



Conference TFRI Event Summary



CACC

as of 4/1/2025 7:55:16 AM ET

Women's 100 Meters

1	Ryley DIXON	FR	#6 Goldey-Beacom	12.38	(-0.1)	3/8
2	Chimeremya ODOH	FR	#1 Felician	12.43	(1.0)	3/29
3	Tiara CARGILL	SO	#8 Dominican (N.Y.)	12.85w	(2.7)	3/29
4	Kahdia JONES	SR	#2 Holy Family (Pa.)	12.93	(0.2)	3/22
5	Shaquira WALCOTT	SR	#1 Felician {2}	13.01	(0.3)	3/29
6	Eliza HILDRETH	SO	#3 Wilmington (Del.)	13.02	(-1.2)	3/29
7	Karla CHARDON	SR	#6 Goldey-Beacom {2}	13.10	(-2.1)	3/23
8	Deja CURRY	JR	#3 Wilmington (Del.) {2}	13.16	(-0.4)	3/29
9	Jewel PIERRECHARLES	FR	#4 Georgian Court	13.25	(-2.6)	3/29
10	Danalee BROCK	SR	#2 Holy Family (Pa.) {2}	13.33	(-0.7)	3/29
10	Brianna COATES	JR	#2 Holy Family (Pa.) {2}	13.33	(-1.0)	3/29

Women's 100 Meter Hurdles

1	Jada CARROLL	SR	#1 Felician	15.08	(0.5)	3/29
2	Aarysa MOORE	SO	#1 Felician {2}	15.21	(0.7)	3/29
3	Anna-Mae NELLIS	FR	#10 Bridgeport	17.63w	(2.5)	3/29
4	Mia MARTINEZ	SR	#1 Felician {3}	18.80	(0.7)	3/29
5	Jessica FRONDA	JR	#5 Jefferson (Pa.)	20.72	(-1.1)	3/29

Women's 200 Meters

1	Ryley DIXON	FR	#6 Goldey-Beacom	25.38	(0.5)	3/29
2	Chimeremya ODOH	FR	#1 Felician	25.90	(0.8)	3/29
3	Katelyn PERAZZIA	FR	#2 Holy Family (Pa.)	26.16	(-1.0)	3/22
4	Chantoya THOMAS	SR	#1 Felician {2}	26.31	(-1.0)	3/22
5	Kahdia JONES	SR	#2 Holy Family (Pa.) {2}	26.39	(-0.4)	3/29
6	Darrian LEWIS	JR	#1 Felician {3}	26.70	(-1.0)	3/22
6	Deja CURRY	JR	#3 Wilmington (Del.)	26.70	(-0.2)	3/29
8	Jewel PIERRECHARLES	FR	#4 Georgian Court	26.73	(-0.8)	3/29
9	Lesedi ANYIKA	FR	#2 Holy Family (Pa.) {3}	27.08	(-0.8)	3/29
10	Eliza HILDRETH	SO	#3 Wilmington (Del.) {2}	27.32	(-0.2)	3/23

Women's 400 Meters

1	Chantoya THOMAS	SR	#1 Felician	58.84		3/22
2	Mia MARTINEZ	SR	#1 Felician {2}	59.77		3/29
3	Liv DREWING	FR	#6 Goldey-Beacom	1:00.02		3/29
4	Darrian LEWIS	JR	#1 Felician {3}	1:00.09		3/29
5	Ryley DIXON	FR	#6 Goldey-Beacom {2}	1:00.68		3/23
6	Kelisa BECKETT	FR	#2 Holy Family (Pa.)	1:01.25		3/29
7	Maya HARPER	SO	#2 Holy Family (Pa.) {2}	1:01.45		3/29
8	Deja CURRY	JR	#3 Wilmington (Del.)	1:01.80		3/15
9	Zane MCNEIL	SR	#2 Holy Family (Pa.) {3}	1:02.31		3/29
10	Kathleenjoy GORDON	SR	#7 Caldwell	1:02.73		3/29

Women's 400 Meter Hurdles

1	Brianna COATES	JR	#2 Holy Family (Pa.)	1:06.84		3/22
2	Danalee BROCK	SR	#2 Holy Family (Pa.) {2}	1:07.15		3/22
3	Liv DREWING	FR	#6 Goldey-Beacom	1:07.67		3/23
4	Selena ERTTELL-EASLEY	FR	#1 Felician	1:09.34		3/29
5	Jada PETERSON	FR	#2 Holy Family (Pa.) {3}	1:09.68		3/29
6	Anne NOONAN	SO	#1 Felician {2}	1:10.44		3/29
7	Zane MCNEIL	SR	#2 Holy Family (Pa.) {4}	1:11.10		3/29
8	Mia MARTINEZ	SR	#1 Felician {3}	1:12.83		3/22
9	Ny'jashia SMITH	SR	#6 Goldey-Beacom {2}	1:14.79		3/23
10	Nina CECCANNECCHIO	JR	#5 Jefferson (Pa.)	1:15.18		3/23

Women's 800 Meters

1	75 Annalee CAPUANO	JR	#5 Jefferson (Pa.)	2:16.20		3/29
2	Imani FITZPATRICK	JR	#1 Felician	2:23.85		3/29
3	Amirah BEASLEY	SR	#4 Georgian Court	2:24.01		3/22
4	Eliana MCNAMEE	SR	#7 Caldwell	2:27.92		3/29
5	Maya HARPER	SO	#2 Holy Family (Pa.)	2:28.13		3/22
6	Jade JONES	SR	#2 Holy Family (Pa.) {2}	2:28.16		3/22
7	Dayanara GRAU	SO	#7 Caldwell {2}	2:28.36		3/29
8	Hannah POWELL	JR	#5 Jefferson (Pa.) {2}	2:30.11		3/23
9	Natalie MCFADDEN	SO	#5 Jefferson (Pa.) {3}	2:30.47		3/23
10	Oriah DIEBOLD	SO	#5 Jefferson (Pa.) {4}	2:30.62		3/29

Women's 1500 Meters

1	71 Annalee CAPUANO	JR	#5 Jefferson (Pa.)	4:40.24		3/29
2	Catherine CATIPAY	SR	#1 Felician	5:00.17		3/29
3	Hannah POWELL	JR	#5 Jefferson (Pa.) {2}	5:00.86		3/23
4	Tiffany BANING	JR	#3 Wilmington (Del.)	5:01.92		3/15
5	Natalie MCFADDEN	SO	#5 Jefferson (Pa.) {3}	5:05.09		3/23
6	Amy CHOMO	JR	#3 Wilmington (Del.) {2}	5:11.23		3/29
7	Angie CHOMO	SO	#3 Wilmington (Del.) {3}	5:13.52		3/23
8	Rebecca DALTON	JR	#9 Chestnut Hill	5:14.41		3/29
9	Audrey PHAM	JR	#5 Jefferson (Pa.) {4}	5:17.69		3/29
10	Sammy BANNING	JR	#3 Wilmington (Del.) {4}	5:27.49		3/23

Women's Steeplechase

1	59 Natalie MCFADDEN	SO	#5 Jefferson (Pa.)	11:41.29		3/29
2	Rebecca DALTON	JR	#9 Chestnut Hill	12:40.96		3/29
3	Tahasia THOMAS	SR	#1 Felician	14:07.89		3/29
4	Gabby HASSLER	SO	#9 Chestnut Hill {2}	14:41.17		3/29
5	Ny'jashia SMITH	SR	#6 Goldey-Beacom	14:43.56		3/23



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Women's 5000 Meters

1	Sydney WATTS	SR	#9 Chestnut Hill	18:35.45	3/29
2	Tiffany BANNIING	JR	#3 Wilmington (Del.	18:48.15	3/15
3	Sammy BANNING	JR	#3 Wilmington (Del.)	19:37.90	3/15
4	Ana ESHRAGHI	SR	#5 Jefferson (Pa.)	19:46.89	3/23
5	Sarah LORENZ	FR	#5 Jefferson (Pa.)	19:59.33	3/23
6	Audrey PHAM	JR	#5 Jefferson (Pa.)	20:05.50	3/23
7	Jennifer TRAN	SO	#5 Jefferson (Pa.)	21:42.07	3/23
8	Madalyn MINNICK	SR	#3 Wilmington (Del.)	22:12.17	3/15
9	Ny'jashia SMITH	SR	#6 Goldey-Beacom	22:45.95	3/23
10	Gabby HASSLER	SO	#9 Chestnut Hill	23:26.06	3/23

Women's 10,000 Meters

1	63 Tiffany BANNIING	JR	#3 Wilmington (Del.	38:52.95	3/29
2	Cynthia DELAPAZ	SR	#1 Felician	40:38.20	3/29
3	Emma MCNAMEE	SR	#2 Holy Family (Pa.)	41:19.18	3/29
4	Sarah LORENZ	FR	#5 Jefferson (Pa.)	41:41.61	3/29
5	Sammy BANNING	JR	#3 Wilmington (Del.)	42:00.35	3/29
6	Ana ESHRAGHI	SR	#5 Jefferson (Pa.)	42:14.87	3/29
7	Crystal MARGOTTA	FR	#1 Felician	45:20.12	3/29
8	Kelsey PEREIRA	SR	#1 Felician	45:21.78	3/29
9	Jennifer TRAN	SO	#5 Jefferson (Pa.)	45:22.24	3/29
10	Callie NEGRO	SR	#1 Felician	45:23.38	3/29

Women's 4x100 Relay

1	85 #Type!	#1 Felician	48.82	3/29
2	90 Jahtiviya Williams, Kahdia Jones, Danalee Brock, Katelyn Perazzia	#2 Holy Family (Pa.)	49.11	3/22
3	#Type!	#8 Dominican (N.Y.)	51.34	3/29
4	Abety Kivaghenni, Faith Hershberger, Anna-Mae Nellis, Kara Sampath	#10 Bridgeport	53.17	3/29
5	Jamie Rankin, Hannah Juleus, Chennaya Tschopp, Sejadea Mincey	#7 Caldwell	54.29	3/23
6	#Type!	#5 Jefferson (Pa.)	54.40	3/29

Women's 4x400 Relay

1	54 #Type!	#1 Felician	3:59.44	3/29
2	72 #Type!	#2 Holy Family (Pa.)	4:04.03	3/29
3	97 #Type!	#7 Caldwell	4:10.96	3/29
4	#Type!	#3 Wilmington (Del.)	4:14.94	3/29
5	Liv Drewling, Ny'jashia Smith, Aiyana Adams, Kaylah Hill	#6 Goldey-Beacom	4:29.10	3/8
6	#Type!	#8 Dominican (N.Y.)	4:35.06	3/29
7	Angelina Mermella, Lynzie Lawton, Julia Fortune, Kara Sampath	#10 Bridgeport	4:44.23	3/29
8	Amirah Beasley, Samantha Lonseth, Jurnee Tuttle, Brenna Sullivan	#4 Georgian Court	5:00.71	3/22

Women's High Jump

1	50 Sydonia TURNER	JR	#2 Holy Family (Pa.)	1.62m	5-3¾	3/22
2	100 Liv DREWING	FR	#6 Goldey-Beacom	1.57m	5-1¾	3/23
3	Jada CARROLL	SR	#1 Felician	1.53m	5-¼	3/29
3	Aarysa MOORE	SO	#1 Felician	1.53m	5-¼	3/29
5	Juliana DOGOSTINO	FR	#4 Georgian Court	1.51m	4-11½	3/29
6	April DISLA	FR	#1 Felician	1.48m	4-10¼	3/29
7	Savannah BOYCE	SR	#6 Goldey-Beacom	1.47m	4-9¾	3/23
8	Makayla CHIARIELLO	FR	#1 Felician	1.42m	4-7¾	3/22
9	Anna-Mae NELLIS	FR	#10 Bridgeport	1.40m	4-7	3/29

Women's Long Jump

1	Sydonia TURNER	JR	#2 Holy Family (Pa.)	5.25m	17-2¾ (0.0)	3/29
2	Angel CRUZ-FLETCHER	FR	#7 Caldwell	5.16m	16-11¼ (-1.3)	3/29
3	Jada CARROLL	SR	#1 Felician	5.15m	16-10¾ (0.3)	3/29
4	Genesis JIMENEZ	FR	#8 Dominican (N.Y.)	4.82m	15-9¾ (-1.6)	3/29
5	Tiara CARGILL	SO	#8 Dominican (N.Y.)	4.81m	15-9½ (-4.0)	3/29
6	Mikayla HALL	JR	#2 Holy Family (Pa.)	4.77m	15-7¾ (0.0)	3/22
7	Faith HERSHBERGER	SR	#10 Bridgeport	4.44m	14-6¾ (0.0)	3/29
8	Ria DATTA	FR	#7 Caldwell	4.30m	14-1¼ (-4.4)	3/29
9	Abety KIVAGHENI	FR	#10 Bridgeport	4.15m	13-7½ (0.0)	3/29

Women's Triple Jump

1	48 Jada CARROLL	SR	#1 Felician	11.36m	37-3¼ (0.0)	3/22
2	93 Tishanna COHEN	JR	#4 Georgian Court	10.85m	35-7¼ (0.0)	3/22
3	Jewel PIERRECHARLES	FR	#4 Georgian Court	10.72m	35-2 (0.0)	3/22
4	Mikayla HALL	JR	#2 Holy Family (Pa.)	9.00m	29-6½ (0.0)	3/29



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Women's Shot Put

1	86	Sytieia BROWN	FR	#3	Wilmington (Del.	12.46m	40-10½	3/15
2		Kaydence FISCHER	SO	#4	Georgian Court	11.52m	37-9½	3/22
3		Jada OBEGI	JR	#3	Wilmington (Del.)	11.49m	37-8½	3/23
4		Jourdyn RUMPH	SR	#6	Goldey-Beacom	11.34m	37-2½	3/8
5		Anna-Mae NELLIS	FR	#10	Bridgeport	11.13m	36-6¼	3/29
6		Adrianna FODERA	FR	#4	Georgian Court	10.99m	36-¾	3/29
7		Anastasia WATSON	SR	#9	Chestnut Hill	10.82m	35-6	3/29
8		Ana LOPEZ	SR	#1	Felician	10.57m	34-8¼	3/22
9		Daliana ROJAS	FR	#1	Felician	10.55m	34-7½	3/22
10		Madison MCGOWAN	JR	#6	Goldey-Beacom	10.46m	34-4	3/23

Women's Discus

1	68	Kaydence FISCHER	SO	#4	Georgian Court	41.97m	137-9	3/29
2		Anastasia WATSON	SR	#9	Chestnut Hill	39.19m	128-7	3/29
3		Sytieia BROWN	FR	#3	Wilmington (Del.	37.92m	124-5	3/23
4		Chiamaka WOKOCHA	SO	#4	Georgian Court	37.74m	123-10	3/29
5		Jourdyn RUMPH	SR	#6	Goldey-Beacom	35.08m	115-1	3/8
6		Sabrina HALK	SO	#4	Georgian Court	34.51m	113-3	3/22
7		Kencye SCAVELLA	FR	#8	Dominican (N.Y.)	33.41m	109-8	3/29
8		Daliana ROJAS	FR	#1	Felician	30.77m	101-0	3/22
9		Tori BENSON	SO	#8	Dominican (N.Y.)	29.70m	97-5¼	3/29
10		Jada OBEGI	JR	#3	Wilmington (Del.)	29.27m	96-½	3/29

Women's Hammer

1		Chiamaka WOKOCHA	SO	#4	Georgian Court	44.56m	146-3	3/29
2		Sytieia BROWN	FR	#3	Wilmington (Del.	41.59m	136-6	3/29
3		Jourdyn RUMPH	SR	#6	Goldey-Beacom	39.09m	128-3	3/23
4		Jada OBEGI	JR	#3	Wilmington (Del.)	38.52m	126-5	3/29
5		Sabrina HALK	SO	#4	Georgian Court	37.28m	122-4	3/29
6		Adrianna FODERA	FR	#4	Georgian Court	36.91m	121-1	3/22
7		Kaydence FISCHER	SO	#4	Georgian Court	36.39m	119-5	3/29
8		Daliana ROJAS	FR	#1	Felician	31.93m	104-9	3/22
9		Anna-Mae NELLIS	FR	#10	Bridgeport	30.29m	99-4½	3/29
10		Dominique LEWIS	FR	#6	Goldey-Beacom	28.95m	94-11¾	3/23

Women's Javelin

1	59	Karla CHARDON	SR	#6	Goldey-Beacom	38.88m	127-7	3/8
2	84	Ava REARDON	SO	#4	Georgian Court	36.97m	121-4	3/22
3	85	Anna-Mae NELLIS	FR	#10	Bridgeport	36.92m	121-2	3/29
4	93	Trinyce SYMISTER	SO	#1	Felician	36.62m	120-2	3/29
5		Ana LOPEZ	SR	#1	Felician	34.70m	113-10	3/22
6		Adrianna FODERA	FR	#4	Georgian Court	31.73m	104-1	3/29
6		Juliana DOGOSTINO	FR	#4	Georgian Court	31.73m	104-1	3/29
8		Erin MCCARTHY	JR	#9	Chestnut Hill	27.33m	89-8	3/29
8		Morgan DOLAGHAN	FR	#7	Caldwell	27.33m	89-8	3/29
10		Trinity FORTUNE-MEDINE	FR	#3	Wilmington (Del.	25.63m	84-1¼	3/23



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CCAA

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Women's 100 Meters

1	7	Amari WEATHERFORD	SR	#2 Cal State San Be	11.49w	(2.1)	3/28
2	10	Hailey HUNT	SR	#2 Cal State San Be{2}	11.56	(1.5)	3/22
3	26	Rionna WALLACE	JR	#5 Stanislaus State	11.78w	(2.7)	3/1
4	29	Alexandra ACKERMAN	SR	#2 Cal State San Be{3}	11.81	(1.5)	3/22
5	61	Samira STEVENSON	FR	#1 Cal Poly Pomona	12.00	(1.8)	3/8
6	92	Mina TSAI	SR	#7 SF State	12.14	(0.0)	2/22
6	92	Ta'Ahhjah FANN	FR	#1 Cal Poly Pomona{2}	12.14	(2.0)	3/28
8		Neshara SMITH	JR	#1 Cal Poly Pomona{3}	12.19	(1.2)	2/22
9		Emmerson WIGGINS	FR	#8 Cal State LA	12.31	(0.9)	2/22
10		Madi MONROE	JR	#3 Chico State	12.32w	(2.2)	3/8

Women's 100 Meter Hurdles

1	3	Neshara SMITH	JR	#1 Cal Poly Pomona	13.65w	(2.1)	3/8
2	42	Shaylee MUTKA	SO	#4 Cal State San Ma	14.59	(2.0)	3/28
3	85	Natalie MUSE	SR	#3 Chico State	14.97	(1.7)	3/8
4	90	Mila REAL	SO	#5 Stanislaus State	15.00w	(3.3)	3/1
4	90	Kathryn RUST	JR	#6 Sonoma State	15.00	(0.0)	2/21
6		Grace KASBERGER	SR	#11 Cal Poly Humbol	15.20	(1.1)	3/6
6		Lydia BINGER	SR	#7 SF State	15.20w	(3.0)	3/1
8		Sarah LINDENTHAL	SR	#1 Cal Poly Pomona{2}	15.27	(1.0)	3/28
9		Talynn SCHROEDER	JR	#7 SF State	{2}15.46	(1.1)	3/8
10		Chris ROBERDS	SR	#11 Cal Poly Humbol{2}	15.59	(1.3)	3/8

Women's 200 Meters

1	6	Amari WEATHERFORD	SR	#2 Cal State San Be	23.41	(1.2)	3/22
2	14	Hailey HUNT	SR	#2 Cal State San Be{2}	23.79	(1.2)	3/22
3	35	Jessica JAMES	JR	#1 Cal Poly Pomona	24.31	(0.9)	2/28
4	75	Rionna WALLACE	JR	#5 Stanislaus State	24.75	(0.1)	3/8
5		Alexandra ACKERMAN	SR	#2 Cal State San Be{3}	24.94	(-1.7)	3/28
6		Cierra ELLIS	JR	#2 Cal State San Be{4}	24.98	(0.2)	3/28
7		Coryssa HOPE	SO	#2 Cal State San Be{5}	25.08	(-1.7)	3/28
8		Adriana HEWITT	FR	#4 Cal State San Ma	25.20w	(4.0)	3/22
9		Emmerson WIGGINS	FR	#8 Cal State LA	25.38	(-0.8)	3/22
10		Mia ROBERTS	SO	#11 Cal Poly Humbol	25.49w	(2.1)	3/8

Women's 400 Meters

1	6	Rasha BADRANI	JR	#4 Cal State San Ma	54.67		3/28
1	6	Alexis WHITE	SR	#2 Cal State San Be	54.67		3/22
3	10	Jessica JAMES	JR	#1 Cal Poly Pomona	54.92		3/22
4	59	Jenna RODRIGUEZ	JR	#9 Cal State East Ba	56.76		3/22
5	76	Prishencia NNOHAM	SR	#2 Cal State San Be{2}	57.21		3/8
6	85	Briana MILLER	JR	#2 Cal State San Be{3}	57.40		3/22
7		Coryssa HOPE	SO	#2 Cal State San Be{4}	57.81		3/8
8		Adriana HEWITT	FR	#4 Cal State San Ma{2}	58.09		3/28
9		Danielle BACON	SR	#3 Chico State	58.11		3/1
10		Arissa HATCHER	JR	#1 Cal Poly Pomona{2}	58.31		2/28

Women's 400 Meter Hurdles

1	3	Rasha BADRANI	JR	#4 Cal State San Ma	59.97		3/28
2	18	Mila REAL	SO	#5 Stanislaus State	1:01.27		3/29
3	44	Tianna JARDSTROM	SR	#1 Cal Poly Pomona	1:03.98		3/8
4	54	Dalia ROMO	JR	#8 Cal State LA	1:04.48		2/28
5	84	Taylor YOST	SR	#10 Cal State Monter	1:05.59		3/15
6	91	Paula ROMO	JR	#8 Cal State LA	{2}1:05.96		3/8
7		Sydney LOPES	SR	#6 Sonoma State	1:06.42		3/22
8		Shaylynn WYNN	SR	#5 Stanislaus State	{2}1:06.71		2/22
9		Keneyia HALL	FR	#1 Cal Poly Pomona{2}	1:07.08		3/22
10		Lydia BINGER	SR	#7 SF State	1:07.21		3/22

Women's 800 Meters

1	16	Annie WILD	SO	#5 Stanislaus State	2:10.37		3/29
2	18	Jenna RODRIGUEZ	JR	#9 Cal State East Ba	2:10.54		3/8
3	29	Arissa HATCHER	JR	#1 Cal Poly Pomona	2:11.78		3/22
4	43	Rachel HOOPS	FR	#10 Cal State Monter	2:13.95		3/22
5	49	Crystal HERNANDEZ	SO	#5 Stanislaus State	{2}2:14.42		2/22
6	53	Kai MARROQUIN	JR	#2 Cal State San Be	2:14.70		3/28
7	60	Sienna BIANCHI	SO	#3 Chico State	2:15.34		3/22
8	66	Sidney GARCIA	JR	#3 Chico State	{2}2:15.76		3/22
9		Yasmeen DELGADO	JR	#1 Cal Poly Pomona{2}	2:17.90		3/28
10		Devianna SALCEDO	SR	#5 Stanislaus State	{3}2:18.13		3/29

Women's 1500 Meters

1	39	Tessa VASQUEZ	SO	#5 Stanislaus State	4:35.08		3/29
2	45	Artana NICE	FR	#11 Cal Poly Humbol	4:35.94		3/22
3	46	Crystal HERNANDEZ	SO	#5 Stanislaus State	{2}4:35.95		3/29
4	54	Rachel HOOPS	FR	#10 Cal State Monter	4:38.12		3/22
5	63	Sienna BIANCHI	SO	#3 Chico State	4:38.92		3/22
6	80	Iresh MOLINA	SO	#3 Chico State	{2}4:41.31		3/8
7	84	Jade KINGSTON	FR	#1 Cal Poly Pomona	4:42.01		3/28
8	88	Kaya SCUBA	FR	#3 Chico State	{3}4:42.42		3/22
9	97	Della MOLINA	SO	#3 Chico State	{4}4:43.82		3/8
10		Devianna SALCEDO	SR	#5 Stanislaus State	{3}4:44.36		2/22

Women's Steeplechase

1	8	Miranda PALACIOS	FR	#1 Cal Poly Pomona	10:51.31		3/8
2	16	Galilea JIMENEZ	SO	#1 Cal Poly Pomona{2}	11:03.80		3/28
3	17	Daisy SALINAS	SR	#7 SF State	11:04.65		3/8
4	27	Jordan DENNERT	SO	#2 Cal State San Be	11:18.54		3/28
5	45	Olivia BESCHORNER	FR	#3 Chico State	11:32.73		3/22
6	47	Julia BUTLER	JR	#1 Cal Poly Pomona{3}	11:34.79		3/8
7	55	Cozette WOOD	SO	#10 Cal State Monter	11:40.90		3/28
8	60	Hannah AMUNDSEN	FR	#10 Cal State Monter{2}	11:43.40		3/8
9	61	Maya CENTENO	JR	#10 Cal State Monter{3}	11:45.56		3/8
10	87	Danielle YOST	SR	#10 Cal State Monter{4}	12:03.26		3/22



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Women's 5000 Meters

1	6	Della MOLINA	SO	#3 Chico State	16:32.76	3/22
2	12	Iresh MOLINA	SO	#3 Chico State {2}	16:44.55	3/22
3	17	Vivian MARTINEZ	SO	#1 Cal Poly Pomona	16:50.36	3/21
4	23	Jade KINGSTON	FR	#1 Cal Poly Pomona {2}	16:58.63	3/21
5	41	Yahaira ZUNIGA	SR	#5 Stanislaus State	17:16.75	3/1
6	54	Miranda PALACIOS	FR	#1 Cal Poly Pomona {3}	17:28.69	3/21
7	56	Artana NICE	FR	#11 Cal Poly Humboldt	17:32.01	3/8
8	72	Alondra ARIAS	JR	#1 Cal Poly Pomona {4}	17:40.47	3/21
9	76	Jacqueline SANCHEZ	SO	#5 Stanislaus State {2}	17:43.42	3/29
10	78	Sophie RODRIGUEZ	SR	#6 Sonoma State	17:43.60	3/22

Women's 10,000 Meters

1	17	Kelsi HART	FR	#4 Cal State San Marcos	35:49.82	3/8
2	25	Angela MCMANUS	JR	#4 Cal State San Marcos {2}	36:43.33	3/8
3	67	Itzel DEL RIO	SO	#4 Cal State San Marcos {3}	38:58.01	3/28
4	97	Gabriella ROMERO	FR	#2 Cal State San Bernardino	40:22.39	3/28

Women's 4x100 Relay

1	6	Alexandra Ackerman, Coryssa Hope, Amari Weatherford, Hailey Hunt	#2 Cal State San Bernardino	45.26	3/22
2	11	Trinity Moseby, Ta'Ajah Fann, Jessica James, Hannah Luster	#1 Cal Poly Pomona	46.02	3/28
3	66	Mila Real, Rionna Wallace, Shaylynn Wynn, Reyna Dismukes	#5 Stanislaus State	48.27	3/29
4	67	Cyvanna Bowen, Raisa Miller, Teloni Ervin, Alyssa Meeks	#12 Cal State Dominguez	48.34	3/8
5	77	Tianna Thompson, Madi Monroe, Kaitlyn Gonzales, Morgan Greene	#3 Chico State	48.57	3/1
6	78	Kylie Atteberry, Clara Haungs, Taylor Gomez, Aubri Le	#4 Cal State San Marcos	48.62	2/22
7	82	Mina Tsai, Zyah Harris-Bazuaye, Inelaboh Ajayi, Myla Easley	#7 SF State	48.78	2/22
8	88	Katie Sheldon, Aniaya Bishop, Delaney Brown, Mia Cecilio	#6 Sonoma State	48.96	3/15
9	91	Ski'lar Wallace, Emmerson Wiggins, Dalia Roma, Paula Romo	#8 Cal State LA	49.18	2/22

Women's 4x400 Relay

1	6	Prishencia Nnoham, Coryssa Hope, Amari Weatherford, Alexis White	#2 Cal State San Bernardino	3:41.95	3/22
2	17	Trinity Moseby, Arissa Hatcher, Jordan Garcia, Jessica James	#1 Cal Poly Pomona	3:47.61	3/22
3	22	Kristin Cole, Rasha Badrani, Clara Haungs, Adriana Hewitt	#4 Cal State San Marcos	3:49.77	3/28
4	36	Dalia Roma, Destiny Moedano, Paula Romo, Emmerson Wiggins	#8 Cal State LA	3:54.45	2/22
5	44	Danielle Bacon, Sidney Garcia, Kaitlyn Gonzales, Madi Monroe	#3 Chico State	3:56.78	3/22
6	53	Shaylynn Wynn, Reyna Dismukes, Rionna Wallace, Mila Real	#5 Stanislaus State	3:59.24	2/22
7	60	Simryn Parikh, Nelly Isidro, Victoria Hyatt, Jenna Rodriguez	#9 Cal State East Bay	4:00.79	3/15
8	70	Leloni Ervin, Alyssa Meeks, Christine Duarte, Hanna Espinoza	#12 Cal State Dominguez	4:03.71	3/8
9	75	Mia Cecilio, Katie Sheldon, Sydney Lopes, Delaney Brown	#6 Sonoma State	4:05.69	3/22
10	87	Cassidy Andreadakis, Kayla Young, Taylor Yost, Rachel Hoops	#10 Cal State Monterey	4:09.15	3/22

Women's High Jump

1	27	Allie GOETZ	FR	#3 Chico State	1.65m	5-5	2/23
1	27	Samone CABLE	FR	#4 Cal State San Marcos	1.65m	5-5	2/28
3	45	Amber WALKER	FR	#6 Sonoma State	1.63m	5-4¼	3/8
4	50	Aaliyah MENDOZA	JR	#1 Cal Poly Pomona	1.62m	5-3¾	3/28
5	86	Sabrina CARLE-PARRA	JR	#7 SF State	1.59m	5-2½	3/22
6	90	Jazmine SEVERO	SO	#6 Sonoma State {2}	1.58m	5-2¼	3/8
7	100	Emily NGUYEN	SR	#2 Cal State San Bernardino	1.57m	5-1¾	3/28
8		Sarah LINDENTHAL	SR	#1 Cal Poly Pomona {2}	1.56m	5-1¼	3/8
9		Catlin ALEXIS	JR	#9 Cal State East Bay	1.55m	5-1	3/29
10		Annabelle LOW	JR	#3 Chico State {2}	1.54m	5-½	2/21



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Women's Pole Vault

1	23	Isabelle CARREON	SR	#1 Cal Poly Pomona	3.78m	12-4¾	3/8
2	52	Janey RUBIO	SO	#3 Chico State	3.53m	11-7	3/22
3	54	Katie SNEDDEN	FR	#6 Sonoma State	3.50m	11-5¾	3/8
4	73	Kendra WILLIAMS	FR	#1 Cal Poly Pomona {2}	3.48m	11-5	3/8
5	91	Alexis WACHOWSKI	SO	#7 SF State	3.35m	10-11¾	2/22
6		Katarina MUELLERLEILE	FR	#9 Cal State East Ba	3.23m	10-7	3/22
7		Kailey FRYE	SR	#4 Cal State San Ma	3.12m	10-2¾	3/28
7		Shannon GAITAN	JR	#1 Cal Poly Pomona {3}	3.12m	10-2¾	3/28
9		Kali DICKENSON	FR	#3 Chico State {2}	3.06m	10-½	3/8
10		Samantha RODRIGUEZ	SO	#6 Sonoma State {2}	3.05m	10-0	3/8

Women's Long Jump

1	1	Jonon YOUNG	SO	#8 Cal State LA	6.25m	20-6¼ (0.0)	3/8
2	21	Neshara SMITH	JR	#1 Cal Poly Pomona	5.77m	18-11¼ (2.0)	2/28
3	32	Autumn SHOMAKER	FR	#4 Cal State San Ma	5.67m	18-7¼ (1.6)	3/28
4	45	Kelsey EHINLAIYE	JR	#1 Cal Poly Pomona {2}	5.61mw	18-5 (2.6)	2/28
5	56	Megan CARRIGAN	FR	#1 Cal Poly Pomona {3}	5.58m	18-3¼ (0.7)	3/8
6	60	Reyna DISMUKES	SR	#5 Stanislaus State	5.57m	18-3¼ (1.7)	3/8
7	75	Nyah PAULDING	JR	#1 Cal Poly Pomona {4}	5.51m	18-1 (1.9)	3/28
8	80	Emily NGUYEN	SR	#2 Cal State San Be	5.47m	17-11½ (-0)	2/22
9	84	Julia CARMONA	FR	#9 Cal State East Ba	5.45m	17-10¾ (1.2)	3/8
9	84	Hannah LUSTER	SO	#1 Cal Poly Pomona {5}	5.45mw	17-10¾ (2.5)	2/28

Women's Triple Jump

1	22	Natalie LIN	SR	#1 Cal Poly Pomona	11.71m	38-5 (0.0)	3/28
2	27	Jordyn BROOKS	SO	#4 Cal State San Ma	11.59m	38-¼ (1.0)	3/29
3	29	Julia CARMONA	FR	#9 Cal State East Ba	11.58m	38-0 (0.2)	3/22
4	42	Essence JACKSON	JR	#7 SF State	11.44m	37-6½ (0.0)	3/22
4	42	Ehinomen EGHOBOR	FR	#1 Cal Poly Pomona {2}	11.44m	37-6½ (0.9)	3/22
6	58	Andrea ALVARADO	JR	#4 Cal State San Ma {2}	11.23m	36-10¼ (0.0)	3/8
7	68	Aliyah RATCLIFFE	FR	#4 Cal State San Ma {3}	11.15m	36-7 (0.0)	3/29
8	73	Cecille LIGHTBOURN	FR	#8 Cal State LA	11.08m	36-4¼ (0.0)	2/28
9	77	Emily NGUYEN	SR	#2 Cal State San Be	11.03mw	36-2¼ (2.2)	3/8
10	81	Shaylee MUTKA	SO	#4 Cal State San Ma {4}	10.99m	36-¾ (1.8)	3/28

Women's Shot Put

1	17	Gianna FRANK	FR	#2 Cal State San Be	13.79m	45-3	3/22
2	54	Sinaiah POINTER	SO	#8 Cal State LA	12.82m	42-¾	2/28
3	83	Alexis NINO	JR	#5 Stanislaus State	12.53m	41-1½	3/29
4	85	Ariyah FORD	JR	#6 Sonoma State	12.48m	40-11½	3/15
5		Mi'ah MOLETTE	FR	#1 Cal Poly Pomona	12.19m	40-0	2/28
6		Kennedi JONES	SO	#7 SF State	12.00m	39-4½	3/22
7		Mayra MEJIA HALLER	SR	#2 Cal State San Be {2}	11.89m	39-¼	3/22
8		Tesa LIUFAU	FR	#6 Sonoma State {2}	11.52m	37-9½	3/1
9		Vanessa PORTILLO	SR	#8 Cal State LA {2}	11.33m	37-2¼	2/22
10		Breeanna BROWN	JR	#3 Chico State	11.31m	37-1¼	3/22

Women's Discus

1	52	Angelina ESCOBAR	SR	#3 Chico State	43.00m	141-1	3/22
2	55	Isabelle CAMPOS	JR	#1 Cal Poly Pomona	42.91m	140-10	2/28
3	92	Liz GHAZANCHIAN	SR	#2 Cal State San Be	40.78m	133-10	3/22
4	99	Ariyah FORD	JR	#6 Sonoma State	40.52m	132-11	3/8
5		Cynthia HURTADO	SR	#1 Cal Poly Pomona {2}	40.40m	132-7	2/22
6		Sinaiah POINTER	SO	#8 Cal State LA	40.31m	132-3	3/8
7		Miranda OWEN	JR	#2 Cal State San Be {2}	35.82m	117-6	2/28
8		Melina JONES	FR	#6 Sonoma State {2}	35.40m	116-2	3/8
9		Rebecca HAMPTON	SR	#6 Sonoma State {3}	35.09m	115-2	3/8
10		Frayda LEMAS	FR	#4 Cal State San Ma	34.97m	114-9	3/29

Women's Hammer

1	25	Alexis NINO	JR	#5 Stanislaus State	52.50m	172-3	3/1
2	54	Mi'ah MOLETTE	FR	#1 Cal Poly Pomona	49.58m	162-8	3/8
3	63	Ariyah FORD	JR	#6 Sonoma State	48.91m	160-6	3/15
4	74	Sage COYLE	SR	#3 Chico State	48.10m	157-10	3/8
5	84	Angelina ESCOBAR	SR	#3 Chico State {2}	47.30m	155-2	3/8
6	96	Cynthia HURTADO	SR	#1 Cal Poly Pomona {2}	46.77m	153-6	2/22
7		Bianca TOWNSEND	JR	#1 Cal Poly Pomona {3}	46.55m	152-9	3/8
8		Vanessa PORTILLO	SR	#8 Cal State LA	46.40m	152-3	2/22
9		Isabelle CAMPOS	JR	#1 Cal Poly Pomona {4}	45.64m	149-9	2/22
10		Kyra TOGNI	JR	#6 Sonoma State {2}	44.95m	147-6	3/1

Women's Javelin

1	45	Rachelle ZILAVEC	SR	#4 Cal State San Ma	39.77m	130-6	3/8
2		Jessi RAE FLYNN	FR	#3 Chico State	35.99m	118-1	2/23
3		Emily NGUYEN	SR	#2 Cal State San Be	35.80m	117-6	2/22
4		Vanessa PORTILLO	SR	#8 Cal State LA	35.31m	115-10	3/22
5		Amelia ADAMSON	SR	#1 Cal Poly Pomona	34.13m	112-0	3/28
6		Jaclyn BROWN	SR	#2 Cal State San Be {2}	33.74m	110-9	3/8
7		Daeja DOWNING	FR	#3 Chico State {2}	32.78m	107-7	2/23
8		Rebecca HAMPTON	SR	#6 Sonoma State	32.09m	105-4	3/1
9		Grace KASBERGER	SR	#11 Cal Poly Humbol	30.18m	99-¼	3/1
10		Katie SHADRICK	FR	#1 Cal Poly Pomona {2}	29.97m	98-4	3/28

Women's Heptathlon

1	17	Grace KASBERGER	SR	#11 Cal Poly Humbol	4,410		3/6
2	20	Natalie MUSE	SR	#3 Chico State	4,312		2/21
3	31	Kathryn RUST	JR	#6 Sonoma State	3,980		2/21
4	40	Annabelle LOW	JR	#3 Chico State {2}	3,773		2/21



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Women's 100 Meters

1	Ziyah ETCHISON	SO	#1 Fayetteville Stat	12.18	(1.3)	3/22
2	Jadah RASOOL	SO	#3 Claflin	12.26	(0.0)	3/22
3	Lydia CHAPPLE	SR	#2 Winston-Salem S	12.28w	(2.1)	3/22
4	Ty'kira GARRETT	SO	#4 Livingstone	12.40	(0.6)	3/22
5	Kayla LEE	SR	#6 Virginia Union	12.43	(-1.0)	3/21
6	Christal ROLACK	JR	#6 Virginia Union {2}	12.48	(1.2)	3/21
7	Isis COVINGTON	SO	#5 Shaw	12.49	(0.1)	3/8
7	Eden RAMIREZ	SO	#8 Virginia State	12.49	(0.5)	3/22
9	Aleisia ROBINSON	SO	#4 Livingstone {2}	12.50	(1.6)	3/22
10	Jayla WILLIAMS	JR	#1 Fayetteville Stat {2}	12.52	(1.1)	3/22

Women's 100 Meter Hurdles

1	26 Obiageli AKUBUDE	SO	#3 Claflin	14.37	(0.2)	3/22
2	88 Jaelynn WYNDER-HILL	JR	#8 Virginia State	14.99w	(2.3)	3/22
3	Jhourni EASON	FR	#3 Claflin {2}	15.39	(0.2)	3/22
4	Tanzania WASHINGTON	SO	#1 Fayetteville Stat	15.53	(-0.3)	3/22
5	Jada STARKS	SO	#8 Virginia State {2}	15.79w	(2.3)	3/22
6	Rihan PRICE	FR	#9 Johnson C. Smitl	15.88	(0.8)	3/22
7	Morgan COVERSON-SPRINGS	FR	#3 Claflin {3}	16.06	(0.2)	3/22
8	Amiyah MURRAY	SR	#2 Winston-Salem S	16.61w	(3.8)	3/22

Women's 200 Meters

1	32 Janya MOORE	SO	#1 Fayetteville Stat	24.23w	(2.7)	3/22
2	56 Asheika SMITH	SO	#2 Winston-Salem S	24.61	(1.4)	3/22
3	92 Morgan COVERSON-SPRINGS	FR	#3 Claflin	24.85	(-0.5)	3/22
4	Ronee TUDOR	SR	#1 Fayetteville Stat {2}	24.95w	(2.7)	3/22
5	Brianna BENLOSS	SO	#2 Winston-Salem S {2}	25.05	(-0.1)	3/22
6	Obiageli AKUBUDE	SO	#3 Claflin {2}	25.23	(0.1)	3/22
7	Kamauree RANDOLPH	SO	#2 Winston-Salem S {3}	25.31	(-0.3)	3/29
8	Ty'kira GARRETT	SO	#4 Livingstone	25.38	(-0.3)	3/29
9	Kayla LEE	SR	#6 Virginia Union	25.44	(1.5)	3/29
10	Brea CHILDS	FR	#3 Claflin {3}	25.74	(0.3)	3/22

Women's 400 Meters

1	14 Kamani JOHNS	SR	#10 Lincoln (Pa.)	55.10		3/29
2	87 Gabrielle MAYE	SO	#9 Johnson C. Smitl	57.46		3/22
3	89 Olivia COSBY	SO	#2 Winston-Salem S	57.52		3/22
4	99 Brea CHILDS	FR	#3 Claflin	57.64		3/22
5	Simone KELLY	SO	#2 Winston-Salem S {2}	57.70		3/29
6	Jonnica FULLER	SR	#3 Claflin {2}	57.83		3/22
7	Leannah JORDAN	FR	#10 Lincoln (Pa.) {2}	58.70		3/29
8	Toni MIDDLEBROOKS	SO	#6 Virginia Union	58.97		3/29
9	Jazlynn CHURCH	SR	#10 Lincoln (Pa.) {3}	58.99		3/29
10	Jeaneva GOLDEN	SO	#1 Fayetteville Stat	59.05		3/22

Women's 400 Meter Hurdles

1	71 Layla SIMPSON	JR	#2 Winston-Salem S	1:05.18		3/22
2	86 Pheijana BURNSIDE	JR	#3 Claflin	1:05.68		3/22
3	94 Faith JONES	FR	#3 Claflin {2}	1:05.99		3/22
4	Amani ADAMS	JR	#10 Lincoln (Pa.)	1:06.94		3/29
5	Shaneil JOHNSON	SO	#5 Shaw	1:07.36		3/8
6	Rihan PRICE	FR	#9 Johnson C. Smitl	1:08.36		3/22
7	Jonnica FULLER	SR	#3 Claflin {3}	1:08.77		3/22
8	Khrisalyn KEGLER	JR	#11 Bluefield State	1:09.57		3/29
9	Gabrielle FREEMAN	FR	#8 Virginia State	1:10.59		3/22
10	Sanai PHILLIPS	SO	#1 Fayetteville Stat	1:10.72		3/22

Women's 800 Meters

1	Trinity BUMBRY	JR	#4 Livingstone	2:21.88		3/29
2	Elicia BRYANT	SO	#2 Winston-Salem S	2:22.10		3/22
3	Toni MIDDLEBROOKS	SO	#6 Virginia Union	2:28.68		3/29
4	Madison MORGAN	FR	#10 Lincoln (Pa.)	2:28.76		3/29
5	Precious DURAND	FR	#9 Johnson C. Smitl	2:29.07		3/29
6	Rainn SHEPPARD	SO	#2 Winston-Salem S {2}	2:30.42		3/22
7	Jasmine YOUNG	SO	#3 Claflin	2:31.76		3/22
8	Tinasia DAVIS	SR	#2 Winston-Salem S {3}	2:33.60		3/29
9	Camila PRIETO	FR	#5 Shaw	2:33.63		3/8
10	Madison MCDONALD	SR	#3 Claflin {2}	2:34.55		3/22

Women's 1500 Meters

1	Brenda CHEBOI	JR	#1 Fayetteville Stat	5:01.01		3/22
2	Ashley BELL	SO	#1 Fayetteville Stat {2}	5:02.73		3/22
3	Trinity BUMBRY	JR	#4 Livingstone	5:10.05		3/22
4	Repline CHEPTOO	JR	#1 Fayetteville Stat {3}	5:20.26		3/22
5	Abijah JEPKEMBOI	SO	#6 Virginia Union	5:23.93		3/21
6	Jaiyah NELSON	JR	#2 Winston-Salem S	5:37.25		3/22
7	Miranda MCLEAN	SO	#10 Lincoln (Pa.)	5:39.89		3/29
8	Camila PRIETO	FR	#5 Shaw	5:40.97		3/14
9	Courtney GREEN	JR	#5 Shaw {2}	6:08.94		3/8
10	Sharon KURUI	JR	#5 Shaw {3}	6:10.14		3/14

Women's 5000 Meters

1	Rose MUTURI	SO	#8 Virginia State	18:32.74		3/22
2	Abijah JEPKEMBOI	SO	#6 Virginia Union	19:36.80		3/21
3	Sharon KURUI	JR	#5 Shaw	23:57.38		3/8
4	Nadia HERNANDEZ-DAVIS	FR	#5 Shaw {2}	25:48.14		3/8

Women's 10,000 Meters

1	Courtney GREEN	JR	#5 Shaw	50:29.67		3/8
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Women's 4x100 Relay

1	23	Kamauree Randolph, Asheika Smith, Lydia Chapple, Brianna Benloss	#2 Winston-Salem S	46.60	3/29
2	30	Malaysia Barber, Janya Moore, Ziyah Etchison, Ronee Tudor	#1 Fayetteville Stat	46.98	3/22
3	34	Jhourni Eason, Jadah Rasool, Morgan Coverson-Springs, Brea Childs	#3 Claflin	47.14	3/22
4	42	Aleisia Robinson, Destiny Ross-Bates, Amaya Williams, Ty'kira Garrett	#4 Livingstone	47.39	3/22
5	47	Eden Ramirez, Desairey Gray, Jada Starks, Markeria King	#8 Virginia State	47.59	3/22
6	53	Aisha Carrington, Leannah Jordan, Ida Rose Moore, Sabianka Alexis	#10 Lincoln (Pa.)	47.96	3/29
7	73	Reyani Chance, Christal Rolack, Taylor Porter, Kayla Lee	#6 Virginia Union	48.52	3/21

Women's 4x400 Relay

1	28	Simone Kelly, Asheika Smith, Daijion Lee, Olivia Cosby	#2 Winston-Salem S	3:52.15	3/22
2	39	Jonnica Fuller, Obiageli Akubude, Morgan Coverson-Springs, Brea Childs	#3 Claflin	3:55.39	3/22
3	52	Thomyka Valcent, Keneah Romney, Ty'kira Garrett, Trinity Bumbry	#4 Livingstone	3:58.74	3/29
4	76	Sierrah Matthews, Ashley Bell, Repline Cheptoo, Brenda Cheboi	#1 Fayetteville Stat	4:06.55	3/22
5	78	Gabrielle Freeman, Desairey Gray, Jada Starks, Omeika Hogg	#8 Virginia State	4:06.85	3/22
6	81	Leannah Jordan, Sabianka Alexis, Aniya Whitfield, Jazlynn Church	#10 Lincoln (Pa.)	4:07.03	3/29
7	90	Jailyn Johnson, Toni MiddleBrooks, Nykia Fort, Christal Rolack	#6 Virginia Union	4:09.63	3/29
8		Brijette Basden, Camila Prieto, Shaneil Johnson, Reginae Bastian	#5 Shaw	4:14.70	3/14

Women's High Jump

1	15	Domanique KNOWLES	SR	#1 Fayetteville Stat	1.68m	5-6	3/22
2		Samiya DELL	FR	#8 Virginia State	1.56m	5-1¼	3/22
3		Omeika HOGG	SO	#8 Virginia State {2}	1.51m	4-11½	3/22
4		Sheree WRIGHT	JR	#1 Fayetteville Stat {2}	1.50m	4-11	3/22
4		Zoe CHESSON	FR	#2 Winston-Salem S	1.50m	4-11	3/29
6		Love RILEY	FR	#4 Livingstone	1.46m	4-9½	3/22
7		Tania STARKIE	JR	#4 Livingstone {2}	1.45m	4-9	3/29
7		Kaiya WRIGHT	JR	#1 Fayetteville Stat {3}	1.45m	4-9	3/22

Women's Long Jump

1	56	Charnessa REID	SR	#2 Winston-Salem S	5.58m	18-3¾ (1.2)	3/22
1	56	Holley JOHNSON	JR	#1 Fayetteville Stat	5.58mw	18-3¾ (4.0)	3/22
3	69	Anijah MEDLEY	SO	#7 Bowie State	5.54m	18-2¼ (-0.3)	3/29
4	96	Destiny ROSS-BATES	FR	#4 Livingstone	5.42m	17-9½ (0.8)	3/22
5		Jade LANE	SR	#6 Virginia Union	5.19m	17-½ (0.0)	3/21
6		Allysa FRYER	SR	#2 Winston-Salem S {2}	5.12m	16-9¾ (1.5)	3/22
7		Abraonna WILLIAMS	JR	#1 Fayetteville Stat {2}	5.11m	16-9¼ (0.3)	3/22
8		Sanai FORTE	FR	#1 Fayetteville Stat {3}	4.99m	16-4½ (1.1)	3/22
9		Samiya DELL	FR	#8 Virginia State	4.94m	16-2½ (0.4)	3/22
10		Trinity BROOKS	FR	#2 Winston-Salem S {3}	4.92m	16-1¼ (1.4)	3/22

Women's Triple Jump

1	9	Domanique KNOWLES	SR	#1 Fayetteville Stat	11.96m	39-3 (0.5)	3/22
2	31	Nijah LEWIS	FR	#9 Johnson C. Smitl	11.53m	37-10 (1.5)	3/29
3	39	Jhnyia KNUCKLES	SO	#3 Claflin	11.46m	37-7¼ (0.8)	3/22
4	55	Aria GOODE	SR	#9 Johnson C. Smitl {2}	11.29m	37-½ (0.0)	3/29
5	84	Nariah FURR	SO	#4 Livingstone	10.95m	35-11¼ (0.6)	3/22
6	86	Gabrielle LANIER	FR	#10 Lincoln (Pa.)	10.92m	35-10 (0.4)	3/29
7	90	Trinity BROOKS	FR	#2 Winston-Salem S	10.88m	35-8½ (0.7)	3/29
8	94	Anijah MEDLEY	SO	#7 Bowie State	10.82m	35-6 (0.0)	3/29
9		Kendal CARTER	FR	#9 Johnson C. Smitl {3}	10.73m	35-2½ (1.5)	3/22
10		Lisandra CONFIDENTE	FR	#5 Shaw	10.49m	34-5 (1.6)	3/8

Women's Shot Put

1	11	Yassine KAMARA	JR	#7 Bowie State	14.39m	47-2½	3/29
2	70	Aaliyah WHYTE	JR	#1 Fayetteville Stat	12.67m	41-7	3/22
3		Janiya HARMON	JR	#8 Virginia State	12.20m	40-½	3/22
4		McKenna SWINTON	FR	#3 Claflin	11.76m	38-7	3/22
5		Jazmyne MCGIRT	JR	#7 Bowie State {2}	11.74m	38-6¼	3/29
6		Kalia HOPSON	FR	#4 Livingstone	11.46m	37-7¼	3/29
7		Gabrielle HENRY	SR	#5 Shaw	11.35m	37-3	3/29
8		Ashanti WRIGHT	JR	#5 Shaw {2}	10.94m	35-10¾	3/14
9		Mikayla BALL	FR	#9 Johnson C. Smitl	10.92m	35-10	3/29
10		Dynasty ANDREWS		#11 Bluefield State	10.72m	35-2	3/29



Conference TFRI Event Summary



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Women's Discus

1	7	Yassine KAMARA	JR	#7 Bowie State	48.35m	158-8	3/29
2	89	Janiya HARMON	JR	#8 Virginia State	40.99m	134-6	3/22
3	98	Ashanti WRIGHT	JR	#5 Shaw	40.53m	133-0	3/29
4		Aaliyah WHYTE	JR	#1 Fayetteville Stat	38.03m	124-9	3/22
5		Oliviah GREEN	JR	#11 Bluefield State	36.10m	118-5	3/29
6		Gabrielle HENRY	SR	#5 Shaw	{2} 35.91m	117-10	3/29
7		Paige SIMMONS-NORRIS	FR	#1 Fayetteville Stat	{2} 35.24m	115-8	3/22
8		Na'Shae EARLY	SR	#7 Bowie State	{2} 35.18m	115-5	3/29
9		Mikayla BALL	FR	#9 Johnson C. Smitl	34.84m	114-4	3/29
10		Zion COSBY	FR	#5 Shaw	{3} 33.00m	108-3	3/29

Women's Hammer

1		Aaliyah WHYTE	JR	#1 Fayetteville Stat	41.96m	137-8	3/22
2		Belvia ANN YANGUE	SO	#7 Bowie State	39.85m	130-9	3/29
3		Na'Shae EARLY	SR	#7 Bowie State	{2} 35.97m	118-0	3/29
4		Dasani ROBINSON	SR	#7 Bowie State	{3} 32.49m	106-7	3/29

Women's Javelin

1		Jade LANE	SR	#6 Virginia Union	35.59m	116-9	3/29
2		Zhaire MACK	SO	#3 Claflin	32.02m	105-1	3/22
3		Cheyenne WILLIAMS	FR	#3 Claflin	{2} 31.83m	104-5	3/22
4		Nariah FURR	SO	#4 Livingstone	30.05m	98-7¼	3/29
5		Daina MORRISON	JR	#5 Shaw	29.62m	97-2¼	3/29
6		Jazmyne MCGIRT	JR	#7 Bowie State	28.78m	94-5¼	3/29
7		Love RILEY	FR	#4 Livingstone	{2} 27.93m	91-7¾	3/29
8		Mikel LEWIS	JR	#7 Bowie State	{2} 26.40m	86-7½	3/29
9		Oliviah GREEN	JR	#11 Bluefield State	25.11m	82-4¾	3/29
10		Alaina MOODY	SO	#2 Winston-Salem S	23.97m	78-7¾	3/29



Conference TFRI Event Summary



Conference Carolinas

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Women's 100 Meters

1	36	Eseose OKODUWA	SR	#2 Converse	11.88w	(2.1)	3/22
2	37	LaSira NICHOLSON	JR	#1 Mount Olive	11.89w	(2.1)	3/22
3	54	Heaven ROBERTS	SO	#1 Mount Olive	{2}11.97	(1.8)	3/29
4	58	Keiarra TUTT	JR	#10 Barton	11.99	(1.1)	3/8
5	63	Aniya HECKSTALL	JR	#10 Barton	{2}12.01	(-0.1)	3/22
6	72	Bre'Asia ROBINSON	FR	#3 North Greenville	12.06	(1.0)	3/22
6	72	Sanyiah SHIELDS	FR	#1 Mount Olive	{3}12.06	(0.8)	3/29
8		Makayla WILSON	JR	#6 Southern Wesley	12.19	(2.0)	3/29
9		Jasmine BANKS	FR	#4 Belmont Abbey	12.21	(0.9)	3/29
10		Madison ROSE	SR	#7 Shorter	12.22w	(2.3)	3/22

Women's 100 Meter Hurdles

1	4	Channie JEFFERSON	JR	#1 Mount Olive	13.66w	(2.1)	3/29
2	21	Isabelle FLORES	SR	#4 Belmont Abbey	14.28	(0.6)	3/29
3	50	TraVon LAY	SR	#6 Southern Wesley	14.66w	(2.9)	3/29
4	68	Tylyia TRIGGS	SR	#1 Mount Olive	{2}14.80w	(2.1)	3/29
5	71	Kiwanza PEMBERTON	SR	#1 Mount Olive	{3}14.82	(1.9)	3/29
6	82	Alexandra THOMAS	SO	#4 Belmont Abbey	{2}14.95	(1.0)	3/29
7		Mckylee MOSBY	SO	#5 UNC Pembroke	15.18	(1.9)	3/29
8		Hannah HILL	SR	#3 North Greenville	15.37	(-0.4)	3/22
9		Nashari EDWARDS	FR	#7 Shorter	15.44w	(3.1)	3/9
10		Talajah BARTLEY	FR	#2 Converse	15.47	(2.0)	3/29

Women's 200 Meters

1	11	Futura HARRIS	FR	#1 Mount Olive	23.68w	(2.7)	3/22
2	16	Hannah HILL	SR	#3 North Greenville	23.88	(1.3)	3/22
3	26	Aniya HECKSTALL	JR	#10 Barton	24.20	(-2.2)	3/14
4	30	Eseose OKODUWA	SR	#2 Converse	24.22w	(2.2)	3/29
5	53	Sanyiah SHIELDS	FR	#1 Mount Olive	{2}24.60w	(3.6)	3/29
6	63	Isabelle FLORES	SR	#4 Belmont Abbey	24.68	(0.4)	3/29
7	65	Keiarra TUTT	JR	#10 Barton	{2}24.69	(-2.2)	3/14
8	90	Heaven ROBERTS	SO	#1 Mount Olive	{3}24.82w	(2.7)	3/22
9		Katie-Marie SHERLOCK	SO	#5 UNC Pembroke	25.23w	(3.6)	3/29
10		Jermyra BETHEL	SO	#2 Converse	{2}25.29w	(2.2)	3/29

Women's 400 Meters

1	42	Katie-Marie SHERLOCK	SO	#5 UNC Pembroke	56.40		3/29
2	61	Channie JEFFERSON	JR	#1 Mount Olive	56.79		3/8
3	82	Jermyra BETHEL	SO	#2 Converse	57.33		3/29
4		Kilaya LUCIEN	SO	#7 Shorter	58.75		3/22
5		Triniti MULBROW-GREEN	FR	#2 Converse	{2}59.59		3/29
6		Heaven ROBERTS	SO	#1 Mount Olive	{2}1:00.40		3/29
7		Morgan HALL	SO	#12 Emmanuel (Ga.)	1:01.29		3/22
8		Trenee GRIMES	SR	#7 Shorter	{2}1:01.57		3/22
9		Colette DISMUKES	SO	#11 Erskine	1:01.58		3/22
10		Joella SMITH	FR	#1 Mount Olive	{3}1:01.66		3/29

Women's 400 Meter Hurdles

1	17	Isabelle FLORES	SR	#4 Belmont Abbey	1:01.25		3/29
2	70	Keianna MIMS	SO	#1 Mount Olive	1:05.16		3/29
3	76	Amiliana SIMMONS	FR	#1 Mount Olive	{2}1:05.30		3/29
4		Antaja WHITEHEAD	SR	#11 Erskine	1:10.05		3/29
5		TraVon LAY	SR	#6 Southern Wesley	1:10.10		3/22
6		Brianna DAVIS	SO	#1 Mount Olive	{3}1:11.00		3/22
7		Katlyn ROSE	SR	#3 North Greenville	1:11.01		3/22
8		Sophie SEDESKA	SR	#11 Erskine	{2}1:11.50		3/22
9		Olivia WHITE	SR	#4 Belmont Abbey	{2}1:13.66		3/14
10		Caitlin KEGHLIAN	JR	#4 Belmont Abbey	{3}1:14.35		3/29

Women's 800 Meters

1		Mia ZUNIGA	SR	#4 Belmont Abbey	2:20.82		3/29
2		Linn LINDEVIK	FR	#1 Mount Olive	2:21.09		3/22
3		Ruth SPIJKER	JR	#2 Converse	2:22.07		3/22
4		Ermay VAZQUEZ	SO	#13 King	2:24.41c	(2:24.84A)	3/22
5		Brynley WALRAVEN	FR	#14 Young Harris	2:25.10		3/15
6		Hannah HILL	SR	#3 North Greenville	2:25.41		3/22
7		Gracie WOODS	SO	#12 Emmanuel (Ga.)	2:27.09		3/29
8		Julia VAN DINE	SO	#3 North Greenville	{2}2:27.18		3/22
9		Riley NICHOLSON	JR	#3 North Greenville	{3}2:28.77		3/22
10		Chloe MUMAW	JR	#11 Erskine	2:28.82		3/29

Women's 1500 Meters

1		Ruth SPIJKER	JR	#2 Converse	4:47.63		3/14
2		Mia ZUNIGA	SR	#4 Belmont Abbey	4:48.24		3/29
3		Ellie TIMMONS	FR	#3 North Greenville	4:50.53		3/8
4		Megan KNAPP	FR	#8 Lees-McRae	4:51.70c	(4:55.30A)	3/22
5		Cecily ANDERTON	SO	#3 North Greenville	{2}4:51.78		3/8
6		Lauren BEATTY	JR	#2 Converse	{2}4:52.32		3/14
7		Moureen KIMAIYO	SO	#5 UNC Pembroke	4:54.85		3/29
8		Ashley SOSA	SR	#2 Converse	{3}4:57.53		3/14
9		Morgan WHITLEY	SR	#13 King	4:58.35c	(5:02.03A)	3/22
10		Ermay VAZQUEZ	SO	#13 King	{2}4:59.89c	(5:03.59A)	3/22

Women's Steeplechase

1	53	Riley SHOPE	SO	#3 North Greenville	11:40.56		3/8
2		Zoie JUSTICE	JR	#3 North Greenville	{2}12:51.78		3/22
3		Emma BRIGHT	SR	#3 North Greenville	{3}13:30.83		3/22
4		Francesca DINAPOLI	SR	#4 Belmont Abbey	13:37.98		3/29
5		Miranda WILKERSON	FR	#4 Belmont Abbey	{2}13:52.18		3/29

Women's 5000 Meters

1		Cecily ANDERTON	SO	#3 North Greenville	18:01.42		3/22
2		Riley SHOPE	SO	#3 North Greenville	{2}18:24.39		3/22
3		Ellie TIMMONS	FR	#3 North Greenville	{3}18:24.53		3/22
4		Merritt SMITH	JR	#6 Southern Wesley	18:31.51		3/8
5		Lucia CENTENO	SO	#7 Shorter	18:41.28		3/22
6		Elizabeth YOUNG	FR	#4 Belmont Abbey	18:41.85c	(18:57.71A)	3/22
7		Campbell DILLE	JR	#8 Lees-McRae	18:55.36		3/28
8		Ermay VAZQUEZ	SO	#13 King	19:05.72		3/28
9		Rebekah HADDAD	JR	#3 North Greenville	{4}19:18.37		3/22
10		Christiana GIDNEY	JR	#3 North Greenville	{5}19:26.58		3/22



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Women's 10,000 Meters

1	72	Moureen KIMAIYO	SO	#5 UNC Pembroke	39:15.97	3/8
2		Michela GRITTI	SO	#5 UNC Pembroke {2}	41:24.19	3/8
3		Cecily ANDERTON	SO	#3 North Greenville	41:26.66	3/8
3		Riley SHOPE	SO	#3 North Greenville	41:26.66	3/8
5		Rebekah HADDAD	JR	#3 North Greenville{3}	41:26.67	3/8
6		Ellie TIMMONS	FR	#3 North Greenville{4}	41:26.70	3/8
7		Paris ALSUP	JR	#3 North Greenville{5}	41:26.89	3/8
8		Christiana GIDNEY	JR	#3 North Greenville{6}	41:38.66	3/8
9		Julia HARGROVE	FR	#14 Young Harris	42:16.45	3/15
10		Emma ANDERSON	FR	#14 Young Harris {2}	43:44.85	3/15

Women's 4x100 Relay

1	16	LaSira Nicholson, Futoria Harris, Heavan Roberts, Haniyyah Johnson		#1 Mount Olive	46.21	3/22
2	28	Kamille Cunningham, Triniti Muldrow- Green, Jermiya Bethel, Eseose Okoduwa		#2 Converse	46.84	3/29
3	36	Savannah Welch, Trinity Gegory, Madison Rose, Tracey Yelegoiyee		#7 Shorter	47.18	3/9
4	61	#Type!		#10 Barton	48.15	3/8
5	65	Destiny James, Hannah Hill, Shachiah Paul, Bre'Asia Robinson		#3 North Greenville	48.20	3/22
6	70	Jasmine Banks, Isabelle Flores, Ella Feehan, Alexandra Thomas		#4 Belmont Abbey	48.43	3/14
7	80	Kyla Johnson, Makayla Wilson, Cianna Laginestra, TraVon Lay		#6 Southern Wesley	48.72	3/29
8	97	Valasha Carter, Morgan Hall, Rayven Thurston, Alexis Wilcher		#12 Emmanuel (Ga.)	49.59	3/29
9		Sandryne Camire, Landri Martinka, Keagan Osika, Symone Taylor		#8 Lees-McRae	49.96	3/28
10		Meri Johnson, Meya McKinney, Shenique Muldrow, Aukeyonna Sims		#9 Francis Marion	52.51	3/22

Women's 4x400 Relay

1	1	Kyla	SR	#6 Southern Wesley	1:08.72	3/22
2	80	#Type!		#7 Shorter	4:06.95	3/9
3	85	Katie-Marie Sherlock, Ashlyn Turner, Mckylee Mosby, Taniyah Glaspie		#5 UNC Pembroke	4:07.99	3/22
4		Sandryne Camire, Ellie Cobb, Keagan Osika, Landri Martinka		#8 Lees-McRae	4:20.98	3/28
5		Mckenna Phillips, Shamya Hudson, Colette Dismukes, Antaja Whitehead		#11 Erskine	4:23.69	3/8
6		Cecily Anderton, Riley Shope, Kaylee Copeland, Michaela Lanier		#3 North Greenville	4:31.98	3/8
7		Harper Hubbard, Brynley Walraven, Piper Marsingill, Ashley Mendoza		#14 Young Harris	4:33.39	3/29
8		#Type!		#9 Francis Marion	4:35.76	3/8
9		Bailee Stanley, Rayven Thurston, Gracie Woods, Morgan Hall		#12 Emmanuel (Ga.)	4:50.58	3/9

Women's High Jump

1	63	Aukeyonna SIMS	FR	#9 Francis Marion	1.60m	5-3	3/8
1	63	Shamya HUDSON	FR	#11 Erskine	1.60m	5-3	3/22
1	63	Janara BRYANT	FR	#1 Mount Olive	1.60m	5-3	3/29
4		Kamille CUNNINGHAM	SO	#2 Converse	1.56m	5-1¼	3/22
5		Keagan OSIKA	JR	#8 Lees-McRae	1.55m	5-1	3/28
5		Fina MOCHI	SO	#4 Belmont Abbey	1.55m	5-1	3/14
7		Hannah HILL	SR	#3 North Greenville	1.54m	5-½	3/8
8		Janyia PINCKNEY	SR	#2 Converse {2}	1.51m	4-11½	3/22
9		Lanessa BRYSON	SO	#5 UNC Pembroke	1.50m	4-11	3/29
9		Iyana COATS	FR	#10 Barton	1.50m	4-11	3/8
9		Ann THIERFELDER	JR	#4 Belmont Abbey {2}	1.50m	4-11	3/29
9		Katelynn ROBERTS	FR	#9 Francis Marion {2}	1.50m	4-11	3/8
9		Haley KELLS	SR	#4 Belmont Abbey {2}	1.50m	4-11	3/29
9		D'asia THOMAS	JR	#2 Converse {3}	1.50m	4-11	3/22

Women's Pole Vault

1	74	Rileigh LACY	JR	#9 Francis Marion	3.45m	11-3¾	3/22
2		Carina FIORUCCI	SO	#5 UNC Pembroke	3.30m	10-9¾	3/22
3		Allison IRICK	FR	#2 Converse	3.08m	10-1¼	3/14
4		Ava LABRANT	SR	#6 Southern Wesley	3.05m	10-0	3/22
5		Fina MOCHI	SO	#4 Belmont Abbey	2.93m	9-7¼	3/14
6		Jocelyn WALKER	JR	#8 Lees-McRae	2.90m	9-6¼	3/28
7		Jenna ROLEN	SR	#7 Shorter	2.85m	9-4¼	3/22
8		Tori THOMPSON	JR	#4 Belmont Abbey {2}	2.80m	9-2¼	3/29
9		Tracey YELEGIOYEE	FR	#7 Shorter {2}	2.68m	8-9½	3/9
10		Elizabeth BUTLER	FR	#13 King	2.45m	8-½	3/28



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Women's Long Jump

1	26	Haniyyah JOHNSON	JR	#1 Mount Olive	5.69m	18-8 (1.0)	3/29
2	39	Aukeyonna SIMS	FR	#9 Francis Marion	5.63m	18-5¾ (0.9)	3/8
2	39	Channie JEFFERSON	JR	#1 Mount Olive	{2}5.63mw	18-5¾ (2.2)	3/29
4	49	Janara BRYANT	FR	#1 Mount Olive	{3}5.60mw	18-4½ (2.7)	3/29
4	49	Hannah HILL	SR	#3 North Greenville	5.60mw	18-4½ (2.5)	3/22
4	49	Aniya HECKSTALL	JR	#10 Barton	5.60m	18-4½ (-0.4)	3/22
7		Madison ROSE	SR	#7 Shorter	5.40m	17-8¾ (0.5)	3/22
8		Jamesha HOWELL	SR	#1 Mount Olive	{4}5.38m	17-8 (0.0)	3/8
9		Valasha CARTER	SO	#12 Emmanuel (Ga.)	5.35m	17-6¾ (0.5)	3/22
10		Essence SLATE	SO	#1 Mount Olive	{5}5.31m	17-5¾ (0.4)	3/29

Women's Triple Jump

1	5	Janara BRYANT	FR	#1 Mount Olive	12.28m	40-3½ (0.0)	3/29
2	11	Karla HORMAZABAL	SR	#1 Mount Olive	{2}11.93mw	39-1¾ (2.6)	3/29
3	48	Keza GREEN	JR	#1 Mount Olive	{3}11.36m	37-3¾ (1.6)	3/29
4	51	Mackenzie WHITESIDE	SR	#2 Converse	11.33m	37-2¼ (0.7)	3/22
5	52	Lora DILLON	JR	#8 Lees-McRae	11.30mw	A7-1 (3.0)	3/22
6	89	Nashari EDWARDS	FR	#7 Shorter	10.89m	35-8¾ (0.0)	3/22
7		Valasha CARTER	SO	#12 Emmanuel (Ga.)	10.73m	35-2½ (-0.2)	3/22
7		Janyia PINCKNEY	SR	#2 Converse	{2}10.73m	35-2½ (-0.6)	3/14
9		Shenique MULDROW	FR	#9 Francis Marion	9.95m	32-7¾ (1.3)	3/8
10		Meya MCKINNEY	FR	#9 Francis Marion	{2}9.81m	32-2¼ (1.1)	3/8

Women's Shot Put

1	73	Jasmine COLWELL	FR	#1 Mount Olive	12.62m	41-5	3/8
2		Alla HUTCHINS	FR	#2 Converse	12.23m	40-1½	3/14
3		Ashley LINDSEY	JR	#1 Mount Olive	{2}12.02m	39-5¼	3/22
4		Comfort AGWU	SO	#5 UNC Pembroke	11.34m	37-2½	3/8
5		Kaitlin KENAN	SR	#1 Mount Olive	{3}11.24m	36-10½	3/29
6		Jazmine MCDONALD-CRAFT	FR	#9 Francis Marion	11.22m	36-9¾	3/8
6		Morgan GRAY	SO	#8 Lees-McRae	11.22m	36-9¾	3/28
8		Yanelli DAWKINS	JR	#5 UNC Pembroke	{2}11.12m	36-5¾	3/29
9		Anna EVATT	FR	#2 Converse	{2}11.06m	36-3½	3/29
10		Cynthia THOMAS	JR	#1 Mount Olive	{4}10.86m	35-7¾	3/29

Women's Discus

1		Anna EVATT	FR	#2 Converse	39.75m	130-5	3/22
2		Comfort AGWU	SO	#5 UNC Pembroke	38.23m	125-5	3/22
3		Kenisha BARNES	JR	#1 Mount Olive	37.92m	124-5	3/29
4		Elizabeth WOODRUFF	JR	#4 Belmont Abbey	37.23m	122-2	3/29
5		Yanelli DAWKINS	JR	#5 UNC Pembroke	{2}36.88m	121-0	3/29
6		Jazmine MCDONALD-CRAFT	FR	#9 Francis Marion	36.82m	120-10	3/8
7		Jasmine COLWELL	FR	#1 Mount Olive	{2}36.71m	120-5	3/22
8		Isabelle GRENA	FR	#1 Mount Olive	{3}36.14m	118-7	3/8
9		Bella MARTIN	JR	#2 Converse	{2}35.69m	117-1	3/14
10		Layla-grey BENNETT	SO	#6 Southern Wesley	35.05m	115-0	3/22

Women's Hammer

1	14	Elin RYDQVIST	SO	#1 Mount Olive	55.07m	180-8	3/22
2	50	Kenisha BARNES	JR	#1 Mount Olive	{2}49.92m	163-10	3/8
3	58	Bella MARTIN	JR	#2 Converse	49.10m	161-1	3/14
4	65	Rolanda DESIR-MOREAU	SR	#1 Mount Olive	{3}48.65m	159-8	3/22
5		Comfort AGWU	SO	#5 UNC Pembroke	45.77m	150-2	3/8
6		Isabelle GRENA	FR	#1 Mount Olive	{4}44.39m	145-8	3/8
7		Peyton BUCHER	FR	#1 Mount Olive	{5}44.21m	145-1	3/8
8		Morgan GRAY	SO	#8 Lees-McRae	42.03m	137-11	3/28
9		Lauryn PITT	SR	#10 Barton	41.33m	135-7	3/14
10		Cynthia THOMAS	JR	#1 Mount Olive	{6}41.22m	135-3	3/8

Women's Javelin

1	48	Hannah HILL	SR	#3 North Greenville	39.68m	130-2	3/22
2	79	Lauren BAKER	FR	#3 North Greenville	{2}37.39m	122-8	3/22
3		Alla HUTCHINS	FR	#2 Converse	34.43m	113-0	3/14
4		Layla-grey BENNETT	SO	#6 Southern Wesley	33.25m	109-1	3/8
5		Alexandria LUTHER	SO	#6 Southern Wesley	{2}32.70m	107-4	3/29
6		MacKenna GALLON	SO	#1 Mount Olive	31.87m	104-7	3/22
7		Haley KELLS	SR	#4 Belmont Abbey	28.78m	94-5¼	3/22
8		Miranda ANDERSON	SO	#4 Belmont Abbey	{2}28.77m	94-4¾	3/29
9		Makayla VANDUSEN	SO	#5 UNC Pembroke	28.64m	93-11¾	3/8
10		Alexandra OXAAL	JR	#4 Belmont Abbey	{3}28.06m	92-¾	3/29

Women's Heptathlon

1	6	Hannah HILL	SR	#3 North Greenville	4,973		3/22
2	34	Kamille CUNNINGHAM	SO	#2 Converse	3,900		3/22
3	45	Tylyia TRIGGS	SR	#1 Mount Olive	3,702		3/22
4	47	Keagan OSIKA	JR	#8 Lees-McRae	3,639		3/22
5	48	Haley KELLS	SR	#4 Belmont Abbey	3,638		3/22
6	56	Olivia WHITE	SR	#4 Belmont Abbey	{2}3,441		3/22
7	70	D'asia THOMAS	JR	#2 Converse	{2}3,087		3/22



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Women's 100 Meters

1	Sophia HINES	FR	#4 Molloy	12.22	(2.0)	3/29
2	Inioluwa OGUNFOWORA	SR	#3 Staten Island	12.74	(2.0)	3/29
3	Precious DILLON	JR	#3 Staten Island {2}	12.78	(0.7)	3/29
4	Aalianne GILBERT	SO	#1 St. Thomas Aquini	12.83w	(2.7)	3/29
5	Alexandria MARTOSCIA	FR	#4 Molloy {2}	12.94	(2.0)	3/29
6	Julianna ROAN	FR	#4 Molloy {3}	13.00	(0.3)	3/29
7	Aaliyah MCCOY	FR	#6 Roberts Wesleya	13.08	(-2.7)	3/19
8	Rebecca SCHULTZ	JR	#5 Daemen	13.20	(0.9)	3/29
9	Alanna DANIEL	FR	#6 Roberts Wesleya {2}	13.28	(-2.7)	3/19
10	Gabrielle TRIPI	FR	#7 D'Youville	13.62	(0.4)	3/29

Women's 100 Meter Hurdles

1	93 Kyndra HINES	FR	#2 UDC	15.02w	(2.2)	3/22
2	Jadyn MULLEN	FR	#6 Roberts Wesleya	15.56	(-4.2)	3/19
3	Kayleigh SHELTON	JR	#2 UDC {2}	15.59	(-2.8)	3/29
4	Rebecca SCHULTZ	JR	#5 Daemen	16.22	(0.0)	3/29
5	Nicole GYSIN	SR	#1 St. Thomas Aquini	16.53	(0.7)	3/29
6	Skylar SAVAGE	SO	#7 D'Youville	16.58	(0.0)	3/29
7	Julianna ROAN	FR	#4 Molloy	16.77	(-0.3)	3/29
8	Tayden PERSONS	FR	#7 D'Youville {2}	17.85	(0.0)	3/29
9	Abbie HERMAN	SO	#5 Daemen {2}	19.00	(0.0)	3/29

Women's 200 Meters

1	Kyndra HINES	FR	#2 UDC	26.56	(-2.0)	3/29
1	Sophia HINES	FR	#4 Molloy	26.56	(-0.2)	3/23
3	Yulessa JOHNSON	FR	#1 St. Thomas Aquini	26.58	(-0.1)	3/15
4	Adonijah WASHINGTON	FR	#3 Staten Island	27.10	(-0.2)	3/23
4	Alexandria MARTOSCIA	FR	#4 Molloy {2}	27.10	(1.8)	3/29
6	Precious DILLON	JR	#3 Staten Island {2}	27.45	(-0.5)	3/23
7	Aalianne GILBERT	SO	#1 St. Thomas Aquini {2}	27.54	(0.8)	3/29
8	Aaliyah MCCOY	FR	#6 Roberts Wesleya	27.69	(-2.0)	3/19
9	Inioluwa OGUNFOWORA	SR	#3 Staten Island {3}	27.70	(-0.5)	3/23
10	Mariela HERNANDEZ	SO	#2 UDC {2}	27.72	(0.1)	3/29

Women's 400 Meters

1	Yulessa JOHNSON	FR	#1 St. Thomas Aquini	1:02.54		3/15
2	Madison MACNEILL	SO	#7 D'Youville	1:03.12		3/29
3	Alexandrea JACKSON	FR	#3 Staten Island	1:03.50		3/29
4	Isabella FARINO-ESPOSITO	SR	#1 St. Thomas Aquini {2}	1:03.61		3/15
5	Veronica VALENTIK	SO	#1 St. Thomas Aquini {3}	1:04.55		3/29
6	Julianna ROAN	FR	#4 Molloy	1:04.96		3/23
7	Alexandria MARTOSCIA	FR	#4 Molloy {2}	1:04.97		3/15
8	Adonijah WASHINGTON	FR	#3 Staten Island {2}	1:05.30		3/23
9	Elizabeth NICOTRA	SO	#3 Staten Island {3}	1:05.58		3/29
10	Alexis DOYLE	FR	#3 Staten Island {4}	1:05.84		3/29

Women's 400 Meter Hurdles

1	Samantha MORRISON	JR	#2 UDC	1:09.54		3/22
2	Adonijah WASHINGTON	FR	#3 Staten Island	1:10.46		3/29
3	Yalix LINA	FR	#2 UDC {2}	1:10.86		3/22
4	Tayden PERSONS	FR	#7 D'Youville	1:11.47		3/29
5	Alexandrea JACKSON	FR	#3 Staten Island {2}	1:15.54		3/29

Women's 800 Meters

1	Samantha MORRISON	JR	#2 UDC	2:20.28		3/29
2	Jadyn MULLEN	FR	#6 Roberts Wesleya	2:20.96		3/19
3	Zoe MERRYMAN	SO	#1 St. Thomas Aquini	2:22.73		3/15
4	Megan SOHL	SR	#4 Molloy	2:24.04		3/29
5	Acacia BARBER	SR	#6 Roberts Wesleya {2}	2:25.78		3/19
6	Ayesha JARRETT	SR	#2 UDC {2}	2:30.73		3/29
7	Lydia SMITH	SR	#7 D'Youville	2:31.89		3/29
8	Yalix LINA	FR	#2 UDC {3}	2:32.10		3/29
9	Angelina GUERRIERO	JR	#3 Staten Island	2:33.80		3/29
10	Madeline STRAUB	SO	#5 Daemen	2:35.74		3/19

Women's 1500 Meters

1	Zoe MERRYMAN	SO	#1 St. Thomas Aquini	4:52.74		3/29
2	Rachel HORNER-RICHARDSON	JR	#6 Roberts Wesleya	5:00.49		3/19
3	Lydia SMITH	SR	#7 D'Youville	5:01.02		3/29
4	Ciara DURCAN	SR	#1 St. Thomas Aquini {2}	5:04.12		3/29
5	Camryn BAILEY	SR	#5 Daemen	5:05.51		3/29
6	Megan SOHL	SR	#4 Molloy	5:06.63		3/23
7	Kathleen HEALY	JR	#4 Molloy {2}	5:07.49		3/23
8	Patsy OBERHOLZER	JR	#5 Daemen {2}	5:14.47		3/29
9	Sienna UEBELHOER	FR	#7 D'Youville {2}	5:15.31		3/29
10	Carli SCHEIFFELE	FR	#4 Molloy {3}	5:16.17		3/23

Women's Steeplechase

1	66 Carli SCHEIFFELE	FR	#4 Molloy	11:49.30		3/29
2	Kathleen HEALY	JR	#4 Molloy {2}	12:25.59		3/29
3	Samantha FRISBEE	SR	#1 St. Thomas Aquini	13:11.42		3/29

Women's 5000 Meters

1	Sabrina SPEZIA	JR	#4 Molloy	18:29.35		3/29
2	Zoe MERRYMAN	SO	#1 St. Thomas Aquini	18:54.64		3/15
3	Elizabeth NICOTRA	SO	#3 Staten Island	22:13.08		3/23

Women's 10,000 Meters

1	Ciara DURCAN	SR	#1 St. Thomas Aquini	41:26.26		3/15
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Women's 4x100 Relay

1	Mariela Hernandez, Kayleigh Shelton, Janel Baxter, Kyndra Hines	#2 UDC	50.10	3/22
2	Julianna Roan, Sophia Hines, Alexandria Martoscia, Kamryn Drakes	#4 Molloy	50.75	3/23
3	#Type!	#1 St. Thomas Aquin	51.35	3/29
4	Alexis Doyle, Precious Dillon, Alexandra Tavarez, Inioluwa Ogunfowora	#3 Staten Island	51.62	3/29

Women's 4x400 Relay

1	65 #Type!	#2 UDC	4:02.36	3/29
2	Isabella Farino-Espósito, Emma Neil, Veronica Valentik, Yulessa Johnson	#1 St. Thomas Aquin	4:20.13	3/15
3	Carli Scheiffele, Megan Sohl, Kathleen Healy, Julietta Vega	#4 Molloy	4:36.52	3/23
4	Barbara Kunz, Madison Macneill, Sienna Uebelhoer, Felicity Cooper	#7 D'Youville	4:37.51	3/29
5	Aaliyah McCoy, Jadyn Mullen, Alanna Daniel, Sarah Ouelette	#6 Roberts Wesleya	4:42.73	3/19

Women's High Jump

1	63 Zoe SHAW	JR	#2 UDC	1.60m	5-3	3/29
2	Madison MACNEILL	SO	#7 D'Youville	1.56m	5-1¼	3/29
3	MaryGrace COLL	SO	#4 Molloy	1.55m	5-1	3/29
4	Nicole GYSIN	SR	#1 St. Thomas Aquin	1.48m	4-10¼	3/29
5	Alana RIDER	SO	#1 St. Thomas Aquin	1.43m	4-8¼	3/29
6	Adonijah WASHINGTON	FR	#3 Staten Island	1.37m	4-6	3/23
7	Angelina NATALE	JR	#5 Daemen	1.36m	4-5½	3/29
8	D'Naesha QUICKSEY	SO	#5 Daemen	1.21m	3-11½	3/29

Women's Pole Vault

1	1 Brynn KING	SR	#6 Roberts Wesleya	4.75m	15-7	3/29
2	5 Sarah FERGUSON	SO	#6 Roberts Wesleya	4.12m	13-6¼	3/19
3	16 Karis KRAF	FR	#6 Roberts Wesleya	3.82m	12-6¼	3/19
3	16 Alexandra ROBERTSON	FR	#6 Roberts Wesleya	3.82m	12-6¼	3/19
5	53 Sarah OUELETTE	FR	#6 Roberts Wesleya	3.52m	11-6½	3/19
6	89 Cora SEABURG	SO	#6 Roberts Wesleya	3.37m	11-¾	3/19
7	Molly WINGER	FR	#6 Roberts Wesleya	3.22m	10-6¾	3/19
8	Felicity COOPER	FR	#7 D'Youville	2.09m	6-10¼	3/29

Women's Long Jump

1	Zoe SHAW	JR	#2 UDC	5.18m	17-0 (-2.4)	3/22
2	Skylar SAVAGE	SO	#7 D'Youville	4.93m	16-2¼ (0.0)	3/29
3	Alana RIDER	SO	#1 St. Thomas Aquin	4.84m	15-10½ (-3)	3/29
4	Sophia HINES	FR	#4 Molloy	4.76m	15-7½ (0.1)	3/29
5	Rebecca SCHULTZ	JR	#5 Daemen	4.72m	15-6 (0.4)	3/29
6	Alyssa AMIRATO	SR	#5 Daemen	4.68m	15-4¼ (0.0)	3/29
7	Nicole GYSIN	SR	#1 St. Thomas Aquin	4.45m	14-7¼ (-2.9)	3/29
8	D'Naesha QUICKSEY	SO	#5 Daemen	4.32m	14-2¼ (1.0)	3/19
9	Angelina NATALE	JR	#5 Daemen	4.02m	13-2¼ (-0.8)	3/29
10	Morgan HALL	SO	#5 Daemen	3.70m	12-1¾ (2.3)	3/19

Women's Triple Jump

1	34 Adonijah WASHINGTON	FR	#3 Staten Island	11.49m	37-8½ (0.0)	3/29
2	47 Sophia HINES	FR	#4 Molloy	11.38m	37-4 (1.5)	3/29
3	Nicole GYSIN	SR	#1 St. Thomas Aquin	10.57m	34-8¼ (-2.4)	3/29
4	Skylar SAVAGE	SO	#7 D'Youville	10.40m	34-1½ (-2.2)	3/29
5	MaryGrace COLL	SO	#4 Molloy	10.39m	34-1¼ (1.6)	3/29
6	Alana RIDER	SO	#1 St. Thomas Aquin	10.12m	33-2½ (-1.0)	3/29
7	Kensley BENJAMIN	SR	#2 UDC	10.07m	33-½ (3.8)	3/22
8	Alexis DOYLE	FR	#3 Staten Island	9.93m	32-7 (3.2)	3/29
9	Rebecca SCHULTZ	JR	#5 Daemen	9.65m	31-8 (0.9)	3/29
10	D'Naesha QUICKSEY	SO	#5 Daemen	9.16m	30-¾ (0.6)	3/29

Women's Shot Put

1	Kristen OLIVER	SO	#5 Daemen	10.92m	35-10	3/19
2	Skylar POINTER	SR	#3 Staten Island	10.85m	35-7¼	3/29
3	Emmanuela KOUAMI-KATOU	JR	#2 UDC	10.34m	33-11¼	3/29
4	Julia PETRY	SO	#5 Daemen	10.16m	33-4	3/19
5	Kaylea WAGNER	FR	#6 Roberts Wesleya	9.69m	31-9½	3/19
6	Alexis KRAUSE	SR	#1 St. Thomas Aquin	9.54m	31-3¾	3/29
7	Dayna JIMENEZ	FR	#1 St. Thomas Aquin	9.14m	30-0	3/29
8	D'Naesha QUICKSEY	SO	#5 Daemen	9.12m	29-11¼	3/19
9	Samantha KABEL	JR	#5 Daemen	8.89m	29-2	3/29
10	Tayden PERSONS	FR	#7 D'Youville	8.32m	27-3¾	3/29

Women's Discus

1	Emmanuela KOUAMI-KATOU	JR	#2 UDC	36.89m	121-1	3/22
2	Ava THOMPSON	SR	#3 Staten Island	34.04m	111-8	3/29
3	Samantha KABEL	JR	#5 Daemen	32.37m	106-3	3/19
4	Alexis KRAUSE	SR	#1 St. Thomas Aquin	30.25m	99-3	3/15
5	Moriah MILLS	SR	#6 Roberts Wesleya	29.84m	97-10¾	3/30
6	Alana RIDER	SO	#1 St. Thomas Aquin	29.40m	96-5½	3/15
7	Dayna JIMENEZ	FR	#1 St. Thomas Aquin	28.90m	94-9¾	3/15
8	Kaylea WAGNER	FR	#6 Roberts Wesleya	28.42m	93-3	3/19
9	D'Naesha QUICKSEY	SO	#5 Daemen	26.40m	86-7½	3/29
10	Ryana GOLDSON	JR	#2 UDC	25.62m	84-¾	3/22



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Women's Hammer

1	Emmanuela KOUAMI-KATOU	JR	#2 UDC	46.60m	152-11	3/22
2	Alexis KRAUSE	SR	#1 St. Thomas Aquin	37.86m	124-3	3/29
3	Ava THOMPSON	SR	#3 Staten Island	35.95m	118-0	3/23
4	Samantha KABEL	JR	#5 Daemen	35.49m	116-5	3/29
5	Julia PETRY	SO	#5 Daemen {2}	34.47m	113-1	3/29
6	Skylar POINTER	SR	#3 Staten Island {2}	34.22m	112-3	3/29
7	Grace COVEY	SO	#5 Daemen {3}	33.84m	111-0	3/29
8	Sophia VANE	SO	#7 D'Youville	23.32m	76-6¼	3/29
9	Kelly LUCAS	JR	#7 D'Youville {2}	22.93m	75-2¾	3/29
10	Dayna JIMENEZ	FR	#1 St. Thomas Aquin {2}	20.43m	67-½	3/29

Women's Javelin

1	Kristen KENNEDY	SO	#1 St. Thomas Aquin	29.91m	98-1¾	3/15
2	Angelina GUERRIERO	JR	#3 Staten Island	29.88m	98-½	3/29
3	Kelly LUCAS	JR	#7 D'Youville	28.90m	94-9¾	3/29
4	Isabella FARINO-ESPOSITO	SR	#1 St. Thomas Aquin {2}	28.24m	92-8	3/15
5	Lydia SMITH	SR	#7 D'Youville {2}	26.79m	87-10¾	3/29
6	Ryana GOLDSON	JR	#2 UDC	26.18m	85-10¾	3/29
7	Barbara KUNZ	SO	#7 D'Youville {3}	26.09m	85-7¼	3/29
8	Veronica VALENTIK	SO	#1 St. Thomas Aquin {3}	25.94m	85-1¼	3/15
9	Cristina RUBIO	SO	#6 Roberts Wesleya	24.21m	79-5¼	3/19
10	Brianne REPOLIO	SO	#5 Daemen	22.67m	74-4½	3/29



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GAC

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Women's 100 Meters

1	75	Jerlana WILLIAMS	FR	#2 Harding	12.07w	(2.1)	3/1
2	100	Leila NGAPOUT	SO	#2 Harding	{2}12.17	(1.3)	3/8
3		Anna WOOLSEY	SO	#1 Ouachita Baptist	12.21	(1.4)	3/29
4		Jordan COLLINS	JR	#5 Southern Arkans	12.36	(1.7)	3/20
5		Angie ROJAS	FR	#1 Ouachita Baptist	{2}12.39w	(2.7)	3/20
6		Kewes GOMES	FR	#2 Harding	{3}12.41w	(2.7)	3/20
7		Harmonie HUGHES	FR	#6 Northwestern Ol	12.43	(0.6)	3/22
7		Deuna MILLER	SR	#7 Southwestern Ol	12.43w	(2.1)	3/1
9		Brianna BRANTLEY	SR	#6 Northwestern Ol	{2}12.51w	(4.0)	3/29
10		Jaiden LEIGHTON	JR	#4 Southeastern Ok	12.53	(0.8)	3/22
10		Ashton CARTER	SO	#4 Southeastern Ok	12.53w	(4.0)	3/29

Women's 100 Meter Hurdles

1	19	Valerie OLSON	SR	#3 Oklahoma Bapti	14.21	(-0.4)	3/29
2	28	Belle LINDSEY	SO	#1 Ouachita Baptist	14.39	(1.1)	3/29
3		Kewes GOMES	FR	#2 Harding	15.13	(1.4)	3/22
4		Addrienna GRAY	SO	#1 Ouachita Baptist	{2}15.15w	(2.2)	3/20
5		Addison SKELTON	SO	#1 Ouachita Baptist	{3}15.34w	(2.2)	3/20
6		Kiera BARTLETT	FR	#2 Harding	{2}15.50w	(2.2)	3/20
7		Keyana BREWER	FR	#4 Southeastern Ok	15.56	(0.5)	3/22
8		Laynie WHITE	SR	#1 Ouachita Baptist	{4}15.61	(1.6)	3/20
9		Bella MAXON	FR	#1 Ouachita Baptist	{5}15.67w	(2.2)	3/20
10		Carly TUCKER	FR	#2 Harding	{3}15.90	(0.5)	3/29

Women's 200 Meters

1	24	Valerie OLSON	SR	#3 Oklahoma Bapti	24.19	(1.4)	3/29
2	71	Tetiana KHARASHCHUK	FR	#2 Harding	24.73	(1.0)	3/8
2	71	Madison ROWE	JR	#4 Southeastern Ok	24.73w	(3.5)	3/22
4		Anna WOOLSEY	SO	#1 Ouachita Baptist	25.02	(1.0)	3/8
5		Jerlana WILLIAMS	FR	#2 Harding	{2}25.23	(1.2)	3/22
6		Leila NGAPOUT	SO	#2 Harding	{3}25.24	(1.0)	3/8
7		Andria WILLIAMS	FR	#4 Southeastern Ok	{2}25.52w	(3.3)	3/22
8		Camaella ACHUO	FR	#4 Southeastern Ok	{3}25.70w	(3.3)	3/22
9		Jaiden LEIGHTON	JR	#4 Southeastern Ok	{4}25.76w	(3.5)	3/22
10		Diamond HILTON	SR	#6 Northwestern Ol	25.93	(1.8)	3/22

Women's 400 Meters

1	3	Tetiana KHARASHCHUK	FR	#2 Harding	54.20		3/22
2	46	Lisa RETAILLEAU	JR	#2 Harding	{2}56.43		3/22
3	66	Anna WOOLSEY	SO	#1 Ouachita Baptist	56.97		3/20
4	86	Madison ROWE	JR	#4 Southeastern Ok	57.41		3/29
5	100	Kimberly MCKINNEY	SR	#3 Oklahoma Bapti	57.67		3/29
6		Jayden BOWMAN	FR	#2 Harding	{3}57.72		3/8
7		Jordan COLLINS	JR	#5 Southern Arkans	57.92		3/1
8		Joey BABEL	SO	#1 Ouachita Baptist	{2}57.97		3/20
9		Leila NGAPOUT	SO	#2 Harding	{4}58.55		3/1
10		Andria WILLIAMS	FR	#4 Southeastern Ok	{2}58.57		3/22

Women's 400 Meter Hurdles

1	30	Lisa RETAILLEAU	JR	#2 Harding	1:02.91		3/29
2	49	Belle LINDSEY	SO	#1 Ouachita Baptist	1:04.16		3/29
3	59	Madison ROWE	JR	#4 Southeastern Ok	1:04.67		3/8
4	67	Mary MCKEY	SR	#3 Oklahoma Bapti	1:05.06		3/29
5	73	Zoe WEAVER	SR	#3 Oklahoma Bapti	{2}1:05.23		3/29
6	75	Savanna MEEK	FR	#3 Oklahoma Bapti	{3}1:05.25		3/29
7	78	Laynie WHITE	SR	#1 Ouachita Baptist	{2}1:05.39		3/29
8		Addrienna GRAY	SO	#1 Ouachita Baptist	{3}1:07.28		3/1
9		Breegan BARNETT	SO	#7 Southwestern Ol	1:07.35		3/23
10		Kyndall HICKS	JR	#3 Oklahoma Bapti	{4}1:09.30		3/29

Women's 800 Meters

1	40	Lisa RETAILLEAU	JR	#2 Harding	2:13.43		3/1
2	56	Kimberly MCKINNEY	SR	#3 Oklahoma Bapti	2:14.92		3/29
3	74	Shayna HENDRIX	SO	#3 Oklahoma Bapti	{2}2:16.17		3/29
4	81	Zoe WEAVER	SR	#3 Oklahoma Bapti	{3}2:16.65		3/29
5	90	Katlen CLEM	JR	#4 Southeastern Ok	2:17.23		3/29
6	94	Valerie OLSON	SR	#3 Oklahoma Bapti	{4}2:17.38		3/29
7		Jaci MCGREGOR	SR	#1 Ouachita Baptist	2:18.71		3/20
8		Kaylen KING	SR	#3 Oklahoma Bapti	{5}2:19.11		3/29
9		Addi DURAND	FR	#1 Ouachita Baptist	{2}2:19.65		3/20
10		Josie PARKS	JR	#2 Harding	{2}2:19.86		3/8

Women's 1500 Meters

1	73	Dinah WINDERS	JR	#2 Harding	4:40.58		3/22
2	83	Audrey HILL	JR	#8 Arkansas Tech	4:41.82		3/1
3	99	Kate NACHTIGAL	JR	#1 Ouachita Baptist	4:44.11		3/1
4		Jaci MCGREGOR	SR	#1 Ouachita Baptist	{2}4:44.61		3/1
5		Josie PARKS	JR	#2 Harding	{2}4:44.76		3/8
6		Mackenzie DAVIS	SR	#1 Ouachita Baptist	{3}4:45.22		3/1
7		Elise KNIGHT	JR	#1 Ouachita Baptist	{4}4:45.55		3/20
8		Izzi BREAU	SR	#1 Ouachita Baptist	{5}4:46.75		3/20
9		Macie CASH	SR	#1 Ouachita Baptist	{6}4:47.25		3/1
10		Kaylen KING	SR	#3 Oklahoma Bapti	4:47.42		3/29

Women's Steeplechase

1	6	Kate NACHTIGAL	JR	#1 Ouachita Baptist	10:48.83		3/20
2	10	Josie PARKS	JR	#2 Harding	10:52.71		3/29
3	18	Elise KNIGHT	JR	#1 Ouachita Baptist	{2}11:05.88		3/1
4	19	Macie CASH	SR	#1 Ouachita Baptist	{3}11:07.99		3/29
5	44	Avery STANLEY	JR	#8 Arkansas Tech	11:32.42		3/1
6	50	Katlen CLEM	JR	#4 Southeastern Ok	11:36.19		3/8
7	69	Logan WARREN	SR	#5 Southern Arkans	11:51.32		3/20
8	72	Molly FANTAUZZO	FR	#2 Harding	{2}11:54.50		3/8
9		Kiley KEENE	SO	#4 Southeastern Ok	{2}12:28.40		3/29
10		Kayli FITZHUGH	FR	#1 Ouachita Baptist	{4}12:31.32		3/1



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Women's 5000 Meters

1	98	Lucy HOLDEN	SO	#1 Ouachita Baptist	17:53.11	3/20
2		Libby BOOTH	JR	#8 Arkansas Tech	17:56.19	3/20
3		Allison HYLKEMA	JR	#1 Ouachita Baptist{2}	17:58.32	3/20
4		Macie CASH	SR	#1 Ouachita Baptist{3}	17:58.75	3/20
5		Marin MURRAY	FR	#1 Ouachita Baptist{4}	17:59.24	3/20
6		Dinah WINDERS	JR	#2 Harding	18:02.08	3/29
7		Naomy LIMATUKEI	SR	#10 East Central (Ok)	18:07.57	3/29
8		Anjelika ABRAHAM	JR	#4 Southeastern Ok	18:43.67	3/29
9		Emelia ERIKSSON	SO	#1 Ouachita Baptist{5}	19:13.59	3/1
10		Madison HAM	SR	#10 East Central (Ok){2}	19:19.79	3/29

Women's 10,000 Meters

1	5	Sophia STRANGE	SR	#3 Oklahoma Bapti:	34:33.68	3/28
2	23	Mackenzie DAVIS	SR	#1 Ouachita Baptist	36:38.24	3/20
3	35	Allison HYLKEMA	JR	#1 Ouachita Baptist{2}	37:17.47	3/20
4	81	Emelia ERIKSSON	SO	#1 Ouachita Baptist{3}	39:41.66	3/20
5	89	Meg SWINDLE	FR	#1 Ouachita Baptist{4}	40:00.27	3/20
6	91	Jadyn PAVLIK	SR	#3 Oklahoma Bapti{2}	40:07.71	3/28
7	92	Jade ROBINSON	SR	#3 Oklahoma Bapti{3}	40:08.43	3/28
8		Felicity WEST	SR	#8 Arkansas Tech	41:03.36	3/20
9		Julia MINTON	SO	#8 Arkansas Tech {2}	41:03.53	3/20
10		Rylee PATTERSON	JR	#1 Ouachita Baptist{5}	41:51.75	3/20

Women's 4x100 Relay

1	19	Asia Foster, Delaney Riekert, Deja Rose, Olivia Tate	#3 Oklahoma Bapti:	46.24	3/29
2	50	Harmonie Hughes, Diamond Hilton, Gabriella Hall, Darianne Thompson	#6 Northwestern Ol	47.76	3/22
3	59	Addrienna Gray, Anna Woolsey, Belle Lindsey, Angie Rojas	#1 Ouachita Baptist	48.12	3/20
4	60	Leila Ngapout, Tetiana Kharashchuk, Kewes Gomes, Jerlana Williams	#2 Harding	48.14	3/8
5	64	Je'Mela Harris, Andria Williams, Jaiden Leighton, Ashton Carter	#4 Southeastern Ok	48.19	3/8
6		Jackie Horne, Breegan Barnett, Madisan Workman, Deuna Miller	#7 Southwestern Ol	50.66	3/1

Women's 4x400 Relay

1	12	Lisa Retailleau, Tetiana Kharashchuk, Jayden Bowman, Omolara Ogunmakinju	#2 Harding	3:44.64	3/29
2	32	Delaney Riekert, Olivia Tate, Mary McKey, Asia Foster	#3 Oklahoma Bapti:	3:53.59	3/29
3	37	Anna Woolsey, Laynie White, Angie Rojas, Joey Babel	#1 Ouachita Baptist	3:55.14	3/20
4	71	Andria Williams, Tailyn Higginbotham, Madison Rowe, La'Najah Ticey	#4 Southeastern Ok	4:03.75	3/22
5	89	Anayah Green, Camille Dates, Tiauna Buchanan, Taylor Bass	#6 Northwestern Ol	4:09.45	3/22
6		Breegan Barnett, Deuna Miller, Madison Radke, Madisan Workman	#7 Southwestern Ol	4:21.22	3/23
7		Jasmine Brown, Chloe Chouber, Abbey King, Reagan Rowton	#9 Southern Nazare	4:23.43	3/13
8		Rylee Robinson, Cheyenne Olson, Logan Warren, Alexis Martin	#5 Southern Arkans	4:26.64	3/20
9		Julia Minton, Felicity West, Libby Booth, Avery Stanley	#8 Arkansas Tech	4:31.92	3/1

Women's High Jump

1	2	Jamora HORACE	JR	#3 Oklahoma Bapti:	1.77m	5-9¾	3/29
2	27	Ally CHEEK	SO	#2 Harding	1.65m	5-5	3/1
2	27	Kiera BLANKINSHIP	SR	#2 Harding	1.65m	5-5	3/22
4	50	Abriel THRASH	SO	#9 Southern Nazare	1.62m	5-3¾	3/29
5	63	Ashlynn DICKEY	FR	#5 Southern Arkans	1.60m	5-3	3/1
5	63	Mariya HAMLIN	FR	#6 Northwestern Ol	1.60m	5-3	3/29
5	63	Lexii LECRONE	FR	#10 East Central (Ok)	1.60m	5-3	3/29
8	86	Valerie OLSON	SR	#3 Oklahoma Bapti{2}	1.59m	5-2½	3/29
9		Mildred MEDINA	FR	#4 Southeastern Ok	1.56m	5-1¼	3/29
9		Belle LINDSEY	SO	#1 Ouachita Baptist	1.56m	5-1¼	3/7



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Women's Pole Vault

1	18	Cadence SANSOM	JR	#2 Harding	3.80m	12-5½	3/8
1	18	Karyna VEHNER	JR	#2 Harding	3.80m	12-5½	3/8
3	74	Remi MURRAY	FR	#9 Southern Nazare	3.45m	11-3¾	3/13
4	84	Mariia YASHCHENKO	FR	#2 Harding	{3} 3.40m	11-1¾	3/1
5		Hazel JACKSON	SR	#2 Harding	{4} 3.25m	10-8	3/1
6		Charley STALLINGS	FR	#1 Ouachita Baptist	3.15m	10-4	3/20
7		Olivia SANER	SO	#6 Northwestern Ol	2.90m	9-6¼	3/22
8		Kyla JEFFCOAT	FR	#1 Ouachita Baptist{2}	2.80m	9-2¼	3/1
9		Reagan CARROUTH	FR	#1 Ouachita Baptist{3}	2.75m	9-¼	3/8
9		Alysha COLBURN	JR	#1 Ouachita Baptist{3}	2.75m	9-¼	3/8

Women's Long Jump

1	6	Anisha HENDERSON	SR	#3 Oklahoma Bapti:	6.01mw	19-8¾ (3.6)	3/29
2	15	Carly TUCKER	FR	#2 Harding	5.83mw	19-1½ (3.9)	3/1
3	33	Deuna MILLER	SR	#7 Southwestern Ol	5.66m	18-7 (0.7)	3/29
4	56	Jackie HORNE	FR	#7 Southwestern Ol{2}	5.58mw	18-3¾ (3.6)	3/1
5	64	Diamond BRUNN	JR	#5 Southern Arkans	5.56m	18-3 (1.7)	3/20
6	99	Kadi VAUGHN	FR	#2 Harding	{2} 5.41m	17-9 (1.6)	3/1
7		Valerie OLSON	SR	#3 Oklahoma Bapti{2}	5.36m	17-7 (-1.3)	3/29
7		Rachel DUNN	SO	#1 Ouachita Baptist	5.36mw	17-7 (3.2)	3/1
9		Hannah BETTS	FR	#6 Northwestern Ol	5.28mw	17-4 (2.7)	3/22
9		Emily PATTERSON	SR	#2 Harding	{3} 5.28m	17-4 (0.3)	3/8

Women's Triple Jump

1	6	Hanna ONOFRIIEVA	SO	#2 Harding	12.26m	40-2¾ (1.1)	3/22
2	39	Karyna VEHNER	JR	#2 Harding	{2} 11.46m	37-7¼ (1.7)	3/8
3	82	Maryam DIANKA	JR	#6 Northwestern Ol	10.97mw	36-0 (2.9)	3/29
4	86	Carmin TOLLIVER	FR	#5 Southern Arkans	10.92m	35-10 (-0.5)	3/1
5	95	Rachel DUNN	SO	#1 Ouachita Baptist	10.81m	35-5¾ (1.7)	3/20
6	99	Celeste PUGA	FR	#2 Harding	{3} 10.79m	35-4¾ (0.3)	3/20
7		Olivia SIPOS	FR	#6 Northwestern Ol{2}	10.45mw	34-3¾ (4.0)	3/29
8		Mariah WHITTLE	FR	#1 Ouachita Baptist{2}	10.22m	33-6½ (1.1)	3/1
9		Mattie HANNAH	FR	#2 Harding	{4} 10.18mw	33-4¾ (3.1)	3/8
10		Samantha KUZMA	SR	#7 Southwestern Ol	9.91mw	32-6¾ (3.7)	3/1
10		LaKaya WHITTIER	JR	#5 Southern Arkans{2}	9.91m	32-6¾ (-3.2)	3/1

Women's Shot Put

1	16	Irieyanna WILSON	SR	#5 Southern Arkans	13.82m	45-4¼	3/8
2	21	Altyn BARTLEY	SO	#3 Oklahoma Bapti:	13.65m	44-9½	3/29
3	44	Kailyn THOMAS	SR	#5 Southern Arkans{2}	13.01m	42-8¾	3/1
4	54	Abriel THRASH	SO	#9 Southern Nazare	12.82m	42-¾	3/13
5	75	Valerie OLSON	SR	#3 Oklahoma Bapti{2}	12.60m	41-4¼	3/29
6	76	Marleigh WEST	SR	#7 Southwestern Ol	12.59m	41-3¾	3/29
7	88	Dalice WHITE	JR	#8 Arkansas Tech	12.45m	40-10¼	3/1
8	91	Eve BRENNAN	SR	#9 Southern Nazare{2}	12.40m	40-8¼	3/1
9		Lauren OLSON	SO	#3 Oklahoma Bapti{3}	12.29m	40-4	3/29
10		Brenlee LEONARD	SO	#1 Ouachita Baptist	12.12m	39-9¼	3/20

Women's Discus

1	10	Jade BYRD	SR	#3 Oklahoma Bapti:	48.02m	157-7	3/23
2	27	Kailyn THOMAS	SR	#5 Southern Arkans	45.39m	148-11	3/20
3	48	Rachel MILLIKAN	FR	#2 Harding	43.08m	141-4	3/22
4	88	Kylie PUGH	SO	#5 Southern Arkans{2}	41.09m	134-10	3/8
5		Jaci SHELTON	SO	#7 Southwestern Ol	40.28m	132-2	3/29
6		Irieyanna WILSON	SR	#5 Southern Arkans{3}	40.19m	131-10	3/20
7		Eve BRENNAN	SR	#9 Southern Nazare	40.00m	131-3	3/13
8		Lauren OLSON	SO	#3 Oklahoma Bapti{2}	39.83m	130-8	3/23
9		Emma BERRY	SO	#4 Southeastern Ok	38.12m	125-1	3/29
10		Kodi Belle DUBOSE	FR	#2 Harding	{2} 37.97m	124-7	3/8

Women's Hammer

1	19	Jade BYRD	SR	#3 Oklahoma Bapti:	53.56m	175-9	3/29
2	24	Kailyn THOMAS	SR	#5 Southern Arkans	52.61m	172-7	3/8
3	48	Altyn BARTLEY	SO	#3 Oklahoma Bapti{2}	50.12m	164-5	3/29
4		Eve BRENNAN	SR	#9 Southern Nazare	45.72m	150-0	3/29
5		Irieyanna WILSON	SR	#5 Southern Arkans{2}	44.98m	147-7	3/1
6		Kaylan SWINDLE	SO	#6 Northwestern Ol	41.76m	137-0	3/29
7		Kylie PUGH	SO	#5 Southern Arkans{3}	40.99m	134-6	3/8
8		Marleigh WEST	SR	#7 Southwestern Ol	40.44m	132-8	3/29
9		Kaitlyn ERVIN	FR	#4 Southeastern Ok	39.80m	130-7	3/8
10		Emma BERRY	SO	#4 Southeastern Ok{2}	38.88m	127-7	3/29

Women's Javelin

1	13	Ashley LOW	FR	#6 Northwestern Ol	46.42m	152-4	3/29
2	94	Ambree COLLINSWORTH	FR	#5 Southern Arkans	36.56m	120-0	3/1
3		Jordyn TUCKER	SR	#6 Northwestern Ol{2}	35.94m	117-11	3/22
4		Zoe WEAVER	SR	#3 Oklahoma Bapti:	35.53m	116-7	3/29
5		Valerie OLSON	SR	#3 Oklahoma Bapti{2}	35.04m	115-0	3/29
6		Abriel THRASH	SO	#9 Southern Nazare	34.94m	114-8	3/13
7		Dalice WHITE	JR	#8 Arkansas Tech	34.59m	113-6	3/1
8		Emily LAWRENCE	SR	#1 Ouachita Baptist	31.84m	104-6	3/1
9		Carly TUCKER	FR	#2 Harding	31.73m	104-1	3/7
10		Mildred MEDINA	FR	#4 Southeastern Ok	31.64m	103-10	3/8

Women's Heptathlon

1	2	Valerie OLSON	SR	#3 Oklahoma Bapti:	5,428		3/29
2	5	Abriel THRASH	SO	#9 Southern Nazare	4,996		3/29
3	12	Belle LINDSEY	SO	#1 Ouachita Baptist	4,600		3/7
4	25	Carly TUCKER	FR	#2 Harding	4,265		3/7
5	27	Laynie WHITE	SR	#1 Ouachita Baptist{2}	4,199		3/7
6	39	Kiera BARTLETT	FR	#2 Harding	{2} 3,793		3/7
7	41	Celeste PUGA	FR	#2 Harding	{3} 3,766		3/7
8	50	Mildred MEDINA	FR	#4 Southeastern Ok	3,560		3/29
9	55	Ally CHEEK	SO	#2 Harding	{4} 3,453		3/7
10	66	Kelsey SAWYER	FR	#4 Southeastern Ok{2}	3,226		3/29



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Women's 100 Meters

1	34	Julia TUURI	SR	#5 Davenport (Mich	11.86w	(2.7)	3/30
1	34	Taylor KYLE	SR	#1 Grand Valley Sta	11.86	(1.5)	3/29
3		Jayla GRAHAM	FR	#1 Grand Valley Sta{2}	12.20	(1.4)	3/29
4		Hanne BASTIAANSEN	JR	#2 Wayne State (Mi	12.25w	(2.6)	3/29
5		Catalla JONES	SO	#2 Wayne State (Mi{2}	12.29w	(2.5)	3/30
6		Lauren WOOTEN	FR	#2 Wayne State (Mi{3}	12.39w	(2.5)	3/30
7		Arrionnna WALLACE	SO	#5 Davenport (Mich{2}	12.40	(1.7)	3/30
8		Emmanuela JOHNSON	JR	#2 Wayne State (Mi{4}	12.44w	(3.8)	3/30
8		Melia WILLIAMS	SR	#1 Grand Valley Sta{3}	12.44w	(2.6)	3/29
10		Rachel OVERGAARD	SO	#2 Wayne State (Mi{5}	12.46	(1.6)	3/29

Women's 100 Meter Hurdles

1	10	Brooke BARKOCY	SR	#1 Grand Valley Sta	14.00	(1.9)	3/29
2	15	Crystal WALKER	SR	#3 Northern Michig	14.17w	(3.4)	3/29
3	39	Destini DORKINS	JR	#1 Grand Valley Sta{2}	14.56w	(2.3)	3/29
4	57	Keneisha THOMAS	SO	#2 Wayne State (Mi	14.73	(1.3)	3/29
5	85	Sofi DIOP	SO	#3 Northern Michig{2}	14.97w	(2.9)	3/29
6		Megan ZAHNOW	FR	#2 Wayne State (Mi{2}	15.52	(1.6)	3/29
7		Alaina SCHULTZE	JR	#6 Purdue Northwe	15.55	(1.8)	3/29
8		Makenzie WELLNER	SR	#2 Wayne State (Mi{3}	15.73w	(2.3)	3/29
9		Frances HOFFMAN	SO	#8 Ferris State	15.79w	(2.9)	3/29
10		Miranda WINKLER	SO	#4 UW-Parkside	15.92w	(2.4)	3/28

Women's 200 Meters

1	59	Julia TUURI	SR	#5 Davenport (Mich	24.65	(0.4)	3/30
2	78	Hanne BASTIAANSEN	JR	#2 Wayne State (Mi	24.76	(0.4)	3/29
2	78	Claire NEUMANN	FR	#1 Grand Valley Sta	24.76	(0.5)	3/29
4		Catherine GUCKENBERGER	SO	#1 Grand Valley Sta{2}	25.00	(-0.2)	3/29
4		Soleil MOORE	SO	#5 Davenport (Mich{2}	25.00w	(2.6)	3/30
6		Melia WILLIAMS	SR	#1 Grand Valley Sta{3}	25.49	(0.5)	3/29
7		Catalla JONES	SO	#2 Wayne State (Mi{2}	25.90	(0.9)	3/30
8		Lauren WOOTEN	FR	#2 Wayne State (Mi{3}	25.92	(0.5)	3/30
9		Emmanuela JOHNSON	JR	#2 Wayne State (Mi{4}	25.95	(0.7)	3/30
10		Tianna BENNETT	SO	#2 Wayne State (Mi{5}	25.98	(0.5)	3/30

Women's 400 Meters

1	9	Addison WASHLER	SO	#1 Grand Valley Sta	54.85		3/29
2	17	Catherine GUCKENBERGER	SO	#1 Grand Valley Sta{2}	55.24		3/29
3	22	Claire NEUMANN	FR	#1 Grand Valley Sta{3}	55.59		3/29
4	63	Avery WILSON	JR	#2 Wayne State (Mi	56.89		3/29
5		Renae KUTCHA	SR	#2 Wayne State (Mi{2}	58.92		3/29
6		Bianca EVULEOCHA	FR	#1 Grand Valley Sta{4}	59.41		3/22
7		Jasmine SIEBEN	FR	#4 UW-Parkside	59.89		3/28
8		Ciara OSTRENGA	JR	#3 Northern Michig	1:00.16		3/29
9		Kendra MONTAGUE	SR	#8 Ferris State	1:01.45		3/29
10		Lainey FREDRICK	FR	#4 UW-Parkside {2}	1:01.57		3/28

Women's 400 Meter Hurdles

1	24	Destini DORKINS	JR	#1 Grand Valley Sta	1:02.51		3/29
2	25	Keneisha THOMAS	SO	#2 Wayne State (Mi	1:02.59		3/29
3	48	Ahna LARSON	SR	#3 Northern Michig	1:04.15		3/29
4	60	Brooke BARKOCY	SR	#1 Grand Valley Sta{2}	1:04.83		3/29
5	61	Grace MILDICE	SR	#4 UW-Parkside	1:04.85		3/28
6	79	Makenzie WELLNER	SR	#2 Wayne State (Mi{2}	1:05.42		3/29
7	88	Kate ANIOLKOWSKI	FR	#1 Grand Valley Sta{3}	1:05.71		3/22
8		Ashtyn GLUCK	SR	#1 Grand Valley Sta{4}	1:06.74		3/29
9		Nyah TYRON	SR	#8 Ferris State	1:07.24		3/29
10		Megan ZAHNOW	FR	#2 Wayne State (Mi{3}	1:08.96		3/29

Women's 800 Meters

1	10	Lilly ALBERTS	JR	#1 Grand Valley Sta	2:08.88		3/29
2	17	Klaudia O'MALLEY	SR	#1 Grand Valley Sta{2}	2:10.51		3/29
3	19	Addison WASHLER	SO	#1 Grand Valley Sta{3}	2:10.68		3/29
4	22	Megan POSTMA	FR	#1 Grand Valley Sta{4}	2:11.13		3/29
5	23	Natalie GRABER	SR	#1 Grand Valley Sta{5}	2:11.18		3/29
6	26	Maria MITCHELL	JR	#1 Grand Valley Sta{6}	2:11.54		3/29
7	46	Jenna PICARD	SR	#9 Saginaw Valley S	2:14.17		3/28
8	65	Grace FOLKEMA	FR	#7 Michigan Tech	2:15.53		3/29
9	82	Beverly HARPER	JR	#3 Northern Michig	2:16.66		3/29
10		Brielle KERO	FR	#7 Michigan Tech {2}	2:17.97		3/29

Women's 1500 Meters

1	1	Klaudia O'MALLEY	SR	#1 Grand Valley Sta	4:18.43		3/29
2	3	Natalie GRABER	SR	#1 Grand Valley Sta{2}	4:20.92		3/29
3	11	Maria MITCHELL	JR	#1 Grand Valley Sta{3}	4:26.90		3/29
4	70	Karissa PICARD	SR	#9 Saginaw Valley S	4:40.09		3/28
5		Gianna HOVING	JR	#3 Northern Michig	4:46.78		3/29
6		Audrey AMAYA	JR	#4 UW-Parkside	4:48.90		3/28
7		Anna GDOWSKI	SO	#2 Wayne State (Mi	4:49.30		3/30
8		Katrina SANDMAN	FR	#1 Grand Valley Sta{4}	4:53.99		3/22
9		Sophia RHEIN	SO	#7 Michigan Tech	4:54.46		3/29
10		Myrriam DHOORE	SO	#6 Purdue Northwe	4:55.23		3/29

Women's Steeplechase

1	7	Johanna EBERT	FR	#4 UW-Parkside	10:50.48		3/28
2	9	Ella BARYO	SR	#5 Davenport (Mich	10:52.14		3/28
3	12	Whitney FARRELL	JR	#8 Ferris State	10:57.68		3/28
4	15	Jordyn HOPGOOD	JR	#1 Grand Valley Sta	11:02.73		3/29
5	39	Claire ENDRES	JR	#7 Michigan Tech	11:27.02		3/28
6	48	Dani VANLENTE	SO	#3 Northern Michig	11:34.98		3/29
7	64	Emma SWEENEY	JR	#3 Northern Michig{2}	11:48.87		3/29
8	70	Anya VANSWEDEN	FR	#3 Northern Michig{3}	11:52.25		3/29
9		Paige ANDERSON	JR	#3 Northern Michig{4}	12:35.64		3/29



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Women's 5000 Meters

1	13	Abbi STEINER	SO	#4 UW-Parkside	16:44.58	3/28
2	28	Maggie O'MALLEY	JR	#1 Grand Valley Sta	17:01.58	3/29
3	39	Annika SANDMAN	FR	#1 Grand Valley Sta{2}	17:13.59	3/29
4	42	Sophia RHEIN	SO	#7 Michigan Tech	17:17.07	3/28
5	46	Maria WIDMANN	JR	#1 Grand Valley Sta{3}	17:24.19	3/29
6	64	Taylor HOPKINS	JR	#2 Wayne State (Mi	17:36.65	3/30
7	74	Hanna BROCK	SR	#8 Ferris State	17:40.92	3/28
8	77	Cara NEWMAN	FR	#1 Grand Valley Sta{4}	17:43.43	3/29
9		Aubrey MIGOSKI	JR	#2 Wayne State (Mi{2}	17:56.79	3/30
10		Alexis TRACY	SR	#9 Saginaw Valley S	18:14.64	3/28

Women's 10,000 Meters

1	7	Reagan JUSTICE	SR	#2 Wayne State (Mi	34:52.00	3/28
2	8	Anastasia TUCKER	SR	#1 Grand Valley Sta	34:59.07	3/29
3	33	Cedar GORDON	SR	#7 Michigan Tech	37:06.07	3/28
4	37	Annalee MISCH	SR	#2 Wayne State (Mi{2}	37:22.61	3/28
5	57	Mattie DRENNAN	SR	#2 Wayne State (Mi{3}	38:17.78	3/28
6	78	Alisa TEIGE	SO	#7 Michigan Tech {2}	39:35.63	3/28
7		Ingrid HALVERSON	SO	#7 Michigan Tech {3}	40:48.34	3/28
8		Alivia LAMBORNE	SR	#5 Davenport (Mich	41:09.00	3/30
9		Natalie DAVIES	JR	#2 Wayne State (Mi{4}	42:43.76	3/28

Women's 4x100 Relay

1	7	Catherine Guckenberger, Taylor Kyle, Jayla Graham, Alaina Diaz	#1 Grand Valley Sta	45.85	3/29
2	35	Elyse Miller, Avery Wilson, Hanne Bastiaansen, Rachel Overgaard	#2 Wayne State (Mi	47.16	3/29
3	44	Arrionnna Wallace, Jakya Mack-Smith, Jaiden Young, Julia Tuuri	#5 Davenport (Mich	47.55	3/30
4		Essence Burrows, Mayda Conrad, Miranda Winkler, Keira Cooper	#4 UW-Parkside	49.90	3/28

Women's 4x400 Relay

1	13	Catherine Guckenberger, Claire Neumann, Addison Washler, Alaina Diaz	#1 Grand Valley Sta	3:45.32	3/29
2	29	Makenzie Wellner, Avery Wilson, Renae Kutcha, Elyse Miller	#2 Wayne State (Mi	3:52.29	3/29
3	86	Grace Folkema, Brielle Kero, Adeline Gobble, Ingrid Seagren	#7 Michigan Tech	4:08.87	3/29
4	93	Abby Winkle, Kendra Montague, Oliviah Malloy, Nyah Tyron	#8 Ferris State	4:09.94	3/29
5		Lizeth Flores Bernal, Sidney Elijah, Kamaya Johnson, Kelli Blissett	#6 Purdue Northwe	4:21.46	3/29

Women's High Jump

1	20	Heidi NEWHOUSE	FR	#1 Grand Valley Sta	1.66m	5-5¼	3/29
1	20	Alexis WEBER	SO	#1 Grand Valley Sta	1.66m	5-5¼	3/29
3	45	Nailah TAYLOR	SO	#4 UW-Parkside	1.63m	5-4¼	3/29
4	55	Imogene BRUMBAUGH	FR	#1 Grand Valley Sta{3}	1.61m	5-3¼	3/22
4	55	Kaylee DIAMOND	SR	#1 Grand Valley Sta{3}	1.61m	5-3¼	3/29
6		Olivia FINDLAY	FR	#2 Wayne State (Mi	1.56m	5-1¼	3/29
6		Abigail DENOUDEN	SO	#1 Grand Valley Sta{5}	1.56m	5-1¼	3/22
6		Joslyn BENTZ	SO	#1 Grand Valley Sta{5}	1.56m	5-1¼	3/22
9		Alexis LE	FR	#8 Ferris State	1.55m	5-1	3/29
10		Ava STEINHEBEL	FR	#2 Wayne State (Mi{2}	1.53m	5-¼	3/30

Women's Pole Vault

1	10	Brooke BOWERS	FR	#1 Grand Valley Sta	3.90m	12-9½	3/29
2	54	Giuliana SERAPIGLIA	FR	#1 Grand Valley Sta{2}	3.50m	11-5¾	3/22
2	54	Madisyn LUNDQUIST	FR	#9 Saginaw Valley S	3.50m	11-5¾	3/22
4	69	Sidney HEUGEL	SR	#5 Davenport (Mich	3.49m	11-5¼	3/30
5	82	Kati SMITH	SO	#3 Northern Michig	3.43m	11-3	3/29
6		Alayna VANDEGRIFF	FR	#3 Northern Michig{2}	3.28m	10-9	3/29
6		Emily CZEISZPERGER	JR	#3 Northern Michig{2}	3.28m	10-9	3/29
8		Sydney WILSON	SO	#1 Grand Valley Sta{3}	3.20m	10-6	3/22
8		Kalista BUTKIEWICZ	JR	#4 UW-Parkside	3.20m	10-6	3/28
10		Cassidy BOWDEN	SO	#1 Grand Valley Sta{4}	2.90m	9-6¼	3/22

Women's Long Jump

1	82	Essence BURROWS	FR	#4 UW-Parkside	5.46mw	17-11 (2.1)	3/28
2	84	Nicole WARREN	SO	#2 Wayne State (Mi	5.45mw	17-10¾ (2.4)	3/30
3	90	Crystal WALKER	SR	#3 Northern Michig	5.44mw	17-10¼ (2.9)	3/29
4		Annabelle SMITH	JR	#2 Wayne State (Mi{2}	5.34m	17-6¼ (1.8)	3/30
5		Lainey FREDRICK	FR	#4 UW-Parkside {2}	5.05m	16-7 (1.1)	3/29
6		Keira COOPER	FR	#4 UW-Parkside {3}	4.91m	16-1½ (-0.8)	3/28
7		Kori MORRIS	JR	#6 Purdue Northwe	4.73m	15-6¼ (1.1)	3/29
8		Natasha NOWAKOWSKI	SO	#3 Northern Michig{2}	4.69mw	15-4¾ (2.1)	3/29
9		Amaya TEAGUE	FR	#3 Northern Michig{3}	4.67mw	15-4 (2.9)	3/29
10		Kiara SPATES	SR	#6 Purdue Northwe{2}	4.51m	14-9¾ (0.1)	3/29



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Women's Triple Jump

1	26	Essence BURROWS	FR	#4 UW-Parkside	11.63m	38-2 (1.4)	3/29
2	60	Sofi DIOP	SO	#3 Northern Michig	11.21m	36-9½ (3.6)	3/29
3		Nicole WARREN	SO	#2 Wayne State (Mi	10.45m	34-3½ (1.4)	3/30
4		Ava STEINHEBEL	FR	#2 Wayne State (Mi	9.61m	31-6½ (0.9)	3/30
5		Bree HARDY	FR	#5 Davenport (Mich	9.59m	31-5¾ (1.1)	3/30

Women's Shot Put

1	10	Mackenzie BOHRER	SR	#1 Grand Valley Sta	14.43m	47-4¼	3/29
2		Makayla STEWART	SO	#2 Wayne State (Mi	11.74m	38-6¼	3/22
3		Adelyn SANDERS	SR	#3 Northern Michig	11.57m	37-11½	3/29
4		Jayla PROCTER	SO	#5 Davenport (Mich	11.49m	37-8½	3/21
5		Ania TOBOY	FR	#2 Wayne State (Mi	11.33m	37-2¼	3/30
6		Elizabeth LITTLE	JR	#3 Northern Michig	11.05m	36-3	3/29
7		Michelle BARNVOS	SR	#4 UW-Parkside	10.76m	35-3¾	3/28
8		Raine' REDDING	FR	#9 Saginaw Valley S	10.74m	35-3	3/22
9		Teiolla HARVEY	JR	#3 Northern Michig	10.70m	35-1¼	3/29
10		Shelby HANSHAW	FR	#4 UW-Parkside	10.48m	34-4¾	3/28

Women's Discus

1	1	Erika BEISTLE	SR	#1 Grand Valley Sta	60.46m	198-5	3/29
2	8	Margaret STEVENSON	SR	#1 Grand Valley Sta	48.15m	158-0	3/29
3	46	Jayla PROCTER	SO	#5 Davenport (Mich	43.17m	141-8	3/21
4		Ania TOBOY	FR	#2 Wayne State (Mi	37.90m	124-4	3/30
5		Elizabeth LITTLE	JR	#3 Northern Michig	37.78m	124-0	3/29
6		Michelle BARNVOS	SR	#4 UW-Parkside	35.92m	117-10	3/29
7		Janae HUDSON	FR	#9 Saginaw Valley S	35.55m	116-8	3/22
8		Kaelin KREISCHER	FR	#6 Purdue Northwe	34.82m	114-3	3/29
9		Anna NIXON	SO	#5 Davenport (Mich	34.80m	114-2	3/21
10		Adelyn SANDERS	SR	#3 Northern Michig	34.70m	113-10	3/29

Women's Hammer

1	4	Shelby ULVEN	JR	#1 Grand Valley Sta	59.64m	195-8	3/29
2	15	Alaina OMONODE	SR	#1 Grand Valley Sta	54.13m	177-7	3/22
3	59	Natalia PLUFF	SO	#1 Grand Valley Sta	49.09m	161-1	3/22
4	76	Kennedy JACKSON	SO	#1 Grand Valley Sta	48.03m	157-7	3/22
5	94	Allie DICANIO	SO	#1 Grand Valley Sta	46.82m	153-8	3/22
6		Sophia SNELLENBERGER	SO	#1 Grand Valley Sta	42.37m	139-0	3/22
7		Brooke MADER	JR	#4 UW-Parkside	41.42m	135-11	3/28
8		Teiolla HARVEY	JR	#3 Northern Michig	40.31m	132-3	3/29
9		Ania TOBOY	FR	#2 Wayne State (Mi	39.78m	130-6	3/22
10		Hannah VLIES	JR	#4 UW-Parkside	39.54m	129-9	3/28

Women's Javelin

1	78	Mckenna ARMSTRONG	SR	#4 UW-Parkside	37.41m	122-9	3/29
2		Wilme ELS	JR	#3 Northern Michig	34.61m	113-7	3/29
3		Kelsi DILLON	SR	#6 Purdue Northwe	34.45m	113-0	3/29
4		Shelby HANSHAW	FR	#4 UW-Parkside	32.28m	105-11	3/29
5		Peyton HANSEN	SR	#2 Wayne State (Mi	32.06m	105-2	3/22
6		Teiolla HARVEY	JR	#3 Northern Michig	29.18m	95-9	3/29
7		Adelyn SANDERS	SR	#3 Northern Michig	26.29m	86-3	3/29
8		Natasha NOWAKOWSKI	SO	#3 Northern Michig	25.93m	85-1	3/29
9		Jada ADDO	JR	#6 Purdue Northwe	24.01m	78-9¼	3/29
10		Kelli BLISSETT	SO	#6 Purdue Northwe	21.93m	71-11½	3/29



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Women's 100 Meters

1	9	Sarai BROWN	JR	#3 Maryville (Mo.)	11.53w	(3.7)	3/29
2	33	Lauren COLEMAN	FR	#10 Drury	11.85w	(2.4)	3/29
3	81	Caroline MAYES	JR	#11 William Jewell	12.11w	(2.2)	3/28
4		Rebecca CRAVEDI	SR	#1 Lewis	12.21	(0.0)	3/22
4		Faith WYMAN	SR	#1 Lewis	12.21	(0.0)	3/22
6		Makayla MYERS	SO	#3 Maryville (Mo.)	{2}12.25w	(2.4)	3/29
7		Chloe DAVIS	JR	#3 Maryville (Mo.)	{3}12.34w	(2.4)	3/29
8		Emoni OWENS	FR	#3 Maryville (Mo.)	{4}12.35	(1.2)	3/29
9		Katerina KAKAELAKI	FR	#1 Lewis	{3}12.38w	(3.2)	3/29
10		Reagan THOMURE	SR	#2 Southwest Bapti	12.45w	(3.4)	3/29

Women's 100 Meter Hurdles

1	7	Caroline MAYES	JR	#11 William Jewell	13.89w	(2.6)	3/28
2	8	Aaliyannah ANDERSON	SO	#5 Lincoln (Mo.)	13.96	(1.9)	3/29
3	74	Maya WRIGHT	JR	#7 Missouri S&T	14.85	(2.0)	3/29
4	98	Jaynae PINDER	FR	#2 Southwest Bapti	15.05	(2.0)	3/29
5		Mary KIMMERLE	FR	#7 Missouri S&T	{2}15.23	(2.0)	3/29
6		Caitlyn O'BOYLE	SO	#1 Lewis	15.39	(-2.0)	3/29
7		Karmen KUROWICKA	SO	#1 Lewis	{2}15.53	(0.0)	3/22
8		Ava AMEY	FR	#5 Lincoln (Mo.)	{2}15.78	(0.2)	3/22
9		Haylie HUTCHINSON	SO	#13 Upper Iowa	16.02	(1.2)	3/28
10		Grace GRAHAM	JR	#3 Maryville (Mo.)	16.12w	(2.5)	3/29

Women's 200 Meters

1	2	Collinique FARRINGTON	SR	#2 Southwest Bapti	23.00w	(2.6)	3/29
2	6	Stephanique DEAN	JR	#2 Southwest Bapti	{2}23.41w	(2.6)	3/29
3	19	Lauren COLEMAN	FR	#10 Drury	24.09w	(2.6)	3/29
4	39	Faith WYMAN	SR	#1 Lewis	24.35	(1.5)	3/29
5	41	Aaliyannah ANDERSON	SO	#5 Lincoln (Mo.)	24.39w	(3.1)	3/29
6	42	Laura DIXON	SO	#2 Southwest Bapti	{3}24.42w	(2.6)	3/29
7	46	Rebecca CRAVEDI	SR	#1 Lewis	{2}24.54	(1.5)	3/29
8	56	Brianna LORD	SO	#2 Southwest Bapti	{4}24.61w	(2.6)	3/29
9		Denita JACKSON	SR	#5 Lincoln (Mo.)	{2}25.01w	(3.1)	3/29
10		Shinelle JHAGROO	FR	#8 McKendree	25.04w	(2.9)	3/22

Women's 400 Meters

1	32	Mickayla SUTHERLAND	FR	#8 McKendree	56.01		3/22
2	38	Brianna LORD	SO	#2 Southwest Bapti	56.22		3/22
3	50	Abigail BROOKS	SR	#5 Lincoln (Mo.)	56.63		3/29
4	67	Emily SONDERMAN	SR	#4 Indianapolis	56.99		3/30
5	94	Emoni OWENS	FR	#3 Maryville (Mo.)	57.56		3/22
6		Namibia CLAVIER	SR	#5 Lincoln (Mo.)	{2}57.99		3/29
7		Courtney TALLEY	SO	#3 Maryville (Mo.)	{2}59.03		3/22
8		Adonya TAYLOR	SO	#8 McKendree	{2}59.20		3/22
9		Emily YOUNG	SO	#2 Southwest Bapti	{2}59.60		3/22
10		Sierra WALLACE	SO	#2 Southwest Bapti	{3}59.73		3/22

Women's 400 Meter Hurdles

1	6	Odeshia NANTON	SO	#5 Lincoln (Mo.)	1:00.64		3/22
2	7	Shevanae THOMAS	SR	#5 Lincoln (Mo.)	{2}1:00.66		3/29
3	67	Ellie LINGERICH	SR	#4 Indianapolis	1:05.06		3/30
4	95	Deschanique DOUGLAS	FR	#5 Lincoln (Mo.)	{3}1:06.03		3/29
5	98	Maya WRIGHT	JR	#7 Missouri S&T	1:06.08		3/22
6		Sara BELLOSO	SO	#8 McKendree	1:06.55		3/22
7		Haylie HUTCHINSON	SO	#13 Upper Iowa	1:06.67		3/28
8		Cloey SIMON	JR	#4 Indianapolis	{2}1:07.49		3/30
9		Hailey SMITH	SO	#7 Missouri S&T	{2}1:07.58		3/29
10		Kaela PEREZ	FR	#6 Truman	1:08.97		3/22

Women's 800 Meters

1		Britney BROWN	JR	#5 Lincoln (Mo.)	2:18.69		3/29
2		Kadence WALLACE	FR	#2 Southwest Bapti	2:18.78		3/29
3		Raina BAKER	JR	#6 Truman	2:19.85		3/22
4		Janellisa OCEGUERA	FR	#1 Lewis	2:20.21		3/28
5		Phoebe CANATSEY	FR	#6 Truman	{2}2:20.61		3/29
6		Madeline SIMS	FR	#6 Truman	{3}2:21.43		3/22
7		Carmen GENTILIA	FR	#6 Truman	{4}2:21.57		3/29
8		Courtney TALLEY	SO	#3 Maryville (Mo.)	2:21.83		3/29
9		Hannah FATADE	FR	#5 Lincoln (Mo.)	{2}2:22.42		3/22
10		Katie PARK	SO	#14 Quincy (Ill.)	2:23.97		3/29

Women's 1500 Meters

1	18	Lexy HENRIKSON	SR	#6 Truman	4:30.64		3/28
2	20	Addie MATHIS	SR	#6 Truman	{2}4:30.97		3/28
3	32	Anna KOZAK	SR	#1 Lewis	4:34.25		3/28
4		Lytic FORD	SO	#3 Maryville (Mo.)	4:45.82		3/29
5		Josie DIFFENDAFFER	SO	#10 Drury	4:46.63		3/29
6		Lily HUNSUCKER	SO	#2 Southwest Bapti	4:47.55		3/29
7		Sarah WILLIAMS	FR	#6 Truman	{3}4:47.82		3/22
8		Lydia LEHMBECK	SR	#6 Truman	{4}4:48.40		3/22
9		Mallorie METZGER	SO	#3 Maryville (Mo.)	{2}4:49.92		3/29
10		Clare STAHR	FR	#6 Truman	{5}4:50.09		3/22

Women's Steeplechase

1	83	McKenna LEDGERWOOD	JR	#6 Truman	11:59.96		3/29
2	94	Kati SCHOENEBERG	SR	#6 Truman	{2}12:08.38		3/29
3		Olivia CLIVE	JR	#3 Maryville (Mo.)	12:18.96		3/29
4		Brylee GOGEL	JR	#10 Drury	12:55.06		3/29
5		Grace KAISER	SO	#9 Rockhurst	13:06.71		3/28
6		Bella WILTFONG	JR	#9 Rockhurst	{2}14:17.63		3/28



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Women's 5000 Meters

1	14	Sarah MAY	SR	#1 Lewis	16:45.10	3/28
2	24	Kate GUDERJAN	JR	#1 Lewis	{2} 16:58.86	3/28
3	37	Mary EDWARDS	SO	#1 Lewis	{3} 17:06.51	3/28
4	89	Olivia LITTLETON	SR	#2 Southwest Bapti	17:47.61	3/29
5		Savannah LESHER	SR	#3 Maryville (Mo.)	17:58.94	3/28
6		Natalie GERDES	FR	#2 Southwest Bapti	{2} 18:01.10	3/29
7		Marlena STOKLOSA	SO	#1 Lewis	{4} 18:12.15	3/28
8		Kyra FLESVIG	SO	#1 Lewis	{5} 18:21.79	3/28
9		Josslyn GOANA	FR	#12 Illinois-Springfie	18:31.28	3/28
10		Emma NEAL	JR	#3 Maryville (Mo.)	{2} 18:36.60	3/28

Women's 10,000 Meters

1	2	Hannah SMRCKA	SR	#1 Lewis	33:38.71	3/28
2	4	Maddie MILLER	JR	#12 Illinois-Springfie	34:29.52	3/28
3	10	Naylah ALLEN	SR	#1 Lewis	{2} 35:07.60	3/28
4	15	Madilyn CALLOWAY	JR	#1 Lewis	{3} 35:42.47	3/28
5	16	Josephine BOBER	SR	#1 Lewis	{4} 35:45.64	3/28
6	29	Kaleigh INNISS	JR	#12 Illinois-Springfie	{2} 37:00.25	3/28
7	49	Jordan SERRAHN	SR	#12 Illinois-Springfie	{3} 37:58.45	3/28
8	51	Chloe WANNAMAKER	SR	#1 Lewis	{5} 38:09.52	3/28
9		Emma GASTON	JR	#4 Indianapolis	40:57.12	3/28
10		Allison THOMPSON	SO	#12 Illinois-Springfie	{4} 42:50.84	3/28

Women's 4x100 Relay

1	2	Stephanique Dean, Brianna Lord, Laura Dixon, Collinique Farrington	#2 Southwest Bapti	45.00	3/29
2	12	Makayla Myers, Sarai Brown, Chloe Davis, Emoni Owens	#3 Maryville (Mo.)	46.18	3/29
3	20	Aaliyannah Anderson, Shantae George, Mattie Brown, Monea Carey	#5 Lincoln (Mo.)	46.37	3/29
4	26	Rebecca Cravedi, Faith Wyman, Katerina Kakaalaki, Denise Hernandez	#1 Lewis	46.72	3/22
5	92	Amber Cotton, Iyanna Dear, Helena Rohde, Divine Ozomma	#8 McKendree	49.24	3/22
6		Leila Moore, Camryn Thomas, Morgan Mayo, Caroline Mayes	#11 William Jewell	50.33	3/28
7		Carolina Regalado, Jillian Dodds, Jordan Sekafetz, Haylie Hutchinson	#13 Upper Iowa	51.56	3/28

Women's 4x400 Relay

1	2	Stephanique Dean, Collinique Farrington, Brianna Lord, Laura Dixon	#2 Southwest Bapti	3:39.04	3/29
2	5	Abigail Brooks, Shevanae Thomas, Odeshia Nanton, Shantae George	#5 Lincoln (Mo.)	3:41.57	3/29
3	46	Faith Wyman, Janelisa Ocegueda, Rebecca Cravedi, Kristina Findley	#1 Lewis	3:56.95	3/29
4	48	Adonya Taylor, Divine Ozomma, Iyanna Dear, Mickayla Sutherland	#8 McKendree	3:57.89	3/29
5	68	Emoni Owens, Courtney Talley, Makayla Myers, Sarai Brown	#3 Maryville (Mo.)	4:03.23	3/29
6	79	Carmen Gentilia, Phoebe Canatsey, Madeline Sims, Raina Baker	#6 Truman	4:06.87	3/22
7	96	Leah Heck, Ellie Beck, Alexis O'Mara, Theresa Berger	#9 Rockhurst	4:10.63	3/28
8		Olivia Miles, Lauryn Fenoglio, Ali McClure, Maya Wright	#7 Missouri S&T	4:13.05	3/29
9		Leila Moore, Camryn Thomas, Morgan Mayo, Rylee Thompson	#11 William Jewell	4:35.34	3/28

Women's High Jump

1	6	Karmen KUROWICKA	SO	#1 Lewis	1.72m	5-7¾	3/29
2	27	Olivia HENKEL	SR	#7 Missouri S&T	1.65m	5-5	3/22
3		Brynlee KEERAN	JR	#1 Lewis	{2} 1.56m	5-1¼	3/29
3		Nehlia MILLS	JR	#5 Lincoln (Mo.)	1.56m	5-1¼	3/29
5		Esme AUBUCHON	SO	#6 Truman	1.55m	5-1	3/22
6		Odeshia NANTON	SO	#5 Lincoln (Mo.)	{2} 1.51m	4-11½	3/29
7		Lillian BOGARD	JR	#11 William Jewell	1.50m	4-11	3/28
7		Morgan AHLE	JR	#3 Maryville (Mo.)	1.50m	4-11	3/22
9		Kailyn WAKE	FR	#2 Southwest Bapti	1.49m	4-10½	3/29
9		Lauryn FENOGLIO	SO	#7 Missouri S&T	{2} 1.49m	4-10½	3/29



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Women's Pole Vault

1	18	Brynlee KEERAN	JR	#1 Lewis	3.80m	12-5½	3/29
2	32	Elizabeth ROTHWEILER	JR	#7 Missouri S&T	3.65m	11-11¾	3/29
2	32	Mackenzie VANBIBBER	JR	#4 Indianapolis	3.65m	11-11¾	3/30
4	74	Sofia OLSSON	FR	#1 Lewis	{2}3.45m	11-3¾	3/22
5	91	Jenna MUELLER	SO	#7 Missouri S&T	{2}3.35m	10-11¾	3/29
5	91	Riley WARREN	FR	#1 Lewis	{3}3.35m	10-11¾	3/29
5	91	Lillian CALLAHAN	FR	#4 Indianapolis	{2}3.35m	10-11¾	3/30
5	91	Emily YOUNG	SO	#2 Southwest Bapti	3.35m	10-11¾	3/29
9		Patrycja KARPIESIUKE	JR	#1 Lewis	{4}3.20m	10-6	3/29
10		Katelyn TURNER	SO	#3 Maryville (Mo.)	3.15m	10-4	3/22

Women's Long Jump

1	8	Denise HERNANDEZ	JR	#1 Lewis	5.95mw	19-6¼ (2.6)	3/22
2	11	Katerina KAKAELAKI	FR	#1 Lewis	{2}5.91mw	19-4¾ (2.9)	3/29
3	20	Shinelle JHAGROO	FR	#8 McKendree	5.78m	18-11¾ (0.0)	3/22
4	39	Brittania INGRAM	SR	#5 Lincoln (Mo.)	5.63m	18-5¾ (1.2)	3/22
5	96	Ali MCCLURE	FR	#7 Missouri S&T	5.42m	17-9½ (1.3)	3/22
6		Brynlee KEERAN	JR	#1 Lewis	{3}5.39m	17-8¼ (1.6)	3/29
7		Maya WRIGHT	JR	#7 Missouri S&T	{2}5.35m	17-6¾ (1.1)	3/22
8		Kaitlyn HUTCHINSON	SO	#1 Lewis	{4}5.33mw	17-6 (2.3)	3/29
9		Hailey SMITH	SO	#7 Missouri S&T	{3}5.22mw	17-1½ (2.1)	3/29
10		Kelsey CRABTREE	FR	#2 Southwest Bapti	5.17m	16-11½ (1.1)	3/22

Women's Triple Jump

1	42	Brittania INGRAM	SR	#5 Lincoln (Mo.)	11.44m	37-6½ (0.0)	3/29
2	52	Haylie HUTCHINSON	SO	#13 Upper Iowa	11.30mw	37-1 (2.1)	3/28
3	97	Leah HECK	FR	#9 Rockhurst	10.80m	35-5¼ (-0.3)	3/22
4		Autumn HAWKINS	SO	#3 Maryville (Mo.)	10.65mw	34-11¼ (3.6)	3/22
5		Caitlyn O'BOYLE	SO	#1 Lewis	10.38mw	34-¾ (3.0)	3/29
6		Taylor GREEN	FR	#2 Southwest Bapti	10.29mw	33-9¼ (3.6)	3/22
7		Ar'Janay LANDERS	FR	#9 Rockhurst	{2}9.81m	32-2¼ (0.3)	3/22
8		Talia MYLES	FR	#1 Lewis	{2}9.59m	31-5¾ (1.5)	3/29

Women's Shot Put

1	34	Julia HAHN	JR	#3 Maryville (Mo.)	13.07m	42-10¾	3/22
2	37	Faith HENSEL	JR	#4 Indianapolis	13.06m	42-10¾	3/30
3	44	Liz VERMILLION	JR	#3 Maryville (Mo.)	{2}13.01m	42-8¾	3/29
3	44	Loria SNOWDEN	FR	#4 Indianapolis	{2}13.01m	42-8¾	3/30
5	63	Macie SWINEHART	SO	#4 Indianapolis	{3}12.73m	41-9¼	3/30
6	71	Sydney MORRIS	FR	#7 Missouri S&T	12.63m	41-5¼	3/29
7	80	Hannah DART	FR	#4 Indianapolis	{4}12.55m	41-2¼	3/30
8		Amanda NOEL	SO	#4 Indianapolis	{5}12.22m	40-1¼	3/30
9		Lauren WATTAWA	SO	#1 Lewis	11.57m	37-11½	3/22
10		Myah BRINKER	JR	#13 Upper Iowa	11.56m	37-11¼	3/28

Women's Discus

1	23	Aubrey BRINKMAN	JR	#1 Lewis	45.71m	150-0	3/22
2	47	Zoe PENTECOST	SR	#4 Indianapolis	43.10m	141-5	3/30
3	71	Macie SWINEHART	SO	#4 Indianapolis	{2}41.83m	137-3	3/30
4	80	Audra HOGAN	SR	#4 Indianapolis	{3}41.46m	136-0	3/30
5	86	Amanda NOEL	SO	#4 Indianapolis	{4}41.10m	134-10	3/30
6		Madeline FISCHER	FR	#7 Missouri S&T	39.55m	129-9	3/29
7		Sydney MORRIS	FR	#7 Missouri S&T	{2}38.95m	127-10	3/22
8		Faith HENSEL	JR	#4 Indianapolis	{5}38.91m	127-8	3/30
9		Kiana MAGHANOY	SR	#13 Upper Iowa	38.60m	126-8	3/28
10		Liz VERMILLION	JR	#3 Maryville (Mo.)	38.59m	126-7	3/29

Women's Hammer

1	5	Zoe PENTECOST	SR	#4 Indianapolis	59.28m	194-6	3/30
2	18	Audra HOGAN	SR	#4 Indianapolis	{2}53.79m	176-6	3/30
3	40	MaKenna MASCHINO	SR	#4 Indianapolis	{3}50.82m	166-9	3/30
4	80	Maya EFODI	FR	#4 Indianapolis	{4}47.72m	156-7	3/30
5		Macie SWINEHART	SO	#4 Indianapolis	{5}46.30m	151-11	3/30
6		Aubrey BRINKMAN	JR	#1 Lewis	45.93m	150-8	3/22
7		Dylan COLEMAN	JR	#2 Southwest Bapti	45.60m	149-7	3/22
8		Jada ALFARO	JR	#11 William Jewell	45.50m	149-4	3/28
9		Bobbie POLLARD	SR	#11 William Jewell	{2}43.19m	141-9	3/28
10		Amanda NOEL	SO	#4 Indianapolis	{6}42.62m	139-10	3/30

Women's Javelin

1	5	Alexis O'FARRELL	JR	#2 Southwest Bapti	47.67m	156-5	3/29
2	9	Savannah MANTHEY	SO	#2 Southwest Bapti	{2}47.06m	154-5	3/29
3	36	Amelia WHITE	FR	#10 Drury	40.60m	133-3	3/29
4	46	Ayne HELD	FR	#3 Maryville (Mo.)	39.73m	130-4	3/29
5	66	Hope WOODALL	SO	#2 Southwest Bapti	{3}38.06m	124-11	3/29
6	87	Amanda NOEL	SO	#4 Indianapolis	36.77m	120-8	3/30
7		Gracie METZGER	SO	#3 Maryville (Mo.)	{2}34.84m	114-4	3/29
8		Maya WRIGHT	JR	#7 Missouri S&T	34.30m	112-7	3/29
9		Liz VERMILLION	JR	#3 Maryville (Mo.)	{3}33.66m	110-5	3/22
10		Alexis LAY	FR	#7 Missouri S&T	{2}33.17m	108-10	3/29



Conference TFRI Event Summary



G-MAC

as of 4/1/2025 7:55:20 AM ET

Women's 100 Meters

1	14	Brianna CHENEVEY	SO	#1 Ashland	11.61w	(3.4)	3/30
2	17	Summer SWARTWOUT	FR	#6 Cedarville	11.65w	(3.4)	3/30
3	58	Nevaeh LEWIS	FR	#3 Tiffin	11.99	(0.8)	3/30
4	77	Greta BARKER	SR	#1 Ashland	{2} 12.09w	(3.4)	3/30
5	81	Hailey RIOS	SO	#1 Ashland	{3} 12.11w	(3.4)	3/30
6		Eleanor MINNING	JR	#2 Hillsdale	12.19	(0.8)	3/30
7		Taylor SCRIBNER	FR	#5 Findlay	12.40w	(2.5)	3/30
8		Mallory GASPER	SO	#6 Cedarville	{2} 12.43w	(2.5)	3/30
9		Nora HAGAN	SR	#6 Cedarville	{3} 12.50w	(2.7)	3/30
10		Tatiana COOPER-LAYLOR	SR	#3 Tiffin	{2} 12.54	(0.8)	3/30

Women's 100 Meter Hurdles

1	46	Alena CHANEY	SR	#3 Tiffin	14.63	(1.1)	3/30
2	76	Cassidy VOGT	SR	#3 Tiffin	{2} 14.86	(1.1)	3/30
3		Amelia MIZELLE	JR	#5 Findlay	15.14w	(2.7)	3/30
4		Gloria MONGOLO	FR	#5 Findlay	{2} 15.18w	(2.7)	3/30
5		Keiyea JOHNSON	SO	#7 Northwood (Micl	15.67	(0.5)	3/22
6		Jordan HAMPTON	SR	#1 Ashland	15.68w	(3.3)	3/30
7		Nola HIPKINS	SO	#2 Hillsdale	15.70	(1.1)	3/30
8		Julie WHITE	SR	#4 Walsh	16.16	(-0.7)	3/29
9		Kyla MILLER	FR	#4 Walsh	{2} 16.35	(-0.5)	3/22
10		Ava MYLOR	SO	#3 Tiffin	{3} 16.68	(1.1)	3/30

Women's 200 Meters

1	22	Summer SWARTWOUT	FR	#6 Cedarville	24.15	(0.4)	3/30
2	33	Nevaeh LEWIS	FR	#3 Tiffin	24.30	(0.6)	3/30
3	50	Eleanor MINNING	JR	#2 Hillsdale	24.57	(0.6)	3/30
4	61	Greta BARKER	SR	#1 Ashland	24.66	(0.4)	3/30
5	86	Maddie STACEY	SR	#1 Ashland	{2} 24.80w	(2.6)	3/30
6		Liana RODRIGUEZ	SR	#3 Tiffin	{2} 24.94	(0.6)	3/30
7		Mia GARDNER	SR	#1 Ashland	{3} 24.96	(0.9)	3/30
8		Mallory GASPER	SO	#6 Cedarville	{2} 25.22w	(2.6)	3/30
9		Aniya SEWARD	SR	#1 Ashland	{4} 25.57	(0.4)	3/30
10		Jade AVANCE	JR	#1 Ashland	{5} 25.61	(0.7)	3/30

Women's 400 Meters

1	67	Jade AVANCE	JR	#1 Ashland	56.99		3/30
2	92	Alaysia BROOKS	SR	#9 Ursuline	57.55		3/29
3		Allea GRAVES	FR	#8 Malone	57.84		3/29
4		Olivia SAYLOR	FR	#1 Ashland	{2} 58.54		3/30
5		Nicole MARSHALL	SR	#2 Hillsdale	58.85		3/30
6		Mia GARDNER	SR	#1 Ashland	{3} 58.96		3/30
7		Maddie STACEY	SR	#1 Ashland	{4} 59.30		3/30
8		Jordan ROSALES	SO	#1 Ashland	{5} 59.68		3/30
9		Evelyn OVERLEASE	FR	#2 Hillsdale	{2} 59.90		3/30
10		Lucia WILSON	JR	#2 Hillsdale	{3} 59.96		3/30

Women's 400 Meter Hurdles

1	40	Zanri BLACK	FR	#5 Findlay	1:03.46		3/30
2	72	Montana WALKER	JR	#1 Ashland	1:05.21		3/30
3	85	Peyton HEITMEYER	JR	#5 Findlay	{2} 1:05.61		3/30
4		Jenna GAUL	JR	#7 Northwood (Micl	1:06.54		3/22
5		Odessa SMITH	SO	#1 Ashland	{2} 1:06.72		3/30
6		Nola HIPKINS	SO	#2 Hillsdale	1:07.03		3/30
7		Amelia MAIER	FR	#6 Cedarville	1:08.36		3/30
8		Julia WALSH	JR	#4 Walsh	1:08.70		3/29
9		Cara PIPITONE	FR	#8 Malone	1:09.07		3/29
10		Gianna LODICE	FR	#2 Hillsdale	{2} 1:09.21		3/30

Women's 800 Meters

1	14	Ines MACADAM	SR	#3 Tiffin	2:10.23		3/29
2	28	Reese DRAGOVICH	SR	#2 Hillsdale	2:11.72c	(2:12.11A)	3/22
3	36	Claire RETHMAN	JR	#4 Walsh	2:13.12		3/29
4	37	Alaysia BROOKS	SR	#9 Ursuline	2:13.19		3/29
5	47	A'Zaria THOMAS	SR	#9 Ursuline	{2} 2:14.30		3/29
6	76	Ariel WARNER	SO	#7 Northwood (Micl	2:16.25		3/22
7	92	Megan ROBERTS	SO	#2 Hillsdale	{2} 2:17.34		3/29
8		Rylee YOCUM	SR	#8 Malone	2:19.09		3/29
9		Dyllan HASLER	JR	#10 Thomas More (K	2:20.70		3/29
10		Kaylee LOCKE	SO	#7 Northwood (Micl	{2} 2:20.81		3/22

Women's 1500 Meters

1	10	Evyn HUMPHREY	FR	#2 Hillsdale	4:26.21		3/29
2	22	Ines MACADAM	SR	#3 Tiffin	4:31.62		3/29
3	25	Emily WALSH	SR	#6 Cedarville	4:33.30		3/30
4	55	Andi MANN	SR	#4 Walsh	4:38.22		3/29
5	56	Hope SIEVERT	SR	#1 Ashland	4:38.40		3/30
6	95	Audrianna ENNS	JR	#6 Cedarville	{2} 4:43.70		3/30
7		Rylee YOCUM	SR	#8 Malone	4:45.29		3/29
8		Aubrey HAYES	SO	#6 Cedarville	{3} 4:45.50		3/30
9		Alyssa STONER	SO	#4 Walsh	{2} 4:46.82		3/29
10		Emilie LEMON	JR	#1 Ashland	{2} 4:47.30		3/30

Women's Steeplechase

1	41	Anna ROBERTS	JR	#2 Hillsdale	11:29.69		3/29
2	63	Landry KOSKI	JR	#7 Northwood (Micl	11:48.16		3/22
3		Kaylee AULTMAN	SO	#7 Northwood (Micl	{2} 12:35.06		3/22
4		Jaelyn PALMER	JR	#1 Ashland	13:08.72		3/30
5		Margaret MCSORLEY	JR	#10 Thomas More (K	14:58.21		3/29

Women's 5000 Meters

1	7	Allison KUZMA	FR	#2 Hillsdale	16:40.09		3/29
2	33	Claire RETHMAN	JR	#4 Walsh	17:03.06		3/22
3	58	Savannah ACKLEY	SR	#6 Cedarville	17:34.33		3/30
4	81	Savannah FRALEY	SO	#2 Hillsdale	{2} 17:43.90		3/29
5		Bailey MENEGAY	JR	#4 Walsh	{2} 18:01.84		3/22
6		Alyson ENNS	FR	#6 Cedarville	{2} 18:02.25		3/30
7		Natalie BOYDEN	SR	#4 Walsh	{3} 18:07.66		3/22
8		Izzy RAMMEL	SR	#4 Walsh	{4} 18:26.14		3/29
9		Molly COLEMAN	SO	#1 Ashland	18:32.59		3/30
10		Savannah FAUGHT	JR	#10 Thomas More (K	18:34.63		3/22



Conference TFRI Event Summary



G-MAC

as of 4/1/2025 7:55:20 AM ET

Women's 10,000 Meters

1	87	Helen RHYMER	FR	#6 Cedarville	39:57.58	3/30
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Women's 4x100 Relay

1	29	Odessa Smith, Brianna Chenevey, Greta Barker, Hailey Rios	#1 Ashland	46.97	3/30
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2		Keiyera Johnson, Breanna Hyde, Jenna Gaul, Dannyka Johnson	#7 Northwood (Micl	49.98	3/22
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3		Nikane Ambos, Shyla Pemberton, Naomi Haring, Faith Yancey	#12 Ohio Dominican	50.41	3/29
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4		Emma Gullion, Kyla Miller, Talia McLin, Addison Vickery	#4 Walsh	52.45	3/22
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Women's 4x400 Relay

1	84	Hope Carroll, Addison Harrington, Aubrey Hayes, Sydney Diedrich	#6 Cedarville	4:07.85	3/30
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2		Jenna Gaul, Keiyera Johnson, Hailey Granata, Brooklyn Wolcott	#7 Northwood (Micl	4:13.85	3/22
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3		Brooklyn McIntylre, Cara Pipitone, Gabriella Gudger, Allea Graves	#8 Malone	4:16.51	3/22
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4		Dyllan Hasler, Joelle Klavon, Ashtyn Gindling, Marlee Ross	#10 Thomas More (K	4:16.66	3/22
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5		Greta Macadam, Zaynah Tate, Danielle Davis, Anna Brodman	#3 Tiffin	4:21.00	3/30
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Women's High Jump

1	15	C'aira CARTER	SR	#3 Tiffin	1.68m	5-6	3/30
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2	45	Abby WHEELER	JR	#1 Ashland	1.63m	5-4¼	3/30
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3	55	Baelyn ZITZMANN	FR	#2 Hillsdale	1.61m	5-3¼	3/29
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4		Maggie WALDO	JR	#11 Lake Erie	1.56m	5-1¼	3/29
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5		Kara FIELDS	SO	#1 Ashland	{2} 1.53m	5-¼	3/30
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6		Reina MCMAHON	FR	#7 Northwood (Micl	1.45m	4-9	3/22
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6		Abigail TEMPLE	FR	#3 Tiffin	{2} 1.45m	4-9	3/30
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8		Stephanie SMITH	FR	#5 Findlay	1.38m	4-6¼	3/30
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9		Kennedy SHAULL	FR	#5 Findlay	{2} 1.33m	4-4¼	3/30
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Women's Pole Vault

1	10	Tara TOWNSEND	JR	#2 Hillsdale	3.90m	12-9½	3/29
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2	21	Colleen STEINMETZ	FR	#5 Findlay	3.79m	12-5¼	3/30
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2	21	Tru BUDDENBERG	SO	#5 Findlay	3.79m	12-5¼	3/30
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4	23	Katie CLIFFORD	SR	#2 Hillsdale	{2} 3.78m	12-4¾	3/29
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5	32	Makayla MAY	SO	#3 Tiffin	3.65m	11-11¾	3/30
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6	43	Sarah MASUOKA	SR	#1 Ashland	3.64m	11-11¼	3/30
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7	54	Peyton PROFFITT	SO	#12 Ohio Dominican	3.50m	11-5¾	3/29
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7	54	Kate ARCHER	FR	#4 Walsh	3.50m	11-5¾	3/29
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9	69	Allie DUNLAP	SO	#1 Ashland	{2} 3.49m	11-5¼	3/30
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9	69	Maci AMES	SO	#5 Findlay	{3} 3.49m	11-5¼	3/30
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9	69	Sophia SCHNEIDER	JR	#6 Cedarville	3.49m	11-5¼	3/30
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Women's Long Jump

1	49	Julie WHITE	SR	#4 Walsh	5.60m	18-4½ (-1.5)	3/29
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2	90	Savahnna GYASI-NIMAKO	SO	#9 Ursuline	5.44m	17-10¼ (1.0	3/29
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3		Mackenzie CUTLIP	SO	#4 Walsh	{2} 5.32m	17-5½ (-1.2)	3/29
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4		Breanna HYDE	SO	#7 Northwood (Micl	5.27mw	17-3½ (2.3)	3/22
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5		Joyce STALLARD	FR	#1 Ashland	5.09mw	16-8½ (3.6)	3/30
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6		Dannyka JOHNSON	FR	#7 Northwood (Micl	{2} 5.08m	16-8 (0.8)	3/22
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6		Baelyn ZITZMANN	FR	#2 Hillsdale	5.08m	16-8 (1.0)	3/29
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8		Alaina HELLER	FR	#1 Ashland	{2} 5.04mw	16-6½ (2.5)	3/30
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9		Allison MEIXNER	SO	#1 Ashland	{3} 4.90mw	16-1 (2.6)	3/30
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10		Sidney SHEPPERT	SO	#1 Ashland	{4} 4.75m	15-7 (1.6)	3/30
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Women's Triple Jump

1	42	Savahnna GYASI-NIMAKO	SO	#9 Ursuline	11.44m	37-6½ (-0.7)	3/29
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2		Mackenzie CUTLIP	SO	#4 Walsh	10.22m	33-6½ (1.6)	3/22
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Women's Shot Put

1	2	Molly WINNER	SO	#1 Ashland	14.98m	49-1¾	3/30
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2	22	Kelsey HANSEN	SO	#7 Northwood (Micl	13.61m	44-8	3/22
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3	23	Kelsey KINSLEY	SR	#1 Ashland	{2} 13.59m	44-7	3/30
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4	25	Coulter BROOKE	SR	#5 Findlay	13.49m	44-3¼	3/30
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5	34	Kaitlyn GUM	SO	#3 Tiffin	13.07m	42-10¾	3/30
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6	65	Julia FEIK	JR	#1 Ashland	{3} 12.71m	41-8½	3/30
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7	66	Jennifer PATRICK	FR	#1 Ashland	{4} 12.70m	41-8	3/30
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8	67	Kelsey KENNON	SR	#5 Findlay	{2} 12.68m	41-7¼	3/30
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9	98	Emma BAILEY	SR	#6 Cedarville	12.33m	40-5½	3/30
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10		Tatum MILLER	SO	#4 Walsh	12.22m	40-1¼	3/22
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Women's Discus

1	12	Jennifer PATRICK	FR	#1 Ashland	47.12m	154-7	3/30
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2	66	Harley WEST	SR	#3 Tiffin	42.08m	138-1	3/30
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3	72	Kelsey HANSEN	SO	#7 Northwood (Micl	41.79m	137-1	3/29
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4		Kelsey KENNON	SR	#5 Findlay	39.12m	128-4	3/30
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5		Tatum MILLER	SO	#4 Walsh	38.66m	126-10	3/22
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6		Olivia NEWSOME	SO	#2 Hillsdale	38.55m	126-6	3/21
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7		Olivia OOSTDYK	SR	#11 Lake Erie	37.93m	124-6	3/29
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8		Leslie POLLOCK	SO	#1 Ashland	{2} 37.54m	123-2	3/30
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9		Ali MORRIS	JR	#4 Walsh	{2} 37.34m	122-6	3/29
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10		Ava KIEFER	JR	#5 Findlay	{2} 37.30m	122-5	3/30
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Conference TFRI Event Summary



G-MAC

as of 4/1/2025 7:55:20 AM ET

Women's Hammer

1	2	Molly WINNER	SO	#1 Ashland	61.14m	200-7	3/30
2	11	Kaylyn BARNETTE	SR	#1 Ashland	{2} 55.60m	182-5	3/30
3	26	Richella SPIELVOGEL	SR	#11 Lake Erie	52.42m	172-0	3/29
4	31	Katie SAYLES	SR	#2 Hillsdale	51.55m	169-2	3/21
5	34	Juliet BERNARD	SR	#2 Hillsdale	{2} 51.37m	168-7	3/21
6	35	Kelsey KENNON	SR	#5 Findlay	51.32m	168-5	3/30
7	49	Kaitlyn GUM	SO	#3 Tiffin	50.06m	164-3	3/30
8	57	Coulter BROOKE	SR	#5 Findlay	{2} 49.32m	161-10	3/30
9	60	Kelsey KINSLEY	SR	#1 Ashland	{3} 49.02m	160-10	3/30
10	61	Kennedy FLORES	JR	#1 Ashland	{4} 48.94m	160-7	3/30

Women's Javelin

1	90	Raegen HOWDYSELL	JR	#6 Cedarville	36.70m	120-5	3/30
2		Mackenzie CUTLIP	SO	#4 Walsh	32.06m	105-2	3/22
3		Allie MOFFIT	JR	#7 Northwood (Micl	31.92m	104-9	3/22
4		Kara FIELDS	SO	#1 Ashland	31.74m	104-2	3/30
5		Hailey GRANATA	SR	#7 Northwood (Micl	{2} 28.21m	92-6¾	3/22
6		Olivia LAZARUS	SO	#1 Ashland	{2} 26.84m	88-¾	3/30
7		Stephanie SMITH	FR	#5 Findlay	22.80m	74-9¾	3/30
8		Miranda CSORDAS	SO	#10 Thomas More (K	22.44m	73-7½	3/22



Conference TFRI Event Summary



GNAC

as of 4/1/2025 7:55:20 AM ET

Women's 100 Meters

1	2	E'lexis HOLLIS	SR	#2 Central Washing	11.27w	(2.3)	3/29
2	47	Emma CANNAN	JR	#8 Simon Fraser	11.94	(-1.2)	3/29
3	67	Ashlyn NIELSEN	FR	#2 Central Washing{2}	12.02	(0.9)	3/29
4	69	Nerissa THOMPSON	JR	#3 Western Oregon	12.03	(-0.9)	3/29
5		Jazmine DOTSON	JR	#3 Western Oregon{2}	12.33	(-0.9)	3/29
6		Hannah POLKINGHORN	JR	#1 Western Washing	12.34	(1.5)	3/8
7		Caitlyn CHENEY	SR	#1 Western Washing{2}	12.35	(0.4)	3/22
8		Mya RICHARDSON	JR	#7 Montana St.-Billi	12.37	(1.4)	3/27
9		Zoe GONZALES	SO	#2 Central Washing{3}	12.39	(0.8)	3/29
10		Liv HEITE	SO	#5 Alaska Anchorag	12.42	(1.2)	3/8

Women's 100 Meter Hurdles

1	14	Liv HEITE	SO	#5 Alaska Anchorag	14.10	(0.3)	3/8
2	37	Hannah CHANG	JR	#4 Seattle Pacific	14.51	(1.0)	3/22
3	71	Emy NTEKPERE	SO	#2 Central Washing	14.82w	(2.3)	3/29
4	77	Ari NGUYEN	SO	#1 Western Washing	14.87	(0.3)	3/8
5	82	Lacie SIMMONS	SO	#5 Alaska Anchorag{2}	14.95	(0.3)	3/8
6	93	Mette VAN DER MEER	SR	#5 Alaska Anchorag{3}	15.02	(1.4)	3/22
7		Macy CLEMENS	SR	#3 Western Oregon	15.25	(0.0)	3/21
8		Aaliyah TABA	FR	#3 Western Oregon{2}	15.26	(1.9)	3/8
9		Amariyah CLAY	JR	#3 Western Oregon{3}	15.30	(0.0)	3/21
10		Carley HUBER	SR	#2 Central Washing{2}	15.31w	(2.5)	3/29

Women's 200 Meters

1	37	Kennedy COOK	SO	#1 Western Washing	24.33w	(3.3)	3/8
2	63	Ashlyn NIELSEN	FR	#2 Central Washing	24.68	(1.0)	3/22
3	98	Elise HOPPER	JR	#2 Central Washing{2}	24.91	(0.7)	3/29
4		Nerissa THOMPSON	JR	#3 Western Oregon	25.19	(-0.4)	3/29
5		Mya RICHARDSON	JR	#7 Montana St.-Billi	25.24	(1.6)	3/27
6		Hannah POLKINGHORN	JR	#1 Western Washing{2}	25.25	(-0.1)	3/22
7		Caitlyn CHENEY	SR	#1 Western Washing{3}	25.32	(1.0)	3/22
8		Liv HEITE	SO	#5 Alaska Anchorag	25.41w	(3.3)	3/8
9		Johanna BROWN	SR	#4 Seattle Pacific	25.72w	(3.3)	3/8
10		Jaeland CUMMINGS	JR	#8 Simon Fraser	25.80	(-1.8)	3/29

Women's 400 Meters

1	4	Bec BENNETT	JR	#1 Western Washing	54.25		3/22
2	23	Kennedy COOK	SO	#1 Western Washing{2}	55.61		3/22
3	53	Donna Marie HARRIS	JR	#2 Central Washing	56.64		3/22
4	62	Elise HOPPER	JR	#2 Central Washing{2}	56.81		3/29
5		Johanna BROWN	SR	#4 Seattle Pacific	58.01		3/22
6		Bella KLEIN	JR	#7 Montana St.-Billi	58.26		3/27
7		Jada SARRYS	FR	#4 Seattle Pacific {2}	58.52		3/8
8		Evangeline ROWLAND	FR	#4 Seattle Pacific {3}	58.95		3/29
9		Gabriella HARMS	SO	#6 Northwest Nazai	59.44		3/15
10		Taylor BRASFIELD	FR	#3 Western Oregon	---		3/22

Women's 400 Meter Hurdles

1	23	Liv HEITE	SO	#5 Alaska Anchorag	1:02.30		3/29
2	34	Carley HUBER	SR	#2 Central Washing	1:03.17		3/22
3	42	Ari NGUYEN	SO	#1 Western Washing	1:03.73		3/22
4	82	Madeline LAMBING	SR	#3 Western Oregon	1:05.56		3/29
5		Lacie SIMMONS	SO	#5 Alaska Anchorag{2}	1:07.26		3/8
6		Maddie WEATHERFORD	FR	#6 Northwest Nazai	1:07.48		3/22
7		Hannah CHANG	JR	#4 Seattle Pacific	1:08.41		3/8
8		McKinley EDDINGTON	FR	#5 Alaska Anchorag{3}	1:08.55		3/29
9		Linnea NAONE	FR	#4 Seattle Pacific {2}	1:11.87		3/8
10		Cecily EAGLETON	JR	#7 Montana St.-Billi	1:12.21		3/27

Women's 800 Meters

1	33	Mia CROCKER	SR	#1 Western Washing	2:12.88		3/22
2	80	Stephanie MILLAR	SO	#8 Simon Fraser	2:16.54		3/23
3	93	Elizabeth VANDERPUT	SR	#8 Simon Fraser {2}	2:17.35		3/29
4		Emmy KROONTJE	JR	#1 Western Washing{2}	2:19.74		3/22
5		Jazmine LIEBL	JR	#3 Western Oregon	2:19.77		3/8
6		Madeline SEVERSON	SR	#7 Montana St.-Billi	2:19.96c	(2:20.36A)	3/29
7		Kaydence NGUYEN	SO	#3 Western Oregon{2}	2:20.17		3/22
8		Lucia GARCIA	SO	#5 Alaska Anchorag	2:20.50		3/29
9		Madison HURI	FR	#3 Western Oregon{3}	2:20.55		3/8
10		Madelyn BUCKLEY	SR	#4 Seattle Pacific	2:21.19		3/1

Women's 1500 Meters

1	37	Mia CROCKER	SR	#1 Western Washing	4:34.72		3/22
2	38	Annika ESVELT	SR	#4 Seattle Pacific	4:35.05		3/29
3	41	Ryann SMITH	FR	#5 Alaska Anchorag	4:35.54		3/22
4	42	Selin TASDEMIR	JR	#8 Simon Fraser	4:35.56		3/23
5	44	Emmy KROONTJE	JR	#1 Western Washing{2}	4:35.92		3/22
6	57	Jill PHILBIN	JR	#1 Western Washing{3}	4:38.52		3/29
7	78	Maya EWING	JR	#4 Seattle Pacific {2}	4:41.26		3/1
8	92	Lilli LINDNER	JR	#5 Alaska Anchorag{2}	4:42.90		3/22
9		Ashley REECK	JR	#1 Western Washing{4}	4:44.72		3/8
10		Kyla POTRATZ	SO	#3 Western Oregon	4:45.93		3/8

Women's Steeplechase

1	5	Maya EWING	JR	#4 Seattle Pacific	10:48.00		3/8
2	22	Elie BASSETT	JR	#1 Western Washing	11:09.19		3/22
3	25	Laura HALSELL	JR	#1 Western Washing{2}	11:15.54		3/22
4	29	Selin TASDEMIR	JR	#8 Simon Fraser	11:19.71		3/29
5	33	Skye STENEHJEM	FR	#1 Western Washing{3}	11:23.46		3/22
6	36	Olivia FLACK	SR	#3 Western Oregon	11:26.30		3/22
7	43	Avery WILLIAMSON	JR	#5 Alaska Anchorag	11:31.20		3/22
8	46	Cecily EAGLETON	JR	#7 Montana St.-Billi	11:33.30c	(11:41.68A)	3/29
9	49	Ella EDENS	SO	#1 Western Washing{4}	11:36.06		3/8
10	75	Charlotte GARDNER	FR	#3 Western Oregon{2}	11:55.57		3/29



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Women's 5000 Meters

1	29	Maya EWING	JR	#4 Seattle Pacific	17:02.09	3/22
2	35	Kyla POTRATZ	SO	#3 Western Oregon	17:04.29	3/22
3	55	Emma SMITH	SR	#1 Western Washing	17:30.79	3/22
4	62	Ashley REECK	JR	#1 Western Washing{2}	17:36.51	3/22
5	70	Alexis PARKER	JR	#1 Western Washing{3}	17:39.80	3/22
6	92	Danielle MCLAIN	SO	#1 Western Washing{4}	17:49.69	3/22
7	99	Payton CONOVER	FR	#2 Central Washing	17:53.64	3/22
8		Makendra MCCARTY	FR	#5 Alaska Anchorag	17:54.12	3/22
9		Maslin SIGLER	FR	#3 Western Oregon {2}	17:56.98	3/22
10		Ella MARION	SR	#8 Simon Fraser	17:59.08	3/29

Women's 10,000 Meters

1	28	Emma SMITH	SR	#1 Western Washing	36:58.80	3/1
2	30	Morgan ERLER	JR	#6 Northwest Nazai	37:02.40	3/1
3	39	Alexis PARKER	JR	#1 Western Washing{2}	37:25.45	3/1
4	46	Danielle MCLAIN	SO	#1 Western Washing{3}	37:46.03	3/1
5	48	Ella EDENS	SO	#1 Western Washing{4}	37:55.42	3/1
6	53	Alanna PARKER	JR	#1 Western Washing{5}	38:14.48	3/1
7	55	Anna PRUSSIAN	SO	#4 Seattle Pacific	38:15.88	3/1
8	65	Ali CLIFTON	JR	#3 Western Oregon	38:56.85	3/1
9	70	Kendall CARTER	SO	#1 Western Washing{6}	39:11.39	3/1
10	77	Payton CONOVER	FR	#2 Central Washing	39:33.49	3/8

Women's 4x100 Relay

1	4	Elise Hopper, Zoe Gonzales, E'lexis Hollis, Ashlyn Nielsen	#2 Central Washing	45.15	3/29
2	83	Sophie Hanay, Johanna Brown, Hannah Chang, Jada Sarrys	#4 Seattle Pacific	48.81	3/8
3		Alyse Fountain, Annika Morrow, Tori Houg, Jazmine Dotson	#3 Western Oregon	50.07	3/29

Women's 4x400 Relay

1	21	Donna Marie Harris, Elise Hopper, Carley Huber, Ashlyn Nielsen	#2 Central Washing	3:48.53	3/29
2	45	Kennedy Cook, Annabelle Heiman, Hannah Polkinghorn, Ari Nguyen	#1 Western Washing	3:56.84	3/22
3	47	Hannah Chang, Johanna Brown, Sophie Hanay, Jada Sarrys	#4 Seattle Pacific	3:57.43	3/22
4	56	Liv Heite, Lacie Simmons, Lucia Garcia, Mya Campbell	#5 Alaska Anchorag	3:59.70	3/22
5	74	Tori Houg, Mya Fry, Aliyah Taba, Amity Deters	#3 Western Oregon	4:05.60	3/8
6		Madison Vu, Kadence Merritt, Mira Jayarama, Kya Ramirez	#9 Saint Martin's	4:32.30	3/15

Women's High Jump

1	1	Emy NTEKPERE	SO	#2 Central Washing	1.79m	5-10½	3/29
2	10	Kora COOK	SO	#1 Western Washing	1.70m	5-7	3/1
3	17	Miya KOCH	SR	#6 Northwest Nazai	1.67m	5-5¾	3/15
4	20	Amity DETERS	SR	#3 Western Oregon	1.66m	5-5¼	3/21
5	45	Macy CLEMENS	SR	#3 Western Oregon {2}	1.63m	5-4¼	3/21
6	90	Karma WALKER	SO	#1 Western Washing{2}	1.58m	5-2¼	3/8
6	90	Kylie GRIFFIN	JR	#3 Western Oregon {3}	1.58m	5-2¼	3/29
6	90	Olivia BOYD	FR	#3 Western Oregon {3}	1.58m	5-2¼	3/25
9		Amariyah CLAY	JR	#3 Western Oregon {5}	1.54m	5-½	3/21
10		Vivien LIESSFELD	SO	#5 Alaska Anchorag	1.49m	4-10½	3/25

Women's Pole Vault

1	8	Lauryn MCGOUGH	SO	#2 Central Washing	4.05m	13-3½	3/29
2	32	Sydney MOHLMAN	SO	#1 Western Washing	3.65m	11-11¾	3/8
3		Kaitlyn ASKAY	FR	#4 Seattle Pacific	3.24m	10-7½	3/1
4		Cariann BRYANT	SO	#2 Central Washing{2}	3.05m	10-0	3/8
5		Alexa MCGOWAN	FR	#3 Western Oregon	2.94m	9-7¾	3/1
5		Isabel ZAMORA-MERCADO	FR	#3 Western Oregon	2.94m	9-7¾	3/29
7		Alecia LEMEZA	SO	#3 Western Oregon {3}	2.79m	9-1¾	3/29
8		Kayley MORRISSEY	FR	#6 Northwest Nazai	2.54m	8-4	3/15



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Women's Long Jump

1	11	Emy NTEKPERE	SO	#2	Central Washing	5.91m	19-4¾ (0.3)	3/29
2	45	Mya CAMPBELL	FR	#5	Alaska Anchorag	5.61m	18-5 (1.9)	3/22
3	73	Macy CLEMENS	SR	#3	Western Oregon	5.52m	18-1½ (1.9)	3/8
4	84	Nicole AVERY	JR	#1	Western Washing	5.45m	17-10¾ (0.0)	3/8
5		Hannah POLKINGHORN	JR	#1	Western Washing{2}	5.39m	17-8¼ (-1.6)	3/22
6		Amariyah CLAY	JR	#3	Western Oregon {2}	5.37m	17-7½ (1.9)	3/8
7		Carley HUBER	SR	#2	Central Washing{2}	5.30m	17-4¾ (0.0)	3/8
8		Vivien LIESSFELD	SO	#5	Alaska Anchorag{2}	5.24m	17-2¼ (-1.0)	3/25
9		Alyssa DUNCAN	JR	#9	Saint Martin's	5.10m	16-8¾ (-1.6)	3/1
10		Ayla DANNER-BUNN	SO	#1	Western Washing{3}	5.08mw	16-8 (2.3)	3/8

Women's Triple Jump

1	1	Emy NTEKPERE	SO	#2	Central Washing	13.26m	43-6 (0.2)	3/29
2	64	Tehya MOORE	JR	#2	Central Washing{2}	11.18m	36-8¼ (-0.9)	3/8
3	82	Alyssa DUNCAN	JR	#9	Saint Martin's	10.97m	36-0 (-1.4)	3/15
4		Ayla DANNER-BUNN	SO	#1	Western Washing	10.66mw	34-11¾ (3.8)	3/8
5		Rylee KILTGAARD	FR	#6	Northwest Nazai	10.56m	34-7¾ (1.2)	3/15
6		Alyssa SANCHEZ	JR	#7	Montana St.-Billi	10.06m	33-¼ (0.6)	3/22
7		Alecia LEMEZA	SO	#3	Western Oregon	10.00m	32-9¾ (0.1)	3/29
8		Sadie WENDRING	SO	#3	Western Oregon{2}	9.99m	32-9½ (0.0)	3/29
9		Sophie HANAY	FR	#4	Seattle Pacific	9.97m	32-8½ (-0.3)	3/1

Women's Shot Put

1	4	Destany HERBERT	SR	#6	Northwest Nazai	14.87m	48-9½	3/22
2	5	Jessica POLKINGHORN	FR	#1	Western Washing	14.59m	47-10½	3/8
3	14	Kathryn CHAPIN	FR	#1	Western Washing{2}	14.21m	46-7½	3/22
4	33	Rylee ANDREWS	SO	#1	Western Washing{3}	13.13m	43-1	3/29
5	37	Katie POTTS	SR	#1	Western Washing{4}	13.06m	42-10¼	3/29
6	49	Mara PARKS	JR	#1	Western Washing{5}	12.92m	42-4¾	3/22
7	56	Grace LAM TIANG	JR	#3	Western Oregon	12.79m	41-11½	3/29
8	59	Kamila SALANOVA	FR	#2	Central Washing	12.76m	41-10½	3/8
9	81	Maddy GRANDBOIS	SR	#1	Western Washing{6}	12.54m	41-1¾	3/29
10	88	Hannah COOPER	SO	#7	Montana St.-Billi	12.45m	40-10¼	3/15

Women's Discus

1	31	Katie POTTS	SR	#1	Western Washing	44.79m	147-0	3/22
2	83	Payton ELENBAAS	SR	#2	Central Washing	41.19m	135-2	3/22
3	86	Emma KWOK	SO	#6	Northwest Nazai	41.10m	134-10	3/15
4		Adriannah GALVAN	SO	#1	Western Washing{2}	38.65m	126-10	3/8
5		Guinevere RYDBERG	JR	#3	Western Oregon	37.62m	123-5	3/8
6		Jocelyn SARIBAY	SR	#9	Saint Martin's	37.20m	122-1	3/1
7		Brenna BOARD	SR	#2	Central Washing{2}	35.40m	116-2	3/29
8		Isabella HOLMES	SR	#2	Central Washing{3}	34.65m	113-8	3/8
9		Mattea MCCOLLY	SO	#7	Montana St.-Billi	34.12m	112-0	3/15
10		Ellie PRAZER	SO	#2	Central Washing{4}	34.01m	111-7	3/8

Women's Hammer

1	42	Jocelyn SARIBAY	SR	#9	Saint Martin's	50.64m	166-2	3/8
2	47	Payton ELENBAAS	SR	#2	Central Washing	50.13m	164-6	3/29
3	55	Zuzanna LINIEWSKI	SR	#8	Simon Fraser	49.49m	162-5	3/23
4	68	Destany HERBERT	SR	#6	Northwest Nazai	48.50m	159-2	3/15
5	91	Kathryn CHAPIN	FR	#1	Western Washing	47.06m	154-5	3/15
6		Mara PARKS	JR	#1	Western Washing{2}	46.21m	151-7	3/15
7		Jaida GREEN	JR	#7	Montana St.-Billi	46.09m	151-3	3/27
8		Jazmin MENDOZA	SR	#2	Central Washing{2}	45.23m	148-5	3/8
9		Jordan ELDRIDGE	SR	#6	Northwest Nazai{2}	45.14m	148-1	3/22
10		Hannah COOPER	SO	#7	Montana St.-Billi{2}	44.74m	146-10	3/15

Women's Javelin

1	20	Emily POWERS	JR	#6	Northwest Nazai	43.30m	142-1	3/22
2	43	Jessica POLKINGHORN	FR	#1	Western Washing	39.98m	131-2	3/15
3	67	Lauryn MCGOUGH	SO	#2	Central Washing	38.05m	124-10	3/29
4	71	Grace LAM TIANG	JR	#3	Western Oregon	37.93m	124-6	3/29
5	80	Rylee ANDREWS	SO	#1	Western Washing{2}	37.38m	122-8	3/29
6	98	Hannah COOPER	SO	#7	Montana St.-Billi	36.44m	119-7	3/27
7	100	Bailey BOARD	FR	#2	Central Washing{2}	36.22m	118-10	3/8
8		Vivien LIESSFELD	SO	#5	Alaska Anchorag	35.73m	117-3	3/25
9		Olivia BOYD	FR	#3	Western Oregon{2}	34.34m	112-8	3/25
10		Joy AYODEJI	FR	#2	Central Washing{3}	33.50m	109-11	3/8

Women's Heptathlon

1	8	Macy CLEMENS	SR	#3	Western Oregon	4,639	3/21
2	11	Amariyah CLAY	JR	#3	Western Oregon{2}	4,619	3/21
3	19	Carley HUBER	SR	#2	Central Washing	4,313	3/8
4	21	Vivien LIESSFELD	SO	#5	Alaska Anchorag	4,303	3/25
5	22	Amity DETERS	SR	#3	Western Oregon{3}	4,283	3/21
6	30	Nicole AVERY	JR	#1	Western Washing	4,002	3/8
7	38	Aaliyah TABA	FR	#3	Western Oregon{4}	3,809	3/25
8	46	Joy AYODEJI	FR	#2	Central Washing{2}	3,687	3/8
9	49	Olivia BOYD	FR	#3	Western Oregon{5}	3,610	3/25
10	53	Meggie KILCUP	FR	#2	Central Washing{3}	3,537	3/8



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Women's 100 Meters

1	12	Yakubu BALIKIS	SR	#5	West Alabama	11.59	(1.5)	3/22
2	50	Jordyn DORTCH	SO	#1	Alabama-Huntsv	11.96	(-1.6)	3/29
3	63	Livia FISCHER	SO	#4	Mississippi Colle	12.01w	(3.2)	3/29
4		Mikia HUTCHINGS	SR	#5	West Alabama {2}	12.26	(0.8)	3/22
4		Deja HINES	FR	#1	Alabama-Huntsv{2}	12.26	(1.4)	3/29
6		Jydia FAUCETTE	SR	#2	Lee (Tenn.)	12.29	(1.7)	3/22
7		Keziah MICKLER	SO	#1	Alabama-Huntsv{3}	12.32	(1.4)	3/29
8		Samantha BENNETT	FR	#3	Montevallo	12.49	(1.6)	3/9
9		Alana GREEN	JR	#4	Mississippi Colle{2}	12.54	(-1.1)	3/22
10		Hannah JACKSON	SO	#4	Mississippi Colle{3}	12.64w	(2.4)	3/29

Women's 100 Meter Hurdles

1	22	Liz LANNOM	FR	#2	Lee (Tenn.)	14.29	(0.8)	3/22
2	30	Ivy TEACHEY	SO	#1	Alabama-Huntsv	14.42	(1.0)	3/29
3	47	Madison FLUGENCE	SO	#4	Mississippi Colle	14.64w	(2.5)	3/9
4	60	Katie GATES	SO	#4	Mississippi Colle{2}	14.76w	(2.5)	3/9
5	64	Liezl THERON	SR	#2	Lee (Tenn.) {2}	14.78	(0.7)	3/22
6		Gioia SCOPEL	JR	#7	Christian Brothe	15.13	(1.1)	3/22
7		Ashanti SLAUGHTER	FR	#1	Alabama-Huntsv{2}	15.24	(0.7)	3/29
8		Hallie HARRELL	FR	#3	Montevallo	15.81	(1.2)	3/22
9		Hope COLLINS	FR	#1	Alabama-Huntsv{3}	15.85	(1.4)	3/22
10		Ane PEASLSY	JR	#2	Lee (Tenn.) {3}	15.97	(0.5)	3/22

Women's 200 Meters

1	13	Yakubu BALIKIS	SR	#5	West Alabama	23.75	(-0.4)	3/22
2	39	Liz LANNOM	FR	#2	Lee (Tenn.)	24.35	(1.6)	3/22
3	53	Summer SUTHERLIN	FR	#1	Alabama-Huntsv	24.60w	(2.7)	3/29
4		Aniya JOHNSON	SO	#1	Alabama-Huntsv{2}	24.93	(0.8)	3/29
5		Maddox MAYFIELD	FR	#2	Lee (Tenn.) {2}	25.18w	(2.2)	3/22
6		Ivy TEACHEY	SO	#1	Alabama-Huntsv{3}	25.27	(0.8)	3/29
7		Livia FISCHER	SO	#4	Mississippi Colle	25.40	(1.2)	3/9
8		Alana GREEN	JR	#4	Mississippi Colle{2}	25.46	(1.5)	3/9
9		Jydia FAUCETTE	SR	#2	Lee (Tenn.) {3}	25.47	(1.2)	3/22
10		Samantha BENNETT	FR	#3	Montevallo	25.61	(1.2)	3/9

Women's 400 Meters

1	44	Grace HAMPEL	JR	#1	Alabama-Huntsv	56.41		3/29
2	45	Aniya JOHNSON	SO	#1	Alabama-Huntsv{2}	56.42		3/29
3	75	Summer SUTHERLIN	FR	#1	Alabama-Huntsv{3}	57.19		3/22
4	83	Augusta ARNOLD	SR	#5	West Alabama	57.35		3/22
5	98	Hilary UDECHUKWU	SR	#4	Mississippi Colle	57.62		3/22
6		Sarah COTHRAN	FR	#1	Alabama-Huntsv{4}	59.29		3/29
7		Livia FISCHER	SO	#4	Mississippi Colle{2}	59.71		3/22
8		Ann COBB	FR	#4	Mississippi Colle{3}	1:00.57		3/22
9		Alana GREEN	JR	#4	Mississippi Colle{4}	1:00.80		3/9
10		Hannah JACKSON	SO	#4	Mississippi Colle{5}	1:01.29		3/22

Women's 400 Meter Hurdles

1	57	Hilary UDECHUKWU	SR	#4	Mississippi Colle	1:04.54		3/29
2	65	Hope COLLINS	FR	#1	Alabama-Huntsv	1:04.94		3/29
3		Ashanti SLAUGHTER	FR	#1	Alabama-Huntsv{2}	1:07.50		3/22
4		Madison FLUGENCE	SO	#4	Mississippi Colle{2}	1:10.50		3/22
5		Chane DE BEER	JR	#6	Trevecca Nazare	1:10.88		3/22
6		Nina WILLOUGHBY	SO	#6	Trevecca Nazare{2}	1:12.36		3/29
7		Lauren DELLEZAY	SO	#3	Montevallo	1:13.56		3/15
8		Kiffin BRUN	SR	#3	Montevallo {2}	1:18.87		3/22

Women's 800 Meters

1	38	Estella CLEMONS	FR	#2	Lee (Tenn.)	2:13.37		3/22
2	42	Katie BEAM	SO	#2	Lee (Tenn.) {2}	2:13.78		3/22
3	61	Augusta ARNOLD	SR	#5	West Alabama	2:15.36		3/29
4	64	Taylor BENOIT	JR	#4	Mississippi Colle	2:15.46		3/22
5	68	Grace HAMPEL	JR	#1	Alabama-Huntsv	2:15.86		3/22
6		Abi MOORE	FR	#2	Lee (Tenn.) {3}	2:18.83		3/22
7		Sarah COTHRAN	FR	#1	Alabama-Huntsv{2}	2:18.84		3/22
8		Raegan HELDT	SR	#6	Trevecca Nazare	2:20.80		3/22
9		Sarah TURNER	JR	#3	Montevallo	2:20.93		3/15
10		Sophia KNOX	SO	#1	Alabama-Huntsv{3}	2:21.21		3/22

Women's 1500 Meters

1	14	Lily HARE	SR	#2	Lee (Tenn.)	4:28.77		3/29
2	15	Estella CLEMONS	FR	#2	Lee (Tenn.) {2}	4:29.03		3/29
3	52	Taylor BENOIT	JR	#4	Mississippi Colle	4:37.36		3/22
4	77	Katie BEAM	SO	#2	Lee (Tenn.) {3}	4:41.07		3/22
5	96	Mercy LOMURIA	FR	#5	West Alabama	4:43.73		3/9
6		Tamsyn GIBBS	FR	#1	Alabama-Huntsv	4:46.99		3/22
7		Abi MOORE	FR	#2	Lee (Tenn.) {4}	4:47.08		3/22
8		Lucy BARKER	FR	#1	Alabama-Huntsv{2}	4:49.56		3/22
9		Ashlyn ILIFF	SR	#2	Lee (Tenn.) {5}	4:49.59		3/22
10		Natalie WARNER	SR	#3	Montevallo	4:51.21		3/15

Women's Steeplechase

1	14	Ashlyn ILIFF	SR	#2	Lee (Tenn.)	11:02.37		3/29
2	37	Tamsyn GIBBS	FR	#1	Alabama-Huntsv	11:26.92		3/28
3	98	Abby WEIST	SR	#1	Alabama-Huntsv{2}	12:13.92		3/22
4		Elizabeth CAIN	SO	#1	Alabama-Huntsv{3}	12:40.85		3/22

Women's 5000 Meters

1	10	Ana Patricia CAMPOS	SR	#2	Lee (Tenn.)	16:43.40		3/22
2	20	Lily HARE	SR	#2	Lee (Tenn.) {2}	16:52.59		3/22
3	64	Mercy LOMURIA	FR	#5	West Alabama	17:36.65		3/28
4	96	Taylor BENOIT	JR	#4	Mississippi Colle	17:52.27		3/1
5		Katie KRUEGER	SR	#2	Lee (Tenn.) {3}	18:07.83		3/22
6		Kinley HARRIS	FR	#4	Mississippi Colle{2}	18:11.27		3/1
7		Shana SELLERS	JR	#4	Mississippi Colle{3}	18:13.69		3/1
8		Natalie WARNER	SR	#3	Montevallo	18:15.97		3/22
9		Lucy BARKER	FR	#1	Alabama-Huntsv	18:20.07		3/28
10		Lyndi CHAPMAN	FR	#2	Lee (Tenn.) {4}	18:21.78		3/22

Women's 10,000 Meters

1	3	Ana Patricia CAMPOS	SR	#2	Lee (Tenn.)	34:25.64		3/29
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Conference TFRI Event Summary



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Women's 4x100 Relay

1	17	Deja Hines, Summer Sutherlin, Keziah Mickler, Jordyn Dortch	#1 Alabama-Huntsv	46.22	3/29
2	39	Mikia Hutchings, Gabriel Stephens, Erica Smith, Yakubu Balikis	#5 West Alabama	47.24	3/22
3	45	#Type!	#4 Mississippi Colle	47.58	3/9
4		Hallie Harrell, Zauren Burton, Libby Wright, Samantha Bennett	#3 Montevallo	50.63	3/15
5		Chane De beer, Ava Skaggs, Nina Willoughby, Jamelia Stovall	#6 Trevecca Nazare	52.46	3/15

Women's 4x400 Relay

1	15	Deja Hines, Summer Sutherlin, Grace Hampel, Jordyn Dortch	#1 Alabama-Huntsv	3:46.79	3/29
2	38	Livia Fischer, Ann Cobb, Alana Green, Hilary Udechukwu	#4 Mississippi Colle	3:55.32	3/29
3	91	Augusta Arnold, Jamaya Dancy, Jordan Conner, Erica Smith	#5 West Alabama	4:09.74	3/1
4		Chane De beer, Ximenia Acosta, Ava Skaggs, Raegan Heldt	#6 Trevecca Nazare	4:16.50	3/29
5		Lauren Dellezay, Sarah Turner, Leah Dendy, Rachel Smith	#3 Montevallo	4:27.55	3/15

Women's High Jump

1	6	Liezl THERON	SR	#2 Lee (Tenn.)	1.72m	5-7¾	3/22
2	20	Liz LANNOM	FR	#2 Lee (Tenn.)	{2} 1.66m	5-5¼	3/22
3	63	Zauren BURTON	SR	#3 Montevallo	1.60m	5-3	3/9
3	63	Aniya JOHNSON	SO	#1 Alabama-Huntsv	1.60m	5-3	3/22
5		Gioia SCOPEL	JR	#7 Christian Brothe	1.55m	5-1	3/22
6		Sydney WHITE	SR	#2 Lee (Tenn.)	{3} 1.51m	4-11½	3/22
7		Morgan MCCARTNEY	FR	#3 Montevallo	{2} 1.50m	4-11	3/9
8		Alyssa PEREZ	SR	#3 Montevallo	{3} 1.45m	4-9	3/15
8		Elizabeth HAYHURST	JR	#3 Montevallo	{3} 1.45m	4-9	3/9
8		Hallie HARRELL	FR	#3 Montevallo	{3} 1.45m	4-9	3/9

Women's Pole Vault

1	25	Raegan MILLER	JR	#1 Alabama-Huntsv	3.75m	12-3½	3/29
2	32	Brynn DEPINET	JR	#2 Lee (Tenn.)	3.65m	11-11¾	3/22
3	54	Nicole COUNTER	SO	#2 Lee (Tenn.)	{2} 3.50m	11-5¾	3/22
4	84	Leah DENDY	JR	#3 Montevallo	3.40m	11-1¾	3/22
5		Skylar SUGGITT	SR	#3 Montevallo	{2} 3.00m	9-10	3/15

Women's Long Jump

1	44	Madison FLUGENCE	SO	#4 Mississippi Colle	5.62m	18-5¼ (2.0)	3/9
2		Jadlyn DEBARLABON	SO	#1 Alabama-Huntsv	5.39m	17-8¼ (1.1)	3/22
3		Farrah HAWKINS	SO	#3 Montevallo	5.27mw	17-3¼ (2.7)	3/15
4		Hallie HARRELL	FR	#3 Montevallo	{2} 5.25m	17-2¾ (0.7)	3/15
5		Liz LANNOM	FR	#2 Lee (Tenn.)	5.22m	17-1½ (0.0)	3/22
6		Hannah JACKSON	SO	#4 Mississippi Colle	{2} 5.16m	16-11¼ (1.9)	3/9
7		Morgan MCCARTNEY	FR	#3 Montevallo	{3} 4.96mw	16-3¼ (2.1)	3/15
8		Kyla ROHLING	FR	#1 Alabama-Huntsv	{2} 4.95m	16-3 (0.9)	3/22
9		Kiffin BRUN	SR	#3 Montevallo	{4} 4.94mw	16-2½ (3.8)	3/15
10		Ann COBB	FR	#4 Mississippi Colle	{3} 4.91m	16-1½ (0.5)	3/9

Women's Triple Jump

1	68	Farrah HAWKINS	SO	#3 Montevallo	11.15mw	36-7 (2.8)	3/15
2		Jadlyn DEBARLABON	SO	#1 Alabama-Huntsv	10.56m	34-7¾ (0.0)	3/29
3		Kiffin BRUN	SR	#3 Montevallo	{2} 10.24m	33-7¼ (1.1)	3/15
4		Alana COLEMAN	FR	#1 Alabama-Huntsv	{2} 10.16m	33-4 (1.7)	3/29
5		Morgan MCCARTNEY	FR	#3 Montevallo	{3} 10.07mw	33-½ (3.6)	3/15
6		Alyssa PEREZ	SR	#3 Montevallo	{4} 9.31mw	30-6½ (2.5)	3/15

Women's Shot Put

1	90	Emily WOLF	SO	#3 Montevallo	12.43m	40-9½	3/15
2	95	A'Cynthia BROWN	FR	#1 Alabama-Huntsv	12.37m	40-7	3/22
3	100	Graice WAITE	FR	#2 Lee (Tenn.)	12.32m	40-5	3/22
4		Rebekah ZWEERINK	FR	#4 Mississippi Colle	11.44m	37-6½	3/29
5		Sarah TANG	SO	#1 Alabama-Huntsv	{2} 11.42m	37-5¾	3/29
6		Sydney WHITE	SR	#2 Lee (Tenn.)	{2} 11.32m	37-1¾	3/22
7		McKenna JACKSON	FR	#3 Montevallo	{2} 11.28m	37-¼	3/9
8		Samara BRINKS	JR	#2 Lee (Tenn.)	{3} 11.19m	36-8½	3/22
9		TaNiyah THOMAS	SR	#1 Alabama-Huntsv	{3} 10.98m	36-¼	3/22
9		Katie WILKERSON	FR	#3 Montevallo	{3} 10.98m	36-¼	3/9

Women's Discus

1	28	Emily WOLF	SO	#3 Montevallo	44.93m	147-5	3/15
2	32	Katie WILKERSON	FR	#3 Montevallo	{2} 44.52m	146-1	3/15
3	40	TaNiyah THOMAS	SR	#1 Alabama-Huntsv	43.97m	144-3	3/22
4	69	Graice WAITE	FR	#2 Lee (Tenn.)	41.93m	137-7	3/22
5	84	Rebekah ZWEERINK	FR	#4 Mississippi Colle	41.11m	134-11	3/29
6		Keva THOMAS	FR	#4 Mississippi Colle	{2} 38.92m	127-8	3/29
7		Morgan THRIFT	FR	#4 Mississippi Colle	{3} 38.71m	127-0	3/29
8		Hailey SMITH	JR	#1 Alabama-Huntsv	{2} 37.33m	122-6	3/29
9		Kennedy THOMPSON	SO	#4 Mississippi Colle	{4} 36.82m	120-10	3/22
10		Sarah TANG	SO	#1 Alabama-Huntsv	{3} 35.12m	115-3	3/29



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Women's Hammer

1	79	Sarah TANG	SO	#1	Alabama-Huntsv	47.90m	157-2	3/29
2	88	Emily WOLF	SO	#3	Montevallo	47.11m	154-7	3/22
3	92	Hailey SMITH	JR	#1	Alabama-Huntsv{2}	47.05m	154-5	3/22
4		Samara BRINKS	JR	#2	Lee (Tenn.)	45.38m	148-11	3/22
5		Kennedy THOMPSON	SO	#4	Mississippi Colle	43.21m	141-9	3/29
6		Graice WAITE	FR	#2	Lee (Tenn.) {2}	43.08m	141-4	3/22
7		Kylie RINKE	JR	#1	Alabama-Huntsv{3}	41.70m	136-10	3/29
8		Rebekah ZWEERINK	FR	#4	Mississippi Colle{2}	41.41m	135-11	3/29
9		Sakari FAULKNER	SR	#4	Mississippi Colle{3}	40.51m	132-11	3/22
10		Keva THOMAS	FR	#4	Mississippi Colle{4}	40.46m	132-9	3/29

Women's Javelin

1	16	Aspen ARROWSMITH	SO	#1	Alabama-Huntsv	44.71m	146-8	3/22
2	44	Elizabeth HAYHURST	JR	#3	Montevallo	39.87m	130-10	3/9
3	61	Katie WILKERSON	FR	#3	Montevallo {2}	38.59m	126-7	3/15
4	64	Katelyn BROTHERS	SO	#3	Montevallo {3}	38.40m	126-0	3/9
5	69	Campbell JOHNSON	JR	#6	Trevecca Nazare	38.01m	124-9	3/29
6	73	Hailey SMITH	JR	#1	Alabama-Huntsv{2}	37.79m	124-0	3/29
7		Sarah COTHRAN	FR	#1	Alabama-Huntsv{3}	36.12m	118-6	3/22
8		Libby WRIGHT	SO	#3	Montevallo {4}	33.53m	110-0	3/15
9		Sydney WHITE	SR	#2	Lee (Tenn.)	33.03m	108-5	3/22
10		Claire SCHULTZ	FR	#1	Alabama-Huntsv{4}	32.03m	105-1	3/22

Women's Heptathlon

1	16	Liz LANNOM	FR	#2	Lee (Tenn.)	4,452		3/22
2	18	Sydney WHITE	SR	#2	Lee (Tenn.) {2}	4,397		3/22
3	80	Nina WILLOUGHBY	SO	#6	Trevecca Nazare	2,639		3/22



Conference TFRI Event Summary



Independents

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Women's 100 Meters

1	86	Estefania RIVERA-GONZALEZ	FR	#1 UPR Rio Piedras	12.13	(0.5)	2/22
2		Enith MAYSONET	SO	#1 UPR Rio Piedras {2}	12.44	(-0.1)	2/22
3		Claudia FERNANDEZ	SR	#1 UPR Rio Piedras {3}	12.51	(1.5)	2/22
4		Briannyx MALDONADO	SO	#1 UPR Rio Piedras {4}	12.54	(-4.3)	2/22
5		Brianne PRESLEY	SO	#9 Cheyney	14.69	(-0.9)	3/29

Women's 100 Meter Hurdles

1		Kamila OSORIO	SO	#1 UPR Rio Piedras	15.72	(0.0)	2/22
2		Zulmarylee MORALES-OTERO	FR	#1 UPR Rio Piedras {2}	16.97	(-0.3)	2/22
3		Kintla PENN	FR	#2 Alaska	18.24	(0.2)	3/29

Women's 400 Meters

1	70	Victoria NIEVES	SR	#1 UPR Rio Piedras	57.05		2/22
2		Valeria CARRASQUILLO	JR	#1 UPR Rio Piedras {2}	58.09		2/22
3		Alondra MAS NET	FR	#1 UPR Rio Piedras {3}	59.36		2/22
4		Camila ORTIZ	FR	#1 UPR Rio Piedras {4}	1:00.22		2/22

Women's 400 Meter Hurdles

1		Carely TORRECH	FR	#1 UPR Rio Piedras	1:08.31		2/22
2		Valeria OCASIO	SR	#1 UPR Rio Piedras {2}	1:08.53		2/22
3		Zulmarylee MORALES-OTERO	FR	#1 UPR Rio Piedras {3}	1:10.16		2/22
4		Kintla PENN	FR	#2 Alaska	1:17.16		3/29

Women's 800 Meters

1	67	Teegan SILVA	JR	#2 Alaska	2:15.85		3/29
2		Sierra HOWARD	FR	#3 West Florida	2:22.06		3/29
3		Jayleann SERRANO	SR	#1 UPR Rio Piedras	2:23.36		2/22
4		Jasmin HOLST	FR	#2 Alaska {2}	2:31.78		3/29
5		Madison SCHUH	FR	#2 Alaska {3}	2:33.22		3/29
6		Anna LAVOIE	FR	#5 Georgia College	2:40.49		3/9
7		Maggie MAHONEY	FR	#6 Gannon	2:55.77		3/22

Women's 1500 Meters

1		Lucca DUKE	SO	#2 Alaska	4:47.65		3/29
2		Chloe ROOK	JR	#3 West Florida	4:54.11		3/29
3		Dalines GONZALEZ	SR	#1 UPR Rio Piedras	5:05.17		2/22
4		Sierra HOWARD	FR	#3 West Florida {2}	5:07.06		3/15
5		Emily BOWERS	FR	#6 Gannon	5:07.13		3/29
6		Haven BEJNEROWICZ	FR	#5 Georgia College	5:11.30		3/28
7		Alexis ABBETT	FR	#6 Gannon {2}	5:12.10		3/29
8		Bailey KIRKLAND	SO	#8 USC Aiken	5:12.49		3/22
9		Adley BURKES	SO	#4 Auburn Montgon	5:12.50		3/9
10		Madison SCHUH	FR	#2 Alaska {2}	5:13.10		3/29

Women's Steeplechase

1		Alexandra NIEVES RIOS		#1 UPR Rio Piedras	12:53.89		2/22
2		Asalah FADI ABUHAIAH	SO	#1 UPR Rio Piedras {2}	13:27.50		2/22

Women's 5000 Meters

1		Chloe ROOK	JR	#3 West Florida	18:41.76		3/9
2		Ava BALDAUF	JR	#3 West Florida {2}	18:52.47		3/15
3		Adley BURKES	SO	#4 Auburn Montgon	19:11.36		3/29
4		Emma MCGEE	FR	#4 Auburn Montgon {2}	19:16.62		3/29
5		Megan ICKES	SO	#6 Gannon	19:17.09		3/29
6		Gabby JOURDAIN	SO	#8 USC Aiken	19:20.02		3/22
7		Victoria MARKHAM	SO	#7 Union (Tenn.)	19:22.68		3/15
8		Addi AGUAYO	SO	#7 Union (Tenn.) {2}	19:23.24		3/15
9		Lorena CAZORA	JR	#5 Georgia College	19:39.83		3/28
10		Railey PRINS	FR	#4 Auburn Montgon {3}	19:45.58		3/29

Women's 10,000 Meters

1		Yariana CATALA	SR	#1 UPR Rio Piedras	42:39.94		2/22
2		Aniris ROMAN	SR	#1 UPR Rio Piedras {2}	43:29.75		2/22
3		Amanda LOPEZ	JR	#1 UPR Rio Piedras {3}	43:57.62		2/22
4		Kamila RODRIGUEZ	SR	#1 UPR Rio Piedras {4}	46:38.85		2/22

Women's 4x100 Relay

1	32	Enith Maysonet Rivera, Briannyx Maldonado, Claudia Fernandez, Estefania Rivera-gonzalez		#1 UPR Rio Piedras	47.08		2/22
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Women's 4x400 Relay

1	27	Victoria Nieves Rios, Alondra Mas Net, Camila Ortiz Ruiz, Valeria Carrasquillo		#1 UPR Rio Piedras	3:52.13		2/22
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Women's High Jump

1	27	Daniela ALEJANDO	SR	#1 UPR Rio Piedras	1.65m	5-5	2/22
2	63	Carely TORRECH	FR	#1 UPR Rio Piedras {2}	1.60m	5-3	2/22
3		Wilmarie MCGRANTH MARRER		#1 UPR Rio Piedras {3}	1.45m	4-9	2/22

Women's Long Jump

1	17	Claudia FERNANDEZ	SR	#1 UPR Rio Piedras	5.80m	19-1/2 (-0.3)	2/22
2	60	Daniela ALEJANDO	SR	#1 UPR Rio Piedras {2}	5.57m	18-3/4 (0.1)	2/22

Women's Shot Put

1		Gabriela SOTO	SR	#1 UPR Rio Piedras	10.75m	35-3/4	2/22
2		Ilmarily Kerkado BERMUDE		#1 UPR Rio Piedras {2}	10.54m	34-7	2/22
3		Tatiana VIZCARRONDO	SR	#1 UPR Rio Piedras {3}	9.25m	30-4 1/4	2/22
4		Yeitza RIVERA PEREZ		#1 UPR Rio Piedras {4}	8.60m	28-2 3/4	2/22

Women's Discus

1		Clarmar RODRIGUEZ	SR	#1 UPR Rio Piedras	32.40m	106-4	2/22
2		Ilmarily Kerkado BERMUDE		#1 UPR Rio Piedras {2}	30.85m	101-3	2/22
3		Mileny RIVERA PEREZ		#1 UPR Rio Piedras {3}	24.85m	81-6 1/2	2/22

Women's Hammer

1		Gabriela SOTO	SR	#1 UPR Rio Piedras	40.20m	131-11	2/22
2		Yeitza RIVERA PEREZ		#1 UPR Rio Piedras {2}	24.62m	80-9 1/4	2/22



USTFCCA NCAA Division II Outdoor Track & Field

WOMEN — 2025 Checkpoint #1, April 1

Conference TFRI Event Summary



Independents

as of 4/1/2025 7:55:21 AM ET

Women's Javelin

1	Yalimar NIEVES SOLIVERA	#1	UPR Rio Piedras	34.92m	114-7	2/22
2	Tatiana VIZCARRONDO	SR	#1	UPR Rio Piedras {2}	30.06m	98-7½ 2/22



Conference TFRI Event Summary



Lone Star

as of 4/1/2025 7:55:21 AM ET

Women's 100 Meters

1	4	Deborah ACHEAMPONG	SO	#1 West Texas A&M	11.38	(1.6)	3/22
2	13	Grizell SCARLETT	SO	#6 Eastern New Me	11.60cw	(11.57A) (2.	3/30
3	43	Joy EGWU	JR	#4 Lubbock Christia	11.92	(1.6)	3/22
4	45	Brandi DRAKE	JR	#8 UT Tyler	11.93	(1.0)	3/29
5	56	Leah BELFIELD	SR	#1 West Texas A&M {2}	11.98	(1.6)	3/22
5	56	Cynai CHRISTOPHER	SR	#3 Texas A&M-King	11.98w	(3.9)	3/22
7	67	Hailee JANZEN	FR	#5 Midwestern Stat	12.02	(1.0)	3/22
8	86	Anika BEUKES	SO	#4 Lubbock Christia{2}	12.13	(1.6)	3/22
9	92	Shackelia GREEN	JR	#2 Angelo State	12.14	(1.0)	3/8
10	100	Helena KLUTSEY-CARBOO	SO	#6 Eastern New Mex{2}	12.17cw	(12.14A) (2.	3/30
10	100	Anne-Lie WAITE	FR	#4 Lubbock Christia{3}	12.17	(1.7)	3/22

Women's 100 Meter Hurdles

1	23	Bracie VAUGHN	JR	#8 UT Tyler	14.31w	(2.6)	3/29
2	33	Maricia SPENCE	SR	#2 Angelo State	14.49	(0.3)	3/8
3	43	Isabel JAKOBSEN	SO	#8 UT Tyler {2}	14.60w	(2.9)	3/22
4	55	Temitope ADENUGA	SO	#1 West Texas A&M	14.69	(1.8)	3/22
5	56	Devyn ERICKSEN	FR	#6 Eastern New Me	14.72	(0.6)	3/22
6	59	Meadow HOUSMAN	SR	#7 Dallas Baptist	14.74w	(2.9)	3/22
7	62	Taylor GONZALEZ	JR	#1 West Texas A&M {2}	14.77	(1.8)	3/22
8	97	Audrey WISTAIN	SR	#9 St. Edward's	15.04w	(2.1)	3/22
9	98	Lainey JERNIGAN	FR	#2 Angelo State {2}	15.05	(0.3)	3/8
10		Janae KELLY	SR	#1 West Texas A&M {3}	15.07	(1.3)	3/29

Women's 200 Meters

1	3	Deborah ACHEAMPONG	SO	#1 West Texas A&M	23.24w	(3.3)	3/22
2	10	Cynai CHRISTOPHER	SR	#3 Texas A&M-King	23.62w	(4.0)	3/22
3	29	Grizell SCARLETT	SO	#6 Eastern New Me	24.21	(0.1)	3/22
4	35	Joy EGWU	JR	#4 Lubbock Christia	24.31w	(3.3)	3/22
5	43	Oneika BRISSETT	FR	#3 Texas A&M-King{2}	24.43w	(2.8)	3/29
6	45	Anne-Lie WAITE	FR	#4 Lubbock Christia{2}	24.51w	(2.4)	3/22
7	50	Reanna ARGULLIN	SR	#4 Lubbock Christia{3}	24.57w	(3.3)	3/22
8	67	Corinne THORPE	SR	#5 Midwestern Stat	24.70w	(4.0)	3/22
9	78	Hailee JANZEN	FR	#5 Midwestern Stat{2}	24.76w	(4.0)	3/22
10	93	Jasmine MILLER	JR	#3 Texas A&M-King{3}	24.87w	(4.0)	3/22

Women's 400 Meters

1	1	Anna SALISBURY	SR	#4 Lubbock Christia	53.03		3/29
2	15	Nidhi SINGH	SR	#5 Midwestern Stat	55.13		3/22
3	26	Jozlyn ARANA	JR	#4 Lubbock Christia{2}	55.63		3/22
4	27	Elizabeth FLOREZ	SO	#4 Lubbock Christia{3}	55.70		3/22
5	41	Hailey RODRIGUEZ	JR	#9 St. Edward's	56.39		3/29
6	42	Reanna ARGULLIN	SR	#4 Lubbock Christia{4}	56.40		3/22
7	49	Jasmine MILLER	JR	#3 Texas A&M-King	56.56		3/29
8	54	Trell'Kyrh WATKINS	JR	#5 Midwestern Stat{2}	56.66		3/22
9	77	Sakara WADE	FR	#3 Texas A&M-King{2}	57.22		3/22
10	88	Katie BOSLEY	SO	#10 Oklahoma Christ	57.47		3/29

Women's 400 Meter Hurdles

1	9	Temitope ADENUGA	SO	#1 West Texas A&M	1:00.80		3/22
2	12	Asana HAMIDU	JR	#1 West Texas A&M {2}	1:01.00		3/22
3	22	Shackelia GREEN	JR	#2 Angelo State	1:02.11		3/8
4	28	Kaylee PRICE	FR	#2 Angelo State {2}	1:02.80		3/22
5	33	Lainey JERNIGAN	FR	#2 Angelo State {3}	1:03.00		3/22
6	63	Taylor GONZALEZ	JR	#1 West Texas A&M {3}	1:04.89		3/22
7	64	Meadow HOUSMAN	SR	#7 Dallas Baptist	1:04.93		3/29
8	87	Jesse SWAN	SO	#7 Dallas Baptist {2}	1:05.70		3/29
9	97	Brylee GUTIERREZ	FR	#2 Angelo State {4}	1:06.07		3/8
10	100	Kendal BROWN	SO	#7 Dallas Baptist {3}	1:06.34		3/29

Women's 800 Meters

1	2	Abigail ABUGIRE	FR	#1 West Texas A&M	2:04.89		3/29
2	7	Nidhi SINGH	SR	#5 Midwestern Stat	2:07.77		3/29
3	15	Ellie FRYE	JR	#7 Dallas Baptist	2:10.36		3/29
4	31	Maggie NEAL	FR	#5 Midwestern Stat{2}	2:12.01		3/29
5	50	Jessie HEATH	SO	#5 Midwestern Stat{3}	2:14.52		3/22
6	61	Macy COGBURN	FR	#8 UT Tyler	2:15.36		3/29
7	69	Jadyn DANGERFIELD	JR	#5 Midwestern Stat{4}	2:15.97		3/22
8	96	Kinley KITE	FR	#10 Oklahoma Christ	2:17.44		3/29
9	97	Kailynn DENNEY	SO	#8 UT Tyler {2}	2:17.46		3/29
10	98	Danielle GRAHAM	FR	#7 Dallas Baptist {2}	2:17.58		3/29

Women's 1500 Meters

1	43	Lesli SALAS	SO	#7 Dallas Baptist	4:35.66		3/29
2	59	Kailynn DENNEY	SO	#8 UT Tyler	4:38.68		3/29
3	60	Macy COGBURN	FR	#8 UT Tyler {2}	4:38.72		3/29
4	62	Kinley KITE	FR	#10 Oklahoma Christ	4:38.83		3/29
5	64	Mia RIVERA	JR	#9 St. Edward's	4:39.06		3/22
6	66	Maya ESPINOSA	SR	#3 Texas A&M-King	4:39.75		3/29
7	90	Ivanova YANES	JR	#3 Texas A&M-King{2}	4:42.72		3/22
8	93	Kaat DE STAERCKE	FR	#12 Cameron	4:43.33		3/8
9		Juliana MERLO	JR	#9 St. Edward's {2}	4:44.92		3/29
10		Emily COLE	SR	#7 Dallas Baptist {2}	4:46.22		3/22

Women's Steeplechase

1	1	Eliette CHAPUT	JR	#1 West Texas A&M	10:14.50		3/29
2	28	Olivia WEIDER	JR	#4 Lubbock Christia	11:18.75		3/29
3	38	Mary BROWN	SR	#2 Angelo State	11:27.01		3/22
4	89	Chasity BENSON	FR	#2 Angelo State {2}	12:04.97		3/22
5		Bucki SMITH	SO	#4 Lubbock Christia{2}	13:01.88		3/29



Conference TFRI Event Summary



Lone Star

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Women's 5000 Meters

1	2	Sarah KOOMSON	SO	#1 West Texas A&M	16:17.42	3/29
2	3	Naomi ADDO	FR	#1 West Texas A&M {2}	16:20.01	3/29
3	5	Kalkidan VINCEDEAU	SR	#1 West Texas A&M {3}	16:25.06	3/29
4	82	Mia RIVERA	JR	#9 St. Edward's	17:44.52	3/29
5		Jaycee LYONS	SO	#5 Midwestern Stat	17:55.04	3/22
6		Aubrey LOZOYA	JR	#11 Western New Me	17:55.72	3/15
7		Emily COLE	SR	#7 Dallas Baptist	18:03.86	3/29
8		Gracie LADNER	SO	#8 UT Tyler	18:10.73	3/22
9		KayCee KELLER	SR	#7 Dallas Baptist {2}	18:17.35	3/22
10		Grace PINEDA	FR	#5 Midwestern Stat {2}	18:20.29	3/29

Women's 10,000 Meters

1	6	Elise LEVEEL	SR	#1 West Texas A&M	34:45.06	3/29
2	14	Julie LAFARE	JR	#1 West Texas A&M {2}	35:34.98	3/29
3	20	Ivanova YANES	JR	#3 Texas A&M-King	36:09.64	3/29
4	21	Lexi MAUL	JR	#1 West Texas A&M {3}	36:16.03	3/29
5	44	Ella PANDO	JR	#5 Midwestern Stat	37:34.30	3/29
6	68	Caroline WILDRICK	SR	#9 St. Edward's	39:06.74	3/29
7	71	Finley HUNTING	SO	#8 UT Tyler	39:14.07	3/29
8	73	Gracie LADNER	SO	#8 UT Tyler {2}	39:16.53	3/29
9	83	Mariana SANCHEZ	JR	#5 Midwestern Stat {2}	39:50.78	3/22
10	85	Perla FLORES	JR	#5 Midwestern Stat {3}	39:54.25	3/22

Women's 4x100 Relay

1	10	Peace Nwaeleha, Leah Belfield, Blessing Akintoye, Deborah Acheampong		#1 West Texas A&M	46.00	3/29
2	21	Jodian Stewart, Riley Midgett, Gabriela Elizalde, Grizell Scarlett		#6 Eastern New Me	46.43	3/22
3	24	Anika Beukes, Anna Salisbury, Jozlyn Arana, Joy Egwu		#4 Lubbock Christi	46.68	3/29
4	25	Maricia Spence, Shackelia Green, Alliyah Harrison, Kylie Frush		#2 Angelo State	46.71	3/22
5	27	Corinne Thorpe, Karissa Nixon, Jessie Heath, Hailee Janzen		#5 Midwestern Stat	46.73	3/22
6	58	Laniyah Curry, Katie Bosley, Mary Loftiss, Jamie Morgan		#10 Oklahoma Christ	48.05	3/29
7	100	Ariyana Blackwell, Lucia Mendoza, Kyra Nunez, Jazmine Miller		#3 Texas A&M-King	49.71	3/8

Women's 4x400 Relay

1	3	Asana Hamidu, Peace Nwaeleha, Abigail Abugire, Blessing Akintoye		#1 West Texas A&M	3:39.12	3/29
2	7	Elizabeth Florez, Joy Egwu, Anne-Lie Waite, Anna Salisbury		#4 Lubbock Christi	3:42.24	3/29
3	11	Jessie Heath, Trell'Kyrah Watkins, Maggie Neal, Nidhi Singh		#5 Midwestern Stat	3:44.47	3/29
4	25	Shackelia Green, Maricia Spence, Lainey Jernigan, Kylie Frush		#2 Angelo State	3:51.23	3/29
5	41	Yamila Cartwright, Hailey Rodriguez, Karly Weyand, Sarah Willson		#9 St. Edward's	3:56.03	3/29
6	50	Ellie Frye, Jesse Swan, Addyson Hulett, Danielle Graham		#7 Dallas Baptist	3:58.13	3/29
7	61	Jazmine Miller, Sophie Mossman, Valentina Torres, Liberty Medina		#3 Texas A&M-King	4:01.19	3/22
8	63	Helena Klutsey-Carboo, Minerva Cerda-Hernandez, Meghan Rodriguez, Treasure Burrows		#6 Eastern New Me	4:02.11	3/22
9		Tamica Jooste, Kaat de Staercke, Gracie Ortiz, Terrionna Taylor		#12 Cameron	4:22.64	3/29
10		Nayeli Cobos, Jeanette Rivera, Isabella Medina, Veronika Garcia		#11 Western New Me	4:25.53	3/29

Women's High Jump

1	3	Madison ALEGRIA	SR	#3 Texas A&M-King	1.74m	5-8½	3/29
2	10	Afaf BENHADJA	SO	#3 Texas A&M-King {2}	1.70m	5-7	3/8
2	10	Laila AHMED	FR	#10 Oklahoma Christ	1.70m	5-7	3/29
2	10	Madison RAMOS	JR	#3 Texas A&M-King {2}	1.70m	5-7	3/22
5	27	Kylie PADEN	JR	#2 Angelo State	1.65m	5-5	3/8
6	45	Mara ANDRITSCH	FR	#1 West Texas A&M	1.63m	5-4¼	3/22
7	63	Annabell PHILLIPS	FR	#4 Lubbock Christi	1.60m	5-3	3/22
7	63	Paige BYFORD	SO	#4 Lubbock Christi	1.60m	5-3	3/30
9	86	Naomi KIMBLE	SO	#11 Western New Me	1.59m	5-2½	3/22
10	90	Blakely SCOTT	FR	#7 Dallas Baptist	1.58m	5-2¼	3/29



Conference TFRI Event Summary



Lone Star

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Women's Pole Vault

1	9	Kylie PADEN	JR	#2 Angelo State	3.96m	12-11¾	3/8
2	50	Camryn BARROS	SR	#2 Angelo State {2}	3.55m	11-7¾	3/8
3	54	Olivia MITCHELL	SO	#8 UT Tyler	3.50m	11-5¾	3/22
4		Minerva CERDA-HERNANDEZ	SO	#6 Eastern New Me	3.25m	10-8	3/30
4		Jillian HALFMANN	SO	#2 Angelo State {3}	3.25m	10-8	3/8
6		Bella KENNEY	JR	#1 West Texas A&M	3.20m	10-6	3/22
7		Drew GRELLHESL	SO	#4 Lubbock Christia	3.15m	10-4	3/30
8		Katelyn BOHENSKY	SR	#2 Angelo State {4}	3.05m	10-0	3/22
9		Hollis STOWE	FR	#4 Lubbock Christia {2}	2.90m	9-6¼	3/30
10		Kylie KNAPP	JR	#4 Lubbock Christia {3}	2.75m	9-¼	3/30

Women's Long Jump

1	10	Kylie FRUSH	JR	#2 Angelo State	5.93m	19-5½ (1.0)	3/8
2	13	Afaf BENHADJA	SO	#3 Texas A&M-King	5.90m	19-4¼ (3.5)	3/22
3	18	Jazmin RAY	SR	#3 Texas A&M-King {2}	5.79m	19-0 (2.5)	3/29
4	22	Kailee BENTON	JR	#1 West Texas A&M	5.76m	18-10¾ (2.8)	3/22
5	25	Madison ALEGRIA	SR	#3 Texas A&M-King {3}	5.70m	18-8½ (3.2)	3/22
6	39	Mary LOFTISS	SO	#10 Oklahoma Christ	5.63m	18-5¾ (3.2)	3/29
7	45	Maggie MORALES	JR	#2 Angelo State {2}	5.61m	18-5 (1.0)	3/8
8	66	Maricia SPENCE	SR	#2 Angelo State {3}	5.55m	18-2½ (2.9)	3/22
9	77	Kyra NUNEZ	SO	#3 Texas A&M-King {4}	5.49m	18-¼ (0.6)	3/8
10	78	Gracie STEPHENS	FR	#2 Angelo State {4}	5.48m	17-11¾ (3.3)	3/22

Women's Triple Jump

1	2	Jazmin RAY	SR	#3 Texas A&M-King	12.73m	41-9¼ (3.1)	3/29
2	14	Audrey UZOUKWU	SR	#1 West Texas A&M	11.85m	38-10½ (2.7)	3/22
3	15	Celina THOMAS	SO	#6 Eastern New Me	11.84m	38-10¼ (1.5)	3/22
4	19	Kylie FRUSH	JR	#2 Angelo State	11.78m	38-7¾ (3.5)	3/8
5	25	Kennedy JOHNSON	FR	#5 Midwestern Stat	11.65m	38-2¾ (3.8)	3/22
6	39	Maggie MORALES	JR	#2 Angelo State {2}	11.46m	37-7¼ (1.4)	3/8
7	59	Nicole CZERWINSKI	SO	#1 West Texas A&M {2}	11.22m	36-9¾ (0.9)	3/22
8	70	Brooklyn LAMPRECHT	JR	#3 Texas A&M-King {2}	11.14m	36-6¾ (3.3)	3/8
9	73	Genesis CARTER	FR	#6 Eastern New Me {2}	11.08m	36-4¼ (0.8)	3/22
10	80	Gracie STEPHENS	FR	#2 Angelo State {3}	11.01m	36-1½ (-2.1)	3/8

Women's Shot Put

1	6	Fedra FLORENTIN	SR	#2 Angelo State	14.57m	47-9¾	3/22
2	15	Jada SEWELL	SR	#1 West Texas A&M	14.16m	46-5½	3/30
3	20	Karina ALVAREZ	SO	#3 Texas A&M-King	13.69m	44-11	3/29
4	26	Devon WILLIAMS	SR	#3 Texas A&M-King {2}	13.39m	43-11¼	3/8
5	34	Kaylea DEMETRIUS	SO	#3 Texas A&M-King {3}	13.07m	42-10¾	3/8
6	43	Kamryn WILLIAMS	SO	#2 Angelo State {2}	13.02m	42-8¾	3/8
7	48	Meadow GALLENTINE	JR	#1 West Texas A&M {2}	12.94m	42-5½	3/22
8	71	Alexandria TICE	JR	#1 West Texas A&M {3}	12.63m	41-5¼	3/22
9	86	Abigail JONES	SR	#4 Lubbock Christia	12.46m	40-10½	3/22
10		Federica DOZIO	FR	#2 Angelo State {3}	12.23m	40-1½	3/8

Women's Discus

1	4	Kennedy ULMER	JR	#6 Eastern New Me	48.91m	160-6	3/30
2	8	Devon WILLIAMS	SR	#3 Texas A&M-King	48.15m	158-0	3/22
3	24	Tiamara HILL-JOHNSON	SR	#2 Angelo State	45.69m	149-11	3/8
4	50	Alexandria TICE	JR	#1 West Texas A&M	43.02m	141-2	3/30
5	60	Shelby ROBINSON	FR	#4 Lubbock Christia	42.55m	139-7	3/30
6	61	Hope GRAY	JR	#1 West Texas A&M {2}	42.47m	139-4	3/30
7	62	Skyler DEMPSEY	SR	#4 Lubbock Christia {2}	42.42m	139-2	3/30
8	74	Precious SILGUERO	SO	#3 Texas A&M-King {2}	41.72m	136-11	3/22
9	81	Abigail JONES	SR	#4 Lubbock Christia {3}	41.45m	136-0	3/22
10	91	Fedra FLORENTIN	SR	#2 Angelo State {2}	40.82m	133-11	3/22

Women's Hammer

1	3	Marie SCHULER	JR	#2 Angelo State	60.01m	196-11	3/8
2	12	Esmá PAJT	JR	#2 Angelo State {2}	55.13m	180-11	3/8
3	28	Hope GRAY	JR	#1 West Texas A&M	51.76m	169-10	3/22
4	38	Meadow GALLENTINE	JR	#1 West Texas A&M {2}	50.98m	167-3	3/22
5	66	Jada SEWELL	SR	#1 West Texas A&M {3}	48.58m	159-5	3/22
6	69	Jha'Niah JOHNSON	JR	#6 Eastern New Me	48.46m	159-0	3/30
7	71	Abigail JONES	SR	#4 Lubbock Christia	48.29m	158-5	3/22
8	82	Kamryn WILLIAMS	SO	#2 Angelo State {3}	47.59m	156-2	3/8
9	86	Precious SILGUERO	SO	#3 Texas A&M-King	47.17m	154-9	3/22
10	98	Jenna LLOYD	JR	#3 Texas A&M-King {2}	46.71m	153-3	3/22

Women's Javelin

1	4	Federica DOZIO	FR	#2 Angelo State	48.69m	159-9	3/29
2	21	Kennedy ULMER	JR	#6 Eastern New Me	43.12m	141-6	3/30
3	52	Maricia SPENCE	SR	#2 Angelo State {2}	39.45m	129-5	3/22
4		Deziree BOSQUEZ	SO	#6 Eastern New Me {2}	35.66m	117-0	3/22
5		Abbey BRADSHAW	SR	#7 Dallas Baptist	33.67m	110-6	3/22
6		Kylie FRUSH	JR	#2 Angelo State {3}	32.25m	105-10	3/22
7		Danielle WILSON	SO	#3 Texas A&M-King	31.97m	104-11	3/29
8		Esparanza CRUZ	SO	#4 Lubbock Christia	31.77m	104-3	3/22
9		Elyssa BACK	FR	#4 Lubbock Christia {2}	29.75m	97-7¼	3/22
10		Gracie STEPHENS	FR	#2 Angelo State {4}	29.23m	95-10¾	3/8



Conference TFRI Event Summary



MIAA

as of 4/1/2025 7:55:22 AM ET

Women's 100 Meters

1	5	Diandrenique GAINES	SR	#1 Pittsburg State	11.43	(1.5)	3/28
2	15	Ta'Mijha NICHOLS	SO	#2 Washburn	11.62	(1.5)	3/28
3	20	Campbell BARTA	FR	#7 Northwest Misso	11.70	(0.5)	3/28
4	37	McKenzie HAYSE	FR	#2 Washburn {2}	11.89w	(3.1)	3/28
5	40	Kayvon NUBINE	FR	#1 Pittsburg State {2}	11.90w	(2.2)	3/28
6	42	Brooklynn HOLTMAN	JR	#5 Central Missouri	11.91w	(3.7)	3/29
7	47	Maya PATTISON	JR	#2 Washburn {3}	11.94	(0.5)	3/28
8	49	Jaurdin MALLORY	SO	#7 Northwest Misso{2}	11.95w	(3.1)	3/28
9	50	Emily MEEKS	JR	#5 Central Missouri{2}	11.96w	(3.7)	3/29
10	54	Chloe SAENZ	SR	#7 Northwest Misso{3}	11.97	(0.5)	3/28

Women's 100 Meter Hurdles

1	2	Kayvon NUBINE	FR	#1 Pittsburg State	13.60w	(2.6)	3/28
2	9	Blakelee WINN	SR	#1 Pittsburg State {2}	13.98w	(2.6)	3/28
3	16	Ashyiria SAVAGE	JR	#3 Missouri Southei	14.18	(2.0)	3/29
4	17	Isabelle PETERS	SR	#1 Pittsburg State {3}	14.20w	(2.6)	3/28
5	32	Derayah LEE	SO	#8 Central Oklahorr	14.43w	(3.1)	3/22
6	33	Kaylee JAMES	JR	#2 Washburn	14.49w	(2.6)	3/28
7	36	Aryah MOORE	FR	#3 Missouri Southei{2}	14.50	(2.0)	3/29
8	66	Grace HILL	SO	#7 Northwest Misso	14.79w	(2.2)	3/28
9		Payton PHILLIPS	SO	#1 Pittsburg State {4}	15.08w	(3.0)	3/28
10		Maggie KAUK	SO	#3 Missouri Southei{3}	15.26	(2.0)	3/29

Women's 200 Meters

1	9	Diandrenique GAINES	SR	#1 Pittsburg State	23.61w	(3.1)	3/28
2	20	Jamiya MORGAN	SR	#1 Pittsburg State {2}	24.12w	(3.1)	3/28
3	26	Brooklynn HOLTMAN	JR	#5 Central Missouri	24.20w	(2.6)	3/29
4	61	Treasure VALLERIE	SO	#8 Central Oklahorr	24.66	(1.8)	3/22
5	65	Sai BROOKINS-FLEMING	SO	#8 Central Oklahorr{2}	24.69	(1.8)	3/22
6	67	Chloe SAENZ	SR	#7 Northwest Misso	24.70	(1.8)	3/28
7	78	Emily MEEKS	JR	#5 Central Missouri{2}	24.76w	(2.6)	3/29
8	86	Kinleigh HALL	JR	#1 Pittsburg State {3}	24.80	(1.8)	3/28
9		Maya PATTISON	JR	#2 Washburn	24.96w	(3.9)	3/28
10		Kereser AUGUSTIN	JR	#2 Washburn {2}	25.03w	(3.9)	3/28

Women's 400 Meters

1	16	Kereser AUGUSTIN	JR	#2 Washburn	55.20		3/28
2	24	Jamiya MORGAN	SR	#1 Pittsburg State	55.62		3/28
3	31	Treasure VALLERIE	SO	#8 Central Oklahorr	55.97		3/22
4	35	Sai BROOKINS-FLEMING	SO	#8 Central Oklahorr{2}	56.11		3/22
5	60	Isabella KUPKA	JR	#2 Washburn {2}	56.78		3/28
6		Kinleigh HALL	JR	#1 Pittsburg State {2}	58.14		3/28
7		Barbara BENTUM	FR	#6 Emporia State	59.22		3/28
8		Maddie O'NEILL	SR	#1 Pittsburg State {3}	59.47		3/28
9		Genevieve YOUNG	SR	#8 Central Oklahorr{3}	59.52		3/22
10		Katelyn JONES	SR	#2 Washburn {3}	59.71		3/28

Women's 400 Meter Hurdles

1	14	Abigael REID	SR	#6 Emporia State	1:01.13		3/28
2	53	Isabella DAVIE	FR	#6 Emporia State {2}	1:04.46		3/28
3	56	Ashley HEAVNER	JR	#2 Washburn	1:04.49		3/28
4	65	Isabel VIKOLER	SO	#6 Emporia State {3}	1:04.94		3/28
5	74	Derayah LEE	SO	#8 Central Oklahorr	1:05.24		3/22
6		Kinzley CANTWELL	FR	#3 Missouri Southei	1:08.61		3/29
7		Marrah SPRIGGS	SO	#2 Washburn {2}	1:15.69		3/28
8		Kaitlyn MOUSEL	FR	#4 Neb.-Kearney	1:15.82		3/28

Women's 800 Meters

1	13	Claire BRUENING	SR	#1 Pittsburg State	2:10.13		3/28
2	30	Lydia MCGLOCKLIN	JR	#7 Northwest Misso	2:11.83		3/28
3		Sisely MITCHELL	FR	#11 Rogers State	2:19.33		3/29
4		Naiuri KREIN	JR	#2 Washburn	2:21.31		3/28
5		Ann-Marie DORSEY	SO	#11 Rogers State {2}	2:23.56		3/29
6		Anna LINDSTROM	JR	#4 Neb.-Kearney	2:25.16		3/28
7		Kenzie GILLIAM	FR	#11 Rogers State {3}	2:27.90		3/29
8		Hailey SECREST	JR	#1 Pittsburg State {2}	2:28.23		3/29
9		Emma BARTHOLOME	FR	#6 Emporia State	2:28.32		3/28
10		Lillian CUTLER	SR	#9 Missouri Westerr	2:28.38		3/29

Women's 1500 Meters

1	7	Kate STRADER	SR	#1 Pittsburg State	4:23.12c	(4:28.77A)	3/22
2	75	Eve WEBER	SR	#2 Washburn	4:40.76		3/22
3		Lillian CUTLER	SR	#9 Missouri Westerr	4:45.95		3/29
4		Olivia BAKKER	FR	#7 Northwest Misso	4:46.66		3/22
5		Lou MAQUAIRE	JR	#7 Northwest Misso{2}	4:50.28		3/22
6		Jordan SOTO-STOPAK	SR	#4 Neb.-Kearney	4:52.64		3/28
7		Reece EWOLDT	FR	#4 Neb.-Kearney {2}	4:52.79		3/28
8		Breelie MAURO	SO	#7 Northwest Misso{3}	4:52.84		3/22
9		Kayanna ADAMS	SR	#3 Missouri Southei	4:52.86		3/28
10		Brynn HIRSCHFELD	JR	#4 Neb.-Kearney {3}	4:53.41		3/28

Women's Steeplechase

1	3	Eve WEBER	SR	#2 Washburn	10:42.08		3/28
2	11	Marissa DICK	SR	#1 Pittsburg State	10:55.52		3/28
3	51	Mayson HARTLEY	SO	#7 Northwest Misso	11:38.33		3/28
4	82	Emma BARTHOLOME	FR	#6 Emporia State	11:59.52		3/28
5		Marissa ROBERTS	FR	#7 Northwest Misso{2}	12:15.92		3/22

Women's 5000 Meters

1	1	Paige MULLEN	SO	#1 Pittsburg State	16:11.62		3/28
2	19	Hannah GIBSON	SO	#1 Pittsburg State {2}	16:52.18		3/28
3	40	Lorna RAE PIERCE	FR	#1 Pittsburg State {3}	17:14.21		3/28
4	57	Lilah GENEL	JR	#3 Missouri Southei	17:33.62		3/28
5	61	Isabella FROST	SO	#3 Missouri Southei{2}	17:35.76		3/28
6	66	Jayna GUNTER	SO	#3 Missouri Southei{3}	17:37.42		3/28
7		Hailey NELSON	JR	#3 Missouri Southei{4}	17:55.06		3/28
8		Madison NASH	SR	#9 Missouri Westerr	17:57.38		3/29
9		Rayna KUCHARYSKI	SO	#11 Rogers State	18:06.05		3/29
10		Sisely MITCHELL	FR	#11 Rogers State {2}	18:09.38		3/29



Conference TFRI Event Summary



MIAA

as of 4/1/2025 7:55:22 AM ET

Women's 10,000 Meters

1	Erika BAKER	JR	#1 Pittsburg State	42:25.55	3/28
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Women's 4x100 Relay

1	3	Isabelle Peters, Blakelee Winn, Diandrenique Gaines, Kinleigh Hall	#1 Pittsburg State	45.07	3/28
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2	9	Ta'Mijha Nichols, Alyssa Hutcherson, Maya Pattison, McKenzie Hayse	#2 Washburn	45.99	3/28
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3	40	Kerrigan Huynh, Treasure Vallerie, Sai Brookins-Fleming, Genevieve Young	#8 Central Oklahoma	47.35	3/29
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4	43	Aryah Moore, Morgan Pork, Ashyria Savage, Maggie Kauk	#3 Missouri Southern	47.42	3/29
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5	79	Reese Brown, Hallie Henfling, Emma Lundy, Krysta Abel	#7 Northwest Missouri	48.66	3/28
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Women's 4x400 Relay

1	17	Sai Brookins-Fleming, Kerrigan Huynh, Deriyah Lee, Treasure Vallerie	#8 Central Oklahoma	3:47.61	3/29
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2	33	Diandrenique Gaines, Blakelee Winn, Maggie Salisbury, Payton Phillips	#1 Pittsburg State	3:53.82	3/28
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3	42	Abigail Reid, Scarlett Begley, Barbara Bentum, Isabella Davie	#6 Emporia State	3:56.17	3/28
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4		Anna Lindstrom, Koral Schmidt, Jordyn Wissing, Charis Robinson	#4 Neb.-Kearney	4:14.06	3/28
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Women's High Jump

1	27	Haila LEAKE	FR #1 Pittsburg State	1.65m	5-5	3/28
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2	44	Coryn FAIR	FR #3 Missouri Southern	1.64m	5-4½	3/29
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3	55	Tasia SADLER	FR #4 Neb.-Kearney	1.61m	5-3¼	3/28
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4	63	Bethany UMBARGER	FR #1 Pittsburg State {2}	1.60m	5-3	3/28
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5	90	Naiuri KREIN	JR #2 Washburn	1.58m	5-2¼	3/28
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6		Sydney DAVIS	SO #4 Neb.-Kearney {2}	1.56m	5-1¼	3/28
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6		Lauren GERDES	FR #4 Neb.-Kearney {2}	1.56m	5-1¼	3/28
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8		Lily ZEIGLER	SO #6 Emporia State	1.55m	5-1	3/28
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8		Kristen JONES	SO #5 Central Missouri	1.55m	5-1	3/29
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10		Haven ZIMMERMAN	SO #4 Neb.-Kearney {4}	1.51m	4-11½	3/28
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Women's Pole Vault

1	2	Isabel DEMARCO	FR #2 Washburn	4.17m	13-8¼	3/28
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1	2	Kyla DAVIS	SR #1 Pittsburg State	4.17m	13-8¼	3/28
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3	4	Annabeth BAALMANN	JR #10 Fort Hays State	4.15m	13-7¼	3/28
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4	6	Cannon BOOKER	FR #1 Pittsburg State {2}	4.07m	13-4¼	3/28
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4	6	Isabelle PETERS	SR #1 Pittsburg State {2}	4.07m	13-4¼	3/28
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6	12	Quincey TURNER	FR #1 Pittsburg State {4}	3.87m	12-8¼	3/28
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6	12	Mia MANLEY	JR #6 Emporia State	3.87m	12-8¼	3/28
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6	12	Reagan HOUSLEY	SO #2 Washburn {2}	3.87m	12-8¼	3/28
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9	32	Kaira MANNIO	FR #5 Central Missouri	3.65m	11-11¼	3/29
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9	32	Haley SEXTON	FR #5 Central Missouri	3.65m	11-11¼	3/29
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Women's Long Jump

1	4	Blakelee WINN	SR #1 Pittsburg State	6.04m	19-9¾ (1.3)	3/28
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2	7	Marissa AUSTENE	FR #5 Central Missouri	5.97mw	19-7 (2.2)	3/29
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3	26	Phebe THOMPSON	FR #5 Central Missouri {2}	5.69mw	18-8 (3.0)	3/29
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3	26	Campbell BARTA	FR #7 Northwest Missouri	5.69m	18-8 (2.0)	3/28
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5	37	Abbey HENRY	FR #9 Missouri Western	5.65mw	18-6½ (2.8)	3/29
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6	45	Haley SAMPSON	JR #9 Missouri Western {2}	5.61mw	18-5 (3.1)	3/29
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7	84	Maggie SALSBUURY	FR #1 Pittsburg State {2}	5.45mw	17-10¾ (2.6)	3/28
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8	90	Aneesa ABDUL-HAMEED	SR #9 Missouri Western {3}	5.44mw	17-10¼ (3.9)	3/29
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9		Aubree BELL	JR #5 Central Missouri {3}	5.39mw	17-8¼ (2.6)	3/29
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10		Payton PHILLIPS	SO #1 Pittsburg State {3}	5.38m	17-8 (1.5)	3/28
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Women's Triple Jump

1	15	Theresa OSEI	FR #2 Washburn	11.84m	38-10¼ (1.7)	3/28
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2	20	Kinley SMITH	SO #1 Pittsburg State	11.74mw	38-6¼ (2.3)	3/28
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3	32	Renee NICHOL	SR #6 Emporia State	11.52mw	37-9½ (2.8)	3/28
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4	34	Jayda HARRIS	JR #6 Emporia State {2}	11.49m	37-8½ (1.4)	3/28
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5	36	Myah MORRIS	JR #5 Central Missouri	11.48m	37-8 (2.0)	3/29
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6	56	Abbey HENRY	FR #9 Missouri Western	11.26mw	36-11½ (3.2)	3/29
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7	60	Brooklyn BAKER	FR #1 Pittsburg State {2}	11.21m	36-9½ (1.1)	3/28
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Women's Shot Put

1	1	Makenzie GARR	SO #9 Missouri Western	15.50m	50-10¼	3/21
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2	2	Dailynn VANDEREN	FR #3 Missouri Southern	14.98m	49-1¾	3/28
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3	7	Briar GILLUM	SO #3 Missouri Southern {2}	14.51m	47-7¼	3/28
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4	9	Allyssa MAHONE	SR #9 Missouri Western {2}	14.48m	47-6¼	3/29
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5	24	Abby LASITER	JR #1 Pittsburg State	13.57m	44-6¼	3/29
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6	28	Lily NOVACEK	JR #4 Neb.-Kearney	13.21m	43-4¼	3/28
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7	32	Adriel HOLLOWAY	JR #2 Washburn	13.14m	43-1½	3/28
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8	42	Emma SEIDL	SR #6 Emporia State	13.03m	42-9	3/28
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9	52	Kirsten WOMACK	SO #3 Missouri Southern {3}	12.85m	42-2	3/28
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10	53	Ilaria VILLA	JR #2 Washburn {2}	12.83m	42-1¼	3/28
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Conference TFRI Event Summary



MIAA

as of 4/1/2025 7:55:22 AM ET

Women's Discus

1	2	Ilaria VILLA	JR	#2 Washburn	51.73m	169-9	3/28
2	6	Emma SLADE	FR	#10 Fort Hays State	48.81m	160-2	3/28
3	11	Kirsten WOMACK	SO	#3 Missouri Southern	47.53m	155-11	3/28
4	14	Toree SLAVIK	SO	#4 Neb.-Kearney	46.92m	153-11	3/28
5	16	Brooklyn STAAB	SR	#4 Neb.-Kearney {2}	46.15m	151-5	3/28
6	18	Briar GILLUM	SO	#3 Missouri Southern	46.02m	151-0	3/28
7	19	Jessica SAUNDERS	SR	#10 Fort Hays State {2}	45.99m	150-11	3/28
8	22	Allyssa MAHONE	SR	#9 Missouri Western	45.80m	150-3	3/21
9	29	Michalee BROWNAWELL	SO	#4 Neb.-Kearney {3}	44.92m	147-5	3/28
10	30	Lily NOVACEK	JR	#4 Neb.-Kearney {4}	44.83m	147-1	3/28

Women's Hammer

1	1	Lily NOVACEK	JR	#4 Neb.-Kearney	63.92m	209-9	3/28
2	10	Paola CASTALDI	SR	#2 Washburn	55.84m	183-3	3/28
3	12	Dailynn VANDEREN	FR	#3 Missouri Southern	55.13m	180-11	3/28
4	27	Allyssa MAHONE	SR	#9 Missouri Western	52.15m	171-1	3/21
5	33	Kirsten WOMACK	SO	#3 Missouri Southern {2}	51.54m	169-1	3/28
6	36	Abby LASITER	JR	#1 Pittsburg State	51.31m	168-4	3/23
7	39	Madison VERMETTEN	JR	#6 Emporia State	50.88m	166-11	3/28
8	43	Addison HINTERWEGER	JR	#1 Pittsburg State {2}	50.57m	165-11	3/23
9	44	Adriel HOLLOWAY	JR	#2 Washburn {2}	50.53m	165-10	3/28
10	45	Liberty BOOKER	JR	#10 Fort Hays State	50.51m	165-9	3/28

Women's Javelin

1	1	Keilee JOHNSON	JR	#3 Missouri Southern	50.12m	164-5	3/28
2	2	Addison THROCKMORTON	FR	#5 Central Missouri	50.09m	164-4	3/29
3	3	Luisarys TOLEDO	JR	#7 Northwest Missouri	49.19m	161-5	3/28
4	6	Olivia VANDERWEIDE	SO	#1 Pittsburg State	47.26m	155-1	3/23
5	10	Karsyn KANSLER	SO	#5 Central Missouri {2}	47.02m	154-3	3/29
6	11	Ally FOX	SO	#5 Central Missouri {3}	46.58m	152-10	3/29
7	15	Gracie RINER	FR	#1 Pittsburg State {2}	44.95m	147-6	3/29
8	23	Blakelee WINN	SR	#1 Pittsburg State {3}	42.85m	140-7	3/28
9	26	Shelby SOGAARD	JR	#1 Pittsburg State {4}	42.00m	137-10	3/29
10	29	Marley SANDS	JR	#5 Central Missouri {4}	41.37m	135-9	3/29

Women's Heptathlon

1	3	Naiuri KREIN	JR	#2 Washburn	5,207	3/28
2	7	Kristen JONES	SO	#5 Central Missouri	4,654	3/29



Conference TFRI Event Summary



Mountain East

as of 4/1/2025 7:55:22 AM ET

Women's 100 Meters

1	86	Colette PATTI	SO	#2	Charleston (W.V.)	12.13w	(3.9)	3/21
2		Candace MORRIS	SO	#7	West Virginia Sta	12.28	(-1.2)	3/22
2		Diamond RUSH	SR	#1	Point Park (Pa.)	12.28	(1.6)	3/22
4		Valerie BOARDS	JR	#8	Frostburg State	12.49	(0.4)	3/29
5		Zoe LEDET	SO	#7	West Virginia Sta{2}	12.61	(-1.2)	3/22
6		Jaime PRESTON	SO	#7	West Virginia Sta{3}	12.67	(-1.2)	3/22
7		Lydia CLARKE	FR	#2	Charleston (W.V.){2}	12.69w	(3.2)	3/21
8		Mya GRESCHNER	JR	#1	Point Park (Pa.) {2}	12.74	(1.6)	3/22
9		Shannon FARROW	SR	#10	Wheeling	12.82	(-0.7)	3/29
10		Isabella MASTRIA	SO	#8	Frostburg State {2}	12.83	(-1.2)	3/22

Women's 100 Meter Hurdles

1		Minke ENGELBRECHT	SO	#2	Charleston (W.V.)	15.13	(-1.7)	3/29
2		Zoe MCDONALD	SO	#7	West Virginia Sta	15.22w	(2.9)	3/22
3		Cassidy HAMMONDS	FR	#5	Concord	15.43w	(2.2)	3/22
3		Emma ROEMER	SO	#1	Point Park (Pa.)	15.43	(1.4)	3/22
5		Marissa SCOTT	SO	#4	West Liberty Sta	15.76	(-0.9)	3/29
6		Casey COLCOMBE	FR	#1	Point Park (Pa.) {2}	16.03	(1.0)	3/22
7		Laura DELGADO DE TORRES	JR	#2	Charleston (W.V.){2}	16.21	(-2.9)	3/21
8		Jorden GOLDEN	FR	#3	West Virginia We	16.32	(-2.9)	3/29
9		Ayanna WOODS	SO	#3	West Virginia We{2}	16.38	(-2.0)	3/29
10		Sophie ABRAHAM	FR	#4	West Liberty Sta{2}	16.87	(-0.9)	3/29

Women's 200 Meters

1	58	Valerie BOARDS	JR	#8	Frostburg State	24.64w	(3.9)	3/29
2	74	Colette PATTI	SO	#2	Charleston (W.V.)	24.74	(0.5)	3/29
3	75	Diamond RUSH	SR	#1	Point Park (Pa.)	24.75	(-2.0)	3/22
4		Jaime PRESTON	SO	#7	West Virginia Sta	25.17	(-0.3)	3/29
5		Maya CLARK	SO	#2	Charleston (W.V.){2}	25.37	(0.2)	3/29
6		Jayla WOODS	FR	#7	West Virginia Sta{2}	25.51	(-0.3)	3/29
7		Antiya MCALISTER	SO	#7	West Virginia Sta{3}	25.71	(-0.3)	3/29
8		Ayanna WOODS	SO	#3	West Virginia We	25.80	(0.4)	3/29
9		Cassidy HAMMONDS	FR	#5	Concord	26.34	(-0.5)	3/15
10		Camila HOYA	SR	#2	Charleston (W.V.){3}	26.42w	(2.3)	3/21

Women's 400 Meters

1	64	Candace MORRIS	SO	#7	West Virginia Sta	56.91		3/29
2	71	Jayla WOODS	FR	#7	West Virginia Sta{2}	57.06		3/29
3	79	Maya CLARK	SO	#2	Charleston (W.V.)	57.28		3/29
4	89	Jaime PRESTON	SO	#7	West Virginia Sta{3}	57.52		3/29
5		Diamond RUSH	SR	#1	Point Park (Pa.)	58.32		3/22
6		Brookelyn REYNOLDS	SO	#4	West Liberty Sta	59.19		3/29
7		Antiya MCALISTER	SO	#7	West Virginia Sta{4}	59.33		3/29
8		Zoe LEDET	SO	#7	West Virginia Sta{5}	59.86		3/29
9		Paige MARNELL	FR	#1	Point Park (Pa.) {2}	1:00.44		3/22
10		Deja Simone CURRY-BROWN	SO	#7	West Virginia Sta{6}	1:01.35		3/29

Women's 400 Meter Hurdles

1	100	Samantha CASH	SR	#3	West Virginia We	1:06.34		3/29
2		Casey COLCOMBE	FR	#1	Point Park (Pa.)	1:07.54		3/22
3		Jorden GOLDEN	FR	#3	West Virginia We{2}	1:08.62		3/22
3		Lotte ZETHOF	JR	#1	Point Park (Pa.) {2}	1:08.62		3/29
5		Dunya VAN DEN TOOREN	FR	#1	Point Park (Pa.) {3}	1:09.35		3/22
6		Bella SKEENS	SO	#6	Glenville State	1:09.76		3/29
7		Lindsay SIMMONS	SO	#1	Point Park (Pa.) {4}	1:11.10		3/29
8		Madelyn CISAR	FR	#4	West Liberty Sta	1:11.99		3/29
8		Taryn VELTRI	FR	#3	West Virginia We{3}	1:11.99		3/29
10		Carlee DILLARD	FR	#3	West Virginia We{4}	1:14.94		3/29

Women's 800 Meters

1	77	Natalie BARR	SO	#6	Glenville State	2:16.45		3/22
2		Lauren TWYMAN	JR	#9	Davis and Elkins	2:19.01		3/22
3		Jana SCHMID	SR	#1	Point Park (Pa.)	2:19.85		3/29
4		Emily WALLACE	SR	#5	Concord	2:19.86		3/29
5		Cameryn WHEELER	SO	#9	Davis and Elkins {2}	2:20.54		3/29
6		Dakota JOHNSON	JR	#3	West Virginia We	2:21.89		3/29
6		Marina BARAHONA	SR	#2	Charleston (W.V.)	2:21.89		3/21
8		Savanna HARDMAN	JR	#9	Davis and Elkins {3}	2:22.19		3/29
9		Lindsey DILLON	FR	#3	West Virginia We{2}	2:22.63		3/29
10		Lotte ZETHOF	JR	#1	Point Park (Pa.) {2}	2:22.69		3/22

Women's 1500 Meters

1	34	Beth SYKES	JR	#2	Charleston (W.V.)	4:34.51		3/29
2	72	Savanna HARDMAN	JR	#9	Davis and Elkins	4:40.54		3/29
3		Jana SCHMID	SR	#1	Point Park (Pa.)	4:44.19		3/29
4		Natalie BARR	SO	#6	Glenville State	4:44.34		3/22
5		Madison WOOLWINE	SR	#2	Charleston (W.V.){2}	4:45.40		3/21
6		Ella HESSON	SR	#9	Davis and Elkins {2}	4:46.43		3/29
7		Emily WALLACE	SR	#5	Concord	4:46.60		3/29
8		Cameryn WHEELER	SO	#9	Davis and Elkins {3}	4:47.56		3/29
9		Lauren TWYMAN	JR	#9	Davis and Elkins {4}	4:49.05		3/22
10		Zoe BELSHAN	SO	#9	Davis and Elkins {5}	4:51.22		3/29

Women's Steeplechase

1	74	Ella HESSON	SR	#9	Davis and Elkins	11:55.06		3/29
2	81	Lotte ZETHOF	JR	#1	Point Park (Pa.)	11:59.40		3/29
3	86	Jenna BARNETT	FR	#6	Glenville State	12:02.68		3/29
4		Sierra TAYLOR	SO	#9	Davis and Elkins {2}	12:32.12		3/29
5		Alina VALLENTGOED	FR	#9	Davis and Elkins {3}	12:33.29		3/29
6		Ally HICKS	JR	#4	West Liberty Sta	12:36.44		3/29
7		Kate KELLY	FR	#5	Concord	12:54.21		3/22
8		Kristina LESHIO	JR	#3	West Virginia We	13:09.89		3/29
9		Charlotte MCGINNIS	SO	#5	Concord {2}	13:28.60		3/15
10		Jessica WILLIAMS	SO	#3	West Virginia We{2}	13:34.14		3/29



Conference TFRI Event Summary



Mountain East

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Women's 5000 Meters

1	49	Lauren TWYMAN	JR	#9 Davis and Elkins	17:26.45	3/29
2	51	Leigha HALL	SR	#3 West Virginia We	17:26.94	3/22
3		Allison PLASSIO	SR	#1 Point Park (Pa.)	18:11.67	3/29
4		Lindsey DILLON	FR	#3 West Virginia We{2}	18:42.47	3/22
5		Katy WALKUP	JR	#5 Concord	18:46.68	3/15
6		Sterre KUIJPER	SR	#1 Point Park (Pa.) {2}	19:04.50	3/29
7		Morgan LESNANSKY	JR	#4 West Liberty Sta	19:07.10	3/22
8		Madison CORNETT	SR	#5 Concord {2}	19:19.30	3/22
9		Taylor HESS	FR	#3 West Virginia We{3}	19:36.40	3/22
10		Amy TARCZA	SR	#8 Frostburg State	19:40.51	3/22

Women's 10,000 Meters

1	69	Madison CORNETT	SR	#5 Concord	39:11.20	3/15
2	98	Morgan LESNANSKY	JR	#4 West Liberty Sta	40:30.41	3/29
3		Sarah TURNER	SO	#5 Concord {2}	41:27.02	3/15
4		Taylor HESS	FR	#3 West Virginia We	42:03.64	3/29
5		Makayla CARTER	SO	#4 West Liberty Sta{2}	43:52.32	3/29
6		Madison LOOKER	SO	#3 West Virginia We{2}	44:48.67	3/29
7		Piper DOUGHTON	SO	#5 Concord {3}	44:57.72	3/15

Women's 4x100 Relay

1	51	Maliah McCann-Coles, Alexandra Pekic, Maya Clark, Colette Patti		#2 Charleston (W.V.)	47.81	3/21
2	54	Isabella Mastria, Lucy Crowe, Erin Collins, Valerie Boards		#8 Frostburg State	47.98	3/29
3		Casey Colcombe, Diamond Rush, RaKeya Ellsberry, Emma Roemer		#1 Point Park (Pa.)	50.03	3/22
4		Rylyn Bielinski, Sierra Davis, Leah Delaney, Pamela Kandrach		#4 West Liberty Sta	59.50	3/29

Women's 4x400 Relay

1	69	Lucy Crowe, Erin Collins, Isabella Mastria, Valerie Boards		#8 Frostburg State	4:03.51	3/29
2	83	Diamond Rush, Lotte Zethof, Makayla Rice, Paige Marnell		#1 Point Park (Pa.)	4:07.78	3/29
3	92	Maya Clark, Camila Hoya, Alexandra Pekic, Erica Davis		#2 Charleston (W.V.)	4:09.87	3/21
4	99	Cassidy Hammonds, Trina Lewis, Cierra Parker, Emily Wallace		#5 Concord	4:11.35	3/22
5	100	Sofia Pancoast, Dakota Johnson, Lindsey Dillon, Reyna Headley		#3 West Virginia We	4:11.40	3/29

Women's High Jump

1	8	Cierra PARKER	FR	#5 Concord	1.71m	5-7¼	3/22
2	20	Dunya VAN DEN TOOREN	FR	#1 Point Park (Pa.)	1.66m	5-5¼	3/22
3		Tara PERRY	SR	#10 Wheeling	1.52m	4-11¾	3/29
3		Hailey HARRIS	FR	#4 West Liberty Sta	1.52m	4-11¾	3/29
5		Makayla RICE	JR	#1 Point Park (Pa.) {2}	1.48m	4-10¼	3/29
6		Bridgette KNAPP	JR	#6 Glenville State	1.47m	4-9¾	3/29
7		Casey COLCOMBE	FR	#1 Point Park (Pa.) {3}	1.46m	4-9½	3/22
8		Kendall LILLY	FR	#5 Concord {2}	1.45m	4-9	3/15
8		Jessica WILLIAMS	SO	#3 West Virginia We	1.45m	4-9	3/22
10		Emma ROEMER	SO	#1 Point Park (Pa.) {4}	1.42m	4-7¾	3/29

Women's Pole Vault

1	54	Keala MCCURRY	SR	#10 Wheeling	3.50m	11-5¾	3/29
2		Jordyn TAYLOR	FR	#6 Glenville State	3.11m	10-2½	3/22
3		Clover STAMAT	FR	#3 West Virginia We	3.05m	10-0	3/29
3		Courtney HURST	FR	#10 Wheeling {2}	3.05m	10-0	3/29
5		Ava CASH	FR	#4 West Liberty Sta	2.90m	9-6¼	3/29
6		Abby MCDONOUGH	SO	#3 West Virginia We{2}	2.75m	9-¼	3/29
6		Reghan SIVIC	FR	#8 Frostburg State	2.75m	9-¼	3/22
8		Marissa SCOTT	SO	#4 West Liberty Sta{2}	2.60m	8-6¼	3/29
9		Sara LOWE	JR	#6 Glenville State {2}	2.45m	8-½	3/29
9		Bridgette KNAPP	JR	#6 Glenville State {2}	2.45m	8-½	3/29

Women's Long Jump

1	3	Ky'Ara ROSS	SO	#4 West Liberty Sta	6.13m	20-1½ (-3.0)	3/29
2	26	Sierra LANHAM	JR	#4 West Liberty Sta{2}	5.69m	18-8 (-3.4)	3/29
3	73	Laura DELGADO DE TORRES	JR	#2 Charleston (W.V.)	5.52m	18-1½ (1.5)	3/29
4	99	Isabella MASTRIA	SO	#8 Frostburg State	5.41m	17-9 (0.6)	3/29
5		Sydney PFEIFFER	FR	#2 Charleston (W.V.){2}	5.37m	17-7½ (1.6)	3/21
6		Emma ROEMER	SO	#1 Point Park (Pa.)	5.36m	17-7 (-0.7)	3/29
7		Kayla LEMKUS	SR	#2 Charleston (W.V.){3}	5.30m	17-4¾ (1.5)	3/21
8		Samantha CASH	SR	#3 West Virginia We	5.29m	17-4¼ (-1.5)	3/29
9		Lilly JACKSON	JR	#5 Concord	4.98m	16-4¼ (0.0)	3/29
10		Lucy CROWE	SO	#8 Frostburg State {2}	4.92m	16-1¾ (1.6)	3/22
10		Dunya VAN DEN TOOREN	FR	#1 Point Park (Pa.) {2}	4.92m	16-1¾ (-1.5)	3/29

Women's Triple Jump

1	17	Laura DELGADO DE TORRES	JR	#2 Charleston (W.V.)	11.83m	38-9¾ (-0.1)	3/29
2		Luchama LUBIN	SR	#1 Point Park (Pa.)	10.29m	33-9¼ (1.1)	3/22
3		Reghan SIVIC	FR	#8 Frostburg State	10.20m	33-5¾ (-2.1)	3/29
4		Makayla RICE	JR	#1 Point Park (Pa.) {2}	10.09m	33-1¼ (-0.1)	3/29
5		Emma ROEMER	SO	#1 Point Park (Pa.) {3}	10.07m	33-½ (-0.3)	3/22
6		Tanais ROJAS	FR	#1 Point Park (Pa.) {4}	9.92m	32-6½ (0.8)	3/29
7		Ava HOFFMAN	FR	#4 West Liberty Sta	9.21m	30-2¾ (-2.4)	3/29



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Mountain East

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Women's Shot Put

1	67	Janae SCOTT	JR	#6	Glenville State	12.68m	41-7¼	3/22
2		Pamela KANDRACH	FR	#4	West Liberty Sta	12.17m	39-11¼	3/29
3		Addy COTTRILL	JR	#6	Glenville State {2}	12.07m	39-7¼	3/22
4		Mallory MCGINNIS	SO	#3	West Virginia We	11.94m	39-2¼	3/29
5		Abby MCKINNEY	JR	#2	Charleston (W.V.)	11.78m	38-7¾	3/21
6		Victoria COLON	SO	#7	West Virginia Sta	11.42m	37-5¾	3/29
7		Ella NILSSON	SO	#2	Charleston (W.V.) {2}	11.30m	37-1	3/21
8		Sydney JOHNSON	FR	#8	Frostburg State	11.14m	36-6¾	3/29
9		Mallory CROWDER	SO	#2	Charleston (W.V.) {3}	11.04m	36-2¾	3/21
10		Keleigh CHRISMAN	FR	#6	Glenville State {3}	10.81m	35-5¾	3/22

Women's Discus

1	21	Brooke BURNS	SR	#2	Charleston (W.V.)	45.85m	150-5	3/29
2	77	Pamela KANDRACH	FR	#4	West Liberty Sta	41.59m	136-6	3/22
3	78	Janae SCOTT	JR	#6	Glenville State	41.53m	136-3	3/22
4	93	Sierra DAVIS	SO	#4	West Liberty Sta {2}	40.67m	133-5	3/22
5		Brianna BROWNING	JR	#6	Glenville State {2}	35.55m	116-8	3/22
6		Mallory MCGINNIS	SO	#3	West Virginia We	34.21m	112-3	3/22
7		Sydney JOHNSON	FR	#8	Frostburg State	34.03m	111-8	3/22
8		Kalista MILNE	JR	#2	Charleston (W.V.) {2}	32.78m	107-7	3/21
9		Keleigh CHRISMAN	FR	#6	Glenville State {3}	32.08m	105-3	3/29
10		Meagan POTICHER	SO	#5	Concord	31.68m	103-11	3/15

Women's Hammer

1	9	Brooke BURNS	SR	#2	Charleston (W.V.)	56.14m	184-2	3/29
2		Ella NILSSON	SO	#2	Charleston (W.V.) {2}	46.38m	152-2	3/29
3		Addy COTTRILL	JR	#6	Glenville State	46.27m	151-10	3/29
4		Janae SCOTT	JR	#6	Glenville State {2}	45.28m	148-7	3/29
5		Mallory CROWDER	SO	#2	Charleston (W.V.) {3}	44.15m	144-10	3/21
6		Haley NORRIS	JR	#4	West Liberty Sta	43.42m	142-6	3/29
7		Jacquelin LEAMAN	JR	#3	West Virginia We	43.01m	141-2	3/29
8		Sierra DAVIS	SO	#4	West Liberty Sta {2}	41.67m	136-9	3/22
9		Pamela KANDRACH	FR	#4	West Liberty Sta {3}	41.55m	136-4	3/22
10		Abby MCKINNEY	JR	#2	Charleston (W.V.) {4}	40.38m	132-6	3/21

Women's Javelin

1		Kalista MILNE	JR	#2	Charleston (W.V.)	35.87m	117-8	3/29
2		Lilly JACKSON	JR	#5	Concord	35.07m	115-1	3/29
3		Trinity ORTIZ	SR	#10	Wheeling	33.20m	108-11	3/29
4		Lina SINGLE	SO	#1	Point Park (Pa.)	32.06m	105-2	3/22
5		Bailee EINSPAHR	SO	#3	West Virginia We	30.83m	101-2	3/22
6		Dunya VAN DEN TOOREN	FR	#1	Point Park (Pa.) {2}	30.24m	99-2½	3/29
7		Brooklyn LUCAS	FR	#4	West Liberty Sta	30.17m	98-11¾	3/29
8		Cassidy HAMMONDS	FR	#5	Concord {2}	29.65m	97-3½	3/15
9		Addy COTTRILL	JR	#6	Glenville State	29.35m	96-3½	3/29
10		Gracie MCALLISTER	FR	#5	Concord {3}	28.86m	94-8¼	3/15

Women's Heptathlon

1	29	Cassidy HAMMONDS	FR	#5	Concord	4,107	3/22
2	42	Dunya VAN DEN TOOREN	FR	#1	Point Park (Pa.)	3,754	3/29
3	57	Emma ROEMER	SO	#1	Point Park (Pa.) {2}	3,417	3/29
4	58	Casey COLCOMBE	FR	#1	Point Park (Pa.) {3}	3,411	3/29
5	73	Marimo AKITA	JR	#3	West Virginia We	2,900	3/29
6	75	Hannah BOND	SR	#1	Point Park (Pa.) {4}	2,881	3/29
7	81	Ashley MARTIN	FR	#4	West Liberty Sta	2,635	3/29
8	84	Luchama LUBIN	SR	#1	Point Park (Pa.) {5}	2,487	3/29



Conference TFRI Event Summary



Northeast-10

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Women's 100 Meters

1	Shareve BLAIR	FR	#2 Adelphi	12.46	(0.6)	3/29
2	Lakay-Sha CLARKE	FR	#1 New Haven	12.91	(0.4)	3/29
3	Sanai SPRINGER	FR	#2 Adelphi	{2}13.01	(2.0)	3/29
4	Imani MUDIAY	SO	#2 Adelphi	{3}13.35	(0.7)	3/29
5	Crystal SARBLAH	SO	#1 New Haven	{2}13.53	(-0.6)	3/29
6	Hollisa LIBURD	SO	#1 New Haven	{3}13.74	(-0.6)	3/29
7	Ciara KONG	SO	#2 Adelphi	{4}13.85	(0.7)	3/29
8	Michaela SAVASTRA	SO	#1 New Haven	{4}14.43	(-0.1)	3/29

Women's 100 Meter Hurdles

1	19 Jada KAMTHA	SO	#1 New Haven	14.21	(1.9)	3/29
2	Aniya BUSH	SO	#1 New Haven	{2}15.27	(1.9)	3/29
3	Lori MELVILLE	FR	#2 Adelphi	18.42	(-0.7)	3/29

Women's 200 Meters

1	Lakay-Sha CLARKE	FR	#1 New Haven	26.24w	(2.4)	3/29
2	Fiona MALONEY	SR	#2 Adelphi	26.25w	(2.1)	3/29
3	Sanai SPRINGER	FR	#2 Adelphi	{2}26.89	(1.6)	3/29
4	Wilnye JOSEPH	FR	#1 New Haven	{2}27.04	(0.1)	3/29
5	Kayla ESPOSITO	SO	#2 Adelphi	{3}27.32	(1.8)	3/29
6	Crystal SARBLAH	SO	#1 New Haven	{3}27.95	(0.1)	3/29
7	Hollisa LIBURD	SO	#1 New Haven	{4}28.69	(0.1)	3/29
8	Miana QUINONEZ	FR	#1 New Haven	{5}29.23	(0.2)	3/29
9	Ciara KONG	SO	#2 Adelphi	{4}29.32	(0.8)	3/29
10	Julia MILLER	JR	#2 Adelphi	{5}29.43	(0.4)	3/29

Women's 400 Meters

1	Rayniah MERCEDAT	FR	#1 New Haven	59.82		3/29
2	Fiona MALONEY	SR	#2 Adelphi	1:00.95		3/29
3	Julia MILLER	JR	#2 Adelphi	{2}1:09.72		3/29

Women's 400 Meter Hurdles

1	Jada BONDS	FR	#1 New Haven	1:10.90		3/29
2	Deja HARRIS	SR	#1 New Haven	{2}1:11.27		3/29
3	Amari JOHNSON	SR	#2 Adelphi	1:14.97		3/29
4	Christina CROWLEY	SO	#1 New Haven	{3}1:17.10		3/29
5	Gabriella CHAVEZ	FR	#1 New Haven	{4}1:19.17		3/29
6	Emily MAZZUCCO	SR	#1 New Haven	{5}1:19.64		3/29

Women's 800 Meters

1	Eva GONZALEZ	FR	#2 Adelphi	2:23.33		3/29
2	Joanna WEBER	JR	#2 Adelphi	{2}2:32.28		3/29
3	Isabella BOSTIC	SR	#1 New Haven	2:32.99		3/29
4	Kayley CATALANO	FR	#1 New Haven	{2}2:41.07		3/29

Women's 1500 Meters

1	Elsie KAAS	JR	#1 New Haven	5:18.63		3/29
2	Angelina SCHILLING	SR	#1 New Haven	{2}5:20.93		3/29
3	Violet COYLE	JR	#1 New Haven	{3}5:22.65		3/29

Women's Steeplechase

1	80 Lucia KUTNER	JR	#2 Adelphi	11:58.54		3/29
2	Sumaira MAYAN	JR	#2 Adelphi	{2}12:36.06		3/29
3	Emma POLLOCK	FR	#1 New Haven	13:56.81		3/29

Women's 5000 Meters

1	Josie THOMPSON	FR	#1 New Haven	21:25.61		3/29
2	Caleigh HOPKINS	SO	#2 Adelphi	21:26.60		3/29

Women's 10,000 Meters

1	Maya SUAREZ	SO	#2 Adelphi	43:38.42		3/29
2	Karen JACKSON	FR	#2 Adelphi	{2}43:38.54		3/29
3	Maddie GERBY	SR	#2 Adelphi	{3}44:54.96		3/29
4	Maggie HANNAN	SR	#2 Adelphi	{4}46:36.17		3/29

Women's 4x100 Relay

1	71 #Type!	#1 New Haven	48.48		3/29
2	Valencia Beaubrun, Amari Johnson, Shareve Blair, Marissa Haye	#2 Adelphi	50.36		3/29

Women's 4x400 Relay

1	94 #Type!	#1 New Haven	4:10.33		3/29
2	Joanna Weber, Eva Gonzalez, Sanai Springer, Cassandra Lucero	#2 Adelphi	4:26.21		3/29

Women's High Jump

1	Wilnye JOSEPH	FR	#1 New Haven	1.48m	4-10¼	3/29
2	Miana QUINONEZ	FR	#1 New Haven	{2}1.43m	4-8¼	3/29

Women's Long Jump

1	16 Valencia BEAUBRUN	JR	#2 Adelphi	5.81mw	19-¾ (3.1)	3/29
2	66 D'Jior DELISSER	SO	#1 New Haven	5.55m	18-2½ (-0.9)	3/29
3	Gabrielle TEEL	SR	#1 New Haven	{2}5.39m	17-8¼ (-2.7)	3/29
4	Kayla ESPOSITO	SO	#2 Adelphi	{2}4.99m	16-4½ (1.6)	3/29
5	Emily MAZZUCCO	SR	#1 New Haven	{3}4.76m	15-7½ (0.3)	3/29
6	Mariama DIAKHATE	SR	#1 New Haven	{4}4.66m	15-3½ (-1.4)	3/29

Women's Triple Jump

1	37 Gabrielle TEEL	SR	#1 New Haven	11.47m	37-7¼ (-2.4)	3/29
2	85 Aniya BUSH	SO	#1 New Haven	{2}10.93m	35-10½ (-3)	3/29
3	Shareve BLAIR	FR	#2 Adelphi	10.46m	34-4 (1.7)	3/29
4	Brooke FESSLER	FR	#2 Adelphi	{2}10.00mw	32-9¾ (3.8)	3/29

Women's Shot Put

1	Ashley CRAIG	SO	#1 New Haven	10.56m	34-7¾	3/29
2	Madeline STALEY	FR	#2 Adelphi	10.32m	33-10¼	3/29
3	Lori MELVILLE	FR	#2 Adelphi	{2}10.10m	33-1¾	3/29

Women's Discus

1	Anita HODGE	JR	#1 New Haven	38.63m	126-9	3/29
2	Lori MELVILLE	FR	#2 Adelphi	35.22m	115-7	3/29
3	Madeline STALEY	FR	#2 Adelphi	{2}34.85m	114-4	3/29
4	Alanah WEAVER	SO	#1 New Haven	{2}33.62m	110-4	3/29

Women's Hammer

1	80 Celine BOZUKLUIAN	JR	#3 Southern Conne	47.72m	156-7	3/29
2	Jamison O'BRIEN	SO	#1 New Haven	35.60m	116-10	3/29
3	Payton BANFILL	SO	#1 New Haven	{2}29.57m	97-¼	3/29
4	Izma MIR	FR	#2 Adelphi	26.72m	87-8	3/29



Conference TFRI Event Summary



Northeast-10

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Women's Javelin						
1	Abigail CUNNINGHAM	FR	#1 New Haven	28.91m	94-10¼	3/29
2	Gabrielle STAFFORD	FR	#2 Adelphi	25.15m	82-6¼	3/29



Conference TFRI Event Summary



NSIC

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Women's 100 Meters

1	16	Laila CLEARE	JR	#1 U-Mary	11.64	(1.4)	3/27
2	40	Renea TAYLOR	SR	#4 Northern State	11.90w	(2.1)	3/22
3	50	Tionce WALROND	SO	#1 U-Mary	{2}11.96	(1.4)	3/27
4	75	Summer KREBSBACH	JR	#8 Minot State	12.07w	(2.2)	3/22
5	79	Katie LAVATO	SR	#7 St. Cloud State	12.10	(0.5)	3/28
6		Kendall BERG	JR	#1 U-Mary	{3}12.34	(1.4)	3/27
7		Camryn ADAMS	SO	#8 Minot State	{2}12.42w	(2.2)	3/22
8		Micah BERNARD	SR	#1 U-Mary	{4}12.47	(1.4)	3/27
9		Michelle MARQUARD	FR	#6 Southwest Minn	12.69w	(3.3)	3/28
10		Elisabet OSK JONSDOTTIR	SO	#4 Northern State	{2}12.79	(0.3)	3/22

Women's 100 Meter Hurdles

1	33	Renea TAYLOR	SR	#4 Northern State	14.49w	(2.2)	3/22
2	54	Makayla ALLMARAS	FR	#1 U-Mary	14.68	(1.9)	3/22
3		Bernadette BELZER	SO	#1 U-Mary	{2}15.47	(0.0)	3/27
4		Allison WATTS	FR	#6 Southwest Minn	15.59w	(2.5)	3/28
5		Anna RADER	JR	#1 U-Mary	{3}15.62	(1.9)	3/22
6		Mille ROSAEG	SO	#9 Bemidji State	15.75w	(2.5)	3/28
7		Anna TISCH	FR	#1 U-Mary	{4}16.06	(1.5)	3/22
8		Jada BACKES	FR	#6 Southwest Minn	{2}16.20w	(2.5)	3/28
9		Addison CUMBOW	JR	#4 Northern State	{2}16.23w	(3.3)	3/22
10		Makaylin CHRISTENSON	SR	#7 St. Cloud State	16.75w	(2.8)	3/15

Women's 200 Meters

1	4	Tionce WALROND	SO	#1 U-Mary	23.31	(0.8)	3/27
2	5	Sakena MASSIAH	SR	#1 U-Mary	{2}23.37	(0.8)	3/27
3	8	Laila CLEARE	JR	#1 U-Mary	{3}23.55	(0.8)	3/27
4	26	Tayen WERNER	FR	#1 U-Mary	{4}24.20	(0.8)	3/27
5	49	Gabriella APELIAN	FR	#1 U-Mary	{5}24.56	(1.6)	3/27
6	53	Morgan HERTZ	SR	#1 U-Mary	{6}24.60	(0.8)	3/27
7	59	Kelescica DOWNES	FR	#1 U-Mary	{7}24.65	(0.8)	3/27
8		Kendall BERG	JR	#1 U-Mary	{8}24.96	(0.8)	3/27
9		Summer KREBSBACH	JR	#8 Minot State	25.28	(1.5)	3/22
10		Micah BERNARD	SR	#1 U-Mary	{9}25.43	(1.6)	3/27

Women's 400 Meters

1	5	Sakena MASSIAH	SR	#1 U-Mary	54.45		3/27
2	21	Tayen WERNER	FR	#1 U-Mary	{2}55.53		3/27
3	47	Kelescica DOWNES	FR	#1 U-Mary	{3}56.49		3/27
4	78	Gabriella APELIAN	FR	#1 U-Mary	{4}57.23		3/27
5		Sierra CLIFFORD	SR	#6 Southwest Minn	58.69		3/28
6		Mackenzie EVERSON	SO	#2 Sioux Falls	59.33 OT		3/28
7		Amber ROSEMEIER	FR	#1 U-Mary	{5}59.68		3/22
8		Kyanna COLLYMORE	JR	#4 Northern State	1:00.19		3/22
9		Zoey HOLMES	FR	#5 Wayne State (Ne	1:00.20 OT		3/28
10		Grace BRANDT	SO	#1 U-Mary	{6}1:00.34		3/27

Women's 400 Meter Hurdles

1	2	Morgan HERTZ	SR	#1 U-Mary	59.83		3/27
2	32	Renea TAYLOR	SR	#4 Northern State	1:02.96		3/22
3	46	Bernadette BELZER	SO	#1 U-Mary	{2}1:04.06		3/27
4	62	Aspen ESLINGER	FR	#1 U-Mary	{3}1:04.87		3/27
5	69	Anna TISCH	FR	#1 U-Mary	{4}1:05.15		3/27
6	90	Elisabet OSK JONSDOTTIR	SO	#4 Northern State	{2}1:05.89		3/22
7		Reagan MURPHY	FR	#5 Wayne State (Ne	1:07.21 OT		3/28
8		Makayla ALLMARAS	FR	#1 U-Mary	{5}1:08.07		3/22
9		Jada BACKES	FR	#6 Southwest Minn	1:08.08		3/28
10		Anna RADER	JR	#1 U-Mary	{6}1:08.83		3/22

Women's 800 Meters

1	4	Elizabeth ACHESON	SR	#1 U-Mary	2:05.07c	(2:05.74A)	3/29
2	84	Bailey WRIDE	SO	#8 Minot State	2:16.74		3/22
3		Miranda LAUVSTAD	JR	#3 Minnesota State	2:19.39		3/28
4		Kyra KUSNIEREK	JR	#6 Southwest Minn	2:24.95		3/28
5		Abbygail NUNEZ	FR	#7 St. Cloud State	2:26.01		3/28
6		Viktoriia ERMOLAEVA	SO	#3 Minnesota State	{2}2:26.04		3/28
7		Avery MILES	SO	#4 Northern State	2:29.83		3/22
8		Payton KEMNITZ	FR	#4 Northern State	{2}2:30.10		3/22
9		Kaitlyn BLOOMENRADER	FR	#5 Wayne State (Ne	2:30.24 OT		3/28
10		Brooke WETTERSTROM	JR	#6 Southwest Minn	{2}2:30.38		3/28

Women's 1500 Meters

1	40	Kristine KALTHOFF	SR	#1 U-Mary	4:35.53c	(4:41.45A)	3/29
2	87	Bailey WRIDE	SO	#8 Minot State	4:42.37		3/22
3		Terez WYCKLENDT	JR	#1 U-Mary	{2}4:52.43		3/22
4		Giselle JAHNER	FR	#1 U-Mary	{3}4:56.13		3/22
5		Sophie RYLANCE	FR	#9 Bemidji State	4:59.86		3/28
6		Holly FROMHERZ	SO	#1 U-Mary	{4}5:02.02		3/22
7		Maddie SWANSON	SO	#2 Sioux Falls	5:03.04 OT		3/28
8		Emaleigh OLESIAK	FR	#4 Northern State	5:04.85		3/22
9		Maggie MCCARTHY	JR	#9 Bemidji State	{2}5:06.96		3/28
10		Alena DONAHUE	SO	#7 St. Cloud State	5:07.37		3/28

Women's Steeplechase

1	52	Madison MARCO	SO	#6 Southwest Minn	11:39.05		3/28
2	58	Sidra SADOWSKY	SR	#8 Minot State	11:41.26		3/22
3	91	Alena DONAHUE	SO	#7 St. Cloud State	12:06.03		3/28
4		Jolie DUGAN	SO	#4 Northern State	12:15.37		3/22
5		Nicole REEVES	JR	#8 Minot State	{2}13:10.53		3/22



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Women's 5000 Meters

1	8	Ella BAKKEN	SR	#11 Augustana (S.D.)	16:41.44	3/28
2	15	Alyssa BECKER	SR	#1 U-Mary	16:48.94c(17:15.35A)	3/29
3	31	Kylie ANDERSON	JR	#10 Winona State	17:02.31	3/28
4	53	Andrijana FUNDAK	SR	#1 U-Mary	{2}17:28.13c(17:55.57A)	3/29
5		Terez WYCKLENDT	JR	#1 U-Mary	{3}18:09.16c(18:37.68A)	3/29
6		Emery SMITH	JR	#8 Minot State	18:26.05	3/22
7		Paulette DOMINGUEZ	SR	#8 Minot State	{2}18:31.70	3/22
8		Giselle JAHNER	FR	#1 U-Mary	{4}18:33.92c(19:03.08A)	3/29
9		Alena DONAHUE	SO	#7 St. Cloud State	19:15.28	3/15
10		Macie LANGSTRAAT	SR	#6 Southwest Minn	19:16.28	3/28

Women's 10,000 Meters

1	43	McKenna TAYLOR	SR	#10 Winona State	37:32.60	3/28
2	62	Madeline PALMER	JR	#10 Winona State	{2}38:47.69	3/28

Women's 4x100 Relay

1	68	Elisabet Osk Jonsdottir, Renea Taylor, Anna Skachenko, Kyanna Collymore	#4 Northern State	48.37	3/22
2	86	Jayla Patterson, Viola Okey-Ezealah, Zaria Stapleton, Katie Lavato	#7 St. Cloud State	48.88	3/28

Women's 4x400 Relay

1	31	Tayen Werner, Gabriella Apelian, Bernadette Belzer, Sakena Massiah	#1 U-Mary	3:52.49	3/27
2		Katie Lavato, Makaylin Christenson, Jenna Marxhausen, Abbygail Nunez	#7 St. Cloud State	4:20.75	3/15
3		Josie Aitken, Makenna Frazier, Hailey Selly, Ava Werner	#9 Bemidji State	4:23.64	3/28

Women's High Jump

1	17	Viktoriia ERMOLAEVA	SO	#3 Minnesota State	1.67m	5-5¾	3/28
2	20	Dani MINSAS	SO	#2 Sioux Falls	1.66m	5-5¼	3/28
3	27	Jerrica PACHL	SR	#1 U-Mary	1.65m	5-5	3/22
3	27	Tayla DOBRENSKI	SO	#4 Northern State	1.65m	5-5	3/22
3	27	Makaylin CHRISTENSON	SR	#7 St. Cloud State	1.65m	5-5	3/28
6	55	Abbi WEBB	SR	#2 Sioux Falls	{2}1.61m	5-3¼	3/28
7	86	Christine SLEETER	SO	#6 Southwest Minn	1.59m	5-2½	3/28
8	90	Miranda LAUVSTAD	JR	#3 Minnesota State	{2}1.58m	5-2¼	3/28
8	90	Cameron JOHNSON	FR	#3 Minnesota State	{2}1.58m	5-2¼	3/28
10		Erika IMDIEKE	FR	#2 Sioux Falls	{3}1.56m	5-1¼	3/28
10		Rainbow STANDS	SR	#6 Southwest Minn	{2}1.56m	5-1¼	3/28

Women's Pole Vault

1	32	McKenna COMSTOCK	SR	#2 Sioux Falls	3.65m	11-11¾	3/28
1	32	Peyton HANSON	SO	#2 Sioux Falls	3.65m	11-11¾	3/28
3	74	Romane MAUGEST	FR	#4 Northern State	3.45m	11-3¾	3/22
4		Gitte BELLEMANS	FR	#4 Northern State	{2}3.30m	10-9¾	3/22
4		Bekah WALZ	SO	#4 Northern State	{2}3.30m	10-9¾	3/22
6		Olivia OLSON	SR	#9 Bemidji State	3.27m	10-8¾	3/28
7		Zoe RUSCHMEIER	JR	#6 Southwest Minn	3.12m	10-2¾	3/28
7		Michelle MARQUARD	FR	#6 Southwest Minn	3.12m	10-2¾	3/28
9		Greta SNAZA	SR	#2 Sioux Falls	{3}3.05m	10-0	3/28
10		Haley MAYER	FR	#1 U-Mary	2.75m	9-¼	3/22

Women's Long Jump

1	5	Miranda LAUVSTAD	JR	#3 Minnesota State	6.02mw	19-9 (3.9)	3/28
2	18	Anna BRUNO	SO	#1 U-Mary	5.79m	19-0 (1.0)	3/22
3	66	Kailee KELLUM	SO	#5 Wayne State (Ne	5.55mw	18-2½ (3.5)	3/28
4	78	Tierney FAULK	SO	#2 Sioux Falls	5.48mw	17-11¾ (3.5)	3/28
5		Lindsey KNEIFL	JR	#5 Wayne State (Ne	{2}5.38mw	17-8 (2.9)	3/28
6		Alexa POST	JR	#3 Minnesota State	{2}5.34mw	17-6¼ (2.7)	3/28
7		Myesha THOMPSON	SO	#7 St. Cloud State	5.22m	17-1½ (1.0)	3/15
8		Madison HOCHSTETTER	FR	#2 Sioux Falls	{2}5.03mw	16-6 (3.5)	3/28
9		Jayrn WARECJKA	FR	#5 Wayne State (Ne	{3}4.94mw	16-2½ (3.8)	3/28
10		Afton WRIDE	FR	#8 Minot State	4.93m	16-2¼ (0.0)	3/22

Women's Triple Jump

1	52	Anna NASSET	FR	#1 U-Mary	11.30mw	37-1 (2.4)	3/27
2	73	Ella STEUSSY	SO	#2 Sioux Falls	11.08mw	36-4¼ (3.2)	3/28
3	88	Kendra KING	FR	#2 Sioux Falls	{2}10.91mw	35-9½ (3.0)	3/28
4		Anna BRUNO	SO	#1 U-Mary	{2}10.70m	35-1¼ (1.1)	3/22
5		Afton WRIDE	FR	#8 Minot State	10.66m	34-11¾ (1.8)	3/22
6		Amarise OKKEN	FR	#2 Sioux Falls	{3}10.45mw	34-3½ (2.7)	3/28
7		Kayden CRONIN	FR	#4 Northern State	9.76mw	32-¼ (2.4)	3/22
8		Lelia BULLION	SO	#2 Sioux Falls	{4}9.31mw	30-6½ (2.2)	3/28

Women's Shot Put

1	30	Mony ANDERSEN	JR	#3 Minnesota State	13.17m	43-2½	3/28
2	47	Nicole FLYNN	SR	#2 Sioux Falls	13.00m	42-8	3/28
3	50	Brooklyn KRUSE	SO	#5 Wayne State (Ne	12.89m	42-3½	3/28
4	58	Mikenna PATTRIN	SR	#9 Bemidji State	12.77m	41-10¾	3/28
5	59	Kayla VANOSDEL	SR	#2 Sioux Falls	{2}12.76m	41-10½	3/28
6	62	Tobi PETERSON	FR	#2 Sioux Falls	{3}12.74m	41-9¾	3/28
7	74	Delanie VANDRIEL	JR	#2 Sioux Falls	{4}12.61m	41-4½	3/28
8	81	Kami WADSWORTH	SO	#2 Sioux Falls	{5}12.54m	41-1¾	3/28
9	92	Hannah BRUSKIEWICZ	SO	#7 St. Cloud State	12.39m	40-7¾	3/15
10		Emma OSIER	SO	#3 Minnesota State	{2}12.20m	40-½	3/28
10		Nadia SANFORD	SR	#6 Southwest Minn	12.20m	40-½	3/28



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Women's Discus

1	5	Reilly YOUNG	SR	#5	Wayne State (Ne	48.88m	160-5	3/28
2	25	Elise JENSEN	FR	#3	Minnesota State	45.63m	149-9	3/28
3	26	Delanie VANDRIEL	JR	#2	Sioux Falls	45.50m	149-4	3/28
4	34	Kamry LINDSEY	SR	#2	Sioux Falls	{2}44.27m	145-3	3/28
5	41	Nicole FLYNN	SR	#2	Sioux Falls	{3}43.95m	144-3	3/28
6	44	Brooklyn KRUSE	SO	#5	Wayne State (Ne	{2}43.46m	142-7	3/28
7	59	Zayda PRIEBE	JR	#9	Bemidji State	42.63m	139-11	3/28
8	79	Jadyn HART	SO	#3	Minnesota State	{2}41.47m	136-1	3/28
9	82	Nadia SANFORD	SR	#6	Southwest Minni	41.33m	135-7	3/28
10	84	Kami WADSWORTH	SO	#2	Sioux Falls	{4}41.11m	134-11	3/28

Women's Hammer

1	8	Lily BENEKE	SR	#3	Minnesota State	56.26m	184-7	3/28
2	29	Mony ANDERSEN	JR	#3	Minnesota State	{2}51.66m	169-6	3/28
3	31	Hailey BAKER	SR	#5	Wayne State (Ne	51.55m	169-2	3/28
4	37	Reilly YOUNG	SR	#5	Wayne State (Ne	{2}51.27m	168-3	3/28
5	52	Olivia SCHWARZROCK	JR	#5	Wayne State (Ne	{3}49.79m	163-4	3/28
6	72	Lauren BIRD	SO	#3	Minnesota State	{3}48.24m	158-3	3/28
7	75	Kamry LINDSEY	SR	#2	Sioux Falls	48.09m	157-10	3/28
8	90	McKenna MARKLE	SR	#5	Wayne State (Ne	{4}47.09m	154-6	3/28
9		Taylor ARP	FR	#5	Wayne State (Ne	{5}45.80m	150-3	3/28
10		Nadia SANFORD	SR	#6	Southwest Minni	44.94m	147-5	3/28

Women's Javelin

1	37	Olivia BAUMBERGER	SR	#2	Sioux Falls	40.31m	132-3	3/28
2	60	Kami WADSWORTH	SO	#2	Sioux Falls	{2}38.76m	127-2	3/28
3	65	Kassidy SIEDOW	SR	#3	Minnesota State	38.25m	125-6	3/28
4	81	Anna BENDISH	SO	#1	U-Mary	37.30m	122-5	3/22
5	83	Mikenna PATTRIN	SR	#9	Bemidji State	37.06m	121-7	3/28
6		Trista BILDEN	FR	#9	Bemidji State	{2}35.54m	116-7	3/28
7		Esther MILLER	SR	#3	Minnesota State	{2}35.04m	115-0	3/28
8		Maya SHORTER	SO	#3	Minnesota State	{3}34.90m	114-6	3/28
9		Ellie FEENEY	SO	#1	U-Mary	{2}34.20m	112-3	3/22
10		Savannah REINKE	SO	#7	St. Cloud State	34.09m	111-10	3/15

Women's Heptathlon

1	1	Miranda LAUVSTAD	JR	#3	Minnesota State	5,529	3/28
2	4	Viktoriia ERMOLAEVA	SO	#3	Minnesota State	{2}5,174	3/28
3	24	Morgan SHELTON	JR	#4	Northern State	4,268	3/22
4	32	Alexa POST	JR	#3	Minnesota State	{3}3,941	3/28
5	36	Cameron JOHNSON	FR	#3	Minnesota State	{4}3,814	3/28
6	60	Addison CUMBOW	JR	#4	Northern State	{2}3,317	3/22
7	67	Jordan WEST	SO	#4	Northern State	{3}3,219	3/22



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PacWest

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Women's 100 Meters

1	3	Nydia CHANCE	SO	#3 Fresno Pacific	11.30	(0.0)	2/22
2	11	Riley ALLEN	FR	#3 Fresno Pacific	{2}11.58	(0.0)	2/22
3	17	Jasmyn CRAWFORD	SR	#1 CUI	11.65	(1.4)	3/29
4	19	Iyanna FULLER	JR	#3 Fresno Pacific	{3}11.66	(0.0)	2/22
5	20	Trinity MILLER	SR	#2 Azusa Pacific	11.70	(1.4)	3/29
6	22	Ariana VERA	SR	#3 Fresno Pacific	{4}11.71	(0.0)	2/22
7	23	Brianna GREEN	SR	#3 Fresno Pacific	{5}11.73w	(2.7)	3/1
7	23	Shaniya RANDOLPH	SO	#3 Fresno Pacific	{5}11.73	(0.0)	2/22
9	28	Nevaeh WILLIAMS	SO	#2 Azusa Pacific	{2}11.80	(1.4)	3/29
10	31	Alayna VERNER	SR	#2 Azusa Pacific	{3}11.82	(1.1)	3/29

Women's 100 Meter Hurdles

1	5	Esther CONDE-TURPIN	JR	#2 Azusa Pacific	13.69	(1.2)	3/29
2	6	Brianna GREEN	SR	#3 Fresno Pacific	13.82	(0.8)	2/22
3	11	Eboselulu OMOFOMA	FR	#4 Biola (Calif.)	14.03	(1.6)	3/15
4	17	Alexis RANGER-DUNBAR	SR	#3 Fresno Pacific	{2}14.20	(2.0)	3/22
5	27	Hannah HANSON	SO	#4 Biola (Calif.)	{2}14.38	(-0.2)	2/22
6	28	Giovana PELASCINI	SO	#1 CUI	14.39	(1.3)	3/29
7	38	Avril MENDOZA	FR	#3 Fresno Pacific	{3}14.53w	(3.2)	3/1
8	43	Maika CUENCA	JR	#7 Academy of Art	14.60w	(2.2)	3/29
9	62	Millie BLEDSOE	SO	#5 Point Loma Nazarene	14.77	(-0.2)	2/22
10	66	Erica WASEQ	JR	#9 Jessup (Calif.)	14.79	(2.0)	3/22

Women's 200 Meters

1	17	Jasmyn CRAWFORD	SR	#1 CUI	23.91	(0.8)	3/29
2	18	Trinity MILLER	SR	#2 Azusa Pacific	24.00	(0.7)	2/28
3	21	Nydia CHANCE	SO	#3 Fresno Pacific	24.13	(1.2)	3/29
4	30	Sariyah COPELAND	SR	#3 Fresno Pacific	{2}24.22	(1.2)	3/22
5	33	Nevaeh WILLIAMS	SO	#2 Azusa Pacific	{2}24.30	(0.8)	3/29
6	44	Brooke DALGITY	SR	#6 Vanguard (Calif.)	24.45	(0.8)	3/29
7	48	Blanca GRANADOS	SR	#5 Point Loma Nazarene	24.55w	(2.8)	3/22
8	67	Juvonna CORNETTE	JR	#7 Academy of Art	24.70	(1.2)	3/22
9	75	Kenahdi HASLIP	SO	#3 Fresno Pacific	{3}24.75	(-0.2)	2/22
10	86	Shaniya RANDOLPH	SO	#3 Fresno Pacific	{4}24.80	(1.1)	3/1

Women's 400 Meters

1	2	Brianna GREEN	SR	#3 Fresno Pacific	53.77		3/29
2	8	Alayna VERNER	SR	#2 Azusa Pacific	54.69		2/28
3	11	Eryn BURKE	SR	#6 Vanguard (Calif.)	54.94		3/22
4	12	Kenahdi HASLIP	SO	#3 Fresno Pacific	{2}55.02		3/22
5	13	Shaniya RANDOLPH	SO	#3 Fresno Pacific	{3}55.07		3/29
6	18	Angelica GOMES	FR	#5 Point Loma Nazarene	55.32		3/22
7	29	Mikiyla ROYAL	FR	#3 Fresno Pacific	{4}55.90		3/29
8	30	Olivia ALEXANDRE	SR	#2 Azusa Pacific	{2}55.95		3/29
9	37	Ariana VERA	SR	#3 Fresno Pacific	{5}56.18		3/29
10	40	Brooke DALGITY	SR	#6 Vanguard (Calif.)	{2}56.34		3/8

Women's 400 Meter Hurdles

1	1	Brianna GREEN	SR	#3 Fresno Pacific	59.01		3/22
2	11	Avril MENDOZA	FR	#3 Fresno Pacific	{2}1:00.98		2/22
3	15	Sarah MCGARRY	FR	#5 Point Loma Nazarene	1:01.14		3/8
4	18	Jordyn BURKE	SR	#6 Vanguard (Calif.)	1:01.27		3/22
5	27	Eboselulu OMOFOMA	FR	#4 Biola (Calif.)	1:02.63		3/8
6	31	Makenna SULLIVAN	SR	#5 Point Loma Nazarene	{2}1:02.92		2/22
7	35	Joley SPROUL	SR	#4 Biola (Calif.)	{2}1:03.29		3/29
8	39	Reagan COLE	JR	#5 Point Loma Nazarene	{3}1:03.41		3/22
9	41	Millie BLEDSOE	SO	#5 Point Loma Nazarene	{4}1:03.70		3/15
10	43	Hannah HANSON	SO	#4 Biola (Calif.)	{3}1:03.97		3/8

Women's 800 Meters

1	5	Lina HANICH	SR	#7 Academy of Art	2:05.23		3/22
2	12	Maggie WILLIAMS	JR	#4 Biola (Calif.)	2:10.02		3/29
3	26	Mattie WHIPPLE	FR	#3 Fresno Pacific	2:11.54		3/8
4	34	Grace SOUTHERN	SR	#7 Academy of Art	{2}2:12.89		3/8
5	41	Megan CHARLEY	FR	#6 Vanguard (Calif.)	2:13.56		3/8
6	44	Eryn BURKE	SR	#6 Vanguard (Calif.)	{2}2:13.96		3/29
7	45	Jori PARADIS	SR	#1 CUI	2:14.12		2/22
8	48	Michaela ANDREWS	SR	#7 Academy of Art	{3}2:14.41		3/22
9	63	Aubree GENTRY	JR	#5 Point Loma Nazarene	2:15.41		3/15
10	70	Jessica KAMPMAN	SR	#2 Azusa Pacific	2:15.98		3/22

Women's 1500 Meters

1	12	Lina HANICH	SR	#7 Academy of Art	4:27.00		3/22
2	13	Jori PARADIS	SR	#1 CUI	4:28.64		3/28
3	16	Grace SOUTHERN	SR	#7 Academy of Art	{2}4:30.02		3/29
4	17	Olivia ALEXANDRE	SR	#2 Azusa Pacific	4:30.22		2/28
5	27	Jessina MORALES	SR	#6 Vanguard (Calif.)	4:33.91		3/15
6	28	Bethany MAPES	JR	#4 Biola (Calif.)	4:33.95		3/15
7	31	Jessica KAMPMAN	SR	#2 Azusa Pacific	{2}4:34.20		3/8
8	35	Kate BARANSKI	SR	#6 Vanguard (Calif.)	{2}4:34.68		3/15
9	47	Mattie WHIPPLE	FR	#3 Fresno Pacific	4:36.29		3/29
10	48	Madeline REEVES	JR	#5 Point Loma Nazarene	4:36.88		3/15

Women's Steeplechase

1	21	Claudia VERA	JR	#1 CUI	11:08.56		3/28
2	24	Lia MARKERT	SR	#5 Point Loma Nazarene	11:15.48		3/22
3	30	Abigail HUNDLEY	JR	#8 Westmont (Calif.)	11:21.27		3/28
4	35	Emily LITTLEFIELD	SO	#1 CUI	{2}11:25.85		3/28
5	54	Zaila SMITH	JR	#5 Point Loma Nazarene	{2}11:40.63		3/22
6	62	Karis BROWN	JR	#4 Biola (Calif.)	11:47.42		3/15
7	65	Janelle SANTOS	JR	#2 Azusa Pacific	11:49.26		3/21
8		Caitlin CHEA	SO	#4 Biola (Calif.)	{2}12:35.56		3/15
9		Alyssa STUMBO	SO	#4 Biola (Calif.)	{3}12:38.74		3/15
10		Elena EVEREST	JR	#8 Westmont (Calif.)	{2}12:55.54		3/22



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Women's 5000 Meters

1	9	Jessica KAMPMAN	SR	#2 Azusa Pacific	16:43.15	3/21
2	11	Madeline REEVES	JR	#5 Point Loma Nazarene	16:44.46	3/22
3	18	Bethany MAPES	JR	#4 Biola (Calif.)	16:51.02	3/8
4	21	Taylor WHITFIELD	JR	#1 CUI	16:54.63	3/8
5	36	Grace SOUTHERN	SR	#7 Academy of Art	17:06.09	3/22
6	38	Jori PARADIS	SR	#1 CUI	{2} 17:08.79	3/8
7	50	Lynette RUIZ	SR	#4 Biola (Calif.)	{2} 17:26.73	3/8
8	52	Jessina MORALES	SR	#6 Vanguard (Calif.)	17:27.54	3/8
9	83	Emily LITTLEFIELD	SO	#1 CUI	{3} 17:44.74	3/8
10	84	Jaina KANG	FR	#4 Biola (Calif.)	{3} 17:45.63	3/8

Women's 10,000 Meters

1	47	Audrey BARCENAS	JR	#1 CUI	37:53.90	3/8
2	64	Madysen NAKAMURA	FR	#6 Vanguard (Calif.)	38:54.78	3/8
3	82	Sydney SYDNEY	FR	#6 Vanguard (Calif.)	{2} 39:50.58	3/8
4	99	Emily NOYES	FR	#6 Vanguard (Calif.)	{3} 40:32.61	3/8
5		Isabelle ALBALADEJO	FR	#1 CUI	{2} 40:56.43	3/8
6		Molly SANDRIDGE	SO	#8 Westmont (Calif.)	42:21.22	3/28
7		Vanessa FLORES	JR	#6 Vanguard (Calif.)	{4} 42:44.34	3/8

Women's 4x100 Relay

1	5	Nydia Chance, Brianna Green, Shaniya Randolph, Ariana Vera	#3 Fresno Pacific	45.24	3/1
2	8	Ashanti Perkins, Kiayra Holmes, Nevaeh Williams, Trinity Miller	#2 Azusa Pacific	45.94	3/22
3	15	Jasmyn Crawford, Logan Nelson, Nataleah Yanez, Veronica Campbell	#1 CUI	46.20	3/29
4	22	Jordyn Burke, Brooke Dalgity, Eryn Burke, Elizabeth Betten	#6 Vanguard (Calif.)	46.59	3/22
5	31	Tresley Love, Juvonna Cornette, Erine Collard, Jaylen Walker	#7 Academy of Art	47.03	3/8
6	37	Madi Simmers, Lily Gomez, Angelica Gomes, Blanca Granados	#5 Point Loma Nazarene	47.19	3/22
7	48	Grace Soberanis, Kennah Shaffer, Jaiden Rodrigues, Charlotte Williams	#8 Westmont (Calif.)	47.60	3/22
8	49	Priscilla Jones, Audrey Mousa, Kailey Centers, Caden Hunter	#4 Biola (Calif.)	47.72	3/29
9		Caytlin Capulong, LaNicia Ellis, Vivian Rodrigues, Tatyana Robles	#10 Dominican (Calif.)	50.37	3/29
10		Erica Waseq, Paloma Baumert, Karsyn Leikauf, Aurora Osburn	#9 Jessup (Calif.)	51.13	3/22



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Women's 4x400 Relay

1	4	Sariyah Copeland, Brianna Green, Shaniya Randolph, Ariana Vera	#3 Fresno Pacific	3:40.88	3/22
2	8	Trinity Miller, Kiayra Holmes, Olivia Alexandre, Alayna Verner	#2 Azusa Pacific	3:43.11	3/29
3	16	Tresley Love, Lina Hanich, Michaela Andrews, Juvonna Cornette	#7 Academy of Art	3:47.36	3/22
4	20	Megan Charley, Elizabeth Betten, Eryn Burke, Brooke Dalgity	#6 Vanguard (Calif.)	3:48.52	3/15
5	24	Makenna Sullivan, Sarah McGarry, Angelica Gomes, Blanca Granados	#5 Point Loma Nazarene	3:51.09	3/15
6	30	Ruby Bishop, Anna Tucker, Giovana Pelascini, Riley Norris	#1 CUI	3:52.45	3/28
7	34	Ariana Quintana, Hannah Hanson, Eboseselulu Omofoma, Jaden Murray	#4 Biola (Calif.)	3:54.08	3/15
8	59	Makenzie Fauver, Kennah Shaffer, Jaiden Rodrigues, Charlotte Williams	#8 Westmont (Calif.)	4:00.73	3/22
9		LaNicia Ellis, Bella Bueno, Sarah Chavez, Sienna Fasset	#10 Dominican (Calif.)	4:22.09	3/1
10		Paloma Baumert, Jocelyn Pedretti, Hailey Hopkins, Erica Waseq	#9 Jessup (Calif.)	4:24.88	3/22

Women's High Jump

1	3	Eliana SAUNDERS	SR	#2 Azusa Pacific	1.74m	5-8½	3/22
2	8	Nouhayla ERRAHILI	SR	#2 Azusa Pacific	{2} 1.71m	5-7¼	3/22
3	17	Telma KRISTJANSSON	FR	#1 CUI	1.67m	5-5¾	3/28
4	20	Zania RUFFIN	FR	#2 Azusa Pacific	{3} 1.66m	5-5¼	3/8
5	55	Ashley HUME	SR	#2 Azusa Pacific	{4} 1.61m	5-3¾	3/22
5	55	Eboseselulu OMOFOMA	FR	#4 Biola (Calif.)	1.61m	5-3¾	3/8
5	55	Rowan CEBULSKI	SO	#5 Point Loma Nazarene	1.61m	5-3¾	3/8
8	90	Riley NORRIS	JR	#1 CUI	{2} 1.58m	5-2¼	2/21
9		Autumn MURRAY	SO	#4 Biola (Calif.)	{2} 1.56m	5-1¼	3/29
9		Joley SPROUL	SR	#4 Biola (Calif.)	{2} 1.56m	5-1¼	3/29

Women's Pole Vault

1	25	Brianne CAMARENA	SR	#5 Point Loma Nazarene	3.75m	12-3½	2/22
2	28	Peyton YOSHIDA	SR	#5 Point Loma Nazarene {2}	3.68m	12-¾	3/22
2	28	Danielle GOULD	SO	#5 Point Loma Nazarene {2}	3.68m	12-¾	3/22
4	44	Alexus SALAZAR	FR	#2 Azusa Pacific	3.60m	11-9¾	2/22
5	50	Reanna MAROON	SR	#4 Biola (Calif.)	3.55m	11-7¾	3/29
6	54	Paloma BAUMERT	SO	#9 Jessup (Calif.)	3.50m	11-5¾	2/22
7	84	Katherine HEEKIN	JR	#5 Point Loma Nazarene {4}	3.40m	11-1¾	3/29
7	84	Bridget BOURDON	FR	#1 CUI	3.40m	11-1¾	2/22
9		Evanthia KOUTELIERIS	SR	#5 Point Loma Nazarene {5}	3.25m	10-8	3/29
10		Nina NAVARETTE	SO	#4 Biola (Calif.)	{2} 3.21m	10-6¼	3/15

Women's Long Jump

1	1	Jasmyn CRAWFORD	SR	#1 CUI	6.25m	20-6¼ (1.9)	3/8
2	26	Eboseselulu OMOFOMA	FR	#4 Biola (Calif.)	5.69m	18-8 (1.6)	3/29
3	33	Kennah SHAFFER	SR	#8 Westmont (Calif.)	5.66m	18-7 (-0.6)	3/28
4	54	Esther CONDE- TURPIN	JR	#2 Azusa Pacific	5.59m	18-4¼ (0.0)	3/29
5	71	Autumn MURRAY	SO	#4 Biola (Calif.)	{2} 5.53m	18-1¾ (0.0)	3/29
6	80	Jaylen WALKER	FR	#7 Academy of Art	5.47m	17-11½ (0.6)	3/22
7	90	Maika CUENCA	JR	#7 Academy of Art	{2} 5.44m	17-10¼ (1.3)	3/22
8	99	Rowan CEBULSKI	SO	#5 Point Loma Nazarene	5.41mw	17-9 (2.2)	3/29
8	99	Ashley HUME	SR	#2 Azusa Pacific	{2} 5.41m	17-9 (0.0)	3/29
10		Sierra NELSON	SO	#2 Azusa Pacific	{3} 5.37m	17-7½ (0.4)	3/22

Women's Triple Jump

1	20	Jaylen WALKER	FR	#7 Academy of Art	11.74m	38-6¼ (1.0)	3/22
2	27	Makenna SULLIVAN	SR	#5 Point Loma Nazarene	11.59m	38-¼ (1.1)	3/15
3	48	Eboseselulu OMOFOMA	FR	#4 Biola (Calif.)	11.36m	37-3¼ (0.5)	3/15
4	70	Zania RUFFIN	FR	#2 Azusa Pacific	11.14m	36-6¾ (1.4)	3/8
5	77	Kolena APANA	FR	#6 Vanguard (Calif.)	11.03m	36-2¼ (-0.8)	2/22
6	100	Aurora OSBURN	FR	#9 Jessup (Calif.)	10.78m	35-4½ (1.8)	3/29
7		Kylie ROBERTS	FR	#3 Fresno Pacific	10.67mw	35-¼ (3.0)	3/1
8		Alexandra ORTIZ	JR	#1 CUI	10.59m	34-9 (0.0)	3/29
9		Cami MARTIN	FR	#1 CUI	{2} 10.58m	34-8½ (1.3)	3/29
10		Nina NAVARETTE	SO	#4 Biola (Calif.)	{2} 10.55m	34-7½ (0.0)	3/15

Women's Shot Put

1	12	Molly OLSON	SR	#2 Azusa Pacific	14.36m	47-1½	3/22
2	19	Esther CONDE- TURPIN	JR	#2 Azusa Pacific	{2} 13.71m	44-11¾	3/29
3	29	Nevaeh DYER	FR	#1 CUI	13.20m	43-3¾	3/8
4	37	Julia PISENTI	SO	#9 Jessup (Calif.)	13.06m	42-10¼	3/15
5	59	Jaelah BUTLER	SR	#6 Vanguard (Calif.)	12.76m	41-10½	3/29
6	97	Alexa HUME	JR	#2 Azusa Pacific	{3} 12.34m	40-6	3/22
7		Jasmyn RIOS	SO	#1 CUI	{2} 12.29m	40-4	3/29
8		Laura BRENNAN	SO	#4 Biola (Calif.)	12.15m	39-10½	3/8
9		Hope WILLIS	FR	#4 Biola (Calif.)	{2} 12.03m	39-5¾	3/8
10		Jocelyn PEDRETTI	SO	#9 Jessup (Calif.)	{2} 11.99m	39-4	2/21



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Women's Discus

1	3	Julia PISENTI	SO	#9 Jessup (Calif.)	50.83m	166-9	3/22
2	13	Tayla CRENSHAW	SR	#1 CUI	47.11m	154-7	3/29
3	15	Hannah RICHARDSON	JR	#2 Azusa Pacific	46.72m	153-4	3/8
4	36	Jocelyn PEDRETTI	SO	#9 Jessup (Calif.)	{2} 44.05m	144-6	3/29
5	43	Khaiya SIMPSON	SR	#1 CUI	{2} 43.49m	142-8	3/8
6	49	Whitney GRIFFITH	FR	#1 CUI	{3} 43.06m	141-3	2/22
7	54	Hope WILLIS	FR	#4 Biola (Calif.)	42.95m	140-11	2/22
8	70	Molly OLSON	SR	#2 Azusa Pacific	{2} 41.89m	137-5	3/29
9		Leah GILMORE	SO	#4 Biola (Calif.)	{2} 40.37m	132-6	3/15
10		Ashley HEYER	SO	#1 CUI	{4} 38.61m	126-8	3/29

Women's Hammer

1	85	Casey DAVIS	SR	#3 Fresno Pacific	47.21m	154-11	3/29
2	87	Hannah RICHARDSON	JR	#2 Azusa Pacific	47.14m	154-8	2/28
3	93	Faith WINNINGHAM	SO	#4 Biola (Calif.)	46.84m	153-8	2/22
4		Alexa HUME	JR	#2 Azusa Pacific	{2} 46.21m	151-7	2/22
5		Jaelah BUTLER	SR	#6 Vanguard (Calif.)	46.05m	151-1	3/29
6		Khaiya SIMPSON	SR	#1 CUI	45.89m	150-7	3/29
7		Luca ROMEO	JR	#3 Fresno Pacific	{2} 44.79m	147-0	3/22
8		Tayla CRENSHAW	SR	#1 CUI	{2} 44.70m	146-8	3/29
9		Ashley HEYER	SO	#1 CUI	{3} 44.07m	144-7	3/29
10		Hope WILLIS	FR	#4 Biola (Calif.)	{2} 43.08m	141-4	2/22

Women's Javelin

1	8	Luisa FISCHER	SR	#2 Azusa Pacific	47.15m	154-8	3/29
2	24	Esther CONDE-TURPIN	JR	#2 Azusa Pacific	{2} 42.65m	139-11	3/29
3	27	Julia PISENTI	SO	#9 Jessup (Calif.)	41.91m	137-6	3/29
4	39	Whitney GRIFFITH	FR	#1 CUI	40.18m	131-10	3/29
5	41	Emma HEIN	FR	#2 Azusa Pacific	{3} 40.12m	131-8	3/29
6	42	Molly OLSON	SR	#2 Azusa Pacific	{4} 40.07m	131-6	3/8
7	49	G'nea PITT	FR	#7 Academy of Art	39.60m	129-11	2/22
8	63	Hope WILLIS	FR	#4 Biola (Calif.)	38.52m	126-5	2/22
9	77	Harper FORSHEE	FR	#1 CUI	{2} 37.69m	123-8	3/8
10	92	Alexis SUMNER	SO	#1 CUI	{3} 36.63m	120-2	3/29

Women's Heptathlon

1	10	Riley NORRIS	JR	#1 CUI	4,625	2/21
2	13	Giovana PELASCINI	SO	#1 CUI	{2} 4,574	3/14
3	14	Maika CUENCA	JR	#7 Academy of Art	4,572	3/29
4	15	Rowan CEBULSKI	SO	#5 Point Loma Nazarene	4,512	3/29
5	23	Reagan COLE	JR	#5 Point Loma Nazarene	{2} 4,275	3/29
6	25	Jocelyn PEDRETTI	SO	#9 Jessup (Calif.)	4,265	2/21
7	35	Miranda IRWIN	SR	#8 Westmont (Calif.)	3,845	3/21
8	37	Leah POWICK	SR	#1 CUI	{3} 3,812	2/21
9	44	Sophia MORTON	SR	#8 Westmont (Calif.)	{2} 3,730	3/21
10	54	Noella BREYTENBACH	SO	#8 Westmont (Calif.)	{3} 3,530	3/21



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Women's 100 Meters

1	86	Josalyn BRANCH	SO	#2 Augusta	12.13w	(2.8)	3/22
2	92	Nakhia MONTGOMERY	JR	#4 Columbus State	12.14	(0.2)	3/15
3		Cayla BROWN	SR	#3 Clayton State	12.36	(1.8)	3/22
4		Payton KNOWLES	FR	#3 Clayton State {2}	12.45w	(2.7)	3/22
5		Madison MITCHELL	FR	#2 Augusta {2}	12.77w	(2.7)	3/22
6		Destiny HANNA	JR	#3 Clayton State {3}	12.80	(1.8)	3/22
6		LeeAisha FORD	JR	#6 USC Beaufort (S.	12.80	(0.7)	3/22
8		Caalyn HYMAN	FR	#5 Lander	12.85	(0.8)	3/22
9		Azorria HIGGINS	FR	#4 Columbus State {2}	12.88	(-0.4)	3/15
10		Chassidy LOCK	FR	#4 Columbus State {3}	12.90	(-0.8)	3/15

Women's 100 Meter Hurdles

1		Zoe ZINNIE	SO	#1 Flagler	15.76	(0.5)	3/8
2		Courtney MCGOUGH	FR	#1 Flagler {2}	16.40	(0.1)	3/30
3		Liza VARNUM	SO	#4 Columbus State	16.53	(-0.1)	3/15
4		Kaitlyn ALSTON	FR	#4 Columbus State {2}	16.63	(-0.1)	3/15
5		Syni LACY	SO	#4 Columbus State {3}	17.44	(1.8)	3/22
6		Destiny LOVE	FR	#3 Clayton State	17.45w	(2.2)	3/28
7		Sara MILLER	FR	#1 Flagler {3}	17.88	(0.1)	3/30
8		Rebekah KLOSSNER	SO	#2 Augusta	18.55w	(2.7)	3/22
9		Kiersten THATCHER	SO	#5 Lander	19.15	(1.0)	3/22

Women's 200 Meters

1		Cayla BROWN	SR	#3 Clayton State	24.95w	(2.2)	3/28
2		Nakhia MONTGOMERY	JR	#4 Columbus State	25.36	(1.0)	3/22
3		Josalyn BRANCH	SO	#2 Augusta	25.68w	(2.1)	3/22
4		Ziona HARRIS	SO	#3 Clayton State {2}	25.70w	(2.1)	3/22
5		Payton KNOWLES	FR	#3 Clayton State {3}	25.71	(-1.2)	3/28
6		Rebecca OJI	FR	#3 Clayton State {4}	26.16	(1.7)	3/22
7		LeeAisha FORD	JR	#6 USC Beaufort (S.	26.28w	(3.1)	3/22
8		Madison MITCHELL	FR	#2 Augusta {2}	26.34	(1.4)	3/22
9		Caalyn HYMAN	FR	#5 Lander	26.41	(-2.5)	3/22
10		Ashanti LASTRAPES	SO	#3 Clayton State {5}	26.68	(0.8)	3/28

Women's 400 Meters

1		Tymia WILLIS	FR	#5 Lander	58.20		3/22
2		Ziona HARRIS	SO	#3 Clayton State	58.55		3/22
3		Marley TATE	SO	#3 Clayton State {2}	58.74		3/28
4		Rebecca OJI	FR	#3 Clayton State {3}	---		3/22
5		Maggie OLSEN	FR	#6 USC Beaufort (S.	1:00.46		3/8
6		Alesia JOHNSON	SR	#4 Columbus State	1:00.62		3/15
7		Kasey THOMPSON	FR	#6 USC Beaufort (S.{2}	1:02.58		3/8
8		Brie ANDREWS	FR	#2 Augusta	1:02.77		3/8
9		Akasia MILORD	SO	#3 Clayton State {4}	1:03.82		3/22
10		Megan VREELAND	FR	#1 Flagler	1:04.59		3/30

Women's 400 Meter Hurdles

1		Aaliyah JORDAN	SO	#1 Flagler	1:07.58		3/30
2		Ivorie SMITH	JR	#3 Clayton State	1:07.92		3/28
3		Liza VARNUM	SO	#4 Columbus State	1:08.83		3/22
4		Sophia ALEXANDER	SR	#7 North Georgia	1:09.11		3/22
5		Tessa THOMPSON	FR	#1 Flagler {2}	1:10.41		3/8
6		Anna PLUM	FR	#1 Flagler {3}	1:10.62		3/30
7		Janiya ENGLAND	SO	#2 Augusta	1:11.59		3/8
8		Madison MILLER	SO	#1 Flagler {4}	1:12.95		3/30
9		Sara MILLER	FR	#1 Flagler {5}	1:13.82		3/8
10		Kaitlyn ALSTON	FR	#4 Columbus State {2}	1:15.78		3/22

Women's 800 Meters

1	11	Taylor STONE	SR	#1 Flagler	2:09.36		3/29
2	25	Abigail MISCH	JR	#1 Flagler {2}	2:11.47		3/8
3	35	Ella SToudenMIRE	SR	#7 North Georgia	2:12.99		3/22
4		Ivorie SMITH	JR	#3 Clayton State	2:19.80		3/28
5		Ahlana FAILEY	JR	#3 Clayton State {2}	2:20.91		3/28
6		JaBresha PALMER	JR	#3 Clayton State {3}	2:21.01		3/28
7		Franzi MARTENS	FR	#1 Flagler {3}	2:22.24		3/30
8		Brie ANDREWS	FR	#2 Augusta	2:22.64		3/22
9		Aubrey DISHMAN	FR	#7 North Georgia {2}	2:23.26		3/22
10		Clemence TREGUER	JR	#1 Flagler {4}	2:23.44		3/8

Women's 1500 Meters

1	5	Taylor STONE	SR	#1 Flagler	4:21.45		3/29
2	81	Abigail MISCH	JR	#1 Flagler {2}	4:41.49		3/8
3		Zoie MARCHANT	JR	#1 Flagler {3}	4:47.59		3/22
4		Clemence TREGUER	JR	#1 Flagler {4}	4:48.67		3/8
5		Marissa KEMPF	SR	#1 Flagler {5}	4:50.82		3/8
6		Iris THEUNIS	FR	#1 Flagler {6}	4:51.27		3/22
7		Eden GODDARD	JR	#1 Flagler {7}	4:53.62		3/8
8		Hope SINER	JR	#1 Flagler {8}	4:54.40		3/8
9		Grace GYETKO	JR	#2 Augusta	4:55.54		3/22
10		Adi MYERS	SO	#7 North Georgia	4:57.77		3/22

Women's Steeplechase

1	4	Emily MCBRIDE	SR	#2 Augusta	10:45.74		3/29
2		Danielle THAYER	SO	#2 Augusta {2}	12:20.17		3/8
3		Maggie WELP	FR	#7 North Georgia	12:26.06		3/22
4		Story ALEXANDER	SR	#3 Clayton State	12:31.87		3/22
5		Teagan LAMP	FR	#7 North Georgia {2}	12:43.56		3/22
6		Zoe ORDWAY	SR	#7 North Georgia {3}	12:56.59		3/22
7		Swaye MOHLER	JR	#2 Augusta {3}	13:13.78		3/8
8		Reese VANDEGRIFT	SO	#7 North Georgia {4}	13:38.92		3/22



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Women's 5000 Meters

1	60	Emily MCBRIDE	SR	#2 Augusta	17:35.00	3/8
2	67	Monique WHITEMAN	SR	#1 Flagler	17:38.25	3/29
3	79	Abigail MISCH	JR	#1 Flagler	{2} 17:43.70	3/22
4		Chloe SMITH	JR	#1 Flagler	{3} 17:56.35	3/22
5		Madison KENNEDY	JR	#2 Augusta	{2} 17:56.69	3/8
6		Clemence TREGUER	JR	#1 Flagler	{4} 18:15.15	3/22
7		Hope SINER	JR	#1 Flagler	{5} 18:27.17	3/22
8		Carly FUEL	SO	#5 Lander	18:33.83	3/22
9		Eden GODDARD	JR	#1 Flagler	{6} 18:35.57	3/22
10		Maria BIONDOLLO	SO	#2 Augusta	{3} 18:43.46	3/8

Women's 10,000 Meters

1	41	Enola SAVEL	SR	#1 Flagler	37:31.46	3/22
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Women's 4x100 Relay

1	55	Destiny Hanna, Payton Knowles, Jada Jenkins, Cayla Brown	#3 Clayton State	48.00	3/22
2	83	Nene Akaose, Madison Mitchell, Janiya England, Joselyn Branch	#2 Augusta	48.81	3/22
3		De'Andra Brown, Maggie Olsen, Selena Cobbs, Dionna Rivers	#6 USC Beaufort (S.	52.63	3/8

Women's 4x400 Relay

1	62	Rebecca Oji, Ziona Harris, Ivorie Smith, Marley Tate	#3 Clayton State	4:01.72	3/28
2	82	Sophia Alexander, Aubrey Dishman, Adi Myers, Ella Stoudenmire	#7 North Georgia	4:07.32	3/22
3		Madison Mitchell, Joselyn Branch, Janiya England, Brie Andrews	#2 Augusta	4:15.46	3/8
4		Tymia Willis, Tamiya Mobley, Keyonna Morgan, Kiersten Thatcher	#5 Lander	4:18.12	3/22
5		Nakhia Montgomery, Liza Varnum, Amber Elder, Chassidy Lock	#4 Columbus State	4:18.52	3/22
6		Anna Plum, Sara Miller, Tessa Thompson, Megan Vreeland	#1 Flagler	4:19.32	3/8

Women's High Jump

1		Tamiya MOBLEY	FR	#5 Lander	1.46m	4-9½	3/22
2		Paige JUSTICE	FR	#2 Augusta	1.45m	4-9	3/22
3		Riley WOLTERS	JR	#5 Lander	{2} 1.41m	4-7½	3/22
3		McCayla WILLINGHAM	SR	#5 Lander	{2} 1.41m	4-7½	3/22
5		De'Andra BROWN	JR	#6 USC Beaufort (S.	1.40m	4-7	3/22
5		Zoe ZINNIE	SO	#1 Flagler	1.40m	4-7	3/8
5		Sarah ARNOLD	SO	#4 Columbus State	1.40m	4-7	3/15
8		Liza VARNUM	SO	#4 Columbus State	{2} 1.35m	4-5	3/15
9		Kiersten THATCHER	SO	#5 Lander	{4} 1.16m	3-9½	3/22

Women's Pole Vault

1		Sarah ARNOLD	SO	#4 Columbus State	2.70m	8-10¼	3/22
2		Allyson WOOLEVER	FR	#5 Lander	2.45m	8-½	3/22
3		Kate CURRY	FR	#6 USC Beaufort (S.	2.00m	6-6¾	3/8

Women's Long Jump

1	64	Nene AKAOSE	FR	#2 Augusta	5.56m	18-3 (1.2)	3/22
2		Maya JACKSON	SO	#3 Clayton State	4.60m	15-1¼ (-0.7)	3/28
3		Kaitlyn ALSTON	FR	#4 Columbus State	4.58m	15-½ (1.2)	3/22
4		De'Andra BROWN	JR	#6 USC Beaufort (S.	4.44m	14-6¾ (1.7)	3/22
5		Jamelaah MOSLEY	FR	#4 Columbus State	{2} 4.34m	14-3 (0.5)	3/22
6		Shania PINNOCK	SO	#4 Columbus State	{3} 4.21m	13-9¾ (1.1)	3/22
7		Rebekah KLOSSNER	SO	#2 Augusta	{2} 3.74m	12-3¼ (0.2)	3/22

Women's Triple Jump

1	76	Deandra DOWNER	JR	#4 Columbus State	11.05m	36-3 (0.0)	3/22
2		Kaitlyn ALSTON	FR	#4 Columbus State	{2} 10.17m	33-4½ (1.6)	3/15
3		Maya JACKSON	SO	#3 Clayton State	9.96m	32-8¼ (-0.8)	3/28
4		Jamelaah MOSLEY	FR	#4 Columbus State	{3} 9.48m	31-1¼ (-0.5)	3/22

Women's Shot Put

1		Jamia CLARK	SO	#5 Lander	10.82m	35-6	3/22
2		Kayli MILLER	SO	#4 Columbus State	10.36m	34-0	3/22
3		Keeva TRACEY	FR	#2 Augusta	10.29m	33-9¼	3/8
4		Jakeira ANDERSON	FR	#5 Lander	{2} 10.23m	33-6¾	3/22
5		Jala WILLIAMS	SO	#2 Augusta	{2} 10.17m	33-4½	3/22
6		Dana MCDANIEL	SO	#4 Columbus State	{2} 10.06m	33-¼	3/22
7		Yiddisha LYLES	FR	#5 Lander	{3} 9.93m	32-7	3/22
8		Carmen SPEARS	SO	#5 Lander	{4} 8.87m	29-1¼	3/22
9		De'Andra BROWN	JR	#6 USC Beaufort (S.	8.81m	28-11	3/8
10		Kiersten THATCHER	SO	#5 Lander	{5} 8.16m	26-9¼	3/22

Women's Discus

1		Jala WILLIAMS	SO	#2 Augusta	35.58m	116-9	3/8
2		Jakeira ANDERSON	FR	#5 Lander	35.30m	115-10	3/22
3		Kayli MILLER	SO	#4 Columbus State	35.14m	115-4	3/15
4		Dana MCDANIEL	SO	#4 Columbus State	{2} 32.65m	107-2	3/22
5		Yiddisha LYLES	FR	#5 Lander	{2} 32.41m	106-4	3/22
6		Sophia STALFORD	JR	#6 USC Beaufort (S.	32.00m	105-0	3/22
7		Mya PETERSON	FR	#1 Flagler	25.64m	84-1½	3/8
8		Emma AVANT	JR	#5 Lander	{3} 25.61m	84-¼	3/22
9		Carmen SPEARS	SO	#5 Lander	{4} 24.10m	79-1	3/22
10		Elizabeth COVINGTON	FR	#5 Lander	{5} 23.77m	78-0	3/22



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Women's Hammer

1	Dana MCDANIEL	SO	#4 Columbus State	35.83m	117-7	3/22
2	Kayli MILLER	SO	#4 Columbus State {2}	35.78m	117-5	3/15
3	Emma AVANT	JR	#5 Lander	34.98m	114-9	3/22
4	Sophia STALFORD	JR	#6 USC Beaufort (S.	33.13m	108-9	3/22
5	Yiddisha LYLES	FR	#5 Lander	{2} 30.18m	99-¼	3/22
6	Jakeira ANDERSON	FR	#5 Lander	{3} 27.89m	91-6	3/22
7	Carmen SPEARS	SO	#5 Lander	{4} 25.93m	85-1	3/22
8	Elizabeth COVINGTON	FR	#5 Lander	{5} 23.10m	75-9½	3/22

Women's Javelin

1	Mya PETERSON	FR	#1 Flagler	30.29m	99-4½	3/8
2	Sara MILLER	FR	#1 Flagler	{2} 26.62m	87-4	3/8
3	Keeva TRACEY	FR	#2 Augusta	25.77m	84-6¾	3/8
4	Yiddisha LYLES	FR	#5 Lander	23.67m	77-8	3/22
5	Brianna EGGLESTON	SO	#3 Clayton State	22.72m	74-6½	3/28
6	Katie LEA	SO	#5 Lander	{2} 19.91m	65-4	3/22
7	Carmen SPEARS	SO	#5 Lander	{3} 15.47m	50-9¼	3/22
8	Elizabeth COVINGTON	FR	#5 Lander	{4} 12.14m	39-10	3/22



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Women's 100 Meters

1	84	Kiana YOUNG	JR	#6 Kutztown	12.12w	(2.2)	3/29
2		Aasly DE LEON	FR	#3 Millersville	12.21w	(2.7)	3/29
3		Brook SMITH	SO	#6 Kutztown	{2}12.24w	(2.2)	3/29
4		Mayah CHARITY	SR	#13 Pitt Johnstown	12.36	(-2.0)	3/29
5		Regan JOHNSON	SR	#1 Slippery Rock	12.40w	(2.1)	3/22
6		Loreena MANSER	FR	#7 California (Pa.)	12.44	(-2.8)	3/29
7		Jillian SYDNOR	FR	#3 Millersville	{2}12.47	(0.7)	3/29
8		Lily PALACIO-LEWIS	SR	#8 West Chester	12.48	(-1.2)	3/29
9		Riley TIGHE	FR	#7 California (Pa.)	{2}12.53w	(2.1)	3/22
10		Emma LAUGHLIN	JR	#11 Indiana (Pa.)	12.61w	(2.1)	3/22

Women's 100 Meter Hurdles

1	13	Sasha LEE	SR	#2 Shippensburg	14.09w	(2.6)	3/29
2	49	Abby PARISE	FR	#12 Bloomsburg	14.65w	(2.7)	3/29
3	50	Katelyn MURPHY	SO	#3 Millersville	14.66	(1.1)	3/29
4	81	Madeline NEWARK	JR	#9 Edinboro	14.94w	(3.5)	3/22
5	84	Madison MALCOLM	SO	#2 Shippensburg	{2}14.96w	(2.6)	3/29
6	87	Madeline IKELER	SO	#12 Bloomsburg	{2}14.98w	(2.7)	3/29
7	88	Chaley YOUNKIN	SR	#1 Slippery Rock	14.99w	(2.8)	3/22
8		Makayla SMITH	SO	#4 East Stroudsburg	15.16w	(3.1)	3/29
9		Bryna KELLY	JR	#11 Indiana (Pa.)	15.26	(-3.5)	3/29
10		Sabela ZABLACKIS	SR	#3 Millersville	{2}15.38	(0.3)	3/29

Women's 200 Meters

1	84	Loreena MANSER	FR	#7 California (Pa.)	24.78	(0.0)	3/29
2		Beth SCHEARER	SO	#6 Kutztown	24.93	(2.0)	3/29
3		Berna ZUKINA	JR	#9 Edinboro	25.05	(0.0)	3/29
4		Haley BRENNY	SR	#10 Seton Hill	25.34w	(2.2)	3/22
5		Jianna LONG	FR	#1 Slippery Rock	25.45	(-0.8)	3/29
6		Nemani MOON	FR	#10 Seton Hill	{2}25.56w	(2.2)	3/22
6		Regan JOHNSON	SR	#1 Slippery Rock	{2}25.56	(0.5)	3/29
8		Mayah CHARITY	SR	#13 Pitt Johnstown	25.76	(0.0)	3/29
9		Raechel BONNER	SR	#6 Kutztown	{2}25.77	(2.0)	3/29
10		Lily PALACIO-LEWIS	SR	#8 West Chester	25.78	(-0.2)	3/23

Women's 400 Meters

1	19	Berna ZUKINA	JR	#9 Edinboro	55.48		3/29
2	74	Alyssa WERT	JR	#2 Shippensburg	57.17		3/29
3	91	Jianna LONG	FR	#1 Slippery Rock	57.53		3/29
4		Emily CALAMIA	JR	#2 Shippensburg	{2}58.12		3/29
5		Loreena MANSER	FR	#7 California (Pa.)	58.23		3/22
6		Nemani MOON	FR	#10 Seton Hill	58.26		3/22
7		Haley BRENNY	SR	#10 Seton Hill	{2}58.53		3/22
8		Cahsia PAGE	SR	#11 Indiana (Pa.)	59.22		3/22
9		Elizabeth SHULTZ	FR	#5 Lock Haven	59.23		3/22
10		Aaliyah CANCEL	SO	#4 East Stroudsburg	59.65		3/29

Women's 400 Meter Hurdles

1	29	Haley BRENNY	SR	#10 Seton Hill	1:02.87		3/29
2	38	Madison MALCOLM	SO	#2 Shippensburg	1:03.40		3/29
3	52	Melanie BARGER	JR	#2 Shippensburg	{2}1:04.43		3/29
4	82	Layla ROBERTSON	JR	#10 Seton Hill	{2}1:05.56		3/29
5		Bella BROZESKI	SO	#11 Indiana (Pa.)	1:06.77		3/29
6		Camryn PYLE	FR	#2 Shippensburg	{3}1:06.89		3/29
7		Mackenzie HUSTON	JR	#9 Edinboro	1:06.90		3/29
8		Cora HEILMAN	JR	#3 Millersville	1:07.56		3/29
9		Natalie GENTZEL	JR	#5 Lock Haven	1:07.68		3/29
10		Makayla WEBER	JR	#5 Lock Haven	{2}1:08.61		3/22

Women's 800 Meters

1	78	Riley TRENTOWSKI	FR	#4 East Stroudsburg	2:16.46		3/29
2	84	Nicole CARROLL	SO	#5 Lock Haven	2:16.74		3/22
3	88	Aubrey SECHRIST	SR	#5 Lock Haven	{2}2:17.09		3/22
4		Gabriella FRALIN	SO	#7 California (Pa.)	2:18.58		3/29
5		Nemani MOON	FR	#10 Seton Hill	2:19.24		3/29
6		Deandra YOUNG	JR	#6 Kutztown	2:19.71		3/29
7		Mackey DONOVAN	JR	#6 Kutztown	{2}2:20.28		3/29
8		Jennifer CICHRA	JR	#1 Slippery Rock	2:20.75		3/29
9		Cora HEILMAN	JR	#3 Millersville	2:21.05		3/29
10		Abby STITZER	FR	#14 Clarion	2:21.63		3/29

Women's 1500 Meters

1		Kate PIPILO	SR	#10 Seton Hill	4:44.49		3/29
2		Kadi BAUER	SO	#9 Edinboro	4:44.91		3/29
3		Nicole CARROLL	SO	#5 Lock Haven	4:46.57		3/22
4		Payton FALKENSTEIN	SO	#4 East Stroudsburg	4:47.34		3/22
5		Aubrey SECHRIST	SR	#5 Lock Haven	{2}4:47.37		3/22
6		Deandra YOUNG	JR	#6 Kutztown	4:48.72		3/29
7		Jennifer CICHRA	JR	#1 Slippery Rock	4:52.01		3/22
8		Rosalyn PEROZZI	SO	#7 California (Pa.)	4:52.28		3/29
9		Mackey DONOVAN	JR	#6 Kutztown	{2}4:52.98		3/29
10		Faith WILSON	JR	#2 Shippensburg	4:53.68		3/29

Women's Steeplechase

1	2	Anna IGIMS	SR	#1 Slippery Rock	10:19.02		3/29
2	31	Sophia KNERR	SR	#6 Kutztown	11:22.61		3/29
3	68	Morgan DENNISON	SR	#1 Slippery Rock	{2}11:50.95		3/29
4	93	Gwyn KEITH	SR	#11 Indiana (Pa.)	12:07.28		3/29
5	95	Claire HAUSER	SR	#5 Lock Haven	12:09.06		3/22
6	99	Anessa PIGULA	SR	#10 Seton Hill	12:14.68		3/29
7		Megan ELGRIM	JR	#4 East Stroudsburg	12:15.28		3/29
8		Breia MAYES	JR	#3 Millersville	12:16.11		3/29
9		Ava BARKER	JR	#13 Pitt Johnstown	12:21.48		3/29
10		Marissa MCDUGALL	FR	#4 East Stroudsburg	{2}12:24.06		3/29



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Women's 5000 Meters

1	69	Kate SZEP	SR	#9 Edinboro	17:39.57	3/22
2		Madeline CURTIS	SR	#7 California (Pa.)	18:09.70	3/29
3		Amanda KELLY	JR	#12 Bloomsburg	18:19.42	3/29
4		Ellie GOLDBERG	JR	#8 West Chester	18:25.23	3/29
5		Katie SLIMON	SO	#9 Edinboro {2}	18:32.54	3/22
6		Hannah WEAVER	SR	#11 Indiana (Pa.)	18:35.96	3/29
7		Jocelyn WILSON	SO	#9 Edinboro {3}	18:37.19	3/22
8		Gwen LLOYD	SR	#5 Lock Haven	18:45.08	3/22
9		Lydia VALERIANO	JR	#1 Slippery Rock	18:52.31	3/22
10		Maddie GRILLO	SR	#1 Slippery Rock {2}	18:52.56	3/22

Women's 10,000 Meters

1	74	Victoria MATTIOLI	JR	#2 Shippensburg	39:25.63	3/29
2	75	Payton FALKENSTEIN	SO	#4 East Stroudsburg	39:29.18	3/29
3	76	Kiera WIMBUSH	SO	#4 East Stroudsburg {2}	39:29.21	3/29
4	79	Morgan HESS	JR	#2 Shippensburg {2}	39:36.21	3/29
5	80	Maura LENHART	SO	#6 Kutztown	39:40.58	3/29
6	95	Kaydence STRANGE	FR	#5 Lock Haven	40:16.58	3/22
7	100	Jaelyn D'AMELIO	SR	#6 Kutztown {2}	40:33.21	3/29
8		Krista JONES	SO	#5 Lock Haven {2}	41:36.06	3/22
9		Addison FARRER	FR	#5 Lock Haven {3}	43:07.42	3/22
10		Adra SCHELL	JR	#5 Lock Haven {4}	45:04.97	3/29

Women's 4x100 Relay

1	41	Kiana Young, Beth Scheerer, Raechel Bonner, Brook Smith	#6 Kutztown	47.37	3/29
2	52	#Type!	#8 West Chester	47.92	3/29
3	63	Samantha Gilbert, Regan Johnson, Layne Miller, Jianna Long	#1 Slippery Rock	48.17	3/22
4	74	Mackenzie Huston, Madeline Newark, Maddison Doren, Berna Zukina	#9 Edinboro	48.53	3/29
4	74	Loreena Manser, Alessandra Peccon, Alice Etienne, Riley Tighe	#7 California (Pa.)	48.53	3/29
6	89	Aasly De Leon, Heather Lesinski, Chanel Hercules, Arianna Kouakou	#3 Millersville	49.08	3/29
7	94	Makayla Smith, Kristian Dorsett, Alyssa Vogt, Aaliyah Cancel	#4 East Stroudsburg	49.33	3/29
8	96	Sterlene Scott, Bryna Kelly, Emma Laughlin, Cahsia Page	#11 Indiana (Pa.)	49.54	3/22
9		Lillian Bradley, Elizabeth Shultz, Sydney Stahl, Samantha Trench	#5 Lock Haven	50.80	3/29
10		Mayah Charity, Ava Menzies, Carley Weimer, Rihanna Hillegas	#13 Pitt Johnstown	52.69	3/22



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Women's 4x400 Relay

1	26	Haley Brenny, Nemani Moon, Artemis Conaboy, Layla Robertson	#10 Seton Hill	3:51.88	3/29
2	40	Emily Calamia, Melanie Barger, Madison Malcolm, Alyssa Wert	#2 Shippensburg	3:55.96	3/29
3	49	Aubrey Sydnor, Jillian Sydnor, Miranda Jimenez, Brye Wojcik	#3 Millersville	3:58.07	3/29
4	57	Natalie Gentzel, Nicole Carroll, Lillian Bradley, Elizabeth Shultz	#5 Lock Haven	4:00.13	3/29
5	66	Kirsten Gross, Loreena Manser, Bekah Priano, Alessandra Peccon	#7 California (Pa.)	4:02.59	3/29
6	95	Jianna Long, Lydia Reed, Annasophia Stauffer, Shannon McCullough	#1 Slippery Rock	4:10.39	3/29
7	98	Aubrey Bonner, Alex Chobany, Marissa McDougall, Riley Trentowski	#4 East Stroudsburg	4:11.21	3/29
8		Grace Bogacz, Anna Kadlubek, Renee Simmonds, Alyssa Hoover	#11 Indiana (Pa.)	4:13.96	3/29
9		#Type!	#8 West Chester	4:18.45	3/29
10		Caleigh Aigler, Breonna Buck, Ciara DiMauro, Abby Stitzer	#14 Clarion	4:20.29	3/29

Women's High Jump

1	5	Shannon HARNETT	FR	#4 East Stroudsburg	1.73m	5-8	3/29
2	10	Porschia BENNETT	FR	#4 East Stroudsburg	1.70m	5-7	3/22
3	27	Madeline NEWARK	JR	#9 Edinboro	1.65m	5-5	3/22
3	27	Reagan IRONS	SO	#5 Lock Haven	1.65m	5-5	3/29
5	50	Paige GRIFFITH	JR	#1 Slippery Rock	1.62m	5-3¾	3/29
6	63	Ashley LAUKUS	SO	#2 Shippensburg	1.60m	5-3	3/22
6	63	Ally RICHWINE	JR	#2 Shippensburg	1.60m	5-3	3/22
6	63	Sophia YARD	FR	#1 Slippery Rock	1.60m	5-3	3/22
9	90	Samantha TRENCH	SO	#5 Lock Haven	1.58m	5-2¼	3/29
10	100	Cassidy DAVIS	SO	#1 Slippery Rock	1.57m	5-1¾	3/29

Women's Pole Vault

1	30	Anna SCHUESSLER	FR	#7 California (Pa.)	3.66m	12-0	3/29
2	32	Annika HUMMEL	JR	#8 West Chester	3.65m	11-11¾	3/29
2	32	Natalie HOLLAND	FR	#6 Kutztown	3.65m	11-11¾	3/29
4	54	Kaylie GROFF	SO	#8 West Chester	3.50m	11-5¾	3/29
4	54	Allison TAYLOR	JR	#1 Slippery Rock	3.50m	11-5¾	3/29
4	54	Taylor FUNK	SO	#6 Kutztown	3.50m	11-5¾	3/29
4	54	Carissa BENDER	SO	#2 Shippensburg	3.50m	11-5¾	3/29
8	84	Megan MALECKI	SR	#3 Millersville	3.40m	11-1¾	3/29
9	90	Reese RUGGIERO	SO	#4 East Stroudsburg	3.36m	11-¼	3/29
10	91	Grace PARRETT	SR	#1 Slippery Rock	3.35m	10-11¾	3/29
10	91	Hanna ZEILER	SR	#1 Slippery Rock	3.35m	10-11¾	3/29

Women's Long Jump

1	22	Sasha LEE	SR	#2 Shippensburg	5.76m	18-10¾ (0.0)	3/29
2	24	Baylee BLAUSER	JR	#1 Slippery Rock	5.71m	18-8¾ (-2.1)	3/29
3	49	Zariyah WHIGHAM	FR	#2 Shippensburg	5.60m	18-4½ (0.0)	3/29
4	54	Devin HUBLER	JR	#12 Bloomsburg	5.59m	18-4¼ (0.0)	3/29
5	75	Shannon HARNETT	FR	#4 East Stroudsburg	5.51m	18-1 (1.2)	3/29
6	82	Aleksandra BROZESKI	SR	#1 Slippery Rock	5.46m	17-11 (-2.4)	3/29
7	90	Abby PARISE	FR	#12 Bloomsburg	5.44m	17-10¼ (0.8)	3/29
8	96	Nataiah ROBERTSON	SO	#11 Indiana (Pa.)	5.42m	17-9½ (-0.1)	3/22
9		Cassidy DAVIS	SO	#1 Slippery Rock	5.37m	17-7½ (-2.7)	3/29
10		Anne GARDNER	FR	#2 Shippensburg	5.35mw	17-6¾ (2.8)	3/22
10		Koschinya JEFFERSON	SR	#10 Seton Hill	5.35m	17-6¾ (-0.6)	3/29

Women's Triple Jump

1	4	Sasha LEE	SR	#2 Shippensburg	12.44m	40-9¾ (0.0)	3/29
2	8	Shannon HARNETT	FR	#4 East Stroudsburg	12.13m	39-9¾ (1.1)	3/22
3	23	Zariyah WHIGHAM	FR	#2 Shippensburg	11.68m	38-4 (0.2)	3/29
4	24	Delaney BEARD	SR	#6 Kutztown	11.66m	38-3¼ (0.5)	3/29
5	46	Anne GARDNER	FR	#2 Shippensburg	11.43m	37-6 (0.6)	3/29
6	56	Aleksandra BROZESKI	SR	#1 Slippery Rock	11.26m	36-11½ (-0.1)	3/29
7	62	Katie PIESLAK	SR	#8 West Chester	11.20m	36-9 (0.0)	3/29
7	62	Alice ETIENNE	JR	#7 California (Pa.)	11.20m	36-9 (0.1)	3/29
9	64	Autumn WYATT	JR	#1 Slippery Rock	11.18m	36-8¼ (-1.4)	3/29
10	66	Baylee BLAUSER	JR	#1 Slippery Rock	11.17m	36-7¾ (0.1)	3/29

Women's Shot Put

1	40	Sarah HESSLER	JR	#3 Millersville	13.05m	42-9¾	3/29
2	51	Sarah CORRIE	SR	#1 Slippery Rock	12.87m	42-2¾	3/29
3	78	Rebecca MARTIN	JR	#1 Slippery Rock	12.56m	41-2½	3/29
4	93	ShanAnn SIMMONS	SR	#2 Shippensburg	12.38m	40-7½	3/29
5	96	Olivia HECKMAN	JR	#1 Slippery Rock	12.35m	40-6¼	3/29
6		Maddy DOWNS	SR	#3 Millersville	12.24m	40-2	3/29
7		Makalya DECKER	SR	#2 Shippensburg	12.12m	39-9¼	3/29
8		Clarissa DAVIS	SO	#5 Lock Haven	11.98m	39-3¾	3/22
9		Maddison HO	SR	#14 Clarion	11.96m	39-3	3/29
10		Autumn STEWART	SO	#1 Slippery Rock	11.76m	38-7	3/29



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Women's Discus

1	36	Sarah HESSLER	JR	#3 Millersville	44.05m	144-6	3/29
2	95	Maddy DOWNS	SR	#3 Millersville	{2}40.63m	133-4	3/29
3	96	Makalya DECKER	SR	#2 Shippensburg	40.62m	133-3	3/29
4		ShanAnn SIMMONS	SR	#2 Shippensburg	{2}38.80m	127-4	3/29
5		Maria CLARK	FR	#6 Kutztown	38.47m	126-3	3/29
6		Seya TRUJILLO	JR	#3 Millersville	{3}38.14m	125-2	3/29
7		Lauren BELLOWS	JR	#2 Shippensburg	{3}37.81m	124-1	3/22
8		Sydney HALE	SO	#1 Slippery Rock	37.58m	123-4	3/29
9		Payton BAUER	JR	#2 Shippensburg	{4}37.10m	121-9	3/29
10		Reese SKIBA	SO	#1 Slippery Rock	{2}36.69m	120-5	3/22

Women's Hammer

1	16	Samiyah LITTLE	SR	#4 East Stroudsburg	53.81m	176-7	3/22
2	21	Sarah HESSLER	JR	#3 Millersville	53.04m	174-0	3/29
3	56	Maddy DOWNS	SR	#3 Millersville	{2}49.38m	162-0	3/29
4	64	Seya TRUJILLO	JR	#3 Millersville	{3}48.81m	160-2	3/29
5	95	Lauren BELLOWS	JR	#2 Shippensburg	46.78m	153-6	3/29
6		Autumn STEWART	SO	#1 Slippery Rock	46.04m	151-1	3/29
7		Alyssa VANGORDER	JR	#5 Lock Haven	45.92m	150-8	3/22
8		Zhayria WASHINGTON	SR	#8 West Chester	45.07m	147-11	3/23
9		Madison FORINGER	JR	#14 Clarion	44.06m	144-7	3/29
10		Briannan ECKARD	SR	#12 Bloomsburg	42.98m	141-0	3/29

Women's Javelin

1	7	Abby REASONER	SR	#2 Shippensburg	47.25m	155-0	3/29
2	14	Kelly LESZCZYNSKI	JR	#12 Bloomsburg	46.27m	151-10	3/29
3	18	Hannah CASSNER	SO	#2 Shippensburg	{2}44.02m	144-5	3/29
4	28	Kaylla WILLIAMS	SO	#11 Indiana (Pa.)	41.38m	135-9	3/22
5	33	Olivia SFORZA	SR	#4 East Stroudsburg	40.86m	134-1	3/22
6	38	Isabella BARTOLETTI	JR	#1 Slippery Rock	40.30m	132-3	3/22
7	40	Eden RUSH	SO	#9 Edinboro	40.14m	131-9	3/29
8	50	Abbey` HENGST	SO	#12 Bloomsburg	{2}39.56m	129-10	3/29
9	57	Catherine MANCINO	SR	#2 Shippensburg	{3}39.05m	128-2	3/29
10	67	Autumn PETTINATO	SR	#14 Clarion	38.05m	124-10	3/29

Women's Heptathlon

1	9	Madeline NEWARK	JR	#9 Edinboro	4,632	3/22
2	28	Ellie ZURO	SO	#13 Pitt Johnstown	4,154	3/29
3	33	Koschinya JEFFERSON	SR	#10 Seton Hill	3,928	3/29
4	52	Madelyn MILLER	JR	#1 Slippery Rock	3,538	3/29
5	65	Leighanne SWAN	SO	#1 Slippery Rock	{2}3,227	3/29
6	71	Autumn WYATT	JR	#1 Slippery Rock	{3}3,080	3/29
7	77	Kate WALASAVAGE	JR	#1 Slippery Rock	{4}2,813	3/29



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Women's 100 Meters

1	8	Ashley BARRETT	JR	#8 New Mexico High	11.50	(1.6)	3/22
2	27	Victoria FARINAS	SR	#1 UC-Colorado Spr	11.79cw	(11.76A) (2. 3/29	
3	31	Rujeko MUNETSI	FR	#8 New Mexico High	11.82	(1.6)	3/22
4		Madissyn MOORE	JR	#1 UC-Colorado Spr	12.20cw	(12.17A) (2. 3/29	
5		Danaya KINNARD	SO	#1 UC-Colorado Spr	12.21cw	(12.18A) (2. 3/29	
6		Zane BULLOCK	SO	#1 UC-Colorado Spr	12.26c	(12.23A) (-0. 3/22	
7		Gabi HUGGINS	SO	#6 Western Colorad	12.29cw	(12.26A) (2. 3/29	
7		Addisyn LEEDS	FR	#11 Fort Lewis	12.29cw	(12.26A) (3. 3/29	
9		Onanda LOWE	SO	#8 New Mexico High	12.32	(1.6)	3/22
10		Janise EVERETT	JR	#3 CSU Pueblo	12.34c	(12.31A) (-4. 3/22	

Women's 100 Meter Hurdles

1	1	Patreece CLARKE	JR	#8 New Mexico High	13.50	(1.8)	3/22
2	47	Lisa SUTHERLAND	SO	#4 Colo. School of M	14.64c	(14.60A) (1. 3/22	
3	53	Avery WRIGHT	JR	#4 Colo. School of M	14.67c	(14.63A) (1. 3/22	
4	57	Maya RIES	SR	#7 MSU Denver	14.73c	(14.69A) (1. 3/22	
5	64	Payton RODGERS	FR	#1 UC-Colorado Spr	14.78cw	(14.74A) (2. 3/22	
6		Katie THOMSON	JR	#2 Colorado Mesa	15.36cw	(15.32A) (2. 3/22	
7		Rimari FACEY	SO	#2 Colorado Mesa	15.56cw	(15.52A) (3. 3/22	
8		Gigi DOUILLARD	SO	#1 UC-Colorado Spr	15.70cw	(15.66A) (2. 3/22	
9		Abigail FREY	JR	#1 UC-Colorado Spr	15.94c	(15.90A) (1. 3/22	
10		Kyla RUZICH	FR	#3 CSU Pueblo	16.28cw	(16.24A) (3. 3/22	

Women's 200 Meters

1	12	Ashley BARRETT	JR	#8 New Mexico High	23.73w	(3.3)	3/22
2	15	Kacian POWELL	SO	#8 New Mexico High	23.84w	(2.4)	3/22
3	46	Rujeko MUNETSI	FR	#8 New Mexico High	24.54w	(3.2)	3/22
4		Isila APKUP	SR	#5 Adams State	25.25cw	(25.18A) (3. 3/22	
5		Janise EVERETT	JR	#3 CSU Pueblo	25.33cw	(25.26A) (3. 3/22	
6		Naleia SOWELL	SR	#7 MSU Denver	25.46cw	(25.39A) (3. 3/22	
7		Danaya KINNARD	SO	#1 UC-Colorado Spr	25.47cw	(25.40A) (3. 3/22	
8		Nellie WARTANIAN	FR	#6 Western Colorad	25.63c	(25.56A) (0. 3/29	
9		Sophia LINDAUER	SR	#2 Colorado Mesa	25.78cw	(25.71A) (2. 3/22	
10		Addisyn LEEDS	FR	#11 Fort Lewis	25.89c	(25.82A) (-0. 3/29	

Women's 400 Meters

1	34	Alese SARTAIN	SR	#5 Adams State	56.10c	(55.99A)	3/22
2	48	Helen BRAYBROOK	SR	#3 CSU Pueblo	56.55c	(56.44A)	3/22
3	55	Janise EVERETT	JR	#3 CSU Pueblo	56.73c	(56.62A)	3/29
4	69	Naleia SOWELL	SR	#7 MSU Denver	57.04c	(56.93A)	3/22
5	71	Sarah COHEN	JR	#5 Adams State	57.06c	(56.95A)	3/30
6	83	Gabrielle DUNICH	JR	#3 CSU Pueblo	57.35c	(57.24A)	3/29
7	96	Amoya JAMEISON	FR	#8 New Mexico High	57.59		3/22
8		Emma DIKKEN	SR	#2 Colorado Mesa	57.79c	(57.68A)	3/29
9		Rachel GOODRICH	SR	#1 UC-Colorado Spr	58.28c	(58.17A)	3/22
10		Alyssa LOPEZ	SR	#1 UC-Colorado Spr	58.44c	(58.33A)	3/29

Women's 400 Meter Hurdles

1	10	Victoria AMIADAMEN	SO	#5 Adams State	1:00.94c	(1:00.83A)	3/30
2	20	Allison COMER	SR	#4 Colo. School of M	1:01.48c	(1:01.37A)	3/28
2	20	Kendall TIETJEN	JR	#9 Black Hills State	1:01.48c	(1:01.37A)	3/29
4	37	Gigi DOUILLARD	SO	#1 UC-Colorado Spr	1:03.36c	(1:03.25A)	3/29
5	54	Aani HARDESTY	SO	#4 Colo. School of M	1:04.48c	(1:04.37A)	3/28
6	80	Jessica SCHAFER	FR	#2 Colorado Mesa	1:05.43c	(1:05.32A)	3/29
7	81	Olivia LANGNER	FR	#2 Colorado Mesa	1:05.54c	(1:05.43A)	3/29
8	99	Abigail FREY	JR	#1 UC-Colorado Spr	1:06.30c	(1:06.19A)	3/29
9		Carlie DEBOER	FR	#9 Black Hills State	1:06.77c	(1:06.66A)	3/22
10		Mara RODGERS	FR	#7 MSU Denver	1:08.03c	(1:07.92A)	3/28

Women's 800 Meters

1	1	Helen BRAYBROOK	SR	#3 CSU Pueblo	2:03.45c	(2:04.11A)	3/29
2	3	Lieke HOOGSTEN	JR	#5 Adams State	2:04.95c	(2:05.69A)	3/30
3	6	Leah KEISLER	JR	#3 CSU Pueblo	2:05.31c	(2:05.98A)	3/29
4	8	Jessica SIMON	SR	#5 Adams State	2:07.80c	(2:08.56A)	3/30
5	21	Brooke MILLER	JR	#2 Colorado Mesa	2:10.83c	(2:11.53A)	3/29
6	38	Avary CATCHINGS	JR	#4 Colo. School of M	2:13.37c	(2:14.38A)	3/28
7	51	Rachel GOODRICH	SR	#1 UC-Colorado Spr	2:14.60c	(2:15.32A)	3/29
8	52	Olivia SARGENT	FR	#1 UC-Colorado Spr	2:14.61c	(2:15.33A)	3/29
9	72	Fiona HAWKINS	SR	#5 Adams State	2:16.15c	(2:16.88A)	3/22
10	86	Audrynn STREET	SR	#7 MSU Denver	2:16.75c	(2:17.48A)	3/29

Women's 1500 Meters

1	4	Maggie MCCLESKEY	JR	#5 Adams State	4:21.02c	(4:27.13A)	3/30
2	6	Jadyn HERRON	JR	#3 CSU Pueblo	4:21.61c	(4:27.23A)	3/22
3	9	Brianna ROBLES	SR	#5 Adams State	4:23.85c	(4:30.02A)	3/30
4	19	Margot THOMAS	SR	#3 CSU Pueblo	4:30.93c	(4:36.75A)	3/22
5	21	Emily SCHOELLKOPF	SR	#5 Adams State	4:31.59c	(4:37.95A)	3/30
6	24	Brooke MILLER	JR	#2 Colorado Mesa	4:32.43c	(4:38.28A)	3/22
7	26	Megan HODGES	JR	#2 Colorado Mesa	4:33.48c	(4:39.36A)	3/29
8	29	Fiona HAWKINS	SR	#5 Adams State	4:34.01c	(4:40.42A)	3/30
9	30	Megan GARRETT	SO	#5 Adams State	4:34.04c	(4:40.45A)	3/30
10	33	Haley HARKRIDER	SO	#5 Adams State	4:34.45c	(4:40.87A)	3/30

Women's Steeplechase

1	13	Rachel RICHTMAN	SR	#1 UC-Colorado Spr	10:58.00c	(11:14.01A)	3/22
2	20	Audrey BRUNKEN	SO	#1 UC-Colorado Spr	11:08.29c	(11:24.55A)	3/22
3	23	Haley WOOD	SR	#6 Western Colorad	11:14.14c	(11:30.54A)	3/29
4	26	Molly BREUER	JR	#1 UC-Colorado Spr	11:16.90c	(11:33.37A)	3/22
5	32	Brooke MOSS	JR	#1 UC-Colorado Spr	11:22.69c	(11:39.30A)	3/22
6	40	Shirley WEAVER	FR	#2 Colorado Mesa	11:29.62c	(11:46.40A)	3/29
7	42	Marin SMITH	FR	#7 MSU Denver	11:31.10c	(11:47.91A)	3/22
8	56	Jayda NIX	SO	#6 Western Colorad	11:40.94c	(11:57.99A)	3/29
9	57	Megan ERICKSEN	SO	#1 UC-Colorado Spr	11:41.04c	(11:58.09A)	3/22
10	73	Lida PADGETT	FR	#1 UC-Colorado Spr	11:54.92c	(12:12.31A)	3/22



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Women's 5000 Meters

1	4	Anna FAUSKE	SR	#1 UC-Colorado Spr	16:21.36c (16:47.05A)	3/29
2	16	Margot THOMAS	SR	#3 CSU Pueblo	16:49.55c (17:15.98A)	3/29
3	44	Kseniya NIKANOROV	JR	#1 UC-Colorado Spr{2}	17:19.12c (17:46.32A)	3/29
4	45	Camille RENOUE	SR	#3 CSU Pueblo {2}	17:22.26c (17:49.55A)	3/29
5	47	Audrey BRUNKEN	SO	#1 UC-Colorado Spr{3}	17:24.47c (17:51.81A)	3/29
6	48	Sarah RENBERG	JR	#3 CSU Pueblo {3}	17:25.69c (17:53.07A)	3/29
7	75	Kaya PILLIVANT	SO	#1 UC-Colorado Spr{4}	17:41.15c (18:08.93A)	3/29
8	85	Madison BROSIG	FR	#1 UC-Colorado Spr{5}	17:46.06c (18:13.97A)	3/29
9	97	Brooke MOSS	JR	#1 UC-Colorado Spr{6}	17:53.00c (18:21.09A)	3/29
10		Maddie RUSZKIEWICZ	SO	#1 UC-Colorado Spr{7}	18:03.98c (18:32.36A)	3/29

Women's 10,000 Meters

1	1	Jenna RAMSEY-RUTLEDGE	SR	#4 Colo. School of M	32:31.16	3/29
2	13	Alliyah MOLINA	JR	#11 Fort Lewis	35:34.64c (36:41.09A)	3/22
3	22	Marissa BRUNO	SO	#7 MSU Denver	36:30.33c (37:38.51A)	3/22
4	26	Sarah RENBERG	JR	#3 CSU Pueblo	36:47.53c (37:56.25A)	3/22
5	27	Emma BERG	JR	#6 Western Colorad	36:52.66c (38:01.54A)	3/22
6	31	Gretchen SLATTUM	SR	#6 Western Colorad{2}	37:03.27c (38:12.48A)	3/22
7	32	Lacey KUNZ	JR	#6 Western Colorad{3}	37:03.58c (38:12.80A)	3/22
8	36	Allyson HEIDEN	SR	#13 South Dakota Mi	37:22.17c (38:31.97A)	3/22
9	38	Emma FINCHUM	JR	#1 UC-Colorado Spr	37:22.62c (38:32.43A)	3/22
10	40	Abby BARTEL	SO	#1 UC-Colorado Spr{2}	37:31.30c (38:41.38A)	3/22

Women's 4x100 Relay

1	14	Victoria Farinas, Zane Bullock, Danaya Kinnard, Madissyn Moore	#1 UC-Colorado Spr	46.19c (46.07A)	3/22
2	55	Maya Ries, Jessica Hobson, Naleia Sowell, Odone Omofoma	#7 MSU Denver	48.00c (47.88A)	3/22
3		#Type!	#10 Westminster (Ut	53.81c (53.69A)	3/28

Women's 4x400 Relay

1	10	Isila Apkup, Victoria Amiadamen, Alese Sartain, Jessica Simon	#5 Adams State	3:43.43c (3:42.99A)	3/30
2	19	Gabrielle Dunich, Jadyn Herron, Leah Keisler, Helen Braybrook	#3 CSU Pueblo	3:47.83c (3:47.39A)	3/29
3	55	Gigi Douillard, Alyssa Lopez, Rachel Goodrich, Lilyana Delagarza	#1 UC-Colorado Spr	3:59.56c (3:59.12A)	3/29
4	58	Saraya Afrank, Jillian Brennan, Gracie Wilts, Kendall Tietjen	#9 Black Hills State	4:00.67c (4:00.23A)	3/29
5	64	Madison Cook, Brooke Miller, Jordan Staniszewski, Emma Dikken	#2 Colorado Mesa	4:02.29c (4:01.85A)	3/29
6	77	Jessica Hobson, Odone Omofoma, Mara Rodgers, Naleia Sowell	#7 MSU Denver	4:06.83c (4:06.39A)	3/29
7		Josie Coulter, Janaya Mancell, Claire Peterson, Addisyn Leeds	#11 Fort Lewis	4:11.45c (4:11.01A)	3/22
8		Penny Nichols, Nellie Wartanian, Kelia Portis, Meghan Benkendorf	#6 Western Colorad	4:13.84c (4:13.40A)	3/29

Women's High Jump

1	27	Bryn MCNAIR	FR	#14 Regis (Colo.)	1.65mA 5-5	3/22
2	50	Samantha BRETZ	SR	#6 Western Colorad	1.62mA 5-3¼	3/29
3	100	Dallis ROBINSON	SO	#1 UC-Colorado Spr	1.57mA 5-1¾	3/29
4		Rojrika CABELL	SO	#8 New Mexico High	1.56m 5-1¼	3/22
5		Kaelea GIBSON	JR	#2 Colorado Mesa	1.55mA 5-1	3/22
5		Hope MATTESON	SR	#2 Colorado Mesa	1.55mA 5-1	3/22
7		Kendall MORRISON	FR	#6 Western Colorad{2}	1.50mA 4-11	3/22
8		Brianna SPENCER	JR	#1 UC-Colorado Spr{2}	1.47mA 4-9¾	3/29
8		Mary SCOGGINS	JR	#3 CSU Pueblo	1.47mA 4-9¾	3/29
8		Olivia LANGNER	FR	#2 Colorado Mesa {3}	1.47mA 4-9¾	3/29



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Women's Pole Vault

1	15	Dale THOMPSON	SR	#4 Colo. School of M	3.85mA	12-7½	3/22
2	25	Brooke PETERSON	JR	#1 UC-Colorado Spr	3.75mA	12-3½	3/22
3	44	Taylor HINDMAN	FR	#4 Colo. School of M	{2}3.60mA	11-9¾	3/22
4	54	Arabella CHEN	FR	#4 Colo. School of M	{3}3.50mA	11-5¾	3/28
5	74	Erin WEIBEL	JR	#9 Black Hills State	3.45mA	11-3¾	3/29
5	74	Phia EDWARDS	SO	#1 UC-Colorado Spr	{2}3.45mA	11-3¾	3/22
7	91	Madeline OBUCHOWSKI	SO	#4 Colo. School of M	{4}3.35mA	10-11¾	3/28
8		Gretchen ADAMSKI	FR	#9 Black Hills State	{2}3.30mA	10-9¾	3/29
8		Brekkan LOCKHART	SO	#9 Black Hills State	{2}3.30mA	10-9¾	3/22
10		Brianna SPENCER	JR	#1 UC-Colorado Spr	{3}3.15mA	10-4	3/29
10		Madison CLAUSE	JR	#12 Chadron State	3.15mA	10-4	3/22
10		Aaleiah PORTER-GYLL	FR	#6 Western Colorad	3.15mA	10-4	3/29
10		Lauryn BENNETT	FR	#9 Black Hills State	{4}3.15mA	10-4	3/29

Women's Long Jump

1	9	Madissyn MOORE	JR	#1 UC-Colorado Spr	5.94mA	19-6 (1.6)	3/29
2	33	Chisom OBIOHA	SR	#8 New Mexico Higl	5.66mw	18-7 (2.7)	3/22
2	33	Danaya KINNARD	SO	#1 UC-Colorado Spr	{2}5.66mA	18-7 (0.0)	3/29
4	37	Gabi HUGGINS	SO	#6 Western Colorad	5.65mA	18-6½ (0.2)	3/29
5	39	Chelsea HOWARD	JR	#1 UC-Colorado Spr	{3}5.63mA	18-5¾ (0.0)	3/29
6	71	Kyla RUZICH	FR	#3 CSU Pueblo	5.53mA	18-1¾ (1.2)	3/29
7	99	Breauna SORENSEN	SO	#7 MSU Denver	5.41mwA	17-9 (2.5)	3/22
8		Emma ALFORD	SO	#6 Western Colorad	{2}5.37mA	17-7½ (0.0)	3/29
8		Lily NIESLANIK	SR	#2 Colorado Mesa	5.37mA	17-7½ (0.0)	3/22
10		Kaitlyn PEARSON	FR	#2 Colorado Mesa	{2}5.32mA	17-5½ (0.1)	3/22

Women's Triple Jump

1	12	Camila SALVUCCI	FR	#12 Chadron State	11.92mA	39-1¼ (0.0)	3/29
2	30	Rojrika CAMBELL	SO	#8 New Mexico Higl	11.55m	37-10¾ (1.6)	3/22

Women's Shot Put

1	8	Katherine HIGGINS	SR	#3 CSU Pueblo	14.50mA	47-7	3/29
2	13	Febe WESSELS	JR	#3 CSU Pueblo	{2}14.28mA	46-10¼	3/29
3	18	Kitt RUPAR	SR	#4 Colo. School of M	13.76mA	45-1¾	3/22
4	27	Bailey YOUNG	JR	#1 UC-Colorado Spr	13.23mA	43-5	3/29
5	40	Christina PALMER	SR	#2 Colorado Mesa	13.05mA	42-9¾	3/29
6	78	Adisyn SCHENCK	JR	#13 South Dakota Mi	12.56m	41-2½	3/28
7	84	Savannah JORGENS	JR	#1 UC-Colorado Spr	{2}12.51mA	41-½	3/29
8		Jennifer JARNAGIN	SR	#4 Colo. School of M	{2}12.08mA	39-7¾	3/28
9		Lushous DAVIS	SR	#7 MSU Denver	12.06mA	39-6¾	3/28
10		Kamlle TSOSIE-NEZ	SO	#10 Westminster (Ut	11.85mA	38-10½	3/28

Women's Discus

1	17	Kitt RUPAR	SR	#4 Colo. School of M	46.12mA	151-4	3/28
2	33	Christina PALMER	SR	#2 Colorado Mesa	44.41mA	145-9	3/29
3	45	Kaiya GRAVES	SO	#2 Colorado Mesa	{2}43.28mA	142-0	3/29
4	50	Kylie MAYER	FR	#2 Colorado Mesa	{3}43.02mA	141-2	3/29
5	53	Katrina TRAHAN	FR	#6 Western Colorad	42.98mA	141-0	3/22
6	56	Victoria MALAKI	JR	#1 UC-Colorado Spr	42.86mA	140-8	3/22
7	65	Febe WESSELS	JR	#3 CSU Pueblo	42.18mA	138-5	3/29
8	73	Katherine HIGGINS	SR	#3 CSU Pueblo	{2}41.73mA	136-11	3/29
9	90	Cassidy GODDARD	FR	#9 Black Hills State	40.88mA	134-2	3/29
10	97	Augustine HANCOCK	JR	#2 Colorado Mesa	{4}40.57mA	133-1	3/29

Women's Hammer

1	6	Jennifer JARNAGIN	SR	#4 Colo. School of M	57.74mA	189-5	3/28
2	7	Abigail GILLESPIE	SR	#4 Colo. School of M	{2}57.51mA	188-8	3/28
3	20	Augustine HANCOCK	JR	#2 Colorado Mesa	53.48mA	175-6	3/29
4	23	Kitt RUPAR	SR	#4 Colo. School of M	{3}52.89mA	173-6	3/28
5	30	Rylee BLANTON	JR	#6 Western Colorad	51.56mA	169-2	3/29
6	41	Savannah JORGENS	JR	#1 UC-Colorado Spr	50.68mA	166-3	3/29
7	70	Victoria MALAKI	JR	#1 UC-Colorado Spr	{2}48.42mA	158-10	3/29
8	73	Katherine HIGGINS	SR	#3 CSU Pueblo	48.23mA	158-3	3/29
9	77	Lushous DAVIS	SR	#7 MSU Denver	47.99mA	157-6	3/29
10	88	Christina PALMER	SR	#2 Colorado Mesa	{2}47.11mA	154-7	3/29

Women's Javelin

1	17	Lindsey CURE	FR	#14 Regis (Colo.)	44.46mA	145-11	3/22
2	25	Sophia PREITO	SR	#10 Westminster (Ut	42.13m	138-3	3/22
3	32	Lauren O'CAMPO	SO	#5 Adams State	41.21mA	135-3	3/30
4	55	Adisyn SCHENCK	JR	#13 South Dakota Mi	39.17mA	128-6	3/22
5	58	Keturah TEMPLEMAN	FR	#3 CSU Pueblo	39.00mA	128-0	3/29
6	74	Kaiya GRAVES	SO	#2 Colorado Mesa	37.76mA	123-11	3/22
7	91	Dyanna PARRA	FR	#1 UC-Colorado Spr	36.65mA	120-3	3/22
8	94	Febe WESSELS	JR	#3 CSU Pueblo	{2}36.56mA	120-0	3/22
9		Brooklynn JONES	JR	#7 MSU Denver	35.04mA	115-0	3/29
10		Lindsey OSTERFELT	JR	#6 Western Colorad	34.43mA	113-0	3/29

Women's Heptathlon

1	51	Mia MCKAY	FR	#10 Westminster (Ut	3,557	3/14
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Women's 100 Meters

1	1	Alexis BROWN	JR	#2	Lenoir-Rhyne	11.13	(-0.1)	3/29
2	6	Jahzara HART	JR	#3	Tusculum	11.48cw	(11.45A) (2.	3/22
3	45	Shanice COX	JR	#3	Tusculum	{2} 11.93cw	(11.90A) (2.	3/22
4	61	Kiera TAYLOR	JR	#3	Tusculum	{3} 12.00cw	(11.97A) (2.	3/22
5	63	Sade DE SOUSA	SR	#8	Carson-Newman	12.01	(1.7)	3/22
6	70	Qitarah CASTLIN	FR	#3	Tusculum	{4} 12.04cw	(12.01A) (2.	3/22
7	71	Zanetta UDO-OBONG	SO	#2	Lenoir-Rhyne	{2} 12.05	(0.4)	3/29
8	72	Mallory WITHERSPOON	SR	#5	Catawba	12.06	(1.6)	3/22
9	77	Hughasia FYFFE	SR	#12	Limestone	12.09	(0.4)	3/22
10	79	Damyja ALEJANDRO-ORTIZ	JR	#2	Lenoir-Rhyne	{3} 12.10cw	(12.07A) (2.	3/22

Women's 100 Meter Hurdles

1	12	Theresa GREEN-WHITE	JR	#3	Tusculum	14.04cw	(14.00A) (3.	3/22
2	24	Dounia ROUTBI	JR	#1	Wingate	14.33	(0.4)	3/29
3	25	Diaman LEE	FR	#1	Wingate	{2} 14.34	(0.8)	3/22
4	30	Kori MOORE	FR	#3	Tusculum	{2} 14.42cw	(14.38A) (2.	3/22
5	39	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	14.56	(-2.0)	3/29
6	50	Hoyane ESPER	JR	#1	Wingate	{3} 14.66	(-2.0)	3/29
7	80	Mackenzie MORETINA	FR	#4	Anderson (S.C.)	14.91w	(2.9)	3/29
8	90	Patience LISBON	FR	#13	Coker	15.00	(0.7)	3/29
9	95	Miranda MARR	SR	#2	Lenoir-Rhyne	{2} 15.03cw	(14.99A) (3.	3/22
10		Jessa KINDEL	SR	#4	Anderson (S.C.)	{2} 15.22	(2.0)	3/29

Women's 200 Meters

1	1	Alexis BROWN	JR	#2	Lenoir-Rhyne	22.67	(2.0)	3/29
2	24	Damyja ALEJANDRO-ORTIZ	JR	#2	Lenoir-Rhyne	{2} 24.19	(0.2)	3/29
3	37	Kori MOORE	FR	#3	Tusculum	24.33	(-1.1)	3/29
4	50	Shanice COX	JR	#3	Tusculum	{2} 24.57c	(24.50A) (1.	3/22
5	71	Efemena EGBERI	JR	#5	Catawba	24.73	(1.3)	3/22
6	78	Hayat ABDESELAM	FR	#1	Wingate	24.76	(0.0)	3/22
7	86	Qitarah CASTLIN	FR	#3	Tusculum	{3} 24.80c	(24.73A) (1.	3/22
8	93	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	{3} 24.87cw	(24.80A) (2.	3/22
9	95	Skylar SOUTHERN	FR	#5	Catawba	{2} 24.89	(-1.3)	3/22
10		Kiera TAYLOR	JR	#3	Tusculum	{4} 24.97c	(24.90A) (1.	3/22

Women's 400 Meters

1	20	Lacey BOOZER	SR	#4	Anderson (S.C.)	55.52		3/29
2	24	Damyja ALEJANDRO-ORTIZ	JR	#2	Lenoir-Rhyne	55.62		3/29
3	36	Tashianna GRAY	SR	#3	Tusculum	56.16		3/29
4	38	Jani DAY	JR	#2	Lenoir-Rhyne	{2} 56.22		3/29
5	50	Natalie PINZAN	JR	#1	Wingate	56.63		3/22
6	92	Taylor WILSON	JR	#1	Wingate	{2} 57.55		3/22
7		Efemena EGBERI	JR	#5	Catawba	57.68		3/29
8		Trishanie WARNER	JR	#8	Carson-Newman	57.79		3/22
9		Letsi BURGOS	FR	#5	Catawba	{2} 58.79		3/22
10		Essence TERRY-LONDON	FR	#1	Wingate	{3} 58.87		3/22
10		Kennedy MCDONALD	SO	#2	Lenoir-Rhyne	{3} 58.87		3/29

Women's 400 Meter Hurdles

1	5	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	1:00.52		3/29
2	13	Hoyane ESPER	JR	#1	Wingate	1:01.10		3/29
3	16	Dounia ROUTBI	JR	#1	Wingate	{2} 1:01.22		3/29
4	47	Lidija DJOKIC	SR	#7	Lincoln Memoria	1:04.14		3/28
5		Nia OVERBY	SO	#12	Limestone	1:06.87		3/22
6		Kori MOORE	FR	#3	Tusculum	1:07.13c	(1:07.02A)	3/22
7		Kyra STANLEY	SR	#1	Wingate	{3} 1:07.14		3/22
8		Patience LISBON	FR	#13	Coker	1:07.98		3/22
9		Abby KWASNY	SO	#4	Anderson (S.C.)	1:08.42		3/22
10		Tatiana CHIGWEREWE	SO	#5	Catawba	1:08.69		3/29

Women's 800 Meters

1	9	Mia CABRERA	JR	#1	Wingate	2:07.99		3/29
2	32	Evie BROOKS	SO	#1	Wingate	{2} 2:12.65		3/29
3	57	Harper RUSSELL	SR	#7	Lincoln Memoria	2:14.98		3/28
4	58	Eden BARNWELL	FR	#5	Catawba	2:15.09		3/29
5	59	Theresa BROSTHAUS	SO	#7	Lincoln Memoria	{2} 2:15.21		3/28
6	73	Emma WHITAKER	JR	#4	Anderson (S.C.)	2:16.16		3/22
7	79	Jacie BEGLEY	FR	#7	Lincoln Memoria	{3} 2:16.50		3/28
8		Olivia OVERHOLT	JR	#2	Lenoir-Rhyne	2:17.74		3/29
9		Baia TOUZA	FR	#1	Wingate	{3} 2:18.07		3/22
10		Riya KESHAW	SO	#1	Wingate	{4} 2:18.22		3/22

Women's 1500 Meters

1	2	Mia CABRERA	JR	#1	Wingate	4:20.34		3/29
2	8	Evie BROOKS	SO	#1	Wingate	{2} 4:23.79		3/29
3	36	Natalie ALMOND	SO	#5	Catawba	4:34.70		3/29
4	51	Sira BO	JR	#1	Wingate	{3} 4:37.09		3/29
5	65	Riya KESHAW	SO	#1	Wingate	{4} 4:39.65		3/22
6	67	Emer MCGLYNN	JR	#5	Catawba	{2} 4:39.87		3/29
7	76	Baia TOUZA	FR	#1	Wingate	{5} 4:40.89		3/22
8		Delaney ELLER	JR	#11	Emory & Henry	4:45.17		3/29
9		Caitlyn CHRISTIE	SO	#2	Lenoir-Rhyne	4:45.35c	(4:48.87A)	3/22
10		Reaghan CURDE	JR	#7	Lincoln Memoria	4:47.12		3/28

Women's Steeplechase

1	34	Elizabeth KESSLER	SR	#2	Lenoir-Rhyne	11:25.31c	(11:34.20A)	3/22
2		Elise MCKINNEY	JR	#11	Emory & Henry	12:44.71c	(12:54.63A)	3/22

Women's 5000 Meters

1	26	Madison CLAY	JR	#5	Catawba	17:01.13		3/22
2	27	Firdaouss HRICHE	FR	#1	Wingate	17:01.45		3/29
3	34	Grace BURRELL	JR	#1	Wingate	{2} 17:03.77		3/29
4	59	Grace ROSE	SR	#7	Lincoln Memoria	17:34.37		3/28
5	63	Kennedy ROUSH	SO	#4	Anderson (S.C.)	17:36.57		3/22
6	73	Delaney ELLER	JR	#11	Emory & Henry	17:40.79c	(17:55.79A)	3/22
7		Jenna PITTMAN	SO	#8	Carson-Newman	18:09.74		3/22
8		Beth LUDWICK	FR	#4	Anderson (S.C.)	{2} 18:11.94		3/22
9		Zoila SICILIA	SO	#2	Lenoir-Rhyne	18:33.36c	(18:49.10A)	3/22
10		Weslyn MCINTOSH	SO	#7	Lincoln Memoria	{2} 18:34.32		3/28



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Women's 10,000 Meters

1	9	Madison CLAY	JR	#5 Catawba	35:02.98	3/29
2	12	Laila ABOUZAID	SR	#1 Wingate	35:27.48	3/29
3	19	Kennedy ROUSH	SO	#4 Anderson (S.C.)	36:00.96	3/29
4	24	Hannah CAUDILL	SO	#5 Catawba {2}	36:41.30	3/29

Women's 4x100 Relay

1	1	Kiera Taylor, Shanice Cox, Theresa Green-White, Jahzara Hart	#3 Tusculum	44.91	3/29
2	18	Sharonda Priester, Damyja Alejandro-ortiz, Molly McGrath, Zanetta Udo-Obong	#2 Lenoir-Rhyne	46.23	3/29
3	33	Letsi Burgos, Mallory Witherspoon, Skylar Southern, Efemena Egberi	#5 Catawba	47.12	3/22
4	45	Naiobi White, Hayat Abdeslam, Chelsey Thomas, Diaman Lee	#1 Wingate	47.58	3/29
5	98	Leiyana Rose, Jameria Davis, Kamryn Adderton, Madalynn Williams	#6 Newberry	49.60	3/29
6	99	Madison Outland, Destiny Ansley-Cureton, Madison Sutherland, Haley Faulkner	#9 UVa-Wise	49.70	3/28
7		Aiyana Blakey, Kai Thomas, Madison Ricketts, Mia Spangler	#11 Emory & Henry	50.14	3/29
8		Simone Giggetts, Alina Mueller, Amaya Casiano, Jimena Montero	#10 Mars Hill	52.03	3/28
9		Jessica Martinez-Cruz, Patience Lisbon, Jael Stauffer, Massassi Maxwell-Smith	#13 Coker	52.15	3/15

Women's 4x400 Relay

1	9	Sharonda Priester, Jani Day, Mathilde Etienne, Damyja Alejandro-ortiz	#2 Lenoir-Rhyne	3:43.37	3/29
2	14	Taylor Wilson, Hoyane Esper, Dounia Routbi, Natalie Pinzan	#1 Wingate	3:46.64	3/29

Women's High Jump

1	27	Assiya ELHAFYAN	SO	#1 Wingate	1.65m	5-5	3/29
1	27	Isabel FARUP	FR	#6 Newberry	1.65m	5-5	3/15
3	63	Mia DIONISIO	SR	#6 Newberry {2}	1.60m	5-3	3/15
3	63	Valerie DAEHLER	SR	#1 Wingate {2}	1.60m	5-3	3/29
3	63	Patricija NEMANYTE	SO	#2 Lenoir-Rhyne	1.60m	5-3	3/22
6		Margaux SHELTON	SR	#1 Wingate {3}	1.56m	5-1 1/4	3/22
7		Miranda MARR	SR	#2 Lenoir-Rhyne {2}	1.55m	5-1	3/22
7		Dakota JERNIGAN	FR	#13 Coker	1.55m	5-1	3/15
9		Raegan COX	FR	#9 UVa-Wise	1.50m	4-11	3/22
9		Kellie IVENS	JR	#8 Carson-Newman	1.50m	4-11	3/28
9		Georgia PIPER	JR	#4 Anderson (S.C.)	1.50m	4-11	3/29
9		Hope CRISTENSEN	SR	#11 Emory & Henry	1.50m	4-11	3/22
9		Kendall WHITEHEAD	SO	#8 Carson-Newman	1.50m	4-11	3/22
9		Jameria DAVIS	SO	#6 Newberry {3}	1.50m	4-11	3/15

Women's Pole Vault

1	30	Avery MARSHALL	FR	#4 Anderson (S.C.)	3.66m	12-0	3/29
2	49	Rylie JENKINS	SO	#4 Anderson (S.C.) {2}	3.56m	11-8	3/22
3	91	Haley EDDINGER	JR	#10 Mars Hill	3.35m	10-11 3/4	3/22
3	91	Kirsten LEONARD	SR	#4 Anderson (S.C.) {3}	3.35m	10-11 3/4	3/29
5		Jorja FOX	SO	#4 Anderson (S.C.) {4}	3.26m	10-8 1/4	3/22
6		Tylee HEFNEY	FR	#8 Carson-Newman	3.05m	10-0	3/28
7		Harper RAMSDALE	FR	#2 Lenoir-Rhyne	3.04m	9-11 3/4	3/22
8		Elsie OPDYKE	FR	#1 Wingate	2.96m	9-8 1/2	3/22
9		Adair DUPREE	JR	#2 Lenoir-Rhyne {2}	2.74m	8-11 3/4	3/22
10		Addisen PETERSEN	FR	#8 Carson-Newman {2}	2.60m	8-6 1/4	3/28

Women's Long Jump

1	14	Sydney MCCARTY	SR	#8 Carson-Newman	5.88m	19-3 1/2 (0.7)	3/22
2	31	Brooke TAYLOR	JR	#8 Carson-Newman {2}	5.68m	18-7 3/4 (0.4)	3/22
3	60	Kimberley OWENS	SR	#2 Lenoir-Rhyne	5.57mw	18-3 3/4 (2.4)	3/22
4	95	Ally HOLMBERG	SO	#1 Wingate	5.43m	17-9 3/4 (0.4)	3/29
5	99	Efemena EGBERI	JR	#5 Catawba	5.41mw	17-9 (2.1)	3/22
6		Mathilde ETIENNE	SR	#2 Lenoir-Rhyne {2}	5.35mw	17-6 3/4 (2.8)	3/22
6		Brooke VISSER	SR	#8 Carson-Newman {3}	5.35m	17-6 3/4 (1.0)	3/22
8		Agustina DITTRICH	FR	#3 Tusculum	5.32mw	17-5 1/2 (2.1)	3/22
9		Massassi MAXWELL-SMITH	JR	#13 Coker	5.25m	17-2 3/4 (1.6)	3/15
10		Kimberly NAVARRETE	JR	#1 Wingate {2}	5.22m	17-1 1/2 (0.2)	3/22

Women's Triple Jump

1	13	Leah DOTSON	SR	#12 Limestone	11.90m	39-1 1/2 (0.7)	3/22
2	18	Ennessey SORRELLS	SR	#1 Wingate	11.82m	38-9 1/2 (0.9)	3/22
3	37	Tyleah MOORER	SR	#12 Limestone {2}	11.47mw	37-7 3/4 (2.1)	3/22
4	67	Kendall WHITEHEAD	SO	#8 Carson-Newman	11.16m	36-7 1/2 (0.4)	3/22
5	91	Raegan COX	FR	#9 UVa-Wise	10.87mw	35-8 (2.1)	3/22
6	92	Mia SPANGLER	FR	#11 Emory & Henry	10.86m	35-7 3/4 (0.8)	3/22
7		Kylie BRODT	FR	#9 UVa-Wise {2}	10.75mw	35-3 3/4 (3.1)	3/22
8		Maggie LONG	SO	#4 Anderson (S.C.)	10.71m	35-1 3/4 (-0.2)	3/22
9		Amy JONATHAN	SO	#1 Wingate {2}	10.70m	35-1 1/4 (-0.3)	3/22
10		Braelynn STROUTH	FR	#9 UVa-Wise {3}	10.64m	34-11 (1.6)	3/22



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Women's Shot Put

1	63	Danyell BOOKER	JR	#3 Tusculum	12.73m	41-9¼	3/29
2	93	Amber LAWLESS	JR	#1 Wingate	12.38m	40-7½	3/22
3		Ashley PARRISH	SO	#7 Lincoln Memoria	11.99m	39-4	3/28
4		Nia ROGERS	SR	#9 UVa-Wise	11.89m	39-¼	3/28
5		Kiori BUTLER	SO	#6 Newberry	11.80m	38-8¾	3/15
6		Sarah WIMPEE	JR	#4 Anderson (S.C.)	11.47m	37-7¾	3/22
7		Ally HOLMBERG	SO	#1 Wingate	{2} 11.46m	37-7¼	3/22
8		Kylee ALVIS	JR	#7 Lincoln Memoria	{2} 11.41m	37-5¼	3/28
9		Cierra WILLIAMS	JR	#10 Mars Hill	11.35m	37-3	3/22
10		ShaNadia MARSHALL	SR	#6 Newberry	{2} 11.14m	36-6¾	3/29

Women's Discus

1	64	Irma WATSON-PEREZ	SR	#6 Newberry	42.23m	138-7	3/29
2	67	Cierra WILLIAMS	JR	#10 Mars Hill	42.04m	137-11	3/22
3	76	Amber LAWLESS	JR	#1 Wingate	41.67m	136-9	3/22
4		Judith VAQUERO	JR	#1 Wingate	{2} 38.61m	126-8	3/29
5		Sarah WIMPEE	JR	#4 Anderson (S.C.)	36.57m	120-0	3/22
6		Ashley PARRISH	SO	#7 Lincoln Memoria	36.38m	119-4	3/21
7		La'miya BLAKE	SR	#10 Mars Hill	{2} 35.14m	115-4	3/22
8		Nia ROGERS	SR	#9 UVa-Wise	34.84m	114-4	3/28
9		Morgan REDFEARN	SO	#1 Wingate	{3} 33.58m	110-2	3/22
10		Kylee ALVIS	JR	#7 Lincoln Memoria	{2} 33.15m	108-9	3/28

Women's Hammer

1	22	Andrea PASCUAL RIVERA	SR	#6 Newberry	52.91m	173-7	3/29
2	53	Irma WATSON-PEREZ	SR	#6 Newberry	{2} 49.70m	163-1	3/29
3		Amber HOGAN	SR	#3 Tusculum	44.27mA	145-3	3/22
4		Ashley PARRISH	SO	#7 Lincoln Memoria	43.49m	142-8	3/28
5		Savannah NIPPA	SR	#2 Lenoir-Rhyne	42.03mA	137-11	3/22
6		Nia ROGERS	SR	#9 UVa-Wise	41.53m	136-3	3/28
7		Nevaeh KERNS	JR	#7 Lincoln Memoria	{2} 41.41m	135-11	3/21
8		Cate TURNER	SO	#7 Lincoln Memoria	{3} 40.83m	134-0	3/28
9		Sarah WIMPEE	JR	#4 Anderson (S.C.)	40.66m	133-5	3/22
10		Amber LAWLESS	JR	#1 Wingate	38.87m	127-7	3/22

Women's Javelin

1	53	Ally HOLMBERG	SO	#1 Wingate	39.35m	129-1	3/22
2	99	Kiori BUTLER	SO	#6 Newberry	36.31m	119-2	3/29
3		Braelynn STROUTH	FR	#9 UVa-Wise	34.42m	112-11	3/28
4		Miranda MARR	SR	#2 Lenoir-Rhyne	33.17mA	108-10	3/22
5		Alina MUELLER	SR	#10 Mars Hill	32.57m	106-10	3/22
6		Lyniah KITT	FR	#13 Coker	30.92m	101-6	3/15
7		Kylee ALVIS	JR	#7 Lincoln Memoria	30.01m	98-5½	3/21
8		Amber LAWLESS	JR	#1 Wingate	{2} 29.94m	98-2¾	3/22
9		Julia KARNILOWICZ	FR	#2 Lenoir-Rhyne	{2} 29.84mA	97-10¾	3/22
10		Gracie STINSON	JR	#1 Wingate	{3} 28.79m	94-5½	3/22



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Women's 100 Meters

1	25	Jayla KENNEDY	FR	#2 Clark Atlanta	11.77w	(2.3)	3/22
2	29	Cadence CRAY	SO	#1 Albany State (Ga	11.81w	(2.8)	3/22
3	43	JaTerralyn HAMILTON	FR	#6 Spring Hill (Ala.)	11.92	(1.6)	3/29
4	50	Dasia GILYARD	SR	#1 Albany State (Ga{2}	11.96w	(2.3)	3/22
5	96	D'Iyah AUSTELL	SR	#5 Fort Valley State	12.15	(2.0)	3/22
6		Xaria BASCOMBE	JR	#4 Benedict	12.21	(0.5)	3/22
6		An'Janae LATCHINSON	JR	#3 Tuskegee	12.21	(-1.6)	3/29
8		Skye LIVINGSTON	SR	#7 Central State	12.25w	(2.7)	3/30
9		Jeniya LAWRENCE	JR	#1 Albany State (Ga{3}	12.36	(1.7)	3/8
10		Morgan GRAHAM	FR	#2 Clark Atlanta {2}	12.40	(1.8)	3/22

Women's 100 Meter Hurdles

1	39	Santiona FREEMAN	SR	#4 Benedict	14.56	(2.0)	3/22
2	68	Briana MADISON	SR	#5 Fort Valley State	14.80	(1.0)	3/29
3	73	Macada MCDONALD	SO	#10 Savannah State	14.84	(1.4)	3/30
4	77	Jahkaya MCBURNEY	SO	#3 Tuskegee	14.87	(0.7)	3/29
5	98	Genesis WASHINGTON	JR	#2 Clark Atlanta	15.05	(0.0)	3/15
6		Anaiya HOUSEAL	SO	#4 Benedict {2}	15.28w	(2.9)	3/29
7		Saniya SWAIN	SO	#10 Savannah State {2}	15.58	(1.4)	3/30
8		Amira BROUSSARD	SO	#3 Tuskegee {2}	15.59	(0.7)	3/29
9		Myah THOMPSON	SO	#1 Albany State (Ga	15.64	(0.0)	3/15
9		Johnasia O'NEAL	SO	#8 LeMoyne-Owen	15.64	(0.4)	3/22

Women's 200 Meters

1	22	An'Janae LATCHINSON	JR	#3 Tuskegee	24.15	(0.2)	3/29
2	70	Shantel WILLIAMS	SR	#4 Benedict	24.72w	(2.2)	3/29
3	83	Cadence CRAY	SO	#1 Albany State (Ga	24.77	(1.2)	3/8
4	85	JaTerralyn HAMILTON	FR	#6 Spring Hill (Ala.)	24.79	(0.8)	3/29
5	100	Jayla KENNEDY	FR	#2 Clark Atlanta	24.92	(0.1)	3/15
6		D'Iyah AUSTELL	SR	#5 Fort Valley State	24.94	(0.4)	3/29
6		Anniyah WILLIAMS	JR	#2 Clark Atlanta {2}	24.94	(0.1)	3/15
8		Jurnie HEMSLEY	SR	#7 Central State	24.96	(0.9)	3/30
9		Dasia GILYARD	SR	#1 Albany State (Ga{2}	24.97	(1.0)	3/22
10		Kamora TAYLOR	SO	#13 Miles	25.00	(0.1)	3/15

Women's 400 Meters

1	28	Nathalia ROWE	SR	#1 Albany State (Ga	55.72		3/29
2	33	Karon WARREN	JR	#2 Clark Atlanta	56.04		3/29
3	56	Dasia GILYARD	SR	#1 Albany State (Ga{2}	56.74		3/8
4	81	D'Iyah AUSTELL	SR	#5 Fort Valley State	57.32		3/29
5	97	Cadence CRAY	SO	#1 Albany State (Ga{3}	57.60		3/8
6		MyRajah RANKIN	SO	#9 Kentucky State	57.73		3/29
7		Anniyah WILLIAMS	JR	#2 Clark Atlanta {2}	58.31		3/15
8		Zhakeya HAWKINS	FR	#9 Kentucky State {2}	58.49		3/29
9		Measha JONES	JR	#14 Allen (S.C.)	58.65		3/14
10		Zenay RHANEY	SR	#1 Albany State (Ga{4}	59.57		3/8

Women's 400 Meter Hurdles

1	4	Nathalia ROWE	SR	#1 Albany State (Ga	1:00.42		3/22
2	58	Macada MCDONALD	SO	#10 Savannah State	1:04.66		3/30
3		Myah THOMPSON	SO	#1 Albany State (Ga{2}	1:07.24		3/29
4		Saniya SWAIN	SO	#10 Savannah State {2}	1:07.94		3/22
5		Genesis WASHINGTON	JR	#2 Clark Atlanta	1:08.04		3/22
6		Kennedy WALKER	SO	#1 Albany State (Ga{3}	1:08.20		3/15
7		Caseyona HIGHT	SO	#14 Allen (S.C.)	1:08.71		3/14
8		Asia NETTLES	FR	#3 Tuskegee	1:09.80		3/29
9		Anyah STEVENSON	FR	#7 Central State	1:10.12		3/30
10		Paige TURNER	JR	#7 Central State {2}	1:10.22		3/30

Women's 800 Meters

1		Zenay RHANEY	SR	#1 Albany State (Ga	2:18.20		3/29
2		Nathalia ROWE	SR	#1 Albany State (Ga{2}	2:18.92		3/8
3		Akierah WALKER	JR	#3 Tuskegee	2:23.53		3/29
4		Lailah SELLERS	SO	#2 Clark Atlanta	2:24.47		3/29
5		Cecilia LIGHT	JR	#6 Spring Hill (Ala.)	2:24.56		3/22
6		Anaya MARTIN	SO	#3 Tuskegee {2}	2:28.84		3/22
7		Amaree HAMILTON	JR	#1 Albany State (Ga{3}	2:30.07		3/29
8		Termetrius STONE	SR	#1 Albany State (Ga{4}	2:33.23		3/22
9		Ja'braisha LANE	FR	#14 Allen (S.C.)	2:34.28		3/8
10		Azzaria BROWN	JR	#1 Albany State (Ga{5}	2:35.01		3/22

Women's 1500 Meters

1		Anaya MARTIN	SO	#3 Tuskegee	5:10.30		3/22
2		Zenay RHANEY	SR	#1 Albany State (Ga	5:10.73		3/29
3		Lailah SELLERS	SO	#2 Clark Atlanta	5:20.13		3/29
4		Akierah WALKER	JR	#3 Tuskegee {2}	5:24.83		3/22
5		Jamea LINDLEY	FR	#8 LeMoyne-Owen	5:25.04		3/22
6		Taylor FRANKLIN	FR	#1 Albany State (Ga{2}	5:25.83		3/8
7		Angela BITOK	JR	#12 Edward Waters (5:28.19		3/30
8		Azzaria BROWN	JR	#1 Albany State (Ga{3}	5:28.46		3/8
9		Mercy KWAMBAI	SO	#4 Benedict	5:31.18		3/29
10		Evelyn HERERRA	SO	#6 Spring Hill (Ala.)	5:32.59		3/29

Women's Steeplechase

1		Mariah HUSTON	JR	#7 Central State	12:40.24		3/30
2		Chanyah TAYLOR	SO	#7 Central State {2}	14:30.35		3/30
3		Jayda BROOKS	FR	#2 Clark Atlanta	17:59.24		3/15
4		Truth REED	FR	#2 Clark Atlanta {2}	17:59.77		3/15

Women's 5000 Meters

1		Anaya MARTIN	SO	#3 Tuskegee	20:00.39		3/22
2		Taylor FRANKLIN	FR	#1 Albany State (Ga	20:38.86		3/22
3		Angela BITOK	JR	#12 Edward Waters (21:10.40		3/8
4		Genesis HARRELL	FR	#3 Tuskegee {2}	21:28.67		3/29
5		Mercy KWAMBAI	SO	#4 Benedict	22:25.54		3/29
6		Faith CHEMUTAI	FR	#11 Lane	22:45.33		3/22
7		Ivyn JEPKOSGEI	FR	#12 Edward Waters {2}	22:49.67		3/8
8		Shalyah TRESVANT	FR	#3 Tuskegee {3}	22:54.80		3/29
9		Truth REED	FR	#2 Clark Atlanta	26:14.95		3/29
10		Zori CALDWELL	FR	#2 Clark Atlanta {2}	27:50.39		3/29



Conference TFRI Event Summary



SIAC

as of 4/1/2025 7:55:26 AM ET

Women's 10,000 Meters

1	Taylor FRANKLIN	FR	#1 Albany State (Ga	44:23.29	3/22
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Women's 4x100 Relay

1	12 Dasia Gilyard, Cadence Cray, Taniyah Kelley, Jeniya Lawrence	#1 Albany State (Ga	46.18	3/29
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2	38 Morgan Graham, Jayla Kennedy, Mariah Young, Anniyah Williams	#2 Clark Atlanta	47.20	3/29
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3	57 Santiona Freeman, Shantel Williams, Xaria Bascombe, Kiara Scott	#4 Benedict	48.04	3/22
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4	72 Kayla Trawick, Kaylin Robinson, Savannah Sparks, Kamora Taylor	#13 Miles	48.50	3/15
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5	81 Amira Broussard, An'Janae Latchinson, De'Shell Carr, Jahkaya McBurney	#3 Tuskegee	48.75	3/29
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6	87 Alecandra Coffie, Jaaliyah Biggers, Samiyah Rembert, MyRajah Rankin	#9 Kentucky State	48.95	3/29
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7	93 Briana Madison, Ariyah Graham, Bridgette Clarke, D'liyah Austell	#5 Fort Valley State	49.28	3/22
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8	95 Nasiya Thomas, Aneya Kight, Victoria Taylor, Samyah Berry	#10 Savannah State	49.53	3/30
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9	#Type!	#12 Edward Waters (50.75	3/30
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10	#Type!	#8 LeMoyne-Owen	50.94	3/22
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Women's 4x400 Relay

1	23 Nathalia Rowe, Dasia Gilyard, Cadence Cray, Kennedy Simmons	#1 Albany State (Ga	3:51.00	3/29
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2	35 Jayla Kennedy, Kiyami Zimmerman, Karon Warren, Anniyah Williams	#2 Clark Atlanta	3:54.31	3/22
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3	88 Amira Broussard, Asia Nettles, Jahkaya McBurney, Akierah Walker	#3 Tuskegee	4:09.18	3/22
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4	Azaniah White, Dalivia McBride, Katelynn Hodges, D'liyah Austell	#5 Fort Valley State	4:15.07	3/22
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5	Ferrin Westry, JaTerralyn Hamilton, Mariam Cosky, Lydia Hamilton	#6 Spring Hill (Ala.)	4:23.93	3/29
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Women's High Jump

1	63 Aquila KERR	SR	#5 Fort Valley State	1.60m	5-3	3/8
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1	63 Paris MCKINNON	FR	#12 Edward Waters (1.60m	5-3	3/30
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1	63 Anaiya HOUSEAL	SO	#4 Benedict	1.60m	5-3	3/29
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1	63 Julianna KERN	SR	#1 Albany State (Ga	1.60m	5-3	3/8
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5	Savannah SPARKS	FR	#13 Miles	1.55m	5-1	3/15
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6	Dalivia MCBRIDE	FR	#5 Fort Valley State{2}	1.50m	4-11	3/8
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6	Karma MOULTRIE	FR	#4 Benedict	{2} 1.50m	4-11	3/29
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8	Shynique MCGEE	JR	#2 Clark Atlanta	1.47m	4-9¾	3/29
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9	Jadyn GRAYDON	FR	#2 Clark Atlanta	{2} 1.45m	4-9	3/22
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9	Dariyah WEBB	FR	#8 LeMoyne-Owen	1.45m	4-9	3/22
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9	De'Shell CARR	JR	#3 Tuskegee	1.45m	4-9	3/22
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9	Jazmine WALKER	SO	#1 Albany State (Ga{2}	1.45m	4-9	3/8
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Women's Pole Vault

1	Ariana SPRINKLE	FR	#6 Spring Hill (Ala.)	2.50m	8-2½	3/1
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2	Abigail REMICK	SR	#6 Spring Hill (Ala.) {2}	2.30m	7-6½	3/1
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3	Makenzie BEASLEY	FR	#11 Lane	2.10m	6-10¾	3/15
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Women's Long Jump

1	60 Morgan GRAHAM	FR	#2 Clark Atlanta	5.57mw	18-3¼ (2.8)	3/15
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2	69 Measha JONES	JR	#14 Allen (S.C.)	5.54m	18-2¼ (-1.0)	3/14
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3	84 De'Shell CARR	JR	#3 Tuskegee	5.45m	17-10¾ (0.0)	3/22
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4	Anyah STEVENSON	FR	#7 Central State	5.21mw	17-1¼ (2.5)	3/30
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5	Malaya YOUNG	FR	#11 Lane	5.16m	16-11¼ (0.4)	3/8
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6	Santiona FREEMAN	SR	#4 Benedict	5.15m	16-10¾ (0.8)	3/15
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7	Tajana SIMS	SO	#8 LeMoyne-Owen	5.11m	16-9¼ (1.0)	3/15
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8	Jaaliyah BIGGERS	SO	#9 Kentucky State	5.05m	16-7 (1.4)	3/29
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9	Katelynn HODGES	SO	#5 Fort Valley State	4.97mw	16-3¾ (3.7)	3/29
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10	Kayla TRAWICK	SO	#13 Miles	4.96m	16-3¼ (1.8)	3/29
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Women's Triple Jump

1	7 Jada DAVID	SR	#4 Benedict	12.24m	40-2 (1.7)	3/22
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2	9 Shynique MCGEE	JR	#2 Clark Atlanta	11.96m	39-3 (1.5)	3/15
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3	32 Tiana SMITH	JR	#6 Spring Hill (Ala.)	11.52mw	37-9½ (3.3)	3/15
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4	Taniyah KELLEY	SO	#1 Albany State (Ga	10.60m	34-9½ (-0.4)	3/22
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5	Dyniah DAVIS	FR	#11 Lane	10.48m	34-4¾ (0.3)	3/8
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6	Isis LEWIS	JR	#2 Clark Atlanta	{2} 10.33mw	33-10¾ (2.4)	3/15
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7	Saniya SWAIN	SO	#10 Savannah State	9.98m	32-9 (-1.0)	3/22
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8	Teonia WHITELOW	JR	#11 Lane	{2} 9.73mw	31-11¼ (2.1)	3/8
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9	Tejanae LIPTON	SO	#14 Allen (S.C.)	9.25m	30-4¼ (-1.1)	3/14
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Women's Shot Put

1	30 Diamond RICHARDSON	SR	#5 Fort Valley State	13.17m	43-2½	3/8
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2	67 Yasmine CHAMBERS	JR	#4 Benedict	12.68m	41-7¼	3/22
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3	Daneika WILLIAMSON	JR	#4 Benedict	{2} 11.88m	38-11¾	3/29
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4	Jayme REDMOND	SO	#2 Clark Atlanta	11.78m	38-7¾	3/9
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5	Cierra CRUSOE	SO	#8 LeMoyne-Owen	11.59m	38-¼	3/22
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6	Mykhayla CARROLL	JR	#1 Albany State (Ga	11.48m	37-8	3/8
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7	Paris STANTON	SR	#4 Benedict	{3} 11.47m	37-7¾	3/15
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8	Janih'ya CAMPBELL	FR	#2 Clark Atlanta	{2} 11.28m	37-¼	3/9
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9	Desire' POOLE	JR	#9 Kentucky State	11.12m	36-5¾	3/29
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10	Jada JOSHUA	SO	#8 LeMoyne-Owen {2}	11.07m	36-4	3/29
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Conference TFRI Event Summary



SIAC

as of 4/1/2025 7:55:26 AM ET

Women's Discus

1	20	Diamond RICHARDSON	SR	#5 Fort Valley State	45.90m	150-7	3/22
2	38	Yassmine CHAMBERS	JR	#4 Benedict	44.03m	144-6	3/29
3		Desire' POOLE	JR	#9 Kentucky State	39.17m	128-6	3/29
4		Jada JOSHUA	SO	#8 LeMoyne-Owen	38.18m	125-3	3/15
5		Mykhayla CARROLL	JR	#1 Albany State (Ga	37.76m	123-11	3/15
6		Dae'Janae HANNAH	SO	#2 Clark Atlanta	37.27m	122-4	3/15
7		Daneika WILLIAMSON	JR	#4 Benedict	{2}37.20m	122-1	3/29
8		Jacky BELTRAN	SO	#8 LeMoyne-Owen	{2}35.08m	115-1	3/15
9		Cierra CRUSOE	SO	#8 LeMoyne-Owen	{3}33.82m	111-0	3/15
10		Janih'ya CAMPBELL	FR	#2 Clark Atlanta	{2}33.74m	110-9	3/15

Women's Hammer

1	51	Diamond RICHARDSON	SR	#5 Fort Valley State	49.90m	163-9	3/22
2		Mykhayla CARROLL	JR	#1 Albany State (Ga	46.02m	151-0	3/22
3		Paris STANTON	SR	#4 Benedict	44.80m	147-0	3/29
4		Yassmine CHAMBERS	JR	#4 Benedict	{2}42.59m	139-9	3/15
5		Jayne REDMOND	SO	#2 Clark Atlanta	41.26m	135-5	3/9
6		Danielle WILSON	JR	#3 Tuskegee	40.83m	134-0	3/22
7		Daneika WILLIAMSON	JR	#4 Benedict	{3}40.32m	132-4	3/29
8		Janih'ya CAMPBELL	FR	#2 Clark Atlanta	{2}36.49m	119-9	3/29
9		Dae'Janae HANNAH	SO	#2 Clark Atlanta	{3}35.15m	115-4	3/9
10		Matealia HARPER	JR	#3 Tuskegee	{2}33.38m	109-6	3/22

Women's Javelin

1	22	Zaniya RUSH	FR	#6 Spring Hill (Ala.)	42.90m	140-9	3/1
2		Shynique MCGEE	JR	#2 Clark Atlanta	32.92m	108-0	3/29
3		Ariyah GRAHAM	FR	#5 Fort Valley State	32.16m	105-6	3/8
4		Danielle WILSON	JR	#3 Tuskegee	31.71m	104-1	3/29
5		Serenity MITCHELL	FR	#3 Tuskegee	{2}31.50m	103-4	3/29
6		Matealia HARPER	JR	#3 Tuskegee	{3}31.14m	102-2	3/22
7		Claudia BILLEDEAUX	SO	#6 Spring Hill (Ala.)	{2}29.28m	96-¾	3/15
8		Ariana SIMMONS	SO	#9 Kentucky State	28.35m	93-¼	3/29
9		Aliyah JACKSON	JR	#2 Clark Atlanta	{2}27.95m	91-8½	3/29
10		Tania HALL	SR	#5 Fort Valley State	{2}27.77m	91-1½	3/8

Women's Heptathlon

1	43	Shynique MCGEE	JR	#2 Clark Atlanta	3,732	3/29
2	79	Danielle THOMPSON	SO	#2 Clark Atlanta	{2}2,699	3/29
3	82	Tyloni BAILEY	JR	#1 Albany State (Ga	2,595	3/29
3	82	Julianna KERN	SR	#1 Albany State (Ga	2,595	3/29
5	85	Jadyn GRAYDON	FR	#2 Clark Atlanta	{3}2,437	3/29
6	86	Bailey ONEAL	SO	#1 Albany State (Ga	{3}2,211	3/29



Conference TFRI Event Summary



Sunshine

as of 4/1/2025 7:55:26 AM ET

Women's 100 Meters

1	Shenya O'CONNELL	SR	#1 Embry-Riddle (F)	12.23	(1.7)	3/8
2	Mira AKAN	FR	#3 Lynn	12.24	(1.9)	2/28
3	Michala DANIELS	JR	#1 Embry-Riddle (F){2}	12.36	(1.5)	3/28
4	Molly MORRIS	FR	#2 Tampa	12.44	(0.0)	3/30
5	Chloe GREEN	SO	#2 Tampa	{2}12.57	(1.1)	3/22
6	Emma SMITH	FR	#3 Lynn	{2}12.60	(1.9)	2/28
7	Tessa BRAY	FR	#3 Lynn	{3}12.61	(1.9)	2/28
8	Sarah MARTINEZ	SO	#2 Tampa	{3}12.64	(0.9)	2/22
9	Alexandria KEY	FR	#6 Barry	12.69	(1.9)	2/28
10	Allie MURPHY	JR	#2 Tampa	{4}12.72	(0.4)	3/30

Women's 100 Meter Hurdles

1	45 Allie MURPHY	JR	#2 Tampa	14.61	(1.6)	3/22
2	60 Molly MORRIS	FR	#2 Tampa	{2}14.76w	(2.2)	3/22
3	95 Kate CARTER	FR	#2 Tampa	{3}15.03w	(2.2)	3/22
4	Helena HUYKE	JR	#1 Embry-Riddle (F)	15.22	(0.5)	3/8
5	Dejah SAUNDERS	SR	#1 Embry-Riddle (F){2}	15.25	(0.1)	3/8
6	Lindsey KOWNICK	SO	#2 Tampa	{4}15.27	(-0.3)	3/30
7	Michala DANIELS	JR	#1 Embry-Riddle (F){3}	15.34	(0.1)	3/8
8	Mira AKAN	FR	#3 Lynn	15.49	(0.1)	3/8
9	Brooklyn GOULD	SR	#1 Embry-Riddle (F){4}	15.66	(0.7)	3/22
10	Kylie DAVIS	FR	#1 Embry-Riddle (F){5}	16.14	(0.1)	3/8

Women's 200 Meters

1	Shenya O'CONNELL	SR	#1 Embry-Riddle (F)	25.30	(-0.2)	3/28
2	Liora BEST	FR	#1 Embry-Riddle (F){2}	25.36	(0.3)	3/22
3	Sativa JAMES	FR	#4 Nova Southeaste	25.57	(0.2)	3/8
4	Sarah MARTINEZ	SO	#2 Tampa	25.62	(0.8)	2/22
5	Mira AKAN	FR	#3 Lynn	25.69	(1.2)	3/8
6	Tessa BRAY	FR	#3 Lynn	{2}25.94	(1.2)	3/8
7	Lillian HICKS	SR	#2 Tampa	{2}26.03	(0.8)	2/22
8	Emma SMITH	FR	#3 Lynn	{3}26.09w	(3.1)	3/22
9	Kate CARTER	FR	#2 Tampa	{3}26.21	(0.8)	2/22
10	Chloe GREEN	SO	#2 Tampa	{4}26.23	(-0.1)	3/7
10	Allie MURPHY	JR	#2 Tampa	{4}26.23	(0.2)	2/22

Women's 400 Meters

1	50 Liora BEST	FR	#1 Embry-Riddle (F)	56.63		3/8
2	73 Allie MURPHY	JR	#2 Tampa	57.15		3/22
3	Sativa JAMES	FR	#4 Nova Southeaste	57.93		3/8
4	Lillian HICKS	SR	#2 Tampa	{2}59.18		3/30
5	Emma SMITH	FR	#3 Lynn	59.43		3/8
6	Marielle CLAYTON	FR	#2 Tampa	{3}59.83		2/22
7	Kate CARTER	FR	#2 Tampa	{4}59.87		3/30
8	Tatum LUNSFORD	FR	#2 Tampa	{5}59.96		3/30
9	Bella BUTLER	SO	#4 Nova Southeaste	{2}1:00.06		3/8
10	Nina RICHARDSON	SR	#1 Embry-Riddle (F){2}	1:00.16		3/8

Women's 400 Meter Hurdles

1	8 Allie MURPHY	JR	#2 Tampa	1:00.71		3/22
2	26 Molly MORRIS	FR	#2 Tampa	{2}1:02.60		3/22
3	35 Kate CARTER	FR	#2 Tampa	{3}1:03.29		3/22
4	45 Mira AKAN	FR	#3 Lynn	1:04.00		3/22
5	89 Lindsey KOWNICK	SO	#2 Tampa	{4}1:05.88		3/30
6	95 Kylie DAVIS	FR	#1 Embry-Riddle (F)	1:06.03		3/22
7	Jaelynn ROSARIO	FR	#6 Barry	1:10.49		3/29
8	Brooke BOND	JR	#3 Lynn	{2}1:11.32		2/22
9	Davyn DREIBELBIS	SO	#3 Lynn	{3}1:12.65		3/8
10	Sydney CASH	JR	#1 Embry-Riddle (F){2}	1:14.92		3/22

Women's 800 Meters

1	20 Taylor ROTH	SO	#1 Embry-Riddle (F)	2:10.69		3/28
2	24 Kendra KRUEGER	SO	#2 Tampa	2:11.20		3/22
3	54 Allegra TRINER	FR	#1 Embry-Riddle (F){2}	2:14.72		3/8
4	55 Jill THORNING	SO	#4 Nova Southeaste	2:14.75		2/28
5	71 Bella BUTLER	SO	#4 Nova Southeaste	{2}2:16.10		3/22
6	89 Amberleigh SORENSEN	SR	#7 Palm Beach Atl	2:17.18		3/22
7	91 Eden TOAL	SR	#4 Nova Southeaste	{3}2:17.33		2/28
8	Dominyka PETRASKAITE	SR	#7 Palm Beach Atl	{2}2:18.46		3/22
9	Hannah DIETE	FR	#2 Tampa	{2}2:18.57		3/22
10	Nithya CHUMMAR	SR	#1 Embry-Riddle (F){3}	2:19.51		3/8

Women's 1500 Meters

1	23 Jill THORNING	SO	#4 Nova Southeaste	4:31.80		2/28
2	58 Kendra KRUEGER	SO	#2 Tampa	4:38.54		2/22
3	68 Campbell CALDWELL	JR	#2 Tampa	{2}4:39.92		3/22
4	69 Eden TOAL	SR	#4 Nova Southeaste	{2}4:40.06		2/22
5	89 Amberleigh SORENSEN	SR	#7 Palm Beach Atl	4:42.55		3/22
6	94 Emma MUSSANTE	SR	#5 Florida Southerr	4:43.35		3/7
7	Caitlin BEERY	JR	#5 Florida Southerr	{2}4:46.29		3/22
8	Mackenzie KELLER	JR	#1 Embry-Riddle (F)	4:47.65		3/8
9	Molly DEMARZO	SO	#2 Tampa	{3}4:48.00		3/22
10	Jessica LOMBARDO	FR	#3 Lynn	4:48.42		3/8

Women's Steeplechase

1	67 Emily TUBBS	FR	#1 Embry-Riddle (F)	11:49.40		3/8
2	71 Bella ASCONE	FR	#4 Nova Southeaste	11:53.44		3/22
3	Jessica LOMBARDO	FR	#3 Lynn	12:24.36		2/28
4	Maggie RAGSDALE	SO	#4 Nova Southeaste	{2}12:38.22		3/8
5	Julian STANISH	FR	#6 Barry	13:26.14		3/8
6	Hope BRITTENHAM	FR	#6 Barry	{2}14:25.33		3/8



Conference TFRI Event Summary



Sunshine

as of 4/1/2025 7:55:26 AM ET

Women's 5000 Meters

1	22	Emma MUSSANTE	SR	#5 Florida Southerr	16:57.11	2/22
2	25	Olivia HARP	SR	#2 Tampa	16:59.83	3/28
3	30	Campbell CALDWELL	JR	#2 Tampa	{2} 17:02.13	2/22
4	32	Jill THORNING	SO	#4 Nova Southeaste	17:02.84	2/22
5	43	Emily KRINEY	JR	#2 Tampa	{3} 17:17.31	3/22
6	68	Ellie FLUMAN	SR	#5 Florida Southerr	{2} 17:38.40	2/22
7	71	Lindsey VOLKMAN	SO	#2 Tampa	{4} 17:40.43	3/7
8	88	Grace REED	SO	#5 Florida Southerr	{3} 17:47.49	3/7
9	90	Rachel HOCKENBERRY	JR	#5 Florida Southerr	{4} 17:48.12	3/7
10	93	Molly DEMARZO	SO	#2 Tampa	{5} 17:50.03	3/7

Women's 10,000 Meters

1	11	Campbell CALDWELL	JR	#2 Tampa	35:25.31	3/28
2	18	Emma MUSSANTE	SR	#5 Florida Southerr	36:00.69	3/28
3	34	Mya STAM	SR	#5 Florida Southerr	{2} 37:08.78	3/28
4	42	Ellie FLUMAN	SR	#5 Florida Southerr	{3} 37:31.64	3/28
5	54	Leena SAIDI	SR	#4 Nova Southeaste	38:15.06	3/22
6	58	Emma PFEIFFER	SO	#5 Florida Southerr	{4} 38:17.98	3/22
7	94	Kendall MATHIS	JR	#1 Embry-Riddle (Fl	40:13.40	3/22
8	96	Kira CASANE	FR	#5 Florida Southerr	{5} 40:19.44	3/22
9		Meghan MCNABB	SR	#4 Nova Southeaste	{2} 44:11.58	3/22

Women's 4x100 Relay

1	61	Michala Daniels, Shenyra O'Connell, Liora Best, Nina Richardson		#1 Embry-Riddle (Fl	48.15	3/8
2	69	Marielle Clayton, Sarah Martinez, Lillian Hicks, Kate Carter		#2 Tampa	48.38	3/7
3	76	Emma Smith, Mira Akan, Tessa Bray, Alijah Giustino		#3 Lynn	48.54	2/28
4		Kaylee Brushaber, Mackenzie Wommack, Indica James, Melissa Mitjans		#4 Nova Southeaste	51.10	2/22

Women's 4x400 Relay

1	43	Liora Best, Taylor Roth, Allegra Triner, Nina Richardson		#1 Embry-Riddle (Fl	3:56.66	3/8
2	51	Molly Morris, Kate Carter, Lillian Hicks, Allie Murphy		#2 Tampa	3:58.23	3/30
3	66	Alijah Giustino, Emma Smith, Angelina Howard, Mira Akan		#3 Lynn	4:02.59	2/28
4	73	Sativa James, Kayla Wommack, Bella Butler, Jennifer Greenfield		#4 Nova Southeaste	4:04.69	2/28
5		Caitlin Beery, Flavia Almeida, Lylah Mattingly, Jinia Johnson		#5 Florida Southerr	4:11.60	3/7
6		Sadie Nordmeyer, Nella Petersen, Dominyka Petraskaite, Hannah Atwell		#7 Palm Beach Atla	4:20.33	2/22

Women's High Jump

1	27	Jade TCHOAUWOU NAYAP	FR	#1 Embry-Riddle (Fl	1.65m	5-5	3/8
2		Megan GRANT	SO	#1 Embry-Riddle (Fl	{2} 1.55m	5-1	3/8

Women's Pole Vault

1		Leilani SPRUILL	FR	#1 Embry-Riddle (Fl	3.01m	9-10½	3/8
2		Madeline AMPLEMAN	FR	#1 Embry-Riddle (Fl	{2} 2.56m	8-4¾	3/8

Women's Long Jump

1		Sierra COWARD	SR	#1 Embry-Riddle (Fl	5.13m	16-10 (0.4)	3/28
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Women's Triple Jump

1	3	Mikaela MILES	JR	#1 Embry-Riddle (Fl	12.59m	41-3¾ (2.0)	3/28
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Women's Shot Put

1		Sierra COWARD	SR	#1 Embry-Riddle (Fl	12.10m	39-8½	3/8
2		Anaya SHRIDER	FR	#1 Embry-Riddle (Fl	{2} 10.02m	32-10½	3/8
3		Jaelynn ROSARIO	FR	#6 Barry	7.92m	26-0	3/8
4		Emilia OLIVIERI RAMOS	JR	#3 Lynn	7.25m	23-9½	3/8
5		Sarah BAZILE	FR	#6 Barry	{2} 6.48m	21-3¾	3/8

Women's Discus

1	57	Madison MORRIS	SR	#1 Embry-Riddle (Fl	42.68m	140-1	3/28
2		Anaya SHRIDER	FR	#1 Embry-Riddle (Fl	{2} 36.53m	119-10	3/22
3		Ally FUGATE	FR	#1 Embry-Riddle (Fl	{3} 27.86m	91-5	3/8

Women's Hammer

1	17	Kirsten ROLLE	SR	#1 Embry-Riddle (Fl	53.80m	176-6	3/28
2		Madison MORRIS	SR	#1 Embry-Riddle (Fl	{2} 42.42m	139-2	3/8
3		Hailey BRUCE	SO	#1 Embry-Riddle (Fl	{3} 38.29m	125-8	3/8
4		Ally FUGATE	FR	#1 Embry-Riddle (Fl	{4} 32.65m	107-2	3/8
5		Anaya SHRIDER	FR	#1 Embry-Riddle (Fl	{5} 31.56m	103-7	3/8



USTFCCCA NCAA Division II Outdoor Track & Field
Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #1, April 1



Sunshine

as of 4/1/2025 7:55:26 AM ET

Women's Javelin							
1	12	Maxime KIRSCHNER	SR	#1 Embry-Riddle (F1)	46.45m	152-5	3/28
2	19	Hailey BRUCE	SO	#1 Embry-Riddle (F2)	43.73m	143-6	3/28
3	89	Sierra COWARD	SR	#1 Embry-Riddle (F3)	36.74m	120-7	3/28
4		Barrett CUTSHALL	SO	#1 Embry-Riddle (F4)	34.08m	111-10	3/8