



National TFRI Event Summary

Women's 60 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Lauren JARRETT	JR #2 UW-La Crosse	24.09	7.29	2/23/25 USATF Indoor Championships
2	Alyssa BUSKER	SR #6 Elmhurst	20.47	7.45	12/7/24 UW-Oshkosh Early Bird Invitat
3	Jasmine WRIGHT	JR #3 Washington (Mo.)	17.10	7.59	2/15/25 Midwest ELITE Invitational
4	Autumn PITTMAN	SR SUNY Cortland	15.01	7.60	2/22/25 Marc Deneault Invitational
4	Lauren MARSHALL	SR #6 Elmhurst {2}	15.01	7.60	2/14/25 NCC Chicagoland Intercollegi
4	McKenna SEDLACEK	FR #2 UW-La Crosse {2}	15.01	7.60	2/8/25 UW-La Crosse Mark Guthrie Le
7	Emma SEIPEL	SR #7 Loras	9.91	7.61	12/7/24 UW-Oshkosh Early Bird Invitat
8	Rachel ARTHUR	SR #9 Williams	8.72	7.63	2/1/25 Harvard Invitational
8	Victoria BREWSTER	SO Houghton	8.72	7.63	2/1/25 Ithaca Bomber Invitational
10	Shaesha JOHNSON	FR SUNY Delhi	6.53	7.65	2/8/25 Utica Blue and Orange Invitati
10	Khia LASTER	SR Buffalo State	6.53	7.65	2/1/25 YSU Mid Major Invitational
10	Jillian STRYNAR	FR Trinity (Conn.)	6.53	7.65	2/15/25 Tufts Stampede
10	Josephine JETT	SO Claremont-Mudd-Scri	6.53	7.65	2/15/25 Whitworth Invitational
14	Madjo DOUMBIA	SR #17 Centre	2.44	7.66	12/7/24 Centre First Chance Indoors
14	McKenzie RESER	SR Augustana (Ill.)	2.44	7.66	2/8/25 Keck Invitational
16	De'Andranay CHISM	FR Millikin	1.61	7.67	12/7/24 Titan "First Chance" Meet
16	Olivia FREEMAN	JR Rhodes	1.61	7.67	1/17/25 Vanderbilt Indoor Invitational
16	Gbarper DWAH	JR Ramapo	1.61	7.67	12/7/24 TCNJ Indoor Opener
19	Mariam KOITA	SO #20 Widener	1.09	7.68	2/15/25 Widener Indoor Classic
19	Julie YANG	FR #2 UW-La Crosse {3}	1.09	7.68	2/21/25 Caged Eagle Invite
21	Dakota HOUSTON	FR John Carroll	0.83	7.69	2/16/25 All-Ohio D-III Indoor Champio
21	Alison MCDONOUGH	SR Bridgewater State	0.83	7.69	2/22/25 Wheaton Pre-Post Season Invi
21	Zari YOUNG	FR Saint Mary's (Minn.)	0.83	7.69	2/21/25 Maverick Invitational
21	Yasmin DEANE	FR Mary Washington	0.83	7.69	2/22/25 Coast-to-Coast Athletic Indoo
21	Brynn MOONEY	JR #5 SUNY Geneseo	0.83	7.69	1/25/25 Nazareth Conference Challen
21	Kamayah WOOTEN	SO North Carolina Wesley	0.83	7.69	2/1/25 VMI Winter Relays
21	Jada KENNER	FR #15 Emory	0.83	7.69	1/17/25 Samford Invitational
21	Anika REILAND	SO #2 UW-La Crosse {4}	0.83	7.69	2/15/25 Midwest ELITE Invitational
29	Lindsey NOVAK	SR #21 North Central (Ill.)	0.19	7.71	1/18/25 Pat Heenan Invitational
30	Nancy NYADONGO	FR Goucher	0.10	7.73	12/7/24 TCNJ Indoor Opener
30	Gabri MESCHINO	SR #4 Chicago	0.10	7.73	12/6/24 Chicago State Cougar Alumni
30	Sara SCHERMERHORN	JR Hope	0.10	7.73	2/21/25 Grand Valley State Tune-Up
30	Allyson HAMMOND	JR Pacific (Ore.)	0.10	7.73	2/8/25 George Fox Indoor
34	Riana HAYES	JR North Park	0.04	7.74	1/18/25 Pat Heenan Invitational
34	Simone WAHEED	SO Colby	0.04	7.74	2/22/25 Bobcat Fresh Tune-up
34	Eva CARCHIDI	SR #15 Emory {2}	0.04	7.74	2/7/25 Camel City Sprints
34	Aryianna GARCEAU	JR UMass Boston	0.04	7.74	2/22/25 Little East Indoor Champions
34	Makenna ZAK	JR #2 UW-La Crosse {5}	0.04	7.74	2/8/25 UW-La Crosse Mark Guthrie Le



National TFRI Event Summary

Women's 60 Meter Hurdles — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Aryianna GARCEAU	JR	UMass Boston	22.97	8.56	2/1/25 Yankee Small College Invitati
2	Josephine JETT	SO	Claremont-Mudd-Scri	20.52	8.60	2/15/25 Whitworth Invitational
3	Hannah ZASTROW	SR	#18 UW-Stout	17.95	8.65	2/21/25 Caged Eagle Invite
4	Ren BROWN	SR	#4 Chicago	15.40	8.70	2/22/25 Margaret Bradley Invitational
5	Laura SUPPA	JR	Ithaca	13.29	8.71	2/22/25 Marc Deneault Invitational
5	JoJo TYNISMAA	JR	#12 Wartburg	13.29	8.71	2/21/25 Caged Eagle Invite
7	Rachel LARSON	JR	Ithaca {2}	10.18	8.72	2/22/25 Marc Deneault Invitational
8	Allyson HAMMOND	JR	Pacific (Ore.)	9.07	8.73	2/1/25 Inland Northwest Invitational
9	Katherine DORTMUND	FR	Ohio Wesleyan	7.97	8.74	2/8/25 Jud Logan Light Giver Collegi
10	Chloe YODER	SR	Susquehanna	6.89	8.75	1/25/25 Nazareth Conference Challen
11	Liberty SCOTT	SO	DePauw	5.67	8.78	2/22/25 Wittenberg Indoor Last Chanc
12	Emilee BOOKER	SR	#8 UW-Eau Claire	4.53	8.80	2/1/25 Warren Bowlus Invite
13	Daysia HARGRAVE	SR	Wooster	3.46	8.81	2/16/25 All-Ohio D-III Indoor Champio
13	Alison MCDONOUGH	SR	Bridgewater State	3.46	8.81	2/1/25 Wheaton (Mass.) Invitational
15	Jameire HONZU	FR	Baldwin Wallace	1.89	8.82	2/1/25 Dr. Taraschke Team Challeng
16	Nikki BOON	SR	#15 Emory	1.57	8.84	2/7/25 Camel City Sprints
16	Katherine DEFOSSE	SO	Springfield (Mass.)	1.57	8.84	2/22/25 Springfield College Triangle Cl
18	Nakala NADEAU	SR	#6 Elmhurst	1.18	8.85	2/14/25 Grand Valley State Big Meet
19	Lauren GAY	SR	#3 Washington (Mo.)	1.05	8.86	12/7/24 Saluki Fast Start
20	Regan SCOTT	FR	#2 UW-La Crosse	0.91	8.87	2/15/25 Midwest ELITE Invitational
21	Tiana GRADY	SO	#6 Elmhurst {2}	0.78	8.88	12/13/24 Blue Demon Holiday Invite
22	Betsy MOHNKERN	SR	Lynchburg	0.64	8.89	2/1/25 Bast-Cregger Invitational
23	Megan ZEMKE	FR	#2 UW-La Crosse {2}	0.50	8.90	2/8/25 UW-La Crosse Mark Guthrie Le
24	Grace BRADEN	SO	#12 Wartburg {2}	0.37	8.91	2/23/25 Liz Wuertz Invitational
24	Thea RING	JR	North Park	0.37	8.91	2/22/25 Margaret Bradley Invitational
26	Eleanor BACHMEIER	SR	Redlands (Calif.)	0.18	8.92	2/21/25 NAU Tune-Up
27	Jill AMBLER	SO	#5 SUNY Geneseo	0.13	8.93	1/30/25 RIT January Thursday Invitati
27	Claire SCHROEDER	FR	Buena Vista	0.13	8.93	1/25/25 Dennis Young Alumni Meet
29	Nyla JONES	FR	Rowan	0.08	8.95	2/23/25 NJAC Indoor Championships
29	Eliza CARDWELL	SR	Amherst	0.08	8.95	2/22/25 Springfield College Triangle Cl
31	Olivia NAVIN	FR	#2 UW-La Crosse {3}	0.04	8.96	2/8/25 UW-La Crosse Mark Guthrie Le
31	Olivia BOHLEN	JR	#25 Central (Iowa)	0.04	8.96	2/23/25 Liz Wuertz Invitational
31	Rebecca CARR	SO	Roanoke	0.04	8.96	2/15/25 Joe LaRocco Invitational
34	Lauren DUNNIGAN	SO	Franklin & Marshall	0.02	8.98	2/22/25 Marc Deneault Invitational
34	Jenna KALEVIK	SR	Concordia Moorhead	0.02	8.98	2/21/25 North Dakota Indoor Tune-Up



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Lauren JARRETT	JR	#2 UW-La Crosse	23.22	23.89c	(24.26f)	1/25/25 UW-La Crosse Pat Healy Classi
2	Sadie SCHREINER	JR	#19 RIT	20.51	24.09c	(24.46f)	1/30/25 RIT January Thursday Invitati
3	Alyssa BUSKER	SR	#6 Elmhurst	17.96	24.25 OT		2/14/25 Grand Valley State Big Meet
4	De'Andranay CHISM	FR	Millikin	15.82	24.29		2/8/25 Fairgrounds Invitational
4	Kamiyah WOOTEN	SO	North Carolina Wesley	15.82	24.29		2/1/25 VMI Winter Relays
6	Lindsey NOVAK	SR	#21 North Central (Ill.)	11.04	24.53c	(24.91f)	2/21/25 F. Lee Slick Invitational
7	McKenzie RESER	SR	Augustana (Ill.)	9.99	24.55c	(24.93f)	2/16/25 SAU Tune Up
8	Madjo DOUMBIA	SR	#17 Centre	8.68	24.69c	(25.07f)	12/7/24 Centre First Chance Indoors
9	Mariam KOITA	SO	#20 Widener	7.63	24.71		2/15/25 Widener Indoor Classic
9	Megan GERAETS	SR	Gustavus Adolphus	7.63	24.71c	(25.09f)	2/14/25 Maverick Premier #1
11	Brynn MOONEY	JR	#5 SUNY Geneseo	5.56	24.74c	(25.12f)	2/8/25 Utica Blue and Orange Invitati
12	Aryianna GARCEAU	JR	UMass Boston	4.54	24.75		2/15/25 David Hemery Valentine Invit
12	Rachel ARTHUR	SR	#9 Williams	4.54	24.75c	(25.13f)	2/15/25 Tufts Stampede
12	Isabel PETERSON	JR	UW-Platteville	4.54	24.75c	(25.13f)	2/21/25 Caged Eagle Invite
15	Eva CARCHIDI	SR	#15 Emory	2.00	24.77		2/1/25 Carolina Challenge
16	Sara SCHERMERHORN	JR	Hope	1.68	24.80 OT		12/6/24 Grand Valley State Holiday Op
17	Ariella ROGAHN-PRESS	FR	Macalester	1.34	24.84c	(25.23f)	2/14/25 Maverick Premier #1
17	Fiona MEJICO	SR	Colby	1.34	24.84		2/15/25 David Hemery Valentine Invit
19	Kiara ABRANTES	SR	Bridgewater State	1.05	24.88c	(25.26f)	1/18/25 Branwen Smith-King Invitatio
20	Heloise HUGHES	SO	Amherst	0.91	24.90		2/15/25 David Hemery Valentine Invit
21	Nancy NYADONGO	FR	Goucher	0.74	24.93c	(25.31f)	1/18/25 Robert Comstock Cardinal Cla
22	Anika REILAND	SO	#2 UW-La Crosse {2}	0.62	24.94c	(25.32f)	2/15/25 Midwest ELITE Invitational
23	Audrey JOHNSON	SR	#15 Emory {2}	0.48	24.98		1/17/25 Samford Invitational
24	Thea RING	JR	North Park	0.34	25.01c	(25.39f)	12/7/24 UW-Oshkosh Early Bird Invitat
25	Emma SEIPEL	SR	#7 Loras	0.22	25.03		2/7/25 Wartburg Friday Night Lights
26	Anna PLAUTZ	SO	#2 UW-La Crosse {3}	0.16	25.04c	(25.42f)	2/21/25 Caged Eagle Invite
26	Laura SUPPA	JR	Ithaca	0.16	25.04c	(25.42f)	2/22/25 Marc Deneault Invitational
26	Makenna ZAK	JR	#2 UW-La Crosse {3}	0.16	25.04c	(25.42f)	2/21/25 Caged Eagle Invite
29	Marissa WISE	SR	SUNY Brockport	0.08	25.05c	(25.44f)	2/15/25 DIII Elite Meet
29	Kate CARLSON	SR	Gustavus Adolphus {2}	0.08	25.05c	(25.44f)	2/14/25 Maverick Premier #1
31	Allyson KAKES	SO	#8 UW-Eau Claire	0.04	25.06c	(25.45f)	2/8/25 UW-La Crosse Mark Guthrie Le
31	Lauren GAY	SR	#3 Washington (Mo.)	0.04	25.06c	(25.45f)	12/7/24 Saluki Fast Start
33	Jillian STRYNAR	FR	Trinity (Conn.)	0.02	25.12		1/26/25 Middlebury's NESCAC Invite
33	Khia LASTER	SR	Buffalo State	0.02	25.12		2/15/25 David Hemery Valentine Invit
33	Bella KING-HARVEY	SO	#9 Williams {2}	0.02	25.12		1/26/25 Middlebury's NESCAC Invite



National TFRI Event Summary

Women's 400 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Sara SCHERMERHORN	JR Hope	22.89	54.58 OT	2/14/25 Grand Valley State Big Meet
2	Megan BELL	SR #10 Rochester (N.Y.)	20.29	54.95c (55.68f)	2/8/25 Brockport Multi & Invitational
3	Sadie SCHREINER	JR #19 RIT	17.92	55.18c (55.91f)	1/17/25 Brockport Friday Night Rust B
4	Brynn MOONEY	JR #5 SUNY Geneseo	15.70	55.32	2/15/25 David Hemery Valentine Invit
5	Ariella ROGAHN-PRESS	FR Macalester	13.45	55.48c (56.22f)	2/14/25 Maverick Premier #1
6	Bella KING-HARVEY	SO #9 Williams	11.03	55.75	2/1/25 John Thomas Terrier Classic
7	Kamayah WOOTEN	SO North Carolina Wesley	10.02	55.76	1/18/25 Virginia Tech Invitational
8	Kiara ABRANTES	SR Bridgewater State	9.00	55.78	2/8/25 Bruce Lehane Scarlet and Whi
9	Anna PLAUTZ	SO #2 UW-La Crosse	7.89	55.89c (56.63f)	2/8/25 UW-La Crosse Mark Guthrie Le
10	Ren BROWN	SR #4 Chicago	6.87	55.90c (56.64f)	2/22/25 Margaret Bradley Invitational
11	Lindsey NOVAK	SR #21 North Central (Ill.)	5.84	55.93c (56.67f)	2/14/25 NCC Chicagoland Intercollegi
12	Fiona MEJICO	SR Colby	4.83	55.94	2/15/25 David Hemery Valentine Invit
13	Megan GERAETS	SR Gustavus Adolphus	3.76	56.01c (56.76f)	2/21/25 Maverick Invitational
14	McKenzie RESER	SR Augustana (Ill.)	2.52	56.24c (56.98f)	2/8/25 Keck Invitational
15	Thea RING	JR North Park	1.80	56.57c (57.32f)	2/14/25 NCC Chicagoland Intercollegi
16	Emily CAMLET	JR Drew	1.54	56.59	2/15/25 Widener Indoor Classic
17	Kylie SPYTEK	JR #3 Washington (Mo.)	1.26	56.64c (57.39f)	2/15/25 Midwest ELITE Invitational
18	Elizabeth BEISWANGER	SO Puget Sound	1.14	56.68	2/15/25 Whitworth Invitational
19	JoJo TYNISMMAA	JR #12 Wartburg	1.02	56.73c (57.48f)	2/23/25 Liz Wuertz Invitational
20	Meghan FRAZIER	SR Wittenberg	0.86	56.84 OT	2/8/25 Gem City Invitational
21	Olivia DIAS	SR #1 MIT	0.74	56.88	2/15/25 David Hemery Valentine Invit
22	Marina MILLER	SR #1 MIT {2}	0.62	56.93c (57.68f)	2/8/25 Tufts Cupid Challenge
23	Rose TALBERT	SO Rose-Hulman	0.47	57.03c (57.78f)	2/22/25 John Gartland Team Invitatio
24	Allison HOOKOM	JR Augsburg	0.36	57.04c (57.79f)	2/15/25 Saint John's (Minn.)-St. Bene
25	Kyla NYGAARD	JR Concordia Moorhead	0.24	57.08 OT	2/21/25 North Dakota Indoor Tune-Up
26	Nora CHEN	SO #10 Rochester (N.Y.) {2}	0.18	57.11	2/15/25 David Hemery Valentine Invit
27	Lina MAATOUK	SR Augustana (Ill.) {2}	0.15	57.12c (57.87f)	2/21/25 Sol Butler Classic
27	Catherine CHRISTOPHER	SO #3 Washington (Mo.) {2}	0.15	57.12c (57.87f)	2/15/25 Midwest ELITE Invitational
29	Kaitlyn EWALD	SO Colby {2}	0.08	57.21	2/15/25 David Hemery Valentine Invit
30	Shalom SULUNGAIN	SO Bethel (Minn.)	0.05	57.23c (57.99f)	2/8/25 UW-La Crosse Mark Guthrie Le
31	Marissa WISE	SR SUNY Brockport	0.04	57.26c (58.02f)	2/15/25 DIII Elite Meet
32	Hailey WEIR	FR #3 Washington (Mo.) {3}	0.03	57.30c (58.06f)	12/7/24 Saluki Fast Start
33	Kimona HAYNES	JR Belhaven (Miss.)	0.02	57.36	1/31/25 Scarlet Knight Open
34	Nevaeh LORJUSTE	SR Rowan	0.02	57.45	2/7/25 Fastrack National Invitational
35	Morgan JENNINGS	JR #2 UW-La Crosse {2}	0.01	57.46c (58.22f)	2/8/25 UW-La Crosse Mark Guthrie Le



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Megan BELL	SR	#10 Rochester (N.Y.)	23.37		2:07.95	2/15/25 David Hemery Valentine Invit
2	Annie HUANG	SR	#11 Johns Hopkins	20.22		2:09.41	1/25/25 Dr. Sander Scorchers
3	Kelty OASTER	SR	Elizabethtown	18.18		2:09.46	2/15/25 David Hemery Valentine Invit
4	Ellie RISING	SR	George Fox	15.97		2:09.73 OT	2/15/25 Husky Classic
5	Sierra DOODY	JR	#5 SUNY Geneseo	13.02		2:11.06c (2:12.57f)	2/15/25 DIII Elite Meet
6	Emily MOEHRINGER	SR	Catholic (D.C.)	10.88		2:11.34	2/8/25 Doc Hale Virginia Tech Elite
7	Krystal MONTGOMERY	JR	#1 MIT	9.88		2:11.35	1/25/25 Riverhawk Invitational
8	Tanise THORNTON - FILLAW	JR	Goucher	8.86		2:11.38c (2:12.89f)	2/21/25 Susquehanna Tune-Up
9	Claudia HARNETT	SR	#4 Chicago	7.80		2:11.51	2/7/25 Lewis Invitational
10	Annika PALUSKA	FR	#9 Williams	6.79		2:11.52	2/1/25 John Thomas Terrier Classic
11	Alexa ESTES	JR	#24 Connecticut College	5.77		2:11.56	2/1/25 John Thomas Terrier Classic
12	Janelle ECKL	SR	#5 SUNY Geneseo {2}	4.65		2:11.81	2/15/25 David Hemery Valentine Invit
13	Mary MASON	SR	Mount Union	3.63		2:11.85	2/15/25 David Hemery Valentine Invit
14	Isabel WYATT	JR	St. Olaf	2.58		2:11.94c (2:13.46f)	1/18/25 St. Olaf Ole Opener
15	Kayla KASS	JR	Stockton	2.03		2:12.05	2/23/25 NJAC Indoor Championships
16	Lina MAATOUK	SR	Augustana (Ill.)	1.71		2:12.17c (2:13.69f)	2/8/25 Keck Invitational
17	Cyna MADIGAN	SR	#13 UW-Oshkosh	1.45		2:12.20c (2:13.72f)	12/7/24 UW-Oshkosh Early Bird Invitat
18	Olivia STENZEL	JR	#13 UW-Oshkosh {2}	1.16		2:12.58c (2:14.10f)	2/22/25 UW-Oshkosh Titan Challenge
19	Alli THOMAS	FR	#2 UW-La Crosse	1.05		2:12.61c (2:14.14f)	2/8/25 UW-La Crosse Mark Guthrie Le
20	Jenny CORTES	JR	Ripon	0.87		2:12.80c (2:14.33f)	2/22/25 UW-Oshkosh Titan Challenge
21	Izzy GORTON	SR	#3 Washington (Mo.)	0.73		2:12.97c (2:14.50f)	2/15/25 Midwest ELITE Invitational
22	Elly BURDS	JR	#7 Loras	0.56		2:13.26c (2:14.79f)	2/21/25 Caged Eagle Invite
23	Peyton STEFFEN	JR	#25 Central (Iowa)	0.46		2:13.28	2/15/25 David Hemery Valentine Invit
24	Frankie CHAIDEZ	SR	#7 Loras {2}	0.33		2:13.37c (2:14.90f)	2/21/25 Caged Eagle Invite
25	Julia SCHOR	SR	Amherst	0.20		2:13.56c (2:15.10f)	2/8/25 Tufts Cupid Challenge
26	Caroline ECHOLS	SO	#3 Washington (Mo.) {2}	0.15		2:13.60c (2:15.14f)	2/15/25 Midwest ELITE Invitational
27	Gianna DAWSON	FR	NYU	0.13		2:13.66	2/15/25 David Hemery Valentine Invit
28	Natalia SAWYER	JR	Buffalo State	0.10		2:14.45c (2:16.00f)	2/21/25 Nazareth Conference Tune-U
29	Gwen HINZ	JR	#2 UW-La Crosse {2}	0.08		2:14.46c (2:16.01f)	2/8/25 UW-La Crosse Mark Guthrie Le
30	Haley SCHOENEGGE	SO	Vassar	0.05		2:14.52c (2:16.07f)	2/23/25 West Point Tune-Up
31	Kalena RIEMER	FR	#3 Washington (Mo.) {3}	0.04		2:14.57c (2:16.12f)	2/15/25 Midwest ELITE Invitational
32	Piper LENTZ	JR	Amherst {2}	0.03		2:14.62	2/15/25 David Hemery Valentine Invit
33	Ceanna DIETZ	FR	#13 UW-Oshkosh {3}	0.02		2:14.96c (2:16.51f)	2/1/25 Warren Bowlus Invite
34	Breklyn LAMMERT	SR	#18 UW-Stout	0.02		2:15.16c (2:16.71f)	2/15/25 UW-Stout Quad
35	Mila WESTRA	FR	Lawrence	0.01		2:15.18c (2:16.73f)	2/22/25 UW-Oshkosh Titan Challenge



National TFRI Event Summary

Women's Mile — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Halley SCHOENEGGE	SO	Vassar	22.69	4:48.18	2/15/25 David Hemery Valentine Invit
2	Gillian ROEDER	JR	#1 MIT	19.98	4:50.16	2/1/25 John Thomas Terrier Classic
3	Deyanneira COLON MALDONADO	SR	Aurora	17.82	4:50.59c (4:53.46f)	2/14/25 NCC Chicagoland Intercollegi
4	Evelyn BATTLES-ON-GUNKEL	SR	#4 Chicago	15.57	4:51.30c (4:54.18f)	2/22/25 Margaret Bradley Invitational
5	Jules BLESKOSKI	SO	#16 RPI	3.32	D 4:52.00	2/1/25 John Thomas Terrier Classic
6	Claudia HARNETT	SR	#4 Chicago {2}	11.21	4:52.31	1/25/25 Aurora Grand Prix
7	Amalia DORION	SR	Suffolk	9.92	4:53.13	2/15/25 David Hemery Valentine Invit
8	Kate SANDERSON	JR	#1 MIT {2}	8.89	4:53.22	1/25/25 Riverhawk Invitational
9	Grace MCDONOUGH	JR	#24 Connecticut College	7.88	4:53.24	2/1/25 John Thomas Terrier Classic
10	Lydia BENNETT	SR	Grove City	6.82	4:53.40c (4:56.30f)	2/15/25 DIII Elite Meet
11	Breklyn LAMMERT	SR	#18 UW-Stout	5.71	4:53.83c (4:56.73f)	2/21/25 Caged Eagle Invite
12	Ellie MEYER	SR	#12 Wartburg	4.70	4:53.85	2/15/25 David Hemery Valentine Invit
13	Kate TUTTLE	FR	#9 Williams	3.69	4:53.91	1/26/25 Middlebury's NESAC Invite
14	Emily MOEHRINGER	SR	Catholic (D.C.)	2.66	4:54.02c (4:56.93f)	2/15/25 DIII Elite Meet
15	Erin VONHOUSEN	FR	#16 RPI {2}	2.14	4:54.12	2/1/25 John Thomas Terrier Classic
16	Faith DUNCAN	JR	#14 Wilmington (Ohio)	1.78	4:54.61c (4:57.52f)	1/25/25 Tiffin University Open II
17	Rachel BRENNAN	SR	Gordon (Mass.)	1.49	4:54.75	2/15/25 David Hemery Valentine Invit
18	Pria PARKER	SR	Smith	1.34	4:55.00	2/1/25 John Thomas Terrier Classic
19	Mackenzie SETTON	JR	#11 Johns Hopkins	1.21	4:55.10	2/15/25 David Hemery Valentine Invit
20	Kelty OASTER	SR	Elizabethtown	0.91	4:55.98	2/7/25 Fastrack National Invitational
21	Bailey PUCKETT	JR	Trine	0.70	4:56.68 OT	2/14/25 Grand Valley State Big Meet
22	Janie COOPER	JR	NYU	0.60	4:56.69	1/31/25 Scarlet Knight Open
23	Anna WATSON	SR	#4 Chicago {3}	0.46	4:57.02c (4:59.96f)	2/14/25 NCC Chicagoland Intercollegi
24	Keira ROGAN	FR	Hamilton	0.36	4:57.07	1/26/25 Middlebury's NESAC Invite
25	Paige PHILLIPS	SR	Coast Guard	0.26	4:57.09	2/1/25 John Thomas Terrier Classic
26	Peyton STEFFEN	JR	#25 Central (Iowa)	0.19	4:57.27	2/7/25 Wartburg Friday Night Lights
27	Jillian HETH	JR	#3 Washington (Mo.)	0.13	4:57.67	1/25/25 Bob Teel Invitational
28	Elisabeth CAMIC	SR	#4 Chicago {4}	0.10	4:57.94 OT	1/18/25 GVSU Bob Eubanks Open
29	Virginia PRIDGEN	SR	#3 Washington (Mo.) {2}	0.08	4:58.15	1/25/25 Bob Teel Invitational
30	Amelia LEHMAN	SR	#13 UW-Oshkosh	0.05	4:58.72c (5:01.67f)	12/7/24 UW-Oshkosh Early Bird Invitat
31	Stella KUTTNER	FR	NYU {2}	0.04	4:58.88	1/31/25 Scarlet Knight Open
32	Gabriella NYE	JR	#20 Widener	0.03	4:58.98	2/8/25 Big Apple Invitational
33	Lucy DUCHAC	JR	#2 UW-La Crosse	0.02	4:59.12c (5:02.08f)	2/21/25 Caged Eagle Invite
34	Emma KELLY	JR	#4 Chicago {5}	0.02	4:59.16c (5:02.12f)	2/22/25 Margaret Bradley Invitational
35	Emma KOTHARI	JR	#11 Johns Hopkins {2}	0.01	4:59.17	2/15/25 David Hemery Valentine Invit



National TFRI Event Summary

Women's 3000 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Faith DUNCAN	JR	#14 <i>Wilmington (Ohio)</i>	22.82		9:28.56 OT	2/1/25 Steemer Showcase
2	Adriana CATALANO	JR	#11 <i>Johns Hopkins</i>	19.99		9:32.86	2/15/25 David Hemery Valentine Invit
3	Jules BLESKOSKI	SO	#16 <i>RPI</i>	17.79		9:33.88c (9:38.80f)	2/8/25 Utica Blue and Orange Invitati
4	Evelyn BATTLESON-GUNKEL	SR	#4 <i>Chicago</i>	15.71		9:34.31	2/8/25 DePaul Alumni
5	Riley BUESE	SR	<i>Lewis & Clark</i>	13.56		9:35.08 OT	2/15/25 Husky Classic
6	Penelope GREENE	SR	#5 <i>SUNY Geneseo</i>	11.24		9:36.79c (9:41.73f)	2/8/25 Utica Blue and Orange Invitati
7	Keira ROGAN	FR	<i>Hamilton</i>	10.15		9:37.26c (9:42.20f)	2/8/25 Utica Blue and Orange Invitati
8	Gillian ROEDER	JR	#1 <i>MIT</i>	9.14		9:37.31c (9:42.26f)	2/8/25 Tufts Cupid Challenge
9	Haley SCHOENEGGE	SO	<i>Vassar</i>	7.87		9:38.73	12/7/24 Sharon Colyear-Danville Seas
10	Deyanneira COLON MALDONADO	SR	<i>Aurora</i>	2.84	D	9:38.90 OT	2/1/25 Meyo Invitational
11	Janie COOPER	JR	<i>NYU</i>	5.83		9:38.95	2/15/25 David Hemery Valentine Invit
12	Kate SANDERSON	JR	#1 <i>MIT</i> {2}	2.62	D	9:40.27	2/1/25 John Thomas Terrier Classic
13	Peyton STEFFEN	JR	#25 <i>Central (Iowa)</i>	3.60		9:40.35 OT	12/14/24 Iowa State Holiday Invitation
14	Addy PARROTT	SR	#25 <i>Central (Iowa)</i> {2}	2.50		9:41.17	2/15/25 David Hemery Valentine Invit
15	Rujuta SANE	JR	#1 <i>MIT</i> {3}	1.98		9:41.35	2/15/25 David Hemery Valentine Invit
16	Erin VONHOUSEN	FR	#16 <i>RPI</i> {2}	1.72		9:41.40c (9:46.38f)	2/8/25 Utica Blue and Orange Invitati
17	Anna WATSON	SR	#4 <i>Chicago</i> {2}	1.41		9:41.94	2/8/25 DePaul Alumni
18	Nora HOLMES	JR	#4 <i>Chicago</i> {3}	1.14		9:43.38	2/8/25 DePaul Alumni
19	Blakeley BUCKINGHAM	SR	#9 <i>Williams</i>	1.03		9:43.49	2/15/25 David Hemery Valentine Invit
20	Liv GIRAND	SO	#1 <i>MIT</i> {4}	0.91		9:43.95	2/1/25 John Thomas Terrier Classic
21	Christina CROW	SR	#1 <i>MIT</i> {5}	0.74		9:44.94	2/15/25 David Hemery Valentine Invit
22	Paige PHILLIPS	SR	<i>Coast Guard</i>	0.59		9:45.83	1/25/25 Riverhawk Invitational
23	Sophie BULL	JR	<i>Calvin</i>	0.45		9:46.44 OT	2/14/25 Grand Valley State Big Meet
24	Estelle SNIDER	SO	#4 <i>Chicago</i> {4}	0.33		9:46.79	2/8/25 DePaul Alumni
25	Kate TUTTLE	FR	#9 <i>Williams</i> {2}	0.20		9:47.31	2/1/25 John Thomas Terrier Classic
26	Madelynn MCINTYRE	SR	#2 <i>UW-La Crosse</i>	0.15		9:48.47c (9:53.51f)	2/8/25 UW-La Crosse Mark Guthrie Le
27	Mallory REISER	FR	#2 <i>UW-La Crosse</i> {2}	0.13		9:48.93c (9:53.97f)	2/8/25 UW-La Crosse Mark Guthrie Le
28	Gabriella NYE	JR	#20 <i>Widener</i>	0.10		9:50.35	2/15/25 David Hemery Valentine Invit
29	Flora BIRO	FR	<i>Amherst</i>	0.08		9:50.78c (9:55.84f)	2/8/25 Tufts Cupid Challenge
30	Lilly FOWLER-CONNER	SR	#5 <i>SUNY Geneseo</i> {2}	0.05		9:52.21c (9:57.28f)	2/8/25 Utica Blue and Orange Invitati
31	Hannah STEPHENSON	FR	<i>Amherst</i> {2}	0.04		9:52.35	2/15/25 David Hemery Valentine Invit
32	Hannah PREISSER	JR	<i>Carleton</i>	0.03		9:52.48c (9:57.56f)	2/8/25 Meet of the Hearts
33	Jillian HETH	JR	#3 <i>Washington (Mo.)</i>	0.02		9:53.36c (9:58.44f)	2/8/25 Keck Invitational
34	Lucy DUCHAC	JR	#2 <i>UW-La Crosse</i> {3}	0.02		9:54.12c (9:59.21f)	2/8/25 UW-La Crosse Mark Guthrie Le
35	Aliya LARSEN	JR	<i>Carleton</i> {2}	0.01		9:54.75c (9:59.84f)	2/8/25 Meet of the Hearts



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Faith DUNCAN	JR	#14 Wilmington (Ohio)	23.27		16:07.53 OT	12/6/24 Grand Valley State Holiday Op
2	Jules BLESKOSKI	SO	#16 RPI	20.19		16:21.84	2/15/25 David Hemery Valentine Invit
3	Penelope GREENE	SR	#5 SUNY Geneseo	17.96		16:24.95	2/15/25 David Hemery Valentine Invit
4	Brigid HANLEY	SR	#15 Emory	15.95		16:25.03	12/7/24 Sharon Colyear-Danville Seas
5	Kate SANDERSON	JR	#1 MIT	13.78		16:27.28	2/15/25 David Hemery Valentine Invit
6	Riley BUESE	SR	Lewis & Clark	11.47		16:31.51	12/7/24 Sharon Colyear-Danville Seas
7	Evelyn BATTLESON-GUNKEL	SR	#4 Chicago	3.12	D	16:37.01 OT	2/14/25 Grand Valley State Big Meet
8	Keira ROGAN	FR	Hamilton	8.98		16:40.03c (16:47.68f)	2/16/25 Kane Invitational
9	Deyanneira COLON MALDONADO	SR	Aurora	7.61		16:47.72 OT	12/6/24 Grand Valley State Holiday Op
10	Rujuta SANE	JR	#1 MIT {2}	6.59		16:48.09	12/7/24 Sharon Colyear-Danville Seas
11	Liv GIRAND	SO	#1 MIT {3}	5.58		16:48.46	2/15/25 David Hemery Valentine Invit
12	Audrey MACLEAN	SO	Middlebury	4.45		16:52.16c (16:59.91f)	2/15/25 Tufts Stampede
13	Hannah PREISSER	JR	Carleton	3.45		16:52.26c (17:00.01f)	2/15/25 Maverick Premier #2
14	Sophie BULL	JR	Calvin	2.43		16:52.99 OT	12/6/24 Grand Valley State Holiday Op
15	Rachel BRENNAN	SR	Gordon (Mass.)	1.93		16:53.00	12/7/24 Sharon Colyear-Danville Seas
16	Tamar BYL-BRANN	SO	#9 Williams	1.49		17:01.04	2/15/25 David Hemery Valentine Invit
17	Stephanie AGER	JR	Wesleyan (Conn.)	1.22		17:01.92c (17:09.74f)	12/7/24 Wesleyan Winter Invite
18	Kate COCHRAN	SR	NYU	1.10		17:02.79	12/7/24 Sharon Colyear-Danville Seas
19	Lilly FOWLER-CONNER	SR	#5 SUNY Geneseo {2}	0.99		17:03.08	2/15/25 David Hemery Valentine Invit
20	Madelynn MCINTYRE	SR	#2 UW-La Crosse	0.89		17:03.18c (17:11.01f)	2/15/25 Midwest ELITE Invitational
21	Brooklyn LUEBKE	JR	#2 UW-La Crosse {2}	0.79		17:03.28c (17:11.11f)	2/15/25 Midwest ELITE Invitational
22	Ari DE LA CERDA	SR	UW-Whitewater	0.68		17:03.63c (17:11.47f)	2/15/25 Midwest ELITE Invitational
23	Claire SEMEROD	JR	Coast Guard	0.55		17:04.96	2/15/25 David Hemery Valentine Invit
24	Paige PHILLIPS	SR	Coast Guard {2}	0.40		17:06.85	2/15/25 David Hemery Valentine Invit
25	Lucy GOTT	JR	NYU {2}	0.25		17:09.09	2/15/25 David Hemery Valentine Invit
26	Josephine DZIEDZIC	SO	NYU {3}	0.18		17:09.85	2/15/25 David Hemery Valentine Invit
27	Allison DELL	JR	Lynchburg	0.14		17:10.49	2/15/25 David Hemery Valentine Invit
28	Janie COOPER	JR	NYU {4}	0.10		17:11.63	12/7/24 Sharon Colyear-Danville Seas
29	Morgan EIGEL	SO	#9 Williams {2}	0.08		17:12.16	2/15/25 David Hemery Valentine Invit
30	Estelle SNIDER	SO	#4 Chicago {2}	0.05		17:13.44 OT	2/14/25 Grand Valley State Big Meet
31	Olivia WARR	SO	Washington and Lee	0.04		17:13.79	2/1/25 Penn State National
32	Lucy DUCHAC	JR	#2 UW-La Crosse {3}	0.03		17:14.53c (17:22.45f)	2/15/25 Midwest ELITE Invitational
33	Triya ROY	SR	#11 Johns Hopkins	0.02		17:17.23c (17:25.17f)	2/1/25 Patriot Games
34	Jamie STELNIK	SR	#11 Johns Hopkins {2}	0.02		17:17.93	2/15/25 David Hemery Valentine Invit
35	Flora BIRO	FR	Amherst	0.01		17:18.51c (17:26.46f)	12/7/24 Wesleyan Winter Invite



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Tally Zeller, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	Colby	23.27	3:46.71	2/1/25	John Thomas Terrier Classic
2	Anna Plautz, Macy Reybrock, Alli Thomas, Morgan Jennings	#2 UW-La Crosse	20.53	3:48.07c (3:51.09f)	2/15/25	Midwest ELITE Invitational
3	Bella King-Harvey, Annika Paluska, Claire Jensen, Cate Donaldson	#9 Williams	18.13	3:48.81	2/15/25	David Hemery Valentine Invit
4	Jill Ambler, Ava Bagley, Janelle Eckl, Brynn Mooney	#5 SUNY Geneseo	15.92	3:49.20	2/15/25	David Hemery Valentine Invit
5	Eva Ciuffetelli, Nora Chen, Raquella Casserino, Megan Bell	#10 Rochester (N.Y.)	13.55	3:49.89	2/15/25	David Hemery Valentine Invit
6	Hailey Weir, Kylie Spytek, Catherine Christopher, Izzy Gorton	#3 Washington (Mo.)	11.41	3:50.15	1/25/25	Bob Teel Invitational
7	Harmony Creasy, Layla Hughes, Elly Burds, Emma Seipel	#7 Loras	9.30	3:50.36c (3:53.41f)	2/21/25	Caged Eagle Invite
8	Kylee Grabarski, McKenzie Kruse, Allyson Kakes, Mya Cinnamo	#8 UW-Eau Claire	7.04	3:50.84c (3:53.90f)	2/21/25	Caged Eagle Invite
9	JoJo Tynnismaa, Sophia Stahle, Haley Meyer, Ryann Decker	#12 Wartburg	5.87	3:51.19c (3:54.25f)	2/21/25	Caged Eagle Invite
10	Sarah Stellmach, Abbie Swenson, Hannah Kvant, Shalom Sulungaine	Bethel (Minn.)	4.86	3:51.21c (3:54.27f)	2/8/25	UW-La Crosse Mark Guthrie Le
11	Shreya Kalyan, Olivia Dias, Krystal Montgomery, Marina Miller	#1 MIT	2.83	3:51.29	2/1/25	John Thomas Terrier Classic
12	Ava Hagwell, Sharona Schwab, Chloe Hayden, Ren Brown	#4 Chicago	1.64	3:51.83 OT	2/14/25	Grand Valley State Big Meet
13	Annika Kral, Makayla Moriarty, Emma Smith, Arielle Chechile	Tufts	1.46	3:52.06c (3:55.14f)	2/22/25	Springfield College Triangle Cl
14	Dashiel Tao Harris, Eva Carchidi, Jada Kenner, Amaya Grant	#15 Emory	1.23	3:52.43	2/14/25	Bulldog Invitational
15	Julia Steger, Olivia Stenzel, Cyna Madigan, Maddy LaVoi	#13 UW-Oshkosh	1.07	3:52.61c (3:55.69f)	2/8/25	UW-La Crosse Mark Guthrie Le
16	Mary Mason, Meghan Schwartz, Madison Miles, Halle Cochran	Mount Union	0.75	3:53.29c (3:56.38f)	2/21/25	Mount Union Last Chance
17	Catherine Leahy, Frances Cozzens, Sofia Fisher, Sara Schermerhorn	Hope	0.60	3:53.60 OT	2/15/25	Grand Valley State Big Meet II
18	Molly Lodge, Paige Franklin, Jasmine Pope, Nevaeh Lorjuste	Rowan	0.45	3:53.87	2/23/25	NJAC Indoor Championships
19	Rukiyat Daranijo, Mackenzie Burke, Kelly O'Grady, Eliza Bruncaj	TCNJ	0.30	3:54.96	2/23/25	NJAC Indoor Championships
20	Ella Besant, Grace Flynn, Sophia White, Makenna Topp	Coast Guard	0.20	3:55.40	2/15/25	David Hemery Valentine Invit



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #5, February 25

21	McKenzie Reser, Lina Maatouk, Cora Deemer, Shakira Wade	Augustana (Ill.)	0.10	3:56.42c	(3:59.55f)	2/8/25 Keck Invitational
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National TFRI Event Summary

Women's Distance Medley Relay — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Nora Holmes, Ren Brown, Emma Kelly, Claudia Harnett	#4 Chicago	23.59	11:31.24 OT	2/15/25	Grand Valley State Big Meet II
2	Christina Crow, Marina Miller, Krystal Montgomery, Kate Sanderson	#1 MIT	21.29	11:34.00	2/15/25	David Hemery Valentine Invit
3	Abby Fernald, LK Tucker, Alexa Estes, Grace McDonough	#24 Connecticut College	18.51	11:41.08	2/15/25	David Hemery Valentine Invit
4	Lily Yampolsky, Bella King Harvey, Annika Paluska, Kate Tuttle	#9 Williams	16.49	11:41.27	2/15/25	David Hemery Valentine Invit
5	Addy Parrott, Emily McMartin, Alivia Roerdink, Peyton Steffen	#25 Central (Iowa)	14.05	11:45.38c (11:52.93f)	2/23/25	Liz Wuertz Invitational
6	Maddie Merna, Leah Cherry, Haley Meyer, Ellie Meyer	#12 Wartburg	11.84	11:47.34c (11:54.91f)	2/23/25	Liz Wuertz Invitational
7	Grace Smith, Cayla Lawrence, Audrey Karwowski, Lydia Bennett	Grove City	9.25	11:55.30c (12:02.96f)	2/15/25	DIII Elite Meet
8	#Type!	Washington and Lee	6.61	12:04.50c (12:12.26f)	2/1/25	Bison Open & Multis
9	Harrinee Senthikumar, Lily Tremba, Emily Roskowski, Mackenzie Setton	#11 Johns Hopkins	5.55	12:05.43c (12:13.20f)	1/18/25	Robert Comstock Cardinal Cla
10	Abby Schroff, Sandra King Ellie Kitsmiller, Alyssa Vis	John Carroll	4.46	12:06.69 OT	2/15/25	Grand Valley State Big Meet II
11	Sylvie Najarian, Claire Tratnyek, Katherine Scibelli, Keira Rogan	Hamilton	2.45	12:06.90c (12:14.68f)	2/22/25	Utica Pioneer Fast Trax Invite
12	Serena Britner, Lena Baker, Shams Ferver, Pria Parker	Smith	1.38	12:08.00	2/15/25	David Hemery Valentine Invit
13	Amanda McNally, Emma Conroy, Kayla Kass, Madelyn Valasek	Stockton	1.17	12:09.60	2/23/25	NJAC Indoor Championships
14	Catherine Dacey, Kyleigh Record, Bethel Flanagan, Gabrielle Baker	Union (N.Y.)	1.01	12:10.52c (12:18.34f)	2/15/25	DIII Elite Meet
15	Haley Cook, Chloe Lovett, Hayden Setty, Faith Duncan	#14 Wilmington (Ohio)	0.75	12:13.86 OT	2/15/25	Grand Valley State Big Meet II
16	Carly Rinko, Harper Meek, Phoebe Bryar, Lexi Dean	Tufts	0.60	12:19.04	2/15/25	David Hemery Valentine Invit
17	Sidney Swick, Halle Overmire, Eleanor Young, Bailey Puckett	Trine	0.50	12:19.09 OT	2/15/25	Grand Valley State Big Meet II
18	Mia Vizcaino, Marissa Wise Ethne Degan, Julianne Wilson	SUNY Brockport	0.40	12:20.58c (12:28.51f)	2/8/25	Brockport Multi & Invitational
19	Allison Dietz, McKenna Downing, Brianna Montgomery, Zoe Ward	Ohio Wesleyan	0.30	12:21.85 OT	2/8/25	Jud Logan Light Giver Collegi
20	Muhorakeye Joyeuse, Kymiah Blair, Kristin Fischli, Madison Stonestreet	Berea (Ky.)	0.20	12:23.60c (12:31.56f)	2/15/25	Centre Indoor Invitational



National TFRI Event Summary

Women's Distance Medley Relay — 2025 Checkpoint #5, February 25

21	Adelaide Nyhan, Lizzie Lowe, Norah Reade, Sarah France	Vassar	0.10	12:24.81c	(12:32.79f)	2/8/25	Utica Blue and Orange Invitati
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National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Allie WILDSMITH	JR	Coast Guard	25.83	1.80m	5-10¾	1/18/25	Coast Guard Winter Invitation
2	Sara HOSKINS	SR	#7 Loras	19.85	1.72m	5-7¾	2/21/25	Caged Eagle Invite
2	Olivia JAMESON	JR	Illinois Tech	19.85	1.72m	5-7¾	2/8/25	Keck Invitational
4	Laura BERTRANG	SO	#8 UW-Eau Claire	15.35	1.71m	5-7¼	2/1/25	Warren Bowlus Invite
4	Serena MCNEILLY	SO	#17 Centre	15.35	1.71m	5-7¼	2/15/25	Centre Indoor Invitational
4	Breannnda DAVIS	SR	Westminster (Pa.)	15.35	1.71m	5-7¼	2/14/25	YSU Last Chance
7	Olivia THEISEN	SO	#3 Washington (Mo.)	9.90	1.70m	5-7	1/31/25	Friday Night Spikes #3
7	Ebunoluwa OPATA	SR	#3 Washington (Mo.)	9.90	1.70m	5-7	12/7/24	Saluki Fast Start
7	Hailey CAMPBELL	SO	UW-Platteville	9.90	1.70m	5-7	2/15/25	UW Platteville Invitational
10	Serenity SANDS	SR	Bridgewater State	6.57	1.69m	5-6½	2/1/25	Harvard Open
10	Mari EVONUK	FR	Redlands (Calif.)	6.57	1.69m	5-6½	2/21/25	NAU Tune-Up
10	Macie TODD	SR	#2 UW-La Crosse	6.57	1.69m	5-6½	1/25/25	UW-La Crosse Pat Healy Classi
10	Hailey CAROLAN	JR	Cornell College	6.57	1.69m	5-6½	12/14/24	Finals Week Invitational
14	Hannah ZASTROW	SR	#18 UW-Stout	2.28	1.68m	5-6	2/1/25	Warren Bowlus Invite
14	Camille GILLUM	JR	Washington and Lee	2.28	1.68m	5-6	2/15/25	Joe LaRocco Invitational
14	Jordan MURPHY	SO	Hartford	2.28	1.68m	5-6	2/8/25	Tufts Cupid Challenge
14	Taylor WEISS	SR	Wittenberg	2.28	1.68m	5-6	2/8/25	Gem City Invitational
18	Brianna TIRA	SO	Whitworth	1.01	1.67m	5-5¾	2/1/25	Inland Northwest Invitational
18	Aïana COLAS	FR	Brandeis	1.01	1.67m	5-5¾	1/25/25	Lyon Invitational
18	Alysia TOWNSEND	FR	Adrian	1.01	1.67m	5-5¾	12/7/24	Saginaw Valley State Holiday
21	Trelstad T	SR	Swarthmore	0.60	1.66m	5-5¼	1/25/25	Coach "I" Open
21	Elaina STYER	SO	Stockton	0.60	1.66m	5-5¼	2/23/25	NJAC Indoor Championships
21	Lexi KING	SO	Tufts	0.60	1.66m	5-5¼	1/18/25	Branwen Smith-King Invitatio
21	Rachel ROMENS	SR	Wisconsin Lutheran	0.60	1.66m	5-5¼	2/8/25	Red Hawk Invitational
25	Jaden GATTS	SO	Dubuque	0.20	1.65m	5-5	2/15/25	UW Platteville Invitational
25	Hailey CARAWAY	FR	#6 Elmhurst	0.20	1.65m	5-5	12/7/24	UW-Oshkosh Early Bird Invitat
25	Emily RUBIO	JR	Middlebury	0.20	1.65m	5-5	1/17/25	Middlebury Winter Classic
25	Emersyn GERKEN	FR	Ohio Northern	0.20	1.65m	5-5	2/8/25	Jud Logan Light Giver Collegi
25	Alexa BELANGER	FR	Houghton	0.20	1.65m	5-5	2/15/25	NYU DIII Invitational
25	Sammi DUNN	SR	#4 Chicago	0.20	1.65m	5-5	1/18/25	GVSU Bob Eubanks Open
25	Elizabeth MULVANEY	SO	#4 Chicago	0.20	1.65m	5-5	1/18/25	GVSU Bob Eubanks Open
32	Madeline ZIRBEL	JR	UW-Stevens Point	0.03	1.64m	5-4½	2/8/25	Big Dawg Invitational
33	Madeleine WRIGHT	SO	Ithaca	0.02	1.63m	5-4¼	2/1/25	Ithaca Bomber Invitational
33	Kayla KAJER	FR	Gustavus Adolphus	0.02	1.63m	5-4¼	2/21/25	Maverick Invitational
33	Kathryn HILLYARD	FR	St. John Fisher	0.02	1.63m	5-4¼	2/1/25	Ithaca Bomber Invitational
33	Michaela BRYAN	SR	John Carroll	0.02	1.63m	5-4¼	2/16/25	All-Ohio D-III Indoor Champio
33	Tonna OGINA	FR	New Jersey City	0.02	1.63m	5-4¼	2/23/25	NJAC Indoor Championships
33	Samantha NIELSEN	JR	#12 Wartburg	0.02	1.63m	5-4¼	2/7/25	Wartburg Friday Night Lights
33	Faith LADIN	SR	#21 North Central (Ill.)	0.02	1.63m	5-4¼	1/24/25	ONU Invitational



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Yasmin RUFF	SR	#3 Washington (Mo.)	23.95	4.10m	13-5¼	2/15/25	Midwest ELITE Invitational
2	Gracie HOLLAND	SR	UW-Whitewater	21.80	4.09m	13-5	2/21/25	Caged Eagle Invite
3	Gwen BERENYI	JR	#21 North Central (Ill.)	18.62	4.01m	13-1¾	2/21/25	F. Lee Slick Invitational
4	Maddy HABBERSTAD	SO	#2 UW-La Crosse	15.73	3.94m	12-11	2/21/25	Caged Eagle Invite
5	Sarah FIRTH	SR	Tufts	13.53	3.92m	12-10¼	2/22/25	Springfield College Triangle Cl
6	Hailey SURACE	JR	#1 MIT	11.33	3.90m	12-9½	1/11/25	Suffolk Relays
7	Isabel MORSE	JR	Nazareth	9.93	3.86m	12-8	2/21/25	Nazareth Conference Tune-U
8	Leah ZASTROW	JR	#18 UW-Stout	8.73	3.84m	12-7¼	2/21/25	Caged Eagle Invite
9	Katelyn HOWARD	JR	#1 MIT {2}	7.63	3.83m	12-6¾	2/15/25	Gordon Kelly Invitational
10	Claire SCHWELLER	JR	Ohio Northern	6.53	3.82m	12-6¼	1/17/25	Rob & Patty Lydic Invitational
10	Madison CONLEY	SR	Westminster (Pa.)	6.53	3.82m	12-6¼	2/21/25	Mount Union Last Chance
10	Annika GUNDERSON	JR	UW-River Falls	6.53	3.82m	12-6¼	2/8/25	Falcon Winter Classic
13	Araceli DE LEO LOPEZ	JR	#2 UW-La Crosse {2}	3.34	3.80m	12-5½	2/15/25	Midwest ELITE Invitational
13	Ellie FITZGERALD	JR	#9 Williams	3.34	3.80m	12-5½	2/15/25	Tufts Stampede
15	Emily THOMPSON	JR	Marietta	1.74	3.78m	12-4¾	2/16/25	All-Ohio D-III Indoor Champio
16	Eryn RATAICZAK	FR	Spalding	1.44	3.77m	12-4½	2/8/25	Fairgrounds Invitational
17	Brenna STELL	SO	McMurry	1.00	3.73m	12-2¾	2/15/25	Russ Jewett Indoor Gorilla Cla
18	Grace IWIG	FR	Westminster (Pa.) {2}	0.90	3.72m	12-2½	2/21/25	Mount Union Last Chance
19	Ashley D'AMBROSIA	SR	Washington and Lee	0.80	3.71m	12-2	2/21/25	Rockingham Collegiate Classi
20	Haley BLAGDON	SR	#8 UW-Eau Claire	0.70	3.70m	12-1½	1/25/25	UW-Eau Claire/UW-Platteville
20	Elise DOYLE	FR	#1 MIT {3}	0.70	3.70m	12-1½	2/22/25	Brown Invitational
22	Marisa HARVEY	SO	#2 UW-La Crosse {3}	0.50	3.68m	12-¾	1/25/25	UW-La Crosse Pat Healy Classi
23	Ellie FORD	JR	Ohio Northern {2}	0.40	3.67m	12-½	1/31/25	Joe Banks Invitational
24	Clarissa NEWMAN	FR	#11 Johns Hopkins	0.30	3.65m	11-11¾	2/15/25	Widener Indoor Classic
25	Hannah WITTER	JR	Messiah	0.20	3.63m	11-10¾	2/8/25	Blue & White Invite
25	Madi FUERST	FR	Catholic (D.C.)	0.20	3.63m	11-10¾	2/8/25	Blue & White Invite
27	Emily SHAFRON	JR	#2 UW-La Crosse {4}	0.13	3.61m	11-10	2/1/25	Leonard "Squig" Converse Inv
28	Talia HUTCHINSON	SO	Ithaca	0.10	3.60m	11-9¾	1/25/25	Nazareth Conference Challen
28	Erin EASTWOOD	JR	Ithaca	0.10	3.60m	11-9¾	2/16/25	Kane Invitational
28	Bree BOYLE	JR	Ithaca	0.10	3.60m	11-9¾	1/25/25	Nazareth Conference Challen
31	Jae YU	SR	#9 Williams {2}	0.04	3.58m	11-9	2/1/25	Harvard Invitational
32	Layla KEADLE	FR	Washington and Lee {2}	0.03	3.56m	11-8	2/21/25	Rockingham Collegiate Classi
32	Allison BOBST	SR	Lynchburg	0.03	3.56m	11-8	2/21/25	Rockingham Collegiate Classi
34	Lena TANG	SO	Tufts {2}	0.02	3.55m	11-7¾	2/22/25	Springfield College Triangle Cl
34	Alisha ANDERSON	JR	Brandeis	0.02	3.55m	11-7¾	1/18/25	Reggie Poyau Invitational
34	Surraiya MAHMUD	FR	Southern Virginia	0.02	3.55m	11-7¾	2/8/25	Liberty Open
34	Poppy MILLER	SR	#9 Williams {3}	0.02	3.55m	11-7¾	1/26/25	Middlebury's NESAC Invite
34	Zoe WANG	SR	Middlebury	0.02	3.55m	11-7¾	1/17/25	Middlebury Winter Classic
34	Jillian SCOTT	SR	Springfield (Mass.)	0.02	3.55m	11-7¾	2/22/25	Springfield College Triangle Cl
34	Natasha FRISCH	FR	Eastern Connecticut S	0.02	3.55m	11-7¾	2/22/25	Little East Indoor Champions
34	Natalie JOHNSON	SR	#21 North Central (Ill.) {2}	0.02	3.55m	11-7¾	1/18/25	Pat Heenan Invitational
34	Kenzie KURDYS	SO	Greenville	0.02	3.55m	11-7¾	12/7/24	Titan "First Chance" Meet



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Emma SEIPEL	SR	#7 <i>Loras</i>	24.63	6.11m	20-½	2/14/25	Midwest ELITE Invitational
2	Kira HAWAABOO	SO	<i>Linfield</i>	20.09	5.90m	19-4¼	2/14/25	Whitworth Invitational
3	Megan HUNT	SR	#13 <i>UW-Oshkosh</i>	17.97	5.89m	19-4	2/15/25	Midwest ELITE Invitational
4	Chloe SELMER	FR	#6 <i>Elmhurst</i>	15.60	5.86m	19-2¾	2/14/25	NCC Chicagoland Intercollegi
5	Paulina TINAJERO	SO	#6 <i>Elmhurst</i> {2}	13.48	5.85m	19-2½	2/1/25	Leonard "Squig" Converse Inv
6	Rainah DUNHAM	SR	#23 <i>Ursinus</i>	11.25	5.83m	19-1½	1/24/25	Widener Winters Evening Invit
6	Lauren MARSHALL	SR	#6 <i>Elmhurst</i> {3}	11.25	5.83m	19-1½	2/14/25	NCC Chicagoland Intercollegi
8	Khia LASTER	SR	<i>Buffalo State</i>	9.00	5.80m	19-½	1/17/25	Brockport Friday Night Rust B
9	Khalsa HAMMITH	FR	<i>Southern Maine</i>	7.92	5.79m	19-0	2/22/25	Little East Indoor Champions
9	Chloe HEIN	SO	#17 <i>Centre</i>	7.92	5.79m	19-0	12/7/24	Centre First Chance Indoors
11	Jill AMBLER	SO	#5 <i>SUNY Geneseo</i>	5.59	5.75m	18-10½	2/21/25	Nazareth Conference Tune-U
12	Sage HENDERSHOT	SO	<i>Drew</i>	4.48	5.73m	18-9¾	1/24/25	Widener Winters Evening Invit
13	Maya EVANS	JR	#2 <i>UW-La Crosse</i>	3.44	5.72m	18-9¼	1/25/25	UW-La Crosse Pat Healy Classi
14	Kennedy KIRKLAND	SO	<i>Bowdoin</i>	2.27	5.68m	18-7¾	1/26/25	Middlebury's NESAC Invite
15	Serena MCNEILLY	SO	#17 <i>Centre</i> {2}	1.73	5.67m	18-7¼	2/14/25	Centre Indoor Invitational
15	Megan GERAETS	SR	<i>Gustavus Adolphus</i>	1.73	5.67m	18-7¼	1/31/25	Mark Schuck Open and Multi
15	Aurielle BRUNNER	SR	<i>Chatham</i>	1.73	5.67m	18-7¼	1/31/25	YSU Mid Major Invitational
18	Annie LEDER	SR	<i>Dickinson</i>	1.09	5.66m	18-7	2/15/25	Susquehanna Invite
19	Marina SEMPLE	JR	#4 <i>Chicago</i>	0.95	5.65m	18-6½	2/22/25	Margaret Bradley Invitational
20	Jenna MILLER	JR	#2 <i>UW-La Crosse</i> {2}	0.73	5.62m	18-5¼	2/1/25	Leonard "Squig" Converse Inv
20	Ebunoluwa OPATA	SR	#3 <i>Washington (Mo.)</i>	0.73	5.62m	18-5¼	1/25/25	Bob Teel Invitational
22	Samantha SHARROW	JR	<i>Scranton</i>	0.50	5.60m	18-4½	2/15/25	Susquehanna Invite
22	Jordan ANDREW	SR	<i>Tufts</i>	0.50	5.60m	18-4½	2/22/25	Springfield College Triangle Cl
22	Christina HALL	JR	#22 <i>Carthage</i>	0.50	5.60m	18-4½	1/18/25	Firebird First Invitational
25	Isabelle HENDERSON	FR	<i>Wittenberg</i>	0.20	5.59m	18-4¼	1/25/25	Ashland Invitational
25	Harmony CREASY	SR	#7 <i>Loras</i> {2}	0.20	5.59m	18-4¼	12/6/24	UW-Oshkosh Early Bird Invitat
27	Alexandra WATSON	FR	#4 <i>Chicago</i> {2}	0.13	5.58m	18-3¾	2/22/25	Margaret Bradley Invitational
28	Elysse CUMBERLAND	FR	<i>Tufts</i> {2}	0.10	5.57m	18-3¼	2/22/25	Springfield College Triangle Cl
29	Ashley DAVIES	SO	#2 <i>UW-La Crosse</i> {3}	0.08	5.56m	18-3	2/21/25	Caged Eagle Invite
30	Mackenzie DAGGITT	SR	<i>Middlebury</i>	0.05	5.55m	18-2½	2/15/25	Tufts Stampede
30	Nikki BOON	SR	#15 <i>Emory</i>	0.05	5.55m	18-2½	1/31/25	Carolina Challenge
30	Sara BARTLETT	SR	#11 <i>Johns Hopkins</i>	0.05	5.55m	18-2½	2/7/25	Fastrack National Invitational
30	Callie GORMLEY	SR	#17 <i>Centre</i> {3}	0.05	5.55m	18-2½	12/7/24	Centre First Chance Indoors
34	Ava FOLEY	JR	#2 <i>UW-La Crosse</i> {4}	0.02	5.54m	18-2¼	1/25/25	UW-La Crosse Pat Healy Classi
35	Brielle KUECHLE	FR	<i>UW-River Falls</i>	0.01	5.53m	18-1¾	2/8/25	Falcon Winter Classic
35	Rachel HALVERSON	FR	#2 <i>UW-La Crosse</i> {5}	0.01	5.53m	18-1¾	2/15/25	Midwest ELITE Invitational
35	Sabriya FARQUHARSON	SO	<i>Saint Benedict</i>	0.01	5.53m	18-1¾	2/15/25	Saint John's (Minn.)-St. Bene
35	Annabelle LANIK	FR	<i>Trinity (Texas)</i>	0.01	5.53m	18-1¾	2/8/25	FasTrak Collegiate Qualifier
35	Jenna DRISCOLL	SR	#18 <i>UW-Stout</i>	0.01	5.53m	18-1¾	2/8/25	Gopher Classic



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Ebunoluwa OPATA	SR	#3 Washington (Mo.)	23.25	12.54m	41-1¾	1/25/25	Bob Teel Invitational
2	Rainah DUNHAM	SR	#23 Ursinus	21.04	12.50m	41-¼	1/24/25	Widener Winters Evening Invit
3	Kayla ROBINSON	SO	#20 Widener	18.77	12.45m	40-10¼	1/24/25	Widener Winters Evening Invit
4	Aurielle BRUNNER	SR	Chatham	16.06	12.31m	40-4¾	1/18/25	Muskie Meet #1
5	Imani OGUNRIBIDO	SO	Illinois Wesleyan	13.95	12.28m	40-3½	1/24/25	Jason Dennis Invitational
6	Abigail CALHOUN	SR	#22 Carthage	11.09	12.04m	39-6	2/8/25	Tadd Metzger Invitational
7	Joy AREOLA	SR	Trinity (Texas)	9.84	11.97m	39-3¼	2/15/25	Texas Tech Jarvis Scott Invite
7	Sarai SEALY	FR	Brandeis	9.84	11.97m	39-3¼	1/18/25	Reggie Poyau Invitational
9	Sara BARTLETT	SR	#11 Johns Hopkins	7.80	11.96m	39-3	1/24/25	Dr. Sander Scorcher
10	Maigan ADAMS	SR	Redlands (Calif.)	6.73	11.94m	39-2¼	1/31/25	Ron Mann Classic
11	Samantha BARRETT	SR	#2 UW-La Crosse	5.70	11.93m	39-1¾	1/25/25	UW-La Crosse Pat Healy Classi
12	Eden MARANELL	SO	St. Norbert	4.63	11.91m	39-1	12/13/24	Indiana Early Bird
13	Nony OTU UGWU	JR	#1 MIT	3.38	11.83m	38-9¾	2/8/25	Crimson Elite
14	Serena MCNEILLY	SO	#17 Centre	2.30	11.79m	38-8¼	2/1/25	Steemer Showcase
15	Jordan ANDREW	SR	Tufts	1.73	11.75m	38-6¾	2/22/25	Springfield College Triangle Cl
16	Elysse CUMBERLAND	FR	Tufts {2}	1.46	11.74m	38-6¼	2/22/25	Springfield College Triangle Cl
17	Aryanna PAULENA	FR	Goucher	1.18	11.72m	38-5½	1/10/25	LVC Indoor College Meet
18	Mackenzey KRONBERG	JR	#2 UW-La Crosse {2}	0.90	11.62m	38-1½	2/21/25	Caged Eagle Invite
19	Paulina TINAJERO	SO	#6 Elmhurst	0.80	11.57m	37-11½	12/6/24	UW-Oshkosh Early Bird Invitat
20	Chloe SELMER	FR	#6 Elmhurst {2}	0.70	11.54m	37-10½	2/14/25	NCC Chicagoland Intercollegi
21	Samantha PAUL	SR	Springfield (Mass.)	0.60	11.53m	37-10	2/15/25	Tufts Stampede
22	Jahmilia DENNIS	JR	Vassar	0.50	11.52m	37-9½	2/15/25	NYU DIII Invitational
23	Shaniah JOHNSON	SR	#12 Wartburg	0.40	11.51m	37-9¼	2/21/25	Caged Eagle Invite
24	Ellie HERNES	JR	Bethel (Minn.)	0.30	11.48m	37-8	2/21/25	Snowshoe Open
24	Eliza LEE	JR	Westfield State	0.30	11.48m	37-8	2/22/25	Wheaton Pre-Post Season Invi
26	Ashley ELEY	SO	Christopher Newport	0.15	11.47m	37-7¾	2/21/25	Coast-to-Coast Athletic Indoo
27	Remi ACORD	SR	Susquehanna	0.13	11.46m	37-7¼	1/25/25	Nazareth Conference Challen
27	Mylina CASTILLO	SR	Alvernia	0.13	11.46m	37-7¼	1/24/25	Widener Winters Evening Invit
29	Jamie RISSO	FR	Hunter	0.08	11.45m	37-6¾	2/2/25	DeSchraver Invitational
29	Shaniece NUGENT	JR	Brandeis {2}	0.08	11.45m	37-6¾	2/15/25	David Hemery Valentine Invit
31	Jazmyn HARMON	SO	Greenville	0.04	11.44m	37-6½	12/7/24	Titan "First Chance" Meet
32	Alice BRAMBATI	FR	#16 RPI	0.03	11.43m	37-6	2/1/25	Panther Invitational II
33	Rafaela DELGADO	SO	#9 Williams	0.02	11.42m	37-5¾	1/26/25	Middlebury's NESCAC Invite
33	Madelyn (Maddie) MUCCI	FR	#7 Loras	0.02	11.42m	37-5¾	2/15/25	Midwest ELITE Invitational
35	Emma SEIPEL	SR	#7 Loras {2}	0.01	11.40m	37-5	1/18/25	Bumble Rumble



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Alexis BOYKIN	SR	#1 MIT	26.80	15.42m	50-7¼	2/8/25	Crimson Elite
2	Jenae BOTHE	JR	#3 Washington (Mo.)	20.93	14.44m	47-4½	12/7/24	Saluki Fast Start
3	Madison PAYNE	JR	#22 Carthage	17.51	14.08m	46-2½	2/15/25	Midwest ELITE Invitational
3	Carley CAMP	SR	Manchester	17.51	14.08m	46-2½	2/14/25	Grand Valley State Big Meet
5	Vanessa UITENBROEK	SR	Carroll (Wis.)	13.43	14.06m	46-1½	2/15/25	Dick Hendricks Invitational
6	Amblessed OKEMGBO	JR	Whitworth	11.15	13.99m	45-10¾	2/1/25	Inland Northwest Invitational
7	Maria FALK	SR	Carroll (Wis.) {2}	9.99	13.95m	45-9¼	2/8/25	Tadd Metzger Invitational
8	Heather MICHALSKI	SR	Augustana (Ill.)	8.74	13.86m	45-5¾	1/18/25	Bumble Rumble
9	Brenna MASLOROFF	SR	#13 UW-Oshkosh	7.66	13.83m	45-4½	2/22/25	UW-Oshkosh Titan Challenge
10	Michaela BURKHAUSER	SR	Case Western Reserve	6.53	13.78m	45-2½	2/14/25	Crimson and Gold Invitational
11	Emmilly BERGLUND	SO	Nebraska Wesleyan	5.42	13.74m	45-1	2/21/25	Loper Tune-Up
12	Maddie BOLEY	SR	Monmouth (Ill.)	4.29	13.66m	44-9¾	1/24/25	Monmouth Midwest Indoor In
13	Talahiva TALANOA	SR	Greenville	3.25	13.63m	44-8¾	2/1/25	Principia Relays
14	Brenna NOON	SR	UW-Platteville	2.24	13.62m	44-8¼	1/25/25	UW-Eau Claire/UW-Platteville
15	Chloe REISER	SO	Dubuque	1.71	13.60m	44-7½	1/25/25	Moco Mercer Open
16	Emily BALL	SR	#1 MIT {2}	1.43	13.58m	44-6¾	2/15/25	Gordon Kelly Invitational
17	Kayla BEHNKE	JR	#8 UW-Eau Claire	1.06	13.49m	44-3¼	2/22/25	Snowshoe Open
17	Tate GARCIA	JR	Swarthmore	1.06	13.49m	44-3¼	2/22/25	Keogh Invitational
19	Izzy BURMAN	SR	Ohio Northern	0.83	13.47m	44-2½	1/31/25	Joe Banks Invitational
20	Jessa ALDERMAN	JR	MSOE	0.70	13.35m	43-9¾	2/15/25	Grand Valley State Big Meet II
21	Sarah FINEMAN	SR	#15 Emory	0.60	13.34m	43-9¼	2/14/25	Bulldog Invitational
22	Nai'lah ANDERS	SO	Dubuque {2}	0.50	13.33m	43-8¾	2/1/25	Spartan Shootout
23	Courtney JOHNSON	SR	Buena Vista	0.40	13.32m	43-8½	2/7/25	Wartburg Friday Night Lights
24	Jessie STENGER	SR	Hanover	0.30	13.28m	43-7	2/8/25	Anderson (Ind.) Indoor Invitat
25	Madilyn VANDER SANDEN	SO	#2 UW-La Crosse	0.20	13.27m	43-6½	2/1/25	Leonard "Squig" Converse Inv
26	Abby VELD	FR	#12 Wartburg	0.15	13.18m	43-3	2/21/25	Caged Eagle Invite
27	Lincoln WELLSMITH	JR	#18 UW-Stout	0.13	13.17m	43-2½	2/21/25	Caged Eagle Invite
28	Zoe BARNES	SR	Southern Maine	0.10	13.14m	43-1½	2/8/25	Maine State Championships
29	Hannah FRIEND	SR	Ohio Northern {2}	0.08	13.12m	43-½	2/22/25	Wittenberg Indoor Last Chanc
30	Kenni CZARNECKI	SR	UW-Whitewater	0.05	13.07m	42-10¾	2/21/25	Caged Eagle Invite
31	Makayla SITZLAR	JR	Mount Union	0.04	13.06m	42-10¼	12/7/24	Toy Drive Invite
32	Stephanie WITBROD	SR	Bethany Lutheran	0.03	13.05m	42-9¾	2/21/25	Maverick Invitational
33	Kayla ROBINSON	SO	#20 Widener	0.02	13.04m	42-9½	12/7/24	Fast Times at Lehigh
34	Taylor FLAIG	SR	#7 Loras	0.02	13.01m	42-8¼	1/18/25	Bumble Rumble
35	Zoe CONNER	SR	#5 SUNY Geneseo	0.01	12.96m	42-6¼	1/30/25	RIT January Thursday Invitati



National TFRI Event Summary

Women's Weight Throw — 2025 Checkpoint #5, February 25

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Alexis BOYKIN	SR	#1 MIT	26.00		20.66m	67-9½	2/8/25	Tufts Cupid Challenge
2	Caitlyn COX	JR	#7 Loras	20.99		19.36m	63-6¼	2/7/25	Wartburg Friday Night Lights
3	Kayla BEHNKE	JR	#8 UW-Eau Claire	17.71		18.81m	61-8½	2/15/25	UW-Stout Quad
4	Emma TRUE	SR	#12 Wartburg	15.62		18.77m	61-7	2/15/25	Darren Young Classic
5	Teagan JONES	SR	#8 UW-Eau Claire {2}	13.50		18.72m	61-5	2/15/25	UW-Stout Quad
6	Talahiva TALANOVA	SR	Greenville	11.45		18.70m	61-4¼	2/8/25	NCCAA Indoor Championship
7	Maddie BOLEY	SR	Monmouth (Ill.)	10.03		18.47m	60-7¼	2/21/25	Illinois College Hilltop Invitati
8	Brenna MASLOROFF	SR	#13 UW-Oshkosh	8.89		18.38m	60-3¾	1/25/25	Karl Schlender Invitational
9	Kenni CZARNECKI	SR	UW-Whitewater	7.58		18.17m	59-7½	2/1/25	Leonard "Squig" Converse Inv
10	Nicole TARPLEY	SR	#22 Carthage	6.49		18.05m	59-2¾	2/15/25	Midwest ELITE Invitational
11	Taylor FLAIG	SR	#7 Loras {2}	5.41		17.95m	58-10¾	1/18/25	Bumble Rumble
12	Aubree KOENINGS	SO	#18 UW-Stout	4.33		17.86m	58-7¼	2/21/25	Caged Eagle Invite
13	Zoe CONNER	SR	#5 SUNY Geneseo	3.29		17.81m	58-5¼	1/30/25	RIT January Thursday Invitati
13	Lea RICHARD	SR	Nazareth	3.29		17.81m	58-5¼	2/15/25	DIII Elite Meet
15	Izzy BURMAN	SR	Ohio Northern	1.72		17.72m	58-1¾	1/31/25	Joe Banks Invitational
16	Carlyssa KING	SR	Illinois Wesleyan	1.39		17.62m	57-9¾	2/8/25	Keck Invitational
17	Samantha SAINRISTILL	SR	Rhode Island College	1.05		17.51m	57-5½	2/22/25	Little East Indoor Champions
18	Anna SPERATOS	JR	Bethel (Minn.)	0.90		17.31m	56-9½	2/15/25	UW-Stout Quad
19	Lauren JAKLITSCH	JR	#5 SUNY Geneseo {2}	0.80		17.23m	56-6½	2/8/25	Utica Blue and Orange Invitati
20	Katherine STEVENS	SR	Christopher Newport	0.70		17.20m	56-5¼	2/22/25	Coast-to-Coast Athletic Indoo
21	Carli CIAVARELLI	JR	Bates	0.60		16.93m	55-6½	2/22/25	Bobcat Fresh Tune-up
22	Lexi BRAINER	SR	Hamline	0.50		16.83m	55-2¾	1/31/25	CSB/SJU vs St. Olaf Dual
23	Jillian TOTH	JR	Monmouth (Ill.) {2}	0.40		16.76m	55-0	2/16/25	Roger Haynes Invitational
24	Gabrielle HARDING	SR	#21 North Central (Ill.)	0.30		16.74m	54-11¼	2/14/25	NCC Chicagoland Intercollegi
25	Carley CAMP	SR	Manchester	0.20		16.68m	54-8¾	2/22/25	Wittenberg Indoor Last Chanc
26	Erika EZUMBA	JR	#11 Johns Hopkins	0.15		16.61m	54-6	2/15/25	Widener Indoor Classic
27	Ja'Dein MADISON	JR	Nebraska Wesleyan	0.13		16.60m	54-5½	2/15/25	SDSU Indoor Classic
28	Bailey HEDGEMON	JR	Washington and Lee	0.10		16.48m	54-1	2/15/25	Joe LaRocco Invitational
29	Jessa ALDERMAN	JR	MSOE	0.08		16.47m	54-½	2/15/25	Grand Valley State Big Meet II
29	Tara JOCHUMSEN	SR	#12 Wartburg {2}	0.08		16.47m	54-½	2/21/25	Caged Eagle Invite
31	Kaelyn MEANS	SO	Nebraska Wesleyan {2}	0.04		16.46m	54-0	12/13/24	UNK Pre-Holiday Invitational
32	Brenna NOON	SR	UW-Platteville	0.03		16.39m	53-9¼	2/8/25	Big Dawg Invitational
33	Deziree GARRICK	SR	#10 Rochester (N.Y.)	0.02		16.19m	53-1½	2/21/25	Nazareth Conference Tune-U
34	Bobbi BLAHNIK	SR	#13 UW-Oshkosh {2}	0.02		16.11m	52-10¼	2/22/25	UW-Oshkosh Titan Challenge
34	Jennifer NDUKWU	JR	SUNY Cortland	0.02		16.11m	52-10¼	2/1/25	Ithaca Bomber Invitational
34	Ella PULS	JR	#2 UW-La Crosse	0.02		16.11m	52-10¼	2/15/25	Midwest ELITE Invitational



National TFRI Event Summary

Women's Pentathlon — 2025 Checkpoint #5, February 25

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Nikki BOON	SR #15 Emory	24.57	3,715	12/6/24 Liberty Kickoff
2	Elaina STYER	SO Stockton	21.24	3,628	2/23/25 NJAC Indoor Championships
3	Thea RING	JR North Park	18.45	3,576	12/7/24 UW-Oshkosh Early Bird Invitat
4	Emilee BOOKER	SR #8 UW-Eau Claire	15.82	3,532	2/1/25 Warren Bowlus Invite
5	Megan HUNT	SR #13 UW-Oshkosh	13.31	3,482	12/7/24 UW-Oshkosh Early Bird Invitat
6	Olivia BOHLEN	JR #25 Central (Iowa)	11.24	3,476	1/31/25 Dutch Winter Multi
7	Janelle ECKL	SR #5 SUNY Geneseo	10.04	3,456	2/8/25 Utica Blue and Orange Invitati
8	Kayla ROBINSON	SO #20 Widener	8.99	3,451	12/7/24 Fast Times at Lehigh
9	Alexys SCHEUERELL	SR #2 UW-La Crosse	7.63	3,417	2/1/25 Leonard "Squig" Converse Inv
10	Aurielle BRUNNER	SR Chatham	6.61	3,413	2/1/25 YSU Mid Major Invitational
11	Katie MOORE	SR DePauw	5.52	3,395	2/23/25 NCAC Indoor Championships
12	Serena MCNEILLY	SO #17 Centre	4.35	3,364	2/15/25 Centre Indoor Invitational
13	Elle THORSON	SR Bethel (Minn.)	3.32	3,358	1/25/25 St. Olaf Multi Events
14	Kira HAWAABOO	SO Linfield	2.31	3,355	2/15/25 Whitworth Invitational
15	Eden MARANELL	SO St. Norbert	1.77	3,348	12/7/24 UW-Oshkosh Early Bird Invitat
16	Amber GROSSE	JR #2 UW-La Crosse {2}	1.43	3,330	2/1/25 Leonard "Squig" Converse Inv
17	Hannah ALDERFER	SR Susquehanna	1.12	3,320	2/1/25 Ithaca Bomber Invitational
18	Eleanor BACHMEIER	SR Redlands (Calif.)	0.91	3,299	12/7/24 UW-Oshkosh Early Bird Invitat
18	Emma GRUEN	SR #8 UW-Eau Claire {2}	0.91	3,299	2/1/25 Warren Bowlus Invite
20	Livi MAZEROLLE	JR #9 Williams	0.70	3,283	2/8/25 Tufts Cupid Challenge
21	Hailey CAROLAN	JR Cornell College	0.60	3,258	12/14/24 Finals Week Invitational
22	Breannnda DAVIS	SR Westminster (Pa.)	0.50	3,237 OT	2/8/25 Jud Logan Light Giver Collegi
23	Anna SAWICKI	FR Lebanon Valley	0.40	3,235	1/31/25 Scarlet Knight Open
24	Elisabeth EICHINGER	JR Redlands (Calif.) {2}	0.30	3,183	2/15/25 Whitworth Invitational
25	Laurn RUSTAD	SO #8 UW-Eau Claire {3}	0.20	3,181	2/1/25 Warren Bowlus Invite
26	Brielle KUECHLE	FR UW-River Falls	0.15	3,165	1/25/25 Jack Johnson Classic
27	Grace BRADEN	SO #12 Wartburg	0.13	3,161	2/1/25 Wartburg Indoor Select
28	Brooklyn LAMERS	FR #8 UW-Eau Claire {4}	0.10	3,156	2/1/25 Warren Bowlus Invite
29	Ellie NUCKOLS	SO Christopher Newport	0.08	3,150	2/1/25 Patriot Games
30	Arielle CHECHILE	FR Tufts	0.05	3,148	2/8/25 Tufts Cupid Challenge
30	Audrey BRAUN	JR #2 UW-La Crosse {3}	0.05	3,148	2/1/25 Leonard "Squig" Converse Inv
32	Jordan MURPHY	SO Hartford	0.03	3,144	2/8/25 Tufts Cupid Challenge
33	Emma BURR	SO Thomas (Maine)	0.02	3,137	1/18/25 Bates Indoor Invitational
34	Lainey FLAITZ	SO #5 SUNY Geneseo {2}	0.02	3,133	2/8/25 Utica Blue and Orange Invitati
35	Samantha LUBA	JR Nazareth	0.01	3,111	2/8/25 Brockport Multi & Invitational