



Conference TFRI Team Summary



WOMEN — 2025 Checkpoint #1, April 1

CACC

Current	Team	Score	Last Week
1	Felician	861.24	NR
2	Holy Family (Pa.)	619.15	NR
3	Wilmington (Del.)	487.08	NR
4	Georgian Court	477.95	NR
5	Jefferson (Pa.)	466.41	NR
6	Goldey-Beacom	436.94	NR
7	Caldwell	270.18	NR
8	Dominican (N.Y.)	240.73	NR
9	Chestnut Hill	208.29	NR
10	Bridgeport	173.04	NR

CCAA

Current	Team	Score	Last Week
1	Cal Poly Pomona	1233.65	NR
2	Cal State San Bernardi	760.68	NR
3	Chico State	759.89	NR
4	Cal State San Marcos	721.48	NR
5	Stanislaus State	528.35	NR
6	Sonoma State	417.33	NR
7	SF State	345.77	NR
8	Cal State LA	344.10	NR
9	Cal State East Bay	203.56	NR
10	Cal State Monterey Ba	189.16	NR
11	Cal Poly Humboldt	182.81	NR
12	Cal State Dominguez	57.75	NR

CIAA

Current	Team	Score	Last Week
1	Fayetteville State	685.60	NR
2	Winston-Salem State	650.78	NR
3	Claflin	573.87	NR
4	Livingstone	444.41	NR
5	Shaw	382.92	NR
6	Virginia Union	330.71	NR
7	Bowie State	329.50	NR
8	Virginia State	315.51	NR
9	Johnson C. Smith	247.60	NR
10	Lincoln (Pa.)	217.61	NR
11	Bluefield State	83.34	NR

CONFERENCE CAROLINAS

Current	Team	Score	Last Week
1	Mount Olive	1163.77	NR
2	Converse	685.62	NR
3	North Greenville	650.41	NR
4	Belmont Abbey	641.80	NR
5	UNC Pembroke	448.96	NR
6	Southern Wesleyan (S	330.19	NR
7	Shorter	296.96	NR
8	Lees-McRae	279.08	NR
9	Francis Marion	247.84	NR
10	Barton	191.91	NR
11	Erskine	175.39	NR
12	Emmanuel (Ga.)	145.81	NR
13	King	107.42	NR
14	Young Harris	103.87	NR

ECC

Current	Team	Score	Last Week
1	St. Thomas Aquinas	738.60	NR
2	UDC	545.69	NR
3	Staten Island	532.47	NR
4	Molloy	526.83	NR
5	Daemen	510.53	NR
6	Roberts Wesleyan	497.50	NR
7	D'Youville	426.26	NR

GAC

Current	Team	Score	Last Week
1	Ouachita Baptist	1231.22	NR
2	Harding	1171.39	NR
3	Oklahoma Baptist	761.36	NR
4	Southeastern Oklaho	593.72	NR
5	Southern Arkansas	465.71	NR
6	Northwestern Oklaho	423.50	NR
7	Southwestern Oklaho	257.47	NR
8	Arkansas Tech	245.62	NR
9	Southern Nazarene	191.55	NR
10	East Central (Okla.)	111.94	NR

GLIAC

Current	Team	Score	Last Week
1	Grand Valley State	1583.08	NR
2	Wayne State (Mich.)	958.64	NR
3	Northern Michigan	657.94	NR
4	UW-Parkside	642.16	NR
5	Davenport (Mich.)	388.83	NR
6	Purdue Northwest (In	275.82	NR
7	Michigan Tech	224.86	NR
8	Ferris State	206.00	NR
9	Saginaw Valley State	176.39	NR

GLVC

Current	Team	Score	Last Week
1	Lewis	992.72	NR
2	Southwest Baptist	677.37	NR
3	Maryville (Mo.)	635.47	NR
4	Indianapolis	591.19	NR
5	Lincoln (Mo.)	510.81	NR
6	Truman	461.58	NR
7	Missouri S&T	426.73	NR
8	McKendree	254.03	NR
9	Rockhurst	207.86	NR
10	Drury	175.90	NR
11	William Jewell	171.68	NR
12	Illinois-Springfield	150.67	NR
13	Upper Iowa	144.70	NR
14	Quincy (Ill.)	17.72	NR
15	UMSL	11.05	NR

G-MAC

Current	Team	Score	Last Week
1	Ashland	1056.89	NR
2	Hillsdale	614.63	NR
3	Tiffin	534.19	NR
4	Walsh	526.02	NR
5	Findlay	499.64	NR
6	Cedarville	477.00	NR
7	Northwood (Mich.)	432.10	NR
8	Malone	189.46	NR
9	Ursuline	153.39	NR
10	Thomas More (Ky.)	136.28	NR
11	Lake Erie	129.81	NR
12	Ohio Dominican	59.43	NR

GNAC

Current	Team	Score	Last Week
1	Western Washington	1437.60	NR
2	Central Washington	989.10	NR
3	Western Oregon	956.44	NR
4	Seattle Pacific	514.91	NR
5	Alaska Anchorage	414.87	NR
6	Northwest Nazarene	365.75	NR
7	Montana St.-Billings	291.75	NR
8	Simon Fraser	246.28	NR
9	Saint Martin's	181.61	NR

GSC

Current	Team	Score	Last Week
1	Alabama-Huntsville	1203.16	NR
2	Lee (Tenn.)	886.87	NR
3	Montevallo	792.95	NR
4	Mississippi College	747.17	NR
5	West Alabama	328.59	NR
6	Trevecca Nazarene	260.92	NR
7	Christian Brothers	124.70	NR



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INDEPENDENTS

Current	Team	Score	Last Week
1	UPR Rio Piedras	1148.43	NR
2	Alaska	192.05	NR
3	West Florida	171.33	NR
4	Auburn Montgomery (	126.15	NR
5	Georgia College	112.08	NR
6	Gannon	97.60	NR
7	Union (Tenn.)	43.21	NR
8	USC Aiken	39.07	NR
9	Cheyney	22.00	NR
10	Saint Michael's	5.45	NR

LONE STAR

Current	Team	Score	Last Week
1	West Texas A&M	988.32	NR
2	Angelo State	873.40	NR
3	Texas A&M-Kingsville	794.53	NR
4	Lubbock Christian	633.75	NR
5	Midwestern State	507.66	NR
6	Eastern New Mexico	449.97	NR
7	Dallas Baptist	354.96	NR
8	UT Tyler	328.90	NR
9	St. Edward's	252.03	NR
10	Oklahoma Christian	193.52	NR
11	Western New Mexico	88.41	NR
12	Cameron	66.92	NR

MIAA

Current	Team	Score	Last Week
1	Pittsburg State	1146.44	NR
2	Washburn	721.23	NR
3	Missouri Southern	531.56	NR
4	Neb.-Kearney	483.69	NR
5	Central Missouri	471.60	NR
6	Emporia State	437.38	NR
7	Northwest Missouri	371.75	NR
8	Central Oklahoma	290.61	NR
9	Missouri Western	288.05	NR
10	Fort Hays State	157.05	NR
11	Rogers State	152.53	NR

MOUNTAIN EAST

Current	Team	Score	Last Week
1	Point Park (Pa.)	833.43	NR
2	Charleston (W.Va.)	764.49	NR
3	West Virginia Wesleya	675.92	NR
4	West Liberty State	667.63	NR
5	Concord	575.69	NR
6	Glenville State	471.17	NR
7	West Virginia State	354.58	NR
8	Frostburg State	353.32	NR
9	Davis and Elkins	339.02	NR
10	Wheeling	143.35	NR

NORTHEAST-10

Current	Team	Score	Last Week
1	New Haven	1099.49	NR
2	Adelphi	918.74	NR
3	Southern Connecticut	35.52	NR

NSIC

Current	Team	Score	Last Week
1	U-Mary	1288.12	NR
2	Sioux Falls	718.59	NR
3	Minnesota State	605.07	NR
4	Northern State	565.20	NR
5	Wayne State (Neb.)	410.35	NR
6	Southwest Minnesota	385.88	NR
7	St. Cloud State	370.91	NR
8	Minot State	306.09	NR
9	Bemidji State	296.06	NR
10	Winona State	88.91	NR
11	Augustana (S.D.)	36.85	NR

PACWEST

Current	Team	Score	Last Week
1	CUI	991.62	NR
2	Azusa Pacific	916.15	NR
3	Fresno Pacific	856.94	NR
4	Biola (Calif.)	713.77	NR
5	Point Loma Nazarene	690.21	NR
6	Vanguard (Calif.)	515.87	NR
7	Academy of Art	386.66	NR
8	Westmont (Calif.)	296.96	NR
9	Jessup (Calif.)	228.55	NR
10	Dominican (Calif.)	62.00	NR

PBC

Current	Team	Score	Last Week
1	Flagler	886.00	NR
2	Augusta	691.40	NR
3	Clayton State	685.59	NR
4	Columbus State	629.15	NR
5	Lander	579.00	NR
6	USC Beaufort (S.C.)	261.59	NR
7	North Georgia	250.62	NR

PSAC

Current	Team	Score	Last Week
1	Slippery Rock	991.32	NR
2	Shippensburg	888.87	NR
3	Millersville	533.63	NR
4	East Stroudsburg	487.56	NR
5	Lock Haven	473.24	NR
6	Kutztown	449.45	NR
7	California (Pa.)	361.28	NR
8	West Chester	360.89	NR
9	Edinboro	359.05	NR
10	Seton Hill	343.33	NR
11	Indiana (Pa.)	279.94	NR
12	Bloomsburg	262.89	NR
13	Pitt Johnstown	125.53	NR
14	Clarion	103.42	NR
15	Mansfield	20.44	NR

RMAC

Current	Team	Score	Last Week
1	UC-Colorado Springs	1150.82	NR
2	Colorado Mesa	700.73	NR
3	CSU Pueblo	637.49	NR
4	Colo. School of Mines	493.06	NR
5	Adams State	440.72	NR
6	Western Colorado	396.41	NR
7	MSU Denver	344.80	NR
8	New Mexico Highland	343.74	NR
9	Black Hills State	253.20	NR
10	Westminster (Utah)	165.38	NR
11	Fort Lewis	137.67	NR
12	Chadron State	132.36	NR
13	South Dakota Mines	113.21	NR
14	Regis (Colo.)	84.96	NR
15	Colorado Christian	50.49	NR

SAC

Current	Team	Score	Last Week
1	Wingate	1115.56	NR
2	Lenoir-Rhyne	684.24	NR
3	Tusculum	470.87	NR
4	Anderson (S.C.)	423.47	NR
5	Catawba	395.65	NR
6	Newberry	365.01	NR
7	Lincoln Memorial	364.93	NR
8	Carson-Newman	309.89	NR
9	UVa-Wise	293.20	NR
10	Mars Hill	217.35	NR
11	Emory & Henry	187.72	NR
12	Limestone	163.71	NR
13	Coker	124.29	NR



Conference TFRI Team Summary

WOMEN — 2025 Checkpoint #1, April 1**SIAC**

Current	Team	Score	Last Week
1	Albany State (Ga.)	904.45	NR
2	Clark Atlanta	841.54	NR
3	Tuskegee	590.41	NR
4	Benedict	521.05	NR
5	Fort Valley State	364.04	NR
6	Spring Hill (Ala.)	312.81	NR
7	Central State	238.42	NR
8	LeMoyne-Owen	232.24	NR
9	Kentucky State	178.27	NR
10	Savannah State	165.95	NR
11	Lane	165.46	NR
12	Edward Waters (Fla.)	161.60	NR
13	Miles	124.40	NR
14	Allen (S.C.)	119.97	NR

SUNSHINE

Current	Team	Score	Last Week
1	Embry-Riddle (Fla.)	1118.24	NR
2	Tampa	885.24	NR
3	Lynn	412.36	NR
4	Nova Southeastern	411.30	NR
5	Florida Southern	324.48	NR
6	Barry	174.75	NR
7	Palm Beach Atlantic	121.37	NR