

WOMEN — 2025 Checkpoint #3, February 11

Athletic

Atlantic

as of 2/11/2025 9:05:21 AM ET

						Atla	mu	.IC			as 01 2/.	11/2025 9:05:21 AN	VI E I
		V	/on	en's 60 Meters					И	om/	en's 800 Meters		
1	24	Aniya SUKU			7.72	1/31	1	10	Attoya HARVEY		#2 Monroe-New Ro	2:16.93	2/1
		Michaelyn FISHER	FR	#1 Richard Bland (V	7.74	12/8	2	14	Serena DOUGLAS	SO	#3 Essex County (N.	2:18.36	1/31
		Jayla WERTS	so	#1 Richard Bland (V{2}	_	2/8	3		Tanesia GARDINER	FR			2/1
		Ma-Avian WILLIAMS	so	#3 Essex County (N.	7.83	2/8	4	87	Sierra REA	FR		2:34.40c (2:36.18f)	1/31
5	41	Kettia AMBROSE	so	#2 Monroe-New Ro	_	1/10	5		Sade LEE	FR		2:40.82	1/18
6	48	Ashia MARTIN	so	#3 Essex County (N.{2}		1/25	6		Adaysha HOLLINESS	FR		2:41.36	2/1
7	57	Breshauna MILLER	FR	#1 Richard Bland (V{3}		1/25	7		Athena SEEBALD	FR	#6 Hudson Valley (N	2:47.46	2/8
8	60	Anijah JAMES	FR	#1 Richard Bland (V{4})		12/8	8		Lauren CLAYTON	FR	#5 Marion Military I{2}	2:49.23	1/19
9	64	Kimberly BAKER	so	#3 Essex County (N.{3}	7.95	1/17	9		Sipriana HILL	SO		_	2/8
10	68	Makenzey GLASS		#5 Marion Military I		1/19	10		Arial CRAWFORD	SO	#4 Hagerstown (Md[2]	2:49.83	2/8
		Wom	en'	s 60 Meter Hurdle	es				W	ome	en's 1000 Meters		
1	12	Aleisha CLARKE	FR		8.92	2/1	1	22	Serena DOUGLAS	_	#3 Essex County (N.	3:08.02	1/10
		Jada HATCHER			9.00	12/8			Tanesia GARDINER			3:10.51	2/1
		Ma-Avian WILLIAMS		#3 Essex County (N.		1/17			Nthabiseng KOMANE	FR			2/1
		Shyla COOPER	FR	#1 Richard Bland (V{2})		1/25	_		0.1.2.		omen's Mile		_, _
		Anijah JAMES	FR	#1 Richard Bland (V{3}		12/8	1	17	Attoya HARVEY	_	#2 Monroe-New Ro	5:11.80	1/25
		Paula ORUSEDE	so	#3 Essex County (N.{2}		1/17			Michaela GROSS		#4 Hagerstown (Md	5:19.90c (5:23.06f)	1/31
7	24	Kadina DEEBLE	FR	#3 Essex County (N.{3}		1/17	3		Tanesia GARDINER		#2 Monroe-New Ro{2}	_	2/7
8	38	Erin SMITH	so	#1 Richard Bland (V{4})	9.57	2/8	4		Joanie PATTON		#5 Marion Military I	6:25.61	2/1
9	42	Aniya SUKU	FR		9.64	2/9	5		Athena SEEBALD	FR	_	6:26.03	1/31
		Justine BELL			10.63	12/7	6		Kaitlyn FICO	so	#8 Onondaga (N.Y.)	6:46.52c (6:50.54f)	12/7
		I//	om	en's 200 Meters			7		Kayla DUNSTAN			6:50.87c (6:54.93f)	2/8
1	9	Jayla WERTS	SO		24.51	2/8	8		Arial CRAWFORD	so	#4 Hagerstown (Md{2)		1/31
		Kettia AMBROSE			24.83	2/1	9		Lauren CLAYTON		#5 Marion Military I{2}		2/1
		Brinel THOMAS		#2 Monroe-New Ro{2}		2/1	10		Alana BEDELL		#7 Finger Lakes (N.\{2)		2/8
		Aniya SUKU		#11 Bryant & Stratto		2/9				ome	en's 3000 Meters	_	,
		Kimberly BAKER	so	#3 Essex County (N	25.41	1/31	1	10	Joy JEPLETING		#2 Monroe-New Ro	10:14.90	2/1
6	47	Michaelyn FISHER	FR	#1 Richard Bland (V{2})		2/8			Michaela GROSS		#4 Hagerstown (Md		
7	48	J'Miaya MUSE	FR	#1 Richard Bland (V{3})	25.60	2/8			Attoya HARVEY	so	#2 Monroe-New Ro(2)		1/3
8	67	Kaliyah JONES	FR	#2 Monroe-New Ro(3):	26.02	2/1	4	<u>.</u>	Sierra REA		#4 Hagerstown (Md{2)		
9	72	Paula ORUSEDE	so	#3 Essex County (N.{2}:		1/31	5		Nthabiseng KOMANE		#2 Monroe-New Ro(3)	_	2/7
10	75	Breshauna MILLER	FR	#1 Richard Bland (V{4})	26.15	2/8	6		Kayla DUNSTAN		#7 Finger Lakes (N.'		
		W	om	en's 400 Meters					-	oma	en's 5000 Meters		2/20
1	6	Jayla WERTS	so		56.28	1/31	H	20	Michaela GROSS	_	#4 Hagerstown (Md	18:32.31	1/25
		Kettia AMBROSE	so		56.99	1/25			Sierra REA		#4 Hagerstown (Md{2)		1/25
		Kimberly BAKER			57.95	1/31		73				21.01.13	1/23
4	26	Breshauna MILLER		#1 Richard Bland (V{2}!	58.49	1/25				ome	en's 4x400 Relay	2.52.46	2/0
5	33	Aaliyah MORGAN		#3 Essex County (N.{2}!		1/31	1	7	Kettia Ambrose, Kaliyah Jones, Joy		#2 Monroe-New Ro	3:52.46	2/8
6	36	Shermalee FREEMAN		#3 Essex County (N.{3}!		1/25			Jepleting, Attoya				
		Aniya SUKU		#11 Bryant & Stratto		12/8			Harvey				
8	42	Paula ORUSEDE	so			2/8	2	12			#3 Essex County (N.	3:56.47	1/25
9	46	J'Miaya MUSE	FR	#1 Richard Bland (V{3}:	_	12/8			Paula Orusede, Serena Douglas,				
10	47	Kaliyah JONES	FR	#2 Monroe-New Ro(2):		2/1			Aaliyah Morgan				
							3	35	Adaysha Holliness, Sirinity Glasper, Sipriana Hill, Courtney Teesdale		#5 Marion Military I	4:40.40	2/8
							4	37	Jessica Franklin, Sierra Rea, Arial Crawford, Michaela Carney		#4 Hagerstown (Md	4:46.03c (4:49.82f)	1/12



USTFCCCA NJCAA Indoor Track & Field

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Regional TFRI Event Summary



Atlantic

as of 2/11/2025 9:05:22 AM ET

		W	'om	en	's High Jump			
1	1	Aidan FAITH	SO		Hagerstown (Md	1.68m	5-6	2/8
2	11	Raeya TOWNSEND	FR	_	Marion Military I	1.55m	5-1	1/19
3	47	Carrie MOORE	so	#12	Carroll (Md.) CC	1.37m	4-6	1/31
4	49	Adaysha HOLLINESS	FR		Marion Military I{2}		4-5	2/1
			on'	ien	's Pole Vault			
1	9	Michaela CARNEY	so	_	Hagerstown (Md	3.20m	10-6	1/31
2	16	Kayla VANDERFORD	so		Hagerstown (Md{2)	2.90m	9-61/4	1/18
3	22	Grace HOLMES	so	#7	Finger Lakes (N.'	2.45m	8-1/2	1/25
4	24	Nicole CALOGERO	FR		Mohawk Valley (2.30m	7-61/2	1/25
5	28	Ava WHITES	FR	#10	Mohawk Valley ({2}	2.27m	7-51/4	2/8
		W	om	en	's Long Jump			
1	8	Anijah JAMES	FR		Richard Bland (V	5.61m	18-5	1/24
2	16	Brinel THOMAS	FR	#2	Monroe-New Ro	5.39m	17-81/4	1/25
3	20	Jaden MILLER	FR	#9	Lake-Sumter Sta	5.34m	17-61/4	1/25
4	21	Shyla COOPER	FR	#1	Richard Bland (V{2)	5.33m	17-6	1/12
5	30	Ciarra MOORE	so	#1	Richard Bland (V{3)	5.19m	17-1/2	12/8
6	35	Michaelyn FISHER	FR	#1	Richard Bland (V{4)	5.11m	16-91/4	1/12
7	40	Aleisha CLARKE	FR	#2	Monroe-New Ro(2)	5.06m	16-71/4	1/17
8	44	Kadina DEEBLE	FR	#3	Essex County (N.	5.03m	16-6	1/17
9	52	Shanaya HINTON	FR	#5	Marion Military I	4.98m	16-41/4	2/1
10	63	Jada HATCHER	FR	#1	Richard Bland (V{5)	4.87m	<i>15-11¾</i>	1/12
		We	ome	en'	s Triple Jump			
1	3	Ciarra MOORE	SO	#1	Richard Bland (V	11.74m	38-61/4	12/8
1	3 12	Ciarra MOORE Shanaya HINTON	SO FR		Richard Bland (V Marion Military I	11.74m 11.34m	38-6½ 37-2½	12/8 2/1
				#5		11.34m		
2	12	Shanaya HINTON	FR	#5 #1	Marion Military I	11.34m 11.19m	<i>37-2½</i>	2/1
3	12 13 14	Shanaya HINTON Anijah JAMES	FR FR	#5 #1 #1	Marion Military I Richard Bland (V{2)	11.34m 11.19m 11.09m	37-2½ 36-8½	2/1 2/8
2 3 4	12 13 14 21	Shanaya HINTON Anijah JAMES Shyla COOPER	FR FR FR	#5 #1 #1	Marion Military I Richard Bland (V{2) Richard Bland (V{3)	11.34m 11.19m 11.09m	37-2½ 36-8½ 36-4¾	2/1 2/8 12/8
2 3 4 5	12 13 14 21 26	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH	FR FR SO FR	#5 #1 #1 #1	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4)	11.34m 11.19m 11.09m 10.85m	37-2½ 36-8½ 36-4¾ 35-7¼	2/1 2/8 12/8 1/31
2 3 4 5 6	12 13 14 21 26 32	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER	FR FR SO FR	#5 #1 #1 #1 #9	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta	11.34m 11.19m 11.09m 10.85m 10.66m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾	2/1 2/8 12/8 1/31 1/18
2 3 4 5 6 7	12 13 14 21 26 32 37	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES	FR FR SO FR FR SO SO	#5 #1 #1 #9 #10 #6 #7	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N.'	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾	2/1 2/8 12/8 1/31 1/18 1/25
2 3 4 5 6 7 8	12 13 14 21 26 32 37	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES	FR FR SO FR FR SO SO	#5 #1 #1 #9 #10 #6 #7	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½	2/1 2/8 12/8 1/31 1/18 1/25 2/8
2 3 4 5 6 7 8	12 13 14 21 26 32 37 39	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES	FR FR SO FR FR SO SO	#5 #1 #1 #9 #10 #6 #7	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N.'	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼	2/1 2/8 12/8 1/31 1/18 1/25 2/8
2 3 4 5 6 7 8 9	12 13 14 21 26 32 37 39	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES	FR FR SO FR FR SO SO	#5 #1 #1 #9 #10 #6 #7	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N Finger Lakes (N.'	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼	2/1 2/8 12/8 1/31 1/18 1/25 2/8 1/25
2 3 4 5 6 7 8 9	12 13 14 21 26 32 37 39 21 38	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES DeMya CAMPBELL	FR FR SO FR FR SO SO	#5 #1 #1 #9 #10 #6 #7 mel #15	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N Finger Lakes (N.' n's Shot Put Richard Bland (V Marion Military I Marion Military I {2}	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m 11.45m 10.30m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼ 37-6¾ 33-9½ 32-1½	2/1 2/8 12/8 1/31 1/18 1/25 2/8 1/25 1/25 12/8 1/19 2/1
2 3 4 5 6 7 8 9 1 2 3 4	12 13 14 21 26 32 37 39 21 38 49 59	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES DeMya CAMPBELL Raina MASSEY Adaysha HOLLINESS Elliot BOAK	FR FR SO FR SO SO SO FR	#5 #1 #1 #1 #9 #10 #6 #7 #6 #1 #5 #8	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N Finger Lakes (N.' n's Shot Put Richard Bland (V Marion Military I Marion Military I Onondaga (N.Y.)	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m 11.45m 10.30m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼ 37-6¾ 32-1½ 31-1	2/1 2/8 12/8 1/31 1/18 1/25 2/8 1/25 1/25 12/8 1/19 2/1 12/7
2 3 4 5 6 7 8 9 1 2 3 4 5	12 13 14 21 26 32 37 39 21 38 49 59 67	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES DeMya CAMPBELL Raina MASSEY Adaysha HOLLINESS Elliot BOAK Iamies HASSAN	FR FR SO FR FR SO SO SO SO	#5 #1 #1 #9 #10 #6 #7 #6 #5 #8 #6	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N Finger Lakes (N.' "'S Shot Put Richard Bland (V Marion Military I Marion Military I Onondaga (N.Y.) Hudson Valley (N	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m 11.45m 10.30m 9.79m 9.47m 9.09m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼ 37-6¾ 32-1½ 31-1 29-10	2/1 2/8 12/8 1/31 1/18 1/25 2/8 1/25 12/8 1/19 2/1 12/7 1/31
2 3 4 5 6 7 8 9 1 2 3 4 5 5	12 13 14 21 26 32 37 39 21 38 49 59 67	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES DeMya CAMPBELL Raina MASSEY Adaysha HOLLINESS Elliot BOAK Iamies HASSAN Alivia COCHRAN	FR FR SO FR SO SO SO FR SO	#5 #1 #1 #9 #10 #6 #7 #1 #5 #8 #6 #6	Marion Military I Richard Bland (V{2}) Richard Bland (V{3}) Richard Bland (V{4}) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N- Finger Lakes (N.' n's Shot Put Richard Bland (V Marion Military I Marion Military I Onondaga (N.Y.) Hudson Valley (N- Hudson Valley (N- Hudson Valley (N-	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m 11.45m 10.30m 9.79m 9.47m 9.09m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼ 37-6¾ 33-9½ 31-1 29-10 29-10	2/1 2/8 12/8 1/31 1/18 1/25 2/8 1/25 1/25 12/8 1/19 2/1 12/7 1/31
2 3 4 5 6 7 8 9 1 2 3 4 5	12 13 14 21 26 32 37 39 21 38 49 59 67	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES DeMya CAMPBELL Raina MASSEY Adaysha HOLLINESS Elliot BOAK Iamies HASSAN Alivia COCHRAN Angelica	FR FR SO FR SO SO SO FR	#5 #1 #1 #9 #10 #6 #7 #1 #5 #8 #6 #6	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N Finger Lakes (N.' "'S Shot Put Richard Bland (V Marion Military I Marion Military I Onondaga (N.Y.) Hudson Valley (N	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m 11.45m 10.30m 9.79m 9.47m 9.09m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼ 37-6¾ 32-1½ 31-1 29-10	2/1 2/8 12/8 1/31 1/18 1/25 2/8 1/25 12/8 1/19 2/1 12/7 1/31
2 3 4 5 6 7 8 9 1 2 3 4 5 5 7	12 13 14 21 26 32 37 39 21 38 49 59 67 67 78	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES DeMya CAMPBELL Raina MASSEY Adaysha HOLLINESS Elliot BOAK Iamies HASSAN Alivia COCHRAN Angelica SLINGERLAND	FR FR SO FR FR SO SO FR SO SO SO FR SO	#5 #1 #1 #9 #10 #6 #7 #6 #5 #8 #6 #6	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (Finger Lakes (N.' n's Shot Put Richard Bland (V Marion Military I Marion Military I Onondaga (N.Y.) Hudson Valley (Hudson Valley (Hudson Valley (Hudson Valley (K)	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m 11.45m 10.30m 9.79m 9.47m 9.09m 9.09m 8.65m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼ 37-6¾ 32-1½ 31-1 29-10 29-10 28-4½	2/1 2/8 12/8 1/31 1/18 1/25 2/8 1/25 12/8 1/19 2/1 12/7 1/31 1/31
2 3 4 5 6 7 8 9 1 2 3 4 5 5 7	12 13 14 21 26 32 37 39 21 38 49 59 67 67 78	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES DeMya CAMPBELL Raina MASSEY Adaysha HOLLINESS Elliot BOAK Iamies HASSAN Alivia COCHRAN Angelica SLINGERLAND Cali BUCHHOLZ	FR FR SO SO SO FR SO FR	#5 #1 #1 #9 #10 #6 #7 #2 #5 #8 #6 #6 #6	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (N Finger Lakes (N.' n's Shot Put Richard Bland (V Marion Military I Marion Military I Marion Valley (N Hudson Valley (11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m 11.45m 10.30m 9.79m 9.47m 9.09m 9.09m 8.65m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼ 37-6¾ 32-1½ 31-1 29-10 29-10 28-4½ 28-¾	2/1 2/8 12/8 1/31 1/18 1/25 2/8 1/25 12/8 1/25 12/7 1/31 1/31 1/31
2 3 4 5 6 7 8 9 1 2 3 4 5 5 7	12 13 14 21 26 32 37 39 21 38 49 67 67 78	Shanaya HINTON Anijah JAMES Shyla COOPER Erin SMITH Jaden MILLER Alycia MCKOY Abigale DUNLAVEY Grace HOLMES DeMya CAMPBELL Raina MASSEY Adaysha HOLLINESS Elliot BOAK Iamies HASSAN Alivia COCHRAN Angelica SLINGERLAND	FR FR SO FR FR SO SO FR SO SO SO FR SO	#5 #1 #1 #9 #10 #6 #7 #6 #5 #8 #6 #6 #6 #6	Marion Military I Richard Bland (V{2) Richard Bland (V{3) Richard Bland (V{4) Lake-Sumter Sta Mohawk Valley (Hudson Valley (Finger Lakes (N.' n's Shot Put Richard Bland (V Marion Military I Marion Military I Onondaga (N.Y.) Hudson Valley (Hudson Valley (Hudson Valley (Hudson Valley (K)	11.34m 11.19m 11.09m 10.85m 10.66m 9.90m 9.41m 8.08m 11.45m 10.30m 9.79m 9.47m 9.09m 9.09m 8.65m 8.55m 8.21m	37-2½ 36-8½ 36-4¾ 35-7¼ 34-11¾ 32-5¾ 30-10½ 26-6¼ 37-6¾ 32-1½ 31-1 29-10 29-10 28-4½	2/1 2/8 12/8 1/31 1/18 1/25 2/8 1/25 12/8 1/25 12/7 1/31 1/31 1/31

		Wo	mei	n's Weight Throw	/		
1	36	Raina MASSEY	SO	#5 Marion Military I	12.16m	<i>39-10¾</i>	2/8
2	50	DeMya CAMPBELL	SO	#1 Richard Bland (V	11.18m	36-81/4	12/8
3	72	Lauren SCHROM	FR	#6 Hudson Valley (N	9.68m	31-91/4	2/8
4	80	lamies HASSAN	SO	#6 Hudson Valley (N2	8.56m	28-1	2/8
5	84	Zoe EVANS	FR	#6 Hudson Valley (N(3)	8.22m	<i>26-11¾</i>	2/8
6	87	Elliot BOAK		#8 Onondaga (N.Y.)	7.51m	24-73/4	12/7
7	88	Angelica SLINGERLAND	SO	#6 Hudson Valley (N4	7.14m	23-51/4	2/8
8	89	Meghan COWLES	FR	#6 Hudson Valley (N{5	7.04m	23-11/4	1/31
9	91	Jessica SLINGERLAND	SO	#6 Hudson Valley (N6	6.80m	<i>22-3¾</i>	1/31
10	93	Kaitlyn QUEEN	FR	#4 Hagerstown (Md	6.65m	21-10	2/8





USTFCCCA NJCAA Indoor Track & Field

Regional TFRI Event Summary



			Cer	ntral	as of 2/11/2025 9:05:22 AN	√ ET
	И	/omen's 60 Meters		И	Vomen's 800 Meters	
1 1	Anita AFRIFA	SO #9 Colby (Kan.) CC 7.30	1/18	1 2 Nontokozo NCUBE	SO #1 Cloud County (K 2:10.58	2/8
2 2	Keliza SMITH	SO #2 Barton (Kan.) CC 7.33	1/18	2 3 Shone WALTERS	SO #2 Barton (Kan.) CC 2:12.85 OT	1/25
3 3	Maimuna JALLOW	FR #1 Cloud County (K. 7.35	1/25	3 5 N Vanee ANCHIKE	SO #1 Cloud County (K{2}2:13.93 OT	1/25
4 5	Royanah FARMER	SO #5 Coffeyville (Kan. 7.51	2/1	4 6 Rafiatu NUHU	SO #1 Cloud County (K{3} 2:14.70	2/1
5 7	Adetutu ALADELOYE	SO #10 Allen (Kan.) CC 7.55	2/8	5 7 Mercy	SO #1 Cloud County (K{4} 2:15.92	2/1
6 12	Kayveonna JACKSON	SO #10 Allen (Kan.) CC {2}7.57	2/1	ANGAAMCHAAB		,
7 17	Linya GEDEON	SO #5 Coffeyville (Kan.{2}7.62	1/17	6 25 Amanda KOTAMBE	FR #1 Cloud County (K{5}2:22.03 OT	1/25
8 19	Shanteria	SO #11 Highland (Kan.) 7.64	2/8	7 33 Sarai CHAVEZ	SO #12 Dodge City (Kan. 2:24.14cu/2:26.51u)	1/31
	WASHINGTON			8 35 Ava WASHINGTON	SO #12 Dodge City (Kan.{2} 2:24.33cu/2:26.70u)	1/31
9 22	Kayda AUSTIN	FR #2 Barton (Kan.) CC{2} 7.68	1/25	9 39 Melania TURAGA	FR #14 Neosho County (2:25.78	2/8
10 24	Ranayla MOTEN	FR #10 Allen (Kan.) CC {3} 7.72	2/1	10 44 Vilorina TUILAWAKI	SO #14 Neosho County ({2} 2:27.12	2/8
	Wom	en's 60 Meter Hurdles		W	omen's 1000 Meters	
1 2	Asharria ULETT	FR #2 Barton (Kan.) CC 8.48c	(8.48A) 2/1	1 1 N Vanee ANCHIKE	SO #1 Cloud County (K 2:52.39	1/18
2 7	Chenessa DAVIS	SO #1 Cloud County (K 8.71	1/25	2 2 Mercy	SO #1 Cloud County (K{2}2:58.68	1/18
3 8	Ty'yanah ADAMS	FR #2 Barton (Kan.) CC(2) 8.72	1/25	ANGAAMCHAAB	<u> </u>	
4 9	Linya GEDEON	SO #5 Coffeyville (Kan. 8.76	1/18	3 4 Nontokozo NCUBE	SO #1 Cloud County (K{3} 2:59.78	1/18
5 15	Damaria BELL	FR #6 Fort Scott (Kan.) 9.02	2/1	4 11 Amanda KOTAMBE	FR #1 Cloud County (K{4}3:04.00	1/18
6 18	Tahlia LIENERT	FR #1 Cloud County (K{2}9.11	2/8	5 25 Abigail GRANTHAM	SO #4 Hutchinson (Kan 3:08.57 OT	1/25
7 22	Olivia LEATHERMAN	FR #12 Dodge City (Kan. 9.15	1/18	6 29 Dheniffer VAZ	JR #3 Cowley (Kan.) 3:11.05	2/8
8 25	Alexia WALKER	FR #2 Barton (Kan.) CC{3}9.19	1/25	7 45 Ava LEMASTER	FR #4 Hutchinson (Kan{2} 3:18.07 OT	1/25
9 26	DiaMonae THOMAS	SO #11 Highland (Kan.) 9.21	2/8	8 62 Annabel REYES	SO #11 Highland (Kan.) 3:35.31	1/18
10 27	Nanhi PANNU	FR #1 Cloud County (K{3}9.22	1/18	9 65 La Tanya JOHNSON	FR #13 Butler (Kan.) CC 3:37.40	1/18
	W	omen's 200 Meters		10 76 Mariana LOZANO-	FR #3 Cowley (Kan.) {2} 3:54.05	2/8
1 1	Anita AFRIFA	SO #9 Colby (Kan.) CC 23.28	2/7	CARDENAS		
2 2	Maimuna JALLOW	FR #1 Cloud County (K 23.69	2/1		Women's Mile	
3 5	Adetutu ALADELOYE	SO #10 Allen (Kan.) CC 24.34	2/1	1 7 N Vanee ANCHIKE	SO #1 Cloud County (K 4:57.90	2/1
4 6	Rafiatu NUHU	SO #1 Cloud County (K{2}24.37	2/1	2 11 Mercy	SO #1 Cloud County (K{2}5:09.37	1/18
5 7	Keliza SMITH	SO #2 Barton (Kan.) CC 24.40 0		ANGAAMCHAAB	00 10 0 11 /1/	1 /05
	Royanah FARMER	SO #5 Coffeyville (Kan. 24.63	2/7	3 Rosemary ARTHUR	SO #9 Colby (Kan.) CC 5:10.19 OT	1/25
	Kayda AUSTIN	FR #2 Barton (Kan.) CC(2) 24.68c	(24.61A) 2/1	4 14 Videlma JEBET	FR #7 Crowder (Mo.) 5:11.14 OT	2/1
	•	SO #10 Allen (Kan.) CC {2} 25.01	2/1	5 18 Faith JEPTOO	SO #7 Crowder (Mo.) {2} 5:11.81 OT	2/1
	Ranayla MOTEN	FR #10 Allen (Kan.) CC {3}25.06	2/8	6 23 Mercy KIBUIGUT	FR #7 Crowder (Mo.) {3} 5:13.29 OT	2/1
	Ivana ODONKOR	, , , , ,	(25.53f) 1/18	7 26 Amanda KOTAMBE	FR #1 Cloud County (K{3} 5:15.67	2/1
		omen's 400 Meters		8 45 Elizabeth HERNANDEZ	SO #13 Butler (Kan.) CC 5:20.62 OT	1/25
1 1	Rafiatu NUHU	SO #1 Cloud County (K 54.72	2/8	9 53 Reid HARVEY-	FR #8 Garden City (Kar 5:23.72 OT	1/25
2 3	Natasha FOX	FR #2 Barton (Kan.) CC 56.04c	(55.93A) 2/1	MCKEAN		
3 16	Tierra WILLIAMS	FR #5 Coffeyville (Kan. 57.61	2/1	10 66 Meryeme MAI	FR #8 Garden City (Kar{2} 5:28.39c (5:31.64f)	1/11
3 16	Bianca GLEIM	SO #12 Dodge City (Kan. 57.61cu	(58.79u) 1/31	W	omen's 3000 Meters	
	Amalinally PEMBERTON	SO #5 Coffeyville (Kan.{2} 57.78 O		1 16 N Vanee ANCHIKE	SO #1 Cloud County (K 10:19.11 OT	1/25
6 20	Ala' Jah BROOKS	SO #10 Allen (Kan.) CC 57.82	2/8	2 18 Pelisha KOSGEI	FR #7 Crowder (Mo.) 10:20.66 OT	1/25
	Narissa MCPHERSON	FR #2 Barton (Kan.) CC{2}57.92c	(57.81A) 2/1	3 19 Elizabeth HERNANDEZ	SO #13 Butler (Kan.) CC 10:21.18	2/1
	Kialia CLAIBORNE	SO #2 Barton (Kan.) CC[3] 58.60 O		4 27 Faith JEPTOO	SO #7 Crowder (Mo.) {2} 10:28.08 OT	1/25
	Dhakiya BLAKE	SO #5 Coffeyville (Kan.{3} 58.64 O	•	5 34 Meryeme MAI	FR #8 Garden City (Kar 10:32.69 OT	1/25
	Ja'Kheria KELSER	FR #5 Coffeyville (Kan.{4} 58.73	1/23	6 47 Mercy KIBUIGUT	FR #7 Crowder (Mo.) {3} 10:45.37 OT	1/25
10 31	Ja Kileria KELJEK	Concyvitte (Nail, 14) 36.13	1/11	7 48 Laura AVILA	SO #4 Hutchinson (Kan 10:46.47 OT	1/25
				8 63 Kayli MYERS	SO #3 Cowley (Kan.) 11:05.07	1/17
				9 69 Ivy WASHINGTON	SO #12 Dodge City (Kan. 11:17.32c(11:24.43u)	
				10 71 Alison UNRUH	SO #13 Butler (Kan.) CC {2} 11:18.48 OT	1/25
				20 12 / 113011 01111011	Successfully 66 (2) 1110/10 01	1,23



Dayanna Brito-Hernandez, Dheniffer Vaz, Daniela Lozano-

Cardenas

USTFCCCA NJCAA Indoor Track & Field

Regional TFRI Event Summary





				Cer	ntra	al		as of 2,	/11/2025	9:05:22	AM ET
	W	omen's 5000 Meters					Wo	men's 4x800 Relay	,		
	N Vanee ANCHIKE Laura AVILA Jordyn PICOLET	SO #1 Cloud County (K. SO #4 Hutchinson (Kan SO #4 Hutchinson (Kan	18:35.89	2/8 2/1 2/1	1	Mercy Kibuigut, Pelisha Kosgei, Jeptoo, Videlma Jebet	, Faith	#7 Crowder (Mo.)	9:29.59	ОТ	1/25
5 3 4	1 Alison UNRUH 1 Celestine KIBORUS 2 Valyrie FREEMAN 3 Ivy WASHINGTON	SO #13 Butler (Kan.) CC FR #17 Fort Hays Tech N SO #13 Butler (Kan.) CC {2 SO #12 Dodge City (Kan.)	_	2/1 1/18 2/1 1/18	2		arus,	#8 Garden City (Kar	9:58.43	ОТ	1/25
8 3 7 9 3 8	7 Kayli MYERS 3 Alexa MARSHALL O Audrey FLETCHER	SO #3 Cowley (Kan.) FR #13 Butler (Kan.) CC {3} FR #7 Crowder (Mo.)	20:02.82	2/8 2/1 2/1	3	4 Vilorina Tuilawa Melania Turaga Styles, Barbara Gurrola	, Amy	#14 Neosho County (10:54.79	ОТ	1/18
	W	omen's 4x400 Relay	,			Wo	men'	s Distance Medley			
1 1	Nanhi Pannu, Nontokozo Ncube, Maimuna Jallow, Rafiatu Nuhu	#1 Cloud County (K	3:44.77	2/8	1	4 Mercy Angaamo Rafiatu Nuhu, Amanda Kotam Vanee Anchike		#1 Cloud County (K	12:11.38	3	2/1
2 2	Natasha Fox, Shone Walters, Narissa McPherson, Celine Riddle	#2 Barton (Kan.) CC	3:46.57c (<i>3:46.13A</i>)	2/1	2	5 Faith Jeptoo, Videlma Jebet, Kibuigut, Pelish Kosgei		#7 Crowder (Mo.)	12:20.67	7 ОТ	2/1
3 8	Jayden Piper, Emmanuella Squire, Dayjoniqe Cato, Ivana Odonkor	#6 Fort Scott (Kan.)	3:52.50	2/1	3	9 Reid Harvey-Mc Beverlyne Kipta Mekhila Sander Meryeme Mai	arus,	#8 Garden City (Kar	12:48.46	5	2/1
4 9	Ja'Kheria Kelser, Amalinally Pemberton, Tierra Williams, Dhakiya Blake	#5 Coffeyville (Kan.	3:52.58	1/17	4	13 Savannah Fisch Grace Knight, Dayanna Brito- Hernandez, Dan Lozano-Cardena	niela	#3 Cowley (Kan.)	13:56.89)	2/8
5 1:	Ranayla Moten, Ala' Jah Brooks, Charity Beckham, Adetutu Aladeloye	#10 Allen (Kan.) CC	3:54.52	2/1	5	15 Melania Turaga Styles, Rhea Flanders, Barba Gurrola		#14 Neosho County (14:22.43	3	2/8
6 14	4 Beatrice Boakye,	#9 Colby (Kan.) CC	3:58.91 OT	1/25			Wa	omen's High Jump			
	Anita Afrifa, Rosemary Arthur, Ashly Tharp					11 Emmanuella SQ 16 Chenessa DAVIS		SO #6 Fort Scott (Kan.) SO #1 Cloud County (K	1.55m 1.53m	5-1 5-1/4	1/18 2/1
7 1	7 J'Na Demming, Shanteria Washington, Kamia Maglorie, Alyana Wallace	#11 Highland (Kan.)	4:06.75	2/1	4	16 Alyana WALLACI18 Tahlia LIENERT18 Sophia CALISTR18 Riannon ST. CLA	RO	SO #11 Highland (Kan.) FR #1 Cloud County (K{2} FR #12 Dodge City (Kan. SO #3 Cowley (Kan.)		5-1/4 4-11 ³ / ₄ 4-11 ³ / ₄ 4-11 ³ / ₄	2/8 2/1 1/31 1/25
8 19	Rhea Flanders, Vilorina Tuilawaki, Amy Styles, Melania Turaga	#14 Neosho County (4:09.64	2/8	7	24 Jakouria JAMER24 Kennedy MOSLE24 Cassidy HERGE29 Jazz DILWORTH	EY T	SO #6 Fort Scott (Kan.){2 SO #6 Fort Scott (Kan.){2 SO #16 Mineral Area (Mc SO #6 Fort Scott (Kan.){4	2} 1.50m 1.50m	4-11 4-11 4-11 4-10½	1/18 1/18 2/8 2/1
9 2:	1 #Type!	#8 Garden City (Kar	4:11.74c (4:15.08f)	1/11		, , , , , , , , , , , , , , , , , , , ,			,		-, -
10 2	Mahalee Bilhimer, Dayanna Brito-	#3 Cowley (Kan.)	4:17.94c (4:21.36f)	2/1							



23 Anna WASHBURN

29 Journey SANDER

6 Deisheline MAYER

Janiel MONTAQUE

9 31 Riannon ST. CLAIR

10 33 Leah WRIGHT

1 5 Cierra GRAY

SCOTT

4 11 Zadie MACKEY

5 12 Cedricka WILLIAMS

15 Aiyanna GREEN

7 22 Shaniece POWELL

26 Nora HENRY

9 27 Hadley WILSON

10 **28** Tomi GALL

3

USTFCCCA NJCAA Indoor Track & Field

FR #5 Coffeyville (Kan.{2} 10.79m 35-43/4

FR #4 Hutchinson (Kan 13.63m 44-834

FR #4 Hutchinson (Kan{2} 13.06m 42-101/4

FR #2 Barton (Kan.) CC 12.72m 41-834

SO #4 Hutchinson (Kan{3} 12.52m 41-1

FR #5 Coffeyville (Kan. 11.44m 37-61/2

FR #16 Mineral Area (Mc 11.16m 36-71/2

FR #3 Cowley (Kan.) {2}11.12m 36-534

SO #8 Garden City (Kar 11.09m 36-43/4

SO #2 Barton (Kan.) CC{2} 12.69m

10.25m 33-7½

10.01m 32-101/4

14.24m 46-8³/₄

32-23/4

9.82m

FR #15 State Fair (Mo.)

SO #3 Cowley (Kan.)

FR #10 Allen (Kan.) CC

Women's Shot Put

SO #3 Cowley (Kan.)

WOMEN - 2025 Checkpoint #3, February 11

Degional TEDI Event Cu



,	Reg	gional TFRI Ev	vent Sur	mmary	//thle	tic
	,		С	Central	as of 2/11/2025 9:05:22	: AM ET
		Women's Pole Vault		Won	nen's Weight Throw	
1	3 Dakota DAPPER	SO #3 Cowley (Kan.) 3.6	7m <i>12-1/2</i> 2 _/	2/1 1 3 Cedricka WILLIAMS S	SO #2 Barton (Kan.) CC 17.41m 57-11/2	1/25
2	6 Bradie MEDINA	SO #1 Cloud County (K 3.4	2m 11-2½ 2/	2/1 2 9 Mercedes GLOVER .	JR #3 Cowley (Kan.) 15.26m 50-34	2/1
3	7 Kennedy KIZARR	SO #3 Cowley (Kan.) {2} 3.3	7m <i>11-¾</i> 2,	2/1 3 10 Mayce MCDONALD	SO #3 Cowley (Kan.) {2} 15.06m 49-5	1/25
4	8 Elizabeth BROZEK	FR #3 Cowley (Kan.) {3}3.2	.1m 10-61/4 2/	./8 4 12 Ana MANOUSARIDIS S	SO #5 Coffeyville (Kan. 14.84m 48-81/4	1/18
5	12 Alycea MCCOY	FR #4 Hutchinson (Kan 3.1	. 2m <i>10-2¾</i> 1/1	17 5 13 Shaniece POWELL I	FR #5 Coffeyville (Kan.{2} 14.80m 48-63/4	1/18
6	15 Grace BENDER	FR #4 Hutchinson (Kan{2} 2.9	2m <i>9-7</i> 2	2/1 6 14 Aiyanna GREEN	SO #4 Hutchinson (Kan 14.72m 48-31/2	2/1
7	21 Amparo PAYNE	FR #15 State Fair (Mo.) 2.4	6m 8-3/4 2/	7 15 Cierra GRAY	SO #3 Cowley (Kan.) {3} 14.68m 48-2	1/25
8	24 Isabelle CULLENS	FR #5 Coffeyville (Kan. 2.3	30m 7-6½ 1/2	25 8 16 Hadley WILSON	FR #3 Cowley (Kan.) {4} 14.55m 47-9	1/17
8	24 Journey SANDER	FR #15 State Fair (Mo.) {2}2.3	0m 7-6½ 1/1	18 9 17 Bree ROWE	SO #3 Cowley (Kan.) {5} 14.42m 47-3¾	1/17
8	24 Danielle BEARS	FR #11 Highland (Kan.) 2.3	0m 7-6½ 1/2	25 10 19 Zadie MACKEY	FR #2 Barton (Kan.) CC{2} 14.20m 46-71/4	1/18
	V	Nomen's Long Jump		Wo	men's Pentathlon	
1	5 Celine RIDDLE	FR #2 Barton (Kan.) CC 5.7	' 4m <i>18-10</i> 1/2	25 1 4 Tahlia LIENERT I	FR #1 Cloud County (K 2,963	2/1
2	7 Chloe PERRYMAN	SO #2 Barton (Kan.) CC{2} 5.6	5 5m 18-6½ 1/1	18 2 11 Emmanuella SQUIRE S	SO #6 Fort Scott (Kan.) 2,638	2/1
3	10 Aalyiah LINTON	FR #6 Fort Scott (Kan.) 5.5	4m <i>18-21</i> / ₄ 2/	2/1 3 12 Jakouria JAMERSON S	SO #6 Fort Scott (Kan.){2} 2,597	2/1
4	11 Alexia LEWIS	SO #11 Highland (Kan.) 5.5	i 2m 18-1½ 2/	/8 4 14 Carlie CARLGREN	FR #1 Cloud County (K{2} 2,432	2/1
5	13 Jocelyn NUNEZ	FR #15 State Fair (Mo.) 5.4	3m <i>17-9¾</i> 1/2	24 5 17 Vilorina TUILAWAKI S	SO #14 Neosho County (2,278	2/1
6	17 Kymia BRIDGETT	FR #2 Barton (Kan.) CC(3) 5.3	88m <i>17-8</i> 1/1	18 6 19 Jazz DILWORTH	SO #6 Fort Scott (Kan.){3} 1,948	2/1
7	18 Azariah DAWES	FR #4 Hutchinson (Kan 5.3	66m 17-7 2/	2/1		
8	23 Nele GOESL	FR #1 Cloud County (K 5.3	1m 17-51/4 1/1	18		
9	32 Makiya MOSLEY	FR #2 Barton (Kan.) CC{4}5.1	.6m 16-111/4 1/2	25		
10	36 Yaya MORENO	SO #4 Hutchinson (Kan{2}5.1	. 0m <i>16-8¾</i> 2 _/	2/1		
	И	Vomen's Triple Jump				
1	2 Celine RIDDLE	FR #2 Barton (Kan.) CC 12.	. 20m <i>40-½</i> 1/1	18		
2	9 Kymia BRIDGETT	FR #2 Barton (Kan.) CC{2} 11.	. 45m <i>37-6¾</i> 1/2	25		
3	11 Isabelle CULLENS	FR #5 Coffeyville (Kan. 11.	. 35m <i>37-3</i> 1/1	17		
4	15 Aalyiah LINTON	FR #6 Fort Scott (Kan.) 11.	. <mark>06m</mark> <i>36-3½</i> 1/1	18		
5	16 Nele GOESL	FR #1 Cloud County (K 11.	. 02m <i>36-2</i> 2,	/1		
6	17 Azariah DAWES	FR #4 Hutchinson (Kan 11.	. 01m <i>36-1</i> ½ 2/	2/1		

1/25

1/11

2/1

1/11

2/8

1/25

2/1

1/18

2/1

2/1

1/18

1/25

1/17

1/25





USTFCCCA NJCAA Indoor Track & Field

Regional TFRI Event Summary



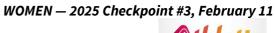
					Mid	we	st			as of 2/11/2025 9:05:22 A	M ET
	И	/om	ien's 60 Meters					И	/om	en's 800 Meters	
1 4	Zariah GREAVES	FR		7.46	2/8	1	8	Angeline ESTRADA	SO		2/1
2 7	Destiny MITCHELL	SO	#3 Indian Hills (Iow	7.55	2/8	2	18	Wijdane INZALINE	FR	#1 lowa Western CC{2} 2:20.96 OT	2/1
2 7	Serena GRACE	FR	#1 Iowa Western CC	7.55	1/11	3	19	Natalie BOGDANOVA	SO	#2 Iowa Central CC 2:21.05 OT	2/8
4 15	Avia LANE	FR	#3 Indian Hills (Iow{2	7.60	12/14			KIRILOVA			
5 17	Zekira SNOW	SO	#3 Indian Hills (Iow{3	7.62	2/8	4	23	Abbigail (Abbi)	FR	#2 lowa Central CC {2} 2:21.50c (2:23.13f)	1/25
6 23	Judith KOUMEDZINA	SO	#1 Iowa Western CC{2	7.69	2/8	_	24	Juliette GAVOIS	- FD	#3 Journ Control CC [3] 3-21 79 OT	1/25
7 33	Keyonna MCGILL	SO	#8 Cuyahoga (Ohio)	7.81	1/18			Alyssa KULESA	FR FR		1/25 2/8
8 41	Nyla NORMAN	SO	#3 Indian Hills (Iow{4	}7.84	1/18			Alivia EDENS	FR	· ·	2/8
9 45	Mechak Linda BULA	FR	#2 Iowa Central CC {2	7.86	1/25			Elizabeth EWUSIE	FR	#1 lowa Western C({4} 2:22.46	2/8
	BULA		#0 · 11 · · · · · · · · ·		10/11	9		Sara BELGACEM	FR		2/7
10 49	Promise ZANDY		#3 Indian Hills (Iow{5		12/14			Fanny DEN UYL		#2 Iowa Central CC {5} 2:27.34 OT	1/25
			s 60 Meter Hurd	les		10	10	-			1/23
1 1	Dymonde NAVE		#3 Indian Hills (Iow	8.43	2/1	1	C			#2 lowa Central CC 3:00.62 OT	2/0
	Zoe ALLEN		#5 Vincennes (Ind.)	9.42	1/24	1	6	Abbigail (Abbi) HUTCHINSON	FK	#2 Iowa Central CC 3:00.62 OT	2/8
	Arriana JOHNSON		#3 Indian Hills (Iow{2		12/14	2	9	Alivia EDENS	FR	#2 Iowa Central CC {2} 3:02.68 OT	2/1
	Hannah QUANG		#2 Iowa Central CC	9.49	2/8		10	Natalie BOGDANOVA		#2 Iowa Central CC {3} 3:03.79 OT	2/1
	Ella HOMAWOO	FR	#2 Iowa Central CC {2		2/8			KIRILOVA			
	Eden BROUWERS	FR		-	1/25	4	14	Elizabeth EWUSIE	FR	#1 lowa Western CC 3:06.25 OT	1/24
	Ava CONNERTY		#17 Triton (Ill.)	9.81	2/1	5	18	Angeline ESTRADA	SO	#1 lowa Western CC(2) 3:07.42	1/18
	Delaney GALE	SO		9.82	1/18	6	19	Alyssa KULESA	FR	#1 lowa Western C({3} 3:07.60 OT	2/1
	Addison (Addi) HINDT	FR	#2 Iowa Central CC {4	•	1/25	7	24	Wijdane INZALINE	FR	#1 lowa Western C({4} 3:08.20	1/18
10 31	Destiny DAVIS		#2 Iowa Central CC {5	9.80	1/25	8	27	Juliette GAVOIS	FR	#2 lowa Central CC {4} 3:09.10 OT	2/8
		_	en's 200 Meters	~~~	1/10	9	35	Fanny DEN UYL	FR	#2 lowa Central CC {5} 3:13.94 OT	2/1
	Kenyatta GRATE		#3 Indian Hills (Iow	24.68	1/18	10	38	Imane JOURJI	FR	#2 Iowa Central CC (6) 3:14.85 OT	2/8
	Serena GRACE	FR			2/1				N	omen's Mile	
	Zariah GREAVES	FR	#2 Iowa Central CC #3 Indian Hills (Iow{2	24.94 OT	2/1	1	1	Juliana SAKAT	FR		1/24
	Nyla NORMAN Zekira SNOW	SO			12/7 12/14	2	5	Nora BRADY	SO	#12 Heartland (Ill.) C 4:56.61c (4:59.54f)	2/8
	Laurie LOUIS	so	#3 Indian Hills (Iow [4		12/14	3	6	Hafssa BOUTRICH	FR	. ,	1/24
	Mechak Linda BULA	FR			1/18	4	15	Abbigail (Abbi)	FR	#2 Iowa Central CC 5:11.59 OT	2/1
1 72	BULA		lowa centrat ce (2	., 23.40	1/10	_	27	HUTCHINSON Alivia EDENS	- FD	#2 Iowa Central CC {2} 5:15.90 OT	2/8
8 58	Keyonna MCGILL	SO	#8 Cuyahoga (Ohio)	25.75c (26.15f)	1/25			Wijdane INZALINE		#1 lowa Western C({3}5:18.73	1/18
9 66	Alexa ZANDERS	FR	#3 Indian Hills (Iow{5	}26.01 OT	12/14			Tiffani KOONCE		#3 Indian Hills (Iow 5:20.43	1/25
10 67	Promise ZANDY	FR	#3 Indian Hills (Iow{6	}26.02 OT	12/14			Elizabeth EWUSIE	FR		1/24
10 67	Judith KOUMEDZINA	so	#1 lowa Western CC{2	3 26.02	2/8			Grace COLLINS		#14 Des Moines Area 5:25.91 OT	1/24
	W	om	en's 400 Meters					Ayianna OLIVAS	so		1/24
1 15	Laurie LOUIS		#3 Indian Hills (Iow	57.58 OT	12/14	10				en's 3000 Meters	1/21
2 23	Nyla NORMAN	so	#3 Indian Hills (Iow{2	}58.02 OT	12/14	1	1	Juliana SAKAT		#1 lowa Western CC 9:30.36	1/18
3 24	Alexa ZANDERS	FR	#3 Indian Hills (Iow{3	}58.15 OT	1/24	2	9	Hafssa BOUTRICH	FR		1/18
4 25	Mechak Linda BULA BULA	FR	#2 Iowa Central CC	58.44 OT	2/8	3		Abbigail (Abbi) HUTCHINSON		#2 lowa Central CC 10:17.64	1/18
5 26	Keyonna MCGILL	so	#8 Cuyahoga (Ohio)	58.49 OT	2/8	Δ	24	Nora BRADY	SO	#12 Heartland (Ill.) C 10:24.94c/10:30.29	f) 1/24
6 32	Ellie LOGSDON	SO	#7 DuPage (Ill.)	59.03 OT	2/8			Elizabeth EWUSIE	FR		1/18
7 51	Jacarla BLACK	so	#8 Cuyahoga (Ohio){2	} 1:01.57 OT	2/8			Imane JOURJI		#2 lowa Central CC {2} 10:30.23	1/18
8 52	Zoe ALLEN	FR	#5 Vincennes (Ind.)	1:01.77	2/7			Tiffani KOONCE		#3 Indian Hills (Iow 10:33.58 OT	2/8
9 60	Natalia POCICA	so	#6 Harper (Ill.)	1:02.42c (1:03.24f)	1/18			Kayden SPENCER		#14 Des Moines Area 10:41.76 OT	2/8
10 67	Olivia URBAN	FR	#9 Muskegon (Mich	1:02.77c (1:03.60f)	1/25			Ava LAMILZA		#13 Macomb (Mich.) 10:56.01 OT	1/17
								Grace COLLINS		#14 Des Moines Area{2} 10:56.04 OT	2/8



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USTFCCCA NJCAA Indoor Track & Field

Regional TFRI Event Summary



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		·					est		as of 2/	as of 2/11/2025 9:05:23 AM ET			
		Wa	omen's 5000 Meters			Women's 4x800 Relay							
1	1	Juliana SAKAT	FR #1 Iowa Western CC		2/1	1	2			#2 Iowa Central CC	9:38.36	ОТ	2/1
		Abbigail (Abbi) HUTCHINSON	FR #2 Iowa Central CC	18:03.17 OT	2/1			Kirilova, Fanny den Uyl, Juliette Gavois, Alivia Edens		_			
3	14	Elizabeth EWUSIE	FR #1 lowa Western CC{2	} 18:11.43	2/1	2	5			#7 DuPage (Ill.)	11.52 50	Sc(12:00.78	f) 1/31
4	18	Tiffani KOONCE	FR #3 Indian Hills (Iow	18:28.12	2/1	_		Olivia Chapman,		Dui age (itt.)	11.32.3	J C(-2.00770	·/ 1/31
5	23	Carmen SOLIS	SO #7 DuPage (III.)	18:40.49 OT	12/6			Maureen Bluemle,					
6	25	Imane JOURJI	FR #2 lowa Central CC {2	} 18:45.87 OT	2/1			Samantha Blankenship					
7	28	Ava LAMILZA	SO #13 Macomb (Mich.)	18:58.91c/19:07.63f/	,								
		Ayianna OLIVAS	SO #1 lowa Western CC(3		2/1				'S L	istance Medley	•		
9	41	Erin ROWAN	FR #13 Macomb (Mich.) {2	} 20:23.60c/20:32.97f/	1/25	1	2	Hafssa Boutrich, Serena Grace,		#1 Iowa Western CC	11:44.4	5	2/8
10	48	Hannah CUNNINGHAM	SO #8 Cuyahoga (Ohio)		2/8			Angeline Estrada, Juliana Sakat					
		Wo	omen's 4x400 Relay			2	12	Olivia Urban, Brianna		#9 Muskegon (Mich	13:41.87	7 ОТ	2/8
1	6	Nyla Norman, Kenyatta Grate, Laurie Louis, Alexa	#3 Indian Hills (Iow	3:52.23	1/25			Smith, Isabella Cifuentes, Lauren Lee				/44.02.22	00 04
		Zanders				3	14	Cloey Usher, Taja Conley, Bridget		#11 North Iowa Area	14:14.18	3c(14:23.33	2/1
2	13	Serena Grace, Angeline Estrada,	#1 Iowa Western CC	3:57.46 OT	2/1			Canton, Olivia Spurling					
		Taeja Bartee, Judith Koumedzina				4	16	Rylee Olsen, Aubrey		#15 Southeastern (Ic	14:42.63	3c(14:52.08	^{ef)} 2/1
3	16	Mechak Linda Bula Bula, Chadrack	#2 Iowa Central CC	4:03.13	1/18			Kuntz, Arianna Pedrin, Chloe Ferneau					
		Belinda Bula Bula, Hannah Quang, Natalie Bogdanova Kirilova				5	17	' Holly Milbrandt, Keyonna Mcgill, Jacarla Black,		#8 Cuyahoga (Ohio)	14:51.64	lc (15:01.19	1/18
4	26	Natalia Pocica, Perla	#6 Harper (Ill.)	4:18.27c (4:21.69f)	2/8			Hannah Cunningham	_				
		Vargas, Delaney Gale,	. , ,		•					en's High Jump			
		Caitlin Basco	_	_		1				#4 Hawkeye (Iowa)	1.60m	5-3	1/17
5	27	Sara Belgacem,	#5 Vincennes (Ind.)	4:23.38	2/7	2		Rasheda SAMUELS	FR		1.58m	5-21/4	2/1
		Jasmyn Self, Adi Fuller, Alexis Hale				3				#3 Indian Hills (low	1.55m	5-1	12/7
6	28	Brianna Smith,	#9 Muskegon (Mich	4:25.44c (4:28.96f)	1/25			Steffanie MCGUFFEY		#9 Muskegon (Mich	1.55m	5-1 4-11	1/18
		Steffanie McGuffey,			,	5		Jillian HULSING		#10 Sauk Valley (Ill.) #2 Iowa Central CC	1.50m	4-11	1/25
		Olivia Urban, Lauren				5		Kira MESSERLY Tasha WILLIAMS	FR	#4 Hawkeye (Iowa) {2	1.50m	4-11	1/25
7	20	Lee Molly Morris, Olivia	#7 DuPage (Ill.)	1.26 22c (1:20 96f)	1/21			Eden BROUWERS	FR	_		4-91/2	1/25
'	29	Brach, Allison	#7 DuPage (III.)	4:26.33c (4:29.86f)	1/31			Ella HOMAWOO		#2 Iowa Central CC {2		4-91/2	1/25 1/25
		Browne, Ellie						Mallori JONES		#4 Hawkeye (Iowa) {3		4-9	2/1
		Logsdon				10	, 33			nen's Pole Vault	J 1.45III	, ,	2/1
8	32	Mallori Jones, Tasha Williams, Alyssa Wondercheck,	#4 Hawkeye (Iowa)	4:28.47c (4:32.03f)	2/1	1	1		_	#5 Vincennes (Ind.)	3.90m	12-9½	2/7
		Halima Biggs				2	17	Lucia SANCHEZ	SO	#6 Harper (Ill.)	2.70m	8-101/4	2/8
9	33	Taja Conley, Adhel Deng, Tenisha Herbert, Suzanne	#11 North Iowa Area	4:30.23	2/7	3	18	SCRIVEN B Eden BROUWERS	FR	#2 Iowa Central CC	2.60m	8-6½	2/8
		Guedeyi	W0.0 1 151.1										
10	34	Hannah Cunningham, Ciara May, Scarlet Carey,	#8 Cuyahoga (Ohio)	4:32.38c (4:35.99f)	1/25								





Regional TFRI Event Summary



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as of 2/11/2025 9:05:23 AM ET

		W	'om	en	's Long Jump			
1	1	Maeva GOUNE TIBBOLO	FR	#2	Iowa Central CC	6.03m	19-9½	1/11
2	3	Sakina UMAR	SO	#1	Iowa Western CC	5.85m	19-21/2	2/8
3	15	Dymonde NAVE	SO	#3	Indian Hills (Iow	5.40m	<i>17-8¾</i>	1/25
4	19	Zekira SNOW	SO	#3	Indian Hills (Iow{2}	5.35m	<i>17-6¾</i>	1/25
5	22	Alyssa WONDERCHECK	FR	#4	Hawkeye (Iowa)	5.32m	17-5½	1/11
6	25	Ella HOMAWOO	FR	#2	Iowa Central CC {2}	5.29m	17-41/4	1/11
7	26	Halima BIGGS	FR	#4	Hawkeye (Iowa) {2}	5.28m	17-4	2/1
8	27	Taeja BARTEE	FR	#1	Iowa Western CC(2)	5.25m	17-2¾	1/18
9	31	Mercy HONESTY	SO	#1	Iowa Western CC(3)	5.17m	16-11½	1/24
10	38	Arriana JOHNSON	SO	#3	Indian Hills (Iow{3}	5.09m	16-81/2	1/18
		W	ome	en'	s Triple Jump			
1	1	Mercy HONESTY	SO	#1	Iowa Western CC	12.83m	42-11/4	1/18
2	4	Paola BEHILE	FR	#2	Iowa Central CC	11.72m	38-51/2	1/11
3	7	Sakina UMAR	SO	#1	Iowa Western CC(2)	11.52m	37-91/2	1/24
4	18	Elfie SANOGO	FR	#1	Iowa Western CC(3)	10.91m	35-91/2	2/8
5	28	Natalia POCICA	SO	#6	Harper (Ill.)	10.41m	34-2	2/8
6	30	Lucia SANCHEZ SCRIVEN	SO	#6	Harper (Ill.) {2}	10.14m	33-31/4	2/8
7	34	Brookyln VOMACKA	FR	#1	Iowa Western CC{4}	9.77m	32-3/4	1/24
8	35	Maggie ROWZE	FR	#10	Sauk Valley (Ill.)	9.57m	31-4¾	1/25
9	36	Carli KOBBEMAN	FR	#10	Sauk Valley (Ill.) {2}	9.52m	<i>31-2¾</i>	12/7
			Mar		ala Charl Bark			
			VVOI	nei	n's Shot Put			
1	3	Sarai SIMPSON	SO		lowa Western CC	14.59m	47-10½	2/1
1 2	3			#1			47-10½ 46-10	2/1 1/11
		Sarai SIMPSON	SO	#1	Iowa Western CC	14.27m		
2	4	Sarai SIMPSON Chin-Loy RAYMOND	SO SO	#1 #1 #1	Iowa Western CC Iowa Western CC(2)	14.27m	46-10	1/11
2	4 9 10 16	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON	SO SO FR	#1 #1 #1	Iowa Western CC Iowa Western CC{2} Iowa Western CC{3}	14.27m 12.94m 12.75m	46-10 42-5½	1/11 2/1
2 3 4	4 9 10 16	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT	SO SO FR FR	#1 #1 #1 #2	Iowa Western CC Iowa Western CC{2} Iowa Western CC{3} Iowa Central CC	14.27m 12.94m 12.75m 12.35m 12.22m	46-10 42-5½ 41-10 40-6¼ 40-1¼	1/11 2/1 2/8 2/1 1/18
2 3 4 5	4 9 10 16 17 18	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX	SO SO FR FR SO FR	#1 #1 #2 #2 #1	Iowa Western CC Iowa Western CC{2} Iowa Western CC{3} Iowa Central CC Iowa Central CC {2} Iowa Western CC{4} Sauk Valley (Ill.)	14.27m 12.94m 12.75m 12.35m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5	1/11 2/1 2/8 2/1 1/18 12/14
2 3 4 5 6 7 8	4 9 10 16 17 18 24	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN	SO SO FR FR SO FR FR FR	#1 #1 #2 #2 #1 #10	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC {2} Iowa Western CC(4) Sauk Valley (Ill.) Hawkeye (Iowa)	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½	1/11 2/1 2/8 2/1 1/18 12/14 1/17
2 3 4 5 6 7	4 9 10 16 17 18 24 35	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD	SO SO FR FR SO FR FR FR FR	#1 #1 #2 #2 #1 #10 #4	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC {2} Iowa Western CC(4) Sauk Valley (Ill.) Hawkeye (Iowa) Cuyahoga (Ohio)	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾	1/11 2/1 2/8 2/1 1/18 12/14
2 3 4 5 6 7 8	4 9 10 16 17 18 24 35	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann	SO SO FR FR SO FR FR FR	#1 #1 #2 #2 #1 #10 #4	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC {2} Iowa Western CC(4) Sauk Valley (Ill.) Hawkeye (Iowa)	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½	1/11 2/1 2/8 2/1 1/18 12/14 1/17
2 3 4 5 6 7 8 9	4 9 10 16 17 18 24 35	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS	SO SO FR FR SO FR FR FR FR FR	#1 #1 #2 #2 #1 #10 #4 #8	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (III.) Hawkeye (Iowa) Cuyahoga (Ohio) Iowa Central CC (3) Weight Throw	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8
2 3 4 5 6 7 8 9	4 9 10 16 17 18 24 35	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS Wo Zuriya ROBINSON	SO SO FR FR SO FR FR FR FR FR	#1 #1 #2 #2 #1 #10 #4 #8	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (Ill.) Hawkeye (Iowa) Cuyahoga (Ohio)	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8
2 3 4 5 6 7 8 9	4 9 10 16 17 18 24 35	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS	SO SO FR FR SO FR FR FR FR	#1 #1 #1 #2 #2 #1 #10 #4 #8 #2 #2 #1	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (III.) Hawkeye (Iowa) Cuyahoga (Ohio) Iowa Central CC (3) Weight Throw	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾ 33-6¾	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8
2 3 4 5 6 7 8 9 10	4 9 10 16 17 18 24 35 40 4 6	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS Wo Zuriya ROBINSON Sarai SIMPSON Chin-Loy RAYMOND	SO SO FR FR SO FR FR FR FR FR SO	#1 #1 #2 #2 #1 #10 #4 #8 #2 #1 #1	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (III.) Hawkeye (Iowa) Cuyahoga (Ohio) Iowa Central CC (3) Weight Throw Iowa Central CC Iowa Western CC(2)	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m 10.23m 17.00m 15.59m 14.39m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾ 33-6¾ 55-9¼ 51-1¾ 47-2½	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8 2/8
2 3 4 5 6 7 8 9	4 9 10 16 17 18 24 35 40 4 6 18 26	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS Wo Zuriya ROBINSON Sarai SIMPSON Chin-Loy RAYMOND Lovely HIBBERT	SO SO FR FR SO FR FR FR FR SO SO	#1 #1 #2 #2 #1 #10 #4 #8 #2 #1 #1 #1 #1 #1	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (III.) Hawkeye (Iowa) Cuyahoga (Ohio) Iowa Central CC (3) Weight Throw Iowa Central CC Iowa Western CC Iowa Western CC(2) Iowa Western CC(3)	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m 10.23m 17.00m 15.59m 14.39m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾ 33-6¾ 55-9¼ 51-1¾	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8 2/8 1/25 2/1 1/24 1/11
2 3 4 5 6 7 8 9 10	4 9 10 16 17 18 24 35 40 4 6 18 26 28	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS Woo Zuriya ROBINSON Sarai SIMPSON Chin-Loy RAYMOND Lovely HIBBERT Cynthia ALBERT	SO SO FR FR SO FR FR FR SO FR	#1 #1 #2 #2 #1 #10 #4 #8 #2 #1 #10 #4 #8	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (III.) Hawkeye (Iowa) Cuyahoga (Ohio) Iowa Central CC (3) Weight Throw Iowa Central CC Iowa Western CC Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Indian Hills (Iowa	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m 10.23m 17.00m 15.59m 14.39m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾ 33-6¾ 55-9¼ 51-1¾ 47-2½ 42-5½ 42-4	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8 2/8 1/25 2/1 1/24 1/11 2/8
2 3 4 5 6 7 8 9 10	4 9 10 16 17 18 24 35 40 4 6 18 26 28	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS Wo Zuriya ROBINSON Sarai SIMPSON Chin-Loy RAYMOND Lovely HIBBERT	SO SO FR FR SO FR	#1 #1 #2 #2 #1 #10 #4 #8 #2 #1 #1 #1 #1 #1 #1 #1 #1	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (III.) Hawkeye (Iowa) Cuyahoga (Ohio) Iowa Central CC (3) Weight Throw Iowa Central CC Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Indian Hills (Iow. Sauk Valley (III.)	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m 10.23m 17.00m 15.59m 14.39m 12.94m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾ 33-6¾ 55-9¼ 51-1¾ 47-2½ 42-5½ 42-4 41-2¼	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8 2/8 1/25 2/1 1/24 1/11
2 3 4 5 6 7 8 9 10 1 2 3 4 5 6 7	4 9 10 16 17 18 24 35 40 4 6 18 26 28 33 36	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS WO Zuriya ROBINSON Sarai SIMPSON Chin-Loy RAYMOND Lovely HIBBERT Cynthia ALBERT Olivia COX Darcee O'LOUGHLIN	SO SO FR FR FR FR FR FR FR FR FR SO SO FR FR FR FR FR FR SO	#1 #1 #2 #2 #1 #10 #4 #8 #2 #11 #1 #3 #10 #4	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (Ill.) Hawkeye (Iowa) Cuyahoga (Ohio) Iowa Central CC (3) Weight Throw Iowa Central CC Iowa Western CC Iowa Western CC(1) Iowa Western CC(3) Indian Hills (Iow Sauk Valley (Ill.) Hawkeye (Iowa)	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m 10.23m 17.00m 15.59m 14.39m 12.94m 12.94m 12.95m 12.16m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾ 33-6¾ 55-9¼ 51-1¾ 47-2½ 42-5½ 42-4 41-2¼ 39-10¾	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8 2/8 1/25 2/1 1/24 1/11 2/8 12/14 1/17
2 3 4 5 6 7 8 9 10 1 2 3 4 5 6	4 9 10 16 17 18 24 35 40 4 6 18 26 28 33 36 38	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS Wo Zuriya ROBINSON Sarai SIMPSON Chin-Loy RAYMOND Lovely HIBBERT Cynthia ALBERT Olivia COX Darcee O'LOUGHLIN Abbi RICHTER	SO SO FR FR FR FR FR FR FR FR FR SO SO FR FR FR FR FR FR SO	#1 #1 #2 #2 #1 #10 #4 #8 #2 #1 #1 #1 #1 #3 #10 #4 #19	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (III.) Hawkeye (Iowa) Cuyahoga (Ohio) Iowa Central CC (3) Weight Throw Iowa Central CC Iowa Western CC Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Indian Hills (Iow Sauk Valley (III.) Hawkeye (Iowa) Southwestern (In	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m 10.23m 17.00m 15.59m 14.39m 12.94m 12.94m 12.95m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾ 33-6¾ 55-9¼ 51-1¼ 47-2½ 42-5½ 42-4 41-2¼ 39-10¾ 39-8¾	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8 1/25 2/1 1/24 1/11 2/8 12/14 1/17 1/18
2 3 4 5 6 7 8 9 10 1 2 3 4 5 6 7	4 9 10 16 17 18 24 35 40 4 6 18 26 28 33 36 38	Sarai SIMPSON Chin-Loy RAYMOND Monifa EDWARDS Unitee BROWN Zuriya ROBINSON Lovely HIBBERT Olivia COX Kailan MCEWEN Lilleann SHACKLEFORD Eden BROUWERS WO Zuriya ROBINSON Sarai SIMPSON Chin-Loy RAYMOND Lovely HIBBERT Cynthia ALBERT Olivia COX Darcee O'LOUGHLIN	SO SO FR FR FR FR FR FR FR FR FR SO SO FR FR FR FR FR FR SO	#1 #1 #2 #2 #1 #10 #4 #8 #2 #1 #1 #1 #1 #3 #10 #4 #19	Iowa Western CC Iowa Western CC(2) Iowa Western CC(3) Iowa Central CC Iowa Central CC (2) Iowa Western CC(4) Sauk Valley (Ill.) Hawkeye (Iowa) Cuyahoga (Ohio) Iowa Central CC (3) Weight Throw Iowa Central CC Iowa Western CC Iowa Western CC(1) Iowa Western CC(3) Indian Hills (Iow Sauk Valley (Ill.) Hawkeye (Iowa)	14.27m 12.94m 12.75m 12.35m 12.22m 12.01m 11.39m 10.48m 10.23m 17.00m 15.59m 14.39m 12.94m 12.94m 12.95m 12.16m	46-10 42-5½ 41-10 40-6¼ 40-1¼ 39-5 37-4½ 34-4¾ 33-6¾ 55-9¼ 51-1¾ 47-2½ 42-5½ 42-4 41-2¼ 39-10¾	1/11 2/1 2/8 2/1 1/18 12/14 1/17 2/8 1/25 2/1 1/24 1/11 2/8 12/14 1/17

	Women's Pentathlon									
1	6	Ella HOMAWOO	FR	#2	Iowa Central CC	2,869	1/25			
2	7	Eden BROUWERS	FR	#2	Iowa Central CC (2)	2,833	1/25			
3	9	Arriana JOHNSON	SO	#3	Indian Hills (Iow	2,783	2/1			
4	15	Jillian HULSING	SO	#10	Sauk Valley (Ill.)	2,414	1/25			
5	18	Tasha WILLIAMS	SO	#4	Hawkeye (Iowa)	2,166	1/25			
6	20	Emer MCAULIFFE	FR	#4	Hawkeye (Iowa) {2}	1,271	1/25			





USTFCCCA NJCAA Indoor Track & Field Regional TFRI Event Summary



		W	West as of 2/11/2025 9:05:23 AM E				
	Women's 60 Meters		W	omen's 800 Meters			
1 5 Kamaria KNIGHT	SO #1 New Mexico JC 7.51c	(7.49A) 2/1	1 1 Amal KACHOURI	FR #1 New Mexico JC 2:10.41c (2:11.14A) 1/25			
2 7 Mickayla GARDENER	FR #4 Central Arizona 7.55	2/8	2 4 Jody ANN MITCHELL	SO #1 New Mexico JC {2}2:13.65c (2:14.40A) 1/25			
3 11 La'Nica LOCKER	SO #8 Hinds (Miss.) CC 7.56	2/8	3 9 Emilly SILVA	SO #1 New Mexico JC {3} 2:16.48c (2:17.24A) 1/25			
4 12 Nandy KIHUYU	SO #1 New Mexico JC {2}7.57c	(7.55A) 2/1	4 11 Kaydeen JOHNSON	FR #9 Odessa (Texas) 2:17.28c (2:17.67A) 1/18			
5 14 Ruth AGADAMA	SO #3 South Plains (Te. 7.59c	(7.57A) 1/18	5 12 Grace KOMBETTO	SO #4 Central Arizona 2:17.30 2/8			
6 16 Christiana BOYD	FR #6 Western Texas 7.61c	(7.59A) 2/1	6 13 Reatta DANOFF	SO #2 Pima (Ariz.) CC 2:18.31 2/8			
7 20 Priviladge BOWER	FR #10 Bismarck State (7.65	12/7	7 15 Lindsey LOPES	SO #7 Salt Lake (Utah) 2:18.81c (2:19.47A) 1/18			
8 21 Trinity MONTGOMER\	SO #8 Hinds (Miss.) CC {2} 7.66	2/8	8 16 Ava STAFFORD	SO #10 Bismarck State (2:20.45c (2:22.07f) 2/8			
9 30 Ritorion VIGNE	SO #8 Hinds (Miss.) CC {3} 7.79	2/8	9 17 Avery JENSEN	SO #7 Salt Lake (Utah) {2} 2:20.52c (2:21.18A) 1/18			
9 30 Chasity RAYFORD	FR #15 Ranger (Texas) 7.79	2/8	10 20 Daphne KAUSZ	SO #1 New Mexico JC {4} 2:21.25c (2:21.65A) 2/1			
Won	nen's 60 Meter Hurdles		We	omen's 1000 Meters			
1 3 Lovina EWUSI	SO #6 Western Texas 8.54c	(8.54A) 1/18	1 3 Amal KACHOURI	FR #1 New Mexico JC 2:58.74c (2:58.74A) 1/18			
2 4 Brieanna BOYCE	SO #6 Western Texas {2} 8.57	2/8	2 5 Reatta DANOFF	SO #2 Pima (Ariz.) CC 3:00.39 2/1			
3 5 Seanna GAYE-LESLIE	FR #8 Hinds (Miss.) CC 8.66	2/8	3 7 Aubrie BARZEE	FR #13 Southern Idaho 3:02.12 OT 1/25			
4 6 Rashema LINDO	FR #3 South Plains (Te: 8.70c	(8.70A) 2/1	4 8 Jody ANN MITCHELL	SO #1 New Mexico JC {2}3:02.19c (3:02.19A) 1/18			
5 10 Tumi SANYAOLU	FR #3 South Plains (Te{2}8.79c	(8.79A) 2/1	5 12 Carmella BALDWIN	SO #5 Mesa (Ariz.) CC 3:05.32 1/25			
6 11 Janae DAWES	FR #6 Western Texas {3}8.90	2/8	6 13 Kennedy KUNZ	FR #13 Southern Idaho {2} 3:05.99 OT 1/25			
7 13 Dedra WOOD	FR #10 Bismarck State (8.99	2/8	7 15 Lucy MELZER	FR #5 Mesa (Ariz.) CC {2}3:07.14 2/8			
8 16 Kaelyn GIARRUSSO	SO #12 Glendale (Ariz.) (9.05	2/8	8 16 Linda RIVERO	SO #2 Pima (Ariz.) CC {2} 3:07.36 2/1			
9 19 Aliyah GIDHARRY	SO #4 Central Arizona 9.12	2/1	9 17 Rachael	SO #11 Paradise Valley (3:07.38 1/25			
LO 28 Juwonna	FR #3 South Plains (Te{3}9.26c	(9.26A) 2/1	BETHANCOURT				
WHITEHORN			10 20 Regina RAIMO	SO #5 Mesa (Ariz.) CC {3}3:07.63 2/8			
	/omen's 200 Meters			Women's Mile			
1 3 La'Nica LOCKER	SO #8 Hinds (Miss.) CC 23.96	2/8	1 2 Millicent WAFULA	FR #9 Odessa (Texas) 4:51.32c (4:54.74A) 2/1			
2 4 Nandy KIHUYU	SO #1 New Mexico JC 24.13c	(24.06A) 2/1	2 3 Salma SADDOUG	FR #9 Odessa (Texas) {2} 4:56.30c (4:59.78A) 2/1			
3 8 Charlize FRASER	FR #6 Western Texas 24.46c	(24.39A) 1/25	3 4 Amal KACHOURI	FR #1 New Mexico JC 4:56.57c (5:00.06A) 2/1			
4 10 Kamaria KNIGHT	SO #1 New Mexico JC {2} 24.56c	(24.49A) 2/1	4 8 Angelina LIONE	FR #7 Salt Lake (Utah) 4:59.55c (5:05.37A) 1/18			
5 14 Mickayla GARDENER	FR #4 Central Arizona 24.78	2/8	5 9 Kaydeen JOHNSON	FR #9 Odessa (Texas) {3} 4:59.63c (5:03.15A) 2/1			
6 16 Ruth AGADAMA	SO #3 South Plains (Te 24.82c	(24.75A) 1/18	6 10 Elizabeth ILANDA	FR #9 Odessa (Texas) {4} 5:04.81c (5:08.39A) 2/1			
7 18 Tuwana MCLEAN	FR #1 New Mexico JC {3}24.89c	(24.82A) 1/25	7 12 Francesca ALVARADO				
8 24 Shagay SHEPPY	FR #6 Western Texas {2} 25.08	2/8	8 16 Angela (Angy) Denisse SALADO	SO #7 Salt Lake (Utah) {2} 5:11.69 OT 2/1			
9 25 Amiyanee HARRIS	SO #4 Central Arizona {2} 25.12	2/1	FERNANDEZ				
LO 27 T'Anna LIBURD	SO #4 Central Arizona {3} 25.17	1/25	9 19 Naomi SOTELO	SO #7 Salt Lake (Utah) {3} 5:12.02 OT 2/1			
	omen's 400 Meters		10 20 Carmella BALDWIN	SO #5 Mesa (Ariz.) CC 5:12.18c (0年23.95A) 1/31			
1 2 Nandy KIHUYU	SO #1 New Mexico JC 54.79c	(54.68A) 2/1	I//	omen's 3000 Meters			
2 4 Queen USUNOBUN	FR #8 Hinds (Miss.) CC 56.11	2/8	1 2 Nhamoinesu	FR #14 Meridian (Miss.) 9:55.93 2/7			
3 5 Twyshanna HUIE	SO #8 Hinds (Miss.) CC {2} 56.23	2/8	MABVUKA	2/1			
4 7 Janae DAWES	FR #6 Western Texas 56.56	2/8	2 3 Millicent WAFULA	FR #9 Odessa (Texas) 9:57.69c (10:04.98A) 1/18			
5 8 T'Anna LIBURD	SO #4 Central Arizona 56.74	1/18	3 4 Elizabeth ILANDA	FR #9 Odessa (Texas) {2} 10:01.96c(10:09.30A) 1/18			
6 9 Brieanna BOYCE	SO #6 Western Texas {2}56.75c	(56.64A) 1/25	4 5 Angelina LIONE	FR #7 Salt Lake (Utah) 10:02.41c/10:21.62fA 1/10			
7 10 Lovina EWUSI	SO #6 Western Texas {3} 56.78	2/8	5 6 Naomi SOTELO	SO #7 Salt Lake (Utah) {2} 10:05.05c(10:24.34fA 1/10			
8 12 Tuwana MCLEAN	FR #1 New Mexico JC {2}57.08c	(56.97A) 2/1	6 7 Francesca ALVARADO	SO #1 New Mexico JC 10:05.43c(10:12.82A) 2/1			
9 13 Caydence BREWER	SO #8 Hinds (Miss.) CC {3} 57.54	2/8	7 8 Salma SADDOUG	FR #9 Odessa (Texas) {3} 10:07.36c(10:14.77A) 1/18			
10 14 Mickayla GARDENER	FR #4 Central Arizona {2}57.56	2/1	8 11 Melanie ANDERSON	FR #7 Salt Lake (Utah) {3} 10:15.59c/10:35.22fA 1/10			
			9 12 Lilian MATEO	SO #9 Odessa (Texas) {4} 10:15.82c(10:23.33A) 1/18			
				(
			10 13 Ines MRABET	FR #1 New Mexico JC {2} 10:16.67c(10:24.19A) 2/1			



WOMEN — 2025 Checkpoint #3, February 11



			W	est			as of 2,	/11/2025 9	9:05:23 A	MEI
И	omen's 5000 Meter	S			Women	ı's Dis	tance Medley	Relay		
Angela (Angy) Denisse SALADO FERNANDEZ	SO #7 Salt Lake (Utah)	17:08.36 OT	2/1	1	Emilly Silva, Ysanne Peart, Jody Ann Mitchell, Amal Kachouri		New Mexico JC		. c (11:49.64	<i>IA)</i> 2/1
4 Melanie ANDERSON5 Angelina LIONE	FR #7 Salt Lake (Utah) { FR #7 Salt Lake (Utah) {		2/1 2/1	2	3 Lilian Mateo, Yvette	#9	Odessa (Texas)	12:04.43	c(12:10.33	3 <i>A)</i> 2/1
5 Angelina LIONE6 Edith NESLEN	FR #7 Salt Lake (Utah) { FR #7 Salt Lake (Utah) {		2/1	_	Benavides, Salma					. –,
7 Lindsie FAUSETT	SO #7 Salt Lake (Utah) {		2/1		Saddoug, Millicent					
8 Barbara NEIVA	SO #16 Trinidad State (C		2/1	2	Wafula	#*	Pima (Ariz.) CC	10.41.00		1/2
9 Lillian NEFF	SO #13 Southern Idaho	17:59.15c(18:24.51A)		3	6 Ella Allred, Reatta Danoff, J'layah	#2	Pima (Ariz.) CC	12:41.38	•	1/2
10 Alix CRAWFORD	FR #7 Salt Lake (Utah) {		2/1		Spellman Collins,					
11 Mazee SOUTHWARD	FR #7 Salt Lake (Utah) {		2/1		Linda Rivero					
13 Joelle WHITWORTH		[8] 18:06.40c (<i>18:34.10A</i>)		4	7 Tabetha Henrie,	#7	Salt Lake (Utah)	12:42.44	c(13:01.52	'fA 1/1
	/omen's 4x400 Rela				Avery Jensen, Lindsey Lopes,					
3 Twyshanna Huie,	#8 Hinds (Miss.) CC	3:46.82	2/8		Angelina Lione					
Queen Usunobun, T'kyla Bennett, Caydence Brewer	,,			5	Macie Morales, Alfrenique Knowles, Kendra Muhammad, Alyssa Mabry	#15	Ranger (Texas)	12:48.31		2/8
4 Brieanna Boyce, Shagay Sheppy, Janae Dawes, Charlize Fraser	#6 Western Texas	3:48.44	2/8	6	10 Regina Raimo, Kate Dare, Katie Munoz, Carmella Baldwin	#5	Mesa (Ariz.) CC	12:49.31		1/2
Nandy Kihuyu, Jody Ann Mitchell, Tuwana McLean, Kamaria Knight	#1 New Mexico JC	3:51.54c (3:51.10A)	1/18	7	Tatyana Enriquez, Amiyanee Harris, Grace Kombetto, Jessica Viera	#4	Central Arizona	13:18.20)	2/:
10 Amiyanee Harris,	#4 Central Arizona	3:53.35	1/18		N	Vomen	's High Jump			
T'Anna Liburd, Aliyal	า			1	2 Janiya ROSS	SO #2	Pima (Ariz.) CC	1.67m	<i>5-5¾</i>	1/18
Gidharry, Grace Kombetto				1	2 Abril OKON	SO #3	South Plains (Te	1.67m	<i>5-5</i> ³ / ₄	2/
15 Aliya Schock, Aisha	#10 Bismarck State (4:02.26c (4:05.48f)	2/8	1	2 Isabel GREEN	SO #2	Pima (Ariz.) CC	1.67m	<i>5-5¾</i>	1/1
Zaffino, Makayla		_		4	5 Tiana PETROVA	FR #1	New Mexico JC	1.65mA	5-5	1/2
Whitfield, Ava Stafford				5	6 Kaelyn GIARRUSSO		Glendale (Ariz.) (1.63m	5-41/4	2/
18 Charity Rayford,	#15 Ranger (Texas)	4:09.33	2/8	6	7 April NECAISE		Pima (Ariz.) CC {	3} 1.62m	<i>5-3</i> ¾	1/2
Chasity Rayford,	"== Ranger (Texas)	4.03.33	2,0	7	10 Aliyah GIDHARRY		Central Arizona	1.57m	5-1¾	2/
Ki'Sha Tyner, Andrea	a e			8	11 Sara JACOBSON		Mesa (Ariz.) CC	1.55m	5-1	1/1
Teruel				9	18 Tyler WASHINGTON		Pima (Ariz.) CC {	•	4-11¾	1/1
20 Layla Konski, Hannah Droeg,	#2 Pima (Ariz.) CC	4:10.83	2/1	9	18 Vinae BUFERD- STILLMAN	FR #4	Central Arizona {2	2} 1.52m	4-11¾	1/1
Maylee Thompson,				9	18 Hannah DROEG	FR #2	Pima (Ariz.) CC {	4} 1.52m	4-11¾	1/1
Tyler Washington 22 Tumi Sanyaolu, Nou	r #3 South Plains (Te	4:12.83c (4:12.39A)	2/1		V	Vomer	ı's Pole Vault			
Rahou, Destinee	#3 South Plains (Te.	4:12.83C (4.12.35A)	2/1	1	2 Morgan PEPE	SO #2	Pima (Ariz.) CC	3.80m	<i>12-5½</i>	1/2
Perez, Yukari Fuller				2	4 Olga LAPUZOVA	FR #3	South Plains (Te	3.50m	<i>11-5¾</i>	2/
23 Kate Dare, Katie	#5 Mesa (Ariz.) CC	4:15.06	1/18	2	4 Madisyn WILLIAMS	FR #5	Mesa (Ariz.) CC	3.50m	11-5¾	1/2
Munoz, Regina				4	9 Anna BROWN	FR #5	Mesa (Ariz.) CC {2	2} 3.20m	10-6	1/2
Raimo, Sara Jacobson				4	9 Mikaila BARAN	FR #11	Paradise Valley (3.20m	10-6	2/
24 Avery Jensen,	#7 Salt Lake (Utah)	4:15.57c (4:15.13A)	1/18	6	13 Lauren ALLARD	SO #12	Glendale (Ariz.) (3.05m	10-0	2/
Katelyn Carlile, Tara Bouck, Lindsey Lope	, ,		,	6	Mackenzie ANDERSON		Paradise Valley ({2		10-0	1/1
					18 Brakelle MCBRIDE		Paradise Valley ({3		8-61/4	1/1
					18 Jordan NANTZ		Mesa (Ariz.) CC {3		8-61/4	1/18
				10	22 Hannah DROEG	FR #2	Pima (Ariz.) CC {2	2} 2.45m	8-1/2	1/25



USTFCCCA NJCAA Indoor Track & Field Regional TFRI Event Summary





VV	est				a	IS 01 Z	/11/2025	9:05:23 Ar	VI E I
			Wom	en's	Pentat	hlon			
- 1.		_	 		41.00			/I	

Women's Long Jump								
1	2	Ruth AGADAMA	so	_	· ·	5.88m	19-3½	2/1
2	4	Sydney ROQUEBRUN	so		South Plains (Te{2}		19-11/2	1/30
3	6	Maylee THOMPSON	so			5.70mw	18-8½ (2.5)	
4	9	Makayla WHITFIELD				5.57m	18-31/4	1/18
5	11	Kavel RITCHIE	so			5.52m	18-1½	1/18
6	14	Alexia ANDERSON	so		Bismarck State ({2}	5.41m	17-9	1/25
7		Layla KONSKI	FR		Pima (Ariz.) CC {2}			2/8
8		Sara JACOBSON	SR			5.22mA	17-1½	1/31
8	28	Kaelyn GIARRUSSO				5.22m		2/8
10		Sophia RODRIQUEZ	FR		New Mexico JC {2}	5.15mA	16-10¾	1/25
			ome		s Triple Jump			
1	5	Sophia RODRIQUEZ	FR			11.71m	38-5	2/1
2	6	Janita ANTIPINA	FR	#1	New Mexico JC {2}	11.68m	38-4	1/18
3	8	Kavel RITCHIE	so	_	New Mexico JC {3}		37-7¾	1/17
4	10	Alexia ANDERSON	SO			11.36m	37-31/4	2/8
5	19	Ashanti PATTON	so	#14	Meridian (Miss.)	10.89m	<i>35-8¾</i>	1/18
6	20	Makayla WHITFIELD	FR	#10	Bismarck State ({2}	10.87m	35-8	12/7
7	22	Tatiyanna WHITE	FR	#2	Pima (Ariz.) CC	10.81m		1/25
8	23	Oyindamola	so	#12	Glendale (Ariz.) (10.79m		2/8
		ADETUTU						
9	25	Dedra WOOD	FR	#10	Bismarck State ({3}	10.77m	35-4	1/18
10	27	Erin MABRY	FR	#5	Mesa (Ariz.) CC	10.48m		1/18
		V	Vor	ne	n's Shot Put			
1	1	Esteisy SALAS	Vor so			16.25m	53-3¾	2/1
1 2	1 2			#1 #4	New Mexico JC Central Arizona	15.09m	53-3¾ 49-6¼	2/1 2/1
		Esteisy SALAS	so	#1 #4	New Mexico JC	15.09m		
2	2	Esteisy SALAS Rejoice AGBEWODIE	so so	#1 #4 #1	New Mexico JC Central Arizona New Mexico JC {2}	15.09m	49-61/4	2/1
2	2 8	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA	50 50 50	#1 #4 #1	New Mexico JC Central Arizona New Mexico JC {2}	15.09m 12.95m 12.65m	49-6 ¹ / ₄	2/1 2/1
2 3 4	2 8 13 14	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY	SO SO SO FR	#1 #4 #1 #3	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te	15.09m 12.95m 12.65m 12.57m	49-6 ¹ / ₄ 42-6 41-6	2/1 2/1 1/18
2 3 4 5	2 8 13 14 19	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER	SO SO FR FR	#1 #4 #1 #3	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2}	15.09m 12.95m 12.65m 12.57m 11.77m	49-6½ 42-6 41-6 41-3 38-7½	2/1 2/1 1/18 2/1
2 3 4 5	2 8 13 14 19 20	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS	SO SO FR FR SO	#1 #4 #1 #3 #3 #4	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3}	15.09m 12.95m 12.65m 12.57m 11.77m	49-61/4 42-6 41-6 41-3 38-71/2 38-51/2	2/1 2/1 1/18 2/1 2/8
2 3 4 5 6 7	2 8 13 14 19 20 23	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE	SO SO FR FR SO	#1 #4 #1 #3 #3 #4 #1	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3}	15.09m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA	49-61/4 42-6 41-6 41-3 38-71/2 38-51/2	2/1 2/1 1/18 2/1 2/8 1/25
2 3 4 5 6 7 8 9	2 8 13 14 19 20 23 25	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae	SO SO FR FR SO FR SR FR	#1 #4 #1 #3 #3 #4 #1 #5	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3}	15.09m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6	2/1 2/1 1/18 2/1 2/8 1/25 1/31
2 3 4 5 6 7 8 9	2 8 13 14 19 20 23 25	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS	SO SO FR FR SO FR FR FR FR	#1 #4 #1 #3 #3 #4 #1 #5 #4	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.)	15.09m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18
2 3 4 5 6 7 8 9	2 8 13 14 19 20 23 25	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS	SO SO FR FR SO FR SR FR FR	#1 #4 #1 #3 #3 #4 #1 #5 #4	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw	15.09m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18
2 3 4 5 6 7 8 9	2 8 13 14 19 20 23 25	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS	SO SO SO FR FR SO FR FR FR FR	#1 #4 #1 #3 #3 #4 #1 #5 #4 #17	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw New Mexico JC	15.09m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½ 36-2¼	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18
2 3 4 5 6 7 8 9	2 8 13 14 19 20 23 25 29	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS Wol	SO SO SO FR FR SO FR SR FR FR FR SO	#1 #4 #3 #3 #4 #1 #5 #4 #17 ** ** ** ** ** ** ** ** ** ** ** ** **	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw New Mexico JC	15.09m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m 11.03m 20.82m 19.20m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½ 36-2¼	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18
2 3 4 5 6 7 8 9	2 8 13 14 19 20 23 25 29	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS Wol Tania DA SILVA Rejoice AGBEWODIE	SO SO SO FR FR SO FR FR SR FR FR SO SO SO	#1 #4 #3 #3 #4 #1 #5 #4 #17 ** ** ** ** ** ** ** ** ** ** ** ** **	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw New Mexico JC Central Arizona	15.09m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m 11.03m 20.82m 19.20m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½ 36-2¼ 68-3¾ 63-0	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18 12/7 1/18 2/8
2 3 4 5 6 7 8 9	2 8 13 14 19 20 23 25 29	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS Wol Tania DA SILVA Rejoice AGBEWODIE Shyla-Mae	SO SO SO FR FR SO FR FR SR FR FR SO SO SO	#1 #4 #1 #3 #4 #1 #5 #4 #17 ** ** ** ** ** ** ** ** ** ** ** ** **	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw New Mexico JC Central Arizona	15.09m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m 11.03m 20.82m 19.20m 16.03m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½ 36-2¼ 68-3¾ 63-0	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18 12/7 1/18 2/8
2 3 4 5 6 7 8 9 10	2 8 13 14 19 20 23 25 29 1 2	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS Wool Tania DA SILVA Rejoice AGBEWODIE Shyla-Mae CONSTABLE	SO SO SO FR FR SO FR FR SO FR	#1 #4 #1 #3 #3 #4 #1 #5 #4 #17 #4 #17 #4 #4	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw New Mexico JC Central Arizona Central Arizona {2} New Mexico JC {2}	15.09m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m 11.03m 20.82m 19.20m 16.03m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½ 36-2¼ 68-3¾ 63-0 52-7¼	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18 12/7 1/18 2/8 2/1
2 3 4 5 6 7 8 9 10	2 8 13 14 19 20 23 25 29 1 2 5	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS WOO Tania DA SILVA Rejoice AGBEWODIE Shyla-Mae CONSTABLE Steisy SALAS	SO SO SO FR SR FR FR SO SO FR SO SO	#1 #4 #1 #3 #3 #4 #1 #5 #4 #17 #4 #4 #4 #1	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw New Mexico JC Central Arizona Central Arizona {2} New Mexico JC {2}	15.09m 12.95m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m 11.03m 20.82m 19.20m 16.03m 15.36m 15.36m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½ 36-2¼ 68-3¾ 63-0 52-7¼ 50-4¾	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18 12/7 1/18 2/8 2/1
2 3 4 5 6 7 8 9 10 1 2 3	2 8 13 14 19 20 23 25 29 1 2 5	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS Wool Tania DA SILVA Rejoice AGBEWODIE Shyla-Mae CONSTABLE Steisy SALAS Seioriana GLASS	SO SO SO FR SR FR SO SO FR SO SO SO	#11 #4 #13 #3 #3 #4 #11 #5 #4 #4 #1 #5 #1	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw New Mexico JC Central Arizona Central Arizona {2} New Mexico JC {2} Mesa (Ariz.) CC New Mexico JC {3}	15.09m 12.95m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m 11.03m 20.82m 19.20m 16.03m 15.36m 15.36m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½ 36-2¼ 68-3¾ 63-0 52-7¼ 50-4¾ 50-4¾	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18 12/7 1/18 2/8 2/1 1/18
2 3 4 5 6 7 8 9 10 1 2 3 4 5 6	2 8 13 14 19 20 23 25 29 1 2 5 7 8 11 22	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS Wol Tania DA SILVA Rejoice AGBEWODIE Shyla-Mae CONSTABLE Esteisy SALAS Seioriana GLASS Athilia PRYCE	SO SO FR SO SO FR SO SO FR FR FR	#1 #4 #1 #3 #4 #1 #5 #4 #17 ** ** ** ** ** ** ** ** ** ** ** ** **	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw New Mexico JC Central Arizona Central Arizona {2} New Mexico JC {2} Mesa (Ariz.) CC New Mexico JC {3} Pima (Ariz.) CC	15.09m 12.95m 12.95m 12.65m 12.57m 11.77m 11.72mA 11.43mA 11.29m 11.03m 20.82m 19.20m 16.03m 15.36m 15.36m 15.29m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½ 36-2¼ 68-3¾ 63-0 52-7¼ 50-4¾ 50-2 48-11¾	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18 12/7 1/18 2/8 2/1 1/18 2/8 2/1
2 3 4 5 6 7 8 9 10 1 2 3 4 5 6 7	2 8 13 14 19 20 23 25 29 1 2 5 7 8 11 22 24	Esteisy SALAS Rejoice AGBEWODIE Yosiris CORDOBA Kahllah BAILEY Suerena ALEXANDER Jamelia NICHOLAS Athilia PRYCE Sara JACOBSON Shyla-Mae CONSTABLE Nichole ROBERTS Wool Tania DA SILVA Rejoice AGBEWODIE Shyla-Mae CONSTABLE Esteisy SALAS Seioriana GLASS Athilia PRYCE Morgan MOSLEY	SO SO FR FR SO SO FR FR FR FR FR	#11 #4 #11 #3 #4 #11 #5 #4 #17 #4 #11 #5 #1 #1 #5 #1 #1 #1 #1 #1 #1 #1 #1 #1 #1 #1 #1 #1	New Mexico JC Central Arizona New Mexico JC {2} South Plains (Te South Plains (Te{2} Central Arizona {2} New Mexico JC {3} Mesa (Ariz.) CC Central Arizona {3} Dawson (Mont.) Weight Throw New Mexico JC Central Arizona Central Arizona {2} New Mexico JC {2} Mesa (Ariz.) CC New Mexico JC {3} Pima (Ariz.) CC	15.09m 12.95m 12.95m 12.65m 11.77m 11.72mA 11.43mA 11.29m 11.03m 20.82m 19.20m 16.03m 15.36m 15.36m 14.93m 13.92m 13.92m	49-6¼ 42-6 41-6 41-3 38-7½ 38-5½ 37-6 37-½ 36-2¼ 68-3¾ 63-0 52-7¼ 50-4¾ 50-2 48-11¾ 45-8	2/1 2/1 1/18 2/1 2/8 1/25 1/31 1/18 12/7 1/18 2/8 2/1 1/18 2/8 2/1 1/25

	Women's Pentathlon										
1	1	Abril OKON	SO	#3	South Plains (Te	3,313c	(3313A)	2/1			
2	2	Sara JACOBSON	SR	#5	Mesa (Ariz.) CC	3,232		1/17			
3	3	Maylee THOMPSON	SO	#2	Pima (Ariz.) CC	3,115		1/17			
4	5	Hannah DROEG	FR	#2	Pima (Ariz.) CC	{2} 2,939		1/17			
5	8	Juwonna	FR	#3	South Plains (Te	{2} 2,818c	(2818A)	2/1			
		WHITEHORN									
6	10	Tatum MATHENY	FR	#5	Mesa (Ariz.) CC	{2} 2,667		1/17			
7	13	Layla KONSKI	FR	#2	Pima (Ariz.) CC	{3} 2,547		1/17			
8	16	Tyler WASHINGTON	SO	#2	Pima (Ariz.) CC	{4} 2,342		1/17			