



National TFRI Event Summary

Women's 60 Meters — 2025 Checkpoint #3, February 11

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Anita AFRIFA	SO #17 Colby (Kan.) CC	23.26	7.30	1/18/25 Thane Baker Invitational
2	Keliza SMITH	SO #4 Barton (Kan.) CC	20.90	7.33	1/18/25 Thane Baker Invitational
3	Maimuna JALLOW	FR #2 Cloud County (Kan.) C	18.66	7.35	1/25/25 NAIA / JUCO Invitational
4	Zariah GREAVES	FR #5 Iowa Central CC	15.50	7.46	2/8/25 Frank Sevigne Husker Invitati
5	Kamaria KNIGHT	SO #1 New Mexico JC	13.11	7.51c (7.49A)	2/1/25 Texas Tech Stan Scott Memor
5	Royanah FARMER	SO #18 Coffeyville (Kan.) CC	13.11	7.51	2/1/25 Washburn Open & Multis
7	Adetutu ALADELOYE	SO #24 Allen (Kan.) CC	9.80	7.55	2/8/25 Bearcat Invite
7	Destiny MITCHELL	SO #14 Indian Hills (Iowa) CC	9.80	7.55	2/8/25 Iowa State Classic
7	Serena GRACE	FR #3 Iowa Western CC	9.80	7.55	1/11/25 Scott Nisely Memorial
7	Mickayla GARDENER	FR #9 Central Arizona	9.80	7.55 #Error	2/8/25 Gaucho "Indoor"
11	La'Nica LOCKER	SO #12 Hinds (Miss.) CC	5.73	7.56	2/8/25 UAB Green and Gold Invitatio
12	Nandy KIHUYU	SO #1 New Mexico JC {2}	2.65 D	7.57c (7.55A)	2/1/25 Texas Tech Stan Scott Memor
12	Kayveonna JACKSON	SO #24 Allen (Kan.) CC {2}	4.65	7.57	2/1/25 Washburn Open & Multis
14	Ruth AGADAMA	SO #7 South Plains (Texas)	2.50	7.59c (7.57A)	1/18/25 Texas Tech Corky Classic
15	Avia LANE	FR #14 Indian Hills (Iowa) CC {2}	1.92	7.60	12/14/24 Iowa State Holiday Invitation
16	Christiana BOYD	FR #11 Western Texas	1.60	7.61c (7.59A)	2/1/25 Texas Tech Stan Scott Memor
17	Linya GEDEON	SO #18 Coffeyville (Kan.) CC {2}	1.27	7.62	1/17/25 Arkansas Invitational
17	Zekira SNOW	SO #14 Indian Hills (Iowa) CC {3}	1.27	7.62	2/8/25 Iowa State Classic
19	Shanteria WASHINGTON	SO Highland (Kan.) CC	0.97	7.64	2/8/25 Bearcat Invite
20	Priviladge BOWER	FR Bismarck State (N.D.)	0.84	7.65	12/7/24 Mike Thorson Open
21	Trinity MONTGOMERY	SO #12 Hinds (Miss.) CC {2}	0.70	7.66	2/8/25 UAB Green and Gold Invitatio
22	Kayda AUSTIN	FR #4 Barton (Kan.) CC {2}	0.53	7.68	1/25/25 NAIA / JUCO Invitational
23	Judith KOUMEDZINA	SO #3 Iowa Western CC {2}	0.40	7.69	2/8/25 Bearcat Invite
24	Ranayla MOTEN	FR #24 Allen (Kan.) CC {3}	0.30	7.72	2/1/25 Washburn Open & Multis
24	Aniya SUKU	FR Bryant & Stratton (Va.	0.30	7.72	1/31/25 Marlin Invitational
26	Beatrice BOAKYE	FR #17 Colby (Kan.) CC {2}	0.15	7.73	1/18/25 Thane Baker Invitational
27	Michaelyn FISHER	FR #16 Richard Bland (Va.)	0.13	7.74	12/8/24 Christopher Newport Holiday
28	Asharria ULETT	FR #4 Barton (Kan.) CC {3}	0.10	7.75	1/25/25 NAIA / JUCO Invitational
29	Mekhila SANDERS	FR Garden City (Kan.) CC	0.08	7.78	2/1/25 Washburn Open & Multis
30	Chasity RAYFORD	FR Ranger (Texas)	0.05	7.79	2/8/25 FasTrak Collegiate Qualifier
30	Ritorion VIGNE	SO #12 Hinds (Miss.) CC {3}	0.05	7.79	2/8/25 UAB Green and Gold Invitatio
32	Nakirsten HUGHES	FR Meridian (Miss.) CC	0.03	7.80	1/18/25 Samford January Open
33	Falicia AWUDI	FR #17 Colby (Kan.) CC {3}	0.02	7.81	1/25/25 NAIA / JUCO Invitational
33	Alexia LEWIS	SO Highland (Kan.) CC {2}	0.02	7.81	1/25/25 NAIA / JUCO Invitational
33	Keyonna MCGILL	SO Cuyahoga (Ohio) CC	0.02	7.81	1/18/25 Muskie Meet #1
33	Takelia WILLIAMS	FR #4 Barton (Kan.) CC {4}	TM-4	7.81	1/25/25 NAIA / JUCO Invitational



National TFRI Event Summary

Women's 60 Meter Hurdles — 2025 Checkpoint #3, February 11

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Dymonde NAVE	SO #14 Indian Hills (Iowa) CC	23.15	8.43	2/1/25 Washburn Open & Multis
2	Asharria ULETT	FR #4 Barton (Kan.) CC	20.77	8.48c (8.48A)	2/1/25 Texas Tech Stan Scott Memor
3	Lovina EWUSI	SO #11 Western Texas	18.31	8.54c (8.54A)	1/18/25 Texas Tech Corky Classic
4	Brieanna BOYCE	SO #11 Western Texas {2}	16.09	8.57	2/8/25 Charlie Thomas Invitational
5	Seanna GAYE-LESLIE	FR #12 Hinds (Miss.) CC	13.50	8.66	2/8/25 UAB Green and Gold Invitatio
6	Rashema LINDO	FR #7 South Plains (Texas)	11.31	8.70c (8.70A)	2/1/25 Texas Tech Stan Scott Memor
7	Chenessa DAVIS	SO #2 Cloud County (Kan.) C	10.26	8.71	1/25/25 NAIA / JUCO Invitational
8	Ty'yanah ADAMS	FR #4 Barton (Kan.) CC {2}	9.21	8.72	1/25/25 NAIA / JUCO Invitational
9	Linya GEDEON	SO #18 Coffeyville (Kan.) CC	8.01	8.76	1/18/25 Thane Baker Invitational
10	Tumi SANYAOLU	FR #7 South Plains (Texas) {2}	6.87	8.79c (8.79A)	2/1/25 Texas Tech Stan Scott Memor
11	Janae DAWES	FR #11 Western Texas {3}	5.56	8.90	2/8/25 Charlie Thomas Invitational
12	Aleisha CLARKE	FR #20 Monroe-New Rochelle	4.51	8.92	2/1/25 John Thomas Terrier Classic
13	Dedra WOOD	FR Bismarck State (N.D.)	3.35	8.99	2/8/25 NDSU Bison Open
14	Jada HATCHER	FR #16 Richard Bland (Va.)	2.32	9.00	12/8/24 Christopher Newport Holiday
15	Damaria BELL	FR #22 Fort Scott (Kan.) CC	1.78	9.02	2/1/25 Washburn Open & Multis
16	Kaelyn GIARRUSSO	SO Glendale (Ariz.) CC	1.46	9.05 #Error	2/8/25 Gaucho "Indoor"
17	Ma-Avian WILLIAMS	SO Essex County (N.J.)	1.09	9.10	1/17/25 NYC Gotham Cup
18	Tahlia LIENERT	FR #2 Cloud County (Kan.) {2}	0.97	9.11	2/8/25 Frank Sevigne Husker Invitati
19	Aliyah GIDHARRY	SO #9 Central Arizona	0.85	9.12 #Error	2/1/25 Central Arizona "Indoor"
19	Shyla COOPER	FR #16 Richard Bland (Va.) {2}	0.85	9.12	1/25/25 Keydet Invitational
21	Anijah JAMES	FR #16 Richard Bland (Va.) {3}	0.63	9.13	12/8/24 Christopher Newport Holiday
22	Olivia LEATHERMAN	FR Dodge City (Kan.) CC	0.50	9.15	1/18/25 Richard Alsup Open
23	Paula ORUSEDE	SO Essex County (N.J.) {2}	0.40	9.16	1/17/25 NYC Gotham Cup
24	Kadina DEEBLE	FR Essex County (N.J.) {3}	0.30	9.18	1/17/25 NYC Gotham Cup
25	Alexia WALKER	FR #4 Barton (Kan.) CC {3}	0.20	9.19	1/25/25 NAIA / JUCO Invitational
26	DiaMonae THOMAS	SO Highland (Kan.) CC	0.15	9.21	2/8/25 Bearcat Invite
27	Nanhi PANNU	FR #2 Cloud County (Kan.) {3}	0.13	9.22	1/18/25 Thane Baker Invitational
28	Juwonna WHITEHORN	FR #7 South Plains (Texas) {3}	0.10	9.26c (9.26A)	2/1/25 Texas Tech Stan Scott Memor
29	Abril OKON	SO #7 South Plains (Texas) {4}	TM-4	9.27c (9.27A)	2/1/25 Texas Tech Stan Scott Memor
30	Hannah DROEG	FR #6 Pima (Ariz.) CC	0.05	9.30 #Error	2/1/25 Central Arizona "Indoor"
31	Dekanya WEBB	FR #17 Colby (Kan.) CC	0.04	9.34	2/1/25 Washburn Open & Multis
32	Sara JACOBSON	SR #13 Mesa (Ariz.) CC	0.03	9.40c (9.40A)	1/31/25 Ron Mann Classic
33	Zoe ALLEN	FR #25 Vincennes (Ind.)	0.02	9.42	1/24/25 PNC Bank Bellarmine Classic
34	Arriana JOHNSON	SO #14 Indian Hills (Iowa) CC {2}	0.02	9.44	12/14/24 Iowa State Holiday Invitation
35	Hannah QUANG	FR #5 Iowa Central CC	0.01	9.49	2/8/25 Iowa State Classic



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #3, February 11

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Anita AFRIFA	SO #17 Colby (Kan.) CC	24.48	23.28	2/7/25 Steve Miller Invitational
2	Maimuna JALLOW	FR #2 Cloud County (Kan.) C	21.09	23.69	2/1/25 Washburn Open & Multis
3	La'Nica LOCKER	SO #12 Hinds (Miss.) CC	18.21	23.96	2/8/25 UAB Green and Gold Invitatio
4	Nandy KIHUYU	SO #1 New Mexico JC	15.66	24.13c (24.06A)	2/1/25 Texas Tech Stan Scott Memor
5	Adetutu ALADELOYE	SO #24 Allen (Kan.) CC	13.14	24.34	2/1/25 Washburn Open & Multis
6	Rafiatu NUHU	SO #2 Cloud County (Kan.) CC	3.07 D	24.37	2/1/25 Washburn Open & Multis
7	Keliza SMITH	SO #4 Barton (Kan.) CC	10.01	24.40 OT	1/25/25 NAIA / JUCO Invitational
8	Charlize FRASER	FR #11 Western Texas	8.88	24.46c (24.39A)	1/25/25 Dr. Martin Luther King, Jr. Invi
9	Jayla WERTS	SO #16 Richard Bland (Va.)	7.78	24.51	2/8/25 VMI Winter Classic
10	Kamaria KNIGHT	SO #1 New Mexico JC {2}	6.67	24.56c (24.49A)	2/1/25 Texas Tech Stan Scott Memor
11	Royanah FARMER	SO #18 Coffeyville (Kan.) CC	5.53	24.63	2/7/25 Steve Miller Invitational
12	Kenyatta GRATE	SO #14 Indian Hills (Iowa) CC	4.43	24.68	1/18/25 Graduate Classic
12	Kayda AUSTIN	FR #4 Barton (Kan.) CC {2}	4.43	24.68c (24.61A)	2/1/25 Texas Tech Stan Scott Memor
14	Mickayla GARDENER	FR #9 Central Arizona	2.30	24.78 #Error	2/8/25 Gaucho "Indoor"
15	Serena GRACE	FR #3 Iowa Western CC	1.79	24.79 OT	2/1/25 SDSU D2/NAIA Open
16	Ruth AGADAMA	SO #7 South Plains (Texas)	1.50	24.82c (24.75A)	1/18/25 Texas Tech Corky Classic
17	Kettia AMBROSE	SO #20 Monroe-New Rochelle	1.24	24.83	2/1/25 John Thomas Terrier Classic
18	Tuwana MCLEAN	FR #1 New Mexico JC {3}	1.08	24.89c (24.82A)	1/25/25 Dr. Martin Luther King, Jr. Invi
19	Nyla NORMAN	SO #14 Indian Hills (Iowa) CC {2}	0.93	24.94	12/7/24 Washburn Alumni Invitational
19	Zariah GREAVES	FR #5 Iowa Central CC	0.93	24.94 OT	2/1/25 SDSU D2/NAIA Open
21	Kayveonna JACKSON	SO #24 Allen (Kan.) CC {2}	0.66	25.01	2/1/25 Washburn Open & Multis
22	Zekira SNOW	SO #14 Indian Hills (Iowa) CC {3}	0.52	25.05 OT	12/14/24 Iowa State Holiday Invitation
23	Ranayla MOTEN	FR #24 Allen (Kan.) CC {3}	0.41	25.06	2/8/25 Bearcat Invite
24	Shagay SHEPPY	FR #11 Western Texas {2}	0.30	25.08	2/8/25 Charlie Thomas Invitational
25	Amiyanee HARRIS	SO #9 Central Arizona {2}	0.20	25.12 #Error	2/1/25 Central Arizona "Indoor"
26	Ivana ODONKOR	SO #22 Fort Scott (Kan.) CC	0.15	25.14c (25.53f)	1/18/25 Bumble Rumble
27	T'Anna LIBURD	SO #9 Central Arizona {3}	0.13	25.17 #Error	1/25/25 Paradise Valley CC "Indoor"
28	Christiana BOYD	FR #11 Western Texas {3}	0.10	25.28c (25.21A)	1/25/25 Dr. Martin Luther King, Jr. Invi
28	Laurie LOUIS	SO #14 Indian Hills (Iowa) CC {4}	TM-4	25.28 OT	12/14/24 Iowa State Holiday Invitation
30	Brinel THOMAS	FR #20 Monroe-New Rochelle {2}	0.05	25.29	2/1/25 John Thomas Terrier Classic
30	Crystal CHAMBERS	SO #22 Fort Scott (Kan.) CC {2}	0.05	25.29	2/1/25 Washburn Open & Multis
30	Jayden PIPER	FR #22 Fort Scott (Kan.) CC {2}	0.05	25.29c (25.68f)	1/18/25 Bumble Rumble
33	Tierra WILLIAMS	FR #18 Coffeyville (Kan.) CC {2}	0.02	25.30	2/1/25 Washburn Open & Multis
33	Dayjonique CATO	SO #22 Fort Scott (Kan.) CC {4}	TM-4	25.30 OT	1/25/25 NAIA / JUCO Invitational
35	Nalicia GLEN	FR #1 New Mexico JC {4}	TM-4	25.32c (25.25A)	2/1/25 Texas Tech Stan Scott Memor



National TFRI Event Summary

Women's 400 Meters — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Rafiatu NUHU	SO	#2 Cloud County (Kan.) C	23.50	54.72	2/8/25	Frank Sevigne Husker Invitati
2	Nandy KIHUYU	SO	#1 New Mexico JC	21.40	54.79c	(54.68A) 2/1/25	Texas Tech Stan Scott Memor
3	Natasha FOX	FR	#4 Barton (Kan.) CC	17.71	56.04c	(55.93A) 2/1/25	Texas Tech Stan Scott Memor
4	Queen USUNOBUN	FR	#12 Hinds (Miss.) CC	15.62	56.11	2/8/25	UAB Green and Gold Invitatio
5	Twyshanna HUIE	SO	#12 Hinds (Miss.) CC {2}	13.46	56.23	2/8/25	UAB Green and Gold Invitatio
6	Jayla WERTS	SO	#16 Richard Bland (Va.)	11.40	56.28	1/31/25	Marlin Invitational
7	Janae DAWES	FR	#11 Western Texas	10.03	56.56	2/8/25	Charlie Thomas Invitational
8	T'Anna LIBURD	SO	#9 Central Arizona	8.86	56.74	1/18/25	Al Shirley Invitational
9	Brieanna BOYCE	SO	#11 Western Texas {2}	7.85	56.75c	(56.64A) 1/25/25	Dr. Martin Luther King, Jr. Invi
10	Lovina EWUSI	SO	#11 Western Texas {3}	6.82	56.78	2/8/25	Charlie Thomas Invitational
11	Kettia AMBROSE	SO	#20 Monroe-New Rochelle	5.64	56.99	1/25/25	Dr. Sander Scorchner
12	Tuwana MCLEAN	FR	#1 New Mexico JC {2}	4.57	57.08c	(56.97A) 2/1/25	Texas Tech Stan Scott Memor
13	Caydence BREWER	SO	#12 Hinds (Miss.) CC {3}	3.27	57.54	2/8/25	UAB Green and Gold Invitatio
14	Mickayla GARDENER	FR	#9 Central Arizona {2}	2.26	57.56	2/1/25	Central Arizona "Indoor"
15	Laurie LOUIS	SO	#14 Indian Hills (Iowa) CC	1.76	57.58 OT	12/14/24	Iowa State Holiday Invitation
16	Tierra WILLIAMS	FR	#18 Coffeyville (Kan.) CC	1.49	57.61	2/1/25	Washburn Open & Multis
16	Bianca GLEIM	SO	Dodge City (Kan.) CC	1.49	57.61cu	(58.79u) 1/31/25	Charlie Foster Classic
18	Shagay SHEPPY	FR	#11 Western Texas {4}	TM-4	57.68	2/8/25	Charlie Thomas Invitational
19	Amalinaly PEMBERTON	SO	#18 Coffeyville (Kan.) CC {2}	0.97	57.78 OT	1/25/25	NAIA / JUCO Invitational
20	Ala' Jah BROOKS	SO	#24 Allen (Kan.) CC	0.85	57.82	2/8/25	Bearcat Invite
21	Narissa MCPHERSON	FR	#4 Barton (Kan.) CC {2}	0.71	57.92c	(57.81A) 2/1/25	Texas Tech Stan Scott Memor
22	Kimberly BAKER	SO	Essex County (N.J.)	0.60	57.95	1/31/25	Metropolitan Championships
23	Nyla NORMAN	SO	#14 Indian Hills (Iowa) CC{2}	0.47	58.02 OT	12/14/24	Iowa State Holiday Invitation
24	Alexa ZANDERS	FR	#14 Indian Hills (Iowa) CC{3}	0.32	58.15 OT	1/24/25	Cyclone Open
25	Mechak Linda BULA BULA	FR	#5 Iowa Central CC	0.20	58.44 OT	2/8/25	Iowa State Classic
26	Breshauna MILLER	FR	#16 Richard Bland (Va.) {2}	0.15	58.49	1/25/25	Keydet Invitational
26	Keyonna MCGILL	SO	Cuyahoga (Ohio) CC	0.15	58.49 OT	2/8/25	Jud Logan Light Giver Collegi
28	Kialia CLAIBORNE	SO	#4 Barton (Kan.) CC {3}	0.10	58.60 OT	1/25/25	NAIA / JUCO Invitational
29	T'kyla BENNETT	SO	#12 Hinds (Miss.) CC {4}	TM-4	58.62c	(59.39f) 1/17/25	Purple Tiger Invitational
30	Dhakiya BLAKE	SO	#18 Coffeyville (Kan.) CC {3}	0.05	58.64 OT	1/25/25	NAIA / JUCO Invitational
31	Ja'Kheria KELSER	FR	#18 Coffeyville (Kan.) CC {4}	TM-4	58.73	1/17/25	Arkansas Invitational
32	Ellie LOGSDON	SO	DuPage (Ill.)	0.03	59.03 OT	2/8/25	GVSU Mike Lints Alumni Open
33	Aaliyah MORGAN	FR	Essex County (N.J.) {2}	0.02	59.36	1/31/25	Metropolitan Championships
34	Nour RAHOU	FR	#7 South Plains (Texas)	0.02	59.37c	(59.26A) 2/1/25	Texas Tech Stan Scott Memor
35	Alfrenique KNOWLES	FR	Ranger (Texas)	0.01	59.39	12/7/24	Washburn Alumni Invitational



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Amal KACHOURI	FR	#1 New Mexico JC	23.13	2:10.41c	(2:11.14A)	1/25/25	Dr. Martin Luther King, Jr. Invi
2	Nontokozo NCUBE	SO	#2 Cloud County (Kan.) C	21.05	2:10.58		2/8/25	Frank Sevigne Husker Invitati
3	Shone WALTERS	SO	#4 Barton (Kan.) CC	18.07	2:12.85 OT		1/25/25	NAIA / JUCO Invitational
4	Jody ANN MITCHELL	SO	#1 New Mexico JC {2}	15.73	2:13.65c	(2:14.40A)	1/25/25	Dr. Martin Luther King, Jr. Invi
5	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) {2}	3.61	2:13.93 OT		1/25/25	NAIA / JUCO Invitational
6	Rafiatu NUHU	SO	#2 Cloud County (Kan.) {3}	11.36	2:14.70		2/1/25	Washburn Open & Multis
7	Mercy ANGAAMCHAAB	SO	#2 Cloud County (Kan.) {4}	TM-4	2:15.92		2/1/25	Washburn Open & Multis
8	Angeline ESTRADA	SO	#3 Iowa Western CC	8.94	2:16.23 OT		2/1/25	SDSU D2/NAIA Open
9	Emilly SILVA	SO	#1 New Mexico JC {3}	7.87	2:16.48c	(2:17.24A)	1/25/25	Dr. Martin Luther King, Jr. Invi
10	Attoya HARVEY	SO	#20 Monroe-New Rochelle	6.75	2:16.93		2/1/25	John Thomas Terrier Classic
11	Kaydeen JOHNSON	FR	#8 Odessa (Texas)	5.65	2:17.28c	(2:17.67A)	1/18/25	Texas Tech Corky Classic
12	Grace KOMBETTO	SO	#9 Central Arizona	4.65	2:17.30		2/8/25	Gaucha "Indoor"
13	Reatta DANOFF	SO	#6 Pima (Ariz.) CC	3.47	2:18.31		2/8/25	Gaucha "Indoor"
14	Serena DOUGLAS	SO	Essex County (N.J.)	2.46	2:18.36		1/31/25	Metropolitan Championships
15	Lindsey LOPES	SO	#10 Salt Lake (Utah) CC	1.90	2:18.81c	(2:19.47A)	1/18/25	Snake River Open
16	Ava STAFFORD	SO	Bismarck State (N.D.)	1.43	2:20.45c	(2:22.07f)	2/8/25	NDSU Bison Open
17	Avery JENSEN	SO	#10 Salt Lake (Utah) CC {2}	1.17	2:20.52c	(2:21.18A)	1/18/25	Snake River Open
18	Wijdane INZALINE	FR	#3 Iowa Western CC {2}	1.02	2:20.96 OT		2/1/25	SDSU D2/NAIA Open
19	Natalie BOGDANOVA KIRILOVA	SO	#5 Iowa Central CC	0.91	2:21.05 OT		2/8/25	Iowa State Classic
20	Daphne KAUSZ	SO	#1 New Mexico JC {4}	TM-4	2:21.25c	(2:21.65A)	2/1/25	Texas Tech Stan Scott Memor
21	Isabella BEILKE	FR	Southern Idaho	0.68	2:21.26c	(2:21.93A)	1/18/25	Snake River Open
22	Genesis SERRATOS	FR	#11 Western Texas	0.57	2:21.35		2/8/25	Charlie Thomas Invitational
23	Abbigail (Abbi) HUTCHINSON	FR	#5 Iowa Central CC {2}	0.45	2:21.50c	(2:23.13f)	1/25/25	Jack Johnson Classic
24	Juliette GAVOIS	FR	#5 Iowa Central CC {3}	0.31	2:21.78 OT		1/25/25	Jim Emmerich Alumni Invitati
25	Amanda KOTAMBE	FR	#2 Cloud County (Kan.) {5}	TM-5	2:22.03 OT		1/25/25	NAIA / JUCO Invitational
26	Linda RIVERO	SO	#6 Pima (Ariz.) CC {2}	0.15	2:22.12		2/8/25	Gaucha "Indoor"
27	Alyssa KULESA	FR	#3 Iowa Western CC {3}	0.13	2:22.13		2/8/25	Bearcat Invite
28	Alivia EDENS	FR	#5 Iowa Central CC {4}	TM-4	2:22.32 OT		2/8/25	Iowa State Classic
29	Elizabeth EWUSIE	FR	#3 Iowa Western CC {4}	TM-4	2:22.46		2/8/25	Bearcat Invite
30	Sara BELGACEM	FR	#25 Vincennes (Ind.)	0.05	2:22.87		2/7/25	Eastern Indoors
31	Kennedy KUNZ	FR	Southern Idaho {2}	0.04	2:23.63c	(2:26.02fa)	1/10/25	Weber State Invitational
32	Tara BOUCK	FR	#10 Salt Lake (Utah) CC {3}	0.03	2:23.78c	(2:24.53A)	2/1/25	Roman Ruiz Speed and Power
33	Sarai CHAVEZ	SO	Dodge City (Kan.) CC	0.02	2:24.14cu	(2:26.51u)	1/31/25	Charlie Foster Classic
34	Carmella BALDWIN	SO	#13 Mesa (Ariz.) CC	0.02	2:24.28c OT	(2:25.88A)	1/31/25	Ron Mann Classic
35	Ava WASHINGTON	SO	Dodge City (Kan.) CC {2}	0.01	2:24.33cu	(2:26.70u)	1/31/25	Charlie Foster Classic



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Women's 1000 Meters — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet	
1	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) C	24.35		2:52.39	1/18/25	Graduate Classic
2	Mercy ANGAAMCHAAB	SO	#2 Cloud County (Kan.) {2}	20.04		2:58.68	1/18/25	Graduate Classic
3	Amal KACHOURI	FR	#1 New Mexico JC	18.02		2:58.74c (2:58.74A)	1/18/25	Texas Tech Corky Classic
4	Nontokozo NCUBE	SO	#2 Cloud County (Kan.) {3}	15.65		2:59.78	1/18/25	Graduate Classic
5	Reatta DANOFF	SO	#6 Pima (Ariz.) CC	13.44		3:00.39	2/1/25	Central Arizona "Indoor"
6	Abbigail (Abbi) HUTCHINSON	FR	#5 Iowa Central CC	11.37		3:00.62 OT	2/8/25	Iowa State Classic
7	Aubrie BARZEE	FR	Southern Idaho	10.02		3:02.12 OT	1/25/25	Lauren McCluskey Memorial
8	Jody ANN MITCHELL	SO	#1 New Mexico JC {2}	9.00		3:02.19c (3:02.19A)	1/18/25	Texas Tech Corky Classic
9	Alivia EDENS	FR	#5 Iowa Central CC {2}	7.89		3:02.68 OT	2/1/25	SDSU D2/NAIA Open
10	Natalie BOGDANOVA KIRILOVA	SO	#5 Iowa Central CC {3}	6.64		3:03.79 OT	2/1/25	SDSU D2/NAIA Open
11	Amanda KOTAMBE	FR	#2 Cloud County (Kan.) {4}	TM-4		3:04.00	1/18/25	Graduate Classic
12	Carmella BALDWIN	SO	#13 Mesa (Ariz.) CC	4.43		3:05.32	1/25/25	Paradise Valley CC "Indoor"
13	Kennedy KUNZ	FR	Southern Idaho {2}	3.36		3:05.99 OT	1/25/25	Lauren McCluskey Memorial
14	Elizabeth EWUSIE	FR	#3 Iowa Western CC	2.33		3:06.25 OT	1/24/25	Cyclone Open
15	Lucy MELZER	FR	#13 Mesa (Ariz.) CC {2}	1.73		3:07.14	2/8/25	Gaucha "Indoor"
16	Linda RIVERO	SO	#6 Pima (Ariz.) CC {2}	1.46		3:07.36	2/1/25	Central Arizona "Indoor"
17	Rachael BETHANCOURT	SO	Paradise Valley (Ariz.)	1.20		3:07.38	1/25/25	Paradise Valley CC "Indoor"
18	Angeline ESTRADA	SO	#3 Iowa Western CC {2}	1.10		3:07.42	1/18/25	Graduate Classic
19	Alyssa KULESA	FR	#3 Iowa Western CC {3}	0.98		3:07.60 OT	2/1/25	SDSU D2/NAIA Open
20	Regina RAIMO	SO	#13 Mesa (Ariz.) CC {3}	0.88		3:07.63	2/8/25	Gaucha "Indoor"
21	Ella ALLRED	FR	#6 Pima (Ariz.) CC {3}	0.76		3:07.78	2/1/25	Central Arizona "Indoor"
22	Serena DOUGLAS	SO	Essex County (N.J.)	0.63		3:08.02	1/10/25	St. Thomas Aquinas Spartan I
23	Keira DAMRON	SO	Paradise Valley (Ariz.) {2}	0.52		3:08.14	1/18/25	Puma "Indoor"
24	Wijdane INZALINE	FR	#3 Iowa Western CC {4}	TM-4		3:08.20	1/18/25	Graduate Classic
25	Abigail GRANTHAM	SO	#21 Hutchinson (Kan.) CC	0.27		3:08.57 OT	1/25/25	NAIA / JUCO Invitational
26	Katie MUNOZ	FR	#13 Mesa (Ariz.) CC {4}	TM-4		3:08.66	2/8/25	Gaucha "Indoor"
27	Juliette GAVOIS	FR	#5 Iowa Central CC {4}	TM-4		3:09.10 OT	2/8/25	Iowa State Classic
28	Tanesia GARDINER	FR	#20 Monroe-New Rochelle	0.10		3:10.51	2/1/25	John Thomas Terrier Classic
29	Dheniffer VAZ	JR	#15 Cowley (Kan.)	0.08		3:11.05	2/8/25	Bearcat Invite
30	Avery JENSEN	SO	#10 Salt Lake (Utah) CC	0.05		3:11.23c OT (3:11.23A)	1/9/25	BYU Indoor Invitational
31	Isabella BEILKE	FR	Southern Idaho {3}	0.04		3:11.80 OT	1/25/25	Lauren McCluskey Memorial
32	Tara BOUCK	FR	#10 Salt Lake (Utah) CC {2}	0.03		3:11.87c OT (3:11.87A)	1/9/25	BYU Indoor Invitational
33	Mackenzie BETHANCOURT	SO	Paradise Valley (Ariz.) {3}	0.02		3:11.91	1/25/25	Paradise Valley CC "Indoor"
34	Macie MORALES	FR	Ranger (Texas)	0.02		3:12.44	12/7/24	Washburn Alumni Invitational
35	Fanny DEN UYL	FR	#5 Iowa Central CC {5}	TM-5		3:13.94 OT	2/1/25	SDSU D2/NAIA Open



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NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Juliana SAKAT	FR	#3 Iowa Western CC	5.38	D	4:48.52 OT	1/24/25 Cyclone Open
2	Millicent WAFULA	FR	#8 Odessa (Texas)	20.80		4:51.32c (4:54.74A)	2/1/25 Texas Tech Stan Scott Memor
3	Salma SADDOUNG	FR	#8 Odessa (Texas) {2}	17.79		4:56.30c (4:59.78A)	2/1/25 Texas Tech Stan Scott Memor
4	Amal KACHOURI	FR	#1 New Mexico JC	3.73	D	4:56.57c (5:00.06A)	2/1/25 Texas Tech Stan Scott Memor
5	Nora BRADY	SO	Heartland (Ill.) CC	13.73		4:56.61c (4:59.54f)	2/8/25 Keck Invitational
6	Hafssa BOUTRICH	FR	#3 Iowa Western CC {2}	11.54		4:57.57 OT	1/24/25 Cyclone Open
7	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) C	3.47	D	4:57.90	2/1/25 Washburn Open & Multis
8	Angelina LIONE	FR	#10 Salt Lake (Utah) CC	3.17	D	4:59.55c (5:05.37A)	1/18/25 Snake River Open
9	Kaydeen JOHNSON	FR	#8 Odessa (Texas) {3}	8.15		4:59.63c (5:03.15A)	2/1/25 Texas Tech Stan Scott Memor
10	Elizabeth ILANDA	FR	#8 Odessa (Texas) {4}	TM-4		5:04.81c (5:08.39A)	2/1/25 Texas Tech Stan Scott Memor
11	Mercy ANGAAMCHAAB	SO	#2 Cloud County (Kan.) {2}	5.34		5:09.37	1/18/25 Thane Baker Invitational
12	Francesca ALVARADO	SO	#1 New Mexico JC {2}	4.32		5:09.65c (5:16.54A)	1/25/25 Dr. Martin Luther King, Jr. Invi
13	Rosemary ARTHUR	SO	#17 Colby (Kan.) CC	3.29		5:10.19 OT	1/25/25 NAIA / JUCO Invitational
14	Videlda JEBET	FR	#19 Crowder (Mo.)	2.23		5:11.14 OT	2/1/25 Pitt State Invitational
15	Abbigail (Abbi) HUTCHINSON	FR	#5 Iowa Central CC	1.70		5:11.59 OT	2/1/25 SDSU D2/NAIA Open
16	Angela (Angy) Denisse SALADO FERNANDEZ	SO	#10 Salt Lake (Utah) CC {2}	1.44		5:11.69 OT	2/1/25 Washington Invitational
17	Attoya HARVEY	SO	#20 Monroe-New Rochelle	1.19		5:11.80	1/25/25 Dr. Sander Scorchner
18	Faith JEPTOO	SO	#19 Crowder (Mo.) {2}	1.09		5:11.81 OT	2/1/25 Pitt State Invitational
19	Naomi SOTELO	SO	#10 Salt Lake (Utah) CC {3}	0.97		5:12.02 OT	2/1/25 Washington Invitational
20	Carmella BALDWIN	SO	#13 Mesa (Ariz.) CC	0.86		5:12.18c OT (5:23.95A)	1/31/25 Ron Mann Classic
21	Elayna LOVERIDGE	SO	#10 Salt Lake (Utah) CC {4}	TM-4		5:12.90c (5:19.46A)	2/1/25 Roman Ruiz Speed and Power
22	Mazee SOUTHWARD	FR	#10 Salt Lake (Utah) CC {5}	TM-5		5:13.04c (5:19.12A)	1/18/25 Snake River Open
23	Mercy KIBUIGUT	FR	#19 Crowder (Mo.) {3}	0.49		5:13.29 OT	2/1/25 Pitt State Invitational
24	Aubrie BARZEE	FR	Southern Idaho	0.32		5:14.45c (5:20.56A)	1/18/25 Snake River Open
25	Keira DAMRON	SO	Paradise Valley (Ariz.)	0.21		5:14.64	1/25/25 Paradise Valley CC "Indoor"
26	Amanda KOTAMBE	FR	#2 Cloud County (Kan.) {3}	0.15		5:15.67	2/1/25 Washburn Open & Multis
27	Alivia EDENS	FR	#5 Iowa Central CC {2}	0.13		5:15.90 OT	2/8/25 Iowa State Classic
28	Edith NESLEN	FR	#10 Salt Lake (Utah) CC {6}	TM-6		5:16.66c (5:22.81A)	1/18/25 Snake River Open
29	Tabetha HENRIE	FR	#10 Salt Lake (Utah) CC {7}	TM-7		5:16.68c (5:23.32A)	2/1/25 Roman Ruiz Speed and Power
30	Laynee ROWLEY	SO	Southern Idaho {2}	0.05		5:16.74c (5:22.89A)	1/18/25 Snake River Open
31	Alix CRAWFORD	FR	#10 Salt Lake (Utah) CC {8}	TM-8		5:17.10 OT	2/1/25 Washington Invitational
32	Reatta DANOFF	SO	#6 Pima (Ariz.) CC	0.03		5:17.40	1/25/25 Paradise Valley CC "Indoor"
33	Melanie ANDERSON	FR	#10 Salt Lake (Utah) CC {9}	TM-9		5:17.54 OT	2/1/25 Washington Invitational
34	Ava BERG	FR	#10 Salt Lake (Utah) CC {10}	TM-10		5:18.03c (5:24.21A)	1/18/25 Snake River Open
35	Wijdane INZALINE	FR	#3 Iowa Western CC {3}	0.01		5:18.73	1/18/25 Thane Baker Invitational



National TFRI Event Summary

Women's 3000 Meters — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Juliana SAKAT	FR	#3 Iowa Western CC	25.57	9:30.36	1/18/25	Graduate Classic	
2	Nhamoinesu MABVUKA	FR	Meridian (Miss.) CC	20.22	9:55.93	2/7/25	UAB Vulcan Invitational	
3	Millicent WAFULA	FR	#8 Odessa (Texas)	18.00	9:57.69c (10:04.98A)	1/18/25	Texas Tech Corky Classic	
4	Elizabeth ILANDA	FR	#8 Odessa (Texas) {2}	15.47	10:01.96c (10:09.30A)	1/18/25	Texas Tech Corky Classic	
5	Angelina LIONE	FR	#10 Salt Lake (Utah) CC	13.42	10:02.41c (10:21.62fA)	1/10/25	Weber State Invitational	
6	Naomi SOTELO	SO	#10 Salt Lake (Utah) CC {2}	11.15	10:05.05c (10:24.34fA)	1/10/25	Weber State Invitational	
7	Francesca ALVARADO	SO	#1 New Mexico JC	10.12	10:05.43c (10:12.82A)	2/1/25	Texas Tech Stan Scott Memor	
8	Salma SADDUG	FR	#8 Odessa (Texas) {3}	8.96	10:07.36c (10:14.77A)	1/18/25	Texas Tech Corky Classic	
9	Hafssa BOUTRICH	FR	#3 Iowa Western CC {2}	7.86	10:08.59	1/18/25	Graduate Classic	
10	Joy JEPLETING	FR	#20 Monroe-New Rochelle	6.41	10:14.90	2/1/25	John Thomas Terrier Classic	
11	Melanie ANDERSON	FR	#10 Salt Lake (Utah) CC {3}	5.38	10:15.59c (10:35.22fA)	1/10/25	Weber State Invitational	
12	Lilian MATEO	SO	#8 Odessa (Texas) {4}	TM-4	10:15.82c (10:23.33A)	1/18/25	Texas Tech Corky Classic	
13	Ines MRABET	FR	#1 New Mexico JC {2}	3.34	10:16.67c (10:24.19A)	2/1/25	Texas Tech Stan Scott Memor	
14	Abbigail (Abbi) HUTCHINSON	FR	#5 Iowa Central CC	2.30	10:17.64	1/18/25	Hawkeye Invitational	
15	Angela (Angy) Denisse SALADO FERNANDEZ	SO	#10 Salt Lake (Utah) CC {4}	TM-4	10:18.97c (10:38.70fA)	1/10/25	Weber State Invitational	
16	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) C	1.49	10:19.11 OT	1/25/25	NAIA / JUCO Invitational	
17	Edith NESLEN	FR	#10 Salt Lake (Utah) CC {5}	TM-5	10:19.77c OT (10:33.73A)	1/9/25	BYU Indoor Invitational	
18	Pelisha KOSGEI	FR	#19 Crowder (Mo.)	1.08	10:20.66 OT	1/25/25	NAIA / JUCO Invitational	
19	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	0.96	10:21.18	2/1/25	Washburn Open & Multis	
20	Lindsie FAUSETT	SO	#10 Salt Lake (Utah) CC {6}	TM-6	10:21.41c (10:34.96A)	1/18/25	Snake River Open	
21	Lillian NEFF	SO	Southern Idaho	0.70	10:22.74c (10:42.59fA)	1/10/25	Weber State Invitational	
22	Keira Y. DAMRON	SO	Paradise Valley (Ariz.)	0.55	10:24.12 OT	2/8/25	Iowa State Classic	
23	Mazee SOUTHWARD	FR	#10 Salt Lake (Utah) CC {7}	TM-7	10:24.49c (10:44.40fA)	1/10/25	Weber State Invitational	
24	Nora BRADY	SO	Heartland (Ill.) CC	0.32	10:24.94c (10:30.29f)	1/24/25	Jason Dennis Invitational	
25	Elizabeth EWUSIE	FR	#3 Iowa Western CC {3}	0.20	10:25.25	1/18/25	Thane Baker Invitational	
26	Barbara NEIVA	SO	Trinidad State (Colo.)	0.15	10:27.81	2/1/25	Washburn Open & Multis	
27	Faith JEPTOO	SO	#19 Crowder (Mo.) {2}	0.13	10:28.08 OT	1/25/25	NAIA / JUCO Invitational	
28	Karen KIRATU	SO	Southeast (Neb.) CC	0.10	10:29.48 OT	1/25/25	NAIA / JUCO Invitational	
29	Imane JOURJI	FR	#5 Iowa Central CC {2}	0.08	10:30.23	1/18/25	Hawkeye Invitational	
30	Elayna LOVERIDGE	SO	#10 Salt Lake (Utah) CC {8}	TM-8	10:30.39c (10:44.14A)	1/18/25	Snake River Open	
31	Laurie DAVIDSON	FR	Southern Idaho {2}	0.04	10:30.59 OT	1/25/25	Lauren McCluskey Memorial	
32	Olivia N. COULSTON	SO	Paradise Valley (Ariz.) {2}	0.03	10:32.30 OT	2/8/25	Iowa State Classic	
33	Laynee HOLLECH	FR	Paradise Valley (Ariz.) {3}	0.02	10:32.34 OT	2/8/25	Iowa State Classic	
34	Meryeme MAI	FR	Garden City (Kan.) CC	0.02	10:32.69 OT	1/25/25	NAIA / JUCO Invitational	
35	Joelle WHITWORTH	SO	#10 Salt Lake (Utah) CC {9}	TM-9	10:33.24c (10:53.43fA)	1/10/25	Weber State Invitational	



National TFRI Event Summary

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NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Juliana SAKAT	FR	#3 Iowa Western CC	25.23	16:20.80	2/1/25 Washburn Open & Multis
2	Angela (Angy) Denisse SALADO FERNANDEZ	SO	#10 Salt Lake (Utah) CC	20.71	17:08.36 OT	2/1/25 Washington Invitational
3	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) C	17.92	17:24.24	2/8/25 Frank Sevigne Husker Invitati
4	Melanie ANDERSON	FR	#10 Salt Lake (Utah) CC {2}	15.90	17:24.67 OT	2/1/25 Washington Invitational
5	Angelina LIONE	FR	#10 Salt Lake (Utah) CC {3}	13.85	17:25.51 OT	2/1/25 Washington Invitational
6	Edith NESLEN	FR	#10 Salt Lake (Utah) CC {4}	TM-4	17:35.65 OT	2/1/25 Washington Invitational
7	Lindsie FAUSETT	SO	#10 Salt Lake (Utah) CC {5}	TM-5	17:51.04 OT	2/1/25 Washington Invitational
8	Barbara NEIVA	SO	Trinidad State (Colo.)	8.66	17:58.25	2/1/25 Washburn Open & Multis
9	Lillian NEFF	SO	Southern Idaho	7.63	17:59.15c (18:24.51A)	12/6/24 Idaho State Winter Open
10	Alix CRAWFORD	FR	#10 Salt Lake (Utah) CC {6}	TM-6	18:00.91 OT	2/1/25 Washington Invitational
11	Mazee SOUTHWARD	FR	#10 Salt Lake (Utah) CC {7}	TM-7	18:01.95 OT	2/1/25 Washington Invitational
12	Abbigail (Abbi) HUTCHINSON	FR	#5 Iowa Central CC	4.51	18:03.17 OT	2/1/25 SDSU D2/NAIA Open
13	Joelle WHITWORTH	SO	#10 Salt Lake (Utah) CC {8}	TM-8	18:06.40c (18:34.10A)	2/1/25 Roman Ruiz Speed and Power
14	Elizabeth EWUSIE	FR	#3 Iowa Western CC {2}	2.29	18:11.43	2/1/25 Washburn Open & Multis
15	Karen KIRATU	SO	Southeast (Neb.) CC	1.77	18:12.79 OT	2/1/25 SDSU D2/NAIA Open
16	Carmella BALDWIN	SO	#13 Mesa (Ariz.) CC	1.42	18:19.62	2/8/25 Gaucho "Indoor"
17	Kinley JACKSON	FR	#13 Mesa (Ariz.) CC {2}	1.04	18:27.85	2/8/25 Gaucho "Indoor"
18	Tiffani KOONCE	FR	#14 Indian Hills (Iowa) CC	0.94	18:28.12	2/1/25 Washburn Open & Multis
19	Ava BERG	FR	#10 Salt Lake (Utah) CC {9}	TM-9	18:30.78c (18:59.10A)	2/1/25 Roman Ruiz Speed and Power
20	Michaela GROSS	FR	#23 Hagerstown (Md.) CC	0.70	18:32.31	1/25/25 Keydet Invitational
21	Laura AVILA	SO	#21 Hutchinson (Kan.) CC	0.60	18:35.89	2/1/25 Washburn Open & Multis
22	Jessica VIERA	SO	#9 Central Arizona	0.50	18:36.26	1/25/25 Paradise Valley CC "Indoor"
23	Carmen SOLIS	SO	DuPage (Ill.)	0.40	18:40.49 OT	12/6/24 Grand Valley State Holiday Op
24	Jordyn PICOLET	SO	#21 Hutchinson (Kan.) CC {2}	0.30	18:44.70	2/1/25 Washburn Open & Multis
25	Imane JOURJI	FR	#5 Iowa Central CC {2}	0.20	18:45.87 OT	2/1/25 SDSU D2/NAIA Open
26	Cambrie BABCOCK	FR	#10 Salt Lake (Utah) CC {10}	TM-10	18:47.61c (19:16.36A)	2/1/25 Roman Ruiz Speed and Power
27	Maddie PEARSON	FR	#10 Salt Lake (Utah) CC {11}	TM-11	18:47.78c (19:16.53A)	2/1/25 Roman Ruiz Speed and Power
28	Ava LAMILZA	SO	Macomb (Mich.) CC	0.10	18:58.91c (19:07.63f)	1/25/25 Hillsdale Wide Track Classic
29	America RODRIGUEZ	FR	#10 Salt Lake (Utah) CC {12}	TM-12	19:01.26c (19:30.35A)	2/1/25 Roman Ruiz Speed and Power
30	Alison UNRUH	SO	Butler (Kan.) CC	0.05	19:16.27	2/1/25 Washburn Open & Multis
31	Maren JOHNSON	FR	#10 Salt Lake (Utah) CC {13}	TM-13	19:35.69c (20:05.66A)	2/1/25 Roman Ruiz Speed and Power
32	Myla GREENZWEIG	SO	Ranger (Texas)	0.03	19:40.65	2/8/25 FasTrak Collegiate Qualifier
33	Ayianna OLIVAS	SO	#3 Iowa Western CC {3}	0.02	19:42.89	2/1/25 Washburn Open & Multis
34	Celestine KIBORUS	FR	Fort Hays Tech North	0.02	19:44.60	1/18/25 Graduate Classic
35	Valyrie FREEMAN	SO	Butler (Kan.) CC {2}	0.01	19:54.68	2/1/25 Washburn Open & Multis



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #3, February 11

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Nanhi Pannu, Nontokozo Ncube, Maimuna Jallow, Rafiatu Nuhu	#2 Cloud County (Kan.) C	23.80	3:44.77		2/8/25	Frank Sevigne Husker Invitati
2	Natasha Fox, Shone Walters, Narissa McPherson, Celine Riddle	#4 Barton (Kan.) CC	21.06	3:46.57c	(3:46.13A)	2/1/25	Texas Tech Stan Scott Memor
3	Twyshanna Huie, Queen Usunobun, T'kyla Bennett, Caydence Brewer	#12 Hinds (Miss.) CC	18.95	3:46.82		2/8/25	UAB Green and Gold Informatio
4	Brieanna Boyce, Shagay Sheppy, Janae Dawes, Charlize Fraser	#11 Western Texas	16.29	3:48.44		2/8/25	Charlie Thomas Invitational
5	Nandy Kihuyu, Jody Ann Mitchell, Tuwana McLean, Kamaria Knight	#1 New Mexico JC	13.37	3:51.54c	(3:51.10A)	1/18/25	Texas Tech Corky Classic
6	Nyla Norman, Kenyatta Grate, Laurie Louis, Alexa Zanders	#14 Indian Hills (Iowa) CC	11.19	3:52.23		1/25/25	Larry Wiecezorek Invitational
7	Kettia Ambrose, Kaliyah Jones, Joy Jepleting, Attoya Harvey	#20 Monroe-New Rochelle	9.13	3:52.46		2/8/25	Millrose Games
8	Jayden Piper, Emmanuell Squire, Dayjonique Cato, Ivana Odonkor	#22 Fort Scott (Kan.) CC	7.12	3:52.50		2/1/25	Washburn Open & Multis
9	Ja'Kheria Kelser, Amalinaly Pemberton, Tierra Williams, Dhakiya Blake	#18 Coffeyville (Kan.) CC	6.10	3:52.58		1/17/25	Arkansas Invitational
10	Amiyanee Harris, T'Anna Liburd, Aliyah Gidharry, Grace Kombetto	#9 Central Arizona	4.90	3:53.35		1/18/25	Al Shirley Invitational
11	Ranayla Moten, Ala' Jah Brooks, Charity Beckham, Adetutu Aladeloye	#24 Allen (Kan.) CC	2.60	3:54.52		2/1/25	Washburn Open & Multis
12	Kimberly Baker, Paula Orusede, Serena Douglas, Aaliyah Morgan	Essex County (N.J.)	1.30	3:56.47		1/25/25	Dr. Sander Scorchner
13	Serena Grace, Angeline Estrada, Taeja Barteel, Judith Koumedzina	#3 Iowa Western CC	1.08	3:57.46 OT		2/1/25	SDSU D2/NAIA Open
14	Beatrice Boakye, Anita Afrifa, Rosemary Arthur, Ashly Tharp	#17 Colby (Kan.) CC	0.80	3:58.91 OT		1/25/25	NAIA / JUCO Invitational
15	Aliya Schock, Aisha Zaffino, Makayla Whitfield, Ava Stafford	Bismarck State (N.D.)	0.70	4:02.26c	(4:05.48f)	2/8/25	NDSU Bison Open
16	Mechak Linda Bula Bula, Chadrack Belinda Bula, Hannah Quang, Natalie Bogdanova Kirilova	#5 Iowa Central CC	0.60	4:03.13		1/18/25	Hawkeye Invitational
17	J'Na Demming, Shanteria Washington, Kamia Maglorie, Alyana Wallace	Highland (Kan.) CC	0.50	4:06.75		2/1/25	Washburn Open & Multis
18	Charity Rayford, Chasity Rayford, Ki'Sha Tyner, Andrea Teruel	Ranger (Texas)	0.40	4:09.33		2/8/25	FasTrak Collegiate Qualifier
19	Rhea Flanders, Vilorina Tuilawaki, Amy Styles, Melania Turaga	Neosho County (Kan.)	0.30	4:09.64		2/8/25	Bearcat Invite



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #3, February 11

20	Layla Konski, Hannah Droeg, Maylee Thompson, Tyler Washington	#6 Pima (Ariz.) CC	0.20	4:10.83	2/1/25	Central Arizona "Indoor"
21	#Type!	Garden City (Kan.) CC	0.10	4:11.74c	(4:15.08f)	1/11/25 Friends First Chance Qualifier



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #3, February 11

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Mercy Kibuigut, Pelisha Kosgei, Faith Jeptoo, Videlma Jebet	#19 Crowder (Mo.)	23.29	9:29.59 OT	1/25/25 NAIA / JUCO Invitational
2	Natalie Bogdanova Kirilova, Fanny den Uyl, Juliette Gavois, Alivia Edens	#5 Iowa Central CC	20.42	9:38.36 OT	2/1/25 SDSU D2/NAIA Open
3	Reid Harvey-McKean, Beverlyne Kiptarus, Umahan Sahin, Meryeme Mai	Garden City (Kan.) CC	16.54	9:58.43 OT	1/25/25 NAIA / JUCO Invitational
4	Vilorina Tuilawaki, Melani Turaga, Amy Styles, Barbara Gurrola	Neosho County (Kan.)	14.00	10:54.79 OT	1/18/25 Richard Alsup Open
5	Alison Pasdiora, Olivia Chapman, Maureen Bluemle, Samantha Blankenship	DuPage (Ill.)	12.00	11:52.56c (12:00.78f)	1/31/25 Walter Cramer Invitational



National TFRI Event Summary

Women's Distance Medley Relay — 2025 Checkpoint #3, February 11

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Emily Silva, Ysanne Peart, Jody Ann Mitchell, Amal Kachouri	#1 New Mexico JC	23.64	11:43.91c	(11:49.64A)	2/1/25 Texas Tech Stan Scott Memor
2	Hafssa Boutrich, Serena Grace, Angeline Estrada, Juliana Sakat	#3 Iowa Western CC	21.61	11:44.45		2/8/25 Bearcat Invite
3	Lilian Mateo, Yvette Benavides, Salma Saddoug, Millicent Wafula	#8 Odessa (Texas)	18.57	12:04.43c	(12:10.33A)	2/1/25 Texas Tech Stan Scott Memor
4	Mercy Angaamchaab, Rafiatu Nuhu, Amanda Kotambe, N Vanee Anchike	#2 Cloud County (Kan.) C	16.22	12:11.38		2/1/25 Washburn Open & Multis
5	Faith Jeptoo, Videlma Jebet, Mercy Kibuigut, Pelisha Kosgei	#19 Crowder (Mo.)	13.91	12:20.67 OT		2/1/25 Pitt State Invitational
6	Ella Allred, Reatta Danoff, J'layah Spellman Collins, Linda Rivero	#6 Pima (Ariz.) CC	11.24	12:41.38		1/25/25 Paradise Valley CC "Indoor"
7	Tabetha Henrie, Avery Jensen, Lindsey Lopes, Angelina Lione	#10 Salt Lake (Utah) CC	9.21	12:42.44c	(13:01.52fA)	1/10/25 Weber State Invitational
8	Macie Morales, Alfrenique Knowles, Kendra Muhammad, Alyssa Mabry	Ranger (Texas)	7.02	12:48.31		2/8/25 FasTrak Collegiate Qualifier
9	Reid Harvey-McKean, Beverlyne Kiptarus, Mekhila Sanders, Meryeme Mai	Garden City (Kan.) CC	6.02	12:48.46		2/1/25 Washburn Open & Multis
10	Regina Raimo, Kate Dare, Katie Munoz, Carmella Baldwin	#13 Mesa (Ariz.) CC	4.99	12:49.31		1/25/25 Paradise Valley CC "Indoor"
11	Tatyana Enriquez, Amiyanee Harris, Grace Kombetto, Jessica Viera	#9 Central Arizona	2.45	13:18.20		2/1/25 Central Arizona "Indoor"
12	Olivia Urban, Brianna Smith, Isabella Cifuentes, Lauren Lee	Muskegon (Mich.) CC	1.11	13:41.87 OT		2/8/25 GVSU Mike Lints Alumni Open
13	Savannah Fischer, Grace Knight, Dayanna Brito- Hernandez, Daniela Lozano-Cardenas	#15 Cowley (Kan.)	0.90	13:56.89		2/8/25 Bearcat Invite
14	Cloey Usher, Taja Conley, Bridget Canton, Olivia Spurling	North Iowa Area CC	0.80	14:14.18c	(14:23.33f)	2/1/25 Wartburg Indoor Select
15	Melania Turaga, Amy Styles, Rhea Flanders, Barbara Gurrola	Neosho County (Kan.)	0.70	14:22.43		2/8/25 Bearcat Invite
16	Rylee Olsen, Aubrey Kuntz Arianna Pedrin, Chloe Ferneau	Southeastern (Iowa) C	0.60	14:42.63c	(14:52.08f)	2/1/25 Grinnell Invitational
17	Holly Milbrandt, Keyonna Mcgill, Jacarla Black, Hannah Cunningham	Cuyahoga (Ohio) CC	0.50	14:51.64c	(15:01.19f)	1/18/25 Muskie Meet #1



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Aidan FAITH	SO	#23 Hagerstown (Md.) CC	22.82	1.68m	5-6	2/8/25	VMI Winter Classic
2	Janiya ROSS	SO	#6 Pima (Ariz.) CC	20.53	1.67m	5-5¾	1/18/25	Al Shirley Invitational
2	Abril OKON	SO	#7 South Plains (Texas)	20.53	1.67m	5-5¾	2/1/25	Texas Tech Stan Scott Memor
2	Isabel GREEN	SO	#6 Pima (Ariz.) CC	20.53	1.67m	5-5¾	1/18/25	Al Shirley Invitational
5	Tiana PETROVA	FR	#1 New Mexico JC	13.99	1.65m	5-5	1/25/25	Dr. Martin Luther King, Jr. Invi
6	Kaelyn GIARRUSSO	SO	Glendale (Ariz.) CC	11.59	1.63m	5-4¼	2/8/25	Gaucha "Indoor"
7	April NECAISE	SO	#6 Pima (Ariz.) CC {3}	10.40	1.62m	5-3¾	1/25/25	Paradise Valley CC "Indoor"
8	Halima BIGGS	FR	Hawkeye (Iowa) CC	9.01	1.60m	5-3	1/17/25	Jack Jennett Invitational
9	Rasheda SAMUELS	FR	#3 Iowa Western CC	7.65	1.58m	5-2¼	2/1/25	SDSU D2/NAIA Open
10	Aliyah GIDHARRY	SO	#9 Central Arizona	6.55	1.57m	5-1¾	2/1/25	Central Arizona "Indoor"
11	Raeya TOWNSEND	FR	Marion Military Institu	5.35	1.55m	5-1	1/19/25	KMS Indoor Invitational
11	Arriana JOHNSON	SO	#14 Indian Hills (Iowa) CC	5.35	1.55m	5-1	12/7/24	Washburn Alumni Invitational
11	Emmanuella SQUIRE	SO	#22 Fort Scott (Kan.) CC	5.35	1.55m	5-1	1/18/25	Bumble Rumble
11	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	5.35	1.55m	5-1	1/17/25	Jim Mielke Memorial invitatio
11	Steffanie MCGUFFEY	SO	Muskegon (Mich.) CC	5.35	1.55m	5-1	1/18/25	GVSU Bob Eubanks Open
16	Chenessa DAVIS	SO	#2 Cloud County (Kan.) C	1.40	1.53m	5-¼	2/1/25	Washburn Open & Multis
16	Alyana WALLACE	SO	Highland (Kan.) CC	1.40	1.53m	5-¼	2/8/25	Bearcat Invite
18	Sophia CALISTRO	FR	Dodge City (Kan.) CC	0.95	1.52m	4-11¾	1/31/25	Charlie Foster Classic
18	Riannon ST. CLAIR	SO	#15 Cowley (Kan.)	0.95	1.52m	4-11¾	1/25/25	NAIA / JUCO Invitational
18	Tyler WASHINGTON	SO	#6 Pima (Ariz.) CC {4}	TM-4	1.52m	4-11¾	1/17/25	Jim Mielke Memorial invitatio
18	Hannah DROEG	FR	#6 Pima (Ariz.) CC {4}	TM-4	1.52m	4-11¾	1/17/25	Jim Mielke Memorial invitatio
18	Vinae BUFERD-STILLMAN	FR	#9 Central Arizona {2}	0.95	1.52m	4-11¾	1/18/25	Al Shirley Invitational
18	Tahlia LIENERT	FR	#2 Cloud County (Kan.) {2}	0.95	1.52m	4-11¾	2/1/25	Washburn Open & Multis
24	Jillian HULSING	SO	Sauk Valley (Ill.) CC	0.30	1.50m	4-11	1/25/25	Fighting Bee Invite
24	Kennedy MOSLEY	SO	#22 Fort Scott (Kan.) CC {2}	0.30	1.50m	4-11	1/18/25	Bumble Rumble
24	Jakouria JAMERSON	SO	#22 Fort Scott (Kan.) CC {2}	0.30	1.50m	4-11	1/18/25	Bumble Rumble
24	Cassidy HERGET	SO	Mineral Area (Mo.)	0.30	1.50m	4-11	2/8/25	Keck Invitational
24	Kira MESSERLY	FR	#5 Iowa Central CC	0.30	1.50m	4-11	1/25/25	Jack Johnson Classic
29	Jazz DILWORTH	SO	#22 Fort Scott (Kan.) CC {4}	TM-4	1.49m	4-10½	2/1/25	Washburn Open & Multis
30	Tasha WILLIAMS	SO	Hawkeye (Iowa) CC {2}	0.05	1.48m	4-10¼	2/7/25	Wartburg Friday Night Lights
31	Cordaelia WILLIAMS	SO	#2 Cloud County (Kan.) {3}	0.04	1.47m	4-9¾	1/25/25	NAIA / JUCO Invitational
31	Maylee THOMPSON	SO	#6 Pima (Ariz.) CC {6}	TM-6	1.47m	4-9¾	2/1/25	Central Arizona "Indoor"
33	Ella HOMAWOO	FR	#5 Iowa Central CC {2}	0.02	1.46m	4-9½	1/25/25	Jack Johnson Classic
33	Eden BROUWERS	FR	#5 Iowa Central CC {2}	0.02	1.46m	4-9½	1/25/25	Jack Johnson Classic
35	Mallori JONES	FR	Hawkeye (Iowa) CC {3}	0.01	1.45m	4-9	2/1/25	Spartan Shootout
35	A'Kevia WEAVER	FR	Jacksonville (Texas)	0.01	1.45m	4-9	1/25/25	FasTrak Collegiate Invitationa
35	Brionna WILLIAMS	FR	Mineral Area (Mo.) {2}	0.01	1.45m	4-9	2/8/25	Keck Invitational



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Sophia DO AMARAL SALVI	SO	#25 Vincennes (Ind.)	23.72	3.90m	12-9½	2/7/25	Eastern Indoors	
2	Morgan PEPE	SO	#6 Pima (Ariz.) CC	21.19	3.80m	12-5½	1/25/25	Paradise Valley CC "Indoor"	
3	Dakota DAPPER	SO	#15 Cowley (Kan.)	18.50	3.67m	12-½	2/1/25	Herm Wilson Invitational	
4	Olga LAPUZOVA	FR	#7 South Plains (Texas)	15.81	3.50m	11-5¾	2/1/25	Texas Tech Stan Scott Memor	
4	Madisyn WILLIAMS	FR	#13 Mesa (Ariz.) CC	15.81	3.50m	11-5¾	1/25/25	Paradise Valley CC "Indoor"	
6	Bradie MEDINA	SO	#2 Cloud County (Kan.) C	11.51	3.42m	11-2½	2/1/25	Washburn Open & Multis	
7	Kennedy KIZARR	SO	#15 Cowley (Kan.) {2}	10.32	3.37m	11-¾	2/1/25	Herm Wilson Invitational	
8	Elizabeth BROZEK	FR	#15 Cowley (Kan.) {3}	8.72	3.21m	10-6¼	2/8/25	Bearcat Invite	
9	Anna BROWN	FR	#13 Mesa (Ariz.) CC {2}	7.69	3.20m	10-6	1/25/25	Paradise Valley CC "Indoor"	
9	Michaela CARNEY	SO	#23 Hagerstown (Md.) CC	7.69	3.20m	10-6	1/31/25	Larry Sharp Memorial	
9	Mikaila BARAN	FR	Paradise Valley (Ariz.)	7.69	3.20m	10-6	2/1/25	Central Arizona "Indoor"	
12	Alycea MCCOY	FR	#21 Hutchinson (Kan.) CC	4.49	3.12m	10-2¾	1/17/25	Washburn Rust Buster	
13	Mackenzie ANDERSON	FR	Paradise Valley (Ariz.) {2}	3.35	3.05m	10-0	1/18/25	Puma "Indoor"	
13	Lauren ALLARD	SO	Glendale (Ariz.) CC	3.35	3.05m	10-0	2/8/25	Gaucho "Indoor"	
15	Grace BENDER	FR	#21 Hutchinson (Kan.) CC {2}	1.60	2.92m	9-7	2/1/25	Herm Wilson Invitational	
16	Kayla VANDERFORD	SO	#23 Hagerstown (Md.) CC {2}	1.31	2.90m	9-6¼	1/18/25	Susquehanna River Hawk Invi	
17	Lucia SANCHEZ SCRIVEN	SO	Harper (Ill.)	1.00	2.70m	8-10¼	2/8/25	Tadd Metzger Invitational	
18	Eden BROUWERS	FR	#5 Iowa Central CC	0.90	2.60m	8-6¼	2/8/25	Iowa State Classic	
18	Brakelle MCBRIDE	FR	Paradise Valley (Ariz.) {3}	0.90	2.60m	8-6¼	1/18/25	Puma "Indoor"	
18	Jordan NANTZ	FR	#13 Mesa (Ariz.) CC {3}	0.90	2.60m	8-6¼	1/18/25	Al Shirley Invitational	
21	Amparo PAYNE	FR	State Fair (Mo.)	0.60	2.46m	8-¾	2/8/25	Bearcat Invite	
22	Hannah DROEG	FR	#6 Pima (Ariz.) CC {2}	0.50	2.45m	8-½	1/25/25	Paradise Valley CC "Indoor"	
22	Grace HOLMES	SO	Finger Lakes (N.Y.) CC	0.50	2.45m	8-½	1/25/25	Highlander Invitational	
24	Nicole CALOGERO	FR	Mohawk Valley (N.Y.)	0.30	2.30m	7-6½	1/25/25	St. Lawrence Invitational	
24	Journey SANDER	FR	State Fair (Mo.) {2}	0.30	2.30m	7-6½	1/18/25	Richard Alsup Open	
24	Isabelle CULLENS	FR	#18 Coffeyville (Kan.) CC	0.30	2.30m	7-6½	1/25/25	NAIA / JUCO Invitational	
24	Danielle BEARS	FR	Highland (Kan.) CC	0.30	2.30m	7-6½	1/25/25	NAIA / JUCO Invitational	
28	Ava WHITES	FR	Mohawk Valley (N.Y.) {2}	0.10	2.27m	7-5¼	2/8/25	Utica Blue and Orange Invitati	



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #3, February 11

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Maeva GOUNE TIBBOLO	FR #5 Iowa Central CC	23.93	6.03m	19-9½	1/11/25	Battle in the Hive
2	Ruth AGADAMA	SO #7 South Plains (Texas)	20.69	5.88m	19-3½	2/1/25	Texas Tech Stan Scott Memor
3	Sakina UMAR	SO #3 Iowa Western CC	18.45	5.85m	19-2½	2/8/25	Bearcat Invite
4	Sydney ROQUEBRUN	SO #7 South Plains (Texas) {2}	16.28	5.83m	19-1½	1/30/25	Texas Tech Stan Scott Memor
5	Celine RIDDLE	FR #4 Barton (Kan.) CC	13.67	5.74m	18-10	1/25/25	NAIA / JUCO Invitational
6	Maylee THOMPSON	SO #6 Pima (Ariz.) CC	11.45	5.70mw	18-8½ (2.5)	1/17/25	Jim Mielke Memorial invitatio
7	Chloe PERRYMAN	SO #4 Barton (Kan.) CC {2}	10.17	5.65m	18-6½	1/18/25	Thane Baker Invitational
8	Anijah JAMES	FR #16 Richard Bland (Va.)	8.94	5.61m	18-5	1/24/25	Keydet Invitational
9	Makayla WHITFIELD	FR Bismarck State (N.D.)	7.72	5.57m	18-3¼	1/18/25	Marauders Indoor Opener
10	Aalyiah LINTON	FR #22 Fort Scott (Kan.) CC	6.59	5.54m	18-2¼	2/1/25	Washburn Open & Multis
11	Alexia LEWIS	SO Highland (Kan.) CC	5.53	5.52m	18-1½	2/8/25	Bearcat Invite
11	Kavel RITCHIE	SO #1 New Mexico JC	5.53	5.52m	18-1½	1/18/25	Texas Tech Corky Classic
13	Jocelyn NUNEZ	FR State Fair (Mo.)	3.27	5.43m	17-9¾	1/24/25	Central Missouri Invitational
14	Alexia ANDERSON	SO Bismarck State (N.D.) {2}	2.21	5.41m	17-9	1/25/25	U-Mary Winter Classic
15	Dymonde NAVE	SO #14 Indian Hills (Iowa) CC	1.68	5.40m	17-8¾	1/25/25	Larry Wiczorek Invitational
16	Brinel THOMAS	FR #20 Monroe-New Rochelle	1.40	5.39m	17-8¾	1/25/25	Dr. Sander Scorchner
17	Kymia BRIDGETT	FR #4 Barton (Kan.) CC {3}	1.13	5.38m	17-8	1/18/25	Thane Baker Invitational
18	Azariah DAWES	FR #21 Hutchinson (Kan.) CC	0.97	5.36m	17-7	2/1/25	Herm Wilson Invitational
19	Zekira SNOW	SO #14 Indian Hills (Iowa) CC {2}	0.84	5.35m	17-6¾	1/25/25	Larry Wiczorek Invitational
20	Jaden MILLER	FR Lake-Sumter State (Fl)	0.71	5.34m	17-6¼	1/25/25	RADD College Invitational
21	Shyla COOPER	FR #16 Richard Bland (Va.) {2}	0.60	5.33m	17-6	1/12/25	VCU Ram Indoor Invitational
22	Alyssa WONDERCHECK	FR Hawkeye (Iowa) CC	0.50	5.32m	17-5½	1/11/25	Battle in the Hive
23	Nele GOESL	FR #2 Cloud County (Kan.) C	0.40	5.31m	17-5¼	1/18/25	Thane Baker Invitational
24	Layla KONSKI	FR #6 Pima (Ariz.) CC {2}	0.30	5.30m	#Error	2/8/25	Gaucha "Indoor"
25	Ella HOMAWOO	FR #5 Iowa Central CC {2}	0.20	5.29m	17-4¼	1/11/25	Battle in the Hive
26	Halima BIGGS	FR Hawkeye (Iowa) CC {2}	0.15	5.28m	17-4	2/1/25	Spartan Shootout
27	Taeja BARTEE	FR #3 Iowa Western CC {2}	0.13	5.25m	17-2¾	1/18/25	Thane Baker Invitational
28	Sara JACOBSON	SR #13 Mesa (Ariz.) CC	0.10	5.22mA	17-1½	1/31/25	Ron Mann Classic
28	Kaelyn GIARRUSSO	SO Glendale (Ariz.) CC	0.10	5.22m	#Error	2/8/25	Gaucha "Indoor"
30	Ciarra MOORE	SO #16 Richard Bland (Va.) {3}	0.05	5.19m	17-½	12/8/24	Christopher Newport Holiday
31	Mercy HONESTY	SO #3 Iowa Western CC {3}	0.04	5.17m	16-11½	1/24/25	Cyclone Open
32	Makiya MOSLEY	FR #4 Barton (Kan.) CC {4}	TM-4	5.16m	16-11¼	1/25/25	NAIA / JUCO Invitational
33	Sophia RODRIQUEZ	FR #1 New Mexico JC {2}	0.02	5.15mA	16-10¾	1/25/25	Dr. Martin Luther King, Jr. Invi
34	Oyindamola ADETUTU	SO Glendale (Ariz.) CC {2}	0.02	5.12m	#Error	2/8/25	Gaucha "Indoor"
35	Michaelyn FISHER	FR #16 Richard Bland (Va.) {4}	TM-4	5.11m	16-9¼	1/12/25	VCU Ram Indoor Invitational



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Mercy HONESTY	SO	#3 Iowa Western CC	25.50	12.83m	42-1¼	1/18/25	Thane Baker Invitational
2	Celine RIDDLE	FR	#4 Barton (Kan.) CC	21.25	12.20m	40-½	1/18/25	Thane Baker Invitational
3	Ciarra MOORE	SO	#16 Richard Bland (Va.)	17.61	11.74m	38-6¼	12/8/24	Christopher Newport Holiday
4	Paola BEHILE	FR	#5 Iowa Central CC	15.54	11.72m	38-5½	1/11/25	Battle in the Hive
5	Sophia RODRIQUEZ	FR	#1 New Mexico JC	13.51	11.71m	38-5	2/1/25	Texas Tech Stan Scott Memor
6	Janita ANTIPINA	FR	#1 New Mexico JC {2}	11.40	11.68m	38-4	1/18/25	Texas Tech Corky Classic
7	Sakina UMAR	SO	#3 Iowa Western CC {2}	9.95	11.52m	37-9½	1/24/25	Cyclone Open
8	Kavel RITCHIE	SO	#1 New Mexico JC {3}	8.83	11.47m	37-7¾	1/17/25	Texas Tech Corky Classic
9	Kymia BRIDGETT	FR	#4 Barton (Kan.) CC {2}	7.78	11.45m	37-6¾	1/25/25	NAIA / JUCO Invitational
10	Alexia ANDERSON	SO	Bismarck State (N.D.)	6.56	11.36m	37-3¼	2/8/25	NDSU Bison Open
11	Isabelle CULLENS	FR	#18 Coffeyville (Kan.) CC	5.54	11.35m	37-3	1/17/25	Arkansas Invitational
12	Shanaya HINTON	FR	Marion Military Institu	4.53	11.34m	37-2½	2/1/25	Tiger Indoor Invitational
13	Anijah JAMES	FR	#16 Richard Bland (Va.) {2}	3.34	11.19m	36-8½	2/8/25	VMI Winter Classic
14	Shyla COOPER	FR	#16 Richard Bland (Va.) {3}	2.22	11.09m	36-4¾	12/8/24	Christopher Newport Holiday
15	Aalyiah LINTON	FR	#22 Fort Scott (Kan.) CC	1.68	11.06m	36-3½	1/18/25	Bumble Rumble
16	Nele GOESL	FR	#2 Cloud County (Kan.) C	1.39	11.02m	36-2	2/1/25	Washburn Open & Multis
17	Azariah DAWES	FR	#21 Hutchinson (Kan.) CC	1.12	11.01m	36-1½	2/1/25	Herm Wilson Invitational
18	Elfie SANOGO	FR	#3 Iowa Western CC {3}	0.90	10.91m	35-9½	2/8/25	Bearcat Invite
19	Ashanti PATTON	SO	Meridian (Miss.) CC	0.80	10.89m	35-8¾	1/18/25	Samford January Open
20	Makayla WHITFIELD	FR	Bismarck State (N.D.) {2}	0.70	10.87m	35-8	12/7/24	Mike Thorson Open
21	Erin SMITH	SO	#16 Richard Bland (Va.) {4}	TM-4	10.85m	35-7¼	1/31/25	Marlin Invitational
22	Tatiana WHITE	FR	#6 Pima (Ariz.) CC	0.50	10.81m	#Error	1/25/25	Paradise Valley CC "Indoor"
23	Oyindamola ADETUTU	SO	Glendale (Ariz.) CC	0.40	10.79m	#Error	2/8/25	Gaucha "Indoor"
23	Anna WASHBURN	FR	#18 Coffeyville (Kan.) CC {2}	0.40	10.79m	35-4¾	1/25/25	NAIA / JUCO Invitational
25	Dedra WOOD	FR	Bismarck State (N.D.) {3}	0.20	10.77m	35-4	1/18/25	Marauders Indoor Opener
26	Jaden MILLER	FR	Lake-Sumter State (Fl)	0.15	10.66m	34-11¾	1/18/25	Jimmy Carnes Invitational Col
27	Erin MABRY	FR	#13 Mesa (Ariz.) CC	0.13	10.48m	#Error	1/18/25	Al Shirley Invitational
28	Natalia POCICA	SO	Harper (Ill.)	0.10	10.41m	34-2	2/8/25	Tadd Metzger Invitational
29	Journey SANDER	FR	State Fair (Mo.)	0.08	10.25m	33-7½	1/11/25	Redhawks Invitational
30	Lucia SANCHEZ SCRIVEN	SO	Harper (Ill.) {2}	0.05	10.14m	33-3¼	2/8/25	Tadd Metzger Invitational
31	Riannon ST. CLAIR	SO	#15 Cowley (Kan.)	0.04	10.01m	32-10¼	2/1/25	Herm Wilson Invitational
32	Alycia MCKOY	FR	Mohawk Valley (N.Y.)	0.03	9.90m	32-5¾	1/25/25	St. Lawrence Invitational
33	Leah WRIGHT	FR	#24 Allen (Kan.) CC	0.02	9.82m	32-2¾	1/11/25	Friends First Chance Qualifier
34	Brooklyn VOMACKA	FR	#3 Iowa Western CC {4}	TM-4	9.77m	32-¾	1/24/25	Cyclone Open
35	Maggie ROWZE	FR	Sauk Valley (Ill.) CC	0.01	9.57m	31-4¾	1/25/25	Moco Mercer Open



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Esteisy SALAS	SO	#1 New Mexico JC	25.36	16.25m	53-3¾	2/1/25	Texas Tech Stan Scott Memor
2	Rejoice AGBEWODIE	SO	#9 Central Arizona	21.38	15.09m	49-6¼	2/1/25	Central Arizona "Indoor"
3	Sarai SIMPSON	SO	#3 Iowa Western CC	18.53	14.59m	47-10½	2/1/25	SDSU D2/NAIA Open
4	Chin-Loy RAYMOND	SO	#3 Iowa Western CC {2}	16.08	14.27m	46-10	1/11/25	Scott Nisely Memorial
5	Cierra GRAY	SO	#15 Cowley (Kan.)	14.04	14.24m	46-8¾	2/8/25	Bearcat Invite
6	Deisheline MAYER SCOTT	FR	#21 Hutchinson (Kan.) CC	11.32	13.63m	44-8¾	1/25/25	NAIA / JUCO Invitational
7	Janiel MONTAQUE	FR	#21 Hutchinson (Kan.) CC {2}	9.64	13.06m	42-10¼	2/1/25	Herm Wilson Invitational
8	Yosiris CORDOBA	SO	#1 New Mexico JC {2}	8.51	12.95m	42-6	2/1/25	Texas Tech Stan Scott Memor
9	Monifa EDWARDS	FR	#3 Iowa Western CC {3}	7.50	12.94m	42-5½	2/1/25	SDSU D2/NAIA Open
10	Unitee BROWN	FR	#5 Iowa Central CC	6.32	12.75m	41-10	2/8/25	Iowa State Classic
11	Zadie MACKEY	FR	#4 Barton (Kan.) CC	5.30	12.72m	41-8¾	1/18/25	Thane Baker Invitational
12	Cedricka WILLIAMS	SO	#4 Barton (Kan.) CC {2}	4.28	12.69m	41-7¾	2/1/25	Washburn Open & Multis
13	Kahllah BAILEY	FR	#7 South Plains (Texas)	3.26	12.65m	41-6	1/18/25	Texas Tech Corky Classic
14	Suerena ALEXANDER	FR	#7 South Plains (Texas) {2}	2.21	12.57m	41-3	2/1/25	Texas Tech Stan Scott Memor
15	Aiyanna GREEN	SO	#21 Hutchinson (Kan.) CC {3}	1.68	12.52m	41-1	2/1/25	Herm Wilson Invitational
16	Zuriya ROBINSON	SO	#5 Iowa Central CC {2}	1.32	12.35m	40-6¼	2/1/25	SDSU D2/NAIA Open
17	Lovely HIBBERT	FR	#3 Iowa Western CC {4}	TM-4	12.22m	40-1¼	1/18/25	Thane Baker Invitational
18	Olivia COX	FR	Sauk Valley (Ill.) CC	0.90	12.01m	39-5	12/14/24	Finals Week Invitational
19	Jamelia NICHOLAS	SO	#9 Central Arizona {2}	0.80	11.77m	38-7½	2/8/25	Gaucho "Indoor"
20	Athilia PRYCE	FR	#1 New Mexico JC {3}	0.70	11.72mA	38-5½	1/25/25	Dr. Martin Luther King, Jr. Invi
21	DeMya CAMPBELL	SO	#16 Richard Bland (Va.)	0.60	11.45m	37-6¾	12/8/24	Christopher Newport Holiday
22	Shaniece POWELL	FR	#18 Coffeyville (Kan.) CC	0.50	11.44m	37-6½	1/18/25	Thane Baker Invitational
23	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	0.40	11.43mA	37-6	1/31/25	Ron Mann Classic
24	Kailan MCEWEN	FR	Hawkeye (Iowa) CC	0.30	11.39m	37-4½	1/17/25	Jack Jennett Invitational
25	Shyla-Mae CONSTABLE	FR	#9 Central Arizona {3}	0.20	11.29m	37-½	1/18/25	Al Shirley Invitational
26	Nora HENRY	FR	Mineral Area (Mo.)	0.15	11.16m	36-7½	1/25/25	Illinois College Snow Bird Invi
27	Hadley WILSON	FR	#15 Cowley (Kan.) {2}	0.13	11.12m	36-5¾	1/17/25	Washburn Rust Buster
28	Tomi GALL	SO	Garden City (Kan.) CC	0.10	11.09m	36-4¾	1/25/25	NAIA / JUCO Invitational
29	Nichole ROBERTS	FR	Dawson (Mont.) CC	0.08	11.03m	36-2¼	12/7/24	Mike Thorson Open
30	Seioriana GLASS	SO	#13 Mesa (Ariz.) CC {2}	0.05	11.02m	36-2	1/18/25	Al Shirley Invitational
31	Alexis CLEMMONS	FR	Highland (Kan.) CC	0.04	10.97m	36-0	2/8/25	Bearcat Invite
32	Alma CORDOVA	FR	#17 Colby (Kan.) CC	0.03	10.88m	35-8½	1/25/25	NAIA / JUCO Invitational
33	Gloria ANUAMADI	SO	Glendale (Ariz.) CC	0.02	10.62mA	34-10¼	1/31/25	Ron Mann Classic
34	Amoni EVANS	FR	#15 Cowley (Kan.) {3}	0.02	10.49m	34-5	2/8/25	Bearcat Invite
35	Lilleann SHACKLEFORD	FR	Cuyahoga (Ohio) CC	0.01	10.48m	34-4¾	2/8/25	Jud Logan Light Giver Collegi



National TFRI Event Summary

Women's Weight Throw — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Tania DA SILVA	SO	#1 New Mexico JC	26.61	20.82m	68-3¾	1/18/25	Texas Tech Corky Classic	
2	Rejoice AGBEWODIE	SO	#9 Central Arizona	22.60	19.20m	63-0	2/8/25	Gaucha "Indoor"	
3	Cedricka WILLIAMS	SO	#4 Barton (Kan.) CC	18.37	17.41m	57-1½	1/25/25	NAIA / JUCO Invitational	
4	Zuriya ROBINSON	SO	#5 Iowa Central CC	15.95	17.00m	55-9¼	1/25/25	Jack Johnson Classic	
5	Shyla-Mae CONSTABLE	FR	#9 Central Arizona {2}	13.10	16.03m	52-7¼	2/1/25	Central Arizona "Indoor"	
6	Sarai SIMPSON	SO	#3 Iowa Western CC	10.72	15.59m	51-1¾	2/1/25	SDSU D2/NAIA Open	
7	Esteisy SALAS	SO	#1 New Mexico JC {2}	9.52	15.36m	50-4¾	1/18/25	Texas Tech Corky Classic	
8	Seioriana GLASS	SO	#13 Mesa (Ariz.) CC	8.46	15.29m	50-2	2/8/25	Gaucha "Indoor"	
9	Mercedes GLOVER	JR	#15 Cowley (Kan.)	7.43	15.26m	50-¾	2/1/25	Herm Wilson Invitational	
10	Mayce MCDONALD	SO	#15 Cowley (Kan.) {2}	6.29	15.06m	49-5	1/25/25	NAIA / JUCO Invitational	
11	Athilia PRYCE	FR	#1 New Mexico JC {3}	5.23	14.93m	48-11¾	2/1/25	Texas Tech Stan Scott Memor	
12	Ana MANOUSARIDIS	SO	#18 Coffeyville (Kan.) CC	4.19	14.84m	48-8¼	1/18/25	Thane Baker Invitational	
13	Shaniece POWELL	FR	#18 Coffeyville (Kan.) CC {2}	3.18	14.80m	48-6¾	1/18/25	Thane Baker Invitational	
14	Aiyanna GREEN	SO	#21 Hutchinson (Kan.) CC	2.14	14.72m	48-3½	2/1/25	Herm Wilson Invitational	
15	Cierra GRAY	SO	#15 Cowley (Kan.) {3}	1.62	14.68m	48-2	1/25/25	NAIA / JUCO Invitational	
16	Hadley WILSON	FR	#15 Cowley (Kan.) {4}	TM-4	14.55m	47-9	1/17/25	Washburn Rust Buster	
17	Bree ROWE	SO	#15 Cowley (Kan.) {5}	TM-5	14.42m	47-3¾	1/17/25	Washburn Rust Buster	
18	Chin-Loy RAYMOND	SO	#3 Iowa Western CC {2}	0.90	14.39m	47-2½	1/24/25	Cyclone Open	
19	Zadie MACKEY	FR	#4 Barton (Kan.) CC {2}	0.80	14.20m	46-7¼	1/18/25	Thane Baker Invitational	
20	Janiel MONTAQUE	FR	#21 Hutchinson (Kan.) CC {2}	0.70	14.12m	46-4	2/1/25	Herm Wilson Invitational	
21	Deisheline MAYER SCOTT	FR	#21 Hutchinson (Kan.) CC {3}	0.60	13.94m	45-9	2/1/25	Herm Wilson Invitational	
22	Morgan MOSLEY	FR	#6 Pima (Ariz.) CC	0.50	13.92m	45-8	1/25/25	Paradise Valley CC "Indoor"	
23	Tomi GALL	SO	Garden City (Kan.) CC	0.40	13.47m	44-2½	1/11/25	Friends First Chance Qualifier	
24	Brinley LENSCH	FR	Paradise Valley (Ariz.)	0.30	13.37m	43-10½	1/25/25	Paradise Valley CC "Indoor"	
25	McKayla KUPLOCKI	SO	#18 Coffeyville (Kan.) CC {3}	0.20	13.01m	42-8¼	1/18/25	Thane Baker Invitational	
26	Lovely HIBBERT	FR	#3 Iowa Western CC {3}	0.15	12.94m	42-5½	1/11/25	Scott Nisely Memorial	
27	Jaeleigha ABALOS	FR	Paradise Valley (Ariz.) {2}	0.13	12.93m	42-5¼	2/1/25	Central Arizona "Indoor"	
28	Cynthia ALBERT	FR	#14 Indian Hills (Iowa) CC	0.10	12.90m	42-4	2/8/25	Iowa State Classic	
29	Margherita SALA	SO	#2 Cloud County (Kan.) C	0.08	12.86m	42-2¼	2/8/25	Frank Sevigne Husker Invitati	
30	Alma CORDOVA	FR	#17 Colby (Kan.) CC	0.05	12.71m	41-8½	1/18/25	Thane Baker Invitational	
31	Vivica ADDISON	SO	#2 Cloud County (Kan.) {2}	0.04	12.59m	41-3¾	2/1/25	Herm Wilson Invitational	
32	Jamelia NICHOLAS	SO	#9 Central Arizona {3}	0.03	12.56m	41-2½	2/8/25	Gaucha "Indoor"	
33	Olivia COX	FR	Sauk Valley (Ill.) CC	0.02	12.55m	41-2¼	12/14/24	Finals Week Invitational	
34	Katie COOK	FR	#15 Cowley (Kan.) {6}	TM-6	12.50m	41-¼	1/17/25	Washburn Rust Buster	
35	Amoni EVANS	FR	#15 Cowley (Kan.) {7}	TM-7	12.30m	40-4¼	1/25/25	NAIA / JUCO Invitational	



National TFRI Event Summary

Women's Pentathlon — 2025 Checkpoint #3, February 11

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Abril OKON	SO	#7 South Plains (Texas)	23.49		3,313c (3313A)	2/1/25 Texas Tech Stan Scott Memor
2	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	21.03		3,232	1/17/25 Jim Mielke Memorial invitatio
3	Maylee THOMPSON	SO	#6 Pima (Ariz.) CC	18.38		3,115	1/17/25 Jim Mielke Memorial invitatio
4	Tahlia LIENERT	FR	#2 Cloud County (Kan.) C	15.72		2,963	2/1/25 Washburn Open & Multis
5	Hannah DROEG	FR	#6 Pima (Ariz.) CC {2}	13.62		2,939	1/17/25 Jim Mielke Memorial invitatio
6	Ella HOMAWOO	FR	#5 Iowa Central CC	11.34		2,869	1/25/25 Jack Johnson Classic
7	Eden BROUWERS	FR	#5 Iowa Central CC {2}	10.20		2,833	1/25/25 Jack Johnson Classic
8	Juwonna WHITEHORN	FR	#7 South Plains (Texas) {2}	9.14		2,818c (2818A)	2/1/25 Texas Tech Stan Scott Memor
9	Arriana JOHNSON	SO	#14 Indian Hills (Iowa) CC	8.01		2,783	2/1/25 Washburn Open & Multis
10	Tatum MATHENY	FR	#13 Mesa (Ariz.) CC {2}	6.76		2,667	1/17/25 Jim Mielke Memorial invitatio
11	Emmanuella SQUIRE	SO	#22 Fort Scott (Kan.) CC	5.70		2,638	2/1/25 Washburn Open & Multis
12	Jakouria JAMERSON	SO	#22 Fort Scott (Kan.) CC {2}	4.61		2,597	2/1/25 Washburn Open & Multis
13	Layla KONSKI	FR	#6 Pima (Ariz.) CC {3}	3.50		2,547	1/17/25 Jim Mielke Memorial invitatio
14	Carlie CARLGREN	FR	#2 Cloud County (Kan.) {2}	2.25		2,432	2/1/25 Washburn Open & Multis
15	Jillian HULSING	SO	Sauk Valley (Ill.) CC	1.71		2,414	1/25/25 Fighting Bee Invite
16	Tyler WASHINGTON	SO	#6 Pima (Ariz.) CC {4}	TM-4		2,342	1/17/25 Jim Mielke Memorial invitatio
17	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	1.00		2,278	2/1/25 Herm Wilson Invitational
18	Tasha WILLIAMS	SO	Hawkeye (Iowa) CC	0.90		2,166	1/25/25 Fighting Bee Invite
19	Jazz DILWORTH	SO	#22 Fort Scott (Kan.) CC {3}	0.80		1,948	2/1/25 Washburn Open & Multis
20	Emer MCAULIFFE	FR	Hawkeye (Iowa) CC {2}	0.70		1,271	1/25/25 Fighting Bee Invite