



## National TFRI Event Summary

## Women's 60 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Anita AFRIFA	SO	#13 Colby (Kan.) CC	22.89		7.30	1/18/25 Thane Baker Invitational
1	Maimuna JALLOW	FR	#2 Cloud County (Kan.) C	22.89		7.30	2/23/25 NJCAA Region 6/Jayhawk Con
3	Keliza SMITH	SO	#4 Barton (Kan.) CC	4.75	D	7.31	2/23/25 NJCAA Region 6/Jayhawk Con
4	Ruth AGADAMA	SO	#5 South Plains (Texas)	15.46		7.42c (7.40A)	2/15/25 Texas Tech Jarvis Scott Invite
4	Kayveonna JACKSON	SO	#18 Allen (Kan.) CC	15.46		7.42	2/23/25 NJCAA Region 6/Jayhawk Con
6	Ranayla MOTEN	FR	#18 Allen (Kan.) CC {2}	11.29		7.44	2/23/25 NJCAA Region 6/Jayhawk Con
7	Zariah GREAVES	FR	#6 Iowa Central CC	10.11		7.46	2/8/25 Frank Sevigne Husker Invitati
7	Adetutu ALADELOYE	SO	#18 Allen (Kan.) CC {3}	10.11		7.46	2/23/25 NJCAA Region 6/Jayhawk Con
9	Royanah FARMER	SO	#19 Coffeyville (Kan.) CC	7.85		7.49	2/23/25 NJCAA Region 6/Jayhawk Con
10	Mickayla GARDENER	FR	#10 Central Arizona	6.77		7.50c (7.46A)	2/21/25 NAU Tune-Up
11	Kamaria KNIGHT	SO	#1 New Mexico JC	5.68		7.51c (7.49A)	2/1/25 Texas Tech Stan Scott Memor
12	Beatrice BOAKYE	FR	#13 Colby (Kan.) CC {2}	4.40		7.55	2/23/25 NJCAA Region 6/Jayhawk Con
12	Destiny MITCHELL	SO	#21 Indian Hills (Iowa) CC	4.40		7.55	2/8/25 Iowa State Classic
12	Serena GRACE	FR	#3 Iowa Western CC	4.40		7.55	1/11/25 Scott Nisely Memorial
15	La'Nica LOCKER	SO	#12 Hinds (Miss.) CC	1.86		7.56	2/8/25 UAB Green and Gold Invitatio
16	Nandy KIHUYU	SO	#1 New Mexico JC {2}	1.57		7.57c (7.55A)	2/1/25 Texas Tech Stan Scott Memor
17	Kayda AUSTIN	FR	#4 Barton (Kan.) CC {2}	1.19		7.60	2/23/25 NJCAA Region 6/Jayhawk Con
17	Avia LANE	FR	#21 Indian Hills (Iowa) CC {2}	1.19		7.60	12/14/24 Iowa State Holiday Invitation
19	Christiana BOYD	FR	#14 Western Texas	0.95		7.61c (7.59A)	2/1/25 Texas Tech Stan Scott Memor
20	Linya GEDEON	SO	#19 Coffeyville (Kan.) CC {2}	0.81		7.62	1/17/25 Arkansas Invitational
20	Zekira SNOW	SO	#21 Indian Hills (Iowa) CC {3}	0.81		7.62	2/8/25 Iowa State Classic
22	Trinity MONTGOMERY	SO	#12 Hinds (Miss.) CC {2}	0.53		7.64	2/21/25 LSU Twilight
22	Crystal CHAMBERS	SO	#11 Fort Scott (Kan.) CC	0.53		7.64	2/23/25 NJCAA Region 6/Jayhawk Con
22	Shanteria WASHINGTON	SO	Highland (Kan.) CC	0.53		7.64	2/8/25 Bearcat Invite
25	Mekhila SANDERS	FR	Garden City (Kan.) CC	0.20		7.65	2/23/25 NJCAA Region 6/Jayhawk Con
25	Priviladge BOWER	FR	Bismarck State (N.D.)	0.20		7.65	12/7/24 Mike Thorson Open
27	Nalicia GLEN	FR	#1 New Mexico JC {3}	0.13		7.67c (7.65A) (0.0	2/24/25 NMJC Indoor Invitational
27	Ritorion VIGNE	SO	#12 Hinds (Miss.) CC {3}	0.13		7.67	2/21/25 LSU Twilight
27	Tuwana MCLEAN	FR	#1 New Mexico JC {3}	TM-3		7.67c (7.65A) (0.0	2/24/25 NMJC Indoor Invitational
30	Judith KOUMEDZINA	SO	#3 Iowa Western CC {2}	0.05		7.69	2/8/25 Bearcat Invite
31	Caneilia HOPE	FR	#12 Hinds (Miss.) CC {4}	TM-4		7.70	2/16/25 Samford Bulldog Open
32	Aniya SUKU	FR	Bryant & Stratton (Va.	0.03		7.72	1/31/25 Marlin Invitational
32	Dhakiya BLAKE	SO	#19 Coffeyville (Kan.) CC {3}	0.03		7.72	2/15/25 Russ Jewett Indoor Gorilla Cla
32	Tierra WILLIAMS	FR	#19 Coffeyville (Kan.) CC {3}	TM-3		7.72	2/15/25 Russ Jewett Indoor Gorilla Cla
32	Keyonna MCGILL	SO	Cuyahoga (Ohio) CC	0.03		7.72	2/15/25 SPIRE Collegiate Indoor Game



## National TFRI Event Summary

## Women's 60 Meter Hurdles — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Asharria ULETT	FR #4	Barton (Kan.) CC	23.28	8.37	2/23/25 NJCAA Region 6/Jayhawk Con
2	Dymonde NAVE	SO #21	Indian Hills (Iowa) CC	20.80	8.43	2/1/25 Washburn Open & Multis
3	Brieanna BOYCE	SO #14	Western Texas	18.09	8.52c (8.52A)	2/15/25 Texas Tech Jarvis Scott Invite
4	Lovina EWUSI	SO #14	Western Texas {2}	15.94	8.54c (8.54A)	1/18/25 Texas Tech Corky Classic
4	Chenessa DAVIS	SO #2	Cloud County (Kan.) C	15.94	8.54	2/23/25 NJCAA Region 6/Jayhawk Con
6	Seanna GAYE-LESLIE	FR #12	Hinds (Miss.) CC	11.71	8.57	2/21/25 LSU Twilight
7	Ty'yanah ADAMS	FR #4	Barton (Kan.) CC {2}	10.05	8.68	2/23/25 NJCAA Region 6/Jayhawk Con
8	Rashema LINDO	FR #5	South Plains (Texas)	9.00	8.69c (8.69A)	2/15/25 Texas Tech Jarvis Scott Invite
9	Linya GEDEON	SO #19	Coffeyville (Kan.) CC	7.90	8.71	2/23/25 NJCAA Region 6/Jayhawk Con
10	Oluwatumininu SANYAOLU	FR #5	South Plains (Texas) {2}	6.56	8.78c (8.78A)	2/15/25 Texas Tech Jarvis Scott Invite
11	Tanique TAYLOR	SO #3	Iowa Western CC	5.54	8.79	2/22/25 NJCAA Region 11/ICCAC Indo
12	Damaria BELL	FR #11	Fort Scott (Kan.) CC	4.41	8.84	2/23/25 NJCAA Region 6/Jayhawk Con
13	Ma-Avian WILLIAMS	SO	Essex County (N.J.)	3.39	8.85	2/28/25 Fastrack Last Chance
14	Janae DAWES	FR #14	Western Texas {3}	2.26	8.90	2/8/25 Charlie Thomas Invitational
15	Aleisha CLARKE	FR #17	Monroe-New Rochelle	1.72	8.92	2/1/25 John Thomas Terrier Classic
15	Olivia LEATHERMAN	FR	Dodge City (Kan.) CC	1.72	8.92	2/23/25 NJCAA Region 6/Jayhawk Con
17	Kaelyn GIARRUSSO	SO #22	Glendale (Ariz.) CC	1.14	8.95 #Error	2/15/25 Aztec Indoor Multis
17	Juwonna WHITEHORNE	FR #5	South Plains (Texas) {3}	1.14	8.95c (8.95A)	2/15/25 Texas Tech Jarvis Scott Invite
19	Shyla COOPER	FR	Richard Bland (Va.)	0.90	8.97	2/21/25 Father Diamond Invitational
19	Kadina DEEBLE	FR	Essex County (N.J.) {2}	0.90	8.97	2/28/25 Fastrack Last Chance
21	Tahlia LIENERT	FR #2	Cloud County (Kan.) {2}	0.67	8.98	2/23/25 NJCAA Region 6/Jayhawk Con
21	DiaMonae THOMAS	SO	Highland (Kan.) CC	0.67	8.98	2/23/25 NJCAA Region 6/Jayhawk Con
23	Dedra WOOD	FR	Bismarck State (N.D.)	0.45	8.99	2/8/25 NDSU Bison Open
24	Jada HATCHER	FR	Richard Bland (Va.) {2}	0.32	9.00	12/8/24 Christopher Newport Holiday
25	Aliyah GIDHARRY	SO #10	Central Arizona	0.20	9.11 #Error	2/15/25 Aztec Indoor Multis
26	Anijah JAMES	FR	Richard Bland (Va.) {3}	0.15	9.13	12/8/24 Christopher Newport Holiday
27	Dekanya WEBB	FR #13	Colby (Kan.) CC	0.13	9.14	2/23/25 NJCAA Region 6/Jayhawk Con
28	Paula ORUSEDE	SO	Essex County (N.J.) {3}	0.10	9.16	1/17/25 NYC Gotham Cup
29	Alexia WALKER	FR #4	Barton (Kan.) CC {3}	0.08	9.19	1/25/25 NAIA / JUCO Invitational
30	Nanhi PANNU	FR #2	Cloud County (Kan.) {3}	0.05	9.21	2/23/25 NJCAA Region 6/Jayhawk Con
31	Janita ANTIPINA	FR #1	New Mexico JC	0.04	9.26c (9.26A) (0.0	2/24/25 NMJC Indoor Invitational
31	Abril OKON	SO #5	South Plains (Texas) {4}	TM-4	9.26c (9.26A)	2/15/25 Texas Tech Jarvis Scott Invite
33	Hannah DROEG	FR #8	Pima (Ariz.) CC	0.02	9.30 #Error	2/1/25 Central Arizona "Indoor"
34	Arriana JOHNSON	SO #21	Indian Hills (Iowa) CC {2}	0.02	9.32	2/22/25 NJCAA Region 11/ICCAC Indo
35	Alisha JACKSON		Bryant & Stratton (Va.)	0.01	9.33	2/22/25 JDL Last Chance Invitational



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## Women's 200 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Anita AFRIFA	SO #13 Colby (Kan.) CC	24.05	23.28	2/7/25 Steve Miller Invitational
2	Keliza SMITH	SO #4 Barton (Kan.) CC	21.09	23.54	2/15/25 Tyson Invitational
3	Maimuna JALLOW	FR #2 Cloud County (Kan.) C	18.55	23.69	2/1/25 Washburn Open & Multis
4	La'Nica LOCKER	SO #12 Hinds (Miss.) CC	15.62	23.96	2/8/25 UAB Green and Gold Invitatio
5	Nandy KIHUYU	SO #1 New Mexico JC	13.22	24.13c (24.06A)	2/1/25 Texas Tech Stan Scott Memor
6	Adetutu ALADELOYE	SO #18 Allen (Kan.) CC	11.20	24.14 OT	2/23/25 NJCAA Region 6/Jayhawk Con
7	Ranayla MOTEN	FR #18 Allen (Kan.) CC {2}	10.02	24.22 OT	2/23/25 NJCAA Region 6/Jayhawk Con
8	Kamaria KNIGHT	SO #1 New Mexico JC {2}	8.81	24.31c (24.24A) (0.	2/24/25 NMJC Indoor Invitational
9	Rafiatu NUHU	SO #2 Cloud County (Kan.) CC {2}	2.78	24.32 OT	2/23/25 NJCAA Region 6/Jayhawk Con
10	Kayda AUSTIN	FR #4 Barton (Kan.) CC {2}	6.65	24.38	2/15/25 Tyson Invitational
11	Queen USUNOBUN	FR #12 Hinds (Miss.) CC {2}	5.49	24.45	2/16/25 Samford Bulldog Open
12	Charlize FRASER	FR #14 Western Texas	4.47	24.46c (24.39A)	1/25/25 Dr. Martin Luther King, Jr. Invi
13	Oluwatumininu SANYAOLU	FR #5 South Plains (Texas)	3.44	24.47	2/21/25 Arkansas Qualifier
14	Jayla WERTS	SO Richard Bland (Va.)	2.35	24.51	2/8/25 VMI Winter Classic
15	Brieanna BOYCE	SO #14 Western Texas {2}	1.83	24.52c (24.45A)	2/15/25 Texas Tech Jarvis Scott Invite
16	Tuwana MCLEAN	FR #1 New Mexico JC {3}	1.56	24.53c (24.46A) (0.	2/24/25 NMJC Indoor Invitational
17	Mickayla GARDENER	FR #10 Central Arizona	1.22	24.58c (24.51A)	2/15/25 Don Kirby Collegiate Elite
18	Royanah FARMER	SO #19 Coffeyville (Kan.) CC	1.09	24.61 OT	2/23/25 NJCAA Region 6/Jayhawk Con
19	Kenyatta GRATE	SO #21 Indian Hills (Iowa) CC	0.91	24.68	1/18/25 Graduate Classic
20	Trinity MONTGOMERY	SO #12 Hinds (Miss.) CC {3}	0.79	24.70	2/16/25 Samford Bulldog Open
21	Crystal CHAMBERS	SO #11 Fort Scott (Kan.) CC	0.61	24.77 OT	2/23/25 NJCAA Region 6/Jayhawk Con
21	Serena GRACE	FR #3 Iowa Western CC	0.61	24.77c (25.15f)	2/22/25 NJCAA Region 11/ICCAC Indo
23	Ruth AGADAMA	SO #5 South Plains (Texas) {2}	0.40	24.82c (24.75A)	1/18/25 Texas Tech Corky Classic
24	Kettia AMBROSE	SO #17 Monroe-New Rochelle	0.30	24.83	2/1/25 John Thomas Terrier Classic
25	Zariah GREAVES	FR #6 Iowa Central CC	0.20	24.90c (25.28f)	2/22/25 NJCAA Region 11/ICCAC Indo
26	Mekhila SANDERS	FR Garden City (Kan.) CC	0.15	24.91 OT	2/23/25 NJCAA Region 6/Jayhawk Con
27	Nyla NORMAN	SO #21 Indian Hills (Iowa) CC {2}	0.13	24.94	12/7/24 Washburn Alumni Invitational
28	Kaylia KELLY	SO #3 Iowa Western CC {2}	0.10	24.97c (25.35f)	2/22/25 NJCAA Region 11/ICCAC Indo
29	Ala' Jah BROOKS	SO #18 Allen (Kan.) CC {3}	0.08	25.00 OT	2/23/25 NJCAA Region 6/Jayhawk Con
30	Kayveonna JACKSON	SO #18 Allen (Kan.) CC {4}	TM-4	25.01	2/1/25 Washburn Open & Multis
30	Tierra WILLIAMS	FR #19 Coffeyville (Kan.) CC {2}	0.05	25.01 OT	2/23/25 NJCAA Region 6/Jayhawk Con
32	Alexia LEWIS	SO Highland (Kan.) CC	0.03	25.02 OT	2/23/25 NJCAA Region 6/Jayhawk Con
33	Zekira SNOW	SO #21 Indian Hills (Iowa) CC {3}	0.02	25.05 OT	12/14/24 Iowa State Holiday Invitation
33	Ivana ODONKOR	SO #11 Fort Scott (Kan.) CC {2}	0.02	25.05 OT	2/23/25 NJCAA Region 6/Jayhawk Con
35	Shagay SHEPPY	FR #14 Western Texas {3}	0.01	25.06c (24.99A)	2/15/25 Texas Tech Jarvis Scott Invite



## National TFRI Event Summary

## Women's 400 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Keliza SMITH	SO	#4 Barton (Kan.) CC	23.91	53.77 OT	2/23/25 NJCAA Region 6/Jayhawk Con
2	Nandy KIHUYU	SO	#1 New Mexico JC	20.73	54.54c (54.43A)	2/15/25 Texas Tech Jarvis Scott Invite
3	Rafiatu NUHU	SO	#2 Cloud County (Kan.) C	18.46	54.72	2/8/25 Frank Sevigne Husker Invitati
4	Dayjonique CATO	SO	#11 Fort Scott (Kan.) CC	15.39	55.52 OT	2/23/25 NJCAA Region 6/Jayhawk Con
5	Ivana ODONKOR	SO	#11 Fort Scott (Kan.) CC {2}	13.12	55.80 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
6	Caydence BREWER	SO	#12 Hinds (Miss.) CC	11.09	55.83c (56.57f)	2/21/25 LSU Twilight
7	Natasha FOX	FR	#4 Barton (Kan.) CC {2}	9.91	56.02	2/15/25 Tyson Invitational
8	Twyshanna HUIE	SO	#12 Hinds (Miss.) CC {2}	8.86	56.07c (56.81f)	2/21/25 LSU Twilight
9	Queen USUNOBUN	FR	#12 Hinds (Miss.) CC {3}	7.82	56.11	2/8/25 UAB Green and Gold Invitatio
10	Amalinaly PEMBERTON	SO	#19 Coffeyville (Kan.) CC	6.78	56.15 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
11	Jayla WERTS	SO	Richard Bland (Va.)	5.66	56.28	1/31/25 Marlin Invitational
12	Tierra WILLIAMS	FR	#19 Coffeyville (Kan.) CC {2}	4.51	56.43 OT	2/23/25 NJCAA Region 6/Jayhawk Con
13	Kennedy MOSLEY	SO	#11 Fort Scott (Kan.) CC {3}	3.42	56.53 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
14	Janae DAWES	FR	#14 Western Texas	2.39	56.56	2/8/25 Charlie Thomas Invitational
15	Shagay SHEPPY	FR	#14 Western Texas {2}	1.79	56.69c (56.58A)	2/15/25 Texas Tech Jarvis Scott Invite
16	T'Anna LIBURD	SO	#10 Central Arizona	1.52	56.74	1/18/25 Al Shirley Invitational
17	Brieanna BOYCE	SO	#14 Western Texas {3}	1.26	56.75c (56.64A)	1/25/25 Dr. Martin Luther King, Jr. Invi
18	Lovina EWUSI	SO	#14 Western Texas {4}	TM-4	56.78	2/8/25 Charlie Thomas Invitational
19	Shone WALTERS	SO	#4 Barton (Kan.) CC {3}	1.04	56.81 OT	2/23/25 NJCAA Region 6/Jayhawk Con
20	Dhakiya BLAKE	SO	#19 Coffeyville (Kan.) CC {3}	0.89	56.91 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
21	Kettia AMBROSE	SO	#17 Monroe-New Rochelle	0.75	56.99	1/25/25 Dr. Sander Scorchner
22	Ala' Jah BROOKS	SO	#18 Allen (Kan.) CC	0.63	57.04	2/15/25 Tyson Invitational
23	Tuwana MCLEAN	FR	#1 New Mexico JC {2}	0.51	57.08c (56.97A)	2/1/25 Texas Tech Stan Scott Memor
24	Kaliyah JONES	FR	#17 Monroe-New Rochelle {2}	0.34	57.22	2/15/25 David Hemery Valentine Invit
25	Laurie LOUIS	SO	#21 Indian Hills (Iowa) CC	0.23	57.25c (58.01f)	2/22/25 NJCAA Region 11/ICCAC Indo
26	T'kyla BENNETT	SO	#12 Hinds (Miss.) CC {4}	TM-4	57.29	2/16/25 Samford Bulldog Open
27	Bianca GLEIM	SO	Dodge City (Kan.) CC	0.13	57.35 OT	2/23/25 NJCAA Region 6/Jayhawk Con
28	Alexa ZANDERS	FR	#21 Indian Hills (Iowa) CC {2}	0.10	57.49c (58.25f)	2/22/25 NJCAA Region 11/ICCAC Indo
29	Mickayla GARDENER	FR	#10 Central Arizona {2}	0.08	57.56	2/1/25 Central Arizona "Indoor"
30	Mechak Linda BULA BULA	FR	#6 Iowa Central CC	0.05	57.60c (58.36f)	2/22/25 NJCAA Region 11/ICCAC Indo
30	Serena GRACE	FR	#3 Iowa Western CC	0.05	57.60c (58.36f)	2/22/25 NJCAA Region 11/ICCAC Indo
32	Narissa MCPHERSON	FR	#4 Barton (Kan.) CC {4}	TM-4	57.92c (57.81A)	2/1/25 Texas Tech Stan Scott Memor
33	Kimberly BAKER	SO	Essex County (N.J.)	0.02	57.95	1/31/25 Metropolitan Championships
34	Nyla NORMAN	SO	#21 Indian Hills (Iowa) CC {3}	0.02	58.02 OT	12/14/24 Iowa State Holiday Invitation
35	Breshauna MILLER	FR	Richard Bland (Va.) {2}	0.01	58.49	1/25/25 Keydet Invitational
35	Keyonna MCGILL	SO	Cuyahoga (Ohio) CC	0.01	58.49 OT	2/8/25 Jud Logan Light Giver Collegi



## National TFRI Event Summary

## Women's 600 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Rafiatu NUHU	SO	#2 Cloud County (Kan.) C	24.10		1:30.77	1/18/25 Thane Baker Invitational
2	Nontokozo NCUBE	SO	#2 Cloud County (Kan.) {2}	21.72		1:31.24	1/18/25 Thane Baker Invitational
3	Jody ANN MITCHELL	SO	#1 New Mexico JC	18.27		1:33.09c (1:33.09A)	2/24/25 NMJC Indoor Invitational
4	Grace KOMBETTO	SO	#10 Central Arizona	15.90		1:33.57c (1:33.57A)	2/15/25 Don Kirby Collegiate Elite
5	Lovina EWUSI	SO	#14 Western Texas	13.09		1:34.95c (1:24.77A)	2/15/25 Texas Tech Jarvis Scott Invite
6	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) {3}	3.05	D	1:35.03	2/8/25 Frank Sevigne Husker Invitati
7	Attoya HARVEY	SO	#17 Monroe-New Rochelle	9.97		1:35.20	2/21/25 Garden State Open at The Ar
8	Amalinaly PEMBERTON	SO	#19 Coffeyville (Kan.) CC	8.89		1:35.35 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
9	Angeline ESTRADA	SO	#3 Iowa Western CC	7.76		1:35.62c (1:36.79f)	2/22/25 NJCAA Region 11/ICCAC Indo
10	Amal KACHOURI	FR	#1 New Mexico JC {2}	2.57	D	1:36.02c (1:36.02A)	1/25/25 Dr. Martin Luther King, Jr. Invi
11	Mercy ANGAAMCHAAB	SO	#2 Cloud County (Kan.) {4}	TM-4		1:36.09	2/8/25 Frank Sevigne Husker Invitati
12	Kialia CLAIBORNE	SO	#4 Barton (Kan.) CC	4.50		1:36.15c (1:25.84A)	2/1/25 Texas Tech Stan Scott Memor
13	Kaydeen JOHNSON	FR	#7 Odessa (Texas)	2.49	D	1:36.17c (1:25.86A)	2/1/25 Texas Tech Stan Scott Memor
14	Serena DOUGLAS	SO	Essex County (N.J.)	2.38		1:36.51	2/8/25 Big Apple Invitational
15	Tyfone MARTINS	SO	#1 New Mexico JC {3}	1.84		1:36.66c (1:36.66A)	2/24/25 NMJC Indoor Invitational
16	Nour RAHOU	FR	#5 South Plains (Texas)	1.48		1:37.10c (1:26.69A)	2/15/25 Texas Tech Jarvis Scott Invite
17	Natasha FOX	FR	#4 Barton (Kan.) CC {2}	1.16		1:37.40 OT	1/25/25 NAIA / JUCO Invitational
18	Amanda KOTAMBE	FR	#2 Cloud County (Kan.) {5}	TM-5		1:37.98	2/8/25 Frank Sevigne Husker Invitati
19	Kettia AMBROSE	SO	#17 Monroe-New Rochell{2}	0.81		1:38.05	1/3/25 Wagner Invitational
20	Emmanuella SQUIRE	SO	#11 Fort Scott (Kan.) CC	0.70		1:38.17 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
21	Mechak Linda BULA BULA	FR	#6 Iowa Central CC	0.60		1:38.34c (1:39.54f)	1/25/25 Jack Johnson Classic
22	Ysanne PEART	SO	#1 New Mexico JC {4}	TM-4		1:38.35c (1:38.35A)	1/25/25 Dr. Martin Luther King, Jr. Invi
23	Narissa MCPHERSON	FR	#4 Barton (Kan.) CC {3}	0.40		1:38.36 OT	1/25/25 NAIA / JUCO Invitational
24	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	0.30		1:38.51 OT	1/18/25 Richard Alsup Open
24	Shermalee FREEMAN	FR	Essex County (N.J.) {2}	0.30		1:38.51	1/17/25 NYC Gotham Cup
26	Kaliyah JONES	FR	#17 Monroe-New Rochell{3}	0.15		1:38.84	1/10/25 St. Thomas Aquinas Spartan I
27	Chadrak Belinda BULA BULA	FR	#6 Iowa Central CC {2}	0.13		1:39.63c (1:40.85f)	1/25/25 Jack Johnson Classic
28	Nanhi PANNU	FR	#2 Cloud County (Kan.) {6}	TM-6		1:39.75 OT	2/23/25 NJCAA Region 6/Jayhawk Con
29	Breshauna MILLER	FR	Richard Bland (Va.)	0.08		1:40.06c (1:20.42f)	2/21/25 Father Diamond Invitational
30	Juliette GAVOIS	FR	#6 Iowa Central CC {3}	0.05		1:40.11 OT	2/1/25 SDSU D2/NAIA Open
31	Rosemary ARTHUR	SO	#13 Colby (Kan.) CC	0.04		1:40.67	2/15/25 Ichabod Invitational
32	Daphne KAUSZ	SO	#1 New Mexico JC {5}	TM-5		1:40.85c (1:40.85A)	1/25/25 Dr. Martin Luther King, Jr. Invi
33	Tahlia LIENERT	FR	#2 Cloud County (Kan.) {7}	TM-7		1:40.93	2/15/25 Ichabod Invitational
34	Madison STERN-REGALAD	FR	#14 Western Texas {2}	0.02		1:41.07c (1:30.24A)	2/15/25 Texas Tech Jarvis Scott Invite
35	Kate DARE	FR	#16 Mesa (Ariz.) CC	0.01		1:41.28	2/8/25 Gaucho "Indoor"





## National TFRI Event Summary

## Women's 800 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Amal KACHOURI	FR	#1 New Mexico JC	23.19	2:10.41c	(2:11.14A)	1/25/25	Dr. Martin Luther King, Jr. Invi
2	Nontokozo NCUBE	SO	#2 Cloud County (Kan.) C	21.09	2:10.58		2/8/25	Frank Sevigne Husker Invitati
3	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) {2}	18.37	2:11.77		2/15/25	Ichabod Invitational
4	Jody ANN MITCHELL	SO	#1 New Mexico JC {2}	16.07	2:12.26c	(2:12.64A)	2/15/25	Texas Tech Jarvis Scott Invite
5	Shone WALTERS	SO	#4 Barton (Kan.) CC	13.72	2:12.85 OT		1/25/25	NAIA / JUCO Invitational
6	Emilly SILVA	SO	#1 New Mexico JC {3}	11.22	2:13.99c	(2:14.37A)	2/15/25	Texas Tech Jarvis Scott Invite
7	Avery JENSEN	SO	#9 Salt Lake (Utah) CC	10.11	2:14.28c	(2:14.92A)	2/15/25	Mountain State Games
8	Rafiatu NUHU	SO	#2 Cloud County (Kan.) {3}	2.95	D 2:14.70		2/1/25	Washburn Open & Multis
9	Grace KOMBETTO	SO	#10 Central Arizona	7.91	2:14.79c OT	(2:16.29A)	2/21/25	NAU Tune-Up
10	Rosemary ARTHUR	SO	#13 Colby (Kan.) CC	6.88	2:14.86		2/15/25	Ichabod Invitational
11	Mercy ANGAAMCHAAB	SO	#2 Cloud County (Kan.) {4}	TM-4	2:15.25		2/15/25	Ichabod Invitational
12	Lindsey LOPES	SO	#9 Salt Lake (Utah) CC {2}	4.49	2:15.88c	(2:18.21fA)	2/20/25	Big Sky Tuner
13	Angeline ESTRADA	SO	#3 Iowa Western CC	3.39	2:16.23 OT		2/1/25	SDSU D2/NAIA Open
14	Joy JEPLETING	FR	#17 Monroe-New Rochelle	2.29	2:16.74		2/28/25	Fastrack Last Chance
15	Kaydeen JOHNSON	FR	#7 Odessa (Texas)	1.78	2:16.83c	(2:17.22A)	2/15/25	Texas Tech Jarvis Scott Invite
16	Attoya HARVEY	SO	#17 Monroe-New Rochelle {2}	1.51	2:16.93		2/1/25	John Thomas Terrier Classic
17	Serena DOUGLAS	SO	Essex County (N.J.)	1.03	2:18.15		2/28/25	Fastrack Last Chance
18	Reatta DANOFF	SO	#8 Pima (Ariz.) CC	0.90	2:18.31		2/8/25	Gaucho "Indoor"
19	Sara BELGACEM	FR	Vincennes (Ind.)	0.80	2:18.90c	(2:20.50f)	2/22/25	John Gartland Team Invitatio
20	Tanesia GARDINER	FR	#17 Monroe-New Rochelle {3}	0.70	2:19.50		2/21/25	Garden State Open at The Ar
21	Rachael BETHANCOURT	SO	Paradise Valley (Ariz.)	0.60	2:19.52		2/21/25	Arkansas Qualifier
22	Amanda KOTAMBE	FR	#2 Cloud County (Kan.) {5}	TM-5	2:19.68		2/15/25	Ichabod Invitational
23	Isabella BEILKE	FR	Southern Idaho	0.40	2:19.72c	(2:20.38A)	2/15/25	Mountain State Games
24	Juliette GAVOIS	FR	#6 Iowa Central CC	0.30	2:20.11 OT		2/15/25	SDSU Indoor Classic
25	Wijdane INZALINE	FR	#3 Iowa Western CC {2}	0.20	2:20.26		2/15/25	Ichabod Invitational
26	Daphne KAUSZ	SO	#1 New Mexico JC {4}	TM-4	2:20.29c	(2:20.69A)	2/15/25	Texas Tech Jarvis Scott Invite
27	Kennedy KUNZ	FR	Southern Idaho {2}	0.13	2:20.36c	(2:21.02A)	2/15/25	Mountain State Games
28	Alivia EDENS	FR	#6 Iowa Central CC {2}	0.10	2:20.38 OT		2/15/25	SDSU Indoor Classic
29	Ava STAFFORD	SO	Bismarck State (N.D.)	0.08	2:20.45c	(2:22.07f)	2/8/25	NDSU Bison Open
30	Mercy KIBUIGUT	FR	#20 Crowder (Mo.)	0.05	2:20.53 OT		2/15/25	Russ Jewett Indoor Gorilla Cla
31	Carmella BALDWIN	SO	#16 Mesa (Ariz.) CC	0.04	2:21.01c OT	(2:22.58A)	2/21/25	NAU Tune-Up
32	Natalie BOGDANOVA KIRILOVA	SO	#6 Iowa Central CC {3}	0.03	2:21.05 OT		2/8/25	Iowa State Classic
33	Videlda JEBET	FR	#20 Crowder (Mo.) {2}	0.02	2:21.20 OT		2/15/25	Russ Jewett Indoor Gorilla Cla
34	Genesis SERRATOS	FR	#14 Western Texas	0.02	2:21.35		2/8/25	Charlie Thomas Invitational
35	Abbigail (Abbi) HUTCHINSON	FR	#6 Iowa Central CC {4}	TM-4	2:21.50c	(2:23.13f)	1/25/25	Jack Johnson Classic



## National TFRI Event Summary

## Women's 1000 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) C	24.29		2:52.39	1/18/25 Graduate Classic
2	Juliana SAKAT	FR	#3 Iowa Western CC	4.32	D	2:56.42c (2:58.34f)	2/22/25 NJCAA Region 11/ICCAC Indo
3	Amal KACHOURI	FR	#1 New Mexico JC	18.12		2:56.84c (2:56.84A)	2/24/25 NMJC Indoor Invitational
4	Emilly SILVA	SO	#1 New Mexico JC {2}	15.64		2:57.85c (2:57.85A)	2/24/25 NMJC Indoor Invitational
5	Rosemary ARTHUR	SO	#13 Colby (Kan.) CC	13.58		2:57.99 OT	2/23/25 NJCAA Region 6/Jayhawk Con
6	Attoya HARVEY	SO	#17 Monroe-New Rochelle	11.28		2:58.62	2/15/25 David Hemery Valentine Invite
7	Mercy ANGAAMCHAAB	SO	#2 Cloud County (Kan.) {2}	10.26		2:58.68	1/18/25 Graduate Classic
8	Kaydeen JOHNSON	FR	#7 Odessa (Texas)	8.93		2:59.74c (2:59.74A)	2/15/25 Texas Tech Jarvis Scott Invite
9	Nontokozi NCUBE	SO	#2 Cloud County (Kan.) {3}	2.92	D	2:59.78	1/18/25 Graduate Classic
10	Joy JEPLETING	FR	#17 Monroe-New Rochelle {2}	6.76		3:00.30	2/28/25 Fastrack Last Chance
11	Reatta DANOFF	SO	#8 Pima (Ariz.) CC	5.73		3:00.39	2/1/25 Central Arizona "Indoor"
12	Abbigail (Abbi) HUTCHINSON	FR	#6 Iowa Central CC	4.66		3:00.62 OT	2/8/25 Iowa State Classic
13	Wijdane INZALINE	FR	#3 Iowa Western CC {2}	3.41		3:01.45c (3:03.43f)	2/22/25 NJCAA Region 11/ICCAC Indo
14	Angeline ESTRADA	SO	#3 Iowa Western CC {3}	2.30		3:02.02c (3:04.00f)	2/22/25 NJCAA Region 11/ICCAC Indo
15	Aubrie BARZEE	FR	Southern Idaho	1.79		3:02.12 OT	1/25/25 Lauren McCluskey Memorial
16	Jody ANN MITCHELL	SO	#1 New Mexico JC {3}	1.53		3:02.19c (3:02.19A)	1/18/25 Texas Tech Corky Classic
17	Alivia EDENS	FR	#6 Iowa Central CC {2}	1.20		3:02.68 OT	2/1/25 SDSU D2/NAIA Open
18	Natalie BOGDANOVA KIRILOVA	SO	#6 Iowa Central CC {3}	0.94		3:03.79 OT	2/1/25 SDSU D2/NAIA Open
19	Amanda KOTAMBE	FR	#2 Cloud County (Kan.) {4}	TM-4		3:04.00	1/18/25 Graduate Classic
20	Carmella BALDWIN	SO	#16 Mesa (Ariz.) CC	0.70		3:05.32	1/25/25 Paradise Valley CC "Indoor"
21	Grace COLLINS	FR	Des Moines Area (Iowa)	0.60		3:05.46c (3:07.48f)	2/22/25 NJCAA Region 11/ICCAC Indo
22	Ava STAFFORD	SO	Bismarck State (N.D.)	0.50		3:05.66c (3:07.69f)	2/22/25 Marauders Tune-Up
23	Kennedy KUNZ	FR	Southern Idaho {2}	0.40		3:05.99 OT	1/25/25 Lauren McCluskey Memorial
24	Elizabeth EWUSIE	FR	#3 Iowa Western CC {4}	TM-4		3:06.25 OT	1/24/25 Cyclone Open
25	Meryeme MAI	FR	Garden City (Kan.) CC	0.20		3:06.35 OT	2/23/25 NJCAA Region 6/Jayhawk Con
26	Abigail GRANTHAM	SO	#23 Hutchinson (Kan.) CC	0.15		3:07.09 OT	2/23/25 NJCAA Region 6/Jayhawk Con
27	Jayne ELVIN	SO	#1 New Mexico JC {4}	TM-4		3:07.11c (3:07.11A)	2/15/25 Texas Tech Jarvis Scott Invite
28	Lucy MELZER	FR	#16 Mesa (Ariz.) CC {2}	0.10		3:07.14	2/8/25 Gaucho "Indoor"
29	Linda RIVERO	SO	#8 Pima (Ariz.) CC {2}	0.08		3:07.36	2/1/25 Central Arizona "Indoor"
30	Rachael BETHANCOURT	SO	Paradise Valley (Ariz.)	0.05		3:07.38	1/25/25 Paradise Valley CC "Indoor"
31	Sarai CHAVEZ	SO	Dodge City (Kan.) CC	0.04		3:07.39 OT	2/23/25 NJCAA Region 6/Jayhawk Con
32	Alyssa KULESA	FR	#3 Iowa Western CC {5}	TM-5		3:07.60 OT	2/1/25 SDSU D2/NAIA Open
33	Regina RAIMO	SO	#16 Mesa (Ariz.) CC {3}	0.02		3:07.63	2/8/25 Gaucho "Indoor"
34	Francesca ALVARADO	SO	#1 New Mexico JC {5}	TM-5		3:07.70c (3:07.70A)	2/24/25 NMJC Indoor Invitational
35	Daphne KAUSZ	SO	#1 New Mexico JC {6}	TM-6		3:07.73c (3:07.73A)	2/15/25 Texas Tech Jarvis Scott Invite



## National TFRI Event Summary

## Women's Mile — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Juliana SAKAT	FR	#3 Iowa Western CC	5.43	D	4:48.52 OT	1/24/25 Cyclone Open
2	Millicent WAFULA	FR	#7 Odessa (Texas)	20.75		4:51.32c (4:54.74A)	2/1/25 Texas Tech Stan Scott Memor
3	Angelina LIONE	FR	#9 Salt Lake (Utah) CC	18.18		4:53.67c (5:03.11fA)	2/20/25 Big Sky Tuner
4	Salma SADDOUNG	FR	#7 Odessa (Texas) {2}	15.56		4:56.30c (4:59.78A)	2/1/25 Texas Tech Stan Scott Memor
5	Amal KACHOURI	FR	#1 New Mexico JC	3.50	D	4:56.57c (5:00.06A)	2/1/25 Texas Tech Stan Scott Memor
6	Nora BRADY	SO	Heartland (Ill.) CC	11.49		4:56.61c (4:59.54f)	2/8/25 Keck Invitational
7	Hafssa BOUTRICH	FR	#3 Iowa Western CC {2}	10.34		4:57.57 OT	1/24/25 Cyclone Open
8	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) C	3.29	D	4:57.90	2/1/25 Washburn Open & Multis
9	Kaydeen JOHNSON	FR	#7 Odessa (Texas) {3}	8.02		4:59.63c (5:03.15A)	2/1/25 Texas Tech Stan Scott Memor
10	Abbigail (Abbi) HUTCHINSON	FR	#6 Iowa Central CC	6.55		5:04.51c (5:07.52f)	2/22/25 NJCAA Region 11/ICCAC Indo
11	Elizabeth ILANDA	FR	#7 Odessa (Texas) {4}	TM-4		5:04.81c (5:08.39A)	2/1/25 Texas Tech Stan Scott Memor
12	Mazee SOUTHWARD	FR	#9 Salt Lake (Utah) CC {2}	4.34		5:07.18c (5:17.06fA)	2/20/25 Big Sky Tuner
13	Melanie ANDERSON	FR	#9 Salt Lake (Utah) CC {3}	3.33		5:07.33c (5:17.21fA)	2/20/25 Big Sky Tuner
14	Angela Denisse SALADO FERNANDEZ	SO	#9 Salt Lake (Utah) CC {4}	TM-4		5:07.74c (5:17.63fA)	2/20/25 Big Sky Tuner
15	Naomi SOTELO	SO	#9 Salt Lake (Utah) CC {5}	TM-5		5:08.73c (5:18.66fA)	2/20/25 Big Sky Tuner
16	Elizabeth EWUSIE	FR	#3 Iowa Western CC {3}	1.48		5:08.76c (5:11.81f)	2/22/25 NJCAA Region 11/ICCAC Indo
17	Joy JEPLETING	FR	#17 Monroe-New Rochelle	1.22		5:08.92	2/21/25 Garden State Open at The Ar
18	Mercy ANGAAMCHAAB	SO	#2 Cloud County (Kan.) {12}	1.08		5:09.37	1/18/25 Thane Baker Invitational
19	Francesca ALVARADO	SO	#1 New Mexico JC {2}	0.96		5:09.65c (5:16.54A)	1/25/25 Dr. Martin Luther King, Jr. Invi
20	Rosemary ARTHUR	SO	#13 Colby (Kan.) CC	0.82		5:10.19 OT	1/25/25 NAIA / JUCO Invitational
21	Keira DAMRON	SO	Paradise Valley (Ariz.)	0.71		5:10.37	2/21/25 Arkansas Qualifier
22	Tara BOUCK	FR	#9 Salt Lake (Utah) CC {6}	TM-6		5:10.90c (5:20.89fA)	2/20/25 Big Sky Tuner
23	Videlda JEBET	FR	#20 Crowder (Mo.)	0.45		5:11.14 OT	2/1/25 Pitt State Invitational
24	Angela (Angy) Denisse SALADO FERNANDEZ	SO	#9 Salt Lake (Utah) CC {7}	TM-7		5:11.69 OT	2/1/25 Washington Invitational
25	Attoya HARVEY	SO	#17 Monroe-New Rochelle {2}	0.21		5:11.80	1/25/25 Dr. Sander Scorchner
26	Faith JEPTOO	SO	#20 Crowder (Mo.) {2}	0.15		5:11.81 OT	2/1/25 Pitt State Invitational
27	Avery JENSEN	SO	#9 Salt Lake (Utah) CC {8}	TM-8		5:12.02c (5:22.05fA)	2/20/25 Big Sky Tuner
28	Kennedy KUNZ	FR	Southern Idaho	0.10		5:12.09c (5:22.12fA)	2/20/25 Big Sky Tuner
29	Carmella BALDWIN	SO	#16 Mesa (Ariz.) CC	0.08		5:12.18c OT (5:23.95A)	1/31/25 Ron Mann Classic
30	Elayna LOVERIDGE	SO	#9 Salt Lake (Utah) CC {9}	TM-9		5:12.90c (5:19.46A)	2/1/25 Roman Ruiz Speed and Power
31	Alix CRAWFORD	FR	#9 Salt Lake (Utah) CC {10}	TM-10		5:12.98c (5:23.04fA)	2/20/25 Big Sky Tuner
32	Mercy KIBUIGUT	FR	#20 Crowder (Mo.) {3}	0.03		5:13.29 OT	2/1/25 Pitt State Invitational
32	Sarah NICHOLIS	FR	#9 Salt Lake (Utah) CC {11}	TM-11		5:13.29c (5:23.36fA)	2/20/25 Big Sky Tuner
34	Aubrie BARZEE	FR	Southern Idaho {2}	0.02		5:14.19c (5:24.29fA)	2/20/25 Big Sky Tuner
35	Ines MRABET	FR	#1 New Mexico JC {3}	0.01		5:14.42c (5:18.12A)	2/15/25 Texas Tech Jarvis Scott Invite





## National TFRI Event Summary

## Women's 3000 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Juliana SAKAT	FR	#3 Iowa Western CC	24.69		9:30.36	1/18/25 Graduate Classic
2	Angela (Angy) Denisse SALADO FERNANDEZ	SO	#9 Salt Lake (Utah) CC	20.03		9:49.54 OT	2/15/25 Husky Classic
3	Millicent WAFULA	FR	#7 Odessa (Texas)	17.91		9:50.46c (9:57.66A)	2/15/25 Texas Tech Jarvis Scott Invite
4	Angelina LIONE	FR	#9 Salt Lake (Utah) CC {2}	15.84		9:51.00 OT	2/15/25 Husky Classic
5	Elizabeth ILANDA	FR	#7 Odessa (Texas) {2}	13.80		9:51.25c (9:58.46A)	2/15/25 Texas Tech Jarvis Scott Invite
6	Salma SADDOUNG	FR	#7 Odessa (Texas) {3}	3.63	D	9:52.57c (9:59.80A)	2/15/25 Texas Tech Jarvis Scott Invite
7	Lilian MATEO	SO	#7 Odessa (Texas) {4}	TM-4		9:54.61c (10:01.86A)	2/15/25 Texas Tech Jarvis Scott Invite
8	Nhamoinesu MABVUKA	FR	#24 Meridian (Miss.) CC	9.18		9:55.93	2/7/25 UAB Vulcan Invitational
9	Faith JEPTOO	SO	#20 Crowder (Mo.)	7.55		10:03.99	2/21/25 Arkansas Qualifier
10	Naomi SOTELO	SO	#9 Salt Lake (Utah) CC {3}	6.50		10:05.05c (10:24.34fA)	1/10/25 Weber State Invitational
11	Francesca ALVARADO	SO	#1 New Mexico JC	5.49		10:05.43c (10:12.82A)	2/1/25 Texas Tech Stan Scott Memor
12	Melanie ANDERSON	FR	#9 Salt Lake (Utah) CC {4}	TM-4		10:07.14 OT	2/15/25 Husky Classic
13	Hafssa BOUTRICH	FR	#3 Iowa Western CC {2}	3.35		10:08.59	1/18/25 Graduate Classic
14	Abbigail (Abbi) HUTCHINSON	FR	#6 Iowa Central CC	2.30		10:09.79 OT	2/15/25 SDSU Indoor Classic
15	Videlda JEBET	FR	#20 Crowder (Mo.) {2}	1.76		10:10.73 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
16	Keira DAMRON	SO	Paradise Valley (Ariz.)	1.51		10:10.76	2/21/25 Arkansas Qualifier
17	Lindsie FAUSETT	SO	#9 Salt Lake (Utah) CC {5}	TM-5		10:12.59c (10:33.27fA)	2/20/25 Big Sky Tuner
18	Elizabeth EWUSIE	FR	#3 Iowa Western CC {3}	0.99		10:14.84	2/15/25 Ichabod Invitational
19	Joy JEPLETING	FR	#17 Monroe-New Rochelle	0.88		10:14.90	2/1/25 John Thomas Terrier Classic
20	Mercy KIBUIGUT	FR	#20 Crowder (Mo.) {3}	0.76		10:15.60 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
21	Carmella BALDWIN	SO	#16 Mesa (Ariz.) CC	0.63		10:16.26c (10:31.82A)	2/15/25 Don Kirby Collegiate Elite
22	Ines MRABET	FR	#1 New Mexico JC {2}	0.51		10:16.67c (10:24.19A)	2/1/25 Texas Tech Stan Scott Memor
23	Laurie DAVIDSON	FR	Southern Idaho	0.40		10:17.73c (10:38.59fA)	2/20/25 Big Sky Tuner
24	N Vanee ANCHIKE	SO	#2 Cloud County (Kan.) C	0.30		10:19.11 OT	1/25/25 NAIA / JUCO Invitational
25	Jordyn PICOLET	SO	#23 Hutchinson (Kan.) CC	0.20		10:19.29	2/15/25 Ichabod Invitational
26	Edith NESLEN	FR	#9 Salt Lake (Utah) CC {6}	TM-6		10:19.77c OT (10:33.73A)	1/9/25 BYU Indoor Invitational
27	Pelisha KOSGEI	FR	#20 Crowder (Mo.) {4}	TM-4		10:20.66 OT	1/25/25 NAIA / JUCO Invitational
28	Laynee ROWLEY	SO	Southern Idaho {2}	0.10		10:21.11c (10:34.66A)	2/15/25 Mountain State Games
29	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	0.08		10:21.18	2/1/25 Washburn Open & Multis
30	Mazee SOUTHWARD	FR	#9 Salt Lake (Utah) CC {7}	TM-7		10:21.68c (10:35.24A)	2/15/25 Mountain State Games
31	Lillian NEFF	SO	Southern Idaho {3}	0.04		10:22.74c (10:42.59fA)	1/10/25 Weber State Invitational
32	Nora BRADY	SO	Heartland (Ill.) CC	0.03		10:24.94c (10:30.29f)	1/24/25 Jason Dennis Invitational
33	Alix CRAWFORD	FR	#9 Salt Lake (Utah) CC {8}	TM-8		10:24.97c (10:38.60A)	2/15/25 Mountain State Games
34	Sage LYON	FR	Southern Idaho {4}	TM-4		10:26.25c (10:39.91A)	2/15/25 Mountain State Games
35	Rozzlyn CAZIER	SO	Southern Idaho {5}	TM-5		10:26.64c (10:47.80fA)	2/20/25 Big Sky Tuner



## National TFRI Event Summary

## Women's 5000 Meters — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Juliana SAKAT	FR #3	Iowa Western CC	26.11	16:20.80	2/1/25 Washburn Open & Multis
2	Nhamoinesu MABVUKA	FR #24	Meridian (Miss.) CC	21.19	16:54.32 OT	2/15/25 Music City Challenge
3	Angela (Angy) Denisse SALADO FERNANDEZ	SO #9	Salt Lake (Utah) CC	18.02	17:08.36 OT	2/1/25 Washington Invitational
4	Elizabeth ILANDA	FR #7	Odessa (Texas)	14.94	17:23.06c (17:36.97A)	2/15/25 Texas Tech Jarvis Scott Invite
5	Salma SADDOUNG	FR #7	Odessa (Texas) {2}	12.91	17:23.73c (17:37.64A)	2/15/25 Texas Tech Jarvis Scott Invite
6	N Vanee ANCHIKE	SO #2	Cloud County (Kan.) C	2.88 D	17:24.24	2/8/25 Frank Sevigne Husker Invitati
7	Melanie ANDERSON	FR #9	Salt Lake (Utah) CC {2}	9.86	17:24.67 OT	2/1/25 Washington Invitational
8	Elizabeth EWUSIE	FR #3	Iowa Western CC {2}	8.84	17:24.90c (17:32.90f)	2/22/25 NJCAA Region 11/ICCAC Indo
9	Angelina LIONE	FR #9	Salt Lake (Utah) CC {3}	2.81 D	17:25.51 OT	2/1/25 Washington Invitational
10	Millicent WAFULA	FR #7	Odessa (Texas) {3}	2.66 D	17:28.29c (17:42.27A)	2/15/25 Texas Tech Jarvis Scott Invite
11	Lilian MATEO	SO #7	Odessa (Texas) {4}	TM-4	17:29.00c (17:42.98A)	2/15/25 Texas Tech Jarvis Scott Invite
12	Nora BRADY	SO	Heartland (Ill.) CC	4.52	17:31.00	2/21/25 Iowa Open
13	Faith JEPTOO	SO #20	Crowder (Mo.)	3.48	17:31.72 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
14	Hafssa BOUTRICH	FR #3	Iowa Western CC {3}	2.39	17:33.40	2/15/25 Ichabod Invitational
15	Edith NESLEN	FR #9	Salt Lake (Utah) CC {4}	TM-4	17:35.65 OT	2/1/25 Washington Invitational
16	Pelisha KOSGEI	FR #20	Crowder (Mo.) {2}	1.53	17:35.79 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
17	Lindsie FAUSETT	SO #9	Salt Lake (Utah) CC {5}	TM-5	17:39.34c (18:04.23A)	2/15/25 Mountain State Games
18	Lillian NEFF	SO	Southern Idaho	0.92	17:45.84c (18:10.89A)	2/15/25 Mountain State Games
19	Ines MRABET	FR #1	New Mexico JC	0.80	17:48.27c (18:02.51A)	2/15/25 Texas Tech Jarvis Scott Invite
20	Abbigail (Abbi) HUTCHINSON	FR #6	Iowa Central CC	0.70	17:49.27c (17:57.45f)	2/22/25 NJCAA Region 11/ICCAC Indo
21	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	0.60	17:49.73 OT	2/15/25 Russ Jewett Indoor Gorilla Cla
22	Barbara NEIVA	SO	Trinidad State (Colo.)	0.50	17:58.25	2/1/25 Washburn Open & Multis
23	Alix CRAWFORD	FR #9	Salt Lake (Utah) CC {6}	TM-6	18:00.91 OT	2/1/25 Washington Invitational
24	Mazee SOUTHWARD	FR #9	Salt Lake (Utah) CC {7}	TM-7	18:01.95 OT	2/1/25 Washington Invitational
25	Joelle WHITWORTH	SO #9	Salt Lake (Utah) CC {8}	TM-8	18:06.40c (18:34.10A)	2/1/25 Roman Ruiz Speed and Power
26	Jordyn PICOLET	SO #23	Hutchinson (Kan.) CC	0.15	18:06.64 OT	2/23/25 NJCAA Region 6/Jayhawk Con
27	Meryeme MAI	FR	Garden City (Kan.) CC	0.13	18:12.00 OT	2/23/25 NJCAA Region 6/Jayhawk Con
28	Karen KIRATU	SO	Southeast (Neb.) CC	0.10	18:12.79 OT	2/1/25 SDSU D2/NAIA Open
29	Michaela GROSS	FR #25	Hagerstown (Md.) CC	0.08	18:17.59	2/15/25 Virginia Beach Pre-National
30	Carmella BALDWIN	SO #16	Mesa (Ariz.) CC	0.05	18:19.62	2/8/25 Gaucho "Indoor"
31	Kinley JACKSON	FR #16	Mesa (Ariz.) CC {2}	0.04	18:27.85	2/8/25 Gaucho "Indoor"
32	Rozzlyn CAZIER	SO	Southern Idaho {2}	0.03	18:28.00c (18:54.04A)	2/15/25 Mountain State Games
33	Tiffani KOONCE	FR #21	Indian Hills (Iowa) CC	0.02	18:28.12	2/1/25 Washburn Open & Multis
34	Jenna FIFE	FR	Snow (Utah)	0.02	18:28.80c (18:54.86A)	2/15/25 Mountain State Games
35	Grace COLLINS	FR	Des Moines Area (Iowa)	0.01	18:30.47c (18:38.97f)	2/15/25 Darren Young Classic



# National TFRI Event Summary

## Women's 4x400 Relay — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Natasha Fox, Kayda Austin, Shone Walters, Keliza Smith	#4 Barton (Kan.) CC	23.02	3:44.42	2/15/25	Tyson Invitational
2	Tuwana McLean, Kamaria Knight, Jody Ann Mitchell, Nandy Kihuyu	#1 New Mexico JC	20.94	3:44.62c (3:44.18A)	2/15/25	Texas Tech Jarvis Scott Invite
3	Nanhi Pannu, Nontokozi Ncube, Maimuna Jallow, Rafiatu Nuhu	#2 Cloud County (Kan.) C	18.89	3:44.77	2/8/25	Frank Sevigne Husker Invitati
4	Jayden Piper, Emmanuell Squire, Dayjonique Cato, Ivana Odonkor	#11 Fort Scott (Kan.) CC	16.71	3:45.25 OT	2/23/25	NJCAA Region 6/Jayhawk Con
5	Twyshanna Huie, Queen Usunobun, T'kyla Bennett, Caydence Brewer	#12 Hinds (Miss.) CC	14.13	3:46.82	2/8/25	UAB Green and Gold Invitatio
6	Shagay Sheppy, Charlize Fraser, Brianna Boyce, Lovina Ewusi	#14 Western Texas	11.77	3:48.19c (3:47.75A)	2/15/25	Texas Tech Jarvis Scott Invite
7	Dhakiya Blake, Royanah Farmer, Tierra Williams, Amalinaly Pemberton	#19 Coffeyville (Kan.) CC	9.53	3:49.19 OT	2/23/25	NJCAA Region 6/Jayhawk Con
8	Nyla Norman, Kenyatta Grate, Laurie Louis, Alexa Zanders	#21 Indian Hills (Iowa) CC	6.81	3:52.23	1/25/25	Larry Wiecezorek Invitational
9	Kettia Ambrose, Kaliyah Jones, Joy Jepleting, Attoya Harvey	#17 Monroe-New Rochelle	5.75	3:52.46	2/8/25	Millrose Games
10	Kimberly Baker, Shermalee Freeman, Aaliyah Morgan, Paula Orusede	Essex County (N.J.)	4.63	3:53.00	2/15/25	David Hemery Valentine Invit
11	Amiyanee Harris, T'Anna Liburd, Aliyah Gidharry, Grace Kombetto	#10 Central Arizona	2.55	3:53.35	1/18/25	Al Shirley Invitational
12	Ranayla Moten, Ala' Jah Brooks, Charity Beckham, Adetutu Aladeloye	#18 Allen (Kan.) CC	1.28	3:54.52	2/1/25	Washburn Open & Multis
13	Serena Grace, Angeline Estrada, Taeja Barte, Judith Koumedzina	#3 Iowa Western CC	0.90	3:57.46 OT	2/1/25	SDSU D2/NAIA Open
14	Mechak Linda Bula Bula, Juliette Gavois, Hannah Quang, Chadrak Belinda Bula Bula	#6 Iowa Central CC	0.80	3:58.89c (4:02.06f)	2/22/25	NJCAA Region 11/ICCAC Indo
15	Beatrice Boakye, Anita Afrifa, Rosemary Arthur, Ashly Tharp	#13 Colby (Kan.) CC	0.70	3:58.91 OT	1/25/25	NAIA / JUCO Invitational
16	Cshanti Pierce, Taitiana Jones, Jakhia Martin, Amirah Nock	#24 Meridian (Miss.) CC	0.60	4:00.72	2/16/25	Samford Bulldog Open
17	Aliya Schock, Aisha Zaffino, Makayla Whitfield, Ava Stafford	Bismarck State (N.D.)	0.50	4:02.26c (4:05.48f)	2/8/25	NDSU Bison Open
18	J'Na Demming, Shanteria Washington, Alyana Wallace, Alexia Lewis	Highland (Kan.) CC	0.40	4:06.30 OT	2/23/25	NJCAA Region 6/Jayhawk Con
19	Avery Jensen, Lindsey Lopes, Tabettha Henrie, Tara Bouck	#9 Salt Lake (Utah) CC	0.30	4:07.10c (4:06.66A)	2/15/25	Mountain State Games



# National TFRI Event Summary

## Women's 4x400 Relay — 2025 Checkpoint #6, March 4

20	Vilorina Tuilawaki, Rhea Flanders, Melania Turaga, Amy Styles	Neosho County (Kan.)	0.20	4:09.30	2/15/25 Ichabod Invitational
21	Charity Rayford, Chasity Rayford, Ki'Sha Tyner, Andrea Teruel	Ranger (Texas)	0.10	4:09.33	2/8/25 FasTrak Collegiate Qualifier



## National TFRI Event Summary

## Women's 4x800 Relay — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Mercy Kibuigut, Pelisha Kosgei, Faith Jeptoo, Videlma Jebet	#20 Crowder (Mo.)	22.94	9:29.59 OT		1/25/25 NAIA / JUCO Invitational
2	Natalie Bogdanova, Kirilova, Fanny den Uyl, Juliette Gavois, Alivia Edens	#6 Iowa Central CC	20.59	9:38.36 OT		2/1/25 SDSU D2/NAIA Open
3	Mercy Angaamchaab, Amanda Kotambe, Jaelyn Rumbach, Joella Mathilda	#2 Cloud County (Kan.) C	17.84	9:58.23 OT		2/23/25 NJCAA Region 6/Jayhawk Con
4	Reid Harvey-McKean, Beverlyne Kiptarus, Umahan Sahin, Meryeme Mai	Garden City (Kan.) CC	15.84	9:58.43 OT		1/25/25 NAIA / JUCO Invitational
5	Elizabeth Ewusie, Jessica Heyen, Alyssa Kulesa, Ayianna Olivas	#3 Iowa Western CC	13.69	10:02.40c (10:09.34f)		2/22/25 NJCAA Region 11/ICCAC Indo
6	Teressa Martinez, Caylee May, Ava Washington, Sarai Chavez	Dodge City (Kan.) CC	11.61	10:04.92 OT		2/23/25 NJCAA Region 6/Jayhawk Con
7	Vilorina Tuilawaki, Amy Styles, Melania Turaga, Barbara Gurrola	Neosho County (Kan.)	9.30	10:17.83 OT		2/23/25 NJCAA Region 6/Jayhawk Con
8	Kayli Myers, Daniela Lozano-Cardenas, Dayanna Brito-Hernandez, Pauline Althoff	#15 Cowley (Kan.)	7.01	10:30.04 OT		2/23/25 NJCAA Region 6/Jayhawk Con
9	Aubrey Kuntz, Rylee Olsen, Chloe Ferneau, Arianna Pedrin	Southeastern (Iowa) C	5.76	10:45.64c (10:53.08f)		2/22/25 NJCAA Region 11/ICCAC Indo
10	Cloey Usher, Emily Usher, Bridget Canton, Olivia Spurling	North Iowa Area CC	4.39	11:20.04c (11:27.88f)		2/22/25 NJCAA Region 11/ICCAC Indo
11	Marcy Monell, Sanaa Nalls, Kaliyah Smith, Juaneya Sykes	#11 Fort Scott (Kan.) CC	2.17	11:41.35 OT		2/23/25 NJCAA Region 6/Jayhawk Con
12	Alison Pasdiora, Olivia Chapman, Maureen Bluemle, Samantha Blankenship	DuPage (Ill.)	1.07	11:52.56c (12:00.78f)		1/31/25 Walter Cramer Invitational
13	Shahd Atwa, Isabelle Gillham, Ashly Tharp, Natasha Some	#13 Colby (Kan.) CC	0.93	11:56.63 OT		2/23/25 NJCAA Region 6/Jayhawk Con





## National TFRI Event Summary

## Women's Distance Medley Relay — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Emily Silva, Ysanne Peart, Jody Ann Mitchell, Amal Kachouri	#1 New Mexico JC	24.32	11:43.91c	(11:49.64A)	2/1/25 Texas Tech Stan Scott Memor
2	Hafssa Boutrich, Serena Grace, Angeline Estrada, Juliana Sakat	#3 Iowa Western CC	22.27	11:44.45 OT		2/8/25 Bearcat Invite
3	Lilian Mateo, Yvette Benavides, Salma Saddoug, Millicent Wafula	#7 Odessa (Texas)	18.57	12:04.43c	(12:10.33A)	2/1/25 Texas Tech Stan Scott Memor
4	Mercy Angaamchaab, Rafiatu Nuhu, Nontokoza Ncube, N Vanee Anchike	#2 Cloud County (Kan.) C	16.39	12:06.51 OT		2/23/25 NJCAA Region 6/Jayhawk Con
5	Attoya Harvey, Kettia Ambrose, Tanesia Gardiner, Joy Jepleting	#17 Monroe-New Rochelle	13.85	12:13.90		2/15/25 David Hemery Valentine Invit
6	Faith Jeptoo, Videlma Jebet, Mercy Kibuigut, Pelisha Kosgei	#20 Crowder (Mo.)	11.48	12:20.67 OT		2/1/25 Pitt State Invitational
7	Aubrie Barzee, Isabella Beilke, Kennedy Kunz, Laynee Rowley	Southern Idaho	8.80	12:33.40c	(12:43.51A)	2/15/25 Mountain State Games
8	Natalie Bogdanova Kirilova, Chadrak Belinda Bula Bula, Juliette Gavois, Alivia Edens	#6 Iowa Central CC	6.74	12:34.65c	(12:42.73f)	2/22/25 NJCAA Region 11/ICCAC Indo
9	Ella Allred, Reatta Danoff, J'layah Spellman Collins, Linda Rivero	#8 Pima (Ariz.) CC	5.39	12:41.38		1/25/25 Paradise Valley CC "Indoor"
10	Tabetha Henrie, Avery Jensen, Lindsey Lopes, Angelina Lione	#9 Salt Lake (Utah) CC	4.34	12:42.44c	(13:01.52fA)	1/10/25 Weber State Invitational
11	Ivy Washington, Bianca Gleim, Sarai Chavez, Ava Washington	Dodge City (Kan.) CC	2.28	12:44.84 OT		2/23/25 NJCAA Region 6/Jayhawk Con
12	Macie Morales, Alfrenique Knowles, Kendra Muhammad, Alyssa Mabry	Ranger (Texas)	1.19	12:48.31		2/8/25 FasTrak Collegiate Qualifier
13	Reid Harvey-McKean, Beverlyne Kiptarus, Mekhila Sanders, Meryeme Mai	Garden City (Kan.) CC	1.09	12:48.46		2/1/25 Washburn Open & Multis
14	Regina Raimo, Kate Dare, Katie Munoz, Carmella Baldwin	#16 Mesa (Ariz.) CC	0.97	12:49.31		1/25/25 Paradise Valley CC "Indoor"
15	Sara Belgacem, Zoe Allen, Jasmyn Self, Adi Fuller	Vincennes (Ind.)	0.70	12:57.41 OT		2/15/25 Grand Valley State Big Meet II
16	Laura Avila, Rio Kirven, Av Lemaster, Abigail Grantham	#23 Hutchinson (Kan.) CC	0.60	13:09.86 OT		2/23/25 NJCAA Region 6/Jayhawk Con
17	Alison Unruh, Jennifer Casas, La Tanya Johnson, Elizabeth Hernandez	Butler (Kan.) CC	0.50	13:11.62 OT		2/23/25 NJCAA Region 6/Jayhawk Con
18	Tatyana Enriquez, Amiyanee Harris, Grace Kombetto, Jessica Viera	#10 Central Arizona	0.40	13:18.20		2/1/25 Central Arizona "Indoor"
19	Daniela Lozano-Cardenas, Grace Knight, Dayanna Brito-Hernandez, Savannah Fischer	#15 Cowley (Kan.)	0.30	13:28.67 OT		2/23/25 NJCAA Region 6/Jayhawk Con



# National TFRI Event Summary

## Women's Distance Medley Relay — 2025 Checkpoint #6, March 4

20	Isabella Cifuentes, Briann Smith, Olivia Urban, Lauren Lee	Muskegon (Mich.) CC	0.20	13:39.20 OT	2/15/25	Grand Valley State Big Meet II
21	Cloey Usher, Emily Usher, Bridget Canton, Olivia Spurling	North Iowa Area CC	0.10	14:04.62c (14:13.66f)	2/22/25	NJCAA Region 11/ICCAC Indo



## National TFRI Event Summary

## Women's High Jump — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Tiana PETROVA	FR	#1 New Mexico JC	23.01	1.70m	5-7	2/15/25	Texas Tech Jarvis Scott Invite
2	Abril OKON	SO	#5 South Plains (Texas)	20.45	1.68m	5-6	2/21/25	Arkansas Qualifier
2	Aidan FAITH	SO	#25 Hagerstown (Md.) CC	20.45	1.68m	5-6	2/8/25	VMI Winter Classic
4	Janiya ROSS	SO	#8 Pima (Ariz.) CC	16.17	1.67m	5-5¾	1/18/25	Al Shirley Invitational
4	Isabel GREEN	SO	#8 Pima (Ariz.) CC	16.17	1.67m	5-5¾	1/18/25	Al Shirley Invitational
6	Kaelyn GIARRUSSO	SO	#22 Glendale (Ariz.) CC	11.73	1.65m	5-5	2/15/25	Aztec Indoor Multis
7	April NECAISE	SO	#8 Pima (Ariz.) CC {3}	10.16	1.62m	5-3¾	1/25/25	Paradise Valley CC "Indoor"
8	Halima BIGGS	FR	Hawkeye (Iowa) CC	8.78	1.60m	5-3	2/22/25	NJCAA Region 11/ICCAC Indo
8	Rasheda SAMUELS	FR	#3 Iowa Western CC	8.78	1.60m	5-3	2/22/25	NJCAA Region 11/ICCAC Indo
10	Aliyah GIDHARRY	SO	#10 Central Arizona	6.59	1.59m	5-2½	2/15/25	Aztec Indoor Multis
10	Tyler WASHINGTON	SO	#8 Pima (Ariz.) CC {4}	TM-4	1.59m	5-2½	2/15/25	Aztec Indoor Multis
10	Jazz DILWORTH	SO	#11 Fort Scott (Kan.) CC	6.59	1.59m	5-2½	2/23/25	NJCAA Region 6/Jayhawk Con
13	Jakouria JAMERSON	SO	#11 Fort Scott (Kan.) CC {2}	3.25	1.56m	5-1¼	2/23/25	NJCAA Region 6/Jayhawk Con
13	Eden BROUWERS	FR	#6 Iowa Central CC	3.25	1.56m	5-1¼	2/22/25	NJCAA Region 11/ICCAC Indo
15	Steffanie MCGUFFEY	SO	Muskegon (Mich.) CC	1.65	1.55m	5-1	1/18/25	GVSU Bob Eubanks Open
15	Sara JACOBSON	SR	#16 Mesa (Ariz.) CC	1.65	1.55m	5-1	1/17/25	Jim Mielke Memorial invitatio
15	Raeya TOWNSEND	FR	Marion Military Institu	1.65	1.55m	5-1	1/19/25	KMS Indoor Invitational
15	Cordaelia WILLIAMS	SO	#2 Cloud County (Kan.) C	1.65	1.55m	5-1	2/15/25	Ichabod Invitational
15	Arriana JOHNSON	SO	#21 Indian Hills (Iowa) CC	1.65	1.55m	5-1	12/7/24	Washburn Alumni Invitational
15	Emmanuella SQUIRE	SO	#11 Fort Scott (Kan.) CC {3}	1.65	1.55m	5-1	1/18/25	Bumble Rumble
15	Chenessa DAVIS	SO	#2 Cloud County (Kan.) C	1.65	1.55m	5-1	2/15/25	Ichabod Invitational
22	Alyana WALLACE	SO	Highland (Kan.) CC	0.50	1.53m	5-¼	2/8/25	Bearcat Invite
23	Riannon ST. CLAIR	SO	#15 Cowley (Kan.)	0.40	1.52m	4-11¾	1/25/25	NAIA / JUCO Invitational
23	Vinae BUFERD-STILLMAN	FR	#10 Central Arizona {2}	0.40	1.52m	4-11¾	1/18/25	Al Shirley Invitational
23	Kennedy MOSLEY	SO	#11 Fort Scott (Kan.) CC {4}	TM-4	1.52m	4-11¾	2/23/25	NJCAA Region 6/Jayhawk Con
23	Alexia WALKER	FR	#4 Barton (Kan.) CC	0.40	1.52m	4-11¾	2/23/25	NJCAA Region 6/Jayhawk Con
23	Sophia CALISTRO	FR	Dodge City (Kan.) CC	0.40	1.52m	4-11¾	1/31/25	Charlie Foster Classic
23	Hannah DROEG	FR	#8 Pima (Ariz.) CC {5}	TM-5	1.52m	4-11¾	1/17/25	Jim Mielke Memorial invitatio
23	Tahlia LIENERT	FR	#2 Cloud County (Kan.) C {3}	0.40	1.52m	4-11¾	2/1/25	Washburn Open & Multis
30	Jillian HULSING	SO	Sauk Valley (Ill.) CC	0.05	1.50m	4-11	1/25/25	Fighting Bee Invite
30	Tasha WILLIAMS	SO	Hawkeye (Iowa) CC {2}	0.05	1.50m	4-11	2/22/25	NJCAA Region 11/ICCAC Indo
30	Cassidy HERGET	SO	Mineral Area (Mo.)	0.05	1.50m	4-11	2/8/25	Keck Invitational
30	Kira MESSERLY	FR	#6 Iowa Central CC {2}	0.05	1.50m	4-11	1/25/25	Jack Johnson Classic
30	Qiana PIERCE	FR	#12 Hinds (Miss.) CC	0.05	1.50m	4-11	2/16/25	Samford Bulldog Open
35	Leah WRIGHT	FR	#18 Allen (Kan.) CC	0.01	1.47m	4-9¾	2/23/25	NJCAA Region 6/Jayhawk Con
35	Ella HOMAWOO	FR	#6 Iowa Central CC {3}	0.01	1.47m	4-9¾	2/22/25	NJCAA Region 11/ICCAC Indo
35	Berlynn BLACK	SO	Highland (Kan.) CC {2}	0.01	1.47m	4-9¾	2/23/25	NJCAA Region 6/Jayhawk Con
35	Maylee THOMPSON	SO	#8 Pima (Ariz.) CC {6}	TM-6	1.47m	4-9¾	2/1/25	Central Arizona "Indoor"



## National TFRI Event Summary

## Women's Pole Vault — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Sophia DO AMARAL SALVI	SO Vincennes (Ind.)	23.97	4.00m	13-1½	2/14/25	Grand Valley State Big Meet
2	Morgan PEPE	SO #8 Pima (Ariz.) CC	20.86	3.80m	12-5½	1/25/25	Paradise Valley CC "Indoor"
3	Madisyn WILLIAMS	FR #16 Mesa (Ariz.) CC	18.31	3.70mA	12-1½	2/15/25	Don Kirby Collegiate Elite
3	Olga LAPUZOVA	FR #5 South Plains (Texas)	18.31	3.70m	12-1½	2/21/25	Arkansas Qualifier
5	Dakota DAPPER	SO #15 Cowley (Kan.)	14.14	3.67m	12-½	2/1/25	Herm Wilson Invitational
6	Bradie MEDINA	SO #2 Cloud County (Kan.) C	11.16	3.42m	11-2½	2/1/25	Washburn Open & Multis
7	Anna BROWN	FR #16 Mesa (Ariz.) CC {2}	10.08	3.40mA	11-1¾	2/15/25	Don Kirby Collegiate Elite
8	Kennedy KIZARR	SO #15 Cowley (Kan.) {2}	8.97	3.37m	11-¾	2/1/25	Herm Wilson Invitational
9	Elizabeth BROZEK	FR #15 Cowley (Kan.) {3}	7.58	3.21m	10-6¼	2/8/25	Bearcat Invite
10	Lauren ALLARD	SO #22 Glendale (Ariz.) CC	6.56	3.20mA	10-6	2/21/25	NAU Tune-Up
10	Michaela CARNEY	SO #25 Hagerstown (Md.) CC	6.56	3.20m	10-6	1/31/25	Larry Sharp Memorial
10	Mikaila BARAN	FR Paradise Valley (Ariz.)	6.56	3.20m	10-6	2/1/25	Central Arizona "Indoor"
13	Alycea MCCOY	FR #23 Hutchinson (Kan.) CC	3.39	3.12m	10-2¾	1/17/25	Washburn Rust Buster
14	Mackenzie ANDERSON	FR Paradise Valley (Ariz.) {2}	2.25	3.05m	10-0	1/18/25	Puma "Indoor"
14	Grace BENDER	FR #23 Hutchinson (Kan.) CC {2}	2.25	3.05m	10-0	2/23/25	NJCAA Region 6/Jayhawk Con
16	Kayla VANDERFORD	SO #25 Hagerstown (Md.) CC {2}	1.31	2.96m	9-8½	2/21/25	Rockingham Collegiate Classi
17	Isabelle CULLENS	FR #19 Coffeyville (Kan.) CC	1.00	2.90m	9-6¼	2/23/25	NJCAA Region 6/Jayhawk Con
18	Anna WASHBURN	FR #19 Coffeyville (Kan.) CC {2}	0.90	2.75m	9-¼	2/23/25	NJCAA Region 6/Jayhawk Con
19	Lucia SANCHEZ SCRIVEN	SO Harper (Ill.)	0.80	2.70m	8-10¼	2/8/25	Tadd Metzger Invitational
20	Ava WHITE	FR Mohawk Valley (N.Y.)	0.70	2.65m	8-8¼	2/21/25	St. Lawrence Open
21	Jordan NANTZ	FR #16 Mesa (Ariz.) CC {3}	0.60	2.60m	8-6¼	1/18/25	Al Shirley Invitational
21	Marcy MONELL	SO #11 Fort Scott (Kan.) CC	0.60	2.60m	8-6¼	2/23/25	NJCAA Region 6/Jayhawk Con
21	Eden BROUWERS	FR #6 Iowa Central CC	0.60	2.60m	8-6¼	2/8/25	Iowa State Classic
21	Brakelle MCBRIDE	FR Paradise Valley (Ariz.) {3}	0.60	2.60m	8-6¼	1/18/25	Puma "Indoor"
25	Amparo PAYNE	FR State Fair (Mo.)	0.20	2.50m	8-2½	2/15/25	Darren Young Classic
26	Grace HOLMES	SO Finger Lakes (N.Y.) CC	0.15	2.45m	8-½	1/25/25	Highlander Invitational
26	Hannah DROEG	FR #8 Pima (Ariz.) CC {2}	0.15	2.45m	8-½	1/25/25	Paradise Valley CC "Indoor"
28	Chadrak Belinda BULA BULA	FR #6 Iowa Central CC {2}	0.10	2.40m	7-10½	2/22/25	NJCAA Region 11/ICCAC Indo
29	Ella KUD	FR DuPage (Ill.)	0.08	2.31m	7-7	2/21/25	F. Lee Slick Invitational
30	Danielle BEARS	FR Highland (Kan.) CC	0.05	2.30m	7-6½	1/25/25	NAIA / JUCO Invitational
30	Journey SANDER	FR State Fair (Mo.) {2}	0.05	2.30m	7-6½	1/18/25	Richard Alsup Open
30	Nicole CALOGERO	FR Mohawk Valley (N.Y.) {2}	0.05	2.30m	7-6½	1/25/25	St. Lawrence Invitational
33	Abbigail (Abbi) HUTCHINSON	FR #6 Iowa Central CC {3}	0.02	2.25m	7-4½	2/22/25	NJCAA Region 11/ICCAC Indo
34	Kira MESSERLY	FR #6 Iowa Central CC {4}	TM-4	1.95m	6-4¾	2/22/25	NJCAA Region 11/ICCAC Indo
35	Darcee O'LOUGHLIN	SO Hawkeye (Iowa) CC	0.01	1.80m	5-10¾	2/22/25	NJCAA Region 11/ICCAC Indo



## National TFRI Event Summary

## Women's Long Jump — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Maeva GOUNE TIBBOLO	FR #6	Iowa Central CC	23.87	6.03m	19-9½ 1/11/25 Battle in the Hive
2	Ruth AGADAMA	SO #5	South Plains (Texas)	20.29	5.88m	19-3½ 2/1/25 Texas Tech Stan Scott Memor
3	Sakina UMAR	SO #3	Iowa Western CC	17.97	5.85m	19-2½ 2/8/25 Bearcat Invite
4	Sophia RODRIQUEZ	FR #1	New Mexico JC	15.87	5.84mwA	19-2 (2.1) 2/24/25 NMJC Indoor Invitational
5	Sydney ROQUEBRUN	SO #5	South Plains (Texas) {2}	13.76	5.83m	19-1½ 2/1/25 Texas Tech Stan Scott Memor
6	Layla KONSKI	FR #8	Pima (Ariz.) CC	11.55	5.81m	#Error 2/16/25 Aztec Indoor Invitational
7	Celine RIDDLE	FR #4	Barton (Kan.) CC	10.44	5.80m	19-½ 2/23/25 NJCAA Region 6/Jayhawk Con
8	Kavel RITCHIE	SO #1	New Mexico JC {2}	9.27	5.78mA	18-11¾ (0. 2/24/25 NMJC Indoor Invitational
9	Maylee THOMPSON	SO #8	Pima (Ariz.) CC {2}	7.78	5.70m	#Error 1/17/25 Jim Mielke Memorial invitatio
10	Chloe PERRYMAN	SO #4	Barton (Kan.) CC {2}	6.75	5.69m	18-8 2/15/25 Tyson Invitational
11	Brinel THOMAS	FR #17	Monroe-New Rochelle	5.64	5.66m	18-7 2/15/25 David Hemery Valentine Invit
12	Anijah JAMES	FR	Richard Bland (Va.)	4.45	5.61m	18-5 1/25/25 Keydet Invitational
13	Taeja BARTEE	FR #3	Iowa Western CC {2}	3.38	5.59m	18-4¼ 2/21/25 NJCAA Region 11/ICCAC Indo
14	Mercy HONESTY	SO #3	Iowa Western CC {3}	2.35	5.58m	18-3¾ 2/14/25 Ichabod Invitational
15	Makayla WHITFIELD	FR	Bismarck State (N.D.)	1.81	5.57m	18-3¼ 1/18/25 Marauders Indoor Opener
16	Aalyiah LINTON	FR #11	Fort Scott (Kan.) CC	1.45	5.54m	18-2¼ 2/1/25 Washburn Open & Multis
17	Alexia LEWIS	SO	Highland (Kan.) CC	1.13	5.52m	18-1½ 2/8/25 Bearcat Invite
18	Sara JACOBSON	SR #16	Mesa (Ariz.) CC	0.90	5.48m	#Error 2/15/25 Aztec Indoor Multis
19	Azariah DAWES	FR #23	Hutchinson (Kan.) CC	0.80	5.47m	17-11½ 2/23/25 NJCAA Region 6/Jayhawk Con
20	Jocelyn NUNEZ	FR	State Fair (Mo.)	0.70	5.43m	17-9¾ 1/24/25 Central Missouri Invitational
21	Alexia ANDERSON	SO	Bismarck State (N.D.) {2}	0.60	5.41m	17-9 1/25/25 U-Mary Winter Classic
22	Dymonde NAVE	SO #21	Indian Hills (Iowa) CC	0.50	5.40m	17-8¾ 1/25/25 Larry Wiecezorek Invitational
23	Kymia BRIDGETT	FR #4	Barton (Kan.) CC {3}	0.40	5.38m	17-8 1/18/25 Thane Baker Invitational
24	Zekira SNOW	SO #21	Indian Hills (Iowa) CC {2}	0.30	5.35m	17-6¾ 1/25/25 Larry Wiecezorek Invitational
25	Jaden MILLER	FR	Lake-Sumter State (Fl)	0.20	5.34m	17-6¼ 1/25/25 RADD College Invitational
26	Shyla COOPER	FR	Richard Bland (Va.) {2}	0.15	5.33m	17-6 1/12/25 VCU Ram Indoor Invitational
27	Alyssa WONDERCHECK	FR	Hawkeye (Iowa) CC	0.13	5.32m	17-5½ 1/11/25 Battle in the Hive
28	Nele GOESL	FR #2	Cloud County (Kan.) C	0.10	5.31m	17-5¼ 1/18/25 Thane Baker Invitational
29	Ella HOMAWOO	FR #6	Iowa Central CC {2}	0.08	5.29m	17-4¼ 1/11/25 Battle in the Hive
30	Halima BIGGS	FR	Hawkeye (Iowa) CC {2}	0.05	5.28m	17-4 2/1/25 Spartan Shootout
31	Kaelyn GIARRUSSO	SO #22	Glendale (Ariz.) CC	0.04	5.22m	#Error 2/8/25 Gaucho "Indoor"
31	Hannah DROEG	FR #8	Pima (Ariz.) CC {3}	0.04	5.22m	#Error 2/15/25 Aztec Indoor Multis
33	Paola BEHILE	FR #6	Iowa Central CC {3}	0.02	5.21m	17-1¼ 2/22/25 NJCAA Region 11/ICCAC Indo
34	Ciarra MOORE	SO	Richard Bland (Va.) {3}	0.02	5.19m	17-½ 12/8/24 Christopher Newport Holiday
35	Yaya MORENO	SO #23	Hutchinson (Kan.) CC {2}	0.01	5.18m	17-0 2/23/25 NJCAA Region 6/Jayhawk Con





## National TFRI Event Summary

## Women's Triple Jump — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Mercy HONESTY	SO	#3 Iowa Western CC	24.66	12.95m	42-6	2/21/25	NJCAA Region 11/ICCAC Indo
2	Sophia RODRIQUEZ	FR	#1 New Mexico JC	20.59	12.35m	40-6¼ (1.9)	2/24/25	NMJC Indoor Invitational
3	Paola BEHILE	FR	#6 Iowa Central CC	18.52	12.33m	40-5½	2/22/25	NJCAA Region 11/ICCAC Indo
4	Celine RIDDLE	FR	#4 Barton (Kan.) CC	16.08	12.20m	40-½	1/18/25	Thane Baker Invitational
5	Sakina UMAR	SO	#3 Iowa Western CC {2}	13.98	12.16m	39-10¾	2/21/25	NJCAA Region 11/ICCAC Indo
6	Ciarra MOORE	SO	Richard Bland (Va.)	10.99	11.74m	38-6¼	12/8/24	Christopher Newport Holiday
6	Kymia BRIDGETT	FR	#4 Barton (Kan.) CC {2}	10.99	11.74m	38-6¼	2/23/25	NJCAA Region 6/Jayhawk Con
8	Janita ANTIPINA	FR	#1 New Mexico JC {2}	8.87	11.69m	38-4¼ (2.0)	2/22/25	NMJC Indoor Invitational
9	Alisha JACKSON		Bryant & Stratton (Va.)	7.85	11.68m	38-4	2/22/25	JDL Last Chance Invitational
10	Kavel RITCHIE	SO	#1 New Mexico JC {3}	6.83	11.67mw	38-3½ (2.6)	2/7/25	SPC Wayland West Texas Sho
11	Alexia ANDERSON	SO	Bismarck State (N.D.)	5.34	11.36m	37-3¼	2/7/25	NDSU Bison Open
12	Isabelle CULLENS	FR	#19 Coffeyville (Kan.) CC	4.33	11.35m	37-3	1/17/25	Arkansas Invitational
13	Shanaya HINTON	FR	Marion Military Institu	3.32	11.34m	37-2½	2/1/25	Tiger Indoor Invitational
14	Oyindamola ADETUTU	SO	#22 Glendale (Ariz.) CC	2.22	11.26m	#Error	2/16/25	Aztec Indoor Invitational
15	Aalyiah LINTON	FR	#11 Fort Scott (Kan.) CC	1.65	11.20m	36-9	2/15/25	Russ Jewett Indoor Gorilla Cla
16	Anijah JAMES	FR	Richard Bland (Va.) {2}	1.39	11.19m	36-8½	2/8/25	VMI Winter Classic
17	Elfie SANOGO	FR	#3 Iowa Western CC {3}	1.12	11.18m	36-8¼	2/15/25	Ichabod Invitational
18	Shyla COOPER	FR	Richard Bland (Va.) {3}	0.91	11.09m	36-4¾	12/8/24	Christopher Newport Holiday
18	Ashanti PATTON	SO	#24 Meridian (Miss.) CC	0.91	11.09m	36-4¾	2/21/25	LSU Twilight
20	Nele GOESL	FR	#2 Cloud County (Kan.) C	0.70	11.02m	36-2	2/1/25	Washburn Open & Multis
21	Azariah DAWES	FR	#23 Hutchinson (Kan.) CC	0.60	11.01m	36-1½	2/1/25	Herm Wilson Invitational
22	Makayla WHITFIELD	FR	Bismarck State (N.D.) {2}	0.50	10.87m	35-8	12/7/24	Mike Thorson Open
23	Erin SMITH	SO	Richard Bland (Va.) {4}	TM-4	10.85m	35-7¼	1/31/25	Marlin Invitational
24	Anna WASHBURN	FR	#19 Coffeyville (Kan.) CC {2}	0.30	10.83m	35-6½	2/15/25	Russ Jewett Indoor Gorilla Cla
25	Tatiyanna WHITE	FR	#8 Pima (Ariz.) CC	0.20	10.81m	#Error	1/25/25	Paradise Valley CC "Indoor"
26	Dedra WOOD	FR	Bismarck State (N.D.) {3}	0.15	10.77m	35-4	1/18/25	Marauders Indoor Opener
27	Leah WRIGHT	FR	#18 Allen (Kan.) CC	0.13	10.73m	35-2½	2/23/25	NJCAA Region 6/Jayhawk Con
28	Jaden MILLER	FR	Lake-Sumter State (Fl	0.10	10.66m	34-11¾	1/18/25	Jimmy Carnes Invitational Col
29	Natalia POCICA	SO	Harper (Ill.)	0.08	10.64m	34-11	2/14/25	NCC Chicagoland Intercollegi
30	Erin MABRY	FR	#16 Mesa (Ariz.) CC	0.05	10.48m	#Error	1/18/25	Al Shirley Invitational
31	Riannon ST. CLAIR	SO	#15 Cowley (Kan.)	0.04	10.43m	34-2¾	2/23/25	NJCAA Region 6/Jayhawk Con
32	Lucia SANCHEZ SCRIVEN	SO	Harper (Ill.) {2}	0.03	10.27m	33-8½	2/21/25	F. Lee Slick Invitational
33	Journey SANDER	FR	State Fair (Mo.)	0.02	10.25m	33-7½	1/11/25	Redhawks Invitational
34	Alycia MCKOY	FR	Mohawk Valley (N.Y.)	0.02	10.19m	33-5¼	2/16/25	Kane Invitational
35	Maeva GOUNE TIBBOLO	FR	#6 Iowa Central CC {2}	0.01	10.05m	32-11¾	2/22/25	NJCAA Region 11/ICCAC Indo



## National TFRI Event Summary

## Women's Shot Put — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Esteisy SALAS	SO	#1 New Mexico JC	25.20	16.25m	53-3¾	2/1/25	Texas Tech Stan Scott Memor
2	Rejoice AGBEWODIE	SO	#10 Central Arizona	21.13	15.09m	49-6¼	2/1/25	Central Arizona "Indoor"
3	Sarai SIMPSON	SO	#3 Iowa Western CC	18.23	14.59m	47-10½	2/1/25	SDSU D2/NAIA Open
4	Chin-Loy RAYMOND	SO	#3 Iowa Western CC {2}	15.87	14.36m	47-1½	2/22/25	NJCAA Region 11/ICCAC Indo
5	Cierra GRAY	SO	#15 Cowley (Kan.)	13.82	14.32m	46-11¾	2/23/25	NJCAA Region 6/Jayhawk Con
6	Unitee BROWN	FR	#6 Iowa Central CC	11.25	13.86m	45-5¾	2/22/25	NJCAA Region 11/ICCAC Indo
7	Deisheline MAYER SCOTT	FR	#23 Hutchinson (Kan.) CC	10.10	13.74m	45-1	2/23/25	NJCAA Region 6/Jayhawk Con
8	Janiel MONTAQUE	FR	#23 Hutchinson (Kan.) CC {2}	8.77	13.47m	44-2½	2/23/25	NJCAA Region 6/Jayhawk Con
9	Suerena ALEXANDER	FR	#5 South Plains (Texas)	7.54	13.23m	43-5	2/15/25	Texas Tech Jarvis Scott Invite
10	Kahllah BAILEY	FR	#5 South Plains (Texas) {2}	6.46	13.11m	43-¼	2/15/25	Texas Tech Jarvis Scott Invite
11	Athilia PRYCE	FR	#1 New Mexico JC {2}	5.41	13.03mA	42-9	2/24/25	NMJC Indoor Invitational
12	Yosiris CORDOBA	SO	#1 New Mexico JC {3}	4.39	13.01mA	42-8¼	2/24/25	NMJC Indoor Invitational
13	Monifa EDWARDS	FR	#3 Iowa Western CC {3}	3.35	12.94m	42-5½	2/1/25	SDSU D2/NAIA Open
14	Zadie MACKEY	FR	#4 Barton (Kan.) CC	2.21	12.72m	41-8¾	1/18/25	Thane Baker Invitational
15	Cedricka WILLIAMS	SO	#4 Barton (Kan.) CC {2}	1.69	12.69m	41-7¾	2/1/25	Washburn Open & Multis
16	Aiyanna GREEN	SO	#23 Hutchinson (Kan.) CC {3}	1.33	12.52m	41-1	2/1/25	Herm Wilson Invitational
17	Zuriya ROBINSON	SO	#6 Iowa Central CC {2}	1.00	12.35m	40-6¼	2/1/25	SDSU D2/NAIA Open
18	Lovely HIBBERT	FR	#3 Iowa Western CC {4}	TM-4	12.22m	40-1¼	1/18/25	Thane Baker Invitational
19	Olivia COX	FR	Sauk Valley (Ill.) CC	0.80	12.01m	39-5	12/14/24	Finals Week Invitational
20	Jamelia NICHOLAS	SO	#10 Central Arizona {2}	0.70	11.80m	38-8¾	2/16/25	Aztec Indoor Invitational
21	Bree ROWE	SO	#15 Cowley (Kan.) {2}	0.60	11.63m	38-2	2/23/25	NJCAA Region 6/Jayhawk Con
22	Sara JACOBSON	SR	#16 Mesa (Ariz.) CC	0.50	11.57m	37-11½	2/15/25	Aztec Indoor Multis
23	Nichole ROBERTS	FR	Dawson (Mont.) CC	0.40	11.46m	37-7¼	2/22/25	Marauders Tune-Up
24	DeMya CAMPBELL	SO	Richard Bland (Va.)	0.30	11.45m	37-6¾	12/8/24	Christopher Newport Holiday
25	Shaniece POWELL	FR	#19 Coffeyville (Kan.) CC	0.20	11.44m	37-6½	1/18/25	Thane Baker Invitational
26	Kailan MCEWEN	FR	Hawkeye (Iowa) CC	0.15	11.39m	37-4½	1/17/25	Jack Jennett Invitational
27	Shyla-Mae CONSTABLE	FR	#10 Central Arizona {3}	0.13	11.29m	37-½	1/18/25	Al Shirley Invitational
28	Jessi MCDOWELL	FR	#15 Cowley (Kan.) {3}	0.10	11.22m	36-9¾	2/23/25	NJCAA Region 6/Jayhawk Con
29	Nora HENRY	FR	Mineral Area (Mo.)	0.08	11.16m	36-7½	1/25/25	Illinois College Snow Bird Invi
30	Hadley WILSON	FR	#15 Cowley (Kan.) {4}	TM-4	11.12m	36-5¾	1/17/25	Washburn Rust Buster
31	Tomi GALL	SO	Garden City (Kan.) CC	0.04	11.09m	36-4¾	1/25/25	NAIA / JUCO Invitational
32	Eden BROUWERS	FR	#6 Iowa Central CC {3}	0.03	11.07m	36-4	2/22/25	NJCAA Region 11/ICCAC Indo
33	Seioriana GLASS	SO	#16 Mesa (Ariz.) CC {2}	0.02	11.02m	36-2	1/18/25	Al Shirley Invitational
34	Alma CORDOVA	FR	#13 Colby (Kan.) CC	0.02	10.98m	36-¼	2/23/25	NJCAA Region 6/Jayhawk Con
35	Alexis CLEMMONS	FR	Highland (Kan.) CC	0.01	10.97m	36-0	2/8/25	Bearcat Invite



## National TFRI Event Summary

## Women's Weight Throw — 2025 Checkpoint #6, March 4

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Tania DA SILVA	SO	#1 New Mexico JC	26.77		20.82m	68-3¾	1/18/25	Texas Tech Corky Classic
2	Rejoice AGBEWODIE	SO	#10 Central Arizona	22.65		19.20m	63-0	2/8/25	Gaucha "Indoor"
3	Cedricka WILLIAMS	SO	#4 Barton (Kan.) CC	18.30		17.41m	57-1½	1/25/25	NAIA / JUCO Invitational
4	Zuriya ROBINSON	SO	#6 Iowa Central CC	15.85		17.00m	55-9¼	1/25/25	Jack Johnson Classic
5	Shyla-Mae CONSTABLE	FR	#10 Central Arizona {2}	12.97		16.03m	52-7¼	2/1/25	Central Arizona "Indoor"
6	Chin-Loy RAYMOND	SO	#3 Iowa Western CC	10.70		15.74m	51-7¾	2/22/25	NJCAA Region 11/ICCAC Indo
7	Sarai SIMPSON	SO	#3 Iowa Western CC {2}	9.57		15.59m	51-1¾	2/1/25	SDSU D2/NAIA Open
8	Mercedes GLOVER	JR	#15 Cowley (Kan.)	8.53		15.55m	51-¼	2/23/25	NJCAA Region 6/Jayhawk Con
9	Esteisy SALAS	SO	#1 New Mexico JC {2}	7.37		15.36m	50-4¾	1/18/25	Texas Tech Corky Classic
10	Seioriana GLASS	SO	#16 Mesa (Ariz.) CC	6.34		15.29m	50-2	2/8/25	Gaucha "Indoor"
11	Mayce MCDONALD	SO	#15 Cowley (Kan.) {2}	5.23		15.06m	49-5	1/25/25	NAIA / JUCO Invitational
12	Aiyanna GREEN	SO	#23 Hutchinson (Kan.) CC	4.21		15.01m	49-3	2/23/25	NJCAA Region 6/Jayhawk Con
13	Athilia PRYCE	FR	#1 New Mexico JC {3}	3.17		14.93m	48-11¾	2/1/25	Texas Tech Stan Scott Memor
14	Ana MANOUSARIDIS	SO	#19 Coffeyville (Kan.) CC	2.13		14.84m	48-8¼	1/18/25	Thane Baker Invitational
15	Shaniece POWELL	FR	#19 Coffeyville (Kan.) CC {2}	1.61		14.80m	48-6¾	1/18/25	Thane Baker Invitational
16	Deisheline MAYER SCOTT	FR	#23 Hutchinson (Kan.) CC {2}	1.32		14.72m	48-3½	2/15/25	Ichabod Invitational
17	Cierra GRAY	SO	#15 Cowley (Kan.) {3}	1.05		14.68m	48-2	1/25/25	NAIA / JUCO Invitational
18	Hadley WILSON	FR	#15 Cowley (Kan.) {4}	TM-4		14.55m	47-9	1/17/25	Washburn Rust Buster
19	Zadie MACKEY	FR	#4 Barton (Kan.) CC {2}	0.80		14.46m	47-5¼	2/23/25	NJCAA Region 6/Jayhawk Con
20	Bree ROWE	SO	#15 Cowley (Kan.) {5}	TM-5		14.42m	47-3¾	1/17/25	Washburn Rust Buster
21	Vivica ADDISON	SO	#2 Cloud County (Kan.) C	0.60		14.23m	46-8¼	2/15/25	Ichabod Invitational
22	Janiel MONTAQUE	FR	#23 Hutchinson (Kan.) CC {3}	0.50		14.12m	46-4	2/1/25	Herm Wilson Invitational
23	Morgan MOSLEY	FR	#8 Pima (Ariz.) CC	0.40		13.92m	45-8	1/25/25	Paradise Valley CC "Indoor"
24	Margherita SALA	SO	#2 Cloud County (Kan.) {2}	0.30		13.83m	45-4½	2/23/25	NJCAA Region 6/Jayhawk Con
25	Tiffany NUNEZ	FR	#16 Mesa (Ariz.) CC {2}	0.20		13.55mA	44-5½	2/15/25	Don Kirby Collegiate Elite
26	Tomi GALL	SO	Garden City (Kan.) CC	0.15		13.47m	44-2½	1/11/25	Friends First Chance Qualifier
27	Cynthia ALBERT	FR	#21 Indian Hills (Iowa) CC	0.13		13.45m	44-1½	2/15/25	Ichabod Invitational
28	Brinley LENSCH	FR	Paradise Valley (Ariz.)	0.10		13.37m	43-10½	1/25/25	Paradise Valley CC "Indoor"
29	Taia VELASCO	SO	Garden City (Kan.) CC {2}	0.08		13.19m	43-3¾	2/23/25	NJCAA Region 6/Jayhawk Con
30	Jamelia NICHOLAS	SO	#10 Central Arizona {3}	0.05		13.14m	43-1½	2/16/25	Aztec Indoor Invitational
31	McKayla KUPICKI	SO	#19 Coffeyville (Kan.) CC {3}	0.04		13.01m	42-8¼	1/18/25	Thane Baker Invitational
32	Lovely HIBBERT	FR	#3 Iowa Western CC {3}	0.03		12.94m	42-5½	1/11/25	Scott Nisely Memorial
33	Jaeleigha ABALOS	FR	Paradise Valley (Ariz.) {2}	0.02		12.93m	42-5¼	2/1/25	Central Arizona "Indoor"
34	Alma CORDOVA	FR	#13 Colby (Kan.) CC	0.02		12.71m	41-8½	1/18/25	Thane Baker Invitational
35	Olivia COX	FR	Sauk Valley (Ill.) CC	0.01		12.55m	41-2¼	12/14/24	Finals Week Invitational



## National TFRI Event Summary

## Women's Pentathlon — 2025 Checkpoint #6, March 4

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Sara JACOBSON	SR #16 Mesa (Ariz.) CC	23.34	3,393	2/15/25 Aztec Indoor Multis
2	Abril OKON	SO #5 South Plains (Texas)	20.77	3,313c (3313A)	2/1/25 Texas Tech Stan Scott Memor
3	Kaelyn GIARRUSSO	SO #22 Glendale (Ariz.) CC	18.48	3,272	2/15/25 Aztec Indoor Multis
4	Alexia WALKER	FR #4 Barton (Kan.) CC	16.00	3,191 OT	2/23/25 NJCAA Region 6/Jayhawk Con
5	Maylee THOMPSON	SO #8 Pima (Ariz.) CC	13.62	3,115	1/17/25 Jim Mielke Memorial invitatio
6	Tahlia LIENERT	FR #2 Cloud County (Kan.) C	11.42	3,075 OT	2/23/25 NJCAA Region 6/Jayhawk Con
7	Eden BROUWERS	FR #6 Iowa Central CC	10.33	3,056	2/22/25 NJCAA Region 11/ICCAC Indo
8	Aliyah GIDHARRY	SO #10 Central Arizona	9.17	3,025	2/15/25 Aztec Indoor Multis
9	Hannah DROEG	FR #8 Pima (Ariz.) CC {2}	7.95	2,966	2/15/25 Aztec Indoor Multis
10	Ella HOMAWOO	FR #6 Iowa Central CC {2}	6.69	2,869	1/25/25 Jack Johnson Classic
11	Jakouria JAMERSON	SO #11 Fort Scott (Kan.) CC	5.56	2,822 OT	2/23/25 NJCAA Region 6/Jayhawk Con
12	Juwonna WHITEHORNE	FR #5 South Plains (Texas) {2}	4.55	2,818c (2818A)	2/1/25 Texas Tech Stan Scott Memor
13	Arriana JOHNSON	SO #21 Indian Hills (Iowa) CC	3.46	2,783	2/1/25 Washburn Open & Multis
14	Layla KONSKI	FR #8 Pima (Ariz.) CC {3}	2.44	2,776	2/15/25 Aztec Indoor Multis
15	Tatum MATHENY	FR #16 Mesa (Ariz.) CC {2}	1.65	2,667	1/17/25 Jim Mielke Memorial invitatio
16	Emmanuella SQUIRE	SO #11 Fort Scott (Kan.) CC {2}	1.32	2,638	2/1/25 Washburn Open & Multis
17	Tyler WASHINGTON	SO #8 Pima (Ariz.) CC {4}	TM-4	2,556	2/15/25 Aztec Indoor Multis
18	Marcy MONELL	SO #11 Fort Scott (Kan.) CC {3}	0.90	2,515 OT	2/23/25 NJCAA Region 6/Jayhawk Con
19	Carlie CARLGREN	FR #2 Cloud County (Kan.) {2}	0.80	2,432	2/1/25 Washburn Open & Multis
20	Jillian HULSING	SO Sauk Valley (Ill.) CC	0.70	2,414	1/25/25 Fighting Bee Invite
21	Berlynn BLACK	SO Highland (Kan.) CC	0.60	2,311 OT	2/23/25 NJCAA Region 6/Jayhawk Con
22	Vilorina TUILAWAKI	SO Neosho County (Kan.)	0.50	2,278	2/1/25 Herm Wilson Invitational
23	Adaysha HOLLINESS	FR Marion Military Institu	0.40	2,247	2/15/25 Centre Indoor Invitational
24	Kira MESSERLY	FR #6 Iowa Central CC {3}	0.30	2,245	2/22/25 NJCAA Region 11/ICCAC Indo
25	Jazz DILWORTH	SO #11 Fort Scott (Kan.) CC {4}	TM-4	2,209 OT	2/23/25 NJCAA Region 6/Jayhawk Con
26	Chloe HANCOCK	FR Paradise Valley (Ariz.)	0.15	2,201	2/15/25 Aztec Indoor Multis
27	Tasha WILLIAMS	SO Hawkeye (Iowa) CC	0.13	2,166	1/25/25 Fighting Bee Invite
28	Leah WRIGHT	FR #18 Allen (Kan.) CC	0.10	1,875 OT	2/23/25 NJCAA Region 6/Jayhawk Con
29	Danielle BEARS	FR Highland (Kan.) CC {2}	0.08	1,834 OT	2/23/25 NJCAA Region 6/Jayhawk Con
30	Emer MCAULIFFE	FR Hawkeye (Iowa) CC {2}	0.05	1,271	1/25/25 Fighting Bee Invite