TFRI Team Total								4.43

86 Spalding
SLIAC

58
LW: 144

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	12	Eryn RATAICZAK	FR	3.70m	12-1½	2/1/25	4 0.39	4.39
SPALDING TFRI Team Total								4.39

87 Augsburg
MIAC

8
LW: 95

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	12	Allison HOOKOM	JR	57.10c (57.86f)	2/1/25	4	0.39	4.39
AUGSBURG TFR1 Team Total								4.39

88 **Wittenberg**
NCAC

▼ **24**
LW: 64

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	14	Meghan FRAZIER	SR	57.22 OT	1/25/25	2	0.33	2.33
▶ HJ	18	Taylor WEISS	SR	1.65m 5-5	1/18/25	0.9	0.09	0.99
▶ LJ	19	Isabelle HENDERSON	FR	5.59m 18-4¼	1/25/25	0.8	0.12	0.92
WITTENBERG TERI Team Total								4.23

89 **Catholic (D.C.)**
Landmark

▼ 5
LW: 84

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	13	Emily MOEHRINGER	SR	2:14.87c (2:16.42f)	1/18/25	3	0.30	3.30
► Mile	24	Emily MOEHRINGER	SR	4:59.78c (5:02.74f)	2/1/25	0.3	0.13	0.43
CATHOLIC (D.C.) TFR1 Team Total								3.73

90 **Suffolk**
GNAC

15
LW: 105

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	14	Amalia DORION	SR	4:57.42	2/1/25	2	0.39	2.39
► 3000m	28	Amalia DORION	SR	9:59.90	1/25/25	0.1	0.09	0.19
SUFFOLK TFRI Team Total								2.57



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #2, February 4

91 **SUNY Brockport**
Empire 8

▼ 6
LW: 85

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 4x400	21	Lexi Rodriguez, Lily Rexford, Monica Cammarota, Marissa Wise		4:00.31c (4:03.50f)	2/1/25	0.1	0.00	0.10
► DMR	11	Ethne Degan, Marissa Wise, Mia Vizcaino, Julianne Wilson		12:44.30	1/10/25	2	0.43	2.43
SUNY BROCKPORT TFR1 Team Total								2.53

92 **Linfield**
Independent

▼ **13**
LW: 79

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► LJ	14	Kira HAWAABOO	SO	5.63m 18-5¼	2/1/25	2	0.29	2.29
► PENT	25	Kira HAWAABOO	SO	3,149 OT	1/25/25	0.2	0.00	0.20
LINFIELD TFRI Team Total								2.49

93 **Belhaven (Miss.)**
CCS

 **6**
LW: 99

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	17	Kimona HAYNES	JR	57.36	1/31/25	1	0.26	1.26
▶ 400m	19	Ashaunti JONES	SR	57.48	1/17/25	0.8	0.20	1.00
BELHAVEN (MISS.) TFRI Team Total								2.25

94 **Trinity (Conn.)**
Independent

▼ 2
LW: 92

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 60m	22	Jillian STRYNAR	FR	7.74	1/26/25	0.5	0.10		0.60
► 200m	20	Jillian STRYNAR	FR	25.12	1/26/25	0.7	0.16		0.86
► DMR	16	Vivian Jacobs-townesley, Jillian Strynar, Paige Orr, Maggie Furer		12:53.20	1/26/25	0.6	0.00		0.60
TRINITY (CONN.) TFRI Team Total									2.06

95 **Nazareth**
Empire 8

5
LW: 90

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► PV	18	Isabel MORSE	JR	3.60m	11-9½	12/6/24	0.9	0.00	0.90
► WT	17	Lea RICHARD	SR	16.93m	55-6½	12/6/24	1	0.06	1.06
NAZARETH TFRI Team Total									1.96

96 Westminster (Pa.)
PAC

42
LW: 138

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► HJ	30	Breannnda DAVIS	SR	1.62m	5-3¾	2/1/25	0.05	0.00	0.05
► PV	18	Madison CONLEY	SR	3.60m	11-9¾	2/1/25	0.9	0.00	0.90
► PENT	19	Breannnda DAVIS	SR	3.209		2/1/25	0.8	0.00	0.80
WESTMINSTER (PA.) TFR1 Team Total									1.75

97 Lebanon Valley
MAC

▼ **10**
LW: 87

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► DMR	15	Kyrianna Nemitz, Sierra Kapcos, Emily Miller, Autumn Garges		12:52.56 <i>c</i> (13:00.83 <i>f</i>)	1/18/25	0.7	0.01	0.71
► PENT	17	Anna SAWICKI	FR	3,235	1/31/25	1	0.04	1.04
LEBANON VALLEY TFRI Team Total								1.75

98 **Lynchburg**
ODAC

 **20**
LW: 118

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60H	16	Betsy MOHNKERN	SR	8.89	2/1/25	1.25	0.37	1.62
LYNCHBURG TFRI Team Total								1.62



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #2, February 4

99 **Swarthmore**
Centennial

▼ **21**
LW: 78

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► HJ	16	Trelstad T	SR	1.66m	5-5¼	1/25/25	1.25	0.23	1.48
► SP	28	Tate GARCIA	JR	12.88m	42-3¼	12/6/24	0.1	0.00	0.10
SWARTHMORE TFRI Team Total									1.58

100 Mount Union
OAC

▼ **14**
LW: 86

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	23	Madison MILES	SR	57.77c (58.53f)	12/7/24	0.4	0.05	0.45
► 800m	30	Mary MASON	SR	2:16.47 O	1/25/25	0.05	0.00	0.05
► LJ	26	Kalie CAMPBELL	SO	5.50m 18-½	1/18/25	0.15	0.00	0.15
► SP	18	Makayla SITZLAR	JR	13.06m 42-10¼	12/7/24	0.9	0.00	0.90
MOUNT UNION TFRI Team Total								1.55

101 **Messiah**
MAC

34
LW: 135

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	34	Halle JENNETT	SR	25.40c (25.79f)	2/1/25	0.015	0.00	0.02
▶ DMR	12	#Type!		12:44.98c(12:53.17f)	2/1/25	1	0.37	1.37
▶ PV	26	Hannah WITTER	JR	3.56m 11-8	2/1/25	0.15	0.00	0.15
MESSIAH TFRI Team Total								1.54

102 Nebraska Wesleyan

▼ 5
LW: 97

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	29	Keeley HOURIGAN	SR	9.09	1/18/25	0.075	0.00	0.08
▶ SP	21	Emmily BERGLUND	SO	13.03m 42-9	1/17/25	0.6	0.00	0.60
▶ WT	21	Kaelyn MEANS	SO	16.46m 54-0	12/13/24	0.6	0.00	0.60
▶ WT	25	Ja'Dein MADISON	JR	16.13m 52-11	2/1/25	0.2	0.00	0.20
NEBRASKA WESLEYAN TFRI Team Total								1.48

103 Buena Vista

9
LW: 94

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60H	18	Claire SCHROEDER	FR	8.93	1/25/25	0.9	0.18	1.08
► SP	25	Courtney JOHNSON	SR	12.91m 42-4¼	12/7/24	0.2	0.00	0.20
► SP	33	Payton SCHERMERHORN	SO	12.77m 41-10¾	1/25/25	0.02	0.00	0.02
BUENA VISTA TFRI Team Total								1.30

104 **DePauw**
NCAC

▼ 22
LW: 82

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	23	Liberty SCOTT	SO	9.02	1/31/25	0.4	0.00	0.40
▶ PENT	18	Katie MOORE	SR	3,215	12/T/24	0.9	0.00	0.90
DEPAUW TFRI Team Total								1.30

105 **Ohio Wesleyan**
NCAC

▼ **17**
LW: 88

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60H	17	Katherine DORTMUND	FR	8.90	1/25/25	1	0.30	1.30
OHIO WESLEYAN TFRI Team Total								1.30

106 **Alfred State**
SUNYAC

LW:

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	18	Oli KRAYNIK	SO	2:15.32c (2:16.88f)	2/1/25	0.9	0.21	1.11
ALFRED STATE TFRI Team Total								1.11



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #2, February 4

107 Case Western Reserve

 **27**
LW: 134

CASE WESTERN RESERVE TFR1 Team Total	1.08
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108 **Alvernia**
MAC

▼ 7
LW: 101

ALVERNIA TFR1 Team Total 0.99

109 **McMurry**
Independent

2
LW: 111

MCMURRY TFRI Team Total 0.93

110 **Hamline**
MIAC

▼ 2
LW: 108

HAMLIN TFR Team Total 0.90

110 Marietta
OAC

▼ 14
LW: 96

MARIETTA TFERI Team Total 0.90

112 **Puget Sound**
Independent

9
LW: 121

PUGET SOUND TFR1 Team Total 0.86

113 **Texas Lutheran**
Independent

11
LW: 102

TEXAS LUTHERAN TFRI Team Total	0.80
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114 **Hunter**
CUNYAC

LW:

HUNTER TFR1 Team Total 0.79



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #2, February 4

114 **Trinity (Texas)**
Independent

▼ **11**
LW: 103

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	34	CC GRAY	SR	58.25 OT	12/6/24	0.015	0.00	0.02
▶ TJ	20	Joy AREOLA	SR	11.45m 37-6¼	1/25/25	0.7	0.08	0.78
TRINITY (TEXAS) TFRI Team Total								0.79

116 **Bates**
Independent

6
LW: 110

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► WT	20	Carli CIAVARELLI	JR	16.63m	54-6¾	12/7/24	0.7	0.00
BATES TFR1 Team Total								0.70

117 Grove City PAC

unch
LW: 117

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	23	Lydia BENNETT	SR	4:59.34	2/1/25	0.4	0.17	0.57
GROVE CITY TFR1 Team Total								0.57

118 Washington & Jefferson
PAC

12
LW: 130

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	34	Claire ANDERSON	JR	17:38.94	12/6/24	0.015	0.00	0.02
► DMR	17	Maria Gilles, Lainey Hartner, Cali LaRue, Claire Anderson		12:55.93	2/1/25	0.5	0.00	0.50
WASHINGTON & JEFFERSON TFRI Team Total								0.52

119 Scranton Landmark

▲ 9
LW: 128

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► LJ	23	Samantha SHARROW	JR	5.54m	18-2¼	2/1/25	0.4	0.00	0.40
► PENT	29	Molly WHITE	JR	3,097		2/1/25	0.075	0.00	0.08
SCRANTON TFRI Team Total									0.48

120 Christopher Newport
C2C

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► WT	27	Katherine STEVENS	SR	16.04m 52-7½	2/1/25	0.125	0.00	0.13
► PENT	24	Ellie NUCKOLS	SO	3,150	2/1/25	0.3	0.00	0.30
CHRISTOPHER NEWPORT TFR! Team Total								0.43

121 **St. Lawrence**
Liberty League

▼ **15**
LW: 106

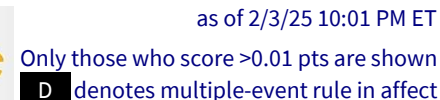
Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► DMR	18	Quinn Sirgany, Cameran Stone, Adriana Cecchetelli, Avery Blanchard		12:57.38c(13:05.70f)	1/25/25	0.4	0.00	0.40

ST. LAWRENCE TFR1 Team Total 0.40

122 **SUNY Delhi**
Independent

▼ 8
LW: 114

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	24	Shaesha JOHNSON	7.75		12/7/24	0.3	0.06	0.36
SUNY DELHI TFR1 Team Total								0.36



123 **St. John Fisher** **16**
Empire 8 LW: 107

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► DMR	20	Olivia Grinnell, Allison Nickson, Brienne Hurlburt, Caitlin Voloshen		12:58.53	1/18/25	0.2	0.00	0.20
► HJ	26	Kathryn HILLYARD	FR	1.63m 5-4¼	2/1/25	0.15	0.00	0.15
ST. JOHN FISHER TFRI Team Total								0.35

124 **MSOE** **12**
NACC LW: 112

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	24	Katrina WAWRZYN	SR	12.92m	42-43*	1/10/25	0.3	0.00	0.30
► WT	34	Kylie CRUM	JR	15.77m	51-9	1/10/25	0.015	0.00	0.02
MSOE TFRI Team Total									0.32

125 **Springfield (Mass.)** **16**
Independent LW: 109

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	27	Katherine DEFOSSE	SO	9.08	1/25/25	0.125	0.00	0.13
▶ TJ	26	Samantha PAUL	SR	11.38m 37-4	1/18/25	0.15	0.00	0.15
SPRINGFIELD (MASS.) TFRI Team Total								0.28

125

St. Thomas (Texas)

Independent

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	29	Nelsy VERA	JR	57.97	2/1/25	0.075	0.00	0.08
► 4x400	20	Selest Edwards, Christina Stinson, Makayla Powell, Trinity Provost		3:59.94	2/1/25	0.2	0.00	0.20
ST. THOMAS (TEXAS) TFRI Team Total								0.28

127 **Kenyon**
NCAC

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	29	Anna BROWN	JR	2:16.42 O	2/1/25	0.075	0.00	0.08
▶ TJ	27	Paula SORIC	SR	11.33m 37-2¼	2/1/25	0.125	0.00	0.13
KENYON TFRI Team Total								0.20

128 **Hartford** **15**
Independent LW: 113

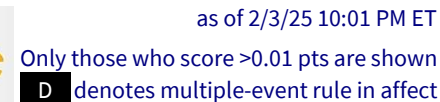
Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	34	Cali LEONARD	JR	9.13	12/7/24	0.015	0.00	0.02
▶ HJ	26	Jordan MURPHY	SO	1.63m 5-4¼	12/7/24	0.15	0.00	0.15
HARTFORD TFRI Team Total								0.17

129 **SUNY Cortland**
SUNYAC

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	35	Autumn PITTMAN	SR	7.79	2/1/25	0.01	0.00	0.01
▶ WT	26	Jennifer NDUKWU	JR	16.11m 52-10¼	2/1/25	0.15	0.00	0.15
SUNY CORTLAND TFRI Team Total								0.16

130 **Claremont-Mudd-Scripps** **6**
Independent LW: 124

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	27	Josephine JETT	SO	7.76 (0.0)	1/25/25	0.125	0.03	0.15
CLAREMONT-MUDD-SCRIPPS TFRI Team Total								0.15



131 **Keene State** **33**
Little East LW: 98

132 **Moravian**  **13**
Landmark LW: 119

133 **Thomas (Maine)**  **40**
Independent LW: 93

134 **Bryn Mawr** ▼ **12**
Centennial LW: 122

134

Southern Maine

Little East

▲

5

LW: 139

136 **Franklin & Marshall**  **20**
Centennial LW: 116

136 **Medgar Evers**
CUNYAC

138 King's College (Pa.)  **13**
MAC LW: 125

139 **Wheaton (Ill.)**  **17**
CCIW LW: 122

139 Wisconsin Lutheran

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► HJ	30	Rachel ROMENS	SR	1.62m	5-3¾	2/1/25	0.05	0.00	0.05
WISCONSIN LUTHERAN TFRI Team Total									0.05



National TFRI Team Summary

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #2, February 4

141 **Bridgewater (Va.)** **11**
ODAC LW: 130

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

► SP	33	Abby MIKOLAY	SO	12.77m	41-10¾	1/10/25	0.02	0.00	0.02
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BRIDGEWATER (VA.) TFRI Team Total 0.02**141** **Southwestern (Texas)**
Independent LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

► Mile	33	Breanna STEELE	JR	5:01.65c	(5:04.63f)	1/31/25	0.02	0.00	0.02
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SOUTHWESTERN (TEXAS) TFRI Team Total 0.02**143** **Salisbury** **7**
C2C LW: 136

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

► LJ	35	Mia HILL	JR	5.45m	17-10¾	12/8/24	0.01	0.00	0.01
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SALISBURY TFRI Team Total 0.01