

USTFCCCA NCAA Division II Outdoor Track & Field USTFCCCA NCAA DIVISION II OULUOU. HUEL

WOMEN – 2025 Checkpoint #1, April 1

Athletic

| | | | | | | | Atla | nti | ic | | as of | 4/1/2025 7:53:24 | AM ET |
|-------------|----------|------------------------------|-----|-----------------------------------|------------------|--------|------|-----|----------------------|-----|---------------------------------|--------------------|-------|
| | | И | /om | en's 100 Meters | | | | | Wom | en' | s 400 Meter Hur | dles | |
| 1 | 84 | Kiana YOUNG | JR | | 12.12w | (2.2) | 3/29 | 1 | 29 Haley BRENNY | SR | #13 Seton Hill | 1:02.87 | 3/2 |
| 2 | 86 | Colette PATTI | SO | #3 Charleston (W.Va | 12.13w | (3.9) | 3/21 | 2 | 38 Madison MALCOLM | SO | #1 Shippensburg | 1:03.40 | 3/2 |
| 3 | | Ziyah ETCHISON | SO | ^{#9} Fayetteville Stat | 12.18 | (1.3) | 3/22 | 3 | 52 Melanie BARGER | JR | #1 Shippensburg { | 2} 1:04.43 | 3/2 |
| 4 | | Aasly DE LEON | FR | #5 Millersville | 12.21w | (2.7) | 3/29 | 4 | 71 Layla SIMPSON | JR | #12 Winston-Salem S | 1:05.18 | 3/2 |
| 5 | | Brook SMITH | SO | #6 Kutztown {2 | 2} 12.24w | (2.2) | 3/29 | 5 | 82 Layla ROBERTSON | JR | #13 Seton Hill { | 2} 1:05.56 | 3/2 |
| 6 | | Jadah RASOOL | SO | #11 Claflin | 12.26 | (0.0) | 3/22 | 6 | 86 Pheijana BURNSIDE | JR | ^{#11} Claflin | 1:05.68 | 3/2 |
| 7 | | Diamond RUSH | SR | #7 Point Park (Pa.) | 12.28 | (1.6) | 3/22 | 7 | 94 Faith JONES | FR | #11 Claflin { | 2} 1:05.99 | 3/2 |
| 7 | | Candace MORRIS | SO | #23 West Virginia Sta | 12.28 | (-1.2) | 3/22 | 8 | 100 Samantha CASH | SR | #21 West Virginia We | 1:06.34 | 3/2 |
| 7 | | Lydia CHAPPLE | SR | #12 Winston-Salem S | 12.28w | (2.1) | 3/22 | 9 | Bella BROZESKI | SO | ^{#22} Indiana (Pa.) | 1:06.77 | 3/2 |
| LO | | Mayah CHARITY | SR | Pitt Johnstown | 12.36 | (-2.0) | 3/29 | 10 | Camryn PYLE | FR | #1 Shippensburg { | 3} 1:06.89 | 3/2 |
| | | Wom | en' | s 100 Meter Huro | dles | | | | И | 'on | nen's 800 Meters | | |
| 1 | 13 | Sasha LEE | SR | #1 Shippensburg | 14.09w | (2.6) | 3/29 | 1 | 77 Natalie BARR | so | ^{#19} Glenville State | 2:16.45 | 3/2 |
| 2 | 26 | Obiageli AKUBUDE | SO | #11 Claflin | 14.37 | (0.2) | 3/22 | 2 | 78 Riley TRENTOWSKI | FR | #4 East Stroudsburg | 2:16.46 | 3/2 |
| 3 | 49 | Abby PARISE | FR | #20 Bloomsburg | 14.65w | (2.7) | 3/29 | 3 | 84 Nicole CARROLL | so | ^{#8} Lock Haven | 2:16.74 | 3/2 |
| 4 | 50 | Katelyn MURPHY | SO | #5 Millersville | 14.66 | (1.1) | 3/29 | 4 | 88 Aubrey SECHRIST | SR | #8 Lock Haven { | 2} 2:17.09 | 3/2 |
| 5 | 81 | Madeline NEWARK | JR | ^{#10} Edinboro | 14.94w | (3.5) | 3/22 | 5 | Gabriella FRALIN | so | ^{#17} California (Pa.) | 2:18.58 | 3/2 |
| 6 | 84 | Madison MALCOLM | SO | #1 Shippensburg {2 | 2} 14.96w | (2.6) | 3/29 | 6 | Lauren TWYMAN | JR | #15 Davis and Elkins | 2:19.01 | 3/2 |
| 7 | 87 | Madeline IKELER | so | | 2} 14.98w | (2.7) | 3/29 | 7 | Nemani MOON | FR | #13 Seton Hill | 2:19.24 | 3/2 |
| 8 | 88 | Chaley YOUNKIN | SR | #2 Slippery Rock | 14.99w | (2.8) | 3/22 | 8 | Deandra YOUNG | JR | #6 Kutztown | 2:19.71 | 3/2 |
| 8 | 88 | Jaelynn WYNDER- | JR | #24 Virginia State | 14.99w | (2.3) | 3/22 | 9 | Jana SCHMID | SR | #7 Point Park (Pa.) | 2:19.85 | 3/2 |
| | | HILL | | Ũ | | | | 10 | Emily WALLACE | SR | #18 Concord | 2:19.86 | 3/2 |
| LO | | Minke ENGELBRECHT | SO | #3 Charleston (W.Va | 15.13 | (-1.7) | 3/29 | | W | om | en's 1500 Meter | s | |
| | | И | /om | en's 200 Meters | | | | 1 | 34 Beth SYKES | JR | | 4:34.51 | 3/2 |
| 1 | 32 | Janya MOORE | SO | ^{#9} Fayetteville Stat | 24.23w | (2.7) | 3/22 | 2 | 72 Savanna HARDMAN | JR | #15 Davis and Elkins | 4:40.54 | 3/2 |
| 2 | 56 | Asheika SMITH | SO | #12 Winston-Salem S | 24.61 | (1.4) | 3/22 | 3 | Jana SCHMID | SR | #7 Point Park (Pa.) | 4:44.19 | 3/2 |
| 3 | 58 | Valerie BOARDS | JR | Frostburg State | 24.64w | (3.9) | 3/29 | 4 | Natalie BARR | SO | #19 Glenville State | 4:44.34 | 3/2 |
| 4 | 74 | Colette PATTI | SO | #3 Charleston (W.Va | 24.74 | (0.5) | 3/29 | 5 | Kate PIPILO | SR | #13 Seton Hill | 4:44.49 | 3/2 |
| 5 | 75 | Diamond RUSH | SR | ^{#7} Point Park (Pa.) | 24.75 | (-2.0) | 3/22 | 6 | Kadi BAUER | so | #10 Edinboro | 4:44.91 | 3/2 |
| 6 | 84 | Loreena MANSER | FR | ^{#17} California (Pa.) | 24.78 | (0.0) | 3/29 | 7 | Madison WOOLWINE | SR | #3 Charleston (W.Va | 2} 4:45.40 | 3/2 |
| 7 | 92 | Morgan COVERSON- | FR | #11 Claflin | 24.85 | (-0.5) | 3/22 | 8 | Ella HESSON | SR | #15 Davis and Elkins { | | 3/2 |
| | | SPRINGS | | | | | | 9 | Nicole CARROLL | so | ^{#8} Lock Haven | 4:46.57 | 3/2 |
| 8 | | Beth SCHEARER | SO | #6 Kutztown | 24.93 | (2.0) | 3/29 | 10 | Emily WALLACE | SR | #18 Concord | 4:46.60 | 3/2 |
| 9 | | Ronee TUDOR | | ^{#9} Fayetteville Stat{2 | | (2.7) | 3/22 | | | | en's Steeplechas | | |
| 10 | | Berna ZUKINA | | #10 Edinboro | 25.05 | (0.0) | 3/29 | 1 | 2 Anna IGIMS | SR | | 10:19.02 | 3/2 |
| 10 | | Brianna BENLOSS | SO | #12 Winston-Salem S{2 | 2} 25.05 | (-0.1) | 3/22 | _ | 31 Sophia KNERR | SR | | 11:22.61 | 3/2 |
| | | И | /om | en's 400 Meters | | | | | 68 Morgan DENNISON | SR | | 2} 11:50.95 | 3/2 |
| 1 | 14 | Kamani JOHNS | SR | Lincoln (Pa.) | 55.10 | | 3/29 | | 74 Ella HESSON | | #15 Davis and Elkins | 11:55.06 | 3/2 |
| 2 | 19 | Berna ZUKINA | JR | #10 Edinboro | 55.48 | | 3/29 | | 81 Lotte ZETHOF | JR | | 11:59.40 | 3/2 |
| 3 | 64 | Candace MORRIS | so | #23 West Virginia Sta | 56.91 | | 3/29 | | 86 Jenna BARNETT | | #19 Glenville State | 12:02.68 | 3/2 |
| 4 | 71 | Jayla WOODS | FR | #23 West Virginia Sta{2 | 2} 57.06 | | 3/29 | | 93 Gwyn KEITH | | #22 Indiana (Pa.) | 12:07.28 | 3/2 |
| 5 | 74 | Alyssa WERT | JR | #1 Shippensburg | 57.17 | | 3/29 | 8 | 95 Claire HAUSER | SR | | 12:09.06 | 3/2 |
| | 79 | Maya CLARK | SO | #3 Charleston (W.Va | 57.28 | | 3/29 | 9 | 99 Anessa PIGULA | | #13 Seton Hill | 12:14.68 | 3/2 |
| | | | | Johnson C. Smith | 57.46 | | 3/22 | | | | | | |
| 6 | | Gabrielle MAYE | SO | Johnson C. Smit | 51.40 | | | 10 | Megan ELGRIM | IP | #4 Fast Stroudsburg | 12:15.28 | 2/3 |
| 6 7 | 87 | Gabrielle MAYE Jaime PRESTON | | #23 West Virginia Sta{ | | | 3/29 | 10 | Megan ELGRIM | JR | #4 East Stroudsbur | 12:15.28 | 3/2 |
| 6 7 8 | 87 89 | | SO | | 3} 57.52 | | | 10 | Megan ELGRIM | JR | #4 East Stroudsbur | 12:15.28 | 3/2 |



WOMEN – 2025 Checkpoint #1, April 1

Athletic

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| | | | | | | Alla | 111 |
| | | Wa | om | en's 5000 Mete | rs | | |
| 1 | 49 | Lauren TWYMAN | JR | #15 Davis and Elkins | s 17:26.45 | 3/29 | 1 |
| 2 | 51 | Leigha HALL | SR | #21 West Virginia W | e 17:26.94 | 3/22 | |
| 3 | 69 | Kate SZEP | SR | #10 Edinboro | 17:39.57 | 3/22 | |
| 4 | | Madeline CURTIS | SR | #17 California (Pa.) | 18:09.70 | 3/29 | |
| 5 | | Allison PLASSIO | SR | ^{#7} Point Park (Pa.) | 18:11.67 | 3/29 | - |
| 6 | | Amanda KELLY | JR | #20 Bloomsburg | 18:19.42 | 3/29 | |
| 7 | | Ellie GOLDBERG | JR | #16 West Chester | 18:25.23 | 3/29 | |
| 8 | | Katie SLIMON | SO | #10 Edinboro | {2} 18:32.54 | 3/22 | 3 |
| 9 | | Rose MUTURI | so | #24 Virginia State | 18:32.74 | 3/22 | |
| 10 | | Hannah WEAVER | SR | #22 Indiana (Pa.) | 18:35.96 | 3/29 | |
| | | Wo | me | n's 10,000 Met | ers | | 4 |
| 1 | 69 | Madison CORNETT | SR | #18 Concord | 39:11.20 | 3/15 | |
| 2 | 74 | Victoria MATTIOLI | JR | #1 Shippensburg | 39:25.63 | 3/29 | |
| 3 | 75 | Payton FALKENSTEIN | SO | # <mark>4</mark> East Stroudsbu | ri 39:29.18 | 3/29 | |
| 4 | 76 | Kiera WIMBUSH | SO | # <mark>4</mark> East Stroudsbu | r _i {2} 39:29.21 | 3/29 | |
| 5 | 79 | Morgan HESS | JR | #1 Shippensburg | {2} 39:36.21 | 3/29 | |
| 6 | 80 | Maura LENHART | SO | #6 Kutztown | 39:40.58 | 3/29 | (|
| 7 | 95 | Kaydence STRANGE | FR | ^{#8} Lock Haven | 40:16.58 | 3/22 | |
| 8 | 98 | Morgan LESNANSKY | JR | #14 West Liberty Sta | a 40:30.41 | 3/29 | |
| 9 | 100 | Jaelyn D'AMELIO | SR | #6 Kutztown | {2} 40:33.21 | 3/29 | |
| 10 | | Sarah TURNER | SO | #18 Concord | {2} 41:27.02 | 3/15 | |

| nti | ic | | as of 4/1/2025 7:53:24 AM ET | | | | | | | | |
|-----|----|--|----------------------------------|-------|------|--|--|--|--|--|--|
| | | Wor | nen's 4x100 Relay | , | | | | | | | |
| 1 | 23 | Kamauree Randolph, Asheika Smith, Lydia Chapple, Brianna Benloss | #12 Winston-Salem S | 46.60 | 3/29 | | | | | | |
| 2 | 30 | Malaysia Barber, Janya Moore, Ziyah Etchison, Ronee Tudor | #9 Fayetteville Stat | 46.98 | 3/22 | | | | | | |
| 3 | 34 | Jhourni Eason, Jadah Rasool, Morgan Coverson-Springs, Brea Childs | #11 Claflin | 47.14 | 3/22 | | | | | | |
| 4 | 41 | Kiana Young, Beth Schearer, Raechel Bonner, Brook Smith | #6 Kutztown | 47.37 | 3/29 | | | | | | |
| 5 | 42 | Aleisia Robinson, Destiny Ross-Bates, Amaya Williams, Ty'kira Garrett | Livingstone | 47.39 | 3/22 | | | | | | |
| 6 | 47 | Eden Ramirez, Desairey Gray, Jada Starks, Markeria King | #24 Virginia State | 47.59 | 3/22 | | | | | | |
| 7 | 51 | Maliah McCann- Coles, Alexandra Pekic, Maya Clark, Colette Patti | #3 <mark>Charleston (W.Va</mark> | 47.81 | 3/21 | | | | | | |
| 8 | 52 | #Type! | #16 West Chester | 47.92 | 3/29 | | | | | | |
| 9 | 53 | Aisha Carrington, Leannah Jordan, Ida Rose Moore, Sabianka Alexis | Lincoln (Pa.) | 47.96 | 3/29 | | | | | | |
| 10 | 54 | Isabella Mastria, Lucy Crowe, Erin Collins, Valerie Boards | Frostburg State | 47.98 | 3/29 | | | | | | |



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| | | | | Atla | nti | ic | | | as c | of 4/1/2025 | 7:53:24 A | AM ET |
|------|--|--|---------|---|-------------|-------------|---|----------------------|--|---|--|--------------------------|
| | W | omen's 4x400 Relay | , | | | | L | Non | nen's Pole Vaul | t | | |
| 26 | Haley Brenny, Nemani Moon, Artemis Conaboy, Layla Robertson | #13 Seton Hill | 3:51.88 | 3/29 | 2 | 32 | Anna SCHUESSLER Natalie HOLLAND Annika HUMMEL | FR | #17 California (Pa.) #6 Kutztown #16 West Chester | 3.66m 3.65m 3.65m | 12-0 11-11 ³ / ₄ 11-11 ³ / ₄ | 3/2 3/2 3/2 |
| 28 | Simone Kelly, Asheika Smith, Daijion Lee, Olivia Cosby | #12 Winston-Salem S | 3:52.15 | 3/22 | 4 4 | 54 54 | Keala MCCURRY Taylor FUNK Kaylie GROFF | | #16 West Chester | 3.50m {2}3.50m {2}3.50m | 11-5 ³ / ₄ 11-5 ³ / ₄ 11-5 ³ / ₄ | 3/2 3/2 3/2 |
| 39 | Jonnica Fuller, Obiageli Akubude, Morgan Coverson- Springs, Brea Childs | #11 Claflin | 3:55.39 | 3/22 | | 54 84 | Allison TAYLOR Carissa BENDER Megan MALECKI Reese RUGGIERO | JR SO SR SO | | 3.50m 3.50m 3.40m 3.36m | 11-5¾ 11-5¾ 11-1¾ 11-¼ | 3/2 3/2 3/2 3/2 |
| 40 | Emily Calamia, Melanie Barger, Madison Malcolm, Alyssa Wert | #1 <mark>Shippensburg</mark> | 3:55.96 | 3/29 | 1 2 | | Ky'Ara ROSS Sasha LEE | - | en's Long Jum #14West Liberty Sta #1 Shippensburg | - | 20-1½ (-3 18-10¾ (0 | |
| 49 | Aubrey Sydnor, Jillian Sydnor, Miranda Jimenez, Brye Wojcik | #5 <mark>Millersville</mark> | 3:58.07 | 3/29 | 4 5 | 26 49 | Baylee BLAUSER Sierra LANHAM Zariyah WHIGHAM Devin HUBLER | FR | #14 West Liberty Sta | 5.71m a{2}5.69m {2}5.60m 5.59m | 18-8¾ (-2 18-8 (-3.4 18-4½ (0. 18-4¼ (0. |) 3/2 0) 3/2 |
| 52 | Thomyka Valcent, Keneah Romney, Ty'kira Garrett, Trinity Bumbry | Livingstone | 3:58.74 | 3/29 | 7 7 | 56 56 | Holley JOHNSON Charnessa REID Anijah MEDLEY | JR SR | #9 Fayetteville Sta #12 Winston-Salem #25 Bowie State | t 5.58mw | 18-3 ³ / ₄ (4. 18-3 ³ / ₄ (1. 18-2 ¹ / ₄ (-0 | 0) 3/2 2) 3/2 |
| 57 | Natalie Gentzel, Nicole Carroll, Lillian Bradley, Elizabeth Shultz | ^{#8} Lock Haven | 4:00.13 | 3/29 | | | | om) | #3 ^{Charleston (W.Vennerstein (W.Vennerstein von 1997)} | 1p | 18-1½ (1. | |
| 66 | Kirsten Gross, Loreena Manser, Bekah Priano, Alessandra Peccon | #17 California (Pa.) | 4:02.59 | 3/29 | 1 2 3 | 4 8 9 | Sasha LEE Shannon HARNETT Domanique KNOWLES | SR FR SR | #4 East Stroudsbu | n 12.13m | 40-9¾ (0. 39-9¾ (1. 39-3 (0.5) | 1) 3/2 |
| 69 | Lucy Crowe, Erin Collins, Isabella Mastria, Valerie Boards | Frostburg State | 4:03.51 | 3/29 | 5 | 23 | Laura DELGADO DE TORRES Zariyah WHIGHAM | JR FR | #1 Shippensburg | {2} 11.68m | 38-4 (0.2) | 3/2 |
| 0 76 | Sierrah Matthews, Ashley Bell, Repline Cheptoo, Brenda Cheboi | ^{#9} Fayetteville Stat | 4:06.55 | 3/22 | 7 | 31 39 | Delaney BEARD Nijah LEWIS Jhnyia KNUCKLES Anne GARDNER | | | 11.53m 11.46m | 38-3¼ (0. 37-10 (1.5 37-7¼ (0. 37-6 (0.6) | 5) 3/ 2 8) 3/2 |
| | И | 'omen's High Jump | | | 10 | 55 | Aria GOODE | SR | Johnson C. Smit | tl{2} 11.29m | 37-½ (0.0 |) 3/2 |
| | Shannon HARNETT | FR #4 East Stroudsburg | 1.73m | 5-8 3/29 | | | | | men's Shot Put | | | |
| 8 | Cierra PARKER | FR #18 Concord | 1.71m | 5-7¼ 3/22 5-7 2/22 | | | Yassine KAMARA | | #25 Bowie State | 14.39m | | 3/2 |
| | Porschia BENNETT Domanique KNOWLES | FR #4 East Stroudsbur _l {2 SR #9 Fayetteville Stat | | 5-7 3/22 5-6 3/22 | 3 | 51 | Sarah HESSLER Sarah CORRIE | JR SR | - | 13.05m 12.87m | 42-2 ¾ | 3/2 3/2 |
| 20 | Dunya VAN DEN TOOREN | FR #7 Point Park (Pa.) | 1.66m | 5-5¼ 3/22 | 5 | 70 | Janae SCOTT Aaliyah WHYTE Rebecca MARTIN | JR JR JR | ^{#9} Fayetteville Sta | 12.68m t 12.67m {2}12.56m | 41-7 | 3/2 3/2 3/2 |
| | Reagan IRONS | SO #8 Lock Haven | 1.65m | 5-5 3/29 | | | ShanAnn SIMMONS | SR | | 12.38m | | 3/2 |
| | Madeline NEWARK | JR #10 Edinboro | 1.65m | 5-5 3/22 | | | Olivia HECKMAN | JR | | {3} 12.35m | | 3/2 |
| | Paige GRIFFITH | JR #2 Slippery Rock | 1.62m | 5-3¾ 3/29 | 9 | 50 | Maddy DOWNS | SR | | {2} 12.24m | | 3/3 |
| | Ally RICHWINE | JR #1 Shippensburg | 1.60m | 5-3 3/22 | 10 | | Janiya HARMON | | #24 Virginia State | 12.20m | | 3/ |
| 63 | Ashley LAUKUS | SO #1 Shippensburg | 1.60m | 5-3 3/22 | | | | | | | | 5/ |



USTFCCCA NCAA Division II Outdoor Track & Field USTFCCCA NCAA DIVISION II OULUOOL HUE

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| | | | Wo | omen's Discus | | | |
|----|----|-------------------------|-----|-----------------------------------|-------------------|--------|--------|
| 1 | 7 | Yassine KAMARA | | #25 Bowie State | 48.35m | 158-8 | 3/29 |
| 2 | 21 | Brooke BURNS | SR | #3 Charleston (W.Va | 45.85m | 150-5 | 3/29 |
| 3 | 36 | Sarah HESSLER | JR | #5 Millersville | 44.05m | 144-6 | 3/29 |
| 4 | 77 | Pamela KANDRACH | FR | #14 West Liberty Sta | 41.59m | 136-6 | 3/22 |
| 5 | 78 | Janae SCOTT | JR | ^{#19} Glenville State | 41.53m | 136-3 | 3/22 |
| 6 | 89 | Janiya HARMON | JR | #24 Virginia State | 40.99m | 134-6 | 3/22 |
| 7 | 93 | Sierra DAVIS | so | #14 West Liberty Sta | {2} 40.67m | 133-5 | 3/22 |
| 8 | 95 | Maddy DOWNS | SR | #5 Millersville | {2} 40.63m | 133-4 | 3/29 |
| 9 | 96 | Makalya DECKER | SR | #1 Shippensburg | 40.62m | 133-3 | 3/29 |
| 10 | 98 | Ashanti WRIGHT | JR | Shaw | 40.53m | 133-0 | 3/29 |
| | | J | Vor | nen's Hammer | | | |
| 1 | 9 | Brooke BURNS | SR | #3 Charleston (W.Va | 56.14m | 184-2 | 3/29 |
| 2 | 16 | Samiyah LITTLE | SR | # <mark>4</mark> East Stroudsburg | 53.81m | 176-7 | 3/22 |
| 3 | 21 | Sarah HESSLER | JR | #5 Millersville | 53.04m | 174-0 | 3/29 |
| 4 | 56 | Maddy DOWNS | SR | #5 Millersville | {2} 49.38m | 162-0 | 3/29 |
| 5 | 64 | Seya TRUJILLO | JR | #5 Millersville | {3} 48.81m | 160-2 | 3/29 |
| 6 | 95 | Lauren BELLOWS | JR | #1 Shippensburg | 46.78m | 153-6 | 3/29 |
| 7 | | Ella NILSSON | SO | #3 Charleston (W.Va | {2} 46.38m | 152-2 | 3/29 |
| 8 | | Addy COTTRILL | JR | ^{#19} Glenville State | 46.27m | 151-10 | 3/29 |
| 9 | | Autumn STEWART | SO | #2 Slippery Rock | 46.04m | 151-1 | 3/29 |
| 10 | | Alyssa VANGORDER | JR | #8 Lock Haven | 45.92m | 150-8 | 3/22 |
| | | | Wo | men's Javelin | | | |
| 1 | 7 | Abby REASONER | SR | #1 Shippensburg | 47.25m | 155-0 | 3/29 |
| 2 | 14 | Kelly LESZCYNSKI | JR | #20 Bloomsburg | 46.27m | 151-10 | 3/29 |
| 3 | | Hannah CASSNER | SO | | {2} 44.02m | 144-5 | 3/29 |
| 4 | | Kaylla WILLIAMS | | #22 Indiana (Pa.) | 41.38m | 135-9 | 3/22 |
| 5 | | Olivia SFORZA | SR | #4 East Stroudsburg | | 134-1 | 3/22 |
| 6 | | Isabella BARTOLETTI | JR | #2 Slippery Rock | 40.30m | 132-3 | 3/22 |
| 7 | | Eden RUSH | | #10 Edinboro | 40.14m | 131-9 | 3/29 |
| 8 | | Abbey` HENGST | | | {2} 39.56m | 129-10 | 3/29 |
| 9 | | Catherine MANCINO | SR | | {3} 39.05m | 128-2 | 3/29 |
| 10 | 67 | Autumn PETTINATO | SR | Clarion | 38.05m | 124-10 | 3/29 |
| | | | - | en's Heptathlo | | | a (a a |
| 1 | 9 | Madeline NEWARK | | #10 Edinboro | 4,632 | | 3/22 |
| 2 | | Ellie ZURO | SO | Pitt Johnstown | 4,154 | | 3/29 |
| 3 | | Cassidy HAMMONDS | | #18 Concord | 4,107 | | 3/22 |
| 4 | 33 | Koschinya JEFFERSON | SR | #13 Seton Hill | 3,928 | | 3/29 |
| 5 | 42 | Dunya VAN DEN TOOREN | FR | ^{#7} Point Park (Pa.) | 3,754 | | 3/29 |
| 6 | 52 | Madelyn MILLER | JR | #2 Slippery Rock | 3,538 | | 3/29 |
| 7 | 57 | Emma ROEMER | SO | #7 Point Park (Pa.) | {2} 3,417 | | 3/29 |
| 8 | 58 | Casey COLCOMBE | FR | #7 Point Park (Pa.) | {3} 3,411 | | 3/29 |
| 9 | 65 | Leighanne SWAN | SO | #2 Slippery Rock | {2} 3,227 | | 3/29 |
| 10 | 71 | Autumn WYATT | JR | #2 Slippery Rock | {3} 3,080 | | 3/29 |
| | | | | | | | |



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| Women's 100 Meters Women's 400 Meter Hurdles 1 5 Diandfenique GANRS SR 12 Pittsburg State 11.43 (L.S) 3/28 1 2 Morgan HERTZ SR 42 U-Mary 59.83 2 15 Ta Mijha NCHOLS SG 12 Vittsburg State 11.43 (L.S) 3/28 1 2 Morgan HERTZ SR 42 U-Mary 59.83 10 <th>_</th> | _ |
|---|--------|
| 2 IS Ta'Mijha NICHOLS SO IS Washburn 11.62 (1.4) 3/25 3/25 O deshia NANTON SO Value Lincoln (Mo.) 1:90.64 3 16 Lalla CLEARE JR 2/2 Value Mark SR Value Mark | |
| 3 16 Laita CLEARE JR 12 U-Mary 11.64 (1.4) 327 Shevanae THOMAS SR 410 Lincoln (Mo.) (2)100.66 4 20 Campbell BARTA FR #11 Northwest Misso 11.170 (0.7) 378 4 44 Abigael REID SR 12-Emporia State 100.291 5 37 KcKenzie HAYSE FR #5 Washburn (2)11.30W (2)2 372 6 30 Lisa RETAILEAU JR #14 anding 100.291 6 40 Reventa TAYLOR SR #17 Northern State 100.201 372 8 49 Belle LINDSEY SO 40 41.40 40 <t< th=""><th>3/2</th></t<> | 3/2 |
| 4 20 Campbell BARTA FR #11 Northwest Misso 11.70 (0.5) 3/26 5 30 Lis RETAILLEN JR #14 and ing 10.0.91 5 37 McKenzie HAYSE FR 50 Misshburn (2.1) 3/22 5 30 Lis RETAILLEN JR #14 and ing 10.0.91 6 0 Rayon NUBINE FR 19 History State (2.1) 3/22 7 45 Bernadette BELZER 50 40 Mayon AUGINE (2.1) 3/21 3/25 5 31 Isbella DAVIE FR 12 Emporia State (2.1) 4.4 10 56 AHyper HEVVER FR 12 Emporia State (2.1) 4.4 10 56 AHyper HEVVER FR 12 Emporia State (2.1) 4.4 10 56 FR 12 Emporia State (2.1) 4.4 10 56 FR 12 Emporia State (2.1) 4.4 10 56 FR 12 Emporia State (2.1) 4.4 4.5 4.4 4.5 4.5 4.5 4.5 4.5 4.5 4.5 4.5 <td>3/2</td> | 3/2 |
| 5 37 McKenzie HAYSE FR 35 37 McKenzie HAYSE FR 35 30 Lia RETAILLEAU JR 12 Harding 1:02.96 6 40 Kayvon NUBINE FR 12 Pittsburg State (2)1:1.90w (2.2) 3/26 6 32 Renea TAYLOR SR 12 Nonchina Baptis 1:00.96 6 40 Kayvon NUBINE FR 12 Pittsburg State (2)1:04.46 10 5 31 1:0 5 Ashelic LINDSEY 50 40 Uachina Baptis 1:04.46 10 42 Kayvon NUBINE FR 12 Pittsburg State (2)1:04.46 10 5 Ashelic LINDSEY 50 40 Uachina Baptis 1:04.46 2 Kayvon NUBINE FR 12 Pittsburg State (2)1.95W 3/30 13 2 13 2 12 12 14 4 Eizabeth ACHESON SR 42 ULMary 2:05.07c (2:05.74A 2 Aalyannah SO *10 Mittsburg State (2)1.95W 3/30 1/32 3 3 1<4 | 3/2 |
| 6 40 Renea TAYLOR SR #17 Northern State 11.90w (2.1) 3/22 6 32 Renea TAYLOR SR #17 Northern State 1:02.96 6 40 Agyon NUBINE FR applitisturg State (2):11.90w (2.7) 3/28 7 46 Bernadette BELZER SO 2)-U-Mary (2):104.06 [3] 8 2 Brooklynn HOLTMAN //////////////////////////////////// | 3/2 |
| 6 40 Kayvon NUBINE FR Pittsburg State [2]:1.90w (2.2) 3/28 7 46 Bernadette BELZER S0 P2U-Mary (2]:04.06 8 42 Brooklynn HOLTMAN JR #8 Central Missouri 11.91w (3.7) 3/26 9 49 Belle LINDSEY S0 49 Ouachita Baptis 10.4.6 9 47 Maya PATTISON JR #5 Mashburn 10.4.6 10 49 Jaurdin MALDRY S0 10 10 56 Ashlya PATTISON JR #5 Mashburn 10.04.9 1 2 Kayvon NUBINE FR Pittsburg State 13.60w C.6 3/28 1 4 Elizabeth ACHSON SR #10 Introhwest Missou? 11.83 3 3 Dakufee WINN SR Pittsburg State 121.3.98w C.6 3/28 4 40 Lisa RETAILLEAU JR #11 Northwest Missou? 13.43 4 16 Ashyina SAVAGE JR #7 #1.30b A 7 7 7 7 7 7 7 7 | 3/2 |
| 8 42 Brooklynn HOLTMAN JR #8 Central Missouri 11.91w (2.7) 3/25 8 49 Belle LINDSEY SO #4 Ouachita Baptist 1:04.16 9 47 Maya PATTISON JR #5 Washburn (3)11.94 (0.5) 3/28 9 53 Isabella DAVIE FR #12 Emporia State (2)1:04.46 10 49 Jaurdin MALLOY SO #11 Northwest Misso(2)11.95w /3.10 S6 Ashly HEAVNER FS 50 Mathematical State (2)1:04.46 1 2 Kayvon NUBINE FR 10 Mitsburg State (2)1.03.40 3/20 3 1 4 Elizabeth ACHESON SR #2 U-Mary 2:05.07c (2:05.774) 3 30 Lyda MCHESON SR #11 Northwest Misso (2)1.33.98w (2.6) 3/28 4 4 U isa RETAILLEAU JR #11 Northwest Misso (2)1.33 30 Lyda Mathema Baptist 2:11.83 4 16 Ashyiria SAVAGE JR #7 Missouri Southe 14.18 (2.0) 3/25 5 FK Holthoma Baptist 2:11.43 4 0 <td>3/2</td> | 3/2 |
| 9 77 Maya PATTISON JR #5 Washburn (3)11.94 (0.5) 3/26 9 53 Isabella DAVIE FR #12 Emporia State (2)1:04.46 10 49 Jaurdin MALLORY SO #11 Northwest Misso(2)11.95w (3.2) 3/28 10 56 Ashley HEAVNER JR #5 Washburn 1:04.49 1 2 Kayvon NUBINE FR 12 Pittsburg State 13.60w (2.6) 3/28 1 4 Elizabeth ACHESON SR 22 U-Mary 2:05.07C (2:05.774) 3 9 Blakelee WINN SR #11tsburg State (2:13.98w (2.6) 3/28 4 40 Lisa RETAILLEAU JR #11.Northwest Misso 2:11.83 4 16 Ashyiria SAVAGE JR #11 Motinees Misso 2:11.43 2:14.92 5 5 Kimber MKINNE SR #6 Oklahoma Bapti: 2:14.92 5 5 Kimber MKINNE SR #6 Oklahoma Bapti: 2:14.92 1 8 2 Pittsburg State 2:13.43 1 1 1 1 1 1 1 < | 3/2 |
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| Women's 100 Meter Hurdles 1 2 Kayvon NUBINE FR Pittsburg State 13.60w (2.6) 3/28 1 4 Elizabeth ACHESON SR #2 U-Mary 2:05.07c (2:05.774) 3 3 9 Blakelee WINN SR #2 U-Mary 2:05.07c (2:05.774) 4 16 Ashyina ANDERSON SO #10 Lincoln (Mo.) 13.96 (1.9) 3/29 2 13 Clareia BRUENING SR #2 U-Mary 2:05.07c (2:05.774) 3 9 Blakelee WINN SR #0 Hitsburg State (2:1.013 30 Lydia MCGLOCKLIN JR #11Northwest Misso 211.83 4 16 Ashyiria SAVAGE JR #7 Missouri Southe 14.18 (2:0) 312 6 74 Shayina HENDRIX S0 #6 Oklahoma Bapti 21.17 312 5 38 Belle LINDSEY S0 #6 Oklahoma Bapti 14.21 (-0.4) 3122 9 | 3/2 |
| 1 2 Kayvon NUBINE FR 2 Pittsburg State 13.60w (2.6) 3/28 1 4 Elizabeth ACHESON 20.Mary 2:05.07c (2:05.74A) 2 8 Aaliyannah SO #10 Lincoln (Mo.) 13.96 (1.9) 3/28 2 13 Claire BRUENING SR #1 Pittsburg State 2:10.13 3 3 1 4 Elizabeth ACHESON SR #1 Pittsburg State 2:11.83 3 3 1 4 4 0 Lias RETAILLEU JR #1 Handring 2:13.43 3 3 1 4 4 0 Lias RETAILLEU JR #1 Handring 2:13.43 5 5 Kimberly MCKINNEY SR #6 Oklahoma Bapti 2:13.43 5 5 5 5 Kimberly MCKINNEY SR #6 Oklahoma Bapti 2:13.43 5 5 5 5 Kimberly MCKINNEY SR #6 Oklahoma Bapti 2:13.43 5 5 5 5 5 6 TA shayna HENDRIX SO #6 Oklahoma Bapti 2:13.26 5 6 TA shayna HENDRIX SO #6 O | 3/2 |
| 2 8 Aaliyannah ANDERSON S0 #10 Lincoln (Mo.) 13.96 (1.9) 3/25 2 13 Claire BRUENING SR 12 Pittsburg State 2:10.13 3 9 Blakelee WINN SR 12 Pittsburg State (2)13.98w (2.6) 3/26 4 16 Ashyiria SAVAGE JR # TMissouri Southe 14.18 (2.0) 3/26 5 17 Isabelle PETERS SR 12 Pittsburg State (2)13.98w (2.6) 3/28 6 19 Valerie OLSON SR # 6 Oklahoma Bapti: 14.18 (2.0) 3/26 7 8 Belle LINDSEY SO # 6 Oklahoma Bapti: 2:14.92 1.6 7 28 Belle LINDSEY SO # 0 uachita Baptist 14.39 (2.1) 3/26 9 9 Katlen CLEM JR # 18 Southeastern Ok 2:17.23 1.6.74 8 24 Dariay UADRS JR # 17 Worthern State 1.4.9w 2.0 3/27 1.7 Kates STRADER SR # 19 1.17.3 1.8 1.8 | |
| ANDERSON 3 30 Lydia MCGLOCKLIN JR #11 Northwest Misso 2:11.83 3 9 Blakelee WINN SR 10 Pittsburg State (2)13.98w (2.6) 3/28 4 40 Lisa RETAILLEAU JR #14nding 2:13.43 5 17 Isabelle PETERS SR 10 Pittsburg State (3)14.20w (2.6) 3/28 5 5 Kimberly MCKINNEY SR #6 Oklahoma Bapti 2:14.92 6 19 Valerie OLSON SR #6 Oklahoma Bapti 14.21 (.0.4) 3/29 8 8 Baley WRIDE SO #6 Oklahoma Bapti 2:16.74 7 81 20 Pityah LEE SO #5 Oklahoma Bapti 4:39 13.1 3/20 9 9 Kallen CLEM JR #18 Southeastern Ok 17.23 9 33 Renea TAYLOR SR #17 Northern State 14.49w (2.2) 3/27 1 7 Kate STRADER SR #19 Pittsburg State 4:23.12 (4:2.8) 3/3 37 Diandreingue GAINES SR #2 U-Mary | A) 3/2 |
| 3 9 Blackelee WINN SR 2 Pittsburg State {2}13.98w (2.6) 3/28 4 4 16 Ashyiria SAVAGE JR # 7 Missouri Southe 14.18 (2.0) 3/28 5 17 Isabelle PETERS SR # 1 Pittsburg State {3}14.20w (2.6) 3/28 5 5 Kimberly MCKINNEY SR # 6 Oklahoma Bapti {2}11.43 6 19 Valerie OLSON SR # 6 Oklahoma Bapti {14.21 (-0.4) 3/29 7 81 Zoee WEAVER SR # 6 Oklahoma Bapti {3}2:16.65 7 28 Belle LINDSEY SO # 4 Ouchita Baptis 14.39 (1.1) 3/29 9 3 Kaylee JAMES M # 50 wishburn 14.43w (2.4) 3/22 9 9 Katen CLEM JR # 18 Southeastern Ok 2:17.23 9 9 N athen of Maxima Bapti {4}2:17.38 9 9 N athen of Maxima Bapti {4}2:17.38 16 17 7 Kate STRADER SR # 12 Worther State 12.16.74 9 33 Kaylee JAMES J# # 13 with wortheastern Ok 2:17.23 9 9 N athen of Maxima Bapti {4}2:17.38 17.23 < | 3/2 |
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| 6 19 Valerie OLSON SR #6 Oklahoma Bapti: 14.21 (-0.4) 3/29 7 81 Zoee WEAVER SR #6 Oklahoma Bapti: 21:6.65 7 28 Belle LINDSEY SO #4 Ouachita Baptist 14.39 (1.1) 3/29 8 32 Deriayah LEE SO #15 Central Oklahom 14.43w (3.1) 3/22 9 33 Kaylee JAMES JR #5 Washburn 14.49w (2.6) 3/28 9 33 Renea TAYLOR SR #17 Northern State 14.49w (2.2) 3/27 1 4 Tionce WALROND SO #2 U-Mary 23.31 (0.8) 3/27 2 5 Sakena MASSIAH SR #2 U-Mary {23.31 (0.8) 3/27 3 8 Laila CLEARE JR #2 U-Mary {23.35 (0.8) 3/27 4 9 Diandrenique GAINES S #2 U-Mary {3}23.55 (0.8) 3/27 5 Sa kana MASSIAH S #1 Pittsburg State 23.61w (3.1) | 3/2 |
| 7 28 Belle LINDSEY S0 #4 Quachita Baptisi 14.39 (1.1) 3/29 8 84 Bailey WRIDE S0 #25 Minot State 216.74 8 32 Deriayah LEE S0 #15 Central Oklahorr 14.43w (3.1) 3/22 9 9 Katlee JAMES JR #5 Washburn 14.49w (2.6) 3/28 9 33 Renea TAYLOR SR #17 Northern State 14.49w (2.2) 3/22 1 4 Tionce WALROND S0 #2 U-Mary 23.31 (0.8) 3/27 2 5 Sakena MASSIAH SR #2 U-Mary (3)23.55 (0.8) 3/27 3 8 Laila CLEARE JR #2 U-Mary (3)23.55 (0.8) 3/27 5 Sakena MASSIAH SR #1 Pittsburg State 23.61w (3.1) 3/28 5 83 Audrey HILL JR #24 khasas Tech 4:41.82 6 6 87 Bailey WRIDE S0 #25 Minot State 4:42.37 7 5 | 3/2 |
| 8 32 Deriayah LEE S0 #15 Central Oklahorr 14.43w (3.1) 3/22 9 90 Katlen CLEM JR #18 Southeastern Ok 2:17.23 9 33 Renea TAYLOR SR #17 Northern State 14.49w (2.2) 3/28 9 33 Renea TAYLOR SR #17 Northern State 14.49w (2.2) 3/22 1 4 Tionce WALROND SR #17 Northern State 14.49w (2.2) 3/22 2 5 Sakena MASSIAH SR #210-Mary 23.31 (0.8) 3/27 3 73 Dinah WINDERS JR #3 Harding 4:40.58 2 5 Sakena MASSIAH SR #210-Mary {3}23.55 (0.8) 3/27 3 73 Dinah WINDERS JR #3 Harding 4:40.58 3 8 Laila CLEARE JR #210-Mary {3}23.55 (0.8) 3/27 3 73 Dinah WINDERS JR #3 Harding 4:40.58 4 9 Diandreinique GAINES SR #1 Pittsburg State <td>3/2</td> | 3/2 |
| 9 33 Kaylee JAMES JR #5 Washburn 14.49w (2.6) 3/28 9 33 Renea TAYLOR SR #1 Northern State 14.49w (2.2) 3/28 1 4 Tionce WALROND SO #2 U-Mary 23.31 (0.8) 3/21 2 5 Sakena MASSIAH SR #2 U-Mary (2)23.37 (0.8) 3/21 3 8 Laila CLEARE JR #2 U-Mary (2)23.37 (0.8) 3/21 5 Sakena MASSIAH SR #2 U-Mary (2)23.37 (0.8) 3/21 3 8 Laila CLEARE JR #2 U-Mary (2)23.55 (0.8) 3/21 5 20 Jamiya MORGAN SR #1 Pittsburg State (2)2.4.12w (3.1) 3/28 6 24 Valerie OLSON SR #6 Okahoma Bapti 2.4.19 (1.4) 3/29 7 26 Tayen WERNER FR #2 U-Mary {4}24.20 (0.8) 3/21 | 3/2 |
| 9 33 Renea TAYLOR SR #17 Northern State 14.49w (2.2) 3/22 Women's 1500 Meters 1 4 Tionce WALROND SO #2 U-Mary 23.31 (0.8) 3/27 2 5 Sakena MASSIAH SR #2 U-Mary 23.31 (0.8) 3/27 3 8 Laila CLEARE JR #2 U-Mary {2}:3.31 (0.8) 3/27 3 8 Laila CLEARE JR #2 U-Mary {3}:23.55 (0.8) 3/27 4 9 Diandrenique GAINES SR #1 Pittsburg State 23.61w 3/31 3/28 5 20 Jamiya MORGAN SR #1 Pittsburg State 23.61w 3/31 3/28 6 24 Valerie OLSON SR #6 Oklahoma Bapti: 24.19 3/3 3/27 7 26 Fooklahoma SP #6 Oklahoma Bapti: 24.19 3/327 3/327 7 26 Fooklahoma Bapti: 24.19 <td>3/2</td> | 3/2 |
| Women's 200 Meters Women's 1500 Meters 1 4 Tionce WALROND SO #2 U-Mary 23.31 (0.8) 3/27 2 5 Sakena MASSIAH SR #2 U-Mary {2}3.37 (0.8) 3/27 3 8 Laila CLEARE JR #2 U-Mary {3}23.55 (0.8) 3/27 4 9 Diandrenique GAINES SR #1 Pittsburg State 23.61w (3.1) 3/28 5 20 Jamiya MORGAN SR #1 Pittsburg State (23.1) 3/28 6 24 Valerie OLSON SR #1 Pittsburg State (23.1) 3/28 7 26 Tayen WERNER FR #2 U-Mary {4}24.20 (0.8) 3/27 7 26 Brooklynn HOLTMAN JR #8 Central Missouri 24.20w (2.6) 3/27 9 41 Aaliyannah ANDERSON SO #10 Lincoln (Mo.) 24.39w (3.1) 3/28 1 3 | 3/2 |
| 1 4 Tionce WALROND SO #2 U-Mary 23.31 (0.8) 3/27 2 5 Sakena MASSIAH SR #2 U-Mary {2}2.3.37 (0.8) 3/27 3 8 Laila CLEARE JR #2 U-Mary {2}2.3.37 (0.8) 3/27 4 9 Diandrenique GAINES JR #2 U-Mary {3}2.3.55 (0.8) 3/27 4 9 Diandrenique GAINES SR #1 Pittsburg State 23.61w (3.1) 3/28 5 20 Jamiya MORGAN SR #1 Pittsburg State (2).4.10w (3.1) 3/28 6 24 Valerie OLSON SR #1 Pittsburg State (2).4.10w (3.1) 3/28 7 26 Tayen WERNER FR #2 U-Mary {4}2.4.20w (2.6) 3/27 7 26 Brooklynn HOLTMAN JR #8 Central Missouri 24.20w (2.6) 3/29 9 Jasie PARKS JR #3 Harding {2}1.44.16 | |
| 2 5 Sakena MASSIAH SR #2 U-Mary {2}23.37 (0.8) 3/27 3 73 Dinah WINDERS JR #3 Harding 4:40.58 3 8 Laila CLEARE JR #2 U-Mary {3}23.55 (0.8) 3/27 4 75 Eve WEBER SR #5 Washburn 4:40.76 4 9 Diandrenique GAINES SR #1 Pittsburg State 23.61w (3.1) 3/28 5 83 Audrey HILL JR #22 Arkansas Tech 4:41.82 5 20 Jamiya MORGAN SR #1 Pittsburg State {2}24.12w (3.1) 3/28 6 87 Bailey WRIDE SO #25 Minot State 4:42.37 7 26 Tayen WERNER FR #2 U-Mary {4}24.20 (0.8) 3/27 3/29 Josie PARKS JR #3 Harding {2}4:44.61 9 Josie PARKS JR #3 Harding {2}4:44.61 9 Josie PARKS JR #3 Harding {2}4:44.76 10 Mackenzie DAVIS </td <td>A) 3/2</td> | A) 3/2 |
| 3 8 Laila CLEARE JR #2 U-Mary {3}23.55 (0.8) 3/27 4 75 Eve WEBER SR #5 Washburn 4:40.76 4 9 Diandrenique GAINES SR #1 Pittsburg State 23.61w (3.1) 3/28 5 83 Audrey HILL JR #22 Arkansas Tech 4:41.82 5 20 Jamiya MORGAN SR #1 Pittsburg State {2}24.12w (3.1) 3/28 6 87 Bailey WRIDE SO #25 Minot State 4:42.37 6 24 Valerie OLSON SR #6 Oklahoma Bapti: 24.19 (1.4) 3/29 7 99 Kate NACHTIGAL JR #4 Ouachita Baptist 4:44.11 7 26 Tayen WERNER FR #2 U-Mary {4}24.20 (0.8) 3/27 8 Jaci MCGREGOR SR #4 Ouachita Baptist{2}4:44.61 9 Josie PARKS JR #3 Harding {2}4:44.76 9 Josie PARKS JR #3 Harding {2}4:44.76 9 Josie PARKS <t< td=""><td>A) 3/2</td></t<> | A) 3/2 |
| 4 9 Diandrenique GAINES SR #1 Pittsburg State 23.61w (3.1) 3/28 5 20 Jamiya MORGAN SR #1 Pittsburg State {2}24.12w (3.1) 3/28 6 24 Valerie OLSON SR #6 Pittsburg State {2}24.12w (3.1) 3/28 7 26 Tayen WERNER FR #2 U-Mary {4}24.20 (0.8) 3/27 7 26 Brooklynn HOLTMAN JR #8 Central Missouri 24.20w (2.6) 3/29 9 41 Aaliyannah ANDERSON SO #10 Licoln (Mo.) 24.39w (3.1) 3/29 10 49 Gabriella APELIAN FR #2 U-Mary {5}24.56 (1.6) 3/27 1 3 Tetiana FR #2 U-Mary {5}24.56 (1.6) 3/27 1 3 Eve WEBER SR #4 Ouachita Baptist{3}4:45.22 10 Mackenzie DAVIS SR #4 Ouachita Baptist 10:42.08 <td< td=""><td>3/2</td></td<> | 3/2 |
| 5 20 Jamiya MORGAN SR #1 Pittsburg State {2}24.12w (3.1) 3/28 6 87 Bailey WRIDE SO #25 Minot State 4:42.37 6 24 Valerie OLSON SR #6 Oklahoma Bapti: 24.19 (1.4) 3/29 7 99 Kate NACHTIGAL JR #4 Ouachita Baptist 4:44.11 7 26 Tayen WERNER FR #2U-Mary {4}24.20 (0.8) 3/27 9 Kate NACHTIGAL JR #4 Ouachita Baptist 4:44.11 8 Jaci MCGREGOR SR #4 Ouachita Baptist{2}4:44.61 9 Josie PARKS JR #3 Harding {2}4:44.76 9 41 Aaliyannah ANDERSON SO #10 Lincoln (Mo.) 24.39w (3.1) 3/29 10 Mackenzie DAVIS SR #4 Ouachita Baptist{3}4:45.22 Women's 400 Meters 1 3 Eve WEBER SR #5 Washburn 10:42.08 2 6 Kate NACHTIGAL JR #4 Ouachita Baptist 10:48.83 1 3 Eve WEBER SR #5 | 3/2 |
| 6 24 Valerie OLSON SR #6 Oklahoma Bapti: 24.19 (1.4) 3/29 7 26 Tayen WERNER FR #2 U-Mary {4}24.20 (0.8) 3/27 7 26 Brooklynn HOLTMAN JR #8 Central Missouri 24.20w (2.6) 3/29 9 41 Aaliyannah ANDERSON SO #10 Lincoln (Mo.) 24.39w (3.1) 3/29 10 49 Gabriella APELIAN FR #2 U-Mary {5}24.56 (1.6) 3/27 1 3 Tetiana FR #3 Harding 54.20 3/22 3/22 | 3, |
| 7 26 Tayen WERNER FR #2 U-Mary {4}24.20 (0.8) 3/27 7 26 Brooklynn HOLTMAN JR #8 Central Missouri 24.20w (2.6) 3/29 9 41 Aaliyannah ANDERSON SO #10 Lincoln (Mo.) 24.39w (3.1) 3/29 10 49 Gabriella APELIAN FR #2 U-Mary {5}24.56 (1.6) 3/27 Women's 400 Meters 1 3 Tetiana FR #3 Harding 54.20 3/22 | 3/2 |
| 7 26 Brooklynn HOLTMAN JR #8 Central Missouri 24.20w (2.6) 3/29 9 Josie PARKS JR #3 Harding {2}4:44.76 9 41 Aaliyannah ANDERSON SO #10 Lincoln (Mo.) 24.39w (3.1) 3/29 10 Mackenzie DAVIS SR #4 Quachita Baptist[3]4:45.22 10 49 Gabriella APELIAN FR #2U-Mary {5}24.56 (1.6) 3/27 Women's Steeplechase 1 3 Eve WEBER SR #5 Washburn 10:42.08 2 6 Kate NACHTIGAL JR #4 Quachita Baptist 10:48.83 1 3 Tetiana FR #3 Harding 54.20 3/22 | 3, |
| 9 41 Aaliyannah ANDERSON SO #10 Lincoln (Mo.) 24.39w (3.1) 3/29 10 Mackenzie DAVIS SR #4 Quachita Baptist{3}4:45.22 10 49 Gabriella APELIAN FR #2 U-Mary {5}24.56 (1.6) 3/27 Women's 400 Meters 1 3 Tetiana FR #3 Harding 54.20 3/22 1 3 Tetiana FR #3 Harding 54.20 3/22 | 3, |
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| Interpretation Inter | 3, |
| Women's 400 Meters 1 3 Eve WEBER SR #5 Washburn 10:42.08 2 6 Kate NACHTIGAL JR #4 Quachita Baptist 10:48.83 3 Tetiana FR #3 Harding 54.20 3/22 3 10 Josie PAPKS JR #3 Harding 10:52.71 | |
| 1 3 Tetiana FR #3 Harding 54.20 3/22 3 10 Josie PARKS JR #4 Ouachita Baptist 10:48.83 | 3/2 |
| | 3/2 |
| | 3/2 |
| 4 11 Marissa DICK SR #1 Pittsburg State 10:55.52 | 3/2 |
| 2 5 Sakena MASSIAH SR #2U-Mary 54.45 3/27 12 Mathibus Dieter 01 11 11 11 11 12 Mathibus Dieter 01 11 <td>3,</td> | 3, |
| 4 21 Tayen WERNER FR #2 U-Mary {2}55.53 3/27 6 19 Macie CASH SR #4 Ouachita Baptist{3}11:07.99 | 3/2 |
| 5 24 Jamiya MORGAN SR #1 Pittsburg State 55.62 3/21 7 44 Avery STANLEY JR #22 Arkansas Tech 11:32.42 | 3, |
| 6 31 Treasure VALLERIE SO #15 Central Oklahor 55.97 3/22 8 50 Katlen CLEM JR #18 Southeastern Ok 11:36.19 | 3, |
| 7 35 Sai BROOKINS- SO #15 Central Oklahom{2}56.11 3/22 9 51 Mayson HARTLEY SO #11 Northwest Misso 11:38.33 | 3/2 |
| FLEMING 10 52 Madison MARCO SO Southwest Minne 11:39.05 | 3/2 |
| 8 46 Lisa RETAILLEAU JR #3 Harding {2}56.43 3/22 | |
| 9 47 Kelescia DOWNES FR #2 U-Mary {3}56.49 3/27 | |
| 10 50 Abigail BROOKS SR #10 Lincoln (Mo.) 56.63 3/29 | |





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| | | W | ome | en's 5000 Meters | | |
| 1 | 1 | Paige MULLEN | SO | #1 Pittsburg State 16:11.62 | 3/28 | |
| 2 | 8 | Ella BAKKEN | SR | Augustana (S.D.) 16:41.44 | 3/28 | |
| 3 | 15 | Alyssa BECKER | SR | #2 U-Mary 16:48.94c (17:15.35A) | 3/29 | |
| 4 | 19 | Hannah GIBSON | SO | #1 Pittsburg State {2}16:52.18 | 3/28 | ł |
| 5 | 31 | Kylie ANDERSON | JR | #24 Winona State 17:02.31 | 3/28 | |
| 6 | 40 | Lorna RAE PIERCE | FR | #1 Pittsburg State {3}17:14.21 | 3/28 | |
| 7 | 53 | Andrijana FUNDAK | SR | #2 U-Mary {2} 17:28.13c(17:55.57A) | 3/29 | |
| 8 | 57 | Lilah GENEL | JR | #7 Missouri Souther 17:33.62 | 3/28 | |
| 9 | 61 | Isabella FROST | SO | #7 Missouri Southei{2}17:35.76 | 3/28 | |
| 10 | 66 | Jayna GUNTER | SO | #7 Missouri Southei{3}17:37.42 | 3/28 | |
| | | Wo | me | n's 10,000 Meters | | |
| 1 | 5 | Sophia STRANGE | SR | #6 Oklahoma Bapti: 34:33.68 | 3/28 | |
| 2 | 23 | Mackenzie DAVIS | SR | #4 Ouachita Baptist 36:38.24 | 3/20 | |
| 3 | 35 | Allison HYLKEMA | JR | #4 Ouachita Baptist{2} 37:17.47 | 3/20 | |
| 4 | 43 | McKenna TAYLOR | SR | #24 Winona State 37:32.60 | 3/28 | |
| 5 | 62 | Madeline PALMER | JR | #24 Winona State {2} 38:47.69 | 3/28 | 5 |
| 6 | 81 | Emelia ERIKSSON | SO | #4 Ouachita Baptist{3} 39:41.66 | 3/20 | |
| 7 | 89 | Meg SWINDLE | FR | #4 Ouachita Baptist{4} 40:00.27 | 3/20 | |
| 8 | 91 | Jadyn PAVLIK | SR | #6 Oklahoma Bapti:{2} 40:07.71 | 3/28 | |
| 9 | 92 | Jade ROBINSON | SR | #6 Oklahoma Bapti:{3}40:08.43 | 3/28 | |
| 10 | | Felicity WEST | SR | #22 Arkansas Tech 41:03.36 | 3/20 | |

| tra | l | | as of - | 4/1/2025 7:53:25 | AM ET |
|-----|----|---|----------------------------------|------------------|-------|
| | | Wom | en's 4x100 Relay | 1 | |
| 1 | 3 | Isabelle Peters, Blakelee Winn, Diandrenique Gaines, Kinleigh Hall | #1 Pittsburg State | 45.07 | 3/28 |
| 2 | 9 | Ta'Mijha Nichols, Alyssa Hutcherson, Maya Pattison, McKenzie Hayse | #5 <mark>Washburn</mark> | 45.99 | 3/28 |
| 3 | 19 | Asia Foster, Delaney Riekert, Deja Rose, Olivia Tate | #6 Oklahoma Bapti: | 46.24 | 3/29 |
| 4 | 20 | Aaliyannah Anderson, Shantae George, Mattie Brown, Monea Carey | #10 Lincoln (Mo.) | 46.37 | 3/29 |
| 5 | 40 | Kerrigan Huynh, Treasure Vallerie, Sai Brookins-Fleming, Genevieve Young | #15 Central Oklahon | 47.35 | 3/29 |
| 6 | 43 | Aryah Moore, Morgan Pork, Ashyiria Savage, Maggie Kauk | #7 Missouri Southeı | 47.42 | 3/29 |
| 7 | 50 | Harmonie Hughes, Diamond Hilton, Gabriella Hall, Darianne Thompson | #23 Northwestern Ol | 47.76 | 3/22 |
| 8 | 59 | Addrienna Gray, Anna Woolsey, Belle Lindsey, Angie Rojas | #4 <mark>Ouachita Baptist</mark> | 48.12 | 3/20 |
| 9 | 60 | Leila Ngapout, Tetiana Kharashchuk, Kewes Gomes, Jerlana Williams | #3 Harding | 48.14 | 3/8 |
| 10 | 64 | Je'Mela Harris, Andria Williams, Jaiden Leighton, Ashton Carter | #18 Southeastern Ok | 48.19 | 3/8 |



WOMEN – 2025 Checkpoint #1, April 1



| | | | | Cer | ntra | al | | | as c | of 4/1/2025 | 7:53:25 A | M E |
|----|--------------------------------------|--------------------------------|---------|--------------------------------------|------|----|-------------------|-----|--|-------------------|---------------------|------|
| | Wa | omen's 4x400 Rela | у | | | | и | /om | en's Pole Vaul | t | | |
| 5 | Abigail Brooks, | #10 Lincoln (Mo.) | 3:41.57 | 3/29 | 1 | 2 | Kyla DAVIS | SR | #1 Pittsburg State | 4.17m | 13-8¼ | 3/ |
| | Shevanae Thomas, | | | | 1 | 2 | Isabel DEMARCO | FR | #5 Washburn | 4.17m | 13-8¼ | 3 |
| | Odeshia Nanton, Shantae George | | | | 3 | 4 | Annabeth BAALMANN | JR | #20 Fort Hays State | 4.15m | 13-7¼ | 3 |
| 12 | - | #3 Harding | 3:44.64 | 3/29 | 4 | 6 | Cannon BOOKER | FR | #1 Pittsburg State | {2} 4.07m | 13-4¼ | 3 |
| 12 | Tetiana | Tarung | 3.44.04 | 3/23 | 4 | 6 | Isabelle PETERS | SR | #1 Pittsburg State | {2} 4.07m | 13-4¼ | 3 |
| | Kharashchuk, Jayden | | | | 6 | 12 | Quincey TURNER | FR | #1 Pittsburg State | {4} 3.87m | 12-8¼ | 3 |
| | Bowman, Omolara | | | | 6 | 12 | Reagan HOUSLEY | SO | #5 Washburn | {2} 3.87m | 12-8¼ | 3 |
| | Ogunmakinju | #15.0 | | - / | 6 | 12 | Mia MANLEY | JR | ^{#12} Emporia State | 3.87m | 12-8¼ | 3 |
| 17 | Sai Brookins- Fleming, Kerrigan | ^{#15} Central Oklahom | 3:47.61 | 3/29 | 9 | 18 | Cadence SANSOM | JR | #3 Harding | 3.80m | 12-5½ | |
| | Huynh, Deriayah Lee, | | | | 9 | 18 | Karyna VEHNER | JR | #3 Harding | 3.80m | 12-5½ | |
| | Treasure Vallerie | | | | | | W | om | en's Long Jum | D | | |
| 31 | Tayen Werner, | #2 <mark>U-Mary</mark> | 3:52.49 | 3/27 | 1 | 4 | Blakelee WINN | SR | | 6.04m | 19-9¾ (1. | 3) |
| | Gabriella Apelian, | | | | 2 | 5 | Miranda LAUVSTAD | JR | ^{#9} Minnesota State | | 19-9 (3.9) | |
| | Bernadette Belzer, Sakena Massiah | | | | 3 | 6 | Anisha HENDERSON | SR | #6 Oklahoma Bapti | | 19-8¾ (3. | |
| 32 | Delaney Riekert, | #6 Oklahoma Bapti: | 3:53.59 | 3/29 | 4 | 7 | Marissa AUSTENE | FR | | | 19-7 (2.2) | |
| - | Olivia Tate, Mary | a o o canona Bapta | 5155155 | 0/20 | 5 | | Carly TUCKER | | #3 Harding | | 19-1½ (3.9 | |
| | McKey, Asia Foster | | | | | | Anna BRUNO | | #2U-Mary | 5.79m | 19-0 (1.0) | |
| 33 | Diandrenique Gaines, | #1 Pittsburg State | 3:53.82 | 3/28 | - | | Phebe THOMPSON | FR | | | | |
| | Blakelee Winn, | | | | | | Campbell BARTA | | #11 Northwest Misso | | 18-8 (2.0) | |
| | Maggie Salsbury, Payton Phillips | | | | | | Deuna MILLER | SR | Southwestern 0 | | 18-7 (0.7) | |
| 37 | Anna Woolsey, Laynie | #4 Ouachita Baptist | 3.55 14 | 3/20 | _ | | Abbey HENRY | | #14 Missouri Wester | | | |
| 51 | White, Angie Rojas, | | 5.55.14 | 5/20 | 10 | 51 | | | n's Triple Jum | | 10 0/1 (11 | •/ • |
| | Joey Babel | | | | 1 | 6 | Hanna ONOFRIIEVA | | #3 Harding | - | 40-2¾ (1.) | 1) : |
| 42 | Abigael Reid, Scarlett | ^{#12} Emporia State | 3:56.17 | 3/28 | _ | | Theresa OSEI | | #5 Washburn | | 38-101/4 (1 | |
| | Begley, Barbara Bentum, Isabella | | | | | | Kinley SMITH | so | | | v 38-6¼ (2. | |
| | Davie | | | | | | Renee NICHOL | | #12 Emporia State | | v 37-9½ (2.8 | |
| 71 | Andria Williams, | #18 Southeastern Ok | 4:03.75 | 3/22 | 5 | | Jayda HARRIS | | #12 Emporia State | {2} 11.49m | | |
| | Tailyn Higginbotham, | | | | 6 | | Myah MORRIS | JR | #8 Central Missouri | | 37-8 (2.0) | |
| | Madison Rowe, | | | | 7 | | Karyna VEHNER | | #3 Harding | {2} 11.46m | | |
| ~~ | La'Najah Ticey | #22 No. 41 | 4.00.45 | 2/22 | 8 | | Brittania INGRAM | | #10 Lincoln (Mo.) | | 37-6½ (0.0 | |
| 89 | Anayah Green, Camille Dates, | #23 Northwestern Ol | 4:09.45 | 3/22 | | | Anna NASSET | | #10 Lincolin (MO.) #2 U-Mary | | v 37-1 (2.4) | |
| | Tiauna Buchanan, | | | | _ | | | | #14 Missouri Wester | | v 36-11½ (3 | |
| | Taylor Bass | | | | 10 | 50 | Abbey HENRY | | | | V 30-11/2 (3 | |
| | W | 'omen's High Jump |) | | 1 | - | Makenzie GARR | | n <mark>en's Shot Put</mark> ^{#14} Missouri Wester | | 50-101/ | |
| 2 | Jamora HORACE | JR #6 Oklahoma Bapti: | 1.77m | 5-9¾ 3/29 | 1 | 1 | | | | | | |
| 17 | Viktoriia ERMOLAEVA | SO #9 Minnesota State | 1.67m | 5-5 ³ / ₄ 3/28 | 2 | 2 | Dailynn VANDEREN | | #7 Missouri Southe | | | - |
| 20 | Dani MINSAAS | SO #16 Sioux Falls | 1.66m | 5-5¼ 3/28 | 3 | | Briar GILLUM | SO | #7 Missouri Southe | | | - |
| 27 | Ally CHEEK | SO #3 Harding | 1.65m | 5-5 3/1 | 4 | 9 | Allyssa MAHONE | | #14 Missouri Wester | ••• | | 1 |
| 27 | Jerrica PACHL | SR #2 <mark>U-Mary</mark> | 1.65m | 5-5 3/22 | 5 | | Irieyanna WILSON | | #19 Southern Arkan | | 45-41/4 | |
| 27 | Makaylin | SR St. Cloud State | 1.65m | 5-5 3/28 | | | Altyn BARTLEY | SO | #6 Oklahoma Bapti | | | 1 |
| | CHRISTENSON | | | | _ | | Abby LASITER | JR | #1 Pittsburg State | 13.57m | | 1 |
| 27 | Kiera BLANKINSHIP | SR #3 Harding | 1.65m | 5-5 3/22 | | | Lily NOVACEK | | #13 NebKearney | 13.21m | | 3 |
| 27 | Haila LEAKE | FR #1 Pittsburg State | 1.65m | 5-5 3/28 | | | Mony ANDERSEN | JR | ^{#9} Minnesota State | | | 3 |
| 27 | Tayla DOBRENSKI | SO #17 Northern State | 1.65m | 5-5 3/22 | 10 | 32 | Adriel HOLLOWAY | JR | #5 Washburn | 13.14m | 43-11/2 | 3 |
| | | | | | | | | | | | | |





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as of 4/1/2025 7:53:25 AM ET

| | | | | | Central |
|----|----|-------------------------|-----|---|---------|
| | | | Wa | omen's Discus | |
| 1 | 2 | Ilaria VILLA | JR | #5 Washburn 51.73m 169-9 | 3/28 |
| 2 | 5 | Reilly YOUNG | SR | #21 Wayne State (Ne 48.88m 160-5 | 3/28 |
| 3 | 6 | Emma SLADE | FR | #20 Fort Hays State 48.81m 160-2 | 3/28 |
| 4 | 10 | Jade BYRD | SR | #6 Oklahoma Bapti: 48.02m 157-7 | 3/23 |
| 5 | 11 | Kirsten WOMACK | so | #7 Missouri Souther 47.53m 155-11 | 3/28 |
| 6 | 14 | Toree SLAVIK | SO | #13 NebKearney 46.92m 153-11 | 3/28 |
| 7 | 16 | Brooklyn STAAB | SR | #13 NebKearney {2}46.15m 151-5 | 3/28 |
| 8 | 18 | Briar GILLUM | SO | #7 Missouri Souther{2}46.02m 151-0 | 3/28 |
| 9 | 19 | Jessica SAUNDERS | SR | #20 Fort Hays State {2}45.99m 150-11 | 3/28 |
| 10 | 22 | Allyssa MAHONE | SR | #14 Missouri Westerr 45.80m 150-3 | 3/21 |
| | | Ľ | Voi | men's Hammer | |
| 1 | 1 | Lily NOVACEK | JR | #13 NebKearney 63.92m 209-9 | 3/28 |
| 2 | 8 | Lily BENEKE | SR | #9 Minnesota State 56.26m 184-7 | 3/28 |
| 3 | 10 | Paola CASTALDI | SR | #5 Washburn 55.84m <i>183-3</i> | 3/28 |
| 4 | 12 | Dailynn VANDEREN | FR | #7 Missouri Souther 55.13m 180-11 | 3/28 |
| 5 | 19 | Jade BYRD | SR | #6 Oklahoma Bapti: 53.56m 175-9 | 3/29 |
| 6 | 24 | Kailyn THOMAS | | #19 Southern Arkans 52.61m 172-7 | 3/8 |
| 7 | 27 | Allyssa MAHONE | SR | #14 Missouri Westerr 52.15m 171-1 | 3/21 |
| 8 | | Mony ANDERSEN | JR | #9 Minnesota State {2} 51.66m <i>169-6</i> | 3/28 |
| 9 | | Hailey BAKER | | #21 Wayne State (Ne 51.55m 169-2 | 3/28 |
| 10 | 33 | Kirsten WOMACK | SO | #7 Missouri Souther{2}51.54m 169-1 | 3/28 |
| | | | | men's Javelin | |
| 1 | 1 | Keilee JOHNSON | JR | #7 Missouri Souther 50.12m 164-5 | 3/28 |
| 2 | 2 | Addison THROCKMORTON | FR | #8 Central Missouri 50.09m 164-4 | 3/29 |
| 3 | 3 | Luisarys TOLEDO | IR | #11 Northwest Misso 49.19m <i>161-5</i> | 3/28 |
| 4 | 6 | Olivia VANDERWEIDE | SO | | 3/23 |
| 5 | 10 | Karsyn KANSLER | SO | #8 Central Missouri {2} 47.02m 154-3 | 3/29 |
| 6 | 11 | Ally FOX | SO | #8 Central Missouri {3} 46.58m 152-10 | |
| 7 | 13 | Ashley LOW | FR | #23 Northwestern Ol 46.42m 152-4 | 3/29 |
| 8 | 15 | Gracie RINER | FR | #1 Pittsburg State {2} 44.95m 147-6 | 3/29 |
| 9 | | Blakelee WINN | SR | | 3/28 |
| 10 | 26 | Shelby SOGAARD | JR | | 3/29 |
| | | W | om | en's Heptathlon | |
| 1 | 1 | Miranda LAUVSTAD | JR | ^{#9} Minnesota State 5,529 | 3/28 |
| 2 | 2 | Valerie OLSON | SR | #6 Oklahoma Bapti: 5,428 | 3/29 |
| 3 | 3 | Naiuri KREIN | JR | #5 Washburn 5,207 | 3/28 |
| 4 | 4 | Viktoriia ERMOLAEVA | SO | #9 Minnesota State {2}5,174 | 3/28 |
| 5 | 5 | Abriel THRASH | SO | Southern Nazare 4,996 | 3/29 |
| 6 | 7 | Kristen JONES | SO | #8 Central Missouri 4,654 | 3/29 |
| 7 | 12 | Belle LINDSEY | SO | #4 Ouachita Baptist 4,600 | 3/7 |
| 8 | 24 | Morgan SHELDON | JR | #17 Northern State 4,268 | 3/22 |
| 9 | 25 | Carly TUCKER | FR | #3 Harding 4,265 | 3/7 |
| 10 | 27 | Laynie WHITE | SR | #4 Ouachita Baptist{2}4,199 | 3/7 |



USTFCCCA NCAA Division II Outdoor Track & Field USTFCCCA NCAA DIVISION II OULUOOL HALL Regional TFRI Event Summary

WOMEN – 2025 Checkpoint #1, April 1

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| | | | | | | Ea | ast | | | as of | 4/1/2025 7:53:25 | AM ET |
|-------------|------------------|-----|--------------------------------|--------------------|--------|------|-------------|-------------------|-----|--------------------------------|--------------------|-------|
| | И | /om | en's 100 Meters | s | | | | Wome | en' | s 400 Meter Huro | lles | |
| 1 | Sophia HINES | | #9 Molloy | 12.22 | (2.0) | 3/29 | 1 | Brianna COATES | | #3 Holy Family (Pa.) | | 3/2 |
| 2 | Ryley DIXON | FR | #12 Goldey-Beacom | 12.38 | (-0.1) | 3/8 | 2 | Danalee BROCK | SR | #3 Holy Family (Pa. [2 | 2} 1:07.15 | 3/2 |
| 3 | Chimeremya ODOH | FR | #1 Felician | 12.43 | (1.0) | 3/29 | 3 | Liv DREWLING | FR | ^{#12} Goldey-Beacom | 1:07.67 | 3/2 |
| 4 | Shareve BLAIR | FR | <mark>#4</mark> Adelphi | 12.46 | (0.6) | 3/29 | 4 | Selena ERTELL- | FR | #1 Felician | 1:09.34 | 3/2 |
| 5 | Inioluwa | SR | ^{#13} Staten Island | 12.74 | (2.0) | 3/29 | | EASLEY | | — | | |
| | OGUNFOWORA | | | | | | 5 | Samantha MORRISON | JR | #8 UDC | 1:09.54 | 3/2 |
| 6 | Precious DILLON | JR | #13 Staten Island | {2} 12.78 | (0.7) | 3/29 | 6 | Jada PETERSON | FR | #3 Holy Family (Pa. [| 3} 1:09.68 | 3/2 |
| 7 | Aalianne GILBERT | | #7 St. Thomas Aqui | | (2.7) | 3/29 | 7 | Anne NOONAN | SO | #1 Felician {2 | 2} 1:10.44 | 3/2 |
| 8 | Tiara CARGILL | SO | #18 Dominican (N.Y.) | 12.85w | (2.7) | 3/29 | 8 | Adonijah | FR | #13 Staten Island | 1:10.46 | 3/2 |
| 9 | Lakay-Sha CLARKE | FR | #2 New Haven | 12.91 | (0.4) | 3/29 | | WASHINGTON | | | | |
| 10 | Kahdia JONES | SR | #3 Holy Family (Pa.) | 12.93 | (0.2) | 3/22 | 9 | Yalix LINA | FR | | 2} 1:10.86 | 3/2 |
| | Wom | en' | s 100 Meter Hur | dles | | | 10 | Jada BONDS | FR | #2 New Haven | 1:10.90 | 3/2 |
| 1 19 | Jada KAMTHA | SO | #2 New Haven | 14.21 | (1.9) | 3/29 | | W | | en's 800 Meters | | |
| 2 93 | Kyndra HINES | FR | #8 UDC | 15.02w | (2.2) | 3/22 | 1 75 | Annalee CAPUANO | JR | #11 Jefferson (Pa.) | 2:16.20 | 3/2 |
| 3 | Jada CARROLL | SR | #1 Felician | 15.08 | (0.5) | 3/29 | 2 | Samantha MORRISON | JR | #8 UDC | 2:20.28 | 3/2 |
| 4 | Aarysa MOORE | SO | #1 Felician | {2} 15.21 | (0.7) | 3/29 | 3 | Jadyn MULLEN | FR | ^{#10} Roberts Wesleya | 2:20.96 | 3/1 |
| 5 | Aniya BUSH | SO | #2 New Haven | {2} 15.27 | (1.9) | 3/29 | 4 | Zoe MERRYMAN | | #7 St. Thomas Aqui | 2:22.73 | 3/1 |
| 6 | Jadyn MULLEN | FR | ^{#10} Roberts Wesleya | 15.56 | (-4.2) | 3/19 | 5 | Eva GONZALEZ | FR | <mark>#4</mark> Adelphi | 2:23.33 | 3/2 |
| 7 | Kayleigh SHELTON | JR | #8 UDC | {2} 15.59 | (-2.8) | 3/29 | 6 | Imani FITZPATRICK | JR | #1 Felician | 2:23.85 | 3/2 |
| 8 | Rebecca SCHULTZ | JR | #15 Daemen | 16.22 | (0.0) | 3/29 | 7 | Amirah BEASLEY | SR | #5 Georgian Court | 2:24.01 | 3/2 |
| 9 | Nicole GYSIN | SR | #7 St. Thomas Aqui | 16.53 | (0.7) | 3/29 | 8 | Megan SOHL | SR | #9 Molloy | 2:24.04 | 3/2 |
| 10 | Skylar SAVAGE | SO | #14 D'Youville | 16.58 | (0.0) | 3/29 | 9 | Acacia BARBER | SR | #10 Roberts Wesleya | 2} 2:25.78 | 3/1 |
| | И | /om | en's 200 Meters | s | | | 10 | Eliana MCNAMEE | SR | #17 Caldwell | 2:27.92 | 3/2 |
| 1 | Ryley DIXON | - | ^{#12} Goldey-Beacom | 25.38 | (0.5) | 3/29 | | Wa | om | en's 1500 Meters | ; | |
| 2 | Chimeremya ODOH | FR | - | 25.90 | (0.8) | 3/29 | 1 71 | Annalee CAPUANO | JR | #11 Jefferson (Pa.) | 4:40.24 | 3/2 |
| 3 | Katelyn PERAZZIA | | #3 Holy Family (Pa.) | | (-1.0) | 3/22 | 2 | Zoe MERRYMAN | SO | #7 St. Thomas Aqui | 4:52.74 | 3/2 |
| 4 | Lakay-Sha CLARKE | | #2 New Haven | 26.24w | (2.4) | 3/29 | 3 | Catherine CATIPAY | SR | #1 Felician | 5:00.17 | 3/2 |
| 5 | Fiona MALONEY | SR | | 26.25w | (2.1) | 3/29 | 4 | Rachel HORNER- | JR | #10 Roberts Wesleya | 5:00.49 | 3/1 |
| 6 | Chantoya THOMAS | SR | | {2} 26.31 | (-1.0) | 3/22 | | RICHARDSON | | | | |
| 7 | Kahdia JONES | | #3 Holy Family (Pa.) | •• | (-0.4) | 3/29 | 5 | Hannah POWELL | JR | #11 Jefferson (Pa.) {2 | 2} 5:00.86 | 3/2 |
| 8 | Sophia HINES | | #9 Molloy | 26.56 | (-0.2) | 3/23 | 6 | Lydia SMITH | SR | #14 D'Youville | 5:01.02 | 3/2 |
| 8 | Kyndra HINES | | #8 UDC | 26.56 | (-2.0) | 3/29 | 7 | Tiffany BANNIING | JR | #6 Wilmington (Del. | 5:01.92 | 3/1 |
| 10 | Yulessa JOHNSON | | #7 St. Thomas Aqui | | (-0.1) | 3/15 | 8 | Ciara DURCAN | SR | #7 St. Thomas Aqui{2 | 2} 5:04.12 | 3/2 |
| 10 | | | | | (••=) | 5/15 | 9 | Natalie MCFADDEN | SO | #11 Jefferson (Pa.) { | 3} 5:05.09 | 3/2 |
| | | - | en's 400 Meters | | | 2/22 | 10 | Camryn BAILEY | SR | #15 Daemen | 5:05.51 | 3/2 |
| 1 | Chantoya THOMAS | | #1 Felician | 58.84 | | 3/22 | | Wo | me | n's Steeplechas | e | |
| 2 | Mia MARTINEZ | SR | | {2} 59.77 | | 3/29 | 1 59 | Natalie MCFADDEN | | ^{#11} Jefferson (Pa.) | 11:41.29 | 3/2 |
| 3 | Rayniah MERCEDAT | | #2 New Haven | 59.82 | | 3/29 | 2 66 | Carli SCHEIFFELE | FR | #9 Molloy | 11:49.30 | 3/2 |
| 4 | Liv DREWLING | | #12 Goldey-Beacom | | | 3/29 | 3 80 | Lucia KUTNER | JR | - | 11:58.54 | 3/2 |
| 5 | Darrian LEWIS | _ | | {3} 1:00.09 | | 3/29 | 4 | Kathleen HEALY | JR | | 2} 12:25.59 | 3/2 |
| 6 | Ryley DIXON | | #12 Goldey-Beacom | | | 3/23 | 5 | Sumaira MAYAN | | | 2} 12:36.06 | 3/2 |
| 7 | Fiona MALONEY | | #4 Adelphi | 1:00.95 | | 3/29 | 6 | Rebecca DALTON | | #16 Chestnut Hill | 12:40.96 | 3/2 |
| 8 | Kelisa BECKETT | | #3 Holy Family (Pa.) | | | 3/29 | 7 | Samantha FRISBEE | SR | | 13:11.42 | 3/2 |
| 9 | Maya HARPER | | #3 Holy Family (Pa.) | | | 3/29 | 8 | Emma POLLOCK | | #2 New Haven | 13:56.81 | 3/2 |
| | Deja CURRY | IR | #6 Wilmington (Del. | 1:01.80 | | 3/15 | | | | | | -/- |
| 10 | | 5/ | | 1.01.00 | | -, | 9 | Tahasia THOMAS | SR | #1 Felician | 14:07.89 | 3/2 |



WOMEN – 2025 Checkpoint #1, April 1

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| abrina SPEZIA sydney WATTS iffany BANNIING coe MERRYMAN coe MERRYMAN sammy BANNING ana ESHRAGHI sarah LORENZ audrey PHAM Meredith REILLY osie THOMPSON Wor iffany BANNIING cynthia DELAPAZ imma MCNAMEE Ciara DURCAN | JR #9 MolloyJR #9 MolloySR #16 Chestnut HillJR #6 Wilmington (Del.SO #7 St. Thomas AquinJR #6 Wilmington (Del.{2SR #11 Jefferson (Pa.)FR #11 Jefferson (Pa.)JR #11 Jefferson (Pa.)SO #21 Saint Michael'sFR #2 New Havenmen 's 10,000 MeterJR #6 Wilmington (Del.SR #1 FelicianSR #3 Holy Family (Pa.) | 18:29.35 18:35.45 18:48.15 18:54.64 2}19:37.90 19:46.89 2}19:59.33 2]20:05.50 21:24.81 21:25.61 | 3/29 3/15 3/15 3/15 3/23 3/23 3/23 3/23 3/22 3/29 | 2 3 4 | 54 #Type! 55 #Type! 72 #Type! 94 #Type! 97 #Type! 97 #Type! 98 #Type! 98 #Type! 99 #Type! 99 #Type! 99 #Type! 90 #Type! 90 #Type! 90 #Type! 91 #Type! 92 #Type! 93 #Type! 94 #Type! 94 #Type! 95 #Type! 96 #Type! 96 #Type! 96 #Type! 96 #Type! 97 #Type! 97 #Type! 98 #Type! 98 #Type! 98 #Type! 99 #Type! 99 #Type! 99 #Type! 90 #Type! 90 #Type! 90 #Type! 90 #Type! 91 #Type! 92 #Type! 94 # | | en's 4x400 Relay #1 Felician #8 UDC #3 Holy Family (Pa.) #2 New Haven #17 Caldwell #6 Wilmington (Del. #7 St. Thomas Aquin | 3:59.44 4:02.36 4:04.03 4:10.33 4:10.96 4:14.94 4:20.13 | | 3/29 3/29 3/29 3/29 3/29 3/29 3/15 |
|---|---|--|--|---|--|---|---|---|---|--|
| igdney WATTS iffany BANNIING Coe MERRYMAN Gammy BANNING Gammy BANNING Garah LORENZ Audrey PHAM Meredith REILLY osie THOMPSON WO Iffany BANNIING Cynthia DELAPAZ Gama MCNAMEE Ciara DURCAN | SR#16 Chestnut HillJR#6 Wilmington (Del.SO#7 St. Thomas AquinJR#6 Wilmington (Del.SR#11 Jefferson (Pa.)FR#11 Jefferson (Pa.)JR#11 Jefferson (Pa.)SO#21 Saint Michael'sFR#2 New Havenmen 's 10,000 MeterJR#6 Wilmington (Del.SR#1 | 18:35.45 18:48.15 18:54.64 2) 19:37.90 19:46.89 2) 19:59.33 3) 20:05.50 21:24.81 21:25.61 S 38:52.95 | 3/29 3/15 3/15 3/15 3/23 3/23 3/23 3/22 3/29 | 2 3 4 5 6 7 | #Type! #Type! #Type! #Type! Isabella Farino- Esposito, Emma Neil, Veronica Valentik, Yulessa Johnson Joanna Weber, Eva | , | #8 UDC #3 Holy Family (Pa.) #2 New Haven #17 Caldwell #6 Wilmington (Del. | 4:02.36 4:04.03 4:10.33 4:10.96 4:14.94 | | 3/29 3/29 3/29 3/29 3/29 |
| iffany BANNIING coe MERRYMAN sammy BANNING ana ESHRAGHI sarah LORENZ sudrey PHAM Meredith REILLY osie THOMPSON <i>Wor</i> iffany BANNIING cynthia DELAPAZ simma MCNAMEE ciara DURCAN | JR#6 Wilmington (Del.SO#7 St. Thomas AquinJR#6 Wilmington (Del.{2SR#11 Jefferson (Pa.)FR#11 Jefferson (Pa.)JR#11 Jefferson (Pa.)SO#21 Saint Michael'sFR#2 New Havenmen 's 10,000 MeterJR#6 Wilmington (Del.SR#1Felician | 18:48.15 18:54.64 2) 19:37.90 19:46.89 2) 19:59.33 2) 20:05.50 21:24.81 21:25.61 S 38:52.95 | 3/15 3/15 3/15 3/23 3/23 3/23 3/22 3/29 | 3 4 5 6 7 | T2 #Type! 94 #Type! 97 #Type! 97 #Type! Isabella Farino- Esposito, Emma Neil Veronica Valentik, Yulessa Johnson Ioanna Weber, Eva | , | #3 Holy Family (Pa.) #2 New Haven #17 Caldwell #6 Wilmington (Del. | 4:04.03 4:10.33 4:10.96 4:14.94 | | 3/29 3/29 3/29 3/29 |
| Coe MERRYMAN Gammy BANNING Ina ESHRAGHI Garah LORENZ Judrey PHAM Aeredith REILLY Iosie THOMPSON Iffany BANNIING Cynthia DELAPAZ Gimma MCNAMEE Ciara DURCAN | SO#7 St. Thomas AquinJR#6 Wilmington (Del.)SR#11 Jefferson (Pa.)FR#11 Jefferson (Pa.)JR#11 Jefferson (Pa.)SO#21 Saint Michael'sFR#2 New Havenmen's 10,000 MeterJR#6 Wilmington (Del.)SR#1 Felician | 18:54.64 2}19:37.90 19:46.89 2}19:59.33 2]20:05.50 21:24.81 21:25.61 5 38:52.95 | 3/15 3/15 3/23 3/23 3/23 3/23 3/22 3/29 | 4 5 6 7 | 94 #Type! 97 #Type! 97 #Type! Isabella Farino- Esposito, Emma Neil, Veronica Valentik, Yulessa Johnson Joanna Weber, Eva | , | #2 New Haven #17 Caldwell #6 Wilmington (Del. | 4:10.33 4:10.96 4:14.94 | | 3/2 3/2 3/2 |
| ammy BANNING ana ESHRAGHI arah LORENZ audrey PHAM Meredith REILLY osie THOMPSON Wor iffany BANNIING cynthia DELAPAZ imma MCNAMEE Ciara DURCAN | JR#6 Wilmington (Del.{2SR#11 Jefferson (Pa.)FR#11 Jefferson (Pa.)JR#11 Jefferson (Pa.)SO#21 Saint Michael'sFR#2 New Havenmen 's 10,000 MeterJR#6 Wilmington (Del.SR#1 Felician | 19:37.90 19:46.89 2] 19:59.33 2] 20:05.50 21:24.81 21:25.61 S 38:52.95 | 3/15 3/23 3/23 3/23 3/22 3/29 | 5 6 7 | 97 #Type! #Type! Isabella Farino- Esposito, Emma Neil, Veronica Valentik, Yulessa Johnson Joanna Weber, Eva | , | #17 Caldwell #6 Wilmington (Del. | 4:10.96 4:14.94 | | 3/2 3/2 |
| ana ESHRAGHI Garah LORENZ Audrey PHAM Meredith REILLY osie THOMPSON Wor Contra DANNIING Cynthia DELAPAZ Cimma MCNAMEE Ciara DURCAN | SR#11 Jefferson (Pa.)FR#11 Jefferson (Pa.)JR#11 Jefferson (Pa.)SO#21 Saint Michael'sFR#2 New Havenmen's 10,000 MeterJR#6 Wilmington (Del.SR#1 Felician | 19:46.89 2}19:59.33 220:05.50 21:24.81 21:25.61 S 38:52.95 | 3/23 3/23 3/23 3/22 3/29 | 6 7 | #Type! Isabella Farino- Esposito, Emma Neil Veronica Valentik, Yulessa Johnson Joanna Weber, Eva | , | #6 Wilmington (Del. | 4:14.94 | | 3/2 |
| arah LORENZ Audrey PHAM Meredith REILLY osie THOMPSON Wor iffany BANNIING Cynthia DELAPAZ Cimma MCNAMEE Ciara DURCAN | FR#11 Jefferson (Pa.){2JR#11 Jefferson (Pa.){3SO#21 Saint Michael'sFR#2 New Havenmen's 10,000 MeterJR#6 Wilmington (Del.SR#1 Felician | 19:59.33 3] 20:05.50 21:24.81 21:25.61 S 38:52.95 | 3/23 3/23 3/22 3/29 | 7 | Isabella Farino- Esposito, Emma Neil Veronica Valentik, Yulessa Johnson Joanna Weber, Eva | , | | | | |
| Audrey PHAM Meredith REILLY osie THOMPSON Wor iffany BANNIING Cynthia DELAPAZ Imma MCNAMEE Ciara DURCAN | JR#11 Jefferson (Pa.) {3SO#21 Saint Michael'sFR#2 New Havenmen's 10,000 MeterJR#6 Wilmington (Del.SR#1 Felician | 320:05.50 21:24.81 21:25.61 S 38:52.95 | 3/23 3/22 3/29 | _ | Esposito, Emma Neil Veronica Valentik, Yulessa Johnson Joanna Weber, Eva | , | #7 St. Thomas Aqui | 4:20.13 | | 3/1 |
| Veredith REILLY osie THOMPSON Wor iffany BANNIING Cynthia DELAPAZ imma MCNAMEE Ciara DURCAN | SO #21 Saint Michael's FR #2 New Haven men's 10,000 Meter JR #6 Wilmington (Del. SR #1 Felician | 21:24.81 21:25.61 S 38:52.95 | 3/22 3/29 | 8 | Veronica Valentik, Yulessa Johnson Joanna Weber, Eva | , | | | | |
| osie THOMPSON Wor iffany BANNIING Cynthia DELAPAZ imma MCNAMEE Ciara DURCAN | FR#2 New Havenmen's 10,000 MeterJR#6 Wilmington (Del.SR#1 Felician | 21:25.61 S 38:52.95 | 3/29 | 8 | Yulessa Johnson Joanna Weber, Eva | | | | | |
| Wor iffany BANNIING Cynthia DELAPAZ Imma MCNAMEE Ciara DURCAN | men's 10,000 Meter JR ^{#6} Wilmington (Del. SR ^{#1} Felician | S 38:52.95 | | 8 | Joanna Weber, Eva | | | | | |
| iffany BANNIING Cynthia DELAPAZ Cimma MCNAMEE Ciara DURCAN | JR#6 Wilmington (Del.SR#1Felician | 38:52.95 | 3/29 | | | | #4 Adelphi | 4:26.21 | | 3/2 |
| Cynthia DELAPAZ Imma MCNAMEE Ciara DURCAN | SR #1 Felician | | 3/29 | | Gonzalez, Sanai | | | | | -,- |
| imma MCNAMEE Siara DURCAN | | 10.20 20 | 3/23 | | Springer, Cassandra | | | | | |
| iara DURCAN | SR #3 Holy Family (Pa.) | 40.30.20 | 3/29 | | Lucero | | | | | |
| | | 41:19.18 | 3/29 | 9 | Liv Drewling, Ny'jashia Smith, | | ^{#12} Goldey-Beacom | 4:29.10 | | 3/ |
| anah LODENIZ | SR #7 St. Thomas Aqui | 41:26.26 | 3/15 | | | | | | | |
| aran LURENZ | FR #11 Jefferson (Pa.) | 41:41.61 | 3/29 | | Kaylah Hill | | | | | |
| ammy BANNING | JR #6 Wilmington (Del.{2 | 2 }42:00.35 | 3/29 | 10 | #Type! | | #18 Dominican (N.Y.) | 4:35.06 | | 3/2 |
| na ESHRAGHI | SR #11 Jefferson (Pa.) {2 | 2}42:14.87 | 3/29 | | l | Vom | en's Hiah Jump | | | |
| laya SUAREZ | SO <mark>#4</mark> Adelphi | 43:38.42 | 3/29 | 1 | | _ | | 1.62m | 5-3 ¾ | 3/2 |
| aren JACKSON | FR #4 Adelphi {2 | 2}43:38.54 | 3/29 | 2 | | JR | | 1.60m | 5-3 | 3/2 |
| laddie GERBY | SR <mark>#4</mark> Adelphi {3 | 3}44:54.96 | 3/29 | 3 | 100 Liv DREWLING | FR | #12 Goldey-Beacom | 1.57m | 5-1¾ | 3/2 |
| Wa | omen's 4x100 Relay | 7 | | 4 | Madison MACNEILL | so | #14 D'Youville | 1.56m | 5-1¼ | 3/2 |
| - | | | 3/29 | 5 | MaryGrace COLL | SO | ^{#9} Molloy | 1.55m | 5-1 | 3/2 |
| | | | | 6 | Aarysa MOORE | SO | | 1.53m | 5-1/4 | 3/2 |
| | | 49.11 | | 6 | Jada CARROLL | SR | #1 Felician | 1.53m | 5-1/4 | 3/2 |
| ahdia Jones, | | | - / | 8 | Juliana DOGOSTINO | FR | #5 Georgian Court | 1.51m | 4-11 ½ | 3/2 |
| analee Brock, | | | | 9 | April DISLA | FR | #1 Felician { | 3} 1.48m | 4-10¼ | 3/2 |
| | | | 0 /00 | 9 | Wilnye JOSEPH | FR | #2 New Haven | 1.48m | 4-101/4 | 3/2 |
| | #8 UDC | 50.10 | 3/22 | 9 | Nicole GYSIN | SR | | 1.48m | 4-10¼ | 3/2 |
| anel Baxter, Kyndra | | | | | | Non | nen's Pole Vault | | | |
| lines | | | | 1 | | | | 4.75m | 15-7 | 3/2 |
| ′alencia Beaubrun, | <mark>#4</mark> Adelphi | 50.36 | 3/29 | | | | · · · · · · | | | 3/1 |
| mari Johnson, | | | | | | | | | | 3/1 |
| · · · · · · · · · · · · · · · · · · · | | | | 5 | ROBERTSON | | in tober to mester jul. | 5,5102.111 | | 5/1 |
| - | #9 Mollov | 50.75 | 3/23 | 3 | 16 Karis KRAF | FR | #10 Roberts Wesleya | 3} 3.82m | 12-6¼ | 3/1 |
| iophia Hines, | | | 0/20 | 5 | 53 Sarah OUELETTE | FR | #10 Roberts Wesleya{ | 5} 3.52m | 11-6½ | 3/1 |
| lexandria Martoscia, | | | | 6 | 89 Cora SEABURG | SO | #10 Roberts Wesleya | 6} 3.37m | 11-3⁄4 | 3/1 |
| | | | | 7 | Molly WINGER | FR | #10 Roberts Wesleya{ | 7} 3.22m | 10-6¾ | 3/1 |
| | | | | 8 | Felicity COOPER | FR | #14 D'Youville | 2.09m | 6-10¼ | 3/2 |
| | | | | | | | | | | |
| Ilexis Doyle, Precious Dillon, Alexandra Tavarez, Inioluwa Dgunfowora | #13 Staten Island | 51.62 | 3/29 | | | | | | | |
| bety Kivagheni, iaith Hershberger, nna-Mae Nellis, Cara Sampath | #19 Bridgeport | 53.17 | 3/29 | | | | | | | |
| | arah LORENZ ammy BANNING na ESHRAGHI laya SUAREZ aren JACKSON laddie GERBY <i>W(</i> Type! Type! Type! ahtivya Williams, ahdia Jones, analee Brock, atelyn Perazzia lariela Hernandez, ayleigh Shelton, anel Baxter, Kyndra ines alencia Beaubrun, mari Johnson, hareve Blair, larissa Haye ulianna Roan, ophia Hines, lexandria Martoscia, amryn Drakes Type! type! type! lexis Doyle, Precious illon, Alexandra avarez, Inioluwa gunfowora bety Kivagheni, aith Hershberger, nna-Mae Nellis, | arah LORENZ FR #11 Jefferson (Pa.) ammy BANNING JR #6 Wilmington (Del. [2] na ESHRAGHI SR #11 Jefferson (Pa.) [2] laya SUAREZ SO #4 Adelphi aren JACKSON FR #4 Adelphi [2] laddie GERBY SR #4 Adelphi [3] WUTEN S 4X100 Relayy Type! #2 New Haven Type! #3 Felician ahtivya Williams, ahdia Jones, analee Brock, atelyn Perazzia lariela Hernandez, ayleigh Shelton, anel Baxter, Kyndra ines #8 UDC algendia Beaubrun, mari Johnson, hareve Blair, larissa Haye ulianna Roan, ophia Hines, lexandria Martoscia, amryn Drakes Type! #18 Dominican (N.Y.) Type! #18 Dominican (N.Y.) Type! #18 Jominican (N.Y.) Type! #19 Bridgeport aith Hershberger, nna-Mae Nellis, | arah LORENZ FR #11 Jefferson (Pa.) 41:41.61 ammy BANNING JR #6 Wilmington (Del. [2] 42:00.35 in a ESHRAGHI SR #11 Jefferson (Pa.) [2] 42:14.87 laya SUAREZ SO #4 Adelphi {2] 43:38.42 aren JACKSON FR #4 Adelphi {2] 43:38.54 laddie GERBY SR #4 Adelphi {3] 44:54.96 <i>WOWENS 4X100 Relay</i> Type! #2 New Haven 48.48 Type! #1 Felician 48.82 ahtivya Williams, ahdia Jones, analee Brock, atelyn Perazzia lariela Hernandez, ayleigh Shelton, anel Baxter, Kyndra ines alencia Beaubrun, hareve Blair, larissa Haye ulianna Roan, ophia Hines, lexandria Martoscia, amryn Drakes Type! #18 Dominican (N.Y.) 51.34 Type! #18 Dominican (N.Y.) 51.34 Type! #18 Dominican (N.Y.) 51.34 HIS Dominican (N.Y.) 51.35 Lexis Doyle, Precious HIS Staten Island HHershberger, nna-Mae Nellis, | arah LORENZFR#11 Jefferson (Pa.)41:41.613/29ammy BANNINGJR#6 Wilmington (Del.{2}42:00.353/29ana ESHRAGHISR#11 Jefferson (Pa.){2}42:14.873/29laya SUAREZSO#4 Adelphi43:38.423/29aren JACKSONFR#4 Adelphi{2}43:38.543/29laddie GERBYSR#4 Adelphi{3}44:54.963/29WOMEN'S 4X100 RelayWOMEN'S 4X100 Relay3/29Type!#2New Haven48.483/29Type!#3Holy Family (Pa.)49.113/22ahtia Jones, analee Brock, atelyn Perazzia#8 UDC50.103/29alencia Beaubrun, mari Johnson, hareve Blair, tarissa Haye#4Adelphi50.363/29Ulianna Roan, ophia Hines, levandria Martoscia, amryn Drakes#9 Molloy50.753/23Type!#18 Dominican (N.Y.)51.343/29Type!#17 St. Thomas Aqui51.623/29Lexis Doyle, Precious gunovora#19 Bridgeport53.173/29 | arah LORENZ FR #11 Jefferson (Pa.) 41:41.61 3/29 ammy BANNING JR #6 Wilmington (Del.{2}] 42:00.35 3/29 10 na ESHRAGHI SR #11 Jefferson (Pa.) {2} 42:14.87 3/29 1 laya SUAREZ SO #4 Adelphi 43:38.42 3/29 2 ladidie GERBY SR #4 Adelphi {3}44:54.96 3/29 3 WOMEN'S 4X100 Relay 4 3/29 5 Type! #2 New Haven 48.48 3/29 6 ahtivya Williams, analee Brock, atelyn Perazzia #3 Holy Family (Pa. 49.11 3/22 6 alerica Beaubrun, mari Johnson, hareve Blair, larissa Haye #8 UDC 50.10 3/29 9 ulianna Roan, amryn Drakes #9 Molloy 50.75 3/23 3 5 Type! #18 Dominican (N.Y.) 51.34 3/29 5 Type! #18 Dominican (N.Y.) 51.34 3/29 5 Itarissa Haye #13 Staten Island 51.62 3/29 5 Itarissa Haye #13 Staten Island 51.62 3/ | arah LORENZ FR #11 Jefferson (Pa.) 41:41.61 3/29 Kaylah Hill armmy BANNING JR #6 Wilmington (Del./2) 42:00.35 3/29 10 #Type! na ESHRAGHI SR #11 Jefferson (Pa.) {2} 42:14.87 3/29 1 50 Sydonia TURNER aren JACKSON FR #4 Adelphi {2} 43:38.54 3/29 2 63 Zoe SHAW laddie GERBY SR #4 Adelphi {3} 14:54.96 3/29 3 100 Liv DREWLING Wornen's 4/X100 Relay Wardison MACNEILL 5 MaryGrace COLL 4 MaryGrace COLL Type! #1< Felician | arah LORENZ FR #11 Jefferson (Pa.) 41:41.61 3/29 Kaylah Hill ammy BANNING JR #6 Wilmington (Del.[2]42:00.35 3/29 10 #Type! na ESHRAGHI SR #11 Jefferson (Pa.) {2}:42:14.87 3/29 1 50 Sydonia TURNER JR laya SUAREZ SO #4 Adelphi {2}:43:38.42 3/29 3 100 Liv DREWLING FR laddie GERBY SR #4 Adelphi {2}:43:38.54 3/29 3 100 Liv DREWLING FR laddie GERBY SR #4 Adelphi {3}:44:54.96 3/29 3 100 Liv DREWLING FR laddie GERBY SR #4 Adelphi {3}:44:54.96 3/29 5 MaryGrace COLL SO Type! #2 New Haven 48.82 3/29 6 AarySa MOORE SO stituya Williams, antiaya Brok, Sarah FERGINO SO 3 Juliana DOGOSTINO FR ahdia Jones, analee Brock, aralee Brock, aralee Brock, aralee Brok, sanahe Elex, sarah FERGISON SO 3 Je April DISLA FR aleichis Sa Haye | arah LORENZ FR #11 Jefferson (Pa.) 41:41.61 3/29 aram JACNENZ JR #5 Wilmington (Del.(2)42:00.35 3/29 10 #Type! #18 Dominican (N.Y.) aram JACKSON FR #4 Adelphi 43:38.42 3/29 1 50 Sydonia TURNER JR #2 Holy Family (Pa.) aram JACKSON FR #4 Adelphi (2)43:38.54 3/29 3 100 Liv DREWLING FR #12 Goldey-Beacom aram JACKSON FR #4 Adelphi (2)43:38.54 3/29 5 MaryGrace COLL S0 #9 Molloy ftidadie GERBY SR #4 Adelphi (2)43:45.96 3/29 5 MaryGrace COLL S0 #9 Molloy Type! #2 New Haven 48.48 3/29 5 MaryGrace COLL S0 #9 Molloy Type! #2 Holy Family (Pa.) 49.11 3/20 5 Jada CARROLL SR #10 Pricinan {10 Brician {11 Bryon KING SR #10 Prician {10 #10 Prician {10 #10 Prician {10 *10 Prician {11 Bryon KING SR | arah LORENZ FR #11 Jefferson (Pa.) 41:41.61 3/29 aramy BANNING //////////////////////////////////// | arah LORENZ FR #11 Jefferson (Pa.) 41:41.61 3/29 arammy BANNING JR #6Wilmington (Del.[2]:42:0.0.55 3/29 na ESHRAGHI SF #11 Jefferson (Pa.) (2]:42:14.87 3/29 aras SHRAGHI SF #11 Jefferson (Pa.) (2]:42:14.87 3/29 ares JACKSON FR #1 Adelphi (2]:42:14.87 3/29 aren JACKSON FR #4 Adelphi (2]:43:38.54 3/29 aren JACKSON FR #4 Adelphi (3]:44:54.96 3/29 10 UD mern's High Jump 1.60m 5-34 aren JACKSON FR #4 Adelphi (3]:44:54.96 3/29 11 10 LD DERWLING FR #12 Goldey-Beacom 1.57m 5-34 12 Felician 48.48 3/29 5 Maryforace COLL 50 #4 D'Youville 1.56m 5-14 17 Felician 48.48 3/29 5 Maryforace COLL 50 #4 D'Youville 1.56m 5-14 17 Type! #1 Boly Family (Pa.: 49.11 3/22 6 Jada CARROLL 57 7 Felician 1.51m 4-104 |



WOMEN – 2025 Checkpoint #1, April 1

Athletic

as of 4/1/2025 7:53:26 AM ET

| | | | | | | | E | ast |
|--------|----|----------------------------------|----|-------------------------------------|-------------------|----------------------------|--------------------|--------|
| | | W | om | en's Long Jum | n | | | |
| 1 | 16 | Valencia BEAUBRUN | JR | #4 Adelphi | | 19-¾ (3.1 <mark>)</mark> | 3/29 | 1 |
| 2 | 66 | D'Jior DELISSER | so | #2 New Haven | 5.55m | 18-2½ (-0 <mark>.</mark> 9 |) 3/29 | 2 |
| 3 | | Gabrielle TEEL | SR | #2 New Haven | {2} 5.39m | 17-8¼ (-2 <mark>.7</mark> |) 3/29 | |
| 4 | | Sydonia TURNER | JR | #3 Holy Family (Pa. | 5.25m | 17-2¾ (0. <mark>0)</mark> | 3/29 | 3 |
| 5 | | Zoe SHAW | JR | #8 UDC | 5.18m | 17-0 (-2.4) | 3/22 | 4 |
| 6 | | Angel CRUZ- | FR | #17 Caldwell | 5.16m | 16-11¼ (- <mark>1</mark> . | 3/29 | 5 |
| | | FLETCHER | | _ | | | | 6 |
| 7 | | Jada CARROLL | SR | #1 Felician | 5.15m | 16-10¾ (0.3 | | 7 |
| 8 | | Kayla ESPOSITO | SO | #4 Adelphi | {2} 4.99m | 16-4½ (1.6) | - | 8 |
| 9 | | Skylar SAVAGE | | #14 D'Youville | 4.93m | 16-2¼ (0.0) | | 9 |
| 10 | | Alana RIDER | SO | #7 St. Thomas Aqui | | 15-10½ (- <mark>3</mark> . | 3/29 | 10 |
| | | | | en's Triple Jum | - | 27.01/ (0.0) | | |
| 1 | 34 | Adonijah WASHINGTON | FR | ^{#13} Staten Island | 11.49m | 37-8½ (0. <mark>0</mark>) | 3/29 | 1 |
| 2 | 37 | Gabrielle TEEL | SR | #2 New Haven | 11.47m | 37-7¾ (-2 <mark>.4</mark> |) 3/29 | 2 |
| 3 | | Sophia HINES | FR | #9 Molloy | 11.38m | 37-4 (1.5) | 3/29 | 4 |
| 4 | | Jada CARROLL | SR | #1 Felician | 11.36m | 37-3¼ (0.0) | | 4 5 |
| 5 | 85 | Aniya BUSH | so | #2 New Haven | {2} 10.93m | 35-10½ (- <mark>3</mark> . | 3/29 | 6 |
| 6 | 93 | Tishanna COHEN | JR | #5 Georgian Court | 10.85m | 35-7¼ (0.0) | 3/22 | 6 |
| 7 | | Jewel | FR | #5 Georgian Court | {2} 10.72m | 35-2 (0.0) | 3/22 | 8 |
| _ | | PIERRECHARLES | | | | | | 9 |
| 8 | | Nicole GYSIN | SR | ^{#7} St. Thomas Aqui | | 34-8¼ (-2 <mark>.4</mark> | | 10 |
| 9 | | Shareve BLAIR | FR | #4 Adelphi | 10.46m | 34-4 (1.7) | 3/29 | |
| 10 | | Skylar SAVAGE | | #14 D'Youville | 10.40m | 34-1½ (-2 <mark>.</mark> 2 |) 3/29 | |
| | | | | nen's Shot Put | | | | |
| 1 | 86 | Sytieia BROWN | FR | #6 Wilmington (Del | | 40-10½ | 3/15 | |
| 2 | | Kaydence FISCHER | SO | #5 Georgian Court | 11.52m | 37-9½ 37-8½ | 3/22 | |
| 3 | | Jada OBEGI | JR | #6 Wilmington (Del | | 37-8 ^{1/2} | 3/23 | |
| 4 5 | | Jourdyn RUMPH Anna-Mae NELLIS | | #12 Goldey-Beacom #19 Bridgeport | 11.34m | 36-61/4 | 3/8 3/29 | |
| 6 | | Adrianna FODERA | FR | #5 Georgian Court | | 36-34 | 3/29 | |
| 7 | | Kristen OLIVER | | #15 Daemen | 10.92m | 35-10 | 3/19 | |
| 8 | | Skylar POINTER | | #13 Staten Island | 10.85m | 35-7¼ | 3/29 | |
| 9 | | Anastasia WATSON | | #16 Chestnut Hill | 10.82m | 35-6 | 3/29 | |
| 10 | | Ana LOPEZ | SR | #1 Felician | 10.57m | 34-8¼ | , 3/22 | |
| | | | We | men's Discus | | | | |
| 1 | 68 | Kaydence FISCHER | SO | | 41.97m | 137-9 | 3/29 | |
| 2 | | Anastasia WATSON | | #16 Chestnut Hill | 39.19m | 128-7 | 3/29 | |
| 3 | | Anita HODGE | JR | #2 New Haven | 38.63m | 126-9 | 3/29 | |
| 4 | | Sytieia BROWN | FR | #6 Wilmington (Del | . 37.92m | 124-5 | 3/23 | |
| 5 | | Chiamaka WOKOCHA | SO | #5 Georgian Court | {2} 37.74m | 123-10 | 3/29 | |
| 6 | | Emmanuela KOUAMI- KATOU | JR | #8 UDC | 36.89m | 121-1 | 3/22 | |
| 7 | | Lori MELVILLE | FR | <mark>#4</mark> Adelphi | 35.22m | 115-7 | 3/29 | |
| 8 | | Jourdyn RUMPH | SR | #12 Goldey-Beacom | 35.08m | 115-1 | 3/8 | |
| 9 | | Madeline STALEY | FR | <mark>#4</mark> Adelphi | {2} 34.85m | 114-4 | 3/29 | |
| 10 | | Sabrina HALK | SO | #5 Georgian Court | {3} 34.51m | 113-3 | 3/22 | |

| _ | _ | | _ | | | | |
|----|----|----------------------------|-----|-------------------------------|-------------------|---|------|
| | | V | Vor | nen's Hammer | | | |
| 1 | 80 | Celine BOZUKLUIAN | JR | #20 Southern Conne | 47.72m | 156-7 | 3/29 |
| 2 | | Emmanuela KOUAMI- KATOU | JR | #8 UDC | 46.60m | 152-11 | 3/22 |
| 3 | | Chiamaka WOKOCHA | SO | #5 Georgian Court | 44.56m | 146-3 | 3/29 |
| 4 | | Sytieia BROWN | FR | #6 Wilmington (Del | 41.59m | 136-6 | 3/29 |
| 5 | | Jourdyn RUMPH | SR | #12 Goldey-Beacom | 39.09m | 128-3 | 3/23 |
| 6 | | Jada OBEGI | JR | #6 Wilmington (Del | {2} 38.52m | 126-5 | 3/29 |
| 7 | | Alexis KRAUSE | SR | #7 St. Thomas Aqui | 37.86m | 124-3 | 3/29 |
| 8 | | Sabrina HALK | SO | #5 Georgian Court | {2} 37.28m | 122-4 | 3/29 |
| 9 | | Adrianna FODERA | FR | #5 Georgian Court | {3} 36.91m | 121-1 | 3/22 |
| 10 | | Kaydence FISCHER | SO | #5 Georgian Court | {4} 36.39m | 119-5 | 3/29 |
| | | | Wo | men's Javelin | | | |
| 1 | 59 | Karla CHARDON | SR | #12 Goldey-Beacom | 38.88m | 127-7 | 3/8 |
| 2 | 84 | Ava REARDON | SO | #5 Georgian Court | 36.97m | 121-4 | 3/22 |
| 3 | 85 | Anna-Mae NELLIS | FR | ^{#19} Bridgeport | 36.92m | 121-2 | 3/29 |
| 4 | 93 | Trinyce SYMISTER | SO | #1 Felician | 36.62m | 120-2 | 3/29 |
| 5 | | Ana LOPEZ | SR | #1 Felician | {2} 34.70m | 113-10 | 3/22 |
| 6 | | Juliana DOGOSTINO | FR | #5 Georgian Court | {2} 31.73m | 104-1 | 3/29 |
| 6 | | Adrianna FODERA | FR | #5 Georgian Court | {2} 31.73m | 104-1 | 3/29 |
| 8 | | Kristen KENNEDY | SO | ^{#7} St. Thomas Aqui | 29.91m | 98-1 ³ ⁄ ₄ | 3/15 |
| 9 | | Angelina GUERRIERO | JR | #13 Staten Island | 29.88m | 98-½ | 3/29 |
| 10 | | Abigail CUNNINGHAM | FR | #2 New Haven | 28.91m | 94-10¼ | 3/29 |



WOMEN – 2025 Checkpoint #1, April 1

∧thletic

| | | | | | Midw | vest | as o | f 4/1/2025 7:53:26 | AM ET |
|----|--------------------------|-------------------------------------|------------------|-------|------|------------------------------|----------------------------------|---------------------|---------|
| | V | Vomen's 100 Meters | ; | | | Won | nen's 400 Meter Hui | rdles | |
| 1 | 9 Sarai BROWN | JR #8 Maryville (Mo.) | 11.53w | (3.7) | 3/29 | 1 24 Destini DORKINS | JR #1 Grand Valley Sta | | 3/29 |
| 2 | 14 Brianna CHENEVEY | SO #3 Ashland | 11.61w | (3.4) | 3/30 | 2 25 Keneisha THOMAS | SO #5 Wayne State (Mi | 1:02.59 | 3/29 |
| 3 | 17 Summer | FR ^{#14} Cedarville | 11.65w | (3.4) | 3/30 | 3 40 Zanri BLACK | FR #12 Findlay | 1:03.46 | 3/30 |
| | SWARTWOUT | _ | | | | 4 48 Ahna LARSON | SR #11 Northern Michig | 1:04.15 | 3/29 |
| 4 | 33 Lauren COLEMAN | FR #21 Drury | 11.85w | | 3/29 | 5 60 Brooke BARKOCY | SR #1 Grand Valley Sta | {2} 1:04.83 | 3/29 |
| 5 | 34 Taylor KYLE | SR #1 Grand Valley Sta | 11.86 | | 3/29 | 6 61 Grace MILDICE | SR #10 UW-Parkside | 1:04.85 | 3/28 |
| 5 | 34 Julia TUURI | SR #16 Davenport (Mich | 11.86w | | 3/30 | 7 67 Ellie LENGERICH | SR #7 Indianapolis | 1:05.06 | 3/30 |
| 7 | 58 Nevaeh LEWIS | FR #9 Tiffin | 11.99 | | 3/30 | 8 72 Montana WALKER | JR #3 Ashland | 1:05.21 | 3/30 |
| | 77 Greta BARKER | | 2} 12.09w | | 3/30 | 9 79 Makenzie WELLNER | SR ^{#5} Wayne State (Mi | {2} 1:05.42 | 3/29 |
| 9 | 81 Caroline MAYES | JR #23 William Jewell | 12.11w | | | 10 85 Peyton HEITMEYER | JR #12 Findlay | {2} 1:05.61 | 3/30 |
| 9 | 81 Hailey RIOS | | 3} 12.11w | (3.4) | 3/30 | V | Vomen's 800 Meter | S | |
| | Wom | en's 100 Meter Hur | dles | | | 1 10 Lilly ALBERTS | JR #1 Grand Valley Sta | 2:08.88 | 3/29 |
| 1 | 7 Caroline MAYES | JR #23 William Jewell | 13.89w | | | 2 14 Ines MACADAM | SR ^{#9} Tiffin | 2:10.23 | 3/29 |
| 2 | 10 Brooke BARKOCY | SR #1 Grand Valley Sta | 14.00 | (1.9) | 3/29 | 3 17 Klaudia O'MALLEY | SR #1 Grand Valley Sta | {2} 2:10.51 | 3/29 |
| 3 | 15 Crystal WALKER | SR #11 Northern Michig | | (3.4) | 3/29 | 4 19 Addison WASHLER | SO #1 Grand Valley Sta | {3} 2:10.68 | 3/29 |
| 4 | 39 Destini DORKINS | JR #1 Grand Valley Sta | 2} 14.56w | (2.3) | 3/29 | 5 22 Megan POSTMA | FR #1 Grand Valley Sta | {4} 2:11.13 | 3/29 |
| 5 | 46 Alena CHANEY | SR ^{#9} Tiffin | 14.63 | (1.1) | 3/30 | 6 23 Natalie GRABER | SR #1 Grand Valley Sta | {5} 2:11.18 | 3/29 |
| 6 | 57 Keneisha THOMAS | SO #5 Wayne State (Mic | 14.73 | | 3/29 | 7 26 Maria MITCHELL | JR #1 Grand Valley Sta | {6} 2:11.54 | 3/29 |
| 7 | 74 Maya WRIGHT | JR #13 Missouri S&T | 14.85 | | 3/29 | 8 28 Reese DRAGOVICH | SR #6 Hillsdale | 2:11.72c (2:12.11) | A) 3/22 |
| | 76 Cassidy VOGT | | 2} 14.86 | | 3/30 | 9 36 Claire RETHMAN | JR #15 Walsh | 2:13.12 | 3/29 |
| | 85 Sofi DIOP | SO #11 Northern Michig | | | | 10 37 Alaysia BROOKS | SR #22 Ursuline | 2:13.19 | 3/29 |
| 10 | 98 Jaynae PINDER | FR #4 Southwest Bapti | 15.05 | (2.0) | 3/29 | И | omen's 1500 Meter | rs | |
| | V | Vomen's 200 Meters | ; | | | 1 1 Klaudia O'MALLEY | SR #1 Grand Valley Sta | 4:18.43 | 3/29 |
| 1 | 2 Collinique | SR # <mark>4</mark> Southwest Bapti | 23.00w | (2.6) | 3/29 | 2 3 Natalie GRABER | SR #1 Grand Valley Sta | {2} 4:20.92 | 3/29 |
| • | FARRINGTON | | 2)22 44 | (2.0) | | 3 10 Evyn HUMPHREY | FR #6 Hillsdale | 4:26.21 | 3/29 |
| 2 | 6 Stephanique DEAN | JR #4 Southwest Bapti | | | 3/29 | 4 11 Maria MITCHELL | JR #1 Grand Valley Sta | {3} 4:26.90 | 3/29 |
| | 19 Lauren COLEMAN | FR #21 Drury | 24.09w | | 3/29 | 5 18 Lexy HENRIKSON | SR #19 Truman | 4:30.64 | 3/28 |
| 4 | 22 Summer SWARTWOUT | FR #14 Cedarville | 24.15 | (0.4) | 3/30 | 6 20 Addie MATHIS | SR #19 Truman | {2} 4:30.97 | 3/28 |
| 5 | 33 Nevaeh LEWIS | FR #9 Tiffin | 24.30 | (0.6) | 3/30 | 7 22 Ines MACADAM | SR #9 Tiffin | 4:31.62 | 3/29 |
| | 39 Faith WYMAN | SR #2 Lewis | 24.35 | | 3/29 | 8 25 Emily WALSH | SR #14 Cedarville | 4:33.30 | 3/30 |
| 7 | 42 Laura DIXON | SO #4 Southwest Bapti | | | 3/29 | 9 32 Anna KOZAK | SR #2 Lewis | 4:34.25 | 3/28 |
| 8 | 46 Rebecca CRAVEDI | | 2} 24.54 | | | 10 55 Andi MANN | SR #15 Walsh | 4:38.22 | 3/29 |
| | 50 Eleanor MINNING | JR ^{#6} Hillsdale | 24.57 | | 3/30 | W | omen's Steeplecha | se | |
| | 56 Brianna LORD | SO #4 Southwest Bapti | | | | 1 7 Johanna EBERT | FR #10 UW-Parkside | 10:50.48 | 3/28 |
| | | Vomen's 400 Meters | | | | 2 9 Ella BARYO | SR #16 Davenport (Mich | 10:52.14 | 3/28 |
| 1 | 9 Addison WASHLER | SO #1 Grand Valley Sta | | | 3/29 | 3 12 Whitney FARRELL | JR #24 Ferris State | 10:57.68 | 3/28 |
| | 17 Catherine | SO #1 Grand Valley Sta | | | 3/29 | 4 15 Jordyn HOPGOOD | JR #1 Grand Valley Sta | 11:02.73 | 3/29 |
| 2 | GUCKENBERGER | So and oralle valley Stat | 2,33.24 | _ | 5/25 | 5 39 Claire ENDRES | JR #20 Michigan Tech | 11:27.02 | 3/28 |
| 3 | 22 Claire NEUMANN | FR #1 Grand Valley Sta | 3} 55.59 | | 3/29 | 6 41 Anna ROBERTS | JR #6 Hillsdale | 11:29.69 | 3/29 |
| 4 | 32 Mickayla | FR #18 McKendree | 56.01 | | 3/22 | 7 48 Dani VANLENTE | SO #11 Northern Michig | 11:34.98 | 3/29 |
| | SUTHERLAND | | | | | 8 63 Landry KOSKI | JR #17 Northwood (Mic | 11:48.16 | 3/22 |
| 5 | 38 Brianna LORD | SO #4 Southwest Bapti | 56.22 | | 3/22 | 9 64 Emma SWEENEY | JR #11 Northern Michig | {2} 11:48.87 | 3/29 |
| 6 | 63 Avery WILSON | JR ^{#5} Wayne State (Mic | 56.89 | | 3/29 | 10 70 Anya VANSWEDEN | FR #11 Northern Michig | {3} 11:52.25 | 3/29 |
| 7 | 67 Emily SONDERMAN | SR #7 Indianapolis | 56.99 | | 3/30 | | | | |
| 7 | 67 Jade AVANCE | JR #3 Ashland | 56.99 | | 3/30 | | | | |
| | | | | | | | | | |
| | 92 Alaysia BROOKS | SR #22 Ursuline | 57.55 | | 3/29 | | | | |





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| L | | | | | | Midw |
|----|----|------------------|----|----------------------------------|----------|------|
| | | Wa | om | en's 5000 Meters | | |
| 1 | 7 | Allison KUZMA | FR | #6 Hillsdale | 16:40.09 | 3/29 |
| 2 | 13 | Abbi STEINER | SO | #10 UW-Parkside | 16:44.58 | 3/28 |
| 3 | 14 | Sarah MAY | SR | #2 Lewis | 16:45.10 | 3/28 |
| 4 | 24 | Kate GUDERJAN | JR | #2 Lewis {2} | 16:58.86 | 3/28 |
| 5 | 28 | Maggie O'MALLEY | JR | #1 Grand Valley Sta | 17:01.58 | 3/29 |
| 6 | 33 | Claire RETHMAN | JR | #15 Walsh | 17:03.06 | 3/22 |
| 7 | 37 | Mary EDWARDS | so | #2 Lewis {3} | 17:06.51 | 3/28 |
| 8 | 39 | Annika SANDMAN | FR | <pre>#1Grand Valley Sta{2}</pre> | 17:13.59 | 3/29 |
| 9 | 42 | Sophia RHEIN | SO | #20 Michigan Tech | 17:17.07 | 3/28 |
| 10 | 46 | Maria WIDMANN | JR | <pre>#1Grand Valley Sta{3}</pre> | 17:24.19 | 3/29 |
| | | Wo | me | n's 10,000 Meters | | |
| 1 | 2 | Hannah SMRCKA | SR | #2 Lewis | 33:38.71 | 3/28 |
| 2 | 4 | Maddie MILLER | JR | #25 Illinois-Springfie | 34:29.52 | 3/28 |
| 3 | 7 | Reagan JUSTICE | SR | #5 Wayne State (Mic | 34:52.00 | 3/28 |
| 4 | 8 | Anastasia TUCKER | SR | #1 Grand Valley Sta | 34:59.07 | 3/29 |
| 5 | 10 | Naylah ALLEN | SR | #2 Lewis {2} | 35:07.60 | 3/28 |
| 6 | 15 | Madilyn CALLOWAY | JR | #2 Lewis {3} | 35:42.47 | 3/28 |
| 7 | 16 | Josephine BOBER | SR | #2 Lewis {4} | 35:45.64 | 3/28 |
| 8 | 29 | Kaleigh INNISS | JR | #25 Illinois-Springfie{2} | 37:00.25 | 3/28 |
| 9 | 33 | Cedar GORDON | SR | #20 Michigan Tech | 37:06.07 | 3/28 |
| 10 | 37 | Annalee MISCH | SR | #5 Wayne State (Mi{2} | 37:22.61 | 3/28 |

| west | | as of | 4/1/2025 7:53:26 | AM ET |
|--------------|---|----------------------------------|------------------|-------|
| | Won | nen's 4x100 Relay | / | |
| 1 2 | | <mark>#4</mark> Southwest Bapti | 45.00 | 3/29 |
| 2 7 | Catherine Guckenberger, Taylor Kyle, Jayla Graham, Alaina Diaz | #1 Grand Valley Sta | 45.85 | 3/29 |
| 3 12 | Makayla Myers, Sarai Brown, Chloe Davis, Emoni Owens | ^{#8} Maryville (Mo.) | 46.18 | 3/29 |
| 4 26 | i Rebecca Cravedi, Faith Wyman, Katerina Kakaelaki, Denise Hernandez | #2 <mark>Lewis</mark> | 46.72 | 3/22 |
| 5 29 | Odessa Smith, Brianna Chenevey, Greta Barker, Hailey Rios | #3 Ashland | 46.97 | 3/30 |
| 6 3 5 | Elyse Miller, Avery Wilson, Hanne Bastiaansen, Rachel Overgaard | #5 <mark>Wayne State (Mic</mark> | 47.16 | 3/29 |
| 7 44 | Arrionnna Wallace, Jakya Mack-Smith, Jaiden Young, Julia Tuuri | #16 Davenport (Mich | 47.55 | 3/30 |
| 8 9 2 | Amber Cotton, Iyanna Dear, Helena Rohde, Divine Ozomma | #18 McKendree | 49.24 | 3/22 |
| 9 | Essence Burrows, Mayda Conrad, Miranda Winkler, Keira Cooper | #10 UW-Parkside | 49.90 | 3/28 |
| 10 | Keiyera Johnson, Breanna Hyde, Jenna Gaul, Dannyka Johnson | #17 Northwood (Mic | 49.98 | 3/22 |
| | | | | |



USTFCCCA NCAA Division II Outdoor Track & Field

Regional TFRI Event Summary

WOMEN – 2025 Checkpoint #1, April 1

∕ *thletic*

| | | | | Mid | wes | st | | | as of | 4/1/2025 | 7:53:26 | AM I |
|----|---|----------------------------|-----------------|--------------------------------------|-----|----|--------------------------------|----------|------------------------------------|--------------------|---|---------------------|
| | Wa | omen's 4x400 Relay | / | | | | И | Vorr | ien's Pole Vault | , | | |
| 2 | Stephanique Dean, | #4 Southwest Bapti | 3:39.04 | 3/29 | 1 | 10 | Tara TOWNSEND | JR | #6 Hillsdale | 3.90m | 12-9 ½ | 3 |
| | Collinique | | | | 1 | 10 | Brooke BOWERS | FR | #1 Grand Valley Sta | 3.90m | 12-9 ½ | 3 |
| | Farrington, Brianna Lord, Laura Dixon | | | | 3 | 18 | Brynlee KEERAN | JR | #2 Lewis | 3.80m | 12-5 ½ | |
| | Catherine | #1 Grand Valley Sta | 3:45.32 | 3/29 | 4 | 21 | Colleen STEINMETZ | FR | #12 Findlay | 3.79m | 12-5¼ | |
| | Guckenberger, Claire | | | | 4 | 21 | Tru BUDDENBERG | SO | #12 Findlay | 3.79m | 12-5¼ | |
| | Neumann, Addison | | | | 6 | 23 | Katie CLIFFORD | SR | #6 Hillsdale | [2] 3.78m | 12-4 ³ ⁄ ₄ | |
| | Washler, Alaina Diaz Makenzie Wellner, | #5 Wayne State (Mic | 2,52.20 | 3/29 | 7 | 32 | Mackenzie | JR | #7 Indianapolis | 3.65m | 11 -1 1¾ | |
| | Avery Wilson, Renae | *** wayne State (Mit | 5.52.29 | 5/25 | 7 | | VANBIBBER Makayla MAY | 60 | #9 Tiffin | 2.05m | <i>11-11³</i> ⁄4 | |
| | Kutcha, Elyse Miller | | | | | | Elizabeth | SO IP | #13 Missouri S&T | 3.65m 3.65m | 11-11 ³ / ₄ | |
| 46 | Faith Wyman, | #2 Lewis | 3:56.95 | 3/29 | 1 | 32 | ROTHWEILER | JK | #13 MISSOUTI 3&1 | 3.05111 | 11-11/4 | |
| | Janellisa Oceguera, | | | | 10 | 43 | Sarah MASUOKA | SR | #3 Ashland | 3.64m | 11-11¼ | |
| | Rebecca Cravedi, Kristina Findley | | | | | | I// | | en's Long Jump |) | | |
| 48 | Adonya Taylor, Divine | #18 McKendree | 3:57.89 | 3/29 | 1 | 8 | Denise HERNANDEZ | JR | | 5.95mw | 19-6¼ (2. | .6) |
| | Ozomma, Iyanna | | | | _ | | Katerina KAKAELAKI | | | [2] 5.91mw | | |
| | Dear, Mickayla Sutherland | | | | | | Shinelle JHAGROO | | ^{#18} McKendree | 5.78m | 18-11¾ (0 | |
| 68 | Emoni Owens, | #8 Maryville (Mo.) | 4:03.23 | 3/29 | 4 | 49 | Julie WHITE | SR | #15 Walsh | 5.60m | 18-4½ (-1 | 1 <mark>.5</mark>) |
| | Courtney Talley, | a mary vitte (mo.) | 4.03.23 | 5/25 | 5 | 82 | Essence BURROWS | FR | ^{#10} UW-Parkside | 5.46mw | 17-11 (2.1 | 1) |
| | Makayla Myers, Sarai | | | | 6 | 84 | Nicole WARREN | SO | #5 Wayne State (Mic | 5.45mw | 17-10¾ (2 | 2.4 |
| | Brown | | | | 7 | 90 | Savahnna GYASI- | SO | #22 Ursuline | 5.44m | 17-10¼ (| 1.0 |
| | Carmen Gentilia, Phoebe Canatsey, | #19 Truman | 4:06.87 | 3/22 | | | NIMAKO | | | | | |
| | Madeline Sims, Raina | | | | | | Crystal WALKER | | #11 Northern Michig | 5.44mw | | |
| | Baker | | | | | 96 | Ali MCCLURE | | ^{#13} Missouri S&T | 5.42m | 17-9½ (1. | |
| | Hope Carroll, | ^{#14} Cedarville | 4:07.85 | 3/30 | 10 | | Brynlee KEERAN | JR | | [3] 5.39m | 17-8¼ (1. | .6) |
| | Addison Harrington, Aubrey Hayes, | | | | | | | om | en's Triple Jum | 0 | | |
| | Sydney Diedrich | | | | 1 | 26 | Essence BURROWS | FR | #10 UW-Parkside | 11.63m | | |
| 86 | Grace Folkema, | #20 Michigan Tech | 4:08.87 | 3/29 | 2 | 42 | Savahnna GYASI- | SO | #22 Ursuline | 11.44m | 37-6½ (-0 | 0 <mark>.7)</mark> |
| | Brielle Kero, Adeline | - | | | 2 | 52 | | 60 | llaneslesse | 11.20 | . 27 1 /2 1 | 1 |
| | Gobble, Ingrid Seagren | | | | | | Haylie HUTCHINSON Sofi DIOP | SO | Upper Iowa #11 Northern Michig: | 11.30mv 11.21mv | | |
| | Abby Winkle, Kendra | #24 Ferris State | 4:09.94 | 3/29 | | | Leah HECK | FR | Rockhurst | 10.80m | | |
| | Montague, Oliviah | s= if ciris state | 4.05.54 | 5/25 | 6 | 51 | Autumn HAWKINS | SO | | 10.65mv | | |
| | Malloy, Nyah Tyron | | | | 7 | | Nicole WARREN | | #5 Wayne State (Mic | | | |
| | W | 'omen's High Jump | | | 8 | | Caitlyn O'BOYLE | | #2 Lewis | 10.38mv | | |
| 6 | Karmen KUROWICKA | SO #2 Lewis | 1.72m | 5-7¾ 3/29 | 9 | | Taylor GREEN | | #4 Southwest Bapti | | | |
| 15 | C'airra CARTER | SR ^{#9} Tiffin | 1.68m | 5-6 3/30 | 10 | | Mackenzie CUTLIP | | #15 Walsh | 10.23m | | |
| 20 | Heidi NEWHOUSE | FR #1 Grand Valley Sta | 1.66m | 5-5¼ 3/29 | | | | | nen's Shot Put | | | |
| 20 | Alexis WEBER | SO #1 Grand Valley Sta | 1.66m | 5-5¼ 3/29 | 1 | 2 | Molly WINNER | | #3 Ashland | 14.98m | 49-1¾ | |
| 27 | Olivia HENKEL | SR #13 Missouri S&T | 1.65m | 5-5 3/22 | | | Mackenzie BOHRER | | #1 Grand Valley Sta | 14.43m | | |
| 45 | Nailah TAYLOR | SO #10 UW-Parkside | 1.63m | 5-4¼ 3/29 | | | Kelsey HANSEN | | #17 Northwood (Micl | 13.61m | | |
| 45 | Abby WHEELER | JR #3Ashland | 1.63m | 5-4¼ 3/30 | | | Kelsey KINSLEY | | | [2] 13.59m | | |
| 55 | Imogene | FR #1 Grand Valley Sta{ | 3} 1.61m | 5-31/4 3/22 | | | Coulter BROOKE | | #12 Findlay | 13.49m | | |
| | BRUMBAUGH | | 1.01 | 5 21/ D (5 C | | | Julia HAHN | JR | #8 Maryville (Mo.) | 13.07m | | |
| | Baelyn ZITZMANN | FR #6 Hillsdale | 1.61m | 5-3 ¹ / ₄ 3/29 | | | Kaitlyn GUM | SO | #9 Tiffin | 13.07m | | |
| 33 | Kaylee DIAMOND | SR #1 Grand Valley Sta{ | 5] 1.01M | 5-3¼ 3/29 | | | - | JR | #7 Indianapolis | 13.06m | | |
| | | | | | 8 | 31 | Faith HENSEL | JA | " Inulanapolis | 13.0011 | 12 20/4 | |
| | | | | | | | Faith HENSEL Liz VERMILLION | JR | | [2] 13.01m | | |



USTFCCCA NCAA Division II Outdoor Track & Field USTFCCCA NCAA DIVISION II OULUOOL HUE



Midwest



Athletic

| | | | Wc | omen's Discus | | | |
|----|----|----------------------|-----|----------------------------|--------|--------|------|
| 1 | 1 | Erika BEISTLE | SR | #1 Grand Valley Sta | 60.46m | 198-5 | 3/29 |
| 2 | 8 | Margaret STEVENSON | SR | #1 Grand Valley Sta{2} | 48.15m | 158-0 | 3/29 |
| 3 | 12 | Jennifer PATRICK | FR | #3 Ashland | 47.12m | 154-7 | 3/30 |
| 4 | 23 | Aubrey BRINKMAN | JR | #2 Lewis | 45.71m | 150-0 | 3/22 |
| 5 | 46 | Jayla PROCTER | SO | #16 Davenport (Mich | 43.17m | 141-8 | 3/21 |
| 6 | 47 | Zoe PENTECOST | SR | #7 Indianapolis | 43.10m | 141-5 | 3/30 |
| 7 | 66 | Harley WEST | SR | #9 Tiffin | 42.08m | 138-1 | 3/30 |
| 8 | 71 | Macie SWINEHART | SO | #7 Indianapolis {2} | 41.83m | 137-3 | 3/30 |
| 9 | 72 | Kelsey HANSEN | SO | #17 Northwood (Mic | 41.79m | 137-1 | 3/29 |
| 10 | 80 | Audra HOGAN | SR | #7 Indianapolis {3} | 41.46m | 136-0 | 3/30 |
| | | V | Vor | nen's Hammer | | | |
| 1 | 2 | Molly WINNER | SO | #3 Ashland | 61.14m | 200-7 | 3/30 |
| 2 | 4 | Shelby ULVEN | JR | #1 Grand Valley Sta | 59.64m | 195-8 | 3/29 |
| 3 | 5 | Zoe PENTECOST | SR | #7 Indianapolis | 59.28m | 194-6 | 3/30 |
| 4 | 11 | Kaylyn BARNETTE | SR | #3 Ashland {2} | 55.60m | 182-5 | 3/30 |
| 5 | 15 | Alaina OMONODE | SR | #1 Grand Valley Sta{2} | 54.13m | 177-7 | 3/22 |
| 6 | 18 | Audra HOGAN | SR | #7 Indianapolis {2} | 53.79m | 176-6 | 3/30 |
| 7 | 26 | Richella SPIELVOGEL | SR | Lake Erie | 52.42m | 172-0 | 3/29 |
| 8 | 31 | Katie SAYLES | SR | ^{#6} Hillsdale | 51.55m | 169-2 | 3/21 |
| 9 | 34 | Juliet BERNARD | SR | #6 Hillsdale {2} | 51.37m | 168-7 | 3/21 |
| 10 | 35 | Kelsey KENNON | SR | #12 Findlay | 51.32m | 168-5 | 3/30 |
| | | | Wo | men's Javelin | | | |
| 1 | 5 | Alexis O'FARRELL | JR | #4 Southwest Bapti | 47.67m | 156-5 | 3/29 |
| 2 | 9 | Savannah MANTHEY | so | #4 Southwest Bapti{2} | 47.06m | 154-5 | 3/29 |
| 3 | 36 | Amelia WHITE | FR | #21 Drury | 40.60m | 133-3 | 3/29 |
| 4 | 46 | Ayne HELD | FR | #8 Maryville (Mo.) | 39.73m | 130-4 | 3/29 |
| 5 | 66 | Hope WOODALL | SO | #4 Southwest Bapti{3} | 38.06m | 124-11 | 3/29 |
| 6 | 78 | Mckenna ARMSTRONG | SR | #10 UW-Parkside | 37.41m | 122-9 | 3/29 |
| 7 | 87 | Amanda NOEL | SO | #7 Indianapolis | 36.77m | 120-8 | 3/30 |
| 8 | 90 | Raegen HOWDYSHELL | JR | #14 Cedarville | 36.70m | 120-5 | 3/30 |
| 9 | | Gracie METZGER | SO | #8 Maryville (Mo.) {2} | 34.84m | 114-4 | 3/29 |
| 10 | | Wilme ELS | JR | #11 Northern Michig | 34.61m | 113-7 | 3/29 |
| | | | | | | | |



WOMEN — 2025 Checkpoint #1, April 1

Athletic

as of 4/1/2025 7:53:26 AM ET

| | | | | | | | So | utł | ۱ | |
|----|--|---------------------------------------|-----|-----------------------------------|--------|--------|------|-----|----|-----------------------|
| | 25 Jayla KENNEDY FR #6 Clark Atlanta 11.77w (2.3) 3/22 2 8 Alle MURPHY 29 Cadence CRAY SO #3 Albany State (Ga 11.81w (2.8) 3/22 3 26 Molly MORRIS 30 Jardan State (Ga 11.81w (2.8) 3/22 5 45 Mira AKAN 50 Jardy MDRTCH SO #Albama-Huntsv 11.96 (-1.6) 3/22 7 58 Macada MCDO 60 Jardy MDRTCH SO #Albama-Huntsv 11.96 (-1.6) 3/22 7 58 Macada MCDO 60 Stelfania RVERA- FR #JUR Rio Piedras 12.13 (0.5) 3/22 10 9 59 Linda Stelfania CLEO 10 Stelfania Stelfania RVERA- FR #JUR Rio Piedras 12.13 (0.5) 3/22 10 7 54 Kalize Stelfania RVERA- FR #JUR Rio Piedras 12.21 (-1.6) 3/22 12 Kalize Stelfania RVERA- FR #JUR Rio Piedras 12.21 (-1.6) 3/22 12 Kalize Stelfania RVERA- FR | | | | | | | | | |
| 1 | 12 | | | | 11.59 | (1.5) | 3/22 | 1 | 4 | Nathalia ROW |
| 2 | | | | | | | | | | |
| 3 | | | | | | | | | | |
| 4 | | | | | | (1.6) | | | | |
| 5 | | - | | | | | | 5 | | |
| 5 | | | | | | (-1.6) | | | | |
| 7 | | | | | | (3.2) | | 7 | | |
| 8 | 86 | Estefania RIVERA- | FR | | 12.13 | (0.5) | | 8 | 65 | Hope COLLINS |
| | | | | | | | , | | | |
| 9 | 96 | D'liyah AUSTELL | SR | #13 Fort Valley State | 12.15 | (2.0) | 3/22 | | | |
| 10 | | | JR | #17 Tuskegee | 12.21 | (-1.6) | 3/29 | | | _ |
| 10 | | Xaria BASCOMBE | JR | #10 Benedict | 12.21 | (0.5) | 3/22 | | | |
| | | Wome | on' | s 100 Meter Hurd | les | | | 2 | | |
| 1 | 22 | | | | | (0.8) | 3/22 | | | |
| 2 | | | | | | | | 4 | | |
| 3 | | - | | | | | | | | 0 |
| 4 | | | | | | | | | | |
| 5 | | | | | | | | | | |
| 6 | | | | | | | | 8 | | |
| 6 | | | | · · · · | | | | | | |
| 8 | | | | | | | | 10 | 71 | Bella BUTLER |
| 9 | | | | | | | | | | |
| 10 | | | | | | | | 1 | 14 | Lily HARE |
| | - | | | | | | | 2 | 15 | Estella CLEMO |
| 1 | 13 | | | | 23.75 | (-0.4) | 3/22 | 3 | 23 | Jill THORNING |
| 2 | | | | | | | | 4 | 52 | Taylor BENOIT |
| - | | | 0/1 | | | (**=) | 5/25 | 5 | | |
| 3 | 39 | Liz LANNOM | FR | #2 Lee (Tenn.) | 24.35 | (1.6) | 3/22 | 6 | | |
| 4 | 53 | Summer SUTHERLIN | FR | #1 Alabama-Huntsv | 24.60w | (2.7) | 3/29 | 7 | 69 | Eden TOAL |
| 5 | 70 | Shantel WILLIAMS | SR | #10 Benedict | 24.72w | (2.2) | 3/29 | 8 | 77 | Katie BEAM |
| 6 | 83 | Cadence CRAY | SO | #5 Albany State (Ga | 24.77 | (1.2) | 3/8 | 9 | 89 | 0 |
| 7 | 85 | JaTerralyn HAMILTON | FR | ^{#16} Spring Hill (Ala.) | 24.79 | (0.8) | 3/29 | 10 | 04 | |
| 8 | 100 | Jayla KENNEDY | FR | #6 Clark Atlanta | 24.92 | (0.1) | 3/15 | 10 | 94 | Emma MUSSA |
| 9 | | Aniya JOHNSON | so | #1 Alabama-Huntsv{2) | 24.93 | (0.8) | 3/29 | | | |
| 10 | | D'liyah AUSTELL | SR | #13 Fort Valley State | 24.94 | (0.4) | 3/29 | | | |
| 10 | | Anniyah WILLIAMS | JR | #6 Clark Atlanta {2] | 24.94 | (0.1) | 3/15 | | | - |
| | | W | om | en's 400 Meters | | | | | | - |
| 1 | 28 | | | | 55.72 | | 3/29 | | | |
| 2 | | | | | | | | | 98 | |
| 3 | | | | | | | | | | |
| 4 | | | | | | | | _ | | |
| 5 | | | | | | | | | | |
| 6 | | | | | | | | | | |
| 7 | | Victoria NIEVES | SR | #9 UPR Rio Piedras | 57.05 | | 2/22 | 10 | | Alexandra NIE RIOS |
| 8 | | Allie MURPHY | JR | #4 Tampa | 57.15 | | 3/22 | | | RIUU |
| 9 | | Summer SUTHERLIN | FR | | | | 3/22 | | | |
| 10 | | D'liyah AUSTELL | | #13 Fort Valley State | 57.32 | | 3/29 | | | |
| - | | · · · · · · · · · · · · · · · · · · · | | | | | | | | |

| | Women's 400 Meter Hurdles | | | | | | | | | | | | |
|--------|---------------------------|--------------------------|----|---------------------------------|---------------------|------|--|--|--|--|--|--|--|
| 1 | 4 | Nathalia ROWE | SR | #5 Albany State (Ga | | 3/22 | | | | | | | |
| 2 | 4 8 | Allie MURPHY | JR | #9Albany State (Ga #4Tampa | 1:00.71 | 3/22 | | | | | | | |
| 2 3 | | Molly MORRIS | FR | | {2}1:02.60 | 3/22 | | | | | | | |
| 4 | | Kate CARTER | FR | | {3} 1:03.29 | 3/22 | | | | | | | |
| - 5 | | Mira AKAN | | #18 Lynn | 1:04.00 | 3/22 | | | | | | | |
| 6 | | Hilary UDECHUKWU | SR | #8 Mississippi Colle | | 3/22 | | | | | | | |
| 5 7 | | Macada MCDONALD | | #20 Savannah State | 1:04.66 | 3/29 | | | | | | | |
| 8 | | Hope COLLINS | FR | #1 Alabama-Huntsv | | 3/30 | | | | | | | |
| 9 | | Lindsey KOWNICK | SO | | {4} 1:05.88 | 3/30 | | | | | | | |
| .0 | | Kylie DAVIS | FR | #3 Embry-Riddle (F | | 3/22 | | | | | | | |
| | | | | en's 800 Meters | | 3,22 | | | | | | | |
| 1 | 20 | Taylor ROTH | SO | #3 Embry-Riddle (F | | 3/28 | | | | | | | |
| 2 | | Kendra KRUEGER | so | #4 Tampa | 2:11.20 | 3/20 | | | | | | | |
| 2 3 | | Estella CLEMONS | FR | #2 Lee (Tenn.) | 2:13.37 | 3/22 | | | | | | | |
| 4 | | Katie BEAM | SO | | {2} 2:13.78 | 3/22 | | | | | | | |
| 5 | | Allegra TRINER | FR | #3 Embry-Riddle (F | | 3/8 | | | | | | | |
| 6 | | Jill THORNING | | #12 Nova Southeaste | ., | 2/28 | | | | | | | |
| 7 | | Augusta ARNOLD | | #14 West Alabama | 2:15.36 | 3/29 | | | | | | | |
| 8 | | Taylor BENOIT | JR | ^{#8} Mississippi Colle | 2:15.46 | 3/22 | | | | | | | |
| 9 | 68 | Grace HAMPEL | JR | #1Alabama-Huntsv | 2:15.86 | 3/22 | | | | | | | |
| 0 | 71 | Bella BUTLER | SO | #12 Nova Southeaste | {2} 2:16.10 | 3/22 | | | | | | | |
| | Women's 1500 Meters | | | | | | | | | | | | |
| 1 | 14 | Lily HARE | SR | #2 Lee (Tenn.) | 4:28.77 | 3/29 | | | | | | | |
| 2 | 15 | Estella CLEMONS | FR | #2 Lee (Tenn.) | {2} 4:29.03 | 3/29 | | | | | | | |
| 3 | 23 | Jill THORNING | SO | #12 Nova Southeaste | 4:31.80 | 2/28 | | | | | | | |
| 4 | 52 | Taylor BENOIT | JR | #8 Mississippi Colle | 4:37.36 | 3/22 | | | | | | | |
| 5 | 58 | Kendra KRUEGER | SO | <mark>#4</mark> Tampa | 4:38.54 | 2/22 | | | | | | | |
| 6 | 68 | Campbell CALDWELL | JR | <mark>#4</mark> Tampa | {2} 4:39.92 | 3/22 | | | | | | | |
| 7 | 69 | Eden TOAL | SR | #12 Nova Southeaste | {2} 4:40.06 | 2/22 | | | | | | | |
| 8 | 77 | Katie BEAM | SO | #2 Lee (Tenn.) | {3} 4:41.07 | 3/22 | | | | | | | |
| 9 | 89 | Amberleigh SORENSEN | SR | #22 Palm Beach Atla | 4:42.55 | 3/22 | | | | | | | |
| 0 | 94 | Emma MUSSANTE | SR | #11 Florida Southern | 4:43.35 | 3/7 | | | | | | | |
| | | Wo | me | n's Steeplecha | se | | | | | | | | |
| 1 | 14 | Ashlyn ILIFF | SR | #2 Lee (Tenn.) | 11:02.37 | 3/29 | | | | | | | |
| 2 | 37 | Tamsyn GIBBS | FR | #1 Alabama-Huntsv | 11:26.92 | 3/28 | | | | | | | |
| 3 | 67 | Emily TUBBS | FR | #3 Embry-Riddle (F | 11:49.40 | 3/8 | | | | | | | |
| 4 | 71 | Bella ASCONE | FR | #12 Nova Southeaste | 11:53.44 | 3/22 | | | | | | | |
| 5 | 98 | Abby WEIST | SR | <mark>#1</mark> Alabama-Huntsv | {2} 12:13.92 | 3/22 | | | | | | | |
| 6 | | Jessica LOMBARDO | | #18 Lynn | 12:24.36 | 2/28 | | | | | | | |
| 7 | | Maggie RAGSDALE | SO | #12 Nova Southeaste | {2} 12:38.22 | 3/8 | | | | | | | |
| 8 | | Mariah HUSTON | JR | ^{#19} Central State | 12:40.24 | 3/30 | | | | | | | |
| 9 | | Elizabeth CAIN | SO | #1 Alabama-Huntsv | | 3/22 | | | | | | | |
| .0 | | Alexandra NIEVES RIOS | | #9 UPR Rio Piedras | 12:53.89 | 2/22 | | | | | | | |
| | | | | | | | | | | | | | |



WOMEN — 2025 Checkpoint #1, April 1

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| | | | | | | So | ut |
|----|----|---------------------|-----|-----------------------------|----------------------|------|----|
| | | Wa | ome | en's 5000 Mete | rs | | |
| 1 | 10 | Ana Patricia CAMPOS | SR | #2 Lee (Tenn.) | 16:43.40 | 3/22 | 1 |
| 2 | 20 | Lily HARE | SR | #2 Lee (Tenn.) | {2} 16:52.59 | 3/22 | |
| 3 | 22 | Emma MUSSANTE | SR | #11 Florida Souther | r 16:57.11 | 2/22 | |
| 4 | 25 | Olivia HARP | SR | <mark>#4</mark> Tampa | 16:59.83 | 3/28 | 2 |
| 5 | 30 | Campbell CALDWELL | JR | <mark>#4</mark> Tampa | {2} 17:02.13 | 2/22 | |
| 6 | 32 | Jill THORNING | SO | #12 Nova Southeast | e 17:02.84 | 2/22 | |
| 7 | 43 | Emily KRINEY | JR | <mark>#4</mark> Tampa | {3} 17:17.31 | 3/22 | |
| 8 | 64 | Mercy LOMURIA | FR | ^{#14} West Alabama | 17:36.65 | 3/28 | 3 |
| 9 | 68 | Ellie FLUMAN | SR | #11 Florida Souther | r{2} 17:38.40 | 2/22 | |
| 10 | 71 | Lindsey VOLKMAN | SO | <mark>#4</mark> Tampa | {4} 17:40.43 | 3/7 | |
| | | Wo | me | n's 10,000 Mete | ers | | |
| 1 | 3 | Ana Patricia CAMPOS | SR | ^{#2} Lee (Tenn.) | 34:25.64 | 3/29 | 4 |
| 2 | 11 | Campbell CALDWELL | JR | <mark>#4</mark> Tampa | 35:25.31 | 3/28 | |
| 3 | 18 | Emma MUSSANTE | SR | #11 Florida Souther | r 36:00.69 | 3/28 | |
| 4 | 34 | Mya STAM | SR | #11 Florida Souther | r{2} 37:08.78 | 3/28 | 5 |
| 5 | 42 | Ellie FLUMAN | SR | #11 Florida Souther | r{3} 37:31.64 | 3/28 | |
| 6 | 54 | Leena SAIDI | SR | #12 Nova Southeast | e 38:15.06 | 3/22 | |
| 7 | 58 | Emma PFEIFFER | SO | #11 Florida Souther | r{4} 38:17.98 | 3/22 | e |
| 8 | 94 | Kendall MATHIS | JR | #3 Embry-Riddle (F | 40:13.40 | 3/22 | |
| 9 | 96 | Kira CASANE | FR | #11 Florida Souther | r{5} 40:19.44 | 3/22 | |
| 10 | | Yariana CATALA | SR | #9 UPR Rio Piedras | 42:39.94 | 2/22 | |

| uth | ١ | | as of 4 | 4/1/2025 7:53:26 A | MET |
|-----|----|---|---------------------------------|--------------------|------|
| | | Wom | en's 4x100 Relay | , | |
| 1 | 12 | Dasia Gilyard, Cadence Cray, Taniyah Kelley, Jeniya Lawrence | #5 Albany State (Ga | 46.18 | 3/29 |
| 2 | 17 | Deja Hines, Summer Sutherlin, Keziah Mickler, Jordyn Dortch | #1Alabama-Huntsv | 46.22 | 3/29 |
| 3 | 32 | Enith Maysonet Rivera, Briannyx Maldonado, Claudia Fernandez, Estefania Rivera-gonzalez | ^{#9} UPR Rio Piedras | 47.08 | 2/22 |
| 4 | 36 | Savannah Welch, Trinity Gegory, Madison Rose, Tracey Yelegoiyee | #15 Shorter | 47.18 | 3/9 |
| 5 | 38 | Morgan Graham, Jayla Kennedy, Mariah Young, Anniyah Williams | #6 Clark Atlanta | 47.20 | 3/29 |
| 6 | 39 | Mikia Hutchings, Gabriel Stephens, Erica Smith, Yakubu Balikis | #14 West Alabama | 47.24 | 3/22 |
| 7 | 45 | #Type! | ^{#8} Mississippi Colle | 47.58 | 3/9 |
| 8 | 57 | Santiona Freeman, Shantel Williams, Xaria Bascombe, Kiara Scott | #10 Benedict | 48.04 | 3/22 |
| 9 | 61 | Michala Daniels, Shenya O'Connell, Liora Best, Nina Richardson | #3 Embry-Riddle (F | 48.15 | 3/8 |
| 10 | 69 | Marielle Clayton, Sarah Martinez, Lillian Hicks, Kate Carter | <mark>#4</mark> Tampa | 48.38 | 3/7 |
| | | | | | |



WOMEN – 2025 Checkpoint #1, April 1

JR #5 Albany State (Ga 11.48m 37-8

3/8

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| | | | | | 9 | Sout | :h | | | as of | 4/1/2025 | 7:53:27 AM | 1 ET |
|--------------|---|--|--------------------------|----------------|---|----------------------|---------|---|----------------|--|------------------------------------|---|-----------------------------|
| | W | omen's 4x4 | 400 Relav | | | | | И | /or | nen's Pole Vault | | | |
| 1 1 5 | Deja Hines, Summer Sutherlin, Grace Hampel, Jordyn Dortch | | ma-Huntsv | | 3/2 | _ | 32 | Raegan MILLER Brynn DEPINET Nicole COUNTER | JR JR SO | #1 Alabama-Huntsv #2 Lee (Tenn.) #2 Lee (Tenn.) { | 3.75m 3.65m 2}3.50m | 12-3½ 11-11¾ 11-5¾ | 3/29 3/22 3/22 |
| 2 2 3 | Nathalia Rowe, Dasia Gilyard, Cadence Cray, Kennedy Simmons | #5 <mark>Alban</mark> | y State (Ga | 3:51.00 | 3/2 | 9 4 5 6 7 | ; | Leah DENDY Leilani SPRUILL Skylar SUGGITT Jenna ROLEN | | | 3.40m 3.01m 2}3.00m 2.85m | 11-1¾ 9-10½ 9-10 9-4¼ | 3/22 3/8 3/15 3/22 |
| 3 2 7 | Victoria Nieves Rios, Alondra Mas Net, Camila Ortiz Ruiz, Valeria Carrasquillo | #9 UPR F | Rio Piedras | 3:52.13 | 2/2 | | ; | Tracey YELEGOIYEE Madeline AMPLEMAN Ariana SPRINKLE | FR FR | | 2} 2.68m | 8-9½ 8-4¾ 8-2½ | 3/9 3/8 3/1 |
| 4 35 | i Jayla Kennedy, Kiyami Zimmerman, Karon Warren, Anniyah Williams | #6 Clark | Atlanta | 3:54.31 | 3/2 | 1 | 44 | Claudia FERNANDEZ Madison FLUGENCE | SR SO | ^{#8} Mississippi Colle | 5.80m 5.62m | 19-½ (-0.3) 18-5¼ (2.0) | 3/9 |
| | Livia Fischer, Ann Cobb, Alana Green, Hilary Udechukwu | | sippi Colle | 3:55.32 | 3/2 | .9 | 60 | Morgan GRAHAMDaniela ALEJANDOMeasha JONES | FR SR JR | #6 Clark Atlanta #9 UPR Rio Piedras { Allen (S.C.) | | 18-3¼ (2.8) 18-3¼ (0.1) 18-2¼ (-1.0) | 2/22 |
| | Liora Best, Taylor Roth, Allegra Triner, Nina Richardson | | y-Riddle (F | 3:56.66 | 3, | ^{/8} 6 7 | , | De'Shell CARR Madison ROSE Jadlyn | SR | #17 Tuskegee #15 Shorter #1 Alabama-Huntsv | 5.45m 5.40m 5.39m | 17-10¾ (0.0 17-8¾ (0.5) 17-8¼ (1.1) | 3/22 |
| 7 51 | Molly Morris, Kate Carter, Lillian Hicks, Allie Murphy | <mark>#4</mark> Tamp | а | 3:58.23 | 3/3 | 9 |) | DEBARDLABON Farrah HAWKINS | SO | #7 Montevallo | 5.27mw | 17-3½ (2.7) | 3/15 |
| 8 66 | Alijah Giustino, Emma Smith, Angelina Howard, Mira Akan | #18 Lynn | | 4:02.59 | 2/2 | 1 | 3 | Mikaela MILES | om JR | en's Triple Jum ^{#3} Embry-Riddle (Fl | 12.59m | 17-2¾ (0.7) 41-3¾ (2.0) | 3/28 |
| 973 | Sativa James, Kayla Wommack, Bella Butler, Jennifer Greenfield | #12 Nova | Southeast | 4:04.69 | 2/2 | 3 4 | 9 32 | | JR | #10 Benedict #6 Clark Atlanta #16 Spring Hill (Ala.) #7 Montevallo | 11.96m 11.52mv | 40-2 (1.7) 39-3 (1.5) v 37-9½ (3.3) v 36-7 (2.8) | |
| 10 80 | #Type! | #15 Short | er | 4:06.95 | 3, | ^{/9} 6 | | Nashari EDWARDS | | #15 Shorter | | 35-8 ³ / ₄ (0.0) | 3/15 3/22 |
| 1 6 | Liezl THERON | omen's Hi SR #2 Lee (1 | Tenn.) | 1.72m | 5-7¾ 3/2 | _ | | Taniyah KELLEY Jadlyn | SO SO | #5 Albany State (Ga #1 Alabama-Huntsv | | 34-9½ (-0.4, 34-7¾ (0. <mark>0)</mark> | |
| 3 2 7 | Liz LANNOM Daniela ALEJANDO Jade TCHOUAWOU | FR#2Lee (1SR#9UPR FFR#3Embr | Rio Piedras | | 5-5¼ 3/2 5-5 2/2 5-5 3, | 2 9 | | DEBARDLABON Dyniah DAVIS Isis LEWIS | | #25 Lane #6 Clark Atlanta { | | 34-4¾ (0.3) v 33-10¾ (2.4 | -,- |
| | NAYAP Aniya JOHNSON Paris MCKINNON | SO <mark>#1</mark> Alaba | ma-Huntsv rd Waters (| 1.60m 1.60m | 5-3 3/2 5-3 3/ 3 | | . 30 | Diamond RICHARDSON | - | men's Shot Put #13 Fort Valley State | 13.17m | 43-2 ½ | 3/8 |
| 5 6 3 | Aquila KERR Zauren BURTON | SR #13 Fort V SR #7 Monte | alley State | 1.60m 1.60m | 5-3 3, 5-3 3, | /8 2 | | Yassmine CHAMBERS Emily WOLF | | #10 Benedict #7 Montevallo | 12.68m 12.43m | | 3/22 3/15 |
| 5 63 | Ulianna KERN Carely TORRECH Anaiya HOUSEAL | SR #5 Alban FR #9 UPR F SO #10 Bener | | | 5-3 3, 5-3 2/2 5-3 3/2 | 2 5 | 10 | A'Cynthia BROWN Graice WAITE Sierra COWARD | | #1 Alabama-Huntsv #2 Lee (Tenn.) #3 Embry-Riddle (Fl | 12.37m 12.32m 12.10m | 40-5 | 3/22 3/22 3/8 |
| | | | | | | 7 8 9 | , } | Daneika WILLIAMSON Jayme REDMOND Cierra CRUSOE | JR SO | | 2}11.88m 11.78m 11.59m | 38-11 ³ /4 38-7 ³ /4 | 3/29 3/9 3/22 |

10

Mykhayla CARROLL





South

as of 4/1/2025 7:53:27 AM ET

Athletic

| | | | Wo | omen's Discus | | |
|----|----|-----------------------|-----|--|-----------------|------|
| 1 | 20 | Diamond RICHARDSON | | #13 Fort Valley State 45.90 | m 150-7 | 3/22 |
| 2 | 28 | Emily WOLF | SO | ^{#7} Montevallo 44.93 | m 147-5 | 3/15 |
| 3 | 32 | Katie WILKERSON | FR | #7 Montevallo {2}44.52 | m 146-1 | 3/15 |
| 4 | 38 | Yassmine CHAMBERS | JR | #10 Benedict 44.03 | m 144-6 | 3/29 |
| 5 | 40 | TaNiyah THOMAS | SR | #1 Alabama-Huntsv 43.97 | m 144-3 | 3/22 |
| 6 | 57 | Madison MORRIS | SR | #3 Embry-Riddle (F 42.68 | m 140-1 | 3/28 |
| 7 | 69 | Graice WAITE | FR | #2 Lee (Tenn.) 41.93 | m 137-7 | 3/22 |
| 8 | 84 | Rebekah ZWEERINK | FR | #8 Mississippi Colle 41.11 | m 134-11 | 3/29 |
| 9 | | Desire' POOLE | JR | #24 Kentucky State 39.17 | m 128-6 | 3/29 |
| 10 | | Keva THOMAS | FR | #8 Mississippi Colle{2} 38.92 | m 127-8 | 3/29 |
| | | J | Voi | nen's Hammer | | |
| 1 | 17 | Kirsten ROLLE | SR | #3 Embry-Riddle (F 53.80 | m 176-6 | 3/28 |
| 2 | 51 | Diamond RICHARDSON | SR | #13 Fort Valley State 49.90 | m 163-9 | 3/22 |
| 3 | 79 | Sarah TANG | SO | #1 Alabama-Huntsv 47.90 | m 157-2 | 3/29 |
| 4 | 88 | Emily WOLF | SO | #7 Montevallo 47.11 | m 154-7 | 3/22 |
| 5 | 92 | Hailey SMITH | JR | #1 Alabama-Huntsv{2}47.05 | m 154-5 | 3/22 |
| 6 | | Mykhayla CARROLL | JR | #5 Albany State (Ga 46.02 | m 151-0 | 3/22 |
| 7 | | Samara BRINKS | JR | #2 Lee (Tenn.) 45.38 | m 148-11 | 3/22 |
| 8 | | Paris STANTON | SR | #10 Benedict 44.80 | m 147-0 | 3/29 |
| 9 | | Kennedy THOMPSON | so | #8 Mississippi Colle 43.21 | m 141-9 | 3/29 |
| 10 | | Graice WAITE | FR | #2 Lee (Tenn.) {2}43.08 | m 141-4 | 3/22 |
| | | | Wo | men's Javelin | | |
| 1 | 12 | Maxime KIRSCHNER | SR | #3 Embry-Riddle (F 46.45 | m 152-5 | 3/28 |
| 2 | 16 | Aspen ARROWSMITH | SO | #1 Alabama-Huntsv 44.71 | m 146-8 | 3/22 |
| 3 | 19 | Hailey BRUCE | so | #3 Embry-Riddle (FI{2}43.73 | m 143-6 | 3/28 |
| 4 | 22 | Zaniya RUSH | FR | #16 Spring Hill (Ala.) 42.90 | m 140-9 | 3/1 |
| 5 | 44 | Elizabeth HAYHURST | JR | ^{#7} Montevallo 39.87 | m 130-10 | 3/9 |
| 6 | 61 | Katie WILKERSON | FR | #7 Montevallo {2} 38.59 | m 126-7 | 3/15 |
| 7 | 64 | Katelyn BROTHERS | SO | #7 Montevallo {3} 38.40 | m 126-0 | 3/9 |
| 8 | 69 | Campbell JOHNSON | JR | #21 Trevecca Nazare 38.01 | m 124-9 | 3/29 |
| 9 | 73 | Hailey SMITH | JR | #1 Alabama-Huntsv{2}37.79 | | 3/29 |
| 10 | 89 | Sierra COWARD | SR | #3 Embry-Riddle (FI{3}36.74 | m 120-7 | 3/28 |
| | | W | om | en's Heptathlon | | |
| 1 | | Liz LANNOM | FR | #2 Lee (Tenn.) 4,452 | | 3/22 |
| 2 | 18 | Sydney WHITE | SR | #2 Lee (Tenn.) {2}4,397 | | 3/22 |
| 3 | | Shynique MCGEE | JR | #6 Clark Atlanta 3,732 | | 3/29 |
| 4 | | Danielle THOMPSON | SO | #6 Clark Atlanta {2} 2,699 | | 3/29 |
| 5 | | Nina WILLOUGHBY | | #21 Trevecca Nazare 2,639 | | 3/22 |
| 6 | | Tyloni BAILEY | JR | #5 Albany State (Ga 2,595 | | 3/29 |
| 6 | | Julianna KERN | SR | #5 <mark>Albany State (Ga 2,595</mark> | | 3/29 |
| 8 | | Jadyn GRAYDON | FR | #6 Clark Atlanta {3}2,437 | | 3/29 |
| 9 | 86 | Bailey ONEAL | SO | #5 Albany State (Ga{3}2,211 | | 3/29 |



WOMEN — 2025 Checkpoint #1, April 1

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| | | So | outh C | Central | as of 4/1/2025 7:53:27 A | M ET |
|------------------------------|--|-------------------------|--------|---------------------------|--|--------------|
| И | /omen's 100 Meters | | | Wome | n's 400 Meter Hurdles | |
| 1 4 Deborah | SO #1 West Texas A&M 11.3 | 8 (1.6) | 3/22 | 1 9 Temitope ADENUGA | SO #1 West Texas A&M 1:00.80 | 3/22 |
| ACHEAMPONG | ID #12 March March 11 and P | (1 C) | 2/22 | | SO #8 Adams State 1:00.94c (1:00.83A) | |
| 2 8 Ashley BARRETT | JR #12 New Mexico High 11.5 | | 3/22 | | JR #1West Texas A&M {2} 1:01.00 | 3/22 |
| 3 13 Grizell SCARLETT | | Ocw (11.57A) (2. | | | SR #7 Colo. School of N 1:01.48c (1:01.37A) | |
| 4 27 Victoria FARINAS | SR #3UC-Colorado Spr 11.7 | | | 4 20 Kendall TIETJEN | JR #17 Black Hills State 1:01.48c (1:01.37A) | - |
| 5 31 Rujeko MUNETSI | FR #12 New Mexico High {2}11.8 | | 3/22 | 6 22 Shackelia GREEN | JR #2 Angelo State 1:02.11 | 3/8 |
| 6 43 Joy EGWU | JR #6 Lubbock Christia 11.9 | | 3/22 | 7 28 Kaylee PRICE | FR #2Angelo State {2}1:02.80 | 3/22 |
| 7 45 Brandi DRAKE | JR #14 UT Tyler 11.9 | | 3/29 | 8 33 Lainey JERNIGAN | FR #2Angelo State {3}1:03.00 | 3/22 |
| 8 56 Leah BELFIELD | SR #1 West Texas A&M {2}11.9 | | 3/22 | 9 37 Gigi DOUILLARD | SO #3UC-Colorado Spi 1:03.36c (1:03.25A) | 3/29 |
| 8 56 Cynai CHRISTOPHER | SR #4 Texas A&M-King: 11.9 | | 3/22 | 10 54 Aani HARDESTY | SO #7 Colo. School of N{2} 1:04.48c (1:04.37A) | 3/28 |
| 10 67 Hailee JANZEN | FR #11 Midwestern Stat 12.0 | 2 (1.0) | 3/22 | Wa | omen's 800 Meters | |
| | en's 100 Meter Hurdles | | | 1 Helen BRAYBROOK | SR #5 CSU Pueblo 2:03.45c (2:04.11A) | 3/29 |
| 1 Patreece CLARKE | JR #12 New Mexico High 13.5 | 0 (1.8) | 3/22 | 2 2 Abigail ABUGIRE | FR #1West Texas A&M 2:04.89 | 3/29 |
| 2 23 Bracie VAUGHN | JR #14 UT Tyler 14.3 | | 3/29 | 3 3 Lieke HOOGSTEEN | JR #8 Adams State 2:04.95c (2:05.69A) | 3/30 |
| 3 33 Maricia SPENCE | SR #2 Angelo State 14.4 | 9 (0.3) | 3/8 | 4 6 Leah KEISLER | JR #5CSU Pueblo {2}2:05.31c (2:05.98A) | 3/29 |
| 4 43 Isabel JAKOBSEN | SO #14 UT Tyler {2}14.6 | Ow (2.9) | 3/22 | 5 7 Nidhi SINGH | SR #11 Midwestern Stat 2:07.77 | 3/29 |
| 5 47 Lisa SUTHERLAND | SO #7 Colo. School of N 14.6 | 4c (14.60A) (1. | 3/22 | 6 8 Jessica SIMON | SR #8 Adams State {2} 2:07.80c (2:08.56A) | 3/30 |
| 6 53 Avery WRIGHT | JR #7 Colo. School of N{2}14.6 | 7c (14.63A) (1. | 3/22 | 7 15 Ellie FRYE | JR #15 Dallas Baptist 2:10.36 | 3/29 |
| 7 55 Temitope ADENUGA | SO #1 West Texas A&M 14.6 | 9 (1.8) | 3/22 | 8 21 Brooke MILLER | JR ^{#9} Colorado Mesa 2:10.83c (2:11.53A) | 3/29 |
| 8 56 Devyn ERICKSEN | FR #10 Eastern New Me) 14.7 | 2 (0.6) | 3/22 | 9 31 Maggie NEAL | FR #11 Midwestern Stat{2}2:12.01 | 3/29 |
| 9 57 Maya RIES | SR #16 MSU Denver 14.7 | 3c (14.69A) (1. | 3/22 | 10 38 Avary CATCHINGS | JR #7 Colo. School of N 2:13.37c (2:14.38A) | 3/28 |
| 10 59 Meadow HOUSMAN | SR #15 Dallas Baptist 14.7 | '4w (2.9) | 3/22 | Wo | men's 1500 Meters | |
| | <i>lomen's 200 Meters</i> | | | 1 4 Maggie MCCLESKEY | JR #8 Adams State 4:21.02c (4:27.13A) | 3/30 |
| 1 3 Deborah | SO #1 West Texas A&M 23.2 | 4w (3.3) | 3/22 | 2 6 Jadyn HERRON | JR #5 CSU Pueblo 4:21.61c (4:27.23A) | 3/22 |
| ACHEAMPONG | | | | 3 9 Brianna ROBLES | SR #8 Adams State {2} 4:23.85c (4:30.02A) | 3/30 |
| 2 10 Cynai CHRISTOPHER | SR #4 Texas A&M-King: 23.6 | 2w (4.0) | 3/22 | 4 19 Margot THOMAS | SR #5CSU Pueblo {2}4:30.93c (4:36.75A) | 3/22 |
| 3 12 Ashley BARRETT | JR #12 New Mexico High 23.7 | | 3/22 | 5 21 Emily SCHOELLKOPF | SR #8 Adams State {3} 4:31.59c (4:37.95A) | 3/30 |
| 4 15 Kacian POWELL | SO #12 New Mexico High{2}23.8 | | 3/22 | 6 24 Brooke MILLER | JR #9 Colorado Mesa 4:32.43c (4:38.28A) | 3/22 |
| 5 29 Grizell SCARLETT | SO #10 Eastern New Me) 24.2 | | 3/22 | 7 26 Megan HODGES | JR #9 Colorado Mesa {2} 4:33.48c (4:39.36A) | 3/29 |
| 6 35 Joy EGWU | JR ^{#6} Lubbock Christia 24.3 | | 3/22 | 8 29 Fiona HAWKINS | SR #8 Adams State {4}4:34.01c (4:40.42A) | 3/30 |
| 7 43 Oneika BRISSETT | FR #4 Texas A&M-King:{2}24.4 | 3w (2.8) | 3/29 | 9 30 Megan GARRETT | SO #8 Adams State {5} 4:34.04c (4:40.45A) | 3/30 |
| 8 45 Anne-Lie WAITE | FR #6 Lubbock Christia{2}24.5 | | 3/22 | - | SO #8 Adams State {6}4:34.45c (4:40.87A) | 3/30 |
| 9 46 Rujeko MUNETSI | FR #12 New Mexico High{3}24.5 | 4w (3.2) | 3/22 | | nen's Steeplechase | |
| 10 50 Reanna ARGULLIN | SR #6 Lubbock Christia{3}24.5 | 7w (3.3) | 3/22 | | <i>JR</i> #1 West Texas A&M 10:14.50 | 3/29 |
| И | /omen's 400 Meters | | | | SR #3UC-Colorado Spi 10:58.00c(11:14.01A | |
| 1 Anna SALISBURY | SR #6 Lubbock Christia 53.0 | 3 | 3/29 | | SO #3 UC-Colorado Spr{2}11:08.29c(11:24.55A | |
| 2 15 Nidhi SINGH | SR #11 Midwestern Stat 55.1 | 3 | 3/22 | | SR #13 Western Colorad 11:14.14c(11:30.54A | |
| 3 26 Jozlyn ARANA | JR #6 Lubbock Christia{2}55.6 | 3 | 3/22 | | <i>JR</i> # ³ UC-Colorado Spr{3}11:16.90c(<i>11:33.37</i> A | |
| 4 27 Elizabeth FLOREZ | SO #6 Lubbock Christia{3}55.7 | 0 | 3/22 | | <i>JR</i> #6 Lubbock Christia 11:18.75 | 3/22 3/29 |
| 5 34 Alese SARTAIN | SR #8 Adams State 56.1 | Oc (55.99A) | 3/22 | | JR #3UC-Colorado Spr{4}11:22.69c(11:39.30A | |
| 6 41 Hailey RODRIGUEZ | JR #19 St. Edward's 56.3 | 9 | 3/29 | | SR #2 Angelo State 11:27.01 | 3/22 |
| 7 42 Reanna ARGULLIN | SR #6 Lubbock Christia{4} 56.4 | 0 | 3/22 | | FR #9 Colorado Mesa 11:29.62c(11:46.40A | |
| 8 48 Helen BRAYBROOK | SR #5CSU Pueblo 56.5 | 5c (56.44A) | 3/22 | | - | |
| 9 49 Jazmine MILLER | JR #4 Texas A&M-King: 56.5 | 6 | 3/29 | 10 42 Marin SMITH | FR #16 MSU Denver 11:31.10c(11:47.91A | , 3/22 |
| 10 54 Trell'Kyrah WATKINS | JR #11 Midwestern Stat{2}56.6 | 6 | 3/22 | | | |
| | | | | | | |



WOMEN – 2025 Checkpoint #1, April 1

Athletic

| | South C | Central | 4/1/2025 7:53:27 AM | 25 7:53:27 AM ET | |
|---|--|---|---|------------------------|--------------------|
| Women's 5000 Meters | | | Women's 4x100 Relay | V | |
| 1 2 Sarah KOOMSON SO #1 West Texas A&M 16:17.42 2 3 Naomi ADDO FR #1 West Texas A&M {2}16:20.01 3 4 Anna FAUSKE SR #3 UC-Colorado Spr 16:21.36c(16:47.47.47) 4 5 Kalkidan SR #1 West Texas A&M {3}16:25.06 | 3/29 | 1 10 Peace Nwa Leah Belfie Blessing Ak Deborah Acheampo | ld, intoye, | 46.00 | 3/29 |
| VINCENDEAU 5 16 Margot THOMAS SR #5 CSU Pueblo 16:49.55c(17:15. 6 44 Kseniya NIKANOROV JR #3 UC-Colorado Spt{2}17:19.12c(17:46. 7 45 Camille RENOU SR #5 CSU Pueblo {2}17:22.26c(17:49. | .98 <mark>A) 3/29</mark> .32 <mark>A) 3/29</mark> | 2 14 Victoria Fa Bullock, Da Kinnard, M Moore | inas, Zane #3 UC-Colorado Spr naya | 46.19c (46.07A) | 3/22 |
| 8 47 Audrey BRUNKEN SO #3 UC-Colorado Spr{3}17:24.47c(17:51. 9 48 Sarah RENBERG JR #5 CSU Pueblo {3}17:25.69c(17:53. 10 75 Kaya PILLIVANT SO #3 UC-Colorado Spr{4}17:41.15c(18:08. | .81 <mark>A) 3/29</mark> .07 <mark>A) 3/29</mark> | 3 21 Jodian Ste Midgett, Ga Elizalde, Ga Scarlett | briela | 46.43 | 3/22 |
| Women's 10,000 Meters 1 Jenna RAMSEY- RUTLEDGE SR #7 Colo. School of N 32:31.16 | 3/29 | 4 24 Anika Beuk Salisbury, Arana, Joy | lozlyn | 46.68 | 3/29 |
| 2 6 Elise LEVEEL SR #1 West Texas A&M 34:45.06 3 13 Alliyah MOLINA JR #24 Fort Lewis 35:34.64c(36:41. 4 14 Julie LAFARE JR #1 West Texas A&M {2}:35:34.98 | 3/29 | 5 25 Maricia Spe Shackelia (Alliyah Har Kylie Frush | ireen, rison, | 46.71 | 3/22 |
| 5 20 Ivanova YANES JR #4 Texas A&M-King: 36:09.64 6 21 Lexi MAUL JR #1 West Texas A&M {3}36:16.03 7 22 Marissa BRUNO SO #16 MSU Denver 36:30.33c(37:38.) | 3/29 | 6 27 Corinne Th Karissa Nix Heath, Hai | on, Jessie | 46.73 | 3/22 |
| 26 Sarah RENBERG JR #5 CSU Pueblo 36:47.53c(37:56.) 9 27 Emma BERG JR #13 Western Colorad 36:52.66c(38:01.) 10 31 Gretchen SLATTUM SR #13 Western Colorad{2}37:03.27c(38:12.) | .25A) 3/22 .54A) 3/22 | 7 55 Maya Ries, Hobson, Na Sowell, Od Omofoma | leia | 48.00c (47.88A) | 3/22 |
| | | 8 58 Laniyah Cu Bosley, Ma Jamie Morg 9 100 Ariyana Bla Lucia Meno | y Loftiss, gan ckwell, #4 Texas A&M-King s | 48.05 | 3/29 3/8 |
| | | Nunez, Jaz | | 53.81c (53.69A) | 3/28 |



WOMEN – 2025 Checkpoint #1, April 1

∕∕thletic

| | | So | uth C | entral | a | is of 4/1/2025 7:53:27 | AM ET |
|---|--|--|-------------------|--|---|---|------------------------------------|
| | Women's 4x400 Relay | / | | | Women's Pole Va | ult | |
| 3 Asana Hamidu, Pe Nwaelehia, Abigail Abugire, Blessing | ace #1 West Texas A&M | | - | 9 Kylyie PADEN 15 Dale THOMPSO | JR #2 Angelo State N SR #7 Colo. School | 3.96m 12-11¾ of N 3.85mA 12-7½ | 3/2 |
| Akintoye 7 Elizabeth Florez, J Egwu, Anne-Lie | by #6 Lubbock Christia | 3:42.24 | 3/29 | 25 Brooke PETERS 44 Taylor HINDMAI 50 Camryn BARRO | N FR #7 Colo. School | Spi 3.75mA 12-3½ of M[2] 3.60mA 11-9¾ {2} 3.55m 11-7¾ | 3/2 3/2 3/ |
| Waite, Anna Salisb 10 Isila Apkup, Victori Amiadamen, Alese Sartain, Jessica | a #8 Adams State | 3:43.43c (3:42.99A <mark>)</mark> | <mark>3/30</mark> | 6 54 Olivia MITCHELI 6 54 Arabella CHEN 8 74 Phia EDWARDS | FR #7 Colo. School SO #3 UC-Colorado | Spi{2}3.45mA 11-334 | 3/2 3/2 3/2 |
| Simon 11 Jessie Heath, Trell'Kyrah Watkin | | 3:44.47 | | 8 74 Erin WEIBEL 10 91 Madeline OBUCHOWSKI | SO #7 Colo. School | ate 3.45mA 11-3¾ of N{4}3.35mA 10-11¾ | 3/2 3/2 |
| Maggie Neal, Nidhi Singh | | | | 1 9 Madissyn MOOF | Women's Long Ju RE JR #3 UC-Colorado | - | c) 2/2 |
| 19 Gabrielle Dunich, Jadyn Herron, Lea Keisler, Helen Braybrook | #5 <mark>CSU Pueblo</mark> h | 3:47.83c (3:47.39A) | <mark>3/29</mark> | 9 Madissyn MOOF 10 Kylie FRUSH 3 13 Afaf BENHADJA 4 18 Jazmin RAY | JR #2 Angelo State SO #4 Texas A&M-K | 5.93m 19-5½ (. | 1.0) 3/ 3.5) 3/2 |
| 25 Shackelia Green, Maricia Spence, Lainey Jernigan, Kylie Frush | #2 <mark>Angelo State</mark> | 3:51.23 | | 5 22 Kailee BENTON 6 25 Madison ALEGR 7 33 Chisom OBIOHA | JR #1 West Texas A IA SR #4 Texas A&M-K A SR #12 New Mexico I | &M 5.76mw 18-10¾ ing:{3}5.70mw 18-8½ (. Higt 5.66mw 18-7 (2. | (2.8 3/2 3.2) 3/2 7) 3/2 |
| 41 Yamila Cartwright, Hailey Rodriguez, Karly Weyand, Sar Willson | | 3:56.03 | 3/29 1 | 33 Danaya KINNAR 37 Gabi HUGGINS 39 Mary LOFTISS 39 Chelsea HOWAR | SO #13 Western Colo SO #18 Oklahoma Ch | Spi{2}5.66mA 18-7 (0.0 orad 5.65mA 18-6% (0 nrist 5.63mw 18-5% (0 Spi{3}5.63mA 18-5% (0 | 0.2) 3/2 3.2) 3/2 |
| 50 Ellie Frye, Jesse Swan, Addyson Hulett, Danielle Graham | #15 Dallas Baptist | 3:58.13 | 3/29 | 1 2 Jazmin RAY 2 12 Camila SALVUC | Women's Triple Ju SR #4 Texas A&M-K | IMP ing: 12.73mw ^{41-9¼} (3 | ^{3.} 1) 3/2 |
| 55 Gigi Douillard, Alys Lopez, Rachel Goodrich, Lilyana Delagarza | sa #3 <mark>UC-Colorado Spr</mark> | 3:59.56c (3:59.12A) | ŕ | 14 Audrey UZOUK 15 Celina THOMAS 19 Kylie FRUSH | | Me) 11.84m 38-101/4 | (1.5 3/2 |
| 58 Saraya Afrank, Jilli Brennan, Gracie Wilts, Kendall Tietj | en | 4:00.67c (4:00.23A) | 3/29 ; | Kennedy JOHN: Rojrika CAMBEL Maggie MORALE | L SO #12 New Mexico I S JR #2 Angelo State | Higł 11.55m 37-10¾ {2}11.46m 37-7¼ (2 | (1.6 3/2 1.4) 3 |
| | Women's High Jump | 1 7 4 5 . 0 1 / | | 9 59 Nicole CZERWIN | ISKI SO #1 West Texas A RECHT JR #4 Texas A&M-K | &M {2} 11.22m 36-9¾ (| |
| 3 Madison ALEGRIA10 Laila AHMED | SR #4 Texas A&M-Kings FR #18 Oklahoma Christ | | 3/29 1 3/29 | TO TO BROOKLYTT LAMPT | | 0.11 | 0.3/ <u>5</u> |
| 10 Afaf BENHADJA | SO #4 Texas A&M-Kings | | | 1 6 Fedra FLORENT | Women's Shot P IN SR #2Angelo State | | 3/2 |
| 10 Madison RAMOS | JR #4 Texas A&M-Kings | | 2/22 | 2 8 Katherine HIGG | | 14.50mA 47-7 | 3/2 |
| 27 Kylyie PADEN | JR #2Angelo State | 1.65m 5-5 | a (a | 3 13 Febe WESSELS | JR #5CSU Pueblo | {2} 14.28mA 46-10¼ | 3/2 |
| 27 Bryn MCNAIR | FR #21 Regis (Colo.) | 1.65mA 5-5 | 2/22 | 4 15 Jada SEWELL | SR #1 West Texas A | | 3/3 |
| 45 Mara ANDRITSCH | FR #1 West Texas A&M | 1.63m 5-41/4 | 3/22 | 5 18 Kitt RUPAR | SR #7 Colo. School | of N 13.76mA 45-1¾ | 3/ |
| 50 Samantha BRETZ | SR #13 Western Colorad | 1.62mA 5-3¾ | 3/29 | 6 20 Karina ALVAREZ | SO <mark>#4</mark> Texas A&M-K | ing: 13.69m 44-11 | 3/ |
| 63 Annabell PHILLIPS | FR #6 Lubbock Christia | 1.60m 5-3 | 3/22 | 7 26 Devon WILLIAM | S SR <mark>#4</mark> Texas A&M-K | ing:{2}13.39m 43-11¼ | 3 |
| 63 Paige BYFORD | SO #6 Lubbock Christia | 1.60mA 5-3 | | 8 27 Bailey YOUNG9 34 Kaylea DEMETR | | Spr 13.23mA 43-5 ing:{3}13.07m 42-1034 | 3/ |



USTFCCCA NCAA Division II Outdoor Track & Field USTFCCCA NCAA DIVISION II OULUOU Regional TFRI Event Summary

WOMEN – 2025 Checkpoint #1, April 1

South Central



Athletic

| | | | Wc | omen's Discus | | | |
|----|----|--------------------------|-----|----------------------------------|---------|--------|------|
| 1 | 4 | Kennedy ULMER | JR | #10 Eastern New Me> | 48.91mA | 160-6 | 3/30 |
| 2 | 8 | Devon WILLIAMS | SR | # <mark>4</mark> Texas A&M-King: | 48.15m | 158-0 | 3/22 |
| 3 | 17 | Kitt RUPAR | SR | ^{#7} Colo. School of № | 46.12mA | 151-4 | 3/28 |
| 4 | 24 | Tiamara HILL- JOHNSON | SR | #2 Angelo State | 45.69m | 149-11 | 3/8 |
| 5 | 33 | Christina PALMER | SR | ^{#9} Colorado Mesa | 44.41mA | 145-9 | 3/29 |
| 6 | 45 | Kaiya GRAVES | SO | #9 Colorado Mesa [2] | 43.28mA | 142-0 | 3/29 |
| 7 | 50 | Kylie MAYER | FR | #9 Colorado Mesa {3] | 43.02mA | 141-2 | 3/29 |
| 7 | 50 | Alexandria TICE | JR | #1 West Texas A&M | 43.02mA | 141-2 | 3/30 |
| 9 | 53 | Katrina TRAHAN | FR | ^{#13} Western Colorad | 42.98mA | 141-0 | 3/22 |
| 10 | 56 | Victoria MALAKI | JR | #3 UC-Colorado Spr | 42.86mA | 140-8 | 3/22 |
| | | V | Vor | nen's Hammer | | | |
| 1 | 3 | Marie SCHULER | JR | #2 Angelo State | 60.01m | 196-11 | 3/8 |
| 2 | 6 | Jennifer JARNAGIN | SR | #7 Colo. School of N | 57.74mA | 189-5 | 3/28 |
| 3 | 7 | Abigail GILLESPIE | SR | #7 Colo. School of N{2] | 57.51mA | 188-8 | 3/28 |
| 4 | 12 | Esma PAJT | JR | #2 Angelo State {2] | 55.13m | 180-11 | 3/8 |
| 5 | 20 | Augustine HANCOCK | JR | ^{#9} Colorado Mesa | 53.48mA | 175-6 | 3/29 |
| 6 | 23 | Kitt RUPAR | SR | #7 Colo. School of N[3] | 52.89mA | 173-6 | 3/28 |
| 7 | 28 | Hope GRAY | JR | #1 West Texas A&M | 51.76m | 169-10 | 3/22 |
| 8 | 30 | Rylee BLANTON | JR | #13 Western Colorad | 51.56mA | 169-2 | 3/29 |
| 9 | 38 | Meadow GALLENTINE | JR | #1 West Texas A&M {2] | 50.98m | 167-3 | 3/22 |
| 10 | 41 | Savannah JORGENS | JR | #3 UC-Colorado Spr | 50.68mA | 166-3 | 3/29 |
| | | | Wo | men's Javelin | | | |
| 1 | 4 | Federica DOZIO | FR | #2 Angelo State | 48.69m | 159-9 | 3/29 |
| 2 | 17 | Lindsey CURE | FR | #21 Regis (Colo.) | 44.46mA | 145-11 | 3/22 |
| 3 | 21 | Kennedy ULMER | JR | #10 Eastern New Me | 43.12mA | 141-6 | 3/30 |
| 4 | 25 | Sophia PREITO | SR | #20 Westminster (Ut | 42.13m | 138-3 | 3/22 |
| 5 | 32 | Lauren O'CAMPO | so | #8 Adams State | 41.21mA | 135-3 | 3/30 |
| 6 | 52 | Maricia SPENCE | SR | #2 Angelo State {2] | 39.45m | 129-5 | 3/22 |
| 7 | 55 | Adisyn SCHENCK | JR | #23 South Dakota Mi | 39.17mA | 128-6 | 3/22 |
| 8 | 58 | Keturah TEMPLEMAN | FR | #5 CSU Pueblo | 39.00mA | 128-0 | 3/29 |
| 9 | 74 | Kaiya GRAVES | SO | ^{#9} Colorado Mesa | 37.76mA | 123-11 | 3/22 |
| 10 | 91 | Dyanna PARRA | FR | #3 UC-Colorado Spr | 36.65mA | 120-3 | 3/22 |
| | | W | om | en's Heptathlon | | | |
| 1 | 51 | Mia MCKAY | | #20 Westminster (Ut | 3,557 | | 3/14 |



WOMEN – 2025 Checkpoint #1, April 1

∧thletic

| | | | | Sout | thea | ast | | | as of | 4/1/2025 7:53:27 | AM ET |
|-------------------------------|---------------------------|--------------------|--------------|------|------|-----|-------------------|-----|--------------------------------|----------------------------|--------|
| И | Vomen's 100 Meter | rs | | | | | Wom | en' | s 400 Meter Hur | dles | |
| 1 1 Alexis BROWN | JR #3 Lenoir-Rhyne | 11.13 | (-0.1) | 3/29 | 1 | 5 | Sharonda PRIESTER | SO | #3 Lenoir-Rhyne | 1:00.52 | 3/29 |
| 2 6 Jahzara HART | JR #5 Tusculum | 11.48cw | (11.45A) (2. | 3/22 | 2 | 13 | Hoyane ESPER | JR | #1Wingate | 1:01.10 | 3/29 |
| 3 36 Eseose OKODUWA | SR #4 Converse | 11.88w | (2.1) | 3/22 | 3 | 16 | Dounia ROUTBI | JR | #1 Wingate | {2} 1:01.22 | 3/29 |
| 4 37 LaSira NICHOLSON | JR #2 Mount Olive | 11.89w | (2.1) | 3/22 | 4 | 17 | Isabelle FLORES | SR | #10 Belmont Abbey | 1:01.25 | 3/29 |
| 5 45 Shanice COX | JR #5 Tusculum | {2} 11.93cw | (11.90A) (2. | 3/22 | 5 | 47 | Lidija DJOKIC | SR | #12 Lincoln Memoria | 1:04.14 | 3/2 |
| 6 54 Heavan ROBERTS | SO #2 Mount Olive | {2} 11.97 | (1.8) | 3/29 | 6 | 70 | Keianna MIMS | SO | #2 Mount Olive | 1:05.16 | 3/2 |
| 7 58 Keiarra TUTT | JR #20 Barton | 11.99 | (1.1) | 3/8 | 7 | 76 | Amiliana SIMMONS | FR | #2 Mount Olive | {2} 1:05.30 | 3/2 |
| 8 61 Kiera TAYLOR | JR #5 Tusculum | {3} 12.00cw | (11.97A) (2. | 3/22 | 8 | | Nia OVERBY | SO | #24 Limestone | 1:06.87 | 3/2 |
| 9 63 Sade DE SOUSA | SR #15 Carson-Newma | n 12.01 | (1.7) | 3/22 | 9 | | Kori MOORE | FR | #5 Tusculum | 1:07.13c (1:07.02) | 4) 3/2 |
| 9 63 Aniya HECKSTALL | JR #20 Barton | {2} 12.01 | (-0.1) | 3/22 | 10 | | Kyra STANLEY | SR | #1 Wingate | {3} 1:07.14 | 3/2 |
| Wom | en's 100 Meter Hu | rdles | | | | | И | 'om | en's 800 Meters | 5 | |
| 1 4 Channie JEFFERSON | JR #2 Mount Olive | 13.66w | (2.1) | 3/29 | 1 | 9 | Mia CABRERA | JR | #1 Wingate | 2:07.99 | 3/2 |
| 2 12 Theresa GREEN- | JR #5 Tusculum | 14.04cw | (14.00A) (3. | 3/22 | 2 | 11 | Taylor STONE | SR | ^{#9} Flagler | 2:09.36 | 3/2 |
| WHITE | | | | | 3 | 25 | Abigail MISCH | JR | #9 Flagler | {2} 2:11.47 | 3/ |
| 3 21 Isabelle FLORES | SR #10 Belmont Abbey | 14.28 | (0.6) | 3/29 | 4 | 32 | Evie BROOKS | SO | #1Wingate | {2} 2:12.65 | 3/2 |
| 4 24 Dounia ROUTBI | JR #1 Wingate | 14.33 | (0.4) | 3/29 | 5 | 35 | Ella STOUDENMIRE | SR | ^{#19} North Georgia | 2:12.99 | 3/2 |
| 5 25 Diaman LEE | FR #1 Wingate | {2} 14.34 | (0.8) | 3/22 | 6 | 57 | Harper RUSSELL | SR | #12 Lincoln Memoria | 2:14.98 | 3/2 |
| 6 30 Kori MOORE | FR ^{#5} Tusculum | {2} 14.42cw | (14.38A) (2. | 3/22 | 7 | 58 | Eden BARNWELL | FR | #8 Catawba | 2:15.09 | 3/2 |
| 7 39 Sharonda PRIESTER | SO #3 Lenoir-Rhyne | 14.56 | (-2.0) | 3/29 | 8 | 59 | Theresa BROSTHAUS | so | ^{#12} Lincoln Memoria | [2] 2:15.21 | 3/2 |
| 8 50 Hoyane ESPER | JR #1 Wingate | {3} 14.66 | (-2.0) | 3/29 | 9 | 73 | Emma WHITAKER | | #7 Anderson (S.C.) | 2:16.16 | 3/2 |
| 8 50 TraVon LAY | SR #16 Southern Wesle | y 14.66w | (2.9) | 3/29 | 10 | 79 | Jacie BEGLEY | FR | #12 Lincoln Memoria | [3] 2:16.50 | 3/2 |
| 0 68 Tylyia TRIGGS | SR #2 Mount Olive | {2} 14.80w | (2.1) | 3/29 | | | W | om | en's 1500 Meter | s | |
| И | Vomen's 200 Meter | rs | | | 1 | 2 | Mia CABRERA | | #1Wingate | 4:20.34 | 3/2 |
| 1 Alexis BROWN | JR #3 Lenoir-Rhyne | 22.67 | (2.0) | 3/29 | 2 | 5 | Taylor STONE | | ^{#9} Flagler | 4:21.45 | 3/2 |
| 2 11 Futoria HARRIS | FR #2 Mount Olive | 23.68w | (2.7) | 3/22 | 3 | | Evie BROOKS | so | _ | {2} 4:23.79 | 3/2 |
| 3 16 Hannah HILL | SR #6 North Greenvill | e 23.88 | (1.3) | 3/22 | 4 | 36 | Natalie ALMOND | SO | _ | 4:34.70 | 3/2 |
| 4 24 Damyja ALEJANDRO- | JR #3 Lenoir-Rhyne | {2} 24.19 | (0.2) | 3/29 | 5 | 51 | Sira BO | JR | #1Wingate | {3} 4:37.09 | 3/2 |
| ORTIZ | | | | | 6 | 65 | Riya KESHAW | SO | | {4} 4:39.65 | 3/2 |
| 5 26 Aniya HECKSTALL | JR #20 Barton | 24.20 | (-2.2) | 3/14 | 7 | | Emer MCGLYNN | JR | | {2} 4:39.87 | 3/2 |
| 6 30 Eseose OKODUWA | SR #4 Converse | 24.22w | (2.2) | 3/29 | 8 | 76 | Baia TOUZA | FR | #1 Wingate | {5} 4:40.89 | 3/2 |
| 7 37 Kori MOORE | FR #5 Tusculum | 24.33 | (-1.1) | 3/29 | 9 | | Abigail MISCH | JR | | {2} 4:41.49 | 3/ |
| 8 50 Shanice COX | JR #5 Tusculum | {2} 24.57c | (24.50A) (1. | 3/22 | 10 | | Delaney ELLER | JR | #25 Emory & Henry | 4:45.17 | 3/2 |
| 9 53 Sanyiah SHIELDS | FR #2 Mount Olive | {2} 24.60w | (3.6) | 3/29 | | | | | n's Steeplechas | 0 | |
| 0 63 Isabelle FLORES | SR #10 Belmont Abbey | 24.68 | (0.4) | 3/29 | 1 | 4 | Emily MCBRIDE | - | ^{#14} Augusta | 10:45.74 | 3/2 |
| | Vomen's 400 Meter | rs | | | _ | | Elizabeth KESSLER | | #3 Lenoir-Rhyne | 11:25.31c (11:34.20 | |
| 1 20 Lacey BOOZER | SR #7 Anderson (S.C.) | 55.52 | | 3/29 | | | Riley SHOPE | | #6 North Greenville | | 3/ |
| 2 24 Damyja ALEJANDRO- | JR #3 Lenoir-Rhyne | 55.62 | | 3/29 | 4 | | Danielle THAYER | | | {2} 12:20.17 | 3/ |
| ORTIZ | | | | | 5 | | Maggie WELP | | #19 North Georgia | 12:26.06 | 3/2 |
| 3 36 Tashianna GRAY | SR #5 Tusculum | 56.16 | | 3/29 | 6 | | Story ALEXANDER | | #18 Clayton State | 12:31.87 | 3/2 |
| 4 38 Jani DAY | JR #3 Lenoir-Rhyne | {2} 56.22 | | 3/29 | 7 | | Teagan LAMP | | | {2} 12:43.56 | 3/2 |
| 5 42 Katie-Marie | SO #13 UNC Pembroke | 56.40 | | 3/29 | 8 | | Elise MCKINNEY | | #25 Emory & Henry | 12:44.71c(12:54.63 | |
| SHERLOCK | IP #1 Wingsto | 56 62 | | 2/22 | 9 | | Zoie JUSTICE | JR | | | 3/2 |
| 6 50 Natalie PINZAN | JR #1 Wingate | 56.63 | | 3/22 | 10 | | Zoe ORDWAY | | #19 North Georgia | •• | 3/2 |
| 7 61 Channie JEFFERSON | JR #2 Mount Olive | 56.79 | | 3/8 | 10 | | | 0/1 | antor an ocorgia | | 5/2 |
| 8 82 Jermyra BETHEL | SO #4 Converse | 57.33 | | 3/29 | | | | | | | |
| 9 92 Taylor WILSON | JR #1 Wingate | {2} 57.55 | | 3/22 | | | | | | | |
| LO Efemena EGBERI | JR ^{#8} Catawba | 57.68 | | 3/29 | | | | | | | |



WOMEN – 2025 Checkpoint #1, April 1

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| | | | | | | 3 0u |
|----|----|------------------|----|------------------------|----------------------|-------------|
| | | Wa | om | en's 5000 Mete | rs | |
| 1 | 26 | Madison CLAY | JR | #8 Catawba | 17:01.13 | 3/22 |
| 2 | 27 | Firdaouss HRICHE | FR | #1 Wingate | 17:01.45 | 3/29 |
| 3 | 34 | Grace BURRELL | JR | #1 Wingate | {2} 17:03.77 | 3/29 |
| 4 | 59 | Grace ROSE | SR | #12 Lincoln Memoria | a 17:34.37 | 3/28 |
| 5 | 60 | Emily MCBRIDE | SR | ^{#14} Augusta | 17:35.00 | 3/8 |
| 6 | 63 | Kennedy ROUSH | SO | #7 Anderson (S.C.) | 17:36.57 | 3/22 |
| 7 | 67 | Monique WHITEMAN | SR | #9 Flagler | 17:38.25 | 3/29 |
| 8 | 73 | Delaney ELLER | JR | #25 Emory & Henry | 17:40.79c(17:55.79) | a) 3/22 |
| 9 | 79 | Abigail MISCH | JR | ^{#9} Flagler | {2} 17:43.70 | 3/22 |
| 10 | | Chloe SMITH | JR | #9 Flagler | {3} 17:56.35 | 3/22 |
| | | Wo | me | n's 10,000 Mete | ers | |
| 1 | 9 | Madison CLAY | JR | ^{#8} Catawba | 35:02.98 | 3/29 |
| 2 | 12 | Laila ABOUZAID | SR | #1Wingate | 35:27.48 | 3/29 |
| 3 | 19 | Kennedy ROUSH | SO | #7 Anderson (S.C.) | 36:00.96 | 3/29 |
| 4 | 24 | Hannah CAUDILL | SO | #8 Catawba | {2} 36:41.30 | 3/29 |
| 5 | 41 | Enola SAVEL | SR | ^{#9} Flagler | 37:31.46 | 3/22 |
| 6 | 72 | Moureen KIMAIYO | SO | #13 UNC Pembroke | 39:15.97 | 3/8 |
| 7 | | Michela GRITTI | SO | #13 UNC Pembroke | {2} 41:24.19 | 3/8 |
| 8 | | Riley SHOPE | SO | #6 North Greenville | e 41:26.66 | 3/8 |
| 8 | | Cecily ANDERTON | SO | #6 North Greenville | e 41:26.66 | 3/8 |
| 10 | | Rebekah HADDAD | JR | #6 North Greenville | e{3} 41:26.67 | 3/8 |
| | | | | | | |

| Sout | hea | ast | | as of 4 | 4/1/2025 7:53:28 A | M ET |
|-----------------------------|-----|-----|--|------------------------------|--------------------|------|
| | | | Wom | en's 4x100 Relay | , | |
| 3/22 3/29 3/29 | 1 | 1 | Kiera Taylor, Shanice Cox, Theresa Green- White, Jahzara Hart | #5 <mark>Tusculum</mark> | 44.91 | 3/29 |
| 3/23 3/28 3/8 3/22 | 2 | 16 | LaSira Nicholson, Futoria Harris, Heavan Roberts, Haniyyah Johnson | #2 Mount Olive | 46.21 | 3/22 |
| 3/29 A) 3/22 3/22 | 3 | 18 | Sharonda Priester, Damyja Alejandro- ortiz, Molly McGrath, Zanetta Udo-Obong | <mark>#3</mark> Lenoir-Rhyne | 46.23 | 3/29 |
| 3/22 3/29 3/29 | 4 | 28 | Kamille Cunningham, Triniti Muldrow- Green, Jermyra Bethel, Eseose Okoduwa | <mark>#4</mark> Converse | 46.84 | 3/29 |
| 3/29 3/29 3/22 3/8 | 5 | 33 | Letsi Burgos, Mallory Witherspoon, Skylar Southern, Efemena Egberi | #8 Catawba | 47.12 | 3/22 |
| 3/8 3/8 | 6 | 45 | Naiobi White, Hayat Abdeselam, Chelsey Thomas, Diaman Lee | #1 Wingate | 47.58 | 3/29 |
| 3/8 3/8 | 7 | 55 | Destiny Hanna, Payton Knowles, Jada Jenkins, Cayla Brown | #18 Clayton State | 48.00 | 3/22 |
| | 8 | 61 | #Type! | #20 Barton | 48.15 | 3/8 |
| | 9 | 65 | Destiny James, Hannah Hill, Shachiah Paul, Bre'Asia Robinson | #6 North Greenville | 48.20 | 3/22 |
| | 10 | 70 | Jasmine Banks, Isabelle Flores, Ella Feehan, Alexandra Thomas | #10 Belmont Abbey | 48.43 | 3/14 |
| | | | | | | |



WOMEN – 2025 Checkpoint #1, April 1

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| | | | | | Sou | Ithe | as | t | | as of | 4/1/2025 | 7:53:28 A | M ET |
|----|---|-----|--------------------|------------------|----------------|------|------|------------------------|-----|--------------------------------|-------------------|--|---------|
| | Wa | ome | en's 4x400 Rel | ay | | | | V | Von | nen's Pole Vault | | | |
| 1 | Kyla | | #16 Southern Wesle | | 3/2 | 2 1 | 30 | Avery MARSHALL | | #7 Anderson (S.C.) | 3.66m | 12-0 | 3/29 |
| 9 | Sharonda Priester, | | #3 Lenoir-Rhyne | 3:43.37 | 3/2 | 2 | 49 | Rylie JENKINS | SO | #7 Anderson (S.C.) | [2] 3.56m | 11-8 | 3/22 |
| | Jani Day, Mathilde | | | | | 3 | 74 | Rileigh LACY | JR | #17 Francis Marion | 3.45m | 11-3¾ | 3/22 |
| | Etienne, Damyja Alejandro-ortiz | | | | | 4 | 91 | Kirsten LEONARD | SR | #7 Anderson (S.C.) | [3] 3.35m | 10-11 ³ ⁄ ₄ | 3/29 |
| 14 | Taylor Wilson, | | #1Wingate | 3:46.64 | 3/2 | 4 | 91 | Haley EDDINGER | JR | #23 Mars Hill | 3.35m | 10-11 ³ ⁄ ₄ | 3/2 |
| 14 | Hoyane Esper, | | Wingate | 3.40.04 | 3/2 | 6 | | Carina FIORUCCI | SO | #13 UNC Pembroke | 3.30m | 10-9¾ | 3/2 |
| | Dounia Routbi, | | | | | 7 | | Jorja FOX | so | #7 Anderson (S.C.) | [4] 3.26m | 10-8¼ | 3/2 |
| | Natalie Pinzan | | | | | 8 | | Allison IRICK | FR | #4 Converse | 3.08m | 10-1¼ | 3/1 |
| 62 | Rebecca Oji, Ziona | | #18 Clayton State | 4:01.72 | 3/2 | 9 | | Ava LABRANT | SR | ^{#16} Southern Wesley | 3.05m | 10-0 | 3/2 |
| | Harris, Ivorie Smith, Marley Tate | | | | | 9 | | Tylee HEFNEY | FR | #15 Carson-Newman | 3.05m | 10-0 | 3/2 |
| 82 | Sophia Alexander, | | #19 North Georgia | 4:07.32 | 3/2 | , | | И | /om | en's Long Jump |) | | |
| 01 | Aubrey Dishman, Adi | | | | 5/2 | 1 | 14 | Sydney MCCARTY | _ | #15 Carson-Newman | 5.88m | 19-3½ (0.1 | 7) 3/2 |
| | Myers, Ella | | | | | | | Haniyyah JOHNSON | JR | | 5.69m | 18-8 (1.0) | |
| | Stoudenmire | | | | | | | Brooke TAYLOR | | #15 Carson-Newman | | 18-7¾ (0.4 | |
| 85 | Katie-Marie Sherlock, | | #13 UNC Pembroke | 4:07.99 | 3/2 | 2 4 | | Aukeyonna SIMS | | #17 Francis Marion | 5.63m | 18-5¾ (0.9 | |
| | Ashlyn Turner, Mckylee Mosby, | | | | | 4 | | Channie JEFFERSON | JR | | [2] 5.63mw | | , |
| | Taniyah Glaspie | | | | | 6 | | Janara BRYANT | FR | | [3] 5.60mw | | |
| | Madison Mitchell, | | #14 Augusta | 4:15.46 | 3/ | | | Aniya HECKSTALL | | #20 Barton | 5.60m | 18-4½ (-0. | |
| | Josalyn Branch, | | U U | | | 6 | | Hannah HILL | SR | | | 18-4½ (2.5 | |
| | Janiya England, Brie | | | | | 9 | | Kimberley OWENS | SR | | | A18-3¼ (2.4 | |
| | Andrews | | | | a (a | 10 | | Nene AKAOSE | | #14 Augusta | | 18-3 (1.2) | , |
| | Tymia Willis, Tamiya Mobley, Keyonna | | Lander | 4:18.12 | 3/2 | 2 10 | , 04 | | | U | | 10 0 (1.2) | 5/2. |
| | Morgan, Kiersten | | | | | | | | | en's Triple Jum | | 40.01/ /0 | |
| | Thatcher | | | | | 1 | | Janara BRYANT | FR | _ | | 40-3½ (0.0 | |
| | Nakhia Montgomery, | | Columbus State | 4:18.52 | 3/2 | | | | SR | | [2] 11.93m | | |
| | Liza Varnum, Amber | | | | | 3 | | Leah DOTSON | | #24 Limestone | | 39-½ (0.7) | |
| | Elder, Chassidy Lock | | "0 TI 1 | | | | | Ennessey SORRELLS | SR | | | 38-9½ (0.9 | |
|) | Anna Plum, Sara Miller, Tessa | | #9 Flagler | 4:19.32 | 3/ | | | Tyleah MOORER | | | [2] 11.47m | | |
| | Thompson, Megan | | | | | 6 | | Keza GREEN | JR | | [3] 11.36m | | |
| | Vreeland | | | | | 7 | 51 | Mackenzie WHITESIDE | SR | #4 Converse | 11.33m | 37-2¼ (0.7 | 7) 3/22 |
| | W | 'om | en's High Jum | Ø | | 0 | En | | ID | #22 Lees-McRae | 11.20m | P 7 1/2 0) | 2/2 |
| 27 | Assiya ELHAFYAN | | #1 Wingate | 1.65m | 5-5 3/2 | 8 | | | | | | VA 7-1 (3.0) | , |
| | Isabel FARUP | | #11 Newberry | 1.65m | 5-5 3/1 | | | Kendall WHITEHEAD | | #15 Carson-Newman | | 36-7½ (0.4 | |
| | Janara BRYANT | | #2 Mount Olive | 1.60m | 5-3 3/2 | 10 |) 76 | Deandra DOWNER | JR | | 11.05m | 36-3 (0.0) | 3/2 |
| | Patricija NEMANYTE | | #3 Lenoir-Rhyne | 1.60mA | | , | | | Wo | men's Shot Put | | | |
| | Shamya HUDSON | FR | - | 1.60m | 5-3 3/2 | 1 | 63 | Danyell BOOKER | JR | | 12.73m | | 3/2 |
| | Mia DIONISIO | | #11 Newberry | {2} 1.60m | 5-3 3/1 | 2 | | Jasmine COLWELL | FR | | 12.62m | | 3/3 |
| | Aukeyonna SIMS | | #17 Francis Marion | 1.60m | 5-3 3/ | - 3 | 93 | Amber LAWLESS | JR | - U | 12.38m | | 3/2 |
| | Valerie DAEHLER | | #1 Wingate | {2} 1.60m | 5-3 3/2 | 4 | | Alla HUTCHINS | | <mark>#4</mark> Converse | 12.23m | | 3/1 |
| 03 | Margaux SHELTON | SR | | {3} 1.56m | 5-1¼ 3/2 | - 5 | | Ashley LINDSEY | JR | #2 Mount Olive | [2] 12.02m | 39-5¼ | 3/2 |
| | Kamille | | #4 Converse | 1.56m | 5-1¼ 3/2 | 6 | | Ashley PARRISH | SO | #12 Lincoln Memoria | 11.99m | 39-4 | 3/2 |
| | CUNNINGHAM | 50 | converse | 2.5011 | 5/2 | 7 | | Nia ROGERS | SR | #21 UVa-Wise | 11.89m | 39- <i>1</i> /4 | 3/28 |
| | | | | | | 8 | | Kiori BUTLER | SO | #11 Newberry | 11.80m | 38-8 ³ ⁄ ₄ | 3/15 |
| | | | | | | 9 | | Sarah WIMPEE | JR | ^{#7} Anderson (S.C.) | 11.47m | 37-7¾ | 3/22 |
| | | | | | | | | | | | | | |

10

Ally HOLMBERG

SO #1 Wingate

{2}**11.46m** 37-71/4

3/22





Southeast

as of 4/1/2025 7:53:28 AM ET

| | | | | | | | 3 0u |
|----|----|----------------------------|-----|--------------------------------|-------------------|--------|-------------|
| | | | Wo | omen's Discus | | | |
| 1 | 64 | Irma WATSON-PEREZ | SR | #11 Newberry | 42.23m | 138-7 | 3/29 |
| 2 | 67 | Cierra WILLIAMS | JR | #23 Mars Hill | 42.04m | 137-11 | 3/22 |
| 3 | 76 | Amber LAWLESS | JR | #1 Wingate | 41.67m | 136-9 | 3/22 |
| 4 | | Anna EVATT | FR | #4 Converse | 39.75m | 130-5 | 3/22 |
| 5 | | Judith VAQUERO | JR | #1 Wingate | {2} 38.61m | 126-8 | 3/29 |
| 6 | | Comfort AGWU | SO | #13 UNC Pembroke | 38.23m | 125-5 | 3/22 |
| 7 | | Kenisha BARNES | JR | #2 Mount Olive | 37.92m | 124-5 | 3/29 |
| 8 | | Elizabeth WOODRUFF | JR | #10 Belmont Abbey | 37.23m | 122-2 | 3/29 |
| 9 | | Yanelli DAWKINS | JR | #13 UNC Pembroke | {2} 36.88m | 121-0 | 3/29 |
| 10 | | Jazmine MCDONALD- CRAFT | FR | #17 Francis Marion | 36.82m | 120-10 | 3/8 |
| | | V | Voi | nen's Hammer | | | |
| 1 | 14 | Elin RYDQVIST | SO | #2 Mount Olive | 55.07m | 180-8 | 3/22 |
| 2 | 22 | Andrea PASCUAL RIVERA | SR | #11 Newberry | 52.91m | 173-7 | 3/29 |
| 3 | 50 | Kenisha BARNES | JR | #2 Mount Olive | {2} 49.92m | 163-10 | 3/8 |
| 4 | 53 | Irma WATSON-PEREZ | SR | #11 Newberry | {2} 49.70m | 163-1 | 3/29 |
| 5 | 58 | Bella MARTIN | JR | #4 Converse | 49.10m | 161-1 | 3/14 |
| 6 | 65 | Rolanda DESIR- MOREAU | SR | #2 Mount Olive | {3} 48.65m | 159-8 | 3/22 |
| 7 | | Comfort AGWU | SO | #13 UNC Pembroke | 45.77m | 150-2 | 3/8 |
| 8 | | Isabelle GRENA | FR | #2 Mount Olive | {4} 44.39m | 145-8 | 3/8 |
| 9 | | Amber HOGAN | SR | ^{#5} Tusculum | 44.27mA | 145-3 | 3/22 |
| 10 | | Peyton BUCHER | FR | #2 Mount Olive | {5} 44.21m | 145-1 | 3/8 |
| | | | Wo | men's Javelin | | | |
| 1 | 48 | Hannah HILL | SR | #6 North Greenville | 39.68m | 130-2 | 3/22 |
| 2 | 53 | Ally HOLMBERG | SO | <mark>#1</mark> Wingate | 39.35m | 129-1 | 3/22 |
| 3 | 79 | Lauren BAKER | FR | ^{#6} North Greenville | {2} 37.39m | 122-8 | 3/22 |
| 4 | 99 | Kiori BUTLER | SO | #11 Newberry | 36.31m | 119-2 | 3/29 |
| 5 | | Alla HUTCHINS | FR | # <mark>4</mark> Converse | 34.43m | 113-0 | 3/14 |
| 6 | | Braelynn STROUTH | FR | #21 UVa-Wise | 34.42m | 112-11 | 3/28 |
| 7 | | Layla-grey BENNETT | | #16 Southern Wesley | | 109-1 | 3/8 |
| 8 | | Miranda MARR | SR | #3 Lenoir-Rhyne | 33.17mA | | 3/22 |
| 9 | | Alexandria LUTHER | | #16 Southern Wesley | | 107-4 | 3/29 |
| 10 | | Alina MUELLER | | #23 Mars Hill | 32.57m | 106-10 | 3/22 |
| | - | | | en's Heptathlo | | | |
| 1 | 6 | Hannah HILL | SR | #6 North Greenville | | | 3/22 |
| 2 | 34 | Kamille CUNNINGHAM | SO | #4 Converse | 3,900 | | 3/22 |
| 3 | 45 | Tylyia TRIGGS | SR | #2 Mount Olive | 3,702 | | 3/22 |
| 4 | | Keagan OSIKA | | #22 Lees-McRae | 3,639 | | 3/22 |
| 5 | | Haley KELLS | | #10 Belmont Abbey | 3,638 | | 3/22 |
| 6 | | Olivia WHITE | | #10 Belmont Abbey | | | 3/22 |
| 7 | 70 | D'asia THOMAS | JR | # <mark>4</mark> Converse | {2} 3,087 | | 3/22 |



WOMEN — 2025 Checkpoint #1, April 1

Athletic

as of 4/1/2025 7:53:28 AM ET

| | | • | | | | | W | est | | |
|----|----|--------------------------|------|--------------------------------|-------------------|--------|------|--------|----|-------------------------------|
| | | W | om | en's 100 Meter | S | | | | | |
| 1 | 2 | E'lexis HOLLIS | SR | #7 Central Washing | | (2.3) | 3/29 | 1 | 1 | Brianna GREE |
| 2 | 3 | Nydia CHANCE | SO | #5 Fresno Pacific | 11.30 | (0.0) | 2/22 | 2 | 3 | Rasha BADRAN |
| 3 | 7 | Amari WEATHERFORD | SR | #8 Cal State San Be | 11.49w | (2.1) | 3/28 | 3 | 11 | Avril MENDOZ |
| 4 | 10 | Hailey HUNT | SR | #8 Cal State San Be | {2} 11.56 | (1.5) | 3/22 | 4 | 15 | Sarah MCGAR |
| 5 | 11 | Riley ALLEN | FR | #5 Fresno Pacific | {2} 11.58 | (0.0) | 2/22 | 5 | 18 | Jordyn BURKE |
| 6 | 17 | Jasmyn CRAWFORD | SR | #3 <mark>CUI</mark> | 11.65 | (1.4) | 3/29 | 5 | 18 | Mila REAL |
| 7 | 19 | Iyanna FULLER | JR | #5 Fresno Pacific | {3} 11.66 | (0.0) | 2/22 | 7 | 23 | Liv HEITE |
| 8 | 20 | Trinity MILLER | SR | #1 Azusa Pacific | 11.70 | (1.4) | 3/29 | 8 | 27 | Eboselulu OM |
| 9 | 22 | Ariana VERA | SR | #5 Fresno Pacific | {4} 11.71 | (0.0) | 2/22 | 9 | 31 | Makenna SULI |
| 10 | 23 | Brianna GREEN | SR | #5 Fresno Pacific | {5} 11.73w | (2.7) | 3/1 | 10 | 34 | Carley HUBER |
| 10 | 23 | Shaniya RANDOLPH | SO | ^{#5} Fresno Pacific | {5} 11.73 | (0.0) | 2/22 | | | |
| | | Wome | en': | s 100 Meter Hu | rdles | | | 1 | 5 | Lina HANICH |
| 1 | 3 | Neshara SMITH | JR | #4 Cal Poly Pomon | 13.65w | (2.1) | 3/8 | 2 | 12 | Maggie WILLIA |
| 2 | 5 | Esther CONDE- | JR | #1 Azusa Pacific | 13.69 | (1.2) | 3/29 | 3 | 16 | Annie WILD |
| | | TURPIN | | | | (2.2) | - / | 4 | 18 | Jenna RODRIG |
| 3 | 6 | Brianna GREEN | SR | #5 Fresno Pacific | 13.82 | (0.8) | 2/22 | 5 | 26 | Mattie WHIPP |
| 4 | | Eboselulu OMOFOMA | FR | | 14.03 | (1.6) | 3/15 | 6 | 29 | Arissa HATCH |
| 5 | | | | #19 Alaska Anchorag | | (0.3) | 3/8 | 7 | 33 | Mia CROCKER |
| 6 | 17 | Alexis RANGER- DUNBAR | SR | #5 Fresno Pacific | {2} 14.20 | (2.0) | 3/22 | 8 | | Grace SOUTH |
| 7 | 27 | Hannah HANSON | so | ^{#9} Biola (Calif.) | {2} 14.38 | (-0.2) | 2/22 | 9 | | Megan CHARL |
| 8 | 28 | Giovana PELASCINI | SO | #3CUI | 14.39 | (1.3) | 3/29 | 10 | 43 | Rachel HOOPS |
| 9 | 37 | Hannah CHANG | JR | #18 Seattle Pacific | 14.51 | (1.0) | 3/22 | | | |
| 10 | 38 | Avril MENDOZA | FR | #5 Fresno Pacific | {3} 14.53w | (3.2) | 3/1 | 1 | 12 | Lina HANICH |
| | | W | om | en's 200 Meter | s | | | 2 | 13 | |
| 1 | 6 | Amari WEATHERFORD | _ | #8 Cal State San Be | | (1.2) | 3/22 | 3 | | Grace SOUTH |
| 2 | 14 | Hailey HUNT | SR | #8 Cal State San Be | {2} 23.79 | (1.2) | 3/22 | 4 | | Olivia ALEXAN |
| 3 | 17 | Jasmyn CRAWFORD | SR | #3 <mark>CUI</mark> | 23.91 | (0.8) | 3/29 | 5 | | Jessina MORA |
| 4 | 18 | Trinity MILLER | SR | #1 Azusa Pacific | 24.00 | (0.7) | 2/28 | 6 | | Bethany MAPE |
| 5 | 21 | Nydia CHANCE | so | #5 Fresno Pacific | 24.13 | (1.2) | 3/29 | 7 8 | | Jessica KAMPI Kate BARANSP |
| 6 | 30 | Sariyah COPELAND | SR | #5 Fresno Pacific | {2} 24.22 | (1.2) | 3/22 | ° 9 | | Mia CROCKER |
| 7 | 33 | Nevaeh WILLIAMS | so | #1 Azusa Pacific | {2} 24.30 | (0.8) | 3/29 | | | Annika ESVEL |
| 8 | 35 | Jessica JAMES | JR | #4 Cal Poly Pomona | 24.31 | (0.9) | 2/28 | 10 | 50 | 7 minika ESVEE |
| 9 | 37 | Kennedy COOK | SO | #2 Western Washin | 24.33w | (3.3) | 3/8 | 1 | | |
| 10 | 44 | Brooke DALGITY | SR | #12 Vanguard (Calif. |) 24.45 | (0.8) | 3/29 | 1 | 5 | Maya EWING Miranda PALA |
| | | W | om | en's 400 Meter | S | | | 2 3 | 8 | Galilea JIMEN |
| 1 | 2 | Brianna GREEN | SR | #5 Fresno Pacific | 53.77 | | 3/29 | 4 | | Daisy SALINAS |
| 2 | 4 | Bec BENNETT | JR | #2 Western Washin | 54.25 | | 3/22 | - 5 | | Claudia VERA |
| 3 | 6 | Rasha BADRANI | JR | #10 Cal State San Ma | 54.67 | | 3/28 | 6 | | Elie BASSETT |
| 3 | 6 | Alexis WHITE | SR | ^{#8} Cal State San Be | 54.67 | | 3/22 | 7 | | Lia MARKERT |
| 5 | 8 | Alayna VERNER | SR | #1 Azusa Pacific | 54.69 | | 2/28 | 8 | | Laura HALSEL |
| 6 | 10 | Jessica JAMES | JR | #4 Cal Poly Pomona | 54.92 | | 3/22 | 9 | | Jordan DENNE |
| 7 | 11 | Eryn BURKE | SR | #12 Vanguard (Calif. |) 54.94 | | 3/22 | 10 | | Selin TASDEM |
| 8 | 12 | Kenahdi HASLIP | SO | #5 Fresno Pacific | {2} 55.02 | | 3/22 | | | |
| 9 | | | SO | _ | {3} 55.07 | | 3/29 | | | |
| 10 | 18 | Angelica GOMES | FR | #6 Point Loma Naza | 55.32 | | 3/22 | | | |

| | | Wome | en's | s 400 Meter Hurd | les | |
|----|----|-------------------|------|---------------------------------|------------------|------|
| 1 | 1 | Brianna GREEN | SR | #5 Fresno Pacific | 59.01 | 3/22 |
| 2 | 3 | Rasha BADRANI | JR | #10 Cal State San Ma | 59.97 | 3/28 |
| 3 | 11 | Avril MENDOZA | FR | #5 Fresno Pacific {2 | 1:00.98 | 2/22 |
| 4 | 15 | Sarah MCGARRY | FR | #6 Point Loma Naza | 1:01.14 | 3/8 |
| 5 | 18 | Jordyn BURKE | SR | #12 Vanguard (Calif.) | 1:01.27 | 3/22 |
| 5 | 18 | Mila REAL | SO | #15 Stanislaus State | 1:01.27 | 3/29 |
| 7 | 23 | Liv HEITE | SO | #19 Alaska Anchorag | 1:02.30 | 3/29 |
| 8 | 27 | Eboselulu OMOFOMA | FR | ^{#9} Biola (Calif.) | 1:02.63 | 3/8 |
| 9 | 31 | Makenna SULLIVAN | SR | #6 Point Loma Naza{2 | 1:02.92 | 2/22 |
| 10 | 34 | Carley HUBER | SR | #7 Central Washing | 1:03.17 | 3/22 |
| | | W | от | en's 800 Meters | | |
| 1 | 5 | Lina HANICH | SR | ^{#11} Academy of Art | 2:05.23 | 3/22 |
| 2 | 12 | Maggie WILLIAMS | JR | ^{#9} Biola (Calif.) | 2:10.02 | 3/29 |
| 3 | 16 | Annie WILD | SO | #15 Stanislaus State | 2:10.37 | 3/29 |
| 4 | 18 | Jenna RODRIGUEZ | JR | #24 Cal State East Ba | 2:10.54 | 3/8 |
| 5 | 26 | Mattie WHIPPLE | FR | #5 Fresno Pacific | 2:11.54 | 3/8 |
| 6 | 29 | Arissa HATCHER | JR | <mark>#4</mark> Cal Poly Pomona | 2:11.78 | 3/22 |
| 7 | 33 | Mia CROCKER | SR | #2 Western Washin | 2:12.88 | 3/22 |
| 8 | 34 | Grace SOUTHERN | SR | #11 Academy of Art {2 | 2:12.89 | 3/8 |
| 9 | 41 | Megan CHARLEY | FR | #12 Vanguard (Calif.) | 2:13.56 | 3/8 |
| 10 | 43 | Rachel HOOPS | FR | Cal State Monter | 2:13.95 | 3/22 |
| | | Wa | ome | en's 1500 Meters | | |
| 1 | 12 | Lina HANICH | SR | #11 Academy of Art | 4:27.00 | 3/22 |
| 2 | 13 | Jori PARADIS | SR | #3 <mark>CUI</mark> | 4:28.64 | 3/28 |
| 3 | 16 | Grace SOUTHERN | SR | #11 Academy of Art {2 | 4:30.02 | 3/29 |
| 4 | 17 | Olivia ALEXANDRE | SR | #1 Azusa Pacific | 4:30.22 | 2/28 |
| 5 | 27 | Jessina MORALES | SR | #12 Vanguard (Calif.) | 4:33.91 | 3/15 |
| 6 | 28 | Bethany MAPES | JR | #9 Biola (Calif.) | 4:33.95 | 3/15 |
| 7 | 31 | Jessica KAMPMAN | SR | #1 Azusa Pacific {2 | } 4:34.20 | 3/8 |
| 8 | 35 | Kate BARANSKI | SR | #12 Vanguard (Calif.){2 | } 4:34.68 | 3/15 |
| 9 | 37 | Mia CROCKER | SR | #2 Western Washin _{ | 4:34.72 | 3/22 |
| 10 | 38 | Annika ESVELT | SR | #18 Seattle Pacific | 4:35.05 | 3/29 |
| | | Wo | me | n's Steeplechase | | |
| 1 | 5 | Maya EWING | JR | ^{#18} Seattle Pacific | 10:48.00 | 3/8 |
| 2 | 8 | Miranda PALACIOS | FR | #4 Cal Poly Pomona | 10:51.31 | 3/8 |
| 3 | 16 | Galilea JIMENEZ | SO | #4 Cal Poly Pomona{2 | 11:03.80 | 3/28 |
| 4 | 17 | Daisy SALINAS | SR | #23 SF State | 11:04.65 | 3/8 |
| 5 | 21 | Claudia VERA | JR | #3 <mark>CUI</mark> | 11:08.56 | 3/28 |
| 6 | 22 | Elie BASSETT | JR | #2Western Washin | 11:09.19 | 3/22 |
| 7 | 24 | Lia MARKERT | SR | #6 Point Loma Naza | 11:15.48 | 3/22 |
| 8 | 25 | Laura HALSELL | JR | #2 Western Washin{{2 | 11:15.54 | 3/22 |
| 9 | | Jordan DENNERT | SO | #8 Cal State San Be | 11:18.54 | 3/28 |
| 10 | 29 | Selin TASDEMIR | JR | #25 Simon Fraser | 11:19.71 | 3/29 |
| | | | | | | |



WOMEN – 2025 Checkpoint #1, April 1

∧thletic

| | | | | We | est | | as of | 4/1/2025 7: | 53:28 AM ET |
|----------------------------|---|--|------------------------------------|--------------------------|-----|--|---------------------------------|-------------|-------------|
| | И | omen's 5000 Meters | ; | | | Wor | nen's 4x100 Relay | , | |
| 2 9 | Della MOLINA Jessica KAMPMAN Madeline REEVES | SO #13 Chico State SR #1 Azusa Pacific JR #6 Point Loma Naza | 16:32.76 16:43.15 | 3/22 3/21 3/22 | 1 | 4 Elise Hopper, Zoe Gonzales, E'lexis Hollis, Ashlyn Nielsen | #7 Central Washing | 45.15 | 3/29 |
| 4 12 5 17 | Iresh MOLINA Vivian MARTINEZ Bethany MAPES | | 2}16:44.55 16:50.36 16:51.02 | 3/22 3/21 3/8 | 2 | 5 Nydia Chance, Brianna Green, Shaniya Randolph, Ariana Vera | #5 <mark>Fresno Pacific</mark> | 45.24 | 3/ |
| 7 21 3 23 | Taylor WHITFIELD Jade KINGSTON Maya EWING | JR #3 FR #4 Cal Poly Pomona{2 JR #18 Seattle Pacific | 16:54.63 | 3/8 3/21 3/22 | 3 | 6 Alexandra Ackerman, Coryssa Hope, Amari Weatherford, Hailey Hunt | #8 Cal State San Be | 45.26 | 3/2 |
| . 17 | Kelsi HART | SO #14 Western Oregon Omen's 10,000 Meter FR #10 Cal State San Ma | 35:49.82 | 3/22 | 4 | 8 Ashanti Perkins, Kiayra Holmes, Nevaeh Williams, Trinity Miller | #1 <mark>Azusa Pacific</mark> | 45.94 | 3/2 |
| 3 28 4 30 | Angela MCMANUS Emma SMITH Morgan ERLER Alexis PARKER | JR #10 Cal State San Ma{2 SR #2 Western Washin JR #16 Northwest Naza JR #2 Western Washin | 36:58.80 37:02.40 | 3/8 3/1 3/1 3/1 | 5 | 11 Trinity Moseby, Ta'Ahjah Fann, Jessica James, Hannah Luster | <mark>#4</mark> Cal Poly Pomona | 46.02 | 3/2 |
| 5 46 7 47 | Danielle MCLAIN Audrey BARCENAS Ella EDENS | SO #2 Western Washin{{ JR #3 CUI SO #2 Western Washin{{ | 3 37:46.03 37:53.90 | 3/1 3/8 3/1 | 6 | 15 Jasmyn Crawford, Logan Nelson, Nataleah Yanez, Veronica Campbell | #3 <mark>CUI</mark> | 46.20 | 3/2 |
| | Alanna PARKER Anna PRUSSIAN | JR #2Western Washin | 5}38:14.48 38:15.88 | 3/1 3/1 | 7 | 22 Jordyn Burke, Brooke Dalgity, Eryn Burke, Elizabeth Betten | #12 Vanguard (Calif.) | 46.59 | 3/2 |
| | | | | | 8 | 31 Tresley Love, Juvonna Cornette, Erine Collard, Jaylen Walker | #11 Academy of Art | 47.03 | 3/ |
| | | | | | 9 | 37 Madi Simmers, Lily Gomez, Angelica Gomes, Blanca Granados | #6 Point Loma Naza | 47.19 | 3/2 |
| | | | | | 10 | 48 Grace Soberanis, Kennah Shaffer, Jaiden Rodrigues, Charlotte Williams | #22 Westmont (Calif. | 47.60 | 3/2 |



USTFCCCA NCAA Division II Outdoor Track & Field USTFCCCA NCAA DIVISION II OUTUOO WOMEN – 2025 Checkpoint #1, April 1

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| | | | | | Nest | | | | as of 4, | /1/2025 | 7:53:28 AN | ۸ ET |
|-----|--|---|-----------------------|------------------|------------------|----|-------------------------|-----|------------------------------------|---------|---|--------|
| | W | omen's 4x400 R | elav | | | | И | /on | ien's Pole Vault | | | |
| L | 4 Sariyah Copeland, | #5 Fresno Pacif | - | 3/2 | 2 1 | 8 | Lauryn MCGOUGH | | | 4.05m | 13-3 ½ | 3/2 |
| | Brianna Green, | _ | | | 2 | 23 | Isabelle CARREON | SR | #4 Cal Poly Pomona | 3.78m | 12-4¾ | 3, |
| | Shaniya Randolph, Ariana Vera | | | | 3 | 25 | Brianne CAMARENA | SR | #6 Point Loma Naza | 3.75m | 12-3 ½ | 2/2 |
| | 6 Prishencia Nnoham, | #8 Cal State Sar | Po 2:41 05 | 3/2 | 4 | 28 | Danielle GOULD | SO | #6 Point Loma Naza{2} | 3.68m | 12-3⁄4 | 3/2 |
| | Coryssa Hope, Amari | "" Cat State Sai | 1 Del 5.41.95 | 3/2 | | 28 | Peyton YOSHIDA | SR | #6 Point Loma Naza{2} | 3.68m | 12-¾ | 3/ |
| | Weatherford, Alexis | | | | 6 | 32 | Sydney MOHLMAN | SO | #2 Western Washing | 3.65m | 11-11 ³ ⁄ ₄ | 3 |
| | White | | | | 7 | 44 | Alexus SALAZAR | FR | #1 Azusa Pacific | 3.60m | 11-9¾ | 2/ |
| 38 | | #1 Azusa Pacific | 3:43.11 | 3/2 | 8 | 50 | Reanna MAROON | SR | ^{#9} Biola (Calif.) | 3.55m | 11-7¾ | 3/ |
| | Holmes, Olivia Alexandre, Alayna | | | | 9 | 52 | Janey RUBIO | SO | #13 Chico State | 3.53m | 11-7 | 3, |
| | Verner | | | | 10 | 54 | Katie SNEDDEN | FR | #21 Sonoma State | 3.50m | 11-5¾ | |
| ŀ | 16 Tresley Love, Lina | #11 Academy of | Art 3:47.36 | 3/2 | 2 10 | 54 | Paloma BAUMERT | SO | ^{#17} Jessup (Calif.) | 3.50m | 11-5¾ | 2, |
| | Hanich, Michaela | | | , | | | 1// | lom | en's Long Jump | | | |
| | Andrews, Juvonna | | | | 1 | 1 | Jonon YOUNG | - | • • | 6.25m | 20-6¼ (0.0) |) 3 |
| | Cornette | | | a /a | | 1 | Jasmyn CRAWFORD | | | 6.25m | 20-6¼ (1.9) | |
| | 17 Trinity Moseby, Arissa Hatcher, Jordan | #4 Cal Poly Pon | iona 3:47.61 | 3/2 | 2 | | Emy NTEKPERE | | | 5.91m | 19-4 ³ / ₄ (0. <mark>3</mark>) | |
| | Garcia, Jessica James | 5 | | | | | Neshara SMITH | JR | | 5.77m | 18-111/4 (2.0 | |
| | 20 Megan Charley, | #12 Vanguard (C | alif.) 3:48.52 | 3/1 | | | Eboselulu OMOFOMA | FR | | 5.69m | 18-8 (1.6) | 3 |
| Ŭ - | Elizabeth Betten, | 5 5 C C C C C C C C C C C C C C C C C C | | -, | 6 | | Autumn SHOMAKER | | . , | 5.67m | 18-7¼ (1. <mark>6</mark>) | - 1 |
| | Eryn Burke, Brooke | | | | 7 | | Kennah SHAFFER | | | 5.66m | 18-7 (-0.6) | 3 |
| | Dalgity | | | | 0 | | | | | | | - |
| | 21 Donna Marie Harris, | lise Hopper, Carley | ning 3:48.53 | 3/2 | | | Kelsey EHINLAIYE | | #4 Cal Poly Pomona{2} | | | 2 |
| | Huber, Ashlyn Nielsen | | | | | | Mya CAMPBELL | | | 5.61m | 18-5 (1.9) | 3 |
| } | 22 Kristin Cole, Rasha | #10 Cal State San Ma | Ma 3:49.77 | 3/2 | | 54 | Esther CONDE- TURPIN | JR | #1 Azusa Pacific | 5.59m | 18-4¼ (0. <mark>0)</mark> | 3/ |
| | Badrani, Clara | | | | | | | om | en's Triple Jump | | | |
| | Haungs, Adriana | | | | 1 | 1 | Emy NTEKPERE | | | 12 26m | 43-6 (0.2) | 3/ |
| | Hewitt | | | | 2 | | Jaylen WALKER | | | | 38-61/4 (1.0) | |
| | 4 Makenna Sullivan, Sarah McGarry, | #6 Point Loma Naza | Naza 3:51.09 | 3/1 | , | | Natalie LIN | SR | | | 38-5 (0.0) | |
| | Angelica Gomes, | | | | 3 | | Makenna SULLIVAN | | | | 38-1/4 (1.1) | 3 2 |
| | Blanca Granados | | | | 4 | | Jordyn BROOKS | SR | | | | 3, |
| 0 | 30 Ruby Bishop, Anna | #3 <mark>CUI</mark> | 3:52.45 | 3/2 | 3 | | | | | | 38-1/4 (1.0) | 3 |
| | Tucker, Giovana | | | | | | Julia CARMONA | | | | 38-0 (0.2) | 3 |
| | Pelascini, Riley Norris | | | | _ | | Essence JACKSON | | | | 37-6½ (0.0) | |
| | И | /omen's High Ju | _ | | | | | | #4 Cal Poly Pomona{2} | | | |
| | 1 Emy NTEKPERE | SO #7 Central Wash | ning 1.79m | 5-10½ 3/2 | · | | Eboselulu OMOFOMA | | | | 37-3¼ (0.5) | |
| 2 | 3 Eliana SAUNDERS | SR #1 Azusa Pacific | 1.74m | 5-81/2 3/2 | 2 10 | 58 | Andrea ALVARADO | | #10 Cal State San Ma{2} | 11.23m | 36-10%4 (0.0 | · . |
| 3 | 8 Nouhayla ERRAHILI | SR #1 Azusa Pacific | {2} 1.71m | 5-71/4 3/2 | 2 | | | - | nen's Shot Put | | | |
| ŀ | LO Kora COOK | SO #2 Western Was | hin៖ 1.70m | 5-7 3/ | | 4 | Destany HERBERT | | | 14.87m | 48-9½ | 3, |
| | 17 Telma KRISTJANSSON | FR #3CUI | 1.67m | 5-5¾ 3/2 | <mark>3</mark> 2 | 5 | Jessica POLKINGHORN | FR | #2Western Washin _{ | 14.59m | 47-10½ | |
| , | 17 Miya KOCH | SR #16 Northwest N | azaı 1.67m | 5-5¾ 3/1 | 53 | 12 | Molly OLSON | SR | #1 Azusa Pacific | 14.36m | 47-1½ | 3, |
| | 20 Zania RUFFIN | FR #1 Azusa Pacific | {3} 1.66m | 5-5¼ 3/ | 8 4 | 14 | Kathryn CHAPIN | FR | #2 Western Washin _{ {2} | 14.21m | 46-71/2 | 3, |
| ' | 20 Amity DETERS | SR #14 Western Ore | gon 1.66m | 5-5¼ 3/2 | 1 5 | 17 | Gianna FRANK | FR | #8 Cal State San Be | 13.79m | 45-3 | 3 |
| | 27 Samone CABLE | FR #10 Cal State Sar | Ma 1.65m | 5-5 2/2 | g 6 | 19 | Esther CONDE- | JR | #1 Azusa Pacific {2} | 13.71m | 44-11¾ | 3 |
| | 27 Allie GOETZ | FR #13 Chico State | 1.65m | 5-5 2/2 | 3 | | TURPIN | | | | | |
| | | | | | 7 | | Nevaeh DYER | | | 13.20m | | |
| | | | | | 8 | 33 | Rylee ANDREWS | SO | #2 Western Washin{{3} | 13.13m | 43-1 | 3/ |
| | | | | | 9 | 37 | Julia PISENTI | SO | #17 Jessup (Calif.) | 13.06m | 42-101/4 | 3 |

9 37 Katie POTTS

SR #2 Western Washin_{{4} **13.06m** 42-10¹/₄

3/29





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as of 4/1/2025 7:53:28 AM ET

| | | | | | | | West | | | | | |
|----------------|----------------|-------------------------|----|---------------------------------|-------------------|--------|------|--|--|--|--|--|
| Women's Discus | | | | | | | | | | | | |
| 1 | 3 | Julia PISENTI | | #17 Jessup (Calif.) | 50.83m | 166-9 | 3/22 | | | | | |
| 2 | | Tayla CRENSHAW | SR | #3CUI | 47.11m | 154-7 | 3/29 | | | | | |
| 3 | | Hannah RICHARDSON | JR | #1 Azusa Pacific | 46.72m | 153-4 | 3/8 | | | | | |
| 4 | | Katie POTTS | SR | #2 Western Washing | | 147-0 | 3/22 | | | | | |
| 5 | | Jocelyn PEDRETTI | so | | {2} 44.05m | 144-6 | 3/29 | | | | | |
| 6 | 43 | Khaiya SIMPSON | SR | #3CUI | {2} 43.49m | 142-8 | 3/8 | | | | | |
| 7 | 49 | Whitney GRIFFITH | FR | #3 <mark>CUI</mark> | {3} 43.06m | 141-3 | 2/22 | | | | | |
| 8 | 52 | Angelina ESCOBAR | SR | ^{#13} Chico State | 43.00m | 141-1 | 3/22 | | | | | |
| 9 | 54 | Hope WILLIS | FR | ^{#9} Biola (Calif.) | 42.95m | 140-11 | 2/22 | | | | | |
| 10 | 55 | Isabelle CAMPOS | JR | #4 Cal Poly Pomona | 42.91m | 140-10 | 2/28 | | | | | |
| | Women's Hammer | | | | | | | | | | | |
| 1 | 25 | Alexis NINO | JR | ^{#15} Stanislaus State | 52.50m | 172-3 | 3/1 | | | | | |
| 2 | 42 | Jocelyn SARIBAY | SR | Saint Martin's | 50.64m | 166-2 | 3/8 | | | | | |
| 3 | 47 | Payton ELENBAAS | SR | #7 Central Washing | 50.13m | 164-6 | 3/29 | | | | | |
| 4 | 54 | Mi'ah MOLETTE | FR | #4 Cal Poly Pomona | 49.58m | 162-8 | 3/8 | | | | | |
| 5 | 55 | Zuzanna LINIEWSKI | SR | #25 Simon Fraser | 49.49m | 162-5 | 3/23 | | | | | |
| 6 | 63 | Ariyah FORD | JR | #21 Sonoma State | 48.91m | 160-6 | 3/15 | | | | | |
| 7 | 68 | Destany HERBERT | SR | #16 Northwest Nazai | 48.50m | 159-2 | 3/15 | | | | | |
| 8 | 74 | Sage COYLE | SR | #13 Chico State | 48.10m | 157-10 | 3/8 | | | | | |
| 9 | 84 | Angelina ESCOBAR | SR | #13 Chico State | {2} 47.30m | 155-2 | 3/8 | | | | | |
| 10 | 85 | Casey DAVIS | SR | #5 Fresno Pacific | 47.21m | 154-11 | 3/29 | | | | | |
| | | | Wo | men's Javelin | | | | | | | | |
| 1 | 8 | Luisa FISCHER | SR | #1 Azusa Pacific | 47.15m | 154-8 | 3/29 | | | | | |
| 2 | 20 | Emily POWERS | JR | #16 Northwest Nazai | 43.30m | 142-1 | 3/22 | | | | | |
| 3 | 24 | Esther CONDE- TURPIN | JR | #1 Azusa Pacific | {2} 42.65m | 139-11 | 3/29 | | | | | |
| 4 | 27 | Julia PISENTI | SO | #17 Jessup (Calif.) | 41.91m | 137-6 | 3/29 | | | | | |
| 5 | 39 | Whitney GRIFFITH | FR | #3 <mark>CUI</mark> | 40.18m | 131-10 | 3/29 | | | | | |
| 6 | 41 | Emma HEIN | FR | #1 Azusa Pacific | {3} 40.12m | 131-8 | 3/29 | | | | | |
| 7 | 42 | Molly OLSON | SR | #1 Azusa Pacific | {4} 40.07m | 131-6 | 3/8 | | | | | |
| 8 | 43 | Jessica POLKINGHORN | FR | <mark>#2</mark> Western Washin | 39.98m | 131-2 | 3/15 | | | | | |
| 9 | 45 | Rachelle ZILAVEC | SR | ^{#10} Cal State San Ma | 39.77m | 130-6 | 3/8 | | | | | |
| 10 | 49 | G'nea PITT | FR | #11 Academy of Art | 39.60m | 129-11 | 2/22 | | | | | |
| | | Wa | om | en's Heptathloi | n | | | | | | | |
| 1 | 8 | Macy CLEMENS | SR | #14 Western Oregon | 4,639 | | 3/21 | | | | | |
| 2 | 10 | Riley NORRIS | JR | #3 <mark>CUI</mark> | 4,625 | | 2/21 | | | | | |
| 3 | 11 | Amariyah CLAY | JR | #14 Western Oregon | {2} 4,619 | | 3/21 | | | | | |
| 4 | 13 | Giovana PELASCINI | SO | #3 <mark>CUI</mark> | {2} 4,574 | | 3/14 | | | | | |
| 5 | 14 | Maika CUENCA | JR | #11 Academy of Art | 4,572 | | 3/29 | | | | | |
| 6 | 15 | Rowan CEBULSKI | SO | #6 Point Loma Naza | 4,512 | | 3/29 | | | | | |
| 7 | 17 | Grace KASBERGER | SR | Cal Poly Humbol | 4,410 | | 3/6 | | | | | |
| 8 | 19 | Carley HUBER | SR | #7 Central Washing | 4,313 | | 3/8 | | | | | |
| 9 | 20 | Natalie MUSE | | #13 Chico State | 4,312 | | 2/21 | | | | | |
| 10 | 21 | Vivien LIESSFELD | SO | #19 Alaska Anchorag | 4,303 | | 3/25 | | | | | |