



Regional TFRI Team Summary

WOMEN — 2025 Checkpoint #3, February 11

EAST			
Current	Team	Score	Last Week
1	MIT	560.20	1
2	Tufts	448.96	2
3	Bridgewater State	182.95	4 ▲1
4	Colby	180.35	3 ▼1
5	Bates	163.61	5
6	Bowdoin	156.78	7 ▲1
7	Southern Maine	147.72	6 ▼1
8	Brandeis	127.89	8
9	Suffolk	95.63	9
10	UMass Boston	81.52	11 ▲1
11	Gordon (Mass.)	79.81	10 ▼1
12	Keene State	70.74	12
13	Thomas (Maine)	59.50	13
14	Plymouth State	44.94	14
15	WPI	40.83	20 ▲5

GREAT LAKES			
Current	Team	Score	Last Week
1	Ohio Northern	247.12	2 ▲1
2	Wittenberg	242.94	1 ▼1
3	Mount Union	230.31	3
4	Centre	200.94	4
5	Trine	163.03	5
6	John Carroll	159.24	7 ▲1
7	Ohio Wesleyan	131.00	11 ▲4
8	Case Western Reserve	125.55	6 ▼2
9	Calvin	121.51	9
10	DePauw	116.50	10
11	Baldwin Wallace	110.25	8 ▼3
12	Hope	92.66	12
13	Wilmington (Ohio)	79.43	13
14	Berea (Ky.)	65.64	14
15	Kenyon	54.58	16 ▲1

METRO			
Current	Team	Score	Last Week
1	TCNJ	325.49	1
2	Rowan	284.64	3 ▲1
3	Widener	268.27	2 ▼1
4	Stockton	216.62	5 ▲1
5	Moravian	198.11	4 ▼1
6	Ursinus	170.21	6
7	Stevens	141.74	7
8	Swarthmore	128.31	8
9	Drew	111.42	9
10	Ramapo	87.44	11 ▲1
11	DeSales	85.91	10 ▼1
12	Eastern (Pa.)	83.65	12
13	Montclair State	74.14	15 ▲2
14	New Jersey City	72.35	13 ▼1
15	Medgar Evers	69.46	14 ▼1

MID-ATLANTIC			
Current	Team	Score	Last Week
1	Johns Hopkins	734.15	1
2	Westminster (Pa.)	159.49	3 ▲1
3	Goucher	146.89	4 ▲1
4	Scranton	146.77	2 ▼2
5	Lebanon Valley	117.31	7 ▲2
6	Messiah	116.55	8 ▲2
7	Salisbury	112.72	11 ▲4
8	Susquehanna	110.75	9 ▲1
9	Carnegie Mellon	110.08	5 ▼4
10	King's College (Pa.)	107.10	10
11	Grove City	104.07	6 ▼5
12	Dickinson	92.04	12
13	Elizabethtown	82.48	13
14	Franklin & Marshall	69.01	14
15	Washington & Jeffers	64.78	16 ▲1

MIDEAST			
Current	Team	Score	Last Week
1	Williams	578.31	1
2	Amherst	389.97	2
3	Coast Guard	226.82	4 ▲1
4	Middlebury	221.29	3 ▼1
5	RPI	213.18	5
6	Springfield (Mass.)	140.81	6
7	Vassar	136.98	7
8	Rhode Island College	118.54	8
9	Hartford	113.91	10 ▲1
10	Connecticut College	105.13	9 ▼1
11	Trinity (Conn.)	74.50	11
12	Wesleyan (Conn.)	56.89	12
13	Smith	48.12	14 ▲1
14	Mount Holyoke	41.39	15 ▲1
15	Westfield State	41.16	13 ▼2

MIDWEST			
Current	Team	Score	Last Week
1	Washington (Mo.)	405.13	1
2	Chicago	339.61	2
3	Wartburg	262.30	3
4	Elmhurst	244.48	4
5	Loras	205.88	5
6	North Central (Ill.)	161.27	6
7	Augustana (Ill.)	128.47	8 ▲1
8	Central (Iowa)	123.22	7 ▼1
9	Greenville	97.47	13 ▲4
10	Aurora	82.66	11 ▲1
11	Nebraska Wesleyan	78.16	9 ▼2
12	Illinois Wesleyan	69.62	12
13	North Park	63.01	10 ▼3
14	Monmouth (Ill.)	56.77	14
15	Millikin	53.22	15

NIAGARA			
Current	Team	Score	Last Week
1	SUNY Geneseo	610.14	1
2	Ithaca	329.94	2
3	NYU	217.64	3
4	Rochester (N.Y.)	190.10	5 ▲1
5	SUNY Brockport	186.83	4 ▼1
6	St. John Fisher	144.64	8 ▲2
7	Nazareth	139.93	9 ▲2
8	RIT	139.63	7 ▼1
9	SUNY Cortland	122.20	6 ▼3
10	Utica	91.96	11 ▲1
11	Buffalo State	74.50	10 ▼1
12	Hamilton	72.25	12
13	SUNY Oneonta	69.10	14 ▲1
14	Houghton	63.70	13 ▼1
15	Hunter	49.86	15

NORTH			
Current	Team	Score	Last Week
1	UW-La Crosse	768.53	1
2	UW-Eau Claire	296.17	2
3	UW-Oshkosh	252.93	3
4	UW-Stout	158.03	5 ▲1
5	UW-Whitewater	156.98	4 ▼1
6	Carleton	125.74	6
7	Bethel (Minn.)	101.27	11 ▲4
8	Gustavus Adolphus	92.54	7 ▼1
9	UW-River Falls	88.61	12 ▲3
10	Carthage	86.33	9 ▼1
11	St. Norbert	72.38	8 ▼3
12	St. Olaf	67.52	10 ▼2
13	UW-Platteville	54.97	13
14	Macalester	45.34	14
15	Carroll (Wis.)	45.32	15

SOUTH			
Current	Team	Score	Last Week
1	Emory	591.80	1
2	Washington and Lee	300.27	2
3	Catholic (D.C.)	201.13	3
4	Lynchburg	181.33	4
5	Christopher Newport	179.18	7 ▲2
6	Bridgewater (Va.)	165.11	6
7	Berry	159.54	5 ▼2
8	North Carolina Wesle	81.98	8
9	Roanoke	80.47	9
10	Virginia Wesleyan	79.48	10
11	Shenandoah	74.87	12 ▲1
12	Rhodes	73.38	15 ▲3
13	Belhaven (Miss.)	66.67	11 ▼2
14	Southern Virginia	63.41	13 ▼1
15	Mary Washington	46.68	14 ▼1



Regional TFRI Team Summary

WOMEN — 2025 Checkpoint #3, February 11**WEST**

Current	Team	Score	Last Week
1	Trinity (Texas)	394.79	3 ▲ 2
2	Whitworth	311.77	1 ▼ 1
3	Redlands (Calif.)	206.06	2 ▼ 1
4	Colorado College	200.04	4
5	McMurry	153.73	5
6	Southwestern (Texas)	152.28	8 ▲ 2
7	St. Thomas (Texas)	137.57	7
8	UC Santa Cruz	122.69	NR
9	Claremont-Mudd-Scri	121.16	6 ▼ 3
10	George Fox	113.01	16 ▲ 6
11	Pacific (Ore.)	104.12	12 ▲ 1
12	Texas Lutheran	100.51	11 ▼ 1
13	Linfield	89.47	9 ▼ 4
14	Puget Sound	86.96	10 ▼ 4
15	Pacific Lutheran	48.71	14 ▼ 1