



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's 60 Meters

as of 3/3/25 11:46 PM ET

|           |                               |              |               |                  |                     |
|-----------|-------------------------------|--------------|---------------|------------------|---------------------|
| <b>1</b>  | <b>New Mexico JC</b>          | <b>30.42</b> | <b>LW: 1</b>  | <b>Region 5</b>  | <b>average 7.60</b> |
| 11        | Kamaria KNIGHT                | SO 7.51c     | (7.49A)       | 2/1              | Texas Tech Sta      |
| 16        | Nandy KIHUYU                  | SO 7.57c     | (7.55A)       | 2/1              | Texas Tech Sta      |
| 27        | Tuwana MCLEAN                 | FR 7.67c     | 7.65A) (0.0)  | 2/24             | NMJC Indoor In      |
| 27        | Nalicia GLEN                  | FR 7.67c     | 7.65A) (0.0)  | 2/24             | NMJC Indoor In      |
| <b>2</b>  | <b>Barton (Kan.) CC</b>       | <b>30.47</b> | <b>LW: 2</b>  | <b>Region 6</b>  | <b>average 7.62</b> |
| 3         | Keliza SMITH                  | SO 7.31      |               | 2/23             | NJCAA Region 6      |
| 17        | Kayda AUSTIN                  | FR 7.60      |               | 2/23             | NJCAA Region 6      |
| 39        | Asharria ULETT                | FR 7.75      |               | 1/25             | NAIA / JUCO Inv     |
| 52        | Takelia WILLIAMS              | FR 7.81      |               | 1/25             | NAIA / JUCO Inv     |
| <b>3</b>  | <b>Coffeyville (Kan.) CC</b>  | <b>30.55</b> | <b>LW: 3</b>  | <b>Region 6</b>  | <b>average 7.64</b> |
| 9         | Royanah FARMER                | SO 7.49      |               | 2/23             | NJCAA Region 6      |
| 20        | Linya GEDEON                  | SO 7.62      |               | 1/17             | Ark Inv             |
| 32        | Tierra WILLIAMS               | FR 7.72      |               | 2/15             | Russ Jewett Inc     |
| 32        | Dhakiya BLAKE                 | SO 7.72      |               | 2/15             | Russ Jewett Inc     |
| <b>4</b>  | <b>Hinds (Miss.) CC</b>       | <b>30.57</b> | <b>LW: 4</b>  | <b>Region 23</b> | <b>average 7.64</b> |
| 15        | La'Nica LOCKER                | SO 7.56      |               | 2/8              | UAB Green and       |
| 22        | Trinity MONTGOMERY            | SO 7.64      |               | 2/21             | LSU Twilight        |
| 27        | Ritorion VIGNE                | SO 7.67      |               | 2/21             | LSU Twilight        |
| 31        | Caneilia HOPE                 | FR 7.70      |               | 2/16             | Samford Bulldc      |
| <b>5</b>  | <b>Indian Hills (Iowa) CC</b> | <b>30.61</b> | <b>LW: 5</b>  | <b>Region 11</b> | <b>average 7.65</b> |
| 12        | Destiny MITCHELL              | SO 7.55      |               | 2/8              | Iowa State Clas     |
| 17        | Avia LANE                     | FR 7.60      |               | 12/14            | Iowa State Holi     |
| 20        | Zekira SNOW                   | SO 7.62      |               | 2/8              | Iowa State Clas     |
| 56        | Nyla NORMAN                   | SO 7.84      |               | 1/18             | Graduate Class      |
| <b>6</b>  | <b>South Plains (Texas)</b>   | <b>30.97</b> | <b>LW: 6</b>  | <b>Region 5</b>  | <b>average 7.74</b> |
| 4         | Ruth AGADAMA                  | SO 7.42c     | (7.40A)       | 2/15             | Texas Tech Jan      |
| 39        | Oluwatumininu SANYAOLU        | FR 7.75      |               | 2/21             | Ark Qual            |
| 43        | Sydney ROQUEBRUN              | SO 7.77      |               | 2/21             | Ark Qual            |
| 94        | Juwonna WHITEHORNE            | FR 8.03c     | (8.01A)       | 1/18             | Corky Classic       |
| <b>7</b>  | <b>Allen (Kan.) CC</b>        | <b>30.97</b> | <b>LW: 7</b>  | <b>Region 6</b>  | <b>average 7.74</b> |
| 4         | Kayveonna JACKSON             | SO 7.42      |               | 2/23             | NJCAA Region 6      |
| 6         | Ranayla MOTEN                 | FR 7.44      |               | 2/23             | NJCAA Region 6      |
| 7         | Adetutu ALADELOYE             | SO 7.46      |               | 2/23             | NJCAA Region 6      |
|           | Leah WRIGHT                   | FR 8.65      |               | 2/8              | Bearcat Invite (    |
| <b>8</b>  | <b>Iowa Western CC</b>        | <b>30.99</b> | <b>LW: 8</b>  | <b>Region 11</b> | <b>average 7.75</b> |
| 12        | Serena GRACE                  | FR 7.55      |               | 1/11             | Scott Nisely Me     |
| 30        | Judith KOUMEDZINA             | SO 7.69      |               | 2/8              | Bearcat Invite (    |
| 50        | Taeja BARTEE                  | FR 7.80      |               | 2/22             | Region 11/ICCA      |
| 76        | Mercy HONESTY                 | SO 7.95      |               | 1/18             | Thane Baker In      |
| <b>9</b>  | <b>Highland (Kan.) CC</b>     | <b>31.22</b> | <b>LW: 9</b>  | <b>Region 6</b>  | <b>average 7.80</b> |
| 22        | Shanteria WASHINGTON          | SO 7.64      |               | 2/8              | Bearcat Invite (    |
| 43        | Alexia LEWIS                  | SO 7.77      |               | 2/23             | NJCAA Region 6      |
| 66        | DiaMonae THOMAS               | SO 7.89      |               | 2/8              | Bearcat Invite (    |
| 69        | Jamari ERVIN                  | FR 7.92      |               | 2/23             | NJCAA Region 6      |
| <b>10</b> | <b>Richard Bland (Va.)</b>    | <b>31.25</b> | <b>LW: 11</b> | <b>Region 10</b> | <b>average 7.81</b> |
| 38        | Michaelyn FISHER              | FR 7.74      |               | 12/8             | Christopher Ne      |
| 41        | Jayla WERTS                   | SO 7.76      |               | 2/21             | Father Diamon       |
| 55        | Anijah JAMES                  | FR 7.83      |               | 3/2              | CNU Qualifier       |
| 69        | Breshauna MILLER              | FR 7.92      |               | 1/25             | Keydet Invitatio    |
| <b>11</b> | <b>Fort Scott (Kan.) CC</b>   | <b>31.29</b> | <b>LW: 10</b> | <b>Region 6</b>  | <b>average 7.82</b> |
| 22        | Crystal CHAMBERS              | SO 7.64      |               | 2/23             | NJCAA Region 6      |
| 43        | Samarrah WILLIAMS             | FR 7.77      |               | 2/15             | Russ Jewett Inc     |
| 69        | Jayden PIPER                  | FR 7.92      |               | 1/18             | Bumble Rumble       |
| 79        | Ivana ODONKOR                 | SO 7.96      |               | 1/25             | NAIA / JUCO Inv     |
| <b>12</b> | <b>Iowa Central CC</b>        | <b>31.41</b> | <b>LW: 12</b> | <b>Region 11</b> | <b>average 7.85</b> |
| 7         | Zariah GREAVES                | FR 7.46      |               | 2/8              | Sevigne Husker      |
| 57        | Mechak Linda BULA BULA        | FR 7.86      |               | 1/25             | Jack Johnson        |
| 73        | Maeva GOUNE TIBBOLO           | FR 7.94      |               | 2/1              | SDSU D2/NAIA C      |
|           | Chadrak Belinda BULA BULA     | FR 8.15      |               | 2/15             | SDSU Indoor Cl      |
| <b>13</b> | <b>Essex County (N.J.)</b>    | <b>31.43</b> | <b>LW: 16</b> | <b>Region 19</b> | <b>average 7.86</b> |
| 36        | Ma-Avian WILLIAMS             | SO 7.73      |               | 2/28             | Fastrack Last C     |
| 53        | Kimberly BAKER                | SO 7.82      |               | 2/28             | Fastrack Last C     |
| 60        | Ashia MARTIN                  | SO 7.87      |               | 1/25             | Coach "I" Open      |
| 90        | Shermalee FREEMAN             | FR 8.01      |               | 1/3              | Wagner Invitati     |
| <b>14</b> | <b>Bismarck State (N.D.)</b>  | <b>31.47</b> | <b>LW: 13</b> | <b>Region 13</b> | <b>average 7.87</b> |
| 25        | Priviladge BOWER              | FR 7.65      |               | 12/7             | Mike Thorson O      |
| 57        | Tiana CULMER                  | SO 7.86      |               | 12/7             | Mike Thorson O      |
| 84        | Alexia ANDERSON               | SO 7.98      |               | 2/15             | SDSU Indoor Cl      |
| 84        | Aisha ZAFFINO                 | SO 7.98      |               | 2/22             | Marauders Tun       |



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|           |                                    |              |                   |                   |                     |
|-----------|------------------------------------|--------------|-------------------|-------------------|---------------------|
| <b>15</b> | <b>Ranger (Texas)</b>              | <b>31.54</b> | <b>LW: 14 ▼ 1</b> | <b>Region 5</b>   | <b>average 7.88</b> |
| 49        | Chasity RAYFORD                    | FR 7.79      | 2/8               | FasTrak Collegi   |                     |
| 57        | Charity RAYFORD                    | FR 7.86      | 12/7              | Washburn Alun     |                     |
| 73        | Ki'Sha TYNER                       | FR 7.94      | 12/7              | Washburn Alun     |                     |
| 76        | Tania MILES                        | FR 7.95      | 12/7              | Washburn Alun     |                     |
| <b>16</b> | <b>Colby (Kan.) CC</b>             | <b>31.55</b> | <b>LW: 15 ▼ 1</b> | <b>Region 6</b>   | <b>average 7.89</b> |
| 1         | Anita AFRIFA                       | SO 7.30      | 1/18              | Thane Baker In    |                     |
| 12        | Beatrice BOAKYE                    | FR 7.55      | 2/23              | NJCAA Region 6    |                     |
| 41        | Falicia AWUDI                      | FR 7.76      | 2/15              | Ichabod Invitat   |                     |
|           | Isabelle GILLHAM                   | FR 8.94      | 1/18              | Thane Baker In    |                     |
| <b>17</b> | <b>Monroe-New Rochelle (N.</b>     | <b>32.44</b> | <b>LW: 17</b>     | <b>Region 15</b>  | <b>average 8.11</b> |
| 43        | Brinel THOMAS                      | FR 7.77      | 2/21              | Garden State O    |                     |
| 43        | Kettia AMBROSE                     | SO 7.77      | 2/21              | Garden State O    |                     |
|           | Aleisha CLARKE                     | FR 8.31      | 1/3               | Wagner Invitati   |                     |
|           | Jazmiene FERGUSON                  | FR 8.59      | 2/15              | David Hemery v    |                     |
| <b>18</b> | <b>Paradise Valley (Ariz.) CC</b>  | <b>32.79</b> | <b>LW: 18</b>     | <b>Region 1</b>   | <b>average 8.20</b> |
| 36        | Ava WILSON                         | FR 7.73c     | (7.69A)           | 2/21              | NAU Tune-Up         |
|           | Jaylee SPIVEY                      | FR 8.21      |                   | 2/8               | Gauchos "Indoor     |
|           | Chloe HANCOCK                      | FR 8.39c     | (8.35A)           | 2/21              | NAU Tune-Up         |
|           | Chloe CANNON                       | FR 8.46      |                   | 1/25              | Paradise Valley     |
| <b>19</b> | <b>DuPage (Ill.)</b>               | <b>32.96</b> | <b>LW: 20 ▲ 1</b> | <b>Region 4</b>   | <b>average 8.24</b> |
| 90        | Ellie LOGSDON                      | SO 8.01      | 1/31              | Walter Cramer     |                     |
|           | Klaudia SZTAFKA                    | FR 8.20      | 2/21              | F. Lee Slick Invi |                     |
|           | Victoria TARPEH                    | FR 8.31      | 2/21              | F. Lee Slick Invi |                     |
|           | Micah BATES                        | FR 8.44      | 2/21              | F. Lee Slick Invi |                     |
| <b>19</b> | <b>Pima (Ariz.) CC</b>             | <b>32.96</b> | <b>LW: 19</b>     | <b>Region 1</b>   | <b>average 8.24</b> |
| 84        | J'layah SPELLMAN COLLINS           | SO 7.98      | 2/1               | Central Arizona   |                     |
|           | Julus YOUNG                        | FR 8.16      | 2/1               | Central Arizona   |                     |
|           | Maylee THOMPSON                    | SO 8.32      | 1/18              | Al Shirley Invita |                     |
|           | Tatiana WHITE                      | FR 8.50      | 2/8               | Gauchos "Indoor   |                     |
| <b>21</b> | <b>Glendale (Ariz.) CC</b>         | <b>33.36</b> | <b>LW: 21</b>     | <b>Region 1</b>   | <b>average 8.34</b> |
| 62        | Lailah CAMPBELL                    | SO 7.88      | 2/16              | Aztec Indoor Inv  |                     |
|           | Aaliyah PERKINS                    | FR 8.29c     | (8.25A)           | 1/31              | Ron Mann Class      |
|           | Oyindamola ADETUTU                 | SO 8.51c     | (8.47A)           | 1/31              | Ron Mann Class      |
|           | Petra ONWUMERE                     | FR 8.68c     | (8.64A)           | 2/21              | NAU Tune-Up         |
| <b>22</b> | <b>State Fair (Mo.)</b>            | <b>33.38</b> | <b>LW: 22</b>     | <b>Region 16</b>  | <b>average 8.34</b> |
|           | Layisha FREEMAN                    | FR 8.27      | 2/15              | Ichabod Invitat   |                     |
|           | Nora MORENO                        | FR 8.29      | 1/18              | Richard Alsup C   |                     |
|           | Jocelyn NUNEZ                      | FR 8.39      | 2/15              | Ichabod Invitat   |                     |
|           | Williams STAHR                     | FR 8.43      | 2/15              | Darren Young C    |                     |
| <b>23</b> | <b>Muskegon (Mich.) CC</b>         | <b>33.64</b> | <b>LW: 23</b>     | <b>Region 12</b>  | <b>average 8.41</b> |
| 99        | Natalie ERICKSON                   | JR 8.08      | 1/11              | John Flaminio C   |                     |
|           | Brianna SMITH                      | SO 8.31      | 1/25              | Hillsdale Wide    |                     |
|           | Ava CROWELL                        | FR 8.60      | 2/8               | Lints/GVSU        |                     |
|           | Sage VANDERWALL                    | FR 8.65      | 2/15              | GVSU Big II       |                     |
| <b>24</b> | <b>Cuyahoga (Ohio) CC</b>          | <b>33.70</b> | <b>LW: 24</b>     | <b>Region 12</b>  | <b>average 8.43</b> |
| 32        | Keyonna MCGILL                     | SO 7.72      | 2/15              | SPIRE Collegiat   |                     |
|           | Franceta DWEH                      | FR 8.49      | 2/21              | Ed Finnigan Gre   |                     |
|           | Jacarla BLACK                      | SO 8.53      | 1/25              | Hillsdale Wide    |                     |
|           | Ciara MAY                          | FR 8.96      | 2/8               | Jud Logan Ligh    |                     |
| <b>25</b> | <b>Neosho County (Kan.) CC</b>     | <b>33.94</b> | <b>LW: 25</b>     | <b>Region 6</b>   | <b>average 8.48</b> |
|           | Paula DEL POZO                     | FR 8.11      | 2/1               | Herm Wilson In    |                     |
|           | Rhea FLANDERS                      | FR 8.14      | 2/23              | NJCAA Region 6    |                     |
|           | Violeta LUKA                       | FR 8.36      | 2/15              | Ichabod Invitat   |                     |
|           | Katsiaryna KALESNIK                | FR 9.33      | 2/1               | Herm Wilson In    |                     |
| <b>26</b> | <b>Marion Military Institute (</b> | <b>33.94</b> | <b>LW: 26</b>     | <b>Region 22</b>  | <b>average 8.49</b> |
| 79        | Makenzey GLASS                     | SO 7.96      | 1/19              | KMS Indoor Invi   |                     |
|           | Sirinity GLASPER                   | FR 8.38      | 2/1               | Tiger Indoor Inv  |                     |
|           | Aujada ERVIN                       | FR 8.80      | 2/1               | Tiger Indoor Inv  |                     |
|           | Kyla PAYTON                        | FR 8.80      | 1/19              | KMS Indoor Invi   |                     |
| <b>27</b> | <b>Cowley (Kan.)</b>               | <b>34.26</b> | <b>LW: 27</b>     | <b>Region 6</b>   | <b>average 8.57</b> |
|           | Karma SINGLETON                    | SO 8.40      | 2/23              | NJCAA Region 6    |                     |
|           | Grace KNIGHT                       | FR 8.42      | 2/15              | Russ Jewett Inc   |                     |
|           | Daynel CALVO                       | FR 8.56      | 2/1               | Herm Wilson In    |                     |
|           | Makayla GAY                        | SO 8.88      | 2/8               | Bearcat Invite (  |                     |
| <b>28</b> | <b>North Iowa Area CC</b>          | <b>34.56</b> | <b>LW: 28</b>     | <b>Region 11</b>  | <b>average 8.64</b> |
|           | Gift GONPUE                        | SO 8.37      | 2/22              | Region 11/ICCA    |                     |
|           | Suzanne GUEDEYI                    | FR 8.48      | 2/15              | SDSU Indoor Cl    |                     |
|           | Emily USHER                        | SO 8.77      | 2/7               | Wartburg Frida    |                     |
|           | Kordai LUTEN                       | SO 8.94      | 2/7               | Wartburg Frida    |                     |



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## Women's 60 Meter Hurdles

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|          |                               |                                      |
|----------|-------------------------------|--------------------------------------|
| <b>1</b> | <b>South Plains (Texas)</b>   | <b>35.68</b>                         |
| LW: 1    | Region 5                      | average 8.92                         |
| 8        | Rashema LINDO                 | FR 8.69c (8.69A) 2/15 Texas Tech Jan |
| 10       | Oluwatumininu SANYAOLU        | FR 8.78c (8.78A) 2/15 Texas Tech Jan |
| 17       | Juwonna WHITEHORNE            | FR 8.95c (8.95A) 2/15 Texas Tech Jan |
| 31       | Abril OKON                    | SO 9.26c (9.26A) 2/15 Texas Tech Jan |
| <b>2</b> | <b>Barton (Kan.) CC</b>       | <b>35.78</b>                         |
| LW: 2    | Region 6                      | average 8.94                         |
| 1        | Asharria ULETT                | FR 8.37 2/23 NJCAA Region 6          |
| 7        | Ty'yanah ADAMS                | FR 8.68 2/23 NJCAA Region 6          |
| 29       | Alexia WALKER                 | FR 9.19 1/25 NAIA / JUCO Inv         |
| 45       | Wildlife VERMILUS             | SO 9.54 1/25 NAIA / JUCO Inv         |
| <b>3</b> | <b>Cloud County (Kan.) CC</b> | <b>36.42</b>                         |
| LW: 3    | Region 6                      | average 9.10                         |
| 4        | Chenessa DAVIS                | SO 8.54 2/23 NJCAA Region 6          |
| 21       | Tahlia LIENERT                | FR 8.98 2/23 NJCAA Region 6          |
| 30       | Nanhi PANNU                   | FR 9.21 2/23 NJCAA Region 6          |
| 51       | Carlie CARLGREN               | FR 9.69 2/1 Washburn Oper            |
| <b>4</b> | <b>Richard Bland (Va.)</b>    | <b>36.67</b>                         |
| LW: 4    | Region 10                     | average 9.17                         |
| 19       | Shyla COOPER                  | FR 8.97 2/21 Father Diamond          |
| 24       | Jada HATCHER                  | FR 9.00 12/8 Christopher Nei         |
| 26       | Anijah JAMES                  | FR 9.13 12/8 Christopher Nei         |
| 46       | Erin SMITH                    | SO 9.57 2/8 VMI Winter Clas          |
| <b>5</b> | <b>Pima (Ariz.) CC</b>        | <b>38.00</b>                         |
| LW: 5    | Region 1                      | average 9.50                         |
| 33       | Hannah DROEG                  | FR 9.30 2/1 Central Arizona          |
| 36       | Tyler WASHINGTON              | SO 9.40 2/15 Aztec Indoor Mu         |
| 40       | Layla KONSKI                  | FR 9.49c (9.49A) 2/21 NAU Tune-Up    |
| 53       | Maylee THOMPSON               | SO 9.81 1/17 Jim Mielke Men          |
| <b>6</b> | <b>Iowa Central CC</b>        | <b>38.22</b>                         |
| LW: 6    | Region 11                     | average 9.56                         |
| 40       | Hannah QUANG                  | FR 9.49 2/8 Iowa State Clas          |
| 43       | Ella HOMAWOO                  | FR 9.52 2/8 Iowa State Clas          |
| 44       | Addison (Addi) HINDT          | FR 9.53 2/22 Region 11/ICCA          |
| 49       | Eden BROUWERS                 | FR 9.68 2/22 Region 11/ICCA          |
| <b>7</b> | <b>Fort Scott (Kan.) CC</b>   | <b>39.09</b>                         |
| LW: 7    | Region 6                      | average 9.77                         |
| 12       | Damaria BELL                  | FR 8.84 2/23 NJCAA Region 6          |
| 52       | Marcy MONELL                  | SO 9.79 2/23 NJCAA Region 6          |
| 55       | Jakouria JAMERSON             | SO 9.85 2/23 NJCAA Region 6          |
| 67       | Jazz DILWORTH                 | SO 10.61 2/23 NJCAA Region 6         |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's 200 Meters

as of 3/3/25 11:46 PM ET

|           |                               |   |
|-----------|-------------------------------|---|
| <b>1</b>  | <b>New Mexico JC</b>          | <b>1:38.21</b>                            |
| LW: 1     | Region 5                      | average 24.55                             |
| 5         | Nandy KIHUYU                  | SO 24.13c (24.06A) 2/1 Texas Tech Stai    |
| 8         | Kamaria KNIGHT                | SO 24.31c 4.24A (0.0) 2/24 NMJC Indoor In |
| 16        | Tuwana MCLEAN                 | FR 24.53c 4.46A (0.0) 2/24 NMJC Indoor In |
| 44        | Amari PRATT                   | SO 25.24c (25.17A) 2/15 Texas Tech Jan    |
| <b>2</b>  | <b>Allen (Kan.) CC</b>        | <b>1:38.37</b>                            |
| LW: 2     | Region 6                      | average 24.59                             |
| 6         | Adetutu ALADELOYE             | SO 24.14 OT 2/23 NJCAA Region 6           |
| 7         | Ranayla MOTEN                 | FR 24.22 OT 2/23 NJCAA Region 6           |
| 29        | Ala' Jah BROOKS               | SO 25.00 OT 2/23 NJCAA Region 6           |
| 30        | Kayveonna JACKSON             | SO 25.01 2/1 Washburn Oper                |
| <b>3</b>  | <b>Barton (Kan.) CC</b>       | <b>1:38.78</b>                            |
| LW: 3     | Region 6                      | average 24.70                             |
| 2         | Keliza SMITH                  | SO 23.54 2/15 Tyson Inv                   |
| 10        | Kayda AUSTIN                  | FR 24.38 2/15 Tyson Inv                   |
| 43        | Kennidra SPIGNER              | FR 25.23 OT 2/23 NJCAA Region 6           |
| 60        | Kialia CLAIBORNE              | SO 25.63c (25.56A) 2/1 Texas Tech Stai    |
| <b>4</b>  | <b>Hinds (Miss.) CC</b>       | <b>1:38.96</b>                            |
| LW: 4     | Region 23                     | average 24.74                             |
| 4         | La'Nica LOCKER                | SO 23.96 2/8 UAB Green and                |
| 11        | Queen USUNOBUN                | FR 24.45 2/16 Samford Bulldc              |
| 20        | Trinity MONTGOMERY            | SO 24.70 2/16 Samford Bulldc              |
| 70        | Ritorion VIGNE                | SO 25.85 2/8 UAB Green and                |
| <b>5</b>  | <b>Western Texas</b>          | <b>1:39.32</b>                            |
| LW: 5     | Region 5                      | average 24.83                             |
| 12        | Charlize FRASER               | FR 24.46c (24.39A) 1/25 MLK Inv           |
| 15        | Brianna BOYCE                 | SO 24.52c (24.45A) 2/15 Texas Tech Jan    |
| 35        | Shagay SHEPPY                 | FR 25.06c (24.99A) 2/15 Texas Tech Jan    |
| 47        | Christiana BOYD               | FR 25.28c (25.21A) 1/25 MLK Inv           |
| <b>6</b>  | <b>Indian Hills (Iowa) CC</b> | <b>1:39.94</b>                            |
| LW: 6     | Region 11                     | average 24.98                             |
| 19        | Kenyatta GRATE                | SO 24.68 1/18 Graduate Class              |
| 27        | Nyla NORMAN                   | SO 24.94 12/7 Washburn Alun               |
| 33        | Zekira SNOW                   | SO 25.05 OT 12/14 Iowa State Holi         |
| 45        | Laurie LOUIS                  | SO 25.27c (25.66f) 2/22 Region 11/ICCA    |
| <b>7</b>  | <b>Fort Scott (Kan.) CC</b>   | <b>1:40.39</b>                            |
| LW: 7     | Region 6                      | average 25.10                             |
| 21        | Crystal CHAMBERS              | SO 24.77 OT 2/23 NJCAA Region 6           |
| 33        | Ivana ODONKOR                 | SO 25.05 OT 2/23 NJCAA Region 6           |
| 45        | Jayden PIPER                  | FR 25.27 OT 2/23 NJCAA Region 6           |
| 49        | Dayjonique CATO               | SO 25.30 OT 1/25 NAIA / JUCO Inv          |
| <b>8</b>  | <b>Coffeyville (Kan.) CC</b>  | <b>1:40.42</b>                            |
| LW: 8     | Region 6                      | average 25.10                             |
| 18        | Royanah FARMER                | SO 24.61 OT 2/23 NJCAA Region 6           |
| 30        | Tierra WILLIAMS               | FR 25.01 OT 2/23 NJCAA Region 6           |
| 42        | Dhakiya BLAKE                 | SO 25.20 OT 2/23 NJCAA Region 6           |
| 57        | Amalinally PEMBERTON          | SO 25.60 2/7 Steve Miller Inv             |
| <b>9</b>  | <b>Cloud County (Kan.) CC</b> | <b>1:40.51</b>                            |
| LW: 9     | Region 6                      | average 25.13                             |
| 3         | Maimuna JALLOW                | FR 23.69 2/1 Washburn Oper                |
| 9         | Rafiatsu NUHU                 | SO 24.32 OT 2/23 NJCAA Region 6           |
| 67        | Nanhi PANNU                   | FR 25.77 2/15 Ichabod Invitat             |
|           | Nele GOESL                    | FR 26.73 1/18 Thane Baker In              |
| <b>10</b> | <b>Highland (Kan.) CC</b>     | <b>1:41.64</b>                            |
| LW: 10    | Region 6                      | average 25.41                             |
| 32        | Alexia LEWIS                  | SO 25.02 OT 2/23 NJCAA Region 6           |
| 36        | Shanteria WASHINGTON          | SO 25.08 OT 2/23 NJCAA Region 6           |
| 62        | Lakeya TAYLOR                 | FR 25.73 2/15 Ichabod Invitat             |
| 69        | J'Na DEMMING                  | SO 25.81 OT 2/8 Bearcat Invite (          |
| <b>10</b> | <b>Iowa Western CC</b>        | <b>1:41.64</b>                            |
| LW: 10    | Region 11                     | average 25.41                             |
| 21        | Serena GRACE                  | FR 24.77c (25.15f) 2/22 Region 11/ICCA    |
| 28        | Kaylia KELLY                  | SO 24.97c (25.35f) 2/22 Region 11/ICCA    |
| 71        | Taeja BARTEE                  | FR 25.88c (26.28f) 2/22 Region 11/ICCA    |
| 77        | Judith KOUMEDZINA             | SO 26.02 OT 2/8 Bearcat Invite (          |
| <b>12</b> | <b>Richard Bland (Va.)</b>    | <b>1:41.84</b>                            |
| LW: 12    | Region 10                     | average 25.46                             |
| 14        | Jayla WERTS                   | SO 24.51 2/8 VMI Winter Clas              |
| 56        | Michaelyn FISHER              | FR 25.58 2/8 VMI Winter Clas              |
| 57        | J'Miaya MUSE                  | FR 25.60 2/8 VMI Winter Clas              |
| 86        | Breshauna MILLER              | FR 26.15 2/8 VMI Winter Clas              |
| <b>13</b> | <b>Colby (Kan.) CC</b>        | <b>1:42.16</b>                            |
| LW: 13    | Region 6                      | average 25.54                             |
| 1         | Anita AFRIFA                  | SO 23.28 2/7 Steve Miller Inv.            |
| 40        | Beatrice BOAKYE               | FR 25.13 2/15 Ichabod Invitat             |
| 68        | Falicia AWUDI                 | FR 25.80 OT 2/23 NJCAA Region 6           |
|           | Ashly THARP                   | SO 27.95 OT 1/25 NAIA / JUCO Inv          |
| <b>14</b> | <b>Essex County (N.J.)</b>    | <b>1:42.78</b>                            |
| LW: 14    | Region 19                     | average 25.70                             |
| 38        | Kimberly BAKER                | SO 25.10 2/28 Fastrack Last C             |
| 52        | Aaliyah MORGAN                | FR 25.44 2/15 David Hemery V              |
| 82        | Paula ORUSEDE                 | SO 26.08 1/31 Mets Indoor                 |
| 87        | Ma-Avian WILLIAMS             | SO 26.16 2/8 Big Apple Invita             |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's 200 Meters

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|           |                                   |   |
|-----------|-----------------------------------|---|
| <b>15</b> | <b>Iowa Central CC</b>            | <b>1:43.65</b>                            |
| LW: 15    | Region 11                         | average 25.91                             |
| 25        | Zariah GREAVES                    | FR 24.90c (25.28f) 2/22 Region 11/ICCA    |
| 54        | Mechak Linda BULA BULA            | FR 25.46 1/18 Hawkeye Inv                 |
| 96        | Maeva GOUNE TIBBOLO               | FR 26.30 OT 2/1 SDSU D2/NAIA C            |
|           | Rubi HERNANDEZ HILL               | FR 26.99c (27.41f) 1/25 Jack Johnson      |
| <b>16</b> | <b>Ranger (Texas)</b>             | <b>1:44.24</b>                            |
| LW: 16    | Region 5                          | average 26.06                             |
| 52        | Charity RAYFORD                   | FR 25.44 2/8 FasTrak Collegi              |
| 82        | Chasity RAYFORD                   | FR 26.08c (26.01A) 1/25 MLK Inv           |
| 90        | Tania MILES                       | FR 26.22c (26.15A) 1/25 MLK Inv           |
|           | Victoria JEFFERY                  | FR 26.50 12/7 Washburn Alun               |
| <b>17</b> | <b>Bismarck State (N.D.)</b>      | <b>1:44.30</b>                            |
| LW: 17    | Region 13                         | average 26.08                             |
| 55        | Privilage BOWER                   | FR 25.54c (25.94f) 12/14 Dakota Alumni    |
| 91        | Alexia ANDERSON                   | SO 26.23 OT 2/1 North Dakota Ir           |
| 93        | Makayla WHITFIELD                 | FR 26.24c (26.64f) 1/25 U-Mary Winter C   |
| 95        | Aliya SCHOCK                      | SO 26.29c (26.69f) 12/7 Mike Thorson O    |
| <b>18</b> | <b>Monroe-New Rochelle (N.</b>    | <b>1:44.51</b>                            |
| LW: 18    | Region 15                         | average 26.13                             |
| 24        | Kettia AMBROSE                    | SO 24.83 2/1 John Thomas T                |
| 48        | Brinel THOMAS                     | FR 25.29 2/1 John Thomas T                |
| 77        | Kaliyah JONES                     | FR 26.02 2/1 John Thomas T                |
|           | Julihanna JOHNSON                 | SO 28.37 1/10 St. Thomas Aqu              |
| <b>19</b> | <b>Pima (Ariz.) CC</b>            | <b>1:47.06</b>                            |
| LW: 19    | Region 1                          | average 26.76                             |
| 63        | J'layah SPELLMAN COLLINS          | SO 25.74 2/1 Central Arizona              |
|           | Julus YOUNG                       | FR 26.87 2/8 Gaucho "Indoor               |
|           | Tristin DURON                     | SO 27.18 (0.6) 1/18 Al Shirley Invita     |
|           | Maylee THOMPSON                   | SO 27.27 2/1 Central Arizona              |
| <b>20</b> | <b>Glendale (Ariz.) CC</b>        | <b>1:47.41</b>                            |
| LW: 20    | Region 1                          | average 26.85                             |
|           | Kaelyn GIARRUSSO                  | SO 26.50c O (26.36A) 2/21 NAU Tune-Up     |
|           | Lailah CAMPBELL                   | SO 26.66 2/16 Aztec Indoor In             |
|           | Aaliyah PERKINS                   | FR 26.86 2/8 Gaucho "Indoor               |
|           | Oyindamola ADETUTU                | SO 27.39 2/8 Gaucho "Indoor               |
| <b>21</b> | <b>Paradise Valley (Ariz.) CC</b> | <b>1:47.45</b>                            |
| LW: 21    | Region 1                          | average 26.86                             |
| 89        | Chloe CANNON                      | FR 26.19 1/18 Puma "Indoor"               |
|           | Ava WILSON                        | FR 26.74 2/8 Gaucho "Indoor               |
|           | Aleksandra RENO                   | FR 26.82 2/8 Gaucho "Indoor               |
|           | Jaylee SPIVEY                     | FR 27.70 1/25 Paradise Valley             |
| <b>22</b> | <b>Hutchinson (Kan.) CC</b>       | <b>1:47.90</b>                            |
| LW: 22    | Region 6                          | average 26.98                             |
| 96        | Kemisha WILLIAMS-DOMINQUE         | SO 26.30 2/15 Ichabod Invitat             |
|           | Azariah DAWES                     | FR 26.52 1/17 Washburn Rust               |
|           | Taniyah COX                       | SO 27.42c (27.84f) 2/1 Herm Wilson Im     |
|           | Sierra BROOKS                     | FR 27.66 1/17 Washburn Rust               |
| <b>23</b> | <b>Meridian (Miss.) CC</b>        | <b>1:48.02</b>                            |
| LW: 23    | Region 23                         | average 27.00                             |
| 98        | Nakirsten HUGHES                  | FR 26.33 2/16 Samford Bulldc              |
|           | Mykala CARTER                     | FR 27.18 1/18 Samford Janua               |
|           | Amirah NOCK                       | FR 27.20 1/18 Samford Janua               |
|           | Jakhia MARTIN                     | FR 27.31 2/7 UAB Vulcan Inv               |
| <b>24</b> | <b>Dodge City (Kan.) CC</b>       | <b>1:48.27</b>                            |
| LW: 24    | Region 6                          | average 27.07                             |
| 61        | Bianca GLEIM                      | SO 25.64 OT 2/23 NJCAA Region 6           |
|           | Caylee MAY                        | SO 26.44 OT 2/23 NJCAA Region 6           |
|           | Olivia LEATHERMAN                 | FR 27.90cu (28.61u) 1/31 Charlie Foster C |
|           | Zyria THOMPSON                    | FR 28.29 OT 2/23 NJCAA Region 6           |
| <b>25</b> | <b>Neosho County (Kan.) CC</b>    | <b>1:49.10</b>                            |
| LW: 25    | Region 6                          | average 27.28                             |
|           | Vilorina TUILAWAKI                | SO 26.45 2/15 Ichabod Invitat             |
|           | Rhea FLANDERS                     | FR 27.00 OT 1/18 Richard Alsup C          |
|           | Paula DEL POZO                    | FR 27.50 OT 1/18 Richard Alsup C          |
|           | Vaiioleta LUKA                    | FR 28.15 OT 2/23 NJCAA Region 6           |
| <b>26</b> | <b>Harper (Ill.)</b>              | <b>1:49.60</b>                            |
| LW: 26    | Region 4                          | average 27.40                             |
|           | Natalia POCICA                    | SO 27.28c (27.70f) 2/8 Tadd Metzger I     |
|           | Caitlin BASCO                     | FR 27.36c (27.78f) 2/21 F. Lee Slick Invi |
|           | Delaney GALE                      | SO 27.38c (27.80f) 2/14 NCC Chicagolai    |
|           | Perla VARGAS                      | SO 27.58c (28.00f) 2/21 F. Lee Slick Invi |
| <b>27</b> | <b>DuPage (Ill.)</b>              | <b>1:49.69</b>                            |
| LW: 27    | Region 4                          | average 27.42                             |
|           | Ellie LOGSDON                     | SO 26.52c (26.93f) 1/31 Walter Cramer     |
|           | Molly MORRIS                      | SO 27.55c (27.97f) 2/21 F. Lee Slick Invi |
|           | Klaudia SZTAFA                    | FR 27.65c (28.08f) 2/14 NCC Chicagolai    |
|           | Allison BROWNE                    | FR 27.97c (28.40f) 2/14 NCC Chicagolai    |
| <b>28</b> | <b>Cowley (Kan.)</b>              | <b>1:50.15</b>                            |
| LW: 28    | Region 6                          | average 27.54                             |
|           | Grace KNIGHT                      | FR 27.05 OT 2/23 NJCAA Region 6           |
|           | Riannon ST. CLAIR                 | SO 27.25 OT 2/8 Bearcat Invite (          |
|           | Mahalee BILHIMER                  | SO 27.42 OT 2/23 NJCAA Region 6           |
|           | Karma SINGLETON                   | SO 28.43c (28.87f) 2/1 Herm Wilson Im     |





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|           |                                    |                     |                         |
|-----------|------------------------------------|---------------------|-------------------------|
| <b>29</b> | <b>Cuyahoga (Ohio) CC</b>          | <b>1:50.38</b>      |                         |
| LW: 29    | Region 12                          | average 27.60       |                         |
| 66        | Keyonna MCGILL                     | SO 25.75c (26.15f)  | 1/25 Hillsdale Wide i   |
|           | Jacarla BLACK                      | SO 27.36 OT         | 2/8 Jud Logan Ligh      |
|           | Franceta DWEH                      | FR 28.60c (29.04f)  | 2/15 Baldwin Wallac     |
|           | Naomi COLLINS                      | 28.67 OT            | 12/7 Saginaw Valley     |
| <b>30</b> | <b>North Iowa Area CC</b>          | <b>1:50.43</b>      |                         |
| LW: 30    | Region 11                          | average 27.61       |                         |
|           | Tenisha HERBERT                    | SO 27.07c (27.49f)  | 2/22 Region 11/ICCA     |
|           | Gift GONPUE                        | SO 27.71c (28.14f)  | 2/22 Region 11/ICCA     |
|           | Suzanne GUEDEYI                    | FR 27.78 OT         | 2/15 SDSU Indoor Cl     |
|           | Taja CONLEY                        | SO 27.87 OT         | 2/15 SDSU Indoor Cl     |
| <b>31</b> | <b>Muskegon (Mich.) CC</b>         | <b>1:51.32</b>      |                         |
| LW: 31    | Region 12                          | average 27.83       |                         |
|           | Natalie ERICKSON                   | JR 26.66c (27.07f)  | 1/11 John Flaminio C    |
|           | Brianna SMITH                      | SO 27.39c (27.81f)  | 1/25 Hillsdale Wide i   |
|           | Ava CROWELL                        | FR 28.44 OT         | 2/21 GVSU Tune-Up       |
|           | Sage VANDERWALL                    | FR 28.83 OT         | 2/15 GVSU Big II        |
| <b>32</b> | <b>State Fair (Mo.)</b>            | <b>1:52.41</b>      |                         |
| LW: 32    | Region 16                          | average 28.10       |                         |
|           | Layisha FREEMAN                    | FR 27.67 OT         | 2/8 Bearcat Invite (    |
|           | Nora MORENO                        | FR 27.73cu (28.44u) | 1/11 Redhawks Invit     |
|           | Williams STAHR                     | FR 28.24c (28.67f)  | 2/15 Darren Young C     |
|           | Bethany SLOVENSKY                  | FR 28.77c (29.21f)  | 1/24 Central Missour    |
| <b>33</b> | <b>Marion Military Institute (</b> | <b>1:53.29</b>      |                         |
| LW: 33    | Region 22                          | average 28.32       |                         |
|           | Kiliyah TAYLOR                     | SO 26.96            | 2/8 UAB Green and       |
|           | Sirinity GLASPER                   | FR 27.61            | 2/8 UAB Green and       |
|           | Raeya TOWNSEND                     | FR 29.30cu (30.05u) | 2/1 Tiger Indoor Inv    |
|           | Courtney TEESDALE                  | FR 29.42cu (30.17u) | 2/1 Tiger Indoor Inv    |
| <b>34</b> | <b>Triton (Ill.)</b>               | <b>1:57.05</b>      |                         |
| LW: 34    | Region 4                           | average 29.26       |                         |
|           | Jayla GARNER                       | FR 28.87c (29.31f)  | 2/8 Falcon Winter C     |
|           | Ava CONNERTY                       | SO 29.05c (29.50f)  | 2/21 Illinois College i |
|           | Joaliz RODRIGUEZ                   | SO 29.25c (29.70f)  | 2/8 Falcon Winter C     |
|           | Kinga ANTOLAK                      | FR 29.88c (30.34f)  | 1/24 ONU Invitation     |
| <b>35</b> | <b>Joliet (Ill.) JC</b>            | <b>1:59.48</b>      |                         |
| LW: 35    | Region 4                           | average 29.87       |                         |
|           | Regan FURMANKIEWICZ                | SO 27.08c (27.50f)  | 2/14 NCC Chicagolar     |
|           | Hailey OSTROM                      | SO 28.93c (29.38f)  | 1/31 Walter Cramer      |
|           | Kamsiyochuk ONWUSOWULU             | FR 31.49c (31.98f)  | 2/21 F. Lee Slick Invi  |
|           | Brooklyn STUCKEY                   | SO 31.98c (32.47f)  | 2/8 Keck Invitation     |
| <b>36</b> | <b>Queensborough (N.Y.) CC</b>     | <b>2:03.86</b>      |                         |
| LW: 36    | Region 15                          | average 30.96       |                         |
|           | Medina SCRIBNER                    | FR 29.98            | 1/17 Ramapo Seaso       |
|           | Kayla HERNANDEZ                    | SO 30.90            | 1/17 Ramapo Seaso       |
|           | Chelsea RATCLIFF                   | FR 31.08            | 1/17 Ramapo Seaso       |
|           | Beverly BLAKE                      | FR 31.90            | 2/15 NYU DIII Inviat    |
| <b>37</b> | <b>Harcum (Pa.)</b>                | <b>2:07.24</b>      |                         |
| LW: 37    | Region 19                          | average 31.81       |                         |
|           | Tasheera HILL                      | FR 30.59c (31.06f)  | 2/23 West Point Tun     |
|           | Tiarra DANIELS                     | FR 31.71c (32.20f)  | 1/31 Larry Sharp Me     |
|           | Daniela STOLBUN                    | FR 32.33c (32.83f)  | 2/28 Draddy Inviati     |
|           | Brianna XOCHIPA                    | SO 32.61c (33.11f)  | 2/23 West Point Tun     |



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| 1     | Barton (Kan.) CC      | 3:44.52                                  |
|-------|-----------------------|--|
| LW: 1 | Region 6              | average 56.13                            |
| 1     | Keliza SMITH          | SO 53.77 OT 2/23 NJCAA Region 6          |
| 7     | Natasha FOX           | FR 56.02 2/15 Tyson Inv                  |
| 19    | Shone WALTERS         | SO 56.81 OT 2/23 NJCAA Region 6          |
| 32    | Narissa MCPHERSON     | FR 57.92c (57.81A) 2/1 Texas Tech Stat   |
| 2     | Hinds (Miss.) CC      | 3:45.30                                  |
| LW: 2 | Region 23             | average 56.32                            |
| 6     | Caydence BREWER       | SO 55.83c (56.57f) 2/21 LSU Twilight     |
| 8     | Twyshanna HUIE        | SO 56.07c (56.81f) 2/21 LSU Twilight     |
| 9     | Queen USUNOBUN        | FR 56.11 2/8 UAB Green and               |
| 26    | T'kyla BENNETT        | SO 57.29 2/16 Samford Bulldc             |
| 3     | Western Texas         | 3:46.78                                  |
| LW: 3 | Region 5              | average 56.70                            |
| 14    | Janae DAWES           | FR 56.56 2/8 Charlie Thomas              |
| 15    | Shagay SHEPPY         | FR 56.69c (56.58A) 2/15 Texas Tech Jan   |
| 17    | Brianna BOYCE         | SO 56.75c (56.64A) 1/25 MLK Inv          |
| 18    | Lovina EWUSI          | SO 56.78 2/8 Charlie Thomas              |
| 4     | Coffeyville (Kan.) CC | 3:48.22                                  |
| LW: 4 | Region 6              | average 57.06                            |
| 10    | Amalinally PEMBERTON  | SO 56.15 OT 2/15 Russ Jewett Ina         |
| 12    | Tierra WILLIAMS       | FR 56.43 OT 2/23 NJCAA Region 6          |
| 20    | Dhakiya BLAKE         | SO 56.91 OT 2/15 Russ Jewett Ina         |
| 39    | Ja'Kheria KELSER      | FR 58.73 1/17 Ark Inv                    |
| 5     | Fort Scott (Kan.) CC  | 3:48.40                                  |
| LW: 5 | Region 6              | average 57.10                            |
| 4     | Dayjonique CATO       | SO 55.52 OT 2/23 NJCAA Region 6          |
| 5     | Ivana ODONKOR         | SO 55.80 OT 2/15 Russ Jewett Ina         |
| 13    | Kennedy MOSLEY        | SO 56.53 OT 2/15 Russ Jewett Ina         |
| 57    | Jakouria JAMERSON     | SO 1:00.55 1/25 NAIA / JUCO Inv          |
| 6     | Essex County (N.J.)   | 3:55.60                                  |
| LW: 6 | Region 19             | average 58.90                            |
| 33    | Kimberly BAKER        | SO 57.95 1/31 Mets Indoor                |
| 42    | Shermalee FREEMAN     | FR 59.12 2/15 David Hemery V             |
| 43    | Paula ORUSEDE         | SO 59.17 2/15 David Hemery V             |
| 46    | Aaliyah MORGAN        | FR 59.36 1/31 Mets Indoor                |
| 7     | Richard Bland (Va.)   | 3:57.53                                  |
| LW: 7 | Region 10             | average 59.38                            |
| 11    | Jayla WERTS           | SO 56.28 1/31 Marlin Invitatio           |
| 35    | Breshauna MILLER      | FR 58.49 1/25 Keydet Invitatic           |
| 55    | J'Miaya MUSE          | FR 1:00.34c (1:01.14f) 3/2 CNU Qualifier |
| 75    | Shyla COOPER          | FR 1:02.42c (1:03.24f) 3/2 CNU Qualifier |

| 8      | Monroe-New Rochelle (N.    | 4:02.79                                    |
|--------|----------------------------|--|
| LW: 8  | Region 15                  | average 1:00.70                            |
| 21     | Kettia AMBROSE             | SO 56.99 1/25 Sander Chal.                 |
| 24     | Kaliyah JONES              | FR 57.22 2/15 David Hemery V               |
| 99     | Jazmiene FERGUSON          | FR 1:03.97 2/7 Fastrack Nation             |
|        | Julihanna JOHNSON          | SO 1:04.61 1/17 Ramapo Seaso.              |
| 9      | Meridian (Miss.) CC        | 4:05.76                                    |
| LW: 9  | Region 23                  | average 1:01.44                            |
| 52     | Cshanti PIERCE             | SO 59.76 2/7 UAB Vulcan Inv.               |
| 61     | Jakhia MARTIN              | FR 1:00.91 2/16 Samford Bulldc             |
| 64     | Taitiana JONES             | FR 1:01.31 2/16 Samford Bulldc             |
| 97     | Mykala CARTER              | FR 1:03.78 2/7 UAB Vulcan Inv.             |
| 10     | Pima (Ariz.) CC            | 4:07.33                                    |
| LW: 10 | Region 1                   | average 1:01.83                            |
| 59     | J'layah SPELLMAN COLLINS   | SO 1:00.63 2/16 Aztec Indoor Inv           |
| 67     | Tristin DURON              | SO 1:01.86 1/18 Al Shirley Invita          |
| 70     | Carissa HINTON             | FR 1:02.22 2/1 Central Arizona             |
| 81     | Hannah DROEG               | FR 1:02.62c (1:02.41A) 2/21 NAU Tune-Up    |
| 11     | Cuyahoga (Ohio) CC         | 4:11.58                                    |
| LW: 11 | Region 12                  | average 1:02.89                            |
| 35     | Keyonna MCGILL             | SO 58.49 OT 2/8 Jud Logan Ligh             |
| 65     | Jacarla BLACK              | SO 1:01.57 2/8 Jud Logan Ligh              |
|        | Naomi COLLINS              | 1:04.97 12/7 Saginaw Valley                |
|        | Ciara MAY                  | FR 1:06.55c (1:07.43f) 2/1 Muskie Meet #3  |
| 12     | Neosho County (Kan.) CC    | 4:13.90                                    |
| LW: 12 | Region 6                   | average 1:03.48                            |
| 44     | Vilorina TUILAWAKI         | SO 59.23 OT 2/23 NJCAA Region 6            |
| 94     | Melania TURAGA             | FR 1:03.44c (1:04.28f) 1/24 Central Missou |
|        | Rhea FLANDERS              | FR 1:04.19 2/23 NJCAA Region 6             |
|        | Paula DEL POZO             | FR 1:07.04c (1:07.93f) 2/1 Herm Wilson In  |
| 13     | Iowa Central CC            | 4:14.24                                    |
| LW: 13 | Region 11                  | average 1:03.56                            |
| 30     | Mechak Linda BULA BULA     | FR 57.60c (58.36f) 2/22 Region 11/ICCA     |
| 71     | Chadrak Belinda BULA BULA  | FR 1:02.23c (1:03.05f) 2/22 Region 11/ICCA |
|        | Hannah QUANG               | FR 1:04.90 2/15 SDSU Indoor Cl             |
|        | Lexi KINZER                | FR 1:09.51c (1:10.43f) 2/22 Region 11/ICCA |
| 14     | Paradise Valley (Ariz.) CC | 4:16.70                                    |
| LW: 14 | Region 1                   | average 1:04.17                            |
| 54     | Chloe CANNON               | FR 1:00.23 2/1 Central Arizona             |
| 73     | Aleksandra RENO            | FR 1:02.26c (1:02.05A) 2/21 NAU Tune-Up    |
|        | Jaylee SPIVEY              | FR 1:05.74 2/1 Central Arizona             |
|        | Chloe HANCOCK              | FR 1:08.47 1/18 Puma "Indoor"              |



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|           |                           |   |
|-----------|---------------------------|---|
| <b>15</b> | <b>DuPage (Ill.)</b>      | <b>4:18.92</b>                                |
| LW: 15    | Region 4                  | average 1:04.73                               |
| 41        | Ellie LOGSDON             | SO 59.03 OT 2/8 Lints/GVSU                    |
|           | Molly MORRIS              | SO 1:04.57c (1:05.42f) 2/14 NCC Chicagola     |
|           | Klaudia SZTAFKA           | FR 1:07.61c (1:08.50f) 2/21 F. Lee Slick Invi |
|           | Allison BROWNE            | FR 1:07.71 2/8 Lints/GVSU                     |
| <b>16</b> | <b>North Iowa Area CC</b> | <b>4:20.93</b>                                |
| LW: 16    | Region 11                 | average 1:05.23                               |
| 93        | Suzanne GUEDEYI           | FR 1:03.41 2/15 SDSU Indoor Cl                |
|           | Tenisha HERBERT           | SO 1:04.89c (1:05.75f) 2/7 Wartburg Frida     |
|           | Taja CONLEY               | SO 1:05.43c (1:06.29f) 2/22 Region 11/ICCA    |
|           | Gift GONPUE               | SO 1:07.20c (1:08.10f) 2/1 Mark Schuck Op     |
| <b>17</b> | <b>Joliet (Ill.) JC</b>   | <b>4:36.72</b>                                |
| LW: 17    | Region 4                  | average 1:09.18                               |
|           | Hailey OSTROM             | SO 1:05.48c (1:06.35f) 2/21 F. Lee Slick Invi |
|           | Regan FURMANKIEWICZ       | SO 1:07.58c (1:08.47f) 2/21 F. Lee Slick Invi |
|           | Maura CECICH              | FR 1:08.72c (1:09.63f) 2/21 F. Lee Slick Invi |
|           | Kamsiyochuk ONWUSOWULU    | FR 1:14.94c (1:15.93f) 2/21 F. Lee Slick Invi |





## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's 600 Meters

as of 3/3/25 11:46 PM ET

| 1     | Cloud County (Kan.) CC | 6:13.13                        |
|-------|------------------------|--------------------------------|
| LW: 1 | Region 6               | average 1:33.28                |
| 1     | Rafiatu NUHU           | SO 1:30.77 1/18 Thane Baker In |
| 2     | Nontokozi NCUBE        | SO 1:31.24 1/18 Thane Baker In |
| 6     | N Vanee ANCHIKE        | SO 1:35.03 2/8 Sevigne Husker  |
| 11    | Mercy ANGAAMCHAAB      | SO 1:36.09 2/8 Sevigne Husker  |

| 2     | New Mexico JC     | 6:24.12                                    |
|-------|-------------------|--|
| LW: 2 | Region 5          | average 1:36.03                            |
| 3     | Jody ANN MITCHELL | SO 1:33.09c (1:33.09A) 2/24 NMJC Indoor In |
| 10    | Amal KACHOURI     | FR 1:36.02c (1:36.02A) 1/25 MLK Inv        |
| 15    | Tyfané MARTINS    | SO 1:36.66c (1:36.66A) 2/24 NMJC Indoor In |
| 22    | Ysanne PEART      | SO 1:38.35c (1:38.35A) 1/25 MLK Inv        |

| 3     | Barton (Kan.) CC  | 6:37.12                                    |
|-------|-------------------|--|
| LW: 3 | Region 6          | average 1:39.28                            |
| 12    | Kialia CLAIBORNE  | SO 1:36.15c (1:25.84A) 2/1 Texas Tech Stat |
| 17    | Natasha FOX       | FR 1:37.40 1/25 NAIA / JUCO Inv            |
| 23    | Narissa MCPHERSON | FR 1:38.36 1/25 NAIA / JUCO Inv            |
| 53    | Destany JOHNSON   | FR 1:45.21 1/18 Thane Baker In             |

| 4     | Iowa Central CC            | 6:41.11                                    |
|-------|----------------------------|--|
| LW: 4 | Region 11                  | average 1:40.28                            |
| 21    | Mechak Linda BULA BULA     | FR 1:38.34c (1:39.54f) 1/25 Jack Johnson   |
| 27    | Chadrak Belinda BULA BULA  | FR 1:39.63c (1:40.85f) 1/25 Jack Johnson   |
| 30    | Juliette GAVOIS            | FR 1:40.11 2/1 SDSU D2/NAIA C              |
| 44    | Natalie BOGDANOVA KIRILOVA | SO 1:43.03c (1:44.29f) 2/22 Region 11/ICCA |

| 5     | Monroe-New Rochelle (N. | 6:45.58                        |
|-------|-------------------------|--------------------------------|
| LW: 5 | Region 15               | average 1:41.40                |
| 7     | Attoya HARVEY           | SO 1:35.20 2/21 Garden State O |
| 19    | Kettia AMBROSE          | SO 1:38.05 1/3 Wagner Invitati |
| 26    | Kaliyah JONES           | FR 1:38.84 1/10 St. Thomas Aqu |
| 92    | Julihanna JOHNSON       | SO 1:53.49 1/10 St. Thomas Aqu |

| 6     | Western Texas          | 6:49.65                                    |
|-------|------------------------|--|
| LW: 6 | Region 5               | average 1:42.41                            |
| 5     | Lovina EWUSI           | SO 1:34.95c (1:24.77A) 2/15 Texas Tech Jan |
| 34    | Madison STERN-REGALADO | FR 1:41.07c (1:30.24A) 2/15 Texas Tech Jan |
| 40    | Roxy ALVARADO          | FR 1:42.72c (1:31.71A) 2/15 Texas Tech Jan |
| 81    | Mia MORRIS             | FR 1:50.91c (1:50.91A) 1/25 MLK Inv        |

| 7     | Mesa (Ariz.) CC | 6:52.11                                 |
|-------|-----------------|---|
| LW: 7 | Region 1        | average 1:43.03                         |
| 35    | Kate DARE       | FR 1:41.28 2/8 Gaucho "Indoor           |
| 41    | Kendra GUEST    | SO 1:42.73c (1:42.73A) 2/15 Kirby Elite |
| 42    | Lucy MELZER     | FR 1:42.86c (1:42.86A) 2/15 Kirby Elite |
| 54    | Katie MUNOZ     | FR 1:45.24c (1:45.24A) 2/15 Kirby Elite |

| 8     | Ranger (Texas)     | 6:54.34                             |
|-------|--------------------|-------------------------------------|
| LW: 8 | Region 5           | average 1:43.59                     |
| 36    | Kendra MUHAMMAD    | FR 1:41.38 12/7 Washburn Alun       |
| 37    | Alfrenique KNOWLES | FR 1:42.31c (1:42.31A) 1/25 MLK Inv |
| 51    | Macie MORALES      | FR 1:44.56c (1:44.56A) 1/25 MLK Inv |
| 58    | Andrea TERUEL      | FR 1:46.09 12/7 Washburn Alun       |

| 9     | Neosho County (Kan.) CC | 7:02.74                                     |
|-------|-------------------------|---|
| LW: 9 | Region 6                | average 1:45.68                             |
| 24    | Vilorina TUILAWAKI      | SO 1:38.51 1/18 Richard Alsup C             |
| 39    | Melania TURAGA          | FR 1:42.41 2/15 Ichabod Invitat             |
| 80    | Rhea FLANDERS           | FR 1:50.90c (1:40.24f) 1/24 Central Missour |
| 82    | Amy STYLES              | SO 1:50.92 2/15 Ichabod Invitat             |

| 10     | Cowley (Kan.)           | 7:13.39                         |
|--------|-------------------------|---------------------------------|
| LW: 10 | Region 6                | average 1:48.35                 |
| 49     | Dheniffer VAZ           | JR 1:44.36 2/8 Bearcat Invite ( |
| 62     | Dayanna BRITO-HERNANDEZ | SO 1:46.24 2/8 Bearcat Invite ( |
| 79     | Mahalee BILHIMER        | SO 1:50.29 2/23 NJCAA Region 6  |
| 89     | Daniela LOZANO-CARDENAS | SO 1:52.50 2/8 Bearcat Invite ( |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's 800 Meters

as of 3/3/25 11:46 PM ET

|           |                               |  |
|-----------|-------------------------------|--|
| <b>1</b>  | <b>Cloud County (Kan.) CC</b> | <b>8:52.30</b>                               |
| LW: 1     | Region 6                      | average 2:13.07                              |
| 2         | Nontokozo NCUBE               | SO 2:10.58 2/8 Seignie Husker                |
| 3         | N Vanee ANCHIKE               | SO 2:11.77 2/15 Ichabod Invitat              |
| 8         | Rafiatu NUHU                  | SO 2:14.70 2/1 Washburn Oper                 |
| 11        | Mercy ANGAAMCHAAB             | SO 2:15.25 2/15 Ichabod Invitat              |
| <b>2</b>  | <b>New Mexico JC</b>          | <b>8:56.95</b>                               |
| LW: 2     | Region 5                      | average 2:14.24                              |
| 1         | Amal KACHOURI                 | FR 2:10.41c (2:11.14A) 1/25 MLK Inv          |
| 4         | Jody ANN MITCHELL             | SO 2:12.26c (2:12.64A) 2/15 Texas Tech Jan   |
| 6         | Emilly SILVA                  | SO 2:13.99c (2:14.37A) 2/15 Texas Tech Jan   |
| 26        | Daphne KAUSZ                  | SO 2:20.29c (2:20.69A) 2/15 Texas Tech Jan   |
| <b>3</b>  | <b>Salt Lake (Utah) CC</b>    | <b>9:14.34</b>                               |
| LW: 3     | Region 18                     | average 2:18.59                              |
| 7         | Avery JENSEN                  | SO 2:14.28c (2:14.92A) 2/15 Mountain State   |
| 12        | Lindsey LOPES                 | SO 2:15.88c (2:18.21fA) 2/20 Big Sky Tuner   |
| 38        | Katelyn CARLILE               | FR 2:22.03c (2:22.70A) 2/15 Mountain State   |
| 42        | Katie REAVELEY                | FR 2:22.15c (2:22.82A) 2/15 Mountain State   |
| <b>4</b>  | <b>Iowa Western CC</b>        | <b>9:21.08</b>                               |
| LW: 4     | Region 11                     | average 2:20.27                              |
| 13        | Angeline ESTRADA              | SO 2:16.23 2/1 SDSU D2/NAIA C                |
| 25        | Wijdane INZALINE              | FR 2:20.26 2/15 Ichabod Invitat              |
| 41        | Alyssa KULESA                 | FR 2:22.13 2/8 Bearcat Invite (              |
| 44        | Elizabeth EWUSIE              | FR 2:22.46 2/8 Bearcat Invite (              |
| <b>5</b>  | <b>Iowa Central CC</b>        | <b>9:23.04</b>                               |
| LW: 5     | Region 11                     | average 2:20.76                              |
| 24        | Juliette GAVOIS               | FR 2:20.11 2/15 SDSU Indoor Cl               |
| 28        | Alivia EDENS                  | FR 2:20.38 2/15 SDSU Indoor Cl               |
| 32        | Natalie BOGDANOVA KIRILOVA    | SO 2:21.05 2/8 Iowa State Clas               |
| 35        | Abbigail (Abbi) HUTCHINSON    | FR 2:21.50c (2:23.13f) 1/25 Jack Johnson     |
| <b>6</b>  | <b>Southern Idaho</b>         | <b>9:32.49</b>                               |
| LW: 6     | Region 18                     | average 2:23.12                              |
| 23        | Isabella BEILKE               | FR 2:19.72c (2:20.38A) 2/15 Mountain State   |
| 27        | Kennedy KUNZ                  | FR 2:20.36c (2:21.02A) 2/15 Mountain State   |
| 54        | Laurie DAVIDSON               | FR 2:25.83 1/25 Lauren McClusk               |
| 60        | Laynee ROWLEY                 | SO 2:26.58 1/25 Lauren McClusk               |
| <b>7</b>  | <b>Mesa (Ariz.) CC</b>        | <b>9:34.96</b>                               |
| LW: 8     | Region 1                      | average 2:23.74                              |
| 31        | Carmella BALDWIN              | SO 2:21.01c (2:22.58A) 2/21 NAU Tune-Up      |
| 39        | Katie MUNOZ                   | FR 2:22.12c (2:23.70A) 2/21 NAU Tune-Up      |
| 55        | Kendra GUEST                  | SO 2:25.85c (2:27.47A) 2/21 NAU Tune-Up      |
| 58        | Regina RAIMO                  | SO 2:25.98c (2:26.80A) 2/15 Kirby Elite      |
| <b>8</b>  | <b>Pima (Ariz.) CC</b>        | <b>9:36.15</b>                               |
| LW: 7     | Region 1                      | average 2:24.04                              |
| 18        | Reatta DANOFF                 | SO 2:18.31 2/8 Gaucho "Indoo                 |
| 39        | Linda RIVERO                  | SO 2:22.12 2/8 Gaucho "Indoo                 |
| 59        | Ella ALLRED                   | FR 2:26.44 2/16 Aztec Indoor Im              |
| 80        | Alyssa PEREZ                  | SO 2:29.28 2/16 Aztec Indoor Im              |
| <b>9</b>  | <b>Barton (Kan.) CC</b>       | <b>9:40.65</b>                               |
| LW: 9     | Region 6                      | average 2:25.16                              |
| 5         | Shone WALTERS                 | SO 2:12.85 1/25 NAIA / JUCO Inv              |
| 70        | Narissa MCPHERSON             | FR 2:28.23 2/23 NJCAA Region 6               |
| 74        | Alissandra JACKSON            | FR 2:28.59 1/25 NAIA / JUCO Inv              |
| 88        | Alexia WALKER                 | FR 2:30.98 2/23 NJCAA Region 6               |
| <b>10</b> | <b>Dodge City (Kan.) CC</b>   | <b>9:44.59</b>                               |
| LW: 10    | Region 6                      | average 2:26.15                              |
| 37        | Sarai CHAVEZ                  | SO 2:21.77 2/15 Ichabod Invitat              |
| 47        | Ava WASHINGTON                | SO 2:24.33c (2:26.70u) 1/31 Charlie Foster C |
| 65        | Ivy WASHINGTON                | SO 2:27.39c (2:29.81u) 1/31 Charlie Foster C |
| 89        | Caylee MAY                    | SO 2:31.10c (2:33.58u) 1/31 Charlie Foster C |
| <b>11</b> | <b>Central Arizona</b>        | <b>9:46.64</b>                               |
| LW: 12    | Region 1                      | average 2:26.66                              |
| 9         | Grace KOMBETTO                | SO 2:14.79c (2:16.29A) 2/21 NAU Tune-Up      |
| 75        | Cassidy DAVIDSON              | FR 2:28.70 2/1 Central Arizona               |
| 87        | Jessica VIERA                 | SO 2:30.89 2/1 Central Arizona               |
| 98        | Tatyana ENRIQUEZ              | FR 2:32.26 2/1 Central Arizona               |
| <b>12</b> | <b>Vincennes (Ind.)</b>       | <b>9:47.29</b>                               |
| LW: 11    | Region 24                     | average 2:26.82                              |
| 19        | Sara BELGACEM                 | FR 2:18.90c (2:20.50f) 2/22 John Gartland    |
| 66        | Adi FULLER                    | SO 2:27.45 2/7 Eastern Indoors               |
| 73        | Jasmyn SELF                   | SO 2:28.50c (2:30.21f) 2/22 John Gartland    |
|           | Alexis HALE                   | FR 2:32.44 2/7 Eastern Indoors               |
| <b>13</b> | <b>Ranger (Texas)</b>         | <b>9:50.18</b>                               |
| LW: 13    | Region 5                      | average 2:27.55                              |
| 48        | Alyssa MABRY                  | FR 2:24.40c (2:25.21A) 1/25 MLK Inv          |
| 53        | Macie MORALES                 | FR 2:25.61c (2:26.42A) 1/25 MLK Inv          |
| 81        | Andrea TERUEL                 | FR 2:29.57 2/8 FasTrak Colleg                |
| 85        | Mackenzie SMITH               | FR 2:30.60 2/8 FasTrak Colleg                |
| <b>14</b> | <b>Odessa (Texas)</b>         | <b>10:00.91</b>                              |
| LW: 14    | Region 5                      | average 2:30.23                              |
| 15        | Kaydeen JOHNSON               | FR 2:16.83c (2:17.22A) 2/15 Texas Tech Jan   |
| 100       | Chloe HARSHBARGER             | FR 2:32.41c (2:32.93A) 2/24 NMJC Indoor In   |
|           | Migyelis PUPO BRIZUELA        | SO 2:34.74c (2:35.27A) 2/24 NMJC Indoor In   |
|           | Yvette BENAVIDES              | FR 2:36.93c (2:37.46A) 2/24 NMJC Indoor In   |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's 800 Meters

as of 3/3/25 11:46 PM ET

|           |                                    |   |
|-----------|------------------------------------|---|
| <b>15</b> | <b>Neosho County (Kan.) CC</b>     | <b>10:05.59</b>                               |
| LW: 15    | Region 6                           | average 2:31.40                               |
| 46        | Melania TURAGA                     | FR 2:23.00 2/15 Ichabod Invitat               |
| 63        | Vilorina TUILAWAKI                 | SO 2:27.12 2/8 Bearcat Invite (               |
|           | Amy STYLES                         | SO 2:34.25 2/8 Bearcat Invite (               |
|           | Barbara GURROLA                    | FR 2:41.22 2/15 Ichabod Invitat               |
| <b>16</b> | <b>Muskegon (Mich.) CC</b>         | <b>10:12.49</b>                               |
| LW: 16    | Region 12                          | average 2:33.12                               |
| 82        | Isabella CIFUENTES                 | FR 2:29.94 2/21 GVSU Tune-Up                  |
| 90        | Lauren LEE                         | FR 2:31.12 2/21 GVSU Tune-Up                  |
| 93        | Olivia URBAN                       | FR 2:31.83 2/21 GVSU Tune-Up                  |
|           | Naomi KIPKECH                      | FR 2:39.60 2/21 GVSU Tune-Up                  |
| <b>17</b> | <b>Bismarck State (N.D.)</b>       | <b>10:17.09</b>                               |
| LW: 17    | Region 13                          | average 2:34.27                               |
| 29        | Ava STAFFORD                       | SO 2:20.45c (2:22.07f) 2/8 NDSU Bison Op      |
|           | Paysha REX                         | SO 2:33.79c (2:35.56f) 12/14 Dakota Alumni    |
|           | Lindsey SCHROEDER                  | FR 2:37.67c (2:39.49f) 12/14 Dakota Alumni    |
|           | Kaitlyn BANCROFT                   | SO 2:45.18c (2:47.09f) 2/8 NDSU Bison Op      |
| <b>18</b> | <b>Des Moines Area (Iowa) CC</b>   | <b>10:17.40</b>                               |
| LW: 18    | Region 11                          | average 2:34.35                               |
| 71        | Abby HARDING                       | FR 2:28.28c (2:29.99f) 2/22 Region 11/ICCA    |
|           | Grace COLLINS                      | FR 2:34.18c (2:35.96f) 1/17 Jack Jennett In   |
|           | Kayden SPENCER                     | FR 2:36.98c (2:38.79f) 1/17 Jack Jennett In   |
|           | Ava MANNING                        | FR 2:37.96c (2:39.78f) 2/15 Darren Young C    |
| <b>19</b> | <b>Cuyahoga (Ohio) CC</b>          | <b>10:35.27</b>                               |
| LW: 19    | Region 12                          | average 2:38.82                               |
|           | Jacarla BLACK                      | SO 2:35.60 2/8 Jud Logan Ligh                 |
|           | Ciara MAY                          | FR 2:35.89c (2:37.68f) 2/21 Ed Finnigan Gre   |
|           | Hannah CUNNINGHAM                  | SO 2:37.59c (2:39.40f) 2/21 Ed Finnigan Gre   |
|           | Scarlet CAREY                      | FR 2:46.19c (2:48.10f) 2/21 Ed Finnigan Gre   |
| <b>20</b> | <b>Southeastern (Iowa) CC</b>      | <b>10:42.12</b>                               |
| LW: 20    | Region 11                          | average 2:40.53                               |
|           | Arianna PEDRIN                     | SO 2:37.00c (2:38.81f) 2/22 Region 11/ICCA    |
|           | Aubrey KUNTZ                       | FR 2:38.37c (2:40.19f) 1/24 Monmouth Mid      |
|           | Chloe FERNEAU                      | FR 2:42.88c (2:44.75f) 2/1 Grinnell Inv       |
|           | Rylee OLSEN                        | FR 2:43.87c (2:45.76f) 1/11 Battle in the Hi  |
| <b>21</b> | <b>DuPage (Ill.)</b>               | <b>10:59.60</b>                               |
| LW: 21    | Region 4                           | average 2:44.90                               |
| 67        | Carmen SOLIS                       | SO 2:27.74c (2:29.44f) 2/14 NCC Chicagolai    |
|           | Maureen BLUEMLE                    | FR 2:42.49c (2:44.36f) 2/21 F. Lee Slick Invi |
|           | Alison PASDIORA                    | FR 2:52.57 1/25 Aurora Grand P                |
|           | Alexandra ABOOD                    | SO 2:56.80c (2:58.83f) 2/14 NCC Chicagolai    |
| <b>22</b> | <b>Joliet (Ill.) JC</b>            | <b>11:02.28</b>                               |
| LW: 22    | Region 4                           | average 2:45.57                               |
| 84        | Vivienne FORTE                     | FR 2:30.08c (2:31.81f) 2/21 F. Lee Slick Invi |
|           | Allison BEHOUNEK                   | FR 2:46.79c (2:48.71f) 2/14 NCC Chicagolai    |
|           | Gabby ZID                          | FR 2:48.35c (2:50.29f) 2/21 F. Lee Slick Invi |
|           | Maura CECICH                       | FR 2:57.06c (2:59.10f) 2/8 Keck Invitation    |
| <b>23</b> | <b>Fort Scott (Kan.) CC</b>        | <b>11:11.43</b>                               |
| LW: 23    | Region 6                           | average 2:47.86                               |
|           | Emmanuella SQUIRE                  | SO 2:41.12 2/1 Washburn Oper                  |
|           | Jakouria JAMERSON                  | SO 2:42.31 2/23 NJCAA Region 6                |
|           | Marcy MONELL                       | SO 2:46.54 2/23 NJCAA Region 6                |
|           | Jazz DILWORTH                      | SO 3:01.46 2/1 Washburn Oper                  |
| <b>24</b> | <b>Marion Military Institute (</b> | <b>11:15.19</b>                               |
| LW: 24    | Region 22                          | average 2:48.80                               |
|           | Adaysha HOLLINESS                  | FR 2:36.51c (2:38.31f) 2/15 Centre Indoor I   |
|           | Sipriana HILL                      | SO 2:47.16 2/16 Samford Bulldo                |
|           | Lauren CLAYTON                     | FR 2:49.23 1/19 KMS Indoor Invi               |
|           | Jakiyia SEALEY                     | SO 3:02.29c (3:05.29u) 2/1 Tiger Indoor In    |
| <b>25</b> | <b>Highland (Kan.) CC</b>          | <b>11:49.79</b>                               |
| LW: 25    | Region 6                           | average 2:57.45                               |
|           | Alyana WALLACE                     | SO 2:33.81 1/25 NAIA / JUCO Inv               |
|           | Annabel REYES                      | SO 2:41.48 1/18 Graduate Class                |
|           | Berlynn BLACK                      | SO 2:49.04 2/23 NJCAA Region 6                |
|           | Danielle BEARS                     | FR 3:45.46 2/23 NJCAA Region 6                |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's 1000 Meters

as of 3/3/25 11:46 PM ET

|          |                               |                                |
|----------|-------------------------------|--------------------------------|
| <b>1</b> | <b>Cloud County (Kan.) CC</b> | <b>11:54.85</b>                |
| LW: 1    | Region 6                      | average 2:58.71                |
| 1        | N Vanee ANCHIKE               | SO 2:52.39 1/18 Graduate Class |
| 7        | Mercy ANGAAMCHAAB             | SO 2:58.68 1/18 Graduate Class |
| 9        | Nontokozi NCUBE               | SO 2:59.78 1/18 Graduate Class |
| 19       | Amanda KOTAMBE                | FR 3:04.00 1/18 Graduate Class |

|          |                      |  |
|----------|----------------------|--|
| <b>2</b> | <b>New Mexico JC</b> | <b>12:03.99</b>                            |
| LW: 2    | Region 5             | average 3:01.00                            |
| 3        | Amal KACHOURI        | FR 2:56.84c (2:56.84A) 2/24 NMJC Indoor In |
| 4        | Emily SILVA          | SO 2:57.85c (2:57.85A) 2/24 NMJC Indoor In |
| 16       | Jody ANN MITCHELL    | SO 3:02.19c (3:02.19A) 1/18 Corky Classic  |
| 27       | Jayne ELVIN          | SO 3:07.11c (3:07.11A) 2/15 Texas Tech Jan |

|          |                        |  |
|----------|------------------------|--|
| <b>3</b> | <b>Iowa Western CC</b> | <b>12:06.14</b>                            |
| LW: 3    | Region 11              | average 3:01.53                            |
| 2        | Juliana SAKAT          | FR 2:56.42c (2:58.34f) 2/22 Region 11/ICCA |
| 13       | Wijdane INZALINE       | FR 3:01.45c (3:03.43f) 2/22 Region 11/ICCA |
| 14       | Angeline ESTRADA       | SO 3:02.02c (3:04.00f) 2/22 Region 11/ICCA |
| 24       | Elizabeth EWUSIE       | FR 3:06.25 1/24 Cyclone Open               |

|          |                            |                                |
|----------|----------------------------|--------------------------------|
| <b>4</b> | <b>Iowa Central CC</b>     | <b>12:16.19</b>                |
| LW: 4    | Region 11                  | average 3:04.05                |
| 12       | Abbigail (Abbi) HUTCHINSON | FR 3:00.62 2/8 Iowa State Clas |
| 17       | Alivia EDENS               | FR 3:02.68 2/1 SDSU D2/NAIA C  |
| 18       | Natalie BOGDANOVA KIRILOVA | SO 3:03.79 2/1 SDSU D2/NAIA C  |
| 42       | Juliette GAVOIS            | FR 3:09.10 2/8 Iowa State Clas |

|          |                                |                                 |
|----------|--------------------------------|---------------------------------|
| <b>5</b> | <b>Monroe-New Rochelle (N.</b> | <b>12:24.39</b>                 |
| LW: --   | Region 15                      | average 3:06.10                 |
| 6        | Attoya HARVEY                  | SO 2:58.62 2/15 David Hemery V  |
| 10       | Joy JEPLETING                  | FR 3:00.30 2/28 Fastrack Last C |
| 38       | Tanesia GARDINER               | FR 3:08.14 2/15 David Hemery V  |
| 61       | Nthabiseng KOMANE              | FR 3:17.33 2/1 John Thomas T    |

|          |                        |                                 |
|----------|------------------------|---------------------------------|
| <b>6</b> | <b>Mesa (Ariz.) CC</b> | <b>12:28.75</b>                 |
| LW: 5    | Region 1               | average 3:07.19                 |
| 20       | Carmella BALDWIN       | SO 3:05.32 1/25 Paradise Valley |
| 28       | Lucy MELZER            | FR 3:07.14 2/8 Gaucho "Indoor   |
| 33       | Regina RAIMO           | SO 3:07.63 2/8 Gaucho "Indoor   |
| 40       | Katie MUNOZ            | FR 3:08.66 2/8 Gaucho "Indoor   |

|          |                        |                                |
|----------|------------------------|--------------------------------|
| <b>7</b> | <b>Pima (Ariz.) CC</b> | <b>12:33.83</b>                |
| LW: 6    | Region 1               | average 3:08.46                |
| 11       | Reatta DANOFF          | SO 3:00.39 2/1 Central Arizona |
| 29       | Linda RIVERO           | SO 3:07.36 2/1 Central Arizona |
| 36       | Ella ALLRED            | FR 3:07.78 2/1 Central Arizona |
| 63       | Alyssa PEREZ           | SO 3:18.30 2/1 Central Arizona |

|          |                       |                               |
|----------|-----------------------|-------------------------------|
| <b>8</b> | <b>Southern Idaho</b> | <b>12:39.49</b>               |
| LW: 7    | Region 18             | average 3:09.87               |
| 15       | Aubrie BARZEE         | FR 3:02.12 1/25 Lauren McClus |
| 23       | Kennedy KUNZ          | FR 3:05.99 1/25 Lauren McClus |
| 46       | Isabella BEILKE       | FR 3:11.80 1/25 Lauren McClus |
| 64       | Kenia AINSWORTH       | SO 3:19.58 1/25 Lauren McClus |

|          |                                   |                                 |
|----------|-----------------------------------|---------------------------------|
| <b>9</b> | <b>Paradise Valley (Ariz.) CC</b> | <b>12:41.70</b>                 |
| LW: 8    | Region 1                          | average 3:10.43                 |
| 30       | Rachael BETHANCOURT               | SO 3:07.38 1/25 Paradise Valley |
| 38       | Keira DAMRON                      | SO 3:08.14 1/18 Puma "Indoor"   |
| 48       | Mackenzie BETHANCOURT             | SO 3:11.91 1/25 Paradise Valley |
| 54       | Olivia COULSTON                   | SO 3:14.27 1/18 Puma "Indoor"   |

|           |                              |   |
|-----------|------------------------------|---|
| <b>10</b> | <b>Bismarck State (N.D.)</b> | <b>13:36.46</b>                             |
| LW: 9     | Region 13                    | average 3:24.12                             |
| 22        | Ava STAFFORD                 | SO 3:05.66c (3:07.69f) 2/22 Marauders Tun   |
| 58        | Paysha REX                   | SO 3:17.11c (3:19.26f) 1/25 U-Mary Winter C |
| 85        | Sophia FAFARD                | FR 3:36.39 2/1 North Dakota Ir              |
| 86        | Kaitlyn BANCROFT             | SO 3:37.30 2/1 North Dakota Ir              |

|           |                            |   |
|-----------|----------------------------|---|
| <b>11</b> | <b>Muskegon (Mich.) CC</b> | <b>13:57.99</b>                             |
| LW: 10    | Region 12                  | average 3:29.50                             |
| 68        | Isabella CIFUENTES         | FR 3:23.51c (3:25.73f) 1/24 Grand Rapids S  |
| 72        | Lauren LEE                 | FR 3:24.38c (3:26.61f) 1/11 John Flaminio C |
| 76        | Olivia URBAN               | FR 3:27.50c (3:29.76f) 1/24 Grand Rapids S  |
| 91        | Naomi KIPKECH              | FR 3:42.60c (3:45.03f) 1/11 John Flaminio C |





## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's Mile

as of 3/3/25 11:46 PM ET

| 1     | Odessa (Texas)                  | 19:52.06                                   |
|-------|---------------------------------|--|
| LW: 1 | Region 5                        | average 4:58.01                            |
| 2     | Millicent WAFULA                | FR 4:51.32c (4:54.74A) 2/1 Texas Tech Stai |
| 4     | Salma SADDOUNG                  | FR 4:56.30c (4:59.78A) 2/1 Texas Tech Stai |
| 9     | Kaydeen JOHNSON                 | FR 4:59.63c (5:03.15A) 2/1 Texas Tech Stai |
| 11    | Elizabeth ILANDA                | FR 5:04.81c (5:08.39A) 2/1 Texas Tech Stai |
| 2     | Iowa Western CC                 | 20:13.58                                   |
| LW: 2 | Region 11                       | average 5:03.39                            |
| 1     | Juliana SAKAT                   | FR 4:48.52 1/24 Cyclone Open               |
| 7     | Hafssa BOUTRICH                 | FR 4:57.57 1/24 Cyclone Open               |
| 16    | Elizabeth EWUSIE                | FR 5:08.76c (5:11.81f) 2/22 Region 11/ICCA |
| 49    | Wijdane INZALINE                | FR 5:18.73 1/18 Thane Baker In             |
| 3     | Salt Lake (Utah) CC             | 20:15.92                                   |
| LW: 3 | Region 18                       | average 5:03.98                            |
| 3     | Angelina LIONE                  | FR 4:53.67c (5:03.11fA) 2/20 Big Sky Tuner |
| 12    | Mazee SOUTHWARD                 | FR 5:07.18c (5:17.06fA) 2/20 Big Sky Tuner |
| 13    | Melanie ANDERSON                | FR 5:07.33c (5:17.21fA) 2/20 Big Sky Tuner |
| 14    | Angela Denisse SALADO FERNANDEZ | SO 5:07.74c (5:17.63fA) 2/20 Big Sky Tuner |
| 4     | Crowder (Mo.)                   | 20:53.67                                   |
| LW: 4 | Region 16                       | average 5:13.42                            |
| 23    | Videlda JEBET                   | FR 5:11.14 2/1 Pitt State Invita           |
| 26    | Faith JEPTOO                    | SO 5:11.81 2/1 Pitt State Invita           |
| 32    | Mercy KIBUIGUT                  | FR 5:13.29 2/1 Pitt State Invita           |
| 44    | Pelisha KOSGEI                  | FR 5:17.43 2/21 Ark Qual                   |
| 5     | New Mexico JC                   | 20:55.92                                   |
| LW: 5 | Region 5                        | average 5:13.98                            |
| 5     | Amal KACHOURI                   | FR 4:56.57c (5:00.06A) 2/1 Texas Tech Stai |
| 19    | Francesca ALVARADO              | SO 5:09.65c (5:16.54A) 1/25 MLK Inv        |
| 35    | Ines MRABET                     | FR 5:14.42c (5:18.12A) 2/15 Texas Tech Jan |
| 98    | Mary TENGE                      | FR 5:35.28c (5:39.22A) 2/1 Texas Tech Stai |
| 6     | Southern Idaho                  | 21:01.34                                   |
| LW: 6 | Region 18                       | average 5:15.33                            |
| 28    | Kennedy KUNZ                    | FR 5:12.09c (5:22.12fA) 2/20 Big Sky Tuner |
| 34    | Aubrie BARZEE                   | FR 5:14.19c (5:24.29fA) 2/20 Big Sky Tuner |
| 42    | Laynee ROWLEY                   | SO 5:16.74c (5:22.89A) 1/18 Snake River Op |
| 47    | Lillian NEFF                    | SO 5:18.32c (5:28.55fA) 2/20 Big Sky Tuner |
| 7     | Paradise Valley (Ariz.) CC      | 21:11.46                                   |
| LW: 7 | Region 1                        | average 5:17.87                            |
| 21    | Keira DAMRON                    | SO 5:10.37 2/21 Ark Qual                   |
| 53    | Mackenzie BETHANCOURT           | SO 5:19.65 1/25 Paradise Valley            |
| 58    | Rachael BETHANCOURT             | SO 5:20.57 1/25 Paradise Valley            |
| 61    | Rachael M. BETHANCOURT          | SO 5:20.87 2/8 Iowa State Clas             |

| 8      | Iowa Central CC            | 21:14.24                                     |
|--------|----------------------------|--|
| LW: 8  | Region 11                  | average 5:18.56                              |
| 10     | Abbigail (Abbi) HUTCHINSON | FR 5:04.51c (5:07.52f) 2/22 Region 11/ICCA   |
| 39     | Alivia EDENS               | FR 5:15.90 2/8 Iowa State Clas               |
| 62     | Imane JOURJI               | FR 5:22.01 2/15 SDSU Indoor Cl               |
| 93     | Juliette GAVOIS            | FR 5:31.82 1/18 Hawkeye Inv                  |
| 9      | Mesa (Ariz.) CC            | 21:25.06                                     |
| LW: 9  | Region 1                   | average 5:21.26                              |
| 29     | Carmella BALDWIN           | SO 5:12.18c (5:23.95A) 1/31 Ron Mann Clas    |
| 37     | Kinley JACKSON             | FR 5:15.36c (5:27.25A) 2/21 NAU Tune-Up      |
| 52     | Lucy MELZER                | FR 5:19.29c (5:26.40A) 2/15 Kirby Elite      |
|        | Regina RAIMO               | SO 5:38.23c (5:50.98A) 1/10 Friday Night     |
| 10     | Butler (Kan.) CC           | 22:20.32                                     |
| LW: 10 | Region 6                   | average 5:35.08                              |
| 60     | Elizabeth HERNANDEZ        | SO 5:20.62 1/25 NAIA / JUCO Inv              |
| 95     | Alison UNRUH               | SO 5:33.97 1/25 NAIA / JUCO Inv              |
|        | Valyrie FREEMAN            | SO 5:37.63 2/15 Russ Jewett Inc              |
|        | Alexa MARSHALL             | FR 5:48.10 2/15 Russ Jewett Inc              |
| 11     | Garden City (Kan.) CC      | 22:25.27                                     |
| LW: 11 | Region 6                   | average 5:36.32                              |
| 70     | Reid HARVEY-MCKEAN         | FR 5:23.72 1/25 NAIA / JUCO Inv              |
| 85     | Meryeme MAI                | FR 5:28.39c (5:31.64f) 1/11 Friends First Ch |
| 89     | Beverlyne KIPTARUS         | SO 5:29.67 2/23 NJCAA Region 6               |
|        | Umahan SAHIN               | FR 6:03.49 1/17 Washburn Rust                |
| 12     | Cowley (Kan.)              | 22:30.22                                     |
| LW: 12 | Region 6                   | average 5:37.56                              |
| 90     | Dheniffer VAZ              | JR 5:30.00c (5:33.26f) 2/1 Herm Wilson Im    |
| 99     | Savannah FISCHER           | SO 5:35.46 2/23 NJCAA Region 6               |
|        | Kayli MYERS                | SO 5:36.68 2/8 Bearcat Invite (              |
|        | Pauline ALTHOFF            | FR 5:48.08 1/17 Washburn Rust                |
| 13     | Vincennes (Ind.)           | 22:34.47                                     |
| LW: 13 | Region 24                  | average 5:38.62                              |
| 67     | Adi FULLER                 | SO 5:23.13c (5:26.32f) 2/22 John Gartland    |
| 87     | Sara BELGACEM              | FR 5:29.07 2/1 PNC Lenny Lyle                |
|        | Alexis HALE                | FR 5:39.75 2/15 GVSU Big II                  |
|        | Allie BLACK                | FR 6:02.52 1/24 Bellarmine Cla               |
| 14     | Des Moines Area (Iowa) CC  | 22:34.56                                     |
| LW: 14 | Region 11                  | average 5:38.64                              |
| 79     | Grace COLLINS              | FR 5:25.91 1/24 Cyclone Open                 |
| 91     | Kayden SPENCER             | FR 5:30.01 1/24 Cyclone Open                 |
|        | Jaycie VOHS                | FR 5:43.76 12/14 Iowa State Holi             |
|        | Ava MANNING                | FR 5:54.88c (5:58.39f) 2/15 Darren Young C   |





## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's Mile

as of 3/3/25 11:46 PM ET

|           |                               |   |
|-----------|-------------------------------|---|
| <b>15</b> | <b>Pima (Ariz.) CC</b>        | <b>22:38.11</b>                               |
| LW: 15    | Region 1                      | average 5:39.53                               |
| 43        | Reatta DANOFF                 | SO 5:17.40 1/25 Paradise Valley               |
|           | Ella ALLRED                   | FR 5:37.70 1/25 Paradise Valley               |
|           | Linda RIVERO                  | SO 5:47.71 2/16 Aztec Indoor Inv              |
|           | Alyssa PEREZ                  | SO 5:55.30 1/25 Paradise Valley               |
| <b>16</b> | <b>Ranger (Texas)</b>         | <b>22:44.20</b>                               |
| LW: 16    | Region 5                      | average 5:41.05                               |
| 86        | Macie MORALES                 | FR 5:28.56c (5:31.81f) 1/17 Owen Hewett Ir    |
|           | Alyssa MABRY                  | FR 5:38.04 12/7 Washburn Alumn                |
|           | Victaline MUTAI               | 5:48.49c (5:56.25A) 1/25 MLK Inv              |
|           | Myla GREENZWEIG               | SO 5:49.11c (5:52.56f) 1/17 Owen Hewett Ir    |
| <b>17</b> | <b>DuPage (Ill.)</b>          | <b>23:49.35</b>                               |
| LW: 17    | Region 4                      | average 5:57.34                               |
| 65        | Carmen SOLIS                  | SO 5:23.03c (5:26.22f) 2/14 NCC Chicagolar    |
|           | Maureen BLUEMLE               | FR 5:51.05c (5:54.52f) 2/14 NCC Chicagolar    |
|           | Alison PASDIORA               | FR 6:10.15c (6:13.81f) 2/21 F. Lee Slick Invi |
|           | Alexandra ABOOD               | SO 6:25.12c (6:28.93f) 2/14 NCC Chicagolar    |
| <b>18</b> | <b>Muskegon (Mich.) CC</b>    | <b>23:58.43</b>                               |
| LW: 18    | Region 12                     | average 5:59.61                               |
|           | Kierra FLEGEL                 | SO 5:48.15 2/8 Lints/GVSU                     |
|           | Isabella CIFUENTES            | FR 5:55.49c (5:59.00f) 1/25 Hillsdale Wide i  |
|           | Lauren LEE                    | FR 6:02.80 2/8 Lints/GVSU                     |
|           | Reagan RUEL                   | FR 6:11.99 2/8 Lints/GVSU                     |
| <b>19</b> | <b>Southeastern (Iowa) CC</b> | <b>24:59.88</b>                               |
| LW: 19    | Region 11                     | average 6:14.97                               |
|           | Rylee OLSEN                   | FR 6:05.59c (6:09.20f) 1/11 Battle in the Hi  |
|           | Chloe FERNEAU                 | FR 6:07.88c (6:11.52f) 1/24 Monmouth Mid      |
|           | Aubrey KUNTZ                  | FR 6:21.49c (6:25.26f) 1/11 Battle in the Hi  |
|           | Eva DOWNEY                    | FR 6:24.92c (6:28.73f) 1/11 Battle in the Hi  |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's 3000 Meters

as of 3/3/25 11:46 PM ET

|           |  |  |  |
|-----------|--|--|--|
| <b>1</b>  | <b>Odessa (Texas)</b>                  | <b>39:28.89</b>                                |  |
| LW: 1     | Region 5                               | average 9:52.22                                |  |
| 3         | Millicent WAFULA                       | FR 9:50.46c (9:57.66A) 2/15 Texas Tech Jan     |  |
| 5         | Elizabeth ILANDA                       | FR 9:51.25c (9:58.46A) 2/15 Texas Tech Jan     |  |
| 6         | Salma SADDUG                           | FR 9:52.57c (9:59.80A) 2/15 Texas Tech Jan     |  |
| 7         | Lilian MATEO                           | SO 9:54.61c (10:01.86A) 2/15 Texas Tech Jan    |  |
| <b>2</b>  | <b>Salt Lake (Utah) CC</b>             | <b>39:52.73</b>                                |  |
| LW: 2     | Region 18                              | average 9:58.18                                |  |
| 2         | Angela (Angy) Denisse SALADO FERNANDEZ | SO 9:49.54 2/15 Husky Cl                       |  |
| 4         | Angelina LIONE                         | FR 9:51.00 2/15 Husky Cl                       |  |
| 10        | Naomi SOTELO                           | SO 10:05.05 (10:24.34fA) 1/10 Weber State Inv  |  |
| 12        | Melanie ANDERSON                       | FR 10:07.14 2/15 Husky Cl                      |  |
| <b>3</b>  | <b>Iowa Western CC</b>                 | <b>40:46.21</b>                                |  |
| LW: 3     | Region 11                              | average 10:11.55                               |  |
| 1         | Juliana SAKAT                          | FR 9:30.36 1/18 Graduate Class                 |  |
| 13        | Hafssa BOUTRICH                        | FR 10:08.59 1/18 Graduate Class                |  |
| 18        | Elizabeth EWUSIE                       | FR 10:14.84 2/15 Ichabod Invitat               |  |
| 64        | Ayianna OLIVAS                         | SO 10:52.42 (10:58.01f) 2/22 Region 11/ICCA    |  |
| <b>4</b>  | <b>Crowder (Mo.)</b>                   | <b>40:50.98</b>                                |  |
| LW: 4     | Region 16                              | average 10:12.75                               |  |
| 9         | Faith JEPTOO                           | SO 10:03.99 2/21 Ark Qual                      |  |
| 15        | Videlda JEBET                          | FR 10:10.73 2/15 Russ Jewett Ina               |  |
| 20        | Mercy KIBUIGUT                         | FR 10:15.60 2/15 Russ Jewett Ina               |  |
| 27        | Pelisha KOSGEI                         | FR 10:20.66 1/25 NAIA / JUCO Inv               |  |
| <b>5</b>  | <b>Southern Idaho</b>                  | <b>41:27.83</b>                                |  |
| LW: 5     | Region 18                              | average 10:21.96                               |  |
| 23        | Laurie DAVIDSON                        | FR 10:17.73 (10:38.59fA) 2/20 Big Sky Tuner    |  |
| 28        | Laynee ROWLEY                          | SO 10:21.11 (10:34.66A) 2/15 Mountain State    |  |
| 31        | Lillian NEFF                           | SO 10:22.74 (10:42.59fA) 1/10 Weber State Inv  |  |
| 34        | Sage LYON                              | FR 10:26.25 (10:39.91A) 2/15 Mountain State    |  |
| <b>6</b>  | <b>New Mexico JC</b>                   | <b>41:53.47</b>                                |  |
| LW: 6     | Region 5                               | average 10:28.37                               |  |
| 11        | Francesca ALVARADO                     | SO 10:05.43 (10:12.82A) 2/1 Texas Tech Stai    |  |
| 22        | Ines MRABET                            | FR 10:16.67 (10:24.19A) 2/1 Texas Tech Stai    |  |
| 51        | Lisel NDLOVU                           | FR 10:39.86 (10:49.78A) 2/24 NMJC Indoor In    |  |
| 63        | Hadil CHIHA                            | FR 10:51.51 (11:01.61A) 2/24 NMJC Indoor In    |  |
| <b>7</b>  | <b>Mesa (Ariz.) CC</b>                 | <b>44:15.53</b>                                |  |
| LW: 7     | Region 1                               | average 11:03.88                               |  |
| 21        | Carmella BALDWIN                       | SO 10:16.26 (10:31.82A) 2/15 Kirby Elite       |  |
| 62        | Kinley JACKSON                         | FR 10:50.75 (11:07.18A) 2/15 Kirby Elite       |  |
| 95        | Regina RAIMO                           | SO 11:30.82 (12:00.79A) 1/10 Friday Night      |  |
|           | Marissa HERNANDEZ                      | FR 11:37.70 (12:07.96A) 1/10 Friday Night      |  |
| <b>8</b>  | <b>Butler (Kan.) CC</b>                | <b>44:47.94</b>                                |  |
| LW: 8     | Region 6                               | average 11:11.99                               |  |
| 29        | Elizabeth HERNANDEZ                    | SO 10:21.18 2/1 Washburn Ope                   |  |
| 79        | Alison UNRUH                           | SO 11:08.52 2/23 NJCAA Region 6                |  |
|           | Alexa MARSHALL                         | FR 11:38.74 2/23 NJCAA Region 6                |  |
|           | Valyrie FREEMAN                        | SO 11:39.50 1/25 NAIA / JUCO Inv               |  |
| <b>9</b>  | <b>Dodge City (Kan.) CC</b>            | <b>45:09.22</b>                                |  |
| LW: 9     | Region 6                               | average 11:17.31                               |  |
| 67        | Ivy WASHINGTON                         | SO 10:55.50 2/23 NJCAA Region 6                |  |
| 80        | Ava WASHINGTON                         | SO 11:10.81 2/23 NJCAA Region 6                |  |
| 92        | Daniela CERDA                          | FR 11:28.44 (11:35.67u) 1/31 Charlie Foster C  |  |
| 100       | Sarai CHAVEZ                           | SO 11:34.47 (11:41.76u) 1/31 Charlie Foster C  |  |
| <b>10</b> | <b>Cowley (Kan.)</b>                   | <b>45:21.49</b>                                |  |
| LW: 10    | Region 6                               | average 11:20.37                               |  |
| 74        | Kayli MYERS                            | SO 11:03.70 2/23 NJCAA Region 6                |  |
| 83        | Savannah FISCHER                       | SO 11:20.32 2/8 Bearcat Invite (               |  |
| 87        | Pauline ALTHOFF                        | FR 11:22.92 1/17 Washburn Rust                 |  |
|           | Lili-Rose BREHERET                     | SO 11:34.55 1/25 NAIA / JUCO Inv               |  |
| <b>11</b> | <b>Snow (Utah)</b>                     | <b>45:33.02</b>                                |  |
| LW: 11    | Region 18                              | average 11:23.25                               |  |
| 48        | Jenna FIFE                             | FR 10:35.49 (10:49.35A) 2/15 Mountain State    |  |
| 99        | Ada BRADFORD                           | FR 11:33.91 (11:50.34A) 2/1 Roman Ruiz Sp      |  |
|           | Ashlea LARSON                          | FR 11:35.96 (11:52.44A) 2/1 Roman Ruiz Sp      |  |
|           | Emily PASILLAS                         | FR 11:47.66 (12:10.22fA) 1/10 Weber State Inv  |  |
| <b>12</b> | <b>DuPage (Ill.)</b>                   | <b>47:19.52</b>                                |  |
| LW: 12    | Region 4                               | average 11:49.88                               |  |
| 52        | Carmen SOLIS                           | SO 10:41.23 (10:46.72f) 2/21 F. Lee Slick Invi |  |
|           | Maureen BLUEMLE                        | FR 11:40.64 (11:46.64f) 2/21 F. Lee Slick Invi |  |
|           | Alison PASDIORA                        | FR 12:18.94 (12:25.27f) 2/14 NCC Chicagolai    |  |
|           | Alexandra ABOOD                        | SO 12:38.71 (12:45.21f) 2/21 F. Lee Slick Invi |  |
| <b>13</b> | <b>Macomb (Mich.) CC</b>               | <b>50:32.99</b>                                |  |
| LW: 13    | Region 12                              | average 12:38.25                               |  |
| 61        | Ava LAMILZA                            | SO 10:50.55 2/21 SVSU Tune-Up                  |  |
| 91        | Emma DELL                              | FR 11:28.21 2/21 SVSU Tune-Up                  |  |
| 96        | Erin ROWAN                             | FR 11:31.78 2/21 SVSU Tune-Up                  |  |
|           | Vanessa SAYERS                         | FR 16:42.45 (16:51.04f) 1/25 Hillsdale Wide    |  |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's 5000 Meters

as of 3/3/25 11:46 PM ET

|          |  |   |
|----------|--|---|
| <b>1</b> | <b>Salt Lake (Utah) CC</b>             | <b>1:09:34</b>                              |
| LW: 1    | Region 18                              | average 17:23.55                            |
| 3        | Angela (Angy) Denisse SALADO FERNANDEZ | SO 17:08.36 2/1 Washington Inv              |
| 7        | Melanie ANDERSON                       | FR 17:24.67 2/1 Washington Inv              |
| 9        | Angelina LIONE                         | FR 17:25.51 2/1 Washington Inv              |
| 15       | Edith NESLEN                           | FR 17:35.65 2/1 Washington Inv              |
| <b>2</b> | <b>Odessa (Texas)</b>                  | <b>1:09:44</b>                              |
| LW: 2    | Region 5                               | average 17:26.02                            |
| 4        | Elizabeth ILANDA                       | FR 17:23.06 (17:36.97A) 2/15 Texas Tech Jan |
| 5        | Salma SADDOUNG                         | FR 17:23.73 (17:37.64A) 2/15 Texas Tech Jan |
| 10       | Millicent WAFULA                       | FR 17:28.29 (17:42.27A) 2/15 Texas Tech Jan |
| 11       | Lilian MATEO                           | SO 17:29.00 (17:42.98A) 2/15 Texas Tech Jan |
| <b>3</b> | <b>Iowa Western CC</b>                 | <b>1:09:54</b>                              |
| LW: 3    | Region 11                              | average 17:28.62                            |
| 1        | Juliana SAKAT                          | FR 16:20.80 2/1 Washburn Oper               |
| 8        | Elizabeth EWUSIE                       | FR 17:24.90 (17:32.90f) 2/22 Region 11/ICCA |
| 14       | Hafssa BOUTRICH                        | FR 17:33.40 2/15 Ichabod Invitat            |
| 39       | Ayianna OLIVAS                         | SO 18:35.37 2/15 Ichabod Invitat            |
| <b>4</b> | <b>Crowder (Mo.)</b>                   | <b>1:16:26</b>                              |
| LW: 4    | Region 16                              | average 19:06.49                            |
| 13       | Faith JEPTOO                           | SO 17:31.72 2/15 Russ Jewett Ina            |
| 16       | Pelisha KOSGEI                         | FR 17:35.79 2/15 Russ Jewett Ina            |
| 64       | Audrey FLETCHER                        | FR 20:16.27 2/1 Pitt State Invita           |
| 73       | Jasmine HAYES                          | FR 21:02.20 2/15 Russ Jewett Ina            |
| <b>5</b> | <b>Butler (Kan.) CC</b>                | <b>1:16:55</b>                              |
| LW: 5    | Region 6                               | average 19:13.69                            |
| 21       | Elizabeth HERNANDEZ                    | SO 17:49.73 2/15 Russ Jewett Ina            |
| 49       | Alison UNRUH                           | SO 19:16.27 2/1 Washburn Oper               |
| 57       | Valyrie FREEMAN                        | SO 19:51.52 2/23 NJCAA Region 6             |
| 58       | Alexa MARSHALL                         | FR 19:57.24 2/23 NJCAA Region 6             |
| <b>6</b> | <b>DuPage (Ill.)</b>                   | <b>1:25:55</b>                              |
| LW: 6    | Region 4                               | average 21:28.87                            |
| 43       | Carmen SOLIS                           | SO 18:40.49 12/6 Grand Valley St            |
| 80       | Maureen BLUEMLE                        | FR 21:50.80 2/8 Lints/GVSU                  |
| 81       | Alexandra ABOOD                        | SO 21:57.74 2/8 Lints/GVSU                  |
| 90       | Alison PASDIORA                        | FR 23:26.46 2/8 Lints/GVSU                  |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's High Jump

as of 3/3/25 11:46 PM ET

|          |                               |                      |  |
|----------|-------------------------------|----------------------|--|
| <b>1</b> | <b>Pima (Ariz.) CC</b>        | <b>6.55m</b>         | <b>21-5<sup>3</sup>/<sub>4</sub></b>                   |
| LW: 1    | Region 1                      | average <b>1.64m</b> | 5-4 <sup>1</sup> / <sub>2</sub>                        |
| 4        | Isabel GREEN                  | SO <b>1.67m</b>      | 5-5 <sup>3</sup> / <sub>4</sub> 1/18 Al Shirley Invita |
| 4        | Janiya ROSS                   | SO <b>1.67m</b>      | 5-5 <sup>3</sup> / <sub>4</sub> 1/18 Al Shirley Invita |
| 7        | April NECAISE                 | SO <b>1.62m</b>      | 5-3 <sup>3</sup> / <sub>4</sub> 1/25 Paradise Valley   |
| 10       | Tyler WASHINGTON              | SO <b>1.59m</b>      | 5-2 <sup>1</sup> / <sub>2</sub> 2/15 Aztec Indoor Mu   |
| <b>2</b> | <b>Fort Scott (Kan.) CC</b>   | <b>6.22m</b>         | <b>20-4<sup>3</sup>/<sub>4</sub></b>                   |
| LW: 2    | Region 6                      | average <b>1.56m</b> | 5-1 <sup>1</sup> / <sub>4</sub>                        |
| 10       | Jazz DILWORTH                 | SO <b>1.59m</b>      | 5-2 <sup>1</sup> / <sub>2</sub> 2/23 NJCAA Region 6    |
| 13       | Jakouria JAMERSON             | SO <b>1.56m</b>      | 5-1 <sup>1</sup> / <sub>4</sub> 2/23 NJCAA Region 6    |
| 15       | Emmanuella SQUIRE             | SO <b>1.55m</b>      | 5-1 1/18 Bumble Rumble                                 |
| 23       | Kennedy MOSLEY                | SO <b>1.52m</b>      | 4-11 <sup>3</sup> / <sub>4</sub> 2/23 NJCAA Region 6   |
| <b>3</b> | <b>Cloud County (Kan.) CC</b> | <b>6.04m</b>         | <b>19-9<sup>3</sup>/<sub>4</sub></b>                   |
| LW: 3    | Region 6                      | average <b>1.51m</b> | 4-11 <sup>1</sup> / <sub>2</sub>                       |
| 15       | Cordaelia WILLIAMS            | SO <b>1.55m</b>      | 5-1 2/15 Ichabod Invitat                               |
| 15       | Chenessa DAVIS                | SO <b>1.55m</b>      | 5-1 2/15 Ichabod Invitat                               |
| 23       | Tahlia LIENERT                | FR <b>1.52m</b>      | 4-11 <sup>3</sup> / <sub>4</sub> 2/1 Washburn Oper     |
| 47       | Carlie CARLGREN               | FR <b>1.42m</b>      | 4-7 <sup>3</sup> / <sub>4</sub> 1/25 NAIA / JUCCO Inv  |
| <b>4</b> | <b>Iowa Central CC</b>        | <b>5.98m</b>         | <b>19-7<sup>1</sup>/<sub>2</sub></b>                   |
| LW: 4    | Region 11                     | average <b>1.50m</b> | 4-10 <sup>3</sup> / <sub>4</sub>                       |
| 13       | Eden BROUWERS                 | FR <b>1.56m</b>      | 5-1 <sup>1</sup> / <sub>4</sub> 2/22 Region 11/ICCA    |
| 30       | Kira MESSERLY                 | FR <b>1.50m</b>      | 4-11 1/25 Jack Johnson                                 |
| 35       | Ella HOMAWOO                  | FR <b>1.47m</b>      | 4-9 <sup>3</sup> / <sub>4</sub> 2/22 Region 11/ICCA    |
| 39       | Zariah GREAVES                | FR <b>1.45m</b>      | 4-9 2/22 Region 11/ICCA                                |
| <b>5</b> | <b>Hawkeye (Iowa) CC</b>      | <b>5.85m</b>         | <b>19-2<sup>1</sup>/<sub>4</sub></b>                   |
| LW: 5    | Region 11                     | average <b>1.46m</b> | 4-9 <sup>1</sup> / <sub>2</sub>                        |
| 8        | Halima BIGGS                  | FR <b>1.60m</b>      | 5-3 2/22 Region 11/ICCA                                |
| 30       | Tasha WILLIAMS                | SO <b>1.50m</b>      | 4-11 2/22 Region 11/ICCA                               |
| 39       | Mallori JONES                 | FR <b>1.45m</b>      | 4-9 2/1 Spartan Shootc                                 |
| 62       | Emer MCAULIFFE                | FR <b>1.30m</b>      | 4-3 <sup>1</sup> / <sub>4</sub> 2/22 Region 11/ICCA    |
| <b>6</b> | <b>Iowa Western CC</b>        | <b>5.78m</b>         | <b>18-11<sup>1</sup>/<sub>2</sub></b>                  |
| LW: 6    | Region 11                     | average <b>1.44m</b> | 4-8 <sup>3</sup> / <sub>4</sub>                        |
| 8        | Rasheda SAMUELS               | FR <b>1.60m</b>      | 5-3 2/22 Region 11/ICCA                                |
| 39       | Taeja BARTEE                  | FR <b>1.45m</b>      | 4-9 2/22 Region 11/ICCA                                |
| 45       | Maddie FIDONE                 | FR <b>1.43m</b>      | 4-8 <sup>3</sup> / <sub>4</sub> 2/8 Bearcat Invite (   |
| 62       | Maja CIOSEK                   | FR <b>1.30m</b>      | 4-3 <sup>1</sup> / <sub>4</sub> 2/22 Region 11/ICCA    |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's Pole Vault

as of 3/3/25 11:46 PM ET

|          |                               |    |                      |                           |
|----------|-------------------------------|----|----------------------|---------------------------|
| <b>1</b> | <b>Iowa Central CC</b>        |    | <b>9.20m</b>         | <b>30-2¼</b>              |
| LW: 1    | Region 11                     |    | average <b>2.30m</b> | 7-6½                      |
| 21       | Eden BROUWERS                 | FR | <b>2.60m</b>         | 8-6¼ 2/8 Iowa State Clas  |
| 28       | Chadrak Belinda BULA<br>BULA  | FR | <b>2.40m</b>         | 7-10½ 2/22 Region 11/ICCA |
| 33       | Abbigail (Abbi)<br>HUTCHINSON | FR | <b>2.25m</b>         | 7-4½ 2/22 Region 11/ICCA  |
| 34       | Kira MESSERLY                 | FR | <b>1.95m</b>         | 6-4¾ 2/22 Region 11/ICCA  |





## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's Long Jump

as of 3/3/25 11:46 PM ET

|           |                               |                      |                             |
|-----------|-------------------------------|----------------------|-----------------------------|
| <b>1</b>  | <b>Barton (Kan.) CC</b>       | <b>22.03m</b>        | <b>72-3½</b>                |
| LW: 1     | Region 6                      | average <b>5.51m</b> | 18-1                        |
| 7         | Celine RIDDLE                 | FR <b>5.80m</b>      | 19-½ 2/23 NJCAA Region 6    |
| 10        | Chloe PERRYMAN                | SO <b>5.69m</b>      | 18-8 2/15 Tyson Inv         |
| 23        | Kymia BRIDGETT                | FR <b>5.38m</b>      | 17-8 1/18 Thane Baker In    |
| 36        | Makiya MOSLEY                 | FR <b>5.16m</b>      | 16-11¼ 1/25 NAIA / JUCO Inv |
| <b>2</b>  | <b>Iowa Western CC</b>        | <b>21.77m</b>        | <b>71-5¼</b>                |
| LW: 2     | Region 11                     | average <b>5.44m</b> | 17-10¼                      |
| 3         | Sakina UMAR                   | SO <b>5.85m</b>      | 19-2½ 2/8 Bearcat Invite (  |
| 13        | Taeja BARTEE                  | FR <b>5.59m</b>      | 18-4¼ 2/21 Region 11/ICCA   |
| 14        | Mercy HONESTY                 | SO <b>5.58m</b>      | 18-3¾ 2/14 Ichabod Invitat  |
| 73        | Elfie SANOGO                  | FR <b>4.75m</b>      | 15-7 2/8 Bearcat Invite (   |
| <b>3</b>  | <b>Pima (Ariz.) CC</b>        | <b>21.70m</b>        | <b>71-2½</b>                |
| LW: 3     | Region 1                      | average <b>5.42m</b> | 17-9¾                       |
| 6         | Layla KONSKI                  | FR <b>5.81m</b>      | 2/16 Aztec Indoor Inv       |
| 9         | Maylee THOMPSON               | SO <b>5.70m</b>      | 1/17 Jim Mielke Men         |
| 31        | Hannah DROEG                  | FR <b>5.22m</b>      | 2/15 Aztec Indoor Mu        |
| 56        | Tyler WASHINGTON              | SO <b>4.97m</b>      | 1/17 Jim Mielke Men         |
| <b>4</b>  | <b>South Plains (Texas)</b>   | <b>21.63m</b>        | <b>70-11¾</b>               |
| LW: 4     | Region 5                      | average <b>5.41m</b> | 17-9                        |
| 2         | Ruth AGADAMA                  | SO <b>5.88m</b>      | 19-3½ 2/1 Texas Tech Stai   |
| 5         | Sydney ROQUEBRUN              | SO <b>5.83m</b>      | 19-1½ 2/1 Texas Tech Stai   |
| 47        | Abril OKON                    | SO <b>5.02m</b>      | 16-5¾ 2/1 Texas Tech Stai   |
| 62        | Juwonna WHITEHORNE            | FR <b>4.90m</b>      | 16-1 2/1 Texas Tech Stai    |
| <b>5</b>  | <b>Iowa Central CC</b>        | <b>21.57m</b>        | <b>70-9¼</b>                |
| LW: 5     | Region 11                     | average <b>5.39m</b> | 17-8¼                       |
| 1         | Maeva GOUNE TIBBOLO           | FR <b>6.03m</b>      | 19-9½ 1/11 Battle in the Hi |
| 29        | Ella HOMAWOO                  | FR <b>5.29m</b>      | 17-4¼ 1/11 Battle in the Hi |
| 33        | Paola BEHILE                  | FR <b>5.21m</b>      | 17-1¼ 2/22 Region 11/ICCA   |
| 44        | Destiny DAVIS                 | FR <b>5.04m</b>      | 16-6½ 1/25 Jack Johnson     |
| <b>6</b>  | <b>Richard Bland (Va.)</b>    | <b>21.24m</b>        | <b>69-8¼</b>                |
| LW: 6     | Region 10                     | average <b>5.31m</b> | 17-5¼                       |
| 12        | Anijah JAMES                  | FR <b>5.61m</b>      | 18-5 1/25 Keydet Invitatic  |
| 26        | Shyla COOPER                  | FR <b>5.33m</b>      | 17-6 1/12 VCU Ram Indoo     |
| 34        | Ciarra MOORE                  | SO <b>5.19m</b>      | 17-½ 12/8 Christopher Nei   |
| 40        | Michaelyn FISHER              | FR <b>5.11m</b>      | 16-9¼ 1/12 VCU Ram Indoo    |
| <b>7</b>  | <b>Fort Scott (Kan.) CC</b>   | <b>20.08m</b>        | <b>65-10½</b>               |
| LW: 7     | Region 6                      | average <b>5.02m</b> | 16-5¾                       |
| 16        | Aalyiah LINTON                | FR <b>5.54m</b>      | 18-2¼ 2/1 Washburn Oper     |
| 47        | Jakouria JAMERSON             | SO <b>5.02m</b>      | 16-5¾ 1/25 NAIA / JUCO Inv  |
| 61        | Emmanuella SQUIRE             | SO <b>4.93m</b>      | 16-2¼ 2/1 Washburn Oper     |
| 85        | Marcy MONELL                  | SO <b>4.59m</b>      | 15-¾ 2/23 NJCAA Region 6    |
| <b>8</b>  | <b>Cloud County (Kan.) CC</b> | <b>19.94m</b>        | <b>65-5</b>                 |
| LW: 8     | Region 6                      | average <b>4.98m</b> | 16-4¼                       |
| 28        | Nele GOESL                    | FR <b>5.31m</b>      | 17-5¼ 1/18 Thane Baker In   |
| 36        | Chenessa DAVIS                | SO <b>5.16m</b>      | 16-11¼ 2/23 NJCAA Region 6  |
| 73        | Tahlia LIENERT                | FR <b>4.75m</b>      | 15-7 2/23 NJCAA Region 6    |
| 77        | Carlie CARLGREN               | FR <b>4.72m</b>      | 15-6 2/23 NJCAA Region 6    |
| <b>9</b>  | <b>Glendale (Ariz.) CC</b>    | <b>19.53m</b>        | <b>64-1</b>                 |
| LW: 9     | Region 1                      | average <b>4.88m</b> | 16-¼                        |
| 31        | Kaelyn GIARRUSSO              | SO <b>5.22m</b>      | 2/8 Gaucho "Indoo           |
| 39        | Oyindamola ADETUTU            | SO <b>5.12m</b>      | 2/8 Gaucho "Indoo           |
| 47        | Aaliyah PERKINS               | FR <b>5.02m</b>      | 2/8 Gaucho "Indoo           |
|           | Shelly NEWTON                 | FR <b>4.17m</b>      | 2/8 Gaucho "Indoo           |
| <b>10</b> | <b>Highland (Kan.) CC</b>     | <b>19.18m</b>        | <b>62-11¼</b>               |
| LW: 10    | Region 6                      | average <b>4.80m</b> | 15-8¾                       |
| 17        | Alexia LEWIS                  | SO <b>5.52m</b>      | 18-1½ 2/8 Bearcat Invite (  |
| 65        | Anjanique CHELTENHAM          | FR <b>4.88m</b>      | 16-¼ 2/8 Bearcat Invite (   |
| 80        | Danielle BEARS                | FR <b>4.67m</b>      | 15-4 2/23 NJCAA Region 6    |
|           | Berlynn BLACK                 | SO <b>4.11m</b>      | 13-6 2/23 NJCAA Region 6    |
| <b>11</b> | <b>Hawkeye (Iowa) CC</b>      | <b>19.08m</b>        | <b>62-7¼</b>                |
| LW: 11    | Region 11                     | average <b>4.77m</b> | 15-7¾                       |
| 27        | Alyssa WONDERCHECK            | FR <b>5.32m</b>      | 17-5½ 1/11 Battle in the Hi |
| 30        | Halima BIGGS                  | FR <b>5.28m</b>      | 17-4 2/1 Spartan Shootc     |
| 80        | Tasha WILLIAMS                | SO <b>4.67m</b>      | 15-4 2/22 Region 11/ICCA    |
|           | Emer MCAULIFFE                | FR <b>3.81m</b>      | 12-6 1/17 Jack Jennett In   |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's Triple Jump

as of 3/3/25 11:46 PM ET

|           |                            |                  |                             |
|-----------|----------------------------|------------------|-----------------------------|
| <b>1</b>  | <b>Iowa Western CC</b>     | <b>46.30m</b>    | <b>151-11</b>               |
| LW: 1     | Region 11                  | average          | 11.58m 37-11¾               |
| <b>1</b>  | Mercy HONESTY              | SO <b>12.95m</b> | 42-6 2/21 Region 11/ICCA    |
| <b>5</b>  | Sakina UMAR                | SO <b>12.16m</b> | 39-10¾ 2/21 Region 11/ICCA  |
| 17        | Elfie SANOGO               | FR <b>11.18m</b> | 36-8¼ 2/15 Ichabod Invitat  |
| 36        | Brooklyn VOMACKA           | FR <b>10.01m</b> | 32-10¼ 2/22 Region 11/ICCA  |
| <b>2</b>  | <b>Richard Bland (Va.)</b> | <b>44.87m</b>    | <b>147-3</b>                |
| LW: 2     | Region 10                  | average          | 11.22m 36-9¾                |
| <b>6</b>  | Ciarra MOORE               | SO <b>11.74m</b> | 38-6¼ 12/8 Christopher Nei  |
| <b>16</b> | Anijah JAMES               | FR <b>11.19m</b> | 36-8½ 2/8 VMI Winter Clas   |
| 18        | Shyla COOPER               | FR <b>11.09m</b> | 36-4¾ 12/8 Christopher Nei  |
| 23        | Erin SMITH                 | SO <b>10.85m</b> | 35-7¼ 1/31 Marlin Invitatio |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's Shot Put

as of 3/3/25 11:46 PM ET

|           |                                |               |               |        |                        |
|-----------|--------------------------------|---------------|---------------|--------|------------------------|
| <b>1</b>  | <b>Iowa Western CC</b>         | <b>54.11m</b> | <b>177-7</b>  |        |                        |
| LW: 1     | Region 11                      | average       | 13.53m        | 44-4¾  |                        |
| 3         | Sarai SIMPSON                  | SO            | 14.59m        | 47-10½ | 2/1 SDSU D2/NAIA C     |
| 4         | Chin-Loy RAYMOND               | SO            | 14.36m        | 47-1½  | 2/22 Region 11/ICCA    |
| 13        | Monifa EDWARDS                 | FR            | 12.94m        | 42-5½  | 2/1 SDSU D2/NAIA C     |
| 18        | Lovely HIBBERT                 | FR            | 12.22m        | 40-1¼  | 1/18 Thane Baker In    |
| <b>2</b>  | <b>Central Arizona</b>         | <b>49.00m</b> | <b>160-9</b>  |        |                        |
| LW: 2     | Region 1                       | average       | 12.25m        | 40-2¼  |                        |
| 2         | Rejoice AGBEWODIE              | SO            | 15.09m        | 49-6¼  | 2/1 Central Arizona    |
| 20        | Jamelia NICHOLAS               | SO            | 11.80m        | 38-8¾  | 2/16 Aztec Indoor In   |
| 27        | Shyla-Mae CONSTABLE            | FR            | 11.29m        | 37-½   | 1/18 Al Shirley Invita |
| 36        | Aliyah GIDHARRY                | SO            | 10.82m        | 35-6   | 2/15 Aztec Indoor Ml   |
| <b>3</b>  | <b>Cowley (Kan.)</b>           | <b>48.29m</b> | <b>158-5</b>  |        |                        |
| LW: 3     | Region 6                       | average       | 12.07m        | 39-7¼  |                        |
| 5         | Cierra GRAY                    | SO            | 14.32m        | 46-11¾ | 2/23 NJCAA Region 6    |
| 21        | Bree ROWE                      | SO            | 11.63m        | 38-2   | 2/23 NJCAA Region 6    |
| 28        | Jessi MCDOWELL                 | FR            | 11.22m        | 36-9¾  | 2/23 NJCAA Region 6    |
| 30        | Hadley WILSON                  | FR            | 11.12m        | 36-5¾  | 1/17 Washburn Rust     |
| <b>4</b>  | <b>Iowa Central CC</b>         | <b>46.21m</b> | <b>151-7</b>  |        |                        |
| LW: 4     | Region 11                      | average       | 11.55m        | 37-11  |                        |
| 6         | Unitee BROWN                   | FR            | 13.86m        | 45-5¾  | 2/22 Region 11/ICCA    |
| 17        | Zuriya ROBINSON                | SO            | 12.35m        | 40-6¼  | 2/1 SDSU D2/NAIA C     |
| 32        | Eden BROUWERS                  | FR            | 11.07m        | 36-4   | 2/22 Region 11/ICCA    |
| 84        | Ella HOMAWOO                   | FR            | 8.93m         | 29-3¾  | 2/22 Region 11/ICCA    |
| <b>5</b>  | <b>South Plains (Texas)</b>    | <b>42.94m</b> | <b>140-11</b> |        |                        |
| LW: 5     | Region 5                       | average       | 10.74m        | 35-2¾  |                        |
| 9         | Suerena ALEXANDER              | FR            | 13.23m        | 43-5   | 2/15 Texas Tech Jan    |
| 10        | Kahllah BAILEY                 | FR            | 13.11m        | 43-¼   | 2/15 Texas Tech Jan    |
| 87        | Abril OKON                     | SO            | 8.86m         | 29-1   | 2/1 Texas Tech Stai    |
|           | Juwonna WHITEHORNE             | FR            | 7.74m         | 25-4¾  | 2/1 Texas Tech Stai    |
| <b>6</b>  | <b>Mesa (Ariz.) CC</b>         | <b>40.61m</b> | <b>133-3</b>  |        |                        |
| LW: 6     | Region 1                       | average       | 10.15m        | 33-3¾  |                        |
| 22        | Sara JACOBSON                  | SR            | 11.57m        | 37-11½ | 2/15 Aztec Indoor Ml   |
| 33        | Seioriana GLASS                | SO            | 11.02m        | 36-2   | 1/18 Al Shirley Invita |
| 57        | Tatum MATHENY                  | FR            | 9.73m         | 31-11¼ | 1/17 Jim Mielke Men    |
| 98        | Tiffany NUNEZ                  | FR            | 8.29m         | 27-2½  | 1/18 Al Shirley Invita |
| <b>7</b>  | <b>Mineral Area (Mo.)</b>      | <b>39.77m</b> | <b>130-6</b>  |        |                        |
| LW: 7     | Region 16                      | average       | 9.94m         | 32-7½  |                        |
| 29        | Nora HENRY                     | FR            | 11.16m        | 36-7½  | 1/25 Illinois College  |
| 49        | Harlie HINKLE                  | FR            | 10.14m        | 33-3¾  | 2/1 Principia Relay    |
| 64        | Alexis WALKER                  | FR            | 9.53m         | 31-3¾  | 2/8 Keck Invitation    |
| 82        | Addison BRENNEKE               | FR            | 8.94m         | 29-4   | 2/1 Principia Relay    |
| <b>8</b>  | <b>Hawkeye (Iowa) CC</b>       | <b>38.65m</b> | <b>126-10</b> |        |                        |
| LW: 8     | Region 11                      | average       | 9.66m         | 31-8½  |                        |
| 26        | Kailan MCEWEN                  | FR            | 11.39m        | 37-4½  | 1/17 Jack Jennett In   |
| 66        | Darcee O'LOUGHLIN              | SO            | 9.37m         | 30-9   | 2/1 Spartan Shootc     |
| 81        | Ella AUDORFF                   | FR            | 8.96m         | 29-4¾  | 2/1 Spartan Shootc     |
| 84        | Annabell VERYARD               | FR            | 8.93m         | 29-3¾  | 2/22 Region 11/ICCA    |
| <b>8</b>  | <b>Highland (Kan.) CC</b>      | <b>38.65m</b> | <b>126-10</b> |        |                        |
| LW: 8     | Region 6                       | average       | 9.66m         | 31-8½  |                        |
| 35        | Alexis CLEMMONS                | FR            | 10.97m        | 36-0   | 2/8 Bearcat Invite (   |
| 68        | Berlynn BLACK                  | SO            | 9.34m         | 30-7¾  | 2/23 NJCAA Region 6    |
| 69        | Izabel GAIN                    | FR            | 9.26m         | 30-4¾  | 2/23 NJCAA Region 6    |
| 76        | Jola FELIX                     | SO            | 9.08m         | 29-9½  | 2/23 NJCAA Region 6    |
| <b>10</b> | <b>Dawson (Mont.) CC</b>       | <b>38.61m</b> | <b>126-8</b>  |        |                        |
| LW: 10    | Region 13                      | average       | 9.65m         | 31-8   |                        |
| 23        | Nichole ROBERTS                | FR            | 11.46m        | 37-7¼  | 2/22 Marauders Tun     |
| 77        | Danika LORDS                   | FR            | 9.06m         | 29-8¾  | 12/7 Mike Thorson O    |
| 78        | Destiny THOMPSON               | FR            | 9.05m         | 29-8¼  | 2/22 Marauders Tun     |
| 79        | Kail LEFSRUD                   | FR            | 9.04m         | 29-8   | 12/7 Mike Thorson O    |
| <b>11</b> | <b>Pima (Ariz.) CC</b>         | <b>37.99m</b> | <b>124-8</b>  |        |                        |
| LW: 11    | Region 1                       | average       | 9.50m         | 31-2   |                        |
| 37        | Morgan MOSLEY                  | FR            | 10.68m        | 35-½   | 2/16 Aztec Indoor Im   |
| 59        | Bianca CORONA                  | FR            | 9.57m         | 31-4¾  | 2/21 NAU Tune-Up       |
| 70        | Hannah DROEG                   | FR            | 9.23m         | 30-3½  | 2/15 Aztec Indoor Ml   |
| 96        | Maylee THOMPSON                | SO            | 8.51m         | 27-11  | 1/17 Jim Mielke Men    |
| <b>12</b> | <b>Cloud County (Kan.) CC</b>  | <b>37.73m</b> | <b>123-10</b> |        |                        |
| LW: 12    | Region 6                       | average       | 9.43m         | 30-11½ |                        |
| 38        | Vivica ADDISON                 | SO            | 10.67m        | 35-¼   | 2/23 NJCAA Region 6    |
| 56        | Margherita SALA                | SO            | 9.76m         | 32-¼   | 2/23 NJCAA Region 6    |
| 90        | Carlie CARLGREN                | FR            | 8.75m         | 28-8½  | 2/23 NJCAA Region 6    |
| 94        | Tahlia LIENERT                 | FR            | 8.55m         | 28-¾   | 2/23 NJCAA Region 6    |
| <b>13</b> | <b>Bismarck State (N.D.)</b>   | <b>35.50m</b> | <b>116-6</b>  |        |                        |
| LW: 13    | Region 13                      | average       | 8.88m         | 29-1½  |                        |
| 51        | Maggie KLEINKNECHT             | FR            | 10.09m        | 33-1¼  | 12/7 Mike Thorson O    |
| 59        | Mya SHELDON                    | SO            | 9.57m         | 31-4¾  | 1/18 Marauders Indc    |
| 80        | Jenna GREEN                    | SO            | 9.00m         | 29-6½  | 2/22 Marauders Tun     |
|           | Hailey METCALF                 | FR            | 6.84m         | 22-5¼  | 12/7 Mike Thorson O    |
| <b>14</b> | <b>Hudson Valley (N.Y.) CC</b> | <b>35.38m</b> | <b>116-1</b>  |        |                        |
| LW: 14    | Region 3                       | average       | 8.85m         | 29-¼   |                        |
| 74        | Alivia COCHRAN                 |               | 9.09m         | 29-10  | 1/31 Roxbury Comm      |
| 74        | Iamies HASSAN                  | SO            | 9.09m         | 29-10  | 1/31 Roxbury Comm      |
| 93        | Angelica SLINGERLAND           | SO            | 8.65m         | 28-4½  | 1/31 Roxbury Comm      |
| 94        | Cali BUCHHOLZ                  | FR            | 8.55m         | 28-¾   | 1/31 Roxbury Comm      |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's Shot Put

as of 3/3/25 11:46 PM ET

|           |                             |                      |                           |
|-----------|-----------------------------|----------------------|---------------------------|
| <b>15</b> | <b>Fort Scott (Kan.) CC</b> | <b>30.83m</b>        | <b>101-2</b>              |
| LW: 15    | Region 6                    | average <b>7.71m</b> | 25-3½                     |
| 82        | Jazz DILWORTH               | SO <b>8.94m</b>      | 29-4 2/23 NJCAA Region 6  |
|           | Emmanuella SQUIRE           | SO <b>7.73m</b>      | 25-4½ 2/1 Washburn Oper   |
|           | Jakouria JAMERSON           | SO <b>7.38m</b>      | 24-2½ 2/23 NJCAA Region 6 |
|           | Marcy MONELL                | SO <b>6.78m</b>      | 22-3 2/23 NJCAA Region 6  |



## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's Weight Throw

as of 3/3/25 11:46 PM ET

|          |                                |                       |                             |
|----------|--------------------------------|-----------------------|-----------------------------|
| <b>1</b> | <b>Cowley (Kan.)</b>           | <b>59.84m</b>         | <b>196-4</b>                |
| LW: 1    | Region 6                       | average <b>14.96m</b> | 49-1                        |
| 8        | Mercedes GLOVER                | JR <b>15.55m</b>      | 51-¼ 2/23 NJCAA Region 6    |
| 11       | Mayce MCDONALD                 | SO <b>15.06m</b>      | 49-5 1/25 NAIA / JUCO Inv   |
| 17       | Cierra GRAY                    | SO <b>14.68m</b>      | 48-2 1/25 NAIA / JUCO Inv   |
| 18       | Hadley WILSON                  | FR <b>14.55m</b>      | 47-9 1/17 Washburn Rust     |
| <b>2</b> | <b>Iowa Western CC</b>         | <b>55.76m</b>         | <b>182-11</b>               |
| LW: 2    | Region 11                      | average <b>13.94m</b> | 45-9                        |
| 6        | Chin-Loy RAYMOND               | SO <b>15.74m</b>      | 51-7¾ 2/22 Region 11/ICCA   |
| 7        | Sarai SIMPSON                  | SO <b>15.59m</b>      | 51-1¾ 2/1 SDSU D2/NAIA C    |
| 32       | Lovely HIBBERT                 | FR <b>12.94m</b>      | 42-5½ 1/11 Scott Nisely Me  |
| 48       | Monifa EDWARDS                 | FR <b>11.49m</b>      | 37-8½ 1/24 Cyclone Open     |
| <b>3</b> | <b>Coffeyville (Kan.) CC</b>   | <b>53.49m</b>         | <b>175-6</b>                |
| LW: 3    | Region 6                       | average <b>13.37m</b> | 43-10½                      |
| 14       | Ana MANOUSARIDIS               | SO <b>14.84m</b>      | 48-8¼ 1/18 Thane Baker In   |
| 15       | Shaniece POWELL                | FR <b>14.80m</b>      | 48-6¾ 1/18 Thane Baker In   |
| 31       | McKayla KUPLIICKI              | SO <b>13.01m</b>      | 42-8¼ 1/18 Thane Baker In   |
| 60       | Carla Kay BROWN                | FR <b>10.84m</b>      | 35-6¾ 1/18 Thane Baker In   |
| <b>4</b> | <b>Hawkeye (Iowa) CC</b>       | <b>43.62m</b>         | <b>143-2</b>                |
| LW: 4    | Region 11                      | average <b>10.90m</b> | 35-9½                       |
| 41       | Darcee O'LOUGHLIN              | SO <b>12.16m</b>      | 39-10¾ 1/17 Jack Jennett In |
| 59       | Annabell VERYARD               | FR <b>10.86m</b>      | 35-7¾ 2/1 Spartan Shootc    |
| 61       | Breanna SWABY                  | FR <b>10.70m</b>      | 35-1¼ 1/17 Jack Jennett In  |
| 72       | Kailan MCEWEN                  | FR <b>9.90m</b>       | 32-5¾ 1/17 Jack Jennett In  |
| <b>5</b> | <b>Mineral Area (Mo.)</b>      | <b>41.48m</b>         | <b>136-1</b>                |
| LW: 5    | Region 16                      | average <b>10.37m</b> | 34-¼                        |
| 47       | Addison BRENNEKE               | FR <b>11.61m</b>      | 38-1¼ 2/21 Illinois College |
| 66       | Nora HENRY                     | FR <b>10.31m</b>      | 33-10 1/25 Illinois College |
| 69       | Alexis WALKER                  | FR <b>10.22m</b>      | 33-6½ 2/8 Keck Invitation   |
| 79       | Harlie HINKLE                  | FR <b>9.34m</b>       | 30-7¾ 1/25 Illinois College |
| <b>6</b> | <b>Bismarck State (N.D.)</b>   | <b>36.82m</b>         | <b>120-10</b>               |
| LW: 6    | Region 13                      | average <b>9.20m</b>  | 30-2½                       |
| 65       | Mariana ELIAS                  | FR <b>10.39m</b>      | 34-1¼ 12/7 Mike Thorson O   |
| 71       | Maggie KLEINKNECHT             | FR <b>10.09m</b>      | 33-1¼ 12/7 Mike Thorson O   |
| 73       | Jenna GREEN                    | SO <b>9.79m</b>       | 32-1½ 2/1 North Dakota Ir   |
| 95       | Marielle PEDDYCORD             | FR <b>6.55m</b>       | 21-6 12/7 Mike Thorson O    |
| <b>7</b> | <b>Hudson Valley (N.Y.) CC</b> | <b>33.60m</b>         | <b>110-3</b>                |
| LW: 7    | Region 3                       | average <b>8.40m</b>  | 27-6¾                       |
| 75       | Lauren SCHROM                  | FR <b>9.68m</b>       | 31-9¼ 2/8 Middlebury Fiel   |
| 82       | Iamies HASSAN                  | SO <b>8.56m</b>       | 28-1 2/8 Middlebury Fiel    |
| 84       | Zoe EVANS                      | FR <b>8.22m</b>       | 26-11¾ 2/8 Middlebury Fiel  |
| 90       | Angelica SLINGERLAND           | SO <b>7.14m</b>       | 23-5¼ 2/8 Middlebury Fiel   |





## #EventSquad Rankings — 2025 Checkpoint #6, March 4

## Women's Pentathlon

as of 3/3/25 11:46 PM ET

**1 Pima (Ariz.) CC****11,413**

LW: 1

Region 1

average 2,853

|    |                  |    |       |      |                 |
|----|------------------|----|-------|------|-----------------|
| 5  | Maylee THOMPSON  | SO | 3,115 | 1/17 | Jim Mielke Men  |
| 9  | Hannah DROEG     | FR | 2,966 | 2/15 | Aztec Indoor Mu |
| 14 | Layla KONSKI     | FR | 2,776 | 2/15 | Aztec Indoor Mu |
| 17 | Tyler WASHINGTON | SO | 2,556 | 2/15 | Aztec Indoor Mu |

**2 Fort Scott (Kan.) CC****10,184**

LW: 2

Region 6

average 2,546

|    |                   |    |          |      |                |
|----|-------------------|----|----------|------|----------------|
| 11 | Jakouria JAMERSON | SO | 2,822 OT | 2/23 | NJCAA Region 6 |
| 16 | Emmanuella SQUIRE | SO | 2,638    | 2/1  | Washburn Oper  |
| 18 | Marcy MONELL      | SO | 2,515 OT | 2/23 | NJCAA Region 6 |
| 25 | Jazz DILWORTH     | SO | 2,209 OT | 2/23 | NJCAA Region 6 |