



## National TFRI Event Summary

## Women's 60 Meters — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Anita AFRIFA	SO	#17 Colby (Kan.) CC	23.57	7.30	1/18/25	Thane Baker Invitational
2	Keliza SMITH	SO	#4 Barton (Kan.) CC	21.18	7.33	1/18/25	Thane Baker Invitational
3	Maimuna JALLOW	FR	#2 Cloud County (Kan.) C	18.92	7.35	1/25/25	NAIA / JUCO Invitational
4	Kamaria KNIGHT	SO	#1 New Mexico JC	15.27	7.51c	(7.49A) 2/1/25	Texas Tech Stan Scott Memori
4	Royanah FARMER	SO	#15 Coffeyville (Kan.) CC	15.27	7.51	2/1/25	Washburn Open & Multis
6	Zariah GREAVES	FR	#7 Iowa Central CC	11.10	7.53	1/18/25	Hawkeye Invitational
7	Serena GRACE	FR	#3 Iowa Western CC	9.94	7.55	1/11/25	Scott Nisely Memorial
8	Adetutu ALADELOYE	SO	#22 Allen (Kan.) CC	8.86	7.56	2/1/25	Washburn Open & Multis
9	Kayveonna JACKSON	SO	#22 Allen (Kan.) CC {2}	7.78	7.57	2/1/25	Washburn Open & Multis
9	Nandy KIHUYU	SO	#1 New Mexico JC {2}	2.78	D 7.57c	(7.55A) 2/1/25	Texas Tech Stan Scott Memori
11	Ruth AGADAMA	SO	#6 South Plains (Texas)	5.61	7.59c	(7.57A) 1/18/25	Texas Tech Corky Classic
12	Avia LANE	FR	#13 Indian Hills (Iowa) CC	4.53	7.60	12/14/24	Iowa State Holiday Invitationa
13	Christiana BOYD	FR	#12 Western Texas	3.45	7.61c	(7.59A) 2/1/25	Texas Tech Stan Scott Memori
13	La'Nica LOCKER	SO	#19 Hinds (Miss.) CC	3.45	7.61	1/17/25	Purple Tiger Invitational
15	Destiny MITCHELL	SO	#13 Indian Hills (Iowa) CC{2}	1.87	7.62	1/25/25	Larry Wieczorek Invitational
15	Linya GEDEON	SO	#15 Coffeyville (Kan.) CC {2}	1.87	7.62	1/17/25	Arkansas Invitational
17	Zekira SNOW	SO	#13 Indian Hills (Iowa) CC{3}	1.29	7.63	12/14/24	Iowa State Holiday Invitationa
18	Privilege BOWER	FR	Bismarck State (N.D.)	1.09	7.65	12/7/24	Mike Thorson Open
19	Kayda AUSTIN	FR	#4 Barton (Kan.) CC {2}	0.87	7.68	1/25/25	NAIA / JUCO Invitational
20	Aniya SUKU	FR	Bryant & Stratton (Va.)	0.70	7.72	1/31/25	Marlin Invitational
20	Ranayla MOTEN	FR	#22 Allen (Kan.) CC {3}	0.70	7.72	2/1/25	Washburn Open & Multis
22	Beatrice BOAKYE	FR	#17 Colby (Kan.) CC {2}	0.50	7.73	1/18/25	Thane Baker Invitational
23	Michaelyn FISHER	FR	#16 Richard Bland (Va.)	0.40	7.74	12/8/24	Christopher Newport Holiday
23	Shanteria WASHINGTON	SO	Highland (Kan.) CC	0.40	7.74	1/25/25	NAIA / JUCO Invitational
25	Asharria ULETT	FR	#4 Barton (Kan.) CC {3}	0.20	7.75	1/25/25	NAIA / JUCO Invitational
26	Mekhila SANDERS	FR	Garden City (Kan.) CC	0.15	7.78	2/1/25	Washburn Open & Multis
27	Nakirsten HUGHES	FR	Meridian (Miss.) CC	0.13	7.80	1/18/25	Samford January Open
28	Trinity MONTGOMERY	SO	#19 Hinds (Miss.) CC {2}	0.10	7.81	1/17/25	Purple Tiger Invitational
28	Takelia WILLIAMS	FR	#4 Barton (Kan.) CC {4}	TM-4	7.81	1/25/25	NAIA / JUCO Invitational
28	Falicia AWUDI	FR	#17 Colby (Kan.) CC {3}	0.10	7.81	1/25/25	NAIA / JUCO Invitational
28	Keyonna MCGILL	SO	Cuyahoga (Ohio) CC	0.10	7.81	1/18/25	Muskie Meet #1
28	Alexia LEWIS	SO	Highland (Kan.) CC {2}	0.10	7.81	1/25/25	NAIA / JUCO Invitational
33	Charlize FRASER	FR	#12 Western Texas {2}	0.02	7.82c	(7.80A) 1/18/25	Texas Tech Corky Classic
33	Ritorion VIGNE	SO	#19 Hinds (Miss.) CC {3}	0.02	7.82	1/17/25	Purple Tiger Invitational
33	Judith KOUMEDZINA	SO	#3 Iowa Western CC {2}	0.02	7.82	2/1/25	SDSU D2/NAIA Open



## National TFRI Event Summary

## Women's 60 Meter Hurdles — 2025 Checkpoint #2, February 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Dymonde NAVE	SO #13 Indian Hills (Iowa) CC	23.17	8.43	2/1/25 Washburn Open & Multis
2	Asharria ULETT	FR #4 Barton (Kan.) CC	20.81	8.48c (8.48A)	2/1/25 Texas Tech Stan Scott Memori
3	Lovina EWUSI	SO #12 Western Texas	18.39	8.54c (8.54A)	1/18/25 Texas Tech Corky Classic
4	Rashema LINDO	FR #6 South Plains (Texas)	15.45	8.70c (8.70A)	2/1/25 Texas Tech Stan Scott Memori
5	Chenessa DAVIS	SO #2 Cloud County (Kan.) C	13.41	8.71	1/25/25 NAIA / JUCO Invitational
6	Ty'yanah ADAMS	FR #4 Barton (Kan.) CC {2}	11.36	8.72	1/25/25 NAIA / JUCO Invitational
7	Seanna GAYE-LESLIE	FR #19 Hinds (Miss.) CC	10.23	8.75	1/17/25 Purple Tiger Invitational
8	Linya GEDEON	SO #15 Coffeyville (Kan.) CC	9.18	8.76	1/18/25 Thane Baker Invitational
9	Tumi SANYAOLU	FR #6 South Plains (Texas) {2}	8.05	8.79c (8.79A)	2/1/25 Texas Tech Stan Scott Memori
10	Brieanna BOYCE	SO #12 Western Texas {2}	6.72	8.88c (8.88A)	2/1/25 Texas Tech Stan Scott Memori
11	Aleisha CLARKE	FR #23 Monroe-New Rochelle	5.63	8.92	2/1/25 John Thomas Terrier Classic
12	Jada HATCHER	FR #16 Richard Bland (Va.)	4.45	9.00	12/8/24 Christopher Newport Holiday
13	Damaria BELL	FR #21 Fort Scott (Kan.) CC	3.41	9.02	2/1/25 Washburn Open & Multis
14	Janae DAWES	FR #12 Western Texas {3}	2.32	9.06c (9.06A)	1/18/25 Texas Tech Corky Classic
15	Ma-Avian WILLIAMS	SO Essex County (N.J.)	1.74	9.10	1/17/25 NYC Gotham Cup
16	Aliyah GIDHARRY	SO #10 Central Arizona	1.44	9.12 #Error	2/1/25 Central Arizona "Indoor"
16	Tahlia LIENERT	FR #2 Cloud County (Kan.) {2}	1.44	9.12	1/18/25 Thane Baker Invitational
16	Shyla COOPER	FR #16 Richard Bland (Va.) {2}	1.44	9.12	1/25/25 Keydet Invitational
19	Anijah JAMES	FR #16 Richard Bland (Va.) {3}	0.97	9.13	12/8/24 Christopher Newport Holiday
20	Olivia LEATHERMAN	FR Dodge City (Kan.) CC	0.83	9.15	1/18/25 Richard Alsup Open
21	Paula ORUSEDE	SO Essex County (N.J.) {2}	0.71	9.16	1/17/25 NYC Gotham Cup
22	Dedra WOOD	FR Bismarck State (N.D.)	0.59	9.17	1/25/25 U-Mary Winter Classic
23	Kadina DEEBLE	FR Essex County (N.J.) {3}	0.47	9.18	1/17/25 NYC Gotham Cup
24	Alexia WALKER	FR #4 Barton (Kan.) CC {3}	0.35	9.19	1/25/25 NAIA / JUCO Invitational
25	Nanhi PANNU	FR #2 Cloud County (Kan.) {3}	0.20	9.22	1/18/25 Thane Baker Invitational
25	Kaelyn GIARRUSSO	SO Glendale (Ariz.) CC	0.20	9.22 #Error	1/25/25 Paradise Valley CC "Indoor"
27	Juwonna WHITEHORN	FR #6 South Plains (Texas) {3}	0.13	9.26c (9.26A)	2/1/25 Texas Tech Stan Scott Memori
28	Abril OKON	SO #6 South Plains (Texas) {4}	TM-4	9.27c (9.27A)	2/1/25 Texas Tech Stan Scott Memori
29	Hannah DROEG	FR #5 Pima (Ariz.) CC	0.08	9.30 #Error	2/1/25 Central Arizona "Indoor"
30	Dekanya WEBB	FR #17 Colby (Kan.) CC	0.05	9.34	2/1/25 Washburn Open & Multis
31	Sara JACOBSON	SR #11 Mesa (Ariz.) CC	0.04	9.40c (9.40A)	1/31/25 Ron Mann Classic
32	Zoe ALLEN	FR Vincennes (Ind.)	0.03	9.42	1/24/25 PNC Bank Bellarmine Classic
33	Arriana JOHNSON	SO #13 Indian Hills (Iowa) CC {2}	0.02	9.44	12/14/24 Iowa State Holiday Invitationa
34	Ella HOMAWOO	FR #7 Iowa Central CC	0.02	9.53	1/25/25 Jack Johnson Classic
35	Widlife VERMILUS	SO #4 Barton (Kan.) CC {4}	TM-4	9.54	1/25/25 NAIA / JUCO Invitational



## National TFRI Event Summary

## Women's 200 Meters — 2025 Checkpoint #2, February 4

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Maimuna JALLOW	FR #2	Cloud County (Kan.) C	23.73	23.69	2/1/25 Washburn Open & Multis
2	Anita AFRIFA	SO #17	Colby (Kan.) CC	21.62	23.72	1/18/25 Thane Baker Invitational
3	Nandy KIHUYU	SO #1	New Mexico JC	18.20	24.13c (24.06A)	2/1/25 Texas Tech Stan Scott Memori
4	Adetutu ALADELOYE	SO #22	Allen (Kan.) CC	15.49	24.34	2/1/25 Washburn Open & Multis
5	Rafiatu NUHU	SO #2	Cloud County (Kan.) C	13.39	24.37	2/1/25 Washburn Open & Multis
6	Keliza SMITH	SO #4	Barton (Kan.) CC	11.32	24.40 OT	1/25/25 NAIA / JUCO Invitational
7	Charlize FRASER	FR #12	Western Texas	10.18	24.46c (24.39A)	1/25/25 Dr. Martin Luther King, Jr. Invi
8	Kamaria KNIGHT	SO #1	New Mexico JC {2}	8.96	24.56c (24.49A)	2/1/25 Texas Tech Stan Scott Memori
9	Kayda AUSTIN	FR #4	Barton (Kan.) CC {2}	7.69	24.68c (24.61A)	2/1/25 Texas Tech Stan Scott Memori
9	Kenyatta GRATE	SO #13	Indian Hills (Iowa) CC	7.69	24.68	1/18/25 Graduate Classic
11	Serena GRACE	FR #3	Iowa Western CC	5.45	24.79 OT	2/1/25 SDSU D2/NAIA Open
12	Ruth AGADAMA	SO #6	South Plains (Texas)	2.40	24.82c (24.75A)	1/18/25 Texas Tech Corky Classic
13	Kettia AMBROSE	SO #23	Monroe-New Rochelle	3.39	24.83	2/1/25 John Thomas Terrier Classic
14	Tuwana MCLEAN	FR #1	New Mexico JC {3}	2.32	24.89c (24.82A)	1/25/25 Dr. Martin Luther King, Jr. Invi
15	Nyla NORMAN	SO #13	Indian Hills (Iowa) CC {2}	1.77	24.94	12/7/24 Washburn Alumni Invitational
15	Zariah GREAVES	FR #7	Iowa Central CC	1.77	24.94 OT	2/1/25 SDSU D2/NAIA Open
17	Kayveonna JACKSON	SO #22	Allen (Kan.) CC {2}	1.19	25.01	2/1/25 Washburn Open & Multis
18	Zekira SNOW	SO #13	Indian Hills (Iowa) CC {3}	1.05	25.05 OT	12/14/24 Iowa State Holiday Invitationa
19	Royanah FARMER	SO #15	Coffeyville (Kan.) CC	0.92	25.08	1/17/25 Arkansas Invitational
20	Amiyanee HARRIS	SO #10	Central Arizona	0.78	25.12 #Error	2/1/25 Central Arizona "Indoor"
21	Ivana ODONKOR	SO #21	Fort Scott (Kan.) CC	0.66	25.14c (25.53f)	1/18/25 Bumble Rumble
22	T'Anna LIBURD	SO #10	Central Arizona {2}	0.52	25.17 #Error	1/25/25 Paradise Valley CC "Indoor"
23	Ranayla MOTEN	FR #22	Allen (Kan.) CC {3}	0.40	25.22 OT	1/25/25 NAIA / JUCO Invitational
24	Laurie LOUIS	SO #13	Indian Hills (Iowa) CC {4}	TM-4	25.28 OT	12/14/24 Iowa State Holiday Invitationa
24	Christiana BOYD	FR #12	Western Texas {2}	0.30	25.28c (25.21A)	1/25/25 Dr. Martin Luther King, Jr. Invi
26	Crystal CHAMBERS	SO #21	Fort Scott (Kan.) CC {2}	0.15	25.29	2/1/25 Washburn Open & Multis
26	Brinel THOMAS	FR #23	Monroe-New Rochelle {2}	0.15	25.29	2/1/25 John Thomas Terrier Classic
26	Jayden PIPER	FR #21	Fort Scott (Kan.) CC {2}	0.15	25.29c (25.68f)	1/18/25 Bumble Rumble
29	Tierra WILLIAMS	FR #15	Coffeyville (Kan.) CC {2}	0.08	25.30	2/1/25 Washburn Open & Multis
29	Dayjonique CATO	SO #21	Fort Scott (Kan.) CC {4}	TM-4	25.30 OT	1/25/25 NAIA / JUCO Invitational
31	Nalicia GLEN	FR #1	New Mexico JC {4}	TM-4	25.32c (25.25A)	2/1/25 Texas Tech Stan Scott Memori
32	Shagay SHEPPY	FR #12	Western Texas {3}	0.03	25.33c (25.26A)	2/1/25 Texas Tech Stan Scott Memori
33	Brieanna BOYCE	SO #12	Western Texas {4}	TM-4	25.37c (25.30A)	2/1/25 Texas Tech Stan Scott Memori
34	Jayla WERTS	SO #16	Richard Bland (Va.)	0.02	25.38	1/31/25 Marlin Invitational
35	Mechak Linda BULA BULA	FR #7	Iowa Central CC {2}	0.01	25.46	1/18/25 Hawkeye Invitational



## National TFRI Event Summary

## Women's 400 Meters — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Nandy KIHUYU	SO	#1 New Mexico JC	24.08	54.79c	(54.68A)	2/1/25	Texas Tech Stan Scott Memori
2	Rafiatu NUHU	SO	#2 Cloud County (Kan.) C	21.03	55.48 OT		1/25/25	NAIA / JUCO Invitational
3	Natasha FOX	FR	#4 Barton (Kan.) CC	18.19	56.04c	(55.93A)	2/1/25	Texas Tech Stan Scott Memori
4	Jayla WERTS	SO	#16 Richard Bland (Va.)	15.83	56.28		1/31/25	Marlin Invitational
5	Queen USUNOBUN	FR	#19 Hinds (Miss.) CC	13.31	56.66c	(57.41f)	1/17/25	Purple Tiger Invitational
6	T'Anna LIBURD	SO	#10 Central Arizona	11.23	56.74		1/18/25	Al Shirley Invitational
7	Brieanna BOYCE	SO	#12 Western Texas	10.22	56.75c	(56.64A)	1/25/25	Dr. Martin Luther King, Jr. Invi
8	Kettia AMBROSE	SO	#23 Monroe-New Rochelle	8.99	56.99		1/25/25	Dr. Sander Scorchner
9	Tuwana MCLEAN	FR	#1 New Mexico JC {2}	7.90	57.08c	(56.97A)	2/1/25	Texas Tech Stan Scott Memori
10	Janae DAWES	FR	#12 Western Texas {2}	6.49	57.51c	(57.40A)	1/25/25	Dr. Martin Luther King, Jr. Invi
11	Mickayla GARDENER	FR	#10 Central Arizona {2}	5.44	57.56		2/1/25	Central Arizona "Indoor"
12	Laurie LOUIS	SO	#13 Indian Hills (Iowa) CC	4.43	57.58 OT		12/14/24	Iowa State Holiday Invitationa
13	Tierra WILLIAMS	FR	#15 Coffeyville (Kan.) CC	3.42	57.61		2/1/25	Washburn Open & Multis
13	Bianca GLEIM	SO	Dodge City (Kan.) CC	3.42	57.61cu	(58.79u)	1/31/25	Charlie Foster Classic
15	Amalinaly PEMBERTON	SO	#15 Coffeyville (Kan.) CC {2}	1.84	57.78 OT		1/25/25	NAIA / JUCO Invitational
16	Narissa MCPHERSON	FR	#4 Barton (Kan.) CC {2}	1.52	57.92c	(57.81A)	2/1/25	Texas Tech Stan Scott Memori
17	Nyla NORMAN	SO	#13 Indian Hills (Iowa) CC {2}	1.23	58.02 OT		12/14/24	Iowa State Holiday Invitationa
18	Alexa ZANDERS	FR	#13 Indian Hills (Iowa) CC {3}	1.06	58.15 OT		1/24/25	Cyclone Open
19	Caydence BREWER	SO	#19 Hinds (Miss.) CC {2}	0.82	58.47c	(59.24f)	1/17/25	Purple Tiger Invitational
20	Breshauna MILLER	FR	#16 Richard Bland (Va.) {2}	0.71	58.49		1/25/25	Keydet Invitational
21	Kialia CLAIBORNE	SO	#4 Barton (Kan.) CC {3}	0.60	58.60 OT		1/25/25	NAIA / JUCO Invitational
22	T'kyla BENNETT	SO	#19 Hinds (Miss.) CC {3}	0.50	58.62c	(59.39f)	1/17/25	Purple Tiger Invitational
23	Dhakiya BLAKE	SO	#15 Coffeyville (Kan.) CC {3}	0.40	58.64 OT		1/25/25	NAIA / JUCO Invitational
24	Ja'Kheria KELSER	FR	#15 Coffeyville (Kan.) CC {4}	TM-4	58.73		1/17/25	Arkansas Invitational
25	Nour RAHOU	FR	#6 South Plains (Texas)	0.20	59.37c	(59.26A)	2/1/25	Texas Tech Stan Scott Memori
26	Alfrenique KNOWLES	FR	Ranger (Texas)	0.15	59.39		12/7/24	Washburn Alumni Invitational
27	Shagay SHEPPY	FR	#12 Western Texas {3}	0.13	59.42c	(59.31A)	1/18/25	Texas Tech Corky Classic
28	Shermalee FREEMAN	FR	Essex County (N.J.)	0.10	59.46		1/25/25	Dr. Sander Scorchner
29	Aliya SCHOCK	SO	Bismarck State (N.D.)	0.08	59.56c	(1:00.35f)	12/7/24	Mike Thorson Open
30	Aniya SUKU	FR	Bryant & Stratton (Va.)	0.05	59.65c	(1:00.44f)	12/8/24	Christopher Newport Holiday
31	Kimberly BAKER	SO	Essex County (N.J.) {2}	0.04	59.87		1/10/25	St. Thomas Aquinas Spartan I
32	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	0.03	1:00.09c	(1:00.88f)	1/24/25	Central Missouri Invitational
33	Chloe CANNON	FR	Paradise Valley (Ariz.)	0.02	1:00.23		2/1/25	Central Arizona "Indoor"
34	Paula ORUSEDE	SO	Essex County (N.J.) {3}	0.02	1:00.31		1/25/25	Dr. Sander Scorchner
35	Alexia WALKER	FR	#4 Barton (Kan.) CC {4}	TM-4	1:00.34 OT		1/25/25	NAIA / JUCO Invitational



## National TFRI Event Summary

## Women's 800 Meters — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Amal KACHOURI	FR	#1 New Mexico JC	23.18		2:10.41c (2:11.14A)	1/25/25 Dr. Martin Luther King, Jr. Invi
2	Nontokozo NCUBE	SO	#2 Cloud County (Kan.) C	21.01		2:10.80 OT	1/25/25 NAIA / JUCO Invitational
3	Shone WALTERS	SO	#4 Barton (Kan.) CC	18.13		2:12.85 OT	1/25/25 NAIA / JUCO Invitational
4	Jody ANN MITCHELL	SO	#1 New Mexico JC {2}	15.79		2:13.65c (2:14.40A)	1/25/25 Dr. Martin Luther King, Jr. Invi
5	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) {2}	13.67		2:13.93 OT	1/25/25 NAIA / JUCO Invitational
6	Rafiatu NUHU	SO	#2 Cloud County (Kan.) {3}	3.42	D	2:14.70	2/1/25 Washburn Open & Multis
7	Mercy ANGAAMCHAAB	SO	#2 Cloud County (Kan.) {4}	TM-4		2:15.92	2/1/25 Washburn Open & Multis
8	Angeline ESTRADA	SO	#3 Iowa Western CC	9.00		2:16.23 OT	2/1/25 SDSU D2/NAIA Open
9	Emilly SILVA	SO	#1 New Mexico JC {3}	7.93		2:16.48c (2:17.24A)	1/25/25 Dr. Martin Luther King, Jr. Invi
10	Attoya HARVEY	SO	#23 Monroe-New Rochelle	6.81		2:16.93	2/1/25 John Thomas Terrier Classic
11	Kaydeen JOHNSON	FR	#8 Odessa (Texas)	5.71		2:17.28c (2:17.67A)	1/18/25 Texas Tech Corky Classic
12	Grace KOMBETTO	SO	#10 Central Arizona	4.50		2:18.55	1/18/25 Al Shirley Invitational
13	Lindsey LOPES	SO	#9 Salt Lake (Utah) CC	3.47		2:18.81c (2:19.47A)	1/18/25 Snake River Open
14	Avery JENSEN	SO	#9 Salt Lake (Utah) CC {2}	2.24		2:20.52c (2:21.18A)	1/18/25 Snake River Open
15	Serena DOUGLAS	SO	Essex County (N.J.)	1.72		2:20.70	1/17/25 NYC Gotham Cup
16	Wijdane INZALINE	FR	#3 Iowa Western CC {2}	1.43		2:20.96 OT	2/1/25 SDSU D2/NAIA Open
17	Daphne KAUSZ	SO	#1 New Mexico JC {4}	TM-4		2:21.25c (2:21.65A)	2/1/25 Texas Tech Stan Scott Memori
18	Isabella BEILKE	FR	#25 Southern Idaho	1.04		2:21.26c (2:21.93A)	1/18/25 Snake River Open
19	Reatta DANOFF	SO	#5 Pima (Ariz.) CC	0.94		2:21.32	1/18/25 Al Shirley Invitational
20	Abbigail (Abbi) HUTCHINSON	FR	#7 Iowa Central CC	0.81		2:21.50c (2:23.13f)	1/25/25 Jack Johnson Classic
21	Juliette GAVOIS	FR	#7 Iowa Central CC {2}	0.68		2:21.78 OT	1/25/25 Jim Emmerich Alumni Invitati
22	Amanda KOTAMBE	FR	#2 Cloud County (Kan.) {5}	TM-5		2:22.03 OT	1/25/25 NAIA / JUCO Invitational
23	Natalie BOGDANOVA KIRILOVA	SO	#7 Iowa Central CC {3}	0.40		2:23.12c (2:24.77f)	1/25/25 Jack Johnson Classic
24	Ava STAFFORD	SO	Bismarck State (N.D.)	0.30		2:23.14 OT	2/1/25 North Dakota Indoor Open
25	Kennedy KUNZ	FR	#25 Southern Idaho {2}	0.20		2:23.63c (2:26.02fA)	1/10/25 Weber State Invitational
26	Tara BOUCK	FR	#9 Salt Lake (Utah) CC {3}	0.15		2:23.78c (2:24.53A)	2/1/25 Roman Ruiz Speed and Power
27	Sarai CHAVEZ	SO	Dodge City (Kan.) CC	0.13		2:24.14cu (2:26.51u)	1/31/25 Charlie Foster Classic
28	Carmella BALDWIN	SO	#11 Mesa (Ariz.) CC	0.10		2:24.28c OT (2:25.88A)	1/31/25 Ron Mann Classic
29	Ava WASHINGTON	SO	Dodge City (Kan.) CC {2}	0.08		2:24.33cu (2:26.70u)	1/31/25 Charlie Foster Classic
30	Alyssa MABRY	FR	Ranger (Texas)	0.05		2:24.40c (2:25.21A)	1/25/25 Dr. Martin Luther King, Jr. Invi
31	Genesis SERRATOS	FR	#12 Western Texas	0.04		2:24.84c (2:25.65A)	1/25/25 Dr. Martin Luther King, Jr. Invi
32	Katelyn CARLILE	FR	#9 Salt Lake (Utah) CC {4}	TM-4		2:25.41c (2:26.16A)	2/1/25 Roman Ruiz Speed and Power
33	Macie MORALES	FR	Ranger (Texas) {2}	0.02		2:25.61c (2:26.42A)	1/25/25 Dr. Martin Luther King, Jr. Invi
34	Laurie DAVIDSON	FR	#25 Southern Idaho {3}	0.02		2:25.83 OT	1/25/25 Lauren McCluskey Memorial O
35	Melania TURAGA	FR	Neosho County (Kan.)	0.01		2:25.88c (2:27.56f)	2/1/25 Herm Wilson Invitational





## National TFRI Event Summary

## Women's 1000 Meters — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) C	24.68		2:52.39	1/18/25 Graduate Classic
2	Mercy ANGAAMCHAAB	SO	#2 Cloud County (Kan.) {2}	20.22		2:58.68	1/18/25 Graduate Classic
3	Amal KACHOURI	FR	#1 New Mexico JC	18.20		2:58.74c (2:58.74A)	1/18/25 Texas Tech Corky Classic
4	Nontokozi NCUBE	SO	#2 Cloud County (Kan.) {3}	15.81		2:59.78	1/18/25 Graduate Classic
5	Reatta DANOFF	SO	#5 Pima (Ariz.) CC	13.59		3:00.39	2/1/25 Central Arizona "Indoor"
6	Aubrie BARZEE	FR	#25 Southern Idaho	11.14		3:02.12 OT	1/25/25 Lauren McCluskey Memorial O
7	Jody ANN MITCHELL	SO	#1 New Mexico JC {2}	10.12		3:02.19c (3:02.19A)	1/18/25 Texas Tech Corky Classic
8	Alivia EDENS	FR	#7 Iowa Central CC	9.01		3:02.68 OT	2/1/25 SDSU D2/NAIA Open
9	Natalie BOGDANOVA KIRILOVA	SO	#7 Iowa Central CC {2}	7.74		3:03.79 OT	2/1/25 SDSU D2/NAIA Open
10	Amanda KOTAMBE	FR	#2 Cloud County (Kan.) {4}	TM-4		3:04.00	1/18/25 Graduate Classic
11	Carmella BALDWIN	SO	#11 Mesa (Ariz.) CC	5.47		3:05.32	1/25/25 Paradise Valley CC "Indoor"
12	Kennedy KUNZ	FR	#25 Southern Idaho {2}	4.39		3:05.99 OT	1/25/25 Lauren McCluskey Memorial O
13	Elizabeth EWUSIE	FR	#3 Iowa Western CC	3.36		3:06.25 OT	1/24/25 Cyclone Open
14	Linda RIVERO	SO	#5 Pima (Ariz.) CC {2}	2.23		3:07.36	2/1/25 Central Arizona "Indoor"
15	Rachael BETHANCOURT	SO	Paradise Valley (Ariz.)	1.72		3:07.38	1/25/25 Paradise Valley CC "Indoor"
16	Angeline ESTRADA	SO	#3 Iowa Western CC {2}	1.47		3:07.42	1/18/25 Graduate Classic
17	Alyssa KULESA	FR	#3 Iowa Western CC {3}	1.20		3:07.60 OT	2/1/25 SDSU D2/NAIA Open
18	Ella ALLRED	FR	#5 Pima (Ariz.) CC {3}	1.08		3:07.78	2/1/25 Central Arizona "Indoor"
19	Serena DOUGLAS	SO	Essex County (N.J.)	0.95		3:08.02	1/10/25 St. Thomas Aquinas Spartan I
20	Keira DAMRON	SO	Paradise Valley (Ariz.) {2}	0.84		3:08.14	1/18/25 Puma "Indoor"
21	Wijdane INZALINE	FR	#3 Iowa Western CC {4}	TM-4		3:08.20	1/18/25 Graduate Classic
22	Abigail GRANTHAM	SO	#20 Hutchinson (Kan.) CC	0.59		3:08.57 OT	1/25/25 NAIA / JUCO Invitational
23	Regina RAIMO	SO	#11 Mesa (Ariz.) CC {2}	0.45		3:08.89	1/18/25 Al Shirley Invitational
24	Tanesia GARDINER	FR	#23 Monroe-New Rochelle	0.30		3:10.51	2/1/25 John Thomas Terrier Classic
25	Avery JENSEN	SO	#9 Salt Lake (Utah) CC	0.20		3:11.23c OT (3:11.23A)	1/9/25 BYU Indoor Invitational
26	Isabella BEILKE	FR	#25 Southern Idaho {3}	0.15		3:11.80 OT	1/25/25 Lauren McCluskey Memorial O
27	Tara BOUCK	FR	#9 Salt Lake (Utah) CC {2}	0.13		3:11.87c OT (3:11.87A)	1/9/25 BYU Indoor Invitational
28	Mackenzie BETHANCOURT	SO	Paradise Valley (Ariz.) {3}	0.10		3:11.91	1/25/25 Paradise Valley CC "Indoor"
29	Macie MORALES	FR	Ranger (Texas)	0.08		3:12.44	12/7/24 Washburn Alumni Invitational
30	Fanny DEN UYL	FR	#7 Iowa Central CC {3}	0.05		3:13.94 OT	2/1/25 SDSU D2/NAIA Open
31	Olivia COULSTON	SO	Paradise Valley (Ariz.) {4}	TM-4		3:14.27	1/18/25 Puma "Indoor"
32	Genesis SERRATOS	FR	#12 Western Texas	0.03		3:14.72c (3:14.72A)	1/18/25 Texas Tech Corky Classic
33	Katie REAVELEY	FR	#9 Salt Lake (Utah) CC {3}	0.02		3:15.21c OT (3:15.21A)	1/9/25 BYU Indoor Invitational
34	Jayne ELVIN	SO	#1 New Mexico JC {3}	0.02		3:15.28c (3:15.28A)	1/18/25 Texas Tech Corky Classic
35	Juliette GAVOIS	FR	#7 Iowa Central CC {4}	TM-4		3:16.18c (3:18.32f)	1/11/25 Battle in the Hive



## National TFRI Event Summary

## Women's Mile — 2025 Checkpoint #2, February 4

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Juliana SAKAT	FR #3	Iowa Western CC	5.58 D	4:48.52 OT	1/24/25 Cyclone Open
2	Millicent WAFULA	FR #8	Odessa (Texas)	20.96	4:51.32c (4:54.74A)	2/1/25 Texas Tech Stan Scott Memori
3	Salma SADDOUNG	FR #8	Odessa (Texas) {2}	17.90	4:56.30c (4:59.78A)	2/1/25 Texas Tech Stan Scott Memori
4	Amal KACHOURI	FR #1	New Mexico JC	3.84 D	4:56.57c (5:00.06A)	2/1/25 Texas Tech Stan Scott Memori
5	Hafssa BOUTRICH	FR #3	Iowa Western CC {2}	13.63	4:57.57 OT	1/24/25 Cyclone Open
6	N Vanee ANCHIKE	SO #2	Cloud County (Kan.) C	3.56 D	4:57.90	2/1/25 Washburn Open & Multis
7	Angelina LIONE	FR #9	Salt Lake (Utah) CC	3.24 D	4:59.55c (5:05.37A)	1/18/25 Snake River Open
8	Kaydeen JOHNSON	FR #8	Odessa (Texas) {3}	9.23	4:59.63c (5:03.15A)	2/1/25 Texas Tech Stan Scott Memori
9	Elizabeth ILANDA	FR #8	Odessa (Texas) {4}	TM-4	5:04.81c (5:08.39A)	2/1/25 Texas Tech Stan Scott Memori
10	Nora BRADY	SO	Heartland (Ill.) CC	6.64	5:05.10c (5:08.12f)	1/31/25 Walter Cramer Invitational
11	Mercy ANGAAMCHAAB	SO #2	Cloud County (Kan.) {2}	5.36	5:09.37	1/18/25 Thane Baker Invitational
12	Francesca ALVARADO	SO #1	New Mexico JC {2}	4.34	5:09.65c (5:16.54A)	1/25/25 Dr. Martin Luther King, Jr. Invi
13	Rosemary ARTHUR	SO #17	Colby (Kan.) CC	3.30	5:10.19 OT	1/25/25 NAIA / JUCO Invitational
14	Videlda JEBET	FR #18	Crowder (Mo.)	2.24	5:11.14 OT	2/1/25 Pitt State Invitational
15	Abbigail (Abbi) HUTCHINSON	FR #7	Iowa Central CC	1.71	5:11.59 OT	2/1/25 SDSU D2/NAIA Open
16	Angela (Angy) Denisse SALADO FERNANDEZ	SO #9	Salt Lake (Utah) CC {2}	1.45	5:11.69 OT	2/1/25 Washington Invitational
17	Attoya HARVEY	SO #23	Monroe-New Rochelle	1.20	5:11.80	1/25/25 Dr. Sander Scorchner
18	Faith JEPTOO	SO #18	Crowder (Mo.) {2}	1.10	5:11.81 OT	2/1/25 Pitt State Invitational
19	Naomi SOTELO	SO #9	Salt Lake (Utah) CC {3}	0.98	5:12.02 OT	2/1/25 Washington Invitational
20	Carmella BALDWIN	SO #11	Mesa (Ariz.) CC	0.87	5:12.18c OT (5:23.95A)	1/31/25 Ron Mann Classic
21	Elayna LOVERIDGE	SO #9	Salt Lake (Utah) CC {4}	TM-4	5:12.90c (5:19.46A)	2/1/25 Roman Ruiz Speed and Power
22	Mazee SOUTHWARD	FR #9	Salt Lake (Utah) CC {5}	TM-5	5:13.04c (5:19.12A)	1/18/25 Snake River Open
23	Mercy KIBUIGUT	FR #18	Crowder (Mo.) {3}	0.50	5:13.29 OT	2/1/25 Pitt State Invitational
24	Aubrie BARZEE	FR #25	Southern Idaho	0.32	5:14.45c (5:20.56A)	1/18/25 Snake River Open
25	Keira DAMRON	SO	Paradise Valley (Ariz.)	0.21	5:14.64	1/25/25 Paradise Valley CC "Indoor"
26	Amanda KOTAMBE	FR #2	Cloud County (Kan.) {3}	0.15	5:15.67	2/1/25 Washburn Open & Multis
27	Edith NESLEN	FR #9	Salt Lake (Utah) CC {6}	TM-6	5:16.66c (5:22.81A)	1/18/25 Snake River Open
28	Tabetha HENRIE	FR #9	Salt Lake (Utah) CC {7}	TM-7	5:16.68c (5:23.32A)	2/1/25 Roman Ruiz Speed and Power
29	Laynee ROWLEY	SO #25	Southern Idaho {2}	0.08	5:16.74c (5:22.89A)	1/18/25 Snake River Open
30	Alix CRAWFORD	FR #9	Salt Lake (Utah) CC {8}	TM-8	5:17.10 OT	2/1/25 Washington Invitational
31	Reatta DANOFF	SO #5	Pima (Ariz.) CC	0.04	5:17.40	1/25/25 Paradise Valley CC "Indoor"
32	Melanie ANDERSON	FR #9	Salt Lake (Utah) CC {9}	TM-9	5:17.54 OT	2/1/25 Washington Invitational
33	Ava BERG	FR #9	Salt Lake (Utah) CC {10}	TM-10	5:18.03c (5:24.21A)	1/18/25 Snake River Open
34	Wijdane INZALINE	FR #3	Iowa Western CC {3}	0.02	5:18.73	1/18/25 Thane Baker Invitational
35	Karen KIRATU	SO	Southeast (Neb.) CC	0.01	5:18.96 OT	1/17/25 Washington Indoor Preview



## National TFRI Event Summary

## Women's 3000 Meters — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Juliana SAKAT	FR	#3 Iowa Western CC	25.93	9:30.36	1/18/25 Graduate Classic
2	Millicent WAFULA	FR	#8 Odessa (Texas)	20.29	9:57.69c (10:04.98A)	1/18/25 Texas Tech Corky Classic
3	Elizabeth ILANDA	FR	#8 Odessa (Texas) {2}	17.75	10:01.96c (10:09.30A)	1/18/25 Texas Tech Corky Classic
4	Angelina LIONE	FR	#9 Salt Lake (Utah) CC	15.69	10:02.41c (10:21.62fA)	1/10/25 Weber State Invitational
5	Naomi SOTELO	SO	#9 Salt Lake (Utah) CC {2}	13.37	10:05.05c (10:24.34fA)	1/10/25 Weber State Invitational
6	Francesca ALVARADO	SO	#1 New Mexico JC	11.32	10:05.43c (10:12.82A)	2/1/25 Texas Tech Stan Scott Memori
7	Salma SADDUG	FR	#8 Odessa (Texas) {3}	10.08	10:07.36c (10:14.77A)	1/18/25 Texas Tech Corky Classic
8	Hafssa BOUTRICH	FR	#3 Iowa Western CC {2}	8.95	10:08.59	1/18/25 Graduate Classic
9	Joy JEPLETING	FR	#23 Monroe-New Rochelle	7.44	10:14.90	2/1/25 John Thomas Terrier Classic
10	Melanie ANDERSON	FR	#9 Salt Lake (Utah) CC {3}	6.42	10:15.59c (10:35.22fA)	1/10/25 Weber State Invitational
11	Lilian MATEO	SO	#8 Odessa (Texas) {4}	TM-4	10:15.82c (10:23.33A)	1/18/25 Texas Tech Corky Classic
12	Ines MRABET	FR	#1 New Mexico JC {2}	4.37	10:16.67c (10:24.19A)	2/1/25 Texas Tech Stan Scott Memori
13	Abbigail (Abbi) HUTCHINSON	FR	#7 Iowa Central CC	3.33	10:17.64	1/18/25 Hawkeye Invitational
14	Angela (Angy) Denisse SALADO FERNANDEZ	SO	#9 Salt Lake (Utah) CC {4}	TM-4	10:18.97c (10:38.70fA)	1/10/25 Weber State Invitational
15	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) C	1.77	10:19.11 OT	1/25/25 NAIA / JUCO Invitational
16	Edith NESLEN	FR	#9 Salt Lake (Utah) CC {5}	TM-5	10:19.77c OT (10:33.73A)	1/9/25 BYU Indoor Invitational
17	Pelisha KOSGEI	FR	#18 Crowder (Mo.)	1.21	10:20.66 OT	1/25/25 NAIA / JUCO Invitational
18	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	1.09	10:21.18	2/1/25 Washburn Open & Multis
19	Lindsie FAUSETT	SO	#9 Salt Lake (Utah) CC {6}	TM-6	10:21.41c (10:34.96A)	1/18/25 Snake River Open
20	Lillian NEFF	SO	#25 Southern Idaho	0.83	10:22.74c (10:42.59fA)	1/10/25 Weber State Invitational
21	Mazee SOUTHWARD	FR	#9 Salt Lake (Utah) CC {7}	TM-7	10:24.49c (10:44.40fA)	1/10/25 Weber State Invitational
22	Nora BRADY	SO	Heartland (Ill.) CC	0.54	10:24.94c (10:30.29f)	1/24/25 Jason Dennis Invitational
23	Elizabeth EWUSIE	FR	#3 Iowa Western CC {3}	0.43	10:25.25	1/18/25 Thane Baker Invitational
24	Barbara NEIVA	SO	Trinidad State (Colo.)	0.30	10:27.81	2/1/25 Washburn Open & Multis
25	Faith JEPTOO	SO	#18 Crowder (Mo.) {2}	0.20	10:28.08 OT	1/25/25 NAIA / JUCO Invitational
26	Karen KIRATU	SO	Southeast (Neb.) CC	0.15	10:29.48 OT	1/25/25 NAIA / JUCO Invitational
27	Imane JOURJI	FR	#7 Iowa Central CC {2}	0.13	10:30.23	1/18/25 Hawkeye Invitational
28	Elayna LOVERIDGE	SO	#9 Salt Lake (Utah) CC {8}	TM-8	10:30.39c (10:44.14A)	1/18/25 Snake River Open
29	Laurie DAVIDSON	FR	#25 Southern Idaho {2}	0.08	10:30.59 OT	1/25/25 Lauren McCluskey Memorial O
30	Meryeme MAI	FR	Garden City (Kan.) CC	0.05	10:32.69 OT	1/25/25 NAIA / JUCO Invitational
31	Joelle WHITWORTH	SO	#9 Salt Lake (Utah) CC {9}	TM-9	10:33.24c (10:53.43fA)	1/10/25 Weber State Invitational
32	Laynee ROWLEY	SO	#25 Southern Idaho {3}	0.03	10:37.05 OT	1/25/25 Lauren McCluskey Memorial O
33	Sage LYON	FR	#25 Southern Idaho {4}	TM-4	10:38.43 OT	1/25/25 Lauren McCluskey Memorial O
34	Alix CRAWFORD	FR	#9 Salt Lake (Utah) CC {10}	TM-10	10:38.45c (10:52.38A)	1/18/25 Snake River Open
35	Rozzlyn CAZIER	SO	#25 Southern Idaho {5}	TM-5	10:38.46c (10:58.82fA)	1/10/25 Weber State Invitational





## National TFRI Event Summary

## Women's 5000 Meters — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Juliana SAKAT	FR	#3 Iowa Western CC	25.12	16:20.80	2/1/25	Washburn Open & Multis	
2	Angela (Angy) Denisse SALADO FERNANDEZ	SO	#9 Salt Lake (Utah) CC	20.74	17:08.36 OT	2/1/25	Washington Invitational	
3	Melanie ANDERSON	FR	#9 Salt Lake (Utah) CC {2}	17.97	17:24.67 OT	2/1/25	Washington Invitational	
4	Angelina LIONE	FR	#9 Salt Lake (Utah) CC {3}	15.93	17:25.51 OT	2/1/25	Washington Invitational	
5	Edith NESLEN	FR	#9 Salt Lake (Utah) CC {4}	TM-4	17:35.65 OT	2/1/25	Washington Invitational	
6	Lindsie FAUSETT	SO	#9 Salt Lake (Utah) CC {5}	TM-5	17:51.04 OT	2/1/25	Washington Invitational	
7	Barbara NEIVA	SO	Trinidad State (Colo.)	9.80	17:58.25	2/1/25	Washburn Open & Multis	
8	Lillian NEFF	SO	#25 Southern Idaho	8.77	17:59.15c (18:24.51A)	12/6/24	Idaho State Winter Open	
9	Alix CRAWFORD	FR	#9 Salt Lake (Utah) CC {6}	TM-6	18:00.91 OT	2/1/25	Washington Invitational	
10	Mazee SOUTHWARD	FR	#9 Salt Lake (Utah) CC {7}	TM-7	18:01.95 OT	2/1/25	Washington Invitational	
11	Abigail (Abbi) HUTCHINSON	FR	#7 Iowa Central CC	5.65	18:03.17 OT	2/1/25	SDSU D2/NAIA Open	
12	Joelle WHITWORTH	SO	#9 Salt Lake (Utah) CC {8}	TM-8	18:06.40c (18:34.10A)	2/1/25	Roman Ruiz Speed and Power	
13	Elizabeth EWUSIE	FR	#3 Iowa Western CC {2}	3.43	18:11.43	2/1/25	Washburn Open & Multis	
14	Karen KIRATU	SO	Southeast (Neb.) CC	2.41	18:12.79 OT	2/1/25	SDSU D2/NAIA Open	
15	Tiffani KOONCE	FR	#13 Indian Hills (Iowa) CC	1.69	18:28.12	2/1/25	Washburn Open & Multis	
16	Ava BERG	FR	#9 Salt Lake (Utah) CC {9}	TM-9	18:30.78c (18:59.10A)	2/1/25	Roman Ruiz Speed and Power	
17	Michaela GROSS	FR	#24 Hagerstown (Md.) CC	1.13	18:32.31	1/25/25	Keydet Invitational	
18	Laura AVILA	SO	#20 Hutchinson (Kan.) CC	0.98	18:35.89	2/1/25	Washburn Open & Multis	
19	Jessica VIERA	SO	#10 Central Arizona	0.88	18:36.26	1/25/25	Paradise Valley CC "Indoor"	
20	Kinley JACKSON	FR	#11 Mesa (Ariz.) CC	0.75	18:38.21	1/25/25	Paradise Valley CC "Indoor"	
21	Carmen SOLIS	SO	DuPage (Ill.)	0.62	18:40.49 OT	12/6/24	Grand Valley State Holiday Op	
22	Jordyn PICOLET	SO	#20 Hutchinson (Kan.) CC {2}	0.50	18:44.70	2/1/25	Washburn Open & Multis	
23	Imane JOURJI	FR	#7 Iowa Central CC {2}	0.40	18:45.87 OT	2/1/25	SDSU D2/NAIA Open	
24	Cambrie BABCOCK	FR	#9 Salt Lake (Utah) CC {10}	TM-10	18:47.61c (19:16.36A)	2/1/25	Roman Ruiz Speed and Power	
25	Maddie PEARSON	FR	#9 Salt Lake (Utah) CC {11}	TM-11	18:47.78c (19:16.53A)	2/1/25	Roman Ruiz Speed and Power	
26	Ava LAMILZA	SO	Macomb (Mich.) CC	0.15	18:58.91c (19:07.63f)	1/25/25	Hillsdale Wide Track Classic	
27	America RODRIGUEZ	FR	#9 Salt Lake (Utah) CC {12}	TM-12	19:01.26c (19:30.35A)	2/1/25	Roman Ruiz Speed and Power	
28	Alison UNRUH	SO	Butler (Kan.) CC	0.10	19:16.27	2/1/25	Washburn Open & Multis	
29	Maren JOHNSON	FR	#9 Salt Lake (Utah) CC {13}	TM-13	19:35.69c (20:05.66A)	2/1/25	Roman Ruiz Speed and Power	
30	Ayianna OLIVAS	SO	#3 Iowa Western CC {3}	0.05	19:42.89	2/1/25	Washburn Open & Multis	
31	Celestine KIBORUS	FR	Fort Hays Tech North	0.04	19:44.60	1/18/25	Graduate Classic	
32	Valyrie FREEMAN	SO	Butler (Kan.) CC {2}	0.03	19:54.68	2/1/25	Washburn Open & Multis	
33	Ivy WASHINGTON	SO	Dodge City (Kan.) CC	0.02	20:00.52 OT	1/18/25	Richard Alsop Open	
34	Myla GREENZWEIG	SO	Ranger (Texas)	0.02	20:06.69	12/7/24	Washburn Alumni Invitational	
35	Alexa MARSHALL	FR	Butler (Kan.) CC {3}	0.01	20:09.75	2/1/25	Washburn Open & Multis	



## National TFRI Event Summary

## Women's 4x400 Relay — 2025 Checkpoint #2, February 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Natasha Fox, Shone Walters, Narissa McPherson, Celine Riddle	#4 Barton (Kan.) CC	23.97	3:46.57c	(3:46.13A)	2/1/25 Texas Tech Stan Scott Memori
2	Brieanna Boyce, Janae Dawes, Shagay Sheppy, Charlize Fraser	#12 Western Texas	21.05	3:48.64c	(3:48.20A)	2/1/25 Texas Tech Stan Scott Memori
3	Tahlia Lienert, Nontokozo Ncube, Maimuna Jallow, Rafiatu Nuhu	#2 Cloud County (Kan.) C	18.33	3:50.29		1/18/25 Thane Baker Invitational
4	Nandy Kihuyu, Jody Ann Mitchell, Tuwana McLean, Kamaria Knight	#1 New Mexico JC	15.79	3:51.54c	(3:51.10A)	1/18/25 Texas Tech Corky Classic
5	Twyshanna Huie, Caydence Brewer, Queen Usunobun, T'kyla Bennett	#19 Hinds (Miss.) CC	13.78	3:51.58c	(3:54.65f)	1/17/25 Purple Tiger Invitational
6	Nyla Norman, Kenyatta Grate, Laurie Louis, Alexa Zanders	#13 Indian Hills (Iowa) CC	11.50	3:52.23		1/25/25 Larry Wiecezorek Invitational
7	Jayden Piper, Emmanuelli Squire, Dayjonique Cato, Ivana Odonkor	#21 Fort Scott (Kan.) CC	9.38	3:52.50		2/1/25 Washburn Open & Multis
8	Ja'Kheria Kelser, Amalinaly Pemberton, Tierra Williams, Dhakiya Blake	#15 Coffeyville (Kan.) CC	7.35	3:52.58		1/17/25 Arkansas Invitational
9	Amiyanee Harris, T'Anna Liburd, Aliyah Gidharry, Grace Kombetto	#10 Central Arizona	6.13	3:53.35		1/18/25 Al Shirley Invitational
10	Ranayla Moten, Ala' Jah Brooks, Charity Beckham, Adetutu Aladeloye	#22 Allen (Kan.) CC	4.80	3:54.52		2/1/25 Washburn Open & Multis
11	Kimberly Baker, Paula Orusede, Serena Douglas, Aaliyah Morgan	Essex County (N.J.)	2.47	3:56.47		1/25/25 Dr. Sander Scorchner
12	Serena Grace, Angeline Estrada, Taeja Bartee, Judith Koumedzina	#3 Iowa Western CC	1.33	3:57.46 OT		2/1/25 SDSU D2/NAIA Open
13	Beatrice Boakye, Anita Afrifa, Rosemary Arthur, Ashly Sharp	#17 Colby (Kan.) CC	1.03	3:58.91 OT		1/25/25 NAIA / JUCO Invitational
14	Mechak Linda Bula Bula, Chadrack Belinda Bula Bula, Hannah Quang, Natalie Bogdanova Kirilova	#7 Iowa Central CC	0.80	4:03.13		1/18/25 Hawkeye Invitational
15	J'Na Demming, Shanteria Washington, Kamia Maglorie, Alyana Wallace	Highland (Kan.) CC	0.70	4:06.75		2/1/25 Washburn Open & Multis
16	Layla Konski, Hannah Droeg, Maylee Thompson, Tyler Washington	#5 Pima (Ariz.) CC	0.60	4:10.83		2/1/25 Central Arizona "Indoor"
17	Aliya Schock, Priviladge Bower, Aisha Zaffino, Dedra Wood	Bismarck State (N.D.)	0.50	4:11.41c	(4:14.75f)	12/14/24 Dakota Alumni Classic
18	#Type!	Garden City (Kan.) CC	0.40	4:11.74c	(4:15.08f)	1/11/25 Friends First Chance Qualifier
19	Tumi Sanyaolu, Nour Rahou, Destinee Perez, Yukari Fuller	#6 South Plains (Texas)	0.30	4:12.83c	(4:12.39A)	2/1/25 Texas Tech Stan Scott Memori
20	Kate Dare, Katie Munoz, Regina Raimo, Sara Jacobson	#11 Mesa (Ariz.) CC	0.20	4:15.06		1/18/25 Al Shirley Invitational



# National TFRI Event Summary

## Women's 4x400 Relay — 2025 Checkpoint #2, February 4

21	Avery Jensen, Katelyn Carlile, Tara Bouck, Lindsey Lopes	#9	Salt Lake (Utah) CC	0.10	4:15.57c	(4:15.13A)	1/18/25 Snake River Open
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## National TFRI Event Summary

## Women's 4x800 Relay — 2025 Checkpoint #2, February 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Mercy Kibuigut, Pelisha Kosgei, Faith Jeptoo, Videlma Jebet	#18 Crowder (Mo.)	23.29	9:29.59 OT	1/25/25 NAIA / JUCO Invitational
2	Natalie Bogdanova Kirilova, Fanny den Uyl, Juliette Gavois, Alivia Edens	#7 Iowa Central CC	20.42	9:38.36 OT	2/1/25 SDSU D2/NAIA Open
3	Reid Harvey-McKean, Beverlyne Kiptarus, Umahan Sahin, Meryeme Mai	Garden City (Kan.) CC	16.54	9:58.43 OT	1/25/25 NAIA / JUCO Invitational
4	Vilorina Tuilawaki, Melani Turaga, Amy Styles, Barbara Gurrola	Neosho County (Kan.)	14.00	10:54.79 OT	1/18/25 Richard Alsup Open
5	Alison Pasdiora, Olivia Chapman, Maureen Bluemle, Samantha Blankenship	DuPage (Ill.)	12.00	11:52.56c (12:00.78f)	1/31/25 Walter Cramer Invitational



## National TFRI Event Summary

## Women's Distance Medley Relay — 2025 Checkpoint #2, February 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Emily Silva, Ysanne Peart, Jody Ann Mitchell, Amal Kachouri	#1 New Mexico JC	22.73	11:43.91c	(11:49.64A)	2/1/25 Texas Tech Stan Scott Memori
2	Lilian Mateo, Yvette Benavides, Salma Saddoug, Millicent Wafula	#8 Odessa (Texas)	20.14	12:04.43c	(12:10.33A)	2/1/25 Texas Tech Stan Scott Memori
3	Mercy Angaamchaab, Rafiatu Nuhu, Amanda Kotambe, N Vanee Anchike	#2 Cloud County (Kan.) C	17.95	12:11.38		2/1/25 Washburn Open & Multis
4	Faith Jeptoo, Videlma Jebet, Mercy Kibuigut, Pelisha Kosgei	#18 Crowder (Mo.)	15.72	12:20.67 OT		2/1/25 Pitt State Invitational
5	Ella Allred, Reatta Danoff, J'layah Spellman Collins, Linda Rivero	#5 Pima (Ariz.) CC	13.35	12:41.38		1/25/25 Paradise Valley CC "Indoor"
6	Tabetha Henrie, Avery Jensen, Lindsey Lopes, Angelina Lione	#9 Salt Lake (Utah) CC	11.33	12:42.44c	(13:01.52fA)	1/10/25 Weber State Invitational
7	Reid Harvey-McKean, Beverlyne Kiptarus, Mekhila Sanders, Meryeme Mai	Garden City (Kan.) CC	9.22	12:48.46		2/1/25 Washburn Open & Multis
8	Regina Raimo, Kate Dare, Katie Munoz, Carmella Baldwin	#11 Mesa (Ariz.) CC	7.21	12:49.31		1/25/25 Paradise Valley CC "Indoor"
9	Tatyana Enriquez, Amiyanee Harris, Grace Kombetto, Jessica Viera	#10 Central Arizona	5.89	13:18.20		2/1/25 Central Arizona "Indoor"
10	Rylee Olsen, Aubrey Kuntz Arianna Pedrin, Chloe Ferneau	Southeastern (Iowa) C	4.24	14:42.63c	(14:52.08f)	2/1/25 Grinnell Invitational
11	Holly Milbrandt, Keyonna Mcgill, Jacarla Black, Hannah Cunningham	Cuyahoga (Ohio) CC	2.17	14:51.64c	(15:01.19f)	1/18/25 Muskie Meet #1
12	Melania Turaga, Amy Styles, Vilorina Tuilawaki, Barbara Gurrola	Neosho County (Kan.)	1.06	15:08.31c	(15:18.04f)	1/24/25 Central Missouri Invitational





## National TFRI Event Summary

## Women's High Jump — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Abril OKON	SO	#6 South Plains (Texas)	22.65	1.67m	5-5¾	2/1/25	Texas Tech Stan Scott Memori
1	Janiya ROSS	SO	#5 Pima (Ariz.) CC	22.65	1.67m	5-5¾	1/18/25	Al Shirley Invitational
1	Isabel GREEN	SO	#5 Pima (Ariz.) CC	22.65	1.67m	5-5¾	1/18/25	Al Shirley Invitational
4	Aidan FAITH	SO	#24 Hagerstown (Md.) CC	16.35	1.66m	5-5¼	1/12/25	The Kaye & JJ Smith Invitatio
5	Tiana PETROVA	FR	#1 New Mexico JC	14.08	1.65mA	5-5	1/25/25	Dr. Martin Luther King, Jr. Invi
6	April NECAISE	SO	#5 Pima (Ariz.) CC {3}	11.46	1.62m	5-3¾	1/25/25	Paradise Valley CC "Indoor"
6	Kaelyn GIARRUSSO	SO	Glendale (Ariz.) CC	11.46	1.62m	5-3¾	1/25/25	Paradise Valley CC "Indoor"
8	Halima BIGGS	FR	Hawkeye (Iowa) CC	9.05	1.60m	5-3	1/17/25	Jack Jennett Invitational
9	Rasheda SAMUELS	FR	#3 Iowa Western CC	7.68	1.58m	5-2¼	2/1/25	SDSU D2/NAIA Open
10	Aliyah GIDHARRY	SO	#10 Central Arizona	6.58	1.57m	5-1¾	2/1/25	Central Arizona "Indoor"
11	Sara JACOBSON	SR	#11 Mesa (Ariz.) CC	5.37	1.55m	5-1	1/17/25	Jim Mielke Memorial invitatio
11	Arriana JOHNSON	SO	#13 Indian Hills (Iowa) CC	5.37	1.55m	5-1	12/7/24	Washburn Alumni Invitational
11	Emmanuella SQUIRE	SO	#21 Fort Scott (Kan.) CC	5.37	1.55m	5-1	1/18/25	Bumble Rumble
11	Steffanie MCGUFFEY	SO	Muskegon (Mich.) CC	5.37	1.55m	5-1	1/18/25	GVSU Bob Eubanks Open
11	Raeya TOWNSEND	FR	Marion Military Institu	5.37	1.55m	5-1	1/19/25	KMS Indoor Invitational
16	Chenessa DAVIS	SO	#2 Cloud County (Kan.) C	1.41	1.53m	5-¼	2/1/25	Washburn Open & Multis
17	Tahlia LIENERT	FR	#2 Cloud County (Kan.) {2}	1.06	1.52m	4-11¾	2/1/25	Washburn Open & Multis
17	Tyler WASHINGTON	SO	#5 Pima (Ariz.) CC {4}	TM-4	1.52m	4-11¾	1/17/25	Jim Mielke Memorial invitatio
17	Hannah DROEG	FR	#5 Pima (Ariz.) CC {4}	TM-4	1.52m	4-11¾	1/17/25	Jim Mielke Memorial invitatio
17	Riannon ST. CLAIR	SO	#14 Cowley (Kan.)	1.06	1.52m	4-11¾	1/25/25	NAIA / JUCO Invitational
17	Sophia CALISTRO	FR	Dodge City (Kan.) CC	1.06	1.52m	4-11¾	1/31/25	Charlie Foster Classic
17	Vinae BUFERD-STILLMAN	FR	#10 Central Arizona {2}	1.06	1.52m	4-11¾	1/18/25	Al Shirley Invitational
17	Alyana WALLACE	SO	Highland (Kan.) CC	1.06	1.52m	4-11¾	1/25/25	NAIA / JUCO Invitational
24	Kira MESSERLY	FR	#7 Iowa Central CC	0.30	1.50m	4-11	1/25/25	Jack Johnson Classic
24	Jillian HULSING	SO	Sauk Valley (Ill.) CC	0.30	1.50m	4-11	1/25/25	Fighting Bee Invite
24	Jakouria JAMERSON	SO	#21 Fort Scott (Kan.) CC {2}	0.30	1.50m	4-11	1/18/25	Bumble Rumble
24	Kennedy MOSLEY	SO	#21 Fort Scott (Kan.) CC {2}	0.30	1.50m	4-11	1/18/25	Bumble Rumble
28	Jazz DILWORTH	SO	#21 Fort Scott (Kan.) CC {4}	TM-4	1.49m	4-10½	2/1/25	Washburn Open & Multis
29	Cordaelia WILLIAMS	SO	#2 Cloud County (Kan.) {3}	0.08	1.47m	4-9¾	1/25/25	NAIA / JUCO Invitational
29	Maylee THOMPSON	SO	#5 Pima (Ariz.) CC {6}	TM-6	1.47m	4-9¾	2/1/25	Central Arizona "Indoor"
31	Eden BROUWERS	FR	#7 Iowa Central CC {2}	0.04	1.46m	4-9½	1/25/25	Jack Johnson Classic
31	Ella HOMAWOO	FR	#7 Iowa Central CC {2}	0.04	1.46m	4-9½	1/25/25	Jack Johnson Classic
33	Tasha WILLIAMS	SO	Hawkeye (Iowa) CC {2}	0.02	1.45m	4-9	1/11/25	Battle in the Hive
33	Cassidy HERGET	SO	Mineral Area (Mo.)	0.02	1.45m	4-9	1/25/25	Illinois College Snow Bird Invi
33	Mallori JONES	FR	Hawkeye (Iowa) CC {2}	0.02	1.45m	4-9	2/1/25	Spartan Shootout
33	A'Kevia WEAVER	FR	Jacksonville (Texas)	0.02	1.45m	4-9	1/25/25	FasTrak Collegiate Invitationa



# National TFRI Event Summary

## Women's Pole Vault — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Morgan PEPE	SO	#5 Pima (Ariz.) CC	22.85	3.80m	12-5½	1/25/25	Paradise Valley CC "Indoor"
2	Dakota DAPPER	SO	#14 Cowley (Kan.)	20.36	3.67m	12-½	2/1/25	Herm Wilson Invitational
3	Sophia DO AMARAL SALVI	SO	Vincennes (Ind.)	18.13	3.61m	11-10	1/17/25	Bellarmino Open
4	Olga LAPUZOVA	FR	#6 South Plains (Texas)	15.79	3.50m	11-5¾	2/1/25	Texas Tech Stan Scott Memori
4	Madisyn WILLIAMS	FR	#11 Mesa (Ariz.) CC	15.79	3.50m	11-5¾	1/25/25	Paradise Valley CC "Indoor"
6	Bradie MEDINA	SO	#2 Cloud County (Kan.) C	11.58	3.42m	11-2½	2/1/25	Washburn Open & Multis
7	Kennedy KIZARR	SO	#14 Cowley (Kan.) {2}	10.44	3.37m	11-¾	2/1/25	Herm Wilson Invitational
8	Anna BROWN	FR	#11 Mesa (Ariz.) CC {2}	8.98	3.20m	10-6	1/25/25	Paradise Valley CC "Indoor"
8	Michaela CARNEY	SO	#24 Hagerstown (Md.) CC	8.98	3.20m	10-6	1/31/25	Larry Sharp Memorial
8	Mikaila BARAN	FR	Paradise Valley (Ariz.)	8.98	3.20m	10-6	2/1/25	Central Arizona "Indoor"
11	Alycea MCCOY	FR	#20 Hutchinson (Kan.) CC	5.82	3.12m	10-2¾	1/17/25	Washburn Rust Buster
12	Mackenzie ANDERSON	FR	Paradise Valley (Ariz.) {2}	4.71	3.05m	10-0	1/18/25	Puma "Indoor"
13	Grace BENDER	FR	#20 Hutchinson (Kan.) CC {2}	3.52	2.92m	9-7	2/1/25	Herm Wilson Invitational
14	Lauren ALLARD	SO	Glendale (Ariz.) CC	2.49	2.90m	9-6¼	1/25/25	Paradise Valley CC "Indoor"
14	Kayla VANDERFORD	SO	#24 Hagerstown (Md.) CC {2}	2.49	2.90m	9-6¼	1/18/25	Susquehanna River Hawk Invi
16	Brakelle MCBRIDE	FR	Paradise Valley (Ariz.) {3}	1.29	2.60m	8-6¼	1/18/25	Puma "Indoor"
16	Jordan NANTZ	FR	#11 Mesa (Ariz.) CC {3}	1.29	2.60m	8-6¼	1/18/25	Al Shirley Invitational
18	Lucia SANCHEZ SCRIVEN	SO	Harper (Ill.)	0.90	2.50m	8-2½	1/18/25	Pat Heenan Invitational
19	Grace HOLMES	SO	Finger Lakes (N.Y.) CC	0.80	2.45m	8-½	1/25/25	Highlander Invitational
19	Hannah DROEG	FR	#5 Pima (Ariz.) CC {2}	0.80	2.45m	8-½	1/25/25	Paradise Valley CC "Indoor"
21	Nicole CALOGERO		Mohawk Valley (N.Y.) C	0.60	2.30m	7-6½	1/25/25	St. Lawrence Invitational
21	Danielle BEARS	FR	Highland (Kan.) CC	0.60	2.30m	7-6½	1/25/25	NAIA / JUCO Invitational
21	Isabelle CULLENS	FR	#15 Coffeyville (Kan.) CC	0.60	2.30m	7-6½	1/25/25	NAIA / JUCO Invitational
21	Journey SANDER	FR	State Fair (Mo.)	0.60	2.30m	7-6½	1/18/25	Richard Alsup Open
25	Ava WHITES		Mohawk Valley (N.Y.) {2}	0.20	2.15m	7-½	1/25/25	St. Lawrence Invitational



## National TFRI Event Summary

## Women's Long Jump — 2025 Checkpoint #2, February 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Maeva GOUNE TIBBOLO	FR #7 Iowa Central CC	24.21	6.03m	19-9½	1/11/25	Battle in the Hive
2	Ruth AGADAMA	SO #6 South Plains (Texas)	20.90	5.88m	19-3½	1/30/25	Texas Tech Stan Scott Memori
3	Sydney ROQUEBRUN	SO #6 South Plains (Texas) {2}	18.46	5.83m	19-1½	2/1/25	Texas Tech Stan Scott Memori
4	Celine RIDDLE	FR #4 Barton (Kan.) CC	15.77	5.74m	18-10	1/25/25	NAIA / JUCO Invitational
5	Maylee THOMPSON	SO #5 Pima (Ariz.) CC	13.53	5.70mw	18-8½ (2.5)	1/17/25	Jim Mielke Memorial invitatio
6	Sakina UMAR	SO #3 Iowa Western CC	11.47	5.69m	18-8	1/18/25	Thane Baker Invitational
7	Chloe PERRYMAN	SO #4 Barton (Kan.) CC {2}	10.23	5.65m	18-6½	1/18/25	Thane Baker Invitational
8	Anijah JAMES	FR #16 Richard Bland (Va.)	8.99	5.61m	18-5	1/25/25	Keydet Invitational
9	Makayla WHITFIELD	FR Bismarck State (N.D.)	7.76	5.57m	18-3¼	1/18/25	Marauders Indoor Opener
10	Aalyiah LINTON	FR #21 Fort Scott (Kan.) CC	6.62	5.54m	18-2¼	2/1/25	Washburn Open & Multis
11	Kavel RITCHIE	SO #1 New Mexico JC	5.56	5.52m	18-1½	1/18/25	Texas Tech Corky Classic
12	Alexia LEWIS	SO Highland (Kan.) CC	4.38	5.46m	17-11	1/25/25	NAIA / JUCO Invitational
13	Jocelyn NUNEZ	FR State Fair (Mo.)	3.28	5.43m	17-9¾	1/24/25	Central Missouri Invitational
14	Alexia ANDERSON	SO Bismarck State (N.D.) {2}	2.22	5.41m	17-9	1/25/25	U-Mary Winter Classic
15	Dymonde NAVE	SO #13 Indian Hills (Iowa) CC	1.69	5.40m	17-8¾	1/25/25	Larry Wiczorek Invitational
16	Brinel THOMAS	FR #23 Monroe-New Rochelle	1.41	5.39m	17-8¼	1/25/25	Dr. Sander Scorchner
17	Kymia BRIDGETT	FR #4 Barton (Kan.) CC {3}	1.13	5.38m	17-8	1/18/25	Thane Baker Invitational
18	Azariah DAWES	FR #20 Hutchinson (Kan.) CC	0.97	5.36m	17-7	2/1/25	Herm Wilson Invitational
19	Zekira SNOW	SO #13 Indian Hills (Iowa) CC {2}	0.84	5.35m	17-6¾	1/25/25	Larry Wiczorek Invitational
20	Jaden MILLER	FR Lake-Sumter State (Fl)	0.71	5.34m	17-6¼	1/25/25	RADD College Invitational
21	Shyla COOPER	FR #16 Richard Bland (Va.) {2}	0.60	5.33m	17-6	1/12/25	VCU Ram Indoor Invitational
22	Alyssa WONDERCHECK	FR Hawkeye (Iowa) CC	0.50	5.32m	17-5½	1/11/25	Battle in the Hive
23	Nele GOESL	FR #2 Cloud County (Kan.) C	0.40	5.31m	17-5¼	1/18/25	Thane Baker Invitational
24	Ella HOMAWOO	FR #7 Iowa Central CC {2}	0.30	5.29m	17-4¼	1/11/25	Battle in the Hive
25	Halima BIGGS	FR Hawkeye (Iowa) CC {2}	0.20	5.28m	17-4	2/1/25	Spartan Shootout
26	Taeja BARTEE	FR #3 Iowa Western CC {2}	0.15	5.25m	17-2¾	1/18/25	Thane Baker Invitational
27	Sara JACOBSON	SR #11 Mesa (Ariz.) CC	0.13	5.22mA	17-1½	1/31/25	Ron Mann Classic
28	Ciarra MOORE	SO #16 Richard Bland (Va.) {3}	0.10	5.19m	17-½	12/8/24	Christopher Newport Holiday
29	Mercy HONESTY	SO #3 Iowa Western CC {3}	0.08	5.17m	16-11½	1/24/25	Cyclone Open
30	Makiya MOSLEY	FR #4 Barton (Kan.) CC {4}	TM-4	5.16m	16-11¼	1/25/25	NAIA / JUCO Invitational
31	Sophia RODRIQUEZ	FR #1 New Mexico JC {2}	0.04	5.15mA	16-10¾	1/25/25	Dr. Martin Luther King, Jr. Invi
32	Michaelyn FISHER	FR #16 Richard Bland (Va.) {4}	TM-4	5.11m	16-9¼	1/12/25	VCU Ram Indoor Invitational
33	Layla KONSKI	FR #5 Pima (Ariz.) CC {2}	0.02	5.10m	#Error	1/17/25	Jim Mielke Memorial invitatio
33	Hannah DROEG	FR #5 Pima (Ariz.) CC {2}	0.02	5.10m	#Error	1/17/25	Jim Mielke Memorial invitatio
33	Yaya MORENO	SO #20 Hutchinson (Kan.) CC {2}	0.02	5.10m	16-8¾	2/1/25	Herm Wilson Invitational



## National TFRI Event Summary

## Women's Triple Jump — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Mercy HONESTY	SO	#3 Iowa Western CC	25.61	12.83m	42-1¼	1/18/25	Thane Baker Invitational
2	Celine RIDDLE	FR	#4 Barton (Kan.) CC	21.32	12.20m	40-½	1/18/25	Thane Baker Invitational
3	Ciarra MOORE	SO	#16 Richard Bland (Va.)	17.65	11.74m	38-6¼	12/8/24	Christopher Newport Holiday
4	Paola BEHILE	FR	#7 Iowa Central CC	15.58	11.72m	38-5½	1/11/25	Battle in the Hive
5	Sophia RODRIQUEZ	FR	#1 New Mexico JC	13.54	11.71m	38-5	2/1/25	Texas Tech Stan Scott Memori
6	Janita ANTIPINA	FR	#1 New Mexico JC {2}	11.44	11.68m	38-4	1/18/25	Texas Tech Corky Classic
7	Sakina UMAR	SO	#3 Iowa Western CC {2}	9.98	11.52m	37-9½	1/24/25	Cyclone Open
8	Kavel RITCHIE	SO	#1 New Mexico JC {3}	8.85	11.47m	37-7¾	1/17/25	Texas Tech Corky Classic
9	Kymia BRIDGETT	FR	#4 Barton (Kan.) CC {2}	7.80	11.45m	37-6¾	1/25/25	NAIA / JUCO Invitational
10	Isabelle CULLENS	FR	#15 Coffeyville (Kan.) CC	6.56	11.35m	37-3	1/17/25	Arkansas Invitational
11	Shanaya HINTON	FR	Marion Military Institu	5.55	11.34m	37-2½	2/1/25	Tiger Indoor Invitational
12	Alexia ANDERSON	SO	Bismarck State (N.D.)	4.38	11.20m	36-9	1/18/25	Marauders Indoor Opener
13	Shyla COOPER	FR	#16 Richard Bland (Va.) {2}	3.24	11.09m	36-4¾	12/8/24	Christopher Newport Holiday
14	Aalyiah LINTON	FR	#21 Fort Scott (Kan.) CC	2.20	11.06m	36-3½	1/18/25	Bumble Rumble
15	Nele GOESL	FR	#2 Cloud County (Kan.) C	1.65	11.02m	36-2	2/1/25	Washburn Open & Multis
16	Azariah DAWES	FR	#20 Hutchinson (Kan.) CC	1.39	11.01m	36-1½	2/1/25	Herm Wilson Invitational
17	Ashanti PATTON	SO	Meridian (Miss.) CC	1.00	10.89m	35-8¾	1/18/25	Samford January Open
18	Makayla WHITFIELD	FR	Bismarck State (N.D.) {2}	0.90	10.87m	35-8	12/7/24	Mike Thorson Open
19	Erin SMITH	SO	#16 Richard Bland (Va.) {3}	0.80	10.85m	35-7¼	1/31/25	Marlin Invitational
20	Tatiana WHITE	FR	#5 Pima (Ariz.) CC	0.70	10.81m	#Error	1/25/25	Paradise Valley CC "Indoor"
21	Anna WASHBURN	FR	#15 Coffeyville (Kan.) CC {2}	0.60	10.79m	35-4¾	1/25/25	NAIA / JUCO Invitational
22	Dedra WOOD	FR	Bismarck State (N.D.) {3}	0.50	10.77m	35-4	1/18/25	Marauders Indoor Opener
23	Elfie SANOGO	FR	#3 Iowa Western CC {3}	0.40	10.70m	35-1¼	1/24/25	Cyclone Open
24	Jaden MILLER	FR	Lake-Sumter State (Fl)	0.30	10.66m	34-11¾	1/18/25	Jimmy Carnes Invitational Col
25	Oyindamola ADETUTU	SO	Glendale (Ariz.) CC	0.20	10.56m	#Error	1/25/25	Paradise Valley CC "Indoor"
26	Erin MABRY	FR	#11 Mesa (Ariz.) CC	0.15	10.48m	#Error	1/18/25	Al Shirley Invitational
27	Journey SANDER	FR	State Fair (Mo.)	0.13	10.25m	33-7½	1/11/25	Redhawks Invitational
28	Natalia POCICA	SO	Harper (Ill.)	0.10	10.23m	33-6¾	1/31/25	Walter Cramer Invitational
29	Riannon ST. CLAIR	SO	#14 Cowley (Kan.)	0.08	10.01m	32-10¼	2/1/25	Herm Wilson Invitational
30	Alycia MCKOY		Mohawk Valley (N.Y.) C	0.05	9.90m	32-5¾	1/25/25	St. Lawrence Invitational
31	Lucia SANCHEZ SCRIVEN	SO	Harper (Ill.) {2}	0.04	9.88m	32-5	1/18/25	Pat Heenan Invitational
32	Leah WRIGHT	FR	#22 Allen (Kan.) CC	0.03	9.82m	32-2¾	1/11/25	Friends First Chance Qualifier
33	Brooklyn VOMACKA	FR	#3 Iowa Western CC {4}	TM-4	9.77m	32-¾	1/24/25	Cyclone Open
34	Maggie ROWZE	FR	Sauk Valley (Ill.) CC	0.02	9.57m	31-4¾	1/25/25	Moco Mercer Open
35	Carli KOBEMAN	FR	Sauk Valley (Ill.) CC {2}	0.01	9.52m	31-2¾	12/7/24	Frigid Bee Invitational



## National TFRI Event Summary

## Women's Shot Put — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Esteisy SALAS	SO	#1 New Mexico JC	25.54	16.25m	53-3¾	2/1/25	Texas Tech Stan Scott Memori
2	Rejoice AGBEWODIE	SO	#10 Central Arizona	21.50	15.09m	49-6¼	2/1/25	Central Arizona "Indoor"
3	Sarai SIMPSON	SO	#3 Iowa Western CC	18.62	14.59m	47-10½	2/1/25	SDSU D2/NAIA Open
4	Chin-Loy RAYMOND	SO	#3 Iowa Western CC {2}	16.15	14.27m	46-10	1/11/25	Scott Nisely Memorial
5	Cierra GRAY	SO	#14 Cowley (Kan.)	13.65	13.86m	45-5¾	1/17/25	Washburn Rust Buster
6	Deisheline MAYER SCOTT	FR	#20 Hutchinson (Kan.) CC	11.37	13.63m	44-8¾	1/25/25	NAIA / JUCO Invitational
7	Janiel MONTAQUE	FR	#20 Hutchinson (Kan.) CC {2}	9.67	13.06m	42-10¼	2/1/25	Herm Wilson Invitational
8	Yosiris CORDOBA	SO	#1 New Mexico JC {2}	8.53	12.95m	42-6	2/1/25	Texas Tech Stan Scott Memori
9	Monifa EDWARDS	FR	#3 Iowa Western CC {3}	7.52	12.94m	42-5½	2/1/25	SDSU D2/NAIA Open
10	Zadie MACKEY	FR	#4 Barton (Kan.) CC	6.31	12.72m	41-8¾	1/18/25	Thane Baker Invitational
11	Cedricka WILLIAMS	SO	#4 Barton (Kan.) CC {2}	5.29	12.69m	41-7¾	2/1/25	Washburn Open & Multis
12	Kahllah BAILEY	FR	#6 South Plains (Texas)	4.27	12.65m	41-6	1/18/25	Texas Tech Corky Classic
13	Suerena ALEXANDER	FR	#6 South Plains (Texas) {2}	3.22	12.57m	41-3	2/1/25	Texas Tech Stan Scott Memori
14	Aiyanna GREEN	SO	#20 Hutchinson (Kan.) CC {3}	2.18	12.52m	41-1	2/1/25	Herm Wilson Invitational
15	Unitee BROWN	FR	#7 Iowa Central CC	1.60	12.39m	40-7¾	1/25/25	Jack Johnson Classic
16	Zuriya ROBINSON	SO	#7 Iowa Central CC {2}	1.33	12.35m	40-6¼	2/1/25	SDSU D2/NAIA Open
17	Lovely HIBBERT	FR	#3 Iowa Western CC {4}	TM-4	12.22m	40-1¼	1/18/25	Thane Baker Invitational
18	Olivia COX	FR	Sauk Valley (Ill.) CC	0.90	12.01m	39-5	12/14/24	Finals Week Invitational
19	Athilia PRYCE	FR	#1 New Mexico JC {3}	0.80	11.72mA	38-5½	1/25/25	Dr. Martin Luther King, Jr. Invi
20	Jamelia NICHOLAS	SO	#10 Central Arizona {2}	0.70	11.55m	37-10¾	2/1/25	Central Arizona "Indoor"
21	DeMya CAMPBELL	SO	#16 Richard Bland (Va.)	0.60	11.45m	37-6¾	12/8/24	Christopher Newport Holiday
22	Shaniece POWELL	FR	#15 Coffeyville (Kan.) CC	0.50	11.44m	37-6½	1/18/25	Thane Baker Invitational
23	Sara JACOBSON	SR	#11 Mesa (Ariz.) CC	0.40	11.43mA	37-6	1/31/25	Ron Mann Classic
24	Kailan MCEWEN	FR	Hawkeye (Iowa) CC	0.30	11.39m	37-4½	1/17/25	Jack Jennett Invitational
25	Shyla-Mae CONSTABLE	FR	#10 Central Arizona {3}	0.20	11.29m	37-½	1/18/25	Al Shirley Invitational
26	Nora HENRY	FR	Mineral Area (Mo.)	0.15	11.16m	36-7½	1/25/25	Illinois College Snow Bird Invit
27	Hadley WILSON	FR	#14 Cowley (Kan.) {2}	0.13	11.12m	36-5¾	1/17/25	Washburn Rust Buster
28	Tomi GALL	SO	Garden City (Kan.) CC	0.10	11.09m	36-4¾	1/25/25	NAIA / JUCO Invitational
29	Nichole ROBERTS	FR	Dawson (Mont.) CC	0.08	11.03m	36-2¼	12/7/24	Mike Thorson Open
30	Seioriana GLASS	SO	#11 Mesa (Ariz.) CC {2}	0.05	11.02m	36-2	1/18/25	Al Shirley Invitational
31	Alma CORDOVA	FR	#17 Colby (Kan.) CC	0.04	10.88m	35-8½	1/25/25	NAIA / JUCO Invitational
32	Gloria ANUAMADI	SO	Glendale (Ariz.) CC	0.03	10.62mA	34-10¼	1/31/25	Ron Mann Classic
33	Morgan MOSLEY	FR	#5 Pima (Ariz.) CC	0.02	10.44m	34-3	2/1/25	Central Arizona "Indoor"
34	Carmen SPEAR	FR	Paradise Valley (Ariz.)	0.02	10.31m	33-10	1/18/25	Puma "Indoor"
35	Raina MASSEY	SO	Marion Military Institu	0.01	10.30m	33-9½	1/19/25	KMS Indoor Invitational





## National TFRI Event Summary

## Women's Weight Throw — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Tania DA SILVA	SO	#1 New Mexico JC	27.16	20.82m	68-3¾	1/18/25	Texas Tech Corky Classic	
2	Rejoice AGBEWODIE	SO	#10 Central Arizona	21.48	18.08m	59-4	2/1/25	Central Arizona "Indoor"	
3	Cedricka WILLIAMS	SO	#4 Barton (Kan.) CC	18.58	17.41m	57-1½	1/25/25	NAIA / JUCO Invitational	
4	Zuriya ROBINSON	SO	#7 Iowa Central CC	16.12	17.00m	55-9¼	1/25/25	Jack Johnson Classic	
5	Shyla-Mae CONSTABLE	FR	#10 Central Arizona {2}	13.21	16.03m	52-7¼	2/1/25	Central Arizona "Indoor"	
6	Sarai SIMPSON	SO	#3 Iowa Western CC	10.79	15.59m	51-1¾	2/1/25	SDSU D2/NAIA Open	
7	Esteisy SALAS	SO	#1 New Mexico JC {2}	9.58	15.36m	50-4¾	1/18/25	Texas Tech Corky Classic	
8	Mercedes GLOVER	JR	#14 Cowley (Kan.)	8.48	15.26m	50-¾	2/1/25	Herm Wilson Invitational	
9	Mayce MCDONALD	SO	#14 Cowley (Kan.) {2}	7.32	15.06m	49-5	1/25/25	NAIA / JUCO Invitational	
10	Seioriana GLASS	SO	#11 Mesa (Ariz.) CC	6.27	14.97m	49-1½	1/25/25	Paradise Valley CC "Indoor"	
11	Athilia PRYCE	FR	#1 New Mexico JC {3}	5.25	14.93m	48-11¾	2/1/25	Texas Tech Stan Scott Memori	
12	Ana MANOUSARIDIS	SO	#15 Coffeyville (Kan.) CC	4.21	14.84m	48-8¼	1/18/25	Thane Baker Invitational	
13	Shaniece POWELL	FR	#15 Coffeyville (Kan.) CC {2}	3.19	14.80m	48-6¾	1/18/25	Thane Baker Invitational	
14	Aiyanna GREEN	SO	#20 Hutchinson (Kan.) CC	2.15	14.72m	48-3½	2/1/25	Herm Wilson Invitational	
15	Cierra GRAY	SO	#14 Cowley (Kan.) {3}	1.63	14.68m	48-2	1/25/25	NAIA / JUCO Invitational	
16	Hadley WILSON	FR	#14 Cowley (Kan.) {4}	TM-4	14.55m	47-9	1/17/25	Washburn Rust Buster	
17	Bree ROWE	SO	#14 Cowley (Kan.) {5}	TM-5	14.42m	47-3¾	1/17/25	Washburn Rust Buster	
18	Chin-Loy RAYMOND	SO	#3 Iowa Western CC {2}	0.90	14.39m	47-2½	1/24/25	Cyclone Open	
19	Zadie MACKEY	FR	#4 Barton (Kan.) CC {2}	0.80	14.20m	46-7¼	1/18/25	Thane Baker Invitational	
20	Janiel MONTAQUE	FR	#20 Hutchinson (Kan.) CC {2}	0.70	14.12m	46-4	2/1/25	Herm Wilson Invitational	
21	Deisheline MAYER SCOTT	FR	#20 Hutchinson (Kan.) CC {3}	0.60	13.94m	45-9	2/1/25	Herm Wilson Invitational	
22	Morgan MOSLEY	FR	#5 Pima (Ariz.) CC	0.50	13.92m	45-8	1/25/25	Paradise Valley CC "Indoor"	
23	Tomi GALL	SO	Garden City (Kan.) CC	0.40	13.47m	44-2½	1/11/25	Friends First Chance Qualifier	
24	Brinley LENSCH	FR	Paradise Valley (Ariz.)	0.30	13.37m	43-10½	1/25/25	Paradise Valley CC "Indoor"	
25	McKayla KUPLICKI	SO	#15 Coffeyville (Kan.) CC {3}	0.20	13.01m	42-8¼	1/18/25	Thane Baker Invitational	
26	Lovely HIBBERT	FR	#3 Iowa Western CC {3}	0.15	12.94m	42-5½	1/11/25	Scott Nisely Memorial	
27	Jaeleigha ABALOS	FR	Paradise Valley (Ariz.) {2}	0.13	12.93m	42-5¼	2/1/25	Central Arizona "Indoor"	
28	Alma CORDOVA	FR	#17 Colby (Kan.) CC	0.10	12.71m	41-8½	1/18/25	Thane Baker Invitational	
29	Vivica ADDISON	SO	#2 Cloud County (Kan.) C	0.08	12.59m	41-3¾	2/1/25	Herm Wilson Invitational	
30	Olivia COX	FR	Sauk Valley (Ill.) CC	0.05	12.55m	41-2¼	12/14/24	Finals Week Invitational	
31	Jamelia NICHOLAS	SO	#10 Central Arizona {3}	0.04	12.51m	41-½	2/1/25	Central Arizona "Indoor"	
32	Cynthia ALBERT	FR	#13 Indian Hills (Iowa) CC	0.03	12.50m	41-¼	1/25/25	Larry Wiecezorek Invitational	
32	Katie COOK	FR	#14 Cowley (Kan.) {6}	TM-6	12.50m	41-¼	1/17/25	Washburn Rust Buster	
34	Margherita SALA	SO	#2 Cloud County (Kan.) {2}	0.02	12.43m	40-9½	1/25/25	NAIA / JUCO Invitational	
35	Amoni EVANS	FR	#14 Cowley (Kan.) {7}	TM-7	12.30m	40-4¼	1/25/25	NAIA / JUCO Invitational	



## National TFRI Event Summary

## Women's Pentathlon — 2025 Checkpoint #2, February 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Abril OKON	SO	#6 South Plains (Texas)	23.49	3,313c	(3313A)	2/1/25	Texas Tech Stan Scott Memori
2	Sara JACOBSON	SR	#11 Mesa (Ariz.) CC	21.03	3,232		1/17/25	Jim Mielke Memorial invitatio
3	Maylee THOMPSON	SO	#5 Pima (Ariz.) CC	18.38	3,115		1/17/25	Jim Mielke Memorial invitatio
4	Tahlia LIENERT	FR	#2 Cloud County (Kan.) C	15.72	2,963		2/1/25	Washburn Open & Multis
5	Hannah DROEG	FR	#5 Pima (Ariz.) CC {2}	13.62	2,939		1/17/25	Jim Mielke Memorial invitatio
6	Ella HOMAWOOD	FR	#7 Iowa Central CC	11.34	2,869		1/25/25	Jack Johnson Classic
7	Eden BROUWERS	FR	#7 Iowa Central CC {2}	10.20	2,833		1/25/25	Jack Johnson Classic
8	Juwonna WHITEHORN	FR	#6 South Plains (Texas) {2}	9.14	2,818c	(2818A)	2/1/25	Texas Tech Stan Scott Memori
9	Arriana JOHNSON	SO	#13 Indian Hills (Iowa) CC	8.01	2,783		2/1/25	Washburn Open & Multis
10	Tatum MATHENY	FR	#11 Mesa (Ariz.) CC {2}	6.76	2,667		1/17/25	Jim Mielke Memorial invitatio
11	Emmanuella SQUIRE	SO	#21 Fort Scott (Kan.) CC	5.70	2,638		2/1/25	Washburn Open & Multis
12	Jakouria JAMERSON	SO	#21 Fort Scott (Kan.) CC {2}	4.61	2,597		2/1/25	Washburn Open & Multis
13	Layla KONSKI	FR	#5 Pima (Ariz.) CC {3}	3.50	2,547		1/17/25	Jim Mielke Memorial invitatio
14	Carlie CARLGREN	FR	#2 Cloud County (Kan.) {2}	2.25	2,432		2/1/25	Washburn Open & Multis
15	Jillian HULSING	SO	Sauk Valley (Ill.) CC	1.71	2,414		1/25/25	Fighting Bee Invite
16	Tyler WASHINGTON	SO	#5 Pima (Ariz.) CC {4}	TM-4	2,342		1/17/25	Jim Mielke Memorial invitatio
17	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	1.00	2,278		2/1/25	Herm Wilson Invitational
18	Tasha WILLIAMS	SO	Hawkeye (Iowa) CC	0.90	2,166		1/25/25	Fighting Bee Invite
19	Jazz DILWORTH	SO	#21 Fort Scott (Kan.) CC {3}	0.80	1,948		2/1/25	Washburn Open & Multis
20	Emer MCAULIFFE	FR	Hawkeye (Iowa) CC {2}	0.70	1,271		1/25/25	Fighting Bee Invite